

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	1010	DIOGO L RAMALHEIRA	M	28		00:34:06	00:34:05	INDIVIDUAL
2	143	PAULO MOTA	M	38		00:34:40	00:34:40	INDIVIDUAL
3	485	LUIS N SANTOS	M	32		00:35:08	00:35:07	AA MAFRA
4	1195	RICARDO FRANCO	M	31		00:35:10	00:35:07	RB RUNNING
5	693	NUNO SOARES	M	34		00:35:17	00:35:14	CORRER LISBOA
6	484	PEDRO MAIA	M	42		00:35:21	00:35:20	AA MAFRA
7	218	JOÃO C GOMES	M	46		00:35:25	00:35:23	CP EDP LISBOA
8	243	PEDRO MARTINS	M	48		00:35:36	00:35:32	C MILLENNIUM BCP
9	845	RUI J F HENRIQUES	M	36		00:35:51	00:35:50	SS MONTEPIO GERAL
10	62	LUIS NEIVA	M	48		00:36:29	00:36:25	NAZ ABOBODA
11	1111	ADOLFO LEAL	M	48		00:36:44	00:36:43	REST O CARTAXEIRO
12	35	JORGE CAIADO	M	45		00:36:53	00:36:47	AMIGOS DA CORRIDA
13	687	RODRIGO SANTOS	M	40		00:37:02	00:36:59	NUCLEOEIRAS
14	1200	TONY ALMEIDA	M	34		00:37:15	00:37:15	RB RUNNING
15	1056	BRUNO LENCASTRE	M	36		00:37:21	00:37:15	RUN 4 FUN
16	991	MARCO LOPES	M	27		00:37:29	00:37:12	INDIVIDUAL
17	1113	FRANCISCO SANTOS	M	44		00:37:36	00:37:32	REST O CARTAXEIRO
18	598	NUNO SILVA	M	38		00:37:37	00:37:27	M&B
19	782	FERNANDO POLONIO	M	46		00:37:40	00:37:37	NUCLEOEIRAS
20	1263	PEDRO BARBOSA	M	35		00:37:42	00:37:38	INDIVIDUAL
21	1242	PAULO GOMES	M	35		00:37:49	00:37:32	INDIVIDUAL
22	49	ANTÓNIO COSTA	M	45		00:37:52	00:37:46	INDIVIDUAL
23	1107	AURELIO AGUIAR	M	60		00:37:54	00:37:54	A VALE SILENCIO
24	773	FRANCISCO SERRANO	M	42		00:37:59	00:37:59	GD INE
25	1205	PEDRO FERREIRA	M	46		00:38:23	00:38:15	RB RUNNING
26	173	MIGUEL D H D CAPUCHA	M	27		00:38:25	00:38:22	CORRER LISBOA
27	231	ISIDRO DUARTE	M	48		00:38:30	00:38:22	RB RUNNING
28	624	NUNO ALMEIDA	M	36		00:38:32	00:38:23	INDIVIDUAL
29	1110	ARLINDO PAIXAO	M	52		00:38:32	00:38:31	REST O CARTAXEIRO
30	905	FRANCISCO S P Q MACEDO	M	25		00:38:33	00:38:27	INDIVIDUAL
31	169	LUIS M SILVA	M	43		00:38:49	00:38:46	INDIVIDUAL
32	77	ANTÓNIO ALMEIDA	M	37		00:38:52	00:38:47	INDIVIDUAL
33	1068	ISAAC L HERMIDA	M	34		00:38:53	00:38:01	INDIVIDUAL
34	216	LUIS F F ALVES	M	46		00:38:55	00:38:54	DEZ PRÁS ONZE
35	1188	MIGUEL RODRIGUES	M	45		00:39:11	00:39:08	WEVENTUAL
36	276	TIAGO MENDES	M	42		00:39:19	00:39:14	C MILLENNIUM BCP
37	219	PEDRO NOBRE	M	31		00:39:20	00:39:15	CP EDP LISBOA
38	631	JORGE AMARAL	M	47		00:39:29	00:39:27	AMINHACORRIDA/ KALENJI
39	1208	NUNO ALMEIDA	M	44		00:39:31	00:39:26	RB RUNNING

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
40	621	EURICO NICH0	M	54		00:39:50	00:39:45	OS GALGOS
41	963	NUNO S ANTUNES	M	41		00:39:55	00:39:46	WIKABOO
42	953	BRUNO SOUSA	M	41		00:39:56	00:39:56	INDIVIDUAL
43	703	HUGO SILVA	M	27		00:39:56	00:39:50	OS GALGOS
44	158	HÉLDER CARVALHO	M	42		00:40:00	00:39:56	ARRUDA RUN
45	618	JOÃO S NUNES	M	52		00:40:08	00:40:07	OS AMIGOS DO TEJO
46	762	DINIS F M SILVA	M	43		00:40:25	00:40:19	SCALABIS NIGHT RUNNERS
47	1250	ROBERTO GLORIA	M	26		00:40:30	00:40:27	INDIVIDUAL
48	751	ROGÉRIO MELEIRO	M	48		00:40:32	00:40:28	GD ESTORIL PRAIA
49	71	RICARDO CORREIA	M	37		00:40:42	00:40:34	INDIVIDUAL
50	60	PEDRO ESCÁRIA	M	17		00:40:48	00:40:09	ESCARIA&FRIENDS
51	951	Mª JOSÉ FRIAS	F	50		00:40:49	00:40:47	AA MAFRA
52	466	PEDRO C LOPES	M	47		00:40:51	00:40:50	CPPEA
53	1150	JOÃO S ANTUNES	M	45		00:40:51	00:40:42	WIKABOO
54	204	CARLOS JESUS	M	41		00:40:55	00:40:53	O MUNDO DA CORRIDA
55	864	JOÃO O COSTA	M	47		00:40:56	00:40:51	ADDMORERUN
56	842	PAULO S P RODRIGUES	M	48		00:40:57	00:40:55	INDIVIDUAL
57	1133	JOAO A GONCALVES	M	43		00:41:05	00:41:02	INDIVIDUAL
58	1275	ANTONIO MOREIRA	M	41		00:41:08	00:40:34	INDIVIDUAL
59	256	ANTONIO JORGE	M	52		00:41:13	00:41:08	C MILLENNIUM BCP
60	236	JOAO CUNHA	M	58		00:41:17	00:41:12	C MILLENNIUM BCP
61	636	FILIFE MESQUITA	M	43		00:41:28	00:41:17	PARTNERVIP
62	730	CARLOS ROUXINOL	M	41		00:41:28	00:41:03	INDIVIDUAL
63	1023	ROBERT SERRÃO	M	25		00:41:29	00:41:07	CORRER LISBOA
64	306	JOSE MIRANDA	M	55		00:41:38	00:41:14	INDIVIDUAL
65	807	PEDRO AGUIAR	M	49		00:41:41	00:41:31	INDIVIDUAL
66	200	FILIFE FIGUEIRA	M	18		00:41:42	00:41:26	INDIVIDUAL
67	1159	PAULO HENRIQUES	M	38		00:41:45	00:41:45	INDIVIDUAL
68	366	PEDRO CASTANHEIRA	M	40		00:41:56	00:41:39	SALESIANOS FITNESS
69	944	RUI M C VALE	M	35		00:41:57	00:41:37	INDIVIDUAL
70	523	CARLOS M P VISEU	M	46		00:42:11	00:42:07	ARNEIRO
71	1203	ARNALDO TRINDADE	M	44		00:42:12	00:41:59	RB RUNNING
72	167	GONÇALO SERAFIM	M	39		00:42:19	00:42:18	INDIVIDUAL
73	28	FREDERICO ALMENDRA	M	24		00:42:20	00:42:10	INDIVIDUAL
74	577	JOSE M S R GOMES	M	55		00:42:20	00:42:06	INDIVIDUAL
75	1002	RUI SALVADO	M	44		00:42:25	00:41:53	QUARENTOES NA BISGA
76	129	MARCELO DIAS	M	40		00:42:26	00:42:24	INDIVIDUAL
77	596	CARLOS PORTELA	M	44		00:42:33	00:42:17	INDIVIDUAL
78	34	ANTÓNIO SOUSA	M	44		00:42:37	00:42:36	CARACÓIS DO MURGANHAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
79	1051	PEDRO M R C LIMA	M	50		00:42:37	00:42:35	INDIVIDUAL
80	531	PEDRO NUNES	M	41		00:42:40	00:42:36	HPMIR
81	64	INES JORDAO	F	35		00:42:41	00:42:40	INDIVIDUAL
82	1202	PEDRO MARTINS	M	41		00:42:44	00:42:30	RB RUNNING
83	104	LOURENÇO S LIMA	M	42		00:42:48	00:42:36	INDIVIDUAL
84	486	HELENA MARTINS	F	54		00:42:48	00:42:43	AA MAFRA
85	555	JOÃO S PINTO	M	47		00:42:52	00:42:45	INDIVIDUAL
86	105	ALEXANDRE VIEGAS	M	36		00:42:53	00:42:48	INDIVIDUAL
87	527	JOSÉ SALAZAR	M	56		00:42:55	00:42:52	FAMÍLIA SALAZAR
88	411	DIOGO SILVA	M	18		00:42:56	00:42:56	INDIVIDUAL
89	376	DIOGO VIEIRA	M	28		00:42:56	00:42:30	INDIVIDUAL
90	1241	ANTONIO MAURICIO	M	64		00:43:02	00:43:00	CORRER LISBOA
91	858	ROSALIA C M SALDANHA	F	42		00:43:09	00:43:06	SCUT
92	757	JOÃO OLIVEIRA	M	45		00:43:11	00:42:33	UDFAC
93	950	JOÃO FRIAS	M	49		00:43:12	00:43:07	AA MAFRA
94	520	FERNANDO ANACLETO	M	64		00:43:12	00:43:05	INDIVIDUAL
95	198	RICARDO NUNO	M	41		00:43:13	00:43:08	ETNAGA
96	465	SÉRGIO MARQUES	M	46		00:43:14	00:43:07	AM ATIBÁ
97	1063	MARIO NETO	M	47		00:43:18	00:43:04	RC&CIA
98	889	EDUARDO SOUSA	M	55		00:43:20	00:43:01	MENU DE ATLETA
99	725	JULIO SERRAS	M	44		00:43:21	00:43:17	INDIVIDUAL
100	1060	SEBASTIÃO MARQUES	M	26		00:43:24	00:43:20	INDIVIDUAL
101	733	LUÍS FARO GODINHO	M	37		00:43:26	00:42:59	BARÕES
102	839	CARLOS M S BERNARDO	M	46		00:43:26	00:43:22	INDIVIDUAL
103	570	PEDRO CHAVES	M	32		00:43:27	00:43:00	TOA
104	22	LOURENCO SAMPAIO	M	38		00:43:33	00:43:28	SAMPAIOS
105	1098	NÉLIO P A MENDES	M	36		00:43:35	00:43:11	INDIVIDUAL
106	533	JOSÉ NUNES	M	48		00:43:36	00:43:33	KEEP RUNNING
107	1025	ROMÃO PEDROSO	M	29		00:43:39	00:43:07	OS AMIGOS DA KIKA
108	880	NUNO F MORAIS	M	26		00:43:39	00:43:35	INDIVIDUAL
109	422	MIGUEL M RIBEIRO	M	45		00:43:44	00:43:01	RIBEIRO TEAM
110	305	BRUNO RAMIÃO	M	30		00:43:44	00:43:25	FAMÍLIA SILVA RAMIÃO
111	1112	RUI FERREIRA	M	44		00:43:45	00:43:38	REST O CARTAXEIRO
112	744	VALTER F GUERREIRO	M	31		00:43:46	00:43:46	INDIVIDUAL
113	705	JOSÉ M CRISTÓVÃO	M	40		00:43:46	00:43:43	EUROCABE/BEAUTYSHOP.PT
114	999	FILIPE M M Á L CORREIA	M	38		00:43:48	00:43:03	SS CGD
115	540	FRANCIS PESSOA	M	42		00:43:48	00:43:37	AA AGUALVA
116	553	DUARTE COSTA	M	32		00:43:53	00:43:31	O CÃO LARANJA
117	459	NUNO GOMES	M	39		00:43:55	00:43:50	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
118	898	RUI P G RODRIGUES	M	37		00:43:57	00:43:21	INDIVIDUAL
119	159	EDUARDO FIGUEIREDO	M	44		00:43:58	00:43:54	ARRUDA RUN
120	1037	PEDRO PRETO	M	44		00:43:58	00:43:55	INDIVIDUAL
121	979	JOÃO CRUZ	M	40		00:44:01	00:42:59	INDIVIDUAL
122	628	JOÃO PEDRAS	M	45		00:44:03	00:43:39	INDIVIDUAL
123	52	PEDRO CARDOSO	M	42		00:44:05	00:43:52	INDIVIDUAL
124	222	CARLOS M MARQUES	M	37		00:44:06	00:43:17	INDIVIDUAL
125	462	GONÇALO ALMEIDA	M	36		00:44:06	00:43:57	INDIVIDUAL
126	238	FERNANDO RODRIGUES	M	51		00:44:07	00:43:17	C MILLENNIUM BCP
127	966	GONÇALO AREIA	M	44		00:44:09	00:43:21	AREIA
128	452	FERNANDO SILVEIRO	M	47		00:44:10	00:44:02	FC ESTRELAS LISBOA
129	854	CARLOS CANHA	M	25		00:44:10	00:43:51	INDIVIDUAL
130	822	PLAMEN DAMYANOV	M	35		00:44:11	00:43:22	INDIVIDUAL
131	1222	PEDRO CANELAS	M	43		00:44:11	00:43:33	GC JOAQUIM CHAVES SAÚDE
