



Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	1	ANDRELINO FURTADO	M	24	1	00:33:06.80	00:33:06.79	
2	910	PEDRO ARSÉNIO	M	34	2	00:33:07.90	00:33:07.85	
3	1085	CARLOS CARDOSO	M	34	3	00:33:28.23	00:33:28.18	
4	1510	ARTUR SANTIAGO	M	46	4	00:34:15.60	00:34:13.13	
5	1094	PEDRO CRUZ	M	30	5	00:34:55.21	00:34:55.10	
6	1440	MARCO MELLO	M	47	6	00:34:57.04	00:34:55.14	ATIBA
7	277	JOÃO GINJA	M	51	7	00:34:57.99	00:34:57.97	
8	551	SANDRO PINTO	M	42	8	00:34:59.95	00:34:56.37	
9	1464	FILIFE CORREIA	M	33	9	00:36:21.24	00:36:21.23	NAZABOBODA
10	1445	MANUEL MASCARENHAS	M	34	10	00:36:39.25	00:36:37.17	ATIBA
11	20	CARLOS TIAGO	M	37	11	00:36:40.77	00:35:59.40	BELEM RUNNERS
12	1460	PAULO ROLA	M	52	12	00:36:43.11	00:36:43.04	NAZABOBODA
13	445	MIGUEL CORREIA	M	50	13	00:37:01.69	00:36:57.29	
14	1444	JOSÉ DIAS	M	38	14	00:37:06.51	00:37:03.70	ATIBA
15	995	PEDRO MARQUES	M	45	15	00:37:07.06	00:37:04.24	ATIBA
16	168	JOÃO PIRES	M	42	16	00:37:26.47	00:37:23.86	DESPORTIVO MONTE REAL
17	809	JOÃO PATEIRA	M	39	17	00:37:50.17	00:37:50.14	
18	576	LICÍNIO PEREIRA	M	61	18	00:37:58.29	00:37:30.39	I.D.VIEIRENSE
19	1479	FILIFE LOUREIRO	M	36	19	00:38:11.62	00:38:08.68	
20	1477	JOSÉ SANTOS	M	52	20	00:38:15.66	00:38:12.73	
21	1506	KCENIA BOUGROVA	F	22	1	00:38:29.61	00:38:29.61	
22	11	RICARDO SANTOS	M	36	21	00:38:44.79	00:38:39.50	OUTSYSTEMS OLÍMPICO DE OEIRAS
23	1261	JOÃO VIEIRA	M	22	22	00:38:49.06	00:38:46.36	CORRE CARDOSO
24	167	JOÃO MARQUES	M	48	23	00:38:50.80	00:38:48.28	DESPORTIVO MONTE REAL
25	1431	DUARTE BRITO	M	26	24	00:38:51.69	00:38:38.41	NAZABOBODA
26	1457	PEDRO RODRIGUES	M	35	25	00:38:55.89	00:38:46.67	NAZABOBODA
27	82	RUI PEREIRA	M	41	26	00:38:58.02	00:37:53.76	PENICHE A CORRER
28	1083	ALEXANDRA SOUSA	F	34	2	00:38:58.20	00:38:58.08	
29	580	FREDERICO LAZARO	M	37	27	00:38:59.87	00:38:53.79	
30	1443	JOSÉ HEITOR	M	56	28	00:39:02.12	00:39:00.05	ATIBA
31	562	TIAGO VINTÉM	M	33	29	00:39:04.39	00:39:00.38	
32	568	JOSE C ABRANTES	M	48	30	00:39:10.48	00:38:54.01	
33	784	ARTUR MARTINS	M	46	31	00:39:10.85	00:39:01.84	
34	1462	JOSÉ BRITO	M	55	32	00:39:11.88	00:38:58.03	NAZABOBODA
35	911	NELSON PEREIRA	M	40	33	00:39:14.91	00:38:58.07	
36	985	PAULO GARCIA	M	44	34	00:39:17.15	00:39:13.72	OS GALGOS



37	28	ERNESTO FERREIRA	M	46	35	00:39:23.74	00:39:23.40	
38	1090	LUÍS PEREIRA	M	51	36	00:39:24.26	00:39:21.50	
39	1112	RICARDO TEIXEIRA	M	39	37	00:39:24.39	00:39:21.64	
40	1271	FERNANDO MARTINS	M	46	38	00:39:24.96	00:39:20.73	
41	826	DELFIN MACHADO	M	39	39	00:39:35.28	00:39:26.85	
42	95	MIGUEL BARBA	M	39	40	00:39:51.58	00:39:42.39	PENICHE A CORRER
43	1423	ANTÓNIO MOUTA	M	40	41	00:39:53.24	00:39:44.75	NAZABOBODA
44	965	CARLOS M G RUXA	M	31	42	00:39:55.25	00:39:51.06	
45	1412	VITOR PEREIRA	M	30	43	00:39:57.34	00:39:46.16	NAZABOBODA
46	244	MIGUEL PISCO	M	53	44	00:39:58.06	00:39:55.52	
47	639	CARLOS PEREIRA	M	40	45	00:40:02.63	00:39:58.93	
48	628	XAVIER SOUSA	M	45	46	00:40:09.16	00:40:03.93	
49	1456	RAUL RODRIGUES	M	59	47	00:40:09.89	00:40:07.06	NAZABOBODA
50	664	IVO SANTOS	M	34	48	00:40:12.33	00:39:52.97	
51	692	JOÃO PASTOR	M	45	49	00:40:17.12	00:40:07.85	CCDTMETROLX
52	852	PEDRO LOPES	M	26	50	00:40:22.41	00:39:49.54	
53	1036	NUNO M N LOPES	M	44	51	00:40:24.39	00:40:16.64	CLUBE MILLENNIUM BCP
54	483	HENRIQUE COELHO	M	45	52	00:40:29.80	00:40:25.15	
55	1101	VITOR SOUSA	M	44	53	00:40:34.16	00:40:31.76	
56	64	BRUNO MARRÃO	M	41	54	00:40:42.29	00:40:38.11	CLUBE ANA LISBOA
57	1100	VICTOR CARVALHO	M	55	55	00:40:48.72	00:40:48.65	
58	1438	CRISTINA GARCIA	F	46	3	00:40:48.94	00:40:45.67	ATIBA
59	1283	RICARDO CORREIA	M	39	56	00:40:56.56	00:40:49.05	
60	637	PAULO DIAS	M	40	57	00:41:15.93	00:41:10.98	
61	162	BRUNO SABIDO	M	23	58	00:41:21.09	00:41:06.25	DESPORTIVO MONTE REAL
62	1300	ALBERTINO PIRES	M	45	59	00:41:27.69	00:41:23.86	
63	728	MARCO	M	36	60	00:41:30.18	00:41:15.50	
64	864	ALAIN BRETON	M	24	61	00:41:44.35	00:41:34.35	
65	160	ABEL COSTA	M	53	62	00:41:44.75	00:41:31.24	DESPORTIVO MONTE REAL
66	702	JOSÉ M GOMES	M	57	63	00:41:49.39	00:41:44.02	
67	129	JOSÉ AMARO	M	42	64	00:42:11.44	00:42:05.19	
68	1097	RUI FREITAS	M	40	65	00:42:15.15	00:42:08.07	
69	1102	LUIS CARVALHO	M	33	66	00:42:19.45	00:41:45.73	RUN 4 FUN
70	417	JOAO R LEITE	M	48	67	00:42:22.75	00:42:20.01	
71	949	NUNO LINO	M	37	68	00:42:32.04	00:42:27.57	
72	1436	DIOGO B C OLIVEIRA	M	18	69	00:42:38.83	00:42:09.48	
73	810	BENVINDA SANTOS	F	23	4	00:42:39.14	00:42:39.13	



74	1204	EDUARDO CAMÕES	M	24	70	00:42:41.94	00:40:14.46	MERCER
75	630	NUNO CESÁRIO	M	45	71	00:42:47.60	00:42:39.30	
76	966	CARLOS LOURENÇO	M	48	72	00:43:08.95	00:43:05.48	N. A. PAPAGAIOS DE CASCAIS
77	1000	JOÃO BARBADO	M	48	73	00:43:09.72	00:41:51.79	
78	771	RICARDO P RODRIGUES	M	42	74	00:43:09.85	00:42:47.39	TEAMPAREDE+1
79	1135	EDUARDO CARVALHO	M	40	75	00:43:09.98	00:43:04.12	
80	1414	PEDRO DIOGO	M	18	76	00:43:14.11	00:42:50.53	NAZABOBODA
81	843	RUI GONÇALO	M	28	77	00:43:15.44	00:42:52.45	
82	643	ANTONIO S - RIPOLINS	M	52	78	00:43:16.47	00:43:12.69	
83	1458	PEDRO MENDONÇA	M	41	79	00:43:18.26	00:43:12.12	NAZABOBODA
84	969	JOSÉ BORGES	M	41	80	00:43:20.00	00:42:50.65	
85	579	BRUNO BRITO	M	37	81	00:43:21.41	00:43:15.15	
86	1425	AUGUSTO DIOGO	M	53	82	00:43:25.08	00:42:56.98	NAZABOBODA
87	1463	JOAO S	M	56	83	00:43:28.61	00:43:26.01	NAZABOBODA
88	1446	ANTÓNIO PEDRO	M	38	84	00:43:38.76	00:43:30.05	ATIBA
89	1312	MIGUEL CUNHA	M	42	85	00:43:41.97	00:43:36.42	
90	991	CARLOS TAVARES	M	31	86	00:43:45.31	00:43:41.51	OS GALGOS
91	540	NUNO SILVA	M	48	87	00:43:48.13	00:43:33.67	
92	1411	ANTÓNIO ADRO	M	48	88	00:43:53.01	00:43:48.19	ATIBA
93	1442	PAULO MOTA	M	40	89	00:43:53.38	00:43:49.51	ATIBA
94	1326	DIOGO AMADO	M	27	90	00:43:59.73	00:43:30.44	
95	215	RICARDO MARTINS	M	43	91	00:44:00.99	00:43:55.84	OUTSYSTEMS OLÍMPICO DE OEIRAS
96	890	STEPHAN KOENIG	M	48	92	00:44:01.13	00:43:41.70	
97	241	PAULO G DUARTE	M	43	93	00:44:03.92	00:43:02.16	
98	1420	ALMERINDO SECO	M	58	94	00:44:06.65	00:43:43.28	NAZABOBODA
99	668	JORGE DEUS	M	42	95	00:44:10.96	00:44:05.41	
100	373	VASCO LEVITA	M	44	96	00:44:11.78	00:42:42.75	
101	583	ANTÓNIO M	M	40	97	00:44:13.45	00:44:07.22	
102	392	JOSÉ F MIRANDA	M	56	98	00:44:17.13	00:43:59.13	
103	785	FERNANDO FIGUEIREDO	M	47	99	00:44:18.03	00:44:09.68	
104	951	CARLA RIBEIRO	F	35	5	00:44:18.95	00:44:15.82	
105	634	PAULO REIS	M	47	100	00:44:19.70	00:44:15.49	
106	633	SÉRGIO MANSO	M	33	101	00:44:19.78	00:44:15.69	
107	33	PEDRO TEIXEIRA	M	44	102	00:44:19.89	00:44:08.85	
108	1294	PAULO SANTOS	M	42	103	00:44:20.07	00:43:46.56	
109	34	RICARDO NUNO	M	43	104	00:44:20.18	00:44:07.77	
110	709	JORGE MACHADO	M	31	105	00:44:23.04	00:43:23.94	



111	1105	FERNANDO ROSETE	M	47	106	00:44:24.71	00:43:51.00	RUN 4 FUN
112	91	JACINTO FERREIRA	M	47	107	00:44:27.23	00:43:26.59	PENICHE A CORRER
113	811	TIAGO AVELÃS	M	42	108	00:44:29.74	00:44:20.63	SS CGD
114	404	NELSON COSTA	M	48	109	00:44:35.38	00:44:17.47	
115	526	EDUARDO M A SILVA	M	54	110	00:44:35.81	00:44:31.08	
116	233	ALBÍLIO F MAGALHÃES	M	63	111	00:44:38.12	00:44:32.71	
117	670	CARLOS COSTA	M	46	112	00:44:38.73	00:44:38.39	
118	685	PAULO SANTOS	M	50	113	00:44:39.73	00:44:37.41	
119	132	MÁRIO BASTARDO	M	39	114	00:44:42.07	00:43:35.81	
120	909	LODE ERREYGERS	M	26	115	00:44:42.44	00:44:11.46	
121	254	RUI VIEIRA	M	50	116	00:44:45.98	00:43:57.46	
122	79	RUI ASCENSÃO	M	41	117	00:44:46.53	00:43:44.08	PENICHE A CORRER
123	94	LUIS NOBRE	M	46	118	00:44:46.60	00:43:43.75	PENICHE A CORRER
124	1339	HUGO MACHADO	M	40	119	00:44:49.65	00:44:36.33	
125	346	DAVID B PINHEIRO	M	25	120	00:44:50.32	00:44:41.41	WHITE RUNNERS
126	820	RUI ANTUNES	M	51	121	00:44:50.64	00:44:45.15	
127	543	MARIO SEABRA	M	45	122	00:44:50.85	00:44:26.64	
128	992	ARTUR CARVALHO	M	45	123	00:44:52.08	00:44:35.01	OS GALGOS
129	74	LEONEL S JOSÉ	M	47	124	00:44:54.51	00:44:41.45	
130	1246	ADRIANO S REIS	M	41	125	00:44:58.79	00:44:25.00	
131	383	ANDRÉ C FERREIRA	M	20	126	00:45:01.17	00:44:05.03	
132	32	AVELINO SOARES	M	50	127	00:45:02.28	00:44:48.60	
133	582	DANIEL V	M	35	128	00:45:02.46	00:44:56.03	
134	694	MARCOS A PEREIRA	M	61	129	00:45:03.19	00:44:42.98	
135	432	CARLOS MONTEIRO	M	49	130	00:45:06.69	00:44:52.08	
136	1253	JOAO M CABECAS	M	45	131	00:45:07.62	00:44:43.01	
137	1119	ANTONIO R PEREIRA	M	54	132	00:45:09.63	00:45:04.91	
138	915	PEDRO LIMA	M	39	133	00:45:10.18	00:44:14.39	
139	1501	LUIS MENDES	M	44	134	00:45:10.59	00:44:55.52	
140	1502	CELIA CECILIO	F	44	6	00:45:11.06	00:44:54.64	
141	256	SARA HENRIQUES	F	43	7	00:45:11.98	00:44:29.02	
142	649	PAULO A A SILVA	M	52	135	00:45:12.65	00:45:12.65	
143	353	LUIS SILVA	M	36	136	00:45:12.71	00:44:29.29	
144	1086	FERNANDO JESUS	M	48	137	00:45:13.04	00:45:09.67	
145	922	ANTÓNIO G	M	43	138	00:45:14.23	00:44:41.25	
146	344	BERNARDO F COSTA	M	25	139	00:45:16.67	00:44:33.77	WHITE RUNNERS
147	617	NUNO ANTÓNIO	M	44	140	00:45:19.35	00:44:48.94	PROFS



