



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1	1797	Joao Vaz	00:16:00	00:32:40	00:32:39	1		Veterano 3	1
2	930	Paulo Guimarães	00:16:00	00:32:53	00:32:51	2	ACLIS LIBERTY SEGUROS	Veterano 1	1
3	1528	Mário Ferreira	00:16:36	00:34:06	00:34:05	3	Garmin Clube Olímpico de Oeiras	Senior	1
4	1782	João Ferreira	00:16:48	00:34:19	00:34:17	4	Garmin Clube Olímpico de Oeiras	Veterano 1	2
5	769	Ezequiel Lobo	00:16:37	00:34:21	00:34:19	5	Bombeiros Voluntários de Montemor-O-Novo	Veterano 1	3
6	773	Miguel Martins	00:16:42	00:34:58	00:34:56	6	Bombeiros Voluntários de Montemor-O-Novo	Senior	2
7	929	Jose Caramelo	00:17:41	00:35:34	00:35:28	7	ACLIS LIBERTY SEGUROS	Veterano 2	1
8	984	João Sousa	00:17:49	00:35:53	00:35:47	8	pastelaria Charllys	Veterano 2	2
9	636	Paulo Povia	00:17:46	00:35:58	00:35:55	9	Amigos Vale Silencio	Veterano 4	1
10	575	Manuel Mascarenhas	00:17:47	00:36:02	00:36:00	10		Senior	3
11	51	Simão Sousa	00:17:47	00:36:03	00:36:01	11	Garmin Clube Olímpico de Oeiras	Senior	4
12	776	Rodrigo Carrilho	00:17:20	00:36:05	00:36:04	12	Bombeiros Voluntários de Montemor-O-Novo	Senior	5
13	988	Alexandre Ramalheiro	00:17:49	00:36:09	00:36:07	13		Senior	6
14	125	Emanuel Simoes	00:17:57	00:36:15	00:36:11	14	pastelaria Charllys	Veterano 1	4
15	1524	Jorge Fortunato	00:17:48	00:36:24	00:36:19	15		Senior	7
16	605	Bruno Gamito	00:17:50	00:36:33	00:36:31	16	G.D.R. São Francisco da Serra	Senior	8
17	1856	Rui Fontes	00:17:44	00:36:36	00:36:32	17	Beja Atletico Clube	Veterano 1	5
18	1836	Tiago Valério	00:17:51	00:36:51	00:36:48	18	CCDPortalegre	Senior	9
19	215	Pedro Bravo	00:18:10	00:37:18	00:37:16	20	Falcões Selvagens	Veterano 2	3
20	1837	Rui Parrano	00:17:55	00:37:28	00:37:24	21	CCDPortalegre	Senior	10



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
21	775	André Santos	00:18:01	00:37:42	00:37:38	22	Bombeiros Voluntários de Montemor-O-Novo	Senior	11
22	1208	Manuel Massas	00:18:30	00:37:48	00:37:46	26	Barbus Atletismo	Veterano 3	2
23	1207	Nuno Paixão	00:18:29	00:37:48	00:37:42	24	Barbus Atletismo	Veterano 1	6
24	175	Pedro Diogo	00:18:44	00:37:50	00:37:40	23		Senior	12
25	1596	Luis Alegrias	00:19:03	00:37:51	00:37:08	19		Veterano 1	7
26	969	Vitor Candeias	00:18:45	00:37:52	00:37:43	25	Flamingos Atletismo	Veterano 2	4
27	535	Jose Lorga	00:18:51	00:37:54	00:37:49	27		Senior	13
28	732	Filipe Augusto	00:18:45	00:38:02	00:37:56	29	ROSA MOTA CREW	Senior	14
29	1233	Marcolino Veríssimo	00:19:17	00:38:02	00:37:54	28	SS CGD	Veterano 2	5
30	939	Luis Silva	00:18:48	00:38:05	00:38:03	31	Os Kotas Bike Team	Veterano 1	8
31	946	Orlando Silva	00:18:28	00:38:05	00:38:03	30	CCDT Metro LX	Veterano 5	1
32	1649	David Gomes	00:19:00	00:38:13	00:38:05	32		Veterano 1	9
33	874	Armando Pessoa	00:18:33	00:38:15	00:38:13	33	SS CGD	Veterano 2	6
34	774	Carlos Poirek	00:18:37	00:38:21	00:38:17	34	Bombeiros Voluntários de Montemor-O-Novo	Veterano 1	10
35	768	Nuno Aldinhas	00:18:37	00:38:21	00:38:20	35	Bombeiros Voluntários de Montemor-O-Novo	Senior	15
36	771	Alexandre Serrano	00:18:00	00:38:25	00:38:23	36	Bombeiros Voluntários de Montemor-O-Novo	Junior	1
37	311	Ricardo Jordão	00:18:50	00:38:33	00:38:29	37		Senior	16
38	992	Vasco Café	00:18:56	00:38:42	00:38:40	38	Rail Runners	Veterano 2	7
39	435	Germano Silva	00:18:57	00:38:46	00:38:44	39		Veterano 5	2
40	1418	José Geada	00:18:58	00:38:52	00:38:47	40	Rock & Roll	Veterano 2	8



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
41	602	Luís Pereira	00:18:58	00:38:58	00:38:55	43	G.D.R. São Francisco da Serra	Veterano 2	9
42	1664	Luís Padilha	00:18:51	00:39:03	00:38:54	41		Veterano 1	11
43	1446	Paulo Arrenega	00:19:20	00:39:10	00:39:07	46		Veterano 3	3
44	547	João Cruz	00:19:23	00:39:13	00:38:59	44	Flamingos Atletismo	Veterano 4	2
45	402	Leonel Viegas	00:18:57	00:39:20	00:39:16	47	pastelaria Charlys	Veterano 1	12
46	702	António Carvalho	00:19:28	00:39:21	00:39:01	45		Veterano 4	3
47	1206	Joaquim Santos	00:18:38	00:39:23	00:39:17	48	Barbus Atletismo	Veterano 2	10
48	1603	Bruno Pires	00:19:01	00:39:27	00:39:24	49	Grupo Desportivo e Cultural do Banco de Portug	Senior	17
49	1712	António Moreira	00:19:27	00:39:29	00:39:25	50		Veterano 2	11
50	1204	Isolindo Felizardo	00:20:33	00:39:42	00:38:54	42	Barbus Atletismo	Veterano 1	13
51	633	Eurico Charneca	00:19:40	00:39:45	00:39:39	52	Amigos Vale Silencio	Veterano 5	3
52	173	Carlos Rosado	00:20:19	00:39:45	00:39:32	51	CLUBE RUGBY JUROMENHA	Veterano 3	4
53	1397	João Machado	00:19:19	00:39:46	00:39:43	53	POWER RANGERS	Veterano 2	12
54	395	Vitorino Anjos	00:19:40	00:39:55	00:39:52	56		Veterano 3	5
55	1324	Jaime Goes	00:19:33	00:39:59	00:39:55	57	Sunset Runners	Senior	18
56	1932	Paulo Praça	00:19:34	00:40:01	00:39:47	54		Veterano 4	4
57	627	Rui Almeida	00:19:41	00:40:02	00:39:55	58	Amigos Vale Silencio	Veterano 1	14
58	604	Fernando Mestre	00:19:35	00:40:07	00:40:01	59	G.D.R. São Francisco da Serra	Veterano 2	13
59	1923	Pedro Estevens	00:19:47	00:40:09	00:40:04	60	Ferroviário de Portugal	Veterano 5	4
60	1606	Luís Rio	00:19:21	00:40:14	00:40:12	61	Grupo Desportivo e Cultural do Banco de Portug	Veterano 2	14



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
61	1913	Gonçalo Costa	00:20:18	00:40:20	00:39:50	55		Veterano 2	15
62	790	João Frias	00:20:11	00:40:20	00:40:15	62	Amigos Atletismo Mafra	Veterano 3	6
63	355	José Borges	00:19:23	00:40:21	00:40:19	64		Veterano 1	15
64	802	Maria Frias	00:20:17	00:40:28	00:40:26	66	Amigos Atletismo Mafra	Veterana	1
65	1054	João Lima	00:19:23	00:40:29	00:40:15	63	Os Mutolas	Senior	19
66	721	Gonçalo Quitério	00:19:43	00:40:32	00:40:28	67	ROSA MOTA CREW	Senior	20
67	115	David Castelo	00:20:11	00:40:44	00:40:37	68	FreeRunners	Senior	21
68	212	Carlos Caetano	00:19:47	00:40:45	00:40:42	70		Veterano 2	16
69	828	José Neves	00:19:52	00:40:46	00:40:40	69		Veterano 2	17
70	382	José Esteves	00:20:14	00:40:48	00:40:45	74		Veterano 3	7
71	1270	Hamilton Dias	00:20:16	00:40:50	00:40:43	72	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 1	16
72	719	Gonçalo Santos	00:20:00	00:40:51	00:40:49	75	G.D.R. São Francisco da Serra	Veterano 2	18
73	1694	Tony Almeida	00:20:13	00:40:53	00:40:43	71		Senior	22
74	315	Hélio Patrício	00:20:20	00:40:56	00:40:44	73	Grupo Desportivo e Popular do Chão Duro	Veterano 2	19
75	813	Antonio Silva	00:19:18	00:41:02	00:40:59	76		Veterano 2	20
76	1149	Tiago Trindade	00:21:26	00:41:10	00:40:22	65		Senior	23
77	772	Carlos Silva	00:19:52	00:41:14	00:41:12	79	Bombeiros Voluntários de Montemor-O-Novo	Veterano 1	17
78	1183	Sofia Monteiro	00:20:17	00:41:16	00:41:13	80		Senior	1
79	1607	José Monteiro	00:20:17	00:41:18	00:41:00	77	Grupo Desportivo e Cultural do Banco de Portug	Veterano 5	5
80	766	António Gaspar	00:19:54	00:41:25	00:41:21	86	Bombeiros Voluntários de Montemor-O-Novo	Veterano 4	5



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
81	1034	José Roldão	00:19:59	00:41:26	00:41:21	84		Veterano 4	6
82	1801	Carlos Baptista	00:20:27	00:41:29	00:41:14	82	Sporting Clube de Casainhos	Veterano 4	7
83	1803	Manuel Bento	00:20:31	00:41:29	00:41:15	83	Sporting Clube de Casainhos	Veterano 1	18
84	688	António Almeida	00:20:28	00:41:37	00:41:31	89		Veterano 2	21
85	717	Pedro Ribeiro	00:20:10	00:41:39	00:41:14	81		Veterano 1	19
86	983	César Costa	00:20:38	00:41:41	00:41:33	90		Veterano 2	22
87	1264	Augusto Lopes	00:20:15	00:41:41	00:41:38	92	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 5	6
88	348	Jose Correia	00:19:38	00:41:47	00:41:39	93		Veterano 3	8
89	1899	José Moreira	00:19:55	00:41:49	00:41:47	97	A BOLA	Veterano 2	23
90	1036	Francisco Tapadas	00:20:35	00:41:50	00:41:47	98		Veterano 6	1
91	978	Emidio Teixeira	00:20:30	00:41:54	00:41:40	94		Senior	24
92	1804	Nelson Dias	00:20:26	00:41:54	00:41:40	95	Sporting Clube de Casainhos	Senior	25
93	1725	Miguel Rocha	00:20:23	00:42:04	00:42:00	103		Veterano 2	24
94	292	Vitor Marques	00:20:59	00:42:05	00:41:46	96	Escola de Atletismo Rui Silva	Veterano 2	25
95	1203	Pedro Guedes	00:20:50	00:42:07	00:41:57	100	NSC - Nós Somos Corredores	Veterano 1	20
96	1666	Xavier Sousa	00:20:57	00:42:10	00:41:55	99		Veterano 2	26
97	805	João Romão	00:20:34	00:42:11	00:41:38	91		Senior	26
98	28	Pedro Ramos	00:20:40	00:42:12	00:42:03	104	Ferroviário de Portugal	Veterano 1	21
99	148	Bruno Ratinho	00:20:16	00:42:13	00:42:06	105		Veterano 1	22
100	1673	Luís Pratas	00:21:39	00:42:14	00:41:06	78	SFG - Sociedade Filarmónica Galveense	Senior	27



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
101	243	Edmundo André	00:20:32	00:42:17	00:42:14	107		Veterano 2	27
102	1315	Nuno Silva	00:21:37	00:42:24	00:41:59	102		Veterano 2	28
103	1675	Ventura Nobre	00:21:26	00:42:29	00:41:21	85	SFG - Sociedade Filarmónica Galveense	Veterano 1	23
104	1674	Ricardo Vidinha	00:21:25	00:42:31	00:41:23	87	SFG - Sociedade Filarmónica Galveense	Senior	28
105	1714	Vasco Santos	00:21:21	00:42:36	00:42:32	113		Senior	29
106	1159	Américo Amaro	00:21:06	00:42:38	00:42:35	115	10 P`ras 11	Veterano 4	8
107	478	Joaquim Santos	00:20:53	00:42:41	00:42:36	116		Veterano 2	29
108	990	Daniel Pinto	00:21:01	00:42:43	00:42:34	114	Amigos Vale Silencio	Senior	30
109	1121	Pedro Carola	00:21:22	00:42:43	00:41:58	101		Senior	31
110	915	Antonio Dias	00:21:09	00:42:45	00:42:29	111		Veterano 5	7
111	1194	Inácio Ferreira	00:20:57	00:42:46	00:42:29	112		Veterano 4	9
112	662	Luis Sobral	00:21:42	00:42:50	00:42:15	108	grupo desportivo os águias da moita	Veterano 4	10
113	1291	Joaquim Vaz	00:21:17	00:42:53	00:42:37	117		Veterano 1	24
114	518	Sofia Avoila	00:20:59	00:42:59	00:42:56	123	pastelaria Charllys	Veterana	2
115	1682	André Quarenta	00:21:37	00:43:01	00:42:58	124	Açoreana Clube Banif	Veterano 2	30
116	1584	Miguel Costa	00:21:34	00:43:06	00:42:29	110		Veterano 2	31
117	286	Filipa Costa	00:21:38	00:43:13	00:42:47	119		Senior	2
118	682	Décio Redondo	00:22:32	00:43:17	00:42:28	109		Veterano 3	9
119	263	José Badalo	00:21:27	00:43:19	00:43:05	126	Evorarunners	Veterano 3	10
120	1478	Pedro Xavier	00:22:26	00:43:20	00:41:28	88		Junior	2



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
121	1082	Ricardo Félix	00:21:18	00:43:21	00:43:04	125	CCDEL - Efacec Carnaxide	Senior	32
122	1608	Nuno Pires	00:20:54	00:43:25	00:43:19	130	Grupo Desportivo e Cultural do Banco de Portug	Senior	33
123	1602	João Batista	00:20:53	00:43:25	00:43:22	134	Grupo Desportivo e Cultural do Banco de Portug	Veterano 5	8
124	324	Fernando Silveiro	00:20:43	00:43:25	00:43:21	131		Veterano 3	11
125	1551	Helena Miranda	00:21:10	00:43:28	00:43:18	129		Senior	3
126	277	Armando Correia	00:21:42	00:43:29	00:43:23	135	Lesmas Alopradas	Veterano 6	2
127	181	Gabriel Martins	00:20:20	00:43:29	00:43:24	138		Junior	3
128	1679	Carlos Coelho	00:21:31	00:43:29	00:43:22	132	Grupo de Atletas de Monsanto/Gascan	Veterano 4	11
129	1219	Filipe Neves	00:21:39	00:43:30	00:42:52	122	GD Águias da Moita	Veterano 3	12
130	117	José Nunes	00:21:19	00:43:33	00:43:31	141		Veterano 6	3
131	949	Ângelo Silva	00:22:41	00:43:35	00:42:50	120	CCDT Metro LX	Senior	34
132	69	Rui Caeiro	00:20:47	00:43:37	00:43:32	143		Veterano 3	13
133	1880	José Guimarães	00:23:41	00:43:46	00:43:11	128		Veterano 1	25
134	231	José Sequeira	00:22:48	00:43:50	00:42:41	118		Veterano 2	32
135	1821	Tiago Santos	00:21:10	00:43:51	00:43:34	144	Run4Living	Senior	35
136	112	Carlos Sousa	00:21:24	00:43:54	00:43:48	157		Veterano 5	9
137	365	Sérgio Neves	00:22:03	00:43:55	00:43:22	133	Imparáveis	Veterano 1	26
138	1010	Venancio Guerreiro	00:21:57	00:43:55	00:43:25	139	cooperativa a sacavenense	Veterano 5	10
139	1427	Diamantino Mondim	00:21:13	00:43:55	00:43:43	155		Veterano 1	27
140	235	Vitor Serra	00:22:03	00:43:58	00:43:40	149		Veterano 1	28



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
141	153	Carlos Martins	00:22:17	00:43:59	00:43:10	127		Senior	36
142	1079	Manuel Fidalgo	00:21:49	00:44:02	00:43:49	158	CCDEL - Efacec Carnaxide	Veterano 6	4
143	1611	Joao Recto	00:21:47	00:44:02	00:43:54	161		Senior	37
144	1107	Edgar Fontes	00:23:27	00:44:05	00:42:08	106		Senior	38
145	799	David Cardoso	00:21:55	00:44:06	00:43:42	151		Senior	39
146	677	Hugo Domingos	00:21:10	00:44:07	00:44:01	164		Veterano 1	29
147	440	Marco Caseiro	00:21:31	00:44:13	00:43:59	163	Vira Mini Running Team	Veterano 1	30
148	1688	Diocleciano Moreira	00:22:41	00:44:13	00:43:41	150		Senior	40
149	1273	João Jesus	00:22:13	00:44:14	00:43:34	145	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 1	31
150	1030	Pedro Vitor	00:21:22	00:44:14	00:44:06	170	CLUBE GRUPO BES	Veterano 2	33
151	655	Jose Dionisio	00:22:03	00:44:15	00:44:10	172	multiflow	Veterano 4	12
152	947	João Sequeira	00:23:07	00:44:16	00:43:30	140	CCDT Metro LX	Veterano 4	13
153	520	Stéphanie Sampaio	00:21:42	00:44:17	00:44:10	174	pastelaria Charlys	Senior	4
154	1858	João Luz	00:21:41	00:44:18	00:44:10	173	Pandilha Jovem	Veterano 1	32
155	423	Sergio Santos	00:22:17	00:44:21	00:44:03	167	NSC - Nós Somos Corredores	Veterano 1	33
156	485	Carlos Jacinto	00:22:01	00:44:24	00:43:53	160		Veterano 2	34
157	1558	Pedro Cardoso	00:22:37	00:44:27	00:43:37	147	Tartarugas Solidárias	Senior	41
158	502	Carlos Oliveira	00:21:57	00:44:30	00:44:05	169		Veterano 2	35
159	310	Paulo Neves	00:23:27	00:44:32	00:43:24	137		Senior	42
160	1707	João Lomba	00:23:27	00:44:32	00:43:24	136		Senior	43



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
161	570	Joao Pedro	00:22:40	00:44:32	00:43:43	154		Senior	44
162	569	Ricardo Casaca	00:22:40	00:44:32	00:43:43	153		Senior	45
163	919	Miriam Lopes	00:21:41	00:44:33	00:44:30	182	Clube EDP - Lisboa	Senior	5
164	1499	Vitor Risso	00:22:14	00:44:35	00:43:52	159	Fitness WorX Pinhal Novo	Veterano 3	14
165	20	Carlos Agostinho	00:22:56	00:44:36	00:44:02	166		Veterano 2	36
166	1015	Luís Oliveira	00:22:56	00:44:40	00:43:36	146		Senior	46
167	526	Amadeu Nazaré	00:22:55	00:44:41	00:42:51	121		Veterano 2	37
168	504	Luís Calmeiro	00:22:50	00:44:46	00:44:13	175		Veterano 3	15
169	617	Alberto Botas	00:22:57	00:44:46	00:43:42	152		Veterano 3	16
170	1083	Antonio Ramos	00:22:18	00:44:48	00:44:44	189	CCDEL - Efacec Carnaxide	Veterano 3	17
171	635	Hernâni Monteiro	00:22:15	00:44:50	00:44:41	188	Amigos Vale Silencio	Veterano 4	14
172	1258	Rui Machinho	00:22:31	00:44:54	00:44:07	171	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 1	34
173	1933	Alexandre Silva	00:21:41	00:44:54	00:44:51	194		Senior	47
174	400	David Azenha	00:22:08	00:44:57	00:44:53	198		Senior	48
175	1890	Paulo Carmo	00:21:19	00:44:58	00:44:57	203	A BOLA	Veterano 1	35
176	1150	Luis Cascão	00:22:24	00:44:59	00:44:48	193		Veterano 2	38
177	632	José Rebocho	00:21:36	00:44:59	00:44:23	179	Amigos Vale Silencio	Veterano 5	11
178	606	António Simões	00:22:17	00:45:00	00:44:51	195	G.D.R. São Francisco da Serra	Veterano 3	18
179	933	Alvaro Coelho	00:22:36	00:45:00	00:44:46	191	ACLIS LIBERTY SEGUROS	Veterano 5	12
180	129	Paulo Pais	00:21:41	00:45:01	00:44:53	199		Veterano 3	19



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
181	386	Ricardo Frade	00:22:55	00:45:02	00:44:15	176		Senior	49
182	1263	Faustino Pereirinha	00:21:44	00:45:05	00:45:01	204	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 2	39
183	1566	Vitor Moreira	00:22:15	00:45:05	00:44:57	202		Veterano 6	5
184	145	Mário Lopes	00:21:32	00:45:06	00:44:51	196	OS PERIGOSOS	Veterano 3	20
185	272	Luis Estevão	00:22:58	00:45:07	00:43:59	162		Veterano 3	21
186	253	Nuno Cruz	00:23:09	00:45:08	00:44:05	168		Veterano 1	36
187	1601	Joaquim Borrvalho	00:22:16	00:45:09	00:45:01	206	Grupo Desportivo e Cultural do Banco de Portug	Veterano 6	6
188	142	Helder Valadas	00:22:13	00:45:09	00:45:02	208	OS PERIGOSOS	Senior	50
189	366	Anibal Vieira	00:22:29	00:45:10	00:45:03	210	Imparáveis	Veterano 2	40
190	991	Carlos Bento	00:21:49	00:45:10	00:45:03	209	Rail Runners	Veterano 1	37
191	487	José Silva	00:24:02	00:45:13	00:43:40	148		Veterano 1	38
192	968	Luis Pereira	00:22:35	00:45:14	00:44:45	190	Flamingos Atletismo	Veterano 6	7
193	144	Alcides Nunes	00:22:22	00:45:15	00:45:01	205	OS PERIGOSOS	Veterano 5	13
194	1615	Pedro Caetano	00:20:56	00:45:15	00:44:52	197		Senior	51
195	1182	Nuno Valente	00:21:38	00:45:18	00:45:13	214	GDINE	Veterano 1	39
196	527	Ricardo Martins	00:23:00	00:45:19	00:43:43	156		Senior	52
197	454	Carlos Luz	00:22:49	00:45:21	00:44:55	200		Veterano 2	41
198	1259	Salvador Afonso	00:22:27	00:45:22	00:44:34	185	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 5	14
199	172	Armindo Queimado	00:22:42	00:45:24	00:45:11	212	ADCSA Baldio	Veterano 3	22
200	1165	Bruno Lourenço	00:23:09	00:45:26	00:44:22	177		Senior	53



