

CLASSIFICAÇÃO GERAL FEMININOS

Pos.	Nome	Cidade	Cat.	Tempo	Dorsal
1	F PINHO	Ilhavo, --	F40+	00:38:20.57	362
2	LUC SOARES	Lisboa, --	F40+	00:38:57.53	599
3	ZIRLENE SANTOS	Vila Real, --	F40+	00:41:40.78	703
4	TERESA CARDOSO	Aveiro, --	F35-39	00:44:37.58	507
5	CARINA PINHO	Ilhavo, --	F20-35	00:45:23.83	350
6	LUCIA MOREIRA	Aveiro, --	F20-35	00:45:32.59	579
7	PATR RIBEIRO	Aveiro, --	F20-35	00:45:52.56	354
8	SANDRA COSTA	aveiro, --	F20-35	00:47:32.14	246
9	BERNARDETE COELHO	Aveiro, --	F20-35	00:47:38.71	87
10	FABIANNE RIBEIRO	Aveiro, --	F20-35	00:47:43.09	698
11	ELISABETE COSTA	Aveiro, --	F35-39	00:48:25.05	297
12	TIAGO LE	Banda Bingre Canelense, --	F20-35	00:48:33.76	460
13	M FERNANDES	Aveiro, --	F20-35	00:48:55.65	163
14	HELGA PINHO	Porto, --	F35-39	00:49:46.62	26
15	IN ALMEIDA	aveiro, --	F35-39	00:50:01.43	509
16	LUISA MOTA	Calv, --	F20-35	00:50:11.14	101
17	ISBEL PARRACHO	Vagueira, --	F40+	00:50:17.12	343
18	PAULA GOMES	Aveiro - Esgueira, --	F35-39	00:50:20.69	607
19	KAMILA WOLANCZYK	Aveiro, --	F20-35	00:50:23.79	578
20	#VALOR! #VALOR!	agueda, --	F20-35	00:50:32.45	534
21	MARIA RODRIGUES	Aveiro, --	F40+	00:51:05.38	385
22	SARA SANTOS	-, US	F20-35	00:51:11.62	55
23	DANIELA SANTOS	Vagos, --	Female	00:51:20.25	99
24	JOANA AFONSO	Porto, --	F35-39	00:51:26.52	140
25	ANA SAL	Aveiro, --	F40+	00:51:30.00	625
26	ANA NEVES	Aveiro, --	F20-35	00:52:00.24	117
27	SUSE SILVA	Aguada de Baixo, --	F20-35	00:52:01.28	185
28	ELISABETE RIBEIRO	Amarante, --	F35-39	00:52:03.77	653
29	GRA GR	Vagos, --	F40+	00:52:05.26	178
30	ROSA SILVA	Arcozelo - VNG, --	F40+	00:52:23.02	72
31	ANA OLIVEIRA	agueda, --	F35-39	00:52:40.53	176
32	RUTH DUARTE	Agueda, --	F40+	00:53:19.10	115
33	CL ROQUE	Aveiro, --	F35-39	00:54:14.91	549
34	RITA MELO	Aveiro, --	F35-39	00:54:19.58	760
35	SUSANA MOREIRA	Vila Nova de Gaia, --	F20-35	00:54:31.90	630
36	SARA CABRAL	Sabugo, --	F40+	00:54:41.99	628
37	SUSANA LAMAS	-, US	F20-35	00:54:48.04	132
38	ISABEL ALMEIDA	aveiro, --	F40+	00:55:01.28	227
39	ANA ALMEIDA	Vagos, --	F20-35	00:55:02.84	96
40	JENNIFER NAUSCH	Aveiro, --	F20-35	00:55:04.26	371
41	CATARINA RUSSO	Aveiro, --	F20-35	00:55:16.67	48
42	ANDREIA NEVES	Aveiro, --	F20-35	00:55:27.11	110
43	SANDRA RRESENDE	vilarinho, --	F20-35	00:55:52.97	601

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Pos.	Nome	Cidade	Cat.	Tempo	Dorsal
44	C EST	Aveiro, --	F40+	00:56:03.32	370
45	L SACRAMENTO	Ilhavo, --	F20-35	00:56:05.15	234
46	Z VIANA	Maia, --	F20-35	00:56:16.83	668
47	CAROLINA MUSSO	Aveiro, --	F20-35	00:56:18.70	162
48	CRISTINA SANTOS	-, US	F40+	00:56:20.64	633
49	GUILHERMINA TORRAO	Aveiro, --	F35-39	00:56:23.12	290
50	CARLA FRINHANI	Aveiro, --	F35-39	00:56:23.80	776
51	MARGARIDA NEVES	Aveiro, --	F20-35	00:56:48.26	574
52	PATRICIA ALMEIDA	Aveiro, --	F35-39	00:57:59.76	361
53	SARA FATEIXA	Aveiro, --	F20-35	00:58:09.99	537
54	DEOLINDA SILVA	Arcozelo - VNG, --	F40+	00:58:10.13	74
55	MARIA CRAVEIRO	Ilhavo, --	F35-39	00:58:44.43	192
56	ANA MARTA	-, US	F20-35	00:58:51.07	119
57	RITA LUCIO	Vagos, --	F20-35	00:58:57.43	619
58	MARGARIDA MARTINS	Ageda, --	F40+	00:59:00.58	734
59	PAULA ROCHA	aveiro, --	F20-35	00:59:04.45	757
60	SANDRA SILVA	Unknown	F20-35	00:59:04.60	803
61	MARIA CALVO	Ageda, --	F40+	00:59:09.29	186
62	DANIELAS SILVA	Maia, --	F20-35	00:59:16.65	254
63	ELISABETE RODRIGUES	Aveiro, --	F35-39	00:59:37.28	444
64	S GOMES	Albergaria-a-Velha, --	F20-35	00:59:39.01	262
65	RITA TORRES	Aveiro, --	F20-35	01:00:10.57	380
66	V SANTOS	Gafanha da Nazar, --	F20-35	01:00:11.29	83
67	ANA SOUSA	Santana, --	F20-35	01:00:24.78	423
68	ISABEL HENRIQUES	Murtosa, --	F35-39	01:00:39.69	256
69	RITA GASPAR	aveiro, --	F20-35	01:00:51.91	228
70	CATARINA CAMPO	aveiro, --	F20-35	01:00:51.96	231
71	PATRICIA SILVA	Unknown	Female	01:01:17.38	804
72	MARGARIDA CARVALHO	Gafanha da Nazar, --	F40+	01:01:34.11	417
73	JESSICA LADEWIG	Aveiro, --	F20-35	01:01:39.18	289
74	SARA CARVALHO	Aveiro, --	F20-35	01:02:20.34	81
75	ANABELA AZEVEDO	Aveiro, --	F40+	01:02:21.36	142
76	CATIA SILVA	gafanha da nazare, --	F20-35	01:03:20.24	761
77	ROSA MA	gafanha da nazare, --	F35-39	01:03:20.28	771
78	PAULA ALMEIDA	Oliveirinha, --	F40+	01:03:51.69	508
79	MAFALDA GRILO	Porto, --	F20-35	01:04:09.38	665
80	PAULA MOREIRA	Aveiro, --	F20-35	01:04:33.75	53
81	ANA VALENTE	Aveiro, --	F20-35	01:04:42.95	379
82	DIANA SOUSA	Aveiro, --	F20-35	01:05:03.90	748
83	D CASTRO	Aveiro, --	F20-35	01:05:04.96	369
84	ANA GON	Aveiro, --	F40+	01:05:10.08	18
85	ISABEL CRISTINA	Praia da Barra, --	F20-35	01:05:58.09	611
86	CARLA SANTOS	-, US	F40+	01:06:10.05	201

