

**14 ABR
2019****80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA****20
KM**

Class	Num	Nome	Sx	Idd	Pos Escal	T. Bruto	T. Líquido	Equipe
1	2761	DIOGO RAMALHEIRA	M	31	1	01:06:48.91	01:06:48.91	DR_RUNS
2	2496	BRUNO LOURENÇO	M	30	2	01:08:34.98	01:08:33.02	
3	2648	ANDRÉ COSTA	M	28	3	01:09:00.53	01:09:00.51	CLUBE DESPORTIVO E RECREATIVO RIBEIRINHO
4	2653	CLAUDIO CARDOSO	M	41	1	01:10:54.03	01:10:54.03	A.M.ATIBÁ
5	2607	VALTER FONSECA	M	37	1	01:12:50.58	01:12:50.18	SERVIÇOS SOCIAIS R.S.B LISBOA
6	2654	MARCO MELLO	M	48	1	01:13:12.36	01:13:11.29	A.M.ATIBÁ
7	2199	JOSÉ PAIS	M	45	2	01:13:33.57	01:13:31.38	
8	2389	JOÃO GINJA	M	53	1	01:14:02.25	01:14:00.79	LINDA-A-PASTORA SPORTING CLUBE
9	2067	NUNO SOARES	M	37	2	01:14:06.94	01:14:05.67	CORRER LISBOA
10	2650	MANUEL MASCARENHAS	M	35	3	01:14:45.25	01:14:43.43	A.M.ATIBÁ
11	2651	JOSÉ DIAS	M	40	2	01:14:49.40	01:14:49.31	A.M.ATIBÁ
12	2328	FERNANDO ALVES	M	52	2	01:17:11.74	01:17:09.31	URBAN RUN TEAM
13	2652	PEDRO MARQUES	M	41	3	01:17:12.28	01:17:12.20	A.M.ATIBÁ
14	2793	JOSÉ SANTOS	M	49	3	01:18:35.81	01:18:35.30	OOS GALGOS
15	2849	ABEL GLORIA	M	56	1	01:18:54.91	01:18:54.84	SEASIDE
16	2733	ANTONIO CAMPOS	M	38	4	01:19:14.26	01:19:12.23	
17	2845	TIAGO M F SILVA	M	30	4	01:19:24.59	01:19:23.13	SEASIDE
18	2728	KUBA PAWLAK	M	36	5	01:20:07.46	01:19:56.92	
19	2838	MARTIM RAMOS NUNES NUNES	M	42	4	01:20:09.71	01:20:09.71	
20	2823	NUNO SILVA	M	37	6	01:20:12.89	01:20:10.70	AMINHACORRIDA
21	2534	JOAQUIM PATO	M	47	4	01:20:13.55	01:20:09.57	GRUPO BARRAQUEIRO
22	2478	LUIS MIGUEL SILVA	M	46	5	01:20:18.72	01:20:18.58	
23	2592	BRUNO MARCELINO	M	37	7	01:20:42.15	01:20:42.14	TRILHOS NOCTURNOS DESPORTO/NAZA ABÓBODA
24	2126	JOSÉ GOMES	M	58	2	01:20:46.33	01:20:45.52	
25	2035	TELMO NOGUEIRA	M	35	8	01:21:05.69	01:21:04.37	
26	2273	EDUARDO LOURENÇO	M	50	3	01:21:08.14	01:21:05.40	INDIVIDUAL
27	2742	JUNCEIRO FILIPE	M	36	9	01:21:18.19	01:20:49.99	
28	2480	FRANCISCO SANTOS	M	47	6	01:21:36.96	01:21:34.17	RESTAURANTE O CARTAXEIRO-CANEÇAS
29	2702	FÁBIO PEREIRA	M	26	5	01:22:01.73	01:21:59.40	SPORTING CLUBE DE CASAINHOS
30	2014	JOSÉ LOPES	M	52	4	01:22:04.23	01:22:02.07	CLUBE DE ATLETISMO ODIMARQ
31	2846	JOSE MARCELINO	M	56	3	01:22:12.16	01:22:12.16	SEASIDE
32	2433	PAULO PATRÍCIO	M	38	10	01:22:12.91	01:22:08.45	GRUPO BARRAQUEIRO
33	2294	LUIS MONTEIRO	M	47	7	01:22:14.53	01:22:13.40	CLUBE NOVO BANCO
34	2250	JOÃO SILVA	M	40	5	01:22:39.47	01:22:39.47	CASA DA DIZIMA
35	2647	PAULO PINTO	M	46	8	01:22:52.41	01:22:16.11	A NATUREZA ENSINA

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

36	2732	CARLOS M TEIXEIRA	M	45	9	01:22:57.78	01:22:51.81	
37	2481	ARLINDO PAIXÃO	M	56	4	01:23:15.97	01:23:15.19	RESTAURANTE O CARTAXEIRO- CANEÇAS
38	2047	NUNO ALMEIDA	M	39	11	01:23:20.43	01:23:10.94	ANSELMINHO RUNNERS
39	2378	ANTONIO SANTOS	M	60	1	01:23:27.46	01:23:24.70	INDIVIDUAL
40	2820	PAULO PEREIRA	M	52	5	01:23:40.81	01:23:34.96	CCD TRANQUILIDADE
41	2198	JOANA FONSECA	F	31	1	01:23:53.23	01:23:53.23	
42	2394	JOÃO FERREIRA	M	27	6	01:24:08.67	01:23:35.86	CCD CRÉDITO AGRÍCOLA
43	2447	BERNARDO EMIDIO	M	28	7	01:24:21.00	01:24:15.58	
44	2843	ALMIRO H FEIJAO	M	60	2	01:24:33.36	01:24:33.29	SEASIDE
45	2844	ARETINO V MOTA	M	56	5	01:24:33.49	01:24:33.23	SEASIDE
46	2364	NUNO ALVES	M	43	6	01:24:36.31	01:24:33.22	CLUBE OLÍMPICO DE OEIRAS
47	2134	JOÃO LIMÃO	M	45	10	01:24:44.68	01:24:29.61	
48	2085	JOSE MARQUES	M	52	6	01:24:52.49	01:24:46.54	
49	2026	MIGUEL TRAVANCA	M	52	7	01:24:53.90	01:24:47.69	
50	2145	SAMUEL MARQUES	M	40	7	01:25:07.60	01:24:46.16	
51	2117	CARLOS CAETANO	M	45	11	01:25:34.04	01:25:32.63	
52	2646	RODRIGO DA SILVA	M	51	8	01:25:37.04	01:25:29.59	A NATUREZA ENSINA
53	2016	ANTÓNIO PAIAS	M	62	3	01:25:52.04	01:25:49.92	CLUBE DE ATLETISMO ODIMARQ
54	2890	LUIS MENDES	M	45	12	01:25:54.00	01:25:46.56	NAPA
55	2148	RUBEN COSTA	M	38	12	01:26:05.27	01:26:01.85	
56	2593	JOÃO ANTUNES	M	48	13	01:26:12.69	01:26:05.48	URBAN RUN TEAM
57	2482	MIGUEL RIBEIRO	M	49	14	01:26:24.10	01:26:19.62	
58	2258	CARLOS CALADO	M	45	15	01:26:27.10	01:26:16.82	
59	2548	JOÃO PEDRO PEDRO	M	32	8	01:26:28.20	01:26:25.99	CCD PM CASCAIS
60	2792	ANDRÉ COELHO	M	45	16	01:26:28.60	01:26:17.85	OS GALGOS
61	2022	CARLOS SANTOS	M	49	17	01:26:32.34	01:26:00.09	AMIGOS DA CORRIDA
62	2256	PAULO NUNES	M	46	18	01:26:34.33	01:25:58.24	
63	2752	JOSÉ PINTO	M	56	6	01:26:46.80	01:26:35.00	
64	2370	PEDRO TRIGO	M	33	9	01:27:07.15	01:26:53.38	RESTAURANTE O MUCHACHO / VALEJAS AC
65	2027	NUNO ANJOS	M	44	8	01:27:22.45	01:27:18.85	O MUNDO DA CORRIDA
66	2703	EDUARDO SANTOS	M	40	9	01:27:23.51	01:27:21.46	SPORTING CLUBE DE CASAINHOS
67	2704	CARLOS BAPTISTA	M	58	7	01:27:26.82	01:27:24.77	SPORTING CLUBE DE CASAINHOS
68	2365	LUIS PIRES	M	46	19	01:27:37.03	01:27:34.73	GFD RUNNING
69	2396	JOÃO MIGUEL CORDEIRO DA CRUZ	M	36	13	01:27:39.36	01:27:13.67	
70	2015	JOAQUIM MARTINS	M	56	8	01:27:41.26	01:27:38.12	CLUBE DE ATLETISMO ODIMARQ
71	2526	PEDRO COUTINHO	M	37	14	01:27:55.38	01:27:42.73	
72	2783	ARMANDO DIAS	M	54	9	01:28:02.22	01:27:58.13	C FERROV PORTUGAL

