

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	5	ANDRALINO S FURTADO	M	25		00:30:49.45	00:30:49.45	SPORTING CP
2	4	BRUNO PAIXÃO	M	32		00:30:50.19	00:30:48.62	BEJA AC
3	280	CARLOS SILVA	M	34		00:31:19.25	00:31:19.25	GDR REBOLEIRA
4	39	NUNO CARRAÇA	M	27		00:31:23.95	00:31:23.13	URCA
5	337	NÉLSON CRUZ	M	33		00:31:32.30	00:31:32.30	C PEDRO PESSOA ESC ATLETISMO
6	3	PEDRO ARSÉNIO	M	34		00:32:09.64	00:32:07.64	BEJA AC
7	458	MIGUEL QUARESMA	M	33		00:32:16.01	00:32:15.99	INGLESES FC
8	25	LUIS RACOES	M	41		00:32:20.70	00:32:20.00	INGLESES FC
9	91	ARTUR SANTIAGO	M	46		00:33:04.63	00:33:04.63	NUCLEOEIRAS
10	293	LUCIANO GORDO	M	48		00:33:27.31	00:33:27.31	CCD MUN PORTALEGRE
11	224	PAULO GUIMARÃES	M	40		00:33:33.31	00:33:31.64	AMINHACORRIDA/MYPROTEIN
12	453	DAVID TAVARES	M	18		00:33:36.16	00:33:36.16	INGLESES FC
13	188	JOÃO VAZ	M	49		00:33:36.26	00:33:35.16	CCD O ALVITEJO
14	429	ALEXEI SCUTARU	M	44		00:34:06.90	00:34:06.90	BEJA AC
15	509	ANTÓNIO SOUSA	M	47		00:34:12.03	00:34:09.29	GFD RUNNING
16	279	EUGÉNIO NETO	M	54		00:34:13.15	00:34:13.15	GDR REBOLEIRA
17	413	JOÃO ANDRÉ	M	30		00:34:13.61	00:34:12.30	GD DIANA
18	355	RICARDO ABREU	M	37		00:34:21.72	00:34:21.72	C PEDRO PESSOA ESC ATLETISMO
19	452	JOSÉ OLIVEIRA	M	17		00:34:26.00	00:34:24.41	INGLESES FC
20	54	FRANCISCO ROCHA	M	49		00:34:27.53	00:34:26.32	AA MAFRA
21	439	PEDRO F S POEIRA	M	35		00:34:39.71	00:34:38.54	NDC ODEMIRA
22	455	EUSÉBIO ROSA	M	48		00:34:54.39	00:34:54.39	INGLESES FC
23	456	MARCO GOMES	M	42		00:34:54.95	00:34:54.63	INGLESES FC
24	138	JOAO FERREIRA	M	40		00:35:18.40	00:35:15.65	CA ODIMARQ
25	511	FERNANDO PEREIRA	M	43		00:35:18.46	00:35:18.22	GFD RUNNING
26	427	CUSTÓDIO ANTÓNIO	M	40		00:35:25.61	00:35:24.23	BEJA AC
27	441	RAUL J R LOURENÇO	M	46		00:35:32.61	00:35:31.46	NDC ODEMIRA
28	134	ANDRE FERREIRA	M	36		00:35:34.43	00:35:22.23	CA ODIMARQ
29	459	JOÃO INOCÊNCIO	M	46		00:35:39.67	00:35:39.61	INGLESES FC
30	133	FRANCISCO PEDRO	M	46		00:35:40.05	00:33:46.62	CA ODIMARQ
31	311	NUNO M B RAPOSO	M	40		00:35:43.24	00:35:41.66	CATA - CA AMORA
32	2	EMÍLIA K PISOEIRO	F	30		00:35:43.89	00:35:43.89	CA PROF EMÍLIA PISOEIRO
33	506	HUGO CARVALHO	M	35		00:35:50.36	00:35:47.98	
34	63	JOÃO A O VEIGA	M	57		00:35:51.66	00:35:51.66	C PEDRO PESSOA ESC ATLETISMO
35	132	MARIO CASSACA	M	44		00:35:55.14	00:34:02.20	CA ODIMARQ
36	105	SILVESTRE GOMES	M	62		00:35:56.69	00:35:56.69	VITORIA FC

37	45	MÁRIO ZORRO	M	42	00:35:57.61	00:35:54.66	AA MAFRA
38	348	EMANUEL DIOGO	M	27	00:36:07.01	00:36:05.30	GDR S FRANCISCO SERRA
39	278	JOSÉ ANTUNES	M	50	00:36:09.02	00:36:07.03	GDR REBOLEIRA
40	56	SÉRGIO P T PAIVA	M	45	00:36:11.91	00:36:11.91	NUCLEOEIRAS
41	395	VÍTOR LIMA	M	50	00:36:16.97	00:36:14.48	NÚCLEOEIRAS
42	425	PATRÍCIA SERAFIM	F	33	00:36:17.26	00:36:15.37	BEJA AC
43	117	RODOLFO BATALHA	M	34	00:36:17.95	00:36:15.36	AA MAFRA
44	537	MARTIM R NUNES	M	41	00:36:18.95	00:36:18.38	ZIMBRA FOX RUNNERS
45	74	RODRIGO GUERRA	M	41	00:36:19.32	00:36:17.48	AA MAFRA
46	47	JOEL RODRIGUES	M	43	00:36:21.36	00:36:19.70	AA MAFRA
47	545	SUSANA CUNHA	F	29	00:36:30.17	00:36:29.28	LINDA A PASTORA SC
48	431	VALDO PATO	M	26	00:36:33.33	00:36:30.97	BEJA AC
49	135	ALEXANDRE SOARES	M	55	00:36:36.85	00:36:34.76	CA ODIMARQ
50	344	FILIPE MOTA	M	48	00:36:38.53	00:36:36.76	A D IALBAX
51	342	ERNESTO ZAMBUJO	M	45	00:36:47.07	00:36:45.03	GD DIANA
52	373	MARIO BOUCINHA	M	45	00:36:52.35	00:36:50.72	A NATUREZA ENSINA
53	330	JOÃO MONTES	M	52	00:36:53.44	00:36:51.62	CCR ALTO MOINHO
54	232	MARIO GRILO	M	22	00:36:57.13	00:36:57.13	BV MONTEMOR-O-NOVO
55	49	EDUARDO EUSTÁQUIO	M	53	00:36:57.15	00:36:54.73	AA MAFRA
56	126	MIGUEL SANTOS	M	45	00:37:01.48	00:36:55.04	
57	566	ELISABETE LOPES	F	33	00:37:01.50	00:37:01.50	NA TAIPAS
58	543	CARLOS FRADE	M	39	00:37:16.43	00:37:14.81	BORBA TRAIL
59	345	ANTÓNIO REAL	M	61	00:37:18.26	00:37:17.69	A D IALBAX
60	531	CARLOS ALBANO	M	48	00:37:20.32	00:37:19.08	ZIMBRA FOX RUNNERS
61	195	ANTÓNIO PAIS	M	47	00:37:27.59	00:37:24.62	CCD O ALVITEJO
62	540	DANIEL MACHADO	M	38	00:37:30.78	00:37:29.81	GD DIANA
63	137	AIRES PRATAS	M	62	00:37:31.52	00:37:30.24	CA ODIMARQ
64	567	ANTÓNIO ANTUNES	M	55	00:37:31.55	00:37:31.55	
65	62	CLEBY A ARAÚJO	M	51	00:37:34.27	00:37:33.35	A NATUREZA ENSINA
66	447	RUI BORRALHEIRA	M	41	00:37:38.12	00:37:35.96	
67	65	JOÃO MIRANDA	M	46	00:37:43.86	00:37:38.45	AA MAFRA
68	436	ANA C DIAS	F	22	00:37:44.80	00:37:42.30	NDC ODEMIRA
69	240	JOAQUIM FREITAS	M	39	00:37:47.10	00:37:46.45	BV MONTEMOR-O-NOVO
70	359	JOSE FACHADAS	M	47	00:37:47.99	00:37:45.36	A NATUREZA ENSINA
71	474	ANDRÉ OLIVEIRA	M	18	00:37:53.62	00:37:51.87	ESCOLA TRIATLO STO ANTÓNIO
72	136	ANTONIO HENRIQUES	M	60	00:37:57.88	00:37:56.55	CA ODIMARQ
73	252	JOÃO CORREIA	M	51	00:37:58.31	00:37:56.56	AA AVIS

