



3ª CORRIDA SOLIDÁRIA 2019

CORRIDA
10km
2 JUNHO

Class	Num	Nome	Sx	Idd	Pos Escal	Pos Colab Hovione M/F	T. Bruto	T. Líquido	Equipe
1	414	ANDRÉ ALVES	M	32	1		00:34:43.27	00:34:43.27	VITORIA FC
2	398	JORGE SOUSA	M	39	1		00:36:43.00	00:36:43.00	GDR REBOLEIRA
3	482	BRUNO PONTES	M	33	2		00:37:00.64	00:36:57.71	MARVILA JOVEM
4	262	AMANUEL GEBRIEL	M	23	3		00:37:13.18	00:37:09.15	
5	494	MARIO MALHEIRO	M	27	4		00:38:00.61	00:38:00.07	
6	269	PEDRO RAMOS	M	44	2	1	00:38:04.21	00:38:03.27	GRCD LEIÃO
7	153	RICARDO MENDES	M	33	5		00:38:09.16	00:37:59.88	
8	399	PAULO MOREIRA	M	49	1		00:38:13.50	00:38:12.81	GDR REBOLEIRA
9	400	JORGE CORREIA	M	47	2		00:38:54.58	00:38:54.58	GDR REBOLEIRA
10	491	DAVID FERNANDES	M	44	3		00:38:57.41	00:38:56.02	AMINHACORRIDA
11	481	PAULO GOMES	M	39	4		00:39:02.39	00:38:50.45	
12	325	CARLOS PEREIRA	M	51	3		00:39:16.32	00:39:16.32	CORRER LOURES
13	132	TELMO SIMÕES	M	34	6		00:39:36.74	00:39:36.74	
14	421	JOSE SILVA	M	55	1		00:39:46.92	00:39:45.30	AMANTES DA CORRIDA
15	476	PEDRO MOTA	M	48	4		00:40:11.97	00:40:11.07	
16	456	RUI NEVES	M	49	5		00:40:29.67	00:40:29.67	GD SAO DOMINGOS
17	314	JOAQUIM ALEXANDRE	M	53	6		00:40:33.80	00:40:25.83	ALCOBELA
18	177	NELSON RAFAEL	M	36	5		00:40:46.68	00:40:46.68	
19	256	BRUNO GOMES	M	36	6	2	00:41:00.16	00:40:51.12	MAGLEV
20	462	EDUARDO SANTOS	M	40	7		00:41:09.31	00:41:07.64	GELPEIXE
21	238	PAULO SANTOS	M	43	8		00:41:22.28	00:41:22.28	ENGIE
22	292	RICARDO PIRES	M	37	9		00:41:28.20	00:41:26.02	
23	395	LUIS CARVALHO	M	41	10		00:41:29.63	00:41:26.80	RUN ODIVELAS
24	294	JOSE PIRES	M	42	11		00:41:42.66	00:41:41.37	CF BELENENSES
25	457	HUGO FLORES	M	18	7		00:41:51.73	00:41:50.04	GRCD LEIÃO
26	324	FERNANDO GODINHO	M	46	7		00:41:55.00	00:41:55.00	CORRER LOURES
27	134	FREDERICO RICHART	M	32	8		00:42:01.65	00:42:01.65	
28	173	DAVID J A LOPES	M	32	9	3	00:42:23.34	00:42:13.18	
29	488	RUBEN CHAVES	M	29	10		00:42:25.81	00:42:21.48	
30	174	FILIPE ESTANISLAU	M	30	11	4	00:42:29.66	00:42:18.84	
31	280	JOÃO LUÍS SANTOS	M	59	2	5	00:42:36.68	00:42:36.20	NAZABÓBODA
32	373	MIGUEL FERREIRA	M	46	8		00:42:44.93	00:42:39.30	
33	248	GONÇALO MAGALHÃES	M	32	12		00:42:48.45	00:42:44.07	FAMILYFIT
34	451	VITOR JORGE	M	49	9		00:42:54.78	00:42:54.78	AMINHACORRIDA
35	416	JOEL COSTA	M	30	13		00:43:00.64	00:42:37.35	OS FAUSTOS
36	180	LUIS BERNARDO	M	46	10		00:43:22.62	00:43:16.29	A LEBRE E A TARTARUGA



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37	275	EDUARDO LUÍS	M	41	12	6	00:43:27.81	00:43:19.97	ATÓMICOS