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
201	438	Nuno Peixeiro	00:24:18	00:45:27	00:44:02	165		Veterano 1	40
202	1108	Fredy Henriques	00:23:53	00:45:29	00:43:32	142		Senior	54
203	1157	Augusto Fernandes	00:22:17	00:45:33	00:45:30	227	10 P`ras 11	Veterano 3	23
204	905	Pedro Pereira	00:22:09	00:45:33	00:44:30	181		Senior	55
205	1605	Joaquim Ferrão	00:22:28	00:45:35	00:45:20	218	Grupo Desportivo e Cultural do Banco de Portug	Veterano 4	15
206	298	Vitor Bragança	00:22:54	00:45:36	00:45:22	219		Veterano 2	42
207	281	Pedro Sesões	00:22:14	00:45:38	00:45:10	211		Veterano 3	24
208	850	Romeu Colaço	00:23:09	00:45:43	00:44:56	201		Senior	56
209	241	Jose Andrade	00:23:04	00:45:44	00:45:35	229		Veterano 3	25
210	1148	Nicolau Ferreira	00:22:00	00:45:48	00:45:41	232	pastelaria Charlys	Senior	57
211	765	José Delca	00:21:15	00:45:51	00:45:48	244	Bombeiros Voluntários de Montemor-O-Novo	Junior	4
212	552	Pedro Palma	00:22:34	00:45:58	00:45:46	242		Senior	58
213	779	António Raimundo	00:21:20	00:45:58	00:45:55	248	Bombeiros Voluntários de Montemor-O-Novo	Junior	5
214	1698	Pedro Martins	00:23:15	00:45:59	00:44:41	187	Vulcanense FC	Senior	59
215	305	Renato Maurício	00:22:25	00:46:03	00:45:56	250		Veterano 2	43
216	1205	Vicente Aperta	00:23:15	00:46:03	00:45:02	207	Barbus Atletismo	Veterano 3	26
217	549	Paulo Sousa	00:22:28	00:46:04	00:45:22	220		Veterano 1	41
218	463	Emanuel Rodrigues	00:24:20	00:46:08	00:44:48	192		Veterano 1	42
219	882	Vasco Paulo	00:24:35	00:46:08	00:44:28	180		Senior	60
220	761	Abilio Catarro	00:22:16	00:46:09	00:46:07	258	Bombeiros Voluntários de Montemor-O-Novo	Veterano 5	15



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
221	763	José Varela	00:20:52	00:46:09	00:46:02	254	Bombeiros Voluntários de Montemor-O-Novo	Veterano 2	44
222	760	José Marques	00:22:43	00:46:09	00:46:07	259	Bombeiros Voluntários de Montemor-O-Novo	Veterano 4	16
223	917	Pedro Vieira	00:22:47	00:46:10	00:45:44	236		Senior	61
224	1294	Pedro Figueiredo	00:22:25	00:46:11	00:45:38	230	Imparáveis	Senior	62
225	948	João Miranda	00:23:15	00:46:11	00:45:45	240	CCDT Metro LX	Veterano 4	17
226	658	Filipe Nunes	00:22:47	00:46:12	00:45:46	241		Senior	63
227	1197	António Soares	00:22:59	00:46:13	00:45:29	226		Veterano 1	43
228	102	Henrique Pereira	00:22:34	00:46:14	00:45:49	245	team preno metal	Veterano 1	44
229	1161	Filipe Runa	00:23:46	00:46:15	00:44:22	178	Fura Provas	Veterano 1	45
230	1158	Manuel Mendes	00:22:24	00:46:15	00:46:13	264	10 P`ras 11	Veterano 3	27
231	1676	Sergio Escanho	00:21:38	00:46:18	00:46:09	262		Veterano 1	46
232	965	Jose Costa	00:22:35	00:46:21	00:46:06	256	Flamingos Atletismo	Veterano 3	28
233	198	José Ferreira	00:22:10	00:46:21	00:45:42	234		Veterano 3	29
234	1006	Alexandre Oliveira	00:23:00	00:46:24	00:45:19	216		Veterano 1	47
235	1585	Rui Pires	00:22:28	00:46:25	00:45:45	237		Veterano 1	48
236	839	Carlos Rangel	00:23:12	00:46:26	00:46:13	263		Veterano 6	8
237	256	Rafael Lavouras	00:22:15	00:46:26	00:46:15	265		Veterano 3	30
238	1352	Jacome Silva	00:23:56	00:46:26	00:46:04	255		Senior	64
239	1857	Jose Filho	00:23:23	00:46:26	00:45:22	221	Beja Atletico Clube	Veterano 4	18
240	1541	Ruben Valadão	00:24:17	00:46:27	00:44:41	186	Os Bonitos	Senior	65



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
241	1261	Anastacio Valadas	00:23:28	00:46:27	00:46:07	260	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 6	9
242	1033	Sílvia Paiva	00:24:24	00:46:27	00:44:32	183	CLUBE GRUPO BES	Veterano 6	10
243	1027	Luís Godinho	00:24:23	00:46:29	00:44:33	184	CLUBE GRUPO BES	Veterano 3	31
244	328	Vitor Martins	00:21:05	00:46:30	00:46:22	269		Senior	66
245	659	Hugo Nunes	00:22:50	00:46:32	00:46:06	257		Senior	67
246	855	Paulo Faustino	00:23:46	00:46:35	00:45:47	243	Lagoa da Pedra & Arredores Running Team	Veterano 1	49
247	619	Vitor Pereira	00:22:44	00:46:35	00:45:28	224		Veterano 4	19
248	1358	Nuno Inácio	00:22:43	00:46:35	00:45:28	225		Senior	68
249	731	Cláudio Torrinha	00:23:40	00:46:35	00:45:11	213	ROSA MOTA CREW	Senior	69
250	953	José Prior	00:22:33	00:46:37	00:46:29	273		Veterano 2	45
251	1053	Frederico Pereira	00:23:55	00:46:39	00:45:31	228		Junior	6
252	1671	António Silva	00:22:55	00:46:42	00:46:24	270		Veterano 4	20
253	1354	Luís Fidalgo	00:23:33	00:46:44	00:46:20	267		Veterano 2	46
254	451	Ivo Alves	00:22:44	00:46:45	00:46:38	279		Senior	70
255	353	Joao Lopes	00:24:40	00:46:45	00:45:43	235		Senior	71
256	1405	Carlos Palma	00:24:49	00:46:45	00:45:27	223	C.A. Amigos Parque da Paz	Veterano 5	16
257	1765	António Duarte	00:23:09	00:46:47	00:46:39	283		Veterano 4	21
258	630	José Moga	00:23:53	00:46:48	00:46:21	268	Amigos Vale Silencio	Veterano 5	17
259	143	Bento Valente	00:23:05	00:46:50	00:46:45	288	OS PERIGOSOS	Veterano 3	32
260	1473	Pedro Eugénio	00:22:59	00:46:51	00:46:32	276		Veterano 2	47



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
261	192	Ramiro Henriques	00:24:18	00:46:51	00:45:26	222		Veterano 4	22
262	242	Pedro Ribeiro	00:23:47	00:46:56	00:45:58	252		Veterano 1	50
263	1647	Gustavo Mendes	00:23:44	00:46:58	00:45:45	238	Os Kamarros	Veterano 2	48
264	1298	Helder Tavares	00:23:59	00:46:59	00:46:27	271		Veterano 1	51
265	450	Pedro Silveira	00:23:19	00:47:02	00:45:52	246		Veterano 1	52
266	1839	José Pedro	00:23:48	00:47:05	00:45:53	247		Veterano 2	49
267	1256	Nuno Damiães	00:23:06	00:47:05	00:46:45	289	GRUPO DESPORTIVO SANTANDER TOTTA	Senior	72
268	1645	João Dias	00:23:45	00:47:07	00:45:58	251	Os Kamarros	Veterano 2	50
269	323	António Mendes	00:23:18	00:47:07	00:46:19	266		Veterano 4	23
270	302	Luis Antunes	00:23:04	00:47:09	00:46:52	296	RB RUNNING	Veterano 2	51
271	603	Fernando Sobral	00:24:11	00:47:10	00:45:55	249	G.D.R. São Francisco da Serra	Veterano 5	18
272	1874	Joao Abreu	00:24:59	00:47:11	00:45:13	215		Senior	73
273	1522	Andre Martins	00:24:12	00:47:11	00:45:20	217		Senior	74
274	1287	Pedro Marinho	00:23:07	00:47:11	00:47:07	309		Veterano 2	52
275	812	Bento Raminhos	00:23:04	00:47:12	00:46:54	298		Veterano 2	53
276	1414	Silvino Marreiros	00:22:57	00:47:14	00:46:59	303		Veterano 3	33
277	637	Fernando Silva	00:23:54	00:47:15	00:46:49	294	Amigos Vale Silencio	Veterano 3	34
278	1790	João Lázaro	00:22:22	00:47:16	00:47:11	317	SapexGroup Team	Senior	75
279	1787	Luis Trigo	00:22:22	00:47:16	00:47:11	316	SapexGroup Team	Veterano 3	35
280	1791	Cláudio Moço	00:22:22	00:47:16	00:47:07	311	SapexGroup Team	Senior	76



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
281	1202	Tiago Guerreiro	00:23:24	00:47:17	00:47:07	310	NSC - Nós Somos Corredores	Senior	77
282	300	Ricardo Tavares	00:23:16	00:47:18	00:46:40	284		Senior	78
283	867	Rui Oliveira	00:23:16	00:47:18	00:46:39	282		Veterano 2	54
284	464	Rui Martins	00:24:22	00:47:22	00:46:02	253		Veterano 2	55
285	58	Pedro Dias	00:24:56	00:47:22	00:45:39	231		Senior	79
286	942	Honorato Moura	00:23:52	00:47:23	00:46:37	278	CCDT Metro LX	Senior	80
287	1039	Jose Martins	00:24:30	00:47:24	00:46:46	290		Veterano 3	36
288	486	Edgar Marques	00:22:56	00:47:26	00:46:55	300		Senior	81
289	1055	Selene Lima	00:23:53	00:47:26	00:47:10	314	Os Mutolas	Senior	6
290	715	Rui Paulino	00:23:43	00:47:28	00:47:15	319		Veterano 2	56
291	465	Pedro Felício	00:22:49	00:47:28	00:46:59	304		Veterano 2	57
292	59	Paulo Pacheco	00:24:55	00:47:28	00:45:45	239		Senior	82
293	863	José Santos	00:23:09	00:47:32	00:47:30	330	C.C.D. "O ALVITEJO"	Veterano 5	19
294	744	Feliciano Carvalho	00:24:28	00:47:36	00:46:29	272		Veterano 3	37
295	1278	Jose Pereira	00:24:29	00:47:36	00:46:49	292	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 2	58
296	1018	Miguel Franco	00:24:11	00:47:36	00:46:29	275		Senior	83
297	273	Gilberto Pereira	00:23:03	00:47:38	00:47:27	326		Veterano 1	53
298	616	Jose Silva	00:24:00	00:47:39	00:46:42	286		Veterano 3	38
299	1077	Rui Raposinho	00:23:38	00:47:40	00:46:56	301	CCDEL - Efacec Carnaxide	Veterano 1	54
300	573	Ricardo Costa	00:22:37	00:47:40	00:47:06	308		Veterano 1	55



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
301	651	Marco Morgado	00:24:28	00:47:40	00:46:42	287		Senior	84
302	548	João Serras	00:24:29	00:47:40	00:46:41	285		Veterano 1	56
303	928	Rui Baltazar	00:23:21	00:47:43	00:47:28	329	ACLIS LIBERTY SEGUROS	Veterano 3	39
304	279	João Revés	00:23:41	00:47:43	00:46:58	302	Lesmas Alopradas	Veterano 2	59
305	558	Edgar Ferreira	00:25:03	00:47:44	00:45:41	233		Senior	85
306	1013	Vitor Santos	00:24:29	00:47:45	00:46:39	281		Senior	86
307	70	João Melo	00:23:46	00:47:45	00:47:24	323		Veterano 4	24
308	1417	Paula Ventura	00:24:10	00:47:47	00:47:25	325	Rock & Roll	Veterana	3
309	105	Bruno Gonçalves	00:26:34	00:47:48	00:46:08	261		Senior	87
310	332	Paulo Baptista	00:23:14	00:47:49	00:47:47	346		Veterano 3	40
311	349	Isauro Gigante	00:24:07	00:47:52	00:46:50	295		Veterano 3	41
312	1610	Alexandre Pereira	00:23:42	00:47:53	00:47:19	321		Veterano 1	57
313	396	Pedro Dias	00:23:44	00:47:56	00:47:14	318		Senior	88
314	631	Filipe Ramalho	00:23:23	00:47:57	00:47:30	331	Amigos Vale Silencio	Senior	89
315	331	Vasco Oliveira	00:23:42	00:47:57	00:47:24	324		Veterano 4	25
316	278	Paulo Antunes	00:23:28	00:47:58	00:47:18	320	Lesmas Alopradas	Veterano 3	42
317	1122	José Ribeiro	00:24:14	00:48:00	00:47:27	328		Senior	90
318	1612	Artur Torres	00:23:37	00:48:00	00:47:49	348		Senior	91
319	703	Pedro Santos	00:23:35	00:48:00	00:47:51	349		Senior	92
320	85	Carla Carmona	00:23:49	00:48:01	00:47:42	341		Senior	7



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
321	178	Carlos Craveira	00:24:06	00:48:01	00:46:53	297	AC TEAM	Veterano 2	60
322	1850	Paulo Ventura	00:24:27	00:48:02	00:47:08	312	Açoreana Clube Banif	Veterano 2	61
323	1854	Nuno Forte	00:24:27	00:48:02	00:47:09	313	Açoreana Clube Banif	Veterano 2	62
324	1802	Nuno Pereira	00:23:05	00:48:03	00:47:59	356	Sporting Clube de Casainhos	Veterano 2	63
325	237	Eduardo Rodrigues	00:24:05	00:48:05	00:47:27	327		Veterano 2	64
326	1351	Eduardo Álvaro	00:23:12	00:48:07	00:48:00	357		Veterano 5	20
327	1293	José Pequeno	00:24:23	00:48:07	00:47:03	305	CLUBE GRUPO BES	Veterano 1	58
328	859	Rui Barbosa	00:24:07	00:48:08	00:47:42	342		Veterano 2	65
329	1830	Fernando Costa	00:24:21	00:48:09	00:46:33	277		Veterano 1	59
330	245	Almerindo Silva	00:23:40	00:48:11	00:47:41	338	A.D.C.Catujal	Veterano 4	26
331	1437	Carlos Fortunato	00:22:57	00:48:13	00:48:04	362		Veterano 4	27
332	1486	Mário Romão	00:24:04	00:48:17	00:48:11	370		Veterano 2	66
333	452	Carlos Margato	00:22:50	00:48:17	00:48:02	360		Veterano 3	43
334	685	Rodrigo Augusto	00:24:45	00:48:20	00:48:11	369	pastelaria Charlys	Junior	7
335	347	Frederico Leão	00:23:41	00:48:20	00:47:40	337		Veterano 1	60
336	63	Pedro Evangelista	00:25:20	00:48:20	00:46:38	280		Senior	93
337	224	José Martins	00:23:34	00:48:26	00:47:48	347		Veterano 6	11
338	372	Nuno Pereira	00:24:15	00:48:26	00:47:11	315		Senior	94
339	1327	Ricardo Batista	00:24:11	00:48:28	00:48:00	359		Junior	8
340	1609	Pedro Almeida	00:24:29	00:48:28	00:47:37	335		Veterano 5	21



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
341	91	Paulo Torres	00:25:13	00:48:29	00:46:49	293		Veterano 2	67
342	1618	Joaquim Carrufa	00:24:58	00:48:30	00:47:52	350		Veterano 2	68
343	179	Nuno Lima	00:25:04	00:48:32	00:46:29	274		Senior	95
344	1665	André Albino	00:22:49	00:48:34	00:48:09	365		Senior	96
345	823	Jorge Costa	00:23:39	00:48:35	00:47:54	352	SPORTING CLUBE LAVRADIENSE	Veterano 3	44
346	810	Carlos Nunes	00:23:22	00:48:36	00:48:24	376		Veterano 1	61
347	1109	Nuno Perlouro	00:25:30	00:48:37	00:47:30	332	CASA DO PESSOAL DA RTP	Veterano 2	69
348	31	Nelson Vieira	00:24:41	00:48:37	00:48:09	367	CGD	Senior	97
349	1824	Nuno Costa	00:23:18	00:48:38	00:48:18	371	Run4Living	Veterano 1	62
350	1184	Demétrio Cardoso	00:23:26	00:48:38	00:48:34	386		Veterano 3	45
351	683	Jorge Gonçalves	00:24:50	00:48:40	00:47:58	354		Veterano 3	46
352	507	João Fernandes	00:24:17	00:48:40	00:47:55	353		Veterano 1	63
353	1078	Americo Santos	00:24:00	00:48:42	00:47:58	355	CCDEL - Efacec Carnaxide	Veterano 5	22
354	37	Tiago Santos	00:23:18	00:48:44	00:48:40	394	SOV	Junior	9
355	985	Fábio Marques	00:26:07	00:48:45	00:46:47	291	pastelaria Charlys	Senior	98
356	120	Constâncio Martins	00:24:02	00:48:46	00:48:27	380		Veterano 5	23
357	1648	Ricardo Santos	00:26:53	00:48:46	00:48:08	364	pastelaria Charlys	Senior	99
358	334	Carlos Nazário	00:24:51	00:48:47	00:47:34	334		Senior	100
359	1703	Otilio Santos	00:23:24	00:48:48	00:48:43	396		Senior	101
360	1687	Vitor Rafael	00:23:18	00:48:49	00:48:37	389	Açoreana Clube Banif	Veterano 4	28



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
361	648	Bruno Fera	00:23:35	00:48:49	00:48:31	384		Veterano 1	64
362	1540	Valter Teixeira	00:25:27	00:48:50	00:47:04	306	Os Bonitos	Senior	102
363	1014	Paulo Procópio	00:24:31	00:48:51	00:47:47	345		Veterano 1	65
364	626	Raul Correia	00:24:16	00:48:52	00:48:35	388		Veterano 3	47
365	1686	Tam Afonso	00:24:20	00:48:52	00:48:45	399	Açoreana Clube Banif	Veterano 6	12
366	877	Egídio Silva	00:23:34	00:48:52	00:48:27	379	SS CGD	Veterano 4	29
367	1870	André Nunes	00:24:59	00:48:53	00:46:55	299		Senior	103
368	1051	Daniel Neves	00:25:07	00:48:54	00:47:40	336		Senior	104
369	960	David Saraiva	00:24:07	00:48:55	00:48:19	372		Senior	105
370	193	José Belchior	00:23:38	00:48:55	00:48:49	400		Veterano 6	13
371	116	José Henriques	00:23:36	00:48:55	00:48:50	401		Veterano 5	24
372	1696	Daniel Alfélua	00:24:17	00:48:56	00:47:44	343	Vulcanense FC	Senior	106
373	926	Ricardo Silva	00:24:34	00:48:58	00:48:03	361	ACLIS LIBERTY SEGUROS	Senior	107
374	1160	António Cardoso	00:24:18	00:48:59	00:47:06	307	Fura Provas	Senior	108
375	1855	Ricardo Esteves	00:24:15	00:48:59	00:48:55	407	Multi Mall Management	Veterano 2	70
376	1806	Rodrigo Oliveira	00:23:10	00:49:00	00:48:45	398	Sporting Clube de Casainhos	Veterano 6	14
377	208	Nuno Garrana	00:24:26	00:49:01	00:48:04	363		Veterano 1	66
378	634	Joaquim Damas	00:24:31	00:49:02	00:48:21	375	Amigos Vale Silencio	Veterano 5	25
379	246	Humberto Gouveia	00:23:33	00:49:03	00:48:30	382		Senior	109
380	550	Carlos Antunes	00:24:32	00:49:06	00:47:45	344		Veterano 4	30



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
381	866	Ricardo Vicente	00:24:07	00:49:07	00:48:39	391		Senior	110
382	207	David Bernardo	00:24:17	00:49:10	00:48:34	387		Senior	111
383	1275	Jose Louças	00:25:05	00:49:11	00:47:53	351	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 6	15
384	1070	José Ribeiro	00:25:19	00:49:12	00:47:41	339	Falcões Selvagens	Veterano 3	48
385	265	Rui Palma	00:24:13	00:49:12	00:48:39	393		Veterano 3	49
386	1798	Bruno Matos	00:24:24	00:49:12	00:48:00	358		Veterano 1	67
387	777	Diogo Carneiro	00:23:51	00:49:12	00:49:09	418	Bombeiros Voluntários de Montemor-O-Novo	Junior	10
388	770	Mário Grilo	00:23:51	00:49:15	00:49:13	426	Bombeiros Voluntários de Montemor-O-Novo	Junior	11
389	767	Nuno Rebocho	00:23:51	00:49:15	00:49:13	423	Bombeiros Voluntários de Montemor-O-Novo	Senior	112
390	1282	Lino Marco	00:25:01	00:49:15	00:48:29	381	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 1	68
391	1557	Brigitte Cardoso	00:24:48	00:49:15	00:48:25	378	Tartarugas Solidárias	Senior	8
392	576	José Ribeiro	00:24:51	00:49:15	00:48:43	397		Veterano 5	26
393	982	João Malato	00:24:34	00:49:16	00:49:04	416		Veterano 2	71
394	38	Gonçalo Mareco	00:23:21	00:49:19	00:49:15	429	SOV	Senior	113
395	1103	Paulo Fernandes	00:25:20	00:49:20	00:47:22	322		Senior	114
396	993	Manuel António	00:23:43	00:49:21	00:49:13	425	Rail Runners	Veterano 2	72
397	921	Parente Rodrigues	00:23:42	00:49:23	00:49:17	431	Clube EDP - Lisboa	Veterano 5	27
398	1669	Abel Gonçalves	00:24:09	00:49:23	00:49:12	422		Veterano 1	69
399	297	João Loução	00:24:46	00:49:24	00:48:10	368		Senior	115
400	649	Gilberto Gonçalves	00:24:10	00:49:24	00:48:54	406	RECREATIVO DE ALVORADA	Veterano 6	16



