

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
1	222	PEDRO PESSOA	M	50	M5054	1	C PEDRO PESSOA EA	00:37:46	00:37:46
2	270	MARCO CARDOSO	M	30	M0039	1	INDIVIDUAL	00:37:58	00:37:58
3	296	ANTÓNIO BRANCO	M	51	M5054	2	NA PENTEADO	00:38:46	00:38:46
4	186	RUI HENRIQUES	M	36	M0039	2	SS MONTEPIO	00:40:36	00:40:36
5	286	ANTÓNIO J C REIS	M	41	M4044	1	CDR RIBEIRINHO	00:40:51	00:40:51
6	274	MARCO QUEDAS	M	32	M0039	3	ACRMEALHADA	00:41:31	00:41:31
7	131	FÁBIO PRATAS	M	31	M0039	4	MAISQUECUIDARRUNNING	00:42:15	00:42:15
8	115	BRUNO MARRÃO	M	40	M4044	2	GO!RUNNERS	00:42:19	00:42:19
9	250	MIGUEL SANTOS	M	44	M4044	3	INDIVIDUAL	00:42:20	00:42:17
10	18	CLEBY A ARAÚJO	M	50	M5054	3	CPPEA	00:42:30	00:42:30
11	161	CARLOS PALAS	M	56	M5559	1	C PEDRO PESSOA EA	00:43:11	00:43:11
12	169	PEDRO J C GOUVEIA	M	48	M4549	1	INDIVIDUAL	00:43:21	00:43:21
13	158	ANTÓNIO MARQUES	M	52	M5054	4	C PRAÇAS ARMADA	00:44:00	00:43:59
14	291	ANTÓNIO SILVA	M	45	M4549	2	CCDA ALMADA	00:44:04	00:44:03
15	219	PETER STEINHAUSEN	M	64	M6099	1	STEINHAUSEN	00:44:07	00:44:07
16	102	JOSE M S R GOMES	M	56	M5559	2	INDIVIDUAL	00:44:41	00:44:40
17	299	Esmeraldino Sa	M	39	M0039	5	INDIVIDUAL	00:44:47	00:44:45
18	88	PAULO S P RODRIGUES	M	49	M4549	3	INDIVIDUAL	00:45:03	00:45:03
19	104	TIAGO A MORAIS	M	29	M0039	6	AAC CAPARICA	00:45:43	00:45:43
20	95	VITOR PEREIRA	M	55	M5559	3	INDIVIDUAL	00:45:51	00:45:48
21	172	CARLOS PEDRO	M	45	M4549	4	A VIA RARA	00:46:01	00:45:48
22	231	PEDRO CUNHA	M	43	M4044	4	SFUA PIEDENSE	00:46:16	00:46:16
23	300	João P P Mendes	M	31	M0039	7	INDIVIDUAL	00:46:34	00:46:34
24	189	DUARTE COSTA	M	33	M0039	8	CORRER LISBOA	00:46:41	00:46:41
25	92	JOSE M G FERREIRA	M	51	M5054	5	INDIVIDUAL	00:46:47	00:46:44
26	138	DIOGO PEREIRA	M	25	M0039	9	INDIVIDUAL	00:46:54	00:46:53
27	305	hugo silva	M	29	M0039	10		00:46:55	00:46:54
28	51	LUIS MIGUEL	M	42	M4044	5	INDIVIDUAL	00:46:56	00:46:56
29	165	MARIO LOURENÇO	M	50	M5054	6	C PRAÇAS ARMADA	00:47:06	00:47:04
30	155	NELSON M SANTOS	M	35	M0039	11	INDIVIDUAL	00:47:07	00:47:07
31	266	VIRGÍLIO MADEIRA	M	57	M5559	4	AÇOREANA	00:47:14	00:47:11
32	156	SÉRGIO PIRES	M	40	M4044	6	INDIVIDUAL	00:47:48	00:47:48
33	171	PEDRO M C SANTOS	M	43	M4044	7	INDIVIDUAL	00:47:55	00:47:55
34	49	ISIDRO FERREIRA	M	58	M5559	5	INDIVIDUAL	00:48:02	00:47:57
35	159	JOSE MATOS	M	48	M4549	5	C PRAÇAS ARMADA	00:48:14	00:48:12
36	153	NUNO ATHAYDE	M	42	M4044	8	INDIVIDUAL	00:48:28	00:48:26
37	29	ABEL P V GONÇALVES	M	38	M0039	12	INDIVIDUAL	00:48:34	00:48:34
