

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1	2674	Hugo Santos	M	ACDSJS	Juniores/Séniore	00:32:02	00:32:02
2	2218	Vitor Oliveira	M	Maia AC	VET 35	00:32:03	00:32:03
3	2219	Jorge Santa cruz	M	S.C. Braga	Juniores/Séniore	00:32:09	00:32:09
4	2241	António Fernandes	M	G.D.C. do Guilhovai	VET 50	00:32:54	00:32:54
5	1186	ANTONIO SOUSA	M	RIPOLINS GRIJÓ A CORRER	VET 45	00:34:34	00:34:31
6	2593	Sérgio Paiva	M	Afis/Ovar	Juniores/Séniore	00:34:42	00:34:39
7	2111	NUNO SILVA	M	CAL - Clube Atletismo de Lamas	VET 40	00:34:51	00:34:51
8	1858	Hugo Bastos	M	CCD APDL	VET 35	00:35:00	00:35:00
9	1019	Ulisses Carneiro Lopes	M		VET 50	00:35:04	00:35:01
10	2475	Rui Veloso	M	S. Salvador do Campo	VET 40	00:35:17	00:35:17
11	2642	António Silva	M	NASCIDOS PARA CORRER	VET 45	00:35:19	00:35:16
12	1849	Hernâni Furtado	M	Sporting Clube De Espinho / António Leitão	VET 35	00:35:21	00:35:18
13	1857	Paulo Reis	M	Sporting Clube De Espinho / António Leitão	VET 50	00:35:22	00:35:18
14	1512	Joaquim Alves	M	NASCIDOS PARA CORRER	VET 45	00:35:31	00:35:27
15	2220	Pedro Ferreira	M	Sport Lisboa e Benfica	Juniores/Séniore	00:35:31	00:35:31
16	1141	Rui Gomes	M	Douroconta-Gabinete de Apoio e Contabilidade. Lda	VET 40	00:35:35	00:35:35
17	2511	Marisa Barros	F	S.C. Salgueiros	VET 35	00:35:37	00:35:37
18	2235	jorge cunha	M	U.D.Várzea	VET 40	00:35:40	00:35:37
19	1863	Pedro Gama	M	CCD APDL	VET 40	00:35:44	00:35:44
20	1098	Hugo Moreira	M	Douroconta-Gabinete de Apoio e Contabilidade. Lda	Juniores/Séniore	00:35:46	00:35:46
21	1854	Ricardo Ferreira	M	Sporting Clube De Espinho / António Leitão	VET 40	00:35:46	00:35:46
22	1636	Ricardo Gomes	M	Sporting Clube De Espinho / António Leitão	Juniores/Séniore	00:35:51	00:35:48
23	2223	Paulo Rocha	M	RunRiver-Escola Atletismo de Rio Tinto	VET 35	00:35:55	00:35:51
24	1625	José Cabral	M	Juntos somos Um	VET 55	00:35:57	00:35:54
25	1834	Paulo Costa	M	Viriathvs Runners Viseu	VET 50	00:36:03	00:35:57
26	1498	José S Moreira	M	S. Salvador do Campo	VET 45	00:36:06	00:36:03
27	1891	Sérgio Ferreira	M	CCD APDL	VET 35	00:36:09	00:36:09
28	2331	Hélder Soares	M		Juniores/Séniore	00:36:20	00:36:16
29	2253	Marco Pereira	M	C F Vilacondense	VET 35	00:36:22	00:36:15
30	1345	Pedro Barbosa	M	A.R. Luz e vida Gondomarense	Juniores/Séniore	00:36:23	00:36:20
31	2473	Nuno Queiroz	M	clube desportivo s.salvador do campo	VET 40	00:36:27	00:35:49
32	1221	José Almeida	M		VET 40	00:36:28	00:36:28
33	1882	João Teixeira	M	CCD APDL	VET 55	00:36:35	00:36:35
34	1594	António Pinto	M	ACR de Vale de Cambra	VET 50	00:36:38	00:36:38
35	2782	André Silva	M	Bial Running	Juniores/Séniore	00:36:46	00:36:35
36	1140	Tiago Oliveira	M	Sporting Clube De Espinho / António Leitão	VET 35	00:36:49	00:36:46
37	2405	Ricardo Barros	M	Douroconta-Gabinete de Apoio e Contabilidade. Lda	Juniores/Séniore	00:36:51	00:36:51
38	1496	Hugo Santos	M	NASCIDOS PARA CORRER	VET 35	00:36:58	00:36:44
39	1934	Sérgio Silva	M	Mss Contabilidade Trail Team	VET 35	00:37:02	00:36:54
40	1582	Paulo Pilroto	M	NASCIDOS PARA CORRER	VET 45	00:37:04	00:37:04
41	2760	Tiago Lages	M	salgueiros running	Juniores/Séniore	00:37:04	00:36:58
42	2226	Carlos Queirós	M	A. D. Amarante Atletismo	Juniores/Séniore	00:37:12	00:37:09
43	1122	fernando pereira	M	ad lustosa	VET 50	00:37:14	00:37:10
44	1156	José Mota	M	NASCIDOS PARA CORRER	VET 55	00:37:15	00:37:05

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
45	1847	Pedro Carvalho	M	CCD APDL	VET 40	00:37:23	00:37:23
46	1539	Manuel Cardoso	M	NASCIDOS PARA CORRER	VET 50	00:37:31	00:37:27
47	2673	Justyna Wojcik	F	ACDSJS	Juniores/Séniore	00:37:35	00:37:33
48	2629	Filipe Almeida	M		VET 35	00:37:37	00:37:34
49	1862	Augusto Aluai	M	Sporting Clube De Espinho / António Leitão	VET 50	00:37:42	00:37:38
50	1786	José de Jesus Graça	M	ACR Vale de Cambra	VET 55	00:37:50	00:37:48
51	1165	Cláudio Fonseca	M	Vivalley Runners	VET 40	00:37:52	00:37:26
52	2044	Mário Gonçalves	M	GDR Juventude das Ribeiras	VET 50	00:37:54	00:37:48
53	2484	Miguel M Figueiredo	M	Individual	VET 45	00:37:59	00:37:57
54	2485	Andreia Cunha	F	Individual	Juniores/Séniore	00:37:59	00:37:59
55	2792	António Jesus	M	NASCIDOS PARA CORRER	VET 50	00:38:07	00:37:56
56	2063	Carlos Gomes	M	salgueiros running	VET 35	00:38:08	00:38:06
57	1385	Renato Almeida	M		Juniores/Séniore	00:38:15	00:38:02
58	1154	Nuno Araujo	M	Olimpico Vianense Trail	VET 40	00:38:18	00:38:12
59	2221	Laura Silva	F	Aguias Alvelos	Juniores/Séniore	00:38:20	00:38:16
60	1161	Adriano Fonseca	M	Vivalley Runners	VET 35	00:38:23	00:38:09
61	2312	Bruno Filipe da Silva Caetano	M	olimpico clube de lagos	Juniores/Séniore	00:38:26	00:38:26
62	2556	Daniel Monteiro	M	Academia Fernanda Ribeiro	Juniores/Séniore	00:38:27	00:38:22
63	1794	Carlos Dias	M		VET 50	00:38:27	00:38:23
64	1687	Gabriel Meira	M	EDV Viana trail	VET 40	00:38:28	00:38:14
65	2747	Niata	F	Ginásio Clube de Bragança	Juniores/Séniore	00:38:32	00:38:32
66	2472	Albano silva	M	clube desportivo s.salvador do campo	VET 35	00:38:33	00:38:09
67	1896	Nuno Pinto	M	CCD APDL	Juniores/Séniore	00:38:39	00:38:39
68	2777	André Neves	M	Bial Running	VET 40	00:38:40	00:38:34
69	2759	Filipe Carneiro	M	Asphalt Assault Team	Juniores/Séniore	00:38:42	00:38:16
70	1940	José Novo	M	G. D. Leões da Agra	VET 35	00:38:43	00:38:27
71	2571	Rui Almeida	M	Centro Municipal Marcha Corrida Vale de Cambra/rpbikeshop	VET 40	00:38:43	00:38:43
72	1826	Ricardo Pereira	M		VET 35	00:38:45	00:38:27
73	2590	Helio	M		VET 35	00:38:45	00:38:28
74	2566	Eduardo pinto sousa	M	Carcavelos sinergie	VET 60	00:38:47	00:38:43
75	2496	José Fernando Torres da Costa	M		VET 50	00:38:47	00:38:47
76	2534	João Pereira	M		Juniores/Séniore	00:38:47	00:38:31
77	1649	Sérgio Miguel Lopes Monteiro	M	Sardonisca Runners	Juniores/Séniore	00:38:52	00:38:42
78	2247	Armando Rosa	M		VET 50	00:38:54	00:38:47
79	1463	Domingos Santos	M	NASCIDOS PARA CORRER	VET 35	00:38:56	00:38:53
80	1755	Paulo Oliveira	M	Sporting Clube De Espinho / António Leitão	VET 45	00:38:56	00:38:51
81	1501	José Marques	M	C A Matosinhos	VET 45	00:38:58	00:38:54
82	1218	Rúben Sousa	M		Juniores/Séniore	00:38:59	00:38:50
83	1368	Hugo Ferreira	M	Gramidense IFC	VET 35	00:39:06	00:39:06
84	2570	Ricardo Tavares	M		VET 35	00:39:08	00:39:05
85	2239	Antonio Fernandes	M	Gdctenvc	VET 45	00:39:12	00:39:06
86	2786	Carlos Roberto	M	Nac	VET 40	00:39:14	00:39:10
87	1832	José Figueiredo	M	Afis/Ovar	VET 50	00:39:16	00:38:59
88	2554	Pedro Manuel Madrid Góngora	M	Academia Fernanda Ribeiro	VET 40	00:39:16	00:39:05

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
89	1933	José Henriques	M	Afis/Ovar	VET 40	00:39:18	00:39:14
90	2508	Fernando Gomes	M		VET 40	00:39:20	00:39:11
91	1373	PARATY	M		VET 35	00:39:20	00:38:53
92	2456	Braima Dabo	M	Maia atletico clube	Juniores/Séniore	00:39:28	00:39:28
93	2705	Augusto Castro	M	Sporting Clube De Espinho / António Leitão	VET 55	00:39:28	00:39:24
94	1507	Paulo Fernandes	M	Clube Veteranos Do Porto	VET 45	00:39:32	00:39:29
95	1454	Augusto Pereira	M	NASCIDOS PARA CORRER	VET 60	00:39:36	00:39:32
96	2757	Hélder Silva	M	Asphalt Assault Team		00:39:36	00:39:10
97	1713	JOSÉ SILVA	M	RIPOLINS GRIJÓ A CORRER	VET 45	00:39:38	00:39:35
98	2231	Manuel Guedes	M	cLUBE INDEPENDENTE DE aTLETISMO DE Alpendorada	VET 40	00:39:46	00:39:32
99	2230	Alcino Silva	M	cLUBE INDEPENDENTE DE aTLETISMO DE Alpendorada	VET 45	00:39:46	00:39:32
100	2225	Paula Soares	F	A. D. Amarante Atletismo	Juniores/Séniore	00:39:46	00:39:46
101	2365	José Gaspar	M	Aliança de Gandra	Juniores/Séniore	00:39:49	00:39:19
102	2664	César Teixeira	M	Gaia-Running	VET 45	00:39:50	00:39:04
103	1452	Ricardo Oliveira	M	Trepadores	Juniores/Séniore	00:39:55	00:39:48
104	2310	Agostinho carneiro	M	clube de Atletismo Estrelas do Marco	VET 50	00:39:56	00:39:37
105	2745	João Moço	M		VET 50	00:39:56	00:39:41
106	2635	Rui Carneiro	M	Grupo de Bombos ´´OS CORDOVENSES	Juniores/Séniore	00:39:59	00:39:59
107	1128	jorge Gonçalves	M	ACDSJS	Juniores/Séniore	00:40:09	00:40:05
108	2233	Joaquim Ribeiro	M	SC Braga	VET 50	00:40:10	00:40:06
109	2361	Nuno Monteiro	M	Aliança de Gandra	VET 40	00:40:19	00:39:51
110	2513	Tiago Vidal Leal	M		VET 45	00:40:20	00:39:55
111	1147	Pedro Serrano	M	Slow Down	VET 40	00:40:22	00:39:59
112	1749	João Barbosa	M	Xau aí	Juniores/Séniore	00:40:23	00:40:11
113	1058	paulo pires	M	AMA Associação Mondim Atletismo	VET 35	00:40:28	00:40:20
114	1217	Manuel Fonseca	M	Afis/Ovar	VET 55	00:40:28	00:40:11
115	2031	Jacinto Oliveira	M	sunset runners	VET 60	00:40:31	00:40:27
116	1300	André Dias	M	Gaia-Running	VET 40	00:40:32	00:40:24
117	2654	Adérito Silva	M	DIVE- Into the mountains	VET 35	00:40:41	00:40:27
118	1689	António Carvalho	M	Família Carvalho	VET 50	00:40:44	00:40:40
119	2042	Vitor Rachão	M	Centro de Atletismo do Porto	VET 60	00:40:47	00:40:43
120	2722	ANTONIO SILVA	M	RIPOLINS GRIJÓ A CORRER	VET 50	00:40:47	00:40:43
121	1267	Antonio Maltez	M		VET 60	00:40:48	00:40:33
122	1914	JORGE MANUEL MARINHO CABOUÇO	M	NOVÉLIA RUNNING AMARANTE	VET 40	00:40:48	00:40:44
123	1167	Ricardo Fonseca	M	Vivalley Runners	VET 45	00:40:51	00:40:16
124	2096	Luís	M	HPCon Runners	Juniores/Séniore	00:40:56	00:40:35
125	2360	Luís Silva	M	Aliança de Gandra	VET 35	00:40:58	00:40:28
126	1593	Ivo Alexandre Mendes de Oliveira Silva	M	Associação Beat your Limit	VET 35	00:40:59	00:40:51
127	2468	Pedro Miguel Meireles dos Santos	M	Associação Beat your Limit	VET 40	00:40:59	00:40:52
128	2717	Ricardo Queirós	M		VET 40	00:41:00	00:40:50
129	1733	Carlos Filipe Couto Pereira	M	FigueiróFit	Juniores/Séniore	00:41:00	00:40:55
130	2222	Liliana Rocha	F	RunRiver-Escola Atletismo de Rio Tinto	VET 35	00:41:01	00:40:56
131	2718	Albino Correia	M	Amigos do Atletismo Magna	VET 50	00:41:06	00:41:03
132	2363	Carlos Costa	M	Aliança de Gandra	Juniores/Séniore	00:41:13	00:40:44

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
133	2463	Rogério Eusebio Fernandes	M	OS MANGUELAS	VET 45	00:41:14	00:41:02
134	2510	José Macedo	M		VET 45	00:41:15	00:41:12
135	1070	André Ferreira	M		Juniores/Séniore	00:41:15	00:40:49
136	1169	Emanuel Santos	M	Tartarugas do Asfalto	VET 40	00:41:18	00:40:50
137	2013	Diamantino Martins	M	GDR Juventude das Ribeiras	VET 40	00:41:19	00:40:57
138	1442	António Pereira	M	NASCIDOS PARA CORRER	VET 60	00:41:20	00:41:10
139	1459	Domingos Presas	M	NASCIDOS PARA CORRER	VET 50	00:41:20	00:41:10
140	1575	Paulo Nascimento	M	NASCIDOS PARA CORRER	VET 40	00:41:20	00:41:08
141	1557	Nuno Vidal	M	NASCIDOS PARA CORRER	VET 40	00:41:20	00:41:10
142	1595	Pedro Peter	M	NASCIDOS PARA CORRER	VET 40	00:41:20	00:41:06
143	2092	Pedro Magalhães	M	Tartarugas do Asfalto	VET 40	00:41:23	00:40:56
144	1252	Luís Lima	M	Trofa Runners	Juniores/Séniore	00:41:24	00:41:13
145	1868	Paulo Moreira	M	CCD APDL	VET 45	00:41:28	00:41:24
146	1590	Jose Carlos Lacerda	M		VET 35	00:41:28	00:41:03
147	1401	joaquim cunha	M	Águas do Porto - Casa dos Trabalhadores	VET 50	00:41:29	00:41:17
148	2289	José Carlos Oliveira Pinto da Silva	M		VET 35	00:41:30	00:41:20
149	1517	Joaquim Pereira	M	NASCIDOS PARA CORRER	VET 50	00:41:31	00:41:27
150	2636	Pedro Guimarães	M	HPCon Runners	VET 40	00:41:32	00:41:14
151	1148	Francisco Castelo Branco	M		VET 50	00:41:35	00:41:32
152	2517	Miguel Esteves	M		VET 40	00:41:35	00:41:07
153	2568	António Francisco	M		VET 40	00:41:36	00:40:59
154	1874	José Monteiro	M	CCD APDL	VET 40	00:41:36	00:41:24
155	2040	Bruno Castro	M	GDR Juventude das Ribeiras	Juniores/Séniore	00:41:36	00:41:22
156	2315	Luis Carlos Ferreira Campos Lobo	M	All Titudes Trail Team	VET 45	00:41:37	00:41:26
157	2549	José Sá	M		VET 45	00:41:37	00:41:20
158	2706	Carlos Ferreira	M	Sporting Clube De Espinho / António Leitão	VET 40	00:41:38	00:41:34
159	1638	Adalberto Mota	M		VET 45	00:41:38	00:40:51
160	2719	José Serrano	M		VET 45	00:41:42	00:41:34
161	1491	Henrique Coelho	M	NASCIDOS PARA CORRER	VET 40	00:41:48	00:41:37
162	1655	JOSE FARO	M	Viriathvs Runners Viseu	VET 45	00:41:49	00:41:43
163	1116	Rui Pires	M	Viriathvs Runners Viseu	VET 40	00:41:51	00:41:46
164	1563	Octávio Sousa	M	NASCIDOS PARA CORRER	VET 55	00:41:52	00:41:38
165	1925	Filipe Póvoas	M	Mss Contabilidade Trail Team	Juniores/Séniore	00:41:52	00:41:45
166	1721	Joao Bandeira	M		VET 45	00:41:53	00:41:46
167	1448	José Manuel Gomes	M		VET 45	00:41:54	00:41:24
168	2376	Paulo Vilaça	M	Tugas na Estrada	VET 50	00:41:54	00:41:48
169	1851	Tiago Castro	M	CCD APDL	VET 35	00:41:54	00:41:50
170	2212	Mark Velhote	M	Vodafone	VET 40	00:41:55	00:41:50
171	1486	Helder Teixeira	M	NASCIDOS PARA CORRER	VET 40	00:41:55	00:41:45
172	2667	Lígia Mendes	F	Gaia-Running	VET 45	00:41:56	00:41:49
173	1682	RENATO OLIVEIRA	M	PORTOCARGO RUNNERS	VET 45	00:41:58	00:41:03
174	2124	Americo Silva	M		VET 40	00:42:04	00:41:12
175	1458	Antonio Palhares	M		VET 40	00:42:04	00:41:43
176	2240	Manuel Festas	M	Gdctenvc	VET 35	00:42:06	00:42:00

