

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
1	287	DANIEL F O GREGÓRIO	M	24		00:27:35	SPORTING CP
2	94	HUGO D SANTOS	M	24		00:27:40	INDIVIDUAL
3	167	JOSE C S SOUSA	M	24		00:27:56	GD 3 SANTOS POPULARES
4	407	JOAO CRUZ	M	19		00:28:09	SL BENFICA
5	153	RICARDO FERNANDES	M	27		00:29:57	GREAS
6	472	JOAO PEREIRA	M	29		00:30:52	TRIATLO GALITOS
7	100	RUI M O LOPES	M	36		00:30:55	INDIVIDUAL
8	165	GIOVANNI DIAZ	M	31		00:31:13	INDIVIDUAL
9	450	JOSUÉ M P OLIVEIRA	M	38		00:31:23	TRIATLO GALITOS
10	362	LUIS ROSAS	M	28		00:31:36	INDIVIDUAL
11	427	NUNO ABREU	M	29		00:32:05	C VETERANOS COIMBRA
12	297	IGOR SALVADOR	M	23		00:32:20	EXCEPÇÃO BTT
13	300	JOAQUIM L PEREIRA	M	38		00:32:24	INDIVIDUAL
14	93	ANDREIA SANTOS	F	28		00:32:28	JOMA
15	88	ALFREDO CUELLAR	M	21		00:32:35	INDIVIDUAL
16	403	LUIS CAVALEIRO	M	33		00:32:56	RUN@FIGUEIRA
17	230	HILARIO PINTO	M	40		00:32:59	GD ASSEMPARK
18	377	JOAQUIM V FERREIRA	M	44		00:33:08	ARADA A C
19	417	RUI M B AGUIAR	M	27		00:33:22	ACR VALE CAMBRA
20	98	ANTONIO RUELA	M	52		00:33:24	INDIVIDUAL
21	421	PAULO J V GOMES	M	47		00:33:28	INDIVIDUAL
22	288	RICARDO J LS COELHO	M	29		00:33:39	INDIVIDUAL
23	443	MÁRCIO LOUREIRO	M	34		00:33:46	INDIVIDUAL
24	341	NUNO F D OLIVEIRA	M	22		00:33:48	INDIVIDUAL
25	318	MIGUEL PATO	M	41		00:33:50	ROYAL SCHOOL LANGUAGES
26	205	PAULO ALMEIDA	M	41		00:33:55	GD GAFANHA
27	269	ALBERTO FONTE	M	39		00:34:13	INDIVIDUAL
28	437	FRANCISCO C CUNHA	M	18		00:34:18	C TRIATLO PEROSINHO
29	317	GONÇALO PATO	M	30		00:34:21	ROYAL SCHOOL LANGUAGES
30	304	RICARDO F ALVES	M	29		00:34:29	CLUBE GALITOS
31	96	RUI A F SILVA	M	38		00:34:34	INDIVIDUAL
32	358	OLIVERIO BAPTISTA	M	32		00:34:40	CENAP
33	370	LUÍS SIMÕES	M	52		00:34:42	CENAP
34	323	PEDRO PINHEIRO	M	35		00:35:12	EXCEPÇÃO BTT
35	466	TIAGO REIGOTA	M	32		00:35:14	GREAS
36	311	JORGE PATO	M	39		00:35:17	ROYAL SCHOOL LANGUAGES
37	381	FREDDY ROCHA	M	34		00:35:28	MP 3
38	176	TIAGO MENDES	M	24		00:35:34	CERGAL CREW
39	394	CARLOS G O B BARROS	M	37		00:35:36	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
40	428	RICARDO ABREU	M	29		00:35:36	C VETERANOS COIMBRA
41	102	MARIO J R T LOPES	M	48		00:35:40	INDIVIDUAL
42	253	MAIKOL SIMÕES	M	30		00:35:43	INDIVIDUAL
43	328	PAULO CONCEICAO	M	45		00:36:01	SC PARADELA
44	309	FATIMA PINHO	F	50		00:36:03	GRECAS
45	467	PEDRO REIGOTA	M	40		00:36:06	GRECAS
46	188	VÍTOR COELHO	M	35		00:36:18	INDIVIDUAL
47	242	TIAGO JESUS	M	25		00:36:32	RD AGUEDA
48	273	PAULO NEVES	M	27		00:36:36	AC VERMOIL
49	422	MIGUEL GONÇALVES	M	34		00:36:36	INDIVIDUAL
50	181	LUIS SOUSA	M	27		00:36:37	INDIVIDUAL
51	327	RUI J S N FERREIRA	M	45		00:36:47	CGA TRIATLO
52	439	NUNO H SILVA	M	25		00:36:47	INDIVIDUAL
53	406	MILENE SANTOS	F	21		00:36:50	NDA POMBAL
54	316	FILIPE BARREIRA	M	34		00:36:50	ROYAL SCHOOL LANGUAGES
55	452	CELSO MOREIRA	M	33		00:36:55	DA RECARDÃES
56	284	ARSÉNIO FERNANDES	M	58		00:37:00	INDIVIDUAL
57	199	HELDER RODRIGUES	M	61		00:37:09	ADREP
58	478	PAULO CARTEIRO	M	45		00:37:09	INDIVIDUAL
59	455	RENATO MARTINS	M	28		00:37:17	OS MANOS
60	454	RICARDO DINIS	M	31		00:37:18	OS MANOS
61	241	JOSE SANTOS	M	50		00:37:25	RD AGUEDA
62	340	BRUNI M OLIVEIRA	M	33		00:37:26	CM MARCHA E CORRIDA DE MIRA
63	486	ANDRE GUERRA	M	29		00:37:27	INDIVIDUAL
64	320	PAULO VIEIRA	M	37		00:37:28	ROYAL SCHOOL LANGUAGES
65	356	FAUSTO MOREIRA	M	29		00:37:29	INDIVIDUAL
66	151	PAUL SHEPHERD	M	52		00:37:34	INDIVIDUAL
67	404	MARIO CARAPINHEIRO	M	49		00:37:37	RUN@FIGUEIRA
68	299	SAMUEL TEIXEIRA	M	31		00:37:38	INDIVIDUAL
69	248	MANUEL SILVA	M	40		00:37:44	CENAP
70	432	SERGIO CANEDO	M	41		00:37:44	OAZ
71	308	PAULO SANTOS	M	46		00:37:45	INDIVIDUAL
72	266	TOME MATOS	M	22		00:37:56	OS MAIORES
73	224	JORGE F C S MARQUES	M	39		00:37:57	INDIVIDUAL
74	160	ARMINDO BASTOS	M	40		00:37:57	INDIVIDUAL
75	373	LICINIO G G ALMEIDA	M	26		00:38:02	BV OVAR
76	371	MANUEL F M PEREIRA	M	24		00:38:02	BV OVAR
77	438	JOSÉ M G NUNES	M	38		00:38:13	INDIVIDUAL
78	346	NELSON MUGA	M	33		00:38:17	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
79	138	DANIEL ESPINHAL	M	33		00:38:25	PERNA PAU RUNNING TEAM
80	218	ROMÃO PEDROSO	M	27		00:38:26	INDIVIDUAL
81	415	DANIEL P B AGUIAR	M	32		00:38:29	UNIDOS DE ROSSAS
82	414	INUO F MELO	M	33		00:38:30	INDIVIDUAL
83	368	MAXIMINO RODRIGUES	M	38		00:38:31	ENVIENERGY RUNNERS
84	128	PEDRO M V MOTA	M	39		00:38:37	INDIVIDUAL
85	92	NELSON M R SILVA	M	21		00:38:38	INDIVIDUAL
86	212	JOAO P M CENTENO	M	26		00:38:40	INDIVIDUAL
87	178	RICARDO CANTANTE	M	25		00:38:46	CERGAL CREW
88	126	PEDRO MADAIL	M	42		00:38:51	INDIVIDUAL
89	488	CELIO DUARTE	M	29		00:38:54	INDIVIDUAL
90	131	NUNO F C FIGUEIRINHAS	M	37		00:38:55	INDIVIDUAL
91	423	NUNO ROSA	M	36		00:38:59	INDIVIDUAL
92	453	HERNÂNI AMARAL	M	60		00:39:12	ROYAL SCHOOL LANGUAGES
93	420	JOSÉ VILELA	M	33		00:39:15	INDIVIDUAL
94	326	JOAO CATALÃO	M	36		00:39:15	ROYAL SCHOOL LANGUAGES
95	433	RICARDO M PINHO	M	47		00:39:21	OAZ
96	247	JOSE TEIXEIRA	M	58		00:39:23	CENAP
97	243	PAULO MARTINS	M	43		00:39:27	RD AGUEDA
98	239	FILIFE ALMEIDA	M	41		00:39:27	RD AGUEDA
99	135	NUNO OLIVEIRA	M	24		00:39:28	INDIVIDUAL
100	216	FERNANDO M V LOPES	M	57		00:39:29	INDIVIDUAL
101	274	ANTONIO F NEVES	M	50		00:39:30	AC VERMOIL
102	336	LUIS F C NEVES	M	45		00:39:31	PSJ
103	408	DEONILDE COSTA	F	39		00:39:33	AC VERMOIL
104	449	MIGUEL OLIVEIRA	M	35		00:39:34	DA RECARDÃES
105	419	RODRIGO SANTOS	M	36		00:39:38	INDIVIDUAL
106	191	FILIFE ROUXINOL	M	40		00:39:42	INDIVIDUAL
107	481	RICARDO PACHECO	M	37		00:39:43	INDIVIDUAL
108	392	CARLOS GUERRA	M	45		00:39:46	RD AGUEDA
109	210	MARISA J T COSTA	F	37		00:39:47	IRBAL
110	426	JOAO R L COUTO	M	37		00:39:50	TEAM VENTIL
111	325	TIAGO FERREIRA	M	35		00:39:58	EXCEPÇÃO BTT
112	198	JOAO P B RODRIGUES	M	40		00:40:11	INDIVIDUAL
113	89	JOAO COELHO	M	44		00:40:12	INDIVIDUAL
114	81	ANTONIO RATOLA	M	20		00:40:12	INDIVIDUAL
115	225	JOSE RIBEIRO	M	48		00:40:14	VAMOS LA
116	447	DANIEL MALAFAIA	M	23		00:40:23	INDIVIDUAL
117	221	ANTONIO A SILVA	M	40		00:40:26	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
118	111	RICARDO REIS	M	23		00:40:28	INDIVIDUAL
119	185	EMANUEL RODRIGUES	M	24		00:40:30	BARC
120	476	PEDRO MARQUES	M	28		00:40:31	INDIVIDUAL
121	331	EMANUEL T S HELENO	M	27		00:40:36	INDIVIDUAL
122	101	VICTOR M S GOMES	M	50		00:40:39	CVA COIMBRA
123	202	PAULO AÇAFRÃO	M	47		00:40:40	LUPAS
124	109	JORGE VILELA	M	42		00:40:41	INDIVIDUAL
125	401	RUI MATOS	M	28		00:40:42	RUN@FIGUEIRA
126	475	MIGUEL SANTOS	M	43		00:40:43	INDIVIDUAL
127	339	PATRÍCIA I P RIBEIRO	F	28		00:40:46	INDIVIDUAL
128	143	JOSE MANUEL	M	34		00:40:52	INDIVIDUAL
129	83	EVANDRO SILVA	M	41		00:40:55	INDIVIDUAL
130	82	JAIME JUNIOR	M	42		00:40:57	INDIVIDUAL
131	246	JOAQUIM AMIEIRO	M	62		00:41:04	CENAP
132	79	PEDRO RATOLA	M	48		00:41:06	INDIVIDUAL
133	112	PEDRO MAIA	M	51		00:41:06	ACAGA
134	451	ARLINDO SANTOS	M	64		00:41:19	DA RECARDÃES
135	217	PAULO A T PEREIRA	M	37		00:41:20	INDIVIDUAL
136	245	PAULO A T MOREIRA	M	34		00:41:25	QUERTYUIOP
137	383	RUI M P DUARTE	M	51		00:41:27	KARRAPATEIRA 1919
138	324	MARTA RODRIGUES	F	30		00:41:30	EXCEPÇÃO BTT
139	166	JORGE FARINHA	M	27		00:41:30	INDIVIDUAL
140	389	PAULO BAPTISTA	M	26		00:41:34	INDIVIDUAL
141	179	FERNANDO C S CARAPELHO	M	32		00:41:36	GD GAFANHA
142	189	JOAO A C COSTA	M	47		00:41:38	INDIVIDUAL
143	272	NUNO J M A GUERRA	M	39		00:41:38	INDIVIDUAL
144	99	RUI MACHADO	M	39		00:41:38	INDIVIDUAL
145	77	ARTUR VARUM	M	47		00:41:41	INDIVIDUAL
146	240	AMILCAR HENRIQUES	M	47		00:41:43	RD AGUEDA
147	177	FILIPE SILVA	M	25		00:41:51	CERGAL CREW
148	91	TIAGO M S NOBRE	M	31		00:42:00	INDIVIDUAL
149	155	MIGUEL MATOS	M	34		00:42:01	ARCORUN
150	307	JOSE V OLIVEIRA	M	30		00:42:02	INDIVIDUAL
151	137	AURELIO SAUDE	M	36		00:42:05	PERNA PAU RUNNING TEAM
152	385	KAMILA WOLANCZYK	F	33		00:42:07	INDIVIDUAL
153	270	JOSE GUIA	M	64		00:42:12	SS CGD
154	468	ANTONIO V A TAVARES	M	36		00:42:12	UNIDOS DE ROSSAS
155	182	ARTUR L M RODRIGUES	M	44		00:42:13	CALDAS S JORGE S C
156	397	ALEXANDRE MATOS	M	23		00:42:17	AÍESTÁELA