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
401	1274	Joao Rocha	00:24:09	00:49:24	00:49:20	437	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 6	17
402	701	Joaquim Seco	00:24:07	00:49:24	00:48:59	409		Veterano 2	73
403	138	António Raposo	00:23:56	00:49:27	00:49:01	412		Veterano 3	50
404	321	Carla Marques	00:24:30	00:49:28	00:49:01	413		Veterana	4
405	1344	Vasco Quental	00:24:10	00:49:28	00:48:50	402		Veterano 4	31
406	1514	Pedro Sequeira	00:24:31	00:49:29	00:49:03	415		Veterano 3	51
407	1927	Fernando Lopes	00:26:01	00:49:31	00:47:32	333		Senior	116
408	885	António Cardoso	00:25:22	00:49:32	00:48:21	373		Veterano 2	74
409	875	Bruno Oliveira	00:23:51	00:49:33	00:49:15	430	SS CGD	Veterano 1	70
410	239	André Martins	00:24:51	00:49:33	00:49:00	411		Senior	117
411	1519	Ana Silva	00:25:09	00:49:35	00:48:34	385		Senior	9
412	1546	Constântino Mendão	00:25:11	00:49:35	00:48:39	392	Associação de Atletismo Lebres do Sado	Veterano 4	32
413	696	Andre Janota	00:26:45	00:49:41	00:47:42	340	pes_de_chumbo	Senior	118
414	1476	Bruno Guerra	00:23:52	00:49:45	00:49:29	447		Senior	119
415	989	Cristóbal Pérez	00:23:54	00:49:46	00:49:36	453		Veterano 1	71
416	778	Diogo Silva	00:22:29	00:49:49	00:49:45	460	Bombeiros Voluntários de Montemor-O-Novo	Junior	12
417	762	Agostinho Pinto	00:24:04	00:49:49	00:49:42	458	Bombeiros Voluntários de Montemor-O-Novo	Veterano 5	28
418	98	Carlos Conceição	00:25:50	00:49:51	00:49:21	438		Senior	120
419	109	Joao Dias	00:24:55	00:49:52	00:49:10	421		Veterano 3	52
420	962	Tiagomiguel Mateus	00:25:32	00:49:54	00:48:21	374		Senior	121



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
421	252	José Sousa	00:25:20	00:49:54	00:49:14	427		Veterano 3	53
422	1403	David Clemente	00:24:41	00:49:55	00:49:05	417	POWER RANGERS	Senior	122
423	1431	Pedro Gandara	00:25:22	00:49:56	00:48:59	410	BB runners	Veterano 2	75
424	1225	Fernando Marques	00:23:58	00:49:57	00:49:28	446		Veterano 3	54
425	1920	Ricardo Arouca	00:25:08	00:49:57	00:48:43	395		Senior	123
426	191	José Ramalho	00:24:27	00:49:57	00:49:45	461		Veterano 1	72
427	17	Martins Barata	00:24:16	00:50:00	00:49:39	456	Ferroviário de Portugal	Veterano 6	18
428	1406	Sérgio Pereira	00:25:02	00:50:00	00:48:25	377	Pernas de Gafanhoto	Senior	124
429	1565	David Cordeiro	00:25:42	00:50:01	00:49:10	420	Tartarugas Solidárias	Senior	125
430	1241	Tiago Carvalho	00:25:05	00:50:05	00:48:51	403		Senior	126
431	87	Rui Azevedo	00:24:53	00:50:06	00:49:30	449		Veterano 2	76
432	1106	Ismael Santos	00:25:43	00:50:07	00:48:09	366		Senior	127
433	118	Jorge Magalhães	00:24:54	00:50:07	00:49:27	444		Veterano 3	55
434	743	José Serra	00:24:27	00:50:08	00:49:59	471	Bué da Serras	Veterano 6	19
435	664	Jaime Mestre	00:25:22	00:50:09	00:49:26	443	grupo desportivo os águias da moita	Veterano 2	77
436	1283	Lino Oliveira	00:25:04	00:50:09	00:49:23	441	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 6	20
437	663	Carlos Seco	00:25:22	00:50:09	00:49:27	445	grupo desportivo os águias da moita	Veterano 4	33
438	1265	Bruno Girão	00:25:04	00:50:10	00:49:24	442	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 1	73
439	1715	Marcelo Prates	00:22:54	00:50:11	00:49:37	454		Senior	128
440	515	Paulo Santos	00:26:04	00:50:15	00:48:53	404		Senior	129



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
441	832	Luis Gutierrez	00:25:14	00:50:16	00:49:09	419		Veterano 4	34
442	378	Tiago Lucas	00:25:11	00:50:17	00:48:37	390		Senior	130
443	1680	João Pinto	00:25:15	00:50:20	00:49:45	462	Grupo de Atletas de Monsanto/Gascan	Veterano 4	35
444	1174	Carlos Silva	00:24:49	00:50:20	00:50:03	474		Veterano 2	78
445	1533	Norberto Marques	00:25:50	00:50:25	00:49:36	451	running of D ^a Maria	Veterano 2	79
446	1031	Ricardo Silva	00:24:05	00:50:25	00:49:54	469	CLUBE GRUPO BES	Veterano 1	74
447	1667	José Andrade	00:25:55	00:50:29	00:48:31	383	Mwangolé	Veterano 5	29
448	1600	Bruno Gaspar	00:25:44	00:50:30	00:49:32	450		Veterano 1	75
449	1929	Pedro Silva	00:25:30	00:50:34	00:49:17	432		Senior	131
450	103	Luis Sousa	00:24:37	00:50:34	00:50:09	480	team preno metal	Veterano 1	76
451	1736	Carlos Santos	00:25:07	00:50:35	00:49:18	435		Senior	132
452	1461	Mark Ribeiro	00:26:48	00:50:36	00:49:39	457	Ginásio Vivência Explosiva	Senior	133
453	1835	António Simão	00:25:00	00:50:36	00:50:29	496	C.C.D. "O ALVITEJO"	Veterano 6	21
454	1825	Nelson Bento	00:25:16	00:50:36	00:49:36	452		Veterano 1	77
455	257	Rui Gomes	00:24:06	00:50:37	00:50:20	491		Senior	134
456	1322	Carlos Costa	00:25:26	00:50:37	00:50:11	484	Amigos Vale Silencio	Senior	135
457	607	José Santos	00:25:34	00:50:38	00:49:22	440	G.D.R. São Francisco da Serra	Veterano 4	36
458	581	Artur Santos	00:25:39	00:50:39	00:50:05	476		Senior	136
459	671	Carlos Jesus	00:25:39	00:50:39	00:50:06	477	O MUNDO DA CORRIDA	Veterano 1	78
460	625	Arlindo Almeida	00:25:24	00:50:40	00:49:44	459		Senior	137



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
461	967	Pedro Silva	00:25:53	00:50:40	00:50:24	492	Flamingos Atletismo	Veterano 5	30
462	1346	Paulo Almeida	00:24:38	00:50:45	00:50:31	498		Veterano 1	79
463	564	Ricardo Anacleto	00:25:54	00:50:45	00:50:27	494		Veterano 1	80
464	912	Pedro Conceição	00:25:35	00:50:47	00:49:21	439		Senior	138
465	818	João Silva	00:26:26	00:50:48	00:49:02	414		Senior	139
466	896	Fernando Brito	00:25:48	00:50:49	00:49:52	468		Veterano 2	80
467	660	João Catatão	00:25:36	00:50:51	00:49:47	463		Veterano 2	81
468	793	Nuno Charrua	00:25:12	00:50:53	00:50:20	490		Veterano 1	81
469	1024	Jorge Pereira	00:27:15	00:50:53	00:48:58	408	CLUBE GRUPO BES	Veterano 5	31
470	1025	José Pedro	00:27:03	00:50:53	00:48:53	405	CLUBE GRUPO BES	Veterano 6	22
471	958	David Ventura	00:26:21	00:50:55	00:49:15	428		Veterano 1	82
472	1229	José Coelho	00:24:52	00:50:55	00:50:36	506		Veterano 2	82
473	1375	Énio Pólvora	00:25:28	00:50:55	00:50:19	489		Senior	140
474	261	Luis Amorim	00:25:54	00:51:00	00:50:11	483	N.A.BDF	Veterano 5	32
475	407	Fernando Gonçalves	00:24:12	00:51:00	00:50:41	507		Veterano 3	56
476	1309	Gabriel Pinheiro	00:27:35	00:51:01	00:49:17	434	pastelaria Charlys	Senior	141
477	1310	Josemar Gomes	00:27:35	00:51:01	00:49:17	433	pastelaria Charlys	Senior	142
478	1789	Helder Guerreiro	00:25:00	00:51:03	00:50:54	515	SappecGroup Team	Veterano 1	83
479	1483	Rolando Moreira	00:26:25	00:51:04	00:50:16	486		Veterano 2	83
480	189	Julio Candeias	00:25:35	00:51:04	00:49:39	455		Senior	143



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
481	925	Fernando Nuno	00:24:35	00:51:04	00:50:09	479	ACLIS LIBERTY SEGUROS	Veterano 4	37
482	66	António Lourenço	00:26:27	00:51:05	00:49:18	436		Veterano 2	84
483	1404	Madalena Fontinhas	00:25:40	00:51:05	00:50:14	485	POWER RANGERS	Senior	10
484	155	Nelito Calixto	00:25:16	00:51:09	00:50:52	510	FDNC	Senior	144
485	1749	Antonio Alves	00:25:23	00:51:09	00:49:13	424		Veterano 2	85
486	1513	Hélio Santos	00:24:07	00:51:13	00:51:02	519		Veterano 2	86
487	654	Paulo Santos	00:26:35	00:51:15	00:49:48	464	multiflow	Veterano 1	84
488	227	Júlio Teran	00:25:12	00:51:15	00:50:10	482		Junior	13
489	815	Rui Almeida	00:25:20	00:51:17	00:50:53	512		Veterano 1	85
490	1050	Pedro Pereira	00:24:48	00:51:18	00:49:54	470		Senior	145
491	1094	Jose Paulino	00:26:04	00:51:18	00:50:55	516		Veterano 3	57
492	851	Fernando Vergamota	00:26:51	00:51:20	00:50:02	473	C.A. Amigos Parque da Paz	Veterano 5	33
493	519	Ligia Gonçalves	00:25:39	00:51:23	00:50:53	513	pastelaria Charlys	Veterana	5
494	14	Fernando Pestana	00:24:24	00:51:24	00:51:14	530	Ferroviário de Portugal	Veterano 6	23
495	583	Antonio Severino	00:24:20	00:51:26	00:51:20	535		Veterano 2	87
496	934	Jose Costa	00:25:52	00:51:26	00:51:21	536	ACLIS LIBERTY SEGUROS	Veterano 6	24
497	694	Pedro Rodrigues	00:27:03	00:51:28	00:49:29	448	pes_de_chumbo	Senior	146
498	700	Pedro Valente	00:25:59	00:51:31	00:50:31	497		Senior	147
499	714	Helder Garção	00:25:59	00:51:31	00:50:33	501		Senior	148
500	1509	Diogo Oliveira	00:27:26	00:51:31	00:50:02	472	Fitness WorX Pinhal Novo	Senior	149



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
501	1523	Helder Romano	00:27:20	00:51:33	00:50:18	488		Veterano 3	58
502	670	Marco Cachinho	00:25:03	00:51:33	00:50:16	487		Senior	150
503	275	Nuno Antunes	00:24:15	00:51:33	00:51:29	544		Veterano 1	86
504	113	Sandro Ribeiro	00:24:32	00:51:34	00:51:27	543	FreeRunners	Senior	151
505	1341	Vitor Teixeira	00:26:40	00:51:35	00:49:49	465		Veterano 4	38
506	81	Tomás Sousa	00:25:36	00:51:35	00:50:49	508	Os Super	Veterano 1	87
507	963	Aníbal Santos	00:23:52	00:51:38	00:51:29	546		Veterano 3	59
508	149	João Freire	00:25:34	00:51:38	00:50:24	493		Senior	152
509	1624	Rui Martins	00:25:19	00:51:38	00:50:35	504		Veterano 1	88
510	1516	Bruno Dâmaso	00:26:25	00:51:38	00:50:50	509		Senior	153
511	489	Claudio Fragoso	00:25:27	00:51:43	00:51:18	533	C.A.T - Barreiro	Veterano 1	89
512	503	Fernando Martinho	00:24:56	00:51:43	00:51:25	540		Veterano 4	39
513	430	Luis Cruz	00:24:53	00:51:43	00:51:25	541		Veterano 2	88
514	1096	Claudio Goncalves	00:26:08	00:51:44	00:50:32	500		Senior	154
515	645	João Mendes	00:25:33	00:51:44	00:51:32	549		Veterano 2	89
516	203	Manuel Ruivo	00:27:34	00:51:45	00:51:17	532		Veterano 1	90
517	1366	João Felicissimo	00:25:25	00:51:45	00:51:29	545		Veterano 1	91
518	695	Pedro Lopes	00:27:04	00:51:49	00:49:50	467	pes_de_chumbo	Senior	155
519	693	Jorge Alves	00:27:04	00:51:49	00:49:49	466	pes_de_chumbo	Senior	156
520	1617	António Pereira	00:25:34	00:51:50	00:51:13	527		Veterano 6	25



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
521	1253	Paulo Ferreira	00:24:39	00:51:54	00:51:36	554		Veterano 1	92
522	461	João Sousa	00:27:08	00:51:55	00:50:04	475		Junior	14
523	136	Paula Luís	00:26:21	00:51:55	00:50:57	518		Veterana	6
524	289	Fernando Silva	00:25:33	00:51:55	00:50:53	514		Veterano 1	93
525	301	João Candeias	00:25:42	00:51:57	00:50:10	481		Veterano 1	94
526	1885	Ivo Quendera	00:25:41	00:52:02	00:50:07	478		Veterano 2	90
527	1137	Silvério Rodrigues	00:25:26	00:52:03	00:51:33	550	Espadas	Veterano 6	26
528	1462	Bruno Ribeiro	00:26:48	00:52:07	00:51:12	526	Ginásio Vivência Explosiva	Veterano 1	95
529	1538	Vitor Candeias	00:26:24	00:52:10	00:51:05	522		Veterano 2	91
530	687	Luís Carvalho	00:26:56	00:52:10	00:50:28	495		Senior	157
531	1319	Eduardo Brito	00:25:28	00:52:12	00:51:06	523		Junior	15
532	764	Manuel António	00:25:24	00:52:12	00:51:33	551	Bombeiros Voluntários de Montemor-O-Novo	Senior	158
533	1337	Arménio Andrade	00:26:20	00:52:14	00:51:31	547	ACS-Amigos da Corrida de Salvaterra	Veterano 6	27
534	684	José Augusto	00:24:58	00:52:14	00:52:06	581	pastelaria Charllys	Veterano 3	60
535	516	Ricardo Silva	00:28:17	00:52:17	00:50:55	517		Senior	159
536	1786	João Inês	00:27:04	00:52:21	00:50:32	499		Senior	160
537	74	Paulo Lopes	00:27:05	00:52:22	00:51:16	531		Veterano 3	61
538	1628	Jorge Loureiro	00:25:20	00:52:24	00:51:56	569		Senior	161
539	966	Januario Bona	00:23:13	00:52:25	00:52:22	600	Flamingos Atletismo	Veterano 6	28
540	1881	Bruno Claro	00:24:14	00:52:25	00:52:22	599		Senior	162



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
541	410	Carlos Dias	00:26:56	00:52:27	00:50:35	505		Senior	163
542	524	Joao Vieira	00:24:24	00:52:27	00:52:09	583		Veterano 1	96
543	816	João Sacramento	00:25:11	00:52:29	00:52:04	579		Senior	164
544	808	Norberto Silva	00:26:16	00:52:29	00:51:14	528		Veterano 1	97
545	177	Andreia Oliveira	00:25:59	00:52:30	00:51:22	538	AC TEAM	Senior	11
546	657	Jose Vermelhudo	00:25:33	00:52:31	00:52:09	582		Veterano 4	40
547	1196	Nuno Pires	00:27:12	00:52:31	00:51:19	534		Senior	165
548	1746	Carlos Dias	00:27:10	00:52:32	00:51:11	525		Senior	166
549	433	Miguel Santos	00:24:29	00:52:32	00:52:19	596		Senior	167
550	1331	Marco Damásio	00:26:19	00:52:32	00:52:05	580		Veterano 1	98
551	560	Francisco Rato	00:27:01	00:52:33	00:50:33	502	Os Amigos da Pinga	Senior	168
552	119	Andreia Magalhães	00:26:45	00:52:33	00:51:51	567		Veterana	7
553	1457	Isidoro Batista	00:24:36	00:52:34	00:52:25	605	Ninho das Águias	Veterano 4	41
554	641	Luis Matos	00:24:57	00:52:34	00:52:29	609		Veterano 3	62
555	1534	Ricardo Simoes	00:26:04	00:52:36	00:51:47	560	running of Dª Maria	Veterano 2	92
556	1124	Antonio Negrinho	00:26:34	00:52:36	00:51:51	566	SS CGD	Veterano 3	63
557	57	Sonia Baldaia	00:26:33	00:52:36	00:50:52	511		Senior	12
558	1744	Manuel Morais	00:27:09	00:52:37	00:52:00	576		Veterano 2	93
559	1490	José Oliveira	00:29:22	00:52:37	00:51:03	520	Fitness WorX Pinhal Novo	Senior	169
560	542	Filipe Teixeira	00:24:45	00:52:37	00:52:25	604	Alfacinhas	Senior	170



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
561	68	Diogo Arraias	00:26:33	00:52:38	00:51:33	552		Veterano 5	34
562	889	Ricardo Almeida	00:28:57	00:52:39	00:50:33	503	POUCOS POR MUITOS	Senior	171
563	1343	Hugo Quental	00:25:56	00:52:40	00:51:47	561		Senior	172
564	1659	Francisco Fouto	00:25:17	00:52:40	00:52:02	578	Já se vê a meta	Junior	16
565	62	Egídio Gonçalves	00:26:15	00:52:41	00:51:37	555		Senior	173
566	1126	Francisco Clerigo	00:26:34	00:52:41	00:51:57	570	SS CGD	Veterano 6	29
567	1800	Ângelo Flor	00:26:13	00:52:41	00:51:49	564		Veterano 5	35
568	1195	Fernando Almeida	00:26:19	00:52:43	00:52:21	598		Veterano 3	64
569	335	Paulo Ratinho	00:27:25	00:52:44	00:51:36	553		Veterano 2	94
570	864	Rui Vigoço	00:27:09	00:52:45	00:51:21	537	Grupo Desportivo BPI	Veterano 6	30
571	1747	Pedro Almeida	00:27:15	00:52:45	00:51:24	539		Senior	174
572	1175	Jacinto Batista	00:24:40	00:52:45	00:52:26	607	pastelaria Charlys	Veterano 4	42
573	1245	Carlos Loures	00:28:01	00:52:46	00:51:26	542	G.D.C.E. - LA	Senior	175
574	1818	Hugo Oliveira	00:26:22	00:52:50	00:51:06	524	pastelaria Charlys	Veterano 1	99
575	174	António Pica	00:26:23	00:52:50	00:52:11	586	OS PERIGOSOS	Veterano 6	31
576	213	Fernando Silva	00:26:50	00:52:51	00:52:01	577		Senior	176
577	971	Jose Santos	00:28:58	00:52:51	00:51:41	557		Veterano 2	95
578	218	João Gonçalves	00:26:18	00:52:52	00:51:45	559		Senior	177
579	1471	André Gomes	00:24:43	00:52:52	00:51:58	572	Ginásio Vivência Explosiva	Senior	178
580	1805	Jorge Lourenço	00:27:26	00:52:53	00:51:51	565	Sporting Clube de Casainhos	Senior	179



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
581	108	Carlos Silva	00:24:43	00:52:53	00:52:46	624		Veterano 5	36
582	792	Joaquim Charrua	00:25:42	00:52:53	00:52:22	601		Veterano 6	32
583	1626	Monica Carrufa	00:27:10	00:52:55	00:52:17	591		Senior	13
584	646	Luis Pereira	00:26:19	00:52:55	00:52:26	606	Clube ANACOM	Veterano 3	65
585	1057	Silvia Brandão	00:25:49	00:52:55	00:52:39	618	Os Mutolas	Senior	14
586	601	Amílcar Romão	00:27:29	00:52:56	00:51:39	556	G.D.R. São Francisco da Serra	Veterano 6	33
587	1822	Sandra Elvas	00:25:44	00:53:01	00:52:42	621	Run4Living	Veterana	8
588	1093	Artur Coisinha	00:26:12	00:53:03	00:52:38	617		Veterano 2	96
589	1433	Bruno Monteiro	00:26:13	00:53:05	00:51:59	574		Senior	180
590	853	Paulo Barbosa	00:28:35	00:53:07	00:51:14	529	Lagoa da Pedra & Arredores Running Team	Veterano 1	100
591	1068	Domingos Matos	00:27:28	00:53:07	00:51:32	548	Falcões Selvagens	Veterano 4	43
592	364	Sandrina Moreira	00:26:32	00:53:08	00:52:35	611	Imparáveis	Veterana	9
593	363	António Santos	00:26:32	00:53:08	00:52:36	613	Imparáveis	Veterano 3	66
594	1755	João Morgadinho	00:27:01	00:53:08	00:52:00	575		Veterano 3	67
595	835	Jorge Pena	00:26:18	00:53:09	00:52:42	620		Veterano 2	97
596	814	Nuno Fernandes	00:27:22	00:53:10	00:51:04	521		Veterano 2	98
597	644	Valter Anacleto	00:26:50	00:53:12	00:52:23	602		Senior	181
598	1525	Pedro Soares	00:26:55	00:53:15	00:52:38	616		Veterano 2	99
599	1479	Domingos Almeida	00:26:55	00:53:15	00:52:38	614		Veterano 1	101
600	1861	Luis Azevedo	00:24:12	00:53:16	00:53:09	655		Veterano 3	68



