



Classificação Provisória - 06 de Abril de 2014

Classificação Final

Ordem	Dorsal	Nome	Clube	Tempo Intermédio	Tempo Oficial	Diplomas
1	295	Raquel Trabuco	Individual	00:08:41	00:17:37	Diploma
2	3	Sara Pinho	Sport Lisboa e Benfica	00:08:50	00:17:50	Diploma
3	2	Jessica Matos	Sport Lisboa e Benfica	00:08:57	00:17:56	Diploma
4	4	Liliana Alexandre	Sporting Clube de Portugal	00:09:05	00:18:30	Diploma
5	1	Sandra Soares Teixeira	Sporting Clube de Portugal	00:09:19	00:18:43	Diploma
6	443	Mónica Moreiras	Individual	00:09:28	00:18:52	Diploma
7	5	Fatima Pinho	Grecas	00:09:32	00:19:20	Diploma
8	343	LUCILIA SOARES	S L Benfica	00:09:45	00:19:30	Diploma
9	11	Katarina Elisabeth Larsson	Sporting Clube de Portugal	00:10:05	00:19:48	Diploma
10	473	Alexandra Patrícia Sebastião Pires	Individual	00:10:20	00:20:38	Diploma
11	296	Kcénia Bougrova	Individual	00:10:24	00:20:48	Diploma
12	300	Ana Catarina Mouralinho Machado	Individual	00:10:32	00:21:17	Diploma
13	8	Ines Oliveira	Sporting Clube de Portugal	00:10:38	00:21:21	Diploma
14	6	Carina Pinho	Grecas	00:10:45	00:21:26	Diploma
15	7	Ana Catarina Godinho Casteleiro	Sporting Clube de Portugal	00:10:51	00:21:34	Diploma
16	177	Virgínia Maria da Conceição Monteiro Pereira	Individual	00:11:21	00:22:02	Diploma
17	128	Paula Lemos	Garmin Clube Olímpico de Oeiras	00:11:23	00:22:07	Diploma
18	10	Tamara Alexandra Henriques Branco	Sporting Clube de Portugal	00:11:48	00:22:37	Diploma
19	102	PAULA FERNANDES	Individual	00:11:50	00:22:52	Diploma
20	468	Monica Popa	Individual	00:11:29	00:23:00	Diploma
21	230	Alfreda Maria Dimas Rocha	Individual	00:12:03	00:23:01	Diploma
22	467	Susana Redondo	Individual	00:12:17	00:23:01	Diploma
23	176	julie chatelain	Individual	00:12:03	00:23:05	Diploma
24	441	Ana Sílvia Alves Sobreirs	Individual	00:12:13	00:23:13	Diploma
25	101	Micaela Abreu Vieira	Individual	00:12:39	00:23:49	Diploma
26	113	deolinda pinheiro	Individual	00:12:25	00:23:59	Diploma
27	116	Iolanda Marisa Alexandre Batista	Individual	00:12:31	00:24:01	Diploma
28	266	Fernanda Nunes	CRD Arrudense	00:13:05	00:24:04	Diploma
29	229	Mónica Lousada	Individual	00:12:34	00:24:10	Diploma
30	277	Vanice aparecida gomes	Individual	00:12:57	00:24:33	Diploma
31	274	Filipa Pegarinhos	Individual	00:12:38	00:24:34	Diploma
32	328	ANA PAULA FONSECA REIS	Individual	00:12:01	00:24:34	Diploma
33	31	Clara Isabel Raimundo	Individual	00:12:43	00:24:37	Diploma
34	13	Ana Soraia Goncalves Ferreira Gomes	Sporting Clube de Portugal	00:12:55	00:25:11	Diploma
35	12	Ana Isabel Mendes Lopes	Sporting Clube de Portugal	00:12:55	00:25:11	Diploma
36	329	ANA RITA FONSECA REIS	Individual	00:11:43	00:25:17	Diploma
37	265	Inês Arrenega	CRD Arrudense	00:13:06	00:25:20	Diploma
38	490	Juliane Schieke	Individual	00:13:07	00:25:26	Diploma
39	395	Carla Sofia Grilo Oliveira Marques	SAUGELLA	00:13:18	00:25:31	Diploma
40	184	CORINNE NASCIMENTO	Individual	00:13:19	00:25:50	Diploma
41	80	Carla Isabel da Cunha Lopes	Individual	00:13:36	00:25:52	Diploma
42	410	Olga Marlene da Torre Carvalho	BANCO BIG	00:13:39	00:25:54	Diploma
43	351	Marta Anselmo	Individual	00:13:25	00:25:57	Diploma
44	448	Adriana Turenschi	Individual	00:13:53	00:25:58	Diploma
45	464	Andrea Luisa Marques Lopes	Individual	00:13:55	00:26:11	Diploma
46	287	Magda Neiva	Individual	00:13:57	00:26:16	Diploma
47	338	Maria Felizardo	2NOSTOP	00:13:36	00:26:17	Diploma
48	281	Ana Silva	Associação GD Academia do Korpo	00:13:56	00:26:17	Diploma
49	76	Sónia M C Figueiredo	Individual	00:13:56	00:26:18	Diploma