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
157	470	INONIO MARTINS	M	33		00:42:22	INDIVIDUAL
158	277	MANUEL RIBEIRO	M	44		00:42:25	LUPAS
159	110	FILIPE RATO	M	34		00:42:25	INDIVIDUAL
160	375	RUI A L GONÇALVES	M	40		00:42:35	INDIVIDUAL
161	75	MIGUEL M MOURA	M	30		00:42:40	MOURA TEAM
162	257	ANA S P MOREIRA	M	25		00:42:42	INDIVIDUAL
163	108	ELISABETE COSTA	F	37		00:42:43	FAMILIA COSTA E SOUSA
164	312	ANTONIO BARROS	M	60		00:42:47	ROYAL SCHOOL LANGUAGES
165	352	JOAO ANTUNES	M	58		00:42:49	INDIVIDUAL
166	261	MARGARIDA MALAQUIAS	F	30		00:42:52	INDIVIDUAL
167	103	RICARDO J AMARAL	M	22		00:43:01	INDIVIDUAL
168	441	JOÃO MATOS	M	37		00:43:02	INDIVIDUAL
169	150	HELDER VIEGAS	M	33		00:43:03	INDIVIDUAL
170	345	ALEXANDRE ALMEIDA	M	40		00:43:06	C BENFICA AVEIRO
171	250	FLAVIO M R CARPINTEIRO	M	26		00:43:06	PEANUTS
172	121	ANTONIO F R MARTINS	M	61		00:43:09	GD AZURVA
173	276	JAIME ALVES	M	46		00:43:11	LUPAS
174	431	FRANCISCO LAMAS	M	38		00:43:11	OAZ
175	251	PAULO J P CAPUCHO	M	34		00:43:11	PEANUTS
176	195	PAULO SERRA	M	36		00:43:12	CHONE
177	442	CLÁUDIO SANTOS	M	23		00:43:13	BARC
178	114	FERNANDO CAMARNEIRO	M	51		00:43:14	ACAGA
179	115	MIGUEL ALMEIDA	M	41		00:43:14	ACAGA
180	148	NELSON P C DUARTE	M	38		00:43:15	INDIVIDUAL
181	402	LARA AZAMBUJO	F	28		00:43:16	RUN@FIGUEIRA
182	445	MÁRIO SEQUEIRA	M	38		00:43:16	LUPAS
183	255	FILIPE A D BARBOSA	M	31		00:43:17	PEANUTS
184	171	BRUNO A F ALMEIDA	M	28		00:43:23	ELECTRODINÂMICOS
185	142	FERNANDO SANTOS	M	47		00:43:23	INDIVIDUAL
186	366	DIOGO PEREIRA	M	39		00:43:24	PELINGRINOS PEDAL
187	457	REINALDO RIBEIRO	M	36		00:43:26	INDIVIDUAL
188	105	FERNANDO RESENDE	M	52		00:43:26	INDIVIDUAL
189	280	PEDRO FARDILHA	M	40		00:43:27	INDIVIDUAL
190	234	NUNO TROIA	M	36		00:43:27	INDIVIDUAL
191	365	FILIPE S	M	43		00:43:29	PELINGRINOS PEDAL
192	332	ALBERTO G BRANCO	M	43		00:43:33	INDIVIDUAL
193	201	BRUNO TEIXEIRA	M	32		00:43:40	LUPAS
194	446	RUI FARTURA	M	38		00:43:48	INDIVIDUAL
195	192	LUIS F S DUARTE	M	28		00:43:51	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
196	435	PAULO NUNES	M	35		00:43:52	INDIVIDUAL
197	117	NUNO Q MARTINS	M	31		00:44:02	INDIVIDUAL
198	396	ROMEU ABREU	M	31		00:44:04	AÍESTÁELA
199	461	JOSE PEREIRA	M	34		00:44:09	INDIVIDUAL
200	416	JOANA I B AGUIAR	F	29		00:44:19	UNIDOS DE ROSSAS
201	482	RUI IGREJA	M	39		00:44:19	INDIVIDUAL
202	119	JOSE MORAIS	M	56		00:44:20	INDIVIDUAL
203	170	SANDRA CRISTINA	F	34		00:44:26	CAETANO RUNNERS
204	330	JOAQUIM MOTA	M	39		00:44:30	KO
205	329	APOLINARIO PEREIRA	M	27		00:44:30	KO
206	136	GEORGE GRANGEIA	M	35		00:44:36	PERNA PAU RUNNING TEAM
207	227	ULISSES CABRAL	M	33		00:44:36	VAMOS LA
208	162	CARLOTA L CUNHA	F	25		00:44:38	INDIVIDUAL
209	154	JOAQUIM A G HENRIQUES	M	56		00:44:41	INDIVIDUAL
210	458	BRUNO SANTOS	M	32		00:44:43	INDIVIDUAL
211	460	LUIS PERPÉTUA	M	27		00:44:43	INDIVIDUAL
212	479	FILIPE RIBEIRO	M	34		00:44:46	INDIVIDUAL
213	157	ISABEL ALMEIDA	F	41		00:44:46	ARCORUN
214	140	ANA GONÇALVES	F	46		00:44:49	INDIVIDUAL
215	429	LUIS F S CORTESÃO	M	37		00:44:50	C VETERANOS COIMBRA
216	226	SOLANGE CABRAL	F	37		00:44:50	VAMOS LA
217	465	CARLOS GOMES	M	32		00:44:50	INDIVIDUAL
218	353	PAULO MATOS	M	34		00:44:51	LUPAS
219	139	ANA C LOPES	F	30		00:44:52	PERNA PAU RUNNING TEAM
220	305	JORGE G ROCHA	M	44		00:44:53	INDIVIDUAL
221	183	PAULO ABRANTES	M	24		00:44:55	BARC
222	184	FRANCISCO SANTOS	M	35		00:44:55	BARC
223	292	CARLOS M PEREIRA	M	49		00:45:01	PELINGRINOS PEDAL
224	169	JOSE MAIA	M	30		00:45:05	INDIVIDUAL
225	125	PAULO GONÇALVES	M	40		00:45:05	INDIVIDUAL
226	338	RUI SILVA	M	30		00:45:05	INDIVIDUAL
227	380	VIRGILIO PINTO	M	35		00:45:08	INDIVIDUAL
228	85	JOSE ALVES	M	47		00:45:08	INDIVIDUAL
229	180	LUIS M P SAMPAIO	M	35		00:45:13	GD GAFANHA
230	418	NUNO F F FONTOURA	M	36		00:45:14	PELINGRINOS PEDAL
231	480	DIANA FERREIRA	F	27		00:45:18	INDIVIDUAL
232	213	EUGENIO M M SILVA	M	39		00:45:23	INDIVIDUAL
233	206	MANUEL VIEGAS	M	48		00:45:24	INDIVIDUAL
234	303	EDUARDO COSTA	M	45		00:45:32	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
235	357	RITA GLÓRIA	F	33		00:45:34	INDIVIDUAL
236	387	TERESA M O MARTINS	F	33		00:45:34	INDIVIDUAL
237	400	JOAO P V CARDOSO	M	21		00:45:35	INDIVIDUAL
238	459	MÁRIO S O BRANCO	M	22		00:45:35	INDIVIDUAL
239	163	RICARDO FONTE	M	36		00:45:39	INDIVIDUAL
240	258	JORGE F S A MARQUES	M	26		00:45:40	INDIVIDUAL
241	172	PEDRO L F RODRIGUES	M	29		00:45:40	ELECTRODINÂMICOS
242	289	RUI G GONÇALVES	M	32		00:45:42	INDIVIDUAL
243	473	ANTONIO J M RIBEIRO	M	36		00:45:53	INDIVIDUAL
244	173	ANDRE V JORGE	M	29		00:45:56	ELECTRODINÂMICOS
245	267	ARMANDO CARRAGOSO	M	30		00:45:58	INDIVIDUAL
246	487	MARIO BRAS	M	26		00:46:13	INDIVIDUAL
247	440	JOSÉ FONSECA	M	45		00:46:19	INDIVIDUAL
248	384	AUGUSTO RICARDO	M	40		00:46:19	INDIVIDUAL
249	233	ARMANDO SEIXAS	M	45		00:46:26	INDIVIDUAL
250	259	TIAGO CARREIRA	M	29		00:46:31	INDIVIDUAL
251	349	GIL GUERRA	M	47		00:46:38	INDIVIDUAL
252	301	Mª ISABEL M S PARRACHO	F	53		00:46:44	GRECAS
253	97	ARMANDO OLIVEIRA	M	72		00:46:45	INDIVIDUAL
254	444	MONICA FERNANDES	F	24		00:46:46	GRECAS
255	350	JOAO P F G MARTINS	M	33		00:46:47	INDIVIDUAL
256	145	CARLOS M S MARTINS	M	48		00:46:57	APROCRED
257	113	JULIO CASTRO	M	49		00:46:58	ACAGA
258	351	MIGUEL V MIRANDA	M	32		00:47:07	INDIVIDUAL
259	298	ALBERTO FIGUEIREDO	M	53		00:47:07	EXCEPÇÃO BTT
260	412	JOAO TRINDADE	M	27		00:47:09	INDIVIDUAL
261	279	JOSE S MARCOS	M	48		00:47:13	INDIVIDUAL
262	382	JOAO BALDAIA	M	25		00:47:13	BOSCH TERMOTECNOLOGIA SA
263	378	CANDIDA CRUZ	F	34		00:47:19	INDIVIDUAL
264	104	Mª NEVES V REBOCHO	F	37		00:47:19	INDIVIDUAL
265	229	RODRIGO MORAIS	M	47		00:47:35	VAMOS LA
266	78	MANUEL MOREIRA	M	66		00:47:44	INDIVIDUAL
267	302	NUNO TAVARES	M	35		00:47:45	INDIVIDUAL
268	123	ANÍBAL E SIMÕES	M	67		00:47:48	GD AZURVA
269	360	SARA SANTOS	F	33		00:47:50	INDIVIDUAL
270	186	ANDRE PINTO	M	22		00:48:12	BARC
271	106	IVO BATISTA	M	34		00:48:13	INDIVIDUAL
272	434	ANTÓNIO VEIRA	M	49		00:48:14	OAZ
273	430	CARLOS GOMES	M	37		00:48:14	OAZ

