

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório Masculino e Feminino Geral

| Class | Num  | Nome                 | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe                |
|-------|------|----------------------|----|-----|-----|----------|------------|-----------------------|
| 1     | 543  | LUIS BATISTA         | M  | 37  |     | 00:32:30 | 00:32:28   | ODIMARK ALUMINIOS     |
| 2     | 2    | ANDRE SOUSA          | M  | 34  |     | 00:33:35 | 00:33:34   | XISTARCA              |
| 3     | 451  | PEDRO RIBEIRO        | M  | 26  |     | 00:33:40 | 00:33:40   | CUAB                  |
| 4     | 525  | PEDRO MARQUES        | M  | 32  |     | 00:33:48 | 00:33:46   | AMINHACORRIDA.COM     |
| 5     | 17   | JOAO BRAS            | M  | 25  |     | 00:33:54 | 00:33:52   | SOTECNISOL            |
| 6     | 369  | DANIEL PIÑEIRO       | M  | 32  |     | 00:34:02 | 00:33:59   | MIS SOBRIS            |
| 7     | 418  | RICARDO PEREIRA      | M  | 37  |     | 00:34:07 | 00:34:05   | GRFH                  |
| 8     | 459  | VITOR MARQUES        | M  | 37  |     | 00:34:32 | 00:34:30   | CORRER LISBOA         |
| 9     | 544  | JOSE GOMES           | M  | 41  |     | 00:34:53 | 00:34:53   | ODIMARK ALUMINIOS     |
| 10    | 1070 | RUI CHAVES           | M  | 37  |     | 00:35:01 | 00:34:59   | AÇOREANA C BANIF      |
| 11    | 364  | FERNANDO ALVES       | M  | 48  |     | 00:35:06 | 00:35:06   | AA MAFRA              |
| 12    | 452  | PAULO PINHEIRO       | M  | 37  |     | 00:35:16 | 00:35:14   | CUAB                  |
| 13    | 448  | EDMIR CORREIA        | M  | 34  |     | 00:35:27 | 00:35:25   |                       |
| 14    | 228  | PAULO ALVES          | M  | 36  |     | 00:35:28 | 00:35:26   | GDCT IN CASA DA MOEDA |
| 15    | 190  | RODRIGO G N GREGÓRIO | M  | 31  |     | 00:35:47 | 00:35:43   | INDIVIDUAL            |
| 16    | 495  | JOSÉ A M RODRIGUES   | M  | 53  |     | 00:35:57 | 00:35:57   | INDEG                 |
| 17    | 378  | JOSE M CORREIA       | M  | 47  |     | 00:36:47 | 00:36:44   | INDIVIDUAL            |
| 18    | 231  | RICARDO NEVES        | M  | 39  |     | 00:36:54 | 00:36:52   | GDCT IN CASA DA MOEDA |
| 19    | 268  | CELSO GOUVEIA        | M  | 47  |     | 00:37:03 | 00:37:02   | INDIVIDUAL            |
| 20    | 98   | RUI HENRIQUES        | M  | 35  |     | 00:37:10 | 00:37:07   | SS MONTEPIO GERAL     |
| 21    | 277  | GONÇALO J CALDEIRA   | M  | 18  |     | 00:37:10 | 00:37:05   | CALDEIRAS             |
| 22    | 82   | PEDRO A S MARTINS    | M  | 46  |     | 00:37:13 | 00:37:09   | C MILLENNIUM BCP      |
| 23    | 519  | FERNANDO CANDEIAS    | M  | 43  |     | 00:37:13 | 00:37:11   | SS CGD                |
| 24    | 381  | PEDRO DUARTE         | M  | 23  |     | 00:37:16 | 00:37:13   | EQUIPA DAÇO           |
| 25    | 405  | NUNO PITA            | M  | 39  |     | 00:37:24 | 00:37:20   | CCDT METRO LX         |
| 26    | 380  | MIGUEL RAMOS         | M  | 21  |     | 00:37:25 | 00:37:22   | EQUIPA DAÇO           |
| 27    | 1064 | PAULO N J SEQUEIRA   | M  | 35  |     | 00:37:30 | 00:37:27   | AMIGOS DOS LOBOS      |
| 28    | 1074 | MARTINHO R AMARO     | M  | 35  |     | 00:38:01 | 00:37:58   | CORRER LISBOA         |
| 29    | 295  | FERNANDO ALMEIDA     | M  | 36  |     | 00:38:10 | 00:38:07   | INDIVIDUAL            |
| 30    | 39   | PEDRO P FERNANDES    | M  | 31  |     | 00:38:11 | 00:37:50   | OBLOG                 |
| 31    | 187  | VASCO TAVARES        | M  | 38  |     | 00:38:12 | 00:38:11   | CORRER LISBOA         |
| 32    | 143  | FLÁVIO SANTOS        | M  | 18  |     | 00:38:13 | 00:38:11   | FF PAZ MUNIDAL        |
| 33    | 538  | VITOR CHAGAS         | M  | 40  |     | 00:38:15 | 00:38:12   | DOCE CANTINHO         |
| 34    | 348  | FRANCISCO E MONTE    | M  | 34  |     | 00:38:29 | 00:38:25   | INDIVIDUAL            |
| 35    | 433  | PAULO PATRICIO       | M  | 29  |     | 00:38:54 | 00:38:51   | CERCAL RT             |
| 36    | 310  | NUNO M D BALAS       | M  | 38  |     | 00:38:59 | 00:38:56   | INDIVIDUAL            |
| 37    | 139  | JOÃO PASTOR          | M  | 42  |     | 00:39:04 | 00:38:59   | AA MAFRA              |
| 38    | 528  | MARCOS PEREIRA       | M  | 59  |     | 00:39:09 | 00:39:04   | INDIVIDUAL            |
| 39    | 1123 | ANTONIO VALE         | M  | 57  |     | 00:39:15 | 00:39:14   | INDIVIDUAL            |

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| Class | Num  | Nome                | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe                |
|-------|------|---------------------|----|-----|-----|----------|------------|-----------------------|
| 40    | 290  | ROMÃO PEDROSO       | M  | 28  |     | 00:39:16 | 00:39:13   | CORRER LISBOA         |
| 41    | 246  | DAVID ROSADO        | M  | 38  |     | 00:39:21 | 00:39:20   | LE DROSPORTIFF        |
| 42    | 133  | JOSE ESTEVES        | M  | 48  |     | 00:39:31 | 00:39:25   | INDIVIDUAL            |
| 43    | 1117 | PAULO J S PALMA     | M  | 35  |     | 00:39:33 | 00:39:29   | INDIVIDUAL            |
| 44    | 123  | SADIQ M KASSAMO     | M  | 40  |     | 00:39:33 | 00:39:27   | INDIVIDUAL            |
| 45    | 46   | ANTONIO SANTOS      | M  | 56  |     | 00:39:34 | 00:39:30   | GD INE                |
| 46    | 351  | ABILIO FERNANDES    | M  | 44  |     | 00:39:35 | 00:39:29   | INDIVIDUAL            |
| 47    | 338  | PETER STEINHAUSEN   | M  | 62  |     | 00:39:48 | 00:39:48   | INDIVIDUAL            |
| 48    | 109  | PAULO ALVES         | M  | 36  |     | 00:39:55 | 00:39:53   | FALCÕES SELVAGENS     |
| 49    | 35   | CARLOS TORRES       | M  | 35  |     | 00:39:59 | 00:39:44   | OBLOG                 |
| 50    | 497  | JOSÉ M S S MARQUITO | M  | 30  |     | 00:40:08 | 00:40:08   | INDEG                 |
| 51    | 227  | NUNO SOUSA          | M  | 40  |     | 00:40:15 | 00:40:12   | GDCT IN CASA DA MOEDA |
| 52    | 542  | ANDREAS KARREN      | M  | 29  |     | 00:40:16 | 00:40:09   |                       |
| 53    | 449  | LUIS CHAVIER        | M  | 34  |     | 00:40:21 | 00:40:21   |                       |
| 54    | 232  | RUI CORREIA         | M  | 38  |     | 00:40:28 | 00:40:27   | GDCT IN CASA DA MOEDA |
| 55    | 53   | JOAO CALDAS         | M  | 48  |     | 00:40:33 | 00:40:22   | ND AUTOCOOPE          |
| 56    | 1005 | JOÃO P A PEREIRA    | M  | 23  |     | 00:40:34 | 00:40:30   | INGLESES FC           |
| 57    | 136  | GONÇALO FERREIRA    | M  | 40  |     | 00:40:36 | 00:40:33   | INDIVIDUAL            |
| 58    | 1009 | LUÍS CANCELA        | M  | 44  |     | 00:40:37 | 00:40:32   | INDIVIDUAL            |
| 59    | 57   | SERGIO BORGES       | M  | 42  |     | 00:40:38 | 00:40:34   | ND AUTOCOOPE          |
| 60    | 146  | EDGAR GOMES         | M  | 47  |     | 00:40:51 | 00:40:48   | INDIVIDUAL            |
| 61    | 370  | BRUNO SILVA         | M  | 28  |     | 00:40:52 | 00:40:48   | FALCÕES SELVAGENS     |
| 62    | 241  | JORGE MONTEIRO      | M  | 42  |     | 00:40:56 | 00:40:39   | TEAM BAIÁ DO SEIXAL   |
| 63    | 216  | RUI F B S CARMO     | M  | 32  |     | 00:41:01 | 00:40:56   | INDIVIDUAL            |
| 64    | 382  | FERNANDO BATISTA    | M  | 22  |     | 00:41:01 | 00:40:58   | EQUIPA DAÇO           |
| 65    | 385  | SÉRGIO M F SANTOS   | M  | 46  |     | 00:41:11 | 00:41:08   | CA PENAFIRME          |
| 66    | 461  | HERNÂNI FERNANDES   | M  | 43  |     | 00:41:15 | 00:41:10   | ESEGUR                |
| 67    | 1090 | MILENE G SANTOS     | F  | 22  |     | 00:41:16 | 00:41:14   | CS MARÍTIMO           |
| 68    | 457  | MIGUEL PAULINO      | M  | 21  |     | 00:41:18 | 00:41:14   |                       |
| 69    | 1037 | DAVID GOMES         | M  | 28  |     | 00:41:18 | 00:41:06   | INDIVIDUAL            |
| 70    | 234  | VALTER OLIVEIRA     | M  | 37  |     | 00:41:30 | 00:41:28   | GDCT IN CASA DA MOEDA |
| 71    | 315  | DOMINGOS P COELHO   | M  | 40  |     | 00:41:33 | 00:41:14   | OS LEÕES DA ESTRADA   |
| 72    | 460  | JAN STEHLE          | M  | 40  |     | 00:41:42 | 00:41:37   |                       |
| 73    | 193  | ANTÓNIO PEREIRA     | M  | 52  |     | 00:41:51 | 00:41:49   | INDIVIDUAL            |
| 74    | 419  | AFONSO P PRATES     | M  | 21  |     | 00:41:51 | 00:41:48   | INDIVIDUAL            |
| 75    | 296  | EDUARDO SANTOS      | M  | 35  |     | 00:41:55 | 00:41:51   | INDIVIDUAL            |
| 76    | 202  | MÁRIO F M LOURENÇO  | M  | 49  |     | 00:41:57 | 00:41:53   | INDIVIDUAL            |
| 77    | 334  | ALEXANDRE DIAS      | M  | 45  |     | 00:42:01 | 00:41:57   | JOMA                  |
| 78    | 531  | PAULO CALDEIRA      | M  | 36  |     | 00:42:03 | 00:41:59   | INDIVIDUAL            |

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| Class | Num  | Nome                 | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe                |
|-------|------|----------------------|----|-----|-----|----------|------------|-----------------------|
| 79    | 147  | ANDRE GOMES          | M  | 21  |     | 00:42:06 | 00:42:03   | INDIVIDUAL            |
| 80    | 76   | LUIS M L GODINHO     | M  | 48  |     | 00:42:07 | 00:41:43   | C MILLENNIUM BCP      |
| 81    | 335  | LUÍS M A LOUREIRO    | M  | 29  |     | 00:42:10 | 00:41:43   | INDIVIDUAL            |
| 82    | 406  | JOAO OLIVEIRA        | M  | 38  |     | 00:42:14 | 00:41:55   | CCDT METRO LX         |
| 83    | 514  | CARLOS HENRIQUES     | M  | 37  |     | 00:42:14 | 00:42:14   | RB RUNNING            |
| 84    | 447  | FERNANDO SOARES      | M  | 39  |     | 00:42:16 | 00:42:11   |                       |
| 85    | 1084 | EDUARDO LUÍS         | M  | 36  |     | 00:42:17 | 00:42:09   | ATOMIC TEAM           |
| 86    | 376  | JOÃO VAZ             | M  | 48  |     | 00:42:19 | 00:42:02   | TURBO-LENTO           |
| 87    | 431  | NUNO F SILVA         | M  | 38  |     | 00:42:20 | 00:42:17   | CORRER LISBOA         |
| 88    | 404  | CARLOS N DIAS        | M  | 53  |     | 00:42:23 | 00:42:06   | CCDT METRO LX         |
| 89    | 491  | ISIDRO B DUARTE      | M  | 47  |     | 00:42:24 | 00:42:18   | INDEG                 |
| 90    | 375  | CARLOS MORAIS        | M  | 45  |     | 00:42:29 | 00:42:11   | TURBO-LENTO           |
| 91    | 513  | RUI FALHAS           | M  | 39  |     | 00:42:38 | 00:42:32   | RB RUNNING            |
| 92    | 526  | CATIA SERODIO        | F  | 34  |     | 00:42:40 | 00:42:37   | AMINHACORRIDA.COM     |
| 93    | 1077 | ROGÉRIO AMARO        | M  | 62  |     | 00:42:57 | 00:42:36   | INDIVIDUAL            |
| 94    | 536  | SERGIO RAMOS         | M  | 38  |     | 00:42:57 | 00:42:27   | KANINOS               |
| 95    | 350  | PEDRO AGUIAR         | M  | 48  |     | 00:43:01 | 00:42:50   | ART                   |
| 96    | 357  | EDUARDO MARQUES      | M  | 29  |     | 00:43:04 | 00:42:57   | INDIVIDUAL            |
| 97    | 245  | FERNANDO ANACLETO    | M  | 63  |     | 00:43:07 | 00:43:01   | INDIVIDUAL            |
| 98    | 424  | MIGUEL ALMEIDA       | M  | 31  |     | 00:43:10 | 00:43:02   | INDIVIDUAL            |
| 99    | 258  | ANTÓNIO J L MARTINS  | M  | 48  |     | 00:43:11 | 00:43:11   | INDIVIDUAL            |
| 100   | 530  | JOSE LOPES           | M  | 50  |     | 00:43:18 | 00:43:14   | INDIVIDUAL            |
| 101   | 259  | GONCALO OLIVEIRA     | M  | 52  |     | 00:43:18 | 00:43:12   | GDCT UNICRE           |
| 102   | 367  | PAULO F N MARQUES    | M  | 38  |     | 00:43:19 | 00:43:13   | GO RUNNERS            |
| 103   | 427  | GERRY SANITZ         | M  | 48  |     | 00:43:20 | 00:43:15   | AA LEBRES SADO        |
| 104   | 182  | BRUNO M J PALMA      | M  | 30  |     | 00:43:24 | 00:43:21   | INDIVIDUAL            |
| 105   | 1035 | FRANCISCO CALVO      | M  | 53  |     | 00:43:32 | 00:43:28   | INDIVIDUAL            |
| 106   | 106  | RENATO MORAIS        | M  | 33  |     | 00:43:32 | 00:43:17   | TARTARUGAS SOLIDÁRIAS |
| 107   | 343  | MANUEL FONSECA       | M  | 50  |     | 00:43:35 | 00:43:33   | ALGYMNS               |
| 108   | 195  | PEDRO CABRAL         | M  | 35  |     | 00:43:40 | 00:43:24   | INDIVIDUAL            |
| 109   | 203  | MARCELO DIAS         | M  | 39  |     | 00:43:41 | 00:43:35   | INDIVIDUAL            |
| 110   | 189  | TELMO PEDRO          | M  | 36  |     | 00:43:44 | 00:43:28   | INDIVIDUAL            |
| 111   | 465  | JOÃO P. SILVA        | M  | 51  |     | 00:43:45 | 00:43:39   | ESEGUR                |
| 112   | 186  | JOÃO RODRIGUES       | M  | 41  |     | 00:43:48 | 00:43:41   | LINDA PASTORA SC      |
| 113   | 107  | ADRIANO B ENCARNAÇÃO | M  | 26  |     | 00:43:50 | 00:43:42   | INDIVIDUAL            |
| 114   | 236  | JOAO P SANTOS        | M  | 43  |     | 00:43:52 | 00:43:49   | INDIVIDUAL            |
| 115   | 547  | SEM NOME             | M  | 34  |     | 00:43:56 | 00:43:53   |                       |
| 116   | 316  | JOÃO L G BOGALHEIRO  | M  | 44  |     | 00:43:58 | 00:43:54   | INDIVIDUAL            |
| 117   | 403  | MAURO PEREIRA        | M  | 30  |     | 00:44:06 | 00:43:45   | OS AMIGOS DA ALAMEDA  |

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### Relatório Masculino e Feminino Geral

| Class | Num  | Nome                     | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe                 |
|-------|------|--------------------------|----|-----|-----|----------|------------|------------------------|
| 118   | 333  | JOSÉ AMARO               | M  | 39  |     | 00:44:12 | 00:44:00   | TEAM BAIA DO SEIXAL    |
| 119   | 205  | CARLOS COELHO            | M  | 53  |     | 00:44:14 | 00:44:03   | GA MONSANTO/GASCAN     |
| 120   | 165  | NUNO NUNES               | M  | 40  |     | 00:44:16 | 00:44:10   | INDIVIDUAL             |
| 121   | 69   | JOAO C J S CARVALHO      | M  | 51  |     | 00:44:19 | 00:44:10   | C MILLENNIUM BCP       |
| 122   | 65   | FERNANDO A S G RODRIGUES | M  | 50  |     | 00:44:19 | 00:43:56   | C MILLENNIUM BCP       |
| 123   | 214  | LUIS RIBEIRO             | M  | 34  |     | 00:44:19 | 00:44:06   | TEAM BAIA DO SEIXAL    |
| 124   | 56   | JUVENAL MOREIRA          | M  | 50  |     | 00:44:21 | 00:44:15   | ND AUTOCOOPE           |
| 125   | 48   | CARLOS SANTOS            | M  | 45  |     | 00:44:23 | 00:44:02   | GD INE                 |
| 126   | 1103 | LUIS A JEREMIAS          | M  | 22  |     | 00:44:26 | 00:44:22   | INDIVIDUAL             |
| 127   | 498  | LUÍS ANTUNES             | M  | 42  |     | 00:44:27 | 00:44:20   | INDEG                  |
| 128   | 221  | JOÃO FREIRE              | M  | 49  |     | 00:44:37 | 00:44:27   | GDCT IN CASA DA MOEDA  |
| 129   | 49   | JOSE MAGALHAES           | M  | 60  |     | 00:44:39 | 00:44:18   | GD INE                 |
| 130   | 1004 | MANUEL C P S MARTINHO    | M  | 23  |     | 00:44:48 | 00:44:43   | INDIVIDUAL             |
| 131   | 379  | RICARDO ALVES            | M  | 27  |     | 00:44:48 | 00:44:39   | INDIVIDUAL             |
| 132   | 401  | TIAGO ABREU              | M  | 31  |     | 00:44:49 | 00:44:27   | OS AMIGOS DA ALAMEDA   |
| 133   | 318  | CARLOS M S CAEIRO        | M  | 60  |     | 00:44:50 | 00:44:44   | INDIVIDUAL             |
| 134   | 45   | JOAO MARQUES             | M  | 49  |     | 00:44:51 | 00:44:26   | GRD RIBEIRA LAGE       |
| 135   | 1029 | BRUNO OLIVEIRA           | M  | 35  |     | 00:44:53 | 00:44:38   | INDIVIDUAL             |
| 136   | 1105 | PEDRO SILVA              | M  | 20  |     | 00:45:00 | 00:44:55   | INDIVIDUAL             |
| 137   | 23   | PEDRO M S MACEDO         | M  | 34  |     | 00:45:03 | 00:44:45   | SOTECNISOL             |
| 138   | 253  | FERNANDO FERNANDES       | M  | 53  |     | 00:45:07 | 00:44:46   | APOGMA                 |
| 139   | 521  | HENRIQUE GONÇALVES       | M  | 46  |     | 00:45:11 | 00:44:36   | SS CGD                 |
| 140   | 322  | CARLOS ALFEIRÃO          | M  | 34  |     | 00:45:13 | 00:45:08   | LIKE A RUNNER          |
| 141   | 361  | NUNO FIGUEIRAS           | M  | 42  |     | 00:45:14 | 00:44:29   | INDIVIDUAL             |
| 142   | 396  | JOAQUIM F BACALHAU       | M  | 61  |     | 00:45:15 | 00:45:10   | INDIVIDUAL             |
| 143   | 362  | MAURÍCIO MARQUES         | M  | 40  |     | 00:45:21 | 00:44:37   | INDIVIDUAL             |
| 144   | 352  | PAULO SANTOS             | M  | 47  |     | 00:45:29 | 00:45:25   | LOURDETE PERFUMARIAS   |
| 145   | 1018 | TIAGO FERREIRA           | M  | 35  |     | 00:45:30 | 00:45:22   | OPTICALIA RUNNING TEAM |
| 146   | 1001 | ABÍLIO OLIVEIRA          | M  | 49  |     | 00:45:31 | 00:45:25   | INDIVIDUAL             |
| 147   | 304  | PEDRO M C P L MOITA      | M  | 36  |     | 00:45:35 | 00:45:33   | INDIVIDUAL             |
| 148   | 181  | FERNANDO FARIA           | M  | 34  |     | 00:45:38 | 00:45:32   | INDIVIDUAL             |
| 149   | 240  | INES MARQUES             | F  | 37  |     | 00:45:42 | 00:45:29   | TEAM BAIA DO SEIXAL    |
| 150   | 313  | RUI PANÇA                | M  | 43  |     | 00:45:50 | 00:45:34   | TEAM BAIA DO SEIXAL    |
| 151   | 242  | MARIO CARVALHO           | M  | 59  |     | 00:45:50 | 00:45:36   | TEAM BAIA DO SEIXAL    |
| 152   | 340  | BRUNO PROENCA            | M  | 34  |     | 00:45:54 | 00:45:34   | INDIVIDUAL             |
| 153   | 349  | JOÃO A SANTOS            | M  | 44  |     | 00:45:54 | 00:45:24   | INDIVIDUAL             |
| 154   | 432  | DAVID RODRIGUES          | M  | 26  |     | 00:45:58 | 00:45:51   | CERCAL RT              |
| 155   | 237  | LUIS GOMES               | M  | 45  |     | 00:45:58 | 00:45:58   | INDIVIDUAL             |
| 156   | 416  | PEDRO CUNHA              | M  | 44  |     | 00:45:59 | 00:45:20   | INDIVIDUAL             |