38	368	RUI DUARTE	M	43	13		00:43:41.54	00:43:37.76	PESQUEIRO TEAM
39	297	PEDRO VIEIRA	M	48	11		00:43:42.71	00:43:37.83	CORRER LOURES
40	115	CARLOS DIAS	M	63	3		00:43:51.60	00:43:51.60	CD
41	479	CATIA NASCIMENTO	F	38	1		00:43:54.31	00:43:53.35	
42	215	RUDI OLIVEIRA	M	32	14		00:43:58.54	00:43:38.71	HOVIONE
43	105	ÁLVARO GOMES	M	45	12	7	00:44:05.75	00:44:05.75	TERRAS FUNDEIRAS
44	247	NUNO SANTOS DE ALMEIDA	M	38	14		00:44:09.82	00:44:00.80	
45	234	FRANCISCO GUERRA	M	38	15		00:44:16.39	00:44:15.76	
46	164	FILIPE VALE	M	34	15		00:44:18.54	00:44:01.04	HOVIONE
47	227	LICINIO FIDALGO	M	59	4	8	00:44:32.89	00:44:30.27	CAMARA LISBOA CLUBE
48	453	ANABELA CARVALHO	F	55	1		00:44:44.46	00:44:44.46	GD SAO DOMINGOS
49	120	JOSE MELO	M	43	16		00:44:44.53	00:44:41.90	HOVIONE
50	455	CARLOS MONTEIRO	M	58	5	9	00:44:46.73	00:44:46.73	GD SAO DOMINGOS
51	338	RUI OLIVEIRA	M	44	17		00:44:56.67	00:44:52.85	CORRER LOURES
52	461	CARLOS BATISTA	M	59	6		00:45:00.69	00:44:52.59	GELPEIXE
53	369	RUI LUIS	M	30	16		00:45:34.40	00:45:24.31	RUNNERS GRAFANIL
54	343	JOÃO RIBEIRA	M	40	18		00:45:56.40	00:45:56.40	CAPTAIN FLY - RUNNERS
55	104	ANGELO GODINHO	M	36	19		00:45:57.35	00:45:40.95	CORRER LISBOA
56	333	RUI VILHENA DE ALMEIDA	M	39	20		00:46:13.00	00:45:48.70	GO!RUNNERS OUTPRO STORE
57	149	RICARDO DO VALE	M	27	17		00:46:15.00	00:46:15.00	
58	447	AVELINO SOARES	M	52	13		00:46:17.03	00:46:13.69	
59	375	PEDRO REBELO	M	45	14		00:46:19.74	00:46:16.23	PESQUITO TEAM
60	107	JOSÉ TAVARES	M	51	15		00:46:44.65	00:46:39.72	SUPER 50
61	460	ORLANDO SILVA	M	61	7		00:46:56.53	00:46:50.43	GELPEIXE
62	439	ACACIO B SEVERINO	M	25	18		00:46:57.34	00:46:31.59	BV LOURES
63	459	FERNANDO ALMEIDA	M	40	21		00:46:57.42	00:46:51.53	GELPEIXE
64	425	PEDRO FILIPE	M	40	22		00:47:04.05	00:47:02.19	
65	473	PEDRO SERRA	M	43	23		00:47:14.64	00:47:09.17	SEASIDE
66	184	JOSÉ CAEIRO	M	27	19		00:47:24.19	00:47:05.25	
67	434	VIRGILIO MADEIRA	M	60	8		00:47:26.48	00:47:20.87	CCD TRANQUILIDADE
68	206	JULIETA MOTA	F	46	1		00:47:28.64	00:47:25.05	CORRER LISBOA
69	112	ANTÓNIO RODRIGUES	M	52	16		00:47:46.78	00:47:42.54	
70	492	JORGE AMARAL	M	50	17		00:48:00.85	00:47:48.76	AMINHACORRIDA
71	113	FILIPE VICENTE	M	46	18		00:48:19.25	00:48:02.28	
72	315	CÉSAR J S PINHEIRO	M	38	24	10	00:48:34.37	00:48:25.27	
73	430	VERA DUARTE	F	46	2		00:48:34.46	00:48:32.89	PORTUGALRUNNING



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74	432	FERNANDO CELESTINO	M	60	9		00:48:37.00	00:48:29.33	CCD TRANQUILIDADE
75	220	EDGAR TAVARES	M	37	25		00:48:41.20	00:48:33.20	CAMARA LISBOA CLUBE
