

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1	6332	Emanuel Rolim	00:15:35	00:30:39	00:30:39	1	Sport Lisboa e Benfica	Senior	1
2	3573	Hermano Ferreira	00:15:36	00:30:50	00:30:50	2		Senior	2
3	5905	Hugo Correia	00:15:35	00:31:03	00:31:03	3	RB RUNNING	Senior	3
4	6334	Luis Macau	00:15:36	00:31:25	00:31:24	4	Sport Lisboa e Benfica	Senior	4
5	4732	Joao Caetano	00:15:36	00:31:26	00:31:25	5	Clube de Atletismo Odimarq	Senior	5
6	3453	Helder Grosso	00:15:36	00:31:26	00:31:26	6	GFD Running	Senior	6
7	2633	Artur Santiago	00:15:36	00:31:40	00:31:40	7	NúcleOeiras	V40	1
8	6061	Rodrigo Santos	00:15:36	00:31:45	00:31:45	8	RB RUNNING	Senior	7
9	2713	Hugo Ganchas	00:15:37	00:31:54	00:31:53	9		Junior	1
10	3463	Pedro Cruz	00:15:37	00:31:55	00:31:54	10	GFD Running	Senior	8
11	6494	Pedro Conceição	00:15:36	00:32:00	00:32:00	11		Senior	9
12	5906	Guilherme Pinto	00:15:49	00:32:45	00:32:44	12	RB RUNNING	Senior	10
13	3732	João Pereira	00:15:53	00:33:12	00:33:12	13		Junior	2
14	4533	Vitor Oliveira	00:16:34	00:33:31	00:33:31	14	Weventual	Senior	11
15	6289	Marco Melo	00:16:18	00:33:32	00:33:32	15	A.M.Atibá	V45	1
16	5381	Alberto Chaiça	00:16:18	00:33:46	00:33:46	16	Run Buddy Run	V40	2
17	5601	Amilcar Leal	00:16:44	00:34:21	00:34:20	17		V40	3
18	3891	António Pinto	00:16:41	00:34:21	00:34:21	18	GRD OS FIXES	V40	4
19	3527	Ricardo Franco	00:17:09	00:34:31	00:34:31	19	RB RUNNING	Senior	12
20	3462	David Fernandes	00:16:58	00:34:33	00:34:33	20	GFD Running	V40	5

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
21	4013	José Guerra	00:17:04	00:34:34	00:34:33	21	PRAFIT CLUB	Senior	13
22	5613	Vera Nunes	00:17:09	00:34:36	00:34:35	22	Sport Lisboa e Benfica	V35	1
23	4471	António Sousa	00:17:09	00:34:36	00:34:36	23	GFD Running	V45	2
24	5089	Bernard Lehmann	00:17:09	00:34:39	00:34:38	24		Senior	14
25	2631	Ricardo Lanceiro	00:16:45	00:34:49	00:34:48	25	NúcleOeiras	V35	1
26	3448	Ernesto Ferreira	00:17:15	00:34:53	00:34:52	26	GFD Running	V45	3
27	3897	João Ferreira	00:16:56	00:35:12	00:35:12	27		Senior	15
28	1779	Nuno Felicio	00:17:10	00:35:13	00:35:12	28	A.M.Atibá	V35	2
29	6463	Carsten Krueger	00:17:14	00:35:14	00:35:14	29		Senior	16
30	6422	Vitoriano Varela	00:17:13	00:35:17	00:35:16	30		Senior	17
31	5232	Alexandre Monteiro	00:17:29	00:35:23	00:35:23	31	RB RUNNING	V40	6
32	2630	Paulo Santos	00:17:31	00:35:29	00:35:28	33	Cascais Pandilha redux	V45	4
33	2641	António Murteira	00:17:09	00:35:30	00:35:28	32	G. R. D. Ribeira da Lage	V45	5
34	5813	Hugo Ferreira	00:17:36	00:35:32	00:35:32	35	CLUBE OLÍMPICO DE OEIRAS	V40	7
35	6011	Nuno Romao	00:17:36	00:35:33	00:35:30	34		V40	8
36	2159	Nuno Silva	00:17:28	00:35:54	00:35:54	36	Clube Atletismo Amigos de Belém	Senior	18
37	3375	Jessica Augusto	00:17:25	00:35:55	00:35:54	37		Senior	1
38	4008	Mark Ribeiro	00:17:29	00:35:55	00:35:54	38	PRAFIT CLUB	Senior	19
39	4126	Vanderley Silva	00:17:12	00:35:57	00:35:55	39	g.d.chelas	Senior	20
40	3451	Fernando Santos	00:17:59	00:35:57	00:35:56	40	GFD Running	V45	6

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
41	4839	João Inocêncio	00:17:29	00:35:59	00:35:58	41	Amigos Vale Silencio	V45	7
42	2511	Paulo Alves	00:17:55	00:35:59	00:35:58	42	GDCTINCM	V35	3
43	3138	Luis Pedroso	00:17:41	00:36:12	00:36:11	43	NúcleOeiras	V40	9
44	6473	Mateusz Belowski	00:17:57	00:36:15	00:36:14	44		Senior	21
45	653	Aires Pratas	00:18:01	00:36:16	00:36:15	45		V60	1
46	3943	António Reis	00:17:37	00:36:18	00:36:17	46		V40	10
47	3002	Nuno Soares	00:18:01	00:36:22	00:36:21	47	Correr Lisboa	Senior	22
48	3639	Paulo Arrenega	00:18:01	00:36:30	00:36:28	48		V45	8
49	553	Diogo Lopes	00:18:09	00:36:34	00:36:31	49		V40	11
50	2185	Carlos Caetano	00:17:57	00:36:37	00:36:36	50		V40	12
51	4244	Luis Rodrigues	00:18:00	00:36:38	00:36:37	52		V45	9
52	1356	André Arvela	00:18:02	00:36:39	00:36:37	51		V35	4
53	4662	Pedro Rodrigues	00:18:11	00:36:45	00:36:41	54	GFD Running	V45	10
54	6345	João Trigueiros	00:17:58	00:36:47	00:36:47	55		Junior	3
55	3535	Luís Rio	00:17:57	00:36:49	00:36:48	57	GDC Banco de Portugal	V40	13
56	6432	Ricardo Adão	00:19:11	00:36:49	00:36:47	56		Junior	4
57	1222	Elias Fortes	00:17:48	00:36:52	00:36:51	58		V45	11
58	1250	Carlos Tiago	00:18:24	00:36:56	00:36:54	59	Keep running	V35	5
59	3356	Margarida Dionísio	00:18:13	00:37:01	00:36:59	62		Senior	2
60	3730	Nelio Carvalho	00:18:10	00:37:02	00:36:59	61	Pontével a Mexer	V35	6

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
61	176	Michael Almeida	00:18:23	00:37:04	00:36:58	60		Senior	23
62	4430	Rui Henriques	00:18:18	00:37:06	00:37:04	63		V35	7
63	4806	Marcolino Veríssimo	00:18:43	00:37:07	00:36:38	53	SS CGD	V40	14
64	2514	Rui Correia	00:18:32	00:37:18	00:37:15	64	GDCTINCM	V35	8
65	5824	Sérgio Claro	00:18:29	00:37:18	00:37:17	65	CLUBE OLÍMPICO DE OEIRAS	Senior	24
66	243	Armando Pessoa	00:18:25	00:37:21	00:37:19	66		V45	12
67	2515	Valter Oliveira	00:18:32	00:37:22	00:37:19	68	GDCTINCM	V35	9
68	2437	Ricardo Martins	00:18:36	00:37:22	00:37:19	67		Senior	25
69	1615	António Lopes	00:18:27	00:37:23	00:37:21	69		V50	1
70	3184	Sérgio Santos	00:18:28	00:37:23	00:37:22	70		V45	13
71	3237	Vítor Lima	00:18:32	00:37:24	00:37:22	71	NúcleOeiras	V45	14
72	2288	Fernando Rodrigues	00:18:37	00:37:32	00:37:30	72	Amigos Vale Silencio	V45	15
73	2751	Jaime Nunes	00:18:32	00:37:33	00:37:32	73	Carapaus de Corrida	V45	16
74	2699	Leonardo Coelho	00:18:35	00:37:37	00:37:33	74	RunLovers	Senior	26
75	5900	Pedro Pimentel	00:18:25	00:37:37	00:37:35	76	SS CGD	V40	15
76	4000	Artur Duarte	00:18:25	00:37:38	00:37:34	75		V40	16
77	3459	Mónica Moreiras	00:18:37	00:37:39	00:37:37	77	GFD Running	V35	2
78	6384	Jose Heitor	00:18:36	00:37:39	00:37:38	79	A.M.Atibá	Senior	27
79	5822	Ricardo Santos	00:18:52	00:37:41	00:37:37	78	CLUBE OLÍMPICO DE OEIRAS	V35	10
80	6378	Miguel Guerreiro	00:18:37	00:37:44	00:37:41	80		V40	17

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
81	3236	Tiago Vermelho	00:18:31	00:37:44	00:37:42	82	NúcleOeiras	Senior	28
82	1056	José Jorge	00:18:44	00:37:45	00:37:42	81		Senior	29
83	5347	Diogo Felisberto	00:18:30	00:37:51	00:37:50	85	Kaizen	Senior	30
84	2877	Fernando Gomes	00:17:17	00:37:52	00:37:49	84		V55	1
85	3238	Sérgio Paiva	00:18:28	00:37:53	00:37:53	86	NúcleOeiras	V40	18
86	2634	Fernando Polónio	00:18:34	00:37:55	00:37:53	87	NúcleOeiras	V45	17
87	1220	Carlos Marques	00:18:36	00:38:00	00:37:55	88		V45	18
88	4081	Nuno Santos	00:18:29	00:38:02	00:37:59	89		V35	11
89	3267	Bruno Gonçalves	00:18:34	00:38:05	00:38:03	90		V35	12
90	3013	Alexandre Ildefonso	00:18:49	00:38:12	00:38:12	91	Equipa Tivoli	Junior	5
91	1910	Paulo Delgado	00:18:29	00:38:15	00:38:14	94	os papa km	V45	19
92	3461	Vitor Sousa	00:18:58	00:38:15	00:38:13	92	GFD Running	V40	19
93	5821	Pedro Mendes	00:18:47	00:38:16	00:38:13	93	CLUBE OLÍMPICO DE OEIRAS	V35	13
94	5335	Paulo Pinto	00:18:57	00:38:17	00:38:17	96	C.C.D.das Autarquias de Almada	V40	20
95	3127	Carlos Gomes	00:18:37	00:38:20	00:38:18	97	Clube EDP - Lisboa	V50	2
96	6159	Paulo Gaspar	00:18:51	00:38:20	00:38:16	95		V40	21
97	3818	Paulo Rodrigues	00:18:36	00:38:25	00:38:23	98		V35	14
98	195	Fernando Vicente	00:19:05	00:38:30	00:38:28	100		V50	3
99	968	Pedro Ferreira	00:18:31	00:38:32	00:38:28	99	Runners da frente Ribeirinha da Povia de Santa	V40	22
100	2378	Pedro Ramos	00:19:01	00:38:33	00:38:28	101	GRCD Leião	V40	23

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
101	5083	Antonio Mesquita	00:18:30	00:38:33	00:38:32	103		V35	15
102	5502	Miguel Carneiro	00:18:58	00:38:34	00:38:33	104		Senior	31
103	1136	João Pastor	00:18:52	00:38:35	00:38:33	105	Amigos Atletismo Mafra	V40	24
104	4010	Filipa Costa	00:19:06	00:38:35	00:38:33	106	PRAFIT CLUB	Senior	3
105	3192	Carlos Palas	00:19:01	00:38:36	00:38:35	109		V55	2
106	3456	Luís Pereira	00:19:04	00:38:37	00:38:34	108	GFD Running	V45	20
107	4597	Joaquim Martins	00:19:02	00:38:37	00:38:35	110	Clube de Atletismo Odimarq	V50	4
108	4596	José Silva	00:19:02	00:38:38	00:38:36	111	Clube de Atletismo Odimarq	V50	5
109	2847	Nuno Silva	00:19:05	00:38:39	00:38:38	113	Correr Lisboa	V35	16
110	1656	Tiago Costa	00:19:40	00:38:39	00:38:32	102		V35	17
111	3567	Tiago Vintem	00:18:52	00:38:40	00:38:37	112	Pontével a Mexer	Senior	32
112	961	Carlos Teixeira	00:19:40	00:38:47	00:38:40	114		V40	25
113	2677	João Vieira	00:19:08	00:38:49	00:38:48	118		Senior	33
114	4127	Pedro Marques	00:19:31	00:38:49	00:38:46	116	g.d.chelas	V40	26
115	3644	Bernardo Fazendeiro	00:18:47	00:38:49	00:38:46	117		Senior	34
116	266	Armando Rafael	00:19:26	00:38:52	00:38:49	119		V40	27
117	1092	Nuno Lourenço	00:19:08	00:38:52	00:38:52	121	EVELX - Associação de Estilos de Vida Saudável	V40	28
118	2746	Francisco Peixoto	00:19:32	00:38:56	00:38:33	107		Senior	35
119	2374	Nuno Quintela	00:19:19	00:38:56	00:38:51	120	GRCD Leião	Senior	36
120	5607	João Ginja	00:19:36	00:38:56	00:38:54	122		V45	21

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
121	4405	Vital Vilarinho	00:19:18	00:38:58	00:38:57	124		V35	18
122	2364	Eduardo Castelo	00:19:22	00:39:00	00:38:58	125	GRCD Leião	Junior	6
123	338	Alexandre Costa	00:19:14	00:39:01	00:38:56	123		V40	29
124	5336	Sérgio Santos	00:19:20	00:39:02	00:38:59	126	C.C.D.das Autarquias de Almada	V50	6
125	6016	Hernâni Fernandes	00:19:17	00:39:05	00:39:05	130		V40	30
126	5189	Fernando Domingos	00:19:19	00:39:05	00:39:02	127		V50	7
127	1751	Miguel Gonçalves	00:19:34	00:39:07	00:39:03	128	CCD Crédito Agrícola Mútuo	V35	19
128	5629	Guillaume Simões	00:19:07	00:39:09	00:39:08	133	ROFF	Senior	37
129	100	Jose Esteves	00:19:29	00:39:10	00:39:09	135	tartarugas solidarias	V45	22
130	4459	Jorge Vieira	00:19:31	00:39:11	00:39:06	132		V45	23
131	5891	Daniel Pereira	00:19:50	00:39:11	00:38:40	115	Juventude Atlético Clube	Senior	38
132	6244	Joaquim Rodrigues	00:20:09	00:39:12	00:39:06	131	Os Carregueirenses	V45	24
133	2307	Cláudio Canavilhas	00:19:47	00:39:13	00:39:10	136		Senior	39
134	1110	Bruno Amaro	00:19:13	00:39:14	00:39:09	134		V35	20
135	4251	Fábio Teixeira	00:19:17	00:39:14	00:39:11	137		Senior	40
136	1750	Luis Zêzere	00:19:45	00:39:15	00:39:04	129	CCD Crédito Agrícola Mútuo	V35	21
137	4351	Joaquim Alexandre	00:19:29	00:39:16	00:39:14	139	u.r.d.arranhò	V45	25
138	4508	Peter Steinhausen	00:18:59	00:39:17	00:39:16	141		V60	2
139	2997	José Gonçalves	00:19:36	00:39:19	00:39:15	140	Amigos Atletismo Mafra	V45	26
140	6462	Joerdis Krueger	00:19:15	00:39:20	00:39:20	146		Senior	4

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
141	1097	Paulo Gomes	00:19:15	00:39:20	00:39:19	143	EVELX - Associação de Estilos de Vida Saudável	V35	22
142	3928	Luis Sales	00:19:18	00:39:21	00:39:20	145		V40	31
143	6310	Ricardo Damiao	00:19:54	00:39:22	00:39:19	142		V35	23
144	1041	Nelson Coelho	00:19:13	00:39:23	00:39:22	149		Senior	41
145	4545	Francisco Roque	00:32:34	00:39:24	00:37:45	83	Happy Runners	V60	3
146	6239	Luis Aires	00:19:54	00:39:25	00:39:22	148		V40	32
147	5245	Rogério Silva	00:19:23	00:39:25	00:39:25	155		V50	8
148	5456	Kcénia Bougrova	00:19:22	00:39:26	00:39:25	153		Senior	5
149	252	António Garcia	00:19:23	00:39:26	00:39:21	147		V50	9
150	3940	Edgar Trigo	00:19:00	00:39:26	00:39:24	151		V45	27
151	5509	Fernando Mendes	00:19:13	00:39:26	00:39:25	154		V45	28
152	3449	Fábio Domingos	00:19:43	00:39:26	00:39:23	150	GFD Running	Senior	42
153	3783	Paulo Pacheco	00:19:45	00:39:28	00:39:25	156	Friends2Run	Senior	43
154	1466	António Vale	00:19:19	00:39:28	00:39:27	157	GRD OS FIXES	V55	3
155	1249	Jose Pena	00:19:48	00:39:33	00:39:30	159	Keep running	V50	10
156	5823	Rui Lacerda	00:19:46	00:39:33	00:39:29	158	CLUBE OLÍMPICO DE OEIRAS	V40	33
157	6105	Armando Correia	00:17:54	00:39:33	00:39:30	160	Lesmas Alopradas	V60	4
158	2407	Pedro Ferreira	00:19:48	00:39:35	00:39:33	163	RB RUNNING	V45	29
159	1689	Fernando Patricio	00:19:50	00:39:38	00:39:19	144	AFDD - RUN CREW TRAIL MONTIJO	V50	11
160	2725	David Karim	00:19:48	00:39:39	00:39:25	152		V35	24



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
161	4575	João Pinto	00:19:12	00:39:40	00:39:32	162		Senior	44
162	1065	Joaquim Hermenigildo	00:19:14	00:39:40	00:39:40	174	EVELX - Associação de Estilos de Vida Saudável	V50	12
163	1066	Rui Castilho	00:19:12	00:39:40	00:39:40	173	EVELX - Associação de Estilos de Vida Saudável	Senior	45
164	910	Carlos Custodio	00:19:48	00:39:41	00:39:36	166		V40	34
165	1102	Armando Correia	00:19:48	00:39:41	00:39:36	167	Sporting Clube de Casainhos	Senior	46
166	4523	Tiago Branco	00:19:34	00:39:42	00:39:32	161		V35	25
167	3542	Fernando Martins	00:19:33	00:39:42	00:39:40	172	GDC Banco de Portugal	V40	35
168	1075	Pedro Tavares	00:19:41	00:39:43	00:39:33	164		V40	36
169	570	Pedro Machado	00:19:54	00:39:44	00:39:35	165		Senior	47
170	6143	Marco Rodrigues	00:19:44	00:39:46	00:39:37	170	tartarugas solidarias	Senior	48
171	4648	Joao Simoes	00:19:51	00:39:47	00:39:41	175	Associação Jorge Pina	V35	26
172	542	Luís Godinho	00:20:02	00:39:48	00:39:40	171	CLUBE NOVO BANCO	V45	30
173	117	Miguel Cabrita	00:18:34	00:39:49	00:39:46	176		Senior	49
174	2937	Paulo Almeida	00:20:30	00:39:52	00:39:47	177		V45	31
175	2510	Nuno Sousa	00:19:47	00:39:52	00:39:49	180	GDCTINCM	V40	37
176	371	Pacer Sub-40	00:19:48	00:39:55	00:39:52	185		V55	4
177	773	Paulo Camacho	00:19:48	00:39:55	00:39:49	179	BRRnightRUNNERS	V45	32
178	3371	Hugo Dourado	00:19:48	00:39:56	00:39:51	183		V35	27
179	6335	Hugel Hugi	00:19:31	00:39:56	00:39:54	190		V45	33
180	6331	Samuel Barata	00:19:54	00:39:56	00:39:54	189	Sport Lisboa e Benfica	Senior	50

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
181	3334	Pedro Nunes	00:19:54	00:39:56	00:39:53	187		Senior	51
182	3341	Eduardo Quaresma	00:20:17	00:39:56	00:39:36	168	os you turbe	V35	28
183	3601	Rui Soeiro	00:20:08	00:39:57	00:39:36	169	Clube Tap Portugal	V35	29
184	3939	Carlos Silva	00:19:08	00:39:57	00:39:55	191		V40	38
185	684	Pedro Ferreira	00:19:55	00:39:58	00:39:54	188		V35	30
186	3118	Manuel Fernandes	00:19:36	00:39:58	00:39:50	182	Asas nos Pés	V35	31
187	985	Paulo Palma	00:20:09	00:40:00	00:39:48	178		V35	32
188	3132	Gonçalo Ferreira	00:19:52	00:40:00	00:39:56	193	Run2Goal	V40	39
189	1224	Almerindo Seco	00:20:03	00:40:01	00:39:58	195		V55	5
190	4123	Rafael Abrunhosa	00:19:44	00:40:01	00:40:00	197		V45	34
191	5784	Ricardo Pereira	00:19:26	00:40:01	00:39:58	194		V35	33
192	4528	Miguel Rodrigues	00:19:48	00:40:03	00:39:59	196	Weventual	V35	34
193	1308	Mario Seabra	00:19:41	00:40:04	00:39:56	192	Runners da frente Ribeirinha da Povia de Santa	V40	40
194	4014	Luis Caeiro	00:19:41	00:40:05	00:39:53	186	PRAFIT CLUB	Senior	52
195	5811	António Almeida	00:19:48	00:40:07	00:40:03	199	CLUBE OLÍMPICO DE OEIRAS	V40	41
196	2019	Cláudio Rocha	00:19:49	00:40:11	00:40:06	200	Lis Running CPA	V40	42
197	1015	Nuno Silva	00:19:47	00:40:12	00:40:10	203		V35	35
198	3539	António Simões	00:20:13	00:40:12	00:40:09	202	GDC Banco de Portugal	V45	35
199	1495	Paulo Lopes	00:19:33	00:40:15	00:40:10	204	G. R. D. Ribeira da Lage	V40	43
200	6095	Sara Marinho	00:19:37	00:40:17	00:40:13	210		Senior	6

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
201	3532	Bruno Pires	00:19:35	00:40:18	00:40:01	198	GDC Banco de Portugal	Senior	53
202	2701	Jaime Mauricio	00:19:56	00:40:19	00:40:13	209	RunLovers	V40	44
203	2810	Rodrigo Silva	00:19:54	00:40:19	00:40:15	211		V45	36
204	1452	Nelson Pereira	00:19:49	00:40:23	00:40:20	217		V35	36
205	665	Luís Monteiro	00:19:48	00:40:24	00:40:21	218	CLUBE NOVO BANCO	V40	45
206	4252	Dinis Morais	00:20:10	00:40:28	00:40:20	216	CCD Siemens	V45	37
207	477	Renato Morais	00:19:52	00:40:28	00:40:27	223	tartarugas solidarias	Senior	54
208	1739	Joao Mantua	00:19:49	00:40:29	00:40:16	212		Senior	55
209	1549	Carlos Ferreira	00:20:16	00:40:29	00:40:25	222		V40	46
210	346	Telmo Simões	00:20:26	00:40:31	00:40:08	201		Senior	56
211	5861	Joao Cabecas	00:20:12	00:40:33	00:40:23	219		V40	47
212	4441	Pedro Nunes	00:20:06	00:40:33	00:40:31	224	GDCFA	Senior	57
213	513	Pedro Vitor	00:20:24	00:40:34	00:40:13	208	CLUBE NOVO BANCO	V45	38
214	4172	Pedro Marques	00:20:28	00:40:34	00:40:13	207		V35	37
215	321	Pedro Soares	00:19:43	00:40:34	00:40:32	225		V35	38
216	1342	Joel Rodrigues	00:20:18	00:40:36	00:40:24	220		V35	39
217	2585	Ricardo Nunes	00:20:35	00:40:37	00:40:13	205		V40	48
218	4253	João Fernandes	00:20:24	00:40:41	00:40:18	213	CCD Siemens	Senior	58
219	230	Hugo Costa	00:20:13	00:40:43	00:40:35	227		V35	40
220	2861	Joao Gomes	00:20:22	00:40:44	00:40:34	226	Amigos Atletismo Mafra	V40	49

# CLASSIFICAÇÕES

**25 OUT**
  
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**TERREIRO**
  
**DO PAÇO**

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
221	5193	Luis Torres	00:20:12	00:40:47	00:40:42	233		V40	50
222	512	Pedro Sanguino	00:20:24	00:40:47	00:40:36	228	CLUBE NOVO BANCO	Senior	59
223	3476	Teotónio Neto	00:19:52	00:40:48	00:40:39	230	ADRC Mata de Benfica	V50	13
224	3150	Eduardo Santos	00:20:11	00:40:48	00:40:42	232	Gelpeixe	V35	41
225	245	Eduardo Silva	00:20:48	00:40:53	00:40:51	238		V50	14
226	4724	Domingos Neca	00:19:56	00:40:54	00:40:53	242	Jovens da Serra das Minas	V60	5
227	6451	José Ferreira	00:20:33	00:40:54	00:40:25	221		V40	51
228	6235	José Moreira	00:19:50	00:40:54	00:40:53	241	EVELX - Associação de Estilos de Vida Saudável	V35	42
229	6253	Rodrigo Pinho	00:20:30	00:40:54	00:40:50	237	Grupo Desportivo e Recreativo de Manique de Ci	Junior	7
230	6019	Tiago Nicolau	00:19:38	00:40:56	00:40:52	240	Aqua Runners/Mais que Cuidar Team	Senior	60
231	2999	Fernando Pelarigo	00:20:08	00:40:57	00:40:42	234	Escola Atletismo do Cartaxo	V45	39
232	2452	Antonio Terras	00:20:09	00:41:02	00:40:54	243		V40	52
233	569	José Pires	00:20:50	00:41:04	00:40:59	247	Treino do Monge	V35	43
234	3268	Sérgio Santos	00:20:40	00:41:06	00:40:56	244		Senior	61
235	2368	Hugo Rocha	00:20:01	00:41:06	00:40:59	246	GRCD Leião	V40	53
236	5503	Pedro Fortunato	00:20:43	00:41:06	00:40:36	229		V40	54
237	1705	Paulo Mata	00:20:08	00:41:07	00:41:05	252		V50	15
238	5817	Nuno Almeida	00:19:35	00:41:08	00:41:00	248	CLUBE OLÍMPICO DE OEIRAS	V45	40
239	3591	Dário Salvador	00:20:50	00:41:08	00:40:41	231	Grupo amigos motards os piratas	Senior	62
240	4853	Agostinho Semedo	00:20:18	00:41:13	00:41:12	256	Linda-a-Pastora Sporting Clube	V35	44

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
241	3889	Mario Gomes	00:20:05	00:41:13	00:40:57	245	Pontével a Mexer	V35	45
242	5445	Luís Santos	00:21:22	00:41:13	00:39:49	181	Amigos Atletismo Mafra	Senior	63
243	1261	Hugo Gonçalves	00:20:41	00:41:13	00:40:48	236	G.D.R. São Francisco da Serra	Senior	64
244	1025	Bruno Godinho	00:21:39	00:41:14	00:40:19	214	Authentic Pilates	Senior	65
245	4995	Ivo Nogueira	00:21:38	00:41:15	00:40:20	215		Senior	66
246	2169	Reydeleon Paulo	00:19:45	00:41:18	00:41:17	259		Senior	67
247	5440	André Mourão	00:20:42	00:41:19	00:41:16	258		Senior	68
248	2051	Luís Ferreira	00:21:08	00:41:22	00:41:04	251		Senior	69
249	2480	Pedro Dinis	00:20:08	00:41:23	00:41:19	264		V35	46
250	5571	Adriano Silva	00:20:52	00:41:24	00:41:00	249		Senior	70
251	4192	Mário Marques	00:20:13	00:41:24	00:41:18	261		Senior	71
252	1976	Marius Lordean	00:20:39	00:41:25	00:41:17	260	NAV Runners	Senior	72
253	6468	Hélio Marques	00:20:51	00:41:25	00:41:19	262		V40	55
254	1492	Carlos Folgado	00:20:43	00:41:26	00:41:22	266	G. R. D. Ribeira da Lage	V55	6
255	6136	Ezequiel Fernandes	00:20:08	00:41:26	00:41:22	268		V55	7
256	2058	Filipe Mesquita	00:21:02	00:41:27	00:41:12	255		V40	56
257	2326	José Falé	00:21:05	00:41:27	00:41:01	250	BRRnightRUNNERS	V45	41
258	3599	Carlos Pedro	00:20:34	00:41:28	00:41:12	254	Clube Tap Portugal	V40	57
259	2587	João Nunes	00:20:31	00:41:29	00:41:19	263		V50	16
260	4348	Filipe Branco	00:20:32	00:41:30	00:41:22	267	u.r.d.arranhò	V45	42

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
261	3976	Cláudio Ferro	00:19:54	00:41:32	00:41:26	273		Senior	73
262	4153	Luis Ferreira	00:19:42	00:41:32	00:41:29	276		V40	58
263	1344	David Azenha	00:20:14	00:41:33	00:41:29	277	BRRnightRUNNERS	Senior	74
264	692	João Pereira	00:20:04	00:41:34	00:41:28	274		Senior	75
265	1413	Jorge Vaz	00:20:23	00:41:34	00:41:30	278		V40	59
266	5796	Iuri Leandro	00:21:07	00:41:36	00:41:32	279		Junior	8
267	6464	Luis Saraiva	00:20:01	00:41:36	00:41:34	282		Senior	76
268	832	Jorge Caldeira	00:19:47	00:41:36	00:41:35	284		V45	43
269	778	João Carvalho	00:20:52	00:41:38	00:41:25	270	ETÍOPE E QUENIANOS	V40	60
270	3919	António Dolores	00:20:33	00:41:40	00:41:35	283		V40	61
271	42	Vitor Novais	00:20:58	00:41:41	00:41:21	265		V35	47
272	1749	Gonçalo Ferreira	00:20:50	00:41:41	00:41:25	271	CCD Crédito Agrícola Mútuo	Senior	77
273	5890	Vitor Santos	00:21:53	00:41:42	00:41:11	253	Juventude Atlético Clube	Senior	78
274	1223	João Carvalho	00:20:54	00:41:44	00:41:38	286		V55	8
275	4042	Jorge Fraga	00:21:03	00:41:44	00:41:29	275		V45	44
276	5582	Paulo Fernandes	00:20:31	00:41:45	00:41:23	269		V35	48
277	4385	Joao Marreiros	00:20:45	00:41:48	00:41:40	289		V50	17
278	6190	Pedro Roxo	00:20:40	00:41:49	00:41:13	257		Senior	79
279	6086	Hugo Lampreia	00:20:39	00:41:49	00:41:46	296		V40	62
280	4178	Paulo Coelho	00:20:07	00:41:49	00:41:40	292		V35	49

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
281	5039	Pedro Ferreira	00:20:27	00:41:50	00:41:42	293		V45	45
282	4858	Paulo Henriques	00:20:52	00:41:51	00:41:38	287		V35	50
283	3538	Adelino Simões	00:21:17	00:41:52	00:41:47	297	GDC Banco de Portugal	V60	6
284	4346	Humberto Correia	00:20:46	00:41:54	00:41:49	299	NUCLEO DESPORTIVO AUTOCOOPE	V50	18
285	2970	Augusto Brito	00:20:48	00:41:55	00:41:49	300	Flamingos Atletismo	V55	9
286	4443	João Vaz	00:21:08	00:41:56	00:41:40	290		V45	46
287	4427	António Merujo	00:21:34	00:41:58	00:41:35	285		V55	10
288	3290	João Micaelo	00:20:09	00:41:58	00:41:50	301		Senior	80
289	5428	Francisco Rodrigues	00:21:11	00:42:00	00:42:00	307	Amigos Atletismo Mafra	Senior	81
290	4136	Eduardo Rodrigues	00:20:50	00:42:00	00:41:33	281	g.d.chelas	V50	19
291	4658	Carlos Monteiro	00:21:13	00:42:03	00:42:02	313	FALCÕES SELVAGENS	V65	1
292	1754	Nuno Rosa	00:20:38	00:42:04	00:41:59	306	CCD Crédito Agrícola Mútuo	V35	51
293	585	António Marçal	00:20:56	00:42:05	00:41:46	295		V55	11
294	4879	Júlio Gamito	00:21:00	00:42:06	00:42:02	314		V50	20
295	6338	Hugo António	00:20:44	00:42:09	00:42:04	315		V35	52
296	816	Fulvio Ramos	00:21:03	00:42:10	00:42:04	316		V35	53
297	6314	Fradique Rita	00:20:53	00:42:10	00:42:08	325		V40	63
298	2279	Diogo Garcia	00:22:10	00:42:11	00:40:13	206	Os Conta-Kilómetros	Senior	82
299	2521	João Ferro	00:20:33	00:42:11	00:41:50	302	Aqua Runners/Mais que Cuidar Team	Senior	83
300	1048	Humberto Cruz	00:20:54	00:42:12	00:41:48	298		V35	54

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
301	3000	Miguel Nunes	00:20:41	00:42:12	00:42:01	310	Nunes Team	Senior	84
302	2363	Daniel Morais	00:20:51	00:42:13	00:42:06	319	GRCD Leião	V40	64
303	2236	Mário Gomes	00:20:34	00:42:13	00:42:08	323	Açoreana Clube Banif	V45	47
304	1112	Ricardo Gonçalves	00:20:25	00:42:14	00:41:58	305		Senior	85
305	1678	Jorge Lopes	00:21:01	00:42:14	00:42:04	317	GDINE	Senior	86
306	2944	Rui Machinho	00:20:37	00:42:14	00:42:07	321		V35	55
307	6249	Massimiliano Colonghi	00:21:11	00:42:15	00:41:51	303		V40	65
308	6404	Carlos Teixeira	00:20:54	00:42:15	00:42:10	327		V40	66
309	5609	Emanuel Freitas	00:20:16	00:42:16	00:42:12	329		V50	21
310	355	Luís Loureiro	00:20:18	00:42:16	00:41:57	304		Senior	87
311	3802	João Santos	00:21:55	00:42:16	00:41:32	280		Senior	88
312	2566	Mário Neto	00:20:26	00:42:17	00:42:16	336		V45	48
313	3429	João Gaspar	00:20:26	00:42:17	00:42:07	322		Senior	89
314	3450	Fernando Lopes	00:21:25	00:42:17	00:42:06	318	GFD Running	V45	49
315	459	Pedro Fernandes	00:20:49	00:42:18	00:42:01	311	Cascais Pandilha redux	V40	67
316	233	Henrique Oliveira	00:20:49	00:42:18	00:42:01	312	Cascais Pandilha redux	V45	50
317	6375	Hendrikus Jan	00:20:01	00:42:18	00:42:16	337		Senior	90
318	582	Horácio Oliveira	00:21:10	00:42:19	00:42:15	332		V40	68
319	4501	André Quarenta	00:21:07	00:42:21	00:42:15	333	Açoreana Clube Banif	V40	69
320	4453	António Painha	00:21:07	00:42:22	00:42:15	334		V45	51



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
321	3867	Gabriel Alves	00:21:19	00:42:22	00:42:20	342		V45	52
322	6316	Abigail Santana	00:20:42	00:42:22	00:42:21	345		Senior	7
323	3966	Constantino Araujo	00:21:33	00:42:22	00:42:18	338		V45	53
324	3447	Abel Pina	00:21:00	00:42:24	00:42:15	335	GFD Running	V50	22
325	348	Henrique Tomé	00:21:22	00:42:26	00:42:06	320		V45	54
326	6254	Diogo Araújo	00:20:42	00:42:26	00:42:22	347	Grupo Desportivo e Recreativo de Manique de Ci	Junior	9
327	3888	António Lemos	00:20:55	00:42:27	00:42:26	350	GRD OS FIXES	V60	7
328	4264	Orlando Delgado	00:21:01	00:42:27	00:42:25	349		V50	23
329	4189	Paulo Louro	00:21:10	00:42:28	00:42:14	331		V50	24
330	1450	João Mendes	00:21:26	00:42:28	00:42:12	328	Maguigos	V40	70
331	4212	Jose Dias	00:20:49	00:42:28	00:42:21	346	g.d.chelas	V50	25
332	6097	Bruno Francisco	00:21:07	00:42:29	00:41:40	288	Amigos do Trinhão e Ponte Fajão	Senior	91
333	820	Helder Faia	00:20:46	00:42:32	00:42:12	330		V40	71
334	2265	Rui Almeida	00:21:29	00:42:33	00:42:20	343	GDINE	V45	55
335	2086	Marco Videira	00:22:17	00:42:33	00:40:51	239		Senior	92
336	2197	Alfredo Valente	00:20:54	00:42:33	00:42:29	353		V50	26
337	2643	João Rodrigues	00:20:15	00:42:34	00:42:31	359		V40	72
338	1677	Carlos Santos	00:21:11	00:42:36	00:42:24	348	GDINE	V45	56
339	4202	Manuel Tavares	00:20:55	00:42:36	00:42:27	352	g.d.chelas	V55	12
340	6157	Tânia Fernandes	00:21:13	00:42:36	00:42:36	373		Senior	8

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
341	1693	Bruno Carvalho	00:21:13	00:42:36	00:42:30	356		V35	56
342	2923	Jorge Alexandre	00:20:12	00:42:37	00:42:32	361		Junior	10
343	3598	Jorge Gonçalves	00:21:46	00:42:37	00:42:08	324	Clube Tap Portugal	Senior	93
344	1943	Fredy Henriques	00:21:51	00:42:39	00:42:19	340		Senior	94
345	1927	Ruben Santos	00:20:52	00:42:40	00:42:37	375		Senior	95
346	1103	Manuel Bento	00:21:28	00:42:40	00:42:19	341	Sporting Clube de Casainhos	V35	57
347	3720	Pedro Guimarães	00:20:42	00:42:41	00:42:32	362		V35	58
348	3766	Rui Duarte	00:21:05	00:42:42	00:42:34	366		V40	73
349	3188	Nuno Santos	00:21:24	00:42:42	00:42:35	368		Junior	11
350	905	João Barbosa	00:21:11	00:42:43	00:42:30	354		V35	59
351	2144	José Figueiredo	00:21:02	00:42:43	00:42:35	371	Team Pernetas	V40	74
352	3485	Ricardo Rodrigues	00:21:21	00:42:44	00:42:20	344	Amigos da Corrida	V40	75
353	5729	Fernando Velez	00:20:58	00:42:44	00:42:40	381	Câmara Lisboa Clube	V50	27
354	6296	José Cruz	00:21:52	00:42:44	00:42:01	309		Senior	96
355	1970	Paulo Pires	00:21:25	00:42:44	00:42:39	379		V45	57
356	1967	Feliciano Carvalho	00:21:12	00:42:45	00:42:38	377	BRRnightRUNNERS	V50	28
357	5689	João Andrade	00:21:09	00:42:46	00:42:36	372	Odebrecht Portugal	V45	58
358	4414	Rui Martins	00:21:28	00:42:46	00:42:31	357		V55	13
359	5092	Filipe Carreiro	00:21:08	00:42:47	00:42:46	397		Senior	97
360	4124	Sérgio Trindade	00:22:12	00:42:48	00:42:44	391		V35	60

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
361	689	João Cegonho	00:20:50	00:42:49	00:42:45	392		V35	61
362	2013	Belchior Barrocas	00:22:02	00:42:51	00:42:33	363		V45	59
363	4168	Francisco Vilela	00:21:17	00:42:51	00:42:45	394	GRD.Ribeira da Lage	V40	76
364	3806	Nuno Pinto	00:21:54	00:42:51	00:42:33	364		Senior	98
365	1702	Bruno Martins	00:20:50	00:42:51	00:42:37	376		V40	77
366	2332	Francisco Fernandes	00:21:42	00:42:52	00:42:35	370	Lagartixas Team	V35	62
367	259	Leonído Afonso	00:21:08	00:42:52	00:42:50	405		V50	29
368	2817	José Francisco	00:21:43	00:42:53	00:42:18	339		V35	63
369	3077	Martim Infante	00:21:41	00:42:53	00:42:09	326		Senior	99
370	5767	António Fernandes	00:21:12	00:42:54	00:42:53	415		V50	30
371	1442	Augusto Portugal	00:21:52	00:42:54	00:42:32	360		V40	78
372	2692	Jorge Branco	00:21:38	00:42:54	00:42:44	387		V40	79
373	161	Sérgio Manso	00:21:54	00:42:55	00:42:30	355		Senior	100
374	6295	Rúben Grilo	00:21:13	00:42:55	00:42:55	418		Senior	101
375	4468	Luís Monteiro	00:21:25	00:42:56	00:42:39	378	Escola Atletismo do Cartaxo	V45	60
376	4133	Carlos Sa	00:21:15	00:42:57	00:42:31	358	g.d.chelas	V40	80
377	5892	Roberto Baião	00:21:55	00:42:57	00:42:26	351	Juventude Atlético Clube	Senior	102
378	704	Maurício Marques	00:21:43	00:42:57	00:42:45	395		V40	81
379	1640	Paulo Reis	00:21:54	00:42:59	00:42:35	369		V45	61
380	3574	Pedro Cunha	00:22:01	00:43:00	00:42:45	393		V35	64

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
381	2803	Fernando Pereira	00:21:20	00:43:01	00:42:51	408		V50	31
382	3255	Joaquim Frade	00:21:32	00:43:01	00:42:51	407	SS CGD	V60	8
383	3537	Nuno Pires	00:21:02	00:43:01	00:42:44	389	GDC Banco de Portugal	Senior	103
384	3947	Bruno Pedro	00:22:36	00:43:02	00:41:25	272		V35	65
385	2411	Tiago Martins	00:21:52	00:43:02	00:42:50	404	ITQB&Co	Senior	104
386	1123	Hélder Diogo	00:21:31	00:43:03	00:42:56	424	BRRnightRUNNERS	V45	62
387	4349	Edgar Francisco	00:21:24	00:43:04	00:42:56	423	u.r.d.arranhò	V45	63
388	4816	Nuno Henriques	00:20:53	00:43:04	00:43:02	430	GDCTINCM	V40	82
389	2896	Miguel David	00:21:18	00:43:05	00:42:42	385		V40	83
390	2822	Bruno Martins	00:21:04	00:43:05	00:42:50	403		Senior	105
391	3554	Paulo Ferreira	00:21:01	00:43:06	00:42:52	410	FITNESSWAY PINHAL NOVO	V40	84
392	532	Hugo Carago	00:21:42	00:43:06	00:42:44	386	CLUBE NOVO BANCO	V40	85
393	6127	André Nunes	00:21:15	00:43:07	00:43:02	431		Senior	106
394	1267	Gabriel Henriques	00:22:16	00:43:07	00:42:47	398		Senior	107
395	1748	Carlos Silva	00:21:44	00:43:08	00:42:44	390	CCD Crédito Agrícola Mútuo	V50	32
396	207	Carlos Grego	00:21:40	00:43:09	00:42:53	416	Cascais Pandilha redux	V45	64
397	4128	Carlos Rodrigues	00:21:43	00:43:09	00:42:41	383	g.d.chelas	V40	86
398	849	Rogério Fonseca	00:21:16	00:43:10	00:43:05	437		V45	65
399	4132	Paulo Cardoso	00:20:56	00:43:10	00:43:05	438	g.d.chelas	V50	33
400	4191	João Freitas	00:21:45	00:43:12	00:42:50	406		V35	66

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
401	1762	Paulo Caldeirinha	00:21:53	00:43:12	00:42:46	396	Run Buddy Run	V40	87
402	85	José Córias	00:21:12	00:43:12	00:42:57	426	Os Trinca Espinhas	Senior	108
403	3185	Eduardo Nunes	00:21:06	00:43:13	00:43:06	441		V35	67
404	2008	Antonio Gonçalves	00:21:34	00:43:13	00:42:56	425	Alverca Urban runners	V50	34
405	5779	Paulo Silva	00:21:52	00:43:13	00:42:53	412		Senior	109
406	3062	Fernando Anacleto	00:21:11	00:43:15	00:43:05	436		V60	9
407	25	Nuno Gomes	00:21:24	00:43:15	00:43:03	432	BRRnightRUNNERS	V35	68
408	2738	Leandro Reis	00:21:45	00:43:15	00:42:48	399		V45	66
409	4433	Vitor Moura	00:21:39	00:43:15	00:42:53	414		V35	69
410	2340	João Fonseca	00:21:27	00:43:16	00:43:06	440		V40	88
411	3536	José Monteiro	00:22:08	00:43:16	00:43:03	433	GDC Banco de Portugal	V55	14
412	4706	Fernando Matos	00:21:25	00:43:17	00:43:09	446		V35	70
413	3282	Gil Sousa	00:21:46	00:43:17	00:42:50	402		V40	89
414	1822	Paulo Monteiro	00:21:33	00:43:18	00:42:59	427		Senior	110
415	3908	André Lopes	00:22:38	00:43:18	00:42:52	409	CRP Ribafria	Senior	111
416	5667	Mário Miguel	00:21:43	00:43:18	00:43:01	429		V65	2
417	1772	Nuno Jorge	00:21:53	00:43:18	00:42:53	411	Run Buddy Run	V35	71
418	555	Euclides Soares	00:21:39	00:43:19	00:43:10	448		Senior	112
419	2359	Armando Correia	00:21:41	00:43:20	00:43:09	445	GRCD Leião	V60	10
420	3563	Luís Silvestre	00:22:12	00:43:21	00:42:55	419	Coininha Runners	V35	72

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
421	1005	Zé Ganhão	00:21:35	00:43:21	00:43:08	444		Senior	113
422	1307	Vitor Pereira	00:21:10	00:43:22	00:43:16	453	Runners da frente Ribeirinha da Povia de Santa	V35	73
423	2698	Luis Ferreira	00:22:06	00:43:22	00:42:55	420	RunLovers	V45	67
424	550	Sérgio Marques	00:21:04	00:43:23	00:43:18	457	A.M.Atibá	V45	68
425	1091	Fábio Dias	00:22:36	00:43:23	00:42:35	367	Pai e Filho	Junior	12
426	3187	Paulo Santos	00:21:32	00:43:24	00:43:16	454		V45	69
427	1710	Pedro Ribeiro	00:22:07	00:43:24	00:42:44	388		V40	90
428	3164	José Marques	00:21:13	00:43:24	00:43:17	455		V45	70
429	4900	André Coelho	00:22:12	00:43:25	00:43:07	442	Os Galgos	V40	91
430	1132	Álvaro Costa	00:21:26	00:43:26	00:43:19	458	Runners da frente Ribeirinha da Povia de Santa	V40	92
431	2998	Jorge Luís	00:21:14	00:43:27	00:43:11	449	Escola Atletismo do Cartaxo	V35	74
432	4342	Joao Caldas	00:21:23	00:43:27	00:43:25	474	NUCLEO DESPORTIVO AUTOCOOPE	V45	71
433	6317	Pedro Quaresma	00:22:29	00:43:27	00:42:36	374		V45	72
434	5728	Paulo Santos	00:21:52	00:43:28	00:43:22	467	Câmara Lisboa Clube	V45	73
435	3368	João Pinto	00:21:30	00:43:28	00:43:21	463		V45	74
436	4566	Luciano Silva	00:21:36	00:43:29	00:43:21	464	Runners da frente Ribeirinha da Povia de Santa	V35	75
437	2670	Filipe Santos	00:21:34	00:43:31	00:43:22	469		V35	76
438	4203	Jose Serra	00:22:06	00:43:32	00:43:04	434	g.d.chelas	V50	35
439	2784	José Aleixo	00:21:40	00:43:32	00:43:22	465		V45	75
440	1800	Tiago Brázio	00:22:29	00:43:33	00:42:49	401		Senior	114

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
441	1142	Ruben Costa	00:22:05	00:43:33	00:43:06	439	BRRnightRUNNERS	Senior	115
442	1264	Tiago Neto	00:22:49	00:43:33	00:41:40	291		Senior	116
443	3866	Sérgio Simão	00:21:24	00:43:33	00:43:20	460		V35	77
444	17	António Martins	00:22:05	00:43:34	00:43:26	477	NAV Runners	V45	76
445	5093	João Crespo	00:22:09	00:43:34	00:43:31	484		Senior	117
446	6373	André Gouveia	00:21:15	00:43:34	00:43:30	483		V35	78
447	1021	Fábio Moço	00:21:23	00:43:34	00:43:26	476		Senior	118
448	1179	Óscar Santos	00:22:08	00:43:35	00:43:20	462	Centro de Cultura e Desporto dos Trabalhadores	V55	15
449	1491	Fernando Correia	00:22:08	00:43:35	00:43:31	485	G. R. D. Ribeira da Lage	V50	36
450	781	Raul Santos	00:22:05	00:43:35	00:43:30	482	Federação da Família para a Paz Mundial e Unifi	V55	16
451	4015	Miguel Santos	00:21:09	00:43:35	00:43:29	480	Correr Lisboa	V40	93
452	5516	Paulo Marques	00:22:38	00:43:36	00:42:49	400	Amigos Atletismo Mafra	V45	77
453	1674	Francisco Caldeira	00:21:42	00:43:37	00:43:25	475	GDINE	V40	94
454	2898	Alexandre Lucas	00:22:28	00:43:37	00:41:46	294		Senior	119
455	3484	Ricardo Louro	00:21:59	00:43:38	00:43:14	452	Amigos da Corrida	Senior	120
456	5958	Pedro Almeida	00:22:20	00:43:39	00:43:04	435	KPMG	Senior	121
457	4435	Fernando Jesus	00:21:30	00:43:40	00:43:36	497		V45	78
458	4668	David Rosado	00:20:50	00:43:41	00:43:39	506		V35	79
459	3969	Jose Reis	00:22:04	00:43:41	00:43:29	481		V60	11
460	5446	Paulo Costa	00:22:38	00:43:42	00:42:55	422	Amigos Atletismo Mafra	V55	17

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
461	2320	Helder Tavares	00:22:25	00:43:42	00:43:22	466		V35	80
462	226	Carlos Craveira	00:21:17	00:43:43	00:43:35	495		V40	95
463	320	Nuno Dantas	00:21:30	00:43:43	00:43:34	490		V35	81
464	1530	Mária Santos	00:21:55	00:43:43	00:43:35	496		Senior	9
465	2520	Mário Soares	00:22:08	00:43:44	00:43:32	486	ITQB&Co	Senior	122
466	1962	Isidoro Dengue	00:22:56	00:43:44	00:42:40	380		V35	82
467	2464	Julio Terán	00:22:07	00:43:44	00:42:01	308		Junior	13
468	6096	Francisco Bispo	00:21:26	00:43:45	00:43:41	510		V55	18
469	3977	Bruno Leite	00:21:54	00:43:47	00:43:34	493		Senior	123
470	466	Eugénio Ruivo	00:21:37	00:43:47	00:43:42	512		V60	12
471	36	Paulo Cecílio	00:21:15	00:43:47	00:43:37	503		V40	96
472	2638	Rui Silva	00:22:35	00:43:48	00:43:34	492	sfuap	V65	3
473	2637	Mario Alves	00:22:35	00:43:48	00:43:34	491	sfuap	V60	13
474	3552	Marco Borge	00:21:41	00:43:49	00:43:36	501	FITNESSWAY PINHAL NOVO	V35	83
475	2513	Ricardo Neves	00:21:23	00:43:49	00:43:45	517	GDCTINCM	V40	97
476	6059	Carlos Gonçalves	00:22:04	00:43:50	00:43:49	527		V40	98
477	3248	Fernando Candeias	00:22:53	00:43:50	00:42:41	384	SS CGD	V40	99
478	2355	Alberto Covas	00:21:34	00:43:50	00:43:48	526	GRCD Leião	V55	19
479	5279	Leonardo Lopes	00:22:32	00:43:51	00:42:59	428		Senior	124
480	2760	Diamantino Serrano	00:22:01	00:43:52	00:43:24	470	Correr Queluz	V40	100



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
481	447	Lúis Correia	00:21:55	00:43:52	00:43:46	518	Criminalistic Runners	V35	84
482	1045	Vitor Amado	00:21:47	00:43:52	00:43:39	508		V60	14
483	3594	Manuel Mexia	00:21:58	00:43:53	00:43:25	473	Clube Tap Portugal	V50	37
484	3959	João Cavalheiro	00:20:45	00:43:53	00:43:47	522		Senior	125
485	4951	Cátia Guerreiro	00:21:58	00:43:54	00:43:47	521	Clube Brisa	Senior	10
486	253	Emanuel Ribeiro	00:21:26	00:43:54	00:43:33	489		Senior	126
487	3355	Plamen Damyanov	00:22:15	00:43:55	00:43:50	531		V35	85
488	5387	Elson Martins	00:21:20	00:43:56	00:43:54	536		Senior	127
489	5921	Mário Figueiredo	00:22:35	00:43:56	00:43:28	479	Cofina Runners	V40	101
490	2015	Carlos Florência	00:21:46	00:43:56	00:43:45	516		Senior	128
491	2711	Miguel Goncalves	00:22:02	00:43:57	00:43:36	500		Senior	129
492	129	Helder Grave	00:20:56	00:43:58	00:43:51	533		Senior	130
493	240	Rui Santos	00:22:13	00:43:58	00:43:37	504		V35	86
494	2653	Rogério Carreiro	00:21:34	00:43:59	00:43:56	539	Asas nos Pés	V50	38
495	2124	Miguel Sousa	00:22:07	00:44:01	00:43:46	519		V40	102
496	5725	Miguel Velez	00:21:52	00:44:01	00:43:49	528	Câmara Lisboa Clube	V50	39
497	3296	William Bidi	00:22:34	00:44:01	00:43:24	471		Senior	131
498	4561	António Orlando	00:22:02	00:44:02	00:43:44	513		V35	87
499	6339	Miguel Silva	00:21:46	00:44:02	00:43:59	540		V45	79
500	3690	Manuel Martins	00:21:52	00:44:03	00:43:48	523	OS MARTINS	V55	20

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
501	2799	José Apolinário	00:21:51	00:44:04	00:43:48	525		Senior	132
502	4444	Carlos Anselmo	00:21:37	00:44:04	00:44:00	543	RB RUNNING	V45	80
503	2603	André Robalo	00:21:31	00:44:05	00:43:50	532		V35	88
504	4402	Carlos Duarte	00:21:56	00:44:05	00:43:54	535		V50	40
505	5214	David Roberts	00:22:48	00:44:05	00:43:12	450		V50	41
506	1398	Paulo Ferreira	00:22:15	00:44:06	00:43:48	524		V35	89
507	2971	Antonio Costa	00:21:56	00:44:06	00:44:01	544	Flamingos Atletismo	V55	21
508	2017	Nuno Brito	00:22:05	00:44:06	00:43:49	529		V40	103
509	3305	Ivo Fernandes	00:21:59	00:44:07	00:44:03	547	OH IVO OLHA AS PONCHAS	Senior	133
510	2687	Pedro Monteiro	00:21:42	00:44:08	00:43:59	542		Senior	134
511	3715	Diogo G.F.Torrao	00:22:11	00:44:09	00:43:28	478		Senior	135
512	3326	Hugo Alberto	00:22:22	00:44:10	00:43:45	515	Link	Senior	136
513	2943	Pedro Freitas	00:21:42	00:44:11	00:44:09	563		V45	81
514	2945	Pedro Faria	00:22:54	00:44:12	00:43:19	459		Senior	137
515	5497	Nuno Andrade	00:22:10	00:44:13	00:44:01	545		Senior	138
516	1225	João Gregório	00:22:05	00:44:13	00:44:03	546		V35	90
517	2202	Pedro Ferreira	00:22:40	00:44:13	00:43:07	443		Senior	139
518	3923	Tomás Cunha	00:21:56	00:44:14	00:43:37	502		Junior	14
519	205	Nuno Rito	00:21:49	00:44:14	00:44:13	575	tartarugas solidarias	V35	91
520	5334	Luís Gonçalves	00:22:30	00:44:14	00:43:56	538	C.C.D.das Autarquias de Almada	V55	22

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
521	4167	Amadeu Brigas	00:22:11	00:44:14	00:44:08	560	GRD.Ribeira da Lage	V45	82
522	5230	Nuno Gonçalo	00:22:03	00:44:14	00:44:04	550		Senior	140
523	3003	José Ramalho	00:21:57	00:44:15	00:43:50	530	Bargus Team	V50	42
524	3123	Guilherme Mendes	00:23:07	00:44:16	00:43:10	447	Sala 13 Running Team	Senior	141
525	3602	Jorge Nabais	00:22:49	00:44:16	00:43:42	511	Brigada do Reumático	Senior	142
526	3475	Carlos Melo	00:22:03	00:44:18	00:44:16	583	Correr Lisboa	V45	83
527	3507	Miguel Marques	00:22:23	00:44:18	00:44:08	558		V40	104
528	6442	Pedro Reis	00:22:17	00:44:18	00:44:12	572		V40	105
529	4663	José Rodrigues	00:21:52	00:44:18	00:44:15	580		V50	43
530	4256	Rui Costa	00:21:50	00:44:18	00:44:15	579	CCD Siemens	V45	84
531	5059	Miguel Gaivão	00:22:07	00:44:18	00:44:04	548		V50	44
532	47	Carlos Pires	00:22:21	00:44:20	00:44:11	569		V40	106
533	482	Eurico Loureiro	00:22:13	00:44:20	00:43:59	541		V35	92
534	1591	Tiago Inácio	00:23:36	00:44:21	00:42:41	382	Na Pagas Nada? Team	Senior	143
535	1338	Antonio Ramalho	00:22:01	00:44:21	00:44:05	551		V50	45
536	862	Henrique Adrega	00:23:20	00:44:21	00:43:18	456		V60	15
537	1207	Rogério Fernandes	00:22:06	00:44:22	00:44:08	555		V35	93
538	4590	Jorge Santos	00:22:22	00:44:22	00:44:08	556		V45	85
539	2261	André Mendonça	00:22:10	00:44:22	00:44:13	574	ADRC Mata de Benfica	Senior	144
540	2532	Arnaldo Trindade	00:21:47	00:44:23	00:44:19	590	RB RUNNING	V40	107

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
541	4754	Carlos Costa	00:22:40	00:44:23	00:44:08	557		V55	23
542	4919	Pedro Pires	00:23:11	00:44:24	00:43:36	498	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V50	46
543	5458	Rui Costa	00:22:46	00:44:25	00:44:16	584		Senior	145
544	3681	Marçal Pacheco	00:22:20	00:44:25	00:44:06	553	Ginásio Clube Português	V35	94
545	5889	Albertino Pacheco	00:22:20	00:44:25	00:43:54	534	Juventude Atlético Clube	V50	47
546	2813	João Lopes	00:22:23	00:44:26	00:44:10	566		Senior	146
547	3452	Francisco Campos	00:22:34	00:44:26	00:44:11	568	GFD Running	V35	95
548	5110	Pedro Pinto	00:22:10	00:44:28	00:44:15	581	GDC Banco de Portugal	Senior	147
549	1958	Raul Sousa	00:21:40	00:44:29	00:44:12	571		Senior	148
550	356	Mario Apolinario	00:22:05	00:44:29	00:44:16	585		V35	96
551	434	Rui Rodrigues	00:22:03	00:44:29	00:44:25	605		V45	86
552	4540	Florival Lucas	00:22:47	00:44:29	00:44:19	592		V50	48
553	496	Alberto Matias	00:22:13	00:44:29	00:44:22	598		V55	24
554	5338	Hugo Silva	00:23:04	00:44:30	00:43:20	461		Senior	149
555	4037	Nuno Serrão	00:22:20	00:44:30	00:44:11	567	Mercedes-Benz	Senior	150
556	3446	Pedro Canelas	00:22:02	00:44:30	00:44:12	570	Linda-a-Pastora Sporting Clube	V40	108
557	4108	Paula Quintela	00:22:03	00:44:31	00:44:16	587		V50	1
558	3301	Nuno Saraiva	00:22:01	00:44:31	00:44:21	596	NMFS	V40	109
559	225	Pedro Machado	00:22:48	00:44:31	00:44:10	564		Senior	151
560	3340	Nuno Curto	00:22:47	00:44:31	00:44:09	561	os you turbe	V35	97

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
561	1259	Gonçalo Ferraz	00:21:41	00:44:31	00:44:09	562		Senior	152
562	2393	Rui Pereira	00:22:32	00:44:33	00:44:20	594		V35	98
563	1335	Ricardo Castanho	00:21:46	00:44:33	00:44:33	624		V40	110
564	2859	Pedro Duarte	00:22:48	00:44:33	00:44:16	586	Lebres da Lapa	Senior	153
565	2219	Nuno Oliveira	00:21:37	00:44:34	00:44:21	595		Senior	154
566	1812	Lius Barracho	00:22:40	00:44:38	00:44:36	628		Senior	155
567	3350	Helder Cotrim	00:22:44	00:44:38	00:44:31	619		V35	99
568	6318	Pedro Caeiro	00:22:47	00:44:39	00:43:47	520		V45	87
569	2501	Artur Gonçalves	00:21:51	00:44:39	00:44:24	604	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V35	100
570	1675	Bart Schoenmakers	00:22:07	00:44:39	00:44:33	621	GDINE	V45	88
571	5025	Rudolfo Lopes	00:23:06	00:44:39	00:44:17	588		V40	111
572	4438	Marisa Costa	00:22:09	00:44:40	00:44:33	625		V35	3
573	851	Tiago Rocha	00:22:41	00:44:40	00:44:30	614		V35	101
574	2399	Fernando Correia	00:21:40	00:44:40	00:44:30	615		V40	112
575	2494	Rui Sarmento	00:22:26	00:44:40	00:44:23	600		V35	102
576	24	Carlos Marques	00:22:23	00:44:41	00:44:26	609		V40	113
577	2770	Bruno Garcia	00:21:29	00:44:41	00:44:41	644		V35	103
578	2106	Joao Benevides	00:21:39	00:44:41	00:44:37	632		Senior	156
579	4467	Duarte Correia	00:24:17	00:44:41	00:42:53	413		Junior	15
580	1051	João Benevides	00:21:39	00:44:41	00:44:38	635		V60	16

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
581	6405	Frederico Machado	00:23:25	00:44:41	00:43:22	468		Senior	157
582	1387	Dário Ricardo	00:24:47	00:44:42	00:42:33	365		Junior	16
583	2846	Carlos Luz	00:22:14	00:44:42	00:44:31	617	BRRnightRUNNERS	V40	114
584	4245	António Tavares	00:21:55	00:44:43	00:44:40	638		V35	104
585	411	Marco Borges	00:23:02	00:44:44	00:44:23	601	tartarugas solidarias	V35	105
586	5171	Pedro Loureiro	00:22:56	00:44:44	00:44:04	549	os you turbe	Senior	158
587	2712	Rui Parola	00:22:26	00:44:44	00:44:24	603		V40	115
588	1453	Vitor Azevedo	00:22:29	00:44:44	00:44:33	623		V35	106
589	818	Anastácio Neto	00:22:07	00:44:44	00:44:32	620		V40	116
590	6356	David Antunes	00:23:07	00:44:44	00:43:14	451		Senior	159
591	3256	Jorge Morgado	00:22:41	00:44:45	00:44:21	597	SS CGD	V50	49
592	1421	Nuno Sobral	00:21:54	00:44:45	00:44:19	593	Run Buddy Run	V40	117
593	4027	Francisco Pereira	00:22:07	00:44:45	00:44:37	631	Açoreana Clube Banif	V45	89
594	3424	Pedro Simões	00:22:38	00:44:46	00:44:25	607		Senior	160
595	2917	Diogo Correia	00:22:38	00:44:46	00:44:25	608		Senior	161
596	4347	Tiago Teles	00:22:53	00:44:46	00:44:10	565	NUCLEO DESPORTIVO AUTOCOOPE	Senior	162
597	659	Jorge Pereira	00:22:36	00:44:47	00:44:22	599	CLUBE NOVO BANCO	V60	17
598	3067	Daniel Sampaio	00:22:01	00:44:47	00:44:28	611	Lis Running CPA	V35	107
599	4568	Tiago Guerreiro	00:22:13	00:44:48	00:44:33	622		V35	108
600	5082	Pedro Amaral	00:22:52	00:44:48	00:43:39	505		V40	118