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
177	1549	Hélder António de Oliveira Mendes	M	Clube Zupper	VET 35	00:42:07	00:41:50
178	1828	José Tavares	M	Afis/Ovar	VET 45	00:42:08	00:41:48
179	2486	Gonçalo Nuno Torcato David Ferreira	M		Juniores/Séniore	00:42:08	00:41:59
180	2527	Joaquim Filipe Vieira Pereira	M	LOUSADA RUNNERS	Juniores/Séniore	00:42:09	00:40:55
181	2056	José Nunes	M	GDR Juventude das Ribeiras	VET 45	00:42:11	00:41:57
182	1545	Marco Almeida	M	NASCIDOS PARA CORRER	VET 40	00:42:13	00:41:59
183	1633	Virgílio Vieira	M	NASCIDOS PARA CORRER	VET 35	00:42:13	00:42:01
184	1909	Manuel Póvoas	M	Mss Contabilidade Trail Team	VET 55	00:42:16	00:42:09
185	2270	Tiago Alves	M		Juniores/Séniore	00:42:17	00:41:25
186	1460	Nuno Andrade	M	BioTeam	Juniores/Séniore	00:42:19	00:40:43
187	1068	david brizida	M	AMA Associação Mondim Atletismo	Juniores/Séniore	00:42:19	00:41:57
188	2126	vitoe figueiredo	M	figueiredo"s runnrs	VET 55	00:42:21	00:42:11
189	1093	jorge costa	M	AMA Associação Mondim Atletismo	VET 45	00:42:21	00:41:59
190	1759	Sérgio Manuel Bessa Neto	M		Juniores/Séniore	00:42:22	00:42:13
191	1703	Luís Sá	M		Juniores/Séniore	00:42:25	00:42:04
192	2314	Marco Tiza Gomes	M		VET 40	00:42:26	00:42:22
193	2690	Isaac Costa	M	sunset runners	VET 35	00:42:26	00:41:47
194	2211	Jorge Pereira	M		VET 35	00:42:27	00:42:21
195	1437	António Azevedo	M	NASCIDOS PARA CORRER	VET 55	00:42:28	00:42:17
196	1209	Tiago Gomes	M		Juniores/Séniore	00:42:28	00:42:00
197	2647	António Ferreira Santos	M	NASCIDOS PARA CORRER	VET 40	00:42:29	00:42:26
198	2051	Sérgio Crista	M	GDR Juventude das Ribeiras	VET 40	00:42:30	00:42:08
199	2553	Rosa Maria Ribeiro de Matos Trancoso	F	Academia Fernanda Ribeiro	VET 50	00:42:31	00:42:21
200	1233	Fábio Ferreira	M	Andar a Correr	VET 35	00:42:31	00:41:25
201	2457	NUNO ROSAS	M		VET 45	00:42:31	00:41:18
202	2723	Nicolas Lopes	M		Juniores/Séniore	00:42:31	00:42:09
203	2493	Rui Madeira	M	Yilport Leixões	VET 50	00:42:31	00:42:07
204	2538	Osório Pardal	M		VET 55	00:42:32	00:42:27
205	1151	Hélder Guedes	M		VET 40	00:42:34	00:42:30
206	1867	Conceição Tenda	F	Sporting Clube De Espinho / António Leitão	VET 35	00:42:35	00:42:35
207	2598	Jose maio	M	C.M.C. - CARAPAUS	Juniores/Séniore	00:42:36	00:42:26
208	1744	Adérito Pires	M	CA Bolts	VET 45	00:42:39	00:42:13
209	1922	Tiago Vaz Osório	M	Grinder Boys	Juniores/Séniore	00:42:39	00:42:05
210	1902	Joao Oliveira	M	Facort Running Team	Juniores/Séniore	00:42:43	00:41:54
211	2552	Sergio Coelho	M	Academia Fernanda Ribeiro	VET 35	00:42:46	00:42:33
212	1226	Bruno Moreira	M		Juniores/Séniore	00:42:48	00:42:39
213	1143	Eduardo Pacheco	M		VET 35	00:42:48	00:42:31
214	1383	Fernando Neto	M		VET 35	00:42:53	00:42:44
215	1670	Samuel Salcedo	M		Juniores/Séniore	00:42:55	00:42:38
216	1062	rafaela sousa	F	AMA Associação Mondim Atletismo	Juniores/Séniore	00:42:56	00:42:50
217	1357	Ze Moutinho	M	RUNNING ESPINHO	VET 55	00:42:58	00:42:52
218	1153	José Pereira	M	NASCIDOS PARA CORRER	VET 50	00:42:59	00:42:45
219	1402	Rui Barbosa	M		VET 40	00:43:00	00:42:52
220	2509	Fernando Queirós	M		VET 45	00:43:00	00:42:51

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
221	2516	Rui Filipe Ferreira Vieira	M		VET 40	00:43:02	00:41:45
222	1050	fernando magalhães	M	AMA Associação Mondim Atletismo	VET 35	00:43:03	00:42:57
223	2678	José Carlos Marques Dias	M		Juniores/Séniore	00:43:07	00:41:55
224	2112	Joice Jesus	M		VET 40	00:43:07	00:43:07
225	1943	Ibraim Sousa	M	Mss Contabilidade Trail Team	VET 40	00:43:08	00:42:59
226	1307	Filipe Rocha	M	Maia runners	VET 35	00:43:08	00:42:52
227	2256	Álvaro Nunes	M		VET 40	00:43:09	00:42:44
228	2215	Fátima Silva	F		VET 45	00:43:10	00:43:10
229	1855	Carlos Flor	M	CCD APDL	VET 45	00:43:10	00:43:03
230	1838	Pedro Necho	M	Afis/Ovar	VET 40	00:43:10	00:42:53
231	1303	Marta Marques Marques	F	Maia runners	Juniores/Séniore	00:43:11	00:42:54
232	1763	Ricardo Silva	M	Muffin's	VET 40	00:43:12	00:42:32
233	1774	Miguel Silva	M		VET 35	00:43:14	00:41:54
234	2481	Pedro Cardoso Ferreira	M		Juniores/Séniore	00:43:15	00:41:45
235	1856	Angelo Vidal	M	salgueiros running	VET 45	00:43:16	00:42:54
236	1467	FERNANDO MORAIS	M	SOMOS NÓS TEAM	VET 45	00:43:17	00:43:10
237	1403	carlos dofundo	M	vcp -atletismo	VET 40	00:43:19	00:43:00
238	1903	Pedro Brito	M		VET 45	00:43:25	00:42:48
239	1741	Carlos Carneiro	M	CA Bolts	VET 45	00:43:27	00:43:01
240	2342	Filipe Pires	M	Tartarugas do Afalto	VET 45	00:43:28	00:43:00
241	1366	Ivo Nascimento	M	Equipa Boot	Juniores/Séniore	00:43:36	00:43:19
242	1637	Vitor Costa	M	NASCIDOS PARA CORRER	VET 40	00:43:36	00:43:09
243	1136	Joel Roriz	M		VET 35	00:43:42	00:43:35
244	1115	Manuel Silva Sá	M	Centro de Atletismo do Porto	VET 55	00:43:49	00:43:25
245	1138	Armando Moreira	M		VET 40	00:43:50	00:43:28
246	2535	Miguel Barros	M		VET 35	00:43:51	00:43:36
247	2026	Jose Pedro Montanha Martins	M		VET 40	00:43:53	00:43:32
248	2396	António JF Silva	M	GCD Codal Vale de Cambra	Juniores/Séniore	00:43:54	00:43:08
249	2567	bruno monteiro	M		VET 40	00:43:55	00:43:36
250	2693	Paulo Dávida	M	Team Neukick	VET 40	00:43:55	00:41:25
251	2088	Fernando Camelo	M	S.C. Salgueiros	VET 55	00:43:56	00:43:36
252	2640	André Corceiro Alves	M		Juniores/Séniore	00:43:58	00:43:29
253	1188	CARLOS RIPOLINS	M	RIPOLINS GRIJÓ A CORRER	VET 60	00:43:59	00:43:53
254	1064	Heitor Araújo	M		VET 50	00:44:00	00:43:43
255	1983	Miguel Costa	M		VET 35	00:44:01	00:43:48
256	1580	Pedro Reina	M		Juniores/Séniore	00:44:03	00:42:35
257	1535	Pedro Lopes	M	C+ RUNNERS	VET 35	00:44:06	00:42:51
258	1971	Ricardo João Caria Pinheiro	M	Clube Portugal Telecom Zona Norte	VET 40	00:44:06	00:43:12
259	2071	Valdemar Lopes	M		VET 40	00:44:07	00:43:05
260	1277	angelo monteiro	M		VET 60	00:44:08	00:43:53
261	2670	Pedro Monteiro	M	Gaia-Running	VET 35	00:44:08	00:43:59
262	2311	Carlos Ferreira	M		VET 40	00:44:10	00:43:49
263	1574	Cédric Ferreira	M		VET 35	00:44:11	00:43:56
264	1126	Sofia Pimenta	F	LION RUNNERS - G. D. Leões da Guarda	VET 35	00:44:14	00:44:02

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
265	2699	ANTONIO SILVA	M		VET 55	00:44:14	00:44:11
266	1957	David Sora	M		VET 40	00:44:14	00:43:23
267	1631	Rui Manuel Moura Cardoso	M	Boavista Fc	Juniores/Séniore	00:44:16	00:44:11
268	2720	Ricardo Falcão	M		VET 40	00:44:16	00:43:21
269	1522	Fernando Jorge Pinto de Oliveira	M	Clube do Pessoal EDP - Delegação de Gaia	VET 40	00:44:17	00:44:05
270	2645	Pedro Paula	M	NASCIDOS PARA CORRER	VET 40	00:44:17	00:44:04
271	1480	Helder Madeira	M	NASCIDOS PARA CORRER	VET 45	00:44:18	00:44:03
272	1469	Emanuel Madureira	M	NASCIDOS PARA CORRER	VET 55	00:44:18	00:44:05
273	1049	Joao Silva	M		VET 35	00:44:19	00:43:56
274	2797	Sérgio Maia	M		VET 35	00:44:23	00:43:56
275	1635	CARLOS JORGE OLIVEIRA	M	Boavista Fc	VET 45	00:44:24	00:44:06
276	1313	Nuno Santos	M	Gaia-Running	VET 45	00:44:26	00:44:18
277	2028	Agostinho Sequeira	M	GDR Juventude das Ribeiras	VET 45	00:44:27	00:44:06
278	1667	MARCO OLIVEIRA	M	PORTOCARGO RUNNERS	VET 40	00:44:27	00:43:27
279	2589	Ricardo Campos	M	G. D. Leões da Agra	Juniores/Séniore	00:44:29	00:44:07
280	1767	Rodolfo Monteiro	M		Juniores/Séniore	00:44:29	00:42:49
281	2283	Cláudio Roberto Marques Gonçalves	M	Marinha/AMN	Juniores/Séniore	00:44:30	00:43:23
282	2466	Pedro Meirinhos	M	Os Ferreira	Juniores/Séniore	00:44:31	00:43:24
283	2586	Dário Ferreira	M		Juniores/Séniore	00:44:33	00:43:08
284	1162	David Silva	M		VET 40	00:44:33	00:44:17
285	2766	João Otto	M	Bial Running	VET 35	00:44:36	00:43:26
286	1757	Luis Conceição	M	Sprint Paramos	VET 50	00:44:37	00:44:33
287	2756	António Vela	M	Asphalt Assault Team	Juniores/Séniore	00:44:37	00:44:10
288	1361	Gil Moreira Nunes	M	Hora do Lobo Trail / C.F.Perosinho	VET 35	00:44:42	00:44:13
289	2581	Armando Fernandes	M		VET 50	00:44:46	00:44:29
290	1534	Leonel Videira	M	NASCIDOS PARA CORRER	Juniores/Séniore	00:44:47	00:43:57
291	1683	Paulo Pereira	M	UNIUM	VET 45	00:44:49	00:43:46
292	1343	Jorge Ferreira	M		Juniores/Séniore	00:44:51	00:44:22
293	1483	Ricardo silva	M		Juniores/Séniore	00:44:51	00:44:29
294	1094	José Carlos Gomes	M	Ligeirinhos	VET 55	00:44:53	00:43:29
295	1966	Virgílio Abílio Castro Carção	M	Clube Portugal Telecom Zona Norte	VET 45	00:44:54	00:43:59
296	1000	RUI FELGUEIRAS	M	Clube Millennium BCP	VET 45	00:44:55	00:43:57
297	1708	Rui Manuel dos Santos Ferreira	M	Viseu 360	VET 40	00:44:55	00:44:16
298	2029	David Sousa	M	sunset runners	VET 50	00:44:56	00:44:41
299	1142	Rui Rosas	M		VET 35	00:44:56	00:44:34
300	1323	Duarte Faria	M	Gaia-Running	VET 35	00:44:57	00:44:48
301	1693	NUNO NASCIMENTO	M	PORTOCARGO RUNNERS	Juniores/Séniore	00:44:58	00:43:57
302	2397	Mário Vieira	M		VET 50	00:44:58	00:44:30
303	1900	Erasmó Alves	M	TAYLORS	VET 40	00:44:59	00:44:42
304	1158	Céline Gomes	F	NASCIDOS PARA CORRER	Juniores/Séniore	00:44:59	00:44:44
305	1678	NUNO TEIXEIRA	M	PORTOCARGO RUNNERS	VET 40	00:45:01	00:44:05
306	1447	pedro ezequiel	M		VET 40	00:45:02	00:44:45
307	2074	Carlos Alves	M	Centro de Atletismo do Porto	VET 60	00:45:02	00:44:38
308	2698	Carlos Miranda	M	Solinca Foz	VET 40	00:45:02	00:43:46

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
309	1234	Hugo Pereira	M		VET 40	00:45:05	00:44:45
310	2129	José Reigada	M	Quinta do Fincão	VET 60	00:45:08	00:45:02
311	2362	Ricardo Rocha	M	Aliança de Gandra	Juniores/Séniore	00:45:09	00:44:41
312	1614	Sandra Pereira	F	NASCIDOS PARA CORRER	VET 40	00:45:11	00:44:58
313	1871	ALEJANDRO GABRIEL MORLA	M		VET 45	00:45:11	00:44:59
314	1236	FLÁVIO SÁ	M		VET 35	00:45:16	00:44:47
315	1528	Jose Fernando Moreira da Rocha	M	Clube do Pessoal EDP - Delegação de Gaia	VET 55	00:45:17	00:45:05
316	1016	Francisco Barreto	M		Juniores/Séniore	00:45:20	00:43:17
317	1337	Lupricinio Correia	M	Casa dos Frangos Baltar	VET 45	00:45:20	00:45:13
318	1079	luis costa	M	AMA Associação Mondim Atletismo	VET 45	00:45:22	00:45:15
319	1936	Diogo Barge	M	Afis/Ovar	Juniores/Séniore	00:45:23	00:45:15
320	1942	Paulo Conde	M	Afis/Ovar	VET 35	00:45:23	00:44:42
321	2109	Pedro Leal	M		VET 40	00:45:24	00:45:16
322	2435	Domingos Manuel Eirado	M		VET 60	00:45:26	00:44:52
323	2377	Fatima Gerales	F	Tugas na Estrada	VET 45	00:45:26	00:45:19
324	1634	Ricardo Mendonça	M		VET 35	00:45:26	00:45:09
325	2000	Domingos Vieira	M	GDR Juventude das Ribeiras	VET 55	00:45:27	00:45:06
326	2214	André Filipe Miranda	M		Juniores/Séniore	00:45:28	00:45:28
327	1047	Jorge Ferreira	M		VET 45	00:45:28	00:44:41
328	1694	Jil Coelho	M	C.D.C. Paradela	Juniores/Séniore	00:45:32	00:43:43
329	2306	Abel Santos	M	Caldas S. Jorge Sport Clube	VET 60	00:45:33	00:45:17
330	1520	Ricardo Peixoto	M		Juniores/Séniore	00:45:34	00:45:23
331	2788	André Botelho	M	NASCIDOS PARA CORRER	VET 40	00:45:35	00:45:24
332	2228	ANTÓNIO CORUCHO	M		VET 50	00:45:36	00:45:17
333	1953	Victor Azevedo	M	Mss Contabilidade Trail Team	VET 45	00:45:37	00:45:18
334	2649	Pedro Alexandre Baptista da Silva	M		VET 45	00:45:37	00:44:58
335	2491	João Carlos Rocha Augusto	M		VET 45	00:45:39	00:45:23
336	2236	Joaquim Moura	M		VET 45	00:45:40	00:45:12
337	2020	José Francisco P. Valadão	M	Bike4nyc8r's	VET 50	00:45:41	00:44:21
338	2711	Joao Teles	M	Factor X / S4L / Medense FC	VET 35	00:45:41	00:45:32
339	2741	Pedro Pereira	M		VET 45	00:45:42	00:45:10
340	2709	Pedro Marques	M	Factor X / S4L / Medense FC	VET 40	00:45:43	00:45:33
341	1775	Antónia Guerra	F	C.M.C. - CARAPAUS	VET 35	00:45:44	00:45:12
342	2710	Daniel Terra	M	Factor X / S4L / Medense FC	Juniores/Séniore	00:45:44	00:45:33
343	1904	João Airosa	M		VET 35	00:45:44	00:45:02
344	1691	LUIS RIBEIRO	M	PORTOCARGO RUNNERS	VET 40	00:45:45	00:44:47
345	2449	Miguel Rebelo	M		Juniores/Séniore	00:45:51	00:43:48
346	1309	RUI BARBOSA	M	INVICTA RUNNERS TEAM	VET 45	00:45:51	00:45:23
347	2500	joao torres	M		Juniores/Séniore	00:45:53	00:45:17
348	1901	Miguel Silva	M	Porto Sentido Runners	VET 40	00:45:56	00:45:12
349	1571	Paulo Dias	M		VET 50	00:45:57	00:45:54
350	1175	Levi Fernandes	M		Juniores/Séniore	00:45:57	00:44:32
351	1171	Pedro Ponciano	M		Juniores/Séniore	00:45:57	00:44:54
352	2264	José Leal	M		VET 50	00:46:00	00:44:24