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
601	741	Isabel Bué	00:25:34	00:53:18	00:53:06	649	Bué da Serras	Senior	15
602	1307	Bruno Silva	00:27:13	00:53:19	00:52:17	590	DHS	Veterano 1	102
603	1650	Luis Vicente	00:26:26	00:53:19	00:52:57	634		Veterano 4	44
604	899	Bruno Lopes	00:27:11	00:53:20	00:52:14	587		Senior	182
605	205	Gabriel Horta	00:26:35	00:53:22	00:52:35	612		Veterano 5	37
606	295	José Silva	00:27:13	00:53:23	00:52:17	592		Veterano 2	100
607	437	Luis Silva	00:27:13	00:53:23	00:52:17	593		Veterano 1	103
608	1134	João Corinha	00:27:31	00:53:23	00:51:48	563	NAPJ - NUCLEO AMIGOS PALÁCIO JUTIÇA	Senior	183
609	1227	Gonçalo Oliveira	00:27:31	00:53:23	00:51:48	562		Senior	184
610	950	Manuel Dias	00:26:13	00:53:26	00:53:01	637		Veterano 3	69
611	789	Álvaro Gomes	00:28:39	00:53:27	00:51:59	573	pastelaria Charlys	Veterano 2	101
612	1651	João Duarte	00:26:28	00:53:28	00:53:05	646		Veterano 6	34
613	1632	Ângelo Lourenço	00:27:36	00:53:28	00:51:58	571	Corredios	Senior	185
614	1017	Lourival Gomes	00:26:13	00:53:30	00:52:38	615		Veterano 1	104
615	249	Elói Oliveira	00:27:12	00:53:32	00:52:28	608		Veterano 1	105
616	95	Carlos Barata	00:26:11	00:53:33	00:53:04	645		Veterano 2	102
617	1708	Nelson Simões	00:26:49	00:53:33	00:52:16	588		Veterano 1	106
618	1690	António Gamliro	00:26:07	00:53:35	00:53:14	663	Companheiros da Mata do Escaroupim	Veterano 5	38
619	1691	Otilio Monteiro	00:26:07	00:53:35	00:53:15	664	Companheiros da Mata do Escaroupim	Veterano 4	45
620	214	Sérgio Rodelo	00:25:14	00:53:38	00:53:31	681		Veterano 2	103



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
621	727	Pedro Silvestre	00:28:38	00:53:38	00:52:10	584	ROSA MOTA CREW	Senior	186
622	1320	Pedro Leitão	00:27:16	00:53:38	00:51:44	558	Juventude Desportiva Alhandrense	Senior	187
623	1432	Pedro Gonçalves	00:25:59	00:53:39	00:53:09	656		Senior	188
624	1425	José Miranda	00:27:20	00:53:39	00:52:23	603		Veterano 3	70
625	1426	Angelo Fernandes	00:26:05	00:53:39	00:53:28	674		Veterano 2	104
626	725	Paulo Alves	00:24:27	00:53:40	00:53:25	673	ROSA MOTA CREW	Senior	189
627	1700	Luis Ferreira	00:26:08	00:53:46	00:52:45	623		Veterano 5	39
628	1272	Herlander Braz	00:27:14	00:53:46	00:52:59	635	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 4	46
629	1143	Nelson Monteiro	00:28:47	00:53:47	00:53:03	643		Senior	190
630	408	Jose Ferreira	00:27:33	00:53:47	00:53:02	641		Veterano 2	105
631	1401	Alexandre Fernandes	00:26:11	00:53:47	00:52:55	633	POWER RANGERS	Veterano 1	107
632	1463	Arnaldo Silva	00:26:49	00:53:48	00:52:51	630	Ginásio Vivência Explosiva	Veterano 2	106
633	1308	Jorge Lourenço	00:27:05	00:53:48	00:52:46	625	DHS	Veterano 1	108
634	1477	Alberto Xavier	00:27:03	00:53:48	00:51:55	568		Senior	191
635	964	Paulo Piedade	00:24:38	00:53:50	00:53:29	677		Veterano 4	47
636	555	Fernando Alves	00:26:16	00:53:51	00:53:11	658		Senior	192
637	269	Vladimiro Sabino	00:26:16	00:53:51	00:53:31	680		Veterano 1	109
638	1269	Fernando Marques	00:27:14	00:53:52	00:52:16	589	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 5	40
639	130	Antonio Carapuça	00:26:29	00:53:53	00:53:08	652		Veterano 4	48
640	1910	Jorge Silva	00:25:32	00:53:53	00:53:51	693	Multi Mall Management	Veterano 4	49



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
641	1757	Joao Costa	00:27:07	00:53:53	00:53:12	659		Senior	193
642	362	Maria Rodrigues	00:26:34	00:53:54	00:53:21	669	Imparáveis	Veterana	10
643	375	Emanuel Batalha	00:24:14	00:53:54	00:53:43	685		Veterano 1	110
644	223	António Lobo	00:27:13	00:53:54	00:52:50	629		Veterano 5	41
645	1529	Tiago Andrade	00:28:14	00:53:56	00:53:20	668	pastelaria Charlys	Senior	194
646	1527	Tiago Lopes	00:27:11	00:53:57	00:53:21	670	pastelaria Charlys	Senior	195
647	158	Patrícia Falcão	00:27:06	00:53:59	00:53:08	653		Veterana	11
648	1255	Filipe Lopes	00:29:02	00:53:59	00:52:43	622		Veterano 1	111
649	540	Filipe Paixão	00:27:42	00:53:59	00:53:08	654	Active People	Veterano 2	107
650	1576	Luis Amaral	00:25:17	00:53:59	00:53:02	640		Veterano 3	71
651	1306	Carlos Dias	00:26:59	00:54:01	00:52:19	597	DHS	Veterano 1	112
652	1866	Helder Nunes	00:26:21	00:54:01	00:52:18	595		Senior	196
653	1429	Vera Morais	00:27:45	00:54:01	00:53:06	647	BB runners	Senior	16
654	1865	Márcia Santos	00:26:22	00:54:02	00:52:18	594		Senior	17
655	845	José Afecto	00:26:01	00:54:06	00:53:25	672		Veterano 5	42
656	1314	Teresa Cardoso	00:27:11	00:54:06	00:53:19	667	Serviços Sociais Montepio Geral	Veterana	12
657	137	Joao Martins	00:26:13	00:54:06	00:53:59	703		Veterano 2	108
658	1750	André Alves	00:27:50	00:54:08	00:52:10	585		Junior	17
659	825	João Seatra	00:25:48	00:54:08	00:53:35	683		Veterano 3	72
660	913	Joana Vieira	00:27:35	00:54:08	00:53:03	642		Senior	18



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
661	1823	Vanessa Sousa	00:26:17	00:54:08	00:53:45	687	Run4Living	Senior	19
662	920	Arlindo Parra	00:26:38	00:54:08	00:53:45	688	Clube EDP - Lisboa	Veterano 4	50
663	67	Adolfo Veiga	00:26:56	00:54:09	00:53:14	662		Senior	197
664	680	Vitorino Santos	00:27:39	00:54:10	00:53:00	636		Veterano 5	43
665	434	Jose Pereira	00:27:40	00:54:10	00:53:01	638		Veterano 5	44
666	480	Luís Alves	00:26:42	00:54:13	00:53:06	648	Sisqual	Veterano 1	113
667	444	Marco Sol	00:27:12	00:54:14	00:53:02	639		Veterano 2	109
668	152	Ricardo Carvalho	00:25:49	00:54:15	00:54:05	712	Os Manos	Senior	198
669	1235	Carlos Cruz	00:29:03	00:54:19	00:53:04	644		Senior	199
670	734	Henrique Pombeiro	00:28:39	00:54:20	00:52:53	632	ROSA MOTA CREW	Senior	200
671	1711	Paul Tetlow	00:27:43	00:54:21	00:53:59	706		Veterano 2	110
672	1718	Manuel Anastácio	00:27:08	00:54:22	00:53:36	684		Veterano 2	111
673	1242	Rafael Silva	00:29:04	00:54:23	00:53:07	650		Veterano 1	114
674	1646	António Pereira	00:28:06	00:54:23	00:53:12	661	Os Kamarros	Veterano 2	112
675	1168	Rui Diogo	00:29:02	00:54:24	00:53:09	657		Senior	201
676	393	Pedro Vieira	00:30:43	00:54:24	00:53:16	666		Veterano 1	115
677	183	Cristina Alegria	00:26:41	00:54:25	00:53:08	651		Veterana	13
678	841	Paulo Goulão	00:26:20	00:54:25	00:53:59	704		Veterano 2	113
679	1485	João Dimas	00:26:25	00:54:26	00:53:55	699		Senior	202
680	1185	Nuno Gomes	00:25:47	00:54:26	00:54:09	715		Veterano 2	114



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
681	211	Rui Simões	00:26:15	00:54:27	00:54:12	719		Veterano 1	116
682	724	Luís Torres	00:24:39	00:54:27	00:54:11	718	ROSA MOTA CREW	Senior	203
683	722	Luís Cardoso	00:24:35	00:54:27	00:54:13	721	ROSA MOTA CREW	Senior	204
684	1657	Luís Fouto	00:27:06	00:54:27	00:53:50	690	Já se vê a meta	Veterano 2	115
685	723	José Cardoso	00:24:32	00:54:28	00:54:15	722	ROSA MOTA CREW	Senior	205
686	736	Carlos Santos	00:24:39	00:54:28	00:54:13	720	ROSA MOTA CREW	Senior	206
687	1685	Sandra Martins	00:27:17	00:54:29	00:54:17	728	Açoreana Clube Banif	Veterana	14
688	1853	Nuno Santo	00:27:16	00:54:29	00:54:17	726	Açoreana Clube Banif	Veterano 2	116
689	456	João Costa	00:26:36	00:54:31	00:53:57	700		Senior	207
690	1398	Liliana Filipe	00:27:59	00:54:33	00:52:52	631	POWER RANGERS	Senior	20
691	1922	Custódio Januário	00:27:16	00:54:33	00:53:51	694	Ferroviário de Portugal	Veterano 6	35
692	443	Armando Pereira	00:28:17	00:54:34	00:53:12	660		Veterano 3	73
693	562	Rodrigo Rolo	00:28:15	00:54:35	00:52:34	610	Os Amigos da Pinga	Senior	208
694	380	Ricardo Joao	00:26:36	00:54:36	00:52:49	628		Senior	209
695	226	Joaquim Gonçalves	00:28:28	00:54:38	00:53:34	682		Veterano 3	74
696	1909	Pedro Barros	00:27:52	00:54:38	00:52:40	619	Multi Mall Management	Veterano 1	117
697	1677	Lívio Morais	00:26:24	00:54:39	00:53:15	665		Senior	210
698	1037	Paulo Lourenço	00:27:59	00:54:40	00:54:01	708		Senior	211
699	1683	Lucia Tavares	00:27:19	00:54:40	00:54:28	737	Açoreana Clube Banif	Senior	21
700	740	Bruno Palma	00:26:00	00:54:41	00:54:26	734		Senior	212



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
701	1163	Esmeralda Rodrigues	00:28:45	00:54:41	00:52:47	627	Fura Provas	Senior	22
702	1162	Ricardo Tavares	00:28:45	00:54:41	00:52:47	626	Fura Provas	Senior	213
703	521	João Pereira	00:25:57	00:54:44	00:54:16	723		Senior	214
704	530	Paulo Dias	00:25:54	00:54:46	00:54:03	710		Veterano 1	118
705	1859	Nuno Alves	00:27:57	00:54:49	00:53:28	675	Pandilha Jovem	Senior	215
706	236	Santos Guerreiro	00:26:31	00:54:49	00:53:59	702		Veterano 4	51
707	1595	Mafalda Gameiro	00:27:43	00:54:49	00:53:23	671		Veterana	15
708	837	Antonio Ferro	00:27:08	00:54:56	00:54:44	754		Veterano 5	45
709	1495	Jorge Simões	00:27:46	00:54:58	00:53:29	676	Fitness WorX Pinhal Novo	Veterano 1	119
710	1851	Rui Ferreira	00:26:54	00:54:58	00:54:04	711	Açoreana Clube Banif	Veterano 2	117
711	1180	Júlio Robalo	00:27:24	00:55:01	00:54:47	756	GDINE	Veterano 4	52
712	320	Paulo Almeida	00:27:28	00:55:04	00:53:31	678		Veterano 2	118
713	803	José Brísida	00:28:03	00:55:05	00:54:00	707		Veterano 4	53
714	1218	Anabela Neves	00:26:42	00:55:07	00:54:59	767	GD Águias da Moita	Senior	23
715	1614	Francisco Linhol	00:27:30	00:55:08	00:54:08	714		Veterano 5	46
716	287	Domingos Pires	00:28:09	00:55:08	00:53:54	697		Veterano 6	36
717	1021	Ana Ferreira	00:27:21	00:55:10	00:54:25	733	CLUBE GRUPO BES	Veterana	16
718	1244	Nuno Oliveira	00:28:12	00:55:11	00:53:51	692	G.D.C.E. - LA	Veterano 2	119
719	1247	Pedro Torres	00:28:11	00:55:11	00:53:51	691	G.D.C.E. - LA	Senior	216
720	1820	Ines Goncalves	00:27:05	00:55:13	00:54:49	757	Run4Living	Senior	24



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
721	621	Bruno Silva	00:26:47	00:55:16	00:54:35	747	Bifanas Corrida	Senior	217
722	622	Rui Real	00:26:48	00:55:16	00:54:35	746	Bifanas Corrida	Senior	218
723	711	Ricardo Ferreira	00:25:28	00:55:19	00:55:15	782		Veterano 2	120
724	376	Pedro Ferreira	00:26:29	00:55:19	00:54:58	765		Veterano 2	121
725	166	Catarina Marques	00:28:51	00:55:20	00:54:01	709	100Forças	Senior	25
726	1623	Nuno Pereira	00:28:50	00:55:21	00:53:31	679		Senior	219
727	901	Nuno Oliveira	00:26:52	00:55:22	00:54:41	752		Senior	220
728	669	João Rodrigues	00:26:27	00:55:24	00:55:13	778		Junior	18
729	945	Alberto Martinho	00:27:22	00:55:24	00:54:30	739	CCDT Metro LX	Veterano 4	54
730	216	Ivo Gomes	00:27:53	00:55:25	00:54:28	736		Junior	19
731	344	Pedro Silva	00:27:43	00:55:28	00:54:50	758		Veterano 1	120
732	1262	Antonio Castro	00:29:09	00:55:30	00:53:54	696	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 2	122
733	219	Ana Inácio	00:27:53	00:55:30	00:54:32	742		Veterana	17
734	1365	Ricardo Martins	00:27:46	00:55:30	00:54:31	741		Senior	221
735	258	Luis Sanches	00:28:00	00:55:33	00:53:44	686		Veterano 1	121
736	1892	Ricardo Paiva	00:29:37	00:55:33	00:54:08	713	A BOLA	Veterano 3	75
737	1895	José Garrido	00:29:35	00:55:33	00:54:09	716	A BOLA	Veterano 4	55
738	624	Nuno Duarte	00:27:25	00:55:34	00:54:56	761		Veterano 1	122
739	679	José Vestear	00:27:25	00:55:35	00:54:56	762		Veterano 2	123
740	1808	Joaquim Carpelho	00:28:24	00:55:36	00:54:27	735	Karpehos4	Veterano 6	37



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
741	1075	Fernando Magalhães	00:27:23	00:55:38	00:55:22	789	CCDEL - Efacec Carnaxide	Veterano 5	47
742	1745	Filipe Morais	00:27:31	00:55:40	00:55:02	771		Junior	20
743	512	António Miguéns	00:31:19	00:55:42	00:54:44	753		Veterano 3	76
744	1582	Miguel Ruano	00:27:56	00:55:42	00:53:54	695		Senior	222
745	93	Luis Correia	00:27:42	00:55:43	00:54:35	744		Veterano 2	124
746	1917	João Batista	00:29:10	00:55:43	00:54:56	759		Senior	223
747	1181	Luís Reis	00:28:18	00:55:44	00:54:38	749	GDINE	Veterano 5	48
748	1178	Bart Schoenmakers	00:28:17	00:55:44	00:54:37	748	GDINE	Veterano 3	77
749	852	Daniel Fatela	00:28:09	00:55:48	00:54:58	766	Lagoa da Pedra & Arredores Running Team	Veterano 1	123
750	856	Ricardo Raposo	00:28:10	00:55:49	00:54:59	768	Lagoa da Pedra & Arredores Running Team	Veterano 1	124
751	943	Cruz Marques	00:28:23	00:55:49	00:54:11	717	CCDT Metro LX	Veterano 6	38
752	459	Ana Sousa	00:28:13	00:55:49	00:53:58	701		Senior	26
753	460	Fernando Sousa	00:28:13	00:55:49	00:53:59	705		Veterano 3	78
754	807	Nuno Madeira	00:32:16	00:55:49	00:53:54	698		Veterano 2	125
755	893	Nuno Sequeira	00:29:12	00:55:50	00:53:45	689	POUCOS POR MUITOS	Senior	224
756	879	Fernando Alves	00:27:40	00:55:52	00:54:32	743	SS CGD	Veterano 4	56
757	339	José Monteiro	00:28:09	00:55:53	00:54:29	738		Veterano 5	49
758	1286	Cláudia Esteves	00:28:14	00:55:55	00:54:56	763		Senior	27
759	1767	Joao Neves	00:27:52	00:55:55	00:55:21	788		Veterano 4	57
760	403	José Ventura	00:25:49	00:55:57	00:54:17	727		Veterano 3	79



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
761	794	António Antunes	00:28:29	00:55:57	00:55:04	772		Veterano 3	80
762	1662	Joaquim Carreiro	00:25:41	00:55:58	00:55:44	813		Veterano 3	81
763	1732	Pedro Pinto	00:27:15	00:55:59	00:55:33	804		Senior	225
764	209	Luís Nunes	00:27:12	00:56:02	00:55:01	769		Senior	226
765	749	José Caravela	00:28:45	00:56:03	00:54:30	740	Bombeiros Voluntários de Montemor-O-Novo	Veterano 4	58
766	708	Nuno Mendes	00:24:47	00:56:04	00:55:56	821	Alcochete Extreme	Senior	227
767	588	Luis Boal	00:24:47	00:56:04	00:55:56	823	Alcochete Extreme	Senior	228
768	1105	Carlos Silva	00:26:53	00:56:05	00:55:30	798		Veterano 3	82
769	795	Carlos Augusto	00:26:52	00:56:05	00:55:30	799		Veterano 3	83
770	1902	Rui Baioneta	00:27:56	00:56:06	00:55:44	812	A BOLA	Veterano 2	126
771	1731	Carla Matos	00:27:15	00:56:07	00:55:41	811		Senior	28
772	1312	Manuel Santos	00:29:03	00:56:08	00:54:21	730	Serviços Sociais Montepio Geral	Veterano 1	125
773	1434	Rui Fialho	00:28:52	00:56:09	00:54:24	731		Senior	229
774	1532	Jorge Ferreira	00:26:54	00:56:10	00:55:20	786	running of Dª Maria	Veterano 3	84
775	358	António Valente	00:29:42	00:56:14	00:54:17	725		Senior	230
776	878	Esmeraldo Pereira	00:28:31	00:56:14	00:55:27	797	SS CGD	Veterano 6	39
777	1444	Diogo Batista	00:28:12	00:56:15	00:55:23	793		Senior	231
778	1655	Paulo Coelho	00:28:54	00:56:16	00:54:16	724	Mwangolé	Veterano 3	85
779	678	José Eugénio	00:28:39	00:56:17	00:55:56	822		Veterano 4	59
780	276	Pedro Monteiro	00:27:37	00:56:21	00:55:35	805		Veterano 1	126



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
781	455	Mário Alemão	00:27:23	00:56:23	00:55:48	816		Senior	232
782	1214	Arlindo Rodrigues	00:29:19	00:56:23	00:54:35	745		Veterano 4	60
783	561	César Cardoso	00:28:36	00:56:23	00:54:24	732	Os Amigos da Pinga	Senior	233
784	472	João Soares	00:27:39	00:56:27	00:55:20	787	DHL Express - Speed of Yellow	Senior	234
785	673	Fábio Correia	00:29:03	00:56:27	00:54:46	755		Senior	235
786	871	Jorge Gomes	00:27:50	00:56:28	00:55:31	801		Veterano 4	61
787	585	Andreia Marques	00:27:29	00:56:28	00:55:52	819		Senior	29
788	159	António Valente	00:27:31	00:56:30	00:55:14	780		Veterano 5	50
789	248	Pedro Martins	00:28:53	00:56:30	00:55:33	802		Veterano 2	127
790	1156	Diogo Vieira	00:29:15	00:56:30	00:55:17	784		Senior	236
791	313	Francisco Vitorino	00:27:50	00:56:38	00:55:36	807		Veterano 6	40
792	538	Ricardo Beira	00:27:03	00:56:38	00:56:08	832		Senior	237
793	1142	Gonçalo Amaro	00:27:48	00:56:40	00:56:31	850		Veterano 1	127
794	994	Ilda Rodrigues	00:27:48	00:56:40	00:55:30	800	Rail Runners	Veterana	18
795	1059	Paulo Santos	00:28:46	00:56:41	00:54:40	750		Veterano 2	128
796	1004	Iuri Castro	00:28:41	00:56:41	00:54:40	751		Senior	238
797	1930	Carlos Martins	00:25:53	00:56:41	00:56:29	847		Veterano 2	129
798	730	Carlos Martinho	00:28:40	00:56:41	00:55:14	781	ROSA MOTA CREW	Senior	239
799	182	Filipe Gouveia	00:27:03	00:56:42	00:56:06	830		Veterano 3	86
800	1421	Tiago Rodrigues	00:28:54	00:56:43	00:55:51	818		Veterano 1	128



