

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
1	328	JOSÉ GASPAR	CP	M	00:32:09	00:32:07	00:03:13	1
2	1027	HÉLDER GROSSO		M	00:32:29	00:32:27	00:03:15	2
3	1030	PAULO MARTINS		M	00:32:54	00:32:51	00:03:18	3
4	1140	CELSO PINTO		M	00:33:00	00:32:57	00:03:18	4
5	568	MARCO MELLO	Câmara Municipal de Cascais	M	00:33:28	00:33:26	00:03:21	5
6	1402	CARLOS TIAGO	Belém Runners	M	00:33:46	00:33:43	00:03:23	6
7	574	TELMO SILVA	Câmara Municipal de Cascais	M	00:34:18	00:34:15	00:03:26	7
8	1407	HUGO AUGUSTO	Belém Runners	M	00:34:29	00:34:26	00:03:27	8
9	790	HENRIQUE LAPÃO	Marcha do Lapão	M	00:35:08	00:35:08	00:03:31	9
10	427	LEONARDO COELHO		M	00:35:08	00:35:05	00:03:31	10
11	2079	PEDRO CAVILHAS	Belém Runners	M	00:35:47	00:35:43	00:03:35	11
12	791	JOAQUIM LAPÃO	Marcha do Lapão	M	00:35:55	00:35:55	00:03:36	12
13	567	PAULO MOTA	Câmara Municipal de Cascais	M	00:35:58	00:35:55	00:03:36	13
14	544	PAULO SILVA	Nazaboboda	M	00:36:26	00:36:21	00:03:39	14
15	192	PEDRO MONTEIRO		M	00:36:35	00:36:32	00:03:40	15
16	1383	HUSSENE KESHAVJEE		M	00:36:47	00:36:44	00:03:41	16
17	494	PEDRO MARQUES	Câmara Municipal de Cascais	M	00:36:54	00:36:51	00:03:42	17
18	571	JOSÉ HEITOR	Câmara Municipal de Cascais	M	00:36:57	00:36:54	00:03:42	18
19	1062	HENRIQUE COELHO		M	00:37:30	00:37:27	00:03:45	19
20	1484	ALEXANDRA SOUSA	GFD Running	F	00:37:53	00:37:51	00:03:48	1
21	2030	ARTUR MARTINS	VITERRA	M	00:37:54	00:37:51	00:03:48	20
22	538	JOSÉ BRITO	Nazaboboda	M	00:38:30	00:38:24	00:03:51	21
23	545	DUARTE BRITO	Nazaboboda	M	00:38:42	00:38:35	00:03:52	22
24	127	NUNO FILIPE RODRIGUES SILVA		M	00:38:46	00:38:42	00:03:53	23
25	1252	ANTÓNIO RODRIGUES LOPES	Clube Atlético São Brás	M	00:38:49	00:38:47	00:03:53	24
26	536	ALMERINDO SECO	Nazaboboda	M	00:39:01	00:38:56	00:03:54	25
27	135	JOAQUIM ANTÓNIO VELHINHO DIAS		M	00:39:04	00:38:41	00:03:53	26
28	874	VASCO PALMA		M	00:39:08	00:38:50	00:03:53	27
29	1417	PEDRO MOTA	Belém Runners	M	00:39:17	00:39:14	00:03:56	28
30	1518	LUÍS XAVIER	Belém Runners	M	00:39:17	00:39:13	00:03:56	29
31	684	JOSÉ GOMES		M	00:39:18	00:39:12	00:03:56	30
32	1406	GONÇALO FERREIRA	Belém Runners	M	00:39:19	00:39:15	00:03:56	31
33	1424	STEVEN SANTOS	Belém Runners	M	00:39:19	00:39:14	00:03:56	32
34	1077	IGOR TCHMAGUINE		M	00:39:26	00:39:22	00:03:57	33
35	1678	FERNANDO DOMINGOS		M	00:39:28	00:39:21	00:03:57	34
36	1253	GONÇALO JOSÉ HENRIQUES BRÁS	Clube Atlético São Brás	M	00:39:38	00:39:35	00:03:58	35

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
37	1254	JOÃO SANTOS	Clube Atlético São Brás	M	00:39:39	00:39:33	00:03:58	36
38	1436	JOÃO SILVA		M	00:39:42	00:39:32	00:03:58	37
39	198	CARLOS ALVES		M	00:39:44	00:39:41	00:03:59	38
40	1401	CARLOS FREITAS	Belém Runners	M	00:39:55	00:39:53	00:04:00	39
41	179	CARLOS MARQUES		M	00:39:55	00:39:50	00:03:59	40
42	1411	MARCOS OLIVEIRA	Belém Runners	M	00:39:56	00:39:53	00:04:00	41
43	1448	LÚCIO ALVES		M	00:40:15	00:39:56	00:04:00	42
44	1428	ANTÓNIO SANTOS	Belém Runners	M	00:40:15	00:40:12	00:04:02	43
45	1505	PAULO GARCIA	Os Galgos	M	00:40:17	00:40:02	00:04:01	44
46	486	ANTÓNIO TAVARES	Câmara Municipal de Cascais	M	00:40:20	00:37:00	00:03:42	45
47	1421	RUI SILVA	Belém Runners	M	00:40:56	00:40:52	00:04:06	46
48	1400	APOLO PEREIRA	Belém Runners	M	00:40:56	00:40:52	00:04:06	47
49	1404	ELIAS FORTES	Belém Runners	M	00:40:56	00:40:53	00:04:06	48
50	1344	MARCO BAPTISTA	ACD Bocal	M	00:41:01	00:40:50	00:04:05	49
51	563	ANTÓNIO MOREIRA	Nazaboboda	M	00:41:02	00:40:58	00:04:06	50
52	564	JOSÉ JARMELA	Nazaboboda	M	00:41:02	00:40:58	00:04:06	51
53	1346	CARLOS SANTOS	ACD Bocal	M	00:41:08	00:40:57	00:04:06	52
54	1461	TIAGO ARAÚJO		M	00:41:16	00:41:03	00:04:07	53
55	1312	NUNO PEREIRA		M	00:41:20	00:41:16	00:04:08	54
56	2038	PEDRO REIS		M	00:41:32	00:41:22	00:04:09	55
57	1451	ANTÓNIO MARTINS		M	00:41:32	00:41:22	00:04:09	56
58	974	DIOGO CUSTÓDIO	#100Pedal	M	00:41:32	00:41:13	00:04:08	57
59	558	PEDRO CAMPOS	Nazaboboda	M	00:41:42	00:41:37	00:04:10	58
60	493	JOSÉ MAIO	Câmara Municipal de Cascais	M	00:41:45	00:41:37	00:04:10	59
61	1499	ARMANDO DIAS	Os Galgos	M	00:41:47	00:41:32	00:04:10	60
62	174	HERNÂNI TOMÁS		M	00:42:05	00:41:54	00:04:12	61
63	153	OSVALDO VISITAÇÃO CALDEIRA		M	00:42:07	00:41:59	00:04:12	62
64	570	FERNANDO SANTOS	Câmara Municipal de Cascais	M	00:42:08	00:42:03	00:04:13	63
65	572	LUIS DIAS	Câmara Municipal de Cascais	M	00:42:09	00:42:00	00:04:12	64
66	1303	JOSÉ CARLOS	N. A. PAPAGAIOS CASCAIS	M	00:42:28	00:42:17	00:04:14	65
67	2037	PAULO BARRADAS		M	00:42:31	00:42:23	00:04:15	66
68	1454	ALBISIO MAGALHAES		M	00:42:33	00:41:49	00:04:11	67
69	1304	NELSON COSTA	N. A. PAPAGAIOS CASCAIS	M	00:42:37	00:42:27	00:04:15	68
70	188	FILIPE BRANCO SANTOS		M	00:42:38	00:42:32	00:04:16	69
71	1679	JOAQUIM ROSA		M	00:42:39	00:42:32	00:04:16	70

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
72	1099	DANIEL FARINHA	Serviços Sociais Montepio	M	00:42:40	00:42:09	00:04:13	71
73	699	FERNANDO ROSETE		M	00:42:41	00:42:21	00:04:15	72
74	487	JOÃO PEREIRA	Câmara Municipal de Cascais	M	00:42:43	00:42:40	00:04:16	73
75	488	MÁRIO SANTOS	Câmara Municipal de Cascais	M	00:42:47	00:42:22	00:04:15	74
76	1398	ANDRÉ MENDONÇA	Belém Runners	M	00:42:50	00:42:45	00:04:17	75
77	2039	AVELINO PEDRO		M	00:42:59	00:42:18	00:04:14	76
78	2069	RODRIGO MANUEL RITO MARIANO		M	00:43:05	00:43:01	00:04:19	77
79	485	ANTÓNIO PUCARIÇO	Câmara Municipal de Cascais	M	00:43:06	00:42:27	00:04:15	78
80	1427	JOSÉ SILVA	Belém Runners	M	00:43:08	00:43:05	00:04:19	79
81	496	MARIA DO CARMO	Câmara Municipal de Cascais	F	00:43:10	00:43:05	00:04:19	2
82	497	MARIA PIEDADE ALVES	Câmara Municipal de Cascais	F	00:43:11	00:43:06	00:04:19	3
83	165	CARLOS BERNARDO		M	00:43:12	00:43:06	00:04:19	80
84	781	GUSTAVO GONZÁEZ		M	00:43:16	00:42:32	00:04:16	81
85	230	MIGUEL GAIVÃO		M	00:43:34	00:43:19	00:04:20	82
86	691	CARLOS CONSTÂNCIO	ERICSSON	M	00:43:35	00:43:17	00:04:20	83
87	709	SERGIO TRINDADE	VITERRA	M	00:43:41	00:43:37	00:04:22	84
88	1323	RICARDO LEITÃO		M	00:43:41	00:42:53	00:04:18	85
89	1228	GERRY SANITZ	ODEBRECHT PORTUGAL	M	00:43:44	00:40:33	00:04:04	86
90	1231	JOAO ANDRADE	ODEBRECHT PORTUGAL	M	00:43:44	00:40:33	00:04:04	87
91	433	NUNO ALVES	Movet	M	00:43:45	00:43:24	00:04:21	88
92	1385	PEDRO MOREIRA	Cedar	M	00:43:47	00:43:34	00:04:22	89
93	1168	PEDRO CANELAS	Joaquim Chaves Saúde	M	00:44:02	00:43:53	00:04:24	90
94	1530	RUI		M	00:44:04	00:43:40	00:04:22	91
95	324	RICARDO SANTOS	CP	M	00:44:05	00:43:49	00:04:23	92
96	692	HELDER PALHAS	ERICSSON	M	00:44:10	00:43:52	00:04:24	93
97	1275	BRUNO NUNES		M	00:44:14	00:44:07	00:04:25	94
98	2078	IVAN RAMOS	Câmara Municipal de Cascais	M	00:44:14	00:43:48	00:04:23	95
99	646	EDUARDO FAZENDA BRANCO		M	00:44:18	00:44:06	00:04:25	96
100	1171	VITOR NASCIMENTO	Joaquim Chaves Saúde	M	00:44:21	00:40:56	00:04:06	97
101	1169	RODRIGO LEAL	Joaquim Chaves Saúde	M	00:44:21	00:40:58	00:04:06	98
102	1255	MANUEL PAULINO FRANCISCO	Clube Atlético São Brás	M	00:44:27	00:44:19	00:04:26	99
103	751	NUNO BRITO		M	00:44:34	00:44:11	00:04:26	100
104	682	MARIA NOÉMIA RODRIGUES SEQUEIRA		F	00:44:37	00:44:15	00:04:26	4
105	418	MANUEL FILIPE OLIVEIRA GARCIA		M	00:44:39	00:43:52	00:04:24	101
106	893	ARTUR BASILIO	O Praticante	M	00:44:47	00:44:27	00:04:27	102

