

24^a CORRIDA DA CIDADE

20 DE MAIO 2018 | VENDAS NOVAS

10KM

EDP DISTRIBUIÇÃO

Class	Num	Nome	Sx	Idd	Pos Escal	T. Bruto	T. Líquido	Equipe
1	155	HERMANO FERREIRA	M	27	1	00:31:07.13	00:31:04.97	SL BENFICA
2	282	NELSON CRUZ	M	33	2	00:31:09.36	00:31:09.36	C PEDRO PESSOA ESC ATLETISMO
3	222	MARCO A S P MIGUEL	M	27	3	00:31:18.04	00:31:18.00	C PRAÇAS ARMADA
4	116	BRUNO M S PAIXÃO	M	33	4	00:31:43.04	00:31:40.99	BEJA AC
5	220	PLÁCIDO JESUS	M	33	5	00:32:17.66	00:32:17.62	C PRAÇAS ARMADA
6	429	FILIFE FIALHO	M	21	6	00:32:22.84	00:32:22.84	GD DIANA
7	223	JOÃO BRAGADESTE	M	32	7	00:33:22.70	00:33:22.42	C PRAÇAS ARMADA
8	430	GONÇALO VARELA	M	21	8	00:33:25.21	00:33:25.21	GD DIANA
9	132	LUÍS M M RAÇÕES	M	42	1	00:33:30.99	00:33:30.99	INGLESES FC
10	283	FILIFE REBELO	M	23	9	00:33:40.12	00:33:39.33	C PEDRO PESSOA ESC ATLETISMO
11	180	JOAO P VAZ	M	50	1	00:33:45.00	00:33:42.69	CCD O ALVITEJO
12	163	PAULO GUIMARÃES	M	41	2	00:33:50.62	00:33:47.88	AMINHACORRIDA/MYPROTEIN
13	98	MARIO CASSACA	M	45	1	00:33:50.84	00:33:49.35	CA ODIMARQ
14	411	FERNANDO MATOS	M	51	2	00:33:55.00	00:33:52.44	GCA DONAS
15	97	PEDRO GOMES	M	40	3	00:34:15.89	00:34:15.89	CA ODIMARQ
16	360	ALEXEI SCUTARU	M	45	2	00:34:16.30	00:34:16.25	BEJA AC
17	441	BRUNO PEREIRA	M	29	10	00:34:30.14	00:34:30.14	
18	145	HUGO CARVALHO	M	36	1	00:34:47.45	00:34:47.45	BEJA AC
19	281	PEDRO PELADO	M	32	11	00:35:07.95	00:35:07.86	C PEDRO PESSOA ESC ATLETISMO
20	384	CUSTÓDIO M ANTÓNIO	M	41	4	00:35:11.47	00:35:11.47	RA 5 VENDAS NOVAS
21	444	NUNO M CARPINTEIRO	M	35	2	00:35:11.61	00:35:09.35	GD DIANA
22	41	MARIO ZORRO	M	43	5	00:35:17.09	00:35:16.91	AA MAFRA
23	218	MOISES ILIVEIRA	M	36	3	00:35:17.21	00:35:15.21	C PRAÇAS ARMADA
24	113	SERGIO E P TAVARES	M	38	4	00:35:19.34	00:35:19.02	AA MAFRA
25	322	LUÍS M ALMEIDA	M	45	3	00:35:22.69	00:35:20.28	ESTRELA FC
26	345	ROBERTO LADEIRAS	M	26	12	00:35:22.75	00:35:22.66	GFD RUNNING
27	115	EMILIA PISOEIRO	F	32	1	00:35:26.18	00:35:23.80	RD ÁGUEDA
28	96	ANDRÉ FERREIRA	M	37	5	00:35:36.14	00:35:36.14	CA ODIMARQ
29	44	RODRIGO GUERRA	M	42	6	00:35:43.81	00:35:41.84	AA MAFRA
30	178	PEDRO FERNANDES	M	22	13	00:35:47.88	00:35:47.88	C BENFICA REGUENGOS MONSARAZ
31	277	JOAO FERREIRA	M	42	7	00:35:57.33	00:35:54.23	CA ODIMARQ
32	389	ESTÉVÃO R P JANEIRO	M	22	14	00:36:17.79	00:36:17.79	BEJA AC
33	32	SÉRGIO P PAIVA	M	46	4	00:36:20.41	00:36:20.41	NÚCLEO OEIRAS
34	216	ANTÓNIO BRANCO	M	53	3	00:36:31.58	00:36:29.35	C PRAÇAS ARMADA
35	179	JOÃO BAIOSA	M	17	1	00:36:35.16	00:36:35.16	C BENFICA REGUENGOS MONSARAZ
36	165	TIAGO NOGUEIRA	M	35	6	00:36:35.79	00:36:35.70	AMINHACORRIDA/MYPROTEIN