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Pos.	Nome	Cidade	Cat.	Tempo	Dorsal
87	BEATRIZ BARCIELA	Aveiro, --	F40+	01:06:17.87	295
88	MARISA DIAS	S. Pedro do Estoril, --	F20-35	01:07:25.77	751
89	PATRICIA BRANCO	Alquerubim, --	F20-35	01:07:28.31	754
90	PATR NETO	Aveiro, --	F20-35	01:07:32.84	112
91	CARLA VILELA	Aveiro, --	F20-35	01:07:39.52	465
92	RUTE FELICIANO	Torres Vedras, --	F20-35	01:07:50.47	334
93	SONIA SANTOS	Eixo, --	F20-35	01:07:54.32	454
94	NORMA MAGALH	Aveiro, --	F20-35	01:09:35.70	212
95	S MOREIRA	Cacia, --	F20-35	01:09:40.87	572
96	M BARREIRA	Aveiro, --	F20-35	01:09:41.20	217
97	MARILIA CORREIA	GAFANHA, --	F20-35	01:10:05.02	695
98	JACINTA GIL	Aveiro, --	F40+	01:10:22.22	381
99	ANA RAMOS	Aveiro, --	F20-35	01:10:27.55	124
100	SORAIA AMARO	Aveiro, --	F20-35	01:10:28.37	125
101	OLGA LIMA	Aveiro, --	F20-35	01:10:28.89	493
102	LILIANA SIM	aveiro, --	F35-39	01:10:33.58	373
103	VANDA CRUZEIRO	Aveiro, --	F35-39	01:10:33.64	204
104	CARLA CAMARINHA	Lourosa, --	F20-35	01:10:34.64	245
105	S MARQUES	Aveiro, --	F20-35	01:10:39.71	121
106	MORAIS	Maia, --	F35-39	01:10:41.76	403
107	MARISA PEREIRA	Maia, --	F35-39	01:10:41.95	735
108	HELENA ABREU	Angeja, --	F20-35	01:11:42.66	651



CLASSIFICAÇÃO GERAL MASCULINOS

Pos.	Nome	Cidade	Cat.	Tempo	Dorsal
1	RICARDO FERNANDES	Azurva, --	M20-35	00:33:29.06	345
2	FERNANDO SANTOS	ribeiradio-viseu, --	M40-44	00:33:53.23	251
3	GIOVANNI DIAZ	aveiro, --	M20-35	00:34:19.47	557
4	JO FRAN	Aveiro, --	M20-35	00:34:30.21	483
5	PAULO MIGUEL	Canelas, --	M45-49	00:34:35.80	106
6	PEDRO CAPRICHOSO	Arcozelo das Maias, --	M20-35	00:34:36.54	562
7	BRUNO PEREIRA	Gafanha da Boa Hora, --	M20-35	00:34:51.47	272
8	JOAO PEREIRA	OVAR, --	M50-54	00:36:09.61	516
9	LU SIM	Aveiro, --	M50-54	00:36:52.47	71
10	SAMUEL NEVES	Aveiro, --	M40-44	00:36:57.60	457
11	FILIPE ALMEIDA	Santa Maria da Feira, --	M20-35	00:37:01.35	17
12	LUIS ROSAS	aveiro, --	M20-35	00:37:02.62	387
13	CARLOS ROCHA	Aveiro, --	M35-39	00:37:32.23	545
14	RICARDO COELHO	Frias de Baixo, --	M20-35	00:37:39.60	225
15	MIGUEL PATO	Aveiro, --	M40-44	00:37:42.09	451
16	IGOR SILVA	Arcos de Valdevez, --	M20-35	00:37:49.43	608
17	FAUSTO MOREIRA	Aveiro, --	M20-35	00:38:12.39	533
18	V SALVADOR	Mangualde, --	M40-44	00:38:18.18	714
19	PEDRO PINTO	Aveiro, --	M20-35	00:38:29.20	746
20	M LOUREIRO	TOCHA, --	M20-35	00:38:39.58	539
21	MIGUEL GAFANHA	vagos, --	M35-39	00:38:51.28	731
22	M DIAS	Valadares, --	M35-39	00:38:57.79	467
23	PEDRO COSTA	ilhavo, --	M35-39	00:38:59.60	60
24	NUNO SARAIVA	-, US	M35-39	00:39:00.26	737
25	GON PEREIRA	Aveiro, --	M20-35	00:39:04.65	390
26	JOS CUNHA	-, US	M40-44	00:39:14.91	42
27	MARIO FERREIRA	Amoreira da G, --	M35-39	00:39:45.59	76
28	MIGUEL SILVA	Eixo, --	M20-35	00:39:51.11	376
29	ARS FERNANDES	Palha, --	M55-59	00:39:57.25	77
30	FRANCISCO SILVA	Ilhavo, --	M35-39	00:40:00.75	656
31	PAULO PEREIRA	AVEIRO, --	M35-39	00:40:00.99	401
32	JO MATIAS	Cacia/Aveiro, --	M45-49	00:40:13.87	442
33	JOSE COUTINHO	Aveiro, --	M40-44	00:40:27.10	105
34	TONY ALMEIDA	Massam, --	M20-35	00:40:28.95	241
35	ANDR SILVA	Braga, --	M20-35	00:40:38.57	446
36	JO SILVA	S, --	M20-35	00:40:39.40	291
37	JORGE PATO	Aveiro, --	M35-39	00:40:47.17	430
38	FILIPE PEREIRA	Arcos de Valdevez, --	M20-35	00:40:49.13	351
39	JOAO NEVES	Aveiro, --	M35-39	00:40:56.98	300
40	PEDRO CARDOSO	Aveiro, --	M35-39	00:40:58.12	29
41	JOS LAN	Pinhal Novo, --	M45-49	00:41:01.78	590
42	JOAO MATOS	Aveiro, --	M35-39	00:41:13.84	372
43	ALBERTO FONTE	Palha, --	M35-39	00:41:22.04	402



