



Class	Num	Nome	Sx	Idd	Pos Escal	T. Bruto	T. Líquido	Equipe
1	700	AVELINO EUSÉBIO	M	28	1	00:31:05.65	00:31:02.83	
2	718	ROBERTO LADEIRAS	M	27	2	00:32:49.05	00:32:46.53	
3	806	JOSÉ GASPAR	M	39	3	00:32:54.14	00:32:51.44	
4	708	JOÃO FERNANDES	M	25	4	00:33:07.66	00:33:05.20	
5	701	CARLOS CARDOSO	M	36	5	00:34:02.22	00:34:00.30	
6	1081	BRUNO SABIDO	M	25	6	00:34:25.59	00:34:22.62	
7	223	LUIS MIGUEL GINJA	M	45	7	00:36:03.62	00:35:58.39	
8	705	HELDER GROSSO	M	37	8	00:36:14.61	00:36:12.69	
9	15	DIOGO AZEVEDO	M	40	9	00:36:38.16	00:36:35.98	
10	863	PAULO ROLA	M	53	10	00:36:58.92	00:36:56.67	NAZABOBODA
11	883	ANTONIO JANEIRO	M	44	11	00:37:11.59	00:37:05.82	NAZABOBODA
12	1094	RUI BELO	M	43	12	00:37:14.71	00:37:08.43	
13	966	FRANCISCO MONTE	M	39	13	00:37:26.54	00:37:23.24	
14	630	JOÃO VÍTOR DIAS TEIXEIRA DE SOUSA	M	33	14	00:37:27.16	00:37:17.87	CLUBE EDP LISBOA
15	219	PETER WILLIAM ROGERS KNIGHT	M	59	15	00:37:27.26	00:37:24.90	
16	212	PEDRO FILIPE DA SILVA POEIRA	M	37	16	00:37:29.00	00:37:24.55	
17	489	JOÃO PIRES	M	44	17	00:37:30.87	00:37:27.84	
18	332	DELIO MELO	M	41	18	00:37:48.75	00:37:43.61	
19	392	MÁRIO CASSACA	M	46	19	00:38:01.88	00:37:58.45	
20	995	MARCO ALMEIDA	M	40	20	00:38:05.27	00:37:57.74	
21	886	DUARTE BRITO	M	28	21	00:38:10.70	00:38:07.84	NAZABOBODA
22	980	JORGE PARDAL	M	46	22	00:38:24.89	00:38:20.72	
23	709	JOÃO HENRIQUE DO CARMO MATEUS	M	31	23	00:38:25.55	00:38:22.45	
24	717	RICARDO MIGUEL DE JESUS FRANCO BERNARDES	M	29	24	00:38:27.34	00:38:24.35	
25	1233	DAVID PEREIRA	M	27	25	00:38:41.28	00:38:34.67	
26	1056	BRUNO SOUSA MARCELINO	M	37	26	00:38:42.75	00:38:39.81	
27	719	RUI PALMA	M	46	27	00:38:44.35	00:38:40.48	
28	704	FERNANDO PEREIRA	M	46	28	00:38:53.90	00:38:49.48	
29	430	RUI ASCENSÃO	M	42	29	00:39:19.88	00:39:19.88	
30	913	FÁBIO DOMINGOS	M	30	30	00:39:24.83	00:39:19.45	N. A. PAPAGAIOS DE CASCAIS
31	153	CARLOS MANUEL ALVES CAETANO	M	46	31	00:39:50.96	00:39:47.42	
32	1178	RUI PEDRO OLIVEIRA	M	46	32	00:39:53.75	00:39:50.34	LINDA-A-PASTORA SPORTING CLUBE
33	425	CARLOS FRANÇA	M	40	33	00:39:54.05	00:39:48.99	
34	733	FRANCISCO LANETA	M	54	34	00:39:56.47	00:39:50.28	G. R. D. RIBEIRA DA LAGE
35	725	RICARDO PIRES	M	37	35	00:39:56.49	00:39:49.06	



36	795	VALTER RIBEIRO	M	28	36	00:39:56.94	00:39:51.21	
37	1154	IVO SANTOS	M	36	37	00:39:57.13	00:39:51.74	CLUBE COLABORADORES AGEAS
38	703	ERNESTO FERREIRA	M	48	38	00:39:58.27	00:39:58.44	
39	809	CLÉLIO CUNHA	M	43	39	00:39:58.58	00:39:54.10	
40	858	PAULO COSTA	M	45	40	00:39:59.19	00:39:46.94	
41	802	HELENA MIRANDA	F	33	1	00:40:03.31	00:40:00.27	
42	714	PAULO ALMEIDA	M	48	41	00:40:06.95	00:39:56.68	
43	801	PAULO GARCIA	M	46	42	00:40:07.17	00:40:04.10	
44	865	PEDRO RODRIGUES	M	35	43	00:40:16.96	00:40:08.05	NAZABOBODA
45	9	KCÉNIA BOUGOROVA	F	25	2	00:40:18.91	00:40:14.93	
46	343	VITOR MARTINS	M	50	44	00:40:33.07	00:40:28.82	
47	280	JOÃO LIMÃO	M	46	45	00:40:38.60	00:40:33.25	
48	929	EURICO NICHIO	M	58	46	00:40:40.65	00:40:29.69	
49	624	MARC MASSAGUE MORENO	M	33	47	00:40:48.50	00:40:43.67	
50	898	VITOR PEREIRA	M	32	48	00:40:50.02	00:40:44.15	NAZABOBODA
51	540	VASCO LEVITA	M	46	49	00:41:03.36	00:40:35.56	
52	471	IGOR VITALIEVICH	M	45	50	00:41:23.78	00:41:20.06	
53	158	ACÁCIO MENDES	M	34	51	00:41:25.89	00:41:18.18	
54	837	GONCALO SILVA	M	37	52	00:41:59.26	00:41:23.47	
55	227	HUGO ROCHA	M	37	53	00:42:10.10	00:41:57.62	CLÍNICA SANTA MADALENA
56	1216	HENRIQUE COELHO	M	47	54	00:42:13.29	00:42:08.78	
57	83	CARLOS CRUZ	M	42	55	00:42:18.55	00:42:10.55	
58	285	GLEYDISON SOUZA	M	40	56	00:42:20.25	00:42:11.84	SERUL
59	411	ALBERTINO PIRES	M	47	57	00:42:23.09	00:42:19.88	
60	67	SANDRO SILVA	M	40	58	00:42:41.88	00:42:23.70	
61	897	VALERIO MENDES	M	44	59	00:42:43.07	00:42:39.92	NAZABOBODA
62	103	HAVRYSHCHUK	M	41	60	00:42:44.38	00:42:03.79	
63	942	GONÇALO MOREIRA	M	31	61	00:42:45.86	00:42:24.86	
64	222	TIAGO MELO SANTOS	M	42	62	00:42:47.00	00:42:35.48	
65	374	JOSÉ GOMES	M	59	63	00:42:48.86	00:42:41.44	
66	1078	ABEL COSTA	M	55	64	00:42:51.03	00:42:51.03	
67	272	PAULO CARVALHO	M	50	65	00:42:55.41	00:42:43.06	
68	896	JOSE JARMELA	M	55	66	00:42:55.47	00:42:50.93	NAZABOBODA
69	1290	CHRISTIAAN OOSTERVEEN	M	33	67	00:42:59.00	00:42:59.00	BREAKING3
70	40	JOSÉ CARLOS REIS	M	56	68	00:43:02.50	00:42:58.93	
71	1034	NELSON COSTA	M	50	69	00:43:04.02	00:42:54.51	
72	11	MARCO FERNANDES	M	41	70	00:43:12.09	00:43:05.14	



73	10	MÓNICA MOREIRAS	F	39	3	00:43:12.60	00:43:05.95	
74	889	FRANCISCO LAFUENTE	M	37	71	00:43:15.74	00:43:02.00	NAZABOBODA
75	843	BELCHIOR BARROCAS	M	52	72	00:43:16.10	00:43:10.96	
76	593	ANDRE ALEGRIA A COTRIM SILVA	M	22	73	00:43:20.76	00:43:09.41	C MILLENNIUM
77	555	NUNO MIGUEL BRAVO OLIVEIRA NAIA	M	45	74	00:43:24.92	00:43:17.46	C MILLENNIUM
78	657	TIAGO TROMBINHAS	M	22	75	00:43:26.81	00:42:38.83	QUARENTÕES NA BISGA
79	73	NUNO HENRIQUES	M	44	76	00:43:28.09	00:43:23.24	GDCTINCM
80	91	JORGE ALMEIDA	M	29	77	00:43:31.07	00:42:34.33	
81	575	PEDRO CARAMBA	M	43	78	00:43:34.43	00:43:18.85	
82	1180	STEPHAN KOENIG	M	51	79	00:43:35.73	00:43:21.68	
83	453	CRISTIANO PAES	M	48	80	00:43:36.98	00:42:40.64	
84	780	LUKAS JELENIK	M	32	81	00:43:40.23	00:43:34.82	
85	492	RUI CARMO	M	36	82	00:43:40.34	00:43:12.57	
86	399	RUI CARVALHO	M	40	83	00:43:43.69	00:43:43.69	
87	978	ANDRÉ	M	24	84	00:43:44.67	00:43:26.02	
88	870	TIAGO PIRES	M	22	85	00:43:48.26	00:43:45.05	NAZABOBODA
89	960	PAULO COELHO	M	42	86	00:43:49.52	00:43:40.50	
90	993	FRANCISCO CASEGAS	M	27	87	00:43:53.78	00:43:50.54	
91	936	PEDRO GONÇALVES	M	43	88	00:44:03.71	00:43:52.42	
92	134	FRANCISCO DIAS	M	49	89	00:44:04.65	00:43:51.90	
93	1189	AVELINO SOARES	M	52	90	00:44:20.85	00:44:20.85	
94	1242	JOÃO MARAL	M	50	91	00:44:23.38	00:44:20.00	
95	185	PAULO SANTOS	M	52	92	00:44:31.36	00:44:28.53	
96	1004	FRANCISCO ABECASIS	M	43	93	00:44:33.94	00:44:26.64	
97	873	JOAO TIAGO LIMA PIRES MOREIRA	M	47	94	00:44:34.25	00:44:23.02	
98	935	JORGE MARTINHO	M	50	95	00:44:36.88	00:44:16.75	
99	922	SERGIO ALVES	M	43	96	00:44:37.10	00:44:29.55	
100	1232	KRISTINA SALTANOVIC	F	39	4	00:44:42.35	00:44:38.25	
101	667	RUI PASTOR	M	47	97	00:44:43.10	00:44:06.03	CCDTMETROLX
102	912	JOAQUIM ROSA	M	57	98	00:44:43.79	00:44:30.21	N. A. PAPAGAIOS DE CASCAIS
103	810	MARIO MARQUES	M	49	99	00:44:44.48	00:44:39.87	
104	131	NUNO DIOGO	M	46	100	00:44:44.65	00:44:32.23	
105	317	JORGE SERRA	M	53	101	00:44:48.43	00:44:18.60	CCD TRANQUILIDADE
106	136	ALBERTINO NETO	M	49	102	00:44:51.97	00:44:41.23	
107	832	DUARTE AMARAL	M	50	103	00:44:55.13	00:44:46.79	
108	689	GONÇALO PORÊLO	M	37	104	00:44:55.38	00:44:12.79	
109	105	BRUNO PANDAIO	M	43	105	00:44:55.79	00:44:49.27	



110	30	ANTÓNIO LAZERA MARTINS	M	53	106	00:44:56.42	00:44:47.61	
111	367	CRISTIANO MARQUES	M	47	107	00:44:57.29	00:44:50.95	
112	193	NUNO MARQUES	M	42	108	00:44:57.41	00:44:19.63	
113	736	MARIO MOREIRA	M	42	109	00:45:01.21	00:44:57.56	G. R. D. RIBEIRA DA LAGE
114	39	GONÇALO GRAZINA	M	29	110	00:45:03.67	00:44:45.99	LINK
115	1150	JOSÉ XAVIER SOUSA	M	44	111	00:45:04.93	00:44:20.17	CLUBE COLABORADORES AGEAS
116	524	RUI HELENO	M	43	112	00:45:07.74	00:44:58.87	
117	340	VITOR TEIXEIRA	M	51	113	00:45:09.37	00:45:03.29	
118	884	ARMINDO SANTOS	M	64	114	00:45:09.62	00:45:05.24	NAZABOBODA
119	1152	JORGE CARVALHO	M	41	115	00:45:10.41	00:44:35.42	CLUBE COLABORADORES AGEAS
120	699	ARTUR PINTO	M	42	116	00:45:10.82	00:44:52.86	
121	1032	JOSÉ CARLOS	M	56	117	00:45:16.50	00:45:06.84	N. A. PAPAGAIOS DE CASCAIS
122	541	LEANDRO RODRIGUES	M	36	118	00:45:26.30	00:44:53.69	
123	778	CARLOS MERALTO	M	27	119	00:45:28.00	00:45:28.00	
124	1099	TIAGO BATISTA	M	35	120	00:45:30.38	00:44:27.71	
125	732	FERNANDO SOUSA	M	60	121	00:45:32.49	00:45:26.34	G. R. D. RIBEIRA DA LAGE
126	390	PEDRO TRABUCHO	M	55	122	00:45:39.24	00:45:31.66	
127	566	PAULO LOPES	M	48	123	00:45:51.90	00:45:03.01	GE OS ECONÓMICOS
128	1082	FRANCISCO CAMPOS GUERRA	M	38	124	00:45:54.23	00:45:32.54	
129	20	GONÇALO RODRIGUES	M	45	125	00:45:57.47	00:45:08.64	CLUBE FERROVIÁRIO DE PORTUGAL
130	302	ATLETA NÃO CADASTRADO	M	0	126	00:45:59.20	00:45:31.02	
131	301	DAVID SIMÃO	M	49	127	00:46:00.51	00:46:00.51	
132	118	ANTONIO PUCARÇO	M	57	128	00:46:01.30	00:45:27.51	CCD PM CASCAIS
133	345	RICARDO ROCHA	M	52	129	00:46:05.82	00:45:57.20	
134	216	JOÃO CRUZ	M	56	130	00:46:06.77	00:45:51.15	ESCOLA DE ATLETISMO DO MONTIJO
135	326	SÉRGIO LOUREIRO	M	27	131	00:46:07.69	00:45:27.38	
136	431	NUNO COUTO	M	43	132	00:46:09.58	00:45:59.65	
137	914	FERNANDO DOMINGOS	M	56	133	00:46:10.69	00:45:58.69	N. A. PAPAGAIOS DE CASCAIS
138	413	ROMAIN DEMOUSTIER	M	29	134	00:46:11.22	00:46:01.60	
139	747	FRANCISCO RODRIGUES GONÇALVES	M	50	135	00:46:17.26	00:45:26.22	
140	537	HENRIQUE SANTOS	M	39	136	00:46:19.12	00:46:16.33	
141	397	NELSON SANTOS SOARES SILVA	M	44	137	00:46:21.39	00:46:10.55	
142	931	RUI ALVES	M	38	138	00:46:21.51	00:46:00.84	
143	990	MARIA ALVES	F	52	5	00:46:24.41	00:46:12.88	
144	323	VIRGÍLIO MADEIRA	M	60	139	00:46:29.95	00:46:10.55	CCD TRANQUILIDADE
145	697	ANTÓNIO MARCELO	M	57	140	00:46:31.85	00:46:04.43	
146	752	HUGO MACCHADO	M	42	141	00:46:36.04	00:46:18.00	