74	107	FLORIVAL BACALHAU	M	60	00:37:59.96	00:37:59.71	VITORIA FC
75	463	LUIS PEREIRA	M	57	00:38:00.53	00:37:58.55	GDR S FRANCISCO SERRA
76	489	BRUNO FREITAS	M	23	00:38:01.12	00:37:57.47	BEJA AC
77	343	RAQUEL CABAÇO	F	29	00:38:06.07	00:38:04.03	GD DIANA
78	371	MARCO FATELO	M	38	00:38:08.87	00:38:05.43	A NATUREZA ENSINA
79	341	JOÃO MARTINS	M	47	00:38:15.65	00:38:13.22	GD DIANA
80	178	ROGÉRIO ARRAIOLOS	M	47	00:38:17.15	00:38:14.75	BÚSSOLA ADL
81	389	EURICO CANDEIAS	M	47	00:38:17.20	00:38:17.20	BÚSSOLA ADL
82	170	MANUEL VEIGA	M	53	00:38:24.21	00:38:24.01	GDC CRUZ PICADA
83	549	NELSON REBELO	M	30	00:38:26.50	00:38:26.25	JOMA
84	464	ROGÉRIO CASSACA	M	46	00:38:33.80	00:38:31.58	GDR S FRANCISCO SERRA
85	437	LICÍNIO B MATOS	M	35	00:38:34.00	00:38:31.31	NDC ODEMIRA
86	222	JORGE AMARAL	M	48	00:38:36.91	00:38:34.68	AMINHACORRIDA/MYPROTEIN
87	317	ALBERTO RODRIGUES	M	56	00:38:37.53	00:38:29.55	CCR ALTO MOINHO
88	113	SOFIA MONTEIRO	F	37	00:38:38.95	00:38:37.74	OUTSYSTEMS OLIMPICO DE OEIRAS
89	568	RUI JORGE	M	47	00:38:41.28	00:38:37.39	
90	430	JOSÉ BANHA	M	25	00:38:45.95	00:38:42.29	BEJA AC
91	460	RICARDO PITA	M	36	00:38:47.66	00:38:44.09	INGLESES FC
92	254	JOÃO CARDOSO	M	55	00:38:56.88	00:38:55.41	
93	241	JOÃO RODRIGUES	M	42	00:38:59.79	00:38:56.38	BV MONTEMOR-O-NOVO
94	394	JOAO J M CORREIA	M	54	00:39:05.78	00:39:04.59	CATA - CA AMORA
95	368	LUCIANO SILVA	M	39	00:39:06.04	00:39:04.00	A NATUREZA ENSINA
96	426	VERÓNICA SCUTARU	F	40	00:39:07.70	00:39:07.67	BEJA AC
97	277	JORGE CORREIA	M	45	00:39:08.17	00:39:05.45	GDR REBOLEIRA
98	377	JOSE NUNES	M	23	00:39:09.10	00:39:05.54	A NATUREZA ENSINA
99	383	PEDRO A C VIEIRA	M	34	00:39:20.33	00:39:19.69	ESTRELA FC
100	465	HELDER J B CANIVETE	M	43	00:39:30.79	00:39:24.54	ESTRELA FC
101	382	ANTÓNIO M L VALADAS	M	51	00:39:31.10	00:39:29.55	ESTRELA FC
102	520	ARTUR PINTO	M	40	00:39:37.89	00:39:30.24	GFD RUNNING
103	82	PAULO LOPES	M	49	00:39:38.37	00:39:34.62	GD ÁGUIAS MOITA
104	518	NELSON SANTOS	M	35	00:39:48.15	00:39:41.84	GFD RUNNING
105	75	FRANCISCO RODRIGUES	M	40	00:39:48.33	00:39:38.95	AA MAFRA
106	192	ANTÓNIO DUARTE	M	58	00:39:57.16	00:39:55.65	CCD O ALVITEJO
107	385	BRUNO A V HELENO	M	36	00:40:08.48	00:40:03.59	ESTRELA FC
108	353	PAULO DÂMASO	M	19	00:40:13.67	00:40:06.87	GDR S FRANCISCO SERRA
109	523	JOÃO MATEUS	M	29	00:40:20.02	00:40:12.75	GFD RUNNING
110	102	LUCILIA SOARES	F	54	00:40:24.22	00:40:21.67	CATAGÁS-VULCANO-RUN