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|-------|------|------------------------|----|-----|-----|----------|------------|-----------------------------|
| 157   | 213  | MIGUEL A SOARES        | M  | 20  |     | 00:46:01 | 00:45:31   | INDIVIDUAL                  |
| 158   | 1113 | JOÃO N DEUS            | M  | 29  |     | 00:46:03 | 00:46:00   | DREAM TEAM B2C              |
| 159   | 272  | HUGO F GOMES           | M  | 39  |     | 00:46:04 | 00:45:38   | INDIVIDUAL                  |
| 160   | 155  | ALEXANDRE M M MONTEIRO | M  | 37  |     | 00:46:07 | 00:45:32   | INDIVIDUAL                  |
| 161   | 159  | JOÃO LEITÃO            | M  | 44  |     | 00:46:08 | 00:46:01   | RUNLOVERS                   |
| 162   | 319  | EDUARDO FIGUEIREDO     | M  | 43  |     | 00:46:12 | 00:45:56   | TC RUNNERS                  |
| 163   | 1006 | PAULO GONÇALVES        | M  | 42  |     | 00:46:13 | 00:45:56   | INDIVIDUAL                  |
| 164   | 306  | SÉRGIO MATOS           | M  | 36  |     | 00:46:15 | 00:46:08   | FIDRUN                      |
| 165   | 153  | CONSTÂNTINO MENDÃO     | M  | 54  |     | 00:46:23 | 00:46:19   | AA LEBRES SADO              |
| 166   | 442  | NUNO ANTUNES           | M  | 39  |     | 00:46:29 | 00:46:10   |                             |
| 167   | 301  | JOSÉ M M NEVES         | M  | 28  |     | 00:46:30 | 00:46:00   | INDIVIDUAL                  |
| 168   | 211  | DAVID FRÓIS            | M  | 41  |     | 00:46:32 | 00:46:11   | INDIVIDUAL                  |
| 169   | 263  | JOÃO J C GAMEIRO       | M  | 60  |     | 00:46:40 | 00:46:27   | ASS ESC ATLETISMO RUI SILVA |
| 170   | 436  | BRUNO LEITE            | M  | 31  |     | 00:46:45 | 00:46:37   | INDIVIDUAL                  |
| 171   | 321  | ANTÓNIO J VARELA       | M  | 48  |     | 00:46:48 | 00:46:41   | INDIVIDUAL                  |
| 172   | 274  | VITOR MOREIRA          | M  | 61  |     | 00:46:49 | 00:46:40   | CP EDP LISBOA               |
| 173   | 162  | NUNO M B MARTINS       | M  | 42  |     | 00:46:49 | 00:46:41   | INDIVIDUAL                  |
| 174   | 244  | IDALÉCIO BARROS        | M  | 60  |     | 00:46:50 | 00:46:44   | INDIVIDUAL                  |
| 175   | 81   | PEDRO A L SA           | M  | 42  |     | 00:46:52 | 00:46:43   | C MILLENNIUM BCP            |
| 176   | 356  | SANTI BECERRA          | M  | 36  |     | 00:46:55 | 00:46:34   | INDIVIDUAL                  |
| 177   | 1122 | ANDRE FONSECA          | M  | 24  |     | 00:46:56 | 00:46:44   | INDIVIDUAL                  |
| 178   | 1010 | ANTÓNIO CASTRO         | M  | 70  |     | 00:46:58 | 00:46:51   | INDIVIDUAL                  |
| 179   | 505  | PAULO J O SIMÕES       | M  | 36  |     | 00:46:59 | 00:46:32   | INDEG                       |
| 180   | 1106 | TIAGO OLIVEIRA         | M  | 32  |     | 00:47:00 | 00:46:54   | INDIVIDUAL                  |
| 181   | 353  | RICARDO CONCEIÇÃO      | M  | 29  |     | 00:47:02 | 00:46:58   | LOURDETE PERFUMARIAS        |
| 182   | 425  | NUNO MALTEZ            | M  | 43  |     | 00:47:04 | 00:46:40   | OS ZATOPEQUES               |
| 183   | 73   | JOSE M BRANCO          | M  | 64  |     | 00:47:07 | 00:46:57   | C MILLENNIUM BCP            |
| 184   | 1110 | PEDRO SOARES           | M  | 38  |     | 00:47:11 | 00:46:34   | INDIVIDUAL                  |
| 185   | 291  | MÁRIO P F A RAPOSO     | M  | 33  |     | 00:47:16 | 00:46:46   | INDIVIDUAL                  |
| 186   | 243  | JOÃO P CARVALHO        | M  | 44  |     | 00:47:21 | 00:47:04   | TEAM BAIA DO SEIXAL         |
| 187   | 428  | LUIS LEITE             | M  | 40  |     | 00:47:21 | 00:47:17   | INDIVIDUAL                  |
| 188   | 394  | PEDRO SERRA            | M  | 38  |     | 00:47:23 | 00:46:46   | CORRER LISBOA               |
| 189   | 523  | PAULO BAILAO           | M  | 44  |     | 00:47:24 | 00:46:51   | SS CGD                      |
| 190   | 206  | CARLOS FORTUNATO       | M  | 51  |     | 00:47:25 | 00:47:13   | GA MONSANTO/GASCAN          |
| 191   | 138  | VITOR MARQUES          | M  | 35  |     | 00:47:26 | 00:46:54   | INDIVIDUAL                  |
| 192   | 288  | ALMERINDO M L SILVA    | M  | 55  |     | 00:47:28 | 00:47:11   | ADC CATUJAL                 |
| 193   | 395  | MIGUEL CID             | M  | 24  |     | 00:47:28 | 00:47:15   | INDIVIDUAL                  |
| 194   | 1092 | ALEXANDRE D LEIRIA     | M  | 40  |     | 00:47:37 | 00:47:23   | INDIVIDUAL                  |
| 195   | 1066 | JOSÉ G CRUZ            | M  | 38  |     | 00:47:42 | 00:47:37   | INDIVIDUAL                  |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório Masculino e Feminino Geral

| Class | Num  | Nome                | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe              |
|-------|------|---------------------|----|-----|-----|----------|------------|---------------------|
| 196   | 144  | ISABEL SANTOS       | F  | 45  |     | 00:47:43 | 00:47:38   | FF PAZ MUNIDAL      |
| 197   | 113  | PEDRO M SILVA       | M  | 37  |     | 00:47:47 | 00:47:26   | INDIVIDUAL          |
| 198   | 423  | HELDER J M SANTOS   | M  | 32  |     | 00:47:57 | 00:47:26   | INDIVIDUAL          |
| 199   | 300  | RUI J R SANTOS      | M  | 43  |     | 00:48:00 | 00:47:34   | INDIVIDUAL          |
| 200   | 250  | RUI BARROS          | M  | 45  |     | 00:48:05 | 00:47:59   | CLUBE PT            |
| 201   | 535  | JOAO P ALMEIDA      | M  | 47  |     | 00:48:07 | 00:47:38   | KANINOS             |
| 202   | 1048 | JOÃO BOTELHO        | M  | 37  |     | 00:48:08 | 00:47:43   | INDIVIDUAL          |
| 203   | 458  | JORGE PAULINO       | M  | 51  |     | 00:48:10 | 00:48:06   |                     |
| 204   | 83   | TIAGO F S E SANTO   | M  | 20  |     | 00:48:18 | 00:48:08   | C MILLENNIUM BCP    |
| 205   | 1013 | ANTÓNIO C F VALE    | M  | 26  |     | 00:48:20 | 00:48:08   | OS CONTA-KILÓMETROS |
| 206   | 167  | MARTINHO F TOJO     | M  | 55  |     | 00:48:21 | 00:48:10   | INDIVIDUAL          |
| 207   | 164  | JOÃO FIALHO         | M  | 35  |     | 00:48:26 | 00:48:20   | INDIVIDUAL          |
| 208   | 194  | ALEXANDRE DOMINGOS  | M  | 41  |     | 00:48:28 | 00:47:40   | INDIVIDUAL          |
| 209   | 1060 | JOÃO MARIA          | M  | 23  |     | 00:48:34 | 00:47:54   | INDIVIDUAL          |
| 210   | 299  | MANUEL J S DIAS     | M  | 47  |     | 00:48:35 | 00:48:09   | INDIVIDUAL          |
| 211   | 293  | JOÃO J FERNANDES    | M  | 33  |     | 00:48:38 | 00:48:28   | INDIVIDUAL          |
| 212   | 466  | PAULO RAMALHO       | M  | 43  |     | 00:48:38 | 00:48:30   | ESEGUR              |
| 213   | 1050 | MARIO F M GARCIA    | M  | 40  |     | 00:48:42 | 00:48:12   | INDIVIDUAL          |
| 214   | 374  | RICARDO SANTOS      | M  | 42  |     | 00:48:44 | 00:48:25   | TURBO-LENTO         |
| 215   | 332  | ANA AMARO           | F  | 39  |     | 00:48:44 | 00:48:32   | TEAM BAIA DO SEIXAL |
| 216   | 212  | JOAQUIM F C PINTO   | M  | 55  |     | 00:48:50 | 00:48:29   | INDIVIDUAL          |
| 217   | 548  | DAVID ALMEIDA       | M  | 34  |     | 00:48:53 | 00:48:42   | INDIVIDUAL          |
| 218   | 373  | LUÍS M S FARINHA    | M  | 43  |     | 00:48:55 | 00:48:36   | INDIVIDUAL          |
| 219   | 156  | NUNO MARQUES        | M  | 47  |     | 00:48:56 | 00:48:49   | RUNLOVERS           |
| 220   | 102  | DANIEL GUERREIRO    | M  | 39  |     | 00:48:56 | 00:48:37   | INDIVIDUAL          |
| 221   | 157  | CRISTINA CALDEIRA   | F  | 45  |     | 00:48:57 | 00:48:50   | RUNLOVERS           |
| 222   | 453  | DANIEL AREIAS       | M  | 27  |     | 00:48:58 | 00:48:46   |                     |
| 223   | 239  | MIGUEL LOPES        | M  | 38  |     | 00:48:58 | 00:48:42   | TEAM BAIA DO SEIXAL |
| 224   | 408  | RUI ARAUJO          | M  | 56  |     | 00:48:58 | 00:48:38   | CCDT METRO LX       |
| 225   | 89   | JORGE SOUSA         | M  | 41  |     | 00:48:59 | 00:48:31   | SS MONTEPIO GERAL   |
| 226   | 86   | ANTONIO FRANCO      | M  | 49  |     | 00:49:00 | 00:48:31   | SS MONTEPIO GERAL   |
| 227   | 280  | PEDRO GONÇALVES     | M  | 60  |     | 00:49:08 | 00:49:01   | INDIVIDUAL          |
| 228   | 413  | VITOR FERREIRA      | M  | 50  |     | 00:49:09 | 00:48:53   | CP ALCANENA         |
| 229   | 1003 | ALEXANDRE TAM       | M  | 35  |     | 00:49:10 | 00:49:06   | INDIVIDUAL          |
| 230   | 270  | ROGÉRIO P L CIRÍACO | M  | 38  |     | 00:49:11 | 00:48:46   | INDIVIDUAL          |
| 231   | 281  | LUIS DOMINGUES      | M  | 33  |     | 00:49:13 | 00:48:32   | INDIVIDUAL          |
| 232   | 294  | NUNO AMARO          | M  | 44  |     | 00:49:16 | 00:49:06   | INDIVIDUAL          |
| 233   | 1007 | GONÇALO CASTRO      | M  | 23  |     | 00:49:24 | 00:49:22   | INDIVIDUAL          |
| 234   | 265  | ANDRÉ LOURENÇO      | M  | 33  |     | 00:49:24 | 00:49:13   | BOM PETISCO         |

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### Relatório Masculino e Feminino Geral

| Class | Num  | Nome                   | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe                 |
|-------|------|------------------------|----|-----|-----|----------|------------|------------------------|
| 235   | 434  | GUILHERME PACHECO      | M  | 27  |     | 00:49:29 | 00:49:22   | CERCAL RT              |
| 236   | 16   | HUGO SILVA             | M  | 30  |     | 00:49:35 | 00:49:11   | SOTECNISOL             |
| 237   | 1055 | NUNO T COSTA           | M  | 33  |     | 00:49:35 | 00:49:14   | INDIVIDUAL             |
| 238   | 1039 | MARISA FREIRE          | F  | 27  |     | 00:49:36 | 00:49:07   | INDIVIDUAL             |
| 239   | 54   | JOSE DIAS              | M  | 57  |     | 00:49:38 | 00:49:36   | ND AUTOCOOPE           |
| 240   | 387  | RUI TOMÁS              | M  | 43  |     | 00:49:40 | 00:49:38   | INDIVIDUAL             |
| 241   | 226  | NUNO GONÇALVES         | M  | 39  |     | 00:49:44 | 00:49:31   | GDCT IN CASA DA MOEDA  |
| 242   | 230  | RICARDO ALVES          | M  | 38  |     | 00:49:44 | 00:49:32   | GDCT IN CASA DA MOEDA  |
| 243   | 223  | JOSÉ LIBERATO          | M  | 38  |     | 00:49:44 | 00:49:30   | GDCT IN CASA DA MOEDA  |
| 244   | 261  | EDUARDO RIBEIRO        | M  | 47  |     | 00:49:46 | 00:49:36   | GDCT UNICRE            |
| 245   | 1087 | PAULO RAMIREZ          | M  | 46  |     | 00:49:46 | 00:49:44   | INDIVIDUAL             |
| 246   | 50   | LUIS REIS              | M  | 59  |     | 00:49:48 | 00:49:29   | GD INE                 |
| 247   | 532  | NUNO OLIVEIRA          | M  | 45  |     | 00:49:53 | 00:49:12   | INDIVIDUAL             |
| 248   | 47   | CARLA A LOPES          | F  | 42  |     | 00:49:56 | 00:49:36   | GD INE                 |
| 249   | 1095 | JOSÉ A FERNANDES       | M  | 51  |     | 00:49:57 | 00:49:38   | INDIVIDUAL             |
| 250   | 515  | GUILHERME ALBINO       | M  | 40  |     | 00:49:59 | 00:49:29   | SS MONTEPIO GERAL      |
| 251   | 100  | TERESA CARDOSO         | F  | 35  |     | 00:50:00 | 00:49:32   | SS MONTEPIO GERAL      |
| 252   | 284  | JORGE ANDRADE          | M  | 52  |     | 00:50:07 | 00:49:52   | INDIVIDUAL             |
| 253   | 255  | JOSE LOUREIRO          | M  | 50  |     | 00:50:11 | 00:49:45   | APOGMA                 |
| 254   | 384  | HÉLIO MARTINS          | M  | 38  |     | 00:50:14 | 00:49:58   | INDIVIDUAL             |
| 255   | 414  | FRANCISCO M A SARDINHA | M  | 44  |     | 00:50:16 | 00:50:09   | INDIVIDUAL             |
| 256   | 59   | ANTONIO J P BRAGA      | M  | 55  |     | 00:50:16 | 00:49:40   | C MILLENNIUM BCP       |
| 257   | 137  | NUNO D SILVA           | M  | 36  |     | 00:50:16 | 00:50:07   | OPTICALIA RUNNING TEAM |
| 258   | 360  | RICARDO NUNES          | M  | 31  |     | 00:50:17 | 00:49:58   | INDIVIDUAL             |
| 259   | 471  | RICARDO RODRIGUES      | M  | 41  |     | 00:50:17 | 00:49:53   | ESEGUR                 |
| 260   | 108  | LUIS PROENÇA           | M  | 44  |     | 00:50:18 | 00:50:10   | INDIVIDUAL             |
| 261   | 64   | EDUARDO C V PINTO      | M  | 46  |     | 00:50:19 | 00:50:10   | C MILLENNIUM BCP       |
| 262   | 161  | GUSTAVO GONZÁLEZ       | M  | 28  |     | 00:50:21 | 00:49:34   | INDIVIDUAL             |
| 263   | 398  | JOAQUIM COSTA          | M  | 54  |     | 00:50:21 | 00:49:57   | OS AMIGOS DA ALAMEDA   |
| 264   | 311  | ANTÓNIO PRIMOR         | M  | 72  |     | 00:50:22 | 00:50:14   | INDIVIDUAL             |
| 265   | 305  | RUI DUARTE             | M  | 42  |     | 00:50:23 | 00:50:16   | FIDRUN                 |
| 266   | 1094 | FERNANDO J M SILVA     | M  | 57  |     | 00:50:23 | 00:50:03   | INDIVIDUAL             |
| 267   | 254  | HELDER GANDARINHO      | M  | 45  |     | 00:50:23 | 00:49:58   | APOGMA                 |
| 268   | 1073 | JOSE F COSTA           | M  | 49  |     | 00:50:26 | 00:49:43   | INDIVIDUAL             |
| 269   | 397  | PAULO PIRES            | M  | 47  |     | 00:50:30 | 00:50:08   | OS AMIGOS DA ALAMEDA   |
| 270   | 1062 | LEONOR CANDEIAS        | F  | 26  |     | 00:50:33 | 00:50:19   | AMIGOS DOS LOBOS       |
| 271   | 314  | NUNO CHARRUA           | M  | 37  |     | 00:50:37 | 00:50:25   | INDIVIDUAL             |
| 272   | 383  | CATIA SILVA            | F  | 32  |     | 00:50:37 | 00:50:22   | INDIVIDUAL             |
| 273   | 389  | AVELINO ALVES          | M  | 34  |     | 00:50:37 | 00:50:01   | TC RUNNERS             |