76	198	PEDRO MARQUES	M	34	20		00:48:48.78	00:48:43.79	
77	357	MIGUEL VITORINO	M	46	19		00:48:53.00	00:48:47.42	CORRER LOURES
78	480	INES PEIXOTO	F	40	2		00:49:03.80	00:48:51.43	
79	176	JOAO CACELAS	M	48	20		00:49:05.29	00:48:45.54	
80	331	ANTÓNIO MARÇAL	M	59	10		00:49:13.69	00:49:00.28	
81	355	JOÃO PEREIRA	M	49	21		00:49:17.18	00:49:06.24	CORRER LISBOA
82	160	RENATO CORREIA	M	36	26		00:49:19.60	00:49:16.05	HOVIONE
83	284	FILIPE PAULO	M	35	27	11	00:49:24.24	00:49:15.85	TARTARUGAS DO ASFALTO
84	436	TIAGO RODRIGUES	M	25	21		00:49:34.77	00:49:24.27	GRCD LEIÃO
85	474	JOSE GOMES	M	41	28		00:49:37.64	00:49:07.11	
86	386	ANDRÉ RIBEIRO	M	32	22		00:49:37.88	00:49:15.17	PT ANDRÉ RIBEIRO
87	219	DANIEL ANTUNES	M	57	11		00:49:39.97	00:49:36.09	CAMARA LISBOA CLUBE
88	221	PAULO GONCALVES	M	55	12		00:49:42.15	00:49:34.15	CAMARA LISBOA CLUBE
89	485	PAULO BOTELHO	M	45	22		00:49:58.15	00:49:39.78	
90	299	JOÃO CANHOTO	M	49	23		00:50:05.25	00:49:58.90	CORRER LOURES
91	377	IVO RELVEIRO	M	26	23		00:50:13.95	00:49:57.78	
92	454	FERNANDO GUERREIRO	M	72	1		00:50:14.84	00:50:14.37	GD SAO DOMINGOS
93	114	DAVID POÇO	M	39	29		00:50:17.51	00:50:11.72	CD
94	282	INÊS DIOGO	F	25	1		00:50:17.52	00:50:14.15	
95	429	AURELIO ARAUJO	M	50	24		00:50:21.56	00:50:17.30	
96	470	SUSANA FREITAS	F	41	3		00:50:26.37	00:50:23.76	SEASIDE
97	246	TIAGO COSTA SANTOS	M	30	24		00:50:33.13	00:50:19.86	RUNNING CLUB SANTA CASA
98	106	MARIA DE LURDES GONÇALVES	F	51	3		00:50:34.80	00:50:29.48	SUPER 50
99	239	ANTONIO R M MARTINS	M	55	13		00:50:35.00	00:50:35.00	
100	445	CARLOS NORONHA	M	38	30		00:50:39.15	00:50:35.73	
101	328	NUNO MOREIRA	M	37	31		00:50:48.21	00:50:32.16	ALVERCA URBAN RUNNERS
102	486	SERGIO PINTO	M	37	32		00:50:59.19	00:50:50.19	SS MONTEPIO GERL
103	144	JOSE MONTEIRO	M	62	14		00:51:00.55	00:50:41.28	
104	225	NUNO MOREIRA	M	43	33		00:51:13.85	00:51:06.34	CAMARA LISBOA CLUBE
105	320	ANTONIO M MAURÍCIO	M	53	25		00:51:15.94	00:51:05.26	
106	316	SUSANA SALDANHA	F	29	2		00:51:22.71	00:51:03.85	
107	210	ANDRÉ GOMES	M	27	25	1	00:51:29.07	00:51:02.54	
108	209	SOFIA LOURENÇO	F	27	3		00:51:29.66	00:51:03.39	
109	471	RICARDO SANTOS	M	44	34	2	00:51:35.88	00:51:31.52	SEASIDE
110	281	NUNO CARDOSO	M	48	26		00:51:36.53	00:51:34.92	



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111	322	LÚCIA TOBIAS	F	32	4	12	00:51:37.00	00:51:37.00	
112	402	RUI ALBUQUERQUE	M	26	26	3	00:51:49.91	00:51:42.51	GOLDEN TEAM
113	244	FERNANDO LOPO	M	67	2		00:51:55.14	00:51:52.38	