132	1239	INES PEIXOTO	F	36		00:44:12	00:43:55	INDIVIDUAL
133	233	CARLOS SANTOS	M	46		00:44:12	00:44:12	GD INE
134	483	FRANCISCO RODRIGUES	M	39		00:44:16	00:43:34	AA MAFRA
135	1048	FÁBIO J M ALVES	M	31		00:44:21	00:43:48	INDIVIDUAL
136	156	ANTÓNIO SALGUEIRO	M	45		00:44:21	00:44:12	ARRUDA RUN
137	1028	SÉRGIO MOREIRAS	M	29		00:44:22	00:43:50	OS AMIGOS DA KIKA
138	589	TIAGO P VINHAS	M	17		00:44:26	00:44:11	INDIVIDUAL
139	851	MARTA D ABREU	F	0		00:44:29	00:43:55	INDIVIDUAL
140	199	TIAGO MENDES	M	31		00:44:30	00:44:26	ETNAGA
141	286	RUI RIJO	M	46		00:44:38	00:44:33	C MILLENNIUM BCP
142	1174	PAULO C MARTINS	M	48		00:44:43	00:43:59	NINGUÉM QUÉ CÊ FEI
143	209	MANUEL ALVES	M	48		00:44:43	00:44:20	INDIVIDUAL
144	399	MARIO LAMEIRÃO	M	67		00:44:44	00:44:44	C BENFICA ALG M MARTINS
145	308	RUI BARROS	M	47		00:44:46	00:44:43	CLUBE PT
146	1232	EBRIMA BAYO	M	24		00:44:52	00:44:26	OS ECONÓMICOS
147	1126	ROGÉRIO GUERREIRO	M	41		00:44:55	00:44:55	INDIVIDUAL
148	329	JOÃO C PEREIRA	M	53		00:44:57	00:44:38	CCD PM CASCAIS
149	330	JOÃO P PEREIRA	M	29		00:44:57	00:44:38	CCD PM CASCAIS
150	964	NUNO ANTONIO	M	42		00:44:57	00:44:36	JUDO SALESIANOS LISBOA
151	1033	DANIEL LENCASTRE	M	30		00:44:58	00:44:51	INDIVIDUAL
152	895	DANIEL MACHADO	M	34		00:45:03	00:44:46	OS GALGOS
153	1211	PATRICIA FERREIRA	F	39		00:45:12	00:45:12	GD ESTORIL PRAIA
154	1116	PEDRO MAIA	M	38		00:45:16	00:44:36	GUERRILHEIROS DO FITNESS
155	539	ALBERTO FERNANDES	M	62		00:45:17	00:45:17	AA AGUALVA
156	444	TOMÁS VAZ	M	14		00:45:26	00:45:06	DELVAZ

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
157	1081	PEDRO REIS	M	40		00:45:32	00:45:29	OS GLORIOSOS
158	537	BERNARDO GRADISSIMO	M	57		00:45:36	00:45:26	AA AGUALVA
159	716	FILIPE MEDEIRO	M	16		00:45:37	00:45:21	ED MEDEIRO, LDA - AR CONDICIONADO
160	755	JOHN CARSON	M	35		00:45:38	00:44:46	INDIVIDUAL
161	965	STEVE CASTANHEIRA	M	21		00:45:49	00:45:27	JUDO SALESIANOS LISBOA
162	504	RICARDO J C PEREIRA	M	40		00:45:49	00:45:47	INDIVIDUAL
163	496	JORGE DENTINHO	M	25		00:45:50	00:45:33	SALESIANOS FITNESS
164	1095	ALEXANDRE REIS	M	42		00:45:51	00:44:43	INDIVIDUAL
165	149	CARLOS A S CARVALHO	M	45		00:45:53	00:45:25	RB RUNNING
166	88	PAULO A R NUNES	M	42		00:45:54	00:45:30	INDIVIDUAL
167	566	RUI SEBASTIÃO	M	28		00:45:54	00:45:29	TOA
168	960	DANIEL B MOSHE	M	22		00:45:55	00:45:36	INDIVIDUAL
169	640	PAULO OLIVEIRA	M	44		00:45:56	00:43:59	TURBOLENTOS
170	1077	PAULO MESQUITA	M	48		00:45:58	00:45:08	AVILA RUNNERS
171	325	DIOGO HENRIQUES	M	17		00:45:59	00:45:38	CCD PM CASCAIS
172	1216	ÁLVARO CARAMONA	M	43		00:46:02	00:45:24	GC JOAQUIM CHAVES SAÚDE
173	230	MÁRIO ALMEIDA	M	44		00:46:05	00:45:47	CARACÓIS DO MURGANHAL
174	545	HUGO M C SEQUEIRA	M	17		00:46:05	00:45:47	INDIVIDUAL
175	638	NUNO G SANTOS	M	44		00:46:07	00:46:05	INDIVIDUAL
176	1076	RICARDO ANDORINHO	M	39		00:46:10	00:45:21	AVILA RUNNERS
177	935	TIAGO BAPTISTA	M	31		00:46:11	00:45:36	INDIVIDUAL
178	1066	SÉRGIO PONTES	M	39		00:46:13	00:45:51	INDIVIDUAL
179	89	MAGDA LOURENÇO	F	46		00:46:15	00:45:26	NAILS4US
180	146	RICARDO GRAÇA	M	51		00:46:16	00:46:14	SALESIANOS ESTORIL
181	417	FRANCISCO O MARTINS	M	22		00:46:16	00:45:59	SALESIANOS FITNESS
182	613	MANUEL FALCAO	M	11		00:46:17	00:46:06	RUN 4 FUN
183	316	JOAQUIM J E VAZ	M	41		00:46:18	00:46:13	HC RUNNERS
184	161	ANTÓNIO J E DUARTE	M	40		00:46:18	00:46:13	INDIVIDUAL
185	930	ANTONIO J R ANTUNES	M	58		00:46:19	00:45:37	INDIVIDUAL
186	323	SILVIA SOBREIRA	F	44		00:46:20	00:46:16	INDIVIDUAL
187	1153	JOÃO AREAL	M	45		00:46:20	00:46:09	INDIVIDUAL
188	891	JORGE COSTA	M	34		00:46:26	00:46:14	INDIVIDUAL
189	840	NUNO R SANTOS	M	36		00:46:27	00:45:37	MONSTROS BOLACHAS
190	892	JOÃO PEREIRA	M	52		00:46:28	00:46:16	AC PORTALEGRE/UTSM
191	333	JÚLIO FERREIRA	M	61		00:46:32	00:46:26	CARACOIS ADORMECIDOS
192	1221	MAZOEL SANTOS	M	30		00:46:32	00:46:32	GC JOAQUIM CHAVES SAÚDE
193	144	FERNANDO M V PESSOA	M	44		00:46:36	00:46:26	INDIVIDUAL
194	771	FELIPE S PRITSCH	M	12		00:46:37	00:46:21	ANSELMINHOS
195	1108	ANTONIO CASTRO	M	72		00:46:39	00:46:36	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
196	348	NUNO CONSTÂNCIO	M	38		00:46:41	00:46:26	CLUBE VODAFONE
197	632	TINA OLIVEIRA	F	51		00:46:42	00:46:38	AMINHACORRIDA/ KALENJI
198	119	NUNO A M CRUZ	M	35		00:46:43	00:45:50	CROSSFITCENTER CASCAIS
199	1189	BRUNO PIÇARRA	M	34		00:46:46	00:46:13	INDIVIDUAL
200	239	PEDRO SA	M	43		00:46:47	00:45:57	C MILLENNIUM BCP
201	541	MANUEL RODRIGUES	M	57		00:46:47	00:46:39	AA AGUALVA
202	856	NUNO DOMINGUES	M	38		00:46:47	00:45:40	INDIVIDUAL
203	826	RUI VIEIRA	M	40		00:46:48	00:46:48	INDIVIDUAL
204	572	JOÃO ALVES	M	40		00:46:48	00:46:46	TAGUS RUNNERS 7AM
205	1245	JOSE FERNANDES	M	62		00:46:50	00:46:43	INDIVIDUAL
206	896	ROGÉRIO FOLGADO	M	53		00:46:55	00:46:36	MENU DE ATLETA
207	324	DELFINO MACHADO	M	50		00:46:57	00:46:35	INDIVIDUAL
208	358	JOÃO E SILVA	M	54		00:47:01	00:47:01	SALESIANOS FITNESS
209	1172	THIAGO KAFEJIAN	M	41		00:47:01	00:46:52	NINGUÉM QUÉ CÊ FEI
210	91	JOÃO DUARTE	M	53		00:47:07	00:46:26	SALESIANOS ESTORIL
211	188	HELDER MARTINS	M	46		00:47:09	00:46:56	INDIVIDUAL
212	1058	BRUNO FRANCISCO	M	32		00:47:15	00:46:05	A TRINHÃO PONTE FAJÃO
213	402	PEDRO N MIRANDA	M	34		00:47:15	00:47:03	FAMÍLIA PEREIRA MIRANDA
214	1162	TIAGO FERREIRA	M	37		00:47:16	00:46:37	OPTICALIA RUNNING TEAM
215	401	PAULO P MIRANDA	M	39		00:47:16	00:47:04	FAMÍLIA PEREIRA MIRANDA
216	578	DIOGO T RODRIGUES	M	35		00:47:19	00:46:23	NEVRALGICOS
217	1151	CARLOS E V FREITAS	M	34		00:47:20	00:46:31	INDIVIDUAL
218	763	ARTUR BATISTA	M	42		00:47:20	00:46:46	SCALABIS NIGHT RUNNERS
219	715	EDUARDO MEDEIRO	M	61		00:47:22	00:47:16	ED MEDEIRO, LDA - AR CONDICIONADO
220	695	JOAO ARAUJO	M	46		00:47:27	00:47:01	PALHAS
221	469	GONÇALO B MARQUES	M	38		00:47:28	00:46:38	FIT
222	980	ERIC VAN LEUVEN	M	54		00:47:33	00:46:44	INDIVIDUAL
223	830	RUI M M LOURENÇO	M	47		00:47:34	00:46:44	RUN4EVER
224	172	TIAGO LABORINHO	M	44		00:47:34	00:47:24	LABORINHO
225	697	DINIS ARAUJO	M	18		00:47:35	00:47:35	PALHAS
226	334	JOSÉ RODRIGUES	M	46		00:47:36	00:47:11	INDIVIDUAL
227	1091	JOAO JERVELL	M	43		00:47:37	00:47:23	JERVELL TEAM
228	206	ANDRÉ R G FREITAS	M	25		00:47:38	00:47:15	INDIVIDUAL
229	1105	DUARTE V ALMADA	M	44		00:47:39	00:47:39	INDIVIDUAL
230	846	VITOR PINTO	M	51		00:47:40	00:47:22	MENU DE ATLETA
231	799	DARIO B SANTOS	M	13		00:47:41	00:47:37	INDIVIDUAL
232	375	LEONEL MENDES	M	29		00:47:43	00:47:20	INDIVIDUAL
233	620	LUÍS PEREIRA	M	41		00:47:43	00:47:29	ASAS NOS PÉS
234	242	ANDREIA COSTA	F	43		00:47:44	00:46:33	C MILLENNIUM BCP

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
235	519	IDALÉCIO BARROS	M	61		00:47:47	00:47:40	INDIVIDUAL
236	275	JOSE RODRIGUES	M	65		00:47:48	00:47:43	C MILLENNIUM BCP
237	619	ANABELA CARVALHO	F	35		00:47:54	00:47:51	OS AMIGOS DO TEJO
238	234	NUNO NAIÁ	M	41		00:47:55	00:47:50	C MILLENNIUM BCP
239	1260	GONÇALO MOTA	M	45		00:47:55	00:47:46	INDIVIDUAL
240	229	AFONSO SILVA	M	17		00:47:55	00:45:56	INDIVIDUAL
241	29	RUI BRANCO	M	42		00:47:56	00:47:36	INDIVIDUAL
242	710	RODRIGO MARQUES	M	17		00:47:56	00:45:56	SALESIANOS ESTORIL
243	489	JOÃO C L O CASTRO	M	36		00:47:58	00:47:34	INDIVIDUAL
244	267	JOSE ARRUDA	M	66		00:47:58	00:47:04	C MILLENNIUM BCP
245	1086	LÚCIO A B SANTOS	M	54		00:48:00	00:47:53	INDIVIDUAL
246	633	CLAUDIA ABREU	F	40		00:48:00	00:47:55	AMINHACORRIDA/ KALENJI
247	357	JOSÉ MARTINS	M	57		00:48:01	00:47:45	SALESIANOS FITNESS
248	595	JOÃO FREIRE	M	9		00:48:04	00:47:56	INDIVIDUAL
249	447	RUI SANTOS	M	30		00:48:05	00:47:49	INDIVIDUAL
250	1207	PEDRO AQUINO	M	48		00:48:05	00:47:57	RB RUNNING
251	221	JOÃO CARRETAS	M	19		00:48:06	00:47:20	INDIVIDUAL
252	1084	ANTÓNIO SANTINHOS	M	45		00:48:06	00:47:41	LFMOTORS
253	1040	RUI MACHADO	M	34		00:48:07	00:47:45	JUDO SALESIANOS LISBOA
254	45	PEDRO RUI SELAVISA	M	38		00:48:11	00:47:21	FIT
255	538	FERNANDO SANTOS	M	63		00:48:13	00:48:04	AA AGUALVA
256	939	CARLOS F AFONSO	M	57		00:48:16	00:48:10	INDIVIDUAL