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### Relatório Masculino e Feminino Geral

| Class | Num  | Nome                 | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe                |
|-------|------|----------------------|----|-----|-----|----------|------------|-----------------------|
| 274   | 43   | NEVES SILVA          | M  | 61  |     | 00:50:41 | 00:50:26   | C FERROV PORTUGAL     |
| 275   | 1068 | TIAGO GUERRA         | M  | 25  |     | 00:50:44 | 00:50:06   | HERE FOR BEER         |
| 276   | 537  | BRUNO RIBEIRO        | M  | 34  |     | 00:50:47 | 00:50:18   | KANINOS               |
| 277   | 1042 | BRUNO GONÇALVES      | M  | 32  |     | 00:50:50 | 00:50:40   | INDIVIDUAL            |
| 278   | 30   | LUIS GUEDES          | M  | 35  |     | 00:50:56 | 00:50:45   | SOTECNISOL            |
| 279   | 391  | JOSE C FERREIRA      | M  | 41  |     | 00:50:58 | 00:50:57   | INDIVIDUAL            |
| 280   | 128  | LÚIS MATIAS          | M  | 36  |     | 00:50:59 | 00:50:39   | GL14                  |
| 281   | 276  | LUIS GRANGEON        | M  | 52  |     | 00:51:00 | 00:50:54   | INDIVIDUAL            |
| 282   | 388  | JOSÉ MARIANO         | M  | 47  |     | 00:51:00 | 00:50:29   | INDIVIDUAL            |
| 283   | 415  | JOÃO D B FERNANDES   | M  | 66  |     | 00:51:03 | 00:50:58   | INDIVIDUAL            |
| 284   | 302  | RICARDO A MARTINS    | M  | 27  |     | 00:51:07 | 00:50:39   | INDIVIDUAL            |
| 285   | 19   | JOEL RODRIGUES       | M  | 35  |     | 00:51:11 | 00:51:01   | SOTECNISOL            |
| 286   | 199  | TOMÁS SOUSA          | M  | 38  |     | 00:51:13 | 00:51:00   | OS SUPER              |
| 287   | 29   | PAULO DIAS           | M  | 37  |     | 00:51:16 | 00:51:13   | SOTECNISOL            |
| 288   | 273  | RUI XAVIER           | M  | 47  |     | 00:51:17 | 00:51:09   | CP EDP LISBOA         |
| 289   | 326  | DIOGO CHAVES         | M  | 24  |     | 00:51:18 | 00:51:14   | LIKE A RUNNER         |
| 290   | 502  | MARIO F M GARCIA     | M  | 40  |     | 00:51:20 | 00:50:50   | INDEG                 |
| 291   | 464  | RUI MENDES           | M  | 42  |     | 00:51:22 | 00:51:11   | ESEGUR                |
| 292   | 1097 | CARLOS A M RODRIGUES | M  | 28  |     | 00:51:24 | 00:51:02   | INDIVIDUAL            |
| 293   | 218  | ANA MORAIS           | F  | 39  |     | 00:51:25 | 00:50:59   | GDCT IN CASA DA MOEDA |
| 294   | 1075 | ANA SOFIA BRÁS       | F  | 23  |     | 00:51:28 | 00:51:06   | INDIVIDUAL            |
| 295   | 372  | BRUNO PIEGAS         | M  | 37  |     | 00:51:36 | 00:51:24   | INDIVIDUAL            |
| 296   | 1056 | TIAGO PIRES          | M  | 33  |     | 00:51:38 | 00:51:17   | INDIVIDUAL            |
| 297   | 88   | JOAO CATARINO        | M  | 47  |     | 00:51:42 | 00:51:09   | SS MONTEPIO GERAL     |
| 298   | 36   | JOAO C DUARTE        | M  | 51  |     | 00:51:44 | 00:51:27   | OBLOG                 |
| 299   | 131  | FERNANDO B MARQUES   | M  | 65  |     | 00:51:44 | 00:51:42   | CP EDP CARREGADO      |
| 300   | 1071 | CARLOS LIMA          | M  | 25  |     | 00:51:48 | 00:51:36   | INDIVIDUAL            |
| 301   | 1058 | FILIPE AGRATI        | M  | 25  |     | 00:51:48 | 00:51:36   | INDIVIDUAL            |
| 302   | 1072 | DANIEL NOGUEIRA      | M  | 23  |     | 00:51:49 | 00:51:37   | INDIVIDUAL            |
| 303   | 409  | GONÇALO LAGOA        | M  | 32  |     | 00:51:51 | 00:51:13   | INDIVIDUAL            |
| 304   | 1054 | SILVESTRE ROSA       | M  | 46  |     | 00:51:57 | 00:51:21   | CARAPUS DE CORRIDA    |
| 305   | 127  | ANTÓNIO PAIS         | M  | 67  |     | 00:52:03 | 00:51:49   | VALE DE MADEIROS SC   |
| 306   | 470  | PEDRO FERNANDES      | M  | 42  |     | 00:52:06 | 00:51:37   | ESEGUR                |
| 307   | 248  | PAULO PADRAO         | M  | 46  |     | 00:52:09 | 00:51:54   | HAIRCUT2014           |
| 308   | 256  | JOSE ANDRE           | M  | 59  |     | 00:52:12 | 00:51:50   | APOGMA                |
| 309   | 511  | TIAGO J P S VEIGA    | M  | 30  |     | 00:52:13 | 00:52:04   | INDEG                 |
| 310   | 185  | JOÃO CASTRO          | M  | 54  |     | 00:52:13 | 00:52:07   | CLUBE ANACOM          |
| 311   | 1024 | ILISITO FERREIRA     | M  | 31  |     | 00:52:14 | 00:51:50   | OS PAPA LÉGUAS        |
| 312   | 166  | NUNO BARROS          | M  | 31  |     | 00:52:15 | 00:51:51   | OS PAPA LÉGUAS        |



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### Relatório Masculino e Feminino Geral

| Class | Num  | Nome                | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe               |
|-------|------|---------------------|----|-----|-----|----------|------------|----------------------|
| 313   | 1046 | LUIZ R ROSA         | M  | 61  |     | 00:52:16 | 00:51:43   | CAA BELEM            |
| 314   | 1067 | PAULO MACIEL        | M  | 25  |     | 00:52:17 | 00:51:39   | HERE FOR BEER        |
| 315   | 28   | RUI PLACIDO         | M  | 26  |     | 00:52:17 | 00:51:51   | SOTECNISOL           |
| 316   | 1041 | JOSÉ P PEIXOTO      | M  | 38  |     | 00:52:18 | 00:51:43   | INDIVIDUAL           |
| 317   | 1031 | VASCO VIEIRA        | M  | 37  |     | 00:52:18 | 00:51:31   | ACTIVE PEOPLE        |
| 318   | 168  | ANTONIO RIBEIRO     | M  | 50  |     | 00:52:20 | 00:52:12   | INDIVIDUAL           |
| 319   | 177  | JOSÉ BAIXINHO       | M  | 57  |     | 00:52:25 | 00:52:02   | SANTIAGO FC          |
| 320   | 60   | ANTONIO J Q ALMEIDA | M  | 48  |     | 00:52:25 | 00:52:15   | C MILLENNIUM BCP     |
| 321   | 506  | PAULO J R F ALMEIDA | M  | 40  |     | 00:52:29 | 00:51:56   | INDEG                |
| 322   | 158  | HELENA LEITÃO       | F  | 44  |     | 00:52:34 | 00:52:27   | RUNLOVERS            |
| 323   | 474  | SANDRA P SILVA      | F  | 42  |     | 00:52:38 | 00:52:31   | ESEGUR               |
| 324   | 1038 | GONÇALO V MACEDO    | M  | 30  |     | 00:52:42 | 00:52:33   | INDIVIDUAL           |
| 325   | 8    | PEDRO GAVILAN       | M  | 30  |     | 00:52:44 | 00:52:21   | PREMIVALOR           |
| 326   | 493  | JORGE BENTO         | M  | 44  |     | 00:52:45 | 00:52:07   | INDEG                |
| 327   | 504  | PAULO BENTO         | M  | 45  |     | 00:52:45 | 00:52:08   | INDEG                |
| 328   | 71   | JOAO P P S V CALADO | M  | 49  |     | 00:52:49 | 00:52:24   | C MILLENNIUM BCP     |
| 329   | 96   | RICARDO DIAS        | M  | 41  |     | 00:52:50 | 00:52:21   | SS MONTEPIO GERAL    |
| 330   | 399  | FERNANDO BARBOSA    | M  | 48  |     | 00:52:51 | 00:52:30   | OS AMIGOS DA ALAMEDA |
| 331   | 145  | IVAN GUERRA         | M  | 37  |     | 00:52:52 | 00:52:43   | INDIVIDUAL           |
| 332   | 115  | CLAUDIO FERNANDES   | M  | 30  |     | 00:52:54 | 00:52:14   | INDIVIDUAL           |
| 333   | 1033 | ARMANDO J LOURENÇO  | M  | 55  |     | 00:52:55 | 00:52:50   | INDIVIDUAL           |
| 334   | 430  | MANUEL MANTUA       | M  | 23  |     | 00:52:56 | 00:52:46   | INDIVIDUAL           |
| 335   | 469  | PAULO LEIRIA        | M  | 45  |     | 00:52:57 | 00:52:22   | ESEGUR               |
| 336   | 275  | ANDRÉ S P CALADO    | M  | 18  |     | 00:52:57 | 00:52:30   | INDIVIDUAL           |
| 337   | 11   | TIAGO GONÇALVES     | M  | 39  |     | 00:52:57 | 00:52:27   | PREMIVALOR           |
| 338   | 63   | DIOGO G P REIS      | M  | 18  |     | 00:52:59 | 00:52:25   | C MILLENNIUM BCP     |
| 339   | 1109 | SÓNIA FIGUEIREDO    | F  | 38  |     | 00:52:59 | 00:52:49   | INDIVIDUAL           |
| 340   | 24   | PEDRO M M LUCAS     | M  | 36  |     | 00:53:00 | 00:53:00   | SOTECNISOL           |
| 341   | 192  | GUILHERME RELVAS    | M  | 19  |     | 00:53:02 | 00:52:59   | INDIVIDUAL           |
| 342   | 44   | MARTINS BARATA      | M  | 71  |     | 00:53:03 | 00:52:39   | C FERROV PORTUGAL    |
| 343   | 176  | JOÃO BRANCO         | M  | 32  |     | 00:53:05 | 00:52:40   | INDIVIDUAL           |
| 344   | 52   | CARLOS FERREIRA     | M  | 57  |     | 00:53:06 | 00:52:52   | ND AUTOCOOPE         |
| 345   | 1093 | GONÇALO RANGEL      | M  | 28  |     | 00:53:07 | 00:52:51   | INDIVIDUAL           |
| 346   | 1078 | FÁBIO J C SANTOS    | M  | 24  |     | 00:53:12 | 00:52:59   | INDIVIDUAL           |
| 347   | 496  | JOSÉ M A FERNANDES  | M  | 46  |     | 00:53:13 | 00:52:36   | INDEG                |
| 348   | 279  | SÉRGIO SALVADO      | M  | 38  |     | 00:53:14 | 00:53:09   | INDIVIDUAL           |
| 349   | 325  | JOÃO VALE           | M  | 30  |     | 00:53:15 | 00:52:58   | LIKE A RUNNER        |
| 350   | 40   | PEDRO M SIMAO       | M  | 29  |     | 00:53:15 | 00:53:15   | OBLOG                |
| 351   | 411  | SOFIA ROCHA         | F  | 27  |     | 00:53:16 | 00:52:57   | INDIVIDUAL           |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório Masculino e Feminino Geral

| Class | Num  | Nome                  | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe                 |
|-------|------|-----------------------|----|-----|-----|----------|------------|------------------------|
| 352   | 494  | JORGE H P LOPES       | M  | 30  |     | 00:53:21 | 00:53:00   | INDEG                  |
| 353   | 484  | ANDREIA TOURAIS       | F  | 28  |     | 00:53:22 | 00:53:02   | INDEG                  |
| 354   | 478  | CARLOS NUNES          | M  | 53  |     | 00:53:33 | 00:52:53   | MDS                    |
| 355   | 481  | BERNARDO CARDOSO      | M  | 27  |     | 00:53:34 | 00:52:54   | MDS                    |
| 356   | 365  | MIKAEL SARAIVA        | M  | 26  |     | 00:53:38 | 00:53:11   | INDIVIDUAL             |
| 357   | 435  | VANESSA SEQUEIRA      | F  | 31  |     | 00:53:46 | 00:53:35   | INDIVIDUAL             |
| 358   | 522  | PAULO ABREU           | M  | 38  |     | 00:53:47 | 00:53:13   | SS CGD                 |
| 359   | 91   | LUIS REIS             | M  | 57  |     | 00:53:51 | 00:53:20   | SS MONTEPIO GERAL      |
| 360   | 269  | ADÉRITO CARRELHAS     | M  | 60  |     | 00:53:54 | 00:53:40   | INDIVIDUAL             |
| 361   | 1086 | ALEXANDRE PINTO       | M  | 57  |     | 00:53:56 | 00:53:56   | INDIVIDUAL             |
| 362   | 1088 | BRUNO MARÇAL          | M  | 35  |     | 00:53:58 | 00:53:39   | INDIVIDUAL             |
| 363   | 437  | LUIS REVES            | M  | 40  |     | 00:53:58 | 00:53:22   | INDIVIDUAL             |
| 364   | 183  | JOÃO M M PALMEIRO     | M  | 18  |     | 00:53:59 | 00:53:46   | INDIVIDUAL             |
| 365   | 438  | JOAO DINIZ            | M  | 25  |     | 00:53:59 | 00:53:23   | INDIVIDUAL             |
| 366   | 1023 | NUNO ABREU            | M  | 34  |     | 00:54:02 | 00:53:30   | INDIVIDUAL             |
| 367   | 402  | FILOMENA JACINTO      | F  | 48  |     | 00:54:04 | 00:53:41   | OS AMIGOS DA ALAMEDA   |
| 368   | 1069 | ANTÓNIO M R CANDEIAS  | M  | 24  |     | 00:54:04 | 00:53:48   | AMIGOS DOS LOBOS       |
| 369   | 229  | PAULO SOUSA           | M  | 40  |     | 00:54:10 | 00:53:55   | GDCT IN CASA DA MOEDA  |
| 370   | 79   | NUNO J G SANTOS       | M  | 27  |     | 00:54:11 | 00:54:02   | C MILLENNIUM BCP       |
| 371   | 336  | CARLOS F L F CORREIA  | M  | 29  |     | 00:54:12 | 00:54:02   | INDIVIDUAL             |
| 372   | 426  | JOAO M BATISTA        | M  | 53  |     | 00:54:14 | 00:54:09   | INDIVIDUAL             |
| 373   | 1030 | ANDREIA V S C H ALVES | F  | 33  |     | 00:54:20 | 00:54:04   | CORRER LISBOA          |
| 374   | 392  | PAULO CRUZ            | M  | 54  |     | 00:54:23 | 00:54:06   | INDIVIDUAL             |
| 375   | 1063 | HUGO FAÍSCA           | M  | 21  |     | 00:54:24 | 00:54:24   | INDIVIDUAL             |
| 376   | 1019 | SÉRGIO GALÓ           | M  | 34  |     | 00:54:26 | 00:54:14   | OPTICALIA RUNNING TEAM |
| 377   | 208  | JOÃO PINTO            | M  | 53  |     | 00:54:29 | 00:53:57   | GA MONSANTO/GASCAN     |
| 378   | 267  | ROGÉRIO DIAS          | M  | 43  |     | 00:54:34 | 00:54:25   | BOM PETISCO            |
| 379   | 492  | JOÃO L S MARQUES      | M  | 40  |     | 00:54:36 | 00:54:21   | INDEG                  |
| 380   | 359  | ADOLFO RANISE         | M  | 50  |     | 00:54:37 | 00:54:27   | RANAS                  |
| 381   | 358  | LUCA RANISE           | M  | 44  |     | 00:54:37 | 00:54:26   | RANAS                  |
| 382   | 462  | PEDRO M SANTOS        | M  | 35  |     | 00:54:43 | 00:54:36   | ESEGUR                 |
| 383   | 317  | JORGE ANTUNES         | M  | 39  |     | 00:54:46 | 00:54:16   | INDIVIDUAL             |
| 384   | 62   | CARLOS M C B E SANTO  | M  | 56  |     | 00:54:48 | 00:54:37   | C MILLENNIUM BCP       |
| 385   | 95   | PAULO M ALMEIDA       | M  | 41  |     | 00:54:53 | 00:54:25   | SS MONTEPIO GERAL      |
| 386   | 512  | TIAGO M C A MARTINS   | M  | 37  |     | 00:54:55 | 00:54:28   | INDEG                  |
| 387   | 90   | LILIANA RODRIGUES     | F  | 32  |     | 00:54:57 | 00:54:20   | SS MONTEPIO GERAL      |
| 388   | 516  | ANTONIO CARPINTEIRO   | M  | 69  |     | 00:55:02 | 00:54:44   | SS CGD                 |
| 389   | 429  | MANUEL GARCIA         | M  | 58  |     | 00:55:02 | 00:54:52   | INDIVIDUAL             |
| 390   | 421  | GILBERTO GONÇALVES    | M  | 65  |     | 00:55:02 | 00:54:28   | CAA BELEM              |

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### Relatório Masculino e Feminino Geral

| Class | Num  | Nome                 | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe                |
|-------|------|----------------------|----|-----|-----|----------|------------|-----------------------|
| 391   | 1020 | MARINA A P ANDRADE   | F  | 45  |     | 00:55:04 | 00:54:47   | INDIVIDUAL            |
| 392   | 292  | MARCO CAMPANIÇO      | M  | 32  |     | 00:55:05 | 00:54:34   | INDIVIDUAL            |
| 393   | 180  | CARLOS PEREIRA       | M  | 59  |     | 00:55:07 | 00:54:48   | AA LEBRES SADO        |
| 394   | 485  | CARINA S F S VEIGA   | F  | 28  |     | 00:55:12 | 00:55:04   | INDEG                 |
| 395   | 196  | NUNO J L V ALMEIDA   | M  | 37  |     | 00:55:21 | 00:54:39   | COALA                 |
| 396   | 178  | JUDITE BAIXINHO      | F  | 28  |     | 00:55:27 | 00:55:05   | SANTIAGO FC           |
| 397   | 201  | MERCEDES FONSECA     | F  | 58  |     | 00:55:30 | 00:55:20   | OS SUPER              |
| 398   | 377  | JOÃO M P FERNANDES   | M  | 62  |     | 00:55:39 | 00:55:07   | INDIVIDUAL            |
| 399   | 1115 | JOAO P ALMEIDA       | M  | 33  |     | 00:55:39 | 00:55:16   | INDIVIDUAL            |
| 400   | 58   | ANTONIO J G D SANTOS | M  | 55  |     | 00:55:41 | 00:55:23   | C MILLENNIUM BCP      |
| 401   | 520  | FRANCISCO CLERIGO    | M  | 61  |     | 00:55:53 | 00:55:32   | SS CGD                |
| 402   | 179  | ALBERTO CAROLINO     | M  | 62  |     | 00:55:55 | 00:55:36   | AA LEBRES SADO        |
| 403   | 450  | RICARDO CAMPOS       | M  | 38  |     | 00:56:02 | 00:55:52   |                       |
| 404   | 116  | IGOR PEREIRA         | M  | 28  |     | 00:56:04 | 00:55:18   | INDIVIDUAL            |
| 405   | 141  | RITA A P CERTÃ       | F  | 38  |     | 00:56:05 | 00:55:47   | INDIVIDUAL            |
| 406   | 134  | CARLA OLIVEIRA       | F  | 40  |     | 00:56:10 | 00:55:56   | INDIVIDUAL            |
| 407   | 393  | JULIETA SANTOS       | F  | 54  |     | 00:56:21 | 00:56:08   | INDIVIDUAL            |
| 408   | 488  | FERNANDO HILÁRIO     | M  | 31  |     | 00:56:22 | 00:56:14   | INDEG                 |
| 409   | 21   | PAULA ALBUQUERQUE    | F  | 35  |     | 00:56:26 | 00:56:00   | SOTECNISOL            |
| 410   | 114  | LUÍS PEREIRA         | M  | 33  |     | 00:56:29 | 00:55:50   | INDIVIDUAL            |
| 411   | 215  | JOAQUIM MELO         | M  | 46  |     | 00:56:31 | 00:56:25   | INDIVIDUAL            |
| 412   | 1017 | JOSÉ MARQUES         | M  | 64  |     | 00:56:32 | 00:56:09   | INDIVIDUAL            |
| 413   | 524  | RUI OLIVEIRA         | M  | 48  |     | 00:56:32 | 00:56:24   | SS CGD                |
| 414   | 6    | RODRIGO MIGUEL       | M  | 30  |     | 00:56:35 | 00:56:12   | PREMIVALOR            |
| 415   | 386  | JOAO EIRA            | M  | 38  |     | 00:56:37 | 00:56:16   | INDIVIDUAL            |
| 416   | 78   | NELSON M GUIMARAES   | M  | 67  |     | 00:56:38 | 00:56:04   | C MILLENNIUM BCP      |
| 417   | 94   | MONICA ABREU         | F  | 34  |     | 00:56:44 | 00:56:10   | SS MONTEPIO GERAL     |
| 418   | 1118 | JOÃO P ROSA          | M  | 32  |     | 00:56:56 | 00:56:23   | INDIVIDUAL            |
| 419   | 264  | RICARDO FIGUEIRA     | M  | 39  |     | 00:57:01 | 00:56:50   | BOM PETISCO           |
| 420   | 1096 | PAULO A M SALVADOR   | M  | 19  |     | 00:57:15 | 00:56:57   | INDIVIDUAL            |
| 421   | 184  | JAIME AFONSO         | M  | 49  |     | 00:57:15 | 00:57:09   | CLUBE ANACOM          |
| 422   | 1101 | GONÇALO VENTURA      | M  | 25  |     | 00:57:15 | 00:56:57   | INDIVIDUAL            |
| 423   | 125  | HUGO M R COLAÇO      | M  | 36  |     | 00:57:18 | 00:57:18   | INDIVIDUAL            |
| 424   | 307  | PEDRO MOUTA          | M  | 40  |     | 00:57:30 | 00:57:22   | FIDRUN                |
| 425   | 308  | DÉLIA VARINO         | F  | 41  |     | 00:57:30 | 00:57:23   | FIDRUN                |
| 426   | 472  | JOANA CALDEIRA       | F  | 39  |     | 00:57:35 | 00:56:55   | ESEGUR                |
| 427   | 222  | JOSÉ ABREU           | M  | 66  |     | 00:57:40 | 00:57:26   | GDCT IN CASA DA MOEDA |
| 428   | 200  | JOAQUIM FONSECA      | M  | 58  |     | 00:57:42 | 00:57:33   | OS SUPER              |
| 429   | 1098 | JOANA GORGUEIRA      | F  | 23  |     | 00:57:43 | 00:57:20   | INDIVIDUAL            |

