

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
1	75	JOAO R S BERNARDO	M	23	M0039 1	GIRASOL	00:31:35
2	235	TIAGO MADUREIRA	M	26	M0039 2	DCI / CCDR PEDRULHA - MEALHADA	00:31:54
3	10	FÁBIO A ABRANTES	M	25	M0039 3	UNIÃO CLUBE EIRENSE	00:32:32
4	182	RUI RODRIGUES	M	40	M4044 1	AA COIMBRA	00:33:28
5	225	HUGO RAMALHO	M	38	M0039 4	ADERCUS	00:33:35
6	46	ANTÓNIO FERREIRA	M	49	M4549 1	INDIVIDUAL	00:34:01
7	181	RUI LOPES	M	39	M0039 5	AA COIMBRA	00:34:06
8	304	LICINIO SILVA	M	34	M0039 6	GRUPO GAU BAJOUCA	00:34:26
9	283	KA LONG LOK	M	24	M0039 7		00:34:30
10	180	FRANCISCO FONSECA	M	28	M0039 8	AA COIMBRA	00:34:34
11	183	PAULO ANTUNES	M	45	M4549 2	AA COIMBRA	00:34:35
12	233	FERNANDO SANTOS	M	25	M0039 9	DCI / CCDR PEDRULHA - MEALHADA	00:34:38
13	322	LUIS RODRIGUES	M	34	M0039 10		00:34:42
14	116	HUGO COELHO	M	47	M4549 3	AR S MIGUEL	00:34:47
15	163	IGOR CASTRO	M	32	M0039 11	ESC ATLETISMO COIMBRA / JPAIVA	00:34:54
16	174	FERNANDO ALMEIDA	M	29	M0039 12	GIRASOL	00:34:55
17	238	TELMO NASCIMENTO	M	19	M0039 13	DCI / CCDR PEDRULHA - MEALHADA	00:34:55
18	32	RICARDO SIMOES	M	52	M5054 1	ESC ATLETISMO CARTAXO	00:34:56
19	226	MAURO AZEVEDO	M	45	M4549 4	ESC ATLETISMO COIMBRA / JPAIVA	00:35:09
20	154	CARLITOS FILIPE	M	26	M0039 14	CPT SOBRAL CEIRA	00:35:25
21	303	JOAO FONSECA	M	20	M0039 15	INDIVIDUAL	00:35:26
22	203	LICÍNIO PEREIRA	M	60	M6099 1	ID VIEIRENSE	00:35:36
23	62	TELMO ALMEIDA	M	43	M4044 2	DCI / CCDR PEDRULHA - MEALHADA	00:35:44
24	318	ATLETA NÃO CADASTRADO	M	0	M0039 16		00:35:59
25	44	FRANCISCO MARQUES	M	55	M5559 1	CLUVE	00:36:19
26	281	LUIS GASPAR	M	40	M4044 3		00:36:26
27	314	VITOR CARDOSO	M	41	M4044 4	INDIVIDUAL	00:36:27
28	257	EMANUEL G CORREIA	M	25	M0039 17	ESC ATLETISMO COIMBRA / JPAIVA	00:36:32
29	253	RUBEN FERNANDES	M	20	M0039 18	DCI / CCDR PEDRULHA - MEALHADA	00:36:42
30	237	FERNANDO MARQUES	M	33	M0039 19	DCI / CCDR PEDRULHA - MEALHADA	00:36:49
31	77	MÁRCIO LOUREIRO	M	37	M0039 20	SR JARDOEIRA/RUNCROSSTRAIL.COM	00:36:53
32	230	MANUEL LINO	M	60	M6099 2	DCI / CCDR PEDRULHA - MEALHADA	00:37:03
33	313	ATLETA NÃO CADASTRADO	M	0	M0039 21		00:37:14
34	98	RICARDO LOPES	M	32	M0039 22	ACRM SILVEIRINHA GRANDE CLARAS	00:37:17
35	231	ANTONIO CARVALHO	M	34	M0039 23	DCI / CCDR PEDRULHA - MEALHADA	00:37:23
36	307	PEDRO CAPELA	M	36	M0039 24	GRUPO GAU BAJOUCA	00:37:28