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
353	2619	Pedro Almeida	M		VET 35	00:46:01	00:45:53
354	1820	Eduardo Camilo	M		VET 35	00:46:02	00:40:04
355	1461	FÁTIMA COELHO	F	SOMOS NÓS TEAM	VET 45	00:46:03	00:45:58
356	2460	Júlio Lourenço	M	CMC - CARAPPAUS	VET 35	00:46:06	00:45:15
357	2300	José Borges	M		VET 50	00:46:07	00:45:07
358	2089	Catarina Soares	F	HPCon Runners	Juniores/Séniore	00:46:09	00:45:49
359	1170	Bruno Cunha	M		Juniores/Séniore	00:46:10	00:45:58
360	1393	victor pereira	M	vcp -atletismo	VET 50	00:46:11	00:45:52
361	1399	paulo fernandes	M	vcp -atletismo	VET 45	00:46:11	00:45:51
362	1656	Sergio	M		Juniores/Séniore	00:46:12	00:44:18
363	1294	Paulo	M		Juniores/Séniore	00:46:14	00:46:07
364	2551	RUI EUSEBIO	M	Academia Fernanda Ribeiro	VET 50	00:46:18	00:45:43
365	2078	Bruno Moura	M		VET 35	00:46:18	00:45:52
366	2072	Raquel Andrade	F		VET 35	00:46:18	00:45:53
367	1305	Rui Pereira	M	Gaia-Running	VET 40	00:46:20	00:46:10
368	1976	Tiago Sequeira	M	Mss Contabilidade Trail Team	Juniores/Séniore	00:46:21	00:46:13
369	1178	luis ramos	M		VET 35	00:46:21	00:43:57
370	2281	Pedro Manuel Teixeira Pereira	M	Marinha/AMN	VET 35	00:46:22	00:44:55
371	2404	Carlos Bento	M	Douroconta-Gabinete de Apoio e Contabilidade. Lda	VET 60	00:46:23	00:46:04
372	1526	Helder Aguiar	M	Porcupine Monkeys	Juniores/Séniore	00:46:24	00:45:00
373	1839	Marcio Mendes	M	Equipa Boot	VET 35	00:46:25	00:46:08
374	2735	Diogo Alvim	M	INVICTA RUNNERS TEAM	VET 45	00:46:26	00:44:53
375	1964	João Carlos Silva	M		VET 40	00:46:27	00:46:27
376	2293	Rogério Rocha	M		Juniores/Séniore	00:46:28	00:45:42
377	1440	antonio carlos cardoso	M	GD BPI	VET 55	00:46:29	00:45:37
378	1753	Daniela Sarmiento	F	LION RUNNERS - G. D. Leões da Guarda	VET 40	00:46:29	00:46:16
379	2317	Pedro Fernandes	M		VET 45	00:46:30	00:44:41
380	2700	miguel cunha	M	salgueiros running	VET 40	00:46:30	00:44:42
381	1220	Fernando Ribeiro	M	100meta	VET 50	00:46:30	00:44:42
382	1455	Roberto Garcês	M	100meta	Juniores/Séniore	00:46:30	00:44:42
383	2544	António Machado	M		Juniores/Séniore	00:46:31	00:45:58
384	2579	Pedro Rodrigues	M		VET 40	00:46:32	00:44:55
385	1321	Manuel Costa	M	Lebre 10	VET 60	00:46:36	00:46:17
386	1346	FERNANDO PINHO	M	INVICTA RUNNERS TEAM	VET 55	00:46:36	00:46:08
387	2643	Helder Pereira	M	NASCIDOS PARA CORRER	VET 50	00:46:38	00:46:13
388	2246	Pedro Teixeira	M	Os Fiscais	VET 35	00:46:39	00:46:01
389	2750	Marco Dantas	M	Asphalt Assault Team	VET 40	00:46:39	00:46:12
390	1017	Anselmo Moreira	M	C. Futebol Oliveira do Douro	VET 60	00:46:39	00:46:34
391	1308	Catarina Figueiredo	F	Gaia-Running	VET 35	00:46:39	00:46:32
392	1664	TANIA BATEIRA	F	PORTOCARGO RUNNERS	VET 35	00:46:40	00:45:39
393	2731	Ana Patrícia Costa Gilvaz	F		Juniores/Séniore	00:46:40	00:45:13
394	1963	Pedro Andrade	M	Boavista Fc	VET 40	00:46:40	00:45:58
395	1264	Geraldino Silva	M	Porto Runners	VET 60	00:46:40	00:45:58
396	1225	José Arnaldo	M		VET 55	00:46:40	00:45:58

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
397	1509	José Oliveira	M	Banco de Portugal	VET 45	00:46:41	00:45:57
398	1427	Adão Dias	M	NASCIDOS PARA CORRER	VET 60	00:46:42	00:46:36
399	1214	Pedro Cotorela	M		Juniores/Séniore	00:46:45	00:45:53
400	1354	António Pereira do Carmo	M		VET 50	00:46:48	00:46:42
401	1473	Etelvina Rocha	F	NASCIDOS PARA CORRER	VET 50	00:46:50	00:46:40
402	2644	Fernando Rocha	M	NASCIDOS PARA CORRER	VET 50	00:46:50	00:45:33
403	1537	Reinaldo Rocha	M	APDL	VET 55	00:46:50	00:45:51
404	1318	JOÃO RESENDE	M	INVICTA RUNNERS TEAM	VET 45	00:46:52	00:46:20
405	1697	Ricardo Ferreira	M	C.D.C. Paradela	VET 40	00:46:53	00:45:01
406	1386	Luís Jorge Monteiro	M		VET 35	00:46:54	00:44:59
407	1551	Miguel Pena	M	NASCIDOS PARA CORRER	VET 40	00:46:55	00:45:23
408	1359	Miguel Teixeira T	M	Gramidense IFC	VET 40	00:46:56	00:45:18
409	2343	Callum Rutherford	M		Juniores/Séniore	00:46:57	00:46:04
410	1559	Fernando Pinto Ferreira	M		VET 45	00:46:57	00:46:31
411	1599	Rogério Sarmento	M	NASCIDOS PARA CORRER	VET 55	00:46:58	00:46:26
412	1406	Miguel Teixeira	M	Gramidense IFC	VET 40	00:46:58	00:45:21
413	1617	Sara Ferreira	F	NASCIDOS PARA CORRER	Juniores/Séniore	00:46:58	00:46:39
414	1506	João Martins	M	NASCIDOS PARA CORRER	VET 40	00:46:59	00:46:41
415	1988	Margarida Martins	F	GDR Juventude das Ribeiras	VET 55	00:46:59	00:46:41
416	1314	ANA BARBOSA	F	INVICTA RUNNERS TEAM	VET 55	00:47:00	00:46:26
417	2400	António Azevedo	M	Douroconta-Gabinete de Apoio e Contabilidade. Lda	VET 45	00:47:00	00:45:44
418	2558	Artur Freitas	M	Academia Fernanda Ribeiro	VET 60	00:47:00	00:46:27
419	1339	FERNANDO CONCEIÇÃO	M	INVICTA RUNNERS TEAM	VET 50	00:47:01	00:46:29
420	2791	Jaime Miranda	M	NASCIDOS PARA CORRER	VET 60	00:47:05	00:46:40
421	1124	Luís Costa	M		VET 40	00:47:06	00:46:39
422	2733	Paulo Sérgio da silva Fernandes	M		VET 45	00:47:07	00:45:53
423	1610	Orlando Ferreira	M		VET 50	00:47:08	00:45:59
424	1295	Orlanda Rego	F	Gaia-Running	VET 45	00:47:09	00:47:01
425	2336	Vitor Ribeiro	M		Juniores/Séniore	00:47:09	00:46:25
426	1985	Dulce Bastos	F	Nac clube de Cucujães	VET 45	00:47:09	00:47:04
427	2787	Manuel Carriço	M	NASCIDOS PARA CORRER	VET 55	00:47:10	00:46:45
428	2050	Luis	M		VET 45	00:47:10	00:45:53
429	2490	Jorge Guimarães	M		VET 45	00:47:11	00:46:46
430	2772	MÁRIO GOMES	M		VET 50	00:47:11	00:46:54
431	1127	Pedro Paiva	M		VET 40	00:47:11	00:46:46
432	1131	Manuel Paiva	M		VET 60	00:47:11	00:46:46
433	2773	JAIME RIBEIRO	M		VET 35	00:47:12	00:46:54
434	2325	Tiago Cunha	M		Juniores/Séniore	00:47:12	00:45:20
435	1182	David Aguiar	M	Trilhados	Juniores/Séniore	00:47:13	00:45:51
436	2091	Assunção Garcia	F	Novelia Running Amarante	VET 55	00:47:14	00:46:52
437	1968	Stephane Fernando Serrano Alexandre	M		Juniores/Séniore	00:47:15	00:45:56
438	2004	Joaquim Pinto	M	GDR Juventude das Ribeiras	VET 40	00:47:18	00:47:01
439	1021	Nelson Pinto	M		VET 40	00:47:18	00:45:15
440	1560	André Pais	M		VET 35	00:47:20	00:46:45

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
441	1513	Rui Monteiro	M		Juniores/Séniiores	00:47:21	00:46:20
442	2576	MARTA AMARO	F		VET 35	00:47:22	00:47:08
443	2406	PAULO RIBEIRO	M	CMC - CARAPAUS	VET 40	00:47:22	00:47:12
444	1728	jose rocha	M	Centro Atletismo Ermesinde	VET 55	00:47:24	00:47:00
445	1087	Francisco Vieira	M		VET 40	00:47:25	00:47:05
446	1026	HUGO PEREIRA	M	Clube Millennium BCP	VET 40	00:47:25	00:46:28
447	2001	Miguel Mendes	M		VET 40	00:47:25	00:46:29
448	2099	Filipe António Rosmaninho Varandas Faria	M		VET 35	00:47:27	00:46:52
449	1669	Agostinho Sousa	M	Moinhos RUN	VET 60	00:47:30	00:47:10
450	1097	Rui Daniel Mota Alves	M		Juniores/Séniiores	00:47:32	00:46:48
451	1032	Hugo Silva	M		VET 35	00:47:33	00:46:45
452	1716	JOSÉ BARBOSA	M	RIPOLINS GRIJÓ A CORRER	VET 55	00:47:33	00:47:28
453	2606	Arlindo Rodrigues	M	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 55	00:47:34	00:45:48
454	2740	Sandra Campos	F		VET 45	00:47:34	00:47:01
455	1244	Olga Soares Martins	F	Viriathvs Runners Viseu	VET 40	00:47:35	00:47:29
456	2414	João Carlos Silva	M		VET 40	00:47:35	00:46:05
457	2708	Hugo Santos	M	Factor X / S4L / Medense FC	VET 35	00:47:35	00:47:24
458	1420	Baltazar Ferreira	M		VET 50	00:47:37	00:47:09
459	1859	Jorge Augusto Oliveira Guerra	M	OS FALTA D'AR	VET 45	00:47:38	00:47:03
460	2280	António Américo da Silva Costa	M	Marinha/AMN	VET 45	00:47:38	00:46:31
461	1674	Victor Manuel Ginja dos Santos	M	Porto runners	VET 45	00:47:38	00:47:24
462	1164	Jose Pereira	M	Nights Team	VET 35	00:47:40	00:47:15
463	2419	TIAGO MIGUEL PRADA VEIGA	M	EL'PEREGRINOS TEAM	Juniores/Séniiores	00:47:42	00:47:02
464	1681	Paulo Emanuel da Cunha Soares	M		Juniores/Séniiores	00:47:46	00:45:51
465	2555	Pedro Filipe Monteiro Ferreira	M	Academia Fernanda Ribeiro	VET 40	00:47:49	00:47:36
466	1893	Rui Godinho	M	Salgueiros Running	VET 45	00:47:50	00:47:29
467	1622	Tatiana Mera	F	NASCIDOS PARA CORRER	Juniores/Séniiores	00:47:50	00:47:38
468	1408	David Costa	M		VET 45	00:47:51	00:47:29
469	2480	jose lino jesus	M	Yilport Leixões	VET 45	00:47:55	00:47:31
470	1648	Rosa Guedes	F	Equipa A	VET 50	00:47:56	00:47:48
471	1673	RUI VERGUEIRO	M		VET 40	00:47:56	00:46:46
472	1930	Tony Lopes	M	Lopes	Juniores/Séniiores	00:47:59	00:46:27
473	1991	Ricardo Rocha	M	GDR Juventude das Ribeiras	VET 35	00:48:00	00:47:40
474	1770	Rui Miguel Coelho Santos Caralinda Silva	M	Sporting Clube De Espinho / António Leitão	VET 40	00:48:03	00:46:36
475	2476	Artur Pereira	M	Shots International Runners	VET 35	00:48:04	00:47:14
476	2701	Fernando Ferreira	M		VET 45	00:48:04	00:46:42
477	1830	Cláudia Pimparel	F	Shots International Runners	VET 45	00:48:04	00:47:16
478	1328	Cláudia Dias	F		VET 35	00:48:07	00:47:58
479	2100	Vítor Valente	M		VET 35	00:48:08	00:46:16
480	1355	ruí pereira	M		Juniores/Séniiores	00:48:10	00:47:44
481	2401	Agostinho Coelho	M	Douroconta-Gabinete de Apoio e Contabilidade. Lda	VET 40	00:48:11	00:47:53
482	2655	Emanuel dos Santos Silva	M		Juniores/Séniiores	00:48:13	00:46:30
483	2268	Filipe Samuel Arrepia Monteiro	M		VET 35	00:48:14	00:47:28
484	1193	Seca José	M	OLIVECONTA	VET 45	00:48:15	00:47:59

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
485	2330	Alberto Freitas	M	Minis & Bifanas	VET 45	00:48:15	00:46:52
486	2676	David Soares	M		Juniores/Séniore	00:48:15	00:47:31
487	1505	Vítor Teixeira	M	C A Matosinhos	VET 55	00:48:17	00:47:30
488	2053	Ricardo Silva	M	Centro de Atletismo do Porto		00:48:19	00:47:55
489	2748	Paulo Alexandre Varela Martins	M	CA Bolts	VET 50	00:48:21	00:47:55
490	1837	Luís Oliveira	M	CORRER LEÇA	VET 40	00:48:21	00:46:48
491	1192	bruno silva	M		VET 35	00:48:22	00:47:11
492	1603	Rosa Pinto	F	NASCIDOS PARA CORRER	VET 55	00:48:22	00:47:57
493	1488	Miguel Fernandes	M		Juniores/Séniore	00:48:22	00:46:49
494	2302	vítor ribeiro	M		VET 55	00:48:24	00:46:19
495	1364	Angelo Cabral	M	Gramidense IFC	VET 40	00:48:26	00:46:49
496	2610	Luis Magalhães	M	Centro Municipal de Marcha e Corrida de Vale de Cambra	Juniores/Séniore	00:48:27	00:47:21
497	1987	João Miguel Carvalho Luz Lopes	M		VET 40	00:48:28	00:47:50
498	1905	Tiago Silva	M		Juniores/Séniore	00:48:28	00:48:07
499	1378	Gustavo Santos	M	Gramidense IFC	VET 35	00:48:30	00:46:52
500	1372	Helder Ferreira	M	Gramidense IFC	VET 35	00:48:30	00:46:52
501	1915	Manuel Anjos	M	Nac	VET 55	00:48:33	00:48:08
502	1419	Nathan Belois	M		VET 35	00:48:34	00:46:30
503	1046	Antonio Oliveira	M	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 55	00:48:36	00:47:32
504	2796	Daniel Rodrigues	M		VET 35	00:48:37	00:48:11
505	2421	LUIS MIGUEL SOARES VIEIRA	M	EL'PEREGRINOS TEAM	VET 35	00:48:38	00:47:58
506	1688	Tiago souza	M		Juniores/Séniore	00:48:38	00:47:54
507	1972	Sotero Martins	M	Os Rompe Solas	VET 55	00:48:39	00:48:32
508	1074	filipe teixeira	M	AMA Associação Mondim Atletismo	Juniores/Séniore	00:48:41	00:48:34
509	1677	Marcos Gandra	M	Palato Restaurante	VET 40	00:48:41	00:48:01
510	1650	Gentil Pereira	M	Palato Restaurante	VET 35	00:48:41	00:48:01
511	1271	António Sousa	M		VET 55	00:48:42	00:48:07
512	2688	José rui	M		VET 55	00:48:43	00:47:27
513	1327	Ricardo Costa	M	Lebre 10	VET 35	00:48:44	00:47:42
514	2774	ALEXANDRE LEAL	M		VET 55	00:48:44	00:48:27
515	1630	manuel magalhães	M	Urbanatletas	VET 35	00:48:45	00:48:30
516	1777	josé manuel martins silva	M		VET 55	00:48:46	00:47:53
517	2060	Luís Ferraz	M	CARACOLETAS	VET 35	00:48:47	00:45:28
518	1203	António Couto	M		Juniores/Séniore	00:48:48	00:47:58
519	2707	Rui Oliveira	M	Factor X / S4L / Medense FC	VET 35	00:48:48	00:48:36
520	2671	Rui Sousa	M		VET 45	00:48:49	00:47:05
521	2458	Miguel Barqueiro	M		VET 40	00:48:50	00:48:09
522	1660	MANUELA FARIA	F	PORTOCARGO RUNNERS	VET 45	00:48:51	00:47:51
523	1712	João Moura	M		Juniores/Séniore	00:48:51	00:47:46
524	2650	Rui Figueiredo	M		VET 40	00:48:51	00:48:08
525	2119	Adérito Brandão	M	100PRESSA	VET 55	00:48:51	00:48:19
526	2577	JOAQUIM SANTOS	M		VET 50	00:48:58	00:48:49
527	1384	Paulo Silva	M	Gramidense IFC	Juniores/Séniore	00:48:58	00:47:20
528	2245	carlos brandao	M	Os Fiscais	Juniores/Séniore	00:49:00	00:48:22