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
274	76	ORLANDO SÁ MORAIS	M	33		00:48:16	INDIVIDUAL
275	315	ELISABETE RODRIGUES	F	36		00:48:24	ROYAL SCHOOL LANGUAGES
276	322	SAMUEL NEVES	M	40		00:48:25	ROYAL SCHOOL LANGUAGES
277	469	JOAO QUINTELA	M	44		00:48:31	INDIVIDUAL
278	187	ANDREIA PINHO	F	32		00:48:31	INDIVIDUAL
279	281	ANDRE R C LOPES	M	29		00:48:39	INDIVIDUAL
280	399	SERGIO SANTOS	M	36		00:48:46	AÍESTÁELA
281	376	ABILIO BRANDAO	M	72		00:48:51	INDIVIDUAL
282	398	PEDRO ABREU	M	33		00:48:51	AÍESTÁELA
283	293	PAULO SOARES	M	40		00:48:52	INDIVIDUAL
284	122	JOSE M GONÇALVES	M	61		00:49:03	GD AZURVA
285	409	JOSE M S PEREIRA	M	62		00:49:14	OS PEREIRAS
286	260	DIOGO A C L VALENTE	M	35		00:49:15	INDIVIDUAL
287	471	ISABEL M O P HENRIQUES	F	39		00:49:17	INDIVIDUAL
288	282	PEDRO M S GARRIDO	M	36		00:49:27	INDIVIDUAL
289	156	ISABEL LOURENÇO	F	37		00:49:27	ARCORUN
290	168	BRUNO COSTA	M	32		00:49:29	INDIVIDUAL
291	374	JOSE FIGUEIREDO	M	40		00:49:39	RD AGUEDA
292	244	ALBERTO VENTURA	M	50		00:49:39	RD AGUEDA
293	265	LUÍS PESSOA	M	37		00:49:48	INDIVIDUAL
294	203	MIGUEL VAZ	M	42		00:49:50	LUPAS
295	271	ANTONIO M R C SANTOS	M	40		00:49:50	INDIVIDUAL
296	283	JOAQUIM P F SANTIAGO	M	29		00:49:51	INDIVIDUAL
297	424	MIGUEL GODINHO	M	37		00:49:51	INDIVIDUAL
298	484	GONÇALO BARROS	M	33		00:49:52	INDIVIDUAL
299	483	CARLOS PEREIRA	M	32		00:49:53	INDIVIDUAL
300	342	PEDRO AZEVEDO	M	40		00:49:55	AZEVEDO
301	456	MARCO A C SANTOS	M	28		00:49:58	PERNA PAU RUNNING TEAM
302	321	RUI AMORIM	M	36		00:50:00	ROYAL SCHOOL LANGUAGES
303	313	BRUNO COSTA	M	36		00:50:00	ROYAL SCHOOL LANGUAGES
304	144	CLAUDIA ROQUE	F	35		00:50:39	INDIVIDUAL
305	363	ANDREIA M V NEVES	F	32		00:50:56	INDIVIDUAL
306	116	NELSON RÉ	M	47		00:50:57	ACAGA
307	464	PEDRO CABRAL	M	34		00:51:01	INDIVIDUAL
308	291	JOEL J GINGA	M	33		00:51:11	INDIVIDUAL
309	390	SÉRGIO CONSTÂNCIO	M	41		00:51:25	CAETANO RUNNERS
310	204	MIGUEL SILVA	M	39		00:51:25	INDIVIDUAL
311	161	MARIO FERNANDES	M	67		00:51:49	INDIVIDUAL
312	306	CARLA COSTA	F	43		00:51:54	INDIVIDUAL