24^a CORRIDA DA CIDADE

20 DE MAIO 2018 | VENDAS NOVAS

10KM

EDP DISTRIBUIÇÃO

37	401	FILIPE MOTA	M	49	5	00:36:40.52	00:36:40.10	AD IALBAX
38	120	GILBERTO FERNANDES	M	56	1	00:36:41.84	00:36:40.80	ACR FRADE CIMA
39	268	EMANUEL DIOGO	M	27	15	00:36:45.64	00:36:44.80	GDR S FRANCISCO SERRA
40	245	JOÃO CORREIA	M	51	4	00:36:47.98	00:36:47.70	ADR AA AVIS
41	45	EDUARDO S EUSTÁQUIO	M	54	5	00:36:55.57	00:36:52.89	AA MAFRA
42	134	PATRICIA S MARQUES	F	34	2	00:37:16.40	00:37:16.36	BEJA AC
43	182	RICARDO SIMÕES	M	53	6	00:37:24.40	00:37:23.56	CCD O ALVITEJO
44	412	FRANCISCO LARANJEIRA	M	20	16	00:37:32.86	00:37:32.86	GD DIANA
45	310	PAULO J P COSTA	M	52	7	00:37:40.33	00:37:40.33	RB RUNNING
46	252	MARIO GRILO	M	22	17	00:37:42.60	00:37:42.60	BV MONTEMOR-O-NOVO
47	171	NUNO VALENTE	M	38	7	00:37:42.86	00:37:42.06	BEJA AC
48	418	ERNESTO ZAMBUJO	M	45	6	00:37:43.92	00:37:43.92	GD DIANA
49	125	JOSÉ JARMELA	M	53	8	00:38:06.27	00:38:04.31	NAZ ABOBODA
50	425	MANUEL VEIGA	M	54	9	00:38:19.22	00:38:15.18	GDC CRUZ PICADA
51	377	JOAO SIMOES	M	47	7	00:38:20.59	00:38:20.59	AMINHACORRIDA/MYPROTEIN
52	439	RAQUEL CABAÇO	F	31	3	00:38:21.37	00:38:21.30	GD DIANA
53	431	JOÃO ANDRÉ	M	31	18	00:38:22.00	00:38:22.00	GD DIANA
54	181	ANTÓNIO PAIS	M	48	8	00:38:22.45	00:38:20.18	CCD O ALVITEJO
55	323	PEDRO A VIEIRA	M	35	8	00:38:27.79	00:38:26.13	ESTRELA FC
56	423	SILVESTRE MARTINS	M	60	1	00:38:38.57	00:38:38.57	GD DIANA
57	285	RUI J F BORRALHEIRA	M	42	8	00:38:50.84	00:38:50.79	
58	192	ROGÉRIO ARRAIOLOS	M	48	9	00:38:52.58	00:38:48.53	BÚSSOLA ADL
59	426	SANDRA PROTÁSIO	F	28	4	00:38:54.24	00:38:53.48	JOMA
60	359	PEDRO M COSTA	M	49	10	00:39:02.33	00:39:01.12	BEJA AC
61	149	VALTER OLIVEIRA	M	40	9	00:39:05.83	00:39:03.61	GDR REBOLEIRA
62	191	ANTÓNIO URBANO	M	55	2	00:39:07.77	00:39:05.86	FC CASTRENSE
63	402	ANTÓNIO J S REAL	M	62	2	00:39:10.49	00:39:08.78	AD IALBAX
64	228	ALÍPIO L P TRIGO	M	41	10	00:39:11.02	00:39:06.41	ESC ATLETISMO MONTIJO-AFDD
65	150	JORGE V CORREIA	M	46	11	00:39:12.07	00:39:08.78	GDR REBOLEIRA
66	361	VERÓNICA SCUTARU	F	41	1	00:39:15.94	00:39:13.38	BEJA AC
67	99	AIRES PRATAS	M	63	3	00:39:20.80	00:39:17.51	CA ODIMARQ
68	318	LUÍS PEREIRA	M	58	3	00:39:25.49	00:39:25.49	GDR S FRANCISCO SERRA
69	265	EURICO JR CANDEIAS	M	48	12	00:39:28.80	00:39:25.47	BÚSSOLA ADL
70	121	JOÃO SANTOS	M	52	10	00:39:38.42	00:39:34.66	IRMÃOS LUZIAS
71	309	ANTONIO PARREIRA	M	62	4	00:39:38.71	00:39:32.98	NAR MESSEJANA
72	240	SANDRA CONCEIÇÃO	F	38	2	00:39:38.85	00:39:37.36	C PRAÇAS ARMADA
73	221	RICARDO OLIVEIRA	M	38	9	00:39:39.66	00:39:37.58	C PRAÇAS ARMADA

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74	177	JESUALDO CLARO	M	32	19	00:39:43.97	00:39:43.97	C BENFICA REGUENGOS MONSARAZ
75	324	BRUNO A V HELENO	M	37	10	00:39:50.10	00:39:50.10	ESTRELA FC
76	84	VALTER M O FONSECA	M	36	11	00:39:52.33	00:39:52.33	FONSECA TEAM
77	37	MARIUS LEORDEAN	M	35	12	00:39:55.88	00:39:53.62	AA MAFRA
78	42	RUI BATISTA	M	41	11	00:39:57.76	00:39:57.76	AA MAFRA
79	335	PEDRO DUARTE	M	27	20	00:40:03.38	00:40:03.25	GFD RUNNING
80	357	LUÍS M A GARCIA	M	30	21	00:40:05.29	00:39:56.17	RA 5 VENDAS NOVAS
81	270	ROGÉRIO CASSACA	M	47	13	00:40:06.34	00:40:06.34	GDR S FRANCISCO SERRA
82	267	LUÍS CORTINHAS	M	37	13	00:40:06.96	00:40:06.96	GDR S FRANCISCO SERRA
83	400	VASCO M DUQUE	M	28	22	00:40:26.38	00:40:26.38	TRAIL DO TEXUGO-REDONDO
84	325	ANTÓNIO M VALADAS	M	52	11	00:40:33.00	00:40:30.12	ESTRELA FC
85	371	EMÍLIO PAULINO	M	59	4	00:40:34.21	00:40:31.05	AC PORTALEGRE/UTSM
86	110	JOAQUIM A R CARREIRA	M	55	5	00:40:37.80	00:40:34.79	DOLCE FURADOURO
87	164	JORGE A AMARAL	M	49	14	00:40:39.46	00:40:39.46	AMINHACORRIDA/MYPROTEIN
88	143	PAULO M LOPES	M	49	15	00:40:44.60	00:40:42.88	RCTM
89	338	ABEL FLORES	M	56	6	00:40:55.40	00:40:54.16	
90	183	VÍTOR GOMES	M	62	5	00:41:00.15	00:40:57.69	CCD O ALVITEJO
91	36	LUCILIA SOARES	F	56	1	00:41:00.69	00:40:58.42	CATAGÁS VULCANO
92	293	SAMUEL GALVEIA	M	37	14	00:41:01.28	00:41:01.28	NAVIGATOR CLUBE SETUBAL
93	122	JOSÉ F VILHENA	M	49	16	00:41:05.58	00:41:01.11	LUZIAS
94	257	JOAQUIM FREITAS	M	40	12	00:41:08.98	00:41:08.98	BV MONTEMOR-O-NOVO
95	94	ANTONIO PAIAS	M	61	6	00:41:14.91	00:41:14.91	CA ODIMARQ
96	208	LUIS A F MARMELEIRA	M	49	17	00:41:22.04	00:41:22.04	
97	205	ANTÓNIO SÉRGIO	M	53	12	00:41:27.84	00:41:21.57	GDI
98	197	LUIS M J CARPELHO	M	44	13	00:41:36.72	00:41:32.70	
99	57	GERMANO SILVA	M	60	7	00:41:41.23	00:41:36.51	AD REAL ACADEMIA
100	48	RODOLFO ANDRADE	M	36	15	00:41:45.51	00:41:41.56	AA MAFRA
101	297	PETER STEINHAUSEN	M	65	1	00:41:45.59	00:41:42.55	
102	420	NUNO CORCHADO	M	46	18	00:41:52.55	00:41:51.21	GD DIANA
103	413	ANA MARTINS	F	29	5	00:41:57.16	00:41:57.16	GD DIANA
104	320	VASCO AGOSTINHO	M	52	13	00:41:57.76	00:41:57.76	GDR S FRANCISCO SERRA
105	52	JORGE CRUZ	M	53	14	00:41:58.86	00:41:54.14	AA MAFRA
106	284	CARLOS CRISTÃO	M	56	7	00:42:04.06	00:42:00.98	C PEDRO PESSOA ESC ATLETISMO
107	50	GILBERTO DIAS	M	56	8	00:42:08.40	00:42:03.91	AA MAFRA
108	12	LUIS SILVA	M	37	16	00:42:08.44	00:42:05.35	SL BESUNTAS
109	383	DINARTE FERNANDES	M	23	23	00:42:09.71	00:42:09.71	RA 5 VENDAS NOVAS
110	414	CARINA RODRIGUES	F	31	6	00:42:15.76	00:42:11.85	GD DIANA