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
529	1890	Rui Pinto	M	TAYLORS	VET 35	00:49:00	00:47:40
530	1711	mario correia	M		VET 45	00:49:01	00:48:10
531	2370	Jorge Manuel da Silva Carvalho	M		VET 40	00:49:02	00:48:46
532	2399	Miguel Ferreira	M		VET 35	00:49:02	00:47:08
533	1435	Ricardo Edmundo Afonso Quintas	M	Visão Textil Team	VET 40	00:49:04	00:48:05
534	1387	PAULO JORGE	M	A.N.A.	VET 45	00:49:05	00:48:08
535	2715	Pedro Lima	M		VET 40	00:49:05	00:48:07
536	1100	CARLOS ARAÚJO	M	Clube Millennium BCP	VET 50	00:49:06	00:48:10
537	1009	ÁLVARO PINTO	M	Clube Millennium BCP	VET 45	00:49:06	00:48:09
538	1137	Joaquim Silva	M		VET 45	00:49:06	00:48:09
539	1102	Carlos Basto	M		VET 35	00:49:07	00:48:13
540	1696	Jose organista	M		VET 40	00:49:07	00:48:13
541	2039	Pedro Daniel Monteiro Ferreira	M	Clube Portugal Telecom Zona Norte	VET 40	00:49:08	00:47:55
542	1291	CARLOS NEVES	M	INVICTA RUNNERS TEAM	VET 40	00:49:08	00:48:34
543	1737	Bernardo Alves	M	CA Bolts	VET 35	00:49:08	00:48:42
544	1768	Jorge Pinheiro	M		VET 35	00:49:09	00:48:10
545	1613	Mário Gomes	M	FISIOPERFORMANCE	VET 40	00:49:09	00:48:24
546	1352	José silva	M	Trilheiros e Amigos	Juniores/Séniore	00:49:09	00:47:58
547	2724	Paulo Martins	M		VET 50	00:49:10	00:47:26
548	1530	armando macedo	M		VET 60	00:49:10	00:48:34
549	2704	ADRIANO FARIA	M		VET 40	00:49:12	00:48:55
550	1865	Joaquim Sérgio Oliveira Guerra	M	OS FALTA D'AR	VET 45	00:49:12	00:48:38
551	1185	Miguel Barbosa	M	Equipa Boot	VET 40	00:49:14	00:48:59
552	1059	Manuel Oliveira	M	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 55	00:49:14	00:48:09
553	1646	Paulo Pinto	M	Equipa Dinamite	VET 40	00:49:16	00:49:00
554	1388	Pedro Silveira	M	Amigos das Sapatilhas	VET 35	00:49:17	00:48:55
555	2260	AGOSTINHO OLIVEIRA	M		VET 40	00:49:17	00:47:45
556	2753	Luís Santos	M	Bial Running	Juniores/Séniore	00:49:17	00:47:31
557	2395	Joaquim Jorge Moreira da Silva	M		VET 50	00:49:18	00:48:27
558	2255	Bruno	M		Juniores/Séniore	00:49:19	00:47:28
559	1280	fernando azevedo	M		VET 60	00:49:20	00:48:30
560	1340	ANTÓNIO CARVALHO	M	ATLETISMO ESTRELAS SUSANENSES	VET 50	00:49:21	00:48:46
561	1272	Andre Teixeira	M	Sempre a abrir !!	Juniores/Séniore	00:49:21	00:48:34
562	1531	Vitor Almeida	M		VET 35	00:49:21	00:48:28
563	1815	António Mendes	M	CORRER LEÇA	VET 40	00:49:21	00:47:47
564	2795	Luis Vieira	M		VET 40	00:49:23	00:48:04
565	2648	António Medeiros	M	NASCIDOS PARA CORRER	VET 50	00:49:23	00:49:01
566	1841	Floriberto castro	M		VET 45	00:49:25	00:48:35
567	1833	Miguel Cunha	M		VET 35	00:49:25	00:49:01
568	1620	Paulo Loureiro	M		VET 40	00:49:26	00:48:56
569	1626	Rodrigo Loureiro	M		Juniores/Séniore	00:49:26	00:48:56
570	1099	JOSE COSTA	M		VET 60	00:49:27	00:48:40
571	2067	Fernando Almeida	M		VET 45	00:49:27	00:48:26
572	1168	Luís Coelho	M		VET 45	00:49:28	00:49:05

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
573	2045	José Carlos Ribeiro Rodrigues	M		VET 50	00:49:29	00:48:56
574	1718	Bruno Pires	M		VET 35	00:49:29	00:47:29
575	2677	João Rodrigues	M		VET 35	00:49:29	00:48:48
576	1524	JOAQUIM LOBATO	M	Running espinho	VET 50	00:49:30	00:48:02
577	2427	Tiago José Pires de Oliveira Martins	M	tugas	VET 50	00:49:31	00:49:24
578	2746	Bruno Silva	M		VET 40	00:49:32	00:49:11
579	1701	Frederico Gomes da Rocha	M		VET 40	00:49:33	00:47:36
580	2625	Paulo César da Silva Fernandes	M		VET 40	00:49:33	00:47:44
581	2494	José Carlos Machado	M	Yilport Leixões	Juniores/Séniore	00:49:34	00:49:09
582	2250	Hugo Miguel Gonçalves Araújo	M		Juniores/Séniore	00:49:37	00:48:25
583	2086	JOAO NEVES	M		VET 45	00:49:37	00:47:52
584	2446	Neftalí Sillero	M		VET 40	00:49:37	00:48:24
585	1779	Alexandre Correia	M		Juniores/Séniore	00:49:38	00:48:43
586	2736	Eugénio Soares	M	Factor X / S4L / Medense FC	VET 45	00:49:39	00:49:28
587	2101	Hugo Pinto	M	Trilhados	Juniores/Séniore	00:49:40	00:48:16
588	1443	custodio neto	M	INDIVIDUAL	VET 60	00:49:41	00:49:07
589	2737	Jorge Almeida	M	Factor X / S4L / Medense FC	VET 45	00:49:42	00:49:30
590	1485	Gustavo Ramos	M		Juniores/Séniore	00:49:43	00:48:31
591	2251	André Filipe Branco Morais	M		Juniores/Séniore	00:49:43	00:47:53
592	1398	Catarina Magalhães	F		VET 40	00:49:44	00:49:30
593	1952	Joaquim Moreira	M	Afis/Ovar	VET 45	00:49:45	00:49:03
594	1429	Nuno Azevedo	M	ExSedentários	VET 35	00:49:45	00:48:31
595	2505	Paulo Rui	M	LION RUNNERS - G. D. Leões da Guarda	VET 50	00:49:46	00:49:07
596	2418	LUIS FILIPE DA ROCHA PINTO	M	EL'PEREGRINOS TEAM	Juniores/Séniore	00:49:49	00:49:14
597	1082	Rosa Lúdia Silva	F	Ligeirinhos	VET 50	00:49:49	00:49:05
598	2107	Joaquim Gomes	M		VET 35	00:49:51	00:48:01
599	2125	Paulo João Martins Pereira Andrade Freire	M		VET 45	00:49:51	00:47:59
600	1502	Isaque Pinto	M	NASCIDOS PARA CORRER	VET 50	00:49:52	00:49:47
601	2095	Aires Manuel Pereira noqueira	M		Juniores/Séniore	00:49:53	00:49:04
602	1370	Augusto Miguel Teixeira Coutinho	M		Juniores/Séniore	00:49:53	00:49:03
603	1949	Helder Augusto Ferreira	M		VET 35	00:49:54	00:48:05
604	1956	António Rocha	M	Mss Contabilidade Trail Team	VET 45	00:49:54	00:49:45
605	1210	Célia Pereira	F	DoBem Team	Juniores/Séniore	00:49:56	00:49:24
606	1965	Álvaro Silva	M	Mss Contabilidade Trail Team	VET 55	00:49:56	00:49:34
607	1516	Diogo Gorra Moreira	M	Clube do Pessoal EDP - Delegação de Gaia	Juniores/Séniore	00:49:58	00:49:33
608	2364	Pedro Silva	M	Aliança de Gandra	VET 45	00:49:58	00:48:55
609	1762	Ricardo Daniel Pereira de Sousa	M		Juniores/Séniore	00:49:58	00:48:33
610	2327	Raul Lopez	M		VET 35	00:50:02	00:48:27
611	2623	Jose Castro	M		Juniores/Séniore	00:50:02	00:48:14
612	1556	Nuno Maltez	M		VET 40	00:50:04	00:49:04
613	2502	Rui Sousa	M		Juniores/Séniore	00:50:06	00:48:11
614	1789	Paulo Oliveira	M		VET 40	00:50:07	00:48:08
615	1326	João Paulino	M		VET 45	00:50:07	00:49:17
616	2588	Helder	M	Locomotiva de Paranhos	Juniores/Séniore	00:50:07	00:48:15

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
617	1946	Andre Ribeiro Fraga	M	Locomotiva de Paranhos	VET 35	00:50:08	00:48:17
618	2224	António Reis	M		VET 40	00:50:08	00:49:48
619	2019	Vitor Alves	M	GDR Juventude das Ribeiras	VET 40	00:50:08	00:49:49
620	1042	Pedro Ernesto Oliveira Dias	M		VET 55	00:50:11	00:48:59
621	1717	Fernando Maia	M	HAPPYRUN	VET 60	00:50:11	00:49:09
622	1726	Pedro Barros	M	HAPPYRUN	VET 40	00:50:11	00:49:09
623	1609	Rui Santos	M	NASCIDOS PARA CORRER	VET 40	00:50:13	00:49:48
624	1229	Pedro Pinto de Sousa	M		VET 35	00:50:13	00:48:45
625	1014	Ernesto da Rocha Gonçalves	M		VET 45	00:50:14	00:49:25
626	1702	Miguel Barbosa	M	Powerrunners #1000pecadosparedes	Juniores/Séniiores	00:50:15	00:49:22
627	2288	Luís Freire	M		Juniores/Séniiores	00:50:16	00:49:36
628	1198	JOAQUIM PAULINO	M	CAL - Clube Atletismo de Lamas	VET 60	00:50:17	00:49:58
629	2229	Modesto Monteiro	M	cLUBE iNDEPENDENTE DE aTLETISMO DE Alpendorada	VET 55	00:50:18	00:49:17
630	1644	Anibal Glória	M		VET 55	00:50:18	00:49:21
631	2210	Manuel M Teixeira	M		VET 55	00:50:19	00:49:21
632	1508	José Mendonça	M		VET 40	00:50:20	00:49:53
633	2205	Senra Ângelo	M	Killian Valongo	VET 40	00:50:20	00:48:54
634	1268	Cláudio Cândido	M	ADE Trail Running	VET 40	00:50:20	00:48:54
635	1572	Jose Manuel Freitas Nunes	M		VET 40	00:50:21	00:49:52
636	1319	Pedro Moura	M	DOCAPESCA	VET 40	00:50:21	00:49:52
637	1989	Jorge Caldas	M		VET 40	00:50:21	00:49:34
638	1566	Mário Magalhães	M		VET 55	00:50:22	00:49:49
639	1232	André Bandeira	M		VET 40	00:50:23	00:50:07
640	1761	Manuel Correia	M		VET 40	00:50:23	00:49:17
641	2034	Henrique Pestana	M	GDR Juventude das Ribeiras	VET 60	00:50:23	00:50:09
642	2282	Rui Miguel Tito Dias Moreira	M	Marinha/AMN	VET 35	00:50:24	00:49:17
643	2665	Maria João Melo	F	Gaia-Running	VET 40	00:50:24	00:50:17
644	1928	Mário Conde	M	Afis/Ovar	VET 60	00:50:26	00:50:16
645	1605	Alvaro Dias	M		Juniores/Séniiores	00:50:29	00:48:37
646	1639	Sérgio Pereira	M		VET 50	00:50:30	00:49:34
647	1538	Jorge Manuel Pereira Ribeiro	M	Clube do Pessoal EDP - Delegação de Gaia	VET 35	00:50:32	00:49:35
648	1273	Ivan Gerales	M		Juniores/Séniiores	00:50:32	00:49:22
649	1150	Ricardo Barros	M	INVICTA RUNNERS TEAM	VET 40	00:50:34	00:50:00
650	1356	Fernando Silvano	M	Inquipa	VET 40	00:50:38	00:49:51
651	2546	Alex Pereira	M		VET 40	00:50:38	00:50:04
652	1853	Manuel Moura	M		VET 40	00:50:40	00:50:09
653	1754	Jorge António da Costa Pereira	M		VET 60	00:50:42	00:49:36
654	2305	Goretti Cardoso	F	Caldas S. Jorge Sport Clube	VET 50	00:50:46	00:50:30
655	2675	Américo Ribeiro	M		VET 55	00:50:48	00:50:21
656	1375	Gustavo Coelho	M	CAC	VET 35	00:50:50	00:49:26
657	2339	Carlos Oliveira	M	GONDOMAR FUTSAL CLUBE	VET 60	00:50:51	00:49:51
658	2611	Carlos Rodrigues	M	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 45	00:50:51	00:49:47
659	1844	Pedro Rocha	M	CORRER LEÇA	Juniores/Séniiores	00:50:51	00:49:33
660	1647	Nuno Fernandes	M		VET 40	00:50:52	00:50:22

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
661	1081	Vasco Gomes	M	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 40	00:50:53	00:49:47
662	1926	Katia Melanie Silva	F		Juniores/Séniore	00:50:53	00:49:25
663	1750	André Silva	M		Juniores/Séniore	00:50:55	00:49:40
664	1672	PAULO FERREIRA	M	PORTOCARGO RUNNERS	VET 45	00:50:59	00:49:59
665	1671	Rui Marques	M	Palato Restaurante	VET 50	00:51:00	00:50:19
666	1600	Pedro Ferreira	M		VET 40	00:51:01	00:49:51
667	2025	Luís Pereira	M		VET 40	00:51:01	00:49:51
668	1197	Artur Carneiro	M		VET 35	00:51:01	00:50:30
669	1056	Domingos Silva	M	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 60	00:51:02	00:50:16
670	2633	vitlor manuel castro gonçalves	M		VET 40	00:51:03	00:49:15
671	2503	Bruno Miguel Ferreira Garcia	M		Juniores/Séniore	00:51:04	00:50:09
672	2651	Pedro Barbosa	M	Equipa Boot	Juniores/Séniore	00:51:07	00:50:51
673	1771	Pedro	M		Juniores/Séniore	00:51:07	00:50:24
674	2599	Rui Santos	M	OPÉRARIO futebol clube	VET 45	00:51:08	00:50:31
675	1202	José Silva	M	Corredor de Fim de Tarde	VET 50	00:51:09	00:49:57
676	2725	Pedro Correia	M		Juniores/Séniore	00:51:11	00:49:51
677	1553	Nuno Monteiro	M		VET 60	00:51:11	00:50:38
678	1439	Miguel	M		VET 40	00:51:12	00:49:32
679	2653	Paula Almeida	F		VET 35	00:51:13	00:49:37
680	2541	Helder Fernando Ferreira Saraiva Santos	M		VET 40	00:51:13	00:50:23
681	2726	Orlando Monteiro	M		VET 45	00:51:14	00:49:13
682	1642	Artur Morais	M		VET 55	00:51:16	00:50:53
683	2666	Eduardo Teixeira	M	Gaia-Running	VET 50	00:51:17	00:51:09
684	2668	José Rodrigues	M	Gaia-Running	VET 50	00:51:17	00:51:09
685	1592	Jorge Ramos	M		VET 50	00:51:19	00:51:04
686	2770	Nancy Almeida	F	Bial Running	Juniores/Séniore	00:51:23	00:50:22
687	1297	Rui Jorge Moreira da Silva Lopes	M	C+ RUNNERS	Juniores/Séniore	00:51:25	00:50:11
688	1758	FILIPE SOARES	M	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 50	00:51:25	00:50:44
689	1967	Eduardo Loureiro	M	REMO RUNNERS - CLUBE DO REMO - BELÉM - PA, BRASIL	VET 45	00:51:26	00:50:20
690	1912	António Guedes	M	INVITAS RUNNERS TEAM	VET 40	00:51:26	00:51:13
691	1043	Armando Magalhães	M	run&walk	VET 35	00:51:26	00:51:13
692	1446	António Santos	M	NASCIDOS PARA CORRER	VET 50	00:51:27	00:51:02
693	1795	Eduardo Falcão	M	Perdi o Táxi	VET 45	00:51:29	00:50:21
694	1130	Víctor Carvalho	M		VET 60	00:51:32	00:50:35
695	2499	Mário Rui Matos Campos	M		VET 35	00:51:33	00:50:40
696	2781	André Lima	M	Bial Running	VET 40	00:51:35	00:50:55
697	2712	Basilio Lopes	M		VET 55	00:51:36	00:50:59
698	1519	Alexandre Araújo	M	CMC - CARAPAUS	Juniores/Séniore	00:51:36	00:50:58
699	2046	Miguel Sousa	M	sunset runners	VET 55	00:51:37	00:50:55
700	1053	FIRMINO NOGUEIRA	M	Clube Millennium BCP	VET 50	00:51:37	00:50:03
701	2238	José Oliveira	M		VET 50	00:51:38	00:51:08
702	2564	Regina Silva	F	INVICTA RUNNERS TEAM	Juniores/Séniore	00:51:39	00:50:31
703	2565	Nelson Fernandes	M	INVICTA RUNNERS TEAM	VET 35	00:51:39	00:50:29
704	2422	JULIO ROBERTO BRITO SANTOS	M	EL'PEREGRINOS TEAM	Juniores/Séniore	00:51:41	00:51:00

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
705	2032	José Pinto	M		VET 35	00:51:42	00:49:48
706	2686	Rui dias	M		VET 40	00:51:44	00:50:30
707	2371	Sergei Shilov	M		Juniores/Séniore	00:51:44	00:50:22
708	2548	Ana Faria	F		Juniores/Séniore	00:51:45	00:51:11
709	1288	Joao Paulo	M	João Paulo	VET 50	00:51:51	00:51:25
710	1433	Sandra Amorim	F		VET 40	00:51:53	00:51:28
711	1661	Luís Coelho	M		VET 45	00:51:55	00:48:34
712	1657	Pedro Ferreira	M		VET 35	00:51:55	00:49:57
713	2322	Rui Miguel Moreira da Costa	M		VET 40	00:51:57	00:51:29
714	1852	Oscar loureiro	M	Porto sentido	VET 60	00:52:01	00:51:09
715	2639	Nuno Ferreira	M		VET 40	00:52:05	00:51:35
716	2608	Nelson Rodrigues	M	Centro Municipal de Marcha e Corrida de Vale de Cambra	Juniores/Séniore	00:52:05	00:51:19
717	2543	Cândido Januario Moreira Gomes	M		VET 35	00:52:05	00:50:42
718	1645	António Sousa	M	Águas do Porto - Casa dos Trabalhadores	VET 40	00:52:07	00:51:13
719	2547	Daniel Marques	M		VET 35	00:52:08	00:51:00
720	2041	João Do Carmo	M	sunset runners	VET 55	00:52:08	00:51:52
721	2528	Pedro Gomes	M		VET 40	00:52:09	00:50:47
722	2316	Bruno Daniel Monteiro	M	All Titudes Trail Team	VET 35	00:52:13	00:52:02
723	1816	Diogo Soares	M	CORRER LEÇA	Juniores/Séniore	00:52:14	00:50:40
724	1235	RuiFilipeOliveiraTeixeira	M		Juniores/Séniore	00:52:15	00:51:04
725	1039	Cristina Silva	F	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 45	00:52:16	00:51:39
726	2323	André Gouveia de Paiva	M		VET 55	00:52:16	00:52:10
727	2297	Liliana Isabel Gonçalves da Rocha	F		VET 35	00:52:19	00:50:53
728	2035	Vitor Sousa	M	sunset runners	VET 45	00:52:19	00:51:07
729	1201	Manuel Teixeira	M		VET 45	00:52:19	00:51:36
730	2560	CARLOS MANUEL MODESTO SANTOS	M	CORRER LEÇA	VET 45	00:52:22	00:51:01
731	1827	João Rocha	M	CORRER LEÇA	VET 55	00:52:23	00:51:04
732	1805	Nuno Gomes	M		VET 40	00:52:26	00:50:55
733	1174	Carlos Freitas	M	Trilhados	Juniores/Séniore	00:52:27	00:51:03
734	2284	Ricardo Bruno Mendonça Pinto	M	Marinha/AMN	Juniores/Séniore	00:52:28	00:51:22
735	1665	Gustavo Sousa	M		Juniores/Séniore	00:52:29	00:52:15
736	2591	Pedro Martins	M		VET 35	00:52:30	00:51:25
737	1986	Tiago Neiva	M	GDR Juventude das Ribeiras	VET 35	00:52:31	00:52:09
738	2084	Nelson Manuel Garcia	M	Novelia Running Amarante	VET 60	00:52:31	00:51:51
739	1700	Lara GomesdaRocha	F		VET 40	00:52:31	00:50:35
740	1112	Paulo Gonçalves	M	STCP Runners	VET 45	00:52:33	00:51:47
741	1189	RICARDO SILVA	M		VET 35	00:52:36	00:50:43
742	2730	José Oliveira	M		VET 45	00:52:38	00:51:42
743	1984	Joao Castro	M		VET 40	00:52:38	00:50:55
744	2329	Rui Furtado	M	Minis & Bifanas	VET 40	00:52:39	00:51:15
745	2030	Fernando Valente	M	GDR Juventude das Ribeiras	VET 55	00:52:39	00:52:20
746	1876	Rosa Gama	F	GDR Juventude das Ribeiras	VET 45	00:52:39	00:52:21
747	1709	PAULO SERGIO DA CUNHA PEREIRA	M		VET 40	00:52:39	00:51:05
748	2454	Cláudia Campelo	F		VET 35	00:52:41	00:52:27