257	1213	FILIPE GRENHO	M	36		00:48:17	00:47:31	ALVES
258	473	DIOGO B OLIVEIRA	M	14		00:48:28	00:47:56	OLIVE TEAM
259	220	JOSÉ CARRETAS	M	51		00:48:30	00:47:43	INDIVIDUAL
260	829	ABÍLIO OLIVEIRA	M	50		00:48:30	00:48:22	INDIVIDUAL
261	834	LUÍS SOUTO	M	47		00:48:30	00:48:30	INDIVIDUAL
262	796	FERNANDO J M MENDES	M	44		00:48:31	00:48:09	INDIVIDUAL
263	148	TIAGO SILVA	M	31		00:48:32	00:48:21	INDIVIDUAL
264	1139	FERNÃO XIMENES	M	27		00:48:34	00:47:29	SALESIANOS ÉVORA
265	984	ANTÓNIO R PEREIRA	M	46		00:48:37	00:48:37	INDIVIDUAL
266	470	JORGE B MARQUES	M	38		00:48:39	00:47:49	FIT
267	1167	RITA ALVES	F	24		00:48:40	00:47:25	INDIVIDUAL
268	82	PEDRO FRAZÃO	M	53		00:48:40	00:48:28	INDIVIDUAL
269	406	NUNO F SILVA	M	48		00:48:41	00:48:18	INDIVIDUAL
270	213	AUGUSTO CARIA	M	63		00:48:42	00:48:34	MARGIL
271	1003	MIGUEL CAPELA	M	44		00:48:42	00:48:07	INDIVIDUAL
272	1021	JOAQUIM PALMA	M	61		00:48:44	00:48:37	INDIVIDUAL
273	474	GABRIEL S UVA	M	43		00:48:45	00:47:59	FAMÍLIA UVA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
274	600	MANUEL COSTA	M	61		00:48:46	00:48:24	M&B
275	163	LUIS TAVARES	M	0		00:48:47	00:47:44	GRANACAR
276	946	NUNO SALDANHA	M	34		00:48:50	00:48:04	AGORA PENSA
277	987	GONÇALO AMORIM	M	37		00:48:50	00:48:13	INDIVIDUAL
278	217	CARLOS F VIEIRA	M	42		00:48:52	00:47:46	INDIVIDUAL
279	779	CARLOS FORTES	M	45		00:48:53	00:48:20	INDIVIDUAL
280	952	CARLA JARDIM	F	43		00:48:53	00:48:45	AA MAFRA
281	26	FERNANDO CHAVES	M	51		00:48:53	00:48:05	CHAVES-VAZ
282	908	VITALÍCIO SOUSA	M	36		00:48:54	00:47:33	INDIVIDUAL
283	704	PAULO M CRISTÓVÃO	M	46		00:48:54	00:48:50	EUROCABE/BEAUTYSHOP.PT
284	1261	PAULO ALMEIDA	M	41		00:48:54	00:48:09	INDIVIDUAL
285	416	Mª CÉU O MARTINS	F	20		00:48:55	00:48:38	SALESIANOS FITNESS
286	241	LUIS COSTA	M	46		00:48:56	00:47:50	C MILLENNIUM BCP
287	936	NUNO A FIALHO	M	42		00:49:00	00:48:43	INDIVIDUAL
288	644	LEANDRO E T S CAEIRO	M	13		00:49:00	00:48:45	INDIVIDUAL
289	1123	LUÍS REVÉS	M	42		00:49:01	00:48:46	SIEMENS
290	81	EDGAR REINHARDT	M	43		00:49:01	00:48:05	INDIVIDUAL
291	746	VASCO A ÂNGELO	M	16		00:49:02	00:47:52	ANGELS FAMILY
292	257	DAVID JORGE	M	29		00:49:02	00:48:41	C MILLENNIUM BCP
293	544	JOÃO B FERNANDES	M	68		00:49:03	00:49:01	INDIVIDUAL
294	1059	LUÍS GAMA	M	52		00:49:03	00:47:52	A TRINHÃO PONTE FAJÃO
295	1248	JOAO GONÇALVES	M	36		00:49:05	00:48:46	INDIVIDUAL
296	1064	MARCO DURÃO	M	38		00:49:06	00:49:04	INDIVIDUAL
297	182	JOAQUIM PALMEIRO	M	45		00:49:07	00:48:54	MARIA
298	1148	JOSÉ G L LOURENÇO	M	44		00:49:13	00:48:10	PEDALAR PARA MORFAR
299	38	AFONSO ARNALDO	M	42		00:49:14	00:48:17	INDIVIDUAL
300	1001	SARAH MARTIN	F	36		00:49:15	00:48:30	ACADEMIA F MILITAR
301	887	ROBERTO BETTENCOURT	M	40		00:49:15	00:48:32	INDIVIDUAL
302	1240	DIOGO PEREIRA	M	39		00:49:16	00:48:52	INDIVIDUAL
303	76	NUNO CORTÊS	M	38		00:49:17	00:49:13	INDIVIDUAL
304	794	PAULO B GUEDES	M	41		00:49:17	00:48:59	BÉNARDGUEDES
305	784	Mª FORTUNATO RUIVO	F	38		00:49:18	00:49:16	INDIVIDUAL
306	929	JORGE TOMAZ	M	41		00:49:32	00:49:02	INDIVIDUAL
307	711	FERNANDA MOURA	F	54		00:49:34	00:49:09	INDIVIDUAL
308	948	DANIEL MATIAS	M	31		00:49:34	00:48:48	AGORA PENSA
309	196	ADAM FITCH	M	49		00:49:35	00:49:23	INDIVIDUAL
310	120	RICARDO GONÇALVES	M	40		00:49:41	00:48:47	INDIVIDUAL
311	245	ANTONIO SANTOS	M	56		00:49:42	00:49:27	C MILLENNIUM BCP
312	121	JOSE FERREIRA	M	34		00:49:42	00:48:48	INDIVIDUAL

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
313	1163	SÉRGIO GALÓ	M	35		00:49:44	00:49:04	OPTICALIA RUNNING TEAM
314	326	ISABEL VIEIRA	F	44		00:49:52	00:49:32	CCD PM CASCAIS
315	84	MARTIM AZEVEDO	M	47		00:49:52	00:49:05	M&M&L
316	1166	NUNO M B MARTINS	M	44		00:49:56	00:49:32	INDIVIDUAL
317	682	EDUARDO RIBEIRO	M	48		00:49:59	00:49:29	GDCT UNICRE
318	1270	MARCO CASTRO	M	39		00:50:03	00:49:49	INDIVIDUAL
319	235	LEONEL BRANDAO	M	48		00:50:04	00:49:57	C MILLENNIUM BCP
320	113	DANIEL GUERREIRO	M	41		00:50:05	00:49:05	CUNHAS&AMIGO
321	215	TIAGO MARTINS	M	38		00:50:05	00:49:46	INDIVIDUAL
322	99	CATARINA MOREIRA	F	28		00:50:05	00:49:44	ENGENHEIROS TAMBÉM CORREM
323	1047	BERENICE HENRIQUES	M	13		00:50:06	00:50:06	NPISCINAS
324	1000	TITO L HENRIQUES	M	41		00:50:06	00:49:04	CORRER PARA COMER
325	409	SUSANA AMEIXINHA	F	29		00:50:07	00:49:38	INDIVIDUAL
326	298	ANTONIO FERREIRA	M	49		00:50:10	00:50:02	C MILLENNIUM BCP
327	668	MANUEL M M R SILVA	M	17		00:50:12	00:49:55	SILVAS
328	1089	PEDRO NUNES	M	43		00:50:12	00:49:34	INDIVIDUAL
329	893	JORGE S M PÊGO	M	39		00:50:14	00:49:39	INDIVIDUAL
330	51	MARGARIDA GAMA	F	24		00:50:16	00:49:22	INDIVIDUAL
331	643	MIGUEL A P M M DÁBRIO	M	34		00:50:16	00:50:03	INDIVIDUAL
332	125	ANTONIO MARCELINO	M	55		00:50:17	00:50:08	INDIVIDUAL
333	122	RICARDO COUTO	M	41		00:50:23	00:49:41	INDIVIDUAL
334	318	PAULO A B SALGADO	M	41		00:50:24	00:50:04	INDIVIDUAL
335	726	PEDRO GRILO	M	30		00:50:25	00:49:52	GRILOS TEAM
336	443	LUCA VAZ	M	21		00:50:26	00:50:06	DELVAZ
337	754	RICARDO FIGUEIREDO	M	47		00:50:27	00:49:29	INDIVIDUAL
338	58	LUÍS NETO	M	52		00:50:27	00:50:11	CARAPUS DE CORRIDA
339	1085	ANTÓNIO SOARES	M	50		00:50:28	00:50:15	INDIVIDUAL
340	1183	MARTIM C SECO	M	19		00:50:30	00:49:33	WEVENTUAL
341	922	ANTÓNIO TEIXEIRA	M	69		00:50:32	00:50:28	NA PAPAGAIOS CASCAIS
342	345	NUNO PEDROSO	M	45		00:50:33	00:49:42	VENTO
343	379	RICARDO L M MARQUES	M	12		00:50:36	00:50:36	MOURAMARQUES
344	667	JOÃO M M R SILVA	M	19		00:50:40	00:50:22	SILVAS
345	719	JORGE DA ROCHA	M	37		00:50:43	00:49:51	INDIVIDUAL
346	262	VASCO ANICETO	M	39		00:50:46	00:49:46	C MILLENNIUM BCP
347	434	ACÁCIO TEIXEIRA	M	57		00:50:46	00:49:45	SALESIANOS FITNESS
348	493	LUIS QUARTIN	M	51		00:50:48	00:50:05	CLUBE STRESS
349	1087	RUI A PINTO	M	63		00:50:49	00:50:14	INDIVIDUAL
350	33	RUI CUNHA	M	52		00:50:51	00:50:33	CARACÓIS DO MURGANHAL
351	869	DIOGO SILVA	M	46		00:50:56	00:50:00	SS

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
352	603	VICENTE CAMPOS	M	18		00:50:57	00:50:23	AMIGOSDACORRIDA.COM
353	302	JORGE LOURENÇO	M	56		00:50:58	00:50:42	LOURENÇOS
354	955	BRUNA M V ROCHA	F	30		00:50:58	00:50:13	ACADEMIA F MILITAR
355	601	JOSÉ J CAMPOS	M	48		00:50:58	00:50:24	AMIGOSDACORRIDA.COM
356	295	CARLOS NUNES	M	48		00:50:59	00:50:37	C MILLENNIUM BCP
357	337	RENATO CONSTÂNCIO	M	29		00:51:00	00:50:47	NADRUPE RACERS
358	1249	RICARDO ELILIO	M	41		00:51:00	00:50:41	INDIVIDUAL
359	103	BRUNO PINTO	M	29		00:51:01	00:50:09	INDIVIDUAL
360	1201	OLGA MARTINS	F	41		00:51:02	00:50:46	RB RUNNING
361	1075	VITOR LOPES	M	41		00:51:03	00:50:08	AVILA RUNNERS
362	201	BERNARDO S PEREIRA	M	28		00:51:04	00:50:03	FUNDAÇÃO SALESIANOS
363	279	JOAQUIM FULGENIO	M	58		00:51:05	00:50:25	C MILLENNIUM BCP
364	25	FRANCISCO VAZ	M	17		00:51:10	00:50:22	CHAVES-VAZ
365	1244	MARIANA ALCAFORADO	F	32		00:51:11	00:50:51	INDIVIDUAL
366	1026	Mª INÊS CARAPINHA	F	27		00:51:13	00:50:40	OS AMIGOS DA KIKA
367	945	JOÃO P COPETO	M	59		00:51:13	00:50:09	INDIVIDUAL
368	184	HENRIQUE M C PÁSCOA	M	16		00:51:16	00:50:02	INDIVIDUAL
369	195	MICHELE MARCONI	M	34		00:51:18	00:51:06	INDIVIDUAL
370	995	EDUARDO COSTA	M	24		00:51:19	00:49:15	INDIVIDUAL
371	542	MIGUEL MENDES	M	31		00:51:23	00:51:04	INDIVIDUAL
372	928	ISIDORO TIESTOS	M	54		00:51:28	00:50:52	VEREMUNDO
373	850	NUNO LEONARDO	M	39		00:51:28	00:50:34	LEONARDO
374	211	JOSE L LOPES	M	58		00:51:29	00:51:08	AMIGOS DA ESTRELA
375	424	GONÇALO SAMPAIO	M	43		00:51:29	00:51:09	INDIVIDUAL
376	1069	FILIPE FERREIRA	M	38		00:51:31	00:50:21	INDIVIDUAL
377	903	ANTONIO FONSECA	M	70		00:51:31	00:50:58	INDIVIDUAL
378	890	CARMEN MARQUES	F	35		00:51:34	00:51:24	INDIVIDUAL
379	361	SOFIA BRITO	F	40		00:51:39	00:51:23	SALESIANOS FITNESS
380	63	AFONSO CARVALHO	M	49		00:51:39	00:51:38	INDIVIDUAL
381	900	SUSANA G ADEGAS	F	46		00:51:39	00:51:39	MASTERMIND
382	336	JOÃO NUNES	M	41		00:51:43	00:51:29	FELIX NUNES
383	717	MIGUEL MEDEIRO	M	39		00:51:44	00:51:44	ED MEDEIRO, LDA - AR CONDICIONADO
384	559	ALBERTO P P CARLOS	M	37		00:51:46	00:51:14	INDIVIDUAL
385	1264	VELA JALLS	M	20		00:51:48	00:51:32	INDIVIDUAL