148	629	LÚCIA OLIVEIRA	F	38	8	00:45:20.32	00:45:09.64	
149	245	NUNO AURELIANO	M	33	141	00:45:22.10	00:44:37.32	
150	450	ANDRÉ PEREIRA	M	26	142	00:45:22.79	00:44:50.69	
151	1084	ANTÓNIO SOUSA	M	47	143	00:45:22.87	00:45:10.45	
152	1098	SÉRGIO CRUZ	M	44	144	00:45:23.32	00:45:10.49	
153	539	JOÃO O COSTA	M	49	145	00:45:25.34	00:45:07.68	
154	1416	JOSÉ J	M	53	146	00:45:26.92	00:45:22.96	NAZABOBODA
155	1095	PEDRO VIEIRA	M	43	147	00:45:26.93	00:45:22.57	
156	1147	MIGUEL TAVARES	M	45	148	00:45:27.06	00:45:11.64	
157	443	CARLOS VISEU	M	48	149	00:45:27.61	00:44:55.26	
158	29	JORGE C	M	39	150	00:45:31.12	00:45:26.05	
159	1338	MAURO MACHADO	M	30	151	00:45:32.47	00:45:20.15	
160	987	LUIS NOGUEIRA	M	47	152	00:45:46.42	00:44:20.17	OS GALGOS
161	1357	DUARTE AMARAL	M	48	153	00:45:46.63	00:45:30.73	
162	916	PAULO FARINHA	M	44	154	00:45:49.81	00:45:31.52	
163	1453	TIAGO PIRES	M	18	155	00:45:52.25	00:45:49.11	NAZABOBODA
164	1123	MIGUEL T SOUSA	M	42	156	00:45:52.28	00:45:28.38	
165	304	MANUEL ARAÚJO	M	56	157	00:45:53.57	00:45:47.03	
166	691	GUALDINO FREIRE	M	71	158	00:45:54.81	00:45:17.62	CCDTMETROLX
167	693	RAFAEL SANTOS	M	50	159	00:45:54.84	00:45:16.03	CCDTMETROLX
168	661	JORGE SERRA	M	51	160	00:45:55.42	00:44:46.07	
169	1257	ANDRE CID	M	44	161	00:46:02.06	00:45:03.53	
170	805	VASCO LEAL	M	58	162	00:46:04.86	00:45:24.41	
171	406	JOSÉ CARLOS	M	55	163	00:46:05.78	00:45:46.34	
172	766	SÉRGIO FELICIANO	M	40	164	00:46:07.45	00:45:32.56	
173	1176	SAMIR TAJUDINE	M	35	165	00:46:08.02	00:45:29.96	
174	1435	ANDRÉ MONTEIRO	M	30	166	00:46:09.92	00:44:44.36	OS GALGOS
175	1053	PAULO H V PAIS	M	52	167	00:46:13.05	00:46:02.66	CLUBE MILLENNIUM BCP
176	1313	DUARTE AGUIAR	M	37	168	00:46:13.71	00:45:45.70	
177	135	BENTO J P RIBEIRO	M	55	169	00:46:14.26	00:46:04.38	
178	1027	VIRGÍLIO MADEIRA	M	58	170	00:46:15.52	00:46:04.37	TRANQUILIDADE AÇOREANA CLUBE
179	872	GONÇALO AREIA	M	46	171	00:46:16.60	00:44:46.43	
180	973	FILIPPE B SANTOS	M	44	172	00:46:16.90	00:45:47.27	
181	487	JOSÉ MACHADO	M	45	173	00:46:18.74	00:45:53.19	
182	396	MIGUEL JUDAS	M	44	174	00:46:19.70	00:46:09.36	
183	128	ANA AMARO	F	43	9	00:46:20.46	00:46:14.76	
184	786	SÉRGIO TRINDADE	M	40	175	00:46:22.82	00:46:14.26	



185	1332	PEDRO SERRA	M	41	176	00:46:26.11	00:46:00.08	
186	1353	ANTÓNIO FIGUEIREDO	M	37	177	00:46:26.20	00:43:22.17	OS GALGOS
187	989	JOSÉ EDUARDO	M	48	178	00:46:26.23	00:43:22.88	OS GALGOS
188	990	JORGE MARTINHO	M	48	179	00:46:27.98	00:45:03.05	OS GALGOS
189	178	RUI J SANTOS	M	38	180	00:46:29.37	00:46:29.05	
190	878	PEDRO MENDONÇA	M	42	181	00:46:32.91	00:46:18.96	
191	1020	FERNANDO CELESTINO	M	58	182	00:46:34.75	00:46:17.06	TRANQUILIDADE AÇOREANA CLUBE
192	1434	ANDRÉ COELHO	M	43	183	00:46:37.38	00:45:12.93	OS GALGOS
193	320	JORGE FERREIRA	M	46	184	00:46:39.00	00:46:11.91	
194	845	ISABEL AMORIM	F	29	10	00:46:39.35	00:46:16.03	
195	719	ANDRÉ CONDE	M	28	185	00:46:39.69	00:45:55.27	
196	527	ROGÉRIO P CARREIRO	M	55	186	00:46:44.49	00:46:14.64	
197	60	PAULO COSTA	M	44	187	00:46:45.07	00:46:28.34	CLUBE ANA LISBOA
198	514	PAULO SARROEIRA	M	46	188	00:46:46.48	00:46:40.25	
199	23	RICARDO N L REIS	M	41	189	00:46:47.12	00:46:43.66	
200	1132	RODRIGO VARGAS	M	37	190	00:46:47.40	00:46:42.99	
201	397	NINO R	M	44	191	00:46:48.93	00:46:38.81	
202	1122	MIGUEL F ESTEVES	M	34	192	00:46:51.10	00:46:25.84	
203	419	TOMÁS ENCARNAÇÃO	M	26	193	00:46:57.38	00:46:08.94	
204	751	JORGE F	M	59	194	00:46:58.04	00:46:54.99	
205	420	GONÇALO ENCARNAÇÃO	M	22	195	00:46:58.15	00:46:10.21	
206	690	ANTÓNIO PEREIRA	M	53	196	00:46:59.49	00:46:23.28	CCDTMETROLX
207	1509	ANIBAL LOPES	M	51	197	00:47:02.47	00:46:44.30	
208	725	FERNANDO J RIBEIRO	M	51	198	00:47:03.20	00:46:47.99	
209	747	JOÃO P V NOGUEIRA	M	46	199	00:47:04.39	00:46:53.49	
210	681	PAULO RODRIGUES	M	44	200	00:47:07.72	00:47:00.87	
211	626	RICARDO SANTOS	M	42	201	00:47:07.89	00:47:01.02	
212	152	ANTÓNIO PUCARIÇO	M	55	202	00:47:09.89	00:46:21.89	
213	1059	PEDRO A L SA	M	45	203	00:47:11.22	00:46:33.10	CLUBE MILLENNIUM BCP
214	858	JOÃO SILVEIRA	M	38	204	00:47:11.90	00:46:21.88	
215	857	GONÇALO LAGE	M	36	205	00:47:11.98	00:46:22.02	
216	859	TOMÁS GONÇALVES	M	37	206	00:47:12.70	00:46:22.49	
217	513	NUNO GAMEIRO	M	33	207	00:47:13.98	00:47:01.16	
218	1413	SANDRINA CUNHA	F	34	11	00:47:14.34	00:47:03.85	NAZABOBODA
219	136	RICARDO GRAÇA	M	53	208	00:47:14.37	00:46:54.65	
220	601	ANTONIO PEREIRA	M	42	209	00:47:14.90	00:47:06.22	
221	1273	NUNO GALVÃO	M	54	210	00:47:15.63	00:46:59.46	



222	1318	LUDOVICO BELO	M	42	211	00:47:16.74	00:46:48.93	
223	963	PAULO J GARCIA	M	47	212	00:47:17.51	00:46:58.65	
224	638	HELDER RODRIQUES	M	40	213	00:47:20.23	00:47:12.88	
225	1196	PALMIRA QUINHAMA	F	39	12	00:47:20.38	00:46:29.35	
226	919	EDUARDO FAZENDA	M	54	214	00:47:22.50	00:47:08.64	
227	1468	JOAQUIM A F VENTURA	M	53	215	00:47:27.30	00:47:12.41	
228	54	ANTONIO ALMEIDA	M	54	216	00:47:28.54	00:47:22.68	NUCLEO DESPORTIVO AUTOCOOPE
229	139	ANTÓNIO CASTRO	M	73	217	00:47:30.73	00:47:16.88	
230	439	TELMO PINA	M	20	218	00:47:35.83	00:46:55.89	
231	1058	EDUARDO C S VILHENA	M	50	219	00:47:37.49	00:47:14.96	CLUBE MILLENNIUM BCP
232	671	ADELINO PEREIRA	M	53	220	00:47:37.94	00:46:55.26	
233	553	JOÃO LEITÃO	M	47	221	00:47:40.19	00:47:24.20	
234	255	RUI VASQUES	M	51	222	00:47:42.64	00:46:54.45	
235	552	CARLOS M LOPES	M	53	223	00:47:43.83	00:47:27.77	
236	988	JOSÉ JOÃO	M	58	224	00:47:50.33	00:46:23.11	OS GALGOS
237	144	JOÃO FARIA	M	48	225	00:47:58.37	00:47:11.76	
238	1504	FRANCOIS COSTA	M	40	226	00:47:58.46	00:47:50.62	
239	198	JAMES HOULTBY	M	52	227	00:48:00.91	00:47:07.19	
240	218	JOÃO S PINTO	M	48	228	00:48:04.15	00:47:55.04	
241	294	LUÍS ALMEIDA	M	56	229	00:48:08.87	00:48:03.36	
242	937	NUNO FRANCO	M	44	230	00:48:09.40	00:47:20.32	
243	1247	RUI J MARTINS	M	46	231	00:48:11.54	00:47:43.31	
244	183	LIBERTO SANTOS	M	50	232	00:48:12.68	00:47:26.23	
245	192	RICARDO ROSA	M	19	233	00:48:14.12	00:48:02.68	
246	38	MANUEL ROCHA	M	42	234	00:48:14.95	00:48:07.52	
247	748	VASCO GIRÃO	M	36	235	00:48:15.47	00:47:13.18	
248	958	ANTÓNIO MORAIS	M	64	236	00:48:16.81	00:47:53.69	
249	411	JOAQUIM BARROCAS	M	65	237	00:48:17.40	00:47:58.03	
250	1191	MIGUEL VINAGRE	M	42	238	00:48:17.55	00:47:21.06	CCD CRÉDITO AGRÍCOLA MÚTUO
251	1331	PEDRO SOARES	M	41	239	00:48:18.40	00:47:52.89	
252	1340	JOÃO MARQUES	M	52	240	00:48:19.07	00:48:03.57	GRD RIBEIRA DA LAGE
253	993	ARMANDO DIAS	M	52	241	00:48:19.98	00:46:55.28	OS GALGOS
254	234	PEDRO PINTO	M	31	242	00:48:20.08	00:47:57.99	
255	269	RITA FERNANDES	F	23	13	00:48:20.66	00:48:08.28	
256	1485	JORGE MORGADO	M	56	243	00:48:23.77	00:47:54.72	SS CGD
257	896	TIAGO FRANÇA	M	21	244	00:48:23.99	00:48:13.55	
258	581	CRISTINA MADANÇOS	F	37	14	00:48:24.33	00:48:17.89	



259	230	SEBASTIÃO M M	M	28	245	00:48:25.99	00:47:25.96	
260	578	MANUEL COSTA	M	62	246	00:48:26.06	00:48:13.03	
261	1279	ANTÓNIO MARQUES	M	56	247	00:48:35.82	00:48:26.28	
262	26	FERNANDO ANDRADE	M	62	248	00:48:37.15	00:47:59.14	
263	1023	PAULO TORRÃO	M	46	249	00:48:37.21	00:48:25.28	TRANQUILIDADE AÇOREANA CLUBE
264	1138	TIAGO D S MARQUES	M	27	250	00:48:38.14	00:48:29.86	
265	171	VITOR PEREIRA	M	54	251	00:48:39.19	00:48:16.38	
266	31	ALEXANDRE PEREIR	M	25	252	00:48:39.48	00:47:11.76	
267	81	LUIS CALHA	M	49	253	00:48:43.40	00:48:41.20	
268	66	SÉRGIO PIRES	M	40	254	00:48:43.73	00:47:33.41	
269	146	DANIEL SHASKIN	M	53	255	00:48:44.21	00:48:08.63	
270	1072	ULF BIZZOZERO	M	43	256	00:48:45.12	00:48:07.75	
271	853	FRANCISCO ABECASIS	M	41	257	00:48:45.87	00:48:20.30	
272	898	CRISTINA MELICIO	F	22	15	00:48:45.98	00:48:35.19	
273	1308	DANIEL SILVA	M	31	258	00:48:47.07	00:47:48.13	
274	1351	MAHENDRASINH D BASSANGY	M	53	259	00:48:51.69	00:47:44.41	
275	821	ADIL ABBAS	M	30	260	00:48:52.78	00:48:36.55	
276	436	GRAÇA ROLDÃO	F	53	16	00:48:53.99	00:48:25.89	
277	1427	CARLOS ROUXINOL	M	43	261	00:48:54.06	00:48:30.00	NAZABOBODA
278	181	YULIA EGOROVA	F	38	17	00:48:55.46	00:48:50.81	
279	824	ANA I ALMEIDA	F	38	18	00:48:56.09	00:48:47.30	
280	827	JOÃO LOBO	M	45	262	00:48:56.32	00:48:47.73	
281	1005	CLAUDIO CARVALHO	M	28	263	00:48:57.56	00:48:42.37	
282	921	NELSON SANTOS	M	34	264	00:48:58.20	00:48:40.35	
283	1137	VICENTE A V BOTO	M	45	265	00:49:01.06	00:48:55.73	
284	321	ANTONIO S VIEIRA	M	68	266	00:49:01.28	00:48:49.92	
285	1224	NUNO FONSECA	M	27	267	00:49:01.64	00:47:02.70	MERCER
286	1009	LUIS MARTA	M	51	268	00:49:02.64	00:48:49.69	
287	763	MARGARIDA GODINHO	F	57	19	00:49:02.80	00:48:53.35	
288	482	JOÃO L COSTA	M	53	269	00:49:03.18	00:47:37.85	
289	1317	CARLOS P RODRIGUES	M	60	270	00:49:03.70	00:49:00.34	CLUBE EDP - LISBOA
290	1302	NELSON CRAVEIRO	M	36	271	00:49:04.27	00:47:35.89	
291	195	ANIBAL J S BRITO	M	36	272	00:49:04.45	00:48:10.48	
292	150	ANTÓNIO TAVARES	F	33	20	00:49:04.89	00:48:20.51	
293	863	CAMILO VIEIRA	M	49	273	00:49:05.73	00:48:55.24	
294	998	ANÍBAL FREIRE	M	64	274	00:49:06.24	00:47:47.04	
295	783	PAULO MOURÃO	M	56	275	00:49:06.48	00:48:46.31	