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### Relatório Masculino e Feminino Geral

| Class | Num  | Nome                  | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe             |
|-------|------|-----------------------|----|-----|-----|----------|------------|--------------------|
| 430   | 207  | CONSTÂNCIO ALMEIDA    | M  | 55  |     | 00:57:43 | 00:57:09   | GA MONSANTO/GASCAN |
| 431   | 85   | ANA F CANELHAS        | F  | 29  |     | 00:57:44 | 00:57:10   | SS MONTEPIO GERAL  |
| 432   | 1121 | MONICA MATOS          | F  | 37  |     | 00:57:50 | 00:57:39   | BE2RUN             |
| 433   | 479  | TIAGO A SILVA         | M  | 37  |     | 00:57:53 | 00:57:15   | MDS                |
| 434   | 412  | FERNANDO ROCHA        | M  | 57  |     | 00:57:54 | 00:57:36   | INDIVIDUAL         |
| 435   | 480  | EDUARDO SANTINI       | M  | 38  |     | 00:57:54 | 00:57:15   | MDS                |
| 436   | 105  | VITOR ABRANCHES       | M  | 43  |     | 00:57:59 | 00:57:32   | FALCÕES SELVAGENS  |
| 437   | 454  | JOAQUIM CAPUCHO       | M  | 63  |     | 00:58:01 | 00:57:48   |                    |
| 438   | 204  | ANTÓNIO REYES         | M  | 60  |     | 00:58:10 | 00:57:37   | GA MONSANTO/GASCAN |
| 439   | 10   | PEDRO BAPTISTA        | M  | 39  |     | 00:58:11 | 00:57:42   | PREMIVALOR         |
| 440   | 446  | BERNARDO CANDEIAS     | M  | 18  |     | 00:58:15 | 00:58:00   |                    |
| 441   | 486  | CLÁUDIA M S GARCIA    | F  | 34  |     | 00:58:17 | 00:57:47   | INDEG              |
| 442   | 529  | JOAO LANDEIRO         | M  | 68  |     | 00:58:29 | 00:58:02   | INDIVIDUAL         |
| 443   | 1059 | ANA TORRÃO            | F  | 44  |     | 00:58:29 | 00:57:49   | INDIVIDUAL         |
| 444   | 1015 | ANTONIO FARIA         | M  | 59  |     | 00:58:32 | 00:58:14   | INDIVIDUAL         |
| 445   | 303  | ANA F GORGUEIRA       | F  | 26  |     | 00:58:34 | 00:58:12   | INDIVIDUAL         |
| 446   | 15   | GONÇALO PERES         | M  | 32  |     | 00:58:37 | 00:58:08   | SOTECNISOL         |
| 447   | 518  | ELISEU PINTO          | M  | 64  |     | 00:58:41 | 00:58:27   | SS CGD             |
| 448   | 1021 | RICARDO QUARESMA      | M  | 37  |     | 00:58:46 | 00:58:20   | INDIVIDUAL         |
| 449   | 1014 | MARIO P S M M SOARES  | M  | 54  |     | 00:58:49 | 00:58:34   | INDIVIDUAL         |
| 450   | 510  | TIAGO A R GONÇALVES   | M  | 31  |     | 00:58:49 | 00:58:42   | INDEG              |
| 451   | 126  | LUÍS COSTA            | M  | 29  |     | 00:58:49 | 00:58:37   | INDIVIDUAL         |
| 452   | 1082 | JOSÉ ALMEIDA          | M  | 22  |     | 00:58:51 | 00:58:51   | XAXA TEAM          |
| 453   | 191  | RICARDO J C R PIMENTA | M  | 39  |     | 00:58:57 | 00:58:23   | INDIVIDUAL         |
| 454   | 119  | VITOR CARDOSO         | M  | 50  |     | 00:58:59 | 00:58:32   | FALCÕES SELVAGENS  |
| 455   | 1011 | ANA C A SÁ            | F  | 21  |     | 00:59:03 | 00:58:43   | INDIVIDUAL         |
| 456   | 312  | SARA PRIMOR           | F  | 27  |     | 00:59:06 | 00:58:59   | INDIVIDUAL         |
| 457   | 142  | LUÍS P CABAÇA         | M  | 37  |     | 00:59:06 | 00:58:49   | INDIVIDUAL         |
| 458   | 140  | PEDRO M HENRIQUES     | M  | 40  |     | 00:59:14 | 00:58:38   | CD PAÇO DE ARCOS   |
| 459   | 80   | PATRICIA A C DINIS    | F  | 45  |     | 00:59:16 | 00:59:04   | C MILLENNIUM BCP   |
| 460   | 70   | JOAO M M SEBORRO      | M  | 47  |     | 00:59:16 | 00:59:03   | C MILLENNIUM BCP   |
| 461   | 410  | JOSÉ M CARVALHO       | M  | 36  |     | 00:59:20 | 00:58:41   | INDIVIDUAL         |
| 462   | 517  | AURELIO CALADO        | M  | 65  |     | 00:59:29 | 00:58:48   | SS CGD             |
| 463   | 27   | VITOR INACIO          | M  | 52  |     | 00:59:37 | 00:59:12   | SOTECNISOL         |
| 464   | 366  | JOAO FONSECA          | M  | 27  |     | 00:59:40 | 00:59:13   | INDIVIDUAL         |
| 465   | 93   | MANUEL C SANTOS       | M  | 40  |     | 00:59:40 | 00:59:08   | SS MONTEPIO GERAL  |
| 466   | 87   | CLAUDIA LEITAO        | F  | 35  |     | 00:59:40 | 00:59:02   | SS MONTEPIO GERAL  |
| 467   | 75   | LEONEL F F G BRANDAO  | M  | 47  |     | 00:59:45 | 00:59:36   | C MILLENNIUM BCP   |
| 468   | 309  | ILÍDIO MONTEIRO       | M  | 64  |     | 00:59:49 | 00:59:24   | INDIVIDUAL         |

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### Relatório Masculino e Feminino Geral

| Class | Num  | Nome                 | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe               |
|-------|------|----------------------|----|-----|-----|----------|------------|----------------------|
| 469   | 260  | PAULO FRANÇA         | M  | 52  |     | 00:59:51 | 00:59:43   | GDCT UNICRE          |
| 470   | 209  | LUIS ANTUNES         | M  | 52  |     | 00:59:56 | 00:59:23   | GA MONSANTO/GASCAN   |
| 471   | 110  | JORGE LOURENÇO       | M  | 35  |     | 01:00:00 | 00:59:36   | HOLLYWOOD RUNNERS    |
| 472   | 112  | JOHNNY THOMASSEN     | M  | 54  |     | 01:00:07 | 00:59:48   | INDIVIDUAL           |
| 473   | 61   | CARLOS A A TOME      | M  | 63  |     | 01:00:08 | 00:59:43   | C MILLENNIUM BCP     |
| 474   | 103  | FRANCISCO L RIBEIRO  | M  | 67  |     | 01:00:13 | 01:00:04   | INDIVIDUAL           |
| 475   | 31   | PEDRO M BRANCO       | M  | 45  |     | 01:00:14 | 00:59:56   | OBLOG                |
| 476   | 172  | JOÃO A A JÚNIOR      | M  | 32  |     | 01:00:21 | 00:59:58   | OS PAPA LÉGUAS       |
| 477   | 1034 | TANIA FERNANDES      | F  | 32  |     | 01:00:21 | 00:59:49   | INDIVIDUAL           |
| 478   | 132  | HENRIQUE VILHENA     | M  | 58  |     | 01:00:31 | 00:59:49   | INDIVIDUAL           |
| 479   | 330  | FILIPA PINTO         | F  | 33  |     | 01:00:34 | 01:00:17   | LIKE A RUNNER        |
| 480   | 508  | SONIA RODRIGUES      | F  | 38  |     | 01:00:37 | 01:00:22   | INDEG                |
| 481   | 371  | ANTÓNIO J MONTEIRO   | M  | 55  |     | 01:00:38 | 01:00:16   | CORRER LISBOA        |
| 482   | 1108 | JOÃO P D CARVALHO    | M  | 55  |     | 01:00:39 | 01:00:18   | CORRER LISBOA        |
| 483   | 72   | JORGE H A COLAÇO     | M  | 54  |     | 01:00:39 | 01:00:28   | C MILLENNIUM BCP     |
| 484   | 1044 | BRUNO FONSECA        | M  | 31  |     | 01:00:39 | 01:00:28   | INDIVIDUAL           |
| 485   | 20   | JOSE L CASTRO        | M  | 48  |     | 01:00:45 | 01:00:32   | SOTECNISOL           |
| 486   | 14   | GONÇALO M CARMO      | M  | 47  |     | 01:00:46 | 01:00:07   | SOTECNISOL           |
| 487   | 97   | RITA GONÇALVES       | F  | 39  |     | 01:00:52 | 01:00:21   | SS MONTEPIO GERAL    |
| 488   | 368  | MARLENE SIEDENBIEDEL | F  | 24  |     | 01:00:57 | 01:00:31   | INDIVIDUAL           |
| 489   | 1107 | SUSANNE LOSSOW       | F  | 24  |     | 01:00:59 | 01:00:33   | INDIVIDUAL           |
| 490   | 1052 | JAIME PARDAL         | M  | 45  |     | 01:01:14 | 01:00:39   | CARAPUS DE CORRIDA   |
| 491   | 266  | FERNANDO LOURENÇO    | M  | 64  |     | 01:01:17 | 01:01:08   | BOM PETISCO          |
| 492   | 354  | ISABEL SANTOS        | F  | 47  |     | 01:01:25 | 01:01:22   | LOURDETE PERFUMARIAS |
| 493   | 443  | JOAO GAMEIRO         | M  | 48  |     | 01:01:30 | 01:01:16   |                      |
| 494   | 118  | EBERHARD A WILHELM   | M  | 66  |     | 01:01:34 | 01:00:59   | 4 AO KM              |
| 495   | 1099 | CARLOS NOGUEIRA      | M  | 59  |     | 01:01:35 | 01:01:14   | INDIVIDUAL           |
| 496   | 1104 | CLAUDIA TAM          | F  | 32  |     | 01:01:41 | 01:01:23   | AÇOREANA C BANIF     |
| 497   | 400  | DIOGO CARVALHO       | M  | 25  |     | 01:01:42 | 01:01:20   | OS AMIGOS DA ALAMEDA |
| 498   | 130  | ANA SEABRA           | F  | 37  |     | 01:02:08 | 01:01:36   | INDIVIDUAL           |
| 499   | 170  | TÂNIA COSTA          | F  | 33  |     | 01:02:13 | 01:01:20   | ACTIVE PEOPLE        |
| 500   | 9    | NUNO FINO            | M  | 35  |     | 01:02:17 | 01:01:48   | PREMIVALOR           |
| 501   | 135  | LÚCIA CAVALEIRO      | F  | 37  |     | 01:02:20 | 01:01:48   | INDIVIDUAL           |
| 502   | 257  | JOÃO QUITALO         | M  | 62  |     | 01:02:48 | 01:02:27   | APOGMA               |
| 503   | 549  | DUARTE BRANDÃO       | M  | 35  |     | 01:02:52 | 01:02:23   | INDIVIDUAL           |
| 504   | 169  | JOANA D CHOURIÇO     | F  | 51  |     | 01:03:08 | 01:02:54   | INDIVIDUAL           |
| 505   | 407  | ORLANDO SOUSA        | M  | 52  |     | 01:03:08 | 01:02:39   | CCDT METRO LX        |
| 506   | 342  | PAULA COUTO          | F  | 51  |     | 01:03:13 | 01:02:48   | ALGYMNS              |
| 507   | 527  | ETELVINA PAULINO     | F  | 54  |     | 01:03:25 | 01:03:04   | INDIVIDUAL           |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório Masculino e Feminino Geral

| Class | Num  | Nome                  | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe                |
|-------|------|-----------------------|----|-----|-----|----------|------------|-----------------------|
| 508   | 148  | CÉLIA FRANCISCO       | F  | 41  |     | 01:03:28 | 01:02:57   | INDIVIDUAL            |
| 509   | 5    | TELMO VIEIRA          | M  | 41  |     | 01:03:30 | 01:03:07   | PREMIVALOR            |
| 510   | 1100 | PEDRO RODRIGUES       | M  | 48  |     | 01:03:30 | 01:03:11   | INDIVIDUAL            |
| 511   | 149  | PAULA NETO            | F  | 50  |     | 01:03:36 | 01:03:06   | INDIVIDUAL            |
| 512   | 1045 | RUI M S ALMEIDA       | M  | 42  |     | 01:03:51 | 01:03:34   | PASSO LENTO           |
| 513   | 417  | ANA C M M CANAVEIRA   | F  | 47  |     | 01:04:07 | 01:03:48   | AÇOREANA C BANIF      |
| 514   | 129  | ANA SEABRA            | F  | 49  |     | 01:04:11 | 01:03:39   | INDIVIDUAL            |
| 515   | 468  | MARLAINE SILVA        | F  | 39  |     | 01:04:16 | 01:03:41   | ESEGUR                |
| 516   | 66   | FERNANDO H R FERREIRA | M  | 68  |     | 01:04:16 | 01:04:07   | C MILLENNIUM BCP      |
| 517   | 477  | FILIPA BRITO          | F  | 41  |     | 01:04:33 | 01:03:53   | MDS                   |
| 518   | 235  | VITOR CARDOSO         | M  | 37  |     | 01:04:36 | 01:04:20   | GDCT IN CASA DA MOEDA |
| 519   | 445  | RITA RAPOSO           | F  | 17  |     | 01:04:39 | 01:04:22   |                       |
| 520   | 22   | PAULO ARAUJO          | M  | 45  |     | 01:04:40 | 01:04:28   | SOTECNISOL            |
| 521   | 117  | LUÍS FURA             | M  | 29  |     | 01:04:56 | 01:04:09   | INDIVIDUAL            |
| 522   | 282  | JOANA HEITOR          | F  | 32  |     | 01:05:14 | 01:04:33   | INDIVIDUAL            |
| 523   | 55   | JOAO GRAÇA            | M  | 74  |     | 01:05:17 | 01:04:47   | ND AUTOCOOPE          |
| 524   | 1049 | TANIA ANTUNES         | F  | 37  |     | 01:05:20 | 01:05:04   | INDIVIDUAL            |
| 525   | 38   | CAIO SARTI            | M  | 24  |     | 01:05:25 | 01:05:03   | OBLOG                 |
| 526   | 42   | RUI M C GAMEIRO       | M  | 41  |     | 01:05:27 | 01:04:45   | OBLOG                 |
| 527   | 34   | CRISTINA ALEXANDRE    | F  | 41  |     | 01:05:27 | 01:04:45   | OBLOG                 |
| 528   | 1114 | ALDA CASTRO           | F  | 27  |     | 01:05:28 | 01:05:06   | INDIVIDUAL            |
| 529   | 225  | MIGUEL FRAGA          | M  | 43  |     | 01:05:34 | 01:05:19   | GDCT IN CASA DA MOEDA |
| 530   | 1016 | ELISABETE CABRAL      | F  | 42  |     | 01:05:50 | 01:05:19   | INDIVIDUAL            |
| 531   | 7    | CATARINA PEIXOTO      | F  | 27  |     | 01:05:58 | 01:05:35   | PREMIVALOR            |
| 532   | 224  | LUIS MATOS            | M  | 47  |     | 01:06:04 | 01:05:50   | GDCT IN CASA DA MOEDA |
| 533   | 341  | ARTUR DINIS           | M  | 57  |     | 01:06:21 | 01:05:56   | ALGYMNS               |
| 534   | 278  | CAROLINA MANUEL       | F  | 19  |     | 01:06:52 | 01:06:47   | CALDEIRAS             |
| 535   | 444  | RUI RAPOSO            | M  | 50  |     | 01:06:53 | 01:06:35   |                       |
| 536   | 1085 | VERA L F GÓIS         | F  | 34  |     | 01:08:02 | 01:07:40   | INDIVIDUAL            |
| 537   | 467  | FLÁVIO QUINA          | M  | 26  |     | 01:08:08 | 01:07:40   | ESEGUR                |
| 538   | 546  | ANTONIO MARQUES       | M  | 68  |     | 01:08:40 | 01:08:35   |                       |
| 539   | 337  | ARMANDO A CORREIA     | M  | 56  |     | 01:08:54 | 01:08:44   | INDIVIDUAL            |
| 540   | 1053 | MARGARIDA PARDAL      | F  | 45  |     | 01:08:55 | 01:08:19   | CARAPUS DE CORRIDA    |
| 541   | 262  | JOSÉ MILAGRES         | M  | 57  |     | 01:10:53 | 01:10:42   | GDCT UNICRE           |
| 542   | 1076 | JOSÉ J CALDEIRA       | M  | 51  |     | 01:10:57 | 01:10:42   | CALDEIRAS             |
| 543   | 298  | FERNANDO P RODRIGUES  | M  | 72  |     | 01:11:20 | 01:10:59   | INDIVIDUAL            |
| 544   | 1079 | MAFALDA C P NETO      | F  | 22  |     | 01:12:13 | 01:11:57   | INDIVIDUAL            |
| 545   | 1081 | NUNO MIRANDA          | M  | 24  |     | 01:12:17 | 01:12:02   | INDIVIDUAL            |
| 546   | 1043 | ANA L L SILVA         | F  | 33  |     | 01:12:22 | 01:11:46   | INDIVIDUAL            |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório Masculino e Feminino Geral

| Class | Num  | Nome                    | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe             |
|-------|------|-------------------------|----|-----|-----|----------|------------|--------------------|
| 547   | 1025 | ÂNGELA F P MACHADO      | F  | 36  |     | 01:12:22 | 01:11:46   | INDIVIDUAL         |
| 548   | 476  | MARIO VINHAS            | M  | 46  |     | 01:12:43 | 01:12:03   | MDS                |
| 549   | 475  | CATARINA AZEVEDO        | F  | 35  |     | 01:12:43 | 01:12:03   | MDS                |
| 550   | 122  | RUI OLIVEIRA            | M  | 50  |     | 01:12:46 | 01:12:37   | FALCÕES SELVAGENS  |
| 551   | 1047 | BRÍGIDA CRUZ            | F  | 27  |     | 01:13:40 | 01:13:23   | INDIVIDUAL         |
| 552   | 473  | RAFAEL R PAUSELLI       | M  | 41  |     | 01:14:40 | 01:14:12   | ESEGUR             |
| 553   | 210  | LUIS F ALVES            | M  | 52  |     | 01:15:24 | 01:14:50   | GA MONSANTO/GASCAN |
| 554   | 68   | FOCK Y W CHIU           | F  | 64  |     | 01:15:54 | 01:15:27   | C MILLENNIUM BCP   |
| 555   | 74   | JOSE E G ARRUDA         | M  | 65  |     | 01:15:54 | 01:15:27   | C MILLENNIUM BCP   |
| 556   | 1116 | JOANA R MARTINS         | F  | 29  |     | 01:16:19 | 01:15:56   | INDIVIDUAL         |
| 557   | 84   | Mª CARMO ANJOS          | F  | 68  |     | 01:17:14 | 01:16:53   | JF PORTELA         |
| 558   | 1111 | SUSANA DURO             | F  | 37  |     | 01:17:15 | 01:16:44   | TURBO-LENTO        |
| 559   | 1112 | RITA LOURENÇO           | F  | 38  |     | 01:17:16 | 01:16:44   | TURBO-LENTO        |
| 560   | 18   | JOAO ROSA               | M  | 36  |     | 01:17:21 | 01:16:54   | SOTECNISOL         |
| 561   | 501  | Mª ISABEL S P RODRIGUES | F  | 55  |     | 01:18:32 | 01:18:32   | INDEG              |
| 562   | 331  | DANIEL STEPHEN          | M  | 32  |     | 01:19:15 | 01:18:57   | LIKE A RUNNER      |
| 563   | 329  | MARIA TAVARES           | F  | 39  |     | 01:19:17 | 01:19:00   | LIKE A RUNNER      |
| 564   | 328  | FLÁVIA FRANCISCO        | F  | 37  |     | 01:19:17 | 01:19:02   | LIKE A RUNNER      |
| 565   | 92   | LURDES FERREIRA         | F  | 52  |     | 01:22:05 | 01:21:33   | SS MONTEPIO GERAL  |
| 566   | 25   | RICARDO RODRIGUES       | M  | 42  |     | 01:23:54 | 01:23:28   | SOTECNISOL         |
| 567   | 1102 | Mª LURDES FIALHO        | F  | 18  |     | 01:24:10 | 01:24:08   | INDIVIDUAL         |