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

73	2892	JOAO PAIXAO	M	47	20	01:28:06.5601:27:59.48	NAPA
74	2068	CARLOS FRANÇA	M	40	10	01:28:13.4201:28:09.09	CAD A CORRER
75	2343	ACACIO MENDES	M	33	10	01:28:17.5801:27:42.01	
76	2529	BOGDAN SANDU	M	26	11	01:28:21.1301:28:08.40	
77	2517	PEDRO CUNHA	M	49	21	01:28:24.2801:28:16.00	
78	2494	MIGUEL PIEDADE	M	42	11	01:28:36.9801:28:04.96	LISBOA
79	2520	RUI PASTOR	M	46	22	01:28:37.3501:27:43.91	CCDTMETROLX
80	2684	NELSON DIAS	M	58	9	01:28:38.5001:28:27.00	A NATUREZA ENSINA
81	2038	GONÇALO FERREIRA	M	45	23	01:28:59.6601:28:55.98	LINDA A PASTORA SC
82	2315	JAIME LAMEGO	M	59	10	01:28:59.7501:28:55.77	
83	2312	AUGUSTO NUNES	M	20	12	01:29:03.9001:29:01.55	
84	2553	RUI VIEIRA	M	52	10	01:29:08.4701:29:06.00	CCD PM CASCAIS
85	2024	LUIS TOMÉ	M	44	12	01:29:21.7901:29:17.57	
86	2766	PAULO JORGE LOPES DA SILVA	M	51	11	01:29:24.5401:29:24.54	
87	2324	HENKJAN RUITENBEEK	M	36	15	01:29:25.9701:29:25.90	
88	2723	ANTOINE LHOTE	M	59	11	01:29:30.8201:29:17.67	
89	2289	HUGO CARAGO	M	45	24	01:29:41.9701:29:41.15	CLUBE NOVO BANCO
90	2656	HUMBERTO BORGES	M	50	12	01:29:45.8601:29:33.94	LESMAS
91	2587	MILTON MELO	M	40	13	01:29:55.2101:29:38.80	WIKABOO
92	2583	JOSÉ CARLOS	M	56	12	01:29:56.9001:29:54.74	N. A. PAPAGAIOS DE CASCAIS
93	2693	LUIS VELOSO AZUL	M	46	25	01:29:58.3801:29:19.48	
94	2488	ANTONIO REBELO	M	47	26	01:30:04.6501:29:49.29	
95	2891	CELIA CECILIO	F	46	1	01:30:26.4101:30:18.79	NAPA
96	2782	MARIO MONTEIRO	M	42	14	01:30:33.7901:30:26.75	C FERROV PORTUGAL
97	2575	BRUNO CARVALHO	M	41	15	01:30:43.5301:30:22.75	MONSANTO RUNNING TEAM
98	2759	PAULO CABRITA	M	53	13	01:30:48.8901:30:19.70	
99	2121	CARLOS RESA	M	37	16	01:30:58.2901:30:51.09	
100	2887	CARLOS MEDINA	M	45	27	01:31:04.6701:30:36.51	
101	2610	DAMIEN GROSJEAN	M	29	13	01:31:09.7701:30:39.93	
102	2393	HÉLDER GRAVE	M	34	14	01:31:18.6201:31:09.44	CCD CRÉDITO AGRÍCOLA
103	2005	LUIS SILVA	M	38	17	01:31:23.8501:31:08.11	
104	2409	LUIS FILIPE CARVALHO	M	45	28	01:31:27.6401:30:57.98	LV TEAM
105	2865	ANTONIO CARLOS PEREIRA	M	42	16	01:31:32.9401:31:09.34	CM OEIRAS
106	2072	DANIEL LENCASTRE	M	33	15	01:31:34.8201:30:55.68	
107	2802	HUMBERTO CASTANHEIRA	M	53	14	01:31:36.9401:31:30.23	
108	2504	TIAGO CRUZ	M	29	16	01:31:57.5701:31:36.21	
109	2775	BRUNO BRITO	M	38	18	01:32:05.0001:32:05.00	

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

110	2418	ANTÓNIO MARTINHO	M	42	17	01:32:07.09	01:31:37.94	FIDELIDADE GDC
111	2542	ANA ISABEL BRÁS	F	34	2	01:32:21.30	01:32:17.52	CCD PM CASCAIS
112	2544	ANTÓNIO PUCARIÇO	M	57	13	01:32:22.58	01:32:13.65	CCD PM CASCAIS
113	2847	LISA ABRAHAMSSON	F	43	1	01:32:27.38	01:31:44.26	SWEDEN
114	2319	JOÃO NEVES	M	26	17	01:32:31.40	01:32:31.40	HARD RUNNING TEAM ARRUDA DOS VINHOS
115	2061	FRANCISCO LAFUENTE	M	27	18	01:32:39.60	01:32:23.53	
116	2372	RUI POMBINHO	M	55	14	01:32:47.04	01:32:27.86	VALE DE MADEIROS
117	2452	SERGIO AURELIANO	M	38	19	01:32:49.10	01:32:23.91	
118	2545	ANTÓNIO VELOSO	M	47	29	01:33:03.64	01:32:55.39	CCD PM CASCAIS
119	2559	RICARDO COSTA	M	33	19	01:33:04.46	01:32:24.50	
120	2585	JORGE CORREIA	M	47	30	01:33:09.52	01:33:07.46	GFD RUNNING
121	2497	MIGUEL TRUNINGER SOUSA	M	44	18	01:33:09.56	01:33:00.36	CLUBE COLABORADORES AGEAS
122	2584	FRANCISCO MONTE	M	38	20	01:33:11.61	01:33:11.61	GFD RUNNING
123	2182	CARLOS VIEIRA	M	34	20	01:33:26.10	01:33:23.03	JANTARADAS
124	2805	GABRIEL V FERNANDES	M	32	21	01:33:27.02	01:32:49.25	
125	2109	ARTUR JOSÉ CARVALHO	M	55	15	01:33:30.34	01:33:24.94	CORRER LISBOA
126	2552	RUBEN GONÇALVES	M	39	21	01:33:30.62	01:33:23.51	CCD PM CASCAIS
127	2819	NELSON MOTA	M	48	31	01:33:41.24	01:33:27.36	CCD TRANQUILIDADE
128	2306	FREDERIC SILVA	M	31	22	01:33:41.33	01:33:09.90	FC ESTRELAS LISBOA
129	2263	TIAGO FERREIRA	M	36	22	01:33:54.70	01:33:52.17	
130	2104	ISILDA BARRADAS	F	68	1	01:34:00.01	01:33:28.26	
131	2044	JOSÉ CACHUCHO	M	50	15	01:34:00.10	01:33:52.68	
132	2866	FERNANDO MANUEL CLAUDINO	M	66	4	01:34:19.27	01:33:49.50	SEASIDE
133	2600	ROGÉRIO MORAES	M	42	19	01:34:19.90	01:34:09.84	PERSONAL LIFE
134	2568	ANA ISABEL ALMEIDA	F	39	2	01:34:20.32	01:33:52.17	
135	2227	VITOR MARTINS	M	59	16	01:34:22.12	01:33:54.55	MOITA RUNNIG
136	2203	NUNO COSTA	M	44	20	01:34:25.48	01:33:57.33	
137	2818	JORGE SERRA	M	52	16	01:34:25.83	01:34:10.46	CCD TRANQUILIDADE
138	2206	ANTÓNIO ORLANDO	M	42	21	01:34:29.70	01:34:17.78	
139	2609	TIAGO FERREIRA	M	37	23	01:34:33.83	01:34:28.13	
140	2186	AVELINO JOSÉ MENDES RODRIGUES	M	44	22	01:34:37.21	01:34:33.91	
141	2041	PEDRO CAMPOS	M	42	23	01:34:38.41	01:34:38.41	JÁ T'APANHO
142	2513	CARLOS BERNARDO	M	49	32	01:34:40.25	01:34:36.64	
143	2420	CÂNDIDO POÇAS	M	49	33	01:34:45.82	01:34:05.08	FIDELIDADE GDC
144	2674	RENATO GOMES	M	40	24	01:34:51.24	01:34:29.29	
145	2673	CAMILA GOMES	F	37	3	01:34:51.44	01:34:28.91	
146	2325	ANTÓNIO DUARTE	M	57	17	01:35:00.00	01:35:00.00	CLUBE DO STRESS

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

147	2780	AIRES S PEDRO	M	64	5	01:35:05.35	01:35:00.84	C FERROV PORTUGAL
148	2025	GILBERTO LOTH	M	41	25	01:35:07.54	01:34:57.74	
149	2110	RUI CARVALHO	M	49	34	01:35:08.94	01:34:51.85	
150	2213	NUNO LOPES	M	44	26	01:35:12.48	01:34:41.35	FUTEBOL CLUBE ESTRELAS LISBOA
151	2269	DINIS RIBAS	M	48	35	01:35:15.09	01:35:03.51	ARRIBAS RUNNING
152	2132	RICARDO ROCHA	M	52	17	01:35:17.98	01:35:13.28	
153	2204	ALBISIO MAGALHAES	M	65	6	01:35:21.98	01:34:41.15	INDIVIDUAL
154	2105	MANUEL NUNES	M	52	18	01:35:23.62	01:34:52.52	
155	2459	HENRIQUE AMADOR	M	47	36	01:35:25.72	01:35:25.70	SS CGD
156	2255	MATEUS DOS SANTOS FERREIRA	M	27	23	01:35:31.33	01:35:15.50	CORRER LISBOA
157	2870	PAULO GOMES	M	45	37	01:35:36.97	01:34:43.33	SEASIDE
158	2757	JOSE REGO	M	31	24	01:35:39.00	01:35:15.00	
159	2756	RODRIGO CATRAU	M	31	25	01:35:41.00	01:35:17.00	
160	2841	LUIS F GODINHO	M	40	27	01:35:44.26	01:35:09.57	GM C JAMOR
161	2156	NATACHA RIBEIRINHO	F	29	3	01:35:47.95	01:35:44.63	
162	2814	FERNANDO CELESTINO	M	60	7	01:35:49.26	01:35:09.10	CCD TRANQUILIDADE
163	2345	RITA ROCHA	F	42	4	01:35:59.03	01:35:06.25	MULHERES DA MARATONA 2019
164	2282	CARLOS NABIÇA	M	55	18	01:35:59.39	01:35:39.19	CLUBE NOVO BANCO
165	2305	DIOGO BISPO	M	31	26	01:36:08.87	01:35:37.47	FC ESTRELAS LISBOA
166	2074	DANIEL PAIVA	M	28	27	01:36:10.52	01:36:03.25	GALHARDOS RUNNERS
167	2899	TIAGO RODRIGUES	M	40	28	01:36:16.91	01:35:47.73	SEASIDE
168	2019	PAULO PIRES	M	51	19	01:36:17.06	01:35:43.49	AMIGOS DA CORRIDA
169	2479	RUI FERREIRA	M	47	38	01:36:18.67	01:36:18.49	RESTAURANTE O CARTAXEIRO
170	2084	JOÃO PEDRO FRAGOSO	M	45	39	01:36:19.26	01:36:13.60	CLUBE VODAFONE
171	2660	CARLA LOURENÇO	F	43	5	01:36:20.90	01:36:17.66	C MILLENNIUM BCP
172	2268	PEDRO MARQUES	M	34	28	01:36:24.92	01:36:24.92	
173	2423	JOÃO CARRANQUINHA	M	37	24	01:36:28.96	01:36:00.03	
174	2730	THOMAS BIENES	M	20	29	01:36:31.53	01:36:07.89	
175	2554	RUI VASQUES	M	53	20	01:36:38.32	01:36:29.90	CCD PM CASCAIS
176	2070	ÂNGELO SOUSA	M	42	29	01:36:43.34	01:36:24.77	
177	2129	JOÃO PEDRO MARTINS VILARES	M	34	30	01:36:44.98	01:35:55.00	OS FELINOS
178	2066	PEDRO CORREIA	M	36	25	01:36:51.63	01:36:12.00	
179	2586	CARLOS JESUS	M	36	26	01:37:02.65	01:37:02.65	CCS
180	2769	JOAO NAVARRO	M	44	30	01:37:02.69	01:36:34.22	PERENE RUN
181	2432	ANTÓNIO ALMEIDA	M	39	27	01:37:06.52	01:36:51.91	GRUPO BARRAQUEIRO
182	2695	PEDRO MARTINS	M	33	31	01:37:16.77	01:36:53.95	
183	2200	PAULO TOMÁS	M	50	21	01:37:23.54	01:36:46.04	GRUPO MARCHA E CORRIDA JAMOR