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
601	2208	Alexandre Santos	00:22:21	00:44:48	00:44:30	616		V40	119
602	5091	Carla Silva	00:22:50	00:44:49	00:43:40	509		V35	4
603	448	Fernando Rodrigues	00:21:58	00:44:50	00:44:43	646	Criminalistic Runners	V35	109
604	1480	Marco Mangas	00:22:55	00:44:50	00:44:28	612		V40	120
605	5040	José Moreno	00:21:40	00:44:50	00:44:46	652		Senior	163
606	535	João Batista	00:22:09	00:44:53	00:44:41	643	CLUBE NOVO BANCO	V40	121
607	1011	Antonio Soares	00:22:21	00:44:55	00:44:44	649	Runners da frente Ribeirinha da Povia de Santa	V40	122
608	2639	Rui Pires	00:22:03	00:44:55	00:44:54	666	G. R. D. Ribeira da Lage	V50	50
609	6446	Nelson Risso	00:22:28	00:44:57	00:44:41	640		V35	110
610	310	Jorge Ferreira	00:22:04	00:44:57	00:44:51	660		V55	25
611	751	Vasco Duarte	00:22:52	00:44:58	00:44:14	577		V40	123
612	2554	Nuno Vieira	00:22:01	00:44:58	00:44:41	642		Senior	164
613	3992	Carlos Malvarez	00:22:30	00:44:59	00:44:24	602		Senior	165
614	4369	Helder Carminé	00:22:30	00:44:59	00:44:46	655		V35	111
615	6449	Girault François-Xavier	00:22:16	00:44:59	00:44:57	673		Senior	166
616	4355	Andre Mota	00:22:50	00:45:00	00:44:51	659	u.r.d.arranhò	V35	112
617	6450	Sebert Caroline	00:22:16	00:45:00	00:44:58	677		Senior	11
618	3346	João Saldanha	00:22:37	00:45:00	00:44:46	653	Amigos Vale Silencio	V40	124
619	2660	Rui Sampaio	00:22:58	00:45:00	00:43:39	507		V35	113
620	6370	João Mendes	00:22:21	00:45:01	00:44:07	554		Senior	167

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
621	4509	Carlos Dias	00:21:27	00:45:03	00:44:51	661		V35	114
622	5200	Sandra Cabral	00:22:20	00:45:03	00:45:02	687		V40	1
623	6113	Rodrigo Sérgio	00:22:44	00:45:03	00:44:36	630		V40	125
624	4041	Pedro Ramos	00:22:40	00:45:03	00:44:34	626		V45	90
625	2027	José Guerreiro	00:22:39	00:45:04	00:44:41	641		V55	26
626	5819	Paulo Santos	00:22:54	00:45:05	00:44:47	656	CLUBE OLÍMPICO DE OEIRAS	V45	91
627	6054	José Saraiva	00:22:48	00:45:07	00:44:56	671		V45	92
628	5919	Luis Mendes	00:21:56	00:45:07	00:44:31	618	Cofina Runners	Senior	168
629	267	Henrique Ruivo	00:22:09	00:45:08	00:45:00	683		V50	51
630	5603	José Pereira	00:22:36	00:45:08	00:44:36	629		Junior	17
631	3688	Miguel Xavier	00:22:53	00:45:08	00:44:45	651	PARBFRPPXXX	Senior	169
632	5264	Carlos Dias	00:22:26	00:45:09	00:44:38	633		V50	52
633	649	Luís Goncalves	00:22:46	00:45:09	00:44:40	637		V40	126
634	4154	Nuno Soares	00:21:54	00:45:10	00:45:06	699		V45	93
635	6008	André Pina	00:23:56	00:45:10	00:43:56	537		Senior	170
636	2193	Armando Geraldo	00:22:17	00:45:10	00:44:53	663		V40	127
637	2581	João Lopes	00:22:01	00:45:11	00:45:05	697		V40	128
638	3987	João Duarte	00:22:28	00:45:12	00:44:58	676		V50	53
639	1695	Rui Henriques	00:23:57	00:45:14	00:43:45	514		V40	129
640	2820	Caio Costa	00:22:10	00:45:14	00:44:59	679		Senior	171



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
641	5721	Paulo Fonseca	00:23:40	00:45:15	00:44:06	552	Câmara Lisboa Clube	V45	94
642	5793	Bruno Cardoso	00:22:46	00:45:15	00:44:55	668		V35	115
643	1565	Nuno Soares	00:22:55	00:45:15	00:44:56	669		V35	116
644	1924	Tiago Alves	00:22:18	00:45:16	00:44:57	674	ITQB&Co	V35	117
645	1253	Joaquim Varanda	00:23:23	00:45:16	00:45:08	705	Keep running	V50	54
646	5792	Nelson Custódio	00:22:47	00:45:16	00:44:57	672		V40	130
647	2745	Rui Antunes	00:22:59	00:45:17	00:44:53	664		V45	95
648	2112	Tiago Pinto	00:22:28	00:45:17	00:45:02	685		V35	118
649	4143	Artur Marcelino	00:22:30	00:45:17	00:45:03	688	g.d.chelas	V70	1
650	4134	Jorge Marques	00:22:30	00:45:18	00:45:04	689	g.d.chelas	V45	96
651	5709	David Gorgulho	00:22:24	00:45:18	00:45:05	696		Senior	172
652	3745	Nuno Salvador	00:22:17	00:45:18	00:44:53	662		V40	131
653	2800	Paulo Campos	00:23:05	00:45:19	00:44:59	680		V45	97
654	1214	Casimiro Abreu	00:22:10	00:45:19	00:45:14	717		V55	27
655	2380	Ricardo Carvalho	00:23:09	00:45:19	00:44:43	647	GRCD Leião	V35	119
656	135	Rui Oliveira	00:22:23	00:45:21	00:45:15	721		V40	132
657	1120	André Lopes	00:22:13	00:45:22	00:45:05	695		Senior	173
658	5241	Mickael Gonçalves	00:24:17	00:45:22	00:43:24	472		Senior	174
659	3945	Filipe Ceia	00:23:26	00:45:23	00:45:07	700		Senior	175
660	3176	David Fróis	00:22:47	00:45:24	00:45:06	698		V40	133

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
661	1269	Armindo Rodrigues	00:22:27	00:45:24	00:45:02	686	Runners da frente Ribeirinha da Povia de Santa	V45	98
662	4483	Luis Amaral	00:22:48	00:45:25	00:45:08	703		V45	99
663	973	João Costa	00:22:06	00:45:26	00:45:24	733		V35	120
664	5716	Daniel Antunes	00:20:40	00:45:26	00:45:23	731	Câmara Lisboa Clube	V50	55
665	3147	Sérgio Teles	00:22:45	00:45:26	00:45:13	714	A.D.C.Catujal	Senior	176
666	1597	Alexandre Fontinhas	00:23:46	00:45:26	00:44:15	578		Senior	177
667	1929	António Alves	00:22:04	00:45:27	00:45:25	736		V55	28
668	3566	Pedro Caneco	00:23:19	00:45:28	00:45:01	684	Coininha Runners	V40	134
669	4780	Helder Martins	00:22:54	00:45:28	00:45:04	691	Clube EDP - Lisboa	V35	121
670	2095	Adelino Carvalho	00:21:54	00:45:31	00:45:29	744		V40	135
671	2424	João Pereira	00:22:46	00:45:31	00:45:10	706		V45	100
672	2736	Ricardo Ribeiro	00:23:03	00:45:32	00:45:12	711		V35	122
673	5405	Pedro Micaela	00:22:41	00:45:33	00:45:11	708		Senior	178
674	2369	João Pereira	00:22:11	00:45:33	00:45:27	741	GRCD Leião	Senior	179
675	5181	Bruno Ferreira	00:24:10	00:45:33	00:44:08	559	Amigos Atletismo Mafra	Senior	180
676	286	Humberto Borges	00:22:02	00:45:33	00:45:29	747		V45	101
677	40	Antonio Ribeiro	00:23:24	00:45:34	00:44:25	606		V50	56
678	894	Rui Almeida	00:22:25	00:45:35	00:45:13	713		V40	136
679	5404	José Micaela	00:23:06	00:45:36	00:45:14	715		V45	102
680	1755	Nuno Simões	00:22:30	00:45:36	00:45:14	716	CCD Crédito Agrícola Mútuo	V35	123

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
681	2892	Jaison Fernandes	00:23:09	00:45:36	00:44:13	573		V35	124
682	3283	Tiago Lourenço	00:22:47	00:45:36	00:44:57	675		Senior	181
683	6298	Bruno Ribeiro	00:23:22	00:45:36	00:44:41	639	kaninos	V35	125
684	236	Telmo Carvalho	00:22:09	00:45:37	00:45:30	751		V35	126
685	5022	Zumailton Pacheco	00:23:30	00:45:37	00:44:58	678		Senior	182
686	3093	Henrique Amador	00:23:04	00:45:37	00:45:24	734		V40	137
687	3628	Pedro Cunha	00:22:34	00:45:37	00:45:20	728		V35	127
688	3609	Luis Martins	00:22:33	00:45:38	00:45:25	737	Gabirus	V35	128
689	4056	Dinis Ribas	00:23:06	00:45:38	00:45:16	722		V40	138
690	4309	Karima Djelloul	00:22:23	00:45:38	00:45:37	767	Hiscox Lions	V35	5
691	322	Jorge Oliveira	00:22:51	00:45:39	00:45:12	710		V50	57
692	1482	Paulo Caldeira	00:23:35	00:45:39	00:45:22	729		V35	129
693	2323	Nuno Freitas	00:22:11	00:45:40	00:45:34	760	Águas Livres de Caneças	V35	130
694	779	Rui Salvado	00:23:18	00:45:40	00:45:00	682		V40	139
695	5662	Ricardo Lourenço	00:23:04	00:45:41	00:45:08	704		V35	131
696	87	Pedro Novo	00:22:09	00:45:41	00:45:26	739	Os Trinca Espinhas	V40	140
697	4682	Miguel Esteves	00:22:37	00:45:42	00:45:35	763		V45	103
698	6271	Luis Lourenço	00:22:32	00:45:42	00:45:38	771	A.M.Atibá	V40	141
699	2107	Rui Ressurreição	00:26:38	00:45:42	00:39:13	138		V35	132
700	6336	Joana Pires	00:22:34	00:45:42	00:45:39	772	A.M.Atibá	V40	2

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
701	5071	Carlos Lopes	00:22:35	00:45:42	00:45:39	773		V45	104
702	4539	Diogo Lucas	00:22:48	00:45:43	00:45:32	756		Senior	183
703	1176	Jorge Silva	00:23:05	00:45:44	00:45:19	726		V45	105
704	1248	Helder Costa	00:21:56	00:45:44	00:45:40	775	Keep running	Senior	184
705	6456	Daniel Arenas	00:22:47	00:45:45	00:45:30	748		Senior	185
706	5466	Gonçalo Seromenho	00:22:55	00:45:45	00:45:14	719		Senior	186
707	3137	William Hilebrand	00:24:22	00:45:45	00:42:54	417	Badjorans	Senior	187
708	4488	Filipe Castro	00:22:28	00:45:45	00:45:29	745		Senior	188
709	4352	Henrique Ferreira	00:22:05	00:45:47	00:45:36	764	u.r.d.arranhò	V40	142
710	2056	João Ferreira	00:22:55	00:45:47	00:45:26	740		V40	143
711	5201	Artur Carvalho	00:22:51	00:45:47	00:45:15	720		V40	144
712	382	João Jacinto	00:22:06	00:45:48	00:45:38	770	tartarugas solidarias	Senior	189
713	1801	Jaime Cardoso	00:22:17	00:45:48	00:45:45	792		Senior	190
714	2177	Francisco Sérgio	00:22:53	00:45:48	00:45:32	754		Senior	191
715	5489	Luis Cunha	00:22:45	00:45:49	00:45:29	743		V35	133
716	26	Viriato Pataco	00:22:54	00:45:50	00:45:32	755		V45	106
717	3855	João Birra	00:23:27	00:45:50	00:45:11	707	os you turbe	Senior	192
718	1095	Ana Vieira	00:22:48	00:45:51	00:45:42	782	EVELX - Associação de Estilos de Vida Saudável	V40	3
719	6497	Licínio Fidalgo	00:24:06	00:45:51	00:44:43	648	Câmara Lisboa Clube	V55	29
720	5583	João Basilio	00:23:30	00:45:52	00:45:32	757		V50	58

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
721	315	Ruben Almeida	00:23:40	00:45:52	00:43:35	494		Senior	193
722	3550	Adriano Soeiro	00:23:13	00:45:52	00:45:34	761	FITNESSWAY PINHAL NOVO	V35	134
723	3478	Paulo Nunes	00:22:43	00:45:52	00:45:41	778	Legio Fulminata	Senior	194
724	3099	Joao Pinheiro	00:22:56	00:45:53	00:45:47	798		V35	135
725	1788	Cândido Alves	00:22:42	00:45:53	00:45:30	750	CCD Crédito Agrícola Mútuo	V40	145
726	2508	José Liberato	00:22:27	00:45:54	00:45:45	790	GDCTINCM	V35	136
727	2377	Paulo Mendes	00:22:47	00:45:54	00:45:46	796	GRCD Leião	V40	146
728	4997	Nuno Almeida	00:23:14	00:45:54	00:44:38	636		V35	137
729	342	Rui Matos	00:23:08	00:45:54	00:45:41	777		V35	138
730	4628	António Pereira	00:26:06	00:45:55	00:39:51	184		Senior	195
731	1035	Patricia Castanho	00:22:39	00:45:55	00:45:45	789		Senior	12
732	503	José Ferreira	00:23:11	00:45:55	00:45:31	752	ORTOBEST RUNNING TEAM	Senior	196
733	639	Tiago Dias	00:22:19	00:45:55	00:45:51	810		Senior	197
734	5416	Hugo Sousa	00:22:36	00:45:55	00:45:52	817	Açoreana Clube Banif	V35	139
735	2798	Nelson Coimbra	00:22:54	00:45:56	00:45:41	776		Senior	198
736	4356	Gonçalo Francisco	00:23:29	00:45:56	00:45:44	787	u.r.d.arranhò	Junior	18
737	2991	Daniel Tomás	00:23:13	00:45:56	00:45:30	749	BIVAC IBERICA	V40	147
738	118	António Reis	00:23:06	00:45:57	00:45:37	768		V40	148
739	210	André Patrício	00:23:59	00:45:57	00:44:27	610		Senior	199
740	5457	Carlos Rodrigues	00:23:03	00:45:57	00:45:55	826		V35	140

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
741	5069	Carlos Alves	00:22:15	00:45:57	00:45:50	808		V50	59
742	3907	Pedro Nunes	00:23:13	00:45:57	00:45:32	758	CRP Ribafria	Senior	200
743	2293	Artur Martins	00:22:20	00:45:57	00:45:46	795		V45	107
744	15	Rui Barros	00:22:50	00:45:57	00:45:48	801		V45	108
745	3080	João Antunes	00:22:52	00:45:57	00:45:37	766		V45	109
746	6330	Nuno Filipe	00:23:44	00:45:59	00:44:55	667		V35	141
747	1646	Pedro Meireles	00:23:33	00:45:59	00:45:07	701		Senior	201
748	2498	Nuno Alves	00:22:32	00:46:00	00:45:49	804	Movet	V40	149
749	2505	Carlos Cristovão	00:24:51	00:46:00	00:44:19	591	GDCTINCM	V40	150
750	6007	Ricardo Mestre	00:23:36	00:46:01	00:45:00	681		V35	142
751	4083	Francisco Ceia	00:23:27	00:46:01	00:45:45	788		Senior	202
752	5971	Nuno Cesario	00:23:07	00:46:02	00:45:29	746		V40	151
753	453	José Calheiros	00:23:20	00:46:03	00:45:39	774		V40	152
754	3270	Maurício Costa	00:23:29	00:46:03	00:45:47	799		V45	110
755	3534	Joaquim Ferrão	00:22:50	00:46:05	00:45:53	821	GDC Banco de Portugal	V55	30
756	3051	David Goncalves	00:23:13	00:46:05	00:45:46	794		Senior	203
757	721	Abilio Campos	00:23:17	00:46:05	00:45:24	732		V40	153
758	6081	Vítor Filipe	00:23:00	00:46:06	00:45:52	816		V35	143
759	5672	Emídio Correia	00:23:00	00:46:06	00:45:52	814		Senior	204
760	5865	Norberto Diegues	00:23:31	00:46:06	00:45:18	724		V55	31

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
761	1161	Sérgio Jorge	00:22:25	00:46:07	00:46:01	839		V45	111
762	4448	Fernando Faria	00:22:40	00:46:08	00:45:51	811		V35	144
763	4683	Gonçalo Carvalho	00:23:02	00:46:08	00:45:55	827		V35	145
764	1010	Ricardo Nunes	00:22:19	00:46:08	00:46:06	852		Senior	205
765	3365	José Matos	00:23:43	00:46:08	00:45:43	785		V55	32
766	1631	Ricardo Oliveira	00:22:48	00:46:09	00:45:56	828		Senior	206
767	3819	Torquato Cardoso	00:24:01	00:46:09	00:44:14	576		Senior	207
768	3181	Fernando Azevedo	00:23:04	00:46:10	00:46:07	857		V60	18
769	5008	Hugo Portela	00:23:27	00:46:11	00:46:00	836		V35	146
770	4525	Rui Rijo	00:23:26	00:46:11	00:45:52	818		V45	112
771	175	Pedro Reis	00:22:55	00:46:12	00:45:49	805		V40	154
772	2657	Hugo Carabineiro	00:23:49	00:46:13	00:45:43	784	Team do Bairro	V35	147
773	1212	João Mesquita	00:23:05	00:46:14	00:46:01	841		V40	155
774	3304	Margarida Conduto	00:22:19	00:46:14	00:46:09	863	OH IVO OLHA AS PONCHAS	Senior	13
775	3522	Marco Mendes	00:23:15	00:46:14	00:45:19	727		V35	148
776	395	António Almeida	00:22:58	00:46:14	00:46:03	846	VIA3Runners	V50	60
777	3694	Tiago Correia	00:22:33	00:46:14	00:46:00	833	OS MARTINS	Senior	208
778	4135	Americo Pimenta	00:23:46	00:46:16	00:45:49	803	g.d.chelas	V45	113
779	3095	Pedro Selavisa	00:23:20	00:46:17	00:45:52	819		V35	149
780	780	Nuno Santos	00:22:46	00:46:17	00:46:08	860	Federação da Família para a Paz Mundial e Unifi	Senior	209

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
781	2614	Gonçalo Pais	00:23:27	00:46:19	00:45:52	812	LaSurena	V35	150
782	1252	Jose Nunes	00:22:13	00:46:19	00:46:13	873	Keep running	V45	114
783	5346	Rui Nunes	00:23:40	00:46:19	00:45:56	830		V40	156
784	6077	José Barradas	00:23:48	00:46:21	00:45:24	735		V35	151
785	1508	Pedro Ribeiro	00:24:11	00:46:22	00:45:49	806		V40	157
786	4529	Ana Ferreira	00:22:50	00:46:22	00:46:00	834	Weventual	Senior	14
787	5229	Luis Soares	00:24:45	00:46:22	00:44:51	658	ÃPOGMA	V45	115
788	3649	Pedro Chaves	00:24:08	00:46:22	00:44:38	634		Senior	210
789	5307	Marcelino Almeida	00:23:55	00:46:22	00:45:53	820		V50	61
790	58	Fernanda Gil	00:23:34	00:46:23	00:46:05	851		V45	1
791	5344	Manuel Vaz	00:24:56	00:46:23	00:45:07	702		V55	33
792	3135	Cristina Gavinho	00:23:27	00:46:24	00:46:02	844	Pumas do Guincho	V35	6
793	3136	Ruth Lopes	00:23:09	00:46:24	00:46:03	847	Pumas do Guincho	V40	4
794	2055	Paulo Francisco	00:22:44	00:46:25	00:46:16	883		V45	116
795	2057	Ana Francisco	00:22:44	00:46:25	00:46:15	878		V40	5
796	1561	Steven Santos	00:23:26	00:46:25	00:46:00	835		Senior	211
797	3105	Hugo Vicente	00:22:51	00:46:25	00:45:42	783		V35	152
798	3104	Luis Martins	00:23:02	00:46:26	00:46:01	837		V40	158
799	2402	João Silva	00:23:40	00:46:26	00:45:52	813		V35	153
800	6078	André Ricardo	00:24:47	00:46:26	00:44:18	589		Senior	212



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
801	2662	Nuno Silva	00:23:40	00:46:26	00:45:52	815		V40	159
802	423	Jorge Martinho	00:23:14	00:46:27	00:46:08	859	Os Galgos	V45	117
803	2656	Nuno Damiães	00:23:49	00:46:27	00:45:56	829	Team do Bairro	Senior	213
804	1744	Manuela Fonseca	00:22:47	00:46:27	00:46:19	890	tartarugas solidarias	V45	2
805	3182	Vasco Rosário	00:23:20	00:46:28	00:46:07	854		V40	160
806	4775	Paulo Monteiro	00:22:33	00:46:28	00:46:25	907		V40	161
807	5112	Rui Pavia	00:23:01	00:46:29	00:46:08	858	RUSH TEAM	Senior	214
808	5901	Ana Pascoal	00:23:10	00:46:29	00:46:12	870	Gazelas de Thomson	Senior	15
809	4340	Antonio Almeida	00:23:06	00:46:29	00:46:25	910	NUCLEO DESPORTIVO AUTOCOOPE	V50	62
810	5018	Tomás Pipa	00:23:23	00:46:29	00:46:22	900		Senior	215
811	4190	João Nunes	00:23:12	00:46:30	00:46:02	845		Senior	216
812	3615	Helder Palhas	00:23:10	00:46:30	00:46:07	855		V40	162
813	1432	Mario Cunha	00:23:24	00:46:30	00:46:19	891		V35	154
814	5026	Orlando Duarte	00:24:11	00:46:31	00:44:44	650		V55	34
815	6022	Hugo Pinto	00:23:57	00:46:31	00:46:11	866	G.D.A.	V35	155
816	5401	Pedro Antão	00:24:25	00:46:31	00:45:04	690		Senior	217
817	196	Carlos Sequeira	00:23:09	00:46:31	00:46:20	895		V45	118
818	1350	Ricardo Nobre	00:22:42	00:46:31	00:46:20	893	BRRnightRUNNERS	V35	156
819	5100	Bruno Pinto	00:25:12	00:46:32	00:44:50	657		Senior	218
820	3061	Idalécio Barros	00:22:44	00:46:32	00:46:22	902		V60	19

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
821	5936	Pedro Figueiredo	00:22:19	00:46:32	00:46:29	920	Aqua Runners/Mais que Cuidar Team	V35	157
822	6355	Carlos Pereira	00:23:09	00:46:32	00:46:23	905		V45	119
823	3367	Ricardo Oliveira	00:22:23	00:46:33	00:46:30	924		V35	158
824	6115	Nelson Santos	00:24:24	00:46:33	00:45:12	709		V35	159
825	5515	Miguel Nunes	00:24:05	00:46:33	00:45:36	765		Senior	219
826	1340	Bento Raminhos	00:23:02	00:46:34	00:46:23	903		V45	120
827	1143	Sergio Sebastião	00:24:29	00:46:34	00:44:28	613	BRRnightRUNNERS	V40	163
828	1711	Pedro Mascarenhas	00:24:25	00:46:34	00:45:41	779		Senior	220
829	1038	Luis Guerra	00:23:08	00:46:35	00:46:11	869		V40	164
830	6400	Rosario Badessa	00:22:39	00:46:36	00:46:34	934		Senior	221
831	4576	Hugo Crescido	00:24:44	00:46:36	00:45:54	823		V35	160
832	5123	Daniel Almeida	00:24:35	00:46:37	00:45:50	809	Rumo ao 35	V35	161
833	4600	Fábio Santos	00:24:45	00:46:37	00:45:54	824		Senior	222
834	1357	João Velez	00:23:34	00:46:37	00:46:07	856		Senior	223
835	2093	Duarte Figueira	00:23:49	00:46:37	00:46:04	850		Senior	224
836	3253	João Marques	00:24:08	00:46:38	00:46:06	853	SS CGD	V35	162
837	3930	Nuno Beijoca	00:23:09	00:46:38	00:46:29	919		V35	163
838	86	Gil Morgado	00:23:45	00:46:38	00:45:05	694	Os Trinca Espinhas	Senior	225
839	3279	Nuno Lopes	00:23:08	00:46:39	00:46:20	896		V35	164
840	560	Nuno Apolo	00:24:54	00:46:39	00:45:04	693	Restaurante O Cartaxeiro	V35	165

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
841	561	Hugo Paulo	00:24:54	00:46:39	00:45:04	692	Restaurante O Cartaxeiro	V35	166
842	3707	Rafael Carlos	00:22:48	00:46:40	00:46:17	884		Senior	226
843	4121	Gilberto Pereira	00:23:16	00:46:41	00:46:11	867		V40	165
844	5315	Luis Pereira	00:22:53	00:46:41	00:46:39	941	Flamingos Atletismo	V60	20
845	2434	Lurdes Ferreira	00:23:33	00:46:43	00:46:39	943		V50	2
846	5182	António Reis	00:24:11	00:46:43	00:45:19	725	Amigos Atletismo Mafra	V60	21
847	2267	Ricardo Sousa	00:24:03	00:46:43	00:45:47	797	Central Compras	V35	167
848	6445	Carlos Marques	00:23:14	00:46:43	00:46:27	915		V40	166
849	5372	Tiago Fernandes	00:23:37	00:46:44	00:46:26	914	Tartarugas Ninja	Senior	227
850	5373	Augusto Fernandes	00:23:36	00:46:44	00:46:29	921	Tartarugas Ninja	V55	35
851	5718	Ernesto Monteiro	00:23:59	00:46:44	00:45:45	791	Câmara Lisboa Clube	V40	167
852	6056	Jose Carlos	00:23:15	00:46:45	00:46:42	949		V55	36
853	586	Jorge Brito	00:23:32	00:46:45	00:46:40	944		V45	121
854	1897	José Vinagre	00:23:02	00:46:46	00:46:37	937		Senior	228
855	2871	Paulo Torres	00:23:11	00:46:46	00:46:22	898		V35	168
856	657	David Saraiva	00:23:50	00:46:46	00:46:14	875	A. D. Manteigas	Senior	229
857	4665	Marcos Ferreira	00:23:38	00:46:46	00:46:11	868		Senior	230
858	3789	José Galvão	00:24:44	00:46:46	00:45:26	738	Miranda Miles	V45	122
859	2994	Paulo Gomes	00:23:55	00:46:46	00:45:48	800	3 Delta	V40	168
860	2783	Noel Nogueira	00:24:05	00:46:47	00:45:32	753		V35	169

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
861	6179	Jesus Lloret	00:23:49	00:46:48	00:46:15	881		V40	169
862	4666	Pedro Almeida	00:23:08	00:46:48	00:46:47	979		V40	170
863	2995	José Tavares	00:23:56	00:46:49	00:45:50	807	3 Delta	V45	123
864	2367	Hélder Rosário	00:23:09	00:46:49	00:46:46	971	GRCD Leião	V35	170
865	1763	Alexandre Pereira	00:23:59	00:46:49	00:46:01	842		V35	171
866	6365	Ricardo Sequeira	00:24:50	00:46:49	00:46:20	892		Senior	231
867	5777	Pedro Mendonça	00:23:41	00:46:50	00:46:01	843		V40	171
868	1361	Miguel Carvalho	00:23:31	00:46:50	00:46:41	945	FALCÕES SELVAGENS	Junior	19
869	1806	J. Albano	00:23:35	00:46:50	00:46:38	939		V40	172
870	5459	Nuno Santos	00:23:04	00:46:50	00:46:44	960		Senior	232
871	814	Filipe Isaías	00:24:41	00:46:50	00:45:13	712		Junior	20
872	4940	Paulo Gandum	00:23:30	00:46:50	00:46:39	942		V40	173
873	1840	Aldónio Fernandes	00:22:50	00:46:50	00:46:33	929	Linda-a-Pastora Sporting Clube	V60	22
874	6021	Vítor Correia	00:23:57	00:46:51	00:46:31	926	G.D.A.	V35	172
875	5566	Tiago Santos	00:23:13	00:46:51	00:46:18	889		Senior	233
876	1734	Ricardo Jorge	00:24:22	00:46:51	00:46:20	894		V35	173
877	1952	Nuno Oliveira	00:22:51	00:46:52	00:46:33	931		V35	174
878	4764	Bruno Loureiro	00:22:39	00:46:52	00:46:27	917		V40	174
879	4036	Carlos Peralta	00:22:43	00:46:53	00:46:41	947	Mercedes-Benz	V45	124
880	5885	João Teixeira	00:22:28	00:46:54	00:46:51	996		V45	125

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
881	3330	Nuno Varela	00:23:28	00:46:55	00:46:44	958	Equipa Tivoli	V40	175
882	1862	David Lopes	00:23:33	00:46:55	00:46:29	922		V35	175
883	723	Manuel Gomes	00:23:06	00:46:55	00:46:45	962		V55	37
884	1272	Fernando Fiéis	00:23:35	00:46:55	00:46:38	940		V40	176
885	4857	Djalma Rodrigues	00:23:07	00:46:56	00:46:55	1012		V40	177
886	2807	João Fernandes	00:22:49	00:46:56	00:46:48	980		Senior	234
887	2319	Pedro Cipriano	00:23:23	00:46:56	00:46:47	976		V50	63
888	4018	Miriam Vistas	00:24:13	00:46:56	00:45:14	718	Movet	Senior	16
889	4350	Luis Ferreira	00:22:44	00:46:56	00:46:52	999	u.r.d.arranhò	V45	126
890	3881	Nuno Santos	00:23:23	00:46:57	00:46:33	932		V35	176
891	4490	Peter Hoelzl	00:24:05	00:46:57	00:46:24	906		V35	177
892	3342	Rui Birra	00:23:31	00:46:57	00:46:17	885	os you turbe	Senior	235
893	5131	Luis Chagas	00:24:21	00:46:58	00:46:03	848	Amigos da Mini	Senior	236
894	3965	Reinaldo Santos	00:23:21	00:46:58	00:46:35	935		V45	127
895	1879	José Martins	00:22:49	00:46:59	00:46:43	952	FALCÕES SELVAGENS	V35	178
896	1683	Joao Neves	00:23:26	00:47:01	00:46:43	955	AFDD - RUN CREW TRAIL MONTIJO	V50	64
897	2556	Jose Rodrigues	00:23:27	00:47:01	00:46:45	968		V55	38
898	1376	Daniel Mesquita	00:23:22	00:47:01	00:46:48	984		V40	178
899	2158	Elisio Silva	00:23:43	00:47:01	00:46:49	985	ITQB&Co	Senior	237
900	4421	Gabriel Lúcio	00:23:08	00:47:02	00:46:48	982		Senior	238

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
901	1444	Pedro Serra	00:23:32	00:47:03	00:46:48	981		V35	179
902	4835	Dário Silva	00:23:54	00:47:03	00:46:25	911		V35	180
903	2390	José Matias	00:23:10	00:47:03	00:46:45	967		V50	65
904	4075	Carlos Dias	00:24:00	00:47:04	00:46:55	1008		V50	66
905	3728	José Afonso	00:23:32	00:47:04	00:46:44	961		Senior	239
906	5517	Nuno Froufe	00:23:57	00:47:05	00:46:32	928	LxOutdoor	V35	181
907	5300	Pedro Rodrigues	00:24:11	00:47:05	00:46:25	909		V45	128
908	5783	Carlos Noronha	00:24:06	00:47:06	00:46:55	1007		V35	182
909	5297	Fábio Rodrigues	00:23:41	00:47:06	00:47:01	1032		Senior	240
910	5800	André Mendonça	00:24:01	00:47:06	00:47:00	1029		Junior	21
911	2573	Bruno Branco	00:23:29	00:47:06	00:46:45	965		Senior	241
912	3378	Valter Ferreira	00:23:18	00:47:06	00:46:43	953		Senior	242
913	1536	António Varela	00:23:18	00:47:06	00:47:03	1042		V45	129
914	5577	Miguel Veludo	00:22:30	00:47:06	00:47:06	1052		V40	179
915	864	Pedro Matos	00:23:27	00:47:06	00:46:47	975		V55	39
916	2857	Tiago Boleto	00:23:04	00:47:07	00:46:49	989	Lebres da Lapa	Senior	243
917	3258	Orlindo Figueiredo	00:23:03	00:47:07	00:47:07	1063	SS CGD	V65	4
918	3675	Pedro Maia	00:24:40	00:47:07	00:46:10	865	Rebenta Milhas	Senior	244
919	2717	António Carvalho	00:23:28	00:47:08	00:46:44	959		V45	130
920	3315	António Duarte	00:23:13	00:47:08	00:46:49	986	Correr Lisboa	V40	180

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
921	5263	Manuel Coito	00:24:06	00:47:08	00:46:27	916		V35	183
922	1002	José Amaral	00:23:05	00:47:08	00:47:02	1036		V40	181
923	235	Carlos Silva	00:23:46	00:47:08	00:46:43	951		V50	67
924	5448	Antoine Leseq	00:23:12	00:47:09	00:46:48	983		Senior	245
925	6250	Roberto Brambilla	00:24:30	00:47:09	00:46:18	886		V45	131
926	5483	Carlos Marques	00:25:56	00:47:09	00:44:56	670		V35	184
927	6057	Claudio Ramos	00:23:32	00:47:10	00:46:58	1023		Senior	246
928	3191	Dário Santos	00:23:41	00:47:10	00:46:26	913		Senior	247
929	4871	Sandeep Jha	00:23:54	00:47:11	00:46:50	992		Senior	248
930	2785	Carlos Simões	00:22:49	00:47:11	00:47:04	1045		V70	2
931	5705	Miguel Esteves	00:24:42	00:47:11	00:45:35	762		Senior	249
932	2183	Luís Vicente	00:22:51	00:47:11	00:47:11	1076		V40	182
933	5413	Rosa Vassindula	00:23:29	00:47:12	00:47:10	1073		V40	6
934	2209	Eurico Gomes	00:23:31	00:47:12	00:47:03	1041		V50	68
935	3975	Helder Pereira	00:23:05	00:47:13	00:46:57	1017		V35	185
936	3129	Vitor Moreira	00:23:45	00:47:13	00:47:01	1034	Clube EDP - Lisboa	V60	23
937	5614	Pedro Cabral	00:21:52	00:47:13	00:47:09	1070		V40	183
938	381	João Estevão	00:23:26	00:47:13	00:46:44	956		V35	186
939	1886	Luis Carvalho	00:24:59	00:47:13	00:45:42	781	tartarugas solidarias	V35	187
940	223	Bruno Gonçalves	00:23:26	00:47:14	00:46:45	963		V35	188

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
941	2201	Fernando Mendes	00:24:01	00:47:14	00:46:54	1006		V40	184
942	847	Ana Sobreira	00:23:11	00:47:14	00:47:08	1065		V40	7
943	3243	Álvaro Furtado	00:24:00	00:47:14	00:47:07	1061	SS CGD	V55	40
944	2823	Ricardo Lourenço	00:23:15	00:47:14	00:46:52	998		Senior	250
945	1971	Paulo Sena	00:22:58	00:47:14	00:47:02	1038		V40	185
946	672	Ricardo Rodrigues	00:22:59	00:47:14	00:47:07	1057	CLUBE NOVO BANCO	V40	186
947	2324	Rui Pereira	00:24:09	00:47:16	00:46:50	993	DRELRA	V40	187
948	27	Antonio Serrao	00:24:09	00:47:16	00:46:49	987		V40	188
949	866	Luís Cunha	00:23:28	00:47:16	00:46:49	988		V40	189
950	5659	José Prior	00:24:41	00:47:16	00:46:01	840		V40	190
951	6139	José Fernandes	00:24:15	00:47:17	00:46:01	838	ZêPê	V35	189
952	221	Abílio Oliveira	00:23:30	00:47:17	00:46:55	1014		V50	69
953	5220	Tiago Póvoa	00:26:25	00:47:17	00:40:47	235		Senior	251
954	1552	Ricardo Silva	00:23:17	00:47:17	00:47:04	1044		V40	191
955	5980	Miguel Aires	00:23:40	00:47:18	00:46:55	1010	i2D	V55	41
956	3405	Luis Badalo	00:23:39	00:47:18	00:47:04	1047		V40	192
957	5852	Hugo Sequeira	00:23:04	00:47:18	00:47:07	1062		V35	190
958	6454	Martin Valérie	00:23:14	00:47:18	00:47:02	1037		V40	8
959	4779	Célia Santos	00:23:23	00:47:19	00:46:55	1011	Clube EDP - Lisboa	V35	7
960	4650	Ivo Abrantes	00:25:22	00:47:20	00:45:17	723		V40	193



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
961	2741	Petru Nemes	00:23:34	00:47:21	00:47:02	1040		V50	70
962	3278	Tiago Teixeira	00:24:03	00:47:21	00:47:09	1071		Senior	252
963	2310	Ricardo Almeida	00:24:59	00:47:21	00:46:37	938		V45	132
964	2383	Sandra Martins	00:23:14	00:47:21	00:47:19	1106	GRCD Leião	V40	9
965	5035	Paulo Garcia	00:24:51	00:47:22	00:45:46	793		V45	133
966	3233	João Rosário	00:24:48	00:47:22	00:46:23	904		Senior	253
967	358	Bruno Proenca	00:23:36	00:47:23	00:46:55	1009		V35	191
968	516	Rui Gameiro	00:23:45	00:47:23	00:47:15	1088	CLUBE NOVO BANCO	V40	194
969	2436	Manuel Alves	00:23:43	00:47:23	00:46:45	970		V45	134
970	2718	Ruben Pedroso	00:23:43	00:47:23	00:46:59	1027		Senior	254
971	5153	José Fernandes	00:23:51	00:47:23	00:46:25	908	GDCT Unicre	V35	192
972	948	Eduardo Encarnação	00:24:28	00:47:24	00:46:22	897		V50	71
973	442	Pedro Graça	00:24:49	00:47:26	00:45:43	786	Breakaway	Senior	255
974	3284	Antonio Santinho	00:23:07	00:47:26	00:47:16	1095		V45	135
975	955	Luis Santos	00:23:07	00:47:26	00:46:57	1018		V45	136
976	4330	Rodrigo Carvalho	00:23:11	00:47:26	00:47:12	1081		V35	193
977	956	Tiago Santos	00:23:07	00:47:26	00:46:58	1022		Senior	256
978	2273	António Vale	00:25:33	00:47:27	00:45:22	730	Os Conta-Kilómetros	Senior	257
979	1854	Jacinto Pereira	00:23:54	00:47:27	00:47:08	1068	Lis Running CPA	V55	42
980	4635	Rita Ferreira	00:23:12	00:47:27	00:47:18	1103		Senior	17

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
981	6495	João Teixeira	00:24:07	00:47:27	00:47:14	1087	Alverca Urban runners	Senior	258
982	572	Tiago Delgado	00:22:24	00:47:28	00:47:20	1109		Senior	259
983	879	Rui Rodrigues	00:24:37	00:47:28	00:47:04	1046		V40	195
984	651	Carlos Santos	00:23:35	00:47:29	00:47:08	1067	Santos & Filho	Senior	260
985	606	Paulo Borges	00:25:10	00:47:29	00:46:09	862		Senior	261
986	436	Maria Oliveira	00:23:32	00:47:29	00:47:22	1119		V50	3
987	2148	Fernanda Camacho	00:23:11	00:47:29	00:47:25	1131	G. R. D. Ribeira da Lage	V40	10
988	4388	Joao Dionisio	00:24:30	00:47:30	00:46:52	1002		V35	194
989	288	David Almeida	00:24:01	00:47:31	00:47:06	1055		V40	196
990	6489	Ricardo Boaventura	00:24:29	00:47:32	00:46:53	1003		V35	195
991	3228	Francisco Martins	00:24:22	00:47:32	00:46:47	978		Senior	262
992	4165	João Marques	00:24:50	00:47:33	00:47:06	1054	GRD.Ribeira da Lage	V50	72
993	1290	António Santos	00:24:46	00:47:33	00:45:54	822		Senior	263
994	4166	Pompeu Aires	00:24:49	00:47:33	00:47:07	1059	GRD.Ribeira da Lage	V45	137
995	5319	Joao Massas	00:25:26	00:47:33	00:45:38	769	Grupo desportivo 1º de maio - Barreiro	V40	197
996	4717	Jose Melo	00:25:15	00:47:33	00:45:57	831	PASTELARIA RIO DE MEL	V50	73
997	2771	João Machado	00:24:16	00:47:33	00:47:27	1144		Senior	264
998	1641	António Pimpão	00:22:53	00:47:33	00:47:30	1152		V40	198
999	2909	Ricardo Pinela	00:23:34	00:47:34	00:47:28	1146		Senior	265
1000	1257	Carlos Goncalves	00:24:43	00:47:34	00:46:30	923		V65	5

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1001	540	Júlio Ferreira	00:24:07	00:47:34	00:47:21	1114	CLUBE NOVO BANCO	V60	24
1002	2328	Fernando Silveiro	00:23:26	00:47:34	00:47:20	1108	FC Estrelas Lisboa	V45	138
1003	2040	António Cruz	00:23:28	00:47:34	00:47:21	1113		V60	25
1004	3687	André Almeida	00:24:47	00:47:34	00:46:28	918	Correr Queluz	Senior	266
1005	2327	Rodrigo Oliveira	00:23:26	00:47:34	00:47:20	1107	FC Estrelas Lisboa	V35	196
1006	1247	Pedro Dias	00:23:49	00:47:34	00:47:26	1139	Keep running	V40	199
1007	6268	José Agapito	00:23:34	00:47:35	00:47:24	1125		V45	139
1008	2887	Nuno Água	00:23:36	00:47:35	00:47:08	1066		V45	140
1009	5107	Nelson Aguiar	00:24:03	00:47:36	00:46:57	1016		V40	200
1010	5415	Carlos Teixeira	00:23:52	00:47:37	00:46:52	997	Lebres e Tartarugas	V50	74
1011	1977	João Cândido	00:24:01	00:47:37	00:47:00	1030	NAV Runners	V50	75
1012	327	Paulo Lopes	00:24:10	00:47:37	00:47:16	1093		V45	141
1013	3744	João Valério	00:23:58	00:47:37	00:47:11	1075		V40	201
1014	1829	Jorge Bonito	00:24:16	00:47:37	00:46:52	1000		V35	197
1015	1605	Ricardo Catarino	00:25:22	00:47:38	00:46:10	864		Senior	267
1016	537	João Ramos	00:23:37	00:47:39	00:47:26	1141	CLUBE NOVO BANCO	V40	202
1017	4716	Jose Castro	00:25:17	00:47:39	00:46:04	849	PASTELARIA RIO DE MEL	V40	203
1018	5912	Avelino Soares	00:24:10	00:47:40	00:47:02	1039	Cofina Runners	V45	142
1019	3832	Marco Gonçalves	00:23:35	00:47:40	00:46:22	901	Pinguins do Ártico	V35	198
1020	3850	Pedro Trigo	00:25:14	00:47:40	00:45:42	780	Os Conta-Kilómetros	Senior	268

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1021	2360	Avelino Soares	00:24:10	00:47:40	00:47:00	1028	GRCD Leião	V45	143
1022	515	Rodrigo Almeida	00:24:11	00:47:41	00:47:12	1083	CLUBE NOVO BANCO	V35	199
1023	543	Luís Leitão	00:24:11	00:47:41	00:47:12	1082	CLUBE NOVO BANCO	V35	200
1024	6098	Luis Gama	00:24:30	00:47:41	00:46:45	964	Amigos do Trinhão e Ponte Fajão	V50	76
1025	774	Domingos Fernandes	00:22:56	00:47:41	00:47:40	1188	Os Amigos do Atletismo	V60	26
1026	1866	Carlos Correia	00:23:13	00:47:42	00:47:24	1126		Senior	269
1027	3292	Rui Costa	00:24:46	00:47:42	00:46:33	930		Senior	270
1028	3291	Filipe Caçoilas	00:24:13	00:47:43	00:47:05	1050		Senior	271
1029	2466	Paulo Lagarto	00:24:01	00:47:44	00:47:30	1153		V35	201
1030	4241	Pedro Sousa	00:24:30	00:47:44	00:47:06	1056	Sarapitolas Team	Senior	272
1031	3914	Paulo Sá	00:24:16	00:47:44	00:46:15	879	Desbunda Race Team	Senior	273
1032	4416	Márcio Figueiredo	00:22:47	00:47:45	00:47:36	1173		Senior	274
1033	4886	David Neto	00:23:25	00:47:45	00:47:33	1161		Senior	275
1034	656	Eduardo Reis	00:23:44	00:47:45	00:47:18	1101		V45	144
1035	463	Marco Vaz	00:23:31	00:47:45	00:47:29	1151	FALCÕES SELVAGENS	Senior	276
1036	6399	Acúrcio Mendes	00:25:04	00:47:45	00:45:27	742		V40	204
1037	2840	Paulo Revés	00:24:16	00:47:46	00:47:29	1150	Lesmas Alopradas	V40	205
1038	2754	Manuel Pereira	00:23:50	00:47:47	00:47:29	1149	GYM 2010	V55	43
1039	4714	Ana Ramos	00:23:51	00:47:47	00:47:29	1148	GYM 2010	V35	8
1040	5618	Joao Silva	00:23:29	00:47:47	00:47:35	1167	ROFF	V35	202

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1041	2888	João Luís	00:22:17	00:47:47	00:47:26	1140		Junior	22
1042	4101	António Raposo	00:24:48	00:47:48	00:46:31	925		V45	145
1043	2658	André Cordeiro	00:24:03	00:47:48	00:47:29	1147	ITQB&Co	Senior	277
1044	4240	Hernâni Gaspar	00:23:49	00:47:48	00:47:40	1187	Amigos Vale Silencio	V50	77
1045	4949	Miguel Fernandes	00:24:07	00:47:49	00:47:18	1105		V40	206
1046	2396	Rui Isidoro	00:24:37	00:47:49	00:47:25	1136		V40	207
1047	3037	Marta Santos	00:24:29	00:47:49	00:46:26	912		V35	9
1048	6172	André Fernandes	00:23:26	00:47:49	00:47:16	1092		Senior	278
1049	971	Joao Vidinha	00:23:12	00:47:49	00:47:30	1156		V40	208
1050	1647	Jaime Pinto	00:23:30	00:47:49	00:47:42	1197		V55	44
1051	919	Sandro Prates	00:23:44	00:47:51	00:47:34	1162		V35	203
1052	5657	Jose Patronilho	00:26:02	00:47:51	00:45:55	825		V40	209
1053	2772	Telmo Cláudio	00:24:27	00:47:51	00:47:43	1201		Senior	279
1054	3074	Luís Macedo	00:23:26	00:47:51	00:47:35	1166		V45	146
1055	5964	Pedro Soares	00:24:51	00:47:52	00:47:12	1080	KPMG	V35	204
1056	6383	Monica Teixeira	00:23:13	00:47:53	00:47:49	1218	A.M.Atibá	Senior	18
1057	3822	Luís Costa	00:23:25	00:47:53	00:47:46	1213	amigosdacorrída.com	V35	205
1058	2839	Paulo Antunes	00:23:22	00:47:53	00:47:41	1193	Lesmas Alopradas	V45	147
1059	2579	Martinho Tojo	00:23:47	00:47:53	00:47:42	1195		V55	45
1060	3146	Almerindo Silva	00:22:47	00:47:53	00:47:40	1186	A.D.C.Catuja	V55	46

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1061	5867	Gil Jorge	00:24:04	00:47:54	00:47:24	1127		V45	148
1062	5132	Ivo Sousa	00:24:21	00:47:55	00:46:59	1024	Amigos da Mini	V35	206
1063	4652	Roberto Ferreira	00:24:24	00:47:55	00:46:54	1004		Senior	280
1064	279	Luís Matos	00:23:54	00:47:55	00:47:32	1158		V45	149
1065	3570	Miguel Pires	00:23:02	00:47:56	00:47:42	1198		Senior	281
1066	588	Jorge Ribeiro	00:23:58	00:47:56	00:47:33	1160		V40	210
1067	3909	Samuel Ribeiro	00:23:50	00:47:56	00:47:30	1155	CRP Ribafria	Senior	282
1068	3281	Daniel Vinagre	00:23:54	00:47:56	00:47:37	1175		V35	207
1069	5304	Pedro Monjardino	00:24:50	00:47:57	00:46:45	966		V35	208
1070	257	Pedro Macedo	00:24:40	00:47:58	00:47:28	1145		V40	211
1071	1740	Carlos Morais	00:23:11	00:47:59	00:47:57	1241		V45	150
1072	1681	Nuno Romão	00:24:32	00:47:59	00:47:43	1199	GDINE	V45	151
1073	2190	João Sanches	00:24:21	00:47:59	00:47:49	1220		V50	78
1074	4753	Vitor Revez	00:24:02	00:47:59	00:47:46	1215	G. R. D. Ribeira da Lage	V55	47
1075	188	Filipe Almeida	00:24:50	00:47:59	00:47:16	1090	SurfRunners	Senior	283
1076	3460	Sofia Fraga	00:23:52	00:47:59	00:47:50	1222	GFD Running	V35	10
1077	509	Paula Jacob	00:24:50	00:47:59	00:47:17	1099	CLUBE NOVO BANCO	V35	11
1078	6237	Mauro Jacob	00:25:34	00:48:00	00:46:41	948		Senior	284
1079	1382	João Quelhas	00:23:17	00:48:00	00:47:31	1157		V40	212
1080	857	Jose Costa	00:23:35	00:48:00	00:47:53	1227		V70	3

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1081	5768	José Pardal	00:24:04	00:48:00	00:47:39	1184		V40	213
1082	5204	Pedro Silva	00:24:55	00:48:00	00:47:01	1033		V35	209
1083	3712	Pedro Gomes	00:23:29	00:48:01	00:47:47	1217	just run it	Senior	285
1084	2593	Gui Conceição	00:23:52	00:48:02	00:47:43	1202		V40	214
1085	5243	Manuel Mestre	00:23:00	00:48:02	00:47:59	1247		V55	48
1086	4758	Bruno Jerónimo	00:24:23	00:48:02	00:47:01	1035		Senior	286
1087	4431	Joana Ribeiro	00:23:59	00:48:02	00:47:40	1190		Senior	19
1088	1660	Rui Mestre	00:23:41	00:48:03	00:47:42	1196		V40	215
1089	1961	Carlos Meneses	00:24:47	00:48:03	00:47:11	1074		Senior	287
1090	5312	Adriano Cotrim	00:23:22	00:48:04	00:47:55	1236		V70	4
1091	3246	Catarina Martins	00:23:50	00:48:04	00:48:03	1253	SS CGD	V40	11
1092	960	Sandra Teixeira	00:23:29	00:48:04	00:47:58	1245		V40	12
1093	3066	Nuno Novais	00:24:21	00:48:04	00:47:06	1053		Senior	288
1094	4992	Bruno Sousa	00:24:25	00:48:04	00:47:23	1123		Senior	289
1095	3587	Pedro Costa	00:24:09	00:48:04	00:47:52	1223	Pastelaria Charly	Junior	23
1096	3772	João Pereira	00:23:55	00:48:05	00:47:37	1176		V50	79
1097	269	Antonio Moeda	00:17:37	00:48:06	00:48:03	1254		V55	49
1098	4338	Fernando Silva	00:23:34	00:48:06	00:47:58	1243		V55	50
1099	2715	Rui Luis	00:23:53	00:48:06	00:47:57	1239		V35	210
1100	1208	Paulo Procópio	00:23:52	00:48:07	00:47:52	1225		V40	216

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1101	3324	Carlos Palma	00:24:19	00:48:07	00:47:54	1232	Link	V45	152
1102	5329	Carlos Coelho	00:25:04	00:48:07	00:47:24	1128	C.C.D.das Autarquias de Almada	V55	51
1103	1090	Pedro Dias	00:23:20	00:48:07	00:47:20	1110	Pai e Filho	V45	153
1104	4875	Paulo Manique	00:24:26	00:48:07	00:47:35	1169		Senior	290
1105	4873	Cristiano Correia	00:24:26	00:48:07	00:47:35	1170		Senior	291
1106	1458	Mario Jesus	00:24:53	00:48:08	00:46:31	927		V40	217
1107	4921	Manuel Baptista	00:24:18	00:48:08	00:47:58	1244	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V65	6
1108	5330	José Cabral	00:25:04	00:48:08	00:47:23	1122	C.C.D.das Autarquias de Almada	V55	52
1109	4570	Josue Frade	00:23:58	00:48:09	00:48:08	1265		V40	218
1110	1001	Jorge Ferraz	00:23:51	00:48:09	00:48:05	1259		V40	219
1111	2395	Gil Carneiro	00:23:42	00:48:09	00:47:45	1207		V35	211
1112	5196	Ricardo Silva	00:23:28	00:48:09	00:48:05	1260		V35	212
1113	2394	Ana Correia	00:23:42	00:48:09	00:47:45	1208		V35	12
1114	6265	Pedro Lupi	00:25:39	00:48:10	00:46:16	882		Senior	292
1115	1577	Antonio Tavares	00:24:57	00:48:10	00:48:01	1249	Run4Beer	V40	220
1116	5121	João Barral	00:24:00	00:48:10	00:47:34	1163	Pernas de Gafanhoto	V40	221
1117	3827	Rui Brás	00:24:26	00:48:10	00:46:43	950	Pinguins do Ártico	V35	213
1118	4798	Eduardo Pinto	00:24:46	00:48:11	00:47:12	1078		Senior	293
1119	3957	Elisa Dias	00:24:00	00:48:11	00:48:02	1251		V50	4
1120	1088	Bruno Mina	00:24:46	00:48:11	00:47:12	1079		V35	214



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1121	6264	Luis Zilhão	00:25:40	00:48:12	00:46:18	888		Senior	294
1122	2230	Pedro Caetano	00:23:55	00:48:13	00:47:57	1242		V45	154
1123	5696	João Silva	00:25:11	00:48:13	00:47:17	1098		V45	155
1124	1686	Claudia Romao	00:23:58	00:48:13	00:47:56	1237	AFDD - RUN CREW TRAIL MONTIJO	V35	13
1125	422	Carlos Francisco	00:24:35	00:48:14	00:47:50	1221		Senior	295
1126	3844	Bruno Dias	00:26:11	00:48:14	00:45:59	832		Senior	296
1127	3491	Nuno Nobre	00:23:51	00:48:15	00:48:03	1256		Senior	297
1128	4930	Anselmo Rodrigues	00:24:09	00:48:15	00:47:44	1203		V50	80
1129	3932	Juan Botta	00:25:00	00:48:16	00:46:09	861		Senior	298
1130	2709	Cristiano Rodrigues	00:25:08	00:48:16	00:47:13	1084	ACP	Senior	299
1131	5422	Nelson Nunes	00:25:16	00:48:16	00:46:46	972		Senior	300
1132	2936	Bruno Correia	00:24:38	00:48:16	00:47:24	1130		Senior	301
1133	5172	Vitor Loureiro	00:24:11	00:48:17	00:47:40	1191	os you turbe	V50	81
1134	5561	Paulo Silva	00:23:42	00:48:17	00:48:13	1280		V50	82
1135	3800	Bruno Campos	00:24:30	00:48:17	00:47:57	1240		V35	215
1136	3055	Joaquim Silva	00:24:45	00:48:17	00:47:05	1049		V40	222
1137	5224	Fernando Fernandes	00:25:27	00:48:17	00:46:41	946	ÃPOGMA	V50	83
1138	2703	Nuno Anastácio	00:24:22	00:48:18	00:47:49	1219	RunLovers	V35	216
1139	1771	Pedro Lopes	00:24:04	00:48:18	00:47:45	1206	Run Buddy Run	V40	223
1140	4757	Joao Nunes	00:25:26	00:48:18	00:47:04	1043		V50	84

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1141	3161	Nuno Alves	00:24:08	00:48:18	00:48:10	1270		V35	217
1142	1973	Rita Rodrigues	00:24:41	00:48:19	00:47:42	1194	NAV Runners	Senior	20
1143	4647	João Catarino	00:23:19	00:48:19	00:48:10	1271	DRELRA	Junior	24
1144	2100	João Cristino	00:25:47	00:48:19	00:47:22	1117		V60	27
1145	3358	Vitor Lourenço	00:24:02	00:48:21	00:48:03	1255		V40	224
1146	1847	Florian Kriz	00:25:03	00:48:21	00:47:07	1058	CoworkCascais Running Team	V35	218
1147	5411	João Raimundo	00:22:57	00:48:21	00:48:19	1294		V55	53
1148	5328	Amável Figueiredo	00:25:06	00:48:21	00:47:37	1178	C.C.D.das Autarquias de Almada	V55	54
1149	1662	Paulo Nunes	00:24:16	00:48:22	00:48:11	1272	3 Delta	V40	225
1150	2816	Custodio Quibina	00:23:41	00:48:22	00:48:17	1289		Senior	302
1151	3113	Marco Cachinho	00:24:32	00:48:23	00:47:26	1142	kaninos	V35	219
1152	2621	José Vaz	00:23:48	00:48:23	00:48:13	1281	CLUBE ANACOM	V55	55
1153	5894	Margarida Sobreira	00:25:29	00:48:23	00:47:14	1085	AHBE	Senior	303
1154	797	Paulo Palminha	00:23:29	00:48:24	00:48:00	1248		V45	156
1155	1327	Rui Gomes	00:25:07	00:48:24	00:47:07	1060		V35	220
1156	5896	Manuel Rodrigues	00:25:42	00:48:24	00:46:13	871	CAT espero	Senior	304
1157	5899	João Lima	00:25:42	00:48:25	00:46:13	872	CAT espero	Senior	305
1158	5744	Luís Pereira	00:24:48	00:48:25	00:47:00	1031		Senior	306
1159	3443	Ana Mourato	00:24:11	00:48:25	00:47:59	1246	Turbulentos	V35	14
1160	1288	Luís Candeias	00:25:27	00:48:25	00:47:21	1116		V35	221

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1161	5103	Alexandre Capucha	00:23:51	00:48:25	00:48:22	1305		V40	226
1162	432	Carlos Soares	00:24:58	00:48:25	00:48:03	1257		V45	157
1163	2744	Eduardo Martins	00:24:52	00:48:26	00:47:14	1086		V40	227
1164	5846	Edgar Santos	00:24:37	00:48:26	00:46:22	899		Senior	307
1165	3274	João Ascensão	00:23:50	00:48:27	00:47:56	1238		V35	222
1166	4912	Luís Sousa	00:25:49	00:48:28	00:46:18	887		V40	228
1167	5676	Adelino Pereira	00:25:13	00:48:29	00:46:58	1020	Odebrecht Portugal	V35	223
1168	2426	João Fernandes	00:23:52	00:48:29	00:47:55	1233		V35	224
1169	4952	Ana Oliveira	00:24:02	00:48:30	00:48:24	1309	Clube Brisa	Senior	21
1170	687	Jose Correia	00:23:46	00:48:30	00:48:25	1314		V55	56
1171	5664	Mariana Marques	00:24:08	00:48:30	00:48:28	1320		Senior	22
1172	5213	Joao Sousa	00:25:04	00:48:31	00:46:58	1019		V45	158
1173	652	Hugo Soutelo	00:24:17	00:48:31	00:48:08	1267		Senior	308
1174	6200	Luis Santos	00:26:07	00:48:31	00:46:51	995		V40	229
1175	1841	Francisco Monjardino	00:25:03	00:48:31	00:47:18	1102	CoworkCascais Running Team	V35	225
1176	5215	Vitor Pereira	00:25:04	00:48:32	00:46:59	1025		V35	226
1177	2792	Pedro Rodrigues	00:23:04	00:48:32	00:48:22	1302		V40	230
1178	4357	Pedro Afonso	00:24:57	00:48:32	00:48:02	1252	CLUBE ANACOM	Senior	309
1179	5804	Luís Antunes	00:24:34	00:48:33	00:47:21	1115		Senior	310
1180	3543	Rui Borralho	00:24:34	00:48:33	00:48:20	1297	GDC Banco de Portugal	V40	231

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1181	4141	Jose Fernandes	00:24:42	00:48:34	00:48:08	1264	g.d.chelas	V60	28
1182	1296	Mario Vicente	00:25:37	00:48:34	00:47:17	1096	Gil Eanes Running	V65	7
1183	5680	Manuel Paulo	00:23:44	00:48:34	00:48:23	1307	Odebrecht Portugal	V55	57
1184	5630	Tiago Simões	00:24:24	00:48:36	00:47:37	1179	ROFF	Senior	311
1185	4082	António Sousa	00:24:02	00:48:37	00:48:23	1308		V40	232
1186	5645	Luiz Rissato	00:25:38	00:48:37	00:47:18	1104		V45	159
1187	3318	Alexandre Vicente	00:24:18	00:48:38	00:48:22	1304	Link	Senior	312
1188	1127	Rui Mendes	00:24:43	00:48:38	00:48:18	1292		V45	160
1189	5600	Fernando A.S.Gonçalves	00:25:38	00:48:39	00:47:40	1189		V45	161
1190	3293	Filipe Reino	00:23:54	00:48:39	00:48:19	1295		Senior	313
1191	2860	Rui Alves	00:24:17	00:48:39	00:48:18	1293	Lebres da Lapa	V40	233
1192	4979	Rui Pereira	00:24:55	00:48:40	00:47:55	1234	Vamos lá	V40	234
1193	2433	Luis Reis	00:24:23	00:48:40	00:48:35	1343		V55	58
1194	4991	Jorge Fernandes	00:24:15	00:48:41	00:48:34	1339		V35	227
1195	424	Eurico Nicho	00:25:59	00:48:41	00:46:15	880	Os Galgos	V50	85
1196	5913	Bruno Ferreira	00:25:16	00:48:41	00:47:16	1091	Cofina Runners	Senior	314
1197	4571	Helder Romao	00:24:37	00:48:41	00:48:32	1328		V35	228
1198	4384	Nelson Louro	00:25:43	00:48:42	00:47:17	1097		V35	229
1199	5807	Adolfo Veiga	00:24:53	00:48:42	00:48:19	1296		Senior	315
1200	6477	Valentina Delfini	00:25:26	00:48:43	00:46:51	994		V40	13

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1201	3637	José Mendes	00:23:55	00:48:43	00:48:33	1334		V45	162
1202	5475	Carlos Horta	00:24:49	00:48:43	00:48:25	1313		V50	86
1203	5045	Fernando Agostinho	00:24:29	00:48:44	00:47:53	1229		V50	87
1204	2232	Cláudio Gonçalves	00:24:44	00:48:44	00:48:26	1317		Senior	316
1205	4611	José Vieira	00:24:35	00:48:44	00:48:14	1284	FCK Runners	Senior	317
1206	4222	Amilcar Almeida	00:26:22	00:48:44	00:47:45	1209	Geek on the Run!	Senior	318
1207	4401	Carlos Martins	00:24:07	00:48:45	00:48:33	1333		V40	235
1208	4207	Carlos Tavares	00:24:29	00:48:46	00:48:36	1349	g.d.chelas	V40	236
1209	5612	Maria Pereira	00:24:39	00:48:46	00:47:25	1135		V55	1
1210	5568	Paulo Almeida	00:26:05	00:48:46	00:46:49	990		V45	163
1211	3597	António Iria	00:24:56	00:48:47	00:48:26	1316	Clube Tap Portugal	V45	164
1212	2285	Tiago Rodrigues	00:25:39	00:48:47	00:47:38	1181	Amigos Vale Silencio	Junior	25
1213	5684	Gerry Sanitz	00:25:12	00:48:48	00:47:46	1214	Odebrecht Portugal	V45	165
1214	627	David Branco	00:24:07	00:48:48	00:48:25	1311		Senior	319
1215	3530	Joaquim Borralho	00:24:35	00:48:48	00:48:35	1344	GDC Banco de Portugal	V65	8
1216	5438	Tiago Rosa	00:26:21	00:48:49	00:47:26	1138		Senior	320
1217	4009	Tiago Palheira	00:23:34	00:48:49	00:48:36	1348	PRAFIT CLUB	Senior	321
1218	505	Luís Sousa	00:24:57	00:48:49	00:48:38	1359	CLUBE NOVO BANCO	V40	237
1219	4160	Pedro Marques	00:24:52	00:48:49	00:48:20	1298		V40	238
1220	2743	Luis Brunheta	00:24:52	00:48:49	00:48:20	1299		V35	230