38	99	CARLOS DIAS	M	40	M4044	9	GO!RUNNERS	00:48:38	00:48:37
39	247	RICARDO D CARRAGOSELA	M	26	M0039	13	INDIVIDUAL	00:48:42	00:48:42
40	297	HELENA MOURÃO	F	55	F5099	1	GD CASTELO DE PAIVA	00:48:43	00:48:43
41	188	RICARDO MENDES	M	37	M0039	14	INDIVIDUAL	00:48:54	00:48:54
42	46	CARLOS M S CAEIRO	M	61	M6099	2	INDIVIDUAL	00:48:58	00:48:58
43	246	ANTONIO ALMEIDA	M	53	M5054	7	ND AUTOCOOPE	00:49:04	00:49:04
44	182	JOSÉ GUERREIRO	M	57	M5559	6	SS MONTEPIO	00:49:21	00:49:21

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
45	263	JOAO MOTA	M	30	M0039	15	INDIVIDUAL	00:49:28	00:49:07
46	288	FILIFE PEREIRA	M	25	M0039	16	INDIVIDUAL	00:49:35	00:49:18
47	61	ANTÓNIO J T COSTA	M	54	M5054	8	NUN'ÁLVARES	00:49:39	00:49:39
48	254	MÁRIO MARTINS	M	26	M0039	17	INDIVIDUAL	00:49:48	00:49:35
49	287	JOÃO ANTUNES	M	47	M4549	6	INDIVIDUAL	00:49:55	00:49:55
50	173	CARLOS VIDAIS	M	42	M4044	10	A VIA RARA	00:49:56	00:49:43
51	19	GONÇALO SARAIVA	M	26	M0039	18	INDIVIDUAL	00:49:56	00:49:44
52	96	PEDRO V F TEODORO	M	24	M0039	19	INDIVIDUAL	00:49:56	00:49:40
53	230	PAULO COSTA	M	49	M4549	7	SFUA PIEDENSE	00:50:06	00:50:06
54	145	CARMEN FERREIRA	F	48	F4049	1	ASC VALE GRANDE	00:50:17	00:50:15
55	34	JUSTINIANO SILVA	M	51	M5054	9	INDIVIDUAL	00:50:37	00:50:37
56	86	LUIS V P ZUNA	M	30	M0039	20	INDIVIDUAL	00:50:37	00:50:22
57	125	VASCO ROSÁRIO	M	41	M4044	11	INDIVIDUAL	00:50:41	00:50:41
58	223	MÁRIO MARTINS	M	48	M4549	8	C PEDRO PESSOA EA	00:50:43	00:50:43
59	237	RUI COSTA	M	30	M0039	21	INDIVIDUAL	00:50:44	00:50:44
60	245	PAULA RAIMUNDO	F	40	F4049	2	YES WE CAN	00:50:44	00:50:44
61	213	ISMAEL MAIATO	M	46	M4549	9	BRRNIGHTRUNNERS	00:50:46	00:50:31
62	244	SANDRA RAIMUNDO	F	44	F4049	3	YES WE CAN	00:50:50	00:50:44
63	67	RUI FERNANDES	M	45	M4549	10	INDIVIDUAL	00:50:51	00:50:51
64	226	FILIFE BRANDÃO	M	26	M0039	22	INDIVIDUAL	00:51:07	00:51:00
65	175	RU SANTOS	M	35	M0039	23	INDIVIDUAL	00:51:09	00:51:08
66	20	NUNO GOMES	M	40	M4044	12	INDIVIDUAL	00:51:16	00:51:16
67	76	ANTÓNIO F P CASACA	M	55	M5559	7	INDIVIDUAL	00:51:25	00:51:19
68	73	VITOR M R C PASSARINHO	M	51	M5054	10	INDIVIDUAL	00:51:38	00:51:37
69	185	ALEXANDRE PEDROSA	M	40	M4044	13	INDIVIDUAL	00:51:38	00:51:10
70	50	ANTÓNIO J VARELA	M	50	M5054	11	INDIVIDUAL	00:51:41	00:51:40
71	100	HUGO M C SEQUEIRA	M	38	M0039	24	GO!RUNNERS	00:51:42	00:51:40
72	265	SÓNIA P R SARO	F	27	F0039	1	INDIVIDUAL	00:51:46	00:51:34
73	16	LUIS CONCEIÇÃO	M	38	M0039	25	C PRAÇAS ARMADA	00:51:47	00:51:47