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
749	1472	Gonçalo Morais	M	SOMOS NÓS TEAM	Juniores/Séniore	00:52:41	00:52:34
750	2408	ricardo teixeira	M	salgueiros running	VET 35	00:52:42	00:51:55
751	2351	Pedro Lago	M	Diversey Runners	VET 50	00:52:44	00:50:43
752	2021	Ângelo Faustino	M	GDR Juventude das Ribeiras	VET 40	00:52:44	00:50:55
753	2433	Paulo Ferreira	M		VET 35	00:52:46	00:51:21
754	1080	Carlos Beco	M		VET 45	00:52:47	00:51:17
755	1864	Antonio Rocha	M		VET 55	00:52:48	00:52:10
756	2716	Luís Filipe Ferreira	M	Clube Colaboradores AGEAS	VET 40	00:52:51	00:51:10
757	2307	Hugo Pinto	M		Juniores/Séniore	00:52:52	00:51:22
758	1736	joao remedios	M	carapaus	VET 55	00:52:52	00:52:40
759	2262	Altino Valente	M		VET 45	00:52:53	00:52:40
760	1523	José Andrade	M	NASCIDOS PARA CORRER	VET 35	00:52:55	00:51:46
761	2087	Cristina Rodrigues Silva Carvalho	F		VET 45	00:52:56	00:52:34
762	2424	Bruno Daniel Ferreira de Sousa	M	EL'PEREGRINOS TEAM	Juniores/Séniore	00:52:56	00:52:21
763	1332	Delfim Mendonca	M		VET 45	00:52:57	00:52:34
764	1569	João silva	M		VET 50	00:52:58	00:51:50
765	2085	Patrícia Ramos	F		Juniores/Séniore	00:52:59	00:51:48
766	1029	Valentim Castro da Guia	M		VET 50	00:53:00	00:51:47
767	2426	Rui Filipe Rosas Caramelo	M		Juniores/Séniore	00:53:01	00:51:02
768	2514	Ricardo Barros	M		VET 35	00:53:01	00:49:03
769	2557	Cristina Magalhães	F	Academia Fernanda Ribeiro	VET 50	00:53:01	00:52:50
770	1350	Sergio Mota	M		VET 45	00:53:01	00:52:26
771	1799	Tiago Diniz	M	EDV Viana trail	Juniores/Séniore	00:53:06	00:52:34
772	1615	jose Granja	M		VET 50	00:53:07	00:50:52
773	2462	Jose Lino Ferreira Moura	M	OS MANGUELAS	VET 55	00:53:08	00:52:41
774	2492	António Ribeiro	M	Yilport Leixões	VET 55	00:53:09	00:52:43
775	1301	VALDEMAR ALMEIDA	M	INVICTA RUNNERS TEAM	VET 50	00:53:11	00:52:34
776	2285	Amilcar Almeida	M		VET 45	00:53:11	00:52:19
777	1884	Hugo Lamarão	M		VET 50	00:53:11	00:51:54
778	2332	Oswaldo José costa	M		VET 50	00:53:12	00:53:03
779	2641	Fábio Matos	M		Juniores/Séniore	00:53:13	00:51:19
780	2265	Abilio Pacheco	M	Graficel	VET 45	00:53:13	00:51:36
781	2077	Paulo Silva	M	Budokenkyu-kai	Juniores/Séniore	00:53:15	00:51:15
782	2575	Renata	F		VET 35	00:53:16	00:52:14
783	2574	Delfim	M		VET 40	00:53:17	00:52:14
784	1471	Elisabete Cunha	F		VET 35	00:53:17	00:52:26
785	2438	Teresa Sequeira	F		VET 40	00:53:17	00:52:17
786	2727	António Loureiro	M		VET 55	00:53:20	00:52:24
787	2059	Paulo Morgado	M		VET 45	00:53:22	00:52:46
788	1172	Manuel Neves	M		VET 45	00:53:26	00:52:47
789	1118	RUI CORREIA	M	LEBRES COXAS	VET 50	00:53:27	00:52:17
790	2417	Rafael Ferraz	M		Juniores/Séniore	00:53:31	00:51:45
791	1663	Paulo Pereira	M	Palato Restaurante	VET 40	00:53:32	00:52:21
792	1948	Sara Nunes	F	Afis/Ovar	VET 40	00:53:32	00:52:50

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
793	2617	Fernanda Lopes	F		VET 50	00:53:32	00:52:49
794	1558	Pedro Neves	M	GD BPI	VET 35	00:53:34	00:53:19
795	2627	Gustavo Joao Rocha Soares Oliveira	M		Juniores/Séniore	00:53:35	00:50:11
796	2572	Teresa Castro	F		Juniores/Séniore	00:53:35	00:52:36
797	2498	Nuno Lopes	M		VET 40	00:53:36	00:51:52
798	2275	Paulo Silva	M		VET 40	00:53:36	00:51:51
799	1579	Caetano	M		VET 40	00:53:37	00:48:02
800	2385	Vitor Oliveira	M	oliveirinhas	Juniores/Séniore	00:53:38	00:51:46
801	1424	Joaquim Marques	M	Maia runners	VET 55	00:53:38	00:52:28
802	1478	Carlos Pereira	M	BioTeam	VET 40	00:53:39	00:52:04
803	1731	Henrique Madureira	M		VET 45	00:53:39	00:52:15
804	2079	Rui Coelho	M	werun4food	Juniores/Séniore	00:53:40	00:49:13
805	1320	Pedro Silva	M		Juniores/Séniore	00:53:42	00:52:15
806	2016	Bruno Gomes	M	Os Amorim Gomes	Juniores/Séniore	00:53:42	00:52:31
807	1089	Deolinda Silva	F	Ligeirinhos	VET 55	00:53:43	00:52:58
808	1916	Helder Lopes	M	Lopes	Juniores/Séniore	00:53:43	00:52:11
809	1732	joaquim fernando	M	Centro Atletismo Ermesinde	VET 60	00:53:44	00:52:52
810	2501	João Semeão	M	Tartarugas do Asfalto	VET 50	00:53:46	00:53:07
811	1783	Bronze	M		VET 50	00:53:48	00:53:14
812	1547	Rodolfo Cunha	M		VET 35	00:53:49	00:52:38
813	1809	Nuno Vaz Lopes	M	C.M.C. - CARAPAUS	VET 45	00:53:50	00:53:16
814	1937	Jorge Lemos	M	João Ferreira	VET 50	00:53:51	00:52:34
815	1994	PEDRO FRANCA	M	cães d'avenida	VET 55	00:53:52	00:52:34
816	1069	Carlos Silva	M	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 40	00:53:52	00:52:50
817	2402	Marco Castro	M	Douroconta-Gabinete de Apoio e Contabilidade. Lda	VET 45	00:53:53	00:53:33
818	1242	JOSE TEIXEIRA	M		VET 50	00:53:55	00:53:07
819	2006	João Paulo Pereira	M		VET 50	00:53:55	00:53:00
820	2313	João Santana	M		VET 50	00:53:56	00:53:04
821	1365	Sandro Silva	M		VET 45	00:53:58	00:53:42
822	1204	Tiago André Neto Verissimo	M		Juniores/Séniore	00:53:59	00:52:35
823	2070	Hugo Couto	M	Comdor Runners	VET 35	00:53:59	00:52:40
824	1562	Francisco Zenha	M		VET 35	00:54:00	00:52:41
825	1919	Márcia Fernanda Marinho Cabouco	F	NOVÉLIA RUNNING AMARANTE	VET 35	00:54:02	00:53:40
826	2646	Alberto Gama	M	NASCIDOS PARA CORRER	VET 55	00:54:04	00:53:04
827	2352	Pedro Vasconcelos	M	Seramente na Boa	Juniores/Séniore	00:54:05	00:53:29
828	1065	FERNANDO FONTELONGA	M	Clube Millennium BCP	VET 40	00:54:07	00:52:28
829	2474	Armindo Martins	M	Couto Martins Team	VET 45	00:54:10	00:53:55
830	1134	Juan Manuel Barrena Delgado	M		VET 40	00:54:10	00:52:58
831	2011	Pedro Santos Quintas	M	Lebres & Tartarugas	Juniores/Séniore	00:54:11	00:52:22
832	1353	Luis Silva	M	TEAM BRAVOS	VET 35	00:54:12	00:53:38
833	2090	CELESTINO BRÁS	M	Clube Millennium BCP	VET 55	00:54:12	00:54:07
834	1002	Carina Barbosa	F		VET 35	00:54:12	00:54:03
835	1194	Luísa Reis	F		Juniores/Séniore	00:54:13	00:52:41
836	2383	Luís Meneses	M	CVP	VET 60	00:54:17	00:52:17

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
837	1543	Bruno Miguel Oliveira Pereira	M	APDL	Juniores/Séniiores	00:54:17	00:52:24
838	1286	NATALIA RIBEIRO	F	INVICTA RUNNERS TEAM	VET 45	00:54:19	00:53:26
839	1348	João Rodrigues	M		Juniores/Séniiores	00:54:22	00:52:19
840	2008	Henrique Pais	M	Cebes Running	VET 45	00:54:23	00:53:18
841	2003	Rui silva	M	Cebes Running	VET 40	00:54:23	00:53:18
842	1187	Nuno Almeida	M	TEAM BRAVOS	VET 35	00:54:24	00:53:50
843	1183	Paulo Silva	M		VET 45	00:54:25	00:54:07
844	2372	Susana Martins	F	Vamos ver se conseguimos	VET 40	00:54:25	00:52:33
845	1715	Manuel Felizardo Maia de Carvalho	M		VET 50	00:54:30	00:53:41
846	1906	JULIO ALVES	M		VET 45	00:54:32	00:52:41
847	2017	João Carlos Mota	M	Lebres & Tartarugas	Juniores/Séniiores	00:54:33	00:52:48
848	1324	ANA MARIA MARTINS	F	INVICTA RUNNERS TEAM	VET 45	00:54:37	00:54:03
849	1282	IVONE PARDAL	F	INVICTA RUNNERS TEAM	VET 40	00:54:37	00:54:04
850	2267	Rui Félix	M	FFF	VET 40	00:54:39	00:53:08
851	2340	Bruno Alves	M		VET 35	00:54:40	00:53:09
852	2519	Claudia Carcau	F	Spartan spirit	VET 35	00:54:42	00:54:13
853	1163	Lucilia Paula Oliveira Almeida Cunha	F	Águas do Porto - Casa dos Trabalhadores	VET 50	00:54:42	00:53:53
854	2520	Lucinda Gomes	F	Spartan spirit	VET 50	00:54:43	00:54:14
855	2349	Alberto Pimenta	M	Diversey Runners	VET 50	00:54:43	00:52:40
856	2428	António Mota	M		Juniores/Séniiores	00:54:43	00:53:34
857	2471	Armindo Coelho	M		Juniores/Séniiores	00:54:46	00:53:25
858	1992	PEDRO RIBEIRO	M		VET 35	00:54:47	00:53:21
859	2793	Vanessa Faria	F	Vou Corrindo	Juniores/Séniiores	00:54:49	00:53:27
860	2794	Diogo Coutinho	M	Vou Corrindo	VET 35	00:54:49	00:53:26
861	2358	Jorge Oliveira	M	Gerbilinho&companhia	VET 40	00:54:49	00:52:43
862	2357	Sandra Oliveira	F	Gerbilinho&companhia	Juniores/Séniiores	00:54:49	00:52:45
863	2335	Miguel Ferreira	M		VET 45	00:54:49	00:54:03
864	2542	jose santos	M	turbo lentos da maia	VET 50	00:54:50	00:53:57
865	1860	José Maria Teixeira	M		VET 50	00:54:52	00:53:44
866	1145	Dulce Maia	F	INVICTA RUNNERS TEAM	VET 40	00:54:53	00:54:18
867	1157	António Manuel Sousa	M	Águas do Porto - Casa dos Trabalhadores	VET 50	00:54:53	00:53:15
868	1160	Maria Santos	F	Águas do Porto - Casa dos Trabalhadores	VET 50	00:54:53	00:53:14
869	2504	Nuno Fernandes	M	OPraticante.pt	Juniores/Séniiores	00:54:58	00:53:33
870	2459	Emanuel Tiago Ferreira da Costa	M		Juniores/Séniiores	00:54:58	00:53:35
871	1888	Sandra Aguiar	F	Salgueiros Running	VET 40	00:54:58	00:54:38
872	2321	Filipa Carvalho	F	A D Esmeriz Running	VET 40	00:55:00	00:54:30
873	1495	João Leite	M	Acail Gás, S.A.	VET 35	00:55:01	00:53:20
874	2742	Filipa Pimenta	F		VET 40	00:55:01	00:54:30
875	1394	ANA CASTRO	F	CAL - Clube Atletismo de Lamas	VET 45	00:55:03	00:53:42
876	1764	José Pedro Osório	M		VET 45	00:55:04	00:54:06
877	2062	Quintino Bacelo	M	GDR Juventude das Ribeiras	VET 55	00:55:06	00:54:43
878	1892	PEDRO ESPERANÇA	M	PÉSNUKU	VET 40	00:55:06	00:54:05
879	1662	Filipe Conceição	M	Locomotiva de Paranhos	VET 35	00:55:07	00:53:16
880	1322	Jorge Cabral	M	APDL	VET 35	00:55:07	00:53:51

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
881	2277	Dina	F		Juniores/Séniiores	00:55:08	00:54:02
882	1955	Luis Loureiro	M		VET 50	00:55:10	00:54:08
883	1684	Claudio Barbosa	M		VET 40	00:55:11	00:54:32
884	1090	FILIPA COSTA	F	Clube Millennium BCP	Juniores/Séniiores	00:55:11	00:54:34
885	2269	Paulo Jorge Melo e Silva	M		VET 40	00:55:11	00:53:44
886	2430	Francisco Granja	M		VET 60	00:55:12	00:53:32
887	2423	DIOGO MANUEL LOPES DA CUNHA	M	EL'PEREGRINOS TEAM	Juniores/Séniiores	00:55:12	00:54:36
888	1152	Daniela Rodrigues	F		Juniores/Séniiores	00:55:13	00:55:13
889	1248	Joaquim Lagareiro da Silva	M		VET 50	00:55:13	00:53:33
890	1111	ANA ALEXANDRE	F	Clube Millennium BCP	VET 50	00:55:13	00:53:53
891	1048	JOSÉ LOPES	M	Clube Millennium BCP	VET 50	00:55:14	00:53:54
892	1568	Patricia Pinho	F	NASCIDOS PARA CORRER	VET 35	00:55:14	00:55:05
893	2080	JOAQUIM OLIVEIRA	M	RIPOLINS GRIJÓ A CORRER	VET 55	00:55:15	00:54:48
894	2098	João José Aires Afonso Génio da Silva	M	Budokenkyu-kai	VET 45	00:55:16	00:53:18
895	2390	Gonçalo Guerra	M	cães d'avenida	VET 50	00:55:17	00:54:13
896	1821	Luis Monteiro	M	C.M.C. - CARAPAUS	VET 45	00:55:17	00:54:48
897	2387	Ana Brito	F		VET 40	00:55:18	00:54:57
898	1414	Sergio Moreira	M	MYGIMY	VET 45	00:55:23	00:54:32
899	1407	Lucilia Adelaide Ferreira da Silva Pereira	F	MYGIMY	VET 60	00:55:23	00:54:33
900	1071	PAULO SOUSA	M	Clube Millennium BCP	VET 50	00:55:24	00:53:47
901	1095	LEONEL POÇAS	M	Clube Millennium BCP	VET 55	00:55:24	00:53:47
902	2594	Herculano Marques	M		VET 55	00:55:25	00:54:26
903	2378	Leonel Monteiro	M		Juniores/Séniiores	00:55:26	00:53:28
904	2012	Ana Neves	F	Cebes Running	VET 45	00:55:27	00:54:22
905	2379	Lau Silva	M		VET 35	00:55:27	00:53:29
906	1913	Helder Ferreira	M		VET 40	00:55:27	00:53:58
907	1405	armando cunha	M		VET 60	00:55:27	00:54:36
908	1628	Teresinha Castro	F	NASCIDOS PARA CORRER	VET 35	00:55:28	00:55:03
909	2609	Catia Coimbra	F	Centro Municipal de Marcha e Corrida de Vale de Cambra	Juniores/Séniiores	00:55:30	00:54:24
910	1239	Nuno Fontoura	M	Andar a Correr	VET 40	00:55:33	00:54:06
911	2455	Letícia Andrade	F		Juniores/Séniiores	00:55:33	00:55:19
912	2052	Ricardo Cachadinha	M	ACTeam Alexandra Carvalho Terapias	VET 40	00:55:35	00:54:25
913	1430	António Santos	M		VET 60	00:55:36	00:54:03
914	2525	Tiago Carvalho	M		VET 35	00:55:40	00:53:50
915	2763	Ricardo Rocha	M	Bial Running	VET 40	00:55:40	00:54:29
916	2093	Pedro Amorim	M		VET 40	00:55:43	00:53:58
917	2274	Renata Ramos	F		VET 35	00:55:44	00:53:50
918	1850	Luís Miguel	M		VET 35	00:55:47	00:54:16
919	1584	Tiago Teixeira	M		Juniores/Séniiores	00:55:47	00:54:45
920	1619	Paula Oliveira	F	Juntos somos Um	VET 45	00:55:49	00:55:28
921	2533	Pedro Dias	M		VET 35	00:55:49	00:53:56
922	1629	Carlos Barroso	M		VET 50	00:55:50	00:54:34
923	1076	JOSÉ ALVES	M	Clube Millennium BCP	VET 45	00:55:51	00:54:14
924	1490	Jorge Francisco	M	Acaíl Gás, S.A.	VET 45	00:55:54	00:54:14