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EDP DISTRIBUIÇÃO

111	291	JOÃO ARENGA	M	66	2	00:42:17.04	00:42:16.00	NAVIGATOR CLUBE SETUBAL
112	289	VALTER A G PAULINO	M	40	14	00:42:20.17	00:42:15.56	
113	188	PAULO M M PALMA	M	54	15	00:42:20.54	00:42:20.36	DREAM RUNNERS ÉVORA
114	349	CARLOS SILVA	M	32	24	00:42:22.68	00:42:22.68	ESTRELA FC
115	176	DANIEL M PINTO	M	44	15	00:42:27.85	00:42:26.49	C BENFICA REGUENGOS MONSARAZ
116	403	PAULO BARRADAS	M	36	17	00:42:38.16	00:42:33.44	
117	85	FERNANDO CHAMUSCA	M	68	3	00:42:41.04	00:42:36.91	LINDA-A-PASTORA SC
118	408	JOÃO FONSECA	M	39	18	00:42:44.01	00:42:37.90	
119	43	ALICE B ROMA	F	48	1	00:42:46.71	00:42:46.71	AA MAFRA
120	417	SANDRA PITEIRA	F	45	2	00:42:50.40	00:42:50.40	GD DIANA
121	260	HELIODORO J ARRANJA	M	47	19	00:42:56.04	00:42:51.59	BV MONTEMOR-O-NOVO
122	206	OSCAR M M TANGANHO	M	38	19	00:42:57.83	00:42:57.83	
123	337	VIVALDO TANGANHO	M	58	9	00:42:58.59	00:42:57.38	
124	114	JORGE M GINJA	M	44	16	00:42:59.84	00:42:55.92	AA MAFRA
125	353	MARIO A R DUARTE	M	34	25	00:43:08.09	00:43:08.09	LAVRE RUNNING
126	152	PEDRO M MONTEIRO	M	42	17	00:43:13.87	00:43:08.91	ACR FRADE CIMA
127	151	MÁRIO MIGUEL	M	68	4	00:43:13.87	00:43:06.55	GDR REBOLEIRA
128	112	CARLOS M MORAIS	M	55	10	00:43:17.69	00:43:15.28	AA MAFRA
129	174	ANTÓNIO I CATRONGA	M	59	11	00:43:18.38	00:43:17.71	C BENFICA REGUENGOS MONSARAZ
130	53	NELSON LOURENÇO	M	46	20	00:43:19.18	00:43:15.26	AA MAFRA
131	225	PAULO GALVEIA	M	41	18	00:43:29.21	00:43:26.50	ESC ATLETISMO MONTIJO-AFDD
132	332	HELDER A CONCEIÇÃO	M	36	20	00:43:40.83	00:43:37.93	OS PARDALITOS RUNNING TEAM
133	104	JOÃO P S SILVA	M	39	21	00:43:43.80	00:43:31.59	
134	470	JOAO P NEVES	M	33	26	00:43:45.78	00:43:38.65	ESTRELA FC
135	254	ANDRÉ SANTOS	M	25	27	00:43:48.23	00:43:48.23	BV MONTEMOR-O-NOVO
136	434	BELINDA RODRIGUES	F	38	3	00:43:53.01	00:43:48.19	RA 5 VENDAS NOVAS
137	273	VITOR PEREIRA	M	41	19	00:43:55.91	00:43:55.91	GDR S FRANCISCO SERRA
138	139	RUBEN M R MARTINS	M	25	28	00:43:58.42	00:43:45.54	LAVRE RUNNING
139	140	MÁRIO J M MENDONÇA	M	31	29	00:43:58.73	00:43:45.52	LAVRE RUNNING
140	381	ANTONIO ROSADO	M	53	16	00:43:59.88	00:43:56.98	RA 5 VENDAS NOVAS
141	194	NUNO S ALMEIDA	M	37	22	00:44:08.52	00:44:01.66	
142	200	JOÃO P BOIM	M	42	20	00:44:13.22	00:44:02.69	
143	344	RAFAEL MONTEIRO	M	39	23	00:44:17.55	00:44:09.14	
144	100	JOAQUIM MARTINS	M	54	17	00:44:25.46	00:44:23.70	CA ODIMARQ
145	137	NUNO J A MATIAS	M	33	30	00:44:34.96	00:44:21.71	LAVRE RUNNING
146	385	NUNO PAULOS	M	37	24	00:44:35.79	00:44:27.56	SCA RUN ALCÁÇOVAS
147	256	PEDRO M PEREIRA	M	40	21	00:44:36.01	00:44:33.46	BV MONTEMOR-O-NOVO