111	42	ALEXANDRA M B SILVA	F	31	00:40:26.47	00:40:21.98	AA MAFRA
112	281	PAULO MOREIRA	M	48	00:40:29.38	00:40:27.91	GDR REBOLEIRA
113	190	VÍTOR GOMES	M	61	00:40:30.22	00:40:30.22	CCD O ALVITEJO
114	305	AGOSTINHO GONÇALVES	M	59	00:40:31.67	00:40:23.31	CDR GUIAS UNIDAS
115	167	NUNO VALENTE	M	37	00:40:34.48	00:40:33.13	BACIBIKE/BTTVEREDAS DE NOUDAR
116	229	LUIS MARMELEIRA	M	48	00:40:35.19	00:40:25.11	
117	347	ANTÓNIO PIRES	M	49	00:40:38.43	00:40:35.38	GDR S FRANCISCO SERRA
118	312	JOSE AMIGO	M	64	00:40:38.69	00:40:36.46	CCR ALTO MOINHO
119	440	VÍTOR J M DIAS	M	45	00:40:41.80	00:40:37.30	NDC ODEMIRA
120	180	EDUARDO SANTOS	M	38	00:40:54.42	00:40:49.15	
121	428	PEDRO COSTA	M	49	00:40:57.03	00:40:54.46	BEJA AC
122	488	LUÍS M R ALMEIDA	M	44	00:41:06.42	00:41:04.71	ESTRELA FC
123	109	MIGUEL DUARTE	M	44	00:41:11.54	00:41:08.73	VITORIA FC
124	308	JORGE R N P S TRINDADE	M	43	00:41:11.77	00:41:04.40	ESCOLA ATLETISMO DO MONTIJO-AFDD
125	231	NUNO REBOCHO	M	25	00:41:20.41	00:41:15.88	BV MONTEMOR-O-NOVO
126	233	ALEXANDRE CANDEIAS	M	28	00:41:20.96	00:41:17.28	BV MONTEMOR-O-NOVO
127	196	RICARDO SIMÕES	M	52	00:41:23.66	00:41:19.88	CCD O ALVITEJO
128	282	FERNANDO G SILVA	M	53	00:41:26.74	00:41:17.73	ESCOLA ATLETISMO CARTAXO
129	221	CARLOS LOPES	M	43	00:41:26.87	00:41:17.87	AMINHACORRIDA/MYPROTEIN
130	89	CESÁRIO MENDES	M	48	00:41:30.01	00:41:25.37	GURUS
131	127	LUIS SILVA	M	36	00:41:33.75	00:41:27.74	
132	302	JOÃO R S MARQUES	M	19	00:41:34.94	00:41:24.35	PRIMOS BTT TEAM
133	398	PEDRO SALVADOR	M	40	00:41:38.42	00:41:33.81	AGD ACADEMIA KORPO
134	208	JOÃO ARENGA	M	65	00:41:39.45	00:41:36.23	CADT PORTUCEL SETUBAL
135	287	ALIPIO TRIGO	M	40	00:41:41.60	00:41:33.55	CSL BENFICA VENDAS NOVAS
136	379	VALTER A G PAULINO	M	39	00:41:43.00	00:41:34.81	
137	80	JOAQUIM FIGUEIREDO	M	56	00:41:43.72	00:41:43.72	GD ÁGUIAS MOITA
138	494	MARCO MENDES	M	41	00:41:48.32	00:41:38.99	CDR AGUIAS UNIDAS AMORA-SEIXAL
139	310	NELSON C G PEREIRA	M	48	00:41:50.63	00:41:43.56	ESCOLA ATLETISMO DO MONTIJO-AFDD
140	350	VASCO AGOSTINHO	M	51	00:41:50.65	00:41:46.85	GDR S FRANCISCO SERRA
141	357	AUGUSTO PINTO	M	43	00:41:52.99	00:41:47.80	A NATUREZA ENSINA
142	245	ANTONIO CAEIRO	M	48	00:41:53.82	00:41:45.50	BV MONTEMOR-O-NOVO
143	64	ALICE ROMA	F	47	00:41:55.14	00:41:50.57	AA MAFRA
144	215	JOSÉ CARAVELA	M	57	00:41:55.30	00:41:46.80	BV MONTEMOR-O-NOVO
145	332	PAULO SANTOS	M	52	00:41:58.14	00:41:50.28	CCR ALTO MOINHO
146	409	JOÃO F M RAMALHO	M	18	00:42:04.50	00:41:57.39	

147	346	PAULO CHAINHO	M	53	00:42:05.15	00:42:01.54	GDR S FRANCISCO SERRA
148	276	ANTONIO BEJA	M	53	00:42:07.51	00:41:55.10	ESCOLA TRIATLO STO ANTÓNIO
149	147	HÉLDER ALVALADE	M	44	00:42:09.50	00:42:04.31	GURUS
150	251	ANTÓNIO VALENTE	M	34	00:42:10.38	00:42:06.19	AA AVIS
151	392	MARCO RIBEIRO	M	29	00:42:12.11	00:42:06.68	
152	487	HÉLDER RAMOS	M	44	00:42:17.24	00:42:10.21	CATA - CA AMORA
153	257	CARLOS ROSADO	M	48	00:42:17.70	00:42:14.24	C RUGBY JUROMENHA
154	112	FERNANDO FERREIRA	M	60	00:42:20.85	00:42:19.49	CCR RIBEIRINHO
155	338	JOSÉ M DIONISIO	M	59	00:42:25.28	00:42:17.47	CCR ALTO MOINHO
156	267	JOSÉ BADALO	M	51	00:42:35.17	00:42:31.19	
157	517	TIAGO RODRIGUES	M	43	00:42:36.10	00:42:29.84	GFD RUNNING
158	491	CARLOS OLIVEIRA	M	41	00:42:37.18	00:42:31.98	CORRER EM GIESTA
159	51	GILBERTO DIAS	M	54	00:42:38.69	00:42:33.75	AA MAFRA
160	84	RUI BALTAZAR	M	39	00:42:43.76	00:42:42.75	GD ÁGUIAS MOITA
161	213	ANTÓNIO GASPAR	M	56	00:42:44.46	00:42:38.13	BV MONTEMOR-O-NOVO
162	284	JORGE LUÍS	M	41	00:42:48.95	00:42:37.52	ESCOLA ATLETISMO CARTAXO
163	176	JOSÉ A S ALMEIDA	M	40	00:42:54.50	00:42:47.60	
164	362	DAVID ROSA	M	40	00:43:00.46	00:42:55.82	A NATUREZA ENSINA
165	66	CARLOS MORAIS	M	54	00:43:02.24	00:42:59.92	AA MAFRA
166	539	DUARTE MATALOTO	M	36	00:43:03.67	00:42:57.28	GD DIANA
167	53	ORLANDO REBELO	M	59	00:43:04.12	00:43:04.12	AA MAFRA
168	498	PAULA LANEIRO	F	41	00:43:09.48	00:43:07.29	NAR MESSEJANA
169	493	JOAQUIM GUERREIRO	M	60	00:43:14.64	00:43:07.29	CDR AGUIAS UNIDAS AMORA-SEIXAL
170	497	HELDER GUERREIRO	M	40	00:43:17.91	00:43:12.53	JUVENTUDE AC
171	140	MARIA LUCAS	F	49	00:43:27.03	00:43:20.54	
172	183	JOSE CANOA	M	40	00:43:27.36	00:43:19.59	GAFANHORI
173	477	CELSO PONTES	M	37	00:43:27.49	00:43:19.69	FURÕES DO ALENTEJO
174	27	JOÃO SILVA	M	36	00:43:36.77	00:43:23.26	
175	30	PAULO J C T TIMÓTEO	M	39	00:43:40.30	00:43:26.79	
176	294	LUIS COSTA	M	56	00:43:46.98	00:43:45.88	CCD MUN PORTALEGRE
177	106	GUMERSINDO RODRIGUES	M	67	00:43:51.48	00:43:49.72	VITORIA FC
178	201	CARLOS A A LIMA	M	46	00:43:54.36	00:43:48.06	A NATUREZA ENSINA
179	168	LUIS SOUSA	M	42	00:43:56.40	00:43:42.26	
180	486	JOSÉ R FILHÓ	M	54	00:43:56.66	00:43:46.93	ATR CABRAS DOIDAS
181	148	CARLOS RODRIGUES	M	60	00:44:09.98	00:44:04.40	AA MAFRA
182	499	ANTHONY BURKE	M	50	00:44:14.59	00:44:08.71	
183	81	LUIS MARIANO	M	55	00:44:17.40	00:44:06.57	GD ÁGUIAS MOITA



