

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
1	1	Pedro Januário	Industrial Desportivo Viegense	00:33:32	00:00:00
2	15	Bruno Gaspar	AC Vermoil	00:33:39	00:00:07
3	3	Nataniel Lopes	Juventude Vidigalense	00:33:45	00:00:13
4	58	Francisco Pedro	Casa Benfica Torres Vedras	00:33:59	00:00:27
5	203	Ricardo Santos	Clube Olímpico de Oeiras	00:34:29	00:00:57
6	239	Rui Miguel Lopes	ASSOC. ACADÉMICA DE COIMBRA	00:34:38	00:01:06
7	107	Virgílio Dias De Sousa Duarte Bastos	Clube Recreativo Amieirinhense	00:35:03	00:01:31
8	46	Nuno Dinis Serra Carrasqueiro	Casa Benfica Torres Vedras	00:35:40	00:02:08
9	57	Victor Cerqueira	Casa Benfica Torres Vedras	00:35:44	00:02:12
10	125	Jorge Marcelino	Industrial Desportivo Viegense	00:35:48	00:02:16
11	124	Rui Cabeças	Industrial Desportivo Viegense	00:35:57	00:02:25
12	136	António Rodrigues	Academia do pro peniche	00:36:05	00:02:33
13	162	Jaime Nunes		00:36:10	00:02:38
14	240	Rui Joaquim Rodrigues	ASSOC. ACADÉMICA DE COIMBRA	00:36:37	00:03:05
15	75	Edgar Ganilho	CCRD Burinhosa	00:36:43	00:03:11
16	126	António Ferreira	Industrial Desportivo Viegense	00:37:01	00:03:29
17	48	Joaquim Frazão	Casa Benfica Torres Vedras	00:37:37	00:04:05
18	47	Bernardo Frazão	Casa Benfica Torres Vedras	00:37:40	00:04:08
19	64	Luis Gomes	Casa Benfica Torres Vedras	00:37:45	00:04:13
20	108	João Maria Benvindo Gomes	Clube Recreativo Amieirinhense	00:37:53	00:04:21
21	175	Fábio R	Clube Veteranos do Lis	00:37:54	00:04:22
22	127	Artur Lopes	Industrial Desportivo Viegense	00:37:57	00:04:25
23	206	Telmo Viegas	Grupo atletismo de Fátima	00:37:59	00:04:27
24	230	Paulino Gil De Sousa	Industrial Desportivo Viegense	00:38:06	00:04:34
25	112	Eduardo Santo Henriques Cardeira	Clube Recreativo Amieirinhense	00:38:24	00:04:52
26	227	Leandro Santos	Clube Veteranos do Lis	00:38:25	00:04:53
27	137	Luís Miguel Mateus Ramos	Arredaguilhotas Pro Team	00:38:47	00:05:15
28	19	Ricardo Nunes	ACRM Silveirinha Grande Claras	00:38:52	00:05:20
29	129	Carlos Simões	Industrial Desportivo Viegense	00:38:54	00:05:22
30	109	JosÉ Manuel Ferreira Raimundo	Clube Recreativo Amieirinhense	00:39:14	00:05:42
31	115	Ricardo Gonçalves	CP CMP	00:39:19	00:05:47
32	128	Aléxis Rocha	Industrial Desportivo Viegense	00:39:27	00:05:55
33	59	Carlos Correia	Casa Benfica Torres Vedras	00:39:35	00:06:03
34	241	Pedro Miguel Varela	ASSOC. ACADÉMICA DE COIMBRA	00:39:51	00:06:19
35	183	Luis Nobre	Nobre Brindes	00:39:57	00:06:25
36	51	Nelson Moreira	Casa Benfica Torres Vedras	00:39:58	00:06:26
37	99	Rafael Pinto	Clube Desportivo Moitense	00:40:03	00:06:31
38	26	Luis Silva	ACRM Silveirinha Grande Claras	00:40:05	00:06:33
39	7	David Filipe	1ºAbrigo	00:40:09	00:06:37
40	191	Oswaldo Filipe Guedes Henriques		00:40:28	00:06:56
41	1000	Aretino Mota	PADRINHO DA PROVA	00:40:32	00:07:00