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1221	427	Paulo Lopes	00:23:26	00:48:50	00:48:33	1336		V35	231
1222	2178	Rita Freitas	00:24:50	00:48:51	00:48:28	1322		Senior	23
1223	3063	Mário Pereira	00:24:04	00:48:51	00:48:31	1326		V40	239
1224	3655	João Perleques	00:25:16	00:48:51	00:47:05	1048	Lost Runners	V40	240
1225	4562	Carlos João	00:23:55	00:48:52	00:48:41	1372		Senior	322
1226	932	Miguel Marques	00:24:57	00:48:52	00:48:26	1318		V55	59
1227	682	João Duarte	00:24:21	00:48:52	00:48:49	1394		V60	29
1228	4341	Carlos Ferreira	00:23:59	00:48:52	00:48:49	1395	NUCLEO DESPORTIVO AUTOCOOPE	V55	60
1229	944	Paulo Esperança	00:24:49	00:48:53	00:48:28	1324		V40	241
1230	5814	Isabel Rodrigues	00:24:57	00:48:53	00:48:33	1338	CLUBE OLÍMPICO DE OEIRAS	V40	14
1231	6376	Luís Nogueira	00:25:23	00:48:53	00:47:24	1124		V40	242
1232	621	Susana Raposo	00:24:57	00:48:54	00:48:42	1376	Correr Lisboa	V35	15
1233	1501	Faizal Ismael	00:24:33	00:48:54	00:48:25	1312		V35	232
1234	3764	António Correia	00:24:16	00:48:55	00:48:46	1388		V50	88
1235	768	Carlos Dias	00:24:03	00:48:55	00:48:15	1286		Senior	323
1236	683	António Ramos	00:24:11	00:48:55	00:48:28	1323		V60	30
1237	1448	João Fernandes	00:24:59	00:48:55	00:48:41	1371		V35	233
1238	2642	Carlos Rosado	00:24:12	00:48:56	00:48:39	1363	CLUBE RUGBY JUROMENHA	V45	166
1239	4698	Paula Nunes	00:25:07	00:48:56	00:48:13	1277		V40	15
1240	1621	João Telo	00:23:53	00:48:57	00:48:35	1345		V40	243

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1241	3846	José Gomes	00:25:12	00:48:57	00:47:53	1226		V55	61
1242	6068	Rui Oliveira	00:26:09	00:48:57	00:47:37	1177		Senior	324
1243	6480	Marcou Amandine	00:26:15	00:48:58	00:48:45	1383		Senior	24
1244	6214	Pedro Alves	00:26:35	00:48:58	00:46:59	1026		V35	234
1245	6479	Pomier Florent	00:26:16	00:48:58	00:48:45	1384		Senior	325
1246	3401	Antonio Ribeiro	00:23:59	00:48:58	00:48:37	1354		V50	89
1247	1396	Joao Marques	00:24:17	00:48:58	00:48:29	1325		V35	235
1248	1306	João Bernardino	00:24:47	00:48:58	00:48:24	1310		V45	167
1249	2824	Rodrigo Marques	00:24:36	00:48:59	00:48:35	1346		Senior	326
1250	1620	Bruno Guerra	00:24:24	00:48:59	00:48:38	1360		Senior	327
1251	4784	Pedro Nogueira	00:24:32	00:48:59	00:48:28	1321	Run Buddy Run	V40	244
1252	2044	Pedro Lourenço	00:25:47	00:48:59	00:47:11	1077		V45	168
1253	3120	Bruno Macedo	00:24:13	00:48:59	00:48:42	1377	Asas nos Pés	Senior	328
1254	5934	Andre Queiroz	00:23:20	00:48:59	00:48:55	1409	BHP	V35	236
1255	3621	Ricardo Mota	00:24:36	00:49:00	00:48:40	1369		V40	245
1256	1619	João Pires	00:24:24	00:49:00	00:48:38	1357		V35	237
1257	5029	Rui Diogo	00:25:20	00:49:00	00:47:26	1143		V35	238
1258	986	Luis Aurélio	00:26:13	00:49:00	00:46:52	1001	BRRnightRUNNERS	V45	169
1259	1606	Hugo Dias	00:25:28	00:49:01	00:47:32	1159		V35	239
1260	4336	Miguel Duarte	00:25:02	00:49:01	00:47:25	1132		Junior	26

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1261	3254	Joaquim Antunes	00:24:49	00:49:02	00:48:36	1350	SS CGD	V35	240
1262	3149	Fernando Almeida	00:24:44	00:49:02	00:48:55	1410	Gelpeixe	V35	241
1263	3942	Ludgero Santana	00:24:25	00:49:02	00:48:46	1390		V50	90
1264	1099	Carlos Baptista	00:24:44	00:49:02	00:48:56	1411	Sporting Clube de Casainhos	V55	62
1265	3458	Margarida Pinto	00:24:52	00:49:03	00:48:54	1405	GFD Running	V40	16
1266	5748	Beatriz Padilla	00:24:29	00:49:03	00:48:40	1367		V50	5
1267	2014	José Gaspar	00:23:56	00:49:03	00:48:40	1368		V55	63
1268	3697	Bruno Santos	00:25:30	00:49:03	00:47:15	1089	OS MARTINS	V35	242
1269	274	Marco Costa	00:24:35	00:49:03	00:48:05	1258		V35	243
1270	1802	Francisco Passos	00:24:06	00:49:04	00:48:50	1399		V50	91
1271	4327	Luis Palma	00:25:43	00:49:04	00:47:08	1064		V35	244
1272	667	Maria Carvalho	00:24:15	00:49:04	00:49:03	1448	CLUBE NOVO BANCO	Senior	25
1273	3325	Gonçalo Alberto	00:24:19	00:49:05	00:48:39	1364	Link	Senior	329
1274	2702	Luisa Palminhas	00:24:32	00:49:05	00:48:38	1358	RunLovers	V45	3
1275	3604	Ricardo Costa	00:24:05	00:49:05	00:48:28	1319	Brigada do Reumático	Senior	330
1276	2791	Rui Maia	00:25:22	00:49:05	00:48:23	1306		V35	245
1277	2975	Nuno Correia	00:25:44	00:49:06	00:46:14	874	Badjorans	Senior	331
1278	3474	Tiago Pita	00:26:27	00:49:06	00:46:46	973	Midwinners	Senior	332
1279	3756	Rui Antunes	00:24:56	00:49:06	00:48:44	1380		V40	246
1280	1383	Pedro Ribeiro	00:25:01	00:49:06	00:48:36	1347	Estrelas de Luz	V35	246



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1281	6199	André Júdice	00:25:02	00:49:07	00:47:25	1134		Senior	333
1282	2730	Ricardo Cardoso	00:23:49	00:49:07	00:49:01	1437	Os Estrunfes	Junior	27
1283	2830	Jorge Silva	00:26:48	00:49:08	00:48:58	1424		V40	247
1284	4195	João Silva	00:24:54	00:49:08	00:48:35	1341		V45	170
1285	3893	José Cavaco	00:26:03	00:49:08	00:47:44	1205	TroubleMakers	Senior	334
1286	1548	Ricardo Marques	00:25:08	00:49:09	00:48:38	1355		V35	247
1287	4933	Márcio Inácio	00:23:50	00:49:09	00:49:05	1455		Senior	335
1288	4920	Constântino Mendão	00:24:06	00:49:09	00:48:58	1425	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V55	64
1289	4149	Pedro Lima	00:25:58	00:49:09	00:47:22	1118	A melhor.	Senior	336
1290	4848	Pedro Castro	00:25:39	00:49:09	00:49:03	1445		Senior	337
1291	6272	Rogério Luis	00:24:59	00:49:10	00:47:47	1216	SS CGD	V40	248
1292	6178	António Duarte	00:24:26	00:49:10	00:48:45	1385		V60	31
1293	3001	Catarina Nunes	00:24:06	00:49:10	00:49:01	1441	Nunes Team	Senior	26
1294	3595	Carlos Silva	00:25:42	00:49:11	00:48:13	1275	Clube Tap Portugal	V50	92
1295	3596	Fernando Coelho	00:25:42	00:49:11	00:48:13	1276	Clube Tap Portugal	V45	171
1296	1928	Gabriel Madirolas	00:27:21	00:49:12	00:48:11	1273		V35	248
1297	882	Carlos Prazeres	00:26:08	00:49:12	00:47:23	1121		V35	249
1298	4795	Anibal Carvalho	00:24:20	00:49:12	00:49:05	1456		V60	32
1299	298	Pedro Coelho	00:25:02	00:49:12	00:48:49	1396		V45	172
1300	1402	Filipe Marques	00:25:52	00:49:13	00:47:30	1154		V35	250

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1301	4052	Joaquim Palma	00:24:36	00:49:14	00:49:03	1444		V60	33
1302	6104	Luciano Silva	00:24:15	00:49:15	00:48:52	1403		V35	251
1303	5017	Fábio Monteiro	00:24:29	00:49:15	00:49:05	1458		Senior	338
1304	4715	António Veríssimo	00:24:53	00:49:16	00:48:32	1330	Aqua Runners/Mais que Cuidar Team	V35	252
1305	3158	Jaime Coelho	00:27:14	00:49:16	00:46:56	1015	Quebra-Milhas	Senior	339
1306	2286	Tiago Silva	00:26:15	00:49:16	00:47:24	1129	Amigos Vale Silencio	Senior	340
1307	2287	Ricardo Gaspar	00:26:16	00:49:16	00:47:25	1137	Amigos Vale Silencio	Senior	341
1308	2802	Miguel Oliveira	00:25:21	00:49:16	00:48:31	1327		V50	93
1309	1033	Gonçalo Freitas	00:26:29	00:49:16	00:46:50	991		Senior	342
1310	3702	Ricardo Conceição	00:23:57	00:49:17	00:48:54	1404	LOURDETE PERFUMARIAS	Senior	343
1311	4639	Márcio Basílio	00:24:41	00:49:17	00:48:55	1406		Senior	344
1312	6176	João Banza	00:24:04	00:49:17	00:49:01	1439		V40	249
1313	5371	Vanda Monteiro	00:24:19	00:49:17	00:49:16	1499	Runners da frente Ribeirinha da Povia de Santa	V35	16
1314	4091	Joao Braz	00:24:56	00:49:17	00:48:57	1418		V50	94
1315	2647	Rui Monteiro	00:24:37	00:49:19	00:48:32	1331		Senior	345
1316	5935	Miguel Ramos	00:23:32	00:49:19	00:49:14	1489	BHP	V35	253
1317	232	João Monteiro	00:24:45	00:49:19	00:47:53	1228	MONTEPIO - Marketeers	Senior	346
1318	3951	Bruno Magalhães	00:25:42	00:49:19	00:47:23	1120		V40	250
1319	46	Pedro Lopes	00:25:03	00:49:20	00:49:04	1452		V40	251
1320	1572	Andreia Rijo	00:24:34	00:49:20	00:48:59	1431		Senior	27

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1321	3126	Arlindo Parra	00:24:01	00:49:21	00:49:10	1475	Clube EDP - Lisboa	V50	95
1322	1274	Alexandra Silva	00:24:36	00:49:21	00:49:08	1467	BRRnightRUNNERS	V35	17
1323	4646	Rui Almeida	00:24:52	00:49:21	00:48:32	1329		V35	254
1324	4500	Filipe Costa	00:25:48	00:49:21	00:47:41	1192		Senior	347
1325	2322	José Freitas	00:24:03	00:49:22	00:49:15	1497	Águas Livres de Caneças	V35	255
1326	3565	Renato Ramalho	00:24:47	00:49:22	00:48:56	1416	Coininha Runners	Senior	348
1327	5621	António Rodrigues	00:24:38	00:49:22	00:49:08	1466	ROFF	V45	173
1328	319	Ernesto Carvalho	00:24:32	00:49:22	00:49:22	1521		V55	65
1329	599	Paulo Soares	00:24:08	00:49:23	00:49:16	1500		V40	252
1330	4827	Nuno Duarte	00:24:51	00:49:23	00:49:17	1501		V35	256
1331	4226	João Matia	00:24:47	00:49:23	00:48:57	1420	LaSurena	Senior	349
1332	3531	João Batista	00:24:46	00:49:23	00:49:04	1450	GDC Banco de Portugal	V55	66
1333	3234	José Gomes	00:24:26	00:49:23	00:49:06	1460		V40	253
1334	4129	Filipe Rodrigues	00:24:21	00:49:24	00:49:10	1472	g.d.chelas	Senior	350
1335	2122	Tam Afonso	00:24:30	00:49:24	00:49:12	1486	Açoreana Clube Banif	V60	34
1336	1246	Jose Andrade	00:24:42	00:49:24	00:49:23	1525	Keep running	V50	96
1337	4958	Jose Monteiro	00:25:25	00:49:24	00:48:43	1379		V55	67
1338	1894	David Charrinho	00:24:57	00:49:24	00:48:57	1417		Senior	351
1339	5318	João Borges	00:25:00	00:49:24	00:48:13	1279	Mercedes-Benz	V40	254
1340	4447	José Brites	00:25:38	00:49:25	00:48:35	1340		V40	255

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1341	4319	Paulo Costa	00:24:42	00:49:25	00:47:06	1051	Midwinners	Senior	352
1342	4613	Dagmar Baptista	00:23:58	00:49:25	00:48:55	1408	FCK Runners	V35	257
1343	4944	Manuel Peras	00:24:46	00:49:26	00:49:08	1465		V55	68
1344	6128	Joana Silva	00:25:41	00:49:26	00:48:46	1387		Senior	28
1345	376	Joaquim Galvão	00:25:22	00:49:26	00:48:07	1261		V60	35
1346	590	Joao Macedo	00:25:06	00:49:27	00:48:50	1398		V45	174
1347	5616	Rita Santos	00:25:08	00:49:27	00:49:07	1464	Ninja Dinosaurs	Senior	29
1348	2257	Filipe Solha	00:25:47	00:49:27	00:48:45	1382		V35	258
1349	5488	Vitor Geraldês	00:26:23	00:49:28	00:47:38	1180		Senior	353
1350	1286	Tiago Henriques	00:26:36	00:49:28	00:47:25	1133		V35	259
1351	4771	Ivo Almeida	00:25:04	00:49:28	00:47:36	1172		Senior	354
1352	5487	Bernardo Correia	00:26:23	00:49:29	00:47:37	1174		Senior	355
1353	214	Pedro Carvalho	00:23:52	00:49:29	00:49:19	1508		V35	260
1354	4739	Luís Rosário	00:25:33	00:49:29	00:48:16	1288		V45	175
1355	4808	Elsa Miranda	00:26:04	00:49:29	00:48:40	1365	Todos Juntos	V35	18
1356	4593	Ana Figueiredo	00:25:33	00:49:29	00:48:17	1290		V40	17
1357	4813	Henrique Ferreira	00:26:04	00:49:30	00:48:40	1370	Todos Juntos	V40	256
1358	485	Ricardo Farinha	00:25:48	00:49:30	00:48:41	1373		Senior	356
1359	4481	Nuno Guerra	00:27:10	00:49:30	00:47:20	1112		V40	257
1360	2224	Pedro Quadrio	00:25:45	00:49:30	00:47:18	1100		V40	258

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1361	6111	Sara Matos	00:24:06	00:49:31	00:48:56	1414	LxOutdoor	Senior	30
1362	4478	Rúben Simões	00:25:51	00:49:31	00:48:38	1356		Senior	357
1363	5982	Tiago Farias	00:25:04	00:49:31	00:49:10	1476	i2D	V55	69
1364	2091	Filipe Bugalho	00:25:09	00:49:31	00:48:40	1366		Senior	358
1365	5514	Nuno Nunes	00:24:28	00:49:32	00:48:35	1342		Senior	359
1366	2061	Rui Oliveira	00:25:21	00:49:33	00:47:39	1183		V45	176
1367	5840	Pedro Serra	00:24:37	00:49:33	00:49:32	1554	Samipe	V40	259
1368	1673	Paulo Cabaço	00:24:32	00:49:33	00:49:11	1478	tartarugas solidarias	V45	177
1369	1023	Duarte Vargas	00:27:06	00:49:33	00:47:35	1165	Authentic Pilates	Senior	360
1370	6482	Manuel Agapito	00:24:10	00:49:33	00:49:23	1522		Senior	361
1371	5701	Paulo Marques	00:25:26	00:49:34	00:48:32	1332		V40	260
1372	1022	Frederico Figueiredo	00:27:06	00:49:34	00:47:36	1171	Authentic Pilates	Senior	362
1373	4032	Renato Silva	00:24:48	00:49:35	00:49:10	1474	Mercedes-Benz	Senior	363
1374	6281	Nuno Reis	00:25:22	00:49:35	00:48:50	1397		V40	261
1375	1900	Jorge Rodrigues	00:24:47	00:49:36	00:49:12	1485		V35	261
1376	5421	Flávio Simões	00:26:21	00:49:36	00:47:39	1185		Senior	364
1377	2788	Jorge Campos	00:25:34	00:49:36	00:49:11	1477		V40	262
1378	4748	Artur Amaro	00:25:53	00:49:36	00:47:44	1204		Senior	365
1379	718	Jorge Marques	00:24:21	00:49:37	00:49:19	1511		Senior	366
1380	5550	Rita Machado	00:24:11	00:49:37	00:49:31	1551		V40	18

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1381	5385	Rui Batista	00:24:22	00:49:38	00:49:37	1567		V40	263
1382	3092	Jorge Miguel	00:23:41	00:49:39	00:49:32	1553		Senior	367
1383	552	Artur Alfama	00:24:29	00:49:39	00:49:21	1517		V35	262
1384	1080	Filipe Duque	00:24:04	00:49:39	00:49:27	1538		Senior	368
1385	193	Alexandre Tam	00:25:24	00:49:40	00:49:19	1510		V35	263
1386	3589	Ligia Costa	00:24:57	00:49:41	00:49:29	1545	Pastelaria Charly	V45	4
1387	1226	Helder Silvério	00:24:22	00:49:41	00:49:30	1546		V40	264
1388	4710	Carlos Lomba	00:26:25	00:49:42	00:48:52	1402		V45	178
1389	1254	Eurico Carocha	00:24:25	00:49:42	00:49:35	1561	Keep running	V45	179
1390	414	André Cabral	00:25:22	00:49:43	00:48:56	1412	ex estocolmo	V35	264
1391	2077	Lúcia Oliveira	00:24:56	00:49:43	00:49:35	1562		V35	19
1392	3197	Pacer Sub-50	00:24:56	00:49:44	00:49:36	1565		Junior	1
1393	5133	Ricardo Botão	00:25:30	00:49:44	00:48:43	1378	Run Buddy Run	V40	265
1394	4442	Frederico Paz	00:24:58	00:49:45	00:49:20	1515		Senior	369
1395	827	Joao Moreira	00:25:10	00:49:45	00:49:37	1570		V40	266
1396	2993	Carlos Batista	00:25:13	00:49:45	00:48:46	1386	3 Delta	V40	267
1397	1390	Rui Vieira	00:25:33	00:49:46	00:48:39	1362		V40	268
1398	5977	Duarte Silva	00:25:09	00:49:47	00:49:25	1531	Clube Ferroviário de Portugal	V40	269
1399	1229	Mário Pires	00:26:13	00:49:47	00:47:39	1182	BRRnightRUNNERS	V40	270
1400	3245	Antonio Negrinho	00:25:43	00:49:47	00:49:15	1495	SS CGD	V50	97

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1401	1133	Luis Oliveira	00:24:36	00:49:47	00:49:36	1563	BRRnightRUNNERS	V40	271
1402	3900	Joaquim Ruivo	00:25:19	00:49:47	00:49:05	1454		V40	272
1403	1462	Nuno Lanita	00:25:04	00:49:48	00:49:20	1512		V35	265
1404	4137	Jose Venancio	00:24:57	00:49:48	00:48:44	1381	g.d.chelas	V60	36
1405	2361	Bruno Caramelo	00:25:35	00:49:49	00:48:02	1250	GRCD Leião	V35	266
1406	5286	Rui Custódio	00:25:41	00:49:50	00:49:19	1507		V35	267
1407	1845	Alessandro Aiello	00:24:52	00:49:50	00:48:37	1353	CoworkCascais Running Team	V45	180
1408	5756	Pedro Fontinha	00:25:50	00:49:51	00:48:56	1415		V35	268
1409	1333	António Ramalho	00:25:44	00:49:52	00:49:03	1446		V50	98
1410	638	Hugo Dias	00:25:06	00:49:52	00:49:14	1491		V35	269
1411	4487	Maria Neto	00:25:36	00:49:53	00:48:57	1419		V40	19
1412	3922	Luis Raquel	00:26:26	00:49:53	00:47:45	1210		V50	99
1413	4485	Ana Martins	00:25:36	00:49:53	00:48:58	1427		V45	5
1414	660	José Gonçalves	00:26:15	00:49:55	00:48:39	1361	CLUBE NOVO BANCO	V50	100
1415	1593	Francisco Oliveira	00:26:37	00:49:56	00:48:08	1266	Na Pagas Nada? Team	Senior	370
1416	2182	Hugo Reis	00:27:05	00:49:56	00:48:33	1335		V35	270
1417	206	Pedro Teigas	00:25:44	00:49:57	00:49:37	1571	tartarugas solidarias	V40	273
1418	4457	Nuno Ferreira	00:25:05	00:49:57	00:49:10	1473		V35	271
1419	1043	Ricardo Rodrigues	00:26:29	00:49:58	00:47:35	1168		Senior	371
1420	325	Luis Antunes	00:24:22	00:49:58	00:49:51	1610		V40	274

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1421	769	Ricardo Agostinho	00:24:25	00:49:59	00:49:35	1560		Senior	372
1422	4159	Nuno Matos	00:25:51	00:49:59	00:49:01	1440		V45	181
1423	3012	João Franco	00:24:37	00:49:59	00:49:56	1625	Equipa Tivoli	V40	275
1424	2694	Nuno Marques	00:24:48	00:50:00	00:49:31	1552	RunLovers	Junior	28
1425	924	Fernando Teixeira	00:24:12	00:50:00	00:50:00	1639		V50	101
1426	1042	Irina Freitas	00:26:28	00:50:01	00:47:35	1164		Senior	31
1427	504	Pedro Félix	00:26:56	00:50:01	00:48:16	1287	tartarugas solidarias	V45	182
1428	5825	Teresa Sepúlveda	00:24:56	00:50:02	00:49:40	1580	CLUBE OLÍMPICO DE OEIRAS	Senior	32
1429	2060	Francisco Mesquita	00:25:56	00:50:02	00:48:36	1351		Junior	29
1430	3317	Fernando Faria	00:24:36	00:50:02	00:49:54	1617	Link	V50	102
1431	2574	João Melo	00:25:26	00:50:02	00:49:56	1627		Junior	30
1432	6084	Francisco Cruz	00:25:00	00:50:03	00:49:46	1599		V40	276
1433	5937	Hugo Melo	00:26:15	00:50:03	00:47:53	1231		V35	272
1434	4026	António Jacinto	00:25:54	00:50:03	00:49:00	1432	AutoJacinto	V55	70
1435	5010	Julio Miranda	00:25:05	00:50:04	00:49:46	1598		V55	71
1436	6414	Ricardo Marques	00:26:47	00:50:04	00:49:04	1453		Senior	373
1437	5009	Paulo Brito	00:25:51	00:50:04	00:49:41	1582		V40	277
1438	5898	Carlos Lima	00:25:42	00:50:04	00:47:52	1224	CAT espero	Senior	374
1439	5505	Jose Pereira	00:24:28	00:50:04	00:49:50	1606		V50	103
1440	6003	Carlos Pereira	00:28:20	00:50:05	00:43:33	488		Senior	375



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1441	417	Rui Duarte	00:26:19	00:50:05	00:49:14	1487	tartarugas solidarias	V45	183
1442	2795	Teodoro Trindade	00:25:45	00:50:05	00:49:09	1471		V50	104
1443	5663	Alfredo Falcão	00:25:45	00:50:05	00:49:11	1480		V50	105
1444	5608	Nuno Costa	00:24:08	00:50:05	00:49:56	1626		Senior	376
1445	6485	Soledade Pereira	00:24:34	00:50:06	00:50:02	1644		V45	6
1446	1068	Pedro Lopes	00:24:39	00:50:06	00:49:45	1592		V40	278
1447	6149	Marco Valada	00:25:03	00:50:07	00:49:49	1604		Senior	377
1448	1896	Marcos André	00:24:23	00:50:07	00:50:01	1641		Senior	378
1449	5248	Nuno Ramos	00:26:31	00:50:07	00:48:33	1337		Senior	379
1450	2518	Rui Braz	00:23:50	00:50:08	00:49:59	1636	GDCTINCM	V35	273
1451	757	Vítor Gonzas	00:25:24	00:50:08	00:49:25	1529		V45	184
1452	3097	Jose Felizardo	00:25:47	00:50:08	00:49:03	1447		V50	106
1453	5622	Fabiana Moura	00:25:17	00:50:09	00:48:56	1413	ROFF	Senior	33
1454	3963	Nuno Pinela	00:24:36	00:50:10	00:50:06	1668		V35	274
1455	3698	Sonia Nascimento	00:26:15	00:50:11	00:48:22	1303	OS MARTINS	V35	20
1456	182	Miguel Garcia	00:24:24	00:50:11	00:49:49	1605		V40	279
1457	6215	João Felix	00:27:37	00:50:11	00:48:12	1274		Senior	380
1458	3167	Noemia Monteiro	00:24:27	00:50:11	00:49:52	1612		V40	20
1459	4236	Catarina Belém	00:25:04	00:50:12	00:49:58	1632	Link	Senior	34
1460	2032	Jorge Barros	00:24:40	00:50:12	00:49:54	1618		V40	280

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1461	5641	Rodrigo Mariano	00:25:02	00:50:12	00:49:30	1548	ROFF	V35	275
1462	194	Paulo Domingues	00:24:41	00:50:13	00:50:04	1657		V40	281
1463	1699	Sérgio Torrinha	00:24:13	00:50:13	00:49:58	1635		Senior	381
1464	5324	João Melo	00:24:01	00:50:13	00:50:13	1689	Açoreana Clube Banif	Senior	382
1465	4094	Francisco Vaz	00:24:02	00:50:14	00:50:06	1670		V40	282
1466	5591	João Fatela	00:26:44	00:50:14	00:48:13	1278	Sonos2ehkesabemos	Junior	31
1467	1653	Jose Borges	00:25:23	00:50:16	00:49:22	1520		V50	107
1468	669	Paulo Gonçalves	00:26:29	00:50:16	00:49:00	1436	CLUBE NOVO BANCO	V45	185
1469	4209	Sergio Costa	00:26:29	00:50:17	00:48:14	1282	g.d.chelas	V40	283
1470	6075	Rui Silva	00:26:23	00:50:17	00:48:09	1268		Senior	383
1471	1764	Nuno Ferreira	00:25:07	00:50:17	00:49:54	1620		V40	284
1472	6395	Aurelio Gomes	00:25:24	00:50:18	00:49:05	1457		V55	72
1473	694	António Ribeiro	00:24:48	00:50:19	00:50:15	1696		V60	37
1474	2372	Manuel Martins	00:26:06	00:50:19	00:49:31	1549	GRCD Leião	V70	5
1475	4959	Francisco Bando	00:26:14	00:50:19	00:49:39	1579		V60	38
1476	3765	Rui Vilhena	00:24:29	00:50:19	00:50:03	1651		Senior	384
1477	5623	Vasco Nascimento	00:24:09	00:50:20	00:50:07	1672	ROFF	V35	276
1478	3641	Inês Arrenega	00:24:50	00:50:20	00:50:18	1707		V40	21
1479	3795	Ricardo Marques	00:25:09	00:50:21	00:49:00	1434	Miranda Miles	V35	277
1480	4395	João Rangel	00:24:24	00:50:21	00:50:06	1669		V35	278

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1481	3634	Pedro Machado	00:26:01	00:50:21	00:49:12	1482		V45	186
1482	3153	Norberto Marques	00:26:06	00:50:21	00:49:38	1575	running of dª maria	V45	187
1483	4254	João Dias	00:26:19	00:50:21	00:48:14	1283	CCD Siemens	Senior	385
1484	5510	Luis Nunes	00:25:51	00:50:21	00:49:25	1530		V40	285
1485	6177	Mario Jesus	00:25:11	00:50:22	00:50:09	1678		V40	286
1486	2907	Inês Brito	00:26:23	00:50:22	00:48:07	1262		V40	22
1487	703	Miguel Cruz	00:26:16	00:50:22	00:48:15	1285	BRRnightRUNNERS	V40	287
1488	4219	Sofia Marques	00:26:15	00:50:22	00:48:17	1291	BRRnightRUNNERS	V40	23
1489	222	Pedro Ribeiro	00:24:55	00:50:22	00:49:19	1509		V45	188
1490	3206	Augusto Caria	00:24:58	00:50:23	00:50:21	1715		V60	39
1491	2284	Carolina Cassona	00:24:51	00:50:23	00:50:10	1684	ITQB&Co	Senior	35
1492	5203	Joaquim Pinto	00:24:38	00:50:24	00:50:21	1716		Senior	386
1493	1278	Luís Santos	00:26:08	00:50:24	00:49:12	1481	BRRnightRUNNERS	V40	288
1494	3482	Paulo Paias	00:25:14	00:50:24	00:50:02	1647	Running Tabata Team Alfragide	V35	279
1495	5090	Rita Rocha	00:25:59	00:50:25	00:49:16	1498		V35	21
1496	3413	Jorge Mafalda	00:25:40	00:50:25	00:49:45	1593		V50	108
1497	1084	Carlos Beites	00:25:52	00:50:25	00:49:57	1631		Senior	387
1498	3748	Rui Sertório	00:24:31	00:50:27	00:50:03	1653		V35	280
1499	5774	Sofia Almeida	00:26:24	00:50:27	00:50:06	1667		Senior	36
1500	3540	Filipa Gonçalves	00:25:06	00:50:29	00:50:17	1701	GDC Banco de Portugal	Senior	37

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1501	3541	Gina Cheio	00:25:06	00:50:30	00:50:17	1704	GDC Banco de Portugal	V40	24
1502	4054	Daniel Carvalho	00:25:30	00:50:30	00:50:07	1673		Junior	32
1503	255	João Mendes	00:26:16	00:50:30	00:48:46	1389		V40	289
1504	1773	Catarina Lamego	00:25:56	00:50:30	00:49:55	1622		Senior	38
1505	5888	José Serra	00:25:03	00:50:31	00:50:19	1712	Bué da Serras	V60	40
1506	754	Luís Fortes	00:24:42	00:50:31	00:49:55	1623	THE LAST ONES	V35	281
1507	536	João Eduardo	00:26:42	00:50:31	00:49:14	1494	CLUBE NOVO BANCO	V50	109
1508	753	Ricardo Abreu	00:24:26	00:50:31	00:49:57	1630	THE LAST ONES	Senior	388
1509	4040	Marco Botelho	00:25:25	00:50:32	00:49:33	1558	kaninos	V35	282
1510	3993	António Pataco	00:26:22	00:50:32	00:49:12	1484		V35	283
1511	1055	Bartolomeu Pereira	00:25:03	00:50:32	00:50:04	1654		V40	290
1512	3114	João Almeida	00:25:25	00:50:32	00:49:33	1557	kaninos	V45	189
1513	1844	Rui Nunes	00:25:50	00:50:32	00:49:17	1504	CoworkCascais Running Team	V40	291
1514	3349	Aldina Marques	00:24:56	00:50:32	00:50:24	1731		V40	25
1515	531	Gonçalo Soares	00:25:02	00:50:33	00:50:09	1677	CLUBE NOVO BANCO	V40	292
1516	43	Cláudio Caseiro	00:26:19	00:50:33	00:49:43	1584		V35	284
1517	623	João Luis	00:25:33	00:50:33	00:50:05	1662		V40	293
1518	1541	Pedro Santos	00:25:46	00:50:34	00:49:28	1542		V45	190
1519	3669	Diogo Toscano	00:26:15	00:50:34	00:49:07	1463	Rebenta Milhas	V40	294
1520	1519	Tiago Oliveira	00:25:29	00:50:34	00:49:51	1611	Os 5	V40	295

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1521	3068	Luis Martins	00:25:38	00:50:35	00:49:50	1609		V35	285
1522	2906	João Oliveira	00:27:06	00:50:35	00:48:57	1421		Senior	389
1523	1417	Luis Mendes	00:26:45	00:50:35	00:49:38	1574		V35	286
1524	2688	Cristiana Cunha	00:24:53	00:50:35	00:50:25	1736		Senior	39
1525	4578	Daniel Gondar	00:23:46	00:50:35	00:50:06	1666		V35	287
1526	2090	Paulo Carvalho	00:25:24	00:50:36	00:49:39	1577		V45	191
1527	3382	José Serafim	00:26:09	00:50:36	00:49:28	1540		V55	73
1528	4547	Tiago Lino	00:27:01	00:50:36	00:48:50	1400	Happy Runners	Senior	390
1529	6166	Pedro Assunção	00:25:34	00:50:36	00:50:09	1679		V35	288
1530	6099	José Teixeira	00:26:06	00:50:37	00:49:15	1496		V35	289
1531	1954	Carlos Oliveira	00:26:47	00:50:37	00:49:09	1468		V40	296
1532	2778	Carla Beja	00:25:04	00:50:37	00:50:34	1757		V35	22
1533	1614	Paulo Chaves	00:26:45	00:50:38	00:49:09	1469		V50	110
1534	6073	Sérgio Calvo	00:24:54	00:50:38	00:49:37	1572		V35	290
1535	886	Flavio Monteiro	00:28:00	00:50:39	00:48:21	1300		V40	297
1536	4434	Tiago Ramalho	00:25:43	00:50:39	00:49:07	1462		V35	291
1537	981	Margarida Chambel	00:25:13	00:50:39	00:50:11	1685		V40	26
1538	5956	Tiago Cardoso	00:25:26	00:50:41	00:49:06	1459	KPMG	Senior	391
1539	4966	Nuno Martins	00:25:50	00:50:41	00:50:22	1720		V40	298
1540	1891	Alberto Botas	00:26:01	00:50:41	00:49:44	1591		V50	111

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1541	332	Paulo Vieira	00:29:13	00:50:41	00:43:36	499		V45	192
1542	3863	Cristina Antunes	00:25:18	00:50:42	00:50:19	1711		V40	27
1543	3862	Eduardo Oliveira	00:25:18	00:50:42	00:50:19	1713		V40	299
1544	510	Paulo Veríssimo	00:25:46	00:50:42	00:49:37	1569	CLUBE NOVO BANCO	V45	193
1545	3295	Paulo Sergio	00:26:50	00:50:42	00:49:25	1532		V40	300
1546	1650	Filipe Barbieri	00:25:38	00:50:43	00:48:48	1393		V40	301
1547	5299	Artur Mendes	00:26:54	00:50:43	00:49:20	1516		Senior	392
1548	610	Nuno Malaquias	00:25:41	00:50:43	00:50:12	1686		V35	292
1549	1877	João Priolé	00:25:31	00:50:43	00:50:02	1646	FALCÕES SELVAGENS	V45	194
1550	2145	Nuno Maia	00:26:06	00:50:43	00:50:23	1726	Team Pernetas	V35	293
1551	2147	Júlio Ferreira	00:26:05	00:50:43	00:50:24	1728	Team Pernetas	V40	302
1552	6403	Mátraí Sándor	00:27:13	00:50:44	00:49:29	1543		V45	195
1553	826	Paulo Martins	00:25:23	00:50:44	00:50:03	1652		V40	303
1554	2431	Carlos Carvalhas	00:27:29	00:50:44	00:49:00	1435		V55	74
1555	2681	José Correia	00:25:23	00:50:44	00:49:58	1634		V45	196
1556	1515	Hugo Pereira	00:25:28	00:50:44	00:50:00	1637	Os 5	V35	294
1557	1676	Carlos Martins	00:25:00	00:50:44	00:50:34	1760	GDINE	V55	75
1558	5736	Bruno Pinto	00:26:21	00:50:45	00:49:31	1550		Senior	393
1559	5125	Francisco Vasconcelos	00:25:54	00:50:45	00:49:37	1568	Muralha	Senior	394
1560	1159	Fernando Oliveira	00:24:22	00:50:46	00:50:37	1771		V45	197

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1561	3148	João Passeiro	00:26:09	00:50:46	00:50:07	1671	A.D.C.Catuja	V50	112
1562	935	Rui Pinto	00:25:19	00:50:46	00:50:35	1767		V60	41
1563	4669	Miguel Barradas	00:26:17	00:50:47	00:49:14	1488		V40	304
1564	5611	Eloi Pereira	00:25:31	00:50:47	00:49:26	1536		Senior	395
1565	2781	Vasco Bernardo	00:26:25	00:50:47	00:49:07	1461		V35	295
1566	891	Luis Nunes	00:26:07	00:50:47	00:49:04	1451		V40	305
1567	3638	Marco Batista	00:27:45	00:50:47	00:49:12	1483		Senior	396
1568	2849	Cláudia Silva	00:25:31	00:50:48	00:50:28	1743	Lebres da Lapa	Senior	40
1569	2870	Anabela Carvalho	00:25:51	00:50:49	00:50:29	1745		V35	23
1570	31	Paulo Tainha	00:25:14	00:50:50	00:50:49	1804		V50	113
1571	2238	Claudia Ferreira	00:26:20	00:50:50	00:50:04	1655		V45	7
1572	3775	David Carias	00:26:03	00:50:50	00:49:26	1535	TroubleMakers	Senior	397
1573	280	Paulo Lopes	00:28:29	00:50:50	00:48:36	1352	Paulos	Senior	398
1574	4722	João Ribeiro	00:30:47	00:50:51	00:42:55	421	Maria Guga	Senior	399
1575	1904	Rui Sanches	00:27:04	00:50:51	00:49:44	1587		V40	306
1576	2522	Bruna Cristão	00:26:53	00:50:51	00:49:14	1492	Aqua Runners/Mais que Cuidar Team	Senior	41
1577	1531	José Santos	00:27:04	00:50:52	00:49:44	1590		V55	76
1578	1029	António Martinho	00:25:14	00:50:52	00:50:51	1809		V60	42
1579	6415	João Rodrigues	00:26:17	00:50:52	00:50:23	1723	SS CGD	V35	296
1580	3841	André Reis	00:26:00	00:50:53	00:49:28	1539	Pinguins do Ártico	V35	297

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1581	6046	Patricia Encarnacao	00:25:26	00:50:53	00:50:52	1812		V40	28
1582	4410	Jose Machado	00:25:42	00:50:53	00:49:33	1556		V45	198
1583	5897	Pedro Mendes	00:26:18	00:50:53	00:48:42	1374	CAT espero	Senior	400
1584	5931	António Moita	00:26:30	00:50:54	00:50:08	1675	BRRnightRUNNERS	V55	77
1585	4927	José Lourenço	00:29:04	00:50:54	00:44:16	582	Correr Queluz	Senior	401
1586	3207	Sérgio Rodrigues	00:25:39	00:50:54	00:49:26	1537		Senior	402
1587	713	Mário Machado	00:25:50	00:50:54	00:49:57	1629		V40	307
1588	2246	Joana Chouriço	00:25:50	00:50:55	00:50:49	1801		Senior	42
1589	635	Marta Cunha	00:25:51	00:50:55	00:50:49	1802		Senior	43
1590	1688	Paulo Silva	00:26:03	00:50:55	00:50:00	1638	AFDD - RUN CREW TRAIL MONTIJO	V45	199
1591	6182	Carlos Graça	00:26:41	00:50:56	00:50:01	1642		Senior	403
1592	1135	Ivo Claro	00:26:06	00:50:56	00:50:05	1663	tartarugas solidarias	V35	298
1593	2012	Rui Chaves	00:25:43	00:50:56	00:50:01	1643		Senior	404
1594	4651	Tiago Teixeira	00:22:58	00:50:56	00:50:49	1803		V35	299
1595	1473	Fernando Teixeira	00:25:46	00:50:57	00:50:00	1640		V40	308
1596	1761	Rodrigo Godinho	00:26:33	00:50:57	00:49:23	1523	Restaurante O Cartaxeiro	Junior	33
1597	4493	Fernando Rosete	00:26:03	00:50:57	00:50:02	1645		V45	200
1598	6152	Pedro Barros	00:25:11	00:50:57	00:50:31	1751		V40	309
1599	3729	Lucas Hutim	00:24:49	00:50:57	00:50:37	1772		Senior	405
1600	1760	Antonio Godinho	00:26:32	00:50:58	00:49:22	1519	Restaurante O Cartaxeiro	V40	310



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1601	1020	Bruno Correia	00:27:31	00:50:58	00:48:59	1428		Senior	406
1602	2529	André Beselga	00:27:43	00:50:58	00:48:55	1407	Ervilha	Senior	407
1603	6453	Simão Castro	00:28:49	00:50:58	00:43:33	487		Senior	408
1604	2409	Gonçalo Valente	00:27:31	00:50:58	00:49:48	1601	Gokky	V35	300
1605	3306	Miguel Dias	00:26:49	00:50:58	00:50:04	1658	OH IVO OLHA AS PONCHAS	V40	311
1606	2365	Fernando Pestana	00:24:35	00:51:00	00:50:54	1817	GRCD Leião	V65	9
1607	2146	Ricardo Dias	00:26:05	00:51:00	00:50:40	1782	Team Pernetas	V35	301
1608	626	Avelino Rodrigues	00:24:57	00:51:01	00:50:33	1754		V50	114
1609	2974	João Marques	00:26:01	00:51:02	00:48:09	1269	Badjorans	Senior	409
1610	2117	Ricardo Neves	00:25:21	00:51:02	00:50:36	1769	tartarugas solidarias	V35	302
1611	2530	Ricardo Pires	00:27:43	00:51:02	00:48:59	1429	Ervilha	Senior	410
1612	1072	João Granja	00:24:39	00:51:03	00:50:57	1823		V35	303
1613	2695	Cristina Caldeira	00:25:12	00:51:03	00:50:35	1766	RunLovers	V45	8
1614	2747	Luis Salgueiro	00:24:58	00:51:03	00:50:35	1765		V35	304
1615	1325	Amandio Busca	00:25:20	00:51:03	00:50:55	1818		V45	201
1616	914	Alberto Monteiro	00:26:12	00:51:03	00:50:44	1795		V40	312
1617	2502	Estela Gonçalves	00:25:17	00:51:04	00:50:50	1805	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V35	24
1618	1324	Luis Garção	00:25:19	00:51:04	00:50:57	1827		V45	202
1619	898	Luis Romaneiro	00:26:12	00:51:04	00:50:44	1793		V55	78
1620	5842	Paulo Padrão	00:24:49	00:51:04	00:51:00	1834		V45	203

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1621	1722	Aleixo Soares	00:26:34	00:51:04	00:50:05	1661		V35	305
1622	3645	Sérgio Afonso	00:26:09	00:51:04	00:50:16	1698		V35	306
1623	4655	Fábio Boletto	00:27:14	00:51:04	00:49:45	1594	Grupo Desportivo Tetra Pak	Senior	411
1624	394	Ricardo Figueiredo	00:26:04	00:51:05	00:50:09	1680		V40	313
1625	5776	Ricardo Araújo	00:26:30	00:51:05	00:49:52	1613		Senior	412
1626	3183	Manuel Teixeira	00:25:48	00:51:06	00:50:44	1796		V60	43
1627	1513	Ítalo Cerqueira	00:26:49	00:51:06	00:49:44	1589		Senior	413
1628	1512	João Thurler	00:26:51	00:51:06	00:49:44	1588		Senior	414
1629	3869	João Batista	00:27:45	00:51:07	00:49:32	1555		Senior	415
1630	1483	Nuno Melo	00:26:21	00:51:08	00:49:53	1616		Senior	416
1631	5951	Marco Dias	00:26:57	00:51:08	00:49:37	1566	KPMG	Senior	417
1632	287	Joao Pratas	00:26:57	00:51:08	00:49:36	1564		V45	204
1633	3007	Hernâni Pinto	00:25:40	00:51:08	00:50:05	1664	Equipa Tivoli	V35	307
1634	3199	Pedro Santos	00:24:29	00:51:09	00:51:07	1855		V50	115
1635	4345	Sergio Borges	00:26:14	00:51:10	00:50:30	1747	NUCLEO DESPORTIVO AUTOCOOPE	V40	314
1636	4381	Delfim Pratas	00:25:51	00:51:10	00:50:19	1709		V45	205
1637	2358	António Sarilho	00:25:24	00:51:10	00:51:02	1842	GRCD Leião	V50	116
1638	5579	Helder Marques	00:25:59	00:51:10	00:50:45	1797	Mr.optic,lda	V35	308
1639	5893	Henrique Santos	00:26:10	00:51:10	00:50:39	1777	Juventude Atlético Clube	V50	117
1640	4343	Jose Dias	00:26:10	00:51:11	00:50:32	1753	NUCLEO DESPORTIVO AUTOCOOPE	V55	79

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1641	5019	António Quintas	00:26:39	00:51:11	00:49:17	1503		V45	206
1642	3019	José Moga	00:25:24	00:51:11	00:51:00	1837	Amigos Vale Silencio	V55	80
1643	241	João Reis	00:26:00	00:51:11	00:50:48	1800	Cascais Pandilha redux	V40	315
1644	1667	Tiago Cardaopito	00:26:25	00:51:11	00:50:02	1648		V35	309
1645	6082	Adérito Marques	00:27:38	00:51:11	00:49:11	1479		V40	316
1646	3619	Ricardo Pereira	00:25:08	00:51:12	00:50:35	1764		Senior	418
1647	6116	Emanuel Simões	00:26:16	00:51:12	00:49:23	1524		Senior	419
1648	995	Fernando Lopes	00:27:01	00:51:12	00:49:55	1621	Gil Eanes Running	V40	317
1649	895	Joao Borges	00:25:46	00:51:12	00:50:43	1790		V50	118
1650	3250	Francisco Clerigo	00:25:25	00:51:12	00:50:47	1798	SS CGD	V60	44
1651	3488	Sérgio Balseiro	00:25:17	00:51:13	00:51:11	1868		V40	318
1652	1975	Kristine Reis	00:25:53	00:51:13	00:51:09	1865	NAV Runners	V35	25
1653	2684	Tiago Catalão	00:25:45	00:51:13	00:50:14	1694	Caracóis Turbinados	Senior	420
1654	2789	Paulino Pacheco	00:25:00	00:51:13	00:50:57	1825		V55	81
1655	2339	Ana Mendes	00:26:38	00:51:13	00:50:21	1719		V35	26
1656	3723	Diogo Pereira	00:29:07	00:51:13	00:44:35	627		Senior	421
1657	4551	Duarte Nobre	00:27:08	00:51:14	00:49:34	1559	Happy Runners	Senior	422
1658	4799	Ricardo Tonel	00:25:36	00:51:14	00:51:14	1871		V35	310
1659	2113	Dinis Candeias	00:25:22	00:51:15	00:50:58	1831		V35	311
1660	1964	António Vieira	00:26:14	00:51:15	00:50:20	1714		V55	82

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1661	2727	Armando Valente	00:26:56	00:51:15	00:51:07	1858	Os Estrunfes	V45	207
1662	3070	Francisco Jesus	00:25:48	00:51:16	00:50:38	1775		V55	83
1663	3186	Rui Perdigao	00:26:49	00:51:16	00:48:57	1422		Senior	423
1664	5020	Paulo Ruivo	00:26:37	00:51:16	00:49:46	1596		Senior	424
1665	4617	Dulce Reis	00:27:03	00:51:16	00:49:50	1608		V45	9
1666	929	Pedro Caetano	00:25:38	00:51:16	00:51:04	1846		V35	312
1667	1013	Gonçalo Garcia	00:26:37	00:51:17	00:49:09	1470		V35	313
1668	6175	Tiago Santos	00:29:06	00:51:17	00:44:42	645		Senior	425
1669	1753	Miguel Vinagre	00:25:10	00:51:17	00:50:53	1814	CCD Crédito Agrícola Mútuo	V40	319
1670	3386	Rogério Graça	00:26:33	00:51:17	00:49:17	1505		V35	314
1671	1040	Ricardo Cano	00:27:23	00:51:17	00:50:23	1725	Clube Atletismo Amigos de Belém	V35	315
1672	1540	Carlos Cruz	00:26:58	00:51:17	00:49:21	1518		V45	208
1673	4096	Pedro Ferreira	00:26:47	00:51:17	00:49:54	1619		V35	316
1674	6431	Tomasz Kubisz	00:28:25	00:51:19	00:44:46	654		V35	317
1675	3994	Nuno Veneranda	00:25:04	00:51:19	00:51:06	1851		Senior	426
1676	5781	Humberto Canilhas	00:25:51	00:51:20	00:50:51	1811		V35	318
1677	946	Carlos Costa	00:26:03	00:51:20	00:50:13	1688		V50	119
1678	4582	Beckas Carramona	00:25:21	00:51:21	00:51:03	1844		Senior	427
1679	4759	Gabriela Levitschi	00:25:29	00:51:21	00:51:13	1869		V45	10
1680	6448	Rachel Bown	00:27:20	00:51:22	00:50:24	1732		V40	29

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1681	1588	José Almada	00:25:01	00:51:22	00:51:07	1857	Os Coxos	V35	319
1682	5871	André Ferreira	00:24:39	00:51:22	00:51:08	1862		Junior	34
1683	3347	Bruno Azambujo	00:25:11	00:51:23	00:51:08	1860		V40	320
1684	2704	Eduardo Lopes	00:26:05	00:51:23	00:51:05	1847		V40	321
1685	4981	Pedro Salgado	00:27:00	00:51:24	00:50:25	1734		V45	209
1686	5941	Tania Braukamper	00:26:34	00:51:24	00:50:13	1687		Senior	44
1687	480	Pedro Serra	00:26:49	00:51:25	00:49:41	1583	Treino do Monge	Senior	428
1688	154	Patrícia Silva	00:26:50	00:51:25	00:49:40	1581	tartarugas solidarias	V35	27
1689	2686	Rui Figueira	00:26:37	00:51:25	00:50:08	1674		V35	320
1690	2729	Josué Xavier	00:26:09	00:51:26	00:51:19	1886	Os Estrunfes	V35	321
1691	1460	Antonio Lima	00:25:45	00:51:26	00:51:26	1909		V50	120
1692	1273	Sérgio Pedro	00:27:00	00:51:27	00:50:34	1759		Senior	429
1693	4246	João Silva	00:26:09	00:51:27	00:50:51	1810		Senior	430
1694	6126	José Lopes	00:24:47	00:51:27	00:51:23	1897		V55	84
1695	4426	João Barros	00:26:17	00:51:28	00:49:48	1602		V40	322
1696	1919	Anna Balejko	00:26:18	00:51:28	00:50:04	1659	BRRnightRUNNERS	V35	28
1697	1889	Miguel Gonçalves	00:27:07	00:51:29	00:50:17	1702		Senior	431
1698	6247	Gustavo Maya	00:28:22	00:51:29	00:49:39	1578		Senior	432
1699	23	Manuel Sobral	00:25:20	00:51:30	00:51:22	1896		V70	6
1700	5441	Dinis Silva	00:25:29	00:51:30	00:51:18	1885		V55	85

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1701	3629	Sérgio Dionísio	00:26:58	00:51:31	00:50:27	1741		V45	210
1702	3131	Angelo Marcos	00:25:32	00:51:32	00:51:08	1861	Run2Goal	Senior	433
1703	5491	José Galveia	00:25:40	00:51:32	00:51:19	1888	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V60	45
1704	2679	Carlo Costa	00:27:22	00:51:33	00:49:14	1490		V40	323
1705	5653	Sérgio Pires	00:26:18	00:51:33	00:51:15	1874		V35	322
1706	2462	Joaquim Gonçalves	00:26:50	00:51:33	00:49:49	1603		V45	211
1707	5382	Joao Sebo	00:24:53	00:51:33	00:50:22	1721		Senior	434
1708	1322	Victor Isidoro	00:27:33	00:51:34	00:49:24	1526		Senior	435
1709	171	João Carvalho	00:26:28	00:51:34	00:50:04	1656		V35	323
1710	2080	Rui Cabral	00:25:20	00:51:34	00:51:25	1907	Masters Water Polo - Bamboora Gaming	V45	212
1711	4016	Carla Carneiro	00:27:07	00:51:35	00:50:08	1676	Correr Lisboa	V45	11
1712	685	Hugo Gonçalves	00:26:16	00:51:35	00:50:57	1828		Senior	436
1713	4116	Pedro Pereira	00:24:37	00:51:35	00:51:15	1873	Evolution	V40	324
1714	6284	Sónia Pires	00:27:12	00:51:36	00:50:41	1784		V35	29
1715	1053	Mário Nunes	00:27:18	00:51:36	00:50:16	1700		V55	86
1716	2731	Sandra Cardoso	00:26:08	00:51:37	00:51:30	1921	Os Estrunfes	V40	30
1717	4250	Jorge Rosa	00:25:45	00:51:37	00:50:36	1768		Senior	437
1718	2413	Paula Santos	00:27:40	00:51:37	00:49:47	1600	Grupo Estádio Nacional	V35	30
1719	2879	Ana Lobão	00:26:10	00:51:37	00:50:05	1665		Senior	45
1720	5036	Sílvia Martins	00:26:29	00:51:37	00:49:50	1607		V40	31

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1721	5507	João Neves	00:24:27	00:51:37	00:51:35	1938		V35	324
1722	329	Francisco Sardinha	00:25:06	00:51:38	00:51:29	1918		V45	213
1723	5005	Fernando Arvelaiz	00:24:20	00:51:38	00:51:23	1899		Senior	438
1724	2430	Paulo Alves	00:27:30	00:51:40	00:49:20	1513		V35	325
1725	4302	Claire Vasquez	00:26:20	00:51:40	00:51:38	1951	Hiscox Lions	Senior	46
1726	2594	Jorge Neto	00:24:53	00:51:41	00:51:41	1957		V40	325
1727	19	Hugo Ferreira	00:24:19	00:51:42	00:51:04	1845		Senior	439
1728	3376	Antonio Freire	00:27:30	00:51:42	00:49:38	1576		V40	326
1729	1623	Acácio Clemente	00:26:08	00:51:42	00:50:24	1729		V45	214
1730	6024	Rúben Godinho	00:27:54	00:51:43	00:50:52	1813		Senior	440
1731	265	Paulo Santos	00:26:04	00:51:43	00:51:18	1884		V50	121
1732	6198	Edson Soares	00:27:37	00:51:43	00:49:43	1585		Senior	441
1733	22	João Crisóstomo	00:26:04	00:51:43	00:51:17	1882		V50	122
1734	4265	Lino Vaz	00:26:11	00:51:43	00:50:41	1785		V40	327
1735	138	João Antunes	00:26:04	00:51:43	00:51:18	1883		V60	46
1736	4534	Hugo Marreiros	00:27:56	00:51:44	00:49:28	1541		Senior	442
1737	1121	Miguel Vivas	00:23:53	00:51:44	00:51:28	1916		Senior	443
1738	5580	Ruben Marques	00:26:00	00:51:45	00:51:20	1890	Mr.optic,lda	Junior	35
1739	522	Vanda Murteira	00:25:59	00:51:45	00:50:27	1742	CLUBE NOVO BANCO	V40	32
1740	3083	Daniel Valente	00:26:21	00:51:45	00:51:26	1910		V35	326

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1741	4003	Patricia Rocha	00:27:38	00:51:45	00:50:25	1733		V35	31
1742	3677	Goncalo Mesquita	00:26:16	00:51:46	00:50:19	1708	Rebenta Milhas	V35	327
1743	3670	Miguel Duarte	00:26:17	00:51:46	00:50:21	1717	Rebenta Milhas	V35	328
1744	426	Antonio Monteiro	00:26:19	00:51:47	00:51:27	1914	Os Galgos	V65	10
1745	6138	Pedro Afonso	00:25:49	00:51:47	00:50:31	1750	ZêPê	V35	329
1746	3392	Daniel Ouro	00:25:01	00:51:48	00:51:33	1929		V35	330
1747	6484	Elisabete Koski	00:26:48	00:51:48	00:50:42	1789		V50	6
1748	413	Constantino Pinto	00:26:52	00:51:49	00:50:18	1705		V50	123
1749	4825	Ana Silva	00:26:27	00:51:50	00:50:35	1762		Senior	47
1750	1265	Jose Henriques	00:26:04	00:51:50	00:51:25	1904		V40	328
1751	1266	Marina Henriques	00:26:04	00:51:51	00:51:26	1911		V50	7
1752	151	Ana Marques	00:25:35	00:51:51	00:51:35	1939	BRRnightRUNNERS	V45	12
1753	5837	Adérito Carrelhas	00:25:17	00:51:51	00:51:45	1973		V60	47
1754	562	Joaquim Costa	00:27:05	00:51:52	00:49:56	1624	Arco Iris	V60	48
1755	2867	Tiago Almeida	00:27:05	00:51:53	00:50:39	1781		V35	331
1756	4162	Bruno Gonçalves	00:26:02	00:51:53	00:51:38	1952		Senior	444
1757	5799	Agnelo Soares	00:24:42	00:51:54	00:51:50	1992		Junior	36
1758	6036	Tito Vieira	00:27:54	00:51:54	00:50:23	1722		Senior	445
1759	4865	Inês Pereira	00:26:22	00:51:54	00:51:11	1867		Senior	48
1760	1494	Licinia Rego	00:25:44	00:51:54	00:51:43	1968	G. R. D. Ribeira da Lage	V45	13



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1761	3172	Nuno Oliveira	00:23:25	00:51:56	00:51:25	1908		Senior	446
1762	4479	Samuel Fonseca	00:26:24	00:51:56	00:51:29	1917		V45	215
1763	1587	Luís Costa	00:25:26	00:51:57	00:51:41	1962	Os Coxos	Senior	447
1764	1559	Luís Santana	00:27:03	00:51:57	00:50:30	1746		V50	124
1765	5434	Fabio Correia	00:25:52	00:51:57	00:51:27	1915		Senior	448
1766	5080	Tiago Reis	00:26:32	00:51:57	00:51:35	1937		V35	332
1767	3348	Rui Costa	00:27:05	00:51:57	00:50:56	1821		Senior	449
1768	1275	Frederico Antunes	00:27:31	00:51:57	00:49:44	1586	Gazelas Do tempo	Senior	450
1769	5620	Tiago Vaz	00:26:04	00:51:57	00:51:43	1970	ROFF	V35	333
1770	1892	Pedro Gomes	00:26:56	00:51:58	00:51:05	1848		Senior	451
1771	3094	João Urbano	00:26:07	00:51:58	00:50:56	1820		Senior	452
1772	1622	Arlindo Miguel	00:26:43	00:51:58	00:51:39	1956		V45	216
1773	5858	Nelson Pereira	00:26:36	00:51:58	00:51:14	1870		Senior	453
1774	1217	Henrique Horta	00:24:44	00:51:59	00:51:21	1893		V50	125
1775	498	Nelson Joao	00:25:20	00:51:59	00:51:32	1925		Senior	454
1776	5782	Ricardo Matos	00:27:54	00:51:59	00:50:23	1724		V35	334
1777	4705	António Gonçalves	00:27:24	00:52:00	00:51:06	1853		V40	329
1778	6381	Andreia Rodrigues	00:26:20	00:52:00	00:51:31	1922		Senior	49
1779	4929	Victor Santos	00:26:54	00:52:00	00:51:00	1835		V45	217
1780	770	Luís Lemos	00:27:47	00:52:01	00:50:40	1783		V45	218

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1781	3656	Carlos Santos	00:26:34	00:52:02	00:50:15	1697	Lost Runners	Senior	455
1782	4458	António Godinho	00:25:26	00:52:02	00:51:37	1944		V55	87
1783	6245	Antonio Bernardes	00:27:05	00:52:02	00:50:35	1763	Os Carregueirenses	V65	11
1784	3958	Tiago Saruga	00:27:27	00:52:02	00:49:46	1595		Senior	456
1785	6347	Filipa Vilar	00:26:04	00:52:03	00:51:10	1866		Senior	50
1786	3949	Maria Ribeiro	00:26:21	00:52:04	00:51:36	1942		V40	33
1787	658	Manuel Anastácio	00:27:24	00:52:04	00:50:34	1761	CLUBE NOVO BANCO	V45	219
1788	137	Joaquim Silva	00:26:47	00:52:05	00:50:43	1791	AC Portalegre / UTSM	V40	330
1789	1487	José Cerqueira	00:26:16	00:52:05	00:50:26	1738	Semprabrir	Senior	457
1790	6083	Francisco Lopes	00:25:59	00:52:05	00:51:56	2007		V50	126
1791	5590	Francisco Fatela	00:27:14	00:52:05	00:50:04	1660	Sonos2ehkesabemos	V50	127
1792	5930	Romão Moita	00:27:05	00:52:05	00:51:16	1877	BRRnightRUNNERS	V50	128
1793	3106	Antonio Teixeira	00:26:36	00:52:06	00:51:58	2010		V55	88
1794	1803	Jorge Matos	00:26:16	00:52:06	00:51:45	1974		V45	220
1795	3054	João Abreu	00:27:40	00:52:06	00:50:58	1829		V40	331
1796	2299	Elisa Piteira	00:26:05	00:52:07	00:51:34	1935		V50	8
1797	6219	Filipe Paixão	00:27:29	00:52:07	00:51:01	1839		V40	332
1798	6074	Clara Schott	00:25:30	00:52:08	00:51:34	1936		Senior	51
1799	296	Fernanda Moura	00:26:37	00:52:08	00:50:54	1815		V50	9
1800	2506	João Freire	00:26:02	00:52:08	00:51:33	1926	GDCTINCM	V50	129

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1801	925	Hugo Araujo	00:25:39	00:52:09	00:51:57	2008		V35	335
1802	539	Jorge Monteiro	00:27:24	00:52:09	00:50:39	1780	CLUBE NOVO BANCO	V45	221
1803	6371	Sofia Santos	00:26:25	00:52:09	00:51:16	1880		Senior	52
1804	5908	Ricardo Fouto	00:26:55	00:52:09	00:50:10	1683	Dupla dos Moinhos	V35	336
1805	5265	Carla Nicomédo	00:26:01	00:52:09	00:51:33	1931		V40	34
1806	5504	Luís Filipe	00:26:24	00:52:10	00:50:38	1776		Senior	458
1807	2428	Manuel Sebastiao	00:27:36	00:52:10	00:51:23	1898		V35	337
1808	1659	António Murta	00:28:19	00:52:10	00:51:00	1838		V55	89
1809	2705	Nelson Roldão	00:26:09	00:52:10	00:51:25	1903		V40	333
1810	6101	Sofia Caetano	00:25:33	00:52:10	00:51:36	1941		V40	35
1811	5978	Neves Silva	00:26:52	00:52:10	00:50:57	1824	Clube Ferroviário de Portugal	V60	49
1812	410	Luis Isidoro	00:25:03	00:52:11	00:51:44	1971		Senior	459
1813	697	Nuno Barreto	00:27:21	00:52:11	00:51:23	1900		V40	334
1814	5650	António Ferreira	00:25:10	00:52:11	00:52:01	2023		V45	222
1815	630	Isabel Gomes	00:25:55	00:52:12	00:51:45	1972		V45	14
1816	4702	José Mendes	00:26:01	00:52:12	00:51:54	2002		V55	90
1817	6306	António Santos	00:27:27	00:52:13	00:50:50	1806		V55	91
1818	4011	José Afecto	00:26:57	00:52:13	00:50:26	1737	PRAFIT CLUB	V60	50
1819	5226	Jose Andre	00:27:39	00:52:13	00:50:13	1691	ÃPOGMA	V60	51
1820	5258	Samuel Martins	00:25:39	00:52:14	00:51:43	1967	Solera Runners	V35	338

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1821	5225	Helder Gandarinho	00:27:40	00:52:14	00:50:13	1690	ÃPOGMA	V45	223
1822	6140	David Dionisio	00:26:15	00:52:14	00:52:08	2045	Fúria da noite	V40	335
1823	1100	Nuno Pereira	00:25:47	00:52:14	00:52:10	2064	Sporting Clube de Casainhos	V40	336
1824	2627	Margarida Vitorino	00:29:24	00:52:14	00:45:33	759	Big Great Team	Senior	53
1825	5688	Thelmo Cunha	00:27:24	00:52:15	00:50:43	1792	Odebrecht Portugal	V55	92
1826	5007	Clara Raimundo	00:25:27	00:52:15	00:52:06	2040		V35	32
1827	5752	Miguel Martinha	00:25:47	00:52:15	00:51:09	1864		V40	337
1828	2575	José Melo	00:25:26	00:52:15	00:52:08	2047		V40	338
1829	1464	Carlos Quadros	00:27:30	00:52:16	00:50:56	1822		V45	224
1830	3160	Luís Santos	00:27:14	00:52:17	00:50:33	1756		V40	339
1831	3767	Tomé Santos	00:27:59	00:52:17	00:50:10	1682		Senior	460
1832	4583	Alexandre Silva	00:28:47	00:52:17	00:50:03	1649		Senior	461
1833	3189	Antonio Fonseca	00:25:21	00:52:17	00:52:01	2022		V65	12
1834	4649	José Lopes	00:28:47	00:52:17	00:50:03	1650		V55	93
1835	4389	Carlos Soares	00:25:02	00:52:18	00:52:12	2069	Correr Lisboa	V45	225
1836	2266	José Murtinha	00:25:14	00:52:18	00:52:10	2065	Central Compras	V55	94
1837	6069	Susana Santos	00:26:29	00:52:18	00:51:50	1993		Senior	54
1838	4243	César Zigue	00:26:10	00:52:18	00:51:41	1961	Sarapitolas Team	Senior	462
1839	475	Sérgio Pontes	00:28:21	00:52:19	00:50:26	1739	Treino do Monge	V35	339
1840	702	Hugo Lopes	00:25:11	00:52:19	00:51:54	2003		Senior	463

