

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
1	1301	HERMANO FERREIRA	M	33	M0039	1	SPORTING CP	00:32:45	00:32:43
2	1362	DAVID LUIS	M	20	M0039	2	PORTUGAL TALENTUS	00:34:16	00:34:14
3	1365	ANDRE COSTA	M	25	M0039	3	INDIVIDUAL	00:34:29	00:34:27
4	1366	RICARDO FERNANDES	M	24	M0039	4	INDIVIDUAL	00:34:38	00:34:36
5	695	ANTONIO TRAVASSOS	M	44	M4044	1	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:35:10	00:35:07
6	163	MARCO CARDOSO	M	30	M0039	5	INDIVIDUAL	00:35:20	00:35:18
7	325	VANDERLEY SILVA	M	23	M0039	6	GD CHELAS	00:35:26	00:35:24
8	455	MARCO POVOA	M	40	M4044	2	CORREDORES DO ASFALTO	00:36:34	00:36:31
9	452	VASCO DUARTE	M	18	M0039	7	CORREDORES DO ASFALTO	00:37:40	00:37:38
10	144	JOÃO PEDRO	M	45	M4549	1	INDIVIDUAL	00:38:19	00:38:14
11	275	ANTÓNIO MESQUITA	M	38	M0039	8	INDIVIDUAL	00:38:19	00:38:16
12	8	JOAO VALHELHAS	M	44	M4044	3	CAMARA L CLUBE TRIATLO	00:38:20	00:38:17
13	699	CARLOS VIEGAS	M	48	M4549	2	SR CAMARNAL	00:39:07	00:39:05
14	471	JOAO P GAMEIRO	M	45	M4549	3	GAMEIRO & FILHOS	00:39:31	00:39:20
15	335	ORLANDO CORREIA	M	44	M4044	4	AB CAMPOLIDE	00:39:32	00:39:24
16	159	MANUEL B COSTA	M	59	M5559	1	CCDT METRO LX	00:39:36	00:39:31
17	462	RICARDO SIMÕES	M	51	M5054	1	ESC ATL CORRER CARTAXO	00:39:47	00:39:39
18	1363	JOAO FERREIRA	M	29	M0039	9	PORTUGAL TALENTUS	00:40:05	00:40:01
19	243	RUI M B OURO	M	38	M0039	10	CLUBE OGMA	00:40:10	00:39:42
20	1358	FERNANDO RODRIGUES	M	48	M4549	4	AMIGO VALE SILENCIO	00:40:10	00:40:08
21	461	MIGUEL HEITOR	M	27	M0039	11	CORRER LISBOA	00:40:12	00:40:12
22	157	ANTÓNIO GONÇALVES	M	51	M5054	2	CCDT METRO LX	00:40:18	00:40:12
23	460	PEDRO G CARDOSO	M	34	M0039	12	CORRER LISBOA	00:40:27	00:40:25
24	478	VALTER OLIVEIRA	M	38	M0039	13	GDCT IN CASA MOEDA	00:40:31	00:40:28
25	1357	AURELIO AGUIAR	M	61	M6099	1	AMIGOS VALE SILENCIO	00:40:45	00:40:45
26	670	MANUEL COSTA	M	39	M0039	14	PSP ALVERCA	00:41:06	00:41:04
27	1300	VITOR ANTUNES	M	42	M4044	5	SR CAMARNAL	00:41:10	00:41:06
28	697	JORGE R N GONÇALVES	M	47	M4549	5	SAMORUNNING	00:41:24	00:41:15
29	197	JOÃO S NUNES	M	52	M5054	3	OS AMIGOS DO TEJO	00:41:27	00:41:21
30	182	FIRMINO J OLIVEIRA	M	56	M5559	2	INDIVIDUAL	00:41:29	00:41:27
31	236	MÁRIO GOMES	M	46	M4549	6	AÇOREANA	00:41:30	00:41:23
32	613	EDGAR GEADA	M	51	M5054	4	LAGOAS HC	00:41:40	00:41:37
33	683	FILIFE OLIVEIRA	M	41	M4044	6	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:41:48	00:41:39
34	479	ORLANDO BARBOSA	M	58	M5559	3	GR JANZ E ASSOCIADOS	00:42:04	00:42:02
35	360	HÉLDER BEXIGA	M	47	M4549	7	ALVERCA URBAN RUNNERS	00:42:05	00:42:02
36	299	CESAR P ANDRADE	M	33	M0039	15	INDIVIDUAL	00:42:35	00:42:12
37	175	CARLOS PEDRO	M	45	M4549	8	EQUIPA	00:42:38	00:42:13
38	630	ANTÓNIO L MARTINS	M	50	M5054	5	NAV RUNNERS	00:42:39	00:42:33
39	369	JOSÉ ALEIXO	M	47	M4549	9	ALVERCA URBAN RUNNERS	00:42:43	00:42:43
40	1367	JORGE SILVA	M	48	M4549	10	INDIVIDUAL	00:42:52	00:42:42
41	426	CARLOS N DIAS	M	55	M5559	4	CLÍNICA SANTA MADALENA	00:42:54	00:42:49
42	376	LUIS PEREIRA	M	32	M0039	16	ALVERCA URBAN RUNNERS	00:42:56	00:42:52
43	40	SERGIO M R TEIXEIRA	M	41	M4044	7	INDIVIDUAL	00:43:04	00:42:58
44	476	NELSON PEREIRA	M	39	M0039	17	GAREHOTELRUNNING	00:43:14	00:42:56
45	56	FRANCISCO BORGES	M	37	M0039	18	ALVERCA URBAN RUNNERS	00:43:19	00:43:14

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
46	183	PAULO MATA	M	52	M5054	6	INDIVIDUAL	00:43:20	00:43:17
47	186	JOÃO ALVES	M	28	M0039	19	INDIVIDUAL	00:43:26	00:43:08
48	122	JOAO LOBO	M	29	M0039	20	GYDARUN	00:43:43	00:43:34
49	685	MÁRIO SEABRA	M	44	M4044	8	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:43:45	00:43:37
50	655	BRIGITTE CARDOSO	F	33	F0039	1	PORTUGAL TALENTUS	00:43:48	00:43:44
51	372	LUIS SANTOS	M	46	M4549	11	ALVERCA URBAN RUNNERS	00:43:52	00:43:48
52	287	CARLOS M MARQUES	M	37	M0039	21	INDIVIDUAL	00:44:01	00:43:44
53	165	NUNO SILVA	M	36	M0039	22	CARACÓIS DE PEDRA	00:44:02	00:43:58
54	12	PAULO J S TORRES	M	40	M4044	9	GAREHOTELRUNNING	00:44:03	00:43:44
55	266	MIGUEL T SOUSA	M	40	M4044	10	C COLAB AXA	00:44:10	00:43:58
56	91	DANIEL SILVA	M	56	M5559	5	CA ODIMARQ	00:44:13	00:44:13
57	537	CARLOS VIEIRA	M	32	M0039	23	INDIVIDUAL	00:44:14	00:43:55
58	292	RUI BRITO	M	50	M5054	7	BLOCK CONTROL	00:44:16	00:44:13
59	205	ALEXANDRE VIEGAS	M	36	M0039	24	INDIVIDUAL	00:44:19	00:44:09
60	625	PAULO RICARDO	M	26	M0039	25	MONTEIRO TEAM	00:44:20	00:44:01
61	676	LUCIANO SILVA	M	38	M0039	26	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:44:24	00:44:16
62	681	JOÃO GREGÓRIO	M	39	M0039	27	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:44:27	00:44:20
63	440	LUIS CARVALHO	M	41	M4044	11	CLUBE OGMA	00:44:28	00:44:12
64	623	RAFAEL LOURENÇO	M	42	M4044	12	MONTEIRO TEAM	00:44:33	00:44:15
65	291	JOÃO RAMOS	M	32	M0039	28	BLOCK CONTROL	00:44:34	00:44:31
66	355	JOÃO TEIXEIRA	M	36	M0039	29	ALVERCA URBAN RUNNERS	00:44:36	00:44:30
67	100	NELSON CUSTÓDIO	M	41	M4044	13	INDIVIDUAL	00:44:38	00:44:24
68	101	BRUNO CARDOSO	M	37	M0039	30	INDIVIDUAL	00:44:39	00:44:25
69	439	ANTÓNIO J CARNEIRO	M	48	M4549	12	CLUBE OGMA	00:44:42	00:44:40
70	2	HORÁCIO OLIVEIRA	M	41	M4044	14	AA SEIXAL	00:44:52	00:44:50
71	195	OZEIAS GESSO	M	39	M0039	31	INDIVIDUAL	00:44:57	00:44:36
72	608	RODRIGO OLIVEIRA	M	38	M0039	32	INDIVIDUAL	00:45:00	00:44:28