386	61	VÍTOR ESCÁRIA	M	44		00:51:49	00:51:12	ESCARIA&FRIENDS
387	862	GONÇALO PEREIRA	M	38		00:51:53	00:51:32	INDIVIDUAL
388	240	NUNO MENDES	M	31		00:51:56	00:51:40	C MILLENNIUM BCP
389	412	JOAO ESCALEIRA	M	59		00:51:57	00:50:22	INDIVIDUAL
390	607	LUÍS COSTA	M	39		00:51:58	00:51:24	AMIGOSDACORRIDA.COM

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
391	513	VASCO COVA	M	45		00:52:00	00:51:47	SALESIANOS ESTORIL
392	677	ALEXANDER FIGUEIRA	M	29		00:52:01	00:51:32	INDIVIDUAL
393	806	JOÃO ANTUNES	M	60		00:52:01	00:51:46	INDIVIDUAL
394	706	JOÃO C P MARQUES	M	31		00:52:02	00:51:38	INDIVIDUAL
395	1101	PEDRO BICO	M	47		00:52:05	00:51:29	ENS QUEIJAS
396	497	RUI MOURA	M	35		00:52:06	00:51:03	NEVRALGICOS
397	536	LEONEL SELEIRO	M	58		00:52:07	00:51:55	AA AGUALVA
398	327	IVONE PEREIRA	F	48		00:52:08	00:50:56	CCD PM CASCAIS
399	317	JORGE PIRES	M	61		00:52:11	00:51:48	INDIVIDUAL
400	342	JOAQUIM F C PINTO	M	57		00:52:12	00:51:48	INDIVIDUAL
401	72	PEDRO BANDOS	M	47		00:52:16	00:51:39	INDIVIDUAL
402	718	LUÍSA FERNANDES	F	22		00:52:16	00:51:58	INDIVIDUAL
403	1122	VASCO S P V ESTEVES	M	45		00:52:17	00:52:17	INDIVIDUAL
404	175	SOFIA SANTOS	F	31		00:52:18	00:51:39	THE ROCKS
405	902	MANUEL S FLOR	M	68		00:52:19	00:51:31	INDIVIDUAL
406	415	SONIA LEOCADIO	F	31		00:52:19	00:51:40	THE ROCKS
407	350	FÁBIO CARVALHO	M	31		00:52:20	00:51:02	OS NERDS DA TABUADA
408	575	HENRIQUE J C FERREIRA	M	67		00:52:22	00:52:02	OS FERREIRAS
409	1225	JOSÉ PECEGUEIRO	M	30		00:52:23	00:51:44	GC JOAQUIM CHAVES SAÚDE
410	264	MARIO MENDES	M	51		00:52:25	00:52:17	C MILLENNIUM BCP
411	1082	SANDRA GONÇALVES	F	29		00:52:27	00:52:24	OS GLORIOSOS
412	425	NUNO M F MARIZ	M	42		00:52:27	00:51:36	INDIVIDUAL
413	554	PAULO J C MIRANDA	M	41		00:52:29	00:52:29	INDIVIDUAL
414	79	PAULA P GUERRA	F	32		00:52:30	00:52:19	INDIVIDUAL
415	208	MIGUEL GAMA	M	47		00:52:31	00:52:03	INDIVIDUAL
416	1135	LUIS CONSTANTINO	M	33		00:52:32	00:52:06	DOSE DUPLA
417	1254	MANUEL FERNANDES	M	54		00:52:33	00:52:26	INDIVIDUAL
418	477	PEDRO M SOARES	M	41		00:52:35	00:52:05	4 MS
419	141	LOURENCO R MAGALHAES	M	43		00:52:37	00:52:04	INDIVIDUAL
420	735	HELENA ADEGAS	F	54		00:52:38	00:52:38	INDIVIDUAL
421	604	ANTÓNIO BELO	M	71		00:52:41	00:52:10	AMIGOSDACORRIDA.COM
422	1145	SERGIO JACINTO	M	38		00:52:42	00:51:59	INDIVIDUAL
423	562	AFONSO SILVA	M	18		00:52:43	00:52:25	CASQUEIRO&SILVA
424	734	LUÍS COSTA DUARTE	M	49		00:52:46	00:52:03	INDIVIDUAL
425	280	ARTUR LEITE	M	51		00:52:46	00:51:57	C MILLENNIUM BCP
426	343	PAULO LACERDA	M	45		00:52:48	00:52:04	SEGADÉ HENRIQUES & LACERDA
427	153	LUIS DIONISIO	M	45		00:52:49	00:52:44	INDIVIDUAL
428	90	MAURITS KUIPERS	M	15		00:52:49	00:51:57	NAILS4US
429	561	CARLOS SILVA	M	49		00:52:49	00:52:31	CASQUEIRO&SILVA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
430	133	VANESSA MIRANDA	F	26		00:52:51	00:52:00	10K OR DECAY
431	1255	NUNO C REAL	M	50		00:52:51	00:52:25	INDIVIDUAL
432	360	JOSÉ TRINDADE	M	63		00:52:53	00:52:39	SALESIANOS FITNESS
433	521	MÁRIO PEREIRA	M	44		00:52:55	00:52:48	INDIVIDUAL
434	270	PEDRO CANAS	M	42		00:52:57	00:52:04	C MILLENNIUM BCP
435	877	LUIS COMPOETE	M	46		00:53:01	00:52:34	INDIVIDUAL
436	246	FERNANDO ALMEIDA	M	47		00:53:06	00:52:51	C MILLENNIUM BCP
437	87	HUGO M R COLAÇO	M	38		00:53:07	00:51:56	INDIVIDUAL
438	983	NED DWYER	M	49		00:53:08	00:52:33	INDIVIDUAL
439	873	SEBASTIAO BELTRAO	M	15		00:53:08	00:52:57	BELTRAO
440	1252	JORGE CASTANHEIRA	M	46		00:53:09	00:52:23	INDIVIDUAL
441	203	MARTINHO DIAS	M	39		00:53:09	00:53:06	INDIVIDUAL
442	50	ANTÓNIO J G POMBINHO	M	58		00:53:10	00:52:37	INDIVIDUAL
443	65	CARLOS MARQUES	M	53		00:53:11	00:52:29	SALESIANOS ESTORIL
444	1224	VICTOR FERREIRA	M	40		00:53:12	00:52:35	GC JOAQUIM CHAVES SAÚDE
445	1171	CRISTIANE LAZOTI	F	41		00:53:16	00:53:09	NINGUÉM QUÉ CÊ FEI
446	1173	ROSELAINÉ GALLICIO	F	49		00:53:16	00:52:32	NINGUÉM QUÉ CÊ FEI
447	512	ANA TERESA COVA	F	47		00:53:16	00:52:17	SALESIANOS ESTORIL
448	1109	VLAD BOLDYRIEV	M	30		00:53:19	00:52:02	INDIVIDUAL
449	150	ANA C P COSTA	F	16		00:53:20	00:52:06	INDIVIDUAL
450	354	FRANCISCO SANTOS	M	19		00:53:21	00:52:54	SALESIANOS FITNESS
451	690	JAIME AFONSO	M	51		00:53:22	00:53:01	CLUBE ANACOM
452	635	JOÃO W ABREU	M	28		00:53:24	00:52:58	INDIVIDUAL
453	843	VITOR PORTELA	M	35		00:53:25	00:52:16	INDIVIDUAL
454	1177	MANUEL SIZA	M	13		00:53:26	00:52:47	EQUIPA DO MANEL
455	772	RENATO CARVALHO	M	33		00:53:27	00:52:24	INDIVIDUAL
456	933	MARIA GONÇALVES	F	43		00:53:29	00:53:25	INDIVIDUAL
457	66	VERA TRINDADE	F	25		00:53:30	00:52:47	INDIVIDUAL
458	1152	PAULO J M NOGUEIRA	M	50		00:53:30	00:53:09	INDIVIDUAL
459	429	PEDRO TAVARES	M	40		00:53:31	00:52:59	INDIVIDUAL
460	884	ANA PAULINO	F	32		00:53:31	00:53:05	INDIVIDUAL
461	994	TIAGO CAMPOS	M	39		00:53:33	00:52:59	INDIVIDUAL
462	1165	RUI M B MADEIRA	M	40		00:53:35	00:52:35	INDIVIDUAL
463	162	JOÃO SANTOS	M	44		00:53:36	00:52:44	INDIVIDUAL
464	564	DIOGO S SILVA	M	28		00:53:38	00:53:13	TOA
465	265	NELSON GUIMARAES	M	68		00:53:39	00:52:59	C MILLENNIUM BCP
466	910	ANTONIO CARPINTEIRO	M	71		00:53:42	00:53:38	SS CGD
467	1138	CASIMIRO MORAIS	M	29		00:53:42	00:52:41	SALESIANOS ÉVORA
468	736	JOSÉ M CARVALHO	M	29		00:53:43	00:53:20	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
469	971	ANDRÉ PEREIRA	M	38		00:53:43	00:53:07	INDIVIDUAL
470	879	FRANCISCO B ABREU	M	48		00:53:46	00:53:33	INDIVIDUAL
471	248	CARLOS RODRIGUES	M	57		00:53:47	00:52:31	C MILLENNIUM BCP
472	727	MAFALDA GRILO	F	21		00:53:48	00:53:16	GRILOS TEAM
473	914	CARLOS MARQUES	M	51		00:53:49	00:53:29	INDIVIDUAL
474	426	PAULO J F MARIZ	M	47		00:53:51	00:53:01	INDIVIDUAL
475	1119	ELLEN THEODORO	F	37		00:53:54	00:52:49	GUERRILHEIROS DO FITNESS
476	679	PEDRO MORGADO	M	34		00:53:56	00:53:44	INDIVIDUAL
477	500	PEDRO CARDIGOS	M	51		00:53:56	00:53:50	EQUIPA FAMÍLIA CARDIGOS
478	1046	JOÃO OLIVEIRA	M	42		00:53:56	00:53:28	MOLDAR DESTINOS LDA
479	678	CARLOS TEIXEIRA	M	65		00:53:56	00:53:45	INDIVIDUAL
480	669	JOSÉ L R SILVA	M	51		00:53:57	00:53:39	SILVAS
481	680	PAULO DUARTE	M	50		00:53:58	00:53:28	GDCT UNICRE
482	471	CATARINA M SILVA	F	38		00:53:58	00:53:09	FIT
483	515	DAVID DIONÍSIO	M	42		00:53:58	00:52:52	FÚRIA DA NOITE
484	878	ALESSANDRO ASCIUTO	M	48		00:53:59	00:52:55	INDIVIDUAL
485	1030	VASCO MARQUES	M	47		00:53:59	00:52:47	INDIVIDUAL
486	1144	LUIS SILVA	M	47		00:53:59	00:53:47	INDIVIDUAL
487	927	RUI SILVA	M	44		00:53:59	00:53:22	VEREMUNDO
488	1005	RUI GARCAO	M	40		00:54:01	00:53:19	ANSELMINHOS
489	583	JOANA A GONÇALVES	F	12		00:54:01	00:53:42	AROEIRA
490	1266	JOAO TORRAO	M	33		00:54:01	00:53:43	INDIVIDUAL
491	770	Mª CECILIA SANTOS	F	35		00:54:02	00:53:47	ANSELMINHOS
492	630	LUIS REIS	M	61		00:54:02	00:53:06	GD INE
493	813	ELISA PITEIRA	F	51		00:54:02	00:52:54	COUPLE RUNNERS
494	947	ANDREIA OLIVEIRA	F	33		00:54:03	00:53:16	AGORA PENSA
495	487	TERESA SANTIAGO	F	47		00:54:04	00:53:58	SALESIANOS FITNESS
496	852	JOSÉ NEVES	M	63		00:54:04	00:53:57	INDIVIDUAL
497	592	CELSO PEREIRA	M	37		00:54:05	00:52:53	SRCD TESOUREIRA
498	593	RAFAEL FERNANDES	M	18		00:54:05	00:52:52	SRCD TESOUREIRA
499	774	SÍLVIO RAPOSO	M	39		00:54:06	00:53:29	INDIVIDUAL
500	962	JORGE V MATOS	M	47		00:54:07	00:52:57	MATOS TEAM
501	792	RUI REIS	M	35		00:54:10	00:53:23	GFK
502	1215	ALEXANDRA CENTENO	F	43		00:54:11	00:53:33	GC JOAQUIM CHAVES SAÚDE
503	1155	ANDRÉ SARAGOÇA	M	12		00:54:12	00:53:44	TRIBO EXTREME ADVENTURES
504	1154	JOÃO SARAGOÇA	M	44		00:54:13	00:53:45	TRIBO EXTREME ADVENTURES
505	617	NUNO MONTEIRO	M	40		00:54:18	00:53:55	M&N
506	712	RICARDO DOURADO	M	41		00:54:20	00:53:51	INDIVIDUAL
507	352	MADALENA ANDRADE	F	38		00:54:25	00:54:16	OS ANDRADES

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
508	812	CARLOS PITEIRA	M	50		00:54:25	00:53:15	COUPLE RUNNERS
509	1032	SAMUEL FERREIRA	M	38		00:54:26	00:54:01	INDIVIDUAL
510	189	MIGUEL VALE	M	42		00:54:28	00:54:19	INDIVIDUAL
511	166	GONCALO C PEREIRA	M	44		00:54:28	00:53:57	INDIVIDUAL
512	747	MARTIM ALBERTO	M	16		00:54:32	00:53:22	ANGELS FAMILY
