



Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	414	JOSÉ GASPAR	M	39		00:47:30.14	00:47:30.14	CA ODIMARQ
2	1	CARLOS SILVA	M	32		00:49:14.38	00:49:14.38	GDR REBOLEIRA
3	2	ARTUR SANTIAGO	M	45		00:50:40.66	00:50:40.66	NUCLEOEIRAS
4	1009	VITOR OLIVEIRA	M	27		00:52:54.49	00:52:50.38	ASSOC VALE GRANDE
5	666	LEONARDO COELHO	M	21		00:53:29.50	00:53:21.41	RUNLOVERS
6	1199	ARMANDO MONTEIRO	M	43		00:54:01.46	00:53:57.02	CORRER LISBOA
7	653	ROGER GIL BERTRAN	M	39		00:54:36.30	00:54:31.40	NO
8	741	SÉRGIO PAIVA	M	46		00:54:40.57	00:54:40.57	NUCLEOEIRAS
9	740	VITOR LIMA	M	49		00:54:46.96	00:54:40.87	NUCLEOEIRAS
10	1115	ALEXANDRE MONTEIRO	M	51		00:54:54.30	00:54:50.03	UA POVOENSE
11	1275	BRUNO CARVALHO	M	37		00:55:16.83	00:55:16.83	UA POVOENSE
12	11	SUSANA CUNHA	F	29		00:55:31.07	00:55:27.40	LINDA-A-PASTORA SC
13	188	JOSÉ FÉLIX	M	49		00:55:32.01	00:55:27.91	LINDA-A-PASTORA SC
14	739	TIAGO VERMELHO	M	31		00:55:40.31	00:55:33.09	NUCLEOEIRAS
15	573	PAULO RAMOS	M	54		00:55:53.29	00:55:48.76	STAL
16	419	CARLOS GOMES	M	54		00:55:53.36	00:55:46.39	CP EDP LISBOA
17	82	VITOR T MARQUES	M	40		00:55:57.33	00:55:53.52	CORRER LISBOA
18	432	ANTÓNIO MURTEIRA	M	49		00:56:08.68	00:56:02.72	CARRASCO&AMIGOS
19	1180	MARCO QUEDAS	M	33		00:56:15.60	00:56:15.60	ACR MEALHADA
20	607	EDUARDO QUARESMA	M	38		00:56:24.53	00:56:16.62	VALEJAS AC
21	347	LUÍS BAÇO	M	41		00:56:26.57	00:56:21.58	
22	644	RICARDO CABO	M	27		00:56:27.49	00:56:22.98	
23	190	JOÃO CALDEIRA	M	55		00:56:28.05	00:56:17.63	LINDA-A-PASTORA SC
24	29	PEDRO G CARDOSO	M	35		00:56:28.57	00:56:22.83	CORRER LISBOA
25	264	GABRIEL SOUSA	M	22		00:56:29.10	00:56:18.42	LINDA-A-PASTORA SC
26	670	LUÍS BRITO	M	41		00:56:36.38	00:56:32.87	CA VALE FIGUEIRA
27	186	PEDRO MAGALHÃES	M	44		00:56:38.51	00:56:31.44	LINDA-A-PASTORA SC
28	1127	PAULO ARRENEGA	M	50		00:57:13.06	00:57:07.86	UA POVOENSE
29	779	PAULO COSTA	M	51		00:57:15.41	00:57:11.50	RB RUNNING
30	1228	ANTNIO SIMOES	M	46		00:57:21.35	00:57:21.35	SS CGD
31	90	JOÃO CANIÇO	M	36		00:57:31.51	00:57:27.49	3B-S
32	966	ÁLVARO CARDOSO	M	37		00:57:50.26	00:57:29.12	AR LUZ E VIDA GONDOMARENSE



33	958	TIAGO CASTELA	M	29	00:57:54.63	00:57:50.31	DCI-CCDRP MEALHADA
34	1172	NUNO F SILVA	M	41	00:57:56.17	00:57:52.46	CORRER LISBOA
35	918	SAMUEL GALVEIA	M	36	00:58:10.02	00:58:04.33	CADT PORTUCEL
36	128	JOSÉ E SANTOS	M	48	00:58:12.66	00:57:51.14	
37	780	JOSÉ LOPES	M	53	00:58:22.43	00:58:18.62	RB RUNNING
38	536	JOSÉ PAJINHA	M	56	00:58:23.76	00:58:19.94	CA ODIMARQ
39	861	FERNANDO CANDEIAS	M	45	00:58:29.48	00:58:17.01	SS CGD
40	46	VASCO TAVARES	M	40	00:58:32.03	00:58:27.50	CORRER LISBOA
41	1043	ANTÓNIO SANTOS	M	58	00:58:33.37	00:58:26.73	GD INE
42	593	JOSÉ GOUVEIA	M	48	00:58:34.73	00:58:30.79	STAL
43	1232	FERNANDO MARTINS	M	46	00:58:44.98	00:58:40.83	SS CGD
44	936	RUI HENRIQUES	M	37	00:58:48.29	00:58:43.62	SS MONTEPIO
45	1107	ARMANDO CORREIA	M	34	00:58:55.00	00:58:46.39	SC CASAÍNHOS
46	401	MIGUEL CUNHA	M	35	00:58:57.81	00:58:51.84	CORRER LISBOA
47	136	DÁRIO LUZ	M	36	00:59:02.74	00:58:54.24	
48	1108	ABDURAMAN SEIDE	M	44	00:59:09.00	00:58:59.67	SC CASAÍNHOS
49	1116	AMBRÓSIO PEREIRA	M	43	00:59:10.41	00:59:06.06	UA POVOENSE
50	911	GUSTAVO GASOPO	M	24	00:59:11.00	00:59:06.53	AGD ACADEMIA DO KORPO
51	421	JOAQUIM E OLIVEIRA	M	51	00:59:13.29	00:58:58.79	CP EDP LISBOA
52	288	NELSON FONSECA	M	38	00:59:13.47	00:59:02.67	JOBRINDE MONTES SALOIOS
53	1015	JOSÉ PAIS	M	44	00:59:14.40	00:59:08.48	CORRER LISBOA
54	1100	NUNO GONÇALO	M	34	00:59:18.84	00:59:07.69	CC FISIOGASPAR
55	1231	PEDRO BARREIRAO	M	30	00:59:20.91	00:59:17.16	SS CGD
56	173	GUILLERMO HUNTER	M	34	00:59:22.24	00:59:11.78	
57	284	BRUNO CASTRO	M	34	00:59:23.72	00:59:08.33	CORRER SR GRANJA
58	283	RUI PACHECO	M	40	00:59:24.24	00:59:10.04	CORRER SR GRANJA
59	661	JAIME MAURICIO	M	42	00:59:24.61	00:59:17.17	RUNLOVERS
60	278	TIAGO CRUZ	M	30	00:59:28.43	00:59:01.83	CORRER SR GRANJA
61	1225	LUIS RIO	M	45	00:59:30.99	00:59:27.26	SS CGD
62	531	ISIDRO DUARTE	M	49	00:59:39.01	00:59:32.85	RB RUNNING
63	1246	VITOR MARQUES	M	37	00:59:39.98	00:59:30.31	
64	974	PEDRO SERRA	M	33	00:59:46.50	00:59:37.92	TARTARUGAS SOLIDÁRIAS
65	132	RAUL C COELHO	M	39	00:59:47.39	00:59:34.85	
66	209	LUIS MONTEIRO	M	45	00:59:48.34	00:59:42.17	CLUBE NOVO BANCO



67	616	PEDRO INÁCIO	M	34	00:59:48.34	00:59:37.83	VALEJAS AC
68	270	NUNO SOARES	M	35	00:59:51.71	00:59:46.52	CORRER LISBOA
69	694	JOSÉ MARCELINO	M	54	00:59:56.80	00:59:47.00	CD ESTRELA
70	629	JAIME LAMEGO	M	57	01:00:01.22	00:59:56.81	MULTIRUNNERS
71	87	NUNO ALMEIDA	M	37	01:00:10.85	01:00:04.57	
72	1001	JOSÉ M GOMES	M	56	01:00:16.51	01:00:11.26	
73	1135	DAVID KARIM	M	38	01:00:22.11	01:00:13.77	
74	1106	FÁBIO PEREIRA	M	25	01:00:26.59	01:00:18.19	SC CASAÍNHOS
75	1034	PAULO PINTO	M	44	01:00:27.60	00:59:59.67	CCDT AUT ALMADA
76	561	ANASTACIO VALADAS	M	63	01:00:30.82	01:00:25.40	GD SANTANDER TOTTA
77	552	JOAO JESUS	M	41	01:00:33.41	01:00:26.08	GD SANTANDER TOTTA
78	1133	JAIME MAYORDROMO	M	32	01:00:49.70	00:59:59.33	EMSA TEAM
79	22	PEDRO MARQUES	M	48	01:00:54.89	01:00:39.40	
80	1146	ANTÓNIO REBELO	M	45	01:00:55.09	01:00:31.62	
81	744	ANTÓNIO MADEIRA	M	56	01:01:00.95	01:00:57.18	C PRAÇAS ARMADA
82	313	MANUEL B COSTA	M	60	01:01:06.84	01:00:57.30	CCDT METRO LX
83	923	JOÃO P OLIVEIRA	M	41	01:01:07.72	01:00:56.30	METRO 2011
84	1218	DELFIN MACHADO	M	39	01:01:14.61	01:01:09.70	CORRER LISBOA
85	588	NELSON RODRIGUES	M	36	01:01:21.41	01:01:13.39	STAL
86	238	CONSTANTINO ARAÚJO	M	49	01:01:27.31	01:01:16.94	
87	1277	DUARTE COSTA	M	33	01:01:29.24	01:01:29.24	CORRER LISBOA
88	14	LUCILIA SOARES	F	55	01:01:31.05	01:01:27.32	CATAGAZ VULCANO
89	743	MARCO MENDES	M	41	01:01:31.40	01:01:28.09	C PRAÇAS ARMADA
90	1122	JOSÉ GOMES	M	43	01:01:32.22	01:01:13.14	UA POVOENSE
91	525	ANÍBAL COSTA	M	46	01:01:42.51	01:01:28.76	RB RUNNING
92	9	JOAO COVAS	M	62	01:01:43.00	01:01:43.00	
93	887	ANTÓNIO VILELA	M	47	01:01:46.40	01:01:39.13	AD REAL ACADEMIA
94	455	BRUNO GODINHO	M	36	01:02:01.29	01:01:45.81	
95	266	JOÃO S NUNES	M	53	01:02:04.10	01:02:00.86	
96	949	RUI OLIVEIRA	M	46	01:02:04.13	01:02:00.49	TRANQUILIDADE AÇOREANA CLUBE
97	926	GIL X ALVES	M	40	01:02:05.26	01:02:01.12	UNIDOS DA MANUTENÇÃO
98	117	FERNANDO VICENTE	M	51	01:02:06.04	01:01:58.91	
99	265	GERMANO SILVA	M	59	01:02:10.00	01:02:02.22	LINDA-A-PASTORA SC
100	1245	ORLANDO CARVALHO	M	45	01:02:11.60	01:02:03.39	LINDA A PASTORA SC



101	702	EDUARDO SANTOS	M	38	01:02:17.46	01:02:08.41	WL84
102	509	ANIBAL GASPAR	M	48	01:02:18.11	01:02:03.29	CCD O ALVITEJO
103	925	MANUEL SOARES	M	52	01:02:20.51	01:02:15.97	UNIDOS DA MANUTENÇÃO
104	568	JOÃO FERREIRA	M	35	01:02:26.03	01:02:13.10	CCD CREDITO AGRICOLA MUTUO
105	1104	CARLOS BAPTISTA	M	56	01:02:29.92	01:02:21.30	SC CASAÍNHOS
106	315	NUNO A PITA	M	41	01:02:30.09	01:02:17.83	CCDT METRO LX
107	775	HUGO BORGES	M	34	01:02:34.93	01:02:19.28	C BENFICA ALG M MARTINS
108	1024	CARLOS VISEU	M	47	01:02:37.16	01:02:24.12	CD ARNEIRO
109	104	LUIS BARATA	M	47	01:02:38.92	01:02:24.13	CORRER LISBOA
110	250	RICARDO RAMALHETE	M	39	01:02:42.57	01:02:34.32	CAPTAIN FLY
111	348	NUNO NAIÁ	M	42	01:02:50.54	01:02:42.91	C MILLENNIUM BCP
112	724	NUNO MENDÃO	M	43	01:02:50.97	01:02:42.73	
113	756	LUIS OLIVEIRA	M	46	01:02:55.33	01:02:49.20	C BENFICA ALG M MARTINS
114	334	NUNO SILVA	M	38	01:02:55.97	01:02:44.71	CARACÓIS DE PEDRA
115	884	SOFIA ARGENTINA	F	37	01:03:01.13	01:02:55.67	SS CGD
116	433	PAULO LOPES	M	47	01:03:01.85	01:03:01.85	CARRASCO&AMIGOS
117	523	JORGE JANUÁRIO	M	41	01:03:12.19	01:02:46.68	A VALE SILÊNCIO
118	579	MANUEL RODRIGUES	M	56	01:03:29.03	01:03:10.10	STAL
119	1243	BRUNO SOUSA	M	42	01:03:30.52	01:03:16.45	WIKABOO
120	857	CARLOS BRANCO	M	44	01:03:32.43	01:03:32.43	SS CGD
121	907	PEDRO SALVADOR	M	40	01:03:33.02	01:03:22.51	AGD ACADEMIA DO KORPO
122	462	PAULO SANTOS	M	50	01:03:35.33	01:03:23.20	CRUZQUEBRADENSE SIMECQ
123	746	MÁRIO LOURENÇO	M	51	01:03:37.39	01:03:16.50	C PRAÇAS ARMADA
124	24	RUI VALE	M	36	01:03:42.79	01:03:29.95	CORRER LISBOA
125	716	RUI FILIPE	M	53	01:03:43.67	01:03:43.67	OS ZATOPEQUES
126	30	BRIGITTE CARDOSO	F	34	01:03:43.69	01:03:37.46	CORRER LISBOA
127	1161	NUNO M MARTINS	M	40	01:03:45.00	01:03:29.79	WIKABOO
128	1211	DAVID SANTOS	M	54	01:03:58.89	01:03:42.42	OS PERIGOSOS
129	1109	LÚCIA OLIVEIRA	F	38	01:04:04.31	01:03:58.84	GENERG
130	1207	CARLOS LOPES	M	38	01:04:06.05	01:03:04.74	GD SBSI
131	1040	RUI PEDRO FERREIRA	M	39	01:04:06.81	01:03:57.78	
132	1011	PAULO RODRIGUES	M	50	01:04:07.92	01:04:02.20	
133	904	PEDRO MARQUES	M	41	01:04:13.71	01:04:01.44	GD CHELAS
134	697	JOÃO P SIMÕES	M	46	01:04:15.00	01:03:25.61	