73	314	SANTOS GILBERTO	M	49	M4549	13	INDIVIDUAL	00:45:02	00:44:34
74	465	DAVID PEREIRA	M	35	M0039	33	FOGO À PEÇA	00:45:05	00:44:55
75	399	LUIS SOARES	M	49	M4549	14	APOGMA	00:45:09	00:44:50
76	272	RUI M C VALE	M	35	M0039	34	INDIVIDUAL	00:45:11	00:45:07
77	233	RICARDO PEREIRA	M	38	M0039	35	INDIVIDUAL	00:45:18	00:45:00
78	528	RUI P RODRIGUES	M	41	M4044	15	INDIVIDUAL	00:45:19	00:45:15
79	379	ANTÓNIO GONÇALVES	M	54	M5054	8	ALVERCA URBAN RUNNERS	00:45:27	00:45:21
80	526	ADRIANO GOMINHO	M	50	M5054	9	INDIVIDUAL	00:45:35	00:45:17
81	501	JOSE AMARO	M	39	M0039	36	INDIVIDUAL	00:45:36	00:45:36
82	546	LUIS M A RODRIGUES	M	46	M4549	15	INDIVIDUAL	00:45:43	00:45:20
83	375	RICARDO CAPELO	M	31	M0039	37	ALVERCA URBAN RUNNERS	00:45:44	00:45:37
84	391	JOSÉ A MARTINS	M	53	M5054	10	AMINHACORRIDA/KALENJI	00:45:45	00:45:42
85	250	CARLOS DUARTE	M	39	M0039	38	CD OS ÁGUIAS TRAIL/RUNNING	00:45:46	00:45:35
86	431	BEATRIZ FERNANDES	F	47	F4549	1	CLÍNICA SANTA MADALENA	00:45:46	00:45:42
87	9	MIGUEL VELEZ	M	52	M5054	11	CAMARA L CLUBE TRIATLO	00:45:50	00:45:47
88	181	JOÃO TORRES	M	19	M0039	39	GAREHOTELRUNNING	00:45:51	00:45:34
89	279	CARLOS J C BENTO	M	41	M4044	16	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:45:52	00:45:45
90	409	NUNO COSTA	M	42	M4044	17	CAD A CORRER	00:45:53	00:45:36

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
91	21	PEDRO RIBEIRO	M	41	M4044	18	ALVERCA URBAN RUNNERS	00:45:53	00:45:48
92	347	EDUARDO COELHO	M	33	M0039	40	ADRC MATA BENFICA	00:45:55	00:45:40
93	557	PATRICK MAGALHÃES	M	33	M0039	41	INDIVIDUAL	00:46:08	00:45:38
94	1352	SERGIO DUARTE	M	33	M0039	42	INDIVIDUAL	00:46:11	00:45:54
95	89	FILIFE ARCADINHO	M	36	M0039	43	PAIEFILHO	00:46:11	00:45:58
96	7	IVO NOGUEIRA	M	30	M0039	44	CAMARA L CLUBE	00:46:17	00:45:47
97	1347	LICINIO FIDALGO	M	56	M5559	6	CAMARA L CLUBE TRIATLO	00:46:18	00:45:49
98	1346	PAULO SANTOS	M	50	M5054	12	CAMARA L CLUBE TRIATLO	00:46:18	00:45:48
99	631	TIAGO LOURENÇO	M	22	M0039	45	NO MORE EXCUSES SOCIETY	00:46:22	00:46:07
100	10	JOÃO VEIGA	M	48	M4549	16	INDIVIDUAL	00:46:28	00:46:13
101	592	MARCIO NETO	M	36	M0039	46	INDIVIDUAL	00:46:30	00:46:18
102	518	CARLOS MARQUES	M	45	M4549	17	INDIVIDUAL	00:46:32	00:46:32
103	127	FLÁVIO AMORIM	M	27	M0039	47	GYDARUN	00:46:37	00:46:28
104	1309	LUIS F E VICTÓRIA	M	37	M0039	48	TERTULIA DO Nº6	00:46:40	00:46:09
105	524	EDUARDO MARQUES	M	30	M0039	49	INDIVIDUAL	00:46:42	00:46:35
106	315	RICARDO MENDES	M	27	M0039	50	INDIVIDUAL	00:46:45	00:46:33
107	187	ANTÓNIO ALVES	M	55	M5559	7	INDIVIDUAL	00:46:55	00:46:37
108	380	LUIS M B POTRA	M	36	M0039	51	ALVERCA URBAN RUNNERS	00:46:57	00:46:47
109	437	NUNO PEREIRA	M	40	M4044	19	CLUBE OGMA	00:47:00	00:46:44
110	429	JOÃO P PINTO	M	37	M0039	52	CLÍNICA SANTA MADALENA	00:47:03	00:46:50
111	368	JOÃO PINTO	M	34	M0039	53	ALVERCA URBAN RUNNERS	00:47:12	00:47:07
112	443	PEDRO FERREIRA	M	38	M0039	54	CLUBE ROBBIALAC	00:47:15	00:47:09
113	337	RUI RODRIGUES	M	50	M5054	13	AB CAMPOLIDE	00:47:20	00:47:15
114	552	DIOGO MEDROA	M	18	M0039	55	INDIVIDUAL	00:47:21	00:47:06
115	309	JOAQUIM SILVA	M	44	M4044	20	GINJINHA RUNNERS	00:47:23	00:46:41
116	173	CARLOS VIDAIS	M	42	M4044	21	ATLÉTICO VIA RARA	00:47:25	00:47:25
117	694	SÉRGIO SILVA	M	42	M4044	22	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:47:27	00:47:22
118	669	RICARDO TAVARES	M	34	M0039	56	PSP ALVERCA	00:47:32	00:47:20
119	30	LUÍS M RIBEIRO	M	42	M4044	23	INDIVIDUAL	00:47:32	00:47:28
120	346	VIRGILIO O OLIVEIRA	M	55	M5559	8	ADCR PJ	00:47:32	00:47:32
121	390	CIDÁLIA MARTINS	F	51	F5054	1	AMINHACORRIDA/KALENJI	00:47:33	00:47:30
122	665	SERGIO GONÇALVES	M	42	M4044	24	PSP ALVERCA	00:47:33	00:47:25
123	677	ARNALDO ROLO	M	50	M5054	14	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:47:34	00:47:28
124	94	JOSE MAGALHAES	M	62	M6099	2	GD INE	00:47:39	00:47:23
125	247	MÁRIO SÁ	M	36	M0039	57	TREINO PERSONALIZADO COM MÁRIO SÁ	00:47:41	00:47:17
126	133	FERNANDO M LOPES	M	44	M4044	25	GIL EANES RUNNING	00:47:41	00:47:17
127	134	FILIFE BRANCO	M	34	M0039	58	GIL EANES RUNNING	00:47:41	00:47:16
128	249	SERGIO PIRES	M	40	M4044	26	INDIVIDUAL	00:47:42	00:47:19
129	1318	SANDRO TEIXEIRA	M	27	M0039	59	U JUV ALVERCA	00:47:42	00:47:14
130	333	TIAGO CORREIA	M	26	M0039	60	AB CAMPOLIDE	00:47:43	00:47:19
131	44	VASCO MATOS	M	39	M0039	61	CUCAS RUNNERS	00:47:43	00:47:22
132	318	NUNO SILVA	M	43	M4044	27	INDIVIDUAL	00:47:44	00:47:18
133	298	ILISITO FERREIRA	M	32	M0039	62	CAD A CORRER	00:47:47	00:47:29
134	661	JORGE M P FIGUEIREDO	M	51	M5054	15	PORTUGAL TALENTUS	00:47:52	00:47:19
135	332	PEDRO MARTINS	M	23	M0039	63	AB CAMPOLIDE	00:47:54	00:47:31

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
136	345	EURICO GOMES	M	53	M5054	16	ADCR PJ	00:47:54	00:47:40
137	401	EDUARDO PEREIRA	M	30	M0039	64	AS FANTASTICAS	00:47:58	00:47:31
138	6	IVAN COSTA	M	27	M0039	65	CAMARA L CLUBE TRIATLO	00:47:59	00:47:29
139	108	EDGAR ANASTÁCIO	M	51	M5054	17	GYDARUN	00:48:00	00:47:52
140	398	CARLOS SOUSA	M	48	M4549	18	APOGMA	00:48:02	00:47:36
141	523	CLÁUDIO DIAS	M	42	M4044	28	INDIVIDUAL	00:48:05	00:47:53
142	686	VITOR PEREIRA	M	40	M4044	29	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:48:11	00:48:03
143	46	PAULO TRIGO	M	37	M0039	66	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:48:13	00:48:06