74	157	ANTÓNIO BARBOSA	M	55	M5559	8	C PRAÇAS ARMADA	00:52:04	00:51:59
75	85	JOAQUIM BARREIRAS	M	43	M4044	14	INDIVIDUAL	00:52:11	00:52:02
76	66	JOÃO P F SILVA	M	46	M4549	11	INDIVIDUAL	00:52:11	00:52:02
77	72	PAULO ALMEIDA	M	48	M4549	12	INDIVIDUAL	00:52:15	00:52:06
78	214	LUIS EUSTÁQUIO	M	38	M0039	26	INDIVIDUAL	00:52:23	00:52:23
79	70	DIOGO ARRAIAS	M	62	M6099	3	OS ARRAIAS	00:52:51	00:52:51
80	168	MIGUEL SERRANINHO	M	26	M0039	27	INDIVIDUAL	00:52:57	00:52:46
81	238	TÂNIA SERRÃO	F	35	F0039	2	INDIVIDUAL	00:53:12	00:53:01
82	33	LUIS F E MATEUS	M	32	M0039	28	INDIVIDUAL	00:53:16	00:53:04
83	87	RUI VIEIRA	M	41	M4044	15	INDIVIDUAL	00:53:20	00:53:20
84	184	LUÍS SOARES	M	38	M0039	29	INDIVIDUAL	00:53:30	00:53:00
85	268	MARIO VELEZ	M	20	M0039	30	INDIVIDUAL	00:53:31	00:53:20
86	82	VASCO BERNARDO	M	37	M0039	31	CADT PORTUCCEL SETUBAL	00:53:35	00:53:35
87	228	ANTONIA JORDÃO	F	38	F0039	3	SFUA PIEDENSE	00:53:55	00:53:49
88	205	FERNANDO LUZ	M	46	M4549	13	GDCT UNICRE	00:53:57	00:53:38

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
89	180	JAIME GOMES	M	59	M5559	9	SS MONTEPIO	00:54:09	00:54:09
90	224	JOANA CHOURIÇO	F	24	F0039	4	INDIVIDUAL	00:54:10	00:54:02
91	53	ÁLVARO ALPOIM	M	53	M5054	12	INDIVIDUAL	00:54:18	00:54:18
92	218	LEONEL BARCELOS	M	49	M4549	14	LEBRES DA CAPARICA	00:54:22	00:54:06
93	302	JORGE BRITO	M	40	M4044	16		00:54:32	00:54:32
94	52	JOSÉ L CARDOSO	M	44	M4044	17	INDIVIDUAL	00:54:55	00:54:46
95	295	JOAQUIM PALMA	M	62	M6099	4	INDIVIDUAL	00:54:55	00:54:55
96	154	LUIS ROMANEIRO	M	56	M5559	10	CORRIDAS E COMIDAS	00:55:19	00:55:17
97	227	RICARDO VIEGAS	M	31	M0039	32	INDIVIDUAL	00:55:28	00:55:21
98	167	JOAO CARVALHO	M	37	M0039	33	JR PEEPS	00:55:29	00:55:25
99	166	RAQUEL FIGUEIREDO	F	35	F0039	5	JR PEEPS	00:55:30	00:55:26
100	301	ALMEIRINDO SILVA	M	57	M5559	11	ADC ALTRUJEL	00:55:45	00:55:45
101	64	SEVERINO CRUZ	M	53	M5054	13	INDIVIDUAL	00:55:52	00:55:40
102	123	PAULA SILVA	F	43	F4049	4	SPORTING C REBOLEIRA DAMAIA	00:55:56	00:55:54
103	196	MARCO P GARCIA	M	43	M4044	18	INDIVIDUAL	00:55:59	00:55:59
104	71	SANDRA ARRAIAS	F	35	F0039	6	OS ARRAIAS	00:56:08	00:56:08
105	179	HÉLDER PALMA	M	44	M4044	19	SS MONTEPIO	00:56:11	00:56:03
106	177	ANTÓNIO FRANCO	M	51	M5054	14	SS MONTEPIO	00:56:11	00:56:04
107	233	RICARDO VAZ	M	37	M0039	34	INDIVIDUAL	00:56:31	00:56:21
108	164	LUIS NUNES	M	50	M5054	15	C PRAÇAS ARMADA	00:56:34	00:56:30
109	293	SERGIO ALVES	M	27	M0039	35	INDIVIDUAL	00:56:45	00:56:45