296	452	JOSÉ MAIO	M	53	276	00:49:07.63	00:48:32.34	
297	947	JOÃO P COSTA	M	55	277	00:49:10.18	00:48:56.23	
298	879	JOSÉ BERRUCHO	M	36	278	00:49:11.16	00:48:00.28	
299	1488	JOAO TEXEIRA	M	48	279	00:49:11.20	00:48:10.56	
300	1355	JOSÉ M BARRAADAS	M	38	280	00:49:14.10	00:49:06.64	
301	956	TIAGO FERREIRA	M	38	281	00:49:18.28	00:48:57.53	
302	368	TIAGO SILVA	M	33	282	00:49:19.18	00:48:25.48	
303	1052	FERNANDO A S RODRIGUES	M	53	283	00:49:20.42	00:48:42.17	CLUBE MILLENNIUM BCP
304	1270	MALTE	M	34	284	00:49:20.57	00:49:00.04	
305	610	MIGUEL B	M	44	285	00:49:21.07	00:48:00.30	
306	876	ROGÉRIO MACHADO	M	37	286	00:49:21.83	00:48:08.18	
307	1229	CARLOS TEIXEIRA	M	56	287	00:49:22.51	00:48:45.03	
308	418	CLAUDIO SILVA	M	43	288	00:49:23.08	00:48:43.55	
309	665	RUBEN COELHO	M	18	289	00:49:25.54	00:49:06.61	
310	938	MASSIMO CAVALLI	M	48	290	00:49:26.34	00:48:10.35	
311	424	PEDRO FONTOURA	M	47	291	00:49:27.50	00:48:23.91	SS CGD
312	398	RUI P SILVA	M	40	292	00:49:32.31	00:47:48.15	
313	236	FERNANDO M H CARREIRO	M	56	293	00:49:34.60	00:48:32.25	
314	1433	BRUNO	M	40	294	00:49:35.04	00:48:22.32	
315	1062	RUI P C GIL	M	51	295	00:49:35.50	00:49:24.17	CLUBE MILLENNIUM BCP
316	349	RAUL C G PÓVOA	M	37	296	00:49:36.67	00:48:54.84	WHITE RUNNERS
317	1336	RIO DIEGUES	M	61	297	00:49:36.68	00:49:13.64	
318	1469	JOÃO M BATISTA	M	56	298	00:49:39.07	00:49:15.12	
319	662	JOÃO COELHO	M	45	299	00:49:39.21	00:49:18.32	
320	561	VITOR PEREIRA	M	41	300	00:49:43.79	00:49:18.91	
321	149	ALBERTO ABREU	M	50	301	00:49:47.14	00:48:59.39	CCD PM CASCAIS
322	1188	JOÃO VIEIRA	M	59	302	00:49:49.73	00:48:54.43	CCD CRÉDITO AGRÍCOLA MÚTUO
323	781	ANA MOTA	F	37	21	00:49:50.40	00:49:31.29	
324	300	CLIVE SAFFERY	M	62	303	00:49:51.37	00:49:42.60	
325	1111	DIOGO M LEITE	M	48	304	00:49:51.78	00:49:28.06	
326	486	HUGO A TAVARES	M	38	305	00:49:52.77	00:48:41.61	
327	377	ROMÃO SANTOS	M	43	306	00:49:57.60	00:49:40.31	
328	948	LUÍS BARBOT	M	53	307	00:49:57.86	00:49:42.72	
329	1088	JOSÉ MIRANDA	M	51	308	00:49:58.03	00:49:56.04	
330	618	EDUARDO O GARCIA	M	55	309	00:49:58.08	00:49:27.61	PROFS
331	627	PAULO BRANCO	M	50	310	00:49:59.12	00:49:12.72	
332	1461	JOSÉ MELO	M	56	311	00:49:59.84	00:49:27.69	NAZABOBODA



333	1503	VIRGILIO OLIVEIRA	M	53	312	00:50:02.47	00:49:58.31	
334	1238	DAVID NEVES	M	35	313	00:50:04.20	00:48:52.57	
335	1237	FILIPA VELOSO	F	28	22	00:50:05.01	00:48:54.87	
336	446	JOSÉ SOUSA	M	67	314	00:50:05.05	00:49:29.87	
337	982	GUILHERME GONÇALVES	M	57	315	00:50:09.23	00:49:06.84	OS GALGOS
338	1104	JOSÉ MATOS	M	57	316	00:50:09.94	00:49:25.12	RUN 4 FUN
339	249	MARIA J POLICARPO	F	43	23	00:50:10.10	00:49:23.28	CCD PM CASCAIS
340	41	PAULO PALMINHA	M	47	317	00:50:11.41	00:49:49.10	
341	315	LUIS J	M	26	318	00:50:13.85	00:48:55.28	
342	252	PEDRO RAMOS	M	35	319	00:50:15.12	00:49:30.63	
343	1066	ANTONIO P F MENDES	M	51	320	00:50:16.16	00:49:38.59	CLUBE MILLENNIUM BCP
344	122	JOÃO CABRITA	M	44	321	00:50:17.31	00:49:49.26	
345	834	VASCO ASCENSÃO	M	47	322	00:50:17.53	00:47:38.63	
346	143	IVAN RAMOS	M	34	323	00:50:18.20	00:49:31.99	
347	1492	PEDRO BARROSO	M	36	324	00:50:19.54	00:50:07.57	
348	1286	RICARDO ARANA	M	21	325	00:50:22.13	00:49:36.82	
349	804	PEDRO REIS	M	42	326	00:50:22.71	00:50:07.99	
350	572	NUNO FORTE	M	44	327	00:50:25.16	00:49:13.24	
351	21	JABA RECORDATI	F	27	24	00:50:26.05	00:45:38.60	
352	309	JOAO VIEIRA	M	39	328	00:50:28.34	00:49:35.76	
353	1394	DIOGO P SEMEDO	M	24	329	00:50:29.73	00:49:30.63	
354	657	JOÃO SAYANDA	M	42	330	00:50:30.15	00:50:23.86	
355	1345	LUIS P RODRIGUES	M	43	331	00:50:31.10	00:50:07.57	TEAMPAREDE+1
356	1245	GONÇALO MARTINHO	M	28	332	00:50:31.14	00:49:27.83	
357	70	FERNANDO A	M	60	333	00:50:31.46	00:50:17.37	
358	447	CARLOS DUARTE	M	64	334	00:50:33.85	00:49:58.67	
359	1030	CARLOS BARGADO	M	57	335	00:50:34.15	00:50:15.91	TRANQUILIDADE AÇOREANA CLUBE
360	971	RODRIGO FERREIRA	M	48	336	00:50:35.05	00:49:49.10	
361	615	LUIS NUNES	M	46	337	00:50:35.77	00:50:05.53	PROFS
362	1008	JOÃO GONÇALVES	M	40	338	00:50:36.50	00:50:22.78	
363	1073	ALEXANDRE PIMENTA	M	35	339	00:50:39.66	00:49:40.27	
364	1074	VALTER NUNES	M	43	340	00:50:39.91	00:49:40.27	
365	299	JACQUI SAFFERY	F	57	25	00:50:40.20	00:50:30.48	
366	659	RUI BARROS	M	48	341	00:50:40.51	00:50:13.23	
367	1025	PEDRO PELEJA	M	44	342	00:50:43.65	00:49:24.93	TRANQUILIDADE AÇOREANA CLUBE
368	282	JOSÉ VIANA	M	42	343	00:50:43.83	00:49:25.23	
369	722	MIGUEL MOURA	M	27	344	00:50:44.97	00:50:34.48	MERCER



370	1215	PEDRO MONZELO	M	28	345	00:50:45.33	00:48:46.98	
371	37	PAULA ALMEIDA	F	48	26	00:50:45.61	00:49:40.26	CLUBE ANA LISBOA
372	612	PAULO GOMES	M	48	346	00:50:46.11	00:49:31.77	
373	496	PEDRO SENTIEIRO	M	33	347	00:50:48.50	00:49:40.68	
374	574	PEDRO R DIAS	M	45	348	00:50:52.28	00:49:40.86	
375	274	LUIS VIDOEIRA	M	60	349	00:50:53.48	00:50:18.15	
376	500	JOÃO V VERDE	M	31	350	00:50:57.55	00:49:49.54	
377	371	SERGIO PEREIRA	M	29	351	00:51:00.18	00:50:07.05	
378	645	NORBERTO MARQUES	M	46	352	00:51:01.25	00:51:01.25	
379	597	PEDRO LOURO	M	34	353	00:51:02.01	00:50:53.21	SS CGD
380	883	ANSELMO FERREIRA	M	39	354	00:51:03.25	00:50:46.78	
381	893	MAGDA LOURENÇO	F	47	27	00:51:05.94	00:50:26.51	
382	44	JORGE ESTEVES	M	46	355	00:51:07.46	00:50:45.96	
383	705	ROBERTO B	M	42	356	00:51:07.97	00:50:51.48	
384	438	GONÇALO PALMA	M	20	357	00:51:10.54	00:50:29.83	
385	505	LOURENCO SAMPAIO	M	39	358	00:51:13.73	00:49:20.21	
386	518	NELSON RIBEIRO	M	43	359	00:51:14.50	00:50:18.13	
387	554	LUIS CUSTÓDIO	M	44	360	00:51:14.86	00:50:25.91	
388	88	TIAGO LANÇA	M	33	361	00:51:17.80	00:50:14.02	PENICHE A CORRER
389	1301	LUÍS APOLINÁRIO	M	48	362	00:51:19.42	00:51:19.42	
390	1046	CARLOS J P RAMOS	M	50	363	00:51:21.61	00:51:09.27	CLUBE MILLENNIUM BCP
391	477	PEDRO G G GIRÃO	M	38	364	00:51:24.16	00:50:45.38	
392	676	MANUEL PAULO	M	60	365	00:51:24.40	00:50:38.07	
393	302	RUI MATOS	M	40	366	00:51:24.97	00:50:18.74	
394	1181	GUSTAVO BAPTISTA	M	38	367	00:51:26.78	00:49:56.24	
395	481	PAULO ANDRADE	M	45	368	00:51:33.06	00:51:07.08	SS CGD
396	901	JORGE COSTA	M	35	369	00:51:35.00	00:50:51.57	
397	1013	DIOGO RODRIGUES	M	36	370	00:51:36.30	00:50:57.03	
398	1015	NUNO PEREIRA	M	40	371	00:51:36.36	00:50:57.51	
399	625	CARLA BERNARDINO	F	40	28	00:51:37.25	00:51:30.32	
400	881	ANTÓNIO VARELA	M	51	372	00:51:40.27	00:51:31.08	
401	817	SERGIO SOUSA	M	22	373	00:51:41.83	00:50:49.79	
402	354	MIGUEL PULIDO	M	51	374	00:51:42.72	00:51:13.98	
403	1508	MANUEL D FLOR	M	69	375	00:51:42.72	00:51:05.42	
404	1278	RUI MENDES	M	45	376	00:51:43.71	00:50:54.25	
405	1484	PEDRO DIAS	M	39	377	00:51:43.99	00:51:02.42	
406	1346	GONÇALO PERES	M	38	378	00:51:52.50	00:50:35.97	TEAMPAREDE+1



407	999	CRISTIANO VENTURA	M	45	379	00:51:53.85	00:50:34.49	
408	474	RODRIGO BARBOSA	M	18	380	00:51:53.97	00:51:15.45	
409	942	MANUEL GRAÇA	M	69	381	00:51:55.43	00:51:22.74	
410	807	MARIELLE SPEETJENS	F	48	29	00:51:56.09	00:51:04.03	
411	453	BELCHIOR BARROCAS	M	50	382	00:51:56.47	00:51:23.53	
412	444	MANUEL ALVES	M	51	383	00:51:57.06	00:51:22.02	
413	80	LUÍS G	M	49	384	00:51:58.30	00:51:55.28	
414	494	NUNO AVÓ	M	50	385	00:52:01.10	00:51:10.42	
415	172	FERNANDO TORRES	M	54	386	00:52:01.62	00:51:44.45	
416	1426	CARLOS DUARTE	M	66	387	00:52:04.39	00:51:55.75	NAZABOBODA
417	119	PEDRO ROSA	M	39	388	00:52:06.26	00:51:37.21	N. A. PAPAGAIOS DE CASCAIS
418	465	NOILDO DIAS	M	30	389	00:52:08.44	00:51:27.65	ERICEIRENSES
419	706	VASCO FIGUEIRA	M	47	390	00:52:09.45	00:51:53.17	
420	918	ANTÓNIO G SILVA	M	70	391	00:52:10.03	00:51:43.08	
421	1241	VASCO PIPA	M	53	392	00:52:10.33	00:51:35.42	
422	980	ALDINA MARQUES	F	46	30	00:52:11.85	00:50:44.71	OS GALGOS
423	1421	ANDREIA BAIOSA	F	24	31	00:52:11.87	00:51:38.28	NAZABOBODA
424	1068	MÁRCIO J	M	36	393	00:52:12.18	00:51:50.88	
425	1428	CARLOS SIMÕES	M	74	394	00:52:12.80	00:51:47.25	NAZABOBODA
426	264	CARLOS M F FERNANDES	M	52	395	00:52:13.30	00:52:01.66	
427	828	FRANCISCO CASEGAS	M	25	396	00:52:14.02	00:52:09.36	
428	517	PAULO CORREIA	M	46	397	00:52:14.71	00:51:18.48	
429	1177	JOSE P N SILVA	M	47	398	00:52:15.97	00:51:01.81	
430	954	ELISABETE M C SANTOS	F	38	32	00:52:17.13	00:51:55.70	
431	1307	JOAQUIM Q LOPES	M	69	399	00:52:19.52	00:51:11.04	
432	774	ANTÓNIO N SILVA	M	51	400	00:52:19.80	00:52:04.18	
433	1321	VITOR TEIXEIRA	M	48	401	00:52:23.60	00:52:19.14	
434	182	PEDRO PEREIRA	M	37	402	00:52:27.32	00:51:36.87	
435	455	ANTÓNIO FERREIRA	M	48	403	00:52:27.95	00:51:58.05	
436	589	PAULO TOMÉ	M	43	404	00:52:29.08	00:52:29.08	
437	1505	LUIS FERREIRA	M	50	405	00:52:29.68	00:52:03.49	
438	904	RICARDO MENDES	M	44	406	00:52:30.66	00:52:01.06	
439	590	CARLOS M C JUSTO	M	41	407	00:52:31.11	00:50:56.34	
440	923	HELDER MARTINS	M	48	408	00:52:31.88	00:51:58.11	
441	1422	ANTÓNIO DUARTE	M	61	409	00:52:32.78	00:52:24.74	NAZABOBODA
442	1269	CARINA	F	33	33	00:52:33.07	00:52:04.51	
443	1289	FERNANDO LIMA	M	48	410	00:52:34.30	00:51:11.47	SS CGD



444	1288	MANUEL BRAS	M	49	411	00:52:34.37	00:51:12.03	SS CGD
445	105	JOSÉ M F CAEIRO	M	25	412	00:52:34.40	00:52:14.83	
446	550	MAGDA FARINHA	F	36	34	00:52:36.77	00:52:30.68	
447	163	ELSA SABIDO	F	46	35	00:52:37.76	00:51:57.86	DESPORTIVO MONTE REAL
448	348	PEDRO	M	24	413	00:52:39.06	00:51:54.25	WHITE RUNNERS
449	1017	ARTUR GAIO	M	33	414	00:52:42.57	00:52:22.90	TRANQUILIDADE AÇOREANA CLUBE
450	1089	LILIANA LOURO	F	42	36	00:52:43.95	00:52:26.23	
451	362	PAU S	M	39	415	00:52:44.04	00:50:51.27	
452	851	MÓNICA MARTINS	F	34	37	00:52:44.36	00:51:46.17	
453	533	CLEONICE OLIVEIRA	F	45	38	00:52:44.45	00:52:35.01	
454	472	PEDRO L	M	39	416	00:52:45.25	00:52:00.34	
455	130	PAULA TRINDADE	F	45	39	00:52:46.17	00:52:41.55	
456	248	JULIO MEIRELES	M	65	417	00:52:47.62	00:52:29.46	
457	246	MARIA J MADEIRA	F	46	40	00:52:47.76	00:52:28.96	
458	1437	CONCEIÇÃO ALVES	F	54	41	00:52:47.99	00:52:41.17	ATIBA
459	1092	MADALENA ANDRADE	F	40	42	00:52:51.28	00:52:32.16	
460	204	ANDRÉ CABRAL	M	41	418	00:52:51.53	00:52:31.31	
461	642	CARLOS MORAIS	M	51	419	00:52:53.90	00:52:17.90	
462	267	JOSÉ M R FIDALGO	M	51	420	00:52:59.05	00:52:53.57	
463	326	TELMO RAMOS	M	38	421	00:53:00.19	00:52:11.36	
464	1349	INÁCIO DUARTE	M	35	422	00:53:00.67	00:51:55.83	
465	823	RAFAEL LOPES	M	19	423	00:53:02.98	00:52:31.46	
466	654	CARLOS M R FREIRE	M	44	424	00:53:08.66	00:52:50.07	
467	1315	CARLOS LOURES	M	32	425	00:53:09.07	00:52:17.73	
468	1309	HENRIQUE M	M	57	426	00:53:09.19	00:52:16.84	
469	301	IVAN GUERRA	M	40	427	00:53:10.35	00:52:20.65	
470	734	LUIS M R FERNANDES	M	48	428	00:53:16.00	00:52:50.00	CONDORES VARGE MONDAR
471	731	TIAGO J V SANTOS	M	20	429	00:53:16.22	00:52:50.12	CONDORES VARGE MONDAR
472	542	LUIS G RIBEIRO	M	36	430	00:53:16.95	00:53:05.66	
473	680	FRANCESCO RINALDI	M	55	431	00:53:17.64	00:52:11.47	
474	666	JOÃO F DUARTE	M	64	432	00:53:17.78	00:52:57.63	
475	1042	LUIS M A SILVA	M	50	433	00:53:17.88	00:52:54.85	CLUBE MILLENNIUM BCP
476	1205	HUGO CÁSSIMO	M	30	434	00:53:18.98	00:51:50.16	
477	104	ERIC V LEUVEN	M	55	435	00:53:20.21	00:52:40.64	
478	1350	FERNANDO MALHEIROS	M	60	436	00:53:21.36	00:52:17.01	
479	869	VASCO QUARESMA	M	26	437	00:53:21.69	00:52:31.38	
480	887	ATLETA NÃO CADASTRADO	M	0	438	00:53:23.99	00:52:40.58	