37	222	BRUNO M M TEIXEIRA	M	34	M0039 25	INDIVIDUAL	00:37:31
38	136	RICARDO SANTOS	M	23	M0039 26	DCI / CCDR PEDRULHA - MEALHADA	00:37:58
39	221	JOAO FONSECA	M	38	M0039 27	INDIVIDUAL	00:38:03
40	109	AURÉLIO P LAPO	M	39	M0039 28	BTTRAIN	00:38:10
41	321	RENATO RODRIGUES	M	36	M0039 29		00:38:22
42	326	ALVARO COELHO	M	62	M6099 3		00:38:27
43	317	ATLETA NÃO CADASTRADO	M	0	M0039 30		00:39:14
44	278	JOSE MAÇARRIA	M	56	M5559 2		00:39:22

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
45	198	BRUNO H M F BERNARDES	M	33	M0039 31	GIRASOL	00:39:28
46	316	LUIS FERNANDES	M	34	M0039 32	INDIVIDUAL	00:39:47
47	186	ALBERTO FRECHES	M	57	M5559 3	AA COIMBRA	00:39:48
48	61	HEBER PIRES	M	31	M0039 33	PASCOALITOS	00:40:01
49	66	PEDRO J MARQUES	M	45	M4549 5	INDIVIDUAL	00:40:14
50	274	PAULO NEVES	M	31	M0039 34		00:40:20
51	153	PAULO CAVALEIRO	M	52	M5054 2	LEITÃO CAVALEIRO	00:40:21
52	28	JORGE M S RIBEIRO	M	40	M4044 5	INDIVIDUAL	00:40:25
53	262	SERGIO R LOUROS	M	29	M0039 35	INDIVIDUAL	00:40:27
54	185	FERNANDO AGANTE	M	55	M5559 4	AA COIMBRA	00:40:29
55	22	FILIPE SILVEIRA	M	34	M0039 36	GFD RUNNING	00:40:34
56	310	SERGIO MARCELINO	M	52	M5054 3	GRUPO GAU BAJOUCA	00:40:44
57	101	AUGUSTO GOMES	M	53	M5054 4	INDIVIDUAL	00:40:47
58	108	DAVID JESUS	M	35	M0039 37	PASCOALITOS	00:40:54
59	259	HUGO VICENTE	M	37	M0039 38	CANDOSA RUNNERS	00:40:56
60	323	CELSO PEREIRA	M	45	M4549 6		00:40:58
61	170	FREDERICO MARQUES	M	38	M0039 39	OUT2RUN	00:41:01
62	248	NUNO RODRIGUES	M	36	M0039 40	DEIXA PASSAR	00:41:08
63	272	RICARDO MELO	M	37	M0039 41		00:41:10
64	23	ANDRE OLIVEIRA	M	36	M0039 42	INDIVIDUAL	00:41:12
65	325	RUI FIGUEIREDO	M	41	M4044 6		00:41:22
66	125	TIAGO PRAZERES	M	24	M0039 43	INDIVIDUAL	00:41:27
67	306	TIAGO PEDROSA	M	31	M0039 44	GRUPO GAU BAJOUCA	00:41:31
68	96	JOEL SANTOS	M	31	M0039 45	ACRM SILVEIRINHA GRANDE CLARAS	00:41:33
69	162	SERGIO SANTOS	M	44	M4044 7	INDIVIDUAL	00:41:37
70	31	FERNANDO M M ALHAU	M	55	M5559 5	INDIVIDUAL	00:41:43
71	315	MARCO GAMA	M	34	M0039 46	INDIVIDUAL	00:41:43
72	271	DUARTE DOMINGOS	M	43	M4044 8		00:41:44
73	21	JOÃO C N ALVES	M	24	M0039 47	INDIVIDUAL	00:41:46
74	71	JOSÉ VIEIRA	M	46	M4549 7	CON DORES CHOUPAL COIMBRA	00:41:52
75	201	MIGUEL LARANJEIRA	M	40	M4044 9	INDIVIDUAL	00:41:57
76	92	JOAQUIM VIEIRA	M	50	M5054 5	INDIVIDUAL	00:41:58
77	69	VITOR TINOCO	M	43	M4044 10	INDIVIDUAL	00:42:02
