

**CORRIDA SEMPRE MULHER - 09/11/2014**

## Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	6	ANA MAFALDA CUNHA FERREIRA	F	26		00:16:32	00:16:31	SPORTING CLUBE PORTUGAL
2	2	SARA PINHO	F	33		00:16:44	00:16:42	SPORTING CLUBE PORTUGAL
3	7	VERA NUNES	F	34		00:17:06	00:17:04	SPORT LISBOA E BENFICA
4	5	MONICA MOREIRAS	F	35		00:18:29	00:18:28	GFD
5	8	FÁTIMA PINHO	F	51		00:18:44	00:18:43	GRECAS
6	391	MARIA DO CÉU LOURENÇO DA SILVA NUNES	F	38		00:18:48	00:18:47	INDIVIDUAL
7	4	LILIANA ALEXANDRE	F	23		00:18:58	00:18:56	SPORTING CLUBE PORTUGAL
8	9	LUCÍLIA SOARES	F	52		00:19:11	00:19:09	SPORT LISBOA E BENFICA
9	139	KCÉNIA BOUGROVA	F	20		00:19:38	00:19:37	INDIVIDUAL
10	1	SANDRA TEIXEIRA	F	36		00:20:20	00:20:19	SPORTING CLUBE PORTUGAL
11	322	MARIA DO CARMO SANCHES TAVARES	F	40		00:20:29	00:20:28	INDIVIDUAL
12	388	CÁTIA SOFIA RODRIGUES GUERREIRO	F	28		00:20:29	00:20:26	CLUBE BRISA
13	521	MARIANA MOREIRA	F	22		00:20:47	00:20:44	CCD SINTRENSE
14	192	JULIE CHATELAIN	F	31		00:21:50	00:21:48	INDIVIDUAL
15	294	GORETE MARIA ALVES PIRES NUNES	F	44		00:22:09	00:22:04	INDIVIDUAL
16	522	BEATRIZ MOREIRA	F	17		00:22:18	00:22:15	CCD SINTRENSE
17	169	ANA CRISTINA FRANCISCO	F	40		00:22:24	00:22:19	INDIVIDUAL
18	59	CÁTIA SOFIA NASCIMENTO	F	34		00:22:26	00:22:25	INDIVIDUAL
19	585	MIRIAM LOPES	F	31		00:22:44	00:22:41	AMINHACORRIDA
20	628	MARIA MANUELA FERREIRA GOMES	F	55		00:23:08	00:23:04	ACCENTURE
21	337	MARIA M V L METELO COIMBRA	F	26		00:23:30	00:23:28	INDIVIDUAL
22	429	ANA RITA FONSECA REIS	F	18		00:23:45	00:23:43	INDIVIDUAL
23	309	JESSICA MARTINS GIL	F	22		00:23:55	00:23:51	INDIVIDUAL
24	347	MARIA HELENA NGOI PINHEIRO CHILANDALA	F	37		00:24:07	00:24:05	INDIVIDUAL
25	592	CARLA SOFIA GRILO OLIVEIRA MARQUES	F	44		00:24:07	00:24:05	
26	559	SANDRA TRIAES	F	32		00:24:14	00:24:08	MTV
27	428	ANA PAULA FONSECA REIS	F	18		00:24:20	00:24:18	INDIVIDUAL
28	487	CLEIDE RAQUEL JORGE ASSEICEIRO	F	34		00:24:27	00:24:22	INDIVIDUAL
29	197	CRISTINA RAQUEL DA CONCEIÇÃO SANTOS ALEGRIA	F	42		00:24:27	00:24:15	INDIVIDUAL
30	130	SANDRA CRISTINA FERREIRA SECO	F	42		00:24:37	00:24:30	INDIVIDUAL
31	162	TERESA MANUELA CORREIA DE PAIVA	F	40		00:24:44	00:24:36	INDIVIDUAL
32	482	CARLA PARICIA MATOS GOMES	F	31		00:24:51	00:24:41	INDIVIDUAL
33	481	LUIZA ALEXANDRA PINTO SOARES	F	34		00:24:51	00:24:40	INDIVIDUAL
34	355	ANA ISABEL MATA	F	43		00:24:54	00:24:32	INDIVIDUAL
35	483	ELSA SOFIA GOMES MIRANDA	F	36		00:24:57	00:24:40	INDIVIDUAL
36	599	CONCEIÇÃO ALVES	F	51		00:24:57	00:24:57	INDIVIDUAL
37	545	RITA ALEXANDRA FERREIRA AFONSO	F	28		00:25:07	00:25:03	RANDSTAD
38	610	SARA PEREIRA DE SIMAS ROQUE GUERRA DUARTE	F	37		00:25:12	00:25:08	INDIVIDUAL
39	587	RUTE SIMOES	F	39		00:25:21	00:25:17	AMINHACORRIDA

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## Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
40	161	SONIA MARIA CARDOSO FIGUEIREDO	F	38		00:25:25	00:25:10	INDIVIDUAL
41	216	CÁTIA RODRIFYES	F	27		00:25:25	00:25:21	NOT FAST BUT FABULOUS
42	369	CARLA SOFIA OLIVEIRA DA SILVA NICOMÉDIO	F	39		00:25:35	00:25:33	INDIVIDUAL
43	178	SARA HELENA DE JESUS GRAÇA BARATA	F	24		00:25:41	00:25:18	INDIVIDUAL
44	185	TERESA ISABEL MORAIS DA FONSECA SANTOS	F	40		00:25:42	00:25:40	INDIVIDUAL
45	590	ANA SOFIA AMEAL FERREIRA SOARES	F	36		00:25:45	00:25:43	CRIOVIDA
46	390	CLAUDIA SOFIA DE JESUS ABREU	F	38		00:25:48	00:25:35	INDIVIDUAL
47	273	SUSANA RISCADO DA SILVA	F	35		00:25:54	00:25:50	INDIVIDUAL
48	120	ADILIA ROSA	F	38		00:25:54	00:25:54	INDIVIDUAL
49	155	ANGELA ELISA TOMAS DE VERISSIMO FORTE	F	42		00:25:55	00:25:52	INDIVIDUAL
50	423	ISABEL NUNES	F	42		00:25:58	00:25:56	INDIVIDUAL
51	181	ANA COUTINHO	F	27		00:25:59	00:25:45	CLUBE DESPORTIVO TCPI
52	465	JOANA MARIA SIMOES SANTOS PEREIRA	F	32		00:26:07	00:26:02	INDIVIDUAL
53	41	RITA ALEXANDRA PALMELA CERTÃ	F	38		00:26:09	00:26:00	INDIVIDUAL
54	40	MARINA ALEXANDRA PEDRO ANDRADE	F	45		00:26:14	00:26:05	INDIVIDUAL
55	173	MARISA AMARAL SANTOS	F	36		00:26:14	00:26:00	INDIVIDUAL
56	310	SARA GOMES DE OLIVEIRA	F	47		00:26:17	00:25:55	INDIVIDUAL
57	242	ANA SANTOS	F	52		00:26:22	00:26:18	GDINE
58	468	ANA DIMAS	F	41		00:26:23	00:26:21	DUODIMAS
59	47	MARIA CAROLINARESINA ALMEIDA ALVES RODA	F	57		00:26:25	00:26:19	INDIVIDUAL
