

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1	2735	carlos costa	M	c.d.s.salvador do campo	Juniores/Séniore	00:31:20	00:31:20
2	3673	Vitor Oliveira	M	Maia act	VET 35	00:31:34	00:31:33
3	2418	Paulo Barbosa	M	C. S. R. D. C. Santiago	Juniores/Séniore	00:31:39	00:31:39
4	3288	Bruno Ferreira	M	São João da Serra	Juniores/Séniore	00:33:01	00:33:00
5	3104	Pedro Ferreira	M	Sport Lisboa e Benfica	Juniores/Séniore	00:33:30	00:33:30
6	3125	Luís Ricardo Beato Pereira	M	Águas do Porto - Casa dos Trabalhadores	VET 35	00:34:09	00:34:08
7	1137	André Guimarães	M	Associação Lince Triathlon	Juniores/Séniore	00:35:30	00:35:30
8	2421	Doroteia Peixoto	F		Juniores/Séniore	00:35:37	00:35:36
9	3199	Nuno Pinho	M		VET 35	00:35:38	00:35:37
10	3102	Miguel Monteiro	M	Casa Benfica em Paredes	Juniores/Séniore	00:35:48	00:35:48
11	3488	Nuno Gonçalves	M		VET 35	00:36:10	00:36:03
12	3279	jorge cunha	M	u.d.varzea	VET 35	00:36:13	00:36:12
13	3847	Hugo Bastos	M	CCD APDL	Juniores/Séniore	00:36:14	00:36:13
14	3841	Pedro Gama	M	CCD APDL	VET 40	00:36:16	00:36:15
15	2423	EMILIA KUMÓS PISOEIRO	F	CAPEP	Juniores/Séniore	00:36:21	00:36:21
16	3853	Pedro Joel Carvalho	M	CCD APDL	VET 35	00:36:27	00:36:26
17	3839	João Teixeira	M	CCD APDL	VET 50	00:36:34	00:36:33
18	3482	Tiago Pinto	M	Douroconta Trail Team	Juniores/Séniore	00:36:39	00:36:38
19	3840	Sérgio Ferreira	M	CCD APDL	Juniores/Séniore	00:36:50	00:36:50
20	2906	filipe Almeida	M	Clube Galp Energia Norte	Juniores/Séniore	00:36:55	00:36:54
21	3809	Paulo Piloto	M	Nascidos para Correr	VET 40	00:36:59	00:36:58
22	2686	fernando maia porto igreja	M	Clube Fluvial vilacondense	VET 40	00:37:12	00:37:09
23	2857	Mark Velhote	M		VET 40	00:37:13	00:37:11
24	3827	Domingos Santos	M	Nascidos para Correr	VET 35	00:37:16	00:37:14
25	3029	SALVADOR MANSILHA	M	Nascidos para Correr	VET 45	00:37:22	00:37:19
26	2296	Rui Gomes	M	HS Climatização Trail Team	VET 35	00:37:27	00:37:24
27	3164	Taborda	M	RPL	VET 35	00:37:46	00:37:46
28	3013	JOAQUIM ALVES	M	AMIGOS DA PICUA	VET 45	00:37:47	00:37:45
29	3667	Rogério Moreira	M	Douroconta Trail Team	Juniores/Séniore	00:37:53	00:37:53
30	3097	Gabriel Fagundes Meira	M	APDL	VET 40	00:37:59	00:37:50
31	1095	Vitor Hugo Moreira Soares	M		Juniores/Séniore	00:38:00	00:37:54
32	3222	Fernando Oliveira	M		Juniores/Séniore	00:38:01	00:37:59
33	1871	Ricardo Fernandes	M		Juniores/Séniore	00:38:14	00:38:13
34	3016	Telmo Reis	M	LOUSADARUNNERS	VET 35	00:38:15	00:38:06
35	3435	Manuel Moutinho	M	USElite	VET 35	00:38:24	00:38:19
36	2806	José Graça	M	Boavista F.C.	VET 40	00:38:30	00:38:25
37	2698	Carlos dias	M	Academia Fernanda ribeiro	VET 45	00:38:43	00:38:39
38	3096	Julio Ribeiro	M	Clube de Futebol de Oliveira do Douro	VET 45	00:38:46	00:38:44
39	3842	José Azevedo	M	CCD APDL	VET 40	00:38:47	00:38:46
40	2854	Filipe Ramos	M	PowerBoost	VET 35	00:38:49	00:38:42
41	3245	Tiago Vidal Leal	M	Invicta Runners Team	VET 45	00:38:51	00:38:40
42	3463	Marco Pereira	M	CF Vilacondense	Juniores/Séniore	00:38:55	00:38:52
43	3116	Renato Almeida	M	Casa Benfica em Paredes	Juniores/Séniore	00:38:56	00:38:55
44	3481	Bruno Santos	M	Douroconta Trail Team	Juniores/Séniore	00:38:59	00:38:58

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
45	3669	Daniela Sousa	F	Grupo Desportivo do Estreito	Juniores/Séniore	00:38:59	00:38:58
46	3619	Fernando Oliveira Gomes	M		VET 40	00:39:02	00:38:59
47	2925	Pedro Sousa	M	Amigos do Atletismo Magna	Juniores/Séniore	00:39:05	00:39:00
48	1074	José Costa	M	Grupo Desportivo da Limpeza Urbana - CMP	VET 50	00:39:13	00:39:12
49	1119	João Carlos Rocha	M	NUCLEO ATLETISMO VILA REAL	VET 35	00:39:26	00:39:20
50	3312	Paulo José Gomes Fernandes	M	Clube Veteranos do Porto	VET 45	00:39:26	00:39:25
51	3462	armando rosa	M	escmov	VET 45	00:39:29	00:39:19
52	3813	Nuno Vidal	M	Nascidos para Correr	VET 40	00:39:29	00:39:26
53	3829	Diogo Pinho	M	Nascidos para Correr	Juniores/Séniore	00:39:30	00:39:26
54	3828	Domingos Presas	M	Nascidos para Correr	VET 45	00:39:30	00:39:26
55	3624	Rui Miguel Oliveira Barbosa	M		VET 35	00:39:34	00:37:40
56	2731	eduardo camilo	M	Moinhos Run - ADRM Team	Juniores/Séniore	00:39:42	00:39:24
57	3846	Nuno Pinto	M	CCD APDL	Juniores/Séniore	00:39:48	00:39:47
58	2847	André Ricardo Leite Manita	M		Juniores/Séniore	00:39:56	00:39:51
59	3358	Vasco Ricardo	M		Juniores/Séniore	00:39:57	00:39:35
60	3184	Sérgio Anunciação	M		VET 45	00:40:00	00:39:56
61	2682	joaquim monteiro	M	G.D. Leões da Agra	VET 50	00:40:02	00:39:52
62	3820	Henrique Coelho	M	Nascidos para Correr	VET 40	00:40:03	00:40:00
63	3639	Henrique Abreu	M	Lousada Hotwheels Runners	Juniores/Séniore	00:40:05	00:39:42
64	3802	Virgilio Vieira	M	Nascidos para Correr	VET 35	00:40:06	00:40:03
65	3529	jacinto oliveira	M	Sunset Runners	VET 55	00:40:10	00:39:55
66	1131	Francisco Burnay Nascimento	M	Caetano Runners	Juniores/Séniore	00:40:13	00:40:10
67	3430	Pedro Henriques	M		Juniores/Séniore	00:40:13	00:40:12
68	3851	Carlos Flor	M	CCD APDL	VET 45	00:40:13	00:40:12
69	2688	Paulo Campos	M	G.D. Leões da Agra	VET 45	00:40:17	00:40:08
70	2422	David Fernando da Rocha Tavares	M		VET 55	00:40:24	00:40:16
71	3474	João Afonso Barbosa	M	Xau aí	Juniores/Séniore	00:40:34	00:40:23
72	1111	André Neves	M		VET 35	00:40:41	00:40:37
73	2921	António Graça	M		VET 60	00:40:47	00:40:44
74	3004	Pedro Gilvaz	M	Monte dos Amigos /juventude das ribeiras	VET 35	00:40:47	00:40:40
75	3821	Helder Teixeira	M	Nascidos para Correr	VET 40	00:40:48	00:40:43
76	2700	Paulo Nobre	M	Inquipa	Juniores/Séniore	00:40:53	00:40:30
77	3801	André Botelho	M	Nascidos para Correr	VET 40	00:41:00	00:40:57
78	2755	João Correia	M		VET 40	00:41:02	00:40:28
79	3559	Arnaldo José Araújo	M		VET 40	00:41:10	00:40:55
80	1143	Pedro Miguel Meireles dos Santos	M	Beat Your Limit!	VET 35	00:41:11	00:41:01
81	3663	Joel Santos	M	Clube Zupper	VET 35	00:41:12	00:40:46
82	3830	Carlos Ferreira	M	Nascidos para Correr	VET 45	00:41:13	00:41:09
83	2936	leandro Pacheco	M	Monte dos Amigos /juventude das ribeiras	VET 40	00:41:14	00:40:43
84	3393	antonio fernando nunes pereira	M	ad lustosa	VET 45	00:41:16	00:41:04
85	2278	CARLOS CARDOSO	M	C.A. AVINTES	Juniores/Séniore	00:41:18	00:41:05
86	3836	António Azevedo	M	Nascidos para Correr	VET 50	00:41:27	00:41:23
87	3483	Ricardo Barros	M	Douroconta Trail Team	Juniores/Séniore	00:41:34	00:41:34
88	3823	Fernando Rocha	M	Nascidos para Correr	VET 45	00:41:34	00:41:30

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
89	3849	Manuel Teixeira	M	CCD APDL	VET 45	00:41:34	00:41:32
90	3843	José Monteiro	M	CCD APDL	VET 40	00:41:34	00:41:31
91	3844	Tiago Castro	M	CCD APDL	VET 35	00:41:34	00:41:33
92	3852	Sérgio Mina Gaião	M	CCD APDL	VET 35	00:41:35	00:41:32
93	3543	Paulo Ferreira	M	Clube Zupper	VET 45	00:41:43	00:41:36
94	3837	Aníbal Silva	M	Nascidos para Correr	VET 60	00:41:46	00:41:42
95	3666	Imperador	M		Juniores/Séniore	00:41:51	00:41:22
96	3815	Manuel Cardoso	M	Nascidos para Correr	VET 50	00:41:55	00:41:51
97	3826	Emanuel Madureira	M	Nascidos para Correr	VET 50	00:41:58	00:41:53
98	3101	Júlio Monteiro	M	Clube de Futebol de Oliveira do Douro	VET 55	00:42:01	00:41:57
99	3501	André Costa	M	Boavista Fc	Juniores/Séniore	00:42:07	00:42:02
100	3546	João Correia	M		Juniores/Séniore	00:42:08	00:41:28
101	3035	António JF Silva	M		Juniores/Séniore	00:42:16	00:42:14
102	2968	carlos martins	M	IRON RUNNERS	VET 35	00:42:17	00:41:17
103	1122	Nelson Silva	M	NUCLEO ATLETISMO VILA REAL	VET 35	00:42:18	00:42:12
104	3110	Catarina Vieira	F	Casa Benfica em Paredes	Juniores/Séniore	00:42:18	00:42:17
105	1120	Carlos Oliveira	M	NUCLEO ATLETISMO VILA REAL	VET 35	00:42:19	00:42:12
106	3360	Pedro Faria de Oliveira	M		VET 40	00:42:21	00:42:03
107	2944	Abílio Tavares	M	Amigos do Atletismo Magna	VET 50	00:42:32	00:41:55
108	3262	Hortense Tenda	F		Juniores/Séniore	00:42:34	00:42:32
109	3551	José Luís Sá	M	Satecnosol Outdoor	Juniores/Séniore	00:42:34	00:42:15
110	3564	Miguel Gonçalves	M	ATHLON RUNNER'S	VET 40	00:42:38	00:42:20
111	1091	Jorge Pinheiro	M	Monte dos Amigos /juventude das ribeiras	VET 40	00:42:42	00:42:10
112	2822	Ricardo Sousa	M		VET 35	00:42:53	00:42:27
113	3276	José Regueiras	M	CCDFPJP	VET 45	00:42:53	00:42:29
114	2879	Ricardo Santos	M		Juniores/Séniore	00:42:58	00:42:40
115	2774	Ivo Alexandre Mendes de Oliveira Silva	M	APDL	Juniores/Séniore	00:42:59	00:42:53
116	3577	Alvaro Oliveira	M		VET 55	00:43:01	00:42:59
117	2837	António João Coimbra	M		Juniores/Séniore	00:43:01	00:42:58
118	3615	Nuno Montenegro	M	TCGL	Juniores/Séniore	00:43:06	00:42:42
119	3814	Marco Almeida	M	Nascidos para Correr	VET 40	00:43:08	00:43:05
120	3198	Joao Carlos	M		VET 40	00:43:09	00:42:54
121	2374	Rui Pinto Ferreira	M	Pinto Ferreira	VET 35	00:43:12	00:42:55
122	1113	Rui Andrade	M	2 RUN 4 GuideDogs - HOPE Team	VET 50	00:43:14	00:43:09
123	3024	JOSE MARINHO	M	AMIGOS DA PICUA	VET 40	00:43:16	00:43:08
124	2392	Paulo Pinho	M		Juniores/Séniore	00:43:17	00:43:11
125	3799	Nuno Francisco	M	Nascidos para Correr	VET 35	00:43:18	00:43:14
126	2834	Luis Carlos Serra	M	Porto Runners	VET 50	00:43:19	00:43:13
127	3315	PRIETO	M	RollingAventura/Grupo VC	VET 40	00:43:19	00:42:33
128	3282	Celso Fernando Neves de Oliveira Ribeiro	M		VET 45	00:43:20	00:42:43
129	2917	Antonino Pereira	M		VET 50	00:43:22	00:42:29
130	1077	Fernando Pinto	M		Juniores/Séniore	00:43:28	00:42:38
131	2799	Manuel Maria Assis David	M		VET 45	00:43:29	00:42:54
132	1297	Manuel Santos	M	Os Crentes	VET 50	00:43:31	00:43:27