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
107	1408	INOCÊNCIO AMORIM	Belém Runners	M	00:44:57	00:44:54	00:04:30	103
108	1415	PEDRO ALEXANDRE FILIPE	Belém Runners	M	00:44:57	00:44:53	00:04:30	104
109	1414	PEDRO AFONSO PEREIRA	Belém Runners	M	00:44:57	00:44:52	00:04:30	105
110	932	JUVENAL MOREIRA	NUCLEO DESPORTIVO AUTOCOOPE	M	00:45:00	00:44:51	00:04:30	106
111	1104	JOSÉ GUERREIRO	Serviços Sociais Montepio	M	00:45:01	00:44:27	00:04:27	107
112	1512	MAFALDA GAMEIRO		F	00:45:03	00:44:57	00:04:30	5
113	1562	MIGUEL ROBIN DE ANDRADE		M	00:45:04	00:44:55	00:04:30	108
114	683	CARLOS MANUEL CARDOSO LEITÃO		M	00:45:06	00:44:44	00:04:29	109
115	1489	JOSÉ MONSANTO		M	00:45:10	00:44:57	00:04:30	110
116	929	ANTONIO ALMEIDA	NUCLEO DESPORTIVO AUTOCOOPE	M	00:45:14	00:45:01	00:04:31	111
117	942	PEDRO REIS		M	00:45:15	00:45:07	00:04:31	112
118	1460	NUNO ARAÚJO		M	00:45:20	00:45:08	00:04:31	113
119	982	LUÍS SILVESTRE	Coininha Runners	M	00:45:27	00:44:38	00:04:28	114
120	218	PAULO FRANCISCO		M	00:45:29	00:45:21	00:04:33	115
121	145	JOÃO MANUEL JORGE ESTEVÃO		M	00:45:29	00:45:10	00:04:31	116
122	474	MARIA JOÃO MADEIRA	N. A. PAPAGAIOS CASCAIS	F	00:45:34	00:45:23	00:04:32	6
123	257	TIAGO OLIVEIRA		M	00:45:44	00:45:13	00:04:32	117
124	2018	LUÍS SANTOS		M	00:45:48	00:45:19	00:04:32	118
125	1531	MIGUEL FRANCO DE SOUSA		M	00:45:49	00:45:35	00:04:34	119
126	964	LUÍS PIRES		M	00:45:59	00:45:40	00:04:34	120
127	1580	PEDRO PROENÇA		M	00:46:00	00:45:53	00:04:36	121
128	972	PEDRO MENDONÇA	#100Pedal	M	00:46:00	00:45:42	00:04:35	122
129	1425	VALTER CABEÇAS	Belém Runners	M	00:46:05	00:46:01	00:04:37	123
130	195	CARLOS NORONHA		M	00:46:05	00:45:37	00:04:34	124
131	1433	NUNO ROMÃO	GDINE	M	00:46:06	00:45:42	00:04:35	125
132	2019	FRANCISCO TROCADO		M	00:46:07	00:45:52	00:04:36	126
133	1337	JOÃO CALISTO		M	00:46:07	00:45:40	00:04:34	127
134	1367	RICARDO MADEIRA		M	00:46:07	00:45:55	00:04:36	128
135	560	CARLOS PORTELA	Nazaboboda	M	00:46:11	00:45:51	00:04:36	129
136	984	PEDRO CANECO	Coininha Runners	M	00:46:18	00:45:29	00:04:33	130
137	231	TIAGO FERREIRA		M	00:46:18	00:45:50	00:04:35	131
138	1223	ADELINO PEREIRA	ODEBRECHT PORTUGAL	M	00:46:19	00:46:07	00:04:37	132
139	1506	RUI DIAS	Os Galgos	M	00:46:20	00:46:03	00:04:37	133
140	1134	JOSÉ TOMÁS		M	00:46:28	00:46:10	00:04:37	134
141	1422	SANDRA CARVALHO	Belém Runners	F	00:46:28	00:46:23	00:04:39	7

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
142	1418	RENATO PEREIRA	Belém Runners	M	00:46:32	00:46:27	00:04:39	135
143	484	ANA BRÁS	Câmara Municipal de Cascais	F	00:46:33	00:46:08	00:04:37	8
144	217	ANA FRANCISCO		F	00:46:37	00:46:30	00:04:39	9
145	2026	CARLOS TEIXEIRA GONCALVES		M	00:46:46	00:46:39	00:04:40	136
146	664	ANTÓNIO VARELA		M	00:46:52	00:46:44	00:04:41	137
147	1013	PEDRO MIGUEL DA SILVA PINTO		M	00:46:58	00:46:31	00:04:40	138
148	1420	RUI AFONSO	Belém Runners	M	00:46:58	00:46:53	00:04:42	139
149	1167	MAZOEL SANTOS	Joaquim Chaves Saúde	M	00:47:03	00:46:53	00:04:42	140
150	2000	ABSALÃO ANTÓNIO NARDUELA		M	00:47:03	00:47:03	00:04:43	141
151	498	MÁRIO RODRIGUES	Câmara Municipal de Cascais	M	00:47:05	00:46:57	00:04:42	142
152	1640	VIRGÍLIO PEREIRA	EY	M	00:47:07	00:38:44	00:03:53	143
153	163	BRUNO MIGUEL CAMPOS REIS		M	00:47:13	00:46:23	00:04:39	144
154	1010	CARLOS SEMIDE		M	00:47:16	00:46:53	00:04:42	145
155	802	LUIS SANTOS		M	00:47:21	00:46:40	00:04:40	146
156	126	EDUARDO MOREIRA		M	00:47:24	00:47:17	00:04:44	147
157	930	CARLOS FERREIRA	NUCLEO DESPORTIVO AUTOCOOPE	M	00:47:28	00:47:22	00:04:45	148
158	238	JOSÉ MIGUEL BARRADAS		M	00:47:33	00:47:13	00:04:44	149
159	1517	VICENTE BÔTO		M	00:47:35	00:47:29	00:04:45	150
160	912	ANTÓNIO VARANDAS		M	00:47:37	00:47:20	00:04:44	151
161	154	CARLOS MOREIRA		M	00:47:38	00:47:18	00:04:44	152
162	277	FERNANDO LUZ	GDCT Unicre	M	00:47:38	00:47:07	00:04:43	153
163	211	NUNO MATIAS	Mercedes	M	00:47:39	00:47:10	00:04:43	154
164	1390	ANA LARES	Cedar	F	00:47:40	00:47:28	00:04:45	10
165	1189	NUNO SERRÃO	Mercedes	M	00:47:45	00:47:01	00:04:43	155
166	123	VÍTOR GONZAS		M	00:47:49	00:47:35	00:04:46	156
167	259	HELDER SAN ROMAO		M	00:47:50	00:47:30	00:04:45	157
168	1349	RICARDO GRAÇA		M	00:47:51	00:47:42	00:04:47	158
169	911	JOSÉ MIRA		M	00:47:53	00:47:36	00:04:46	159
170	1511	AMALIA MARTINS		F	00:47:55	00:44:01	00:04:25	11
171	1256	PEDRO MIGUEL SANTOS CASEIRO	Clube Atlético São Brás	M	00:47:56	00:47:49	00:04:47	160
172	131	MARIA CLEONICE DE OLIVEIRA		F	00:47:59	00:47:54	00:04:48	12
173	776	SANDRA	Mais que Cuidar Running	F	00:48:00	00:47:40	00:04:46	13
174	2064	NUNO NÓVOA	Câmara Municipal de Cascais	M	00:48:01	00:47:40	00:04:46	161
175	977	JOÃO VILA VERDE	#100Pedal	M	00:48:03	00:47:41	00:04:47	162
176	1395	PEDRO PEDROSO	Cedar	M	00:48:03	00:47:20	00:04:44	163