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
925	2482	Claudia Sofia Costa	F		Juniores/Séniiores	00:55:54	00:54:24
926	1249	António Jorge Soares Lopes	M		VET 45	00:55:55	00:54:48
927	2018	joao alexandrino	M		VET 50	00:55:56	00:55:19
928	1907	Luana Marques	F		Juniores/Séniiores	00:55:56	00:55:20
929	2301	Joao Gomes	M		VET 40	00:55:57	00:55:10
930	1275	Hélder José Teixeira Correia	M		VET 35	00:55:57	00:54:39
931	1739	João Barbás	M		VET 50	00:55:58	00:55:21
932	1379	Serge Costa Caetano	M		VET 35	00:55:58	00:54:33
933	2105	João Landolt	M		VET 40	00:55:59	00:54:01
934	1380	Francisca Gomes	F		Juniores/Séniiores	00:56:00	00:54:48
935	2771	Mário Ferreira	M	Bial Running	VET 55	00:56:00	00:54:59
936	1515	Jorge Rebelo	M	nem que chova	VET 40	00:56:00	00:54:56
937	2254	JOÃO PEDRO AZEVEDO TEIXEIRA	M		Juniores/Séniiores	00:56:03	00:55:45
938	1060	MARIA INÊS SANTOS	F	Clube Millennium BCP	Juniores/Séniiores	00:56:06	00:54:30
939	1796	Maria luz Almeida	F		VET 50	00:56:07	00:55:34
940	1451	Pedro Amendoeira	M		VET 45	00:56:09	00:55:38
941	1973	Diogo Lopes	M		VET 45	00:56:11	00:54:35
942	1504	José Alexandre Jesus Oliveira Moita	M	Banco de Portugal	VET 60	00:56:11	00:54:42
943	1602	Ana Francisca Peneda Andrade	F		Juniores/Séniiores	00:56:12	00:55:28
944	1778	PAULO RAMOS	M	GRUPO JUVENIL PINHEIRO DA BEMPOSTA - O. AZEMÉIS	VET 45	00:56:12	00:55:09
945	2237	José Guimarães	M		VET 60	00:56:13	00:54:50
946	1567	António Granja	M		VET 40	00:56:13	00:54:24
947	2009	Rosa Almeida	F	GDR Juventude das Ribeiras	VET 40	00:56:15	00:55:52
948	2104	Filipa falcao	F	perdi o táxi	VET 45	00:56:19	00:54:16
949	1596	Adelaide Brandão	F	Os avenses	VET 45	00:56:20	00:55:22
950	2702	Fromentino Fernando da Silva Guimarães	M		VET 50	00:56:20	00:54:56
951	1848	José Carlos Fernandes da Silva	M		VET 50	00:56:21	00:55:43
952	2758	Isabel Silva	F	Asphalt Assault Team	Juniores/Séniiores	00:56:21	00:54:31
953	1176	Tomás Silva	M		VET 35	00:56:22	00:56:03
954	2392	Ricardo Pina	M	10TEMIDOS	VET 35	00:56:22	00:54:40
955	1787	Antonio Jorge Ferreira Oliveira Gomes	M		VET 55	00:56:22	00:54:58
956	1276	Pedro Melo	M	Sempre a abrir !!	VET 50	00:56:23	00:55:37
957	1259	Jorge Soares	M	Sempre a abrir !!	VET 45	00:56:23	00:55:37
958	1500	Tiago Azeredo	M	La Família	Juniores/Séniiores	00:56:23	00:54:45
959	1317	Vítor Fernandes	M	Gaia-Running	VET 45	00:56:24	00:56:15
960	1336	Alberto César	M		VET 45	00:56:26	00:54:39
961	1110	Cosme Almeida	M		VET 35	00:56:27	00:55:04
962	2550	GRACINDA MARQUES	F	Academia Fernanda Ribeiro	VET 45	00:56:27	00:55:52
963	1369	Silvina da Graça	F		VET 50	00:56:28	00:55:29
964	2057	Pedro Henrique Silva	M	CVP	VET 35	00:56:31	00:55:18
965	1941	Abel Moreira	M		VET 45	00:56:31	00:54:58
966	1554	Sara Magalhaes	F		Juniores/Séniiores	00:56:31	00:55:58
967	2634	Celso Barbosa	M		VET 35	00:56:31	00:54:58
968	1885	Amílcar César	M		VET 35	00:56:35	00:54:32

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
969	1581	Fernando Merino	M		VET 50	00:56:35	00:55:27
970	2295	ANTÓNIO BARBOSA	M		VET 50	00:56:37	00:55:45
971	2294	FRANCISCO MANSO	M		VET 40	00:56:37	00:55:43
972	2296	JOSÉ LEITE	M		VET 45	00:56:37	00:55:44
973	1598	MARCO LASEK	M	TEAM BRAVOS	Juniores/Séniore	00:56:39	00:56:04
974	1843	Diana Carneiro	F		VET 40	00:56:42	00:56:28
975	1836	Daniel Machado	M		VET 35	00:56:42	00:56:27
976	1230	Jose Castro	M		Juniores/Séniore	00:56:42	00:55:42
977	1586	Agreda	M		Juniores/Séniore	00:56:45	00:51:09
978	1108	José Manuel Telinhos de Matos	M		VET 40	00:56:47	00:55:14
979	2450	Ricardo Nuno Maia Pedroso Faria	M		Juniores/Séniore	00:56:48	00:54:45
980	2477	Os TurboMula	M	Os TurboMula	VET 40	00:56:49	00:54:52
981	1270	Marcos Gomes	M		Juniores/Séniore	00:56:49	00:56:16
982	1589	Paulo Pinheiro	M	Os avenses	VET 45	00:56:49	00:55:50
983	1686	ISABEL VIEIRA	F	PORTOCARGO RUNNERS	VET 45	00:56:50	00:55:49
984	1237	Fernando Ferreira	M		VET 55	00:56:50	00:55:32
985	2354	Bruno Rodrigues	M		VET 40	00:56:52	00:54:47
986	2356	Ricardo Teixeira	M	O JOGO	VET 40	00:56:53	00:54:47
987	1453	Roberto Teixeira	M		VET 35	00:56:54	00:55:28
988	1367	Claudia Ribeiro	F		VET 45	00:56:55	00:56:02
989	2638	Vitor Carvalho	M		VET 40	00:56:58	00:55:46
990	1707	Liliana lopes	F		Juniores/Séniore	00:56:59	00:55:55
991	1542	Helder Magalhães	M	Monte dos Amigos	Juniores/Séniore	00:57:00	00:55:07
992	1766	Sérgio Gonçalves	M		VET 35	00:57:03	00:56:04
993	1961	Jacinto Fernando Oliveira	M	Clube Portugal Telecom Zona Norte	VET 45	00:57:04	00:56:50
994	1624	Maria Délia Pereira Martins	F		VET 55	00:57:04	00:56:41
995	1618	Jorge António Rodrigues Nunes	M		VET 60	00:57:04	00:56:42
996	1008	ABILIO SOARES	M		VET 60	00:57:04	00:56:53
997	2257	Jani Diogo	F		VET 35	00:57:09	00:55:02
998	1316	José Luis Silva	M		VET 45	00:57:10	00:55:16
999	1959	Álvaro Pereira	M		VET 40	00:57:10	00:56:18
1000	1911	Nelson Lopes	M	Lopes	Juniores/Séniore	00:57:12	00:55:40
1001	2333	Francisco Guedes	M		VET 35	00:57:14	00:55:56
1002	1330	José Lopes	M	Gaia-Running	VET 40	00:57:16	00:57:06
1003	2083	ANSELMO PINTO	M	Clube Millennium BCP	VET 55	00:57:18	00:57:12
1004	1784	Margarida Sousa	F		Juniores/Séniore	00:57:18	00:56:23
1005	1947	Pedro Loureiro	M		VET 40	00:57:19	00:55:44
1006	2127	Paula Soberano	F		Juniores/Séniore	00:57:20	00:55:27
1007	2536	Tiago da Silva Carvalho	M		VET 40	00:57:20	00:55:33
1008	2432	João Soares	M	Ana e João	Juniores/Séniore	00:57:21	00:56:01
1009	1279	Sandra Monteiro	F		VET 45	00:57:22	00:55:57
1010	2778	Luís Mesquita	M	Bial Running	VET 35	00:57:22	00:55:37
1011	1944	Anabela Oliveira	F		VET 45	00:57:22	00:55:57
1012	2381	José Fernando Leal	M	Leal	VET 50	00:57:22	00:56:15

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1013	2049	Ana Alexandra Azevedo	F		VET 40	00:57:23	00:55:23
1014	1190	Carlos Reis	M		VET 60	00:57:23	00:55:59
1015	2780	Daniela Marques	F	Bial Running	Juniores/Séniore	00:57:24	00:57:04
1016	2470	Jorge Rodrigues	M		Juniores/Séniore	00:57:24	00:56:02
1017	2123	Carlos Alves	M		VET 50	00:57:28	00:56:11
1018	2207	Cristiano Garcia	M		VET 40	00:57:31	00:56:13
1019	1975	Luis Cardoso	M		VET 55	00:57:33	00:56:41
1020	2206	Filipe	M		VET 35	00:57:34	00:56:33
1021	1548	Rui Ferreira	M	Monte dos Amigos	VET 40	00:57:34	00:55:40
1022	1621	Filipe Cunha	M	FISIOPERFORMANCE	VET 35	00:57:35	00:56:50
1023	2592	Aurora Freitas	F	salgueiros running	VET 55	00:57:36	00:56:52
1024	1310	SERAFIM SOUSA	M	CAL - Clube Atletismo de Lamas	VET 50	00:57:40	00:56:37
1025	2429	maria rebelo	F		VET 45	00:57:42	00:56:03
1026	2721	Nuno Miguel Magalhães Correia	M	AEDL	VET 40	00:57:43	00:55:11
1027	1121	Pedro Rodrigues	M		VET 35	00:57:43	00:56:51
1028	1296	JOAQUINA MARTINS	M	INVICTA RUNNERS TEAM	VET 60	00:57:45	00:57:08
1029	1335	TIAGO GOMES	M	INVICTA RUNNERS TEAM	VET 35	00:57:45	00:56:51
1030	2602	sonia fernanda da silva carvalho	F		VET 40	00:57:46	00:56:22
1031	1390	Rui Rodrigues	M		VET 40	00:57:47	00:57:08
1032	2669	Fernanda Coelho	F	Gaia-Running	VET 55	00:57:47	00:57:07
1033	2530	José Pedro Marques	M		VET 40	00:57:47	00:54:08
1034	2529	Bruno Santos	M		VET 45	00:57:48	00:57:16
1035	2431	Ana Paula Miranda	F	Ana e João	Juniores/Séniore	00:57:49	00:56:29
1036	2412	Luis Andre Elias	M		VET 35	00:57:52	00:56:12
1037	1540	Ana Rito	F		VET 45	00:57:56	00:56:44
1038	2033	Luis Baptista	M	Lebres & Tartarugas	Juniores/Séniore	00:57:57	00:56:11
1039	1801	Moura Pinto	M		VET 55	00:58:00	00:57:02
1040	1846	Cátia Pinto	F		Juniores/Séniore	00:58:01	00:56:23
1041	2273	Rui Costa	M		VET 50	00:58:03	00:56:42
1042	2272	Gustavo Costa	M		Juniores/Séniore	00:58:03	00:56:42
1043	2789	Conceição Morais	F	NASCIDOS PARA CORRER	VET 50	00:58:04	00:56:47
1044	1751	Nelson Silva Nogueira	M		VET 60	00:58:06	00:57:41
1045	1527	Ivo pereira	M	nem que chova	VET 40	00:58:06	00:57:01
1046	1493	Arnaldo Sousa	M		VET 60	00:58:07	00:57:35
1047	2366	Paulo Santos	M		VET 35	00:58:10	00:56:39
1048	2531	Paulo José Moreira de Sousa Pinheiro Mota	M		VET 45	00:58:11	00:56:14
1049	2290	Liliana Alves	F	Solinca Foz	VET 35	00:58:15	00:56:59
1050	2066	Joaquim de Sousa	F	Fit2Labor	VET 45	00:58:15	00:56:48
1051	1338	Joana Oliveira	F	Gaia-Running	Juniores/Séniore	00:58:18	00:58:08
1052	1228	Rui Gonçalves	M		VET 35	00:58:20	00:56:44
1053	2261	Joel Monteiro	M	Tou aki tou ali	Juniores/Séniore	00:58:22	00:56:23
1054	2217	Américo Botelho	M		VET 35	00:58:24	00:56:34
1055	1445	Orlando	M		VET 40	00:58:24	00:56:55
1056	1653	Ana Falcão	F	Palato Restaurante	Juniores/Séniore	00:58:26	00:57:41

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1057	1977	Carlos Teixeira	M	Os Rompe Solas	VET 55	00:58:29	00:57:58
1058	1611	Olga Samões	F		VET 45	00:58:29	00:58:00
1059	2618	José Campos	M		VET 45	00:58:30	00:54:55
1060	2604	sergio queiros	M		VET 40	00:58:31	00:56:29
1061	2216	Manuel Bastos	M		VET 45	00:58:31	00:56:42
1062	1040	Lourenço de sousa	M		VET 35	00:58:33	00:57:45
1063	1351	Fernanda Almeida	F		VET 60	00:58:33	00:57:48
1064	2347	Paulo Lago	M	Diversey Runners	VET 45	00:58:34	00:56:32
1065	1044	manuel machado	M	AMA Associação Mondim Atletismo	VET 60	00:58:34	00:57:57
1066	1166	Joaquim José Soares Silva	M	Águas do Porto - Casa dos Trabalhadores	VET 50	00:58:35	00:56:55
1067	1123	Inês Doria	F		Juniores/Séniiores	00:58:36	00:56:47
1068	2767	Águeda Silva	F	Bial Running	VET 35	00:58:37	00:57:56
1069	2411	Ana Lacerda Leal	F		Juniores/Séniiores	00:58:37	00:56:52
1070	1196	José Eduardo Ferreira de Sousa	M		VET 45	00:58:37	00:58:07
1071	2410	Ricardo Albuquerque	M		Juniores/Séniiores	00:58:38	00:56:53
1072	2061	Mónica Margaride	F	Fit2Labor	VET 40	00:58:38	00:57:12
1073	2497	Tiago Lopes	M		VET 35	00:58:39	00:56:56
1074	2389	Diogo couceiro	M		VET 50	00:58:42	00:57:38
1075	2213	JORGE VAZQUEZ	M		Juniores/Séniiores	00:58:43	00:56:54
1076	1449	Paulo Ferreira	M		VET 45	00:58:45	00:57:58
1077	2569	Catarina	F		VET 40	00:58:45	00:58:04
1078	1695	Ricardo Moreira	M	MCCB Clínica Médica	VET 35	00:58:46	00:57:47
1079	1247	Daniel Miguel	M		VET 35	00:58:47	00:58:07
1080	1875	Gil Alcoforado	M		VET 55	00:58:48	00:57:40
1081	1769	MANUEL COUTO	M	RIPOLINS GRIJÓ A CORRER	VET 60	00:58:49	00:58:04
1082	2728	Frederico Rangel	M	Rangel Inc.	VET 35	00:58:51	00:57:38
1083	2729	Ana Costa Rangel	F	Rangel Inc.	VET 35	00:58:51	00:57:38
1084	1974	Manuel Freire	M	Clube Trilheiros & Amigos	VET 45	00:58:52	00:57:45
1085	2367	Daniel Palmeirão	M		VET 35	00:58:53	00:57:23
1086	1979	Anabela Carvalho	F	Clube Trilheiros & Amigos	VET 45	00:58:53	00:57:46
1087	1396	Ana Magalhães	F		VET 45	00:58:53	00:58:40
1088	2616	Luciano Pinho	M	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 40	00:58:54	00:58:12
1089	2518	João Almeida	M	Tou aki tou ali	VET 40	00:58:54	00:56:56
1090	1654	Susana Rodrigues	F	OPraticante.pt	VET 40	00:58:56	00:57:22
1091	1652	Patricia Silva	F	OPraticante.pt	VET 35	00:58:56	00:57:21
1092	2102	ANTÓNIO GUEDES	M	Clube Millennium BCP	VET 40	00:58:58	00:57:36
1093	1015	NUNO FONSECA	M	Clube Millennium BCP	VET 40	00:58:58	00:57:37
1094	2681	Lelio Moreira	M		VET 40	00:58:59	00:58:33
1095	2615	Elisio Gomes	M	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 55	00:59:02	00:57:56
1096	1640	Filipe Moura	M		VET 45	00:59:04	00:57:58
1097	2444	Sonia Costa	F	Runners On Fire 1314	VET 35	00:59:07	00:58:05
1098	2512	Cândida Moreira	F	Aldeia Dura	VET 40	00:59:07	00:58:36
1099	2445	Domingos Cunha Costa	M	Runners On Fire 1314	VET 60	00:59:07	00:58:05
1100	1950	Horácio Ferreira	M	GENEROSOS RUNNERS	VET 35	00:59:14	00:58:15

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1101	1525	Jose Gonçalves	M		VET 45	00:59:15	00:58:25
1102	1422	Luis Novo	M	Acail Gás, S.A.	Juniores/Séniore	00:59:16	00:57:34
1103	2465	José Ferreira	M	Os Ferreira	VET 45	00:59:17	00:58:10
1104	1412	Artur Fonseca	M	Ruptura Total	VET 40	00:59:18	00:58:30
1105	2209	Paulo Pinto	M		VET 40	00:59:19	00:58:15
1106	2386	Marisa Alves	F		VET 35	00:59:20	00:58:39
1107	1824	Ricardo Silva	M		VET 35	00:59:20	00:58:39
1108	2341	Elsa Marta Silva	F	Tartarugas do Asfalto	VET 40	00:59:22	00:58:44
1109	1431	Vitor Costa	M	Acail Gás, S.A.	VET 45	00:59:23	00:57:41
1110	2394	Paulo Salvador	M		VET 50	00:59:23	00:57:43
1111	2526	Manuel Carvalho	M		VET 60	00:59:24	00:57:29
1112	2657	André Monteiro	M		VET 35	00:59:27	00:57:48
1113	1680	Bruno Miguel de Almeida Moreira	M	AEDL	VET 35	00:59:28	00:58:02
1114	1939	Filipe Melo	M		VET 40	00:59:28	00:57:42
1115	2398	Hermínio Augusto moita	M		VET 60	00:59:29	00:58:30
1116	2375	Marly Neves	F		VET 40	00:59:30	00:58:57
1117	1825	Pedro Miguel Barbosa Gramaxo Rebelo	M	Solinca Foz	VET 35	00:59:30	00:58:14
1118	2409	Manuel Ascensão	M		Juniores/Séniore	00:59:30	00:57:25
1119	2271	José Oliveira	M		VET 40	00:59:32	00:58:05
1120	1466	Miguel Rocha	M		VET 45	00:59:32	00:58:17
1121	2689	Jhonny Quinonez	M		VET 45	00:59:33	00:58:05
1122	1776	Florbela Araújo	F		Juniores/Séniore	00:59:34	00:57:53
1123	2038	José Manuel Marques	M		VET 40	00:59:39	00:57:32
1124	2334	Maria João	F		VET 40	00:59:40	00:58:22
1125	1845	Cristina Romariz	F		VET 55	00:59:40	00:58:18
1126	2346	Eugénio Oliveira	M	Diversey Runners	VET 45	00:59:44	00:57:40
1127	2464	Ruben Filipe Barbosa Andrade	M		Juniores/Séniore	00:59:44	00:58:07
1128	2434	Maria Fátima Amorim	F		VET 55	00:59:45	00:58:51
1129	1910	MIGUEL ALVES	M		Juniores/Séniore	00:59:47	00:57:55
1130	2227	lucia corucho	F		VET 45	00:59:48	00:59:28
1131	2605	Aldina Rodrigues	F	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 55	00:59:49	00:59:33
1132	1262	Gonçalo Pires	M		Juniores/Séniore	00:59:52	00:59:22
1133	1780	Miguel Cerqueira	M	Carapaus	VET 45	00:59:52	00:58:03
1134	1482	António José Araújo	M	C.M.C. - CARAPAUS	VET 50	00:59:52	00:59:13
1135	2441	virxilio	M		VET 40	00:59:53	00:53:07
1136	1051	Jorge Martins	M	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 60	00:59:53	00:58:48
1137	2391	Joao Soares	M		Juniores/Séniore	00:59:54	00:58:10
1138	1265	Jürgen Schweinsteiger	M		VET 35	00:59:55	00:58:10
1139	2761	Miguel Carvalho	M		Juniores/Séniore	00:59:55	00:58:11
1140	1261	Marcos Correia	M		VET 35	00:59:55	00:58:10
1141	1521	clemente meireles	M	nem que chova	VET 50	00:59:56	00:58:50
1142	1400	Patrícia Tavares	F		VET 40	00:59:58	00:58:21
1143	2469	Maria Irene Correia Oliveira	F		Juniores/Séniore	01:00:00	00:58:29
1144	2467	Francisco Hugo Castro Pinto	M		Juniores/Séniore	01:00:00	00:58:29

