



Classificação - 21 de Abril de 2013

Resultados

Ordem	Dorsal	Nome	Clube	Tempo Chip	Tempo Oficial	Diplomas
1	8	Jessica Borges Matos	Sport Lisboa e Benfica	00:17:22	00:17:24	Diploma
2	2	Liliana Alexandre	Sporting Clube de Portugal	00:18:55	00:18:57	Diploma
3	7	Maria de Fátima Teixeira da Silva Pinho	GRECAS	00:19:45	00:19:47	Diploma
4	4	Carina Pinho	GRECAS	00:20:26	00:20:28	Diploma
5	106	Alexandra Maria Silvestre Lamas	Individual	00:20:44	00:20:47	Diploma
6	429	Melissa Plácido Oliveira Maia	Núcleo Sportinguista da Golegã	00:21:03	00:21:05	Diploma
7	3	Raquel de Fátima Pinho Campos	Clube do Stress	00:21:25	00:21:27	Diploma
8	34	Isabel Rodrigues	Individual	00:21:39	00:21:39	Diploma
9	428	Ana Cristina Rosa Alcaçarenho	Núcleo Sportinguista da Golegã	00:21:39	00:21:41	Diploma
10	388	Kcénia Bougrova	Valejas Atlético Clube	00:21:47	00:21:50	Diploma
11	36	Ana Filipa Évora dos Santos Cordeiro	Individual	00:22:04	00:22:08	Diploma
12	489	Miriam Silva Lopes	AMINHACORRIDA.COM	00:22:31	00:22:31	Diploma
13	6	Ana Catarina Godinho Casteleiro	Sporting Clube de Portugal	00:22:36	00:22:38	Diploma
14	444	Lena Julia Cardoso	Individual	00:22:46	00:22:46	Diploma
15	5	Inês Duque Oliveira	Sporting Clube de Portugal	00:22:51	00:22:53	Diploma
16	95	PAULA FERNANDES	Individual	00:23:05	00:23:07	Diploma
17	33	Paula Lemos	Individual	00:23:32	00:23:35	Diploma
18	294	Rita Salgado Mendes Ferreira	Individual	00:23:43	00:24:00	Diploma
19	14	Iolanda Marisa Alexandre Batista	Individual	00:24:01	00:24:03	Diploma
20	398	Beatriz Fernandes	Clínica de Santa Madalena	00:24:16	00:24:16	Diploma
21	351	Julie chatelain	Individual	00:24:29	00:24:34	Diploma
22	38	SANDRA MARIA SANTOS CRUZ	Individual	00:24:35	00:24:40	Diploma
23	393	Sara Loureiro	Sporting Clube de Casinhos	00:24:38	00:24:44	Diploma
24	321	Sónia Alexandra Brandão	GD BancoBPI	00:24:39	00:24:44	Diploma
25	427	carla sofia almeida santos	Individual	00:24:28	00:24:47	Diploma
26	464	CLAUDIA SOFIA DA COSTA MORGADO FERNANDES	SIC	00:24:36	00:24:52	Diploma
27	182	Maria Manuela Cipriano Ramos Moreira	Individual	00:24:59	00:24:59	Diploma
28	257	Carla Alexandra Lopes	Individual	00:25:11	00:25:11	Diploma
29	201	Ana Rita Santos Abreu	Individual	00:25:20	00:25:24	Diploma
30	260	Itelvina Siqueira de Sousa Vicente Vidal	Individual	00:25:20	00:25:27	Diploma
31	407	Maria João Pires	EDOL	00:25:41	00:25:49	Diploma
32	120	Elena Iabanji	Individual	00:25:45	00:25:50	Diploma
33	198	Ana Filipa da Silva Ferreira	Individual	00:25:52	00:25:52	Diploma
34	118	Cláudia Sofia Sereno Vieira	Individual	00:25:50	00:25:56	Diploma
35	84	Tania Freitas Azevedo	Individual	00:26:05	00:26:17	Diploma
36	450	Ana Outeirinho	Individual	00:26:13	00:26:17	Diploma
37	194	MARIA DIAS MARTINS	Individual	00:26:16	00:26:18	Diploma
38	219	Laury Brierre	Individual	00:26:18	00:26:18	Diploma
39	197	Isabel Maria Morais Gonçalves Bué	Individual	00:26:17	00:26:26	Diploma
40	248	Andreia Faro Lourenço Magalhães	Individual	00:26:21	00:26:38	Diploma
41	356	Juliana Faria	Individual	00:26:24	00:26:41	Diploma
42	180	Corine Leal Nascimento	Individual	00:26:55	00:26:55	Diploma
43	167	Marta Morais Saraiva de Andrade	Individual	00:26:46	00:26:57	Diploma
44	293	Nogmaria Bastos de Freitas	Individual	00:27:01	00:27:01	Diploma
45	481	Ana Filipa dos Santos Queluz Rodrigues	Cheetahs	00:26:51	00:27:01	Diploma
46	478	Eliana Iria Luz Barreira	Individual	00:26:59	00:27:03	Diploma
47	308	Maria Céu Casaca	10 P`ras 11	00:26:57	00:27:05	Diploma
48	484	Maria de Lurdes dos Santos Maia	BodyTeam	00:27:04	00:27:07	Diploma
49	220	Sofia Lopes Monteiro	Individual	00:27:10	00:27:10	Diploma
50	307	Anabela Peres	10 P`ras 11	00:27:02	00:27:10	Diploma
51	348	Sabrina Goltsman	Individual	00:27:11	00:27:16	Diploma
52	71	Belina Pires	Individual	00:27:16	00:27:16	Diploma
53	224	Inês Catarina de Sales Ribeiro	Individual	00:26:56	00:27:17	Diploma