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
177	228	MANUEL REGO		M	00:48:07	00:47:49	00:04:47	164
178	1101	JAIME GOMES	Serviços Sociais Montepio	M	00:48:07	00:47:34	00:04:46	165
179	429	RUI SIMOES		M	00:48:09	00:47:41	00:04:47	166
180	1394	PAULO FERNANDES	Cedar	M	00:48:14	00:47:31	00:04:46	167
181	1345	JOÃO BATISTA	ACD Bocal	M	00:48:20	00:48:08	00:04:49	168
182	416	FERNANDO ANDRE SILVA		M	00:48:22	00:48:08	00:04:49	169
183	1250	PEDRO MENDONÇA		M	00:48:23	00:48:10	00:04:49	170
184	334	ANTÓNIO MADURO	CP	M	00:48:23	00:48:09	00:04:49	171
185	1388	GUILHERME LIBÓRIO	Cedar	M	00:48:24	00:48:13	00:04:50	172
186	2020	JOSE SUBTIL		M	00:48:27	00:48:20	00:04:50	173
187	197	FAIZAL		M	00:48:29	00:48:03	00:04:49	174
188	978	LUIS SENTIEIRO	#100Pedal	M	00:48:30	00:48:12	00:04:50	175
189	2010	ANTÓNIO VALENTE		M	00:48:31	00:48:18	00:04:50	176
190	1657	DIOGO MATEUS	A-80	M	00:48:33	00:48:19	00:04:50	177
191	1389	DAVIDE GUERRA	Cedar	M	00:48:35	00:48:22	00:04:51	178
192	537	JOSÉ MELO	Nazaboboda	M	00:48:35	00:48:19	00:04:50	179
193	557	JOSÉ CASTRO	Nazaboboda	M	00:48:36	00:48:19	00:04:50	180
194	634	NUNO SANTOS		M	00:48:37	00:47:52	00:04:48	181
195	992	SÉRGIO MANUEL DA SILVA FERREIRA		M	00:48:42	00:48:30	00:04:51	182
196	1319	TIAGO MARQUES		M	00:48:43	00:48:29	00:04:51	183
197	1097	ANTÓNIO FRANCO	Serviços Sociais Montepio	M	00:48:43	00:48:09	00:04:49	184
198	1090	SÉRGIO VICENTE		M	00:48:44	00:48:27	00:04:51	185
199	162	CARLOS A P SILVA		M	00:48:48	00:48:39	00:04:52	186
200	1462	PEDRO HENRIQUE		M	00:48:49	00:48:24	00:04:51	187
201	2076	ANTONINO BARRAS		M	00:48:51	00:48:28	00:04:51	188
202	431	TIAGO SALVADO	Movet	M	00:48:52	00:48:29	00:04:51	189
203	1051	JOSE MACHADO		M	00:48:52	00:48:36	00:04:52	190
204	541	ANTÓNIO DUARTE	Nazaboboda	M	00:48:54	00:48:49	00:04:53	191
205	281	EDUARDO RIBEIRO	GDCT Unicre	M	00:48:54	00:48:23	00:04:51	192
206	810	TIAGO FERREIRA		M	00:48:59	00:48:50	00:04:53	193
207	1676	MANUEL VEIGA		M	00:49:00	00:45:19	00:04:32	194
208	2051	EDUARDO BASSO		M	00:49:00	00:48:20	00:04:50	195
209	1264	PAULO RODRIGUES		M	00:49:01	00:48:54	00:04:54	196
210	637	JOÃO MALATO		M	00:49:02	00:48:53	00:04:54	197
211	1410	JOSÉ MARIA SALAZAR	Belém Runners	M	00:49:04	00:48:59	00:04:54	198

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
212	1550	FRANCISCO ESTEVES		M	00:49:06	00:48:42	00:04:53	199
213	640	ANDRÉ NEVES		M	00:49:07	00:48:18	00:04:50	200
214	1669	CARLOS LOPES		M	00:49:10	00:48:38	00:04:52	201
215	2077	TELMO LOPES		M	00:49:12	00:48:27	00:04:51	202
216	1405	FERNANDO SANTOS	Belém Runners	M	00:49:13	00:49:11	00:04:56	203
217	1452	PAULO MORAIS		M	00:49:13	00:48:41	00:04:53	204
218	2007	SEM DADOS		M	00:49:15	00:48:29	00:04:51	205
219	780	JOÃO TEIXEIRA		M	00:49:15	00:48:31	00:04:52	206
220	687	PAULO BÉNARD GUEDES		M	00:49:16	00:48:48	00:04:53	207
221	903	JORGE SEGURO MOREIRA PÊGO		M	00:49:17	00:48:54	00:04:54	208
222	421	LUIS TOMÉ		M	00:49:21	00:49:14	00:04:56	209
223	695	FILIPPE PIMENTEL		M	00:49:22	00:48:52	00:04:54	210
224	756	TIAGO OLIVERA	Ja eras	M	00:49:27	00:49:18	00:04:56	211
225	426	NUNO MARQUES		M	00:49:29	00:49:18	00:04:56	212
226	143	BRUNO GONÇALVES		M	00:49:30	00:49:11	00:04:56	213
227	897	EDUARDO FIGUEIRA	O Praticante	M	00:49:36	00:48:47	00:04:53	214
228	688	JOSÉ FERNANDO SOUSA GOMES		M	00:49:37	00:49:31	00:04:58	215
229	1437	MARIA MARTINS		F	00:49:37	00:49:27	00:04:57	14
230	1230	THELMO CUNHA	ODEBRECHT PORTUGAL	M	00:49:41	00:49:29	00:04:57	216
231	1229	JORGE MONTEIRO	ODEBRECHT PORTUGAL	M	00:49:41	00:49:29	00:04:57	217
232	1570	NUNO SILVA	VERIFONE	M	00:49:42	00:48:52	00:04:54	218
233	933	PEDRO SEQUEIRA	NUCLEO DESPORTIVO AUTOCOOPE	M	00:49:47	00:49:23	00:04:57	219
234	1490	ANDRÉ CARDOSO		M	00:49:50	00:49:36	00:04:58	220
235	888	TIAGO PINTO		M	00:49:51	00:49:30	00:04:57	221
236	428	ANTONIO TEIXEIRA		M	00:49:52	00:49:24	00:04:57	222
237	476	JOAQUIM BARROCAS	N. A. PAPAGAIOS CASCAIS	M	00:49:55	00:49:15	00:04:56	223
238	1391	HUGO MARTINS	Cedar	M	00:49:55	00:49:43	00:04:59	224
239	365	CARLOS CARRACHA	ANDSaúde	M	00:49:56	00:49:31	00:04:58	225
240	1503	JORGE MARTINHO	Os Galgos	M	00:49:59	00:49:41	00:04:59	226
241	1519	SORAIA CARIMO	Os Galgos	F	00:49:59	00:49:42	00:04:59	15
242	669	RICARDO FIGUEIREDO	QUARENTÕES NA BISGA	M	00:50:00	00:49:18	00:04:56	227
243	2055	PEDRO MACHADO	CPLP	M	00:50:03	00:49:23	00:04:57	228
244	2056	LUIS APOLINÁRIO	CPLP	M	00:50:03	00:49:22	00:04:57	229
245	543	CARLOS SIMÕES	Nazaboboda	M	00:50:05	00:49:43	00:04:59	230
246	934	SERGIO BORGES	NUCLEO DESPORTIVO AUTOCOOPE	M	00:50:06	00:49:41	00:04:59	231



Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
247	931	JOSE DIAS	NUCLEO DESPORTIVO AUTOCOOPE	M	00:50:06	00:49:41	00:04:59	232
248	1675	ALBERTO MARTINS		M	00:50:07	00:49:58	00:05:00	233
249	1613	ANTÓNIO PEDRO CASALEIRO ALMEIDA		M	00:50:09	00:49:52	00:05:00	234
250	2080	ISIDRO CARVALHO		M	00:50:10	00:49:23	00:04:57	235
251	876	CARLA SERRANO	Correr Queluz	F	00:50:11	00:49:50	00:04:59	16
252	2021	MARIA CÂNDIDA VILA CARVALHEIRA		F	00:50:14	00:46:19	00:04:38	17
253	1450	MARILIA NORO		F	00:50:17	00:49:58	00:05:00	18
254	2057	NUNO BRUNHETA	CPLP	M	00:50:20	00:49:40	00:04:58	236
255	633	ANTÓNIO RODRIGUES		M	00:50:29	00:49:43	00:04:59	237
256	1111	PAULO RAINHO	Serviços Sociais Montepio	M	00:50:30	00:49:51	00:05:00	238
257	2061	RUI SOARES	Câmara Municipal de Cascais	M	00:50:32	00:50:12	00:05:02	239
258	1081	IVONE PEREIRA		F	00:50:34	00:50:07	00:05:01	19
259	727	PEDRO CLETO		M	00:50:37	00:49:46	00:04:59	240
260	1311	RUI BARROS		M	00:50:40	00:50:16	00:05:02	241
261	438	CARLOS LOPES		M	00:50:41	00:50:31	00:05:04	242
262	884	CRISTINA	Mais que Cuidar Running	F	00:50:41	00:50:21	00:05:03	20
263	973	PEDRO SENTIEIRO	#100Pedal	M	00:50:41	00:50:22	00:05:03	243
264	1020	ANTÓNIO GOMES DA SILVA		M	00:50:44	00:50:36	00:05:04	244
265	801	GRACIETE ALVES		F	00:50:45	00:50:35	00:05:04	21
266	1112	RUTE MORNA	Serviços Sociais Montepio	F	00:50:50	00:50:16	00:05:02	22
267	1100	GUILHERME ALBINO	Serviços Sociais Montepio	M	00:50:50	00:50:17	00:05:02	245
268	399	TIAGO MARQUES		M	00:50:51	00:50:21	00:05:03	246
269	1001	JOÃO LIMA		M	00:50:51	00:50:25	00:05:03	247
270	668	JORGE ESTEVES	QUARENTÕES NA BISGA	M	00:50:55	00:50:14	00:05:02	248
271	250	SARA NOGUEIRA		F	00:50:55	00:50:24	00:05:03	23
272	724	DANIELA		F	00:50:57	00:50:27	00:05:03	24
273	2052	VITOR MACHADO	CPLP	M	00:50:58	00:50:17	00:05:02	249
274	1103	JOSÉ CARLOS GASPAR	Serviços Sociais Montepio	M	00:51:02	00:50:26	00:05:03	250
275	258	CÁTIA		F	00:51:07	00:47:38	00:04:46	25
276	980	SÉRGIO CORREIA	#100Pedal	M	00:51:08	00:50:49	00:05:05	251
277	754	HUGO PEREIRA	Ja eras	M	00:51:10	00:50:59	00:05:06	252
278	336	FRANCISCO FARINHA	CP	M	00:51:11	00:50:58	00:05:06	253
279	1387	DIOGO MOREIRA	Cedar	M	00:51:12	00:51:00	00:05:06	254
280	660	CARLOS BAPTISTA	Ginásio Clube Português	M	00:51:14	00:51:03	00:05:07	255
281	1082	LUIS MIGUEL PATRÍCIO FERNANDES MOURA		M	00:51:20	00:50:30	00:05:03	256



Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
282	1021	ANTÓNIO OLIVEIRA		M	00:51:20	00:50:31	00:05:04	257
283	1464	MANUEL GOMES		M	00:51:20	00:51:03	00:05:07	258
284	132	RICARDO VIEGAS		M	00:51:26	00:50:48	00:05:05	259
285	1163	ÁLVARO CARAMONA	Joaquim Chaves Saúde	M	00:51:32	00:50:41	00:05:05	260
286	1545	MANUEL		M	00:51:34	00:51:05	00:05:07	261
287	408	MARCO MEDEIRO		M	00:51:36	00:51:23	00:05:09	262
288	988	LUÍS EVANGELISTA	Coininha Runners	M	00:51:44	00:50:55	00:05:06	263
289	269	JOÃO BERNARDO NEVES DOS SANTOS		M	00:51:48	00:51:33	00:05:10	264
290	1373	JOÃO TEIXEIRA		M	00:51:54	00:51:36	00:05:10	265
291	643	MÁRIO FRIAS		M	00:51:55	00:51:10	00:05:07	266
292	1434	ISABEL FARINHA	GDINE	F	00:51:57	00:47:51	00:04:48	26
293	325	MANUEL PEREIRA	CP	M	00:51:59	00:51:43	00:05:11	267
294	411	NUNO CORREIA		M	00:52:00	00:51:22	00:05:09	268
295	225	RITA CORREIA		F	00:52:00	00:51:22	00:05:09	27
296	1547	NUNO SILVA		M	00:52:02	00:51:36	00:05:10	269
297	1114	HELDER PALMA	Serviços Sociais Montepio	M	00:52:02	00:51:29	00:05:09	270
298	821	EDGAR PAULO CORREIA DA CRUZ		M	00:52:02	00:51:22	00:05:09	271
299	1624	RODRIGO CASTRO		M	00:52:10	00:51:22	00:05:09	272
300	1136	HELDER CRUZ		M	00:52:11	00:52:03	00:05:13	273
301	2027	MARIA INÊS CARAPINHA		F	00:52:11	00:51:44	00:05:11	28
302	2015	CARLA CARVALHA		F	00:52:13	00:51:23	00:05:09	29
303	671	NUNO COSTA	QUARENTÕES NA BISGA	M	00:52:13	00:51:27	00:05:09	274
304	1053	PEDRO BRANCO		M	00:52:14	00:51:55	00:05:12	275
305	261	PEDRO MOTA SOARES		M	00:52:14	00:51:56	00:05:12	276
306	1119	ARTUR CARVALHO		M	00:52:14	00:51:53	00:05:12	277
307	1447	PAULO SENA		M	00:52:17	00:52:04	00:05:13	278
308	1165	JORGE SOARES	Joaquim Chaves Saúde	M	00:52:18	00:51:27	00:05:09	279
309	2053	NUNO ROCHA	CPLP	M	00:52:19	00:51:38	00:05:10	280
310	129	LUÍS MARTINHO		M	00:52:21	00:52:10	00:05:13	281
311	1386	ELSA MOREIRA	Cedar	F	00:52:21	00:52:09	00:05:13	30
312	161	PAULO SÁ		M	00:52:21	00:52:09	00:05:13	282
313	1280	JOSÉ CORREIA		M	00:52:21	00:52:15	00:05:14	283
314	1102	JOÃO CATARINO	Serviços Sociais Montepio	M	00:52:23	00:51:46	00:05:11	284
315	1267	HENRIQUE VILHENA	Correr Queluz	M	00:52:24	00:51:47	00:05:11	285
316	337	FILOMENA SANTOS	CP	F	00:52:24	00:52:11	00:05:14	31

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
317	1190	HUGO MARTINS	Mercedes	M	00:52:24	00:51:44	00:05:11	286
318	562	JOAQUIM NEIVA	Nazaboboda	M	00:52:25	00:52:02	00:05:13	287
319	542	CARLOS DUARTE	Nazaboboda	M	00:52:25	00:51:39	00:05:10	288
320	559	JOSÉ OLIVEIRA	Nazaboboda	M	00:52:25	00:52:01	00:05:13	289
321	1266	CARLA PEREIRA		F	00:52:25	00:52:18	00:05:14	32
322	1025	SERGIO CARROLA		M	00:52:26	00:52:03	00:05:13	290
323	358	MANUEL MAGRINHO	ANDSaúde	M	00:52:26	00:52:01	00:05:13	291
324	412	MARIANELA FIGUEIREDO		F	00:52:28	00:51:57	00:05:12	33
325	1672	INES PAIVA		F	00:52:29	00:52:02	00:05:13	34
326	1498	ALEXANDRE CARDOSO		M	00:52:32	00:51:54	00:05:12	292
327	155	INÊS MOREIRA		F	00:52:35	00:52:15	00:05:14	35
328	975	ANTÓNIO SILVA	#100Pedal	M	00:52:36	00:52:16	00:05:14	293
329	981	MANUEL BRUSCHY	#100Pedal	M	00:52:36	00:52:16	00:05:14	294
330	1431	CARLA ALEXANDRA LOPES	GDINE	F	00:52:37	00:52:27	00:05:15	36
331	469	GONCALO CARDOSO MÁXIMO RIBEIRO		M	00:52:39	00:51:55	00:05:12	295
332	915	ADRIANO SOEIRO		M	00:52:50	00:52:36	00:05:16	296
333	914	SUSANA MARTINS		F	00:52:50	00:52:36	00:05:16	37
334	274	LUÍS REVÉS		M	00:52:55	00:52:29	00:05:15	297
335	1296	RUI DIAS	Movet	M	00:52:58	00:52:27	00:05:15	298
336	200	ANTONIO JOSE GASPAR POMBINHO		M	00:53:00	00:52:41	00:05:17	299
337	1182	MARIA GLÓRIA VIEIRA		F	00:53:02	00:52:46	00:05:17	38
338	827	CARLA	Mais que Cuidar Running	F	00:53:03	00:52:43	00:05:17	39
339	1064	JORGE VASCONCELOS		M	00:53:03	00:52:24	00:05:15	300
340	1106	LUIS REIS	Serviços Sociais Montepio	M	00:53:03	00:52:31	00:05:16	301
341	2033	DANIEL ALVES	VITERRA	M	00:53:04	00:45:09	00:04:31	302
342	1329	MAFALDA SILVA		F	00:53:05	00:52:40	00:05:16	40
343	229	JORGE MANUEL SEMEDO DA SILVA		M	00:53:10	00:53:05	00:05:19	303
344	423	ELISA PITEIRA		F	00:53:12	00:52:41	00:05:17	41
345	896	CARLA FIGUEIRA	O Praticante	F	00:53:13	00:52:23	00:05:15	42
346	1435	PEDRO BAPTISTA		M	00:53:14	00:53:03	00:05:19	304
347	1187	RUI BRITO	Mercedes	M	00:53:14	00:52:33	00:05:16	305
348	1023	GONÇALO LOUREIRO		M	00:53:16	00:52:55	00:05:18	306
349	966	SÉRGIO PEREIRA		M	00:53:16	00:52:30	00:05:15	307
350	1399	ANDREIA SILVA	Belém Runners	F	00:53:17	00:53:17	00:05:20	43
351	239	RODRIGO CAVALHEIRO OLIVEIRA		M	00:53:18	00:52:36	00:05:16	308

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
352	809	MARCO BARROS		M	00:53:19	00:53:03	00:05:19	309
353	799	DIANA GASPAR		F	00:53:24	00:49:45	00:04:59	44
354	1137	PEDRO LARANJO	Correr Queluz	M	00:53:25	00:49:47	00:04:59	310
355	566	LÚCIA FALÉ	Câmara Municipal de Cascais	F	00:53:26	00:53:19	00:05:20	45
356	121	BRUNO FERREIRA		M	00:53:29	00:52:50	00:05:17	311
357	1162	ALEXANDRA CENTENO	Joaquim Chaves Saúde	F	00:53:29	00:52:39	00:05:16	46
358	1172	PATRICIA ALVES		F	00:53:32	00:53:32	00:05:21	47
359	703	BRUNO	VITERRA	M	00:53:35	00:50:24	00:05:03	312
360	1098	BRUNO ALMEIDA	Serviços Sociais Montepio	M	00:53:36	00:52:59	00:05:18	313
361	945	FRANCISCO MESTRE GONÇALVES		M	00:53:38	00:53:27	00:05:21	314
362	1195	FERNANDO DIAS	Mercedes	M	00:53:39	00:52:58	00:05:18	315
363	539	FERNANDO CARDOSO	Nazaboboda	M	00:53:40	00:53:17	00:05:20	316
364	409	LUIS BETTENCOURT		M	00:53:40	00:53:27	00:05:21	317
365	1322	ANA RAQUEL MARINHEIRO		F	00:53:42	00:53:35	00:05:22	48
366	1409	JOÃO MARTINS	Belém Runners	M	00:53:43	00:53:36	00:05:22	318
367	1356	PAULO AMORIM	Serviços Sociais Montepio	M	00:53:50	00:53:17	00:05:20	319
368	1026	JOSÉ CATITA		M	00:53:51	00:53:24	00:05:21	320
369	2017	JOSE VERMELHUDO		M	00:53:51	00:53:04	00:05:19	321
370	1606	VIRGILIO OLIVEIRA		M	00:53:51	00:53:23	00:05:21	322
371	249	NUNO BALSAS		M	00:53:54	00:53:27	00:05:21	323
372	2081	PEDRO CAIXADO		M	00:53:57	00:53:51	00:05:24	324
373	759	NELSON LOPES	Ja eras	M	00:53:58	00:53:49	00:05:23	325
374	1502	ELIZABETH	Os Galgos	F	00:53:59	00:53:42	00:05:23	49
375	216	JOAQUIM GAMITO		M	00:54:03	00:53:48	00:05:23	326
376	1316	MIKAEL SARAIVA		M	00:54:03	00:53:15	00:05:20	327
377	422	CARLOS PITEIRA		M	00:54:07	00:53:34	00:05:22	328
378	436	CRISTINA FELICIANO		F	00:54:09	00:53:17	00:05:20	50
379	183	CELESTINO RODRIGUES OLIVEIRA		M	00:54:10	00:53:33	00:05:22	329
380	1002	AURÉLIO CALADO		M	00:54:11	00:53:46	00:05:23	330
381	2014	LUÍS MORGADO		M	00:54:14	00:53:25	00:05:21	331
382	208	LUÍS NETO		M	00:54:17	00:54:00	00:05:24	332
383	678	JOÃO MENEZES SILVA		M	00:54:17	00:53:49	00:05:23	333
384	137	LUIS CATITA		M	00:54:18	00:53:54	00:05:24	334
385	1526	DUARTE D'ARAÚJO JORGE CARDOSO MATA	ERICSSON	M	00:54:25	00:53:46	00:05:23	335
386	1188	RENATO SILVA	Mercedes	M	00:54:27	00:53:42	00:05:23	336