144	365	PAULO A O LOPES	M	35	M0039	67	ALVERCA URBAN RUNNERS	00:48:13	00:48:10
145	577	TIAGO ANTUNES	M	36	M0039	68	INDIVIDUAL	00:48:18	00:48:07
146	216	JOÃO L A COSTA	M	28	M0039	69	INDIVIDUAL	00:48:22	00:47:39
147	301	JOAO P SANTOS	M	32	M0039	70	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:48:25	00:48:07
148	356	LUÍS F P SANTOS	M	47	M4549	19	ALVERCA URBAN RUNNERS	00:48:26	00:48:22
149	27	GONÇALO GUIOMAR	M	22	M0039	71	CUCAS RUNNERS	00:48:29	00:48:08
150	48	PAULO J R JESUS	M	48	M4549	20	INDIVIDUAL	00:48:33	00:48:19
151	196	LUIS F B ISIDORO	M	32	M0039	72	INDIVIDUAL	00:48:34	00:48:14
152	252	SÓNIA A F ALMEIDA	F	38	F0039	2	GYDARUN	00:48:35	00:48:26
153	447	MANUEL MEXIA	M	50	M5054	18	CLUBE TAP PORTUGAL	00:48:39	00:47:50
154	303	FERNANDO SILVEIRO	M	47	M4549	21	FC ESTRELAS LISBOA	00:48:42	00:48:28
155	511	ISIDRO CARVALHO	M	45	M4549	22	INDIVIDUAL	00:48:43	00:48:25
156	475	FERNANDO F TORRES	M	53	M5054	19	GAREHOTELRUNNING	00:48:43	00:48:30
157	184	CARLOS FRANÇA	M	37	M0039	73	INDIVIDUAL	00:48:50	00:48:33
158	152	FREDERICO PACHECO	M	34	M0039	74	INDIVIDUAL	00:48:54	00:48:26
159	554	FRANCISCO J L PASSOS	M	54	M5054	20	INDIVIDUAL	00:48:58	00:48:43
160	593	JOSE NETO	M	59	M5559	9	INDIVIDUAL	00:49:01	00:48:48
161	288	JOÃO FIALHO	M	37	M0039	75	CCD-AT	00:49:06	00:48:36
162	612	ANA C FRUTUOSO	F	42	F4044	1	LAGOAS HC	00:49:06	00:48:57
163	424	SÉRGIO TAVARES	M	33	M0039	76	CCD CRÉDITO AGRÍCOLA MÚTUO	00:49:08	00:48:37
164	411	CARLOS MARTINHO	M	46	M4549	23	CAD A CORRER	00:49:09	00:48:52
165	306	NELSON GOMES	M	38	M0039	77	INDIVIDUAL	00:49:12	00:48:46
166	305	RENATO GOMES	M	38	M0039	78	INDIVIDUAL	00:49:13	00:48:47
167	406	DIAMANTINO GAMITO	M	50	M5054	21	ATLETICO VIA RARA	00:49:13	00:48:48
168	304	CAMILA GOMES	F	34	F0039	3	INDIVIDUAL	00:49:13	00:48:46
169	257	DOMINGOS SANTOS	M	57	M5559	10	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:49:16	00:49:07
170	199	ALBINO C P LOPES	M	36	M0039	79	INDIVIDUAL	00:49:20	00:48:57
171	353	FERNANDO PEDRO	M	42	M4044	30	ALVERCA URBAN RUNNERS	00:49:21	00:49:17
172	34	PAULO S A VIEIRA	M	43	M4044	31	ALVERCA URBAN RUNNERS	00:49:21	00:49:15
173	580	PEDRO PEREIRA	M	37	M0039	80	INDIVIDUAL	00:49:21	00:49:00
174	438	JOAO QUELHAS	M	41	M4044	32	CLUBE OGMA	00:49:24	00:48:56
175	674	MIGUEL Â CRUZ	M	46	M4549	24	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:49:24	00:49:18
176	242	NUNO R D SERRÃO	M	33	M0039	81	INDIVIDUAL	00:49:26	00:49:04
177	531	JORGE M ALEIXO	M	41	M4044	33	INDIVIDUAL	00:49:26	00:49:05
178	137	ANTONIO GONCALVES	M	31	M0039	82	LE CLUB RUNNERS	00:49:29	00:49:13
179	510	VITOR SANTOS	M	36	M0039	83	INDIVIDUAL	00:49:31	00:49:04
180	321	DANIEL MOURÃO	M	62	M6099	3	INDIVIDUAL	00:49:31	00:49:23

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
181	341	MANUEL MARTINS	M	59	M5559	11	AB CAMPOLIDE	00:49:32	00:49:09
182	141	YANNICK PEDROSA	M	24	M0039	84	FORTES ISEL	00:49:33	00:49:09
183	273	MANUEL G ALVES	M	58	M5559	12	INDIVIDUAL	00:49:34	00:48:55
184	1324	JOÃO VALÉRIO	M	44	M4044	34	URBAN TRAIL SAMORA CORREIA	00:49:35	00:49:17
185	638	CARLOS SOUSA	M	59	M5559	13	OS PERIGOSOS	00:49:43	00:49:25
186	194	RENATO FILHO	M	40	M4044	35	INDIVIDUAL	00:49:47	00:49:17
187	71	CARLOS F L F CORREIA	M	30	M0039	85	INDIVIDUAL	00:49:49	00:49:43
188	69	PAULO J G MARQUES	M	31	M0039	86	INDIVIDUAL	00:49:53	00:49:53
189	222	NUNO SANTOS	M	42	M4044	36	CLUBE OGMA	00:49:54	00:49:26
190	464	NUNO LOPES	M	41	M4044	37	FC ESTRELAS LISBOA	00:50:04	00:49:31
191	1308	PEDRO M PEREIRA	M	40	M4044	38	TERTULIA DO N°6	00:50:11	00:49:40
192	125	SOFIA GASPAR	F	32	F0039	4	INDIVIDUAL	00:50:13	00:50:00
193	126	BRUNO GASPAR	M	40	M4044	39	INDIVIDUAL	00:50:13	00:49:59
194	543	PAULO CARDOSO	M	38	M0039	87	INDIVIDUAL	00:50:15	00:49:55
195	104	RICARDO CAMPOS	M	40	M4044	40	CCD-AT	00:50:17	00:49:49
196	338	MANUEL FONSECA	M	52	M5054	22	AB CAMPOLIDE	00:50:17	00:50:14
197	354	NUNO MOREIRA	M	34	M0039	88	ALVERCA URBAN RUNNERS	00:50:18	00:50:14
198	422	NUNO SIMÕES	M	38	M0039	89	CCD CRÉDITO AGRÍCOLA MÚTUO	00:50:19	00:49:49
199	394	MARIO RAMOS	M	57	M5559	14	APOGMA	00:50:20	00:49:53
200	651	MARTA ANDRADE	F	41	F4044	2	PORTUGAL TALENTUS	00:50:21	00:49:47
201	149	RUI GRAÇA	M	53	M5054	23	CCD CRÉDITO AGRÍCOLA MÚTUO	00:50:25	00:50:03
202	189	JOSE PIRE LOPES	M	58	M5559	15	INDIVIDUAL	00:50:27	00:50:05
203	168	PAULO TAVARES	M	38	M0039	90	HAPPY FEET	00:50:32	00:50:03
204	161	NUNO PITA	M	40	M4044	41	CCDT METRO LX	00:50:33	00:49:59
205	696	SUSANA FRAZÃO	F	34	F0039	5	SAMORUNNING	00:50:34	00:50:15
206	300	NUNO NUNES	M	41	M4044	42	CCD-AT	00:50:35	00:50:06
207	636	MÁRIO LOPES	M	47	M4549	25	OS PERIGOSOS	00:50:35	00:50:16
208	451	VIRGINIA DUARTE	F	52	F5054	2	CORREDORES DO ASFALTO	00:50:35	00:50:23
209	637	JOSÉ HENRIQUES	M	61	M6099	4	OS PERIGOSOS	00:50:35	00:50:22
210	639	JOSÉ BELCHIOR	M	64	M6099	5	OS PERIGOSOS	00:50:35	00:50:17
211	18	RUI NEVES	M	27	M0039	91	CUCAS RUNNERS	00:50:37	00:50:13
212	130	VITOR RAMOS	M	35	M0039	92	ZATOPEQUES	00:50:37	00:50:14
213	542	JOÃO SILVA	M	46	M4549	26	INDIVIDUAL	00:50:38	00:50:07
214	77	PAULO J J HENRIQUES	M	41	M4044	43	FAMILIA HENRIQUES	00:50:45	00:50:11
215	284	ANTONIO MELGAO	M	36	M0039	93	INDIVIDUAL	00:50:49	00:50:25