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EDP DISTRIBUIÇÃO

148	272	RUI FREITAS	M	65	5	00:44:36.98	00:44:32.15	GDR S FRANCISCO SERRA
149	386	FLAVIANO L DIAS	M	68	6	00:44:39.72	00:44:39.71	AMICICLO GRÂNDOLA
150	362	JOSÉ BADALO	M	52	18	00:44:42.86	00:44:35.00	ADCSA BALDIO
151	263	ABILIO J CATARRO	M	61	8	00:44:47.62	00:44:45.67	BV MONTEMOR-O-NOVO
152	348	JORGE PEDRO	M	51	19	00:44:49.97	00:44:44.35	
153	59	CARLOS GONÇALVES	M	53	20	00:44:53.92	00:44:38.84	SFUAP
154	219	JOAO SANTOS	M	53	21	00:45:02.40	00:45:02.40	C PRAÇAS ARMADA
155	201	ANTÓNIO M F LEONOR	M	39	25	00:45:10.88	00:45:10.88	
156	47	HELENA MARTINS	F	56	2	00:45:13.01	00:45:11.35	AA MAFRA
157	209	SERGIO PEDREIRO	M	42	22	00:45:13.68	00:45:13.68	C PRAÇAS ARMADA
158	162	CARLOS A LOPES	M	43	23	00:45:14.81	00:45:08.89	AMINHACORRIDA/MYPROTEIN
159	67	VITOR TRIGO	M	46	21	00:45:21.93	00:45:20.89	
160	407	MANUEL MAIA	M	55	12	00:45:24.15	00:45:22.24	
161	56	ALVARO PINTO	M	61	9	00:45:26.63	00:45:26.63	AD REAL ACADEMIA
162	255	NUNO M REBOCHO	M	26	31	00:45:28.94	00:45:28.94	BV MONTEMOR-O-NOVO
163	156	ANTÓNIO BATISTA	M	54	22	00:45:29.34	00:45:22.34	AA MAFRA
164	83	LUIS C S O TOMAZ	M	39	26	00:45:31.36	00:45:16.29	ESCAMADOS DO SORRAIA RUNNERS
165	63	MÁRCIA SANTOS	F	36	4	00:45:36.09	00:45:34.17	HC RUNNERS
166	142	AUGUSTO SEMEDO	M	60	10	00:45:36.63	00:45:29.93	RCTM
167	410	CARLA M O PEREIRA	F	33	7	00:45:37.00	00:45:37.00	
168	49	RUI BASTOS	M	44	24	00:45:42.62	00:45:39.18	AA MAFRA
169	187	CARLOS JESUS	M	35	27	00:45:55.36	00:45:47.10	
170	370	ANTÓNIO MELGUEIRA	M	35	28	00:45:56.76	00:45:49.49	VENDASNOVENSE
171	102	MÁRIO MARTINS	M	34	32	00:45:57.72	00:45:50.08	VENDASNOVENSE
172	396	ROBERTO MATEUS	M	25	33	00:46:07.54	00:46:06.33	
173	432	NELSON J M CARRASQUINHA	M	39	29	00:46:13.05	00:46:00.80	ETELGRA
174	406	ANTÓNIO J VENTURA	M	41	25	00:46:16.05	00:46:11.07	BEJA AC
175	38	GONÇALO L CORREIA	M	40	26	00:46:18.74	00:46:14.25	AA MAFRA
176	415	ANJOS MOREIRA	F	45	3	00:46:19.70	00:46:19.70	GD DIANA
177	231	ALEXANDRE CARDANA	M	35	30	00:46:20.82	00:46:12.92	DIRTRUNNERS
178	213	ALVARO M SILVA	M	61	11	00:46:24.52	00:46:20.67	C PRAÇAS ARMADA
179	286	HELDER J FERNANDES	M	40	27	00:46:40.86	00:46:30.38	MUN VENDAS NOVAS
180	186	JOÃO JACINTO	M	61	12	00:46:41.57	00:46:32.75	CCD O ALVITEJO
181	160	CARLA DIAS	F	45	4	00:46:49.80	00:46:49.80	
182	237	NUNO MIRÃO	M	32	34	00:46:54.47	00:46:54.47	
183	288	LUIS OLIVEIRA	M	40	28	00:46:54.97	00:46:48.57	
184	301	LUIS F ALMEIDA	M	59	13	00:46:57.03	00:46:48.75	