147	1045	GONÇALO JOSE DE SÁ BAROUTAKIS	M	45	142	00:46:38.76	00:46:25.61	
148	746	FÁBIO FILIPE FREITAS BARBOSA	M	33	143	00:46:41.95	00:45:50.89	
149	300	JORGE F FERREIRA	M	48	144	00:46:42.61	00:46:34.98	
150	56	FRANCISCO DOMINGOS	M	23	145	00:46:45.63	00:45:41.18	
151	320	NELSON MOTA	M	49	146	00:46:49.93	00:46:19.98	CCD TRANQUILIDADE
152	437	JOAO GONCALVES	M	47	147	00:46:51.41	00:46:45.96	
153	286	NELSON ANTUNES	M	38	148	00:46:52.26	00:46:10.27	SERUL
154	321	NUNO FRANCO	M	46	149	00:46:53.60	00:46:36.91	CCD TRANQUILIDADE
155	933	ANDRÉ COELHO	M	45	150	00:46:53.61	00:46:05.32	
156	1117	RICARDO SANTOS	M	44	151	00:46:55.76	00:46:12.14	
157	55	JOÃO DOMINGOS	M	43	152	00:46:56.17	00:45:52.01	
158	339	AMÉRICO RAMOS	M	60	153	00:46:56.40	00:46:34.60	
159	715	PAULO TAINHA	M	55	154	00:46:56.41	00:46:51.56	
160	753	MAURO MACHADO	M	32	155	00:46:56.71	00:46:38.78	
161	925	JOSÉ EDUARDO SANTOS	M	50	156	00:47:02.89	00:42:40.71	
162	88	GEORGIOS GOULAS	M	41	157	00:47:05.00	00:46:50.27	
163	1186	PEDRO CORREIA	M	31	158	00:47:06.42	00:46:49.93	
164	772	RUI PEDRO FONSECA MENDES ANTUNES	M	42	159	00:47:07.41	00:46:06.25	
165	306	LÚCIA OLIVEIRA	F	40	6	00:47:08.17	00:46:56.68	
166	304	ANTONIO ARAUJO	M	54	160	00:47:08.42	00:47:00.05	
167	874	JOÃO GINJA	M	53	161	00:47:10.41	00:47:10.41	LINDA-A-PASTORA SPORTING CLUBE
168	487	FILIPE PIRES	M	42	162	00:47:16.83	00:47:06.97	
169	102	MÁRIO RUI SEABRA	M	47	163	00:47:17.12	00:41:59.99	
170	878	ANDRE LEANDRO	M	35	164	00:47:20.31	00:46:59.34	NAZABOBODA
171	964	HUGO PAULO	M	42	165	00:47:24.34	00:46:41.02	
172	376	NUNO GALVÃO	M	56	166	00:47:27.16	00:46:47.78	
173	629	RODRIGO MORAIS	M	40	167	00:47:34.32	00:47:16.01	BOL
174	1121	ALBISIO FERNANDES MAGALHAES	M	65	168	00:47:36.00	00:47:23.44	
175	546	CARLO ALEXANDER COSTA PINHO	M	45	169	00:47:39.73	00:47:12.11	C MILLENNIUM
176	787	ANTONIO PIRES	M	37	170	00:47:40.12	00:47:14.93	STAR RUNNERS
177	989	JOSÉ MELATO	M	40	171	00:47:42.30	00:47:34.24	
178	917	DIOGO TAKAO	M	38	172	00:47:42.37	00:47:31.05	
179	480	FILIPA VELOSO	F	30	7	00:47:42.64	00:46:51.14	
180	458	TIAGO TENENTE	M	41	173	00:47:42.80	00:47:23.58	
181	481	DAVID NEVES	M	37	174	00:47:43.02	00:46:50.70	
182	1147	MIGUEL TRUNINGER SOUSA	M	44	175	00:47:45.31	00:47:00.66	CLUBE COLABORADORES AGEAS
183	826	RUI VIEIRA	M	52	176	00:47:46.29	00:46:47.83	CCD PM CASCAIS



184	946	CARLOS LOPES	M	45	177	00:47:47.25	00:47:42.02	
185	333	PEDRO SANTOS	M	41	178	00:47:48.95	00:47:37.23	
186	233	DAVID FIGUEIREDO	M	43	179	00:47:51.50	00:47:30.17	ESCOLA DE ATLETISMO DO MONTIJO
187	135	NELSON JOSÉ	M	45	180	00:47:51.86	00:47:41.07	
188	1215	SILVIA MARTINS	F	44	8	00:47:52.47	00:47:40.07	CARACOLETAS
189	659	CARLOS NELSON DIAS	M	58	181	00:47:53.67	00:47:21.49	CCDTMETROLX
190	518	SÍLVIO JOSÉ LEITE NETO	M	31	182	00:47:53.76	00:47:37.53	
191	1132	RICARDO OLIVEIRA	M	38	183	00:47:56.56	00:47:47.40	
192	821	RUI VASQUES	M	53	184	00:48:00.79	00:47:03.66	CCD PM CASCAIS
193	742	FILIPE POMBO	M	33	185	00:48:04.87	00:47:30.60	
194	123	DIOGO HENRIQUES	M	22	186	00:48:06.54	00:48:06.54	CCD PM CASCAIS
195	687	BRUNO AMARO	M	38	187	00:48:08.10	00:47:59.48	
196	662	GUALDINO FREIRE	M	73	188	00:48:09.67	00:47:37.79	CCDTMETROLX
197	1135	MARCIO MUNIZ	M	41	189	00:48:10.54	00:48:00.28	
198	663	HUGO PINTO	M	43	190	00:48:10.90	00:47:38.85	CCDTMETROLX
199	955	MIGUEL SAUNDERS	M	55	191	00:48:10.97	00:47:59.52	
200	831	DIOGO ALFARELOS	M	35	192	00:48:12.63	00:48:00.64	
201	116	ANTONIO HORTA	M	66	193	00:48:14.90	00:47:41.50	CCD PM CASCAIS
202	1035	PEDRO MIGUEL DA SILVA PINTO	M	33	194	00:48:15.93	00:47:59.31	
203	840	CAROLINA SANTOS	F	27	9	00:48:15.98	00:47:59.57	
204	258	HENRIQUE AMADOR	M	47	195	00:48:19.69	00:48:13.97	SS CGD
205	419	NOÉMIA SEQUEIRA	F	51	10	00:48:22.41	00:48:14.93	SS CGD
206	577	LUIS MARTA	M	53	196	00:48:23.28	00:47:59.02	
207	576	ANTÓNIO MARTINHO	M	42	197	00:48:23.73	00:48:00.76	
208	33	BRUNO BRITO	M	39	198	00:48:25.12	00:48:08.97	
209	1270	MARGARIDA GAMA	F	27	11	00:48:27.00	00:48:27.00	
210	882	ANTONIO DUARTE	M	63	199	00:48:27.33	00:48:13.52	NAZABOBODA
211	330	JOÃO NOGUEIRA	M	48	200	00:48:28.26	00:48:17.24	
212	939	JOÃO FERNANDES	M	38	201	00:48:28.35	00:47:39.31	
213	598	NUNO ESPERANÇA	M	43	202	00:48:31.46	00:48:12.09	
214	777	BRUNO TIAGO PIRES DA COSTA	M	27	203	00:48:36.29	00:47:54.88	
215	779	RICARDO MIRANDA MONTEIRO	M	25	204	00:48:36.71	00:47:50.30	
216	864	PEDRO MENDONÇA	M	43	205	00:48:36.97	00:47:19.49	NAZABOBODA
217	696	RUI VINHAS	M	55	206	00:48:37.53	00:48:09.07	GA MONSANTO
218	282	LUÍS CALHA	M	51	207	00:48:39.32	00:48:35.03	
219	856	BRUNO CORREIA	M	37	208	00:48:39.52	00:47:50.48	
220	731	FERNANDO CORREIA	M	54	209	00:48:40.99	00:48:37.25	G. R. D. RIBEIRA DA LAGE



221	35	FREDERICO LÁZARO	M	39	210	00:48:42.07	00:48:42.07	
222	394	ARTEMISA MENDES	F	30	12	00:48:48.74	00:48:31.80	
223	315	JOÃO RIBEIRO	M	55	211	00:48:49.74	00:48:19.93	CCD TRANQUILIDADE
224	410	LÚCIO SANTOS	M	58	212	00:48:50.56	00:48:29.55	
225	401	HÉRCULES BAPTISTA	M	39	213	00:48:51.68	00:48:34.76	
226	207	JOÃO BOGAS	M	39	214	00:48:53.46	00:48:31.62	
227	395	NATACHA RIBEIRINHO	F	29	13	00:48:56.45	00:48:39.85	
228	983	TIAGO BALTAZAR	M	29	215	00:48:56.66	00:48:29.36	
229	327	JOÃO CORDENIZ	M	23	216	00:49:06.23	00:48:24.85	
230	262	ELISABETE FERNANDES	F	43	14	00:49:08.10	00:48:52.56	
231	393	JOAO PASSEIRO	M	56	217	00:49:08.66	00:49:08.66	
232	510	RITA FERNANDES	F	25	15	00:49:10.09	00:46:30.87	
233	429	FÁBIO LIMA	M	30	218	00:49:10.42	00:46:31.42	
234	647	CARLOS TOMÉ	M	53	219	00:49:10.58	00:48:53.99	QUARENTÕES NA BISGA
235	497	CARLOS CRAVEIRA	M	48	220	00:49:11.62	00:48:48.63	
236	203	EVELINO MAGALHÃES	M	45	221	00:49:12.01	00:48:41.37	
237	6	JOÃO MONTEIRO	M	45	222	00:49:14.06	00:49:08.79	
238	602	CARLOS RAMOS	M	52	223	00:49:14.86	00:48:45.85	C MILLENNIUM
239	235	JOAO PACHECO PINTO	M	41	224	00:49:16.51	00:48:55.09	
240	237	JOÃO CRUZ	M	34	225	00:49:16.55	00:48:54.93	
241	1239	RITA FERNANDES	F	28	16	00:49:16.84	00:49:09.03	
242	985	DANIEL HUBERT	M	51	226	00:49:20.52	00:48:55.74	REBEL RUNNERS
243	189	PEDRO VICENTE	M	55	227	00:49:24.03	00:48:47.17	
244	981	JOÃO BASÍLIO	M	57	228	00:49:25.36	00:48:56.31	
245	202	SUSANA ESPADA	F	34	17	00:49:27.32	00:48:49.15	
246	1244	CASIMIRO ABREU	M	61	229	00:49:33.30	00:49:27.13	
247	4	PEDRO MATOS	M	59	230	00:49:34.31	00:49:29.63	
248	751	PEDRO MIGUEL PEREIRA	M	31	231	00:49:35.19	00:47:57.12	
249	1243	ANDRÉ FILIPE	M	29	232	00:49:36.48	00:49:30.26	SS CGD
250	126	JOÃO FARIA	M	51	233	00:49:38.05	00:49:05.46	CCD PM CASCAIS
251	432	RUI GERALDES	M	45	234	00:49:39.67	00:46:58.14	
252	800	INÊS LEMOS	F	28	18	00:49:43.22	00:48:44.81	
253	578	GONCALO MARTA	M	24	235	00:49:43.97	00:49:29.13	
254	722	ANTÓNIO BARBAS	M	52	236	00:49:44.12	00:49:18.48	
255	841	JOSE MAIO	M	56	237	00:49:45.74	00:48:53.88	
256	26	GUIHERME GONÇALVES	M	59	238	00:49:52.98	00:49:07.46	CLUBE FERROVIÁRIO DE PORTUGAL
257	551	EDUARDO FILIPE AMARO FERREIRA	M	44	239	00:49:53.65	00:49:15.43	C MILLENNIUM