78	308	ANDRE FERNANDES	M	41	M4044 11	GRUPO GAU BAJOUCA	00:42:04
79	232	PEDRO NUNES	M	43	M4044 12	DCI / CCDR PEDRULHA - MEALHADA	00:42:21
80	260	RICARDO CRISTINO	M	22	M0039 48	CANDOSA RUNNERS	00:42:28
81	97	FELIPE CARVALHEIRO	M	42	M4044 13	ACRM SILVEIRINHA GRANDE CLARAS	00:42:29
82	117	VITOR S FIGUEIREDO	M	48	M4549 8	CON DORES	00:42:45
83	36	RUI DINIS	M	40	M4044 14	INDIVIDUAL	00:42:50
84	29	LILLA SAMU	F	22	F0039 1	INDIVIDUAL	00:42:53
85	247	HORÁCIO FERREIRA	M	48	M4549 9	AR S MIGUEL	00:42:56
86	19	RICARDO GERMANO	M	30	M0039 49	INDIVIDUAL	00:43:05
87	191	MANUEL FERNANDES	M	62	M6099 4	ACRM SILVEIRINHA GRANDE CLARAS	00:43:08
88	187	JORGE LOPES	M	38	M0039 50	MONDEGOPECAS	00:43:14

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
89	249	LUIS BRAGANÇA	M	34	M0039 51	DEIXA PASSAR	00:43:19
90	251	PEDRO NETO	M	27	M0039 52	DEIXA PASSAR	00:43:20
91	145	MÁRIO R F VAZ	M	41	M4044 15	ESC ATLETISMO COIMBRA / JPAIVA	00:43:31
92	236	BRUNO JESUS	M	34	M0039 53	DCI / CCDR PEDRULHA - MEALHADA	00:43:43
93	81	PEDRO MONTEIRO	M	52	M5054 6	INDIVIDUAL	00:43:55
94	11	JOAQUIM ALMEIDA	M	57	M5559 6	INDIVIDUAL	00:43:58
95	80	EDUARDO CARVALHEIRO	M	18	M0039 54	INDIVIDUAL	00:44:11
96	79	LUIS CARVALHEIRO	M	48	M4549 10	INDIVIDUAL	00:44:14
97	45	RUI LOPES	M	40	M4044 16	TRIBO NR	00:44:24
98	112	JOAQUIM ALVARINHAS	M	53	M5054 7	INDIVIDUAL	00:44:26
99	194	FERNANDO FERREIRA	M	23	M0039 55	INDIVIDUAL	00:44:40
100	196	VÍTOR B C S M FERNANDES	M	33	M0039 56	INDIVIDUAL	00:44:41
101	48	RUI M P DUARTE	M	54	M5054 8	KARRAPATEIRA 1919	00:44:47
102	72	ANTÓNIO PATRÍCIO	M	52	M5054 9	CON DORES CHOUPAL COIMBRA	00:44:59
103	280	JOSE PEDRO FERNANDES	M	39	M0039 57		00:45:07
104	200	VITOR FERNANDES	M	41	M4044 17	SAI DE GATAS BTTEAM	00:45:14
105	59	LEANDRO LOURENÇO	M	32	M0039 58	CORPO CULTO	00:45:16
106	239	ALEXANDRE RITCHIE	M	43	M4044 18	INDIVIDUAL	00:45:21
107	84	RICARDO ROCHA	M	48	M4549 11	CON DORES CHOUPAL	00:45:28
108	128	MICHAEL GOUVEIA	M	24	M0039 59	CLÍNICA DOS RELÓGIOS	00:45:36
109	27	JORGE MORAIS	M	42	M4044 19	INDIVIDUAL	00:45:36
110	95	JOÃO GRAÇA	M	61	M6099 5	ACRM SILVEIRINHA GRANDE CLARAS	00:45:40
111	207	RUI GOMES	M	59	M5559 7	INDIVIDUAL	00:45:54
112	169	ANA CARDOSO	F	39	F0039 2	CM COIMBRA	00:45:57
113	204	ARNALDO J C TOMÁS	M	42	M4044 20	CON DORES CHOUPAL	00:46:00
114	279	ANTONIO CAETANO	M	41	M4044 21		00:46:06