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
387	773	JOANA	Mais que Cuidar Running	F	00:54:29	00:54:09	00:05:25	51
388	1500	CARLOS GARCIA	Os Galgos	M	00:54:30	00:54:12	00:05:26	337
389	1192	HUGO MARQUES	Mercedes	M	00:54:34	00:53:52	00:05:24	338
390	1501	CATARINA NICHÓ	Os Galgos	F	00:54:35	00:54:18	00:05:26	52
391	256	ARTUR CARVALHO		M	00:54:38	00:54:25	00:05:27	339
392	248	FILIFE JUNOT		M	00:54:42	00:53:50	00:05:23	340
393	1096	ANDRE GASPAR	Serviços Sociais Montepio	M	00:54:42	00:54:07	00:05:25	341
394	1393	NUNO TORRES	Cedar	M	00:54:43	00:54:00	00:05:24	342
395	561	PEDRO RODRIGUES	Nazaboboda	M	00:54:53	00:54:02	00:05:25	343
396	1636	PAULO TEIXEIRA	Abreu Carga	M	00:54:59	00:54:02	00:05:25	344
397	1666	JOAQUIM CARRONHA	N. A. PAPAGAIOS CASCAIS	M	00:55:01	00:54:43	00:05:29	345
398	1665	ANTÓNIO TEIXEIRA	N. A. PAPAGAIOS CASCAIS	M	00:55:01	00:54:44	00:05:29	346
399	400	PAULO TEIXEIRA		M	00:55:01	00:54:11	00:05:26	347
400	1504	MARISA GONÇALVES	Os Galgos	F	00:55:02	00:54:46	00:05:29	53
401	908	VITOR CID	GDCT Unicre	M	00:55:03	00:54:30	00:05:27	348
402	1108	MANUEL JORGE NARCISO	Serviços Sociais Montepio	M	00:55:11	00:54:37	00:05:28	349
403	1186	CARLOS MORAIS	Mercedes	M	00:55:13	00:54:34	00:05:28	350
404	757	TIAGO JORGE	Ja eras	M	00:55:15	00:55:05	00:05:31	351
405	690	CHIARA BEDINI	ERICSSON	F	00:55:17	00:54:59	00:05:30	54
406	540	VIRGILIO CRALOS	Nazaboboda	M	00:55:19	00:54:55	00:05:30	352
407	1338	JULIA CALISTO		F	00:55:19	00:54:51	00:05:30	55
408	1343	MARGARIDA ESTEVES		F	00:55:20	00:54:46	00:05:29	56
409	985	RENATO RAMALHO	Coininha Runners	M	00:55:20	00:54:30	00:05:27	353
410	276	PAULO DUARTE	GDCT Unicre	M	00:55:20	00:54:59	00:05:30	354
411	844	JORGE SARAIVA	PSP Cascais	M	00:55:25	00:55:08	00:05:31	355
412	2099	HELENA MARIA ALVES	Saltos de Cristal	F	00:55:26	00:51:49	00:05:11	57
413	2100	JORGE BATISTA ALVES	Saltos de Cristal	M	00:55:27	00:51:51	00:05:12	356
414	1642	ANDRÉ ABRANTES	EY	M	00:55:28	00:55:02	00:05:31	357
415	2028	ROMÃO PEDROSO		M	00:55:28	00:55:02	00:05:31	358
416	979	RICARDO AFONSO	#100Pedal	M	00:55:34	00:55:14	00:05:32	359
417	1127	RUI PEREIRA		M	00:55:36	00:55:07	00:05:31	360
418	181	ANTÓNIO BEIRÓS		M	00:55:39	00:55:00	00:05:30	361
419	254	VITOR PEREIRA		M	00:55:41	00:55:28	00:05:33	362
420	1571	SÉRGIO SANTOS	VERIFONE	M	00:55:43	00:54:51	00:05:30	363
421	1569	NÚRIA ANTUNES	VERIFONE	F	00:55:43	00:54:51	00:05:30	58

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
422	2062	MARCOS MADEIRA	Câmara Municipal de Cascais	M	00:55:45	00:55:24	00:05:33	364
423	227	NUNO MIGUEL OLIVEIRA SIMÃO		M	00:55:47	00:55:36	00:05:34	365
424	284	GONÇALO LOPES	GDCT Unicre	M	00:55:48	00:55:16	00:05:32	366
425	836	EDUARDO VENDA	Esperança	M	00:55:49	00:55:19	00:05:32	367
426	838	PAULO BORJA	Esperança	M	00:55:49	00:55:11	00:05:32	368
427	800	FERNANDO FIGUEIREDO		M	00:55:53	00:55:42	00:05:35	369
428	1449	ANTONIO FONSECA		M	00:55:53	00:55:25	00:05:33	370
429	628	PEDRO ROCHA		M	00:55:54	00:55:23	00:05:33	371
430	223	NUNO		M	00:55:55	00:55:44	00:05:35	372
431	651	MARISA SERRA		F	00:55:55	00:55:44	00:05:35	59
432	291	PATRÍCIA MACHADO		F	00:55:56	00:55:52	00:05:36	60
433	661	CRISTINA CAETANO	Ginásio Clube Português	F	00:55:57	00:55:47	00:05:35	61
434	662	JOSÉ CARLOS REIS	Ginásio Clube Português	M	00:55:59	00:55:49	00:05:35	373
435	700	TIAGO OLIVEIRA		M	00:56:00	00:55:31	00:05:34	374
436	1306	NELAIDA MARQUEZ	N. A. PAPAGAIOS CASCAIS	F	00:56:00	00:55:38	00:05:34	62
437	1067	LARA RODRIGUES		F	00:56:01	00:55:52	00:05:36	63
438	1066	JOSÉ XAVIER		M	00:56:01	00:55:52	00:05:36	375
439	777	TÂNIA VALENTIM		F	00:56:03	00:55:21	00:05:33	64
440	196	JOÃO CARRINHO		M	00:56:03	00:55:55	00:05:36	376
441	1222	MARIO ALBERTO FIGUEIRA RODRIGUES PIRES		M	00:56:04	00:55:22	00:05:33	377
442	983	ANA VENCES	Coininha Runners	F	00:56:07	00:55:18	00:05:32	65
443	1233	MANUEL NUNO BATALHEIRO		M	00:56:09	00:55:57	00:05:36	378
444	870	SARA MORAIS		F	00:56:11	00:55:51	00:05:36	66
445	1671	SERGIO LOPES		M	00:56:11	00:55:37	00:05:34	379
446	987	SUSANA EVANGELISTA	Coininha Runners	M	00:56:12	00:55:24	00:05:33	380
447	410	NUNO CABANAS		M	00:56:14	00:55:33	00:05:34	381
448	1380	SIMÃO CAMPOS		M	00:56:14	00:55:45	00:05:35	382
449	2082	SEM DADOS		M	00:56:18	00:55:27	00:05:33	383
450	434	BEATRICE TADEU	Movet	F	00:56:18	00:55:54	00:05:36	67
451	1181	ANA PINTO		F	00:56:21	00:55:54	00:05:36	68
452	2009	SEM DADOS		M	00:56:23	00:55:55	00:05:36	384
453	160	PAULA TOSCANO		F	00:56:25	00:55:48	00:05:35	69
454	1118	HUGO CRAVIDÃO		M	00:56:25	00:55:41	00:05:35	385
455	1191	CRISTINA BLANCO	Mercedes	F	00:56:26	00:55:41	00:05:35	70
456	282	CARLOS VIEGAS	GDCT Unicre	M	00:56:26	00:55:57	00:05:36	386