258	623	ANDRÉ WIBORG	M	60	240	00:49:54.61	00:49:11.16	
259	976	BRUNO SANTOS	M	34	241	00:49:55.94	00:49:36.47	
260	532	NUNO FILIPE ALVES PEREIRA	M	46	242	00:49:58.97	00:49:52.22	
261	446	HUGO BARRETO	M	37	243	00:49:59.14	00:49:13.95	
262	12	DUARTE COSTA	M	36	244	00:50:01.14	00:49:57.93	
263	313	FERNANDO CELESTINO	M	60	245	00:50:02.10	00:49:52.37	CCD TRANQUILIDADE
264	414	PEDRO FILIPE CORREIA	M	50	246	00:50:03.54	00:48:25.96	
265	817	MÁRIO SANTOS	M	49	247	00:50:03.75	00:49:26.16	CCD PM CASCAIS
266	867	SOFIA PIRES	F	22	19	00:50:04.59	00:49:57.43	NAZABOBODA
267	502	TIAGO DIAS	M	39	248	00:50:04.97	00:49:57.13	
268	871	TOMAS FERREIRA	M	21	249	00:50:05.99	00:50:05.99	NAZABOBODA
269	418	CARLOS LEITÃO	M	56	250	00:50:06.33	00:49:59.77	SS CGD
270	641	RUI FERNANDES	M	49	251	00:50:07.53	00:49:04.98	
271	368	RUI MENDES	M	47	252	00:50:08.11	00:49:52.58	
272	610	BRUNO PINHEIRO	M	38	253	00:50:09.81	00:49:04.23	
273	526	RICARDO FRANCO	M	47	254	00:50:11.08	00:49:54.87	
274	991	ALEXANDRE ALMEIDA	M	45	255	00:50:11.65	00:48:57.06	
275	720	RUI BELO	M	44	256	00:50:11.76	00:50:07.27	
276	506	ANTÓNIO GODINHO	M	45	257	00:50:11.81	00:50:11.81	
277	741	RICARDO FRANCISCO	M	43	258	00:50:11.95	00:49:49.77	
278	25	PAULO SARROEIRA	M	48	259	00:50:13.19	00:49:45.94	CLUBE FERROVIÁRIO DE PORTUGAL
279	535	JOÃO COSTA	M	57	260	00:50:16.20	00:49:39.17	AMIGOSDACORRIDA.COM
280	710	LUÍS PIRES	M	47	261	00:50:16.67	00:49:58.15	
281	547	FERNANDO JORGE B SERRANO	M	53	262	00:50:19.45	00:49:13.92	C MILLENNIUM
282	1148	MIGUEL FIGUEIREDO ESTEVES	M	35	263	00:50:20.14	00:49:41.32	CLUBE COLABORADORES AGEAS
283	486	JOÃO VIEIRA	M	46	264	00:50:25.24	00:49:48.75	
284	252	ADELINO PEREIRA	M	55	265	00:50:27.79	00:50:06.49	
285	1114	ANDRÉ FILIPE MADUREIRA MARTINS	M	31	266	00:50:28.78	00:50:05.03	
286	1195	GABRIELA GENOVA	F	31	20	00:50:30.08	00:49:44.90	
287	829	PEDRO MENDONÇA	M	44	267	00:50:30.51	00:49:55.53	
288	1115	ANTÓNIO DA CONCEIÇÃO MARTINS	M	58	268	00:50:34.53	00:50:10.10	
289	255	JORGE FERREIRA	M	61	269	00:50:34.58	00:50:28.51	
290	130	TIAGO FILIPE LOPES DURÃO	M	28	270	00:50:36.19	00:50:15.39	
291	50	AMERICO SANTOS	M	50	271	00:50:36.38	00:49:29.34	
292	627	RICARDO MONIZ	M	47	272	00:50:36.63	00:50:18.46	BOL
293	880	FILIPE SANTOS	M	43	273	00:50:38.53	00:50:20.56	
294	385	GUILHERME ANTÓNIO LOPES GODINHO	M	44	274	00:50:38.83	00:50:34.35	



295	1098	ANTÓNIO ABRAÇOS	M	39	275	00:50:39.43	00:49:36.66	
296	839	GUILHERME SANTOS	M	34	276	00:50:40.46	00:50:05.03	
297	34	CARLA DO BRITO	F	39	21	00:50:43.63	00:50:14.83	
298	5	ANTÓNIO LAVAJO	M	43	277	00:50:44.81	00:50:39.72	
299	1194	JOÃO PAULO ANTUNES	M	48	278	00:50:44.89	00:50:19.20	
300	625	JOSÉ MIGUEL SOUSA	M	42	279	00:50:45.05	00:50:24.55	BOL
301	180	DUARTE TEIXEIRA	M	39	280	00:50:46.09	00:49:05.00	
302	1021	RUI GONÇALVES	M	43	281	00:50:46.83	00:50:09.89	
303	1009	MÓNICA MARTINS	F	36	22	00:50:49.25	00:49:47.05	CARACÓIS TURBINADOS
304	132	MARIA JOSÉ POLICARPO	F	45	23	00:50:50.37	00:50:17.29	CCD PM CASCAIS
305	574	JOÃO VEIGA	M	30	282	00:50:56.97	00:50:15.27	
306	957	JOSÉ RUA	M	47	283	00:50:59.82	00:50:47.48	
307	1107	GONÇALO PEDRO	M	39	284	00:51:03.07	00:50:17.04	
308	621	JORGE GOMES	M	35	285	00:51:04.75	00:50:16.92	
309	1039	JORGE MANUEL MARQUES VITORINO	M	38	286	00:51:07.21	00:50:06.69	
310	938	RAFAEL RODRIGUES	M	36	287	00:51:08.31	00:50:19.92	
311	356	FLÁVIO SANTOS	M	23	288	00:51:09.60	00:50:15.04	
312	498	BENTO QUARESMA	M	47	289	00:51:12.02	00:50:59.91	LINDA-A-PASTORA SPORTING CLUBE
313	447	MARCO PAULO CORREIA DOS SANTOS	M	38	290	00:51:13.53	00:50:28.11	
314	1072	FLÁVIO MIGUEL GONÇALVES DOS SANTOS	M	23	291	00:51:15.76	00:50:54.61	
315	1271	NUNO MALTEZ	M	48	292	00:51:21.00	00:51:21.00	
316	113	ALBERTO ABREU	M	51	293	00:51:23.94	00:50:50.42	CCD PM CASCAIS
317	1096	PEDRO GONÇALVES	M	30	294	00:51:26.11	00:50:18.97	
318	477	BRUNO DANIEL RIBEIRO SIMÕES	M	26	295	00:51:26.37	00:50:01.53	
319	984	AL KNIGHT	M	62	296	00:51:27.53	00:51:02.76	REBEL RUNNERS
320	514	VALTER GONÇALVES	M	36	297	00:51:28.06	00:51:08.51	
321	169	JOÃO DIOGO TRAJANO LIBÂNIO	M	27	298	00:51:29.24	00:50:58.19	
322	337	FILIPE PEREIRA	M	37	299	00:51:29.94	00:51:07.58	
323	825	ANTÓNIO BALEIZÃO	M	49	300	00:51:30.04	00:50:57.87	CCD PM CASCAIS
324	307	FÁTIMA BRANCO	F	52	24	00:51:30.96	00:51:22.79	
325	679	RUI AGRIÃO	M	25	301	00:51:31.59	00:50:36.72	
326	1198	ANTÓNIO NOGUEIRA DA SILVA	M	53	302	00:51:31.84	00:50:57.70	
327	205	MIGUEL DELGADO	M	24	303	00:51:32.82	00:50:46.31	
328	902	ALFREDO BACELAR	M	54	304	00:51:33.80	00:51:08.60	
329	612	JOÃO PEDRO JORGE	M	42	305	00:51:33.90	00:50:24.84	
330	1059	HELDER MARQUES	M	42	306	00:51:33.92	00:50:50.16	
331	531	RUI SILVA	M	43	307	00:51:36.11	00:50:52.92	AMIGOSDACORRIDA.COM



332	365	CARLOS TEIXEIRA	M	59	308	00:51:36.43	00:50:50.81	
333	932	ARMANDO DIAS	M	54	309	00:51:37.11	00:50:49.03	
334	2	JORGE MANUEL DE ALMEIDA DIAS	M	52	310	00:51:37.78	00:50:16.06	
335	609	PEDRO PINHEIRO	M	34	311	00:51:38.86	00:50:31.52	
336	436	SAMUEL LUKAS VOGEL	M	27	312	00:51:39.09	00:50:09.60	
337	783	FERNANDO SILVA	M	50	313	00:51:40.24	00:50:49.19	STAR RUNNERS
338	763	GUILHERME STEFFEN	M	25	314	00:51:40.47	00:50:10.89	
339	1058	PAULO RODRIGUES	M	46	315	00:51:41.46	00:50:29.27	
340	198	JOSE DELGADO	M	23	316	00:51:41.47	00:50:54.60	
341	1193	ANSELMO FERREIRA	M	41	317	00:51:41.66	00:51:05.97	
342	54	JOSÉ JOÃO	M	46	318	00:51:42.00	00:50:37.16	
343	979	CRISTINA CUNHA	F	49	25	00:51:46.58	00:51:35.21	
344	950	MAJA KOTZMUTH-CLARKE	F	47	26	00:51:47.47	00:51:47.47	
345	465	LEO DJAVIDNIA	M	22	319	00:51:48.40	00:50:25.69	
346	1076	MIGUEL HORTA	M	42	320	00:51:50.32	00:51:02.71	
347	125	JOÃO C PEREIRA	M	56	321	00:51:51.59	00:50:34.34	CCD PM CASCAIS
348	536	LUÍS NEVES	M	60	322	00:51:52.10	00:51:15.34	AMIGOSDACORRIDA.COM
349	770	JOÃO PEDRO FIRME	M	33	323	00:51:52.85	00:50:53.27	
350	592	LUIS MANUEL AUGUSTO COTRIM SILVA	M	52	324	00:51:53.70	00:51:14.27	C MILLENNIUM
351	1241	ISMAEL CAMPEÃO	M	19	325	00:51:53.76	00:51:53.76	
352	910	TIAGO NASCIMENTO	M	31	326	00:51:54.23	00:50:50.10	
353	561	SANDRA MARTINS	F	46	27	00:51:59.45	00:51:51.06	GE OS ECONÓMICOS
354	157	JÚLIO MIGUEL DE JESUS GOUVEIA	M	38	327	00:51:59.71	00:51:52.35	
355	1184	BART WULFSE	M	58	328	00:52:00.02	00:51:45.10	
356	295	MIGUEL ÂNGELO RIBEIRO MIRA	M	28	329	00:52:01.36	00:51:01.74	
357	521	LUKASZ BIBIK	M	40	330	00:52:01.96	00:50:39.81	
358	613	CATARINA FILIPE JORGE	F	21	28	00:52:02.23	00:50:54.45	
359	462	NUNO PAIVA	M	44	331	00:52:04.38	00:51:55.53	
360	381	MARIA ANTÓNIA	F	56	29	00:52:04.94	00:52:04.94	
361	1071	PEDRO COUTINHO	M	42	332	00:52:09.24	00:51:43.36	
362	1272	DIOGO LUIS	M	33	333	00:52:10.00	00:52:10.00	
363	194	ACÁCIO ALBERTO PEREIRA TRINTA	M	43	334	00:52:10.87	00:50:46.29	
364	1127	NUNO MIGUEL MATIAS	M	45	335	00:52:12.58	00:51:11.32	
365	370	JOÃO BARRETO	M	21	336	00:52:13.34	00:52:06.50	
366	690	ANTÓNIO INGLÊS	M	61	337	00:52:14.94	00:51:47.23	GA MONSANTO
367	648	CARLOS TROMBINHAS	M	45	338	00:52:15.85	00:51:24.68	QUARENTÕES NA BISGA
368	901	JOAO MOITEIRO	M	47	339	00:52:17.64	00:52:17.64	



369	877	ANA ROLA	F	24	30	00:52:19.51	00:52:06.37	NAZABOBODA
370	338	FERNANDO MARQUES	M	54	340	00:52:19.55	00:51:55.64	
371	336	MARCOS PEREIRA	M	63	341	00:52:20.99	00:52:20.99	
372	99	ARMINDO JORGE	M	52	342	00:52:21.78	00:46:55.68	
373	287	NUNO DUARTE	M	46	343	00:52:24.30	00:51:39.74	SERUL
374	661	FRANCISCO PLINIO	M	63	344	00:52:24.31	00:51:51.72	CCDTMETROLX
375	459	DUARTE ALMEIDA	M	37	345	00:52:25.48	00:52:06.04	
376	38	TITO NASCIMENTO	M	39	346	00:52:26.22	00:51:52.60	
377	1019	JOAQUIM VIANA	M	56	347	00:52:26.45	00:52:04.03	
378	842	PEDRO BUENO	M	51	348	00:52:26.80	00:51:33.88	
379	688	PAULO PALMINHA	M	49	349	00:52:29.00	00:52:17.23	
380	1182	HENDRIKA VAN LIEROP	F	53	31	00:52:29.26	00:52:14.45	
381	626	PEDRO BICO	M	50	350	00:52:33.01	00:52:12.41	BOL
382	527	ROBERTO BETTENCOURT	M	43	351	00:52:33.35	00:52:22.67	LINDA-A-PASTORA SPORTING CLUBE
383	1002	ANDRÉ VENTURA	M	30	352	00:52:33.93	00:51:12.78	TBD_001
384	1134	JOÃO MANUEL AMORIM PAIS	M	48	353	00:52:34.43	00:52:20.69	
385	1080	ELSA SABIDO	F	48	32	00:52:36.05	00:52:19.19	
386	417	FRANCISCO SILVA	M	44	354	00:52:36.44	00:52:19.00	
387	64	FERNANDO FARIA	M	57	355	00:52:36.79	00:52:12.92	LINK
388	298	NILTON MOUTINHO	M	48	356	00:52:37.78	00:52:30.07	
389	297	PAULO MOUTINHO	M	48	357	00:52:37.93	00:52:31.60	
390	677	SÉRGIO MATOS	M	42	358	00:52:38.07	00:51:37.87	
391	768	PAULO SILVA	M	58	359	00:52:38.34	00:52:09.31	
392	814	BERNARDO GONÇALVES	M	29	360	00:52:39.34	00:52:06.04	CCD PM CASCAIS
393	439	JOSÉ CARLOS DIAS	M	40	361	00:52:39.78	00:52:19.23	
394	1044	ANTONIO LUZ	M	53	362	00:52:40.21	00:51:15.10	
395	137	PAULO XAVIER PORFÍRIO	M	48	363	00:52:40.42	00:51:29.95	
396	456	NUNO ROSA	M	38	364	00:52:41.23	00:52:08.49	
397	117	ALEXANDRA MACHADO	F	39	33	00:52:41.44	00:52:05.64	CCD PM CASCAIS
398	1248	MATTI KOTSALAINEN	M	43	365	00:52:42.24	00:51:25.63	
399	862	PAULINO PACHECO	M	63	366	00:52:42.44	00:52:18.06	NAZABOBODA
400	1048	DURVAL SANTOS	M	61	367	00:52:43.02	00:52:13.59	
401	617	MANUEL FLOR	M	71	368	00:52:44.59	00:52:20.02	
402	420	FERNANDO CARREIRO	M	58	369	00:52:48.06	00:51:34.41	
403	65	CARLOS JÚNIOR	M	46	370	00:52:48.27	00:51:49.81	
404	1144	SÉRGIO MANUEL RODRIGUES	M	45	371	00:52:49.93	00:52:17.73	CLUBE COLABORADORES AGEAS
405	844	CARLOS DUARTE	M	66	372	00:52:53.65	00:52:02.23	