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
133	3174	António Mendes	M	CORRER LEÇA	VET 40	00:43:34	00:43:00
134	3807	Rui Santos	M	Nascidos para Correr	VET 40	00:43:36	00:43:33
135	2981	Joao Silva	M		VET 35	00:43:38	00:43:25
136	3848	Paulo Moreira	M	CCD APDL	VET 45	00:43:43	00:43:42
137	2947	victor evaristo sousa pinto rachao	M		VET 60	00:43:47	00:43:44
138	2953	Rui Russo dos Santos	M	Porto Runners	VET 50	00:43:47	00:43:41
139	2977	Júlio Lourenço	M	Centro de Corrida e marcha união de freguesias	VET 35	00:43:47	00:43:45
140	3398	Carlos Brito	M		VET 35	00:43:49	00:43:38
141	3314	Ricardo João Caria Pinheiro	M	Clube Portugal Telecom Zona Norte	VET 40	00:43:51	00:43:21
142	2681	Jose Fernando Moreira da Rocha	M	Clube do Pessoal EDP - Delegação de Gaia	VET 50	00:43:53	00:43:03
143	2804	Paulo Fernandes	M		VET 35	00:43:55	00:43:52
144	2995	Tiago Vaz Osório	M		Juniiores/Séniiores	00:43:58	00:43:45
145	2048	Hugo Fernandes	M	Moreira Relax Runners	VET 40	00:44:02	00:43:37
146	3197	luis carlos ferreira campos lobo	M	All-Titudes trail team	VET 40	00:44:04	00:43:47
147	1076	Rui Pinto	M	Grupo Desportivo da Limpeza Urbana - CMP	VET 40	00:44:05	00:43:55
148	2860	JOÃO MARTINS	M		VET 35	00:44:07	00:43:59
149	2719	Paulo Martins	M		VET 40	00:44:08	00:44:01
150	3583	Nuno Santos	M	G. D. Bairro dos Pescadores de Matosinhos	VET 35	00:44:09	00:43:59
151	3614	André Montenegro	M	TCGL	Juniiores/Séniiores	00:44:10	00:43:57
152	3018	Emanuel Silva J. da Silva	M		Juniiores/Séniiores	00:44:10	00:43:56
153	1070	Manuel Vieira	M	AFISOVAR	VET 55	00:44:12	00:44:11
154	3597	Jose Fonseca	M		VET 45	00:44:13	00:44:11
155	2715	Nuno Filipe Bastos	M		Juniiores/Séniiores	00:44:14	00:44:11
156	3805	Silvio Ferreira	M	Nascidos para Correr	VET 35	00:44:15	00:43:59
157	3021	Ana Catarina Pereira Neves	F	Centro Atletismo do Porto - CAP	Juniiores/Séniiores	00:44:15	00:43:55
158	3509	Luís Jorge Monteiro	M	Atik	Juniiores/Séniiores	00:44:15	00:43:18
159	3316	António Porrão	M	X5 Health club	VET 50	00:44:15	00:44:06
160	3289	nuno gouveia	M	Escmov	VET 40	00:44:16	00:44:10
161	3208	Antódio Manuel Lopes de Almeida	M		VET 40	00:44:18	00:43:41
162	2978	Luís Conceição	M	Grupo Desportivo São Paio de Oleiros	VET 45	00:44:19	00:44:17
163	3579	DIOGO MARTINS	M	MARMEDSA	Juniiores/Séniiores	00:44:22	00:44:00
164	3195	paulo rodrigues	M	grupo desportivo leoes de veneza	VET 50	00:44:22	00:44:08
165	3090	Domingos Pinto	M	Clube de Futebol de Oliveira do Douro	VET 55	00:44:26	00:44:23
166	3054	Rui Príncipe	M	Grupo Desportivo dos Quatro Caminhos	Juniiores/Séniiores	00:44:32	00:44:24
167	2771	Jose Lino Ferreira Moura	M	Estrelas Susanenses	VET 50	00:44:36	00:44:10
168	3124	André Soares	M		VET 35	00:44:37	00:44:05
169	3225	Francisco Lima	M		Juniiores/Séniiores	00:44:37	00:43:38
170	2775	Domingos Moreira	M	Centro Atletismo do Porto - CAP	VET 60	00:44:38	00:44:35
171	3631	David Silva	M		VET 40	00:44:38	00:44:31
172	2985	Joel Pedro Roriz de Azevedo	M		VET 35	00:44:43	00:44:40
173	2779	Rui Barbosa	M		VET 40	00:44:45	00:44:41
174	2889	Paulo Lima	M	LION RUNNERS - G.D. Leões da Guarda	VET 45	00:44:47	00:44:39
175	2664	Joaquim Ferreira	M	Ferreira Team	VET 35	00:44:49	00:44:36
176	3280	Rui Castro	M		VET 35	00:44:50	00:43:37

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
177	2683	Joao Marques	M		VET 35	00:44:50	00:44:26
178	2963	Luis Abreu	M		VET 40	00:44:51	00:44:25
179	2712	Manuel Pereira	M	FDP Dream Team	VET 40	00:44:54	00:44:39
180	2766	Nuno Maia	M	Nis Runner	Juniores/Séniore	00:44:55	00:44:42
181	2908	António oliveira	M		VET 55	00:45:01	00:44:46
182	3562	Alcino Pinto	M	ATHLON RUNNER'S	VET 40	00:45:01	00:44:44
183	3017	MANUEL SILVA	M	AMIGOS DA PICUA	VET 55	00:45:01	00:44:02
184	2066	Luis Renato silva oliveira	M		VET 40	00:45:01	00:44:38
185	3056	António Rocha	M		VET 50	00:45:03	00:44:55
186	3838	Adão Dias	M	Nascidos para Correr	VET 60	00:45:03	00:44:59
187	2858	Helder Augusto Ferreira Camilo Camilo	M	Moinhos Run - ADRM Team	Juniores/Séniore	00:45:09	00:44:51
188	2920	Manuel Ramos	M	Clube Galp Energia Norte	VET 45	00:45:15	00:44:36
189	1081	Miguel Santos	M		VET 40	00:45:16	00:44:18
190	3510	Vera Mónica da Costa Pereira	F		Juniores/Séniore	00:45:18	00:45:04
191	3158	Lupricinio	M		VET 45	00:45:18	00:45:15
192	3131	André Coimbra	M	HM Training Group	Juniores/Séniore	00:45:22	00:45:07
193	3651	José Augusto Lopes	M	Clube de Pessoal EDP Porto	VET 55	00:45:23	00:45:11
194	2884	Sérgio Manuel Bessa Neto	M		Juniores/Séniore	00:45:24	00:45:03
195	3259	Leandro Silva	M	os manquinhos	Juniores/Séniore	00:45:25	00:44:00
196	3196	José Neto	M	G. D. Portela	VET 40	00:45:25	00:45:02
197	3114	Bruno Miguel Alexandre	M		Juniores/Séniore	00:45:26	00:43:58
198	3051	Vítor Hugo Valente	M	Compadres	VET 35	00:45:26	00:44:21
199	3141	Ricardo Almeida	M	CORRER LEÇA	VET 45	00:45:28	00:44:29
200	3007	Nuno Costa	M		VET 40	00:45:29	00:44:44
201	2708	Telmo Fernandes	M	Team Bravos	VET 35	00:45:29	00:44:25
202	2881	Heitor Araújo	M		VET 50	00:45:30	00:45:07
203	2942	paulo faria	M		VET 45	00:45:34	00:45:10
204	3306	Paula Quintela	F	Gaia Running	VET 50	00:45:35	00:45:17
205	2859	Filipe Ricardo da Silva Cunha	M		VET 35	00:45:36	00:45:02
206	2948	Pedro Ferreira	M	Clinica Nova de Joane	VET 40	00:45:37	00:44:57
207	3023	JORGE COSTA	M	IRON RUNNERS	Juniores/Séniore	00:45:40	00:44:40
208	3226	João Manuel Constantino Pinto	M		Juniores/Séniore	00:45:41	00:43:39
209	3833	António Pereira	M	Nascidos para Correr	VET 60	00:45:41	00:45:35
210	3082	António Borges	M	Porto sentido runners	VET 40	00:45:43	00:45:12
211	1106	António Soares	M	Já t'Apanho	VET 35	00:45:47	00:43:42
212	3422	Luís Lima	M	Trofa Runners	Juniores/Séniore	00:45:47	00:45:41
213	3525	Miguel Dias	M		VET 40	00:45:47	00:44:46
214	3128	Sónia Silva	F	HM Training Group	VET 35	00:45:47	00:45:15
215	2931	Alexandre Silva	M	Amigos do Atletismo Magna	VET 55	00:45:49	00:44:39
216	3081	João Carlos Machado Rocha Pires	M		Juniores/Séniore	00:45:52	00:45:11
217	3005	JOSE COUTINHO	M	AMIGOS DA PICUA	VET 35	00:45:52	00:45:40
218	3020	ANTONIO TEIXEIRA	M	AMIGOS DA PICUA	VET 50	00:45:52	00:45:40
219	3822	Filipe Machado	M	Nascidos para Correr	Juniores/Séniore	00:45:54	00:45:49
220	1112	Pedro Guimaraes	M		VET 40	00:45:55	00:45:45

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
221	3113	André Filipe Neiva Pires	M	Emergency team	Juniiores/Séniiores	00:45:56	00:45:48
222	2701	paulo loureiro	M		VET 35	00:45:57	00:45:53
223	3484	Rui Marques	M	Douroconta Trail Team	VET 40	00:45:59	00:45:58
224	3378	Filipe Miranda	M	Bit runners	VET 40	00:46:00	00:45:48
225	3052	Filipe Moura	M	Amigos das Sapatilhas	VET 40	00:46:05	00:44:52
226	3406	Justino Soares	M	Runners on Fire	VET 40	00:46:08	00:44:56
227	3009	PAULO MARTINS	M	AMIGOS DA PICUA	VET 40	00:46:08	00:45:57
228	3550	Ângelo Ribeiro	M	Parjovem	VET 35	00:46:10	00:45:50
229	3353	Cláudio Cândido	M	Team Maria	VET 40	00:46:12	00:45:53
230	3640	António Camilo Sousa Leite	M	Lousada Hotwheels Runners	Juniiores/Séniiores	00:46:13	00:45:38
231	3326	Tiago Montalvão Coelho	M		VET 35	00:46:14	00:46:03
232	3797	José Mendes	M	Gondomar Futsal Clube	VET 50	00:46:18	00:45:10
233	3127	raul coelho	M		VET 35	00:46:21	00:46:03
234	3263	Luis Filipe de Sousa Almeida	M	Sai da Frente	VET 40	00:46:22	00:45:58
235	3502	Cristóvão Alberto Teixeira Sampaio	M	Amigos das Sapatilhas	VET 40	00:46:23	00:45:10
236	1813	CARLOS DO FUNDO	M	VCP ATELETISMO	VET 40	00:46:25	00:45:23
237	2993	Sergio Pinho	M		Juniiores/Séniiores	00:46:29	00:45:58
238	3275	André Gonçalves	M		Juniiores/Séniiores	00:46:29	00:46:02
239	3112	Eduardo Brandão	M	Gondomar Futsal Clube	Juniiores/Séniiores	00:46:32	00:46:30
240	3440	Silvino Alberto da Silva Mendes	M		VET 50	00:46:32	00:46:31
241	2966	João Pedro Teixeira Martins	M		Juniiores/Séniiores	00:46:33	00:46:22
242	3591	Rui Castanheira	M		VET 35	00:46:35	00:45:38
243	3033	Bruno Carvalho	M		Juniiores/Séniiores	00:46:35	00:46:10
244	2747	Helena Ascensão Ferreira Mourão	F	Gdc Castelo de paiva	VET 55	00:46:38	00:46:28
245	3523	Tiago	M		Juniiores/Séniiores	00:46:47	00:46:09
246	1066	Bruno Daniel Carvalho Castro	M		Juniiores/Séniiores	00:46:48	00:46:35
247	3427	LEANDRO RAMOS	M	Nocturnos Paredes	VET 40	00:46:49	00:46:42
248	2763	Jose Silva	M	Sunset Runners	VET 50	00:46:49	00:45:49
249	3242	Márcio Machado	M		VET 35	00:46:50	00:45:55
250	2943	Oscar Loureiro	M		VET 60	00:46:52	00:46:34
251	3179	Gilberto Ferreira	M		VET 35	00:46:52	00:46:33
252	3586	Armando Peneda	M	Clube de Pessoal EDP Porto	VET 60	00:46:52	00:46:39
253	2853	Joel Costa	M	Os Crentes	VET 40	00:46:55	00:46:51
254	2817	mario correia	M		VET 45	00:46:55	00:46:13
255	3581	Pedro Arantes	M	G. D. Bairro dos Pescadores de Matosinhos	Juniiores/Séniiores	00:46:56	00:46:45
256	3437	jose rodrigues	M		Juniiores/Séniiores	00:46:58	00:46:08
257	3858	Paulo Silva	M		VET 35	00:46:59	00:44:51
258	2789	Cristiano Nogueira	M	Clube Zupper	Juniiores/Séniiores	00:46:59	00:46:54
259	3526	Tiago Seixas	M		Juniiores/Séniiores	00:47:00	00:46:38
260	3457	José Martins Silva	M	Clube de Pessoal EDP Porto	VET 50	00:47:03	00:46:33
261	2433	Rui Sérgio Dias	M		VET 35	00:47:04	00:44:46
262	2975	luis ramos	M		VET 35	00:47:07	00:46:11
263	2372	Daniel Barros	M		VET 35	00:47:08	00:46:41
264	3045	Fernando Pinho	M	Invictas Runners Team	VET 55	00:47:09	00:46:40

