

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Escalão
1	319	Ruben Ribeiros	INDIVIDUAL	1	00:33:15	SENM
2	286	André Alves	INDIVIDUAL	2	00:33:30	SENM
3	252	Paulo Garcia	CF OS BELENENSES	1	00:34:36	VET2M
4	228	José Simões	INDIVIDUAL	2	00:34:51	VET2M
5	267	Pedro Barreirão	INDIVIDUAL	3	00:36:52	SENM
6	287	Ricardo Pires	CF OS BELENENSES	4	00:37:02	SENM
7	249	José Pires	CF OS BELENENSES	1	00:37:15	VET1M
8	169	Carlos Pereira	CORRER LOURES	1	00:37:41	VET4M
9	244	Artur Carvalho	CF OS BELENENSES	3	00:37:51	VET2M
10	250	Luís Luciano	CF OS BELENENSES	1	00:37:55	VET3M
11	204	Guilherme Cardoso	G&R RUNNING TEAM	5	00:38:00	SENM
12	251	Marcos Oliveira	CF OS BELENENSES	4	00:38:14	VET2M
13	185	Vítor Martins	INDIVIDUAL	2	00:38:26	VET3M
14	306	Pedro Nunes	INDIVIDUAL	2	00:38:31	VET1M
15	270	Ryosuke Nissato	INDIVIDUAL	6	00:39:12	SENM
16	256	Sara Marinho	CF OS BELENENSES	1	00:39:14	SENF
17	323	Hugo Palmeiro	INDIVIDUAL	3	00:39:21	VET1M
18	234	António Nova	A C PORTALEGRE/UTSM	2	00:39:47	VET4M
19	280	Francisco Serrano	URBAN RUN TEAM	5	00:39:48	VET2M
20	225	Joaquim Carreira	INDIVIDUAL	3	00:39:53	VET4M
21	335	Gonçalo Ferreira	CF OS BELENENSES	6	00:39:57	VET2M
22	339	Horácio Alexandre	ACADEMIA DO LUMIAR	7	00:40:24	SENM
23	238	Nuno Almeida	INDIVIDUAL	8	00:40:25	SENM
24	341	Salvador Mendonça	IND-LX	9	00:40:48	SENM
25	300	Pedro Fernandes	CLUBE MILLENNIUM BCP	4	00:40:53	VET1M
26	245	Carlos Viseu	CF OS BELENENSES	3	00:40:56	VET3M
27	246	Joana Rosa	CF OS BELENENSES	2	00:40:58	SENF
28	336	Pedro Canelas	CF OS BELENENSES	7	00:41:13	VET2M
29	320	José Amaro	LIZ RUNNERS	5	00:41:29	VET1M
30	368	Carlos Dias	A MINHA CORRIDA	8	00:41:29	VET2M
31	337	Fabiano Vaz	IND-LX	10	00:41:40	SENM
32	310	Pedro Sousa	PALMELENSE F. CLUBE	1	00:41:44	VET5M
33	253	Ricardo Santos	CF OS BELENENSES	11	00:41:48	SENM
34	373	Marco Dias	CORRER LISBOA	12	00:41:59	SENM
35	231	João Vaz	INDIVIDUAL	4	00:42:25	VET3M
36	222	Peter Steinhausen	INDIVIDUAL	2	00:42:50	VET5M
37	255	Rui Oliveira	CF OS BELENENSES	9	00:43:18	VET2M
38	274	Alexandre Almeida	CF OS BELENENSES	13	00:43:29	SENM
39	224	João Real	JOÃO MANUEL ESPADA REAL	14	00:43:46	SENM
40	168	Carlos Serra	INDIVIDUAL	5	00:44:23	VET3M
41	257	Jorge Azevedo	INDIVIDUAL	10	00:44:27	VET2M
42	162	Ana Francosco	INDIVIDUAL	1	00:44:32	VET2F
43	334	Lúcio Santos	K FITNESS STUDIO	4	00:45:11	VET4M
44	175	Nuno Galvão	SIMECQ	5	00:45:13	VET4M
45	184	Mauro Monteiro	INDIVIDUAL	15	00:45:17	SENM
46	254	Rui Afonso	CF OS BELENENSES	6	00:45:31	VET3M
47	167	Fernando Almeida	INDIVIDUAL	6	00:45:39	VET4M
48	383	Inês Marques	99 % COORIDAS	1	00:45:56	VET1F
49	382	Miguel Lopes	99 % COORIDAS	11	00:46:00	VET2M
50	159	Gina Martins	INDIVIDUAL	2	00:46:13	VET2F
51	226	Sandra Vieira	INDIVIDUAL	3	00:46:23	VET2F
52	206	Bernardo Sousa	INDIVIDUAL	16	00:46:24	SENM