406	104	VITOR MANUEL NUNES ALVES MARTINS	M	68	373	00:52:53.74	00:52:45.40	
407	372	VITOR BARRETO	M	47	374	00:52:54.79	00:52:47.87	
408	1018	ROGÉRIO MATOS	M	57	375	00:52:56.62	00:52:50.02	
409	466	SAMY DJAVIDNIA	M	47	376	00:52:57.87	00:51:37.17	
410	1237	NUNO ANJOS	M	45	377	00:52:59.53	00:52:27.38	O MUNDO DA CORRIDA
411	350	PAULO BALULA	M	48	378	00:53:00.51	00:51:50.27	
412	879	ANDREIA BAIOSA	F	26	34	00:53:01.77	00:52:41.47	NAZABOBODA
413	145	JÚLIO MEIRELES	M	67	379	00:53:02.63	00:52:28.92	CCD PM CASCAIS
414	281	LUÍS GRANCHO	M	51	380	00:53:04.20	00:52:57.20	
415	1084	JUSTINO DE SOUSA	M	48	381	00:53:05.29	00:51:43.70	
416	934	NUNO OLHO AZUL	M	41	382	00:53:06.32	00:52:18.31	
417	242	MANUEL ANASTÁCIO	M	50	383	00:53:06.61	00:52:42.34	
418	601	MIGUEL PIRES DE MATOS	M	53	384	00:53:09.50	00:52:01.44	
419	572	CARLOS ANSELMO SILVA DE CARVALHO	M	49	385	00:53:10.02	00:52:28.01	
420	558	CARLOS PENA	M	50	386	00:53:10.25	00:53:01.69	GE OS ECONÓMICOS
421	628	RICARDO NUNO	M	45	387	00:53:11.14	00:52:52.55	BOL
422	923	RUI GRANCHO	M	44	388	00:53:14.68	00:52:28.58	
423	1161	JOSÉ PEDRO FERREIRA	M	27	389	00:53:15.33	00:52:04.72	
424	388	MARCO SOUSA FREITAS	M	43	390	00:53:18.48	00:53:12.82	
425	1057	MANUEL MARIA MAGALHÃES	M	47	391	00:53:19.40	00:53:04.48	
426	78	JOÃO DAVID	M	54	392	00:53:21.77	00:52:28.19	OZDIGAL
427	1128	MIGUEL PULIDO	M	54	393	00:53:22.96	00:52:43.27	
428	945	CARLOS LOPES	M	45	394	00:53:25.81	00:53:25.81	
429	947	JORGE AMARAL	M	51	395	00:53:26.04	00:53:09.73	
430	217	JOÃO PAULO ANTUNES	M	52	396	00:53:26.07	00:53:21.00	
431	948	TINA OLIVEIRA	F	55	35	00:53:26.16	00:53:09.57	
432	988	SALLY HOMER	F	45	36	00:53:30.35	00:53:04.41	REBEL RUNNERS
433	956	JOÃO SOTOMAYOR	M	58	397	00:53:31.93	00:52:57.88	
434	192	SÉRGIO AUGUSTO RODRIGUES	M	52	398	00:53:32.08	00:53:32.08	
435	600	JOAO PAULO REIS	M	48	399	00:53:32.53	00:52:24.22	
436	803	NUNO OLIVEIRA	M	43	400	00:53:34.36	00:52:35.55	
437	707	JOÃO COSTA	M	64	401	00:53:36.61	00:52:56.56	
438	349	JOÃO PINTO	M	42	402	00:53:38.35	00:53:17.46	
439	771	ANA CORTES	F	39	37	00:53:41.14	00:52:40.14	
440	482	TIAGO ESTÁCIO	M	35	403	00:53:41.73	00:53:36.48	
441	642	EDUARDO SILVA	M	56	404	00:53:43.69	00:53:35.49	
442	416	WILLA LI	F	24	38	00:53:44.62	00:53:04.28	



443	915	MANUEL JOAQUIM	M	76	405	00:53:45.74	00:53:45.74	
444	726	ANDRE CORREIA	M	36	406	00:53:47.00	00:53:47.00	
445	1125	JORGE SANTOS	M	35	407	00:53:50.86	00:52:39.00	
446	694	RAUL CARVALHO	M	60	408	00:53:50.90	00:53:23.91	GA MONSANTO
447	1204	NUNO DOMINGUES	M	47	409	00:53:52.94	00:53:26.30	
448	159	MARTIM SANTOS	M	35	410	00:53:53.00	00:53:26.99	
449	18	ANTÓNIO MONTEIRO	M	72	411	00:53:55.51	00:53:11.62	CLUBE FERROVIÁRIO DE PORTUGAL
450	992	RUI SOARES	M	44	412	00:53:56.74	00:53:31.65	SS CGD
451	1	NELSON SANTOS	M	36	413	00:53:59.27	00:53:32.53	
452	29	ZSOLT HAJDÚ	M	36	414	00:53:59.93	00:53:19.14	
453	359	ANDREIA CRISTINA	F	27	39	00:54:01.49	00:53:04.98	
454	775	PEDRO CRAVEIRO	M	48	415	00:54:01.78	00:53:18.69	
455	309	AMARO GOUVEIA	M	62	416	00:54:02.04	00:54:02.04	
456	1060	ANTÓNIO PEREIRA	M	44	417	00:54:04.76	00:52:51.20	
457	142	MÁRIO RUI COELHO	M	58	418	00:54:06.73	00:53:31.63	
458	483	JOSÉ MANUEL	M	64	419	00:54:07.76	00:52:52.80	
459	517	SÉRGIO FERREIRA	M	49	420	00:54:08.48	00:53:51.41	
460	1077	LUIS PINTO	M	39	421	00:54:08.92	00:53:22.19	
461	1075	JOÃO BATISTA (EL CHICCO)	M	37	422	00:54:09.22	00:53:21.82	
462	170	HÉLDER SILVÉRIO	M	48	423	00:54:11.12	00:53:33.47	
463	846	TOMÁS OLIVEIRA	M	22	424	00:54:14.41	00:53:56.57	
464	363	ANDRÉ CATELA	M	23	425	00:54:16.33	00:53:30.02	
465	389	EDUARDA MARIA LARANJEIRA DA SILVA ADRIANO	F	44	40	00:54:19.32	00:54:14.80	
466	1028	ANDRÉ CARRONHA	M	39	426	00:54:20.43	00:53:12.22	N. A. PAPAGAIOS DE CASCAIS
467	62	IOAN MATEI	M	59	427	00:54:22.49	00:54:17.47	
468	463	JOANA CALDEIRA	F	44	41	00:54:24.32	00:54:13.92	
469	259	FERNANDO LIMA	M	50	428	00:54:24.62	00:54:17.43	SS CGD
470	1273	DOMINIC GEAVY	M	47	429	00:54:25.00	00:54:25.00	
471	424	JOANA LIMA	F	32	42	00:54:26.27	00:53:37.75	
472	968	LUIS MANUEL MOTA FERREIRA	M	65	430	00:54:26.46	00:53:48.94	
473	322	TAM AFONSO	M	66	431	00:54:28.88	00:54:13.17	CCD TRANQUILIDADE
474	311	CARLOS BARGADO	M	54	432	00:54:30.53	00:54:00.10	CCD TRANQUILIDADE
475	200	DULCE FRAZÃO	F	22	43	00:54:30.75	00:54:26.45	
476	208	NUNO PEREIRA	M	45	433	00:54:31.04	00:53:30.60	ESCOLA DE ATLETISMO DO MONTIJO
477	17	ANTÓNIO MARTINS	M	41	434	00:54:31.14	00:52:17.80	CLUBE FERROVIÁRIO DE PORTUGAL
478	155	ANTÓNIO VARELA	M	53	435	00:54:33.00	00:54:21.93	
479	591	ALVARO JOSE REIS IMAGINARIO	M	42	436	00:54:33.33	00:54:19.23	C MILLENNIUM



480	19	FÁTIMA MILHEIRO	F	46	44	00:54:33.68	00:54:33.68	CLUBE FERROVIÁRIO DE PORTUGAL
481	1171	CÂNDIDA GANCHAS	F	44	45	00:54:35.85	00:54:35.85	
482	316	JOÃO SERRA	M	47	437	00:54:36.74	00:54:07.51	CCD TRANQUILIDADE
483	1175	JACINTO GODINHO	M	55	438	00:54:38.23	00:53:29.66	
484	97	MIGUEL ROBIN	M	47	439	00:54:40.28	00:53:26.83	
485	101	VITOR PEREIRA	M	43	440	00:54:40.48	00:49:26.56	
486	1029	ANDRÉ CABRAL	M	43	441	00:54:44.81	00:52:55.56	
487	1006	NUNO PACIÊNCIA	M	44	442	00:54:45.27	00:53:26.75	TBD_001
488	808	RAUL MATOS	M	51	443	00:54:45.99	00:54:40.40	
489	986	GUIDE SCHWANEKAMP	M	53	444	00:54:46.07	00:54:19.84	REBEL RUNNERS
490	1212	SÓNIA HENRIQUES	F	41	46	00:54:47.12	00:54:31.13	CARACOLETAS
491	405	CATARINA FERNANDES	F	29	47	00:54:48.14	00:53:54.71	
492	1104	SANDRA SERAFIM	F	44	48	00:54:48.73	00:53:37.94	
493	303	ADÉRITO ALEXANDRE FARINHA GONÇALVES	M	47	445	00:54:48.91	00:54:13.61	
494	1105	HÉLIO GIRÃO	M	52	446	00:54:49.51	00:53:37.83	
495	695	RUI BORGES	M	57	447	00:54:50.08	00:54:50.08	GA MONSANTO
496	851	SILVÉRIO RODRIGUES	M	49	448	00:54:51.79	00:54:28.50	
497	724	ANTONIO AUGUSTO	M	33	449	00:54:52.04	00:53:34.37	
498	1087	NUNO FERREIRA	M	45	450	00:54:52.08	00:54:43.24	
499	982	ANTÓNIO BELO	M	74	451	00:54:54.02	00:54:14.13	AMIGOSDACORRIDA.COM
500	534	LUÍS BARBOT	M	55	452	00:54:54.13	00:54:13.67	AMIGOSDACORRIDA.COM
501	1187	IJB	M	26	453	00:54:54.53	00:53:41.79	
502	815	AFONSO PAULO DE SOUSA	M	49	454	00:54:54.61	00:54:22.56	
503	251	CARLOS FERNANDES	M	58	455	00:54:55.27	00:54:31.12	
504	1089	FILIPE ARAUJO	M	35	456	00:54:55.59	00:54:12.77	
505	329	RAFAELA GONÇALVES	F	25	49	00:54:55.79	00:54:49.51	
506	698	ABEL PINA	M	54	457	00:54:55.91	00:54:29.56	
507	861	PATRICIA LUZ	F	41	50	00:54:56.25	00:54:47.84	NAZABOBODA
508	1033	CAMILO VIEIRA	M	51	458	00:54:56.37	00:54:28.47	N. A. PAPAGAIOS DE CASCAIS
509	680	PEDRO SINGÉIS	M	48	459	00:55:02.75	00:54:06.49	
510	830	FERNANDO ANDRE	M	62	460	00:55:02.79	00:54:28.03	
511	479	LUIS MARTINS	M	42	461	00:55:08.29	00:54:29.00	
512	108	EUNIRIA GUARDADO	F	46	51	00:55:09.06	00:54:54.07	
513	1209	JOAQUIM LOPES	M	71	462	00:55:11.21	00:53:56.86	
514	8	ANTONIO SILVA	M	72	463	00:55:12.19	00:54:56.39	
515	362	ROBSON FERRAZ	M	40	464	00:55:12.49	00:54:40.13	
516	70	PEDRO AZEVEDO	M	44	465	00:55:13.92	00:54:30.84	OZDIGAL