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
313	215	CLÁUDIA S F VIEIRA	F	34		00:51:56	INDIVIDUAL
314	214	ANA M M RODRIGUES	F	36		00:51:57	INDIVIDUAL
315	158	RITA GASPAR	F	34		00:52:06	ARCORUN
316	361	JUAN G A FERREIRA	M	37		00:52:21	INDIVIDUAL
317	296	TIAGO TEIXEIRA	M	29		00:52:21	INDIVIDUAL
318	314	CARLA SANTOS	F	38		00:52:27	ROYAL SCHOOL LANGUAGES
319	319	NUNO SILVA	M	37		00:52:27	ROYAL SCHOOL LANGUAGES
320	237	TIAGO FRAGATA	M	33		00:52:38	ATTICUS TEAM
321	236	BRIGITE SILVA	F	34		00:52:38	ATTICUS TEAM
322	254	Mª JOANA B LEMOS	F	44		00:52:39	PEANUTS
323	344	ELISABETE M A MATOS	F	39		00:52:39	PEANUTS
324	231	HUGO FERNANDES	M	27		00:52:39	PEANUTS
325	413	MABEL SÁNCHEZ	F	37		00:52:39	INDIVIDUAL
326	127	Mª MARGARIDA A M CARVALHO	F	44		00:52:42	INDIVIDUAL
327	369	PATRICIA ALMEIDA	F	39		00:52:50	ENVIENERGY RUNNERS
328	146	INES S TELES	F	25		00:53:10	INDIVIDUAL
329	147	BRUNO M C MENDES	M	25		00:53:10	INDIVIDUAL
330	130	JORGE M F JULIÃO	M	39		00:53:21	INDIVIDUAL
331	129	RITA A C FERNANDES	F	33		00:53:21	INDIVIDUAL
332	367	PATRICIA MELO	F	26		00:53:22	INDIVIDUAL
333	264	ANA RAMOS	F	31		00:53:24	INDIVIDUAL
334	275	Mª JACINTA C S P AMORIM	F	31		00:53:27	INDIVIDUAL
335	228	MARIA FONSECA	F	44		00:53:28	VAMOS LA
336	120	LUIS S CORREIA	M	67		00:53:30	GD AZURVA
337	391	RAQUEL BRITO	F	37		00:54:06	INDIVIDUAL
338	463	FERNANDO M Q B FONSECA	M	35		00:54:12	INDIVIDUAL
339	388	AMANDIO M PEREIRA	M	59		00:54:35	INDIVIDUAL
340	278	PAULA RIBEIRO	F	39		00:54:35	LUPAS
341	220	Mª JOAO CARAPINHA	F	22		00:55:00	INDIVIDUAL
342	219	Mª INES CARAPINHA	F	25		00:55:00	INDIVIDUAL
343	193	NUNO M H S PEREIRA	M	37		00:55:05	BACALHAUS
344	343	ANABELA AZEVEDO	F	44		00:55:12	AZEVEDO
345	347	BEATRIZ BARCIELA	F	41		00:55:21	INDIVIDUAL
346	232	FATIMA M. BÓIA	F	31		00:55:23	INDIVIDUAL
347	256	SERGIO M S FREIRE	M	35		00:55:23	CLUBE PT AVEIRO
348	159	JOSE PIMENTEL	M	46		00:55:36	ARCORUN
349	80	REGINA RATOLA	F	20		00:55:47	INDIVIDUAL
350	395	PAULA OLIVEIRA	F	48		00:55:53	INDIVIDUAL
351	474	Mª MANUEL CALVO	F	42		00:55:57	INDIVIDUAL

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
352	355	JOSE CARVALHO	M	30		00:56:47	MC CANTIFULAS
353	286	JORGE D P R ARADA	M	38		00:56:51	INDIVIDUAL
354	190	ISABEL VEIGA	F	34		00:56:53	INDIVIDUAL
355	209	LOURENÇO MARQUES	M	41		00:57:10	CAETANO RUNNERS
356	223	ALESSANDRA L SCORVO	F	41		00:57:11	INDIVIDUAL
357	222	JULIANA LOSACCO	F	33		00:57:33	INDIVIDUAL
358	295	ANA L XAVIER	F	32		00:57:36	INDIVIDUAL
359	294	MIGUEL C BRANCO	M	42		00:57:36	INDIVIDUAL
360	379	MARGARIDA FARDILHA	F	40		00:58:15	INDIVIDUAL
361	310	ANA R C S SOUSA	F	34		00:58:20	FADIDA
362	197	HELDER PIMENTA	M	41		00:58:32	INDIVIDUAL
363	196	TERESA ANDRADE	F	31		00:58:33	INDIVIDUAL
364	95	CATARINA J C RIBEIRO	F	37		00:58:41	INDIVIDUAL
365	87	SUSANA DOMINGUES	F	36		00:58:41	INDIVIDUAL
366	207	DAVID S CARVALHO	M	35		00:58:41	INDIVIDUAL
367	86	PEDRO DOMINGUES	M	41		00:58:41	INDIVIDUAL
368	354	MARCO GONÇALVES	M	32		00:59:13	MC CANTIFULAS
369	252	Mª ROSÁRIO S COSTA	F	34		00:59:18	PEANUTS
370	485	JOSE PEREIRA	M	38		00:59:23	INDIVIDUAL
371	262	MARTA SOUSA	F	36		00:59:49	INDIVIDUAL
372	194	PATRICIA SALGADO	F	33		01:00:01	CHONE
373	335	INES C ROXO	F	29		01:00:46	PEANUTS
374	386	ANA C M GOMES	F	23		01:00:46	PEANUTS
375	249	SANDRINA SANTOS	F	30		01:00:47	PEANUTS
376	285	GORETE C M RIBEIRO	F	36		01:01:18	INDIVIDUAL
377	364	TERESA M C S P AMORIM	F	27		01:01:33	INDIVIDUAL
378	152	LUISA HELGUERO	F	40		01:02:12	INDIVIDUAL
379	477	CARLA FERREIRA	F	37		01:02:19	INDIVIDUAL
380	333	ANA C M AMARO	F	37		01:03:04	INDIVIDUAL
381	334	SORAIA M AMARO	F	31		01:03:04	INDIVIDUAL
382	268	INES AMORIM	F	29		01:04:53	INDIVIDUAL
383	359	ALEXANDRE CRUZ	M	42		01:18:43	INDIVIDUAL