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EDP DISTRIBUIÇÃO

185	356	HENRIQUES SIMÃO	M	48	22	00:46:57.04	00:46:44.93	GD DIANA
186	159	JOAQUIM CAMPOS	M	60	13	00:46:57.16	00:46:46.89	OS CAMPOS
187	147	JOÃO P C M COSTA	M	45	23	00:46:57.76	00:46:52.19	ÉVORA NIGHT RUNNERS
188	40	VALTER E NUNES	M	44	29	00:47:03.90	00:46:58.66	AA MAFRA
189	379	VITOR M S DIAS	M	34	35	00:47:04.59	00:47:04.59	RA 5 VENDAS NOVAS
190	351	BRUNO M P PEREIRA	M	29	36	00:47:04.86	00:47:04.86	
191	327	ANTHONY BURKE	M	51	23	00:47:06.52	00:46:57.86	TONY
192	305	SANDRINA C CUNHA	F	35	5	00:47:08.44	00:47:05.24	NAZ ABOBODA
193	306	ANDRÉ J LEANDRO	M	34	37	00:47:09.28	00:47:09.28	NAZ ABOBODA
194	144	FRANCISCO SILVEIRA	M	49	24	00:47:13.65	00:47:08.89	NAZ ABOBODA
195	153	MIGUEL MARTINS	M	24	38	00:47:33.23	00:47:33.23	NN1904
196	190	VITOR G MARTINS	M	58	14	00:47:37.36	00:47:30.00	NA PENTEADO
197	435	NUNO PEREIRA	M	35	31	00:47:37.53	00:47:31.15	ACR FRADE CIMA
198	376	CARLA FERNANDES	F	39	6	00:47:50.15	00:47:47.65	AMINHACORRIDA/MYPROTEIN
199	61	ANTÓNIA JORDÃO	F	40	7	00:47:50.32	00:47:48.09	SFUAP
200	17	PEDRO R PEREIRA	M	51	24	00:47:52.32	00:47:52.32	C MILLENNIUM BCP
201	419	PAULO RIBEIRO	M	49	25	00:47:55.45	00:47:55.45	GD DIANA
202	395	LUIS CID	M	41	30	00:47:55.60	00:47:49.54	SCA RUN ALCÁÇOVAS
203	405	CALEÇO	M	27	39	00:48:08.39	00:47:54.85	
204	390	CARLOS M F S PERDIGÃO	M	54	25	00:48:10.06	00:48:00.85	
205	247	SUZY SILVA	F	48	5	00:48:10.25	00:48:04.48	ESC ATLETISMO CARTAXO
206	138	RUI M V BORRALHO	M	30	40	00:48:16.29	00:48:03.98	LAVRE RUNNING
207	22	VITALINO A LINO	M	56	15	00:48:18.12	00:48:09.26	CORRER EM ÉVORA
208	107	FRANCISCO JULIÃO	M	59	16	00:48:20.78	00:48:12.78	DOLCE FURADOURO
209	31	HUGO BARRETO	M	36	32	00:48:23.98	00:48:18.05	HB
210	422	ROGÉRIO CHARRUA	M	45	26	00:48:26.00	00:48:26.00	GD DIANA
211	242	ANA MARTINS	F	44	8	00:48:30.39	00:48:18.88	
212	302	GORETI VALENTE	F	40	9	00:48:30.62	00:48:18.90	
213	355	NATACHA RIBEIRINHO	F	27	8	00:48:34.38	00:48:25.75	
214	292	MANUEL CARDIM	M	66	7	00:48:38.00	00:48:23.11	NAVIGATOR CLUBE SETUBAL
215	103	FERNANDO AGOSTINHO	M	40	31	00:48:45.37	00:48:36.27	EL CORTE INGLÉS RUNNING TEAM
216	91	MARGARIDA GODINHO	F	59	3	00:48:47.78	00:48:42.25	
217	315	NELSON A B PITEIRA	M	38	33	00:48:51.89	00:48:51.89	
218	391	LUIS GAIÃO	M	43	32	00:48:54.00	00:48:50.24	DELTA CAFES
219	77	PAULO J CARDIM	M	44	33	00:48:59.65	00:48:41.72	A DANIEL CALDEIRA
220	274	PAULO CHAINHO	M	54	26	00:49:02.30	00:49:02.30	GDR S FRANCISCO SERRA
221	438	BEATRIZ SARAMAGAIO	F	17	1	00:49:08.74	00:48:57.59	ESTRELA FC

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EDP DISTRIBUIÇÃO

222	321	JOSE M CARVALHO	M	56	17	00:49:09.59	00:49:07.65	ESTRELA FC
223	369	ALEXANDRE MATEUS	M	42	34	00:49:13.72	00:49:10.80	
224	129	MANUEL CRISPIM	M	66	8	00:49:17.47	00:49:16.63	UDCA
225	29	JORGE MATEUS	M	42	35	00:49:22.61	00:49:09.49	
226	66	RICARDO ROMÃO	M	37	34	00:49:25.47	00:49:06.73	FAJARDA RUNNERS
227	16	LUIS F F BAIXINHO	M	34	41	00:49:27.08	00:49:27.08	C MILLENNIUM BCP
228	185	JOAQUIM MARTINS	M	58	18	00:49:29.03	00:49:18.53	CCD O ALVITEJO
229	196	M ^a EUGÉNIA IZAÍAS	F	55	4	00:49:31.50	00:49:31.09	CDR RIBEIRINHO - BAIXA DA BANHEIRA
230	397	SÉRGIO MONTEIRO	M	35	35	00:49:39.69	00:49:34.56	SCA RUN ALCÁÇOVAS
231	347	PEDRO D G CORREIA	M	35	36	00:49:46.31	00:49:32.57	SUBTIL 3D EXTREME
232	13	HENRIQUE PEREIRA	M	42	36	00:49:54.18	00:49:46.82	NA PENTEADO
233	30	JOEL MÓSCA	M	50	27	00:49:54.61	00:49:48.06	OS CANSADOS
234	131	RUI M C RAPOSO	M	50	28	00:49:59.52	00:49:45.53	AMICICLO GRÂNDOLA
235	280	FERNANDO M SOBRAL	M	60	14	00:50:02.57	00:49:48.12	GDR S FRANCISCO SERRA
236	241	CARLOS ROSADO	M	49	27	00:50:10.02	00:49:58.07	C RUGBY JUROMENHA
237	204	NUNO R T GOMES	M	42	37	00:50:13.07	00:50:03.07	
238	79	MANUEL RIJO	M	66	9	00:50:17.46	00:50:06.58	R&C
239	336	FRANCISCO ESTEVAM	M	38	37	00:50:19.33	00:50:07.46	
240	424	LUIS CORREIA	M	45	28	00:50:19.73	00:50:10.67	CORRER EM ÉVORA
241	275	RUI A C OLIVEIRA	M	57	19	00:50:23.16	00:50:11.65	ADR AA AVIS
242	312	JOÃO CALISTO	M	57	20	00:50:23.67	00:50:09.53	CALISTO TEAM
243	296	ARMANDO M S B LACERDA	M	63	15	00:50:29.15	00:50:28.29	OCULISTA PORTAS STO ANTÓNIO
244	334	NUNO F RODRIGUES	M	45	29	00:50:31.94	00:50:21.05	AC PORTALEGRE/UTSM
245	58	MARIO ALVES	M	62	16	00:50:33.00	00:50:17.18	SFUAP
246	173	CÁTIA PRATAS	F	37	10	00:50:35.84	00:50:32.78	C FERROV PORTUGAL
247	437	LEONEL BRANDAO	M	50	29	00:50:40.03	00:50:40.03	C MILLENNIUM BCP
248	23	SOFIA NUNES	F	32	9	00:50:41.18	00:50:31.67	
249	55	LUÍS CRUZ	M	35	38	00:50:43.71	00:50:27.78	ESCAMADOS DO SORRAIA RUNNERS
250	166	TINA C OLIVEIRA	F	54	6	00:50:46.08	00:50:45.68	AMINHACORRIDA/MYPROTEIN
251	331	IDALÉCIO BARROS	M	63	17	00:50:57.16	00:50:53.42	GDUC
252	339	ISABEL GRILO	F	47	7	00:51:03.16	00:50:57.77	RUN FORREST RUN
253	89	ANTÓNIO GRILO	M	52	30	00:51:03.56	00:50:57.47	RUN FORREST RUN
254	440	HELDER JOSE FERNANDES	M	58	21	00:51:05.00	00:51:05.00	ACR FRADE CIMA
255	141	JOÃO F C GODINHO	M	35	39	00:51:18.96	00:51:18.96	LAVRE RUNNING
256	416	MINA REBOLA	F	43	11	00:51:32.19	00:51:32.19	GD DIANA
257	253	ALEXANDRE SERRANO	M	23	42	00:51:33.98	00:51:33.98	BV MONTEMOR-O-NOVO
258	88	SANDRA ALVES	F	46	8	00:51:34.22	00:51:28.40	RUN FORREST RUN

