

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
1	413	MARCO MELLO	M	46	M4549	1 AM ATIBÁ	00:34:45	00:34:45
2	568	JORGE SOUSA	M	37	M0039	1 NORAUTO PORTUGAL	00:35:08	00:35:08
3	557	RUI BELO	M	40	M4044	1 AMIGOSDACORRIDA.COM	00:35:11	00:35:11
4	415	LUIS PEDROSO	M	45	M4549	2 NUCLEOEIRAS-ADNO	00:35:16	00:35:16
5	274	LEONARDO COELHO	M	21	M0039	2 RUNLOVERS	00:36:15	00:36:15
6	373	NUNO SOARES	M	34	M0039	3 CORRER LISBOA	00:36:36	00:36:34
7	199	SERGIO TAVARES	M	37	M0039	4 AA MAFRA	00:36:49	00:36:49
8	674	EMILIO RODRIGUES	M	46	M4549	3	00:36:57	00:36:57
9	672	JOSE GOMES	M	43	M4044	2 BAIRRO CRUZ VERMELHA	00:37:05	00:37:05
10	382	MARCO LOPES	M	28	M0039	5 INDIVIDUAL	00:37:57	00:37:54
11	383	NUNO TINTIM	M	39	M0039	6 INDIVIDUAL	00:38:09	00:38:09
12	615	DIOGO LOPES	M	42	M4044	3 INDIVIDUAL	00:38:35	00:38:34
13	39	RICARDO JORGE	M	36	M0039	7 LEASEPLAN RUNNERES	00:38:46	00:38:46
14	609	ANTÓNIO R LOPES	M	51	M5054	1 INDIVIDUAL	00:39:28	00:39:27
15	16	RAUL BRITO COELHO	M	38	M0039	8 INDIVIDUAL	00:39:31	00:39:25
16	628	MANUEL BARROSO	M	52	M5054	2 INDIVIDUAL	00:39:32	00:39:31
17	40	ANTONIO JACINTO	M	56	M5559	1 AUTOJACINTO	00:40:31	00:40:30
18	563	TIAGO GONÇALVES	M	19	M0039	9 GONCALVESFAMILY	00:40:54	00:40:52
19	48	DUARTE COSTA	M	33	M0039	10 O CÃO LARANJA	00:40:59	00:40:59
20	210	JOSE M S R GOMES	M	56	M5559	2 INDIVIDUAL	00:41:06	00:41:00
21	246	JOÃO M M CADETE	M	50	M5054	3 LX RUN	00:41:24	00:41:03
22	537	NUNO CARREIRA	M	42	M4044	4 INDIVIDUAL	00:41:28	00:41:28
23	545	LUIS MIGUEL SILVA	M	44	M4044	5 INDIVIDUAL	00:41:42	00:41:40
24	75	PAULO LOPES	M	45	M4549	4 GRD RIBEIRA DA LAGE	00:41:48	00:41:47
25	66	RICARDO CORREIA	M	38	M0039	11 CAPTAIN FLY	00:42:09	00:42:09
26	650	MARCOS PEREIRA	M	60	M6099	1	00:42:19	00:42:14
27	569	PETER STEINHAUSEN	M	64	M6099	2 INDIVIDUAL	00:42:22	00:42:22
28	361	FERNANDO MARTINS	M	45	M4549	5 GD BANCO PORTUGAL	00:42:30	00:42:13
29	654	PEDRO FERNANDES	M	37	M0039	12	00:42:36	00:42:36
30	281	MANUEL LAMY	M	22	M0039	13 INDIVIDUAL	00:42:46	00:42:43
31	379	ARMANDO DIAS	M	51	M5054	4 RUN FOR FRIENDS	00:42:47	00:42:46
32	17	EDUARDO M A SILVA	M	53	M5054	5 INDIVIDUAL	00:42:55	00:42:54
33	316	RUI PEREIRA	M	52	M5054	6 ESC SEC FERREIRA DIAS	00:43:04	00:43:04
34	105	NUNO SILVA	M	40	M4044	6 LX RUN	00:43:06	00:43:06
35	552	HUGO N V CONCEIÇÃO	M	39	M0039	14 INDIVIDUAL	00:43:08	00:43:03
36	616	JOSÉ M T S CRUZ	M	27	M0039	15 INDIVIDUAL	00:43:27	00:43:27
37	602	ANDRÉ SANTOS	M	40	M4044	7 A VALE SILENCIO	00:43:28	00:43:10
38	265	ANDRÉ CARVALHO	M	30	M0039	16 CELFOQUINHAS	00:43:29	00:43:24
39	179	RICARDO LUÍS	M	33	M0039	17 INDIVIDUAL	00:43:30	00:43:30
40	465	TIAGO DIOGO	M	39	M0039	18 GD BANCO PORTUGAL	00:43:34	00:43:16
41	366	GONÇALO FERREIRA	M	29	M0039	19 CCD CA MÚTUO	00:43:37	00:43:01
42	54	RICARDO MENDES	M	37	M0039	20 INDIVIDUAL	00:43:45	00:43:43
43	634	RUI BARATA	M	31	M0039	21 INDIVIDUAL	00:43:52	00:43:43
44	77	HELDER CARMINÉ	M	37	M0039	22 REMAX RUNNING TEAM	00:43:54	00:43:36

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
45	266	CARLOS MERALTO	M	24	M0039	23 CELFOQUINHAS	00:43:55	00:43:50
46	453	PEDRO DUARTE	M	35	M0039	24 GALHETEIRO	00:44:16	00:44:15
47	521	ALEXANDRE DIAS	M	47	M4549	6 JOMA	00:44:21	00:44:19
48	98	CARLOS MOREIRA	M	58	M5559	3 CORRER LISBOA	00:44:21	00:44:19
49	675	ALVARO GUERRA	M	49	M4549	7	00:44:24	00:43:56
50	541	AGAPITO CORREDOIRA	M	69	M6099	3 INDIVIDUAL	00:44:29	00:44:24
51	64	LUIS GONÇALVES	M	35	M0039	25 INDIVIDUAL	00:44:40	00:44:40
52	668	PEDRO TEIXEIRA	M	43	M4044	8	00:44:45	00:44:36
53	378	TELMO NOGUEIRA	M	32	M0039	26 INDIVIDUAL	00:44:46	00:44:31
54	606	SERGIO M D LOPES	M	43	M4044	9 INDIVIDUAL	00:44:47	00:44:47
55	501	VIRGILIO VINAGRE	M	48	M4549	8 INDIVIDUAL	00:44:48	00:44:13
56	659	RUI SANTOS	M	48	M4549	9	00:44:49	00:44:47
57	225	PAULO MATA	M	52	M5054	7 INDIVIDUAL	00:44:51	00:44:48
58	608	FABIO MARMELO	M	29	M0039	27 INDIVIDUAL	00:44:53	00:44:34
59	142	CARLOS SERRA	M	48	M4549	10 INDIVIDUAL	00:44:55	00:44:54
60	354	ADELINO SEMEDO	M	63	M6099	4 GD BANCO PORTUGAL	00:44:56	00:44:34
61	353	JOSÉ MONTEIRO	M	60	M6099	5 GD BANCO PORTUGAL	00:44:56	00:44:03
62	19	ADRIANO S REIS	M	40	M4044	10 P&A MULTISPORTS	00:44:57	00:44:51
63	542	VITOR BATISTA	M	47	M4549	11 INDIVIDUAL	00:44:58	00:44:54
64	250	JOSÉ GORDILHO	M	52	M5054	8 CAA BELÉM	00:45:00	00:45:00
65	490	JOÃO OLIVEIRA	M	45	M4549	12 UDFAC	00:45:04	00:45:04
66	454	ALEXANDRE FERREIRA	M	40	M4044	11 INDIVIDUAL	00:45:21	00:45:08
67	200	JOÃO GOMES	M	44	M4044	12 AA MAFRA	00:45:21	00:45:13
68	276	JOÃO LEITÃO	M	46	M4549	13 RUNLOVERS	00:45:24	00:45:10
69	249	PEDRO FIGUEIREDO	M	43	M4044	13 GO RUNNERS	00:45:28	00:45:28
70	342	CARLOS ANTUNES	M	65	M6099	6 CA ODIMARQ	00:45:29	00:45:27
71	73	CARLOS GRAÇA	M	34	M0039	28 EQUIPA CARLOS E SOFIA	00:45:38	00:44:59
72	251	PEDRO FERREIRA	M	30	M0039	29 INDIVIDUAL	00:45:41	00:45:31
73	384	RAFAEL PIÇARRA	M	24	M0039	30 INDIVIDUAL	00:45:42	00:45:15