184	244	HELODORO ARRANJA	M	46	00:44:18.29	00:44:12.89	BV MONTEMOR-O-NOVO
185	451	GONÇALO CARDOSO	M	27	00:44:18.96	00:44:11.78	
186	149	JORGE GINJA	M	43	00:44:19.96	00:44:08.07	AA MAFRA
187	482	ÓSCAR VAQUEIRINHO	M	33	00:44:20.92	00:44:16.12	VEREDAS DE NOUDAR
188	40	CARLOS PIRES	M	45	00:44:21.92	00:44:13.89	URCA
189	198	PAULO PALMA	M	53	00:44:24.57	00:44:23.46	DREAM RUNNERS ÉVORA
190	97	ANASTÁCIO NETO	M	43	00:44:25.03	00:44:15.15	
191	490	ANTÓNIO VENTURA	M	40	00:44:26.43	00:44:23.03	BEJA AC
192	396	PEDRO F S MACHUQUEIRO	M	32	00:44:30.63	00:44:27.95	MONDA QUIMICA TEAM
193	28	CARLOS MESTRINHO	M	43	00:44:30.90	00:44:21.51	
194	416	ALBERTO G S COELHO	M	42	00:44:36.72	00:44:28.99	RÁDIO GRANADA
195	435	FRANCISCO J O L GUERREIRO	M	17	00:44:47.14	00:44:47.14	NDC ODEMIRA
196	467	JOÃO FIGUEIRA	M	20	00:44:48.30	00:44:25.76	
197	268	PAULO J M CLARO	M	30	00:44:49.67	00:44:40.48	GAFANHORI
198	349	RUI FREITAS	M	64	00:44:56.68	00:44:51.01	GDR S FRANCISCO SERRA
199	98	JOÃO REBELO	M	51	00:45:00.23	00:44:51.78	CATA - CA AMORA
200	514	FERNANDO LOPES	M	46	00:45:01.77	00:44:56.91	GFD RUNNING
201	569	ANA BARRETO	F	36	00:45:03.54	00:45:00.34	
202	351	VITOR PEREIRA	M	40	00:45:03.58	00:44:59.30	GDR S FRANCISCO SERRA
203	508	PEDRO VIEIRA	M	43	00:45:03.58	00:44:54.72	GFD RUNNING
204	384	ANTONIO ROSADO	M	52	00:45:04.30	00:44:59.61	ESTRELA FC
205	46	RITA MARQUES	F	37	00:45:13.61	00:45:03.30	AA MAFRA
206	529	JOÃO P FERREIRA	M	23	00:45:34.37	00:45:22.59	A CAMINHAR
207	216	ABÍLIO CATARRO	M	60	00:45:38.80	00:45:30.06	BV MONTEMOR-O-NOVO
208	52	LUÍS ZEFERINO	M	42	00:45:40.20	00:45:29.28	AA MAFRA
209	273	MANUEL VAZ	M	57	00:45:41.51	00:45:35.84	
210	358	RICARDO FELIX	M	39	00:45:43.86	00:45:38.79	A NATUREZA ENSINA
211	376	AMERICO SANTOS	M	59	00:45:43.90	00:45:43.90	A NATUREZA ENSINA
212	318	JOSE LANÇA	M	63	00:45:45.00	00:45:42.16	CCR ALTO MOINHO
213	57	PEDRO PEREIRA	M	39	00:45:46.60	00:45:36.56	
214	291	JOAQUIM RAMALHO	M	47	00:46:05.98	00:45:56.68	CORRER LISBOA
215	123	DANIEL M PINTO	M	43	00:46:10.68	00:46:02.02	PINTOS A CORRER
216	193	JOÃO JACINTO	M	60	00:46:12.80	00:46:05.09	CCD O ALVITEJO
217	50	JOSÉ GONÇALVES	M	50	00:46:15.67	00:46:05.52	AA MAFRA
218	352	FERNANDO BEIJINHA	M	68	00:46:16.68	00:46:16.04	GDR S FRANCISCO SERRA
219	182	JOAQUIM PEREIRA	M	53	00:46:22.93	00:46:13.40	CORRER EM ÉVORA
220	67	MANUEL ZORRO	M	55	00:46:23.83	00:46:12.38	AA MAFRA