**Total de registros: 567**

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

Relatório por Faixas Etárias

### F0019

| Class | Num  | Nome             | Sx | Idd | T. Bruto | T. Líquido | Equipe     |
|-------|------|------------------|----|-----|----------|------------|------------|
| 1     | 445  | RITA RAPOSO      | F  | 17  | 01:04:39 | 01:04:22   |            |
| 2     | 278  | CAROLINA MANUEL  | F  | 19  | 01:06:52 | 01:06:47   | CALDEIRAS  |
| 3     | 1102 | Mª LURDES FIALHO | F  | 18  | 01:24:10 | 01:24:08   | INDIVIDUAL |



## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório por Faixas Etárias

#### F2034

| Class | Num  | Nome                  | Sx | Idd | T. Bruto | T. Líquido | Equipe            |
|-------|------|-----------------------|----|-----|----------|------------|-------------------|
| 1     | 1090 | MILENE G SANTOS       | F  | 22  | 00:41:16 | 00:41:14   | CS MARÍTIMO       |
| 2     | 526  | CATIA SERODIO         | F  | 34  | 00:42:40 | 00:42:37   | AMINHACORRIDA.COM |
| 3     | 1039 | MARISA FREIRE         | F  | 27  | 00:49:36 | 00:49:07   | INDIVIDUAL        |
| 4     | 1062 | LEONOR CANDEIAS       | F  | 26  | 00:50:33 | 00:50:19   | AMIGOS DOS LOBOS  |
| 5     | 383  | CATIA SILVA           | F  | 32  | 00:50:37 | 00:50:22   | INDIVIDUAL        |
| 6     | 1075 | ANA SOFIA BRÁS        | F  | 23  | 00:51:28 | 00:51:06   | INDIVIDUAL        |
| 7     | 411  | SOFIA ROCHA           | F  | 27  | 00:53:16 | 00:52:57   | INDIVIDUAL        |
| 8     | 484  | ANDREIA TOURAIS       | F  | 28  | 00:53:22 | 00:53:02   | INDEG             |
| 9     | 435  | VANESSA SEQUEIRA      | F  | 31  | 00:53:46 | 00:53:35   | INDIVIDUAL        |
| 10    | 1030 | ANDREIA V S C H ALVES | F  | 33  | 00:54:20 | 00:54:04   | CORRER LISBOA     |
| 11    | 90   | LILIANA RODRIGUES     | F  | 32  | 00:54:57 | 00:54:20   | SS MONTEPIO GERAL |
| 12    | 485  | CARINA S F S VEIGA    | F  | 28  | 00:55:12 | 00:55:04   | INDEG             |
| 13    | 178  | JUDITE BAIXINHO       | F  | 28  | 00:55:27 | 00:55:05   | SANTIAGO FC       |
| 14    | 94   | MONICA ABREU          | F  | 34  | 00:56:44 | 00:56:10   | SS MONTEPIO GERAL |
| 15    | 1098 | JOANA GORGUEIRA       | F  | 23  | 00:57:43 | 00:57:20   | INDIVIDUAL        |
| 16    | 85   | ANA F CANELHAS        | F  | 29  | 00:57:44 | 00:57:10   | SS MONTEPIO GERAL |
| 17    | 486  | CLÁUDIA M S GARCIA    | F  | 34  | 00:58:17 | 00:57:47   | INDEG             |
| 18    | 303  | ANA F GORGUEIRA       | F  | 26  | 00:58:34 | 00:58:12   | INDIVIDUAL        |
| 19    | 1011 | ANA C A SÁ            | F  | 21  | 00:59:03 | 00:58:43   | INDIVIDUAL        |
| 20    | 312  | SARA PRIMOR           | F  | 27  | 00:59:06 | 00:58:59   | INDIVIDUAL        |
| 21    | 1034 | TANIA FERNANDES       | F  | 32  | 01:00:21 | 00:59:49   | INDIVIDUAL        |
| 22    | 330  | FILIPA PINTO          | F  | 33  | 01:00:34 | 01:00:17   | LIKE A RUNNER     |
| 23    | 368  | MARLENE SIEDENBIEDEL  | F  | 24  | 01:00:57 | 01:00:31   | INDIVIDUAL        |
| 24    | 1107 | SUSANNE LOSSOW        | F  | 24  | 01:00:59 | 01:00:33   | INDIVIDUAL        |
| 25    | 1104 | CLAUDIA TAM           | F  | 32  | 01:01:41 | 01:01:23   | AÇOREANA C BANIF  |
| 26    | 170  | TÂNIA COSTA           | F  | 33  | 01:02:13 | 01:01:20   | ACTIVE PEOPLE     |
| 27    | 282  | JOANA HEITOR          | F  | 32  | 01:05:14 | 01:04:33   | INDIVIDUAL        |
| 28    | 1114 | ALDA CASTRO           | F  | 27  | 01:05:28 | 01:05:06   | INDIVIDUAL        |
| 29    | 7    | CATARINA PEIXOTO      | F  | 27  | 01:05:58 | 01:05:35   | PREMIVALOR        |
| 30    | 1085 | VERA L F GÓIS         | F  | 34  | 01:08:02 | 01:07:40   | INDIVIDUAL        |
| 31    | 1079 | MAFALDA C P NETO      | F  | 22  | 01:12:13 | 01:11:57   | INDIVIDUAL        |
| 32    | 1043 | ANA L L SILVA         | F  | 33  | 01:12:22 | 01:11:46   | INDIVIDUAL        |
| 33    | 1047 | BRÍGIDA CRUZ          | F  | 27  | 01:13:40 | 01:13:23   | INDIVIDUAL        |
| 34    | 1116 | JOANA R MARTINS       | F  | 29  | 01:16:19 | 01:15:56   | INDIVIDUAL        |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório por Faixas Etárias

#### F3544

| Class | Num  | Nome               | Sx | Idd | T. Bruto | T. Líquido | Equipe                |
|-------|------|--------------------|----|-----|----------|------------|-----------------------|
| 1     | 240  | INES MARQUES       | F  | 37  | 00:45:42 | 00:45:29   | TEAM BAIA DO SEIXAL   |
| 2     | 332  | ANA AMARO          | F  | 39  | 00:48:44 | 00:48:32   | TEAM BAIA DO SEIXAL   |
| 3     | 47   | CARLA A LOPES      | F  | 42  | 00:49:56 | 00:49:36   | GD INE                |
| 4     | 100  | TERESA CARDOSO     | F  | 35  | 00:50:00 | 00:49:32   | SS MONTEPIO GERAL     |
| 5     | 218  | ANA MORAIS         | F  | 39  | 00:51:25 | 00:50:59   | GDCT IN CASA DA MOEDA |
| 6     | 158  | HELENA LEITÃO      | F  | 44  | 00:52:34 | 00:52:27   | RUNLOVERS             |
| 7     | 474  | SANDRA P SILVA     | F  | 42  | 00:52:38 | 00:52:31   | ESEGUR                |
| 8     | 1109 | SÓNIA FIGUEIREDO   | F  | 38  | 00:52:59 | 00:52:49   | INDIVIDUAL            |
| 9     | 141  | RITA A P CERTÃ     | F  | 38  | 00:56:05 | 00:55:47   | INDIVIDUAL            |
| 10    | 134  | CARLA OLIVEIRA     | F  | 40  | 00:56:10 | 00:55:56   | INDIVIDUAL            |
| 11    | 21   | PAULA ALBUQUERQUE  | F  | 35  | 00:56:26 | 00:56:00   | SOTECNISOL            |
| 12    | 308  | DÉLIA VARINO       | F  | 41  | 00:57:30 | 00:57:23   | FIDRUN                |
| 13    | 472  | JOANA CALDEIRA     | F  | 39  | 00:57:35 | 00:56:55   | ESEGUR                |
| 14    | 1121 | MONICA MATOS       | F  | 37  | 00:57:50 | 00:57:39   | BE2RUN                |
| 15    | 1059 | ANA TORRÃO         | F  | 44  | 00:58:29 | 00:57:49   | INDIVIDUAL            |
| 16    | 87   | CLAUDIA LEITAO     | F  | 35  | 00:59:40 | 00:59:02   | SS MONTEPIO GERAL     |
| 17    | 508  | SONIA RODRIGUES    | F  | 38  | 01:00:37 | 01:00:22   | INDEG                 |
| 18    | 97   | RITA GONÇALVES     | F  | 39  | 01:00:52 | 01:00:21   | SS MONTEPIO GERAL     |
| 19    | 130  | ANA SEABRA         | F  | 37  | 01:02:08 | 01:01:36   | INDIVIDUAL            |
| 20    | 135  | LÚCIA CAVALEIRO    | F  | 37  | 01:02:20 | 01:01:48   | INDIVIDUAL            |
| 21    | 148  | CÉLIA FRANCISCO    | F  | 41  | 01:03:28 | 01:02:57   | INDIVIDUAL            |
| 22    | 468  | MARLAINE SILVA     | F  | 39  | 01:04:16 | 01:03:41   | ESEGUR                |
| 23    | 477  | FILIPA BRITO       | F  | 41  | 01:04:33 | 01:03:53   | MDS                   |
| 24    | 1049 | TANIA ANTUNES      | F  | 37  | 01:05:20 | 01:05:04   | INDIVIDUAL            |
| 25    | 34   | CRISTINA ALEXANDRE | F  | 41  | 01:05:27 | 01:04:45   | OBLOG                 |
| 26    | 1016 | ELISABETE CABRAL   | F  | 42  | 01:05:50 | 01:05:19   | INDIVIDUAL            |
| 27    | 1025 | ÂNGELA F P MACHADO | F  | 36  | 01:12:22 | 01:11:46   | INDIVIDUAL            |
| 28    | 475  | CATARINA AZEVEDO   | F  | 35  | 01:12:43 | 01:12:03   | MDS                   |
| 29    | 1111 | SUSANA DURO        | F  | 37  | 01:17:15 | 01:16:44   | TURBO-LENTO           |
| 30    | 1112 | RITA LOURENÇO      | F  | 38  | 01:17:16 | 01:16:44   | TURBO-LENTO           |
| 31    | 329  | MARIA TAVARES      | F  | 39  | 01:19:17 | 01:19:00   | LIKE A RUNNER         |
| 32    | 328  | FLÁVIA FRANCISCO   | F  | 37  | 01:19:17 | 01:19:02   | LIKE A RUNNER         |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório por Faixas Etárias

#### F4599

| Class | Num  | Nome                    | Sx | Idd | T. Bruto | T. Líquido | Equipe               |
|-------|------|-------------------------|----|-----|----------|------------|----------------------|
| 1     | 144  | ISABEL SANTOS           | F  | 45  | 00:47:43 | 00:47:38   | FF PAZ MUNIDAL       |
| 2     | 157  | CRISTINA CALDEIRA       | F  | 45  | 00:48:57 | 00:48:50   | RUNLOVERS            |
| 3     | 402  | FILOMENA JACINTO        | F  | 48  | 00:54:04 | 00:53:41   | OS AMIGOS DA ALAMEDA |
| 4     | 1020 | MARINA A P ANDRADE      | F  | 45  | 00:55:04 | 00:54:47   | INDIVIDUAL           |
| 5     | 201  | MERCEDES FONSECA        | F  | 58  | 00:55:30 | 00:55:20   | OS SUPER             |
| 6     | 393  | JULIETA SANTOS          | F  | 54  | 00:56:21 | 00:56:08   | INDIVIDUAL           |
| 7     | 80   | PATRICIA A C DINIS      | F  | 45  | 00:59:16 | 00:59:04   | C MILLENNIUM BCP     |
| 8     | 354  | ISABEL SANTOS           | F  | 47  | 01:01:25 | 01:01:22   | LOURDETE PERFUMARIAS |
| 9     | 169  | JOANA D CHOURIÇO        | F  | 51  | 01:03:08 | 01:02:54   | INDIVIDUAL           |
| 10    | 342  | PAULA COUTO             | F  | 51  | 01:03:13 | 01:02:48   | ALGYMNS              |
| 11    | 527  | ETELVINA PAULINO        | F  | 54  | 01:03:25 | 01:03:04   | INDIVIDUAL           |
| 12    | 149  | PAULA NETO              | F  | 50  | 01:03:36 | 01:03:06   | INDIVIDUAL           |
| 13    | 417  | ANA C M M CANAVEIRA     | F  | 47  | 01:04:07 | 01:03:48   | AÇOREANA C BANIF     |
| 14    | 129  | ANA SEABRA              | F  | 49  | 01:04:11 | 01:03:39   | INDIVIDUAL           |
| 15    | 1053 | MARGARIDA PARDAL        | F  | 45  | 01:08:55 | 01:08:19   | CARAPUS DE CORRIDA   |
| 16    | 68   | FOCK Y W CHIU           | F  | 64  | 01:15:54 | 01:15:27   | C MILLENNIUM BCP     |
| 17    | 84   | Mª CARMO ANJOS          | F  | 68  | 01:17:14 | 01:16:53   | JF PORTELA           |
| 18    | 501  | Mª ISABEL S P RODRIGUES | F  | 55  | 01:18:32 | 01:18:32   | INDEG                |
| 19    | 92   | LURDES FERREIRA         | F  | 52  | 01:22:05 | 01:21:33   | SS MONTEPIO GERAL    |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório por Faixas Etárias

#### M0019

| Class | Num  | Nome               | Sx | Idd | T. Bruto | T. Líquido | Equipe           |
|-------|------|--------------------|----|-----|----------|------------|------------------|
| 1     | 277  | GONÇALO J CALDEIRA | M  | 18  | 00:37:10 | 00:37:05   | CALDEIRAS        |
| 2     | 143  | FLÁVIO SANTOS      | M  | 18  | 00:38:13 | 00:38:11   | FF PAZ MUNIDAL   |
| 3     | 275  | ANDRÉ S P CALADO   | M  | 18  | 00:52:57 | 00:52:30   | INDIVIDUAL       |
| 4     | 63   | DIOGO G P REIS     | M  | 18  | 00:52:59 | 00:52:25   | C MILLENNIUM BCP |
| 5     | 192  | GUILHERME RELVAS   | M  | 19  | 00:53:02 | 00:52:59   | INDIVIDUAL       |
| 6     | 183  | JOÃO M M PALMEIRO  | M  | 18  | 00:53:59 | 00:53:46   | INDIVIDUAL       |
| 7     | 1096 | PAULO A M SALVADOR | M  | 19  | 00:57:15 | 00:56:57   | INDIVIDUAL       |
| 8     | 446  | BERNARDO CANDEIAS  | M  | 18  | 00:58:15 | 00:58:00   |                  |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório por Faixas Etárias

#### M2034

| Class | Num  | Nome                  | Sx | Idd | T. Bruto | T. Líquido | Equipe                |
|-------|------|-----------------------|----|-----|----------|------------|-----------------------|
| 1     | 2    | ANDRE SOUSA           | M  | 34  | 00:33:35 | 00:33:34   | XISTARCA              |
| 2     | 451  | PEDRO RIBEIRO         | M  | 26  | 00:33:40 | 00:33:40   | CUAB                  |
| 3     | 525  | PEDRO MARQUES         | M  | 32  | 00:33:48 | 00:33:46   | AMINHACORRIDA.COM     |
| 4     | 17   | JOAO BRAS             | M  | 25  | 00:33:54 | 00:33:52   | SOTECNISOL            |
| 5     | 369  | DANIEL PIÑEIRO        | M  | 32  | 00:34:02 | 00:33:59   | MIS SOBRIS            |
| 6     | 448  | EDMIR CORREIA         | M  | 34  | 00:35:27 | 00:35:25   |                       |
| 7     | 190  | RODRIGO G N GREGÓRIO  | M  | 31  | 00:35:47 | 00:35:43   | INDIVIDUAL            |
| 8     | 381  | PEDRO DUARTE          | M  | 23  | 00:37:16 | 00:37:13   | EQUIPA DAÇO           |
| 9     | 380  | MIGUEL RAMOS          | M  | 21  | 00:37:25 | 00:37:22   | EQUIPA DAÇO           |
| 10    | 39   | PEDRO P FERNANDES     | M  | 31  | 00:38:11 | 00:37:50   | OBLOG                 |
| 11    | 348  | FRANCISCO E MONTE     | M  | 34  | 00:38:29 | 00:38:25   | INDIVIDUAL            |
| 12    | 433  | PAULO PATRICIO        | M  | 29  | 00:38:54 | 00:38:51   | CERCAL RT             |
| 13    | 290  | ROMÃO PEDROSO         | M  | 28  | 00:39:16 | 00:39:13   | CORRER LISBOA         |
| 14    | 497  | JOSÉ M S S MARQUITO   | M  | 30  | 00:40:08 | 00:40:08   | INDEG                 |
| 15    | 542  | ANDREAS KARREN        | M  | 29  | 00:40:16 | 00:40:09   |                       |
| 16    | 449  | LUIS CHAVIER          | M  | 34  | 00:40:21 | 00:40:21   |                       |
| 17    | 1005 | JÃO P A PEREIRA       | M  | 23  | 00:40:34 | 00:40:30   | INGLESES FC           |
| 18    | 370  | BRUNO SILVA           | M  | 28  | 00:40:52 | 00:40:48   | FALCÕES SELVAGENS     |
| 19    | 216  | RUI F B S CARMO       | M  | 32  | 00:41:01 | 00:40:56   | INDIVIDUAL            |
| 20    | 382  | FERNANDO BATISTA      | M  | 22  | 00:41:01 | 00:40:58   | EQUIPA DAÇO           |
| 21    | 457  | MIGUEL PAULINO        | M  | 21  | 00:41:18 | 00:41:14   |                       |
| 22    | 1037 | DAVID GOMES           | M  | 28  | 00:41:18 | 00:41:06   | INDIVIDUAL            |
| 23    | 419  | AFONSO P PRATES       | M  | 21  | 00:41:51 | 00:41:48   | INDIVIDUAL            |
| 24    | 147  | ANDRE GOMES           | M  | 21  | 00:42:06 | 00:42:03   | INDIVIDUAL            |
| 25    | 335  | LUÍS M A LOUREIRO     | M  | 29  | 00:42:10 | 00:41:43   | INDIVIDUAL            |
| 26    | 357  | EDUARDO MARQUES       | M  | 29  | 00:43:04 | 00:42:57   | INDIVIDUAL            |
| 27    | 424  | MIGUEL ALMEIDA        | M  | 31  | 00:43:10 | 00:43:02   | INDIVIDUAL            |
| 28    | 182  | BRUNO M J PALMA       | M  | 30  | 00:43:24 | 00:43:21   | INDIVIDUAL            |
| 29    | 106  | RENATO MORAIS         | M  | 33  | 00:43:32 | 00:43:17   | TARTARUGAS SOLIDÁRIAS |
| 30    | 107  | ADRIANO B ENCARNAÇÃO  | M  | 26  | 00:43:50 | 00:43:42   | INDIVIDUAL            |
| 31    | 547  | SEM NOME              | M  | 34  | 00:43:56 | 00:43:53   |                       |
| 32    | 403  | MAURO PEREIRA         | M  | 30  | 00:44:06 | 00:43:45   | OS AMIGOS DA ALAMEDA  |
| 33    | 214  | LUIS RIBEIRO          | M  | 34  | 00:44:19 | 00:44:06   | TEAM BAIA DO SEIXAL   |
| 34    | 1103 | LUIS A JEREMIAS       | M  | 22  | 00:44:26 | 00:44:22   | INDIVIDUAL            |
| 35    | 1004 | MANUEL C P S MARTINHO | M  | 23  | 00:44:48 | 00:44:43   | INDIVIDUAL            |
| 36    | 379  | RICARDO ALVES         | M  | 27  | 00:44:48 | 00:44:39   | INDIVIDUAL            |
| 37    | 401  | TIAGO ABREU           | M  | 31  | 00:44:49 | 00:44:27   | OS AMIGOS DA ALAMEDA  |
| 38    | 1105 | PEDRO SILVA           | M  | 20  | 00:45:00 | 00:44:55   | INDIVIDUAL            |
| 39    | 23   | PEDRO M S MACEDO      | M  | 34  | 00:45:03 | 00:44:45   | SOTECNISOL            |
| 40    | 322  | CARLOS ALFEIRÃO       | M  | 34  | 00:45:13 | 00:45:08   | LIKE A RUNNER         |