42	17	Rui Duarte	AC Vermoil	00:40:35	00:07:03
43	237	Arsénio Fernandes	ARSM-AssociaçãoRecreativa S. Miguel	00:40:41	00:07:09
44	104	Nuno Jorge	Clube Desportivo Moitense	00:40:50	00:07:18
45	121	Dulcínea Silva	GAC	00:40:50	00:07:18
46	8	Jocelino Monteiro	AC Batalha	00:40:52	00:07:20
47	253	Luis Silvério Barbosa		00:41:02	00:07:30
48	140	Filipe Carvalheiro	G.A.U.Bajouca	00:41:04	00:07:32
49	256	Acacio Campos		00:41:31	00:07:59
50	39	Gonçalo Rodrigues	Ana&Go	00:41:52	00:08:20
51	122	Hélder Carreira	GAC	00:42:10	00:08:38
52	106	Victor Manuel Cavaleiro Teixeira	Clube Recreativo Amieirinhense	00:42:12	00:08:40
53	221	Bruno Marques	Pentatlo Moderno Pataias	00:42:23	00:08:51
54	13	Helder Miranda	AC Vermoil	00:42:25	00:08:53
55	242	Fernando Manuel Agante	ASSOC. ACADÉMICA DE COIMBRA	00:42:26	00:08:54
56	134	Vasco Miguel Cunha Do Monte E Freitas	VS40	00:42:28	00:08:56
57	201	Sérgio Valente	TWOPIKAS	00:42:29	00:08:57

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
58	179	Luis Alberto Ferreira Henriques	UFPM	00:42:31	00:08:59
59	4	João Vieira	#culambrie	00:42:36	00:09:04
60	5	David Sebastião	#culambrie	00:42:36	00:09:04
61	69	Nuno Lorrão	CCRD Burinhosa	00:42:38	00:09:06
62	6	Renato Ramos Soares	1ºAbrigo	00:42:40	00:09:08
63	117	Nuno Ferreira	CPR. A-do-Barbas	00:42:42	00:09:10
64	2	Elisabete Gomes	Casa Benfica Torres Vedras	00:42:42	00:09:10
65	132	Rui Mourato	TWOPIKAS	00:42:57	00:09:25
66	25	Amilcar Costa	ACRM Silveirinha Grande Claras	00:43:01	00:09:29
67	173	Daniel Filipe Caeiro Pascoal		00:43:03	00:09:31
68	118	Joaquim Gomes	CPR. A-do-Barbas	00:43:08	00:09:36
69	62	Armando Parreira	Casa Benfica Torres Vedras	00:43:18	00:09:46
70	105	Mário Duarte	Clube Desportivo Moitense	00:43:32	00:10:00
71	234	Virgílio Oliveira		00:43:34	00:10:02
72	223	Duarte Soares	Pentatlo Moderno Pataias	00:43:49	00:10:17
73	178	Luis Alves Pedro		00:43:53	00:10:21
74	16	Vitor Lopes	AC Vermoil	00:44:03	00:10:31
75	174	Samuel José Martins Limpinho		00:44:05	00:10:33
76	160	Pedro Manuel Henriques Dos Santos		00:44:08	00:10:36
77	188	Adventino Conceição		00:44:08	00:10:36
78	50	João Paulo Santos	Casa Benfica Torres Vedras	00:44:09	00:10:37
79	251	Casimiro Gomes	AC Batalha	00:44:34	00:11:02
80	131	Daniel Jorge Delgado	TWOPIKAS	00:44:36	00:11:04
81	66	Eduardo Alexandre Ferreira	Casa Benfica Torres Vedras	00:44:37	00:11:05
82	158	David Pinto		00:44:38	00:11:06
83	20	Joel Santos	ACRM Silveirinha Grande Claras	00:44:39	00:11:07
84	100	Leonel Rodrigues	Clube Desportivo Moitense	00:44:45	00:11:13
85	70	Carlos Soares	CCRD Burinhosa	00:44:46	00:11:14
86	68	Carlos Duarte	CCRD Burinhosa	00:44:46	00:11:14
87	138	Cláudio Filipe F. Santos Conceição	138 Caldas Corre +	00:44:47	00:11:15
88	231	António Palmeira	Veteranos Ribeirense	00:44:55	00:11:23