517	270	SÓNIA RIBEIRO	F	38	52	00:55:13.93	00:54:39.36	
518	511	TERESA ABECASIS	F	41	53	00:55:16.36	00:55:09.29	
519	900	JOÃO ZARRO	M	43	466	00:55:17.11	00:54:48.56	
520	784	RICARDO RIBEIRO	M	29	467	00:55:18.19	00:54:26.38	STAR RUNNERS
521	1088	KAREN CAMPO	F	31	54	00:55:18.93	00:54:38.75	
522	181	TERESA CAPELA	F	50	55	00:55:18.93	00:54:28.93	
523	794	NUNO ALVES	M	65	468	00:55:20.98	00:55:01.90	
524	342	CLEONICE OLIVEIRA	F	54	56	00:55:23.93	00:55:01.01	
525	1206	VICTOR RISCADO	M	48	469	00:55:24.67	00:54:15.32	
526	967	VASCO MORENO FERREIRA QUARESMA	M	28	470	00:55:24.90	00:54:09.22	
527	360	MÁRCIO JOSÉ	M	38	471	00:55:26.53	00:54:36.83	
528	246	ELISABETE PINTO	F	49	57	00:55:27.59	00:54:52.17	
529	36	PEDRO GONÇALO GUIMARÃES GIRÃO	M	40	472	00:55:33.24	00:54:23.78	
530	1222	JOÃO ROCHA	M	42	473	00:55:33.98	00:55:13.28	
531	23	MARIO FERRO	M	67	474	00:55:38.64	00:54:30.59	CLUBE FERROVIÁRIO DE PORTUGAL
532	218	ILÍDIA JOSÉ	F	31	58	00:55:39.53	00:54:39.69	ESCOLA DE ATLETISMO DO MONTIJO
533	1157	CAROLINA MORAIS	F	38	59	00:55:40.68	00:54:56.72	CLUBE COLABORADORES AGEAS
534	1025	BRIGITTE FAURAN	F	58	60	00:55:40.85	00:55:08.89	
535	250	JOÃO MARTINS LOURENÇO	M	47	475	00:55:41.85	00:54:31.95	
536	16	PEDRO MIGUEL BOTELHO ROQUE	M	45	476	00:55:43.62	00:54:33.91	
537	1155	FERNANDO JORGE MATIAS	M	63	477	00:55:43.72	00:54:57.46	CLUBE COLABORADORES AGEAS
538	911	MANUEL BRAZ	M	70	478	00:55:44.73	00:55:15.65	N. A. PAPAGAIOS DE CASCAIS
539	590	MARIO ADELINO VICENTE MENDES	M	55	479	00:55:46.11	00:55:19.88	C MILLENNIUM
540	543	LEONEL FERNANDO FERREIRA GAMEIRO BRANDAO	M	52	480	00:55:46.40	00:55:20.41	C MILLENNIUM
541	375	SUSANA MENDES	F	40	61	00:55:46.62	00:55:06.23	
542	619	ESMERALDO GONÇALVES	M	47	481	00:55:48.90	00:55:01.64	
543	730	ANTÓNIO SANTOS	M	75	482	00:55:49.11	00:55:40.51	G. R. D. RIBEIRA DA LAGE
544	756	JOSE MAGALHAES	M	52	483	00:55:49.91	00:54:19.60	
545	124	ISABEL VIEIRA	F	47	62	00:55:53.59	00:55:19.29	CCD PM CASCAIS
546	799	BRUNO REIS	M	42	484	00:55:54.87	00:55:14.35	
547	965	VITOR CORREIA	M	38	485	00:55:54.88	00:55:45.28	
548	331	DAVID ALMEIDA	M	48	486	00:55:57.04	00:54:41.53	
549	434	JOÃO RAPOSO	M	54	487	00:55:57.95	00:55:24.77	
550	926	SÓNIA PINTO	F	48	63	00:55:58.40	00:55:09.95	
551	53	ISIDRO DIAS	M	47	488	00:56:00.70	00:54:55.63	
552	1102	ANTÓNIO CASAS NOVAS	M	41	489	00:56:01.94	00:54:55.92	
553	1031	JOSÉ FIDALGO	M	53	490	00:56:05.58	00:55:51.04	



554	849	JOSÉ SOUSA	M	69	491	00:56:09.45	00:55:37.64	
555	761	MARIKA GROSSI	F	40	64	00:56:11.43	00:55:59.06	
556	762	GIUSEPPE DEROSA	M	43	492	00:56:12.92	00:56:01.36	
557	476	MIGUEL GONZALEZ	M	49	493	00:56:14.16	00:55:16.46	
558	470	RICARDO FIGUEIREDO	M	50	494	00:56:14.42	00:55:12.68	
559	382	SARA GOMES	F	22	65	00:56:16.35	00:55:52.54	
560	894	JORGE PAIVA	M	54	495	00:56:26.70	00:56:21.80	NAZABOBODA
561	284	CRISTIANO CIBRÃO	M	22	496	00:56:30.21	00:56:27.75	SERUL
562	579	PEDRO CACHAÇO	M	48	497	00:56:30.35	00:56:30.35	
563	120	BRUNO SANTOS	M	37	498	00:56:30.71	00:55:55.21	CCD PM CASCAIS
564	335	VITOR AGUILAR	M	68	499	00:56:31.97	00:56:19.84	
565	811	JORGE	M	51	500	00:56:33.67	00:55:31.11	
566	341	PEDRO ANSELMO	M	39	501	00:56:34.80	00:56:25.92	
567	998	PEDRO GALGUINHO	M	49	502	00:56:35.34	00:56:22.38	
568	666	RAFAEL SANTOS	M	52	503	00:56:38.63	00:56:03.83	CCDTMETROLX
569	848	ANDRÉ SILVA	M	21	504	00:56:39.87	00:56:22.49	
570	937	MARISA RODRIGUES	F	40	66	00:56:41.40	00:55:48.99	
571	3	RUI DIAS	M	36	505	00:56:45.83	00:55:23.01	
572	533	ALEXANDRE FERREIRA	M	61	506	00:56:46.38	00:56:18.56	
573	515	MARIA ALVES	F	45	67	00:56:47.75	00:56:14.41	
574	681	JOÃO CÔRÇA	M	35	507	00:56:48.61	00:55:51.92	
575	190	FRANCISCO PENIM	M	53	508	00:56:51.83	00:55:37.88	
576	371	ARMINDO PEREIRA	M	48	509	00:56:54.90	00:55:43.79	
577	643	ARMANDO LACERDA	M	64	510	00:56:56.85	00:56:18.95	
578	1100	BRUNO FERREIRA	M	28	511	00:56:58.15	00:55:43.36	
579	490	MARCO SILVA	M	42	512	00:56:59.03	00:56:23.51	
580	197	JOSE MARTINS	M	33	513	00:56:59.82	00:50:33.47	
581	706	INÊS PEREIRA	F	48	68	00:57:01.00	00:56:33.28	
582	112	PAULO CARVALHO	M	50	514	00:57:02.04	00:55:38.51	
583	386	MARISA NUNES	F	49	69	00:57:02.09	00:56:56.52	
584	473	MAGALI FERREIRA PATT	F	33	70	00:57:02.32	00:56:51.20	
585	445	MANUEL SEBASTIAO	M	43	515	00:57:05.99	00:56:20.85	
586	1173	SERGIO SANTOS	M	41	516	00:57:08.05	00:56:50.30	
587	678	FILIPE DUARTE	M	41	517	00:57:08.79	00:56:11.69	
588	930	ALDINA MARQUES	F	48	71	00:57:08.93	00:54:59.07	
589	820	RUI SOARES	M	44	518	00:57:18.00	00:56:52.17	CCD PM CASCAIS
590	500	JOÃO MADEIRA	M	41	519	00:57:18.19	00:56:52.44	



591	289	GONÇALO ROCHA	M	29	520	00:57:18.81	00:56:18.27	
592	24	PAULO DUARTE	M	46	521	00:57:19.15	00:56:34.47	CLUBE FERROVIÁRIO DE PORTUGAL
593	748	GASPAR COUTINHO	M	27	522	00:57:20.00	00:57:20.00	
594	409	LUÍS NETO	M	55	523	00:57:20.19	00:57:04.26	
595	833	MANUEL PEDRO LOPES PINA	M	64	524	00:57:21.39	00:55:51.03	
596	188	BRUNO CARDOSO	M	33	525	00:57:21.77	00:52:22.90	
597	818	NUNO ALMEIDA	M	47	526	00:57:21.91	00:56:50.05	CCD PM CASCAIS
598	121	CARLA DESTAPADO	F	46	72	00:57:23.83	00:57:23.83	CCD PM CASCAIS
599	1111	CARLOS ALFEIRÃO	M	39	527	00:57:25.17	00:56:14.97	
600	1177	ÂNGELA MENDES	F	35	73	00:57:26.14	00:56:57.65	
601	673	SANDRO PINTO	M	44	528	00:57:28.11	00:56:59.42	RUNLOVERS
602	674	NUNO MARQUES	M	52	529	00:57:30.42	00:57:00.44	RUNLOVERS
603	122	IVAN RAMOS	M	35	530	00:57:31.19	00:57:09.75	CCD PM CASCAIS
604	1042	ANTÓNIO JOSÉ COSTA TAVARES	M	54	531	00:57:31.60	00:56:11.57	
605	77	GONÇALO CALISTO	M	41	532	00:57:33.66	00:56:37.36	OZDIGAL
606	735	JOÃO MARQUES	M	54	533	00:57:34.94	00:57:34.94	G. R. D. RIBEIRA DA LAGE
607	658	CARLOS MOREIRA	M	66	534	00:57:35.06	00:57:29.77	CCDTMETROLX
608	723	MIGUEL TEIXEIRA	M	40	535	00:57:35.46	00:57:35.46	
609	944	MANUEL FRIAS	M	62	536	00:57:38.30	00:57:07.73	
610	963	CARLOS COSTA	M	50	537	00:57:39.06	00:56:58.06	
611	782	JOÃO FERREIRA	M	45	538	00:57:40.24	00:57:40.24	STAR RUNNERS
612	107	FERNANDO GUARDADO	M	55	539	00:57:42.01	00:57:26.72	
613	1228	SUSANA LOPES	F	47	74	00:57:44.11	00:57:29.70	CARACOLETAS
614	111	GRAÇA LEITE	F	48	75	00:57:44.68	00:57:01.81	
615	133	LEONEL NEVES	M	66	540	00:57:46.17	00:57:32.42	
616	32	LUIS RODRIGUES	M	52	541	00:57:47.63	00:56:55.00	
617	1041	SÍLVIA REGINA SOARES VARELA	F	43	76	00:57:51.28	00:57:51.28	
618	174	RUI CARVALHO	M	49	542	00:57:55.45	00:56:50.44	
619	869	SUSANA PIFANO	F	32	77	00:57:58.70	00:57:40.40	NAZABOBODA
620	1037	MIGUEL CARVALHO	M	55	543	00:58:02.83	00:57:52.70	
621	745	MÁRCIO FILIPE MARTINS EZEQUIEL	M	34	544	00:58:03.48	00:57:12.51	
622	744	NUNO CUNHA	M	40	545	00:58:03.90	00:57:11.41	
623	234	TERESA AFONSO	F	40	78	00:58:04.56	00:56:57.90	
624	1015	CLEBER WANDERSSON SILVA	M	36	546	00:58:05.50	00:57:05.16	CARACÓIS TURBINADOS
625	211	LAISA MALCO DIANA	F	24	79	00:58:06.55	00:56:56.85	ESCOLA DE ATLETISMO DO MONTIJO
626	79	LUIS RAPOSO	M	42	547	00:58:10.20	00:57:13.24	OZDIGAL
627	352	JOÃO DUARTE	M	66	548	00:58:10.26	00:57:22.90	



628	49	INÊS GREGÓRIO	F	30	80	00:58:11.27	00:57:22.79	
629	186	ISABEL SANTOS	F	52	81	00:58:15.75	00:58:11.61	
630	1185	LUIS FILIPE FIALHO BAIXINHO	M	35	549	00:58:17.67	00:56:06.71	
631	14	MARIA ARMANDA FOLQUES	F	50	82	00:58:18.06	00:57:52.08	
632	13	PEDRO REISINHO PEREIRA	M	53	550	00:58:18.06	00:57:51.73	
633	314	FILIPE SILVA	M	42	551	00:58:18.69	00:58:18.69	CCD TRANQUILIDADE
634	550	DULCE MARIA SILVA NOGUEIRA RAMOS	F	50	83	00:58:20.11	00:57:54.05	C MILLENNIUM
635	1217	JOANA NOGUEIRA	F	26	84	00:58:24.56	00:58:24.56	
636	22	MÁRINHO M	M	42	552	00:58:28.64	00:56:19.73	CLUBE FERROVIÁRIO DE PORTUGAL
637	81	JORGE DIOGO	M	48	553	00:58:28.71	00:52:52.44	
638	994	FERNANDO CASEGAS	M	57	554	00:58:30.56	00:58:26.84	
639	656	SÓNIA GARCIA	F	42	85	00:58:31.18	00:57:36.18	QUARENTÕES NA BISGA
640	924	LUIS MIRANDA	M	45	555	00:58:31.22	00:57:38.00	
641	654	SERGIO BERNARDO	M	46	556	00:58:33.23	00:57:39.81	QUARENTÕES NA BISGA
642	161	JOÃO LEITÃO	M	33	557	00:58:34.37	00:57:16.20	
643	283	ACÁCIO LOPES	M	52	558	00:58:35.81	00:57:53.77	SERUL
644	868	SUSANA FIGUEIRA	F	43	86	00:58:39.42	00:58:14.13	NAZABOBODA
645	669	LUIS RIBEIRO	M	56	559	00:58:39.48	00:57:19.37	
646	1235	MARGARIDA COELHO	F	71	87	00:58:41.00	00:58:34.53	
647	1249	EDUARDO MORENO	M	49	560	00:58:44.90	00:57:14.26	
648	421	JOSÉ CRUZ	M	65	561	00:58:48.80	00:57:35.05	
649	665	PAULO JORGE FERNANDES	M	47	562	00:58:50.72	00:58:16.01	CCDTMETROLX
650	692	JOSÉ AIRES	M	61	563	00:58:53.22	00:58:21.90	GA MONSANTO
651	1055	CASSIANA BRUEL	F	55	88	00:58:53.26	00:58:23.62	
652	509	CLÁUDIO CRUZ	M	44	564	00:59:01.15	00:58:29.65	
653	310	JOAO RICARDO SERRA	M	44	565	00:59:05.79	00:57:44.79	
654	95	NUNO CABANAS	M	46	566	00:59:07.04	00:58:19.07	
655	872	ANTONIO PAIS	M	71	567	00:59:11.61	00:58:50.03	
656	906	ABILIO CAMPOS	M	47	568	00:59:13.76	00:58:49.20	
657	1230	JOÃO ALFAIATE	M	40	569	00:59:13.80	00:57:58.49	
658	636	PAULO DUARTE	M	34	570	00:59:18.85	00:57:59.59	
659	474	LUCILA FERNANDES MORE PETROSKI	F	59	89	00:59:19.82	00:58:49.20	
660	554	PAULO JORGE MARQUES CARREIRA	M	51	571	00:59:23.04	00:58:27.26	C MILLENNIUM
661	740	TIAGO VERÍSSIMO MORAIS DIAS	M	41	572	00:59:27.15	00:58:09.42	
662	788	LUÍS GOUVEIA	M	41	573	00:59:31.23	00:58:51.86	
663	859	LUIS GONÇALVES	M	48	574	00:59:32.23	00:58:29.18	NAZABOBODA
664	143	INÊS CORREIA DE SÁ	F	21	90	00:59:32.28	00:58:09.30	



