



Classificação - 11 de Novembro de 2012

Resultados

Ordem	Dorsal	Nome	Clube	Tempo	Diplomas
1	1	SARA D S PINHO	SUSANA GATEIRA	00:16:35	Diploma
2	2	SANDRA S TEIXEIRA	SPORTING CP	00:16:54	Diploma
3	7	ANA ISABEL CABECINHA	CO PECHAO	00:17:43	Diploma
4	228	Sofia Monteiro	Individual	00:19:25	Diploma
5	4	CARINA PINHO	GRECAS	00:19:46	Diploma
6	301	Sara Filipa Simões	Linda-a-Pastora Sporting Clube	00:20:32	Diploma
7	50	Paula Fernandes	Garmin Clube Olimpico de Oeiras	00:20:34	Diploma
8	16	Alexandra Maria Silvestre Lamas	Individual	00:20:37	Diploma
9	3	TANIA F S FERREIRA	Individual	00:20:58	Diploma
10	69	Isabel Rodrigues	Garmim clube olimpico de oeiras	00:21:15	Diploma
11	372	Kcénia Bougrova	Individual	00:21:44	Diploma
12	373	Maria Benitez	Individual	00:22:14	Diploma
13	6	INES D P V OLIVEIRA	SPORTING C P / TRIATLO	00:23:10	Diploma
14	5	ANA C G CASTELEIRO	SPORTING C P / TRIATLO	00:23:11	Diploma
15	98	REgina Madel Batista Mendes	Individual	00:23:24	Diploma
16	310	Ivone Marisa Saramago Raminhos Ferreira	Individual	00:23:24	Diploma
17	350	Sónia Alexandra Brandão	GD Banco BPI	00:23:33	Diploma
18	53	julie chatelain	Individual	00:23:42	Diploma
19	52	Marta Morais Saraiva de Andrade	Individual	00:23:48	Diploma
20	149	Belmira Moreira Esteves	As Espalha Brasas	00:23:48	Diploma
21	27	CARLA LOPES	GD INE	00:24:04	Diploma
22	290	Teresa Magalhães	fitness worXers	00:24:17	Diploma
23	49	Paula Lemos	Garmin Clube Olímpico de Oeiras	00:24:29	Diploma
24	109	Mónica da Silva Tavares Carrufa	Individual	00:24:33	Diploma
25	254	Silvani Borges Carvalho	Individual	00:24:39	Diploma
26	26	Deolinda Gorete Pinheiro Sousa	Individual	00:24:40	Diploma
27	175	Ana Cristina Magalhães Outeirinho	Individual	00:24:49	Diploma
28	164	Maria Goreti Fernandes	Grupo Desportivo Cimpor	00:25:19	Diploma
29	47	Teresa Margarida do Souto Félix	Individual	00:25:33	Diploma
30	161	FABÍOLA SÍLVIA JESUS CABRAL	Individual	00:25:33	Diploma
31	85	Lurdes Maia	LoLiTaS	00:25:36	Diploma
32	100	Carla Alexandra Fernandes dos Santos	Individual	00:25:42	Diploma
33	389	Joana Maria Pereira	Individual	00:25:49	Diploma
34	35	elena iabanji	Individual	00:25:55	Diploma
35	206	MARIA DA GLÓRIA DA COSTA GARCIA	Individual	00:25:57	Diploma
36	121	Corinne Nascimento	Individual	00:25:58	Diploma
37	238	Catarina Teodoro Abalada de Carvalho	Individual	00:26:03	Diploma
38	93	Maria Carolina Resina Roda	AS RODINHAS	00:26:05	Diploma
39	23	Cláudia Sofia dos Santos Esteves	Individual	00:26:10	Diploma
40	180	Gizela Margarete Gomes Mota	ORANGINAS	00:26:20	Diploma
41	288	Sónia Patrícia Lopes Figueiredo	Individual	00:26:24	Diploma
42	329	CELIA MAGUEJO	Individual	00:26:36	Diploma
43	224	Elizabeth Lopes Remelgado	Individual	00:26:37	Diploma
44	160	Andreia Cristina Vilarinho Flório	Individual	00:26:41	Diploma
45	308	Ines Junior	Individual	00:26:44	Diploma