115	33	JOSÉ NEVES	M	31	M0039 60	INDIVIDUAL	00:46:09
116	70	MANUEL C DUARTE	M	46	M4549 12	TRIBO NR	00:46:29
117	142	SILVINA BATISTA	F	42	F4044 1	CM COIMBRA	00:46:37
118	312	RAMIRO RODRIGUES	M	59	M5559 8	GRUPO GAU BAJOUCA	00:46:42
119	305	MARCO REIS	M	25	M0039 61	GRUPO GAU BAJOUCA	00:46:55
120	193	RUI SIMÕES	M	49	M4549 13	INDIVIDUAL	00:47:04
121	34	FILIPE SANTOS	M	40	M4044 22	INDIVIDUAL	00:47:12
122	243	JOAQUIM F R MENDES	M	44	M4044 23	INDIVIDUAL	00:47:14
123	296	LUIS VIEIRA	M	49	M4549 14		00:47:16
124	164	JULIO M S GONÇALVES	M	60	M6099 6	CM COIMBRA	00:47:23
125	320	PATRICIA DIOGO	F	29	F0039 3		00:47:27
126	214	BRUNO M F S LIMA	M	28	M0039 62	CSCRF CHARNECA	00:47:29
127	241	ANDRÉ DIAS	M	50	M5054 10	TRIBO NR	00:47:34
128	13	ROBERTO PARADINHA	M	32	M0039 63	INDIVIDUAL	00:47:38
129	245	EDUARDO ALÇADA	M	45	M4549 15	GCF	00:47:44
130	282	ISABEL GASPAS	F	37	F0039 4		00:47:46
131	275	MIGUEL CAPELA	M	40	M4044 24		00:48:11
132	57	CATARINA ALVES	F	41	F4044 2	INDIVIDUAL	00:48:14

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
133	94	FLORIANO NETO	M	28	M0039 64	UNIS	00:48:22
134	261	PEDRO ROCHA	M	37	M0039 65	INDIVIDUAL	00:48:30
135	82	ALBERTO VALEJO	M	45	M4549 16	INDIVIDUAL	00:48:30
136	137	LEOMAR TIRADENTES	M	49	M4549 17	INDIVIDUAL	00:48:37
137	211	NUNO M G SANTOS	M	39	M0039 66	CSCRF CHARNECA	00:48:46
138	205	RUI MATOS	M	31	M0039 67	RUN@FIGUEIRA	00:48:57
139	87	CARLOS LOPES	M	62	M6099 7	CLUVE	00:49:00
140	284	MANUEL TAVARES	M	45	M4549 18	INDIVIDUAL	00:49:02
141	210	ALVARO LOPES	M	38	M0039 68	CSCRF CHARNECA	00:49:18
142	78	FILIPE SIMÕES	M	44	M4044 25	CCD CRÉDITO AGRÍCOLA	00:49:27
143	106	HENRIQUE MORAIS	M	31	M0039 69	INDIVIDUAL	00:49:29
144	192	FERNANDO TEIXEIRA	M	49	M4549 19	INDIVIDUAL	00:49:30
145	197	MANUEL VENTURA	M	47	M4549 20	INDIVIDUAL	00:49:43
146	270	NUNO CARDOSO	M	41	M4044 26		00:49:48
147	47	NUNO CONCEIÇÃO	M	26	M0039 70	INDIVIDUAL	00:49:48
148	212	PASCOAL D OLIVEIRA	M	45	M4549 21	CSCRF CHARNECA	00:49:51
149	158	FILIPE COELHO	M	27	M0039 71	GATINHOS ASSANHADOS	00:49:51
150	120	ANTÓNIO CALHEIROS	M	38	M0039 72	SEGUEOTEUTRILHO	00:49:53
151	131	CARLA SANTOS	F	37	F0039 5	INDIVIDUAL	00:49:55
152	40	CARLOS LUCAS	M	38	M0039 73	CASA BAIA - RUNNING 4 BEER TEAM	00:49:57
153	90	OSVALDO LEITE	M	36	M0039 74	CLUVE	00:49:57
154	264	CARLOS J A RAMOS	M	54	M5054 11	TRIBO NR	00:49:59