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
265	3589	Rui Amorim	M	Invicta Runners Team	VET 50	00:47:09	00:46:41
266	2370	Pedro Alexandre Baptista da Silva	M		VET 40	00:47:11	00:46:24
267	2756	pedro ezequiel	M		VET 35	00:47:12	00:47:00
268	3670	Bruno Silva	M		VET 35	00:47:13	00:45:21
269	1350	José Pedro Osório	M		VET 45	00:47:14	00:46:52
270	3000	Mário Manuel Santos Melo	M		VET 35	00:47:15	00:46:28
271	1121	Pedro Pereira	M	NUCLEO ATLETISMO VILA REAL	VET 35	00:47:16	00:47:09
272	3521	Sandra Silva	F		Juniores/Séniore	00:47:16	00:47:08
273	3221	CARLOS ALVES	M	DAMArunners	VET 55	00:47:17	00:46:24
274	2874	Fernando Neto	M		VET 35	00:47:17	00:46:56
275	3401	Pedro Carvalho	M	Clube Millennium BCP	VET 45	00:47:18	00:46:42
276	2378	Miguel Costa	M	Corre Costa	Juniores/Séniore	00:47:21	00:46:06
277	2895	Vitor Costa	M	AC Vermoim	VET 40	00:47:23	00:45:20
278	2997	Célia Pereira	F		Juniores/Séniore	00:47:24	00:47:18
279	2693	Tiago Pais	M	G.D. Leões da Agra	Juniores/Séniore	00:47:26	00:47:04
280	1093	José Emanuel Ribeiro do Fundo	M	Monte dos Amigos /juventude das ribeiras	VET 35	00:47:28	00:46:58
281	3265	Antero Antonio Sousa Teixeira	M	Sai da Frente	VET 40	00:47:29	00:47:04
282	3025	Rúben Gonçalo Rodrigues Pinheiro	M		Juniores/Séniore	00:47:30	00:47:17
283	3079	António João	M	Perdi o Táxi	VET 40	00:47:30	00:46:40
284	3331	Carlos Daniel Rodrigues	M		VET 35	00:47:31	00:46:40
285	2878	Hugo Seco	M		Juniores/Séniore	00:47:32	00:46:53
286	3257	Mónica Rosa	F	URD Juncalense	VET 35	00:47:32	00:47:29
287	1069	Ricardo Jorge dos Santos Falcão	M		VET 40	00:47:35	00:47:07
288	2903	Gil da Costa	M		VET 55	00:47:35	00:46:40
289	3415	Luís Miguel de Oliveira Martins	M	Like To Move	VET 40	00:47:35	00:47:10
290	3093	Anselmo Moreira	M	Clube de Futebol de Oliveira do Douro	VET 60	00:47:36	00:47:28
291	3373	Nelson Correia	M	Clube Zupper	Juniores/Séniore	00:47:38	00:47:36
292	3524	Jorge Neves	M		Juniores/Séniore	00:47:39	00:47:00
293	3106	Ricardo Seromenho	M		VET 35	00:47:39	00:47:21
294	1276	Pedro Batista	M	Hidrobyke	VET 40	00:47:42	00:47:02
295	3608	Nelson Luis	M		Juniores/Séniore	00:47:44	00:47:42
296	3647	Carlos A .C .MACEDO	M	A D AMARANTE	VET 60	00:47:46	00:47:44
297	2820	PAULO FERNANDES	M	VCP ATELETISMO	VET 45	00:47:46	00:46:44
298	3011	SERGIO FERREIRA	M	AMIGOS DA PICUA	VET 60	00:47:47	00:47:36
299	3485	Manuel Santos	M	Douroconta Trail Team	VET 40	00:47:48	00:47:44
300	2835	ANGELA PIMENTA	F	LION RUNNERS - G.D. Leões da Guarda	VET 35	00:47:50	00:47:25
301	3819	José Andrade	M	Nascidos para Correr	VET 35	00:47:51	00:47:44
302	1212	Antonio Fonseca	M		VET 45	00:47:52	00:47:17
303	3500	João Manuel Santos Silva	M	JUÕES	VET 50	00:47:54	00:47:52
304	3609	Alexandre José Neves Teixeira	M		VET 35	00:47:55	00:45:48
305	2396	Rui Pedro Moreira Pinto	M		VET 35	00:47:56	00:47:51
306	2375	Raul Pinto Ferreira	M	Pinto Ferreira	Juniores/Séniore	00:47:57	00:45:41
307	1148	Tiago José Mendes Dias	M		Juniores/Séniore	00:48:01	00:45:23
308	3674	Rui Cardoso	M	Boavista F.C.	VET 50	00:48:03	00:47:49

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
309	3825	Etelvina Rocha	F	Nascidos para Correr	VET 45	00:48:04	00:47:49
310	3182	Fernando Silva	M		Juniores/Séniore	00:48:04	00:47:14
311	2690	Jorge Ferreira	M		VET 40	00:48:05	00:47:17
312	3030	Jose Augusto Amaral Oliveira	M		VET 40	00:48:05	00:47:58
313	3298	Artur Jorge Meireles Barbosa	M		VET 40	00:48:06	00:47:53
314	2286	vasco franco	M	Giroflé-By Fap Wines	VET 45	00:48:07	00:47:25
315	3449	Pedro Pereira	M		VET 40	00:48:07	00:47:34
316	1090	Joaquim Pinto	M	Monte dos Amigos /juventude das ribeiras	VET 40	00:48:13	00:47:41
317	3077	José Carlos Rocha Pires	M		VET 50	00:48:14	00:47:08
318	3522	José Alberto Barbosa	M		VET 50	00:48:15	00:48:07
319	1114	Pedro Vilaça	M		VET 50	00:48:16	00:47:34
320	3444	Arménio Ribeiro	M		VET 45	00:48:18	00:47:18
321	3356	António Guedes	M	Clube Millennium BCP	VET 40	00:48:19	00:47:34
322	2678	antonio gonçalves	M	G.D. Leões da Agra	VET 50	00:48:21	00:47:59
323	2786	António Araújo	M	Os Crentes	Juniores/Séniore	00:48:22	00:48:17
324	3100	Rogério bateira Mendes	M		Juniores/Séniore	00:48:22	00:48:11
325	3200	HUGO MIGUEL SANTOS FERREIRA	M		VET 35	00:48:22	00:47:45
326	3391	Rui Loureiro	M		VET 50	00:48:24	00:47:40
327	2940	Maximiano Borges	M	Amigos do Atletismo Magna	VET 50	00:48:25	00:47:16
328	2929	Jose Morais	M	Amigos do Atletismo Magna	VET 50	00:48:25	00:47:16
329	3800	Bruno Ferreira	M	Nascidos para Correr	Juniores/Séniore	00:48:26	00:48:11
330	2420	José Carlos Machado	M		Juniores/Séniore	00:48:26	00:47:45
331	3332	Firmino Nogueira	M	Clube Millennium BCP	VET 50	00:48:26	00:48:13
332	3253	Orlando Miguel	M	os manquinhos	Juniores/Séniore	00:48:28	00:46:35
333	2916	rui dias	M	Clube Galp Energia Norte	VET 45	00:48:29	00:48:07
334	2787	Ricardo Silva	M		VET 40	00:48:29	00:47:47
335	3075	custodio neto	M	Individual	VET 60	00:48:30	00:48:05
336	2865	Nuno Pinho	M		VET 35	00:48:31	00:48:21
337	3178	Afonso Bonifacio	M		Juniores/Séniore	00:48:32	00:48:00
338	3625	Pedro Xavier Moreira	M		Juniores/Séniore	00:48:33	00:47:44
339	2748	alexandre queimado	M		VET 45	00:48:33	00:47:27
340	3831	Arménio Ferreira	M	Nascidos para Correr	VET 60	00:48:42	00:48:22
341	2867	Diogo Moreira	M	Clube do Pessoal EDP - Delegação de Gaia	Juniores/Séniore	00:48:42	00:47:49
342	2863	Frederico Máximo	M	PowerBoost	VET 35	00:48:44	00:48:36
343	3176	susana coelho mendes	F	kandimba running	VET 40	00:48:46	00:48:16
344	3078	José Lino Machado Rocha Pires	M		Juniores/Séniore	00:48:47	00:47:41
345	3190	Paulo MR Moreira	M		VET 45	00:48:47	00:47:02
346	3498	Alvaro Dias	M		Juniores/Séniore	00:48:52	00:47:39
347	2844	Luis Faria	M		Juniores/Séniore	00:48:54	00:48:11
348	2778	João Mota	M	Os Crentes	Juniores/Séniore	00:48:55	00:48:51
349	2038	MÁRIO MOTA	M	MARMEDSA	VET 35	00:48:55	00:47:47
350	3613	Paulo Alexandre Pereira Maio	M		VET 40	00:48:57	00:47:54
351	1098	Paulo Machado	M		VET 40	00:48:57	00:48:42
352	2902	Guilherme Costa	M		Juniores/Séniore	00:48:57	00:48:23



Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
353	2777	Lino Melo da Siva	M		VET 50	00:48:58	00:48:38
354	3212	Jorge Manuel Quaresma Seabra	M	Urban Atletas	VET 35	00:49:00	00:47:55
355	3386	Carlos Campos	M	Equipa Dinamite	VET 40	00:49:02	00:48:16
356	3665	Simão Ribeiro	M	TCGL	Juniores/Séniore	00:49:06	00:48:53
357	3123	Anabela Almeida	F	HM Training Group	VET 40	00:49:07	00:48:46
358	1452	Tiago Amorim	M	Budeguita Runners	VET 40	00:49:10	00:48:53
359	1960	João Soares	M		VET 35	00:49:11	00:49:02
360	2600	João Pedro Gomes da Costa	M	CORRER LEÇA	Juniores/Séniore	00:49:13	00:48:17
361	1071	Raul Seabra	M		VET 35	00:49:15	00:47:55
362	3166	António Bastos	M	CORRER LEÇA	VET 45	00:49:17	00:48:04
363	2769	Miguel Barqueiro	M	Sunset Runners	VET 40	00:49:18	00:48:39
364	3028	CARLOS CARDOSO	M	RED STREET TEAM	VET 45	00:49:18	00:48:30
365	3043	José Cipriano da Silva Mota Machado	M		VET 60	00:49:21	00:49:16
366	3442	CARLOS CARNEIRO	M	Individual	VET 60	00:49:22	00:48:58
367	2738	João Ramos	M		VET 40	00:49:23	00:49:07
368	3296	Pedro Leal	M		VET 40	00:49:23	00:48:36
369	3561	Dênis Quadros	M	ATHLON RUNNER'S	VET 35	00:49:24	00:49:07
370	3452	António David Queiroz	M		Juniores/Séniore	00:49:25	00:49:19
371	3219	Manuel Fonseca	M	Beat Your Limit!	VET 35	00:49:25	00:49:16
372	3605	José Carlos Fernandes da Silva	M		VET 45	00:49:26	00:48:48
373	3146	Carlos Pinto	M		VET 40	00:49:26	00:48:58
374	3153	Lucinda Alves	F	AMIGOS DA QUINTA DA PICUA	VET 55	00:49:28	00:49:18
375	3227	Joaquim Moreira	M		VET 40	00:49:29	00:49:01
376	2812	VICTOR PEREIRA	M	VCP ATELETISMO	VET 45	00:49:32	00:48:36
377	3635	Vasco Pacheco	M	Lousada Hotwheels Runners	VET 35	00:49:33	00:49:09
378	3180	Luiz Bateira	M		VET 40	00:49:34	00:49:22
379	2703	Jorge António da Costa Pereira	M		VET 55	00:49:36	00:49:06
380	3540	Carlos Martins	M	Porto sentido runners	Juniores/Séniore	00:49:39	00:49:06
381	1078	Sandra Rodrigues	F		Juniores/Séniore	00:49:40	00:48:50
382	2825	rui miranda	M	OS FELIZES	VET 35	00:49:41	00:49:08
383	2821	nuno teixeira	M	OS FELIZES	VET 40	00:49:41	00:49:08
384	3558	Paulo Pereira	M		VET 45	00:49:42	00:48:48
385	2813	Serafim fonseca	M	Amigos de s.pedro da cova	VET 60	00:49:42	00:49:04
386	3238	Pedro Esperança	M	Pés Nukú	VET 35	00:49:43	00:49:39
387	3432	Vitor Estrela	M	Edv-Vianatrail	VET 45	00:49:46	00:49:28
388	3347	José Francisco Pires Valadão	M	Bike4nyc8r's	VET 45	00:49:47	00:48:55
389	3596	Nuno Lopes	M		VET 35	00:49:48	00:49:26
390	3610	Álvaro Nunes	M	All About Spirit Team	VET 40	00:49:50	00:49:05
391	3499	João Miguel Almeida da Silva	M	JUÕES	Juniores/Séniore	00:49:51	00:49:48
392	2721	José António	M		VET 50	00:49:52	00:49:14
393	3231	Daniel Folha	M		VET 45	00:49:53	00:49:10
394	3003	fernando azevedo	M		VET 55	00:49:54	00:49:31
395	2761	RUI PINTO	M		VET 40	00:49:54	00:49:08
396	3278	Andre Ferreira	M	Clube de Colaboradores AXA	VET 35	00:49:54	00:49:47

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
397	2976	Vítor Silva	M	Pernetas	Juniores/Séniore	00:49:56	00:49:25
398	2599	Luis Almeida	M	LION RUNNERS - G.D. Leões da Guarda	Juniores/Séniore	00:49:56	00:49:49
399	3527	jose jesus	M	IRON RUNNERS	VET 40	00:49:58	00:48:58
400	3478	Helder Santos	M	N14Crossfit	VET 40	00:49:58	00:49:39
401	2892	Valter Guerreiro do Vale	M		Juniores/Séniore	00:49:59	00:49:00
402	3223	Ricardo Reis	M		VET 35	00:50:00	00:49:32
403	2427	Damião Duarte	M	Travassós Running Fafe	Juniores/Séniore	00:50:00	00:49:22
404	3228	Bruno Daniel Rocha Monteiro	M	All-Titudes trail team	Juniores/Séniore	00:50:02	00:49:23
405	2782	Pedro Ramalho	M	Os Crentes	VET 35	00:50:03	00:49:58
406	3465	Rui Pedro da Silva Pinto Lucas Ramos	M	GDBL Runners	VET 40	00:50:05	00:49:44
407	3370	ADELAIDE MENDES	F		VET 55	00:50:05	00:49:01
408	3118	Valentim Castro da Guia	M	APDL	VET 50	00:50:06	00:49:26
409	3092	Ana Maria Barbosa	F	Trio Maravilha	VET 55	00:50:06	00:49:53
				OLIVECONTA - CONTABILIDADE E SEGUROS -			
410	2826	CARLOS JORGE OLIVEIRA	M	ERMESINDE	VET 40	00:50:07	00:49:42
411	3448	Afonso Neves da Silva	M		Juniores/Séniore	00:50:08	00:49:44
412	3528	Vítor Sousa	M	Sunset Runners	VET 40	00:50:09	00:49:01
413	3530	João do Carmo	M	Sunset Runners	VET 55	00:50:09	00:49:27
414	3636	Rui Ribeiro	M	Lousada Hotwheels Runners	VET 40	00:50:10	00:49:34
415	1384	Vítor Ribeiro	M		VET 50	00:50:10	00:49:24
416	3369	jose avelino de sousa vieira	M		VET 60	00:50:11	00:49:22
417	3294	Camila David Mendes Moura	F		Juniores/Séniore	00:50:12	00:49:19
418	3171	Diogo Soares	M	CORRER LEÇA	Juniores/Séniore	00:50:14	00:48:09
419	2385	Marco António Muniz Lippert	M		VET 40	00:50:17	00:49:21
420	3808	Rui Dias	M	Nascidos para Correr	VET 55	00:50:18	00:50:06
421	2876	Georgina Teixeira	F	Red line	VET 35	00:50:18	00:49:05
422	3169	Antonio Oliveira	M	Invicta Runners Team	VET 55	00:50:19	00:50:13
423	3570	Francisco Vítor Costa Faria	M		VET 45	00:50:20	00:49:50
424	2033	PEDRO NUNES	M	MARMEDSA	VET 40	00:50:20	00:49:20
425	2764	RUI CORREIA	M	Team Bravos	VET 35	00:50:22	00:49:17
426	3817	Leonel Videira	M	Nascidos para Correr	Juniores/Séniore	00:50:25	00:49:51
427	3036	JOAQUIM ALEIXO	M	INDEVIDOAL	VET 45	00:50:26	00:50:20
428	2676	Luis Miguel são vicente da silva	M	Team Bravos	Juniores/Séniore	00:50:31	00:49:22
429	2428	MARTA VALADARES	F		VET 35	00:50:31	00:50:15
430	2918	João Pinheiro	M		VET 45	00:50:34	00:50:22
431	2760	Rui Paiva	M	Invicta Runners Team	VET 35	00:50:40	00:50:21
432	3229	Patrícia Soares	F		VET 35	00:50:41	00:49:42
433	3099	Albino Sousa	M		VET 40	00:50:41	00:49:43
434	3607	Sergio Gomes	M		VET 40	00:50:42	00:48:25
435	3486	Carlos Bento	M	Douroconta Trail Team	VET 60	00:50:42	00:50:40
436	3267	Rui Costa	M		VET 35	00:50:47	00:50:09
437	3343	Diogo Remião	M		Juniores/Séniore	00:50:48	00:49:56
438	2811	orlando jose da silva parente	M		VET 45	00:50:54	00:49:33
439	1275	Rosa Lopes	F	Hidrobyke	VET 35	00:50:55	00:50:14