665	529	MARIA JOÃO FERNANDES	F	61	91	00:59:36.18	00:58:58.08	AMIGOSDACORRIDA.COM
666	495	INES MARTINS RODRIGUES	F	37	92	00:59:36.36	00:58:53.29	
667	804	SKADI LEHMANN	F	56	93	00:59:43.64	00:59:17.67	
668	635	JOSÉ JOAQUIM PIRES GIL	M	47	575	00:59:44.43	00:58:49.50	
669	940	VANDINHA COSTA	F	37	94	00:59:46.18	00:58:35.16	
670	684	RUI SANTOS	M	58	576	00:59:47.61	00:59:23.86	
671	364	FREDERICO SOUSA	M	56	577	00:59:49.98	00:59:02.89	
672	796	PAULO SENA	M	47	578	00:59:51.26	00:58:37.60	
673	1236	FLORÊNCIO COELHO	M	73	579	00:59:51.58	00:59:44.63	
674	1106	PATRÍCIA BRANCO	F	46	95	00:59:51.97	00:59:01.41	
675	166	PEDRO LOPES	M	44	580	00:59:52.39	00:59:04.97	
676	46	JOÃO CARVALHO	M	50	581	00:59:53.08	00:59:53.08	
677	501	FREDERICO MORAIS	M	39	582	00:59:53.40	00:59:09.91	
678	47	EDGAR RAMOS	M	46	583	00:59:56.47	00:58:57.29	
679	738	RICARDO MADEIRA	M	44	584	00:59:59.61	00:58:46.17	
680	750	RUI JORGE ABREU CÂNDIDO	M	28	585	00:59:59.68	00:58:44.47	
681	1038	ANA PINTO	F	26	96	01:00:00.02	00:59:42.13	
682	1164	SÓNIA SEQUEIRA	F	44	97	01:00:00.71	00:59:32.46	
683	1163	MIGUEL SEQUEIRA	M	36	586	01:00:00.86	00:59:32.44	
684	1196	CREMILDE GRAÇA	F	52	98	01:00:01.82	00:59:46.94	CARACOLETAS
685	1169	DANIELA MOREIRA	F	26	99	01:00:04.25	00:59:14.40	
686	1168	BRUNO DIONÍSIO	M	28	587	01:00:04.51	00:59:14.93	
687	1245	CARLOS BERNARDINO	M	49	588	01:00:05.75	00:58:39.58	
688	766	TIAGO ROSA	M	36	589	01:00:06.17	00:59:01.53	
689	585	JOAO CARLOS JESUS SANTOS CARVALHO	M	55	590	01:00:06.31	00:59:16.71	C MILLENNIUM
690	781	ANTÓNIO SILVA	M	42	591	01:00:07.51	00:59:21.56	
691	1143	VANDA SEQUEIRA	F	47	100	01:00:07.57	00:59:22.42	CLUBE COLABORADORES AGEAS
692	1158	ANA PAULA MATIAS	F	54	101	01:00:08.24	00:59:23.01	CLUBE COLABORADORES AGEAS
693	791	CONSTANÇA NAMORA QUEIROZ	F	21	102	01:00:08.63	00:59:29.86	
694	893	JOAQUIM NEIVA	M	76	592	01:00:10.05	00:59:56.43	NAZABOBODA
695	852	ISABEL RODRIGUES	F	53	103	01:00:11.70	00:59:49.28	
696	638	JAIME VEIGA	M	56	593	01:00:12.18	00:59:48.50	
697	970	SANDRA TORRES	F	39	104	01:00:13.33	00:59:41.86	
698	261	LUIZA REBORDÃO	F	32	105	01:00:13.62	00:59:56.14	
699	150	ELISEO GOMEZ MOREIRA	M	62	594	01:00:14.30	00:59:26.37	
700	478	MANUEL DAVID	M	64	595	01:00:14.98	00:59:05.84	N. A. PAPAGAIOS DE CASCAIS
701	702	CONCEIÇÃO PINA	F	52	106	01:00:15.26	00:59:35.81	



702	712	MADALENA ANDRADE	F	42	107	01:00:15.31	00:59:35.85	
703	1246	MARIANA BERNARDINO	F	49	108	01:00:15.49	00:59:05.52	
704	461	JOANA RITA DOS SANTOS DAVID MACHADO LEITE	F	30	109	01:00:18.09	01:00:07.98	
705	670	VITOR MARQUES	M	57	596	01:00:19.73	00:59:00.09	
706	243	MANUEL ROCHA	M	65	597	01:00:21.26	00:59:43.97	CLÍNICA SANTA MADALENA
707	1008	TOMÁS MACEDO	M	24	598	01:00:21.31	00:59:04.50	TBD_001
708	438	LUCIANO REIS	M	59	599	01:00:23.84	00:59:08.04	
709	377	OLGA GALVAO	F	56	110	01:00:25.61	00:59:45.82	
710	428	NIKUNJ SHARMA	M	30	600	01:00:25.96	00:54:26.56	
711	827	ANTÓNIO FERNANDES SANTIAGO	M	72	601	01:00:27.98	01:00:01.89	
712	491	ANGELO SILVA	M	69	602	01:00:28.00	00:59:51.77	
713	82	ORLANDO	M	63	603	01:00:28.11	01:00:10.77	
714	713	MARGARIDA PINTO	F	48	111	01:00:29.24	00:59:50.29	
715	59	VITOR AUGUSTO	M	63	604	01:00:31.93	00:54:28.89	
716	887	FERNANDO CARDOSO	M	67	605	01:00:32.05	00:59:40.63	NAZABOBODA
717	1109	VERA LOPES	F	39	112	01:00:35.07	00:59:48.72	
718	620	ANDRÉ GONÇALVES	M	47	606	01:00:37.51	00:59:51.03	
719	530	MARTA FERNANDES	F	23	113	01:00:37.81	00:59:59.08	AMIGOSDACORRIDA.COM
720	1112	MARIA ALEJANDRA RIVERA	F	39	114	01:00:39.38	01:00:01.68	
721	507	JOSE FERRO	M	67	607	01:00:39.70	00:59:56.08	
722	823	TÂNIA VALENTIM	F	37	115	01:00:40.38	01:00:08.36	CCD PM CASCAIS
723	1014	MARINA AMARO	F	61	116	01:00:44.98	00:59:45.47	CARACÓIS TURBINADOS
724	1170	SIDÓNIA ATANÁZIO	F	33	117	01:00:45.88	01:00:26.81	
725	1167	IVONE COSTA	F	37	118	01:00:47.34	01:00:28.35	
726	954	MARIA JORGE FRAGA	F	55	119	01:00:48.43	01:00:34.07	
727	890	FRANCISCO SILVEIRA	M	50	608	01:00:48.69	01:00:48.69	NAZABOBODA
728	743	ANTÓNIO JOSÉ GASPAR POMBINHO	M	62	609	01:00:48.71	01:00:06.22	
729	676	SARA FILIPA DE SOUSA COSTA	F	39	120	01:00:49.92	01:00:37.18	
730	1064	ANKE BERN	F	49	121	01:00:51.07	01:00:12.30	
731	264	GABRIEL FIGUEIREDO	M	22	610	01:00:51.07	00:59:56.23	
732	615	LUIS MANSO	M	48	611	01:00:53.17	00:59:43.02	
733	812	NICOLE CHAVES CARDOSO	F	24	122	01:00:54.86	01:00:54.86	
734	253	MANUEL TORRES	M	64	612	01:00:58.35	00:59:58.87	
735	435	MANUEL PIEDADE	M	62	613	01:01:04.08	01:00:22.47	
736	257	JORGE FERRO	M	49	614	01:01:06.88	00:59:51.33	
737	618	SANDRA GONÇALVES	F	46	123	01:01:08.90	01:00:22.03	
738	296	VITOR MORAIS	M	38	615	01:01:08.91	01:00:08.64	



739	767	JORGE ROSA	M	53	616	01:01:10.90	01:00:06.26	
740	1073	RUI NOGARÓ	M	24	617	01:01:12.06	00:55:47.19	
741	460	JOANA SOFIA RODRIGUES PEDROSA	F	23	124	01:01:12.12	01:01:02.04	
742	727	ISABEL PINTO	F	47	125	01:01:13.65	01:01:13.65	
743	407	ANDRÉ BARATA	M	36	618	01:01:20.79	01:00:43.26	
744	408	CLÁUDIO MOREIRA	M	38	619	01:01:20.81	01:00:42.98	
745	1223	VINICIUS SEIXAS	M	45	620	01:01:27.64	00:55:54.65	
746	1026	CARLOS CARVALHO	M	37	621	01:01:29.36	01:00:19.79	
747	162	NUNO ABRANTES	M	42	622	01:01:30.17	01:00:06.07	
748	1086	GONÇALO CHACATAS	M	41	623	01:01:30.70	01:01:21.98	
749	44	RENATO ALVES	M	39	624	01:01:31.76	01:00:36.92	LINK
750	505	DUARTE QUINTELA	M	31	625	01:01:34.74	00:56:09.84	
751	114	JOÃO MANUEL DE ALMEIDA	M	56	626	01:01:37.69	01:01:07.77	
752	640	SOFIA KLARIC	F	45	126	01:01:41.61	01:01:17.16	
753	213	MIGUEL NUNES	M	25	627	01:01:41.87	00:55:33.40	
754	449	INÊS PEREIRA	F	27	127	01:01:42.07	00:55:31.23	
755	1165	MÓNICA DIAS	F	44	128	01:01:43.84	01:01:16.08	
756	928	CATARINA NICHU	F	53	129	01:01:48.44	01:00:56.34	
757	355	LUIZ ROSA	M	66	628	01:01:50.39	01:00:40.02	
758	828	RUI CARVALHO	M	55	629	01:01:50.73	01:01:07.96	
759	354	GILBERTO GONÇALVES	M	70	630	01:01:50.79	01:01:17.72	
760	1191	AVELINO SOARES	M	52	631	01:01:53.33	01:01:53.33	
761	866	ROSA PRATAS	F	60	130	01:01:54.68	01:01:40.67	NAZABOBODA
762	484	SÉRGIO RIBEIRO	M	45	632	01:01:58.82	01:00:59.29	
763	805	SOFIA CAETANO	F	46	131	01:02:01.19	01:01:51.76	
764	587	JOAO PAULO LOURENCO MARTINS	M	52	633	01:02:01.88	01:01:28.14	C MILLENNIUM
765	1211	MIGUEL REDMONT	M	49	634	01:02:01.98	01:00:47.06	
766	597	CÉSAR CARA-LINDA	M	47	635	01:02:02.09	01:01:19.87	
767	291	RUI FIGUEIREDO	M	40	636	01:02:05.53	01:01:02.14	
768	294	LUIS NETO	M	33	637	01:02:07.52	01:01:03.75	
769	293	GONÇALO PEDRO DO CARMO ALMEIDA	M	40	638	01:02:08.20	01:01:03.91	
770	996	CARLOS MORAIS	M	53	639	01:02:09.79	01:01:22.58	
771	997	BRUNO MORAIS	M	28	640	01:02:10.09	01:01:22.59	
772	72	MAURO LANÇA	M	42	641	01:02:10.15	01:01:47.58	GDCTINCM
773	1091	INÊS CARAPAU	F	30	132	01:02:10.34	01:00:55.27	
774	1092	NEUZA REBELO	F	29	133	01:02:10.73	01:00:54.39	
775	876	NUNO GONÇALVES	M	66	642	01:02:13.79	01:01:43.02	



776	552	MARIA ROSARIO SANTOS NOBRE	F	51	134	01:02:17.16	01:01:38.87	C MILLENNIUM
777	163	AMILCAR PÓVOA	M	73	643	01:02:22.67	01:01:32.01	
778	1240	EDUARDO LOPES	M	48	644	01:02:28.91	01:01:30.93	
779	1110	RUI ZENOGLIO	M	46	645	01:02:37.11	01:01:36.98	
780	644	MARIA HELENA CARDOSO GOMES DE LACERDA	F	55	135	01:02:42.65	01:02:05.75	
781	400	LISA SANTOS	F	40	136	01:02:42.97	01:02:01.75	
782	1113	QUILSON LEIDE ANTUNES	M	37	646	01:02:43.19	00:55:55.06	
783	1005	LUIS SILVA	M	41	647	01:02:47.23	01:01:28.63	TBD_001
784	238	JORGE MONTEIRO	M	52	648	01:02:48.55	01:02:25.73	
785	1007	ROBERTO CARDETA	M	37	649	01:02:49.49	01:01:31.66	TBD_001
786	308	CARLOS VIEIRA	M	50	650	01:02:50.61	01:02:16.94	
787	1197	MIGUEL MARQUES	M	41	651	01:02:52.54	00:57:13.33	
788	920	JOAQUIM BARROCAS	M	67	652	01:02:53.21	01:01:44.31	
789	404	ATLETA NÃO CADASTRADA	F	29	137	01:02:53.78	01:01:44.68	
790	1136	MANUELA GUIERREIRO	F	52	138	01:02:54.00	01:01:44.00	
791	570	FRANCISCO CLERIGO	M	66	653	01:03:03.31	01:02:54.88	SS CGD
792	589	MARIA ROCHA RODRIGUES	F	51	139	01:03:03.92	01:01:38.44	C MILLENNIUM
793	588	JOSE ANTONIO MARCOS ROCHA	M	52	654	01:03:04.35	01:01:39.53	C MILLENNIUM
794	90	CAMILA ROCHA	F	39	140	01:03:06.03	01:01:53.90	
795	325	NUNO LOUREIRO	M	20	655	01:03:07.46	01:02:23.55	
796	379	RITA OLIVEIRA MARTINS	F	46	141	01:03:10.20	01:02:15.56	
797	639	GIUSEPPE RUSSO	M	59	656	01:03:10.41	01:02:46.34	
798	959	ÁGNES KOPPÁNYI	F	33	142	01:03:11.31	01:02:35.95	
799	737	RUI FREIRE	M	37	657	01:03:12.01	01:01:59.38	G. R. D. RIBEIRA DA LAGE
800	949	JOAO GRAVE RODRIGUES	M	34	658	01:03:16.08	01:02:04.24	
801	402	ANTÓNIO FERNANDES	M	50	659	01:03:19.34	01:02:29.54	
802	645	AFONSO TOMÉ	M	21	660	01:03:19.78	01:02:30.15	QUARENTÕES NA BISGA
803	160	EDUARDO LOPES	M	51	661	01:03:20.53	01:02:43.99	
804	1210	ISABEL PRATES	F	49	143	01:03:23.70	01:02:09.09	
805	888	FERNANDO PIRES	M	67	662	01:03:26.89	01:03:24.54	NAZABOBODA
806	1174	RUI FERNANDES	M	45	663	01:03:31.49	01:02:14.62	
807	94	THIAGO SÁ	M	36	664	01:03:34.16	01:02:22.46	
808	1051	ANA MAFALDA CUNHA	F	42	144	01:03:35.64	01:02:49.57	
809	1053	PATRÍCIA SILVA	F	46	145	01:03:36.00	01:02:47.89	
810	1050	MARIA ADELINA	F	66	146	01:03:36.03	01:02:49.76	
811	1052	PATRÍCIA PEDROSO	F	39	147	01:03:36.29	01:02:49.94	
812	42	JOÃO JORGE	M	34	665	01:03:38.75	01:02:41.11	LINK