135	975	ANTÓNIO MACHADO	M	46	01:04:18.08	01:03:48.44	
136	453	JOÃO SANTOS	M	35	01:04:18.28	01:03:28.29	
137	327	ANTÓNIO J CARDOSO	M	50	01:04:20.04	01:04:13.82	URBAN RT
138	1010	FERNANDA SANTINHA	F	44	01:04:25.07	01:04:16.34	
139	102	PAULO FERREIRA	M	46	01:04:25.83	01:04:13.45	
140	1226	JOSE MONTEIRO	M	60	01:04:26.12	01:03:48.96	SS CGD
141	469	NUNO SILVA	M	44	01:04:30.54	01:04:25.07	RUNNING ACADEMY - O2 LIFE CENTER
142	367	RICARDO MARTA	M	37	01:04:35.00	01:04:29.68	C MILLENNIUM BCP
143	762	JOSÉ INOCÊNCIO	M	65	01:04:38.79	01:04:33.73	C BENFICA ALG M MARTINS
144	700	EMANUEL PEREIRA	M	31	01:04:43.96	01:04:22.27	CORRER LISBOA
145	219	SÉRGIO PIRES	M	41	01:04:44.81	01:03:56.04	MARATONEIROS
146	427	JOÃO LIMÃO	M	44	01:04:45.88	01:04:33.18	
147	482	VITOR AMADO	M	63	01:04:47.29	01:04:25.16	GRD OS FIXES
148	56	LUIS PEREIRA	M	37	01:04:49.02	01:03:59.69	MARATONEIROS
149	154	NUNO FERNANDES	M	41	01:04:50.88	01:03:39.19	AROO
150	643	JOÃO TRINDADE	M	19	01:04:56.12	01:04:50.23	CORRER LISBOA
151	302	ANTÓNIO PEREIRA	M	52	01:04:58.10	01:04:45.24	CCDT METRO LX
152	466	RICARDO NOBRE	M	36	01:05:03.80	01:04:37.75	CRUZQUEBRADENSE SIMECQ
153	937	ANDRÉ SANTOS	M	41	01:05:04.70	01:04:47.99	
154	1278	MARCOS PEREIRA	M	61	01:05:04.77	01:05:04.77	
155	170	NUNO COSTA	M	44	01:05:05.81	01:04:48.31	CAD A CORRER
156	267	CÉU NUNES	F	40	01:05:11.81	01:05:11.81	CORRER LISBOA
157	520	LEONEL NEVES	M	64	01:05:15.00	01:04:49.29	A VALE SILÊNCIO
158	1076	JOSÉ A BISCAIA	M	33	01:05:19.75	01:05:01.34	
159	62	RICARDO PIMENTA	M	41	01:05:23.00	01:04:13.30	OS LESMAS
160	1051	RICARDO PITA	M	36	01:05:27.07	01:05:19.17	CÂMARA LISBOA CLUBE
161	1052	JOÃO VALHELHAS	M	45	01:05:27.32	01:05:18.82	CÂMARA LISBOA CLUBE
162	1114	ALEXANDRA PORTELA	F	47	01:05:27.34	01:05:27.34	UA POVOENSE
163	905	EDUARDO RODRIGUES	M	58	01:05:28.71	01:05:16.87	GD CHELAS
164	236	LUÍS D SANTOS	M	49	01:05:33.01	01:04:56.03	
165	687	VIRGÍNIO PATEIRO	M	45	01:05:34.68	01:05:02.65	JIMBRAS RT
166	870	JOAQUIM FRADE	M	61	01:05:36.32	01:05:18.20	SS CGD
167	1050	IVAN COSTA	M	28	01:05:36.44	01:05:01.52	CÂMARA LISBOA CLUBE
168	1061	PAULO SANTOS	M	51	01:05:40.02	01:05:05.38	CÂMARA LISBOA CLUBE



169	696	CARLOS CARDOSO	M	64	01:05:40.44	01:05:27.44	GD BANCO BPI
170	451	GONÇALO LOPES	M	31	01:05:40.69	01:04:41.07	RUN 4 FUN
171	654	RICARDO LEITÃO	M	40	01:05:41.19	01:04:46.01	BOELAS TEAM
172	1176	JOSÉ SANTOS	M	57	01:05:42.88	01:05:38.92	PM LISBOA
173	714	JOSÉ CUNHA	M	52	01:05:54.69	01:05:36.79	OS ZATOPEQUES
174	395	MIGUEL T SOUSA	M	42	01:05:57.65	01:05:07.24	C COLAB AGEAS
175	1054	JÚLIO REIS	M	44	01:05:59.86	01:05:54.51	CÂMARA LISBOA CLUBE
176	513	TIAGO DIOGO	M	39	01:06:00.76	01:05:42.95	LX RUN
177	191	BRUNO GARCIA	M	39	01:06:03.96	01:05:52.89	LINDA-A-PASTORA SC
178	984	INÊS MARQUES	F	40	01:06:08.38	01:05:47.77	99 PROVAS GRATUITAS
179	595	MÓNICA PEREIRA	F	40	01:06:09.03	01:06:03.58	STAL
180	1035	SÉRGIO SANTOS	M	54	01:06:09.34	01:05:40.65	CCDT AUT ALMADA
181	323	JOÃO P MONIZ	M	21	01:06:12.24	01:06:05.85	AGD ACADEMIA DO KORPO
182	228	JOÃO N NAVARRO	M	42	01:06:12.29	01:06:03.61	PERENE RUN
183	1045	NUNO PEREIRA	M	27	01:06:12.99	01:05:42.05	STEFFAS
184	122	MIGUEL FIGUEIRÓ	M	44	01:06:14.19	01:06:05.24	
185	79	BRUNO DO BRITO	M	37	01:06:17.16	01:05:57.02	CORRER LISBOA
186	203	HUGO CARAGO	M	43	01:06:21.82	01:06:10.75	CLUBE NOVO BANCO
187	341	JOSÉ RAMALHO	M	50	01:06:23.40	01:06:13.95	CORRER LISBOA
188	812	JOSÉ PINTO	M	54	01:06:24.87	01:05:47.91	CLÍNICA DR CAUTELA
189	75	RICARDO ALVES	M	40	01:06:24.88	01:06:09.82	GDCT IN CASA MOEDA
190	715	PAULO BASÍLIO	M	50	01:06:27.84	01:06:01.78	OS ZATOPEQUES
191	489	MAFALDA MARTINHO	F	28	01:06:29.48	01:06:19.06	
192	275	VASCO MATOS	M	41	01:06:29.70	01:05:59.57	CORRER SR GRANJA
193	559	PEDRO XAVIER	M	44	01:06:33.70	01:06:03.45	GD SANTANDER TOTTA
194	678	DUARTE COSTA	M	36	01:06:39.03	01:06:01.50	GD SBSI
195	463	DANIEL SAMPAIO	M	48	01:06:40.00	01:06:28.54	CRUZQUEBRADENSE SIMECQ
196	1168	PEDRO PIRES	M	52	01:06:41.22	01:06:21.92	AA LEBRES DO SADO
197	596	JOSÉ VIEIRA	M	54	01:06:46.79	01:06:41.78	STAL
198	105	PEDRO REGO	M	39	01:06:49.01	01:06:20.79	
199	425	HORÁCIO OLIVEIRA	M	42	01:06:50.87	01:06:14.31	CASCAIS NIGHT RUNNERS
200	954	NUNO SILVA	M	42	01:06:51.63	01:06:45.13	CADT PORTUCEL
201	218	RUI ANTUNES	M	50	01:06:54.19	01:06:40.52	
202	277	RUI P RODRIQUES	M	42	01:06:54.40	01:06:44.90	CORRER SR GRANJA



203	960	NUNO SILVA	M	41	01:06:54.79	01:06:36.53	LX RUN
204	1274	JOAN COSTA	M	51	01:06:55.72	01:06:55.72	
205	858	CARLOS LEITÃO	M	53	01:06:57.37	01:06:39.13	SS CGD
206	85	LIBERTO SANTOS	M	50	01:06:58.17	01:06:29.88	
207	309	JOSÉ S ALVES	M	45	01:06:58.93	01:06:35.71	CCDT METRO LX
208	838	FERNANDO FARIA	M	37	01:06:59.04	01:06:48.66	
209	363	JOÃO GONÇALVES	M	49	01:07:04.00	01:06:21.84	C MILLENNIUM BCP
210	994	DIOGO LEITE	M	29	01:07:05.18	01:06:56.42	
211	1124	LUISA MONTEIRO	F	50	01:07:07.09	01:07:07.09	UA POVOENSE
212	503	MÁRIO SOARES	M	34	01:07:08.53	01:05:32.25	
213	384	PEDRO CANELAS	M	44	01:07:10.99	01:06:57.15	LINDA-A-PASTORA SC
214	162	ANTÓNIO ORLANDO	M	40	01:07:11.25	01:06:57.61	
215	526	ROBERTO GUERREIRO	M	35	01:07:12.73	01:06:53.24	RB RUNNING
216	530	ARNALDO TRINDADE	M	45	01:07:13.04	01:06:53.92	RB RUNNING
217	37	PAULO A NUNES	M	43	01:07:13.84	01:06:30.80	CORRER LISBOA
218	475	PAULO GOMES	M	43	01:07:14.20	01:06:30.99	CORRER LISBOA
219	819	ANASTÁCIO NETO	M	43	01:07:15.89	01:07:08.56	C NOTURNA PARQUE NAÇÕES
220	1248	ANTONIO ANGELINO	M	47	01:07:18.82	01:07:18.82	REAL ACADEMIA
221	483	CARLOS MONTEIRO	M	66	01:07:21.15	01:07:06.45	GRD OS FIXES
222	1101	PEDRO FONSECA	M	27	01:07:28.52	01:06:30.93	CC FISIOGASPAR
223	895	JOSÉ L GONÇALVES	M	41	01:07:30.10	01:07:16.80	PENICHE A CORRER
224	1044	CARLOS SANTOS	M	48	01:07:30.87	01:06:50.67	GD INE
225	123	TIAGO MARQUES	M	33	01:07:31.09	01:07:22.66	
226	537	FIRMINO OLIVEIRA	M	57	01:07:33.14	01:07:20.86	
227	1203	MARCO CASTANHEIRA	M	39	01:07:36.77	01:07:18.65	
228	1220	ANDRE CID	M	43	01:07:37.43	01:07:28.04	
229	578	ÓSCAR SANTOS	M	60	01:07:39.42	01:07:32.72	STAL
230	139	DAVID SARAIVA	M	34	01:07:39.69	01:07:15.66	AD MANTEIGAS
231	171	PEDRO CARVALHO	M	32	01:07:44.21	01:07:10.92	CAD A CORRER
232	886	LUIS ALVES	M	38	01:07:44.49	01:07:10.41	CAD A CORRER
233	261	PAULO COSTA	M	50	01:07:48.96	01:07:19.45	SFUAP
234	539	CARLOS TEIXEIRA	M	44	01:07:50.54	01:07:44.33	GD SANTANDER TOTTA
235	738	FERNANDO CONTREIRAS	M	41	01:07:56.67	01:07:45.02	
236	977	PAULO SANTOS	M	50	01:07:57.41	01:07:53.70	LOURDETE PERFUMARIAS



237	507	LUIS GARCIA	M	50	01:08:02.28	01:07:52.49	
238	522	CARLOS PÁSCOA	M	50	01:08:02.77	01:07:35.03	A VALE SILÊNCIO
239	1027	JOSÉ MAIO	M	53	01:08:05.99	01:07:53.37	CD ARNEIRO
240	798	AVELINO SOARES	M	50	01:08:06.87	01:07:50.26	COFINA RUNNERS
241	1123	LUIS SANTOS	M	48	01:08:07.70	01:07:57.04	UA POVOENSE
242	286	RUI RODRIGUES	M	53	01:08:08.25	01:07:51.55	CORRER SR GRANJA
243	279	JUCA JACOB	M	51	01:08:09.84	01:08:02.87	CORRER SR GRANJA
244	686	RUBEN COSTA	M	36	01:08:10.00	01:08:02.65	
245	897	JOSÉ PEIXOTO	M	58	01:08:10.26	01:07:58.86	PENICHE A CORRER
246	778	LUIS BARBOSA	M	47	01:08:11.22	01:07:57.57	C BENFICA ALG M MARTINS
247	96	TIAGO SARAIVA	M	33	01:08:12.14	01:07:17.46	CCD AT
248	208	LUIS JOSÉ	M	47	01:08:13.79	01:07:39.41	CLUBE NOVO BANCO
249	982	NUNO M GONÇALVES	M	40	01:08:14.33	01:08:08.11	URBAN RT
250	131	ÁLVARO SANTOS	M	41	01:08:14.60	01:08:08.85	URBAN RT
251	1239	RUI RODRIGUES	M	38	01:08:16.61	01:07:54.25	
252	688	FRANCISCO TEIXEIRA	M	33	01:08:17.59	01:07:24.10	
253	586	EDUARDO SILVA	M	56	01:08:18.62	01:08:05.69	STAL
254	910	JOSÉ MIRA	M	49	01:08:20.11	01:08:03.74	AGD ACADEMIA DO KORPO
255	914	JORGE FRAGA	M	49	01:08:20.56	01:08:03.51	AGD ACADEMIA DO KORPO
256	909	ANTÓNIO NEREU	M	55	01:08:20.99	01:08:04.77	AGD ACADEMIA DO KORPO
257	776	NARCISO SÁ	M	50	01:08:23.30	01:08:17.00	C BENFICA ALG M MARTINS
258	773	JORGE SANTOS	M	63	01:08:24.14	01:08:09.95	C BENFICA ALG M MARTINS
259	976	NUNO CABEÇA	M	47	01:08:24.58	01:08:11.41	
260	865	HENRIQUE AMADOR	M	45	01:08:25.64	01:08:07.61	SS CGD
261	874	JOSÉ MARTINS	M	42	01:08:33.05	01:08:08.42	SS CGD
262	72	VASCO FERREIRA	M	41	01:08:34.42	01:07:30.28	GDCT IN CASA MOEDA
263	879	PEDRO LUZIO	M	40	01:08:35.68	01:08:10.28	SS CGD
264	145	JOÃO HEITOR	M	67	01:08:40.47	01:08:22.05	
265	672	VICTOR IDEIAS	M	50	01:08:42.70	01:08:42.70	CA VALE FIGUEIRA
266	673	VASCO GONÇALVES	M	54	01:08:42.99	01:08:27.94	CA VALE FIGUEIRA
267	969	ANTÓNIO F PEREIRA	M	56	01:08:46.47	01:08:15.99	
268	83	CARLOS SOARES	M	49	01:08:47.58	01:08:23.59	CORRER LISBOA
269	571	PEDRO SÉRGIO	M	49	01:08:47.89	01:08:34.72	CCD CREDITO AGRICOLA MUTUO
270	80	ANDRÉ COSTAL	M	41	01:08:49.35	01:08:43.61	



