

Lugar	Dorsal	Nome	Equipa	Chip	Tempo
1	2	Ana Ferreira	Sporting Clube de Portugal	00:17:17.18	00:17:17.42
2	4	Margarida Dionísio	Associação Cultural e Recreativa Senhora do Desterro	00:18:55.61	00:18:55.61
3	3	Olga Serbyn	Sporting Clube de Portugal	00:18:55.96	00:18:55.96
4	8	Kcénia Bougrova	Sporting Clube de Portugal	00:19:22.12	00:19:22.12
5	5	Mónica Moreiras	Associação Moradores Atibá	00:20:10.92	00:20:10.92
6	9	Lucília Soares	Catagás Vulcano	00:20:20.69	00:20:20.69
7	6	Daniela Gordino	Sporting Clube de Portugal	00:20:45.59	00:20:45.59
8	571	Beatriz Fernandes	Clínica Santa Madalena	00:21:30.22	00:21:30.22
9	476	Carolina Duarte	EUROCABE	00:22:24.95	00:22:24.95
10	166	Susana Patricia Cruz Rodrigues	Individual	00:22:47.08	00:22:49.14
11	511	Joana Taneco	100%FitClub	00:22:55.00	00:22:55.00
12	558	Szabina Huttner	Individual	00:23:03.66	00:23:04.19
13	520	Geninha Andrade	AGEAS SEGUROS secretariado	00:23:07.92	00:23:10.00
14	149	Lina Margarida Fidal Eugénio	Individual	00:23:22.19	00:23:22.19
15	508	Sara Flora da Silva	AGEAS - Tagus Park	00:23:09.70	00:23:22.30
16	154	Sara Catarina Oliveira Gabriel	Individual	00:23:56.71	00:23:56.71
17	340	Djara delgado	CRDM 2	00:24:31.45	00:24:31.45
18	419	Marília Noro	BAXTER	00:24:37.78	00:24:37.78
19	458	Maria João Marcelino	GALP	00:24:50.45	00:24:50.45
20	490	Ana Isabel Fanica Gomes	AGEAS - Parque das Nações	00:24:51.21	00:25:00.39
21	292	Ana Teresa Moreno da Silva	Individual	00:25:04.22	00:25:08.24
22	517	Magda Farinha	AGEAS SEGUROS secretariado	00:25:17.65	00:25:17.65
23	258	Elsa Cristina de Sousa Borda de Agua	Individual	00:25:11.77	00:25:20.41
24	544	Daniela Maria Pereira Alves	Individual	00:25:36.68	00:25:42.45
25	29	Raquel Susana Peixoto Subtil	Individual	00:25:39.80	00:25:44.79
26	76	Rita Andreia da Silva Antunes	Individual	00:25:45.74	00:25:45.74
27	357	Ana Catarina dos Santos Rebelo	Individual	00:25:44.96	00:25:47.98
28	501	Heloísa Maria Andrade Galha	AGEAS - Tagus Park	00:25:53.50	00:25:56.39
29	74	CHEILA DIAS	Individual	00:26:01.20	00:26:04.86
30	379	Joana Margarida Gens do Carmo	Individual	00:26:04.54	00:26:09.88
31	513	Sara Barros Miranda	100%FitClub	00:26:11.00	00:26:11.00
32	68	Paula Cristina Silva Martins Monteiro	Individual	00:26:07.61	00:26:16.35
33	209	ALEXANDRA CRISTINA G F CARMONA COSTA	Clube Millennium BCP	00:26:24.72	00:26:24.86
34	31	Paula Félix	Individual	00:26:24.91	00:26:27.22
35	559	Vanda Cristina Barroso Póvoa	Individual	00:26:23.03	00:26:30.15
36	557	Dora Duarte		00:26:20.85	00:26:30.56
37	380	Patrícia Duarte Fialho da Silva	Individual	00:26:25.67	00:26:32.55
38	297	Francisca Silva Tavares	Individual	00:26:33.42	00:26:33.42
39	314	VICTORIA MATA	OS MATAS	00:26:37.93	00:26:37.93
40	202	Cinzia Simão Xavier	KPMG Runners	00:26:45.32	00:26:48.09
41	229	carmo pio	Grupo Corrida JCS	00:26:46.69	00:26:51.95
42	368	MARIA GORETI FERNANDES	Clube CIMPOR	00:26:53.08	00:26:58.73
43	365	Ana Mafalda Pinto Correia da Cunha	Individual	00:26:53.38	00:26:59.78
44	183	Caroline Nunes	Individual	00:26:56.07	00:27:02.75

Lugar	Dorsal	Nome	Equipa	Chip	Tempo
45	328	Madalena Correia Martins da Luz Costa	Individual	00:26:58.12	00:27:08.91
46	174	Sandra Cristina Almeida Cardoso	Individual	00:27:05.73	00:27:13.91
47	205	MARIA ROCHA RODRIGUES	Clube Millennium BCP	00:27:07.99	00:27:15.72