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Pos.	Nome	Cidade	Cat.	Tempo	Dorsal
44	CARLOS PEREIRA	Aveiro, --	M20-35	00:41:29.18	536
45	V CARLOS	Gafanha da Nazar, --	M35-39	00:41:43.57	191
46	JOÃO COUTINHO	Unknown	Male	00:41:44.66	805
47	JO FERREIRA	-, US	M20-35	00:41:44.93	90
48	NUNO SILVA	Our, --	M20-35	00:41:45.87	237
49	RUI RODRIGUES	OVAR, --	M20-35	00:41:50.90	520
50	PAULO CONCEI	-, US	M45-49	00:41:52.95	394
51	JORGE PIRES	aveiro, --	M20-35	00:41:56.19	164
52	HELDER RODRIGUES	Palha, --	M60+	00:41:57.37	265
53	TIAGO JESUS	AGUEDA, --	M20-35	00:42:07.47	546
54	VALDEMAR OLIVEIRA	aveiro, --	M45-49	00:42:07.97	86
55	RICARDO PAIVA	-, US	M20-35	00:42:08.01	221
55	RUI RODRIGUES	Unknown	Male	00:42:08.01	807
57	RUI AMORIM	Aveiro, --	M35-39	00:42:14.00	456
58	JOS GON	Braga, --	M45-49	00:42:14.11	563
59	JOS GARCIA	Aveiro, --	M50-54	00:42:23.12	325
60	FERNANDO GON	Aveiro, --	M45-49	00:42:23.36	19
61	M FERNANDES	Aveiro, --	M45-49	00:42:28.66	673
62	JO SANTANA	-, US	M40-44	00:42:28.95	66
63	CARLOS CAMPOS	OVAR, --	M45-49	00:42:30.52	513
64	MAIKOL SIMOES	Calvao, --	M20-35	00:42:37.92	92
65	ANTONIO FERREIRA	Oeiras, --	M40-44	00:42:37.97	649
66	ANTONIO TEIXEIRA	oi, --	M45-49	00:42:39.15	70
67	NUNO GOMES	Charneca de Caparica, --	M40-44	00:42:53.79	594
68	FABIO PEIXINHO	Aveiro, --	M20-35	00:43:00.75	148
69	JOS TEIXEIRA	Cacia/Aveiro, --	M55-59	00:43:04.33	440
70	OT CUNHA	Porto, --	M20-35	00:43:09.38	88
71	HERNANI AMARAL	Aveiro, --	M50-54	00:43:09.78	447
72	JO CATAL	Aveiro, --	M35-39	00:43:11.32	448
73	CARLOS ALVES	Aveiro, --	M35-39	00:43:12.31	443
74	DIOGO MOREIRA	-, US	M20-35	00:43:13.03	739
75	EVANDRO SILVA	Cacia, --	M40-44	00:43:20.60	728
76	PEDRO BAPTISTA	Aveiro, --	M40-44	00:43:25.22	116
77	JOAO CAPELOA	Gafanha da Vagueira, --	M45-49	00:43:33.23	341
78	ANDR FONSECA	Aveiro, --	M20-35	00:43:37.56	359
79	LUIS RAMOS	Vagos, --	M35-39	00:43:42.15	250
80	JORGE PEDRO	S, --	M40-44	00:43:42.89	531
81	RUI PEREIRA	Gafanha da Nazar, --	M40-44	00:43:45.97	523
82	JOÃO COELHO	Unknown	M45-49	00:43:47.06	490
83	SERGIO CANEDO	Feira, --	M40-44	00:43:51.29	438
84	NUNO MORAIS	AVEIRO, --	M35-39	00:44:00.90	400
85	ANTONIO SANTOS	OVAR, --	M55-59	00:44:00.97	511
86	ARMINDO BASTOS	aveiro, --	M35-39	00:44:02.17	82