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
801	1594	Paulo Cepa	00:28:03	00:56:44	00:55:19	785		Veterano 3	87
802	1073	Vanda Jesus	00:29:21	00:56:44	00:55:13	779	Falcões Selvagens	Veterana	19
803	1069	Jorge Martins	00:29:22	00:56:45	00:55:12	775	Falcões Selvagens	Veterano 4	62
804	1072	Paula Pires	00:29:22	00:56:45	00:55:13	777	Falcões Selvagens	Veterana	20
805	1074	Susana Duarte	00:29:21	00:56:45	00:55:12	774	Falcões Selvagens	Senior	30
806	1567	Mário Costa	00:26:21	00:56:46	00:55:26	795		Senior	240
807	92	Luis Marques	00:26:51	00:56:48	00:56:16	835		Veterano 5	51
808	1019	Paulo Mestre	00:27:09	00:56:50	00:56:24	842		Veterano 2	130
809	1864	Andre Costa	00:29:09	00:56:50	00:54:57	764	Arrufados	Senior	241
810	1360	Bruno Caramelo	00:29:00	00:56:50	00:55:05	773		Veterano 1	129
811	1067	Luís Couto	00:28:02	00:56:51	00:55:57	824		Veterano 1	130
812	1056	Marcos Medeiros	00:26:55	00:56:51	00:56:35	855	Os Mutolas	Senior	242
813	1537	Telmo Nogueira	00:30:22	00:56:52	00:54:56	760	Flash Team	Senior	243
814	1831	Paulo Evangelista	00:28:40	00:56:53	00:55:40	810		Veterano 2	131
815	1464	Carla Ferreira	00:30:39	00:56:53	00:55:59	826	Ginásio Vivência Explosiva	Veterana	21
816	1555	Maria Fernandes	00:28:47	00:56:54	00:55:33	803	Grupo Desportivo CIMPOR	Veterana	22
817	1469	José Martins	00:30:39	00:56:56	00:56:02	829	Ginásio Vivência Explosiva	Veterano 5	52
818	61	Elsa Evangelista	00:29:02	00:56:57	00:55:13	776		Senior	31
819	360	Alfredo Pinhal	00:28:37	00:56:57	00:56:19	838		Veterano 6	41
820	1104	Alexandre Santos	00:27:27	00:56:57	00:55:47	815		Veterano 2	132



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
821	83	Mercedes Fonseca	00:28:16	00:56:58	00:56:44	868	Os Super	Veterana	23
822	1681	Luis Antunes	00:27:01	00:57:05	00:56:31	849	Grupo de Atletas de Monsanto/Gascan	Veterano 4	63
823	392	Carlos Pereira	00:25:56	00:57:09	00:56:21	840		Senior	244
824	1709	Sofia Santos	00:28:04	00:57:11	00:56:48	872		Veterana	24
825	288	Tiago Palheira	00:28:42	00:57:12	00:56:42	865		Senior	245
826	833	Fernando Sebastião	00:28:30	00:57:13	00:55:15	783		Veterano 1	131
827	1470	Rui Antunes	00:25:01	00:57:14	00:55:01	770	Ginásio Vivência Explosiva	Junior	21
828	1862	Nelson Costa	00:29:09	00:57:14	00:55:23	790	Arrufados	Veterano 1	132
829	1863	Maria Landeiro	00:29:09	00:57:14	00:55:23	792	Arrufados	Veterana	25
830	1361	Carlos Silva	00:30:19	00:57:15	00:56:52	876		Senior	246
831	1500	Ana Monteiro	00:27:28	00:57:15	00:55:47	814	Fitness WorX Pinhal Novo	Senior	32
832	1493	Paulo Marques	00:27:37	00:57:17	00:55:48	817	Fitness WorX Pinhal Novo	Veterano 2	133
833	1475	José Pedro	00:28:20	00:57:17	00:56:30	848		Veterano 5	53
834	854	Pedro Silva	00:28:35	00:57:17	00:55:23	791	Lagoa da Pedra & Arredores Running Team	Senior	247
835	1373	Hugo Sequeira	00:27:40	00:57:17	00:55:24	794		Veterano 1	133
836	417	António Monteiro	00:29:08	00:57:18	00:55:40	809		Veterano 3	88
837	858	Hugo Santos	00:29:24	00:57:19	00:56:10	833		Veterano 1	134
838	1543	Luis Fernandes	00:28:56	00:57:22	00:55:36	808	Os Bonitos	Senior	248
839	499	Gizela Mota	00:29:42	00:57:22	00:56:45	869	Oranginas	Veterana	26
840	304	Armando Cecilio	00:28:27	00:57:22	00:56:39	862		Veterano 5	54



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
841	653	Orlando Rodrigues	00:29:00	00:57:23	00:55:57	825	multiflow	Veterano 3	89
842	488	Helder Diogo	00:26:49	00:57:24	00:56:56	879		Veterano 2	134
843	1058	Nélson Mendes	00:28:47	00:57:25	00:57:01	883		Veterano 1	135
844	1498	Mário Formosinho	00:30:19	00:57:26	00:55:54	820	Fitness WorX Pinhal Novo	Senior	249
845	500	Linda Amorim	00:29:42	00:57:27	00:56:50	874	Oranginas	Veterana	27
846	1741	Jorge Fernandes	00:27:08	00:57:28	00:57:17	895	Ninho das Águias	Veterano 1	136
847	1644	António Vieira	00:27:08	00:57:28	00:57:17	894	Ninho das Águias	Veterano 5	55
848	1170	Carlos Outeiro	00:28:36	00:57:30	00:56:01	828		Veterano 3	90
849	890	Ricardo Cândido	00:29:32	00:57:32	00:55:26	796	POUCOS POR MUITOS	Senior	250
850	1660	António Vieira	00:28:25	00:57:33	00:55:36	806		Senior	251
851	539	Saida Morais	00:29:16	00:57:34	00:56:43	866	Active People	Veterana	28
852	1065	Hugo Fernandes	00:28:21	00:57:35	00:57:11	886		Senior	252
853	757	António Guerra	00:27:10	00:57:35	00:57:16	892	Bombeiros Voluntários de Montemor-O-Novo	Veterano 4	64
854	1719	David Pires	00:27:44	00:57:39	00:56:01	827		Senior	253
855	1819	Luis Gargão	00:27:34	00:57:39	00:57:15	889	Run4Living	Veterano 3	91
856	1438	Silvana Sebastião	00:27:30	00:57:39	00:57:26	900		Senior	33
857	1020	Xana Filipe	00:28:13	00:57:40	00:56:55	877	CLUBE GRUPO BES	Veterana	29
858	327	Alexandre Costa	00:27:53	00:57:41	00:56:27	844		Veterano 4	65
859	1460	Teresa Araujo	00:29:48	00:57:41	00:56:44	867	Ginásio Vivência Explosiva	Veterana	30
860	1643	Rafael Batista	00:28:53	00:57:42	00:56:10	834		Junior	22



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
861	1000	Antonio Martinho	00:29:02	00:57:42	00:57:11	887		Veterano 5	56
862	418	Raquel Monteiro	00:29:38	00:57:45	00:56:07	831		Senior	34
863	75	Ricardo Gamito	00:26:50	00:57:48	00:57:33	903		Veterano 1	137
864	1653	Telmo Martins	00:30:43	00:57:48	00:56:39	861		Junior	23
865	357	Antonio Santos	00:29:10	00:57:56	00:56:42	864		Veterano 4	66
866	1009	Arquimínio Nunes	00:28:38	00:57:59	00:56:56	880	cooperativa a sacavenense	Veterano 5	57
867	151	Luis Carvalho	00:27:36	00:58:00	00:57:49	912	Os Manos	Senior	254
868	1562	João Gonçalves	00:28:38	00:58:01	00:57:09	884	Tartarugas Solidárias	Senior	255
869	201	Paulo Louro	00:29:44	00:58:01	00:56:35	856		Veterano 3	92
870	1554	Lino Silva	00:28:50	00:58:02	00:56:39	863	Grupo Desportivo CIMPOR	Veterano 2	135
871	1549	Lurdes Pinheiro	00:29:30	00:58:02	00:56:36	857		Veterana	31
872	970	João Miranda	00:28:55	00:58:02	00:57:46	911	Flamingos Atletismo	Veterano 6	42
873	638	Jorge Dias	00:28:30	00:58:03	00:57:09	885		Veterano 3	93
874	545	Luis Coutinho	00:30:07	00:58:03	00:54:20	729		Veterano 1	138
875	1630	Pedro Cavaco	00:30:00	00:58:04	00:56:33	852	Corredios	Senior	256
876	665	Carlos Brito	00:27:36	00:58:05	00:57:45	910	Britus	Veterano 1	139
877	284	Pedro Guerreiro	00:28:41	00:58:05	00:56:55	878		Senior	257
878	141	Joao Salazar	00:28:05	00:58:05	00:57:54	913		Veterano 3	94
879	1678	António Reyes	00:29:31	00:58:05	00:57:31	902	Grupo de Atletas de Monsanto/Gascan	Veterano 5	58
880	643	Filipe Henriques	00:27:36	00:58:07	00:57:45	909		Senior	258



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
881	916	Luis Cândido	00:28:17	00:58:09	00:57:27	901		Veterano 2	136
882	24	Rui Chambel	00:30:21	00:58:11	00:56:52	875		Veterano 2	137
883	1133	Pedro Cotão	00:27:33	00:58:13	00:56:37	860	NAPJ - NUCLEO AMIGOS PALÁCIO JUTIÇA	Senior	259
884	1321	Jorge Martins	00:28:11	00:58:13	00:56:19	837	Juventude Desportiva Alhandrense	Veterano 1	140
885	868	Tiago Silva	00:30:18	00:58:13	00:56:26	843		Veterano 1	141
886	1587	Tiago Trafaria	00:30:22	00:58:13	00:56:17	836	Flash Team	Senior	260
887	1399	Joao Sousa	00:28:03	00:58:15	00:56:34	853	POWER RANGERS	Veterano 4	67
888	15	Paulo Barata	00:27:31	00:58:19	00:57:57	915	Ferroviário de Portugal	Veterano 1	142
889	1130	Rui Santos	00:30:28	00:58:23	00:57:37	904	SS CGD	Veterano 3	95
890	1447	Angela Brito	00:29:17	00:58:24	00:56:35	854		Veterana	32
891	824	Nuno Sousa	00:31:02	00:58:25	00:56:32	851		Veterano 1	143
892	999	Tiago Coelho	00:28:11	00:58:26	00:57:59	916		Senior	261
893	1267	Dinis Sousa	00:31:53	00:58:27	00:56:21	839	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 6	43
894	1378	Joao Oliveira	00:30:17	00:58:27	00:56:29	846		Veterano 1	144
895	1281	Lidia Lopes	00:31:53	00:58:27	00:56:23	841	GRUPO DESPORTIVO SANTANDER TOTTA	Veterana	33
896	995	Paula Santos	00:28:42	00:58:28	00:57:17	893	Rail Runners	Veterana	34
897	1215	Alexandre Miguel	00:30:27	00:58:28	00:56:47	871		Veterano 3	96
898	1045	Ricardo Alves	00:30:37	00:58:29	00:56:37	858		Veterano 2	138
899	973	Nuno Branco	00:29:38	00:58:29	00:56:58	882	ISTO É CANJA!!!	Veterano 2	139
900	1305	Nuno Caramelo	00:29:17	00:58:31	00:56:46	870	DHS	Veterano 2	140



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
901	187	Filipe Passarinho	00:29:41	00:58:32	00:56:29	845		Senior	262
902	829	Daniel Sebastiao	00:28:58	00:58:34	00:56:37	859		Senior	263
903	164	Gonçalo Carvalho	00:28:57	00:58:35	00:57:16	891	100Forças	Senior	264
904	474	Paulo Lopes	00:29:28	00:58:36	00:56:57	881	DHL Express - Speed of Yellow	Veterano 1	145
905	1224	Daniel Ribeiro	00:25:52	00:58:37	00:57:15	890		Junior	24
906	165	José Gomes	00:29:10	00:58:38	00:57:20	896	100Forças	Senior	265
907	36	Jorge Canoa	00:26:08	00:58:39	00:58:35	934	SOV	Veterano 1	146
908	1684	Luis Neves	00:27:52	00:58:40	00:58:28	932	Açoreana Clube Banif	Veterano 2	141
909	1625	Hugo Cavacas	00:29:19	00:58:41	00:58:07	924		Veterano 1	147
910	150	Osvaldo Ferreira	00:26:16	00:58:41	00:58:40	941	Sunset Runners	Veterano 1	148
911	1640	Flavio Oliveira	00:29:23	00:58:42	00:58:01	921		Veterano 3	97
912	25	Rui Pereira	00:30:24	00:58:43	00:57:24	898		Veterano 2	142
913	18	Nelson Soares	00:30:23	00:58:43	00:57:23	897		Senior	266
914	202	José Correia	00:29:22	00:58:43	00:57:24	899		Veterano 3	98
915	1710	Pedro Santos	00:28:04	00:58:44	00:58:20	930		Veterano 2	143
916	1016	Nuno Molero	00:27:51	00:58:47	00:58:40	938		Veterano 2	144
917	1127	Luisa Landeiro	00:29:44	00:58:47	00:58:03	922	SS CGD	Veterana	35
918	82	Joaquim Fonseca	00:27:55	00:58:49	00:58:35	935	Os Super	Veterano 5	59
919	352	David Anselmo	00:30:15	00:58:49	00:56:49	873		Senior	267
920	296	Nuno Vieira	00:27:55	00:58:50	00:57:41	906		Veterano 1	149



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
921	470	Ana Cabral	00:29:27	00:58:50	00:57:44	908	DHL Express - Speed of Yellow	Veterana	36
922	469	Rui Domingues	00:29:28	00:58:50	00:57:44	907	DHL Express - Speed of Yellow	Veterano 3	99
923	222	Pedro Mendes	00:27:18	00:58:59	00:58:21	931		Senior	268
924	1448	Antonio Brito	00:29:16	00:59:01	00:57:12	888		Veterano 4	68
925	262	Vicente Dias	00:26:44	00:59:03	00:58:14	928	N.A.BDF	Veterano 5	60
926	1780	António Sá	00:28:21	00:59:08	00:58:47	942		Veterano 3	100
927	1842	Daniel Gomes	00:26:09	00:59:10	00:59:07	955		Veterano 1	150
928	707	Fernando Pereira	00:27:34	00:59:15	00:59:01	952		Veterano 2	145
929	791	Ricardo Santos	00:25:41	00:59:18	00:59:13	958		Veterano 1	151
930	720	Victória Carneiro	00:29:34	00:59:18	00:58:04	923	G.D.R. São Francisco da Serra	Veterana	37
931	623	Tatiana Glória	00:27:34	00:59:19	00:58:59	950		Senior	35
932	32	Artur Vieira	00:27:58	00:59:24	00:58:55	946	CGD	Senior	269
933	1311	Carlos Melo	00:32:02	00:59:25	00:57:38	905	Serviços Sociais Montepio Geral	Veterano 1	152
934	1635	Pedro Lopes	00:27:40	00:59:31	00:59:22	960		Veterano 2	146
935	1424	Marco Teodoro	00:27:34	00:59:38	00:58:57	947		Veterano 2	147
936	557	Rui Godinho	00:30:23	00:59:39	00:58:37	936		Veterano 1	153
937	1371	Luís Costa	00:30:07	00:59:41	00:58:00	919		Veterano 3	101
938	1372	Sara Fulgêncio	00:30:07	00:59:41	00:58:01	920		Veterana	38
939	221	Antinio Costa	00:29:11	00:59:44	00:58:54	945		Veterano 6	44
940	1190	Marco Reinaldo	00:28:48	00:59:44	00:59:01	953		Senior	270



CORRIDA FORUM MONTIJO



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
941	591	Henrique Vilhena	00:31:38	00:59:45	00:58:12	926		Veterano 5	61
942	325	Nuno Grillo	00:29:59	00:59:46	00:58:34	933		Veterano 2	148
943	1756	Tiago Montenegro	00:31:01	00:59:47	00:59:06	954		Senior	271
944	1604	António Pereira	00:29:39	00:59:47	00:58:48	943	Grupo Desportivo e Cultural do Banco de Portug	Veterano 6	45
945	618	Pedro Marques	00:32:06	00:59:49	00:57:59	917		Veterano 1	154
946	445	João Fernandes	00:29:41	00:59:51	00:58:13	927		Senior	272
947	1147	Nuno Dias	00:30:30	00:59:54	00:58:07	925		Veterano 2	149
948	330	Fatima Santos	00:29:23	00:59:59	00:59:55	976		Senior	36
949	1774	Leandro Chan	00:31:23	01:00:00	00:57:55	914	Piqueniqueiros	Senior	273
950	888	José Silva	00:32:06	01:00:04	00:57:59	918	POUCOS POR MUITOS	Veterano 3	102
951	1313	Rita Gonçalves	00:30:51	01:00:04	00:58:18	929	Serviços Sociais Montepio Geral	Veterana	39
952	1672	Pedro Silva	00:28:15	01:00:07	00:59:24	962		Senior	274
953	806	Nuno Gonçalves	00:29:30	01:00:07	00:58:50	944		Veterano 6	46
954	755	Ana Pires	00:30:56	01:00:09	00:58:59	949	Bombeiros Voluntários de Montemor-O-Novo	Veterana	40
955	154	Fernando Duarte	00:28:52	01:00:14	00:59:56	980	FDNC	Veterano 2	150
956	167	Rute Teixeira	00:30:21	01:00:14	00:58:57	948	100Forças	Senior	37
957	147	Vera Santos	00:28:20	01:00:16	01:00:00	988		Senior	38
958	146	Alexandre Gamito	00:28:20	01:00:16	00:59:59	985		Senior	275
959	387	Antonio Carrilho	00:30:09	01:00:20	00:58:40	940		Veterano 3	103
960	264	Regina Badalo	00:28:44	01:00:22	01:00:08	992	Evorarunners	Veterana	41



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
961	629	Ricardo Nicolau	00:30:27	01:00:25	00:59:42	972	Amigos Vale Silencio	Senior	276
962	1101	Paulo Figueiredo	00:28:40	01:00:28	00:59:55	977		Veterano 2	151
963	746	David Sabino	00:28:51	01:00:28	01:00:08	993		Senior	277
964	1223	Paulo Balseiro	00:29:33	01:00:34	00:59:37	968		Veterano 2	152
965	710	Jorge Guerreiro	00:30:59	01:00:36	01:00:01	989		Veterano 3	104
966	1102	Benedito Novais	00:28:43	01:00:38	00:59:40	971		Veterano 3	105
967	1338	Luis Andrade	00:29:39	01:00:38	00:59:55	978	ACS-Amigos da Corrida de Salvaterra	Senior	278
968	336	Rita Loução	00:31:34	01:00:40	00:59:23	961		Senior	39
969	1571	José Silva	00:30:12	01:00:41	01:00:25	1008		Veterano 4	69
970	543	Carla Garrett	00:30:07	01:00:46	00:59:37	967		Senior	40
971	1882	Pedro João	00:28:12	01:00:46	00:59:21	959		Veterano 3	106
972	544	Válter Martinho	00:30:07	01:00:46	00:59:36	964		Senior	279
973	1777	Cláudia Ribeiro	00:30:57	01:00:47	00:58:39	937	Piqueniqueiros	Veterana	42
974	346	Mónica Matos	00:30:14	01:00:47	01:00:11	997		Veterana	43
975	86	Ana Matos	00:30:14	01:00:47	01:00:11	996		Veterana	44
976	1739	Vitor Sousa	00:32:29	01:00:50	00:59:38	969		Senior	280
977	1468	Alexandre Salvador	00:29:40	01:00:53	00:58:40	939	Ginásio Vivência Explosiva	Senior	281
978	391	Fábio Garrido	00:29:48	01:00:54	00:59:57	982		Senior	282
979	1237	Jorge Sinquenique	00:31:50	01:00:55	00:59:09	956	primos	Senior	283
980	1638	Goncalo Teles	00:28:29	01:00:57	00:59:27	963		Junior	25



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
981	1878	Teresa Martins	00:30:38	01:00:59	00:59:01	951		Senior	41
982	873	Antonio Fonseca	00:29:14	01:01:00	00:59:58	984	SS CGD	Veterano 2	153
983	1579	Nuno Silva	00:31:20	01:01:03	00:59:36	965		Senior	284
984	1792	Pedro Azevedo	00:26:23	01:01:06	01:01:00	1024	SapexGroup Team	Senior	285
985	1230	Claudia Freixo	00:30:29	01:01:07	00:59:39	970		Senior	42
986	439	Ricardo Cardoso	00:30:12	01:01:13	00:59:36	966		Senior	286
987	692	Vasco Afonso	00:31:11	01:01:13	00:59:12	957	Os Amigos da Pinga	Senior	287
988	1209	Joana Machado	00:29:26	01:01:14	01:00:14	999		Senior	43
989	1125	Claudia Lourenço	00:30:28	01:01:15	01:00:29	1012	SS CGD	Veterana	45
990	1271	Henrique Marçal	00:30:36	01:01:16	01:00:28	1010	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 6	47
991	1279	Jose Ribeiro	00:30:28	01:01:16	01:00:29	1011	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 6	48
992	1138	Manuel Correia	00:30:35	01:01:17	01:00:16	1004	Espadas	Veterano 6	49
993	493	Helder Lourenço	00:28:50	01:01:24	01:00:01	990		Veterano 2	154
994	506	Ismael Teixeira	00:30:09	01:01:25	01:00:54	1016		Veterano 1	155
995	1023	Ismael Teixeira	00:30:27	01:01:25	01:00:54	1017	CLUBE GRUPO BES	Veterano 1	156
996	399	Cesário Garcia	00:30:26	01:01:26	00:59:52	975	Sementes do Asfalto	Senior	288
997	398	Daniel Barata	00:30:26	01:01:26	00:59:52	974	Sementes do Asfalto	Senior	289
998	1530	Susana Ferreira	00:30:07	01:01:28	01:00:56	1018	pastelaria Charlys	Senior	44
999	1502	Janine Domingos	00:29:24	01:01:30	01:00:14	1000	Fitness WorX Pinhal Novo	Senior	45
1000	1503	Francisco Pires	00:29:24	01:01:30	01:00:14	1001	Fitness WorX Pinhal Novo	Senior	290