74	440	JOSÉ M S GUERREIRO	M	59	M5559	4 SS MONTEPIO GERAL	00:45:49	00:45:15
75	149	JOAO S SILVA	M	48	M4549	14 INDIVIDUAL	00:45:56	00:45:44
76	514	ALBINO NEIVA	M	70	M6099	7 INDIVIDUAL	00:45:57	00:45:55
77	492	PEDRO REIS	M	41	M4044	14 OS GLORIOSOS	00:46:02	00:46:00
78	287	JOÃO QUINA	M	43	M4044	15 GUERREIROS DO OESTE	00:46:04	00:46:04
79	432	LEONEL MENDES	M	29	M0039	31 INDIVIDUAL	00:46:04	00:45:17
80	14	DIOGO E T MARTINS	M	25	M0039	32 INDIVIDUAL	00:46:06	00:45:18
81	536	FRANCISCO SANTOS	M	35	M0039	33 INDIVIDUAL	00:46:06	00:46:06
82	53	NUNO GOMES	M	40	M4044	16 INDIVIDUAL	00:46:08	00:46:01
83	388	DAVID RESINA	M	54	M5054	9 CELFOQUINHAS	00:46:09	00:45:53
84	504	JOAQUIM CAEIRO	M	47	M4549	15 ALENMINHO	00:46:09	00:46:07
85	476	MIGUEL RAIMUNDO	M	34	M0039	34 GD BANCO PORTUGAL	00:46:15	00:46:15
86	399	PEDRO COELHO	M	43	M4044	17 SGS PORTUGAL	00:46:18	00:45:55
87	118	CARLOS M MARQUES	M	38	M0039	35 INDIVIDUAL	00:46:21	00:45:20
88	326	ALBERTO L M MATIAS	M	58	M5559	5 INDIVIDUAL	00:46:28	00:46:26

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
89	614	ROBERTO MARTINS	M	29	M0039	36 OS ROSÁRIOS	00:46:29	00:45:39
90	610	NELSON JANUARIO	M	34	M0039	37 R4C	00:46:31	00:46:23
91	205	FRANCISCO CUNHA	M	45	M4549	16 INDIVIDUAL	00:46:39	00:46:39
92	255	MARCELO PIRES	M	22	M0039	38 INDIVIDUAL	00:46:47	00:45:54
93	358	ANDRÉ LEITE	M	26	M0039	39 GD BANCO PORTUGAL	00:46:53	00:46:43
94	363	PEDRO BARREIRÃO	M	30	M0039	40 GD BANCO PORTUGAL	00:46:53	00:46:42
95	305	NELSON MOTA	M	46	M4549	17 AÇOREANA	00:46:58	00:46:31
96	351	JOAQUIM FERRÃO	M	56	M5559	6 GD BANCO PORTUGAL	00:47:01	00:47:01
97	132	CAMILO NETO	M	50	M5054	10 DESNÍVEL POSITIVO	00:47:12	00:46:44
98	247	TIAGO SIMÕES	M	31	M0039	41 INDIVIDUAL	00:47:15	00:47:09
99	311	RUI OLIVEIRA	M	45	M4549	18 AÇOREANA	00:47:19	00:47:19
100	195	PAULO J G SILVA	M	48	M4549	19 INDIVIDUAL	00:47:21	00:47:21
101	380	RUI DIAS	M	36	M0039	42 RUN FOR FRIENDS	00:47:22	00:47:22
102	206	RUI GONÇALVES	M	39	M0039	43 EQUIPA	00:47:27	00:47:24
103	231	JOAQUIM M P GALVÃO	M	61	M6099	8 INDIVIDUAL	00:47:28	00:47:01
104	36	FRANCISCO PASSOS	M	55	M5559	7 INDIVIDUAL	00:47:40	00:47:04
105	607	HUGO B ÁGUA	M	32	M0039	44 COAC	00:47:42	00:46:52
106	519	JOÃO ROSÁRIO	M	31	M0039	45 INDIVIDUAL	00:47:43	00:46:52
107	117	ANTONIO C NOVAS	M	38	M0039	46 INDIVIDUAL	00:47:47	00:46:58
108	137	MIGUEL ANSELMO	M	47	M4549	20 LX RUN	00:47:51	00:47:33
109	600	ARMANDO ALMEIDA	M	57	M5559	8 A VALE SILENCIO	00:48:00	00:47:42
110	622	PEDRO XAVIER	M	36	M0039	47 RB RUNNING	00:48:05	00:48:05
111	86	JOÃO FERREIRA	M	31	M0039	48 EQUIPA	00:48:06	00:47:36
112	309	VIRGILIO MADEIRA	M	57	M5559	9 AÇOREANA	00:48:11	00:48:11
113	59	ABÍLIO OLIVEIRA	M	51	M5054	11 INDIVIDUAL	00:48:14	00:48:08
114	475	HENRIQUES MORAIS	M	49	M4549	21 GD BANCO PORTUGAL	00:48:19	00:48:19
115	72	PAULO SOUSA	M	42	M4044	18 INDIVIDUAL	00:48:22	00:48:17
116	238	PAULO PALMINHA	M	46	M4549	22 INDIVIDUAL	00:48:30	00:48:24
117	329	MIGUEL NUNES	M	43	M4044	19 XEROX ROADRUNNERS	00:48:32	00:47:50
118	601	ANTONIO FERNANDES	M	60	M6099	9 A VALE SILENCIO	00:48:38	00:48:29
119	341	JOÃO BRAZ	M	52	M5054	12 CA ODIMARQ	00:48:40	00:48:40
120	22	FERNANDA A GIL	F	47	F4049	1 INGLESES FC	00:48:43	00:48:28
121	371	JORGE FERRO	M	50	M5054	13 INDIVIDUAL	00:48:44	00:48:20
122	527	VALDIR CENTEIO	M	18	M0039	49 BONS DIAS	00:48:45	00:48:45
123	349	JOÃO BATISTA	M	59	M5559	10 GD BANCO PORTUGAL	00:48:48	00:48:48
124	104	ANTÓNIO J VARELA	M	50	M5054	14 INDIVIDUAL	00:48:48	00:48:48
125	312	FERNANDO CELESTINO	M	57	M5559	11 AÇOREANA	00:48:48	00:48:36
126	228	AFONSO SILVA	M	48	M4549	23 INDIVIDUAL	00:48:50	00:48:17
127	355	ANTÓNIO SIMÕES	M	46	M4549	24 GD BANCO PORTUGAL	00:48:52	00:48:47
128	356	GINA CHEIO	F	45	F4049	2 GD BANCO PORTUGAL	00:48:52	00:48:48
129	100	PAULO PESSOA	M	54	M5054	15 LX RUN	00:49:01	00:48:39
130	34	RICARDO OLIVEIRA	M	33	M0039	50 INDIVIDUAL	00:49:14	00:48:41
131	301	MAFALDA MONIZ	F	30	F0039	1 INNOWAVE TECHNOLOGIES	00:49:15	00:49:14
132	394	SAMUEL SALVADOR	M	37	M0039	51 INDIVIDUAL	00:49:17	00:48:52

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
133	335	TIAGO PORTELA	M	31	M0039	52 INDIVIDUAL	00:49:18	00:49:03
134	572	SILVERIO BRAS	M	56	M5559	12 INDIVIDUAL	00:49:29	00:49:11
135	520	CARLOS GONÇALVES	M	44	M4044	20 RUN4CHILDREN/ESTRELAS DO FEIJÓ	00:49:30	00:49:23
136	455	RUI SANCHES	M	45	M4549	25 INDIVIDUAL	00:49:37	00:49:04
137	578	RUI CRUZ	M	46	M4549	26 JALABOUTER	00:49:38	00:49:22
138	347	ANDRE D A SIMOES	M	27	M0039	53 INDIVIDUAL	00:49:45	00:49:45
139	277	SANDRO PINTO	M	41	M4044	21 RUNLOVERS	00:49:46	00:49:33
140	540	FERNANDO PIRES	M	46	M4549	27 INDIVIDUAL	00:49:46	00:49:46
141	338	ANTÓNIO ABRAÇOS	M	36	M0039	54 INDIVIDUAL	00:49:49	00:46:40
142	627	PEDRO DIAS	M	36	M0039	55 DSBC	00:49:50	00:49:00
143	410	JOAQUIM A H SILVÉRIO	M	71	M6099	10 INDIVIDUAL	00:49:53	00:49:46
144	55	MARK GIBSON	M	35	M0039	56 INDIVIDUAL	00:49:54	00:49:54