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
457	1446	CARLOS TOMÉ		M	00:56:28	00:56:04	00:05:37	387
458	937	RENATO		M	00:56:31	00:55:40	00:05:34	388
459	1325	JOSÉ SILVA		M	00:56:32	00:56:07	00:05:37	389
460	1384	HENRIQUE MAGALHÃES COELHO		M	00:56:40	00:56:12	00:05:38	390
461	1005	PAULO MORENO		M	00:56:43	00:56:14	00:05:38	391
462	251	JOAQUIM MELO		M	00:56:43	00:56:14	00:05:38	392
463	1012	PAULA MARIANO		F	00:56:44	00:56:40	00:05:40	71
464	775	PAULO	Mais que Cuidar Running	M	00:56:49	00:56:29	00:05:39	393
465	774	SUSANA	Mais que Cuidar Running	F	00:56:49	00:56:29	00:05:39	72
466	627	PEDRO QUINTINO		M	00:56:49	00:56:18	00:05:38	394
467	825	ROGÉRIO FREIRE LUÍS		M	00:56:50	00:56:15	00:05:38	395
468	1293	FRANCISCO MORGADO		M	00:56:52	00:56:15	00:05:38	396
469	986	RICARDO SEPÚLVEDA	Coininha Runners	M	00:56:54	00:56:05	00:05:37	397
470	779	FERNANDO PALMA		M	00:56:54	00:56:15	00:05:38	398
471	1644	DIANA WALLIS DE CARVALHO	EY	F	00:56:56	00:52:17	00:05:14	73
472	895	CARLOS FIGUEIRA	O Praticante	M	00:56:57	00:56:07	00:05:37	399
473	795	HELDER MIRANDA	Marcha do Lapão	M	00:57:04	00:56:09	00:05:37	400
474	156	CRISTINA RIBEIRO		F	00:57:07	00:56:50	00:05:41	74
475	1463	FRANCISCO COITO		M	00:57:08	00:56:51	00:05:42	401
476	1543	WILSON INOCÊNCIO		M	00:57:12	00:56:58	00:05:42	402
477	1076	FREDERICO SOUSA		M	00:57:17	00:57:09	00:05:43	403
478	1295	CÉLIA FONSECA		F	00:57:21	00:56:52	00:05:42	75
479	1600	MÁRIO ALVES MARTINS	Martins & Cia.	M	00:57:23	00:56:50	00:05:41	404
480	1509	MAFALDA BARÃO		F	00:57:24	00:57:05	00:05:43	76
481	1532	LUÍS ROSA		M	00:57:25	00:57:10	00:05:43	405
482	841	GONÇALO PINTO	Esperança	M	00:57:27	00:56:59	00:05:42	406
483	787	MANUEL LAPÃO	Marcha do Lapão	M	00:57:28	00:57:21	00:05:45	407
484	936	PAULA FERREIRA		F	00:57:29	00:56:39	00:05:40	77
485	875	DIAMANTINO SERRANO	Correr Queluz	M	00:57:32	00:56:55	00:05:42	408
486	877	PAULO GORDO	Correr Queluz	M	00:57:32	00:56:56	00:05:42	409
487	468	LUIS GONZAGA RIBEIRO		M	00:57:32	00:57:19	00:05:44	410
488	2035	AUGUSTO DJU		M	00:57:33	00:57:27	00:05:45	411
489	120	MARIA JOAO SIMOES		F	00:57:37	00:56:56	00:05:42	78
490	2059	SARA PEDRO	CPLP	M	00:57:45	00:57:04	00:05:43	412
491	1382	ANDRÉ FERREIRA		M	00:57:48	00:57:02	00:05:43	413

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
492	803	ROLANDO LEMOS		M	00:57:48	00:57:06	00:05:43	414
493	1381	ÓSCAR CAETANO		M	00:57:48	00:57:02	00:05:43	415
494	1658	CRISTOVÃO MATEUS	A-80	M	00:57:49	00:57:35	00:05:46	416
495	755	MARTA PEREIRA	Ja eras	F	00:57:50	00:57:39	00:05:46	79
496	235	JOÃO DIAS		M	00:57:50	00:57:02	00:05:43	417
497	1673	NUNO COLAÇO		M	00:57:53	00:57:25	00:05:45	418
498	976	RICARDO PORTUGAL	#100Pedal	M	00:57:53	00:57:32	00:05:46	419
499	201	TÂNIA MADEIRA		F	00:57:53	00:57:27	00:05:45	80
500	1611	ANA SOFIA FONSECA CARDOSO PINTO	Equipa Domingos Pinto	F	00:57:54	00:53:22	00:05:21	81
501	1609	ANA MARIA MOTA FONSECA CARDOSO	Equipa Domingos Pinto	F	00:57:54	00:53:23	00:05:21	82
502	1048	NUNO MARQUES	Encosta Team	M	00:57:58	00:57:01	00:05:43	420
503	1245	EDUARDO SANTOS		M	00:58:03	00:57:56	00:05:48	421
504	2006	REGINA MARTINS		F	00:58:04	00:53:35	00:05:22	83
505	1348	MARTA AFONSO		F	00:58:05	00:57:18	00:05:44	84
506	280	CLAUDIA MARQUES	GDCT Unicre	F	00:58:07	00:57:34	00:05:46	85
507	2002	TITO MBA		M	00:58:07	00:53:59	00:05:24	422
508	1430	ANTÓNIO PORTUGAL	GDINE	M	00:58:15	00:57:51	00:05:48	423
509	2025	HÉLDER AMARAL		M	00:58:17	00:57:52	00:05:48	424
510	255	RITA SILVA		F	00:58:18	00:57:55	00:05:48	86
511	1257	PEDRO MIGUEL SANTOS FLORINDO	Clube Atlético São Brás	M	00:58:18	00:58:12	00:05:50	425
512	648	MIGUEL PAIS		M	00:58:20	00:57:33	00:05:46	426
513	1080	TERESA SIMOES		F	00:58:24	00:57:57	00:05:48	87
514	432	NUNO MARES	Movet	M	00:58:25	00:58:02	00:05:49	427
515	2003	NATHALIE NCHAMA		F	00:58:28	00:54:19	00:05:26	88
516	2068	SEM DADOS		M	00:58:31	00:58:05	00:05:49	428
517	419	MANUEL FERNANDO BATISTA SILVA		M	00:58:32	00:58:28	00:05:51	429
518	2004	LEANDRO JESUS		M	00:58:32	00:54:22	00:05:27	430
519	185	MANUEL DAVID		M	00:58:33	00:58:07	00:05:49	431
520	2005	GUILLERMO NSUE		M	00:58:34	00:54:25	00:05:27	432
521	2067	ANTÓNIO LOURENÇO GARCIA		M	00:58:37	00:58:10	00:05:49	433
522	210	CARLA ROBALO	Mercedes	F	00:58:41	00:58:11	00:05:50	89
523	1110	PAULO JESUS	Serviços Sociais Montepio	M	00:58:46	00:58:12	00:05:50	434
524	1065	PAULA ESPIGUINHA		F	00:58:51	00:58:29	00:05:51	90
525	1619	MIGUEL GONZALEZ		M	00:58:51	00:58:25	00:05:51	435
526	1466	ANTÓNIO MENDES		M	00:58:51	00:58:17	00:05:50	436



Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
527	1620	DANIEL GONZALEZ		M	00:58:51	00:58:25	00:05:51	437
528	1465	ZAIDA MENDES		F	00:58:51	00:58:17	00:05:50	91
529	866	PATRÍCIA	Mais que Cuidar Running	F	00:58:57	00:58:25	00:05:51	92
530	729	VITOR JOSÉ MENDES BRITES NUNES		M	00:58:57	00:58:07	00:05:49	438
531	1305	HELENA ROSA	N. A. PAPAGAIOS CASCAIS	F	00:58:58	00:58:37	00:05:52	93
532	867	RUBEN	Mais que Cuidar Running	M	00:58:58	00:58:27	00:05:51	439
533	166	JOAQUIM PALMEIRO		M	00:59:04	00:58:41	00:05:53	440
534	362	CRISTINA PALMEIRO	ANDSaúde	F	00:59:04	00:58:41	00:05:53	94
535	533	VERA MARQUES	Câmara Municipal de Cascais	F	00:59:05	00:58:15	00:05:50	95
536	2036	SEM DADOS		M	00:59:05	00:55:22	00:05:33	441
537	1634	FRANCISCO BARBOSA	Abreu Carga	M	00:59:08	00:55:05	00:05:31	442
538	1638	OCTÁVIO BARROS	Abreu Carga	M	00:59:09	00:55:06	00:05:31	443
539	1635	FRANCISCO CUNHA	Abreu Carga	M	00:59:10	00:55:04	00:05:31	444
540	1637	ISABEL BARROS	Abreu Carga	F	00:59:10	00:55:09	00:05:31	96
541	702	JORGE MANUEL DAS NEVES SANTOS		M	00:59:12	00:58:21	00:05:51	445
542	1224	ANTONIO ALVES	ODEBRECHT PORTUGAL	M	00:59:13	00:58:59	00:05:54	446
543	490	ANDRÉ SILVA	Câmara Municipal de Cascais	M	00:59:14	00:58:30	00:05:51	447
544	894	ARMINDA BASILIO	O Praticante	F	00:59:17	00:58:56	00:05:54	97
545	491	JOÃO BARRETO	Câmara Municipal de Cascais	M	00:59:17	00:58:34	00:05:52	448
546	2075	PAULO SILVA		M	00:59:20	00:56:10	00:05:37	449
547	407	NUNO GONÇALVES		M	00:59:22	00:58:30	00:05:51	450
548	1403	CLÁUDIA BORRALHO	Belém Runners	F	00:59:31	00:59:29	00:05:57	98
549	1093	ADELAIDE ALMEIDA	Serviços Sociais Montepio	F	00:59:31	00:58:56	00:05:54	99
550	1423	SOFIA CABEÇAS	Belém Runners	F	00:59:32	00:59:27	00:05:57	100
551	364	MÁRIO SANTOS	ANDSaúde	M	00:59:34	00:59:09	00:05:55	451
552	1412	MICHELE CORREIA	Belém Runners	F	00:59:36	00:59:31	00:05:58	101
553	1310	JACQUELINE CORREIA		F	00:59:37	00:59:01	00:05:55	102
554	1050	JOÃO PAULO	Encosta Team	M	00:59:40	00:58:44	00:05:53	452
555	361	OLIVIA LUCAS	ANDSaúde	F	00:59:41	00:59:20	00:05:56	103
556	1269	VALERIA MOREIRA		F	00:59:44	00:58:55	00:05:54	104
557	1321	LYUDMILA PROKOPCHENKO		F	00:59:45	00:59:36	00:05:58	105
558	1193	MÓNICA MATOS	Mercedes	F	00:59:47	00:59:06	00:05:55	106
559	415	ANTONIO JORGE FERREIRA	Mais que Cuidar Running	M	00:59:51	00:59:31	00:05:58	453
560	1133	LUISA MARIA HERMENEGILDO PINTÃO		F	01:00:01	00:59:37	00:05:58	107
561	868	BRUNO SANTOS		M	01:00:06	00:59:45	00:05:59	454