155	111	JOÃO DIAS	M	51	M5054 12	INDIVIDUAL	00:50:02
156	86	PAULO DOMINGUES	M	41	M4044 27	TRIBO NR	00:50:06
157	155	MARIA SOUSA	F	31	F0039 6	INDIVIDUAL	00:50:09
158	218	RODRIGIO BARRETO	M	25	M0039 75	INDIVIDUAL	00:50:11
159	309	ROSA HENRIQUES	F	47	F4599 1	GRUPO GAU BAJOUCA	00:50:22
160	311	ANTONIO FERNANDES	M	55	M5559 9	GRUPO GAU BAJOUCA	00:50:24
161	141	HENRIQUE COSTA	M	54	M5054 13	INDIVIDUAL	00:50:26
162	298	DOUGLAS SERDEIRA	M	29	M0039 76		00:50:32
163	161	BRUNO BENEDITO	M	38	M0039 77	INDIVIDUAL	00:50:38
164	63	BRUNO FERRER	M	39	M0039 78	INDIVIDUAL	00:50:39
165	88	ANTÓNIO TAVARES	M	66	M6099 8	CLUVE	00:50:56
166	89	CARLOS CORINO	M	71	M6099 9	CLUVE	00:50:57
167	213	CARLOS CONCEIÇÃO	M	44	M4044 28	CSCRF CHARNECA	00:51:10
168	130	FÁTIMA MACHADO	F	54	F4599 2	INDIVIDUAL	00:51:26
169	51	JOÃO SILVA	M	23	M0039 79	INDIVIDUAL	00:51:30
170	56	ANDRÉ L SILVA	M	38	M0039 80	DUROS MONDEGO	00:51:32
171	246	RICARDO GASPAR	M	38	M0039 81	INDIVIDUAL	00:51:33
172	173	PEDRO ABREU	M	39	M0039 82	TRY TO STOP US	00:51:36
173	171	MILENA ROUXINOL	F	35	F0039 7	OUT2RUN	00:51:43
174	105	BRUNO REIS	M	30	M0039 83	INDIVIDUAL	00:51:44
175	99	MARCOS ALVES	M	40	M4044 29	TRIBO NR	00:51:46
176	113	JOSÉ QUADRADO	M	44	M4044 30	INDIVIDUAL	00:51:59

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
177	52	HELENA S R LOPES	F	40	F4044 3	TRIBO NR	00:51:59
178	273	ANTONIO FARIA	M	49	M4549 22		00:52:13
179	168	ANA P PIO	F	38	F0039 8	CM COIMBRA	00:52:21
180	244	ROSA GUARDÃO	F	47	F4599 3	GCF	00:52:23
181	93	JOÃO C M SILVA	M	58	M5559 10	INDIVIDUAL	00:52:32
182	74	ARMANDO RODRIGUES	M	47	M4549 23	SCIENCESTORY	00:52:33
183	276	LUIS BONITO	M	41	M4044 31		00:52:40
184	297	EMANUEL JORGE	M	39	M0039 84		00:52:41
185	115	PEDRO FARO	M	47	M4549 24	ATITUDE	00:52:41
186	55	JULIO O MÁRQUEZ	M	20	M0039 85	INDIVIDUAL	00:52:42
187	188	LUIS REIS	M	40	M4044 32	MONDEGOPECAS	00:52:44
188	91	SORAIA LOPES	F	24	F0039 9	CLUVE	00:53:03
189	202	BRUNO AMARO	M	43	M4044 33	INDIVIDUAL	00:53:11
190	224	DENISE B SILVA	F	26	F0039 10	INDIVIDUAL	00:53:15
191	39	GONÇALO HENRIQUES	M	25	M0039 86	INDIVIDUAL	00:53:32
192	15	SARA M P MARTINS	F	41	F4044 4	CLUVE	00:53:47
193	132	CLARA MACHADO	F	54	F4599 4	INDIVIDUAL	00:53:53
194	127	FILIFE CARDOSO	M	34	M0039 87	INDIVIDUAL	00:54:03
195	206	DANIEL COUCEIRO	M	28	M0039 88	INDIVIDUAL	00:54:10