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| Class | Num  | Nome                 | Sx | Idd | T. Bruto | T. Líquido | Equipe               |
|-------|------|----------------------|----|-----|----------|------------|----------------------|
| 41    | 181  | FERNANDO FARIA       | M  | 34  | 00:45:38 | 00:45:32   | INDIVIDUAL           |
| 42    | 340  | BRUNO PROENCA        | M  | 34  | 00:45:54 | 00:45:34   | INDIVIDUAL           |
| 43    | 432  | DAVID RODRIGUES      | M  | 26  | 00:45:58 | 00:45:51   | CERCAL RT            |
| 44    | 213  | MIGUEL A SOARES      | M  | 20  | 00:46:01 | 00:45:31   | INDIVIDUAL           |
| 45    | 1113 | JOÃO N DEUS          | M  | 29  | 00:46:03 | 00:46:00   | DREAM TEAM B2C       |
| 46    | 301  | JOSÉ M M NEVES       | M  | 28  | 00:46:30 | 00:46:00   | INDIVIDUAL           |
| 47    | 436  | BRUNO LEITE          | M  | 31  | 00:46:45 | 00:46:37   | INDIVIDUAL           |
| 48    | 1122 | ANDRE FONSECA        | M  | 24  | 00:46:56 | 00:46:44   | INDIVIDUAL           |
| 49    | 1106 | TIAGO OLIVEIRA       | M  | 32  | 00:47:00 | 00:46:54   | INDIVIDUAL           |
| 50    | 353  | RICARDO CONCEIÇÃO    | M  | 29  | 00:47:02 | 00:46:58   | LOURDETE PERFUMARIAS |
| 51    | 291  | MÁRIO P F A RAPOSO   | M  | 33  | 00:47:16 | 00:46:46   | INDIVIDUAL           |
| 52    | 395  | MIGUEL CID           | M  | 24  | 00:47:28 | 00:47:15   | INDIVIDUAL           |
| 53    | 423  | HELDER J M SANTOS    | M  | 32  | 00:47:57 | 00:47:26   | INDIVIDUAL           |
| 54    | 83   | TIAGO F S E SANTO    | M  | 20  | 00:48:18 | 00:48:08   | C MILLENNIUM BCP     |
| 55    | 1013 | ANTÓNIO C F VALE     | M  | 26  | 00:48:20 | 00:48:08   | OS CONTA-KILÓMETROS  |
| 56    | 1060 | JOÃO MARIA           | M  | 23  | 00:48:34 | 00:47:54   | INDIVIDUAL           |
| 57    | 293  | JOÃO J FERNANDES     | M  | 33  | 00:48:38 | 00:48:28   | INDIVIDUAL           |
| 58    | 548  | DAVID ALMEIDA        | M  | 34  | 00:48:53 | 00:48:42   | INDIVIDUAL           |
| 59    | 453  | DANIEL AREIAS        | M  | 27  | 00:48:58 | 00:48:46   |                      |
| 60    | 281  | LUIS DOMINGUES       | M  | 33  | 00:49:13 | 00:48:32   | INDIVIDUAL           |
| 61    | 1007 | GONÇALO CASTRO       | M  | 23  | 00:49:24 | 00:49:22   | INDIVIDUAL           |
| 62    | 265  | ANDRÉ LOURENÇO       | M  | 33  | 00:49:24 | 00:49:13   | BOM PETISCO          |
| 63    | 434  | GUILHERME PACHECO    | M  | 27  | 00:49:29 | 00:49:22   | CERCAL RT            |
| 64    | 16   | HUGO SILVA           | M  | 30  | 00:49:35 | 00:49:11   | SOTECNISOL           |
| 65    | 1055 | NUNO T COSTA         | M  | 33  | 00:49:35 | 00:49:14   | INDIVIDUAL           |
| 66    | 360  | RICARDO NUNES        | M  | 31  | 00:50:17 | 00:49:58   | INDIVIDUAL           |
| 67    | 161  | GUSTAVO GONZÁLEZ     | M  | 28  | 00:50:21 | 00:49:34   | INDIVIDUAL           |
| 68    | 389  | AVELINO ALVES        | M  | 34  | 00:50:37 | 00:50:01   | TC RUNNERS           |
| 69    | 1068 | TIAGO GUERRA         | M  | 25  | 00:50:44 | 00:50:06   | HERE FOR BEER        |
| 70    | 537  | BRUNO RIBEIRO        | M  | 34  | 00:50:47 | 00:50:18   | KANINOS              |
| 71    | 1042 | BRUNO GONÇALVES      | M  | 32  | 00:50:50 | 00:50:40   | INDIVIDUAL           |
| 72    | 302  | RICARDO A MARTINS    | M  | 27  | 00:51:07 | 00:50:39   | INDIVIDUAL           |
| 73    | 326  | DIOGO CHAVES         | M  | 24  | 00:51:18 | 00:51:14   | LIKE A RUNNER        |
| 74    | 1097 | CARLOS A M RODRIGUES | M  | 28  | 00:51:24 | 00:51:02   | INDIVIDUAL           |
| 75    | 1056 | TIAGO PIRES          | M  | 33  | 00:51:38 | 00:51:17   | INDIVIDUAL           |
| 76    | 1071 | CARLOS LIMA          | M  | 25  | 00:51:48 | 00:51:36   | INDIVIDUAL           |
| 77    | 1058 | FILIPPE AGRATI       | M  | 25  | 00:51:48 | 00:51:36   | INDIVIDUAL           |
| 78    | 1072 | DANIEL NOGUEIRA      | M  | 23  | 00:51:49 | 00:51:37   | INDIVIDUAL           |
| 79    | 409  | GONÇALO LAGOA        | M  | 32  | 00:51:51 | 00:51:13   | INDIVIDUAL           |
| 80    | 511  | TIAGO J P S VEIGA    | M  | 30  | 00:52:13 | 00:52:04   | INDEG                |

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| Class | Num  | Nome                 | Sx | Idd | T. Bruto | T. Líquido | Equipe                 |
|-------|------|----------------------|----|-----|----------|------------|------------------------|
| 81    | 1024 | ILISITO FERREIRA     | M  | 31  | 00:52:14 | 00:51:50   | OS PAPA LÉGUAS         |
| 82    | 166  | NUNO BARROS          | M  | 31  | 00:52:15 | 00:51:51   | OS PAPA LÉGUAS         |
| 83    | 1067 | PAULO MACIEL         | M  | 25  | 00:52:17 | 00:51:39   | HERE FOR BEER          |
| 84    | 28   | RUI PLACIDO          | M  | 26  | 00:52:17 | 00:51:51   | SOTECNISOL             |
| 85    | 1038 | GONÇALO V MACEDO     | M  | 30  | 00:52:42 | 00:52:33   | INDIVIDUAL             |
| 86    | 8    | PEDRO GAVILAN        | M  | 30  | 00:52:44 | 00:52:21   | PREMIVALOR             |
| 87    | 115  | CLAUDIO FERNANDES    | M  | 30  | 00:52:54 | 00:52:14   | INDIVIDUAL             |
| 88    | 430  | MANUEL MANTUA        | M  | 23  | 00:52:56 | 00:52:46   | INDIVIDUAL             |
| 89    | 176  | JOÃO BRANCO          | M  | 32  | 00:53:05 | 00:52:40   | INDIVIDUAL             |
| 90    | 1093 | GONÇALO RANGEL       | M  | 28  | 00:53:07 | 00:52:51   | INDIVIDUAL             |
| 91    | 1078 | FÁBIO J C SANTOS     | M  | 24  | 00:53:12 | 00:52:59   | INDIVIDUAL             |
| 92    | 325  | JOÃO VALE            | M  | 30  | 00:53:15 | 00:52:58   | LIKE A RUNNER          |
| 93    | 40   | PEDRO M SIMAO        | M  | 29  | 00:53:15 | 00:53:15   | OBLOG                  |
| 94    | 494  | JORGE H P LOPES      | M  | 30  | 00:53:21 | 00:53:00   | INDEG                  |
| 95    | 481  | BERNARDO CARDOSO     | M  | 27  | 00:53:34 | 00:52:54   | MDS                    |
| 96    | 365  | MIKAEL SARAIVA       | M  | 26  | 00:53:38 | 00:53:11   | INDIVIDUAL             |
| 97    | 438  | JOAO DINIZ           | M  | 25  | 00:53:59 | 00:53:23   | INDIVIDUAL             |
| 98    | 1023 | NUNO ABREU           | M  | 34  | 00:54:02 | 00:53:30   | INDIVIDUAL             |
| 99    | 1069 | ANTÓNIO M R CANDEIAS | M  | 24  | 00:54:04 | 00:53:48   | AMIGOS DOS LOBOS       |
| 100   | 79   | NUNO J G SANTOS      | M  | 27  | 00:54:11 | 00:54:02   | C MILLENNIUM BCP       |
| 101   | 336  | CARLOS F L F CORREIA | M  | 29  | 00:54:12 | 00:54:02   | INDIVIDUAL             |
| 102   | 1063 | HUGO FAÍSCA          | M  | 21  | 00:54:24 | 00:54:24   | INDIVIDUAL             |
| 103   | 1019 | SÉRGIO GALÓ          | M  | 34  | 00:54:26 | 00:54:14   | OPTICALIA RUNNING TEAM |
| 104   | 292  | MARCO CAMPANIÇO      | M  | 32  | 00:55:05 | 00:54:34   | INDIVIDUAL             |
| 105   | 1115 | JOAO P ALMEIDA       | M  | 33  | 00:55:39 | 00:55:16   | INDIVIDUAL             |
| 106   | 116  | IGOR PEREIRA         | M  | 28  | 00:56:04 | 00:55:18   | INDIVIDUAL             |
| 107   | 488  | FERNANDO HILÁRIO     | M  | 31  | 00:56:22 | 00:56:14   | INDEG                  |
| 108   | 114  | LUÍS PEREIRA         | M  | 33  | 00:56:29 | 00:55:50   | INDIVIDUAL             |
| 109   | 6    | RODRIGO MIGUEL       | M  | 30  | 00:56:35 | 00:56:12   | PREMIVALOR             |
| 110   | 1118 | JOÃO P ROSA          | M  | 32  | 00:56:56 | 00:56:23   | INDIVIDUAL             |
| 111   | 1101 | GONÇALO VENTURA      | M  | 25  | 00:57:15 | 00:56:57   | INDIVIDUAL             |
| 112   | 15   | GONÇALO PERES        | M  | 32  | 00:58:37 | 00:58:08   | SOTECNISOL             |
| 113   | 510  | TIAGO A R GONÇALVES  | M  | 31  | 00:58:49 | 00:58:42   | INDEG                  |
| 114   | 126  | LUÍS COSTA           | M  | 29  | 00:58:49 | 00:58:37   | INDIVIDUAL             |
| 115   | 1082 | JOSÉ ALMEIDA         | M  | 22  | 00:58:51 | 00:58:51   | XAXA TEAM              |
| 116   | 366  | JOAO FONSECA         | M  | 27  | 00:59:40 | 00:59:13   | INDIVIDUAL             |
| 117   | 172  | JOÃO A A JÚNIOR      | M  | 32  | 01:00:21 | 00:59:58   | OS PAPA LÉGUAS         |
| 118   | 1044 | BRUNO FONSECA        | M  | 31  | 01:00:39 | 01:00:28   | INDIVIDUAL             |
| 119   | 400  | DIOGO CARVALHO       | M  | 25  | 01:01:42 | 01:01:20   | OS AMIGOS DA ALAMEDA   |
| 120   | 117  | LUÍS FURA            | M  | 29  | 01:04:56 | 01:04:09   | INDIVIDUAL             |

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| Class | Num  | Nome           | Sx | Idd | T. Bruto | T. Líquido | Equipe        |
|-------|------|----------------|----|-----|----------|------------|---------------|
| 121   | 38   | CAIO SARTI     | M  | 24  | 01:05:25 | 01:05:03   | OBLOG         |
| 122   | 467  | FLÁVIO QUINA   | M  | 26  | 01:08:08 | 01:07:40   | ESEGUR        |
| 123   | 1081 | NUNO MIRANDA   | M  | 24  | 01:12:17 | 01:12:02   | INDIVIDUAL    |
| 124   | 331  | DANIEL STEPHEN | M  | 32  | 01:19:15 | 01:18:57   | LIKE A RUNNER |



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| Class | Num  | Nome                   | Sx | Idd | T. Bruto | T. Líquido | Equipe                 |
|-------|------|------------------------|----|-----|----------|------------|------------------------|
| 1     | 543  | LUIS BATISTA           | M  | 37  | 00:32:30 | 00:32:28   | ODIMARK ALUMINIOS      |
| 2     | 418  | RICARDO PEREIRA        | M  | 37  | 00:34:07 | 00:34:05   | GRFH                   |
| 3     | 459  | VITOR MARQUES          | M  | 37  | 00:34:32 | 00:34:30   | CORRER LISBOA          |
| 4     | 1070 | RUI CHAVES             | M  | 37  | 00:35:01 | 00:34:59   | AÇOREANA C BANIF       |
| 5     | 452  | PAULO PINHEIRO         | M  | 37  | 00:35:16 | 00:35:14   | CUAB                   |
| 6     | 228  | PAULO ALVES            | M  | 36  | 00:35:28 | 00:35:26   | GDCT IN CASA DA MOEDA  |
| 7     | 231  | RICARDO NEVES          | M  | 39  | 00:36:54 | 00:36:52   | GDCT IN CASA DA MOEDA  |
| 8     | 98   | RUI HENRIQUES          | M  | 35  | 00:37:10 | 00:37:07   | SS MONTEPIO GERAL      |
| 9     | 405  | NUNO PITA              | M  | 39  | 00:37:24 | 00:37:20   | CCDT METRO LX          |
| 10    | 1064 | PAULO N J SEQUEIRA     | M  | 35  | 00:37:30 | 00:37:27   | AMIGOS DOS LOBOS       |
| 11    | 1074 | MARTINHO R AMARO       | M  | 35  | 00:38:01 | 00:37:58   | CORRER LISBOA          |
| 12    | 295  | FERNANDO ALMEIDA       | M  | 36  | 00:38:10 | 00:38:07   | INDIVIDUAL             |
| 13    | 187  | VASCO TAVARES          | M  | 38  | 00:38:12 | 00:38:11   | CORRER LISBOA          |
| 14    | 310  | NUNO M D BALAS         | M  | 38  | 00:38:59 | 00:38:56   | INDIVIDUAL             |
| 15    | 246  | DAVID ROSADO           | M  | 38  | 00:39:21 | 00:39:20   | LE DROPSORTIFF         |
| 16    | 1117 | PAULO J S PALMA        | M  | 35  | 00:39:33 | 00:39:29   | INDIVIDUAL             |
| 17    | 109  | PAULO ALVES            | M  | 36  | 00:39:55 | 00:39:53   | FALCÕES SELVAGENS      |
| 18    | 35   | CARLOS TORRES          | M  | 35  | 00:39:59 | 00:39:44   | OBLOG                  |
| 19    | 232  | RUI CORREIA            | M  | 38  | 00:40:28 | 00:40:27   | GDCT IN CASA DA MOEDA  |
| 20    | 234  | VALTER OLIVEIRA        | M  | 37  | 00:41:30 | 00:41:28   | GDCT IN CASA DA MOEDA  |
| 21    | 296  | EDUARDO SANTOS         | M  | 35  | 00:41:55 | 00:41:51   | INDIVIDUAL             |
| 22    | 531  | PAULO CALDEIRA         | M  | 36  | 00:42:03 | 00:41:59   | INDIVIDUAL             |
| 23    | 406  | JOAO OLIVEIRA          | M  | 38  | 00:42:14 | 00:41:55   | CCDT METRO LX          |
| 24    | 514  | CARLOS HENRIQUES       | M  | 37  | 00:42:14 | 00:42:14   | RB RUNNING             |
| 25    | 447  | FERNANDO SOARES        | M  | 39  | 00:42:16 | 00:42:11   |                        |
| 26    | 1084 | EDUARDO LUÍS           | M  | 36  | 00:42:17 | 00:42:09   | ATOMIC TEAM            |
| 27    | 431  | NUNO F SILVA           | M  | 38  | 00:42:20 | 00:42:17   | CORRER LISBOA          |
| 28    | 513  | RUI FALHAS             | M  | 39  | 00:42:38 | 00:42:32   | RB RUNNING             |
| 29    | 536  | SERGIO RAMOS           | M  | 38  | 00:42:57 | 00:42:27   | KANINOS                |
| 30    | 367  | PAULO F N MARQUES      | M  | 38  | 00:43:19 | 00:43:13   | GO RUNNERS             |
| 31    | 195  | PEDRO CABRAL           | M  | 35  | 00:43:40 | 00:43:24   | INDIVIDUAL             |
| 32    | 203  | MARCELO DIAS           | M  | 39  | 00:43:41 | 00:43:35   | INDIVIDUAL             |
| 33    | 189  | TELMO PEDRO            | M  | 36  | 00:43:44 | 00:43:28   | INDIVIDUAL             |
| 34    | 333  | JOSÉ AMARO             | M  | 39  | 00:44:12 | 00:44:00   | TEAM BAIA DO SEIXAL    |
| 35    | 1029 | BRUNO OLIVEIRA         | M  | 35  | 00:44:53 | 00:44:38   | INDIVIDUAL             |
| 36    | 1018 | TIAGO FERREIRA         | M  | 35  | 00:45:30 | 00:45:22   | OPTICALIA RUNNING TEAM |
| 37    | 304  | PEDRO M C P L MOITA    | M  | 36  | 00:45:35 | 00:45:33   | INDIVIDUAL             |
| 38    | 272  | HUGO F GOMES           | M  | 39  | 00:46:04 | 00:45:38   | INDIVIDUAL             |
| 39    | 155  | ALEXANDRE M M MONTEIRO | M  | 37  | 00:46:07 | 00:45:32   | INDIVIDUAL             |
| 40    | 306  | SÉRGIO MATOS           | M  | 36  | 00:46:15 | 00:46:08   | FIDRUN                 |

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| Class | Num  | Nome                | Sx | Idd | T. Bruto | T. Líquido | Equipe                 |
|-------|------|---------------------|----|-----|----------|------------|------------------------|
| 41    | 442  | NUNO ANTUNES        | M  | 39  | 00:46:29 | 00:46:10   |                        |
| 42    | 356  | SANTI BECERRA       | M  | 36  | 00:46:55 | 00:46:34   | INDIVIDUAL             |
| 43    | 505  | PAULO J O SIMÕES    | M  | 36  | 00:46:59 | 00:46:32   | INDEG                  |
| 44    | 1110 | PEDRO SOARES        | M  | 38  | 00:47:11 | 00:46:34   | INDIVIDUAL             |
| 45    | 394  | PEDRO SERRA         | M  | 38  | 00:47:23 | 00:46:46   | CORRER LISBOA          |
| 46    | 138  | VITOR MARQUES       | M  | 35  | 00:47:26 | 00:46:54   | INDIVIDUAL             |
| 47    | 1066 | JOSÉ G CRUZ         | M  | 38  | 00:47:42 | 00:47:37   | INDIVIDUAL             |
| 48    | 113  | PEDRO M SILVA       | M  | 37  | 00:47:47 | 00:47:26   | INDIVIDUAL             |
| 49    | 1048 | JOÃO BOTELHO        | M  | 37  | 00:48:08 | 00:47:43   | INDIVIDUAL             |
| 50    | 164  | JOÃO FIALHO         | M  | 35  | 00:48:26 | 00:48:20   | INDIVIDUAL             |
| 51    | 102  | DANIEL GUERREIRO    | M  | 39  | 00:48:56 | 00:48:37   | INDIVIDUAL             |
| 52    | 239  | MIGUEL LOPES        | M  | 38  | 00:48:58 | 00:48:42   | TEAM BAIA DO SEIXAL    |
| 53    | 1003 | ALEXANDRE TAM       | M  | 35  | 00:49:10 | 00:49:06   | INDIVIDUAL             |
| 54    | 270  | ROGÉRIO P L CIRÍACO | M  | 38  | 00:49:11 | 00:48:46   | INDIVIDUAL             |
| 55    | 226  | NUNO GONÇALVES      | M  | 39  | 00:49:44 | 00:49:31   | GDCT IN CASA DA MOEDA  |
| 56    | 230  | RICARDO ALVES       | M  | 38  | 00:49:44 | 00:49:32   | GDCT IN CASA DA MOEDA  |
| 57    | 223  | JOSÉ LIBERATO       | M  | 38  | 00:49:44 | 00:49:30   | GDCT IN CASA DA MOEDA  |
| 58    | 384  | HÉLIO MARTINS       | M  | 38  | 00:50:14 | 00:49:58   | INDIVIDUAL             |
| 59    | 137  | NUNO D SILVA        | M  | 36  | 00:50:16 | 00:50:07   | OPTICALIA RUNNING TEAM |
| 60    | 314  | NUNO CHARRUA        | M  | 37  | 00:50:37 | 00:50:25   | INDIVIDUAL             |
| 61    | 30   | LUIS GUEDES         | M  | 35  | 00:50:56 | 00:50:45   | SOTECNISOL             |
| 62    | 128  | LUÍS MATIAS         | M  | 36  | 00:50:59 | 00:50:39   | GL14                   |
| 63    | 19   | JOEL RODRIGUES      | M  | 35  | 00:51:11 | 00:51:01   | SOTECNISOL             |
| 64    | 199  | TOMÁS SOUSA         | M  | 38  | 00:51:13 | 00:51:00   | OS SUPER               |
| 65    | 29   | PAULO DIAS          | M  | 37  | 00:51:16 | 00:51:13   | SOTECNISOL             |
| 66    | 372  | BRUNO PIEGAS        | M  | 37  | 00:51:36 | 00:51:24   | INDIVIDUAL             |
| 67    | 1041 | JOSÉ P PEIXOTO      | M  | 38  | 00:52:18 | 00:51:43   | INDIVIDUAL             |
| 68    | 1031 | VASCO VIEIRA        | M  | 37  | 00:52:18 | 00:51:31   | ACTIVE PEOPLE          |
| 69    | 145  | IVAN GUERRA         | M  | 37  | 00:52:52 | 00:52:43   | INDIVIDUAL             |
| 70    | 11   | TIAGO GONÇALVES     | M  | 39  | 00:52:57 | 00:52:27   | PREMIVALOR             |
| 71    | 24   | PEDRO M M LUCAS     | M  | 36  | 00:53:00 | 00:53:00   | SOTECNISOL             |
| 72    | 279  | SÉRGIO SALVADO      | M  | 38  | 00:53:14 | 00:53:09   | INDIVIDUAL             |
| 73    | 522  | PAULO ABREU         | M  | 38  | 00:53:47 | 00:53:13   | SS CGD                 |
| 74    | 1088 | BRUNO MARÇAL        | M  | 35  | 00:53:58 | 00:53:39   | INDIVIDUAL             |
| 75    | 462  | PEDRO M SANTOS      | M  | 35  | 00:54:43 | 00:54:36   | ESEGUR                 |
| 76    | 317  | JORGE ANTUNES       | M  | 39  | 00:54:46 | 00:54:16   | INDIVIDUAL             |
| 77    | 512  | TIAGO M C A MARTINS | M  | 37  | 00:54:55 | 00:54:28   | INDEG                  |
| 78    | 196  | NUNO J L V ALMEIDA  | M  | 37  | 00:55:21 | 00:54:39   | COALA                  |
| 79    | 450  | RICARDO CAMPOS      | M  | 38  | 00:56:02 | 00:55:52   |                        |
| 80    | 386  | JOAO EIRA           | M  | 38  | 00:56:37 | 00:56:16   | INDIVIDUAL             |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório por Faixas Etárias