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
562	1458	RICARDO VINAGRE		M	01:00:07	00:59:13	00:05:56	455
563	2085	TERESA SEPULVEDA	Triatlo AHBE	F	01:00:11	00:59:21	00:05:57	108
564	2084	ANDREIA VALÉRIO	Triatlo AHBE	F	01:00:11	00:59:20	00:05:56	109
565	173	ANA LUÍSA TOMÁS		F	01:00:13	01:00:01	00:06:01	110
566	991	FÁTIMA RODAS		F	01:00:17	01:00:06	00:06:01	111
567	864	JOAQUIM CARPELHO		M	01:00:18	00:59:34	00:05:58	456
568	2058	SEM DADOS		M	01:00:27	01:00:01	00:06:01	457
569	892	MARIA AMÁLIA	O Praticante	F	01:00:40	00:56:56	00:05:42	112
570	890	DAVID SILVA	O Praticante	M	01:00:41	00:57:01	00:05:43	458
571	891	MIGUEL SILVA	O Praticante	M	01:00:41	00:56:56	00:05:42	459
572	630	EVA MOTA		F	01:00:44	01:00:04	00:06:01	113
573	629	ANTÓNIO JOSÉ LOURENÇO		M	01:00:46	01:00:16	00:06:02	460
574	837	SILVIA LOPES	Esperança	F	01:00:49	01:00:19	00:06:02	114
575	667	LUIS FILIPE COSTA	QUARENTÕES NA BISGA	M	01:00:50	01:00:06	00:06:01	461
576	666	LUISA FALE COSTA	QUARENTÕES NA BISGA	F	01:00:51	01:00:08	00:06:01	115
577	1481	LUÍSA GUERRA SANTOS		F	01:00:53	01:00:24	00:06:03	116
578	360	VÍTOR LUCAS	ANDSaúde	M	01:00:54	01:00:32	00:06:04	462
579	1095	ANA PAULA SARAMAGO	Serviços Sociais Montepio	F	01:00:54	01:00:20	00:06:02	117
580	675	PAULO MARQUES	GDCT Unicre	M	01:01:05	01:00:35	00:06:04	463
581	676	MARCELO CARDOSO	GDCT Unicre	M	01:01:05	01:00:58	00:06:06	464
582	1024	CÁTIA PINTO		F	01:01:07	01:00:45	00:06:05	118
583	1516	ANA RITA BÔTO		F	01:01:07	01:00:52	00:06:06	119
584	1554	JEFERSON MAIA		M	01:01:09	01:00:54	00:06:06	465
585	1553	KARINE MAIA		F	01:01:10	01:00:55	00:06:06	120
586	1088	MARIA		F	01:01:16	01:00:33	00:06:04	121
587	1105	LUIS FARINHA	Serviços Sociais Montepio	M	01:01:16	01:00:42	00:06:05	466
588	478	LÉNIA CARLOS	N. A. PAPAGAIOS CASCAIS	F	01:01:20	01:00:59	00:06:06	122
589	1621	DANIEL CONCEIÇÃO	N. A. PAPAGAIOS CASCAIS	M	01:01:21	01:00:58	00:06:06	467
590	477	ARMÉNIO SILVA	N. A. PAPAGAIOS CASCAIS	M	01:01:27	01:00:41	00:06:05	468
591	1544	CARLOS MARUTA		M	01:01:28	01:01:12	00:06:08	469
592	1294	MARIA GOMES		F	01:01:32	01:00:55	00:06:06	123
593	665	MANUEL RAPOSO31/05/1947		M	01:01:38	01:01:12	00:06:08	470
594	1113	SILVIA CARVALHO	Serviços Sociais Montepio	F	01:01:40	01:01:06	00:06:07	124
595	152	CATARINA CLÉRIGO		F	01:01:41	01:01:15	00:06:08	125
596	2045	SEM DADOS		M	01:01:42	01:01:13	00:06:08	471

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
597	725	ANA POMBAL		F	01:01:49	01:00:58	00:06:06	126
598	778	ADELAIDE LEITÃO		F	01:01:52	01:01:12	00:06:08	127
599	234	MANUEL VAZQUEZ		M	01:01:53	01:01:06	00:06:07	472
600	1429	SILVIA SOBREIRA	Belém Runners	F	01:01:56	01:01:10	00:06:07	128
601	1309	DIANA MONTEIRO		F	01:01:57	01:01:44	00:06:11	129
602	1357	VITOR ROBALO		M	01:02:09	01:01:16	00:06:08	473
603	1109	NATÁLIA NARCISO	Serviços Sociais Montepio	F	01:02:11	01:01:37	00:06:10	130
604	1237	MARIA JOSÉ CAMACHO DAS NEVES RODRIGUES MIRA		F	01:02:14	01:01:50	00:06:11	131
605	871	FILIPE		M	01:02:14	01:01:52	00:06:12	474
606	805	MÁRCIA GASPAR		F	01:02:27	01:01:50	00:06:11	132
607	2013	HUGO REIS		M	01:02:37	01:02:21	00:06:15	475
608	1225	JOAQUIM SIMAO	ODEBRECHT PORTUGAL	M	01:02:47	01:01:54	00:06:12	476
609	1227	LUISA ALVES	ODEBRECHT PORTUGAL	F	01:02:48	01:02:34	00:06:16	133
610	1456	MARIA QUITÉRIA		F	01:02:48	01:02:06	00:06:13	134
611	631	PAULO MONTEIRO		M	01:02:48	01:02:09	00:06:13	477
612	1455	ARTUR DINIS		M	01:02:49	01:02:07	00:06:13	478
613	141	SANDRA RODRIGUES		F	01:02:50	01:02:12	00:06:14	135
614	164	RUI ALEXANDRE PARREIRA DOS SANTOS		M	01:02:50	01:02:12	00:06:14	479
615	1300	PAULA SOUSA		F	01:02:57	01:02:34	00:06:16	136
616	1588	CÉU NEVES		F	01:03:00	01:02:27	00:06:15	137
617	1594	JÚNIA ANACLETO		F	01:03:01	01:02:25	00:06:15	138
618	335	CELIA CORTE	CP	F	01:03:01	01:02:48	00:06:17	139
619	840	RICARDO SANTOS	Esperança	M	01:03:01	01:02:31	00:06:16	480
620	1282	MARIA JOÃO CORREIA DE SOUSA MAGALHÃES		F	01:03:02	01:02:46	00:06:17	140
621	489	RITA MAIO	Câmara Municipal de Cascais	F	01:03:13	01:02:31	00:06:16	141
622	1063	TERESA SERRA		F	01:03:16	01:02:37	00:06:16	142
623	1577	ANDRÉ SANCHES	VERIFONE	M	01:03:24	01:02:32	00:06:16	481
624	1572	NUNO DIAS	VERIFONE	M	01:03:25	01:02:32	00:06:16	482
625	159	ANA MADEIRA		F	01:03:25	01:02:50	00:06:17	143
626	2022	CRISTINA TOSCANO		F	01:03:26	01:02:50	00:06:17	144
627	681	PEDRO CAMPOS D'OLIVEIRA		M	01:03:32	01:02:57	00:06:18	483
628	244	ANA COSTA		F	01:03:33	01:03:10	00:06:19	145
629	1365	RAQUEL CARDOSO	Hunger girls	F	01:03:33	01:02:37	00:06:16	146
630	2001	CARLOS JORGE FERREIRA CASAL		M	01:03:36	01:02:56	00:06:18	484
631	283	FÁTIMA MANTEIGA	GDCT Unicre	F	01:03:36	01:03:03	00:06:19	147

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
632	278	PAULO FRANÇA	GDCT Unicre	M	01:03:36	01:03:05	00:06:19	485
633	1015	RAQUEL SANTOS	Migas e Figos	F	01:03:37	01:03:01	00:06:19	148
634	1016	ANTÓNIO GUERRA	Migas e Figos	M	01:03:37	01:03:01	00:06:19	486
635	1317	JOÃO FONSECA		M	01:03:39	01:02:51	00:06:18	487
636	532	RICARDO EMÍLIO	Câmara Municipal de Cascais	M	01:03:42	01:03:23	00:06:21	488
637	534	ANA PINHEIRO	Câmara Municipal de Cascais	F	01:03:42	01:03:24	00:06:21	149
638	531	CATARINA MARQUES VIEIRA		F	01:03:43	01:03:24	00:06:21	150
639	1459	ANA TERESA SEABRA		F	01:03:47	01:02:58	00:06:18	151
640	151	JOHNNY THOMASSEN		M	01:03:58	01:03:36	00:06:22	489
641	1184	LUDMIR DOMINGOS		M	01:04:03	01:03:46	00:06:23	490
642	1183	EDUARDA AMARAL		F	01:04:03	01:03:47	00:06:23	152
643	136	DÉBORA LUCERO		F	01:04:06	01:03:39	00:06:22	153
644	1107	LURDES FERREIRA	Serviços Sociais Montepio	F	01:04:18	01:03:46	00:06:23	154
645	990	ELISABETE SILVA		F	01:04:29	01:03:56	00:06:24	155
646	1045	SUSANA SENA	Encosta Team	F	01:04:32	01:03:35	00:06:22	156
647	1166	LUÍS BANDEIRA	Joaquim Chaves Saúde	M	01:04:46	01:03:55	00:06:24	491
648	772	RITA LOPES		F	01:04:46	01:04:31	00:06:28	157
649	2066	BRUNO ALEXANDRE DOS SANTOS BARRADAS		M	01:04:46	01:04:19	00:06:26	492
650	639	CLÁUDIA CAETANO		F	01:04:46	01:04:31	00:06:28	158
651	642	CATARINA LOPES LEITÃO DE VASCONCELOS		F	01:04:47	01:04:31	00:06:28	159
652	275	FILIPA LEITÃO		F	01:04:54	01:04:28	00:06:27	160
653	1397	CATIA CABRAL	Cedar	F	01:05:00	01:04:17	00:06:26	161
654	1141	PATRÍCIA MIRANDA		F	01:05:11	01:04:19	00:06:26	162
655	158	LURDES ALVES		F	01:05:15	01:04:57	00:06:30	163
656	1261	JORGE ALVES		M	01:05:16	01:05:01	00:06:31	493
657	1244	MARCOS RUMOR		M	01:05:20	01:05:12	00:06:32	494
658	467	BENJAMIM ESPIGUINHA		M	01:05:20	01:04:58	00:06:30	495
659	1318	NÂNCI BÔTO		F	01:05:28	01:05:12	00:06:32	164
660	663	RICARDO AFONSO	Ginásio Clube Português	M	01:05:37	01:05:26	00:06:33	496
661	1510	PAULA ANTUNES		F	01:05:37	01:05:19	00:06:32	165
662	998	MÁRIO MOREIRA DOS SANTOS COSTA		M	01:05:58	01:05:03	00:06:31	497
663	701	VASCO PIPA		M	01:06:09	01:05:52	00:06:36	498
664	417	CARLOS ALBERTO MEDEIROS ROSA DA CONCEIÇÃO		M	01:06:10	01:05:25	00:06:33	499
665	798	SUSANA FERNANDES	Power Girls	F	01:06:25	01:06:00	00:06:36	166
666	1320	ANA MARGARIDA LAGOA		F	01:06:28	01:06:19	00:06:38	167