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

184	2619	VITOR CAVADAS	M	32	32	01:37:25.03	01:37:16.65	
185	2464	NOEMIA SEQUEIRA	F	50	2	01:37:29.40	01:36:37.74	SS CGD
186	2779	GUILHERME GONÇALVES	M	58	19	01:37:35.98	01:37:31.18	C FERROV PORTUGAL
187	2449	PEDRO DIAS	M	35	28	01:37:46.39	01:37:04.21	
188	2127	AMERICO PITA	M	59	20	01:38:04.14	01:37:51.73	
189	2419	BRUNO CARVALHO	M	33	33	01:38:05.25	01:37:24.51	FIDELIDADE GDC
190	2131	JOÃO MIRANDA	M	46	40	01:38:07.78	01:37:55.73	RUN 4 FUN
191	2679	MOISES RODRIGUES	M	59	21	01:38:09.39	01:37:17.61	
192	2477	ALFREDO FALCAO	M	53	22	01:38:10.22	01:37:39.21	RUN4FUN
193	2543	ANTÓNIO HORTA	M	65	8	01:38:16.16	01:38:08.12	CCD PM CASCAIS
194	2817	JORGE CANTEIRO	M	49	41	01:38:22.90	01:37:42.64	CCD TRANQUILIDADE
195	2644	JORGE SOBRAL	M	39	29	01:38:23.19	01:38:09.05	
196	2342	JOSÉ HENRIQUES	M	50	23	01:38:23.30	01:37:55.74	
197	2184	ARTUR GONÇALVES	M	43	31	01:38:25.65	01:38:05.73	A.A.LEBRES DO SADO
198	2667	FERNANDO RODRIGUES	M	54	24	01:38:25.95	01:38:05.66	C MILLENNIUM BCP
199	2065	JOSÉ JACINTO	M	45	42	01:38:34.84	01:38:18.99	
200	2567	CARLOS TEIXEIRA	M	58	22	01:38:37.47	01:38:28.11	LEBRES E TARTARUGAS
201	2379	SÓNIA BRANDÃO	F	47	3	01:38:39.17	01:38:25.65	GD BANCO BPI
202	2002	PAULO FERNANDES	M	51	25	01:38:41.36	01:38:40.29	
203	2367	EKATERINA KHAMENKOVA	F	62	2	01:38:44.64	01:38:39.43	RESTAURANTE O MUCHACHO/ VALEJAS A C
204	2822	VIRGÍLIO MADEIRA	M	59	23	01:38:56.04	01:38:46.23	CCD TRANQUILIDADE
205	2738	DAVE COMPTON	M	56	24	01:39:01.60	01:38:26.99	
206	2371	LUIS TRIGO	M	38	30	01:39:06.61	01:38:52.19	RESTAURANTE O MUCHACHO / VALEJAS AC
207	2824	JORGE AMARAL	M	50	26	01:39:10.97	01:39:08.06	AMINHACORRIDA
208	2864	CARLOS ALBERTO ALMEIDA	M	62	9	01:39:11.45	01:39:08.82	CM OEIRAS
209	2621	CLAUDIO CORREIA	M	51	27	01:39:15.47	01:38:37.72	
210	2884	ETELVINA VIDAL	F	51	4	01:39:15.64	01:38:36.81	
211	2277	ALEXANDRE NEVES	M	46	43	01:39:16.26	01:38:49.93	CLUBE NOVO BANCO
212	2440	JOAO RUSSO	M	52	28	01:39:16.50	01:39:16.50	
213	2316	CHANTAL XHERVELLE	F	50	5	01:39:17.66	01:39:14.45	
214	2736	GENTIL PEREIRA	M	45	44	01:39:18.47	01:39:12.09	
215	2591	PEDRO VICENTE	M	54	29	01:39:34.07	01:39:31.86	
216	2080	MANUEL COITO	M	39	31	01:39:36.98	01:38:56.69	
217	2118	RITA ANTUNES	F	36	6	01:39:38.55	01:39:26.98	
218	2155	RICARDO AFONSO	M	47	45	01:39:41.13	01:39:06.07	
219	2193	LUÍS CORREIA	M	35	32	01:39:42.99	01:39:16.32	
220	2366	LUIS ROSA	M	51	30	01:39:45.11	01:39:44.97	GFD RUNNING

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

221	2163	JOSE GASPAR	M	54	31	01:39:47.25	01:39:04.63	QUARTETO
222	2645	FRANCISCO FURÃO	M	37	33	01:39:48.18	01:39:42.97	
223	2078	RUI VIEITAS	M	43	32	01:39:49.22	01:39:32.86	FAT OLD DUDES
224	2539	RUBEN ALVES	M	39	34	01:39:51.92	01:39:45.77	
225	2828	JOSÉ AMARO	M	43	33	01:39:53.69	01:39:42.97	AMINHACORRIDA
226	2140	EDUARDO ALVES SILVA	M	55	25	01:39:55.14	01:39:53.86	
227	2239	FERNANDO RUAS	M	54	32	01:39:56.15	01:39:56.15	
228	2827	ANA AMARO	F	45	6	01:40:03.46	01:39:52.36	AMINHACORRIDA
229	2518	ANTÓNIO GONÇALVES	M	53	33	01:40:05.33	01:39:35.33	CCDTMETROLX
230	2629	DAN HUBERT	M	51	34	01:40:12.00	01:39:32.91	REBEL RUNNERS
231	2360	EVELINO MAGALHÃES	M	44	34	01:40:28.23	01:39:32.09	NORAUTO PORTUGAL
232	2108	JOAQUIM VIANA	M	56	26	01:40:33.39	01:39:52.08	INDIVIDUAL
233	2638	FILIFE DUARTE	M	33	34	01:40:39.74	01:40:35.09	SERVIÇOS SOCIAIS MONTEPIO
234	2850	PEDRO SERRA	M	44	35	01:40:40.34	01:40:11.04	SEASIDE
235	2426	RUI SANTOS	M	39	35	01:40:41.73	01:40:11.51	
236	2836	JORGE SOUSA	M	55	27	01:40:41.90	01:40:12.03	CORRER LISBOA
237	2472	PAULO MANAÇAS	M	47	46	01:40:42.21	01:40:16.03	MANAÇAS
238	2214	RODRIGO SANTOS	M	46	47	01:40:43.07	01:40:28.26	
239	2622	ANTÓNIO QUADROS	M	46	48	01:40:44.96	01:39:51.84	GEADAS RUNNING
240	2507	JOAQUIM MARTINS	M	51	35	01:40:45.78	01:40:06.02	
241	2506	PAULA GEADAS MARTINS	F	47	7	01:40:47.95	01:40:08.76	
242	2168	BRUNO AMARO	M	37	36	01:40:48.79	01:39:57.51	BENFICA EM FORMA
243	2751	RICARDO FIRMINO	M	42	36	01:40:49.18	01:40:42.52	CLUBE ACCENTURE
244	2011	CARLOS CRAVEIRA	M	47	49	01:40:52.42	01:40:29.73	
245	2262	BRUNO REIS	M	38	37	01:40:53.74	01:40:19.98	
246	2474	FLÁVIO OLIVEIRA	M	29	35	01:40:55.27	01:40:09.39	
247	2162	RUI FIGUEIREDO	M	54	36	01:40:59.47	01:40:15.94	QUARTETO
248	2329	MIGUEL LOUREIRO	M	42	37	01:41:02.11	01:40:15.10	
249	2676	ANA SANTOS	F	42	7	01:41:03.56	01:40:40.46	
250	2675	NELSON GOMES	M	40	38	01:41:16.98	01:40:53.88	
251	2770	JOAQUIM CARREIRA	M	58	28	01:41:31.84	01:40:56.56	
252	2579	TITO NASCIMENTO	M	39	38	01:41:34.56	01:40:48.69	OLDELITE
253	2771	LIPING ZHONG	M	45	50	01:41:40.90	01:41:28.10	
254	2580	NUNO GUERREIRO	M	39	39	01:41:42.21	01:40:56.08	OLDELITE
255	2716	LORENA VALENTE	F	30	4	01:41:43.08	01:41:26.81	
256	2462	MIGUEL DIAS	M	43	39	01:41:48.88	01:40:56.75	SS CGD
257	2334	FILIFE LEITAO	M	42	40	01:41:49.43	01:40:55.75	