114	339	ANTÓNIO FERNANDES	M	53	27		00:52:06.35	00:51:56.97	CORRER LOURES
115	313	LUIS FERREIRA	M	52	28		00:52:10.21	00:51:57.48	ALCOBELA
116	145	FRANCISCO BANDO	M	68	3		00:52:24.70	00:52:04.38	
117	271	EVELINO MAGALHÃES	M	44	35		00:52:28.38	00:52:19.51	NORAUTO PORTUGAL
118	407	LUIS NUNES	M	43	36		00:52:31.42	00:52:14.83	MARVILA JOVEM
119	367	PAULA LEMOS	F	52	4		00:52:34.11	00:52:31.40	PESQUEIRO TEAM
120	323	ORLANDO FERREIRA	M	49	29		00:52:39.55	00:52:34.34	CORRER LOURES
121	404	JORGE FERRO	M	53	30		00:52:41.73	00:52:26.22	
122	249	FILIPE GINJA DUARTE	M	33	27		00:52:42.14	00:52:04.76	
123	218	JOÃO FERNANDES	M	38	37		00:52:42.77	00:52:21.07	
124	310	Mª CÉU FERREIRA R DUARTE	F	50	5		00:52:42.80	00:52:37.66	CORRER LOURES
125	264	SÉRGIO JESUS	M	51	31		00:52:48.32	00:52:42.78	
126	304	HELENA PINTO	F	48	6		00:52:48.85	00:52:43.29	CORRER LOURES
127	424	MIGUEL RIBEIRO	M	48	32		00:52:49.19	00:52:30.47	HAPPY RUNNERS
128	290	VASCO SILVA	M	25	28		00:52:52.17	00:52:31.53	CREEPS RUNNING TEAM
129	311	EDGAR FRANCISCO	M	53	33		00:52:57.71	00:52:45.45	ALCOBELA
130	321	CARLOS MARINHO	M	39	38		00:53:12.20	00:52:44.59	
131	267	CARLOS JUNIOR	M	45	34		00:53:19.18	00:53:08.34	
132	433	FRANCISCO PEREIRA	M	52	35		00:53:25.86	00:53:20.73	CCD TRANQUILIDADE
133	452	CARLA FERNANDES	F	40	4		00:53:26.02	00:53:17.79	AMINHACORRIDA
134	334	ALCEU PAULO	M	68	4		00:53:27.17	00:53:18.51	TARTARUGAS DO ASFALTO
135	358	TIAGO SANTOS	M	32	29		00:53:42.44	00:53:27.52	
136	291	PEDRO SILVA	M	25	30		00:54:01.95	00:53:41.63	CREEPS RUNNING TEAM
137	380	RICARDO LOURO	M	39	39		00:54:08.76	00:53:58.08	
138	203	JOÃO D' ALMEIDA	M	42	40		00:54:08.97	00:54:04.55	CAA BELÉM
139	379	NUNO SOUSA	M	40	41		00:54:09.37	00:53:58.14	
140	376	JOAO DUARTE	M	52	36		00:54:09.90	00:53:57.30	CORRER LOURES
141	162	LUIS SANTOS	M	45	37		00:54:11.14	00:54:02.70	CARACÓIS DE PEDRA
142	190	RICARDO CARREIRA	F	38	5		00:54:12.97	00:54:09.01	
143	135	MARIO SOBRAL	M	44	42		00:54:14.30	00:53:49.95	CORRER LISBOA
144	467	CARLA P FERNANDES	F	42	6		00:54:33.85	00:54:29.67	SEASIDE
145	232	LUIS GOMES	M	36	43		00:54:36.98	00:54:26.94	SS CGD
146	477	GONÇALO GONÇALVES	M	39	44		00:54:38.00	00:54:30.30	
147	348	RUI GOMES	M	45	38		00:54:48.93	00:54:29.46	



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148	341	PEDRO CARVALHO	M	42	45		00:55:02.35	00:54:56.37	
149	188	JOÃO AMORIM	M	30	31		00:55:03.68	00:54:37.59	TOA
150	139	CARLOS RESA	M	37	46	13	00:55:07.22	00:54:49.37	
151	392	ALMERINDO SILVA	M	59	15		00:55:11.48	00:54:41.20	ADC CATUJAL