#### M3539

| Class | Num  | Nome                  | Sx | Idd | T. Bruto | T. Líquido | Equipe                |
|-------|------|-----------------------|----|-----|----------|------------|-----------------------|
| 81    | 264  | RICARDO FIGUEIRA      | M  | 39  | 00:57:01 | 00:56:50   | BOM PETISCO           |
| 82    | 125  | HUGO M R COLAÇO       | M  | 36  | 00:57:18 | 00:57:18   | INDIVIDUAL            |
| 83    | 479  | TIAGO A SILVA         | M  | 37  | 00:57:53 | 00:57:15   | MDS                   |
| 84    | 480  | EDUARDO SANTINI       | M  | 38  | 00:57:54 | 00:57:15   | MDS                   |
| 85    | 10   | PEDRO BAPTISTA        | M  | 39  | 00:58:11 | 00:57:42   | PREMIVALOR            |
| 86    | 1021 | RICARDO QUARESMA      | M  | 37  | 00:58:46 | 00:58:20   | INDIVIDUAL            |
| 87    | 191  | RICARDO J C R PIMENTA | M  | 39  | 00:58:57 | 00:58:23   | INDIVIDUAL            |
| 88    | 142  | LUÍS P CABAÇA         | M  | 37  | 00:59:06 | 00:58:49   | INDIVIDUAL            |
| 89    | 410  | JOSÉ M CARVALHO       | M  | 36  | 00:59:20 | 00:58:41   | INDIVIDUAL            |
| 90    | 110  | JORGE LOURENÇO        | M  | 35  | 01:00:00 | 00:59:36   | HOLLYWOOD RUNNERS     |
| 91    | 9    | NUNO FINO             | M  | 35  | 01:02:17 | 01:01:48   | PREMIVALOR            |
| 92    | 549  | DUARTE BRANDÃO        | M  | 35  | 01:02:52 | 01:02:23   | INDIVIDUAL            |
| 93    | 235  | VITOR CARDOSO         | M  | 37  | 01:04:36 | 01:04:20   | GDCT IN CASA DA MOEDA |
| 94    | 18   | JOAO ROSA             | M  | 36  | 01:17:21 | 01:16:54   | SOTECNISOL            |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório por Faixas Etárias

#### M4044

| Class | Num  | Nome                | Sx | Idd | T. Bruto | T. Líquido | Equipe                |
|-------|------|---------------------|----|-----|----------|------------|-----------------------|
| 1     | 544  | JOSE GOMES          | M  | 41  | 00:34:53 | 00:34:53   | ODIMARK ALUMINIOS     |
| 2     | 519  | FERNANDO CANDEIAS   | M  | 43  | 00:37:13 | 00:37:11   | SS CGD                |
| 3     | 538  | VITOR CHAGAS        | M  | 40  | 00:38:15 | 00:38:12   | DOCE CANTINHO         |
| 4     | 139  | JOÃO PASTOR         | M  | 42  | 00:39:04 | 00:38:59   | AA MAFRA              |
| 5     | 123  | SADIQ M KASSAMO     | M  | 40  | 00:39:33 | 00:39:27   | INDIVIDUAL            |
| 6     | 351  | ABILIO FERNANDES    | M  | 44  | 00:39:35 | 00:39:29   | INDIVIDUAL            |
| 7     | 227  | NUNO SOUSA          | M  | 40  | 00:40:15 | 00:40:12   | GDCT IN CASA DA MOEDA |
| 8     | 136  | GONÇALO FERREIRA    | M  | 40  | 00:40:36 | 00:40:33   | INDIVIDUAL            |
| 9     | 1009 | LUÍS CANCELA        | M  | 44  | 00:40:37 | 00:40:32   | INDIVIDUAL            |
| 10    | 57   | SERGIO BORGES       | M  | 42  | 00:40:38 | 00:40:34   | ND AUTOCOOPE          |
| 11    | 241  | JORGE MONTEIRO      | M  | 42  | 00:40:56 | 00:40:39   | TEAM BAIA DO SEIXAL   |
| 12    | 461  | HERNÂNI FERNANDES   | M  | 43  | 00:41:15 | 00:41:10   | ESEGUR                |
| 13    | 315  | DOMINGOS P COELHO   | M  | 40  | 00:41:33 | 00:41:14   | OS LEÕES DA ESTRADA   |
| 14    | 460  | JAN STEHLE          | M  | 40  | 00:41:42 | 00:41:37   |                       |
| 15    | 186  | JOÃO RODRIGUES      | M  | 41  | 00:43:48 | 00:43:41   | LINDA PASTORA SC      |
| 16    | 236  | JOAO P SANTOS       | M  | 43  | 00:43:52 | 00:43:49   | INDIVIDUAL            |
| 17    | 316  | JOÃO L G BOGALHEIRO | M  | 44  | 00:43:58 | 00:43:54   | INDIVIDUAL            |
| 18    | 165  | NUNO NUNES          | M  | 40  | 00:44:16 | 00:44:10   | INDIVIDUAL            |
| 19    | 498  | LUÍS ANTUNES        | M  | 42  | 00:44:27 | 00:44:20   | INDEG                 |
| 20    | 361  | NUNO FIGUEIRAS      | M  | 42  | 00:45:14 | 00:44:29   | INDIVIDUAL            |
| 21    | 362  | MAURÍCIO MARQUES    | M  | 40  | 00:45:21 | 00:44:37   | INDIVIDUAL            |
| 22    | 313  | RUI PANÇA           | M  | 43  | 00:45:50 | 00:45:34   | TEAM BAIA DO SEIXAL   |
| 23    | 349  | JOÃO A SANTOS       | M  | 44  | 00:45:54 | 00:45:24   | INDIVIDUAL            |
| 24    | 416  | PEDRO CUNHA         | M  | 44  | 00:45:59 | 00:45:20   | INDIVIDUAL            |
| 25    | 159  | JOÃO LEITÃO         | M  | 44  | 00:46:08 | 00:46:01   | RUNLOVERS             |
| 26    | 319  | EDUARDO FIGUEIREDO  | M  | 43  | 00:46:12 | 00:45:56   | TC RUNNERS            |
| 27    | 1006 | PAULO GONÇALVES     | M  | 42  | 00:46:13 | 00:45:56   | INDIVIDUAL            |
| 28    | 211  | DAVID FRÓIS         | M  | 41  | 00:46:32 | 00:46:11   | INDIVIDUAL            |
| 29    | 162  | NUNO M B MARTINS    | M  | 42  | 00:46:49 | 00:46:41   | INDIVIDUAL            |
| 30    | 81   | PEDRO A L SA        | M  | 42  | 00:46:52 | 00:46:43   | C MILLENNIUM BCP      |
| 31    | 425  | NUNO MALTEZ         | M  | 43  | 00:47:04 | 00:46:40   | OS ZATOPEQUES         |
| 32    | 243  | JOÃO P CARVALHO     | M  | 44  | 00:47:21 | 00:47:04   | TEAM BAIA DO SEIXAL   |
| 33    | 428  | LUIS LEITE          | M  | 40  | 00:47:21 | 00:47:17   | INDIVIDUAL            |
| 34    | 523  | PAULO BILAO         | M  | 44  | 00:47:24 | 00:46:51   | SS CGD                |
| 35    | 1092 | ALEXANDRE D LEIRIA  | M  | 40  | 00:47:37 | 00:47:23   | INDIVIDUAL            |
| 36    | 300  | RUI J R SANTOS      | M  | 43  | 00:48:00 | 00:47:34   | INDIVIDUAL            |
| 37    | 194  | ALEXANDRE DOMINGOS  | M  | 41  | 00:48:28 | 00:47:40   | INDIVIDUAL            |
| 38    | 466  | PAULO RAMALHO       | M  | 43  | 00:48:38 | 00:48:30   | ESEGUR                |
| 39    | 1050 | MARIO F M GARCIA    | M  | 40  | 00:48:42 | 00:48:12   | INDIVIDUAL            |
| 40    | 374  | RICARDO SANTOS      | M  | 42  | 00:48:44 | 00:48:25   | TURBO-LENTO           |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório por Faixas Etárias

#### M4044

| Class | Num  | Nome                   | Sx | Idd | T. Bruto | T. Líquido | Equipe                |
|-------|------|------------------------|----|-----|----------|------------|-----------------------|
| 41    | 373  | LUÍS M S FARINHA       | M  | 43  | 00:48:55 | 00:48:36   | INDIVIDUAL            |
| 42    | 89   | JORGE SOUSA            | M  | 41  | 00:48:59 | 00:48:31   | SS MONTEPIO GERAL     |
| 43    | 294  | NUNO AMARO             | M  | 44  | 00:49:16 | 00:49:06   | INDIVIDUAL            |
| 44    | 387  | RUI TOMÁS              | M  | 43  | 00:49:40 | 00:49:38   | INDIVIDUAL            |
| 45    | 515  | GUILHERME ALBINO       | M  | 40  | 00:49:59 | 00:49:29   | SS MONTEPIO GERAL     |
| 46    | 414  | FRANCISCO M A SARDINHA | M  | 44  | 00:50:16 | 00:50:09   | INDIVIDUAL            |
| 47    | 471  | RICARDO RODRIGUES      | M  | 41  | 00:50:17 | 00:49:53   | ESEGUR                |
| 48    | 108  | LUIS PROENÇA           | M  | 44  | 00:50:18 | 00:50:10   | INDIVIDUAL            |
| 49    | 305  | RUI DUARTE             | M  | 42  | 00:50:23 | 00:50:16   | FIDRUN                |
| 50    | 391  | JOSE C FERREIRA        | M  | 41  | 00:50:58 | 00:50:57   | INDIVIDUAL            |
| 51    | 502  | MARIO F M GARCIA       | M  | 40  | 00:51:20 | 00:50:50   | INDEG                 |
| 52    | 464  | RUI MENDES             | M  | 42  | 00:51:22 | 00:51:11   | ESEGUR                |
| 53    | 470  | PEDRO FERNANDES        | M  | 42  | 00:52:06 | 00:51:37   | ESEGUR                |
| 54    | 506  | PAULO J R F ALMEIDA    | M  | 40  | 00:52:29 | 00:51:56   | INDEG                 |
| 55    | 493  | JORGE BENTO            | M  | 44  | 00:52:45 | 00:52:07   | INDEG                 |
| 56    | 96   | RICARDO DIAS           | M  | 41  | 00:52:50 | 00:52:21   | SS MONTEPIO GERAL     |
| 57    | 437  | LUIS REVES             | M  | 40  | 00:53:58 | 00:53:22   | INDIVIDUAL            |
| 58    | 229  | PAULO SOUSA            | M  | 40  | 00:54:10 | 00:53:55   | GDCT IN CASA DA MOEDA |
| 59    | 267  | ROGÉRIO DIAS           | M  | 43  | 00:54:34 | 00:54:25   | BOM PETISCO           |
| 60    | 492  | JOÃO L S MARQUES       | M  | 40  | 00:54:36 | 00:54:21   | INDEG                 |
| 61    | 358  | LUCA RANISE            | M  | 44  | 00:54:37 | 00:54:26   | RANAS                 |
| 62    | 95   | PAULO M ALMEIDA        | M  | 41  | 00:54:53 | 00:54:25   | SS MONTEPIO GERAL     |
| 63    | 307  | PEDRO MOUTA            | M  | 40  | 00:57:30 | 00:57:22   | FIDRUN                |
| 64    | 105  | VITOR ABRANCHES        | M  | 43  | 00:57:59 | 00:57:32   | FALCÕES SELVAGENS     |
| 65    | 140  | PEDRO M HENRIQUES      | M  | 40  | 00:59:14 | 00:58:38   | CD PAÇO DE ARCOS      |
| 66    | 93   | MANUEL C SANTOS        | M  | 40  | 00:59:40 | 00:59:08   | SS MONTEPIO GERAL     |
| 67    | 5    | TELMO VIEIRA           | M  | 41  | 01:03:30 | 01:03:07   | PREMIVALOR            |
| 68    | 1045 | RUI M S ALMEIDA        | M  | 42  | 01:03:51 | 01:03:34   | PASSO LENTO           |
| 69    | 42   | RUI M C GAMEIRO        | M  | 41  | 01:05:27 | 01:04:45   | OBLOG                 |
| 70    | 225  | MIGUEL FRAGA           | M  | 43  | 01:05:34 | 01:05:19   | GDCT IN CASA DA MOEDA |
| 71    | 473  | RAFAEL R PAUSELLI      | M  | 41  | 01:14:40 | 01:14:12   | ESEGUR                |
| 72    | 25   | RICARDO RODRIGUES      | M  | 42  | 01:23:54 | 01:23:28   | SOTECNISOL            |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório por Faixas Etárias

#### M4549

| Class | Num  | Nome                | Sx | Idd | T. Bruto | T. Líquido | Equipe                |
|-------|------|---------------------|----|-----|----------|------------|-----------------------|
| 1     | 364  | FERNANDO ALVES      | M  | 48  | 00:35:06 | 00:35:06   | AA MAFRA              |
| 2     | 378  | JOSE M CORREIA      | M  | 47  | 00:36:47 | 00:36:44   | INDIVIDUAL            |
| 3     | 268  | CELSO GOUVEIA       | M  | 47  | 00:37:03 | 00:37:02   | INDIVIDUAL            |
| 4     | 82   | PEDRO A S MARTINS   | M  | 46  | 00:37:13 | 00:37:09   | C MILLENNIUM BCP      |
| 5     | 133  | JOSE ESTEVES        | M  | 48  | 00:39:31 | 00:39:25   | INDIVIDUAL            |
| 6     | 53   | JOAO CALDAS         | M  | 48  | 00:40:33 | 00:40:22   | ND AUTOCOOPE          |
| 7     | 146  | EDGAR GOMES         | M  | 47  | 00:40:51 | 00:40:48   | INDIVIDUAL            |
| 8     | 385  | SÉRGIO M F SANTOS   | M  | 46  | 00:41:11 | 00:41:08   | CA PENAFIRME          |
| 9     | 202  | MÁRIO F M LOURENÇO  | M  | 49  | 00:41:57 | 00:41:53   | INDIVIDUAL            |
| 10    | 334  | ALEXANDRE DIAS      | M  | 45  | 00:42:01 | 00:41:57   | JOMA                  |
| 11    | 76   | LUIS M L GODINHO    | M  | 48  | 00:42:07 | 00:41:43   | C MILLENNIUM BCP      |
| 12    | 376  | JOÃO VAZ            | M  | 48  | 00:42:19 | 00:42:02   | TURBO-LENTO           |
| 13    | 491  | ISIDRO B DUARTE     | M  | 47  | 00:42:24 | 00:42:18   | INDEG                 |
| 14    | 375  | CARLOS MORAIS       | M  | 45  | 00:42:29 | 00:42:11   | TURBO-LENTO           |
| 15    | 350  | PEDRO AGUIAR        | M  | 48  | 00:43:01 | 00:42:50   | ART                   |
| 16    | 258  | ANTÓNIO J L MARTINS | M  | 48  | 00:43:11 | 00:43:11   | INDIVIDUAL            |
| 17    | 427  | GERRY SANITZ        | M  | 48  | 00:43:20 | 00:43:15   | AA LEBRES SADO        |
| 18    | 48   | CARLOS SANTOS       | M  | 45  | 00:44:23 | 00:44:02   | GD INE                |
| 19    | 221  | JOÃO FREIRE         | M  | 49  | 00:44:37 | 00:44:27   | GDCT IN CASA DA MOEDA |
| 20    | 45   | JOAO MARQUES        | M  | 49  | 00:44:51 | 00:44:26   | GRD RIBEIRA LAGE      |
| 21    | 521  | HENRIQUE GONÇALVES  | M  | 46  | 00:45:11 | 00:44:36   | SS CGD                |
| 22    | 352  | PAULO SANTOS        | M  | 47  | 00:45:29 | 00:45:25   | LOURDETE PERFUMARIAS  |
| 23    | 1001 | ABÍLIO OLIVEIRA     | M  | 49  | 00:45:31 | 00:45:25   | INDIVIDUAL            |
| 24    | 237  | LUIS GOMES          | M  | 45  | 00:45:58 | 00:45:58   | INDIVIDUAL            |
| 25    | 321  | ANTÓNIO J VARELA    | M  | 48  | 00:46:48 | 00:46:41   | INDIVIDUAL            |
| 26    | 250  | RUI BARROS          | M  | 45  | 00:48:05 | 00:47:59   | CLUBE PT              |
| 27    | 535  | JOAO P ALMEIDA      | M  | 47  | 00:48:07 | 00:47:38   | KANINOS               |
| 28    | 299  | MANUEL J S DIAS     | M  | 47  | 00:48:35 | 00:48:09   | INDIVIDUAL            |
| 29    | 156  | NUNO MARQUES        | M  | 47  | 00:48:56 | 00:48:49   | RUNLOVERS             |
| 30    | 86   | ANTONIO FRANCO      | M  | 49  | 00:49:00 | 00:48:31   | SS MONTEPIO GERAL     |
| 31    | 261  | EDUARDO RIBEIRO     | M  | 47  | 00:49:46 | 00:49:36   | GDCT UNICRE           |
| 32    | 1087 | PAULO RAMIREZ       | M  | 46  | 00:49:46 | 00:49:44   | INDIVIDUAL            |
| 33    | 532  | NUNO OLIVEIRA       | M  | 45  | 00:49:53 | 00:49:12   | INDIVIDUAL            |
| 34    | 64   | EDUARDO C V PINTO   | M  | 46  | 00:50:19 | 00:50:10   | C MILLENNIUM BCP      |
| 35    | 254  | HELDER GANDARINHO   | M  | 45  | 00:50:23 | 00:49:58   | APOGMA                |
| 36    | 1073 | JOSE F COSTA        | M  | 49  | 00:50:26 | 00:49:43   | INDIVIDUAL            |
| 37    | 397  | PAULO PIRES         | M  | 47  | 00:50:30 | 00:50:08   | OS AMIGOS DA ALAMEDA  |
| 38    | 388  | JOSÉ MARIANO        | M  | 47  | 00:51:00 | 00:50:29   | INDIVIDUAL            |
| 39    | 273  | RUI XAVIER          | M  | 47  | 00:51:17 | 00:51:09   | CP EDP LISBOA         |
| 40    | 88   | JOAO CATARINO       | M  | 47  | 00:51:42 | 00:51:09   | SS MONTEPIO GERAL     |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório por Faixas Etárias