145	646	ANIBAL CARVALHO	M	65	M6099	11 INDIVIDUAL	00:49:55	00:49:55
146	404	ANTÓNIO M J SOUSA	M	45	M4549	28 INDIVIDUAL	00:49:59	00:49:56
147	427	LEONEL PIRES	M	72	M6099	12 INDIVIDUAL	00:49:59	00:49:59
148	165	FERNANDO TRINO	M	55	M5559	13 INDIVIDUAL	00:49:59	00:49:50
149	150	JOSE A RODRIGUES	M	57	M5559	14 INDIVIDUAL	00:50:00	00:50:00
150	512	FRANCISCO SILVA	M	41	M4044	22 INDIVIDUAL	00:50:01	00:50:01
151	324	RUI HENRIQUES	M	36	M0039	57 SS MONTEPIO GERAL	00:50:05	00:49:56
152	445	FERNANDO SILVEIRO	M	48	M4549	29 FC ESTRELAS LISBOA	00:50:08	00:50:05
153	170	ANDRÉ D F S LABORINHO	M	48	M4549	30 CCD - AT	00:50:11	00:50:08
154	515	ANTÓNIO AMARAL	M	38	M0039	58 INDIVIDUAL	00:50:15	00:50:15
155	656	DIOGO LIMA	M	38	M0039	59	00:50:16	00:50:16
156	516	RUI F ANTUNES	M	42	M4044	23 INDIVIDUAL	00:50:24	00:50:19
157	459	RICARDO DUARTE	M	20	M0039	60 INDIVIDUAL	00:50:26	00:50:26
158	241	VITOR MOREIRA	M	63	M6099	13 CP EDP LISBOA	00:50:26	00:49:51
159	127	RUI FERNANDES	M	45	M4549	31 INDIVIDUAL	00:50:30	00:50:19
160	370	CLÁUDIO MILHEIRO	M	40	M4044	24 INDIVIDUAL	00:50:31	00:50:07
161	116	RUI MICAEL	M	35	M0039	61 INDIVIDUAL	00:50:33	00:50:09
162	20	PAULO J DOMINGUES	M	44	M4044	25 INDIVIDUAL	00:50:34	00:50:25
163	103	JOÃO J FERNANDES	M	35	M0039	62 INDIVIDUAL	00:50:38	00:50:08
164	538	JOSE SOARES	M	51	M5054	16 INDIVIDUAL	00:50:38	00:49:58
165	458	JOAQUIM DUARTE	M	50	M5054	17 INDIVIDUAL	00:50:40	00:50:40
166	387	JOSUÉ CAMPOS	M	23	M0039	63 CELFOQUINHAS	00:50:41	00:50:25
167	160	MAXIMIANO SANTOS	M	52	M5054	18 INDIVIDUAL	00:50:42	00:50:37
168	208	AFONSO LUCAS	M	19	M0039	64 VIDAACORRER	00:50:45	00:50:22
169	426	JOSÉ LUIS ISIDRO	M	63	M6099	14 INDIVIDUAL	00:50:49	00:50:47
170	651	CARLOS ALBERTO VIDAL FILIPE	M	62	M6099	15	00:50:56	00:50:56
171	319	JAIME GOMES	M	59	M5559	15 SS MONTEPIO GERAL	00:50:56	00:50:21
172	106	GONÇALO SEABRA	M	47	M4549	32 LX RUN	00:51:06	00:50:44
173	447	NUNO M S FONTES	M	30	M0039	65 INDIVIDUAL	00:51:06	00:50:53
174	209	NUNO CABEÇA	M	47	M4549	33 VIDAACORRER	00:51:10	00:50:47
175	256	JOSÉ SANTOS	M	56	M5559	16 INDIVIDUAL	00:51:11	00:50:38
176	334	CARLOS MORAIS	M	51	M5054	19 INDIVIDUAL	00:51:13	00:51:08

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
177	161	VASCO BERNARDO	M	37	M0039	66 CADT PORTUCEL SETUBAL	00:51:14	00:50:41
178	631	CARLOS NEVES	M	36	M0039	67 OS NEVES	00:51:16	00:51:16
179	292	JOÃO PECORELLI	M	26	M0039	68 INNOWAVE TECHNOLOGIES	00:51:17	00:50:26
180	317	EURICO LOUREIRO	M	34	M0039	69 SS MONTEPIO GERAL	00:51:20	00:50:46
181	633	JÚLIO FERREIRA	M	62	M6099	16 CARACÓIS SONOLENTOS	00:51:22	00:50:51
182	10	JOÃO M P N MELO	M	30	M0039	70 AÇOREANA	00:51:27	00:51:16
183	307	NUNO AVÓ	M	49	M4549	34 AÇOREANA	00:51:27	00:51:16
184	306	TAM AFONSO	M	63	M6099	17 AÇOREANA	00:51:28	00:51:28
185	128	QUINTINHO VAZ	M	53	M5054	20 INDIVIDUAL	00:51:31	00:50:43
186	528	JOSÉ DUARTE	M	42	M4044	26 INDIVIDUAL	00:51:35	00:51:35
187	203	PAULO MASSANO	M	37	M0039	71 INDIVIDUAL	00:51:38	00:51:38
188	433	HUGO FERREIRA	M	23	M0039	72 MATA PINHAL NOVO	00:51:38	00:50:46
189	202	RAUL MASSANO	M	37	M0039	73 INDIVIDUAL	00:51:39	00:51:07
190	318	HÉLDER PALMA	M	44	M4044	27 SS MONTEPIO GERAL	00:51:39	00:51:08
191	171	ALMERINDO M L SILVA	M	57	M5559	17 ADC CATUJAL	00:51:39	00:51:39
192	222	PAULO ROCHA	M	39	M0039	74 BEBEDOLAS	00:51:41	00:51:41
193	623	SANDRA VICENTE	F	34	F0039	2 CAA BELEM	00:51:43	00:51:23
194	549	MIGUEL A M SILVA	M	48	M4549	35 R4C	00:51:52	00:51:45
195	555	NELSON SANTOS	M	35	M0039	75 INDIVIDUAL	00:51:57	00:51:57
196	270	HELDER MENDES	M	41	M4044	28 INDIVIDUAL	00:52:08	00:51:20
197	376	TANIA VIEIRA	F	29	F0039	3 ENTRUDOS	00:52:19	00:52:19
198	375	BRUNO FONSECA	M	37	M0039	76 ENTRUDOS	00:52:19	00:52:19
199	157	ANDRE SILVA	M	29	M0039	77 OS CARACÓIS FURIOSOS	00:52:27	00:52:27
200	155	SUSANA CLIMAS	F	28	F0039	4 OS CARACÓIS FURIOSOS	00:52:28	00:51:36
201	553	MARCO CONSTATINO	M	36	M0039	78 INDIVIDUAL	00:52:34	00:52:34
202	368	RUI MELO	M	45	M4549	36 CCD CA MÚTUO	00:52:39	00:52:07
203	88	TIAGO ALDEIA	M	32	M0039	79 EQUIPA	00:52:40	00:52:10
204	289	TIAGO FIGO	M	29	M0039	80 INDIVIDUAL	00:52:45	00:51:50
205	236	AMERICO RAMOS	M	57	M5559	18 INDIVIDUAL	00:52:50	00:52:37
206	78	LUIS DOMINGUES	M	35	M0039	81 INDIVIDUAL	00:52:50	00:52:01
207	269	SÉRGIO TORRINHA	M	35	M0039	82 INDIVIDUAL	00:52:51	00:52:47
208	620	SUSANA VICENTE	F	37	F0039	5 RB RUNNING	00:52:51	00:52:47
209	431	MAURO MONTEIRO	M	36	M0039	83 INDIVIDUAL	00:52:56	00:52:48
210	131	MARGARIDA MAGALHAES	F	49	F4049	3 DESNÍVEL POSITIVO	00:53:09	00:52:42
211	28	DIOGO ARRAIAS	M	62	M6099	18 OS ARRAIAS	00:53:11	00:52:34
212	612	TIAGO L FERREIRA	M	34	M0039	84 INDIVIDUAL	00:53:20	00:52:40
213	367	MIGUEL VINAGRE	M	41	M4044	29 CCD CA MÚTUO	00:53:22	00:52:40
214	173	JATIN RAMGI	M	30	M0039	85 INDIVIDUAL	00:53:22	00:53:01
215	320	JOSÉ C GASPAR	M	55	M5559	19 SS MONTEPIO GERAL	00:53:24	00:52:50
216	129	ALCIDES PAULO	M	48	M4549	37 INDIVIDUAL	00:53:28	00:53:18