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Pos.	Nome	Cidade	Cat.	Tempo	Dorsal
87	MARCOS MELO	Alquerubim, --	M35-39	00:44:03.42	755
88	JAIME VINAGRE	Aveiro, --	M20-35	00:44:09.47	339
89	CARLOS GOUL	Cacia, --	M35-39	00:44:10.31	722
90	M LOPES	Cacia, --	M45-49	00:44:10.88	4
91	ANT REBELO	Salreu, --	M20-35	00:44:12.18	582
92	CARLOS R	-, US	M20-35	00:44:12.20	130
93	C TAVARES	Salreu, --	M20-35	00:44:13.10	765
94	HENRIQUE CASTRO	Gafanha da Encarna, --	M40-44	00:44:13.30	618
95	JOAO RODRIGUES	Aveiro, --	M35-39	00:44:13.55	733
96	LU SOUSA	-, US	M20-35	00:44:14.11	152
97	DUARTE SEQUEIRA	vagos, --	M50-54	00:44:14.22	51
98	C SILVESTRE	Vagos, --	M35-39	00:44:15.79	216
99	JO MACHADO	Aveiro, --	M20-35	00:44:18.84	801
100	ARNALDO SANTOS	Vagos, --	M45-49	00:44:19.64	374
101	NUNO FIGUEIRINHAS	Porto, --	M35-39	00:44:23.36	65
102	FILIPE ALMEIDA	AVEIRO, --	M40-44	00:44:23.95	542
103	ANDR PEREIRA	aveiro, --	M20-35	00:44:26.06	566
104	VASCO PINHO	Porto, --	M20-35	00:44:30.89	25
105	MANUEL RAMOS	OVAR, --	M60+	00:44:31.57	515
106	PEDRO LU	Set, --	M20-35	00:44:31.97	591
107	JORGE FARINHA	Aveiro, --	M20-35	00:44:33.30	15
108	BRUNO COSTA	Albergaria-a-Velha, --	M20-35	00:44:37.86	410
109	HUGO CURA	Aveiro, --	M20-35	00:44:39.50	61
110	DANIEL ESPINHAL	Aveiro, --	M20-35	00:44:44.11	736
111	RICARDO PINTO	Aveiro, --	M20-35	00:44:49.17	236
112	MAXIMINO RODRIGUES	Aveiro, --	M35-39	00:44:52.41	679
113	BRUNO SILVA	Taboeira, --	Male	00:44:54.42	638
114	PEDRO CRUZ	Aveiro, --	M20-35	00:44:59.29	802
115	PAULO TEIXEIRA	Vagos, --	M20-35	00:45:00.06	288
116	JO SIM	Quinta do Conde, --	M35-39	00:45:00.08	588
117	NARCISO PINHO	Frossos, --	M35-39	00:45:01.39	484
118	FERNANDO FAUSTINO	Esgueira, --	M45-49	00:45:02.79	170
119	PAULO A	Aveiro, --	M45-49	00:45:06.59	432
120	MIGUEL FERREIRA	Gafanha da Encarna, --	M20-35	00:45:06.73	769
121	AN SILVA	Azeit, --	M45-49	00:45:06.96	596
122	FERNANDO RODRIGUES	Moledo, --	M20-35	00:45:07.20	364
123	JAIME J	Cacia, --	M40-44	00:45:08.79	726
124	ARMANDO SILVESTRE	aveiro, --	M45-49	00:45:09.69	177
125	PEDRO NEVES	Aveiro, --	M20-35	00:45:10.17	149
126	CARLOS GUERRA	ILHAVO, --	M45-49	00:45:11.30	541
127	LUIS DINIS	Porto, --	M20-35	00:45:12.78	762
128	CARLOS PIRES	Gafanha Aqu, --	M40-44	00:45:13.22	80
129	LUIS FERR	Aveiro, --	M20-35	00:45:19.78	118



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Pos.	Nome	Cidade	Cat.	Tempo	Dorsal
130	MOREIRA PINHO	Ovar, --	M45-49	00:45:25.34	437
131	JOAO COUTO	Aradas, --	M35-39	00:45:28.55	705
132	TOM GOMES	-, US	M20-35	00:45:34.14	120
133	OSVALDO TEIXEIRA	Amarante, --	M55-59	00:45:35.07	720
134	PAULO VIEIRA	Aveiro, --	M35-39	00:45:40.68	455
135	JOAQUIM AMIEIRO	Cacia/Aveiro, --	M60+	00:45:42.19	439
136	JO MONGE	Aveiro, --	M35-39	00:45:43.46	602
137	PEDRO MOTA	ilhavo, --	M35-39	00:45:48.15	91
138	JOS MENDON	Aveiro, --	M20-35	00:45:51.95	552
139	NARCISO ARROMBA	Sepins-Cantanhede, --	M55-59	00:45:52.62	286
140	HUGO CASTANHO	aveiro, --	M20-35	00:45:52.71	568
141	ANDR CAPOTE	-, US	M35-39	00:45:56.44	741
142	JOS SERENO	Santo Andr, --	M20-35	00:45:58.24	94
143	BRUNO CARDOSO	Mangualde, --	M20-35	00:46:00.04	715
144	CLAUDIO PEREIRA	gafanha do carmo, --	M20-35	00:46:02.27	729
145	JOAO MAIA	Aveiro, --	M50-54	00:46:02.98	655
146	ANDR CATARRO	Coimbra, --	M40-44	00:46:12.92	79
147	JORGE MAIO	-, US	M20-35	00:46:18.38	340
148	ARMANDO MONTEIRO	agueda, --	M55-59	00:46:18.40	535
149	JOSE E	Aveiro, --	M50-54	00:46:19.09	521
150	FILIPE ROUXINOL	Gafanha da Nazar, --	M40-44	00:46:19.85	242
151	BRUNO MIEIRO	Aveiro, --	M20-35	00:46:21.28	174
152	CARLOS VILELA	Taipa-Requeixo, --	M40-44	00:46:23.30	238
153	SERGIO PERIC	Aveiro, --	M20-35	00:46:24.28	434
154	MIGUEL SANTOS	Agueda, --	M40-44	00:46:25.91	184
155	PEDRO GUIMARAES	Ovar, --	M40-44	00:46:26.32	375
156	MIGUEL MATOS	aveiro, --	M20-35	00:46:30.71	229
157	FERNANDO CARAPELHO	Gafanha da Encarna, --	M20-35	00:46:30.81	109
158	CARLOS SANTOS	Cacia, --	M40-44	00:46:31.31	725
159	TELMO COUTINHO	S, --	M20-35	00:46:32.50	667
160	S SAL	Aveiro, --	M40-44	00:46:34.57	621
161	ANT SIM	Figueira da Foz, --	M20-35	00:46:35.18	764
162	EMANUEL RIBEIRO	Senhora da Hora, --	M20-35	00:46:36.22	95
163	DANIEL VIEIRA	Aveiro, --	M20-35	00:46:36.71	496
164	ALBINO MINISTRO	aveiro, --	M50-54	00:46:42.00	567
165	ALVES	Porto, --	M18-19	00:46:44.64	525
166	M SILVA	L, --	M20-35	00:46:44.80	183
167	GON PEREIRA	Vila do Conde, --	M20-35	00:46:44.98	416
168	ANT CAMPOS	Lousada, --	M20-35	00:46:45.79	470
169	JAIME PEREIRA	Amarante, --	M55-59	00:46:46.83	719
170	JO BALDAIA	Ovar, --	M20-35	00:46:48.12	180
171	NUNO OLIVEIRA	Figueira da Foz, --	M20-35	00:46:59.16	414
172	HELDER FERREIRA	Seixal, --	M40-44	00:47:07.02	587