Total de registros: 383

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

F2034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	93	ANDREIA SANTOS	F	28	00:32:28	JOMA
2	406	MILENE SANTOS	F	21	00:36:50	NDA POMBAL
3	339	PATRÍCIA I P RIBEIRO	F	28	00:40:46	INDIVIDUAL
4	324	MARTA RODRIGUES	F	30	00:41:30	EXCEPÇÃO BTT
5	385	KAMILA WOLANCZYK	F	33	00:42:07	INDIVIDUAL
6	261	MARGARIDA MALAQUIAS	F	30	00:42:52	INDIVIDUAL
7	402	LARA AZAMBUJO	F	28	00:43:16	RUN@FIGUEIRA
8	416	JOANA I B AGUIAR	F	29	00:44:19	UNIDOS DE ROSSAS
9	170	SANDRA CRISTINA	F	34	00:44:26	CAETANO RUNNERS
10	162	CARLOTA L CUNHA	F	25	00:44:38	INDIVIDUAL
11	139	ANA C LOPES	F	30	00:44:52	PERNA PAU RUNNING TEAM
12	480	DIANA FERREIRA	F	27	00:45:18	INDIVIDUAL
13	357	RITA GLÓRIA	F	33	00:45:34	INDIVIDUAL
14	387	TERESA M O MARTINS	F	33	00:45:34	INDIVIDUAL
15	444	MONICA FERNANDES	F	24	00:46:46	GRECAS
16	378	CANDIDA CRUZ	F	34	00:47:19	INDIVIDUAL
17	360	SARA SANTOS	F	33	00:47:50	INDIVIDUAL
18	187	ANDREIA PINHO	F	32	00:48:31	INDIVIDUAL
19	363	ANDREIA M V NEVES	F	32	00:50:56	INDIVIDUAL
20	215	CLÁUDIA S F VIEIRA	F	34	00:51:56	INDIVIDUAL
21	158	RITA GASPAR	F	34	00:52:06	ARCORUN
22	236	BRIGITE SILVA	F	34	00:52:38	ATTICUS TEAM
23	146	INES S TELES	F	25	00:53:10	INDIVIDUAL
24	129	RITA A C FERNANDES	F	33	00:53:21	INDIVIDUAL
25	367	PATRICIA MELO	F	26	00:53:22	INDIVIDUAL
26	264	ANA RAMOS	F	31	00:53:24	INDIVIDUAL
27	275	Mª JACINTA C S P AMORIM	F	31	00:53:27	INDIVIDUAL
28	220	Mª JOAO CARAPINHA	F	22	00:55:00	INDIVIDUAL
29	219	Mª INES CARAPINHA	F	25	00:55:00	INDIVIDUAL
30	232	FATIMA M. BÓIA	F	31	00:55:23	INDIVIDUAL
31	80	REGINA RATOLA	F	20	00:55:47	INDIVIDUAL
32	190	ISABEL VEIGA	F	34	00:56:53	INDIVIDUAL
33	222	JULIANA LOSACCO	F	33	00:57:33	INDIVIDUAL
34	295	ANA L XAVIER	F	32	00:57:36	INDIVIDUAL
35	310	ANA R C S SOUSA	F	34	00:58:20	FADIDA
36	196	TERESA ANDRADE	F	31	00:58:33	INDIVIDUAL
37	252	Mª ROSÁRIO S COSTA	F	34	00:59:18	PEANUTS
38	194	PATRICIA SALGADO	F	33	01:00:01	CHONE
39	335	INES C ROXO	F	29	01:00:46	PEANUTS
40	386	ANA C M GOMES	F	23	01:00:46	PEANUTS

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

F2034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
41	249	SANDRINA SANTOS	F	30	01:00:47	PEANUTS
42	364	TERESA M C S P AMORIM	F	27	01:01:33	INDIVIDUAL
43	334	SORAIA M AMARO	F	31	01:03:04	INDIVIDUAL
44	268	INES AMORIM	F	29	01:04:53	INDIVIDUAL

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	408	DEONILDE COSTA	F	39	00:39:33	AC VERMOIL
2	210	MARISA J T COSTA	F	37	00:39:47	IRBAL
3	108	ELISABETE COSTA	F	37	00:42:43	FAMILIA COSTA E SOUSA
4	157	ISABEL ALMEIDA	F	41	00:44:46	ARCORUN
5	226	SOLANGE CABRAL	F	37	00:44:50	VAMOS LA
6	104	Mª NEVES V REBOCHO	F	37	00:47:19	INDIVIDUAL
7	315	ELISABETE RODRIGUES	F	36	00:48:24	ROYAL SCHOOL LANGUAGES
8	471	ISABEL M O P HENRIQUES	F	39	00:49:17	INDIVIDUAL
9	156	ISABEL LOURENÇO	F	37	00:49:27	ARCORUN
10	144	CLAUDIA ROQUE	F	35	00:50:39	INDIVIDUAL
11	306	CARLA COSTA	F	43	00:51:54	INDIVIDUAL
12	214	ANA M M RODRIGUES	F	36	00:51:57	INDIVIDUAL
13	314	CARLA SANTOS	F	38	00:52:27	ROYAL SCHOOL LANGUAGES
14	254	Mª JOANA B LEMOS	F	44	00:52:39	PEANUTS
15	344	ELISABETE M A MATOS	F	39	00:52:39	PEANUTS
16	413	MABEL SÁNCHEZ	F	37	00:52:39	INDIVIDUAL
17	127	Mª MARGARIDA A M CARVALHO	F	44	00:52:42	INDIVIDUAL
18	369	PATRICIA ALMEIDA	F	39	00:52:50	ENVIENERGY RUNNERS
19	228	MARIA FONSECA	F	44	00:53:28	VAMOS LA
20	391	RAQUEL BRITO	F	37	00:54:06	INDIVIDUAL
21	278	PAULA RIBEIRO	F	39	00:54:35	LUPAS
22	343	ANABELA AZEVEDO	F	44	00:55:12	AZEVEDO
23	347	BEATRIZ BARCIELA	F	41	00:55:21	INDIVIDUAL
24	474	Mª MANUEL CALVO	F	42	00:55:57	INDIVIDUAL
25	223	ALESSANDRA L SCORVO	F	41	00:57:11	INDIVIDUAL
26	379	MARGARIDA FARDILHA	F	40	00:58:15	INDIVIDUAL
27	95	CATARINA J C RIBEIRO	F	37	00:58:41	INDIVIDUAL
28	87	SUSANA DOMINGUES	F	36	00:58:41	INDIVIDUAL
29	262	MARTA SOUSA	F	36	00:59:49	INDIVIDUAL
30	285	GORETE C M RIBEIRO	F	36	01:01:18	INDIVIDUAL
31	152	LUIZA HELGUERO	F	40	01:02:12	INDIVIDUAL
32	477	CARLA FERREIRA	F	37	01:02:19	INDIVIDUAL
33	333	ANA C M AMARO	F	37	01:03:04	INDIVIDUAL

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

F4599

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	309	FATIMA PINHO	F	50	00:36:03	GRECAS
2	140	ANA GONÇALVES	F	46	00:44:49	INDIVIDUAL
3	301	Mª ISABEL M S PARRACHO	F	53	00:46:44	GRECAS
4	395	PAULA OLIVEIRA	F	48	00:55:53	INDIVIDUAL

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

M1819

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	407	JOAO CRUZ	M	19	00:28:09	SL BENFICA
2	437	FRANCISCO C CUNHA	M	18	00:34:18	C TRIATLO PEROSINHO