110	262	FERNANDO RODRIGUES	M	43	M4044	20	INDIVIDUAL	00:56:48	00:56:24
111	93	NADIA AFONSO	F	30	F0039	7	INDIVIDUAL	00:56:58	00:56:55
112	77	JOSÉ MARIA PEDRO	M	62	M6099	5	INDIVIDUAL	00:57:00	00:56:54
113	193	NUNO MACHADO	M	41	M4044	21	INDIVIDUAL	00:57:01	00:56:56
114	148	ANTÓNIO TEIXEIRA	M	33	M0039	36	CROSS NA VILA	00:57:03	00:57:03
115	217	JULIO PEREIRA	M	51	M5054	16	LEBRES DA CAPARICA	00:57:04	00:56:47
116	35	MANUEL SOBRAL	M	71	M6099	6	CAA PARQUE DA PAZ	00:57:05	00:56:55
117	225	JOSÉ L F M FERNANDES	M	37	M0039	37	RCL	00:57:12	00:57:06
118	97	CARLOS FRANCO	M	45	M4549	15	INDIVIDUAL	00:57:15	00:57:05
119	56	PAULO A C SOARES	M	36	M0039	38	CCD SIEMENS	00:57:19	00:57:19
120	25	VÍTOR GONZAS	M	49	M4549	16	INDIVIDUAL	00:57:21	00:57:14
121	135	CARLOS CARDOSO	M	22	M0039	39	BANDIDOS	00:57:21	00:57:12
122	79	ELENA SURRA	F	42	F4049	5	INDIVIDUAL	00:57:23	00:57:23
123	258	MÁRIO BARRADAS	M	49	M4549	17	INDIVIDUAL	00:57:30	00:57:12
124	248	MARIA C ALMEIDA	F	46	F4049	6	AS CARACOLETAS	00:57:30	00:57:26
125	249	PAULA LEITÃO	F	42	F4049	7	AS CARACOLETAS	00:57:32	00:57:28
126	21	JOAQUIM LAVOS	M	35	M0039	40	INDIVIDUAL	00:58:10	00:58:01
127	183	LUÍS REIS	M	59	M5559	12	SS MONTEPIO	00:58:19	00:58:19
128	176	NUNO AMARO	M	47	M4549	18	INDIVIDUAL	00:58:22	00:58:16
129	257	TÂNIA GARCIA	F	28	F0039	8	INDIVIDUAL	00:58:25	00:58:16
130	12	PAULO NUNES	M	42	M4044	22	CORRER LISBOA	00:58:50	00:58:48
131	151	HELDER CORREIA	M	36	M0039	41	CROSS NA VILA	00:58:59	00:58:59
132	199	NUNO GALVÃO	M	53	M5054	17	SIMECQ	00:59:00	00:58:56

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
133	142	HUGO CASACA	M	36	M0039	42	NÉVAGUIVAP	00:59:02	00:58:42
134	90	NUNO OLIVEIRA	M	37	M0039	43	INDIVIDUAL	00:59:13	00:58:56
135	91	LINDA FERREIRA	F	31	F0039	9	INDIVIDUAL	00:59:13	00:58:57
136	260	ARTUR PIRES	M	62	M6099	7	INDIVIDUAL	00:59:15	00:59:09
137	108	RICARDO PREGUIÇA	M	31	M0039	44	INDIVIDUAL	00:59:26	00:59:13
138	269	MARIO VALÉRIO	M	51	M5054	18	INDIVIDUAL	00:59:27	00:59:19
139	211	AVELINO ALVES	M	35	M0039	45	TECLAHOST.COM	00:59:29	00:59:23
140	106	NUNO F M S DIAS	M	32	M0039	46	INDIVIDUAL	00:59:39	00:59:38
141	147	PEDRO SANTANA	M	31	M0039	47	CROSS NA VILA	00:59:40	00:59:35
142	149	FERNANDO JESUS	M	34	M0039	48	CROSS NA VILA	00:59:41	00:59:37
143	94	PAULO MISSAS	M	32	M0039	49	INDIVIDUAL	00:59:45	00:59:31
144	152	NUNO FREIRE	M	31	M0039	50	INDIVIDUAL	00:59:48	00:59:48
145	119	FABIO FANECO	M	36	M0039	51	ARTCHIADO	00:59:50	00:59:33