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1001	1494	Carlos Teixeira	00:31:06	01:01:31	00:59:58	983	Fitness WorX Pinhal Novo	Veterano 3	107
1002	712	Daniel Guerreiro	00:31:12	01:01:31	01:00:58	1020		Junior	26
1003	1539	David Rosa	00:28:08	01:01:33	01:01:10	1029		Senior	291
1004	974	Andre Pinheiro	00:28:54	01:01:33	01:00:00	987	ISTO É CANJA!!!	Senior	292
1005	475	Jorge Godinho	00:30:46	01:01:36	00:59:56	979	DHL Express - Speed of Yellow	Veterano 1	157
1006	471	João Palma	00:30:46	01:01:37	00:59:57	981	DHL Express - Speed of Yellow	Veterano 1	158
1007	1380	Carlos Cruz	00:31:08	01:01:40	00:59:59	986		Veterano 2	155
1008	628	Emílio Gonçalves	00:30:28	01:01:40	01:00:57	1019	Amigos Vale Silencio	Veterano 3	108
1009	801	Manuel Nobre	00:32:55	01:01:44	00:59:51	973		Veterano 2	156
1010	972	Jose Batista	00:29:01	01:01:47	01:00:15	1003	ISTO É CANJA!!!	Veterano 2	157
1011	800	Miguel Silva	00:29:24	01:01:59	01:00:24	1007		Senior	293
1012	726	Pedro Bicho	00:32:55	01:01:59	01:00:32	1013	ROSA MOTA CREW	Senior	294
1013	902	Silvana Marques	00:30:09	01:02:03	01:01:00	1025	O MUNDO DA CORRIDA	Veterana	46
1014	379	António Vale	00:31:50	01:02:04	01:00:05	991		Senior	295
1015	1542	Elina Matonse	00:30:56	01:02:04	01:00:18	1006	Os Bonitos	Senior	46
1016	1257	Paula Figueiredo	00:30:35	01:02:04	01:00:59	1023	GRUPO DESPORTIVO SANTANDER TOTTA	Veterana	47
1017	1583	André Carreiro	00:30:01	01:02:06	01:01:24	1037		Senior	296
1018	1277	Jose Monteiro	00:28:50	01:02:08	01:02:04	1056	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 6	50
1019	1040	Otelinda Sousa	00:33:19	01:02:11	01:00:15	1002		Veterana	48
1020	377	Ana Andrade	00:30:10	01:02:12	01:01:22	1033		Senior	47



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1021	894	Carlos Martinho	00:32:17	01:02:15	01:00:11	994	POUCOS POR MUITOS	Veterano 2	158
1022	895	Isabel Silva	00:32:17	01:02:15	01:00:11	995	POUCOS POR MUITOS	Veterana	49
1023	892	Tânia Loureiro	00:32:17	01:02:16	01:00:11	998	POUCOS POR MUITOS	Senior	48
1024	1254	João Salgueiro	00:28:42	01:02:19	01:02:00	1050		Veterano 2	159
1025	497	Helena Moreira	00:31:03	01:02:21	01:01:44	1045	Oranginas	Veterana	50
1026	412	Pedro Passarinho	00:32:16	01:02:21	01:00:17	1005		Senior	297
1027	1171	João Marques	00:30:41	01:02:23	01:01:09	1028		Veterano 1	159
1028	642	Joaquim Ruivo	00:31:10	01:02:25	01:00:26	1009		Veterano 1	160
1029	1363	Sonia Dias	00:31:19	01:02:25	01:01:08	1027		Veterana	51
1030	1362	Jorge Ruivo	00:31:19	01:02:25	01:01:08	1026		Veterano 1	161
1031	1316	Vera Matias	00:31:17	01:02:26	01:00:37	1014		Senior	49
1032	1722	Raquel Figueiredo	00:29:21	01:02:29	01:02:04	1054		Veterana	52
1033	1441	Luís Batista	00:29:39	01:02:30	01:01:37	1044		Senior	298
1034	1833	Nídia Silva	00:30:03	01:02:30	01:02:26	1062		Veterana	53
1035	577	Josélia Almeida	00:30:17	01:02:38	01:02:09	1060		Veterana	54
1036	432	Ricardo Santos	00:29:49	01:02:40	01:00:59	1022		Veterano 1	162
1037	1897	Ricardo Quaresma	00:31:20	01:02:41	01:01:20	1032	A BOLA	Veterano 2	160
1038	1812	Nuno Contramestre	00:31:11	01:02:42	01:02:36	1066		Veterano 1	163
1039	1762	Victor Ramos	00:30:22	01:02:44	01:02:08	1059		Veterano 6	51
1040	1918	Paulo Firmino	00:31:17	01:02:45	01:01:23	1034		Senior	299



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1041	1550	Fatima Fernandes	00:31:01	01:02:45	01:01:24	1036		Veterana	55
1042	404	Carlos Barreiras	00:30:22	01:02:45	01:02:35	1065		Veterano 6	52
1043	411	Ricardo Pires	00:32:06	01:02:47	01:01:32	1040		Veterano 1	164
1044	254	Paulo Alves	00:32:06	01:02:47	01:01:32	1041		Veterano 3	109
1045	333	José Mendes	00:30:39	01:02:52	01:01:27	1039		Veterano 6	53
1046	1333	João Coelho	00:33:16	01:02:53	01:00:53	1015		Senior	300
1047	294	Sara Adão	00:32:37	01:02:54	01:01:23	1035		Senior	50
1048	299	Carlos Sepulveda	00:30:56	01:02:54	01:00:58	1021		Veterano 1	165
1049	229	Sergio Arnaut	00:30:54	01:02:58	01:01:36	1042		Senior	301
1050	457	Paulo Carinhas	00:31:52	01:02:58	01:01:37	1043		Senior	302
1051	1012	Jorge Lima	00:31:04	01:03:03	01:01:16	1030		Veterano 3	110
1052	745	Suzinda Carvalho	00:31:12	01:03:06	01:01:57	1049		Veterana	56
1053	1011	Alfredo Sousa	00:33:54	01:03:06	01:01:27	1038	cooperativa a sacavenense	Veterano 5	62
1054	821	Joao Antunes	00:33:14	01:03:12	01:01:16	1031	Flash Team	Senior	303
1055	419	Joana Pedrosa	00:31:07	01:03:12	01:02:21	1061		Senior	51
1056	709	Manuel Barbosa	00:30:12	01:03:14	01:02:33	1063		Veterano 5	63
1057	1231	Rui Freixo	00:30:56	01:03:15	01:01:47	1046		Senior	304
1058	476	Carina Caldeira	00:30:12	01:03:22	01:02:01	1051		Senior	52
1059	1097	Diogo Colaço	00:30:09	01:03:25	01:02:06	1057		Senior	305
1060	1238	Tiago Pereira	00:30:07	01:03:25	01:02:07	1058		Senior	306



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1061	1005	Paulo Martins	00:31:21	01:03:28	01:03:05	1081		Veterano 2	161
1062	1758	Gustavo Veríssimo	00:29:59	01:03:31	01:03:22	1085		Veterano 1	166
1063	546	Sandro Prates	00:28:01	01:03:35	01:03:19	1083		Veterano 1	167
1064	1008	Andreia Rocha	00:31:27	01:03:36	01:02:49	1072	Lagoa da Pedra & Arredores Running Team	Senior	53
1065	1641	Maria Batista	00:30:58	01:03:39	01:02:57	1076		Veterana	57
1066	819	Vânia Borges	00:32:19	01:03:39	01:02:34	1064		Senior	54
1067	1284	Luis Silva	00:31:11	01:03:41	01:02:54	1074	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 6	54
1068	1924	Júlia Januário	00:33:07	01:03:44	01:02:49	1071	Ferroviário de Portugal	Veterana	58
1069	1084	Ricardo Sousa	00:32:41	01:03:47	01:01:52	1048	CCDEL - Efacec Carnaxide	Veterano 1	168
1070	1076	Antonio Lopes	00:32:41	01:03:47	01:01:51	1047	CCDEL - Efacec Carnaxide	Veterano 6	55
1071	1402	Patricia Fernandes	00:31:34	01:03:48	01:02:57	1075	POWER RANGERS	Veterana	59
1072	121	Joao Vieira	00:31:36	01:03:49	01:02:49	1070		Veterano 4	70
1073	886	Virgilio Patao	00:31:32	01:03:50	01:02:04	1055		Veterano 4	71
1074	1367	Ana Jones	00:31:55	01:03:54	01:02:03	1052		Senior	55
1075	640	Luís Rosindo	00:31:55	01:03:54	01:02:03	1053		Senior	307
1076	1135	Silvino Martins	00:31:03	01:04:00	01:02:42	1067	NAPJ - NUCLEO AMIGOS PALÁCIO JUTIÇA	Veterano 6	56
1077	1860	António Nazario	00:31:30	01:04:01	01:02:49	1069		Veterano 6	57
1078	961	Joao Carmona	00:30:04	01:04:02	01:03:20	1084		Veterano 3	111
1079	870	Antonio Nunes	00:29:59	01:04:06	01:03:02	1080		Veterano 6	58
1080	998	Helena Oliveira	00:30:55	01:04:06	01:04:01	1102		Senior	56



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1081	1119	Bruno Costa	00:31:30	01:04:13	01:03:14	1082	C.Q.C.	Senior	308
1082	1896	José Luís	00:32:53	01:04:15	01:02:52	1073	A BOLA	Veterano 2	162
1083	496	Luis Pereira	00:31:21	01:04:21	01:03:37	1090		Veterano 6	59
1084	134	Ana Almeida	00:31:20	01:04:25	01:04:10	1105		Veterana	60
1085	274	Mervany Aguilera	00:31:23	01:04:28	01:04:17	1108		Senior	57
1086	1139	Isaias Pinto	00:31:48	01:04:28	01:03:27	1087	Espadas	Veterano 5	64
1087	1136	Manuel Coelho	00:32:02	01:04:31	01:03:30	1088	Espadas	Veterano 6	60
1088	1193	Sandra Belchior	00:32:32	01:04:33	01:02:46	1068		Senior	58
1089	1435	Jorge Leite	00:28:40	01:04:34	01:04:23	1110		Veterano 2	163
1090	374	Vitor Costa	00:32:32	01:04:37	01:02:58	1077		Veterano 4	72
1091	495	Ana-Alice Pereira	00:31:39	01:04:41	01:03:57	1100		Veterana	61
1092	1342	António Teixeira	00:29:44	01:04:45	01:03:52	1097		Senior	309
1093	862	Jose Santos	00:30:22	01:04:47	01:04:35	1116	CGTL	Veterano 5	65
1094	342	Maria Simoes	00:32:31	01:04:47	01:03:34	1089		Veterana	62
1095	567	José Brito	00:29:50	01:04:48	01:04:36	1117	Alfacinhas	Veterano 1	169
1096	1022	Fernando Filipe	00:31:11	01:04:49	01:04:04	1103	CLUBE GRUPO BES	Veterano 3	112
1097	571	Luis Bilro	00:31:19	01:04:49	01:03:01	1079		Senior	310
1098	572	Leila Cruz	00:31:19	01:04:49	01:03:01	1078		Senior	59
1099	1827	José Gonçalves	00:31:42	01:04:50	01:03:57	1099		Veterano 6	61
1100	250	Natália Martins	00:29:52	01:04:55	01:04:46	1120		Veterana	63



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1101	94	Fernando Marques	00:30:28	01:04:55	01:04:24	1111		Veterano 4	73
1102	952	Paula Loureiro	00:32:37	01:04:55	01:04:13	1107		Veterana	64
1103	1754	Luis Rosario	00:30:16	01:04:56	01:03:46	1093		Veterano 3	113
1104	1727	Claudia-Oana Manea	00:32:23	01:05:01	01:04:01	1101		Veterana	65
1105	285	Ana Ferrão	00:32:27	01:05:02	01:03:56	1098		Senior	60
1106	1236	Nelson Medeiros	00:31:50	01:05:11	01:03:25	1086	primos	Senior	311
1107	1152	Magda Pinelas	00:32:46	01:05:16	01:03:38	1092		Senior	61
1108	1151	Carlos Pinelas	00:32:46	01:05:17	01:03:37	1091		Veterano 1	170
1109	1100	Cláudia Estevão	00:33:13	01:05:18	01:03:51	1095	pastelaria Charlys	Senior	62
1110	733	Rute Pereira	00:33:33	01:05:19	01:03:52	1096	ROSA MOTA CREW	Senior	63
1111	491	Gonçalo Jorge	00:31:06	01:05:22	01:05:01	1130	Imparáveis	Veterano 1	171
1112	1590	Elisabete Pio	00:32:00	01:05:27	01:04:49	1122	Os Frenéticos	Senior	64
1113	1591	Sónia Pio	00:32:00	01:05:27	01:04:48	1121	Os Frenéticos	Veterana	66
1114	367	Mário Ribeiro	00:31:10	01:05:38	01:04:59	1128		Veterano 2	164
1115	1007	David Vieira	00:32:16	01:05:38	01:05:26	1143		Veterano 2	165
1116	247	Fernando Rodrigues	00:33:12	01:05:38	01:04:59	1129		Veterano 6	62
1117	1487	Tatiana Fera	00:32:15	01:05:39	01:04:13	1106		Senior	65
1118	1465	Leonor Cortegano	00:32:17	01:05:39	01:04:44	1118	Ginásio Vivência Explosiva	Veterana	67
1119	1925	Francisco Duarte	00:31:56	01:05:39	01:04:33	1114		Veterano 4	74
1120	1466	António Preto	00:32:15	01:05:39	01:04:45	1119	Ginásio Vivência Explosiva	Senior	312



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1121	1926	Daniel Duarte	00:31:55	01:05:40	01:04:33	1115		Senior	313
1122	1154	Ana Simões	00:34:07	01:05:44	01:04:51	1124		Veterana	68
1123	1153	Vítor Teixeira	00:34:07	01:05:44	01:04:51	1123		Veterano 1	172
1124	16	Miguel Barata	00:29:42	01:05:45	01:05:22	1141	Ferroviário de Portugal	Veterano 2	166
1125	1439	Anabela Matias	00:31:40	01:05:47	01:03:50	1094		Veterano 2	
1126	704	Liliana Vieira	00:30:25	01:05:57	01:05:30	1145		Senior	66
1127	844	Pedro Dias	00:31:48	01:06:08	01:05:25	1142		Veterano 1	173
1128	78	Eduardo Amorim	00:32:35	01:06:08	01:05:40	1146		Veterano 2	167
1129	329	António Martins	00:25:08	01:06:09	01:05:14	1138		Veterano 4	75
1130	559	Daniel Rodrigues	00:33:00	01:06:12	01:04:09	1104		Senior	314
1131	128	Helga Bandeira	00:33:25	01:06:15	01:04:27	1112		Veterana	69
1132	127	Aníbal Lopes	00:33:25	01:06:16	01:04:28	1113		Veterano 3	114
1133	1144	Rodrigo Neto	00:29:37	01:06:23	01:06:06	1164		Senior	315
1134	303	António Pereira	00:31:24	01:06:23	01:05:21	1139		Veterano 6	63
1135	936	Cátia Dobrões	00:32:13	01:06:25	01:05:14	1137	O Estrondo	Senior	67
1136	316	Isabel Conceição	00:31:33	01:06:26	01:06:15	1168	Grupo Desportivo e Popular do Chão Duro	Veterana	70
1137	1359	Luís Vaz	00:32:52	01:06:27	01:05:04	1134		Senior	316
1138	1849	Dulce Chagas	00:31:35	01:06:28	01:04:22	1109		Veterana	71
1139	1743	Mário Santos	00:34:44	01:06:29	01:04:57	1126	BodyLimits	Senior	317
1140	1044	Manuel Sousa	00:31:57	01:06:31	01:05:21	1140		Veterano 3	115



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1141	185	José Cuco	00:31:10	01:06:33	01:06:01	1159		Senior	318
1142	1232	Antonio Delicado	00:32:16	01:06:40	01:05:40	1147	SS CGD	Junior	27
1143	940	João Barbosa	00:33:54	01:06:42	01:05:04	1133	CCDT Metro LX	Veterano 4	76
1144	944	Fernando Fernandes	00:33:56	01:06:43	01:05:05	1135	CCDT Metro LX	Veterano 6	64
1145	1893	Filipa Reis	00:30:35	01:06:46	01:06:25	1173	A BOLA	Veterana	72
1146	1066	Carla Vieira	00:32:17	01:06:47	01:06:34	1180		Veterana	73
1147	1028	Luís Lino	00:33:08	01:06:50	01:04:54	1125	CLUBE GRUPO BES	Veterano 2	168
1148	667	Francisco Oliveira	00:29:25	01:06:52	01:06:32	1177	Britus	Veterano 1	174
1149	401	Judite Viegas	00:30:05	01:06:52	01:06:21	1172	pastelaria Charlys	Veterana	74
1150	686	Paula Ferreira	00:30:07	01:06:52	01:06:43	1184	pastelaria Charlys	Veterana	75
1151	797	Teresa Marcelino	00:33:08	01:06:54	01:04:58	1127		Veterana	76
1152	826	Antonio Domingos	00:30:17	01:06:56	01:05:29	1144		Veterano 2	169
1153	783	Deolinda Carapinha	00:30:24	01:06:56	01:06:50	1188	Bombeiros Voluntários de Montemor-O-Novo	Veterana	77
1154	1740	João Santiago	00:31:14	01:06:59	01:06:48	1187	Ninho das Águias	Senior	319
1155	1332	Margarida Alpalhão	00:33:21	01:07:00	01:06:35	1181		Veterana	78
1156	414	Tânia Rodrigues	00:34:20	01:07:04	01:05:03	1131	Valdera Team	Senior	68
1157	413	Carlos Martins	00:34:20	01:07:05	01:05:03	1132	Valdera Team	Senior	320
1158	1217	Claudio Ferreira	00:29:22	01:07:05	01:06:02	1161		Veterano 1	175
1159	1080	Manuel Gomes	00:33:30	01:07:06	01:06:03	1162	CCDEL - Efacec Carnaxide	Veterano 6	65
1160	371	Andre Morais	00:30:02	01:07:07	01:06:02	1160		Senior	321



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1161	1420	Valter Centeio	00:31:27	01:07:07	01:06:03	1163		Senior	322
1162	228	Ana Cunha	00:31:43	01:07:07	01:05:46	1151		Senior	69
1163	458	Andreia Almeida	00:31:53	01:07:08	01:05:46	1150		Senior	70
1164	1456	Patrícia Teixeira	00:32:50	01:07:08	01:05:50	1153		Veterana	79
1165	1577	Carla Simões	00:32:50	01:07:08	01:05:50	1152		Veterana	80
1166	1769	Bruno Santos	00:34:07	01:07:11	01:05:06	1136	Piqueniqueiros	Veterano 1	176
1167	592	Sérgio Falamino	00:34:49	01:07:21	01:05:41	1149		Veterano 2	170
1168	514	Helena Afonso	00:34:49	01:07:21	01:05:41	1148		Veterana	81
1169	846	Tânia Fuste	00:31:55	01:07:24	01:06:15	1169		Senior	71
1170	1507	Luis Mendes	00:30:43	01:07:28	01:06:00	1157	Fitness WorX Pinhal Novo	Veterano 1	177
1171	156	Carlos Dias	00:32:46	01:07:38	01:06:59	1190		Veterano 3	116
1172	89	Lara Farrelo	00:37:00	01:07:39	01:05:54	1155		Senior	72
1173	462	Luis Silveiro	00:33:27	01:07:39	01:06:01	1158		Veterano 2	171
1174	170	Helia Saraiva	00:33:01	01:07:39	01:07:01	1191		Veterana	82
1175	511	Francisco Ferreira	00:32:23	01:07:41	01:06:28	1176		Veterano 5	66
1176	1697	Filipa Sequeira	00:33:13	01:07:44	01:06:27	1174	Vulcanense FC	Senior	73
1177	1064	Luís Silvares	00:35:17	01:07:47	01:05:55	1156		Senior	323
1178	959	Vitor Correia	00:32:08	01:07:55	01:07:14	1197		Veterano 2	172
1179	190	Marta Lima	00:36:00	01:07:56	01:05:52	1154		Senior	74
1180	587	Sergio Correia	00:33:25	01:07:56	01:07:09	1192		Veterano 1	178



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1181	586	Rute Pereira	00:33:25	01:07:57	01:07:09	1193		Senior	75
1182	831	Luis Nunes	00:33:32	01:07:57	01:07:44	1210		Veterano 1	179
1183	498	Sónia Agostinho	00:31:48	01:07:57	01:07:21	1200	Oranginas	Veterana	83
1184	195	Maria Rodrigues	00:31:55	01:07:57	01:07:47	1211	CGTL	Veterana	84
1185	1670	Catarina Cabral	00:33:13	01:08:01	01:07:49	1212		Senior	76
1186	194	Cesar Guerra	00:30:42	01:08:02	01:07:49	1213	CGTL	Veterano 2	173
1187	384	Sónia Lage	00:33:32	01:08:05	01:06:13	1167		Senior	77
1188	385	Jorge Barata	00:33:32	01:08:05	01:06:13	1166		Senior	324
1189	937	Sara Marreiros	00:32:37	01:08:06	01:06:53	1189	O Estrondo	Senior	78
1190	169	Ana Esteves	00:32:49	01:08:07	01:06:46	1186	100Forças	Veterana	85
1191	188	Maria Pereira	00:37:06	01:08:10	01:06:06	1165		Senior	79
1192	1616	Susana Carvalho	00:35:05	01:08:12	01:07:35	1205		Veterana	86
1193	676	Luis Romaneiro	00:34:16	01:08:14	01:06:19	1170		Veterano 4	77
1194	675	Luis Fernandes	00:34:17	01:08:15	01:06:19	1171		Veterano 1	180
1195	107	João Rosa	00:37:03	01:08:19	01:06:34	1179		Senior	325
1196	420	Paulo Gonçalves	00:31:12	01:08:20	01:07:28	1203		Senior	326
1197	1081	Adelino Castro	00:32:43	01:08:20	01:08:02	1222	CCDEL - Efacec Carnaxide	Veterano 6	66
1198	796	Miguel Galego	00:37:45	01:08:21	01:06:27	1175		Senior	327
1199	883	Rosenda Kangondo	00:33:38	01:08:21	01:08:11	1225		Senior	80
1200	697	Sara Grancho	00:37:45	01:08:28	01:06:33	1178		Senior	81