54	472	Vânia Veloso	MV Power	00:27:01	00:27:17	Diploma
55	330	Ana Margarida Borralho Barrela dos Santos	Individual	00:27:22	00:27:22	Diploma
56	318	Célia Magueijo	Fitipaldis	00:27:12	00:27:23	Diploma
57	286	Maria Carolina Roda	As Rodinhas	00:27:20	00:27:27	Diploma
58	305	Teresa Mendes	10 P`ras 11	00:27:20	00:27:27	Diploma
59	19	Sónia Maria Cardoso Figueiredo	Individual	00:27:10	00:27:31	Diploma
60	236	Rosa Maria Spínola de Viveirso	Individual	00:27:20	00:27:33	Diploma

61	476	Eva Isabel Lebreiro Costa	Individual	00:27:29	00:27:39	Diploma
62	314	Ana Cristina Gouveia Ferreira Pinto	Individual	00:27:43	00:27:47	Diploma
63	103	Ana Rita Raposo Duarte	Individual	00:27:40	00:27:50	Diploma
64	139	Liliana Parreira André	Individual	00:27:41	00:27:51	Diploma
65	129	Teresa Margarida do Souto Félix	Individual	00:27:51	00:27:51	Diploma
66	70	Cristina Benjamin	Individual	00:27:41	00:27:57	Diploma
67	199	Hirondina Alves da Silva Simões	Individual	00:27:57	00:28:01	Diploma
68	123	Andreia Cristina Vilarinho Flório	Individual	00:27:47	00:28:04	Diploma
69	500	Ana Rita Claro	Vivafit Povoá Santa Iria	00:28:05	00:28:05	Diploma
70	178	Elsa de Brito Alves Pereira Evangelista	Individual	00:27:51	00:28:09	Diploma
71	334	Mafalda Helena Cortez Mateus	Individual	00:28:00	00:28:10	Diploma
72	63	Fabiola Cabral	Individual	00:28:11	00:28:14	Diploma
73	93	Joana Fernandes Chouriço	Individual	00:28:15	00:28:15	Diploma
74	153	Rita Nunes	Equipa das Coxas	00:27:52	00:28:15	Diploma
75	135	Sandra Serra	Individual	00:28:09	00:28:16	Diploma
76	159	Carmen Neves Marques	Individual	00:28:16	00:28:16	Diploma
77	186	MARIA DE LURDES NUNES GONÇALVES	Individual	00:28:06	00:28:18	Diploma
78	371	Sara Dactília Almeida Rodrigues Alves Gomes	Individual	00:28:07	00:28:19	Diploma
79	138	Patrícia Manuela Martins Fernandes	Individual	00:28:04	00:28:24	Diploma
80	99	Ana Filipa Falcão Martins Batista Silva	Individual	00:28:27	00:28:27	Diploma
81	485	Cátia Santos	Individual	00:28:31	00:28:34	Diploma
82	306	Amélia Fernandes	10 P`ras 11	00:28:28	00:28:36	Diploma
83	149	Cristina Isabel paulo de la Cerda	Individual	00:28:26	00:28:37	Diploma
84	142	Mercedes Fonseca	As Super	00:28:34	00:28:38	Diploma
85	490			00:28:41	00:28:41	Diploma
86	239	Carmina de Jesus Almeida Pires Rega	Individual	00:28:37	00:28:42	Diploma
87	337	Marta Sofia Domingos da Silva Marques	Individual	00:28:27	00:28:44	Diploma
88	392	Bruna Alexandra Ribeiro Morais	Individual	00:28:41	00:28:45	Diploma
89	264	Maria Madalena Oliveira Ferreira	As Espalha Brasas	00:28:47	00:28:47	Diploma
90	190	Mariana Aires de Abreu	BB Ladies	00:28:48	00:28:48	Diploma
91	403	Fernanda Neves	EDOL	00:28:40	00:28:49	Diploma
92	49	Carla Alexandra Ferreira de Moura Morais	Individual	00:28:45	00:28:51	Diploma
93	238	claudia maria morgado sousa	Individual	00:28:35	00:28:51	Diploma
94	451	Marina Terceiro	EDOL	00:28:48	00:28:56	Diploma
95	473	Carolina Lopes	Individual	00:28:56	00:29:02	Diploma
96	406	Ana Catarina Faria	EDOL	00:29:02	00:29:02	Diploma
97	46	Carla Maria Dinis Mendes	Papa KM	00:29:03	00:29:03	Diploma
98	230	Dalila Maria Sousa Dinis Ruivo	Individual	00:29:04	00:29:04	Diploma
99	282	Paula Cristina Pinto Correia	Individual	00:29:00	00:29:04	Diploma
100	225	Filipa Plesman	Individual	00:28:43	00:29:05	Diploma
101	488	Teresa Moura	Individual	00:29:01	00:29:06	Diploma
102	416	Sabrina Marcelino de Sá	Individual	00:29:02	00:29:07	Diploma
103	350	Isabel Filipa Garcia Monteiro	Individual	00:28:50	00:29:12	Diploma
104	315	PAULA CRISTINA BARATA LEÃO	Individual	00:29:13	00:29:13	Diploma
105	69	Filipa Andreia e Sousa Queiroz	Individual	00:29:05	00:29:18	Diploma
106	177	Tatiana de Campos Antunes	Individual	00:29:18	00:29:18	Diploma
107	487	Marta Leite	MV Power	00:29:09	00:29:24	Diploma
108	493	Agnieszka Loureiro	Individual	00:29:12	00:29:24	Diploma
109	136	Susete Verissimo	Individual	00:29:25	00:29:25	Diploma