53	197	Jorge Carneiro	INDIVIDUAL	17	00:46:35	SENM
54	180	Mónica Martins	CARACÓIS TURBINADOS	2	00:47:07	VET1F
55	242	Paulo Duarte	XEROX ROADRUNNERS	7	00:47:24	VET3M
56	317	Filomena Santos	INDIVIDUAL	4	00:47:29	VET2F
57	187	Almerindo Silva	A.D.C.CATUJAL	3	00:48:27	VET5M
58	240	Fernando Saraiva	XEROX ROADRUNNERS	12	00:48:29	VET2M
59	342	Manuel Araújo	IND-LX	7	00:48:30	VET4M
60	315	Gabriel Ladeiro	INDIVIDUAL	18	00:48:30	SENM
61	166	Filipa Carapuço	INDIVIDUAL	3	00:48:37	VET1F
62	112	João Moiteiro	INDIVIDUAL	13	00:48:38	VET2M
63	398	Leticia Teixeira	INDIVIDUAL	3	00:48:39	SENF
64	266	Carlos Marinho	INDIVIDUAL	19	00:48:39	SENM

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Escalão
65	170	Paulo Martins	INDIVIDUAL	8	00:48:41	VET4M
66	111	Rafael Azriel	INDIVIDUAL	14	00:48:48	VET2M
67	284	Maria Madeira	ADCRPJ	5	00:48:50	VET2F
68	179	Fábio Alexandre	INDIVIDUAL	20	00:49:02	SENM
69	392	Marc Nault	INDIVIDUAL	21	00:49:03	SENM
70	232	Tiago Mota	INDIVIDUAL	22	00:49:22	SENM
71	195	Jose Monteiro	INDIVIDUAL	4	00:49:24	VET5M
72	273	Aníbal Carvalho	INDIVIDUAL	5	00:49:26	VET5M
73	377	Maria Quaresma	SCML	6	00:49:27	VET2F
74	140	Rafaela Gonçalves	INDIVIDUAL	4	00:49:31	SENF
75	100	Pedro Barroso	INDIVIDUAL	23	00:49:31	SENM
76	391	Maude Larochele	INDIVIDUAL	5	00:49:50	SENF
77	375	Antonio Novas	SCML	15	00:50:18	VET2M
78	247	João Marinho	CF OS BELENENSES	16	00:50:35	VET2M
79	390	Rostan Marhilde	INDIVIDUAL	6	00:50:37	SENF
80	275	Joana Domingos	CF OS BELENENSES	4	00:50:46	VET1F
81	181	Tiago Catalão	CARACÓIS TURBINADOS	24	00:50:50	SENM
82	265	Madalena Cabral	INDIVIDUAL	7	00:51:04	SENF
83	158	David Bernardo	INDIVIDUAL	25	00:51:12	SENM
84	241	Francisco Ferreira	XEROX ROADRUNNERS	17	00:51:21	VET2M
85	260	Nuno Topogigio	FUTEBOL CLUBE ESTRELAS LISBOA	6	00:51:23	VET1M
86	329	Miguel Caetano	INDIVIDUAL	26	00:51:34	SENM
87	149	Sandra Cruz	POWER BY INÊS	5	00:51:36	VET1F
88	183	Jose Correia	INDIVIDUAL	6	00:51:38	VET5M
89	293	Eduardo Pinto	CLUBE MILLENNIUM BCP	8	00:51:41	VET3M
90	237	Paulo Pimpão	INDIVIDUAL	27	00:51:50	SENM
91	340	Alexabdre Drake	IND-LX	9	00:51:55	VET3M
92	296	Leonel Brandao	CLUBE MILLENNIUM BCP	10	00:52:09	VET3M
93	282	Luís Contente	INDIVIDUAL	28	00:52:11	SENM
94	309	Bruno Gomes	INDIVIDUAL	29	00:52:13	SENM
95	258	Bruno Fernandes	FUTEBOL CLUBE ESTRELAS LISBOA	7	00:52:29	VET1M
96	347	Ines Gomes	INDIVIDUAL	8	00:52:32	SENF
97	397	Joel Cruz	INDIVIDUAL	30	00:52:35	SENM
98	289	Sandra Arraias	OS ARRAIAS	6	00:52:37	VET1F
99	239	Paulo Nogueira	INDIVIDUAL	11	00:52:42	VET3M
100	227	Lobo Fonseca	INDIVIDUAL	9	00:52:51	VET4M
101	207	Luisa Pica	INDIVIDUAL	7	00:52:56	VET2F
102	301	Rodolfo Lima	CLUBE MILLENNIUM BCP	12	00:52:58	VET3M
103	152	Sérgio Rodrigues	INDIVIDUAL	8	00:52:59	VET1M