48	581	CARLA PEREIRA	Individual	00:27:13.89	00:27:16.35
49	215	Maria Madalena Pereira de Oliveira Ferreira	Individual	00:27:36.65	00:27:42.58
50	69	Ana Amorim	Individual	00:27:46.00	00:27:51.53
51	459	SUSANA sousa oliveira FARIA rocha evangelista	GALP	00:27:51.83	00:27:51.83
52	531	Mafalda Canana Canastro	Individual	00:27:43.98	00:27:51.94
53	323	Teresa Baptista Sacadura Biscaia	Tejo Atlântico	00:27:51.65	00:27:58.93
54	184	Maria da Conceição Pinho Ferreira	Município de Torres Vedras	00:27:52.85	00:28:00.21
55	469	Inês Oliveira Filipe	GALP	00:27:48.99	00:28:02.21
56	51	Vera Lúcia Pires Cepa Louçã	Individual	00:28:00.28	00:28:05.86
57	485	Silvia Alexandra Silva Martins do Ó	AGEAS - Entrepasto	00:27:58.54	00:28:07.61
58	311	Liliana Carina Medeiros Afonso Carreira	Individual	00:28:03.96	00:28:08.58
59	155	Marta Alexandra Neiva Viana	Individual	00:28:15.17	00:28:18.43
60	417	Liliana Maria Pereira Alves	MTV	00:28:13.87	00:28:19.62
61	226	alexandra centeno	Grupo Corrida JCS	00:28:20.88	00:28:20.88
62	438	Ana Rita Vieira Figueiredo Dias	SAUDA	00:28:16.66	00:28:20.95
63	224	ana paula machado gonçalves	Individual	00:28:20.48	00:28:24.90
64	453	Michele Correia	Grupo Dom Pedro	00:28:20.96	00:28:27.44
65	534	Andreia Castanheira	Individual	00:28:24.51	00:28:28.00
66	498	Carolina Gomes Machado Conte de Moraes	AGEAS - Tagus Park	00:28:30.23	00:28:31.79
67	465	Catarina Nabais Ferro	GALP	00:28:21.01	00:28:34.38
68	445	NANCI FILIPA BOTO	SAUDA	00:28:36.26	00:28:36.26
69	352	Joana Romão dos Santos	Individual	00:28:37.79	00:28:37.79
70	87	Isabel Maria Costa Baptista Rodrigues	Individual	00:28:39.42	00:28:39.42
71	361	Flavia	Individual	00:28:37.63	00:28:42.12
72	194	Filipa Faria Galo de Vasconcelos Almeida	KPMG Runners	00:27:30.82	00:28:47.77
73	185	Liliana Andreia Pinho Bernardo	Individual	00:28:37.86	00:28:48.73
74	523	CATARINA SANTOS	CLUBE ACCENTURE	00:28:50.69	00:28:50.69
75	367	Ana Carina Estevão Amaro	Individual	00:28:54.39	00:28:54.39
76	313	Sara Filipa Malta Dias Ventura Baptista	Individual	00:28:51.98	00:28:56.48
77	412	Ana Rita Rocha Ribeiro Bôto	MTV	00:28:58.41	00:28:58.41
78	141	Cristina Baquero	Individual	00:28:51.20	00:29:00.93
79	541	Paula de Pina	Individual	00:29:15.90	00:29:15.90
80	353	Cátia Sofia Pinela Parreira	Individual	00:29:16.00	00:29:16.00
81	437	Cátia Sofia Ministro Henriques	SAUDA	00:29:12.13	00:29:16.39
82	373	Eugénia Santos	Individual	00:29:17.00	00:29:17.00
83	140	maria veloso	Individual	00:29:20.15	00:29:20.15
84	325	Irina Pedro	Individual	00:29:17.93	00:29:22.13
85	375	Sofia Ambrioso	Individual	00:29:29.55	00:29:34.03
86	524	INÊS FERREIRA	CLUBE ACCENTURE	00:29:28.79	00:29:43.41
87	170	Maria Madalena Lopes Branco	Individual	00:29:43.01	00:29:45.34
88	562	Conceicao pina		00:29:37.80	00:29:47.76

Lugar	Dorsal	Nome	Equipa	Chip	Tempo
89	597	Catarina Mauricio		00:29:43.37	00:29:52.33
90	554	Joana de São João Rodrigues	Individual	00:29:46.12	00:29:54.05
91	128	Sónia Vicente		00:29:40.06	00:29:54.22
92	556	Joana Silva		00:29:46.25	00:29:55.69
93	516	Carla Alexandra Fernandes Carvalho Faria	AGEAS SEGUROS secretariado	00:29:57.81	00:29:57.81
94	171	Ana Filipa Barroso	Individual	00:29:48.09	00:29:59.55
95	318	Joana Medeiros	GD Bayer Portugal	00:29:54.85	00:30:01.89