271	1227	ADELINO SEMEDO	M	63	01:08:52.00	01:08:43.04	SS CGD
272	980	LUIS RODRIGUES	M	33	01:08:53.03	01:08:49.80	CA NARANJA MECÂNICA
273	1265	EDUARDO SILVA	M	53	01:08:53.25	01:08:53.25	
274	71	RUI CORREIA	M	40	01:08:53.71	01:08:38.15	GDCT IN CASA MOEDA
275	922	ANTÓNIO C ALMEIDA	M	49	01:08:58.91	01:08:53.60	
276	49	HÉLDER COTRIM	M	37	01:09:03.09	01:08:24.61	
277	1143	MIGUEL ROCHA	M	45	01:09:04.45	01:08:41.92	
278	875	LUIS SILVA	M	47	01:09:05.09	01:08:12.00	SS CGD
279	825	RUI ANTUNES	M	39	01:09:06.39	01:08:41.91	C NOTURNA PARQUE NAÇÕES
280	755	ALBINO OLIVEIRA	M	71	01:09:06.62	01:09:00.09	C BENFICA ALG M MARTINS
281	878	PEDRO FONTOURA	M	46	01:09:08.05	01:08:42.76	SS CGD
282	1217	ANDRE CAMPOS	M	36	01:09:15.36	01:08:52.00	
283	1093	HEITOR CARDOSO	M	52	01:09:17.60	01:09:11.12	CORRER LISBOA
284	17	DANIEL NUNES	M	43	01:09:18.96	01:09:18.96	
285	840	JOSÉ MOREIRA	M	40	01:09:20.13	01:09:16.88	CCDT MUN ODIVELAS
286	871	JORGE MORGADO	M	56	01:09:20.75	01:09:02.65	SS CGD
287	896	VITOR MANSO	M	55	01:09:22.82	01:09:10.12	PENICHE A CORRER
288	216	RODRIGO ALMEIDA	M	37	01:09:25.84	01:09:10.74	CLUBE NOVO BANCO
289	1249	ALVARO PINTO	M	60	01:09:28.18	01:09:28.18	REAL ACADEMIA
290	660	JOÃO P VEIGA	M	28	01:09:28.58	01:09:09.28	CORRER LISBOA
291	545	ANTONIO CRUZ	M	69	01:09:32.80	01:09:04.72	GD SANTANDER TOTTA
292	92	CARLOS FRANÇA	M	38	01:09:33.63	01:09:16.71	
293	140	JOÃO PARADINHA	M	43	01:09:37.47	01:09:11.73	AD MANTEIGAS
294	646	FERNANDO ANACLETO	M	66	01:09:40.49	01:09:34.90	
295	828	JOSÉ SARAIVA	M	48	01:09:42.00	01:09:17.89	C NOTURNA PARQUE NAÇÕES
296	534	JORGE SERRA	M	50	01:09:43.85	01:09:08.37	
297	627	EDUARDO TAVARES	M	43	01:09:49.98	01:09:19.96	MULTIRUNNERS
298	1042	DOMINGOS RODRIGUES	M	47	01:09:54.08	01:09:49.99	LEGIONÁRIOS
299	947	VÍRGILIO MADEIRA	M	58	01:09:56.83	01:09:24.44	TRANQUILIDADE AÇOREANA CLUBE
300	369	CARLOS RAMOS	M	50	01:09:59.16	01:09:34.07	C MILLENNIUM BCP
301	800	JOÃO GONÇALVES	M	39	01:10:02.20	01:09:58.60	COFINA RUNNERS
302	707	BRUNO LOPES	M	34	01:10:04.24	01:09:10.45	ACDRS QUINHENDROS
303	693	RUI SILVA	M	46	01:10:09.93	01:09:17.30	CD ESTRELA
304	174	GISELE BRAUN	F	34	01:10:11.81	01:10:01.30	



305	1064	LICÍNIO FIDALGO	M	57	01:10:12.65	01:09:39.87	CÂMARA LISBOA CLUBE
306	987	PAULO CALDEIRA	M	46	01:10:13.84	01:09:24.43	
307	447	LEONEL SELEIRO	M	60	01:10:14.55	01:10:04.67	AA AGUALVA
308	446	FRANCISCO PESSOA	M	43	01:10:14.72	01:10:04.31	AA AGUALVA
309	237	JOSÉ REIS	M	63	01:10:14.90	01:10:04.53	
310	430	FERNANDO CORREIA	M	52	01:10:16.66	01:10:16.66	CARRASCO&AMIGOS
311	415	ANDRÉ LOPES	M	32	01:10:17.42	01:09:37.77	OS BILHUDOS
312	934	PEDRO BOTO	M	49	01:10:17.62	01:09:56.21	SS MONTEPIO
313	782	FREDERICO PINA	M	33	01:10:18.93	01:09:19.34	
314	772	JOSE ALVES	M	67	01:10:19.47	01:10:12.61	C BENFICA ALG M MARTINS
315	1083	JOAQUIM FIDALGO	M	56	01:10:20.09	01:09:29.48	TEJAVISTA
316	1257	ITELVINA VIDAL	F	48	01:10:22.44	01:10:22.44	
317	770	VITOR SANTOS	M	48	01:10:22.60	01:10:13.82	C BENFICA ALG M MARTINS
318	1206	JOAQUIM GUERRA	M	52	01:10:22.74	01:09:40.17	CARRASCO&AMIGOS
319	225	HUGO FERNANDES	M	29	01:10:23.97	01:09:45.50	TIRAORABODOSOFÁ
320	410	SÍLVIA OLIVEIRA	F	39	01:10:25.01	01:09:35.90	
321	719	MIGUEL SILVA	M	20	01:10:26.16	01:09:59.56	OS ZATOPEQUES
322	718	JOÃO SILVA	M	58	01:10:26.20	01:09:59.67	OS ZATOPEQUES
323	172	ILISITO FERREIRA	M	33	01:10:27.53	01:10:08.94	CAD A CORRER
324	1216	JOSÉ C RAMOS	M	42	01:10:28.51	01:09:49.23	EXPLICOLÂNDIA
325	839	HÉLDER SILVA	M	43	01:10:30.66	01:09:53.04	GE RUNNERS
326	200	CARLOS NABIÇA	M	53	01:10:31.60	01:10:01.83	CLUBE NOVO BANCO
327	944	JOÃO MELO	M	30	01:10:32.44	01:09:58.42	TRANQUILIDADE AÇOREANA CLUBE
328	514	VITOR SILVA	M	51	01:10:36.34	01:09:44.89	AA LEBRES SADO
329	961	MÁRIO MIGUEL	M	67	01:10:37.36	01:09:45.20	STAL
330	81	TIAGO RODRIGUES	M	38	01:10:38.62	01:10:15.81	
331	45	PEDRO A C CARVALHO	M	44	01:10:38.67	01:10:15.85	
332	599	PAULO PIRES	M	49	01:10:41.74	01:10:01.53	AMIGOS DA CORRIDA
333	1171	ANDRÉ CONCEIÇÃO	M	36	01:10:43.69	01:09:48.78	C NOTURNA PARQUE NAÇÕES
334	1032	AMÁVEL FIGUEIREDO	M	56	01:10:44.48	01:10:14.82	CCDT AUT ALMADA
335	1057	PAULO GONÇALVES	M	45	01:10:45.66	01:10:10.55	CÂMARA LISBOA CLUBE
336	281	CARLOS MARQUES	M	46	01:10:47.64	01:10:30.37	CORRER SR GRANJA
337	777	RUI EMÍDIO	M	60	01:10:48.13	01:10:40.75	C BENFICA ALG M MARTINS
338	1088	PEDRO FERRAZ	M	40	01:10:49.13	01:10:09.88	



339	496	LUIS REIS	M	58	01:10:49.18	01:10:25.88	CCDP MUN CASCAIS
340	998	BRUNO FERNANDES	M	37	01:10:52.00	01:10:13.94	GURU RUNNING
341	540	RUI SARROEIRA	M	48	01:10:56.07	01:10:28.54	GD SANTANDER TOTTA
342	444	AGOSTINHO TORRES	M	55	01:10:56.68	01:09:55.14	AA AGUALVA
343	31	KAROLINA SZERLAG	F	26	01:11:00.12	01:10:09.48	
344	1272	DOMINGOS PENEDO	M	59	01:11:01.03	01:11:01.03	CARRASCO & AMIGOS
345	510	HENRIQUE NARCISO	M	61	01:11:01.40	01:10:30.37	TOKATODOS
346	981	NUNO ALCOBIA	M	41	01:11:01.46	01:10:32.18	CBV
347	1224	JOAQUIM FERRÃO	M	56	01:11:02.15	01:10:23.89	SS CGD
348	220	JOÃO M MARQUES	M	46	01:11:02.38	01:10:32.76	CBV
349	276	ALBERTINO NETO	M	47	01:11:03.20	01:10:55.73	CORRER SR GRANJA
350	423	JOSÉ M BARRADAS	M	37	01:11:03.37	01:10:27.60	CASCAIS NIGHT RUNNERS
351	624	JOÃO PEREIRA	M	50	01:11:09.00	01:10:38.56	MULTIRUNNERS
352	634	MANUEL CARVALHO	M	33	01:11:09.16	01:10:26.66	MULTIRUNNERS
353	836	MARCO COSTA	M	38	01:11:10.00	01:10:16.21	37 SERAFINA
354	706	CÉSAR QUINTAS	M	38	01:11:10.82	01:10:15.94	ACDRS QUINHENDROS
355	900	NUNO PINTO	M	43	01:11:11.08	01:10:15.60	
356	818	CARLOS GONÇALVES	M	47	01:11:15.62	01:10:45.48	C NOTURNA PARQUE NAÇÕES
357	636	PAULO J REIS	M	46	01:11:15.73	01:11:08.06	
358	501	SARA HENRIQUES	F	43	01:11:16.76	01:10:50.26	CCDP MUN CASCAIS
359	854	BRUNO RAÍNHO	M	33	01:11:18.76	01:11:02.69	SS CGD
360	141	PAULO RANA	M	52	01:11:20.19	01:10:37.65	
361	1025	PEDRO BUENO	M	49	01:11:20.65	01:11:09.81	CD ARNEIRO
362	720	JOSÉ MONTEIRO	M	60	01:11:23.94	01:11:03.77	OS ZATOPEQUES
363	1162	SÉRGIO CAMPOS	M	49	01:11:24.01	01:10:54.58	
364	1033	CARLOS COELHO	M	57	01:11:29.22	01:10:59.37	CCDT AUT ALMADA
365	36	ANTÓNIO CARRETO	M	34	01:11:31.50	01:10:25.17	CORRER LISBOA
366	788	NORBERTO MARQUES	M	46	01:11:31.84	01:11:02.57	RUNNING OF D MARIA
367	648	VENÂNCIO GUERREIRO	M	62	01:11:36.28	01:10:42.08	CARACOIS DE CORRIDA
368	1256	MARGARIDA GODINHO	F	59	01:11:37.17	01:11:37.17	
369	515	ANTÓNIO FERNANDES	M	60	01:11:48.00	01:11:33.00	A VALE SILÊNCIO
370	445	BERNARDO GRADISSIMO	M	59	01:11:51.05	01:10:39.54	AA AGUALVA
371	747	CEDRIC MONTEIRO	M	29	01:11:52.11	01:10:48.82	CASEBRE
372	1189	CARLOS COSTA	M	46	01:11:55.81	01:11:48.59	CLUBE ANACOM



373	360	PEDRO CORREIA	M	40	01:12:00.88	01:11:49.23	C MILLENNIUM BCP
374	953	JOÃO ABREU	M	42	01:12:01.06	01:11:44.11	
375	389	ANTÓNIO MARÇAL	M	58	01:12:04.64	01:11:39.91	
376	811	JOÃO ANTUNES	M	47	01:12:06.20	01:11:53.60	
377	305	HUMBERTO BRITO	M	42	01:12:07.94	01:11:20.24	CCDT METRO LX
378	1185	FERNANDO COSTA	M	40	01:12:09.65	01:11:23.73	
379	527	CARLOS A CARVALHO	M	46	01:12:10.41	01:11:04.84	RB RUNNING
380	856	CARLOS ANTUNES	M	43	01:12:14.41	01:11:48.79	SS CGD
381	612	JOSÉ TOMÁS	M	42	01:12:15.06	01:11:06.03	VALEJAS AC
382	846	RICARDO SANTOS	M	37	01:12:16.69	01:11:05.73	CORRER LISBOA
383	473	JOSÉ TAVARES	M	48	01:12:17.28	01:11:52.70	CORRER LISBOA
384	103	ANTÓNIO G SILVA	M	43	01:12:18.26	01:11:38.24	BAMOXIMBORA
385	390	RICARDO AFONSO	M	45	01:12:18.62	01:11:31.87	
386	876	NOÉMIA SEQUEIRA	F	48	01:12:20.13	01:12:01.41	SS CGD
387	1026	MANUEL ALVES	M	51	01:12:21.91	01:12:09.64	CD ARNEIRO
388	1028	CARLOS DUARTE	M	63	01:12:22.42	01:12:10.40	CD ARNEIRO
389	609	HUGO LAMPREIA	M	42	01:12:22.52	01:11:15.42	VALEJAS AC
390	608	FERNANDO CORDA	M	50	01:12:23.13	01:11:15.24	VALEJAS AC
391	613	RITA RODRIGUES	F	21	01:12:23.67	01:11:37.66	VALEJAS AC
392	1111	JOÃO RIBEIRA	M	38	01:12:24.80	01:12:16.32	CAPTAIN FLY
393	337	JOSÉ HILÁRIO	M	57	01:12:27.32	01:11:20.53	OS ARGÁLIAS
394	494	IVAN RAMOS	M	33	01:12:28.06	01:12:04.60	CCDP MUN CASCAIS
395	589	ANTONIO SILVA	M	42	01:12:30.40	01:11:18.94	STAL
396	474	CARLOS BATISTA	M	43	01:12:34.62	01:11:29.29	CORRER LISBOA
397	632	FERNANDO MARQUES	M	51	01:12:38.08	01:11:52.13	MULTIRUNNERS
398	521	JOÃO SALDANHA	M	43	01:12:42.32	01:12:17.18	A VALE SILÊNCIO
399	862	FERNANDO LIMA	M	47	01:12:42.62	01:12:20.86	SS CGD
400	70	NUNO GONÇALVES	M	42	01:12:45.00	01:12:28.88	GDCT IN CASA MOEDA
401	73	JOÃO FREIRE	M	51	01:12:45.08	01:12:29.80	GDCT IN CASA MOEDA
402	1190	CARLOS VAZ	M	48	01:12:46.85	01:11:46.82	
403	1235	JOAO RODRIGUES	M	37	01:12:50.69	01:12:19.67	SS CGD
404	1230	PEDRO PINTO	M	31	01:12:50.84	01:12:30.74	SS CGD
405	234	ROGÉRIO FONSECA	M	51	01:12:51.16	01:12:32.53	
406	880	GUILHERME GONÇALVES	M	56	01:12:53.34	01:12:16.03	CLUBE FERROVIARIO PORTUGAL



407	490	ANTÓNIO HORTA	M	63	01:12:54.08	01:12:43.46	CCDP MUN CASCAIS
408	194	JOSÉ SIMÕES	M	54	01:12:55.09	01:12:01.15	O MUNDO DA CORRIDA
409	945	CARLOS LOPES	M	51	01:12:55.47	01:12:41.45	
410	943	ARMANDO PARREIRA	M	48	01:12:55.83	01:12:45.70	TRANQUILIDADE AÇOREANA CLUBE
411	560	LUIS R ALMEIDA	M	47	01:12:56.35	01:12:36.24	GD SANTANDER TOTTA
412	169	NUNO T GOMES	M	41	01:12:58.26	01:12:58.26	
413	580	FRANCISCO CUNHA	M	52	01:13:01.36	01:13:01.36	STAL
414	581	JOSÉ SILVA	M	53	01:13:01.43	01:12:57.89	STAL
415	712	JOSÉ CRUZ	M	42	01:13:03.01	01:12:31.66	RUN FOR LUNCH
416	1150	RITA RIBEIRO	F	23	01:13:03.61	01:12:44.13	CORRER LISBOA
417	1212	TIAGO PINTO	M	38	01:13:04.53	01:12:16.92	CORRER LISBOA
418	663	CARLOS M LOPES	M	52	01:13:08.00	01:12:42.10	RUNLOVERS
419	665	JOÃO LEITÃO	M	46	01:13:08.77	01:12:44.14	RUNLOVERS
420	297	JOÃO PASSEIRO	M	54	01:13:08.88	01:12:35.43	ADC CATUJAL
421	114	ANA M CORREIA	F	37	01:13:09.92	01:12:05.22	
422	115	GIL CARNEIRO	M	39	01:13:10.35	01:12:04.68	
423	912	PAULO PEREIRA	M	52	01:13:11.87	01:12:05.50	AGD ACADEMIA DO KORPO
424	282	GONÇALO GUIOMAR	M	23	01:13:13.08	01:12:56.66	CORRER SR GRANJA
425	88	JOSÉ A GOMES	M	39	01:13:14.39	01:12:50.14	
426	249	ANTÓNIO J SOUSA	M	55	01:13:14.45	01:12:55.83	
427	417	MANUEL SILVA	M	61	01:13:16.11	01:12:51.45	OS BILHUDOS
428	1041	SÍLVIO ROMÃO	M	36	01:13:17.46	01:12:58.51	
429	888	JOÃO AREAL	M	46	01:13:19.14	01:12:48.81	OS METRALHAS
430	428	JOÃO T SANTOS	M	45	01:13:21.99	01:12:43.37	
431	1058	ADELINO PIRES	M	55	01:13:22.55	01:12:15.07	CÂMARA LISBOA CLUBE
432	113	JOÃO P ADEGAS	M	46	01:13:23.62	01:12:53.34	
433	10	ARMANDO ALDEGALEGA	M	79	01:13:24.10	01:13:24.10	SPORTING CP
434	13	LUZIA DIAS	F	46	01:13:24.92	01:13:24.92	SPORTING CP
435	195	MANUELA PINTO	F	54	01:13:27.95	01:13:27.95	O MUNDO DA CORRIDA
436	512	EDUARDO P MARQUES	M	31	01:13:30.26	01:13:23.55	
437	495	JOÃO FARIA	M	48	01:13:31.34	01:13:07.08	CCDP MUN CASCAIS
438	532	JORGE CAMPOS	M	42	01:13:31.60	01:12:39.44	
439	754	JOÃO SOARES	M	63	01:13:33.56	01:13:18.16	C BENFICA ALG M MARTINS
440	763	JANUÁRIO COELHO	M	64	01:13:33.97	01:12:17.91	C BENFICA ALG M MARTINS



