

Pos	Atleta / Escalão	Equipa	Tempo
1	António 1-SEN M	CLUBE PRACAS ARMADA	2:51:22.6
2	Ricardo Carreira 2-SEN M	G.A.Caranguejeira	2:54:03.1
3	Tiago Matias 3-SEN M	C.A.Penafirme	3:03:50.1
4	Carlos Bárbara 4-SEN M	A. C. S. Mamede	3:07:20.2
5	Sérgio Correia 5-SEN M	Caracol trail team	3:07:59.1
6	João Tomás 6-SEN M	A. C. S. Mamede	3:10:00.9
7	Vitor Cordeiro 1-M55		3:11:14.4
8	João Alves 7-SEN M	A. C. S. Mamede	3:13:12.5
9	Fernando Santos 8-SEN M		3:17:56.0
10	Miguel 1-M40	ZONA ALTA TRAIL	3:19:48.4
11	Helder Pereira 2-M40	Clube de Atletismo de Ferreira do Zêzere	3:25:44.5
12	Ricardo Ferreira 9-SEN M	Trilhos do Templários / XPORFIT	3:25:57.8
13	Cláudio 10-SEN M	Vilaventura Trail	3:26:33.8
14	André Rosário 11-SEN M	ZONA ALTA TRAIL	3:26:42.4
15	Gonçalo Cruz 12-SEN M	ZONA ALTA TRAIL	3:29:22.4
16	Sergio Mesquita 3-M40		3:30:50.3
17	André Ferreira 13-SEN M	União FCI de Tomar	3:31:02.0
18	Bruno Pereira 1-M45		3:33:31.7
19	Rui Alves 14-SEN M		3:35:59.5
20	Dino Bento 15-SEN M	CASA DO BENFICA EM ABRANTES	3:38:08.8
21	Luís Alexandre 2-M45	Trilhos do Templários / XPORFIT	3:45:28.7
22	Emanuel Batista 3-M45	A. C. S. Mamede	3:49:38.7
23	Nelson Felix 4-M40	Sharish Gin / GD Piranhas do Alqueva	3:49:45.5
24	Gilberto Costa 5-M40	Javalis 100 Limites	3:52:17.7
25	Francisco Reis 16-SEN M	A. C. S. Mamede	3:54:01.4
26	Alex Tondela 6-M40	VVTR VALONGO VOUGA TRAIL RUNNING	3:55:22.3
27	António 7-M40	Rx Runners	3:56:54.1
28	Nelson Louro 8-M40	Sharish Gin / GD Piranhas do Alqueva	3:58:12.5
29	Filipe Alves 17-SEN M		3:58:34.7
30	David António Palmeiro 1-M50	Montes Saloios Trail Team	3:58:36.2
31	Rui Luís 4-M45	Os Tolinhos	4:00:06.8
32	Vítor Manuel Ribeiro 18-SEN M	R&W Alter Runners Associação	4:08:12.7
33	Vitorino Micaelo Mota 2-M55		4:08:58.1
34	Nuno Gomes 5-M45	CASA DO BENFICA EM ABRANTES	4:09:48.0
35	Victor 9-M40	Vilaventura Trail	4:12:21.2
36	Luís Almeida 6-M45	Montes Saloios Trail Team	4:14:10.4
37	André Bento 19-SEN M	GRCORREDOURA	4:14:32.2
38	Hugo Carreira 20-SEN M	A. C. S. Mamede	4:15:54.0
39	Sérgio Ramalho 7-M45		4:16:12.9
40	Henrique José Lucas Antunes 21-SEN M	Bruxos Runners	4:16:16.2
41	Paulo Rodrigues 2-M50	Monsanto Running Team	4:17:13.0
42	Tiago Alves 22-SEN M	100 PRESSA	4:21:00.0
43	Filipe Ribeiro 23-SEN M	Run for Friends/Filipe dos Pneus	4:21:43.1
44	Márcio Madeira 10-M40	LIZ RUNNERS	4:21:56.7
45	Manuel Duarte 1-SUB23 M	Javalis 100 Limites	4:22:03.5
46	Paula Branco 1-F45	ZONA ALTA TRAIL	4:23:16.9
47	São Castanheira 1-F55	ZONA ALTA TRAIL	4:24:13.9
48	Lina Marques 1-F40	ZONA ALTA TRAIL	4:24:14.5