813	520	FÁTIMA LUCAS	F	46	148	01:03:45.93	01:03:45.93	
814	519	MARIA SERRA	F	49	149	01:03:46.00	01:03:39.85	
815	634	PEDRO MIGUEL PIRES GIL	M	41	666	01:03:46.28	01:02:50.65	
816	467	SÉRGIO VENTURA	M	37	667	01:03:47.99	01:02:53.77	
817	916	SANDRA NUNES	F	49	150	01:03:49.04	01:03:00.57	
818	469	SUSANA MONTEIRO	F	26	151	01:03:51.46	01:02:58.15	
819	749	MARIA VELOSO	F	68	152	01:03:56.89	01:02:52.06	
820	892	JOAQUIM GAMITO	M	58	668	01:04:08.77	01:03:55.56	NAZABOBODA
821	324	ALEXANDRE SANTOS DE OLIVEIRA	M	41	669	01:04:08.98	01:02:42.16	
822	1012	ANDRÉ BERNARDO	M	27	670	01:04:14.88	01:03:12.38	CARACÓIS TURBINADOS
823	269	ISABEL MAGALHÃES	F	63	153	01:04:22.46	01:03:55.82	
824	816	BERNARDO FERNANDES	M	30	671	01:04:26.31	01:03:14.03	CCD PM CASCAIS
825	378	PEDRO ESTEVES DA SILVA	M	34	672	01:04:28.92	01:03:34.01	
826	457	RICARDO NOGUEIRA	M	29	673	01:04:29.32	01:03:38.41	
827	1016	BRUNO FLORES	M	38	674	01:04:33.42	01:03:33.57	CARACÓIS TURBINADOS
828	7	MARTA RAMALHO GOMES	F	28	154	01:04:34.22	01:03:57.88	
829	675	FILOMENA SILVA	F	48	155	01:04:36.01	01:03:57.29	
830	941	RICARDO PITEIRA	M	28	675	01:04:44.01	01:03:54.50	
831	907	ANA RITA DOS CAMPOS MADEIRA	F	27	156	01:05:00.91	01:04:36.91	
832	60	LINA MADEIRA	F	60	157	01:05:01.16	00:59:02.80	
833	61	ANTÓNIO ANTUNES	M	51	676	01:05:01.59	00:59:01.33	
834	1133	ANTONIO LIMA	M	45	677	01:05:03.52	01:03:33.20	
835	1049	SOFIA OLIVEIRA	F	26	158	01:05:04.01	01:04:18.04	
836	1054	DAISY PEREIRA	F	41	159	01:05:04.36	01:04:18.07	
837	391	ANA ISABEL LOPES	F	49	160	01:05:08.02	01:05:02.00	
838	586	ARTUR PAULO ALMEIDA BOTAO	M	50	678	01:05:08.59	01:04:59.85	C MILLENNIUM
839	387	FILIPA REIS	F	43	161	01:05:09.97	01:05:00.32	
840	265	MARIBEL SILVA	F	21	162	01:05:13.30	01:04:29.93	
841	1219	INÊS PAULINO	F	35	163	01:05:19.40	01:05:03.31	
842	1218	ETELVINA PAULINO	F	59	164	01:05:19.74	01:05:04.28	
843	798	CARLA PAOLIELLO	F	45	165	01:05:20.20	01:04:27.63	
844	855	TEIXEIRA FREDERIC	M	52	679	01:05:35.13	01:04:48.20	
845	305	BERNARDO LOBO	M	46	680	01:05:47.12	01:05:15.54	
846	728	ANA FEIJÓ	F	33	166	01:05:48.73	01:04:41.43	
847	334	ALEXANDRA GUERRA	F	58	167	01:05:49.91	01:05:37.70	
848	512	JOAQUIM PALMEIRO	M	49	681	01:05:55.87	01:04:40.64	
849	1043	CRISTINA PALMEIRO	F	49	168	01:05:56.34	01:04:41.01	



850	1074	NUNO PINHEIRO	M	30	682	01:05:59.81	01:00:33.09	
851	1238	MARCO SEIXO	M	40	683	01:06:02.53	01:05:54.38	
852	110	VANDA CARVALHO	F	44	169	01:06:02.86	01:04:35.63	
853	755	MÁRIO SENA	M	49	684	01:06:03.20	01:04:33.63	
854	881	ANGELICA SIMÃO	F	38	170	01:06:04.20	01:05:46.57	NAZABOBODA
855	845	RITA MAIO	F	22	171	01:06:07.25	01:05:49.87	
856	548	ALEXANDRA COSTA	F	48	172	01:06:18.60	01:05:40.22	C MILLENNIUM
857	318	LUIS PALMEIRO	M	49	685	01:06:20.28	01:05:48.74	CCD TRANQUILIDADE
858	1156	CATARINA MORGADO FIGUEIRA	F	41	173	01:06:25.52	01:05:55.12	CLUBE COLABORADORES AGEAS
859	1141	RUTE	F	44	174	01:06:27.88	01:05:00.34	
860	1208	PATRICIA PINTO	F	51	175	01:06:30.04	01:06:30.04	
861	1124	RUI PINTO	M	54	686	01:06:33.06	01:05:30.45	
862	693	LÚCIA CARVALHO	F	55	176	01:06:37.77	01:06:10.24	GA MONSANTO
863	214	PEDRO TIAGO SANTOS MONTEIRO	M	37	687	01:06:40.00	01:06:40.00	
864	312	CLÁUDIA TAM	F	37	177	01:06:55.95	01:05:36.15	CCD TRANQUILIDADE
865	951	RICARDO PEREIRA	M	45	688	01:06:56.13	01:06:43.00	
866	1231	ANNE BURGERT	F	34	178	01:06:58.00	01:05:45.37	
867	1129	FABIANA BAZBUZ	F	46	179	01:06:58.04	01:05:22.00	
868	129	LUIS FILIPE ALVES	M	57	689	01:06:58.61	01:06:39.21	
869	822	SARA HENRIQUES	F	45	180	01:06:58.74	01:06:26.04	CCD PM CASCAIS
870	448	HENRIQUE CAPELAS	M	28	690	01:07:19.45	01:02:01.62	
871	776	CLAUDIA CARVALHO	F	30	181	01:07:22.76	01:06:04.99	
872	734	JOÃO FREIRE	M	41	691	01:07:30.61	01:06:19.00	G. R. D. RIBEIRA DA LAGE
873	268	MIGUEL CABRITA	M	25	692	01:07:34.30	01:07:34.30	
874	475	EDIO LUIZ PETROSKI	M	64	693	01:07:38.76	01:07:07.65	
875	48	FERNANDO ALVES	M	61	694	01:07:39.51	01:06:42.29	
876	45	PEDRO CONFRARIA	M	41	695	01:07:47.91	00:59:45.58	
877	769	TELMA ABREU	F	31	182	01:07:48.70	01:06:47.62	
878	209	VERA LÚCIA APARECIDA MALCO DIANA	F	46	183	01:07:52.61	01:06:45.16	ESCOLA DE ATLETISMO DO MONTIJO
879	1153	JOÃO PAULO PINTO	M	50	696	01:07:58.06	01:07:16.95	CLUBE COLABORADORES AGEAS
880	1159	ANA MARIA GUIMARÃES	F	61	184	01:07:59.02	01:07:18.46	CLUBE COLABORADORES AGEAS
881	854	PEDRO ALMEIDA	M	18	697	01:08:01.12	01:07:31.54	
882	918	SANDRA MIRANDA	F	45	185	01:08:03.34	01:07:52.87	
883	369	GONCALO MENDES	M	47	698	01:08:05.96	01:07:17.40	
884	357	MARIA MENDES	F	18	186	01:08:05.97	01:07:17.63	
885	98	ANA ROBIN DE ANDRADE	F	42	187	01:08:09.69	01:06:54.04	
886	595	RAFAEL NUNES PEREIRA	M	47	699	01:08:09.81	01:07:02.04	C MILLENNIUM



887	943	JOAO MANUEL SANTOS	M	62	700	01:08:12.89	01:07:58.48	
888	267	MANUEL CABRITA	M	59	701	01:08:14.05	01:08:14.05	
889	927	MÓNICA SOUSA	F	42	188	01:08:15.87	01:07:27.18	
890	248	SUSANA BARREIROS BARREIROS	F	35	189	01:08:16.19	01:07:39.01	CLÍNICA SANTA MADALENA
891	361	PEDRO MIGUEL SEABRA PERALTA	M	38	702	01:08:21.18	01:07:31.20	
892	1116	CARLOS DELGADO	M	26	703	01:08:21.46	01:07:51.85	
893	1103	ELISABETH LOUREIRO	F	63	190	01:08:24.88	01:07:55.35	
894	1234	BRUNO ROCHA	M	39	704	01:08:29.91	01:07:12.80	
895	875	MAGDA RIBEIRO	F	39	191	01:08:31.39	01:07:12.90	
896	52	JOÃO MARTINS DA COSTA RITO	M	60	705	01:08:31.56	01:07:10.22	
897	63	MARIA MARGARIDA SIMÕES BARATA DA COSTA RITO	F	30	192	01:08:32.26	01:07:08.07	
898	860	MARIA ALMEIDA	F	52	193	01:08:42.72	01:08:42.72	NAZABOBODA
899	263	ALBERTINO PINTO	M	74	706	01:08:48.25	01:08:00.20	
900	271	MARLENE OLIVEIRA	F	45	194	01:08:48.44	01:08:33.07	
901	631	RUI BANHA	M	49	707	01:08:55.79	01:07:44.80	
902	488	ELSA MENDES	F	66	195	01:09:01.30	01:07:49.97	
903	1220	JOAO	M	48	708	01:09:06.33	01:07:36.80	
904	921	ARMÉNIO SILVA	M	81	709	01:09:07.54	01:07:59.39	
905	1138	MARIA CRISTINA DOS REIS CRUZ	F	43	196	01:09:11.37	01:01:32.14	
906	834	PEDRO ALFERES	M	55	710	01:09:12.67	01:08:10.58	
907	903	ALEXANDRA OLIVEIRA	F	46	197	01:09:14.76	01:08:11.98	
908	1027	RICARDO MENDES	M	41	711	01:09:15.00	01:09:15.00	
909	231	LUÍS CLEMENTE	M	43	712	01:09:17.03	01:07:45.99	CLÍNICA SANTA MADALENA
910	226	DIANA VALENTE	F	37	198	01:09:17.12	01:07:45.76	CLÍNICA SANTA MADALENA
911	721	FATIMA BARBAS	F	59	199	01:09:28.46	01:09:01.62	
912	999	LUIGI ROSSI	M	70	713	01:09:35.86	01:08:48.31	
913	1188	REGINA CÉLIA ALCANTARA PACHECO	F	58	200	01:09:37.30	01:08:01.36	
914	396	ANA BARBARA FREITAS SANTOS SILVA	F	45	201	01:09:53.74	01:09:26.68	
915	398	PAULO JORGE BAETA PINTO	M	55	714	01:09:58.02	01:09:31.03	
916	563	EBRIMA BAYO	M	28	715	01:10:02.08	01:09:08.10	GE OS ECONÓMICOS
917	1118	FILIPA CARRIÇO	F	44	202	01:10:03.52	01:09:10.30	
918	607	RAÚL COSTA	M	58	716	01:10:08.19	01:10:08.19	CLUBE ROBBIALAC
919	604	MARIA SOUSA	F	50	203	01:10:08.20	01:10:08.20	CLUBE ROBBIALAC
920	603	JOSÉ VILELA	M	54	717	01:10:08.25	01:09:25.86	CLUBE ROBBIALAC
921	1022	JOÃO CASQUEIRO	M	57	718	01:10:08.81	01:09:34.58	
922	819	PAULA DRUMMOND DO VALE	F	46	204	01:10:11.00	01:09:33.03	CCD PM CASCAIS
923	853	ROSA FALARDO	F	55	205	01:10:11.80	01:09:52.11	