60	490	ANA CATARINA CORDEIRO CORREIA	F	27		00:26:32	00:26:24	INDIVIDUAL
61	254	RÚBIA PROCHMANN	F	26		00:26:32	00:26:28	INDIVIDUAL
62	486	HELENA MARIA RODRIGUES FERREIRA	F	29		00:26:32	00:26:24	INDIVIDUAL
63	467	MAFALDA DIMAS	F	14		00:26:34	00:26:32	DUODIMAS
64	150	MARLENE OLIVEIRA	F	41		00:26:34	00:26:32	INDIVIDUAL
65	250	FILIPA FERREIRA RODRIGUES	F	22		00:26:34	00:26:34	INDIVIDUAL
66	395	EMA RAQUEL VIEIRA BORGES	F	27		00:26:35	00:26:24	INDIVIDUAL
67	180	ISABEL FERREIRA	F	51		00:26:36	00:26:23	CLUBE DESPORTIVO TCPI
68	586	ELINA MATOSO	F	31		00:26:40	00:26:37	AMINHACORRIDA
69	361	MARIA GORETI DUARTE ROLO CORGA	F	31		00:26:40	00:26:38	INDIVIDUAL
70	66	JOANA BARROS	F	33		00:26:46	00:26:34	WOMEN@PAGE
71	118	LEONIDA PRAZERES GONÇALVES RIBEIRO ESTEVES	F	61		00:26:50	00:26:50	INDIVIDUAL
72	319	SARA HUBERTY NOGUEIRA RAMOS	F	20		00:26:50	00:26:36	INDIVIDUAL
73	48	ANA FILIPA RESINA ALMEIDA ALVES RODA	F	29		00:26:52	00:26:45	INDIVIDUAL
74	531	TÂNIA A. MARQUES PASCOAL A. SARAIVA	F	36		00:26:57	00:26:52	INDIVIDUAL
75	296	SARA DUARTE	F	22		00:26:59	00:26:48	RUNNING GIRLS
76	493	PAULA SERRA	F	43		00:27:04	00:26:41	CCD SINTRENSE
77	491	CLÁUDIA TEODÓSIO	F	21		00:27:07	00:27:03	
78	492	VITALINA TEODÓSIO	F	50		00:27:11	00:27:05	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
79	338	ALEXANDRA MARIA DE FREITAS MARQUES CORREIA	F	41		00:27:12	00:26:55	INDIVIDUAL
80	407	VÂNIA SUZANA DE SOUSA RWEZAURA	F	28		00:27:12	00:26:56	INDIVIDUAL
81	385	MARIA MADALENA RAIOS COSTA RIBEIRO	F	22		00:27:12	00:26:57	INDIVIDUAL
82	397	JOANA AROEIRA	F	14		00:27:13	00:27:03	
83	346	ANABELA VALENTE	F	42		00:27:14	00:26:51	INDIVIDUAL
84	316	ISABEL DA CONCEIÇÃO SILVA MARQUES FRANÇA	F	42		00:27:17	00:27:09	INDIVIDUAL
85	109	VANDA SOFIA M.MONTEIRO CHAVES	F	36		00:27:18	00:27:16	INDIVIDUAL
86	268	FERNANDA NEVES	F	51		00:27:19	00:27:14	PPRC GIRLS
87	110	MILAGROS COJO SANCHEZ	F	33		00:27:22	00:27:06	INDIVIDUAL
88	602	MARIA FILOMENA ASSUNÇÃO GABÃO RUSSO	F	46		00:27:22	00:27:00	INDIVIDUAL
89	219	ANA CANDEIAS	F	40		00:27:27	00:27:16	ENJOADAS DO ASFALTO
90	113	ANA RITA CLEMENTE FERRITO	F	22		00:27:27	00:27:21	INDIVIDUAL
91	267	RAQUEL CUNHA	F	40		00:27:33	00:27:27	PPRC GIRLS
92	44	VALENTINA ONOFREI	F	19		00:27:37	00:27:26	INDIVIDUAL
93	196	CÁTIA MONTEIRO NOGUEIRA	F	36		00:27:38	00:27:36	INDIVIDUAL
94	579	MARIA CAROLINA FERNANDES	F	25		00:27:40	00:27:31	EY
95	213	PATRÍCIA SOUSA	F	40		00:27:42	00:27:29	
96	247	MARIA MADALENA PEREIRA DE OLIVEIRA FERREIRA	F	56		00:27:42	00:27:34	INDIVIDUAL
97	272	CARLA MARIA CARREIRA AUGUSTO SIMOES	F	47		00:27:43	00:27:43	INDIVIDUAL
98	90	ANA RITA RAPOSO DUARTE	F	30		00:27:44	00:27:39	INDIVIDUAL
99	145	SARA ISABEL PAULO SEMIÃO	F	21		00:27:45	00:27:32	INDIVIDUAL
100	252	MARIA JOSE BONITO	F	43		00:27:47	00:27:32	AS GATINHAS
101	204	PATRÍCIA ISABEL GOMES ALVES	F	33		00:27:52	00:27:40	INDIVIDUAL
102	266	MARINA ASSUNCAO GABAO VELOSO	F	40		00:27:53	00:27:31	INDIVIDUAL
103	409	CLAUDIA MICHELE VAZ CORREIA	F	41		00:27:53	00:27:45	DOM PEDRO PALACE
104	135	MARÃ-A BEGOÃ-A CAJADE BLANCO	F	36		00:27:57	00:27:47	INDIVIDUAL
105	263	REGINA ROBLE	F	44		00:27:58	00:27:55	INDIVIDUAL
106	371	DULCE NEIA RAMOS DE BARROS	F	27		00:27:59	00:27:49	INDIVIDUAL
107	354	MARIA GLÓRIA TEIXEIRA AMARAL VIEIRA	F	37		00:28:00	00:27:40	INDIVIDUAL
108	597	INES FILIPA DE OLIVEIRA PATRICIO	F	27		00:28:00	00:27:44	INDIVIDUAL
109	241	MARIA LÚCIA DA SILVA OLIVEIRA CARVALHO	F	50		00:28:01	00:27:56	INDIVIDUAL
110	430	MARIA FILOMENA SOARES CORREIA DA SILVA	F	38		00:28:02	00:27:54	INDIVIDUAL
111	353	ANA VASCONCELOS MACHADO FANECA	F	42		00:28:02	00:27:52	INDIVIDUAL
112	108	MARTA SUSANA NEVES DOS SANTOS MAFRA	F	33		00:28:04	00:27:54	INDIVIDUAL
113	421	JOANA SOFIA SANFONA BERNARDO	F	30		00:28:07	00:27:51	INDIVIDUAL
114	81	LUISA GUERRA SANTOS	F	46		00:28:09	00:28:03	INDIVIDUAL
115	137	MARIA CONSUELO CAJIDE LABANDEIRA	F	46		00:28:09	00:27:59	INDIVIDUAL
116	226	SARA FERREIRA NUNES	F	18		00:28:11	00:28:04	INDIVIDUAL
117	206	SUSANA MENDES	F	42		00:28:12	00:27:15	NÚCLEOEIRAS / SPORTZONE

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
118	60	ANA ISABEL PAIVA MARQUES	F	45		00:28:14	00:28:14	INDIVIDUAL
119	418	PATRICIA ISABEL RAPOSEIRA NUNES MARQUES	F	37		00:28:16	00:27:59	INDIVIDUAL