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	287	DANIEL F O GREGÓRIO	M	24	00:27:35	SPORTING CP
2	94	HUGO D SANTOS	M	24	00:27:40	INDIVIDUAL
3	167	JOSE C S SOUSA	M	24	00:27:56	GD 3 SANTOS POPULARES
4	153	RICARDO FERNANDES	M	27	00:29:57	GRECAS
5	472	JOAO PEREIRA	M	29	00:30:52	TRIATLO GALITOS
6	165	GIOVANNI DIAZ	M	31	00:31:13	INDIVIDUAL
7	362	LUIS ROSAS	M	28	00:31:36	INDIVIDUAL
8	427	NUNO ABREU	M	29	00:32:05	C VETERANOS COIMBRA
9	297	IGOR SALVADOR	M	23	00:32:20	EXCEPÇÃO BTT
10	88	ALFREDO CUELLAR	M	21	00:32:35	INDIVIDUAL
11	403	LUIS CAVALEIRO	M	33	00:32:56	RUN@FIGUEIRA
12	417	RUI M B AGUIAR	M	27	00:33:22	ACR VALE CAMBRA
13	288	RICARDO J LS COELHO	M	29	00:33:39	INDIVIDUAL
14	443	MÁRCIO LOUREIRO	M	34	00:33:46	INDIVIDUAL
15	341	NUNO F D OLIVEIRA	M	22	00:33:48	INDIVIDUAL
16	317	GONÇALO PATO	M	30	00:34:21	ROYAL SCHOOL LANGUAGES
17	304	RICARDO F ALVES	M	29	00:34:29	CLUBE GALITOS
18	358	OLIVERIO BAPTISTA	M	32	00:34:40	CENAP
19	466	TIAGO REIGOTA	M	32	00:35:14	GRECAS
20	381	FREDDY ROCHA	M	34	00:35:28	MP 3
21	176	TIAGO MENDES	M	24	00:35:34	CERGAL CREW
22	428	RICARDO ABREU	M	29	00:35:36	C VETERANOS COIMBRA
23	253	MAIKOL SIMÕES	M	30	00:35:43	INDIVIDUAL
24	242	TIAGO JESUS	M	25	00:36:32	RD AGUEDA
25	273	PAULO NEVES	M	27	00:36:36	AC VERMOIL
26	422	MIGUEL GONÇALVES	M	34	00:36:36	INDIVIDUAL
27	181	LUIS SOUSA	M	27	00:36:37	INDIVIDUAL
28	439	NUNO H SILVA	M	25	00:36:47	INDIVIDUAL
29	316	FILIFE BARREIRA	M	34	00:36:50	ROYAL SCHOOL LANGUAGES
30	452	CELMO MOREIRA	M	33	00:36:55	DA RECARDÃES
31	455	RENATO MARTINS	M	28	00:37:17	OS MANOS
32	454	RICARDO DINIS	M	31	00:37:18	OS MANOS
33	340	BRUNI M OLIVEIRA	M	33	00:37:26	CM MARCHA E CORRIDA DE MIRA
34	486	ANDRE GUERRA	M	29	00:37:27	INDIVIDUAL
35	356	FAUSTO MOREIRA	M	29	00:37:29	INDIVIDUAL
36	299	SAMUEL TEIXEIRA	M	31	00:37:38	INDIVIDUAL
37	266	TOME MATOS	M	22	00:37:56	OS MAIORES
38	373	LICINIO G G ALMEIDA	M	26	00:38:02	BV OVAR
39	371	MANUEL F M PEREIRA	M	24	00:38:02	BV OVAR
40	346	NELSON MUGA	M	33	00:38:17	INDIVIDUAL

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
41	138	DANIEL ESPINHAL	M	33	00:38:25	PERNA PAU RUNNING TEAM
42	218	ROMÃO PEDROSO	M	27	00:38:26	INDIVIDUAL
43	415	DANIEL P B AGUIAR	M	32	00:38:29	UNIDOS DE ROSSAS
44	414	INUO F MELO	M	33	00:38:30	INDIVIDUAL
45	92	NELSON M R SILVA	M	21	00:38:38	INDIVIDUAL
46	212	JOAO P M CENTENO	M	26	00:38:40	INDIVIDUAL
47	178	RICARDO CANTANTE	M	25	00:38:46	CERGAL CREW
48	488	CELIO DUARTE	M	29	00:38:54	INDIVIDUAL
49	420	JOSÉ VILELA	M	33	00:39:15	INDIVIDUAL
50	135	NUNO OLIVEIRA	M	24	00:39:28	INDIVIDUAL
51	81	ANTONIO RATOLA	M	20	00:40:12	INDIVIDUAL
52	447	DANIEL MALAFAIA	M	23	00:40:23	INDIVIDUAL
53	111	RICARDO REIS	M	23	00:40:28	INDIVIDUAL
54	185	EMANUEL RODRIGUES	M	24	00:40:30	BARC
55	476	PEDRO MARQUES	M	28	00:40:31	INDIVIDUAL
56	331	EMANUEL T S HELENO	M	27	00:40:36	INDIVIDUAL
57	401	RUI MATOS	M	28	00:40:42	RUN@FIGUEIRA
58	143	JOSE MANUEL	M	34	00:40:52	INDIVIDUAL
59	245	PAULO A T MOREIRA	M	34	00:41:25	QUERTYUIOP
60	166	JORGE FARINHA	M	27	00:41:30	INDIVIDUAL
61	389	PAULO BAPTISTA	M	26	00:41:34	INDIVIDUAL
62	179	FERNANDO C S CARAPELHO	M	32	00:41:36	GD GAFANHA
63	177	FILIFE SILVA	M	25	00:41:51	CERGAL CREW
64	91	TIAGO M S NOBRE	M	31	00:42:00	INDIVIDUAL
65	155	MIGUEL MATOS	M	34	00:42:01	ARCORUN
66	307	JOSE V OLIVEIRA	M	30	00:42:02	INDIVIDUAL
67	397	ALEXANDRE MATOS	M	23	00:42:17	ÁÍESTÁELA
68	470	INONIO MARTINS	M	33	00:42:22	INDIVIDUAL
69	110	FILIFE RATO	M	34	00:42:25	INDIVIDUAL
70	75	MIGUEL M MOURA	M	30	00:42:40	MOURA TEAM
71	257	ANA S P MOREIRA	M	25	00:42:42	INDIVIDUAL
72	103	RICARDO J AMARAL	M	22	00:43:01	INDIVIDUAL
73	150	HELDER VIEGAS	M	33	00:43:03	INDIVIDUAL
74	250	FLAVIO M R CARPINTEIRO	M	26	00:43:06	PEANUTS
75	251	PAULO J P CAPUCHO	M	34	00:43:11	PEANUTS
76	442	CLÁUDIO SANTOS	M	23	00:43:13	BARC
77	255	FILIFE A D BARBOSA	M	31	00:43:17	PEANUTS
78	171	BRUNO A F ALMEIDA	M	28	00:43:23	ELECTRODINÂMICOS
79	201	BRUNO TEIXEIRA	M	32	00:43:40	LUPAS
80	192	LUIS F S DUARTE	M	28	00:43:51	INDIVIDUAL

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
81	117	NUNO Q MARTINS	M	31	00:44:02	INDIVIDUAL
82	396	ROMEU ABREU	M	31	00:44:04	AÍESTÁELA
83	461	JOSE PEREIRA	M	34	00:44:09	INDIVIDUAL
84	329	APOLINARIO PEREIRA	M	27	00:44:30	KO
85	227	ULISSES CABRAL	M	33	00:44:36	VAMOS LA
86	458	BRUNO SANTOS	M	32	00:44:43	INDIVIDUAL
87	460	LUIS PERPÉTUA	M	27	00:44:43	INDIVIDUAL
88	479	FILIPE RIBEIRO	M	34	00:44:46	INDIVIDUAL
89	465	CARLOS GOMES	M	32	00:44:50	INDIVIDUAL
90	353	PAULO MATOS	M	34	00:44:51	LUPAS
91	183	PAULO ABRANTES	M	24	00:44:55	BARC
92	169	JOSE MAIA	M	30	00:45:05	INDIVIDUAL
93	338	RUI SILVA	M	30	00:45:05	INDIVIDUAL
94	400	JOAO P V CARDOSO	M	21	00:45:35	INDIVIDUAL
95	459	MÁRIO S O BRANCO	M	22	00:45:35	INDIVIDUAL
96	258	JORGE F S A MARQUES	M	26	00:45:40	INDIVIDUAL
97	172	PEDRO L F RODRIGUES	M	29	00:45:40	ELECTRODINÂMICOS
98	289	RUI G GONÇALVES	M	32	00:45:42	INDIVIDUAL
99	173	ANDRE V JORGE	M	29	00:45:56	ELECTRODINÂMICOS
100	267	ARMANDO CARRAGOSO	M	30	00:45:58	INDIVIDUAL
101	487	MARIO BRAS	M	26	00:46:13	INDIVIDUAL
102	259	TIAGO CARREIRA	M	29	00:46:31	INDIVIDUAL
103	350	JOAO P F G MARTINS	M	33	00:46:47	INDIVIDUAL
104	351	MIGUEL V MIRANDA	M	32	00:47:07	INDIVIDUAL
105	412	JOAO TRINDADE	M	27	00:47:09	INDIVIDUAL
106	382	JOAO BALDAIA	M	25	00:47:13	BOSCH TERMOTECNOLOGIA SA
107	186	ANDRE PINTO	M	22	00:48:12	BARC
108	106	IVO BATISTA	M	34	00:48:13	INDIVIDUAL
109	76	ORLANDO SÁ MORAIS	M	33	00:48:16	INDIVIDUAL
110	281	ANDRE R C LOPES	M	29	00:48:39	INDIVIDUAL
111	398	PEDRO ABREU	M	33	00:48:51	AÍESTÁELA
112	168	BRUNO COSTA	M	32	00:49:29	INDIVIDUAL
113	283	JOAQUIM P F SANTIAGO	M	29	00:49:51	INDIVIDUAL
114	484	GONÇALO BARROS	M	33	00:49:52	INDIVIDUAL
115	483	CARLOS PEREIRA	M	32	00:49:53	INDIVIDUAL
116	456	MARCO A C SANTOS	M	28	00:49:58	PERNA PAU RUNNING TEAM
117	464	PEDRO CABRAL	M	34	00:51:01	INDIVIDUAL
118	291	JOEL J GINGA	M	33	00:51:11	INDIVIDUAL
119	296	TIAGO TEIXEIRA	M	29	00:52:21	INDIVIDUAL
120	237	TIAGO FRAGATA	M	33	00:52:38	ATTICUS TEAM