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
440	1049	Alfredo Barbosa	M	C P T Bairro Carcavelos	VET 60	00:50:55	00:49:32
441	3425	José Rodrigues	M	PRESTÍGIO	VET 50	00:50:55	00:49:51
442	3283	Lúcio Gomes	M		Juniores/Séniore	00:50:56	00:48:55
443	3458	Maria do Carmo Loureiro	F	Budeguita Runners	VET 45	00:50:57	00:50:40
444	3355	Marco Cunha	M	Centro Atletismo do Porto - CAP	VET 40	00:50:57	00:50:01
445	3006	João Monteiro	M	Budeguita Runners	Juniores/Séniore	00:50:57	00:50:08
446	3616	agostinho sousa	M	kunalama	VET 60	00:50:59	00:50:41
447	2856	José Ribeiro	M	OS FELIZES	VET 50	00:50:59	00:50:27
448	2801	José Sousa	M		VET 40	00:50:59	00:50:34
449	2798	Daniela Sarmento	F	LION RUNNERS - G.D. Leões da Guarda	VET 40	00:51:00	00:50:34
450	3470	Gil Nunes	M		VET 35	00:51:01	00:50:06
451	3026	João Ramos	M		Juniores/Séniore	00:51:03	00:49:57
452	3604	João Génio	M		VET 40	00:51:08	00:50:57
453	2852	Celso Rocha	M		VET 35	00:51:08	00:50:57
454	3121	Ana Nova	F		Juniores/Séniore	00:51:09	00:50:37
455	2883	Ernesto Martins	M	LION RUNNERS - G.D. Leões da Guarda	VET 50	00:51:11	00:49:59
456	3477	José Ricardo Viera Neves	M		Juniores/Séniore	00:51:11	00:50:04
457	3067	Sebastião Jesus	M	Speedy Gonçalves	VET 45	00:51:12	00:50:17
458	3060	Vasco Albuquerque	M	Speedy Gonçalves	Juniores/Séniore	00:51:12	00:50:18
459	3362	Paulo carneiro	M	CCDT/STCP	VET 45	00:51:13	00:48:55
460	3517	Sara Magalhães	F		VET 35	00:51:13	00:50:41
461	2717	Fernando Silvano	M		VET 35	00:51:19	00:50:54
462	2952	paulo moreira	M	66/67/68	VET 45	00:51:20	00:49:06
463	3273	Luís Filipe Fonseca da Cunha Ferreira	M		VET 40	00:51:20	00:50:13
464	3832	António Santos	M	Nascidos para Correr	VET 50	00:51:21	00:51:03
465	2674	Vitor cardoso	M	Porto Runners	VET 60	00:51:22	00:51:09
466	2910	Miguel Marinho Mendes	M		Juniores/Séniore	00:51:22	00:50:24
467	2752	Tiago Oliveira	M	Douro Runners	Juniores/Séniore	00:51:24	00:50:29
468	3366	Joaquim sousa	M		VET 60	00:51:24	00:50:40
469	2896	Tiago Oliveira da Costa	M		Juniores/Séniore	00:51:25	00:50:09
470	2810	Joao fonseca	M	Amigos de s.pedro da cova	VET 35	00:51:27	00:50:48
471	2121	Luis Guimarães	M		VET 40	00:51:32	00:50:36
472	3473	Ivo Oliveira	M	walk2see	VET 35	00:51:33	00:50:37
473	3403	João Soares	M	Runners on Fire	VET 35	00:51:33	00:50:21
474	3447	João Cardote	M		Juniores/Séniore	00:51:35	00:51:10
475	3134	António Teixeira	M	HM Training Group	VET 55	00:51:37	00:50:57
476	3138	Roque Martins	M	HM Training Group	VET 50	00:51:37	00:50:56
477	2897	João Rodrigues	M	Clube Zupper	VET 35	00:51:38	00:51:11
478	2839	andre fontes	M	clube de sargentos da armada	Juniores/Séniore	00:51:38	00:51:23
479	2780	RUI MANUEL LOPES DE AZEVEDO	M		VET 40	00:51:39	00:51:22
480	3272	ABILIO SOARES	M		VET 60	00:51:40	00:50:59
481	1104	Rui Campos	M	Já t'Apanho	VET 35	00:51:41	00:51:24
482	3336	Carlos Araújo	M	Clube Millennium BCP	VET 45	00:51:42	00:50:37
483	2984	Rui Almeida Duarte	M		VET 45	00:51:45	00:51:14

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
484	3627	Luis	M		VET 40	00:51:45	00:49:11
485	2831	Nuno Miguel Carneiro	M		VET 40	00:51:47	00:50:56
486	2382	Fabien Henry	M	Corre Costa	Juniores/Séniore	00:51:47	00:50:32
487	3019	BRUNO Gomes	M	LOUSADARUNNERS	Juniores/Séniore	00:51:48	00:51:22
488	3459	João Nunes	M	Clube de Pessoal EDP Porto	Juniores/Séniore	00:51:48	00:51:16
489	3429	Bruno Rodrigues	M	PRESTÍGIO	Juniores/Séniore	00:51:48	00:50:43
490	3587	Filipe Rôla	M		VET 35	00:51:49	00:51:35
491	2376	Júlio Soares Pinto Ferreira	M	Pinto Ferreira	VET 60	00:51:50	00:51:32
492	3087	Paulo Craveiro	M		VET 45	00:51:52	00:51:15
493	3091	Pedro Craveiro	M		VET 50	00:51:53	00:51:16
494	3638	José Sousa	M	Lousada Hotwheels Runners	VET 45	00:51:53	00:51:19
495	2970	Miguel Pinto	M	Monte dos Amigos /juventude das ribeiras	Juniores/Séniore	00:51:59	00:51:28
496	2905	João Alexandrino	M		VET 50	00:52:01	00:51:24
497	3170	Valdemar Almeida	M	Invicta Runners Team	VET 50	00:52:03	00:51:54
498	3307	Vitor Silva	M		VET 40	00:52:05	00:51:56
499	2723	Jorge Silva	M	Ninja Team	VET 60	00:52:07	00:51:58
500	3149	Pedro Leao	M		Juniores/Séniore	00:52:08	00:51:34
501	2935	josé moura de souza	M	os barriguitas	VET 60	00:52:08	00:50:47
502	2893	Bernardo Santos	M		VET 40	00:52:09	00:51:41
503	3160	Alexandre Miguel	M		Juniores/Séniore	00:52:09	00:50:25
504	3047	ricardo soares	M		Juniores/Séniore	00:52:09	00:51:23
505	2938	josé ricardo souza	M	os barriguitas	Juniores/Séniore	00:52:09	00:50:49
506	3201	Samuel de Jesus Almeida	M		Juniores/Séniore	00:52:11	00:51:30
507	2958	Paula Amorim	F		VET 55	00:52:12	00:51:46
508	3241	José Jorge Regufe Costa	M		VET 55	00:52:13	00:51:20
509	1073	Bartolomeu Mota	M	Grupo Desportivo da Limpeza Urbana - CMP	VET 55	00:52:14	00:52:00
510	2739	António Correia	M		Juniores/Séniore	00:52:15	00:51:58
511	2671	Ricardo Regueiro	M		VET 40	00:52:16	00:52:01
512	2716	nuno oliveira	M		Juniores/Séniore	00:52:17	00:51:13
513	3310	Cláudio Lísias Santos	M	Clube Vodafone	VET 40	00:52:18	00:51:53
514	3002	Rui Sousa	M		VET 40	00:52:18	00:51:15
515	3142	Rui Brochado	M	HM Training Group	VET 50	00:52:20	00:51:44
516	3255	Rui Pedro de Carvalho Nogueira	M		VET 40	00:52:21	00:51:14
517	3664	Manuel Brandão	M		Juniores/Séniore	00:52:24	00:52:13
518	3834	António Rebocho	M	Nascidos para Correr	Juniores/Séniore	00:52:26	00:52:11
519	1265	Jorge Miguel Dias Couto Reis	M		Juniores/Séniore	00:52:27	00:50:36
520	2710	Patrícia Santos	F		Juniores/Séniore	00:52:30	00:52:26
521	3240	jorge miguel leitao rodrigues	M	Alpe d´Huez	Juniores/Séniore	00:52:32	00:51:39
522	3237	Armindo Gomes Coelho	M	Alpe d´Huez	VET 55	00:52:32	00:51:39
523	3376	Paulo Pinto	M	Equipa Dinamite	VET 40	00:52:34	00:52:25
524	2904	Ricardo Albuquerque	M	Clube Galp Energia Norte	Juniores/Séniore	00:52:35	00:52:14
525	2046	CARLOS HENRIQUE	M	MARMEDSA	VET 45	00:52:35	00:51:35
526	3642	Fernando Pinheiro	M		VET 35	00:52:36	00:51:49
527	2848	Carlos Carvalho	M		VET 40	00:52:39	00:52:10

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
528	3507	Francisco Oliveira	M	Amigos Atletismo de Gondomar	VET 55	00:52:39	00:52:11
529	1145	Marco Caldas	M	All-Titudes trail team	VET 35	00:52:43	00:52:06
530	3239	Jorge Augusto de Carvalho Pimenta	M		VET 50	00:52:45	00:51:34
531	2776	Marcos Quintas	M		VET 45	00:52:45	00:51:34
532	3204	Diana Virgílio	F	URD Juncalense	Juniores/Séniore	00:52:46	00:52:27
533	3151	João Rocha	M	CORRER LEÇA	VET 50	00:52:53	00:51:51
534	3504	sandra pereira	F	Amigos das Sapatilhas	VET 35	00:52:53	00:51:37
535	2718	nuno morgado	M	CORRER LEÇA	VET 40	00:52:56	00:51:57
536	3152	Carlos Filipe Pinto Silva Rola	M		VET 45	00:52:57	00:52:14
537	3671	Rita Vieira	F		Juniores/Séniore	00:52:57	00:52:42
538	3672	Jorge Moura	M		Juniores/Séniore	00:52:58	00:52:42
539	2026	JOÃO TEIXEIRA	M	MARMEDSA	VET 35	00:53:00	00:51:07
540	3338	Fernando Remião	M		VET 45	00:53:00	00:52:10
541	3103	Nuno Oliveira	M	APDL	VET 40	00:53:01	00:52:39
542	2989	José Alberto Moreira de Oliveira	M		VET 50	00:53:06	00:52:32
543	3445	Joaquim Vitor Carvalho	M	Real Vida Seguros	VET 55	00:53:10	00:52:44
544	3251	isaque da silva pinto	M		VET 50	00:53:10	00:52:54
545	2770	Miguel Oliveira	M		VET 40	00:53:10	00:52:35
546	3811	Patricia Pinho	F	Nascidos para Correr	VET 35	00:53:13	00:53:09
547	3788	Bruno Freitas	M	Trucking	Juniores/Séniore	00:53:14	00:50:08
548	3585	João Paulo Ferreira Delgado	M		VET 50	00:53:16	00:50:19
549	3313	Filipe Branco	M	Clube Vodafone	VET 35	00:53:19	00:52:54
550	3571	Hugo Daniel da Silva Magalhães	M		Juniores/Séniore	00:53:19	00:52:49
551	3539	Elisabete Loureiro	F	Porto sentido runners	Juniores/Séniore	00:53:20	00:52:49
552	1124	DAVID TEIXEIRA	M		VET 35	00:53:21	00:52:02
553	2932	Pedro Correia	M		Juniores/Séniore	00:53:21	00:52:42
554	1035	Benjamim Kimbuelas	M	grupo desportivo leoes de veneza	VET 60	00:53:22	00:53:11
555	3555	Pedro Santos	M		VET 45	00:53:23	00:52:09
556	1144	Pedro Pinto	M	Monte dos Amigos /juventude das ribeiras	VET 35	00:53:24	00:52:54
557	1116	Paulo Jorge Ferreira Ribeiro	M	Invicta Runners Team	VET 40	00:53:25	00:52:37
558	3055	Ricardo Silva	M	Compadres	VET 35	00:53:25	00:52:22
559	3556	Pedro Cerqueira	M		VET 35	00:53:26	00:52:12
560	1115	Mónica Figueiras	F		Juniores/Séniore	00:53:26	00:52:39
561	3211	Sandro Figueiredo Lopes Da Silva	M		VET 45	00:53:29	00:51:04
562	3534	Gonçalo Teixeira	M	Sunset Runners	VET 50	00:53:35	00:52:56
563	3554	Pedro Dias	M	Clube de Pessoal EDP Porto	VET 50	00:53:36	00:52:22
564	3479	Joel dos Santos Marinho	M		Juniores/Séniore	00:53:37	00:52:39
565	3466	Hélder Patrício Santos Regalado	M	GDBL Runners	VET 35	00:53:37	00:53:17
566	3460	Mário Moura	M		VET 45	00:53:38	00:52:23
567	2877	Fábio André Mendes Magalhães	M		Juniores/Séniore	00:53:38	00:52:23
568	3535	Jose Carlos Pinho	M	Sunset Runners	VET 60	00:53:38	00:52:59
569	3202	Filipe Manuel Dinis Fernandes	M		Juniores/Séniore	00:53:40	00:53:01
570	3258	António Barros	M		VET 35	00:53:43	00:53:19
571	3050	hipolito reis	M		VET 50	00:53:44	00:52:57