120	259	ANA MARGARIDA TORRES CORREIA BARRELAS	F	43		00:28:17	00:28:04	INDIVIDUAL
121	562	TERESA PAULA AIRES GONCALVES GARCIA	F	49		00:28:17	00:28:01	KLM
122	131	CLAUDIA OANA MANEA	F	37		00:28:18	00:28:06	INDIVIDUAL
123	220	PATRICIA ALMEIDA	F	40		00:28:18	00:28:07	ENJOADAS DO ASFALTO
124	320	RAFAELA FERREIRA DO NORTE	F	24		00:28:19	00:28:16	INDIVIDUAL
125	523	SUSANA CRISTINA SERRA AMORIM	F	28		00:28:20	00:28:16	INDIVIDUAL
126	427	ESTHER ELVIRA	F	41		00:28:20	00:28:11	INDIVIDUAL
127	218	MARTA TERESA CABRITA DE FREITAS AFONSO RODRIGUES	F	40		00:28:23	00:28:13	INDIVIDUAL
128	383	PATRICIA ANTONIO	F	29		00:28:28	00:28:22	INSTITUTO DE ODIVELAS
129	224	ANABELA PEREIRA AFONSO VAZ	F	47		00:28:30	00:28:25	INDIVIDUAL
130	147	MARIA JESUINA CORREIA	F	53		00:28:36	00:28:30	INDIVIDUAL
131	571	ANA SOFIA RODRIGUES	F	27		00:28:36	00:28:21	KLM
132	446	ALDA GONÇALVES	F	72		00:28:40	00:28:30	INDIVIDUAL
133	27	MARIA JOAO FERNANDES SIMOES	F	46		00:28:41	00:28:30	INDIVIDUAL
134	227	CARLOTA MONTENEGRO	F	27		00:28:42	00:28:26	INDIVIDUAL
135	159	INÊS MARIA SIMÕES PALMELA	F	28		00:28:45	00:28:35	INDIVIDUAL
136	360	FILIPA ANDREIA MARTINS ROQUE PINHO	F	30		00:28:48	00:28:28	INDIVIDUAL
137	58	ONDINA TEODORO	F	37		00:28:49	00:28:31	INDIVIDUAL
138	591	ANA LUISA LUDOVINO CUNHA MARIA DOS SANTOS	F	43		00:28:54	00:28:51	CRIOVIDA
139	83	NADIA TADEU MIRANDA	F	37		00:28:59	00:28:48	INDIVIDUAL
140	104	ANA ISA SALGADO FIGUEIRA	F	31		00:29:10	00:28:51	INDIVIDUAL
141	248	MARIA DO CARMO MARECO CATITA MARIANO	F	51		00:29:11	00:29:09	INDIVIDUAL
142	335	INÊS DIAS DO VALE	F	25		00:29:12	00:28:49	INDIVIDUAL
143	54	LUISA MARIA RIBEIRO FALÉ DA COSTA	F	45		00:29:14	00:29:01	INDIVIDUAL
144	105	ANGELA MORAIS	F	52		00:29:14	00:29:10	
145	350	ISABEL MARIA JESUS BARROS DA SILVA	F	49		00:29:17	00:29:11	A MINHA GRÁFICA TEAM
146	124	DIANE DETOLLENAERE	F	48		00:29:17	00:28:57	
147	253	MARIANA BONITO	F	15		00:29:19	00:29:04	AS GATINHAS
148	295	ANA ROSA P MENDES	F	43		00:29:21	00:29:21	INDIVIDUAL
149	370	ELISETE COELHO DE SILVA	F	30		00:29:23	00:29:01	INDIVIDUAL
150	352	ALEJANDRA VALDEZ LOPEZ	F	26		00:29:25	00:29:09	INDIVIDUAL
151	25	ROSA MARIA BRANDÃO GAMEIRO	F	41		00:29:26	00:29:07	INDIVIDUAL
152	416	ANA RITA SANTOS ABREU	F	16		00:29:30	00:29:28	FUNDACAO AXA
153	415	ROSA MARIA OLIVEIRA SANTOS ABREU	F	44		00:29:33	00:29:31	FUNDACAO AXA
154	22	MEAGAN LOUISE CARTY	F	38		00:29:33	00:29:12	INDIVIDUAL
155	156	PAULA CRISTINA LEITÃO DE OLIVEIRA	F	35		00:29:34	00:29:29	FUTEBOL CLUBE ESTRELAS LISBOA
156	193	ANABELA CARVALHO DE MELO SIMÕES	F	47		00:29:36	00:29:23	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
157	171	SÍLVIA CRISTINA ANTUNES SIMÕES BAPTISTA	F	36		00:29:38	00:29:29	INDIVIDUAL
158	298	RITA DUARTE	F	16		00:29:39	00:29:28	RUNNING GIRLS
159	233	RAQUEL ALEXANDRA VIEIRA TORRES	F	22		00:29:42	00:29:25	INDIVIDUAL
160	530	ANA MARGARIDA VITAL RAMOS	F	40		00:29:46	00:29:41	INDIVIDUAL
161	142	ANA CATARINA RODRIGUES RIBEIRO	F	41		00:29:50	00:29:16	INDIVIDUAL
162	277	NIDIA SILVA	F	59		00:29:54	00:29:52	OS OSGAS
163	164	SUSANA ISABEL PINTO DE ALMEIDA MESQUITA	F	42		00:29:56	00:29:46	INDIVIDUAL
164	401	CARLA CATARINA GOUVEIA DOS ANJOS GUILHERME	F	41		00:29:57	00:29:44	INDIVIDUAL
165	176	SUSANA COSTA RAMALHO	F	41		00:30:01	00:29:51	INDIVIDUAL
166	557	ATLETA NÃO CADASTRADO	M	0		00:30:01	00:29:55	
167	230	MAFALDA MEUNIER	F	17		00:30:02	00:29:56	INDIVIDUAL
168	554	ATLETA NÃO CADASTRADO	M	0		00:30:02	00:29:55	
169	400	MARIA ISABEL BARRETO GOMES DA SILVA	F	52		00:30:05	00:29:58	INDIVIDUAL
170	919	JUANI VALENCIA	F	55		00:30:09	00:30:03	WIKO
171	132	HELENA MARGARIDA MARREIROS VÍTOR	F	39		00:30:10	00:29:36	INDIVIDUAL
172	84	MARIA DE LURDES VALE	F	50		00:30:15	00:30:09	INDIVIDUAL
173	231	DANIELA NASCIMENTO	F	16		00:30:16	00:30:10	INDIVIDUAL
174	151	ANA SOFIA DOS SANTOS ALMEIDA	F	28		00:30:24	00:30:06	INDIVIDUAL
175	146	ANA FILIPA CORREIA GOMES	F	27		00:30:24	00:30:06	INDIVIDUAL
176	237	CARLA ALEXANDRA FERREIRA DE MOURA MORAIS	F	38		00:30:25	00:30:18	INDIVIDUAL
177	68	TATIANA SILVA	F	27		00:30:27	00:30:14	WOMEN@PAGE
178	201	SALOMÉ HENRIQUES	F	40		00:30:28	00:30:26	INDIVIDUAL
179	301	ANA PAULA DOS SANTOS PIRES SOEIRO	F	48		00:30:33	00:30:26	INDIVIDUAL