46	33	cátia virginiasemedo ramos	Individual	00:26:53	Diploma
47	278	Ana Paula de Almeida Ferreira	Individual	00:26:53	Diploma
48	305	Cláudia Morgado	Golden Wings	00:26:53	Diploma
49	32	Sara Filipa Borges Lopes	Individual	00:26:55	Diploma
50	211	Maria Isabel Guerreiro Fialho	Individual	00:27:05	Diploma
51	127	Cecilia Paula Silva Oliveira	Individual	00:27:06	Diploma
52	229	Andreia Magalhães	Individual	00:27:08	Diploma
53	312	Paula Cristina da Conceição Garcia Costa	Individual	00:27:08	Diploma
54	157	Ana Isabel Matos	Individual	00:27:09	Diploma
55	346	Teresa Cristina Santos Moura	Individual	00:27:17	Diploma
56	257	Otelinda Sousa	Individual	00:27:21	Diploma
57	353	Joana Soraia Simões Ribeiro	Individual	00:27:29	Diploma
58	354	Maria Teresa Martins Da Conceição	Individual	00:27:29	Diploma
59	92	Paula Feliciano Soutomouro dos Santos	Individual	00:27:35	Diploma
60	120	Liliana Soares da Cruz	Individual	00:27:43	Diploma

61	302	patricia nunes	Individual	00:27:44	Diploma
62	303	vera pereira	Individual	00:27:44	Diploma
63	304	cristina pereira	Individual	00:27:44	Diploma
64	199	Berta Alexandra Rodrigues de Matos	Individual	00:27:45	Diploma
65	214	Joana Jácome Henriques de Lancastre	Individual	00:27:51	Diploma
66	156	Mónica Rita da Piedade Henriques de Matos	Individual	00:27:58	Diploma
67	159	Carla de Fátima Leiria de Brito Coelho Nunes	Individual	00:27:59	Diploma
68	34	Ana Cristina Gouveia Ferreira Pinto	Individual	00:28:00	Diploma
69	45	Joana Pereira	Família Speed	00:28:00	Diploma
70	20	Mercedes Fonseca	As Super	00:28:02	Diploma
71	169	Fatima Fernandes	PapaLéguas Team	00:28:04	Diploma
72	184	Florinda Amorim	ORANGINAS	00:28:07	Diploma
73	327	ANA R AUGUSTO	JF CASTELO	00:28:08	Diploma
74	77	Carla Alexandra Ferreira Moura Morais	Individual	00:28:13	Diploma
75	67	SÓNIA MARIA CARDOSO FIGUEIREDO	Individual	00:28:16	Diploma
76	94	Ana Filipa Resina Roda	AS RODINHAS	00:28:17	Diploma
77	194	Carolina Santos Duarte	Individual	00:28:19	Diploma
78	216	Bárbara Carmona	WE CAN	00:28:20	Diploma
79	253	Isabel Maria Nunes Dias Pinto Coelho	Individual	00:28:22	Diploma
80	255	Joana da Conceição Moreira Lamarão	Individual	00:28:24	Diploma
81	178	Isabel Ferreira	Clube Desportivo TCPI	00:28:26	Diploma
82	182	Cláudia Loureiro	ORANGINAS	00:28:28	Diploma
83	44	Catarina Silva	Família Speed	00:28:30	Diploma
84	141	Paula Margarida Vicente Serra	Individual	00:28:30	Diploma
85	233	Elsa Maria Silva	Academia CCRDBelas	00:28:32	Diploma
86	18	Ana Rita Matos dos Santos Gameiro	Individual	00:28:35	Diploma
87	110	Maria de Lurdes da Costa Silva Frutuoso	Individual	00:28:37	Diploma
88	190	Élia Soares Silva	Clube Vodafone	00:28:37	Diploma
89	285	Mónica Bernat	IEL Mamás	00:28:38	Diploma
90	181	Helena Moreira	ORANGINAS	00:28:40	Diploma
91	131	Nídia Silva	Individual	00:28:47	Diploma
92	347	Susana Sofia Martins Garradas	Individual	00:28:52	Diploma