104	399	Ana Leal	INDIVIDUAL	7	00:53:07	VET1F
105	178	Susana Mendes	SIMECQ	8	00:53:22	VET1F
106	203	João Rosário	INDIVIDUAL	18	00:53:23	VET2M
107	308	Nuno Almeida	INDIVIDUAL	9	00:53:30	VET1M
108	243	Rui Pinto	XEROX ROADRUNNERS	19	00:53:44	VET2M
109	395	Joao Silva	INDIVIDUAL	13	00:53:47	VET3M
110	199	Gilberto Gonçalves	CLUBE ATLETISMO AMIGOS DE BELÉM	7	00:53:47	VET5M
111	248	Alexandra Queiroz	CF OS BELENENSES	9	00:53:54	VET1F
112	236	Paula Silva	SERVIÇOS SOCIAIS MONTEPIO	8	00:54:24	VET2F
113	279	Rosarinho Martins	CF OS BELENENSES	10	00:54:25	VET1F
114	223	João Coelho	INDIVIDUAL	31	00:54:35	SENM
115	259	Cristina Lucas	FUTEBOL CLUBE ESTRELAS LISBOA	11	00:55:03	VET1F
116	205	Catarina Monteiro	INDIVIDUAL	9	00:55:11	SENF
117	165	Fernando Marques	INDIVIDUAL	32	00:55:35	SENM
118	271	Antonio Correia	INDIVIDUAL	8	00:55:47	VET5M
119	333	Sara Catita	INDIVIDUAL	10	00:55:52	SENF
120	272	Ana Rolo	INDIVIDUAL	9	00:55:54	VET2F
121	233	Anita Gomes	INDIVIDUAL	11	00:56:00	SENF
122	283	Arlindo Balsemão	INDIVIDUAL	9	00:56:01	VET5M
123	298	Marta Leao	CLUBE MILLENNIUM BCP	12	00:56:19	VET1F
124	268	Joaquim Paula	INDIVIDUAL	20	00:56:22	VET2M
125	285	Jorge Ferreira	INDIVIDUAL	21	00:56:30	VET2M
126	221	Angelina Nascimento	INDIVIDUAL	13	00:56:48	VET1F
127	157	Nelson Castelôa	INDIVIDUAL	14	00:56:54	VET3M
128	379	Maria Martins	FENACERCI	10	00:57:17	VET2F

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Escalão
129	322	Nuno Gonçalves	INDIVIDUAL	10	00:57:21	VET5M
130	388	Claudia Fernandes	INDIVIDUAL	12	00:57:37	SENF
131	133	Filomena Fialho	INDIVIDUAL	11	00:57:38	VET2F
132	176	Olga Galvão	SIMECQ	12	00:57:43	VET2F
133	344	Mariana Pereira	EVELX - ASSOCIAÇÃO ESTILOS VIDA SAUDÁVEL	14	00:57:48	VET1F
134	177	Paula Leitão	SIMECQ	13	00:57:49	VET2F
135	312	Maria Joao	INDIVIDUAL	14	00:57:52	VET2F
136	261	Cloé Magalhães	INDIVIDUAL	13	00:57:54	SENF
137	366	Eduardo Lopes	A MINHA CORRIDA	10	00:57:55	VET4M
138	302	Susana Feliciano	CLUBE MILLENNIUM BCP	15	00:58:07	VET2F
139	281	Luis Beleza	INDIVIDUAL	33	00:58:08	SENM
140	299	Nuno Anjos	CLUBE MILLENNIUM BCP	15	00:58:10	VET3M
141	372	Leonor Pinto	CORRER LISBOA	15	00:58:18	VET1F
142	314	Célia Pinto	INDIVIDUAL	14	00:58:33	SENF
143	219	João Gomes	INDIVIDUAL	22	00:58:36	VET2M
144	311	Carla Bastos	INDIVIDUAL	15	00:58:36	SENF
145	313	Sandro Taniça	INDIVIDUAL	34	00:58:36	SENM
146	378	Telma Abreu	SCML	16	00:58:48	SENF
147	263	António Vian	INDIVIDUAL	35	00:58:54	SENM
148	174	Celeste Almeida	SIMECQ	16	00:58:57	VET2F
149	188	João Rodrigues	INDIVIDUAL	36	00:58:59	SENM
150	161	Bruno Miranda	INDIVIDUAL	37	00:59:19	SENM
151	160	Gertrudes Neves	INDIVIDUAL	16	00:59:43	VET1F
152	290	Alexandra Costa	CLUBE MILLENNIUM BCP	17	00:59:44	VET2F
153	148	Joana Grilo	POWER BY INÊS	17	01:00:10	VET1F