152	393	JOÃO PASSEIRO	M	56	16		00:55:11.56	00:54:43.52	ADC CATUJAL
153	165	ANTONIO BARBAS	M	51	39		00:55:12.98	00:54:56.56	
154	150	RUI CRUZ	M	35	47		00:55:13.01	00:54:52.31	
155	273	ORLANDO NUNES	M	41	48	14	00:55:13.56	00:54:58.78	
156	196	ANTONIO MELGAO	M	39	49		00:55:15.88	00:55:07.55	
157	223	MIGUEL VELEZ VELEZ	M	55	17	15	00:55:16.63	00:55:05.14	CAMARA LISBOA CLUBE
158	252	LUIS ALMEIDA	M	32	32		00:55:17.87	00:54:56.64	
159	468	BRUNO DIAS	M	42	50		00:55:20.55	00:55:18.64	SEASIDE
160	469	RITA DINIS	F	26	5		00:55:41.18	00:55:38.96	SEASIDE
161	370	NUNO ROCHA	M	38	51		00:55:43.42	00:55:41.21	
162	183	ANDRÉ NUNES	M	28	33		00:55:44.00	00:55:27.69	
163	458	FLAVIA HELENO	F	26	6		00:55:45.56	00:55:44.01	
164	406	TIAGO LOPES	M	31	34	4	00:55:54.91	00:55:29.96	
165	318	JOSÉ RAMOS	M	67	5		00:55:58.59	00:55:45.98	CORRER LOURES
166	391	MARCIO TEMTEM	M	37	52		00:56:00.37	00:55:56.00	HOVIONE
167	243	LUÍS ATAFONA	M	42	53	16	00:56:01.50	00:55:47.41	
168	242	VÍTOR SILVA	M	34	35		00:56:01.82	00:55:47.63	DREAM TEAM
169	388	SOFIA BARATA	F	38	7		00:56:01.91	00:55:58.12	
170	403	CLÁUDIO MILHEIRO	M	42	54		00:56:03.54	00:55:48.69	
171	401	JOSÉ PEDRO ESTEVES	M	26	36		00:56:05.75	00:55:57.79	GOLDEN TEAM
172	197	RUI SEBASTIÃO	M	32	37		00:56:11.76	00:55:45.03	TOA
173	283	PEDRO PAULO	M	39	55		00:56:14.33	00:56:06.13	TARTARUGAS DO ASFALTO
174	217	ANA ZARCOS	F	38	8		00:56:19.21	00:56:04.69	
175	116	PEDRO BARROSO	M	38	56		00:56:37.96	00:56:31.36	
176	353	GONÇALO CALISTO	M	41	57		00:56:43.34	00:56:26.52	TEAM FUGASSA
177	187	MARCOS SERRANO	M	37	58		00:56:43.68	00:56:21.09	
178	293	CLAUDINO CAMPONÊS	M	55	18		00:56:44.69	00:56:39.29	
179	349	THIAGO SÁ	M	35	59	17	00:56:45.26	00:56:22.98	
180	446	AMELIA DE VERA	F	32	7		00:56:51.71	00:56:49.05	PINOY ASTIG
181	109	VLADIMIR KOPTEV	M	41	60		00:56:54.20	00:56:33.74	
182	472	CRISTINA DINIS	F	50	7		00:56:56.52	00:56:52.95	SEASIDE
183	493	PAULO FELICIANO	M	49	40		00:57:07.86	00:56:51.06	
184	186	RUI MARTINS	M	25	38		00:57:10.90	00:56:47.92	



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185	360	HELDER LOURENÇO	M	47	41		00:57:13.32	00:57:06.41	ALVERCA URBAN RUNNERS
186	437	LIPING ZHONG	M	45	42		00:57:16.88	00:57:05.84	
187	423	CARLA RIBEIRO	F	48	8		00:57:22.93	00:57:04.51	HAPPY RUNNERS
188	289	VICENTE BOTO	M	46	43		00:57:37.83	00:57:37.83	
189	278	SÉRGIO SILVA	M	37	61		00:57:41.22	00:57:20.73	
190	168	TÂNIA CABRITO	F	36	9	18	00:57:42.54	00:57:20.80	
191	337	NÉLIA BRITO	F	45	9		00:57:44.76	00:57:32.98	CORRER LOURES