217	239	ARLINDO PARRA	M	55	M5559	20 CP EDP LISBOA	00:53:29	00:53:29
218	648	ANTONIO SOBRAL	M	58	M5559	21	00:53:31	00:53:31
219	29	SANDRA ARRAIAS	F	35	F0039	6 OS ARRAIAS	00:53:35	00:52:58
220	134	GABRIEL ALMEIDA	M	36	M0039	86 INDIVIDUAL	00:53:36	00:53:36

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
221	604	NEVES SILVA	M	63	M6099	19 C FERROV PORTUGAL	00:53:40	00:53:31
222	336	JIMMY BOY	M	52	M5054	21 JIMMY BOY	00:53:43	00:53:11
223	500	HELDER C SILVA	M	45	M4549	38 INDIVIDUAL	00:53:44	00:52:57
224	619	FILIFE PAIXÃO	M	43	M4044	30 ACTIVE PEOPLE	00:53:45	00:52:43
225	295	CARLOS DIAS	M	31	M0039	87 INNOWAVE TECHNOLOGIES	00:53:45	00:52:56
226	483	DANIEL FARINHA	M	32	M0039	88 GD BANCO PORTUGAL	00:53:50	00:53:18
227	482	CARLOS ARRUDA	M	30	M0039	89 GD BANCO PORTUGAL	00:53:51	00:53:18
228	151	DAMIÃO REGA	M	55	M5559	22 INDIVIDUAL	00:53:52	00:53:30
229	139	JOÃO DUARTE	M	63	M6099	20 INDIVIDUAL	00:53:53	00:53:42
230	362	JOÃO SILVA	M	27	M0039	90 GD BANCO PORTUGAL	00:53:54	00:53:43
231	409	ISABEL ALPIARÇA	F	49	F4049	4 GD BANCO PORTUGAL	00:53:54	00:53:34
232	472	MARGARIDA BRITES	F	48	F4049	5 GD BANCO PORTUGAL	00:53:57	00:53:37
233	226	HÉLIO GODINHO	M	66	M6099	21 INDIVIDUAL	00:53:59	00:53:59
234	138	LUIS M L VICENTE	M	55	M5559	23 INDIVIDUAL	00:54:00	00:53:48
235	45	JOÃO TEIXEIRA	M	37	M0039	91 INDIVIDUAL	00:54:07	00:53:55
236	493	SANDRA GONÇALVES	F	30	F0039	7 OS GLORIOSOS	00:54:11	00:54:08
237	421	PAULO GOMES	M	51	M5054	22 PRAZER CORRIDA	00:54:11	00:53:43
238	611	ELISABETE MATEUS	F	31	F0039	8 INDIVIDUAL	00:54:20	00:53:21
239	581	RUI MENDES	M	19	M0039	92 INDIVIDUAL	00:54:21	00:53:22
240	510	NUNO OLIVEIRA	M	38	M0039	93 INDIVIDUAL	00:54:35	00:54:35
241	405	CONCEIÇÃO COTÃO	F	41	F4049	6 INDIVIDUAL	00:54:35	00:53:38
242	213	JOSÉ GOUVEIA	M	49	M4549	39 INDIVIDUAL	00:54:36	00:54:22
243	61	MIGUEL CIPRIANO	M	62	M6099	22 INDIVIDUAL	00:54:38	00:54:29
244	302	DIOGO CANTEIRO	M	24	M0039	94 INNOWAVE TECHNOLOGIES	00:54:42	00:53:49
245	529	JOSÉ SILVA	M	31	M0039	95 INDIVIDUAL	00:54:43	00:53:50
246	163	CARLA FERNANDES	F	38	F0039	9 ASAS	00:54:44	00:53:56
247	164	SERAFIM MARQUES	M	67	M6099	23 ASAS	00:54:45	00:53:57
248	30	SÓNIA SOUSA	F	26	F0039	10 FAMÍLIA CROSSFIT XXI	00:54:46	00:53:57
249	38	AIRES J ILDEFONSO	M	61	M6099	24 INDIVIDUAL	00:54:55	00:54:45
250	435	RUTE PATROCINIO	F	41	F4049	7 INDIVIDUAL	00:54:58	00:54:58
251	176	NUNO FRAGOSO	M	40	M4044	31 INDIVIDUAL	00:54:58	00:54:07
252	525	HELENA FREITAS	F	33	F0039	11 BONS DIAS	00:54:59	00:54:38
253	599	RICARDO MARQUES	M	39	M0039	96 INDIVIDUAL	00:55:00	00:54:39
254	177	RENATO MOREIRA	M	31	M0039	97 CADT PORTUCEL SETUBAL	00:55:00	00:55:00
255	495	MANUEL S FLOR	M	68	M6099	25 INDIVIDUAL	00:55:05	00:54:31
256	337	DELFIN FERREIRA	M	24	M0039	98 INDIVIDUAL	00:55:11	00:54:43
257	245	CARLOS SEMIDE	M	41	M4044	32 INDIVIDUAL	00:55:12	00:54:16
258	441	LUIS FERREIRA	M	39	M0039	99 AUTO JACINTO	00:55:13	00:55:13
259	169	ANTÓNIO COSTA	M	74	M6099	26 INDIVIDUAL	00:55:16	00:55:10
260	596	NUNO DUARTE	M	41	M4044	33 GDCT UNICRE	00:55:17	00:55:17
261	597	EDUARDO RIBEIRO	M	49	M4549	40 GDCT UNICRE	00:55:18	00:55:18
262	372	JOÃO AUGUSTO	M	46	M4549	41 INDIVIDUAL	00:55:19	00:54:18
263	304	CAROLINA GUEDES	F	25	F0039	12 INNOWAVE TECHNOLOGIES	00:55:20	00:54:32
264	35	PAULO COSTA	M	33	M0039	100 INDIVIDUAL	00:55:27	00:54:54

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
265	649	JOSE CATITA	M	58	M5559	24	00:55:32	00:54:44
266	325	TERESA CARDOSO	F	37	F0039	13 SS MONTEPIO GERAL	00:55:51	00:55:09
267	93	PATRÍCIA SANTOS	F	32	F0039	14 INDIVIDUAL	00:55:54	00:55:20
268	437	ANTONIO FARIA	M	61	M6099	27 INDIVIDUAL	00:56:05	00:55:57
269	369	RUI TOMÁS	M	45	M4549	42 CCD CA MÚTUO	00:56:08	00:55:33
270	83	JOAQUIM BENTES	M	66	M6099	28 DUO	00:56:09	00:55:58
271	645	JOSE L LOPES	M	59	M5559	25 INDIVIDUAL	00:56:09	00:55:50
272	82	ANTONIO RIBEIRO	M	52	M5054	23 DUO	00:56:10	00:56:10
273	101	JORGE M G PIRES	M	61	M6099	29 INDIVIDUAL	00:56:13	00:55:29
274	110	JOAQUIM F C PINTO	M	57	M5559	26 INDIVIDUAL	00:56:14	00:55:29
275	558	ANTÓNIO BELO	M	71	M6099	30 AMIGOSDACORRIDA.COM	00:56:18	00:55:31
276	102	ALVARO PINTO	M	59	M5559	27 AD REAL ACADEMIA	00:56:18	00:56:18
277	81	LUIS CATITA	M	58	M5559	28 INDIVIDUAL	00:56:28	00:56:05
278	49	FRANCISCO FERREIRA	M	44	M4044	34 INDIVIDUAL	00:56:29	00:55:46
279	618	SAIDA MORAIS	F	44	F4049	8 ACTIVE PEOPLE	00:56:30	00:55:29
280	364	ABEL LUIZ	M	52	M5054	24 INDIVIDUAL	00:56:36	00:56:23
281	503	ADRIANO CUNHA	M	62	M6099	31 INDIVIDUAL	00:56:41	00:56:41
282	298	RICARDO FILIPE	M	24	M0039	101 INNOWAVE TECHNOLOGIES	00:56:44	00:55:51
283	665	NUNO DOMINGOS	M	28	M0039	102	00:56:45	00:55:45
284	411	CARLOS ALFEIRÃO	M	36	M0039	103 INDIVIDUAL	00:56:46	00:56:37
285	196	CRISTINA CUNHA	F	46	F4049	9	00:56:46	00:56:46
286	462	CATARINA MORGADO	F	36	F0039	15 INDIVIDUAL	00:56:48	00:56:34
287	56	PEDRO FREITAS	M	24	M0039	104 INDIVIDUAL	00:56:53	00:56:02