196	265	LANNYS K S M MARTINS	M	29	M0039 89	INDIVIDUAL	00:54:15
197	100	FILIFE SERRA	M	43	M4044 34	CLUVE	00:54:22
198	285	PEDRO ROQUE	M	48	M4549 25	INDIVIDUAL	00:54:33
199	286	PAULO MENDES	M	47	M4549 26	INDIVIDUAL	00:54:34
200	38	Mª JOÃO GAMA	F	41	F4044 5	INDIVIDUAL	00:54:37
201	20	JOSÉ SANTOS	M	50	M5054 14	OUT2RUN	00:54:47
202	229	BERNARDO ALMEIDA	M	19	M0039 90	BJ	00:54:50
203	26	XAVIER ALBANO	M	22	M0039 91	INDIVIDUAL	00:54:51
204	258	MIGUEL MORGADO	M	41	M4044 35	PÉ NA TÁBUA	00:54:53
205	242	JACQUELINE DIAS	F	49	F4599 5	TRIBO NR	00:54:55
206	223	FERNANDO MACHADO	M	57	M5559 11	INDIVIDUAL	00:54:55
207	319	SANDRA GONÇALVES	F	35	F0039 11		00:55:23
208	133	LINA CARVALHO	F	33	F0039 12	INDIVIDUAL	00:55:23
209	129	MANUEL PEREIRA	M	62	M6099 10	CLÍNICA DOS RELÓGIOS	00:55:24
210	41	JOÃO N FARINHA	M	40	M4044 36	INDIVIDUAL	00:55:27
211	135	RUI ESTEVES	M	35	M0039 92	INDIVIDUAL	00:55:27
212	134	JOAO FRANCISCO	M	43	M4044 37	INDIVIDUAL	00:55:37
213	254	TIAGO TRINDADE	M	37	M0039 93	INDIVIDUAL	00:55:49
214	18	ANDREIA ALVES	F	28	F0039 13	INDIVIDUAL	00:55:50
215	159	JORGE CONTENTE	M	48	M4549 27	GATINHOS ASSANHADOS	00:55:52
216	42	ALISHA BALUSCHEK	F	22	F0039 14	INDIVIDUAL	00:56:06
217	25	Mª GLÓRIA L L R SOARES	F	51	F4599 6	INDIVIDUAL	00:56:17
218	209	MIGUEL NORA	M	34	M0039 94	LIJT	00:56:20
219	139	MONICA CUNHA	F	51	F4599 7	INDIVIDUAL	00:56:21
220	104	SÓNIA VIEIRA	F	41	F4044 6	INDIVIDUAL	00:56:26

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
221	172	FLORBELA ROUXINOL	F	42	F4044 7	OUT2RUN	00:57:03
222	37	JOSÉ C SANTOS	M	51	M5054 15	INDIVIDUAL	00:57:17
223	138	MIGUEL CUNHA	M	52	M5054 16	INDIVIDUAL	00:57:22
224	54	FÉLIX V RUÍZ	M	21	M0039 95	INDIVIDUAL	00:57:45
225	147	DORA CRUZ	F	28	F0039 15	AD	00:57:46
226	146	ANDRÉ DOMINGUES	M	31	M0039 96	AD	00:57:47
227	299	NUNO DIAS	M	43	M4044 38		00:57:52
228	228	PAULO SALVADOR	M	37	M0039 97	JOGGING LOVERS	00:58:07
229	114	ANA MOREIRA	F	48	F4599 8	ATITUDE	00:58:22
230	119	NUNO CARDEAS	M	34	M0039 98	SEGUEOTEUTRILHO	00:58:31
231	252	DAVID PEREIRA	M	28	M0039 99	DEIXA PASSAR	00:58:36
232	53	BRUNO FERREIRA	M	39	M0039 ##	INDIVIDUAL	00:58:51
233	30	ANABELA V AMARAL	F	47	F4599 9	INDIVIDUAL	00:58:56
234	148	Mª JOÃO BENQUERENÇA	F	42	F4044 8	INDIVIDUAL	00:59:18
235	73	JOÃO BERNARDO	M	49	M4549 28	INDIVIDUAL	00:59:20