96	259	Célia Silvestre	Pink Team - BJJ/CCRAM	00:29:51.82	00:30:06.48
97	286	Marlene oliveira	Individual	00:30:08.25	00:30:08.25
98	267	ANA PATRÍCIA MACHADO RIBEIRO CANDEIAS	Individual	00:30:06.09	00:30:12.26
99	351	Ana Paula Fernandes	Juntas Somos Mais Fortes	00:30:14.63	00:30:16.16
100	298	Ana Isabel Martins	Individual	00:30:03.52	00:30:17.23
101	510	Camila Melo	ISWARI	00:30:20.00	00:30:20.00
102	102	Raquel de Oliveira Gonçalves Barata	Individual	00:30:19.12	00:30:29.51
103	103	Clara Filipa Henriques de Assis	Individual	00:30:18.78	00:30:29.52
104	383	Odete Francisco	Mae e Filha	00:30:27.49	00:30:30.25
105	216	Celeste da Ascensão Videira Pinto da Cunha	Individual	00:30:30.94	00:30:30.94
106	457	Maria Felicidade Leal Carvalho Oliveira Santos	GALP	00:30:19.89	00:30:32.27
107	578	Joana Vanessa da Silva Lino Pais do Amaral	Individual	00:30:32.91	00:30:32.91
108	203	OLGA SOFIA NOBRE GOUVEIA LOPES	Clube Millennium BCP	00:30:35.78	00:30:38.44
109	251	AIDA MARIA RODRIGUES GOMES	Grupo Desportivo Cultural Trabalhadores Câmara Municipal Moita	00:30:34.65	00:30:42.48
110	503	Maria Inês Teixeira	AGEAS - Tagus Park	00:30:37.79	00:30:44.30
111	509	Susana Gonçalves	AGEAS - Tagus Park	00:30:44.58	00:30:44.58
112	461	Joana Garoupa	GALP	00:30:32.51	00:30:45.26
113	33	maria joao fernandes simoes	Individual	00:30:37.01	00:30:50.30
114	177	Vanda Silva	Individual	00:30:49.65	00:30:53.03
115	326	Paula Branco	Paula	00:30:45.88	00:30:54.48
116	190	Inês Lima Cardoso	Individual	00:30:42.93	00:30:55.69
117	561	Marta Filipa Pedro Guedes Pinto	Individual	00:30:42.90	00:30:56.33
118	542	Sara Raquel Alves Luís	Individual	00:30:43.15	00:30:56.48
119	424	Maria Eduarda Roxo	HERBALIFE	00:30:57.53	00:30:57.53
120	449	Ana Monteiro	SAUDA	00:30:52.54	00:30:59.13
121	450	Carla Susana Cardoso Monteiro	SAUDA	00:30:52.83	00:30:59.40
122	250	LINA CÉU MATEUS SANTOS	Grupo Desportivo Cultural Trabalhadores Câmara Municipal Moita	00:30:54.18	00:31:03.33
123	63	Carlota Joaquina e Silva	Individual	00:31:06.95	00:31:06.95
124	500	Maria Catarina Bobone da Camara Pinto Leite	AGEAS - Tagus Park	00:31:04.81	00:31:07.34
125	600	Mª João Rocha		00:31:03.84	00:31:08.36
126	567	Maria Emilia Rocha da Nóbrega Maria	Individual	00:30:58.49	00:31:08.60
127	525	IRIS ALMEIDA	CLUBE ACCENTURE	00:31:10.02	00:31:10.02
128	144	Célia Magueijo	Musas running	00:30:56.31	00:31:11.28
129	327	Paula Caldeira	Paula	00:31:03.64	00:31:13.09
130	241	Maria João Gonçalves Teixeira	Individual	00:31:07.48	00:31:14.08
131	117	Daniela Alexandra Isaías de Jesus	Individual	00:31:08.21	00:31:15.82
132	386	Sandra Marta Nobre Plecha	APAMCM	00:31:07.36	00:31:16.01

Lugar	Dorsal	Nome	Equipa	Chip	Tempo
133	59	Paula Alexandra Matos Silva	Individual	00:31:12.15	00:31:19.69
134	52	Sara Cristina Alberto da Silva Martins	Individual	00:31:22.28	00:31:25.91
135	504	Marina Alexandra Goncalves Machado Nunes da Silva	AGEAS - Tagus Park	00:31:23.49	00:31:27.08
136	369	Dora Gomes	JF Falagueira e Venda Nova	00:31:21.17	00:31:28.20
137	116	Carolina Pinto	Individual	00:31:28.03	00:31:40.97
138	270	Rita Barrão Iglésias	Individual	00:31:38.78	00:31:44.57
139	526	MANUELA GOMES	CLUBE ACCENTURE	00:31:29.14	00:31:44.78
140	139	Cláudia de fatima Esteves	Individual	00:31:46.04	00:31:46.04
