

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
1	CARLOS CARDOSO	156	M	00:16:44.79	00:32:44.64	00:32:44.42	
2	BRUNO LOURENÇO	3167	M	00:16:44.75	00:32:53.63	00:32:51.90	
3	PAULO MARTINS	2466	M	00:16:45.11	00:33:12.68	00:33:12.50	
4	ANTÓNIO SOUSA	126	M	00:16:44.94	00:33:29.51	00:33:29.29	GFD
5	MARCO COSTA	3620	M	00:16:49.17	00:33:56.07	00:33:55.56	
6	RICARDO PEREIRA	3217	M	00:16:49.02	00:34:05.18	00:34:04.47	GRFH IMPORTAÇÃO E EXPORTAÇÃO
7	NUNO LOPES	3573	M	00:16:44.65	00:34:26.33	00:34:25.12	Linda-a-Pastora Sporting Clube
8	RICARDO LANCEIRO	2595	M	00:17:13.71	00:35:38.88	00:35:38.14	
9	NUNO ROMÃO	157	M	00:17:57.33	00:35:46.54	00:35:45.98	
10	JOSÉ CORREIA	3112	M	00:18:03.86	00:35:56.73	00:35:53.91	
11	CARLOS GOMES	2819	M	00:18:04.02	00:36:00.59	00:35:59.48	
12	NUNO FELICIO	3028	M	00:17:35.41	00:36:07.15	00:36:06.72	
13		2	M	00:18:03.78	00:36:11.67	00:36:10.60	
14	JOAO HORA FAUSTINO	3208	M	00:18:04.63	00:36:17.28	00:35:57.09	
15		158	M	00:18:03.58	00:36:17.66	00:36:17.07	
16	CLAUDIA PEREIRA	125	F	00:18:04.18	00:36:18.12	00:36:17.39	GFD
17	ERNESTO FERREIRA	124	M	00:18:04.16	00:36:18.76	00:36:18.64	GFD
18	RUI OLIVEIRA	2998	M	00:18:15.42	00:36:53.32	00:36:52.30	
19	MARGARIDA DIONÍSIO	3440	F	00:18:15.22	00:36:59.25	00:36:57.51	
20	RICARDO OLIVEIRA	2154	M	00:18:14.86	00:36:59.48	00:36:58.69	
21	CARLOS TIAGO	3328	M	00:18:22.87	00:37:10.67	00:37:10.33	
22	JOAO REPAS GONCALVES	2633	M	00:18:18.22	00:37:19.13	00:37:18.06	
23	CARLOS MENDES	2193	M	00:18:04.19	00:37:24.11	00:37:22.34	Charon
24	SERGIO SANTOS	2365	M	00:18:31.27	00:37:55.13	00:37:54.53	
25	ANDRE CANUTO	3420	M	00:18:56.20	00:38:03.58	00:37:53.58	
26	PAULO GASPAR	3322	M	00:18:48.72	00:38:04.09	00:38:03.28	GMS-iSPORT
27	HUGO SOUSA	3119	M	00:19:12.86	00:38:04.90	00:38:01.28	Garmin C Olimpico de Oeiras
28	HUMBERTO SPÍNOLA	3156	M	00:18:35.56	00:38:05.90	00:38:03.78	
29	NUNO MIGUEL SANTOS	3163	M	00:18:44.41	00:38:06.27	00:38:04.73	
30	BRUNO RODRIGUES	2784	M	00:18:39.32	00:38:07.54	00:38:03.06	
31	PAULO COSTA	2739	M	00:18:49.20	00:38:11.24	00:38:08.61	
32	HENRIQUE COELHO	3011	M	00:18:13.22	00:38:11.82	00:38:10.97	
33	BRUNO LENCASTRE	3381	M	00:18:49.71	00:38:12.48	00:38:09.30	
34	RUI DUARTE	3321	M	00:18:48.92	00:38:15.83	00:38:15.02	GMS-iSPORT
35	LUIS PAULO	1966	M	00:19:12.59	00:38:16.58	00:38:14.67	
36	FERNANDO POLONIO	3153	M	00:18:49.44	00:38:16.97	00:38:16.16	
37	GONÇALO SANTOS	2650	M	00:18:49.41	00:38:19.78	00:38:18.55	
38	DIDIER VALENTE	2138	M	00:18:50.20	00:38:25.77	00:38:24.95	Monsanto Running Team
39	VICTOR MANUEL FIGUEIREDO DOURADO	2523	M	00:18:45.25	00:38:33.36	00:38:32.04	
40	TIAGUITO FONSECA	2533	M	00:18:43.94	00:38:41.43	00:38:33.95	
41	LUÍS REBELO	2589	M	00:18:49.95	00:38:46.66	00:38:45.56	Falcões Selvagens
42	NUNO SOARES	2919	M	00:19:25.69	00:38:48.70	00:38:47.51	
43	RICARDO MENDES ALMEIDA	2693	M	00:19:55.64	00:38:53.19	00:38:25.34	O MUNDO DA CORRIDA
44	RUI CABRAL	2807	M	00:19:06.15	00:38:53.84	00:38:51.30	N.A. PAPAGAIOS CASCAIS
45	VALTER DANIEL M M OLIVEIRA	3555	M	00:18:57.67	00:38:58.66	00:38:57.19	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
46	NUNO ALMEIDA	2565	M	00:19:29.00	00:39:00.04	00:38:57.12	
47	TIAGO CASTELA	3452	M	00:19:25.42	00:39:03.56	00:39:02.10	
48	NUNO SILVA	1844	M	00:18:33.37	00:39:07.24	00:39:06.84	
49	BRUNO SAFARA	2137	M	00:18:50.20	00:39:07.91	00:39:06.21	Monsanto Running Team
50	RUI MESTRE	2401	M	00:19:35.35	00:39:08.51	00:38:55.23	
51	BRUNO FERNANDES	2136	M	00:19:19.23	00:39:09.34	00:39:07.47	Monsanto Running Team
52	BRUNO MARRÃO	140	M	00:19:17.80	00:39:23.55	00:39:20.73	
53	MARCOS OLIVEIRA	2318	M	00:19:52.02	00:39:27.28	00:39:10.59	GDINE
54	NUNO JOSE DE CARVALHO PRAZERES	2083	M	00:19:33.38	00:39:27.63	00:39:23.59	BANCO MILLENIMU BCP
55	LUIS BARATA	3282	M	00:19:33.95	00:39:27.78	00:39:25.16	
56	JOSE BAPTISTA	3092	M	00:19:35.75	00:39:28.40	00:39:18.72	
57	NUNO QUINTELA	2815	M	00:19:44.05	00:39:29.19	00:39:25.71	
58	JORGE SOUSA	3421	M	00:19:27.04	00:39:31.49	00:39:29.19	
59	NUNO BALAS	2501	M	00:18:52.87	00:39:34.44	00:39:32.36	
60	ANTÓNIO RODRIGUES SABIDO	2906	M	00:19:48.40	00:39:36.76	00:39:21.85	Sport Zone
61	VITOR LOPES	2954	M	00:19:21.68	00:39:38.20	00:39:37.67	
62	BRUNO FRANCISCO	3494	M	00:19:33.16	00:39:38.53	00:39:36.28	
63	ABILIO JORGE BAPTISTA FERNANDES	2112	M	00:19:27.73	00:39:38.71	00:39:33.07	BANCO MILLENIMU BCP
64	NUNO LINO	3547	M	00:19:46.45	00:39:39.40	00:39:39.12	
65	FERNANDO TAVARES	3086	M	00:19:46.45	00:39:40.10	00:39:37.90	MARRIOTT LISBOA
66	NUNO COUTO	3216	M	00:19:32.95	00:39:45.76	00:39:44.08	GRFH IMPORTAÇÃO E EXPORTAÇÃO
67	RODRIGO GREGÓRIO	3552	M	00:19:32.94	00:39:47.09	00:39:44.09	GCP
68	ANTÓNIO DOLORES	2666	M	00:19:52.15	00:39:48.61	00:39:34.29	
69	SÉRGIO PEREIRA	1801	M	00:19:34.97	00:39:53.00	00:39:51.26	
70	PEDRO ALEXANDRE GOMES FERREIRA	3160	M	00:19:22.86	00:39:53.52	00:39:49.96	
71	NUNO MIGUEL VAZ DE CARVALHO	3273	M	00:20:03.97	00:39:55.58	00:39:41.79	Citroen
72	PEDRO MANUEL DA SILVA FERREIRA	3275	M	00:19:52.30	00:40:04.59	00:40:02.34	Citroen
73	HUGO DOURADO	2705	M	00:20:01.86	00:40:11.72	00:40:08.61	
74	FRANCISCO TEIXEIRA	2692	M	00:19:48.27	00:40:18.23	00:40:12.18	
75	AGOSTINHO SEMEDO	3574	M	00:20:14.95	00:40:33.14	00:40:22.04	Linda-a-Pastora Sporting Clube
76	DIOGO GARCIA	2414	M	00:19:59.78	00:40:35.45	00:40:12.25	Os Conta-Kilometros
77	JOEL RODRIGUES	2989	M	00:19:33.64	00:40:43.61	00:40:40.82	
78	GONÇALO FERREIRA	122	M	00:19:52.50	00:40:45.04	00:40:41.82	GFD
79	FERNANDO NOGUEIRA	3088	M	00:19:46.90	00:40:50.11	00:40:45.44	MARRIOTT LISBOA
80	CARLOS MANUEL ALVES CAETANO	2952	M	00:19:35.15	00:40:54.52	00:40:53.87	
81	TEOTÓNIO XAVIER NETO	2421	M	00:20:22.08	00:40:58.14	00:40:41.96	ADRC Mata de Benfica
82	DIOGO LOPES PEREIRA	1847	M	00:20:04.16	00:41:04.14	00:41:02.10	
83	RICARDO PITA	2488	M	00:20:32.81	00:41:04.85	00:40:58.66	
84	PEDRO GONÇALVES	2357	M	00:19:49.83	00:41:16.10	00:41:11.87	Road_ Runners
85	JOÃO MARIA ALVES VAZ	3444	M	00:20:09.04	00:41:20.60	00:41:17.08	
86	TIAGO ALVES	2552	M	00:20:24.30	00:41:20.67	00:40:54.66	
87	SERGIO MALHEIRO	2288	M	00:20:22.50	00:41:21.13	00:41:17.96	
88	MIGUEL RODRIGUES	3376	M	00:19:49.35	00:41:21.40	00:41:15.92	Weventual
89	RENATA FERNANDES	3417	F	00:20:48.01	00:41:24.96	00:41:21.88	
90	EMANUEL BORGES PEREIRA	1995	M	00:20:04.85	00:41:28.35	00:41:25.67	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
91	BRUNO CANHÃO	3460	M	00:20:10.47	00:41:31.88	00:41:14.71	
92	ARTUR SILVA PINTO	2301	M	00:20:25.17	00:41:32.08	00:41:22.61	GCP
93	MIGUEL MOURA	3524	M	00:20:24.96	00:41:32.48	00:41:27.99	GCP
94	PAULO MONTEIRO	2512	M	00:20:29.76	00:41:39.73	00:41:37.54	
95	CARLOS MANUEL RIBEIRO CERQUEIRA	2742	M	00:21:10.19	00:41:42.39	00:41:13.35	
96	JOÃO MEDEIRO	3116	M	00:20:08.90	00:41:45.33	00:41:42.14	Garmin C Olimpico de Oeiras
97	JOSÉ FRANCISCO MIRANDA	2596	M	00:20:15.48	00:41:47.34	00:41:41.78	
98	HUMBERTO CRUZ	2763	M	00:20:19.23	00:41:52.62	00:41:47.60	
99	PEDRO MACEDO	1845	M	00:20:41.62	00:41:53.03	00:41:47.37	
100	SÉRGIO NUNO MATOS DE OLIVEIRA NUNES	3323	M	00:20:07.27	00:41:55.22	00:41:54.29	
101	JOÃO LOURENÇO	1874	M	00:20:27.28	00:41:56.60	00:41:47.87	Salamandrecos
102	DAVID AZENHA	3223	M	00:20:32.29	00:41:59.80	00:41:58.25	
103	PAULO ALMEIDA	3433	M	00:20:09.30	00:42:01.24	00:41:58.97	
104	ALFREDO VALENTE	1975	M	00:20:45.42	00:42:05.31	00:41:52.78	
105	MIGUEL ANES SOARES	2636	M	00:20:51.68	00:42:05.62	00:41:54.26	
106	ANTÓNIO BAPTISTA	2956	M	00:20:49.98	00:42:06.17	00:41:58.79	ITEN SOLUTIONS 10KM
107	TIAGO SANTO	3178	M	00:20:45.60	00:42:07.65	00:41:46.02	
108	PEDRO PRUDÊNCIO	138	M	00:20:32.82	00:42:09.53	00:41:58.53	Salamandrecos
109	ANDRÉ PATO	2798	M	00:20:52.10	00:42:09.63	00:42:04.58	
110	SÉRGIO COSTA	3154	M	00:20:28.20	00:42:12.14	00:42:08.17	
111		147	M	00:20:50.38	00:42:15.23	00:41:59.98	
112	PEDRO SERRA	2373	M	00:20:38.24	00:42:17.76	00:42:11.67	Treino do Monge
113	EDUARDO TEIXEIRA	2991	M	00:20:33.19	00:42:27.35	00:42:25.37	
114	MIGUEL RIBEIRO	2011	M	00:20:56.78	00:42:27.35	00:42:22.02	
115	ANTONIO TAVARES OLIVEIRA RAMOS	2099	M	00:20:37.93	00:42:30.06	00:42:25.93	BANCO MILLENIMU BCP
116	LUIS MIGUEL SANTOS	3007	M	00:20:44.22	00:42:32.98	00:42:28.46	
117	ARMANDO DIAS	3165	M	00:20:57.10	00:42:33.44	00:42:31.95	
118	MÁRIO GOMES	2716	M	00:20:03.09	00:42:34.93	00:42:33.59	
119	JORGE ABREU	3438	M	00:20:34.37	00:42:35.71	00:42:17.31	
120	ALEXANDRE PINTO	1828	M	00:21:20.52	00:42:40.28	00:42:13.71	
121	LUIS PINTO	3454	M	00:20:22.72	00:42:40.68	00:42:35.86	GFD
122	BRUNO ARAUJ	2637	M	00:21:20.34	00:42:41.75	00:42:32.60	
123	NELSON SANTOS	2947	M	00:20:57.47	00:42:41.76	00:42:39.16	
124	MARIA LUCAS	2747	F	00:20:54.79	00:42:43.32	00:42:39.98	
125	U HOI TANG	3578	M	00:20:30.93	00:42:43.55	00:42:25.95	
126	PEDRO SILVA	2631	M	00:20:30.50	00:42:47.13	00:42:45.04	
127	JOSÉ CARLOS	2806	M	00:20:58.04	00:42:48.51	00:42:42.02	N.A. PAPAGAIOS CASCAIS
128	ARMANDO FILIPE VIEIRA DOS SANTOS	1925	M	00:21:57.75	00:42:50.10	00:41:29.51	Salamandrecos
129	FRANCISCO RODRIGUES	2959	M	00:21:25.61	00:42:51.84	00:42:48.74	ITEN SOLUTIONS 10KM
130	RICARDO MOREIRA	2790	M	00:21:46.58	00:42:53.17	00:41:45.93	
131	JOÃO MANUEL DE MATOS CADETE	2340	M	00:21:23.92	00:42:58.09	00:42:26.42	VdAtletas
132	PEDRO GLORIA	2538	M	00:21:48.86	00:42:58.94	00:42:42.09	
133	RUI LACERDA	2890	M	00:21:42.22	00:42:59.44	00:42:55.71	Sport Zone
134	MANUEL ANTÓNIO DA PALMA TROLE	3324	M	00:20:26.74	00:43:00.63	00:42:59.22	
135	CARLOS FERREIRA	3362	M	00:21:10.07	00:43:01.75	00:42:55.46	Asas pelos Ares

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
136	PEDRO SANTOS	2696	M	00:20:54.00	00:43:01.81	00:42:49.67	
137	LUÍS FILIPE FARINHA MARÇAL	2713	M	00:20:56.94	00:43:05.15	00:42:59.70	
138	HUGO ROCHA	1929	M	00:20:42.09	00:43:06.44	00:43:02.64	
139	FRANCISCO FERNANDES	3295	M	00:21:48.03	00:43:07.50	00:42:31.91	Onco+
140	JORGE VAZ	2542	M	00:21:13.19	00:43:08.56	00:43:06.13	
141	DÁRIO SANTOS	2176	M	00:22:16.23	00:43:09.35	00:42:25.24	
142	LUIS HENRIQUES	2369	M	00:22:16.38	00:43:09.43	00:42:27.98	
143	JOÃO MENDES	129	M	00:21:22.77	00:43:10.14	00:43:03.50	GFD
144	NUNO FILIPE TOIPA NEVES	3563	M	00:20:37.51	00:43:11.57	00:43:02.12	
145	TIAGO TELES	2581	M	00:21:21.78	00:43:11.68	00:42:56.79	NUCLEO DESPORTIVO AUTOCOOPE
146	JOAO BERNARDO	2994	M	00:21:03.24	00:43:15.61	00:42:44.49	
147	DAVID SARAIVA	2592	M	00:21:32.48	00:43:18.89	00:42:59.61	
148	CARLOS MANUEL PEREIRA VISEU	2652	M	00:20:52.66	00:43:19.60	00:43:17.57	
149	LUIS RAMOS	2123	M	00:20:32.08	00:43:23.39	00:43:16.15	
150	PAULO MACHADO	3107	M	00:21:02.93	00:43:24.78	00:43:02.57	
151	ANTONIO JOSE PASCOAL BRAGA	2098	M	00:22:06.65	00:43:25.00	00:43:08.05	BANCO MILLENIMU BCP
152	ANTÓNIO MARTINS	1814	M	00:21:26.90	00:43:25.12	00:43:13.16	
153	LOURENCO SAMPAIO	2046	M	00:21:22.10	00:43:26.02	00:43:08.02	
154	RICARDO PEREIRA	3426	M	00:21:15.10	00:43:26.24	00:43:23.78	
155	JORGE FILIPE NUNES	1870	M	00:21:48.51	00:43:28.36	00:43:21.94	
156	JORGE CORREIA	3484	M	00:21:38.50	00:43:30.34	00:42:30.44	
157	JOÃO SANTOS	2425	M	00:20:54.37	00:43:34.11	00:43:31.11	
158	ANTÓNIO COSTA	2355	M	00:20:58.65	00:43:35.04	00:43:22.52	
159	FILIPE BRANCO SANTOS	1959	M	00:21:48.71	00:43:35.71	00:43:28.80	
160	PAULO TABOAS	117	M	00:21:08.82	00:43:37.86	00:43:15.60	
161	NÉLIO RODRIGUES	2364	M	00:21:32.01	00:43:39.30	00:43:28.02	
162	MARCELO DIAS	3203	M	00:21:13.86	00:43:41.82	00:43:32.57	
163	PEDRO SANTOS	2143	M	00:21:23.22	00:43:47.24	00:43:33.98	
164	NUNO MIGUEL BRAVO OLIVEIRA NAIA	2063	M	00:21:14.25	00:43:47.86	00:43:35.52	BANCO MILLENIMU BCP
165	JOÃO BOGALHEIRO	2535	M	00:21:23.36	00:43:48.59	00:43:47.09	Amigos Vale Silencio