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
121	231	HUGO FERNANDES	M	27	00:52:39	PEANUTS
122	147	BRUNO M C MENDES	M	25	00:53:10	INDIVIDUAL
123	355	JOSE CARVALHO	M	30	00:56:47	MC CANTIFULAS
124	354	MARCO GONÇALVES	M	32	00:59:13	MC CANTIFULAS

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	100	RUI M O LOPES	M	36	00:30:55	INDIVIDUAL
2	450	JOSUÉ M P OLIVEIRA	M	38	00:31:23	TRIATLO GALITOS
3	300	JOAQUIM L PEREIRA	M	38	00:32:24	INDIVIDUAL
4	269	ALBERTO FONTE	M	39	00:34:13	INDIVIDUAL
5	96	RUI A F SILVA	M	38	00:34:34	INDIVIDUAL
6	323	PEDRO PINHEIRO	M	35	00:35:12	EXCEPÇÃO BTT
7	311	JORGE PATO	M	39	00:35:17	ROYAL SCHOOL LANGUAGES
8	394	CARLOS G O B BARROS	M	37	00:35:36	INDIVIDUAL
9	188	VÍTOR COELHO	M	35	00:36:18	INDIVIDUAL
10	320	PAULO VIEIRA	M	37	00:37:28	ROYAL SCHOOL LANGUAGES
11	224	JORGE F C S MARQUES	M	39	00:37:57	INDIVIDUAL
12	438	JOSÉ M G NUNES	M	38	00:38:13	INDIVIDUAL
13	368	MAXIMINO RODRIGUES	M	38	00:38:31	ENVIENERGY RUNNERS
14	128	PEDRO M V MOTA	M	39	00:38:37	INDIVIDUAL
15	131	NUNO F C FIGUEIRINHAS	M	37	00:38:55	INDIVIDUAL
16	423	NUNO ROSA	M	36	00:38:59	INDIVIDUAL
17	326	JOAO CATALÃO	M	36	00:39:15	ROYAL SCHOOL LANGUAGES
18	449	MIGUEL OLIVEIRA	M	35	00:39:34	DA RECARDÃES
19	419	RODRIGO SANTOS	M	36	00:39:38	INDIVIDUAL
20	481	RICARDO PACHECO	M	37	00:39:43	INDIVIDUAL
21	426	JOAO R L COUTO	M	37	00:39:50	TEAM VENTIL
22	325	TIAGO FERREIRA	M	35	00:39:58	EXCEPÇÃO BTT
23	217	PAULO A T PEREIRA	M	37	00:41:20	INDIVIDUAL
24	272	NUNO J M A GUERRA	M	39	00:41:38	INDIVIDUAL
25	99	RUI MACHADO	M	39	00:41:38	INDIVIDUAL
26	137	AURELIO SAUDE	M	36	00:42:05	PERNA PAU RUNNING TEAM
27	468	ANTONIO V A TAVARES	M	36	00:42:12	UNIDOS DE ROSSAS
28	441	JOÃO MATOS	M	37	00:43:02	INDIVIDUAL
29	431	FRANCISCO LAMAS	M	38	00:43:11	OAZ
30	195	PAULO SERRA	M	36	00:43:12	CHONE
31	148	NELSON P C DUARTE	M	38	00:43:15	INDIVIDUAL
32	445	MÁRIO SEQUEIRA	M	38	00:43:16	LUPAS
33	366	DIOGO PEREIRA	M	39	00:43:24	PELINGRINOS PEDAL
34	457	REINALDO RIBEIRO	M	36	00:43:26	INDIVIDUAL
35	234	NUNO TROIA	M	36	00:43:27	INDIVIDUAL
36	446	RUI FARTURA	M	38	00:43:48	INDIVIDUAL
37	435	PAULO NUNES	M	35	00:43:52	INDIVIDUAL
38	482	RUI IGREJA	M	39	00:44:19	INDIVIDUAL
39	330	JOAQUIM MOTA	M	39	00:44:30	KO
40	136	GEORGE GRANGEIA	M	35	00:44:36	PERNA PAU RUNNING TEAM

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
41	429	LUIS F S CORTESÃO	M	37	00:44:50	C VETERANOS COIMBRA
42	184	FRANCISCO SANTOS	M	35	00:44:55	BARC
43	380	VIRGILIO PINTO	M	35	00:45:08	INDIVIDUAL
44	180	LUIS M P SAMPAIO	M	35	00:45:13	GD GAFANHA
45	418	NUNO F F FONTOURA	M	36	00:45:14	PELINGRINOS PEDAL
46	213	EUGENIO M M SILVA	M	39	00:45:23	INDIVIDUAL
47	163	RICARDO FONTE	M	36	00:45:39	INDIVIDUAL
48	473	ANTONIO J M RIBEIRO	M	36	00:45:53	INDIVIDUAL
49	302	NUNO TAVARES	M	35	00:47:45	INDIVIDUAL
50	430	CARLOS GOMES	M	37	00:48:14	OAZ
51	399	SERGIO SANTOS	M	36	00:48:46	AÍESTÁELA
52	260	DIOGO A C L VALENTE	M	35	00:49:15	INDIVIDUAL
53	282	PEDRO M S GARRIDO	M	36	00:49:27	INDIVIDUAL
54	265	LUÍS PESSOA	M	37	00:49:48	INDIVIDUAL
55	424	MIGUEL GODINHO	M	37	00:49:51	INDIVIDUAL
56	321	RUI AMORIM	M	36	00:50:00	ROYAL SCHOOL LANGUAGES
57	313	BRUNO COSTA	M	36	00:50:00	ROYAL SCHOOL LANGUAGES
58	204	MIGUEL SILVA	M	39	00:51:25	INDIVIDUAL
59	361	JUAN G A FERREIRA	M	37	00:52:21	INDIVIDUAL
60	319	NUNO SILVA	M	37	00:52:27	ROYAL SCHOOL LANGUAGES
61	130	JORGE M F JULIÃO	M	39	00:53:21	INDIVIDUAL
62	463	FERNANDO M Q B FONSECA	M	35	00:54:12	INDIVIDUAL
63	193	NUNO M H S PEREIRA	M	37	00:55:05	BACALHAUS
64	256	SERGIO M S FREIRE	M	35	00:55:23	CLUBE PT AVEIRO
65	286	JORGE D P R ARADA	M	38	00:56:51	INDIVIDUAL
66	207	DAVID S CARVALHO	M	35	00:58:41	INDIVIDUAL
67	485	JOSE PEREIRA	M	38	00:59:23	INDIVIDUAL