93	306	Joana Silva	Golden Wings	00:28:53	Diploma
94	54	Florbelá Pantaleão	Individual	00:28:55	Diploma
95	39	Raquel Cristina Gonçalves	Lotus	00:28:56	Diploma
96	82	debora marina alexandre baptista	Individual	00:28:56	Diploma
97	213	Morgana Streicher	Individual	00:28:59	Diploma
98	102	luísa maria gomes coelho gonçalves machado rodrigues	Individual	00:29:17	Diploma
99	311	Ana Cristina Silva	Individual	00:29:27	Diploma
100	237	Joana Filipa Tomé Pereira	Individual	00:29:28	Diploma
101	243	Cristina Brizido	Individual	00:29:29	Diploma
102	183	Sónia Agostinho	ORANGINAS	00:29:30	Diploma
103	84	Iris Silva	LoLiTaS	00:29:34	Diploma
104	125	Ana Catarina de Almeida Marques Pina	Individual	00:29:40	Diploma
105	207	Mónica Neto	Individual	00:29:42	Diploma
106	208	Patrícia Bicho	Individual	00:29:42	Diploma
107	390	judite maria carvalho basilio travassos de almeida	Individual	00:29:44	Diploma
108	177	Ana Coutinho	Clube Desportivo TCPI	00:29:48	Diploma
109	112	RITA ABREU LOPES PINHO LOPES	Individual	00:29:58	Diploma
110	150	Maria Madalena Oliveira Ferreira	As Espalha Brasas	00:30:00	Diploma
111	167	Patrícia de Melo Moreira	Individual	00:30:01	Diploma
112	307	Maria Miguel Cabo	Golden Wings	00:30:01	Diploma
113	143	Marta Sousa	Individual	00:30:03	Diploma
114	294	Paula Martins	Individual	00:30:03	Diploma
115	191	Maria Leonor Azevedo	Clube Vodafone	00:30:09	Diploma
116	43	Ana Azevedo	Família Speed	00:30:11	Diploma
117	267	Johanna Louçano	Individual	00:30:16	Diploma
118	60	Ana Margarida Baptista	Amigos 4Run	00:30:17	Diploma
119	42	Rute Cardoso Nunes Policarpo Moreira	Individual	00:30:30	Diploma
120	348	Rosa Maria Leitão Marques	Individual	00:30:37	Diploma
121	295	Teresa Martins	Individual	00:30:39	Diploma
122	365	Sandra Pereira Freixo	GD Banco BPI	00:30:43	Diploma
123	246	Maria Isabel Serras Moucho	Individual	00:30:46	Diploma
124	176	Ana Margarida Vital Ramos	Individual	00:30:50	Diploma
125	29	Anabela Antunes Gomes Taco Matias	Individual	00:30:55	Diploma
126	271	cidalia castro	Individual	00:30:55	Diploma
127	153	Ana Paula das Neves Sozeral Albuquerque	Individual	00:31:12	Diploma
128	270	Lília Marques da Frada	Individual	00:31:21	Diploma
129	83	Susana Margarida Miranda lopes	Individual	00:31:23	Diploma
130	129	Rita Alexandra Fernandes Lopes	Individual	00:31:23	Diploma
131	36	Lúcia Isabel da Silva Ramiro	As veteranas	00:31:31	Diploma
132	25	Rosa Maria Jesus Alves Miranda Reis	Individual	00:31:32	Diploma
133	234	Ana Lina Lopes Vaz	Academia CCRDBelas	00:31:32	Diploma
134	292	maria Isabel da Silva Costa	Individual	00:31:34	Diploma
135	179	Ana Cristina Madureira Osório Pacheco de Sousa Calado Ferreira	Individual	00:31:43	Diploma
136	204	Maria da Conceição Afonso de Barros e Silva Paquete Duarte	Individual	00:31:44	Diploma
137	256	Tânia Fontinha	Individual	00:31:48	Diploma