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

258	2893	VIRGILIO OLIVEIRA	M	55	29	01:41:49.58	01:41:34.54	OS CARREGUEIRENSES
259	2709	JULIANA MORAES	F	46	8	01:41:58.76	01:41:49.29	
260	2456	CATIA FONSECA	F	36	8	01:42:04.84	01:41:12.46	SS CGD
261	2275	IVO CARVALHO	M	34	36	01:42:05.30	01:41:52.60	
262	2618	INÉS CLÁUDINA	F	26	5	01:42:06.25	01:41:48.48	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO
263	2572	EDMIGES SANTOS	M	31	37	01:42:08.90	01:41:50.89	
264	2589	NUNO ANTUNES	M	49	51	01:42:09.94	01:41:52.21	
265	2487	HUGO PINA E MOURA	M	46	52	01:42:18.30	01:41:42.61	
266	2535	PAULO ALEXANDRE PEREIRA JUSTINA	M	38	40	01:42:33.19	01:41:58.44	
267	2649	CARLOS TEIXEIRA GONCALVES	M	71	10	01:42:33.37	01:41:55.28	
268	2029	ANGELO GASPAR	M	32	38	01:42:38.28	01:41:49.18	QUILABAN
269	2296	NUNO POMBO	M	43	41	01:42:39.95	01:42:22.75	CLUBE NOVO BANCO
270	2272	BRUNO CUÇO	M	43	42	01:42:44.19	01:41:55.35	QUILABAN
271	2055	JOSE LUIS ALVES	M	54	37	01:42:52.57	01:41:59.81	INDIVIDUAL
272	2772	NUNO SILVA	M	43	43	01:42:53.77	01:42:38.57	
273	2397	JOSÉ VAZ	M	61	11	01:42:54.36	01:42:18.66	CLUBE ANACOM
274	2522	ANTÓNIO LOPES	M	30	39	01:42:55.42	01:42:12.98	
275	2696	ELSA FRANCISCO	F	47	9	01:43:15.83	01:42:51.84	
276	2381	RICARDO DIAS	M	36	41	01:43:21.55	01:42:54.74	
277	2233	NUNO FIGUEIREDO	M	40	44	01:43:24.91	01:42:38.97	CORRER LISBOA
278	2350	GERMANO BERNARDO	M	63	12	01:43:25.06	01:42:13.63	PRAZER DA CORRIDA
279	2356	CARLOS RODRIGUES	M	48	53	01:43:28.00	01:43:08.06	
280	2051	ADELINO PEREIRA	M	54	38	01:43:29.48	01:43:02.66	RUN2FINISH.PT
281	2392	CÂNDIDO ALVES	M	46	54	01:43:31.02	01:43:22.16	CCD CRÉDITO AGRÍCOLA
282	2137	JOSÉ MATOS	M	58	30	01:43:32.91	01:43:20.55	RUN4FUN
283	2740	BENOIT LETOR	M	54	39	01:43:34.62	01:42:26.84	
284	2550	JULIO MEIRELES	M	67	13	01:43:41.96	01:43:30.83	CCD PM CASCAIS
285	2549	JORGE JOURDAN	M	58	31	01:43:44.86	01:43:05.85	CCD PM CASCAIS
286	2813	FERNANDO ANDRADE	M	64	14	01:43:47.25	01:43:34.68	CCD TRANQUILIDADE
287	2635	JOSÉ BORDALO	M	66	15	01:43:53.06	01:43:53.06	O MUNDO DA CORRIDA
288	2833	NUNO BERNARDO	M	37	42	01:43:57.33	01:43:35.18	
289	2406	JOSE GOMES	M	41	45	01:43:58.02	01:43:48.00	
290	2595	MADALENA LOPES DE CARVALHO	F	30	6	01:43:58.23	01:43:48.88	BODY PROJECT
291	2178	JOÃO FERNANDES	M	37	43	01:44:00.82	01:43:28.35	
292	2523	DIOGO CASTRO	M	37	44	01:44:02.99	01:43:21.11	
293	2689	VITOR MORAIS	M	60	16	01:44:06.21	01:43:33.33	
294	2453	PAULO VINTEM	M	42	46	01:44:06.98	01:43:58.84	

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

295	2633	LUIS LOUREIRO	M	38	45	01:44:07.7901:43:25.74
296	2527	JOANA SILVA	F	29	7	01:44:08.5001:43:43.14
297	2628	HELEN KNIGHT	F	52	10	01:44:11.0001:43:33.00REBEL RUNNERS
298	2750	LUIS LÚCIO	M	44	47	01:44:13.3201:44:06.80CLUBE ACCENTURE
299	2446	JACQUI SAFFERY	F	58	3	01:44:13.5801:43:49.05
300	2033	PAULO MOUTINHO	M	47	55	01:44:16.8001:43:58.14H-GARRA A LEBRE !!!
301	2219	LUIS SILVA	M	47	56	01:44:18.1001:44:11.76
302	2468	SONIA BROCHADO	F	41	9	01:44:19.8301:43:29.62SS CGD
303	2790	NUNO ALMEIDA	M	42	48	01:44:20.5801:44:07.03C FERROV PORTUGAL
304	2546	ISABEL VIEIRA	F	47	11	01:44:20.8201:44:10.89CCD PM CASCAIS
305	2789	RUI MARQUES	M	48	57	01:44:22.1801:44:09.18C FERROV PORTUGAL
306	2900	MIGUEL BARRADAS	M	46	58	01:44:23.2001:44:00.32
307	2547	JOÃO FARIA	M	50	40	01:44:23.7101:44:13.00CCD PM CASCAIS
308	2606	DUARTE TEIXEIRA	M	38	46	01:44:24.8001:44:10.06HITACHI VANTARA RUNNERS
309	2444	ANDRÉ SILVA	M	45	59	01:44:26.9101:43:51.38
310	2344	BÁRBARA RITA ABREU	F	25	8	01:44:27.1801:43:34.98MULHERES DA MARATONA 2019
311	2017	EDUARDO JORGE	M	65	17	01:44:33.3501:43:59.01AMIGOS DA CORRIDA
312	2018	JOAQUIM COSTA	M	58	32	01:44:35.4401:44:01.98AMIGOS DA CORRIDA
313	2436	LUÍS GASPAS	M	59	33	01:44:35.8201:44:03.48CCBTT ELVAS
314	2786	ALDINA MARQUES	F	48	12	01:44:37.1201:44:29.41C FERROV PORTUGAL
315	2787	ANTONIO CALDEIRA	M	41	49	01:44:38.6401:44:31.28C FERROV PORTUGAL
316	2712	SUNANDA SARKER-BELL	F	53	13	01:44:41.3401:44:23.93
317	2166	JOÃO PASSEIRO	M	56	34	01:44:49.7301:44:11.93A.D.C.CATUJAL
318	2165	ALMERINDO SILVA	M	59	35	01:44:54.6901:44:14.02A.D.C.CATUJAL
319	2729	KEVIN BITAUD	M	22	40	01:44:55.4901:44:31.64
320	2261	ANTONIO TEIXEIRA	M	41	50	01:44:56.0001:44:25.41
321	2852	MARIO SOBRAL	M	44	51	01:44:57.5801:44:26.77SEASIDE
322	2573	FERNANDO AZEVEDO	M	66	18	01:45:02.4801:44:53.26
323	2169	FABIANO FERREIRA	M	38	47	01:45:02.9301:44:09.30BENFICA EM FORMA
324	2601	RICARDO FIGUEIREDO	M	50	41	01:45:03.1501:44:19.12
325	2415	FABIANO LOURES	M	33	41	01:45:06.8901:44:18.71
326	2784	CATARINA VARGES	F	45	14	01:45:13.0001:44:40.20C FERROV PORTUGAL
327	2773	SÉRGIO COSTA	M	31	42	01:45:13.4801:44:51.80
328	2151	JOSE MONTEIRO	M	62	19	01:45:19.3001:44:39.98
329	2241	ANIBAL CARVALHO	M	68	20	01:45:20.8001:44:41.33
330	2280	ANA JOSÉ	F	46	15	01:45:22.7101:45:01.27CLUBE NOVO BANCO
331	2293	LUIS JOSÉ	M	49	60	01:45:23.0101:45:03.94CLUBE NOVO BANCO

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

332	2467	RUI SOARES	M	44	52	01:45:31.52	01:45:19.97	SS CGD
333	2848	VITOR LOPES	M	56	36	01:45:31.80	01:45:31.30	SEASIDE
334	2302	VANDA MURTEIRA	F	44	10	01:45:32.74	01:45:13.27	CLUBE NOVO BANCO
335	2804	ALEXANDRE MATEUS	M	42	53	01:45:32.84	01:45:06.16	
336	2139	NUNO MIGUEL LOURENÇO MATEUS	M	37	48	01:45:33.78	01:45:06.00	
337	2062	RODRIGO CORREIA	M	47	61	01:45:35.51	01:45:28.00	
338	2362	RICARDO MARTINS	M	45	62	01:45:35.99	01:45:35.99	CLUBE OLÍMPICO DE OEIRAS
339	2361	MARCOS MADEIRA	M	44	54	01:45:36.13	01:45:22.15	CLUBE OLÍMPICO DE OEIRAS
340	2354	MAXIMIANO SANTOS	M	55	37	01:45:46.79	01:45:39.82	
341	2408	RUI MENDES	M	47	63	01:45:47.36	01:45:20.16	PARTICULAR
342	2454	BRUNO DIAS	M	42	55	01:45:49.33	01:44:57.91	SS CGD
343	2642	PAULO RODRIGUES	M	43	56	01:45:49.53	01:44:59.96	SERVIÇOS SOCIAIS MONTEPIO
344	2410	ARTEMISA MENDES	F	30	9	01:45:55.83	01:45:51.97	
345	2278	ISABEL OLIVEIRA	F	45	16	01:45:57.40	01:45:06.07	CLUBE NOVO BANCO
346	2407	GONÇALO LOPES	M	32	43	01:45:58.93	01:45:00.19	RUN 4 FUN
347	2149	JORGE PAULO	M	60	21	01:46:03.73	01:45:51.08	RUN 4 FUN
348	2106	LUÍS MOURA	M	48	64	01:46:08.24	01:45:44.29	
349	2666	PAULO PAIS	M	53	42	01:46:08.64	01:45:48.40	C MILLENNIUM BCP
350	2323	FILOMENA JESUS	F	46	17	01:46:09.46	01:45:58.62	SFUAP
351	2868	PAULA GOMES	F	44	11	01:46:15.61	01:45:22.43	SEASIDE
352	2840	CRISTINA MADANÇOS	F	39	12	01:46:17.17	01:46:17.17	CORRER LISBOA
353	2103	JORGE NUNES	M	40	57	01:46:21.81	01:45:33.39	ADRC MATA DE BENFICA
354	2781	PAULO SARROEIRA	M	47	65	01:46:24.65	01:45:44.61	C FERROV PORTUGAL
355	2483	JOÃO COSTA	M	55	38	01:46:35.81	01:45:54.42	
356	2490	TIAGO FERREIRA	M	31	44	01:46:45.29	01:46:45.29	
357	2611	TIAGO LOPES	M	33	45	01:46:45.52	01:46:04.66	LIGA NHAGA
358	2499	DIOGO LEITE	M	49	66	01:46:46.62	01:46:37.56	CLUBE COLABORADORES AGEAS
359	2115	ALEXANDRE PITTA LIVÉRIO	M	46	67	01:46:48.05	01:46:30.87	
360	2895	ARTUR AGUIAR	M	48	68	01:46:51.17	01:46:45.92	CERGO
361	2896	JOAO SIMOES	M	48	69	01:46:53.03	01:46:47.44	CERGO
362	2794	RUI FERNANDES	M	48	70	01:46:57.41	01:46:40.50	
363	2224	CLÁUDIA CARDOSO	F	29	10	01:47:02.88	01:46:40.13	
364	2514	DANIELA FREIRE	F	36	13	01:47:11.25	01:46:54.46	
365	2515	LUÍS CONSTANTE	M	51	43	01:47:11.36	01:46:54.70	
366	2247	EL-GHAZALI CHEBARLI	M	44	58	01:47:15.00	01:47:14.82	
367	2299	PAULO GONÇALVES	M	51	44	01:47:18.30	01:47:00.67	CLUBE NOVO BANCO
368	2528	LUIS ALEXANDRE	M	48	71	01:47:32.18	01:47:00.84	