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1841	3618	Luis Ferreira	00:25:35	00:52:19	00:51:43	1969		V35	340
1842	4182	António Serra	00:27:51	00:52:20	00:50:16	1699		V55	95
1843	6293	David Duarte	00:26:35	00:52:20	00:51:08	1859		Junior	37
1844	953	Suzana Morais	00:25:55	00:52:20	00:51:50	1989		V50	10
1845	5179	Filipe Gonçalves	00:27:29	00:52:20	00:51:05	1849		V40	340
1846	6206	Daniel Machado	00:26:43	00:52:21	00:50:17	1703		Senior	464
1847	3455	Luís Pires	00:26:58	00:52:22	00:51:49	1986	GFD Running	V45	226
1848	5085	Mauro Lage	00:26:19	00:52:22	00:51:55	2005		Senior	465
1849	4470	Nuno Amade	00:26:58	00:52:22	00:51:50	1988	GFD Running	Senior	466
1850	2851	Mário Costa	00:27:10	00:52:22	00:51:23	1901	Lebres da Lapa	V35	341
1851	836	Casimiro Silva	00:25:52	00:52:23	00:52:05	2033		V40	341
1852	3849	Jose Santos	00:27:19	00:52:24	00:51:38	1950		V40	342
1853	4112	Pedro Sobreiro	00:27:52	00:52:24	00:51:32	1924	Amélia Valentim Frazão	V40	343
1854	13	Ricardo Gameiro	00:26:49	00:52:24	00:51:34	1934		V40	344
1855	1320	Renato Soares	00:28:19	00:52:24	00:50:13	1693		V35	342
1856	2942	Mónica Domingos	00:28:15	00:52:24	00:50:58	1830		Senior	55
1857	1145	Tiago Marques	00:28:21	00:52:25	00:50:31	1749	Treino do Monge	Senior	467
1858	1321	Hugo Soares	00:28:20	00:52:25	00:50:14	1695		V35	343
1859	3217	Orlando Nunes	00:26:26	00:52:26	00:51:41	1958		V35	344
1860	1911	Jose Felgueiras	00:26:45	00:52:27	00:52:00	2019	os papa km	V50	130

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1861	1326	Rute Santos	00:26:22	00:52:27	00:52:08	2051		V45	15
1862	1969	Susi Carvalho	00:25:52	00:52:28	00:52:14	2077	BRRnightRUNNERS	V45	16
1863	1965	André Gutierrez	00:25:14	00:52:28	00:52:08	2052	BRRnightRUNNERS	Senior	468
1864	3815	Paulo Leitaó	00:26:49	00:52:28	00:50:55	1819		Senior	469
1865	4564	Ricardo Feijão	00:27:28	00:52:28	00:50:13	1692		Senior	470
1866	123	Sandra Arraias	00:26:30	00:52:28	00:52:00	2015	Os Arraias	Senior	56
1867	4733	Vitor Escária	00:26:59	00:52:29	00:52:22	2101	escaria&friends	V40	345
1868	5812	António Bila	00:26:31	00:52:30	00:52:08	2053	CLUBE OLÍMPICO DE OEIRAS	V55	96
1869	2669	Antonio Ribeiro	00:26:10	00:52:30	00:51:51	1996		V50	131
1870	6058	João Gomes	00:24:54	00:52:31	00:52:30	2123		V45	227
1871	2786	Nuno Diogo	00:26:51	00:52:31	00:51:38	1947		V40	346
1872	6230	Sergio Martins	00:26:09	00:52:32	00:52:11	2068		V35	345
1873	290	Fernando Vergamota	00:26:49	00:52:32	00:52:16	2081		V60	52
1874	2780	Pedro Araujo	00:26:20	00:52:33	00:52:24	2105		V60	53
1875	2951	Sérgio Coimbra	00:25:30	00:52:33	00:52:08	2048		V40	347
1876	2179	Manuel Flor	00:26:46	00:52:34	00:52:06	2038		V65	13
1877	5555	Manuel Rosa	00:25:08	00:52:34	00:52:00	2018	LxOutdoor	Senior	471
1878	4526	Americo Gomes	00:27:35	00:52:34	00:51:21	1892		V45	228
1879	4494	José Teles	00:26:35	00:52:35	00:52:07	2041		V50	132
1880	4146	João Peixoto	00:26:45	00:52:35	00:51:38	1946	Asas nos Pés	V35	346

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1881	4844	Cátia Jardim	00:28:13	00:52:36	00:50:24	1730		Senior	57
1882	4711	Miguel Gouveia	00:28:13	00:52:36	00:50:23	1727		V35	347
1883	4217	Cecilia Tavares	00:25:46	00:52:36	00:52:27	2117	g.d.chelas	V45	17
1884	2700	Iris Mauricio	00:25:19	00:52:36	00:52:19	2089	RunLovers	V35	33
1885	1044	Nuno Santos	00:26:45	00:52:37	00:52:10	2060		V40	348
1886	6472	Bruno Lopes	00:27:18	00:52:37	00:51:42	1965		Senior	472
1887	6076	Cristina Luís	00:28:00	00:52:37	00:50:19	1710		V45	18
1888	3203	Nuno Cabeça	00:27:09	00:52:37	00:51:20	1889		V45	229
1889	2615	João Milheiro	00:26:17	00:52:37	00:52:10	2059	LaSurena	V55	97
1890	1116	Fernando Homem	00:25:54	00:52:38	00:52:27	2114		V40	349
1891	4365	Joana Miranda	00:26:45	00:52:38	00:52:10	2058		Senior	58
1892	3200	David Lopes	00:28:33	00:52:38	00:50:32	1752		Senior	473
1893	5031	Ricardo Lampreia	00:27:15	00:52:38	00:51:39	1953		V35	348
1894	2535	António Boavida	00:25:09	00:52:39	00:52:34	2139		V50	133
1895	5208	Marco Marques	00:25:57	00:52:39	00:51:48	1983		V35	349
1896	1612	Pedro Ornelas	00:25:50	00:52:39	00:52:11	2067		Senior	474
1897	420	Tiago Oliveira	00:27:13	00:52:40	00:51:25	1906		V35	350
1898	5325	Sara Leal	00:25:16	00:52:40	00:52:32	2133	Link	Senior	59
1899	1117	Tiago Figo	00:26:41	00:52:40	00:50:59	1833		Senior	475
1900	473	Paulo Quintas	00:27:13	00:52:40	00:51:24	1902		V40	350

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1901	5994	José Sousa	00:25:32	00:52:40	00:51:53	1998		V45	230
1902	4223	David Martinho	00:27:18	00:52:41	00:51:42	1964	Geek on the Run!	Senior	476
1903	5227	Jose Loureiro	00:27:23	00:52:41	00:50:42	1788	ÃPOGMA	V50	134
1904	140	Nuno Gonçalves	00:27:33	00:52:41	00:52:00	2017		V35	351
1905	5993	João Lourenço	00:25:32	00:52:41	00:51:55	2004		V40	351
1906	1172	Ricardo Figueiredo	00:27:46	00:52:42	00:50:54	1816		Senior	477
1907	4620	Daniel Feiteirona	00:27:27	00:52:42	00:50:27	1740		Senior	478
1908	5106	Marco Silva	00:27:28	00:52:42	00:50:33	1755		V40	352
1909	419	Vasco Delgado	00:26:26	00:52:43	00:52:16	2082		V35	352
1910	5369	Sérgio Ferreira	00:26:48	00:52:43	00:51:37	1945		Senior	479
1911	3960	Ricardo Domingos	00:26:44	00:52:43	00:52:01	2021		V35	353
1912	3122	Diogo Nobre	00:26:16	00:52:45	00:51:39	1954	Sala 13 Running Team	Senior	480
1913	5602	Samuel Fontinha	00:25:31	00:52:45	00:52:25	2108		V35	354
1914	1154	Julio Santos	00:27:57	00:52:45	00:50:50	1807		V50	135
1915	3512	Paulo Fernandes	00:27:31	00:52:46	00:52:14	2076	Bucelas	V40	353
1916	4220	Paulo Barreiros	00:26:42	00:52:47	00:51:47	1981	Geek on the Run!	V45	231
1917	5996	Paulo Loureiro	00:27:02	00:52:47	00:50:37	1770		V40	354
1918	3457	Luís Rosa	00:26:40	00:52:48	00:52:09	2056	GFD Running	V45	232
1919	6134	Carlos Soeiro	00:26:29	00:52:48	00:52:32	2128		V35	355
1920	4984	Ricardo Mendes	00:26:32	00:52:48	00:52:14	2075		V35	356



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1921	2493	Fernando Oliveira	00:27:16	00:52:49	00:51:26	1912		V50	136
1922	2531	Pedro Martins	00:25:49	00:52:50	00:52:46	2176	RB RUNNING	V40	355
1923	5806	Luis Magalhães	00:26:10	00:52:50	00:52:03	2030		V40	356
1924	3242	Albertino Semedo	00:26:47	00:52:50	00:52:21	2096	SS CGD	V55	98
1925	1994	Carlos Gasopo	00:26:51	00:52:51	00:52:00	2014	BRRnightRUNNERS	V50	137
1926	2775	José Rachado	00:27:15	00:52:51	00:51:22	1894		V45	233
1927	1399	José Pinto	00:25:58	00:52:52	00:52:32	2129		V50	138
1928	4765	Hélder Fernandes	00:26:58	00:52:52	00:51:17	1881		Senior	481
1929	4740	Fernanda Prim	00:26:05	00:52:53	00:52:35	2144		V35	34
1930	1853	Pedro Leonardo	00:29:37	00:52:53	00:46:15	876	Correr Queluz	V35	357
1931	6040	Ricardo Rodrigues	00:25:46	00:52:54	00:52:03	2029		Senior	482
1932	1463	Maria Pinheiro	00:27:41	00:52:54	00:51:33	1930		V35	35
1933	688	Jose Cardoso	00:25:27	00:52:55	00:52:38	2155		V45	234
1934	476	Joao Santos	00:26:39	00:52:55	00:52:28	2118	tartarugas solidarias	V45	235
1935	3903	João Amêndoa	00:28:17	00:52:55	00:50:34	1758		V35	358
1936	3714	João Ferreira	00:26:15	00:52:55	00:52:19	2088	Brigada do Reumático	Senior	483
1937	1476	Francisco Maia	00:26:29	00:52:55	00:52:40	2163		V60	54
1938	2941	Fábio Andrade	00:28:15	00:52:56	00:51:30	1919		Senior	484
1939	2278	David Caldeira	00:26:29	00:52:56	00:52:45	2174	Associação Daniel Caldeira	V35	359
1940	6091	Jorge Máximo	00:26:27	00:52:56	00:52:36	2148		V40	357

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1941	6093	Cláudia Garcia	00:26:26	00:52:56	00:52:36	2147		V40	36
1942	402	Acácio Mendes	00:25:57	00:52:56	00:52:47	2187	tartarugas solidarias	V70	7
1943	1585	Rui Palma	00:26:07	00:52:56	00:52:39	2158	Os Coxos	V35	360
1944	6328	Céu Viegas	00:26:14	00:52:57	00:52:48	2190		V50	139
1945	4199	Luis Boletto	00:25:10	00:52:57	00:52:29	2121	g.d.chelas	V35	361
1946	1298	Carlos Silva	00:27:49	00:52:57	00:50:42	1787		V40	358
1947	2102	Pedro Gil	00:26:47	00:52:58	00:52:11	2066		V35	362
1948	2620	Carlos Costa	00:27:14	00:52:58	00:52:55	2218	CLUBE ANACOM	V40	359
1949	5053	Hugo Rosas	00:26:48	00:52:58	00:51:45	1976		V35	363
1950	4394	Alexandre Martins	00:28:40	00:52:58	00:51:45	1975		Senior	485
1951	2268	Tiago Nunes	00:26:34	00:52:58	00:52:02	2025	Central Compras	V40	360
1952	3076	Luis Moissão	00:26:55	00:53:00	00:52:33	2136		V35	364
1953	4814	José Sousa	00:26:40	00:53:00	00:52:10	2061	Todos Juntos	V45	236
1954	5130	Valter Forno	00:26:00	00:53:00	00:52:06	2039	Amigos da Mini	Senior	486
1955	1182	Rosalina Gil	00:26:48	00:53:00	00:51:21	1891	PARBFRPPXXX	Senior	60
1956	1938	Alexandre Miguel	00:26:42	00:53:00	00:52:46	2175		V45	237
1957	1687	Isabel Barra	00:26:33	00:53:00	00:52:14	2074	AFDD - RUN CREW TRAIL MONTIJO	V45	19
1958	1947	Bruno Baleizão	00:27:42	00:53:01	00:51:01	1840		Senior	487
1959	1498	João Figueiredo	00:26:24	00:53:01	00:51:53	1999	Os Coxos	Senior	488
1960	4361	Gonçalo Rosado	00:28:39	00:53:02	00:46:36	936		V35	365

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1961	738	Andreia Costa	00:26:30	00:53:02	00:52:37	2151	tartarugas solidarias	V35	36
1962	4424	Nuno Silva	00:27:04	00:53:03	00:52:31	2125		V35	366
1963	1916	Bruno Silva	00:26:28	00:53:03	00:52:34	2141	Uma Corrida de cada vez	V35	367
1964	1823	Diogo Sousa	00:26:03	00:53:03	00:52:00	2016		Senior	489
1965	4237	Claudia Belém	00:26:24	00:53:03	00:52:51	2198	Link	Senior	61
1966	1499	Luciano Silva	00:27:04	00:53:04	00:52:32	2130		V60	55
1967	4971	Celestino Oliveira	00:26:17	00:53:04	00:52:23	2104		V55	99
1968	5848	Hugo Ribeiro	00:27:29	00:53:04	00:52:02	2026		V35	368
1969	5720	Paulo Gonçalves	00:30:18	00:53:05	00:45:48	802	Câmara Lisboa Clube	V40	361
1970	4660	Andreia Tourais	00:26:58	00:53:05	00:52:31	2126	GFD Running	Senior	62
1971	4954	Daniel Ramos	00:29:26	00:53:05	00:46:15	877		V35	369
1972	2341	Anabela Constante	00:27:08	00:53:05	00:52:49	2193		V40	37
1973	1787	Tó Jerónimo	00:25:59	00:53:05	00:52:32	2131	Run Buddy Run	V35	370
1974	3091	Simão Lima	00:26:47	00:53:06	00:52:03	2027		Senior	490
1975	3746	Vera Almeida	00:26:45	00:53:06	00:52:32	2134		V35	37
1976	4867	Cristina Henriques	00:25:40	00:53:06	00:52:49	2194		Senior	63
1977	4496	Tiago Pereira	00:27:34	00:53:06	00:51:45	1978		V35	371
1978	3886	Nuno Martins	00:27:32	00:53:07	00:52:00	2013	Brothers in Motion	Senior	491
1979	5834	Francisco Seita	00:26:43	00:53:07	00:52:16	2080		Junior	38
1980	4567	Manuel Gomes	00:26:46	00:53:07	00:52:17	2083	CLUBE ANACOM	V50	140

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1981	1359	Raúl Carvalho	00:25:51	00:53:08	00:53:02	2239	FALCÕES SELVAGENS	V55	100
1982	2103	Margarida Brites	00:26:22	00:53:09	00:52:46	2180		V45	20
1983	5655	Diogo Rodrigues	00:25:49	00:53:09	00:52:29	2120		Junior	39
1984	2928	Ricardo Bordalo	00:27:21	00:53:09	00:52:35	2143		V45	238
1985	2231	Fernando Carrilho	00:25:38	00:53:09	00:52:54	2212		V55	101
1986	4557	Adalberto Grilo	00:27:13	00:53:10	00:52:24	2106		V50	141
1987	695	Helia Santos	00:27:00	00:53:10	00:52:20	2094		Senior	64
1988	1377	Tânia Valentim	00:27:30	00:53:11	00:51:38	1948	EVELX - Associação de Estilos de Vida Saudável	Senior	65
1989	421	João Carrinho	00:26:58	00:53:11	00:52:07	2043		V50	142
1990	3244	Antonio Carpinteiro	00:26:30	00:53:12	00:52:57	2223	SS CGD	V70	8
1991	1371	Jorge Miranda	00:27:23	00:53:12	00:52:18	2084		V45	239
1992	2762	Susana Apoliário	00:26:38	00:53:13	00:52:58	2224	Movet	Senior	66
1993	1503	Fernando Dias	00:27:14	00:53:13	00:52:08	2046		V50	143
1994	6234	Joana Almeida	00:27:08	00:53:13	00:52:26	2111		V35	38
1995	1370	Álvaro Venâncio	00:27:23	00:53:13	00:52:21	2097		V40	362
1996	6349	Francisco Furão	00:27:20	00:53:13	00:52:01	2024	BRRnightRUNNERS	Senior	492
1997	4842	Jose Fernandes	00:26:42	00:53:14	00:52:48	2191		V45	240
1998	2417	Germano Matos	00:27:02	00:53:14	00:52:10	2062	Grupo Estádio Nacional	V65	14
1999	2096	Hugo Ferreira	00:27:39	00:53:14	00:52:19	2091		V35	372
2000	1863	Paulo Quental	00:27:31	00:53:14	00:51:33	1928		Senior	493

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2001	2460	António Costa	00:27:03	00:53:15	00:52:13	2071		V70	9
2002	501	Marina Andrade	00:27:24	00:53:15	00:51:30	1920	tartarugas solidarias	V45	21
2003	1539	Tânia Veiga	00:27:12	00:53:15	00:51:58	2009		V35	39
2004	2654	José Pires	00:28:09	00:53:15	00:51:14	1872	Asas nos Pés	V45	241
2005	5424	Luis Goes	00:27:37	00:53:15	00:52:45	2170	BIVAC IBERICA	Senior	494
2006	517	Rui Vicente	00:25:36	00:53:15	00:53:01	2237	CLUBE NOVO BANCO	Senior	495
2007	904	José Ramos	00:27:12	00:53:15	00:51:59	2011		V50	144
2008	2465	Bruno Soares	00:28:25	00:53:16	00:51:15	1875		V40	363
2009	2490	Fernando Claudino	00:28:25	00:53:16	00:51:16	1876		V60	56
2010	6467	Marie Bueguer	00:30:21	00:53:16	00:46:43	954		Senior	67
2011	1745	Antonio Pais	00:26:53	00:53:18	00:52:39	2159	CCD O ALVITEJO/FORNO	V65	15
2012	4005	Pedro Ruas	00:26:30	00:53:19	00:52:10	2063		V35	373
2013	2241	Paulo Sousa	00:26:20	00:53:19	00:53:08	2252		V40	364
2014	2652	José Gouveia	00:26:40	00:53:19	00:52:45	2171	Asas nos Pés	V45	242
2015	3979	Alexandre Maurício	00:27:51	00:53:19	00:51:51	1995		V35	374
2016	2042	Leticia Oliveira	00:26:01	00:53:20	00:53:19	2276		Senior	68
2017	128	José Pimentel	00:27:23	00:53:21	00:52:14	2072		Senior	496
2018	1276	Rui Silva	00:27:46	00:53:21	00:51:08	1863	Gazelas Do tempo	V35	375
2019	4641	Artur Palmas	00:24:41	00:53:22	00:53:18	2272		V35	376
2020	5364	Filipe Varges	00:28:02	00:53:22	00:52:33	2135		Senior	497

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2021	650	José Santos	00:26:41	00:53:23	00:53:01	2238	Santos & Filho	V50	145
2022	4697	Pedro Azevedo	00:27:03	00:53:23	00:53:00	2227		V45	243
2023	2196	José Henriques	00:26:44	00:53:23	00:52:40	2164		V40	365
2024	892	Luísa Matos	00:28:50	00:53:23	00:52:57	2221		V45	22
2025	616	Alexandra Dinis	00:27:24	00:53:24	00:52:14	2073		V35	40
2026	5581	António Janelas	00:30:00	00:53:25	00:46:45	969		V50	146
2027	5836	Rui Pereira	00:26:43	00:53:25	00:52:33	2138		V40	366
2028	3430	João Lourenço	00:27:13	00:53:25	00:52:52	2201		Senior	498
2029	1230	Sofia Silva	00:28:03	00:53:25	00:52:19	2086		V35	41
2030	2427	António Figueiredo	00:27:29	00:53:26	00:51:06	1850		V40	367
2031	2891	Daniel Vilabril	00:28:20	00:53:26	00:51:49	1985		V35	377
2032	2304	Élio Lavado	00:27:46	00:53:26	00:51:36	1940		Senior	499
2033	5081	Hugo Custodio	00:26:39	00:53:26	00:53:05	2246		Senior	500
2034	5101	Joao Franco	00:27:16	00:53:27	00:51:59	2012		Senior	501
2035	801	Carlos Marques	00:26:33	00:53:27	00:53:01	2235		V55	102
2036	3738	Ana Ramos	00:23:35	00:53:27	00:53:18	2271		V35	42
2037	1060	Helder Escobar	00:29:39	00:53:28	00:51:49	1984		V35	378
2038	4208	Rui Costa	00:27:59	00:53:28	00:51:33	1927	g.d.chelas	V45	244
2039	4211	Andreia Monteiro	00:27:58	00:53:29	00:51:33	1932	g.d.chelas	V35	43
2040	4400	Cláudia Bento	00:26:17	00:53:29	00:53:25	2292		V40	38

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2041	2768	João Garrido	00:26:58	00:53:30	00:52:36	2146		Senior	502
2042	5872	Emanuel Pereira	00:27:30	00:53:30	00:52:09	2055		Senior	503
2043	456	Nuno David	00:27:31	00:53:30	00:52:08	2049		V50	147
2044	4335	Luis Pires	00:27:00	00:53:30	00:51:41	1959		V45	245
2045	6379	André Durães	00:28:04	00:53:30	00:52:30	2122		Senior	504
2046	4983	Bruno Figueiredo	00:29:43	00:53:30	00:46:44	957		Senior	505
2047	2547	Bruno Neves	00:27:47	00:53:32	00:51:06	1852		Senior	506
2048	899	Joana Lancastre	00:27:20	00:53:33	00:52:23	2103		V35	44
2049	1918	Alexandre Costa	00:26:55	00:53:33	00:52:09	2057	BRRnightRUNNERS	V40	368
2050	1427	Jorge Modesto	00:26:22	00:53:34	00:52:32	2132		V35	379
2051	1343	Cátia Rosalino	00:26:41	00:53:34	00:53:21	2280	BRRnightRUNNERS	Senior	69
2052	6063	Tiago Hirth	00:28:07	00:53:35	00:53:14	2261	Ninja Dinosaurs	Senior	507
2053	4980	Tiago Henriques	00:27:09	00:53:35	00:52:50	2195	Vamos lá	Senior	508
2054	5097	Ricardo Mano	00:26:20	00:53:36	00:53:09	2254		Senior	509
2055	1175	Jose Santo	00:27:05	00:53:36	00:52:41	2165		V40	369
2056	1752	Miguel Mendanha	00:27:16	00:53:37	00:52:37	2149	CCD Crédito Agrícola Mútuo	V35	380
2057	3112	Nuno Sousa	00:28:18	00:53:37	00:51:51	1994	Run Buddy Run	V35	381
2058	2983	Miguel Vasconcelos	00:26:35	00:53:37	00:53:00	2229	BIVAC IBERICA	V40	370
2059	3224	Fernando Jerónimo	00:27:33	00:53:37	00:51:53	2000		V60	57
2060	3821	Paulo Silva	00:27:13	00:53:37	00:52:24	2107	Pinguins do Ártico	V50	148

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2061	2062	Gonçalo Oliveira	00:27:38	00:53:38	00:51:45	1977		Senior	510
2062	1319	Cristina Rocha	00:28:18	00:53:38	00:51:41	1960		Senior	70
2063	1542	Nuno Taxeiro	00:27:00	00:53:39	00:52:47	2184		Senior	511
2064	5636	Ana Álvaro	00:27:48	00:53:39	00:53:32	2319	ROFF	V40	39
2065	6010	José Ferreira	00:27:32	00:53:39	00:51:26	1913		Senior	512
2066	5211	João Fernandes	00:27:58	00:53:40	00:52:04	2031		V35	382
2067	1472	Nelson Jorge	00:27:06	00:53:40	00:53:00	2233		V40	371
2068	1747	Sandra Silva	00:28:00	00:53:40	00:51:46	1980	BRRnightRUNNERS	V40	40
2069	5771	Hugo Santos	00:28:10	00:53:40	00:51:38	1949		V35	383
2070	2292	João Mendes	00:26:35	00:53:41	00:53:03	2240		V40	372
2071	3226	Nuno Silva	00:27:08	00:53:41	00:53:31	2313		V40	373
2072	3370	Pedro Simplicio	00:28:04	00:53:42	00:51:25	1905	BRRnightRUNNERS	V40	374
2073	3085	Beatriz Matias	00:26:20	00:53:42	00:53:27	2296		V40	41
2074	2127	Marco Pires	00:25:36	00:53:42	00:53:35	2332		Senior	513
2075	5102	Sérgio Cardoso	00:27:59	00:53:42	00:52:06	2037		V35	384
2076	186	João Carriço	00:27:52	00:53:42	00:52:53	2210		V40	375
2077	4535	Carlos Nita	00:27:43	00:53:42	00:51:33	1933		V45	246
2078	1520	Pedro Quina	00:30:42	00:53:43	00:46:54	1005	Equation	V45	247
2079	1184	Diogo Pinto	00:27:54	00:53:43	00:52:03	2028	PARBFRPPXXX	Senior	514
2080	3825	Eleazar Silva	00:27:03	00:53:43	00:52:26	2109	Pinguins do Ártico	Senior	515



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2081	1315	A. Florindo	00:27:48	00:53:43	00:52:28	2119		V50	149
2082	772	José Serrão	00:28:41	00:53:43	00:51:39	1955		V50	150
2083	923	João Silva	00:27:05	00:53:44	00:52:26	2112		Senior	516
2084	6001	Nuno Loureiro	00:26:37	00:53:45	00:53:23	2287		Senior	517
2085	3797	Helder Saramago	00:26:17	00:53:45	00:53:08	2251		Senior	518
2086	2082	Rui Marques	00:31:24	00:53:46	00:47:16	1094	Masters Water Polo - Bamboora Gaming	V35	385
2087	5012	Miguel Pires	00:27:40	00:53:47	00:51:53	2001		V35	386
2088	4626	Deolinda Pinheiro	00:26:20	00:53:47	00:53:43	2363		V45	23
2089	5388	Annette Ludwig	00:26:08	00:53:48	00:53:47	2377		V40	42
2090	383	Pedro Gomes	00:27:10	00:53:48	00:52:59	2226		V40	376
2091	2818	Rui Martins	00:26:42	00:53:48	00:53:11	2257		V35	387
2092	5562	Tiago Figueira	00:26:12	00:53:50	00:52:08	2050		Senior	519
2093	4629	Cristina Caetano	00:27:55	00:53:50	00:52:47	2186	Ginásio Clube Português	V50	11
2094	1796	Cláudia Gonçalves	00:26:53	00:53:50	00:53:40	2358		V35	45
2095	4988	Susana Adegas	00:25:48	00:53:50	00:53:45	2366		V45	24
2096	1915	Paulo Silva	00:26:41	00:53:51	00:53:22	2283	Uma Corrida de cada vez	V55	103
2097	2588	Damião Rega	00:28:12	00:53:51	00:52:26	2110		V50	151
2098	2604	Daniel Lima	00:27:45	00:53:51	00:53:04	2241	MF&A and Friends	V35	388
2099	4353	Paulo Tomas	00:28:14	00:53:51	00:52:18	2085	u.r.d.arranhò	V40	377
2100	2645	André Mendes	00:30:26	00:53:52	00:46:55	1013		Senior	520

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2101	1731	Filipe Ribeiro	00:26:48	00:53:52	00:52:39	2160		V35	389
2102	5917	Fernando Rodrigues	00:27:46	00:53:53	00:53:18	2275	Cofina Runners	V55	104
2103	4785	Marta Lopes	00:26:08	00:53:54	00:53:49	2384	Veloprof/Run Ocean	V45	25
2104	3042	Mariana Martins	00:28:56	00:53:55	00:51:50	1991		Senior	71
2105	3043	António Duarte	00:28:56	00:53:55	00:51:50	1987		V50	152
2106	640	Helena Cunha	00:27:59	00:53:55	00:52:56	2220	Asas	V55	2
2107	643	António Marques	00:27:58	00:53:55	00:52:54	2211	Asas	V65	16
2108	4786	Natalino Lopes	00:26:06	00:53:55	00:53:50	2388	Veloprof/Run Ocean	V55	105
2109	3964	Ricardo Moura	00:27:59	00:53:56	00:52:53	2208		Senior	521
2110	2129	Paulo Silva	00:27:52	00:53:56	00:52:21	2098		V40	378
2111	71	Fernado Palma	00:26:32	00:53:56	00:53:00	2230		V40	379
2112	12	Bruno Madeira	00:28:12	00:53:56	00:52:40	2161		V35	390
2113	4968	Frederico Pegado	00:27:39	00:53:56	00:53:37	2343	MP RUNNERS	V40	380
2114	6470	Samir Tilikete	00:26:27	00:53:56	00:53:17	2269		V50	153
2115	6469	David Laurent	00:26:18	00:53:56	00:53:17	2268		V40	381
2116	5266	Gonçalo Sorrelus	00:27:45	00:53:57	00:52:38	2154		V35	391
2117	1893	Alexandra Trindade	00:27:33	00:53:58	00:53:33	2321		V35	46
2118	349	Fatima Antunes	00:27:36	00:53:58	00:53:31	2317		V40	43
2119	528	António Reis	00:26:35	00:53:58	00:53:35	2328	CLUBE NOVO BANCO	V45	248
2120	60	Teresa Simões	00:27:10	00:53:58	00:53:22	2284		Senior	72

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2121	4429	José Pereira	00:27:23	00:53:59	00:52:51	2197		Senior	522
2122	6492	David Humbeek	00:29:06	00:53:59	00:52:39	2157		V40	382
2123	3901	Domingos Aleixo	00:26:34	00:53:59	00:53:34	2325		V45	249
2124	1169	Bruno Jacquet	00:28:31	00:53:59	00:53:06	2249		Senior	523
2125	4686	Sérgio Duarte	00:28:21	00:54:00	00:52:41	2166		V55	106
2126	4428	Alexandra Dias	00:27:23	00:54:00	00:52:52	2204		V35	47
2127	4631	José Reis	00:27:55	00:54:00	00:52:57	2222	Ginásio Clube Português	V50	154
2128	2114	Mariana Santos	00:26:58	00:54:01	00:53:56	2411		Senior	73
2129	5567	Rui Heitor	00:29:29	00:54:01	00:51:47	1982		V35	392
2130	6087	Eduardo Braz	00:27:45	00:54:01	00:53:26	2293		V40	383
2131	6402	Fejér Zsuzsanna	00:27:14	00:54:01	00:52:46	2178		V40	44
2132	1830	Rui Reis	00:27:59	00:54:02	00:53:17	2266		V50	155
2133	4004	João Fernandes	00:25:26	00:54:02	00:53:59	2416		V50	156
2134	6362	André Silva	00:30:00	00:54:02	00:51:50	1990		Senior	524
2135	2894	Ivo Gonçalves	00:26:16	00:54:02	00:52:55	2219		Senior	525
2136	1076	Filipe Martins	00:30:32	00:54:03	00:46:34	933		Senior	526
2137	3109	Carlos Fernandes	00:28:15	00:54:03	00:52:47	2183		Senior	527
2138	500	Tiago Veiga	00:29:05	00:54:03	00:52:05	2034		V35	393
2139	39	Mario Freire	00:28:21	00:54:04	00:52:53	2209		V55	107
2140	2300	Carlos Piteira	00:26:48	00:54:04	00:53:31	2316		V50	157

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2141	405	Isabel Pisco	00:27:37	00:54:04	00:53:16	2265		V45	26
2142	404	Filipa Gama	00:27:38	00:54:05	00:53:17	2267		V40	45
2143	4621	Manuel Francisco	00:30:13	00:54:05	00:47:20	1111		V50	158
2144	6471	Adriano Santos	00:27:44	00:54:09	00:53:15	2263		Senior	528
2145	4989	Nuno Almeida	00:27:07	00:54:09	00:53:30	2308		V65	17
2146	2665	Diogo Esperança	00:28:40	00:54:10	00:52:12	2070		Senior	529
2147	1833	Ana Matos	00:28:32	00:54:10	00:52:52	2207	Flechas Humanas	Senior	74
2148	1031	Nuno Mendes	00:28:02	00:54:10	00:53:11	2258		Senior	530
2149	2790	Francisco Pinto	00:28:35	00:54:10	00:53:04	2242		V50	159
2150	3396	Pedro Silva	00:26:01	00:54:10	00:53:47	2376		Senior	531
2151	538	Joaquim Monteiro	00:28:01	00:54:10	00:52:52	2203	CLUBE NOVO BANCO	V45	250
2152	3086	André Salvado	00:27:17	00:54:10	00:53:45	2367		V40	384
2153	2534	Manuel Carreiras	00:25:58	00:54:11	00:54:03	2433		V45	251
2154	6242	Joao Travado	00:30:15	00:54:11	00:52:43	2169	Os Carregueirenses	V40	385
2155	328	Anibal Costa	00:32:52	00:54:12	00:46:58	1021		V45	252
2156	2330	Rui Leitão	00:28:03	00:54:12	00:53:19	2277	Lagartixas Team	Senior	532
2157	4723	Carlos Claro	00:26:19	00:54:12	00:54:10	2455	Jovens da Serra das Minas	V60	58
2158	967	Jeremias Ribeiro	00:28:02	00:54:13	00:53:53	2397		V70	10
2159	6491	Miguel Costa	00:25:46	00:54:13	00:54:07	2447		V40	386
2160	4824	António Jubilado	00:27:44	00:54:13	00:53:39	2351		V55	108

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2161	2370	José Barata	00:26:16	00:54:14	00:54:09	2451	GRCD Leião	V70	11
2162	4627	Marco Albuquerque	00:27:59	00:54:14	00:54:02	2429		Senior	533
2163	359	Ricardo Martins	00:27:37	00:54:15	00:53:47	2371		Senior	534
2164	6088	Eduardo Castela	00:27:27	00:54:15	00:52:34	2140		Senior	535
2165	1871	Agostinho Coelho	00:26:56	00:54:16	00:54:06	2446		V45	253
2166	2719	Paulo Pintor	00:24:56	00:54:16	00:53:51	2389		Senior	536
2167	3983	João Reis	00:27:47	00:54:17	00:52:27	2116		V40	387
2168	1196	Jorge Condeças	00:26:53	00:54:17	00:54:17	2483		V35	394
2169	1592	Luis Santos	00:29:21	00:54:18	00:52:38	2153	Na Pagas Nada? Team	V35	395
2170	527	Ana Monteiro	00:27:42	00:54:18	00:53:01	2236	CLUBE NOVO BANCO	V45	27
2171	5938	João Pimenta	00:28:59	00:54:18	00:52:52	2199		V50	160
2172	1191	Hugo Evangelista	00:27:00	00:54:18	00:52:39	2156	PARBFRPPXXX	Senior	537
2173	4354	Gabriel Antonio	00:28:14	00:54:19	00:52:45	2172	u.r.d.arranhò	V50	161
2174	1374	Bruno Ferreira	00:29:27	00:54:19	00:51:55	2006		Senior	538
2175	2648	Bruno Afonso	00:26:33	00:54:19	00:53:32	2318		Senior	539
2176	4449	José Santos	00:27:28	00:54:20	00:52:47	2185		V35	396
2177	281	Paulo Faria	00:28:29	00:54:20	00:52:05	2032	paulos	V35	397
2178	246	Ricardo Morais	00:25:37	00:54:20	00:54:17	2484		V40	388
2179	4963	Paulo Silva	00:28:21	00:54:20	00:53:27	2297		V50	162
2180	2722	Nicole Nobre	00:27:13	00:54:20	00:53:49	2385		Senior	75

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2181	6218	Saida Morais	00:27:52	00:54:21	00:53:14	2260		V40	46
2182	6035	Sérgio Costa	00:31:45	00:54:22	00:46:46	974	Management Solutions	Senior	540
2183	4387	Ângelo Chalo	00:28:19	00:54:23	00:52:27	2115		Senior	541
2184	6033	Raúl Custódio	00:31:44	00:54:24	00:46:47	977	Management Solutions	Senior	542
2185	6327	César Viegas	00:26:28	00:54:24	00:54:15	2474		V55	109
2186	4807	Fernando Pereira	00:27:56	00:54:24	00:53:34	2323	Todos Juntos	V45	254
2187	1566	Sérgio Ferreira	00:27:58	00:54:24	00:52:08	2054		V35	398
2188	5378	João Marques	00:27:43	00:54:24	00:53:14	2259		Senior	543
2189	3133	João Melo	00:28:11	00:54:25	00:53:47	2374	Run2Goal	V35	399
2190	1732	Carlos Tavares	00:26:47	00:54:25	00:54:14	2471		Senior	544
2191	4491	Ana Romano	00:27:21	00:54:25	00:54:00	2420		V45	28
2192	3814	David Leal	00:28:03	00:54:26	00:52:54	2215		V40	389
2193	3225	Joao Cabral	00:28:16	00:54:26	00:53:23	2286		Senior	545
2194	1589	Bruno Letra	00:29:20	00:54:27	00:52:43	2168	Na Pagas Nada? Team	Senior	546
2195	5406	Filipe Gil	00:27:48	00:54:27	00:52:37	2150		V40	390
2196	3773	Luis Baião	00:28:49	00:54:28	00:53:00	2228		V35	400
2197	5298	Luís Raposo	00:29:06	00:54:29	00:52:46	2181		V50	163
2198	2562	Ricardo Carvalho	00:25:52	00:54:29	00:54:11	2460		V35	401
2199	1888	Helder Simas	00:30:28	00:54:30	00:47:55	1235		V45	255
2200	2850	Ricardo Silva	00:27:03	00:54:30	00:54:11	2459	Lebres da Lapa	V40	391

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2201	6366	Luis Nogueira	00:26:43	00:54:31	00:53:55	2407		V40	392
2202	2470	Andreia Vieira	00:26:50	00:54:31	00:54:24	2512		Senior	76
2203	2471	Nuno Almeida	00:26:50	00:54:31	00:54:24	2506		Senior	547
2204	4782	Sandra Costa	00:27:25	00:54:31	00:52:51	2196	Clube EDP - Lisboa	V40	47
2205	4802	Lúcia Nogueira	00:27:59	00:54:32	00:52:54	2216	Caminhar e Correr na Quinta do Conde	V50	12
2206	6066	Ana Sousa	00:26:21	00:54:32	00:54:04	2437		Senior	77
2207	5833	João Silva	00:26:21	00:54:32	00:54:04	2439		Senior	548
2208	6051	Marina Silva	00:27:09	00:54:32	00:53:51	2390		V40	48
2209	3261	Rui Miguel	00:28:02	00:54:32	00:53:16	2264	SS CGD	V40	393
2210	4841	Nuno Fialho	00:27:29	00:54:32	00:53:29	2298		V40	394
2211	1166	Jorge Costa	00:29:30	00:54:33	00:52:33	2137		V45	256
2212	785	José Baixinho	00:28:18	00:54:33	00:53:30	2307		V55	110
2213	786	Judite Baixinho	00:28:18	00:54:34	00:53:31	2314		Senior	78
2214	4744	João Branco	00:28:00	00:54:34	00:53:36	2336		V55	111
2215	451	Bruno Catarino	00:29:37	00:54:35	00:52:43	2167		V35	402
2216	1295	António Pereira	00:28:11	00:54:35	00:53:17	2270	Gil Eanes Running	V65	18
2217	2218	Cátia Virginia	00:26:58	00:54:35	00:54:04	2435		Senior	79
2218	4741	Pedro Branco	00:27:15	00:54:35	00:54:26	2519		V45	257
2219	4411	Edoardo Contente	00:28:30	00:54:35	00:53:59	2414		Junior	40
2220	4287	António Sousa	00:26:54	00:54:36	00:53:46	2370	Hiscox Lions friends	V55	112

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2221	3174	Luis Lança	00:28:06	00:54:36	00:53:05	2245		V50	164
2222	525	Ana Ferreira	00:28:01	00:54:37	00:53:22	2282	CLUBE NOVO BANCO	V45	29
2223	1581	Sara Granjo	00:28:30	00:54:37	00:52:16	2079	Midwinners	Senior	80
2224	1798	Rui Miguel	00:28:06	00:54:37	00:52:52	2205		V35	403
2225	3128	Francisco Álvares	00:30:35	00:54:37	00:47:10	1072	Clube EDP - Lisboa	Senior	549
2226	2291	José Pereira	00:28:30	00:54:37	00:53:30	2309	Amigos Vale Silencio	V65	19
2227	4964	Claribel Fernandes	00:26:47	00:54:37	00:54:35	2563		Senior	81
2228	1349	Rui Santos	00:28:47	00:54:37	00:52:40	2162		Senior	550
2229	5518	Nuno Ryder	00:31:24	00:54:37	00:48:08	1263	Masters Water Polo - Bamboora Gaming	V40	395
2230	1583	Tânia Cabrito	00:28:21	00:54:37	00:52:19	2092	Midwinners	Senior	82
2231	3223	David Jerónimo	00:27:31	00:54:38	00:52:54	2214		Senior	551
2232	309	Marcos Leonardo	00:27:25	00:54:38	00:53:40	2356		V60	59
2233	4174	Carla Viegas	00:29:04	00:54:38	00:51:31	1923		V35	48
2234	5730	Jorge Duarte	00:26:14	00:54:39	00:54:17	2485	Câmara Lisboa Clube	V50	165
2235	4843	Ricardo Freitas	00:27:03	00:54:39	00:53:59	2415		Senior	552
2236	285	Luis Matos	00:26:08	00:54:40	00:54:32	2549		V55	113
2237	2777	Luis Sançana	00:31:14	00:54:40	00:47:08	1069		V35	404
2238	5856	Miguel Afonso	00:26:46	00:54:40	00:54:12	2462		V35	405
2239	901	Virginia Fonseca	00:27:11	00:54:41	00:54:21	2501		V40	49
2240	3737	Gonçalo Gonçalves	00:28:30	00:54:41	00:54:06	2443		V40	396



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2241	5963	João Madeira	00:27:30	00:54:41	00:53:15	2262	KPMG	V35	406
2242	3311	Joao Miguel	00:28:22	00:54:41	00:53:18	2274	Tangas Clube	V75	1
2243	2773	Rita Afonso	00:27:39	00:54:42	00:53:34	2326		Senior	83
2244	3393	Carla Baptista	00:28:06	00:54:42	00:52:46	2182		V45	30
2245	2545	Rui Correia	00:27:59	00:54:42	00:53:29	2302		V40	397
2246	2049	António Cardoso	00:27:18	00:54:42	00:54:29	2534		V45	258
2247	3111	Raul Moita	00:27:58	00:54:42	00:53:05	2244		V55	114
2248	928	Miguel Monteiro	00:28:58	00:54:43	00:52:48	2189	NAV Runners	V45	259
2249	3082	Ricardo Figueiredo	00:27:55	00:54:43	00:53:38	2347		V35	407
2250	1920	Pedro Pinel	00:28:58	00:54:43	00:52:49	2192	NAV Runners	V45	260
2251	1384	Liliana Santos	00:27:54	00:54:43	00:54:13	2466	Estrelas de Luz	Senior	84
2252	3309	Mario Antonio	00:27:02	00:54:43	00:54:19	2496	Tangas Clube	V65	20
2253	5188	José Fernandes	00:28:11	00:54:43	00:53:24	2289		V35	408
2254	2429	João Navarro	00:27:09	00:54:43	00:54:31	2546		V35	409
2255	2189	Ana Cardoso	00:27:18	00:54:43	00:54:31	2540		V50	13
2256	177	Sandra Gonçalves	00:27:13	00:54:44	00:53:56	2408		Senior	85
2257	853	José Alves	00:27:07	00:54:44	00:54:24	2510		V55	115
2258	5437	Américo Cacheira	00:25:55	00:54:44	00:54:18	2491		V55	116
2259	4783	José Amaral	00:27:56	00:54:44	00:53:18	2273	FALCÕES SELVAGENS	V50	166
2260	3508	Samuel Santos	00:25:48	00:54:45	00:54:19	2494		Senior	553

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2261	1469	Nuno Lourenço	00:28:22	00:54:45	00:53:41	2359		V40	398
2262	5311	Carlos Belo	00:28:26	00:54:45	00:52:37	2152		V45	261
2263	1558	Vitor Teixeira	00:26:43	00:54:45	00:54:43	2594		V50	167
2264	2911	Luis Cardoso	00:28:05	00:54:46	00:53:51	2391		V45	262
2265	5228	Paulo Pires	00:28:23	00:54:46	00:52:46	2177	ÃPOGMA	V50	168
2266	2655	Jorge Guilherme	00:28:23	00:54:47	00:52:45	2173	Asas nos Pés	V35	410
2267	5875	Tiago Meneses	00:28:07	00:54:48	00:53:26	2295		Senior	554
2268	1746	Marcos Oliveira	00:28:07	00:54:48	00:53:25	2291	GDINE	V40	399
2269	4175	Maria Barahona	00:27:26	00:54:48	00:54:47	2607		Senior	86
2270	4847	Verónica Sousa	00:27:10	00:54:48	00:54:42	2589		Senior	87
2271	583	Joana Fernandes	00:27:39	00:54:48	00:53:40	2355		Senior	88
2272	1160	Alexandra Barbosa	00:26:44	00:54:49	00:54:40	2577		V40	50
2273	1832	Luis Matias	00:28:55	00:54:49	00:53:09	2253	Aqua Runners/Mais que Cuidar Team	V55	117
2274	3777	João Viegas	00:28:42	00:54:50	00:52:32	2127	TroubleMakers	Senior	555
2275	5254	João Nogueira	00:28:07	00:54:50	00:53:30	2306		Senior	556
2276	917	Luís Matias	00:26:57	00:54:50	00:54:29	2529	As Lesmas	V50	169
2277	2204	Jose Rodrigues	00:26:36	00:54:50	00:54:49	2610		V55	118
2278	108	João Aranha	00:27:12	00:54:51	00:54:16	2479		Senior	557
2279	74	Gonçalo Louro	00:27:12	00:54:51	00:54:16	2478		Senior	558
2280	1455	Susana Matias	00:27:41	00:54:52	00:53:10	2255	Movet	Junior	2

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2281	4364	Miguel Redmont	00:27:51	00:54:52	00:53:48	2381		V45	263
2282	5559	Jorge Paulino	00:28:39	00:54:52	00:52:35	2142		V35	411
2283	2672	Rui Faria	00:27:30	00:54:53	00:53:52	2394		Senior	559
2284	508	Patrícia Santos	00:28:13	00:54:53	00:53:39	2350	CLUBE NOVO BANCO	V40	51
2285	2446	Manuel Serralha	00:28:06	00:54:53	00:53:45	2364		Senior	560
2286	4659	Vitória Monteiro	00:26:53	00:54:53	00:54:53	2629	FALCÕES SELVAGENS	V60	1
2287	2435	Aureliano Luz	00:26:34	00:54:53	00:54:29	2528		V35	412
2288	5999	Ana Almeida	00:27:13	00:54:53	00:53:53	2400		Senior	89
2289	3510	Rui Gomes	00:27:44	00:54:55	00:54:01	2423		V35	413
2290	2804	Cristina Delgado	00:28:32	00:54:55	00:53:52	2393		V40	52
2291	1024	Sônia Santos	00:27:17	00:54:55	00:54:24	2511	Authentic Pilates	Senior	90
2292	817	Diogo Santos	00:28:25	00:54:55	00:53:05	2243		Senior	561
2293	5451	Luis Veloso	00:29:35	00:54:56	00:47:46	1211		Senior	562
2294	1878	Vitor Abranches	00:28:05	00:54:57	00:53:21	2278	FALCÕES SELVAGENS	V40	400
2295	3353	Alberto Ramires	00:27:34	00:54:57	00:54:09	2454		V60	60
2296	4729	Alexandre Ponciano	00:29:49	00:54:57	00:48:26	1315	Masters Water Polo - Bamboora Gaming	V35	414
2297	4707	Duarte Martelo	00:27:54	00:54:57	00:54:03	2432		V40	401
2298	5880	Bruno Freitas	00:27:49	00:54:57	00:54:35	2562		V35	415
2299	2456	Daniel Sebastiao	00:28:04	00:54:58	00:53:46	2368		Senior	563
2300	3757	João Luís	00:27:54	00:54:58	00:54:05	2441	Lagartixas Team	V40	402

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2301	4047	Marco Guedes	00:29:16	00:54:58	00:53:23	2285		Senior	564
2302	2584	Fernando Sebastião	00:28:04	00:54:59	00:53:47	2375		V35	416
2303	3204	Mario Sousa	00:27:56	00:55:00	00:53:53	2405		V60	61
2304	2962	Fabio Silva	00:26:24	00:55:00	00:54:50	2613		Senior	565
2305	5046	Tiago Westenfeld	00:29:03	00:55:01	00:54:31	2544		V35	417
2306	263	Adelaide Manhica	00:28:20	00:55:01	00:54:06	2445	Team da PTZona	V55	3
2307	4450	Pedro Figueiredo	00:29:11	00:55:01	00:53:54	2406		V40	403
2308	4770	Rui Figueiredo	00:29:11	00:55:01	00:53:53	2404		Senior	566
2309	997	Carla Fernandes	00:27:37	00:55:02	00:53:53	2403	Correr Lisboa	V35	49
2310	4021	Luísa Nogueira	00:27:39	00:55:02	00:53:53	2402	Correr Lisboa	Senior	91
2311	3154	Daniel Silva	00:29:03	00:55:02	00:53:26	2294	running of d <sup>a</sup> maria	Senior	567
2312	4227	Rita Barbora	00:28:03	00:55:02	00:54:33	2553	LaSurena	V35	50
2313	1825	Filipe Madeira	00:27:26	00:55:02	00:55:01	2657		V40	404
2314	5060	João Falcão	00:29:03	00:55:02	00:54:32	2548		Senior	568
2315	6014	Susana Rua	00:27:40	00:55:02	00:54:34	2558		V35	51
2316	2010	Manuel Piedade	00:27:23	00:55:03	00:53:30	2304		V55	119
2317	6440	Pedro Bougard	00:28:33	00:55:03	00:53:30	2305		Senior	569
2318	5726	Eduardo Manso	00:31:02	00:55:03	00:47:46	1212	Câmara Lisboa Clube	V50	170
2319	1562	Rui Jorge	00:30:58	00:55:03	00:53:56	2410		Senior	570
2320	5000	João Gaspar	00:29:21	00:55:03	00:52:52	2206		Senior	571

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2321	1216	Maria Horta	00:27:21	00:55:03	00:54:19	2498		V45	31
2322	6210	Miguel Carvalho	00:28:40	00:55:04	00:54:03	2434	SS CGD	V35	418
2323	3426	Liliana Ferreira	00:27:04	00:55:05	00:54:54	2635		V35	52
2324	3394	Nuno Pereira	00:28:10	00:55:05	00:54:12	2464		V35	419
2325	3101	Rui Dias	00:27:06	00:55:06	00:54:00	2417		V40	405
2326	4589	Pedro Bouhon	00:28:02	00:55:06	00:54:50	2614		V50	171
2327	1297	Maria Gonçalves	00:29:03	00:55:07	00:52:52	2200		V45	32
2328	3684	João Gonçalves	00:28:37	00:55:09	00:54:05	2440	Ginásio Clube Português	V50	172
2329	1708	Renato Veloso	00:29:54	00:55:10	00:53:10	2256		Senior	572
2330	5722	João Pereira	00:30:43	00:55:10	00:47:53	1230	Câmara Lisboa Clube	V40	406
2331	3533	António Pereira	00:27:25	00:55:10	00:55:05	2672	GDC Banco de Portugal	V70	12
2332	622	Helder Martins	00:28:47	00:55:10	00:53:34	2327		V45	264
2333	5115	Pedro Conceição	00:31:13	00:55:10	00:47:43	1200	Rockers29	V40	407
2334	3280	Hélio Branco	00:27:02	00:55:11	00:54:27	2523		Senior	573
2335	1532	Casimiro Ferreira	00:27:22	00:55:11	00:54:53	2630		V40	408
2336	3389	João Raposo	00:28:15	00:55:12	00:54:20	2499		V40	409
2337	1314	Joao Gaspar	00:28:26	00:55:12	00:54:14	2469		V50	173
2338	854	José Castro	00:28:23	00:55:12	00:53:36	2337		V35	420
2339	1887	Vermelhudo Pt	00:27:59	00:55:13	00:53:35	2330	NAV Runners	V55	120
2340	1701	Jorge Encantado	00:30:58	00:55:13	00:54:05	2442		Senior	574

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2341	719	Vera Marques	00:27:51	00:55:13	00:54:29	2527		V35	53
2342	1526	Bruno Rita	00:28:38	00:55:13	00:53:00	2231	Big Bang Team	Senior	575
2343	66	Pedro Rodrigues	00:28:29	00:55:13	00:54:33	2552		V45	265
2344	1719	David Simões	00:29:13	00:55:14	00:54:19	2497		V35	421
2345	4962	Angela Castro	00:27:19	00:55:15	00:55:09	2684		V55	4
2346	714	Patricia Paula	00:27:43	00:55:15	00:54:40	2579		Senior	92
2347	4690	Miguel Lavrador	00:27:23	00:55:16	00:53:43	2362		V40	410
2348	4953	Vitor Ferreira	00:26:34	00:55:17	00:54:25	2515		V50	174
2349	1346	Bernardete Lopes	00:27:49	00:55:17	00:54:26	2517	Talenter	V40	53
2350	3887	Alberto Martins	00:27:32	00:55:18	00:54:12	2463	Brothers in Motion	V50	175
2351	1414	Henriqueta Solipa	00:28:25	00:55:18	00:53:50	2386	tartarugas solidarias	V50	14
2352	4420	Luis Neves	00:28:25	00:55:18	00:53:49	2383	tartarugas solidarias	V45	266
2353	1415	Carlos Renato	00:28:25	00:55:18	00:53:49	2382	tartarugas solidarias	V55	121
2354	1759	Bruno Silva	00:28:38	00:55:18	00:54:00	2421	Flechas Humanas	Senior	576
2355	6160	Paula Coelho-Da-Silva	00:28:27	00:55:19	00:54:42	2588		V50	15
2356	4515	Joana Antunes	00:27:11	00:55:19	00:55:15	2705	TEAM SAPOR	Senior	93
2357	1590	Julio Alvadia	00:29:19	00:55:19	00:53:35	2329	Na Pagas Nada? Team	Senior	577
2358	3754	Avelino Alves	00:29:59	00:55:20	00:54:01	2425		V35	422
2359	4071	António Mota	00:27:57	00:55:20	00:54:18	2489		V45	267
2360	1594	João Sequeira	00:29:11	00:55:20	00:53:37	2344	Na Pagas Nada? Team	V40	411

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2361	5959	André Santos	00:27:52	00:55:21	00:54:29	2530	KPMG	Senior	578
2362	2801	Rodrigo Carvalho	00:28:43	00:55:21	00:54:24	2509		V50	176
2363	706	Gleysson Felix	00:27:26	00:55:21	00:55:10	2685		V35	423
2364	4616	Ana Mota	00:29:26	00:55:21	00:53:56	2409		Senior	94
2365	6350	Naty Kazava	00:31:48	00:55:22	00:48:21	1301		Senior	579
2366	1164	Nuno Pereira	00:26:54	00:55:22	00:54:51	2623		V35	424
2367	2922	Eduardo Freitas	00:28:25	00:55:22	00:54:50	2616		V45	268
2368	1819	Rui Vieitas	00:27:28	00:55:22	00:54:56	2642		V35	425
2369	115	Jorge Vieira	00:27:28	00:55:23	00:54:55	2637		V35	426
2370	3680	Dinora Mendonça	00:28:37	00:55:23	00:54:19	2495	Ginásio Clube Português	V40	54
2371	1881	Paula Vieira	00:28:09	00:55:23	00:53:47	2372	FALCÕES SELVAGENS	V40	55
2372	2651	Lionnel Xavier	00:28:14	00:55:23	00:54:30	2538		Senior	580
2373	1957	Paulo Isménio	00:28:28	00:55:24	00:54:00	2419		V40	412
2374	3877	Helder Santos	00:27:44	00:55:24	00:54:43	2590		V40	413
2375	6487	Pedro Valente	00:27:54	00:55:24	00:54:14	2467		Senior	581
2376	5302	Sergio Areias	00:28:28	00:55:25	00:54:01	2422		V35	427
2377	2156	Hugo Pereira	00:27:11	00:55:26	00:53:53	2398	HCP	Senior	582
2378	4328	Jatin Ramgi	00:29:04	00:55:26	00:53:31	2312		Senior	583
2379	2735	Maria Antunes	00:27:48	00:55:26	00:55:06	2676		V45	33
2380	4581	Luis Libanio	00:26:55	00:55:26	00:55:10	2686		V55	122

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2381	2563	António Jorge	00:28:56	00:55:27	00:53:40	2354		V60	62
2382	5911	Andreia Vale	00:27:00	00:55:27	00:55:24	2729	Cofina Runners	V35	54
2383	2295	Pedro Amaral	00:28:09	00:55:28	00:55:05	2673		Senior	584
2384	6315	Jorge Jesus	00:28:45	00:55:28	00:53:30	2303		V40	414
2385	1966	Fábio Gutierrez	00:28:19	00:55:28	00:55:07	2679	BRRnightRUNNERS	Senior	585
2386	5194	Alfredo Pinhal	00:27:45	00:55:28	00:55:12	2691		V60	63
2387	5828	Diamantino Pereira	00:29:03	00:55:28	00:54:53	2632		V35	428
2388	5526	João Moleira	00:27:00	00:55:28	00:55:24	2730		V40	415
2389	5693	Arnaldo Sequeira	00:28:39	00:55:28	00:54:56	2639		V55	123
2390	3492	Daniel Ferreira	00:28:14	00:55:28	00:55:06	2675		Senior	586
2391	4855	João Pereira	00:27:39	00:55:28	00:54:43	2596		V50	177
2392	2742	Luis Canastra	00:28:15	00:55:29	00:54:56	2640		V40	416
2393	803	Alexandre Lourinho	00:28:21	00:55:29	00:54:16	2480		V40	417
2394	6185	Vasco Coelho	00:27:58	00:55:29	00:53:31	2311		V40	418
2395	3505	Sérgio Guerra	00:28:49	00:55:29	00:54:01	2424		V35	429
2396	5111	Hugo Reis	00:27:45	00:55:29	00:55:07	2678	RUSH TEAM	V35	430
2397	5950	Luís Carvalho	00:27:11	00:55:29	00:53:40	2353	KPMG	Senior	587
2398	3890	João Santos	00:28:53	00:55:30	00:54:02	2431	Correr Lisboa	V35	431
2399	3247	Fernando Alves	00:28:53	00:55:30	00:53:52	2392	SS CGD	V50	178
2400	1353	João Cabrita	00:27:54	00:55:31	00:55:03	2664		Senior	588



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2401	6184	Carlos Costa	00:28:51	00:55:31	00:54:49	2611		V45	269
2402	3312	Jose Cordeiro	00:28:41	00:55:31	00:54:01	2426	Os Cordeiros	V50	179
2403	1941	Maria Vieira	00:27:01	00:55:31	00:55:28	2745		V45	34
2404	2298	António Almeida	00:28:55	00:55:32	00:53:29	2301		V35	432
2405	3372	Sofia Gaspar	00:30:44	00:55:32	00:48:58	1423		Senior	95
2406	3374	Bruno Gaspar	00:30:44	00:55:32	00:48:58	1426		V40	419
2407	5673	Susana Nobre	00:29:36	00:55:34	00:53:36	2338		V35	55
2408	3151	Jorge Ferreira	00:27:56	00:55:34	00:54:52	2626	running of d <sup>a</sup> maria	V50	180
2409	6311	Gonçalo Forte	00:30:17	00:55:34	00:53:37	2342		V35	433
2410	2121	Pedro Silova	00:29:16	00:55:35	00:54:04	2436		V45	270
2411	3927	Marina Matias	00:29:09	00:55:36	00:53:29	2299		V45	35
2412	4259	Aline Correia	00:28:14	00:55:36	00:53:29	2300	CCD Siemens	Senior	96
2413	6108	Vitor Silva	00:29:29	00:55:36	00:53:37	2341		V55	124
2414	374	Rui Silva	00:30:56	00:55:36	00:49:00	1433		V45	271
2415	1808	António Araújo	00:27:22	00:55:36	00:54:51	2621		V45	272
2416	5593	Luís Teixeira	00:28:04	00:55:36	00:54:18	2490	Os Tartarugas	V45	273
2417	3592	Rui Mota	00:28:55	00:55:37	00:53:53	2396	Grupo amigos motards os piratas	Senior	589
2418	6109	Hugo Severino	00:29:26	00:55:37	00:53:38	2346		V35	434
2419	4580	Bruno Reis	00:29:03	00:55:38	00:54:57	2645		V35	435
2420	5884	João Duarte	00:29:19	00:55:38	00:55:07	2680		V35	436

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2421	4928	Nuno Monteiro	00:27:26	00:55:38	00:54:36	2568		V35	437
2422	3633	Hailê Wella	00:29:09	00:55:38	00:54:53	2631		Senior	590
2423	3040	David Reis	00:28:23	00:55:39	00:54:15	2475		V35	438
2424	1569	Pedro Machado	00:28:41	00:55:39	00:54:17	2488		V40	420
2425	2696	Helena Leitão	00:27:35	00:55:39	00:55:11	2689	RunLovers	V45	36
2426	2858	Albertino Soares	00:29:09	00:55:39	00:54:01	2427	Lebres da Lapa	V50	181
2427	2697	João Leitão	00:27:35	00:55:40	00:55:12	2695	RunLovers	V45	274
2428	2153	Maria Conceição	00:28:35	00:55:40	00:54:02	2428	NAV Runners	V50	16
2429	264	Carmen Cristina	00:28:30	00:55:40	00:54:45	2599	Team da PTZona	V40	421
2430	184	Luis Pardal	00:27:54	00:55:40	00:55:10	2687		V45	275
2431	2116	João Branco	00:27:35	00:55:40	00:54:36	2567		Senior	591
2432	5698	António Domingues	00:27:32	00:55:40	00:55:28	2743		V40	422
2433	2009	Luis Pereira	00:31:02	00:55:41	00:48:59	1430		V40	423
2434	5240	Pedro Corte	00:29:45	00:55:41	00:54:50	2615		V35	439
2435	4163	Orlando Soeiro	00:27:11	00:55:41	00:55:23	2724		Senior	592
2436	2344	Eduardo Moutinho	00:26:56	00:55:41	00:55:33	2763		V45	276
2437	5850	João Luís	00:31:18	00:55:41	00:48:48	1392		Senior	593
2438	3810	Marcos Afonso	00:28:37	00:55:42	00:53:37	2339		Senior	594
2439	2325	Joana Costa	00:29:22	00:55:42	00:53:38	2345	Os Conta-Kilómetros	Senior	97
2440	291	Jorge Paulo	00:28:32	00:55:42	00:54:31	2541		V55	125