141	247	Suzana João Rodrigues Silveiro	Individual	00:31:40.99	00:31:48.82
142	303	Ana Cristina Lampreia Cabrita das Neves	Individual	00:31:46.56	00:31:50.62
143	93	Elizabet Brehm	Individual	00:31:48.52	00:31:55.15
144	454	Filipa Mendes	GALP	00:31:47.93	00:32:00.80
145	425	Carla Marina Marques Gonçalves	HERBALIFE	00:31:39.81	00:32:03.15
146	343	Liliana Mestre Coelho	Individual	00:31:55.50	00:32:03.80
147	145	Susana Niza	Musas running	00:31:48.19	00:32:05.15
148	115	Liliana Cristina Lampreia Gonçalves	Individual	00:32:05.56	00:32:07.81
149	416	Joana Saraiva Rocha de Almeida	MTV	00:31:53.30	00:32:08.36
150	279	Olesya Dias	Individual	00:32:16.41	00:32:16.41
151	138	Joana Antunes	Individual	00:32:04.67	00:32:17.69
152	156	Ana Beato	Individual	00:32:06.00	00:32:18.27
153	315	ISABEL VIEIRA	OS MATAS	00:32:22.80	00:32:22.80
154	381	maria eugenia marcos luiz	Individual	00:32:15.83	00:32:23.13
155	404	Ângela Pirralho	MTV	00:32:10.00	00:32:25.72
156	172	Márcia Filipa Martins Silva	Individual	00:32:15.64	00:32:26.20
157	191	Dina Maria Santos Lima Cardoso	Individual	00:32:14.52	00:32:27.63
158	312	Mariana Belo Freire	Individual	00:32:17.22	00:32:28.52
159	547	Érica Renata Fonseca de Oliveira	WHIRLPOOL	00:32:18.55	00:32:29.24
160	302	Cláudia Sofia Gomes	Gomes	00:32:30.01	00:32:30.01
161	151	Tânia Simões	Amizade sem Distâncias	00:32:15.57	00:32:30.10
162	152	Sofia Pires	Amizade sem Distâncias	00:32:15.79	00:32:30.35
163	301	Maria Inês Gomes	Gomes	00:32:22.63	00:32:33.47
164	135	Marta Sousa	Individual	00:32:31.96	00:32:35.98
165	575	Ana	Mae e Filha	00:32:36.41	00:32:36.41
166	201	Susana Cristina Martins da Silveira Teodoro	KPMG Runners	00:32:34.44	00:32:37.21
167	299	Rita Matias	Individual	00:32:37.71	00:32:37.71
168	370	Ana Venâncio	JF Falagueira e Venda Nova	00:32:26.52	00:32:37.79
169	309	Catarina da Luz Sousa Vasconcelos	Individual	00:32:30.09	00:32:38.10
170	537	Marina Andreia Saraiva Vendeira	Individual	00:32:38.18	00:32:38.18
171	290	Paula Alexandra Mendes Carvalho	Individual	00:32:32.77	00:32:39.01
172	136	Patrícia Isabel Gomes Alves	Individual	00:32:39.41	00:32:42.26
173	99	Aparecida Conceição Teixeira da Silva	Wins	00:32:35.18	00:32:44.65
174	100	Meirevone da Silva Ferreira	Wins	00:32:34.85	00:32:44.99
175	178	Arlinda Maria da Rocha Oliveira	Individual	00:32:35.78	00:32:47.51
176	173	Daniela Cristina da Cruz Santiago Maia	Individual	00:32:35.73	00:32:47.93

Lugar	Dorsal	Nome	Equipa	Chip	Tempo
177	321	Maria da Conceição Veloso David	Tejo Atlântico	00:32:50.36	00:32:50.36
178	133	MANUELA CASTELO	TRILOBITES TF	00:32:48.57	00:32:51.07
179	134	ADELAIDE PEREIRA	TRILOBITES TF	00:32:47.71	00:32:51.12
180	132	ISABEL PEREIRA	TRILOBITES TF	00:32:48.13	00:32:51.67
181	164	Rosa Falardo	Individual	00:32:46.82	00:32:53.82
182	336	Catarina Maria Patricio Fialho	Clube PT - zcs	00:32:54.54	00:32:54.54
183	493	Alexandra Sofia Martins Mesquita Ferreira	AGEAS - Parque das Nações	00:30:49.06	00:32:54.68
184	333	Ana Alice Simões Pereira	Clube PT - zcs	00:32:54.84	00:32:54.84
185	238	Ana Rosa	Pernas Loucas	00:32:46.27	00:32:57.87
186	236	Sonia Casaca	Pernas Loucas	00:32:45.62	00:32:57.87
187	372	Matilde Ribeiro Gorjão	Individual	00:32:49.38	00:32:58.16
188	366	Susana Henriques Afonso	Individual	00:32:50.28	00:32:58.21