110	39	Sónia Patrícia Fernandes Teixeira	Individual	00:29:10	00:29:27	Diploma
111	341	Paula Marques Couto	Family Runners	00:29:34	00:29:34	Diploma
112	332	Vânia Sofia Cipriano Morais	Individual	00:29:31	00:29:36	Diploma
113	383	Ana Catarina Pires	Individual	00:29:19	00:29:36	Diploma
114	347	Tânia Raquel Rocha	Individual	00:29:40	00:29:40	Diploma
115	287	Ana Filipa Roda	As Rodinhas	00:29:41	00:29:41	Diploma
116	117	Ana Catarina Almeida de Sá	Individual	00:29:43	00:29:43	Diploma
117	461	Joana Isabel Tavares Rodrigues	SIC	00:29:45	00:29:45	Diploma
118	130	Maria Eugénia Isaias Rato Borracha	Individual	00:29:27	00:29:49	Diploma
119	145	Filipa Andreia Rocha Bicho	Individual	00:29:50	00:29:50	Diploma
120	479	Sara Batista	Individual	00:29:47	00:29:51	Diploma
121	112	Elsa Marisa Alves Sustelo Marianito Silva Nunes	Individual	00:29:40	00:29:51	Diploma
122	344	Ana Cristina Grilo Fialho	Individual	00:29:42	00:29:52	Diploma
123	399	Cláudia Rebelo	Clínica de Santa Madalena	00:29:43	00:29:53	Diploma
124	109	Ana Matos	Individual	00:29:36	00:29:53	Diploma
125	110	Mónica Rita da Piedade Henriques de Matos	Individual	00:29:54	00:29:54	Diploma
126	462	Maria Miguel Rodrigues Cabo	SIC	00:29:43	00:30:00	Diploma
127	131	Ana Raquel Rato Borracha	Individual	00:29:39	00:30:02	Diploma
128	48	catia virginia semedo ramos	Individual	00:29:48	00:30:03	Diploma
129	166	Cristina Garcia Franco Gabriel	Individual	00:29:36	00:30:03	Diploma
130	96	Patrícia Alexandra Simões Rocha	Individual	00:29:46	00:30:04	Diploma
131	421	Viktoria Wagner	Individual	00:30:09	00:30:09	Diploma
132	463	Joana Filipa Martins da Silva	SIC	00:29:53	00:30:09	Diploma
133	13	Raquel Cristina Gonçalves	f1r de lotus	00:29:56	00:30:10	Diploma
134	11	maria joão fernandes simões	Individual	00:30:11	00:30:11	Diploma
135	361	Maria Inês Gomes da Conceição Arrenega	Individual	00:30:02	00:30:13	Diploma
136	312	Ana Paula Silva	Individual	00:30:04	00:30:18	Diploma
137	335	Filipa Alexandra Gonçalves Torres	Individual	00:30:14	00:30:20	Diploma
138	209	Filomena Oliveira	Individual	00:30:22	00:30:22	Diploma
139	77	Cristina Portugal	Individual	00:30:14	00:30:23	Diploma
140	87	Anabela Antunes Gomes Taco Matias	Individual	00:30:02	00:30:25	Diploma
141	284	Nidia Silva	Individual	00:30:22	00:30:26	Diploma
142	68	Marta Maria Santos Miranda de Sousa	Individual	00:30:22	00:30:27	Diploma
143	346	Maria de Azevedo Martins	Individual	00:30:29	00:30:29	Diploma
144	179	Sonia Margaret Esteves Velosa	Individual	00:30:06	00:30:31	Diploma

145	273	Paula Cristina Correia Coelho da Silva	Individual	00:30:19	00:30:32	Diploma
146	10	Maria da Conceição Figueiredo da Cunha	Individual	00:30:31	00:30:34	Diploma
147	394	Elisabeth Loureiro	Sporting Clube de Casinhos	00:30:28	00:30:35	Diploma
148	331	Maria José C.R. de Carvalho	Individual	00:30:36	00:30:36	Diploma
149	495	Anna Costa Baleijko	Individual	00:30:28	00:30:39	Diploma
150	168	MARIA JOÃO SANTOS SCHRECK	Individual	00:30:40	00:30:40	Diploma
151	480	Maria Paula dos Santos Queluz	Cheetahs	00:30:30	00:30:41	Diploma
152	148	Maria de Lurdes da Costa da Silva Frutuoso	Individual	00:30:39	00:30:43	Diploma
153	65	Inês Mendes Paulo	Individual	00:30:44	00:30:44	Diploma
154	121	Claire VAZQUEZ	Mère	00:30:30	00:30:45	Diploma
155	122	Sylvie VAZQUEZ	Mère	00:30:45	00:30:45	Diploma
156	213	Tania Guerreiro	Individual	00:30:46	00:30:46	Diploma
157	158	Patrícia Cardoso Santos	Individual	00:30:48	00:30:48	Diploma
158	379	Teresa Martins	Individual	00:30:34	00:30:48	Diploma
159	431	Daniela Filipa Pintassilgo Miranda	Individual	00:30:49	00:30:49	Diploma
160	281	Maria Jesuína Esperança Pombo Fortunato Correia	Individual	00:30:44	00:30:56	Diploma
161	29	Ana-Alice Simões Pereira	Individual	00:30:49	00:30:56	Diploma
162	362	Ana Rita Silva Lino	Individual	00:30:39	00:30:56	Diploma
163	72	Paula Cristina Peixoto dos Santos	Bucha e Estica	00:30:53	00:30:59	Diploma