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2441	487	Rita Certã	00:28:07	00:55:42	00:53:58	2412	tartarugas solidarias	V35	56
2442	5455	Luis Cabeçadas	00:28:07	00:55:43	00:55:25	2735		V50	182
2443	3995	Luis Compoete	00:28:20	00:55:43	00:53:59	2413		V45	277
2444	6169	Pedro Guerra	00:27:16	00:55:44	00:54:24	2508		V35	440
2445	1006	Luis Duarte	00:27:29	00:55:44	00:55:03	2663		V40	424
2446	3218	Nuno Botelho	00:29:21	00:55:44	00:53:24	2288		V40	425
2447	4031	Carlos Morais	00:28:17	00:55:44	00:54:30	2536	Mercedes-Benz	V45	278
2448	3685	Nuno Silva	00:28:36	00:55:45	00:54:33	2556	Ginásio Clube Português	V45	279
2449	3683	Teresa Garcia	00:28:36	00:55:45	00:54:41	2584	Ginásio Clube Português	V50	17
2450	5735	Hugo Almeida	00:30:01	00:55:45	00:54:26	2518		V40	426
2451	2678	Paulo Cardoso	00:29:30	00:55:45	00:54:14	2472		V50	183
2452	3851	Liliana Henriques	00:29:22	00:55:45	00:53:42	2360	Os Conta-Kilómetros	Senior	98
2453	1907	Edgar Valente	00:27:59	00:55:46	00:54:41	2583		Senior	595
2454	5966	Milton Figueira	00:28:15	00:55:46	00:54:14	2470	KPMG	Senior	596
2455	5461	Rute Marta	00:27:18	00:55:46	00:54:42	2587		V40	56
2456	6430	Damian Leszczynski	00:31:43	00:55:47	00:48:47	1391		V35	441
2457	6460	Pedro Silveira	00:29:23	00:55:48	00:53:39	2349		V40	427
2458	1180	Elisio Costa	00:28:33	00:55:48	00:54:04	2438	Centro de Cultura e Desporto dos Trabalhadores	V55	126
2459	1394	António Tavares	00:28:20	00:55:48	00:54:17	2486		V50	184
2460	4734	Sofia Escária	00:27:00	00:55:48	00:55:41	2793	escaria&friends	Junior	3

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2461	4774	João Osório	00:28:58	00:55:49	00:53:45	2365		V40	428
2462	3778	Jorge Pereira	00:29:12	00:55:49	00:53:31	2315	TroubleMakers	V35	442
2463	3084	Fernando Nunes	00:27:47	00:55:49	00:55:30	2752		V40	429
2464	3876	Nuno Borges	00:29:09	00:55:49	00:55:04	2668		Senior	597
2465	3856	Raquel Loureiro	00:28:33	00:55:50	00:55:11	2690	os you turbe	Senior	99
2466	5139	Fernando Luz	00:31:39	00:55:50	00:48:52	1401	GDCT Unicre	V45	280
2467	1528	Mário Gonçalves	00:29:11	00:55:50	00:54:33	2555	Gil Eanes Running	V45	281
2468	1633	Gizela Mota	00:28:49	00:55:50	00:54:25	2513		V40	57
2469	6418	Ricardo Palma	00:26:25	00:55:51	00:55:48	2817		Senior	598
2470	1244	Katharina Silva	00:27:20	00:55:52	00:55:47	2809		V45	37
2471	4233	Pedro Marques	00:28:46	00:55:52	00:54:29	2533		V35	443
2472	1959	José Caldeirinha	00:26:47	00:55:52	00:55:31	2755	tartarugas solidarias	V35	444
2473	644	Bruno Almeida	00:28:12	00:55:53	00:54:50	2612	Asas	Senior	599
2474	488	Miguel Meirinhos	00:29:05	00:55:54	00:54:08	2450	tartarugas solidarias	Senior	600
2475	5072	Carla Duarte	00:27:04	00:55:54	00:55:47	2810		V50	18
2476	6483	Carlos Costa	00:28:48	00:55:54	00:54:17	2482		V40	430
2477	2387	Jose Teixeira	00:26:37	00:55:54	00:55:45	2805		V60	64
2478	1937	Tiago Jorge	00:29:26	00:55:54	00:54:45	2600		Senior	601
2479	3989	Lina Santos	00:28:56	00:55:55	00:54:17	2487		V35	57
2480	5423	Mário Lobo	00:27:54	00:55:55	00:55:24	2728	BIVAC IBERICA	V40	431

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2481	5151	Marcelo Cardoso	00:27:42	00:55:55	00:55:47	2813	GDCT Unicre	V45	282
2482	3785	Conceicao Varela	00:29:25	00:55:56	00:55:16	2708	Correr Queluz	V40	58
2483	6012	Sérgio Ribeiro	00:29:47	00:55:56	00:54:07	2449		Senior	602
2484	2187	João Romana	00:28:26	00:55:56	00:55:50	2821		V45	283
2485	749	Jorge Pires	00:30:06	00:55:56	00:54:00	2418		V60	65
2486	3494	Paulo Barreira	00:29:01	00:55:56	00:54:28	2526		V40	432
2487	5987	Ricardo Rosado	00:27:42	00:55:57	00:54:51	2622		Senior	603
2488	6119	Maria Ramos	00:30:16	00:55:57	00:54:46	2604		Senior	100
2489	5907	João Santos	00:28:48	00:55:57	00:53:34	2322	GDCFA	Senior	604
2490	5713	Teresa Lage	00:27:48	00:55:57	00:55:23	2727	LxOutdoor	V40	59
2491	455	Etelvina Vidal	00:31:35	00:55:58	00:49:18	1506		V45	38
2492	4713	Paulo Coelho	00:28:08	00:55:58	00:54:48	2608		V40	433
2493	642	Jose Ferrabelo	00:28:12	00:55:58	00:54:56	2641	Asas	V60	66
2494	4667	Eduardo Santini	00:28:24	00:55:58	00:54:51	2617		V35	445
2495	4084	Fausto Pereira	00:33:12	00:55:58	00:44:53	665		Senior	605
2496	5023	Joao Duarte	00:28:24	00:55:59	00:54:45	2602		V40	434
2497	163	Carlos Franco	00:29:47	00:55:59	00:53:53	2401		V40	435
2498	3657	Pedro Pereira	00:29:15	00:56:00	00:54:14	2468	Lost Runners	Senior	606
2499	4674	Luis Ribeiro	00:31:35	00:56:00	00:54:26	2516		V40	436
2500	6359	João Sequeira	00:29:15	00:56:00	00:53:36	2335		V35	446

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2501	5631	Isabel Abrantes	00:27:45	00:56:00	00:55:50	2822	ROFF	V35	58
2502	5331	Joaquim Fernandes	00:29:05	00:56:00	00:54:22	2502	C.C.D.das Autarquias de Almada	V65	21
2503	3782	Patricia Rocha	00:28:36	00:56:00	00:55:02	2661	Friends2Run	V35	59
2504	4970	Bruno Brito	00:28:58	00:56:00	00:54:47	2606		V35	447
2505	3009	Rui Sousa	00:27:15	00:56:01	00:55:58	2848	Equipa Tivoli	V50	185
2506	3860	Manuel Martinho	00:28:47	00:56:01	00:54:10	2458	AFO	V45	284
2507	3858	Ricardo Campos	00:28:48	00:56:01	00:54:09	2452	AFO	V35	448
2508	1586	Carlos Gonçalves	00:27:51	00:56:01	00:55:43	2799	Os Coxos	Senior	607
2509	3159	Joaquim Barroso	00:31:44	00:56:02	00:49:01	1438		V50	186
2510	5309	Valdemar Rocha	00:29:07	00:56:02	00:54:19	2493		V50	187
2511	972	Leonor Farinha	00:28:53	00:56:02	00:54:24	2507		V50	19
2512	2866	Rui Boto	00:27:51	00:56:02	00:55:23	2725		V45	285
2513	6413	David Wahl	00:28:12	00:56:02	00:55:53	2838		V65	22
2514	1782	Carina Amaro	00:27:35	00:56:03	00:55:56	2842		Senior	101
2515	4462	Nuno Silva	00:28:21	00:56:04	00:55:03	2666		Senior	608
2516	5829	António Teixeira	00:29:03	00:56:05	00:55:31	2754		Senior	609
2517	2400	Alexandra Guerreiro	00:28:48	00:56:05	00:54:14	2473		V40	60
2518	3116	Rita Azevedo	00:28:43	00:56:06	00:54:22	2503	Run Buddy Run	V35	60
2519	6476	Cristina Magnani	00:28:16	00:56:07	00:54:16	2477		V50	20
2520	2157	Olga Viana	00:28:34	00:56:08	00:54:36	2565	HCP	Senior	102

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2521	3936	Paula Bakker	00:28:28	00:56:08	00:55:37	2777		V40	61
2522	3521	Luis Guerreiro	00:29:59	00:56:09	00:54:51	2619		V40	437
2523	1914	Paulo Vaz	00:28:58	00:56:09	00:54:28	2525	Aqua Runners/Mais que Cuidar Team	Senior	610
2524	6382	Joana Caldeira	00:27:17	00:56:10	00:56:05	2884	A.M.Atibá	V40	62
2525	6352	José Pedreira	00:27:13	00:56:10	00:54:36	2566		V50	188
2526	1912	Paulo Patrício	00:28:58	00:56:10	00:54:29	2532	Aqua Runners/Mais que Cuidar Team	V45	286
2527	3603	Sandra Teixeira	00:27:22	00:56:10	00:55:35	2771	Brigada do Reumático	Senior	103
2528	5803	Manya Afonso	00:28:20	00:56:11	00:56:01	2861		Senior	611
2529	6297	Paulo Gonçalves	00:28:24	00:56:11	00:55:25	2733		V45	287
2530	5327	Armando Gonçalves	00:27:38	00:56:12	00:56:04	2875	C.C.D.das Autarquias de Almada	V60	67
2531	5278	Altina Gaspar	00:28:11	00:56:12	00:54:35	2559	Aqua Runners/Mais que Cuidar Team	V40	63
2532	809	Simona Demuro	00:28:00	00:56:12	00:55:37	2780		V45	39
2533	2486	Mike Mwaduma	00:29:04	00:56:12	00:53:52	2395		V40	438
2534	4955	Rodrigo Brás	00:28:40	00:56:12	00:55:45	2804		Senior	612
2535	1644	Carlos Costa	00:29:34	00:56:12	00:54:56	2644		Senior	613
2536	3057	Vanessa Fonseca	00:27:36	00:56:12	00:55:56	2843		Senior	104
2537	1769	Gustavo Belo	00:28:21	00:56:12	00:55:47	2808		Junior	41
2538	3878	Huang Jingyang	00:28:45	00:56:12	00:55:18	2716		Senior	614
2539	2331	Susana Luís	00:28:33	00:56:13	00:55:21	2723	Lagartixas Team	V35	61
2540	1251	Nuno Goncalves	00:27:04	00:56:13	00:56:12	2907	Keep running	V60	68

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2541	4934	Daniel Fialho	00:28:40	00:56:13	00:55:45	2803		Senior	615
2542	5847	Joana Morim	00:28:32	00:56:13	00:54:16	2481		Senior	105
2543	3692	Carlos Martins	00:29:00	00:56:13	00:54:39	2573	OS MARTINS	Senior	616
2544	1285	Hugo Colaço	00:29:07	00:56:14	00:54:54	2634		V35	449
2545	1956	João Seica	00:28:29	00:56:14	00:54:51	2620		V35	450
2546	6291	Carlos Antunes	00:29:35	00:56:15	00:55:43	2798		Junior	42
2547	306	Sara Paulino	00:29:25	00:56:15	00:53:06	2248	Magda Verissimo	Senior	106
2548	2389	Tiago Pacheco	00:29:06	00:56:15	00:54:35	2561		Senior	617
2549	4505	Marco Costa	00:27:53	00:56:15	00:56:12	2904		Senior	618
2550	6274	Marco Copes	00:28:16	00:56:15	00:55:59	2851		V40	439
2551	1454	Gonçalo Lopes	00:29:10	00:56:16	00:54:30	2539	Run Buddy Run	V40	440
2552	2350	Joana Oliveira	00:27:48	00:56:16	00:56:10	2898		Senior	107
2553	4680	Sónia Capitão-Mor	00:27:52	00:56:16	00:56:13	2911		V35	62
2554	5348	Catarina Azevedo	00:28:54	00:56:16	00:54:25	2514	Kaizen	Senior	108
2555	1468	Vasco Palma	00:30:15	00:56:16	00:55:00	2654		V50	189
2556	4818	Pedro Oliveira	00:27:43	00:56:17	00:56:15	2914	Estratego Distribution	V45	288
2557	2635	Catarina Silva	00:29:17	00:56:17	00:54:34	2557	Run Buddy Run	V35	63
2558	6009	Filipe Ribeiro	00:29:12	00:56:17	00:54:35	2560		V35	451
2559	4908	Kristina Rastenyte	00:29:20	00:56:18	00:54:27	2521		Senior	109
2560	5001	Ana Conduto	00:29:21	00:56:18	00:54:06	2444		Senior	110



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2561	6121	Possidonio Cachapa	00:27:36	00:56:18	00:56:07	2889		V45	289
2562	2844	Pedro Marques	00:27:21	00:56:19	00:55:14	2699	PLEN	V35	452
2563	2485	Danilo Hassamo	00:27:52	00:56:19	00:55:12	2697		V40	441
2564	2432	André Marques	00:27:52	00:56:19	00:55:12	2696		Senior	619
2565	1299	Jose Freitas	00:27:51	00:56:20	00:56:07	2890		V50	190
2566	189	Paulo Jerónimo	00:29:24	00:56:20	00:54:32	2550		V50	191
2567	970	Dina Vidinha	00:27:20	00:56:21	00:56:01	2862		V35	64
2568	5479	Jose Barata	00:28:08	00:56:21	00:56:03	2867		V55	127
2569	3004	Joana Feliciano	00:31:17	00:56:21	00:49:24	1527	Midwinners	Senior	111
2570	4432	João Ribeiro	00:28:39	00:56:22	00:55:20	2720		Senior	620
2571	4817	Carla Correia	00:27:58	00:56:22	00:56:06	2887	BRRnightRUNNERS	V40	64
2572	1451	Susana Mendes	00:27:39	00:56:22	00:56:05	2882	Maguigos	V40	65
2573	579	Marlene Oliveira	00:27:50	00:56:23	00:56:10	2893		V40	66
2574	3650	Rui Cardoso	00:27:53	00:56:23	00:55:56	2845		Senior	621
2575	3041	Eurico Teixeira	00:31:17	00:56:23	00:49:53	1614		V35	453
2576	3289	Luís Avó	00:30:23	00:56:23	00:54:09	2453		V35	454
2577	5400	Elisabete Broco	00:27:53	00:56:24	00:55:59	2854		V40	67
2578	2737	Maria Carvalho	00:29:42	00:56:24	00:54:40	2575		V35	65
2579	38	Elisabete Pinto	00:28:31	00:56:24	00:56:20	2931		V45	40
2580	5805	João Batista	00:29:33	00:56:24	00:55:51	2831		V50	192

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2581	2933	Mário Santos	00:28:12	00:56:24	00:56:18	2921		V40	442
2582	1000	Hugo Henriques	00:29:10	00:56:25	00:55:28	2744		V35	455
2583	1824	Rui Gouveia	00:27:12	00:56:26	00:56:00	2856		Senior	622
2584	1014	Joao Falé	00:27:47	00:56:26	00:55:05	2669		Senior	623
2585	4994	Pedro Vieira	00:28:29	00:56:27	00:55:12	2692		V35	456
2586	4553	Cláudia Saraiva	00:29:05	00:56:27	00:55:48	2816	BRRnightRUNNERS	V35	66
2587	911	Luis Barata	00:28:05	00:56:27	00:55:58	2847		V50	193
2588	648	Antonio Caeiro	00:29:02	00:56:28	00:55:28	2747		V40	443
2589	502	Marta Berneaud	00:28:52	00:56:28	00:55:18	2713	ORTOBEST RUNNING TEAM	Senior	112
2590	6170	Rita Brites	00:29:20	00:56:28	00:54:39	2574		Senior	113
2591	1447	Acácio Gamboa	00:29:10	00:56:28	00:55:31	2753		V45	290
2592	3117	Andreia Brito	00:29:18	00:56:28	00:54:44	2598	Run Buddy Run	V35	67
2593	2507	José Abreu	00:28:56	00:56:28	00:55:33	2764	GDCTINCM	V65	23
2594	1873	Rui Reis	00:28:42	00:56:29	00:55:20	2721		V45	291
2595	6173	Lukas Güttler	00:29:20	00:56:29	00:54:40	2576		Senior	624
2596	4731	João Palma	00:28:18	00:56:29	00:55:23	2726	Speed of Yellow	V35	457
2597	4158	Emilia Galinha	00:27:54	00:56:29	00:55:50	2826		V55	5
2598	835	Joaquim Direitinho	00:27:43	00:56:29	00:56:23	2939		V60	69
2599	2929	Joao Seborro	00:28:31	00:56:29	00:56:09	2892		V45	292
2600	578	Mario Caeiro	00:29:32	00:56:30	00:55:27	2742		V40	444

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2601	3861	José Moura	00:32:07	00:56:30	00:49:29	1544		Senior	625
2602	2223	Joao Almeida	00:31:04	00:56:30	00:49:53	1615		V35	458
2603	1743	Gil Pereira	00:29:17	00:56:31	00:54:38	2571	BRRnightRUNNERS	V45	293
2604	4915	Pedro Ferreira	00:30:53	00:56:31	00:55:49	2819	3Pês	V35	459
2605	2842	Nuno Pinheiro	00:31:35	00:56:31	00:49:02	1442	PLEN	V40	445
2606	6421	Nuno Matos	00:28:29	00:56:32	00:55:48	2815		V35	460
2607	472	Luis Rebelo	00:27:44	00:56:32	00:55:18	2715		V35	461
2608	4956	Luis Santos	00:26:58	00:56:33	00:56:20	2928		V45	294
2609	5078	Patrícia Caeiro	00:28:36	00:56:33	00:55:39	2787		V40	68
2610	5183	Ana Silva	00:28:35	00:56:33	00:55:39	2786		V40	69
2611	2154	Pedro Dias	00:30:24	00:56:33	00:54:22	2504	DRELRA	V45	295
2612	2826	Cláudio Cruz	00:32:07	00:56:33	00:49:30	1547		Senior	626
2613	3823	Cátia Pinto	00:29:06	00:56:33	00:55:18	2718	Pinguins do Ártico	Senior	114
2614	3699	Bruno Tavares	00:32:36	00:56:33	00:48:42	1375	Referees Margem Sul	Senior	627
2615	3579	Dina Brilha	00:30:01	00:56:33	00:55:47	2807	Amélia Valentim Frazão	V45	41
2616	1709	Patricia Sousa	00:28:46	00:56:33	00:56:05	2883		V35	68
2617	4255	Lara Simons	00:29:30	00:56:34	00:54:26	2520	CCD Siemens	Senior	115
2618	3578	Carlos Neto	00:30:01	00:56:34	00:55:48	2814	Amélia Valentim Frazão	V45	296
2619	3984	Valter Nunes	00:29:03	00:56:34	00:54:33	2554		Senior	628
2620	4183	Bruno Loução	00:29:03	00:56:34	00:54:32	2551		Senior	629

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2621	6391	Sofia Trancoso	00:29:11	00:56:35	00:54:45	2601		Senior	116
2622	4415	Carla Ribeiro	00:25:50	00:56:36	00:56:34	2979		V40	70
2623	4022	Ana Henrique	00:29:05	00:56:36	00:56:01	2860	BRRnightRUNNERS	V40	71
2624	2227	Pedro Vala	00:30:02	00:56:36	00:55:47	2811		V45	297
2625	2629	Nuno Raminhos	00:29:25	00:56:36	00:54:43	2591	BRRnightRUNNERS	V45	298
2626	1467	Manuel Araújo	00:26:39	00:56:36	00:56:25	2943	GRD OS FIXES	V50	194
2627	1131	Celia Lourenco	00:29:17	00:56:37	00:54:44	2597	BRRnightRUNNERS	V40	72
2628	2101	José Gil	00:28:06	00:56:37	00:55:53	2839		V40	446
2629	5802	Alexandra Andrade	00:29:46	00:56:37	00:56:35	2981		Senior	117
2630	4198	Victor Dias	00:27:15	00:56:38	00:56:11	2903	g.d.chelas	V45	299
2631	6353	Analice Silva	00:28:41	00:56:39	00:55:43	2796		V70	1
2632	5280	João Matos	00:28:11	00:56:39	00:55:56	2844		Senior	630
2633	5073	Margarida Brízido	00:28:11	00:56:39	00:55:57	2846		Senior	118
2634	3366	Patricia Santos	00:28:52	00:56:39	00:56:10	2896		Senior	119
2635	841	Cristina Cerda	00:29:07	00:56:40	00:54:56	2643		V40	73
2636	5316	Rui Brito	00:28:25	00:56:40	00:55:27	2740	Mercedes-Benz	V35	462
2637	5221	Avelino Véstias	00:28:51	00:56:41	00:56:40	2996		V65	24
2638	5763	Fernando Bruno	00:31:18	00:56:41	00:54:07	2448		V35	463
2639	846	Maria Dinis	00:28:28	00:56:41	00:55:29	2751	Gonçalves Dinis	Junior	4
2640	2382	Sandra Carvalho	00:28:13	00:56:41	00:56:04	2876	GRCD Leião	V40	74

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2641	3198	Rui Santos	00:28:58	00:56:41	00:55:16	2709		V55	128
2642	5879	Marta Cerqueira	00:27:50	00:56:42	00:55:45	2806		Senior	120
2643	6067	Paulo Dias	00:28:59	00:56:42	00:55:16	2710		V40	447
2644	4574	Pedro Henriques	00:29:46	00:56:42	00:54:41	2585		Senior	631
2645	3985	Paulo Prazeres	00:27:15	00:56:43	00:55:26	2737		Senior	632
2646	3564	Ana Vences	00:30:01	00:56:43	00:54:27	2524	Coininha Runners	V35	69
2647	4436	Andre Dias	00:28:52	00:56:43	00:55:05	2670		Senior	633
2648	2475	Teresa Rodrigues	00:28:09	00:56:43	00:56:10	2897		V40	75
2649	2732	Maria Adonis	00:26:59	00:56:43	00:56:37	2987	Os Estrunfes	V40	76
2650	6155	Luis Marques	00:28:23	00:56:44	00:56:00	2855		V40	448
2651	5724	Adelino Pires	00:32:33	00:56:44	00:49:26	1533	Câmara Lisboa Clube	V50	195
2652	6322	Daniela Santos	00:28:22	00:56:44	00:56:03	2870		V40	77
2653	4622	Rodrigo Francisco	00:30:54	00:56:44	00:49:58	1633		Junior	43
2654	5835	Ricardo Miranda	00:30:05	00:56:45	00:54:43	2592		V35	464
2655	6292	Daniel Duarte	00:28:48	00:56:45	00:55:33	2762		V35	465
2656	600	Luís Barroso	00:29:06	00:56:45	00:54:53	2633		V55	129
2657	5624	Carlos Fernandes	00:26:42	00:56:45	00:56:30	2962	ROFF	Senior	634
2658	1524	Igor Sousa	00:29:14	00:56:45	00:54:32	2547	Big Bang Team	Senior	635
2659	1061	Hélder Francisco	00:29:00	00:56:46	00:55:02	2659		V40	449
2660	984	Tiago Fernandes	00:29:41	00:56:47	00:54:46	2603		Senior	636

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2661	800	Luís Gouveia	00:27:05	00:56:47	00:56:20	2933		V40	450
2662	2708	João Garcia	00:28:19	00:56:47	00:55:43	2797	ACP	Senior	637
2663	2088	Carção	00:27:05	00:56:48	00:56:20	2930		V40	451
2664	124	Carla Silvestre	00:28:22	00:56:48	00:56:11	2901		Senior	121
2665	2075	Sérgio Rodrigues	00:29:47	00:56:48	00:54:27	2522		Senior	638
2666	1784	Carlos Morais	00:29:33	00:56:48	00:55:14	2700		V40	452
2667	4614	António Rodrigues	00:27:04	00:56:49	00:56:19	2926	FCK Runners	Senior	639
2668	2205	Julio Verde	00:29:29	00:56:49	00:55:35	2767		V50	196
2669	2206	Nuno Santos	00:29:28	00:56:49	00:55:35	2772		V35	466
2670	4790	Jorge Pires	00:29:00	00:56:50	00:55:40	2789		V35	467
2671	1157	João Ferreira	00:27:57	00:56:50	00:56:31	2969		V40	453
2672	5658	Keli Falletti	00:28:40	00:56:50	00:56:06	2886		V40	78
2673	2207	António Cardoso	00:29:28	00:56:50	00:55:36	2775		V45	300
2674	4605	Arsenio Rodrigues	00:29:53	00:56:50	00:54:39	2572		V45	301
2675	4612	Alexandre Mendonça	00:28:10	00:56:51	00:56:18	2922	FCK Runners	Senior	640
2676	511	Pedro Domingos	00:29:29	00:56:51	00:55:17	2711	CLUBE NOVO BANCO	V40	454
2677	425	Mário Monteiro	00:27:49	00:56:51	00:55:53	2835	Os Galgos	V40	455
2678	4069	Igor Batista	00:29:19	00:56:51	00:54:35	2564		Senior	641
2679	5414	Frederico Sousa	00:28:39	00:56:52	00:56:04	2874	Lebres e Tartarugas	V50	197
2680	4745	Nuno Clemente	00:32:03	00:56:53	00:53:24	2290	Equipa Tivoli	V35	468

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2681	4932	João Simões	00:29:32	00:56:53	00:56:28	2954		Senior	642
2682	1875	Nuno Abreu	00:27:33	00:56:53	00:56:17	2919		V35	469
2683	5472	Ricardo Pereira	00:31:55	00:56:54	00:49:14	1493	Safaricom	Senior	643
2684	701	Alexandre Costa	00:28:04	00:56:54	00:56:04	2877		V50	198
2685	4624	Pedro Monteiro	00:27:02	00:56:54	00:56:45	3018		Senior	644
2686	4728	Vanda Covas	00:29:31	00:56:55	00:55:12	2693	2x1	Senior	122
2687	2276	António Caldeira	00:27:32	00:56:55	00:56:44	3013	Associação Daniel Caldeira	V60	70
2688	1339	Rita Mina	00:27:41	00:56:55	00:56:53	3037		V40	79
2689	2961	João Silva	00:30:10	00:56:55	00:55:17	2712		V50	199
2690	3664	António Andrade	00:28:23	00:56:55	00:55:58	2849	Rebenta Milhas	V50	200
2691	3481	Vera Santos	00:29:04	00:56:56	00:56:00	2858	Running Tabata Team Alfragide	Senior	123
2692	5606	Neil Hamer	00:29:06	00:56:56	00:55:13	2698		V35	470
2693	2728	Carla Cardoso	00:28:05	00:56:56	00:56:50	3033	Os Estrunfes	V40	80
2694	4894	Francisco Barbosa	00:30:45	00:56:57	00:50:29	1744		V55	130
2695	755	Luís Tonicher	00:29:42	00:56:57	00:55:44	2801		V35	471
2696	6377	Sara Nascimento	00:28:46	00:56:57	00:56:01	2864		Senior	124
2697	909	Meagan Carty	00:27:39	00:56:58	00:56:55	3039		V35	70
2698	2619	Ana Fernandes	00:28:17	00:56:59	00:56:55	3040	Os Gordos	V35	71
2699	5186	António Sietra	00:29:24	00:56:59	00:55:50	2827		V40	456
2700	3480	Ana Monteiro	00:29:05	00:56:59	00:56:03	2868	Running Tabata Team Alfragide	Senior	125

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2701	5851	António Pereira	00:30:12	00:56:59	00:55:36	2774		V60	71
2702	2618	Jorge Morais	00:28:16	00:56:59	00:56:56	3044	Os Gordos	V40	457
2703	2385	Silvino Martins	00:28:04	00:56:59	00:56:58	3055		V65	25
2704	6397	Pedro Carreiro	00:30:21	00:57:00	00:55:01	2656		V40	458
2705	3402	Luis Costa	00:29:15	00:57:00	00:55:59	2853		V35	472
2706	116	Rui Godinho	00:30:12	00:57:00	00:55:38	2782		V40	459
2707	1670	Luís Trigo	00:28:55	00:57:00	00:54:58	2649	Os Conta-Kilómetros	V35	473
2708	4811	Filipe Nogueira	00:29:27	00:57:01	00:56:13	2909	Todos Juntos	V45	302
2709	5974	Armando Brito	00:28:53	00:57:01	00:56:30	2959		V45	303
2710	4258	Luís Reves	00:29:32	00:57:01	00:55:49	2818	CCD Siemens	V40	460
2711	6030	Gustavo Rodrigues	00:32:26	00:57:02	00:49:26	1534	Management Solutions	Senior	645
2712	4147	Diogo Magalhães	00:29:08	00:57:02	00:55:14	2701	A melhor.	Senior	646
2713	6496	Aires Ildefonso	00:30:10	00:57:02	00:54:40	2580		Senior	647
2714	2927	2927	00:30:10	00:57:02	00:54:41	2581		V60	72
2715	352	Marcos Madeira	00:29:17	00:57:03	00:55:38	2783		V40	461
2716	620	Carla Raposo	00:28:33	00:57:03	00:56:26	2948	Correr Lisboa	V40	81
2717	2838	Joaquim Melo	00:28:52	00:57:03	00:56:21	2935		V45	304
2718	3652	Pedro Martins	00:29:17	00:57:03	00:55:44	2800	just run it	Senior	648
2719	3662	Pedro Soares	00:28:30	00:57:04	00:56:05	2885	Rebenta Milhas	Senior	649
2720	4978	Paulo Moreno	00:28:52	00:57:04	00:56:22	2937		V45	305



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2721	3588	Paulo Costa	00:28:03	00:57:04	00:56:11	2900	Pastelaria Charly	V40	462
2722	6171	Joana Chaves	00:28:29	00:57:04	00:55:50	2823		Senior	126
2723	5991	João Niza	00:30:05	00:57:04	00:55:51	2830		V45	306
2724	3170	Diogo António	00:28:16	00:57:06	00:56:42	3007		Senior	650
2725	6490	Carlos Gomes	00:28:54	00:57:06	00:55:31	2756		V40	463
2726	3882	Ana Pedro	00:28:21	00:57:06	00:56:27	2949		Senior	127
2727	3735	Joao Francisco	00:27:51	00:57:06	00:56:47	3025		V35	474
2728	5904	Ana Andrade	00:28:16	00:57:06	00:56:32	2973	LxOutdoor	V35	72
2729	3724	Flávio Guerreiro	00:29:46	00:57:07	00:56:18	2923		Senior	651
2730	1632	Leandro Faria	00:28:50	00:57:07	00:55:32	2759		Senior	652
2731	1375	Cristina Cunha	00:28:35	00:57:08	00:56:40	2997		V45	42
2732	1118	Gonçalo Vaz	00:28:33	00:57:08	00:55:28	2748		Senior	653
2733	2525	Pedro Pinto	00:33:29	00:57:08	00:49:46	1597	Os indomaveis	V60	73
2734	2220	Mara Correia	00:29:19	00:57:08	00:55:01	2658		V35	73
2735	4396	Matheus Almeida	00:28:07	00:57:08	00:56:32	2975		Senior	654
2736	4367	Cristina Santana	00:28:08	00:57:09	00:56:31	2971		Senior	128
2737	2885	Armando Verissimo	00:33:12	00:57:09	00:49:17	1502	Referees Margem Sul	V35	475
2738	2210	Edgar Batista	00:29:19	00:57:09	00:55:02	2662		V35	476
2739	1789	Jorge Silva	00:26:33	00:57:09	00:56:44	3015		V45	307
2740	3363	Paulo Mafra	00:27:05	00:57:09	00:57:09	3085		V45	308

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2741	2613	Nuno Carvalho	00:29:29	00:57:09	00:54:58	2648	Catch Me If You Can	V45	309
2742	486	Lúis Cabaca	00:29:05	00:57:09	00:55:24	2732	tartarugas solidarias	V35	477
2743	5168	Calos Lopes	00:27:44	00:57:10	00:57:09	3083	Os Serranos	V45	310
2744	5169	Odete Francisco	00:27:44	00:57:10	00:57:09	3082	Os Serranos	V40	82
2745	3600	David Afonso	00:30:01	00:57:10	00:55:38	2781	Clube Tap Portugal	V45	311
2746	6363	Luis Gaboleiro	00:30:01	00:57:10	00:54:58	2646		Senior	655
2747	220	Nuno Rosa	00:29:17	00:57:10	00:55:59	2852		V45	312
2748	4504	Renato Carreira	00:27:52	00:57:10	00:55:52	2834	Gil Eanes Running	V40	464
2749	5780	Jorge Pais	00:28:34	00:57:10	00:55:35	2769		Senior	656
2750	4179	Bruno Moreira	00:27:47	00:57:10	00:56:38	2988		Senior	657
2751	6441	Ana Alves	00:29:37	00:57:11	00:55:20	2722		V40	83
2752	2029	Pedro Silva	00:32:19	00:57:11	00:49:38	1573		Senior	658
2753	1555	Manuel Palmeiro	00:29:22	00:57:11	00:56:52	3036		V35	478
2754	1874	Nuno Menezes	00:30:09	00:57:11	00:55:15	2704		V40	465
2755	4896	Mónica Iglésias	00:28:24	00:57:12	00:55:50	2824		V40	84
2756	4895	Carlos Iglésias	00:28:24	00:57:12	00:55:50	2825		V45	313
2757	5310	Carlos Morais	00:27:58	00:57:12	00:56:44	3014		V50	201
2758	3045	José Modesto	00:27:23	00:57:13	00:57:10	3086		V40	466
2759	5454	Bruno Morais	00:27:58	00:57:13	00:56:44	3016		Senior	659
2760	474	Nuno Condeco	00:32:16	00:57:14	00:50:18	1706		V35	479

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2761	4918	Catarina Varges	00:28:39	00:57:14	00:56:24	2940	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V40	85
2762	1407	Lúis Vitorino	00:29:25	00:57:14	00:56:30	2961		Senior	660
2763	3717	Paulo Gonçalves	00:27:51	00:57:14	00:56:56	3046		V40	467
2764	3642	Ricardo Horta	00:29:33	00:57:15	00:57:11	3096		Senior	661
2765	4033	Pedro Alves	00:28:49	00:57:15	00:56:04	2880	Mercedes-Benz	V35	480
2766	4456	Nuno Mendonça	00:30:22	00:57:15	00:54:59	2650	L.S.B.A.C.	Senior	662
2767	3033	Luis Leão	00:33:50	00:57:15	00:49:25	1528	Encosta Team	V35	481
2768	2345	Filipa Dinis	00:29:43	00:57:17	00:54:58	2647		V40	86
2769	2415	Carlos Marques	00:30:20	00:57:17	00:55:25	2734	Grupo Estádio Nacional	V75	2
2770	1119	Nuno Santos	00:30:24	00:57:18	00:55:07	2681		V35	482
2771	132	Mário Lameirão	00:28:15	00:57:18	00:57:16	3117		V65	26
2772	1218	Manuel Barros	00:28:40	00:57:18	00:56:33	2976		V55	131
2773	3830	Rui Sousa	00:29:06	00:57:18	00:56:02	2866	Pinguins do Ártico	Senior	663
2774	1865	Miguel Pardal	00:28:54	00:57:18	00:56:41	2998		V45	314
2775	44	David Hernandez	00:29:26	00:57:19	00:55:09	2682		Senior	664
2776	5476	Sonia Beato	00:29:47	00:57:19	00:55:03	2665		V35	74
2777	1864	Cecilia Pardal	00:28:54	00:57:19	00:56:41	2999		V40	87
2778	1742	Marco Macedo	00:30:24	00:57:19	00:55:09	2683		V35	483
2779	3961	Pedro Cardoso	00:29:28	00:57:19	00:56:35	2980		Senior	665
2780	3962	Vera Carvalho	00:29:28	00:57:19	00:56:36	2982		Senior	129

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2781	4310	Michel Jacinto	00:29:47	00:57:20	00:56:04	2872	Hiscox Lions	V35	484
2782	6493	Hilde Quaghebeur	00:29:33	00:57:20	00:56:00	2859		V40	88
2783	4943	Claudio Silva	00:30:14	00:57:20	00:55:28	2746		V40	468
2784	6416	Carolina Salla	00:29:47	00:57:20	00:55:04	2667		V35	75
2785	4358	Tiago Rocha	00:28:41	00:57:20	00:56:22	2936	Friends2Run	Senior	666
2786	3303	Fernando Saraiva	00:27:35	00:57:21	00:57:09	3081	NMFS	V55	132
2787	270	Ana Fatela	00:27:48	00:57:22	00:57:19	3127		V55	6
2788	4454	Luis Costa	00:28:21	00:57:22	00:56:48	3027		V45	315
2789	218	Patricia Falcão	00:29:59	00:57:22	00:55:26	2736	MONTEPIO - Marketeers	V40	89
2790	4017	Inês Pais	00:28:54	00:57:22	00:55:40	2788	Movet	Senior	130
2791	5170	João Barbosa	00:28:54	00:57:22	00:55:40	2791	Movet	V50	202
2792	4185	Etel Infante	00:28:42	00:57:23	00:56:56	3043		Senior	131
2793	6286	Nuno Figueiredo	00:29:24	00:57:23	00:56:16	2918		V35	485
2794	326	Paulo Lapão	00:30:13	00:57:24	00:55:32	2758		V45	316
2795	5079	Jorge Oliveira	00:29:48	00:57:24	00:55:47	2812		V50	203
2796	6444	Tico Tico	00:30:34	00:57:24	00:55:42	2794		V55	133
2797	2381	Sandra Silva	00:29:50	00:57:25	00:55:38	2785	GRCD Leião	V40	90
2798	5432	Paulo Santos	00:30:31	00:57:25	00:55:24	2731		V40	469
2799	5557	José Magro	00:28:04	00:57:25	00:57:24	3147	Runners da Frente Ribeirinha da Póvoa de Santa	V40	470
2800	3381	Herminio Costa	00:29:24	00:57:25	00:57:07	3074		V60	74

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2801	1790	Carolina Garcia	00:28:56	00:57:26	00:56:10	2894		Senior	132
2802	771	Eduardo Gama	00:27:56	00:57:26	00:57:16	3116		V35	486
2803	4055	Mário Gomes	00:28:08	00:57:26	00:57:03	3064		V40	471
2804	782	Ana Passos	00:29:41	00:57:27	00:56:41	3001		V40	91
2805	5723	Paulo Gordinho	00:32:09	00:57:27	00:50:10	1681	Câmara Lisboa Clube	V40	472
2806	5863	Maria Soares	00:28:11	00:57:28	00:57:15	3110		V40	92
2807	1544	Paula Rodrigues	00:30:17	00:57:28	00:56:04	2881		V40	93
2808	1554	Maria Ferreira	00:30:18	00:57:28	00:56:04	2879		V40	94
2809	4809	Jorge Cunha	00:29:23	00:57:29	00:56:41	3000	Todos Juntos	V45	317
2810	2442	Cláudio Vicente	00:32:43	00:57:29	00:49:56	1628	NJC	Senior	667
2811	4909	Goncalo Cruz	00:29:23	00:57:29	00:57:12	3100		V40	473
2812	6474	Daniel Gomes	00:31:34	00:57:29	00:50:57	1826		V35	487
2813	1571	Ana Paulino	00:29:22	00:57:30	00:56:25	2946		Senior	133
2814	5287	Nuno Gonçalves	00:27:37	00:57:30	00:57:17	3121		Senior	668
2815	699	Bruno Ferreira	00:28:13	00:57:30	00:57:22	3137		Senior	669
2816	698	Marta Santos	00:28:14	00:57:30	00:57:23	3145		Senior	134
2817	5126	Manuel Branco	00:27:23	00:57:30	00:57:23	3141	Muralha	Senior	670
2818	3249	Fernando Lima	00:29:46	00:57:30	00:56:04	2878	SS CGD	V45	318
2819	6354	Pedro Pereira	00:30:59	00:57:30	00:55:15	2703		V40	474
2820	6357	Paulo Pereira	00:30:59	00:57:30	00:55:15	2702		V50	204

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2821	1570	Pedro Paulino	00:29:23	00:57:30	00:56:26	2947		V35	488
2822	5841	Sandra Serra	00:27:48	00:57:30	00:57:30	3163	Samipe	V40	95
2823	5129	Sara Delgado	00:29:46	00:57:30	00:56:04	2871	SS CGD	Senior	135
2824	3549	Susana Martins	00:28:45	00:57:32	00:57:29	3160	FITNESSWAY PINHAL NOVO	V35	76
2825	2309	José Barreto	00:29:12	00:57:32	00:56:28	2953		V35	489
2826	2821	Nuno Mendes	00:28:25	00:57:32	00:57:11	3093		Senior	671
2827	4860	Miguel Moutinho	00:29:18	00:57:32	00:56:04	2873		Senior	672
2828	4301	Bernardo Gomes	00:32:21	00:57:32	00:50:21	1718	Hiscox Lions	Senior	673
2829	3753	Evelino Magalhães	00:29:38	00:57:33	00:56:34	2977		V40	475
2830	3941	Filomena Santana	00:28:23	00:57:33	00:57:17	3120		V45	43
2831	708	Pedro Rodrigues	00:29:23	00:57:33	00:57:16	3115		V60	75
2832	4511	José Martins	00:27:46	00:57:33	00:56:49	3031		V40	476
2833	4235	Céline Correia	00:28:55	00:57:33	00:56:38	2990	AFDD - RUN CREW TRAIL MONTIJO	V35	77
2834	397	Maria Figueira	00:29:04	00:57:33	00:56:01	2863	SóDois	V35	78
2835	2455	Cláudio Pereira	00:29:24	00:57:34	00:55:43	2795		V35	490
2836	481	Ricardo Pregoça	00:30:22	00:57:35	00:55:35	2768		Senior	674
2837	1758	Sérgio Tavares	00:29:38	00:57:36	00:56:38	2989	CCD Crédito Agrícola Mútuo	Senior	675
2838	4326	Emanuel Rodrigues	00:30:59	00:57:37	00:55:26	2738		Senior	676
2839	4038	Mónica Matos	00:29:05	00:57:37	00:56:24	2941	Mercedes-Benz	V35	79
2840	2716	Gustavo Gravelho	00:32:16	00:57:37	00:50:39	1779		Senior	677

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2841	3631	Hélder Xavier	00:26:53	00:57:37	00:57:36	3188		Senior	678
2842	634	Pedro Santos	00:29:16	00:57:37	00:56:43	3008		V40	477
2843	5473	Pedro Carvalho	00:29:18	00:57:37	00:56:42	3005		V35	491
2844	4625	Conceição Pina	00:28:22	00:57:38	00:57:34	3173		V45	44
2845	5946	Paulo Dias	00:27:46	00:57:38	00:56:08	2891	KPMG	V35	492
2846	3575	Hugo Silva	00:32:06	00:57:38	00:50:38	1774		Senior	679
2847	6337	Gonçalo Romeiras	00:29:18	00:57:38	00:56:43	3010		V40	478
2848	844	Cristina Dinis	00:28:27	00:57:39	00:56:27	2950	Gonçaves Dinis	V45	45
2849	752	Filipa Abreu	00:29:10	00:57:39	00:57:02	3062	THE LAST ONES	Senior	136
2850	843	José Dinis	00:28:28	00:57:39	00:56:28	2955	Gonçaves Dinis	V45	319
2851	872	Fábio Baeta	00:29:10	00:57:39	00:57:03	3066	THE LAST ONES	Senior	680
2852	400	Rosa Banon	00:28:17	00:57:39	00:57:39	3198	tartarugas solidarias	V60	2
2853	2474	Alexandre Kortés	00:34:20	00:57:40	00:50:25	1735		V40	479
2854	5519	Victor Gonçalves	00:29:17	00:57:40	00:56:45	3019		Senior	681
2855	958	Inês Santos	00:27:45	00:57:40	00:57:38	3196		Senior	137
2856	5902	Carla Gomes	00:27:55	00:57:40	00:57:23	3144	Gazelas de Thomson	Senior	138
2857	5084	Liliana Agostinho	00:28:23	00:57:40	00:56:46	3020		Senior	139
2858	5150	Eduardo Ribeiro	00:32:14	00:57:41	00:50:44	1794	GDCT Unicre	V45	320
2859	5148	Paulo Duarte	00:32:18	00:57:41	00:50:38	1773	GDCT Unicre	V50	205
2860	50	Rui Jorge	00:29:46	00:57:41	00:55:31	2757		V40	480

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2861	5086	André Neto	00:29:43	00:57:41	00:56:15	2913		Senior	682
2862	5212	Rui Costa	00:29:40	00:57:41	00:56:20	2929		V40	481
2863	438	Vítor Lucas	00:29:36	00:57:42	00:56:03	2869	Breakaway	V50	206
2864	4205	Fernando Marques	00:30:30	00:57:43	00:55:51	2828	g.d.chelas	V50	207
2865	4140	Carlos Andrade	00:30:30	00:57:43	00:55:52	2833	g.d.chelas	V40	482
2866	1774	Manuel Lamego	00:29:09	00:57:43	00:56:58	3053		V55	134
2867	3322	Lurdes António	00:29:04	00:57:43	00:57:16	3118	Link	V40	96
2868	4061	Anna Zimmermann	00:29:24	00:57:44	00:57:19	3128	ITQB&Co	Senior	140
2869	5758	Rui Canhoto	00:29:47	00:57:44	00:55:56	2841		Senior	683
2870	1378	Rui Querido	00:30:35	00:57:44	00:56:11	2899	EVELX - Associação de Estilos de Vida Saudável	V35	493
2871	5788	Pedro Delgado	00:30:37	00:57:45	00:55:34	2766		V45	321
2872	4218	Guiomar Amado	00:29:23	00:57:45	00:57:02	3061	Correr Queluz	V40	97
2873	4586	Miguel Moreira	00:29:57	00:57:45	00:55:29	2750		V55	135
2874	4068	Luís Batista	00:30:21	00:57:46	00:55:02	2660		Senior	684
2875	2869	Vergilio Carlos	00:28:13	00:57:46	00:56:50	3032		V50	208
2876	3593	Ana Belfo	00:29:43	00:57:46	00:57:18	3122	Grupo amigos motards os piratas	Senior	141
2877	2666	Luis Taborda	00:28:05	00:57:46	00:57:09	3080		Senior	685
2878	4332	Marline Furtado	00:27:38	00:57:47	00:57:34	3178		Senior	142
2879	1241	Nuno Costa	00:27:51	00:57:47	00:57:30	3162		V40	483
2880	6236	Carla Bernardino	00:28:11	00:57:48	00:57:35	3181		V35	80



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2881	5843	Sofia Fernandes	00:31:57	00:57:48	00:51:00	1836	Equation	Senior	143
2882	2921	Fernando Martins	00:29:25	00:57:48	00:56:43	3011		V50	209
2883	1869	Renata Belo	00:28:40	00:57:48	00:57:01	3059		V40	98
2884	1108	Meliss Lopes	00:32:03	00:57:49	00:51:03	1843		Senior	144
2885	1111	Bernardo Ferreira	00:32:03	00:57:49	00:51:02	1841		Senior	686
2886	3529	Márcia Freire	00:29:52	00:57:50	00:57:00	3057	Queima Borracha	V35	81
2887	3528	Roberto Arede	00:29:52	00:57:50	00:57:00	3058	Queima Borracha	V35	494
2888	1795	Filipa Matias	00:30:06	00:57:51	00:56:10	2895		Senior	145
2889	3870	Paulo Fernandes	00:28:30	00:57:51	00:57:23	3142		V45	322
2890	1756	Paula Neto	00:28:50	00:57:52	00:57:48	3232	CCD Crédito Agrícola Mútuo	V50	21
2891	4455	Pedro Silva	00:30:22	00:57:53	00:55:37	2779	L.S.B.A.C.	V35	495
2892	2607	Daniel Bastos	00:28:58	00:57:54	00:57:05	3069	MF&A and Friends	V35	496
2893	674	Luis Costa	00:28:46	00:57:54	00:57:18	3124		V50	210
2894	1034	Manuela Castanho	00:28:48	00:57:55	00:57:27	3153		V45	46
2895	1400	André Silva	00:29:00	00:57:55	00:57:15	3111		V40	484
2896	1596	Luis Dias	00:30:10	00:57:56	00:56:44	3012		V45	323
2897	6290	António Antunes	00:29:46	00:57:56	00:57:22	3134		V50	211
2898	945	Paulo Inácio	00:30:12	00:57:57	00:55:37	2778	Running Venus	V35	497
2899	994	Nuno Inácio	00:30:21	00:57:57	00:55:38	2784	Running Venus	V35	498
2900	1475	Lara Rodrigues	00:27:55	00:57:57	00:57:56	3267		Senior	146

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2901	5267	Tiago Nunes	00:29:54	00:57:57	00:55:51	2829		Senior	687
2902	1474	José Xavier	00:27:56	00:57:57	00:57:56	3265		Senior	688
2903	918	Rui Simões	00:29:15	00:57:57	00:57:36	3185	As Lesmas	V45	324
2904	406	Pedro Canteiro	00:30:22	00:57:57	00:56:00	2857		Senior	689
2905	2555	Carlos Marinho	00:30:52	00:57:58	00:57:13	3106		V35	499
2906	6161	Miguel Banha	00:30:00	00:57:58	00:55:58	2850		V40	485
2907	4030	João Nuno	00:30:08	00:57:58	00:56:46	3021	rtomar5	V40	486
2908	1934	Silvia Silva	00:30:06	00:57:59	00:56:16	2917		V35	82
2909	1933	Pedro Cortes	00:30:04	00:57:59	00:56:15	2916		V40	487
2910	5745	Rodrigo Alves	00:28:37	00:58:00	00:58:00	3280		V35	500
2911	4370	João Carapau	00:28:52	00:58:00	00:57:17	3119		V40	488
2912	5604	André Pereira	00:30:04	00:58:01	00:56:19	2927		V40	489
2913	6135	Elisabete Assunção	00:29:07	00:58:01	00:57:19	3126		V45	47
2914	2184	Rafael Reia	00:32:08	00:58:01	00:56:25	2945		Senior	690
2915	2753	João Silva	00:33:01	00:58:02	00:50:30	1748	Carapaus de Corrida	Senior	691
2916	6183	Filipe Fernandes	00:30:20	00:58:02	00:56:02	2865		V35	501
2917	5649	Pedro Ferreira	00:28:02	00:58:03	00:57:53	3248		Junior	44
2918	6102	Ann Macpherson	00:29:07	00:58:03	00:57:21	3131		V35	83
2919	4791	João Barros	00:32:42	00:58:03	00:50:50	1808		V40	490
2920	1895	Fernando Silva	00:29:21	00:58:03	00:57:22	3140		V45	325

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2921	5876	Joao Pita	00:29:11	00:58:04	00:57:03	3063		Senior	692
2922	4034	Filipe Fernandes	00:29:42	00:58:04	00:56:38	2992	Mercedes-Benz	V35	502
2923	2398	Rita Capucho	00:29:53	00:58:04	00:56:13	2908		V40	99
2924	3978	João Fernandes	00:29:42	00:58:04	00:56:39	2993		V40	491
2925	1923	Mafalda Rodrigues	00:29:24	00:58:05	00:57:40	3203	ITQB&Co	Senior	147
2926	5062	Gonçalo Almeida	00:32:12	00:58:05	00:51:37	1943		V40	492
2927	1193	Miguel Silva	00:28:59	00:58:06	00:55:52	2832		V35	503
2928	4531	Rui Neves	00:28:45	00:58:06	00:57:16	3114	Weventual	V35	504
2929	880	Justiliano Silva	00:28:59	00:58:06	00:55:53	2837		V60	76
2930	951	Vanessa Bandeira	00:28:57	00:58:06	00:57:45	3219		Senior	148
2931	1511	Pedro Honorio	00:28:13	00:58:06	00:57:51	3241	Anda Cá	V50	212
2932	3716	Antonio Maia	00:27:11	00:58:07	00:57:51	3239		V40	493
2933	1525	Tiago Rita	00:29:25	00:58:07	00:55:53	2836	Big Bang Team	Senior	693
2934	1287	Rui Melão	00:29:33	00:58:07	00:57:43	3208		V50	213
2935	5838	Nelson Almeida	00:28:38	00:58:07	00:57:11	3094		V40	494
2936	4130	Bruno Martins	00:28:23	00:58:08	00:57:13	3105	g.d.chelas	V35	505
2937	4800	Maria Emídio	00:30:09	00:58:08	00:56:29	2957	Caminhar e Correr na Quinta do Conde	V45	48
2938	5303	Albertino Monteiro	00:30:03	00:58:09	00:56:14	2912		V35	506
2939	1497	Bruno Almeida	00:28:58	00:58:09	00:56:56	3045		Senior	694
2940	3868	Edgar Monteiro	00:28:14	00:58:09	00:57:48	3230		V35	507

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2941	783	Giuseppe Russo	00:28:18	00:58:09	00:57:42	3207		V55	136
2942	6461	Stephen Smith	00:29:12	00:58:09	00:56:43	3009		Senior	695
2943	3031	Susana Pereira	00:28:54	00:58:10	00:57:46	3223	Encosta Team	V35	84
2944	1672	Ana Cabral	00:29:16	00:58:10	00:57:01	3060	Speed of Yellow	V50	22
2945	2064	Jorge Serra	00:28:54	00:58:10	00:57:46	3222		V40	495
2946	2180	Catarina Serra	00:28:54	00:58:10	00:57:46	3226		V35	85
2947	5052	Antonio Freire	00:33:28	00:58:10	00:50:47	1799		V65	27
2948	6455	Ricardo Braga	00:29:12	00:58:10	00:56:44	3017		Senior	696
2949	1652	Simão Campos	00:29:42	00:58:10	00:57:26	3149		Senior	697
2950	916	Madalena Teixeira	00:29:16	00:58:10	00:57:50	3238	As Lesmas	V60	3
2951	915	Elisabete Matias	00:29:15	00:58:11	00:57:50	3237	As Lesmas	V45	49
2952	544	Luís Roque	00:29:33	00:58:11	00:56:28	2956	CLUBE NOVO BANCO	Senior	698
2953	1245	Julieta Santos	00:29:38	00:58:11	00:57:13	3108	tartarugas solidarias	V55	7
2954	845	Rita Dinis	00:29:01	00:58:11	00:56:59	3056	Gonçalves Dinis	Senior	149
2955	4104	Pedro Braz	00:28:56	00:58:11	00:57:56	3263		V40	496
2956	4051	Luís Figueiredo	00:33:05	00:58:12	00:50:42	1786		V50	214
2957	983	Nuno Monteiro	00:33:42	00:58:12	00:51:22	1895		Senior	699
2958	5320	Jose Lobato	00:29:44	00:58:12	00:56:18	2920	Grupo desportivo 1º de maio - Barreiro	V40	497
2959	2589	Carminda Rega	00:29:41	00:58:13	00:56:49	3030		V50	23
2960	5105	Catarina Novais	00:29:26	00:58:13	00:57:52	3247		V35	86

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2961	5972	Isidoro Batista	00:30:12	00:58:14	00:56:25	2942		V55	137
2962	5874	Mafalda Sampaio	00:29:22	00:58:14	00:57:48	3229		Senior	150
2963	5064	Dina Oliveira	00:29:42	00:58:14	00:57:06	3070		V35	87
2964	2104	António Garcia	00:29:05	00:58:15	00:57:52	3245		V55	138
2965	3704	Alberto Carolino	00:29:16	00:58:15	00:57:35	3180	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V60	77
2966	554	António Monteiro	00:29:58	00:58:15	00:57:55	3261		Senior	700
2967	3705	Carlos Pereira	00:29:16	00:58:15	00:57:34	3174	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V55	139
2968	4948	Nuno Fernandes	00:30:43	00:58:16	00:56:27	2951		V35	508
2969	2682	Alexandre Coelho	00:29:08	00:58:16	00:57:10	3090		V40	498
2970	1510	Pedro Mendes	00:28:12	00:58:16	00:58:02	3288	Anda Cá	V50	215
2971	444	Alberto Cano	00:29:58	00:58:16	00:57:22	3139	Clube Atletismo Amigos de Belém	V60	78
2972	1557	Tiago Pereira	00:29:46	00:58:16	00:57:37	3191		Senior	701
2973	6187	Rui Valente	00:30:42	00:58:17	00:56:29	2958		V35	509
2974	3209	Daniel Raigoso	00:30:05	00:58:18	00:56:57	3048		Senior	702
2975	4073	Luis Pinto	00:30:32	00:58:18	00:56:37	2984		V40	499
2976	6429	Grzegorz Bazan	00:31:46	00:58:18	00:51:19	1887		V35	510
2977	3362	Paula Lopez	00:30:32	00:58:18	00:56:37	2985		V35	88
2978	5467	Vincent Quéré	00:35:05	00:58:18	00:50:39	1778	Safaricom	Senior	703
2979	2052	Patrícia Lopes	00:30:40	00:58:19	00:56:12	2906		V40	100
2980	647	Helder Cruz	00:27:16	00:58:19	00:57:59	3278		V40	500

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2981	1087	João Lourenço	00:29:17	00:58:20	00:57:39	3200		V40	501
2982	341	Antonio Castañera	00:30:30	00:58:20	00:57:13	3107		V40	502
2983	5037	Sergio Lopes	00:28:20	00:58:20	00:58:13	3310		Senior	704
2984	148	João Figueiredo	00:29:21	00:58:20	00:56:57	3049		V40	503
2985	3829	Mauro Santos	00:32:26	00:58:21	00:51:07	1856	Pinguins do Ártico	Senior	705
2986	4768	Ana Martins	00:29:47	00:58:22	00:57:03	3065		V35	89
2987	5272	Pedro Silva	00:30:37	00:58:22	00:56:41	3003		V45	326
2988	5439	Ana Lopes	00:28:50	00:58:22	00:58:20	3332		V50	24
2989	11	José Agapito	00:30:37	00:58:22	00:56:41	3004		V35	511
2990	2925	Helder Silva	00:30:22	00:58:22	00:56:57	3050		V40	504
2991	2691	João Brito	00:29:38	00:58:23	00:57:12	3102		V40	505
2992	3216	André Jesus	00:32:08	00:58:23	00:56:48	3026		Senior	706
2993	3585	Sandra Inácio	00:30:03	00:58:23	00:57:37	3192	Amélia Valentim Frazão	V40	101
2994	5374	Martinho Dias	00:28:20	00:58:24	00:58:24	3344		V35	512
2995	6246	Paulo Teixeira	00:28:02	00:58:24	00:58:01	3284		V55	140
2996	3479	Carla Charana	00:29:05	00:58:25	00:57:28	3157	Running Tabata Team Alfragide	V35	90
2997	5433	Orlando Rodrigues	00:30:32	00:58:25	00:56:23	2938		V50	216
2998	3439	João Sinosgas	00:30:00	00:58:25	00:56:32	2974		V35	513
2999	6240	Jose Correia	00:30:15	00:58:26	00:57:44	3211		V45	327
3000	2166	Samuel Basto	00:32:02	00:58:27	00:51:52	1997	Amigos de Paco Nassa	Senior	707

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3001	6417	Vera Borges	00:29:05	00:58:27	00:58:23	3339		Senior	151
3002	4257	Carlos Cagica	00:29:21	00:58:27	00:56:06	2888	CCD Siemens	V50	217
3003	5034	João Rosa	00:27:01	00:58:28	00:57:52	3246		V35	514
3004	1162	Nuno Santos	00:32:16	00:58:28	00:51:07	1854		Senior	708
3005	2259	Ricardo Matias	00:29:30	00:58:28	00:57:33	3172		V35	515
3006	307	João Paiva	00:30:33	00:58:28	00:56:32	2972		Senior	709
3007	3857	Mário Caetano	00:30:04	00:58:29	00:56:36	2983	AFO	V35	516
3008	2492	Vitor Figueira	00:28:22	00:58:29	00:58:15	3316		V60	79
3009	3036	Maria Andrade	00:29:35	00:58:29	00:57:31	3166		V50	25
3010	3213	Carlos Ferreira	00:30:23	00:58:29	00:56:31	2970		V50	218
3011	6192	Paulo Rodrigues	00:27:17	00:58:29	00:57:10	3089		V40	506
3012	4474	Alexandre Pereira	00:30:32	00:58:30	00:56:30	2963		V50	219
3013	247	Maria Almeida	00:29:04	00:58:30	00:57:36	3189		V40	102
3014	1493	Maria Fatuda	00:29:02	00:58:30	00:58:18	3325	G. R. D. Ribeira da Lage	V55	8
3015	2217	Nuno Ricardo	00:29:39	00:58:30	00:57:11	3099		V35	517
3016	1610	Inês Lemos	00:28:52	00:58:31	00:56:46	3022	Humanpersi Runners	Senior	152
3017	4957	Jorge Vasco	00:29:03	00:58:31	00:57:27	3154		V40	507
3018	1609	Ricardo Felizardo	00:28:51	00:58:31	00:56:46	3023	Humanpersi Runners	V35	518
3019	6027	João Lança	00:29:42	00:58:32	00:57:21	3132	Loureiros- Palmela-	Senior	710
3020	4305	Francisco Pinto	00:30:00	00:58:32	00:57:10	3092	Hiscox Lions	Senior	711

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3021	2376	Paulo Barata	00:30:40	00:58:32	00:56:30	2960	GRCD Leião	V40	508
3022	860	Susana Silva	00:29:34	00:58:32	00:57:22	3135		V40	103
3023	3406	João Pereira	00:29:24	00:58:32	00:56:37	2986		V45	328
3024	861	Inês Morais	00:29:34	00:58:33	00:57:22	3136		Senior	153
3025	3328	Erick Usandivares	00:32:28	00:58:34	00:51:42	1966	Link	Senior	712
3026	4772	José Figueiredo	00:29:37	00:58:34	00:57:27	3150		V65	28
3027	5173	Sandra Oliveira	00:28:49	00:58:34	00:58:19	3329		Senior	154
3028	2150	Ana Cagica	00:29:44	00:58:35	00:57:55	3258	BRRnightRUNNERS	V40	104
3029	3196	Sónia Gamito	00:29:34	00:58:35	00:58:14	3314		V35	91
3030	1545	Ana Neves	00:30:18	00:58:35	00:57:11	3098		V40	105
3031	2165	Ricardo Canhoto	00:32:03	00:58:35	00:52:01	2020	Amigos de Paco Nassa	V35	519
3032	3400	Daniel Aguilar	00:29:01	00:58:36	00:57:25	3148		Senior	713
3033	2068	José Alves	00:33:07	00:58:37	00:50:58	1832		Senior	714
3034	4049	Sílvia Dinis	00:29:00	00:58:37	00:57:50	3234		V35	92
3035	1037	Alexander Ilg	00:29:07	00:58:37	00:58:26	3350		Senior	715
3036	530	Fernando Filipe	00:28:39	00:58:38	00:58:22	3338	CLUBE NOVO BANCO	V45	329
3037	949	Antonio Domingos	00:30:15	00:58:39	00:57:58	3273		V65	29
3038	3408	Luis Godinho	00:30:48	00:58:39	00:56:20	2932		V40	509
3039	5301	Goncalo Pocas	00:30:42	00:58:39	00:56:49	3029		V35	520
3040	1505	Beatriz Pedreira	00:28:42	00:58:40	00:58:29	3354		Senior	155



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3041	2685	Pedro Batista	00:28:53	00:58:40	00:57:39	3199	Caracóis Turbinados	V35	521
3042	1814	Manuel Vazquez	00:29:49	00:58:40	00:56:48	3028		V60	80
3043	5512	Luis Melo	00:29:58	00:58:40	00:57:34	3179	Mickeys	Senior	716
3044	1560	Elisio Rodrigues	00:32:13	00:58:41	00:56:39	2994	BRRnightRUNNERS	V50	220
3045	391	Ana Cunha	00:30:10	00:58:41	00:57:36	3186		V40	106
3046	390	Ricardo Cunha	00:30:11	00:58:41	00:57:36	3190		V40	510
3047	5513	Heloisa Neto	00:29:58	00:58:41	00:57:34	3176	Mickeys	Senior	156
3048	2164	Paulo Maria	00:32:02	00:58:41	00:52:08	2044	Amigos de Paco Nassa	V35	522
3049	141	Joaquim Paula	00:29:02	00:58:43	00:58:34	3366		V40	511
3050	3580	Aida Silva	00:30:02	00:58:43	00:57:54	3254	Amélia Valentim Frazão	V50	26
3051	3581	Maria Carvalho	00:30:02	00:58:43	00:57:56	3268	Amélia Valentim Frazão	V50	27
3052	4221	Pedro Russiano	00:29:39	00:58:43	00:57:44	3216	Geek on the Run!	Senior	717
3053	4623	Inês Carvalho	00:28:47	00:58:43	00:58:15	3315		V35	93
3054	3227	Hugo Vieira	00:29:36	00:58:44	00:57:21	3133		V35	523
3055	6045	Bruno Maçorano	00:29:36	00:58:44	00:57:23	3143		V40	512
3056	5866	Ricardo Bastos	00:28:31	00:58:45	00:57:50	3235		V40	513
3057	5707	Nuno Silva	00:28:31	00:58:45	00:57:51	3240		V40	514
3058	2954	Joana Peredo	00:29:07	00:58:46	00:58:26	3347		Senior	157
3059	3073	Bruno Frazão	00:30:07	00:58:46	00:57:58	3272		Senior	718
3060	3584	Ana Castelhana	00:30:06	00:58:46	00:57:59	3279	Amélia Valentim Frazão	V40	107