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EDP DISTRIBUIÇÃO

259	328	MÁRIO F SANTOS	M	51	31	00:51:42.34	00:51:32.21	LÁ VÃO... DE ALMEIRIM
260	304	MÁRIO CORREIA	M	43	38	00:51:51.38	00:51:44.71	
261	249	VITOR SANTOS	M	54	32	00:51:54.78	00:51:48.21	ESC ATLETISMO CARTAXO
262	246	RICARDO VERGAS	M	50	33	00:51:55.34	00:51:49.28	ESC ATLETISMO CARTAXO
263	248	FERNANDO SILVA	M	54	34	00:51:55.59	00:51:49.28	ESC ATLETISMO CARTAXO
264	239	POSSIDÓNIO CONSTANTINO	M	65	10	00:51:58.47	00:51:47.17	C PRAÇAS ARMADA
265	235	ANDRÉ MORGADO	M	73	11	00:52:02.26	00:51:59.92	OS PERSISTENTES
266	215	TERESA SILVA	F	44	12	00:52:02.32	00:51:59.31	C PRAÇAS ARMADA
267	106	CARLOS M M DIAS	M	52	35	00:52:02.98	00:51:53.59	
268	136	ANDRÉ C DUARTE	M	30	43	00:52:04.57	00:52:04.57	BÚSSOLA ADL
269	28	INÉS BERNARDO	F	36	13	00:52:06.55	00:52:06.55	C MILLENNIUM BCP
270	264	M ^a JOÃO RIBEIRO	F	39	14	00:52:08.20	00:51:59.14	CORRER EM ÉVORA
271	34	MARA S SILVA	F	38	15	00:52:08.91	00:51:59.49	CORRER EM ÉVORA
272	26	OLGA M CAIADO	F	46	9	00:52:23.52	00:52:16.50	DOMINGUEIRA VENDAS NOVAS
273	358	INÉS B NUNES	F	25	10	00:52:25.21	00:52:16.07	
274	224	TIAGO OLIVEIRA	M	40	39	00:52:26.34	00:52:18.54	
275	299	JORGE M S RAMALHO	M	45	30	00:52:36.29	00:52:33.74	BV MONTEMOR-O-NOVO
276	298	MARIA MOCISSO	F	44	16	00:52:36.29	00:52:31.23	BV MONTEMOR-O-NOVO
277	316	FERNANDO GOMES	M	57	22	00:52:39.78	00:52:39.63	
278	236	JOSÉ M COSTA	M	72	12	00:52:41.04	00:52:38.70	OS PERSISTENTES
279	217	ABEL GONÇALVES	M	39	40	00:52:43.39	00:52:34.05	C PRAÇAS ARMADA
280	92	ARLINDO G PARRA	M	56	23	00:52:46.03	00:52:32.31	CP EDP LISBOA
281	35	FERNANDO OLIVEIRA	M	51	36	00:52:47.63	00:52:33.23	BV VENDAS NOVAS
282	212	MANUEL B BATISTA	M	69	13	00:52:49.37	00:52:40.57	C PRAÇAS ARMADA
283	226	PAULO ROSA	M	55	24	00:52:50.50	00:52:37.89	ESC ATLETISMO MONTIJO-AFDD
284	157	PAULO FORCA	M	43	40	00:53:02.99	00:53:02.99	ÁRBITROS VENDAS NOVAS
285	76	ALEXANDRA C COSTA	F	46	10	00:53:06.55	00:53:06.55	C MILLENNIUM BCP
286	86	VANDA AUGUSTO	F	63	5	00:53:17.90	00:53:12.17	LINDA-A-PASTORA SC
287	387	BRUNO BUSCA	M	32	44	00:53:34.29	00:53:18.65	BV VENDAS NOVAS
288	199	JOANA S FRAGATA	F	41	17	00:53:35.73	00:53:28.18	
289	382	MANUEL BALTAZAR	M	52	37	00:53:38.71	00:53:32.62	RA 5 VENDAS NOVAS
290	300	PEDRO RUIPO	M	29	45	00:53:42.78	00:53:27.52	
291	130	JOAQUIM CRISPIM	M	62	18	00:53:44.59	00:53:34.59	UDCA
292	232	CATARINA FERREIRA	F	45	11	00:53:50.96	00:53:40.08	CFB
293	378	ANA P GAGO	F	36	18	00:53:57.78	00:53:57.78	RA 5 VENDAS NOVAS
294	229	PAULO ALMEIDA	M	41	41	00:54:14.04	00:54:00.40	ESC ATLETISMO MONTIJO-AFDD
295	346	CLAUDIA SACRAMENTO	F	37	19	00:54:20.57	00:54:04.87	