164	483	Íris Patrícia Maia da Silva	BodyTeam	00:30:58	00:31:02	Diploma
165	141	Joana Filipa Paulo Santos	Individual	00:30:55	00:31:07	Diploma
166	243	Helena Brás	XPTOS	00:31:08	00:31:08	Diploma
167	328	Maria Fátima Guia	S S Caixa Geral Depósitos	00:31:10	00:31:10	Diploma
168	413	Sofia Manso	Individual	00:30:51	00:31:13	Diploma
169	447	Mayla Esller Escandor	Individual	00:31:12	00:31:15	Diploma
170	419	Ana Sofia Marques da Ressurreição	Individual	00:31:17	00:31:17	Diploma
171	397	Célia Maria Catarino	Individual	00:31:17	00:31:17	Diploma
172	342	Rita Marques Couto	Family Runners	00:31:09	00:31:18	Diploma
173	486	Helena Cristina da Silva Oliveira	Individual	00:31:13	00:31:18	Diploma
174	474	Eliana Silva	Individual	00:31:13	00:31:19	Diploma
175	498	Patrícia dos Reis	SIC	00:31:18	00:31:23	Diploma
176	291	Sara Isabel Ferreira Branco	Individual	00:31:08	00:31:23	Diploma
177	352	SUSANA RAQUEL DUARTE	Individual	00:31:20	00:31:23	Diploma
178	482	Ana Paula Martins Caetano	Individual	00:31:03	00:31:23	Diploma
179	283	Carla Jaime	Individual	00:31:19	00:31:25	Diploma
180	222	Kelly Cristina Chiaro Scapol	Individual	00:31:24	00:31:26	Diploma
181	378	Paula Martins	Individual	00:31:13	00:31:27	Diploma
182	86	Carla Raposo	Individual	00:31:23	00:31:29	Diploma
183	221	Maria Teresa Correia Dias da Guia graça	Individual	00:31:17	00:31:30	Diploma
184	183	Helena Cláudia Ferenandes Figueiredo e Sousa Pissarra	Individual	00:31:22	00:31:31	Diploma
185	155	Sara Lopes	Individual	00:31:16	00:31:32	Diploma
186	343	Joana Isabel Moreira Fonseca	Individual	00:31:34	00:31:34	Diploma
187	119	Ana Paula dos Santos Vitorino Jorge	Individual	00:31:31	00:31:35	Diploma
188	499	Helena Isabel dos Santos Ribeiro	Clube PT	00:31:30	00:31:44	Diploma
189	457	Ana Sofia Reis Barata Mendes	SIC	00:31:41	00:31:47	Diploma
190	32	Débora Marina Alexandre Baptista	Individual	00:31:45	00:31:48	Diploma
191	459	Anabela Pereira Lopes Rodrigues	SIC	00:31:43	00:31:48	Diploma
192	232	Maria Carolina de Sales Ribeiro	Individual	00:31:28	00:31:49	Diploma
193	366	Isabel Maria Rodrigues Leitão Tomé Gaspar	Individual	00:31:45	00:31:50	Diploma
194	151	Alexandra Oliveira	Equipa das Coxas	00:31:29	00:31:52	Diploma
195	59	Helena Martins	Estefaneas	00:31:30	00:31:53	Diploma
196	435	Filipa Marcelo	Trio Maravilha	00:31:30	00:31:53	Diploma
197	494	Agnieszka Krawiec	Individual	00:31:53	00:31:53	Diploma
198	300	Carla Diogo	Green Family	00:31:32	00:31:54	Diploma
199	340	Anabela Reis Marques	Family Runners	00:31:46	00:31:55	Diploma
200	299	Alexandra Centeno	Green Family	00:31:33	00:31:55	Diploma
201	51	Micaela de Fátima Monteiro Lizardo	Individual	00:31:56	00:31:56	Diploma
202	189	ines villa nova rodrigues	Individual	00:32:11	00:32:11	Diploma
203	169	MARIE ROSE GONZALEZ VALDEBENITO	Individual	00:32:03	00:32:12	Diploma
204	152	Sandra Moreira	Equipa das Coxas	00:32:12	00:32:12	Diploma
205	212	Elisabete Pinto	Individual	00:32:14	00:32:25	Diploma
206	137	Maria da Ressurreição Preto Martins Fernandes	Individual	00:32:17	00:32:26	Diploma
207	301	Cristina Ramos	Green Family	00:32:08	00:32:29	Diploma
208	338	Sandra Isabel Gaspar Vicente	Individual	00:32:23	00:32:33	Diploma
209	105	Ana Resende	Individual	00:32:22	00:32:35	Diploma
210	108	Vanessa Delgado	Individual	00:32:11	00:32:35	Diploma
211	205	Natalia Lopes	Individual	00:32:27	00:32:36	Diploma
212	107	Silvina Mateus	Individual	00:32:36	00:32:36	Diploma
213	40	Luisa Maria Gomes Coelho Gonçalves Machado Rodrigues	Individual	00:32:40	00:32:45	Diploma
214	390	Claudia Sofia Pinho Paulino	Individual	00:32:23	00:32:46	Diploma
215	424	Liliana Isabel Cardoso Guerra	Individual	00:32:48	00:32:57	Diploma
216	449	Marta Nunes Ribeiro	Individual	00:32:48	00:32:57	Diploma
217	24	Carla Simões	Individual	00:32:57	00:32:57	Diploma
218	45	Patrícia Susana Moreira Martins Teixeira	Individual	00:32:45	00:32:58	Diploma