50	374	Filipa Alexandra Mendes Ponciano	FARMOZ	00:13:50	00:26:19	Diploma
51	339	Cláudia Ribeiro	2NOSTOP	00:13:46	00:26:25	Diploma
52	286	Cheila Susana Neiva Mussá	Individual	00:13:56	00:26:33	Diploma
53	216	Sofia Cardoso	Individual	00:13:48	00:26:35	Diploma
54	319	Carla Maria Dinis Mendes	Banoninhas	00:14:00	00:26:47	Diploma
55	424	Teresa Isabel Rendeiro Raimundo	BANCO BIG	00:14:11	00:26:50	Diploma
56	170	Sandra Maria Ferreira da Costa Triães	Individual	00:14:17	00:26:54	Diploma
57	449	Ana Cecília de Almeida Coelho	Individual	00:14:21	00:26:56	Diploma
58	110	Ana Lúcia Gonçalves de Oliva Mota	Individual	00:14:01	00:27:00	Diploma
59	394	Ana Catarina Ramalhosa Azevedo Silva	SAUGELLA	00:13:46	00:27:10	Diploma

60	334	Helena Silva	GD Cimpor	00:14:27	00:27:12	Diploma
61	20	Francisca Fortes	LINDA A PASTORA SPORTING CLUBE	00:14:16	00:27:13	Diploma
62	332	Goreti Fernandes	GD Cimpor	00:14:27	00:27:15	Diploma
63	450	ANA FILIPA ROSA FERNANDES	Individual	00:14:17	00:27:17	Diploma
64	197	Eva Joana Domingos Alves	UNIV NOVA	00:14:18	00:27:17	Diploma
65	268	Sónia Domingos	Aero Runners	00:14:29	00:27:37	Diploma
66	455	Alcina Porto	Individual	00:14:33	00:27:42	Diploma
67	96	Micaela Susana Santos Reis	Individual	00:14:19	00:27:52	Diploma
68	243	Tânia Trindade	FF Forever	00:14:40	00:27:53	Diploma
69	333	Fatima Fernandes	GD Cimpor	00:15:00	00:27:56	Diploma
70	310	Nikolett Riz	Individual	00:15:19	00:27:58	Diploma
71	55	Joana Fernandes Chouriço	Individual	00:15:01	00:27:59	Diploma
72	342	Ania Vitorino	Cut and Run	00:14:31	00:28:00	Diploma
73	97	Maria de Lurdes Matos Alves	Individual	00:14:41	00:28:02	Diploma
74	88	Maria Amelia Coelho Coutinho	Individual	00:14:42	00:28:03	Diploma
75	371	Sara Oliveira de Cristo e Silva	EMEL	00:15:00	00:28:13	Diploma
76	304	Paula Cristina Correia Coelho-da-Silva	Individual	00:15:28	00:28:16	Diploma
77	284	Carmina Jesus Almeida Pires Rega	Individual	00:14:54	00:28:20	Diploma
78	120	Maria de Lurdes Nunes Gonçalves	Individual	00:14:21	00:28:22	Diploma
79	276	Rute Alexandra Almeida Gomes	Individual	00:14:59	00:28:23	Diploma
80	432	Ana de Jesus Martins de Almeida Marques	Individual	00:15:10	00:28:28	Diploma
81	254	Joana M Fonseca	Correr Lisboa	00:15:06	00:28:30	Diploma
82	41	Teresa Fonseca Santo	Individual	00:15:35	00:28:33	Diploma
83	273	Ana Santos	Individual	00:14:43	00:28:36	Diploma
84	104	Filipa da Costa Teixeira	Oeiras Sport Clube	00:15:03	00:28:39	Diploma
85	292	Altina Rodrigues da Fonseca Cravid Gaspar	Individual	00:15:11	00:28:41	Diploma
86	169	Carla Susana Carvalho	Individual	00:15:08	00:28:42	Diploma
87	165	ISABEL MARIA COSTA BAPTISTA RORIGUES	Individual	00:15:10	00:28:42	Diploma
88	166	Rosa Falarido	Individual	00:15:09	00:28:46	Diploma
89	30	Cristina Maria Carmo Lavrador	Individual	00:14:52	00:28:49	Diploma
90	291	HELENA ESTEVINHA	Individual	00:15:24	00:28:50	Diploma
91	94	Ana Rita Raposo Duarte	Individual	00:15:20	00:28:52	Diploma
92	226	Joana Roque	Individual	00:14:57	00:28:52	Diploma
93	405	Maria Ines Castanheira Carapinha	BANCO BIG	00:14:58	00:28:57	Diploma
94	75	Maria da Conceição Piçarra Carneiro da Silva Bica	Individual	00:15:07	00:29:01	Diploma
95	232	Marta Cristina dos Santos Cantante	Individual	00:14:58	00:29:01	Diploma
96	60	Ana Margarida Torres Correia Barrelas	Individual	00:15:23	00:29:02	Diploma
97	56	Filipa Fernandes Chouriço	Individual	00:15:04	00:29:04	Diploma
98	311	Helena Isabel dos Santos Ribeiro	CLUBE PT	00:15:13	00:29:05	Diploma