221	375	ANTONIA JORDÃO	F	38	00:46:23.84	00:46:18.51	A NATUREZA ENSINA
222	194	JOAQUIM MARTINS	M	56	00:46:31.41	00:46:25.04	CCD O ALVITEJO
223	360	RODRIGO SILVA	M	50	00:46:36.59	00:46:31.03	A NATUREZA ENSINA
224	309	JOÃO P M CRUZ	M	53	00:46:42.40	00:46:35.47	ESCOLA ATLETISMO DO MONTIJO-AFDD
225	69	NUNO ALMEIDA	M	45	00:46:49.99	00:46:33.16	CCDP MUN CASCAIS
226	479	PAULO O RIBEIRO	M	48	00:46:51.94	00:46:50.32	
227	59	MÁRIO MARTINS	M	33	00:46:52.39	00:46:42.85	
228	328	ANTONIO PEREIRA	M	62	00:46:56.00	00:46:49.46	CCR ALTO MOINHO
229	369	FILIPA FERNANDES	F	33	00:46:56.19	00:46:51.12	A NATUREZA ENSINA
230	374	HELDER CARMINÉ	M	37	00:46:56.91	00:46:52.50	A NATUREZA ENSINA
231	162	BRUNO SANTOS	M	41	00:46:59.30	00:46:38.84	GORUN VENDAS NOVAS
232	307	EURICO DURÃO	M	59	00:47:16.34	00:47:05.82	CDR GUIAS UNIDAS
233	101	JOAQUIM CAMPOS	M	59	00:47:18.05	00:47:04.47	OS CAMPOS
234	255	CARLOS MATOS	M	57	00:47:18.07	00:47:12.09	
235	283	SUZETE SILVA	F	46	00:47:18.22	00:47:11.71	ESCOLA ATLETISMO CARTAXO
236	189	AMÍLCAR SANTANA	M	71	00:47:36.12	00:47:34.12	CCD O ALVITEJO
237	572	SÉRGIO BATISTA	M	39	00:47:37.35	00:47:27.07	
238	220	LUÍS GAIÃO	M	42	00:47:38.23	00:47:30.99	DELTA CAFÉS
239	404	JOSÉ MOURA	M	60	00:47:45.00	00:47:43.91	FERRO & ARTE
240	516	ABEL PINA	M	52	00:47:46.39	00:47:37.24	GFD RUNNING
241	169	MANUEL CRISPIM	M	65	00:47:48.44	00:47:39.73	UDCA
242	217	AGOSTINHO PINTO	M	61	00:47:52.69	00:47:48.32	BV MONTEMOR-O-NOVO
243	393	PEDRO PALMINHA	M	39	00:47:57.33	00:47:45.59	PALMINHAS TEAM
244	400	JOSÉ F CASTRO	M	32	00:47:57.65	00:47:48.90	CATA - CA AMORA
245	23	HUGO BARRETO	M	35	00:47:57.97	00:47:48.87	
246	326	JOÃO CARVALHO	M	61	00:48:02.86	00:47:54.46	CCR ALTO MOINHO
247	234	ALEXANDRE SERRANO	M	22	00:48:04.91	00:48:02.76	BV MONTEMOR-O-NOVO
248	204	AUGUSTO SEMEDO	M	58	00:48:05.08	00:48:00.40	
249	454	FERNANDA GIL	F	47	00:48:06.36	00:47:59.68	INGLESES FC
250	387	TIAGO D S MARQUES	M	26	00:48:10.10	00:48:03.57	CORRER LISBOA
251	412	JOÃO P D GUEDES	M	32	00:48:10.12	00:47:55.89	ESTRELA FC
252	44	LUIS P C PEREIRA	M	32	00:48:17.29	00:48:04.63	
253	110	FERNANDO ZACARIAS	M	45	00:48:21.62	00:48:20.09	VITORIA FC
254	538	HENRIQUES SIMÃO	M	47	00:48:22.39	00:48:11.93	
255	237	MARIA RODRIGUES	F	42	00:48:22.61	00:48:17.30	BV MONTEMOR-O-NOVO
256	475	MÁRIO SILVA	M	37	00:48:23.93	00:48:15.53	FAMÍLIA MARTINS SILVA
257	48	PAULO MARQUES	M	52	00:48:26.77	00:48:14.36	AA MAFRA

258	339	ANJOS MOREIRA	F	44	00:48:32.46	00:48:24.42	GD DIANA
259	296	ANDRÉ LOPES	M	32	00:48:33.27	00:48:12.65	BILHUDOS
260	155	CARLOS FRADINHO	M	32	00:48:34.51	00:48:22.74	
261	76	PAULO REIS COSTA	M	56	00:48:36.42	00:48:24.01	AA MAFRA
262	461	PAULO ALVES	M	24	00:48:37.77	00:48:37.77	INGLESES FC
263	261	TIAGO OLIVEIRA	M	39	00:48:40.97	00:48:34.56	CATERINGPOR
264	265	ARMINDO QUEIMADO	M	51	00:48:41.63	00:48:35.90	
265	473	VITALINO LINO	M	55	00:48:47.32	00:48:29.89	CORRER EM ÉVORA
266	301	HENRIQUE M H TRINDADE	M	50	00:48:49.16	00:48:31.72	TRINIDAD
267	78	MARGARIDA GODINHO	F	57	00:48:57.11	00:48:53.56	GFD RUNNING
268	223	TINA OLIVEIRA	F	53	00:48:57.61	00:48:52.76	AMINHACORRIDA/MYPROTEIN
269	466	LUIS CALEÇO	M	26	00:48:58.25	00:48:42.72	
270	419	FRANCISCO ESTEVAM	M	37	00:49:03.97	00:48:46.35	
271	521	JOÃO COSTA	M	61	00:49:05.41	00:48:54.86	GFD RUNNING
272	153	ISABEL GRILO	F	46	00:49:08.25	00:48:58.75	RUN FORREST RUN
273	450	PEDRO M B RATO	M	28	00:49:12.92	00:48:57.61	
274	43	PAULO O C S LOURO	M	48	00:49:13.91	00:48:57.74	CAA MOITA
275	361	PAULO FOLGADO	M	48	00:49:15.64	00:49:11.12	A NATUREZA ENSINA
276	218	BRUNO CIRILO	M	30	00:49:23.42	00:49:11.19	DELTA CAFÉS
277	85	FILIPE NEVES	M	48	00:49:25.30	00:49:10.77	GD ÁGUIAS MOITA
278	391	VICENTE A BÔTO	M	44	00:49:25.32	00:49:18.53	CORRER LISBOA
279	83	FILIPE TIAGO	M	49	00:49:26.83	00:49:26.83	GD ÁGUIAS MOITA
280	60	RUI BARROS	M	48	00:49:27.42	00:49:11.75	
281	418	CARLOS VIDAL	M	24	00:49:30.65	00:49:07.87	
282	154	FERNANDO AGOSTINHO	M	39	00:49:36.27	00:49:25.55	ECI RUNNING TEAM
283	364	CARLA PAULO	F	38	00:49:36.78	00:49:27.25	A NATUREZA ENSINA
284	505	HERNÂNI GASPAR	M	55	00:49:39.56	00:49:31.98	
285	340	ROGÉRIO CHARRUA	M	44	00:49:42.48	00:49:36.91	GD DIANA
286	316	ALZIRA SOBRAL	F	55	00:49:46.11	00:49:33.51	CCR ALTO MOINHO
287	319	ANTONIO RAMINHOS	M	67	00:49:47.74	00:49:40.71	CCR ALTO MOINHO
288	303	ANTONIO RIBEIRO	M	69	00:49:48.20	00:49:31.79	CDR GUIAS UNIDAS
289	219	ALCINO CIRILO	M	59	00:49:53.33	00:49:46.11	DELTA CAFÉS
290	414	PAULO LOPES	M	32	00:50:02.02	00:49:58.53	
291	139	RICARDO TRIGUEIRO	M	34	00:50:03.57	00:49:56.84	
292	513	JORGE CORREIA	M	45	00:50:12.84	00:49:57.99	GFD RUNNING
293	143	MARIO ALVES	M	61	00:50:17.00	00:50:01.65	SFUAP
294	260	ANDRÉ REPOLHO	M	34	00:50:25.35	00:50:09.48	AMIGOS XAVI