89	92	Pedro Pejapes	Clube de Atletismo da Nazaré	00:45:03	00:11:31
90	110	Arménio Leal Pereira	Clube Recreativo Amieirinhense	00:45:16	00:11:44
91	103	Ricardo Vicente	Clube Desportivo Moitense	00:45:20	00:11:48
92	53	João Tomás Caldeira	Casa Benfica Torres Vedras	00:45:25	00:11:53
93	54	Carla Almeida	Casa Benfica Torres Vedras	00:45:28	00:11:56
94	143	Virgílio Manuel Do Rosário Cardal		00:45:37	00:12:05
95	102	João Miguel	Clube Desportivo Moitense	00:45:45	00:12:13
96	49	Jorge Almeida	Casa Benfica Torres Vedras	00:45:49	00:12:17
97	130	Luís Miguel Bernardo	TWOPIKAS	00:45:51	00:12:19
98	89	Evaristo Bernardes Machado	Chitas de Alcobaça	00:45:51	00:12:19
99	98	Carlos Pinto	Clube Desportivo Moitense	00:45:55	00:12:23
100	157	Filipe Santos Cardoso	PMP	00:45:57	00:12:25
101	74	Rui Ventura	CCRD Burinhosa	00:46:05	00:12:33
102	76	Claudia Torres	CCRD Burinhosa	00:46:05	00:12:33
103	168	Carlos Manuel	Os Galgos de Tancos	00:46:10	00:12:38
104	55	João Vitor Miranda	Casa Benfica Torres Vedras	00:46:19	00:12:47
105	37	Marco Rafael Ferreira Ruivo	Amigos do Descanso	00:46:24	00:12:52
106	149	Marlene Cecília Luís De Oliveira		00:46:25	00:12:53
107	85	António Morgado	Chitas de Alcobaça	00:46:26	00:12:54
108	151	Pedro Figueiredo Cardeira		00:46:28	00:12:56
109	83	Hugo Matias	CCRD Burinhosa	00:46:31	00:12:59
110	205	Sandro Miguel Pedrosa Vilela	Amigos do Descanso	00:46:38	00:13:06
111	181	Joao Domingues Reis		00:46:50	00:13:18
112	145	JosÉ Gabriel TomÁs Da Silva	Marmeleira Resort	00:47:00	00:13:28
113	165	Carlos Paulo Flotentino Lista		00:47:05	00:13:33
114	176	Dalila Isabel De Almeida Pereira	Peniche a Correr	00:47:05	00:13:33

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
115	195	Diogo Filipe Vitorino Silva		00:47:20	00:13:48
116	249	Ana Vigia		00:47:24	00:13:52
117	180	Isidro Martins Serra		00:47:25	00:13:53
118	116	Nelson Morouço Santos	CP CMP	00:47:41	00:14:09
119	24	Luis Carvalheiro	ACRM Silveirinha Grande Claras	00:47:42	00:14:10
120	90	Luis Miguel Pereira Maia	Clube Atletismo da Marinha Grande	00:47:46	00:14:14
121	190	José Martins	Clube Veteranos do Lis	00:47:55	00:14:23
122	238	Lígia Coelho	ARSM-AssociaçãoRecreativa S. Miguel	00:47:57	00:14:25
123	73	Anibal Silva	CCRD Burinhosa	00:47:58	00:14:26
124	52	Claudio Dias	Casa Benfica Torres Vedras	00:48:05	00:14:33
125	28	João Sintra	ACRM Silveirinha Grande Claras	00:48:15	00:14:43
126	207	Pedro Achega		00:48:22	00:14:50
127	12	Pedro Batista	AC Batalha	00:48:25	00:14:53
128	204	Raquel Grilo	Gira Sol	00:48:29	00:14:57
129	11	Catarina Gaspar Vieira	AC Batalha	00:48:42	00:15:10
130	120	Soraia Cardeira	CPR. A-do-Barbas	00:48:43	00:15:11
131	164	Orlando Jorge Eustáquio Rodrigues		00:49:01	00:15:29
132	198	André Das Neves Pereira		00:49:04	00:15:32
133	142	Pedro Vicente		00:49:06	00:15:34