49	Rodolfo 11-M40	SINMETRO	4:26:27.9
50	Luís Marques 24-SEN M	Trilhados	4:28:05.1
51	Rui Dias 8-M45	COA / CORVUS TRAIL TEAM	4:30:20.5
52	Ricardo Pires 25-SEN M	Serviços Sociais Montepio	4:35:25.7
53	Michel Gomes 12-M40		4:36:09.9
54	Joaquim Teixeira 1-M60		4:38:15.6
55	Sérgio Filipe Santos Amado 26-SEN M	Mendiga 2T	4:42:01.8
56	Paulo Gaião 9-M45	ZONA ALTA TRAIL	4:43:59.8
57	António Serrão 13-M40	C. D. Os Águias de Alpiarça	4:48:29.4
58	Nelson Sousa 14-M40	G.A.Caranguejeira	4:49:43.0
59	Bruno Antunes 27-SEN M	Vilaventura Trail	4:51:54.1
60	Luís 10-M45	Vilaventura Trail	4:51:54.5
61	Nuno Mendes 28-SEN M	Xporfit	5:00:07.7
62	Pedro Santos 29-SEN M	Fajarda Runners	5:00:24.8

Pos	Atleta / Escalão	Equipa	Tempo
63	Mário 30-SEN M		5:00:50.5
64	Frederico Sismeiro 11-M45	Notícias de Colmeias Atletismo	5:01:02.1
65	Miguel Sá 12-M45	VVTR VALONGO VOUGA TRAIL RUNNING	5:01:13.3
66	Carlos Amaro 31-SEN M	Run for Friends/Filipe dos Pneus	5:01:52.9
67	Cristina Pedro 2-F40	CASA DO BENFICA EM ABRANTES	5:02:48.9
68	Bruno Cunha 32-SEN M	C. D. Os Águias de Alpiarça	5:05:27.1
69	Hugo Feliciano 15-M40	A.R. Meirinhas	5:08:11.0
70	José Martins 3-M50	VETERANOS DO LIS	5:08:27.4
71	Luis Ferreira 4-M50		5:10:17.7
72	Carlos Ferreira 16-M40		5:11:03.6
73	José Duarte 17-M40	CLAC - Trail Team Entroncamento	5:11:07.2
74	Luísa Palminhas 1-F50	MTBA	5:14:13.4
75	Fernando Vicente 2-M60		5:16:58.9
76	João Granja 33-SEN M	Moer as Pernas	5:22:06.5
77	Vitor 18-M40	TIBA Running Team	5:22:07.3
78	Rui Filipe 34-SEN M	Galifões Running Team	5:22:16.9
79	David Clemente 35-SEN M		5:26:17.8
80	Rita Afonso 1-SEN F	Trilho Perdido Eventos / Imporlux	5:30:35.0
81	Ana Correia 2-F45	Trilho Perdido Eventos / Imporlux	5:33:20.2
82	Ana Marques 3-F40	Scalabis night runners	5:35:51.7
83	Mário Alves 36-SEN M	Clube Triatlo de Abrantes	5:37:06.1
84	Carla Jesus 2-SEN F	Pace.makers	5:39:21.0
85	Luís Gonçalves 5-M50	Trilhos do Costume	5:40:28.7
86	José Alves 2-SUB23 M		5:42:02.6
87	Isabel Madeira 2-F50	ARCD Venda da Luísa	5:51:17.1
88	Albin Almeida 37-SEN M	Quenianos do Ribatejo	5:54:53.5
89	Francisco Farinha 38-SEN M	Correr Queluz	5:57:33.9
90	José António Rufino 39-SEN M	MBT-Monforte BikeRunTeam	5:58:43.1
91	Paulo Figueiras 6-M50	As Vintages	6:06:43.3
92	Celia 2-F55	AA Lebres do Sado	6:08:27.8
93	Andreia Inácio 3-SEN F	Porto de mós a correr	6:26:09.2
94	Rui Praxedes 19-M40	Sharish Gin / GD Piranhas do Alqueva	6:40:35.1
95	João Praxedes 40-SEN M	1SPARTAN	6:43:42.9
96	Gi Ribeiro 3-F50	Santana F C-Trail Team	6:56:51.3
97	Tânia Pereira 4-SEN F	Santana F C-Trail Team	6:57:50.9