192	309	ANDRÉ BARBOSA	M	30	39		00:57:51.18	00:57:48.50	
193	272	FRANCISCO O MARTINS	M	33	40		00:58:04.18	00:57:48.88	
194	490	TINA OLIVEIRA	F	55	2		00:58:04.46	00:57:45.52	
195	389	LUIS LOUREIRO	M	38	62		00:58:12.67	00:58:01.78	
196	296	JOÃO CARDOSO	M	27	41		00:58:21.45	00:57:56.48	LAMBRETTAS LÍRICAS
197	285	JOSÉ TAVARES	M	28	42		00:58:22.49	00:58:22.49	
198	169	NÂNCI BÔTO	F	26	8	19	00:58:29.05	00:58:25.15	
199	307	VÍTOR FERREIRA	M	37	63		00:58:43.61	00:58:11.86	
200	163	DIOGO SANTOS	M	18	43	20	00:58:52.51	00:58:44.20	CARACÓIS DE PEDRA
201	478	FERNANDO RODRIGUES	M	49	44		00:58:56.29	00:58:24.75	
202	300	RUI FREIXO	M	33	44		00:59:02.85	00:58:35.91	
203	419	PEDRO FILIPE	M	47	45		00:59:05.17	00:58:58.53	
204	199	JOSÉ BAIXINHO	M	61	19	21	00:59:13.23	00:58:51.87	SANTIAGO FC
205	312	GABRIEL ANTONIO	M	55	20		00:59:24.66	00:58:49.46	ALCOBELA
206	435	NUNO FRANCO	M	45	46		00:59:44.85	00:59:40.72	CCD TRANQUILIDADE
207	245	SÉRGIO MONTES	M	41	64		00:59:47.45	00:59:34.40	GD HOVIONE
208	335	ALEXANDRE CIBRÃO	M	43	65	22	00:59:49.20	00:59:22.40	
209	213	RICARDO FIGUEIRA	M	38	66		01:00:01.93	00:59:32.23	
210	181	RAFAEL AZRIEL	M	49	47		01:00:02.20	01:00:00.52	
211	266	JOSÉ BORGES	M	56	21		01:00:07.00	00:59:37.13	
212	356	RUI CUNHA	M	43	67		01:00:10.00	01:00:10.00	
213	276	ADELINA BRUM	F	50	10		01:00:23.00	01:00:12.45	CORRER LOURES
214	156	LUIS REIS	M	56	22		01:00:23.95	01:00:05.71	FALCÕES SELVAGENS
215	340	ANA ANACLETO	F	42	10		01:00:27.24	01:00:17.32	CORRER LOURES
216	157	ANA MARTINS	F	52	11		01:00:27.58	01:00:08.53	FALCÕES SELVAGENS
217	428	ADRIANO CUNHA	M	65	6		01:00:33.28	01:00:09.63	
218	265	NELSON A P S CORREIA	M	39	68		01:00:35.52	01:00:07.80	
219	117	LURDES ALVES	F	63	3		01:00:48.40	01:00:32.50	
220	431	HELENA ALONSO	F	38	11	5	01:00:56.16	01:00:37.39	PORTUGALRUNNING
221	241	PAULO COUTINHO	M	38	69		01:00:56.28	01:00:47.55	COUTINHOS

222	200	JUDITE BAIXINHO	F	33	9		01:01:10.71	01:00:49.61	SANTIAGO FC
223	178	HELDER SANTOS	M	41	70		01:01:24.81	01:01:00.21	CORRER LISBOA
224	327	CARLOS LEÃO	M	59	23		01:01:25.44	01:01:03.80	CORRER LISBOA
225	417	FRANCISCO FERNANDES	M	39	71		01:01:26.11	01:01:08.04	
226	489	ADRIANO JORGE	M	69	7		01:01:33.27	01:01:16.36	
227	147	NUNO SÍLVIO FERREIRA	M	39	72		01:01:40.18	01:01:31.07	
228	354	FILIPA BRANDÃO	F	42	12		01:01:43.67	01:01:32.17	CORRER LOURES
229	350	LUÍSA MADEIRA	F	40	13		01:01:44.30	01:01:34.55	CORRER LOURES
230	366	LUÍS SOBRAL	M	56	24		01:01:46.00	01:01:30.58	
231	191	SARA GRANJO	F	35	14	23	01:01:47.91	01:01:25.06	BYBLOS