134	113	Jorge Manuel Reis Vieira	Correr Ourém	00:49:16	00:15:44
135	135	Sara Santos Ferreira Monte E Freitas	VS40	00:49:16	00:15:44
136	196	Carlos Manuel Nogueira Silva		00:49:18	00:15:46
137	202	André Conceição		00:49:21	00:15:49
138	152	Joel Pedrosa Simões		00:49:26	00:15:54
139	101	Diamantino Cruz	Clube Desportivo Moitense	00:49:34	00:16:02
140	235	Verónica Nunes Castro Santos	CAMR	00:49:38	00:16:06
141	255	Evangelino Carreira		00:49:40	00:16:08
142	14	Eugénio Mendes	AC Vermoil	00:50:00	00:16:28
143	159	Rute Pereira	ROODINHAS-Santos Silva/OXYGEN	00:50:01	00:16:29
144	170	Fernando Corvelo	Pimpões Triatlo	00:50:01	00:16:29
145	244	Fernando Gaspar		00:50:06	00:16:34
146	71	Telmo Pedroso	CCRD Burinhosa	00:50:09	00:16:37
147	172	Américo Santos	Clube Veteranos do Lis	00:50:10	00:16:38
148	150	Carlos Manuel Da Silva Ribeiro		00:50:46	00:17:14
149	189	Hugo Pereira		00:50:47	00:17:15
150	67	Ana Margarida	CCRD Burinhosa	00:50:49	00:17:17
151	250	Fabio Reis		00:50:53	00:17:21
152	171	Pedro Silva	Táleno Para Correr Team	00:50:58	00:17:26
153	222	Bruno Neto	Pentatlo Moderno Pataias	00:50:59	00:17:27
154	95	Vitor Parreira	Mesh Nazareth	00:51:04	00:17:32
155	38	Frederico Da Silva Cristiano	Amigos do Descanso	00:51:04	00:17:32
156	35	Isabel Pego	Allianz	00:51:07	00:17:35
157	72	Octavio Miguel Mariano	CCRD Burinhosa	00:51:07	00:17:35
158	236	Miguel Silva Santos	Chitas de Alcobça	00:51:15	00:17:43
159	139	Joaquim Antonio Codinha Maranhão	Futebolês e Benfica da Nazaré	00:51:26	00:17:54
160	119	Vitor Cardeira	CPR. A-do-Barbas	00:51:34	00:18:02
161	233	Hélder Silvério		00:51:38	00:18:06
162	215	Alexandre Carreira	Pentatlo Moderno Pataias	00:51:47	00:18:15
163	82	Vitor Rico	CCRD Burinhosa	00:51:48	00:18:16
164	65	Liliana Andreia Pereira	Casa Benfica Torres Vedras	00:51:51	00:18:19
165	61	Mariana Maria Mendes Pintp	Casa Benfica Torres Vedras	00:51:52	00:18:20
166	247	Bárbara Filipe Pereira		00:51:54	00:18:22
167	45	Miguel Rodrigues	BicaDeSábado	00:51:59	00:18:27
168	246	Arsélio Dos Santos Guerra		00:52:00	00:18:28
169	220	Hugo Grácio	Pentatlo Moderno Pataias	00:52:05	00:18:33
170	226	Eva Rosa	Clube Desportivo Moitense	00:52:22	00:18:50
171	84	Mario Filipe	CCRD Burinhosa	00:52:32	00:19:00

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
172	186	Alexandre Caixeiro		00:52:34	00:19:02
173	40	Ana Marques	Ana&Go	00:52:36	00:19:04
174	21	Nelson Marques	ACRM Silveirinha Grande Claras	00:52:41	00:19:09
175	192	Joana Sofia Violante Mota		00:53:24	00:19:52
176	193	Marco Lagares		00:53:25	00:19:53
177	197	Edgar Bagagem Vaz Cruz		00:53:26	00:19:54
178	79	Paulo Rainho	CCRD Burinhosa	00:53:45	00:20:13
179	10	Maria De Lourdes Teixeira Pereira	AC Batalha	00:54:01	00:20:29
180	133	Paula Monteiro	TWOPIKAS	00:54:01	00:20:29
181	200	Igor Manuel Dos Santos Gomes	Bombeiros	00:54:33	00:21:01