219	372	carla alexandra monteiro da silva	Individual	00:32:43	00:32:59	Diploma
220	64	Ana Carla Lourenço Mendes Paulo	Individual	00:33:13	00:33:13	Diploma
221	355	Sofia Catarina Fernandes de Sousa Terrão	Individual	00:33:14	00:33:14	Diploma
222	94	Joana D' Arc Chouriço	Individual	00:33:19	00:33:19	Diploma
223	396	Belén de Vicente	Individual	00:33:10	00:33:22	Diploma
224	285	Maria Leonor Azevedo	Individual	00:33:17	00:33:29	Diploma
225	171	Ana Martin Garcia	As destemidas	00:33:29	00:33:29	Diploma
226	185	LILIAN YURI KATO	Individual	00:33:29	00:33:29	Diploma
227	170	Teresa Alexandra dos Santos Mariano Pego	As destemidas	00:33:30	00:33:30	Diploma
228	434	Rita Jorge Pinheiro	Individual	00:33:22	00:33:32	Diploma

229	184	Tatiana Corotnean	Individual	00:33:29	00:33:35	Diploma
230	192	Rute Alves Pereira	BB Ladies	00:33:35	00:33:35	Diploma
231	217	Filipa Raquel Pereira	Individual	00:33:38	00:33:38	Diploma
232	278	Laura Ferreira Albino	Individual	00:33:41	00:33:44	Diploma
233	43	Ana Rita Monteiro Ferreira	Team Sapor	00:33:27	00:33:46	Diploma
234	146	Maria Isabel serras Moucho	Individual	00:33:41	00:33:46	Diploma
235	296	Ana Mafalda Calçada Marques Vicente	Individual	00:33:46	00:33:46	Diploma
236	247	Ana Paula das Neves Soveral Albuquerque	Individual	00:33:52	00:33:52	Diploma
237	104	Cristina Caeiro	Individual	00:33:55	00:33:55	Diploma
238	433	Rita Margarida Gomes Pinheiro	Individual	00:33:48	00:33:57	Diploma
239	28	Inês Barradas	Individual	00:33:41	00:33:57	Diploma
240	420	Georgia O'Flaherty Agoas	Individual	00:33:39	00:33:59	Diploma
241	231	Adozinda da Conceição Abrunhosa Borrego Rito	Individual	00:34:07	00:34:07	Diploma
242	246	Carmen Silvia Simões Pais Parada Pinto	Individual	00:33:44	00:34:08	Diploma
243	391	Sandra Cristina de Almeida Vieira Rodrigues	Individual	00:33:58	00:34:11	Diploma
244	208	Claudia Silva Lopes	Individual	00:33:53	00:34:12	Diploma
245	389	Catarina Ferreira	Team Sapor	00:33:55	00:34:13	Diploma
246	309	Teresa Margarida Almeida Queitano	Individual	00:34:05	00:34:17	Diploma
247	61	LUISA MARIA RIBEIRO FALÉ DA COSTA	Individual	00:34:20	00:34:20	Diploma
248	258	Patricia Teixeira Costa	Individual	00:34:00	00:34:21	Diploma
249	147	Laura Maria Castanheira Marques Allard	Individual	00:34:04	00:34:26	Diploma
250	448	Marcela Coronado	Individual	00:34:32	00:34:32	Diploma
251	415	Maria Helena Marcelino de Sá	Individual	00:34:27	00:34:33	Diploma
252	422	Alexandra Sofia Machado dos Olmos	Individual	00:34:39	00:34:39	Diploma
253	15	Susana Margardia Miranda Lopes	Individual	00:34:44	00:34:44	Diploma
254	290	Monica Sofia Marques	Individual	00:34:44	00:34:44	Diploma
255	52	Ángela dos Reis e Moura de Branco Malveiro	Individual	00:34:28	00:34:47	Diploma
256	89	Mafalda Sofia Carvalho	Individual	00:34:43	00:34:50	Diploma
257	88	Maria Lino Cruz	Individual	00:34:43	00:34:50	Diploma
258	90	Andreia Sofia Cruz	Individual	00:34:41	00:34:50	Diploma
259	418	Ana Raposo Lima	Run 4 Tennis	00:34:36	00:35:02	Diploma
260	124	Susana Tavares	5 Mulheres Fantásticas!!	00:34:42	00:35:03	Diploma
261	210	Sara Rebelo	Individual	00:35:06	00:35:06	Diploma
262	408	soraia leonor carriço do carmo	Individual	00:34:50	00:35:10	Diploma
263	303	Antónia Maria Reis Machado	Individual	00:35:16	00:35:22	Diploma
264	395	ANA MARGARIDA VITAL RAMOS	Individual	00:35:22	00:35:22	Diploma
265	206	Karen Berman	Individual	00:34:58	00:35:23	Diploma
266	157	Iruenia Soraya Bonfim de Oliveira	Individual	00:35:12	00:35:25	Diploma
267	292	Ana Simões	Individual	00:35:26	00:35:26	Diploma
268	98	Naísa Pamplona Carneiro	Individual	00:35:31	00:35:31	Diploma
269	432	Cristina Duarte	Individual	00:35:10	00:35:34	Diploma
270	163	Magda Lourenço	Individual	00:35:17	00:35:35	Diploma
271	111	Rita Maria Vieira de Carvalho	Individual	00:35:30	00:35:37	Diploma
272	417	Ana Pereira da Costa	Run 4 Tennis	00:35:11	00:35:37	Diploma
273	437	Carla Marcelo	Trio Maravilha	00:35:15	00:35:38	Diploma