166	ELMAR DERKITSCH	3090	M	00:21:32.73	00:43:51.48	00:43:46.42	MARRIOTT LISBOA
167	RODRIGO TAVARES	2593	M	00:20:53.65	00:43:52.20	00:43:47.42	
168	PEDRO LIMA	3515	M	00:21:47.04	00:43:53.19	00:42:44.38	
169	SÉRGIO SALES	3296	M	00:21:44.48	00:43:55.48	00:43:47.18	Equipa TSF
170	VITOR MANUEL BRANCO AZEVEDO	3166	M	00:21:52.77	00:43:56.15	00:43:49.26	
171	PAULO FONSECA	2479	M	00:22:19.25	00:43:57.83	00:42:49.14	Câmara Lisboa Clube
172	ÓSCAR SANTOS	2768	M	00:21:52.55	00:43:58.19	00:43:53.52	
173	MANUEL AZEVEDO	1969	M	00:21:47.47	00:43:59.82	00:43:54.46	
174	RUI ALMEIDA	2319	M	00:21:53.49	00:44:00.68	00:43:56.37	GDINE
175	NUNO ALEXANDRE MOREIRA DA ROCHA PRATAS	2407	M	00:21:46.29	00:44:00.97	00:43:56.57	
176	FERNANDO ANACLETO	3585	M	00:21:53.11	00:44:01.88	00:43:53.20	
177	LUIS FERREIRA	2274	M	00:21:46.48	00:44:02.09	00:43:51.21	RunLovers
178	RICARDO MENDES	2775	M	00:21:53.38	00:44:03.61	00:43:58.00	
179	PAULO CALDEIRINHA	2019	M	00:21:48.04	00:44:06.55	00:43:53.11	Run Buddy Run
180	AUGUSTO SEMEDO	2170	M	00:22:05.07	00:44:07.40	00:43:32.96	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
181	PEDRO ENCARNAÇÃO	1861	M	00:21:32.91	00:44:10.88	00:44:02.68	
182	JOSÉ CIPRIANO HILÁRIO CARDOSO	2651	M	00:22:10.34	00:44:11.19	00:43:45.84	
183	TELMO PEDRO	2943	M	00:21:47.92	00:44:12.06	00:43:48.30	Galderma
184	FRANCISCO JORDÃO PEREIRA	2246	M	00:22:02.28	00:44:12.17	00:43:51.36	Liberty Seguros
185	DIOGO LEAL	1931	M	00:22:40.29	00:44:13.19	00:43:01.61	SNAKE BAR - BAR dos Cobras
186	RICARDO MOTOMURA	3206	M	00:22:11.43	00:44:13.55	00:44:04.59	
187	RUI ALMEIDA	3012	M	00:22:48.97	00:44:13.68	00:44:04.86	
188	RUI LOPES	3171	M	00:22:49.50	00:44:14.18	00:44:05.62	
189	ANTÓNIO GRILO	2051	M	00:21:48.16	00:44:14.51	00:43:55.05	
190	RUI GOMES	2962	M	00:21:21.78	00:44:14.98	00:43:51.54	ITEN SOLUTIONS 10KM
191	NUNO HEITOR	3222	M	00:21:54.99	00:44:15.34	00:43:36.53	
192	ANDRÉ MENDONÇA	2422	M	00:21:53.80	00:44:15.53	00:44:11.97	ADRC Mata de Benfica
193	JOÃO PEREIRA	2614	M	00:21:51.82	00:44:17.15	00:44:04.20	SAPATISTAS
194	JOÃO SILVA PINTO	2195	M	00:21:51.66	00:44:17.37	00:44:09.66	Charon
195	MIGUEL CARMO	3416	M	00:21:52.95	00:44:18.70	00:44:13.44	
196	NUNO BERTOLINO DA SILVA GAMEIRO	3355	M	00:21:48.54	00:44:19.57	00:44:14.83	
197	MANUEL TAVARES	2795	M	00:21:48.81	00:44:21.08	00:43:57.00	
198	ARTUR DENOMINATO	2924	M	00:21:54.65	00:44:22.10	00:44:12.81	PI-LINHA RUNNERS
199	HELDER MIGUEL NUNES DIOGO	2070	M	00:21:52.71	00:44:22.19	00:44:18.51	BANCO MILLENIMU BCP
200	ANTONIO ALVES LOPES	3091	M	00:21:47.02	00:44:25.55	00:44:20.04	MARRIOTT LISBOA
201	PEDRO CONCEIÇÃO	3182	M	00:20:53.30	00:44:25.64	00:44:20.37	Monsanto Running Team
202	RICARDO PEREIRA	3418	M	00:21:53.30	00:44:25.78	00:44:19.14	
203	ANDRÉ RODRIGUES	3030	M	00:21:31.09	00:44:26.42	00:44:09.20	Grupo Correr na Cidade
204	LUIS CHAMBEL	2996	M	00:21:47.82	00:44:27.41	00:44:00.13	
205	ARMÉNIO PONTES	2690	M	00:21:18.31	00:44:28.22	00:44:20.21	
206	PAULO JORGE LOPES DA SILVA	3415	M	00:21:53.32	00:44:29.53	00:44:18.87	
207	DIOGO GAMITO	2400	M	00:21:46.12	00:44:29.90	00:44:07.79	Salamandrecos
208	NUNO SOBRAL	2018	M	00:21:49.02	00:44:31.24	00:44:17.90	Run Buddy Run
209	PEDRO FERNANDES	3228	M	00:21:58.77	00:44:33.25	00:44:30.25	
210	PAULO MARQUES	3553	M	00:21:52.93	00:44:35.48	00:44:31.88	GCP
211	ANTÓNIO SOUSA	2008	M	00:21:57.12	00:44:36.94	00:44:25.34	
212	EDUARDO MANUEL GODINHO OLIVEIRA	2149	M	00:21:52.10	00:44:38.60	00:44:34.50	
213	NUNO CORREIA	2769	M	00:21:26.13	00:44:38.84	00:44:38.69	GDINE
214	JOSE CAVACO	2908	M	00:22:20.62	00:44:40.62	00:44:25.13	Sport Zone
215	CARLOS MONTEIRO	3463	M	00:21:48.88	00:44:41.30	00:44:35.62	
216	MIGUEL BARREIROS	2663	M	00:22:01.67	00:44:44.20	00:44:33.63	
217	ROBERTO GONÇALVES	3199	M	00:22:25.49	00:44:46.06	00:44:21.40	Salamandrecos
218	DIOGO BOBONE	2582	M	00:21:42.13	00:44:49.55	00:44:39.68	
219	RODRIGO PAIS ALMEIDA	2513	M	00:21:54.91	00:44:52.07	00:44:47.89	
220	ANTONIO PAINHA	2603	M	00:21:53.98	00:44:52.47	00:44:42.73	
221	RICARDO LUIS	3067	M	00:21:48.40	00:44:54.37	00:44:41.80	
222	PAULO RATILAL	2434	M	00:21:55.57	00:44:55.76	00:44:43.69	
223	JUVENAL MOREIRA	2579	M	00:22:45.76	00:44:55.92	00:44:48.05	NUCLEO DESPORTIVO AUTOCOOPE
224	ANTONIO ALMEIDA	2574	M	00:22:45.62	00:44:56.08	00:44:48.55	NUCLEO DESPORTIVO AUTOCOOPE
225	PEDRO REIS	2621	M	00:21:59.48	00:44:58.84	00:44:53.82	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
226	JOÃO LEITÃO	2276	M	00:22:04.71	00:44:58.94	00:44:48.36	RunLovers
227	RUI ANTUNES	2543	M	00:22:38.11	00:44:59.07	00:44:50.29	
228	TIAGO DE BRITO CARVALHO	3004	M	00:21:56.52	00:45:05.25	00:44:53.33	EDPRunners
229	RUI CARVALHO	2474	M	00:21:53.60	00:45:05.50	00:44:54.48	
230	JAIME PINTO	3053	M	00:22:04.65	00:45:09.22	00:44:47.99	
231	JOÃO DE DEUS	3334	M	00:21:56.77	00:45:11.26	00:45:00.79	EDPRunners
232	TANIA SANT ANA	3407	F	00:21:59.29	00:45:15.58	00:45:03.68	Cofina Runners
233	MARCO COSTA	2444	M	00:22:46.48	00:45:18.94	00:44:57.53	
234	CARLOS MARQUES	3419	M	00:23:01.91	00:45:21.37	00:45:12.72	
235	ARMANDO LOPES	2972	M	00:19:46.10	00:45:23.19	00:45:20.44	ITEN SOLUTIONS 10KM
236	JORGE ROCHA	3013	M	00:22:21.55	00:45:25.09	00:45:04.37	
237	TEOFILO BORGES	2645	M	00:22:14.21	00:45:28.70	00:45:05.14	
238	DANIEL BORGES	2644	M	00:22:14.93	00:45:28.93	00:45:05.43	
239	FERNANDO ALCIDES GONCALVES RODRIGUES	2067	M	00:22:55.92	00:45:30.78	00:45:04.12	BANCO MILLENIMU BCP
240	TOMÁS MADEIRA	2754	M	00:24:10.54	00:45:34.38	00:44:10.99	MIRAFLORESFIT
241	VICTOR SILVA	3170	M	00:22:54.77	00:45:35.33	00:45:27.83	
242	PLAMEN DAMYANOV	3590	M	00:22:24.79	00:45:36.70	00:45:19.80	
243	MÁRIO SÉRGIO SANTOS MARQUES	1875	M	00:23:00.49	00:45:37.75	00:45:09.58	
244	LUIS MURTEIRA	2774	M	00:23:00.09	00:45:42.50	00:45:29.40	
245	NELSON ISIDORO	3506	M	00:23:30.78	00:45:43.28	00:44:22.13	
246	MÁRIO ESPERANÇA	2746	M	00:22:38.32	00:45:43.54	00:45:37.71	
247	HENRIQUE PEREIRA	2168	M	00:22:49.31	00:45:44.70	00:45:10.09	
248	MIGUEL RODRIGUES	2805	M	00:22:43.59	00:45:44.90	00:45:33.47	
249	ANTÓNIO JOSÉ MOTA CARECHO GRILO	3358	M	00:22:00.92	00:45:49.28	00:45:39.29	
250	PEDRO FAVINHA	2710	M	00:22:14.22	00:45:50.10	00:45:43.40	
251	RUI OLIVEIRA	2272	M	00:22:46.82	00:45:54.60	00:45:46.48	
252	LUÍS PEDRO FREIXO LEÃO	3493	M	00:24:30.89	00:45:54.96	00:45:23.53	
253	PEDRO MENDONÇA	3215	M	00:22:08.69	00:45:56.11	00:45:54.40	GRFH IMPORTAÇÃO E EXPORTAÇÃO
254	FERNANDO LOPES	127	M	00:22:27.80	00:45:57.01	00:45:52.86	GFD
255	LUIS MIGUEL MENDES ALVES	2134	M	00:22:35.98	00:45:57.18	00:45:49.28	
256	JOAQUIM PALMEIRO	3150	M	00:22:39.65	00:45:57.67	00:45:22.66	
257	DAVID FRÓIS	2534	M	00:22:43.16	00:45:58.40	00:45:43.71	
258	HENRIQUE RUIVO	2175	M	00:22:50.85	00:46:00.65	00:45:50.90	
259	KLEBERTON RICARDO TESSER	3510	M	00:22:50.50	00:46:00.76	00:45:36.87	
260	GONÇALO OLIVEIRA	3172	M	00:22:50.17	00:46:02.32	00:45:42.99	Run Buddy Run
261	JORGE PAULO	2814	M	00:22:24.32	00:46:02.67	00:46:00.02	
262	NUNO DANTAS	2394	M	00:22:02.85	00:46:03.32	00:45:52.99	
263	EDGAR PRAZERES	3000	M	00:22:42.26	00:46:04.78	00:45:09.34	
264	JOSÉ MAGALHÃES	2588	M	00:22:39.28	00:46:05.72	00:45:53.85	
265	FRANCISCO OLIVEIRA MARTINS	2162	M	00:23:12.26	00:46:07.34	00:45:24.62	
266	PEDRO PIRES	3469	M	00:22:02.43	00:46:07.49	00:46:03.12	
267	DANIEL COSTA	2358	M	00:21:21.44	00:46:08.78	00:45:57.21	Road_ Runners
268	FILIPE LEITÃO	1804	M	00:21:52.94	00:46:10.45	00:46:03.45	
269	ANTÓNIO CASTRO	2324	M	00:23:12.25	00:46:11.70	00:45:35.35	
270	LUIS POITEVIN	2963	M	00:23:16.08	00:46:12.16	00:45:41.49	ITEN SOLUTIONS 10KM

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
271	JOAO BARREIRA	2054	M	00:22:32.93	00:46:12.56	00:46:05.09	
272	ALEXANDRE MATEUS	3349	M	00:22:45.78	00:46:13.44	00:46:03.98	
273	ANA SÍLVIA SOBREIRA	2527	F	00:22:52.32	00:46:16.03	00:46:12.81	
274	PAULO SANTOS	3359	M	00:22:48.67	00:46:17.35	00:46:00.07	
275	RUI SANTOS	3320	M	00:23:33.13	00:46:17.51	00:45:22.85	GMS-iSPORT
276	MARCO BATISTA	2752	M	00:24:10.60	00:46:18.12	00:44:49.42	MIRAFLORESFIT
277	RUI MANUEL SARMENTO ANTUNES	1908	M	00:22:57.36	00:46:20.46	00:46:06.38	
278	PAULO SIMÕES	3521	M	00:21:54.95	00:46:22.59	00:46:18.54	GCP
279	LICÍNIO FIDALGO	2489	M	00:24:10.88	00:46:25.19	00:45:16.52	
280	PEDRO ALEXANDRE LOURENCO SA	2074	M	00:23:49.25	00:46:25.51	00:45:40.31	BANCO MILLENIMU BCP
281	FERNANDO MORAIS	2349	M	00:21:52.77	00:46:26.80	00:46:19.74	
282	MIGUEL ALMEIDA	2999	M	00:22:16.65	00:46:27.17	00:46:15.32	
283	GONÇALO PRUDÊNCIO	139	M	00:23:49.36	00:46:28.04	00:45:05.60	Salamandrecos
284	JOSÉ GANHÃO	3461	M	00:23:40.43	00:46:29.00	00:46:00.72	
285	BART SCHOENMAKERS	2317	M	00:22:56.52	00:46:31.55	00:46:22.97	GDINE
286	VITOR MANUEL SANTOS ALMEIDA	2086	M	00:23:22.21	00:46:32.04	00:45:59.78	BANCO MILLENIMU BCP
287	RUI RAMOS	2683	M	00:24:19.80	00:46:32.51	00:45:25.75	
288	RUI PEDRO NUNES	3466	M	00:22:06.21	00:46:32.97	00:46:24.68	
289	MARCO DOMINGOS	2354	M	00:23:42.29	00:46:34.08	00:45:36.24	
290	RUI AFONSO	2726	M	00:23:30.15	00:46:36.55	00:46:30.23	
291	GUSTAVO SILVA	3486	M	00:22:24.06	00:46:36.73	00:46:27.63	
292	CARLOS VIDAIS	3079	M	00:23:34.61	00:46:36.79	00:45:59.49	Atlético Via Rara
293	ALDONIO FERNANDES	3496	M	00:23:26.29	00:46:36.79	00:46:05.42	
294	CARLOS PEDRO	3076	M	00:23:34.53	00:46:37.12	00:45:59.37	Atlético Via Rara
295	ANTÓNIO VALE	2412	M	00:23:30.72	00:46:40.14	00:46:18.05	Os Conta-Kilometros
296	NUNO PINTO	2048	M	00:24:07.90	00:46:41.80	00:45:45.83	
297	TIAGO DIAS RAMOS	3561	M	00:23:08.32	00:46:42.19	00:46:07.47	
298	JOÃO CORREIA	3447	M	00:23:45.40	00:46:42.85	00:45:50.42	
299	PAULO SENA	3205	M	00:22:46.10	00:46:43.96	00:46:37.96	
300	JOÃO COSTA DUARTE	2321	M	00:22:59.29	00:46:44.10	00:46:30.20	
301	RICARDO JOSÉ CASIMIRO RAMOS PIMENTA	1991	M	00:22:53.53	00:46:45.42	00:46:25.91	
302	JOÃO GUERREIRO	3492	M	00:24:02.01	00:46:46.59	00:46:16.05	
303	TIAGO SALVADOR	3139	M	00:24:02.27	00:46:46.62	00:46:15.71	
304	HERNÂNI GASPAR	3143	M	00:22:55.12	00:46:48.96	00:46:42.83	Amigos Vale Silencio
305	RUI PARÓLA	2623	M	00:23:01.67	00:46:51.40	00:46:37.13	
306	DIOGO VENANCIO	2826	M	00:23:50.20	00:46:51.75	00:45:30.68	Calcitrin
307	JOSÉ CARLOS MARTINS	2327	M	00:23:13.45	00:46:52.35	00:45:41.14	Falcões Selvagens
308	NELSON RISSO	3619	M	00:22:57.99	00:46:53.34	00:46:37.43	
309	PEDRO MENDONÇA	3333	M	00:23:00.83	00:46:54.36	00:46:39.92	
310	JOSÉ MACHADO	3003	M	00:22:21.77	00:46:55.94	00:46:47.97	Amigos Vale Silencio
311	JOSE DUARTE	2656	M	00:23:27.53	00:46:57.62	00:46:41.41	
312	ANTÓNIO BELO	2986	M	00:23:37.43	00:46:58.73	00:46:43.17	
313	ORLANDO ALMEIDA	3412	M	00:22:50.46	00:46:59.11	00:46:50.84	
314	EURICO GOMES	2649	M	00:22:57.11	00:46:59.26	00:46:51.89	
315	CLEONICE OLIVEIRA	2302	F	00:23:24.69	00:46:59.61	00:46:50.82	GCP

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
316	RICARDO PEREIRA	3548	M	00:23:47.76	00:46:59.63	00:46:45.60	
317	LUÍS MOURA	2010	M	00:23:15.50	00:47:00.58	00:46:40.16	
318	SÉRGIO PONTES	2374	M	00:24:17.75	00:47:00.86	00:45:55.23	Treino do Monge
319	JOSÉ CARLOS VERMELHUDO AMARAL	2389	M	00:23:30.27	00:47:01.41	00:46:41.29	
320	HUMBERTO BORGES	3364	M	00:22:16.35	00:47:01.61	00:46:55.23	Asas pelos Ares
321	MARCIO LAVRADOR	2969	M	00:23:55.65	00:47:02.56	00:46:03.29	ITEN SOLUTIONS 10KM
322	TIAGO MANUEL ALMEIDA MARQUES	2375	M	00:24:20.36	00:47:03.48	00:45:58.14	Treino do Monge
323	ANDRZEJ MASLOWSKI	2724	M	00:22:03.49	00:47:04.19	00:46:59.19	
324	HUGO PAULO	3106	M	00:23:48.04	00:47:04.23	00:46:51.95	
325	LUIS PIRES	2932	M	00:22:58.30	00:47:04.27	00:47:00.39	
326	HELDER ROSÁRIO	1944	M	00:23:14.20	00:47:06.96	00:46:59.44	