138	193	Sylvie Silva	Clube Vodafone	00:31:55	Diploma
139	134	ELISABETE PINTO	OS PINTOS	00:31:57	Diploma
140	355	Ana Paula Vitorino Jorge	Individual	00:31:59	Diploma
141	391	ANA CRISTINA GRILO FIALHO	Individual	00:32:00	Diploma
142	274	Ana Sofia Casanova	SMS	00:32:01	Diploma
143	198	Sara Isabel Branco	Individual	00:32:05	Diploma

144	200	Ana Filipa Martins Morgado	Individual	00:32:06	Diploma
145	95	Inês Margarida Grave Vieira Soeiro	Individual	00:32:14	Diploma
146	280	RAQUEL FERNANDES	GINÁSIO ATIVAS	00:32:16	Diploma
147	108	Isaura Cristina de Sousa Aldeias Gama	Individual	00:32:21	Diploma
148	269	Ivete Sobral Dos Santos	Individual	00:32:21	Diploma
149	322	Belén de Vicente	Individual	00:32:21	Diploma
150	345	Katja Tietge	Individual	00:32:22	Diploma
151	358	Sara Pereira Vilaças	Individual	00:32:42	Diploma
152	140	Inês Pinto Barradas	Individual	00:32:43	Diploma
153	272	claudia faria	Individual	00:32:44	Diploma
154	22	lúdia carolina pinheiro de alencar	Individual	00:32:45	Diploma
155	62	Catarina Figueira	Amigos 4Run	00:32:46	Diploma
156	231	Anabela Silva dos Reis Marques	Individual	00:32:48	Diploma
157	296	Isabel Maria Teixeira Dias	Individual	00:32:56	Diploma
158	78	celia maria gomes da silva semedo	Individual	00:32:58	Diploma
159	212	Catarina Ramos	Individual	00:33:05	Diploma
160	205	NELIA SOFIA VINAGREIRO GOMES ALVES	Individual	00:33:20	Diploma
161	196	ANA SOFIA BERNARDES	Individual	00:33:25	Diploma
162	352	FERNANDA MARIA RODRIGUES ANDRE	Individual	00:33:25	Diploma
163	126	Tânia Maria Dias Vinagre	Individual	00:33:26	Diploma
164	66	ANA PAULA DE FREITAS BALANCO LOURENÇO	Individual	00:33:31	Diploma
165	81	Maria Conceição Cunha	Individual	00:33:31	Diploma
166	188	Ana Sofia Carvalho António	Individual	00:33:33	Diploma
167	210	Maria João Ribeiro	Individual	00:33:33	Diploma
168	187	Eunice Alexandra dos Santos Oliveira	Individual	00:33:34	Diploma
169	202	Alexandra Catarina Mamede Leal	Individual	00:33:34	Diploma
170	64	Claudia Rosa	Amigos 4Run	00:33:44	Diploma
171	248	Liliana Cameira	Individual	00:33:44	Diploma
172	241	Ana Andrea reduto cameira matias isaac	Individual	00:33:45	Diploma
173	201	Eva Feliciano Souto Mouro dos Santos	Individual	00:33:51	Diploma
174	284	Sara Atalaya O. Rebelo	IEL Mamás	00:34:07	Diploma
175	87	Paula Cristina Peixoto dos Santos	Bucha e Estica	00:34:08	Diploma
176	250	Alice Cunha	Individual	00:34:15	Diploma
177	351	Ana Lucia Castanheira Guerra	Individual	00:34:17	Diploma
178	89	Sandrina Rosa Lázaro Gomes de Almeida Agostinho	Individual	00:34:20	Diploma
179	61	Solange Figueira	Amigos 4Run	00:34:36	Diploma
180	137	Cristina Ferreira Piedade Lopes	Lopes	00:34:37	Diploma
181	174	Sónia Alexandra da Costa Amaral Quintanilha	Individual	00:34:39	Diploma
182	385	Mónica da Conceição Vales Adão	Individual	00:34:54	Diploma