99	316	Joana Pereira Vaz Beja Baptista	Individual	00:15:06	00:29:07	Diploma
100	388	Rita Macana	VANISH	00:15:05	00:29:11	Diploma
101	241	LINDALVA MARIA DA SILVA	Individual	00:15:04	00:29:12	Diploma
102	474	Teresa Félix	Individual	::	00:29:13	Diploma
103	327	Petra Marques	Women @ Page	00:16:08	00:29:13	Diploma
104	269	Ana Gonçalves	Aero Runners	00:15:46	00:29:14	Diploma
105	260	Isabel Maria Morais Gonçalves Bue	Individual	00:15:15	00:29:16	Diploma
106	64	Anabela Antunes Gomes Taco Matias	Individual	00:15:32	00:29:16	Diploma
107	182	Joaquina Marques	As Purpurinas	00:16:05	00:29:20	Diploma
108	375	Joana Sacramento Barreto Rodrigues Lopes	FARMOZ	00:15:37	00:29:26	Diploma
109	306	verónica alexandra sardineiro simões	Individual	00:15:33	00:29:27	Diploma
110	359	Debora Marina Alexandre Baptista	AIRFRANCE	00:15:34	00:29:27	Diploma
111	39	Maria Helena Fonseca Alexandre	Individual	00:15:28	00:29:27	Diploma
112	438	Rute Isabel Costa Juvandes Cardoso	Individual	00:15:32	00:29:27	Diploma
113	373	Ana Lucia Elias da Conceicao	FARMOZ	00:15:21	00:29:30	Diploma
114	123	Nádia Solange Madeira Da Mota Batista	Individual	00:15:58	00:29:33	Diploma
115	472	Nikolett EKE	Individual	00:15:19	00:29:33	Diploma
116	49	Juliana Costa	Individual	00:15:45	00:29:36	Diploma
117	352	Conceição Vaz	Individual	00:15:16	00:29:36	Diploma
118	48	Sofia Alves	Individual	00:15:50	00:29:36	Diploma
119	140	Carla Alexandra Aniceto Pinto	Individual	00:15:58	00:29:39	Diploma
120	367	Etinilda Semedo Ramos	COMBINED INSURANCE	00:16:00	00:29:41	Diploma
121	363	Carla Beja	CEPSA	00:15:51	00:29:41	Diploma
122	98	Maria Conceição Silva	Individual	00:15:54	00:29:41	Diploma
123	70	Maria Madalena Ferreira	Individual	00:16:12	00:29:43	Diploma
124	223	Luisa Alexandra Guerra Santos	Individual	00:15:18	00:29:46	Diploma
125	62	Marta Maria Santos Miranda Sousa	Individual	00:15:44	00:29:50	Diploma
126	29	Hirondina Alves da Silva Simões	Individual	00:15:43	00:29:52	Diploma
127	168	crisrina Isabel Fernandes Pereira	Individual	00:15:53	00:29:54	Diploma
128	278	Veronica Palomba	Individual	00:15:38	00:29:55	Diploma
129	167	patricia alexandra da silva nunes	Individual	00:15:53	00:29:55	Diploma
130	350	lucy liu	Individual	00:15:37	00:29:56	Diploma
131	180	Paula Antunes	As Purpurinas	00:16:05	00:29:57	Diploma
132	239	Mariana Cristina Vinagre dos Santos Gil	Individual	00:15:36	00:30:01	Diploma
133	248	Anabela Semedo Tavares	Individual	00:16:15	00:30:07	Diploma
134	331	Elisangela Maria Santos	Individual	00:16:28	00:30:13	Diploma
135	282	Daniela Teixeira	Associação GD Academia do Korpo	00:15:30	00:30:14	Diploma
136	340	Ondina Teodoro	Cut and Run	00:16:30	00:30:15	Diploma
137	275	Susana Isabel Pinto de Almeida Mesquita	Individual	00:16:15	00:30:17	Diploma
138	52	Tânia Alexandra Ramos Lopes	Individual	00:16:07	00:30:22	Diploma
139	141	Marta Beatriz Bastos Leocádio	Individual	00:15:46	00:30:26	Diploma
140	125	Fabiola Cabral	Individual	00:15:46	00:30:27	Diploma
141	364	Sofia Bizarro	CEPSA	00:15:46	00:30:30	Diploma
142	42	Carla Jesus Raposo	Individual	00:16:00	00:30:33	Diploma

143	219	Natalia Lopes	Individual	00:16:34	00:30:40	Diploma
144	108	Carla Alexandra F.Moura Morais	Individual	00:16:12	00:30:42	Diploma
145	259	Ana Rita Saldanha	Individual	00:16:24	00:30:45	Diploma
146	181	Catarina Silva	As Purpurinas	00:15:54	00:30:46	Diploma
147	392	Barbara Patricia Rodrigues Sa Marques	ESSILOR	00:16:14	00:30:46	Diploma
148	335	Inês Lima Cardoso	Individual	00:16:49	00:30:49	Diploma