481	867	MAFALDA MACHADO	F	38	43	00:53:24.10	00:52:10.04	
482	707	IOAN MATEI	M	56	439	00:53:24.30	00:53:21.45	
483	651	HUGO OITAVEM	M	40	440	00:53:24.55	00:52:22.96	
484	759	RUI FERNANDES	M	47	441	00:53:24.71	00:52:59.62	
485	53	CARLOS FERREIRA	M	60	442	00:53:25.11	00:53:06.48	NUCLEO DESPORTIVO AUTOCOOPE
486	803	MÓNICA S R DUARTE	F	27	44	00:53:26.19	00:53:16.40	
487	547	JORGE FERREIRA	M	55	443	00:53:27.17	00:53:13.26	
488	1310	ALFREDO FALCÃO	M	51	444	00:53:27.86	00:53:27.86	
489	1259	PAULO CARDOSO	M	53	445	00:53:29.07	00:53:00.78	CORRE CARDOSO
490	1061	PEDRO M M CUNHA	M	39	446	00:53:29.30	00:52:53.26	CLUBE MILLENNIUM BCP
491	131	PEDRO FLORES	M	30	447	00:53:30.09	00:51:48.71	VOLVO
492	243	JOAO T L MOREIRA	M	45	448	00:53:32.11	00:53:23.67	
493	1024	JORGE VIEIRA	M	46	449	00:53:32.50	00:53:19.86	TRANQUILIDADE AÇOREANA CLUBE
494	1193	RUI TOMÁS	M	47	450	00:53:32.56	00:52:36.52	CCD CRÉDITO AGRÍCOLA MÚTUO
495	981	VALTER TEIXEIRA	M	49	451	00:53:33.02	00:52:54.40	OS GALGOS
496	1006	FERNANDO RODRIGUES	M	58	452	00:53:33.36	00:53:19.31	
497	1335	BERNARDO S TEIXEIRA	M	28	453	00:53:33.53	00:53:09.12	
498	1010	MOISÉS PIZABARRO	M	44	454	00:53:33.58	00:53:17.09	
499	842	MÁRIO R G RIBEIRO	M	39	455	00:53:34.19	00:52:08.93	
500	839	NUNO ALMEIDA	M	45	456	00:53:34.36	00:52:09.33	
501	449	ANDRÉ SILVA	M	26	457	00:53:36.84	00:53:00.81	
502	30	ADELINO SOUSA	M	31	458	00:53:40.30	00:53:26.50	
503	977	JOSÉ FÉLIX	M	45	459	00:53:41.62	00:53:38.21	
504	658	CARLOS GONÇALVES	M	47	460	00:53:42.59	00:53:23.19	
505	497	LUÍS SENTIEIRO	M	38	461	00:53:43.74	00:52:36.79	
506	1210	RICARDO RODRIGUES	M	29	462	00:53:45.40	00:52:16.95	
507	425	JOÃO M J ESTEVÃO	M	37	463	00:53:46.05	00:53:25.30	
508	1032	JOANA P M ANTUNES	F	22	45	00:53:46.62	00:53:31.48	CLUBE MILLENNIUM BCP
509	340	FORTUNATO J R MULAS	M	43	464	00:53:47.81	00:53:45.54	
510	889	PEDRO M E FERNANDES	M	41	465	00:53:48.50	00:52:56.14	
511	351	PEDRO COUTINHO	M	40	466	00:53:48.72	00:53:19.01	
512	584	DIOGO NETO	M	51	467	00:53:48.98	00:53:06.51	
513	813	EDGAR SIMÕES	M	35	468	00:53:49.98	00:52:53.07	
514	1166	HERNÂNI GASPAR	M	55	469	00:53:50.02	00:53:15.86	
515	196	RUI BARROS	M	44	470	00:53:50.67	00:53:02.78	
516	592	JOAQUIM RIJO	M	73	471	00:53:52.09	00:52:16.80	
517	395	JOSÉ MENDES	M	50	472	00:53:52.56	00:53:22.99	



518	1281	TERESA SEPÚLVEDA	F	35	46	00:53:52.70	00:53:23.31	OUTSYSTEMS OLÍMPICO DE OEIRAS
519	1081	VITOR M AUGUSTO	M	60	473	00:53:52.77	00:53:17.27	
520	319	PAULO MOUTINHO	M	46	474	00:53:55.80	00:53:28.02	
521	549	FERNANDO ARAÚJO	M	40	475	00:54:02.78	00:53:01.19	
522	1262	PEDRO BARATA	M	36	476	00:54:05.96	00:53:16.95	
523	882	PEDRO RODRIGUES	M	47	477	00:54:08.09	00:53:08.73	
524	1415	LUIS NEIVA	M	50	478	00:54:09.55	00:53:44.77	NAZABOBODA
525	475	CARLOS M R COSTA	M	47	479	00:54:13.60	00:52:59.49	
526	975	MARYSE LEMAILE	F	28	47	00:54:14.34	00:53:58.93	
527	261	ORLANDO A MARTINS	M	61	480	00:54:14.73	00:53:14.60	
528	1007	JOÃO FERREIRA	M	46	481	00:54:14.79	00:53:21.50	
529	667	LUÍS M L VICENTE	M	56	482	00:54:15.24	00:53:55.87	
530	403	VASCO C ALVES	M	46	483	00:54:16.62	00:53:46.94	
531	153	BRUNO SANTOS	M	35	484	00:54:16.82	00:53:27.82	
532	557	ORLANDO DINIS	M	61	485	00:54:17.42	00:54:08.20	
533	917	PAULO CARNEIRO	M	55	486	00:54:19.17	00:52:57.04	
534	1260	MARIA F CARDOSO	F	58	48	00:54:20.72	00:53:57.12	CORRE CARDOSO
535	624	RUI SIMOES	M	40	487	00:54:20.90	00:52:48.35	
536	749	SÉRGIO SANTOS	M	39	488	00:54:22.14	00:53:28.66	
537	1201	JOÃO L E SILVA	M	29	489	00:54:23.75	00:51:52.37	MERCER
538	217	RUI SOARES	M	42	490	00:54:26.75	00:53:56.52	
539	219	GALHARDO	M	49	491	00:54:26.82	00:53:54.76	
540	573	NUNO GAMEIRO	M	44	492	00:54:27.90	00:53:16.10	
541	142	ISABEL VIEIRA	F	46	49	00:54:28.59	00:53:42.30	
542	1222	JOÃO SOUSA	M	28	493	00:54:30.40	00:50:58.56	MERCER
543	598	PAULO LUZ	M	46	494	00:54:31.01	00:53:55.45	
544	437	BRETT H MITCHELL	M	44	495	00:54:31.01	00:53:55.71	
545	861	MANUEL FERNANDES	M	56	496	00:54:32.30	00:54:27.27	
546	686	RICARDO CONCEIÇÃO	M	31	497	00:54:33.88	00:54:30.43	
547	1189	LUÍS DAMIÃO	M	49	498	00:54:35.02	00:53:40.63	CCD CRÉDITO AGRÍCOLA MÚTUO
548	831	DIOGO BOBONE	M	44	499	00:54:35.82	00:53:45.81	
549	1299	DANIELA A R AFONSO	F	30	50	00:54:36.96	00:53:39.23	
550	1295	NUNO FRAGOSO	M	41	500	00:54:37.10	00:53:21.92	
551	1297	ANTONIO J M TEIXEIRA	M	56	501	00:54:37.21	00:53:38.72	
552	468	MANOEL PILOTO	M	41	502	00:54:40.32	00:53:58.30	ERICEIRENSES
553	1267	RENATO CORREIA	M	42	503	00:54:41.09	00:53:18.57	
554	1328	ELSA FRANCISCO	F	46	51	00:54:42.11	00:54:00.09	



555	647	SERGIA NARCISO	F	54	52	00:54:42.85	00:54:29.21	
556	174	TERESA JERÓNIMO	F	47	53	00:54:43.48	00:54:03.98	DESPORTIVO MONTE REAL
557	123	JOSÉ ALVES	M	55	504	00:54:44.17	00:53:42.40	
558	12	JOANA TANECO	F	33	54	00:54:44.40	00:54:01.18	
559	616	CÁTIA AMARO	F	36	55	00:54:46.57	00:54:14.73	PROFS
560	1028	JOÃO SERRA	M	45	505	00:54:47.27	00:53:38.14	TRANQUILIDADE AÇOREANA CLUBE
561	761	CARLOS FERREIRA	M	44	506	00:54:47.41	00:53:37.34	
562	251	PAULA MACHADO	F	63	56	00:54:47.68	00:53:59.55	
563	571	JOAQUIM P SANTOS	M	39	507	00:54:49.94	00:53:17.67	
564	318	PAULO ROXO	M	42	508	00:54:50.50	00:54:14.55	
565	760	INÉS S CRUZ	F	20	57	00:54:50.92	00:53:48.28	
566	762	JOÃO T H MONTEZ	M	26	509	00:54:52.57	00:53:49.70	
567	528	DAVID BELO	M	32	510	00:54:53.45	00:54:08.78	
568	276	CARLOS MARQUES	M	51	511	00:54:54.27	00:54:09.19	
569	888	ANDREW CUNNINGHAM	M	43	512	00:54:56.77	00:54:04.29	
570	1039	FERNANDO H R FERREIRA	M	71	513	00:54:56.80	00:54:36.77	CLUBE MILLENNIUM BCP
571	336	OLGA CUNHA	F	27	58	00:54:57.15	00:54:36.49	
572	339	MICHAEL TORRES	M	45	514	00:54:57.16	00:54:04.62	
573	278	ÂNGELO SILVA	M	67	515	00:54:58.37	00:54:29.63	
574	1033	ANTONIO F S FERREIRA	M	51	516	00:54:58.54	00:54:58.54	CLUBE MILLENNIUM BCP
575	317	RODRIGO CASTRO	M	47	517	00:54:58.98	00:53:23.79	
576	405	NELAIDA MARQUEZ	F	46	59	00:54:59.82	00:54:43.96	
577	723	CARLOS MORAIS	M	36	518	00:55:00.07	00:53:54.40	
578	735	NUNO MESTRE	M	43	519	00:55:00.57	00:54:34.08	CONDORES VARGE MONDAR
579	1167	SANDRO PRATES	M	38	520	00:55:01.87	00:54:47.49	
580	1470	LUÍS LEÃO	M	38	521	00:55:02.21	00:54:09.88	
581	525	CARLOS A S JESUS	M	53	522	00:55:03.55	00:54:40.32	
582	67	NUNO M N NUNES	M	44	523	00:55:04.61	00:54:55.84	
583	1056	FERNANDO M S ALMEIDA	M	49	524	00:55:04.87	00:54:28.24	CLUBE MILLENNIUM BCP
584	303	FERNANDO CONCEIÇÃO	M	52	525	00:55:05.92	00:54:15.96	
585	121	JOAQUIM CARRONHA	M	67	526	00:55:06.25	00:54:38.25	N. A. PAPAGAIOS DE CASCAIS
586	381	CATARINA LAMEGO	F	26	60	00:55:06.67	00:53:59.32	
587	741	PAULO JESUS	M	44	527	00:55:07.34	00:54:22.47	
588	970	ALEXANDRE J FERREIRA	M	59	528	00:55:07.98	00:54:21.95	
589	43	PAULO CARVALHO	M	47	529	00:55:09.56	00:54:47.62	
590	1040	MARIO A V MENDES	M	53	530	00:55:09.73	00:54:56.72	CLUBE MILLENNIUM BCP
591	737	LUÍS NETO	M	53	531	00:55:10.47	00:54:58.39	



592	401	JOÃO OLIVEIRA	M	19	532	00:55:10.92	00:55:03.35	
593	1439	MARIA L ALBERTO	F	55	61	00:55:11.17	00:55:04.38	ATIBA
594	295	NUNO F DIAS	M	33	533	00:55:12.56	00:54:59.82	
595	224	ANTÓNIO MAJOR	M	55	534	00:55:12.74	00:53:44.36	
596	1091	LUÍS ROSA	M	49	535	00:55:13.26	00:55:10.06	
597	955	HENRIQUE COELHO	M	37	536	00:55:13.60	00:54:51.97	
598	885	JOÃO FARIA	M	39	537	00:55:13.83	00:53:43.92	
599	567	TIAGO P MARTINS	M	21	538	00:55:15.47	00:55:02.25	
600	984	RUI DIAS	M	37	539	00:55:16.03	00:53:49.41	OS GALGOS
601	1418	JOAQUIM NEIVA	M	74	540	00:55:16.32	00:54:17.50	NAZABOBODA
602	185	PAULO SENA	M	45	541	00:55:17.22	00:54:48.89	
603	427	BRUNO GONÇALVES	M	38	542	00:55:18.59	00:54:56.71	
604	376	ALBERTINA PINHEIRO	F	52	62	00:55:21.13	00:55:18.35	
605	1218	JOÃO FERREIRA	M	39	543	00:55:27.77	00:54:31.24	MERCER
606	1235	LUIS D V GRANGEIA	M	37	544	00:55:29.23	00:54:11.78	VDA ATLETAS
607	194	MARIO SILVA	M	45	545	00:55:29.56	00:55:19.39	
608	1243	ANDRÉ CATELA	M	21	546	00:55:31.48	00:54:53.79	
609	994	NUNO ALVES	M	63	547	00:55:32.96	00:55:10.17	
610	77	JOAQUIM C R PRUDÊNCIO	M	52	548	00:55:33.29	00:54:05.41	
611	1311	MANUEL A PEREIRA	M	47	549	00:55:33.55	00:54:42.65	
612	1352	RICARDO F P SANTOS	M	35	550	00:55:35.19	00:54:44.24	
613	1360	MIGUEL RODRIGUES	M	32	551	00:55:35.62	00:54:25.02	
614	757	JOEL N R LOPES	M	26	552	00:55:36.94	00:54:37.79	
615	850	TIAGO CATALÃO	M	34	553	00:55:37.35	00:54:39.40	
616	1031	ABEL S S LOURO	M	60	554	00:55:37.73	00:55:31.68	CLUBE MILLENNIUM BCP
617	188	JOÃO C A MARTINS	M	30	555	00:55:38.56	00:53:00.33	
618	202	ORLANDO COUCEIRO	M	29	556	00:55:38.66	00:55:11.87	
619	364	MARLOS G	M	43	557	00:55:40.19	00:54:20.32	
620	120	ANTÓNIO TEIXEIRA	M	70	558	00:55:40.32	00:55:40.32	
621	363	FERNANDA G	F	37	63	00:55:40.49	00:54:20.97	
622	600	TIAGO V CORREIA	M	29	559	00:55:41.95	00:54:38.60	
623	602	BRUNO CARDOSO	M	31	560	00:55:42.05	00:54:37.91	
624	1226	TIAGO BORGES	M	41	561	00:55:42.72	00:54:55.87	MERCER
625	773	DANYEL ARRIAGA	M	43	562	00:55:48.94	00:54:06.87	
626	799	GUILHERME FERNANDO	M	46	563	00:55:51.34	00:55:04.71	
627	798	PAULO ALEXANDRE	M	46	564	00:55:51.83	00:55:05.99	
628	1232	ANTÓNIO J R GRÁCIO	M	34	565	00:55:53.22	00:54:59.62	