236	219	FLORBELA FERNANDES	F	46	F4599 10	INDIVIDUAL	01:00:01
237	68	VÍTOR REDONDO	M	50	M5054 17	INDIVIDUAL	01:00:03
238	302	CATARINA PINTO	F	25	F0039 16	GRUPO GAU BAJOUCA	01:00:53
239	208	RODRIGO LOURENCO	M	40	M4044 39	LIJT	01:01:00
240	151	ISABEL FIGUEIREDO	F	49	F4599 11	INDIVIDUAL	01:01:01
241	165	ELSA CORREIA	F	46	F4599 12	CM COIMBRA	01:01:47
242	156	LEONOR FONSECA	F	29	F0039 17	INDIVIDUAL	01:02:10
243	50	SÍLVIA SILVA	F	38	F0039 18	INDIVIDUAL	01:02:25
244	49	PAULO TAVARES	M	52	M5054 18	INDIVIDUAL	01:02:26
245	102	MARTA R N ANTUNES	F	35	F0039 19	INDIVIDUAL	01:02:48
246	240	CRISTINA DANIEL	F	40	F4044 9	TRIBO NR	01:03:00
247	195	IRACEMA FERREIRA	F	51	F4599 13	INDIVIDUAL	01:03:06
248	227	JOSÉ ALMEIDA	M	46	M4549 29	BJ	01:03:11
249	43	RAFAELA MAIA	F	24	F0039 20	INDIVIDUAL	01:03:13
250	150	NANCI BAPTISTA	F	30	F0039 21	INDIVIDUAL	01:03:21
251	149	ANA BASTOS	F	30	F0039 22	INDIVIDUAL	01:03:21
252	216	VERA RAPOSO	F	37	F0039 23	INDIVIDUAL	01:03:48
253	255	GUSTAVO VEIGA	M	28	M0039 ##	INDIVIDUAL	01:04:45
254	300	FRANCISCO ARAUJO	M	50	M5054 19	INDIVIDUAL	01:05:23
255	65	ANA C D DINIS	F	29	F0039 24	INDIVIDUAL	01:05:35
256	35	ALEXANDRE GOMES	M	43	M4044 40	INDIVIDUAL	01:05:49
257	140	MARIO COSTA	M	56	M5559 12	INDIVIDUAL	01:07:18
258	152	LURDES FIGUEIREDO	F	57	F4599 14	INDIVIDUAL	01:07:55
259	12	KARL SMYTH	M	39	M0039 ##	INDIVIDUAL	01:08:11
260	189	MARIA CARVALHO	F	50	F4599 15	AS MARAVILHOSAS	01:08:31
261	190	MARIA FERRÃO	F	34	F0039 25	AS MARAVILHOSAS	01:08:32
262	118	ANA MARQUES	F	39	F0039 26	INDIVIDUAL	01:08:32
263	58	FERNANDO M SILVA	M	51	M5054 20	OUT2RUN	01:09:08
264	123	RITA I P G FIGUEIRA	F	29	F0039 27	SEGUEOTEUTRILHO	01:10:36

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
265	124	SUSETE M S PAIVA	F	35	F0039 28	SEGUEOTEUTRILHO	01:10:36
266	83	NUNO COSTA	M	41	M4044 41	INDIVIDUAL	01:12:20
267	126	DEOLINDA ALVES	F	64	F4599 16	SC COIMBRENSE	01:12:46
268	215	ANDRE R C LOPES	M	45	M4549 30	CSCRF CHARNECA	01:13:00
269	176	ANA COIMBRA	F	27	F0039 29	RUNNING CLUBE DE COIMBRA	01:13:19
270	177	MARCO TOMÉ	M	24	M0039 ##	RUNNING CLUBE DE COIMBRA	01:13:20
271	175	ANA JOAQUIM	F	47	F4599 17	RUNNING CLUBE DE COIMBRA	01:13:20
272	277	ALEXANDRA BIZARRO	F	48	F4599 18		01:13:44
273	64	CRISTINA MARINHO	F	34	F0039 30	PASCOALITOS	01:17:36
274	60	JOANA BIDARRA	F	26	F0039 31	PASCOALITOS	01:17:36