149	69	ana carla angelo	Individual	00:15:42	00:30:50	Diploma
150	53	maria joao fernandes simoes	Individual	00:15:55	00:30:53	Diploma
151	301	Andreia Isabel Fernandes Andrade Clemente	Individual	00:16:04	00:30:54	Diploma
152	208	Fernanda Filipa da Costa Rosa	UNIV NOVA	00:16:14	00:30:54	Diploma
153	205	Joana Rita Faria Ramalho	UNIV NOVA	00:16:15	00:30:54	Diploma
154	161	M. Alice Pereira	Persistentes	00:19:43	00:30:55	Diploma
155	204	Ines Isabel Marques Pereira	UNIV NOVA	00:16:15	00:30:56	Diploma
156	270	Ana Seabra	Aero Runner s	00:16:17	00:30:56	Diploma
157	47	Eunice Oliveira	Individual	00:16:47	00:30:57	Diploma
158	46	Ana Sofia António	Individual	00:16:47	00:30:57	Diploma
159	54	Joana D'Arc Chourico	Individual	00:16:14	00:30:58	Diploma
160	264	Marisa Nobre	Individual	::	00:31:02	Diploma
161	393	Marta Susana Rodrigues Sa	ESSILOR	00:16:13	00:31:03	Diploma
162	218	Patrícia Carla Perestrello Paixão Palma Miranda	Individual	00:16:17	00:31:06	Diploma
163	236	Barbara Perestrello Paixao Palma Miranda	Individual	00:16:25	00:31:08	Diploma
164	126	Ana Rita Clemente Ferrito	Individual	00:16:45	00:31:12	Diploma
165	16	Maria Oliveira Gordo	Individual	00:16:40	00:31:19	Diploma
166	403	Maria Collares Pereira Almaca	BANCO BIG	00:16:11	00:31:19	Diploma
167	212	Barbara Silva Abreu	UNIV NOVA	00:16:28	00:31:19	Diploma
168	83	Silvia Nunes	Individual	00:16:31	00:31:19	Diploma
169	66	Ana Maria Lucas Barão	Individual	00:16:39	00:31:22	Diploma
170	114	Carlota Maria Marques da Silva Pereira	Individual	00:16:45	00:31:22	Diploma
171	253	Filipa Vieira Guerra Cardoso de Menezes Simões do Couto	Individual	00:16:50	00:31:25	Diploma
172	456	Simone Fernandes Delgado	Individual	00:16:04	00:31:27	Diploma
173	244	Sónia Melo	FF Forever	00:16:37	00:31:31	Diploma
174	103	Elisabete Ramos da Costa Alves Teixeira	Oeiras Sport Clube	00:16:24	00:31:36	Diploma
175	210	Diana Raquel Passos Vila-Cha	UNIV NOVA	00:16:28	00:31:37	Diploma
176	32	Ana-Alice Simões Pereira	Individual	00:16:40	00:31:38	Diploma
177	73	Nidia Silva	Individual	00:16:36	00:31:38	Diploma
178	302	MARIA INÊS MARTINS ADAGÓI	Individual	00:16:57	00:31:41	Diploma
179	297	Catarina Vaz Pinto Barahona de Almeida	Individual	00:16:42	00:31:41	Diploma
180	78	Jessica Auxiliadora Moreira Gonçalves	Individual	00:16:20	00:31:42	Diploma
181	91	ISABEL SILVA MENDES CANAS FILIPE	Individual	00:16:48	00:31:43	Diploma
182	372	Ana Sofia de Morais Guerra	EMEL	00:16:27	00:31:45	Diploma
183	90	Maria Margarida Duarte Turras Guilherme	Individual	00:16:19	00:31:46	Diploma
184	89	Ana Cristina Semedo Tavares	Individual	00:16:19	00:31:47	Diploma
185	118	Joana Frazão Lopes Vieira Vaz	Individual	00:17:29	00:31:49	Diploma
186	233	Brígida Clélia Rodrigues Brandão	Individual	00:17:25	00:31:56	Diploma
187	65	Maria Manuela Robalo Mateus Coelho	Individual	00:17:21	00:32:14	Diploma
188	34	MARIA LEONOR P. M. AZEVEDO	Individual	00:17:23	00:32:24	Diploma
189	43	Sofia Alexandra Batista Ruivo Fernandes	Individual	00:16:48	00:32:29	Diploma
190	19	Dora Isabel Colaco Baltazar	Individual	00:16:41	00:32:33	Diploma
191	18	Ana Maria Cardoso Monteiro	Individual	00:16:40	00:32:33	Diploma
192	437	Sara Cláudia Duarte Marinho	Individual	00:17:14	00:32:34	Diploma
193	225	ana maria almeida	Individual	00:17:26	00:32:37	Diploma
194	155	Cristina Loureiro	Persistentes	00:19:42	00:32:38	Diploma
195	283	Maria do Rosário Pires	Associação GD Academia do Korpo	00:17:26	00:32:53	Diploma