441	41	PAULO GONÇALVES	M	44	01:13:33.99	01:12:58.32	
442	1037	ANA R MATOS	F	46	01:13:34.05	01:12:52.48	
443	33	CARLOS PENA	M	47	01:13:37.00	01:12:49.69	GRD OS FIXES
444	94	MANUEL MARTINHO	M	49	01:13:40.87	01:12:32.91	CCD AT
445	1140	ANTÓNIO COSTA	M	38	01:13:42.09	01:12:42.02	CORRER LISBOA
446	1240	ANA ALMEIDA	F	37	01:13:42.18	01:13:08.76	
447	253	PAULO M ALVES	M	46	01:13:43.06	01:12:40.61	
448	133	LUÍS SANTOS	M	40	01:13:44.00	01:13:00.10	CORRER LISBOA
449	1139	BRUNO BUCO	M	33	01:13:44.63	01:12:43.77	CORRER LISBOA
450	528	OLGA MARTINS	F	42	01:13:44.63	01:13:18.99	RB RUNNING
451	1242	PEDRO MONTEIRO	M	45	01:13:45.14	01:13:27.78	WIKABOO
452	1187	MIGUEL RIBEIRO	M	44	01:13:45.73	01:13:28.31	WIKABOO
453	330	MANUEL COITO	M	37	01:13:46.70	01:13:04.99	COITO RUNNING
454	737	LUIS ALMEIDA	M	43	01:13:50.38	01:12:48.93	JOBRINDE MONTES SALOIOS
455	1060	EDUARDO ALEIXO	M	52	01:13:50.87	01:13:43.83	CÂMARA LISBOA CLUBE
456	371	FERNANDO RODRIGUES	M	52	01:13:52.11	01:13:18.54	C MILLENNIUM BCP
457	69	MIGUEL FRAGA	M	46	01:13:52.57	01:13:52.57	GDCT IN CASA MOEDA
458	667	RODRIGO SOUSA	M	36	01:13:53.14	01:13:27.19	RUNLOVERS
459	751	JOÃO J FERNANDES	M	36	01:13:53.65	01:13:05.55	
460	338	ROBERT TEIXEIRA	M	31	01:13:56.88	01:12:50.61	OS ARGÁLIAS
461	942	PAULO FERNANDES	M	48	01:13:57.82	01:13:57.82	TRANQUILIDADE AÇOREANA CLUBE
462	985	CARLOS RAMOS	M	47	01:13:58.87	01:13:37.87	CORRER LISBOA
463	683	MÁRIO VICENTE	M	68	01:13:59.66	01:13:48.99	
464	921	PAULO M COSTA	M	48	01:14:03.03	01:13:23.26	
465	449	MANUEL RODRIGUES	M	58	01:14:04.29	01:13:53.73	AA AGUALVA
466	655	JOAQUIM SANDE	M	57	01:14:05.78	01:13:21.40	
467	146	GRAÇA ROLDÃO	F	53	01:14:06.98	01:13:26.04	OS TUGAS
468	385	FERNANDO COSTA	M	47	01:14:08.99	01:13:06.10	LINDA-A-PASTORA SC
469	983	MIGUEL LOPES	M	41	01:14:11.40	01:13:47.10	99 PROVAS GRATUITAS
470	500	RUI VASQUES	M	51	01:14:13.75	01:13:51.36	CCDP MUN CASCAIS
471	1128	ROSA VASSINDULA	F	43	01:14:18.77	01:14:11.08	UA POVOENSE
472	783	ANDRÉ SILVA	M	28	01:14:19.17	01:13:18.12	
473	641	LUÍS ROMÃOZINHO	M	55	01:14:21.41	01:13:43.65	
474	231	PIERRE LOES	M	37	01:14:21.57	01:13:52.54	RUN 4 FUN



475	1086	FABIANO BORTOLOTTI	M	42	01:14:21.62	01:13:30.03	EMSA TEAM
476	452	RUI DIAS	M	39	01:14:22.00	01:13:56.06	MOVET
477	929	EURICO LOUREIRO	M	36	01:14:24.35	01:14:03.48	SS MONTEPIO
478	713	JOSÉ MORAIS	M	55	01:14:24.54	01:13:58.20	OS ZATOPEQUES
479	1085	STEVEN DUNLOP	M	43	01:14:24.87	01:13:32.86	EMSA TEAM
480	34	JOÃO P FERNANDES	M	37	01:14:26.97	01:14:01.43	CORRER LISBOA
481	339	HILÁRIO TORRES	M	57	01:14:29.16	01:13:29.01	RUN 4 FUN
482	997	JOSÉ AMARO	M	40	01:14:31.00	01:13:59.94	LIZ RUNNERS
483	1069	FIRMINO DUARTE	M	41	01:14:31.92	01:13:55.11	ADCR PJ
484	1030	CARLOS SIMÕES	M	38	01:14:33.56	01:14:21.82	VILA SECA RUN TEAM
485	441	ANTÓNIO MOREZO	M	57	01:14:34.08	01:14:20.22	AMIGOSDACORRIDA.COM
486	434	FERNANDA CAMACHO	F	46	01:14:34.20	01:14:14.74	CARRASCO&AMIGOS
487	645	IDALÉCIO BARROS	M	62	01:14:34.48	01:14:28.68	
488	1134	RUI NEVES	M	40	01:14:39.20	01:13:44.45	GÉMEOS BM
489	946	FERNANDO ANDRADE	M	62	01:14:40.07	01:13:43.70	TRANQUILIDADE AÇOREANA CLUBE
490	201	EDUARDO FIGUEIREDO	M	45	01:14:40.49	01:14:06.31	CLUBE NOVO BANCO
491	1191	JOÃO VALERIANO	M	23	01:14:40.84	01:13:43.93	
492	1053	PAULO GORDINHO	M	42	01:14:47.08	01:14:11.85	CÂMARA LISBOA CLUBE
493	273	FILIPE RAMALHO	M	36	01:14:50.58	01:14:33.80	CORRER SR GRANJA
494	541	JOSE ALMAS	M	46	01:14:56.36	01:14:35.19	GD SANTANDER TOTTA
495	1117	CARLOS FELICIO	M	46	01:14:57.32	01:14:45.99	UA POVOENSE
496	971	PAULO TRINDADE	M	42	01:14:59.74	01:14:42.21	O MUNDO DA CORRIDA
497	386	RICARDO MARQUES	M	28	01:15:01.42	01:15:01.42	DÁ-LE
498	771	ALEXANDRE REIS	M	56	01:15:01.81	01:14:29.78	C BENFICA ALG M MARTINS
499	296	ALMERINDO SILVA	M	57	01:15:01.96	01:14:29.43	ADC CATUJAL
500	107	FERNANDO MONTEIRO	M	46	01:15:03.29	01:14:30.43	SABUGUENSE
501	732	CARLOS TEIXEIRA	M	56	01:15:04.15	01:13:58.07	LEBRES E TARTARUGAS
502	1177	JOAQUIM ROSA	M	48	01:15:06.76	01:15:06.76	PM LISBOA
503	247	NEVES SILVA	M	64	01:15:08.96	01:14:30.75	C FERROV PORTUGAL
504	464	ANTÓNIO CORREIA	M	55	01:15:09.34	01:14:40.55	CRUZQUEBRADENSE SIMECQ
505	1175	RICARDO BORDALO	M	47	01:15:13.22	01:14:27.75	
506	1014	FILIPE PEDRO	M	38	01:15:13.63	01:14:09.93	
507	111	BRUNO FERNANDES	M	35	01:15:19.06	01:14:48.52	SIMITO
508	343	LUÍS SANTOS	M	44	01:15:19.43	01:15:04.33	



509	950	FERNANDO CELESTINO	M	58	01:15:20.52	01:14:30.89	TRANQUILIDADE AÇOREANA CLUBE
510	215	RICARDO RODRIGUES	M	45	01:15:23.00	01:15:11.33	CLUBE NOVO BANCO
511	15	TIAGO SILVA	M	39	01:15:29.01	01:15:29.01	
512	439	LUÍS COSTA	M	40	01:15:29.46	01:15:15.10	AMIGOSDACORRIDA.COM
513	431	VITOR REVEZ	M	57	01:15:31.12	01:14:15.02	CARRASCO&AMIGOS
514	867	JOÃO ALMEIDA	M	47	01:15:31.50	01:15:23.11	SS CGD
515	487	GABRIEL MARCONDES	M	28	01:15:31.74	01:14:09.68	
516	656	NUNO MOREIRA	M	35	01:15:32.97	01:15:12.84	ALVERCA URBAN RUNNERS
517	182	NUNO NUNES	M	42	01:15:35.33	01:15:07.81	
518	55	RUBEN SILVA	M	60	01:15:36.20	01:14:47.24	MARATONEIROS
519	1056	ERNESTO MONTEIRO	M	45	01:15:37.06	01:14:36.82	CÂMARA LISBOA CLUBE
520	460	ORLANDO SILVA	M	46	01:15:37.25	01:15:10.11	CRUZQUEBRADENSE SIMECQ
521	594	JOSÉ ALVES	M	58	01:15:37.25	01:14:37.60	STAL
522	847	ANTÓNIO GALHETO	M	68	01:15:39.41	01:15:35.18	
523	1090	PEDRO FERNANDES	M	39	01:15:41.50	01:14:36.77	
524	189	MANUEL SARAIVA	M	55	01:15:41.82	01:14:39.11	LINDA-A-PASTORA SC
525	307	JOÃO P CUNHA	M	19	01:15:44.82	01:15:22.81	CCDT METRO LX
526	233	RICARDO SANTOS	M	39	01:15:45.50	01:15:10.15	JANTATUDO
527	1201	ANTÓNIO G SOARES	M	54	01:15:48.37	01:15:02.77	
528	681	RUI PARÓLA	M	45	01:15:56.18	01:15:01.02	GD SBSI
529	864	FRANCISCO VIEIRA	M	48	01:15:56.43	01:15:29.15	SS CGD
530	572	RUI GRAÇA	M	54	01:15:59.16	01:15:08.54	CCD CREDITO AGRICOLA MUTUO
531	152	ANTÓNIO F ALMEIDA	M	54	01:16:02.97	01:14:58.46	VIA3RUNNERS
532	761	CARLOS SILVA	M	51	01:16:03.77	01:15:52.15	C BENFICA ALG M MARTINS
533	479	CLÁUDIA NOVAIS	F	49	01:16:04.87	01:15:43.40	
534	959	MÁRIO P LOPES	M	47	01:16:05.26	01:15:29.30	GD MPL
535	1112	KAL DA SILVA	M	49	01:16:05.70	01:15:52.57	CAPTAIN FLY
536	967	ALEXANDRE NEVES	M	42	01:16:06.39	01:15:02.75	
537	126	HÉLDER VALADAS	M	36	01:16:08.04	01:15:36.56	OS PERIGOSOS
538	298	RUI M MENDES	M	45	01:16:09.68	01:15:57.34	
539	917	JOSÉ A SILVA	M	44	01:16:10.54	01:15:53.58	
540	889	PAULO DUARTE	M	51	01:16:10.89	01:16:01.81	GDCT UNICRE
541	344	GERMANO BERNARDO	M	61	01:16:12.44	01:14:46.08	PRAZER DA CORRIDA
542	577	INES SANTOS	F	28	01:16:12.60	01:15:14.44	STAL



543	863	FRANCISCO CLÉRIGO	M	64	01:16:13.13	01:15:57.46	SS CGD
544	565	CARLOS F CORREIA	M	31	01:16:14.10	01:16:07.44	
545	99	RUI MESTRE	M	46	01:16:14.96	01:15:19.45	
546	769	ESTELA COSTA	F	42	01:16:19.79	01:15:42.57	C BENFICA ALG M MARTINS
547	119	VITOR MORAIS	M	58	01:16:21.49	01:15:27.61	
548	517	CARLOS COSTA	M	50	01:16:22.52	01:15:55.50	A VALE SILÊNCIO
549	516	ARMANDO ALMEIDA	M	57	01:16:22.84	01:15:57.09	A VALE SILÊNCIO
550	872	JOSÉ DIMAS	M	48	01:16:23.63	01:15:38.74	SS CGD
551	970	MIGUEL CASTELA	M	46	01:16:30.08	01:15:38.83	AA LEBRES SADO
552	566	NUNO S ALMEIDA	M	32	01:16:30.68	01:15:39.55	
553	470	RICARDO CAMPOS	M	41	01:16:38.53	01:15:29.60	CCD AT
554	529	PEDRO MARTINS	M	42	01:16:39.53	01:16:13.64	RB RUNNING
555	328	CARLOS ALVES	M	55	01:16:42.62	01:16:00.46	COITO RUNNING
556	1081	JOSÉ FINO GOMES	M	64	01:16:43.53	01:15:52.85	TEJAVISTA
557	932	JORGE COSTA	M	47	01:16:45.10	01:16:23.40	SS MONTEPIO
558	54	GONÇALO SILVA	M	39	01:16:50.35	01:16:01.07	MARATONEIROS
559	411	VALDAIR CASTRO	M	37	01:16:51.78	01:16:26.48	JOBRINDE MONTES SALOIOS
560	668	SANDRO PINTO	M	41	01:16:54.78	01:16:54.78	RUNLOVERS
561	212	PAULO GONÇALVES	M	49	01:16:54.90	01:16:24.58	CLUBE NOVO BANCO
562	699	NUNO BERTON	M	46	01:16:55.70	01:16:05.22	
563	1007	PAULO J ALMEIDA	M	43	01:16:56.40	01:16:14.64	
564	853	BRUNO DIAS	M	40	01:16:57.00	01:16:35.13	SS CGD
565	289	VITOR LOURENÇO	M	49	01:16:57.39	01:16:33.64	JOBRINDE MONTES SALOIOS
566	192	GERMANO MATOS	M	69	01:16:57.50	01:15:34.62	LINDA-A-PASTORA SC
567	890	VITOR CID	M	42	01:16:57.74	01:16:50.68	GDCT UNICRE
568	1063	EDUARDO MANSO	M	55	01:16:58.29	01:16:23.27	CÂMARA LISBOA CLUBE
569	1159	SARA GOMES	F	31	01:16:58.63	01:16:38.38	
570	76	RUI BRAZ	M	40	01:16:59.50	01:16:34.74	GDCT IN CASA MOEDA
571	74	JOSÉ LIBERATO	M	40	01:16:59.58	01:16:46.52	GDCT IN CASA MOEDA
572	214	PAULO VERÍSSIMO	M	49	01:17:00.78	01:16:31.23	CLUBE NOVO BANCO
573	651	LÚCIO MORAIS	M	57	01:17:02.16	01:16:00.22	CARRASCO&AMIGOS
574	1137	TIAGO A FERREIRA	M	29	01:17:06.03	01:16:06.41	CORRER LISBOA
575	1138	PATRÍCIA M FERREIRA	F	28	01:17:06.15	01:16:04.93	CORRER LISBOA
576	877	PAULO MARTINS	M	49	01:17:07.50	01:16:17.90	SS CGD