183	72	Guida Maria Borges Gomes dos Santos de Almeida Piedade	Individual	00:34:57	Diploma
184	326	SONIA C R M RAMOS	AS TRAUQUINAS ALCABIDECHE	00:35:04	Diploma
185	122	Elsa Alcobia	Individual	00:35:09	Diploma
186	152	Leontina Cruz	Individual	00:35:10	Diploma
187	235	Teresa Isabel Calado Martins	Academia CCRDBelas	00:35:11	Diploma
188	88	Marisa dos Santos Miranda	Bucha e Estica	00:35:14	Diploma
189	117	Mónica Patricia Coelho Macedo Miranda	Individual	00:35:23	Diploma
190	123	crisrina reves pimenta	Individual	00:35:27	Diploma
191	287	Sandra Mónica Farinha de Almeida	Individual	00:35:27	Diploma
192	309	Susana de Jesus Barros Ribeiro	Individual	00:35:27	Diploma
193	158	Vera Maria Leiria de Brito Sobral Gonçalves	Individual	00:35:33	Diploma
194	107	Maria do Ceu Ribeiro do Couto Loureiro	Individual	00:35:43	Diploma
195	154	Ana Bela Ribeiro Fernandes Morais	Individual	00:35:43	Diploma
196	289	Maria Fernanda de Oliveira	fitness worXers	00:35:46	Diploma
197	341	Claudia Lenhoff	Team Duo	00:35:46	Diploma
198	340	Evelyn Crawenhoff	Team Duo	00:35:46	Diploma
199	63	Carla Isabel Gomes	Amigos 4Run	00:35:52	Diploma
200	298	Ana Madureira Magalhães Prata	Individual	00:35:53	Diploma
201	76	Juanita Fernandes	Individual	00:35:56	Diploma
202	101	Ana Cristina Pontes	Individual	00:36:07	Diploma
203	245	Diana Sofia Domingos Matos	Individual	00:36:10	Diploma
204	282	PETRA BARROS	GINÁSIO ATIVAS	00:36:22	Diploma
205	258	Patricia Alexandra Almeida Pontes	Individual	00:36:25	Diploma
206	136	PATRICIA GONÇALVES	OS PINTOS	00:36:32	Diploma
207	130	Carla Jaime	Individual	00:36:35	Diploma
208	230	Vanda Sequeira	Individual	00:36:35	Diploma
209	105	Carla de Jesus Raposo	Individual	00:36:57	Diploma
210	116	Carla Susana Sousa Pinto Fernandes	Individual	00:36:57	Diploma
211	203	Ana Catarina Dinis Heliodoro	Individual	00:36:59	Diploma
212	343	Lia Maria Gomes de Andrade	Individual	00:37:01	Diploma
213	91	Filipa Morão de Castro de Carvalho	Individual	00:37:05	Diploma
214	197	ana paula arruda	Individual	00:37:23	Diploma
215	356	SONIA ISABEL PEREIRA COSTA	Individual	00:37:32	Diploma
216	357	MARIA LUISA P.P.TOMÁS	Individual	00:37:33	Diploma
217	19	Sónia Sousa	As Super	00:37:44	Diploma
218	277	CELIA CRISTINA CASACA SOARES	Individual	00:37:54	Diploma
219	297	Ana Mourão Correia	Individual	00:37:56	Diploma
220	59	Sara Cantiga	Amigos 4Run	00:38:10	Diploma
221	58	Sheila Cantiga	Amigos 4Run	00:38:11	Diploma
222	103	Paula Alexandra S. Lopes Macedo	Individual	00:38:12	Diploma
223	135	TANIA PINTO	OS PINTOS	00:38:17	Diploma
224	268	Carla Louçano	Individual	00:38:17	Diploma
225	113	MARIA SOFIA REBELO QUINTANS	Individual	00:38:35	Diploma
226	192	Solange Martins	Clube Vodafone	00:38:36	Diploma

227	114	Lurdes Madail	Individual	00:38:45	Diploma
228	249	Luísa Rodrigues Palma Rato Palmeira	Individual	00:38:47	Diploma
229	247	Ana Rita Costa Inácio Antunes Batalha	Individual	00:38:50	Diploma