#### M4549

| Class | Num  | Nome                 | Sx | Idd | T. Bruto | T. Líquido | Equipe                |
|-------|------|----------------------|----|-----|----------|------------|-----------------------|
| 41    | 1054 | SILVESTRE ROSA       | M  | 46  | 00:51:57 | 00:51:21   | CARAP AUS DE CORRIDA  |
| 42    | 248  | PAULO PADRAO         | M  | 46  | 00:52:09 | 00:51:54   | HAIRCUT2014           |
| 43    | 60   | ANTONIO J Q ALMEIDA  | M  | 48  | 00:52:25 | 00:52:15   | C MILLENNIUM BCP      |
| 44    | 504  | PAULO BENTO          | M  | 45  | 00:52:45 | 00:52:08   | INDEG                 |
| 45    | 71   | JOAO P P S V CALADO  | M  | 49  | 00:52:49 | 00:52:24   | C MILLENNIUM BCP      |
| 46    | 399  | FERNANDO BARBOSA     | M  | 48  | 00:52:51 | 00:52:30   | OS AMIGOS DA ALAMEDA  |
| 47    | 469  | PAULO LEIRIA         | M  | 45  | 00:52:57 | 00:52:22   | ESEGUR                |
| 48    | 496  | JOSÉ M A FERNANDES   | M  | 46  | 00:53:13 | 00:52:36   | INDEG                 |
| 49    | 215  | JOAQUIM MELO         | M  | 46  | 00:56:31 | 00:56:25   | INDIVIDUAL            |
| 50    | 524  | RUI OLIVEIRA         | M  | 48  | 00:56:32 | 00:56:24   | SS CGD                |
| 51    | 184  | JAIME AFONSO         | M  | 49  | 00:57:15 | 00:57:09   | CLUBE ANACOM          |
| 52    | 70   | JOAO M M SEBORRO     | M  | 47  | 00:59:16 | 00:59:03   | C MILLENNIUM BCP      |
| 53    | 75   | LEONEL F F G BRANDAO | M  | 47  | 00:59:45 | 00:59:36   | C MILLENNIUM BCP      |
| 54    | 31   | PEDRO M BRANCO       | M  | 45  | 01:00:14 | 00:59:56   | OBLOG                 |
| 55    | 20   | JOSE L CASTRO        | M  | 48  | 01:00:45 | 01:00:32   | SOTECNISOL            |
| 56    | 14   | GONÇALO M CARMO      | M  | 47  | 01:00:46 | 01:00:07   | SOTECNISOL            |
| 57    | 1052 | JAIME PARDAL         | M  | 45  | 01:01:14 | 01:00:39   | CARAP AUS DE CORRIDA  |
| 58    | 443  | JOAO GAMEIRO         | M  | 48  | 01:01:30 | 01:01:16   |                       |
| 59    | 1100 | PEDRO RODRIGUES      | M  | 48  | 01:03:30 | 01:03:11   | INDIVIDUAL            |
| 60    | 22   | PAULO ARAUJO         | M  | 45  | 01:04:40 | 01:04:28   | SOTECNISOL            |
| 61    | 224  | LUIS MATOS           | M  | 47  | 01:06:04 | 01:05:50   | GDCT IN CASA DA MOEDA |
| 62    | 476  | MARIO VINHAS         | M  | 46  | 01:12:43 | 01:12:03   | MDS                   |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório por Faixas Etárias

#### M5054

| Class | Num  | Nome                     | Sx | Idd | T. Bruto | T. Líquido | Equipe               |
|-------|------|--------------------------|----|-----|----------|------------|----------------------|
| 1     | 495  | JOSÉ A M RODRIGUES       | M  | 53  | 00:35:57 | 00:35:57   | INDEG                |
| 2     | 193  | ANTÓNIO PEREIRA          | M  | 52  | 00:41:51 | 00:41:49   | INDIVIDUAL           |
| 3     | 404  | CARLOS N DIAS            | M  | 53  | 00:42:23 | 00:42:06   | CCDT METRO LX        |
| 4     | 530  | JOSE LOPES               | M  | 50  | 00:43:18 | 00:43:14   | INDIVIDUAL           |
| 5     | 259  | GONCALO OLIVEIRA         | M  | 52  | 00:43:18 | 00:43:12   | GDCT UNICRE          |
| 6     | 1035 | FRANCISCO CALVO          | M  | 53  | 00:43:32 | 00:43:28   | INDIVIDUAL           |
| 7     | 343  | MANUEL FONSECA           | M  | 50  | 00:43:35 | 00:43:33   | ALGYMNS              |
| 8     | 465  | JOÃO P. SILVA            | M  | 51  | 00:43:45 | 00:43:39   | ESEGUR               |
| 9     | 205  | CARLOS COELHO            | M  | 53  | 00:44:14 | 00:44:03   | GA MONSANTO/GASCAN   |
| 10    | 69   | JOAO C J S CARVALHO      | M  | 51  | 00:44:19 | 00:44:10   | C MILLENNIUM BCP     |
| 11    | 65   | FERNANDO A S G RODRIGUES | M  | 50  | 00:44:19 | 00:43:56   | C MILLENNIUM BCP     |
| 12    | 56   | JUVENAL MOREIRA          | M  | 50  | 00:44:21 | 00:44:15   | ND AUTOCOOPE         |
| 13    | 253  | FERNANDO FERNANDES       | M  | 53  | 00:45:07 | 00:44:46   | APOGMA               |
| 14    | 153  | CONSTÂNTINO MENDÃO       | M  | 54  | 00:46:23 | 00:46:19   | AA LEBRES SADO       |
| 15    | 206  | CARLOS FORTUNATO         | M  | 51  | 00:47:25 | 00:47:13   | GA MONSANTO/GASCAN   |
| 16    | 458  | JORGE PAULINO            | M  | 51  | 00:48:10 | 00:48:06   |                      |
| 17    | 413  | VITOR FERREIRA           | M  | 50  | 00:49:09 | 00:48:53   | CP ALCANENA          |
| 18    | 1095 | JOSÉ A FERNANDES         | M  | 51  | 00:49:57 | 00:49:38   | INDIVIDUAL           |
| 19    | 284  | JORGE ANDRADE            | M  | 52  | 00:50:07 | 00:49:52   | INDIVIDUAL           |
| 20    | 255  | JOSE LOUREIRO            | M  | 50  | 00:50:11 | 00:49:45   | APOGMA               |
| 21    | 398  | JOAQUIM COSTA            | M  | 54  | 00:50:21 | 00:49:57   | OS AMIGOS DA ALAMEDA |
| 22    | 276  | LUIS GRANGEON            | M  | 52  | 00:51:00 | 00:50:54   | INDIVIDUAL           |
| 23    | 36   | JOAO C DUARTE            | M  | 51  | 00:51:44 | 00:51:27   | OBLOG                |
| 24    | 185  | JOÃO CASTRO              | M  | 54  | 00:52:13 | 00:52:07   | CLUBE ANACOM         |
| 25    | 168  | ANTONIO RIBEIRO          | M  | 50  | 00:52:20 | 00:52:12   | INDIVIDUAL           |
| 26    | 478  | CARLOS NUNES             | M  | 53  | 00:53:33 | 00:52:53   | MDS                  |
| 27    | 426  | JOAO M BATISTA           | M  | 53  | 00:54:14 | 00:54:09   | INDIVIDUAL           |
| 28    | 392  | PAULO CRUZ               | M  | 54  | 00:54:23 | 00:54:06   | INDIVIDUAL           |
| 29    | 208  | JOÃO PINTO               | M  | 53  | 00:54:29 | 00:53:57   | GA MONSANTO/GASCAN   |
| 30    | 359  | ADOLFO RANISE            | M  | 50  | 00:54:37 | 00:54:27   | RANAS                |
| 31    | 1014 | MARIO P S M M SOARES     | M  | 54  | 00:58:49 | 00:58:34   | INDIVIDUAL           |
| 32    | 119  | VITOR CARDOSO            | M  | 50  | 00:58:59 | 00:58:32   | FALCÕES SELVAGENS    |
| 33    | 27   | VITOR INACIO             | M  | 52  | 00:59:37 | 00:59:12   | SOTECNISOL           |
| 34    | 260  | PAULO FRANÇA             | M  | 52  | 00:59:51 | 00:59:43   | GDCT UNICRE          |
| 35    | 209  | LUIS ANTUNES             | M  | 52  | 00:59:56 | 00:59:23   | GA MONSANTO/GASCAN   |
| 36    | 112  | JOHNNY THOMASSEN         | M  | 54  | 01:00:07 | 00:59:48   | INDIVIDUAL           |
| 37    | 72   | JORGE H A COLAÇO         | M  | 54  | 01:00:39 | 01:00:28   | C MILLENNIUM BCP     |
| 38    | 407  | ORLANDO SOUSA            | M  | 52  | 01:03:08 | 01:02:39   | CCDT METRO LX        |
| 39    | 444  | RUI RAPOSO               | M  | 50  | 01:06:53 | 01:06:35   |                      |
| 40    | 1076 | JOSÉ J CALDEIRA          | M  | 51  | 01:10:57 | 01:10:42   | CALDEIRAS            |



## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

Relatório por Faixas Etárias

### M5054

| Class | Num | Nome         | Sx | Idd | T. Bruto | T. Líquido | Equipe             |
|-------|-----|--------------|----|-----|----------|------------|--------------------|
| 41    | 122 | RUI OLIVEIRA | M  | 50  | 01:12:46 | 01:12:37   | FALCÕES SELVAGENS  |
| 42    | 210 | LUIS F ALVES | M  | 52  | 01:15:24 | 01:14:50   | GA MONSANTO/GASCAN |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório por Faixas Etárias

#### M5559

| Class | Num  | Nome                 | Sx | Idd | T. Bruto | T. Líquido | Equipe              |
|-------|------|----------------------|----|-----|----------|------------|---------------------|
| 1     | 528  | MARCOS PEREIRA       | M  | 59  | 00:39:09 | 00:39:04   | INDIVIDUAL          |
| 2     | 1123 | ANTONIO VALE         | M  | 57  | 00:39:15 | 00:39:14   | INDIVIDUAL          |
| 3     | 46   | ANTONIO SANTOS       | M  | 56  | 00:39:34 | 00:39:30   | GD INE              |
| 4     | 242  | MARIO CARVALHO       | M  | 59  | 00:45:50 | 00:45:36   | TEAM BAIA DO SEIXAL |
| 5     | 288  | ALMERINDO M L SILVA  | M  | 55  | 00:47:28 | 00:47:11   | ADC CATUJAL         |
| 6     | 167  | MARTINHO F TOJO      | M  | 55  | 00:48:21 | 00:48:10   | INDIVIDUAL          |
| 7     | 212  | JOAQUIM F C PINTO    | M  | 55  | 00:48:50 | 00:48:29   | INDIVIDUAL          |
| 8     | 408  | RUI ARAUJO           | M  | 56  | 00:48:58 | 00:48:38   | CCDT METRO LX       |
| 9     | 54   | JOSE DIAS            | M  | 57  | 00:49:38 | 00:49:36   | ND AUTOCOOPE        |
| 10    | 50   | LUIS REIS            | M  | 59  | 00:49:48 | 00:49:29   | GD INE              |
| 11    | 59   | ANTONIO J P BRAGA    | M  | 55  | 00:50:16 | 00:49:40   | C MILLENNIUM BCP    |
| 12    | 1094 | FERNANDO J M SILVA   | M  | 57  | 00:50:23 | 00:50:03   | INDIVIDUAL          |
| 13    | 256  | JOSE ANDRE           | M  | 59  | 00:52:12 | 00:51:50   | APOGMA              |
| 14    | 177  | JOSÉ BAIXINHO        | M  | 57  | 00:52:25 | 00:52:02   | SANTIAGO FC         |
| 15    | 1033 | ARMANDO J LOURENÇO   | M  | 55  | 00:52:55 | 00:52:50   | INDIVIDUAL          |
| 16    | 52   | CARLOS FERREIRA      | M  | 57  | 00:53:06 | 00:52:52   | ND AUTOCOOPE        |
| 17    | 91   | LUIS REIS            | M  | 57  | 00:53:51 | 00:53:20   | SS MONTEPIO GERAL   |
| 18    | 1086 | ALEXANDRE PINTO      | M  | 57  | 00:53:56 | 00:53:56   | INDIVIDUAL          |
| 19    | 62   | CARLOS M C B E SANTO | M  | 56  | 00:54:48 | 00:54:37   | C MILLENNIUM BCP    |
| 20    | 429  | MANUEL GARCIA        | M  | 58  | 00:55:02 | 00:54:52   | INDIVIDUAL          |
| 21    | 180  | CARLOS PEREIRA       | M  | 59  | 00:55:07 | 00:54:48   | AA LEBRES SADO      |
| 22    | 58   | ANTONIO J G D SANTOS | M  | 55  | 00:55:41 | 00:55:23   | C MILLENNIUM BCP    |
| 23    | 200  | JOAQUIM FONSECA      | M  | 58  | 00:57:42 | 00:57:33   | OS SUPER            |
| 24    | 207  | CONSTÂNCIO ALMEIDA   | M  | 55  | 00:57:43 | 00:57:09   | GA MONSANTO/GASCAN  |
| 25    | 412  | FERNANDO ROCHA       | M  | 57  | 00:57:54 | 00:57:36   | INDIVIDUAL          |
| 26    | 1015 | ANTONIO FARIA        | M  | 59  | 00:58:32 | 00:58:14   | INDIVIDUAL          |
| 27    | 132  | HENRIQUE VILHENA     | M  | 58  | 01:00:31 | 00:59:49   | INDIVIDUAL          |
| 28    | 371  | ANTÓNIO J MONTEIRO   | M  | 55  | 01:00:38 | 01:00:16   | CORRER LISBOA       |
| 29    | 1108 | JÓÃO P D CARVALHO    | M  | 55  | 01:00:39 | 01:00:18   | CORRER LISBOA       |
| 30    | 1099 | CARLOS NOGUEIRA      | M  | 59  | 01:01:35 | 01:01:14   | INDIVIDUAL          |
| 31    | 341  | ARTUR DINIS          | M  | 57  | 01:06:21 | 01:05:56   | ALGYMNS             |
| 32    | 337  | ARMANDO A CORREIA    | M  | 56  | 01:08:54 | 01:08:44   | INDIVIDUAL          |
| 33    | 262  | JOSÉ MILAGRES        | M  | 57  | 01:10:53 | 01:10:42   | GDCT UNICRE         |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório por Faixas Etárias

#### M6099

| Class | Num  | Nome                  | Sx | Idd | T. Bruto | T. Líquido | Equipe                      |
|-------|------|-----------------------|----|-----|----------|------------|-----------------------------|
| 1     | 338  | PETER STEINHAUSEN     | M  | 62  | 00:39:48 | 00:39:48   | INDIVIDUAL                  |
| 2     | 1077 | ROGÉRIO AMARO         | M  | 62  | 00:42:57 | 00:42:36   | INDIVIDUAL                  |
| 3     | 245  | FERNANDO ANACLETO     | M  | 63  | 00:43:07 | 00:43:01   | INDIVIDUAL                  |
| 4     | 49   | JOSE MAGALHAES        | M  | 60  | 00:44:39 | 00:44:18   | GD INE                      |
| 5     | 318  | CARLOS M S CAEIRO     | M  | 60  | 00:44:50 | 00:44:44   | INDIVIDUAL                  |
| 6     | 396  | JOAQUIM F BACALHAU    | M  | 61  | 00:45:15 | 00:45:10   | INDIVIDUAL                  |
| 7     | 263  | JOÃO J C GAMEIRO      | M  | 60  | 00:46:40 | 00:46:27   | ASS ESC ATLETISMO RUI SILVA |
| 8     | 274  | VITOR MOREIRA         | M  | 61  | 00:46:49 | 00:46:40   | CP EDP LISBOA               |
| 9     | 244  | IDALÉCIO BARROS       | M  | 60  | 00:46:50 | 00:46:44   | INDIVIDUAL                  |
| 10    | 1010 | ANTÓNIO CASTRO        | M  | 70  | 00:46:58 | 00:46:51   | INDIVIDUAL                  |
| 11    | 73   | JOSE M BRANCO         | M  | 64  | 00:47:07 | 00:46:57   | C MILLENNIUM BCP            |
| 12    | 280  | PEDRO GONÇALVES       | M  | 60  | 00:49:08 | 00:49:01   | INDIVIDUAL                  |
| 13    | 311  | ANTÓNIO PRIMOR        | M  | 72  | 00:50:22 | 00:50:14   | INDIVIDUAL                  |
| 14    | 43   | NEVES SILVA           | M  | 61  | 00:50:41 | 00:50:26   | C FERROV PORTUGAL           |
| 15    | 415  | JOÃO D B FERNANDES    | M  | 66  | 00:51:03 | 00:50:58   | INDIVIDUAL                  |
| 16    | 131  | FERNANDO B MARQUES    | M  | 65  | 00:51:44 | 00:51:42   | CP EDP CARREGADO            |
| 17    | 127  | ANTÓNIO PAIS          | M  | 67  | 00:52:03 | 00:51:49   | VALE DE MADEIROS SC         |
| 18    | 1046 | LUIZ R ROSA           | M  | 61  | 00:52:16 | 00:51:43   | CAA BELEM                   |
| 19    | 44   | MARTINS BARATA        | M  | 71  | 00:53:03 | 00:52:39   | C FERROV PORTUGAL           |
| 20    | 269  | ADÉRITO CARRELHAS     | M  | 60  | 00:53:54 | 00:53:40   | INDIVIDUAL                  |
| 21    | 516  | ANTONIO CARPINTEIRO   | M  | 69  | 00:55:02 | 00:54:44   | SS CGD                      |
| 22    | 421  | GILBERTO GONÇALVES    | M  | 65  | 00:55:02 | 00:54:28   | CAA BELEM                   |
| 23    | 377  | JOÃO M P FERNANDES    | M  | 62  | 00:55:39 | 00:55:07   | INDIVIDUAL                  |
| 24    | 520  | FRANCISCO CLERIGO     | M  | 61  | 00:55:53 | 00:55:32   | SS CGD                      |
| 25    | 179  | ALBERTO CAROLINO      | M  | 62  | 00:55:55 | 00:55:36   | AA LEBRES SADO              |
| 26    | 1017 | JOSÉ MARQUES          | M  | 64  | 00:56:32 | 00:56:09   | INDIVIDUAL                  |
| 27    | 78   | NELSON M GUIMARAES    | M  | 67  | 00:56:38 | 00:56:04   | C MILLENNIUM BCP            |
| 28    | 222  | JOSÉ ABREU            | M  | 66  | 00:57:40 | 00:57:26   | GDCT IN CASA DA MOEDA       |
| 29    | 454  | JOAQUIM CAPUCHO       | M  | 63  | 00:58:01 | 00:57:48   |                             |
| 30    | 204  | ANTÓNIO REYES         | M  | 60  | 00:58:10 | 00:57:37   | GA MONSANTO/GASCAN          |
| 31    | 529  | JOAO LANDEIRO         | M  | 68  | 00:58:29 | 00:58:02   | INDIVIDUAL                  |
| 32    | 518  | ELISEU PINTO          | M  | 64  | 00:58:41 | 00:58:27   | SS CGD                      |
| 33    | 517  | AURELIO CALADO        | M  | 65  | 00:59:29 | 00:58:48   | SS CGD                      |
| 34    | 309  | ILÍDIO MONTEIRO       | M  | 64  | 00:59:49 | 00:59:24   | INDIVIDUAL                  |
| 35    | 61   | CARLOS A A TOME       | M  | 63  | 01:00:08 | 00:59:43   | C MILLENNIUM BCP            |
| 36    | 103  | FRANCISCO L RIBEIRO   | M  | 67  | 01:00:13 | 01:00:04   | INDIVIDUAL                  |
| 37    | 266  | FERNANDO LOURENÇO     | M  | 64  | 01:01:17 | 01:01:08   | BOM PETISCO                 |
| 38    | 118  | EBERHARD A WILHELM    | M  | 66  | 01:01:34 | 01:00:59   | 4 AO KM                     |
| 39    | 257  | JOÃO QUITALO          | M  | 62  | 01:02:48 | 01:02:27   | APOGMA                      |
| 40    | 66   | FERNANDO H R FERREIRA | M  | 68  | 01:04:16 | 01:04:07   | C MILLENNIUM BCP            |

## 2 CORRIDA ISCTE IUL 2014 - 02/11/2014

### Relatório por Faixas Etárias

#### M6099

| Class | Num | Nome                 | Sx | Idd | T. Bruto | T. Líquido | Equipe           |
|-------|-----|----------------------|----|-----|----------|------------|------------------|
| 41    | 55  | JOAO GRAÇA           | M  | 74  | 01:05:17 | 01:04:47   | ND AUTOCOOPE     |
| 42    | 546 | ANTONIO MARQUES      | M  | 68  | 01:08:40 | 01:08:35   |                  |
| 43    | 298 | FERNANDO P RODRIGUES | M  | 72  | 01:11:20 | 01:10:59   | INDIVIDUAL       |
| 44    | 74  | JOSE E G ARRUDA      | M  | 65  | 01:15:54 | 01:15:27   | C MILLENNIUM BCP |