196	87	Meagan Carty	Individual	00:16:37	00:32:54	Diploma
197	323	Marta Amaro Machado	Individual	00:16:20	00:32:55	Diploma
198	187	Ana Isabel Costa Mestre	UNIV NOVA	00:17:09	00:32:59	Diploma
199	200	Diana Dulce da Silva Amorim	UNIV NOVA	00:17:08	00:32:59	Diploma
200	86	Joana Pedro	Individual	00:17:13	00:33:00	Diploma
201	25	Rosa Maria Brandão Gameiro	Individual	00:17:22	00:33:07	Diploma
202	341	Elvira Jose	Cut and Run	00:17:12	00:33:10	Diploma
203	237	Isabel Maria Simões Timóteo Lucas	Individual	00:17:28	00:33:12	Diploma
204	179	Maria Odete de Jesus Augusto da Rosa	Individual	00:18:14	00:33:14	Diploma
205	347	RAQUEL INES MARTINS LEITAO DE MATOS AMBROSIO	Individual	00:17:32	00:33:15	Diploma
206	173	Tatiana Silva	Women @ Page	00:17:15	00:33:18	Diploma
207	303	MARIA TERESA ALVES DOS SANTOS MARTINS ADAGÓI	Individual	00:18:06	00:33:20	Diploma
208	142	DULCE MARIA ROSA BRITES	Individual	00:18:27	00:33:38	Diploma
209	379	Ines Alves Portela Batista Pinto	FARMOZ	00:16:52	00:33:43	Diploma
210	293	Susana Costa Ramalho	Individual	00:17:35	00:33:47	Diploma
211	442	Cátia Isabel Teixeira Horta	Individual	00:17:03	00:33:52	Diploma
212	193	Ana Carolina Costa Amorim	UNIV NOVA	00:17:45	00:33:55	Diploma
213	353	paula alexandra matos silva	Individual	00:18:03	00:33:56	Diploma
214	326	Dina Maria Santos Lima Cardoso	Individual	00:17:49	00:34:02	Diploma
215	261	Liliana Ferraz	Individual	00:17:51	00:34:05	Diploma
216	188	Maria Rita Alves Alhandra	UNIV NOVA	00:18:10	00:34:06	Diploma
217	462	Marta Sofia Fernandes Neto Parra da Costa Madeira	Individual	00:18:08	00:34:07	Diploma
218	195	Marina da Silva Teixeira	UNIV NOVA	00:17:46	00:34:10	Diploma
219	247	Carla Maria Gonçalves Pires Chrystello	Individual	00:17:38	00:34:12	Diploma
220	57	EUNICE DE FÁTIMA PEREIRA FERREIRA	Individual	00:17:34	00:34:14	Diploma
221	222	ROSA MARIA JESUS ALVES MIRANDA REIS	Individual	00:18:16	00:34:14	Diploma
222	40	Cláudia Paula Tamem Bento	Individual	00:19:07	00:34:14	Diploma
223	406	Carolina Albardeiro Santana	BANCO BIG	00:17:36	00:34:20	Diploma
224	124	Maria Isabel Serras Moucho	Individual	00:18:02	00:34:21	Diploma
225	434	catarina reis	Individual	00:18:30	00:34:22	Diploma
226	391	Rita Costa	VANISH	00:17:31	00:34:25	Diploma

227	227	Ana Marta Ferreira	Individual	00:18:23	00:34:25	Diploma
228	242	Sandra Tinoco	FF Forever	00:18:18	00:34:25	Diploma
229	235	Cátia Alexandra Pereira Gomes	Individual	00:20:23	00:34:26	Diploma
230	417	Sara Sousa	BANCO BIG	00:18:06	00:34:26	Diploma
231	21	Catarina Magalhães Simão	Individual	00:18:27	00:34:27	Diploma
232	357	Celia Maria Gomes da Silva Semedo	AIRFRANCE	00:18:04	00:34:27	Diploma
233	81	Sara Zorro Oliveira	Individual	00:17:53	00:34:30	Diploma
234	330	Maria Emilia Cerqueira Janela	Individual	00:17:58	00:34:31	Diploma
235	68	Carla Maria José Jacinto Barrocas	Individual	00:18:38	00:34:31	Diploma
236	252	Maria Teresa Veloso Marçal	Individual	00:18:07	00:34:34	Diploma
237	345	ANA RITA CORREIA GOMES DIAS	Individual	00:18:17	00:34:37	Diploma
238	77	Elisabete Antunes	GDCT Unicre	00:17:30	00:34:38	Diploma
239	112	Maria Augusta Goncalves	Individual	00:17:55	00:34:39	Diploma
240	290	FOCK YIOT WAN CHIU	CLUBE MILLENNIUM BCP	00:19:04	00:34:41	Diploma
241	445	Teresa Catarina Ramos Santos Faria	Individual	00:17:47	00:34:51	Diploma
242	444	Anabela Fialho Pinto	Individual	00:17:47	00:34:51	Diploma
243	318	Joana Rebelo Simões	Individual	00:18:41	00:34:55	Diploma
244	263	Teresa Sofia Galamba Ferreira	Individual	00:18:59	00:35:00	Diploma