216	1302	BRUNO DIAS	M	39	M0039	94	SS CGD	00:50:49	00:50:15
217	521	JOÃO C L PINTO	M	22	M0039	95	INDIVIDUAL	00:50:56	00:50:56
218	654	ISABEL RODRIGUES	F	45	F4549	2	PORTUGAL TALENTUS	00:50:57	00:50:23
219	139	VÁLTER BAPTISTA	M	24	M0039	96	FORTES ISEL	00:50:59	00:50:33
220	92	RUI REIS	M	38	M0039	97	INDIVIDUAL	00:51:02	00:50:25
221	179	NUNO SEABRA	M	43	M4044	44	EQUIPA	00:51:03	00:50:40
222	177	FERNANDO COELHO	M	51	M5054	24	EQUIPA	00:51:03	00:50:39
223	176	CARLOS SILVA	M	51	M5054	25	EQUIPA	00:51:03	00:50:40
224	490	TIAGO F SILVA	M	38	M0039	98	INDIVIDUAL	00:51:05	00:50:20
225	590	RICARDO LOPES	M	36	M0039	99	INDIVIDUAL	00:51:07	00:50:49

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
226	358	LUIS A CAMPOS	M	66	M6099	6	ALVERCA URBAN RUNNERS	00:51:09	00:51:05
227	453	RUI MAIA	M	37	M0039	100	CORREDORES DO ASFALTO	00:51:10	00:50:48
228	109	PAULO NICOLAU	M	48	M4549	27	GYDARUN	00:51:14	00:51:05
229	412	PEDRO CARVALHO	M	31	M0039	101	CAD A CORRER	00:51:15	00:50:58
230	171	CARLOS CORREIA	M	50	M5054	26	ATLÉTICO VIA RARA	00:51:16	00:50:50
231	81	HUGO MAGALHÃES	M	44	M4044	45	CLUBE VODAFONE	00:51:22	00:51:12
232	231	RUI M R PERDIGAO	M	33	M0039	102	INDIVIDUAL	00:51:40	00:51:27
233	142	CARLOS A M ALMEIDA	M	59	M5559	16	INDIVIDUAL	00:51:40	00:51:36
234	666	JOAO CRUZ	M	31	M0039	103	PSP ALVERCA	00:51:41	00:51:30
235	170	JOÃO SIMÕES	M	29	M0039	104	HAPPY FEET	00:51:42	00:51:12
236	19	PEDRO SANTOS	M	40	M4044	46	CUCAS RUNNERS	00:51:46	00:51:25
237	262	NUNO TAXEIRO	M	31	M0039	105	CORRERCORIAN	00:51:47	00:51:26
238	626	ISABEL FERNANDES	F	41	F4044	3	MONTEIRO TEAM	00:51:48	00:51:25
239	97	SARA GABRIEL	F	26	F0039	6	INDIVIDUAL	00:51:52	00:51:46
240	276	CATARINA FERREIRA	F	32	F0039	7	PORTUGAL TALENTUS	00:51:56	00:51:43
241	209	TELMO TORRES	M	33	M0039	106	GAREHOTELRUNNING	00:52:01	00:51:37
242	454	EZEQUIEL BARATA	M	52	M5054	27	CORREDORES DO ASFALTO	00:52:03	00:52:00
243	239	HUGO MOISÉS	M	34	M0039	107	GFD RUNNING	00:52:04	00:51:30
244	237	JOSE MIRANDA	M	50	M5054	28	GFD RUNNING	00:52:04	00:51:30
245	198	ANABELA CARVALHO	F	36	F0039	8	OS AMIGOS DO TEJO	00:52:06	00:52:01
246	688	ZELUIS DOMINGOS	M	50	M5054	29	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:52:09	00:52:03
247	327	TIAGO RODRIGUES	M	18	M0039	108	A VALE SILENCIO	00:52:12	00:51:57
248	545	JOANA RIBEIRO	F	22	F0039	9	INDIVIDUAL	00:52:13	00:51:37
249	188	JORGE BORGES	M	39	M0039	109	INDIVIDUAL	00:52:14	00:51:55
250	1360	GUSTAVO TEIXEIRA	M	36	M0039	110	IL PIZZAIOLLO	00:52:15	00:52:04
251	14	IGOR BATISTA	M	31	M0039	111	CORREDORES DA ADEGA	00:52:16	00:51:33
252	671	SÉRGIO FERREIRA	M	39	M0039	112	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:52:16	00:52:04
253	384	DAVID SARAIVA	M	33	M0039	113	ALVERCA URBAN RUNNERS	00:52:19	00:52:10
254	351	LINO SILVA	M	43	M4044	47	ALVERCA URBAN RUNNERS	00:52:21	00:52:15
255	227	LUIS M B POTRA	M	36	M0039	114	ALVERCA URBAN RUNNERS	00:52:21	00:52:12
256	352	ALEXANDRE SILVA	M	16	M0039	115	ALVERCA URBAN RUNNERS	00:52:21	00:52:15
257	540	PAULO DIAS	M	51	M5054	30	INDIVIDUAL	00:52:22	00:52:17
258	473	SILVIA .	F	39	F0039	10	GAMEIRO & FILHOS	00:52:27	00:52:23
259	646	CARLOS M F MACHADO	M	40	M4044	48	PEPE RÁPIDO	00:52:34	00:52:10
260	88	VERA L A M PEREIRA	F	36	F0039	11	C BENFICA VENDAS NOVAS	00:52:37	00:52:25
261	29	ALBERTINO NETO	M	45	M4549	28	CUCAS RUNNERS	00:52:37	00:52:15
262	64	TIAGO CARREIRO	M	35	M0039	116	INDIVIDUAL	00:52:44	00:52:15
263	481	MARIA CORREIA	F	43	F4044	4	GYDARUN	00:52:45	00:52:37
264	162	RUI ALVES	M	41	M4044	49	GYDARUN	00:52:46	00:52:37
265	548	CESAR D D SILVESTRE	M	39	M0039	117	INDIVIDUAL	00:52:52	00:52:20
266	213	BRUNO SANTOS	M	24	M0039	118	GYDARUN	00:52:57	00:52:45
267	642	CATARINA COUTO	F	33	F0039	12	OS PERIGOSOS	00:52:59	00:52:11
268	224	ALFREDO NOTARIO	M	46	M4549	29	INDIVIDUAL	00:52:59	00:52:47
269	1312	JOÃO P ALCOBIA	M	45	M4549	30	TMAR RUNNERS	00:53:00	00:52:20
270	256	PAULO SILVESTRE	M	46	M4549	31	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:53:00	00:52:51

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
271	359	HELENA PINTO	F	38	F0039	13	ALVERCA URBAN RUNNERS	00:53:02	00:52:57
272	350	RICARDO J L MATOS	M	44	M4044	50	ALVERCA URBAN RUNNERS	00:53:03	00:53:00
273	363	PEDRO SANTOS	M	38	M0039	119	ALVERCA URBAN RUNNERS	00:53:03	00:52:56
274	244	GASPAR LANEIRO	M	56	M5559	17	SARDINHA & GASPAR	00:53:16	00:53:13
275	295	DAVID CHARRINHO	M	33	M0039	120	INDIVIDUAL	00:53:19	00:52:58
276	63	SANDRA SILVA	F	44	F4044	5	INDIVIDUAL	00:53:21	00:52:54
277	1359	JOSE PINTO	M	34	M0039	121	INDIVIDUAL	00:53:21	00:52:58
278	684	VANDA MONTEIRO	F	37	F0039	14	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:53:23	00:53:18
279	42	ANTÓNIO PEREIRA	M	42	M4044	51	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:53:31	00:53:11
280	271	LUÍS MENDONÇA	M	33	M0039	122	INDIVIDUAL	00:53:34	00:53:06
281	270	JOÃO BORGES	M	52	M5054	31	INDIVIDUAL	00:53:35	00:53:06
282	1364	VITOR LUIS	M	42	M4044	52	INDIVIDUAL	00:53:36	00:53:18
283	128	JOSÉ MARQUES	M	55	M5559	18	GYDARUN	00:53:37	00:53:27
284	140	GONÇALO BARATA	M	23	M0039	123	FORTES ISEL	00:53:42	00:53:17
285	420	ANTÓNIO FERREIRA	M	40	M4044	53	CARLA CAIXAO	00:53:44	00:53:33
286	200	JOÃO P S LIMA	M	56	M5559	19	4 AO KM	00:53:44	00:53:10