CLASSIFICAÇÃO GERAL MASCULINOS

Pos.	Nome	Cidade	Cat.	Tempo	Dorsal
173	BRUNO BASTOS	Aveiro, --	M40-44	00:47:08.06	7
174	PEDRO PINHEIRO	Aveiro, --	M45-49	00:47:08.73	30
175	MANUEL COSTA	OVAR, --	M45-49	00:47:09.66	519
176	CARLOS RODRIGUES	Aveiro, --	M40-44	00:47:10.44	642
177	CARLOS VIANA	Maia, --	M20-35	00:47:14.31	669
178	PEDRO CALDEIRA	Set, --	M35-39	00:47:14.67	589
179	CARLOS SANTOS	Aveiro, --	M40-44	00:47:15.21	327
180	REGINALDO FERREIRA	Aveiro, --	M50-54	00:47:18.30	32
181	FL DIAS	Braga, --	M20-35	00:47:18.70	392
182	NUNO MATEUS	Santa Maria da Feira, --	M40-44	00:47:19.16	692
183	LUIS PORTELA	Aveiro, --	M20-35	00:47:21.58	332
184	RICARDO SILVA	Bustos, --	M20-35	00:47:22.55	69
185	VICTOR SANTOS	Murtosa, --	M20-35	00:47:25.76	528
186	LU MARINHO	Aveiro, --	M20-35	00:47:27.66	293
187	PEDRO NEVES	Oliveira do Hospital, --	M18-19	00:47:30.54	393
188	MANUEL ALVES	Maia, --	M20-35	00:47:32.04	614
189	JOS CATARINO	-, US	M45-49	00:47:32.13	732
190	RAFAEL OLIVEIRA	aveiro, --	M18-19	00:47:32.25	772
191	FERNANDO LOPES	Aveiro, --	M55-59	00:47:35.86	759
192	JO ALVES	Seixal, --	M45-49	00:47:38.84	581
193	JORGE CASAS	Taboeira, --	M35-39	00:47:42.79	712
194	JOS OLIVEIRA	Vale de Cambra, --	M20-35	00:47:43.77	469
195	NELSON MUGA	Aveiro, --	M20-35	00:47:46.10	707
196	PAULO PINTO	Ilhavo, --	M35-39	00:47:48.57	475
197	RUI MARTINS	Praia da Barra, --	M40-44	00:47:52.61	38
198	CARLOS CUNHA	Mort, --	M20-35	00:47:56.04	675
199	BRUNO COUTINHO	-, US	M20-35	00:47:58.33	610
200	JO ROCHA	Aveiro, --	M20-35	00:48:01.24	128
201	JO OLIVEIRA	Aveiro, --	M45-49	00:48:02.78	338
202	ANDR NOVA	Aveiro, --	M20-35	00:48:05.48	113
203	FILIPE OLIVEIRA	Oliveirinha - Aveiro, --	M20-35	00:48:05.84	129
204	LU DUARTE	Viseu, --	M20-35	00:48:11.98	348
205	EMANUEL RODRIGUES	Borralha, --	M20-35	00:48:13.19	426
206	ALEXANDRE ALMEIDA	Aveiro, --	M40-44	00:48:14.98	122
207	FERNANDO CUNHA	Coimbra, --	M35-39	00:48:19.00	713
208	MIGUEL LOURO	Braga, --	M20-35	00:48:23.54	89
209	FILIPE RAMOS	Esmoriz, --	M35-39	00:48:28.39	211
210	ANDR FERREIRA	Aveiro, --	M20-35	00:48:28.73	464
211	LUIS COSTA	Cacia, --	M45-49	00:48:28.99	435
212	FRANCISCO FERREIRA	Cacia, --	M40-44	00:48:29.12	431
213	FREDERICO TORRE	Porto, --	M20-35	00:48:29.33	701
214	CL AMARAL	Coimbra, --	M20-35	00:48:31.67	637
215	JO TEDIM	Aveiro, --	M20-35	00:48:32.53	59



CLASSIFICAÇÃO GERAL MASCULINOS

Pos.	Nome	Cidade	Cat.	Tempo	Dorsal
216	FILIPE MAR	Aveiro, --	M35-39	00:48:35.09	255
217	JOS DOMINGUES	Gaia, --	M50-54	00:48:40.39	97
218	JORGE FRADE	Charneca de Caparica, --	M45-49	00:48:42.22	597
219	JOS PARENTE	Albergaria-a-Velha, --	M20-35	00:48:44.34	336
220	NUNO MENDES	Aveiro, --	M40-44	00:48:46.76	571
221	CARLOS GOMES	Eixo, --	M35-39	00:48:47.22	428
222	NELSON DUARTE	Requeixo, --	M35-39	00:48:47.34	139
223	LU ANDRADE	Ferreira-a-Nova, --	M20-35	00:48:48.19	422
224	ANTONIO SANTOS	-, US	M40-44	00:48:49.32	723
225	ROM ALENCAR	Coimbra, --	M20-35	00:48:51.56	498
226	JO MOURA	Cacia, --	M20-35	00:48:51.58	167
227	PEDRO PAIVA	Cucuj, --	M35-39	00:48:53.77	346
228	MICHAEL KLOSS	Aveiro, --	M45-49	00:48:55.44	747
229	AB SILVA	Mon, --	M20-35	00:48:59.19	363
230	ANDR PAIVA	Estarreja, --	M20-35	00:48:59.28	153
231	JOS PACHECO	Lisboa, --	M45-49	00:49:03.47	23
232	JO DOMINGUES	Coimbra, --	M40-44	00:49:05.11	766
233	ALBERTO BRANCO	Aveiro, --	M40-44	00:49:08.95	5
234	AUGUSTO BALTAZAR	Gafanha da Nazar, --	M45-49	00:49:14.17	411
235	S RODRIGUES	-, US	M20-35	00:49:15.12	688
236	RICARDO LOPES	Aveiro, --	M20-35	00:49:19.60	182
237	BRUNO LAMEIRO	Aveiro, --	M20-35	00:49:19.79	169
238	LU SAMPAIO	Aveiro, --	M35-39	00:49:20.27	107
239	EMANUEL MAGALH	Peda, --	M20-35	00:49:23.40	654
240	ANT SILVA	Cacia, --	M55-59	00:49:23.47	721
241	EVANDRO AMORIM	Praia da Barra, --	M20-35	00:49:24.81	678
242	MARIO CONDE	OVAR, --	M55-59	00:49:25.77	518
243	MICAEL CAPIT	Aveiro, --	M20-35	00:49:26.47	551
244	MARCO MARQUES	Aveiro, --	M35-39	00:49:30.88	203
245	RICARDO COELHO	Ilhavo, --	M35-39	00:49:32.47	415
246	PAULO PIRES	Ilhvo, --	M40-44	00:49:34.14	778
247	NUNO MARTINS	Aveiro, --	M20-35	00:49:35.08	143
248	ABEL CARVALHO	Lisboa, --	M55-59	00:49:35.50	598
249	NUNO CRUZ	Aveiro, --	M35-39	00:49:37.50	555
250	PEDRO SOUSA	Set, --	M45-49	00:49:38.40	592
251	JOS COELHO	Baixa da Banheira, --	M45-49	00:49:45.41	585
252	ANTERO OLIVEIRA	Aveiro, --	M20-35	00:49:47.05	219
253	PEDRO CURTO	Coimbra, --	M20-35	00:49:47.36	497
254	JOAQUIM HENRIQUES	Albergaria-a-Velha, --	M55-59	00:49:49.78	329
255	MANUEL FIDALGO	praia da tocha, --	M50-54	00:49:49.79	606
256	FILIPE VIEIRA	Eixo-Aveiro, --	M20-35	00:49:51.16	643
257	JO PEREIRA	Gafanha da boa Hora, --	M50-54	00:49:55.63	271
258	JOAO AMANDIO	Gafanha da Encarna, --	M20-35	00:50:00.02	324