180	158	ÂNGELA CARINA MARTINS RUIVO	F	36		00:30:34	00:30:29	FUTEBOL CLUBE ESTRELAS LISBOA
181	182	LUCIA SILVA	F	51		00:30:35	00:30:23	CLUBE DESPORTIVO TCPI
182	77	ANA FILIPA ALMEIDA SILVA	F	29		00:30:35	00:30:31	INDIVIDUAL
183	214	SANDRA MATIAS	F	35		00:30:40	00:30:27	
184	52	FERNANDA TEIXEIRA	F	57		00:30:44	00:30:28	INDIVIDUAL
185	461	TELMA FILIPA FERREIRA MARQUES	F	22		00:30:46	00:30:37	INDIVIDUAL
186	55	ISABEL MARIA SOBREDA BARBIERI CARDOSO	F	49		00:30:48	00:30:28	INDIVIDUAL
187	85	SANDRA MARISA CAMPOS CRUZ	F	38		00:30:51	00:30:40	INDIVIDUAL
188	260	SANDRA CRISTINA DOS ANJOS MOURA PEREIRA	F	34		00:30:55	00:30:42	INDIVIDUAL
189	382	DIANA BOTELHO	F	26		00:30:56	00:30:49	INSTITUTO DE ODIVELAS
190	631	INES SANTOS FAISCA	F	28		00:30:58	00:30:53	ACCENTURE
191	396	SONIA AROEIRA	F	42		00:30:59	00:30:47	
192	552	CARLA LEITAO	F	45		00:31:00	00:30:53	MTV
193	269	MARIA ISABEL SERRAS MOUCHO	F	52		00:31:00	00:30:56	INDIVIDUAL
194	336	ANA PAULA RODRIGUES FAUSTINO	F	48		00:31:01	00:30:52	INDIVIDUAL
195	21	EUNICE DE FÁTIMA PEREIRA FERREIRA	F	42		00:31:03	00:31:01	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
196	632	CARLA ISABEL SOARES DA SILVA	F	38		00:31:08	00:30:45	ACCENTURE
197	449	ARLANE ARAGÃO PEREIRA	F	25		00:31:08	00:30:44	INDIVIDUAL
198	166	DIANA SOFIA TAVARES GONAÇALVES	F	31		00:31:11	00:30:57	INDIVIDUAL
199	57	VERA LÚCIA MARQUES RAMOS GRILO	F	33		00:31:12	00:31:05	MIAU
200	56	CLÁUDIA PATRÍCIA PARREIRA GASPAR	F	35		00:31:12	00:31:04	MIAU
201	95	NATALIA LOPES GUERREIRO	F	43		00:31:13	00:31:02	INDIVIDUAL
202	96	ALEXANDRA GONÇALVES LEAL	F	38		00:31:13	00:31:03	INDIVIDUAL
203	23	MARIA EUGENIA LOPES	F	58		00:31:13	00:31:01	INDIVIDUAL
204	51	ANA-ALICE SIMÕES PEREIRA	F	51		00:31:16	00:31:11	INDIVIDUAL
205	128	MARIA JOÃO DE CAMPOS PEREIRA DE MELO	F	33		00:31:16	00:31:10	INDIVIDUAL
206	258	MARLENE CONRAL	F	64		00:31:18	00:31:14	INDIVIDUAL
207	569	FILIPA ALEXANDRA MARTINS FARIA	F	32		00:31:18	00:30:54	KLM
208	466	ADELIA MARIA REIS SANTOS	F	46		00:31:20	00:31:17	INDIVIDUAL
209	36	ANA MARIA FERNANDES ALMEIDA	F	34		00:31:24	00:31:16	INDIVIDUAL
210	626	CLARA ISABEL RAIMUNDO	F	38		00:31:26	00:31:21	ACCENTURE
211	111	CARLA ISABEL DA GRAÇA COSTA ABÍLIO	F	38		00:31:30	00:31:27	INDIVIDUAL
212	228	MARÍLIA TERESA RIBEIRO BRITO ROBALO FREIRE	F	21		00:31:31	00:31:20	INDIVIDUAL
213	42	MARIA LEONOR P. M. AZEVEDO	F	43		00:31:34	00:31:19	INDIVIDUAL
214	276	FILIPA ALEXANDRA MATOS RIGUEIRA COELHO TEIXEIRA	F	38		00:31:36	00:31:19	INDIVIDUAL
215	485	CAMILA GOMES SÁVIO	F	34		00:31:36	00:31:14	INDIVIDUAL
216	94	PATRÍCIA ALEXANDRA HENRIQUES BRANCO AREZ	F	41		00:31:38	00:31:16	INDIVIDUAL
217	431	MARIA DA CONCEIÇÃO J.O.FERNANDES	F	43		00:31:39	00:31:22	INDIVIDUAL
218	635	VIVIANE MOTTA VARELA	F	32		00:31:39	00:31:39	ACCENTURE
219	365	CRISTINA ISABEL PAIS DE SOUSA FERREIRA	F	38		00:31:40	00:31:36	INDIVIDUAL
220	97	ANA CARINA VIEIRA RODRIGUES	F	30		00:31:42	00:31:29	INDIVIDUAL
221	39	MARIA OLINDA MARTINS FARINHA	F	45		00:31:44	00:31:38	INDIVIDUAL
222	292	ANA FILIPA FERREIRA CASTANHEIRA	F	25		00:31:46	00:31:27	INDIVIDUAL
223	32	MARIANA CAMPINHO MONTEIRO	F	29		00:31:47	00:31:47	INDIVIDUAL
224	103	SANDRA CRISTINA PRATES CAETANO	F	40		00:31:47	00:31:27	INDIVIDUAL
225	102	DÉLIA BOINO	F	39		00:31:48	00:31:27	INDIVIDUAL
226	454	VÂNIA MÓNICA CARVALHO ABELHO	F	35		00:31:49	00:31:28	INDIVIDUAL
227	329	MARISA ISABEL FERNANDES COSTA	F	35		00:31:49	00:31:34	INDIVIDUAL
228	351	TERESA CORTES	F	34		00:31:49	00:31:28	INDIVIDUAL
229	299	MARIA EDUARDA FERREIRA	F	44		00:31:51	00:31:40	RUNNING GIRLS
230	207	BÁRBARA MARTINS PAIVA DA CUNHA	F	25		00:31:54	00:31:42	INDIVIDUAL
231	314	ANA SOFIA PEREIRA DA LUZ PIMENTA	F	39		00:31:54	00:31:39	INDIVIDUAL
232	141	ANA FILIPA LOURENÇO DE FIGUEIREDO QUADRADO ALVES	F	32		00:31:55	00:31:42	INDIVIDUAL
233	312	SARA COSTA	F	19		00:31:58	00:31:48	COSTA FIT
234	311	ROSANGELA CORREIA	F	42		00:31:58	00:31:47	COSTA FIT

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## Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
235	447	ANA GONÇALVES	F	39		00:32:02	00:31:51	
236	318	SUSANA RIBEIRO	F	42		00:32:03	00:31:43	INDIVIDUAL
237	601	CARLA MARTINS	F	37		00:32:03	00:31:44	INDIVIDUAL
238	581	RAQUEL GOMES COSTA	F	39		00:32:04	00:31:42	EY