295	151	SANDRA ALVES	F	45	00:50:26.07	00:50:16.44	RUN FORREST RUN
296	401	FRANCISCO JANEIRO	M	38	00:50:26.32	00:50:09.04	
297	22	JORGE MATEUS	M	41	00:50:26.59	00:50:09.80	
298	285	CARLOS RAPOSO	M	34	00:50:28.22	00:50:10.09	
299	274	ALINA VAZ	F	58	00:50:31.70	00:50:15.51	
300	36	SANDRINA C CUNHA	F	33	00:50:40.23	00:50:26.08	FOUR 4
301	35	ANDRÉ J LEANDRO	M	33	00:50:40.71	00:50:25.53	FOUR 4
302	214	MANUEL ANTÓNIO	M	58	00:50:40.81	00:50:31.05	BV MONTEMOR-O-NOVO
303	457	VIRGINIA PEREIRA	F	50	00:50:46.83	00:50:40.38	INGLESES FC
304	381	JOSÉ M S CARVALHO	M	55	00:50:50.28	00:50:40.97	ESTRELA FC
305	92	FERNANDO OLIVEIRA	M	50	00:50:50.56	00:50:32.81	BV VENDAS NOVAS
306	534	NELSON CARRASQUINHA	M	38	00:50:51.25	00:50:30.21	ETELGRA
307	269	SERGIO BORGES	M	44	00:50:51.65	00:50:41.73	
308	333	JOAQUIM SANTOS	M	59	00:50:55.73	00:50:45.48	FALCOES SELVAGENS
309	235	MIGUEL VARELA	M	34	00:51:06.56	00:50:57.46	BV MONTEMOR-O-NOVO
310	114	MIGUEL BARRADAS	M	34	00:51:07.76	00:50:46.04	JUST MOVE
311	200	BRUNO PALMA	M	24	00:51:07.98	00:51:05.00	DREAM RUNNERS ÉVORA
312	434	INÉS I O BERNARDO	F	17	00:51:09.40	00:51:04.72	NDC ODEMIRA
313	407	LUIS DIAS	M	35	00:51:16.97	00:51:04.95	PRAFITCLUB
314	186	LUIS F E MATEUS	M	33	00:51:17.55	00:51:11.36	
315	424	PAULO GOMES	M	58	00:51:21.31	00:51:17.16	
316	444	CARLOS MARTINS	M	58	00:51:26.39	00:51:09.19	CORRER EM ÉVORA
317	483	VITOR PEREIRA	M	46	00:51:26.47	00:51:19.75	
318	501	RÚBEN SILVA	M	28	00:51:26.53	00:51:14.53	STRAW PATROL
319	533	HELENA COELHO	F	47	00:51:29.54	00:51:12.71	CCR ALTO MOINHO
320	575	ANTONIO RAMOS	M	46	00:51:34.43	00:51:12.84	
321	306	JOSÉ GARRIDO	M	51	00:51:35.89	00:51:23.56	CDR GUIAS UNIDAS
322	442	ILIDIO P G CAMPOS	M	57	00:51:38.09	00:51:34.98	NDC ODEMIRA
323	433	MARISA I P CRUZ	F	17	00:51:38.24	00:51:34.47	NDC ODEMIRA
324	203	MARCO P C SANTOS	M	35	00:51:41.39	00:51:30.89	
325	270	BERNARDINO ANTUNES	M	55	00:51:44.45	00:51:34.17	
326	286	JOÃO FRADE	M	33	00:51:45.30	00:51:27.52	
327	174	MANUEL JACINTO	M	60	00:51:46.49	00:51:31.85	C PRAÇAS ARMADA
328	95	ANA BICHO	F	30	00:51:47.10	00:51:29.56	
329	94	RICARDO VIDEIRA	M	34	00:51:48.66	00:51:31.11	
330	325	JOSE BELICHA	M	67	00:51:48.92	00:51:43.59	CCR ALTO MOINHO
331	175	ANTÓNIO BORLA	M	72	00:51:50.68	00:51:36.05	C PRAÇAS ARMADA

332	173	MANUEL BATISTA	M	68	00:52:15.61	00:52:02.10	C PRAÇAS ARMADA
333	354	PEDRO GAMITO	M	40	00:52:17.54	00:52:03.48	GDR S FRANCISCO SERRA
334	202	ANA P G C LOPES	F	45	00:52:18.66	00:52:11.44	A NATUREZA ENSINA
335	515	INÊS PEREIRA	F	46	00:52:22.02	00:52:07.14	GFD RUNNING
336	519	LILIANA LOURO	F	41	00:52:28.97	00:52:14.06	GFD RUNNING
337	29	JOSÉ A P SERRÃO	M	54	00:52:31.44	00:52:13.57	BORDALOS
338	161	ADELAIDE FELIZARDO	F	39	00:52:31.68	00:52:12.15	GORUN VENDAS NOVAS
339	522	MADALENA ANDRADE	F	40	00:52:32.41	00:52:16.19	GFD RUNNING
340	323	ROSA AFONSO	F	49	00:52:32.80	00:52:21.40	CCR ALTO MOINHO
341	266	ANTÓNIO SERRA	M	57	00:52:34.01	00:52:28.70	
342	526	JOAO CALISTO	M	56	00:52:34.64	00:52:21.30	
343	372	LISA SANTOS	F	37	00:52:35.53	00:52:28.80	A NATUREZA ENSINA
344	236	ANA PIRES	F	28	00:52:36.28	00:52:27.30	BV MONTEMOR-O-NOVO
345	403	SÉRGIO NUNES	M	36	00:52:36.58	00:52:29.47	SCD GLÓRIA RIBATEJO
346	367	VIRGILIO OLIVEIRA	M	57	00:52:37.42	00:52:25.09	A NATUREZA ENSINA
347	122	DINIS SILVA	M	55	00:52:37.88	00:52:31.18	
348	263	LUIS FRAGOSO	M	42	00:52:45.63	00:52:38.22	CATERINGPOR
349	228	PAULO FORCA	M	42	00:52:49.22	00:52:36.75	ARBITROS DE VENDAS NOVAS
350	469	MIGUEL MARTINS	M	23	00:52:50.22	00:52:39.22	
351	470	JOÃO MARTINS	M	15	00:52:51.53	00:52:40.53	
352	253	RUI OLIVEIRA	M	56	00:52:54.61	00:52:45.95	AA AVIS
353	297	MIGUEL VIVAS	M	24	00:52:59.56	00:52:37.01	BILHUDOS
354	314	MARCOS FAUSTINO	M	60	00:52:59.85	00:52:53.28	CCR ALTO MOINHO
355	423	ARMANDO M MARTINS	M	51	00:53:00.86	00:52:47.91	
356	420	ARMANDO LACERDA	M	62	00:53:01.70	00:52:49.14	OCULISTA PORTAS STO ANTÓNIO
357	72	M <sup>a</sup> JOÃO S T RIBEIRO	F	38	00:53:02.47	00:52:46.84	CORRER EM ÉVORA
358	70	PAULO OLIVEIRA	M	49	00:53:05.94	00:52:49.24	CCDP MUN CASCAIS
359	99	FERNANDA REBELO	F	44	00:53:06.55	00:53:02.05	CATA - CA AMORA
360	496	HELDER CALDAS	M	49	00:53:14.85	00:53:03.05	CDR AGUIAS UNIDAS AMORA-SEIXAL
361	210	FERNANDO MARTINHO	M	54	00:53:15.97	00:53:02.48	CADT PORTUCEL SETUBAL
362	446	SAMUEL DINIS	M	27	00:53:18.28	00:52:57.02	GURUS
363	209	MANUEL CARDIM	M	65	00:53:22.29	00:53:07.16	CADT PORTUCEL SETUBAL
364	275	ALEXANDRA A JORG	F	49	00:53:28.23	00:53:17.21	ESCOLA TRIATLO STO ANTÓNIO
365	177	PAULA S ARRAIOLOS	F	45	00:53:35.87	00:53:35.87	BÚSSOLA ADL
366	313	MARGARIDA AMIGO	F	58	00:53:37.23	00:53:24.60	CCR ALTO MOINHO
367	181	CATARINA FORTES	F	46	00:53:40.86	00:53:25.59	CORRER EM ÉVORA
368	211	ANA P GAGO	F	35	00:53:43.55	00:53:32.09	BÚSSOLA ADL