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1145	2614	Tatiana Silva	F	Centro Municipal de Marcha e Corrida de Vale de Cambra	Juniores/Séniore	01:00:01	00:58:55
1146	2620	José Marçal	M		VET 35	01:00:04	00:57:53
1147	1807	David Queiros	M		VET 35	01:00:06	00:58:47
1148	1803	Vera Freitas	F		VET 35	01:00:06	01:00:06
1149	2082	Amândio Torres	M		Juniores/Séniore	01:00:08	00:58:29
1150	2451	benjamin kimbuelas	M	grupo desportivo leoes do veneza	VET 60	01:00:11	00:59:13
1151	2743	Alexandre Monteiro	M		VET 45	01:00:16	00:58:52
1152	2478	Helga Ataíde	F		VET 40	01:00:17	00:59:34
1153	2479	Francisco Figueiredo	M		VET 40	01:00:17	00:59:34
1154	1889	Cristina Sousa	F		VET 50	01:00:18	00:59:24
1155	1532	Gastao Ferreira	M	nem que chova	VET 35	01:00:20	00:59:15
1156	2545	Maria Ribeiro	F		VET 40	01:00:21	00:59:46
1157	2328	Augusto Melo	M		VET 45	01:00:21	00:59:20
1158	1421	RUI BARBOSA	M	ExSedentários	VET 35	01:00:22	00:59:08
1159	1544	Rui Alexandre Lopes Antunes Marques	M	Clube do Pessoal EDP - Delegação de Gaia	VET 40	01:00:24	00:59:03
1160	2687	helena silva	F		VET 45	01:00:28	00:59:13
1161	2094	Licínio Sousa	M	LION RUNNERS - G. D. LEÕES DA GUARDA	VET 35	01:00:31	00:59:01
1162	1729	Fernanda Moura	F		VET 55	01:00:31	00:59:15
1163	1529	José Paulo Neves	M	NASCIDOS PARA CORRER	VET 55	01:00:38	00:59:41
1164	2461	Carla Isabel Pereira Martins	F		VET 45	01:00:38	00:48:07
1165	1995	Paula Matos	F	Cebes Running	VET 40	01:00:41	00:59:36
1166	1468	Nuno Matos	M		Juniores/Séniore	01:00:42	00:59:41
1167	1840	Jorge santos	M		VET 55	01:00:45	00:59:23
1168	1425	Arnaldo Lúcio	M	ExSedentários	VET 45	01:00:49	00:59:35
1169	2027	Fernando José C. G. Fonseca	M	Bike4nyc8r's	VET 45	01:00:51	00:59:30
1170	1038	António Faria	M		Juniores/Séniore	01:00:52	00:55:17
1171	1135	Joaquim Fernando de Oliveira Castro	M		VET 55	01:00:56	01:00:21
1172	2403	Fernanda Bento	F	Douroconta-Gabinete de Apoio e Contabilidade. Lda	VET 55	01:00:56	01:00:38
1173	2779	Jessica Baiget	F	Bial Running	VET 35	01:00:57	00:59:28
1174	1998	José Guedes	M		Juniores/Séniore	01:01:03	00:59:17
1175	1382	José Queirós alves	M			01:01:09	00:59:29
1176	2563	Francisco Ferreira Alves	M		Juniores/Séniore	01:01:09	00:59:27
1177	1675	António Ricardo Sousa	M	Tou aki tou ali	VET 45	01:01:09	00:59:09
1178	1290	Ivo	M	Locomotiva de Paranhos	VET 35	01:01:11	00:59:19
1179	2597	Gustavo Azevedo	M		VET 35	01:01:11	00:59:14
1180	1746	Mara Marinha	F	Xau aí	Juniores/Séniore	01:01:14	01:01:02
1181	1256	Fátima Lopes	F	Trofa Runners	VET 60	01:01:23	01:01:11
1182	1760	ANA PAULA ALVES	F		VET 50	01:01:24	01:00:15
1183	1920	João Ferreira	M		Juniores/Séniore	01:01:28	01:00:12
1184	2452	Raquel Jacinto	F		Juniores/Séniore	01:01:28	01:00:12
1185	2292	Carlos Martins	M	CCD APDL	VET 50	01:01:29	01:01:16
1186	1511	Luis Oliveira	M	Acaíl Gás, S.A.	VET 55	01:01:29	00:59:49
1187	1996	Albina Vieira	F	GDR Juventude das Ribeiras	VET 50	01:01:35	01:01:12
1188	2448	ANA NOGUEIRA	F		VET 40	01:01:37	00:59:58

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1189	1873	Teresa Silva	F		VET 45	01:01:37	00:59:50
1190	2348	António Forte	M	Diversey Runners	VET 45	01:01:40	00:59:37
1191	1679	Francisco Saraiva	M		VET 40	01:01:42	01:00:27
1192	2603	Ana Esteves	F		Juniores/Séniore	01:01:43	00:59:42
1193	2075	HORÁCIO TEIXEIRA	M	RIPOLINS GRIJÓ A CORRER	VET 55	01:01:44	01:00:38
1194	2621	Adelino João Cocelo Linheiro	M		VET 50	01:01:46	01:01:18
1195	2585	Helder Mata	M		VET 35	01:01:48	01:00:14
1196	2584	Manuela Pinto	F		VET 35	01:01:48	01:00:15
1197	1125	Lénio Fernando Nogueira Marinho	M	Salgueiros Running	VET 60	01:01:50	01:01:06
1198	1030	José de Barros Moreira	M	Salgueiros running	Juniores/Séniore	01:01:50	01:01:01
1199	1057	AFONSO SANTOS	M	Clube Millennium BCP	VET 55	01:01:55	01:00:20
1200	1479	Hugo Falcao	M		VET 35	01:01:59	01:00:06
1201	2244	André Rebelo	M	PORTOCARGO RUNNERS	VET 35	01:02:01	01:01:00
1202	2628	Débora Cardoso	F		VET 45	01:02:02	01:01:02
1203	2439	Armando Pinho	M	BrandãoPinho	VET 40	01:02:06	01:00:07
1204	2440	Liliana Brandão	F	BrandãoPinho	VET 40	01:02:07	01:00:07
1205	2113	Joana Styliano	F		VET 35	01:02:08	01:01:37
1206	2393	Rui Sá	M	10TEMIDOS	VET 40	01:02:09	01:00:26
1207	2110	ISABEL CALISTO	F		VET 35	01:02:10	01:02:10
1208	2128	André Fraga	M		Juniores/Séniore	01:02:12	00:58:17
1209	1404	Joana Raquel Ribeiro Nunes	F		Juniores/Séniore	01:02:12	01:00:33
1210	2263	Joaquim Rocha	M	Tombatrilhos	VET 50	01:02:17	01:00:40
1211	2287	Eliseo Martínez	M		VET 40	01:02:18	01:00:17
1212	1349	Carla Cotas	F		Juniores/Séniore	01:02:22	01:01:33
1213	1489	Gustavo Urbano	M		Juniores/Séniore	01:02:27	01:01:46
1214	1533	Mário Sérgio Fernandes Dias	M	Clube do Pessoal EDP - Delegação de Gaia	VET 55	01:02:30	01:01:08
1215	1813	Alessandra Moscato	F	CORRER LEÇA	Juniores/Séniore	01:02:34	01:01:32
1216	2587	Nuno	M		Juniores/Séniore	01:02:35	01:00:52
1217	1329	Alexandra Mendes Ribeiro	F		VET 40	01:02:35	01:01:39
1218	2413	Daniel Moreira	M		Juniores/Séniore	01:02:37	01:00:54
1219	1812	Ana Josu	F	BFF	VET 40	01:02:38	01:01:54
1220	1869	Manuel Leonardo	M		VET 60	01:02:40	01:02:21
1221	2373	Diogo Albuquerque	M	Vamos ver se conseguimos	VET 35	01:02:46	01:00:54
1222	1597	Hélder Teixeira	M	Eu e elas	VET 35	01:02:49	01:01:36
1223	1306	ADELAIDE HORTA	F	INVICTA RUNNERS TEAM	VET 60	01:02:50	01:02:16
1224	2005	Marisa Santos	F		Juniores/Séniore	01:02:53	01:01:51
1225	1894	ANA SOUSA	F	castelo	VET 50	01:02:55	01:00:59
1226	2022	JoseCoutoNogueira	M		VET 60	01:03:00	01:01:41
1227	2384	Horácio Ferreira	M	oliveirinhas	VET 40	01:03:00	01:01:01
1228	1241	Sílvio Renato Sendas	M		Juniores/Séniore	01:03:05	01:01:31
1229	2656	Nuno Escudeiro	M		VET 50	01:03:05	01:01:29
1230	1191	ERNESTO SANTOS	M	"OS PRESSINHAS"	VET 60	01:03:08	01:02:48
1231	1184	HERMÍNIA OLIVEIRA	F	"OS PRESSINHAS"	VET 50	01:03:08	01:02:49
1232	1106	Sónia Carvalho	F		Juniores/Séniore	01:03:10	01:01:08

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1233	1101	Diogo Faria	M		Juniores/Séniiores	01:03:10	01:01:08
1234	2388	Hugo Alves	M	Vamos ver se conseguimos	VET 35	01:03:12	01:01:19
1235	1036	Joana Amaro	F		Juniores/Séniiores	01:03:14	01:01:57
1236	2652	Ivânia Esteves	F	Equipa Boot	Juniores/Séniiores	01:03:15	01:01:56
1237	1772	Fernandina Ribeiro	F		VET 35	01:03:19	01:02:20
1238	2612	Filomena Pinho	F	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 40	01:03:20	01:02:37
1239	2607	Ana Sousa	F	Centro Municipal de Marcha e Corrida de Vale de Cambra	Juniores/Séniiores	01:03:20	01:02:36
1240	1031	Jose Soares	M	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 55	01:03:21	01:02:19
1241	1692	Rui Sérgio Vale Moreira	M	MCCB Clínica Médica	VET 40	01:03:21	01:02:23
1242	2023	Ana Cristina G.C. Fonseca	F	Bike4nyc8r's	VET 45	01:03:25	01:02:05
1243	2524	Joana Barbosa	F	JM1	VET 40	01:03:25	01:02:04
1244	1075	Teresa Gonçalves	F	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 40	01:03:25	01:02:20
1245	1659	Nuno Gomes	M	Palato Restaurante	VET 40	01:03:27	01:02:40
1246	2355	Mariana Serra	F	O JOGO	VET 35	01:03:27	01:01:22
1247	2014	alexandra pereira	F	Forro	VET 35	01:03:28	01:01:45
1248	2523	Miguel Lopes	M	JM1	VET 35	01:03:29	01:02:09
1249	2407	Helena Agante	F		VET 35	01:03:30	01:02:15
1250	1208	Diana Veloso	F	Unidos pela Cuca	Juniores/Séniiores	01:03:30	01:02:15
1251	2326	Rita Botelho	F		VET 35	01:03:37	01:02:03
1252	1298	Alvaro Figueiredo	M		VET 50	01:03:37	01:02:16
1253	2703	Mauro Trindade	M		VET 35	01:03:40	00:58:05
1254	2055	Óscar Rodrigues	M		Juniores/Séniiores	01:03:42	01:02:00
1255	2103	Natália Maria Moreira Pinheiro	F	Budokenkyu-kai	VET 40	01:03:43	01:01:44
1256	1213	Jorge Veloso	M	Unidos pela Cuca	VET 55	01:03:43	01:02:29
1257	1970	Márcio Teixeira	M	Mss Contabilidade Trail Team	Juniores/Séniiores	01:03:44	01:03:33
1258	2007	Margarida Isabel Monteiro Castro Silva	F		VET 40	01:03:44	01:02:13
1259	1981	Paulo Silva	M	Mss Contabilidade Trail Team	Juniores/Séniiores	01:03:45	01:03:34
1260	1785	Paulo Ferreira	M		VET 40	01:03:48	01:02:18
1261	2036	Maria Cecília da Silva e Sá	F	Centro de Atletismo do Porto	VET 50	01:03:50	01:03:12
1262	2047	Paulo Machado	M	Centro de Atletismo do Porto	VET 40	01:03:50	01:03:12
1263	2447	Clarisse Matos	F		VET 35	01:03:52	01:02:14
1264	1690	Ana Duarte	F		VET 35	01:03:54	01:02:36
1265	2660	Sandra Morgado	F	Correr Leça	VET 40	01:04:03	01:02:47
1266	1738	Jorge Freitas	M		VET 60	01:04:05	01:03:38
1267	1211	João Paulo Carvalho	M	Andar a Correr	VET 50	01:04:06	01:02:38
1268	1200	José São Marcos	M	Andar a Correr	VET 50	01:04:07	01:02:40
1269	1223	Filipe Silva	M	Andar a Correr	VET 45	01:04:07	01:02:40
1270	1215	Carlos Pereira	M	Andar a Correr	VET 50	01:04:07	01:02:41
1271	1685	Anabela Gonçalves	F		VET 35	01:04:12	01:03:45
1272	2117	David Azevedo	M	100PRESSA	VET 60	01:04:22	01:03:52
1273	1870	António Cardoso	M	Aldeia Dura	VET 45	01:04:23	01:03:42
1274	1698	Nuno Pinto	M		Juniores/Séniiores	01:04:29	01:02:59
1275	2662	Pedro Ferreira	M	Factor X / S4L / Medense FC	Juniores/Séniiores	01:04:36	01:03:26
1276	1797	Rute Pereira	F		VET 35	01:04:37	01:03:08

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1277	1793	Eugenia Ferreira	F		VET 50	01:04:37	01:03:08
1278	1497	Nuno Pinto	M		VET 35	01:04:41	01:02:50
1279	1503	Teresa Delgado	F		Juniores/Séniore	01:04:41	01:02:50
1280	1706	Vítor Meireles	M		VET 60	01:04:41	01:03:38
1281	2024	Conceição Lopes	F	GDR Juventude das Ribeiras	VET 40	01:04:42	01:02:46
1282	2037	Marco Vigário	M	Mss Contabilidade Trail Team	VET 35	01:04:46	01:04:36
1283	1612	Isabel silva	F		VET 50	01:04:46	01:03:43
1284	1606	Rui Mendonça	M		VET 55	01:04:47	01:03:44
1285	1573	Analisa Teixeira	F	Eu e elas	VET 35	01:04:48	01:03:34
1286	1441	Carlos Gomes	M	Acaíl Gás, S.A.	VET 35	01:05:02	01:03:21
1287	2744	Maria Alves	F	Mss Contabilidade Trail Team	VET 50	01:05:03	01:04:35
1288	1591	Sónia Sousa	F	Eu e elas	Juniores/Séniore	01:05:03	01:03:51
1289	2043	Nuno Santos	M		VET 40	01:05:04	01:03:03
1290	1066	Marlene Ferreira	F	Equipa A.N.A.	VET 40	01:05:04	01:05:04
1291	2374	ana vaz	F	Equipa A.N.A.	VET 45	01:05:04	01:03:00
1292	1415	Vikram Pargal	M		VET 35	01:05:07	01:04:20
1293	2338	Sérgio Pereira	M	GONDOMAR FUTSAL CLUBE	VET 40	01:05:08	01:05:00
1294	2751	Serafim Coutinho	M	Asphalt Assault Team	VET 60	01:05:17	01:03:41
1295	2683	jose pinto	M		VET 45	01:05:28	01:02:04
1296	1831	Fátima Barros	F	CORRER LEÇA	VET 55	01:05:28	01:04:09
1297	2684	Jorge Soares	M		VET 40	01:05:28	01:02:04
1298	2495	Jaime Nunes Seoane	M	Gin Marathon Runners	VET 50	01:05:28	01:04:09
1299	1810	Gustavo Pereira	M		Juniores/Séniore	01:05:28	01:03:57
1300	1790	Pedro Pereira	M		VET 40	01:05:30	01:03:59
1301	1740	Maria Toscano	F		VET 55	01:05:30	01:04:36
1302	1811	Paula Portela	F		VET 45	01:05:34	01:05:04
1303	1879	Pedro Miguel Alves Cunha	M	Aldeia Dura	Juniores/Séniore	01:05:37	01:04:55
1304	1334	Daniel Floquet	M		Juniores/Séniore	01:05:39	01:05:01
1305	1417	Ricardo Santos	M		VET 35	01:05:40	01:03:44
1306	1344	Ivana Schneider	F		VET 35	01:05:43	01:05:05
1307	2537	Beatriz loureiro	F		Juniores/Séniore	01:05:48	01:05:31
1308	1426	Domingos Novo	M	Acaíl Gás, S.A.	VET 40	01:05:51	01:04:10
1309	1436	Roberto Dias	M	Acaíl Gás, S.A.	VET 35	01:05:51	01:04:10
1310	1817	Daniela Ferreira	F	CORRER LEÇA	VET 45	01:05:55	01:04:19
1311	1823	Ricardo Almeida	M	CORRER LEÇA	VET 45	01:05:56	01:04:20
1312	2064	Nuno Magalhães	M	Tartarugas do Afalto	VET 50	01:06:01	01:05:25
1313	2507	Luisa Almeida	F	Tartarugas do Asfalto	VET 50	01:06:02	01:05:23
1314	2243	Simone Capelete	F		VET 50	01:06:05	01:05:43
1315	1374	Joaquim Daniel Aguiar	M		VET 35	01:06:12	01:05:31
1316	1705	Cristina Leal	F		VET 55	01:06:15	01:05:51
1317	1541	Duarte Mendes	M		VET 40	01:06:18	01:04:39
1318	1092	Alberto Sousa	M	Walkfast	VET 50	01:06:18	01:04:33
1319	1227	Nuno Rafeiro	M	Andar a Correr	VET 50	01:06:20	01:04:54
1320	1773	Marcelo Moreira	M		VET 45	01:06:21	01:04:38