189	471	Sandra Alves Gonçalves João	GALP	00:32:53.95	00:33:04.23
190	219	Petra Pascoal Muskova	Individual	00:32:49.27	00:33:06.19
191	291	Marcela Di Mambro Rodrigues Gil	Individual	00:33:10.88	00:33:10.88
192	384	Catarina Lopes	Mae e Filha	00:33:12.65	00:33:16.88
193	341	Sheila Pires fernandes	CRDM 2	00:33:22.92	00:33:22.92
194	331	Ana Filipa Mota Nunes	Chamusca O Coração do Ribatejo	00:33:11.50	00:33:23.03
195	364	Sónia Filomena Barros Carreira Coutinho	Individual	00:33:17.88	00:33:23.08
196	329	Marta Isabel Francisca Gomes	Chamusca O Coração do Ribatejo	00:33:11.51	00:33:23.37
197	20	Valentina Serbyn	Grupo Jamor	00:33:25.63	00:33:25.63
198	272	Avelina Monteiro	CRDM 2	00:33:33.49	00:33:34.34
199	546	Natércia Pombo	Individual	00:33:32.24	00:33:35.84
200	65	Ondina Teodoro	Individual	00:33:30.28	00:33:37.35
201	95	Sandra Nair Soares		00:27:57.47	00:33:42.57
202	80	Elisabete Jesus Marques	Individual	00:33:38.11	00:33:43.21
203	596	Victoria Franco		00:33:44.26	00:33:44.26
204	214	Ana Lina Lopes da Veiga Vaz	Individual	00:33:44.80	00:33:44.80
205	21	Daniella Lopes de Figueiredo	Individual	00:33:31.79	00:33:44.84
206	388	Vanessa Almaça Ramos Neves	Individual	00:33:44.58	00:33:54.51
207	264	Elsa De Luca	Individual	00:33:57.59	00:33:57.59
208	210	EMILIA MARIA ALMEIDA BENTO ARSENIO	Clube Millennium BCP	00:33:51.14	00:34:01.21
209	88	Helena de Jesus Oliveira Tente Guerra	Individual	00:34:04.92	00:34:04.92
210	79	maria de lurdas silva gonçaves amaral	Individual	00:34:01.15	00:34:06.48
211	28	Isabel Maria Sobreda Barbieri Cardoso	Individual	00:33:58.58	00:34:08.55
212	308	Jessica	Ibis Team	00:32:26.57	00:34:17.52
213	36	Ana Ofélia Gomes de Sousa Rolo	Individual	00:34:12.54	00:34:18.93
214	146	leonor Dulce Guimarães Samora Pinto	Individual	00:34:12.17	00:34:19.20
215	106	Sónia Pinto Durão	TP	00:34:21.66	00:34:21.66
216	566	Susana Carla da Nóbrega Maria	Individual	00:34:13.41	00:34:24.02
217	451	Beatriz Melício	SAUDA	00:34:19.10	00:34:32.80
218	126	Nidia Silva	Individual	00:34:34.09	00:34:35.76
219	245	Diana Quaresma	Girl Power	00:34:27.36	00:34:41.50
220	246	Tânia Dias	Girl Power	00:34:27.78	00:34:41.69

Lugar	Dorsal	Nome	Equipa	Chip	Tempo
221	418	Paula da Silva Pinto Ferreira Carmo	BAXTER	00:34:36.80	00:34:47.36
222	598	Silvia Mendes		00:34:42.18	00:34:51.57
223	452	Mariana Neves	SAUDA	00:34:39.67	00:34:53.00
224	580	Belén saez marquina	Individual	00:34:56.26	00:35:06.52
225	464	Maria Beatriz Vaz Tomé Gonçalves da Cruz	GALP	00:35:10.66	00:35:10.66
226	495	Vanda Belo	AGEAS - Parque das Nações	00:35:04.24	00:35:10.93
227	356	Maria Teresa Alves dos Santos Martins Adagoi	Individual	00:35:06.39	00:35:14.45
228	54	Neuza Rebelo	Individual	00:35:01.41	00:35:16.36
229	129	Helena Neto		00:35:01.44	00:35:16.78
230	53	Daniela Rebelo	Individual	00:35:16.93	00:35:16.93
231	67	Inês Carapau	Individual	00:35:17.25	00:35:17.25
232	118	Cátia Rubina de Freitas Sousa	Individual	00:32:36.17	00:35:17.49
233	66	Rita Lopes	Individual	00:34:59.76	00:35:17.72
234	38	TERESA MARIA LOPES FERREIRA	Individual	00:33:05.95	00:35:19.26
235	570	Madalena Beija Vieira Santos	Individual	00:35:20.07	00:35:20.07
236	23	Hélia Cristina Frias Ferreira	Individual	00:35:22.22	00:35:28.13
237	153	Olivia Raquel Ferreira Oliveira	Individual	00:35:24.66	00:35:29.82