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
667	439	ISMAR FERREIRA		M	01:06:37	01:06:00	00:06:36	500
668	148	JORGE FERRO		M	01:06:41	01:05:44	00:06:35	501
669	679	SERGIO GONCALVES		M	01:06:50	01:06:07	00:06:37	502
670	1324	CARLA RUFINO PROENÇA		F	01:06:53	01:06:44	00:06:41	168
671	1581	ANA RIBEIRO		F	01:06:54	01:06:45	00:06:41	169
672	1546	MÓNICA LOPES DIAS		F	01:07:08	01:06:44	00:06:41	170
673	1641	JORGE PROENÇA	EY	M	01:07:28	00:59:04	00:05:55	503
674	266	MARTA MOTA		F	01:07:28	01:06:34	00:06:40	171
675	1355	CRISTINA SEGURADO		F	01:07:29	01:06:40	00:06:40	172
676	1593	NIDIA SILVA		F	01:07:29	01:07:03	00:06:43	173
677	1236	JORGE DOMINGUES		M	01:07:30	01:06:41	00:06:41	504
678	696	JOANA MARAU		F	01:07:31	01:06:44	00:06:41	174
679	169	TERESA SALGUEIRO		F	01:07:31	01:06:43	00:06:41	175
680	2012	ANA LEMOS		F	01:07:32	01:06:45	00:06:41	176
681	265	HUGO GONÇALVES		M	01:07:32	01:06:40	00:06:40	505
682	168	MADALENA SALGUEIRO		F	01:07:32	01:06:44	00:06:41	177
683	459	ZELIA RODRIGUES		F	01:07:33	01:06:47	00:06:41	178
684	2054	PEDRO RIBEIRO	CPLP	M	01:07:34	01:03:51	00:06:24	506
685	647	VERA MADEIRA RODRIGUES		F	01:07:45	01:06:58	00:06:42	179
686	530	CARLOS NOGUEIRA	Câmara Municipal de Cascais	F	01:08:06	01:07:23	00:06:45	180
687	1270	CATIA TEIXAIRA		F	01:08:10	01:07:21	00:06:45	181
688	2083	SEM DADOS		M	01:08:17	01:07:25	00:06:45	507
689	1568	FILIPA SOUSA	VERIFONE	F	01:08:31	01:07:39	00:06:46	182
690	424	ARMÉNIO VICENTE		M	01:08:35	01:08:26	00:06:51	508
691	1031	LILIANA PAIS		F	01:08:39	01:07:56	00:06:48	183
692	1396	LINA GOMES	Cedar	F	01:08:41	01:07:58	00:06:48	184
693	1298	BARBARA MIRANDA		F	01:08:45	01:07:52	00:06:48	185
694	1299	ANTONIO PINTO		M	01:08:46	01:07:52	00:06:48	509
695	677	GONÇALO OLIVEIRA	GDCT Unicre	M	01:08:48	01:08:14	00:06:50	510
696	2034	SEM DADOS		M	01:08:53	01:08:30	00:06:51	511
697	2032	SEM DADOS		M	01:08:54	01:08:31	00:06:52	512
698	632	CARLA MOTA		F	01:08:55	01:08:16	00:06:50	186
699	425	FÁTIMA PRAZERES		F	01:09:08	01:08:58	00:06:54	187
700	1284	BÁRBARA CUNHA		F	01:09:53	01:09:45	00:06:59	188
701	670	PAULA COSTA	QUARENTÕES NA BISGA	F	01:09:55	01:09:10	00:06:55	189

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
702	785	CATARINA SANTOS	Power Girls	F	01:09:59	01:09:34	00:06:58	190
703	1574	JOÃO AZEVEDO	VERIFONE	M	01:10:01	01:09:12	00:06:56	513
704	804	IOLANDA MONTEIRO		F	01:10:28	01:09:54	00:07:00	191
705	463	MÓNICA SOFIA ALEXANDRE		F	01:10:28	01:09:43	00:06:59	192
706	657	NARJARA SILVA DE SOUZA	ASMA/PT	F	01:10:29	01:09:42	00:06:59	193
707	1089	LUCIA		F	01:10:52	01:10:09	00:07:01	194
708	461	MARIA CELESTE LOURENÇO		F	01:11:02	01:10:17	00:07:02	195
709	245	ANDRÉ ROCHA DE MACEDO		M	01:11:02	01:10:08	00:07:01	514
710	246	SUSANA SILVA		F	01:11:02	01:10:08	00:07:01	196
711	965	PATRICIA FILIPA DA COSTA GRAÇA DE BARROS		F	01:12:03	01:11:16	00:07:08	197
712	528	SOFIA COLIM	Câmara Municipal de Cascais	F	01:12:16	01:11:31	00:07:10	198
713	1364	LILIANA RINGLER	Hunger girls	F	01:12:17	01:11:21	00:07:09	199
714	1602	JOANA GONÇALVES		F	01:12:29	01:11:41	00:07:11	200
715	492	FRANCELINA SILVA	Câmara Municipal de Cascais	F	01:13:02	01:12:18	00:07:14	201
716	1667	RAQUEL UBACH TRINDADE		F	01:13:35	01:12:59	00:07:18	202
717	1552	PATRÍCIA ALEXANDRA TEIXEIRA		F	01:13:40	01:05:10	00:06:31	203
718	1551	MARA FROZ		F	01:13:40	01:05:10	00:06:31	204
719	236	ADELAIDE PÔRTO		F	01:13:42	01:13:31	00:07:22	205
720	1363	CARINA ALVES	Hunger girls	F	01:13:48	01:12:52	00:07:18	206
721	1281	PATRÍCIA DORES MATEUS DA SILVEIRA		F	01:13:49	01:13:33	00:07:22	207
722	288	ISABEL GARCIA		F	01:14:09	01:14:04	00:07:25	208
723	462	PAULA LOURENÇO		F	01:14:38	01:13:52	00:07:24	209
724	1419	RICARDO CARVALHO	Belém Runners	M	01:15:01	01:14:15	00:07:26	515
725	1094	ANA CLAUDIA PAIXÃO	Serviços Sociais Montepio	F	01:15:01	01:14:26	00:07:27	210
726	527	RITA COLIM	Câmara Municipal de Cascais	F	01:16:23	01:15:39	00:07:34	211
727	526	ELIZABETH VEIGA	Câmara Municipal de Cascais	F	01:16:24	01:15:39	00:07:34	212
728	1573	JOÃO GIRARDI	VERIFONE	M	01:16:50	01:15:58	00:07:36	516
729	723	ANTÓNIO MARQUES		M	01:17:05	01:16:37	00:07:40	517
730	1242	SANDRA ANTUNES		F	01:17:19	01:17:01	00:07:43	213
731	1241	PAULO		M	01:17:19	01:17:01	00:07:43	518
732	290	RAFAEL FONSECA		M	01:17:20	01:17:14	00:07:44	519
733	190	ANTÓNIO FLORÊNCIA		M	01:17:20	01:16:51	00:07:42	520
734	189	EDUARDA FLORÊNCIA		F	01:17:20	01:16:52	00:07:42	214
735	1670	MARIA CARMO ANJOS		F	01:17:25	01:16:47	00:07:41	215
736	1674	GONÇALO ROMEIRAS		M	01:17:55	01:17:20	00:07:44	521

Lugar	Dorsal	Corredor	Equipa	Sexo	Tempo	Chip	Ritmo	PosSex
737	1629	KÁTIA VIDAL		F	01:17:55	01:17:20	00:07:44	216
738	654	REGINALDO DE JESUS MIRANDA	ASMA/PT	M	01:18:01	01:17:17	00:07:44	522
739	886	GUIOMAR TOMÉ		F	01:18:24	01:18:18	00:07:50	217
740	133	DIANA GUERREIRO		F	01:19:10	01:18:43	00:07:53	218
741	1052	JESSICA MARTINS		F	01:22:36	01:22:20	00:08:14	219
742	656	TAÍS ASPERTI PAIS DE MIRANDA	ASMA/PT	F	01:23:25	01:22:38	00:08:16	220
743	655	FLÁVIA ALVES NOGUEIRA MIRANDA	ASMA/PT	F	01:23:26	01:22:37	00:08:16	221
744	839	CRISTINA RAFAEL	Esperança	F	01:23:38	01:23:07	00:08:19	222
745	1044	CARLA AMARAL	Encosta Team	F	01:25:50	01:24:52	00:08:30	223
746	1047	ROSA MARQUES	Encosta Team	F	01:25:51	01:24:54	00:08:30	224
747	1049	TERESA FERNANDES	Encosta Team	F	01:25:51	01:24:54	00:08:30	225
748	1576	ANDREIA NUNES	VERIFONE	F	01:28:14	01:27:21	00:08:45	226
749	1578	MAURO INÁCIO	VERIFONE	M	01:28:14	01:27:21	00:08:45	523
750	1019	BRUNO SILVA	Migas e Figos	M	01:29:04	01:28:27	00:08:51	524
751	1379	RUI MARQUES		M	01:29:05	01:28:27	00:08:51	525
752	1575	ANA XAREPE	VERIFONE	F	01:29:44	01:28:51	00:08:54	227
753	1117	SONIA MARTINS		F	01:29:44	01:26:06	00:08:37	228
754	1116	SONIA JESUS		F	01:29:44	01:26:06	00:08:37	229