CLASSIFICAÇÃO GERAL MASCULINOS

Pos.	Nome	Cidade	Cat.	Tempo	Dorsal
259	JORGE CARDOSO	Esgueira, --	M20-35	00:50:05.54	413
260	MANUEL SOUSA	Aveiro, --	M45-49	00:50:05.60	157
261	FERNANDO RESENDE	Avanca, --	M50-54	00:50:06.94	103
262	RICARDO PEREIRA	Cacia, --	M20-35	00:50:07.09	573
263	VALTER VICENTE	Aveiro, --	M20-35	00:50:09.10	358
264	NUNO SANTOS	-, US	M20-35	00:50:09.96	522
265	RICARDO MELO	S. Pedro Estoril, --	M20-35	00:50:10.73	752
266	#VALOR! #VALOR!	Oliverinha, --	M20-35	00:50:10.77	466
267	BRUNO BRANCO	Cacia, --	M20-35	00:50:13.43	570
268	HELDER BRANCO	Alquerubim, --	M20-35	00:50:17.68	753
269	FRANCISCO SANTOS	Borralha, --	M20-35	00:50:20.70	421
270	JO FRADINHO	-, US	M35-39	00:50:21.36	742
271	JO CRUZ	Aveiro, --	M20-35	00:50:30.92	145
272	MARCELO BASTOS	Ilhavo, --	M20-35	00:50:31.48	240
273	DAVID PEREIRA	Mira, --	M35-39	00:50:33.55	50
274	CARLOS PINTO	Maceda, --	M35-39	00:50:34.16	634
275	FRANCISCO LAMAS	Aveiro, --	M35-39	00:50:38.69	436
276	VICTOR SILVA	Aveiro, --	M35-39	00:50:38.71	279
277	AVENTINO LIMA	Aveiro, --	M35-39	00:50:40.82	68
278	PAULO CRUZ	Aveiro, --	M40-44	00:50:41.09	158
279	TIAGO ANDRADE	Aveiro, --	M20-35	00:50:45.41	481
280	JOS CANHA	BONSUCESSO-AVEIRO, --	M50-54	00:50:45.53	108
281	FERNANDO CAMARNEIRO	Vagos, --	M50-54	00:50:48.07	328
282	PEDRO MAIA	Vagos, --	M50-54	00:50:49.65	319
283	MIGUEL ALMEIDA	Vagos, --	M45-49	00:50:49.85	330
284	LUIS VALE	Cacia, --	M45-49	00:50:50.88	267
285	CARLOS PEREIRA	ilhavo, --	M45-49	00:50:53.96	773
286	ANDR PINTO	-, US	M20-35	00:50:55.79	138
287	NUNO MACEDO	V. N. de Gaia, --	M20-35	00:51:01.23	64
288	CARLOS TAVARES	Arouca, --	M20-35	00:51:02.29	223
289	PEDRO MADALENO	Mira, --	M40-44	00:51:10.02	235
290	BRUNO AIRES	Aveiro, --	M20-35	00:51:10.99	659
291	PAULO GOMES	Amarante, --	M40-44	00:51:11.72	504
292	GEORGE GRANGUEIA	Coimbra, --	M35-39	00:51:12.70	671
293	M BRANCO	-, US	M20-35	00:51:13.59	627
294	LUIS SOARES	Ilhavo, --	M40-44	00:51:16.84	409
295	MARCO SANTOS	Coimbra, --	M20-35	00:51:21.12	672
296	MANUEL PAIVA	Cucuj, --	M60+	00:51:21.38	347
297	NUNO SILVA	Aveiro, --	M20-35	00:51:23.81	399
298	JOEL PEREIRA	Aveiro, --	M20-35	00:51:23.95	168
299	MIGUEL SARMENTO	Aveiro, --	M40-44	00:51:27.77	631
300	CARLOS SILVA	Castro Daire, --	M20-35	00:51:35.26	740
301	NUNO TROIA	Aveiro, --	M35-39	00:51:36.77	386