287	148	MIGUEL VINAGRE	M	40	M4044	54	CCD CRÉDITO AGRÍCOLA MÚTUO	00:53:45	00:53:11
288	502	AMERICO VAZ	M	61	M6099	7	INDIVIDUAL	00:53:47	00:53:18
289	1356	JOAO CARDOSO	M	50	M5054	32	INDIVIDUAL	00:53:53	00:53:29
290	573	SOFIA LÚCIO	F	32	F0039	15	INDIVIDUAL	00:53:55	00:53:50
291	90	LUIS ARCADINHO	M	64	M6099	8	PAIEFILHO	00:53:58	00:53:32
292	240	SARA VIDAL	F	28	F0039	16	INDIVIDUAL	00:53:59	00:53:41
293	241	MÁRCIA SANTOS	F	33	F0039	17	INDIVIDUAL	00:53:59	00:53:40
294	289	HELDER NUNES	M	37	M0039	124	INDIVIDUAL	00:53:59	00:53:40
295	553	LUIS M M FERREIRA	M	61	M6099	9	INDIVIDUAL	00:54:00	00:53:46
296	38	MARTA MESSIAS	F	26	F0039	18	ALVERCA URBAN RUNNERS	00:54:02	00:53:58
297	627	IVAN GOMES	M	24	M0039	125	MONTEIRO TEAM	00:54:04	00:53:57
298	538	ANGELO FERREIRA	M	51	M5054	33	INDIVIDUAL	00:54:04	00:53:26
299	392	PAULO PIRES	M	51	M5054	34	APOGMA	00:54:09	00:53:44
300	418	NELSON SOUSA	M	34	M0039	126	CARLA CAIXAO	00:54:09	00:54:00
301	574	FILOMENA SANTO	F	46	F4549	3	INDIVIDUAL	00:54:10	00:53:38
302	515	DAVID FORTUNATO	M	24	M0039	127	INDIVIDUAL	00:54:25	00:53:59
303	93	CARLA LOPES	F	43	F4044	6	GD INE	00:54:29	00:54:13
304	307	ANA SANTOS	F	39	F0039	19	INDIVIDUAL	00:54:35	00:54:09
305	397	HELDER GANDARINHO	M	47	M4549	32	APOGMA	00:54:38	00:54:11
306	393	JOSÉ ANDRÉ	M	60	M6099	10	APOGMA	00:54:39	00:54:14
307	441	RAÚL COSTA	M	55	M5559	20	CLUBE ROBBIALAC	00:54:45	00:54:38
308	673	RUI ALMEIDA	M	40	M4044	55	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:54:50	00:54:40
309	423	LUISA MOURÃO	F	36	F0039	20	CCD CRÉDITO AGRÍCOLA MÚTUO	00:54:51	00:54:19
310	131	PEDRO MACHADO	M	41	M4044	56	INDIVIDUAL	00:54:51	00:54:17
311	67	JOSÉ F MARTINS	M	41	M4044	57	INDIVIDUAL	00:54:54	00:54:39
312	591	RUI T V CARREIRO	M	32	M0039	128	INDIVIDUAL	00:54:55	00:54:18
313	169	DANIEL NASCIMENTO	M	26	M0039	129	HAPPY FEET	00:54:56	00:54:27
314	386	JOEL O PIRES	M	34	M0039	130	ALVERCA URBAN RUNNERS	00:54:58	00:54:47
315	633	JOAO RANGEL	M	37	M0039	131	OS BORA LA	00:55:00	00:54:43

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
316	450	LUIS BATISTA	M	34	M0039	132	CORREDORES DA ADEGA	00:55:02	00:54:19
317	147	JOÃO PEREIRA	M	43	M4044	58	CCD CRÉDITO AGRÍCOLA MÚTUO	00:55:02	00:54:27
318	561	FILIPA FERRO	F	38	F0039	21	INDIVIDUAL	00:55:02	00:54:47
319	1340	DELIO CHARRUA	M	33	M0039	133	O PRATICANTE	00:55:07	00:54:59
320	23	ANTONIO M S M VILELA	M	48	M4549	33	INDIVIDUAL	00:55:07	00:54:36
321	326	NEVES SILVA	M	63	M6099	11	C FERROV PORTUGAL	00:55:08	00:54:41
322	539	CHEILA F DIAS	F	28	F0039	22	INDIVIDUAL	00:55:11	00:55:05
323	643	NUNO MENDES	M	42	M4044	59	OS PRIMOS E AMIGOS	00:55:11	00:54:56
324	541	ALEXANDRE MEDROA	M	48	M4549	34	INDIVIDUAL	00:55:11	00:54:56
325	297	FERNANDO J MATIAS	M	59	M5559	21	C COLAB AXA	00:55:13	00:55:00
326	263	MAURO F P AMENDOA	M	31	M0039	134	ALVERCA URBAN RUNNERS	00:55:13	00:54:32
327	68	JOSÉ T MARTINS	M	19	M0039	135	INDIVIDUAL	00:55:16	00:55:00
328	107	CARLA SILVA	F	43	F4044	7	GYDARUN	00:55:19	00:55:11
329	458	RITA AFONSO	F	30	F0039	23	CORRER LISBOA	00:55:20	00:55:06
330	120	PAULO APARÍCIO	M	41	M4044	60	GYDARUN	00:55:20	00:55:12
331	172	JOSÉ CORREIA	M	58	M5559	22	ATLÉTICO VIA RARA	00:55:24	00:54:57
332	470	SARA .	F	40	F4044	8	GAMEIRO & FILHOS	00:55:29	00:55:06
333	55	LUÍS BOLETO	M	39	M0039	136	INDIVIDUAL	00:55:30	00:55:12
334	616	ANA GONÇALVES	F	35	F0039	24	MALVA GIRAS	00:55:34	00:55:23
335	362	LUÍSA BARBOSA	F	45	F4549	4	ALVERCA URBAN RUNNERS	00:55:34	00:55:14
336	57	HELDER LOURENÇO	M	44	M4044	61	ALVERCA URBAN RUNNERS	00:55:35	00:55:25
337	290	FERNANDO CURTO	M	46	M4549	35	INDIVIDUAL	00:55:42	00:55:23
338	549	PAULA ÁLVARO	F	42	F4044	9	INDIVIDUAL	00:55:46	00:55:09
339	264	SERGIO CARVALHO	M	43	M4044	62	CCD CRÉDITO AGRÍCOLA MÚTUO	00:55:48	00:55:15
340	1310	RUI VICENTE	M	42	M4044	63	TERTULIA DO Nº6	00:56:02	00:55:30
341	1313	FERNANDO MARTINS	M	51	M5054	35	TRIOODEMIRA	00:56:03	00:55:47
342	579	JOÃO FERNANDES	M	27	M0039	137	INDIVIDUAL	00:56:08	00:55:26
343	24	NUNO SILVA	M	39	M0039	138	URBAN TRAIL SAMORA CORREIA	00:56:11	00:55:51
344	58	SÓNIA CRUZ	F	40	F4044	10	CORRER LISBOA	00:56:11	00:55:56
345	167	FILIPA DAVID	F	26	F0039	25	HAPPY FEET	00:56:12	00:55:43
346	634	HELDER VALADAS	M	35	M0039	139	OS PERIGOSOS	00:56:14	00:55:27
347	649	FRANCISCO VELOSO	M	55	M5559	23	PIRATAS DO TEJO	00:56:15	00:55:46
348	121	LUIS CORREIA	M	32	M0039	140	INDIVIDUAL	00:56:25	00:55:55
349	370	RITA FIGUEIREDO	F	31	F0039	26	ALVERCA URBAN RUNNERS	00:56:25	00:56:19
350	581	PEDRO BISPO	M	36	M0039	141	INDIVIDUAL	00:56:25	00:55:55
351	39	FERNANDO BICHO	M	48	M4549	36	INDIVIDUAL	00:56:28	00:56:00
352	348	RICARDO TEODORO	M	35	M0039	142	ÁGUIAS RIBATEJANAS	00:56:32	00:56:21
353	349	ANTÓNIO TEODORO	M	69	M6099	12	ÁGUIAS RIBATEJANAS	00:56:33	00:56:22
354	232	RICARDO M S SIMÕES	M	38	M0039	143	INDIVIDUAL	00:56:38	00:56:08
355	1327	BRUNO FELIX	M	30	M0039	144	URBANOS	00:56:39	00:56:08
356	53	JORGE DIAS	M	49	M4549	37	INDIVIDUAL	00:56:46	00:56:32
357	26	JORGE FERNANDES	M	39	M0039	145	OS 2	00:56:46	00:56:11
358	145	ANTÓNIO J AMARAL	M	49	M4549	38	CCD CRÉDITO AGRÍCOLA MÚTUO	00:56:52	00:56:29
359	191	NUNO MATEUS	M	40	M4044	64	INDIVIDUAL	00:56:56	00:56:15
360	129	NUNO MACHADO	M	40	M4044	65	INDIVIDUAL	00:56:56	00:56:24

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