238	252	FRANCISCA JOSÉ PEREIRA CARVALHO RODRIGUES	Grupo Desportivo Cultural Trabalhadores Câmara Municipal Moita	00:35:32.10	00:35:32.10
239	196	Andreia Filipa Caseiro dos Santos	KPMG Runners	00:35:25.35	00:35:35.46
240	572	Maria Rita Beija Tavares Cabral Sousa Marcos	Individual	00:35:30.82	00:35:38.35
241	193	Lia Machado Ribeiro	KPMG Runners	00:35:31.63	00:35:41.63
242	435	Diana Isabel Cardoso Branco	SAUDA	00:35:45.81	00:35:45.81
243	527	RITA LÁZARO	CLUBE ACCENTURE	00:36:02.64	00:36:02.64
244	535	Vanda Elisabete Caeiro Gonçalves	Individual	00:35:56.65	00:36:04.11
245	358	Antonia Machado	Individual	00:36:04.76	00:36:04.76
246	393	Maria Alice Jorge Gomes	Individual	00:36:03.93	00:36:16.24
247	480	Ana Raquel Oliveira Gomes	Individual	00:36:11.25	00:36:20.64
248	86	Cristiana Cruz Rodrigues	Individual	00:36:31.02	00:36:34.50
249	355	Lidia Antunes		00:36:34.67	00:36:34.67
250	231	catarina vieira	Grupo Corrida JCS	00:32:54.06	00:36:41.65
251	521	Rita Lopes	Individual	00:36:37.64	00:36:43.38
252	522	Paula Agulhas Jerónimo	Individual	00:36:37.70	00:36:44.00
253	515	Rosa Maria Brandão Gameiro	AGEAS SEGUROS secretariado	00:36:38.33	00:36:44.45
254	415	Joana de Jesus Ferreira	MTV	00:36:49.86	00:36:49.86
255	182	Rute Marisa de Castro Soares Carrilho	Individual	00:36:41.44	00:36:53.37
256	261	Ana Cristina	Pink Team - BJJ/CCRAM	00:36:45.74	00:36:59.88
257	200	Catarina de Campos Madeira Simão	KPMG Runners	00:36:49.29	00:37:00.79
258	479	Vanda Cristina das Neves Badé	Individual	00:37:02.29	00:37:02.29
259	568	Helena Maria Magalhães de Seixas	Individual	00:36:49.84	00:37:03.66
260	543	Júlia Andreia de Freitas Filipe	Individual	00:37:03.97	00:37:03.97
261	158	Patricia Alexandra da Silva Sequeira	Individual	00:36:57.17	00:37:05.45
262	72	Bárbara António de Jesus	Nabantinas	00:36:56.33	00:37:08.22
263	225	Eufrasina Alves Lima	Individual	00:36:59.67	00:37:08.28
264	32	Paula Silva Costa	Individual	00:37:04.37	00:37:10.54

Lugar	Dorsal	Nome	Equipa	Chip	Tempo
265	565	Iana Lychko	Individual	00:37:02.58	00:37:15.75
266	564	Vanessa Lopes	Individual	00:37:03.95	00:37:15.88
267	237	Cristina Pereira	Pernas Loucas	00:37:07.44	00:37:19.26
268	289	Claudia Machado Nogueira	Individual	00:37:12.95	00:37:25.62
269	463	Carla Dias Santos Rei	GALP	00:37:19.56	00:37:30.66
270	324	Sofia Isabel Carneiro Simões	Individual	00:37:29.35	00:37:40.67
271	283	Patrícia Viegas	Galipollas	00:37:53.53	00:37:53.53
272	282	Teresa Coutinho	Galipollas	00:37:43.52	00:37:53.67
273	73	Ana Isabel Tomaz Costa	Nabantinas	00:37:43.32	00:37:55.50
274	71	Natércia Maria Nunes António de Jesus	Nabantinas	00:37:44.23	00:37:56.82
275	273	Débora Barceló	CRDM 2	00:37:57.86	00:37:57.86
276	563	Delminda pinheiro		00:38:07.07	00:38:07.07
277	223	DANIELA ALEXANDRA GONÇALVES REGO	Individual	00:38:03.75	00:38:09.93
278	548	Marlene Alexandra Cardoso Cunha	Individual	00:38:06.17	00:38:14.57
279	159	Ana Cristina Osorio S A Castro	Individual	00:38:04.62	00:38:15.19
280	43	ROSA MARIA JESUS ALVES MIRANDA REIS	Individual	00:38:21.90	00:38:23.37
281	91	Ana Rita Barreiros	Individual	00:38:34.39	00:38:38.81
282	441	Nádia Coelho	SAUDA	00:38:29.34	00:38:40.56
283	440	Margarida Oliveira	SAUDA	00:38:29.98	00:38:40.96
284	481	Fernanda Maria Simão da Silva Ribeiro	AGEAS - Entrepoto	00:38:48.73	00:38:48.73