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EDP DISTRIBUIÇÃO

296	15	ANTÓNIO J A CAIADO	M	48	31	00:54:24.77	00:54:24.77	BE FUNS
297	18	VANDA CORREIA	F	43	20	00:54:30.18	00:54:24.12	
298	71	FÁBIO A C LOPES	M	35	41	00:54:31.71	00:54:23.31	FLOCHECK
299	70	ELSA J PIMENTÃO	F	35	21	00:54:32.05	00:54:23.32	FLOCHECK
300	259	ELISABETE P PICANÇO	F	40	22	00:54:33.73	00:54:22.77	BV MONTEMOR-O-NOVO
301	210	ANTÓNIO BORLA	M	73	14	00:54:43.31	00:54:33.31	C PRAÇAS ARMADA
302	230	ANDREIA CARDADOR	F	38	23	00:54:44.12	00:54:31.13	ESC ATLETISMO MONTIJO-AFDD
303	227	WILSON REIS	M	41	42	00:54:45.40	00:54:31.66	ESC ATLETISMO MONTIJO-AFDD
304	193	PAULA ARRAIOLOS	F	46	12	00:54:59.37	00:54:59.37	BÚSSOLA ADL
305	372	JOAQUIM I C VIEGAS	M	66	15	00:54:59.52	00:54:48.61	
306	443	PEDRO FELIX	M	46	32	00:55:26.11	00:55:11.05	
307	146	M ^a MANUELA M COELHO	F	42	24	00:55:34.49	00:55:34.49	
308	278	PAULO ALVES	M	42	43	00:55:35.44	00:55:27.77	CASA BRANCA
309	287	JOSÉ BEXIGA	M	55	25	00:55:35.49	00:55:27.56	CASA BRANCA
310	294	FERNANDO MARTINHO	M	55	26	00:55:35.73	00:55:35.73	NAVIGATOR CLUBE SETUBAL
311	442	MARIO JORGE MIRA	M	52	38	00:55:54.66	00:55:44.38	
312	207	ADELINA TANGANHO	F	39	25	00:56:01.49	00:56:01.49	
313	276	CRISTINA BAIÃO	F	44	26	00:56:15.76	00:56:00.74	ÉVORA NIGHT RUNNERS
314	11	TIAGO DIAS	M	29	46	00:56:21.76	00:56:13.23	
315	380	ANA C P PIMENTEL	F	25	11	00:56:24.12	00:56:24.12	RA 5 VENDAS NOVAS
316	19	JOÃO ANJOS	M	48	33	00:56:34.68	00:56:24.66	ANJOS
317	468	JOAQUIM RAMINHOS	M	41	44	00:56:35.42	00:56:31.99	
318	343	CARLOS GONÇALVES	F	62	6	00:56:52.76	00:56:41.45	LEBRES E TARTARUGAS
319	189	JOSÉ F S REGA	M	53	39	00:56:57.13	00:56:48.60	
320	271	JOSÉ LAIR	M	42	45	00:56:58.65	00:56:41.69	GDR S FRANCISCO SERRA
321	319	AMÍLCAR ROMÃO	M	66	16	00:56:58.90	00:56:44.64	GDR S FRANCISCO SERRA
322	211	ANTÓNIO PIRES	M	50	40	00:56:58.96	00:56:41.93	C PRAÇAS ARMADA
323	340	ANTÓNIO J DUARTE	M	69	17	00:57:12.25	00:56:58.60	
324	24	FERNANDO CHAVEIRO	M	46	34	00:57:13.90	00:56:54.64	HOMEM BALA RUNNING TEAM
325	169	LUIS BILAU	M	65	18	00:57:33.24	00:57:33.24	SS CGD
326	202	CARLOS GALVÃO	M	58	27	00:57:44.01	00:57:38.18	
327	109	DOMINGOS PIRES	M	65	19	00:57:45.12	00:57:45.12	
328	133	ARMANDO MARTINS	M	51	41	00:57:48.70	00:57:34.99	
329	20	ANA R S ANJOS	F	22	12	00:57:49.63	00:57:40.05	ANJOS
330	82	RUI CARVALHO	M	39	42	00:57:51.71	00:57:51.71	RULI
331	119	LISA SANTOS	F	38	27	00:57:53.91	00:57:53.91	SFUAP
332	175	CESALTINA DELGADO	F	56	7	00:57:59.31	00:57:57.19	C BENFICA REGUENGOS MONSARAZ