327	TIAGO DE OLIVEIRA LIMA MONTEIRO PORTUGAL	2003	M	00:23:22.24	00:47:08.52	00:46:10.03	Grupo Correr na Cidade
328	RICARDO NUNO	131	M	00:23:29.44	00:47:10.98	00:46:24.02	
329	PAULO ALVES ALMEIDA	3462	M	00:23:05.28	00:47:13.58	00:46:07.57	
330	RICARDO OLIVEIRA	2498	M	00:24:24.26	00:47:13.69	00:46:48.27	JJL Best
331	RUI ALEGRE	3020	M	00:23:44.65	00:47:17.36	00:46:47.58	
332	MARCO VAZ	2812	M	00:23:14.65	00:47:18.40	00:47:06.98	Falcões Selvagens
333	NUNO OLIVEIRA	1906	M	00:22:19.71	00:47:19.28	00:47:03.59	
334	CARLOS MANUEL OLIVEIRA E SILVA	2147	M	00:23:38.00	00:47:20.53	00:47:07.47	
335	BENTO RAMINHOS	3198	M	00:23:17.53	00:47:21.39	00:47:08.68	
336	PEDRO CARRAPATO	3291	M	00:23:09.99	00:47:23.28	00:46:48.25	Onco+
337	NUNO BOGALHEIRO	3002	M	00:23:08.34	00:47:24.42	00:47:17.94	Amigos Vale Silencio
338	ORLANDO SANTOS SILVA	2391	M	00:22:43.97	00:47:25.44	00:47:19.47	
339	RUI BARROS	1826	M	00:23:25.02	00:47:25.83	00:47:15.07	
340	NUNO MIRANDA CASTANHEIRA	2797	M	00:22:43.74	00:47:26.36	00:47:20.63	
341	NUNO APOLO	3105	M	00:23:47.95	00:47:28.65	00:47:16.38	
342	LUÍS TABORDA	2413	M	00:23:33.78	00:47:29.29	00:47:06.40	Os Conta-Kilometros
343	NUNO CATARRO	3293	M	00:23:06.87	00:47:29.59	00:46:55.81	Onco+
344	RUI MARTINS	3145	M	00:24:39.06	00:47:29.93	00:46:31.49	
345	ORLANDO NUNES	2177	M	00:23:24.39	00:47:29.94	00:46:47.58	
346	JOÃO JOSÉ FERNANDES	2634	M	00:23:39.57	00:47:30.10	00:47:07.72	
347	JORGE OLIVEIRA	2160	M	00:23:40.41	00:47:30.79	00:46:25.13	
348	DANIEL ANTUNES	2487	M	00:23:32.53	00:47:31.64	00:47:26.57	
349	ROGERIO GUERREIRO	3180	M	00:23:16.46	00:47:32.39	00:47:20.16	
350	AFONSO COELHO	2122	M	00:23:49.40	00:47:34.23	00:47:23.36	
351	ARMANDO MUCHAGATA	2598	M	00:25:09.94	00:47:34.85	00:45:01.30	
352	JOÃO BARRETO	3476	M	00:22:18.94	00:47:35.39	00:47:26.32	
353	DIOGO MURTA REBELO	2015	M	00:23:12.12	00:47:36.13	00:47:09.53	
354	CARLOS ALVES	2056	M	00:23:21.98	00:47:37.47	00:46:49.93	
355	MÁRIO PINHO	2502	M	00:23:52.20	00:47:37.79	00:46:32.45	
356	JORGE POMBO	2139	M	00:23:36.35	00:47:38.11	00:47:30.09	
357	DANIEL MOTA	2990	M	00:22:41.94	00:47:38.16	00:47:24.81	
358	CARLOS ALBERTO DO CARMO OLIVEIRA	3285	M	00:23:22.32	00:47:38.86	00:47:27.49	
359	JOAO CALDAS	2576	M	00:21:04.11	00:47:39.82	00:47:19.51	NUCLEO DESPORTIVO AUTOCOOPE
360	JOSE NOGUEIRA	1867	M	00:24:01.47	00:47:40.57	00:47:32.33	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
361	FRANCISCO SANCHES OSÓRIO	2014	M	00:24:03.18	00:47:42.18	00:47:14.35	
362	NUNO TIAGO LOPES DE ALMEIDA	2144	M	00:22:38.90	00:47:42.25	00:47:32.08	
363	LUÍS ROSÁRIO	2942	M	00:23:36.28	00:47:43.46	00:47:30.64	
364	VICTOR VARIZO	3587	M	00:23:47.49	00:47:45.74	00:47:24.95	
365	INÊS VIEIRA SANTOS	3122	F	00:23:48.12	00:47:45.80	00:47:34.14	
366	CARLOS A. R. FERREIRA	3068	M	00:23:32.46	00:47:46.34	00:47:29.17	
367	ANTÓNIO ESTRELA BASTOS	2879	M	00:23:00.07	00:47:47.43	00:47:31.02	
368	JOAQUIM SANTOS	2896	M	00:24:39.56	00:47:48.67	00:47:33.04	Sport Zone
369	IDALÉCIO BARROS	3584	M	00:23:22.34	00:47:49.84	00:47:32.64	
370	RUI MANUEL DE JESUS MESTRE	2594	M	00:23:02.18	00:47:50.50	00:47:35.95	
371	CARLOS MARTINEZ	3227	M	00:25:30.77	00:47:50.82	00:46:54.64	
372	PAULO LOPES	3080	M	00:23:38.06	00:47:51.69	00:47:13.40	Atlético Via Rara
373	RUI GASPAR	3087	M	00:23:30.01	00:47:52.27	00:47:43.83	MARRIOTT LISBOA
374	JORGE ESTEVES	3504	M	00:23:53.58	00:47:52.86	00:47:27.31	
375	PATRICIA ESTEVES	2785	F	00:23:53.94	00:47:53.42	00:47:46.80	
376	RUBEN DIAS	3190	M	00:23:48.59	00:47:54.87	00:47:40.39	
377	RICARDO JORGE PEREIRA DA SILVA OLIVEIRA	1854	M	00:23:29.42	00:47:54.94	00:47:39.35	
378	LUÍS GAMA	3495	M	00:24:06.19	00:47:55.73	00:47:41.51	
379	ROGÉRIO MACHADO	3562	M	00:22:17.86	00:47:55.80	00:47:45.64	
380	JOAOA MACEDO	1863	M	00:23:54.23	00:47:57.22	00:47:38.39	
381	MAFALDA MARTINHO	2439	F	00:23:57.62	00:47:57.51	00:47:24.90	
382	VASCO MANUEL SACADURA NUNES	2069	M	00:24:01.31	00:47:57.59	00:47:12.57	BANCO MILLENIMU BCP
383	LUIS MARTINS	2765	M	00:24:33.19	00:48:00.81	00:47:27.90	
384	AMILCAR FERNANDES	1886	M	00:23:31.50	00:48:03.59	00:47:36.07	
385	RUI BATALHA	3064	M	00:21:20.05	00:48:04.00	00:47:58.67	
386	NUNO MANUEL DA SILVA CONSTÂNCIO	1934	M	00:23:08.06	00:48:05.42	00:47:55.91	
387	CARLOS RODRIGUES	3046	M	00:23:40.27	00:48:05.50	00:48:02.44	
388	NUNO BERNARDO	2262	M	00:24:22.35	00:48:07.48	00:47:43.29	
389	PEDRO CIPRIANO	2743	M	00:24:48.81	00:48:07.66	00:46:35.49	
390	TIAGO ÁLVARES	2762	M	00:23:43.49	00:48:08.21	00:47:00.22	
391	LUIS CARLOS LOPES CORREIA	2824	M	00:22:55.59	00:48:08.40	00:48:06.83	
392	PEDRO LOURO	2458	M	00:22:38.11	00:48:09.13	00:47:58.05	
393	MÁRIO ANTÓNIO MACHADO	2837	M	00:23:20.27	00:48:10.70	00:47:58.26	
394	JOÃO ESTEVÃO	2787	M	00:22:56.32	00:48:10.93	00:48:01.85	
395	FILIPE DUQUE	1986	M	00:23:23.05	00:48:15.10	00:48:05.75	
396	JOSÉ PAULO SILVA	2853	M	00:23:14.05	00:48:17.36	00:47:51.89	
397	RAFAEL SANTOS	3514	M	00:23:33.78	00:48:18.37	00:47:53.42	
398	ANA MARGARIDA FERREIRA	3374	F	00:23:32.58	00:48:19.03	00:47:35.29	Weventual
399	JOSÉ MOGA	3001	M	00:23:56.85	00:48:19.47	00:48:12.50	Amigos Vale Silencio
400	PEDRO CARVALHO	3375	M	00:23:39.15	00:48:19.93	00:48:07.39	Weventual
401	RICARDO CATELA	2247	M	00:23:27.07	00:48:20.11	00:47:32.38	Liberty Seguros
402	LUÍS BARBOT	3487	M	00:24:39.38	00:48:21.07	00:47:48.97	
403	JOÃO MOTA LOPES	2337	M	00:24:22.16	00:48:25.69	00:47:27.65	VdAtletas
404	NUNO TRINDADE	2423	M	00:24:04.97	00:48:26.39	00:47:35.60	
405	LUIS .	3512	M	00:24:46.05	00:48:30.46	00:47:08.51	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
406	JOSE MANUEL MUIÑOS FERNANDEZ	2446	M	00:24:07.01	00:48:30.51	00:48:25.07	
407	NUNO CONDEÇO	2617	M	00:24:35.10	00:48:32.04	00:48:13.72	
408	PAULO PALMINHA	1983	M	00:23:30.93	00:48:33.88	00:48:05.09	
409	ANTÓNIO RAMALHO	3096	M	00:24:03.91	00:48:34.08	00:48:26.53	
410	MÁRIO FIGUEIREDO	3400	M	00:24:24.71	00:48:38.72	00:47:53.86	Cofina Runners
411	PEDRO MATOS	1972	M	00:23:42.13	00:48:40.40	00:48:33.81	
412	FERNANDO COELHO	3071	M	00:24:29.97	00:48:42.67	00:47:54.91	
413	FERNANDO ANDRÉ	2190	M	00:23:55.21	00:48:48.49	00:48:33.48	Charon
414	PAULO BRAGA	150	M	00:25:03.74	00:48:48.65	00:47:51.67	
415	CARLOS TEIXEIRA GONCALVES	3210	M	00:26:18.34	00:48:48.69	00:47:49.21	
416	PEDRO FERREIRA	2709	M	00:23:51.77	00:48:49.80	00:48:46.34	
417	DIOGO LEITE	2021	M	00:23:59.24	00:48:50.60	00:48:30.42	
418	JOÃO GOMES	2186	M	00:24:31.89	00:48:50.84	00:48:12.66	
419	MANUEL ROMANO	2922	M	00:23:46.27	00:48:50.89	00:48:39.34	
420	JOAO CAEIRO	2181	M	00:24:38.53	00:48:52.76	00:48:44.38	
421	SAUL COSTA	2985	M	00:24:43.76	00:48:52.88	00:47:59.55	
422	FRANCISCO JOSÉ LOMBA PASSOS	2450	M	00:24:06.03	00:48:53.47	00:48:40.70	
423	LUIS MACHADO	3265	M	00:23:56.21	00:48:54.46	00:48:26.13	Citroen
424	JORGE LEITE	1829	M	00:24:13.43	00:48:54.76	00:48:31.78	
425	MALGORZATA MASLOWSKA	2721	F	00:23:22.35	00:48:55.78	00:48:44.30	
426		159	M	00:23:56.38	00:48:55.81	00:48:26.16	
427	VITOR MONTEIRO	3085	M	00:23:50.53	00:48:56.85	00:48:47.60	MARRIOTT LISBOA
428	NUNO PERES	2635	M	00:24:27.55	00:48:56.93	00:48:35.10	
429	LUIS MIGUEL CAMPOS RODRIGUES	3193	M	00:24:18.70	00:48:57.72	00:48:31.00	
430	EDUARDO MOREIRA	1836	M	00:24:39.74	00:48:58.41	00:48:48.14	
431	PAULO SOUSA	2381	M	00:24:29.62	00:49:01.25	00:48:35.39	LeYa
432	ANTÓNIO ALMEIDA	2350	M	00:24:29.54	00:49:01.33	00:47:52.35	
433	ANTONIO RODRIGUES COSTA	2695	M	00:24:20.87	00:49:02.23	00:48:49.38	
434	VASCO MURTA REBELO	1990	M	00:24:23.08	00:49:03.27	00:48:36.01	
435	JOAQUIM CARDOSO	3373	M	00:24:38.61	00:49:04.95	00:48:39.39	Weventual
436	JOÃO SILVA	2794	M	00:24:39.81	00:49:05.60	00:48:52.44	
437	GIL SANTO	3179	M	00:24:22.66	00:49:06.45	00:48:41.40	
438	MARCO PINTO	3601	M	00:26:08.74	00:49:07.19	00:47:54.27	
439	JOÃO PAULO CUNHA	3557	M	00:26:08.46	00:49:07.37	00:47:54.49	
440	NUNO MIGUEL BATISTA MARTINS	3164	M	00:24:31.22	00:49:07.93	00:49:01.93	
441	PAULO GONÇALVES	2490	M	00:25:07.71	00:49:08.15	00:47:50.04	
442	JOAQUIM SANTOS	2155	M	00:23:58.34	00:49:08.55	00:48:55.30	
443	JOHN PAPULA	2923	M	00:24:18.50	00:49:09.07	00:48:59.80	PI-LINHA RUNNERS
444	BRUNO MARTINS	2701	M	00:24:23.40	00:49:09.97	00:47:50.62	
445	EDUARDO GREGORIO	2537	M	00:24:23.04	00:49:10.62	00:47:50.03	
446	FILIFE CASTRO	2668	M	00:25:21.16	00:49:11.82	00:47:49.53	
447	JORGE MARQUES	3367	M	00:24:29.47	00:49:12.44	00:48:59.18	
448	JOÃO AREAL	1802	M	00:24:39.71	00:49:12.48	00:48:43.16	
449	ANTÓNIO PINHO	137	M	00:27:34.95	00:49:12.89	00:48:31.16	DMK - Bruno Matias & Frie
450	ANTÓNIO CORREIA	3371	M	00:24:32.34	00:49:13.47	00:48:56.10	Weventual

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
451	JOÃO EDUARDO DIAS FERNANDES	2376	M	00:24:50.75	00:49:13.51	00:48:58.75	
452	FERNANDO CAEIRO	2818	M	00:23:53.11	00:49:13.61	00:49:01.56	
453	DIOGO SILVA	2118	M	00:24:28.42	00:49:14.15	00:48:55.53	
454	OSCAR RODRIGUES	3010	M	00:24:02.33	00:49:14.77	00:49:00.89	
455	LUIS SANTOS	2583	M	00:24:43.32	00:49:16.34	00:48:58.91	
456	NUNO FONSECA E SILVA	2117	M	00:24:28.40	00:49:16.53	00:48:53.31	
457	PEDRO MIGUEL FERREIRA BAPTISTA DE MATOS	3197	M	00:25:59.66	00:49:20.18	00:48:01.96	
458	JOÃO CARLOS SANCHES	2712	M	00:24:12.15	00:49:20.76	00:49:07.92	
459	FILIPE TOMAZ	3365	M	00:24:20.12	00:49:21.38	00:48:31.59	
460	JOÃO PEREIRA	3302	M	00:25:39.64	00:49:22.44	00:48:41.52	
461	SEVERO MELO	2689	M	00:25:39.44	00:49:22.73	00:48:42.26	
462	LUIS VIEIRA	1988	M	00:22:46.11	00:49:22.99	00:48:56.38	
463	RUI REIS	2960	M	00:24:34.48	00:49:24.64	00:48:53.54	ITEN SOLUTIONS 10KM
464	JOÃO FERRO	3287	M	00:24:46.99	00:49:28.30	00:49:08.51	
465	NUNO MARQUES	2273	M	00:23:56.06	00:49:30.49	00:49:18.99	RunLovers
466	JOSÉ PEDRO	2758	M	00:24:39.26	00:49:32.19	00:49:04.26	
467	MÁRCIO DINIS GOMES BASÍLIO	1862	M	00:24:36.10	00:49:32.55	00:49:04.18	
468	FERNANDO LIMA	2454	M	00:24:02.55	00:49:33.78	00:49:17.69	SS CGD
469	MARÇAL PACHECO	3551	M	00:24:39.10	00:49:34.06	00:49:24.65	GCP
470	JOSE JANUARIO LIMA	3500	M	00:25:00.81	00:49:36.34	00:48:46.00	Hot Runners
471	NUNO RIBEIRO	3127	M	00:26:33.71	00:49:36.49	00:46:22.83	GPLANTS&CO
472	CARLOS TOMAZ	2052	M	00:24:11.04	00:49:37.62	00:48:50.94	
473	JOSÉ MANUEL FILIPE	3318	M	00:24:45.63	00:49:44.25	00:49:09.67	
474	PEDRO MANUEL PINHEIRO RODRIGUES	2115	M	00:24:34.95	00:49:47.93	00:48:51.89	
475	PAULO CALDEIRA	3424	M	00:25:40.16	00:49:48.31	00:48:59.86	
476	LUÍS MATOS	1987	M	00:24:35.05	00:49:49.13	00:49:32.94	
477	TIAGO FERREIRA	3366	M	00:24:41.60	00:49:51.48	00:49:32.91	
478	RUI MONTEIRO	3123	M	00:25:32.14	00:49:52.50	00:48:36.11	
479	PAULO RODRIGUES	3134	M	00:24:41.16	00:49:54.05	00:49:37.36	RUN 4-T FUN
480	ANTONIO PEDRO FERREIRA MENDES	2071	M	00:24:05.69	00:49:54.07	00:49:28.55	BANCO MILLENIMU BCP
481	JOSÉ PEIXOTO	2315	M	00:24:44.17	00:49:55.81	00:49:33.90	
482	RUTE SANTOS	2745	F	00:24:24.88	00:49:56.40	00:49:44.10	
483	RUI MIGUEL FERREIRA DA CRUZ	2384	M	00:26:27.66	00:49:57.70	00:48:58.10	LeYa
484	BRUNO ABREU	1846	M	00:24:47.90	00:50:00.45	00:49:20.56	
485	PAULA MACHADO	1910	F	00:25:04.51	00:50:00.74	00:49:13.95	
486	VALTER DUARTE	3316	M	00:24:14.46	00:50:01.99	00:49:20.09	
487	JOÃO FERNANDES	2964	M	00:26:05.91	00:50:04.84	00:48:35.47	ITEN SOLUTIONS 10KM
488	PEDRO BANDEIRA	3083	M	00:25:03.17	00:50:06.40	00:49:52.24	MARRIOTT LISBOA
489	NUNO MIGUEL COSTA	2263	M	00:25:20.18	00:50:07.91	00:49:15.54	
490		132	M	00:26:08.02	00:50:09.14	00:49:19.10	
491	LILIANA SILVA	2767	F	00:25:17.80	00:50:11.08	00:49:37.28	
492	PAULO MIGUEL GAFEIRA LALANDA PROENÇA	2975	M	00:25:42.12	00:50:12.00	00:49:21.37	VASP
493	HELENA MEDEIRO	3117	F	00:24:57.93	00:50:12.22	00:50:07.10	Garmin C Olimpico de Oeiras