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
572	2885	Bruno Silva	M		VET 40	00:53:44	00:53:05
573	3243	Luis Mota Duarte	M		VET 35	00:53:45	00:51:28
574	3309	carlos poças	M		VET 55	00:53:45	00:51:29
575	3132	António Pinto de Oliveira	M	Águas do Porto - Casa dos Trabalhadores	VET 50	00:53:46	00:52:54
576	1125	Francisco Miranda	M		Juniores/Séniore	00:53:47	00:51:41
577	2386	António Rocha	M		VET 35	00:53:51	00:52:49
578	2790	Rui Alves	M	kikos	VET 35	00:53:54	00:51:29
579	2890	Fábio Costa	M	AC Vermoim	Juniores/Séniore	00:53:54	00:51:42
580	3083	Cila Penteado	F	Compadres	VET 35	00:53:56	00:52:51
581	2648	Carlos Alberto Moreira Catarino	M		VET 50	00:53:58	00:53:26
582	3567	Vitor Silva	M	Invicta Runners Team	VET 45	00:54:01	00:53:32
583	3855	Miguel Dias	M	APDL	VET 40	00:54:01	00:51:59
584	2926	André Filipe Rodrigues Oliveira	M		Juniores/Séniore	00:54:02	00:53:47
585	3232	Agostinho Perira	M		VET 45	00:54:04	00:53:35
586	1101	Antonio Lameira	M	AntonioRunners	VET 40	00:54:05	00:53:02
587	3066	jose riba	M		VET 50	00:54:06	00:53:57
588	1117	Henrique Dias	M		Juniores/Séniore	00:54:07	00:53:16
589	3048	Vitor vieira	M		VET 50	00:54:08	00:53:01
590	3420	António Ferreira	M	slmdesign	VET 45	00:54:08	00:53:40
591	2388	Newton Milani	M		VET 55	00:54:10	00:52:58
592	1147	Pedro Moreira	M		Juniores/Séniore	00:54:12	00:51:31
593	3330	Rui Sá Pereira	M		VET 40	00:54:12	00:51:33
594	3617	David Matellano	M	TCGL	Juniores/Séniore	00:54:16	00:52:20
595	2913	sonia pereira	F	Clube Galp Energia Norte	VET 40	00:54:16	00:53:57
596	2909	pedro oliveira	M	Clube Galp Energia Norte	VET 40	00:54:16	00:53:57
597	3277	Domingos	M		VET 40	00:54:17	00:53:51
598	3256	Celso Dias	M	os manquinhos	Juniores/Séniore	00:54:19	00:52:29
599	3835	António Lopes	M	Nascidos para Correr	VET 50	00:54:28	00:54:11
600	3357	Davi Figueiredo	M		VET 40	00:54:31	00:54:20
601	1109	Tomas Baia	M		Juniores/Séniore	00:54:32	00:53:47
602	2377	Ana Esteves	F		Juniores/Séniore	00:54:32	00:54:11
603	3161	António José Araújo	M		VET 45	00:54:33	00:53:41
604	2250	carlos ramos	M		VET 55	00:54:34	00:53:50
605	1385	Gustavo Lopes	M	Lopes e Sucena	Juniores/Séniore	00:54:35	00:53:36
606	3165	Carlos Miguel da Rocha Sousa	M		Juniores/Séniore	00:54:37	00:51:57
607	3812	Patricia Caballero	F	Nascidos para Correr	VET 35	00:54:37	00:54:22
608	3816	Mª Elisabete Moreira	F	Nascidos para Correr	VET 35	00:54:38	00:54:23
609	1141	Julio Henriques	M		VET 40	00:54:38	00:53:31
610	3155	Jaime Silva	M		VET 55	00:54:38	00:52:55
611	3291	MANUEL ANDRADE	M		VET 50	00:54:38	00:54:20
612	2267	Luís Costa	M		Juniores/Séniore	00:54:40	00:53:56
613	3351	FILOMENA FOLGADO	F		VET 60	00:54:41	00:54:34
614	3266	MANUEL MOREIRA	M		VET 60	00:54:42	00:54:34
615	2299	Samuel Mota	M		Juniores/Séniore	00:54:43	00:52:25

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
616	3542	Domingos Silva	M		VET 55	00:54:43	00:53:42
617	3531	Miguel Braga	M	Via Maia	VET 35	00:54:43	00:53:42
618	2907	Pedro Pereira	M		VET 45	00:54:44	00:53:50
619	2668	Ana Rito	F		VET 40	00:54:44	00:54:35
620	3662	André Marino Barata da Conceição Silva	M		Juniores/Séniore	00:54:44	00:54:36
621	3475	Mara Marinha	F	Xau aí	Juniores/Séniore	00:54:48	00:54:36
622	3385	Henrique Silva	M	Clube Millennium BCP	VET 45	00:54:48	00:54:06
623	2369	Celeste Dias	F	QUENIANOS DE AVEIRO	VET 40	00:54:50	00:53:54
624	2368	Marco Dias	M	QUENIANOS DE AVEIRO	VET 40	00:54:50	00:53:51
625	2914	Luís Garcia	M		Juniores/Séniore	00:54:53	00:54:33
626	3650	Altino Silva	M	Clube de Pessoal EDP Porto	VET 50	00:54:54	00:54:22
627	3329	Carlos Barbosa	M	Clube Millennium BCP	Juniores/Séniore	00:54:55	00:54:14
628	2891	Fernando Teixeira	M		VET 45	00:54:55	00:52:42
629	3553	Tiago Lages	M		Juniores/Séniore	00:54:56	00:54:48
630	2736	José António de Oliveira Granja	M		VET 50	00:54:59	00:52:46
631	3575	TERESA MAIA	F	MARMEDSA	VET 55	00:55:00	00:54:36
632	1374	Altino Valente	M		VET 45	00:55:00	00:54:53
633	2689	Paulo Ribeiro	M		VET 40	00:55:00	00:54:53
634	3578	FERNANDO MAIA	M	MARMEDSA	VET 60	00:55:00	00:54:36
635	2955	Willem Fokkens	M		Juniores/Séniore	00:55:03	00:53:26
636	2424	Pedro Silveira	M		VET 35	00:55:05	00:54:49
637	2759	Antonio Dias	M		VET 45	00:55:06	00:53:21
638	3446	Sérgio Leira	M		VET 35	00:55:06	00:54:42
639	2425	Cristiano Ferreira	M		VET 35	00:55:07	00:54:51
640	3129	António Manuel Sousa	M	Águas do Porto - Casa dos Trabalhadores	VET 50	00:55:07	00:53:11
641	2692	João Campos Pedro	M		Juniores/Séniore	00:55:07	00:54:13
642	3863	Carlos Gonçalves	M		Juniores/Séniore	00:55:08	00:52:24
643	2901	Pedro Alves	M		Juniores/Séniore	00:55:09	00:53:58
644	3461	Antonio Jorge Ferreira Oliveira Gomes	M		VET 50	00:55:09	00:53:43
645	3506	Jorge mendes	M		VET 50	00:55:10	00:54:20
646	3637	João Paulo Moreira	M	Lousada Hotwheels Runners	Juniores/Séniore	00:55:11	00:54:36
647	3633	Gonçalo Sousa	M	Lousada Hotwheels Runners	Juniores/Séniore	00:55:11	00:54:36
648	2950	Fernando Manuel de Castro Poças	M	Atletas Douro	VET 50	00:55:14	00:54:25
649	3038	João Augusto	M		VET 40	00:55:15	00:53:09
650	3626	Carlos Lopes	M		VET 40	00:55:15	00:53:07
651	3426	Henrique Madureira	M		VET 40	00:55:15	00:53:05
652	1123	Jorge Prendas	M		VET 45	00:55:17	00:53:19
653	3346	Nuno Carvalho	M	Clube Millennium BCP	Juniores/Séniore	00:55:18	00:54:38
654	2794	Pedro Cardoso	M		VET 35	00:55:19	00:54:06
655	2707	Isabel Maria da Silva Henriques	F	Clube do Pessoal EDP - Delegação de Gaia	VET 35	00:55:21	00:54:26
656	3856	Augusto Melo	M		VET 40	00:55:23	00:54:12
657	3611	Sergio Quintas	M		VET 35	00:55:25	00:54:21
658	2872	Carlos sousa	M	Red line	Juniores/Séniore	00:55:26	00:53:55
659	3297	Ricardo Correia de Barros	M	Porto Runners	VET 40	00:55:27	00:54:15

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
660	3301	Angeliki Correia de Barros	F	Porto Runners	VET 40	00:55:27	00:54:16
661	3305	Luis Cerveira	M		VET 45	00:55:29	00:54:42
662	2750	Nuno Sousa	M		VET 35	00:55:32	00:54:41
663	3468	Manuel Serafim Rodrigues Barbosa Moreira	M	GDBL Runners	VET 50	00:55:33	00:55:12
664	3464	Paulo Manuel Lima Pereira	M	GDBL Runners	VET 50	00:55:33	00:55:11
665	2672	Paulo Freitas Jorge	M	A.N.A.	VET 45	00:55:34	00:55:15
666	3818	José Paulo Neves	M	Nascidos para Correr	VET 55	00:55:34	00:55:18
667	3557	Lénio Fernando Nogueira Marinho	M	Jobrinde-Montes Saloios	VET 60	00:55:35	00:55:27
668	2677	Samuel Cardoso	M		Juniores/Séniore	00:55:36	00:54:56
669	2962	maria luz almeida	F	66/67/68	VET 50	00:55:37	00:53:26
670	3049	ricardo pina	M		VET 35	00:55:38	00:55:11
671	2745	Luis Gomes	M		Juniores/Séniore	00:55:38	00:54:40
672	3365	Marco Batista	M	CCDT/STCP	VET 40	00:55:44	00:53:27
673	3372	Rui Magalhães	M	CCDT/STCP	VET 40	00:55:44	00:53:28
674	3657	Andre Noronha	M		Juniores/Séniore	00:55:46	00:54:30
675	2694	Jose Teixeira	M		VET 50	00:55:46	00:54:53
676	2788	Adriano Ferreira	M		VET 60	00:55:47	00:55:37
677	3537	Paulo Teixeira	M		VET 35	00:55:48	00:53:34
678	3552	Ana Margarida Coelho de Brito	F		Juniores/Séniore	00:55:48	00:55:40
679	3538	Ricardo Barbosa	M		VET 35	00:55:48	00:53:36
680	2791	henrique barros	M		VET 45	00:55:49	00:55:19
681	1151	Marta Amaro	F	Clube Zupper	VET 35	00:55:49	00:55:07
682	2669	JOSÉ CLEMENTE	M	CLEMENTE	VET 55	00:55:50	00:55:07
683	3321	Manuel Fernando Monteiro	M	cabe	VET 60	00:55:50	00:54:26
684	1067	Vitor santos	M		VET 40	00:55:51	00:55:39
685	2724	Ana Paula Lopes	F	Brownie Power	VET 45	00:55:52	00:55:23
686	2894	Filipe Pereira	M	LION RUNNERS - G.D. Leões da Guarda	VET 35	00:55:52	00:54:39
687	2728	Adriano Lopes	M	Brownie Power	VET 50	00:55:52	00:55:23
688	3471	Filipe Coelho	M		VET 40	00:55:52	00:54:56
689	3628	Telmo Emanuel Silva Cerdeira Pinto	M		Juniores/Séniore	00:55:59	00:55:37
690	3371	Filipe Teixeira	M	Clube Millennium BCP	VET 45	00:56:02	00:53:58
691	1163	Francisco Paulo Pinto	M	Boavista F.C.	VET 50	00:56:03	00:54:57
692	3629	Benjamim E. da Costa Silva Moreira de Castro	M		Juniores/Séniore	00:56:08	00:55:47
693	2792	José Magalhães	M		VET 60	00:56:08	00:55:56
694	3214	Mariana Martins	F		Juniores/Séniore	00:56:09	00:55:41
695	3053	Paulo Sergio de Sousa Almeida	M	Sai da Frente	VET 45	00:56:09	00:55:45
696	2899	Nuno Emanuel de Araújo Fernandes	M		Juniores/Séniore	00:56:11	00:55:38
697	1135	Pedro Pereira	M		VET 35	00:56:12	00:55:33
698	2632	Alcindo Silva	M		VET 45	00:56:12	00:55:44
699	2933	António Cidade	M	Clube Galp Energia Norte	VET 60	00:56:13	00:55:51
700	3270	Agostinho Fontes	M	Run To Be Alive	VET 50	00:56:13	00:54:47
701	2930	Adelino Moutinho	M	Clube Galp Energia Norte	VET 60	00:56:14	00:55:52
702	3014	Jose Andre	M		VET 40	00:56:17	00:55:58
703	3126	Miguel David	M		VET 35	00:56:19	00:54:53



Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
704	3233	Carina Ferreira	F		Juniores/Séniore	00:56:21	00:55:49
705	3451	Miguel Cadilhe	M	All In	VET 35	00:56:26	00:54:34
706	2864	Manuel Paiva	M		VET 45	00:56:26	00:54:37
707	3236	Lurdes Cunha	F		VET 50	00:56:26	00:56:25
708	3634	jose sousa pereira	M		VET 45	00:56:29	00:56:07
709	2887	GONÇALO MARQUES	M		Juniores/Séniore	00:56:29	00:55:24
710	3249	Miguel Luís Abelheira Mendes	M		VET 50	00:56:29	00:55:28
711	3230	Filipa Falcão	F	Perdi o Táxi	VET 40	00:56:32	00:55:42
712	3064	ana castro	F		VET 45	00:56:33	00:55:43
713	3352	Nuno Mendes	M	Clube Millennium BCP	VET 40	00:56:33	00:55:51
714	3246	Pedro Apolinário	M		VET 35	00:56:34	00:54:20
715	2838	Jorge Caldas	M	OS FELIZES	VET 35	00:56:34	00:56:02
716	2758	Dina boeiro	F		Juniores/Séniore	00:56:35	00:55:53
717	2705	Nuno Almeida	M	Team Bravos	VET 35	00:56:35	00:55:27
718	3806	Sara Barbosa	F	Nascidos para Correr	VET 35	00:56:35	00:56:19
719	2695	André Luís Moreira Pereira	M	Clube do Pessoal EDP - Delegação de Gaia	Juniores/Séniore	00:56:36	00:55:33
720	3379	Paulo Sousa	M	Clube Millennium BCP	VET 45	00:56:37	00:54:15
721	3120	Patrícia Tavares	F	APDL	VET 35	00:56:37	00:54:39
722	2772	Antonio Acebey	M	ACE	VET 40	00:56:37	00:54:26
723	3065	Filipe Nogueira	M	Os TurboMula	VET 35	00:56:39	00:55:56
724	2675	Miguel Jorge de Oliveira Freitas	M	Clube do Pessoal EDP - Delegação de Gaia	Juniores/Séniore	00:56:42	00:55:39
725	3508	Lascasas J.C	M	Amigos Atletismo de Gondomar	VET 45	00:56:44	00:55:53
726	3568	Tiago Salabert	M		VET 35	00:56:44	00:55:30
727	3794	Rosa Mendes	F	Gondomar Futsal Clube	VET 50	00:56:44	00:55:53
728	3207	Boaventura Virgílio	M	URD Juncalense	VET 50	00:56:47	00:56:28
729	1264	Alexandre Augusto da Silva Monteiro	M		VET 45	00:56:54	00:55:47
730	3645	paulo de castro rocha	M		VET 55	00:56:54	00:55:47
731	3186	Anabela Moreira	F	Clube Zupper	VET 40	00:56:55	00:55:10
732	3320	rita coimbra	F		VET 40	00:56:55	00:56:38
733	1110	Nicolas LOUISON	M		Juniores/Séniore	00:56:55	00:56:46
734	2999	Manuel Carvalho	M		VET 60	00:56:57	00:55:52
735	3071	Jose Pereira	M	Nights Team	VET 35	00:56:59	00:55:54
736	3582	Filipe Cardoso	M	G. D. Bairro dos Pescadores de Matosinhos	Juniores/Séniore	00:56:59	00:56:48
737	3533	João Pedro da Costa	M		VET 40	00:57:01	00:56:31
738	3536	Manuela Damas	F		VET 35	00:57:01	00:56:31
739	1097	Sérgio Filipe Costa Silva	M			00:57:01	00:56:16
740	1096	Rafaela Maria Meireles	F		Juniores/Séniore	00:57:02	00:56:17
741	3012	Albertina Gonçalves	F		VET 35	00:57:02	00:56:36
742	3010	Fernando ferreira	M		VET 45	00:57:05	00:56:39
743	3503	Silvério Francisco Ferreira Fernandes	M	Amigos das Sapatilhas	Juniores/Séniore	00:57:06	00:55:53
744	3015	manuel mota ferreira	M	académico runners	VET 50	00:57:06	00:56:13
745	2744	João Almeida	M	BP RUNNERS	VET 40	00:57:13	00:56:25
746	1192	Lucio Cunha	M		VET 40	00:57:14	00:55:30
747	2417	Vera Pinto	F		Juniores/Séniore	00:57:14	00:55:28