288	152	CARMINDA PIRES	F	53	F5099	1 INDIVIDUAL	00:56:55	00:56:55
289	133	JORGE VAZ	M	55	M5559	29 DESNÍVEL POSITIVO	00:56:58	00:56:30
290	300	EDGAR MATEUS	M	26	M0039	105 INNOWAVE TECHNOLOGIES	00:57:01	00:56:57
291	395	FREDERICO M S M RAPOSO	M	30	M0039	106 6RUN6FUN	00:57:04	00:56:17
292	585	BRUNO ABRANTES	M	40	M4044	35 FALCÕES SELVAGENS	00:57:07	00:56:31
293	175	VITOR M M MATOS	M	40	M4044	36 CADT PORTUCEL SETUBAL	00:57:10	00:57:10
294	345	LUIS DIAS	M	45	M4549	43 UDFAC	00:57:13	00:57:13
295	471	CATARINA SILVA	F	27	F0039	16 GD BANCO PORTUGAL	00:57:20	00:50:18
296	108	PAULO AMORIM	M	30	M0039	107 SS MONTEPIO GERAL	00:57:20	00:56:46
297	554	TIAGO ESPERANÇA	M	35	M0039	108 OS TRÊS TIGRES	00:57:20	00:56:48
298	470	JOAO MENESES	M	27	M0039	109 GD BANCO PORTUGAL	00:57:20	00:50:19
299	322	LUIS REIS	M	59	M5559	30 SS MONTEPIO GERAL	00:57:22	00:57:22
300	217	PEDRO SANTOS	M	28	M0039	110 BEBEDOLAS	00:57:22	00:56:28
301	389	FILIPE RESINA	M	22	M0039	111 CELFOQUINHAS	00:57:24	00:57:08
302	625	MARIA FREILÃO	F	33	F0039	17 INDIVIDUAL	00:57:31	00:57:30
303	626	JOSÉ GERMANO	M	35	M0039	112 PANZERS	00:57:33	00:56:34
304	583	MARCO A S CARVALHO	M	39	M0039	113 PANZERS	00:57:34	00:57:34
305	574	ANDRÉ PEREIRA	M	35	M0039	114 INDIVIDUAL	00:57:34	00:56:45
306	167	RUI COSTA	M	41	M4044	37 INDIVIDUAL	00:57:36	00:56:48
307	485	PEDRO LASCASAS	M	33	M0039	115 GD BANCO PORTUGAL	00:57:37	00:57:37
308	565	JOÃO ANTUNES	M	28	M0039	116 INDIVIDUAL	00:57:46	00:57:32

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
309	473	ANTONIO GARCIA	M	57	M5559	31 GD BANCO PORTUGAL	00:57:46	00:57:46
310	273	NUNO MARQUES	M	49	M4549	44 RUNLOVERS	00:57:47	00:57:33
311	673	JOSE A SANTOS	M	55	M5559	32	00:57:49	00:57:49
312	508	MÁRCIA FREIRE	F	38	F0039	18 PANMOLETES	00:57:50	00:57:12
313	509	ANDRÉ HENRIQUES	M	36	M0039	117 PANMOLETES	00:57:51	00:57:13
314	263	JOANA SILVA	F	30	F0039	19 BEBEDOLAS	00:57:52	00:56:54
315	386	JOÃO SILVA	M	18	M0039	118 EQUIPA MATA	00:57:52	00:56:59
316	262	PAULA MONIZ	F	32	F0039	20 BEBEDOLAS	00:57:53	00:56:56
317	221	LUIS PEREIRA	M	37	M0039	119 BEBEDOLAS	00:57:53	00:56:55
318	531	SANTOS NETA	M	76	M6099	32 CAA BELÉM	00:57:54	00:57:46
319	613	PAULO J M NOGUEIRA	M	51	M5054	25 INDIVIDUAL	00:57:55	00:57:31
320	511	CARLOS TOMÉ	M	65	M6099	33 INDIVIDUAL	00:57:56	00:57:42
321	283	RUI VEIGA	M	56	M5559	33 CERCILEI	00:57:57	00:57:10
322	69	LUÍS LOPES	M	42	M4044	38 INDIVIDUAL	00:58:00	00:57:38
323	80	INÊS ABRANTES	F	32	F0039	21 BALHELHAS	00:58:08	00:57:16
324	215	CLAUDIA OLIVEIRA	F	33	F0039	22 INDIVIDUAL	00:58:14	00:58:05
325	505	SAMIRA BARRIMA	F	39	F0039	23 INDIVIDUAL	00:58:21	00:58:00
326	463	SONIA TEIXEIRA	F	39	F0039	24 GD BANCO PORTUGAL	00:58:21	00:58:01
327	474	PEDRO PAREDES	M	43	M4044	39 GD BANCO PORTUGAL	00:58:22	00:57:49
328	50	PAULO PEREIRA	M	41	M4044	40 INDIVIDUAL	00:58:23	00:57:40
329	630	JOSÉ NEVES	M	64	M6099	34 OS NEVES	00:58:27	00:57:56
330	24	MARTA BATISTA	F	26	F0039	25 EQUIPA	00:58:29	00:58:10
331	87	RODRIGO EUSÉBIO	M	32	M0039	120 EQUIPA	00:58:39	00:58:10
332	74	ANA BICA	F	31	F0039	26 EQUIPA CARLOS E SOFIA	00:58:39	00:58:00
333	180	HENRIQUE ALBERTO	M	51	M5054	26 INDIVIDUAL	00:58:46	00:58:03
334	18	PAULA SILVA	F	40	F4049	10 INDIVIDUAL	00:58:47	00:58:47
335	417	LUIS M SILVA	M	45	M4549	45 CLUBE VODAFONE	00:58:50	00:58:43
336	535	FÁTIMA SILVA	F	50	F5099	2 GUERREIROS DO OESTE	00:58:53	00:58:36
337	397	JOÃO MARQUES	M	26	M0039	121 SGS PORTUGAL	00:58:56	00:58:32
338	188	PEDRO CARVALHO	M	40	M4044	41 FC ESTRELAS LISBOA	00:58:58	00:58:58
339	187	GISELA CARVALHO	F	31	F0039	27 FC ESTRELAS LISBOA	00:59:01	00:58:21
340	212	SUSANA W PIEGAS	F	37	F0039	28 INDIVIDUAL	00:59:07	00:58:32
341	211	BRUNO PIEGAS	M	39	M0039	122 INDIVIDUAL	00:59:07	00:58:32
342	579	GUSTAVO GALHARDO	M	39	M0039	123 INDIVIDUAL	00:59:19	00:59:19
343	130	PAULA CUNHA	F	41	F4049	11 INDIVIDUAL	00:59:24	00:59:14
344	258	PAULA ALMEIDA	F	45	F4049	12 INDIVIDUAL	00:59:25	00:59:25
345	257	GABRIEL MARCONDES	M	28	M0039	124 INDIVIDUAL	00:59:25	00:59:25
346	666	TELMA TEIXEIRA	F	30	F0039	29	00:59:34	00:58:33
347	566	NUNO GONÇALVES	M	63	M6099	35 KEEP RUNINNG	00:59:37	00:59:37
348	460	CATIA L M SOUSA	F	34	F0039	30 INDIVIDUAL	00:59:40	00:59:40
349	159	SÉRGIO VAQUEIRO	M	31	M0039	125 INDIVIDUAL	00:59:42	00:59:42
350	168	NUNO MOLERO	M	34	M0039	126 INDIVIDUAL	00:59:46	00:59:17
351	332	RUI PINTO	M	45	M4549	46 XEROX ROADRUNNERS	00:59:51	00:59:05
352	392	RILDO SOARES	M	46	M4549	47 R FRENTE RIBEIRINHA PÓVOA STA IRIA	00:59:51	00:59:33



Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
353	551	LUÍS OLIVEIRA	M	32	M0039	127 INDIVIDUAL	00:59:55	00:59:24
354	564	CIDÁLIA OLIVEIRA	F	56	F5099	3 NA PAPAGAIOS CASCAIS	01:00:06	01:00:04
355	89	ANDRÉ ALDEIA	M	33	M0039	128 EQUIPA	01:00:10	00:59:37
356	446	RICARDO DOURADO	M	41	M4044	42 INDIVIDUAL	01:00:12	00:59:57
357	457	ANA R OLIVEIRA	F	25	F0039	31 INDIVIDUAL	01:00:12	01:00:12