230	15	maria joao fernandes simoes	Individual	00:39:20	Diploma
231	168	Sónia Sofia Matos Rodrigues Vaz	Individual	00:39:21	Diploma
232	12	Maria Manuela Saraiva Dias Ribeiro	Individual	00:39:46	Diploma
233	275	Mariana Durão	SMS	00:40:11	Diploma
234	276	Sónia Durão	SMS	00:40:11	Diploma
235	220	Raquel Reis	WE CAN	00:40:14	Diploma
236	189	Cláudia Sofia Filipe Rato	Individual	00:40:27	Diploma
237	321	Alexandra Matthys	Individual	00:40:40	Diploma
238	57	Ana Cristina Mendes Machado Canaveira	Individual	00:41:00	Diploma
239	225	Helena Guerra	Individual	00:41:00	Diploma
240	279	Sofia Antunes	Individual	00:41:05	Diploma
241	51	Carla Maria Dinis Mendes	Individual	00:41:11	Diploma
242	138	Inês Alexandra da Piedade Lopes Ferreira	Lopes	00:41:21	Diploma
243	244	Natalia Lopes	Individual	00:41:30	Diploma
244	273	Patrícia Alexandra Maia Medeiros	Individual	00:42:12	Diploma
245	48	Carla Sofia Geraldo Ferreira	Individual	00:42:18	Diploma
246	97	Catarina Isabel Dinis Francisco	Individual	00:42:18	Diploma
247	40	Rute Carla Gonçalves	Lotus	00:42:24	Diploma
248	266	Patricia Isabel Conceição Lopes Paulino	Individual	00:43:07	Diploma
249	366	Cátia Lima de Bessa	GD Banco BPI	00:43:11	Diploma
250	68	MARIA ESTELA MESQUITA CARVALHO SARDINHA	Individual	00:43:36	Diploma
251	146	Maria da Conceição Carvalho	As Espalha Brasas	00:43:47	Diploma
252	144	Lucia de Jesus Enes Espinheira	As Espalha Brasas	00:43:48	Diploma
253	145	Maria do Amparo Moutinho Machado	As Espalha Brasas	00:43:48	Diploma
254	313	Vera Garcia	G.D.R. São Francisco da Serra	00:44:02	Diploma
255	314	Susana Machado	G.D.R. São Francisco da Serra	00:44:02	Diploma
256	300	Regina da Silva Andrade	Individual	00:44:31	Diploma
257	334	ISAURA SANTOS	Individual	00:45:05	Diploma
258	251	Soraia Lisboa	Piruas	00:45:13	Diploma
259	252	Marina Henriques	Piruas	00:45:14	Diploma
260	148	Maria de Fátima Alberto	As Espalha Brasas	00:45:20	Diploma
261	338	Maria Manuela Martins Gomes Roque	Individual	00:45:28	Diploma
262	215	Sara Cruz	WE CAN	00:45:33	Diploma
263	115	Carla Sofia Lopes Bastos	Individual	00:45:42	Diploma
264	65	crisrina figueiredo brito	Individual	00:47:07	Diploma
265	90	Valia Davis	Individual	00:48:49	Diploma
266	166	Fernanda Ferreira	Grupo Desportivo Cimpor	00:49:10	Diploma
267	342	Maria Raquel Andrade Godinho	Individual	00:49:27	Diploma
268	344	Júlia Maria Rodrigues de Andrade	Individual	00:49:27	Diploma
269	218	Luisa Magalhães	WE CAN	00:49:12	Diploma
270	330	ANA M LOPES	Individual	00:50:48	Diploma
271	325	Ana Catarina dos Reis Carvalheira	Individual	00:50:49	Diploma
272	221	Vera Freitas	WE CAN	00:52:23	Diploma
273	222	Aemandina Nunes	WE CAN	00:53:26	Diploma
274	128	Maria Beatriz Peixoto	Individual	00:53:41	Diploma
275	242	Juliana Monteiro de Braz Mimoso	Individual	00:55:23	Diploma