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1321	1954	Liliana Isabel Pinto Magalhães	F		VET 35	01:06:21	01:04:33
1322	2658	Ricardo Ramiro	M		Juniores/Séniore	01:06:23	01:05:22
1323	2595	Inês Soares	F		Juniores/Séniore	01:06:24	01:05:35
1324	1392	domingos soares	M		VET 55	01:06:24	01:05:35
1325	2318	Paulo Morais	M	Caça Raposas	VET 40	01:06:25	01:05:12
1326	2320	Marta Rocha	F	Caça Raposas	VET 35	01:06:25	01:05:13
1327	2319	Adriana Morais	F	Caça Raposas	Juniores/Séniore	01:06:26	01:05:13
1328	1462	José Pina	M	Tou aki tou ali	Juniores/Séniore	01:06:29	01:04:29
1329	1510	Filipe Fernandes	M	KilometroZero	VET 35	01:06:34	01:05:13
1330	2691	José Resende	M		VET 55	01:06:41	01:05:36
1331	2002	Margarida Sá	F		Juniores/Séniore	01:06:49	01:05:18
1332	1117	Rui Amaral	M		VET 50	01:06:55	01:05:01
1333	2661	Rita Sousa	F	Factor X / S4L / Medense FC	Juniores/Séniore	01:07:02	01:05:52
1334	1027	Bruno Pinho	M		VET 35	01:07:03	01:05:07
1335	1034	Gisela Faria	F		VET 35	01:07:03	01:05:07
1336	1254	Paula Cardoso	F	Factor X / S4L / Medense FC	VET 35	01:07:04	01:06:51
1337	2663	Pedro Barbosa	M	Factor X / S4L / Medense FC	Juniores/Séniore	01:07:04	01:05:55
1338	1641	José Dara	M	TrepaTrilhos Trail Team	VET 60	01:07:08	01:05:44
1339	2425	Barbara Gonçalves	F	EquipaBoot	Juniores/Séniore	01:07:09	01:05:51
1340	2622	ISABEL PORTELA	F	COPORUNNERS	VET 40	01:07:31	01:05:40
1341	1007	Rui Mario Andrade Lazaro	M	Trailistas "Eu é que Sei!!!"	VET 35	01:07:38	01:06:21
1342	1311	Augusta Silva	F		Juniores/Séniore	01:07:43	01:06:27
1343	1456	jorge dique	M		VET 60	01:07:43	01:07:28
1344	2624	Elisabete Mendes	F		VET 35	01:07:44	01:07:44
1345	2626	Cristina Gloria Henriques Castro	F		VET 40	01:07:44	01:05:55
1346	1299	Rui Pedro Nogueira	M		VET 40	01:07:47	01:06:03
1347	2659	Tiago Martins	M	COPORUNNERS	VET 40	01:07:52	01:06:02
1348	2359	Carla Novais	F	Gerbilinho&companhia	VET 40	01:07:52	01:05:49
1349	1747	Sara de Jesus Vieira	F		VET 40	01:07:56	01:06:47
1350	1743	Luís Filipe Santos Loureiro	M		VET 40	01:07:57	01:06:47
1351	2380	Isabel Santos	F	Leal	VET 45	01:08:05	01:06:56
1352	2382	Paula Morais	F		VET 45	01:08:05	01:06:56
1353	2076	Carla Falcão	F	Perdi o Táxi	VET 45	01:08:06	01:06:58
1354	2208	Anabela Cardoso	F		VET 40	01:08:06	01:07:04
1355	1091	Clara Landolt	F	Equipa A.N.A.	VET 45	01:08:08	01:06:04
1356	1666	Hugo Peixoto	M	Palato Restaurante	VET 35	01:08:10	01:07:23
1357	2232	manuel Barbosa	M	cLUBE INDEPENDENTE DE aTLETISMO DE Alpendorada	VET 60	01:08:14	01:08:08
1358	2692	Irineu Fernandes	M	Team Neukick	VET 60	01:08:15	01:05:56
1359	1096	Joana Carvalho	F	Clube Ana Porto	VET 35	01:08:17	01:06:27
1360	1035	Nuno Silva	M	Clube Ana Porto	VET 40	01:08:17	01:06:27
1361	1945	Carla Cardoso	F		VET 40	01:08:18	01:07:09
1362	1289	Vanda Costa	F		VET 40	01:08:43	01:07:36
1363	2522	Eduardo Taveira	M		Juniores/Séniore	01:08:44	01:07:12
1364	1243	Patrícia Miguel	F		Juniores/Séniore	01:08:58	01:08:20

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1365	1212	Mike Rodrigues	M		VET 40	01:09:00	01:07:40
1366	1555	Vanessa do Bem	F		VET 35	01:09:02	01:07:15
1367	1908	Isabel Lemos	F		VET 40	01:09:04	01:07:35
1368	1561	Paulo Gomes	M		VET 40	01:09:07	01:07:20
1369	1822	Elsa Sousa	F	CORRER LEÇA	Juniores/Séniore	01:09:12	01:08:09
1370	1078	Alberto Barros	M	Walkfast	VET 45	01:09:12	01:07:26
1371	1011	Nagai santos	F	Forro	VET 35	01:09:20	01:07:37
1372	1284	Antonio Santos	M	Forro	VET 45	01:09:21	01:07:38
1373	2637	Carlos	M		VET 45	01:09:25	01:07:39
1374	1304	CLAUDIA SANTOS	F	Equipa Boot	VET 35	01:09:26	01:08:09
1375	1788	Ricardo Castelo Branco	M		VET 40	01:09:37	01:08:57
1376	1514	Lilian Moreira Palermo	F	C.M.C. - CARAPAUS	VET 50	01:09:41	01:09:02
1377	1391	Isabel Botelho	F		VET 35	01:09:43	01:07:48
1378	2596	Ana Sevivas	F		Juniores/Séniore	01:09:51	01:09:34
1379	1023	Alberto	M		VET 60	01:09:52	01:08:00
1380	1577	Ana Veloso	F		Juniores/Séniore	01:09:55	01:08:51
1381	2521	Goncalo Pinto	M		Juniores/Séniore	01:09:59	01:08:28
1382	2515	rui pinheiro	M		VET 35	01:10:11	01:05:02
1383	2276	Fernando Antunes	M		VET 50	01:10:12	01:08:48
1384	1418	Ricardo Leal	M	MYGIMY	VET 35	01:10:19	01:09:29
1385	1410	Fatima Magalhães	F	MYGIMY	VET 50	01:10:19	01:09:30
1386	1457	Paulo Terra Seca	M	Tou aki tou ali	VET 45	01:10:30	01:08:31
1387	1377	abilio brandao	M		VET 60	01:10:31	01:08:35
1388	1643	Filomena Soares	F	OPraticante.pt	VET 60	01:10:56	01:08:48
1389	1578	Rute Costa	F	Eu e elas	VET 40	01:10:57	01:09:43
1390	2415	Manoela Meirelles	F		Juniores/Séniore	01:10:59	01:09:12
1391	2286	Loli Vázquez	F		VET 40	01:10:59	01:06:32
1392	2672	Joao pedro	M		VET 40	01:11:01	01:09:32
1393	2115	joaquim leite	M	100PRESSA	VET 60	01:11:01	01:10:30
1394	1668	José Freitas	M	RollingAventura	VET 50	01:11:29	01:10:38
1395	2278	Virgínia Maria Ferreira Ferreira	F	Marinha/AMN	VET 35	01:11:29	01:10:22
1396	1819	Lurdes marques	F	Só Amigos	VET 55	01:11:31	01:09:44
1397	2120	Adriano Campos	M	100PRESSA	VET 45	01:11:36	01:11:06
1398	1880	fatima lopes	F		VET 40	01:11:37	01:09:28
1399	1120	MADALENA CORREIA	F	LEBRES COXAS	VET 50	01:11:44	01:10:35
1400	2303	José Pedro Martins	M		VET 55	01:11:45	01:10:09
1401	2081	RUI MARTINS	M	Clube Millennium BCP	VET 50	01:11:45	01:10:10
1402	1632	Diogo Moura	M	FISIOPERFORMANCE	Juniores/Séniore	01:11:55	01:11:10
1403	1627	Patricia Pinto	F	FISIOPERFORMANCE	Juniores/Séniore	01:11:55	01:11:09
1404	1550	Maria da Luz Leitão	F	APDL	VET 35	01:11:57	00:52:44
1405	1114	Maria Adelina Almeida	F		VET 55	01:11:58	01:10:35
1406	1699	Isabel Sousa	F	MCCB Clínica Médica	VET 45	01:12:01	01:11:03
1407	1024	Paulo Saúl	M	4Friends2Run	VET 40	01:12:07	01:06:26
1408	1012	Sergio André	M	Friends2Run4Fun	VET 35	01:12:07	01:06:33

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1409	1006	Pedro Costa	M	Friends2Run4Fun	VET 35	01:12:07	01:06:33
1410	1139	António Santos Couto	M		VET 45	01:12:20	01:10:31
1411	2010	João Rebelo	M		Juniores/Séniore	01:12:35	01:11:47
1412	1829	Mário Rodrigues	M	CCD APDL	VET 40	01:12:35	01:11:45
1413	2754	Rita Jorge	F	Bial Running	Juniores/Séniore	01:12:36	01:11:28
1414	1492	Isabel Rangel	F	BioTeam	VET 40	01:12:50	01:11:15
1415	1481	Cláudia Amaral	F	BioTeam	VET 45	01:12:51	01:11:15
1416	1800	Cláudia Teixeira	F	Só Amigos	Juniores/Séniore	01:12:53	01:11:06
1417	1129	Sílvia Monteiro	F		VET 50	01:12:53	01:10:52
1418	1119	agostinho vasconcelos	M	salgueiros running	VET 60	01:13:12	01:11:41
1419	1978	Alberto José Ferreira	M	Salgueiros	VET 60	01:13:12	01:12:51
1420	1781	Paula Salgado	F		VET 55	01:13:13	01:12:25
1421	2122	Carla Campos	F	100PRESSA	VET 40	01:13:16	01:12:44
1422	2121	Tiago Campos	M	100PRESSA	Juniores/Séniore	01:13:17	01:12:44
1423	1814	Valter Caseiro	M	Só Amigos	VET 40	01:13:35	01:11:27
1424	1808	Albino Torres	M	Só Amigos	VET 50	01:13:35	01:11:48
1425	1564	Raquel Santos	F	GD BPI	VET 40	01:13:39	01:12:26
1426	1887	JOSÉ ESPERANÇA	M	PÉSNUKU	VET 60	01:13:51	01:12:35
1427	1897	HELENA ESPERANÇA	F	PÉSNUKU	VET 45	01:13:51	01:12:32
1428	2783	FABY ALEXANDRA	F	FARUTI	Juniores/Séniore	01:14:04	01:12:50
1429	2784	Cristina Magalhães	F	FARUTI	Juniores/Séniore	01:14:05	01:12:51
1430	2304	Estela Maria Pinheiro Enxurreira	F		Juniores/Séniore	01:14:22	01:12:41
1431	1476	João Gabriel Pacheco Barros	M		VET 45	01:14:22	01:12:41
1432	2630	Sofia tamagnini	F		Juniores/Séniore	01:14:34	01:12:39
1433	2632	Ana Pinto	F		Juniores/Séniore	01:14:36	01:12:41
1434	2631	Alexandra Ribeiro	F		Juniores/Séniore	01:14:36	01:12:41
1435	1938	Andreia Silva	F		Juniores/Séniore	01:14:37	01:11:31
1436	1730	CARLA MARGARIDA SOUSA ROCHA	F		VET 35	01:14:37	01:11:31
1437	1085	Jose Barreiro	M	Walkfast	VET 50	01:14:40	01:12:54
1438	1004	Maria Conceição	F	TEAM BRAVOS	VET 45	01:14:42	01:14:10
1439	2714	Maria Vieira Praça	F		VET 45	01:14:58	01:14:46
1440	2562	Sónia Rocha	F	ROCHAS_FTW	Juniores/Séniore	01:15:04	01:14:08
1441	1428	Nuno Nunes	M	Os Leceiros	VET 40	01:15:04	01:14:20
1442	1281	Fatima Magalhães	F	Os Leceiros	VET 60	01:15:05	01:14:20
1443	2785	RUI FERNANDES	M	FARUTI	VET 50	01:15:11	01:13:56
1444	1179	Cândida Gomes Gaspar	F	Trilhados	VET 35	01:15:32	01:14:08
1445	1818	Ferreira Pinto	M	Group FP Airlines	VET 55	01:15:34	00:54:03
1446	2368	Sara Roby	F	Group FP Airlines	Juniores/Séniore	01:15:34	00:53:48
1447	1651	Joaquina Pinto	F	Equipa Dinamite	VET 45	01:15:53	01:15:37
1448	1250	Ana Ferreira	F		Juniores/Séniore	01:16:01	01:15:23
1449	1253	Cátia Leonardo	F		Juniores/Séniore	01:16:01	01:15:23
1450	2350	Manuel Pires	M	Diversey Runners	VET 55	01:16:36	01:14:32
1451	1990	Sara Quintas	F		Juniores/Séniore	01:16:48	01:14:51
1452	2266	J. André C. Rodrigues	M		VET 40	01:17:40	01:15:09

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
1453	2344	António Bastos	M	CORRER LEÇA	VET 45	01:17:41	01:16:58
1454	1413	Catarina simao	F		VET 35	01:17:51	01:15:55
1455	1719	Tania Marques	F		Juniores/Séniore	01:17:52	01:17:14
1456	1240	Sandra Cruz	F		VET 40	01:18:09	01:17:00
1457	1231	Maria de lourdes Rocha do Vale	F		VET 45	01:18:47	01:17:34
1458	2308	Marta Cunha	F		VET 40	01:18:50	01:17:56
1459	2309	Iva Dias	F		VET 40	01:18:50	01:17:56
1460	1010	Maria Antonieta	F	TEAM BRAVOS	VET 55	01:19:40	01:19:07
1461	2242	Ausenieia Pereira	F		VET 50	01:19:42	01:19:19
1462	2298	Patrícia Oliveira	F		Juniores/Séniore	01:20:12	01:18:54
1463	2299	Marco Dias	M		Juniores/Séniore	01:20:13	01:18:54
1464	1434	Ricardo Gomes	M	NASCIDOS PARA CORRER	Juniores/Séniore	01:20:34	00:57:57
1465	2114	Marco Torres	M		VET 40	01:20:57	01:19:04
1466	1358	Sérgio Gonçalves Rodrigues	M	OS MANCOS	VET 35	01:21:11	01:20:15
1467	1898	Luís Carlos Ferreira	M	OS MANCOS	Juniores/Séniore	01:21:11	01:20:15
1468	1260	Ana Cabral	F		Juniores/Séniore	01:22:33	01:21:53
1469	2345	Ana Alves	F	CORRER LEÇA	VET 35	01:22:43	01:22:00
1470	1063	Patricia Fernandes	F	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 35	01:23:56	01:23:20
1471	1084	Marta Magalhães	F	Equipa A.N.A.	VET 35	01:24:09	01:22:05
1472	1077	Paula Marinho	F	Equipa A.N.A.	VET 45	01:24:09	01:22:05
1473	1932	Íris Costa	F	APDL	VET 40	01:25:43	01:24:54
1474	2015	Cátia Beirão	F		Juniores/Séniore	01:25:44	01:24:55
1475	1725	Maria Ferreira	F	APDL	VET 45	01:25:44	01:24:54
1476	1251	Ana Carvalho	F		VET 45	01:28:51	01:27:52
1477	1257	Andreia Magalhães	F		Juniores/Séniore	01:29:04	01:28:25
1478	1258	Maria Inês Barbosa	F		Juniores/Séniore	01:29:53	01:28:53
1479	1255	Ana Pereira	F		VET 45	01:29:53	01:28:53
1480	2453	Fernando Fontes	M		VET 45	01:30:19	01:11:10
1481	1195	Álvaro Simões Madureira Vasconcelos	M		VET 60	01:33:42	01:24:52
	1474	Dulce Fernandes	F	BioTeam	VET 50	00:46:06 (desq.)	00:44:31
	1001	Nuno Miguel Valeixo Ramos	M	TEAM BRAVOS	VET 35	00:46:09 (desq.)	00:45:12
	1088	Vitor Salgado	M	Centro Municipal de Marcha e Corrida de Vale de Cambra	VET 40	00:47:35 (desq.)	00:44:30
	1802	Carla Gomes	F		VET 45	00:48:30 (desq.)	00:44:42
	1347	DINIS CARVALHO	M	ATLETISMO ESTRELAS SUSANENSES	Juniores/Séniore	00:49:21 (desq.)	00:48:45
	1804	Júlia Costa	F	Só Amigos	Juniores/Séniore	00:51:26 (desq.)	00:49:16
	2583	Kai Immig	M		VET 55	00:52:56 (desq.)	00:50:03
	1765	CARLOS PINTO	M		VET 40	00:53:57 (desq.)	00:50:15
	1704	Fitas Preto	M		VET 35	00:53:58 (desq.)	00:50:16
	2765	Andreia Guimarães	F	Bial Running	Juniores/Séniore	00:55:42 (desq.)	00:54:13
	1585	Patrícia Bastos	F	Eu e elas	VET 40	00:56:04 (desq.)	00:51:51
	1376	Maria Vilar	F		VET 50	00:56:09 (desq.)	00:52:05
	1735	Mariana Martins	F	FigueiróFit	Juniores/Séniore	00:57:02 (desq.)	00:52:39
	2065	Marco Cunha	M	Centro de Atletismo do Porto	VET 40	00:57:22 (desq.)	00:53:23
	1756	Marta Patrão	F		VET 35	00:58:03 (desq.)	00:53:33

Lugar	Dorsal	Nome	Sexo	Equipa	Escalão	Tempo	Chip
	1464	Carla Bozzano	F	BioTeam	VET 45	00:58:18 (desq.)	00:56:44
	1487	Antonio Pinho	M	BioTeam	VET 45	00:58:19 (desq.)	00:56:45
	1587	Marta Alexandra Ribeiro Teixeira Magalhães	F	Budokenkyu-kai	VET 35	01:00:01 (desq.)	00:55:31
	1924	Pedro Maganinho	M		VET 40	01:00:18 (desq.)	00:56:49
	1918	Susana Santos	F		Juniores/Séniiores	01:00:19 (desq.)	00:56:49
	2776	António Negrão	M	Bial Running	VET 60	01:00:46 (desq.)	00:56:49
	2775	Ana Cecília	F	Bial Running	VET 35	01:00:48 (desq.)	00:56:50
	2755	Joana Dantas	F	Bial Running	Juniores/Séniiores	01:00:48 (desq.)	00:56:51
	1470	Alberto Aroso	M	BioTeam	VET 45	01:01:34 (desq.)	00:59:58
	2768	Carlos Durães	M	Bial Running	VET 40	01:03:15 (desq.)	00:59:14
	1177	Inês Neves	F		VET 45	01:04:02 (desq.)	00:59:54
	1180	Cátia Lemos	F		Juniores/Séniiores	01:04:02 (desq.)	00:59:54
	2116	António Martins	M	100PRESSA	VET 60	01:06:46 (desq.)	01:05:40