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3061	35	Carlos Rodrigues	00:29:17	00:58:46	00:58:30	3360		V40	515
3062	6436	Esther Cardo	00:29:55	00:58:47	00:56:46	3024		V50	28
3063	611	Conceição Ferreira	00:28:56	00:58:48	00:58:02	3286	Ferreira	V60	4
3064	912	Sergio Ramalho	00:32:53	00:58:48	00:51:16	1878		Senior	719
3065	52	Pedro Monteiro	00:30:05	00:58:48	00:57:11	3097		V40	516
3066	3929	Susana Agonia	00:30:54	00:58:49	00:56:31	2964		V40	108
3067	1258	Hassam Ibrahim	00:29:03	00:58:49	00:58:47	3401		Senior	720
3068	2301	Maria Anton	00:29:20	00:58:49	00:58:23	3341		V45	50
3069	3165	Rui Lapa	00:29:12	00:58:49	00:56:58	3054		V40	517
3070	4840	António Schwalbach	00:29:47	00:58:49	00:58:18	3324		Senior	721
3071	4437	João Ratinho	00:28:52	00:58:50	00:57:48	3231		V50	221
3072	2161	Pedro Flores	00:32:02	00:58:51	00:52:19	2090	Amigos de Paco Nassa	Senior	722
3073	2834	Mauro Machado	00:33:18	00:58:51	00:51:45	1979		Senior	723
3074	275	João Dias	00:28:51	00:58:52	00:58:32	3363		V45	330
3075	3495	Inês Araújo	00:29:51	00:58:52	00:57:35	3182		Senior	158
3076	907	Bárbara Barbosa	00:30:34	00:58:52	00:57:22	3138		V35	94
3077	2458	Hugo Baleizão	00:30:41	00:58:53	00:56:58	3052		V35	524
3078	494	Sandro Gouveia	00:29:34	00:58:53	00:57:48	3233		Senior	724
3079	4982	André Figueiredo	00:31:54	00:58:53	00:52:07	2042		Senior	725
3080	2162	Miguel Almeida	00:32:02	00:58:54	00:52:20	2093	Amigos de Paco Nassa	Senior	726

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3081	5909	João Costa	00:31:33	00:58:54	00:56:55	3042	Dupla dos Moinhos	V35	525
3082	3726	Cláudia Valentim	00:30:14	00:58:54	00:57:46	3224		Senior	159
3083	2714	Fernando Cardoso	00:29:39	00:58:55	00:58:03	3292		V60	81
3084	2078	José Nogueira	00:30:04	00:58:55	00:56:54	3038	Clube de Atletismo da Nazaré	V40	518
3085	367	José Vale	00:29:44	00:58:56	00:58:55	3415		V55	141
3086	6287	João Dias	00:31:52	00:58:57	00:52:15	2078		V45	331
3087	3428	Jorge Pedro	00:30:32	00:58:57	00:57:40	3201		V45	332
3088	4368	Jorge Morgado	00:29:10	00:58:57	00:57:55	3257		V35	526
3089	3658	Marta Conceicao	00:30:37	00:58:57	00:57:12	3103	Lost Runners	Senior	160
3090	3219	Rui Peneda	00:30:56	00:58:58	00:56:38	2991		Senior	727
3091	5362	José Fonseca	00:29:21	00:58:58	00:58:34	3371		Senior	728
3092	5275	Pedro Lourenço	00:29:20	00:58:58	00:58:34	3373		V35	527
3093	2349	Alexandra Sousa	00:29:38	00:58:58	00:57:18	3123		Senior	161
3094	5283	Fernando Martins	00:29:21	00:58:59	00:58:34	3368		V35	528
3095	2759	Carla Serrano	00:29:39	00:58:59	00:58:17	3322	Correr Queluz	V35	95
3096	3383	Sara Amido	00:33:46	00:58:59	00:51:16	1879		Senior	162
3097	6043	Jorge Silva	00:29:23	00:58:59	00:58:14	3312		V60	82
3098	6388	Pedro Correia	00:30:03	00:59:00	00:56:57	3047		V35	529
3099	6129	Sónia Cruz	00:30:21	00:59:00	00:57:50	3236		V35	96
3100	3898	António Assunção	00:30:00	00:59:00	00:58:18	3323		V45	333

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3101	829	Maria Rodrigues	00:29:04	00:59:00	00:56:50	3034		V35	97
3102	5572	Mauricio Oseguera	00:31:24	00:59:01	00:58:14	3313		V40	519
3103	5895	Andreia Valério	00:30:31	00:59:01	00:57:52	3242	AHBE	Senior	163
3104	2750	Dina Nunes	00:29:48	00:59:02	00:57:43	3209	Carapaus de Corrida	V40	109
3105	4577	Manuel Henriques	00:30:35	00:59:02	00:57:08	3076		V35	530
3106	4067	Vitor Dachenko	00:30:38	00:59:02	00:57:32	3170	Quinta Do Sol	V35	531
3107	2379	Pedro Pedro	00:29:00	00:59:02	00:58:21	3336	GRCD Leião	V45	334
3108	3635	Antonio Santos	00:29:02	00:59:02	00:58:30	3358		V70	13
3109	3257	Marta Afonso	00:29:40	00:59:02	00:58:34	3370	SS CGD	V40	110
3110	83	Maria Santos	00:30:32	00:59:03	00:57:09	3084	EVELX - Associação de Estilos de Vida Saudável	V60	5
3111	3794	Rui Marques	00:31:32	00:59:03	00:57:37	3193	Miranda Miles	V45	335
3112	1047	João Caló	00:29:43	00:59:03	00:57:44	3210		V35	532
3113	5853	Nuno Dias	00:30:38	00:59:03	00:57:06	3071		Senior	729
3114	6321	Paulo Dias	00:29:43	00:59:03	00:57:45	3218		Senior	730
3115	4066	Ricardo Nogueira	00:30:38	00:59:03	00:57:32	3169	Quinta Do Sol	V35	533
3116	2976	Nuno Patricio	00:30:40	00:59:03	00:57:11	3095	CASA DO PESSOAL DA RTP	V45	336
3117	2065	João Pereira	00:31:58	00:59:04	00:52:22	2100		Senior	731
3118	3344	Celia Carvalho	00:30:18	00:59:04	00:57:34	3175		V45	51
3119	4025	Edgar Jacinto	00:29:45	00:59:04	00:58:01	3285	AutoJacinto	Senior	732
3120	495	Carlos Alves	00:30:17	00:59:05	00:57:35	3183		V55	142

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3121	6090	Rita Lourenço	00:30:20	00:59:05	00:57:29	3161	Power Rangers	Senior	164
3122	4210	Abel Costa	00:29:46	00:59:05	00:57:10	3087	g.d.chelas	V55	143
3123	2356	Albino Ferreira	00:30:20	00:59:06	00:57:31	3165	GRCD Leião	V50	222
3124	5573	Paulo Santos	00:31:24	00:59:07	00:58:18	3326		V40	520
3125	4773	Pacer Sub-60	00:29:42	00:59:07	00:58:10	3305		Senior	733
3126	6427	Leticia Pintado	00:30:51	00:59:07	00:57:16	3113		Senior	165
3127	3709	Luis Alves	00:30:35	00:59:08	00:58:53	3413		V40	521
3128	6409	Luís Fernandes	00:28:19	00:59:09	00:58:34	3365		V40	522
3129	4229	Luis Herlander	00:28:47	00:59:09	00:57:46	3225		Senior	734
3130	4266	Gonçalo Pereira	00:30:55	00:59:09	00:57:52	3243		Senior	735
3131	6389	Sara Silva	00:30:03	00:59:10	00:57:19	3125		V40	111
3132	3743	Wilson Pires	00:29:13	00:59:10	00:57:57	3270		Senior	736
3133	1636	Andreia Fernades	00:29:24	00:59:10	00:59:08	3446		Senior	166
3134	1430	Armando Lacerda	00:29:42	00:59:11	00:59:03	3434		V60	83
3135	581	Anabela Amaral	00:29:24	00:59:11	00:59:08	3445		V40	112
3136	2110	Sonia Figueiredo	00:30:38	00:59:12	00:57:10	3088		V35	98
3137	5032	Carla Afonso	00:29:40	00:59:12	00:58:17	3320		V35	99
3138	95	Marco Neves	00:31:27	00:59:12	00:57:44	3215	MONTEPIO - Marketeers	V35	534
3139	966	Rui Carrasqueira	00:29:27	00:59:13	00:58:02	3287		V50	223
3140	284	José Costa	00:34:34	00:59:13	00:52:06	2035		V50	224

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3141	6042	Dora Cardoso	00:31:47	00:59:13	00:58:03	3291	Carapaus de Corrida	V35	100
3142	2748	Cláudia Quin	00:31:47	00:59:14	00:58:04	3294	Carapaus de Corrida	V35	101
3143	3272	José Silva	00:29:08	00:59:14	00:57:53	3251		V35	535
3144	6044	Ricardo Silva	00:29:07	00:59:14	00:57:53	3249		V40	523
3145	3310	Artur Martins	00:29:55	00:59:15	00:57:52	3244	Tangas Clube	V75	3
3146	2375	Paula Machado	00:30:28	00:59:15	00:57:28	3156	GRCD Leião	V35	102
3147	2749	Paulo Costa	00:33:28	00:59:15	00:51:42	1963	Carapaus de Corrida	V40	524
3148	276	Lurdes Vale	00:29:18	00:59:17	00:58:59	3426		V50	29
3149	6452	José Rodrigues	00:30:51	00:59:17	00:56:55	3041		Senior	737
3150	4322	Paula Santos	00:29:56	00:59:18	00:59:09	3447	BRRnightRUNNERS	V45	52
3151	5308	Andriy Tkachenko	00:30:29	00:59:18	00:58:19	3327		V40	525
3152	1706	Eduardo Carreiro	00:32:38	00:59:18	00:52:46	2179		V45	337
3153	2576	Isabel Conceição	00:32:26	00:59:18	00:52:22	2099		Senior	167
3154	5016	Paulo Santos	00:30:42	00:59:18	00:57:21	3130		V35	536
3155	811	Sandra Batista	00:30:21	00:59:20	00:58:10	3303		V40	113
3156	5249	Vasco Peres	00:30:47	00:59:21	00:57:41	3206		V35	537
3157	2782	Francisco Ribeiro	00:28:45	00:59:21	00:59:11	3452		V65	30
3158	533	Ismael Teixeira	00:30:05	00:59:21	00:58:39	3380	CLUBE NOVO BANCO	V40	526
3159	6195	Rui Granado	00:32:02	00:59:21	00:57:27	3151		V45	338
3160	4499	David Catarino	00:32:02	00:59:22	00:57:27	3152		V35	538

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3161	2063	Pedro Santos	00:30:39	00:59:22	00:58:41	3387		V35	539
3162	392	Sara Sousa	00:30:40	00:59:22	00:58:43	3392		V35	103
3163	2516	Vitor Cardoso	00:29:19	00:59:24	00:59:04	3437	GDCTINCM	V35	540
3164	1221	Fernanda André	00:29:44	00:59:25	00:59:10	3451		V55	9
3165	2883	Patrícia Santos	00:30:02	00:59:25	00:58:55	3418	Asas nos Pés	Senior	738
3166	2920	Rute Oliveira	00:29:45	00:59:26	00:58:55	3417		V45	53
3167	443	Ana Branco	00:30:22	00:59:27	00:57:44	3212	Breakaway	Senior	168
3168	440	Marco Lucas	00:30:22	00:59:27	00:57:44	3214	Breakaway	Senior	739
3169	4171	José Tanqueiro	00:30:54	00:59:27	00:57:08	3077		V50	225
3170	5343	João Ferro	00:29:30	00:59:28	00:58:41	3390		V45	339
3171	5755	Tiago Rodrigues	00:30:41	00:59:29	00:57:56	3269		Senior	740
3172	763	António Bruno	00:31:55	00:59:29	00:58:01	3282		V40	527
3173	4936	Maria Bica	00:29:08	00:59:30	00:59:16	3469	g.d.chelas	V40	114
3174	4201	Joaquim Fragoso	00:31:30	00:59:30	00:57:53	3250	g.d.chelas	V65	31
3175	3572	Hugo Mateus	00:34:34	00:59:30	00:52:19	2087		V35	541
3176	2959	Ricardo Gomes	00:31:31	00:59:30	00:57:27	3155		V40	528
3177	4215	Jose Costa	00:32:11	00:59:31	00:52:58	2225	g.d.chelas	V50	226
3178	1872	Gonçalo Coelho	00:30:29	00:59:32	00:58:02	3289		Senior	741
3179	3130	Maulide Dias	00:31:04	00:59:32	00:58:03	3290		V40	529
3180	5903	Sefora Monteiro	00:28:46	00:59:33	00:59:15	3465	Gazelas de Thomson	V35	104

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3181	5703	Mónica Correia	00:30:17	00:59:33	00:58:30	3356		V35	105
3182	6006	Lúisa Marcos	00:30:18	00:59:34	00:58:32	3362		Senior	169
3183	5738	Miguel Mendes	00:31:10	00:59:35	00:57:57	3271	Power Rangers	Senior	742
3184	5739	Bruno Gonçalves	00:31:10	00:59:35	00:57:58	3276	Power Rangers	Senior	743
3185	2796	Carlos Marques	00:29:06	00:59:35	00:59:19	3479		V40	530
3186	1720	Rui Machado	00:31:02	00:59:36	00:57:15	3112		V40	531
3187	3259	Patricia Tavares	00:31:01	00:59:36	00:57:32	3167	SS CGD	V35	106
3188	4987	Diogo Laranjeira	00:28:37	00:59:36	00:58:47	3400		Junior	45
3189	906	Mário Vilar	00:33:01	00:59:36	00:53:07	2250	Masters Water Polo - Bamboora Gaming	V40	532
3190	5981	João Matias	00:28:19	00:59:36	00:59:17	3473	i2D	V55	144
3191	1857	Fábio Gaudencio	00:30:11	00:59:37	00:58:46	3398		Senior	744
3192	920	Paulo Rosa	00:28:47	00:59:37	00:59:30	3515		V40	533
3193	4062	Catarina Cipriano	00:35:47	00:59:37	00:49:02	1443		Senior	170
3194	5332	Joaquim Machado	00:30:20	00:59:38	00:58:09	3300	C.C.D.das Autarquias de Almada	V60	84
3195	1999	Hugo Fradique	00:33:04	00:59:38	00:57:20	3129	Oakley Portugal	V35	542
3196	204	Antonio Pombinho	00:28:24	00:59:39	00:59:12	3456		V55	145
3197	2734	Violeta Nunes	00:28:10	00:59:39	00:59:32	3517	Os Estrunfes	V45	54
3198	4418	Joao Vieira	00:30:35	00:59:39	00:58:08	3299		V50	227
3199	2168	Francisco Freire	00:30:27	00:59:41	00:59:15	3463		Senior	745
3200	4946	Luis Almeida	00:30:34	00:59:42	00:58:53	3412		V40	534



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3201	1270	Sandro Lavado	00:30:09	00:59:42	00:57:37	3195	BRRnightRUNNERS	V35	543
3202	4917	João Paca	00:30:53	00:59:42	00:58:59	3425	3Pês	V35	544
3203	6364	Bruno Silva	00:30:02	00:59:42	00:57:29	3158		Senior	746
3204	5574	Katia Leitao	00:31:25	00:59:42	00:58:54	3414		V40	115
3205	4916	Bruno Pais	00:30:53	00:59:42	00:59:00	3428	3Pês	Senior	747
3206	3996	Tiago Simões	00:31:43	00:59:43	00:58:45	3396		V40	535
3207	793	Joaquim Gamito	00:33:36	00:59:43	00:52:36	2145		V60	85
3208	331	José Branco	00:31:02	00:59:44	00:57:59	3277		V35	545
3209	6282	Vânia André	00:29:42	00:59:44	00:58:25	3346		Senior	171
3210	5398	Paulo Madeira	00:29:38	00:59:45	00:58:29	3352		V35	546
3211	865	João Sousa	00:29:54	00:59:45	00:59:23	3487		V40	536
3212	2793	Maria Marques	00:30:30	00:59:45	00:59:29	3509		V45	55
3213	4993	Hugo Chaves	00:30:02	00:59:45	00:58:31	3361		Senior	748
3214	6283	André Cardoso	00:29:42	00:59:45	00:58:25	3345		V35	547
3215	1718	Paulo Castanheira	00:29:19	00:59:45	00:59:35	3527		V40	537
3216	6390	Célia Carvalho	00:30:31	00:59:47	00:57:56	3266		Senior	172
3217	1381	Paulo Fernandes	00:29:21	00:59:47	00:58:56	3421		V45	340
3218	4308	João Machado	00:30:00	00:59:47	00:58:24	3342	Hiscox Lions	V35	548
3219	6393	Anselmo Simões	00:30:30	00:59:47	00:57:58	3275		V35	549
3220	2457	Miguel Falé	00:30:27	00:59:47	00:59:21	3486		Senior	749

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3221	3569	Luis Morgado	00:30:52	00:59:47	00:59:02	3432		V40	538
3222	631	José Garrido	00:35:15	00:59:48	00:52:55	2217		V50	228
3223	4028	João Rodrigues	00:30:08	00:59:48	00:58:43	3391	rtomar5	V50	229
3224	4029	Américo Pessoa	00:30:08	00:59:48	00:58:44	3393	rtomar5	V50	230
3225	6392	Jorge Castanheiro	00:31:35	00:59:49	00:57:35	3184		V45	341
3226	2809	Paula Antunes	00:30:30	00:59:49	00:59:46	3544		V45	56
3227	4595	Laurindo Oliveira	00:29:33	00:59:50	00:58:33	3364	B&O	V45	342
3228	625	Carlos Lopes	00:34:27	00:59:50	00:53:22	2281		V60	86
3229	4337	Teresa Castro	00:31:13	00:59:50	00:57:54	3255		V35	107
3230	5223	Núbia Alves	00:31:09	00:59:50	00:58:16	3318	Lis Running CPA	V40	116
3231	1855	Luís Almeida	00:31:09	00:59:50	00:58:16	3319	Lis Running CPA	V50	231
3232	3241	Rui Soares	00:31:13	00:59:50	00:57:54	3256	SS CGD	V40	539
3233	3384	Sandra Pereira	00:30:01	00:59:52	00:58:39	3382		V45	57
3234	4118	Carla Marques	00:30:36	00:59:53	00:58:10	3301	Run Buddy Run	Senior	173
3235	2966	Paula Vieira	00:30:36	00:59:54	00:58:10	3302	Run Buddy Run	Senior	174
3236	4375	Gonçalo Rodrigues	00:30:43	00:59:55	00:58:41	3389	Uns & Outros	Senior	750
3237	5943	Pedro Almeida	00:29:36	00:59:55	00:58:40	3385	ZêPê	V35	550
3238	5584	Joao Ferreira	00:32:09	00:59:55	00:57:54	3253		V55	146
3239	2973	João Cunha	00:31:22	00:59:56	00:57:05	3068	Badjorans	Senior	751
3240	237	Nuno Oliveira	00:30:57	00:59:56	00:59:53	3566		V40	540

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3241	3100	Carla Dias	00:30:15	00:59:56	00:59:53	3571		V40	117
3242	1522	Ricardo Arraias	00:35:01	00:59:57	00:49:20	1514	Equation	V40	541
3243	5392	Susana Gaivoto	00:30:53	00:59:57	00:57:58	3274		Senior	175
3244	2899	Pedro Henriques	00:31:14	00:59:57	00:58:10	3304		V35	551
3245	4142	Leopoldino Marcelino	00:30:18	00:59:58	00:59:06	3442	g.d.chelas	V75	4
3246	4399	Ana Brito	00:30:41	00:59:58	00:58:30	3357		V35	108
3247	1972	José Carvalho	00:29:46	00:59:58	00:58:56	3419		V40	542
3248	514	Ricardo Silva	00:35:54	00:59:58	00:49:03	1449	CLUBE NOVO BANCO	V35	552
3249	2079	Rita Marques	00:29:11	00:59:58	00:59:51	3562	Masters Water Polo - Bamboora Gaming	V35	109
3250	1094	Gisela Monteiro	00:29:39	01:00:00	00:59:43	3539	EVELX - Associação de Estilos de Vida Saudável	Senior	176
3251	6026	Joaquim Silva	00:30:31	01:00:00	00:58:46	3399	Loureiros- Palmela-	V45	343
3252	6398	Paulo Carreiro	00:30:22	01:00:00	00:58:01	3283		V45	344
3253	2216	Filipa Pais	00:30:26	01:00:00	00:59:49	3555		V35	110
3254	1459	Sandra Torres	00:30:44	01:00:00	00:59:29	3507		V35	111
3255	4085	Isabel Redmont	00:30:43	01:00:01	00:58:11	3307		V45	58
3256	5747	Isabel Oliveira	00:29:36	01:00:01	00:59:14	3461		V45	59
3257	6050	Adelia Cabral	00:29:44	01:00:01	00:58:44	3394	ZêPê	V35	112
3258	3906	Carlos Silva	00:30:10	01:00:02	00:58:56	3420		V35	553
3259	4180	Bruno Silva	00:30:12	01:00:02	00:58:57	3423		V35	554
3260	3011	Francisco Sousa	00:29:15	01:00:02	00:59:58	3581	Equipa Tivoli	V35	555

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3261	4552	José Tanqueiro	00:30:54	01:00:03	00:57:44	3213		Senior	752
3262	4678	Jorge Ramos	00:31:00	01:00:04	00:58:34	3367		V40	543
3263	2787	Dulce Diogo	00:30:36	01:00:04	00:59:33	3519		V45	60
3264	2675	Maria Claro	00:32:42	01:00:05	00:53:21	2279		Senior	177
3265	4679	José Sitima	00:31:00	01:00:05	00:58:35	3375		V45	345
3266	4676	Lídia Ramos	00:31:00	01:00:05	00:58:35	3374		V40	118
3267	2843	Ines Aires	00:30:35	01:00:06	00:59:01	3431	PLEN	V35	113
3268	4794	Ivo Joaquim	00:30:38	01:00:06	00:58:22	3337		V40	544
3269	2467	Filipa Figueiredo	00:29:59	01:00:06	00:59:26	3499		V40	119
3270	4815	Susana França	00:31:47	01:00:06	00:58:55	3416	Carapaus de Corrida	V35	114
3271	2174	André Barros	00:31:00	01:00:06	00:58:47	3403		Senior	753
3272	5048	Eduardo Fonseca	00:27:57	01:00:06	01:00:01	3595		Senior	754
3273	1584	Hugo Ortiz	00:30:21	01:00:07	00:57:48	3227	Midwinners	Senior	755
3274	5969	Manuel Cardoso	00:30:21	01:00:08	00:59:04	3438		V45	346
3275	2495	Pedro Reis	00:33:30	01:00:08	00:52:20	2095		Junior	46
3276	998	Ana Ribeiro	00:31:33	01:00:09	00:58:00	3281		V35	115
3277	804	Álvaro Marujeiro	00:32:35	01:00:11	00:57:54	3252	Chafariz Running Team	V40	545
3278	822	Luísa Santos	00:29:47	01:00:12	00:59:13	3458		V45	61
3279	1334	Lénio Marinho	00:30:57	01:00:13	00:58:24	3343		V60	87
3280	6118	Fábio Sousa	00:30:24	01:00:13	00:59:02	3433		Senior	756

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3281	3089	Tânia Fernandes	00:28:56	01:00:13	00:59:57	3579		Senior	178
3282	6419	Rodrigo Domingues	00:28:49	01:00:14	00:59:58	3580		V35	556
3283	4366	Manuel Rodrigues	00:28:42	01:00:14	00:59:59	3588		V60	88
3284	6048	Nuno Moura	00:31:18	01:00:14	00:58:20	3333		Senior	757
3285	441	Nádia Lucas	00:30:22	01:00:15	00:58:34	3372	Breakaway	Senior	179
3286	4961	Valdemar Pereira	00:30:05	01:00:17	00:59:53	3567		V65	32
3287	2882	Filipe Machado	00:30:24	01:00:17	00:59:29	3506	PARBFRPPXXX	Senior	758
3288	3749	Manuel Prates	00:31:01	01:00:17	00:58:35	3376		V40	546
3289	5845	Diogo Cabral	00:35:00	01:00:17	00:53:00	2234		Senior	759
3290	2006	Amadiz Sasbino	00:36:02	01:00:17	00:52:27	2113	Azeitão Running	V40	547
3291	6475	Alexandra Médicis	00:33:18	01:00:19	00:53:46	2369		V40	120
3292	479	Antonio Santos	00:29:52	01:00:19	00:59:50	3560		V50	232
3293	4103	Rui Antunes	00:33:27	01:00:20	00:53:48	2380		Senior	760
3294	1735	Joao Sotomayor	00:33:52	01:00:21	00:52:22	2102		V50	233
3295	1707	Osvaldo Rodrigues	00:32:13	01:00:21	00:58:19	3328	BRRnightRUNNERS	V40	548
3296	1868	Lúis Ferreira	00:29:50	01:00:21	00:59:12	3454		V35	557
3297	2108	Jorge Pinto	00:30:31	01:00:21	00:59:34	3524		V40	549
3298	4473	José Sequeira	00:28:29	01:00:22	00:59:48	3551		V40	550
3299	3134	Daniela Dias	00:31:21	01:00:23	00:58:21	3335	Os Conta-Kilómetros	Senior	180
3300	871	Bruno Alexandre	00:35:04	01:00:23	00:52:54	2213	MONTEPIO - Castelo Branco	V40	551

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3301	2186	Antonio Pinto	00:34:26	01:00:24	00:53:33	2320		V50	234
3302	4466	Ana Brás	00:34:27	01:00:25	00:52:52	2202		Senior	181
3303	1406	Luis Campos	00:34:19	01:00:25	00:52:31	2124	Alverca Urban runners	V65	33
3304	142	Miguel Isaías	00:30:14	01:00:25	00:58:50	3407		V45	347
3305	766	Ricardo Peças	00:29:38	01:00:25	00:59:36	3529		V35	558
3306	333	Silvestre Machado	00:26:43	01:00:25	01:00:22	3646	MAC TEAM	V50	235
3307	952	Joao Carvalho	00:30:18	01:00:25	00:59:26	3497		V45	348
3308	2878	Luís Guerra	00:29:46	01:00:26	01:00:01	3593		V35	559
3309	5468	José Escudero	00:34:28	01:00:27	00:52:48	2188	Safaricom	Senior	761
3310	2412	Isabel Lino	00:31:28	01:00:27	00:58:37	3378	Grupo Estádio Nacional	V65	1
3311	2848	Pedro Cruz	00:30:11	01:00:27	01:00:00	3591	Lebres da Lapa	Senior	762
3312	4793	Pedro Curveira	00:30:18	01:00:27	01:00:06	3605		V55	147
3313	3514	Paulo Serra	00:30:33	01:00:27	00:59:57	3577	Bucelas	V40	552
3314	4672	Yeke Zhang	00:29:52	01:00:27	00:59:34	3523		Senior	763
3315	2414	José Alagador	00:31:33	01:00:28	00:58:38	3379	Grupo Estádio Nacional	V65	34
3316	2311	José Barreiros	00:30:51	01:00:28	00:58:39	3381		V40	553
3317	529	Carlos Oliveira	00:30:51	01:00:28	00:58:39	3384	CLUBE NOVO BANCO	V40	554
3318	2386	Jose Pacheco	00:32:07	01:00:29	00:58:49	3405		V50	236
3319	1899	Paulo Lourenço	00:32:17	01:00:29	00:58:48	3404		V50	237
3320	5587	Marta Figueiredo	00:30:46	01:00:29	00:59:03	3436		Senior	182

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3321	4293	Karolina Czajowska	00:29:23	01:00:30	00:59:57	3578	Hiscox Lions friends	Senior	183
3322	3643	Filipa Leitão	00:31:19	01:00:31	00:59:18	3477		V40	121
3323	2761	Vera Godinho	00:30:07	01:00:31	01:00:27	3664	Flechas Humanas	V35	116
3324	2280	Fernando Santos	00:29:53	01:00:31	01:00:30	3670	tartarugas solidarias	V65	35
3325	4735	José Mano	00:32:01	01:00:31	00:58:51	3409		V50	238
3326	3934	Silvestre Saraiva	00:31:51	01:00:31	00:59:24	3492		V60	89
3327	663	Daher Diniz	00:29:36	01:00:31	00:59:26	3500	CLUBE NOVO BANCO	V50	239
3328	521	Tânia Gonçalves	00:29:35	01:00:31	00:59:26	3498	CLUBE NOVO BANCO	V35	117
3329	2926	Rafael Barreira	00:30:46	01:00:31	00:58:40	3386		Senior	764
3330	806	Cristina Conde	00:31:37	01:00:32	00:59:20	3485		V40	122
3331	6122	João Rodrigues	00:32:18	01:00:32	00:58:51	3410		V55	148
3332	1793	Arménio Patrício	00:31:10	01:00:32	00:59:55	3575		V75	5
3333	2160	Jorge Rendeiro	00:28:11	01:00:32	01:00:23	3647	Movet	V35	560
3334	3556	Carlos Serrado	00:30:29	01:00:33	00:59:47	3546	FITNESSWAY PINHAL NOVO	V45	349
3335	6181	Ricardo Tostão	00:34:02	01:00:33	00:53:39	2352	BIVAC IBERICA	Senior	765
3336	2985	Alipio Costa	00:33:11	01:00:34	00:53:38	2348	BIVAC IBERICA	V50	240
3337	2567	Philip Otoole	00:32:58	01:00:34	00:59:12	3455		Junior	47
3338	1355	Isabel Rodrigues	00:30:02	01:00:35	01:00:24	3652		V45	62
3339	3708	João Pacheco	00:30:18	01:00:35	00:58:30	3355		Senior	766
3340	1392	Joana Ramos	00:31:56	01:00:36	00:58:19	3331		Senior	184

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3341	5038	Ricardo Agostinho	00:31:11	01:00:36	00:59:17	3472		V35	561
3342	3302	Mafalda Saraiva	00:29:23	01:00:36	01:00:26	3659	NMFS	V35	118
3343	784	Ana Folgado	00:31:15	01:00:36	01:00:03	3599		V40	123
3344	5990	Francisco Pires	00:30:16	01:00:36	00:59:24	3493		V40	555
3345	1125	Carla Pereira	00:31:11	01:00:37	00:59:19	3483		V40	124
3346	2988	Sara Carvalha	00:29:44	01:00:37	01:00:06	3606	BIVAC IBERICA	V40	125
3347	2992	Luis Lopes	00:29:44	01:00:38	01:00:06	3607	BIVAC IBERICA	V35	562
3348	4708	José Morujo	00:30:37	01:00:38	00:59:23	3488		V50	241
3349	2550	Angela Brito	00:30:05	01:00:38	00:58:44	3395		V50	30
3350	5393	Íldio Monteiro	00:31:01	01:00:38	00:59:53	3568		V65	36
3351	3651	Tania Silva	00:30:39	01:00:38	00:59:18	3478	just run it	V35	119
3352	1730	Manuel Pereira	00:30:22	01:00:38	00:59:03	3435		V60	90
3353	464	João Vaz	00:30:52	01:00:39	00:59:01	3430	FALCÕES SELVAGENS	V35	563
3354	1360	Lúcia Carvalho	00:29:35	01:00:39	01:00:30	3671	FALCÕES SELVAGENS	V50	31
3355	2650	Mariana Boleta	00:29:54	01:00:39	01:00:20	3642		Senior	185
3356	3905	Carla Teixeira	00:29:43	01:00:39	01:00:28	3666		Senior	186
3357	1691	Ester Martins	00:32:12	01:00:39	00:58:19	3330	Midwinners	Senior	187
3358	662	Cátia Anastácio	00:33:15	01:00:40	00:54:02	2430	CLUBE NOVO BANCO	Senior	188
3359	3904	Silvério Ramos	00:29:43	01:00:40	01:00:28	3665		Senior	767
3360	1242	Hugo Firmo	00:31:18	01:00:40	00:59:19	3481		Senior	768



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3361	5431	Maria Ferreira	00:29:38	01:00:41	01:00:40	3682		V55	10
3362	1496	João Barreto	00:30:46	01:00:41	00:59:25	3494		V35	564
3363	2087	Camila Fernandes	00:31:46	01:00:42	00:59:00	3427		Senior	189
3364	2123	Sofia Oliveira	00:29:36	01:00:43	01:00:41	3683	Lis Running CPA	Senior	190
3365	4833	Mario Almeida	00:29:58	01:00:43	00:58:59	3424		V35	565
3366	4074	Heidy Garmendia	00:31:12	01:00:45	00:58:37	3377		Junior	5
3367	4313	Silvia Carvalho	00:30:09	01:00:45	00:59:30	3511	Hiscox Lions	Senior	191
3368	5187	Lídia Santos	00:30:22	01:00:46	01:00:34	3673		V50	32
3369	4440	Sofia Abrantes	00:30:50	01:00:47	01:00:10	3613	Balhelhas	Senior	192
3370	3511	Elisabete Fernandes	00:30:12	01:00:47	01:00:15	3626	Bucelas	V35	120
3371	5113	Isabel Santos	00:29:43	01:00:47	01:00:45	3691	tartarugas solidarias	Senior	193
3372	675	Luisa Costa	00:29:55	01:00:48	01:00:12	3617		V45	63
3373	1654	Helena Moreira	00:31:32	01:00:48	00:59:23	3490		V45	64
3374	2766	Vanda Pereira	00:30:51	01:00:49	01:00:01	3594	Os Barriguitas	V45	65
3375	3171	Carlos Guerreiro	00:30:28	01:00:49	00:59:33	3522		V55	149
3376	1232	Fernando Pires	00:30:39	01:00:49	01:00:26	3663		V70	14
3377	63	Sérgio Candeias	00:30:26	01:00:50	00:59:54	3572		V40	556
3378	4057	Joel Alexandre	00:30:42	01:00:50	01:00:21	3643		V35	566
3379	2496	Daniel Romão	00:30:35	01:00:50	01:00:17	3631		Senior	769
3380	103	Eva Caetano	00:30:19	01:00:51	01:00:05	3604	Pump Runners	Senior	194

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3381	856	Bartolomeu Velez	00:31:04	01:00:51	00:59:45	3542		V50	242
3382	868	Filipe Silveira	00:34:33	01:00:51	00:53:48	2378	MONTEPIO - Castelo Branco	Senior	770
3383	1850	Simão Ribeiro	00:34:37	01:00:52	00:54:10	2457	Anda Cá	Junior	48
3384	5342	Paula Alves	00:29:38	01:00:52	01:00:45	3689		V45	66
3385	4058	Élia Alves	00:31:32	01:00:52	00:59:27	3501		V45	67
3386	890	Elsa Nunes	00:30:33	01:00:53	00:59:09	3448		V40	126
3387	293	Fernando Lourenço	00:33:59	01:00:53	00:53:06	2247		V35	567
3388	933	Célia Rafael	00:29:24	01:00:53	01:00:52	3710		V40	127
3389	3373	Nélia Perdigão	00:31:42	01:00:54	00:59:20	3484		V35	121
3390	4890	Vanda Sequeira	00:30:53	01:00:54	00:59:48	3548		V40	128
3391	4891	Catarina Morgado	00:30:53	01:00:55	00:59:48	3552		V35	122
3392	378	Francisco Ferro	00:31:26	01:00:55	00:59:00	3429		V45	350
3393	1138	Pedro Silva	00:29:21	01:00:55	01:00:51	3708	the bolts	Senior	771
3394	696	Sandra Monteiro	00:29:24	01:00:56	01:00:09	3612		V35	123
3395	1137	Ana Amado	00:29:21	01:00:56	01:00:50	3705	the bolts	Senior	195
3396	2540	Giovanna Franchi	00:29:45	01:00:56	01:00:18	3637		Senior	196
3397	3616	António Antunes	00:31:05	01:00:57	01:00:40	3681		V45	351
3398	5886	Isabel Bué	00:28:54	01:00:57	01:00:44	3686	Bué da Serras	Senior	197
3399	3864	António Oliveira	00:30:03	01:00:57	01:00:52	3713		V40	557
3400	1776	Luis Friaças	00:31:18	01:00:57	01:00:19	3641		V40	558

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3401	242	Luis Tavares	00:34:27	01:00:57	00:53:00	2232	MONTEPIO - Marketeers	V35	568
3402	1948	Nuno Moreno	00:31:21	01:00:58	00:58:45	3397		V40	559
3403	4905	Ana Varanda	00:31:21	01:00:58	01:00:02	3597		V40	129
3404	3938	Ana Rodrigues	00:30:52	01:00:59	01:00:13	3620		Senior	198
3405	950	Patrícia Alves	00:28:57	01:00:59	01:00:38	3679		Senior	199
3406	4087	Teresa Gray	00:31:51	01:00:59	00:59:39	3535		V50	33
3407	350	Rui Santos	00:31:12	01:00:59	01:00:25	3658		V45	352
3408	2938	António Guedes	00:30:19	01:01:00	01:00:17	3634	Açoreana Clube Banif	V40	560
3409	4502	Mónica Quarenta	00:30:19	01:01:00	01:00:17	3635	Açoreana Clube Banif	V40	130
3410	4777	Nuno Santo	00:30:18	01:01:00	01:00:16	3628	Açoreana Clube Banif	V45	353
3411	5238	Helena Santos	00:30:18	01:01:00	01:00:18	3638	Açoreana Clube Banif	V50	34
3412	6233	Armando Loureiro	00:31:59	01:01:01	00:59:34	3525		V65	37
3413	4778	Sandra Martins	00:30:20	01:01:01	01:00:18	3639	Açoreana Clube Banif	V35	124
3414	2940	Sofia Guedes	00:30:20	01:01:01	01:00:17	3632	Açoreana Clube Banif	V40	131
3415	5239	António Nunes	00:30:18	01:01:01	01:00:17	3636	Açoreana Clube Banif	V60	91
3416	5791	Patricia Ferreira	00:30:58	01:01:01	00:59:49	3553		Senior	200
3417	6212	Silvia Martins	00:29:45	01:01:02	01:00:40	3680		V40	132
3418	5119	António Lavrador	00:29:14	01:01:02	01:00:25	3654	Pernas de Gafanhoto	V40	561
3419	2334	Soraia Costa	00:31:04	01:01:02	00:58:50	3406	Gazelas Do tempo	Senior	201
3420	5499	Maria Eugénia	00:31:46	01:01:02	01:00:04	3601		V50	35

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3421	98	Tânia Sales	00:30:19	01:01:02	01:00:17	3633	Pump Runners	V35	125
3422	3808	Gonçalo Cardoso	00:28:32	01:01:03	01:00:25	3655		Senior	772
3423	5464	Carla Galhano	00:30:52	01:01:03	00:59:58	3587		V40	133
3424	6486	Tiago Túbal	00:28:43	01:01:03	01:00:52	3712		V40	562
3425	2841	Nuno Diniz	00:34:39	01:01:03	00:54:10	2456	Big Great Team	Senior	773
3426	20	Patrícia Pereira	00:30:46	01:01:03	01:00:26	3660		V35	126
3427	545	Domingas Santos	00:31:01	01:01:03	01:00:01	3596		V55	11
3428	3998	Isilda Barradas	00:29:56	01:01:04	00:59:59	3589		V65	2
3429	2763	João Fernandes	00:30:02	01:01:05	01:00:50	3704	Movet	V45	354
3430	4173	Hugo Viegas	00:32:15	01:01:05	00:57:56	3264		Senior	774
3431	1600	Hélio Marques	00:31:10	01:01:05	00:59:51	3561		Senior	775
3432	5727	João Figueiredo	00:33:58	01:01:06	00:53:48	2379	Câmara Lisboa Clube	V55	150
3433	5270	Eduardo Dias	00:33:06	01:01:06	00:54:21	2500		V40	563
3434	5746	Nuno Pereira	00:30:59	01:01:06	00:59:27	3502		Senior	776
3435	1599	Catarina Baptista	00:31:10	01:01:06	00:59:52	3563		Senior	777
3436	5986	Miguel Fonseca	00:31:31	01:01:07	00:59:46	3545		V40	564
3437	5277	Guiomar Soares	00:30:17	01:01:07	01:00:55	3724	Runners da frente Ribeirinha da Povia de Santa	V40	134
3438	5862	Vítor Pinto	00:29:14	01:01:07	00:59:49	3556		V35	569
3439	4186	Nelson Oliveira	00:31:01	01:01:07	01:00:08	3610		Senior	778
3440	4903	Tiago Fernandes	00:34:44	01:01:08	00:53:34	2324		Senior	779

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3441	2321	Sérgio Luís	00:29:47	01:01:08	01:00:55	3721	Team Pernetas	V35	570
3442	4856	Diogo Lopes	00:31:35	01:01:08	00:59:41	3537		Senior	780
3443	1177	Ana Silva	00:34:33	01:01:08	00:53:40	2357		V35	127
3444	1723	João Rodrigues	00:28:53	01:01:08	01:00:56	3725		Senior	781
3445	5291	Marisa Marques	00:30:41	01:01:08	01:00:24	3651		V35	128
3446	2200	Gonçalo Petinga	00:31:56	01:01:09	00:58:51	3408		Senior	782
3447	4975	Susana Monserrate	00:32:06	01:01:09	00:59:50	3557		V40	135
3448	314	Joao Veiga	00:29:55	01:01:09	01:01:00	3730		V65	38
3449	3108	Iolanda Vaz	00:31:17	01:01:09	00:59:53	3569		Senior	202
3450	5910	André Mendes	00:32:59	01:01:10	00:54:29	2535	Cofina Runners	V35	571
3451	3734	Telmo Coutinho	00:29:57	01:01:10	01:00:21	3644		V35	572
3452	4463	João Matos	00:30:41	01:01:10	00:59:07	3443		Senior	783
3453	2450	Beta Sequeira	00:31:01	01:01:10	01:00:49	3700		V35	129
3454	2035	Sebastiao Lameiras	00:30:19	01:01:11	01:00:56	3727		V45	355
3455	3271	Bruno Marques	00:31:03	01:01:11	00:59:13	3457		Senior	784
3456	18	Nuno Ricardo	00:31:34	01:01:11	00:59:55	3574		V35	573
3457	4404	Alfredo Martins	00:28:32	01:01:11	01:01:09	3745		V40	565
3458	5778	Daniel Reis	00:30:41	01:01:12	00:59:39	3534		Senior	785
3459	852	Pedro Ferreira	00:31:29	01:01:13	00:59:45	3541	MONTEPIO - Marketeers	Senior	786
3460	5149	Carlos Viegas	00:29:58	01:01:13	00:59:41	3536	GDCT Unicre	V55	151

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3461	1074	Maria Pereira	00:28:30	01:01:14	01:00:55	3723		V40	136
3462	3287	Marlene Freitas	00:31:58	01:01:14	00:59:48	3549		Senior	203
3463	2626	Pedro Diniz	00:34:39	01:01:14	00:54:22	2505	Big Great Team	Senior	787
3464	3986	Marcos Martins	00:31:01	01:01:14	01:00:15	3625		Senior	788
3465	1883	João Vieira	00:31:13	01:01:15	00:59:37	3531	FALCÕES SELVAGENS	V40	566
3466	3288	Rui Neves	00:31:57	01:01:15	00:59:50	3558		Senior	789
3467	5167	Pedro Arroja	00:32:02	01:01:15	00:59:27	3504	GDCT Unicre	V40	567
3468	4519	Bruno Silva	00:34:07	01:01:15	00:53:36	2334	MaGni7	V40	568
3469	4506	João Nita	00:31:15	01:01:15	00:59:06	3441		V40	569
3470	4196	João Ferreira	00:33:17	01:01:16	00:54:11	2461		V35	574
3471	4522	Joana Trigo	00:34:07	01:01:16	00:53:37	2340	MaGni7	Senior	204
3472	5444	Olívia Gaspar	00:31:51	01:01:18	00:59:48	3550		V40	137
3473	5061	Francisco Macheta	00:31:51	01:01:18	00:59:48	3547		V40	570
3474	2543	Luís Duarte	00:35:26	01:01:19	00:53:47	2373		V35	575
3475	6151	Catarina Almeida	00:34:32	01:01:19	00:54:31	2543		Senior	205
3476	6124	Carlos Dias	00:29:38	01:01:19	00:59:19	3480		V35	576
3477	575	Nuno Jesus	00:31:08	01:01:20	00:59:33	3521		V35	577
3478	574	Elisabete Pinhel	00:31:08	01:01:20	00:59:33	3520		V40	138
3479	1078	Paulo Cerqueira	00:30:00	01:01:20	01:01:14	3753		V45	356
3480	2558	Filomena Capelo	00:32:58	01:01:20	00:59:55	3576		V45	68

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3481	5677	António Alves	00:30:07	01:01:20	01:01:06	3737	Odebrecht Portugal	V55	152
3482	4602	Hugo Paulito	00:30:48	01:01:20	01:01:01	3731	Os Duros	V40	571
3483	1167	Ana Dias	00:31:40	01:01:21	01:00:05	3603		Senior	206
3484	1079	Jose Cerqueira	00:30:00	01:01:21	01:01:14	3754		V50	243
3485	5166	Ana Madeira	00:32:02	01:01:21	00:59:34	3526	GDCT Unicre	V40	139
3486	4604	João Rito	00:30:48	01:01:21	01:01:01	3732	Os Duros	V55	153
3487	5242	Ricardo Sousa	00:31:55	01:01:21	00:59:05	3439		V35	578
3488	1081	Nidia Valadares	00:35:27	01:01:21	00:53:50	2387		V35	130
3489	612	Dorindo Ferreira	00:29:16	01:01:21	01:00:14	3622	Ferreira	V65	39
3490	3722	Luis Marques	00:31:56	01:01:22	00:59:05	3440		Senior	790
3491	478	Maria Monteiro	00:31:40	01:01:22	01:00:24	3650		V45	69
3492	2053	António Mendes	00:33:35	01:01:22	00:54:42	2586		V50	244
3493	3029	Antonio Cordeiro	00:33:30	01:01:22	00:59:53	3570	Encosta Team	V45	357
3494	2752	Maria Teixeira	00:31:46	01:01:23	01:00:12	3618	Carapaus de Corrida	Senior	207
3495	1336	Rosa Falardo	00:30:07	01:01:23	01:01:11	3747		V50	36
3496	3953	João Filipe	00:30:59	01:01:23	01:00:26	3662		V35	579
3497	5289	Antonio Varela	00:31:12	01:01:23	01:00:37	3678		V50	245
3498	5563	Pedro Pereira	00:31:19	01:01:24	01:00:00	3592		V35	580
3499	2315	Ana Costa	00:33:13	01:01:24	00:54:43	2593		Senior	208
3500	1603	Carlos Valentim	00:32:35	01:01:24	00:59:16	3470		V40	572

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3501	732	Telmo Sousa	00:32:25	01:01:25	00:59:18	3474	Correr em Família	V35	581
3502	1694	João Costa	00:29:43	01:01:25	01:01:15	3758		Senior	791
3503	364	Maria Simoes	00:31:15	01:01:25	01:00:08	3609		V45	70
3504	2812	Yuichi Takey	00:34:14	01:01:26	00:54:12	2465		V45	358
3505	345	Pedro Ferreira	00:31:00	01:01:26	00:59:18	3476		Senior	792
3506	6312	Sofia Forte	00:32:04	01:01:26	00:59:29	3510		V40	140
3507	4721	Marlene Mendes	00:34:44	01:01:26	00:53:31	2310	Maria Guga	V35	131
3508	5923	Nelson Barreiros	00:30:55	01:01:27	00:59:38	3533	Cofina Runners	V45	359
3509	5501	Luis Ramos	00:29:09	01:01:27	01:00:56	3726		V45	360
3510	1271	Rozires Ferreira	00:32:06	01:01:27	00:59:09	3449		Senior	209
3511	5492	Fernando Pedro	00:34:38	01:01:28	00:53:35	2333	Mercedes-Benz	V40	573
3512	1367	Ricardo Matos	00:34:38	01:01:28	00:53:35	2331	Alverca Urban runners	V40	574
3513	3786	Sonia Ferreira	00:34:34	01:01:28	00:59:18	3475	Mulheres Amigas	Senior	210
3514	4747	Alexandre Sousa	00:30:03	01:01:28	01:01:23	3772		Senior	793
3515	2931	Carla Pereira	00:31:17	01:01:29	01:00:53	3714		Senior	211
3516	2625	Daniela Diniz	00:34:38	01:01:29	00:54:37	2570	Big Great Team	Senior	212
3517	3788	Elaine Lopes	00:34:34	01:01:29	00:59:19	3482	Mulheres Amigas	V35	132
3518	2289	Fernando Silva	00:31:57	01:01:30	00:59:37	3530	Amigos Vale Silencio	V50	246
3519	2290	António Silva	00:31:57	01:01:30	00:59:37	3532	Amigos Vale Silencio	V70	15
3520	4451	Manuel Pereira	00:30:33	01:01:30	01:01:09	3743		V40	575



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3521	1935	Rita Pais	00:30:14	01:01:31	01:01:29	3781		V35	133
3522	1190	Marcos Curado	00:29:50	01:01:31	01:00:46	3695	PARBFRPPXXX	Senior	794
3523	4089	Waldemar Coroado	00:30:15	01:01:31	01:01:29	3780		V55	154
3524	4359	Ricardo Castanhinha	00:34:10	01:01:31	00:58:13	3311	Equipa Tivoli	V35	582
3525	666	Luísa Rego	00:30:52	01:01:31	00:59:59	3590	CLUBE NOVO BANCO	V45	71
3526	1655	Tiago Pito	00:31:20	01:01:31	00:59:30	3512		V35	583
3527	2264	Luís Soares	00:31:19	01:01:33	00:59:15	3466	TroubleMakers	Senior	795
3528	2500	Cecília Nicolau	00:30:20	01:01:33	00:59:58	3584	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V45	72
3529	6324	Rui Simões	00:30:19	01:01:33	00:59:58	3583		V35	584
3530	6325	António Teixeira	00:30:20	01:01:33	00:59:58	3582		V35	585
3531	6196	Paula Mariano	00:33:27	01:01:35	00:54:30	2537		V40	141
3532	3865	Virgínia Delgado	00:30:03	01:01:35	01:01:30	3782		V40	142
3533	3265	Maria Viegas	00:30:25	01:01:35	01:01:24	3773		V40	143
3534	109	Susana Malheiro	00:31:05	01:01:35	01:00:57	3728		Senior	213
3535	2020	Marta Fernandes	00:29:33	01:01:35	01:01:34	3793	Lis Running CPA	V35	134
3536	6243	Antonio Satiro	00:31:41	01:01:36	01:00:08	3608	Os Carregueirenses	Senior	796
3537	1064	Joaquim Santos	00:31:35	01:01:36	00:59:35	3528	EVELX - Associação de Estilos de Vida Saudável	V65	40
3538	6360	Sonia Marques	00:31:21	01:01:36	01:00:54	3718		V40	144
3539	228	Marco Cardoso	00:29:04	01:01:36	01:01:07	3739		V40	576
3540	377	Domingos Rodrigues	00:32:21	01:01:37	00:59:16	3468		V40	577

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3541	6279	David Serrano	00:33:05	01:01:37	00:59:52	3565		Senior	797
3542	4640	José Alves	00:30:20	01:01:37	01:01:31	3788		V65	41
3543	4644	Natália Lopes	00:30:20	01:01:38	01:01:32	3791		V45	73
3544	839	António Guerreiro	00:33:45	01:01:38	00:55:00	2652		V50	247
3545	5067	Isabel Caparica	00:32:07	01:01:39	01:00:35	3675		V40	145
3546	2536	Rui Guerreiro	00:33:44	01:01:39	00:55:01	2655		V40	578
3547	2965	Maria Silva	00:30:45	01:01:39	01:01:05	3736	Os Gazelas Imparáveis	Junior	6
3548	5262	Vasco Ferreira	00:29:51	01:01:40	01:00:53	3717	GDCTINCM	V35	586
3549	5222	Manuel Pereira	00:29:09	01:01:41	01:01:37	3801		V40	579
3550	5014	Sérgio Brito	00:31:19	01:01:41	01:00:02	3598		V35	587
3551	1435	Francisco Gomes	00:31:20	01:01:41	01:01:11	3748		V50	248
3552	1231	Maria Alexandre	00:30:27	01:01:41	01:01:18	3766		V60	6
3553	5482	Nuno Duarte	00:33:39	01:01:41	00:54:43	2595		Senior	798
3554	4594	Maria Barrancos	00:30:58	01:01:42	01:00:25	3657	B&O	V40	146
3555	3357	Jorge Marques	00:34:38	01:01:42	01:01:09	3744		Senior	799
3556	1810	Isabel Dias	00:31:44	01:01:42	00:59:23	3491		V45	74
3557	127	Pedro Calhau	00:33:17	01:01:42	00:59:30	3514		V35	588
3558	1809	Sônia Domingos	00:31:44	01:01:43	00:59:23	3489		V35	135
3559	6227	Joao Meireles	00:37:45	01:01:43	00:53:53	2399		Senior	800
3560	4999	Vítor Nunes	00:30:16	01:01:43	01:00:43	3684		V35	589

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3561	2889	Joana Luís	00:31:16	01:01:43	01:01:17	3764		Senior	214
3562	4618	Gonçalo Patrício	00:33:36	01:01:44	00:55:16	2707		Senior	801
3563	874	Maria Fialho	00:30:28	01:01:45	01:00:34	3674		Senior	215
3564	4119	Diana Vieira	00:31:15	01:01:45	01:00:17	3630		Senior	216
3565	5412	Maria Anselmo	00:30:11	01:01:45	01:01:35	3795		V45	75
3566	4730	Telma Ponciano	00:33:47	01:01:45	00:55:12	2694	Masters Water Polo - Bambooora Gaming	Senior	217
3567	2815	Sofia Gomes	00:30:22	01:01:46	01:01:36	3796		V35	136
3568	2235	Maria Horta	00:31:44	01:01:46	01:01:10	3746		V45	76
3569	1917	Catarina Castro	00:31:21	01:01:46	01:00:15	3624	tartarugas solidarias	Senior	218
3570	5506	José Calvário	00:29:22	01:01:46	01:01:21	3771		V70	16
3571	5647	Cláudia Madeira	00:31:16	01:01:47	00:59:44	3540		V35	137
3572	3689	Emilia Janela	00:31:22	01:01:47	01:00:16	3627	tartarugas solidarias	V50	37
3573	5425	Nuno Gonçalves	00:30:26	01:01:48	01:01:32	3790		V50	249
3574	2105	Claudino Ressurreição	00:34:10	01:01:48	00:54:52	2624		V60	92
3575	1168	Luís Oliveira	00:34:56	01:01:48	00:54:31	2545		Senior	802
3576	5710	Victória Sukhótskaya	00:29:59	01:01:49	01:01:47	3817		V50	38
3577	5175	Dingchun Chen	00:32:06	01:01:49	01:00:36	3676		Senior	803
3578	6165	Ana Borges	00:29:58	01:01:50	01:01:45	3814		V35	138
3579	6148	Duarte Sousa	00:33:52	01:01:51	00:54:29	2531		Senior	804
3580	4277	Diego Solis	00:30:20	01:01:51	01:01:37	3800	Hiscox Penguins	Senior	805

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3581	467	Joao Nogueira	00:29:34	01:01:53	01:01:16	3759		V50	250
3582	2438	Jorge Vasco	00:29:46	01:01:54	01:01:16	3760		V40	580
3583	1804	Jorge Cerejeira	00:29:44	01:01:54	01:00:21	3645		V45	361
3584	1859	Patrícia Miranda	00:30:54	01:01:54	01:01:30	3784		V40	147
3585	2303	Ana Araújo	00:32:39	01:01:55	01:00:33	3672		V50	39
3586	2549	Antonio Brito	00:31:10	01:01:55	01:00:50	3706		V50	251
3587	5137	Luis Corista	00:33:32	01:01:56	00:55:19	2719	CLUBE ANACOM	V45	362
3588	5766	Lisa Santos	00:31:21	01:01:56	01:00:48	3699		V35	139
3589	5619	Mónica Ferreira	00:32:09	01:01:57	01:01:11	3749	ROFF	Senior	219
3590	893	Paula Sarvaiva	00:32:02	01:01:58	01:01:25	3776		V40	148
3591	1626	Dora Matos	00:31:19	01:01:58	01:01:04	3735		V45	77
3592	3190	Nelson Oliveira	00:30:45	01:01:58	01:00:36	3677		V70	17
3593	2357	Aline Correia	00:30:09	01:01:59	01:01:53	3828	GRCD Leião	Senior	220
3594	2544	Eduardo Lopes	00:31:20	01:01:59	01:00:46	3694		V45	363
3595	5671	Joao Martins	00:34:43	01:02:00	00:54:41	2582		V35	590
3596	2825	Hugo Dias	00:34:44	01:02:00	00:54:40	2578		Senior	806
3597	439	Olivia Lucas	00:31:53	01:02:01	01:00:19	3640	Breakaway	V45	78
3598	5670	Nuno Melo	00:35:32	01:02:01	00:54:49	2609		V35	591
3599	4559	Maria Puga	00:31:59	01:02:01	01:00:11	3614		V50	40
3600	2491	Tomás Cascão	00:30:38	01:02:01	01:00:45	3688		Junior	49

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3601	2137	Filipe Santos	00:35:33	01:02:02	00:54:51	2618	Confiançudos	V35	592
3602	2139	Nuno Alfredo	00:35:31	01:02:02	00:54:53	2627	Confiançudos	V35	593
3603	2140	Rita Mendes	00:35:31	01:02:02	00:54:53	2628	Confiançudos	V35	140
3604	2134	João Pinheiro	00:35:31	01:02:02	00:54:54	2636	Confiançudos	V45	364
3605	2348	Helder Almeida	00:31:16	01:02:02	00:59:58	3585		V45	365
3606	106	Nuno Grandão	00:30:47	01:02:03	01:01:17	3765		V40	581
3607	4527	Cristina Cruz	00:31:39	01:02:03	01:00:47	3697		Senior	221
3608	3193	Carla Leocádio	00:33:37	01:02:04	00:55:37	2776		Senior	222
3609	4588	Júlio Costa	00:32:44	01:02:04	01:00:28	3668		V45	366
3610	4673	Nuno Azevedo	00:30:29	01:02:04	01:00:53	3715		V40	582
3611	2987	Teresa Sousa	00:29:27	01:02:05	01:01:41	3806	BIVAC IBERICA	V45	79
3612	4306	Hugo Fernandes	00:30:52	01:02:05	01:00:43	3685	Hiscox Lions	Senior	807
3613	4484	Ana Gomes	00:30:10	01:02:05	01:02:00	3845		Senior	223
3614	5184	Rui Freixo	00:34:27	01:02:06	00:55:05	2671		Senior	808
3615	2776	Luis Simões	00:31:46	01:02:06	00:59:52	3564		V55	155
3616	1940	Marisa Larguinho	00:31:29	01:02:07	01:00:13	3619		Senior	224
3617	4495	Rui Lobato	00:31:17	01:02:08	01:00:49	3701		V50	252
3618	6107	Renato Andrade	00:31:51	01:02:09	01:00:05	3602	Coyotecujo	V35	594
3619	676	Jorge Narciso	00:31:36	01:02:09	01:00:16	3629		V55	156
3620	2876	Diana Gonçalves	00:30:25	01:02:09	01:01:49	3821		Senior	225

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3621	6017	Beatriz Silva	00:31:45	01:02:10	00:59:50	3559		V40	149
3622	3915	Hugo Costa	00:31:51	01:02:10	01:01:20	3769	Desbunda Race Team	Senior	809
3623	3665	Inês Pereira	00:31:09	01:02:11	01:00:45	3687	Rebenta Milhas	Senior	226
3624	435	Ana Gomes	00:32:50	01:02:11	01:01:08	3742		Senior	227
3625	2097	Dina Oliveira	00:31:12	01:02:12	01:01:08	3741		V45	80
3626	1835	José Rego	00:31:20	01:02:12	01:02:03	3853	Sofia e Zé	V35	595
3627	2297	Julia Andrade	00:32:13	01:02:13	01:00:25	3653		V35	141
3628	4718	Maria Antunes	00:34:49	01:02:14	00:54:18	2492	Maria Guga	Senior	228
3629	190	Maria Silva	00:34:08	01:02:15	00:55:11	2688		V45	81
3630	5368	Diogo Martins	00:31:34	01:02:15	01:01:37	3797		Junior	50
3631	1860	Paulo Magalhães	00:34:38	01:02:16	00:54:59	2651		V35	596
3632	1861	Paulo Gonçalves	00:34:38	01:02:16	00:55:00	2653		V40	583
3633	6434	João Gil	00:32:29	01:02:17	01:00:51	3707		Senior	810
3634	6435	Maria Ribeiro	00:32:29	01:02:17	01:00:51	3709		Senior	229
3635	4170	Célia Veiga	00:31:26	01:02:18	01:01:44	3811		Senior	230
3636	2721	Cheila Henriques	00:34:19	01:02:19	00:54:37	2569	Alverca Urban runners	Senior	231
3637	3626	Rui Veiga	00:36:51	01:02:20	00:54:15	2476		V55	157
3638	2551	Marisa Silva	00:31:12	01:02:20	01:00:26	3661		V40	150
3639	5915	David Fernandes	00:34:25	01:02:20	00:54:55	2638	Cofina Runners	Senior	811
3640	4601	Joaquim Abegao	00:31:22	01:02:21	01:02:05	3857		V50	253

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3641	4990	Hugo Gonçalves	00:34:51	01:02:22	00:54:52	2625		V40	584
3642	3493	Sandra Duarte	00:30:32	01:02:22	01:02:19	3878		V35	142
3643	3804	Luís Matos	00:28:07	01:02:22	01:02:22	3891		V40	585
3644	3640	Filipa Costa	00:30:32	01:02:22	01:02:19	3881		V35	143
3645	2683	Mónica Martins	00:30:02	01:02:23	01:01:21	3770	Caracóis Turbinados	Senior	232
3646	5839	Paulo Niny	00:30:14	01:02:23	01:01:46	3815	Pernas de Gafanhoto	V35	597
3647	678	José Silva	00:31:14	01:02:24	01:01:24	3774		V40	586
3648	4876	Luís Mexia	00:34:16	01:02:25	00:55:55	2840		V45	367
3649	2880	Ricardo Figueiredo	00:36:31	01:02:27	00:54:47	2605		V45	368
3650	4720	Idania Rodrigues	00:35:14	01:02:28	00:54:31	2542	Maria Guga	Senior	233
3651	1792	Luís Malato	00:29:20	01:02:28	01:02:23	3892		V45	369
3652	29	Mariana Bizarro	00:29:37	01:02:29	01:02:26	3897		V40	151
3653	3201	António Lourenço	00:31:22	01:02:30	01:00:24	3649		Senior	812
3654	5854	Nuno Martins	00:30:08	01:02:30	01:01:48	3819		V35	598
3655	4117	Ricardo Fonseca	00:30:33	01:02:30	01:00:52	3711	Evolution	V40	587
3656	5855	Nuno Fernandes	00:30:09	01:02:30	01:01:51	3823		V35	599
3657	3155	Miguel Santos	00:30:40	01:02:33	01:00:14	3623	Quebra-Milhas	Senior	813
3658	6203	Pedro Marcondes	00:32:48	01:02:34	01:00:28	3667		V60	93
3659	3925	Paulo Capela	00:32:02	01:02:34	01:01:59	3841		V45	370
3660	1397	Alexandra Queiroz	00:31:07	01:02:35	01:00:45	3690		V45	82