513	1214	RUI HEITOR	M	37		00:54:35	00:53:50	ALVES
514	576	MADALENA P GONÇALVES	F	28		00:54:35	00:54:08	TOA
515	186	FILIPE FERNANDES	M	11		00:54:35	00:54:07	TRIBO EXTREME ADVENTURES
516	185	JOSE FERNANDES	M	44		00:54:36	00:54:07	TRIBO EXTREME ADVENTURES
517	1140	CELESTINO COSTA	M	28		00:54:37	00:53:35	SALESIANOS ÉVORA
518	868	RODRIGO COUTINHO	M	39		00:54:38	00:53:44	OUTSYSTEMS
519	848	JOÃO PACHECO	M	29		00:54:51	00:54:51	GD PERNAS PARA QUE TE QUERO
520	909	HENRIQUE VILHENA	M	59		00:54:53	00:54:13	INDIVIDUAL
521	314	ZUZANA SIMULCIKOVA	F	26		00:54:54	00:54:13	INDIVIDUAL
522	901	ROSA CARVALHO	F	53		00:54:56	00:53:47	INDIVIDUAL
523	1199	ALEXANDRE OPA	M	40		00:54:56	00:54:34	INDIVIDUAL
524	287	RICARDO GOMES	M	44		00:54:57	00:53:42	C MILLENNIUM BCP
525	344	JOSÉ M MOREIRA	M	16		00:54:59	00:54:41	INDIVIDUAL
526	738	FÁBIO GAUDENCIO	M	33		00:55:00	00:54:02	INDIVIDUAL
527	1197	ANA C ANGELO	F	28		00:55:02	00:54:02	INDIVIDUAL
528	1198	CARLOS BERNARDES	M	28		00:55:03	00:54:04	INDIVIDUAL
529	837	RICARDO M C SANTOS	M	20		00:55:05	00:54:48	INDIVIDUAL
530	1097	PEDRO MAIA	M	69		00:55:06	00:54:13	INDIVIDUAL
531	273	PAULO MORENO	M	48		00:55:08	00:54:51	C MILLENNIUM BCP
532	312	ROGÉRIO NOBRE	M	51		00:55:08	00:54:46	ROGERS TEAM
533	918	JOAQUIM MELO	M	47		00:55:09	00:54:52	INDIVIDUAL
534	580	PEDRO M S S MATIAS	M	44		00:55:10	00:54:47	INDIVIDUAL
535	1102	ANA SIMÃO	F	29		00:55:10	00:54:08	INDIVIDUAL
536	39	JOANA DE ALMEIDA	F	38		00:55:11	00:54:16	INDIVIDUAL
537	78	ANA C GONÇALVES	F	22		00:55:11	00:55:06	INDIVIDUAL
538	655	JORGE G PEDRO	M	48		00:55:12	00:54:13	INDIVIDUAL
539	860	ALFREDO PINHAL	M	64		00:55:16	00:54:55	INDIVIDUAL
540	996	TIAGO DIAS	M	24		00:55:16	00:53:11	INDIVIDUAL
541	1011	DAVIDE P RODRIGUES	M	50		00:55:17	00:54:36	INDIVIDUAL
542	1012	JOAO GONÇALVES	M	49		00:55:17	00:54:36	INDIVIDUAL
543	380	FRANCISCO TOJAL	M	34		00:55:18	00:55:18	INDIVIDUAL
544	957	SOFIA FREIRE	F	40		00:55:20	00:55:10	INDIVIDUAL
545	788	JOAO MARQUES	M	38		00:55:22	00:54:46	INDIVIDUAL
546	1134	ANDRÉ C RAMOS	M	35		00:55:22	00:54:55	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
547	1237	GONÇALO LOUSADA	M	26		00:55:23	00:54:34	INDIVIDUAL
548	1236	PAULO LOUSADA	M	49		00:55:23	00:54:33	INDIVIDUAL
549	789	SONIA DANTAS	F	37		00:55:23	00:54:45	INDIVIDUAL
550	709	PEDRO TEIXEIRA	M	43		00:55:24	00:54:20	PORTELAS
551	1265	FRANCISCO FERREIRA	M	34		00:55:27	00:55:19	INDIVIDUAL
552	1226	BRUNO P NUNES	M	33		00:55:28	00:54:28	INDIVIDUAL
553	855	SARA PESTANA	F	26		00:55:28	00:55:08	INDIVIDUAL
554	1015	VICENTE SANTOS	M	4		00:55:29	00:55:16	SANTOS
555	912	PAULA MARTINS	F	35		00:55:33	00:55:02	SS CGD
556	721	HUGO ALBUQUERQUE	M	37		00:55:36	00:55:08	EQUIPA SANTIAGO
557	847	FÁTIMA BRANCO	F	49		00:55:38	00:55:19	INDIVIDUAL
558	907	ANTONIO MALTEZINHO	M	38		00:55:40	00:53:24	INDIVIDUAL
559	832	NUNO R FERNANDES	M	53		00:55:40	00:55:08	INDIVIDUAL
560	135	JESSICA BEVAN	F	25		00:55:42	00:54:49	10K OR DECAY
561	160	AVELINO ALVES	M	35		00:55:45	00:55:45	ARRUDA RUN
562	157	AUGUSTO SALGUEIRO	M	47		00:55:45	00:55:34	ARRUDA RUN
563	369	JOÃO B N SANTOS	M	17		00:55:46	00:54:30	INDIVIDUAL
564	768	MARISA SERRA	F	44		00:55:46	00:55:07	ANSELMINHOS
565	1036	JOSÉ PEDRO CLARO	M	43		00:55:47	00:55:14	INDIVIDUAL
566	761	HUGO AUGUSTO	M	19		00:55:48	00:54:47	UDFAC
567	31	GUILHERME VALENTE	M	12		00:55:48	00:55:38	INDIVIDUAL
568	563	FRANCISCO SILVA	M	18		00:55:49	00:55:31	CASQUEIRO&SILVA
569	30	RAQUEL AFONSO	F	42		00:55:49	00:55:39	INDIVIDUAL
570	881	RUI V DIAS	M	55		00:55:50	00:55:39	INDIVIDUAL
571	32	MIGUEL VALENTE	M	44		00:55:50	00:55:39	INDIVIDUAL
572	581	NUNO A GONÇALVES	M	45		00:55:53	00:55:53	AROEIRA
573	815	GONÇALO E ALVES	M	40		00:55:54	00:54:51	INDIVIDUAL
574	828	JOÃO S ALVES	M	35		00:55:54	00:54:50	PAISDE3 RESPECT
575	1164	ANA P LIMA	F	36		00:55:56	00:55:17	OPTICALIA RUNNING TEAM
576	970	ISABEL LUIS	F	41		00:55:58	00:54:56	CORRER PARA COMER
577	743	VILMA BENTO	F	46		00:56:01	00:55:23	INDIVIDUAL
578	904	RODRIGO D FERNANDES	M	17		00:56:03	00:54:03	INDIVIDUAL
579	940	JOAO ALMEIDA	M	51		00:56:04	00:55:00	INDIVIDUAL
580	906	RITA RAMOS	F	37		00:56:05	00:53:48	INDIVIDUAL
581	202	ALBERTO CANO	M	62		00:56:08	00:55:53	CAA BELÉM
582	1156	JOANA PITA	F	33		00:56:10	00:55:23	INDIVIDUAL
583	440	MANUEL DIOGO	M	61		00:56:11	00:55:27	SALESIANOS FITNESS
584	328	JOÃO PAIXÃO	M	64		00:56:11	00:54:59	CCD PM CASCAIS
585	331	SARA HENRIQUES	F	42		00:56:12	00:55:00	CCD PM CASCAIS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
586	656	ANDREA P L A SOUSA	M	45		00:56:14	00:55:45	OS TRÊS
587	591	ANTONIO L PEREIRA	M	41		00:56:15	00:55:02	SRCD TESOUREIRA
588	1073	VÍTOR PEREIRA	M	31		00:56:17	00:55:27	AVILA RUNNERS
589	488	TOMÁS SANTIAGO	M	17		00:56:18	00:56:10	SALESIANOS FITNESS
590	548	RITA SOUSA	F	15		00:56:18	00:56:06	INDIVIDUAL
591	1121	Mª TEREZA KNAPIC	F	63		00:56:20	00:56:14	INDIVIDUAL
592	232	JOSÉ M A A SILVA	M	48		00:56:23	00:56:05	INDIVIDUAL
593	145	JOÃO FERRO	M	47		00:56:23	00:55:35	FAMILIA VERDIAL FERRO
594	990	FRÉDÉRIC VIDAL	M	44		00:56:25	00:55:41	INDIVIDUAL
595	449	ANDREIA G ROMÃO	F	31		00:56:27	00:55:46	AS GODINHO
596	666	FRANCISCO MAGALHÃES	M	17		00:56:28	00:56:28	MAGALHAES
597	69	ANTÍMIO SOARES	M	40		00:56:28	00:55:37	INDIVIDUAL
598	351	CATARINA I VARGES	F	42		00:56:30	00:56:03	AA LEBRES SADO
599	1057	CELESTE ALVES	F	56		00:56:31	00:56:00	INDIVIDUAL
600	588	GONÇALO S RODRIGUES	M	17		00:56:32	00:56:32	INDIVIDUAL
601	165	MANUEL TAVARES	M	19		00:56:33	00:55:29	GRANACAR
602	179	TÂNIA SALES	F	39		00:56:39	00:56:06	INDIVIDUAL
603	1271	ATLETA NÃO CADASTRADO	M	0		00:56:42	00:56:10	
604	1094	ANA R L MADEIRA	F	38		00:56:43	00:56:19	INDIVIDUAL
605	442	VALERIA VAZ	F	48		00:56:43	00:56:23	DELVAZ
606	437	ALFREDO TAVARES	M	44		00:56:45	00:55:29	SALESIANOS FITNESS
607	438	FERNANDO CLAUDINO	M	63		00:56:45	00:55:29	SALESIANOS FITNESS
608	1149	RODRIGO A M C G REIS	M	42		00:56:47	00:56:47	INDIVIDUAL
609	701	NUNO TOMÁS	M	41		00:56:47	00:56:47	INDIVIDUAL
610	532	NUNO GONÇALVES	M	62		00:56:48	00:56:45	KEEP RUNNING
611	110	Mª MANUELA N GUERREIRO	F	48		00:56:50	00:55:54	INDIVIDUAL
612	518	PAULO PAIXÃO	M	55		00:56:55	00:56:25	INDIVIDUAL
613	111	SERGIO CATALAO	M	46		00:56:56	00:56:18	CATALOES
614	916	LEONIA CEBAN	F	51		00:56:57	00:56:47	INDIVIDUAL
615	565	INÊS RENTE	F	29		00:56:58	00:56:32	TOA
616	332	TERESA SIMÕES	F	42		00:56:59	00:55:47	CCD PM CASCAIS
617	461	FELIPE FARINHA	M	39		00:57:01	00:56:16	PESKITOS
618	454	JOÃO SERRA	M	23		00:57:02	00:57:02	FORTES ISEL
619	456	YANNICK PEDROSA	M	23		00:57:02	00:56:32	FORTES ISEL
620	453	VÁLTER BAPTISTA	M	23		00:57:02	00:56:32	FORTES ISEL
621	97	AFONSO SMS	M	11		00:57:04	00:56:52	SMS
622	1041	BRUNO FERREIRA	M	24		00:57:04	00:56:26	INDIVIDUAL
623	982	GONÇALO NUNES	M	11		00:57:06	00:56:22	INDIVIDUAL
624	1072	CARLOS GONÇALVES	M	35		00:57:06	00:56:13	AVILA RUNNERS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
625	552	PEDRO J G F VIEIRA	M	30		00:57:09	00:56:39	INDIVIDUAL
626	363	Mª LUÍSA LEITÃO	F	61		00:57:11	00:56:56	SALESIANOS FITNESS
627	310	PAULA SOARES	F	47		00:57:13	00:57:00	FAMILIA SOARES
628	57	JOAQUIM PAULA	M	44		00:57:14	00:56:59	INDIVIDUAL
629	1043	BRUNO D L SILVA	M	14		00:57:16	00:56:18	BRUNEX
630	1157	JOÃO SILVA	M	49		00:57:16	00:56:01	RUNSS
631	942	TIAGO ALMEIDA	M	17		00:57:17	00:56:16	INDIVIDUAL
632	919	CAROLINA SILVA	F	18		00:57:19	00:56:14	INDIVIDUAL
633	134	EVA LOURENZO	F	35		00:57:20	00:56:27	10K OR DECAY
634	587	JOSE DUARTE	M	33		00:57:20	00:56:49	INDIVIDUAL
635	659	PATRÍCIA REIS	F	22		00:57:23	00:56:21	INDIVIDUAL
636	810	MÁRIO J P FRIAS	M	32		00:57:24	00:56:06	INDIVIDUAL
637	278	LEONEL FERREIRINHA	M	67		00:57:25	00:56:50	C MILLENNIUM BCP
638	798	DAVID FRADINHO	M	20		00:57:26	00:56:31	INDIVIDUAL
639	817	JOAO MARTINS	M	43		00:57:26	00:56:24	INDIVIDUAL
640	920	JOAO SILVA	M	52		00:57:26	00:56:21	INDIVIDUAL
641	247	PEDRO MURCA	M	49		00:57:26	00:56:37	C MILLENNIUM BCP
642	931	JOÃO P CARVALHO	M	57		00:57:30	00:56:47	INDIVIDUAL