494	BRITISH HOSPITAL	3610	M	00:26:14.17	00:50:13.52	00:49:09.83	British Hospital
495	NUNO ROMANO	2610	M	00:24:42.62	00:50:14.17	00:49:52.31	SAPATISTAS

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
496	CARLOS PALMA	3342	M	00:25:05.37	00:50:14.40	00:49:35.10	Link
497	FRANCISCO SARDINHA	2286	M	00:24:30.85	00:50:17.49	00:50:11.03	
498	VITOR MARTINS	1857	M	00:25:04.62	00:50:17.53	00:49:41.86	
499	DAVID CHARRINHO	2597	M	00:25:39.55	00:50:18.71	00:48:57.39	
500	ANTÓNIO MANUEL JESUS SOUSA	3480	M	00:24:45.35	00:50:19.28	00:49:54.36	
501	RODRIGO CHIOLAS	3347	M	00:25:05.41	00:50:19.47	00:49:38.63	Link
502	PEDRO JORDÃO	2264	M	00:24:46.08	00:50:19.68	00:49:28.37	
503	GONÇALO ALBERTO	3343	M	00:23:30.50	00:50:20.26	00:49:59.80	Link
504	JOÃO SALDANHA	2344	M	00:25:14.10	00:50:21.20	00:49:17.01	
505	SUSANA FERREIRA	1962	F	00:24:25.33	00:50:22.06	00:50:00.23	
506	ERNESTO LEAL CARVALHOI	3319	M	00:25:01.27	00:50:22.27	00:50:13.03	
507	SERGIO BORGES	2580	M	00:24:43.42	00:50:22.41	00:50:05.71	NUCLEO DESPORTIVO AUTOCOOPE
508	NUNO PEDRO	2128	M	00:24:14.95	00:50:23.54	00:49:27.21	
509	ALBERTO DE SOUSA	2023	M	00:25:23.57	00:50:25.30	00:50:03.23	
510	NUNO MADUREIRA	3467	M	00:24:39.23	00:50:27.52	00:50:10.69	
511	RICARDO SILVA	2464	M	00:26:03.63	00:50:27.80	00:49:03.87	
512	JOSÉ SANTOS	2776	M	00:25:15.58	00:50:28.35	00:50:00.74	
513	MÁRCIO LOURENÇO	3266	M	00:24:51.09	00:50:34.25	00:49:24.76	Citroen
514	BRUNO GAMITO	2670	M	00:24:40.25	00:50:34.94	00:49:31.86	MIRAFLORESFIT
515	JOSÉ DE ALMEIDA BRITES	3518	M	00:24:24.42	00:50:35.51	00:50:29.22	
516	AMÂNDIO PACHECO	2352	M	00:24:59.89	00:50:36.66	00:49:33.94	
517	DANILO TEIXEIRA	3502	M	00:25:55.71	00:50:39.43	00:49:44.58	
518	PEDRO COELHO	1980	M	00:24:56.73	00:50:39.91	00:50:07.00	
519	PEDRO ANACLETO	1885	M	00:24:48.39	00:50:40.86	00:50:01.11	
520	ONDREJ LOSENICKÝ	3580	M	00:24:17.74	00:50:41.96	00:50:16.84	
521	FRANCISCO BANDO	3598	M	00:25:11.14	00:50:41.96	00:50:00.55	
522	HUGO MIGUEL RIBEIRO	2813	M	00:24:56.14	00:50:42.45	00:49:31.50	Mau Maus
523	MIGUEL CARVALHO	2330	M	00:25:41.91	00:50:46.51	00:50:06.50	Falcões Selvagens
524	JOÃO TELO	3558	M	00:24:53.01	00:50:46.67	00:50:20.03	
525	BOGDAN SANDU	2630	M	00:25:03.01	00:50:47.95	00:49:39.18	
526	JOEL SILVA	1800	M	00:24:31.67	00:50:48.11	00:50:37.23	
527	RICARDO PEREIRA	3535	M	00:25:35.95	00:50:48.77	00:49:17.14	Vitalis
528	LUIS LOPES	3124	M	00:24:13.98	00:50:49.31	00:50:11.56	Atlético Via Rara
529	CARLOS MORAIS	2472	M	00:26:03.02	00:50:49.50	00:49:33.10	
530	ABILIO PAULO	3130	M	00:25:04.94	00:50:50.19	00:50:10.93	
531	CATARINA ALEXANDRA NASCIMENTO	3022	F	00:26:05.12	00:50:50.62	00:49:50.97	
532	JOSE MANUEL PEREIRA MARTINS	3023	M	00:26:05.03	00:50:50.62	00:49:51.48	
533	RICARDO JOAO FERNANDES	2557	M	00:27:40.77	00:50:51.35	00:50:10.51	
534	JOÃO MANUEL ESTEVES	2307	M	00:25:09.78	00:50:52.31	00:50:14.20	GCP
535	NOEMIA RICARDO	2041	F	00:25:55.27	00:50:52.51	00:50:06.67	SS CGD
536	JOSE VERMELHUDO	1898	M	00:24:57.52	00:50:54.27	00:50:39.43	
537	JOÃO PEDRO MATEUS VIEIRA FILIPE	1943	M	00:24:08.42	00:50:55.33	00:50:49.95	
538	PAULO INÁCIO	1903	M	00:26:49.65	00:50:56.01	00:47:30.22	
539	CARLOS SOL	3189	M	00:25:18.40	00:50:56.16	00:50:21.41	
540	LUÍS LOURO	2185	M	00:24:54.20	00:50:56.47	00:49:52.13	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
541	AIRES AFONSECA	3188	M	00:25:19.00	00:50:57.21	00:50:25.09	
542	JOSÉ COELHO	2698	M	00:25:05.70	00:50:57.63	00:50:41.59	
543	PEDRO LUCAS	2363	M	00:26:05.51	00:50:59.32	00:49:46.79	
544	ANTÓNIO C MARTINS	2326	M	00:25:59.48	00:51:00.12	00:50:12.86	Falcões Selvagens
545	RUI DUARTE	3379	M	00:26:05.94	00:51:00.41	00:49:55.12	
546	LUÍS GIL CALDEIRA	1922	M	00:26:04.06	00:51:00.55	00:50:07.12	Escadas e Escadinhas
547	RUI TENDEIRO	3113	M	00:25:59.98	00:51:00.58	00:50:19.18	
548	CARLOS HENRIQUES FREITAS COSTA	2191	M	00:24:34.50	00:51:02.08	00:50:46.62	Charon
549	PEDRO PEDRO	3034	M	00:26:06.69	00:51:02.57	00:47:26.13	FM
550	ANTÓNIO PEDRO	3458	M	00:25:05.90	00:51:03.08	00:50:45.85	
551	LUIS MIGUEL CARLOS	1981	M	00:24:35.40	00:51:03.18	00:50:34.87	
552	JOÃO AMORIM	2894	M	00:26:13.45	00:51:03.71	00:50:09.61	Sport Zone
553	MIGUEL CASTELA	2642	M	00:27:08.39	00:51:03.95	00:49:20.33	
554	ANDRÉ LABORINHO	3289	M	00:25:26.58	00:51:06.31	00:50:39.88	
555	FREDERICO MANUEL	3233	M	00:25:41.79	00:51:07.44	00:50:26.49	
556	DAVID GONÇALVES	2714	M	00:24:42.28	00:51:09.26	00:50:55.40	
557	PEDRO AIRES	2836	M	00:25:47.58	00:51:09.47	00:49:55.67	
558	MARTA MARQUES	3065	F	00:25:27.27	00:51:14.26	00:50:41.76	
559	JOAQUIM MANUEL OLIVEIRA FULGENCIO	2094	M	00:25:47.21	00:51:14.32	00:50:25.70	BANCO MILLENIMU BCP
560	FILIPPE SARMENTO	2958	M	00:24:43.63	00:51:14.88	00:50:44.30	ITEN SOLUTIONS 10KM
561	INÊS BRITO	2343	F	00:25:15.24	00:51:15.38	00:50:55.58	
562	MARLENE CRUZ HENRIQUES	2432	F	00:26:02.31	00:51:16.07	00:50:43.46	
563	PEDRO TELES HENRIQUES	3135	M	00:24:56.58	00:51:17.37	00:51:02.45	
564	PAULO CALHAU	1935	M	00:24:43.77	00:51:17.96	00:50:39.89	
565	LUCIANA TRAJANO RODRIGUES	3468	F	00:26:00.74	00:51:18.25	00:50:15.57	
566	FERNANDO SERRANO	3303	M	00:25:34.85	00:51:18.60	00:50:41.80	
567	RUI SÉRGIO FERNANDES BRANCO	2338	M	00:26:08.97	00:51:19.39	00:50:10.13	VdAtletas
568	BERNARDO ELISEU	3309	M	00:25:01.04	00:51:19.91	00:50:59.16	
569	INÊS RIBEIRO	3103	F	00:25:26.36	00:51:22.27	00:50:48.63	
570	BRITISH HOSPITAL	3613	M	00:25:13.29	00:51:24.51	00:49:57.48	British Hospital
571	DANIEL VALENTE	3057	M	00:26:48.06	00:51:25.10	00:50:41.21	
572	DANIEL RODRIGUES	2973	M	00:24:40.32	00:51:26.89	00:51:14.17	
573	ANTONIO JOSE QUEIJO ALMEIDA	2080	M	00:25:46.12	00:51:26.92	00:50:40.99	BANCO MILLENIMU BCP
574	ANTÓNIO JESUS	2611	M	00:25:04.90	00:51:28.08	00:51:05.81	SAPATISTAS
575	JOSÉ EUGÉNIO	2441	M	00:26:03.65	00:51:28.29	00:51:07.90	
576	TIAGO RODRIGUES	3325	M	00:25:58.60	00:51:29.14	00:50:34.36	
577	RUI BRAZ	2771	M	00:24:55.80	00:51:29.97	00:50:55.52	
578	MARIO RESINA	2566	M	00:26:20.48	00:51:31.00	00:51:03.74	
579	EDUARDO MANSO	2496	M	00:25:45.25	00:51:32.58	00:50:14.86	
580	RICARDO RIBEIRO	3332	M	00:25:12.43	00:51:32.72	00:51:13.13	
581	MIGUEL ÂNGELO CRUZ	3129	M	00:24:38.19	00:51:33.64	00:51:23.49	Runners FRPSI
582	JOSÉ CARLOS REIS	2305	M	00:24:39.56	00:51:34.38	00:51:23.22	GCP
583	PAULO SILVA	2951	M	00:26:14.68	00:51:35.36	00:50:26.19	
584	CARLOS RENATO	2546	M	00:25:27.30	00:51:38.05	00:51:04.85	Ginásio Clube Português
585	MARCO DUARTE DE BRITO RODRIGUES	2708	M	00:25:44.06	00:51:39.87	00:50:28.99	Mau Maus

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
586	BRITISH HOSPITAL	3609	M	00:25:44.64	00:51:41.33	00:50:32.69	British Hospital
587	RICARDO SÁ LEÃO SILVA	3582	M	00:26:01.05	00:51:41.85	00:50:37.99	
588	DANIEL BAPTISTA	2828	M	00:26:11.09	00:51:42.17	00:50:23.71	Calcitrin
589	VÍTOR VASCONCELOS	3372	M	00:25:26.00	00:51:44.51	00:50:23.05	Weventual
590	CARLA MORGADO	2438	F	00:25:41.00	00:51:45.08	00:51:27.14	
591	NUNO GONÇALVES	3128	M	00:26:40.38	00:51:45.45	00:48:31.07	GPLANTS&CO
592	TAM AFONSO	1849	M	00:25:15.30	00:51:47.66	00:51:39.96	AÇOREANA CLUBE BANIF
593	JOÃO MOREIRA	2865	M	00:26:46.98	00:51:47.79	00:51:08.35	
594	LUIS VALADAS	2859	M	00:24:16.77	00:51:48.07	00:51:11.69	AIP CCI
595	JOSE RODRIGUES	3351	M	00:26:19.98	00:51:51.18	00:50:32.60	
596	RUI PEREIRA	2044	M	00:26:46.26	00:51:51.86	00:50:34.47	SS CGD
597	LUIS SANTOS	2646	M	00:26:19.76	00:51:52.10	00:51:27.73	
598	JOÃO LUÍS MOREIRA	3523	M	00:25:36.98	00:51:52.68	00:51:34.11	GCP
599	HELDER JOSE BATISTA PEREIRA	2667	M	00:25:41.28	00:51:56.45	00:50:34.11	
600	PEDRO LOPES	3147	M	00:24:52.02	00:51:57.14	00:51:31.28	
601	PEDRO CARVALHO	2711	M	00:26:46.39	00:51:58.51	00:50:41.09	
602	HUGO DIAS	1848	M	00:24:19.10	00:51:58.64	00:51:39.65	
603	MIGUEL FERNADES	2625	M	00:24:48.27	00:51:58.85	00:51:31.83	
604	CATIA CAMARA	3069	F	00:26:11.84	00:51:59.27	00:51:26.88	
605	HUGO FIQUEIREDO	3299	M	00:26:34.06	00:51:59.50	00:50:36.10	
606	ANTÓNIO MANUEL COSTA	3101	M	00:24:40.37	00:51:59.69	00:51:48.41	
607	SOFIA CAETANO	2740	F	00:25:24.11	00:51:59.74	00:51:33.50	
608	LUIS CAMPOS	2948	M	00:24:58.83	00:52:00.46	00:51:42.88	
609	MARTA BILRO	1869	F	00:25:25.67	00:52:01.00	00:51:25.35	
610	IVA MARUSIC	3141	F	00:25:57.41	00:52:01.11	00:50:45.32	
611	PEDRO PINTO	3382	M	00:26:10.29	00:52:01.23	00:51:42.24	
612	GONÇALO JOÃO	2467	M	00:26:32.39	00:52:01.68	00:50:39.72	crt
613	SORAIA MATOS	2827	F	00:26:11.94	00:52:02.91	00:50:44.06	Calcitrin
614	AUGUSTO PIRES	2658	M	00:24:18.44	00:52:03.51	00:51:58.81	
615	PAULO JORGE DOMINGUES	1946	M	00:26:08.21	00:52:08.39	00:51:27.57	
616	GONÇALO ESTEVES	2179	M	00:25:46.92	00:52:08.44	00:51:21.09	
617	PAULO GORDINHO	2481	M	00:26:10.64	00:52:08.80	00:50:51.33	Câmara Lisboa Clube
618	JOSÉ PEREIRA	2654	M	00:25:48.01	00:52:09.49	00:51:22.14	
619	ANTONIO CORREIA	3386	M	00:26:25.43	00:52:09.87	00:51:02.26	
620	FILIPA CURRALO	2034	F	00:26:22.61	00:52:10.21	00:51:41.27	
621	MIGUEL VELEZ	2495	M	00:26:10.60	00:52:10.35	00:50:52.78	
622	JOÃO PEREIRA	2480	M	00:26:30.29	00:52:10.94	00:50:53.92	Câmara Lisboa Clube
623	RUI GONÇALVES	3158	M	00:25:36.12	00:52:11.89	00:51:13.60	
624	FILIFE MORAIS	2024	M	00:26:12.82	00:52:13.58	00:51:07.85	
625	PAULO PIRES	148	M	00:24:20.74	00:52:14.26	00:51:52.93	
626	JOSÉ BAIXINHO	3026	M	00:26:18.87	00:52:15.42	00:51:33.40	
627	ALEXANDRE MANUEL FAJARDO VICENTE	3149	M	00:26:45.93	00:52:15.85	00:51:34.50	
628	ERIKSON BENTO	3084	M	00:25:15.66	00:52:16.50	00:52:02.59	MARRIOTT LISBOA
629	CARLOS MANUEL TERRON S. VIDEIRA	3387	M	00:26:33.82	00:52:18.66	00:51:54.46	
630	DAMIÃO REGA	1896	M	00:26:11.52	00:52:18.74	00:51:17.38	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
631	JOÃO SANTOS	3368	M	00:26:49.93	00:52:20.77	00:51:02.78	
632	CONCEIÇÃO ALVES	2371	F	00:27:15.10	00:52:20.81	00:51:12.26	OS KOXUS
633	VITOR PASSARINHO	3041	M	00:26:38.35	00:52:21.51	00:51:37.31	
634	VASCO GOMES DOS SANTOS	2511	M	00:25:35.03	00:52:25.76	00:51:49.59	
635	CARLOS NELSON DIAS	2461	M	00:30:29.62	00:52:26.43	00:43:24.68	
636	PAULA JACOB	2764	F	00:25:35.77	00:52:29.12	00:51:59.87	
637	JOAO HENRIQUE NOGUEIRA	2779	M	00:26:42.37	00:52:30.02	00:52:11.57	
638	PEDRO PIMENTA	2744	M	00:25:36.04	00:52:30.36	00:52:00.28	
639	ANTÓNIO SIMÕES	3074	M	00:25:24.33	00:52:30.91	00:52:15.75	
640	PAULO VINTÉM OLIVEIRA	3231	M	00:26:05.15	00:52:31.38	00:51:54.43	
641	JORGE LEMOS	2036	M	00:25:11.80	00:52:33.39	00:52:12.56	
642	FILIPE FERREIRA	3395	M	00:26:57.72	00:52:33.91	00:51:49.06	Cofina Runners
643	LUIS AMORIM	1820	M	00:25:16.35	00:52:34.04	00:52:15.40	
644	RITA MATIAS	2674	F	00:25:57.18	00:52:35.11	00:51:28.97	MIRAFLORESFIT
645	CARLOS FERNANDO VIEIRA	3509	M	00:24:59.15	00:52:35.71	00:51:59.54	
646	PEDRO MACHADO	3169	M	00:26:02.16	00:52:35.88	00:52:20.16	
647	ANTÓNIO LUIS FREITAS MORNA	2510	M	00:25:49.84	00:52:36.11	00:52:18.65	
648	ABEL LUIS	3073	M	00:25:25.38	00:52:37.32	00:52:22.87	
649	VITOR ABRANCHES	2570	M	00:25:43.10	00:52:38.23	00:52:13.53	
650	RAÚL CARVALHO	2328	M	00:25:53.33	00:52:38.94	00:51:59.32	Falcões Selvagens
651	PAULA VIEIRA	2405	F	00:25:43.18	00:52:39.41	00:52:10.07	
652	DIOGO FERNANDO	2503	M	00:24:44.76	00:52:40.81	00:51:48.74	ADRC Mata de Benfica
653	DANIEL VINAGRE	2966	M	00:26:00.67	00:52:40.96	00:51:11.68	ITEN SOLUTIONS 10KM
654	NELSON RODRIGUES CRAVEIRO	2685	M	00:23:47.01	00:52:41.54	00:52:20.28	
655	VLADIMIR CALUGAREANU	3377	M	00:26:39.30	00:52:42.77	00:52:03.74	
656	CARLOS MANUEL LOURENCO NUNES	2110	M	00:26:37.65	00:52:42.97	00:51:40.65	BANCO MILLENIMU BCP
657	PEDRO BARATA	2599	M	00:25:56.92	00:52:43.70	00:51:54.07	
658	FERNANDO ALVES	2453	M	00:26:05.05	00:52:43.75	00:52:27.24	SS CGD