232	101	SANDRA MARQUES	F	36	15		01:01:54.99	01:01:24.28	CASAL NOT FIT
233	103	CÁTIA PAIVA	F	28	10		01:01:55.51	01:01:23.81	
234	274	ANIBAL CARVALHO	M	67	8		01:02:02.90	01:01:45.16	
235	231	PAULA LEITAO	F	45	12		01:02:03.86	01:01:56.23	CAMARA LISBOA CLUBE
236	224	CARLOS SOUSA	M	43	73		01:02:04.98	01:01:53.70	CAMARA LISBOA CLUBE
237	226	MIGUEL VELEZ VELEZ	M	55	25		01:02:05.00	01:01:57.38	CAMARA LISBOA CLUBE
238	118	ANABELA ASSUNÇÃO	F	47	13		01:02:47.02	01:02:35.32	
239	119	JORGE ASSUNÇÃO	M	49	48		01:02:47.50	01:02:35.77	
240	308	CARLOS HORTA	M	56	26		01:02:50.62	01:02:48.75	
241	261	MADALENA SANTOS	F	25	11		01:02:51.09	01:02:11.53	
242	420	YASUSHI USUDA	M	46	49		01:03:32.07	01:03:32.07	
243	253	FERNANDO PESTANA	M	72	9	24	01:03:37.19	01:03:37.19	GRCD LEIÃO
244	413	JUDITE ALMEIDA	F	38	16		01:03:44.06	01:03:20.91	OS FAUSTOS
245	330	ALEXANDRA PESTANA	F	47	14		01:04:00.00	01:03:44.17	ALVERCA URBAN RUNNERS
246	371	RUI ZENOGLIO	M	46	50		01:04:11.05	01:03:47.87	
247	483	CARLA SIMOES	F	33	12	25	01:04:11.21	01:03:54.86	MARVILA JOVEM
248	465	CLAUDIA RODRIGUES	F	23	13		01:04:16.76	01:04:10.59	GELPEIXE
249	444	SORAIA PEREIRA	F	40	17		01:04:35.24	01:04:11.27	
250	258	CARLOS MORAIS	M	53	51		01:05:05.92	01:04:56.21	
251	259	BRUNO MORAIS	M	27	45		01:05:07.36	01:04:57.48	
252	344	MARIO SOUSA	M	45	52		01:05:09.51	01:04:54.00	CAPTAIN FLY - RUNNERS
253	137	TIAGO MARTINS	M	41	74		01:05:09.98	01:04:55.53	CAPTAIN FLY - RUNNERS
254	100	ANTÓNIO VALE	M	31	46		01:05:18.61	01:04:47.44	CASAL NOT FIT
255	102	LUÍS TABORDA	M	32	47		01:05:19.34	01:05:19.34	
256	235	SARA MELO	F	40	18		01:05:49.11	01:05:46.12	
257	332	ELSA NUNES	F	41	19		01:05:50.50	01:05:39.07	CORRER LOURES
258	216	HENRIQUE VILHENA	M	63	27		01:06:09.26	01:05:42.01	LISRUNNING CPA

259	409	TIAGO F OLIVEIRA	M	33	48		01:06:09.39	01:05:46.32	
260	298	LURDES BAETA	F	51	15		01:06:10.60	01:05:58.13	CORRER LOURES
261	363	MARIANA BERNARDINO	F	49	16		01:06:11.20	01:05:58.00	CORRER LOURES
262	362	CARLOS BERNARDINO	M	49	53		01:06:12.55	01:05:59.80	CORRER LOURES
263	185	CARLOS QUINTINO	M	54	54		01:06:24.77	01:06:07.00	
264	195	CARLOS VIEIRA	M	49	55		01:06:39.19	01:06:19.07	
265	418	CARLA PEREIRA	F	47	17		01:06:40.20	01:06:33.22	
266	301	CLÁUDIA FREIXO	F	37	20		01:06:44.84	01:06:18.66	
267	263	CRISTIANO SANTOS	M	60	28		01:07:05.14	01:06:24.02	
268	211	RICARDO MARQUES	M	39	75	26	01:07:05.57	01:06:34.44	
269	440	BRUNO D B FERNANDES	M	30	49		01:07:06.56	01:06:40.06	BV LOURES