245	446	Vânia Maria Oliveira Godinho	Individual	00:17:47	00:35:08	Diploma
246	407	Madalena Coelho da Rocha	BANCO BIG	00:18:42	00:35:08	Diploma
247	117	Joelma Vieira Alves Afonso	Individual	00:18:11	00:35:11	Diploma
248	194	Vanessa Sofia Martins Lopes	UNIV NOVA	00:18:16	00:35:11	Diploma
249	312	Liliana Raquel Correia Moreira	CLUBE PT	00:18:22	00:35:11	Diploma
250	191	Iana Lychko	UNIV NOVA	00:18:17	00:35:11	Diploma
251	136	Mariana Almeida	Individual	00:18:13	00:35:12	Diploma
252	74	Maria Madalena Amorim	Individual	00:18:40	00:35:14	Diploma
253	454	Sara Carmo	Individual	00:19:06	00:35:15	Diploma
254	93	Conceicao Monteiro Raposo Duarte	Individual	00:19:37	00:35:49	Diploma
255	425	Daniela Sequeira Pinto	BANCO BIG	00:18:45	00:35:52	Diploma
256	361	Ana Margarida Coelho Fiuza	AIRFRANCE	00:18:45	00:35:53	Diploma
257	362	Rita Osorio de Castro Iberico Nogueira	AIRFRANCE	00:18:44	00:35:53	Diploma
258	369	Ana Carina Castanho Gomes	COMBINED INSURANCE	00:19:17	00:35:58	Diploma
259	198	Claudia Alexandra Tormenta Palma	UNIV NOVA	00:19:00	00:35:59	Diploma
260	190	Susana Teresa Antunes Martinho	UNIV NOVA	00:19:00	00:36:00	Diploma
261	408	Margarida Lobo de Vasconcellos Garcia	BANCO BIG	00:19:05	00:36:05	Diploma
262	358	Francisca Oliveira Costa Ferreira	AIRFRANCE	00:18:27	00:36:06	Diploma
263	67	Carla Sofia da Cruz Barrocas Furtado	Individual	00:19:22	00:36:12	Diploma
264	447	Joana Ventura	Individual	00:18:34	00:36:15	Diploma
265	36	Beatriz da Silva Cracel	Individual	00:19:07	00:36:24	Diploma
266	17	Maria Joao Rodrigues	Individual	00:19:00	00:36:35	Diploma
267	72	Carla Jaime	Individual	00:18:13	00:36:41	Diploma
268	308	Antonia Machado	Individual	00:19:31	00:36:44	Diploma
269	314	Gabriela Santos Rodrigues Ramos	CLUBE PT	00:19:35	00:36:45	Diploma
270	309	Maria Fernanda Lopes Simões Leitão	Individual	00:19:33	00:36:45	Diploma
271	144	Joana Barata	Individual	00:19:34	00:36:46	Diploma
272	71	Elisabete Grilo	Individual	00:19:01	00:36:48	Diploma
273	451	Marta Nunes Delisle Ferreira	Individual	00:19:02	00:36:52	Diploma
274	377	Raquel Gomes Feio Sobral sequeira	FARMOZ	00:19:22	00:36:56	Diploma
275	313	Carla Marina de Almeida Ribeiro Tavares	CLUBE PT	00:18:41	00:37:00	Diploma
276	383	Anabela Bastos	FARMOZ	00:21:44	00:37:06	Diploma
277	423	Maria Joao Pereira Figueiredo	BANCO BIG	00:19:55	00:37:07	Diploma
278	470	Cláudia Marina Campos Farias	Individual	00:20:11	00:37:08	Diploma
279	145	Carolina de Almeida Cabral Barata	Individual	00:19:20	00:37:11	Diploma
280	321	Sofia Taborda	Matatinhas	00:20:30	00:37:15	Diploma
281	257	Cláudia Sequeira	Individual	00:19:16	00:37:17	Diploma
282	322	Sofia Piedade	Matatinhas	00:20:29	00:37:23	Diploma
283	146	Madalena de Almeida Cabral Barata	Individual	00:17:39	00:37:29	Diploma
284	148	Joan Wilson	Dream Team	00:18:09	00:37:33	Diploma
285	51	Maria Joao Sousa Antunes Estevão	Individual	00:19:42	00:37:38	Diploma
286	149	Sofia Silva	Dream Team	00:18:09	00:37:38	Diploma
287	171	Ana Isabel Paiva Marques	Individual	00:20:10	00:37:39	Diploma
288	491	Zara Himmelreich	Individual	00:19:48	00:37:41	Diploma
289	201	Sofia Margarida Gancho Galharda	UNIV NOVA	00:19:39	00:37:47	Diploma
290	33	Carla Alexandra Domingues Vieira	Individual	00:19:29	00:37:53	Diploma
291	294	Olivia Freitas	Individual	00:16:08	00:37:55	Diploma
292	355	Rita Alexandra Rao da Piedade Maria	AIRFRANCE	00:19:48	00:37:59	Diploma
293	245	Rosa Fernandes	FF Forever	00:19:36	00:38:03	Diploma
294	196	Raquel Ferreira Dutra	UNIV NOVA	00:19:39	00:38:05	Diploma
