



Trail ADIB Épica

25 de Abril

3º EPIC TRAIL SOLIDÁRIO

Associação para o Desenvolvimento Integral de Barrosas..



Classificação Geral Trail 18,00 Km.

Pos.	Dor. Nome	Categoria	Pos. Cat.	Tempo	Km./h.
1	25 Nuno Nunes	SM	1	1:27:46.00	12,31
2	3 Adriano Mendes	SM	2	1:29:21.00	12,09
3	8 Vasco Ferreira	SM	3	1:29:22.00	12,09
4	203 Paulo Agostinho Sousa	M40	1	1:32:44.85	11,65
5	37 José Pinto	SM	4	1:33:07.27	11,60
6	88 Adriano silva	SM	5	1:33:16.03	11,58
7	1 Ricardo Vieira	M40	2	1:34:28.85	11,43
8	13 Francisco Lemos	M50	1	1:34:29.55	11,43
9	68 Adriano Teixeira	M50	2	1:36:25.81	11,20
10	124 Oscar Luis oliveira novais	M40	3	1:37:33.22	11,07
11	45 David Gonçalves	SM	6	1:38:18.14	10,99
12	69 Sérgio Fernandes	SM	7	1:38:50.53	10,93
13	66 Ricardo Ribeiro	SM	8	1:39:17.00	10,88
14	210 Eugénio Cunha	M40	4	1:39:17.29	10,88
15	38 Paulo Sousa	M40	5	1:39:44.80	10,83
16	215 Cesar Leão	M40	6	1:39:47.84	10,82
17	212 Abílio Marques	M50	3	1:40:01.48	10,80
18	17 Ricardo Sampaio	SM	9	1:40:08.55	10,79
19	53 Paulo Sampaio	M40	7	1:40:09.83	10,78
20	58 António Gomes	M40	8	1:40:20.35	10,76
21	209 Ari Moreira	M40	9	1:41:22.40	10,65
22	54 Simão Sousa	SM	10	1:41:42.65	10,62
23	5 Cesário Leite	SM	11	1:41:48.25	10,61
24	94 Nuno guimaraes	SM	12	1:42:32.00	10,53
25	139 Manuel Henrique Moreira dos Santos	M50	4	1:45:44.46	10,21
26	79 Renato Costa	SM	13	1:45:50.04	10,20
27	7 Sandro Afonso	SM	14	1:46:03.49	10,18
28	44 Daniel Faria	SM	15	1:46:59.36	10,10
29	120 Heitor Manuel Santos Cardoso	M50	5	1:49:24.23	9,87
30	41 Eugénio Alves	SM	16	1:49:24.84	9,87
31	42 Flávio Costa	SM	17	1:49:25.36	9,87
32	204 Nelson David Cunha	SM	18	1:49:26.61	9,87
33	148 Liliana Gomes	SF	1	1:49:40.66	9,85
34	67 José Gomes	M40	10	1:51:50.19	9,66
35	39 Ricardo Costa	SM	19	1:52:24.56	9,61
36	86 Antonio rocha	SM	20	1:52:51.10	9,57
37	211 Filipe Nunes	M40	11	1:53:49.67	9,49
38	40 Francisco Rodrigues	M40	12	1:55:14.13	9,37
39	91 Lucília Silva	SF	2	1:55:24.92	9,36
40	92 Hugo Sousa	SM	21	1:55:26.19	9,36
41	82 Carlos Cardoso	M40	13	1:55:51.60	9,32
42	128 Torcato Paulo Lopes da Costa	M40	14	1:56:05.47	9,30
43	78 Tiago Faria	SM	22	1:56:42.29	9,25