369	256	LUIS J CRISTOVAO	M	61	00:53:47.11	00:53:42.09	
370	165	HUGO M BATISTA	M	26	00:53:51.57	00:53:44.54	
371	259	SÓNIA MACEDO	F	38	00:54:00.25	00:53:43.42	CORRER EM ÉVORA
372	271	JOSE DIAS	M	59	00:54:02.49	00:53:52.26	
373	500	ANTÓNIO M S JORGE	M	63	00:54:03.98	00:53:41.62	
374	68	PAULA MACHADO	F	62	00:54:05.39	00:53:50.23	CCDP MUN CASCAIS
375	118	NUNO M R SILVA	M	37	00:54:06.02	00:53:44.84	RUN SHAR
376	26	WILSON REIS	M	39	00:54:06.56	00:53:44.81	ESCOLA ATLETISMO DO MONTIJO-AFDD
377	295	ANTONIO AMARAL	M	53	00:54:23.17	00:54:14.52	CATERINGPOR
378	422	ANTÓNIO J G POMBINHO	M	59	00:54:41.31	00:54:30.08	
379	448	NUNO A B RATO	M	40	00:54:48.10	00:54:31.48	
380	449	SERGIO M A COSTA	M	41	00:54:49.70	00:54:33.85	
381	356	LINDALVA SILVA	F	50	00:54:50.03	00:54:50.03	A NATUREZA ENSINA
382	103	JOÃO P S ANJOS	M	47	00:54:50.86	00:54:36.67	
383	507	MARGARIDA PINTO	F	46	00:54:54.33	00:54:39.96	GFD RUNNING
384	320	AURELIO FERNANDES	M	62	00:54:54.51	00:54:38.38	CCR ALTO MOINHO
385	530	PAULO M R F ROSA	M	54	00:54:56.34	00:54:35.20	
386	512	VITOR SOUSA	M	43	00:55:09.09	00:54:53.39	GFD RUNNING
387	158	SILVIA V ROSA	F	44	00:55:10.50	00:54:49.65	OS PRIMOS
388	157	RICARDO F P GOMES	M	24	00:55:11.98	00:54:51.42	OS PRIMOS
389	93	CARLOS VIDEIRA	M	63	00:55:13.79	00:54:56.22	
390	100	FERNANDO CHAVEIRO	M	45	00:55:15.62	00:54:55.33	
391	171	CESALTINA DELGADO	F	55	00:55:15.65	00:55:13.64	GDC CRUZ PICADA
392	172	ANTÓNIO CATRONGA	M	58	00:55:17.29	00:55:14.19	GDC CRUZ PICADA
393	104	ANA R S ANJOS	F	51	00:55:24.80	00:55:11.58	
394	87	DOMINGOS PIRES	M	64	00:55:40.86	00:55:25.77	PAI E FILHO
395	125	PEDRO SALGADO	M	48	00:55:51.41	00:55:38.32	
396	250	INÉS FONSECA	F	41	00:56:16.01	00:56:00.78	AA AVIS
397	535	HELDER TEIXEIRA	M	34	00:56:19.99	00:56:00.84	
398	262	LUIS REBELO	M	39	00:56:22.14	00:56:14.20	CATERINGPOR
399	71	TÂNIA VALENTIM	F	34	00:56:24.11	00:56:06.81	CCDP MUN CASCAIS
400	443	M <sup>a</sup> JESUS I M DIAS	F	41	00:56:44.66	00:56:38.71	NDC ODEMIRA
401	185	DIAMANTINO COSTA	M	44	00:56:48.38	00:56:36.37	
402	191	JOSÉ MARQUES	M	62	00:56:56.36	00:56:43.00	CCD O ALVITEJO
403	380	LUCIANO M SILVA	M	63	00:57:00.41	00:56:43.31	RUN SHAR
404	570	HUMBERTO SILVA	M	59	00:57:12.89	00:56:55.73	
405	536	DAVID RAMINHOS	M	38	00:57:20.98	00:57:01.58	