274	102	Conceição Monteiro Raposo Duarte	Individual	00:35:32	00:35:40	Diploma
275	497	Ana da Matta	Individual	00:35:20	00:35:41	Diploma
276	376	Joana Nunes	Individual	00:35:42	00:35:42	Diploma
277	336	Ana Margarida Morgado Cascalheira Marçal Vieira	Individual	00:35:36	00:35:44	Diploma
278	439	Joana Teigas de Almeida	Individual	00:35:46	00:35:46	Diploma
279	354	Elaine Cristina Vieira	Individual	00:35:48	00:35:48	Diploma
280	25	Claudia Alexandra Carvalho Abelho	As Manas	00:35:34	00:35:49	Diploma
281	375	Catarina Nunes	Individual	00:35:51	00:35:51	Diploma
282	364	Anne-Sophie Lenhoff	Individual	00:35:30	00:35:52	Diploma
283	125	Sandra Oliveira	5 Mulheres Fantásticas!!	00:35:37	00:35:56	Diploma
284	128	Patricia Rosa	5 Mulheres Fantásticas!!	00:35:36	00:35:56	Diploma
285	144	Isabel Maria Duarte Rosa	Individual	00:35:35	00:36:01	Diploma
286	203	Patricia Jesus	Individual	00:35:42	00:36:01	Diploma
287	204	Ana Bela Ferreira	Individual	00:35:42	00:36:01	Diploma
288	302	Andreia Sofia AleGarcia	Individual	00:36:00	00:36:03	Diploma
289	140	Ana Cabral	Individual	00:35:37	00:36:04	Diploma
290	477	CARLA SOFIA MARINHO DE FREITAS	Individual	00:36:09	00:36:09	Diploma
291	272	Maria Manuela R M Coelho	Individual	00:36:04	00:36:09	Diploma
292	414	ANABELA DA CONCEIÇÃO VALENTIM	GRUPO CENTRALMED	00:35:54	00:36:13	Diploma
293	17	Maria Fernanda lopes Simões Leitão	Individual	00:36:13	00:36:16	Diploma
294	295	Tânia Aguiar Valente	Individual	00:36:03	00:36:17	Diploma
295	349	Beatriz da Silva Cracel	Individual	00:36:09	00:36:18	Diploma
296	73	Marisa dos Santos Miranda	Bucha e Estica	00:36:14	00:36:20	Diploma
297	133	Charlotte Morton Johnsor	Roca Gameiro Amadora	00:36:19	00:36:27	Diploma
298	164	Eduarda Teodoro	Individual	00:36:33	00:36:33	Diploma
299	85	Carla Morais	Individual	00:36:28	00:36:35	Diploma
300	134	Fernanda Maria Sousa Palma	Individual	00:36:37	00:36:37	Diploma
301	410	Ana Diz	Individual	00:36:15	00:36:38	Diploma
302	353	Liliana Martins	Individual	00:36:18	00:36:39	Diploma
303	62	FILIPA ANDREIA FALÉ DA COSTA	Individual	00:36:40	00:36:40	Diploma
304	26	Brigida Maria de Carvalho	As Manas	00:36:33	00:36:48	Diploma
305	56	Petra Kessler	Individual	00:36:41	00:36:52	Diploma
306	101	Isabel Caldeira Silva	Individual	00:36:39	00:36:54	Diploma
307	310	Cristina Maria Tavares Figueira	Individual	00:36:55	00:36:55	Diploma
308	367	April Loureiro	Finsolutia	00:37:01	00:37:01	Diploma
309	91	Juliya Sydor	Individual	00:36:57	00:37:13	Diploma
310	240	Rute Isabel Pereira da Silva Lopes	Individual	00:37:06	00:37:13	Diploma
311	241	Paula Alexandra Bernardo Pereira da Silva Lopes	Individual	00:37:06	00:37:13	Diploma
312	92	Olena Berezovska Louren♦o	Individual	00:36:59	00:37:15	Diploma

313	27	Cláudia Rato	Individual	00:37:20	00:37:38	Diploma
314	235	Lúcia Botas	Individual	00:37:49	00:37:49	Diploma
315	360	Maria Lúcia Faria	Individual	00:37:33	00:37:51	Diploma
316	54	Maria Rita Alves Alhandra	Individual	00:37:53	00:37:53	Diploma
317	269	Elisabete Miguens Ribeiro Grilo	As Espalha Brasas	00:37:39	00:37:53	Diploma
318	271	Catarina Centeno Ferreira Duarte	Individual	00:37:59	00:37:59	Diploma
319	339	Raquel Maria Afonso Santos	Individual	00:38:02	00:38:02	Diploma
320	442	Ana Raquel Marques Dias	Individual	00:37:46	00:38:04	Diploma
321	443	Rita Andreia Capelinha Barras	Individual	00:37:52	00:38:05	Diploma
322	365	Claudia Lenhoff	Individual	00:37:47	00:38:09	Diploma
323	288	Ana Isabel Torres	Individual	00:38:02	00:38:22	Diploma
324	252	Mafalda Isabel Siquenique Abreu	Individual	00:38:22	00:38:25	Diploma
325	455	Sandra Isabel Caetano Neves	SIC	00:38:28	00:38:28	Diploma
326	411	Ana Raquel Costa	Individual	00:38:07	00:38:30	Diploma
327	456	Maria da Luz Moura Pereira	SIC	00:38:36	00:38:36	Diploma
328	436	Natércia Rodrigues	Trio Maravilha	00:38:37	00:38:37	Diploma
329	363	Ana Maria Quaresma da Silva Lino	Individual	00:38:42	00:39:01	Diploma