239	152	MIMMI MARIA PETRELIUS	F	36		00:32:05	00:31:55	INDIVIDUAL
240	175	HELENA MARIA CANDEIAS DAS DORES	F	49		00:32:06	00:31:44	INDIVIDUAL
241	460	ANA ISABEL FARIA JANUARIO	F	34		00:32:06	00:31:57	INDIVIDUAL
242	480	CATIA ALEXANDRA FARIA JANUARIO	F	24		00:32:06	00:31:56	INDIVIDUAL
243	308	MARIA LEVINA FERNANDES CARDOSO SANTOS	F	58		00:32:08	00:32:06	INDIVIDUAL
244	143	MARIA DA CONCEIÇÃO FIGUEIREDO DA CUNHA	F	49		00:32:09	00:32:03	INDIVIDUAL
245	488	TÂNIA ISABEL MARTINS ABREU	F	26		00:32:10	00:31:47	INDIVIDUAL
246	153	DÍLIA MARIA DIAS RODRIGUES AMARO	F	57		00:32:13	00:32:04	INDIVIDUAL
247	474	BRUNA ALEXANDRA SANTOS DA SILVA	F	23		00:32:13	00:32:05	INDIVIDUAL
248	588	TANIA CORREIA	F	37		00:32:16	00:32:07	AMINHACORRIDA
249	444	LUÍSA ALEXANDRA DE VASCONCELOS AGOSTINHO ABREU	F	36		00:32:17	00:32:17	INDIVIDUAL
250	344	MARKELLA KOSMA	F	42		00:32:23	00:32:19	INDIVIDUAL
251	157	GISELA MONTEIRO DE CARVALHO	F	29		00:32:30	00:32:23	FUTEBOL CLUBE ESTRELAS LISBOA
252	489	ANA MARIA DA CUNHA CAROLINO	F	42		00:32:30	00:32:23	INDIVIDUAL
253	134	PATRICIA CATARINA MASSANO DA SILVA PERALTA	F	36		00:32:31	00:32:24	INDIVIDUAL
254	160	ANA TOMÁS	F	39		00:32:31	00:32:10	INDIVIDUAL
255	43	ARGENTINA LOURDES ABREU TEHMURASP	F	59		00:32:37	00:32:27	INDIVIDUAL
256	235	FILIPA MACAU DE MIRANDA	F	31		00:32:37	00:32:23	
257	437	SÓNIA CRISTINA DA SILVA CASTANHEIRA	F	36		00:32:43	00:32:43	INDIVIDUAL
258	264	FABÍOLA CABRAL	F	31		00:32:43	00:32:31	
259	436	CLARA ISABEL CORREIA DA SILVA	F	34		00:32:43	00:32:43	INDIVIDUAL
260	315	FERNANDA LUÍSA MATEUS COSTA	F	38		00:32:43	00:32:27	INDIVIDUAL
261	458	ANA ABREU	F	35		00:32:43	00:32:40	INDIVIDUAL
262	553	PATRICIA TORRES	F	36		00:32:45	00:32:37	MTV
263	453	MARTA GABRIEL	F	34		00:32:46	00:32:44	
264	464	SANDRA CRISTINA TAVARES LOPES OUTEIRO	F	43		00:32:46	00:32:34	INDIVIDUAL
265	293	SUSANA PAULA REBELO GONÇALVES NEVES	F	37		00:32:47	00:32:35	INDIVIDUAL
266	606	CRISTINA JOB SCHMITT	F	53		00:32:49	00:32:39	INDIVIDUAL
267	452	ANA ISABEL FERREIRA	F	34		00:32:51	00:32:49	
268	457	ANA ISABEL NARCISO	F	40		00:32:54	00:32:52	INDIVIDUAL
269	31	MONICA COUTINHO	F	36		00:32:58	00:32:48	INDIVIDUAL
270	28	JOANA SANTOS	F	31		00:32:58	00:32:49	INDIVIDUAL
271	79	CARLA MARINA DE ALMEIDA RIBEIRO TAVARES	F	40		00:33:02	00:32:46	INDIVIDUAL
272	80	TELMA CARLA SALVADOR VIEIRA MATIAS	F	37		00:33:02	00:32:47	INDIVIDUAL
273	119	ZENOLIA SANTOS	F	56		00:33:03	00:33:00	INDIVIDUAL

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## Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
274	324	NINA LACKNER	F	15		00:33:03	00:32:46	INDIVIDUAL
275	323	CORNELIA LACKNER	F	46		00:33:03	00:32:46	INDIVIDUAL
276	394	FILIPA SOBRAL	F	24		00:33:06	00:32:47	
277	376	SÓNIA BATISTA	F	35		00:33:07	00:32:43	
278	438	MIRLENE NATALY LIMA SANTOS CRUZ	F	24		00:33:08	00:32:50	INDIVIDUAL
279	393	PATRÍCIA BARBOSA	F	24		00:33:09	00:32:50	
280	392	PATRÍCIA VENTURA	F	24		00:33:09	00:32:50	
281	384	ANA CATARINA MONTEZ CARVALHO	F	30		00:33:11	00:33:09	INDIVIDUAL
282	582	SAMANTA LEITE	F	23		00:33:18	00:32:58	EY
283	463	MARIA RITA CABRAL MARCOS	F	40		00:33:19	00:33:06	INDIVIDUAL
284	87	SANDRA MARQUES	F	51		00:33:25	00:33:21	
285	217	SÉRGIA LEMOS	F	34		00:33:25	00:33:22	NOT FAST BUT FABULOUS
286	527	RUTE GONÇALVES	F	36		00:33:37	00:33:19	INDIVIDUAL
287	334	KARINE RAMOS	F	36		00:33:37	00:33:19	INDIVIDUAL
288	573	LILIANA VAZ	F	31		00:33:39	00:33:24	KLM
289	127	MÓNICA DIAS MENDONÇA	F	36		00:33:40	00:33:22	INDIVIDUAL
290	572	CLAUDIA CARATAO	F	38		00:33:40	00:33:24	KLM
291	64	VERA FIALHO	F	22		00:33:43	00:33:25	
292	549	MICAELA LIZARDO	F	31		00:33:43	00:33:24	MTV
293	550	CARLA VIEIRA	F	31		00:33:44	00:33:25	MTV
294	65	PATRÍCIA BICHO	F	21		00:33:44	00:33:26	
295	426	MARIA DO CEU CAETANO RODRIGUES	F	42		00:33:50	00:33:30	INDIVIDUAL
296	211	ANA PAULA DE FREITAS BALANCO LOURENÇO	F	46		00:33:52	00:33:36	INDIVIDUAL
297	234	SUSANA FREDERIQUE	F	33		00:33:56	00:33:42	
298	456	RUTE NUNES	F	32		00:33:58	00:33:00	GD BANCO BPI
299	455	MARGARIDA NUNES	F	35		00:33:58	00:33:00	GD BANCO BPI
300	313	PAULA ALEXANDRA SILVA DIAS	F	44		00:34:01	00:33:58	INDIVIDUAL
301	93	MARTA MARIA SANTOS MIRANDA DE SOUSA	F	43		00:34:03	00:33:47	INDIVIDUAL