146	32	FILIPE J SILVA	M	55	M5559	13	INDIVIDUAL	00:59:52	00:59:38
147	253	DIOGO SILVA	M	28	M0039	52	INDIVIDUAL	00:59:55	00:59:40
148	103	LUIS PROENÇA	M	46	M4549	19	INDIVIDUAL	00:59:57	00:59:47
149	162	CRISTINA DE LA CERDA	F	41	F4049	8	C PRAÇAS ARMADA	01:00:33	01:00:28
150	220	RITA CASQUINHA	F	37	F0039	10	INDIVIDUAL	01:00:45	01:00:25
151	37	CARLA S B NASCIMENTO	F	36	F0039	11	INDIVIDUAL	01:00:51	01:00:43
152	197	ALVARO FERREIRA	M	48	M4549	20	INDIVIDUAL	01:00:55	01:00:55
153	198	DULCE RODRIGUES	F	31	F0039	12	INDIVIDUAL	01:00:55	01:00:55
154	235	JOÃO VELEZ	M	37	M0039	53	INDIVIDUAL	01:01:04	01:00:45
155	178	BRUNO ALMEIDA	M	31	M0039	54	SS MONTEPIO	01:01:20	01:01:20
156	276	ANDREIA VARANDAS	F	25	F0039	13	INDIVIDUAL	01:01:21	01:01:21
157	139	PATRÍCIA MATOS	F	42	F4049	9	NÉVAGUIVAP	01:01:25	01:01:06
158	190	LUÍS PEREIRA	M	48	M4549	21	C ANACOM	01:01:41	01:01:34
159	239	ANTÓNIO CASTRO	M	35	M0039	55	INDIVIDUAL	01:02:02	01:01:51
160	181	JOÃO CATARINO	M	50	M5054	19	SS MONTEPIO	01:02:04	01:01:56
161	107	CARLOS CARDOSO	M	50	M5054	20	ALVERCA URBAN RUNNERS	01:02:09	01:02:09
162	101	JAQUELINA VIEIRA	F	40	F4049	10	INDIVIDUAL	01:02:11	01:02:10
163	271	JOSÉ SEBASTIÃO	M	45	M4549	22	INDIVIDUAL	01:02:15	01:02:15
164	201	LUÍS COELHO	M	52	M5054	21	SIMECQ	01:02:17	01:02:13
165	124	JOÃO AMIGUINHO	M	40	M4044	23	INDIVIDUAL	01:02:20	01:02:07
166	256	MARCO VAZ	M	39	M0039	56	INDIVIDUAL	01:02:24	01:02:18
167	264	KATE PEARSON	F	32	F0039	14	INDIVIDUAL	01:02:24	01:02:04
168	284	PEDRO BAGULHO	M	40	M4044	24	INDIVIDUAL	01:02:25	01:02:18
169	81	FREDERIQUE FERNANDES	M	39	M0039	57	INDIVIDUAL	01:02:30	01:02:30
170	163	ELSA NUNES	F	43	F4049	11	C PRAÇAS ARMADA	01:02:33	01:02:28
171	98	ALEXANDRE GOMES	M	33	M0039	58	INDIVIDUAL	01:02:33	01:02:19
172	275	JOSÉ CATITA	M	58	M5559	14	INDIVIDUAL	01:02:39	01:02:26
173	118	JOSE FANECO	M	36	M0039	59	ARTCHIADO	01:02:43	01:02:26
174	170	MAURO SILVA	M	37	M0039	60	INDIVIDUAL	01:02:58	01:02:53
175	242	CARLOS ANDRADE	M	45	M4549	23	YES WE CAN	01:02:58	01:02:51
176	140	PEDRO VITORINO	M	40	M4044	25	NÉVAGUIVAP	01:02:59	01:02:40

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
177	121	JOANA MARINHO	F	27	F0039	15	J'S	01:03:14	01:03:01
178	134	FRANCISCO PAULOS	M	38	M0039	61	BANDIDOS	01:03:16	01:03:04
179	23	MARCO BAPTISTA	M	38	M0039	62	BAPTISTA	01:03:40	01:03:40
180	47	EDUARDO AMORIM	M	45	M4549	24	INDIVIDUAL	01:03:50	01:03:34
181	261	DANIEL F L PEW	M	22	M0039	63	INDIVIDUAL	01:03:54	01:03:38