629	1487	TIAGO MORGADO	M	21	566	00:55:54.00	00:55:25.61	SS CGD
630	641	MIGUEL TEIXEIRA	M	38	567	00:55:57.27	00:55:57.27	
631	886	DIOGO P D	M	50	568	00:55:59.60	00:55:15.69	
632	967	MIGUEL VICENTE	M	41	569	00:56:02.31	00:55:13.87	
633	1011	TIAGO M DIAS	M	39	570	00:56:05.39	00:55:22.66	
634	1143	JOSÉ QUINTELA	M	49	571	00:56:06.22	00:54:53.60	
635	675	JORGE MONTEIRO	M	50	572	00:56:08.11	00:55:24.58	
636	672	MANUEL ANASTACIO	M	48	573	00:56:08.34	00:55:22.35	
637	263	HENRIQUE TELHADO	M	62	574	00:56:09.56	00:55:54.90	
638	262	CARLOS TELHADO	M	67	575	00:56:09.69	00:55:55.47	
639	1290	CARLOS MORGADO	M	54	576	00:56:17.08	00:55:19.24	CLUBE EDP - LISBOA
640	1043	LEONEL F F BRANDAO	M	50	577	00:56:17.29	00:55:56.92	CLUBE MILLENNIUM BCP
641	532	RUI MARQUES	M	26	578	00:56:21.20	00:55:06.27	
642	1236	RUI S F BRANCO	M	43	579	00:56:22.18	00:55:05.58	VDA ATLETAS
643	385	RICARDO FIGUEIREDO	M	48	580	00:56:22.90	00:55:04.31	
644	402	ANTÓNIO OLIVEIRA	M	50	581	00:56:22.94	00:56:22.86	
645	1478	PAULO PASCOAL	M	50	582	00:56:23.86	00:54:49.05	
646	903	PEDRO CANAS	M	44	583	00:56:25.67	00:55:53.42	
647	730	LUIS J M SANTOS	M	46	584	00:56:26.87	00:56:00.33	CONDORES VARGE MONDAR
648	736	SORAIA MESTRE	F	18	64	00:56:27.54	00:56:00.69	CONDORES VARGE MONDAR
649	978	ANTONIO M C MARQUES	M	52	585	00:56:27.74	00:55:51.20	
650	140	MANUEL J P RIBEIRO	M	63	586	00:56:28.30	00:55:52.37	
651	1447	JOSÉ OLIVEIRA	M	52	587	00:56:28.51	00:55:43.02	NAZABOBODA
652	860	GONÇALO REY	M	42	588	00:56:29.91	00:54:46.87	
653	1480	SARA C O GABRIEL	F	28	65	00:56:30.76	00:54:56.87	
654	1481	PAULO GUEDES	M	45	589	00:56:31.10	00:54:57.02	
655	250	NUNO ALMEIDA	M	45	590	00:56:31.20	00:55:43.68	
656	1305	ELISA M S PITEIRA	F	52	66	00:56:31.38	00:55:31.25	
657	1341	GERMANO BERNARDO	M	62	591	00:56:32.92	00:54:37.35	
658	358	JORGE DOMINGUES	M	64	592	00:56:36.64	00:55:06.39	
659	945	ANTONIO A DONATO	M	53	593	00:56:38.96	00:56:29.14	
660	327	ARTUR CARVALHO	M	46	594	00:56:39.21	00:55:52.12	
661	997	LUÍS LIBÂNIO	M	60	595	00:56:39.70	00:56:02.84	
662	273	CLÁUDIA BARRAGON	F	45	67	00:56:39.79	00:56:23.93	
663	1244	VICTOR AFONSO	M	36	596	00:56:41.63	00:55:40.40	
664	193	HENRIQUE ROSA	M	18	597	00:56:42.28	00:56:31.76	
665	509	HENRIQUE COSTA	M	17	598	00:56:42.42	00:56:06.99	



666	708	ARTUR SANTOS	M	48	599	00:56:50.79	00:55:45.18	
667	688	SERGIO CUNHA	M	36	600	00:56:51.58	00:55:13.33	VOLVO
668	184	MÁRIO R COELHO	M	56	601	00:56:51.73	00:55:33.35	
669	1449	FERNANDO PIRES	M	65	602	00:56:54.93	00:56:51.59	NAZABOBODA
670	1216	JOÃO GASPAR	M	54	603	00:56:55.33	00:56:02.90	
671	575	JOSÉ MARQUES	M	67	604	00:56:55.65	00:56:26.88	
672	232	LUIS A S PINTO	M	38	605	00:56:55.74	00:55:35.41	
673	265	MIGUEL HORTA	M	40	606	00:56:56.09	00:55:35.27	
674	1327	JOÃO O CALVÃO	M	39	607	00:56:56.58	00:56:14.61	
675	229	JOÃO P C	M	61	608	00:57:01.00	00:55:45.25	
676	347	JOSÉ P FERREIRA	M	25	609	00:57:01.82	00:56:18.22	WHITE RUNNERS
677	369	JORGE M S SILVA	M	62	610	00:57:02.30	00:56:26.00	
678	52	MIGUEL SITIMA	M	20	611	00:57:02.69	00:55:05.49	
679	1195	MARGARIDA C DOMINGOS	F	45	68	00:57:03.80	00:56:07.11	
680	536	MARTA BORGES	F	39	69	00:57:04.69	00:56:06.21	GINÁSIO CLUBE PORTUGUÊS
681	409	DANIEL CONCEIÇÃO	M	51	612	00:57:04.92	00:56:37.70	
682	727	NUNO C REAL	M	52	613	00:57:07.46	00:55:44.66	
683	1417	JOSÉ CASTRO	M	45	614	00:57:07.88	00:55:38.59	NAZABOBODA
684	56	ANDRÉ CARINHAS	M	41	615	00:57:08.90	00:55:25.56	
685	1314	EDUARDO V TAVARES	M	34	616	00:57:09.75	00:56:06.84	
686	854	TERESA ABECASIS	F	39	70	00:57:11.59	00:56:46.51	
687	203	MIGUEL SANTOS	M	38	617	00:57:11.79	00:56:34.12	
688	207	ANDRÉ CHANOCA	M	36	618	00:57:11.81	00:56:34.61	
689	464	EDVALDE ARAUJO	M	29	619	00:57:15.32	00:56:34.21	ERICEIRENSES
690	912	SÉRGIO VICENTE	M	38	620	00:57:17.63	00:55:53.47	
691	191	PAULO ROSA	M	49	621	00:57:18.11	00:57:07.77	
692	1432	FERNANDO CARDOSO	M	64	622	00:57:18.14	00:56:36.13	NAZABOBODA
693	894	CÉU MIGUEL	F	54	71	00:57:18.81	00:56:17.92	
694	488	OCTÁVIO FERRO	M	52	623	00:57:19.19	00:57:03.47	
695	460	SÉRGIO RODRIGUES	M	43	624	00:57:21.77	00:57:10.17	
696	697	KÁTIA LEITÃO	F	42	72	00:57:22.93	00:55:44.21	VOLVO
697	1231	AMÍLCAR P	M	71	625	00:57:24.77	00:56:38.15	
698	656	LUIS	M	44	626	00:57:26.79	00:57:07.41	
699	996	ELIZABETH LAGE	F	46	73	00:57:29.71	00:56:52.93	
700	1182	RAQUEL FELGUEIRAS	F	35	74	00:57:30.42	00:56:14.97	
701	308	SAMUEL MARTINS	M	41	627	00:57:31.86	00:56:39.08	
702	350	MANUEL FRIAS	M	59	628	00:57:32.40	00:57:06.42	



703	644	JORGE FERREIRA	M	52	629	00:57:33.31	00:57:33.31	
704	323	MIRAN HADZIC	M	37	630	00:57:34.43	00:57:02.62	
705	1304	CARLOS A F PITEIRA	M	52	631	00:57:35.88	00:56:34.52	
706	635	ANTÓNIO A FERNANDES	M	48	632	00:57:37.62	00:57:15.97	
707	1048	PAULO J C GONCALVES	M	44	633	00:57:37.72	00:56:40.90	CLUBE MILLENNIUM BCP
708	1337	NURIA ANTUNES	F	34	75	00:57:37.87	00:57:18.39	
709	46	JOSÉ SITIMA	M	47	634	00:57:39.13	00:56:43.95	
710	1142	JOÃO P CHASQUEIRA	M	41	635	00:57:40.38	00:56:33.03	
711	516	JULIA CARMO	F	64	76	00:57:42.12	00:57:42.12	
712	1450	MÁRIO MARQUES	M	47	636	00:57:42.81	00:56:43.21	ATIBA
713	1410	CARLA ADRO	F	45	77	00:57:42.93	00:57:01.59	ATIBA
714	1441	MÓNICA TEIXEIRA	F	31	78	00:57:43.35	00:57:01.31	ATIBA
715	440	FRANCISCO LIMA	M	19	637	00:57:45.74	00:57:05.04	
716	510	FILIPE COSTA	M	45	638	00:57:46.66	00:57:11.54	
717	280	ROSA M L	F	43	79	00:57:52.69	00:57:21.60	
718	769	EDUARDO M R LOPES	M	46	639	00:57:55.02	00:56:37.76	
719	330	JOÃO LOPES	M	42	640	00:57:56.07	00:56:48.52	
720	522	ÓSCAR ARAÚJO	M	35	641	00:57:57.49	00:56:57.57	CLÍNICA SANTA MADALENA
721	1511	PATRICK GOMES	M	30	642	00:58:02.29	00:57:50.56	
722	846	GONÇALO A SILVA	M	18	643	00:58:04.58	00:57:14.23	
723	169	MARGARIDA COELHO	F	69	80	00:58:05.23	00:57:55.19	DESPORTIVO MONTE REAL
724	678	ACIDÁLIO FIGUEIREDO	M	62	644	00:58:05.35	00:57:05.55	
725	677	JORGE MANUEL	M	53	645	00:58:05.47	00:57:05.55	
726	907	JOSE REBELO	M	51	646	00:58:07.62	00:57:38.47	
727	84	HÉLIO BRUNO	M	37	647	00:58:08.19	00:57:05.13	PENICHE A CORRER
728	99	CIDÁLIA OLIVEIRA	F	57	81	00:58:09.18	00:58:01.95	
729	1298	BRUNO M R TEIXEIRA	M	30	648	00:58:12.47	00:57:14.15	
730	704	SARA GOMES	F	20	82	00:58:15.04	00:57:35.01	
731	1107	ARSENIO FERNANDES	M	61	649	00:58:15.40	00:57:29.71	RUN 4 FUN
732	791	ROGÉRIO F LUÍS	M	62	650	00:58:16.86	00:57:18.29	
733	623	ANTONIO TEIXEIRA	M	40	651	00:58:17.21	00:56:44.65	
734	972	HELDER C	M	43	652	00:58:17.67	00:57:48.97	
735	1106	FRANCISCA M S COSTA	F	48	83	00:58:17.95	00:57:31.85	
736	1165	ANTÓNIO PAULINO	M	65	653	00:58:18.24	00:57:33.82	
737	175	TIMÓTEO PFUMO	M	68	654	00:58:18.61	00:58:03.62	DESPORTIVO MONTE REAL
738	1465	CATARINA M G CARDOSO	F	32	84	00:58:18.90	00:56:48.99	
739	325	DUARTE FIGUEIRA	M	34	655	00:58:19.89	00:57:30.68	



740	1234	LUÍS S S DOMINGUES	M	36	656	00:58:21.23	00:56:58.80	VDA ATLETAS
741	687	ISABEL SANTOS	F	50	85	00:58:22.04	00:58:19.21	
742	979	MARTA SOARES	F	38	86	00:58:22.68	00:57:49.43	
743	746	JORGE SOUSA	M	44	657	00:58:26.65	00:57:27.79	
744	739	RAQUEL SOUSA	F	21	87	00:58:26.82	00:57:27.99	
745	742	RUTE MORNA	F	42	88	00:58:26.86	00:57:27.16	
746	744	PAULO PEREIRA	M	47	658	00:58:26.92	00:57:28.18	
747	743	ANA P SARAMAGO	F	41	89	00:58:26.97	00:57:29.55	
748	738	JOÃO C S	M	37	659	00:58:26.98	00:57:28.21	
749	768	PAULO RAINHO	M	51	660	00:58:27.26	00:57:01.58	
750	740	SANDRA BERNARDO	F	46	90	00:58:27.31	00:57:28.13	
751	745	RICARDO DIAS	M	44	661	00:58:27.94	00:57:30.55	
752	412	JORGE PEDRO	M	49	662	00:58:28.91	00:57:09.98	
753	118	ANDRÉ FIGUEIREDO	M	40	663	00:58:29.86	00:56:07.98	
754	683	GUILHERME RELVAS	M	22	664	00:58:32.78	00:58:23.24	
755	1080	ANTÓNIO ANTUNES	M	49	665	00:58:33.13	00:57:56.92	
756	1348	ANNA MEYER	F	23	91	00:58:33.30	00:57:56.98	
757	342	JOSÉ A S SILVA	M	46	666	00:58:33.78	00:57:38.16	
758	441	JOAO M C RITO	M	58	667	00:58:37.37	00:57:35.28	
759	905	NUNO V H	M	50	668	00:58:38.46	00:58:08.04	
760	585	NUNO CABEDO	M	53	669	00:58:38.71	00:57:50.62	
761	1228	RITA MOGO	F	32	92	00:58:39.18	00:57:28.37	
762	1219	SERGIO MELRO	M	51	670	00:58:39.43	00:57:28.54	
763	293	PAULA MAGALHAES	F	45	93	00:58:39.44	00:58:33.61	
764	1029	JEREMIAS S RIBEIRO	M	74	671	00:58:39.53	00:58:14.67	
765	435	LURDES SILVA	F	49	94	00:58:39.73	00:58:10.99	
766	1026	TAM AFONSO	M	65	672	00:58:39.81	00:58:22.51	TRANQUILIDADE AÇOREANA CLUBE
767	290	RICARDO VERISSIMO	M	34	673	00:58:41.32	00:57:50.75	
768	1333	VASCO P GORJAO	M	45	674	00:58:41.49	00:57:58.34	
769	258	TERESA SIMOES	F	44	95	00:58:42.00	00:57:54.33	CCD PM CASCAIS
770	913	BERNARDO FERNANDES	M	29	675	00:58:43.02	00:57:53.59	
771	257	TANIA VALENTIM	F	34	96	00:58:43.64	00:57:55.78	
772	375	MANUEL B DAVID	M	62	676	00:58:45.14	00:58:25.59	
773	939	MIGUEL ALVES	M	29	677	00:58:52.95	00:57:30.32	
774	660	SERGIO PEREIRA	M	44	678	00:58:53.48	00:58:21.22	
775	187	VESNA BOZANIC	F	47	97	00:58:53.70	00:58:46.74	
776	410	HELENA ROSA	F	51	98	00:58:58.35	00:58:25.22	