CLASSIFICAÇÃO GERAL MASCULINOS

Pos.	Nome	Cidade	Cat.	Tempo	Dorsal
302	PEDRO FARDILHA	Aveiro, --	M40-44	00:51:36.96	388
303	H MACHADO	Aveiro, --	M40-44	00:51:37.29	159
304	RICARDO MARTINS	Aveiro, --	M20-35	00:51:37.54	745
305	JOS ANDRADE	Ferreira-a-Nova, --	M20-35	00:51:38.08	419
306	AM MENDES	Espinho, --	M40-44	00:51:48.72	187
307	RUI VALENTE	Vagos, --	M40-44	00:51:49.49	100
308	ANT RIBEIRO	Aveiro, --	M35-39	00:51:50.55	205
309	GUILHERME CARDOSO	Gafanha da Nazar, --	M20-35	00:51:54.56	52
310	PEDRO ALCAIDE	Aveiro, --	M20-35	00:52:00.49	806
311	MARCELO FONSECA	Branca, --	M20-35	00:52:01.39	524
312	MIGUEL QUEIR	Amarante, --	M20-35	00:52:03.86	506
313	JOS CUNHA	PORTO, --	M40-44	00:52:05.48	709
314	PEDRO CORREIA	Aveiro, --	M20-35	00:52:09.99	14
315	JOSE PIMENTEL	aveiro, --	M45-49	00:52:29.72	232
316	RUI GON	Aveiro, --	M20-35	00:52:32.49	181
317	JORGE MOITA	Lous, --	M35-39	00:52:32.76	641
318	DANIEL CARRASQUEIRA	Pombal, --	M20-35	00:52:32.81	639
319	NUNO TAVARES	Oliveirinha, --	M35-39	00:52:32.97	43
320	JO DUQUE	Aveiro, --	M20-35	00:52:35.50	564
321	LU ALMEIDA	Aveiro, --	M20-35	00:52:35.78	427
322	F MATOS	Aveiro, --	M20-35	00:52:36.23	24
323	MARIO SEQUEIRA	Aveiro, --	M35-39	00:52:36.41	425
324	JO ALVES	Porto, --	M20-35	00:52:39.36	527
325	JULIO CASTRO	Vagos, --	M45-49	00:52:44.97	321
326	RICARDO FONTE	S. Bernardo, --	M35-39	00:52:47.33	144
326	HENRIQUE SANTOS	-, US	M50-54	00:52:47.33	318
328	BRUNO COSTA	Aveiro, --	M35-39	00:52:51.08	441
329	PEDRO LEITE	Coimbra, --	M35-39	00:52:51.09	768
330	JO REIS	Coimbra, --	M20-35	00:52:58.69	689
331	JO MATOS	Aveiro, --	M50-54	00:52:58.94	526
332	RAUL REIS	Ovar, --	M35-39	00:53:09.51	21
333	IGOR SOUSA	aveiro, --	M18-19	00:53:12.42	770
334	DAVIDE PINHEIRO	Amarante, --	M40-44	00:53:15.66	505
335	CARLOS MARTINS	Cacia, --	M45-49	00:53:19.79	20
336	ANTONIO TAVARES	Arouca, --	M35-39	00:53:19.96	222
337	JOS ESTEVES	Gafanha da Encarna, --	M45-49	00:53:25.12	575
338	PEDRO CASTRO	Porto, --	M40-44	00:53:25.92	660
339	JOS VINHAS	Esgueira, --	M40-44	00:53:29.83	40
340	ANT BEIR	Fermel, --	M20-35	00:53:29.86	775
341	LUIS CASTRO	Vila do Conde, --	M20-35	00:53:30.01	750
342	DIOGO FIGUEIRA	Aveiro, --	M35-39	00:53:32.00	249
343	JORGE COSTA	Maia, --	M40-44	00:53:37.40	316
344	M COSTA	Aveiro, --	M45-49	00:53:42.12	613



CLASSIFICAÇÃO GERAL MASCULINOS

Pos.	Nome	Cidade	Cat.	Tempo	Dorsal
345	JO COSTA	Aveiro, --	M45-49	00:53:42.84	612
346	ARTUR VARUM	Aveiro, --	M45-49	00:53:46.10	615
347	FL OLIVEIRA	Sta. Joana, --	M20-35	00:53:49.16	664
348	RUI SILVA	Vagos, --	M20-35	00:53:51.23	648
349	MANUEL TEDIM	Trofa, --	M55-59	00:53:51.26	104
350	DAVID SILVA	Agueda, --	M20-35	00:53:53.86	716
351	SIM MONTEIRO	Aveiro, --	Male	00:54:17.08	420
352	LUIS MONTEIRO	Aveiro, --	M35-39	00:54:17.42	298
353	ANEESH CHAUHAN	Uninversidade de Aveiro, Aveiro, --	M20-35	00:54:25.12	377
354	ANT CARAPU	Barreiro, --	M50-54	00:54:26.58	595
355	PEDRO OSORIO	Aveiro, --	M20-35	00:54:28.71	126
356	JOSE CARVALHO	Aveiro, --	M20-35	00:54:30.59	356
357	FERNANDO OLIVEIRA	S. PEDRO DA COVA - GONDOMAR, --	M45-49	00:54:32.61	514
358	PAULO PEREIRA	Vila Nova de Gaia, --	M40-44	00:54:34.98	632
359	MIGUEL FILIPE	Aradas, --	M35-39	00:54:37.66	763
360	AM RA	Fermentelos, --	M60+	00:54:38.58	605
361	PAULO ABRANTES	Borralha, --	M20-35	00:54:41.02	424
362	TIAGO OLIVEIRA	Aveiro, --	M20-35	00:54:50.04	331
363	DIOGO SILVA	Aveiro, --	M20-35	00:54:50.96	406
364	TIAGO TEIXEIRA	Aveiro, --	M20-35	00:54:56.24	49
365	MARCO COSTA	aveiro, --	M20-35	00:54:56.43	756
366	JOS SANTOS	AGUEDA, --	M50-54	00:54:57.01	544
367	JOAO CARVALHO	ilhavo, --	M45-49	00:54:57.05	774
368	AMILCAR HENRIQUES	AGUEDA, --	M45-49	00:54:57.20	543
369	BERNARDO ANDIAS	aveiro, --	M55-59	00:54:58.80	233
370	MANUEL ANTUNES	Porto, --	M35-39	00:55:06.40	389
371	PAULO HENRIQUES	915305323, --	M20-35	00:55:13.42	280
372	AFONSO ALBERTY	Aveiro, --	M20-35	00:55:24.98	617
373	PAULO ALMEIDA	Brasil, --	M60+	00:55:31.91	682
374	FILIPE SILVA	Quinta do Picado, --	M35-39	00:55:33.43	292
375	FRANCISCO SANTOS	Vila do Conde, --	M45-49	00:55:41.02	102
376	EDGAR SEABRA	Aveiro, --	M20-35	00:55:44.98	27
377	NELSON TAVARES	Gafanha da Nazare, --	M40-44	00:55:51.10	676
378	JOS SANTOS	-, US	M40-44	00:55:53.17	41
379	ANTONIO LOPES	Vilarinho, --	M40-44	00:55:53.60	600
380	LU SOUSA	Vera Cruz, --	M35-39	00:56:11.13	173
381	JOAQUIM CRUZ	Aveiro, --	M20-35	00:56:16.63	150
382	RUI MOREIRA	Maia, --	M20-35	00:56:18.47	670
383	FERNANDO BR	Aveiro, --	M55-59	00:56:20.45	473
384	RUI SILVA	Taboeira, --	M40-44	00:56:21.45	146
385	RODRIGO AYOUB	Aveiro, --	M40-44	00:56:23.29	677
386	JO BASTOS	Aveiro, --	M35-39	00:56:24.90	407
387	ARMANDO GIL	S.Bernardo, --	M45-49	00:56:26.06	395