577	108	JOÃO LIMA	M	57	01:17:09.36	01:16:40.87	4 AO KM
578	25	DIOGO ARRAIAS	M	62	01:17:09.63	01:16:28.81	OS ARRAIAS
579	1046	JOÃO QUELHAS	M	27	01:17:11.04	01:16:39.19	STEFFAS
580	181	AGOSTINHO MARQUES	M	59	01:17:11.49	01:16:48.17	ASAS
581	1071	VIRGÍLIO OLIVEIRA	M	56	01:17:11.71	01:16:35.78	ADECR
582	784	HUGO PROENÇA	M	26	01:17:14.00	01:16:12.95	
583	331	LEONEL FREIRA	M	42	01:17:28.61	01:16:54.88	CAD A CORRER
584	39	LUIS POLIDO	M	43	01:17:30.00	01:17:19.11	
585	806	ANTÓNIO C NOVAS	M	38	01:17:30.93	01:16:23.00	
586	1129	ZULMIRA BELO	F	50	01:17:36.13	01:17:32.00	UA POVOENSE
587	1163	PEDRO MOLAR	M	39	01:17:36.16	01:16:40.41	BELÉM RUNNERS
588	158	ÁLVARO GOMES	M	43	01:17:37.03	01:17:26.23	
589	1259	DIOGO FRAGOSO	M	27	01:17:38.60	01:17:38.60	CC FISIOGASPAR
590	1280	JOSE REODRIGUES	M	57	01:17:42.37	01:17:42.37	
591	873	JOSÉ FERREIRA	M	61	01:17:43.16	01:16:58.76	SS CGD
592	1141	HÉLDER SANTOS	M	35	01:17:45.83	01:17:45.83	
593	941	NELSON MOTA	M	46	01:17:45.92	01:16:58.46	TRANQUILIDADE AÇOREANA CLUBE
594	67	JOSÉ ABREU	M	68	01:17:47.00	01:17:47.00	GDCT IN CASA MOEDA
595	851	SILVANO MONTEIRO	M	65	01:17:47.36	01:17:00.09	ARMADA TORREENSE
596	1102	RITA FERNANDES	F	23	01:17:48.99	01:17:22.00	MOVET
597	574	VITOR PEREIRA	M	54	01:17:53.48	01:17:16.10	STAL
598	1198	JAIME GOMES	M	60	01:17:54.50	01:17:32.36	SS MONTEPIO
599	1098	NELSON SANTOS	M	24	01:18:01.18	01:17:16.46	
600	205	JOÃO BATISTA	M	41	01:18:02.55	01:17:43.75	CLUBE NOVO BANCO
601	928	ANTÓNIO FRANCO	M	51	01:18:07.54	01:17:48.17	SS MONTEPIO
602	498	PAULO OLIVEIRA	M	48	01:18:08.46	01:17:45.03	CCDP MUN CASCAIS
603	66	ANTÓNIO NASCIMENTO	M	76	01:18:12.25	01:18:12.25	GDCT IN CASA MOEDA
604	506	FRANCISCO BANDO	M	66	01:18:14.13	01:17:53.01	
605	518	SANDRA BATISTA	F	41	01:18:14.35	01:18:14.35	A VALE SILÊNCIO
606	519	HERNÂNI SILVA	M	55	01:18:14.69	01:17:47.64	A VALE SILÊNCIO
607	883	SÉRGIO AMARAL	M	40	01:18:14.75	01:17:00.63	SS CGD
608	493	ISABEL VIEIRA	F	45	01:18:14.85	01:17:31.76	CCDP MUN CASCAIS
609	695	ANTÓNIO A M MOREIRA	M	53	01:18:16.96	01:17:38.99	
610	95	NUNO NUNES	M	42	01:18:18.68	01:17:09.84	CCD AT



611	677	JOSÉ LINDO	M	71	01:18:25.83	01:18:20.99	CA VALE FIGUEIRA
612	497	PAULA MACHADO	F	62	01:18:26.93	01:18:04.17	CCDP MUN CASCAIS
613	440	JOÃO COSTA	M	54	01:18:27.44	01:17:26.79	AMIGOSDACORRIDA.COM
614	913	LUÍS CARLOS SILVA	M	31	01:18:28.24	01:17:21.92	AGD ACADEMIA DO KORPO
615	1005	CARLOS GASOPO	M	53	01:18:28.41	01:17:45.31	AGD ACADEMIA DO KORPO
616	604	TAM AFONSO	M	60	01:18:29.52	01:18:20.05	TRANQUILIDADE AÇOREANA CLUBE
617	184	LUIS BARROS	M	46	01:18:31.29	01:17:17.77	
618	623	PAULO RODRIGUES	M	44	01:18:34.89	01:17:48.66	MULTIRUNNERS
619	795	JOSÉ P GONÇALVES	M	42	01:18:43.59	01:18:43.59	
620	1136	SÓNIA FIGUEIREDO	F	41	01:18:44.76	01:17:43.64	
621	1148	NUNO FERREIRA	M	40	01:18:47.28	01:18:14.96	C NOTURNA PARQUE NAÇÕES
622	835	VITOR MARTINS	M	66	01:18:49.50	01:18:31.91	
623	374	EDUARDO VILHENA	M	50	01:18:51.67	01:17:52.24	C MILLENNIUM BCP
624	1237	ANIBAL CARVALHO	M	65	01:18:56.58	01:18:15.14	
625	843	NOÉMIA MONTEIRO	F	42	01:18:57.89	01:18:18.35	
626	558	DIOGO VIVEIROS	M	28	01:19:01.23	01:18:06.66	GD SANTANDER TOTTA
627	881	RUI BRAZ	M	35	01:19:07.10	01:18:30.53	SS CGD
628	794	LUIS CONSTANTINO	M	34	01:19:07.45	01:19:07.45	
629	924	LUIS BRAZÃO	M	68	01:19:08.76	01:19:05.50	UNIDOS DA MANUTENÇÃO
630	1221	EUGENIA CID	F	45	01:19:10.36	01:19:00.94	
631	802	NELSON BARREIROS	M	48	01:19:10.97	01:18:54.68	COFINA RUNNERS
632	799	CLÁUDIO CARVALHO	M	28	01:19:11.80	01:18:35.92	COFINA RUNNERS
633	248	VALTER TEIXEIRA	M	48	01:19:13.49	01:18:34.95	C FERROV PORTUGAL
634	547	JOAO ROCHA	M	65	01:19:14.74	01:19:09.64	GD SANTANDER TOTTA
635	619	JOSÉ GALAMBA	M	67	01:19:15.69	01:18:11.77	VALEJAS AC
636	269	LUÍS TORRÃO	M	63	01:19:16.19	01:18:13.15	GDCT REPSOL POLÍMEROS
637	1147	FILIPA FERRO	F	39	01:19:17.28	01:18:25.30	
638	1110	VERA ALMEIDA	F	37	01:19:17.50	01:18:49.11	
639	508	MIGUEL AZEVEDO	M	46	01:19:17.64	01:18:36.36	
640	380	PAULO REVEZ	M	45	01:19:21.00	01:18:54.25	LESMA ALOPRADAS
641	1213	NUNO PINELA	M	38	01:19:22.89	01:19:08.93	MIROBRIGA TR
642	626	NUNO COSTA	M	42	01:19:23.14	01:18:39.33	MULTIRUNNERS
643	569	JOÃO VIEIRA	M	58	01:19:23.33	01:18:30.99	CCD CREDITO AGRICOLA MUTUO
644	813	FERNANDO SERRANO	M	47	01:19:25.32	01:18:56.67	C NOTURNA PARQUE NAÇÕES



645	1192	TELMO PINTO	M	32	01:19:29.31	01:18:55.44	CORRER LISBOA
646	224	ALICIA M ROJO	F	46	01:19:30.13	01:18:58.77	
647	399	VALTER NUNES	M	40	01:19:33.21	01:18:42.46	C COLAB AGEAS
648	852	PAULO ALVES	M	53	01:19:41.38	01:18:53.40	ARMADA TORREENSE
649	850	PEDRO M CORREIA	M	39	01:19:41.87	01:18:53.89	ARMADA TORREENSE
650	792	TIAGO MENDONÇA	M	38	01:19:42.81	01:19:14.49	
651	553	TIAGO CANHOTO	M	45	01:19:50.35	01:18:37.67	GD SANTANDER TOTTA
652	538	VERA DUARTE	F	44	01:19:50.43	01:19:27.06	CORRER LISBOA
653	1267	JOSE CANHOTO	M	68	01:19:50.98	01:19:50.98	
654	919	MANUEL MATOS	M	46	01:19:52.57	01:19:20.19	GA OS PATRÍCIOS
655	121	VITOR ABRANCHES	M	45	01:19:52.87	01:18:54.83	FALCÕES SELVAGENS
656	394	JOÃO F FRADE	M	45	01:19:54.56	01:19:19.39	C COLAB AGEAS
657	160	JOSÉ M MARTINS	M	58	01:19:56.21	01:19:42.27	
658	322	PAULO MONIZ	M	62	01:19:56.30	01:19:22.80	AGD ACADEMIA DO KORPO
659	454	ANA I MARQUES	F	47	01:19:57.24	01:19:23.70	
660	575	PAULO MENDES	M	53	01:19:59.70	01:19:21.99	STAL
661	306	ISABEL FRANÇA	F	44	01:20:01.50	01:19:39.88	CCDT METRO LX
662	301	ANTÓNIO GONÇALVES	M	51	01:20:02.29	01:19:40.27	CCDT METRO LX
663	1197	ANTÓNIO BAPTISTA	M	50	01:20:05.36	01:19:28.83	PELEGAS
664	1263	PAULO GONÇALVES	M	51	01:20:05.90	01:20:05.90	MARVILA JOVEM
665	308	JOSÉ P CUNHA	M	53	01:20:08.85	01:19:45.89	CCDT METRO LX
666	319	PEDRO GOMES	M	43	01:20:09.69	01:19:46.74	CCDT METRO LX
667	1119	FERNANDA NUNES	F	61	01:20:12.75	01:20:12.75	UA POVOENSE
668	1223	ANTONIO QUADROS	M	43	01:20:14.65	01:19:54.19	GEADAS RUNNING
669	567	BRUNO ROCHA	M	34	01:20:24.31	01:19:33.03	CCD CREDITO AGRICOLA MUTUO
670	159	CARLOS M MORAIS	M	51	01:20:24.34	01:19:22.49	
671	684	FRANCISCO SANTOS	M	53	01:20:25.36	01:20:04.01	AMIGOS DA MATINHA
672	685	JOSÉ FREIRE	M	60	01:20:25.41	01:20:03.83	AMIGOS DA MATINHA
673	242	RUI MACHADO	M	50	01:20:26.24	01:19:32.65	
674	167	PEDRO VARANDA	M	44	01:20:27.28	01:20:27.28	
675	168	ANA VARANDA	F	43	01:20:27.35	01:19:55.45	
676	413	LUIS R SILVA	M	50	01:20:29.77	01:19:21.47	CORRER LISBOA
677	320	RAFAEL SANTOS	M	50	01:20:30.39	01:19:48.90	CCDT METRO LX
678	1126	PAULA MADEIRA	F	32	01:20:32.62	01:20:12.24	UA POVOENSE



679	256	EUGÉNIO RUIVO	M	63	01:20:36.17	01:20:36.17	UNIDOS VENCERÃO
680	361	PEDRO PEREIRA	M	51	01:20:36.39	01:19:52.62	C MILLENNIUM BCP
681	349	MÁRIO B CAMPOS	M	68	01:20:38.80	01:19:46.72	C MILLENNIUM BCP
682	53	ALBERTO CARVALHO	M	59	01:20:41.36	01:19:51.71	MARATONEIROS
683	708	DIOGO GONÇALVES	M	26	01:20:42.94	01:19:48.76	ACDRS QUINHENDROS
684	562	IVO LIMA	M	40	01:20:44.82	01:20:14.24	GD SANTANDER TOTTA
685	1188	VITOR AGUILAR	M	66	01:20:48.93	01:20:37.02	RUN 4 FUN
686	118	Mª LEONOR ANTUNES	F	47	01:21:01.27	01:20:47.77	
687	657	HÉLDER LOURENÇO	M	45	01:21:03.96	01:20:53.15	ALVERCA URBAN RUNNERS
688	202	FERNANDO BRANDÃO	M	53	01:21:08.24	01:20:21.42	CLUBE NOVO BANCO
689	1241	TITO NASCIMENTO	M	36	01:21:08.96	01:20:01.54	
690	833	PAULO SOUSA	M	43	01:21:10.02	01:20:50.22	P3P
691	1075	RICARDO DIAS	M	30	01:21:12.53	01:20:31.65	
692	757	ANTONIO BOGAS	M	50	01:21:12.90	01:20:40.47	C BENFICA ALG M MARTINS
693	992	GONÇALO B MARQUES	M	40	01:21:13.60	01:20:18.07	GÊMEOS BM
694	692	VIRGÍLIO RODRIGUES	M	69	01:21:15.23	01:21:15.23	CD ESTRELA
695	704	ANDRÉ WIBORG	M	58	01:21:15.27	01:19:54.86	WL84
696	1062	DANIEL ANTUNES	M	55	01:21:15.93	01:19:55.44	CÂMARA LISBOA CLUBE
697	748	CHRISTIANE MONTEIRO	F	34	01:21:16.00	01:20:10.70	CASEBRE
698	335	TÂNIA GARCIA	F	30	01:21:16.72	01:20:33.61	
699	869	JOÃO P MARQUES	M	39	01:21:17.00	01:20:15.12	SS CGD
700	1174	JOÃO F DUARTE	M	27	01:21:17.37	01:20:34.87	
701	64	JOÃO FONSECA	M	30	01:21:23.51	01:20:13.78	CORRER LISBOA
702	318	PAULO GUEDES	M	44	01:21:26.50	01:20:41.01	CCDT METRO LX
703	324	PAULO PASCOAL	M	49	01:21:26.89	01:20:42.18	
704	50	PAULO BORGES	M	48	01:21:26.93	01:20:38.90	MARATONEIROS
705	58	ÁLVARO VIEIRA	M	55	01:21:27.49	01:20:38.19	MARATONEIROS
706	206	JORGE MONTEIRO	M	50	01:21:36.24	01:20:43.14	CLUBE NOVO BANCO
707	210	MANUEL ANASTÁCIO	M	47	01:21:36.56	01:20:42.84	CLUBE NOVO BANCO
708	705	PAULO SILVA	M	34	01:21:38.79	01:20:44.13	ACDRS QUINHENDROS
709	979	ANTÓNIO MELGÃO	M	37	01:21:39.28	01:20:46.63	
710	610	SUSANA GOMES	F	48	01:21:39.34	01:20:52.41	VALEJAS AC
711	340	ISABEL NUNES	F	45	01:21:39.91	01:21:19.62	CORRER LISBOA
712	418	LUIS C ALMEIDA	M	46	01:21:40.33	01:21:10.35	