659	JOAQUIM BOAVIDA	2532	M	00:26:45.20	00:52:44.03	00:52:14.34	
660	FRANCISCO SOUSA COUTINHO	3314	M	00:27:49.03	00:52:44.32	00:51:33.42	VdAtletas
661	NUNO ANDRÉ	2944	M	00:27:41.95	00:52:44.63	00:51:39.95	Galderma
662	BRUNO GONÇALVES	2694	M	00:25:16.90	00:52:44.72	00:52:33.10	
663	ANA NOGUEIRA	1809	F	00:25:48.09	00:52:44.95	00:52:26.02	
664	MARCOS FARIAS	153	M	00:27:58.37	00:52:46.80	00:49:21.81	
665	CÉSAR MACHADO	2334	M	00:26:38.73	00:52:46.87	00:51:48.18	VdAtletas
666	CARLOS OLIVEIRA	1945	M	00:27:22.40	00:52:49.42	00:51:27.89	
667	ANTÓNIO GONÇALVES	2950	M	00:25:49.18	00:52:51.16	00:51:45.16	
668	LUIS DOMINGUES	2026	M	00:25:03.21	00:52:51.21	00:52:01.18	
669	ARTUR ROSA	2878	M	00:26:53.08	00:52:51.27	00:52:04.99	
670	DÁRIO MARTINS	2817	M	00:26:59.96	00:52:51.45	00:52:05.16	
671	BRUNO FILIPE GOMES SANTOS	2077	M	00:25:44.92	00:52:52.91	00:52:38.13	BANCO MILLENIMU BCP
672	CARLOS FERREIRA	2575	M	00:24:43.38	00:52:54.06	00:52:46.11	NUCLEO DESPORTIVO AUTOCOOPE
673	LUIS FERREIRA	3102	M	00:26:24.38	00:52:54.42	00:52:16.83	
674	RUBEN ALVES	3126	M	00:27:03.15	00:52:54.74	00:49:40.82	GPLANTS&CO
675	SÉRGIO DA SILVA GALÓ	3481	M	00:27:12.66	00:52:54.74	00:51:08.55	Opticalia Running Team

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
676	FRANCO WUDICH	3439	M	00:25:59.99	00:52:56.27	00:52:34.84	RunLovers
677	JOÃO FRANCISCO DUARTE	2750	M	00:26:40.77	00:53:02.52	00:52:44.52	
678	PAULO ESTEVES	2821	M	00:26:46.74	00:53:07.12	00:52:27.51	
679	LUIS MANUEL LOPES VICENTE	2749	M	00:26:40.80	00:53:08.71	00:52:51.08	
680	RUI GUERREIRO	2993	M	00:26:47.40	00:53:09.39	00:52:22.39	
681	JOANA ALBUQUERQUE	2992	F	00:26:47.83	00:53:09.85	00:52:23.15	
682	SÉRGIO BASTINHO	3174	M	00:25:52.07	00:53:11.01	00:52:56.53	
683	DUARTE FURTADO	3194	M	00:27:04.24	00:53:12.77	00:51:56.73	
684	MAFALDA MORAIS	2957	F	00:26:00.48	00:53:12.94	00:52:42.61	ITEN SOLUTIONS 10KM
685	ISABEL CONCEIÇÃO	2442	F	00:25:52.43	00:53:13.23	00:52:39.85	
686	PATRICIA ENCARNAÇÃO	3183	F	00:26:36.14	00:53:14.45	00:52:26.99	Salamandrecos
687	BRUNO ROCHA	2403	M	00:30:06.70	00:53:16.54	00:52:00.76	
688	ANDRÉ CAÇADOR	2753	M	00:26:54.14	00:53:17.22	00:51:49.39	MIRAFLORESFIT
689	JORGE PAIS	2751	M	00:26:14.73	00:53:17.99	00:51:53.53	MIRAFLORESFIT
690	RICARDO MORAIS	3522	M	00:25:32.35	00:53:18.12	00:53:14.09	GCP
691	HUGO CAVACAS	1950	M	00:27:02.64	00:53:18.62	00:52:32.70	
692		142	M	00:25:35.93	00:53:20.14	00:52:55.49	
693	JOEL MÓSCA	2759	M	00:26:36.43	00:53:22.45	00:52:48.39	
694	PAULO XAVIER	1868	M	00:27:36.48	00:53:24.15	00:52:36.05	
695	MÁRIO REIS	3499	M	00:26:14.67	00:53:24.21	00:52:47.88	
696	PEDRO MANUEL PASSINHAS FONTES	2073	M	00:27:18.30	00:53:25.84	00:52:17.79	BANCO MILLENIMU BCP
697	JOÃO TORRADO	2613	M	00:26:55.00	00:53:28.47	00:53:11.20	SAPATISTAS
698	JOAQUIM FEIJOO	1827	M	00:26:47.54	00:53:29.38	00:53:10.92	
699	JOÃO REBOCHO	3284	M	00:24:52.33	00:53:30.74	00:52:50.20	
700	MIGUEL LOPES	2032	M	00:25:03.74	00:53:30.94	00:53:09.64	Fund Box
701	CARLA PAULO	3100	F	00:27:25.68	00:53:31.13	00:52:08.16	
702	PAULO JORGE FERNANDES DINOSIO	3047	M	00:26:46.62	00:53:31.80	00:53:14.37	
703	DANIEL CONCEIÇÃO	2808	M	00:26:21.78	00:53:32.01	00:53:21.89	N.A. PAPAGAIOS CASCAIS
704	VASCO CRUJO PALMA	1971	M	00:25:58.19	00:53:34.82	00:53:23.39	
705	RENATO CONSTÂNCIO	1930	M	00:26:33.72	00:53:35.17	00:52:23.48	SNAKE BAR - BAR dos Cobras
706	JOÃO JOSÉ PASSEIRO	2544	M	00:27:22.54	00:53:36.60	00:52:32.06	
707	LUIS MIGUEL MENDES DUARTE	2151	M	00:27:34.80	00:53:38.13	00:52:23.93	
708	RUI DIAS	2313	M	00:26:51.73	00:53:39.13	00:53:01.56	
709	IOLANDA BATIST	2314	F	00:26:51.68	00:53:39.41	00:53:01.86	
710	RAFAEL CUNHA	3352	M	00:25:14.84	00:53:39.99	00:53:04.18	
711	RICARDO MATIAS	2881	M	00:27:35.66	00:53:43.19	00:53:00.94	DMK
712	FERNANDO SANTOS	3370	M	00:27:46.04	00:53:43.32	00:52:21.76	Weventual
713	HUGO CÁSSIO	1832	M	00:28:36.89	00:53:44.60	00:50:16.46	Pelados em santos
714	FERNANDO MANUEL SILVA DE ALMEIDA	2076	M	00:27:00.57	00:53:47.72	00:53:17.17	BANCO MILLENIMU BCP
715	YASMINE CHEDE	3595	F	00:27:00.69	00:53:48.06	00:53:12.57	
716	LÉNIO FERNANDO NOGUEIRA MARINHO	2398	M	00:26:44.78	00:53:49.63	00:53:34.85	
717	JOSÉ LUIS MCHADO	2558	M	00:27:42.44	00:53:49.79	00:53:09.54	
718	RICARDO RODRIGUES	1833	M	00:28:36.59	00:53:49.94	00:50:23.60	Pelados em santos
719	MIGUEL CARVALHO	2864	M	00:26:49.82	00:53:50.67	00:53:12.24	
720	PEDRO MIGUEL D. MASCARENHAS DE AZEVEDO	2377	M	00:27:23.23	00:53:50.76	00:52:46.03	LeYa

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
721	MARIA DE LURDES NUNES GONÇALVES	1871	F	00:26:13.41	00:53:51.97	00:53:31.95	
722	JOAQUIM COSTA	2049	M	00:27:09.60	00:53:52.23	00:52:48.22	
723	MARIO ADELINO VICENTE MENDES	2104	M	00:26:36.64	00:53:53.72	00:53:09.91	BANCO MILLENIMU BCP
724	NICOLÁS EL BUSTO	3583	M	00:27:11.83	00:53:54.05	00:52:50.06	
725	JOAO RICARDO DUARTE	3226	M	00:26:18.49	00:53:55.04	00:52:56.06	
726	HUGO VENENCIO	2040	M	00:26:32.97	00:53:55.55	00:53:20.55	SS CGD
727	SUSANA GONÇALVES ADEGAS	1852	F	00:26:03.31	00:53:57.01	00:53:43.98	
728	RAQUEL ALCÂNTARA ARVELOS	3596	F	00:26:24.88	00:53:58.13	00:53:38.92	
729	NATALINO LOPES	2729	M	00:26:15.29	00:53:58.43	00:53:42.03	Run Ocean
730	MARTA LOPES	2730	F	00:26:19.02	00:53:58.59	00:53:42.28	Run Ocean
731	JOÃO EDUARDO GAMA DOS SANTOS	2521	M	00:25:39.10	00:53:59.54	00:53:29.70	
732	ISABEL BETTENCOURT	2433	F	00:26:33.41	00:54:00.04	00:52:35.40	
733	ANTÓNIO FONSECA	2362	M	00:26:33.12	00:54:00.91	00:53:02.21	
734	CARLOS CHANÇA	3471	M	00:26:15.40	00:54:01.70	00:53:41.78	
735	FERNANDO BAPTISTA	3479	M	00:26:15.33	00:54:01.72	00:53:42.11	
736	TIAGO MORAIS DIAS	3410	M	00:26:16.91	00:54:02.45	00:53:24.66	Cofina Runners
737	JOSE RUI FELIZARDO	2131	M	00:28:31.46	00:54:03.56	00:52:25.25	
738	BRUNO PARREIRA	2388	M	00:27:20.85	00:54:04.26	00:53:23.96	
739	JORGE GUERREIRO	3336	M	00:26:15.59	00:54:04.56	00:53:27.46	
740	LUIS GALINHAS	3008	M	00:27:52.92	00:54:04.63	00:53:15.51	
741	AMANDIO BUSCA	3009	M	00:27:52.94	00:54:04.63	00:53:15.85	
742	MARGARIDA LEITE	2310	F	00:27:55.01	00:54:05.41	00:53:42.45	GCP
743	IVO ALEXANDRE OLIVEIRA CLARO	2536	M	00:26:48.71	00:54:05.71	00:52:40.88	
744	ANA ANTUNES	3133	F	00:26:08.29	00:54:06.90	00:53:38.68	RUN 4-T FUN
745	JOÃO FONSECA	2016	M	00:26:38.16	00:54:09.66	00:53:45.02	
746	HELIA SOFIA FRANCISCO SANTOS	3161	F	00:26:49.53	00:54:09.86	00:53:53.48	
747	DIOGO MARÇAL	2684	M	00:28:08.09	00:54:10.41	00:53:17.83	
748	BRUNO MATÍAS	2880	M	00:28:27.94	00:54:10.58	00:53:28.86	DMK
749	SANDRA GONÇALVES	2620	F	00:26:30.15	00:54:12.65	00:53:59.92	
750	NÉLSON ANTUNES LOPES	2152	M	00:25:50.64	00:54:12.86	00:53:43.66	
751	JUSTINO SANTOS	2571	M	00:26:15.61	00:54:14.20	00:53:56.63	
752	MANUEL JOAQUIM BILRO PATRICA MENDES	2427	M	00:27:14.09	00:54:14.26	00:53:44.40	
753	PEDRO SAMORRINHA	3345	M	00:26:19.13	00:54:14.35	00:53:33.05	Link
754	FERNANDO FARIA	3173	M	00:26:50.31	00:54:14.37	00:53:42.56	
755	TERESA MARGARIDA CARVALHO OLIVEIRA	2426	F	00:27:14.86	00:54:14.52	00:53:43.84	
756	LUIS ABREU	3263	M	00:26:42.59	00:54:15.76	00:53:03.66	Citroen
757	MIKAEL SARIVA	3594	M	00:27:23.87	00:54:15.85	00:53:40.56	
758	JOSÉ ALEXANDRE SILVA DA FONSECA COSTA	2718	M	00:27:43.46	00:54:16.79	00:53:06.76	VdAtletas
759	TIAGO LOPES	3456	M	00:27:15.41	00:54:18.61	00:53:09.58	Os Conta-Kilometros
760	LUÍS MATIAS	1818	M	00:26:48.28	00:54:19.46	00:53:53.97	
761	AIRES DE JESUS ILDEFONSO	2166	M	00:28:00.31	00:54:21.88	00:52:54.12	
762	VANIO DIAS	2766	M	00:26:46.73	00:54:22.17	00:53:47.48	
763	MIGUEL FERNANDES	3408	M	00:27:37.34	00:54:22.21	00:53:08.15	Cofina Runners
764	TIAGO SALVADOR	2639	M	00:26:01.00	00:54:22.57	00:53:44.03	
765	RUI AFONSO	3286	M	00:26:16.22	00:54:22.57	00:54:04.22	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
766	JOÃO MANUEL DE SEIA BARROS	2976	M	00:27:20.94	00:54:23.09	00:53:20.65	VASP
767	ANTÓNIO CORREIA	1973	M	00:26:47.94	00:54:24.29	00:53:57.25	
768	DAVID PORTUGAL	3437	M	00:26:53.14	00:54:24.82	00:53:49.22	
769	PEDRO .	3559	M	00:27:55.52	00:54:26.57	00:51:44.38	
770	SÉRGIO MANUEL CORDEIRO RAMALHO	3554	M	00:27:55.51	00:54:26.62	00:51:45.35	
771	RUI GUERREIRO SANTOS VICENTE	3212	M	00:27:13.48	00:54:28.37	00:53:16.79	Mau Maus
772	JOAQUIM SEQUEIRA	2531	M	00:27:43.65	00:54:28.49	00:53:35.98	
773	LEANDRO FARIA	2587	M	00:27:29.99	00:54:29.28	00:54:04.05	
774	RICARDO FERREIRA	2555	M	00:28:47.28	00:54:29.60	00:53:07.10	
775	JOÃO CARDOSO	2475	M	00:27:38.28	00:54:30.91	00:53:58.89	
776	MÁRCIO SILVA	2831	M	00:27:45.95	00:54:32.52	00:53:28.01	Galderma
777	FELIPE GONÇALVES	2585	M	00:27:40.98	00:54:32.79	00:51:15.88	
778	RICARDO MONIZ	134	M	00:28:14.15	00:54:36.79	00:53:49.05	
779	NUNO NOGUEIRA	2006	M	00:27:51.50	00:54:37.94	00:54:06.60	
780	ANA SOFIA DOS SANTOS ALMEIDA	3357	F	00:27:56.84	00:54:38.70	00:53:56.47	
781	NUNO JOSÉ FERNANDES LOUREIRO	3356	M	00:27:56.84	00:54:38.78	00:53:56.40	
782	RUI JORGE SANTOS	2929	M	00:26:52.80	00:54:42.25	00:54:23.70	
783	RONALD SILVA	3097	M	00:25:32.71	00:54:42.28	00:54:14.11	
784	LUIS TRIGO	2606	M	00:26:36.67	00:54:44.12	00:54:07.61	Os Conta-Kilometros
785	LUÍS LOUREIRO	1956	M	00:22:48.46	00:54:45.59	00:54:02.42	
786	PEDRO PINEL	2725	M	00:28:02.74	00:54:47.68	00:54:07.45	
787	MANUEL COITO	2053	M	00:30:17.32	00:54:47.73	00:53:59.47	
788	ROSIMEIRE SERAFIM	2082	F	00:27:26.19	00:54:48.92	00:54:21.09	BANCO MILLENIMU BCP
789	MARIO JOAO FREIRE	3175	M	00:27:46.38	00:54:49.05	00:53:47.70	
790	DIOGO NOBRE	2772	M	00:26:02.39	00:54:49.07	00:53:46.05	
791	PAULO FERNANDES	3136	M	00:28:07.92	00:54:49.80	00:53:35.47	
792	JUDITE BAIXINHO	3027	F	00:27:45.77	00:54:50.35	00:54:08.36	
793	TERESA AMARAL	2463	F	00:26:48.00	00:54:50.35	00:54:34.70	
794	DANIEL FEITEIRONA	3176	M	00:27:00.13	00:54:50.49	00:53:35.06	
795	JOÃO SILVA	2925	M	00:28:05.33	00:54:50.54	00:53:40.25	
796	JOSÉ VALE	2347	M	00:26:52.06	00:54:51.36	00:54:39.81	
797	ANA CATARINA SANTOS	3242	F	00:27:40.59	00:54:51.37	00:53:49.91	Citroen
798	CARLOS A CUPETO	3243	M	00:27:41.02	00:54:51.90	00:53:50.25	Citroen
799	CATARINA PEREIRA	1825	F	00:27:34.05	00:54:54.90	00:54:33.71	
800	FRANCISCO MANUEL CARVALHO SALES NORONHA	2332	M	00:27:58.66	00:54:56.08	00:53:45.35	VdAtletas
801	CARLOS EDUARDO BASTOS DIAS	2163	M	00:26:57.09	00:54:57.54	00:53:57.91	
802	EZEQUIEL NOGUEIRA BREIA	2946	M	00:27:28.91	00:54:59.13	00:54:25.16	Galderma
803	JOAQUIM MELO	2741	M	00:27:25.72	00:54:59.37	00:54:20.65	
804	FERNANDO RODRIGUES	3394	M	00:27:46.66	00:55:00.66	00:53:51.09	Cofina Runners
805	RUBEN LEANDRO CRUZ ESTRELA	2629	M	00:27:48.18	00:55:01.02	00:53:46.47	
806	PAULO ALEXANDRE BENHANON SALGADO	2312	M	00:27:32.99	00:55:01.13	00:54:33.95	
807	LUIS AMARAL	3184	M	00:27:16.91	00:55:02.03	00:53:47.96	
808	FILIPE ALMEIDA	3052	M	00:27:19.63	00:55:03.09	00:54:13.21	
809	NUNO FERNANDO MARQUES PAIVA DE ALMEIDA	3475	M	00:26:46.85	00:55:07.12	00:54:44.88	
810	PEDRO MIGUEL MATOS CUNHA	2087	M	00:25:33.59	00:55:08.24	00:54:38.31	BANCO MILLENIMU BCP

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
811	CATARINA LAMEGO	2419	F	00:28:09.63	00:55:09.51	00:54:01.17	
812	TIAGO MINEIRO	3104	M	00:26:56.34	00:55:11.70	00:54:38.91	
813	LUÍS GUERREIRO	3477	M	00:27:38.65	00:55:13.09	00:54:31.42	
814	RUTE AGOSTINHO	2793	F	00:27:34.89	00:55:16.86	00:54:43.24	
815	HUMBERTO SOEIMA	2647	M	00:27:20.79	00:55:18.00	00:54:49.56	
816	CECÍLIA TAVARES	2796	F	00:26:47.68	00:55:19.13	00:54:55.44	
817	RICARDO BURNAY BASTOS	3350	M	00:27:41.77	00:55:20.69	00:54:20.14	
818	NELSON OLIVEIRA	2858	M	00:27:26.01	00:55:23.33	00:54:23.90	
819	RODRIGO DUARTE SILVA	2120	M	00:25:49.07	00:55:23.94	00:55:02.83	