330	470	Alexandra Boavida Pires	Clinica Santa Madalena	00:39:03	00:39:03	Diploma
331	471	Mariana Boavida Pires	Clinica Santa Madalena	00:39:03	00:39:03	Diploma
332	193	Liliana Santos	BB Ladies	00:38:39	00:39:05	Diploma
333	181	Jenny Greensmith	Individual	00:39:05	00:39:05	Diploma
334	468	Rita Henriques Costa dos Santos Ramos	SIC	00:39:18	00:39:18	Diploma
335	412	Sofia Mimoso	Individual	00:38:55	00:39:18	Diploma
336	430	Marta Andreia Pais Carrasco	Individual	00:39:27	00:39:27	Diploma
337	244	Sónia Costa	XPTOS	00:39:35	00:39:35	Diploma
338	132	Lucinda Lopes Henriques	Roca Gameiro Amadora	00:39:29	00:39:37	Diploma
339	279	Mónica Marina Amaro Martins	Mãe e Filha	00:39:37	00:39:37	Diploma
340	280	Marina Ferreira Amaro	Mãe e Filha	00:39:38	00:39:38	Diploma
341	37	celia maria gomes da silva semedo	Individual	00:39:42	00:39:42	Diploma
342	250	Maria de Fátima Marques de Freitas Martins	Individual	00:39:33	00:39:47	Diploma
343	249	Janete de Freitas Martins	Individual	00:39:33	00:39:47	Diploma
344	143	Sónia Sousa	As Super	00:39:46	00:39:50	Diploma
345	380	ANA RITA PALMA	GDCT UNICRE	00:39:51	00:39:51	Diploma
346	381	SARA MIGUÉIS	GDCT UNICRE	00:39:32	00:39:51	Diploma
347	382	ANA MARGARIDA RODRIGUES	GDCT UNICRE	00:39:32	00:39:52	Diploma
348	200	Rosa Maria Oliveira Santos Abreu	Individual	00:39:55	00:39:55	Diploma
349	256	Luciana Pereira	LiLu	00:39:42	00:39:59	Diploma
350	173	Vanessa Rute Ramalho Martins	Individual	00:39:47	00:39:59	Diploma
351	255	Liliana Brás	LiLu	00:39:40	00:39:59	Diploma
352	191	Ariana Gonçalves	BB Ladies	00:40:08	00:40:08	Diploma
353	304	Inês Quintão Saraiva	Individual	00:40:08	00:40:08	Diploma
354	259	Inês Marcial Tavares	Individual	00:40:18	00:40:18	Diploma
355	53	Ana Cristina Rodrigues Domingues	Individual	00:40:25	00:40:25	Diploma
356	97	Vanessa Isabel Rua Salvado	Individual	00:40:09	00:40:25	Diploma
357	66	ADELIA MADEIRA	Individual	00:40:38	00:40:38	Diploma
358	83	Mervany Aguillera	Individual	00:40:48	00:40:48	Diploma
359	214	Patricia Goncalves	Individual	00:40:41	00:40:53	Diploma
360	75	Maria Gloria Marta	Individual	00:40:52	00:40:59	Diploma
361	387	Cristina Pita	Individual	00:40:59	00:40:59	Diploma
362	21	Liliana Cruz	Individual	00:40:59	00:40:59	Diploma
363	311	EUNICE DE FÁTIMA PEREIRA FERREIRA	Individual	00:41:03	00:41:03	Diploma
364	228	Maria do Mar Hermoso Serrano	Individual	00:41:06	00:41:06	Diploma
365	227	Ana Cristina Hermoso Serrano	Individual	00:41:07	00:41:07	Diploma
366	113	ANA ISABEL A MARQUES GONCALVES	CLUBE MILLENNIUM BCP	00:41:11	00:41:14	Diploma
367	30	Madeleine Jane Tasker	Individual	00:41:41	00:41:41	Diploma
368	12	Rute Carla Gonçalves	fIrr de lotus	00:41:26	00:41:42	Diploma
369	298	Carlota Da Graça Macedo Sequeira Oliveira	Individual	00:41:27	00:41:52	Diploma
370	373	Susana Ramos	Individual	00:41:57	00:42:08	Diploma
371	22	Conceição de Brito Deira	Individual	00:42:15	00:42:15	Diploma
372	402	Maria Susete Marques	EDOL	00:42:42	00:42:42	Diploma
373	401	Ana Paula Passinhas	EDOL	00:42:43	00:42:43	Diploma
374	325	Maria Celeste Silva	Runner worXers	00:42:54	00:42:54	Diploma
375	47	Rosa Maria Banon Miranda	Papa KM	00:43:02	00:43:02	Diploma
376	215	Gloria Goncalves	Individual	00:43:05	00:43:05	Diploma
377	440	Andréia di Paula	Fisioterapia Andréia di Paula	00:42:46	00:43:08	Diploma
378	441	Ana Leite	Fisioterapia Andréia di Paula	00:42:45	00:43:08	Diploma
379	202	Gisela Serrano Fadista Simões	Individual	00:43:11	00:43:11	Diploma
380	226	Maria Carolina da Horta Cravosa	Individual	00:43:11	00:43:11	Diploma
381	55	Olga Jeznach	Individual	00:43:22	00:43:22	Diploma
382	229	Veronika Charvatova	Individual	00:43:28	00:43:28	Diploma
383	368	Carla Vieira	Finsolutia	00:43:32	00:43:32	Diploma
384	156	Ana Rita de Sequeira Rosado	Individual	00:43:41	00:44:01	Diploma
385	31	Maria Manuela Gonçalves Martinho dos Santos	Individual	00:44:37	00:44:37	Diploma