713	951	EVA ROSA	F	47	01:21:40.68	01:21:16.79	CD MOITENSE
714	226	SÓNIA NEVES	F	41	01:21:41.38	01:21:24.07	
715	244	CARLOS M GOMES	M	45	01:21:47.23	01:20:44.58	
716	63	RUI A PINTO	M	41	01:21:48.02	01:21:13.05	
717	227	CARLOS M TAVARES	M	43	01:21:51.56	01:21:33.88	
718	336	ANTÓNIO TEIXEIRA	M	39	01:21:52.16	01:21:40.71	
719	478	CHEILA DIAS	F	29	01:21:55.71	01:21:33.33	UFCI TOMAR
720	722	JOSÉ FREITAS	M	38	01:21:56.34	01:21:08.57	ÁGUAS LIVRES CANEÇAS
721	587	JOÃO ALVES	M	56	01:21:56.88	01:21:18.16	STAL
722	990	DAVID J ALMEIDA	M	45	01:21:57.28	01:21:03.50	
723	366	MARCOS NORITAKE	M	50	01:21:59.35	01:21:12.46	C MILLENNIUM BCP
724	621	JOSÉ FINURAS	M	46	01:22:00.47	01:21:10.77	MULTIRUNNERS
725	630	SEVERO MELO	M	51	01:22:00.85	01:21:16.78	MULTIRUNNERS
726	442	ANTÓNIO BELO	M	72	01:22:01.39	01:21:00.43	AMIGOSDACORRIDA.COM
727	147	LURDES SILVA	F	48	01:22:01.71	01:21:20.78	OS TUGAS
728	314	MÁRIO GONÇALVES	M	51	01:22:01.88	01:21:39.31	CCDT METRO LX
729	548	LINO OLIVEIRA	M	71	01:22:03.42	01:21:58.35	GD SANTANDER TOTTA
730	584	MANUEL TEIXEIRA	M	61	01:22:07.49	01:21:35.05	STAL
731	332	VITOR GONZAS	M	50	01:22:07.66	01:21:28.52	PIRATE RUNNERS
732	1219	GENINHA ANDRADE	F	38	01:22:09.51	01:21:16.33	
733	287	JOÃO ALBERTO	M	50	01:22:09.79	01:21:44.57	JOBRINDE MONTES SALOIOS
734	397	TITO TEIXEIRA	M	39	01:22:16.62	01:21:41.58	C COLAB AGEAS
735	185	SÓNIA BEATO	F	37	01:22:23.06	01:22:14.83	LINDA-A-PASTORA SC
736	991	JORGE B MARQUES	M	40	01:22:23.45	01:21:27.30	GÉMEOS BM
737	187	CARLOS BEATO	M	44	01:22:23.96	01:22:16.41	LINDA-A-PASTORA SC
738	598	JOAQUIM COSTA	M	56	01:22:25.83	01:21:42.76	AMIGOS DA CORRIDA
739	207	JÚLIO FERREIRA	M	62	01:22:25.94	01:22:07.46	CLUBE NOVO BANCO
740	601	JOSÉ NEVES	M	49	01:22:25.95	01:21:44.67	AMIGOS DA CORRIDA
741	602	AFONSO PIRES	M	49	01:22:26.24	01:21:43.41	AMIGOS DA CORRIDA
742	597	Mª JOÃO VAZ	F	51	01:22:26.69	01:21:44.09	AMIGOS DA CORRIDA
743	436	PEDRO R SILVA	M	37	01:22:29.60	01:21:16.71	TALENTO PARA CORRER
744	35	MIGUEL MARQUES	M	56	01:22:30.51	01:21:43.66	
745	352	LEONEL BRANDÃO	M	49	01:22:34.46	01:21:59.67	C MILLENNIUM BCP
746	426	GILBERTO GONÇALVES	M	68	01:22:34.52	01:21:58.78	



747	101	LUIS ABRUNHOSA	M	49	01:22:35.40	01:22:24.41	
748	842	NUNO MADUREIRA	M	36	01:22:35.97	01:22:30.16	
749	633	FREDERICO MANUEL	M	37	01:22:36.91	01:21:55.15	MULTIRUNNERS
750	116	AUGUSTO CARIA	M	64	01:22:45.62	01:22:33.98	
751	745	CRISTINA DE LACERDA	F	45	01:22:45.77	01:22:24.65	C PRAÇAS ARMADA
752	1258	CELIA SILVEIRA	F	45	01:22:46.00	01:22:46.00	
753	815	CARLOS DIAS	M	61	01:22:49.28	01:22:25.47	C NOTURNA PARQUE NAÇÕES
754	1229	GINA CHEIO	F	46	01:22:50.76	01:22:37.41	SS CGD
755	765	ANA MARTINS	F	44	01:22:54.98	01:22:39.80	C BENFICA ALG M MARTINS
756	759	ARNALDO MACHADO	M	66	01:22:55.47	01:22:55.47	C BENFICA ALG M MARTINS
757	753	VITOR SILVA	M	50	01:22:55.65	01:22:40.66	C BENFICA ALG M MARTINS
758	1204	VITOR MELO	M	55	01:22:58.75	01:22:49.50	
759	491	CLÁUDIA BICO	F	37	01:23:01.44	01:22:31.89	CCDP MUN CASCAIS
760	868	JOÃO CORREIA	M	55	01:23:02.56	01:22:18.18	SS CGD
761	703	TOMÁS WIBORG	M	47	01:23:03.07	01:21:43.07	WL84
762	822	FERNANDO MARQUES	M	68	01:23:03.93	01:22:44.17	C NOTURNA PARQUE NAÇÕES
763	524	JOSÉ PEREIRA	M	70	01:23:04.44	01:22:10.09	A VALE SILÊNCIO
764	628	JOÃO REBOCHO	M	44	01:23:07.77	01:22:22.47	MULTIRUNNERS
765	731	CARLOS GONÇALVES	M	60	01:23:08.73	01:22:00.33	LEBRES E TARTARUGAS
766	1103	MARCO CACHINHO	M	37	01:23:10.29	01:22:28.65	KANINOS
767	1023	BRUNO CLARO	M	27	01:23:11.48	01:22:01.16	CORRER LISBOA
768	333	BRUNO ABRANTES	M	41	01:23:12.84	01:22:31.52	FALCÕES SELVAGENS
769	26	SANDRA ARRAIAS	F	36	01:23:12.88	01:22:31.58	OS ARRAIAS
770	1079	FREDERIC SERRE	M	49	01:23:13.65	01:22:23.04	OS ZATOPEQUES
771	44	SÓNIA DANTAS	F	38	01:23:18.23	01:22:43.69	
772	476	PAULO DIAS	M	52	01:23:24.02	01:23:03.12	
773	615	JOÃO REIS	M	52	01:23:25.67	01:22:39.39	VALEJAS AC
774	77	PAULO SOUSA	M	43	01:23:25.84	01:23:00.71	GDCT IN CASA MOEDA
775	1236	SUSANA AMORIM	F	31	01:23:26.93	01:23:06.28	
776	40	MANUEL CLEMENTE	M	67	01:23:28.43	01:22:22.57	
777	262	ANA MONTEIRO	F	30	01:23:29.52	01:22:41.42	SFUAP
778	260	MÁRIO ALVES	M	61	01:23:29.73	01:22:41.25	SFUAP
779	1170	MANUEL TIAGO	M	55	01:23:31.80	01:22:26.02	
780	642	JOÃO MALHA	M	37	01:23:35.93	01:22:50.29	



781	789	MIGUEL TEIXEIRA	M	38	01:23:38.96	01:23:08.98	RUNNING OF D MARIA
782	617	RICARDO LAMPREIA	M	39	01:23:39.79	01:22:30.56	VALEJAS AC
783	1156	JORGE BICHO	M	57	01:23:49.45	01:23:49.45	4 A FUNDO
784	127	JOSÉ PEREIRA	M	60	01:23:52.25	01:23:21.11	OS PERIGOSOS
785	138	VIRGÍLIA FREIRE	F	51	01:23:53.28	01:23:09.15	
786	826	ANTONIO LIMA	M	54	01:24:00.19	01:24:00.19	
787	582	JOÃO MONTES	M	52	01:24:03.90	01:23:19.57	STAL
788	866	HUGO VENÂNCIO	M	38	01:24:05.21	01:23:43.54	SS CGD
789	373	CARLOS FERNANDES	M	52	01:24:05.39	01:23:51.53	C MILLENNIUM BCP
790	52	JOÃO CORREIA	M	48	01:24:07.79	01:23:20.29	MARATONEIROS
791	379	PAULO ANTUNES	M	49	01:24:11.65	01:23:59.05	LESMAS ALOPRADAS
792	1193	ANA OLIVEIRA	F	27	01:24:13.72	01:23:12.18	
793	450	TEODORO TRINDADE	M	55	01:24:13.82	01:23:13.50	RUN 4 FUN
794	1113	JOÃO P COELHO	M	32	01:24:13.84	01:22:35.83	
795	504	JORGE PAULO	M	58	01:24:13.88	01:23:14.83	RUN 4 FUN
796	735	JAIME AFONSO	M	52	01:24:16.12	01:23:58.20	CLUBE ANACOM
797	727	FRANCISCO COSTA	M	59	01:24:18.19	01:23:45.56	
798	859	CLAUDIA LOURENÇO	F	46	01:24:21.59	01:23:34.42	SS CGD
799	68	MARCO CARVALHO	M	40	01:24:23.03	01:23:19.62	GDCT IN CASA MOEDA
800	1048	FREDERICO CARVALHO	M	27	01:24:23.36	01:23:20.11	STEFFAS
801	1066	DANIEL OLIVEIRA	M	61	01:24:24.71	01:23:49.40	CÂMARA LISBOA CLUBE
802	239	MARÍLIA RIBEIRO	F	33	01:24:26.69	01:23:16.95	TOKANDAR
803	240	DAVID BARBOTIN	M	32	01:24:26.97	01:23:17.64	TOKANDAR
804	679	FILIPE P LOUREIRO	M	54	01:24:29.05	01:24:01.79	GD SBSI
805	477	DIANA PEREIRA	F	26	01:24:29.90	01:24:07.23	
806	730	JOÃO VALÉRIO	M	62	01:24:30.45	01:23:21.16	LEBRES E TARTARUGAS
807	416	MIGUEL VIVAS	M	24	01:24:31.62	01:23:33.39	OS BILHUDOS
808	1047	MÁRIO FETEIRA	M	27	01:24:33.91	01:24:01.43	STEFFAS
809	241	JOSÉ L CORREIA	M	57	01:24:35.53	01:24:06.33	NAVRUNNERS
810	1022	RODOLFO RAPAÇ	M	45	01:24:39.61	01:23:34.73	
811	1077	ANDRÉ FONSECA	M	36	01:24:43.62	01:23:50.81	
812	930	HÉLDER PALMA	M	46	01:24:45.36	01:24:03.65	SS MONTEPIO
813	805	VIRGÍLIO FERRAZ	M	68	01:24:48.35	01:23:55.37	FALCÕES DO CHILE
814	1065	JOÃO FIGUEIREDO	M	60	01:24:48.44	01:24:14.41	CÂMARA LISBOA CLUBE



815	406	JORGE PEREIRA	M	53	01:24:51.63	01:23:36.01	
816	1125	MARISA COSTA	F	37	01:24:54.57	01:24:45.79	UA POVOENSE
817	1120	INÉS ARRENEGA	F	42	01:24:55.07	01:24:38.69	UA POVOENSE
818	100	RICARDO J RODRIGUES	M	33	01:24:55.88	01:23:43.72	
819	350	VIRGÍLIO FERREIRA	M	62	01:24:56.22	01:24:04.66	C MILLENNIUM BCP
820	1121	JOSÉ FERREIRA	M	37	01:24:56.83	01:24:45.97	UA POVOENSE
821	448	MANUEL EMÍDIO	M	60	01:24:57.18	01:24:41.78	AA AGUALVA
822	484	VITÓRIA MONTEIRO	F	64	01:25:02.77	01:24:48.49	GRD OS FIXES
823	830	JOSÉ GOMES	M	47	01:25:05.86	01:24:42.98	C NOTURNA PARQUE NAÇÕES
824	1003	MARIA FATUDA	F	61	01:25:13.21	01:25:00.48	CARRASCO&AMIGOS
825	456	ELISABETE ASSUNÇÃO	F	47	01:25:17.08	01:25:17.08	
826	391	JOÃO CRAVO	M	32	01:25:21.98	01:24:53.33	4 AO KM
827	690	ARMANDO TAVARES	M	68	01:25:22.61	01:24:30.53	CD ESTRELA
828	894	LUÍS CATITA	M	59	01:25:23.28	01:24:54.66	MOVET
829	965	LUIS PROENÇA	M	47	01:25:24.72	01:24:30.51	
830	364	AUGUSTO LOURENÇO	M	54	01:25:27.33	01:24:49.75	C MILLENNIUM BCP
831	355	LUÍS SILVA	M	48	01:25:29.42	01:24:35.59	C MILLENNIUM BCP
832	790	SANDRA CARDOSO	F	44	01:25:29.95	01:24:28.92	
833	711	RICARDO SANTOS	M	24	01:25:30.73	01:25:03.22	C BENFICA CASTELO BRANCO
834	1105	NUNO PEREIRA	M	45	01:25:33.08	01:25:23.37	SC CASAÍNHOS
835	257	ADALBERTO GRILO	M	55	01:25:33.76	01:25:33.76	RUN 4 FUN
836	258	NUNO MOLERO	M	44	01:25:34.82	01:25:23.27	
837	1173	SÓNIA ARRUDA	F	40	01:25:35.18	01:25:19.17	WIKABOO
838	485	JORGE OLIVEIRA	M	54	01:25:37.02	01:24:49.78	GRD OS FIXES
839	734	JOSÉ PINTO	M	41	01:25:45.35	01:24:34.15	CLUBE ANACOM
840	955	LUCIANO REIS	M	57	01:25:46.30	01:24:59.85	
841	461	CELESTE ALMEIDA	F	47	01:25:46.50	01:25:18.86	CRUZQUEBRADENSE SIMECQ
842	458	LUIS COELHO	M	53	01:25:47.24	01:25:20.27	CRUZQUEBRADENSE SIMECQ
843	407	VITOR COLELA	M	45	01:25:47.48	01:24:32.10	
844	1247	MARRCO FERNANDES	M	28	01:25:48.44	01:25:48.44	RUN FOR FRIENDS
845	1055	JOÃO PEREIRA	M	46	01:25:48.64	01:24:57.48	CÂMARA LISBOA CLUBE
846	97	ALEXANDRA GUERREIRO	F	43	01:25:48.92	01:24:40.09	CCD AT
847	178	ISAAC DINIS	M	66	01:25:55.75	01:24:54.48	ASAS
848	767	NATALIE MARCHEVA	F	51	01:25:56.38	01:25:42.19	C BENFICA ALG M MARTINS