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3661	900	Joana Caldeira	00:31:10	01:02:35	01:02:10	3864		Senior	234
3662	2391	Catarina Fontinha	00:32:38	01:02:35	01:01:16	3761		V35	144
3663	2388	Paulo Mendes	00:32:37	01:02:35	01:01:17	3762		Senior	814
3664	5790	Tiago Ferreira	00:31:31	01:02:36	01:01:24	3775		Senior	815
3665	6294	Joao Silva	00:29:44	01:02:36	01:01:26	3777		Senior	816
3666	5273	Ana Costa	00:30:48	01:02:37	01:02:25	3894		Senior	235
3667	1671	Rui Domingues	00:31:30	01:02:38	01:01:30	3786	Speed of Yellow	V50	254
3668	5883	Ines Duarte	00:30:34	01:02:39	01:02:08	3862		V40	152
3669	2512	Paulo Sousa	00:35:22	01:02:40	00:55:18	2714	GDCTINCM	V40	588
3670	1429	Armando Durão	00:31:25	01:02:40	01:01:13	3752		V50	255
3671	2445	João Tavares	00:30:56	01:02:41	01:01:32	3789		Senior	817
3672	3848	Maycon Heretier	00:31:41	01:02:43	01:00:48	3698		V35	600
3673	1409	Vasco Pipa	00:30:40	01:02:44	01:02:36	3915		V50	256
3674	5471	José Capela	00:35:06	01:02:44	00:55:05	2674	Safaricom	Senior	818
3675	6153	Ricardo Oliveira	00:32:00	01:02:45	01:01:15	3757		V35	601
3676	68	Catarina Simão	00:32:00	01:02:45	01:01:15	3756		V35	145
3677	6156	Antonio Silva	00:31:45	01:02:45	01:00:45	3692		V60	94
3678	5881	Ramalho	00:32:24	01:02:45	01:01:44	3809		Senior	819
3679	271	António Faria	00:34:21	01:02:46	00:55:49	2820		V60	95
3680	614	Sofia Bernardes	00:32:07	01:02:46	01:00:58	3729		V35	146



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3681	2952	André Ferreira	00:30:52	01:02:46	01:01:35	3794		Senior	820
3682	2990	Vanda Brissos	00:34:17	01:02:46	00:56:11	2902	BIVAC IBERICA	V45	83
3683	3515	Alexandra Sousa	00:32:09	01:02:47	01:00:46	3693		V35	147
3684	4913	Sandrina Fernandes	00:30:34	01:02:47	01:02:10	3865		V35	148
3685	6020	Patrícia Pinto	00:34:56	01:02:48	00:56:19	2924	G.D.A.	V35	149
3686	4465	Diogo Matos	00:35:16	01:02:48	00:55:18	2717		V35	602
3687	5576	Bruno Matos	00:35:16	01:02:49	00:55:16	2706		V40	589
3688	3179	Henrique Girão	00:31:33	01:02:49	01:02:37	3922		V65	42
3689	4477	Anabela Simões	00:31:38	01:02:50	01:01:56	3836		V45	84
3690	3014	João Maionde	00:35:38	01:02:50	00:59:30	3513	Equipa Tivoli	Senior	821
3691	1657	Luis Monteiro	00:30:15	01:02:50	01:02:30	3907		V35	603
3692	2406	Ana Rodrigues	00:29:57	01:02:51	01:02:46	3943		Senior	236
3693	5704	Karine Ramos	00:30:41	01:02:51	01:02:01	3846		V35	150
3694	5024	Catarina Azevedo	00:32:44	01:02:52	01:01:44	3810		V35	151
3695	5124	Ana Madruga	00:31:42	01:02:52	01:01:51	3825	Rumo ao 35	V35	152
3696	5165	Bento Correia	00:30:27	01:02:52	01:02:43	3936	GDCT Unicre	V50	257
3697	4862	Luis Martins	00:32:10	01:02:53	01:02:38	3928		V40	590
3698	4859	Nuno Martins	00:32:09	01:02:53	01:02:37	3924		Senior	822
3699	6238	Eduardo Mendes	00:32:15	01:02:53	00:59:46	3543		Senior	823
3700	5877	André Lopes	00:29:17	01:02:54	01:01:53	3827		V35	604

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3701	5452	Mafalda Castro	00:34:24	01:02:54	00:55:45	2802		Senior	237
3702	4059	Joaquim Alves	00:31:34	01:02:54	01:01:28	3779		V45	371
3703	4362	Rute Cardoso	00:32:17	01:02:54	01:02:04	3854		V35	153
3704	3625	Ana Marques	00:31:57	01:02:54	01:02:04	3855		V40	153
3705	5940	Sergio Oliveira	00:32:54	01:02:54	01:00:49	3702		V40	591
3706	624	Jorge Baptista	00:31:15	01:02:55	01:02:42	3934		V60	96
3707	3798	Filipe Garcia	00:28:40	01:02:55	01:02:54	3957		Senior	824
3708	1098	Elisabeth Loureiro	00:31:13	01:02:55	01:02:06	3859	Sporting Clube de Casainhos	V55	12
3709	2527	Jeronimo Santos	00:35:55	01:02:55	00:55:32	2760	Os indomaveis	V65	43
3710	2524	Antonio Silva	00:35:55	01:02:55	00:55:33	2761	Os indomaveis	V55	158
3711	3673	Pedro Costa	00:31:43	01:02:55	01:02:35	3913	Rebenta Milhas	V35	605
3712	1502	Mi Sun	00:34:40	01:02:56	00:55:34	2765		Senior	825
3713	2007	Hélio Augusto	00:36:03	01:02:56	00:55:07	2677	Azeitão Running	V35	606
3714	5694	Alexandra Santos	00:30:47	01:02:57	01:02:07	3861		Senior	238
3715	5695	Nuno Barradas	00:30:46	01:02:57	01:02:07	3860		Senior	826
3716	6241	Juliana Costa	00:31:15	01:02:58	01:01:39	3802		Senior	239
3717	84	Ricardo Viana	00:31:41	01:02:58	01:01:30	3783	MONTEPIO - Marketeers	V35	607
3718	2054	Luis Albuquerque	00:31:02	01:02:58	01:02:30	3906		V40	592
3719	3434	Paulo Costa	00:32:25	01:02:58	01:01:08	3740		Senior	827
3720	4693	Cátia Mansilha	00:31:02	01:02:59	01:02:47	3946		Senior	240

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3721	4996	Adozinda Rito	00:30:03	01:02:59	01:02:40	3931		V55	13
3722	1234	Tiago Caldeira	00:29:23	01:02:59	01:02:59	3963		Senior	828
3723	988	Otelinda Sousa	00:35:27	01:03:00	00:55:29	2749		V35	154
3724	740	Ana Sousa	00:31:50	01:03:00	01:02:14	3872		V35	155
3725	597	Pedro Barroso	00:37:05	01:03:00	00:52:06	2036		Senior	829
3726	5914	Carlota Montenegro	00:35:15	01:03:01	00:55:35	2773	Cofina Runners	Senior	241
3727	3431	Luis Almeida	00:32:21	01:03:01	01:01:46	3816		V45	372
3728	3412	Sónia Domingos	00:32:14	01:03:01	01:01:30	3785		Senior	242
3729	2126	Ji Zhang	00:32:11	01:03:02	01:02:36	3918		Senior	830
3730	5927	Tiago Almeida	00:36:20	01:03:02	00:55:40	2790	Cofina Runners	Senior	831
3731	2249	Beatriz Aranda	00:30:32	01:03:03	01:02:25	3895		Senior	243
3732	2425	Rita Saldanha	00:30:49	01:03:03	01:02:43	3935		Senior	244
3733	2250	Hugo Ortins	00:30:32	01:03:03	01:02:26	3899		Senior	832
3734	4643	Vítor Gonçalves	00:30:56	01:03:04	01:02:36	3919		V45	373
3735	4642	Guilherme Nunes	00:30:56	01:03:04	01:02:37	3925		V65	44
3736	5399	Filipa Figueira	00:32:44	01:03:04	01:01:57	3838		V35	156
3737	1669	Sandra Marques	00:31:38	01:03:05	01:01:02	3733	Os Conta-Kilómetros	Senior	245
3738	2526	Antonio Castanheira	00:35:44	01:03:06	00:55:41	2792	Os indomaveis	V70	18
3739	1634	Carlos Correia	00:30:15	01:03:06	01:02:57	3962		V35	608
3740	3056	Alexandra Silva	00:31:09	01:03:06	01:02:47	3948		V40	154

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3741	5027	Tiago Pinhel	00:33:01	01:03:06	01:01:12	3750		V35	609
3742	5028	Joana Vitorino	00:33:01	01:03:06	01:01:12	3751		Senior	246
3743	2504	Antonio Nasci,Ento	00:32:08	01:03:07	01:02:12	3870	GDCTINCM	V70	19
3744	2616	Maria Lima	00:30:49	01:03:07	01:02:38	3927	LaSurena	V55	14
3745	3437	José Gonçalves	00:35:27	01:03:08	00:56:15	2915		V40	593
3746	524	Ana Fernandes	00:31:47	01:03:10	01:01:17	3763	CLUBE NOVO BANCO	Senior	247
3747	3110	Paula Rodrigues	00:31:34	01:03:11	01:02:36	3916		V35	157
3748	3504	Bruna Franco	00:33:03	01:03:11	01:01:37	3798		Senior	248
3749	3107	Sezinanda Guerreiro	00:32:37	01:03:12	01:01:56	3834		Senior	249
3750	3235	António Silva	00:36:20	01:03:12	00:55:35	2770		Senior	833
3751	4695	António Ferreira	00:30:31	01:03:12	01:03:11	3978		V50	258
3752	1408	Raquel Peças	00:31:10	01:03:12	01:02:28	3903		Senior	250
3753	5481	Pedro Pessegueiro	00:33:44	01:03:13	01:01:45	3813		V40	594
3754	3048	Rui Figueiredo	00:31:17	01:03:13	01:03:03	3969		V50	259
3755	5737	Nuno Abreu	00:28:32	01:03:13	01:02:29	3904		V35	610
3756	5259	Carla Vieira	00:31:46	01:03:14	01:02:22	3890	Solera Runners	V35	158
3757	3489	Ana Faria	00:32:10	01:03:14	01:02:50	3952		Senior	251
3758	523	Xana Filipe	00:30:31	01:03:14	01:02:59	3964	CLUBE NOVO BANCO	V40	155
3759	3072	Patrícia Conceição	00:32:11	01:03:15	01:02:27	3900		Senior	252
3760	5068	João Caparica	00:32:19	01:03:16	01:02:12	3868		V45	374

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3761	3741	Pedro Lima	00:34:16	01:03:17	00:56:34	2978		Senior	834
3762	65	Gilda Ferreira	00:31:10	01:03:17	01:02:37	3921		V45	85
3763	2901	Dora Gomes	00:31:44	01:03:17	01:02:36	3914		V40	156
3764	229	Cesar Guerra	00:32:53	01:03:18	01:02:05	3858		V45	375
3765	1292	João Vaz	00:35:46	01:03:18	00:56:12	2905		V35	611
3766	4558	Luis Charréu	00:32:53	01:03:18	01:02:05	3856		V45	376
3767	4012	Pedro Dias	00:32:48	01:03:18	01:01:31	3787	PRAFIT CLUB	V35	612
3768	5394	Daniel Figueiredo	00:31:00	01:03:19	01:02:03	3852		V35	613
3769	534	João Antunes	00:31:08	01:03:20	01:01:56	3832	CLUBE NOVO BANCO	Senior	835
3770	2854	Sofia Luís	00:30:56	01:03:20	01:02:56	3959	Lebres da Lapa	V35	159
3771	3385	Maria Rodrigues	00:31:38	01:03:21	01:02:02	3851		V50	41
3772	4804	Ana Calinas	00:31:11	01:03:22	01:01:55	3829	SS CGD	V40	157
3773	6207	Celina Coutinho	00:31:23	01:03:22	01:01:56	3831	SS CGD	V40	158
3774	4849	Paulo Pereira	00:36:07	01:03:23	00:55:27	2739		V50	260
3775	386	Lurdes Alves	00:32:46	01:03:23	01:01:15	3755		V55	15
3776	2765	Carlos Pereira	00:30:51	01:03:23	01:02:36	3917	Os Barriguitas	V40	595
3777	4850	Ricardo Moreira	00:36:07	01:03:24	00:55:27	2741		V45	377
3778	1738	Margarida Jorge	00:31:21	01:03:24	01:02:52	3955		Senior	253
3779	3483	Barbara Sousa	00:32:37	01:03:24	01:03:08	3970	Amigos da Corrida	Senior	254
3780	2623	Ana Brochado	00:34:40	01:03:25	00:56:31	2967	Big Great Team	Senior	255

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3781	3916	Catarina Felisberto	00:31:50	01:03:25	01:02:34	3912	Desbunda Race Team	Senior	256
3782	2624	Bruno Maia	00:34:39	01:03:25	00:56:31	2965	Big Great Team	Senior	836
3783	1449	Krassimira Ivanova	00:32:44	01:03:26	01:01:51	3824	BRRnightRUNNERS	V35	160
3784	4910	Sandra Cruz	00:33:24	01:03:26	01:02:17	3875		V40	159
3785	5772	Marianela Figueiredo	00:35:10	01:03:26	00:56:28	2952		V40	160
3786	3329	Edi Pires	00:35:39	01:03:26	01:00:08	3611	Equipa Tivoli	V45	378
3787	4864	Paula Reis	00:33:24	01:03:26	01:02:17	3874		V35	161
3788	3008	André Pinto	00:30:33	01:03:29	01:02:25	3893	Equipa Tivoli	Senior	837
3789	1953	José Figueiredo	00:30:51	01:03:29	01:02:01	3849		V60	97
3790	3980	Tânia Inácio	00:32:27	01:03:29	01:02:20	3884		Senior	257
3791	1635	Ana Gorgueira	00:32:15	01:03:30	01:01:59	3839		Senior	258
3792	4677	Carla Cerqueira	00:32:16	01:03:30	01:01:59	3840		Senior	259
3793	3696	Carina Martins	00:29:01	01:03:31	01:03:09	3972	OS MARTINS	Senior	260
3794	3693	Susana Martins	00:29:00	01:03:31	01:03:09	3976	OS MARTINS	Senior	838
3795	4157	Ilidio Silva	00:31:09	01:03:33	01:03:09	3975		V45	379
3796	5205	Fabiana Freitas	00:30:28	01:03:33	01:02:30	3905		Senior	261
3797	4188	João Gonçalves	00:34:37	01:03:34	00:56:25	2944		V35	614
3798	5380	Miguel Dias	00:31:25	01:03:35	01:02:46	3944		Junior	51
3799	4836	Joana Sousa	00:32:44	01:03:36	01:02:09	3863		Senior	262
3800	2487	Patricia Freitas	00:30:24	01:03:37	01:03:24	3998		V35	162

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3801	1181	Anabela Santos	00:36:10	01:03:37	00:56:20	2934	Centro de Cultura e Desporto dos Trabalhadores	V45	86
3802	3790	João Carneiro	00:32:04	01:03:38	01:02:14	3873	Miranda Miles	V55	159
3803	5206	Luis Dias	00:31:26	01:03:38	01:02:49	3951		V40	596
3804	2272	André Silva	00:30:36	01:03:39	01:03:25	4000	BRRnightRUNNERS	V35	615
3805	121	Joana Lopes	00:32:37	01:03:39	01:02:20	3883		Senior	263
3806	6144	Daniel Pinto	00:30:14	01:03:40	01:03:01	3967	Brigada do Reumático	Senior	839
3807	5678	Joaquim Simão	00:35:47	01:03:40	00:56:40	2995	Odebrecht Portugal	V50	261
3808	2853	Simone Ferreira	00:30:57	01:03:41	01:03:17	3983	Lebres da Lapa	Senior	264
3809	5396	Jose Silveiro	00:31:43	01:03:42	01:02:26	3896		V40	597
3810	2689	Sheila Galiano	00:31:32	01:03:42	01:03:09	3974		V40	161
3811	2120	Cláudia Tam	00:31:40	01:03:42	01:02:57	3961	Açoreana Clube Banif	Senior	265
3812	4197	Pedro Barros	00:30:21	01:03:43	01:03:18	3984		V35	616
3813	6305	Elsa Bruxelas	00:31:33	01:03:44	01:02:21	3886		V55	16
3814	5708	Pedro Pereira	00:35:28	01:03:45	00:57:09	3078		V35	617
3815	661	Carla Correia	00:35:05	01:03:47	00:56:42	3006	CLUBE NOVO BANCO	V40	162
3816	5628	André Neves	00:32:35	01:03:48	01:02:11	3867	ROFF	V40	598
3817	3497	Jorge Barreira	00:30:09	01:03:49	01:02:20	3885		V70	20
3818	5370	Beatriz Malvar	00:33:44	01:03:49	01:02:22	3887		V35	163
3819	5377	Rita Costa	00:33:44	01:03:49	01:02:22	3888		Senior	266
3820	4187	Jorge Sousa	00:34:37	01:03:49	00:56:41	3002		V40	599

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3821	5341	Raquel Magalhães	00:31:42	01:03:51	01:03:20	3989		V35	164
3822	5339	Pedro Tomé	00:31:43	01:03:51	01:03:20	3993		V35	618
3823	936	Cristina Cunha	00:31:57	01:03:51	01:03:50	4027		Senior	267
3824	4742	Mário Gaspar	00:35:03	01:03:52	00:56:31	2968		V50	262
3825	4489	Liliana Rodrigues	00:32:55	01:03:52	01:02:40	3930		V35	165
3826	1930	Paula Sousa	00:31:43	01:03:53	01:02:51	3954		V35	166
3827	873	Mafalda Rodrigues	00:32:55	01:03:53	01:02:41	3932		V35	167
3828	3115	Eduardo Pestana	00:34:05	01:03:54	01:02:45	3942	kaninos	V35	619
3829	4893	Ana Seabra	00:32:06	01:03:54	01:01:34	3792		V50	42
3830	3260	Rui Oliveira	00:32:33	01:03:56	01:01:44	3812	SS CGD	V45	380
3831	5333	José Gonçalves	00:31:31	01:03:58	01:03:15	3979	C.C.D.das Autarquias de Almada	V60	98
3832	1757	Pedro Sérgio	00:31:33	01:03:59	01:03:00	3966	CCD Crédito Agrícola Mútuo	V45	381
3833	4986	Mafalda Ferreira	00:33:21	01:03:59	01:03:56	4041		Senior	840
3834	4985	António Bettencourt	00:33:22	01:04:00	01:03:57	4043		Senior	841
3835	6438	Henrike Weber	00:32:38	01:04:00	01:01:39	3805		V45	87
3836	3025	Emanuel Silva	00:34:06	01:04:01	01:02:37	3923	Encosta Team	V35	620
3837	1638	Alexandre Janicas	00:32:01	01:04:01	01:01:39	3803		Senior	842
3838	1639	Mariana Silva	00:32:01	01:04:01	01:01:39	3804		Senior	268
3839	2373	Miguel Barata	00:31:51	01:04:02	01:02:00	3843	GRCD Leião	V40	600
3840	3622	Nuno Marques	00:30:26	01:04:02	01:03:53	4036	Sempre em Festa	V45	382



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3841	2612	Rita Carvalho	00:31:19	01:04:02	01:03:58	4045	Catch Me If You Can	V40	163
3842	5565	Joana Silva	00:33:09	01:04:02	01:02:39	3929		Senior	269
3843	4812	Rita Ferreira	00:32:15	01:04:03	01:03:32	4006	Todos Juntos	V45	88
3844	993	Alexandra Inácio	00:32:55	01:04:03	01:01:43	3808	Running Venus	V40	164
3845	2253	Pedro Moreira	00:31:59	01:04:04	01:03:26	4001		V35	621
3846	1262	Teresa Teixeira	00:34:42	01:04:04	00:57:39	3197	tartarugas solidarias	V50	43
3847	1807	Rosária Silva	00:32:37	01:04:05	01:03:53	4037		V40	165
3848	3276	Paulo Ramos	00:32:50	01:04:05	01:03:38	4013		Senior	843
3849	3275	Margarida Roque	00:32:50	01:04:06	01:03:40	4015		Senior	270
3850	90	Manuela Aldeia	00:30:37	01:04:06	01:04:03	4049	Tálenos Team	V50	44
3851	2066	Teresa Borges	00:35:57	01:04:06	00:56:19	2925		Senior	271
3852	6457	Ana Mamede	00:32:27	01:04:07	01:02:11	3866		Senior	272
3853	5021	João Fernandes	00:34:34	01:04:07	00:57:29	3159		V50	263
3854	1373	Rui Martins	00:31:12	01:04:07	01:03:24	3999		V40	601
3855	5970	Mariana Almeida	00:32:05	01:04:08	01:02:37	3920		Senior	273
3856	5500	Carlos Tomé	00:36:15	01:04:08	00:57:12	3101		V60	99
3857	5429	Marta Raimundo	00:34:02	01:04:09	01:03:34	4007	BRRnightRUNNERS	Senior	274
3858	4204	Hugo Costa	00:31:32	01:04:09	01:02:13	3871	g.d.chelas	V35	622
3859	5417	Margarida Morais	00:33:33	01:04:10	01:02:45	3941	Anabelas	Senior	275
3860	5474	Chen	00:31:34	01:04:10	01:02:56	3958		Senior	844

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3861	1913	Susana Camara	00:31:45	01:04:11	01:02:33	3911	Aqua Runners/Mais que Cuidar Team	Senior	276
3862	4392	Joana Antunes	00:31:46	01:04:11	01:02:32	3908	Aqua Runners/Mais que Cuidar Team	Senior	277
3863	1197	Paulo Espada	00:34:03	01:04:11	00:57:40	3202		V40	602
3864	4155	João Heitor	00:35:50	01:04:12	00:57:07	3073		V35	623
3865	2969	Vitor Fonseca	00:34:30	01:04:13	01:02:38	3926	Speedy Cunhados	V35	624
3866	1697	Sérgio Valente	00:36:06	01:04:15	00:57:40	3205		V40	603
3867	1791	Nuno Calducho	00:35:59	01:04:16	00:56:57	3051		Senior	845
3868	2213	Maria Ribeiro	00:32:58	01:04:16	01:02:54	3956		V50	264
3869	3215	Paula Figueiredo	00:36:04	01:04:16	00:57:06	3072		V55	17
3870	4513	Antonio Castro	00:36:04	01:04:17	00:57:07	3075		V45	383
3871	385	Mario Pires	00:32:48	01:04:18	01:03:44	4022		V55	160
3872	4687	Patrícia Garcia	00:32:35	01:04:19	01:02:47	3945		Senior	278
3873	598	Fátima Cardoso	00:32:55	01:04:19	01:02:45	3938		Senior	279
3874	1134	Ana Oliveira	00:32:56	01:04:19	01:02:45	3940	BRRnightRUNNERS	V40	166
3875	1235	Zidia Campino	00:32:52	01:04:19	01:02:45	3939	BRRnightRUNNERS	V45	89
3876	4333	Ana Sousa	00:31:44	01:04:20	01:02:47	3947		V50	45
3877	3058	João Borges	00:36:00	01:04:21	00:56:31	2966		V45	384
3878	3871	Sara Pais	00:30:57	01:04:23	01:04:15	4067		Senior	280
3879	4216	Ana Dias	00:31:21	01:04:24	01:04:09	4061	g.d.chelas	Senior	281
3880	234	Maria Silva	00:32:23	01:04:24	01:04:06	4056		V45	90

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3881	3021	Jose Amaral	00:34:06	01:04:24	01:02:59	3965	Encosta Team	V40	604
3882	3005	Cristina Calafate	00:32:45	01:04:24	01:03:54	4039	tartarugas solidarias	V45	91
3883	2244	Joana Chouriço	00:30:39	01:04:25	01:04:18	4073		V50	46
3884	3784	Dhiren Savchande	00:34:09	01:04:25	01:04:20	4077	TroubleMakers	Senior	846
3885	4737	Fernando Pato	00:31:52	01:04:26	01:04:00	4047		V35	625
3886	1486	David Azevedo	00:33:37	01:04:27	01:02:48	3950	Semprabrir	V40	605
3887	5769	Sérgio Vaqueiro	00:37:17	01:04:27	00:56:50	3035		Senior	847
3888	4645	Pedro Nobre	00:32:15	01:04:27	01:03:46	4023		V40	606
3889	368	Paulo Borges	00:36:37	01:04:28	00:57:10	3091		V45	385
3890	2628	Emanuel Guerreiro	00:34:40	01:04:28	00:57:33	3171	Big Great Team	Senior	848
3891	384	Pedro Faro	00:36:37	01:04:28	00:57:09	3079		V45	386
3892	595	Elisabete Vale	00:32:10	01:04:31	01:04:13	4065		V40	167
3893	4805	Anabela Esteves	00:32:02	01:04:31	01:03:57	4042	SS CGD	V50	47
3894	4406	João Esteves	00:32:34	01:04:31	01:02:18	3876		Senior	849
3895	2865	João Ramalho	00:32:24	01:04:32	01:03:58	4044	Bargus Team	Senior	850
3896	2864	Susana Pacheco	00:32:24	01:04:33	01:03:58	4046	Bargus Team	Senior	282
3897	5595	Fernando Bispo	00:32:09	01:04:33	01:03:16	3980	Os Tartarugas	V55	161
3898	2930	Patricia Dinis	00:31:19	01:04:34	01:04:14	4066		V45	92
3899	6262	Mónica Domingues	00:32:02	01:04:35	01:04:22	4083		V35	626
3900	3946	Marina Nogueira	00:33:11	01:04:35	01:02:26	3898		Senior	283

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3901	3559	Bruno Gomes	00:31:54	01:04:35	01:03:19	3987	FITNESSWAY PINHAL NOVO	V35	627
3902	823	João Pereira	00:30:14	01:04:35	01:04:33	4090		V45	387
3903	2661	Cláudia Envia	00:32:50	01:04:36	01:02:19	3879		Senior	284
3904	6150	Juan Silva	00:34:07	01:04:36	00:58:04	3293		Junior	52
3905	4866	Pedro Alves	00:39:22	01:04:37	00:57:03	3067		V40	607
3906	5498	José Borracha	00:31:46	01:04:37	01:03:38	4012		V55	162
3907	262	Luis Matias	00:36:16	01:04:38	00:57:13	3104		V35	628
3908	4408	Sara Martins	00:32:56	01:04:38	01:03:02	3968	BRRnightRUNNERS	Senior	285
3909	3030	Isabel Fonseca	00:35:28	01:04:39	01:03:18	3985	Encosta Team	V45	93
3910	3988	Inês Queiroz	00:33:05	01:04:39	01:03:17	3982		V35	168
3911	5731	Anabela Meia-Via	00:36:19	01:04:39	00:57:24	3146	Câmara Lisboa Clube	V45	94
3912	3582	Amélia Frazão	00:32:26	01:04:40	01:03:53	4038	Amélia Valentim Frazão	V40	168
3913	947	Rita Encarnação	00:30:27	01:04:40	01:04:38	4100		Senior	286
3914	6131	Marta Reis	00:35:50	01:04:40	00:57:34	3177		Senior	287
3915	4122	Mervany Aguilera	00:31:00	01:04:40	01:04:37	4097		V35	169
3916	3583	Lino Augusto	00:32:26	01:04:40	01:03:52	4034	Amélia Valentim Frazão	Senior	288
3917	1129	Ivete Santos	00:31:34	01:04:41	01:03:48	4025		Senior	289
3918	5199	João Fragoso	00:32:52	01:04:44	01:03:19	3988		Senior	851
3919	76	Matilde Fernandes	00:32:04	01:04:44	01:04:20	4078		V50	48
3920	55	Cristina Aguiã	00:32:04	01:04:44	01:04:19	4076		V45	95

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3921	2546	Mariana Gravelho	00:36:52	01:04:45	00:57:30	3164		Senior	290
3922	3970	Eunice Rodrigues	00:32:42	01:04:45	01:03:35	4008		V35	170
3923	5276	Teresa Barata	00:33:22	01:04:45	01:03:23	3997		V40	169
3924	1834	Sofia Candeias	00:31:19	01:04:46	01:04:38	4103	Sofia e Zé	V35	171
3925	6141	Lúcia Inês	00:30:34	01:04:46	01:04:41	4112	Fúria da noite	V35	172
3926	72	Adelaide Leitão	00:31:23	01:04:47	01:03:50	4030		V45	96
3927	3034	Paulo Rosa	00:35:40	01:04:47	01:03:22	3996	Encosta Team	V35	629
3928	2517	Ricardo Costa	00:33:04	01:04:48	01:02:27	3901	GDCTINCM	V35	630
3929	4323	Victor Carôco	00:35:55	01:04:53	00:57:32	3168		V35	631
3930	566	João Garizo	00:33:50	01:04:53	01:03:21	3994		V40	608
3931	5869	Joana Pinhal	00:32:46	01:04:53	01:03:10	3977		Senior	291
3932	563	Antonio Carvalho	00:30:16	01:04:54	01:02:57	3960	Arco Iris	V35	632
3933	6092	José Quaresma	00:32:24	01:04:54	01:04:28	4086		V40	609
3934	6164	Carlos Galvao	00:36:35	01:04:54	00:57:15	3109		V35	633
3935	4675	Micaela Vala	00:31:40	01:04:54	01:03:20	3990		V35	173
3936	4911	Maria Carvalho	00:32:59	01:04:55	01:04:38	4099		Senior	292
3937	6072	São Marques	00:31:35	01:04:55	01:03:41	4016		V45	97
3938	3590	Judite Viegas	00:35:39	01:04:55	00:58:16	3317	Pastelaria Charly	V40	170
3939	3103	Jose Feliciano	00:32:13	01:04:57	01:04:31	4087		V55	163
3940	1144	Mario Louro	00:36:09	01:04:58	00:57:55	3260	BRRnightRUNNERS	V45	388

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3941	4439	António Abrantes	00:31:41	01:04:59	01:04:23	4084	Balhelhas	V60	100
3942	2039	João Neves	00:33:41	01:05:00	01:03:52	4035		Junior	53
3943	5274	Diogo Santos	00:35:32	01:05:01	00:58:26	3349		Senior	852
3944	902	Alice Cunha	00:31:34	01:05:02	01:04:08	4057		V35	174
3945	885	Teresa Graça	00:30:54	01:05:02	01:04:49	4137		V60	7
3946	6459	Conceição Leal	00:36:50	01:05:03	00:57:37	3194	Starfish	V40	171
3947	2175	Helder Alexandre	00:36:49	01:05:03	00:57:36	3187	Starfish	V40	610
3948	1521	Marta Quina	00:32:52	01:05:04	01:04:36	4094	Equation	V40	172
3949	4837	Afonso Cavalheiro	00:34:03	01:05:05	01:03:32	4004	NutriCM	Senior	853
3950	4838	Cátia Miranda	00:34:03	01:05:05	01:03:32	4005	NutriCM	Senior	293
3951	6308	Carla Nascimento	00:32:08	01:05:05	01:04:18	4072		V35	175
3952	3674	José Salinas	00:31:01	01:05:06	01:04:49	4141	Rebenta Milhas	V45	389
3953	5668	Tito Crespo	00:36:21	01:05:06	00:57:46	3221		Senior	854
3954	5844	Fábio Silva	00:34:23	01:05:07	00:58:34	3369		V35	634
3955	4072	Marta Gonçalves	00:32:15	01:05:09	01:03:51	4031		Senior	294
3956	2043	Justino Pires	00:33:06	01:05:09	01:05:03	4161		V45	390
3957	2957	Carlos Freitas	00:35:32	01:05:10	00:58:26	3348		Senior	855
3958	573	Miguel Adam	00:37:57	01:05:11	00:53:42	2361		V35	635
3959	1412	Inês Duro	00:34:32	01:05:12	01:04:15	4068		Senior	295
3960	3647	Ana Coelho	00:31:26	01:05:12	01:04:58	4152		Senior	296

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3961	4877	Sofia Bizarro	00:31:26	01:05:12	01:04:55	4151		V40	173
3962	2024	Rita Pinto	00:36:17	01:05:13	00:57:46	3220		Senior	297
3963	5058	Miguel Paixão	00:36:12	01:05:14	00:58:05	3297		Senior	856
3964	5789	João Aguilar	00:36:12	01:05:14	00:58:05	3295		Senior	857
3965	4854	Joana Marques	00:34:03	01:05:15	01:03:43	4019	NutriCM	Senior	298
3966	3524	Luis Abrunhosa	00:36:14	01:05:17	00:58:06	3298		V45	391
3967	5849	Joao Lazaro	00:30:38	01:05:18	01:03:21	3995		Senior	858
3968	1546	Joao Esteves	00:33:57	01:05:18	01:04:10	4064		Senior	859
3969	5004	Patrícia Alves	00:31:03	01:05:18	01:04:48	4133		Senior	299
3970	4423	Gerson Fialho	00:35:18	01:05:18	00:58:10	3306		Junior	54
3971	3351	Pedro Alferes	00:36:57	01:05:20	00:57:40	3204		V50	265
3972	1534	Jose Safara	00:33:18	01:05:21	01:04:33	4089		V55	164
3973	5770	Francisco Ramos	00:33:10	01:05:22	01:04:06	4055		V40	611
3974	5585	Sérgio Santos	00:33:12	01:05:22	01:04:10	4062		Senior	860
3975	1437	Rosário Gomes	00:33:18	01:05:22	01:04:52	4144		V45	98
3976	1574	Susana Martiniano	00:34:31	01:05:22	01:04:08	4058		Senior	300
3977	6032	Bruno Pinto	00:37:01	01:05:24	00:57:48	3228	Management Solutions	Senior	861
3978	1563	Carla Martiniano	00:34:31	01:05:24	01:04:09	4060		Senior	301
3979	4973	Francisco Carvalho	00:32:39	01:05:24	01:03:08	3971		Senior	862
3980	6303	Luísa Matias	00:32:03	01:05:25	01:05:07	4168		V35	176

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3981	4334	António Amaral	00:30:53	01:05:25	01:05:13	4173		V35	636
3982	6302	José Martins	00:32:03	01:05:25	01:05:08	4169		V35	637
3983	2640	Miguel Leal	00:35:13	01:05:27	01:03:19	3986		V55	165
3984	4750	Mimmi Petrelius	00:34:32	01:05:28	01:04:46	4128		V35	177
3985	244	Arlindo Sou	00:32:00	01:05:28	01:04:43	4120		V40	612
3986	3892	Nuno Mares	00:31:39	01:05:28	01:03:48	4026	Movet	V35	638
3987	6162	Pedro Amaro	00:32:31	01:05:29	01:03:43	4017		Senior	863
3988	2362	Carla Faria	00:31:48	01:05:29	01:04:55	4150	GRCD Leião	V45	99
3989	4904	Pedro Reis	00:34:07	01:05:29	01:03:17	3981		V40	613
3990	4969	Ana Martins	00:32:52	01:05:30	01:03:55	4040	BRRnightRUNNERS	V40	174
3991	691	Adelaide Porto	00:33:25	01:05:31	01:03:52	4033		V45	100
3992	4851	Ana Correia	00:37:02	01:05:32	01:04:01	4048		V35	178
3993	6458	Pedro Roberto	00:32:52	01:05:33	01:03:27	4002		Senior	864
3994	4151	Ana Sousa	00:32:57	01:05:34	01:04:32	4088	Funtastic Four	Senior	302
3995	4845	Fábio Gaspar	00:32:52	01:05:35	01:04:05	4052		Senior	865
3996	3331	Alberto Ferraz	00:32:02	01:05:35	01:05:01	4158		V50	266
3997	3807	Carla Teixeira	00:32:01	01:05:37	01:04:51	4142	FITNESSWAY PINHAL NOVO	V35	179
3998	6433	Vera Anselmo	00:32:51	01:05:37	01:03:51	4032		Senior	303
3999	1204	Pedro Barros	00:31:21	01:05:37	01:04:54	4148	PARBFRPPXXX	Senior	866
4000	3545	Rogério Bento	00:32:01	01:05:37	01:04:53	4146	FITNESSWAY PINHAL NOVO	V40	614



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4001	3791	Núria Brinkmann	00:33:27	01:05:37	01:04:10	4063	Miranda Miles	Senior	304
4002	2884	Pedro Peixoto	00:36:31	01:05:38	00:57:45	3217	Referees Margem Sul	V40	615
4003	4554	João Gomes	00:37:01	01:05:39	00:58:05	3296	Carapaus de Corrida	V40	616
4004	2597	Isabel Cardoso	00:33:24	01:05:40	01:04:22	4080		V50	49
4005	3345	Ivo Cosme	00:31:06	01:05:40	01:04:05	4053		Senior	867
4006	82	António Monteiro	00:31:08	01:05:41	01:05:27	4199	EVELX - Associação de Estilos de Vida Saudável	V45	392
4007	5317	Eduardo Lourenço	00:38:28	01:05:42	00:57:55	3259	Mercedes-Benz	V60	101
4008	5426	Tiago Lourenço	00:38:29	01:05:42	00:57:55	3262		Senior	868
4009	2282	Catarina Fonseca	00:36:48	01:05:42	00:58:17	3321	Starfish	V35	180
4010	1698	Célia Marmelo	00:32:27	01:05:42	01:05:28	4200		V35	181
4011	1213	Catarina Pina	00:33:58	01:05:43	01:04:21	4079		V45	101
4012	2441	Jorge Pereira	00:36:39	01:05:43	00:58:12	3309	NJC	Senior	869
4013	4311	Nuno Lopes	00:36:53	01:05:44	00:58:20	3334	Hiscox Lions	V35	639
4014	2440	Nídia Vicente	00:36:39	01:05:44	00:58:11	3308	NJC	Senior	305
4015	5564	Elisabete Marques	00:33:09	01:05:45	01:04:22	4082		V35	182
4016	5043	José Dias	00:36:30	01:05:45	00:58:39	3383		V40	617
4017	5256	João Vieira	00:32:46	01:05:46	01:04:54	4147	Solera Runners	V35	640
4018	1418	Isabel Dias	00:31:58	01:05:46	01:05:37	4212		V35	183
4019	2371	Lénia Silva	00:37:17	01:05:47	00:58:29	3353	GRCD Leião	V40	175
4020	2283	Carlos Mostra	00:36:48	01:05:48	00:58:23	3340	Starfish	V35	641

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4021	3438	Lúis Carvalho	00:33:42	01:05:48	01:04:48	4135		V50	267
4022	3047	Filipe Pereira	00:33:42	01:05:51	01:04:49	4140		Senior	870
4023	3046	Vítor Pereira	00:33:42	01:05:51	01:04:49	4139		V55	166
4024	5174	Yang	00:34:10	01:05:52	01:04:58	4153		Senior	306
4025	5391	Fabio Mortari	00:33:43	01:05:53	01:04:19	4074		V50	268
4026	4803	Ana Azevedo	00:32:06	01:05:54	01:05:20	4186	SS CGD	V35	184
4027	5556	Sara Leitão	00:34:03	01:05:54	01:04:22	4081	NutriCM	Senior	307
4028	3997	Ricardo Castro	00:30:52	01:05:56	01:04:59	4155		V40	618
4029	2797	António Jesus	00:31:07	01:05:56	01:05:52	4224		V45	393
4030	1479	Fernanda Mangas	00:32:19	01:05:57	01:05:34	4205		V35	185
4031	2676	Juan Silva	00:36:48	01:05:57	00:59:25	3495		V35	642
4032	788	Fernanda Machadinha	00:32:43	01:05:58	01:04:37	4098	Papa trilhos	V45	102
4033	5321	Hugo Pereira	00:33:42	01:05:58	01:03:36	4009	Grupo desportivo 1º de maio - Barreiro	Senior	871
4034	4810	Ana Nogueira	00:32:15	01:05:58	01:05:27	4196	Todos Juntos	V40	176
4035	4573	Hélio Simeão	00:31:01	01:05:58	01:04:58	4154		Senior	872
4036	5322	Rui Martires	00:33:41	01:05:59	01:03:37	4011	Grupo desportivo 1º de maio - Barreiro	V45	394
4037	429	Catarina Vasconcelos	00:34:46	01:05:59	01:04:41	4113		Senior	308
4038	5049	Pedro Vargas	00:32:07	01:05:59	01:05:31	4202		V35	643
4039	5042	Rúben Ferreira	00:32:08	01:06:00	01:05:29	4201		Senior	873
4040	5047	Rita Vargas	00:32:07	01:06:00	01:05:32	4203		V35	186

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4041	518	Sérgio Eira	00:33:21	01:06:01	01:03:50	4029	CLUBE NOVO BANCO	V40	619
4042	716	Marta Ferreira	00:32:34	01:06:02	01:05:08	4170		V40	177
4043	4060	José Vicente	00:32:22	01:06:02	01:04:48	4136		V40	620
4044	2001	João Dias	00:33:15	01:06:02	01:03:44	4021	Oakley Portugal	Senior	874
4045	2916	Antonio Henriques	00:35:41	01:06:03	00:59:26	3496		V55	167
4046	2176	André Martins	00:29:03	01:06:03	01:05:39	4214		Senior	875
4047	344	Myrlei Branco	00:33:16	01:06:03	01:04:33	4091		V45	103
4048	2354	João Pinto	00:32:19	01:06:04	01:05:52	4223	Os Coxos	V35	644
4049	2098	Bruno Almeida	00:40:07	01:06:05	00:59:29	3508		Senior	876
4050	170	Eva Carvalho	00:33:00	01:06:06	01:04:35	4092		Senior	309
4051	922	Ana Soares	00:32:54	01:06:06	01:04:48	4132		Senior	310
4052	5246	João Farinha	00:32:28	01:06:07	01:04:08	4059		V40	621
4053	4556	Pedro Castelo	00:37:40	01:06:08	00:58:30	3359		V35	645
4054	4503	Ana Canaveira	00:32:00	01:06:08	01:06:03	4236	Açoreana Clube Banif	V45	104
4055	5155	Nuno Duarte	00:35:51	01:06:09	00:59:10	3450	GDCT Unicre	V35	646
4056	3423	Mariana Pinheiro	00:33:45	01:06:09	01:05:03	4162		Senior	311
4057	4111	Isabel Fonseca	00:32:22	01:06:09	01:05:26	4194	Correr Queluz	Senior	312
4058	4110	Paula Fonseca	00:33:17	01:06:10	01:05:26	4195	Correr Queluz	V35	187
4059	2263	Mafalda Pereira	00:34:09	01:06:10	01:06:04	4237	TroubleMakers	Senior	313
4060	4262	Maria Leite	00:33:45	01:06:10	01:05:04	4164		Senior	314

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4061	591	João Carvalho	00:33:52	01:06:11	01:05:38	4213		V65	45
4062	1174	Madalena Santo	00:33:05	01:06:11	01:05:14	4176		V40	178
4063	4760	Suzana Malha	00:33:23	01:06:14	01:05:15	4180		V40	179
4064	5013	Manuela Gomes	00:31:35	01:06:14	01:05:41	4217		V55	18
4065	3214	Ana Ferreira	00:31:32	01:06:15	01:04:16	4069		Junior	7
4066	1332	Vanda Oliveira	00:36:48	01:06:16	00:58:47	3402		V45	105
4067	2317	Filipa Gravelho	00:33:23	01:06:17	01:05:27	4198		Senior	315
4068	1032	Paula Cabaco	00:32:31	01:06:18	01:05:55	4228		V45	106
4069	305	Magda Verissimo	00:33:40	01:06:19	01:05:20	4187	Magda Verissimo	Senior	316
4070	5185	Marlene Santos	00:31:41	01:06:20	01:06:07	4239		V50	50
4071	1050	Jorge Domingues	00:32:40	01:06:22	01:06:03	4235		V60	102
4072	1026	Luis Lopes	00:36:59	01:06:22	00:59:14	3460		V40	622
4073	1303	Beatriz Dias	00:33:43	01:06:22	01:04:17	4070		Junior	8
4074	6213	Mariana Carvalho	00:33:17	01:06:23	01:05:18	4183		Senior	317
4075	3016	Gonçalo Andrade	00:32:40	01:06:24	01:05:56	4229	Equipa Tivoli	Senior	877
4076	2601	Daniela Baptista	00:36:30	01:06:24	00:59:14	3462		Senior	318
4077	2600	Henrique Pinheiro	00:36:31	01:06:24	00:59:13	3459		Senior	878
4078	2667	Marco Barbosa	00:36:30	01:06:24	00:59:15	3464		Senior	879
4079	2668	Maria Nunes	00:36:30	01:06:24	00:59:16	3467		Senior	319
4080	4719	João Coelho	00:38:57	01:06:25	00:58:28	3351	Maria Guga	Senior	880

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4081	4901	Carla Amaro	00:34:43	01:06:25	01:04:46	4131		V35	188
4082	6443	Graça Morais	00:33:26	01:06:26	01:04:44	4123		V55	19
4083	3902	Sara Ragageles	00:32:53	01:06:27	01:06:11	4247		Senior	320
4084	5762	André Braga	00:37:13	01:06:27	00:58:41	3388		V40	623
4085	4755	Diana Alves	00:36:53	01:06:27	00:59:11	3453		Senior	321
4086	5418	Pilar Monteiro	00:34:23	01:06:28	01:05:04	4163	Anabelas	Senior	322
4087	4050	José Alípio	00:30:35	01:06:29	01:06:27	4268		V55	168
4088	6251	Gonçalo Prata	00:33:55	01:06:29	01:05:18	4182		V35	647
4089	2868	Catarina Adegas	00:33:00	01:06:29	01:06:15	4252		Senior	323
4090	1858	Aline Santos	00:33:24	01:06:31	01:05:40	4215		Senior	324
4091	160	Andreia Silva	00:33:38	01:06:31	01:05:11	4172		V35	189
4092	2047	Joana Dias	00:34:09	01:06:33	01:05:16	4181		Senior	325
4093	4043	Carla Leitão	00:33:00	01:06:33	01:05:15	4179		V45	107
4094	6034	Duarte Rendas	00:37:01	01:06:34	00:58:57	3422	Management Solutions	Senior	881
4095	4076	Ana Rodrigues	00:33:14	01:06:34	01:04:49	4138		V45	108
4096	2011	Susana Travanca	00:34:00	01:06:35	01:05:19	4184		V40	180
4097	168	Ana Lourenço	00:33:46	01:06:36	01:04:35	4093		V45	109
4098	3759	Francisco Pereira	00:31:58	01:06:37	01:06:16	4254	coloquio	Junior	55
4099	2048	Guilherme Cardoso	00:34:11	01:06:38	01:05:21	4189		Senior	882
4100	2046	Cátia Ferro	00:34:11	01:06:38	01:05:22	4190		V35	190

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4101	556	Inês Ribeiro	00:35:46	01:06:39	00:59:42	3538		Senior	326
4102	717	Sónia Romão	00:32:09	01:06:40	01:06:01	4233		V35	191
4103	5442	João Basilio	00:31:31	01:06:42	01:06:14	4250		V45	395
4104	5765	Igor Neves	00:32:25	01:06:43	01:05:41	4216		Senior	883
4105	213	António Marques	00:32:41	01:06:43	01:06:40	4280		V65	46
4106	2005	Fernando Pereira	00:36:44	01:06:44	00:58:53	3411	Azeitão Running	V40	624
4107	5598	Bruno Matos	00:32:25	01:06:45	01:05:43	4218		Senior	884
4108	2984	Ricardo Mateus	00:32:52	01:06:45	01:06:13	4249	BIVAC IBERICA	V35	648
4109	183	Paula Miranda	00:34:13	01:06:47	01:04:41	4111		V40	181
4110	469	Tiago Oliveira	00:34:08	01:06:47	01:04:36	4095		Senior	885
4111	577	Rita Santos	00:34:07	01:06:47	01:04:42	4116		V40	182
4112	828	Paulo Pereira	00:34:09	01:06:47	01:04:42	4115		V45	396
4113	3817	Sílvia Teixeira	00:32:15	01:06:47	01:06:45	4294		Senior	327
4114	3222	José Ferreira	00:34:07	01:06:47	01:04:39	4105		V40	625
4115	1281	Maria Cardoso	00:34:07	01:06:47	01:04:43	4122		V35	192
4116	5096	Jaime Gomes	00:34:08	01:06:47	01:04:43	4121		V55	169
4117	143	Ricardo Dias	00:34:13	01:06:47	01:04:40	4108		V40	626
4118	1309	Rui Fazendeiro	00:34:10	01:06:48	01:04:38	4101		V40	627
4119	215	João Santos	00:34:09	01:06:48	01:04:45	4126		V35	649
4120	677	Claudia Leitão	00:34:08	01:06:48	01:04:39	4104		V35	193

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4121	219	Antonio Franco	00:34:09	01:06:48	01:04:41	4110		V50	269
4122	131	Jorge Sousa	00:34:07	01:06:48	01:04:42	4117		V40	628
4123	2644	Carlos Azevedo	00:34:11	01:06:48	01:04:39	4106		V45	397
4124	730	Lurdes Serrão	00:34:15	01:06:48	01:04:39	4107	Correr em Familia	V35	194
4125	166	João Catarino	00:34:07	01:06:48	01:04:38	4102	DRELRA	V45	398
4126	365	Ana Rosa	00:36:28	01:06:49	00:59:58	3586		Senior	328
4127	173	Nuno Rodrigues	00:34:09	01:06:49	01:04:46	4130		V40	629
4128	3731	Anelide Pereira	00:32:14	01:06:49	01:04:52	4143		V40	630
4129	733	Helena Sousa	00:34:15	01:06:49	01:04:42	4118	Correr em Familia	Senior	329
4130	3718	Guilherme Albino	00:34:08	01:06:50	01:04:46	4129		V40	631
4131	1780	Manuel Narciso	00:34:07	01:06:50	01:04:45	4125		V50	270
4132	731	Nuno Serrão	00:33:17	01:06:50	01:04:37	4096	Correr em Familia	V40	632
4133	1682	Paulo Dias	00:34:09	01:06:50	01:04:42	4119	Associação Jorge Pina	V40	633
4134	6053	Paulo Santos	00:34:09	01:06:50	00:59:27	3503		Senior	886
4135	457	Paulo Rainho	00:34:08	01:06:50	01:04:45	4124		V45	399
4136	174	Luís Farinha	00:34:11	01:06:51	01:04:46	4127		V45	400
4137	576	Manuel Santos	00:34:09	01:06:51	01:04:42	4114		V40	634
4138	4756	Filipe Sousa	00:36:53	01:06:51	00:59:17	3471		Senior	887
4139	568	Pedro Carrasco	00:34:07	01:06:51	01:04:48	4134		V40	635
4140	5626	Filipa Soares	00:32:28	01:06:51	01:06:01	4232	ROFF	Senior	330

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4141	5002	Paulo Amorim	00:33:42	01:06:53	01:05:47	4220		V35	650
4142	3918	João Coelho	00:33:29	01:06:53	01:05:49	4221		Senior	888
4143	5924	Nuno Jerónimo	00:33:39	01:06:53	01:05:05	4165	Cofina Runners	V45	401
4144	1516	Marta Pereira	00:33:37	01:06:54	01:06:09	4243	Os 5	Senior	331
4145	4548	Helena Fino	00:34:00	01:06:54	01:05:14	4175	Happy Runners	V55	20
4146	6137	Miguel Sequeira	00:34:28	01:06:55	01:05:05	4166		V35	651
4147	6228	Wenjian	00:37:09	01:06:55	01:04:55	4149		Senior	889
4148	1797	Bárbara Miranda	00:36:56	01:06:55	01:00:03	3600		V40	183
4149	848	Isabel Magalhaes	00:36:52	01:06:55	01:00:13	3621		V55	21
4150	4752	Carla Estacio	00:32:42	01:06:56	01:06:27	4266	Run forever	V40	184
4151	4751	Pedro Estácio	00:32:41	01:06:56	01:06:26	4264	Run forever	V40	636
4152	4200	Abilio Marcos	00:36:14	01:06:56	01:00:23	3648	g.d.chelas	V50	271
4153	3321	Filipa Sequeira	00:31:39	01:06:59	01:06:44	4290	Link	Senior	332
4154	3320	Rodrigo Chiolas	00:31:39	01:06:59	01:06:44	4291	Link	Senior	890
4155	3028	Carla Fonseca	00:35:29	01:07:00	01:05:37	4211	Encosta Team	V45	110
4156	6299	Luis Alves	00:34:22	01:07:04	01:05:00	4157	Benny Team	Senior	891
4157	3081	Luís Almeida	00:33:05	01:07:06	01:05:50	4222		V40	637
4158	2872	Pedro Camelo	00:39:26	01:07:06	00:59:29	3505		Junior	56
4159	4138	Joaquim Azevedo	00:35:26	01:07:07	01:04:40	4109	g.d.chelas	V50	272
4160	5643	Ana Silva	00:33:01	01:07:07	01:06:19	4256	ROFF	Senior	333



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4161	155	Nuno Russo	00:31:33	01:07:07	01:07:05	4317		V35	652
4162	1696	Elisabete Silva	00:34:13	01:07:07	01:05:06	4167		V35	195
4163	5997	José Marcelino	00:28:41	01:07:08	01:05:00	4156		V50	273
4164	6326	Daniel Pereira	00:31:37	01:07:08	01:05:01	4160		Senior	892
4165	6424	Larissa Arantes	00:39:01	01:07:10	01:00:11	3616		Senior	334
4166	6423	André Costa	00:39:01	01:07:10	01:00:11	3615		V35	653
4167	2733	Tiago Cardoso	00:31:21	01:07:10	01:07:03	4313	Os Estrunfes	Junior	57
4168	2028	Nathalie Thurler	00:32:55	01:07:11	01:05:47	4219		Senior	335
4169	5349	Cláudio Maia	00:34:53	01:07:11	01:05:36	4209	Osvaldos	Senior	893
4170	5352	Sandro Pinto	00:34:52	01:07:12	01:05:35	4208	Osvaldos	Junior	58
4171	1354	Filipa Martins	00:33:36	01:07:13	01:06:44	4292		Senior	336
4172	5323	Paulo Pinto	00:34:00	01:07:13	01:05:33	4204	Happy Runners	V50	274
4173	5351	Paulo Dias	00:34:52	01:07:13	01:05:36	4210	Osvaldos	V40	638
4174	5427	Gonçalo Lourenço	00:38:29	01:07:17	00:59:30	3516		Senior	894
4175	2118	Maria Alma	00:34:28	01:07:18	01:06:40	4278	Rompe Solas	Senior	337
4176	6114	Antonio Lopes	00:36:33	01:07:18	00:59:49	3554		V40	639
4177	2119	Pedro Silva	00:34:28	01:07:18	01:06:42	4283	Rompe Solas	Senior	895
4178	636	Fernando Chasqueira	00:32:22	01:07:18	01:06:54	4304		V65	47
4179	5108	Nancy Dewitte	00:33:21	01:07:19	01:05:54	4226		V45	111
4180	5408	Josina Santos	00:34:40	01:07:19	01:05:59	4231		Senior	338

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4181	1085	Ana Miranda	00:32:54	01:07:22	01:06:47	4296		V40	185
4182	5651	Maria Aguiar	00:34:39	01:07:22	01:05:23	4193		V40	186
4183	5546	Catarina Melo	00:32:49	01:07:23	01:07:01	4309		V40	187
4184	3038	Luís Domingues	00:39:14	01:07:23	00:56:13	2910		Senior	896
4185	908	Leonor Azevedo	00:33:31	01:07:24	01:06:41	4281		V40	188
4186	5984	Ricardo Santos	00:34:57	01:07:25	01:05:13	4174	Capitalistas	Senior	897
4187	5074	Avelino Cobas	00:38:24	01:07:25	00:59:33	3518		Senior	898
4188	3956	António Filipe	00:34:11	01:07:26	01:06:34	4271		V65	48
4189	5985	Vanessa Almeida	00:34:57	01:07:26	01:05:14	4177	Capitalistas	Senior	339
4190	1389	Mário Silva	00:34:21	01:07:26	01:05:11	4171		V45	402
4191	2724	Miguel Vasconcelos	00:35:19	01:07:26	01:06:09	4242		Senior	899
4192	6437	Ana Guerra	00:34:00	01:07:27	01:07:24	4334		V35	196
4193	5592	António Silva	00:33:32	01:07:28	01:06:10	4244	Os Tartarugas	V45	403
4194	6142	Catarina Rebelo	00:32:31	01:07:28	01:07:22	4330	Fúria da noite	V35	197
4195	323	Ana-Alice Pereira	00:32:28	01:07:29	01:07:14	4323		V50	51
4196	6025	Susana Félix	00:36:27	01:07:29	01:00:55	3722	Movet	Senior	340
4197	1425	Tiago Salvado	00:36:26	01:07:29	01:00:55	3720	Movet	V35	654
4198	4829	João Borralho	00:34:10	01:07:29	01:06:22	4261		V40	640
4199	4831	Paula Lopes	00:34:10	01:07:30	01:06:22	4260		V35	198
4200	4097	Joana Bailão	00:35:51	01:07:31	01:01:04	3734		Senior	341

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4201	1012	Paula Soares	00:36:43	01:07:31	01:00:53	3716	Runners da frente Ribeirinha da Povia de Santa	V40	189
4202	5314	Susana Ferreira	00:34:20	01:07:31	01:06:47	4295		Senior	342
4203	969	Célia Gil	00:36:43	01:07:32	01:00:54	3719	Runners da frente Ribeirinha da Povia de Santa	V45	112
4204	2564	Filipa Andrade	00:33:00	01:07:33	01:06:58	4308		Senior	343
4205	613	Eduardo Santos	00:37:29	01:07:33	01:00:30	3669		V55	170
4206	4374	João Machado	00:32:45	01:07:34	01:06:21	4258	Uns & Outros	Senior	900
4207	2419	Fernanda Tavares	00:33:14	01:07:34	01:06:44	4289	ChicasLaricas	V50	52
4208	1556	Alfria Fernandes	00:34:52	01:07:34	01:06:54	4303		Senior	344
4209	4967	Rita Pegado	00:32:54	01:07:35	01:07:17	4327	MP RUNNERS	V35	199
4210	3776	Luís Silva	00:34:11	01:07:35	01:07:29	4341	TroubleMakers	Senior	901
4211	4476	Joaquim Sequeira	00:37:24	01:07:35	01:00:49	3703		V40	641
4212	3982	Angela Nunes	00:33:10	01:07:36	01:05:35	4207		Senior	345
4213	5761	Marisa Serra	00:38:00	01:07:36	00:59:55	3573		V40	190
4214	4360	Julio Pacheco	00:32:33	01:07:36	01:07:10	4322		V40	642
4215	6174	Pedro Mauricio	00:38:34	01:07:37	01:00:25	3656		V35	655
4216	2149	Cristina Moura	00:34:02	01:07:38	01:07:02	4312	BRRnightRUNNERS	V40	191
4217	5764	Ana Lontro	00:32:44	01:07:38	01:07:02	4311	LxOutdoor	V35	200
4218	2454	Patrícia Branco	00:34:37	01:07:39	01:06:50	4299		V40	192
4219	3065	Pedro Oliveira	00:32:51	01:07:40	01:07:33	4343		V40	643
4220	3210	Cleusia Kok	00:33:41	01:07:40	01:06:56	4307		Senior	346

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4221	3955	Fernanda Filipe	00:34:11	01:07:41	01:06:48	4297		V55	22
4222	5666	Ariana Russo	00:34:19	01:07:41	01:06:13	4248		Senior	347
4223	3464	Fátima Gil	00:33:45	01:07:42	01:07:10	4321	Midwinners	Senior	348
4224	1141	Claudia Colaço	00:32:51	01:07:42	01:07:39	4355	BRRnightRUNNERS	Senior	349
4225	1867	Armando Correia	00:33:19	01:07:42	01:07:36	4352		V55	171
4226	1484	Joana Coutinho	00:32:57	01:07:43	01:07:42	4359		Senior	350
4227	5864	Eduarda Pereira	00:33:46	01:07:43	01:06:23	4262		V40	193
4228	1416	Susana Louro	00:34:39	01:07:44	01:06:27	4267	MONTEPIO - Castelo Branco	V40	194
4229	5918	Joaquim Martins	00:33:21	01:07:45	01:06:10	4245	Cofina Runners	V50	275
4230	1741	João Saraiva	00:38:27	01:07:46	01:00:47	3696		V45	404
4231	4213	Jorge Almeida	00:34:28	01:07:47	01:05:56	4230	g.d.chelas	Junior	59
4232	2215	Carlos Matias	00:35:40	01:07:47	01:06:01	4234		V40	644
4233	3526	Vanda Bento	00:35:57	01:07:48	01:05:34	4206	FITNESSWAY PINHAL NOVO	V40	195
4234	883	Raquel Vieira	00:35:21	01:07:49	01:06:31	4270		Senior	351
4235	2338	Sónia Ferreira	00:32:27	01:07:50	01:07:39	4357		Senior	352
4236	4373	Eduardo Fernandes	00:33:56	01:07:51	01:06:38	4275	Uns & Outros	Senior	902
4237	4372	Carine Pais	00:33:57	01:07:51	01:06:37	4273	Uns & Outros	Senior	353
4238	1543	Marta Marques	00:33:58	01:07:52	01:06:45	4293		Senior	354
4239	5683	Fabio Alves	00:33:38	01:07:53	01:06:05	4238	Odebrecht Portugal	Senior	903
4240	5494	Alexandre Soares	00:33:37	01:07:53	01:07:24	4335		V40	645

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4241	5983	Catarina Aires	00:32:34	01:07:54	01:07:33	4344	i2D	Senior	355
4242	1518	Sonia Rosa	00:33:38	01:07:54	01:07:10	4320	Os 5	V35	201
4243	2443	Andreia Monteiro	00:33:50	01:07:56	01:05:53	4225	Os Conta-Kilómetros	Senior	356
4244	959	Carlos Teixeira	00:33:50	01:07:57	01:06:43	4285		V70	21
4245	5095	Jose Rodrigues	00:32:57	01:07:58	01:07:15	4324		V45	405
4246	3613	Dr Cardoso	00:33:57	01:07:59	01:06:39	4277		V40	646
4247	2038	Joaquim Neves	00:33:40	01:08:00	01:06:52	4301		V45	406
4248	5295	Ana Mota	00:34:44	01:08:01	01:06:51	4300		V40	196
4249	4591	Rita Alves	00:34:01	01:08:01	01:06:44	4288		V40	197
4250	6385	Bernardo Pinto	00:35:09	01:08:01	01:06:42	4282		Junior	60
4251	3435	Márcia Oliveira	00:34:15	01:08:02	01:06:55	4306		Senior	357
4252	5367	Filipe Martins	00:33:17	01:08:08	01:07:26	4336		V35	656
4253	5366	Armando Teixeira	00:33:17	01:08:08	01:07:26	4337		V60	103
4254	526	Ana Bastos	00:33:31	01:08:09	01:07:57	4368	CLUBE NOVO BANCO	V35	202
4255	5260	João Canas	00:33:05	01:08:11	01:07:18	4328	Solera Runners	V35	657
4256	1550	Nuno Costa	00:32:29	01:08:14	01:07:34	4347		V40	647
4257	670	Rebeca Calhau	00:33:28	01:08:16	01:06:42	4284	CLUBE NOVO BANCO	V40	198
4258	2986	Rui Ferreira	00:32:52	01:08:17	01:07:52	4365	BIVAC IBERICA	V40	648
4259	4830	Samuel Nascimento	00:37:15	01:08:18	01:07:07	4319		Senior	904
4260	5826	Milou Hoek	00:34:18	01:08:18	01:08:03	4378		Senior	358

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4261	61	Daniela Fernandes	00:34:39	01:08:20	01:07:02	4310	MONTEPIO - Castelo Branco	V35	203
4262	645	Claudia Amaral	00:32:46	01:08:20	01:07:49	4363		V40	199
4263	2109	Albano Paço	00:34:50	01:08:21	01:07:34	4346		V55	172
4264	3944	André Jorge	00:33:23	01:08:22	01:08:12	4388		Senior	905
4265	1152	Francisco Mendes	00:35:39	01:08:23	01:06:15	4251		V35	658
4266	1153	Filipa Monte	00:35:39	01:08:23	01:06:16	4255		V35	204
4267	428	Catarina Sá	00:33:12	01:08:25	01:08:22	4404		Senior	359
4268	3518	António Pragana	00:33:40	01:08:26	01:06:48	4298		V45	407
4269	6260	Clizia Verardo	00:34:30	01:08:26	01:06:40	4279		V40	200
4270	5478	Nuno Mateus	00:35:15	01:08:26	01:07:06	4318		V35	659
4271	756	Manuel Barbosa	00:37:10	01:08:27	01:01:19	3767		V60	104
4272	1363	Cristina Afonso	00:33:02	01:08:27	01:08:17	4395		V40	201
4273	2479	Tiago Alves	00:34:15	01:08:27	01:06:35	4272		V35	660
4274	4206	Luis Marques	00:33:53	01:08:28	01:07:23	4333	g.d.chelas	V50	276
4275	6259	Massimo Castello	00:34:30	01:08:29	01:06:43	4287		V45	408
4276	6168	Paulo Costa	00:36:34	01:08:30	01:01:59	3842		V45	409
4277	3826	Filipe Coquim	00:35:36	01:08:33	01:01:19	3768	Pinguins do Ártico	Senior	906
4278	5484	Luis Salvador	00:34:59	01:08:33	01:06:27	4265		V60	105
4279	3496	Ana Rosa	00:34:48	01:08:34	01:07:16	4325		V35	205
4280	1816	Sandra Andrade	00:32:30	01:08:36	01:08:19	4400		V40	202