924	472	JORGE MANUEL NUNES DA FONSECA MENDES BAPTISTA	M	64	719	01:10:16.80	01:09:49.10	
925	504	JOAO VAZ	M	46	720	01:10:20.81	01:10:03.60	
926	891	ILDA SOUSA	F	57	206	01:10:26.08	01:10:12.89	NAZABOBODA
927	765	ANDREAS MELIDIS	M	26	721	01:10:28.09	01:09:07.58	
928	953	VASCO CARVALHO	M	44	722	01:10:30.25	01:07:04.70	
929	328	CLARA HENRIQUES	F	38	207	01:10:33.91	01:09:51.68	
930	239	ISABEL AMARAL	F	53	208	01:10:39.23	01:10:01.37	
931	908	ANA RITA DELGADO MOREIRA DOS SANTOS	F	35	209	01:10:39.30	01:09:07.77	
932	187	RICARDO CONCEIÇÃO	M	33	723	01:10:40.07	01:10:40.07	
933	899	CRISTINA PAIVA	F	48	210	01:10:52.17	01:10:38.63	NAZABOBODA
934	89	FILIPA GRAVELHO	F	30	211	01:10:53.75	01:09:58.20	
935	1095	ANA MENDES	F	36	212	01:10:57.27	01:09:53.93	
936	729	LUIS FRAGA	M	37	724	01:11:04.34	01:09:56.58	
937	542	JOÃO RAPOSO	M	79	725	01:11:13.86	01:10:04.72	
938	443	ANA PEREIRA	F	44	213	01:11:23.16	01:11:06.06	
939	277	ÂNGELA PIRRALHO	F	34	214	01:11:26.26	01:10:44.80	
940	1274	PEDRO LUIS	M	0	726	01:11:30.00	01:11:30.00	
941	857	PAULO ALMEIDA	M	53	727	01:11:48.50	01:11:18.60	
942	86	MAYER RAPOSO	M	72	728	01:11:50.92	01:11:29.06	
943	1126	LUCIANE HUF	F	54	215	01:11:54.15	01:11:37.90	
944	74	EDUARDO BALEIZÃO	M	34	729	01:12:18.00	01:12:18.00	OZDIGAL
945	1097	VANDA ABRAÇOS	F	39	216	01:12:18.68	01:11:22.14	
946	977	JOANA ROQUE	F	34	217	01:12:24.79	01:12:05.07	
947	1036	LUIZ COVILLE	M	50	730	01:12:29.30	01:12:16.96	
948	1207	PAULO ALEXANDRE ADAGAS DELICADO	M	49	731	01:12:32.45	01:11:04.34	
949	290	PATRICIA ANDRE	F	31	218	01:12:33.90	01:11:30.38	
950	847	FRANCELINA SILVA	F	55	219	01:12:37.50	01:12:19.33	
951	84	CARLOS CAEIRO	M	45	732	01:12:38.23	01:11:41.18	OZDIGAL
952	1214	HELENA FRAZÃO	F	50	220	01:12:40.53	01:12:25.87	CARACOLETAS
953	37	JOANA D'ARC CHOURIÇO	F	56	221	01:12:48.71	01:12:32.62	RUNNING CLUB SANTA CASA
954	568	ROSA REIS	F	62	222	01:12:55.79	01:11:47.73	GE OS ECONÓMICOS
955	1020	JOSÉ ROBERTO MARTINS DA SILVA	M	59	733	01:13:05.17	01:12:24.53	
956	403	ROSA FERNANDES	F	48	223	01:13:09.09	01:12:14.87	
957	1065	RUI MAGALHÃES	M	43	734	01:13:22.40	01:13:22.40	
958	885	DIANA RIBEIRO	F	36	224	01:13:26.80	01:12:27.54	NAZABOBODA
959	182	PAULO CAPELA	M	49	735	01:13:47.07	01:12:55.82	
960	444	RITA CARVALHINHO	F	45	225	01:13:56.99	01:13:38.86	



961	441	MANUEL CATARINO	M	32	736	01:14:05.50	01:10:07.21	
962	232	JOSÉ MONTEIRO	M	35	737	01:14:07.93	01:13:01.54	SS CGD
963	220	CÁTIA HORTA	F	31	226	01:14:11.67	01:13:04.64	SS CGD
964	649	LUIS COSTA	M	54	738	01:14:19.06	01:13:25.04	QUARENTÕES NA BISGA
965	650	LUISA FALÉ COSTA	F	50	227	01:14:20.35	01:13:26.02	QUARENTÕES NA BISGA
966	128	JOSÉ FIALHO	M	59	739	01:14:27.63	01:13:50.58	CCD PM CASCAIS
967	664	ORLANDO SOUSA	M	57	740	01:14:30.84	01:13:39.48	CCDTMETROLX
968	96	RUI MELÃO	M	55	741	01:14:30.84	01:13:40.24	
969	660	ELISA DIAS	F	56	228	01:14:32.45	01:13:41.56	CCDTMETROLX
970	637	SANDRA SOTTA	F	44	229	01:14:55.12	01:13:35.59	
971	43	PEDRO SAMORRINHA	M	35	742	01:14:58.07	01:14:58.07	LINK
972	276	LUIS LAVRADOR	M	44	743	01:15:08.76	01:09:09.13	
973	278	ANDREIA GOUVEIA	F	40	230	01:15:12.20	01:14:13.65	
974	279	ABEL SILVA	M	35	744	01:15:13.51	01:15:13.51	
975	824	NÍDIA MARIA GONÇALVES DA SILVA	F	64	231	01:15:20.99	01:14:53.24	
976	69	PAULO JORGE	M	43	745	01:15:22.65	01:14:25.71	OZDIGAL
977	1247	ANABELA LAGARTO	F	51	232	01:15:23.01	01:15:10.30	
978	87	MICAELA SILVA	F	47	233	01:15:23.11	01:14:40.03	OZDIGAL
979	789	FRANCISCO ERSE	M	44	746	01:15:27.42	01:14:46.45	
980	759	NUNO MANUEL BARRETO GONÇALVES	M	42	747	01:15:27.43	01:14:46.17	
981	92	HELENA SÁ	F	67	234	01:15:36.05	01:14:23.55	
982	1183	ANTÓNIO ABRANTES	M	64	748	01:15:36.48	01:14:36.74	
983	528	VALERIA MOREIRA	F	51	235	01:15:51.94	01:15:09.60	
984	1202	NUNO LOPES	M	28	749	01:16:05.76	01:16:05.76	TWENTY 4 RUNNERS
985	1201	GONÇALO FERREIRA	M	25	750	01:16:06.00	01:16:06.00	TWENTY 4 RUNNERS
986	1199	ALEXANDRE SIMÕES	M	24	751	01:16:06.44	01:16:06.44	TWENTY 4 RUNNERS
987	1205	LUÍS ALVES	M	27	752	01:16:06.51	01:16:06.51	TWENTY 4 RUNNERS
988	1203	PEDRO MARINHO	M	29	753	01:16:08.69	01:16:08.69	TWENTY 4 RUNNERS
989	245	MARIELA GOMEZ DE TONELLO	F	50	236	01:16:13.81	01:16:13.81	CLÍNICA SANTA MADALENA
990	599	RUI PEDRO SANTOS	M	50	754	01:16:38.06	01:16:01.82	
991	71	JOSÉ ABREU	M	71	755	01:16:46.86	01:16:23.50	GDCTINCM
992	611	MANUEL BRÁS	M	51	756	01:16:51.15	01:16:44.34	SS CGD
993	557	LEONEL COSTA FERREIRINHA	M	71	757	01:17:03.13	01:16:01.22	C MILLENNIUM
994	1070	SÉRGIO FARTARIA	M	47	758	01:17:47.38	01:08:20.41	
995	581	ALDA MARIA ALMEIDA VINAGRE	F	46	237	01:17:49.37	01:17:06.57	C MILLENNIUM
996	1010	JAIME FERREIRA DOS	M	60	759	01:18:11.30	01:17:43.31	
997	838	JOÃO SANTOS	M	20	760	01:18:16.72	01:17:08.44	



998	440	MADALENA FELÍCIO	F	31	238	01:18:20.04	01:17:18.83	
999	196	DIOGO GUANILHO	M	22	761	01:18:34.25	01:12:03.39	
1000	614	SANDRA FIGUEIREDO	F	47	239	01:18:51.23	01:17:40.79	
1001	1068	VALTER GONCALVES	M	37	762	01:19:11.01	01:09:42.63	
1002	68	ANTÓNIO GASPAR	M	75	763	01:19:16.24	01:18:53.76	GDCTINCM
1003	1013	RICARDO REI	M	37	764	01:19:54.70	01:18:53.14	CARACÓIS TURBINADOS
1004	582	SERGIO ALEXANDRE BACELAR FERREIRA SILVA	M	48	765	01:19:56.34	01:19:31.60	C MILLENNIUM
1005	583	DORA RITA PEREIRA FERNANDES	F	43	240	01:19:56.42	01:19:31.44	C MILLENNIUM
1006	1011	LÍGIA SANCHES	F	46	241	01:19:56.72	01:18:54.46	CARACÓIS TURBINADOS
1007	109	INÊS CARVALHO	F	42	242	01:19:57.51	01:19:57.51	
1008	275	ELSA LAVRADOR	F	37	243	01:20:03.57	01:14:04.72	
1009	1069	NANCY MARTINS	F	38	244	01:20:09.07	01:10:42.36	
1010	254	LUIS SANTOS	M	62	766	01:20:23.93	01:19:24.84	
1011	1083	LAUREN DE SOUSA	F	18	245	01:20:24.30	01:19:04.34	
1012	380	MARIA MACEDO	F	57	246	01:20:25.12	01:20:00.34	
1013	299	JOSE CORREIA	M	60	767	01:20:42.84	01:19:44.68	
1014	210	ANDRE TESTA FORTUNATO PATACO	M	27	768	01:20:57.83	01:20:57.83	
1015	76	EDUARDO PINTO	M	66	769	01:21:12.51	01:20:15.04	OZDIGAL
1016	564	JORGE GABRIEL MATOS CORDEIRO GAMA	M	43	770	01:21:29.31	01:21:29.31	C MILLENNIUM
1017	93	INES CISNEIROS	F	30	247	01:21:29.78	01:14:45.47	
1018	686	JAIME SEVERINO	M	51	771	01:22:09.86	01:20:57.70	
1019	75	VITOR CARDOSO	M	43	772	01:22:11.00	01:21:47.58	GDCTINCM
1020	406	JOÃO LANDEIRO	M	73	773	01:22:25.05	01:20:54.17	
1021	319	MA FEE HUNG	F	69	248	01:22:49.56	01:22:05.37	CCD TRANQUILIDADE
1022	1119	MANUEL JOÃO PEREIRA	M	52	774	01:23:36.95	01:23:33.58	
1023	559	FOCK YIOT WAN	F	69	249	01:23:39.49	01:22:54.49	C MILLENNIUM
1024	206	MARIA DELGADO	F	53	250	01:24:10.35	01:24:10.35	
1025	199	RUI DELGADO	M	58	775	01:24:10.55	01:24:10.55	
1026	347	ELISABETE FIRME	F	43	251	01:24:49.26	01:24:29.35	
1027	1079	LILIANA CORREIA	F	26	252	01:25:01.92	01:25:01.92	
1028	58	ANTONIO HENRIQUES	M	61	776	01:26:03.43	01:24:33.29	
1029	952	RUI MELO	M	48	777	01:26:22.75	01:22:53.65	
1030	451	INA PALADI	F	39	253	01:26:33.49	01:26:13.81	
1031	452	RITA BERNARDO ALVES	F	46	254	01:26:33.85	01:26:13.82	
1032	1023	LUÍS AMEIXA	M	50	778	01:26:34.59	01:25:49.76	
1033	668	FERNANDA RIBEIRO	F	60	255	01:26:46.06	01:25:45.70	
1034	164	MARIA GABRIELA QUARESMA	F	61	256	01:26:46.54	01:25:47.39	



1035	266	MARIA CARMO ANJOS	F	73	257	01:26:50.72	01:26:06.64	
1036	682	ELIZABETH SOUZA	F	24	258	01:27:10.14	01:27:10.14	
1037	683	FELIPE SOUZA	M	27	779	01:27:13.57	01:26:14.74	
1038	671	KAI PERINI	M	44	780	01:27:30.53	01:27:30.53	
1039	1142	SANDRA CARLA MARQUES VIEIRA FILIPE	F	44	259	01:29:46.51	01:21:59.95	
1040	353	ISABEL NOBRE	F	69	260	01:30:10.90	01:28:56.83	
1041	256	MARIA JOÃO SIMÕES	F	50	261	01:30:13.58	01:24:32.65	
1042	672	PEDRO CAIO	M	47	781	01:31:24.83	01:31:24.83	
1043	760	AMÉLIA COSTA	F	61	262	01:31:47.81	01:30:14.74	
1044	1024	ESTHER DOMINGUEZ	F	45	263	01:31:58.78	01:31:13.49	
1045	148	MARIA RODRIGUES PEREIRA	F	55	264	01:32:29.16	01:32:29.16	
1046	149	ANA MARIA RODRIGUES PEREIRA	F	55	265	01:32:29.64	01:32:29.64	
1047	228	JAMILA SANTO SANTO	F	34	266	01:32:45.00	01:32:45.00	CLÍNICA SANTA MADALENA
1048	895	JOSE BRITO	M	57	782	01:33:03.24	01:33:03.24	NAZABOBODA
1049	973	MARTA SOFIA GALRITO PINTO	F	25	267	01:33:04.27	01:33:04.27	
1050	975	ANA ISABEL GALRITO PINTO CAEIRO	F	39	268	01:33:04.75	01:33:04.75	
1051	974	MARIA ISABEL MENDESPINTO	F	52	269	01:33:04.78	01:33:04.78	
1052	972	ANAMARIA MENDES PINTO	F	54	270	01:33:07.65	01:33:07.65	
1053	1139	ÂNGELO MIGUEL DOS REIS DUARTE	M	19	783	01:34:38.67	01:27:04.76	
1054	1140	ANA PAULA DOS REIS	F	44	271	01:34:41.66	01:27:07.03	
1055	1062	CARLA SERAFIM	F	49	272	01:36:27.41	01:27:35.01	
1056	1063	PAULA ADRO	F	52	273	01:36:27.91	01:27:36.46	
1057	221	TANIA PEDRAS ALVAS	F	33	274	01:39:42.99	01:39:42.99	
1058	553	CELIA MARINA LOURENCO	F	45	275	01:39:57.96	01:38:34.55	C MILLENNIUM
1059	584	MARCOS JOSE NORITAKE	M	52	784	01:39:58.11	01:38:35.75	C MILLENNIUM
1060	1176	MARIO PIRES	M	60	785	01:40:27.36	01:39:06.53	
1061	739	ATLETA NÃO CADASTRADO	M	0	786	01:40:57.76	01:39:44.76	
1062	366	SARA PEREIRA	F	46	276	01:44:06.15	01:42:55.18	
1063	454	CARLOS EDUARDO SERPA DE SOUSA	M	39	787	01:45:11.54	01:45:11.54	
1064	455	MILENA SERPA LIMA	F	36	277	01:45:12.02	01:45:12.02	
1065	1067	IOLANDA GONÇALVES	F	44	278	01:46:13.89	01:36:46.81	
1066	176	OLGA LISBOA	F	42	279	01:48:41.86	01:48:41.86	
1067	562	ANA SOFIA OLIVEIRA P FIALHO REIS	F	42	280	01:50:10.69	01:50:10.69	C MILLENNIUM
1068	580	FERNANDA MARIA RIBEIRO R NUNES PEREIRA	F	48	281	01:50:11.30	01:50:11.30	C MILLENNIUM

Total de registros: 1068