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

369	2878	JON-PAUL LABRUZZO	M	48	72	01:47:44.6001:47:17.07
370	2181	JOANA PATRÍCIA MASCARENHAS SOEIRO	F	46	18	01:47:46.9201:47:34.81RUN 4 FUN
371	2120	CARLOS BILRO	M	63	22	01:47:49.3101:47:00.06SOBE E DESCE TEAM
372	2384	RUI FIGUEIREDO	M	43	59	01:47:55.1901:47:45.16
373	2236	JOSÉ REIS	M	56	39	01:47:58.6001:47:44.24GINÁSIO CLUBE PORTUGUÊS
374	2471	RUI VASCO	M	39	49	01:47:59.3501:47:33.01
375	2470	MÁRIA SANTOS	F	36	14	01:47:59.5501:47:33.90
376	2271	ANA MONTEIRO	F	48	19	01:48:01.5001:47:45.98
377	2264	TIAGO PIRES	M	26	46	01:48:11.8501:47:58.94
378	2265	CÉU LEITÃO	F	53	20	01:48:12.1701:47:59.45
379	2658	LUIS BAIXINHO	M	35	50	01:48:13.7701:48:04.68C MILLENNIUM BCP
380	2295	MANUEL ANASTÁCIO	M	49	73	01:48:14.1301:47:47.35CLUBE NOVO BANCO
381	2054	THELMO CUNHA	M	58	40	01:48:14.2801:47:46.30RUN2FINISH.PT
382	2630	SARAH COUTTS	F	51	21	01:48:18.6401:47:40.20REBEL RUNNERS
383	2208	LUÍS MIGUEL	M	41	60	01:48:19.8401:48:19.84
384	2059	LUÍS SANTOS	M	45	74	01:48:20.7701:48:10.21
385	2058	HUGO CUNHA	M	41	61	01:48:22.8801:48:12.37CLUBE ATLETISMO VALE FIGUEIRA
386	2608	CARLOS CAGICA	M	53	45	01:48:37.6901:47:55.93CCD SIEMENS
387	2809	ANTÓNIO SENA	M	47	75	01:48:38.0301:48:21.95CCD TRANQUILIDADE
388	2252	SÉRGIO VASCO	M	36	51	01:48:38.4901:48:19.67
389	2424	RUI PINTO	M	43	62	01:48:38.6601:47:42.32MARVILA JOVEM
390	2708	ARMANDO LACERDA	M	64	23	01:48:40.6701:48:27.82OCULISTA PORTAS DE SANTO ANTONIO
391	2521	JOÃO PAULO ANTUNES	M	48	76	01:48:42.4501:48:17.18
392	2114	SÉRGIO RUSSO	M	52	46	01:48:46.7501:48:33.20
393	2113	CLARA AUGUSTO	F	53	22	01:48:51.5301:48:38.20
394	2815	FRANCISCO PEREIRA	M	52	47	01:48:56.7501:48:41.55CCD TRANQUILIDADE
395	2670	MARCOS NORITAKE	M	52	48	01:49:06.4601:48:27.41C MILLENNIUM BCP
396	2083	CARLOS MORAIS	M	53	49	01:49:06.8001:48:41.25
397	2719	LUDOVIC THEAU	M	56	41	01:49:08.7601:48:07.37
398	2331	HENRIQUE BELMAR	M	60	24	01:49:09.2401:48:40.29
399	2724	BRUNO LHOTE	M	56	42	01:49:09.3301:48:56.18
400	2357	MANUEL GUEDES	M	60	25	01:49:14.4701:49:14.47
401	2004	SHEILA GALIANO	F	46	23	01:49:16.5701:48:55.27
402	2157	NUNO FRAGOSO	M	43	63	01:49:20.4501:48:35.55LINCES DA BELA VISTA
403	2627	ALASTAIR KNIGHT	M	61	26	01:49:23.0001:48:45.00REBEL RUNNERS
404	2348	JOSÉ GUERREIRO	M	55	43	01:49:23.7701:48:49.81
405	2450	PAULO BRANCO	M	52	50	01:49:27.5801:48:57.51

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

406	2457	FERNANDO LIMA	M	49	77	01:49:31.61	01:48:41.00	SS CGD
407	2309	LUIS CANHÃO	M	23	47	01:49:34.13	01:49:18.81	
408	2385	JOANA CALDEIRA	F	43	15	01:49:36.73	01:48:45.67	MM 2019
409	2698	TIAGO ANDRADE	M	33	48	01:49:40.16	01:49:16.63	
410	2832	PEDRO QUEIROS	M	57	44	01:49:43.06	01:49:13.96	LVTEAM
411	2297	PEDRO SANGUINO	M	36	52	01:49:48.88	01:49:29.00	CLUBE NOVO BANCO
412	2279	ANA FERREIRA	F	49	24	01:49:52.68	01:49:34.38	CLUBE NOVO BANCO
413	2285	FERNANDO BRANDÃO	M	55	45	01:49:54.97	01:49:36.97	CLUBE NOVO BANCO
414	2758	JOÃO ALVES MARTINS	M	51	51	01:50:09.47	01:49:35.82	
415	2874	JORGE CURVELO	M	46	78	01:50:10.35	01:49:36.71	RUN TEJO
416	2898	DAVID SIMAO	M	49	79	01:50:12.90	01:49:48.29	SEASIDE
417	2486	JOAO FERREIRA	M	42	64	01:50:34.22	01:49:55.83	
418	2248	MARCO MORGADO	M	40	65	01:50:37.99	01:50:11.90	
419	2735	JOAO FERREIRA	M	63	27	01:50:45.14	01:50:39.20	
420	2671	ARTUR LEITE	M	54	52	01:50:50.89	01:50:29.13	C MILLENNIUM BCP
421	2808	ANA RUTE PANELA	F	45	25	01:50:58.12	01:50:42.47	CCD TRANQUILIDADE
422	2205	LUÍS NUNES	M	53	53	01:50:59.69	01:50:41.33	
423	2830	SUSANA LOPES	F	42	16	01:51:01.69	01:49:58.43	
424	2829	RODRIGO MUNHÁ	M	43	66	01:51:02.01	01:51:02.01	
425	2767	MIGUEL ROBIN	M	46	80	01:51:03.42	01:50:21.75	
426	2746	EDWARD BJORKESTAM	M	24	49	01:51:04.26	01:50:28.65	
427	2009	JOÃO ADÓNIS	M	44	67	01:51:08.79	01:50:55.42	
428	2339	MANUEL FRANCISCO	M	59	46	01:51:13.31	01:50:25.64	CARAP AUS DE CORRIDA
429	2437	JOAO ZACARIAS	M	49	81	01:51:14.72	01:51:05.26	SOSSEGO TEAM
430	2347	NELSON SANTOS	M	36	53	01:51:14.75	01:50:43.05	
431	2136	DIOGO BOBONE	M	45	82	01:51:16.73	01:50:34.77	
432	2416	TIAGO MOUTA	M	27	50	01:51:18.34	01:50:40.97	FIDELIDADE GDC
433	2427	LUÍS RESSURREIÇÃO	M	45	83	01:51:18.47	01:50:40.14	FIDELIDADE GDC
434	2565	VITOR BENTO	M	41	68	01:51:18.92	01:50:41.50	
435	2380	ANDRÉ TRIGUEIRO	M	34	51	01:51:24.48	01:51:05.98	LISBONRUNNERS
436	2338	VITOR SANTOS	M	48	84	01:51:27.18	01:50:40.27	CARAP AUS DE CORRIDA
437	2037	MÁRIO BOTEQUILHA	M	49	85	01:51:30.45	01:50:57.89	
438	2810	CARLOS BARGADO	M	54	54	01:51:35.15	01:51:22.00	CCD TRANQUILIDADE
439	2876	KEVIN CHIASSON	M	43	69	01:51:36.84	01:50:43.05	
440	2336	PEDRO RIBEIRO	M	41	70	01:51:41.95	01:50:58.96	
441	2510	NUNO SÍLVIO FERREIRA	M	39	54	01:51:44.91	01:50:49.54	
442	2048	ADRIANO ZAMBUJEIRO	M	42	71	01:51:51.49	01:51:38.60	ANSELMINHO RUNNERS