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
748	3382	Luis Leal	M	Clube Millennium BCP	VET 40	00:57:14	00:55:56
749	3119	Alexandra Pimenta	F	HM Training Group	Juniores/Séniore	00:57:14	00:55:28
750	2713	Hélder Teixeira	M		Juniores/Séniore	00:57:14	00:55:26
751	1134	Paulo Ferreira	M		VET 40	00:57:15	00:56:37
752	3569	Maria Vaz	F		VET 35	00:57:15	00:56:00
753	3649	Zé Pereira	M		VET 35	00:57:16	00:54:21
754	2649	NUNO MIGUEL FERNANDES	M		VET 35	00:57:17	00:56:59
755	2814	Patrícia Rodrigues	F	Tugas na Estrada	VET 40	00:57:20	00:56:36
756	3659	Jorge Alberto Morais Costa	M		VET 40	00:57:20	00:56:09
757	3419	José Luis Silva	M	Reis Magos	VET 45	00:57:22	00:55:50
758	3803	Teresinha Castro	F	Nascidos para Correr	VET 35	00:57:24	00:57:10
759	3027	José Alves	M		VET 45	00:57:26	00:55:04
760	2919	domingos soares	M		VET 55	00:57:33	00:56:38
761	3193	antonio lourenço	M	grupo desportivo leoes de veneza	VET 60	00:57:39	00:57:21
762	3192	jose abreu	M	grupo desportivo leoes de veneza	VET 60	00:57:39	00:57:24
763	2371	Jorge Mendonça	M		VET 50	00:57:45	00:56:47
764	3359	Joao Lourenco	M		VET 45	00:57:49	00:56:43
765	3057	Alfredo Daniel Oliveira Sousa	M	Runners on Fire	Juniores/Séniore	00:57:50	00:56:38
766	3454	José Mário Tenreiro	M		VET 50	00:57:53	00:57:01
767	3185	Miguel Rocha	M		VET 40	00:57:54	00:57:27
768	2923	Ilidio Ramos	M	Casanova Runners	VET 55	00:57:55	00:57:19
769	2667	Hugo Alexandre Pereira Caraslindas	M	Clube do Pessoal EDP - Delegação de Gaia	VET 35	00:57:55	00:56:57
770	2781	Mónica Margaride	F		VET 40	00:57:55	00:57:50
771	2785	Joaquim de Sousa	M		VET 45	00:57:55	00:57:50
772	2725	Ana Paula Graça	F		VET 40	00:57:57	00:57:31
773	2957	celeste moreira	F	66/67/68	VET 45	00:57:58	00:55:48
774	2954	Cosme Almeida	M		VET 35	00:57:58	00:55:59
775	1065	Bruno Gomes	M		Juniores/Séniore	00:57:59	00:55:48
776	3796	Patrícia Pereira	F	Gondomar Futsal Clube	VET 35	00:57:59	00:57:14
777	3798	Bruno Vigário	M	Gondomar Futsal Clube	Juniores/Séniore	00:58:00	00:57:14
778	2706	Pedro Miguel Teixeira Soares de Carvalho	M		VET 40	00:58:00	00:57:29
779	1089	Eva Ribeiro	F	Monte dos Amigos /juventude das ribeiras	VET 40	00:58:04	00:57:33
780	2996	Rosa Almeida	F	Monte dos Amigos /juventude das ribeiras	VET 35	00:58:04	00:57:33
781	2732	Luis Espassandim	M	Budeguitas	VET 45	00:58:05	00:57:46
782	2389	João Carlos Oliveira Ferreira	M		Juniores/Séniore	00:58:06	00:57:44
783	3299	Armanda Pinto	F	Clube Portugal Telecom Zona Norte	VET 50	00:58:07	00:57:41
784	2665	Rita Rebelo	F	Clube do Pessoal EDP - Delegação de Gaia	Juniores/Séniore	00:58:08	00:57:14
785	2704	Joana Chaves Rebelo	F	Clube do Pessoal EDP - Delegação de Gaia	VET 35	00:58:08	00:57:13
786	3032	João Sampaio	M	Os Sampaio	VET 35	00:58:09	00:56:59
787	3034	Nuno Sampaio	M	Os Sampaio	VET 45	00:58:09	00:57:00
788	3433	Vítor Meireles	M		VET 60	00:58:10	00:57:05
789	2971	Nuno Duarte	M	Travassos Running Fafe	Juniores/Séniore	00:58:11	00:57:34
790	3648	Mário Neves Ferreira da Silva	M		Juniores/Séniore	00:58:12	00:55:36
791	3144	Horácio Manuel da Costa Coelho Ferreira	M		VET 35	00:58:12	00:58:00

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
792	3389	José Lopes	M	Clube Millennium BCP	VET 45	00:58:13	00:55:34
793	3062	Hugo Miguel da Silva Teixeira	M		Juniiores/Séniiores	00:58:14	00:57:07
794	2843	Helena Ferreira	F	Boavista Fc	VET 45	00:58:16	00:57:57
795	2373	José de Castro	M		VET 55	00:58:17	00:57:24
796	2394	Jorge Ferreira	M	Pari Passu	VET 40	00:58:17	00:57:07
797	3335	Mário Mateus	M	Centro Atletismo do Porto - CAP	VET 50	00:58:17	00:57:57
798	2840	Jose Ferreira	M		VET 50	00:58:17	00:57:57
799	3340	Maria Cecília sá	F	Centro Atletismo do Porto - CAP	VET 50	00:58:17	00:57:58
800	3044	Sérgio Pereira	M		VET 35	00:58:18	00:57:40
801	3595	Luis Miguel Vale da Silva	M		VET 45	00:58:18	00:55:45
802	3566	Carla Barbosa	F	Tai Runners	VET 35	00:58:19	00:57:21
803	3377	Liliana Correia	F	Clube Zupper	VET 35	00:58:19	00:58:17
804	2001	Miguel José Beirão	M		VET 45	00:58:21	00:58:12
805	3409	Manuel Frias	M	Clube Millennium BCP	VET 45	00:58:25	00:55:53
806	3519	Jose carlos stella	M		VET 60	00:58:26	00:57:49
807	3453	Manuel Correia	M		VET 40	00:58:26	00:57:44
808	2991	António alves	M		VET 40	00:58:27	00:57:41
809	3187	Luís Filipe Silva Rodrigues	M		Juniiores/Séniiores	00:58:29	00:57:22
810	3183	Paulo Teixeira	M	Boavista F.C.	VET 35	00:58:29	00:57:32
811	3094	Rui Oliveira	M		Juniiores/Séniiores	00:58:29	00:57:22
812	1102	Nelson Quinta	M	AntonioRunners	VET 45	00:58:30	00:57:27
813	3041	Fernanda Fernandes	F		Juniiores/Séniiores	00:58:32	00:57:42
814	2680	Pedro Cirne	M		VET 45	00:58:33	00:57:44
815	2818	Nuno Monteiro	M		Juniiores/Séniiores	00:58:33	00:56:20
816	2875	Sonia Pinto	F		Juniiores/Séniiores	00:58:38	00:58:09
817	3641	José teixeira	M		Juniiores/Séniiores	00:58:39	00:57:50
818	3469	Diogo André Morgado da Costa Carvalho	M	GDBL Runners	VET 35	00:58:39	00:58:19
819	3412	Tania Cardoso	F	Nocturnos Paredes	Juniiores/Séniiores	00:58:40	00:57:28
820	1146	André Correia	M	TCGL	Juniiores/Séniiores	00:58:41	00:57:33
821	2635	rui rodrigues	M		Juniiores/Séniiores	00:58:42	00:57:33
822	3450	Filipa Pimenta	F		VET 40	00:58:46	00:58:39
823	3476	Ivo Santos	M		Juniiores/Séniiores	00:58:46	00:57:38
824	2992	Gonçalo Dias de Oliveira	M		Juniiores/Séniiores	00:58:49	00:56:45
825	3039	Carla Silva Gomes	F		VET 40	00:58:50	00:57:56
826	3037	Frederico Silva Lobo	M		VET 40	00:58:50	00:57:55
827	3861	Nuno Gouveia	M		Juniiores/Séniiores	00:58:57	00:58:24
828	1130	José Coelho	M		Juniiores/Séniiores	00:58:58	00:58:27
829	3402	Licínio Borges	M		VET 40	00:58:58	00:57:49
830	1132	Miguel Camanho	M	Caetano Runners	VET 40	00:59:01	00:57:49
831	3443	Francisco Guimarães	M	Caetano Runners	VET 50	00:59:01	00:57:49
832	3322	Maria Santos	F	Clube Millennium BCP	Juniiores/Séniiores	00:59:04	00:57:25
833	3505	armando cardoso	M	Amigos das Sapatilhas	VET 40	00:59:04	00:57:47
834	3088	Ivo Ferreira	M		Juniiores/Séniiores	00:59:05	00:55:53
835	3261	Pedro Ferreira	M		VET 50	00:59:08	00:58:02

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
836	3194	Inês Gomes	F		Juniores/Séniore	00:59:08	00:58:55
837	3646	Luís Miranda	M		Juniores/Séniore	00:59:09	00:58:35
838	2871	Carlos Lira	M	PowerBoost	VET 40	00:59:11	00:59:01
839	2614	Ricardo Pereira	M		VET 35	00:59:16	00:57:02
840	2873	Ricardo Anjos	M		Juniores/Séniore	00:59:19	00:58:04
841	2366	Paulo Viana	M	QUENIANOS DE AVEIRO	VET 40	00:59:26	00:58:28
842	2367	Anabela Machado	F	QUENIANOS DE AVEIRO	VET 40	00:59:27	00:58:30
843	3532	jose carlos costa neves	M	Via Maia	VET 45	00:59:28	00:58:24
844	2815	Paulo Branco	M	VCP ATELETISMO	VET 45	00:59:28	00:58:29
845	3209	jose couto nogueira	M		VET 60	00:59:29	00:58:38
846	3319	Afonso Santos	M	Clube Millennium BCP	VET 55	00:59:31	00:57:51
847	3541	Filipe Pereira	M		Juniores/Séniore	00:59:31	00:58:28
848	3287	Alcídio Figueiredo	M		VET 45	00:59:33	00:58:50
849	3439	Manuel Mario Teixeira Machado	M		VET 60	00:59:35	00:59:08
850	3367	José Alves	M	Clube Millennium BCP	VET 45	00:59:36	00:56:57
851	3598	Ivo Leão	M		VET 35	00:59:36	00:56:06
852	3069	Sara Moreira	F	Os TurboMula	Juniores/Séniore	00:59:41	00:58:57
853	2868	Patricia faria	F	Red line	Juniores/Séniore	00:59:41	00:59:41
854	1105	Joana Guerreiro	F	Já t'Apanho	Juniores/Séniore	00:59:43	00:57:39
855	3177	Leonilde Maria Macedo	F		VET 40	00:59:44	00:59:02
856	2994	Sandra Pessoa Dias de Oliveira	F		VET 40	00:59:44	00:57:40
857	1107	Marianne	F		Juniores/Séniore	00:59:44	00:59:10
858	2870	António Manuel Ferreira Oliveira	M		VET 50	00:59:45	00:57:35
859	2722	Vera pires	F	nuno	Juniores/Séniore	00:59:48	00:58:42
860	1068	José Gonçalves	M		VET 45	00:59:53	00:58:47
861	3576	MARIA HELENA MAIA	F	MARMEDSA	VET 55	00:59:54	00:59:32
862	3234	Carlos Guedes	M	All-Titudes trail team	VET 40	00:59:55	00:59:16
863	2426	Cláudia Raquel da Silva Ribeiro	F		Juniores/Séniore	01:00:13	00:59:38
864	2631	jorge pinto	M	AFISOVAR	VET 60	01:00:14	01:00:04
865	3220	Nélson Silva	M	Amigos das Sapatilhas	Juniores/Séniore	01:00:21	00:59:06
866	3292	Ana Neves	F	CEBES Running	VET 40	01:00:23	00:59:31
867	3224	Cláudia ramos	F	Amigos das Sapatilhas	Juniores/Séniore	01:00:27	00:59:10
868	1103	Sara Martins	F	AntonioRunners	VET 40	01:00:33	00:59:31
869	1099	Paulo Freire	M	AntonioRunners	Juniores/Séniore	01:00:33	00:59:30
870	2679	Jose Soares	M	Centro Municipal Marcha Corrida Vale de Cambra	VET 55	01:00:34	01:00:19
871	2862	Vera Lúcia Augusto	F	Vera Augusto	VET 40	01:00:35	00:59:07
872	3441	Maria da Luz Fernandes Leitão Lopes	F	APDL	VET 35	01:00:36	00:58:05
873	3864	Hélder Filipe Cerqueira Maia	M	Juntos somos mais fortes	VET 35	01:00:36	00:58:03
874	2395	Luís Marques	M	Pari Passu	Juniores/Séniore	01:00:39	00:59:29
875	3653	Sérgio Rocha	M	Rei Artur Team	VET 35	01:00:39	00:58:08
876	2922	Berta Maria Pinheiro	F		VET 40	01:00:39	01:00:26
877	3652	Nuno Almeida	M	Rei Artur Team	VET 35	01:00:39	00:58:08
878	3244	António Joaquim Teixeira Costa	M		VET 40	01:00:49	00:58:05
879	3031	Susana Santos	F		VET 35	01:00:49	00:59:58