302	611	ANA RUTE SILVA	F	28		00:34:03	00:33:46	INDIVIDUAL
303	168	ANA RITA BENTO GOMES SILVEIRA PINOTE MARTINS RUIVO	F	29		00:34:04	00:33:47	INDIVIDUAL
304	473	VERA LUCIA PARREIRA DE ALMEIDA SECA	F	36		00:34:06	00:33:45	INDIVIDUAL
305	76	MARIA CIDÁLIA DIAS RIBEIRO	F	48		00:34:14	00:34:08	INDIVIDUAL
306	459	SÓNIA CRISTINA RIBEIRO CRESPO	F	35		00:34:19	00:34:04	INDIVIDUAL
307	244	SUSANA MARGARIDA MIRANDA LOPES	F	40		00:34:22	00:34:03	INDIVIDUAL
308	539	JOANA LANCA GRAIS	F	34		00:34:27	00:34:03	WIKO
309	34	MARIA LUZIA FOUTO PRATES	F	55		00:34:33	00:34:24	INDIVIDUAL
310	330	CRISTINA MARIA CABRITA DE FREITAS AFONSO SEGURADO	F	37		00:34:34	00:34:23	INDIVIDUAL
311	238	ANA CRISTINA FRANCISCO DINIS NOGUEIRA CHAVES	F	34		00:34:38	00:34:08	INDIVIDUAL
312	251	ANA JORGE	F	34		00:34:39	00:34:07	INDIVIDUAL



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## Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
313	448	LINA BOUÇADAS	F	70		00:34:40	00:34:30	
314	236	MANUELA MARIA GUERREIRO GONÇALVES DE CASTRO	F	38		00:34:40	00:34:14	INDIVIDUAL
315	202	LAURINDA MARIA FERREIRA RAMALHO SIMÕES	F	44		00:34:42	00:34:12	INDIVIDUAL
316	221	SANDRA FERREIRA	F	43		00:34:44	00:34:32	ENJOADAS DO ASFALTO
317	479	TÂNIA CARVALHO	F	23		00:34:45	00:34:45	SPEEDY GONZALES TEAM
318	245	SÓNIA MARIA ALVES DE FARIA	F	35		00:34:49	00:34:49	INDIVIDUAL
319	37	PAULA CRISTINA CANAS DA SILVA COSTA	F	44		00:34:51	00:34:38	INDIVIDUAL
320	380	MANUELA COSTA	F	52		00:34:55	00:34:32	
321	728	EZTIZEN ANGULO	F	30		00:35:09	00:35:02	WIKO
322	608	IRENE MANTEROLA	F	30		00:35:09	00:35:02	WIKO
323	246	ANDREIA FILIPA ALVES LOPES	F	26		00:35:21	00:35:21	INDIVIDUAL
324	589	SUSANA GASPAR DURO	F	37		00:35:27	00:35:27	NESTLE
325	373	ANA PRATA PEREIRA	F	41		00:35:31	00:35:11	AS MULHOMENS
326	528	JOANA RITA DE CARVALHO FEIO FRIEZAS	F	36		00:35:31	00:35:09	INDIVIDUAL
327	91	CONCEIÇÃO MONTEIRO RAPOSO DUARTE	F	62		00:35:32	00:35:27	INDIVIDUAL
328	555	ANA ALMEIDA	F	25		00:35:33	00:35:25	MTV
329	556	CARLA FERNANDES	F	34		00:35:33	00:35:33	MTV
330	470	LÚCIA MARIA RIJO VISITAÇÃO	F	47		00:35:36	00:35:12	INDIVIDUAL
331	339	ADELINA MARIA NOGUEIRA SERRANO	F	45		00:35:36	00:35:12	INDIVIDUAL
332	225	RITA ISABEL CLEMENTE LOURENÇO	F	38		00:35:50	00:35:50	INDIVIDUAL
333	543	JOANA MARISA COITO MOREIRA DOS SANTOS	F	29		00:35:52	00:35:49	RANDSTAD
334	541	CATARINA HEITOR FRAZAO FERREIRA	F	33		00:35:52	00:35:50	RANDSTAD
335	417	ISABEL DOS SANTOS VIEIRA	F	54		00:35:55	00:35:43	INDIVIDUAL
336	359	PATRICIA JOANA DE CAMARGOS	F	35		00:35:55	00:35:44	INDIVIDUAL
337	195	MARIA DO CEU CAPUCHO PEREIRA MALHADO	F	63		00:35:56	00:35:47	INDIVIDUAL
338	275	ANA SOFIA MATOS RIGUEIRA	F	34		00:35:57	00:35:40	INDIVIDUAL
339	356	KATHARINA FINK	F	24		00:35:58	00:35:58	INDIVIDUAL
340	357	JOANNA GRISZCZENKO	F	24		00:35:58	00:35:58	INDIVIDUAL
341	560	ELENA PECOS MARTINEZ	F	28		00:36:04	00:35:49	OYSHO
342	561	PATRICIA SANCHEZ GONZALEZ	F	25		00:36:04	00:35:49	OYSHO
343	411	SUSANA CRISTINA PEREIRA DIAS	F	39		00:36:06	00:36:04	FUNDACAO AXA
344	123	MARTELLE KORST-BERTENS	F	50		00:36:06	00:35:47	
345	412	SARA ISABEL BRANCO PIRES	F	35		00:36:07	00:36:05	FUNDACAO AXA
346	413	LENIA MARIA MARQUES RUFINO	F	35		00:36:07	00:36:05	FUNDACAO AXA
347	328	ANDREIA CARDOSO	F	22		00:36:07	00:35:44	INDIVIDUAL
348	163	CARLA MARIA GUEDES DE SOUSA	F	48		00:36:09	00:36:01	INDIVIDUAL
349	126	ANA MÁRCIA RIJO VIEIRA	F	32		00:36:10	00:35:51	INDIVIDUAL
350	148	MARTA JOÃO VERISSIMO DE AZEVEDO	F	30		00:36:14	00:36:07	INDIVIDUAL
351	326	RUTE CARDOSO NUNES POLICARPO MOREIRA	F	28		00:36:18	00:36:03	INDIVIDUAL

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## Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
352	604	MARINA BIDARRA SILVA	F	51		00:36:20	00:35:58	INDIVIDUAL
353	442	MARIA LISETE NUNES DOS SANTOS	F	36		00:36:24	00:36:14	INDIVIDUAL
354	443	PAULA CRISTINA BREITES MOREIRA FREIRE	F	37		00:36:24	00:36:14	INDIVIDUAL
355	441	MARIA ALVES	F	77		00:36:28	00:36:08	
356	529	CARLA LILIANA DE SOUSA RIBEIRO LAGOA	F	31		00:36:31	00:36:09	INDIVIDUAL
357	297	MARIA JOÃO DUARTE	F	51		00:36:35	00:36:24	RUNNING GIRLS
358	191	ALEXANDRA SOFIA NOBRE MOREIRA BANDEIRINHA	F	40		00:36:38	00:36:26	INDIVIDUAL