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

443	2337	VITOR MANUEL N.A. MARTINS	M	68	28	01:51:54.93	01:51:05.93
444	2672	ALEXANDRA COSTA	F	47	26	01:51:57.10	01:51:46.23C MILLENNIUM BCP
445	2858	CLAUSEN COLINS	F	41	17	01:52:09.52	01:51:23.27SEASIDE
446	2138	BRUNO ALVES	M	38	55	01:52:14.72	01:51:36.48GMCJAMOR
447	2563	FILIFE ARAUJO	M	34	52	01:52:16.01	01:51:38.13
448	2564	KAREN CAMPO	F	30	11	01:52:16.20	01:51:39.06
449	2562	OCTAVIO FERRO	M	53	55	01:52:16.78	01:52:08.33
450	2234	PAULO PEREIRA	M	41	72	01:52:18.87	01:51:59.74TARTARUGAS SOLIDÁRIAS
451	2641	JORGE SOUSA	M	46	86	01:52:19.21	01:52:15.43SERVIÇOS SOCIAIS MONTEPIO
452	2701	EDMUNDO COSTA	M	59	47	01:52:20.96	01:51:39.12CCD SIEMENS
453	2700	PEDRO ANDRÉ	M	48	87	01:52:21.77	01:51:58.29
454	2210	MEAGAN CARTY	F	43	18	01:52:22.07	01:52:10.53
455	2816	JOÃO SERRA	M	47	88	01:52:25.19	01:52:09.26CCD TRANQUILIDADE
456	2192	LUIS CORREIA	M	52	56	01:52:27.27	01:52:13.61SIMECQ
457	2128	IGOR JAUMANDREU	M	51	57	01:52:29.40	01:52:06.11
458	2374	BRUNO MADEIRA	M	41	73	01:52:32.85	01:52:28.36
459	2383	MICENIO MENDONCA	M	41	74	01:52:34.56	01:51:53.75
460	2443	ALBERTO ROMÃO	M	56	48	01:52:36.95	01:51:52.21
461	2505	FERNANDO HENRIQUES	M	28	53	01:52:37.16	01:51:55.45
462	2640	JOÃO CATARINO	M	52	58	01:52:47.09	01:52:43.94SERVIÇOS SOCIAIS MONTEPIO
463	2001	SÓNIA DANTAS	F	40	19	01:52:47.29	01:51:56.40
464	2438	FRANCISCO AFONSO	M	58	49	01:52:48.20	01:52:40.20RUN 4 FUN
465	2785	INES KRUG	F	34	12	01:52:51.36	01:52:45.70C FERROV PORTUGAL
466	2821	TAM AFONSO	M	67	29	01:52:52.39	01:52:50.07CCD TRANQUILIDADE
467	2760	BOGDAN KOWALCZYK	M	56	50	01:53:00.73	01:52:20.07
468	2799	LUIZ HENRIQUE PEREIRA	M	38	56	01:53:02.73	01:52:27.53
469	2798	CATIA RAMOS	F	39	20	01:53:03.06	01:52:29.34
470	2458	RICARDO COELHO	M	48	89	01:53:03.71	01:52:23.91SS CGD
471	2665	MARIO MENDES	M	54	59	01:53:05.10	01:52:42.13C MILLENNIUM BCP
472	2739	CATARINA LETOR	F	26	13	01:53:07.28	01:51:58.05
473	2831	MANUEL ANTÓNIO FERNANDES	M	57	51	01:53:12.31	01:53:02.43
474	2270	RAFAEL AZRIEL	M	49	90	01:53:13.58	01:52:35.75
475	2581	JOSE RODRIGUES	M	52	60	01:53:20.68	01:53:07.29
476	2276	LUÍS NETO	M	54	61	01:53:25.88	01:52:38.50CARAPAUS DE CORRIDA
477	2023	EURICO JESUS	M	51	62	01:53:26.86	01:52:52.86AMIGOS DA CORRIDA
478	2003	MARTA FERNANDES	F	27	14	01:53:32.12	01:53:30.67
479	2613	JORGE PEDRO	M	51	63	01:53:39.32	01:52:55.12

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

480	2500	FERNANDO MATIAS	M	62	30	01:53:44.05	01:53:37.62	CLUBE COLABORADORES AGEAS
481	2863	JORGE BONITO	M	42	75	01:53:44.74	01:53:28.74	CM OEIRAS
482	2655	MANUEL GOMES	M	55	52	01:53:50.82	01:53:14.30	CLUBE ANACOM
483	2154	VASCO SANTOS	M	60	31	01:53:52.66	01:53:05.08	GANGUE DAS 06:10
484	2212	SÉRGIO PEREIRA	M	41	76	01:53:53.34	01:53:11.12	
485	2207	MARINA TEIXEIRA	F	43	21	01:53:54.93	01:53:16.54	
486	2232	CRISTINA SILVERIO	F	41	22	01:53:55.05	01:53:18.24	
487	2682	CLÁUDIO MILHEIRO	M	42	77	01:54:00.08	01:53:15.21	
488	2605	NUNO PATRAQUIM	M	45	91	01:54:13.43	01:53:31.47	
489	2040	CARLOS MANUEL FERREIRA ELIAS	M	49	92	01:54:28.32	01:54:07.66	
490	2803	TERESA CORRÊA MENDES DE OURIQUE	F	21	15	01:54:35.21	01:54:05.75	WOMENRUNNERSPORTUGAL
491	2566	ANTÓNIO BALEIZÃO ROSA RODRIGUES	M	48	93	01:54:51.68	01:54:12.79	
492	2541	ALEXANDRA MACHADO	F	38	23	01:54:51.90	01:54:13.89	CCD PM CASCAIS
493	2290	JOÃO ANTUNES	M	31	54	01:54:52.75	01:54:33.74	CLUBE NOVO BANCO
494	2643	TERESA CARDOSO	F	40	24	01:55:01.64	01:54:58.45	SERVIÇOS SOCIAIS MONTEPIO
495	2313	IÑAKY FIZ FUERTES	M	50	64	01:55:03.24	01:54:09.96	
496	2588	RUI FERREIRA	M	47	94	01:55:04.33	01:54:04.56	SFRAA TRIATLO
497	2112	LUIS FERREIRA	M	64	32	01:55:05.06	01:54:48.26	
498	2512	MIGUEL RIBEIRO	M	46	95	01:55:13.22	01:54:34.56	HAPPY RUNNERS
499	2511	CARLA RIBEIRO	F	47	27	01:55:13.40	01:54:33.31	HAPPY RUNNERS
500	2402	JOSÉ ALVES	M	57	53	01:55:16.33	01:54:59.50	
501	2839	ANTONIO CASTAÑERA	M	47	96	01:55:19.91	01:54:29.35	INDIVIDUAL
502	2425	RUI AGRIAO	M	25	55	01:55:26.73	01:54:34.98	CORRER LISBOA
503	2189	NUNO GALVÃO	M	55	54	01:55:29.99	01:54:55.31	SIMECQ
504	2707	FILIPE GONÇALVES	M	50	65	01:55:30.50	01:55:22.65	
505	2286	FERNANDO FILIPE	M	50	66	01:55:34.08	01:55:13.73	CLUBE NOVO BANCO
506	2555	JORGE LOZANO	M	36	57	01:55:34.23	01:54:42.58	
507	2556	IÑIGO PÉREZ	M	32	56	01:55:34.36	01:54:39.94	
508	2341	JOSÉ NEVES	M	44	78	01:55:40.77	01:55:12.91	
509	2745	MAGADIEL CATARRO	M	49	97	01:55:41.57	01:55:04.84	
510	2788	PAULO DUARTE	M	47	98	01:55:43.04	01:55:30.63	C FERROV PORTUGAL
511	2537	JORGE SANTOS	M	35	58	01:55:45.24	01:54:45.48	KERO META LÁ
512	2177	JORGE COIMBRA	M	43	79	01:55:45.46	01:54:58.97	COIMBRAS
513	2872	HELENA PEREIRA	F	43	25	01:55:48.82	01:55:31.76	SEASIDE
514	2871	NUNO MOREIRA	M	42	80	01:55:48.99	01:55:30.52	SEASIDE
515	2801	MARIA JOÃO SANTOS	F	50	28	01:55:49.93	01:55:39.53	GRUPO DESPORTIVO ROCHE PORTUGAL
516	2616	SANDRO PINTO	M	43	81	01:55:57.39	01:55:30.20	RUNLOVERS

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

517	2614	NUNO MARQUES	M	52	67	01:55:57.59	01:55:31.77	RUNLOVERS
518	2412	SOFIA FRANÇA	F	38	26	01:55:58.61	01:55:13.53	
519	2465	PEDRO LOPES	M	40	82	01:56:12.06	01:55:23.24	SS CGD
520	2292	CARLOS FERNANDES	M	58	55	01:56:12.75	01:55:44.86	CLUBE NOVO BANCO
521	2466	PEDRO LOURO	M	36	59	01:56:13.95	01:55:23.16	SS CGD
522	2073	ANTÓNIO FIGUEIREDO	M	46	99	01:56:15.12	01:55:49.96	
523	2404	GIOVANNA CRISTOFORI	F	32	16	01:56:18.54	01:55:23.42	
524	2737	ANABELA PEREIRA	F	46	29	01:56:21.44	01:56:15.07	
525	2445	CLIVE SAFFERY	M	63	33	01:56:23.60	01:55:59.14	
526	2557	ANA CATARINA QUINTAS	F	46	30	01:56:24.03	01:56:07.30	
527	2036	ANTÓNIO JOSÉ GASPAR POMBINHO	M	61	34	01:56:32.23	01:56:15.09	
528	2400	JOSE L N FREITAS	M	57	56	01:56:39.15	01:56:12.61	G.S. ADICENSE
529	2368	LILIANA HENRIQUES	F	31	17	01:56:41.14	01:56:10.50	RESTAURANTE O MUCHACHO/ VALEJAS AC
530	2455	JOSE GUIA	M	70	35	01:56:41.41	01:56:41.41	SS CGD
531	2369	SUSANA GOMES	F	50	31	01:56:41.71	01:56:13.19	RESTAURANTE O MUCHACHO/VALEJAS AC
532	2687	SARA GOMES	F	22	18	01:56:48.51	01:56:40.97	CORRER LISBOA
533	2578	CRISTINA GABRIEL	F	37	27	01:56:49.18	01:56:16.20	SS CGD
534	2795	RICARDO BASSO	M	43	83	01:56:49.23	01:56:10.99	
535	2013	SANDRA ARRAIAS	F	37	28	01:56:50.55	01:56:07.76	OS ARRAIAS
536	2395	JOÃO VIEIRA	M	60	36	01:56:50.79	01:56:42.36	CCD CRÉDITO AGRÍCOLA
537	2130	CRISTINA PITA	F	31	19	01:56:53.39	01:56:05.32	OS FELINOS
538	2683	NUNO MIGUEL RODRIGUES MARTINS	M	27	57	01:56:58.52	01:56:44.05	
539	2617	SONIA PALMIRA SARO	F	21	20	01:56:59.19	01:56:54.21	ALMADA
540	2143	NUNO MOREIRA	M	37	60	01:57:11.08	01:56:48.30	ALVERCA URBAN RUNNERS
541	2501	VANDA SEQUEIRA	F	46	32	01:57:27.08	01:57:27.08	CLUBE COLABORADORES AGEAS
542	2631	SALLY HOMER	F	45	33	01:57:36.00	01:56:58.00	REBEL RUNNERS
543	2122	PAULO SOUSA	M	45	100	01:57:41.64	01:57:14.52	
544	2257	LUIS PINTO	M	51	68	01:57:44.74	01:57:22.17	
545	2042	MARIA FERRO	F	59	4	01:57:45.19	01:57:16.22	VENEZIA RUNNER
546	2300	PAULO RICARDO	M	51	69	01:57:47.49	01:57:25.30	CLUBE NOVO BANCO
547	2806	FERNANDO SERRANO	M	49	101	01:58:03.70	01:57:06.23	
548	2240	HUGO COLAÇO	M	41	84	01:58:06.81	01:57:31.91	
549	2056	JOÃO LIMA	M	59	57	01:58:09.28	01:58:09.28	4 AO KM
550	2659	LEONEL BRANDAO	M	51	70	01:58:13.27	01:58:02.70	C MILLENNIUM BCP
551	2411	ANDRÉ NOIVO	M	36	61	01:58:28.14	01:57:40.67	
552	2713	JEROEN OVEREEM	M	47	102	01:58:29.18	01:58:01.69	
553	2525	ALVARO BONITO	M	38	62	01:58:31.47	01:58:09.51	