358	218	JOANA SANTOS	F	26	F0039	32 BEBEDOLAS	01:00:17	00:59:24
359	214	TERESA TEIXEIRA	F	50	F5099	4 TARTARUGAS SOLIDÁRIAS	01:00:35	01:00:35
360	15	MARIO PIRES	M	57	M5559	34 INDIVIDUAL	01:01:00	01:00:06
361	640	ANA MARTINS	F	22	F0039	33 INDIVIDUAL	01:01:00	01:00:14
362	189	PAULA LEITÃO	F	37	F0039	34 FC ESTRELAS LISBOA	01:01:05	01:00:24
363	191	RICARDO LOURENÇO	M	45	M4549	48 FC ESTRELAS LISBOA	01:01:07	01:00:29
364	641	JOAO MARTINS	M	58	M5559	35 INDIVIDUAL	01:01:12	01:00:26
365	79	ANTÓNIO ABRANTES	M	61	M6099	36 BALHELHAS	01:01:17	01:00:25
366	575	CONCEIÇÃO PIRES	F	43	F4049	13 JALABOUTER	01:01:18	01:01:18
367	267	PAULO SOARES	M	35	M0039	129 CELFOQUINHAS	01:01:18	01:01:01
368	240	NUNO GOMES	M	47	M4549	49 CP EDP LISBOA	01:01:20	01:01:18
369	657	ANDRE CARDOSO	M	39	M0039	130	01:01:23	01:01:23
370	21	CATARINA AFONSO	F	33	F0039	35 INDIVIDUAL	01:01:23	01:01:11
371	403	HENRIQUE VILHENA	M	60	M6099	37 DONINHOS	01:01:25	01:01:25
372	381	CATARINA PEREIRA	F	19	F0039	36 INDIVIDUAL	01:01:29	01:01:20
373	576	RUI PEREIRA	M	46	M4549	50 JALABOUTER	01:01:31	01:01:14
374	577	PEDRO DIAS	M	45	M4549	51 JALABOUTER	01:01:33	01:01:16
375	275	HELENA LEITÃO	F	46	F4049	14 RUNLOVERS	01:01:39	01:01:25
376	254	LUÍS REIS	M	53	M5054	27 FALCÕES SELVAGENS	01:01:42	01:01:02
377	253	ANTÓNIO CANDEIAS	M	54	M5054	28 FALCÕES SELVAGENS	01:01:42	01:01:02
378	162	FRANCISCO SILVA	M	56	M5559	36 FALCÕES SELVAGENS	01:01:42	01:01:02
379	156	RENATO VIEIRA	M	42	M4044	43 OS CARACÓIS FURIOSOS	01:01:44	01:01:44
380	141	ANA-ALICE S PEREIRA	F	53	F5099	5 INDIVIDUAL	01:01:56	00:49:53
381	637	CATIA ROMAO	F	36	F0039	37 INDIVIDUAL	01:01:57	01:01:10
382	636	LUIS PEREIRA	M	36	M0039	131 INDIVIDUAL	01:01:58	01:01:10
383	350	ANTÓNIO PEREIRA	M	75	M6099	38 GD BANCO PORTUGAL	01:01:58	01:01:05
384	32	JOAO M CARDOSO	M	28	M0039	132 INDIVIDUAL	01:02:04	01:01:44
385	506	NUNO FERNANDES	M	40	M4044	44 NUNOS RUNNING TEAM	01:02:13	01:01:16
386	507	NUNO MARTINS	M	39	M0039	133 NUNOS RUNNING TEAM	01:02:13	01:01:17
387	71	ALBERTO LIXA	M	54	M5054	29 INDIVIDUAL	01:02:25	01:02:06
388	120	VIRGÍNIA CARVALHO	F	27	F0039	38 EQUIPA	01:02:26	01:02:26
389	670	MARIA CRISTINA SANTOS	F	49	F4049	15	01:02:26	01:01:42
390	643	IVO DIOGO	M	32	M0039	134 INDIVIDUAL	01:02:27	01:02:27
391	644	TIAGO PINHEL	M	36	M0039	135 INDIVIDUAL	01:02:27	01:02:27
392	638	ANA MENDES	F	49	F4049	16 INDIVIDUAL	01:02:32	01:01:47
393	590	LUIS A M FONSECA	M	50	M5054	30 INDIVIDUAL	01:02:34	01:02:21
394	232	JOANA MOREIRA	F	35	F0039	39 GAUDI TEAM	01:02:35	01:02:35
395	233	CARLOS BRANCO	M	37	M0039	136 GAUDI TEAM	01:02:36	01:02:36
396	562	MONICA MIRA	F	31	F0039	40 INDIVIDUAL	01:02:36	01:02:11

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
397	561	NUNO SANTOS	M	43	M4044	45 INDIVIDUAL	01:02:36	01:02:09
398	593	ANTONIO SILVA	M	30	M0039	137 INDIVIDUAL	01:02:36	01:02:10
399	591	PAULO SOUSA	M	50	M5054	31 INDIVIDUAL	01:02:41	01:02:28
400	178	MARIA MARTINS	F	57	F5099	6 INDIVIDUAL	01:02:52	01:02:14
401	278	SÍLVIA PEREIRA	F	40	F4049	17 INDIVIDUAL	01:02:52	01:02:14
402	279	PAULO PEREIRA	M	42	M4044	46 INDIVIDUAL	01:02:52	01:02:14
403	570	ISABEL GUERRA	F	58	F5099	7 INDIVIDUAL	01:02:52	01:02:52
404	147	SÓNIA VICENTE	F	41	F4049	18 INDIVIDUAL	01:03:01	01:02:06
405	158	TELMA SANTOS	F	33	F0039	41 INDIVIDUAL	01:03:02	01:02:06
406	617	FERNANDO CHASQUEIRA	M	66	M6099	39 INDIVIDUAL	01:03:11	01:02:33
407	296	FÁBIO SILVA	M	30	M0039	138 INNOWAVE TECHNOLOGIES	01:03:16	01:02:25
408	393	GUIOMAR SOARES	F	44	F4049	19 R FRENTE RIBEIRINHA PÓVOA STA IRIA	01:03:18	01:03:00
409	291	GABRIEL DAMASO	M	25	M0039	139 INNOWAVE TECHNOLOGIES	01:03:20	00:51:16
410	31	MARIANA ANDRADE	F	25	F0039	42 FAMÍLIA CROSSFIT XXI	01:03:20	01:03:20
411	44	ANTONIO CAEIRO	M	41	M4044	47 INDIVIDUAL	01:03:37	01:02:53
412	76	JOÃO P S LIMA	M	56	M5559	37 4 AO KM	01:03:37	01:03:01
413	522	ANTONIO M HENRIQUES	M	58	M5559	38 INDIVIDUAL	01:03:40	01:03:40
414	466	SILVIA MORAIS	F	35	F0039	43 GD BANCO PORTUGAL	01:03:44	01:03:44
415	313	ANTÓNIO GUEDES	M	45	M4549	52 AÇOREANA	01:03:47	01:03:16
416	314	SOFIA GUEDES	F	41	F4049	20 AÇOREANA	01:03:47	01:03:16
417	204	ROSARIO CUNHA	F	44	F4049	21 INDIVIDUAL	01:03:53	01:03:53
418	518	ZAIDA MENDES	F	49	F4049	22 INDIVIDUAL	01:03:55	01:03:55
419	517	ANTÓNIO MENDES	M	57	M5559	39 INDIVIDUAL	01:03:55	01:03:29
420	547	TIAGO F SILVA	M	24	M0039	140 INDIVIDUAL	01:03:55	01:03:25
421	548	INÊS GUIMARÃES	F	28	F0039	44 INDIVIDUAL	01:03:56	01:03:26
422	264	JULIANA COSTA	F	24	F0039	45 CELFOQUINHAS	01:04:03	01:03:47
423	502	FILIFE SILVA	M	26	M0039	141 INDIVIDUAL	01:04:05	01:04:05
424	242	MARTA ELIAS	F	35	F0039	46 LAGARTIXAS TEAM	01:04:05	01:03:20
425	37	TATIANA ILDEFONSO	F	34	F0039	47 INDIVIDUAL	01:04:08	01:04:08
426	23	ANA GARCIA	F	31	F0039	48 EQUIPA	01:04:09	01:03:49
427	25	RICARDO HENRIQUES	M	32	M0039	142 EQUIPA	01:04:10	01:03:50
428	348	VITOR DUARTE	M	57	M5559	40 INDIVIDUAL	01:04:16	01:04:16