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1201	1415	José Barrona	00:31:36	01:08:30	01:07:32	1204		Veterano 4	78
1202	184	Maria Oliveira	00:32:51	01:08:31	01:08:00	1218		Senior	82
1203	233	Eva Pais	00:31:48	01:08:36	01:08:02	1221		Veterana	87
1204	234	Marco Vinagre	00:27:34	01:08:37	01:08:02	1220		Senior	328
1205	1597	Nilza Caeiro	00:36:39	01:08:39	01:06:37	1182		Senior	83
1206	1794	Ana Gabriel	00:36:39	01:08:40	01:06:37	1183		Senior	84
1207	699	Priscila Calmeirão	00:37:45	01:08:40	01:06:46	1185		Senior	85
1208	41	Paulo Santos	00:31:27	01:08:43	01:08:01	1219	SOV	Veterano 1	181
1209	42	Bruno Antunes	00:31:28	01:08:43	01:07:59	1217	SOV	Veterano 1	182
1210	976	Jose Pinheiro	00:33:05	01:08:45	01:07:13	1195	ISTO É CANJA!!!	Veterano 6	67
1211	975	Rui Paz	00:33:05	01:08:46	01:07:12	1194	ISTO É CANJA!!!	Veterano 2	174
1212	397	Micaela Lizardo	00:34:50	01:08:54	01:07:14	1196	Sementes do Asfalto	Senior	86
1213	1879	Carolina Lourenço	00:31:40	01:08:56	01:08:21	1229		Senior	87
1214	1834	Manuel Gonçalves	00:32:40	01:09:00	01:07:38	1207		Veterano 6	68
1215	1091	Liliana Revez	00:34:09	01:09:04	01:07:19	1199		Veterana	88
1216	1092	Paulo Branco	00:34:09	01:09:04	01:07:19	1198		Senior	329
1217	1292	Helena Santos	00:32:24	01:09:06	01:08:49	1240		Senior	88
1218	1221	Anabela Martins	00:33:37	01:09:07	01:07:36	1206		Senior	89
1219	986	Fernando Coelho	00:34:04	01:09:08	01:07:44	1209		Veterano 3	117
1220	955	Beatriz Cardoso	00:32:58	01:09:10	01:08:30	1231		Junior	1



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1221	73	Joel Carvalho	00:32:52	01:09:12	01:09:02	1246	Os Manos	Veterano 5	67
1222	1029	Paula Silva	00:33:12	01:09:14	01:08:28	1230	CLUBE GRUPO BES	Veterana	89
1223	1063	Marta Caldeira	00:35:17	01:09:16	01:07:24	1201		Senior	90
1224	33	Marta Pimentel	00:33:20	01:09:20	01:08:51	1242	CGD	Senior	91
1225	1506	Maria Brioso	00:35:03	01:09:25	01:08:06	1224	Fitness WorX Pinhal Novo	Veterana	90
1226	1302	Filipe Tenda	00:33:29	01:09:27	01:07:26	1202		Senior	330
1227	1220	Ana Neves	00:33:18	01:09:30	01:08:47	1239	GD Águias da Moita	Junior	2
1228	1578	João Machado	00:32:17	01:09:31	01:08:31	1232		Junior	28
1229	1226	David Barata	00:33:28	01:09:32	01:08:32	1233		Veterano 1	183
1230	1128	Manuel Brás	00:33:14	01:09:33	01:08:49	1241	SS CGD	Veterano 3	118
1231	718	Carla Floriano	00:33:17	01:09:33	01:08:34	1234		Veterana	91
1232	785	Vitória Courelas	00:32:48	01:09:34	01:08:15	1227	Bombeiros Voluntários de Montemor-O-Novo	Veterana	92
1233	748	Hortense Faria	00:32:49	01:09:34	01:08:15	1226	Bombeiros Voluntários de Montemor-O-Novo	Veterana	93
1234	56	Patrícia Rocha	00:41:54	01:09:36	01:07:53	1214		Senior	92
1235	140	Maria Carreto	00:33:39	01:09:41	01:08:45	1235		Veterana	94
1236	139	João Carreto	00:33:39	01:09:41	01:08:45	1236		Veterano 4	79
1237	1770	Vitor Felizardo	00:35:20	01:09:46	01:07:42	1208	Piqueniqueiros	Veterano 2	175
1238	1581	Ana Gonçalves	00:35:01	01:09:51	01:08:03	1223		Senior	93
1239	1733	Fábio Oliveira	00:33:29	01:09:57	01:07:58	1216	Mwangolé	Senior	331
1240	1222	Ricardo Venâncio	00:32:25	01:09:57	01:08:54	1244		Senior	332



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1241	1778	Ricardo Cabral	00:34:12	01:10:04	01:07:56	1215	Piqueniqueiros	Veterano 2	176
1242	1931	Ricardo Rodrigues	00:33:43	01:10:04	01:09:32	1250		Senior	333
1243	428	Luís Cunha	00:32:55	01:10:13	01:08:20	1228		Veterano 4	80
1244	698	Rui Geraldo	00:33:08	01:10:22	01:09:48	1255		Senior	334
1245	1784	Maria Anjos	00:34:44	01:10:24	01:09:49	1257	Junta de Freguesia da Portela	Veterana	95
1246	1846	Rita Reis	00:32:39	01:10:31	01:10:27	1274		Veterana	96
1247	1619	Sara Sousa	00:34:44	01:10:41	01:08:46	1237	Os caldenses	Veterana	97
1248	1620	Daniel Tomas	00:34:45	01:10:42	01:08:46	1238	Os caldenses	Senior	335
1249	599	Lúgia Cabral	00:33:31	01:10:43	01:10:23	1270		Senior	94
1250	598	Samuel Dias	00:33:31	01:10:43	01:10:22	1269		Senior	336
1251	88	Ana Lorena	00:35:35	01:10:44	01:10:05	1260		Senior	95
1252	97	Marco Costa	00:35:35	01:10:45	01:10:05	1259		Senior	337
1253	1060	Tânia Neves	00:37:44	01:10:46	01:09:40	1251		Veterana	98
1254	900	Daniela Freixo	00:36:02	01:10:49	01:09:00	1245		Senior	96
1255	1838	Joana Almeida	00:36:01	01:10:50	01:08:53	1243		Veterana	99
1256	897	Rute Leal	00:36:01	01:10:52	01:09:02	1247		Veterana	100
1257	429	Inês Cunha	00:32:56	01:10:57	01:09:04	1248		Junior	3
1258	1520	Rui Silva	00:31:48	01:11:00	01:10:31	1275		Veterano 1	184
1259	1213	Paulo Almeida	00:34:18	01:11:18	01:09:18	1249		Senior	338
1260	196	Pedro Simões	00:36:54	01:11:19	01:09:42	1252		Senior	339



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1261	197	Diogo Silva	00:36:54	01:11:19	01:09:43	1253		Senior	340
1262	987	Maria Coelho	00:34:26	01:11:22	01:11:17	1290		Veterana	101
1263	1169	Luís Correia	00:32:36	01:11:22	01:10:22	1268		Veterano 1	185
1264	1886	Sandra Outeiro	00:35:53	01:11:23	01:10:23	1271		Veterana	102
1265	1295	Silvia Borges	00:36:26	01:11:25	01:10:19	1266		Veterana	103
1266	869	Jose Pereira	00:35:10	01:11:26	01:11:05	1286		Veterano 1	186
1267	255	Isabel Silva	00:35:39	01:11:36	01:10:50	1279		Veterana	104
1268	1423	Eduarda Pereira	00:35:56	01:11:39	01:10:59	1284		Veterano 2	177
1269	1474	Magda Lourenço	00:35:57	01:11:40	01:10:58	1283		Veterana	105
1270	1355	Daniel Pinto	00:36:48	01:11:43	01:09:52	1258		Senior	341
1271	1751	Patricia Henriques	00:39:04	01:11:46	01:10:15	1265		Veterana	106
1272	168	Nuno Firmino	00:34:06	01:11:47	01:10:26	1273	100Forças	Veterano 1	187
1273	1089	Ana Gaspar	00:34:57	01:11:50	01:09:48	1254		Senior	97
1274	30	Catarina Monteiro	00:34:57	01:11:51	01:09:49	1256		Senior	98
1275	1285	Maria Gertrudes	00:35:19	01:12:00	01:11:17	1291	GRUPO DESPORTIVO SANTANDER TOTTA	Veterana	107
1276	551	Lúcia Antunes	00:35:23	01:12:03	01:10:43	1278		Veterana	108
1277	1041	Tania Fontinha	00:35:00	01:12:03	01:10:06	1261		Veterana	109
1278	1652	Carlos Rodrigues	00:33:35	01:12:05	01:10:56	1282		Veterano 1	188
1279	1377	Francisco Cansado	00:36:48	01:12:05	01:10:15	1264		Senior	342
1280	531	Mauro Barreiros	00:33:58	01:12:13	01:11:08	1287		Senior	343



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1281	589	Maria Cesário	00:34:06	01:12:13	01:10:59	1285		Veterana	110
1282	666	Fatima Brito	00:34:44	01:12:14	01:11:55	1300	Britus	Veterana	111
1283	1085	Julio Faria	00:33:11	01:12:14	01:10:19	1267	CCDEL - Efacec Carnaxide	Veterano 3	119
1284	532	Tiago Carrasco	00:34:03	01:12:14	01:11:09	1288		Senior	344
1285	1845	Catarina Ferreira	00:33:22	01:12:15	01:12:11	1303		Veterana	112
1286	1301	Sónia Leal	00:34:02	01:12:15	01:11:09	1289		Senior	99
1287	1908	Sandra Azevedo	00:36:18	01:12:15	01:10:12	1262	Multi Mall Management	Veterana	113
1288	1907	Sofia Matos	00:36:18	01:12:15	01:10:12	1263	Multi Mall Management	Veterana	114
1289	359	Luis Farias	00:36:03	01:12:16	01:11:20	1292		Veterano 2	178
1290	351	Carla Martins	00:36:03	01:12:17	01:11:20	1294		Veterana	115
1291	1888	Rui Remédios	00:36:10	01:12:17	01:10:54	1281	A BOLA	Veterano 3	120
1292	1894	Luís Fonseca	00:33:51	01:12:18	01:10:54	1280	A BOLA	Veterano 4	81
1293	1883	Ana Ramos	00:36:10	01:12:25	01:10:26	1272		Veterana	116
1294	29	Mariana Estevens	00:35:20	01:12:31	01:11:37	1296	Ferroviário de Portugal	Veterana	117
1295	1799	Maria Ferreira	00:36:20	01:12:36	01:11:24	1295		Veterana	118
1296	1814	Sérgio Silva	00:39:03	01:12:37	01:11:44	1297	Pés de Chumbo	Veterano 5	68
1297	1705	Antonio J.S.Chaves	00:34:02	01:12:37	01:12:12	1304		Veterano 1	189
1298	1783	Nuno Silva	00:34:49	01:12:44	01:11:55	1299	Garmin Clube Olímpico de Oeiras	Senior	345
1299	1773	Ana Nunes	00:35:44	01:12:47	01:10:39	1276	Piqueniqueiros	Senior	100
1300	1768	Maria Felizardo	00:35:43	01:12:47	01:10:40	1277	Piqueniqueiros	Veterana	119



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1301	1467	Tiago Ferreira	00:35:59	01:12:47	01:11:54	1298	Ginásio Vivência Explosiva	Senior	346
1302	1631	Cátia Milheiro	00:35:38	01:12:49	01:11:20	1293	Corredios	Senior	101
1303	290	Rute Brito	00:34:26	01:12:53	01:12:09	1301		Senior	102
1304	291	Carlos Costa	00:34:26	01:12:54	01:12:09	1302		Senior	347
1305	447	Pedro Pires	00:35:06	01:13:05	01:12:49	1309	Alfacinhas	Veterano 1	190
1306	448	Rita Pires	00:35:08	01:13:08	01:12:53	1310	Alfacinhas	Veterana	120
1307	350	Fábio Gigante	00:36:20	01:13:51	01:12:49	1308		Senior	348
1308	1329	Rita Pereira	00:35:31	01:13:55	01:12:54	1312		Senior	103
1309	1330	Bruno Alves	00:35:32	01:13:55	01:12:54	1311		Senior	349
1310	1723	Filipa Carioca	00:33:42	01:14:00	01:13:27	1317		Senior	104
1311	1713	Luis Carioca	00:33:41	01:14:01	01:13:27	1316		Veterano 3	121
1312	1636	Nelia Alves	00:35:40	01:14:04	01:12:34	1307		Veterana	121
1313	554	Hugo Fialho	00:33:39	01:14:10	01:12:56	1313		Veterano 1	191
1314	206	Ana Borges	00:37:25	01:14:15	01:13:24	1315		Veterana	122
1315	590	Mónica Lopes	00:36:44	01:14:23	01:12:30	1305		Senior	105
1316	565	Ricardo Amaral	00:36:44	01:14:23	01:12:30	1306		Senior	350
1317	1593	Emanuel Soares	00:34:48	01:14:56	01:14:15	1321	Os Frenéticos	Senior	351
1318	1729	Anabela Martins	00:37:27	01:14:59	01:13:14	1314		Veterana	123
1319	1867	Vicente Leonardo	00:36:07	01:15:24	01:13:42	1318		Veterano 2	179
1320	1299	Paulo Silva	00:36:07	01:15:24	01:13:42	1319		Veterano 2	180



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1321	1110	Fernando Silva	00:35:54	01:15:29	01:14:25	1322	C.Q.C.	Veterano 1	192
1322	1115	Sara Centeio	00:35:55	01:15:30	01:14:26	1323	C.Q.C.	Senior	106
1323	1613	Adalzira Silva	00:37:04	01:15:37	01:14:47	1326		Veterana	124
1324	811	Suzana Borges	00:37:43	01:15:37	01:14:31	1325		Veterana	125
1325	1407	Cristiana Nunes	00:37:53	01:15:50	01:14:15	1320	Pernas de Gafanhoto	Senior	107
1326	1721	Gustavo Simões	00:35:28	01:15:55	01:14:31	1324		Veterano 2	181
1327	1793	Joana Ramos	00:36:23	01:16:03	01:15:34	1331		Veterana	126
1328	1764	Maria Silva	00:36:22	01:16:04	01:15:34	1332		Veterana	127
1329	1795	Marta Campos	00:36:22	01:16:04	01:15:35	1333		Senior	108
1330	490	Clarisse Sim	00:36:22	01:16:04	01:15:35	1334	C.A.T - Barreiro	Veterana	128
1331	1266	Carlos Teixeira	00:38:50	01:16:16	01:15:28	1330	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 1	193
1332	1572	Ana Silva	00:35:34	01:16:30	01:16:00	1337		Senior	109
1333	861	Gilda Parreira	00:39:05	01:16:35	01:15:03	1327		Senior	110
1334	1693	Maria Prates	00:34:44	01:16:44	01:16:39	1344		Veterana	129
1335	1347	Jose Gomes	00:38:09	01:16:44	01:15:19	1328		Veterano 1	194
1336	1720	Margarida Gomes	00:37:53	01:16:58	01:15:22	1329		Senior	111
1337	1276	Jose Marçal	00:36:11	01:17:00	01:16:28	1341	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 5	69
1338	650	Marco Cruz	00:36:11	01:17:01	01:16:29	1342	RECREATIVO DE ALVORADA	Veterano 1	195
1339	817	Bruno Vaz	00:35:42	01:17:04	01:16:09	1339		Veterano 1	196
1340	1580	Cláudia Pinheiro	00:40:22	01:17:12	01:15:46	1335		Senior	112



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1341	338	Camilo Lourenço	00:35:38	01:17:20	01:17:13	1352		Veterano 6	69
1342	1026	Luís Caetano	00:36:04	01:17:21	01:16:50	1345	CLUBE GRUPO BES	Veterano 3	122
1343	903	Amadeu Cunha	00:36:56	01:17:23	01:15:55	1336		Senior	352
1344	1472	Elsa Matos	00:37:09	01:17:45	01:16:59	1347		Veterana	130
1345	1449	Armando Valente	00:36:31	01:17:49	01:16:01	1338		Veterano 2	182
1346	1052	Vera Rebelo	00:36:37	01:18:05	01:16:51	1346		Senior	113
1347	822	Sara Mesquita	00:37:00	01:18:06	01:16:09	1340	Flash Team	Senior	114
1348	1140	António Espada	00:35:19	01:18:12	01:17:09	1348	Espadas	Veterano 4	82
1349	1038	Sílvia Lourenço	00:37:12	01:18:17	01:17:37	1355		Veterana	131
1350	672	Rodrigo Esteves	00:32:08	01:18:20	01:16:29	1343		Veterano 1	197
1351	161	Luís Carabineiro	00:35:47	01:18:23	01:17:59	1356		Senior	353
1352	46	Ricardo Branco	00:37:49	01:18:33	01:17:10	1349	ANSR	Veterano 1	198
1353	44	Joana Ramos	00:37:54	01:18:33	01:17:11	1351	ANSR	Senior	115
1354	45	Mafalda Ramos	00:37:57	01:18:34	01:17:10	1350	ANSR	Junior	4
1355	48	Ricardo Fernandes	00:37:50	01:18:37	01:17:14	1353	ANSR	Senior	354
1356	1928	Mário Afonso	00:35:46	01:19:20	01:17:19	1354		Senior	355
1357	1730	Ana Montesinos	00:39:09	01:19:53	01:18:08	1357		Veterana	132
1358	756	Bruno Minhoca	00:40:38	01:19:53	01:18:43	1358	Bombeiros Voluntários de Montemor-O-Novo	Senior	356
1359	656	Ana Dionisio	00:38:53	01:20:12	01:19:07	1360	multiflow	Veterana	133
1360	1443	Cátia Vilhana	00:39:04	01:20:17	01:20:07	1369		Senior	116



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1361	881	Sónia Carvalho	00:39:04	01:20:18	01:20:09	1370		Senior	117
1362	1637	Nuno Estradas	00:40:21	01:20:42	01:19:16	1361		Senior	357
1363	482	Carla Morais	00:41:18	01:20:56	01:19:27	1362	No pain no gain	Senior	118
1364	481	Andre Morais	00:41:15	01:20:57	01:19:28	1363	No pain no gain	Senior	358
1365	483	Joao Morais	00:41:17	01:20:57	01:19:29	1364	No pain no gain	Junior	29
1366	1268	Fabio Dias	00:41:25	01:21:00	01:20:26	1371	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano 2	183
1367	467	Bruno Falcão	00:39:39	01:21:07	01:18:53	1359		Veterano 1	199
1368	1032	Rui Gameiro	00:41:25	01:21:11	01:19:46	1366	CLUBE GRUPO BES	Veterano 2	184
1369	553	Madalena Gameiro	00:41:25	01:21:11	01:19:47	1367		Junior	5
1370	47	Victor Matias	00:38:16	01:21:15	01:19:52	1368	ANSR	Veterano 1	200
1371	887	Fábio Diogo	00:38:06	01:21:17	01:20:37	1372		Senior	359
1372	847	Carla Dias	00:43:19	01:21:26	01:19:44	1365	A-Team	Veterana	134
1373	1211	Pedro Ramos	00:36:08	01:21:28	01:21:14	1378		Veterano 1	201
1374	1210	Paulo Ferreira	00:36:09	01:21:28	01:21:13	1377		Veterano 2	185
1375	1753	Ana Silva	00:37:47	01:21:51	01:21:21	1379	Bombocas	Senior	119
1376	1752	Irene Araujo	00:37:47	01:21:51	01:21:21	1380	Bombocas	Veterana	135
1377	1592	Euclides Pio	00:39:29	01:22:08	01:21:28	1381	Os Frenéticos	Veterano 6	70
1378	126	Maria Ribeiro	00:38:33	01:22:13	01:21:13	1376		Veterana	136
1379	1132	Marta Martins	00:48:19	01:22:28	01:20:53	1374	NAPJ - NUCLEO AMIGOS PALÁCIO JUTIÇA	Senior	120
1380	1297	Alice Almeida	00:41:41	01:22:40	01:20:57	1375		Veterana	137



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1381	1848	Paulo Costa	00:43:43	01:22:52	01:20:47	1373		Veterano 2	186
1382	1187	Catarina Gomes	00:39:29	01:22:58	01:22:30	1385		Senior	121
1383	706	Baltasar Vieira	00:40:41	01:23:05	01:21:38	1382		Veterano 5	70
1384	737	Délia Boino	00:39:31	01:23:07	01:22:51	1390		Veterana	138
1385	738	Sandra Caetano	00:39:30	01:23:07	01:22:51	1391		Veterana	139
1386	343	Adalvina Pinto	00:38:46	01:23:17	01:22:28	1384		Veterana	140
1387	199	João Simões	00:39:12	01:23:25	01:23:11	1393	Clube OGMA	Veterano 4	83
1388	200	José Oliveira	00:39:12	01:23:25	01:23:12	1394	Clube OGMA	Veterano 4	84
1389	904	Andreia Vicente	00:40:59	01:23:27	01:23:08	1392		Senior	122
1390	106	Liliana Moreira	00:40:26	01:23:51	01:22:21	1383		Senior	123
1391	728	Daniel Fonseca	00:40:05	01:23:59	01:22:32	1389	ROSA MOTA CREW	Senior	360
1392	1763	Maria Ramos	00:39:39	01:24:00	01:23:24	1397		Veterana	141
1393	1043	Paulo Nunes	00:40:55	01:24:09	01:23:25	1398		Veterano 4	85
1394	1114	Andreia Mendinhos	00:41:53	01:24:19	01:23:18	1396	C.Q.C.	Senior	124
1395	1775	Ana Branco	00:41:40	01:24:37	01:22:31	1387	Piqueniqueiros	Veterana	142
1396	1776	Helder Santos	00:41:45	01:24:37	01:22:31	1388	Piqueniqueiros	Veterano 2	187
1397	1771	Inês Felizardo	00:41:45	01:24:37	01:22:30	1386	Piqueniqueiros	Junior	6
1398	661	Florbela Mendes	00:41:51	01:24:42	01:24:28	1401		Veterana	143
1399	668	Agostinha Maria	00:41:51	01:24:42	01:24:29	1402		Veterana	144
1400	388	Ana Sales	00:42:47	01:24:56	01:23:14	1395	A-Team	Senior	125