820	SARA PAULINHO	2554	F	00:29:13.30	00:55:23.99	00:54:03.15	
821	MONICA SILVA	2119	F	00:25:49.77	00:55:24.56	00:55:02.88	
822	JOÃO PRIOLÉ	3114	M	00:27:05.47	00:55:25.08	00:54:43.59	
823	PAULO TAINHA	2033	M	00:28:04.85	00:55:29.05	00:55:07.95	
824	LUIS SOUSA	2169	M	00:26:36.91	00:55:29.08	00:54:54.69	
825	HELDER FILIPE GOMES PEREIRA CRUZ	2728	M	00:28:59.18	00:55:31.03	00:54:57.26	Runners FRPSI
826	JOSÉ QUARESMA	2114	M	00:29:47.09	00:55:33.53	00:52:54.20	
827	ANDREIA COSTA	1921	F	00:26:28.23	00:55:38.57	00:55:27.94	Escadas e Escadinhas
828	CARLA MIRANDA	2417	F	00:27:56.15	00:55:38.66	00:54:12.67	
829	JOÃO PEDRO PAIS OSÓRIO	2632	M	00:27:44.85	00:55:38.67	00:54:18.44	
830	ANA RITA VENTURA DAVID	2406	F	00:27:31.31	00:55:38.92	00:55:21.31	
831	MARISA MARQUES	3209	F	00:27:21.67	00:55:40.43	00:55:19.96	
832	MIGUEL RIBEIRO	2601	M	00:26:52.94	00:55:41.61	00:54:36.68	
833	LUIS ROMANEIRO	1963	M	00:29:23.80	00:55:44.62	00:54:16.43	
834	NUNO MARQUES	1982	M	00:27:03.08	00:55:46.37	00:54:56.54	
835	RODRIGO ALBERGARIA	1815	M	00:28:09.81	00:55:47.57	00:54:41.05	
836	RUI ROCHA	1840	M	00:27:01.52	00:55:52.31	00:55:25.00	
837	LUIS DE BARROS	2622	M	00:28:07.56	00:55:52.61	00:54:38.28	
838	JOÃO BRANCO	1816	M	00:27:44.98	00:55:52.86	00:54:40.24	
839	NUNO BALTAZAR MENDES	3185	M	00:27:29.48	00:55:58.85	00:55:30.18	
840	LUÍS MANUEL	2059	M	00:25:06.15	00:55:59.56	00:55:49.75	
841	ROGÉRIO NOBRE	2748	M	00:26:50.52	00:56:02.21	00:55:34.54	
842	JOSÉ NOVAIS	3230	M	00:28:11.20	00:56:03.17	00:54:55.04	
843	CRISTINA RIBEIRO	2722	F	00:29:35.72	00:56:03.78	00:54:52.10	
844	ARTUR MARTINS	3146	M	00:27:26.61	00:56:04.24	00:55:04.05	
845	LEONEL FERNANDO GAMEIRO BRANDAO	2066	M	00:27:18.15	00:56:05.17	00:55:22.71	BANCO MILLENIMU BCP
846	TANIA PINTO	2289	F	00:28:18.13	00:56:06.15	00:55:09.77	
847	FRANCISCO COITO	3005	M	00:27:36.55	00:56:06.27	00:55:11.22	
848	CLÁUDIA TAM	1850	F	00:27:25.03	00:56:06.34	00:55:42.53	AÇOREANA CLUBE BANIF
849	JORGE LOPES	3501	M	00:27:35.87	00:56:07.03	00:55:32.26	
850	ANA DUQUE	2271	F	00:28:18.39	00:56:07.70	00:55:10.79	
851	JORGE MÁXIMO	3621	M	00:28:15.07	00:56:07.70	00:55:17.21	
852	JOÃO CARRINHO	1989	M	00:25:26.64	00:56:09.24	00:55:55.73	
853	GONÇALO LOPES	3385	M	00:27:43.27	00:56:09.56	00:55:23.69	Run Buddy Run
854	CLÁUDIA GARCIA	3622	F	00:28:14.46	00:56:10.48	00:54:56.31	
855	LINA SANTOS	3566	F	00:28:06.06	00:56:12.36	00:54:56.54	Convites TSF

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
856	EDUARDO CARLOS JESUS VILHENA	2107	M	00:30:02.87	00:56:18.18	00:55:10.04	BANCO MILLENIMU BCP
857	CLAUDIO VIDREIRO	2792	M	00:29:07.17	00:56:18.43	00:54:58.82	
858	MANUEL OLIVEIRA	2723	M	00:28:21.13	00:56:18.46	00:55:49.54	
859	NUNO FILIPE JORGE GUEDES	2396	M	00:28:32.07	00:56:19.87	00:55:24.09	
860	MÁRIO PALMA FERNANDES	3588	M	00:26:41.07	00:56:20.87	00:56:00.88	
861	ELSA SANTIAGO	2007	F	00:28:53.48	00:56:21.84	00:54:54.03	
862	LUIS CATITA	1942	M	00:28:16.59	00:56:22.32	00:55:30.87	
863	CARLOS LEITAO	2039	M	00:26:46.54	00:56:23.36	00:55:36.85	SS CGD
864	ANDREIA OLIVEIRA	3192	F	00:26:37.28	00:56:24.50	00:55:57.91	
865	PEDRO GONÇALVES	3507	M	00:28:16.80	00:56:25.47	00:55:02.02	
866	CARINA CONDEÇO	2447	F	00:28:20.64	00:56:27.54	00:55:53.53	
867	PATRÍCIA SILVA	3604	F	00:28:33.80	00:56:29.38	00:55:22.95	
868	PAULO JORGE SEQUEIRA CAETANO	2097	M	00:29:40.30	00:56:29.54	00:55:02.36	BANCO MILLENIMU BCP
869	LUIS NEVES	3132	M	00:27:01.26	00:56:29.95	00:56:12.29	RUN 4-T FUN
870	BERNARDETE LOPES	3602	F	00:28:34.02	00:56:30.43	00:55:25.05	
871	HENRIQUETA SOLIPA	2303	F	00:27:09.54	00:56:30.94	00:56:15.44	GCP
872	ANTÓNIO JOSÉ DA CRUZ GUERREIRO	3066	M	00:27:33.79	00:56:31.63	00:55:35.75	
873	TIAGO NASCIMENTO	2448	M	00:28:20.16	00:56:31.79	00:55:58.05	
874	RUI GUERREIRO	3159	M	00:27:33.34	00:56:32.16	00:55:36.68	
875	BRUNO SIMÕES	3392	M	00:28:35.69	00:56:39.68	00:55:24.89	Cofina Runners
876	ANDRÉ RIJO	2564	M	00:29:29.40	00:56:40.63	00:55:13.23	
877	DAVID MIGUEL FERREIRA JORGE	2085	M	00:28:13.56	00:56:40.70	00:56:02.09	BANCO MILLENIMU BCP
878	ANDRE COELHO	2037	M	00:27:41.24	00:56:41.84	00:55:17.55	SS CGD
879	GABRIEL MOREIRA	102	M	00:26:57.85	00:56:43.26	00:56:07.20	Buddy For Sports
880	TIAGO GONÇALVES	2530	M	00:28:39.71	00:56:43.63	00:55:22.76	
881	ARTUR PALMAS	3442	M	00:27:21.13	00:56:43.67	00:55:51.36	
882	JOÃO COSTA	1839	M	00:26:55.41	00:56:43.80	00:56:27.37	
883	NUNO FILIPE L. PEREIRA	2895	M	00:27:02.19	00:56:44.79	00:56:26.14	Sport Zone
884	HUGO FIGUEIREDO	2888	M	00:27:39.30	00:56:45.98	00:55:55.06	
885	PAULO PIMPÃO	2029	M	00:29:20.74	00:56:46.15	00:56:22.56	Fund Box
886	LUIS CARVALHO	2778	M	00:28:24.50	00:56:46.17	00:56:35.62	
887	LUIS GODINHO	2435	M	00:28:15.49	00:56:47.70	00:56:16.12	
888	VITOR M PINHEIRO LUIS	2572	M	00:30:01.02	00:56:48.55	00:54:14.47	
889	LURDES ANTÓNIO	3344	F	00:28:08.96	00:56:48.88	00:56:17.47	Link
890		155	M	00:27:53.17	00:56:49.05	00:55:54.68	
891	MARIA DEOLINDA M MATOS	2573	F	00:30:00.90	00:56:49.54	00:54:17.36	
892	SANDRA C FERREIRA MOTA	2562	F	00:28:37.71	00:56:49.97	00:56:23.74	
893	PEDRO MANUEL CEPRIANO VIEIRA	154	M	00:26:54.88	00:56:50.49	00:56:07.27	
894	JOSÉ CORREIA	3078	M	00:28:02.75	00:56:53.05	00:56:14.90	Atlético Via Rara
895	CARLOS CORREIA	3077	M	00:28:02.15	00:56:53.06	00:56:15.79	Atlético Via Rara
896	ANA PINA	3489	F	00:27:40.86	00:56:56.05	00:56:30.83	
897	ANDRÉ SÉRGIO DA VEIGA RASTEIRO	2926	M	00:29:32.93	00:56:57.05	00:56:05.13	
898	MARCIA TERESA FERREIRA MENDES	2072	F	00:27:54.40	00:56:57.11	00:56:30.03	BANCO MILLENIMU BCP
899	SANDRA SILVA	2702	F	00:28:07.67	00:56:57.72	00:56:28.90	
900	EDUARDO TAVARES	3055	M	00:27:18.82	00:56:58.10	00:56:13.41	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
901	JOSÉ MANUEL HENRIQUES	2545	M	00:27:39.54	00:56:58.34	00:56:01.38	
902	MIGUEL PARDAL	2452	M	00:28:42.46	00:56:59.22	00:56:35.81	
903	MIGUEL PANTALEÃO	2970	M	00:26:10.36	00:56:59.53	00:56:27.97	ITEN SOLUTIONS 10KM
904	RENATO SÉRGIO FERNANDES	2980	M	00:29:38.12	00:57:00.19	00:55:59.21	VASP
905	ANA MARIA ROMANO	2345	F	00:26:47.36	00:57:01.66	00:56:42.02	
906	JOÃO BOUZA DA COSTA	3125	M	00:26:46.72	00:57:02.22	00:56:00.46	
907	JOAQUIM QUEIROZ LOPES	3490	M	00:28:24.94	00:57:02.82	00:55:55.18	
908	FILIPE GOMES	2733	M	00:26:37.99	00:57:02.98	00:56:08.59	
909	PEDRO COUTO E SANTOS	1830	M	00:29:21.84	00:57:03.14	00:56:13.31	
910	HUGO OLIVEIRA	3508	M	00:29:20.11	00:57:03.52	00:56:02.03	
911	CÁTIA COUVEIRO	2556	M	00:28:48.15	00:57:03.81	00:55:41.69	
912	JULIO SANTOS	2277	M	00:30:01.66	00:57:04.51	00:55:47.29	
913	ENIA ORNELAS	108	F	00:27:10.67	00:57:05.13	00:56:43.35	Buddy For Sports
914	MARIA BRANDÃO	3519	F	00:28:34.60	00:57:05.79	00:56:12.08	
915	ROMÃO AUGUSTO MOITA	3565	M	00:28:53.71	00:57:06.19	00:56:24.84	
916	NUNO MIGUEL LOURO DA SILVA	1992	M	00:27:58.51	00:57:07.87	00:56:42.18	
917	CARLOS SEQUEIRA	115	M	00:28:42.09	00:57:08.97	00:56:45.35	
918	MARIANA NUNES HEITOR	1993	F	00:27:59.27	00:57:09.06	00:56:41.36	
919	CARMINDA PIRES REGA	1897	F	00:28:24.63	00:57:10.01	00:56:08.90	
920	BEATRIZ MATIAS	3056	F	00:28:27.70	00:57:10.31	00:56:26.54	
921	JOAO JOSE CRUZ CUNHA	2090	M	00:28:05.65	00:57:15.02	00:56:47.04	BANCO MILLENIMU BCP
922	HELENA LEITÃO	2275	F	00:27:46.44	00:57:15.15	00:57:04.13	RunLovers
923	MADALENA ANTUNES	3354	F	00:28:20.49	00:57:17.60	00:56:36.38	
924	JOSÉ CARLOS MORGADO ANTUNES	2520	M	00:28:22.22	00:57:20.64	00:56:21.11	BIGAS & RASTEROS
925	LUIS TEIXEIRA	3577	M	00:27:36.57	00:57:21.05	00:56:16.01	
926	JOSÉ CERQUEIRA	3449	M	00:30:48.57	00:57:21.27	00:55:43.50	
927	NUNO MOLERO	1817	M	00:26:49.58	00:57:21.85	00:56:52.26	
928	RICARDO MIGUEL BERNARDES FERREIRA	3177	M	00:25:59.95	00:57:22.56	00:57:09.10	
929	ANTÓNIO CASAS NOVAS	2009	M	00:29:59.59	00:57:25.40	00:56:07.31	
930	JOSÉ FIGUEIREDO	1907	M	00:27:05.62	00:57:25.69	00:56:11.49	
931	NUNO MIGUEL LEITÃO RODRIGUES	2518	M	00:28:25.06	00:57:26.28	00:56:27.26	BIGAS & RASTEROS
932	HUMBERTO CARLOS JÚLIO VALENTIM	2519	M	00:28:25.40	00:57:26.53	00:56:27.40	BIGAS & RASTEROS
933	ANTONIO FARIA	1851	M	00:28:25.21	00:57:26.78	00:56:42.84	
934	AUGUSTO GUTERRES	3312	M	00:28:11.30	00:57:27.13	00:56:16.47	
935	KATHARINA BURGGRAF	3044	F	00:28:13.14	00:57:28.00	00:56:11.42	
936	SIMÃO PEDRO SANCHES TAVARES	3045	M	00:28:12.87	00:57:28.17	00:56:11.63	
937	VIRGINIA FONSECA	1965	F	00:28:54.40	00:57:28.40	00:56:01.40	
938	NUNO FIALHO	3218	M	00:28:46.01	00:57:28.43	00:56:06.63	
939	HUGO NASCIMENTO	103	M	00:28:46.58	00:57:29.21	00:56:52.84	Buddy For Sports
940	LILIANA HENRIQUES	2608	F	00:28:24.70	00:57:29.92	00:56:19.93	Os Conta-Kilometros
941	ALBERTO MONTEIRO	1978	M	00:28:54.92	00:57:30.19	00:56:03.10	
942	DEOLINDA SANTOS	2737	F	00:28:45.90	00:57:31.96	00:56:27.84	
943	RUI VICENTE	2760	M	00:29:59.18	00:57:32.10	00:56:38.23	
944	CECILIA PARDAL	2451	F	00:28:42.86	00:57:34.92	00:57:11.64	
945	TERESA GARCIA	2308	F	00:28:08.52	00:57:36.21	00:57:13.97	GCP

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
946	RUI SOARES	2045	M	00:28:34.00	00:57:36.51	00:57:11.56	SS CGD
947	JOÃO SANTOS	2528	M	00:29:19.17	00:57:38.22	00:56:31.32	
948	JOÃO CASTRO	2547	M	00:28:26.96	00:57:39.00	00:57:13.34	
949	MARTA BORGES	3051	F	00:29:14.60	00:57:39.71	00:56:19.41	
950	JOSÉ CARLOS CORREIA	3413	M	00:29:16.84	00:57:40.93	00:56:38.34	
951	CATARINA VARGES	3457	F	00:27:46.88	00:57:42.04	00:57:27.74	
952	LUIS LARA	1808	M	00:28:00.28	00:57:43.52	00:57:18.13	
953	LUÍS MORAIS	2920	M	00:28:29.53	00:57:44.22	00:57:10.18	Runners FRPSI
954	ANDRÉ JORGE GARÇA DIONISIO	3049	M	00:26:50.32	00:57:45.10	00:57:28.18	
955	RICARDINA BATISTA	2157	F	00:28:37.36	00:57:45.42	00:57:26.33	Ginásio Clube Português
956	PEDRO MANUEL DE JESUS ANDRADE	3464	M	00:29:16.19	00:57:45.54	00:56:43.55	
957	VITOR MOREIRA	2820	M	00:28:10.47	00:57:45.73	00:57:38.53	
958	TIAGO ALMEIDA	3411	M	00:29:46.85	00:57:45.76	00:56:37.35	Cofina Runners
959	ALFREDO PINHAL	2691	M	00:28:45.05	00:57:45.95	00:57:03.43	
960	ANDRÉ PEREIRA	3406	M	00:29:31.06	00:57:46.55	00:57:00.76	Cofina Runners
961	TERESA TEIXEIRA	2541	F	00:28:34.25	00:57:46.71	00:56:39.94	
962	RICARDO CAMPOS	3109	M	00:28:45.27	00:57:47.77	00:57:32.08	
963	JOÃO VILELA GONÇALVES	2300	M	00:28:45.40	00:57:48.57	00:57:26.54	GCP
964	JOÃO RATO	2311	M	00:28:45.64	00:57:50.56	00:57:28.68	GCP
965	ANTÓNIO MENDES ALMEIDA	2333	M	00:28:55.67	00:57:53.04	00:56:56.26	VdAtletas
966	MARIA ANTUNES	2921	F	00:27:40.13	00:57:53.92	00:57:30.38	
967	MANUEL VAZQUEZ	3478	M	00:28:27.14	00:57:53.95	00:57:30.83	
968	JOÃO RODRIGUES	2664	M	00:28:54.29	00:57:56.86	00:56:46.68	
969	JOÃO PAILO DOMINGUES	2522	M	00:28:46.01	00:57:57.89	00:56:25.29	
970	MIGUEL MAROTE HENRIQUES	3388	M	00:29:23.82	00:57:58.84	00:57:30.77	
971	JOSÉ MOSTACATO	2988	M	00:29:16.53	00:58:03.33	00:56:40.27	
972	EUNICE BATALHA	2704	F	00:28:26.15	00:58:04.64	00:57:09.90	
973	ANTONIO DOMINGOS	3441	M	00:28:45.40	00:58:05.30	00:57:42.43	
974	ANA GONÇALVES	3157	F	00:28:32.65	00:58:06.20	00:57:08.91	
975	PEDRO ALEXANDRE DA SILVA MORAIS	2982	M	00:27:51.67	00:58:06.22	00:57:04.65	VASP
976	JOAO GASPAR	1970	M	00:29:14.01	00:58:07.02	00:56:59.37	
977	PAULO J.C. GONCALVES	3593	M	00:27:37.77	00:58:07.88	00:57:00.52	
978	LUIS FILIPE VASCONCELOS VALENTE ALVES	1914	M	00:28:44.82	00:58:08.64	00:57:41.42	
979	MARIA SILVA	2465	F	00:28:43.44	00:58:09.66	00:56:45.49	
980	TIAGO SOARES	1949	M	00:27:03.82	00:58:10.15	00:57:37.15	
981	JOSÉ ANTÓNIO	3310	M	00:28:44.37	00:58:10.60	00:57:21.16	
982	RUI MARQUES	1947	M	00:27:03.38	00:58:11.08	00:57:37.98	
983	NUNO ALMEIDA	1948	M	00:27:03.00	00:58:11.56	00:57:38.21	
984	RICARDO SOUSA	2930	M	00:29:19.98	00:58:13.10	00:57:11.23	