270	441	RUI P B S SILVA	M	35	76		01:07:08.29	01:06:42.28	BV LOURES
271	140	PEDRO COSTA DIAS	M	32	50		01:07:33.31	01:07:28.61	HOVIONE
272	422	MARISA MARTINS	F	42	21	27	01:07:33.34	01:07:13.97	
273	397	PEDRO AMEIXA	M	32	51		01:07:34.66	01:07:13.34	PT ANDRÉ RIBEIRO
274	189	MARTA RIBEIRO	F	29	14		01:07:46.43	01:07:20.75	TOA
275	378	JOÃO RELVEIRO	M	52	56		01:07:49.75	01:07:32.97	
276	464	TIAGO CASTANHEIRA	M	22	52		01:07:52.53	01:07:18.44	GELPEIXE
277	463	PATRICIA PIRES	F	26	15		01:07:53.00	01:07:53.00	GELPEIXE
278	277	NUNO MOLERO	M	46	57		01:08:04.26	01:07:52.04	
279	287	ANA DUARTE	F	32	16		01:08:14.16	01:07:49.17	
280	286	PAULO SILVA	M	43	77		01:08:14.66	01:07:48.77	
281	385	NUNO GUERRA	M	30	53		01:09:10.11	01:08:57.69	
282	359	LUIS ANDRÉ	M	22	54		01:09:11.00	01:08:57.92	TRAIL RUNNERS DA PONTE
283	383	FLAVIO MATIAS	M	34	55	28	01:09:15.08	01:09:02.44	
284	110	JOÃO SEGURO	M	38	78	29	01:09:34.35	01:09:01.67	
285	394	LUCIMAR ORRICO	F	36	22	30	01:09:50.70	01:09:39.89	
286	166	FATIMA BARBAS	F	59	4		01:10:03.45	01:09:46.95	
287	372	JOÃO PINTO	M	46	58		01:10:03.99	01:09:40.56	
288	295	BERNARDO FELICIO	M	26	56		01:10:23.59	01:10:04.44	OS RESISTENTES
289	111	LUCIANO REIS	M	59	29	31	01:11:13.09	01:10:50.99	
290	255	JOSÉ BARATA	M	76	10		01:11:25.31	01:11:12.25	GRCD LEIÃO
291	170	FÁTIMA GIL	F	35	23		01:11:53.50	01:11:31.61	
292	384	JOSÉ MARQUES	M	64	30	6	01:11:55.52	01:11:30.36	
293	127	OLIVIA LUCAS	F	53	18		01:12:15.05	01:12:00.74	BREAKWAY
294	126	VITOR LUCAS	M	55	31		01:12:15.14	01:12:00.98	BREAKWAY
295	396	JORGE PASTILHA	M	50	59		01:12:15.69	01:12:15.69	



3ª CORRIDA SOLIDÁRIA 2019

CORRIDA
10km
2 JUNHO

296	251	CARLOS ALMEIDA	M	36	79	32	01:13:02.02	01:12:40.99	
297	288	ANA RITA BÔTO	F	41	24		01:13:08.51	01:13:04.04	
298	228	CARLOS FERREIRA	M	56	32		01:13:26.30	01:12:56.09	CAMARA LISBOA CLUBE
299	438	BRUNO PEREIRA	M	37	80		01:13:58.63	01:13:20.39	AVIGILON
300	408	JOSE MOREIRA	M	29	57		01:14:55.96	01:14:42.07	
301	250	TELMA ABREU	F	30	17		01:17:34.85	01:17:13.72	RUNNING CLUB SANTA CASA
302	345	MARIA SÁ	F	67	1		01:18:05.82	01:17:43.84	
303	193	ANA BAPTISTA	F	32	18		01:18:29.84	01:18:16.13	OS PIMENTINHAS
304	194	MÁRCIO PIMENTA	M	32	58		01:18:30.28	01:18:16.15	OS PIMENTINHAS
305	374	JOSÉ SAFARA	M	62	33	33	01:19:56.82	01:19:38.76	
306	351	NATACHA ROQUE	F	25	19		01:20:00.00	01:20:00.00	
307	475	BIBIANA BRITO	F	36	25		01:21:46.35	01:21:13.56	
308	133	SHIKHA RAIKUNDALIA	F	36	26		01:21:49.59	01:21:16.87	
309	487	SANDRA COSTA	F	42	27	7	01:26:22.71	01:25:43.72	

Total de registros: 309