849	1253	JOSE VERMELHUDO	M	57	01:25:57.22	01:25:57.22	AERORUNNERS
850	796	HENRIQUE FERREIRA	M	36	01:26:03.33	01:24:47.31	
851	438	Mª JOÃO FERNANDES	F	59	01:26:03.98	01:25:02.14	AMIGOSDACORRIDA.COM
852	468	PAULA LEITÃO	F	43	01:26:08.70	01:25:40.85	CRUZQUEBRADENSE SIMECQ
853	614	ANA RAPOSO	F	42	01:26:19.56	01:25:32.25	VALEJAS AC
854	999	MIGUEL MARQUES	M	39	01:26:23.31	01:25:44.19	GURU RUNNING
855	1082	JOÃO PARRA	M	61	01:26:25.98	01:25:34.27	TEJAVISTA
856	1167	CATARINA VARGES	F	43	01:26:26.56	01:25:32.83	AA LEBRES DO SADO
857	787	PAULO MARTINS	M	49	01:26:35.56	01:26:07.44	RUNNING OF D MARIA
858	786	JORGE FERREIRA	M	52	01:26:35.64	01:26:07.40	RUNNING OF D MARIA
859	841	CARLA P FERNANDES	F	41	01:26:36.58	01:26:12.01	CCDT MUN ODIVELAS
860	268	MANUEL SEQUEIRA	M	66	01:26:38.89	01:25:38.74	GDCT REPSOL POLÍMEROS
861	57	ANÍBAL COSTA	M	44	01:26:39.10	01:25:42.57	MARATONEIROS
862	1255	PATRICIA DINIS	F	48	01:26:41.92	01:26:41.92	
863	125	MANUEL GOMES	M	51	01:26:42.91	01:26:28.56	CLUBE MARGINAL
864	193	FRANCISCO RIBEIRO	M	66	01:26:42.95	01:25:32.12	
865	124	FRANCISCO COITO	M	64	01:26:43.78	01:26:30.08	CLUBE MARGINAL
866	721	ANDREIA OLIVEIRA	F	38	01:26:44.98	01:25:53.25	GEORUNNERS PORTUGAL
867	717	ELISIO COSTA	M	60	01:26:50.68	01:26:11.61	OS ZATOPEQUES
868	903	EDUARDO AMORIM	M	45	01:26:53.99	01:25:48.65	
869	1196	JOÃO FOUTO RITA	M	59	01:26:54.51	01:26:18.31	PELEGAS
870	443	DOMINGOS DURO	M	72	01:26:57.14	01:25:55.71	AMIGOSDACORRIDA.COM
871	135	CLÁUDIA SANTOS	F	32	01:26:57.73	01:26:13.61	
872	353	EDUARDO PINTO	M	48	01:26:58.50	01:26:13.36	C MILLENNIUM BCP
873	1070	JOSÉ BOUCEIRO	M	52	01:26:59.54	01:26:22.64	ADCR PJ
874	1155	JOSÉ CATITA	M	58	01:26:59.83	01:26:21.86	
875	1008	CRISTINA R FERNANDEZ	F	33	01:27:06.34	01:26:03.50	
876	1195	SANDRA SILVA	F	40	01:27:15.42	01:25:57.29	
877	901	VASCO SANTOS	M	57	01:27:15.93	01:26:04.02	GD BANCO BPI
878	902	JORGE NUNES	M	39	01:27:16.65	01:26:04.57	GD BANCO BPI
879	938	JOAQUIM FERNANDES	M	41	01:27:16.91	01:26:04.71	
880	600	ANTÓNIO AFONSO	M	58	01:27:17.26	01:26:34.90	AMIGOS DA CORRIDA
881	204	JOÃO ANTUNES	M	29	01:27:17.70	01:26:38.04	CLUBE NOVO BANCO
882	65	ANTÓNIO GASPAR	M	73	01:27:18.73	01:26:13.65	GDCT IN CASA MOEDA



883	860	ESMERALDO PEREIRA	M	70	01:27:19.48	01:26:25.96	SS CGD
884	726	SANDRA TRIÃES	F	34	01:27:26.79	01:26:53.25	
885	1186	NUNO COSTA	M	43	01:27:26.97	01:26:52.68	
886	978	ISABEL SANTOS	F	49	01:27:29.55	01:27:29.55	LOURDETE PERFUMARIAS
887	21	JOSÉ L AGAPITO	M	38	01:27:30.64	01:26:21.85	PERNAS DE GAFANHOTO
888	435	HELENA SOUSA	F	56	01:27:33.44	01:27:13.34	CARRASCO&AMIGOS
889	368	DULCE RAMOS	F	47	01:27:37.01	01:27:12.31	C MILLENNIUM BCP
890	963	VALTER LIMA	M	42	01:27:50.94	01:26:37.42	
891	295	MANUEL RODRIGUES	M	56	01:28:02.59	01:27:46.32	CATERINGPOR
892	492	DIOGO HENRIQUES	M	18	01:28:03.13	01:27:38.45	CCDP MUN CASCAIS
893	156	JOÃO GODINHO	M	40	01:28:04.32	01:26:50.45	AROO
894	155	NUNO MARTINS	M	40	01:28:05.05	01:26:51.48	AROO
895	1158	MATEUS SOSSAI	M	29	01:28:05.51	01:26:44.51	
896	481	RICARDO PATO	M	37	01:28:13.05	01:27:33.03	
897	710	Mª CATARINA MORADIAS	F	23	01:28:17.39	01:27:49.39	C BENFICA CASTELO BRANCO
898	749	PAULO MARTINS	M	48	01:28:20.30	01:27:15.98	CASEBRE
899	32	JOSÉ M SOUSA	M	32	01:28:22.24	01:27:29.14	
900	285	VANESSA SOUSA	F	36	01:28:26.40	01:27:44.13	CORRER SR GRANJA
901	245	MARTINS BARATA	M	73	01:28:26.53	01:27:49.49	C FERROV PORTUGAL
902	1019	ISABEL AMORIM	F	29	01:28:27.74	01:27:54.89	CORRER LISBOA
903	1068	PAULA LEITÃO	F	43	01:28:34.55	01:27:59.21	CÂMARA LISBOA CLUBE
904	1238	CELIA GIL	F	46	01:28:34.74	01:27:38.57	
905	1210	SANDRA BAPTISTA	F	44	01:28:35.34	01:27:26.68	CORRER LISBOA
906	1209	ANTÓNIO IRIA	M	48	01:28:35.89	01:27:27.87	CORRER LISBOA
907	396	PAULO FIGUEIREDO	M	35	01:28:42.20	01:27:51.63	C COLAB AGEAS
908	664	HELENA LEITÃO	F	47	01:28:48.04	01:28:23.41	RUNLOVERS
909	1279	VITOR RODRIGUES	M	60	01:28:55.65	01:28:55.65	
910	1266	MARTINHO DIAS	M	40	01:29:09.00	01:29:09.00	CORRER LISBOA
911	1078	MARCO SILVA	M	31	01:29:19.34	01:28:27.89	OS ZATPEQUES
912	1080	GONÇALO SEABRA	M	39	01:29:24.05	01:28:32.91	OS ZATPEQUES
913	43	JOÃO MARQUES	M	40	01:29:25.42	01:28:51.86	
914	1264	NUNO LOUREIRO	M	50	01:29:27.44	01:29:27.44	FALCÕES SELVAGENS
915	263	MANUELA BARRETO	F	46	01:29:27.75	01:28:29.43	FALCÕES SELVAGENS
916	993	FRANCISCO SILVA	M	56	01:29:28.22	01:28:29.59	FALCÕES SELVAGENS



917	109	AURÉLIO CALADO	M	68	01:29:29.92	01:28:26.87	4 AO KM
918	583	MANUEL OLIVEIRA	M	76	01:29:29.97	01:28:33.83	STAL
919	546	PAULA FIGUEIREDO	F	59	01:29:30.12	01:28:33.15	GD SANTANDER TOTTA
920	544	ANTONIO CASTRO	M	47	01:29:33.84	01:28:36.11	GD SANTANDER TOTTA
921	1202	FERNANDO CASTANHEIRA	M	67	01:29:37.26	01:28:32.56	
922	325	MARCOS MADEIRA	M	42	01:29:40.92	01:28:42.55	
923	1021	CARLA OLIVEIRA	F	42	01:29:47.81	01:29:31.15	
924	1142	ANE B MARQUES	F	44	01:29:48.03	01:29:16.31	
925	243	FRANCISCO RAFAEL	M	42	01:30:10.34	01:29:32.12	
926	213	PAULO RICARDO	M	49	01:30:17.02	01:29:30.59	CLUBE NOVO BANCO
927	383	VASCO LAVADO	M	41	01:30:17.21	01:29:15.22	LEZÍRIA RUNNERS
928	952	CARLOS PÁSCOA	M	62	01:30:19.44	01:30:19.44	
929	16	AUGUSTO T FERREIRA	M	68	01:30:20.22	01:30:20.22	
930	229	ANDRY POLITYLO	M	39	01:30:31.96	01:30:01.40	PERENE RUN
931	758	JOAQUIM MONICA	M	59	01:30:32.09	01:29:43.76	C BENFICA ALG M MARTINS
932	378	ARMANDO CORREIA	M	65	01:30:35.16	01:29:35.40	LESMAS ALOPRADAS
933	1012	JOÃO CASTRO	M	57	01:30:35.23	01:30:28.19	CLUBE ANACOM
934	1084	ANA PINTO	F	23	01:30:37.04	01:30:17.80	
935	382	RUI ALMEIDA	M	40	01:30:39.05	01:29:37.97	LEZÍRIA RUNNERS
936	698	JEREMIAS RIBEIRO	M	74	01:30:42.93	01:29:48.20	
937	230	BRUNO PEREIRA	M	39	01:30:43.11	01:29:32.20	PERENE RUN
938	486	PAULA ALMEIDA	F	45	01:30:43.19	01:29:20.87	
939	471	JORGE CRUZ	M	45	01:30:48.73	01:30:00.08	
940	1250	RAMIRO MIGUEL	M	71	01:30:50.56	01:30:50.56	
941	1153	PAULO NEVES	M	39	01:30:52.49	01:29:54.09	
942	1031	ARMANDO GONÇALVES	M	64	01:30:53.65	01:29:59.53	CCDT AUT ALMADA
943	768	PATRICIA PEDRO	F	52	01:30:55.72	01:30:16.28	C BENFICA ALG M MARTINS
944	300	JOAQUIM C PINTO	M	58	01:30:58.80	01:30:04.29	
945	166	Mª ALCINA CORREIA	F	63	01:30:59.17	01:30:05.00	GD O INDEPENDENTE
946	793	CÉLIA FRANCISCO	F	44	01:30:59.27	01:30:05.48	
947	290	NUNO NOGUEIRA	M	41	01:31:04.06	01:30:50.10	
948	424	OSVALDO PIRES	M	33	01:31:07.29	01:30:30.93	CASCAIS NIGHT RUNNERS
949	804	ANDRÉ FERREIRA	M	31	01:31:07.60	01:30:31.37	COFINA RUNNERS
950	1087	ANN MCPHERSON	F	38	01:31:07.99	01:30:15.72	EMSA TEAM



951	831	PEDRO FERREIRA	M	47	01:31:10.24	01:30:38.06	C NOTURNA PARQUE NAÇÕES
952	412	DANIEL RAMOS	M	40	01:31:12.27	01:30:47.70	JOBRINDE MONTES SALOIOS
953	986	MARIA MAGRO	F	43	01:31:12.67	01:30:47.12	JOBRINDE MONTES SALOIOS
954	827	JOAO G ALCANTARA	M	52	01:31:18.65	01:30:47.88	C NOTURNA PARQUE NAÇÕES
955	1262	ESMERALDA RAMALHO	F	45	01:31:21.82	01:31:21.82	
956	376	JOSÉ ROCHA	M	49	01:31:22.83	01:30:12.59	C MILLENNIUM BCP
957	377	Mª ROCHA RODRIGUES	F	29	01:31:22.99	01:30:13.15	C MILLENNIUM BCP
958	832	ALBERTO SANTOS	M	56	01:31:24.38	01:31:02.79	C NOTURNA PARQUE NAÇÕES
959	807	GONÇALO LOUREIRO	M	40	01:31:29.88	01:30:44.73	RUN FOR 2
960	1194	JOSÉ P RODRIGUES	M	39	01:31:40.53	01:30:39.95	
961	764	FERNANDO FERREIRA	M	78	01:31:42.80	01:31:27.26	C BENFICA ALG M MARTINS
962	785	LUIS C SILVA	M	43	01:31:49.37	01:31:06.15	TRANQUILIDADE AÇOREANA CLUBE
963	1097	PEDRO REBELO	M	34	01:31:52.36	01:31:41.10	OS RESISTENTES
964	893	GONÇALO OLIVEIRA	M	55	01:31:56.46	01:31:46.69	GDCT UNICRE
965	533	Mª JOÃO SIMÕES	F	48	01:31:59.52	01:31:03.04	
966	968	SÓNIA CRUZ	F	41	01:32:02.88	01:31:00.17	
967	1149	SANDRA PIRES	F	44	01:32:03.49	01:31:35.00	C NOTURNA PARQUE NAÇÕES
968	814	SANDRA PIRES	F	45	01:32:04.68	01:31:36.77	C NOTURNA PARQUE NAÇÕES
969	729	CELSE PEREIRA	M	38	01:32:05.90	01:30:58.01	SRCD TESOUREIRA
970	556	LUIS GATINHO	M	49	01:32:06.16	01:31:35.45	GD SANTANDER TOTTA
971	728	ANTÓNIO L PEREIRA	M	42	01:32:06.24	01:30:58.41	SRCD TESOUREIRA
972	849	RUBEN GUERREIRO	M	24	01:32:09.44	01:31:12.61	
973	163	RUI PAULO REIS	M	47	01:32:17.73	01:31:42.33	
974	342	ROSA MARQUES	F	43	01:32:18.99	01:32:03.55	
975	550	JOSE RIBEIRO	M	72	01:32:24.04	01:31:12.82	GD SANTANDER TOTTA
976	674	RUI LUIS	M	60	01:32:27.39	01:31:52.80	CA VALE FIGUEIRA
977	1067	ANABELA MEIA-VIA	F	48	01:32:29.77	01:31:55.92	CÂMARA LISBOA CLUBE
978	848	TIAGO S BARRA	M	24	01:32:34.52	01:31:37.50	
979	48	PAULO D SILVA	M	41	01:32:36.76	01:31:46.08	
980	570	PAULA NETO	F	52	01:32:39.25	01:31:44.80	CCD CREDITO AGRICOLA MUTUO
981	392	ALEXANDRA PESTANA	F	44	01:32:41.90	01:31:34.73	
982	393	NELSON COSTA	M	46	01:32:42.74	01:31:34.72	
983	1006	TIAGO PEREIRA	M	36	01:32:47.04	01:32:18.11	
984	47	ALBERTINO SOARES	M	54	01:32:47.71	01:31:31.36	



985	809	ANTÓNIO MENDES	M	58	01:32:55.23	01:31:57.73	
986	810	ZAIDA MENDES	F	58	01:32:55.45	01:31:57.51	
987	605	MARISA SIMÕES	F	52	01:32:56.93	01:31:43.18	VALEJAS AC
988	606	ILDA SIMÕES	F	45	01:32:57.12	01:31:42.79	VALEJAS AC
989	611	Mª JOÃO FRANCO	F	42	01:32:57.54	01:31:44.54	VALEJAS AC
990	223	PALOMA B CASES	F	46	01:33:00.65	01:32:29.01	
991	176	CARLA FERNANDES	F	38	01:33:05.07	01:32:02.79	ASAS
992	180	RUBEN COUTO	M	35	01:33:05.80	01:32:03.91	ASAS
993	60	MILENA ALÍPIO	F	48	01:33:09.31	01:32:13.20	C ÓPTICO STº ANDRÉ
994	766	PAULA SOARES	F	46	01:33:10.45	01:32:27.96	C BENFICA ALG M MARTINS
995	845	VANDA COVAS	F	36	01:33:15.53	01:32:05.10	CORRER LISBOA
996	59	SANDRA ATALHO	F	45	01:33:20.57	01:32:24.02	C ÓPTICO STº ANDRÉ
997	603	CLÁUDIA TAM	F	35	01:33:20.69	01:32:16.76	TRANQUILIDADE AÇOREANA CLUBE
998	329	CARLOS TOMAZ	M	42	01:33:23.74	01:32:41.74	COITO RUNNING
999	18	LUIS MARQUES	M	61	01:33:28.72	01:33:28.72	
1000	933	LUIS FARINHA	M	48	01:33:28.93	01:32:46.15	SS MONTEPIO
1001	19	ISMAEL GERALDES	M	62	01:33:30.34	01:33:30.34	
1002	920	MÁRIO LIMA	M	64	01:33:34.19	01:32:25.14	O MUNDO DA CORRIDA
1003	1234	MARCO BAPTISTA	M	39	01:33:35.06	01:32:29.21	SS CGD
1004	1233	ANA BAPTISTA	F	36	01:33:36.55	01:32:30.28	SS CGD
1005	1181	RICARDO MIRANDA	M	36	01:33:37.79	01:32:25.25	SANDRO FERRONE
1006	1059	CARLOS FERREIRA	M	52	01:33:38.53	01:32:23.92	CÂMARA LISBOA CLUBE
1007	1049	DIOGO FERREIRA	M	44	01:33:43.67	01:33:08.10	CCD TRANQUILIDADE
1008	222	EDUARDO MOUTINHO	M	48	01:33:53.93	01:32:48.23	
1009	1271	CRISTINA TOSCANO	F	57	01:33:57.14	01:33:57.14	
1010	1029	CATARINA SOUSA	F	38	01:34:00.23	01:33:08.31	
1011	1004	JOSUÉ FRADE	M	44	01:34:05.53	01:32:45.19	CARRASCO&AMIGOS
1012	317	PAULO J FERNANDES	M	44	01:34:08.88	01:33:04.94	CCDT METRO LX
1013	618	JORGE BRITO	M	47	01:34:16.61	01:32:55.25	VALEJAS AC
1014	402	RAQUEL AFONSO	F	43	01:34:21.16	01:33:48.37	
1015	403	ANA BALTAZAR	F	37	01:34:21.49	01:33:48.08	
1016	635	JOSÉ AZEVEDO	M	44	01:34:26.41	01:33:38.50	MULTIRUNNERS
1017	591	MARTA CUNHA	F	35	01:34:26.85	01:33:38.61	
1018	1017	MARIANA NEVES	F	20	01:34:32.57	01:33:40.16	CORRER LISBOA