406	242	ANTONIO AMARAL	M	44	00:57:30.30	00:57:21.60	BV MONTEMOR-O-NOVO
407	544	FERNANDO NUNES	M	40	00:57:43.23	00:57:24.31	
408	243	RUI PIRES	M	41	00:57:46.15	00:57:35.92	BV MONTEMOR-O-NOVO
409	197	JOÃO EZEQUIEL	M	30	00:57:47.30	00:57:34.54	ARBITROS DE VENDAS NOVAS
410	417	SOFIA M FERNANDES	F	35	00:57:48.87	00:57:25.75	
411	159	RUI VIGOÇO	M	72	00:58:14.58	00:57:54.55	GD BANCO BPI
412	120	GUILHERME P SANTOS	M	27	00:58:16.84	00:57:56.84	RUN SHAR
413	156	Mª MANUELA M COELHO	F	41	00:58:19.99	00:58:10.02	
414	399	MANUEL RODRIGUES	M	55	00:58:25.80	00:58:19.47	CATERINGPOR
415	366	PEDRO NOGUEIRA	M	46	00:58:37.98	00:58:24.10	A NATUREZA ENSINA
416	37	FRANCISCO RODRIGUES	M	35	00:58:42.91	00:58:27.75	FOUR 4
417	38	ANA RODRIGUES	F	33	00:58:44.30	00:58:29.13	FOUR 4
418	527	JULIA CALISTO	F	53	00:59:12.03	00:58:57.73	
419	480	ANABELA PEREIRA	F	44	00:59:14.16	00:58:59.46	GDR S FRANCISCO SERRA
420	336	VERA GRILO	F	36	00:59:14.36	00:59:02.50	BÚSSOLA ADL
421	124	ANTONIO J DUARTE	M	68	00:59:17.18	00:59:04.29	
422	524	MIKAEL SARAIVA	M	28	00:59:27.02	00:59:12.19	HEPAFILTRA
423	239	ELISABETE PICANÇO	F	39	00:59:29.75	00:59:18.98	BV MONTEMOR-O-NOVO
424	402	FRANCISCO ALBARDEIRO	M	18	00:59:40.14	00:59:30.52	
425	90	CARLA MENDES	F	45	00:59:42.31	00:59:22.76	GURUS
426	86	ANABELA NEVES	F	37	00:59:43.69	00:59:22.34	GD ÁGUIAS MOITA
427	324	PAULO SOARES	M	47	00:59:45.80	00:59:26.15	CCR ALTO MOINHO
428	144	RUBEN M GRANJA	M	21	00:59:49.31	00:59:49.31	
429	502	CARLA LOURENÇO	F	27	00:59:49.66	00:59:37.98	STRAW PATROL
430	141	CARLOS ALMEIDA	M	59	00:59:52.81	00:59:47.95	
431	510	VICTOR CARVALHO	M	55	01:00:10.53	00:59:52.66	GFD RUNNING
432	410	FERNANDO ROCHA	M	59	01:00:10.84	01:00:02.60	
433	199	RITA PALMA	F	47	01:01:14.79	01:01:06.88	DREAM RUNNERS ÉVORA
434	272	ESMERALDA RAMALHO	F	45	01:01:18.26	01:01:10.18	
435	179	RICARDINA MOLEIRO	F	51	01:01:19.02	01:01:08.21	BÚSSOLA ADL
436	327	PAULO AIRES	M	55	01:01:22.83	01:00:55.90	CCR ALTO MOINHO
437	329	ISAURA PEREIRA	F	59	01:01:24.95	01:01:09.44	CCR ALTO MOINHO
438	388	SANDRA SILVA	F	40	01:01:44.49	01:01:32.50	BÚSSOLA ADL
439	525	KEILA MENDES	F	26	01:02:19.72	01:02:09.67	RUN FORREST RUN
440	315	ANTONIO SOBRAL	M	59	01:02:25.49	01:01:59.67	CCR ALTO MOINHO
441	390	ANA R R BÔTO	F	39	01:02:29.86	01:02:23.10	CORRER LISBOA
442	421	HELENA LACERDA	F	53	01:02:35.09	01:02:21.99	OCULISTA PORTAS STO ANTÓNIO

443	187	PAULO J GODINHO	M	49	01:02:42.26	01:02:23.16	GD BANCO BPI
444	226	CÉLIA FRANCISCO	F	44	01:03:10.17	01:02:53.87	
445	150	VANIA RAMALHO	F	39	01:03:11.70	01:02:52.61	GURUS
446	142	ELSA COELHO	F	37	01:03:20.67	01:03:02.16	
447	128	RAFAEL VARELA	M	39	01:03:20.83	01:03:02.83	
448	129	RAQUEL VARELA	F	36	01:03:22.50	01:03:04.19	
449	225	PAULA C NETO	F	52	01:03:41.47	01:03:24.29	
450	160	PATRÍCIA N ROMÃO	F	35	01:04:14.19	01:04:14.19	
451	249	JOAQUIM MARTINS	M	54	01:04:16.29	01:04:06.94	BV MONTEMOR-O-NOVO
452	184	ANA MADEIRA	F	36	01:04:31.74	01:04:11.52	
453	386	NÂNCI F BÔTO	F	24	01:04:37.88	01:04:31.62	CORRER LISBOA
454	365	JOAQUIM CARDOSO	M	45	01:04:49.19	01:04:35.91	A NATUREZA ENSINA
455	304	PAULA GUERREIRO	F	46	01:05:37.55	01:05:21.84	CDR GUIAS UNIDAS
456	227	HELENA PEDRADAS	F	59	01:05:40.84	01:05:21.49	
457	492	CARLOS M SILVA	M	32	01:06:02.76	01:05:42.82	
458	528	HELENA I E GATEIRA	F	23	01:06:04.52	01:05:44.27	ÉVORA NIGHT RUNNERS
459	292	HERLANDER BRAZ	M	57	01:06:05.08	01:05:48.71	
460	532	GABRIEL CRUZ	M	74	01:06:13.02	01:06:04.13	CCR ALTO MOINHO
461	77	M <sup>a</sup> FERNANDA ESPADANEIRA	F	39	01:06:24.60	01:06:10.27	
462	478	CARLA HENRIQUES	F	41	01:06:44.12	01:06:29.43	FURÕES DO ALENTEJO
463	146	ANA CRISTINA PRANTO	F	45	01:06:57.74	01:06:43.64	OS LEÕES
464	145	MANUEL LUISLEAO	M	48	01:06:57.80	01:06:44.20	OS LEÕES
465	32	ELSA MENDES	F	64	01:07:04.89	01:06:53.44	
466	121	ANA R R SILVA	F	26	01:07:27.76	01:07:07.40	RUN SHAR
467	58	TIAGO DIAS	M	29	01:07:30.61	01:07:23.24	
468	115	INÉS LOURENÇO	F	32	01:07:41.44	01:07:19.83	JUST MOVE
469	406	RODRIGO CARVALHO	M	51	01:09:12.33	01:08:52.44	
470	290	SÉRGIO QUINTELA	M	39	01:09:13.32	01:09:01.09	
471	119	ANA P FONSECA	F	35	01:09:36.51	01:09:14.00	RUN SHAR
472	445	VÂNIA RIBEIRO	F	27	01:10:10.75	01:09:50.94	GURUS
473	484	SUSANA CRUZ	F	37	01:10:12.81	01:09:55.28	
474	476	SANDRA C ALMEIDA	F	42	01:10:14.99	01:09:57.25	
475	130	TÂNIA GONÇALVES	F	34	01:12:46.74	01:12:30.75	CORRER EM ÉVORA
476	246	MARIA JOÃO	F	46	01:13:07.24	01:12:57.28	BV MONTEMOR-O-NOVO
477	408	ANA C PEREIRA	F	47	01:13:47.48	01:13:30.26	ANE
478	363	HUGO VIEGAS	M	35	01:13:51.65	01:13:35.36	A NATUREZA ENSINA
479	322	ORLANDA MARTINS	F	45	01:14:23.62	01:14:11.55	CCR ALTO MOINHO



# 23<sup>a</sup> CORRIDA DA CIDADE

VENDAS NOVAS | 21 MAIO 2017

**10KM EDP**  
DISTRIBUIÇÃO

480	321	PAULA ANTUNES	F	45	01:14:38.48	01:14:26.71	CCR ALTO MOINHO
481	571	CATARINA I V PINHÃO	F	18	01:15:17.64	01:15:08.47	
482	163	MARIA CAPOTE	F	66	01:19:40.76	01:19:22.57	GORUN VENDAS NOVAS

**Total de registros: 482**