777	1174	ATLETA NÃO CADASTRADO	M	0	679	00:59:01.02	00:58:53.01	
778	1358	JOÃO SOTOMAYOR	M	56	680	00:59:01.77	00:58:44.33	
779	940	MARIA M ALVES	F	48	99	00:59:01.98	00:57:39.76	
780	1044	VASCO J P OURELO	M	42	681	00:59:09.58	00:58:45.30	CLUBE MILLENNIUM BCP
781	674	JOAQUIM SIMAO	M	55	682	00:59:11.76	00:58:26.85	
782	1168	PEDRO COSTA	M	53	683	00:59:12.00	00:58:16.91	
783	1012	TIAGO PEREIRA	M	33	684	00:59:13.41	00:58:34.37	
784	57	LUÍS M B MIRANDA	M	43	685	00:59:15.29	00:59:00.04	
785	107	ISABEL RODRIGUES	F	51	100	00:59:17.85	00:59:06.72	
786	775	ANTONIO MALHEIROS	M	36	686	00:59:18.94	00:58:53.91	
787	360	MADALENA SALGUEIRO	F	38	101	00:59:19.57	00:57:48.38	
788	772	AUGUSTO J P RIBEIRO	M	47	687	00:59:20.24	00:57:49.34	
789	1265	CARLA P G RIBEIRO	F	45	102	00:59:20.30	00:58:29.55	
790	1266	MIGUEL A C RIBEIRO	M	45	688	00:59:20.34	00:58:28.91	
791	715	RUI REIS	M	52	689	00:59:21.56	00:57:51.05	
792	1258	RUI RAMADA	M	45	690	00:59:21.68	00:58:42.13	
793	976	LUIS CATITA	M	59	691	00:59:21.83	00:59:15.37	
794	1471	PAULO ROSA	M	39	692	00:59:22.35	00:58:58.40	
795	646	CARLA ALVES	F	28	103	00:59:23.16	00:59:06.88	
796	100	SANDRA CORREIA	F	36	104	00:59:24.73	00:58:40.81	
797	1472	RICARDO GALO	M	39	693	00:59:25.46	00:59:02.23	
798	370	KRISTEN TYRRELL	F	28	105	00:59:26.03	00:58:31.65	
799	1285	EVA SILVA	F	42	106	00:59:27.12	00:58:40.69	
800	1284	CHIARA PEDINI	F	43	107	00:59:27.27	00:58:40.48	
801	558	PEDRO MARCELINO	M	24	694	00:59:28.90	00:58:17.03	
802	1050	FERNANDO DOMINGUES	M	62	695	00:59:29.20	00:59:22.62	CLUBE MILLENNIUM BCP
803	1197	PEDRO M P GIL	M	39	696	00:59:32.86	00:58:04.19	
804	283	VÍTOR RAMOS	M	46	697	00:59:34.06	00:59:10.04	
805	1120	FERNANDO J MATIAS	M	61	698	00:59:34.14	00:59:09.47	
806	180	MANUEL P PEDRO	M	43	699	00:59:35.83	00:58:40.73	
807	467	EDVALDO MOURA	M	43	700	00:59:37.80	00:58:55.58	ERICEIRENSES
808	352	CARLOS GAMEIRO	M	57	701	00:59:38.50	00:59:23.02	
809	1430	DIANA RIBEIRO	F	34	108	00:59:39.58	00:58:57.14	NAZABOBODA
810	895	PEDRO FERNANDES	M	51	702	00:59:39.98	00:58:35.94	
811	941	VICTOR RISCADO	M	46	703	00:59:40.47	00:58:36.19	
812	952	DANIEL SILVA	M	28	704	00:59:41.08	00:58:50.10	
813	1099	SOFIA FRAGA	F	38	109	00:59:41.34	00:59:22.67	



814	216	JOSE FERRO	M	65	705	00:59:45.02	00:58:29.89	
815	382	MANUEL LAMEGO	M	59	706	00:59:45.18	00:58:36.55	
816	148	CARLA DESTAPADO	F	44	110	00:59:46.78	00:58:31.04	
817	1071	ANNA BIZZOZERO	F	38	111	00:59:47.29	00:59:09.60	
818	614	ELSA NUNES	F	44	112	00:59:48.29	00:59:14.98	PROFS
819	924	ALEXANDRE ARANA	M	52	707	00:59:49.01	00:59:03.17	
820	925	SUZANNE COLLINS	F	54	113	00:59:49.47	00:59:03.35	
821	1103	JOANA SOEIRO	F	44	114	00:59:51.70	00:59:05.81	RUN 4 FUN
822	1124	RUI C	M	37	708	00:59:53.68	00:58:40.32	
823	983	SANDRA RODRIGUES	F	35	115	00:59:54.81	00:58:26.84	OS GALGOS
824	1128	PEDRO CACHAÇO	M	46	709	00:59:54.82	00:58:41.25	
825	221	PEDRO LOURENÇO	M	29	710	00:59:55.00	00:59:55.00	
826	1491	BRUNO M S RODRIGUES	M	31	711	00:59:56.27	00:59:14.32	
827	1096	RICARDO BRANCO	M	47	712	00:59:56.96	00:59:38.27	
828	138	ELSA R MENDES	F	51	116	00:59:57.27	00:59:14.12	
829	1342	EDUARDO MOUTINHO	M	49	713	00:59:58.32	00:58:57.74	
830	1117	ANA P MATIAS	F	52	117	00:59:59.87	00:59:34.90	
831	237	MIGUEL REDMONT	M	47	714	01:00:03.21	00:58:42.10	
832	1125	MONICA T SOUSA	F	44	118	01:00:03.58	00:59:38.39	
833	1249	EDGAR RAMOS	M	44	715	01:00:04.27	00:58:41.98	
834	49	CARLA CERQUEIRA	F	36	119	01:00:04.38	00:59:09.80	
835	48	LÍDIA RAMOS	F	44	120	01:00:05.54	00:59:11.01	
836	1248	PAULO CARREIRA	M	49	716	01:00:07.43	00:58:46.00	
837	529	ANTÓNIO F C MARQUES	M	65	717	01:00:07.96	00:58:52.21	
838	669	JAIME AFONSO	M	52	718	01:00:08.40	00:58:56.04	
839	1152	CARLOS VIEGAS	M	59	719	01:00:10.39	00:59:33.27	GDCT UNICRE
840	1144	PAULO J R BASTOS	M	45	720	01:00:11.04	01:00:11.04	
841	1325	LUÍS F PAIVA	M	47	721	01:00:11.30	01:00:11.30	
842	1507	ANTONIO PAIS	M	69	722	01:00:12.63	00:59:38.07	
843	97	PEDRO FERREIRA	M	33	723	01:00:14.52	00:59:10.92	PENICHE A CORRER
844	962	TÂNIA MARTINS	F	19	121	01:00:14.61	00:59:59.78	
845	961	PEDRO TEODORO	M	26	724	01:00:14.87	00:59:59.33	
846	316	JOAQUIM M GAMITO	M	55	725	01:00:14.99	01:00:03.02	
847	423	MARIA F MENDES	F	59	122	01:00:19.69	01:00:14.48	
848	117	PAULO CARNEIRO	M	47	726	01:00:20.21	00:59:23.96	
849	298	JOSÉ SANTOS	M	56	727	01:00:23.37	00:59:42.10	
850	849	DANIEL PANDO	M	32	728	01:00:25.72	00:59:58.03	



851	847	ANTÓNIO F SANTIAGO	M	70	729	01:00:25.91	00:59:58.36	
852	268	MARIA T FERNANDES	F	51	123	01:00:27.20	00:59:14.66	
853	838	RUI R A DIAS	M	35	730	01:00:27.32	00:59:03.13	
854	1489	VANESSA BARREIRA	F	34	124	01:00:27.34	00:59:43.86	
855	176	JACKIE CORREIA	F	59	125	01:00:30.36	00:59:13.00	
856	880	PAULO RAMOS	M	40	731	01:00:33.68	01:00:01.73	
857	1002	INÊS KRUG	F	33	126	01:00:36.19	00:59:30.70	
858	1001	LUÍS COELHO	M	61	732	01:00:36.43	00:59:30.99	
859	387	JOSE MORUJO	M	54	733	01:00:41.92	00:59:24.43	
860	90	IRINA ARAUJO	F	40	127	01:00:45.82	00:59:41.63	PENICHE A CORRER
861	98	VÂNIA ZARRO	F	36	128	01:00:46.18	00:59:41.52	PENICHE A CORRER
862	1455	SOFIA P	F	18	129	01:00:47.02	01:00:34.28	NAZABOBODA
863	289	RICARDO F C VICENTE	M	36	734	01:00:49.61	00:59:58.96	
864	1179	RICARDO FERRAZ	M	18	735	01:00:51.86	01:00:02.36	
865	1454	SUSANA FIGUEIRA	F	41	130	01:00:56.61	01:00:22.03	NAZABOBODA
866	1306	JOÃO GOMES	M	66	736	01:01:02.13	00:59:46.77	
867	609	TIAGO OLIVEIRA	M	37	737	01:01:04.10	00:59:53.94	
868	1057	PEDRO J C MURCA	M	50	738	01:01:04.40	01:00:51.70	CLUBE MILLENNIUM BCP
869	696	DOMINGOS SILVA	M	35	739	01:01:05.41	00:59:26.64	VOLVO
870	555	GONÇALO LOURERIRO	M	40	740	01:01:05.76	01:00:32.52	
871	806	JORGE M A DIAS	M	50	741	01:01:06.32	00:59:42.17	
872	559	DAVID ALBINO	M	24	742	01:01:06.75	00:59:55.46	
873	1139	NÂNCI F BÔTO	F	24	131	01:01:07.92	01:01:00.30	
874	1474	FERNANDO ALVES	M	56	743	01:01:14.77	00:59:51.10	SS CGD
875	126	JOAQUIM P	M	47	744	01:01:21.11	01:00:08.63	
876	125	CRISTINA PALMEIRO	F	47	132	01:01:21.69	01:00:08.82	
877	1391	RUI MELÃO	M	53	745	01:01:23.08	01:00:06.96	
878	829	FERNANDO CASEGAS	M	55	746	01:01:23.11	01:01:17.92	
879	498	RICARDO PORTUGAL	M	38	747	01:01:23.58	01:00:15.61	
880	87	CARLOS RAIMUNDO	M	37	748	01:01:26.48	01:00:22.79	PENICHE A CORRER
881	461	MARCOS GAMEIRO	M	41	749	01:01:27.99	00:59:43.38	
882	242	RUI FERNANDES	M	42	750	01:01:32.36	01:01:32.36	
883	337	ANDRÉ WIBORG	M	58	751	01:01:32.46	01:00:10.91	
884	137	ISABEL REIS	F	44	133	01:01:33.01	01:00:50.16	
885	83	ANA I VERISSIMO	F	48	134	01:01:33.54	01:00:29.91	PENICHE A CORRER
886	96	NUNO FERREIRA	M	29	752	01:01:33.89	01:00:29.75	PENICHE A CORRER
887	1178	ALEXANDRE CIBRÃO	M	41	753	01:01:36.08	01:01:08.66	



888	156	JOSÉ J C SANTOS	M	51	754	01:01:39.39	01:00:22.24	
889	927	PAULO MORAIS	M	46	755	01:01:41.51	01:01:41.51	
890	1274	OLGA GALVÃO	F	54	135	01:01:44.40	01:01:21.91	
891	1272	SUSANA MENDES	F	37	136	01:01:44.44	01:01:22.03	
892	311	PEDRO CARVALHO	M	41	756	01:01:50.88	01:00:54.48	
893	357	PEDRO JAIME	M	48	757	01:01:55.00	01:00:23.57	
894	469	GILCILAINÉ SOUZA	M	29	758	01:02:00.27	01:01:19.80	ERICEIRENSES
895	663	SOFIA COSTA	F	46	137	01:02:00.58	01:01:40.22	
896	974	MANUEL N BAPTISTA	M	52	759	01:02:02.95	01:01:57.00	
897	507	FRANCISCO BARONA	M	42	760	01:02:04.83	01:00:13.73	
898	1490	PAULO PADRAO	M	49	761	01:02:05.66	01:01:04.82	
899	1164	ANA PAULINO	F	64	138	01:02:11.40	01:01:28.24	
900	832	LÚCIO S MELO	M	46	762	01:02:12.74	01:00:35.41	
901	102	PAULA CAMPOS	F	41	139	01:02:13.37	01:01:55.59	CLUBE ANA LISBOA
902	884	ANA VICENTE	F	40	140	01:02:15.74	01:00:45.88	
903	355	MAGIC CATARINA	F	37	141	01:02:16.22	01:00:45.74	
904	780	LIDIA SANTOS	F	53	142	01:02:16.65	01:01:56.97	
905	673	ANTONIO MARTINS	M	46	763	01:02:16.82	01:01:33.28	
906	480	FRANCISCO M S SOARES	M	42	764	01:02:18.30	01:00:28.07	
907	753	SÓNIA VICENTE	F	42	143	01:02:23.39	01:00:23.65	TEAMSUSHI
908	266	FILIPE CAMEIRA	M	39	765	01:02:28.47	01:01:05.66	
909	220	MARIA L VAZ	F	51	144	01:02:28.96	01:01:03.09	
910	222	JOÃO T MATOS	M	55	766	01:02:29.00	01:01:03.41	
911	604	FATIMA GOMES	F	27	145	01:02:33.49	01:01:19.22	
912	605	ISABEL D ALVES	F	50	146	01:02:33.58	01:01:19.14	
913	603	CAROLINA SERRA	F	25	147	01:02:33.70	01:01:19.10	
914	1114	CRISTINA VICENTE	F	27	148	01:02:35.79	01:01:12.98	
915	1419	INES ROLA	F	18	149	01:02:40.23	01:02:06.45	NAZABOBODA
916	1217	JOÃO MIRANDA	M	26	767	01:02:43.90	00:59:21.98	MERCER
917	284	RITA PEREIRA	F	34	150	01:02:44.10	01:02:18.38	
918	286	IGOR FONSECA	M	33	768	01:02:44.36	01:02:18.87	
919	471	ANDRÉ G COSTA	M	44	769	01:02:49.53	01:02:49.53	
920	920	LEONOR FERREIRA	F	41	151	01:02:51.16	01:02:17.87	
921	1079	MADALENA ANTUNES	F	49	152	01:02:51.40	01:02:51.40	
922	595	MARGARIDA TEIXEIRA	F	37	153	01:02:51.60	01:01:41.19	
923	247	MANUELA GUERREIRO	F	50	154	01:02:53.91	01:02:35.81	
924	1252	VITOR LUCAS	M	54	770	01:02:56.02	01:01:31.83	