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
880	3400	Tiago Correia	M		Juniores/Séniore	01:00:49	00:57:31
881	3467	Luís Filipe Lopes Silva	M	GDBL Runners	VET 55	01:00:50	01:00:28
882	2380	Fernando Costa	M	Corre Costa	VET 55	01:00:51	00:58:59
883	3364	Sérgio Rodrigues	M	Clube Millennium BCP	Juniores/Séniore	01:00:57	01:00:07
884	2783	Cecilia Rodrigues	F		Juniores/Séniore	01:00:57	01:00:08
885	2384	José António de Oliveira Ribeiro da Silva	M		VET 40	01:00:59	00:59:45
886	2702	Américo Martins	M	Até os comemos	VET 40	01:00:59	00:59:24
887	1079	rui ferraz	M		VET 35	01:01:00	00:59:26
888	3384	EMANUEL MOTA	M		VET 40	01:01:00	01:00:19
889	1250	Adelina Freitas	F		VET 45	01:01:00	01:00:27
890	2767	Fernanda Coelho	F		VET 50	01:01:02	01:00:47
891	3660	Miguel Veloso	M		VET 35	01:01:04	01:00:15
892	1419	OSVALDO HUGO RITO DA COSTA	M	RUN4FUN	Juniores/Séniore	01:01:05	01:00:12
893	3804	Sofia Reis	F	Nascidos para Correr	Juniores/Séniore	01:01:08	01:00:54
894	3163	Rui Costa	M	rmcosta	VET 45	01:01:10	00:59:47
895	3167	Gustavo Costa	M	rmcosta	Juniores/Séniore	01:01:10	00:59:47
896	3397	João Xavier	M	Clube Millennium BCP	Juniores/Séniore	01:01:14	00:58:39
897	3333	JORGE ALVES OLIVEIRA	M	BTTRAIN	VET 60	01:01:16	01:01:02
898	3492	Miguel Campos	M	Lecinhas & Alfinetes	VET 45	01:01:17	01:00:40
899	3421	Vitor Barros	M	FireTeam	Juniores/Séniore	01:01:18	00:57:29
900	3380	Egil Silva	M	FireTeam	Juniores/Séniore	01:01:18	00:57:30
901	2742	José Eduardo Ferreira de Sousa	M		VET 45	01:01:20	01:00:35
902	2915	eduardo castro	M		VET 45	01:01:22	01:00:26
903	2980	João Manuel Dias Carvalho	M		VET 45	01:01:25	00:58:42
904	3405	Paula Carvalho	F	Clube Millennium BCP	VET 45	01:01:29	01:00:54
905	3661	Tiago Pereira	M		Juniores/Séniore	01:01:33	00:58:15
906	3368	VALTER BARBOSA	M	CCDT/STCP	VET 35	01:01:36	00:59:18
907	3584	marisa lourenço	F		VET 45	01:01:39	00:58:40
908	3860	Marta Sofia Alves Gonçalves	F		Juniores/Séniore	01:01:42	00:59:03
909	3668	Diogo Matos Pereira	M		Juniores/Séniore	01:01:44	00:59:19
910	3865	Bruno Ricardo Pinheiro Carinhas	M	Juntos somos mais fortes	VET 35	01:01:45	00:59:14
911	1136	Cláudia Colmonero	F		VET 35	01:01:45	01:01:06
912	3274	José Monteiro	M		Juniores/Séniore	01:01:57	00:56:08
913	3516	José Miguel Maia Costa	M		VET 35	01:02:00	00:59:56
914	1149	Bruno Filipe Silva Pereira	M		Juniores/Séniore	01:02:00	00:58:49
915	3411	Nelson Costa	M	Runners on Fire	Juniores/Séniore	01:02:07	01:00:54
916	2727	Paula Paiva	F		VET 50	01:02:09	01:01:40
917	1418	ANA RIA RITO DA COSTA	F	RUN4FUN	Juniores/Séniore	01:02:15	01:01:23
918	1420	OSVALDO JOSE MOURÃO DA COSTA	M	RUN4FUN	VET 50	01:02:15	01:01:23
919	2841	Sandra Pereira	F	LION RUNNERS - G.D. Leões da Guarda	VET 40	01:02:28	01:01:16
920	3431	Clara Rua	F		VET 45	01:02:29	01:00:53
921	2419	Óscar Rodrigues	M		Juniores/Séniore	01:02:32	01:00:05
922	1088	Andreia Dias	F	Monte dos Amigos /juventude das ribeiras	VET 35	01:02:33	01:02:00
923	1082	Tiago Neiva	M	Monte dos Amigos /juventude das ribeiras	VET 35	01:02:33	01:02:00

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
924	2851	José Bonifácio	M	OS FELIZES	VET 40	01:02:34	01:02:01
925	3072	Daniel Lopes	M		Juniores/Séniore	01:02:37	01:01:48
926	3565	Fernanda Magalhães	F	All About Spirit Team	VET 40	01:02:37	01:01:40
927	3080	sergio silva	M		VET 35	01:02:56	01:02:20
928	2808	Eduardo Silva	M		VET 40	01:02:56	01:02:21
929	3175	Marta Reguengo	F	rmcosta	Juniores/Séniore	01:02:57	01:01:34
930	3172	Claudia Moura	F	rmcosta	VET 40	01:02:57	01:01:36
931	3350	Ana Cristina G.C. Fonseca	F	Bike4nyc8r's	VET 45	01:03:00	01:02:08
932	3285	claudia sofia da costa santos	F		VET 35	01:03:03	01:00:37
933	3600	Joaquim Jose Brandao da Rocha	M		VET 40	01:03:04	01:02:16
934	2062	Pedro Barros	M		VET 45	01:03:04	01:00:15
935	3396	Ita Couceiro	F	FireTeam	Juniores/Séniore	01:03:05	00:59:23
936	2959	Luís Miguel Azevedo Rebelo	M	Team Neu Kick	Juniores/Séniore	01:03:07	01:02:10
937	3414	irineu de deus fernandes	M	tkn	VET 60	01:03:08	01:02:11
938	3593	miguel silva	M		VET 50	01:03:10	01:00:58
939	3140	Joaquim José Soares Silva	M	Águas do Porto - Casa dos Trabalhadores	VET 45	01:03:15	01:01:08
940	3790	Tiago Filipe Santos e Silva	M	Trucking	Juniores/Séniore	01:03:16	01:00:09
941	3428	José Guedes	M		Juniores/Séniore	01:03:17	01:00:13
942	3311	André Filipe Lopes Augusto	M	Clube Portugal Telecom Zona Norte	VET 35	01:03:26	01:02:59
943	2972	LILIANA SANTIAGO	F	IRON RUNNERS	VET 35	01:03:29	01:02:29
944	2990	Adelaide Brandão	F	Os avenses	VET 40	01:03:29	01:02:31
945	2987	Paulo Pinheiro	M	Os avenses	VET 40	01:03:29	01:02:31
946	3612	Ricardo Manuel Lopes Costa	M		VET 35	01:03:30	01:02:26
947	3063	Marta Ambrósio	F	Speedy Gonçalves	Juniores/Séniore	01:03:31	01:02:37
948	2861	jose manuel telinhos de matos	M		VET 40	01:03:34	01:00:30
949	3117	Luis Faria	M		Juniores/Séniore	01:03:37	01:02:27
950	2855	Diana Carneiro	F	Os Fugitivos da Crise	VET 40	01:03:39	01:01:46
951	2850	Daniel Machado	M	Os Fugitivos da Crise	VET 35	01:03:39	01:01:45
952	2960	rui lobo machado	M		VET 45	01:03:43	01:02:54
953	2964	Rodrigo Lobo Machado	M		Juniores/Séniore	01:03:43	01:02:53
954	3518	JOSE M C VIEIRA	M		VET 50	01:03:43	01:01:26
955	3070	Suellen Barboza	F	Speedy Gonçalves	Juniores/Séniore	01:03:49	01:02:55
956	3046	Ana Teixeira	F	Centro Atletismo do Porto - CAP	VET 50	01:03:52	01:03:32
957	1063	Marta Almeida	F		Juniores/Séniore	01:03:54	01:03:10
958	3059	Ana Luísa	F		Juniores/Séniore	01:04:00	01:02:46
959	2177	ANDREIA LEITE	F	FARMACIA LIMA	Juniores/Séniore	01:04:02	01:03:24
960	2236	RUI BARROS	M	FARMACIA LIMA	Juniores/Séniore	01:04:02	01:03:23
961	2136	MARCO FERREIRA	M	FARMACIA LIMA	VET 40	01:04:02	01:03:25
962	2235	PEDRO TAVARES	M	FARMACIA LIMA	Juniores/Séniore	01:04:02	01:03:23
963	3573	Mariana Costa Queirós	F	Pokemónes	Juniores/Séniore	01:04:03	01:01:42
964	3181	alberto neto	M		VET 60	01:04:12	01:04:03
965	3560	Pedro Nuno Pereira de Sousa Rodrigues	M		VET 40	01:04:12	01:02:25
966	2802	Adriana Gravato	F		VET 45	01:04:14	01:03:05
967	3205	Liliana Fagundes	F		Juniores/Séniore	01:04:16	01:01:51

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
968	3133	Dulce Neves	F	CORRER LEÇA	VET 35	01:04:22	01:03:20
969	3130	António Barros	M	CORRER LEÇA	VET 40	01:04:22	01:03:22
970	3159	Nelma Oliveira	F	CORRER LEÇA	VET 35	01:04:23	01:02:07
971	3173	José Carlos Fernandes	M		VET 40	01:04:23	01:02:09
972	2983	Márcia Santos	F		Juniores/Séniore	01:04:23	01:03:56
973	2684	Artur Fonseca	M	Ruptura Total	VET 35	01:04:32	01:02:54
974	3135	verónica alexandra de jesus sousa maia	F	mafriends	VET 35	01:04:34	01:03:27
975	1140	Sónia Pereira	F	As Gazelas	Juniores/Séniore	01:04:36	01:02:27
976	1142	Rui Miranda	M	As Gazelas	Juniores/Séniore	01:04:36	01:02:27
977	2687	Luis Miranda Pedro	M		VET 40	01:04:47	01:03:53
978	3862	Mariana Gouveia	F		Juniores/Séniore	01:04:52	01:04:19
979	3496	Ana Isabel Santos Oliveira	F	LION RUNNERS - G.D. Leões da Guarda	Juniores/Séniore	01:04:53	01:04:03
980	3495	Pedro Bernardes	M	LION RUNNERS - G.D. Leões da Guarda	Juniores/Séniore	01:04:53	01:04:04
981	3248	João Lopes	M		VET 50	01:04:59	01:03:57
982	3455	Ana Paula Silva	F		VET 50	01:05:08	01:04:16
983	3407	Maria Horta	F	Trio Maravilha	VET 55	01:05:14	01:05:01
984	3793	António José Queiroz	M	Gondomar Futsal Clube	VET 55	01:05:14	01:03:55
985	3791	Mário Ribeiro	M	Gondomar Futsal Clube	VET 45	01:05:15	01:03:55
986	1294	Júlio Pina	M		VET 60	01:05:21	01:04:19
987	2796	Maria Inês Brandão	F	Ratos Do Asfalto	Juniores/Séniore	01:05:23	01:04:13
988	2800	Tiago Cardoso	M	Ratos Do Asfalto	Juniores/Séniore	01:05:23	01:04:14
989	3354	Nuno Vasconcelos	M		Juniores/Séniore	01:05:34	01:05:13
990	2746	Tanya Mendes	F		Juniores/Séniore	01:05:35	01:04:45
991	2393	Susana Leite	F		VET 35	01:05:37	01:03:11
992	3318	Eduardo Nuno Mouta Faria	M	Clube Portugal Telecom Zona Norte	VET 45	01:05:42	01:03:41
993	2949	José Francisco Mendes Pacheco	M		VET 45	01:05:42	01:03:46
994	3191	Jorge Marialva	M	Marialvas	VET 35	01:05:43	01:03:46
995	3168	Sana	F	RPL	VET 35	01:05:51	01:04:52
996	3480	Maria Isabel de Castro Oliveira	F		VET 40	01:05:52	01:04:54
997	3491	Goreti Ferraz	F	Lecinhas & Alfinetes	VET 45	01:05:53	01:05:16
998	2928	Manuel Rocha	M	Clube Galp Energia Norte	VET 60	01:05:58	01:05:37
999	3394	Angela Mota	F	Clube Millennium BCP	VET 45	01:06:04	01:03:32
1000	3339	abilio brandao	M		VET 60	01:06:05	01:03:01
1001	3107	Ricardo Teixeira	M		VET 35	01:06:13	01:05:12
1002	3074	José Miguel Pinto Barbosa	M		VET 40	01:06:14	01:05:12
1003	2751	maria queimado	F		VET 45	01:06:17	01:05:11
1004	2836	Jose pacheco	M		VET 50	01:06:18	01:04:26
1005	3588	Pedro Gil de Vasconcelos Feio e Almeida	M		Juniores/Séniore	01:06:21	01:04:15
1006	2793	Filipa Gomes	F	kikos	VET 35	01:06:22	01:03:59
1007	3349	Rui Martins	M	Clube Millennium BCP	VET 50	01:06:22	01:06:06
1008	3388	eugenia afonso	F		VET 40	01:06:37	01:04:24
1009	3089	Carla Sofia Fonseca Neves	F		Juniores/Séniore	01:06:39	01:01:46
1010	2974	Pedro Lobo Machado	M		Juniores/Séniore	01:06:41	01:05:52
1011	3602	João Luís Graça	M	Mister e Pupilos	VET 60	01:06:46	01:05:45