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

554	2714	CAMIEL TETTEROO	M	43	85	01:58:31.87	01:58:03.85	
555	2837	JOSÉ GASPAR	M	36	63	01:58:38.76	01:58:16.55	
556	2894	JOSE FREITAS	M	33	58	01:58:41.53	01:58:25.99	OS CARREGUEIRENSES
557	2320	LUIS RIBEIRO	M	56	58	01:58:42.95	01:58:00.83	
558	2825	TINA OLIVEIRA	F	54	34	01:59:06.36	01:58:56.72	AMINHACORRIDA
559	2502	JOAO SAO MARCOS	M	37	64	01:59:06.91	01:59:06.91	
560	2434	ABÍLIO TAVARES	M	63	37	01:59:09.69	01:58:56.22	
561	2161	ANTONIO RIBEIRO	M	54	71	01:59:11.61	01:58:28.28	QUARTETO
562	2228	JOÃO GONÇALVES	M	56	59	01:59:15.33	01:59:01.18	GINÁSIO CLUBE PORTUGUÊS
563	2092	EDUARDO RIBEIRO	M	52	72	01:59:19.67	01:58:55.50	GDCT UNICRE
564	2448	KATE TINGLEY	F	35	29	01:59:27.00	01:58:54.75	
565	2201	NUNO RAINHO FERNANDES	M	56	60	01:59:29.87	01:59:17.56	
566	2211	LÚISA PAULA FERREIRA HENRIQUES	F	41	30	01:59:48.68	01:59:48.68	
567	2538	RICARDO DOURADO	M	44	86	01:59:49.14	01:59:21.27	
568	2390	FABIAN ANDRADE	M	55	61	02:00:11.31	01:59:18.03	
569	2079	RUI CARVALHO	M	49	103	02:00:11.54	01:59:21.72	
570	2340	RITA DIAS	F	30	21	02:00:17.80	01:59:28.65	
571	2881	BARBARA CRUZ	F	27	22	02:00:21.39	01:59:30.55	WOMANRUNNING
572	2623	ANTÓNIO SARMENTO	M	43	87	02:00:53.30	02:00:38.22	
573	2485	FRANCISCO SOARES	M	43	88	02:00:55.12	02:00:32.29	
574	2835	AMÉRICO CACHEIRA	M	58	62	02:00:57.43	02:00:41.07	
575	2834	TIAGO SILVA	M	30	59	02:00:59.61	02:00:45.07	
576	2242	CLÁUDIA PALMA	F	29	23	02:01:04.45	02:00:17.73	QUILABAN
577	2889	ANTONIO DUARTE	M	56	63	02:01:05.40	02:00:44.06	CLUBE DO STRESS
578	2435	JOÃO FARINHA	M	49	104	02:01:08.56	02:00:54.48	
579	2743	STEPHEN PALMER	M	32	60	02:01:16.78	02:00:32.19	
580	2046	LILIANA FERNANDA ANTUNES MONTEIRO	F	41	31	02:01:26.86	02:00:42.74	
581	2516	BEATRIZ FIGUEIREDO	F	42	32	02:01:29.45	02:00:38.37	FIDELIDADE GDC
582	2602	JOAO VILAR TORRES	M	42	89	02:01:33.84	02:01:13.64	
583	2218	DUARTE GONÇALVES	M	59	64	02:01:43.40	02:01:03.54	TAL PAI TAL FILHA
584	2796	ARTUR SOARES	M	45	105	02:01:43.61	02:01:01.48	
585	2706	ROSA CARVALHO	F	56	5	02:01:45.98	02:01:07.83	
586	2620	LUIS FILIPE TEIXEIRA COELHO	M	50	73	02:01:59.52	02:01:12.72	QUILABAN
587	2030	SÉRGIO LUCIANO	M	48	106	02:01:59.53	02:01:12.25	QUILABAN
588	2087	GONÇALO OLIVEIRA	M	57	65	02:02:08.74	02:01:43.85	GDCT UNICRE
589	2882	SONIA LOUREIRO	F	40	33	02:02:13.23	02:00:49.79	WOMANRUNNING
590	2597	RUTE GALVÃO	F	42	34	02:02:21.45	02:01:38.09	

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

591	2321	VITOR MARQUES	M	57	66	02:02:47.3002:02:06.87
592	2431	JOSE TRONCOSO	M	57	67	02:02:48.0102:02:15.38
593	2883	VERA DIANA	F	45	35	02:02:54.7402:02:25.24WOMANRUNNING
594	2753	ALEXANDRA PINTO	F	44	35	02:03:07.1602:02:30.99
595	2577	ANDRE NORONHA	M	54	74	02:03:16.0102:02:43.25SS CGD
596	2473	MARIANA DUARTE	F	31	24	02:03:32.3002:02:50.99
597	2685	RITA RITA	F	23	25	02:03:32.4902:03:00.80
598	2057	AURÉLIO CALADO	M	69	38	02:03:33.0002:02:47.634 AO KM
599	2116	RAFAELA GONÇALVES	F	25	26	02:03:33.7502:03:31.83
600	2686	PEDRO SOUSA	M	52	75	02:03:33.7802:03:01.78
601	2123	CATARINA CLÉRIGO	F	51	36	02:03:39.2702:03:21.44
602	2049	MARISA SERRA	F	48	37	02:03:43.0602:03:30.55ANSELMINHO RUNNERS
603	2826	JOAQUIM BARROCAS	M	66	39	02:03:51.4302:02:55.80ALVIPNEUS
604	2021	AFONSO PIRES	M	51	76	02:03:54.5902:03:19.71AMIGOS DA CORRIDA
605	2020	MARIA JOÃO VAZ	F	53	38	02:03:56.1502:03:21.64AMIGOS DA CORRIDA
606	2253	MARCO FORTES	M	37	65	02:04:05.6202:03:31.64
607	2349	JOSE GUEDES	M	62	40	02:04:09.7002:03:42.64
608	2094	SUSANA LEITÃO	F	43	36	02:04:17.6502:03:21.04
609	2603	ANA COSTA	F	44	37	02:05:22.4402:05:02.49
610	2509	JOÃO SEQUEIRA	M	34	61	02:05:37.3902:04:40.91ENTRA VADES
611	2726	MARIE FILL	F	27	27	02:05:46.6602:04:48.12
612	2283	ELISABETE MARQUES	F	39	38	02:05:59.2702:05:09.81CLUBE NOVO BANCO
613	2754	RUI SABINO	M	48	107	02:06:03.3002:05:13.28
614	2398	SÉRGIO ANTUNES	M	51	77	02:06:13.6902:05:38.07CLUBE ANACOM
615	2561	HUGO MIGUEL VALENTE	M	33	62	02:06:21.6402:05:24.97ENTRA VADES
616	2222	RENATO TOMÉ	M	39	66	02:06:37.5502:06:08.29
617	2498	ANA MATIAS	F	54	39	02:06:50.8002:06:43.96CLUBE COLABORADORES AGEAS
618	2851	PAULA LEITAO	F	44	39	02:06:52.5702:06:33.45SEASIDE
619	2191	SUSANA MENDES	F	39	40	02:06:52.7602:06:18.39SIMECQ
620	2399	NUNO REQUEIJÃO	M	42	90	02:06:56.0202:06:12.30
621	2461	LUIS SILVA	M	49	108	02:06:58.0102:05:50.70SS CGD
622	2413	LUCIE CALLÉJA	F	24	28	02:07:00.4602:06:13.06
623	2721	CRISTINA STARKO	F	27	29	02:07:01.3402:06:21.00
624	2731	JEAN MICHEL CALLEJA	M	59	68	02:07:02.2602:06:14.89
625	2492	FRANCESCA FLORISSI	F	28	30	02:07:03.8702:06:42.93XECA
626	2376	PEDRO MALHEIRO	M	39	67	02:07:05.4002:06:11.37TINTO LOVERS
627	2491	CARLOS DUARTE	M	55	69	02:07:09.6202:06:48.97XECA