361	514	FERNANDO A VERGAMOTA	M	61	M6099	13	INDIVIDUAL	00:57:01	00:56:37
362	400	CARLOS ALBERTO	M	48	M4549	39	AS BOAZONAS	00:57:01	00:56:44
363	248	DOMINGOS C L MOREIRA	M	73	M6099	14	INDIVIDUAL	00:57:02	00:56:51
364	1316	HENRIQUE FALAGUEIRA	M	37	M0039	146	U JUV ALVERCA	00:57:05	00:56:38
365	1320	BRUNO REIS	M	27	M0039	147	U JUV ALVERCA	00:57:05	00:56:37
366	488	PATRICIA L MARQUES	F	35	F0039	27	INDIVIDUAL	00:57:05	00:56:40
367	1319	ANDRE GASPAR	M	28	M0039	148	U JUV ALVERCA	00:57:07	00:56:37
368	506	JOSÉ C A REGO	M	62	M6099	15	INDIVIDUAL	00:57:07	00:56:26
369	274	CLÁUDIA A V ALVES	F	20	F0039	28	INDIVIDUAL	00:57:11	00:56:30
370	493	CLAUDIA CRUZ	F	27	F0039	29	INDIVIDUAL	00:57:17	00:56:47
371	1	CRISTINA ROCHA	F	34	F0039	30	INDIVIDUAL	00:57:18	00:56:42
372	87	PEDRO N R MIRANDA	M	33	M0039	149	ALVERCA URBAN RUNNERS	00:57:26	00:57:20
373	693	ANTÓNIO A N EVARISTO	M	51	M5054	36	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:57:27	00:57:10
374	589	JOSÉ A VITORINO	M	68	M6099	16	INDIVIDUAL	00:57:27	00:57:07
375	143	JOAO CUNHA	M	47	M4549	40	INDIVIDUAL	00:57:30	00:57:30
376	118	HUGO GATOS	M	32	M0039	150	INDIVIDUAL	00:57:31	00:56:46
377	132	Mª CIDÁLIA RIBEIRO	F	37	F0039	31	INDIVIDUAL	00:57:32	00:57:32
378	565	DENISE FERNANDES	F	40	F4044	11	INDIVIDUAL	00:57:36	00:57:22
379	35	CARLOS CARDOSO	M	50	M5054	37	ALVERCA URBAN RUNNERS	00:57:36	00:57:31
380	672	TÂNIA C OLIVEIRA	F	34	F0039	32	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:57:37	00:57:29
381	692	ANA S ROSA	F	36	F0039	33	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:57:37	00:57:29
382	1338	HELDER FELIX	M	41	M4044	66	O PRATICANTE	00:57:54	00:57:47
383	587	ORLANDO PEIXEIRO	M	55	M5559	24	INDIVIDUAL	00:57:56	00:57:46
384	45	MÁRIO R T TORRES	M	30	M0039	151	GAREHOTELRUNNING	00:57:58	00:57:39
385	324	ANTÓNIO INÁCIO	M	33	M0039	152	INDIVIDUAL	00:57:59	00:57:43
386	492	EVA V ROSA	F	46	F4549	5	INDIVIDUAL	00:58:08	00:57:55
387	260	CARLOS A C ALVES	M	33	M0039	153	INDIVIDUAL	00:58:09	00:57:24
388	102	LUIS M C ALVES	M	33	M0039	154	INDIVIDUAL	00:58:10	00:57:26
389	99	JOSÉ REBOCHO	M	60	M6099	17	CORRER SOC REC GRANJA	00:58:10	00:57:49
390	66	ISABEL MARTINS	F	47	F4549	6	INDIVIDUAL	00:58:13	00:57:58
391	115	LUCIO B SILVA	M	49	M4549	41	INDIVIDUAL	00:58:14	00:57:38
392	312	PEDRO RODRIGUES	M	47	M4549	42	INDIVIDUAL	00:58:17	00:57:53
393	210	MAURO SILVA	M	26	M0039	155	INDIVIDUAL	00:58:19	00:57:54
394	51	RÚBEN M S LEITÃO	M	32	M0039	156	INDIVIDUAL	00:58:19	00:57:37
395	562	ROMEU FONSECA	M	30	M0039	157	INDIVIDUAL	00:58:23	00:57:45
396	280	ANTÓNIO J MORGADO	M	43	M4044	67	INDIVIDUAL	00:58:26	00:58:04
397	192	ANTONIO SIMOES	M	40	M4044	68	INDIVIDUAL	00:58:26	00:58:04
398	322	PAULA LEITÃO	F	37	F0039	34	FC ESTRELAS LISBOA	00:58:27	00:57:54
399	611	PEDRO LEITÃO	M	34	M0039	158	JD ALHANDRENSE	00:58:29	00:57:48
400	11	MIGUEL C B M GUTERRES	M	36	M0039	159	INDIVIDUAL	00:58:34	00:58:13
401	513	JOAQUIM F C PINTO	M	57	M5559	25	INDIVIDUAL	00:58:37	00:57:58
402	296	ANA P MATIAS	F	51	F5054	3	C COLAB AXA	00:58:38	00:58:26
403	530	MIGUEL VASCONCELOS	M	45	M4549	43	INDIVIDUAL	00:58:39	00:58:09
404	74	ANA M RICARDO	F	46	F4549	7	INDIVIDUAL	00:58:41	00:58:32
405	536	ANTONIO M S ALTER	M	55	M5559	26	INDIVIDUAL	00:58:42	00:57:55

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
406	484	PAULO ROMEIRO	M	47	M4549	44	INDIVIDUAL	00:58:44	00:58:05
407	485	JOSE CABRITO	M	45	M4549	45	INDIVIDUAL	00:58:44	00:58:05
408	214	RICARDO CUNHA	M	36	M0039	160	INDIVIDUAL	00:58:46	00:58:05
409	507	JORGE PIRES	M	61	M6099	18	INDIVIDUAL	00:58:48	00:58:11
410	1329	RUBEN SILVEIRA	M	28	M0039	161	URBANOS	00:58:48	00:58:18
411	600	AGESANDRO R SILVA	M	41	M4044	69	INDIVIDUAL	00:58:49	00:58:22
412	585	LUIS ALMEIDA	M	45	M4549	46	INDIVIDUAL	00:58:49	00:58:35
413	604	TIAGO PINHEL	M	35	M0039	162	INDIVIDUAL	00:58:50	00:58:15
414	603	TIAGO MOUTA	M	29	M0039	163	INDIVIDUAL	00:58:51	00:58:14
415	228	MIGUEL RIBEIRO	M	41	M4044	70	INDIVIDUAL	00:58:54	00:58:28
416	223	JOÃO LOPES	M	47	M4549	47	INDIVIDUAL	00:58:54	00:58:26
417	98	JOAQUIM GOMES	M	68	M6099	19	CORRER SOC REC GRANJA	00:58:57	00:58:36
418	520	ELISABETE B L PINTO	F	45	F4549	8	INDIVIDUAL	00:58:57	00:58:19
419	459	CARLA P FERNANDES	F	39	F0039	35	CORRER LISBOA	00:58:57	00:58:23
420	430	ANDRE OLIVEIRA	M	24	M0039	164	CLÍNICA SANTA MADALENA	00:59:09	00:58:32
421	691	RUI CARDOSO	M	35	M0039	165	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	00:59:16	00:58:57
422	135	FERNANDO RAMOS	M	51	M5054	38	INDIVIDUAL	00:59:17	00:58:58
423	13	TIAGO CRUZ	M	29	M0039	166	CUCAS RUNNERS	00:59:22	00:58:56
424	114	PEDRO VALENTE	M	38	M0039	167	INDIVIDUAL	00:59:23	00:58:52
425	113	NUNO VALENTE	M	32	M0039	168	INDIVIDUAL	00:59:23	00:58:52
426	1344	RUI P B PIRES	M	30	M0039	169	UD VILAFRAQUENSE	00:59:26	00:58:45
427	1343	JOAO G P SEABRA	M	30	M0039	170	UD VILAFRAQUENSE	00:59:26	00:58:46
428	156	RAFAEL SANTOS	M	49	M4549	48	CCDT METRO LX	00:59:34	00:58:56
429	583	JOSÉ CRUZ	M	41	M4044	71	INDIVIDUAL	00:59:35	00:59:23
430	477	JOSÉ CATITA	M	57	M5559	27	GARMIN - CO OEIRAS	00:59:36	00:59:00
431	442	JOSÉ VILELA	M	51	M5054	39	CLUBE ROBBIALAC	00:59:39	00:59:33
432	25	FRANCISCO FERREIRA	M	46	M4549	49	OS 2	00:59:42	00:59:07
433	408	JOSÉ VALENTIM	M	62	M6099	20	C FERROV PORTUGAL	00:59:48	00:59:21