1019	1018	CATARINA RODRIGUES	F	19	01:34:36.94	01:33:44.73	CORRER LISBOA
1020	808	CÁTIA PINTO	F	35	01:34:37.78	01:33:52.45	RUN FOR 2
1021	625	VÍTOR FREITAS	M	42	01:34:40.67	01:33:56.86	MULTIRUNNERS
1022	1208	PEDRO REIS	M	45	01:34:44.52	01:34:07.95	ENGIMIND
1023	143	ANTERO MARTINS	M	46	01:34:47.78	01:33:34.06	
1024	98	JOÃO C FERREIRA	M	53	01:34:48.11	01:33:35.21	
1025	989	HELENA COSTA	F	56	01:34:50.41	01:34:27.19	JOBRINDE MONTES SALOIOS
1026	409	IVONE MINELI	F	48	01:34:50.78	01:34:24.31	LESMAS ALOPRADAS
1027	408	JORGE LOPES	M	50	01:34:58.58	01:33:54.35	
1028	1144	SUZANA SILVEIRO	F	46	01:34:59.08	01:34:35.24	
1029	542	LUIS MILHEIRO	M	56	01:35:02.76	01:34:33.62	GD SANTANDER TOTTA
1030	669	RAQUEL PINHEIRO	F	40	01:35:07.33	01:34:27.06	CA VALE FIGUEIRA
1031	671	ALVARO PINHEIRO	M	45	01:35:07.67	01:34:27.38	CA VALE FIGUEIRA
1032	676	ANTÓNIO CAMACHO	M	65	01:35:07.75	01:34:26.75	CA VALE FIGUEIRA
1033	274	JOSE REBOCHO	M	61	01:35:08.34	01:34:51.08	CORRER SR GRANJA
1034	1118	DEOLINDA URBANO	F	61	01:35:28.47	01:35:20.21	UA POVOENSE
1035	535	DÁLIA LEITE	F	54	01:35:34.05	01:35:19.29	CA ODIMARQ
1036	400	VITOR J RAMOS	M	46	01:35:45.29	01:34:54.28	C COLAB AGEAS
1037	303	CARLA RODRIGUES	F	38	01:35:49.47	01:34:51.37	CCDT METRO LX
1038	312	JOSÉ TAVARES	M	46	01:35:49.51	01:34:51.55	CCDT METRO LX
1039	1260	CELIA AZENHA	F	52	01:35:51.60	01:35:51.60	
1040	647	ALFREDO DE SOUSA	M	62	01:35:51.77	01:34:34.31	CARACOIS DE CORRIDA
1041	291	CECÍLIA NICOLAU	F	50	01:35:52.36	01:35:31.50	AA LEBRES SADO
1042	112	LÉLIA AREAL	F	57	01:36:13.13	01:35:04.53	
1043	356	CARLOS TOMÉ	M	42	01:36:16.51	01:35:28.40	C MILLENNIUM BCP
1044	637	DEOLINDA SANTOS	F	45	01:36:21.43	01:35:32.26	
1045	252	CARINA AMARO	F	26	01:36:22.59	01:35:23.44	
1046	1132	BRUNO R ALMEIDA	M	33	01:36:26.45	01:35:23.69	
1047	175	HELENA CUNHA	F	58	01:36:27.57	01:35:26.31	ASAS
1048	733	FREDERICO SOUSA	M	53	01:36:41.59	01:35:31.68	LEBRES E TARTARUGAS
1049	1095	MARGARIDA TEIXEIRA	F	37	01:36:44.84	01:35:40.19	CORRER LISBOA
1050	736	FERNANDO LOPES	M	45	01:36:57.40	01:36:12.77	
1051	816	JOSÉ ROLÃO	M	60	01:37:03.05	01:36:17.17	C NOTURNA PARQUE NAÇÕES
1052	137	ALBANO SANTOS	M	56	01:37:04.40	01:36:17.56	



1053	658	CRISTINA LINO	F	50	01:37:09.72	01:36:47.62	ALVERCA URBAN RUNNERS
1054	1094	CARLOS GALVÃO	M	39	01:37:14.38	01:37:14.38	
1055	197	TIAGO A ALVES	F	31	01:37:29.58	01:36:23.44	
1056	988	MARIA VIEIRA	F	44	01:37:30.26	01:36:23.99	CRT
1057	196	Mª LEONOR ALMEIDA	F	26	01:37:39.31	01:36:34.39	
1058	304	CARLOS N DIAS	M	56	01:37:40.51	01:36:41.98	CCDT METRO LX
1059	110	EBERHARD WILHELM	M	68	01:37:49.34	01:37:36.81	4 AO KM
1060	590	ISABEL COSTA	F	44	01:37:53.09	01:36:53.71	STAL
1061	592	LURDES OLAS	F	44	01:37:53.97	01:36:54.80	STAL
1062	505	LEONIA CEBAN	F	52	01:38:03.78	01:37:18.91	
1063	1096	NELSON CASTELA	M	51	01:38:14.57	01:38:00.74	
1064	488	HENRIQUE VILHENA	M	61	01:38:16.38	01:36:58.50	
1065	179	JOSÉ P FERRABELO	M	63	01:38:22.46	01:37:19.53	ASAS
1066	177	SERAFIM MARQUES	M	68	01:38:22.60	01:37:22.12	ASAS
1067	499	RUI VIEIRA	M	50	01:38:28.81	01:37:15.87	CCDP MUN CASCAIS
1068	549	JOSE MONTEIRO	M	68	01:38:31.86	01:38:24.80	GD SANTANDER TOTTA
1069	742	ANTÓNIO ABRANTES	M	62	01:38:38.39	01:37:46.02	
1070	381	FILOMENA AGUIAR	F	48	01:38:40.93	01:38:13.97	LESMAS ALOPRADAS
1071	326	ANTÓNIO BILA	M	60	01:39:02.98	01:38:01.92	
1072	622	FLORBELA SOARES	F	51	01:39:04.41	01:38:14.89	MULTIRUNNERS
1073	232	ILÍDIO MONTEIRO	M	67	01:39:05.74	01:38:26.21	
1074	38	ISABEL RODRIGUES	F	44	01:39:20.98	01:38:13.96	CORRER LISBOA
1075	398	VANDA SEQUEIRA	F	44	01:39:34.15	01:38:44.42	C COLAB AGEAS
1076	973	ANA C PEREIRA	F	42	01:39:46.83	01:38:36.27	
1077	824	RUTE C TEIXEIRA	F	39	01:39:52.65	01:39:23.26	C NOTURNA PARQUE NAÇÕES
1078	820	RUI ALMEIDA	M	44	01:39:52.98	01:39:21.44	C NOTURNA PARQUE NAÇÕES
1079	948	IDALINA MADEIRA	F	56	01:40:21.37	01:39:48.60	TRANQUILIDADE AÇOREANA CLUBE
1080	84	JOÃO RUSSO	M	38	01:40:37.92	01:39:32.72	CORRER LISBOA
1081	78	ANA PEREIRA	M	41	01:40:39.89	01:40:16.01	GDCT IN CASA MOEDA
1082	362	CARLOS CONCEIÇÃO	M	55	01:41:05.25	01:40:18.57	C MILLENNIUM BCP
1083	760	CARLOS OLEASTRO	M	54	01:41:35.81	01:40:51.87	C BENFICA ALG M MARTINS
1084	931	ISABEL OLIVEIRA	F	56	01:41:38.53	01:41:18.99	SS MONTEPIO
1085	892	PAULO FRANÇA	M	55	01:41:56.72	01:41:48.90	GDCT UNICRE
1086	1183	LUÍSA FERREIRA	F	47	01:41:57.89	01:41:14.72	C BENFICA ALG M MARTINS



1087	659	GRAÇA NOBRE	F	57	01:42:52.46	01:42:30.20	ALVERCA URBAN RUNNERS
1088	774	JORGE JESUS	M	64	01:42:53.03	01:42:04.59	C BENFICA ALG M MARTINS
1089	1252	EDUARDO GONÇALVES	M	32	01:43:24.19	01:43:24.19	RUN FOR FRIENDS
1090	311	JOSÉ L SANTOS	M	47	01:43:38.41	01:43:02.94	CCDT METRO LX
1091	149	MIGUEL SILVA	M	72	01:43:43.43	01:42:56.27	
1092	1164	ISABEL MAGALHÃES	F	60	01:43:43.62	01:43:02.78	GYM2010
1093	885	CATARINA FIGUEIRA	F	38	01:43:43.77	01:42:53.44	C COLAB AGEAS
1094	844	RUI MELÃO	M	53	01:44:06.85	01:42:52.95	
1095	1270	FABIO DIAS	M	45	01:44:37.28	01:44:37.28	SANTANDER TOTTA
1096	120	MÁRIO PIRES	M	58	01:44:45.40	01:43:30.92	
1097	1179	ISILDA BARRADAS	F	66	01:44:59.57	01:44:59.57	ACR MEALHADA
1098	1089	Mª FÁTIMA AGUIAR	F	45	01:45:08.34	01:43:56.43	
1099	251	JOANA VITÓRIO	F	28	01:45:28.49	01:44:16.97	CORRER LISBOA
1100	1269	FRANCISCO P SILVA	M	73	01:45:44.99	01:45:44.99	
1101	365	CRISTINA LOURENÇO	F	52	01:45:47.53	01:44:54.97	C MILLENNIUM BCP
1102	1013	ISABEL CALDEIRA	F	44	01:47:17.56	01:46:13.77	
1103	1254	RUTE CASEMIRO	F	37	01:48:27.00	01:48:27.00	AERORUNNERS
1104	1145	MANUEL VEIGA	M	64	01:48:27.38	01:47:15.27	SANDRO FERRONE
1105	631	NUNO OLIVEIRA	M	40	01:48:50.99	01:48:00.98	MULTIRUNNERS
1106	1273	JOÃO MARQUES	M	51	01:48:56.10	01:48:56.10	CARRASCO & AMIGOS
1107	1166	MARTA SIMÃO	F	40	01:50:23.30	01:49:42.28	GYM2010
1108	27	RUI PEDRO SANTOS	M	48	01:51:22.74	01:50:15.50	PLMJ RUNNERS
1109	211	PAULA MELLO	M	50	01:52:01.94	01:50:59.61	CLUBE NOVO BANCO
1110	246	MIGUEL BARATA	M	44	01:52:08.24	01:51:29.30	C FERROV PORTUGAL
1111	1092	RITA MADALENO	F	40	01:59:26.54	01:58:31.96	C NOTURNA PARQUE NAÇÕES
1112	1091	DIOGO MADALENO	M	42	01:59:27.26	01:58:31.48	C NOTURNA PARQUE NAÇÕES
1113	358	FOCK YIOT WAN	F	66	02:01:45.93	02:00:49.04	C MILLENNIUM BCP
1114	359	JOSÉ ARRUDA	M	67	02:01:46.38	02:00:49.04	C MILLENNIUM BCP
1115	898	Mª CARMO ANJOS	F	70	02:03:53.59	02:03:27.36	
1116	387	DIOGO MARQUES	M	24	02:06:25.87	02:05:10.00	DÁ-LE
1117	899	LUCINDA HENRIQUES	F	68	02:12:56.00	02:12:28.84	

Total de registros: 1117



Classificação colectiva baseada na soma das posições dos 4 primeiros atletas chegados:

Class	Soma das posições dos 1ºs 4 classificados	Equipa	Nº atletas registados
1	34	NUCLEOEIRAS	4
2	73	LINDA-A-PASTORA SC	13
3	81	CORRER LISBOA	53
4	98	UA POVOENSE	17
5	167	SS CGD	40
6	219	RB RUNNING	9
7	260	STAL	22
8	272	SC CASAÍNHOS	5
9	367	CORRER SR GRANJA	13
10	546	CCDT METRO LX	18
11	580	GD SANTANDER TOTTA	19
12	606	AGD ACADEMIA DO KORPO	10
13	609	C BENFICA ALG M MARTINS	27
14	656	CÂMARA LISBOA CLUBE	19
15	762	C MILLENNIUM BCP	24
16	762	CARRASCO&AMIGOS	10
17	788	CLUBE NOVO BANCO	17
18	809	OS ZATOPEQUES	11
19	857	VALEJAS AC	15
20	881	A VALE SILÊNCIO	10
21	901	RUNLOVERS	7
22	941	CAD A CORRER	5
23	953	CCDT AUT ALMADA	5
24	973	CRUZQUEBRADENSE SIMECQ	8
25	1041	C PRAÇAS ARMADA	4
26	1070	MULTIRUNNERS	15
27	1095	CD ARNEIRO	5
28	1125	GDCT IN CASA MOEDA	14
29	1126	C NOTURNA PARQUE NAÇÕES	20
30	1132	TRANQUILIDADE AÇOREANA CLUBE	12
31	1149	WIKABOO	5
32	1166	CA VALE FIGUEIRA	8
33	1327	AA AGUALVA	6
34	1367	MARATONEIROS	9
35	1389	SS MONTEPIO	9
36	1498	CCDP MUN CASCAIS	12
37	1542	CCD CREDITO AGRICOLA MUTUO	6



38	1628	JOBRINDE MONTES SALOIOS	8
39	1630	GRD OS FIXES	5
40	1652	GD SBSI	4
41	1798	COFINA RUNNERS	5
42	1807	RUN 4 FUN	7
43	1851	CCD AT	5
44	1887	CD ESTRELA	4
45	1979	EMSA TEAM	4
46	2041	ACDRS QUINHENDROS	4
47	2202	C COLAB AGEAS	8
48	2330	AMIGOSDACORRIDA.COM	6
49	2338	O MUNDO DA CORRIDA	4
50	2362	STEFFAS	4
51	2542	AMIGOS DA CORRIDA	6
52	2853	RUNNING OF D MARIA	4
53	2931	CLUBE ANACOM	4
54	3111	LEBRES E TARTARUGAS	4
55	3138	C FERROV PORTUGAL	4
56	3148	GDCT UNICRE	4
57	3240	FALCÕES SELVAGENS	5
58	3333	ALVERCA URBAN RUNNERS	4
59	3368	4 AO KM	4
60	3377	LESMAS ALOPRADAS	5
61	3399	ASAS	7

Total de equipas com 4 ou mais atletas registados: 61