154	380	Nuno Fonseca	CERCILISBOA	16	01:00:30	VET3M
155	381	Gabriela Marques	CERCILISBOA	18	01:00:31	VET1F
156	200	Paulo Santos	INDIVIDUAL	38	01:00:32	SENM
157	305	Nicolau Furtado	INDIVIDUAL	11	01:00:36	VET4M
158	304	Virgilio Ferreira	CLUBE MILLENNIUM BCP	11	01:00:41	VET5M
159	144	Isabel Guerra	INDIVIDUAL	18	01:00:43	VET2F
160	288	Luís Oliveira	INDIVIDUAL	39	01:00:48	SENM
161	316	Catarina Gonçalves	INDIVIDUAL	17	01:00:50	SENF
162	150	Sandra Marques	POWER BY INÊS	19	01:00:54	VET2F
163	147	Dora Simões	POWER BY INÊS	20	01:00:57	VET2F
164	269	Rodrigo Castanheira	INDIVIDUAL	40	01:01:23	SENM
165	321	Ana Marçal	INDIVIDUAL	18	01:01:25	SENF
166	396	Manuela Guerreiro	INDIVIDUAL	21	01:01:28	VET2F
167	371	Joana Ferreira	CORRER LISBOA	19	01:01:29	SENF
168	235	Raquel Vieira	INDIVIDUAL	19	01:01:56	VET1F
169	262	Rui Botelho	INDIVIDUAL	41	01:02:21	SENM
170	143	Rui Euzébio	INDIVIDUAL	12	01:02:29	VET5M
171	213	Miguel Guerra	XAMBRONGADA	10	01:03:01	VET1M
172	212	João Ribeiro	XAMBRONGADA	11	01:03:11	VET1M
173	328	Ivo Rodrigues	INDIVIDUAL	42	01:03:31	SENM
174	318	Álvaro Romba	INDIVIDUAL	12	01:03:34	VET1M
175	218	Hugo Cerqueira	FUTEBOL CLUBE ESTRELAS LISBOA	13	01:03:50	VET1M
176	230	Telma Marques	INDIVIDUAL	22	01:03:53	VET2F
177	186	Sílvia Sousa	INDIVIDUAL	20	01:04:29	VET1F
178	367	Ana Ribeiro	A MINHA CORRIDA	17	01:04:39	VET3M
179	376	Tiago Santos	SCML	43	01:04:58	SENM
180	215	Francisco Gomes	INDIVIDUAL	23	01:05:02	VET2M
181	325	Octávio Amaro	INDIVIDUAL	44	01:05:41	SENM
182	393	Fatima Aguiar	INDIVIDUAL	23	01:06:22	VET2F
183	146	Victor Venda	INDIVIDUAL	24	01:06:23	VET2M
184	145	Carla Ribeiro	INDIVIDUAL	24	01:06:28	VET2F
185	173	Alda Sebastião	SIMECQ	25	01:06:29	VET2F
186	292	Carla Vaz	CLUBE MILLENNIUM BCP	26	01:07:44	VET2F
187	202	Samuel Joaquim	INDIVIDUAL	13	01:07:56	VET5M
188	135	Luigi Rossi	INDIVIDUAL	14	01:08:16	VET5M
189	151	Alda Morais	INDIVIDUAL	27	01:08:40	VET2F
190	374	Pedro Baptista	CORRER LISBOA	25	01:08:53	VET2M
191	324	Carlos Alfeirão	INDIVIDUAL	45	01:08:53	SENM
192	327	Trilhos Running	INDIVIDUAL	28	01:08:54	VET2F

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Escalão
193	394	Sofia Cavaco	INDIVIDUAL	21	01:10:15	VET1F
194	201	Antonio Madaleno	INDIVIDUAL	15	01:10:47	VET5M
195	196	Nidia Silva	INDIVIDUAL	29	01:11:00	VET2F
196	172	Mário Lameirão	INDIVIDUAL	16	01:11:14	VET5M
197	297	Maria Nobrega	CLUBE MILLENNIUM BCP	30	01:11:52	VET2F
198	291	Ana Bandeira	CLUBE MILLENNIUM BCP	31	01:11:59	VET2F
199	330	Manuel Lima	INDIVIDUAL	12	01:14:26	VET4M
200	332	Maria Mira	INDIVIDUAL	32	01:14:28	VET2F
201	389	Dauguanno Michelle	INDIVIDUAL	14	01:15:21	VET1M
202	139	Gláucia Faria	INDIVIDUAL	33	01:15:44	VET2F
203	348	Sara Chalante	INDIVIDUAL	20	01:16:10	SENF
204	307	Ana Almaça	CASA DO BENFICA EM MOURA	22	01:16:40	VET1F