359	170	SANDRA LUISA FERNANDES FERREIRA PEREIRA NEVES	F	42		00:36:38	00:36:26	INDIVIDUAL
360	179	JOANA SERRA	F	34		00:36:44	00:36:44	INDIVIDUAL
361	381	MARTA MARQUES	F	19		00:36:53	00:36:30	
362	379	TANIA SANTOS	F	28		00:36:54	00:36:31	
363	630	CARLA SOFIA FRANCISCO GOMES	F	37		00:36:55	00:36:55	ACCENTURE
364	368	SONIA COSTA	F	37		00:37:06	00:36:44	INDIVIDUAL
365	222	NAZARÉ VELEZ	F	54		00:37:09	00:36:57	ENJOADAS DO ASFALTO
366	99	ANA ISABEL CORREIA MARQUES GONCALVES	F	39		00:37:10	00:37:09	CLUBE MILLENNIUM BCP
367	265	PATRÍCIA FRANCISCO	F	44		00:37:40	00:37:23	
368	138	MONSERRAT CARBALLIDO EIRAS	F	36		00:37:42	00:37:33	INDIVIDUAL
369	424	ANA PAULA VIEGAS	F	43		00:37:43	00:37:38	INDIVIDUAL
370	358	MAGDALENA HORODYSKA	F	24		00:37:48	00:37:48	INDIVIDUAL
371	538	TERESA ISABEL FARINHA MARINHEIRO MATOSO	F	50		00:37:51	00:37:41	WIKO
372	540	SOFIA FERRAO LOPES RIBEIRO	F	29		00:37:56	00:37:32	WIKO
373	378	CELESTE SANTOS	F	47		00:38:03	00:37:41	
374	580	MARTA BRAVO	F	37		00:38:05	00:37:45	EY
375	366	RAQUEL SERRA PINHEIRO	F	14		00:38:07	00:37:43	INDIVIDUAL
376	520	MONICA VIEIRA	F	14		00:38:08	00:37:46	CCD SINTRENSE
377	422	MARIA DA PURIFICAÇÃO BRITES MOITA FARIA	F	44		00:38:08	00:37:43	INDIVIDUAL
378	106	ANA MORAIS	F	29		00:38:27	00:38:23	
379	229	EUGÉNIA MARIA RIBEIRO BRITO FREIRE	F	45		00:38:30	00:38:18	INDIVIDUAL
380	363	ANA CATARINA FERNANDES MAGALHÃES	F	33		00:38:37	00:38:29	INDIVIDUAL
381	262	ANA PAULA DOS SANTOS VITORINO JORGE	F	48		00:38:40	00:38:37	INDIVIDUAL
382	478	TÂNIA TRIGUINHO	F	34		00:38:43	00:38:43	SPEEDY GONZALES TEAM
383	278	CARLA JAIME	F	45		00:38:44	00:38:41	OS OSGAS
384	398	CHRISTINE NEUBERT ALEMIDA MIKI	F	39		00:38:47	00:38:34	INDIVIDUAL
385	439	RITA MARGARIDA SILVA MARQUES	F	41		00:38:49	00:38:46	INDIVIDUAL
386	567	MARIA DA GRACA SILVA MEDEIROS	F	51		00:38:50	00:38:35	KLM
387	291	MARINA ISABEL GASPAR PASCOAL	F	35		00:38:58	00:38:46	INDIVIDUAL
388	300	MEDINA MARTINS JACOB	F	36		00:38:58	00:38:47	INDIVIDUAL
389	375	SILVIA MARIA FERREIRA SERRA	F	44		00:39:10	00:38:47	INDIVIDUAL
390	362	RUTE ISABEL DUARTE CASIMIRO	F	35		00:39:16	00:38:53	INDIVIDUAL

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## Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
391	279	MARIA AMORIM	F	44		00:39:16	00:39:16	OS OSGAS
392	177	MARIA GUADALUPE PALMA PEREIRA	F	48		00:39:19	00:38:57	INDIVIDUAL
393	603	MARIA VARELA	F	52		00:39:23	00:39:03	INDIVIDUAL
394	100	MARIA ALEXANDRA COSTA SUTIL ROQUE	F	46		00:39:28	00:39:21	CLUBE MILLENNIUM BCP
395	88	SUZANA GARCIA	F	39		00:39:29	00:39:25	
396	367	LUIZA TOMÁS	F	56		00:39:51	00:39:27	INDIVIDUAL
397	325	DINEIA VILALLONGA DE MATOS PEREIRA	F	36		00:39:56	00:39:38	INDIVIDUAL
398	432	MARIA GORDO	F	50		00:40:01	00:39:59	LINDA-A-PASTORA
399	433	ANA MONTEIRO	F	38		00:40:02	00:39:58	LINDA-A-PASTORA
400	434	DINA NUNES	F	38		00:40:02	00:40:01	LINDA-A-PASTORA
401	33	PAULA CRISTINA NUNES BARBOSA	F	35		00:40:17	00:40:04	INDIVIDUAL
402	174	MARIA FRANCIA	F	29		00:40:20	00:40:20	INDIVIDUAL
403	525	SOFIA BORRALHO	F	36		00:40:28	00:40:01	
404	526	ROSA BORGES	F	40		00:40:28	00:40:01	
405	340	KATHARINA DORES	F	23		00:40:33	00:40:33	INDIVIDUAL
406	440	OLIMPIA ALMEIDA	F	64		00:40:35	00:40:15	
407	172	MARIA DE FÁTIMA FRAGOSO SILVA	F	49		00:40:45	00:40:45	INDIVIDUAL
408	165	SANDRA FILIPA MARQUES SUSANO	F	32		00:40:46	00:40:46	INDIVIDUAL
409	420	EVA MARIA CARREIRA SEIXAS LOPES	F	51		00:41:08	00:40:56	INDIVIDUAL
410	331	FÁTIMA LOPES	F	50		00:41:12	00:41:12	INDIVIDUAL
411	377	MARIA EMILIA BATISTA	F	59		00:41:38	00:41:17	
412	133	SANDRA DALILA JORGE SERENO	F	46		00:41:50	00:41:43	INDIVIDUAL
413	190	JENNIFER REMMER	F	25		00:41:50	00:41:43	INDIVIDUAL
414	584	SILVIA BARRETO	F	39		00:41:56	00:41:36	EY
415	117	CRISTINA PANNORAJ TORRES	F	18		00:42:33	00:42:33	INDIVIDUAL
416	303	ANA FILIPA PEPE PATRÍCIO MARTINS	F	30		00:42:33	00:42:14	INDIVIDUAL
417	183	LUCIA DUARTE	F	64		00:43:01	00:42:45	CLUBE DESPORTIVO TCPI
418	595	ANA RITA ALVES DA FONSECA SIMÕES	F	33		00:43:20	00:43:20	INDIVIDUAL
419	208	MARTA MARIA MORAIS ESTEVES GIL	F	34		00:43:28	00:43:28	INDIVIDUAL
420	524	SÓNIA ANDREIA NUNES D'ASCENSAO PINHEIRO	F	32		00:43:30	00:43:30	INDIVIDUAL
421	399	ANA ISABEL SOUSA AZEVEDO	F	30		00:43:41	00:43:22	INDIVIDUAL