182	303	DOVOTEO PINADO	M	57	M5559	15		01:04:04	01:03:52
183	252	JOÃO MENDONÇA	M	25	M0039	64	INDIVIDUAL	01:04:07	01:03:51
184	27	MARTINHO DIAS	M	40	M4044	26	INDIVIDUAL	01:04:19	01:04:19
185	60	CARLOS LIMA	M	45	M4549	25	CAA PARQUE DA PAZ	01:04:23	01:04:13
186	251	ADÉLIA M P CABRAL	F	37	F0039	16	SS CGD	01:04:36	01:04:36
187	241	PERPETUA CRISPIM	F	45	F4049	12	YES WE CAN	01:04:46	01:04:42
188	307	ANA C SEMEDO	F	48	F4049	13		01:04:59	01:04:53
189	112	JOAQUIM BENTES	M	66	M6099	8	DUO	01:05:04	01:05:04
190	306	CELIA SILVEIRA	F	44	F4049	14	C PRACAS ARMADAS	01:05:46	01:05:41
191	38	RICARDO DUARTE	M	33	M0039	65	AZEBEUS	01:05:46	01:05:06
192	259	GERMANO BERNARDO	M	60	M6099	9	INDIVIDUAL	01:06:22	01:06:22
193	200	OLGA GALVÃO	F	53	F5099	2	SIMECQ	01:06:35	01:06:32
194	294	JOSÉ ALÍPIO	M	59	M5559	16	INDIVIDUAL	01:06:39	01:06:39
195	216	FERNANDO GONÇALVES	M	42	M4044	27	INDIVIDUAL	01:06:44	01:06:44
196	289	ARMANDO GONÇALVES	M	63	M6099	10	CCDA ALMADA	01:06:49	01:06:33
197	113	JOÃO P C LÁZARO	M	32	M0039	66	INDIVIDUAL	01:07:01	01:07:00
198	192	MANUEL PEREIRA	M	52	M5054	22	INDIVIDUAL	01:07:25	01:07:18
199	150	JOÃO SANTOS	M	50	M5054	23	CROSS NA VILA	01:07:28	01:07:28
200	292	JOAQUIM MACHADO	M	63	M6099	11	CCDA ALMADA	01:07:47	01:07:30
201	55	MARIA H ANDRADE	F	55	F5099	3	INDIVIDUAL	01:07:50	01:07:42
202	120	JOAO OLIVEIRA	M	36	M0039	67	ARTCHIADO	01:07:50	01:07:31
203	212	SOFIA CORDEIRO	F	41	F4049	15	BRRNIGHTRUNNERS	01:07:51	01:07:36
204	221	JOAO LANDEIRO	M	69	M6099	12	INDIVIDUAL	01:07:52	01:07:52
205	174	JOSÉ CORREIA	M	58	M5559	17	A VIA RARA	01:08:16	01:08:02
206	194	FRANCISCO BERNARDO	M	40	M4044	28	INDIVIDUAL	01:08:20	01:08:20
207	133	LILIANA ANTUNES	F	29	F0039	17	INDIVIDUAL	01:08:21	01:08:09
208	255	INÊS RENTE	F	29	F0039	18	INDIVIDUAL	01:08:28	01:08:14
209	116	NUNO PEREIRA	M	36	M0039	68	ARTCHIADO	01:08:30	01:08:13
210	84	VITOR DUARTE	M	57	M5559	18	INDIVIDUAL	01:08:34	01:08:25
211	130	ANTONIO J FERREIRA	M	54	M5054	24	INDIVIDUAL	01:08:52	01:08:37
212	267	IDALINA MADEIRA	F	55	F5099	4	AÇOREANA	01:09:11	01:09:06
213	215	JOANA LOUREIRO	F	31	F0039	19	SER PERNAS	01:09:20	01:09:20
214	109	MIRNA MORALES	F	51	F5099	5	INDIVIDUAL	01:09:41	01:09:27
215	24	SARA MADEIRA	F	40	F4049	16	INDIVIDUAL	01:09:41	01:09:21
216	62	SANDRA M NUNES	F	38	F0039	20	INDIVIDUAL	01:09:56	01:09:46
217	187	MARGARIDA GONÇALVES	F	24	F0039	21	INDIVIDUAL	01:10:04	01:09:56
218	117	TIAGO SILVA	M	36	M0039	69	ARTCHIADO	01:10:08	01:09:50
219	69	EMANUEL SEITA	M	40	M4044	29	INDIVIDUAL	01:12:06	01:11:39