643	116	JOSÉ PATINHA	M	45		00:57:35	00:56:37	DANTAS & PATINHA
644	115	JOÃO C DANTAS	M	52		00:57:35	00:56:36	DANTAS & PATINHA
645	646	TOMAS R ANDRADE	M	20		00:57:37	00:56:30	INDIVIDUAL
646	21	RITA LUÍS	F	10		00:57:37	00:56:36	MLUIS
647	654	CARLOS LAIGINHAS	M	45		00:57:37	00:57:33	INDIVIDUAL
648	20	RICARDO LUÍS	M	39		00:57:38	00:56:37	MLUIS
649	48	JOAQUIM A D CAPUCHO	M	64		00:57:39	00:57:08	INDIVIDUAL
650	427	BEATRIZ P MARIZ	F	19		00:57:40	00:56:49	INDIVIDUAL
651	818	SANDRA SANTOS	F	38		00:57:41	00:56:39	INDIVIDUAL
652	83	CATARINA NOVAIS	F	37		00:57:43	00:57:17	INDIVIDUAL
653	1243	ANA LEMOS	F	41		00:57:43	00:57:23	INDIVIDUAL
654	136	PATRICIA LUZ	F	38		00:57:46	00:56:55	10K OR DECAY
655	801	PEDRO GOMES	M	27		00:57:47	00:57:29	PEDRO GOMES SA
656	981	PEDRO NUNES	M	42		00:57:48	00:57:04	INDIVIDUAL
657	534	SOFIA C OLIVEIRA	F	22		00:57:49	00:57:41	OLIVEIRAS
658	1161	MIGUEL D OREY	M	42		00:57:50	00:57:03	FAMÍLIA UVA
659	1160	BRUNO COSTA	M	39		00:57:51	00:57:36	ED MEDEIRO, LDA - AR CONDICIONADO
660	642	MILENE VIEGAS	F	39		00:57:53	00:57:53	INDIVIDUAL
661	641	ANTÓNIO VIEGAS	M	47		00:57:53	00:57:12	INDIVIDUAL
662	543	DIOGO CUNHA	M	46		00:57:59	00:57:59	INDIVIDUAL
663	1006	ALBERTO RAMIRES	M	61		00:58:00	00:57:33	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
664	503	FERNANDO J PINA	M	43		00:58:00	00:57:16	INDIVIDUAL
665	27	TERESA CHAVES	F	44		00:58:01	00:57:13	CHAVES-VAZ
666	582	SÓNIA A GONÇALVES	F	43		00:58:02	00:57:44	AROEIRA
667	309	JOÃO MEDEIROS	M	49		00:58:02	00:57:13	INDIVIDUAL
668	924	RAFAELA SOBREIRO	F	28		00:58:03	00:56:57	INDIVIDUAL
669	1045	CLARA TABUADA	F	36		00:58:07	00:57:13	INDIVIDUAL
670	925	LARA VALENTE	F	34		00:58:07	00:57:34	INDIVIDUAL
671	804	PAULO MARQUES	M	30		00:58:07	00:57:39	INDIVIDUAL
672	1044	ERCILIO TABUADA	M	39		00:58:08	00:57:15	INDIVIDUAL
673	831	PEDRO M S LOURENÇO	M	17		00:58:11	00:57:18	RUN4EVER
674	923	PEDRO VENTURA	M	39		00:58:13	00:57:07	INDIVIDUAL
675	353	ALFREDO FALCAO	M	50		00:58:13	00:58:01	RUN 4 FUN
676	732	PEDRO LAGOAS	M	14		00:58:14	00:57:35	INDIVIDUAL
677	814	JOSÉ FERRO	M	64		00:58:15	00:57:26	INDIVIDUAL
678	989	GUYA ACCORNERO	F	39		00:58:16	00:57:33	INDIVIDUAL
679	356	LUCÍLIA CASANOVA	F	60		00:58:19	00:58:03	SALESIANOS FITNESS
680	1258	ANTONIO BELTRAO	M	18		00:58:19	00:58:09	INDIVIDUAL
681	729	FRANCISCO CANHOTO	M	34		00:58:20	00:57:47	GRILOS TEAM
682	780	HELDER B PEREIRA	M	50		00:58:23	00:57:23	INDIVIDUAL
683	377	MIGUEL PEDRO	M	31		00:58:25	00:58:00	INDIVIDUAL
684	1078	PEDRO LOPES	M	13		00:58:30	00:57:50	INDIVIDUAL
685	1238	SONIA M A SILVA	F	38		00:58:34	00:58:12	AUDAZES
686	917	RENATO JÚNIOR	M	34		00:58:36	00:58:36	GD PERNAS PARA QUE TE QUERO
687	899	GONÇALO FLORINDO	M	39		00:58:36	00:58:01	FLECHAS
688	1259	MARTA ALBUQUERQUE	F	41		00:58:38	00:58:28	INDIVIDUAL
689	191	HUGO A G R GATO	M	41		00:58:40	00:58:30	INDIVIDUAL
690	783	SUSANA TRAVANCA	F	42		00:58:42	00:58:03	ANSELMINHOS
691	1106	PATRÍCIA I M LUÍS	F	31		00:58:43	00:58:21	INDIVIDUAL
692	932	ANTÓNIO J MONTEIRO	M	57		00:58:43	00:58:00	INDIVIDUAL
693	132	ÁLVARO GONÇALVES	M	45		00:58:44	00:58:02	GONÇALVES
694	778	JOAO S HOLSTEIN	M	53		00:58:48	00:58:26	INDIVIDUAL
695	702	MARISA GONCALVES	F	39		00:58:50	00:58:45	OS GALGOS
696	622	CATARINA NICHÓ	F	49		00:58:50	00:58:43	OS GALGOS
697	457	JOÃO M P P GONÇALVES	M	46		00:58:53	00:58:38	INDIVIDUAL
698	937	ANTONIO SANTOS	M	58		00:59:01	00:58:15	INDIVIDUAL
699	568	TIAGO PAIVA	M	27		00:59:04	00:58:38	TOA
700	1136	MARTA FIGUEIREDO	F	26		00:59:05	00:57:48	A MEIA ESTÁ AÍ
701	1054	CESAR A T GOMES	M	41		00:59:07	00:58:38	INDIVIDUAL
702	1055	CATARINA A R GOMES	F	41		00:59:07	00:58:38	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
703	502	VICENTE CARDIGOS	M	10		00:59:08	00:59:03	EQUIPA FAMÍLIA CARDIGOS
704	938	HELENA LOPES	F	50		00:59:09	00:59:09	INDIVIDUAL
705	340	TERESA S TUPHOLME	F	44		00:59:10	00:58:57	MIGHTYMATILDA
706	1131	ALEXANDRE BRANCO	M	45		00:59:16	00:58:41	BRANCOS IN ACTION
707	1132	FRANCISCO BRANCO	M	15		00:59:16	00:58:41	BRANCOS IN ACTION
708	210	PAULA ALVES	F	45		00:59:22	00:59:19	INDIVIDUAL
709	1038	SANDRA G SANTOS	F	37		00:59:23	00:58:22	INDIVIDUAL
710	672	ANA ISA FIGUEIRA	F	32		00:59:25	00:58:19	CALZONI
711	1246	GONÇALO LOPES	M	38		00:59:26	00:58:50	INDIVIDUAL
712	446	BERNARDO LOPES	M	35		00:59:27	00:58:51	SALESIANOS FITNESS
713	872	SEBASTIAO BELTRAO	M	44		00:59:29	00:59:17	BELTRAO
714	689	MARGARIDA MOURÃO	M	55		00:59:30	00:58:23	INDIVIDUAL
715	671	ANDREA PELIZZARI	M	45		00:59:30	00:58:24	CALZONI
716	1143	RUI PINTO	M	51		00:59:30	00:58:31	INDIVIDUAL
717	1039	NUNO FRAGOSO	M	40		00:59:33	00:58:19	INDIVIDUAL
718	841	ANA P JESUINO	F	33		00:59:40	00:58:50	MONSTROS BOLACHAS
719	1009	JORGE S FERREIRA	M	37		00:59:44	00:59:44	NENUCOS
720	1008	ANA M CUNHA	F	38		00:59:44	00:58:43	NENUCOS
721	346	VERÁ CARNEIRO	F	35		00:59:46	00:58:55	VENTO
722	297	NUNO SANTOS	M	28		00:59:49	00:59:30	C MILLENNIUM BCP
723	886	SARA GONÇALVES	F	25		00:59:52	00:58:58	OUTSYSTEMS
724	164	BERNARDO TAVARES	M	21		00:59:53	00:58:49	GRANACAR
725	627	LUIS DOMINGUES	M	34		00:59:55	00:58:48	HEITOR DOMINGUES
726	214	TERESA MARTINS	F	56		00:59:59	00:59:28	INDIVIDUAL
727	1093	CECILIA PARDAL	F	41		01:00:01	00:58:55	PARDAIS
728	494	MANUEL D ROSAS	M	44		01:00:01	00:58:46	DIAS
729	1092	MIGUEL PARDAL	M	49		01:00:02	01:00:02	PARDAIS
730	720	MAGDA LEITÃO	F	45		01:00:02	00:59:49	NOS RUNNERS
731	1014	CARLOS M O GUERREIRO	M	57		01:00:04	01:00:02	INDIVIDUAL
732	758	PAULO SÁ	M	45		01:00:04	00:59:08	UDFAC
733	823	JOANA BARATA	F	32		01:00:08	00:59:01	INDIVIDUAL
734	959	CARLOS OLIVEIRA	M	45		01:00:11	00:59:07	FOX TERRIER
735	797	JOSE C SANTOS	M	41		01:00:11	00:58:56	INDIVIDUAL
736	1274	RICARDO BRANCO	M	43		01:00:11	00:58:55	INDIVIDUAL
737	1013	HUGO FERREIRA	M	37		01:00:11	00:59:30	INDIVIDUAL
738	954	ANTÓNIO L M GOMES	M	40		01:00:14	00:59:03	INDIVIDUAL
739	871	PEDRO MANO	M	41		01:00:15	00:59:42	INDIVIDUAL
740	1253	HERNE CHABOSSEAU	M	43		01:00:17	00:59:34	INDIVIDUAL
741	1099	NUNO J ANDRADE	M	41		01:00:17	00:59:34	REMECHIDOS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
742	75	SANDRA S S RIBEIRO	F	39		01:00:18	00:59:22	INDIVIDUAL
743	207	HUGO F P RIBEIRO	M	35		01:00:19	00:59:24	MANIQUE POWER
744	451	EDGAR A T CARDEAL	M	33		01:00:19	00:59:58	INDIVIDUAL
745	786	RUI M F ALDEANO	M	33		01:00:19	00:59:45	INDIVIDUAL
746	400	FERNANDO M C AFONSO	M	48		01:00:20	00:59:29	NEVES AFONSO
747	301	ALEXANDRE MOITA	M	42		01:00:28	00:59:34	C MILLENNIUM BCP
748	1027	RITA PEDROSO	F	29		01:00:28	00:59:54	OS AMIGOS DA KIKA
749	362	JORGE NETO	M	49		01:00:30	00:59:50	SALESIANOS FITNESS
750	670	MARCOS S RIBEIRO	M	45		01:00:31	01:00:17	INDIVIDUAL
751	372	ANA BRAZ	F	49		01:00:33	00:59:57	OSJ
752	347	PEDRO M COELHO	M	38		01:00:34	01:00:15	INDIVIDUAL
753	307	CARLOS CASINHAS	M	31		01:00:39	01:00:24	INDIVIDUAL
754	722	RAFAEL JORGE	M	18		01:00:39	01:00:12	EQUIPA SANTIAGO
755	106	TIAGO ALVES	M	29		01:00:40	00:59:46	INDIVIDUAL
756	431	PEDRO PAIXÃO	M	30		01:00:41	00:59:22	OS NERDS DA TABUADA
757	1029	INÊS BRANCO	F	29		01:00:42	01:00:42	OS AMIGOS DA KIKA
758	594	MIGUEL FREIRE	M	35		01:00:44	01:00:44	INDIVIDUAL
759	190	TIAGO S GARCIA	M	35		01:00:45	00:59:57	INDIVIDUAL
760	322	INÊS LEMOS	F	29		01:00:45	01:00:38	ALL TOGETHER NOW
761	674	EUGÉNIO SANTOS	M	50		01:00:46	01:00:30	CORRER ALGÉS
762	675	ANCA SANTOS	F	31		01:00:46	01:00:30	CORRER ALGÉS
763	597	FÁBIO BORSORF	M	11		01:00:48	00:59:16	INDIVIDUAL
764	93	BENEDITA TAVARES	F	38		01:00:49	00:59:57	RUN4BEER
765	253	ANTONIO SOUSA	M	69		01:00:50	01:00:26	C MILLENNIUM BCP
766	509	ANA A R PINTO	F	18		01:00:50	00:59:47	FEBRAS
767	629	ROSÁRIO DUARTE	F	45		01:00:51	01:00:28	INDIVIDUAL
768	1050	Mª JOÃO F F SILVA	F	54		01:00:53	00:59:58	INDIVIDUAL
769	1267	ANDRE GORJAO	M	42		01:00:54	00:59:44	INDIVIDUAL
770	524	CAROLINA V C DELGADO	F	38		01:00:57	01:00:44	1000 K POR ANO
771	610	MARIA INES VAZ	F	16		01:00:58	01:00:58	INDIVIDUAL
772	838	Mª JOÃO T COSTA	F	49		01:01:04	01:00:20	INDIVIDUAL