925	840	GABRIELA M FARKAS	F	41	155	01:02:56.66	01:02:34.82	
926	841	PAULO J S COELHO	M	42	771	01:02:58.44	01:02:36.39	
927	415	CARLA FARIA	F	49	156	01:03:02.53	01:02:23.15	
928	164	ETELVINA PAULINO	F	58	157	01:03:13.51	01:02:32.67	DESPORTIVO MONTE REAL
929	1141	MIGUEL J M ANJOS	M	52	772	01:03:14.24	01:01:57.41	
930	270	JOÃO ZARRO	M	41	773	01:03:19.37	01:02:15.44	
931	733	RICARDO F L MADEIRA	M	27	774	01:03:20.53	01:02:51.71	CONDORES VARGE MONDAR
932	1034	LEONEL C FERREIRINHA	M	69	775	01:03:21.44	01:02:33.73	CLUBE MILLENNIUM BCP
933	1060	RUI M C RODRIGUES	M	49	776	01:03:21.88	01:02:34.46	CLUBE MILLENNIUM BCP
934	729	NUNO VIEIRA	M	45	777	01:03:25.22	01:03:10.93	
935	1172	TIAGO BESSA	M	36	778	01:03:26.21	01:02:05.42	VDA ATLETAS
936	1115	VANDA SEQUEIRA	F	45	158	01:03:26.61	01:03:01.66	
937	133	HELENA BASTARDO	F	48	159	01:03:27.24	01:02:21.09	
938	819	PEDRO SANTOS	M	31	779	01:03:28.24	01:02:35.01	
939	190	CÁTIA C	F	30	160	01:03:28.83	01:02:25.82	
940	47	SUSANA SANTOS	F	41	161	01:03:29.79	01:02:23.10	CLUBE ANA LISBOA
941	110	GISELA PADRA	F	43	162	01:03:30.10	01:02:23.40	CLUBE ANA LISBOA
942	1291	DIOGO MARTINEZ	M	29	780	01:03:30.65	01:02:09.30	
943	1292	TIAGO MAIO	M	37	781	01:03:31.24	01:02:09.68	
944	519	DAVID SABINO	M	37	782	01:03:32.80	01:02:57.54	CLÍNICA SANTA MADALENA
945	1209	BRUNO A ALLE	M	30	783	01:03:34.19	01:02:03.44	
946	1190	MÁRIO FREITAS	M	48	784	01:03:38.00	01:02:41.35	CCD CRÉDITO AGRÍCOLA MÚTUO
947	1192	PAULA NETO	F	53	163	01:03:38.21	01:02:42.68	CCD CRÉDITO AGRÍCOLA MÚTUO
948	279	PATRÍCIA BRANCO	F	44	164	01:03:38.87	01:02:22.19	
949	141	DIOGO HENRIQUES	M	18	785	01:03:39.77	01:02:52.76	
950	260	JOANA GOROUPA	F	42	165	01:03:41.09	01:03:41.09	
951	877	RUBEN SILVA	M	34	786	01:03:43.45	01:02:34.77	
952	699	MARIA B A QUARESMA	F	24	166	01:03:45.36	01:02:19.07	
953	701	PAULO QUARESMA	M	50	787	01:03:45.42	01:02:19.26	
954	1134	JOÃO P PINTO	M	48	788	01:03:58.35	01:03:31.58	
955	1116	ANA M GUIMARÃES	F	60	167	01:03:58.64	01:03:32.37	
956	844	MIGUEL A SILVA	M	45	789	01:04:02.83	01:03:13.24	
957	1280	JOSE L CORREIA	M	58	790	01:04:05.84	01:03:34.60	
958	1035	DORA A C VILHENA	F	47	168	01:04:06.84	01:03:43.67	CLUBE MILLENNIUM BCP
959	1067	CATARINA CLÉRIGO	F	49	169	01:04:11.23	01:03:40.86	
960	408	PEDRO LOPES	M	36	791	01:04:15.48	01:03:02.02	N. A. PAPAGAIOS DE CASCAIS
961	1239	ANTÓNIO ALVES	M	60	792	01:04:18.90	01:04:06.25	



962	556	CATIA PINTO	F	36	170	01:04:22.74	01:03:48.46	
963	227	CAROLINA MORAIS	F	36	171	01:04:30.04	01:03:42.56	
964	892	PAULA VIEIRA	F	29	172	01:04:31.78	01:03:27.07	
965	416	ABILIO FERNANDES	M	46	793	01:04:38.71	01:03:58.90	
966	779	PEDRO ASCENSÃO	M	42	794	01:04:39.45	01:02:55.85	
967	1075	JOSÉ M C RAINHO	M	45	795	01:04:40.64	01:03:29.22	
968	1076	PAULA M F RAINHO	F	47	173	01:04:40.76	01:03:29.21	
969	400	SOFIA OLIVEIRA	F	23	174	01:04:46.06	01:04:39.43	
970	957	PEDRO VIEIRA	M	36	796	01:04:48.31	01:04:26.53	
971	426	RUTE M B	F	42	175	01:04:51.02	01:03:30.77	
972	430	FILIPA BRITO	F	43	176	01:04:51.23	01:03:31.68	
973	1019	CLÁUDIA TAM	F	35	177	01:04:51.74	01:04:17.58	TRANQUILIDADE AÇOREANA CLUBE
974	1018	CLÁUDIA FERREIRA	F	27	178	01:04:51.96	01:04:17.71	TRANQUILIDADE AÇOREANA CLUBE
975	1016	ANA CANAVEIRA	F	50	179	01:04:52.36	01:04:12.05	TRANQUILIDADE AÇOREANA CLUBE
976	1021	IDALINA MADEIRA	F	56	180	01:04:52.48	01:04:17.82	TRANQUILIDADE AÇOREANA CLUBE
977	367	ARMÉNIO SILVA	M	79	797	01:04:55.93	01:04:07.23	N. A. PAPAGAIOS DE CASCAIS
978	606	MIGUEL M P	M	45	798	01:04:56.94	01:03:48.67	
979	596	HUGO N V	M	40	799	01:04:58.01	01:03:49.74	
980	1452	FÁBIO AZEVEDO	M	36	800	01:04:59.82	01:03:58.93	
981	239	ROSANGELA LOURENÇON	F	48	181	01:05:02.82	01:03:44.66	
982	332	ANA P REIS	F	42	182	01:05:10.52	01:04:10.60	
983	611	JOSÉ A BARREIROS	M	46	801	01:05:14.81	01:04:06.98	
984	1198	JOSÉ J P	M	45	802	01:05:23.48	01:03:55.36	
985	830	ANTÓNIO RIBEIRO	M	25	803	01:05:24.62	01:05:24.62	
986	946	MARIA J FERNANDES	F	59	183	01:05:26.04	01:05:11.51	
987	619	ANA F LEITÃO	F	28	184	01:05:27.00	01:04:54.68	PROFS
988	473	CARLOS BARBOSA	M	52	804	01:05:33.20	01:04:54.00	
989	1041	JULIANA C A SILVA	F	45	185	01:05:39.19	01:05:15.45	CLUBE MILLENNIUM BCP
990	1170	RUI DOMINGUES	M	39	805	01:05:40.54	01:05:31.81	
991	374	SANDRA COELHO	F	47	186	01:05:45.54	01:04:57.83	
992	521	LUÍS M SILVA	M	66	806	01:05:53.82	01:05:21.44	CLÍNICA SANTA MADALENA
993	1451	PHILIPPE SANTONI	M	60	807	01:05:56.46	01:05:33.93	
994	679	MANUE PRATES	M	44	808	01:06:10.69	01:04:49.55	
995	1055	PEDRO M A GEADA	M	19	809	01:06:14.33	01:05:39.23	CLUBE MILLENNIUM BCP
996	1150	PAULO FRANÇA	M	55	810	01:06:15.17	01:05:37.76	GDCT UNICRE
997	433	AFONSO GUERREIRO	M	38	811	01:06:15.80	01:04:44.13	



998	434	JOANA GUERREIRO	F	36	187	01:06:15.84	01:04:44.30	
999	822	LURDES ANTÓNIO	F	47	188	01:06:25.87	01:05:54.09	
1000	732	RUTE I S FERREIRA	F	25	189	01:06:29.44	01:06:01.86	CONDORES VARGE MONDAR
1001	1230	PEDRO CELESTE	M	55	812	01:06:31.12	01:05:43.87	
1002	1082	CARLOS TENÓRIO	M	54	813	01:06:32.82	01:05:56.38	
1003	758	CATARINA CARAS-ALTAS	F	44	190	01:06:37.49	01:06:31.86	
1004	306	MIGUEL RIJO	M	46	814	01:06:38.04	01:05:41.27	
1005	291	VANDA LIMA	F	34	191	01:06:42.67	01:06:18.48	
1006	586	JOSÉ PIMENTEL	M	65	815	01:06:45.99	01:06:14.87	
1007	622	MARIA CORREIA	F	49	192	01:06:49.48	01:05:44.81	
1008	343	ARTUR P A	M	25	816	01:06:49.62	01:06:05.61	WHITE RUNNERS
1009	1255	INES	F	27	193	01:06:50.53	01:06:09.84	
1010	466	RONNYO SOBREIRA	M	48	817	01:06:50.82	01:06:08.83	ERICEIRENSES
1011	490	JOSÉ J S GOMES	M	32	818	01:06:55.21	01:05:29.73	
1012	491	LINA C	F	30	194	01:06:55.31	01:05:29.97	
1013	476	LISIANE TEVES	F	40	195	01:07:03.18	01:05:54.75	
1014	501	RICARDO BRANCO	M	44	819	01:07:03.21	01:05:13.46	
1015	235	ANA PINTO	F	24	196	01:07:03.52	01:06:41.93	
1016	384	PEDRO ALFERES	M	53	820	01:07:03.90	01:05:45.26	
1017	307	SARA VALADARES	F	27	197	01:07:03.94	01:06:32.49	
1018	310	JÚNIA ANACLETO	F	57	198	01:07:04.08	01:06:32.51	
1019	1448	ILDA SOUSA	F	55	199	01:07:04.55	01:06:30.47	NAZABOBODA
1020	502	SÓNIA SANTOS	F	44	200	01:07:08.18	01:05:17.05	
1021	790	SUSANA LAGOAS	F	41	201	01:07:11.48	01:05:48.10	
1022	1065	LUIS M C MENDES	M	60	821	01:07:12.90	01:06:15.55	CLUBE MILLENNIUM BCP
1023	914	MANUEL SEBASTIÃO	M	41	822	01:07:17.67	01:07:17.67	
1024	508	VASCO BRINCA	M	45	823	01:07:19.14	01:05:23.44	
1025	506	JOSE C SANTOS	M	42	824	01:07:21.37	01:07:15.65	
1026	503	MANUEL BRANCO	M	18	825	01:07:22.37	01:05:43.64	
1027	504	PEDRO ALMEIDA	M	37	826	01:07:22.38	01:05:42.94	
1028	62	MARIA QUITÉRIA	F	44	202	01:07:23.32	01:06:14.94	
1029	891	ELSA MENDES	F	64	203	01:07:24.65	01:06:16.22	
1030	1356	MAGDA I L RIBEIRO	F	37	204	01:07:25.84	01:06:30.21	
1031	1268	HELENA	F	34	205	01:07:26.35	01:06:57.99	
1032	789	JOAO L	M	46	827	01:07:26.77	01:06:02.79	
1033	778	MIGUEL SANCHES	M	61	828	01:07:27.03	01:06:01.94	
1034	462	MIGUEL LEAL	M	59	829	01:07:27.14	01:06:01.87	



1035	718	FRANCISCO PEREIRA	M	16	830	01:07:28.52	01:07:11.54	
1036	386	JOÃO DINIZ	M	47	831	01:07:28.71	01:06:10.23	
1037	296	SANDRA	F	47	206	01:07:29.35	01:07:23.76	
1038	109	DEOLINDA SANTOS	F	45	207	01:07:30.48	01:05:44.71	CLUBE ANA LISBOA
1039	470	JOÃO R DIAS	M	40	832	01:07:37.87	01:07:37.87	
1040	158	SOFIA MORENO	F	37	208	01:07:39.35	01:06:29.24	
1041	157	CARLOS MORENO	M	38	833	01:07:39.39	01:06:29.56	
1042	93	LUIS CAMBEZ	M	40	834	01:07:42.48	01:06:39.75	PENICHE A CORRER
1043	206	JOÃO P A FRANCISCO	M	19	835	01:07:44.60	01:06:32.19	
1044	201	JORGE M D CAMOESAS	M	35	836	01:07:44.85	01:06:31.39	
1045	170	MARIANA A P FRANCISCO	F	19	209	01:07:44.88	01:06:31.78	
1046	1233	PEDRO M M BRANCO	M	48	837	01:07:46.74	01:06:28.73	VDA ATLETAS
1047	777	PAULO PASSOS	M	48	838	01:07:56.23	01:07:17.81	
1048	1303	ISABEL MAGALHÃES	F	61	210	01:08:00.72	01:07:06.92	
1049	238	TIAGO VAZ	M	36	839	01:08:02.43	01:06:58.21	
1050	451	RITA MAIO	F	26	211	01:08:05.12	01:07:28.25	
1051	25	FÁBIO PIO	M	45	840	01:08:08.61	01:07:54.61	
1052	51	MARIANA NEVES	F	21	212	01:08:09.53	01:06:12.25	
1053	50	CATARINA RODRIGUES	F	20	213	01:08:10.71	01:06:13.47	
1054	720	ANA I C CABRITA	F	24	214	01:08:11.14	01:08:00.56	
1055	76	NELSON A P CORREIA	M	37	841	01:08:12.04	01:06:30.08	
1056	545	CARLOS PORTO	M	66	842	01:08:15.78	01:07:18.51	
1057	1475	JOÃO R	M	40	843	01:08:16.07	01:07:52.15	
1058	587	ANABELA VALADAS	F	41	215	01:08:16.34	01:07:45.61	
1059	1476	LUIS V SOUSA	M	38	844	01:08:16.57	01:07:54.12	
1060	55	JOÃO M D LANDEIROS	M	71	845	01:08:19.96	01:06:48.80	
1061	489	RAFAELA P L OLIVEIRA	F	33	216	01:08:23.52	01:06:45.92	
1062	1240	FREDERICO SOUSA	M	54	846	01:08:30.38	01:07:50.53	
1063	1038	ALDA M A VINAGRE	F	44	217	01:08:31.72	01:08:08.27	CLUBE MILLENNIUM BCP
1064	200	PAULO ANTUNES	M	46	847	01:08:31.75	01:07:22.19	
1065	366	CLAUDETE S R SOARES	F	50	218	01:08:34.97	01:07:33.94	
1066	1275	SÓNIA R A PIO	F	39	219	01:08:36.35	01:07:22.96	
1067	1276	ELISABETE M A PIO	F	34	220	01:08:36.77	01:07:22.29	
1068	199	MARC PIOT	M	49	848	01:08:37.85	01:07:27.98	
1069	106	ROSA FALARDO	F	53	221	01:08:42.02	01:08:31.41	
1070	111	JOÃO RIBEIRO	M	52	849	01:08:48.07	01:08:30.37	CLUBE ANA LISBOA
1071	166	INÊS PAULINO	F	23	222	01:08:48.27	01:08:07.60	DESPORTIVO MONTE REAL



1072	59	FILIPA FIGUEIREDO	F	42	223	01:08:50.66	01:07:22.59	
1073	39	CATARINA PINA	F	19	224	01:08:55.99	01:07:45.53	
1074	103	JORGE M BAPTISTA	M	62	850	01:08:56.57	01:08:25.21	
1075	812	CLÁUDIA C T CAETANO	F	26	225	01:09:13.56	01:08:17.16	
1076	814	RITA LOPES	F	28	226	01:09:13.75	01:08:17.07	
1077	407	LÉNIA CARLOS	F	37	227	01:09:15.21	01:08:42.13	N. A. PAPAGAIOS DE CASCAIS
1078	71	CLEMIRA M COLLACO	F	51	228	01:09:18.44	01:09:07.58	
1079	620	TIAGO LEITÃO	M	28	851	01:09:20.95	01:08:48.54	PROFS
1080	115	NIDIA SILVA	F	62	229	01:09:21.89	01:08:32.05	
1081	902	DANIEL PEREIRA	M	18	852	01:09:24.60	01:08:41.51	
1082	900	CARMEN MARQUES	F	37	230	01:09:24.86	01:08:40.53	
1083	534	HELENA ESTEVINHA	F	48	231	01:09:28.80	01:08:30.59	GINÁSIO CLUBE PORTUGUÊS
1084	535	RUI LOUZEIRO	M	54	853	01:09:29.16	01:08:31.66	GINÁSIO CLUBE PORTUGUÊS
1085	874	JOÃO FERRO	M	49	854	01:09:34.67	01:08:05.53	
1086	1251	SAMUEL JOAQUIM	M	64	855	01:09:42.25	01:09:03.22	
1087	1045	DULCE M S RAMOS	F	48	232	01:09:50.97	01:09:38.08	CLUBE MILLENNIUM BCP
1088	388	ELISABETH LOUREIRO	F	61	233	01:10:00.21	01:09:06.46	
1089	797	NELSON PEREIRA	M	21	856	01:10:01.89	01:09:18.89	
1090	479	ANIA VAZ	F	28	234	01:10:06.72	01:08:00.52	
1091	796	PAULO REIS	M	41	857	01:10:07.93	01:09:25.87	
1092	314	ISABEL SANTIAGO	F	50	235	01:10:09.23	01:07:05.64	
1093	313	JOSE SANTOS	M	47	858	01:10:11.40	01:07:08.49	
1094	632	JOAQUIM N PIMENTEL	M	42	859	01:10:13.04	01:09:33.80	
1095	1322	PEDRO M LIMA	M	57	860	01:10:14.34	01:08:50.33	
1096	953	SÓNIA VAZ	F	28	236	01:10:15.90	01:09:25.55	
1097	1207	ANA M M RAMOS	F	42	237	01:10:28.74	01:09:08.68	VDA ATLETAS
1098	341	CRISTINA G P SILVA	F	44	238	01:10:31.17	01:09:35.76	
1099	421	PAULO RODRIGUES	M	54	861	01:10:49.68	01:09:56.67	
1100	563	LUIS LAVRADOR	M	42	862	01:10:49.95	01:09:45.94	
1101	1185	TIAGO PITO	M	40	863	01:10:52.46	01:10:03.22	
1102	764	ILDA NÓBREGA	F	53	239	01:10:55.48	01:09:32.58	
1103	765	RUI LOPES	M	52	864	01:10:55.50	01:09:32.22	
1104	713	JOANNA PARAIZO	F	31	240	01:10:57.77	01:09:52.34	
1105	231	JOSÉ C B ALEIXO	M	60	865	01:10:58.02	01:09:30.30	
1106	378	ARTUR M P PINHEIRO	M	59	866	01:11:07.23	01:11:07.23	
1107	943	MARIANA DONATO	F	28	241	01:11:09.40	01:10:59.75	
1108	944	ANTONIO C DONATO	M	26	867	01:11:09.51	01:11:00.15	