276	349	Tânia Sofia Peres de Almeida	Individual	00:55:47	Diploma
277	360	Cátia Sofia Borges Moura	Individual	00:55:47	Diploma
278	71	Isaura da Cunha Martins	Individual	00:56:17	Diploma
279	70	Fátima Campos da Silva	Individual	00:56:18	Diploma
280	209	Emília Moreira	Individual	00:58:46	Diploma
281	96	Francisca Maria Mirotes Jorge	Individual	00:59:49	Diploma
282	173	vera lucia rodrigues alves	Individual	01:04:25	Diploma
283	73	Ana Cristina F. A. Lima da Silva	Individual	01:05:15	Diploma
284	74	Maria Ferreira Alves Lima	Individual	01:05:15	Diploma
285	170	Maria do Ceu Silva	PapaLéguas Team	01:06:31	Diploma
286	171	Conceição Duarte	PapaLéguas Team	01:06:35	Diploma
287	172	Maria do Carmo Alves	PapaLéguas Team	01:06:35	Diploma
288	75	Marina Cristina Silva Carvalho	Individual	01:07:00	Diploma
289	79	Cristina Maria Caetano Bento	Individual	01:08:12	Diploma
290	367	Matilde Mota Gil Alves	Individual	01:12:23	Diploma
291	318	Maria Teresa Miranda	MALTA FIXE	01:13:49	Diploma
292	331	AURORA PINTO	Individual	01:13:55	Diploma
293	333	MARIANA JANUARIO	Individual	01:13:55	Diploma
294	315	Maria José Neves Pacheco	MALTA FIXE	01:15:06	Diploma
295	316	Ana Cristina Marante Barbosa Neves	MALTA FIXE	01:15:07	Diploma
296	319	Elisabete Palma	MALTA FIXE	01:15:09	Diploma
297	317	Maria de Lurdes	MALTA FIXE	01:15:05	Diploma
298	132	Cláudia Rodrigues	Individual	01:15:50	Diploma
299	335	Maria Jose Braga	Individual	01:15:50	Diploma
300	336	Marta Braga	Individual	01:15:50	Diploma
301	133	Olga Amorim	Individual	01:16:02	Diploma
302	293	rita lopes martins	Individual	01:16:03	Diploma
303	185	Jill Domingos	Baker Power	01:19:52	Diploma
304	186	Brenda Domingos	Baker Power	01:19:52	Diploma
305	291	Sara Soares	fitness worXers	01:21:47	Diploma
306	219	Susana Fialho	WE CAN	01:22:09	Diploma
307	217	Paula Reis	WE CAN	01:22:12	Diploma
308	370	Maria Amélia Pacheco Ramos Niza	Individual	01:24:24	Diploma
309	371	Luydmyla Hilba	Individual	01:24:24	Diploma
310	261	Teresa Gonçalves Santos	Panteras Cor de Rosa	01:27:35	Diploma

311	265	Eugénia	Panteras Cor de Rosa	01:28:00	Diploma
312	283	ANA PAULA DOUTOR	GINÁSIO ATIVAS	01:28:21	Diploma
313	260	Teresa Caetano	Panteras Cor de Rosa	01:28:41	Diploma
314	259	Odete Gonçalves	Panteras Cor de Rosa	01:28:41	Diploma
315	55	Ana Rita António	Individual	01:29:10	Diploma
316	56	Ana Júlia António	Individual	01:29:45	Diploma
317	240	Claudia Amorim	Individual	01:29:45	Diploma
318	239	Ana Henrique	Individual	01:29:49	Diploma
319	361	Daniela Filipa Pereira Loureiro	Individual	01:32:46	Diploma
320	41	Maria Grade Ribeiro Dias Martins	Individual	01:34:30	Diploma
321	165	Ivete Alves	Grupo Desportivo Cimpor	01:35:01	Diploma
322	163	Maria do Rosário Vaz Peres	Grupo Desportivo Cimpor	01:35:02	Diploma
323	388	Sónia Figueiredo	Individual	01:35:12	Diploma
324	324	Ana Margarida Magalhaes	Equipa Carrondo	01:41:30	Diploma