

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
1	158	Filipe Coelho	Individual	00:19:00.823	00:00:00.000
2	104	Hugo Vicente	Candosa Runners	00:20:17.327	00:01:16.504
3	171	Fernando Santos	Individual	00:20:42.997	00:01:42.174
4	148	Bruno Alves	Individual	00:22:08.330	00:03:07.507
5	174	Célia Alves	Individual	00:22:12.330	00:03:11.507
6	112	Flávio Fonseca	Candosa Runners	00:23:04.837	00:04:04.014
7	118	Alexandre Campos	Candosa Runners	00:24:48.083	00:05:47.260
8	162	Eva Paulo	Individual	00:25:46.587	00:06:45.764
9	135	Fernando Isidoro	Individual	00:25:48.457	00:06:47.634
10	107	Tiago Duarte	Individual	00:25:56.707	00:06:55.884
11	168	Francisco Madeira	Individual	00:26:06.587	00:07:05.764
12	129	Liliana Marcelino	Cmmctábua	00:26:07.840	00:07:07.017
13	133	Isabel Isidoro	Individual	00:26:37.090	00:07:36.267
14	167	Fabio Costa	Pda Runnig Team	00:27:57.440	00:08:56.617
15	164	António Sbral	Individual	00:28:14.097	00:09:13.274
16	103	Ana Nunes	Individual	00:28:15.343	00:09:14.520
17	102	Júlio Duarte	Individual	00:28:15.437	00:09:14.614
18	144	Tania Pinto	Aventura Trail	00:28:26.127	00:09:25.304
19	155	André Isidoro	Individual	00:29:10.930	00:10:10.107
20	23	Ana Gonçalves	Meda De Mouros Trail	00:29:49.097	00:10:48.274
21	101	Ricardo Cruz	Centro Municipal De Marcha E Corrida De Tábua	00:29:53.097	00:10:52.274
22	169	Fabio Carvalho	Individual	00:29:54.097	00:10:53.274
23	161	Sara Carvalho	Individual	00:30:15.097	00:11:14.274
24	157	David Paiva	Sarzedo Runners	00:30:17.097	00:11:16.274
25	126	Isabel Santos	Centro Municipal De Marcha E Corrida De Tábua	00:30:55.347	00:11:54.524
26	146	João Soares	Individual	00:33:48.103	00:14:47.280
27	114	Adelaide Xavier	Cmmctábua	00:33:57.390	00:14:56.567
28	127	Elisabete Mendes	Cmmctábua	00:33:57.610	00:14:56.787
29	165	Joana Cordeiro	Pda Runnig Team	00:34:52.387	00:15:51.564
30	166	Ilda Sobreiro	Pda Runnig Team	00:34:52.857	00:15:52.034
31	138	Albano Dinis	Clube Atlético De Oliveira Do Hospital	00:34:53.883	00:15:53.060
32	125	Ana Henriques	Centro Municipal De Marcha E Corrida De Tábua	00:36:12.877	00:17:12.054
33	120	Susana Neto	Ginásio Extreme Fit	00:36:17.610	00:17:16.787
34	132	Joanne Davis	Individual	00:38:42.617	00:19:41.794
35	172	Leandro Mendes	Individual	00:38:42.867	00:19:42.044
36	177	Claudino Martins	Individual	00:40:05.867	00:21:05.044
37	175	Ana Amaro	Individual	00:40:50.370	00:21:49.547
38	109	Margarida Marques	Lousada Runners	00:45:42.380	00:26:41.557
39	108	Tomás Castelão	Lousada Runners	00:45:42.547	00:26:41.724
40	173	Bruno Veiga	Individual	00:46:14.880	00:27:14.057
41	136	Raquel Pinto	Individual	00:47:07.537	00:28:06.714
42	134	Susana Marcelino	Individual	00:47:08.537	00:28:07.714
43	113	Bruno Simões	Cmmouronho - Escaravelhos	00:48:24.883	00:29:24.060
44	143	Lídia Duarte	Cravos	00:51:59.247	00:32:58.424
45	160	Vanessa Oliveira	Sarzedo Runners	00:54:29.397	00:35:28.574
46	156	Olimpia Gomes	Individual	00:54:29.727	00:35:28.904
47	170	Cristina Ferreira	Individual	00:57:47.653	00:38:46.830