429	310	IDALINA MADEIRA	F	55	F5099	8 AÇOREANA	01:04:27	01:03:57
430	430	JOÃO MONTEIRO	M	28	M0039	143 INDIVIDUAL	01:04:28	01:03:42
431	523	FREDERICO INÁCIO	M	35	M0039	144 INDIVIDUAL	01:04:45	01:04:31
432	297	DAVID PASCOAL	M	30	M0039	145 INNOWAVE TECHNOLOGIES	01:04:46	01:04:42
433	294	DANIEL PINTO	M	24	M0039	146 INNOWAVE TECHNOLOGIES	01:04:49	01:03:56
434	571	PAULO FONSECA	M	29	M0039	147 INDIVIDUAL	01:04:50	01:04:41
435	111	NÁDIA CARVALHO	F	28	F0039	49 INDIVIDUAL	01:04:50	01:04:41
436	85	CAROLINA FONSECA	F	32	F0039	50 EQUIPA	01:04:55	01:04:23
437	328	MARTA TEIXEIRA	F	41	F4049	23 INDIVIDUAL	01:04:55	01:04:55
438	414	ARMANDO LUIS	M	33	M0039	148 INDIVIDUAL	01:04:56	01:04:56
439	260	JOÃO LANDEIRO	M	70	M6099	40 INDIVIDUAL	01:05:04	01:04:21
440	121	RICARDO RAPOSO	M	23	M0039	149 EQUIPA	01:05:05	01:05:05

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
441	443	TERESA LOPES	F	42	F4049	24 INDIVIDUAL	01:05:11	01:05:04
442	400	RENATA MILHANO	F	26	F0039	51 SGS PORTUGAL	01:05:15	01:04:52
443	148	CÁTIA RUBINA	F	35	F0039	52 INDIVIDUAL	01:05:37	01:04:42
444	145	DANIELA REBELO	F	30	F0039	53 INDIVIDUAL	01:05:38	01:04:42
445	146	NEUZA REBELO	F	26	F0039	54 INDIVIDUAL	01:05:38	01:04:42
446	418	RUTE MACHADO	F	26	F0039	55 INDIVIDUAL	01:05:43	01:04:45
447	406	PATRICIA CALADO	F	26	F0039	56 INDIVIDUAL	01:05:43	01:04:46
448	143	SANDRA PEREIRA	F	43	F4049	25 INDIVIDUAL	01:05:46	01:05:46
449	534	SÉRGIO GONÇALVES	M	36	M0039	150 INDIVIDUAL	01:05:49	01:05:46
450	642	JOANA LISBOA	F	28	F0039	57 INDIVIDUAL	01:05:50	01:05:50
451	321	LUIS FARINHA	M	47	M4549	53 SS MONTEPIO GERAL	01:05:54	01:05:26
452	467	PEDRO MORAIS	M	38	M0039	151 GD BANCO PORTUGAL	01:05:55	01:05:55
453	65	CLAUDIA TAM	F	34	F0039	58 AÇOREANA	01:05:56	01:05:56
454	271	RUI GONÇALVES	M	37	M0039	152 INDIVIDUAL	01:06:01	01:05:33
455	632	FERNANDA DOMINGUES	F	57	F5099	9 INDIVIDUAL	01:06:05	01:05:21
456	290	ANA MONTEIRO	F	27	F0039	59 INNOWAVE TECHNOLOGIES	01:06:06	01:05:14
457	390	JOANA SOARES	F	33	F0039	60 INDIVIDUAL	01:06:22	01:06:22
458	391	NUNO AZEVEDO	M	32	M0039	153 INDIVIDUAL	01:06:22	01:05:59
459	513	SARA ALMEIDA	F	33	F0039	61 INDIVIDUAL	01:06:34	01:06:34
460	589	JOANA CORREIA	F	32	F0039	62	01:06:41	01:05:52
461	190	SANDRA LOURENÇO	F	39	F0039	63 FC ESTRELAS LISBOA	01:07:11	01:06:31
462	456	JOÃO MACHADO	M	61	M6099	41 INDIVIDUAL	01:07:27	01:06:52
463	550	JOAO EUSEBIO	M	46	M4549	54 INDIVIDUAL	01:07:29	01:07:16
464	603	JOAO SEBORRO	M	49	M4549	55 INDIVIDUAL	01:07:33	01:07:33
465	185	ANA LEAL	F	54	F5099	10 INDIVIDUAL	01:07:49	01:07:26
466	624	PATRICIA ROSA	F	37	F0039	64 CAA BELEM	01:07:51	01:07:31
467	197	NELIA PONTE	F	33	F0039	65 INDIVIDUAL	01:08:07	01:07:10
468	259	JOSÉ ALMEIDA	M	49	M4549	56 INDIVIDUAL	01:08:24	01:08:24
469	201	TANIA SIMOES	F	34	F0039	66 INDIVIDUAL	01:08:25	01:07:55
470	248	VERA MARQUES	F	32	F0039	67 INDIVIDUAL	01:08:32	01:08:26
471	327	JOÃO NOGUEIRA	M	52	M5054	32 INDIVIDUAL	01:08:33	01:07:43
472	124	MANUEL BARRENTO	M	35	M0039	154 TIVE UMA IDEIA	01:08:41	01:07:45
473	123	DAVID RODRIGUES	M	34	M0039	155 TIVE UMA IDEIA	01:08:44	01:07:47
474	500	0 TESTE	M	36	M0039	156	01:08:46	01:07:39
475	407	FRANCISCO SILVESTRE	M	55	M5559	41 INDIVIDUAL	01:08:49	01:07:51
476	408	JOSÉ LUIS	M	60	M6099	42 INDIVIDUAL	01:08:50	01:07:51
477	272	XIAOFEI WANG	F	26	F0039	68 INDIVIDUAL	01:08:57	01:07:55
478	425	HELDER FERNANDES	M	39	M0039	157 INDIVIDUAL	01:09:05	01:08:59
479	423	NIKA AGOSTINHO	F	36	F0039	69 INDIVIDUAL	01:09:05	01:08:59
480	424	RAQUEL RAMOS	F	34	F0039	70 INDIVIDUAL	01:09:06	01:09:00
481	422	RAQUEL ISIDRO	F	37	F0039	71 INDIVIDUAL	01:09:06	01:09:06
482	344	FERNANDO CHAMBEL	M	49	M4549	57 UDFAC	01:09:06	01:08:40
483	268	CÉLIA MARMELO	F	37	F0039	72 INDIVIDUAL	01:09:15	01:09:09
484	436	NIDIA SILVA	F	61	F5099	11 INDIVIDUAL	01:09:46	01:09:14

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
485	494	SÓNIA GOMES	F	41	F4049	26 INDIVIDUAL	01:09:50	01:09:09
486	57	ANA PEREIRA	F	33	F0039	73 INDIVIDUAL	01:09:52	01:09:10
487	154	JOAO SIMOES	M	26	M0039	158 INDIVIDUAL	01:09:57	01:09:57
488	340	MAYER RAPOSO	M	69	M6099	43 AA LEBRES SADO	01:10:08	01:09:22
489	235	JOEL FARINHA	M	32	M0039	159 DA SILVA FF	01:10:20	01:10:19
490	234	LIDIA S FARINHA	F	30	F0039	74 DA SILVA FF	01:10:21	01:10:21
491	331	GONÇALO OLIVEIRA	M	31	M0039	160 XEROX ROADRUNNERS	01:10:30	01:09:45
492	468	ANTONIO GRADE	M	53	M5054	33 GD BANCO PORTUGAL	01:10:31	01:10:31
493	469	LUZIA OLIVEIRA	F	54	F5099	12 GD BANCO PORTUGAL	01:10:31	01:10:03
494	333	SANDRA ANDRADE	F	42	F4049	27 XEROX ROADRUNNERS	01:10:31	01:09:46
495	544	DIANA SANTOS	F	24	F0039	75 INDIVIDUAL	01:10:36	01:10:18
496	244	SUSANA I S LOURENÇO	F	36	F0039	76 INDIVIDUAL	01:10:38	01:10:31
497	284	SUSANA COITO	F	40	F4049	28 GUERREIROS DO OESTE	01:10:38	01:10:38
498	52	BEATRIZ BRÁS	F	19	F0039	77 INDIVIDUAL	01:10:41	01:10:32
499	223	ANA LIMA	F	25	F0039	78 BEBEDOLAS	01:10:54	01:10:54