422	198	ANA SOFIA ALVES	F	34		00:43:41	00:43:21	TC RUNNERS
423	200	CLÁUDIA SERRA	F	33		00:43:42	00:43:21	TC RUNNERS
424	82	ANA CRISTINA AFONSO DE CARVALHO	F	39		00:43:42	00:43:31	INDIVIDUAL
425	144	LILIANA FERREIRA DE SOUSA MACHADO	F	36		00:43:43	00:43:43	INDIVIDUAL
426	372	CARLA SOFIA QUEIROGA FRANCISCO SERRA	F	31		00:44:05	00:43:44	INDIVIDUAL
427	469	ISABEL LURDES PEREIRA CABACINHO	F	54		00:44:07	00:43:56	INDIVIDUAL
428	402	TERESA MARIA DA COSTA ANTUNES	F	54		00:44:07	00:43:55	INDIVIDUAL
429	495	PAULA ARRUDA	F	51		00:44:28	00:44:10	CCD SINTRENSE

**CORRIDA SEMPRE MULHER - 09/11/2014**

## Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
430	212	MARIA MANUELA MARTINS GOMES ROQUE	F	67		00:44:41	00:44:38	INDIVIDUAL
431	462	DORA ALEXANDRA NUNES SANTOS LOPES	F	47		00:45:12	00:44:50	INDIVIDUAL
432	566	PAULA ALEXANDRA FERREIRA SERRA	F	33		00:45:41	00:45:25	KLM
433	558	FATIMA BARATA	F	55		00:45:53	00:45:53	MTV
434	184	AMÉLIA BERNARDO	F	56		00:46:58	00:46:58	CLUBE DESPORTIVO TCPI
435	498	MARIA DE FÁTIMA BELO	F	53		00:50:36	00:50:36	CCD SINTRENSE
436	205	ALEXANDRA VIEIRA	F	34		00:52:49	00:52:49	NÚCLEOEIRAS / SPORTZONE
437	282	INÊS FILIPA	F	16		00:52:49	00:52:49	EURO MULHERES
438	12	EUGÉNIA TEIXEIRA	F	31		00:54:09	00:54:07	LINDA-A-PASTORA
439	274	JOANA FILIPA PACHECO GAVANCHA SILVA	F	14		00:54:38	00:54:38	INDIVIDUAL
440	271	TANIA GODINHO	F	26		00:56:16	00:56:16	INDIVIDUAL
441	270	VERA GODINHO	F	34		00:56:17	00:56:17	INDIVIDUAL
442	62	MARIA DA CONCEIÇÃO ERVÕES CORREIA	F	63		00:56:45	00:56:45	INDIVIDUAL
443	494	PAULA NEFFE	F	54		00:57:37	00:57:37	CCD SINTRENSE
444	283	VANDA SILVA	F	37		00:57:56	00:57:56	EURO MULHERES
445	532	TANIA DE JESUS RODRIGUES ROCHA	F	21		00:58:17	00:58:17	INDIVIDUAL
446	284	MAFALDA PINA	F	39		00:59:12	00:59:12	EURO MULHERES
447	280	TÂNIA CARDOSO	F	33		00:59:17	00:59:17	EURO MULHERES
448	281	CARLA CARDOSO	F	44		00:59:30	00:59:30	EURO MULHERES
449	364	ROSA MARIA JESUS DUARTE	F	47		00:59:37	00:59:37	INDIVIDUAL
450	578	INES ALEXANDRE	F	26		01:02:03	01:01:43	EY
451	515	CARLA SILVA GARCIA	F	38		01:03:11	01:03:11	CCD SINTRENSE
452	496	MARIA DE LURDES PINTO	F	59		01:03:13	01:03:13	CCD SINTRENSE
453	472	NÁDIA FARIA	F	24		01:04:06	01:04:06	AS TORTAS
454	471	FÁTIMA SANTOS	F	33		01:04:07	01:04:07	AS TORTAS
455	215	PAULA ALEXANDRA RUSSO ANDRE	F	46		01:05:24	01:05:24	INDIVIDUAL
456	140	OLIMPIA VIRGINIA LUIS FELIX	F	26		01:06:26	01:06:26	INDIVIDUAL
457	514	CÁTIA CABELEIRA	F	32		01:07:06	01:07:06	CCD SINTRENSE
458	518	OLIVIA JESUS SIMÕES	F	60		01:07:07	01:07:07	CCD SINTRENSE
459	513	VERA MEDEIRO	F	34		01:07:09	01:07:09	CCD SINTRENSE
460	508	ANA ALVES FARIA	F	45		01:16:18	01:16:18	CCD SINTRENSE
461	512	TERESA GOMES FILIPE	F	40		01:16:21	01:16:21	CCD SINTRENSE
462	605	MARIA JOSE AGUIAR	F	17		01:16:28	01:16:28	INDIVIDUAL
463	49	MARIA DE FATIMA LOPES TOME SANTOS	F	34		01:22:11	01:22:11	INDIVIDUAL
464	209	MARIA ADELAIDE GOMES LEOCÁDIO	F	55		01:26:43	01:26:43	INDIVIDUAL
465	210	ANA CRISTINA LEOCÁDIO FEIJÃO	F	49		01:26:44	01:26:44	INDIVIDUAL
466	634	RITA TERESA GONCALVES DOS SANTOS MARTINS	F	28		01:31:49	01:31:49	ACCENTURE
467	289	CAROLINA PAULO	F	65		01:33:24	01:33:24	INDIVIDUAL
468	600	OTILIA DA CONCEIÇÃO RODRIGUES	F	60		01:34:24	01:34:24	INDIVIDUAL

# CORRIDA SEMPRE MULHER - 09/11/2014

## Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
469	598	ELENA ZAHARIA GIRAO	F	35		01:36:10	01:36:10	INDIVIDUAL
470	121	SANDRA CRISTINA VILELA SERGIO SANTOS	F	38		01:38:01	01:38:01	INDIVIDUAL
471	546	PATRICIA SOFIA BRITO LOPES CORREIA	F	32		01:38:13	01:38:13	RANDSTAD
472	101	PATRÍCIA MANUEL VALADAS PIRES PEREIRA	F	40		01:39:16	01:39:16	INDIVIDUAL
473	203	GISELE GOMES PROENCA DE FIGUEIREDO	F	40		01:41:13	01:41:13	INDIVIDUAL
474	501	ANGÉLICA MATEUS	F	52		01:42:07	01:42:07	CCD SINTRENSE
475	500	ISABEL RODRIGUES	F	45		01:44:20	01:44:20	CCD SINTRENSE
476	509	CARLA SOUTO	F	40		01:44:25	01:44:25	CCD SINTRENSE
477	516	DEOLINDA GUERRA	F	49		01:44:25	01:44:25	CCD SINTRENSE
478	505	VERA SAMPAIO LOPES	F	39		01:44:30	01:44:30	CCD SINTRENSE
479	499	JACINTA OLIVEIRA	F	41		01:44:38	01:44:38	CCD SINTRENSE
480	517	CÍNTIA SARAÍVA	F	57		01:44:42	01:44:42	CCD SINTRENSE
481	290	IRENE FERREIRA	F	59		01:45:29	01:45:29	INDIVIDUAL

**Total de registros: 481**