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4281	3605	Ana Parada	00:33:26	01:08:36	01:07:58	4370	Brigada do Reumático	Senior	360
4282	3379	João Fernandes	00:34:01	01:08:37	01:06:21	4259		V40	649
4283	433	Marco Martins	00:37:59	01:08:40	01:01:37	3799		Senior	907
4284	5656	Iolanda Monteiro	00:33:34	01:08:42	01:07:40	4358		V35	206
4285	1818	Ana Barra	00:33:05	01:08:42	01:08:24	4407		V45	113
4286	4521	Cláudia Pacheco	00:38:03	01:08:43	01:01:07	3738	MaGni7	V40	203
4287	1527	Ana Alberto	00:34:00	01:08:43	01:08:06	4380	Big Bang Team	Senior	361
4288	1523	Inês Clemente	00:34:00	01:08:43	01:08:06	4381	Big Bang Team	Senior	362
4289	2950	Celia Antonio	00:33:33	01:08:43	01:08:27	4409		V45	114
4290	5030	Manuel Matos	00:38:27	01:08:45	01:01:57	3837		V65	49
4291	2449	Cristina Santos	00:33:14	01:08:45	01:08:36	4421		Senior	363
4292	6342	Rui Li	00:35:44	01:08:47	01:02:12	3869		Senior	908
4293	6351	Dayr Kazava	00:39:29	01:08:49	01:01:48	3820		V60	106
4294	96	Sérgio Rijo	00:36:03	01:08:49	01:07:22	4331	S&M	V35	661
4295	97	Marta Calado	00:36:03	01:08:49	01:07:20	4329	S&M	Senior	364
4296	4452	Simone Caldeira	00:34:08	01:08:50	01:07:49	4362		Senior	365
4297	3060	Maria Moucho	00:31:29	01:08:50	01:08:47	4433		V50	53
4298	2819	Manuel Rijo	00:36:03	01:08:51	01:07:22	4332		V60	107
4299	3020	Carla Amaral	00:36:12	01:08:53	01:07:31	4342	Encosta Team	V35	207
4300	5337	Maria Barroso	00:34:16	01:08:53	01:08:05	4379	C.C.D.das Autarquias de Almada	V50	54

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4301	2756	Lidia Rezio	00:34:14	01:08:53	01:08:01	4375	lidia e carlos	V45	115
4302	6401	Sofia Martins	00:37:55	01:08:53	01:01:50	3822		V35	208
4303	2757	Carlos Pedreirinho	00:34:14	01:08:53	01:08:02	4376	lidia e carlos	V50	277
4304	6112	Bruno Carmona	00:36:30	01:08:58	01:07:58	4369		Senior	909
4305	93	Pedro Silva	00:36:38	01:08:59	01:01:56	3835	MONTEPIO - Marketeers	V35	662
4306	700	Pedro Cunha	00:38:22	01:09:00	01:01:42	3807		V35	663
4307	2707	Filipa Rodrigues	00:34:21	01:09:00	01:07:58	4372		Senior	366
4308	4044	Sérgio Quintela	00:32:02	01:09:01	01:08:24	4406		V35	664
4309	3017	Tânia Costa	00:32:41	01:09:02	01:08:33	4419	Equipa Tivoli	Senior	367
4310	2565	Ana Andrade	00:33:43	01:09:02	01:08:28	4411		Senior	368
4311	272	Samuel Joaquim	00:32:01	01:09:03	01:08:52	4437		V60	108
4312	3660	Gabriel Antunes	00:38:14	01:09:04	01:02:22	3889	Rebenta Milhas	V35	665
4313	4098	Patrícia Cavadas	00:36:04	01:09:04	01:07:35	4349		V35	209
4314	3816	Patrícia Amaro	00:36:04	01:09:04	01:07:36	4351		Senior	369
4315	199	Pritesh Manilal	00:32:36	01:09:08	01:09:02	4446		V35	666
4316	867	João Silveira	00:34:21	01:09:08	01:08:27	4410	MONTEPIO - Castelo Branco	V50	278
4317	2503	Ana Morais	00:34:49	01:09:09	01:08:12	4389	GDCTINCM	V40	204
4318	5588	Joana Ribeiro	00:33:08	01:09:09	01:08:42	4428		Senior	370
4319	1395	Rui Travanca	00:37:57	01:09:09	01:01:28	3778		V45	410
4320	5384	Filipe Córias	00:36:24	01:09:10	01:08:48	4435		Senior	910



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4321	1365	Joao M.E.Gil	00:34:10	01:09:12	01:08:19	4402		V55	173
4322	5973	Vieira Neves	00:33:53	01:09:12	01:07:27	4338		V55	174
4323	1811	Rita Filipe	00:33:36	01:09:16	01:09:08	4451		Senior	371
4324	4549	Nuno Lufinha	00:35:20	01:09:19	01:07:36	4350	Happy Runners	V40	650
4325	4998	Andréa Almeida	00:34:07	01:09:20	01:08:00	4374		V35	210
4326	2422	Bruno Santos	00:35:15	01:09:20	01:08:02	4377		V40	651
4327	3313	Ana Amaral	00:35:14	01:09:21	01:07:50	4364	Os Cordeiros	V50	55
4328	4688	Jorge Lourenço	00:35:23	01:09:21	01:07:34	4345		V55	175
4329	869	Ricardo Alexandre	00:39:09	01:09:21	01:01:51	3826	MONTEPIO - Castelo Branco	V40	652
4330	4689	Cristina Lourenço	00:35:23	01:09:21	01:07:35	4348		V50	56
4331	418	Carla Duarte	00:33:36	01:09:22	01:08:52	4439	tartarugas solidarias	V40	205
4332	580	Rui Vieira	00:39:37	01:09:23	00:59:08	3444		V45	411
4333	6313	Joanna Paraizo	00:37:51	01:09:23	01:02:48	3949		Senior	372
4334	4325	Nuno Vicente	00:34:54	01:09:23	01:08:06	4382		V35	667
4335	6369	José Magalhães	00:38:28	01:09:24	01:02:01	3847		Senior	911
4336	5450	Hugo Ferreira	00:33:29	01:09:24	01:08:43	4430		V35	668
4337	5207	Gislaine Costa	00:35:44	01:09:26	01:08:08	4385		V35	211
4338	2173	Pedro Azevedo	00:38:20	01:09:26	01:01:56	3830		V40	653
4339	2609	Margarida Fonseca	00:34:56	01:09:26	01:08:36	4422	MF&A and Friends	V45	116
4340	1942	Anabela Azevedo	00:38:20	01:09:26	01:02:00	3844		V45	117

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4341	2605	Nuno Matos	00:34:56	01:09:26	01:08:36	4423	MF&A and Friends	V45	412
4342	520	Susana Mota	00:37:58	01:09:27	01:02:20	3882	CLUBE NOVO BANCO	V35	212
4343	4344	Joao Graça	00:36:24	01:09:29	01:08:22	4403	NUCLEO DESPORTIVO AUTOCOOPE	V75	6
4344	430	Pedro Fonseca	00:39:16	01:09:30	01:02:01	3848		Senior	912
4345	3769	Sonia Torrao	00:34:15	01:09:30	01:08:24	4408		Senior	373
4346	3125	Celia Borges	00:33:48	01:09:32	01:09:03	4448	tartarugas solidarias	V40	206
4347	3124	Dora Monteiro	00:33:48	01:09:32	01:09:03	4447	tartarugas solidarias	V40	207
4348	870	Cláudia Alexandre	00:35:04	01:09:32	01:08:29	4413	MONTEPIO - Castelo Branco	V40	208
4349	4425	Ana Freixo	00:33:48	01:09:32	01:08:56	4442		Senior	374
4350	3044	Filipa Santos	00:35:22	01:09:33	01:08:34	4420		V35	213
4351	3894	Cláudia Rato	00:35:34	01:09:34	01:08:43	4429		V35	214
4352	4304	Filipa Ferreira	00:39:24	01:09:34	01:02:19	3877	Hiscox Lions	Senior	375
4353	2559	Eoin Otoole	00:34:46	01:09:34	01:08:13	4390		V40	654
4354	2568	Daniel Otoole	00:34:46	01:09:34	01:08:11	4387		Junior	61
4355	4298	Simão Vilaças	00:39:04	01:09:35	01:02:19	3880	Hiscox Lions friends	Senior	913
4356	4939	Diogo Oliveira	00:33:26	01:09:37	01:08:32	4418	OIM/UNRIC	Senior	914
4357	4938	Cátia Borrego	00:33:27	01:09:37	01:08:31	4416	OIM/UNRIC	Senior	376
4358	3420	Bruno Rego	00:41:32	01:09:37	01:09:34	4475		Senior	915
4359	5589	Leonardo Carvalho	00:34:00	01:09:39	01:08:11	4386		Senior	916
4360	1228	Helena Does	00:33:43	01:09:39	01:09:35	4476	BRRnightRUNNERS	V50	57

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4361	4507	Ana Madeira	00:33:12	01:09:39	01:09:18	4459		Senior	377
4362	3024	Susana Sena	00:35:30	01:09:42	01:08:19	4399	Encosta Team	V35	215
4363	2274	Antonio Leal	00:44:00	01:09:42	01:09:39	4477	Madagascar-Tugal	V45	413
4364	3520	Pedro Ramos	00:32:35	01:09:42	01:09:27	4466		V45	414
4365	3852	Maria João	00:34:42	01:09:43	01:08:19	4401	Elas e ele	V45	118
4366	3853	Paula Respeita	00:34:42	01:09:43	01:08:18	4397	Elas e ele	V45	119
4367	3854	Rui Fernandes	00:41:01	01:09:43	01:08:19	4398	Elas e ele	V45	415
4368	4363	Carla Lopes	00:35:56	01:09:47	01:08:48	4434		Senior	378
4369	6367	Mariana Lucas	00:39:57	01:09:47	01:01:56	3833		Senior	379
4370	3175	Joana Marreiros	00:34:14	01:09:48	01:08:28	4412		Senior	380
4371	1243	António Loio	00:33:35	01:09:48	01:08:46	4431		V60	109
4372	3913	Placido Miranda	00:35:27	01:09:48	01:08:30	4414	Corredeiros	Senior	917
4373	5732	Filipa Marques	00:36:11	01:09:49	01:08:57	4444	Marques & Associates	Senior	381
4374	3706	José Almeida	00:32:51	01:09:51	01:09:42	4482		V50	279
4375	5859	Tatiana Padrão	00:34:09	01:09:52	01:08:08	4384		Senior	382
4376	2271	Paula Sobral	00:33:37	01:09:53	01:09:25	4462	tartarugas solidarias	V40	209
4377	209	Sonia Magarinho	00:33:40	01:09:53	01:09:28	4468	tartarugas solidarias	V35	216
4378	4550	Pedro Plácido	00:35:23	01:09:55	01:08:14	4391	Happy Runners	V40	655
4379	1836	Eduardo Oliveira	00:38:45	01:09:56	01:02:33	3909	stracciatella	Senior	918
4380	1837	Carolina Gomes	00:38:48	01:09:56	01:02:33	3910	stracciatella	Senior	383

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4381	4787	Luis Martinho	00:35:39	01:09:56	01:08:37	4424	TEAM MARTINHO	Senior	919
4382	4788	Vania Martinho	00:35:39	01:09:56	01:08:39	4425	TEAM MARTINHO	Senior	384
4383	5947	Inês Alves	00:38:49	01:09:57	01:02:02	3850	KPMG	Senior	385
4384	6270	Joaquim Nunes	00:35:18	01:09:57	01:08:18	4396		V55	176
4385	239	Hélia Oliveira	00:34:10	01:09:57	01:08:58	4445		V35	217
4386	3672	Sandra Guerreiro	00:34:54	01:09:59	01:09:40	4478	Rebenta Milhas	Senior	386
4387	3557	Deolinda Camelo	00:34:28	01:09:59	01:09:12	4455	FITNESSWAY PINHAL NOVO	V40	210
4388	5734	Vera Marta	00:33:44	01:09:59	01:08:41	4427		Senior	387
4389	1849	Madalena Ribeiro	00:34:32	01:10:00	01:03:20	3992	Anda Cá	V40	211
4390	5995	Paulo Silva	00:40:19	01:10:00	01:01:48	3818		V40	656
4391	1848	Jorge Ribeiro	00:34:37	01:10:00	01:03:20	3991	Anda Cá	V40	657
4392	2914	Ana Rodrigues	00:35:26	01:10:00	01:08:31	4415		Senior	388
4393	3173	Sara Lança	00:35:26	01:10:00	01:08:31	4417		Senior	389
4394	2805	Antonio Carvalho	00:33:59	01:10:02	01:09:45	4486		V55	177
4395	250	Tânia Santo	00:34:49	01:10:04	01:09:09	4452		Senior	390
4396	5462	Joana Rosado	00:33:22	01:10:05	01:09:17	4457		Senior	391
4397	4935	Ana Rua	00:34:08	01:10:06	01:09:19	4460		Senior	392
4398	705	Catarina Reis	00:34:23	01:10:09	01:09:42	4481		V40	212
4399	2333	Elsa Brunheta	00:35:33	01:10:09	01:07:57	4367	Gazelas Do tempo	Senior	393
4400	3553	Dina Alegria	00:33:53	01:10:10	01:08:56	4443	FITNESSWAY PINHAL NOVO	V35	218

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4401	2509	Nuno Gonçalves	00:39:22	01:10:11	01:02:50	3953	GDCTINCM	V40	658
4402	3422	João Cláudio	00:41:32	01:10:13	01:10:10	4496		Senior	920
4403	2989	Luis Lopes	00:34:30	01:10:14	01:09:43	4483	BIVAC IBERICA	V60	110
4404	4834	Norberto Leitão	00:32:18	01:10:17	01:10:04	4493		Senior	921
4405	750	Pedro Antunes	00:34:10	01:10:21	01:09:31	4471		Senior	922
4406	6085	Luis Fonseca	00:38:49	01:10:21	01:03:39	4014		V55	178
4407	5757	Gonçalo Paixão	00:38:32	01:10:21	01:03:27	4003		V35	669
4408	3895	Carlos Costa	00:35:29	01:10:22	01:09:27	4467		V40	659
4409	3896	Célia Santos	00:35:29	01:10:22	01:09:27	4464		V40	213
4410	5282	Francisco Cruz	00:34:20	01:10:22	01:09:30	4470		Senior	923
4411	4106	Ricardo Estêvão	00:34:54	01:10:22	01:09:10	4453		V40	660
4412	4105	Sonia Gomes	00:34:55	01:10:22	01:09:11	4454		V35	219
4413	5281	Sofia Goulart	00:34:21	01:10:23	01:09:31	4474		Senior	394
4414	842	André Dias	00:33:38	01:10:23	01:09:03	4449		Senior	924
4415	3555	Susana Pereira	00:35:43	01:10:29	01:09:13	4456	FITNESSWAY PINHAL NOVO	V35	220
4416	6191	Tonq Li	00:37:59	01:10:35	01:03:09	3973		Senior	925
4417	238	Helena Afonso	00:33:34	01:10:36	01:10:36	4515		V40	214
4418	5952	Ana Marques	00:38:49	01:10:36	01:02:42	3933	KPMG	Senior	395
4419	5965	Mariana Gomes	00:39:23	01:10:39	01:04:03	4051	KPMG	Senior	396
4420	5560	Emanuel Grancho	00:36:02	01:10:44	01:10:31	4512		Senior	926

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4421	3316	Maria Duarte	00:35:55	01:10:46	01:09:25	4461	Correr Lisboa	Senior	397
4422	3251	Henrique Mouta	00:34:43	01:10:46	01:08:46	4432	SS CGD	V35	670
4423	4077	Ana Matos	00:38:23	01:10:50	01:04:05	4054		Senior	398
4424	1478	Susana Lourenço	00:34:00	01:10:51	01:10:38	4516		V35	221
4425	5138	Gonçalo Oliveira	00:39:46	01:10:51	01:03:50	4028	GDCT Unicre	V50	280
4426	941	Manuela Barreto	00:33:00	01:10:53	01:10:29	4511	FALCÕES SELVAGENS	V40	215
4427	6004	Nuno Alves	00:38:40	01:10:53	01:03:47	4024		V40	661
4428	4164	Vanessa Côdea	00:34:52	01:11:05	01:10:03	4492	Funtastic Four	Senior	399
4429	3837	Alice Perpétua	00:36:18	01:11:06	01:09:42	4480	Pinguins do Ártico	Senior	400
4430	5453	Lucilia Cardoso	00:38:28	01:11:08	01:04:19	4075		V45	120
4431	4214	Ruben Marinho	00:36:23	01:11:10	01:08:49	4436	g.d.chelas	Junior	62
4432	6064	Adriana Buonfiglio	00:36:50	01:11:12	01:08:53	4440		V35	222
4433	6065	Gonçalo Faria	00:36:50	01:11:12	01:08:52	4438		V35	671
4434	5955	Rodrigo Lopes	00:31:01	01:11:12	01:09:41	4479	KPMG	Senior	927
4435	3912	Selma Machado	00:35:27	01:11:12	01:09:53	4488	Corredeiros	Senior	401
4436	5191	Marcelo Fontes	00:38:58	01:11:14	01:03:44	4020		Senior	928
4437	5109	Rui Aldeano	00:38:58	01:11:15	01:03:43	4018		Senior	929
4438	5397	Luis Serra	00:34:33	01:11:18	01:10:58	4525		V35	672
4439	3156	Sérgio Gonçalves	00:39:40	01:11:20	01:02:45	3937	Quebra-Milhas	V35	673
4440	3611	Bruno Loio	00:34:30	01:11:21	01:11:18	4545	Gabirus	V35	674

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4441	1575	José Lóio	00:34:32	01:11:21	01:11:18	4546		V60	111
4442	963	Bárbara Cunha	00:34:41	01:11:21	01:10:59	4527		Senior	402
4443	4150	Rita Ferreira	00:34:36	01:11:26	01:10:24	4507	Funtastic Four	Senior	403
4444	1488	Hugo Freitas	00:33:37	01:11:28	01:09:49	4487	Semprabrir	V35	675
4445	5786	Ricardo Marques	00:40:10	01:11:28	01:03:37	4010		V35	676
4446	6231	Liao Lingli	00:37:10	01:11:30	01:09:31	4472		Senior	404
4447	4684	Catarina Nogueira	00:35:53	01:11:32	01:10:39	4517		Senior	405
4448	4977	Ricardo Silva	00:35:53	01:11:33	01:10:39	4519		Senior	930
4449	4976	Marta Silva	00:35:53	01:11:33	01:10:39	4518		Senior	406
4450	1310	Kueng Paul	00:38:56	01:11:34	01:04:26	4085		V50	281
4451	6267	Sónia Adena	00:34:11	01:11:34	01:09:43	4484		V35	223
4452	2960	Jorge Gonçalves	00:35:20	01:11:35	01:11:10	4536		V40	662
4453	6266	Helder Fortes	00:34:12	01:11:35	01:09:44	4485		Senior	931
4454	2958	Manuela Gonçalves	00:35:20	01:11:35	01:11:10	4534		V35	224
4455	3750	Sara Prates	00:36:56	01:11:35	01:09:53	4489		V35	225
4456	3032	Sonia Rebelo	00:36:12	01:11:36	01:10:14	4501	Encosta Team	V40	216
4457	2538	Paula Leitão	00:34:35	01:11:38	01:11:14	4542		V40	217
4458	2539	Maria Almeida	00:34:35	01:11:39	01:11:14	4541		V45	121
4459	896	Esther Dominguez	00:34:52	01:11:39	01:10:40	4520		V40	218
4460	4743	Sanjaysinh Natha	00:34:36	01:11:40	01:10:36	4514		V40	663

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4461	1187	Gonçalo Rangel	00:36:21	01:11:43	01:10:58	4526	PARBFRPPXXX	Senior	932
4462	5345	Joel Silva	00:37:17	01:11:45	01:10:11	4497		Senior	933
4463	5209	Marta Algarvio	00:37:16	01:11:45	01:10:12	4499		V35	226
4464	5733	João Marques	00:35:52	01:11:47	01:10:55	4523	Marques & Associates	Senior	934
4465	2181	Rita Reis	00:35:43	01:11:50	01:10:27	4509		V35	227
4466	863	Elsa Ribeiro	00:35:22	01:11:50	01:10:33	4513		V45	122
4467	4887	Paula Ferreira	00:35:00	01:11:55	01:10:16	4503		V50	58
4468	6411	Camila Savio	00:37:45	01:11:56	01:05:22	4191		V35	228
4469	5954	Susana Anes	00:39:17	01:11:56	01:04:03	4050	KPMG	Senior	407
4470	1093	Paula Lourenço	00:35:16	01:11:58	01:11:54	4566	EVELX - Associação de Estilos de Vida Saudável	V35	229
4471	6193	Ouda Cheng	00:41:34	01:11:58	01:11:55	4567		Junior	63
4472	5753	M <sup>a</sup> Costa	00:36:26	01:12:01	01:11:27	4550		V60	8
4473	3098	Carla Ferreira	00:36:20	01:12:02	01:11:10	4535		V35	230
4474	3667	José Brás	00:40:19	01:12:05	01:05:22	4192	Rebenta Milhas	V45	416
4475	4960	Miguel Silva	00:35:31	01:12:05	01:11:25	4549		V70	22
4476	1158	Dora Cruz	00:34:50	01:12:06	01:11:47	4561		V40	219
4477	5687	Sandra Letras	00:37:13	01:12:07	01:10:20	4505	Odebrecht Portugal	Senior	408
4478	5682	Luisa Alves	00:37:13	01:12:07	01:10:21	4506	Odebrecht Portugal	Senior	409
4479	2598	Raquel Cavaco	00:36:27	01:12:09	01:09:54	4490		Senior	410
4480	589	Romão Ferreira	00:34:38	01:12:10	01:10:44	4521		V60	112



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4481	1901	Nuno Silva	00:35:54	01:12:10	01:11:14	4540		V35	677
4482	5928	Ricardo Salgado	00:34:50	01:12:15	01:10:25	4508	Cofina Runners	V35	678
4483	541	Luís Caetano	00:34:38	01:12:15	01:11:36	4554	CLUBE NOVO BANCO	V50	282
4484	2384	Sandra Ramos	00:35:38	01:12:17	01:10:13	4500	Os Conta-Kilómetros	Senior	411
4485	181	Catarina Ameixial	00:35:28	01:12:20	01:11:44	4557		V40	220
4486	1155	Tania Sousa	00:36:32	01:12:23	01:10:16	4504		V35	231
4487	1069	Luis Neves	00:36:32	01:12:23	01:10:15	4502		V40	664
4488	5070	Cláudia Alves	00:35:38	01:12:24	01:11:34	4552		Senior	412
4489	2828	Vanessa Tomás	00:38:42	01:12:25	01:05:20	4188		V35	232
4490	2829	Domingos Brito	00:38:42	01:12:26	01:05:20	4185		V35	679
4491	3195	Beatriz Semedo	00:34:13	01:12:26	01:11:36	4553		Junior	9
4492	6252	Li Wei	00:40:05	01:12:26	01:04:17	4071		Senior	413
4493	3294	Catarina Brito	00:39:07	01:12:29	01:05:14	4178		Senior	414
4494	4524	Valter Leandro	00:34:32	01:12:31	01:11:15	4543		V35	680
4495	1054	Rute Patrocinio	00:36:04	01:12:33	01:11:24	4547		V40	221
4496	5065	Arur Oliveira	00:36:07	01:12:34	01:11:25	4548		V40	665
4497	2611	Angela Pimenta	00:33:29	01:12:34	01:12:29	4578	Catch Me If You Can	V40	222
4498	3039	Joana Heitor	00:34:59	01:12:35	01:11:38	4556		Senior	415
4499	791	Jose Marques	00:38:04	01:12:39	01:11:18	4544	Papa trilhos	V40	666
4500	6407	Marcela Aragão	00:36:57	01:12:46	01:11:08	4532		V35	233

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4501	4019	Marta Feio	00:35:12	01:12:47	01:12:24	4576	Os FEIOS também correm...	Senior	416
4502	6408	Francisco Pinheiro	00:36:56	01:12:47	01:11:09	4533		V60	113
4503	401	Fátima Mendes	00:35:17	01:12:48	01:12:22	4574	tartarugas solidarias	V55	23
4504	6106	Cristina Bettencourt	00:35:23	01:12:50	01:10:46	4522	Coyotecujo	Senior	417
4505	5809	Francisco Coutinho	00:38:02	01:12:51	01:06:08	4240		V35	681
4506	6488	Helena Claudino	00:40:59	01:12:52	01:04:53	4145		V50	59
4507	4907	Fernando Fernandes	00:39:45	01:12:53	01:05:27	4197		V45	417
4508	1233	Carla Chrystello	00:35:59	01:12:57	01:12:33	4585		V40	223
4509	3513	Tatiana Serra	00:34:54	01:12:59	01:12:29	4580	Bucelas	Senior	418
4510	5660	Rute Pror	00:36:34	01:13:01	01:11:46	4559		V35	234
4511	162	Paulo Jesus	00:39:28	01:13:02	01:05:01	4159		V40	667
4512	2262	´Rui Henriques	00:36:16	01:13:08	01:12:31	4582	ADRC Mata de Benfica	V65	50
4513	2069	José Engana	00:38:00	01:13:12	01:06:24	4263		V65	51
4514	3359	Ana Martins	00:34:38	01:13:13	01:12:40	4588		Senior	419
4515	94	Pedro Gomes	00:36:38	01:13:13	01:06:11	4246	MONTEPIO - Marketeers	V35	682
4516	5033	Sara Caldeira	00:35:03	01:13:17	01:12:23	4575		Senior	420
4517	5961	João Frade	00:35:15	01:13:19	01:11:46	4560	KPMG	Senior	935
4518	2608	Miguel Subtil	00:36:36	01:13:19	01:12:30	4581	MF&A and Friends	V40	668
4519	3787	Isabel Gião	00:34:34	01:13:21	01:11:11	4539	Mulheres Amigas	Senior	421
4520	4295	Monica Ferreira	00:40:40	01:13:22	01:06:08	4241	Hiscox Lions friends	V35	235

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4521	5114	Patricia Santos	00:39:51	01:13:23	01:05:54	4227	Rockers29	V35	236
4522	1291	Armanda Almeida	00:35:28	01:13:25	01:12:35	4587		Senior	422
4523	4383	Ana Amaro	00:42:23	01:13:26	01:13:23	4604		V35	237
4524	3333	Marco Conceição	00:42:24	01:13:28	01:02:28	3902		Senior	936
4525	5661	Isabel Prior	00:35:47	01:13:29	01:12:14	4573		V35	238
4526	5094	João Pereira	00:37:26	01:13:30	01:12:27	4577		V35	683
4527	3560	Filipe Coelho	00:36:08	01:13:31	01:12:43	4590	FITNESSWAY PINHAL NOVO	Senior	937
4528	3873	Joana Lopes	00:35:28	01:13:32	01:12:40	4589		Senior	423
4529	5477	Ângela Machado	00:39:25	01:13:32	01:06:20	4257		V35	239
4530	3668	Rute Trindade	00:33:54	01:13:36	01:13:19	4602	Rebenta Milhas	V40	224
4531	4537	Miguel Leal	00:36:11	01:13:37	01:13:10	4596		V55	179
4532	5490	Pedro Santos	00:34:51	01:13:37	01:12:44	4591		Senior	938
4533	4538	Ana Leal	00:36:11	01:13:37	01:13:11	4597		V50	60
4534	1890	Rita Cabral	00:35:04	01:13:40	01:13:37	4606		V40	225
4535	787	Madalena Santos	00:35:04	01:13:41	01:13:37	4605		V35	240
4536	6220	Ana Santos	00:37:12	01:13:43	01:11:49	4563		V40	226
4537	6221	Vitor Rocha	00:37:12	01:13:43	01:11:48	4562		V40	669
4538	2342	Alvaro Oliveira	00:41:05	01:13:43	01:06:15	4253		V45	418
4539	4727	Ricardo Santos	00:40:47	01:13:44	01:06:52	4302	2x1	V35	684
4540	1547	Paula Costa	00:35:59	01:13:46	01:13:05	4594		V45	123

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4541	6223	Francisco Costa	00:37:12	01:13:48	01:11:53	4564		V35	685
4542	6222	Irina Pedro	00:37:12	01:13:48	01:11:53	4565		V35	241
4543	3053	Tânia Jesus	00:36:18	01:13:51	01:12:48	4592		Senior	424
4544	4312	Nuno Pedro	00:38:09	01:13:57	01:07:17	4326	Hiscox Lions	V40	670
4545	3623	Charlotte Johnson	00:36:22	01:13:58	01:13:50	4615	Sempre em Festa	V65	3
4546	1925	Carla Conchinha	00:35:22	01:13:59	01:13:56	4620		V40	227
4547	3022	Rosa Marques	00:37:22	01:14:00	01:12:32	4583	Encosta Team	V40	228
4548	3023	Nuno Marques	00:37:22	01:14:01	01:12:33	4586	Encosta Team	V40	671
4549	5773	Cristina Barata	00:35:59	01:14:02	01:12:05	4569		V35	242
4550	1062	Anabela Martins	00:39:24	01:14:07	01:07:28	4339	BRRnightRUNNERS	V40	229
4551	6263	Alexandra Fernandes	00:39:01	01:14:07	01:07:29	4340	BRRnightRUNNERS	V40	230
4552	926	Cátia Seabra	00:34:59	01:14:12	01:14:07	4625		Senior	425
4553	2874	Filipe Camelo	00:39:26	01:14:16	01:06:39	4276		Junior	64
4554	2873	Lucas Camelo	00:39:27	01:14:17	01:06:38	4274		Junior	65
4555	2067	Daniel Pinto	00:40:07	01:14:17	01:06:30	4269		Senior	939
4556	2875	Mauro Camelo	00:39:27	01:14:21	01:06:43	4286		Senior	940
4557	4070	Paula Oliveira	00:34:28	01:14:24	01:13:46	4610		Senior	426
4558	5882	António Gaspar	00:39:23	01:14:27	01:07:05	4314		V70	23
4559	2131	Márcia Vaz	00:38:27	01:14:28	01:13:46	4611	TT Team	V35	243
4560	2130	Miguel Doellinger	00:38:27	01:14:28	01:13:45	4608	TT Team	V35	686

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4561	834	Fernando Allen	00:37:09	01:14:29	01:14:21	4628		V65	52
4562	1063	Ana Montesinos	00:39:01	01:14:34	01:07:56	4366	BRRnightRUNNERS	V45	124
4563	2125	Maria Santiago	00:37:20	01:14:35	01:13:09	4595		V40	231
4564	5076	Ana Aldinhas	00:37:20	01:14:37	01:13:13	4598		Senior	427
4565	3208	Ana Figueiredo	00:37:20	01:14:37	01:13:13	4599		Senior	428
4566	2890	Jorge Luís	00:36:24	01:14:40	01:14:12	4626		V45	419
4567	6410	Júlio Ferreira	00:36:46	01:14:40	01:13:17	4601		V50	283
4568	6412	Maria Ferreira	00:36:45	01:14:41	01:13:17	4600		Senior	429
4569	3803	Helena Santos	00:41:10	01:14:42	01:07:38	4353		V35	244
4570	2779	M Veladas	00:35:15	01:14:42	01:14:35	4633		V40	232
4571	3774	Joaquim Vaz	00:41:10	01:14:42	01:07:39	4356		V40	672
4572	6194	António Almeida	00:40:59	01:14:44	01:07:59	4373		V40	673
4573	3417	Paulo Simão	00:38:15	01:14:45	01:14:42	4638		V35	687
4574	1030	Fernando Luís	00:39:11	01:14:45	01:07:46	4360		V50	284
4575	3835	Moisés Rodrigues	00:36:56	01:14:47	01:14:01	4621	Pinguins do Ártico	Senior	941
4576	764	Dina Crispim	00:39:28	01:14:49	01:13:20	4603		V40	233
4577	1206	Mariana Santos	00:37:52	01:14:50	01:14:04	4622	PARBFRPPXXX	Senior	430
4578	4610	Alexandra Palma	00:37:14	01:14:53	01:13:49	4612	CHEP	V35	245
4579	4608	Nuno Santos	00:37:14	01:14:53	01:13:50	4616	CHEP	V35	688
4580	4609	Ana Tavares	00:37:26	01:14:55	01:13:51	4617	CHEP	V35	689

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4581	4607	Céu Carvalho	00:37:26	01:14:55	01:13:51	4618	CHEP	V40	234
4582	6256	Ana Pereira	00:42:51	01:14:57	01:07:05	4316		Senior	431
4583	6258	Qi Li	00:40:42	01:15:02	01:06:54	4305		Senior	432
4584	4603	Luís Martins	00:35:43	01:15:03	01:14:41	4637	Os Duros	Senior	942
4585	5685	Jorge Monteiro	00:40:18	01:15:05	01:08:24	4405	Odebrecht Portugal	V45	420
4586	5485	João Santod	00:36:47	01:15:06	01:14:04	4623		V35	690
4587	2036	Susana Fortes	00:36:48	01:15:07	01:14:04	4624		V35	246
4588	5798	André Filipe	00:36:27	01:15:12	01:15:01	4647		Junior	66
4589	6005	Tiago Gomes	00:40:33	01:15:15	01:07:48	4361		Senior	943
4590	5795	Sandro Jesus	00:36:27	01:15:15	01:15:05	4653		Junior	67
4591	5797	Leandro Vaz	00:37:28	01:15:15	01:15:05	4652		Junior	68
4592	2610	Filipa Lopes	00:36:07	01:15:19	01:15:14	4659	Catch Me If You Can	V40	235
4593	934	Pedro Andrade	00:38:16	01:15:22	01:13:51	4619	Açoreana Clube Banif	V35	691
4594	2664	Venâncio Semião	00:40:14	01:15:24	01:08:08	4383		Senior	944
4595	2706	Carlos Rodrigues	00:40:46	01:15:25	01:07:58	4371		Senior	945
4596	4518	Juliana Antunes	00:36:24	01:15:26	01:15:13	4658	TEAM SAPOR	Senior	433
4597	954	Lena Latzke	00:41:35	01:15:26	01:08:40	4426		Senior	434
4598	1768	Jorge Belo	00:36:12	01:15:27	01:15:04	4651		V50	285
4599	2418	Ana Batista	00:37:19	01:15:29	01:14:40	4636	ChicasLaricas	Senior	435
4600	6269	João Pratas	00:42:51	01:15:30	01:07:38	4354		Senior	946

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4601	2663	Joana David	00:40:15	01:15:32	01:08:17	4394		Senior	436
4602	4086	Patricia Prazeres	00:36:42	01:15:32	01:14:15	4627		Senior	437
4603	5120	Ana Mesquita	00:36:25	01:15:34	01:15:22	4664	TEAM SAPOR	Senior	438
4604	67	Lilia Oliveira	00:36:58	01:15:34	01:14:44	4640		Senior	439
4605	62	Ricardo Carrinhos	00:36:59	01:15:34	01:14:45	4641		Senior	947
4606	6224	Wagner Gomes	00:40:58	01:15:35	01:08:15	4393		Senior	948
4607	6225	Claudia Martins	00:40:58	01:15:35	01:08:14	4392		Senior	440
4608	3078	Joana Penida	00:37:07	01:15:37	01:13:43	4607		Senior	441
4609	1885	Luis Vitoriano	00:37:32	01:15:39	01:15:19	4663	Os Barriguitas	V45	421
4610	3419	Cláudia Cláudio	00:41:32	01:15:45	01:15:42	4670		Senior	442
4611	668	Paula Silva	00:37:16	01:15:48	01:14:33	4631	CLUBE NOVO BANCO	V45	125
4612	5945	João Luís	00:40:13	01:15:57	01:08:56	4441	KPMG	Senior	949
4613	5250	Sandra Pina	00:37:55	01:15:58	01:15:38	4669		V40	674
4614	1323	Francisco Mouchinho	00:38:14	01:16:04	01:14:33	4630		V65	53
4615	3354	Celeste Romero	00:36:50	01:16:08	01:15:19	4662		V40	236
4616	1188	Marta Correia	00:37:22	01:16:09	01:14:57	4644	PARBFRPPXXX	Senior	443
4617	4294	Mariana Mayer	00:40:48	01:16:11	01:09:29	4469	Hiscox Lions friends	Senior	444
4618	5605	Francisco Pereira	00:27:42	01:16:12	01:14:40	4635		Senior	950
4619	5296	Bento Ferreira	00:39:17	01:16:14	01:14:36	4634		V65	54
4620	99	Sara Sousa	00:38:12	01:16:15	01:14:43	4639	tartarugas solidarias	V35	247

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4621	5066	Alexandra Ruivo	00:40:04	01:16:18	01:09:26	4463		V45	126
4622	4796	Alexandra Andrez	00:37:31	01:16:19	01:15:08	4656		Senior	445
4623	4797	Andreia Andrez	00:37:32	01:16:19	01:15:08	4655		Senior	446
4624	4299	Ana Meca	00:40:39	01:16:20	01:09:05	4450	Hiscox Lions	V40	237
4625	3337	Ana Carreira	00:37:54	01:16:24	01:15:02	4649		V35	248
4626	5463	Daniel Simões	00:39:47	01:16:30	01:09:17	4458		Senior	951
4627	273	Rita Joaquim	00:36:30	01:16:30	01:16:19	4681		Senior	447
4628	3740	Luciana Ferreira	00:37:24	01:16:30	01:16:11	4680		V35	249
4629	1302	José Sebastião	00:37:49	01:16:36	01:15:31	4666		V40	675
4630	158	Pedro Henriques	00:40:15	01:16:38	01:10:05	4494	Águias do Olimpo	V40	676
4631	1535	Rogério Dias	00:38:03	01:16:42	01:10:06	4495		V65	55
4632	5269	Simão Pina	00:38:35	01:16:43	01:15:27	4665		Junior	69
4633	16	Ana Paixao	00:35:54	01:16:44	01:15:42	4671		V40	238
4634	343	Alexandra Ribeiro	00:35:54	01:16:44	01:15:43	4672		V40	239
4635	3847	Pedro Nunes	00:40:35	01:16:46	01:09:31	4473		V35	692
4636	4872	Wang Luísa	00:44:06	01:16:46	01:16:43	4687		Senior	448
4637	4114	Silvia Cintra	00:36:50	01:16:49	01:15:12	4657	Evolution	V35	250
4638	3377	Carlota Raposo	00:37:33	01:16:50	01:16:47	4688		V45	127
4639	632	Sandra Guerreiro	00:41:42	01:16:51	01:09:59	4491		V40	240
4640	6204	Susana Marcondes	00:37:08	01:16:51	01:14:45	4642		V55	24



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4641	6205	Juliana Marcondes	00:37:08	01:16:52	01:14:46	4643		Senior	449
4642	3369	Maria Perleques	00:29:44	01:16:54	01:15:00	4646	BRRnightRUNNERS	V40	241
4643	3558	Vera Oliveira	00:37:21	01:17:04	01:15:48	4673	FITNESSWAY PINHAL NOVO	V35	251
4644	110	Carlos Ribeiro	00:37:17	01:17:05	01:15:33	4667		V60	114
4645	6273	Shengjian Chen	00:35:09	01:17:06	01:16:10	4679		Senior	952
4646	2234	Paula Rocha	00:37:03	01:17:11	01:16:35	4683		V45	128
4647	2893	Rute Pinto	00:35:36	01:17:15	01:16:07	4678		Senior	450
4648	4863	Peng Xia	00:44:23	01:17:17	01:17:14	4693		Senior	953
4649	6100	Mauricio Vieira	00:38:02	01:17:21	01:15:17	4661		V35	693
4650	2488	Rui Pedro	00:36:41	01:17:31	01:17:15	4695		V40	677
4651	2099	Liliana Gomes	00:40:07	01:17:33	01:10:58	4524		Senior	451
4652	2755	Marta Simão	00:42:23	01:17:34	01:07:05	4315	GYM 2010	V35	252
4653	5926	Tânia Ana	00:41:26	01:17:36	01:10:11	4498	Cofina Runners	V35	253
4654	2335	Cátia Sofia	00:37:49	01:17:38	01:15:34	4668	Os Conta-Kilómetros	Senior	452
4655	4820	Isabel Caldeira	00:41:21	01:17:39	01:17:36	4698		V40	242
4656	3981	Ana Fidalgo	00:38:26	01:17:42	01:16:05	4677		Senior	453
4657	4035	Tiago Gil	00:38:26	01:17:42	01:16:04	4676	Mercedes-Benz	Senior	954
4658	1282	Isabel Louro	00:38:57	01:17:51	01:15:16	4660		V45	129
4659	1649	Dudu Mendes	00:39:29	01:18:05	01:16:20	4682		V35	694
4660	2347	Pedro Pina	00:38:35	01:18:06	01:16:51	4690		V45	422

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4661	1931	Rui Sousa	00:41:40	01:18:13	01:10:28	4510		V35	695
4662	2811	Fernando Rodrigues	00:38:44	01:18:14	01:17:47	4703		V70	24
4663	4115	Fernanda Kranendonk	00:38:02	01:18:16	01:16:40	4685	Evolution	V40	243
4664	5976	Mariana Sotero	00:41:26	01:18:18	01:11:11	4537		Senior	454
4665	5860	Tiago Santos	00:41:26	01:18:18	01:11:11	4538		Senior	955
4666	5569	Adeice Silva	00:38:05	01:18:23	01:18:23	4717		V50	61
4667	506	Maria Santos	00:38:05	01:18:24	01:18:10	4710	CLUBE NOVO BANCO	V45	130
4668	3525	Silvia Mendes	00:42:45	01:18:25	01:11:06	4531		Senior	455
4669	6145	Maria Lourenço	00:37:24	01:18:27	01:18:16	4715	EVELX - Associação de Estilos de Vida Saudável	V55	25
4670	6146	Maria Leonorcarreira	00:37:24	01:18:27	01:18:19	4716	EVELX - Associação de Estilos de Vida Saudável	V55	26
4671	6275	Carla Santos	00:36:51	01:18:28	01:16:40	4684		V40	244
4672	6277	Miguel Brito	00:36:51	01:18:28	01:16:40	4686		V35	696
4673	3465	Tânia Subtil	00:37:55	01:18:28	01:18:08	4709	Lis Running CPA	Senior	456
4674	5692	Mónica Marques	00:36:21	01:18:36	01:18:11	4711	Mr.optic,lda	V35	254
4675	5949	Catarina Liquito	00:35:43	01:18:39	01:18:13	4712	KPMG	Senior	457
4676	4637	Filipe Menezes	00:38:28	01:18:40	01:17:15	4696		V55	180
4677	4546	Raquel Roque	00:39:24	01:18:41	01:17:02	4691	Happy Runners	Senior	458
4678	4636	Maria Zeller	00:38:28	01:18:41	01:17:16	4697		Senior	459
4679	3838	Ana Marques	00:39:42	01:18:42	01:17:57	4706	Pinguins do Ártico	V40	245
4680	3839	Bruno Maia	00:39:42	01:18:42	01:17:57	4707	Pinguins do Ártico	V35	697

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4681	1775	Cristina Friaças	00:38:59	01:18:45	01:18:08	4708		V45	131
4682	180	Nuno Ameixial	00:41:52	01:18:45	01:11:45	4558		V40	678
4683	5134	Luís Victório	00:41:06	01:18:45	01:11:02	4529	Quebra-Milhas	V35	698
4684	2981	Ana Galamba	00:42:54	01:18:46	01:11:01	4528	Malveira Team	V35	255
4685	2977	Miguel Gonçalves	00:42:41	01:18:46	01:11:03	4530	Malveira Team	Senior	956
4686	1178	Ana Assunção	00:41:37	01:19:01	01:11:32	4551		Senior	460
4687	1692	Céu Neves	00:40:18	01:19:02	01:12:29	4579		V55	27
4688	5419	Filipa Andrade	00:37:45	01:19:10	01:17:45	4701	Anabelas	Senior	461
4689	729	Vera Alexandra	00:38:43	01:19:13	01:17:38	4699	tartarugas solidarias	V35	256
4690	4486	Mário Tavares	00:38:43	01:19:13	01:17:39	4700		V35	699
4691	4852	Alexsander Batuli	00:37:02	01:19:15	01:17:45	4702		V45	423
4692	2133	Ana Marques	00:38:12	01:19:15	01:18:35	4721	TT Team	Senior	462
4693	2132	Gonçalo Antunes	00:38:11	01:19:15	01:18:34	4720	TT Team	V35	700
4694	3836	João Monteiro	00:38:21	01:19:19	01:18:33	4719	Pinguins do Ártico	V40	679
4695	6189	Tânia Alves	00:41:18	01:19:20	01:12:51	4593		Junior	10
4696	2980	Margarida Mata	00:42:54	01:19:22	01:11:37	4555	Malveira Team	Senior	463
4697	300	Alfredo Almeida	00:39:17	01:19:23	01:19:08	4726		V60	115
4698	4398	He	00:40:33	01:19:25	01:17:55	4704		Senior	464
4699	4397	Shen	00:40:32	01:19:25	01:17:55	4705		Senior	957
4700	1465	Ana Silva	00:39:00	01:19:31	01:19:31	4733	GRD OS FIXES	V55	28

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4701	2392	Victor Ramos	00:40:20	01:19:34	01:19:31	4734		V65	56
4702	4239	Ana Pinho	00:39:41	01:19:37	01:19:18	4732	Rebenta Milhas	Senior	465
4703	6386	Surget Philippe	00:42:49	01:19:42	01:11:56	4568		V35	701
4704	361	Rita Aragão	00:43:42	01:19:43	01:12:13	4571		Senior	466
4705	360	Bruno Aragão	00:43:41	01:19:43	01:12:13	4572		Senior	958
4706	3194	Ana Castro	00:38:20	01:19:44	01:18:54	4725		V35	257
4707	1304	Ana Caldeira	00:39:02	01:19:52	01:18:15	4713		V35	258
4708	1305	Fausto Gamito	00:39:02	01:19:52	01:18:15	4714		V35	702
4709	6387	Surget Astrid	00:42:50	01:19:53	01:12:06	4570		V35	259
4710	5830	Rui Zhang	00:41:49	01:19:54	01:12:32	4584		Senior	959
4711	3758	Vitor Pereira	00:36:25	01:20:02	01:19:42	4736	coloquio	V50	286
4712	2968	Filipa Fonseca	00:40:14	01:20:03	01:18:27	4718	Speedy Cunhados	V35	260
4713	398	Carla Mendes	00:43:52	01:20:06	01:09:27	4465	tartarugas solidarias	V35	261
4714	1018	Maria Anjos	00:40:09	01:20:08	01:18:39	4722	CONDOR	V65	4
4715	4475	José Cunha	00:37:24	01:20:13	01:19:50	4740		V45	424
4716	5088	Virgínia Branco	00:37:24	01:20:14	01:19:51	4741		V45	132
4717	3646	Samuel Veiga	00:36:21	01:20:28	01:19:39	4735		Senior	960
4718	3364	Gonçalo Santos	00:41:48	01:20:39	01:19:16	4730		Senior	961
4719	3262	Silvia Matos	00:41:48	01:20:39	01:19:16	4731		Senior	467
4720	2336	Pedro Duarte	00:41:35	01:20:43	01:19:13	4729	Clube do Stress	V35	703

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4721	2337	Joana Duarte	00:41:36	01:20:43	01:19:13	4728	Clube do Stress	Senior	468
4722	3442	João Lopes	00:40:53	01:20:48	01:13:45	4609	Hot Soup Team	Senior	962
4723	4685	Andreia Baptista	00:39:18	01:20:48	01:19:56	4743		V35	262
4724	3968	Miguel Nogueira	00:39:08	01:20:48	01:19:56	4742		V35	704
4725	3571	Cristina Monteiro	00:39:18	01:20:48	01:19:56	4744		V35	263
4726	3440	Ju Saramago	00:40:54	01:20:52	01:13:50	4613	Hot Soup Team	Senior	469
4727	3441	Hugo Malarranha	00:40:53	01:20:53	01:13:50	4614	Hot Soup Team	V35	705
4728	139	Romana Silva	00:37:34	01:20:58	01:20:53	4750		Senior	470
4729	6188	Antonio Mendes	00:44:44	01:21:30	01:15:01	4648		V55	181
4730	4088	Pedro Pereira	00:38:16	01:21:39	01:20:20	4747		V50	287
4731	4290	Duarte Mayer	00:41:49	01:21:40	01:14:57	4645	Hiscox Lions friends	Senior	963
4732	5511	Victor Silva	00:39:29	01:21:41	01:21:40	4761		V65	57
4733	5674	Susana Caseiro	00:38:13	01:21:43	01:21:07	4755	LxOutdoor	V40	246
4734	4498	Rui Ferreira	00:40:46	01:22:02	01:20:06	4746		V40	680
4735	4691	Bárbara Faria	00:43:37	01:22:07	01:14:33	4632		Senior	471
4736	5702	Inês Reis	00:41:14	01:22:07	01:20:47	4749		V35	264
4737	3691	Helena Martins	00:37:58	01:22:08	01:21:45	4763	OS MARTINS	V55	29
4738	3711	Raquel Neves	00:37:58	01:22:09	01:21:46	4765		Senior	472
4739	3695	Emilia Martins	00:37:58	01:22:09	01:21:45	4762	OS MARTINS	V55	30
4740	64	João Mealhas	00:36:27	01:22:11	01:21:57	4770		Senior	964

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4741	2814	Ana Morais	00:36:27	01:22:11	01:21:59	4771		Senior	473
4742	3157	Álvaro Valente	00:44:50	01:22:13	01:14:29	4629	Quebra-Milhas	Senior	965
4743	567	Sandra Cabaço	00:40:13	01:22:15	01:20:43	4748		V40	247
4744	5361	Sofia Hipolito	00:40:13	01:22:16	01:21:06	4754		Senior	474
4745	3845	Raquel Gomes	00:38:27	01:22:17	01:21:08	4757		Senior	475
4746	3843	André Alves	00:38:27	01:22:18	01:21:08	4756		Senior	966
4747	2548	Sónia Crespo	00:39:39	01:22:21	01:21:30	4759		V35	265
4748	5136	Rita Mesquita	00:39:57	01:22:42	01:22:01	4772	2smile	V40	248
4749	5135	Ana Timóteo	00:39:57	01:22:42	01:22:01	4773	2smile	V40	249
4750	1192	Pedro Santos	00:40:30	01:22:43	01:15:57	4674		Senior	967
4751	4194	Susana Guerreiro	00:43:56	01:22:44	01:15:07	4654		V35	266
4752	2831	Tiago Alves	00:40:58	01:22:53	01:21:20	4758		Senior	968
4753	1016	Jose Arruda	00:42:38	01:22:53	01:21:53	4768	CONDOR	V65	58
4754	3828	Henrique Bastos	00:38:53	01:22:54	01:22:07	4776	Pinguins do Ártico	Senior	969
4755	1017	Fock Wan	00:42:38	01:22:55	01:21:54	4769	CONDOR	V65	5
4756	5140	Paula Rato	00:43:51	01:22:57	01:16:00	4675	GDCT Unicre	V45	133
4757	1211	Luis Gonçalves	00:42:15	01:23:00	01:21:35	4760		V40	681
4758	815	Lucinda Henriques	00:40:03	01:23:00	01:22:53	4785		V65	6
4759	4543	Marta Duque	00:40:23	01:23:08	01:22:06	4775		V35	267
4760	765	Custódia Carriço	00:42:10	01:23:21	01:21:53	4766		V50	62

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4761	200	Vitor Carrico	00:42:11	01:23:21	01:21:53	4767		V50	288
4762	715	Célia Passinhas	00:41:25	01:23:24	01:22:29	4783		V35	268
4763	4870	Luis Vicente	00:35:22	01:23:25	01:23:21	4787		V45	425
4764	5596	Cláudia Teles	00:38:52	01:23:35	01:23:21	4788		Senior	476
4765	5652	Carla Marques	00:40:35	01:23:46	01:22:27	4782		Senior	477
4766	3027	João Fernandes	00:41:01	01:23:52	01:22:26	4780	Encosta Team	V40	682
4767	3026	Teresa Fernandes	00:41:01	01:23:52	01:22:26	4781	Encosta Team	V40	250
4768	897	Luis Ameixa	00:41:09	01:23:55	01:22:56	4786		V45	426
4769	5857	Cristina Carvalho	00:43:50	01:23:55	01:17:14	4692		V50	63
4770	6278	Catarina Gaspar	00:39:37	01:23:57	01:22:12	4777		Senior	478
4771	3319	Mafalda Jacinto	00:41:45	01:23:57	01:21:45	4764	Link	Senior	479
4772	5827	Fernando Luis	00:29:27	01:24:13	01:23:39	4791		V60	116
4773	5929	Maria Pereira	00:36:48	01:24:29	01:23:42	4792	BRRnightRUNNERS	V45	134
4774	5933	Joana Moita	00:43:21	01:24:31	01:23:27	4789	BRRnightRUNNERS	V55	31
4775	6361	Rafael Pina	00:45:00	01:24:31	01:16:50	4689		V35	706
4776	5470	Paula Ribeiro	00:44:28	01:24:55	01:17:14	4694	Safaricom	V35	269
4777	5615	Joana Pereira	00:40:07	01:25:04	01:24:54	4796	Movet	Senior	480
4778	5353	Sílvia Pinto	00:42:33	01:25:05	01:23:37	4790	Osvaldos	V40	251
4779	4874	Helder Costa	00:41:00	01:25:24	01:23:50	4793		V45	427
4780	1139	Maria Amado	00:42:18	01:25:54	01:25:49	4803	the bolts	V55	32

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4781	1140	Ana Gonçalves	00:42:18	01:25:55	01:25:49	4802	the bolts	V40	252
4782	4377	Carlos Rosario	00:41:32	01:25:56	01:25:53	4805		V35	707
4783	3654	José Silva	00:39:32	01:26:16	01:24:30	4795	Lost Runners	V55	182
4784	1149	Isabel Garcez	00:41:26	01:26:19	01:25:47	4801	EVELX - Associação de Estilos de Vida Saudável	V45	135
4785	1077	António Martins	00:45:40	01:26:29	01:18:52	4724		V55	183
4786	3506	Elsa Costa	00:45:26	01:26:31	01:19:10	4727		V40	253
4787	1073	Manuel Rodrigues	00:42:50	01:26:36	01:26:19	4806		V50	289
4788	2111	Ana Pinto	00:41:21	01:26:36	01:25:49	4804		V45	136
4789	3414	Tiago Bernardo	00:48:07	01:26:36	01:15:03	4650		V40	683
4790	2026	Denise Joía	00:43:52	01:27:04	01:25:39	4798		V35	270
4791	2025	Nuno Guisado	00:43:52	01:27:05	01:25:41	4799		V35	708
4792	30	Jose Costa	00:42:51	01:27:07	01:26:51	4813		V60	117
4793	5359	Catarina Dias	00:43:00	01:27:17	01:25:43	4800	Osvaldos	Junior	11
4794	4331	Sílvia Gomes	00:42:47	01:27:17	01:27:03	4816		Senior	481
4795	5236	Francisco Monteiro	00:44:11	01:27:26	01:19:43	4737	Papa KM	Senior	970
4796	5237	Ricardo Simões	00:45:16	01:27:29	01:19:46	4738	Papa KM	Senior	971
4797	5234	Vanessa Cabral	00:45:16	01:27:30	01:19:49	4739	Papa KM	Senior	482
4798	4789	Maria Alves	00:46:52	01:27:32	01:20:57	4753		V50	64
4799	587	Joaquim Pinto	00:41:38	01:27:35	01:20:56	4752	BRRnightRUNNERS	V55	184
4800	1058	Paulo Silva	00:39:37	01:27:36	01:26:26	4809		V35	709



# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4801	1424	Sofia Alves	00:41:47	01:28:06	01:27:57	4819	Preguiçosos	V35	271
4802	979	Paulo Amorim	00:44:18	01:28:08	01:26:37	4812		Senior	972
4803	980	Claudia Amorim	00:44:18	01:28:09	01:26:36	4811		Senior	483
4804	6255	Xiaoling Qing	00:46:06	01:28:09	01:20:00	4745		Senior	484
4805	3812	Pedro Palmeiro	00:43:23	01:28:17	01:28:03	4822		Senior	973
4806	3811	Fernanda Costa	00:43:23	01:28:18	01:28:04	4823		V35	272
4807	884	Cátia Guilherme	00:45:02	01:28:28	01:27:08	4817		Senior	485
4808	6130	Joana Costa	00:46:38	01:28:29	01:20:54	4751		Senior	486
4809	5176	Cao	00:43:24	01:28:34	01:27:02	4814		V50	65
4810	5998	Ana Henriques	00:46:48	01:29:31	01:22:05	4774		V40	254
4811	4113	Carla Pinheiro	00:43:56	01:29:35	01:28:43	4825	Amélia Valentim Frazão	V40	255
4812	3586	Carmen Santos	00:43:56	01:29:36	01:28:42	4824	Amélia Valentim Frazão	V35	273
4813	4514	Pedro Miguéns	00:38:01	01:29:36	01:27:59	4820		V35	710
4814	3503	Alícia Alves	00:38:01	01:29:36	01:28:00	4821		Senior	487
4815	747	Mara Santos	00:48:17	01:29:38	01:18:39	4723		Senior	488
4816	805	Sónia Envia	00:47:50	01:29:48	01:22:29	4784	Chafariz Running Team	V35	274
4817	5957	Catarina Gomes	00:46:49	01:30:13	01:22:18	4779	KPMG	Senior	489
4818	5960	Ricardo Gordo	00:46:50	01:30:13	01:22:18	4778	KPMG	Senior	974
4819	1436	Helena Henriques	00:44:05	01:30:21	01:29:38	4826		V35	275
4820	1434	Ana Lourenço	00:44:05	01:30:21	01:29:39	4827		V35	276

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4821	4169	Adelino Soares	00:43:58	01:30:49	01:30:19	4831		V65	59
4822	4923	Helena Coelho	00:43:40	01:31:07	01:30:57	4836	QUEM ACREDITA VAI!	V50	66
4823	4926	Sara João	00:43:42	01:31:09	01:30:58	4838	QUEM ACREDITA VAI!	Senior	490
4824	4925	Raquel Coronel	00:43:41	01:31:09	01:30:58	4837	QUEM ACREDITA VAI!	Senior	491
4825	4924	Maria Coronel	00:43:39	01:31:12	01:31:03	4839	QUEM ACREDITA VAI!	V55	33
4826	5162	Fatima Manteiga	00:44:00	01:31:19	01:30:42	4833	GDCT Unicre	V45	137
4827	5157	Fatima Rodrigues	00:44:01	01:31:20	01:30:43	4834	GDCT Unicre	V45	138
4828	5163	Isabel Branco	00:44:01	01:31:20	01:30:42	4832	GDCT Unicre	V45	139
4829	5160	Ana Ferreira	00:44:02	01:31:21	01:31:18	4841	GDCT Unicre	V40	256
4830	5156	Paula Campos	00:44:01	01:31:21	01:31:18	4840	GDCT Unicre	V45	140
4831	1316	Margarida Alpuim	00:43:39	01:31:24	01:29:49	4830	Speedy Cunhados	Senior	492
4832	6319	Maria Alves	00:48:53	01:31:28	01:24:07	4794		V60	9
4833	4671	Rute Reizinho	00:45:14	01:32:12	01:31:26	4843		V35	277
4834	4512	Vanda Brito	00:45:16	01:32:12	01:31:28	4845		V40	257
4835	4638	Carlos Lázaro	00:45:14	01:32:12	01:31:26	4844		V40	684
4836	1504	Chen Liu	00:40:37	01:32:37	01:31:25	4842		Senior	493
4837	5268	Ruowei Chen	00:40:37	01:32:38	01:32:35	4849		Senior	494
4838	3071	Francisco Jesus	00:45:58	01:32:39	01:32:00	4846		Senior	975
4839	5675	Andreia Costa	00:46:05	01:32:44	01:32:08	4848	Odebrecht Portugal	Senior	495
4840	5681	Helena Oliveira	00:46:05	01:32:45	01:32:08	4847	Odebrecht Portugal	V50	67

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4841	5041	Carlos Tomaz	00:48:37	01:33:15	01:25:36	4797		V40	685
4842	6070	Maria Leite	00:48:54	01:33:39	01:26:21	4808		V60	10
4843	6163	Feranada Gonçalves	00:51:59	01:33:40	01:26:21	4807		V50	68
4844	3974	Henrique Manilha	00:47:54	01:34:00	01:33:36	4854		V60	118
4845	4520	Marta Neves	00:46:02	01:34:01	01:26:27	4810	MaGni7	V35	278
4846	3486	Teresa Silva	00:47:02	01:34:38	01:33:09	4850	Encosta Team	V55	34
4847	3487	Cristina Violante	00:47:03	01:34:38	01:33:09	4851	Encosta Team	V45	141
4848	6229	Pedro Meireles	00:50:32	01:34:50	01:27:02	4815		V45	428
4849	3682	Marilia Hermann	00:51:08	01:34:50	01:27:48	4818	Ginásio Clube Português	V45	142
4850	336	Carlos Castro	00:47:53	01:35:01	01:33:30	4852	MONTEPIO - Marketeers	V55	185
4851	4320	Ana Damásio	00:47:55	01:35:01	01:33:30	4853	MONTEPIO - Marketeers	Senior	496
4852	3935	Maria Pontes	00:46:12	01:35:33	01:35:08	4857		V40	258
4853	5356	Aida Pereira	00:47:58	01:36:24	01:34:49	4856	Osvaldos	V50	69
4854	1209	Mónica Gonçalves	00:47:40	01:36:57	01:35:34	4858		Senior	497
4855	1210	Sandra Gonçalves	00:47:41	01:37:01	01:35:37	4859		V40	259
4856	5233	Leonor Cabral	00:50:07	01:37:24	01:29:42	4829	Papa KM	Senior	498
4857	5235	Farah Mokrani	00:50:08	01:37:24	01:29:42	4828	Papa KM	Senior	499
4858	2649	Eugenia Marruz	00:48:34	01:37:30	01:36:21	4860		V55	35
4859	1608	Raquel Côte-Real	00:46:23	01:37:35	01:37:04	4864		V40	260
4860	5152	Paulo França	00:50:25	01:37:44	01:30:46	4835	GDCT Unicre	V50	290

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4861	5350	Teresa Maia	00:48:46	01:38:22	01:36:47	4861	Osvaldos	V45	143
4862	5360	Patricia Dias	00:48:46	01:38:22	01:36:49	4862	Osvaldos	Senior	500
4863	5354	Maria Vieira	00:48:46	01:38:23	01:36:54	4863	Osvaldos	V45	144
4864	2444	Maria Amaral	00:47:56	01:38:40	01:37:08	4865	MONTEPIO - Marketeers	V55	36
4865	4889	Ambrozina Tavares	00:50:17	01:38:50	01:37:32	4866		V50	291
4866	4888	Laurindo Furtado	00:50:17	01:38:50	01:37:33	4867		V40	686
4867	1618	Ana Simoes	00:48:10	01:38:58	01:38:26	4869		V40	261
4868	1617	Alberto Simoes	00:48:09	01:38:58	01:38:26	4868		V40	687
4869	792	Vitor Quintas	00:50:31	01:39:53	01:38:33	4871	Papa trilhos	V55	186
4870	790	Patricia Marques	00:50:31	01:39:53	01:38:33	4872	Papa trilhos	V35	279
4871	789	Maria Gonçalves	00:50:32	01:39:54	01:38:32	4870	Papa trilhos	V55	37
4872	5775	José Cóias	00:54:19	01:40:25	01:33:37	4855		V55	187
4873	5389	Zhouyan Chen	00:49:50	01:40:26	01:39:28	4873		Senior	501
4874	5390	Tong Yang	00:49:50	01:40:26	01:39:30	4875		Senior	502
4875	3885	Carla Feliciano	00:47:00	01:41:30	01:40:21	4877		V35	280
4876	3971	Ana Rodrigues	00:47:00	01:41:30	01:40:20	4876		V35	281
4877	5832	Xiaoxiao Lin	00:56:15	01:46:51	01:39:29	4874		Senior	503
4878	5808	Ana Pinto	00:59:43	01:53:59	01:46:32	4878		Senior	504