985	PEDRO PEREIRA GONÇALVES	144	M	00:28:08.32	00:58:13.68	00:56:58.30	
986	INÊS LUZ	3525	F	00:29:02.29	00:58:13.87	00:57:25.24	GCP
987	JOÃO FREIRE	3586	M	00:28:50.35	00:58:14.48	00:57:44.30	
988	MIGUEL CALDAS	2292	M	00:26:59.97	00:58:15.07	00:58:00.42	
989	VÍTOR DOMINGOS	2028	M	00:26:41.18	00:58:15.27	00:57:57.91	Fund Box
990	CARLOS GUERREIRO	2657	M	00:29:04.84	00:58:15.63	00:56:54.32	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
991	CARLOS SEPULVEDA	3360	M	00:26:48.17	00:58:16.28	00:57:51.22	
992	FERNANDO CHASQUEIRA	1928	M	00:28:28.40	00:58:16.36	00:57:57.42	
993	FRANCISCO MORAIS BARROS	2928	M	00:26:32.34	00:58:16.60	00:58:00.76	
994	NUNO SOTTOMAYOR	1810	M	00:26:45.16	00:58:18.06	00:57:58.59	
995	SORAIA BATISTA	2156	F	00:28:38.00	00:58:18.14	00:57:58.77	Ginásio Clube Português
996	VERA VIEGAS	2158	F	00:28:20.74	00:58:20.01	00:58:00.86	Ginásio Clube Português
997	HELENA ESTEVINHA	2299	F	00:28:37.32	00:58:25.98	00:58:03.76	GCP
998	RUI LOUZEIRO	2298	M	00:28:44.54	00:58:26.05	00:58:03.30	GCP
999	JOÃO PEREIRA	2126	M	00:31:07.95	00:58:26.11	00:57:26.46	
1000	LUIS INÁCIO	2416	M	00:28:54.01	00:58:27.18	00:57:01.48	
1001	JOAO MANUEL MACHADO SEBORRO	2064	M	00:28:44.81	00:58:30.24	00:57:53.38	BANCO MILLENIMU BCP
1002	OLENA RAZINKOVA	2863	F	00:29:48.44	00:58:31.61	00:57:10.41	AIP CCI
1003	LUIS PILAR	3488	M	00:28:43.90	00:58:31.68	00:58:06.70	
1004	CRISTINA ROCHA	2130	F	00:28:22.83	00:58:31.92	00:57:56.30	
1005	JOÃO GONÇALVES	3396	M	00:27:27.56	00:58:33.70	00:57:24.50	Cofina Runners
1006	AMARO FARINHA	2266	M	00:29:43.63	00:58:36.10	00:57:19.27	
1007	BRUNO ALLE	1831	M	00:30:28.46	00:58:36.63	00:55:09.36	Pelados em santos
1008	MAFALDA BENTO	2504	F	00:27:19.69	00:58:37.48	00:57:42.98	
1009	DINORA MENDONÇA	3550	F	00:28:44.92	00:58:37.78	00:58:15.35	GCP
1010	JOÃO CRUZ	2127	M	00:31:07.60	00:58:38.34	00:57:38.39	
1011	JOAQUIM CARPELHO	3445	M	00:30:00.92	00:58:38.51	00:57:19.15	
1012	JOÃO DUARTE	1951	M	00:28:47.94	00:58:41.76	00:58:09.47	
1013	FRANCISCO MOREIRA	2934	M	00:30:45.68	00:58:43.93	00:58:14.63	
1014	JANA .	3148	F	00:31:18.45	00:58:46.21	00:55:07.79	
1015	CARLOS RIJO	2563	M	00:29:54.17	00:58:51.01	00:57:27.55	
1016	LUIS BARATA	2638	M	00:30:02.93	00:58:52.82	00:57:26.20	
1017	CARLOS CAVACO	2397	M	00:30:28.72	00:58:55.41	00:57:39.61	
1018	MARIO LAMEIRÃO	2460	M	00:29:08.11	00:58:58.10	00:58:38.57	
1019	RODOLFO JORGE DE CASTANHEIRA LIMA	2089	M	00:29:01.93	00:58:58.20	00:58:27.65	BANCO MILLENIMU BCP
1020	PEDRO BAPTISTA	2825	M	00:27:40.08	00:59:04.40	00:57:46.33	Calcitrin
1021	ABEL SEVERIANO SILVA GIL LOURO	2106	M	00:30:03.29	00:59:10.77	00:58:02.94	BANCO MILLENIMU BCP
1022	LAURA CARMENATES	3211	F	00:28:45.03	00:59:10.89	00:58:46.47	
1023	NELSON MARTINS GUIMARAES	2105	M	00:29:28.13	00:59:11.67	00:58:39.02	BANCO MILLENIMU BCP
1024	PAULA PEREIRA	2586	F	00:29:08.52	00:59:12.96	00:58:21.53	
1025	PEDRO SILVA	3567	M	00:29:20.73	00:59:14.20	00:58:08.14	Convites TSF
1026	PEDRO LOPES	3568	M	00:29:20.65	00:59:14.84	00:58:09.06	Convites TSF
1027	ANA PAULA MAGALHÃES LIMA	3482	F	00:29:25.30	00:59:15.22	00:57:26.35	Opticalia Running Team
1028	VÍTOR LUCAS	1893	M	00:28:35.89	00:59:17.66	00:58:28.66	
1029	TERESA RIBEIRO	104	F	00:28:36.90	00:59:18.30	00:58:42.26	Buddy For Sports
1030	NILDA SILVA	2042	F	00:29:53.89	00:59:18.81	00:57:50.89	SS CGD
1031	PEDRO GOMES	2182	M	00:29:31.64	00:59:18.86	00:58:22.98	
1032	CARLA ANDRE	2840	F	00:30:41.35	00:59:19.00	00:56:09.96	
1033	MARCO SILVA ABREU	2835	M	00:30:26.59	00:59:19.25	00:58:20.90	
1034	NUNO RICARDO RIBEIRO DE C. DE A. SAMPAIO	2834	M	00:30:26.44	00:59:19.38	00:58:21.40	
1035	RICARDO MALTA	3459	M	00:28:53.75	00:59:20.38	00:58:36.17	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
1036	RUI MIGUEL FRIEZAS ALDEANO	2459	M	00:28:53.56	00:59:20.46	00:58:36.58	
1037	ANTONIO FABIAO	3472	M	00:29:05.36	00:59:22.44	00:58:49.33	
1038	JOÃO VIEIRA	2404	M	00:28:40.87	00:59:23.36	00:58:53.16	
1039	ANA RITA PINA	2285	F	00:30:17.62	00:59:23.47	00:58:35.24	
1040	RUI NUNO VAZ TOMÉ	3526	M	00:28:43.89	00:59:23.83	00:58:39.20	
1041	LEONOR GOMES	1952	F	00:30:48.42	00:59:24.28	00:58:30.30	Hot Runners
1042	PAULO SANTOS	2893	M	00:28:55.49	00:59:24.72	00:58:30.85	Sport Zone
1043	ANDREIA VALE	3390	F	00:28:56.03	00:59:25.46	00:58:39.59	Cofina Runners
1044	DIOGO GOMES	2732	M	00:26:38.23	00:59:26.58	00:58:32.44	
1045	JOÃO FERNANDES	116	M	00:30:12.00	00:59:26.89	00:58:07.88	
1046	VANESSA PRATAS	3140	F	00:31:16.49	00:59:27.14	00:58:12.34	
1047	PAULO CACHUDO	1873	M	00:27:44.58	00:59:31.80	00:58:34.05	
1048	PEDRO MANUEL LOPES	2020	M	00:30:12.36	00:59:35.84	00:58:30.98	Run Buddy Run
1049	ANA TERESA ANASTÁCIO RIBEIRO	2927	F	00:29:44.94	00:59:36.23	00:58:43.89	
1050	PEDRO LOPES	2471	M	00:30:39.79	00:59:39.34	00:58:16.44	
1051	MARTA VERÍSSIMO	2295	F	00:28:53.69	00:59:40.45	00:59:01.67	
1052	JOSE EDMUNDO COSTA	2294	M	00:28:54.63	00:59:41.40	00:59:02.49	
1053	JÚLIO VERDE	2560	M	00:28:50.59	00:59:42.66	00:59:16.68	
1054	ANTÓNIO CARDOSO	2559	M	00:28:50.78	00:59:42.76	00:59:16.10	
1055	JOANA MORIM	2129	F	00:28:23.83	00:59:43.55	00:59:08.41	
1056	PATRÍCIA VIEGAS	2331	F	00:29:31.39	00:59:44.84	00:58:29.49	
1057	SOFIA DIAS	2773	F	00:29:30.85	00:59:45.04	00:59:20.26	
1058	PAULO ROXO	2735	M	00:28:35.14	00:59:45.27	00:59:24.61	
1059	ANA FILIPA REBELO	2590	F	00:27:27.86	00:59:46.26	00:59:08.49	Falcões Selvagens
1060	NUNO TERRAQUENTE	2476	M	00:27:51.29	00:59:47.53	00:59:15.27	
1061	RÚBEN PATROCINIO	3214	M	00:31:25.47	00:59:49.31	00:58:16.64	
1062	RUI MANUEL MARQUES DOS SANTOS	2974	M	00:29:06.06	00:59:49.90	00:58:47.89	VASP
1063	CATARINA AVANTAJITI	2672	F	00:28:52.78	00:59:53.86	00:58:54.35	MIRAFLORESFIT
1064	RUI PEDRO DO NASCIMENTO	2506	M	00:28:44.47	00:59:53.88	00:59:26.08	
1065	SUSANA PEREIRA	2436	F	00:29:28.06	00:59:57.75	00:58:51.67	
1066	MIGUEL VALENTE	3329	M	00:33:31.56	00:59:58.53	00:58:38.88	
1067	CARLA MARIA DA SILVA FUZETA	2882	F	00:29:26.74	00:59:58.62	00:59:16.76	DMK
1068	FILIPA REMÍGIO	136	F	00:30:20.12	01:00:06.66	00:58:42.82	Convite TSF
1069	CARLOS MARCELINO CORREIA GARCIA	3591	M	00:32:11.68	01:00:08.66	00:58:42.29	
1070	SUSANA SIMÃO	2469	F	00:30:39.46	01:00:09.25	00:58:46.69	crt
1071	JORGE MACHADO	2470	M	00:30:39.88	01:00:10.46	00:58:47.45	crt
1072	CLAUDIO GONÇALVES	107	M	00:31:11.48	01:00:13.34	00:58:53.30	Buddy For Sports
1073	ANTÓNIO SANCHES	3517	M	00:31:11.95	01:00:13.39	00:59:10.48	
1074	NUNO GONÇALVES	2855	M	00:28:45.58	01:00:16.77	01:00:03.56	
1075	MARCOS MADEIRA	1984	M	00:29:16.75	01:00:18.12	00:59:53.70	
1076	JOÃO MIGUEL COELHO	3450	M	00:31:17.54	01:00:19.62	00:58:42.86	
1077	HERMINSON GIRÃO	3348	M	00:30:29.81	01:00:22.73	00:59:18.72	
1078	HUGO VIEGAS	3099	M	00:29:16.53	01:00:23.28	00:58:59.71	
1079	SARA SOFIA RIBEIRO ANTUNES	2727	F	00:28:59.91	01:00:25.16	00:59:51.53	Runners FRPSI
1080	JOANA DUARTE	130	F	00:31:10.08	01:00:28.44	00:59:53.27	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
1081	INÊS MARIQUITOS	1960	F	00:31:10.25	01:00:29.22	00:59:53.67	
1082	MIGUEL GUTERRES	3311	M	00:30:18.56	01:00:31.96	00:59:20.95	
1083	CARLOS ANTUNES	2618	M	00:29:36.74	01:00:35.28	00:59:23.87	
1084	EDUARDO JORGE DA SOLEDADE GAMA	1864	M	00:31:09.12	01:00:37.89	00:57:53.34	
1085	PAULO FERNANDES	2005	M	00:30:34.45	01:00:37.98	00:59:06.76	
1086	RICARDO FIGEUIRA	3378	M	00:29:33.24	01:00:41.08	00:59:36.64	
1087	ANTÓNIO PIMPÃO	3541	M	00:27:36.30	01:00:41.99	01:00:31.24	Vitalis
1088	FERNANDO GONÇALVES	2529	M	00:29:03.61	01:00:43.55	00:59:22.51	
1089	TERESA MORENO	2539	F	00:29:04.44	01:00:44.44	01:00:24.14	
1090	RITA ALEXANDRA CRESPO BALTAZAR	1933	F	00:30:57.15	01:00:45.70	00:59:35.20	
1091	ÁLEXANDRA CARVALHO	2409	F	00:31:04.95	01:00:46.81	00:59:56.45	
1092	MANUEL LAMEGO	2418	M	00:29:42.91	01:00:47.75	00:59:39.68	
1093	PEDRO JORGE CONDE MURCA	2079	M	00:29:49.49	01:00:48.04	01:00:03.07	BANCO MILLENIMU BCP
1094	DORA RODRIGUES	2437	F	00:29:48.76	01:00:48.59	01:00:03.27	
1095	JOSÉ SILVA	2410	M	00:31:05.96	01:00:48.71	00:59:56.88	
1096	MARIA GUERREIRO	3110	F	00:30:02.71	01:00:50.04	00:59:51.91	
1097	CARLA SUSANA PAULO LOURENCO	2096	F	00:30:09.10	01:00:55.87	00:59:44.21	BANCO MILLENIMU BCP
1098	JOSE LUIS BACEIRA FARINHA	2095	M	00:30:09.10	01:00:55.97	00:59:45.19	BANCO MILLENIMU BCP
1099	VANESSA NUNES DA SILVA	3270	F	00:30:09.20	01:00:56.05	00:59:44.34	Citroen
1100	ANTÓNIO MARIA DIONISIO F. F. DA SILVA	2978	M	00:28:40.57	01:00:58.26	00:59:54.90	VASP
1101	JOANA AGUIAR	3369	F	00:28:46.55	01:01:00.15	01:00:08.01	Weventual
1102	CATIA ROSALINO	3224	F	00:28:36.67	01:01:00.95	01:00:28.76	
1103	SAMANTA MCMURRAY	2600	F	00:30:23.19	01:01:01.23	01:00:11.88	
1104	ALEXANDRE MANUEL M MOITA	2081	M	00:28:46.82	01:01:01.42	01:00:09.35	BANCO MILLENIMU BCP
1105	CESÁRIO VALENTIN CHÁ-CHÁ RODRIGUES	1997	M	00:30:12.24	01:01:01.53	01:00:17.33	Slow Runners
1106	RITA ALEXANDRA DE MATOS BRAVO	1999	F	00:30:11.99	01:01:01.83	01:00:18.11	Slow Runners
1107	ANGELA LARANJEIRA COSTA	1837	F	00:30:50.89	01:01:04.69	00:59:56.32	
1108	NUNO MATOS	2060	M	00:29:24.14	01:01:06.93	01:00:14.74	
1109	EDUARDO SANTINI	3603	M	00:33:42.81	01:01:12.56	01:00:10.54	
1110	LUIS PROENÇA	1803	M	00:29:47.65	01:01:13.54	01:00:24.68	
1111	MARIA HELENA COSTA ANDRADE	2549	F	00:30:19.74	01:01:17.10	01:00:40.61	
1112	ANTÓNIO JOSÉ GASPAR POMBINHO	2640	M	00:29:34.61	01:01:18.81	01:01:04.81	
1113	SÉRGIO RESENDE	3268	M	00:29:39.17	01:01:20.30	01:00:44.05	Citroen
1114	ELISABETE PINHEL	106	F	00:30:15.39	01:01:23.65	01:00:16.09	Buddy For Sports
1115	JOÃO FIGUEIREDO	2493	M	00:30:39.74	01:01:28.92	01:00:11.67	
1116	ARIANA ROCHA	3453	F	00:29:29.72	01:01:31.57	01:01:03.39	
1117	RUI JOÃO ISIDRO MELÃO	2720	M	00:30:49.87	01:01:34.17	01:00:18.57	
1118	RUI CORTES	3605	M	00:30:04.09	01:01:35.49	01:00:57.33	
1119	PAULO OLIVEIRA	3606	M	00:30:01.99	01:01:36.38	01:00:58.62	
1120	SARA ALEXANDRA LÚCIO COELHO	3560	F	00:32:06.81	01:01:37.39	00:58:52.44	
1121	CLÁUDIA MARIA DA CONCEIÇÃO MOREIRA	3384	F	00:32:06.21	01:01:37.50	00:58:53.47	
1122	RITA ANTUNES	2456	F	00:30:34.58	01:01:38.33	01:00:45.79	SS CGD
1123	JOANA LEAL	3033	F	00:32:21.40	01:01:38.76	00:56:22.82	FM
1124	LEONEL COSTA FERREIRINHA	2103	M	00:31:30.69	01:01:39.42	01:00:56.23	BANCO MILLENIMU BCP
1125	JORGE ALMEIDA	2408	M	00:32:04.22	01:01:45.56	01:00:08.23	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
1126	JOANA FERREIRA	2030	F	00:32:12.10	01:01:45.77	01:01:21.23	Fund Box
1127	DIOGO ÂNGELO MANSINHOS AMEIXAS	3429	M	00:27:51.44	01:01:56.24	01:00:54.28	
1128	LUÍS CARLOS MENDES ALMEIDA	2983	M	00:29:36.62	01:01:57.56	01:00:54.18	VASP
1129	DIANA TAVARES GONÇALVES	2380	F	00:31:02.76	01:02:03.56	01:00:59.93	LeYa
1130	PEDRO SOBRAL	2385	M	00:31:33.00	01:02:04.10	01:00:59.60	LeYa
1131	JOÃO LEONEL PEREIRA	2265	M	00:29:02.25	01:02:05.29	01:01:13.57	
1132	LUÍS MANUEL SERAFIM SANTANA	2860	M	00:34:12.75	01:02:07.07	00:53:04.75	AIP CCI
1133	JOSÉ PEREIRA	2803	M	00:38:16.82	01:02:08.17	01:02:08.17	
1134	RUI JORGE FONSECA SARROEIRA	1888	M	00:30:44.93	01:02:13.22	01:01:26.42	
1135	JORGE TAVARES	2612	M	00:30:23.56	01:02:15.76	01:01:50.65	SAPATISTAS
1136	GONÇALO GRAÇA	2809	M	00:29:10.92	01:02:17.73	01:01:31.59	
1137	LÚCIA CARVALHO	2329	F	00:30:23.33	01:02:18.02	01:01:37.34	Falcões Selvagens
1138	NUNO CARVALHO	3331	M	00:31:10.83	01:02:23.59	01:01:23.36	
1139	DIOGO LEITÃO	3423	M	00:28:46.39	01:02:25.24	01:01:54.61	
1140	JOANA BAPTISTA DE MATOS	3232	F	00:31:35.07	01:02:30.06	01:01:15.18	
1141	MANUEL LOPES BARBOSA	2816	M	00:30:11.68	01:02:30.82	01:01:32.64	
1142	JOÃO DUARTE	1905	M	00:30:40.13	01:02:36.13	01:01:32.68	
1143	TIAGO SOUSA	3142	M	00:31:15.61	01:02:36.66	01:01:19.87	