44	14 Eunice Salgado	F40	1	1:56:42.55	9,25
45	34 Vitor Castro	SM	23	1:56:44.57	9,25
46	201 Marco Filipe Ferreira Queiroz	SM	24	1:57:54.51	9,16
47	12 Eduarda Pinto	SF	3	1:58:11.80	9,14
48	93 Andrea Coelho	F40	2	1:58:22.16	9,12
49	74 Jose Pinto	SM	25	1:59:45.56	9,02
50	73 Jose Ferreira	SM	26	1:59:46.17	9,02
51	89 Abilio rocha	SM	27	2:00:17.27	8,98
52	134 Rui Manuel Tavares Fernandes	SM	28	2:00:53.61	8,93
53	70 Paulo Marinho	SM	29	2:00:58.81	8,93
54	95 Marcelo Teixeira	SM	30	2:02:08.33	8,84
55	26 João Leite	M40	15	2:02:10.97	8,84
56	133 paulo sergio mendes ferreira	M40	16	2:03:12.05	8,77
57	75 Tiago Carvalho	SM	31	2:03:12.95	8,77
58	144 Patricia Pereira Ribeiro	SF	4	2:03:15.19	8,76
59	122 Vitor nuno Ferreira da Silva	SM	32	2:05:29.94	8,61
60	125 Rui Quinta	M50	6	2:05:42.65	8,59
61	126 Carlos Gonçalves	SM	33	2:05:43.39	8,59
62	31 Sandra Garrido	SF	5	2:05:53.63	8,58
63	24 Manuel Sampaio	M50	7	2:07:24.76	8,48
64	33 Salomé Sousa	F40	3	2:07:26.14	8,48
65	130 hugo emanuel ferreira pereira	SM	34	2:07:39.08	8,46
66	129 Hugo Miguel soares pinto	SM	35	2:07:39.36	8,46
67	77 Jose Pinto	SM	36	2:07:39.48	8,46
68	146 Paula Rute Matias Gonçalves	SF	6	2:10:29.60	8,28
69	213 Alvaro Cardoso	M50	8	2:10:30.40	8,28
70	15 Georgina Teixeira	SF	7	2:10:30.49	8,28
71	62 António Silva	SM	37	2:13:50.97	8,07
72	200 Bruno fernandes	SM	38	2:14:38.35	8,02
73	30 Luis Mendes	SM	39	2:14:39.34	8,02
74	56 Pedro Pinho	SM	40	2:15:52.87	7,95
75	137 Joao carlos silva	SM	41	2:16:12.27	7,93
76	59 Cristina Neto	F40	4	2:16:44.38	7,90
77	21 Augusto Almeida	M40	17	2:16:45.85	7,90
78	36 Antonio Pereira	M40	18	2:16:46.27	7,90
79	84 Luis Alves	SM	42	2:17:43.53	7,84
80	85 Romeu Rodrigues	SM	43	2:17:44.00	7,84
81	132 ricardo da silva meneses	M40	19	2:18:49.40	7,78
82	138 Rui Pedro Silva Rodrigues	SM	44	2:19:07.23	7,76
83	143 Liliana Isabel Pinto Magalhães	SF	8	2:19:07.32	7,76
84	47 Jose Paulo	SM	45	2:25:26.07	7,43
85	46 Joao Neves	SM	46	2:25:26.65	7,43
86	71 Rui Silva	SM	47	2:29:54.52	7,20
87	205 Vitor Manuel Ferreira Nunes	SM	48	2:31:23.82	7,13
88	206 José Fernando Teixeira Marques	M40	20	2:31:24.12	7,13
89	55 Emanuel Carneiro	SM	49	2:38:30.56	6,81
90	65 Cristiana Correia	SF	9	2:38:31.44	6,81
91	64 José Magalhães	M50	9	2:38:32.56	6,81
92	50 Fernando Carvalho	M50	10	2:38:32.56	6,81
93	208 Bruno Miguel Ferreira Pinto Lopes	SM	50	2:38:33.03	6,81
94	207 Fernando da Costa Guimarães	M40	21	2:38:33.57	6,81
95	96 Ricardo Cunha	SM	51	2:48:16.10	6,42
96	145 Ana Sofia Marques da Silva	SF	10	2:51:25.68	6,30
97	28 Manuel Jorge	M40	22	2:51:26.16	6,30
98	81 Ana Guimaraes	SF	11	3:17:46.07	5,46
99	80 Mário Rodrigues	SM	52	3:17:47.21	5,46