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	230	HILARIO PINTO	M	40	00:32:59	GD ASSEMPARK
2	377	JOAQUIM V FERREIRA	M	44	00:33:08	ARADA A C
3	318	MIGUEL PATO	M	41	00:33:50	ROYAL SCHOOL LANGUAGES
4	205	PAULO ALMEIDA	M	41	00:33:55	GD GAFANHA
5	467	PEDRO REIGOTA	M	40	00:36:06	GRECAS
6	248	MANUEL SILVA	M	40	00:37:44	CENAP
7	432	SERGIO CANEDO	M	41	00:37:44	OAZ
8	160	ARMINDO BASTOS	M	40	00:37:57	INDIVIDUAL
9	126	PEDRO MADAIL	M	42	00:38:51	INDIVIDUAL
10	243	PAULO MARTINS	M	43	00:39:27	RD AGUEDA
11	239	FILIFE ALMEIDA	M	41	00:39:27	RD AGUEDA
12	191	FILIFE ROUXINOL	M	40	00:39:42	INDIVIDUAL
13	198	JOAO P B RODRIGUES	M	40	00:40:11	INDIVIDUAL
14	89	JOAO COELHO	M	44	00:40:12	INDIVIDUAL
15	221	ANTONIO A SILVA	M	40	00:40:26	INDIVIDUAL
16	109	JORGE VILELA	M	42	00:40:41	INDIVIDUAL
17	475	MIGUEL SANTOS	M	43	00:40:43	INDIVIDUAL
18	83	EVANDRO SILVA	M	41	00:40:55	INDIVIDUAL
19	82	JAIME JUNIOR	M	42	00:40:57	INDIVIDUAL
20	182	ARTUR L M RODRIGUES	M	44	00:42:13	CALDAS S JORGE S C
21	277	MANUEL RIBEIRO	M	44	00:42:25	LUPAS
22	375	RUI A L GONÇALVES	M	40	00:42:35	INDIVIDUAL
23	345	ALEXANDRE ALMEIDA	M	40	00:43:06	C BENFICA AVEIRO
24	115	MIGUEL ALMEIDA	M	41	00:43:14	ACAGA
25	280	PEDRO FARDILHA	M	40	00:43:27	INDIVIDUAL
26	365	FILIFE S	M	43	00:43:29	PELINGRINOS PEDAL
27	332	ALBERTO G BRANCO	M	43	00:43:33	INDIVIDUAL
28	305	JORGE G ROCHA	M	44	00:44:53	INDIVIDUAL
29	125	PAULO GONÇALVES	M	40	00:45:05	INDIVIDUAL
30	384	AUGUSTO RICARDO	M	40	00:46:19	INDIVIDUAL
31	322	SAMUEL NEVES	M	40	00:48:25	ROYAL SCHOOL LANGUAGES
32	469	JOAO QUINTELA	M	44	00:48:31	INDIVIDUAL
33	293	PAULO SOARES	M	40	00:48:52	INDIVIDUAL
34	374	JOSE FIGUEIREDO	M	40	00:49:39	RD AGUEDA
35	203	MIGUEL VAZ	M	42	00:49:50	LUPAS
36	271	ANTONIO M R C SANTOS	M	40	00:49:50	INDIVIDUAL
37	342	PEDRO AZEVEDO	M	40	00:49:55	AZEVEDO
38	390	SÉRGIO CONSTÂNCIO	M	41	00:51:25	CAETANO RUNNERS
39	209	LOURENÇO MARQUES	M	41	00:57:10	CAETANO RUNNERS
40	294	MIGUEL C BRANCO	M	42	00:57:36	INDIVIDUAL

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
41	197	HELDER PIMENTA	M	41	00:58:32	INDIVIDUAL
42	86	PEDRO DOMINGUES	M	41	00:58:41	INDIVIDUAL
43	359	ALEXANDRE CRUZ	M	42	01:18:43	INDIVIDUAL

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	421	PAULO J V GOMES	M	47	00:33:28	INDIVIDUAL
2	102	MARIO J R T LOPES	M	48	00:35:40	INDIVIDUAL
3	328	PAULO CONCEICAO	M	45	00:36:01	SC PARADELA
4	327	RUI J S N FERREIRA	M	45	00:36:47	CGA TRIATLO
5	478	PAULO CARTEIRO	M	45	00:37:09	INDIVIDUAL
6	404	MARIO CARAPINHEIRO	M	49	00:37:37	RUN@FIGUEIRA
7	308	PAULO SANTOS	M	46	00:37:45	INDIVIDUAL
8	433	RICARDO M PINHO	M	47	00:39:21	OAZ
9	336	LUIS F C NEVES	M	45	00:39:31	PSJ
10	392	CARLOS GUERRA	M	45	00:39:46	RD AGUEDA
11	225	JOSE RIBEIRO	M	48	00:40:14	VAMOS LA
12	202	PAULO AÇAFRÃO	M	47	00:40:40	LUPAS
13	79	PEDRO RATOLA	M	48	00:41:06	INDIVIDUAL
14	189	JOAO A C COSTA	M	47	00:41:38	INDIVIDUAL
15	77	ARTUR VARUM	M	47	00:41:41	INDIVIDUAL
16	240	AMILCAR HENRIQUES	M	47	00:41:43	RD AGUEDA
17	276	JAIME ALVES	M	46	00:43:11	LUPAS
18	142	FERNANDO SANTOS	M	47	00:43:23	INDIVIDUAL
19	292	CARLOS M PEREIRA	M	49	00:45:01	PELINGRINOS PEDAL
20	85	JOSE ALVES	M	47	00:45:08	INDIVIDUAL
21	206	MANUEL VIEGAS	M	48	00:45:24	INDIVIDUAL
22	303	EDUARDO COSTA	M	45	00:45:32	INDIVIDUAL
23	440	JOSÉ FONSECA	M	45	00:46:19	INDIVIDUAL
24	233	ARMANDO SEIXAS	M	45	00:46:26	INDIVIDUAL
25	349	GIL GUERRA	M	47	00:46:38	INDIVIDUAL
26	145	CARLOS M S MARTINS	M	48	00:46:57	APROCRED
27	113	JULIO CASTRO	M	49	00:46:58	ACAGA
28	279	JOSE S MARCOS	M	48	00:47:13	INDIVIDUAL
29	229	RODRIGO MORAIS	M	47	00:47:35	VAMOS LA
30	434	ANTÓNIO VEIRA	M	49	00:48:14	OAZ
31	116	NELSON RÉ	M	47	00:50:57	ACAGA
32	159	JOSE PIMENTEL	M	46	00:55:36	ARCORUN

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

M5054

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	98	ANTONIO RUELA	M	52	00:33:24	INDIVIDUAL
2	370	LUÍS SIMÕES	M	52	00:34:42	CENAP
3	241	JOSE SANTOS	M	50	00:37:25	RD AGUEDA
4	151	PAUL SHEPHERD	M	52	00:37:34	INDIVIDUAL
5	274	ANTONIO F NEVES	M	50	00:39:30	AC VERMOIL
6	101	VICTOR M S GOMES	M	50	00:40:39	CVA COIMBRA
7	112	PEDRO MAIA	M	51	00:41:06	ACAGA
8	383	RUI M P DUARTE	M	51	00:41:27	KARRAPATEIRA 1919
9	114	FERNANDO CAMARNEIRO	M	51	00:43:14	ACAGA
10	105	FERNANDO RESENDE	M	52	00:43:26	INDIVIDUAL
11	298	ALBERTO FIGUEIREDO	M	53	00:47:07	EXCEPÇÃO BTT
12	244	ALBERTO VENTURA	M	50	00:49:39	RD AGUEDA

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	284	ARSÉNIO FERNANDES	M	58	00:37:00	INDIVIDUAL
2	247	JOSE TEIXEIRA	M	58	00:39:23	CENAP
3	216	FERNANDO M V LOPES	M	57	00:39:29	INDIVIDUAL
4	352	JOAO ANTUNES	M	58	00:42:49	INDIVIDUAL
5	119	JOSE MORAIS	M	56	00:44:20	INDIVIDUAL
6	154	JOAQUIM A G HENRIQUES	M	56	00:44:41	INDIVIDUAL
7	388	AMANDIO M PEREIRA	M	59	00:54:35	INDIVIDUAL

1 CORRIDA RIA DE AVEIRO 2013 - 20/10/2013

Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	199	HELDER RODRIGUES	M	61	00:37:09	ADREP
2	453	HERNÂNI AMARAL	M	60	00:39:12	ROYAL SCHOOL LANGUAGES
3	246	JOAQUIM AMIEIRO	M	62	00:41:04	CENAP
4	451	ARLINDO SANTOS	M	64	00:41:19	DA RECARDÃES
5	270	JOSE GUIA	M	64	00:42:12	SS CGD
6	312	ANTONIO BARROS	M	60	00:42:47	ROYAL SCHOOL LANGUAGES
7	121	ANTONIO F R MARTINS	M	61	00:43:09	GD AZURVA
8	97	ARMANDO OLIVEIRA	M	72	00:46:45	INDIVIDUAL
9	78	MANUEL MOREIRA	M	66	00:47:44	INDIVIDUAL
10	123	ANÍBAL E SIMÕES	M	67	00:47:48	GD AZURVA
11	376	ABILIO BRANDAO	M	72	00:48:51	INDIVIDUAL
12	122	JOSE M GONÇALVES	M	61	00:49:03	GD AZURVA
13	409	JOSE M S PEREIRA	M	62	00:49:14	OS PEREIRAS
14	161	MARIO FERNANDES	M	67	00:51:49	INDIVIDUAL
15	120	LUIS S CORREIA	M	67	00:53:30	GD AZURVA