295	258	Catarina Farinha	Individual	00:19:57	00:38:09	Diploma
296	279	Teresa Maria Bento Poeiras Mesquita	Individual	00:20:00	00:38:09	Diploma
297	317	Andreia Carina Gomes Cardoso	Individual	00:19:16	00:38:10	Diploma
298	421	Joana Rosa Rodrigues Pinto e Silva	BANCO BIG	00:22:42	00:38:13	Diploma
299	231	Ana Lurdes de Sousa Pacheco Soares	Individual	00:20:18	00:38:13	Diploma
300	35	Ana Cristina Hermoso Serrano	Individual	00:19:46	00:38:13	Diploma
301	354	Ana Patricia de Carvalho Costa Soares Neves	AIRFRANCE	00:19:57	00:38:14	Diploma
302	79	Maria Jose Goncalves Maia Ferreira	Individual	00:19:51	00:38:21	Diploma
303	429	Eliane Arjonai	BANCO BIG	00:24:44	00:38:25	Diploma
304	376	Sandra Luisa de Sousa Lourenco	FARMOZ	00:19:54	00:38:25	Diploma
305	411	Yara Fabiana Torres Matias	BANCO BIG	00:20:56	00:38:27	Diploma
306	412	Vera Moreira	BANCO BIG	00:20:55	00:38:32	Diploma
307	418	Francisca Fortuna	BANCO BIG	00:20:57	00:38:33	Diploma
308	471	Ana Luísa Melo Carreiro	Individual	00:20:24	00:38:55	Diploma
309	121	PAULA CRISTINA CANAS SILVA COSTA	Individual	00:20:47	00:39:13	Diploma
310	159	Sara Lobo	Persistentes	00:22:47	00:39:13	Diploma

311	189	Ana Luisa Goncalves Neves Gomes	UNIV NOVA	00:20:17	00:39:14	Diploma
312	127	SUSANA PADESCA	Individual	00:20:49	00:39:40	Diploma
313	324	Elsa marisa Rosario Costa	Individual	00:21:59	00:39:48	Diploma
314	439	Ana Sofia Cruz	POF's	00:26:00	00:40:14	Diploma
315	440	Joana Moedas Marques	POF's	00:25:59	00:40:14	Diploma
316	465	Ecomard	Individual	00:23:50	00:40:17	Diploma
317	203	Sara Ernestina Pereira Ribeiro	UNIV NOVA	00:20:54	00:40:34	Diploma
318	348	MARISA ISABEL COELHO DOS SANTOS	Individual	00:22:08	00:41:12	Diploma
319	400	Maria Odete da Silva Maravilha Moreira	BANCO BIG	::	00:41:14	Diploma
320	435	Alexandra Cristina Fernandes Santana Franco	Individual	00:23:37	00:41:15	Diploma
321	436	Maria José Mestre Pereira dos Santos	Individual	00:23:37	00:41:32	Diploma
322	147	Rita Correia	Individual	00:21:04	00:41:44	Diploma
323	37	Maria do Mar Hermoso Serrano	Individual	00:22:03	00:42:02	Diploma
324	389	Renata Monteiro Costa	VANISH	00:22:33	00:42:11	Diploma
325	336	Ana Filipa Martins Morgado	Individual	00:25:51	00:42:16	Diploma
326	325	Sara Isabel Ferreira Branco	Individual	00:25:51	00:42:16	Diploma
327	139	Susana Alexandra Coelho Duarte	Individual	00:21:11	00:42:19	Diploma
328	138	Elisabeth Gomes	Individual	00:21:10	00:42:20	Diploma
329	122	SONIA MARGARET ESTEVES VELOSA	Individual	00:20:49	00:42:21	Diploma
330	433	Paula Alexandra Martins de Almeida Catanho	Individual	00:21:52	00:42:21	Diploma
331	134	Gabriela Maria Fernandes Nogueira	Individual	00:20:49	00:42:22	Diploma
332	427	Goreti Cabeleira	BANCO BIG	00:25:48	00:42:33	Diploma
333	137	Elsa Margarida Boita Maximiano	Individual	00:28:21	00:42:35	Diploma
334	349	MARIA DE FATIMA CASTELO FORTUNATO DOS SANTOS	Individual	00:22:08	00:42:38	Diploma
335	366	Patricia de Lurdes Gomes de Figueiredo Dias Patricio	COMBINED INSURANCE	00:26:08	00:42:40	Diploma
336	428	Alexandra Sofia Forte	BANCO BIG	00:25:48	00:42:51	Diploma
337	346	ANDREIA FILIPA NEPOMUCENO MAGALHAES	Individual	00:22:07	00:42:56	Diploma
338	228	Margarida Sousa Jorge	Individual	00:22:46	00:43:22	Diploma
339	119	Sónia de Almeida Tomás Gonçalves	Individual	00:22:17	00:43:25	Diploma
340	390	Thawane Reis	VANISH	00:22:33	00:43:27	Diploma
341	414	Mariana de Almeida Garcia	BANCO BIG	00:22:39	00:43:30	Diploma
342	15	Maria Rita Soares Mendes	Individual	00:22:28	00:43:40	Diploma