773	269	JOSE ROCHA	M	48		01:01:05	01:00:07	C MILLENNIUM BCP
774	1227	DIANA R NUNES	F	33		01:01:05	01:00:08	INDIVIDUAL
775	255	LUIS CAMPOS	M	47		01:01:06	01:00:09	C MILLENNIUM BCP
776	811	FLÁVIO SILVA	M	30		01:01:06	01:00:11	INDIVIDUAL
777	1035	ANTONIO BRANCO	M	39		01:01:09	01:00:03	INDIVIDUAL
778	1273	ATLETA NÃO CADASTRADO	M	0		01:01:12	00:59:54	
779	261	ALEXANDRA ANICETO	F	40		01:01:13	00:59:58	C MILLENNIUM BCP
780	753	AUGUSTO OLIVEIRA	M	35		01:01:14	01:01:14	CALINAS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
781	752	PEDRO LASCASAS	M	35		01:01:14	01:00:14	CALINAS
782	1042	VITOR D SILVA	M	43		01:01:15	01:00:16	BRUNEX
783	590	NELSON FERNANDES	M	42		01:01:18	01:00:07	SRCD TESOUREIRA
784	303	CRISTINA LOURENÇO	F	51		01:01:19	01:01:03	LOURENÇOS
785	1079	MÁRCIA GASPAR	F	39		01:01:31	01:01:04	INDIVIDUAL
786	739	ALINE SANTOS	F	34		01:01:33	01:00:35	INDIVIDUAL
787	691	ANA ALMEIDA	F	32		01:01:33	01:00:34	INDIVIDUAL
788	707	JOÃO LEITE	M	35		01:01:38	01:00:50	RIBEIRO LEITE
789	683	CARLOS VIEGAS	M	57		01:01:39	01:01:09	GDCT UNICRE
790	639	LILIANA C S OLIVEIRA	F	26		01:01:40	01:01:31	INDIVIDUAL
791	1049	PAULO J D SILVA	M	56		01:01:43	01:00:49	INDIVIDUAL
792	383	ANABELA M PINTO	F	53		01:01:46	01:01:26	INDIVIDUAL
793	396	Mª ISILDA R D J COSTA	F	70		01:01:46	01:01:24	INDIVIDUAL
794	731	JOÃO LAGOAS	M	44		01:01:48	01:01:20	INDIVIDUAL
795	985	BRUNO GONÇALVES	M	39		01:01:49	01:01:49	INDIVIDUAL
796	5000	ATLETA NÃO CADASTRADO	M	0		01:01:50	01:01:50	
797	547	MADALENA SOUSA	F	46		01:01:50	01:01:36	INDIVIDUAL
798	1090	HELENA NUNES	F	44		01:01:51	01:01:12	INDIVIDUAL
799	1096	ANA MAIA	F	39		01:01:53	01:00:47	INDIVIDUAL
800	1104	SALMA TAVARES	F	22		01:01:53	01:00:39	SALESIANOS FITNESS
801	599	ANDREIA COSTA	F	35		01:01:56	01:01:32	M&B
802	1194	ELISABETE VIDAL	F	41		01:01:58	01:01:11	INDIVIDUAL
803	1193	JOÃO FARINHA	M	38		01:01:58	01:01:11	INDIVIDUAL
804	1191	SANDRA SILVA	F	44		01:02:03	01:01:27	INDIVIDUAL
805	546	JOÃO SOUSA	M	45		01:02:03	01:01:51	INDIVIDUAL
806	972	CARLOS CHANÇA	M	41		01:02:03	01:00:53	EGG BITE
807	1190	ALTINO SILVA	M	71		01:02:03	01:01:28	INDIVIDUAL
808	973	DORA SOUSA	F	36		01:02:03	01:00:53	EGG BITE
809	1124	JOSÉ ROBALO	M	61		01:02:08	01:02:08	INDIVIDUAL
810	476	ANDRÉ PINTO	M	12		01:02:09	01:01:32	INDIVIDUAL
811	138	FILIPA VALENTE	F	40		01:02:10	01:01:46	INDIVIDUAL
812	475	MARGARIDA PALMA	F	35		01:02:10	01:01:32	INDIVIDUAL
813	723	IVANA SCHNEIDER	F	33		01:02:17	01:01:04	INDIVIDUAL
814	155	Mª ALEXANDRA MARTINS	F	43		01:02:17	01:01:52	INDIVIDUAL
815	313	CATARINA NOBRE	F	22		01:02:19	01:01:58	ROGERS TEAM
816	1147	TERESA S M MESQUITA	F	34		01:02:20	01:01:09	INDIVIDUAL
817	824	PATRÍCIA PEREIRA	F	33		01:02:28	01:01:47	INDIVIDUAL
818	825	MARTA S S G CAETANO	F	32		01:02:29	01:01:48	INDIVIDUAL
819	419	ISABEL M MATEUS	F	44		01:02:33	01:01:40	MATALHAS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
820	418	JOÃO M MATEUS	M	47		01:02:33	01:01:41	MATALHAS
821	625	PEDRO FONSECA	M	43		01:02:35	01:01:27	APESSA
822	522	LUÍS C NUNES	M	45		01:02:38	01:02:31	INDIVIDUAL
823	54	MARISA A E BATISTA	F	29		01:02:39	01:01:48	INDIVIDUAL
824	516	LÚCIA INÊS	F	36		01:02:43	01:01:37	FÚRIA DA NOITE
825	254	BERNARDO PARAIBA	M	61		01:02:43	01:02:22	C MILLENNIUM BCP
826	1088	EDUARDO MIGLIORELLI	M	37		01:02:49	01:02:41	INDIVIDUAL
827	579	PATRICIA TRIGO	F	44		01:02:51	01:01:45	INDIVIDUAL
828	293	NUNO ANJOS	M	49		01:02:56	01:02:10	C MILLENNIUM BCP
829	283	JOSE LOURENÇO	M	47		01:02:56	01:02:06	C MILLENNIUM BCP
830	290	JOSE O	M	57		01:02:57	01:02:35	C MILLENNIUM BCP
831	1020	LUÍS FIGUEIREDO	M	53		01:02:59	01:01:49	INDIVIDUAL
832	661	IOLANDA MONTEIRO	F	37		01:03:04	01:01:49	INDIVIDUAL
833	1103	FILIPA LEITÃO	F	41		01:03:10	01:02:55	INDIVIDUAL
834	802	ALEXANDRA MACHADO	F	25		01:03:10	01:02:39	INDIVIDUAL
835	1234	INES REIS	F	34		01:03:11	01:02:37	INDIVIDUAL
836	1052	JOANNA PARAIZO	F	29		01:03:11	01:02:59	INDIVIDUAL
837	728	NUNO GRILO	M	28		01:03:12	01:02:38	GRILOS TEAM
838	978	RITA CRUZ	F	36		01:03:14	01:02:12	INDIVIDUAL
839	284	PEDRO DUARTE	M	47		01:03:15	01:02:26	C MILLENNIUM BCP
840	1229	FRANCISCO J A JORGE	M	47		01:03:27	01:02:55	INDIVIDUAL
841	897	MARINHA BAPTISTA	F	50		01:03:28	01:03:28	CL STA MARIA LAMAS
842	178	HELDER MARCOS	M	49		01:03:28	01:03:17	SALESIANOS ESTORIL
843	237	FERNANDO FERREIRA	M	69		01:03:29	01:03:20	C MILLENNIUM BCP
844	1146	CATARINA A B DIOGO	F	26		01:03:36	01:03:36	SALESIANOS FITNESS
845	1142	SOFIA HORTA	F	31		01:03:36	01:01:21	OS HORTAS
846	1185	JOAO C SECO	M	45		01:03:38	01:02:44	WEVENTUAL
847	44	JOHNNY THOMASSEN	M	55		01:03:39	01:03:02	INDIVIDUAL
848	975	NUNO MARQUES	M	45		01:03:43	01:02:44	SEMPRE EM FESTA
849	1017	TERESA DÂMASO	F	40		01:03:47	01:03:33	SANTOS
850	271	TELMA CARVALHEIRA	F	36		01:03:52	01:03:00	C MILLENNIUM BCP
851	508	LUIS M S PEREIRA	M	21		01:03:54	01:02:51	FEBRAS
852	505	CARLA C L M FERNANDES	F	44		01:03:55	01:02:54	FEBRAS
853	530	MÁRIO ROGADO	M	36		01:03:57	01:02:50	OS LEVEZINHOS RUN
854	700	SOFIA TOMÁS	F	41		01:03:58	01:03:08	INDIVIDUAL
855	154	MIGUEL CORINO	M	45		01:04:01	01:03:33	SLOWER SNAILS
856	1115	HELGA CABRAL	F	37		01:04:01	01:02:57	GUERRILHEIROS DO FITNESS
857	1117	SUSANA CUNHA	F	37		01:04:01	01:02:58	GUERRILHEIROS DO FITNESS
858	586	PEDRO S PINTO	M	44		01:04:04	01:02:53	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
859	956	LEONOR FALCAO	F	13		01:04:05	01:03:54	RUN 4 FUN
860	585	CARLA ANDRADE	F	43		01:04:06	01:02:54	INDIVIDUAL
861	623	ARTUR J B GASPAR	M	35		01:04:07	01:03:57	CUT AND RUN
862	137	PAULO GARCÊS	M	38		01:04:10	01:04:07	INDIVIDUAL
863	819	SAMUEL JOAQUIM	M	62		01:04:18	01:03:27	INDIVIDUAL
864	1137	JOANA PINHAL	F	29		01:04:19	01:03:02	A MEIA ESTÁ AÍ
865	1128	JOANA T EREIO	F	31		01:04:21	01:03:03	INDIVIDUAL
866	226	SÉRGIO PROENÇA	M	38		01:04:22	01:03:33	UM POR TODOS E TODOS POR UM
867	1230	MIGUEL BELO	M	58		01:04:24	01:04:24	OS ECONÓMICOS
868	684	ISABEL BRANCO	F	49		01:04:24	01:03:56	GDCT UNICRE
869	961	PEDRO M SILVA	M	44		01:04:30	01:02:22	INDIVIDUAL
870	777	Mª ALMUDENA G M BERCERO	F	51		01:04:30	01:04:08	INDIVIDUAL
871	223	TERESA CUNHA	F	45		01:04:35	01:04:35	INDIVIDUAL
872	140	JOAO ALVES	M	48		01:04:37	01:03:55	INDIVIDUAL
873	128	Mª EMILIA S A CARVALHO	F	56		01:04:37	01:03:55	INDIVIDUAL
874	614	PAULO CABRAL	M	41		01:04:43	01:03:38	CLUBE ROBBIALAC
875	1031	CRISTINA MARTINS	F	54		01:04:49	01:03:54	INDIVIDUAL
876	853	FILIPA M G S B MARTINS	F	49		01:04:56	01:03:54	INDIVIDUAL
877	517	CATARINA REBELO	F	38		01:04:58	01:03:54	FÚRIA DA NOITE
878	859	ROSÁRIO CUNHA	F	43		01:05:00	01:04:27	AMIGOSDACORRIDA.COM
879	606	FRANCISCO CUNHA	M	44		01:05:00	01:04:27	AMIGOSDACORRIDA.COM
880	769	RITA ALVES	F	42		01:05:08	01:04:30	ANSELMINHOS
881	992	JOÃO F MOREIRA	M	31		01:05:12	01:05:12	TEAM FUSO
882	1196	RITA NANDIN	F	34		01:05:13	01:04:14	INDIVIDUAL
883	1168	PAULO GOMES	M	51		01:05:16	01:05:01	INDIVIDUAL
884	708	JOANA RIBEIRO	F	34		01:05:17	01:04:32	RIBEIRO LEITE
885	967	MARTA P LEITE	F	45		01:05:19	01:04:31	AREIA
886	968	MARIA CAMPILHO	F	44		01:05:19	01:04:32	AREIA
887	1181	PEDRO SIZA	M	51		01:05:20	01:04:40	EQUIPA DO MANEL
888	1268	JOAO PIAS	M	38		01:05:21	01:04:12	INDIVIDUAL
889	460	CARLOS VERGUEIRO	M	35		01:05:22	01:04:37	PESKITOS
890	1120	BRUNO A P ARCANJO	M	32		01:05:26	01:04:54	ARCANJO
891	1212	RODRIGO S ALVES	M	37		01:05:36	01:04:51	ALVES
892	615	CARMEN CABRAL	F	42		01:05:42	01:05:42	CLUBE ROBBIALAC
893	556	Mª SILVA PINTO	F	17		01:05:43	01:05:12	INDIVIDUAL
894	557	PEDRO S EMAUZ	M	16		01:05:43	01:05:12	INDIVIDUAL
895	92	ANTONIO TAVARES	M	41		01:05:43	01:04:50	RUN4BEER
896	833	Mª JOÃO ABREU	F	44		01:05:49	01:05:26	INDIVIDUAL
897	1034	JOANA FRÓIS	F	31		01:05:51	01:05:44	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
898	647	MARTIM R ANDRADE	M	19		01:05:52	01:04:44	INDIVIDUAL
899	450	ANA GODINHO	F	45		01:05:53	01:05:11	AS GODINHO
900	645	PAULO R ANDRADE	M	44		01:05:53	01:04:46	INDIVIDUAL
901	526	BÁRBARA SARDINHA	F	45		01:05:54	01:04:53	SARDINHAS NA BRASA!