1109	209	MARGARIDA LUIS	F	28	242	01:11:12.63	01:10:06.50	
1110	1254	ANA	F	43	243	01:11:14.81	01:10:34.27	
1111	463	MÁRCIA GONZALEZ	F	45	244	01:11:20.24	01:10:35.71	
1112	1486	LUÍS P SEMEDO	M	18	868	01:11:25.17	01:10:24.05	
1113	621	LUCIA FRANCHI	F	64	245	01:11:26.13	01:10:20.17	
1114	113	ARTUR DINIS	M	59	869	01:11:32.99	01:10:24.61	
1115	454	EDUARDA QUEIMADO	F	45	246	01:11:42.22	01:11:11.79	
1116	1324	TATIANA T CABRAL	F	26	247	01:11:57.35	01:10:33.57	
1117	515	LEANDRO S FERNANDES	M	34	870	01:12:01.74	01:11:27.20	
1118	259	JOHNNY THOMASSEN	M	57	871	01:12:06.70	01:11:24.97	
1119	1203	ANA S PINTO	F	32	248	01:12:08.48	01:08:46.79	MERCER
1120	456	RUBI PALMIERI	F	34	249	01:12:20.79	01:10:42.88	
1121	240	JOAO P VAZ	M	44	872	01:12:25.63	01:11:22.34	
1122	767	NUNO M S OLIVEIRA	M	41	873	01:12:32.16	01:11:17.67	
1123	712	RITA ANASTÁCIO	F	39	250	01:12:35.22	01:11:01.91	
1124	950	CRISTINA SEGURADO	F	40	251	01:12:35.28	01:11:02.43	
1125	361	TERESA SALGUEIRO	F	37	252	01:12:35.33	01:11:03.27	
1126	964	NANCI TEIXEIRA	F	37	253	01:12:36.60	01:12:19.49	
1127	285	JOAO P S SERRANO	M	21	874	01:13:00.97	01:11:50.99	
1128	145	JOSE FIALHO	M	58	875	01:13:09.84	01:12:21.63	CCD PM CASCAIS
1129	18	MIGUEL PAVÃO	M	18	876	01:13:11.96	01:12:20.22	
1130	802	ALEX OLIVEIRA	M	44	877	01:13:15.99	01:11:29.27	
1131	399	JORGE BARROS	M	42	878	01:13:33.33	01:13:10.11	
1132	322	MARIO PIRES	M	58	879	01:13:33.95	01:12:02.53	
1133	414	JORGE CARVALHO	M	59	880	01:13:54.95	01:12:33.09	
1134	13	NUNO PAVÃO	M	44	881	01:14:01.57	01:13:10.10	
1135	1242	MARTA R GOMES	F	26	254	01:14:04.08	01:12:43.20	
1136	908	TIAGO JACINTO	M	25	882	01:14:16.50	01:13:44.32	
1137	253	RUI SYMANIC	M	38	883	01:14:23.73	01:13:33.60	CCD PM CASCAIS
1138	151	ANTÓNIO TAVARES	M	53	884	01:14:23.82	01:12:56.65	
1139	682	SUSANNE NUNES	F	47	255	01:14:30.67	01:13:24.89	
1140	356	SOFIA CARDADOR	F	46	256	01:14:36.17	01:13:03.94	
1141	359	CAROLINA F STORCH	F	39	257	01:14:36.50	01:13:03.76	
1142	815	MARCOS F SANTOS	M	63	885	01:14:52.22	01:13:17.59	
1143	1347	KATRIN MEYER	F	46	258	01:14:53.26	01:14:14.96	
1144	1424	ARMINDO COUTO	M	57	886	01:14:57.44	01:14:05.00	NAZABOBODA
1145	380	PAULO J P MIGUEL	M	41	887	01:15:18.61	01:15:18.61	



1146	89	ANDREIA CAMBEZ	F	40	259	01:15:28.06	01:14:28.46	PENICHE A CORRER
1147	959	AUGUSTO VIEIRA	M	46	888	01:15:37.29	01:14:10.00	
1148	1126	ROSA M ABREU	F	47	260	01:15:55.75	01:14:45.41	
1149	1344	LOPO MARTINS	M	43	889	01:15:57.92	01:14:40.98	TEAMPAREDE+1
1150	1343	SÓNIA MARTINS	F	40	261	01:15:58.20	01:14:40.67	TEAMPAREDE+1
1151	40	RUI P SANTOS	M	48	890	01:16:00.86	01:15:08.51	
1152	1171	MARIANA RAMOS	F	28	262	01:16:07.02	01:14:46.33	
1153	875	DAVID MOTA	M	29	891	01:16:12.45	01:15:09.25	
1154	794	VANDA BERNARDINO	F	44	263	01:16:24.46	01:15:26.81	
1155	365	JOÃO C P PEDRO	M	46	892	01:16:32.69	01:15:31.94	
1156	272	HELENA CANANÉ	F	50	264	01:16:34.36	01:16:08.15	
1157	271	MANUEL CANANÉ	M	52	893	01:16:34.51	01:16:08.05	
1158	855	ELISABETE PINTO	F	60	265	01:16:51.79	01:16:25.89	
1159	1049	JOSE E G ARRUDA	M	67	894	01:17:01.95	01:16:10.45	CLUBE MILLENNIUM BCP
1160	1047	FOCK Y WAN	F	67	266	01:17:02.12	01:16:09.52	CLUBE MILLENNIUM BCP
1161	69	ISILDA RABASQUINHO	F	51	267	01:17:16.75	01:16:39.68	
1162	312	JOAO CANAS	M	38	895	01:17:17.05	01:16:24.04	
1163	1277	EMANUEL C SOARES	M	32	896	01:17:19.89	01:16:04.91	
1164	1118	ANA R ABREU	F	19	268	01:17:36.25	01:16:26.03	
1165	1213	JOANA M A GUERRA	F	30	269	01:17:47.70	01:16:19.37	
1166	856	PEDRO PINTO	M	59	897	01:17:54.27	01:17:28.96	
1167	1296	FLORINDA PEREIRA	F	62	270	01:17:58.96	01:17:19.77	
1168	205	ANTÓNIO FERREIRA	M	44	898	01:17:59.47	01:17:21.00	
1169	755	INÊS CARAPAU	F	28	271	01:18:00.03	01:15:55.58	TEAMSUSHI
1170	752	PATRÍCIA CORDEIRO	F	21	272	01:18:00.05	01:16:00.24	TEAMSUSHI
1171	1512	BIANCA JORGE	F	25	273	01:18:00.82	01:15:26.76	
1172	756	NEUZA REBELO	F	27	274	01:18:01.01	01:16:02.23	TEAMSUSHI
1173	214	BARBARA B	F	26	275	01:18:01.93	01:16:55.92	
1174	334	NUNO MARTINEZ	M	42	899	01:18:11.55	01:17:04.85	
1175	333	BRUNO RODRIGUES	M	42	900	01:18:11.65	01:17:04.08	
1176	1323	SOFIA P LIMA	F	31	276	01:18:12.14	01:16:48.10	
1177	431	CARLOS GONÇALVES	M	69	901	01:18:18.70	01:16:58.49	
1178	429	POKAS	F	39	277	01:18:18.83	01:16:59.10	
1179	546	SANDRA ANDRADE	F	42	278	01:18:20.00	01:17:10.62	
1180	564	ÂNGELA PIRRALHO	F	32	279	01:18:29.98	01:17:26.29	
1181	85	SONIA ANDRADE	F	47	280	01:18:37.96	01:17:41.41	
1182	155	ACÁCIO PEREIRA	M	56	902	01:19:01.46	01:17:43.38	



1183	531	BEATRIZ CERQUEIRA	F	19	281	01:19:03.78	01:19:03.78	
1184	413	CRISTINA CARVALHO	F	55	282	01:19:07.76	01:17:46.33	
1185	75	SANDRO MONIZ	M	39	903	01:19:20.92	01:17:43.26	VOLVO
1186	698	JOÃO PEREIRA	M	37	904	01:19:21.32	01:17:41.70	VOLVO
1187	1459	PAULO SILVA	M	45	905	01:19:30.06	01:18:47.35	NAZABOBODA
1188	717	DAVID PEREIRA	M	22	906	01:19:30.51	01:19:13.93	
1189	792	DARCÍLIA MATOS	F	34	283	01:19:32.76	01:17:52.98	
1190	1329	ANTÓNIO A COSTA	M	33	907	01:19:36.18	01:18:01.13	
1191	1330	ISABEL REMELGADO	F	37	284	01:19:36.71	01:18:01.66	
1192	154	JOAQUIM M C SANTOS	M	65	908	01:19:42.03	01:18:24.61	
1193	703	MARIA M MACEDO	F	55	285	01:19:48.80	01:19:08.49	
1194	837	CARLOS VIEIRA	M	48	909	01:19:50.25	01:19:22.15	
1195	393	FELICIANA FERREIRA	F	51	286	01:19:55.71	01:19:10.60	
1196	394	PAULO FERREIRA	M	51	910	01:19:56.10	01:19:10.81	
1197	225	FREDERICO MORAIS	M	37	911	01:20:03.02	01:19:14.86	
1198	226	SILVIA MORAIS	F	39	287	01:20:03.09	01:19:15.62	
1199	866	NUNO CALADO	M	40	912	01:20:03.36	01:18:48.50	
1200	868	MARIA H CALADO	F	38	288	01:20:04.47	01:18:49.24	
1201	1250	ANTONIO FIGUEIREDO	M	60	913	01:20:05.96	01:19:26.60	
1202	530	MARINA CERQUEIRA	F	41	289	01:20:11.93	01:18:58.08	
1203	108	MARIA C ANJOS	F	71	290	01:20:16.82	01:19:25.41	
1204	379	VALDENIA A MOURA	F	32	291	01:20:19.14	01:20:19.14	
1205	560	SALOMÉ S MARQUES	F	23	292	01:20:19.99	01:19:08.06	
1206	331	SANDRA FILIPE	F	42	293	01:20:32.48	01:19:32.26	
1207	1495	RICARDO P SEMEDO	M	21	914	01:20:41.94	01:19:40.16	
1208	36	SOFIA I M SANTOS	F	40	294	01:21:01.77	01:20:34.80	
1209	1022	JOÃO RIBEIRO	M	53	915	01:21:20.47	01:20:51.11	TRANQUILIDADE AÇOREANA CLUBE
1210	305	ANA SILVA	F	58	295	01:22:14.78	01:22:12.60	
1211	1334	ROSA GAMEIRO	F	44	296	01:22:55.10	01:21:49.61	
1212	1429	CRISTINA PAIVA	F	46	297	01:23:31.51	01:22:48.30	NAZABOBODA
1213	1054	FELICIDADE C ASSANE	F	58	298	01:24:08.14	01:23:23.47	CLUBE MILLENNIUM BCP
1214	816	GONÇALO FERREIRA	M	32	916	01:24:38.81	01:23:46.14	
1215	655	GUIOMAR RUA	F	52	299	01:25:15.18	01:24:55.40	
1216	613	FERNANDA A PINHEIRO	F	47	300	01:26:49.20	01:26:49.20	
1217	565	ANDREIA GOUVEIA	F	38	301	01:27:12.39	01:26:08.15	
1218	1496	FERNANDO SEMEDO	M	53	917	01:27:12.49	01:26:13.84	
1219	770	MARIA J RODRIGUES	F	42	302	01:27:12.61	01:25:54.40	TEAMPAREDE+1



1220	1169	LUÍS M LEITÃO	M	53	918	01:27:28.88	01:27:20.67	
1221	114	LUCINDA L HENRIQUES	F	70	303	01:27:44.19	01:26:51.82	
1222	1199	SARA CAMÕES	F	33	304	01:29:29.39	01:26:09.03	MERCER
1223	714	ANA G CUNHA	F	28	305	01:29:31.56	01:27:59.64	
1224	523	PAULO A ALMEIDA	M	37	919	01:31:04.77	01:31:04.77	CLÍNICA SANTA MADALENA
1225	848	ANA P SANTIAGO	F	33	306	01:31:19.62	01:31:19.62	
1226	297	LAÉRCIO J OLEJNIK	M	61	920	01:31:43.35	01:30:20.04	
1227	389	SOFIA MONGE	F	38	307	01:32:57.44	01:32:02.72	
1228	391	FRANCISCO MONGE	M	60	921	01:32:57.58	01:32:02.82	
1229	390	RESSURREIÇÃO MONGE	F	61	308	01:32:57.67	01:32:03.58	
1230	1206	RUI M T GUEDES	M	49	922	01:35:40.85	01:34:08.79	VDA ATLETAS
1231	1173	SOFIA M G VIVAS	F	34	309	01:35:45.67	01:34:13.65	VDA ATLETAS
1232	1212	MARKO MAUSER	M	30	923	01:36:26.26	01:36:26.26	
1233	793	TATIANA MOTA	F	33	310	01:37:01.21	01:35:21.98	
1234	684	IDALINA M L JORGE	F	73	311	01:37:05.48	01:37:05.48	
1235	1131	FERNANDO LUZ	M	46	924	01:39:28.77	01:39:28.77	GDCT UNICRE
1236	1154	PAULO DUARTE	M	52	925	01:39:28.78	01:39:28.78	GDCT UNICRE
1237	1155	GONÇALO OLIVEIRA	M	55	926	01:39:28.83	01:39:28.83	GDCT UNICRE
1238	458	ANA ALMEIDA	F	45	312	01:40:30.02	01:40:19.17	
1239	147	MARIANA SOARES	F	19	313	01:40:51.89	01:40:51.89	
1240	86	RITA MARQUES	F	45	314	01:40:52.66	01:40:52.66	
1241	818	LUIS MESQUITA	M	35	927	01:41:45.72	01:40:52.48	
1242	329	PAULO SILVA	M	24	928	01:43:27.54	01:43:27.54	VOLVO
1243	328	PEDRO BRONZE	M	39	929	01:43:28.12	01:43:28.12	VOLVO
1244	457	JOANA FONSECA	F	44	315	01:43:46.78	01:43:46.78	
1245	1497	ANA P SEMEDO	F	52	316	01:44:35.81	01:43:33.67	
1246	653	MARIA S ANTUNES	F	49	317	01:48:06.67	01:47:35.03	
1247	652	CARLA SILVA	F	46	318	01:48:07.23	01:47:35.58	

Total de registros: 1247