434	219	LARA C VALENTE	F	34	F0039	36	INDIVIDUAL	00:59:50	00:59:45
435	366	PEDRO CARVALHO	M	18	M0039	171	ALVERCA URBAN RUNNERS	00:59:53	00:59:43
436	1355	ANA FRANÇA	F	43	F4044	12	INDIVIDUAL	00:59:53	00:59:29
437	1331	NUNO MARQUES	M	37	M0039	172	URBANOS	00:59:54	00:59:23
438	425	ANTÓNIO JOAQUIM	M	46	M4549	50	CKS KARATE FZZ	00:59:55	00:59:15
439	544	JOÃO RIBEIRO	M	24	M0039	173	INDIVIDUAL	00:59:57	00:59:21
440	153	PAULO J F GUEDES	M	44	M4044	72	CCDT METRO LX	00:59:59	00:59:20
441	204	LUÍS FEIO	M	56	M5559	28	4 AO KM	01:00:01	00:59:26
442	294	JOÃO FERREIRA	M	44	M4044	73	GINJINHA RUNNERS	01:00:05	00:59:22
443	110	TIAGO J CALDEIRA	M	35	M0039	174	INDIVIDUAL	01:00:08	00:59:28
444	652	PEDRO OLIVEIRA	M	27	M0039	175	PORTUGAL TALENTUS	01:00:14	00:59:34
445	1354	CRISTINA FELICIANO	F	44	F4044	13	PORTUGAL TALENTUS	01:00:40	01:00:03
446	653	DANIEL RAMOS	M	39	M0039	176	PORTUGAL TALENTUS	01:00:41	01:00:04
447	16	MÁRIO CARDOSO	M	37	M0039	177	CUCAS RUNNERS	01:00:54	01:00:33
448	319	ALEXANDRE DAMASO	M	48	M4549	51	INDIVIDUAL	01:01:08	01:00:42
449	261	JOANA MOURA	F	25	F0039	37	INDIVIDUAL	01:01:08	01:00:46
450	316	SANDRA TOMÁS	F	41	F4044	14	INDIVIDUAL	01:01:10	01:00:44

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
451	268	VANDA SEQUEIRA	F	43	F4044	15	C COLAB AXA	01:01:11	01:00:58
452	610	JORGE MARTINS	M	37	M0039	178	JD ALHANDRENSE	01:01:44	01:01:03
453	207	Mª JOAO LOURENÇO	F	41	F4044	16	AS PAPOILAS	01:01:47	01:01:35
454	308	PEDRO G SANTOS	M	24	M0039	179	ALVERCA URBAN RUNNERS	01:01:51	01:01:08
455	1317	JOSE NASCIMENTO	M	50	M5054	40	U JUV ALVERCA	01:01:54	01:01:28
456	343	SOFIA MARTINS	F	30	F0039	38	AB CAMPOLIDE	01:02:02	01:01:38
457	334	IVO SILVA	M	28	M0039	180	AB CAMPOLIDE	01:02:02	01:01:39
458	78	MAYER RAPOSO	M	68	M6099	21	AA LEBRES SADO	01:02:15	01:01:58
459	158	ANTONIO PEREIRA	M	51	M5054	41	CCDT METRO LX	01:02:16	01:01:37
460	155	ORLANDO SOUSA	M	53	M5054	42	CCDT METRO LX	01:02:17	01:01:38
461	480	RUI MELÃO	M	52	M5054	43	GYDARUN	01:02:19	01:01:46
462	339	LUIS GAMA	M	52	M5054	44	AB CAMPOLIDE	01:02:22	01:02:00
463	342	CARINA MARTINS	F	27	F0039	39	AB CAMPOLIDE	01:02:23	01:02:00
464	1306	ANA S ROMAO	F	29	F0039	40	STILL FIT	01:02:28	01:02:28
465	281	JOAO LANDEIRO	M	69	M6099	22	INDIVIDUAL	01:02:34	01:01:55
466	59	FILIPE T M MARQUES	M	29	M0039	181	INDIVIDUAL	01:02:36	01:02:02
467	317	ALEXANDRA SILVA	F	42	F4044	17	GINJINHA RUNNERS	01:02:44	01:02:01
468	433	PEDRO VALENTE	M	24	M0039	182	CLÍNICA SANTA MADALENA	01:03:06	01:02:29
469	414	FILIPE PEREIRA	M	39	M0039	183	CAD A CORRER	01:03:19	01:02:44
470	413	LUIS MARQUES	M	37	M0039	184	CAD A CORRER	01:03:19	01:02:44
471	568	CARLOS M O GUERREIRO	M	57	M5559	29	INDIVIDUAL	01:03:20	01:03:07
472	73	FILOMENA COSTA	F	49	F4549	9	INDIVIDUAL	01:03:21	01:03:17
473	374	CLÁUDIA ESTEVES	F	35	F0039	41	ALVERCA URBAN RUNNERS	01:03:27	01:03:22
474	483	PEDRO NUNES	M	41	M4044	74	INDIVIDUAL	01:03:31	01:03:15
475	201	JAQUELINE TAVARES	F	40	F4044	18	GYDARUN	01:03:39	01:03:10
476	203	ADELAIDE SANTOS	F	50	F5054	4	GYDARUN	01:03:40	01:03:10
477	234	ADILIA BARBOSA	F	56	F5559	1	INDIVIDUAL	01:03:42	01:03:39
478	283	NUNO PINHEIRO	M	28	M0039	185	SUKKI TEAM	01:03:42	01:03:21
479	323	PAULA TANGANHO	F	40	F4044	19	INDIVIDUAL	01:03:47	01:03:31
480	1311	GONÇALO CAMPOS	M	40	M4044	75	TERTULIA DO Nº6	01:03:52	01:03:19
481	601	PAUL R GONÇALVES	M	43	M4044	76	INDIVIDUAL	01:03:55	01:03:27
482	215	ANDRÉ MENDES	M	31	M0039	186	INDIVIDUAL	01:03:57	01:03:17
483	217	OLINDA DINIS	F	40	F4044	20	OMAS	01:04:13	01:03:56
484	361	CRISTINA M S LINO	F	49	F4549	10	ALVERCA URBAN RUNNERS	01:04:14	01:04:05
485	1350	DIOGO ABREU	M	28	M0039	187	DOROTHY RUNNERS	01:04:31	01:04:15
486	238	ANABELA BASTOS	F	49	F4549	11	GFD RUNNING	01:04:47	01:04:14
487	427	FERNANDO MONTELLANO	M	57	M5559	30	CLÍNICA SANTA MADALENA	01:04:52	01:04:15
488	664	DANIELA SANTOS	F	25	F0039	42	PORTUGAL TALENTUS	01:04:54	01:04:40
489	605	JOANA VITORINO	F	18	F0039	43	INDIVIDUAL	01:04:58	01:04:22
490	1325	IVO PEREIRA	M	37	M0039	188	URBAN TRAIL SAMORA CORREIA	01:05:08	01:04:48
491	602	CARINA BRIZIDA	F	36	F0039	44	INDIVIDUAL	01:05:13	01:04:34
492	598	ROSEMARY BRANCO	F	40	F4044	21	INDIVIDUAL	01:05:14	01:04:33
493	206	DORA M SANTOS	F	50	F5054	5	AS PAPOILAS	01:05:35	01:05:22
494	467	NUNO PAULOS	M	37	M0039	189	FOGO À PEÇA	01:05:39	01:05:28
495	1353	JORGE CEREJEIRA	M	49	M4549	52	INDIVIDUAL	01:05:41	01:05:04

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
496	466	CARLOS SANTOS	M	34	M0039	190	FOGO À PEÇA	01:05:42	01:05:31
497	644	LUIS PARRO	M	54	M5054	45	PARRORUNNERS	01:05:51	01:05:18
498	474	SANDRA VIDAL	F	36	F0039	45	GAMEIRO & FILHOS	01:05:55	01:05:36
499	1349	ANDREIA MARQUES	F	38	F0039	46	INDIVIDUAL	01:05:55	01:05:36
500	571	JOAQUIM CARREIRO	M	51	M5054	46	INDIVIDUAL	01:05:58	01:05:41
501	682	PAULA PONTINHA	F	43	F4044	22	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	01:06:03	01:05:55
502	117	CATARINA CIPRIANO	F	32	F0039	47	INDIVIDUAL	01:06:06	01:05:22
503	70	ANA MARQUES	F	31	F0039	48	INDIVIDUAL	01:06:08	01:05:25
504	378	FERNANDO D PAIS	M	48	M4549	53	ALVERCA URBAN RUNNERS	01:06:16	01:05:44
505	20	ROMEU PEREIRA	M	41	M4044	77	CUCAS RUNNERS	01:06:25	01:06:04
506	302	SUSANA BORGA	F	36	F0039	49	GO!RUNNERS	01:06:27	01:06:03