902	1114	VÂNIA S VALENTIM	F	31		01:05:54	01:05:32	INDIVIDUAL
903	986	RITA GONÇALVES	F	39		01:06:00	01:05:36	INDIVIDUAL
904	1100	RUI FIGUEIREDO	M	47		01:06:00	01:05:34	TEAM MEM-MARTINS
905	673	SUSANA P SILVA	F	39		01:06:00	01:05:32	INDIVIDUAL
906	1125	MYRLEI BRANCO	F	47		01:06:01	01:05:04	INDIVIDUAL
907	299	JOAO SEBORRO	M	49		01:06:07	01:05:51	C MILLENNIUM BCP
908	300	PATRICIA DINIS	F	47		01:06:07	01:05:52	C MILLENNIUM BCP
909	567	RITA SILVA	F	29		01:06:11	01:05:45	TOA
910	1074	FERNANDA RAMOS	F	45		01:06:18	01:05:28	AVILA RUNNERS
911	359	CARLA RODRIGUES	F	34		01:06:21	01:05:41	SALESIANOS FITNESS
912	915	CARLOS GARCIA	M	33		01:06:24	01:06:24	GD PERNAS PARA QUE TE QUERO
913	263	ACACIO LOPES	M	48		01:06:24	01:05:13	C MILLENNIUM BCP
914	249	DULCE RAMOS	F	46		01:06:24	01:06:24	C MILLENNIUM BCP
915	775	RITA JERÓNIMO	F	44		01:06:25	01:05:20	INDIVIDUAL
916	491	RITA ANDRADE	F	27		01:06:26	01:05:34	EDP RUNNERS
917	549	NIDIA SILVA	F	60		01:06:28	01:05:29	INDIVIDUAL
918	528	ANABELA SALAZAR	F	44		01:06:38	01:06:03	FAMÍLIA SALAZAR
919	699	FILIPA MARTINS	F	33		01:06:54	01:06:19	INDIVIDUAL
920	408	FILIPA AMEIXINHA	F	33		01:07:10	01:06:40	INDIVIDUAL
921	410	JOÃO FERREIRA	M	40		01:07:20	01:06:51	INDIVIDUAL
922	441	JOANA DIOGO	F	33		01:07:23	01:06:39	SALESIANOS FITNESS
923	98	TERESA SMS	F	9		01:07:24	01:07:13	SMS
924	1257	ISABEL SEQUEIRA	F	51		01:07:27	01:07:09	O MUNDA DA CORRIDA
925	1256	CARLOS P COELHO	M	54		01:07:28	01:07:09	O MUNDO DA CORRIDA
926	1080	PEDRO SALDANHA	M	41		01:07:29	01:06:38	AVILA RUNNERS
927	805	ELISABETA BELBASZ	F	25		01:07:33	01:06:42	INDIVIDUAL
928	428	ANA PEREIRA	F	40		01:07:38	01:07:02	INDIVIDUAL
929	96	CATARINA SM	F	42		01:07:46	01:07:33	SMS
930	382	CATARINA G JORGE	F	38		01:07:48	01:07:34	INDIVIDUAL
931	875	MAFALDA RAMOS	F	26		01:07:48	01:07:14	RUN 4 BEER
932	381	SOFIA MATEUS	F	39		01:07:48	01:07:34	INDIVIDUAL
933	748	MIGUEL A ANGELO	M	44		01:07:50	01:06:35	ANGELS FAMILY
934	498	DIOGO MORAIS	M	35		01:07:51	01:06:42	NEVRALGICOS
935	1218	LUÍS BANDEIRA	M	54		01:07:53	01:06:42	GC JOAQUIM CHAVES SAÚDE
936	949	CLÁUDIA FERNANDES	F	31		01:07:54	01:07:07	AGORA PENSA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
937	888	DIANA L B SILVA	F	24		01:07:55	01:07:22	INDIVIDUAL
938	781	SANDRA B PEREIRA	F	42		01:08:01	01:07:01	INDIVIDUAL
939	130	CARLA NAZARETH	F	40		01:08:06	01:07:29	INDIVIDUAL
940	367	Mª MARGARIDA S DUARTE	F	44		01:08:12	01:07:43	TRIBO EXTREME ADVENTURES
941	560	RUI VEIGA	M	55		01:08:15	01:07:32	INDIVIDUAL
942	311	FRANCISCO L RIBEIRO	M	68		01:08:15	01:07:32	INDIVIDUAL
943	997	BERNARDO DUARTE	M	24		01:08:19	01:08:19	INDIVIDUAL
944	760	PEDRO FERNANDES	M	38		01:08:23	01:07:26	UDFAC
945	759	ORLANDO ROLO	M	57		01:08:39	01:07:40	UDFAC
946	756	FERNANDO CHAMBEL	M	49		01:08:39	01:07:42	UDFAC
947	558	FERNANDO M COELHO	M	51		01:08:52	01:07:53	INDIVIDUAL
948	816	JOANA COUCEIRO	F	34		01:08:53	01:07:51	INDIVIDUAL
949	827	ANDREIA A RODRIGUES	F	35		01:08:54	01:07:50	PAISDE3 RESPECT
950	294	JOSE REBELO	M	49		01:08:55	01:08:32	C MILLENNIUM BCP
951	1178	CRISTINA SIZA	F	51		01:08:55	01:08:12	EQUIPA DO MANEL
952	885	MANUELA TIMÓTEO	F	48		01:08:56	01:07:48	INDIVIDUAL
953	1083	ILÍDIO MONTEIRO	M	66		01:09:10	01:08:29	BE SMART
954	969	JOÃO S ALMEIDA	M	20		01:09:12	01:08:54	INDIVIDUAL
955	192	PAULA G AVELAR	F	41		01:09:14	01:08:21	FAMÍLIA GOULÃO AVELAR
956	205	SOFIA VINAGRE	F	40		01:09:19	01:08:27	FAMÍLIA CORREIA SANTOS
957	177	Mª TERESA GUIMARÃES	F	45		01:09:36	01:09:03	INDIVIDUAL
958	448	SÓNIA G ROMÃO	F	37		01:09:43	01:09:01	AS GODINHO
959	785	LOURENÇO V PATO	M	19		01:09:46	01:07:02	INDIVIDUAL
960	260	ANA MALHEIRO	F	24		01:09:48	01:08:51	C MILLENNIUM BCP
961	291	JORGE CALMEIRO	M	52		01:09:49	01:08:51	C MILLENNIUM BCP
962	227	DAVID VIEIRA	M	44		01:09:51	01:09:24	FAMÍLIA VIEIRA
963	894	CATARINA A PINA	F	16		01:10:00	01:08:48	INDIVIDUAL
964	698	MARTA ARAUJO	F	18		01:10:06	01:09:19	PALHAS
965	296	CARLOS CONCEICAO	M	53		01:10:18	01:09:35	C MILLENNIUM BCP
966	941	FERNANDA ALMEIDA	F	46		01:10:41	01:09:38	INDIVIDUAL
967	988	ANA RIBEIRO	F	39		01:10:53	01:09:50	INDIVIDUAL
968	86	LUIA C AZEVEDO	F	10		01:11:11	01:10:15	M&M&L
969	1141	HUGO HORTA	M	39		01:11:25	01:11:25	OS HORTAS
970	228	CARLA VIEIRA	F	44		01:11:26	01:10:59	FAMÍLIA VIEIRA
971	85	MARTA CYRNE	F	42		01:11:33	01:10:39	M&M&L
972	776	NUNO AGOSTINHO	M	45		01:11:35	01:10:30	INDIVIDUAL
973	713	JOAO SAMPAIO	M	44		01:11:36	01:10:30	INDIVIDUAL
974	663	FILIPA MAGALHAES	F	43		01:11:45	01:11:13	MAGALHAES
975	112	CARLOS CUNHA	M	40		01:11:47	01:11:47	CUNHAS&AMIGO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
976	511	EMA VASCONCELOS	F	37		01:11:54	01:10:47	MADRUGADORAS AV ^a NOVAS
977	510	CATARINA ROSEIRA	F	38		01:11:54	01:10:47	MADRUGADORAS AV ^a NOVAS
978	1182	LEONOR C SECO	F	13		01:12:14	01:12:14	WEVENTUAL
979	681	PAULO FRANÇA	M	53		01:12:17	01:11:48	GDCT UNICRE
980	686	FATIMA MANTEIGA	F	46		01:12:17	01:11:48	GDCT UNICRE
981	1129	CARLA S C CORDEIRO	F	37		01:12:19	01:11:17	INDIVIDUAL
982	976	CHARLOTTE JOHNSON	M	67		01:12:39	01:12:33	SEMPRE EM FESTA
983	251	EDUARDO VILHENA	M	48		01:12:43	01:11:57	C MILLENNIUM BCP
984	1231	NATÁLIA PINTO	F	53		01:12:56	01:11:55	OS ECONÓMICOS
985	501	INÊS CARDIGOS	F	47		01:13:16	01:13:10	EQUIPA FAMÍLIA CARDIGOS
986	857	SARA DOMINGUES	F	37		01:13:19	01:12:10	INDIVIDUAL
987	696	MARIA ARAUJO	F	46		01:13:25	01:12:39	PALHAS
988	1186	TERESA C SECO	F	15		01:13:39	01:12:44	WEVENTUAL
989	790	ANA I BATISTA	F	27		01:13:41	01:13:29	CHICASLARICAS
990	40	SILVIA NUNES	F	37		01:13:52	01:13:52	RATOLA TEAM
991	41	SOFIA MINCHIN	F	37		01:13:52	01:13:52	RATOLA TEAM
992	1262	ANA SILVA	F	45		01:13:58	01:13:58	INDIVIDUAL
993	1272	JOSE ESTEVES	M	39		01:14:00	01:13:08	AVILE RUNNERS
994	368	ISABEL M R NEVES	F	45		01:14:12	01:12:58	INDIVIDUAL
995	423	SOFIA I B TEIXEIRA	F	28		01:14:13	01:14:00	INDIVIDUAL
996	1019	JOSÉ ALÍPIO	M	59		01:14:23	01:14:16	INDIVIDUAL
997	490	JOANA M SOARES	F	26		01:14:30	01:13:37	EDP RUNNERS
998	53	MARIO PIRES	M	56		01:14:31	01:13:13	INDIVIDUAL
999	1187	JOANA DUARTE	F	46		01:14:32	01:14:32	WEVENTUAL
1000	809	ALEXANDRA VENTURA	F	41		01:14:35	01:14:35	FAMILIA VENTURA
1001	808	JOÃO VENTURA	M	44		01:14:35	01:14:35	FAMILIA VENTURA
1002	414	CRISTINA M M S COUTO	F	48		01:14:47	01:14:26	INDIVIDUAL
1003	481	M ^ª JOSE N GUERREIRO	F	41		01:15:02	01:15:02	INDIVIDUAL
1004	993	JOANA M CORREIRA	F	26		01:15:07	01:14:23	TEAM FUSO
1005	609	TÂNIA SIMÕES	F	33		01:15:17	01:14:43	AMIGOSDACORRIDA.COM
1006	608	RAUL MASSANO	M	36		01:15:18	01:14:43	AMIGOSDACORRIDA.COM
1007	998	SUSANA TRINDADE	F	37		01:15:48	01:14:46	INDIVIDUAL
1008	506	M ^ª FÁTIMA G PEREIRA	F	38		01:15:49	01:14:46	FEBRAS
1009	765	PEDRO FIALHO	M	20		01:16:48	01:15:28	TUGAS
1010	766	LUIS FIALHO	M	14		01:16:50	01:15:30	TUGAS
1011	764	JOSÉ FIALHO	M	45		01:16:59	01:15:40	TUGAS
1012	266	FOCK WAN	F	65		01:17:04	01:16:09	C MILLENNIUM BCP
1013	268	LUIS MONTEIRO	M	44		01:17:05	01:16:09	C MILLENNIUM BCP
1014	464	PEDRO VASCONCELOS	M	38		01:17:06	01:15:44	PVASCONCELOS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1015	1269	Mª CARMO ANJOS	F	69		01:17:07	01:16:53	INDIVIDUAL
1016	820	ANTONIO FIGUEIREDO	M	60		01:17:20	01:16:27	INDIVIDUAL
1017	685	PAULA CAMPOS	F	47		01:17:27	01:16:59	GDCT UNICRE
1018	1053	ANTÓNIO MARQUES	M	69		01:18:46	01:18:35	INDIVIDUAL
1019	584	ANDREIA F NASCIMENTO	F	38		01:19:41	01:18:35	INDIVIDUAL
1020	405	LEONOR SANTOS	F	57		01:19:58	01:19:37	INDIVIDUAL
1021	749	SONIA A ANGELO	F	44		01:21:00	01:19:46	ANGELS FAMILY
1022	1179	TERESA PUPO	F	45		01:21:10	01:20:27	EQUIPA DO MANEL
1023	127	LUCINDA HENRIQUES	F	67		01:21:42	01:21:42	INDIVIDUAL
1024	921	RITA JOAQUIM	F	33		01:21:45	01:20:53	INDIVIDUAL
1025	433	ANA TEIXEIRA	F	55		01:22:09	01:21:28	SALESIANOS FITNESS
1026	413	GRACINDA M S ANTUNES	F	55		01:22:21	01:22:08	INDIVIDUAL
1027	397	HELENA M A VICENTE	F	51		01:23:24	01:23:00	INDIVIDUAL
1028	404	SOFIA A SANTOS	F	43		01:23:25	01:22:10	INDIVIDUAL
1029	371	HELENA M F A CASTRO	F	46		01:23:25	01:22:10	INDIVIDUAL
1030	1235	PAULA CASTANHEIRA	F	50		01:23:27	01:22:13	INDIVIDUAL
1031	849	TIAGO FIGUEIRA	M	32		01:23:28	01:23:28	GD PERNAS PARA QUE TE QUERO
1032	439	Mª CÉU DIOGO	F	57		01:25:07	01:24:27	SALESIANOS FITNESS
1033	95	LARA FERNANDES	F	28		01:25:10	01:23:27	RUN4BEER
1034	131	PEDRO M G P B NEVES	M	36		01:25:12	01:23:28	INDIVIDUAL
1035	737	SÓNIA MARQUES	F	35		01:26:38	01:25:37	INDIVIDUAL
1036	836	FERNANDA M N PARREIRA	F	48		01:30:50	01:30:23	INDIVIDUAL
1037	390	Mª FÁTIMA M GAIOLA	F	57		01:30:50	01:30:24	INDIVIDUAL

Total de registros: 1037