285	482	Maria Gabriela Quaresma	AGEAS - Entrepoto	00:38:44.83	00:38:50.28
286	49	filipa daniela azevedo moreira	Individual	00:38:43.73	00:38:52.04
287	579	carla sofia pires duarte	Individual	00:38:43.92	00:38:52.06
288	268	Jessica Pereira Vasters de Oliveira	Individual	00:33:53.19	00:38:58.12
289	278	Mari Suzuki	Individual	00:33:54.19	00:38:58.42
290	124	Ana Patricia Lizardo da Silva Loureiro	Individual	00:37:39.50	00:39:01.37
291	123	Aurélia Gomes Duarte Calmão	Individual	00:39:02.12	00:39:02.12
292	94	Claudia Borges Pargana		00:33:26.26	00:39:12.76
293	163	linda suse lopes pinto	Individual	00:39:12.58	00:39:15.25
294	486	Yoselyn Maria Silva Santos	AGEAS - Entrepoto	00:39:18.18	00:39:18.18
295	335	Maria Teresa da Costa Ramos Lopes	Clube PT - zcs	00:39:22.76	00:39:25.22
296	483	Rafaela Furtado Pereira	AGEAS - Entrepoto	00:36:21.81	00:39:51.71
297	107	Ana Quintela	TP	00:39:45.13	00:39:57.28
298	536	Dina pinto	Individual	00:37:55.95	00:40:12.82
299	162	Kátia Faradiba dos Santos Vidal	Individual	00:39:57.93	00:40:13.92
300	206	CARLA SOFIA TAVARES GONCALVES	Clube Millennium BCP	00:35:04.84	00:40:19.87
301	539	Judite Constancio	Mundo	00:40:07.85	00:40:22.22
302	538	Gilberta Aldeia	Mundo	00:40:08.03	00:40:22.67
303	230	catarina nascimento	Grupo Corrida JCS	00:40:30.01	00:40:30.01
304	322	Teresa Jesus Leitão Arrifano Ferreira	Tejo Atlântico	00:40:31.88	00:40:34.98
305	344	Paula Costa	Juntas Somos Mais Fortes	00:40:33.38	00:40:35.34
306	122	Inês Filipa Assunção dos Santos	Individual	00:40:50.58	00:40:50.58
307	338	Oskatheeyne Valente	Individual	00:40:52.05	00:40:59.69
308	27	Maria Amélia Costa	Individual	00:41:05.00	00:41:05.00

Lugar	Dorsal	Nome	Equipa	Chip	Tempo
309	390	Maria Rita Cabral Arrais de Melo e Castro	Individual	00:41:13.95	00:41:24.56
310	271	Cátia joana Varela de sousa curica	Individual	00:40:06.76	00:41:32.19
311	50	Maria Luísa Santos	Individual	00:41:36.31	00:41:38.42
312	175	Ana Maria Barbosa Fernandes de Oliveira Lima dos Santos	Individual	00:41:35.58	00:41:38.84
313	394	Dora Cristina Anunciação Murça	Individual	00:41:35.88	00:41:44.58
314	354	Sandra pedrosa		00:41:47.80	00:41:58.52
315	104	Isilda Rabasquinho	Individual	00:42:02.71	00:42:11.44
316	346	Ana Teresa Samuel	Juntas Somos Mais Fortes	00:42:10.63	00:42:12.26
317	306	Debora	Ibis Team	00:42:31.49	00:42:31.49
318	545	Tânia Subtil	Ibis Team	00:40:33.34	00:42:32.45
319	34	Joana Rita Gomes Reis	Individual	00:42:44.75	00:42:59.89
320	35	Maria de Fátima Joaquim Gomes	Individual	00:42:46.45	00:43:00.23
321	274	Jane Silva	CRDM 2	00:43:01.60	00:43:07.92
322	477	Ana Luisa Duarte de Almeida Mendeiros	Individual	00:43:18.14	00:43:27.38
323	478	Inês de Almeida Mendeiros	Individual	00:43:18.41	00:43:27.63
324	260	Marta Caldas	Pink Team - BJJ/CCRAM	00:43:17.80	00:43:31.91
325	349	Susana Cristina Ferreira	Juntas Somos Mais Fortes	00:43:45.55	00:43:45.55
326	550	Maria isalina Rodrigues Teles	Individual	00:43:48.18	00:43:57.60
327	121	Ana Catarina Madureira Alves Serra	Individual	00:43:56.89	00:44:05.62
328	401	Natália Monteiro de Sousa Henriques	MTV	00:44:39.17	00:44:49.65
329	400	Ana Filipa Gamito Oliveira Clemente	MTV	00:44:39.03	00:44:49.82
330	294	Alice Correia	Costa	00:44:59.41	00:44:59.41