CLASSIFICAÇÃO GERAL MASCULINOS

Pos.	Nome	Cidade	Cat.	Tempo	Dorsal
388	JO SILVA	Talhadas, --	M35-39	00:56:28.24	711
389	MIGUEL MARQUES	Aveiro, --	M40-44	00:56:32.43	78
390	JO HENRIQUES	Mangualde, --	M20-35	00:56:39.57	718
391	FRANCISCO SOUSA	PORTO, --	M50-54	00:56:39.94	708
392	CARLOS PAIVA	Sever do Vouga, --	M35-39	00:56:48.70	474
393	NUNO FERNANDES	Vagos, --	M20-35	00:56:49.28	476
394	PEDRO AZEVEDO	Aveiro, --	M35-39	00:57:11.32	141
395	NUNO PEREIRA	aveiro, --	M35-39	00:57:34.39	366
396	JOS PEREIRA	Aveiro, --	M60+	00:57:37.23	368
397	LEONEL MONTEIRO	Esgueira, --	M40-44	00:57:40.92	266
398	SANS CASTRO	Albergaria-a-velha, --	M35-39	00:58:22.64	540
399	LUIS MACHADO	Aveiro, --	M40-44	00:58:33.85	355
400	JO SANTOS	Aveiro, --	M40-44	00:58:41.22	151
401	ENRIQUE ENRIQUEZ	Aveiro, --	M20-35	00:58:48.66	463
402	S CONST	Aveiro, --	M40-44	00:58:57.64	309
403	JO NAVEGA	Aveiro, --	M20-35	00:59:29.12	538
404	PEDRO MARQUES	canto calvao, --	M20-35	00:59:29.89	315
405	JOSÉ FERREIRA	Vila Nova de Gaia, --	M45-49	00:59:31.99	226
406	NUNO SILVA	Aveiro, --	M35-39	00:59:36.90	452
407	EMANUEL FONTES	Aveiro, --	M40-44	00:59:40.45	704
408	JO CUNHA	Barr, --	M45-49	01:00:14.38	491
409	NUNO LEIT	Barr, --	M35-39	01:00:15.26	492
410	DIOGO LEIRI	Vagos, --	M20-35	01:00:41.61	199
411	VITOR VARELA	Gaf. Carmo, --	M45-49	01:00:54.54	650
412	LOUREN MARQUES	Vila Nova de Gaia, --	M40-44	01:00:55.44	257
413	JO GAMELAS	Praia da Barra, --	M50-54	01:01:04.05	344
414	NIVAS SELVARAJ	University of Aveiro, --	M20-35	01:01:41.82	135
415	MARIO HEREDIA	Aveiro, --	M20-35	01:02:06.80	365
416	PEDRO MADAIL	AVEIRO, --	M40-44	01:02:14.12	808
417	DIOGO LEITE	Porto, --	M20-35	01:02:23.00	702
418	PAULO COUTO	VN Gaia, --	M55-59	01:02:31.53	28
419	VASCO QUINTEIRO	Aveiro, --	M35-39	01:02:49.95	398
420	RENATO ALMEIDA	Aveiro, --	M20-35	01:03:49.61	554
421	ANT PEREIRA	Oliveirinha, --	M50-54	01:03:52.25	510
422	JO SILVA	Aveiro, --	M20-35	01:04:08.32	383
423	JO SIM	Coimbra, --	M40-44	01:04:35.56	767
424	NUNO OLIVEIRA	Costa Nova, --	M40-44	01:04:38.06	622
425	RUI PEREIRA	Aveiro, --	M20-35	01:05:02.87	367
426	JO ALMEIDA	Gafanha da Nazar, --	M40-44	01:05:12.50	684
427	JOAO CARDOSO	Gafanha da Vagueira, --	M55-59	01:05:15.69	342
428	JORGE ARADA	Aveiro, --	M35-39	01:05:24.05	39
429	FILIPA NEVES	Aveiro, --	M20-35	01:06:04.44	111
430	EDUARDO LIMA	-, US	M35-39	01:06:10.41	200



CLASSIFICAÇÃO GERAL MASCULINOS

Pos.	Nome	Cidade	Cat.	Tempo	Dorsal
431	PEDRO GONCALVES	Aveiro, --	M45-49	01:06:17.93	296
432	PAULO R	ILHAVO, --	M40-44	01:06:51.17	502
433	NELSON R	Vagos, --	M45-49	01:06:51.47	36
434	JO FRANCISCO	Aveiro, --	M20-35	01:07:16.75	123
435	PAULO LOPES	Cacia, --	M45-49	01:07:44.43	468
436	ANT COELHO	Aradas, --	M40-44	01:07:48.47	335
437	CARLOS COELHO	Torres Vedras, --	M20-35	01:07:51.20	333
438	TIAGO SARAIVA	Eixo, --	M20-35	01:07:53.09	453
439	R CARVALHO	Aveiro, --	M20-35	01:07:59.78	623
440	ALBANO LOPES	Aveiro, --	M20-35	01:09:36.02	215
441	LICINIO SOUSA	Maia, --	M20-35	01:10:03.70	680
442	LU SIMOES	gafanha, --	M20-35	01:10:04.96	693
443	PEDRO SOARES	Aveiro, --	M20-35	01:11:26.43	681
444	PETERSON CAMPOS	Aveiro, --	M20-35	01:15:28.70	777