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1401	1300	Mariana Silva	00:43:13	01:25:32	01:23:51	1399		Junior	7
1402	1111	Rafael Rocha	00:41:34	01:25:32	01:24:31	1403	C.Q.C.	Senior	361
1403	1589	Catarina Moição	00:40:11	01:26:03	01:25:44	1409	Alfacinhas	Junior	8
1404	849	Patricia Serafim	00:40:59	01:26:06	01:25:46	1411		Senior	126
1405	834	Maria Nunes	00:40:59	01:26:06	01:25:46	1412		Veterana	145
1406	1921	Vânia Silva	00:40:59	01:26:06	01:25:46	1410		Senior	127
1407	1113	Ana Esperança	00:41:53	01:26:15	01:25:15	1405	C.Q.C.	Senior	128
1408	1112	Inês Meda	00:41:36	01:26:15	01:25:14	1404	C.Q.C.	Senior	129
1409	563	Luis Bico	00:44:15	01:26:17	01:24:15	1400	Os Amigos da Pinga	Senior	362
1410	838	Ana Ferro	00:42:31	01:26:34	01:26:22	1414		Veterana	146
1411	1167	Teresa Gerardo	00:42:55	01:26:48	01:25:17	1407		Veterana	147
1412	568	Ioly Brito	00:42:55	01:26:49	01:26:26	1415	Alfacinhas	Veterana	148
1413	1228	Paula Moises	00:42:52	01:27:05	01:25:34	1408		Veterana	149
1414	876	Marina Simoes	00:39:23	01:27:07	01:25:55	1413	SS CGD	Veterana	150
1415	1656	Catarina Coelho	00:39:48	01:27:15	01:25:15	1406	Mwangolé	Junior	9
1416	1575	Fábio Fernandes	00:36:36	01:28:02	01:27:32	1419		Senior	363
1417	1517	Maria Taneco	00:42:21	01:28:11	01:27:23	1417		Veterana	151
1418	1518	Filipa Colaço	00:42:21	01:28:11	01:27:23	1416		Senior	130
1419	1832	Carlos Santos	00:43:37	01:28:15	01:28:08	1426		Veterano 4	86
1420	1828	Patrícia Costa	00:44:01	01:28:35	01:27:35	1421		Senior	131



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1421	1829	Ricardo Simões	00:44:02	01:28:35	01:27:35	1420		Senior	364
1422	1186	Carla Morais	00:42:37	01:28:36	01:28:06	1425		Veterana	152
1423	1458	Rosa Faleiro	00:41:52	01:28:36	01:27:40	1423	Ginásio Vivência Explosiva	Veterana	153
1424	1328	Pedro Ribeiro	00:42:48	01:28:39	01:27:37	1422		Senior	365
1425	1627	Joana Bacelar	00:44:01	01:28:40	01:28:10	1427		Senior	132
1426	1521	Lara Santos	00:44:00	01:28:40	01:28:11	1428		Senior	133
1427	1535	Ana Cotovio	00:43:20	01:29:22	01:27:25	1418	Flash Team	Senior	134
1428	1120	Ana Felicio	00:45:17	01:29:36	01:28:35	1433	C.Q.C.	Veterana	154
1429	1117	Paula Marcelino	00:45:09	01:29:36	01:28:33	1430	C.Q.C.	Veterana	155
1430	1118	Paula Margarido	00:45:09	01:29:36	01:28:33	1431	C.Q.C.	Veterana	156
1431	1536	Mafalda Nogueira	00:43:20	01:29:44	01:27:47	1424	Flash Team	Junior	10
1432	1288	Ricardo Inácio	00:48:28	01:29:46	01:28:49	1437		Senior	366
1433	26	Gema Cabrera	00:42:13	01:29:50	01:29:42	1441		Senior	135
1434	1531	Sandro Miranda	00:40:34	01:30:07	01:28:41	1434	Fitness WorX Pinhal Novo	Veterano 1	202
1435	1488	Ricardo Ribeiro	00:40:34	01:30:07	01:28:34	1432	Fitness WorX Pinhal Novo	Senior	367
1436	1501	Rute Presado	00:42:48	01:30:18	01:29:00	1440	Fitness WorX Pinhal Novo	Veterana	157
1437	1348	Helena Gomes	00:43:10	01:30:23	01:28:59	1438		Veterana	158
1438	1416	Ana Simões	00:43:09	01:30:23	01:28:59	1439		Veterana	159
1439	1716	Neuza Fernandes	00:44:39	01:30:27	01:28:42	1435		Senior	136
1440	186	Sonia Carvalheira	00:44:39	01:30:27	01:28:42	1436		Senior	137



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1441	1453	Bernardo Cortes	00:48:32	01:30:30	01:28:18	1429		Junior	30
1442	1817	Paula Gama	00:44:03	01:30:37	01:29:44	1442	Pés de Chumbo	Veterana	160
1443	956	Sónia Gonçalves	00:47:22	01:31:51	01:30:02	1443		Veterana	161
1444	957	Nereyda Fuente	00:47:22	01:31:51	01:30:02	1444		Veterana	162
1445	612	Ana Martins	00:47:26	01:31:53	01:30:11	1445	DHL Express - Speed of Yellow	Senior	138
1446	865	Joana Lopes	00:44:12	01:32:02	01:31:34	1452		Senior	139
1447	1481	João Mendes	00:45:44	01:32:03	01:30:23	1446		Veterano 1	203
1448	1046	Catarina Ezequiel	00:45:48	01:32:26	01:30:31	1447		Junior	11
1449	1376	Carmo Gonçalves	00:45:25	01:32:35	01:30:46	1449		Veterana	163
1450	1374	Andreia Filipe	00:45:59	01:32:35	01:30:45	1448		Senior	140
1451	1047	Sara Almeida	00:45:48	01:32:46	01:30:51	1450		Junior	12
1452	1400	António Rosa	00:43:57	01:33:00	01:31:19	1451	POWER RANGERS	Veterano 6	71
1453	782	Susana Flamino	00:42:31	01:33:16	01:33:14	1463	Bombeiros Voluntários de Montemor-O-Novo	Veterana	164
1454	780	Maria João	00:42:32	01:33:16	01:33:15	1464	Bombeiros Voluntários de Montemor-O-Novo	Veterana	165
1455	830	Celeste Reis	00:42:32	01:33:17	01:33:11	1462	Bombeiros Voluntários de Montemor-O-Novo	Veterana	166
1456	1482	Francisco Bartolomeu	00:45:44	01:33:40	01:32:02	1453		Veterano 6	72
1457	935	Luís Baião	00:43:51	01:34:09	01:32:57	1457	O Estrondo	Senior	368
1458	938	Andreia Trigo	00:43:51	01:34:09	01:32:57	1458	O Estrondo	Senior	141
1459	1436	Sílvia Pina	00:46:00	01:34:20	01:32:28	1454		Senior	142
1460	1553	Paulo Ascensão	00:49:43	01:34:24	01:32:59	1459	Grupo Desportivo CIMPOR	Veterano 2	188



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1461	1556	Maria Peres	00:49:43	01:34:24	01:33:00	1460	Grupo Desportivo CIMPOR	Veterana	167
1462	1489	Alexandra Ribeiro	00:46:07	01:34:42	01:33:08	1461	Fitness WorX Pinhal Novo	Senior	143
1463	1573	António Salvador	00:44:36	01:34:51	01:34:34	1474		Veterano 6	73
1464	1570	Nicole Silva	00:48:20	01:34:55	01:34:34	1473		Junior	13
1465	1569	Anabela Nobre	00:48:20	01:35:04	01:34:43	1476		Veterana	168
1466	1452	Jorge Cortes	00:48:32	01:35:04	01:32:52	1455		Veterano 5	71
1467	1451	Fernanda Silva	00:48:32	01:35:04	01:32:54	1456		Veterana	169
1468	1574	Francisco Marques	00:44:35	01:35:05	01:34:48	1480		Veterano 6	74
1469	225	Maria Viegas	00:45:13	01:35:33	01:35:05	1483		Veterana	170
1470	786	Ezequiel Courelas	00:48:13	01:35:39	01:35:30	1487	Bombeiros Voluntários de Montemor-O-Novo	Veterano 6	75
1471	784	Alexandre Carapinha	00:48:13	01:35:40	01:35:30	1488	Bombeiros Voluntários de Montemor-O-Novo	Veterano 4	87
1472	609	Vera Silva	00:47:26	01:35:40	01:33:58	1465	DHL Express - Speed of Yellow	Senior	144
1473	758	Custodio Palmas	00:48:14	01:35:40	01:35:32	1489	Bombeiros Voluntários de Montemor-O-Novo	Veterano 6	76
1474	1289	Vanessa Batista	00:48:28	01:35:41	01:34:44	1477		Senior	145
1475	232	Maria Carvalho	00:46:04	01:35:41	01:35:35	1490		Veterana	171
1476	1639	Rita Sá	00:49:31	01:35:49	01:34:21	1467		Veterana	172
1477	1642	Elsa Rocha	00:49:31	01:35:50	01:34:21	1466		Veterana	173
1478	753	Sónia Courelas	00:48:13	01:36:12	01:34:52	1481	Bombeiros Voluntários de Montemor-O-Novo	Veterana	174
1479	759	Maria Luz	00:48:14	01:36:13	01:36:06	1497	Bombeiros Voluntários de Montemor-O-Novo	Veterana	175
1480	843	Salomé Silva	00:48:50	01:36:15	01:34:37	1475		Junior	14



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1481	1695	Judite Conceição	00:49:37	01:36:26	01:34:44	1478		Veterano 3	123
1482	1872	Marta Silva	00:48:11	01:36:26	01:34:28	1468		Senior	146
1483	1871	Ana Cananao	00:48:12	01:36:27	01:34:28	1469		Senior	147
1484	1876	Ricardo Arraias	00:48:12	01:36:27	01:34:29	1470		Veterano 2	189
1485	1629	Fernanda Ferreira	00:49:37	01:36:28	01:34:47	1479		Veterana	176
1486	1129	Marília Pereira	00:47:42	01:36:29	01:34:57	1482	SS CGD	Veterana	177
1487	1772	Maria Felizardo	00:45:03	01:36:37	01:34:33	1472	Piqueniqueiros	Veterana	178
1488	1785	Jorge Cardoso	00:45:03	01:36:37	01:34:30	1471	Piqueniqueiros	Veterano 2	190
1489	596	Maria Silva	00:48:21	01:36:45	01:35:57	1495		Veterana	179
1490	597	Maria Ferreira	00:48:22	01:36:47	01:35:59	1496		Veterana	180
1491	1379	Séfora Monteiro	00:49:15	01:36:50	01:35:52	1493		Senior	148
1492	370	Tania Godinho	00:45:57	01:36:59	01:35:55	1494		Senior	149
1493	614	Anabela Marchante	00:47:42	01:36:59	01:35:17	1485	DHL Express - Speed of Yellow	Veterana	181
1494	610	Maria Oliveira	00:47:41	01:36:59	01:35:17	1484	DHL Express - Speed of Yellow	Veterana	182
1495	754	Conceição Maia	00:45:56	01:36:59	01:36:53	1498	Bombeiros Voluntários de Montemor-O-Novo	Veterana	183
1496	1884	Rui Geirinhas	00:45:25	01:37:16	01:35:22	1486		Veterano 2	191
1497	389	Andreia Jesus	00:49:30	01:37:34	01:35:51	1492	A-Team	Senior	150
1498	848	Paula Pinheiro	00:49:29	01:37:34	01:35:51	1491	A-Team	Senior	151
1499	579	Margarida Vicente	00:48:57	01:38:00	01:37:36	1506	Alfacinhas	Junior	15
1500	1706	Margarida Costa	00:48:57	01:38:02	01:37:37	1507	Alfacinhas	Junior	16



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1501	1395	Rosália Rodrigues	00:48:24	01:38:55	01:37:21	1501	Equipa da Animação	Veterana	184
1502	1389	Carlota Gaspar	00:48:09	01:38:55	01:37:24	1502	Equipa da Animação	Veterana	185
1503	1388	Dora Outeiro	00:48:09	01:38:55	01:37:21	1499	Equipa da Animação	Veterana	186
1504	1512	Andreia Domingos	00:52:03	01:38:55	01:37:26	1503	Fitness WorX Pinhal Novo	Junior	17
1505	1511	Anabela Domingos	00:52:00	01:38:57	01:37:28	1504	Fitness WorX Pinhal Novo	Veterana	187
1506	1491	Ivone Mendes	00:52:03	01:38:59	01:37:29	1505	Fitness WorX Pinhal Novo	Veterana	188
1507	1868	Patrícia Abel	00:49:48	01:39:13	01:38:00	1513		Veterana	189
1508	1508	Sonia Forte	00:52:02	01:39:14	01:37:49	1512	Fitness WorX Pinhal Novo	Veterana	190
1509	1062	Marisa Comprido	00:49:23	01:39:14	01:38:16	1518		Senior	152
1510	1061	Maria Comprido	00:49:23	01:39:15	01:38:17	1519		Veterana	191
1511	1192	Filipa Serrano	00:49:17	01:39:16	01:38:54	1521		Veterana	192
1512	1086	Sara Leal	00:49:31	01:39:19	01:37:37	1508	A-Team	Veterana	193
1513	230	Claudia Moreira	00:53:54	01:39:21	01:37:21	1500		Senior	153
1514	390	Paula Conceição	00:49:29	01:39:21	01:37:39	1509	A-Team	Senior	154
1515	1188	Ana Luz	00:49:16	01:39:23	01:39:03	1524		Veterana	194
1516	1189	Cidália Vicente	00:49:15	01:39:25	01:39:02	1523		Veterana	195
1517	1510	Olinda Silva	00:52:00	01:39:37	01:38:12	1514	Fitness WorX Pinhal Novo	Veterana	196
1518	1357	Rute Francisco	00:53:41	01:39:39	01:37:40	1510		Veterana	197
1519	1356	Magda Chambel	00:53:41	01:39:39	01:37:40	1511		Senior	155
1520	1394	Sandra Santos	00:50:44	01:39:48	01:38:14	1515	Equipa da Animação	Veterana	198



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1521	1392	Cristina Peres	00:50:46	01:39:48	01:38:15	1516	Equipa da Animação	Veterana	199
1522	1393	Maria Pinheiro	00:50:46	01:39:48	01:38:16	1517	Equipa da Animação	Veterana	200
1523	1216	Sofia Dias	00:49:23	01:39:55	01:38:57	1522		Senior	156
1524	131	Maria Nunes	00:50:46	01:40:12	01:39:23	1525		Veterana	201
1525	123	Manuel Oliveira	00:50:44	01:40:13	01:39:23	1526		Veterano 4	88
1526	415	Hugo Miranda	00:50:57	01:40:29	01:38:27	1520	Valdera Team	Senior	369
1527	270	Paula Silva	00:49:13	01:40:56	01:40:30	1533		Veterana	202
1528	914	Maria Cristovão	00:52:05	01:41:04	01:40:44	1534		Veterana	203
1529	100	Sónia Neto	00:50:47	01:41:41	01:39:57	1527		Veterana	204
1530	101	Maria Lourenço	00:50:46	01:41:42	01:39:57	1528		Veterana	205
1531	293	Ângela Ildefonso	00:51:40	01:41:50	01:40:18	1530		Senior	157
1532	416	Sara Peralta	00:50:57	01:42:01	01:40:00	1529	Valdera Team	Senior	158
1533	509	José Magalhães	00:50:23	01:42:06	01:40:19	1531		Senior	370
1534	510	Maria Magalhães	00:50:24	01:42:07	01:40:21	1532		Veterana	206
1535	436	Ana Silva	00:49:24	01:42:13	01:41:38	1542		Veterana	207
1536	1386	Maria Correia	00:51:05	01:42:25	01:40:50	1535	Equipa da Animação	Veterana	208
1537	1383	Conceição Benisse	00:51:05	01:42:25	01:40:51	1536	Equipa da Animação	Veterana	209
1538	1396	Cristina Mendes	00:51:05	01:42:25	01:40:52	1537	Equipa da Animação	Veterana	210
1539	809	Carla Santos	00:51:06	01:42:41	01:41:08	1538		Veterana	211
1540	827	Maria Gomes	00:51:06	01:42:41	01:41:08	1539		Veterana	212



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1541	1813	Helena Silva	00:51:04	01:42:42	01:41:49	1543	Pés de Chumbo	Veterana	213
1542	1815	Lúisa Abreu	00:51:04	01:42:42	01:41:49	1544	Pés de Chumbo	Veterana	214
1543	1816	Carlos Abreu	00:51:04	01:42:45	01:41:52	1545	Pés de Chumbo	Veterano 3	124
1544	1809	Cesaltina Carpelho	00:51:47	01:43:06	01:41:36	1541	Karpelhos4	Veterana	215
1545	27	Filipa Mendes	00:51:26	01:43:07	01:41:27	1540		Senior	159
1546	1810	João Carpelho	00:51:47	01:43:36	01:42:06	1546	Karpelhos4	Veterano 2	192
1547	1811	Maria Carpelho	00:51:48	01:43:36	01:42:06	1547	Karpelhos4	Veterana	216
1548	705	Maria Vieira	00:49:56	01:44:07	01:42:40	1549		Veterana	217
1549	1131	Maria Martins	00:50:36	01:44:29	01:42:54	1551	NAPJ - NUCLEO AMIGOS PALÁCIO JUTIÇA	Veterana	218
1550	1048	Maria Charneca	00:52:07	01:44:35	01:42:40	1550		Veterana	219
1551	1049	Rui Ezequiel	00:52:07	01:44:36	01:42:40	1548		Veterano 2	193
1552	1779	Jose Paulino	00:52:50	01:45:44	01:44:07	1552		Veterano 6	77
1553	1781	Dora Paulino	00:52:51	01:45:45	01:44:07	1553		Veterana	220
1554	1526	Raquel Soares	00:52:04	01:46:11	01:44:36	1554		Veterana	221
1555	1381	Maria Gonçalves	00:52:02	01:46:11	01:44:39	1555	Equipa da Animação	Veterana	222
1556	1317	Fernanda Lopes	00:50:55	01:46:56	01:45:59	1561		Veterana	223
1557	1164	Ângela Batista	00:50:56	01:46:56	01:45:59	1562		Senior	160
1558	1387	Paula Santos	00:52:05	01:47:16	01:45:43	1556	Equipa da Animação	Veterana	224
1559	907	Floripes Gomes	00:54:05	01:47:17	01:45:44	1557		Veterana	225
1560	1382	Helena Lopes	00:52:05	01:47:17	01:45:46	1558	Equipa da Animação	Veterana	226



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1561	1621	Telma Pereira	00:54:02	01:47:42	01:45:48	1559		Senior	161
1562	1622	Aurora Pereira	00:54:03	01:47:42	01:45:50	1560		Veterana	227
1563	1840	Francisco Duarte	00:55:05	01:48:30	01:46:45	1563		Veterano 4	89
1564	787	Olinda Ferreira	00:54:10	01:48:44	01:47:16	1564	Bombeiros Voluntários de Montemor-O-Novo	Veterana	228
1565	747	Fortunata Cachola	00:54:03	01:48:46	01:47:17	1565	Bombeiros Voluntários de Montemor-O-Novo	Veterana	229
1566	788	Andreia Ferreira	00:54:02	01:48:48	01:47:18	1567	Bombeiros Voluntários de Montemor-O-Novo	Senior	162
1567	1409	Sidalina Patego	00:54:37	01:49:09	01:47:55	1568	Pituchas	Veterana	230
1568	1411	Lidia Ravasqueira	00:54:37	01:49:09	01:47:55	1569	Pituchas	Veterana	231
1569	1748	Leniza Chambel	00:53:55	01:49:17	01:47:18	1566		Senior	163
1570	1335	Ivo Pereira	00:54:10	01:49:53	01:48:03	1570	Papa Milhas	Veterano 1	204
1571	1334	Susana Santospereira	00:54:10	01:49:53	01:48:03	1571	Papa Milhas	Veterana	232
1572	1098	Maria Gertrudes	00:54:39	01:49:53	01:48:17	1573		Veterana	233
1573	1095	Rita Monteiro	00:54:39	01:49:54	01:48:17	1574		Senior	164
1574	1336	Palmira Pereira	00:54:11	01:49:58	01:48:07	1572	Papa Milhas	Veterana	234
1575	260	Maria Brito	00:55:45	01:50:23	01:49:04	1578	Beringela	Veterana	235
1576	1668	Dalila Andrade	00:55:35	01:50:36	01:48:33	1575	Mwangolé	Veterana	236
1577	1251	Célia Falcão	00:55:15	01:50:36	01:49:41	1581	C.A.T - Barreiro	Veterana	237
1578	1654	Sandra Coelho	00:55:35	01:50:37	01:48:35	1576	Mwangolé	Veterana	238
1579	1734	Sofia Andrade	00:55:35	01:50:39	01:48:36	1577	Mwangolé	Senior	165
1580	1252	Joaquim Falcão	00:55:14	01:50:40	01:49:45	1582	C.A.T - Barreiro	Veterano 2	194



CLASSIFICAÇÕES

MONTIJO | 12 MAIO'13

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1581	259	Laura Monteiro	00:55:18	01:50:45	01:49:25	1580	Beringela	Veterana	239
1582	1841	Daniel Duarte	00:55:05	01:51:08	01:49:22	1579		Senior	371
1583	1484	Sandrina Martins	00:54:48	01:52:55	01:50:54	1583		Veterana	240
1584	1099	Helena Bronze	00:54:48	01:52:56	01:50:54	1584		Veterana	241
1585	1166	Milene Carvalho	00:55:21	01:53:21	01:52:08	1585		Senior	166
1586	1412	Isabel Santos	00:55:21	01:53:22	01:52:08	1586	Pituchas	Veterana	242
1587	1191	Helena Carvalho	00:55:21	01:53:23	01:52:11	1587		Veterana	243
1588	1413	Rosabela Romão	00:55:39	01:53:25	01:52:14	1588	Pituchas	Veterana	244
1589	1410	Maria Santos	00:55:39	01:53:33	01:52:20	1589	Pituchas	Veterana	245
1590	1408	Maria Rosa	00:55:39	01:53:33	01:52:21	1590	Pituchas	Veterana	246
1591	593	Marta Galvão	00:57:22	01:54:17	01:52:23	1591		Veterana	247
1592	595	Vanda Moreira	00:57:12	01:54:43	01:52:50	1592		Senior	167
1593	594	Antónia Galvão	00:57:17	01:55:20	01:53:27	1593		Veterana	248
1594	1728	Ermentina Mateus	00:57:13	01:55:23	01:53:32	1594		Veterana	249
1595	1201	Maria Freitas	00:55:24	01:55:24	01:55:01	1597	Alfacinhas	Veterana	250
1596	1515	Helena Augusto	00:57:14	01:55:25	01:53:34	1595		Veterana	251
1597	1726	Maria Fonseca	00:57:13	01:55:27	01:53:37	1596		Veterana	252
1598	1249	Sérgio Sim	00:59:14	01:56:44	01:55:49	1598	C.A.T - Barreiro	Veterano 2	195
1599	1200	Cristina Freitas	00:59:50	01:56:50	01:56:27	1599	Alfacinhas	Veterana	253
1600	1588	Alexandra Costa	00:59:50	01:56:50	01:56:31	1600	Alfacinhas	Veterana	254