507	221	ANA C FRANCISCO	F	40	F4044	23	EQUIPA OMAS	01:06:27	01:06:10
508	619	RITA RIBEIRO	F	41	F4044	24	MALVA GIRAS	01:06:33	01:06:21
509	584	CARLA MARQUES	F	40	F4044	25	INDIVIDUAL	01:06:39	01:06:25
510	313	JULIO P NETO	M	52	M5054	47	INDIVIDUAL	01:06:40	01:06:17
511	202	CATARINA FERREIRA	F	51	F5054	6	GYDARUN	01:06:40	01:06:11
512	560	INÊS MARQUES	F	32	F0039	50	INDIVIDUAL	01:06:44	01:06:13
513	1323	DÁLIA LEITE	F	53	F5054	7	UA POVOENSE	01:06:49	01:06:40
514	371	MARCO A R LOPES	M	44	M4044	78	ALVERCA URBAN RUNNERS	01:06:50	01:06:38
515	432	DIOGO LOPES	M	36	M0039	191	CLÍNICA SANTA MADALENA	01:06:52	01:06:14
516	551	ARTUR FIGUEIREDO	M	55	M5559	31	INDIVIDUAL	01:06:54	01:06:16
517	211	JOÃO C V F CORREIA	M	36	M0039	192	INDIVIDUAL	01:07:06	01:06:47
518	33	CAROLINA B LATAS	F	30	F0039	51	INDIVIDUAL	01:07:10	01:06:31
519	383	SUSANA P NUNES	F	36	F0039	52	ALVERCA URBAN RUNNERS	01:07:11	01:07:02
520	516	CAROLINE BAKERROOT	F	37	F0039	53	INDIVIDUAL	01:07:12	01:06:58
521	509	JOSÉ VAZ	M	49	M4549	54	INDIVIDUAL	01:07:19	01:06:52
522	388	BRUNO MORAIS	M	38	M0039	193	ALVERCA URBAN RUNNERS	01:07:27	01:07:19
523	286	DAVID SANTOS	M	30	M0039	194	INDIVIDUAL	01:07:38	01:06:53
524	311	ANDRÉ PALINHAS	M	27	M0039	195	INDIVIDUAL	01:07:49	01:07:06
525	690	MARIA RODRIGUES	F	52	F5054	8	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	01:07:52	01:07:44
526	1314	ANA M MARTINS	F	46	F4549	12	TRIOODEMIRA	01:07:57	01:07:41
527	607	INES BRANCO	F	39	F0039	54	INDIVIDUAL	01:08:12	01:07:56
528	367	FERNANDO MARQUES	M	56	M5559	32	ALVERCA URBAN RUNNERS	01:08:56	01:08:44
529	136	CARLOS REIS	M	53	M5054	48	INDIVIDUAL	01:08:56	01:08:38
530	382	ISABEL LOPES	F	49	F4549	13	ALVERCA URBAN RUNNERS	01:08:57	01:08:47
531	160	GUALDINO FREIRE	M	70	M6099	23	CCDT METRO LX	01:08:57	01:08:18
532	269	RITA ABREU	F	26	F0039	55	C COLAB AXA	01:09:18	01:08:45
533	267	ROSA M ABREU	F	46	F4549	14	C COLAB AXA	01:09:19	01:08:46
534	50	ALEXANDRA COSTA	F	44	F4044	26	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	01:09:23	01:09:13
535	119	MARA A GÓIS	F	25	F0039	56	GAREHOTELRUNNING	01:09:28	01:08:56
536	220	SANDRA MARTINS	F	39	F0039	57	EQUIPA OMAS	01:09:51	01:09:33
537	407	FÁBIO GAMITO	M	21	M0039	196	ATLETICO VIA RARA	01:10:06	01:09:26
538	578	MADALENA PINA	F	48	F4549	15	INDIVIDUAL	01:10:07	01:09:29
539	1332	ANTÓNIO C VIDAL	M	43	M4044	79	WH3ST	01:10:46	01:10:07
540	150	VICTOR LOBO	M	45	M4549	55	CCD CRÉDITO AGRÍCOLA MÚTUO	01:11:07	01:10:33

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
541	84	EMIDIO DIOGO	M	66	M6099	24	INDIVIDUAL	01:11:10	01:10:32
542	83	CLAUDIO FONSECA	M	38	M0039	197	INDIVIDUAL	01:11:10	01:10:31
543	282	DORA PINHEIRO	F	34	F0039	58	SUKKI TEAM	01:11:35	01:11:15
544	1342	BRUNO R S MARTINS	M	29	M0039	198	UD VILAFRAQUENSE	01:11:46	01:11:46
545	547	ANA PARDAL	F	42	F4044	27	INDIVIDUAL	01:11:48	01:11:27
546	1348	RICARDO SERRA	M	26	M0039	199	INDIVIDUAL	01:11:48	01:11:27
547	105	MARCIA REIS	F	25	F0039	59	INDIVIDUAL	01:11:50	01:11:28
548	106	JOÃO ACÁCIO	M	28	M0039	200	INDIVIDUAL	01:11:50	01:11:28
549	43	LURDES PEREIRA	F	45	F4549	16	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	01:12:21	01:12:14
550	675	CARLA M L SOBREDA	F	46	F4549	17	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	01:12:21	01:12:14
551	277	ANDRÉ CUSTÓDIO	M	21	M0039	201	INDIVIDUAL	01:12:33	01:12:15
552	402	ANA PEREIRA	F	27	F0039	60	AS FANTASTICAS	01:13:09	01:13:00
553	1326	DELIA PEREIRA	F	37	F0039	61	URBAN TRAIL SAMORA CORREIA	01:13:25	01:13:06
554	698	PAULA GONÇALVES	F	43	F4044	28	SAMORUNNING	01:13:25	01:13:06
555	387	ALCIDES D G CORREIA	M	49	M4549	56	ALVERCA URBAN RUNNERS	01:13:26	01:13:16
556	377	RITA I C MERENDA	F	37	F0039	62	ALVERCA URBAN RUNNERS	01:13:26	01:13:15
557	72	ARMANDO A CORREIA	M	58	M5559	33	INDIVIDUAL	01:14:02	01:13:54
558	569	FILIPA PEREIRA	F	35	F0039	63	INDIVIDUAL	01:14:10	01:13:47
559	567	ALEXANDRA M A RODRIGUES	F	37	F0039	64	INDIVIDUAL	01:14:10	01:13:47
560	555	SANDRA DINIS	F	39	F0039	65	INDIVIDUAL	01:14:29	01:13:54
561	556	PEDRO DINIS	M	39	M0039	202	INDIVIDUAL	01:14:31	01:13:56
562	293	DORA CRUZ	F	43	F4044	29	GINJINHA RUNNERS	01:15:03	01:14:20
563	285	JOANA COSTA	F	25	F0039	66	INDIVIDUAL	01:15:09	01:14:25
564	17	AUGUSTA CARDOSO	F	39	F0039	67	CUCAS RUNNERS	01:15:51	01:15:30
565	497	BRUNO M REBELO	M	32	M0039	203	INDIVIDUAL	01:17:25	01:16:50
566	498	LILIA I GUI SATO	F	32	F0039	68	INDIVIDUAL	01:17:26	01:16:50
567	278	MARTA CUSTÓDIO	F	34	F0039	69	INDIVIDUAL	01:17:31	01:17:11
568	444	MIGUEL SILVA	M	41	M4044	80	CLUBE ROBBIALAC	01:17:44	01:17:37
569	357	SARA F DUARTE	F	21	F0039	70	ALVERCA URBAN RUNNERS	01:18:10	01:17:37
570	620	SARA BARATA	F	39	F0039	71	MALVA GIRAS	01:18:11	01:18:01
571	246	IRINA PONCIANO	F	30	F0039	72	GAREHOTELRUNNING	01:18:16	01:17:44
572	621	SONIA BARATA	F	35	F0039	73	MALVA GIRAS	01:18:24	01:18:12
573	218	ALEXANDRE SANTOS	M	44	M4044	81	INDIVIDUAL	01:18:27	01:17:46
574	225	CARLOS A S MARTINS	M	48	M4549	57	INDIVIDUAL	01:18:34	01:18:34
575	678	LINA GARRUCHO	F	50	F5054	9	RUNNERS F RIBEIRINHA PÓVOA STA IRIA	01:21:17	01:20:58
576	385	CARLA B PIRES	F	35	F0039	74	ALVERCA URBAN RUNNERS	01:21:31	01:21:20
577	364	EDITE SANTOS	F	37	F0039	75	ALVERCA URBAN RUNNERS	01:21:31	01:21:22