182	167	Hugo Emanuel Santos Almeida Fonseca		00:54:59	00:21:27
183	18	João Pereira Da Graça	ACRM Silveirinha Grande Claras	00:55:06	00:21:34
184	243	Catarina Filipa Fernandes		00:55:09	00:21:37
185	229	Joao Raimundo		00:55:09	00:21:37
186	245	Flávio Santos		00:55:11	00:21:39
187	155	Sofia Margarida De Oliveira Agostinho		00:55:14	00:21:42
188	87	Silvia Raquel Martins Dos Santos	Chitas de Alcobaca	00:55:16	00:21:44
189	88	Tiago Ramos	Chitas de Alcobaca	00:55:17	00:21:45
190	217	Lourenço Morais	Pentatlo Moderno Pataias	00:55:27	00:21:55
191	218	Tomás Ribeiro	Pentatlo Moderno Pataias	00:55:31	00:21:59
192	144	Daniela Maria Oliveira	Arredaguilhotas Pro Team	00:55:34	00:22:02
193	182	Paulo Manuel Martins Lourenço	Lourenço	00:55:42	00:22:10
194	141	Brigite		00:55:45	00:22:13
195	248	João Tiago		00:55:48	00:22:16
196	154	Ana Rita Guedes Santos		00:56:07	00:22:35
197	187	João Carlos De Almeida Mota		00:56:16	00:22:44
198	114	Maria João Pereira De Oliveira Santos	Correr Ourém	00:56:19	00:22:47
199	225	Maggie Williams		00:56:32	00:23:00
200	185	Pedro Caixeiro		00:56:33	00:23:01
201	43	Mariana Agostinho Rodrigues	BicaDeSábado	00:56:36	00:23:04
202	42	Ana Carolina Pinto Fernandes	BicaDeSábado	00:56:37	00:23:05
203	163	José Alberto Madeira Gouveia		00:56:39	00:23:07
204	80	José Soares	CCRD Burinhosa	00:56:45	00:23:13
205	94	Sónia Sousa	Clube de Atletismo da Nazaré	00:56:56	00:23:24
206	169	Helena Grácio	Os Galgos de Tancos	00:57:00	00:23:28
207	212	Susana Mauricio		00:57:35	00:24:03
208	93	Fátima Martins	Clube de Atletismo da Nazaré	00:57:39	00:24:07
209	194	Rui Miguel Da Silva Sousa		00:57:42	00:24:10
210	56	Maribel Silva	Casa Benfica Torres Vedras	00:57:58	00:24:26
211	27	Sandrine Bregieiro	ACRM Silveirinha Grande Claras	00:58:29	00:24:57
212	161	Dina Maria Grilo Ribeiro Nunes		00:58:58	00:25:26
213	153	Bruno Almeida		00:59:15	00:25:43
214	44	Patrícia Margarida Rodrigues Eusébio	BicaDeSábado	00:59:20	00:25:48
215	81	Mariana Meneses	CCRD Burinhosa	00:59:36	00:26:04
216	77	Luis Conceição	CCRD Burinhosa	00:59:36	00:26:04
217	30	Gilberto Neto	Allianz	01:00:45	00:27:13
218	29	Alcides Pereira	Allianz	01:00:46	00:27:14
219	224	Shona Thomson	NÃO FAZEMOS NEM MAIS UM ...KM	01:01:10	00:27:38
220	91	Patrícia Susana Duarte Freire	Clube Atletismo da Marinha Grande	01:01:29	00:27:57
221	22	Ondina Leal	ACRM Silveirinha Grande Claras	01:02:39	00:29:07
222	219	Beatriz Lopes	Pentatlo Moderno Pataias	01:03:47	00:30:15
223	146	Alexandre Filipe F. Pinheiro Coelho		01:04:00	00:30:28
224	216	Inês Esteves	Pentatlo Moderno Pataias	01:06:17	00:32:45
225	214	Pedro Gonçalves	Pentatlo Moderno Pataias	01:06:47	00:33:15
226	166	Vera Filipa Silva Santos		01:08:03	00:34:31
227	63	Alexandra Vicente	Casa Benfica Torres Vedras	01:12:35	00:39:03