343	431	Eufrasina da Silva Alves Lima	Individual	00:23:13	00:44:16	Diploma
344	337	Marília Teresa Mendes Pereira Gonçalves	Individual	00:23:14	00:44:16	Diploma
345	409	Maria Joao Serra	BANCO BIG	::	00:44:22	Diploma
346	271	Filipa Ferreira de Oliveira R. Simoes	Just Us	00:23:35	00:44:59	Diploma
347	272	Margarida C. Ferreira de Oliveira Simoes	Just Us	00:23:35	00:44:59	Diploma
348	135	Ana Castro	Individual	00:21:25	00:45:17	Diploma
349	163	M. João Silva	Persistentes	00:28:03	00:45:22	Diploma
350	150	Graciete Evaristo Inácio	Individual	00:29:37	00:45:45	Diploma
351	85	Ana Dias	Individual	00:22:58	00:45:55	Diploma
352	370	Elisabete Ramos	COMBINED INSURANCE	00:24:48	00:46:26	Diploma
353	453	Carla Patricia Guerreiro Piteira	Individual	00:19:02	00:46:55	Diploma
354	469	Cátia Guerreiro Ledo Mendes	Individual	00:19:02	00:46:55	Diploma
355	419	Claudia Claro	BANCO BIG	00:25:10	00:47:11	Diploma
356	415	Mariana de Almeida	BANCO BIG	00:25:09	00:47:11	Diploma
357	107	Inês Isabel Ferreira Barros	Oeiras Sport Clube	00:25:39	00:48:24	Diploma
358	105	Joana Isabel Pequeno Oliveira	Oeiras Sport Clube	00:25:39	00:48:27	Diploma
359	154	Carla Rodrigues	Persistentes	00:31:52	00:48:44	Diploma
360	307	Maria Leonor da Silva Sardinheiro Simões	Individual	00:25:20	00:48:58	Diploma
361	382	Veronica Solfica Capela	FARMOZ	::	00:49:31	Diploma
362	463	MARIA MANUELA MARTINS GOMES ROQUE	Individual	00:26:34	00:49:42	Diploma
363	385	Mariana Peniche	FARMOZ	::	00:49:47	Diploma
364	384	Natercia Amate	FARMOZ	::	00:49:49	Diploma
365	63	Lídia Aderneira	Individual	00:26:32	00:49:57	Diploma
366	133	Ana Rita das Neves Pinheiro	Individual	00:24:23	00:50:31	Diploma
367	106	Vanda Filipa Sousa Costa	Oeiras Sport Clube	00:25:40	00:50:54	Diploma
368	378	Sonia Marina Lopes Correia da Silva Teixeira	FARMOZ	00:25:44	00:51:22	Diploma
369	162	Filipa Raquel Pereira	Persistentes	00:31:52	00:51:29	Diploma
370	344	Leila Maria Caldeira	Individual	::	00:52:11	Diploma
371	305	Carla Isabel Vale de Gato Santos Mourão	Individual	00:28:24	00:52:56	Diploma
372	129	Ana Cristina Fernandes Morgado	Poderosas	00:25:37	00:53:03	Diploma
373	422	Ana Cristina Madureira de Almeida	BANCO BIG	00:29:07	00:53:10	Diploma
374	420	Marisa Sofia Pinto de Jesus	BANCO BIG	00:29:06	00:53:16	Diploma
375	82	Ana Bordalo	Individual	00:28:13	00:54:18	Diploma
376	84	Maria Quelhas	Individual	00:28:16	00:54:18	Diploma
377	130	Ana Cristina de Almeida Ribeiro	Poderosas	00:26:19	00:54:42	Diploma
378	132	Ricardina Cunha Constantino	Poderosas	00:26:18	00:54:45	Diploma
379	285	Maria de Lurdes Peralta da Silva	Poderosas	00:26:18	00:54:48	Diploma
380	360	Carina Monteiro	AIRFRANCE	00:30:39	00:56:28	Diploma
381	160	Engrácia Teixeira	Persistentes	00:32:34	00:57:58	Diploma
382	288	HELENA MARIA SIMOES AUGUSTO	Individual	00:36:51	00:59:45	Diploma
383	267	LUCINDA LOPES HENRIQUES	INDIVIDUAL	00:20:47	01:00:25	Diploma
384	153	Ana Filipa Simões	PERSISTENTES	00:31:19	01:00:49	Diploma
385	256	IRENE ANTONIO	Individual	00:39:41	01:01:46	Diploma
386	255	PORFIRIA VALENTE	Individual	00:39:43	01:02:45	Diploma
387	157	ISABEL MORGANHO	PERSISTENTES	00:40:50	01:03:25	Diploma
388	164	MANUELA SILVA	PERSISTENTES	00:40:52	01:03:32	Diploma
389	365	ANA INES CARRANCA CARAPETA	COMBINED INSURANCE	::	01:07:24	Diploma
390	22	SANDRA MARIA DIAS	Individual	00:40:08	01:08:28	Diploma
391	458	ANABELA MOURAO	Individual	00:43:31	01:13:25	Diploma
392	460	HELENA MOURAO	Individual	00:43:31	01:13:26	Diploma