500	224	ANDREIA AMARAL	F	22	F0039	79 BEBEDOLAS	01:10:54	01:10:54
501	580	LOBO DA FONSECA	M	55	M5559	42 INDIVIDUAL	01:11:24	01:11:24
502	136	ANDREIA LUÍS	F	32	F0039	80 INDIVIDUAL	01:11:26	01:11:26
503	477	MARGARIDA DUARTE	F	34	F0039	81 GD BANCO PORTUGAL	01:11:26	01:10:54
504	532	MARIA GONÇALVES	F	33	F0039	82 INDIVIDUAL	01:11:27	01:11:27
505	135	ALEXANDRA ALMEIDA	F	29	F0039	83 INDIVIDUAL	01:11:28	01:11:28
506	402	TIAGO A P ABRANTES	M	26	M0039	161 SGS PORTUGAL	01:11:34	01:11:10
507	243	AMAIA IGLESIAS	F	40	F4049	29 LAGARTIXAS TEAM	01:11:41	01:10:56
508	664	ELISIO COELHO	M	29	M0039	162	01:11:45	01:11:45
509	663	PATRICIA GUERRA	F	29	F0039	84	01:11:45	01:11:45
510	227	IOLANDA MONTEIRO	F	38	F0039	85 INDIVIDUAL	01:11:49	01:11:34
511	42	FM SANTO	F	47	F4049	30 INDIVIDUAL	01:11:59	01:11:59
512	660	NUNO JERONIMO	M	48	M4549	58	01:12:03	01:12:03
513	401	SANDRA VIÇOSO	F	30	F0039	86 SGS PORTUGAL	01:12:04	01:11:41
514	661	HELDER VARANDAS	M	69	M6099	44	01:12:06	01:11:16
515	539	HELDER AMARAL	M	46	M4549	59 INDIVIDUAL	01:12:06	01:11:26
516	584	SUSANA C A SOUSA	F	41	F4049	31 INDIVIDUAL	01:12:10	01:12:10
517	47	LINA BAIÁ	F	33	F0039	87 O CÃO LARANJA	01:12:13	01:11:58
518	193	SANDRA DINIS	F	39	F0039	88 FC ESTRELAS LISBOA	01:12:18	01:11:37
519	194	PEDRO DINIS	M	39	M0039	163 FC ESTRELAS LISBOA	01:12:23	01:11:42
520	230	FOCK Y W CHIU	F	66	F5099	13 INDIVIDUAL	01:12:28	01:11:55
521	94	INACIO CHARNECA	M	70	M6099	45 INDIVIDUAL	01:12:29	01:12:21
522	662	HUMBERTO CHAVES	M	62	M6099	46	01:12:35	01:12:21
523	671	EURITCE XAVIER	F	26	F0039	89	01:12:40	01:11:40
524	434	BARTOLOMEU PEREIRA	M	44	M4044	48 INDIVIDUAL	01:12:40	01:12:40
525	140	Mª LUISA SOARES	F	52	F5099	14 INDIVIDUAL	01:12:57	01:12:32
526	68	NATACHA CABRAL CUCA2	F	41	F4049	32 CUCAS TEAM	01:13:07	01:13:07
527	67	NUNO DANTAS CUCA1	M	42	M4044	49 CUCAS TEAM	01:13:08	01:12:25
528	429	GEETABEN NATHA	F	36	F0039	90 INDIVIDUAL	01:13:12	01:12:35

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
529	496	JANAINA F S M PEREIRA	F	39	F0039 91	INDIVIDUAL	01:13:28	01:13:15
530	658	VANIA ANDRE	F	35	F0039 92		01:13:48	01:13:04
531	198	JOSE C MOREIRA	M	26	M0039 164	INDIVIDUAL	01:13:49	01:13:49
532	594	PAULO DUARTE	M	51	M5054 34	GDCT UNICRE	01:13:51	01:13:09
533	595	PAULO FRANÇA	M	54	M5054 35	GDCT UNICRE	01:13:52	01:13:52
534	598	FATIMA MANTEIGA	F	47	F4049 33	GDCT UNICRE	01:13:52	01:13:09
535	315	FRANCISCO PEREIRA	M	49	M4549 60	AÇOREANA	01:13:56	01:13:29
536	303	RAQUEL VALENTE	F	26	F0039 93	INNOWAVE TECHNOLOGIES	01:13:56	01:13:04
537	448	DENISE FERREIRA	F	32	F0039 94	INDIVIDUAL	01:14:31	01:13:42
538	449	JORGE NEVES	M	32	M0039 165	INDIVIDUAL	01:14:32	01:13:43
539	487	MARISA S COSTA	F	30	F0039 95	GD BANCO PORTUGAL	01:14:41	01:14:30
540	288	LARA VEIGA	F	34	F0039 96	GUERREIROS DO OESTE	01:14:57	01:14:40
541	655	RAQUEL SANTOS	F	42	F4049 34		01:15:19	01:14:59
542	396	INÊS VEIGA	F	21	F0039 97	SGS PORTUGAL	01:15:21	01:14:58
543	669	SORAIA RAMOS	F	31	F0039 98		01:16:05	01:16:05
544	481	CILEIDA DELGADO	F	26	F0039 99	GD BANCO PORTUGAL	01:16:06	01:15:37
545	480	ANA R CABRAL	F	30	F0039 100	GD BANCO PORTUGAL	01:16:13	01:15:43
546	62	CARLOS SERRA	M	56	M5559 43	INDIVIDUAL	01:16:22	01:16:22
547	60	PEDRO DIAS	M	43	M4044 50	INDIVIDUAL	01:17:23	01:17:14
548	559	ANA FREIRE	F	42	F4049 35	INDIVIDUAL	01:18:08	01:17:41
549	560	TÁNIA LOURO	F	27	F0039 101	INDIVIDUAL	01:18:09	01:17:42
550	216	BEATRIZ CRACEL	F	66	F5099 15	INDIVIDUAL	01:18:30	01:17:52
551	109	Mª GRAÇA CARVALHO	F	69	F5099 16	INDIVIDUAL	01:19:06	01:18:53
552	543	LÚCIA TRIPA	F	29	F0039 102	INDIVIDUAL	01:19:28	01:19:28
553	428	SANJAYSINH N NATHA	M	42	M4044 51	INDIVIDUAL	01:19:39	01:19:01
554	286	MAGDA QUINA	F	40	F4049 36	GUERREIROS DO OESTE	01:21:05	01:21:05
555	26	CATARINA ORVALHO	F	27	F0039 103	EQUIPA KATGU	01:21:11	01:21:11
556	416	Mª CARMO ANJOS	F	70	F5099 17	INDIVIDUAL	01:21:23	01:20:50
557	27	HUGO CARNEIRO	M	32	M0039 166	EQUIPA KATGU	01:21:48	01:20:55
558	126	RUTE RAFAEL	F	38	F0039 104	INDIVIDUAL	01:21:53	01:20:58
559	125	RUI CARVALHO	M	39	M0039 167	INDIVIDUAL	01:21:54	01:20:59
560	113	LUCINDA HENRIQUES	F	67	F5099 18	INDIVIDUAL	01:22:16	01:21:42
561	207	ANA GONÇALVES	F	35	F0039 105	EQUIPA	01:22:29	01:22:26
562	488	CARLOS JORGE	M	51	M5054 36	INDIVIDUAL	01:22:40	01:22:40
563	398	LILIANA SOUSA	F	29	F0039 106	SGS PORTUGAL	01:24:02	01:23:38
564	567	JOANA MORONEY	F	33	F0039 107	INDIVIDUAL	01:24:15	01:24:15
565	377	MARIA MACEDO	F	54	F5099 19	INDIVIDUAL	01:24:30	01:24:22
566	647	JOAQUIM CARDOSO	M	44	M4044 52		01:24:50	01:24:50
567	229	ARLETTE PONTES	F	43	F4049 37	INDIVIDUAL	01:28:14	01:28:14
568	339	VANDA RIBEIRO	F	36	F0039 108	INDIVIDUAL	01:28:15	01:25:00
569	412	ANA MENDES	F	33	F0039 109	INDIVIDUAL	01:28:15	01:25:00
570	444	CLÁUDIA SILVEIRA	F	44	F4049 38	INDIVIDUAL	01:29:13	01:29:07
571	119	ANDRÉ SEQUEIRA	M	38	M0039 168	LX RUN	01:29:49	01:29:28
572	374	ARTUR CARVALHO	M	45	M4549 61	INDIVIDUAL	01:37:24	01:37:19