220	236	ANABELA CARVALHO	F	35	F0039	22	INDIVIDUAL	01:12:06	01:11:39

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
221	74	LUCIA CORTINHAL	F	42	F4049	17	INDIVIDUAL	01:12:07	01:12:07
222	132	VANDA FERREIRA	F	38	F0039	23	MAISQUECUIDARRUNNING	01:12:08	01:12:08
223	229	ANA C MONTEIRO	F	30	F0039	24	SFUA PIEDENSE	01:13:29	01:13:19
224	232	FRANCISCO AIRES	M	65	M6099	13	SFUA PIEDENSE	01:13:29	01:13:19
225	128	LUÍS FERREIRA	M	39	M0039	70	INDIVIDUAL	01:13:43	01:13:28
226	243	RUTE GONÇALVES	F	37	F0039	25	YES WE CAN	01:13:44	01:13:38
227	234	MARIANA QUITERIO	F	35	F0039	26	INDIVIDUAL	01:13:44	01:13:34
228	277	ANA R CARVALHO	F	35	F0039	27	AQUAFITNESS	01:13:48	01:13:48
229	22	ANA BAPTISTA	F	35	F0039	28	BAPTISTA	01:13:48	01:13:48
230	203	PAULO FRANÇA	M	54	M5054	25	GDCT UNICRE	01:14:06	01:13:49
231	204	ANA MADEIRA	F	43	F4049	18	GDCT UNICRE	01:14:07	01:13:50
232	41	DÍDIA M S FERREIRA	F	37	F0039	29	INDIVIDUAL	01:14:16	01:14:13
233	146	IVONE MINELI	F	47	F4049	19	INDIVIDUAL	01:14:35	01:14:31
234	105	ANDREIA A CLEMENTE	F	33	F0039	30	INDIVIDUAL	01:14:40	01:14:25
235	283	ALEXANDRE SOARES	M	42	M4044	30	SALTITÕES	01:14:45	01:14:29
236	59	HELENA M O SÉCIO	F	50	F5099	6	INDIVIDUAL	01:17:10	01:17:10
237	191	CARMO GANCHINHO	F	44	F4049	20	INDIVIDUAL	01:20:22	01:20:14
238	207	ANA CRISTINA	F	44	F4049	21	BORBOLETAS	01:20:45	01:20:45
239	111	ANTONIO RIBEIRO	M	51	M5054	26	DUO	01:20:56	01:20:56
240	110	JOAO RIBEIRO	M	61	M6099	14	INDIVIDUAL	01:21:28	01:21:14
241	208	PAULA SOUSA	F	47	F4049	22	BORBOLETAS	01:22:39	01:22:39
242	126	MÁRCIA MEIRELES	F	23	F0039	31	INDIVIDUAL	01:24:26	01:24:11
243	309	PAULA FRANCISCO	F	44	F4049	23		01:26:31	01:26:13
244	308	AUGUSTO RIBEIRA	M	46	M4549	26		01:26:31	01:26:13
245	298	Mª CARMOS ANJOS	F	69	F5099	7	CONDOR	01:27:24	01:27:20
246	206	PAULA RATO	F	51	F5099	8	GDCT UNICRE	01:27:56	01:27:37
247	65	LINA CRUZ	F	56	F5099	9	INDIVIDUAL	01:29:25	01:29:25
248	45	MARGARIDA PINTO	F	48	F4049	24	INDIVIDUAL	01:29:27	01:29:16
249	43	OTILIA ALVES	F	37	F0039	32	INDIVIDUAL	01:29:32	01:29:21
250	44	PIEADADE GONÇALVES	F	47	F4049	25	INDIVIDUAL	01:29:40	01:29:29
251	78	RITA SOUSA	F	41	F4049	26	INDIVIDUAL	01:30:03	01:30:03
252	80	NATHALIE FERNANDES	F	38	F0039	33	INDIVIDUAL	01:30:18	01:30:03
253	75	MAFALDA CARVALHO	F	36	F0039	34	INDIVIDUAL	01:34:26	01:34:15
254	210	LUCINDA HENRIQUES	F	67	F5099	10	INDIVIDUAL	01:36:10	01:36:06
255	304	ATLETA NÃO CADASTRADO	M	0	M0039	71		01:47:17	01:47:17