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1012	3601	Pedro Gavina	M	Mister e Pupilos	VET 40	01:06:47	01:05:45
1013	3603	Sérgio Alves	M	Mister e Pupilos	VET 40	01:06:47	01:05:46
1014	3580	Jorge Rebelo	M	G. D. Bairro dos Pescadores de Matosinhos	VET 40	01:06:50	01:06:40
1015	2998	Ricardo Teixeira	M		VET 35	01:06:54	01:06:48
1016	2869	Miguel Braga	M	NUTRIBARROSAS	VET 55	01:06:57	01:04:37
1017	3254	Joana Silva	F		Juniores/Séniore	01:06:58	01:06:14
1018	3620	Sara Vigário	F	Metralhas Runners	VET 35	01:06:58	01:06:14
1019	1346	Pedro Filipe Pinto Barbosa	M		Juniores/Séniore	01:07:01	01:04:35
1020	2709	Sara Rocha	F		Juniores/Séniore	01:07:04	01:06:27
1021	2979	Liliana Joaquim	F	APDL	VET 35	01:07:12	01:06:49
1022	2720	Marlene Sofia Pereira Pinheiro	F		Juniores/Séniore	01:07:12	01:06:49
1023	2741	Isabel Maria Pereira Torres	F	APDL	VET 35	01:07:18	01:06:55
1024	3544	Joana Cristina M Magalhães	F		Juniores/Séniore	01:07:29	01:06:42
1025	3328	Paulo Terra Seca	M		VET 45	01:07:30	01:06:44
1026	3606	José Novo	M		VET 35	01:07:32	01:05:16
1027	3210	Luis Miguel de Oliveira Dias	M		VET 50	01:07:37	01:05:12
1028	3269	Ana Mota	F	G.D. Leões da Agra	VET 35	01:07:39	01:05:23
1029	3341	Carlos Cardoso	M	Clube Millennium BCP	VET 50	01:07:42	01:05:02
1030	2805	Álvaro Pacheco	M		Juniores/Séniore	01:07:51	01:07:23
1031	2829	Raquel Sousa	F	OS FELIZES	VET 35	01:07:57	01:07:23
1032	1258	Maria Jorge Gomes Costa de Sá Dantas Morais	F	CMC	VET 40	01:07:58	01:05:39
1033	1260	Joaquim Santos	M	CMC	VET 50	01:07:58	01:05:39
1034	2816	felicidade carneiro	F	OS FELIZES	VET 40	01:07:59	01:07:25
1035	2765	Maria Santos	F		VET 50	01:08:07	01:07:39
1036	2757	Michael Silva	M		Juniores/Séniore	01:08:07	01:07:40
1037	3490	Raquel Santos	F	Lecinhas & Alfinetes	Juniores/Séniore	01:08:09	01:07:33
1038	3281	Miguel Castelo Branco	M		VET 45	01:08:09	01:07:23
1039	2849	Sandra Sa Novo	F	Metralhas Runners	VET 35	01:08:09	01:07:24
1040	1298	Carlos Ricardo Vieira	M		VET 35	01:08:12	01:05:56
1041	3323	Aldemira Antónia Martins Guerra	F		VET 35	01:08:12	01:05:57
1042	3599	António Pratinha	M		VET 35	01:08:14	01:04:44
1043	3792	Hugo Costa	M	Gondomar Futsal Clube	VET 45	01:08:25	01:07:11
1044	3086	Maria Virgínia Gonçalves Machado Rocha Pires	F		VET 45	01:08:47	01:07:32
1045	3859	Manuel Carlos Gonçalves	M		VET 55	01:09:00	01:06:20
1046	2833	BRUNA SANTOS	F	OS FELIZES	Juniores/Séniore	01:09:16	01:08:41
1047	3424	Fátima Lopes	F	Trofa Runners	VET 60	01:09:17	01:09:12
1048	2696	Ana Monteiro	F		Juniores/Séniore	01:09:17	01:06:52
1049	2823	Pedro Cunha	M	PT Lovers	Juniores/Séniore	01:09:24	01:06:36
1050	2828	Ana Isabel Alves Pinto	F	PT Lovers	Juniores/Séniore	01:09:24	01:06:37
1051	3058	Isabel Lemos	F	APDL	VET 35	01:09:35	01:08:50
1052	3271	rogerio marques de figueiredo	M		VET 55	01:09:35	01:06:50
1053	2866	Jose Moreira	M		VET 40	01:09:36	01:07:38
1054	2753	Pedro Castro	M		VET 40	01:09:36	01:07:38
1055	3290	Paula Matos	F	CEBES Running	VET 35	01:09:39	01:08:48



Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1056	2830	Liliana Coelho	F	kandimba running	VET 35	01:09:39	01:09:08
1057	1064	Hermenegildo Pinto	M		VET 60	01:09:41	01:07:38
1058	2945	Sandra Ferreira	F	Clinica Nova de Joane	VET 35	01:09:45	01:09:07
1059	3217	Claudia Vilela	F		VET 35	01:09:54	01:07:36
1060	3203	Hugo Teixeira	M		Juniores/Séniore	01:09:54	01:07:35
1061	1138	Susana Teixeira	F	As Gazelas	VET 40	01:10:04	01:07:55
1062	1139	Ricardo Nuno Saldanha Teixeira	M	As Gazelas	VET 40	01:10:04	01:07:55
1063	3590	Antonio Nunes	M		VET 45	01:10:33	01:10:05
1064	3344	Joaquim Silva	M		VET 40	01:10:39	01:07:12
1065	3348	Paulo Silva	M		VET 45	01:10:40	01:07:11
1066	2740	José Organista	M	Nós conseguimos	VET 40	01:10:42	01:09:58
1067	2969	Carlos Soares	M	Nós conseguimos	VET 40	01:10:42	01:09:58
1068	2743	Maria Ernestina	F	Nós conseguimos	VET 35	01:10:43	01:09:58
1069	3592	David de Sousa	M		VET 60	01:10:45	01:10:34
1070	2961	MONICA CUNHA	F		Juniores/Séniore	01:10:50	01:05:10
1071	2951	José Nuno Maio	M		Juniores/Séniore	01:10:52	01:05:12
1072	3235	Francisca Queirós	F		Juniores/Séniore	01:11:08	01:10:05
1073	3493	Susana Pinheiro	F		Juniores/Séniore	01:11:13	01:05:25
1074	3494	Ana Reis	F		Juniores/Séniore	01:11:13	01:05:25
1075	2827	alberto ferreira	M		VET 55	01:11:22	01:07:13
1076	2379	Sara Ribeiro	F	Corre Costa	Juniores/Séniore	01:11:35	01:09:23
1077	1108	Joao Baia	M		VET 50	01:11:36	01:10:51
1078	3108	Marco Pinto	M		Juniores/Séniore	01:11:43	01:08:31
1079	1118	Hugo Guimarães	M		Juniores/Séniore	01:11:50	01:11:41
1080	3156	Ana Duarte	F	CORRER LEÇA	VET 35	01:12:03	01:11:02
1081	2097	JOANA SILVA	F		Juniores/Séniore	01:12:09	01:10:04
1082	2099	Paulo Amorim	M		Juniores/Séniore	01:12:09	01:10:04
1083	3337	DEOLINDA HENRIQUES SILVA ALVES	F	SPORT CLUB CONIMBRICENSE	VET 60	01:12:18	01:12:04
1084	3410	Pedro Novais	M		Juniores/Séniore	01:12:55	00:51:47
1085	3247	José Esperança	M	Pés Nukú	VET 60	01:13:24	01:12:19
1086	2797	Raquel Santos	F		VET 35	01:13:29	01:12:14
1087	3252	Helena Esperança	F	Pés Nukú	VET 40	01:13:31	01:12:26
1088	2387	Anabela Borges	F		VET 40	01:13:33	01:12:30
1089	3145	Paulo Jorge Oliveira Neves	M	Águas do Porto - Casa dos Trabalhadores	VET 35	01:13:35	01:11:44
1090	3515	Ana Rita Osório	F	Águas do Porto - Casa dos Trabalhadores	Juniores/Séniore	01:13:35	01:11:44
1091	3644	Anibal Ferreira	M	Castro Poças	Juniores/Séniore	01:13:48	01:12:56
1092	2391	Tiago Miguel Lopes Guardão	M	Guardão	Juniores/Séniore	01:13:48	01:12:56
1093	3643	Fernando Ferreira	M	Castro Poças	VET 45	01:13:48	01:12:56
1094	2842	Florinda Guimarães	F	OS FELIZES	VET 40	01:14:00	01:13:26
1095	2956	Paulo Cardoso	M		VET 40	01:14:27	01:13:46
1096	3489	Oriana Moreira	F	Lecinhas & Alfinetes	Juniores/Séniore	01:14:50	01:14:14
1097	3162	Jorge Gomes	M	CORRER LEÇA	VET 40	01:15:01	01:12:46
1098	3472	Rui Manuel dos Santos Neves	M		VET 45	01:15:13	01:14:07
1099	3574	Carlos André Manta Oliveira	M	Pokemónes	VET 35	01:15:26	01:13:06

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1100	3418	Maria Ferreira	F	APDL	VET 45	01:15:31	01:14:42
1101	3854	Mário Rodrigues	M	CCD APDL	VET 40	01:15:31	01:14:43
1102	2733	Jose Domingos Seca Teixeira	M		VET 45	01:15:40	01:13:16
1103	3456	Celestina Pinheiro	F	Clube de Pessoal EDP Porto	VET 55	01:15:56	01:15:33
1104	2670	Ana Luísa Gómez Marques Pinto	F	Clube do Pessoal EDP - Delegação de Gaia	VET 40	01:16:13	01:14:46
1105	2059	Maria Oliveira	F		Juniores/Séniore	01:16:20	01:13:31
1106	2381	Rosa Costa	F	Corre Costa	VET 55	01:16:35	01:14:22
1107	2383	Sara Júlio	F	Corre Costa	Juniores/Séniore	01:16:35	01:14:23
1108	3520	FATIMA M C GONÇALVES	F		VET 50	01:16:43	01:14:25
1109	3572	Lúcia Maria Oliveira Rodrigues	F		VET 50	01:16:53	01:14:41
1110	3206	Maria Ester Tavares de Matos Dias	F		VET 45	01:17:06	01:14:43
1111	2967	Helena Roxo	F	Monte dos Amigos /juventude das ribeiras	VET 40	01:17:30	01:16:57
1112	1094	Sandra Lopes	F	Monte dos Amigos /juventude das ribeiras	VET 40	01:17:30	01:16:57
1113	3300	Ângela Dias	F	Monte dos Amigos /juventude das ribeiras	Juniores/Séniore	01:17:30	01:16:57
1114	1092	Sonia Silva	F	Monte dos Amigos /juventude das ribeiras	VET 40	01:17:30	01:16:57
1115	3563	Carla Campos	F	ATHLON RUNNER'S	VET 40	01:17:59	01:17:00
1116	3383	Diana Margarida Domingues Amaral	F	FireTeam	Juniores/Séniore	01:18:25	01:14:44
1117	3188	Sandra Ribeiro	F		VET 35	01:19:03	01:16:52
1118	3399	Miguel Tavares	M	FireTeam	Juniores/Séniore	01:19:59	01:16:12
1119	2086	Rui Telmo Dias Ferreira	M		VET 40	01:20:00	01:18:03
1120	3303	Nuno Alfredo Gonçalves Cruz	M		VET 40	01:20:02	01:18:05
1121	3423	Ângela Oliveira	F		VET 50	01:20:03	01:19:36
1122	3040	Sónia Margarida Santos Gonçalves de Madureira	F	All About	VET 40	01:20:03	01:19:32
1123	2982	Sónia Cristina Silva Colaço	F		Juniores/Séniore	01:21:28	01:20:11
1124	3308	Joana Alegria Martins Mota de Almeida	F	Clube Portugal Telecom Zona Norte	Juniores/Séniore	01:22:40	01:21:29
1125	3304	Luís Filipe Mesquita Cardoso	M	Clube Portugal Telecom Zona Norte	VET 40	01:22:41	01:21:29
1126	3111	Maria Manuela Silva	F		Juniores/Séniore	01:22:44	01:21:15
1127	3395	Alberto Silva	M		VET 50	01:22:44	01:19:49
1128	3061	Ricardo Tavares	M		Juniores/Séniore	01:22:55	01:18:20
1129	3545	Maria Fernanda Monteiro	F		VET 55	01:22:56	01:22:09
1130	2734	Rosa Leal	F		Juniores/Séniore	01:23:04	01:20:28
1131	2737	António Martins	M		Juniores/Séniore	01:23:04	01:20:28
1132	3594	Dina Ramos Neves	F		VET 45	01:24:09	01:21:35
1133	3404	Tó Zé martins	M	Nocturnos Paredes	Juniores/Séniore	01:24:21	01:22:01
1134	3511	ISIDRO SILVA	M	LIDADOR TEAM	VET 45	01:24:45	01:18:46
1135	3512	MARIA JOSE	F	LIDADOR TEAM	VET 45	01:24:45	01:18:46
1136	3408	Ana Martins	F	Nocturnos Paredes	VET 35	01:24:55	01:22:36
1137	2697	Carlos Ferreira	M	Até os comemos	Juniores/Séniore	01:25:06	01:23:32
1138	2941	ana rita sousa	F	os barriguitas	Juniores/Séniore	01:26:06	01:24:46
1139	3109	Pedro Nuno Teixeira Mesquita	M		VET 35	01:27:08	01:25:38
1140	3105	Elsa Araujo	F		VET 35	01:27:09	01:25:39
1141	1126	Ana Rute Vaz	F		Juniores/Séniore	01:28:46	01:28:03
1142	1127	Marta Almada	F	Bolacheira	Juniores/Séniore	01:28:46	01:28:03
1143	1129	Inês Martins	F		Juniores/Séniore	01:28:46	01:28:03

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1144	1128	Maria Luís	F		Juniores/Séniore	01:29:31	01:28:48
1145	2986	Sara Manuela Correia Martins	F		VET 35	01:36:24	01:35:07
1146	2988	Susana Cristina Rodrigues Oliveira Franco	F		VET 40	01:36:24	01:35:10
1147	2431	Álvaro Simões Madureira Vasconcelos	M	F.C Porto	VET 60	01:36:24	01:35:24
1148	2432	Maria Lourdes Silva Vasconcelos	F	Leixões S.C	VET 60	01:36:24	01:35:24
1149	3387	Daniela Alexandra Mateus Queiroz	F	FireTeam	VET 35	01:39:24	01:35:41
1150	3390	Claudia Patricia Silva Ferreira	F	FireTeam	Juniores/Séniore	01:39:25	01:35:41
1151	3658	Ana Catarina da Silva Ferreira	F	FireTeam	Juniores/Séniore	01:39:25	01:35:42
	3622	António Pereira	M	Individual	VET 40	00:45:04 (desq.)	00:44:07
	3374	UMBERTO FERREIRA	M		VET 55	00:49:08 (desq.)	00:47:58
	2711	Ana Paula Monteiro Moreira de Carvalho	F		VET 40	00:51:21 (desq.)	00:48:05
	3150	Abilio Alves	M	AMIGOS DA QUINTA DA PICUA	VET 50	00:53:29 (desq.)	00:53:19
	3345	Alberto carlos Martins Meireles	M	APDL	VET 50	00:54:31 (desq.)	00:51:08
	3810	Paula Nogueira	F	Nascidos para Correr	VET 45	00:54:38 (desq.)	00:54:21
	3286	Héio Aleixo	M		VET 35	00:54:39 (desq.)	00:52:39
	3250	Francisco Alberto Pinheiro Macedo	M		VET 35	00:57:14 (desq.)	00:54:59
	3436	Laura Manuela Mauricio Capelas Andrade	F		VET 60	00:57:28 (desq.)	00:53:47
	3438	Lídia Susana Romualdo Major	F	APDL	Juniores/Séniore	00:57:29 (desq.)	00:53:48
	2666	Carlos Pinto	M		VET 60	00:59:28 (desq.)	00:58:19
	2924	Fernando Carvalho	M	Clube Galp Energia Norte	VET 60	01:00:34 (desq.)	00:59:58
	3324	alberto melo	M	cabe	VET 60	01:03:55 (desq.)	01:02:53
	2886	Isabel Lopes	F	LION RUNNERS - G.D. Leões da Guarda	VET 50	01:04:45 (desq.)	01:02:26
	1054	Nazaré Marques	F		VET 60	01:12:26 (desq.)	01:11:44
	3392	Joana Filipa Domingues de Oliveira	F	FireTeam	Juniores/Séniore	01:19:59 (desq.)	01:16:17