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EDP DISTRIBUIÇÃO

333	409	ANA MARIA MILITAO	F	52	13	00:58:14.07	00:58:14.07	UDCB-TERRAS DE BARRO
334	313	JULIA CALISTO	F	54	14	00:58:18.93	00:58:07.65	CALISTO TEAM
335	87	PEDRO TELES	M	33	47	00:58:35.38	00:58:18.28	PT
336	279	RICARDO TEIXEIRA	M	33	48	00:58:40.80	00:58:21.33	
337	354	MARISA TRIGUEIRÃO	F	31	13	00:58:47.90	00:58:39.98	
338	244	INÊS FONSECA	F	42	28	00:58:49.00	00:58:36.25	ADR AA AVIS
339	307	MEDA M VENTURA	F	37	29	00:58:55.00	00:58:47.87	
340	428	CARLA S A LOURENÇO	F	42	30	00:58:57.48	00:58:49.65	
341	341	DANIELA C CARVALHÃO	F	25	14	00:58:58.59	00:58:50.19	
342	333	JOSÉ C FELICIANO	M	42	46	00:59:26.71	00:59:11.42	ESCAMADOS DO SORRAIA RUNNERS
343	290	M ^a GRAÇA L MALARRANHA	F	42	31	00:59:51.50	00:59:35.62	ÉVORA NIGHT RUNNERS
344	90	VÍTOR D E GATEIRA	M	29	49	00:59:52.57	00:59:40.71	ÉVORA NIGHT RUNNERS
345	342	FREDERICO SOUSA	M	54	42	00:59:54.40	00:59:43.37	LEBRES E TARTARUGAS
346	233	LUZ RODRIGUES	F	63	8	01:00:07.00	01:00:04.63	OS PERSISTENTES
347	198	SONIA M A R CARPELHO	F	43	32	01:00:07.93	00:59:56.40	
348	170	PEDRO SILVA	M	47	35	01:00:10.40	01:00:05.54	NAZ ABOBODA
349	295	M ^a HELENA C G LACERDA	F	54	15	01:00:12.71	01:00:11.45	OCULISTA PORTAS STO ANTÓNIO
350	148	JOÃO EZEQUIEL	M	31	50	01:00:33.40	01:00:33.40	ÁRBITROS VENDAS NOVAS
351	60	MANUELA GONÇALVES	F	50	16	01:00:46.02	01:00:30.32	SFUAP
352	394	OLGA MIRANDA	F	51	17	01:01:05.83	01:01:05.83	PINK
353	393	PAULO A J ROSADO	M	57	28	01:01:07.77	01:00:49.10	PINK
354	269	ANABELA PEREIRA	F	45	18	01:01:30.90	01:01:13.51	GDR S FRANCISCO SERRA
355	388	CLÁUDIO MIRA	M	25	51	01:01:30.96	01:01:19.46	MIRATEAM
356	69	RAQUEL VARELA	F	36	33	01:01:46.71	01:01:30.26	VARELA TEAM
357	68	RAFAEL VARELA	M	40	47	01:01:47.23	01:01:31.28	VARELA TEAM
358	326	MONICA SANTOS	F	35	34	01:02:09.82	01:02:09.82	OS VETERANOS
359	266	CARLOS RAPOSO	M	35	43	01:02:09.96	01:01:50.44	OS VETERANOS
360	250	JOÃO FRADE	M	35	44	01:02:10.20	01:01:50.79	OS VETERANOS
361	238	PAULA C D NETO	F	53	19	01:02:28.91	01:02:21.55	
362	101	KINA SEABRA	F	58	9	01:02:33.45	01:02:24.16	TÁLENTOS TEAM
363	172	ROSA PRATAS	F	56	10	01:03:27.32	01:03:23.29	C FERROV PORTUGAL
364	127	FRANCISCO T M CRUZ	M	73	20	01:04:23.92	01:04:10.83	
365	195	JOSÉ BORRACHA	M	58	29	01:06:00.54	01:05:47.04	
366	374	RICARDO SANTANA	M	27	52	01:06:15.42	01:06:03.87	
367	262	JOAQUIM MARTINS	M	55	30	01:06:39.62	01:06:36.33	BV MONTEMOR-O-NOVO
368	62	RICARDO F A TRIGUEIRO	M	35	45	01:07:23.22	01:07:19.59	SL BESUNTAS
369	234	CARLOS RODRIGUES	M	76	21	01:07:57.07	01:07:49.27	OS PERSISTENTES

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EDP DISTRIBUIÇÃO

370	161	TOBIAS A C ROCHA	M	53	43	01:08:23.38	01:08:13.58	TÁLENTOS TEAM
371	366	M ^a FILOMENA A SILVA	F	47	20	01:09:34.69	01:09:27.27	SOFIA
372	367	JOSÉ M R PERES	M	55	31	01:09:34.89	01:09:27.47	SOFIA
373	373	RICARDO LEÃO	M	24	53	01:09:38.61	01:09:26.31	EDP D ARC ÉVORA
374	117	ANGELA SILVA	F	34	15	01:10:52.04	01:10:52.04	CABARÉ DOS COXOS
375	350	ANA MARQUES	F	35	35	01:11:02.83	01:11:02.83	CABARÉ DOS COXOS
376	365	VANDA FAZENDEIRO	F	45	21	01:11:13.12	01:10:56.38	
377	80	MARTA CALADO	F	32	16	01:12:19.97	01:12:03.91	R&C
378	81	SÉRGIO RIJO	M	39	46	01:12:20.12	01:12:04.58	R&C
379	184	JOSÉ MARQUES	M	63	19	01:13:26.49	01:13:26.49	CCD O ALVITEJO
380	203	FERNANDO ALLEN	M	68	22	01:38:35.33	01:38:35.33	CD CARENQUE

Total de registos: 380

Classificação colectiva baseada na soma das 3 e 4 primeiras posições de cada equipa na geral feminina e masculina, respectivamente:

Género	Classificação	Equipa	Chegados	Soma Posições	Posição			
					1º	2º	3º	4º
Feminino	1	GD DIANA	6	20	3	8	9	-
	2	RA 5 VENDAS NOVAS	3	112	12	45	55	-
	3	SFUAP	3	149	20	58	71	-
Masculino	1	C PRAÇAS ARMADA	14	38	3	5	7	23
	2	BEJA AC	7	69	4	16	18	31
	3	GD DIANA	11	77	6	8	21	42
	4	CA ODIMARQ	7	85	13	15	27	30
	5	AA MAFRA	16	114	22	24	28	40
	6	C PEDRO PESSOA ESC ATLETISMO	4	129	2	10	19	98
	7	AMINHACORRIDA/MYPROTEIN	5	177	12	35	49	81
	8	CCD O ALVITEJO	7	187	11	41	51	84
	9	ESTRELA FC	7	224	25	52	69	78
	10	C BENFICA REGUENGOS MONSARAZ	5	237	29	34	68	106
	11	GDR S FRANCISCO SERRA	11	252	38	63	75	76
	12	RA 5 VENDAS NOVAS	6	323	20	74	101	128
	13	BV MONTEMOR-O-NOVO	10	365	44	87	110	124
	14	LAVRE RUNNING	6	500	114	126	127	133
	15	ACR FRADE CIMA	4	554	37	115	179	223
	16	NAVIGATOR CLUBE SETUBAL	4	635	85	102	190	258
	17	ESC ATLETISMO MONTIJO-AFDD	5	672	60	120	243	249
	18	NAZ ABOBODA	4	677	47	175	176	279