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

628	2052	JOAQUIM SIMÃO	M	56	70	02:07:15.07	02:06:50.83	RUN2FINISH.PT
629	2333	VERA FERREIRA	F	41	41	02:07:22.29	02:07:10.12	RUNNING FAMILY
630	2873	JOÃO PAULO PIRES	M	45	109	02:07:22.81	02:07:05.51	SEASIDE
631	2045	MIGUEL CALDAS	M	54	78	02:07:26.42	02:07:18.81	
632	2359	VELOSO MANUELA	F	68	6	02:07:44.31	02:07:00.19	
633	2238	RAQUEL RUAS	F	31	31	02:08:45.65	02:07:57.35	
634	2237	FERNANDO RODRIGUES	M	38	68	02:08:45.86	02:07:57.67	
635	2664	JOSE REBELO	M	52	79	02:08:55.20	02:08:16.52	C MILLENNIUM BCP
636	2763	ANA ROBIN DE ANDRADE	F	42	42	02:08:58.19	02:08:16.27	
637	2153	ISABEL REDMONT	F	50	40	02:08:59.07	02:08:10.03	
638	2576	CRISTIANA ALMEIDA	F	54	41	02:09:01.96	02:08:26.42	SS CGD
639	2152	RICARDO PREGUICA	M	34	63	02:09:19.63	02:08:29.34	
640	2768	PAULO SENA	M	47	110	02:09:23.32	02:09:01.54	
641	2626	JOÃO MENDES	M	22	64	02:09:48.01	02:09:22.69	
642	2531	JOAO ROSA	M	25	65	02:09:50.55	02:09:25.26	
643	2596	MARTA PORTUGAL	F	36	43	02:09:57.42	02:09:57.42	BODY PROJECT
644	2744	SABINE RADAU	F	39	44	02:10:06.07	02:10:02.73	
645	2310	EDUARDO AMORIM	M	47	111	02:10:11.00	02:09:16.31	
646	2308	ANTONIO COSTA	M	60	41	02:10:11.31	02:10:11.31	
647	2463	MIGUEL FRAZAO	M	47	112	02:10:20.57	02:09:58.05	SS CGD
648	2012	DIOGO ARRAIAS	M	64	42	02:10:21.73	02:09:39.30	OOS ARRAIAS
649	2867	JOSÉ ROBALO	M	64	43	02:10:32.40	02:09:38.07	SEASIDE
650	2774	JOSÉ SANTOS	M	58	71	02:10:40.05	02:09:49.65	
651	2170	CARLOS SANTOS	M	34	66	02:10:41.76	02:09:51.11	
652	2718	PHILIPPE REMOISSENET	M	57	72	02:10:58.58	02:10:02.61	
653	2034	MARTA REIS	F	28	32	02:11:02.00	02:10:15.86	
654	2091	PAULO FRANÇA	M	57	73	02:11:04.68	02:10:43.46	GDCT UNICRE
655	2476	SUSANA MARTINIANO	F	29	33	02:11:14.90	02:10:26.39	
656	2533	CARLA MARTINIANO	F	32	34	02:11:15.05	02:11:15.05	GRUPO BARRAQUEIRO
657	2681	FRANCISCO EÇA	M	26	67	02:11:24.15	02:10:58.78	TEAM FARINHA
658	2007	PAULO PERRE	M	47	113	02:11:25.08	02:10:27.95	PEDS
659	2680	JOANA FARINHA	F	28	35	02:11:27.08	02:11:01.61	TEAM FARINHA
660	2727	EMILE THEAU	M	21	68	02:11:41.55	02:10:40.01	
661	2229	PEDRO SILVA	M	42	91	02:11:41.67	02:10:45.64	
662	2765	PEDRO LOPES	M	43	92	02:11:46.77	02:11:22.40	
663	2688	AUGUSTO CARIA	M	66	44	02:12:17.87	02:12:06.58	
664	2493	DIOGO CARMO	M	58	74	02:12:30.64	02:12:30.64	STRESS

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

665	2636	TERESA LANCASTRE	F	29	36	02:12:31.87	02:12:00.20
666	2634	MARISOL VALENTE	F	51	42	02:12:34.18	02:11:57.38
667	2691	ANA P M SILVESTRE	F	47	43	02:13:06.52	02:13:06.52
668	2351	LUIS CATITA	M	60	45	02:13:15.57	02:12:29.22
669	2777	Mª CARMO ANJOS	F	72	7	02:13:24.92	02:13:24.92CONDOR
670	2778	LUCINDA HENRIQUES	F	70	8	02:13:27.50	02:13:27.50CONDOR
671	2495	LEONARDO SARDO	M	39	69	02:13:30.64	02:12:42.32
672	2484	LUÍS SOBRAL	M	56	75	02:13:58.46	02:13:01.64
673	2570	JOSE MOREIRA	M	29	69	02:14:15.25	02:13:40.06
674	2190	OLGA GALVÃO	F	55	9	02:14:48.73	02:14:13.95SIMECQ
675	2064	FERNANDO FIÃES	M	54	80	02:14:51.12	02:14:51.12
676	2842	MIGUEL MARQUES	M	41	93	02:14:58.97	02:14:58.97INDIVIDUAL
677	2403	FABRIZIO COSSUTTA	M	33	70	02:15:06.54	02:14:11.77
678	2524	CLAUDIO CALVAO	M	43	94	02:15:11.10	02:14:49.37
679	2053	MANUEL PAULO	M	61	46	02:15:11.27	02:14:43.25RUN2FINISH.PT
680	2039	NATACHA MOUCO	F	25	37	02:15:38.44	02:14:37.95PANDAS GORDOS
681	2571	JOANNA PARAIZO	F	33	38	02:15:45.31	02:14:45.39
682	2594	ELISA CANÁRIO	F	34	39	02:15:45.43	02:15:45.43
683	2734	DANIELLE C HENRIQUEZ	F	29	40	02:16:17.82	02:15:21.98
684	2536	JOÃO FORTES	M	35	70	02:16:23.60	02:15:50.57
685	2373	MARIANA POMBINHO	F	26	41	02:16:26.59	02:16:02.50VALE DE MADEIROS
686	2637	BRUNO RODRIGUES	M	41	95	02:16:53.71	02:16:23.19SERVIÇOS SOCIAIS MONTEPIO
687	2639	JOÃO CARLOS SANTOS	M	38	71	02:16:54.11	02:16:23.43SERVIÇOS SOCIAIS MONTEPIO
688	2797	ANA RAMOS	F	44	45	02:16:54.37	02:16:13.07VDATLETAS
689	2428	RAÚL COSTA	M	58	76	02:16:59.26	02:16:54.14CLUBE ROBBIALAC
690	2697	DIOGO PINHEIRO	M	32	71	02:17:20.00	02:17:20.00
691	2632	ÁGNES KOPPÁNYI	F	33	42	02:17:22.74	02:16:26.00
692	2032	FRANCISCO SARRASQUEIRO	M	71	47	02:17:43.85	02:16:57.77CORRER LISBOA
693	2694	ANA CARACOL	F	51	44	02:18:13.04	02:17:17.35
694	2363	ANTÓNIO BILA	M	62	48	02:18:13.11	02:17:17.75CLUBE OLÍMPICO DE OEIRAS
695	2327	MANUEL DUARTE	M	53	81	02:18:17.38	02:17:58.23CLUBE DO STRESS
696	2811	CLÁUDIA TAM	F	37	46	02:18:22.40	02:17:23.58CCD TRANQUILIDADE
697	2254	GILBERTO GONÇALVES	M	70	49	02:18:23.41	02:18:01.31CLUBE ATLETISMO AMIGOS DE BELÉM
698	2043	GIULIA SENT	F	25	43	02:18:34.62	02:18:06.17
699	2560	RAQUEL MARQUES	F	44	47	02:18:41.49	02:18:15.69GDCT UNICRE
700	2088	PAULO MARQUES	M	51	82	02:18:41.54	02:18:18.00GDCT UNICRE
701	2422	SIMÃO SANTANA	M	41	96	02:18:45.56	02:18:08.11FIDELIDADE GDC

**14 ABR
2019**



**80ª ESTAFETA
CASCAIS-OEIRAS-LISBOA**



**20
KM**

702	2421	FRANCISCO PAULOS	M	41	97	02:18:45.61	02:18:09.06	FIDELIDADE GDC
703	2167	SHAHIN AMIRALI	M	35	72	02:18:53.35	02:17:58.67	BENFICA EM FORMA
704	2187	EDUARDO P S G LOPES	M	50	83	02:18:54.78	02:18:30.27	
705	2175	NUNO OLIVEIRA	M	42	98	02:19:09.36	02:18:10.07	
706	2095	DANIEL BEEN	M	48	114	02:19:21.50	02:18:22.43	
707	2875	MARCELO L CORREIA	M	51	84	02:19:38.53	02:19:22.85	INDIVIDUAL
708	2332	PAULO BARROSO	M	43	99	02:19:46.37	02:19:34.16	RUNNING FAMILY
709	2188	CELESTE ALMEIDA	F	49	45	02:19:57.26	02:19:37.98	SIMECQ
710	2226	SÓNIA RICARDO	F	41	48	02:20:40.03	02:19:54.11	
711	2762	SVETLANA KREKOTINA	F	36	49	02:22:02.61	02:21:19.16	
712	2429	JOSÉ VILELA	M	54	85	02:22:03.34	02:21:58.74	CLUBE ROBBIALAC
713	2710	MARCO SANTILLI	M	59	77	02:22:11.84	02:21:15.26	
714	2612	LUIGI ROSSI	M	69	50	02:22:54.43	02:22:06.92	
715	2008	JOANA DARC CHOURIÇO	F	56	10	02:23:55.96	02:23:40.92	RUNNING CLUB SANTA CASA
716	2243	ANTÓNIO ABRANTES	M	64	51	02:31:20.99	02:30:45.89	
717	2000	JOHNNY THOMASSEN	M	58	78	02:32:42.70	02:32:08.35	NORWAY
718	2532	ROSA REIS	F	62	11	02:33:26.70	02:32:40.33	
719	2604	LUIS LARA	M	69	52	02:35:59.09	02:35:09.11	
720	2317	RUI PEDRO SANTOS	M	49	115	02:37:07.72	02:36:28.95	PLMJ RUNNERS
721	2886	LAURA MEDINA	F	43	50	02:39:01.04	02:38:35.32	
722	2388	PAULO RODRIGUES	M	56	79	02:41:07.78	02:40:43.69	
723	2031	MARIO PIRES	M	60	53	02:51:27.08	02:50:29.69	INDIVIDUAL
724	2097	ROBIN BEEN	M	44	100	02:56:00.00	02:55:01.09	

Total de registros: 724