331	207	ISABEL MARIA CRISTINA LIMA ANTUNES	Clube Millennium BCP	00:45:17.66	00:45:30.74
332	58	Maria Cecilia Oliveira	Individual	00:40:20.19	00:45:34.25
333	462	Ana Claudia Carvalho Oliveira Santos	GALP	00:45:35.42	00:45:35.42
334	61	Maria Luis Barata de Brito de Carvalho Neves	Individual	00:45:41.49	00:45:41.49
335	56	Susana Fernandes	Aí vamos nós !!!	00:40:02.90	00:45:42.75
336	287	Diva Raquel da Silva Saraiva	Individual	00:45:52.73	00:46:07.87
337	256	Rita Alexandra Salvador Ramos	Individual	00:45:53.48	00:46:08.08
338	574	Fátima	Mae e Filha	00:46:00.79	00:46:08.37
339	576	Catarina Isabel oliveira nunes fernandes	Individual	00:46:06.69	00:46:22.11
340	239	Ana Quaresma	Pernas Loucas	00:46:14.57	00:46:26.67
341	427	Telma Marisa Lourenço dos Santos Ponte	HERBALIFE	00:46:33.99	00:46:33.99
342	288	Maria Cristina Algarvio Paulos Rocheta	Individual	00:46:34.57	00:46:34.57
343	423	Andréa Serqueira	HERBALIFE	00:43:35.02	00:46:34.86
344	496	Sofia Tomás	AGEAS - Parque das Nações	00:48:04.34	00:48:04.34
345	41	Catarina Santos	Aí vamos nós !!!	00:42:33.70	00:48:12.74
346	47	Rita Brito	Aí vamos nós !!!	00:42:31.21	00:48:13.42
347	112	Elsa Correia da Fonseca	Individual	00:48:12.91	00:48:27.79
348	109	Paula Bengala	Individual	00:48:13.53	00:48:28.36
349	48	Paula Rodrigues	Aí vamos nós !!!	00:43:01.05	00:48:41.03
350	350	Austrelina Rosa Gomes	Juntas Somos Mais Fortes	00:48:42.78	00:48:45.47
351	345	Teresa Santos	Juntas Somos Mais Fortes	00:48:44.96	00:48:47.24
352	285	Sandrine Marques Gordino	Individual	00:50:15.84	00:50:15.84

Lugar	Dorsal	Nome	Equipa	Chip	Tempo
353	160	Beatriz da Silva Cracel	Individual	00:50:08.57	00:50:25.20
354	307	Andreia	Ibis Team	00:50:44.25	00:50:44.25
355	22	Anabela Nunes Gonçalves	Individual	00:51:20.88	00:51:20.88
356	143	Raquel Sequeira	Musas running	00:51:50.63	00:52:05.83
357	142	Ana Margarida Cesário Lopes	Musas running	00:51:48.95	00:52:06.15
358	385	Maria de Fátima da Silva Rodrigues Pereira	Individual	00:53:20.29	00:53:20.29
359	262	Sandra Azevedo	Pink Team - BJJ/CCRAM	00:53:38.30	00:53:38.30
360	101	Fernanda Crystina Marcelino	Wins	00:54:34.76	00:54:34.76
361	84	Fátima Lopes Dias	Individual	00:55:28.37	00:55:28.37
362	569	Maria Manuela Martins Gomes Roque	Individual	00:55:49.86	00:55:53.04
363	549	Fátima Travancinha leal Gil	Individual	00:56:09.17	00:56:09.17
364	304	Ivone leite	Individual	00:53:08.63	00:56:47.17
365	533	Marcia Gomes	Individual	00:56:48.91	00:56:48.91
366	473	Inês Patrícia Canelas Vitorino	GALP	00:58:09.83	00:58:24.81
367	359	Cristina silva		00:55:35.39	00:58:40.17
368	360	Susana Rodrigues		00:55:37.55	00:58:41.20
369	39	ANA FILIPA FERREIRA DE BRITO	Individual	00:57:19.43	00:59:38.10
370	40	INÊS FERREIRA DE BRITO	Individual	00:57:18.83	00:59:38.20
371	573	Emília Dora Pereira moreira	Individual	00:58:14.04	01:00:21.71
372	77	Ana Maria Santos Paulo	Individual	00:56:57.57	01:00:35.04
373	96	Maria Clara Vilabril Alves Luis	Individual	00:59:58.04	01:02:47.67
374	254	Porfirina Valente	Individual	01:02:49.64	01:02:49.64
375	553	Teresa Maria Costa Antunes		01:05:03.16	01:05:03.16
376	551	Isabel de Lurdes Pereira Cabacinho		01:04:52.23	01:05:09.73
377	552	Maria Virginia Franco Dias		01:04:53.32	01:05:10.10
378	60	Dolores esteves	Individual	01:05:25.71	01:05:25.71