386	369	Margot Lopez	Finsolutia	00:44:59	00:44:59	Diploma
387	370	Raquel Escola	Finsolutia	00:45:00	00:45:00	Diploma
388	268	Maria da Conceição Carvalho	As Espalha Brasas	00:44:48	00:45:01	Diploma
389	266	Lucia de Jesus Enes Espinheira	As Espalha Brasas	00:44:47	00:45:01	Diploma
390	265	Patricia Oliveira Ferreira	As Espalha Brasas	00:44:47	00:45:02	Diploma
391	267	Maria do Amparo Moutinho Machado	As Espalha Brasas	00:44:49	00:45:03	Diploma
392	270	Maria Fátima Alberto	As Espalha Brasas	00:44:55	00:45:08	Diploma
393	452	Celina de Jesus Almeida Dion	SIC	00:45:12	00:45:12	Diploma
394	454	Ana Carina Almeida Duarte	SIC	00:45:12	00:45:12	Diploma
395	254	Maria Gorete Mota da Silva	Individual	00:47:37	00:47:37	Diploma
396	277	Maria Manuela Martins Gomes Roque	Individual	00:48:28	00:48:32	Diploma

397	323	Maria Augusta Moreira	Runner worXers	00:48:33	00:48:33	Diploma
398	76	Liliana Marta	Individual	00:48:38	00:48:47	Diploma
399	242	Luisa Tomás	XPTOS	00:49:12	00:49:12	Diploma
400	245	Paula Lourenço	XPTOS	00:49:12	00:49:12	Diploma
401	400	Maria do Rosário	100% Fit Club	00:48:56	00:49:15	Diploma
402	126	Criatina Mano	5 Mulheres Fantásticas!!	00:49:24	00:49:24	Diploma
403	423	Élodie Caroline Brito Vaz	Individual	00:50:17	00:50:17	Diploma
404	42	Juliana Lourenço Antunes	Team Sapor	00:49:59	00:50:18	Diploma
405	316	Ana Margarida Lopes	Fitipaldis	00:50:27	00:50:37	Diploma
406	317	Raquel Sequeira	Fitipaldis	00:50:28	00:50:38	Diploma
407	160	Luísa Morais	As Morais	00:50:44	00:50:55	Diploma
408	161	Fátima Morais	As Morais	00:50:55	00:50:55	Diploma
409	385	Genoveva Mordomo Dias Santos	Individual	00:51:05	00:51:30	Diploma
410	329	eufrasina silva alves lima	Individual	00:51:07	00:51:31	Diploma
411	333	Marília Teresa Mendes Pereira Gonçalves	Individual	00:51:07	00:51:32	Diploma
412	187	Natalia	Individual	00:54:55	00:54:55	Diploma
413	176	Eulália Carvalho	Individual	00:55:23	00:55:23	Diploma
414	358	Margarida Miranda Ferreira	Individual	00:56:54	00:56:54	Diploma
415	357	Catarina Ferreira	Individual	00:56:36	00:56:55	Diploma
416	359	Maria Madalena Varzim Faria	Individual	00:56:37	00:56:56	Diploma
417	324	Sara Soares	Runner worXers	00:59:23	00:59:23	Diploma
418	326	Teresa Magalhães	Runner worXers	00:59:24	00:59:24	Diploma
419	188	Joana Amélia de Jesus Freitas Rêgo	Individual	00:59:41	00:59:41	Diploma
420	78	Maria Paula Namora	Individual	00:59:53	00:59:53	Diploma
421	79	Catarina Namora	Individual	01:00:08	01:00:08	Diploma
422	80	Catarina Freitas	Individual	01:00:09	01:00:09	Diploma
423	116	EUNICE ISABEL RODRIGUES PIRES ROSA	CLUBE MILLENNIUM BCP	01:03:24	01:03:24	Diploma
424	425	Maria Manuela de S. G. Matos de Mendonça Santos	Individual	01:04:10	01:04:10	Diploma
425	426	Maria Antónia Almeida Santos	Individual	01:04:11	01:04:11	Diploma
426	384	Sandra Brito Pereira	Individual	01:04:38	01:04:38	Diploma
427	322	Helena Marques	Runner worXers	01:06:59	01:06:59	Diploma
428	253	Olinda Santos	Individual	01:10:49	01:10:49	Diploma
429	67			01:11:07	01:11:07	Diploma
430	345	Sofia Inês Fidalgo Vicente	Individual	01:11:07	01:11:07	Diploma
431	276	Marian Meulenber	Geit neet besjiteit neet	01:17:15	01:17:15	Diploma
432	275	Wanda Meulenber Costa Macedo	Geit neet besjiteit neet	01:17:15	01:17:15	Diploma
433	211	Ana Gardillo Caldera	Individual	01:19:25	01:19:25	Diploma
434	58	Anabela Mourão	Estefaneas	01:21:54	01:21:54	Diploma
435	60	Lourdes Matias	Estefaneas	01:21:57	01:21:57	Diploma
436	262	Elaine Araújo	Estefaneas	01:22:13	01:22:13	Diploma
437	263	Helena Amores	Estefaneas	01:22:14	01:22:14	Diploma
438	320	Tânia Sofia Oliveira Gomes	Individual	01:25:00	01:25:00	Diploma
439	319	Inês Gonçalves Gomes Matos Silva	Individual	01:25:03	01:25:03	Diploma
440	162	Ana de Jesus Pereira Figueira Henrique	Individual	01:26:09	01:26:09	Diploma
441	327	Maria Carolina Medeiros Reis Pires Dias	Individual	01:31:39	01:31:39	Diploma