1144	ANABELA MEIA-VIA	2491	F	00:31:11.35	01:02:39.62	01:01:20.69	
1145	HUMBERTO MONTEIRO CHAVES	2121	M	00:30:33.17	01:02:39.66	01:01:51.36	
1146	MÁRCIA GASPAS	2551	F	00:30:28.55	01:02:40.90	01:01:58.67	
1147	RUI PEDRO DUARTE	3225	M	00:30:12.55	01:02:41.08	01:01:52.41	
1148	PEDRO JORGE DE AQUINO DA SILVA	2022	M	00:30:39.68	01:02:44.33	01:01:31.83	
1149	MÁRIO SOUSA	3363	M	00:30:04.08	01:02:44.96	01:02:37.84	Asas pelos Ares
1150	JORGE SOUSA TEIXEIRA	3513	M	00:29:31.05	01:02:48.27	01:02:13.81	
1151	RUI ARAÚJO	3138	M	00:30:51.60	01:02:48.32	01:01:33.73	
1152	SARA LOPES	3137	F	00:30:51.29	01:02:48.37	01:01:33.02	
1153	ROZIREZ FERREIRA	2802	F	00:32:11.81	01:02:48.38	01:01:21.30	
1154	RUI A. MÓNICA	2548	M	00:28:31.39	01:02:50.55	01:02:33.18	
1155	NUNO VIDA	2734	M	00:30:17.56	01:02:50.69	01:01:55.12	
1156	SARA MATOS	2829	F	00:30:42.47	01:02:50.88	01:01:31.44	Calcitrin
1157	LUIS COSTA	3455	M	00:31:24.99	01:02:56.36	01:01:42.76	Os Conta-Kilometros
1158	ANTONIO HENRIQUES	2715	M	00:29:21.64	01:03:04.49	01:02:21.27	
1159	JOSÉ LUÍS	146	M	00:30:54.70	01:03:04.89	01:02:20.53	
1160	MARIA TOMÁS	145	F	00:30:55.28	01:03:05.71	01:02:21.65	
1161	FÁBIO PIO	2791	M	00:30:39.10	01:03:15.40	01:03:04.99	
1162	CESAR FIALHO GUERRA	1909	M	00:31:41.55	01:03:20.18	01:02:08.30	
1163	TERESA FERNANDES	3448	F	00:32:49.26	01:03:23.96	01:01:46.40	
1164	RITA CAPUCHO	3221	F	00:32:10.95	01:03:24.53	01:02:26.73	
1165	SOFIA TRISTÃO	3111	F	00:32:11.21	01:03:25.17	01:02:27.56	
1166	SANDRA NEVES	3131	F	00:30:20.95	01:03:25.23	01:02:57.02	RUN 4-T FUN
1167	OLIVIA LUCAS	1894	F	00:32:05.63	01:03:26.10	01:02:36.65	
1168	ANA RODRIGUES	3330	F	00:33:31.21	01:03:26.17	01:02:06.41	
1169	ANTONIO BRAGA	3202	M	00:30:13.78	01:03:26.45	01:02:23.22	Cangurus
1170	JORGE QUARENTA	2605	M	00:19:33.33	01:03:27.16	01:03:25.07	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
1171	MONICA QUARENTA	2604	F	00:30:05.81	01:03:27.69	01:03:04.05	
1172	PATRICIA ALVES PEREIRA	3297	F	00:31:16.22	01:03:30.37	01:02:06.33	Equipa TSF
1173	LUIZA PISCO	2372	F	00:30:55.73	01:03:32.83	01:02:24.22	OS KOXUS
1174	CARLA FERREIRA	2047	F	00:32:16.38	01:03:34.79	01:02:20.80	
1175	CÁTIA TORRES	3422	F	00:31:33.04	01:03:35.42	01:02:50.28	
1176	RUI DE MESQUITA LUIS	3098	M	00:28:45.54	01:03:42.57	01:03:13.74	
1177	SUSANA RIBEIRO	2602	F	00:31:39.88	01:03:43.98	01:02:38.03	
1178	LUÍS MARQUES	2304	M	00:34:35.27	01:03:44.36	01:02:11.88	GCP
1179	SANDRA MARQUES	2607	F	00:30:03.56	01:03:57.46	01:02:46.91	Os Conta-Kilometros
1180	ANA SOFIA SOARES	2505	F	00:30:09.55	01:03:58.59	01:03:30.79	
1181	FERNANDO VELEZ	2478	M	00:18:56.73	01:04:01.03	01:03:59.22	Câmara Lisboa Clube
1182	MAGDA VERISSIMO	2553	F	00:31:56.46	01:04:01.65	01:02:40.94	
1183	ANTÓNIO RAFAEL LOUREIRO	2336	M	00:29:34.62	01:04:07.33	01:03:13.93	VdAtletas
1184	CARLOS ALBERTO FERNANDES	1860	M	00:33:24.55	01:04:08.33	01:01:06.26	
1185	ANÍBAL COSTA	1876	M	00:31:50.36	01:04:08.61	01:02:58.77	
1186	PEDRO ALCÂNTARA	3017	M	00:31:50.61	01:04:09.22	01:02:58.97	
1187	TERESA POÇAS	3061	F	00:31:57.28	01:04:09.26	01:02:58.10	
1188	SONIA BRANDÃO	2393	F	00:31:23.77	01:04:10.05	01:03:16.64	
1189	PEDRO BRANDÃO	2392	M	00:31:23.91	01:04:10.33	01:03:16.71	
1190	EDUARDO AMORIM	2296	M	00:30:52.60	01:04:13.18	01:03:42.04	
1191	FLORBELA MENDES	2935	F	00:32:08.15	01:04:13.55	01:02:53.56	
1192	ANTONIO SILVA	2936	M	00:32:07.45	01:04:14.12	01:02:54.23	
1193	VANDA RAMOS	2757	F	00:30:41.49	01:04:14.84	01:03:15.14	
1194	JOÃO PAULO PINTO	2517	M	00:32:19.64	01:04:17.10	01:03:46.96	
1195	JOÃO TAVARES	3398	M	00:28:59.38	01:04:19.64	01:03:33.21	Cofina Runners
1196	MEIRE ALMEIDA	3234	F	00:31:58.16	01:04:24.18	01:01:08.97	GPLANTS&CO
1197	ANA FILIPA BASTOS DIAS	2164	F	00:31:44.47	01:04:25.93	01:03:26.39	
1198	SÓNIA GAMITO	3058	F	00:30:50.52	01:04:32.53	01:03:49.20	
1199	ARTUR SOARES	3432	M	00:30:23.06	01:04:35.44	01:03:32.13	
1200	IVANA SCHNEIDER	3283	F	00:30:35.66	01:04:35.96	01:03:59.11	
1201	EUGÉNIO SANTOS	2671	M	00:30:30.80	01:04:38.01	01:03:38.33	MIRAFLORESFIT
1202	PEDRO MOTA	3035	M	00:33:36.40	01:04:42.51	00:58:56.50	FM
1203	TERESA CAPELA	3025	F	00:32:26.74	01:04:44.14	01:03:50.78	
1204	PAULO CAPELA	3024	M	00:32:25.93	01:04:44.20	01:03:51.55	
1205	ANTÓNIO PEDRO TEIXEIRA	1918	M	00:32:27.61	01:04:47.16	01:01:17.33	SPEM
1206	ANABELA VALADAS	2955	F	00:31:15.05	01:04:50.44	01:04:16.47	
1207	ILÍDIO MONTEIRO	3473	M	00:33:42.76	01:04:50.46	01:03:25.17	
1208	RUI PEDRO MARTINS	2619	M	00:32:13.60	01:04:50.56	01:03:38.55	
1209	ARTUR ANDRADE	2953	M	00:30:56.53	01:04:59.03	01:04:38.69	
1210	ANA SOBRAL	2810	F	00:31:40.05	01:05:02.32	01:04:38.45	
1211	RITA PEDRO	3036	F	00:34:15.46	01:05:03.82	00:59:31.08	FM
1212	FILIPE TOMÉ	3031	M	00:34:05.19	01:05:04.05	01:00:09.25	FM
1213	JOANA SANTOS	3032	F	00:34:07.70	01:05:04.09	01:00:09.30	FM
1214	JOÃO CARLOS R M SIMÕES	3451	M	00:30:48.70	01:05:05.94	01:03:29.24	
1215	CLEUZA MARIA RODRIGUES	2353	F	00:33:02.96	01:05:07.42	01:04:07.25	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
1216	ANTÓNIO PINHO	2367	M	00:30:53.09	01:05:08.25	01:04:28.06	O MUNDO DA CORRIDA
1217	VITOR PEREIRA	3405	M	00:29:03.44	01:05:09.30	01:04:22.56	Cofina Runners
1218	RAFAEL FIGUEIREDO	3235	M	00:32:17.12	01:05:18.63	01:04:00.13	
1219	RENATO ANDRADE	101	M	00:32:23.84	01:05:23.52	01:04:14.38	Buddy For Sports
1220	MIGUEL SEMEDO	1927	M	00:31:51.79	01:05:25.99	01:04:03.35	
1221	LURDES ALVES	1891	F	00:31:07.21	01:05:26.43	01:04:41.53	
1222	ALZIRA PEREIRA	2615	F	00:30:03.02	01:05:28.96	01:05:06.67	SAPATISTAS
1223	RAUL JORGE DOS SANTOS MARQUES	2161	M	00:30:44.19	01:05:30.66	01:04:05.32	
1224	PEDRO MIGUEL HENRIQUES	2268	M	00:31:15.57	01:05:31.33	01:04:05.32	
1225	ANDRÉ FERREIRA	3409	M	00:29:56.72	01:05:33.99	01:04:47.23	Cofina Runners
1226	VIRGÍLIO MATA	2800	M	00:32:16.17	01:05:36.32	01:05:05.41	
1227	MARTA COSTA	1904	F	00:31:35.21	01:05:37.12	01:04:33.56	
1228	ISABEL VIEIRA	2801	F	00:32:15.84	01:05:37.47	01:05:07.05	
1229	RAQUEL SANTOS	2140	F	00:32:49.82	01:05:41.48	01:04:44.85	
1230	JORGE SANTIAGO NEVES	2390	M	00:29:44.86	01:05:42.80	01:05:13.71	
1231	JOSÉ ESTEVES	2356	M	00:33:21.12	01:05:43.65	01:04:18.44	
1232	DANIELA TORRES	3430	F	00:31:32.87	01:05:45.13	01:04:59.79	
1233		112	M	00:32:35.10	01:05:47.78	01:04:53.50	
1234	PEDRO JAIME	3465	M	00:32:33.39	01:05:48.39	01:04:56.14	Hot Runners
1235	SANDRA CARVALHO	1913	F	00:32:32.60	01:05:48.48	01:04:56.81	
1236	JORGE SILVA	2035	M	00:32:33.85	01:05:49.11	01:04:57.72	Hot Runners
1237	CARLOS FERREIRA	2494	M	00:31:23.20	01:05:50.62	01:04:31.16	
1238	MARIANA CARVALHO	1985	F	00:33:56.17	01:05:54.86	01:05:04.42	
1239	CARLA MARIA GARCIA AFONSO	1812	F	00:33:26.66	01:05:57.56	01:04:36.63	IG Runners
1240	ABINO DE FREITAS	3300	M	00:32:14.94	01:05:57.64	01:02:15.55	
1241	JORGE HEITOR	2173	M	00:32:23.84	01:06:02.07	01:05:23.12	
1242	PEDRO M SILVA	2877	M	00:32:36.89	01:06:02.30	01:02:45.75	
1243	EBERHARD AXEL WILHELM	1994	M	00:31:04.33	01:06:06.77	01:04:57.39	
1244	CLARA GONÇALVES PINHEIRO ALVES	2135	F	00:31:41.43	01:06:14.08	01:05:46.71	
1245	ISABEL COSTA	3618	F	00:32:25.60	01:06:14.18	01:05:57.41	
1246	MARISA RODRIGUES	2499	F	00:31:48.17	01:06:15.26	01:05:49.47	JJL Best
1247	DIANA LINO	2500	F	00:31:47.79	01:06:15.54	01:05:49.61	JJL Best
1248	SUSANA CORREIA	2497	F	00:31:48.10	01:06:17.33	01:05:51.32	JJL Best
1249	ELISABETE CUNHA	2323	F	00:32:08.29	01:06:19.24	01:05:06.42	
1250	RUI MIGUEL (OLIVEIRA)	2457	M	00:32:07.79	01:06:19.28	01:05:07.31	SS CGD
1251	JOSÉ PIMENTEL	2931	M	00:33:36.48	01:06:21.03	01:05:47.41	
1252	MARIA JOÃO MACHADO	3108	F	00:32:10.58	01:06:22.88	01:06:00.03	
1253	FERNANDO MIGUEL DOS SANTOS INÁCIO	3315	M	00:30:09.50	01:06:26.33	01:05:16.60	VdAtletas
1254	PEDRO MANUEL CURVEIRA	3556	M	00:32:50.41	01:06:26.81	01:05:33.92	
1255	MARIO PIRES	1887	M	00:35:03.41	01:06:37.19	01:05:05.61	
1256	JOÃO BASILIO	2681	M	00:35:17.33	01:06:37.48	01:06:24.88	
1257	RENATA MORGADO	1806	F	00:33:46.52	01:06:41.67	01:05:18.06	
1258	HARRY ECKMAN	1807	M	00:33:46.57	01:06:42.20	01:05:18.64	
1259	CARLA GALHANO	2783	F	00:33:33.44	01:06:42.97	01:05:13.95	
1260	CARLOS BARREIRAS	3592	M	00:33:05.48	01:06:45.11	01:05:53.70	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
1261	JOSÉ CONCEIÇÃO	2180	M	00:30:13.83	01:06:52.71	01:06:07.44	
1262	PATRÍCIA CABRAL	2707	F	00:33:33.60	01:06:56.89	01:05:27.88	
1263	TIAGO FIGUEIREDO	2146	M	00:34:51.88	01:07:02.16	01:05:46.88	
1264	JOSÉ BARATA	2159	M	00:33:27.21	01:07:05.50	01:06:45.48	
1265	ANA PAULINO	3327	F	00:32:52.00	01:07:05.76	01:05:39.47	
1266	PEDRO PAULINO	3326	M	00:32:51.96	01:07:05.79	01:05:39.73	
1267	INES GUIMARAES	3186	F	00:35:45.46	01:07:08.91	01:02:54.86	
1268	LAURA REGO	2525	F	00:30:33.33	01:07:09.92	01:06:49.61	
1269	FERNANDO GOMES	3313	M	00:30:48.92	01:07:10.09	01:06:29.19	
1270	JOAO GRAÇA	2578	M	00:33:53.41	01:07:14.41	01:06:00.84	NUCLEO DESPORTIVO AUTOCOOPE
1271	CECÍLIA NICOLAU	2641	F	00:34:29.58	01:07:15.58	01:04:07.22	
1272	HENRIQUE VILHENA	2361	M	00:34:29.38	01:07:16.69	01:05:40.36	
1273	ALEXANDRE SOARES	2004	M	00:33:02.58	01:07:20.07	01:06:34.18	
1274	CARLA DUARTE	3380	F	00:33:33.41	01:07:20.84	01:06:15.31	
1275	ANA GOMES	3292	F	00:29:48.87	01:07:21.46	01:06:45.25	Onco+
1276	JOÃO ANTONIO VALENTE NUNES NOGUEIRA	1872	M	00:30:23.81	01:07:24.46	01:06:49.22	
1277	RICARDO MIGUEL SILVA	2933	M	00:31:05.11	01:07:27.49	01:06:11.45	
1278	NUNO FLORA	2901	M	00:32:43.30	01:07:30.49	01:06:52.35	Sport Zone
1279	NIDIA SILVA	3029	F	00:32:44.78	01:07:35.08	01:06:48.75	
1280	JOSÉ PEDRO DE SOUSA PINTO	2941	M	00:31:55.35	01:07:42.06	01:06:24.45	
1281	ANTONIO SILVA	3576	M	00:32:06.64	01:07:48.74	01:06:44.31	
1282	MARINA GRAÇA	3054	F	00:32:40.71	01:07:57.00	01:07:12.57	
1283	JOSÉ ANTÓNIO CLEMENTE FERNANDES	1813	M	00:33:26.60	01:07:57.37	01:06:36.47	IG Runners
1284	DOMINGOS FLORA	2900	M	00:33:21.42	01:08:05.16	01:07:27.25	Sport Zone
1285	SARA PEREIRA	3201	F	00:34:34.21	01:08:08.25	01:07:03.11	Cangurus
1286	PEDRO PEREIRA	3200	M	00:34:34.14	01:08:08.60	01:07:03.79	Cangurus
1287	ADISSON LEAL	3115	M	00:33:52.80	01:08:12.05	01:06:46.69	
1288	FERNANDO HUMBERTO RAMOS FERREIRA	2091	M	00:33:38.19	01:08:14.83	01:07:31.78	BANCO MILLENIMU BCP
1289	CARLA DIAS	2132	F	00:33:58.69	01:08:19.60	01:06:41.20	
1290	JOSE CARLOS SANTOS	2857	M	00:34:52.27	01:08:21.82	01:06:49.68	
1291	PATRÍCIA MONTEIRO DOS SANTOS	1916	F	00:32:59.85	01:08:21.88	01:07:01.92	Salamandrecos
1292	ANA GARCIA MARTINS	3536	F	00:34:51.77	01:08:22.01	01:06:50.01	Vitalis
1293	ANA RUTE SOUSA	2789	F	00:34:37.15	01:08:32.54	01:07:06.57	
1294	RITA LINO	2866	F	00:34:53.90	01:08:33.05	01:07:24.44	
1295	CLÁUDIA RATO	2738	F	00:34:41.37	01:08:38.77	01:07:20.87	
1296	PATRICIA CARDOSO	3162	F	00:33:45.90	01:08:39.05	01:07:22.05	
1297	INÊS BRANQUINHO RAMOS DE ALMEIDA	2717	F	00:33:46.36	01:08:39.09	01:07:21.64	
1298	GONÇALO FERRÃO	2967	M	00:32:56.99	01:08:39.71	01:08:08.44	ITEN SOLUTIONS 10KM
1299		111	M	00:32:48.61	01:08:45.18	01:07:44.75	
1300	DIOGO DIAS	149	M	00:31:47.87	01:08:58.07	01:08:36.81	
1301	LEONTINA CRUZ	2609	F	00:33:45.43	01:09:01.08	01:08:38.08	SAPATISTAS
1302	FÁTIMA LOUREIRO	1964	F	00:34:50.37	01:09:05.13	01:07:37.26	
1303	JOÃO CARDOSO	2703	M	00:36:43.14	01:09:06.46	01:07:39.01	
1304	CARLOS ALBERTO MEDEIROS CONCEICAO	2102	M	00:32:59.68	01:09:08.09	01:08:33.67	BANCO MILLENIMU BCP
1305	MAFALDA JACINTO	3341	F	00:33:34.84	01:09:09.43	01:08:29.30	Link

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
1306	RICARDO SILVA	3346	M	00:25:08.82	01:09:09.83	01:08:30.13	Link
1307	MYRIAM CARREIRA	1843	F	00:34:26.30	01:09:18.29	01:08:11.07	
1308	ANTÓNIO MARQUES	1865	M	00:33:18.90	01:09:26.86	01:08:28.60	
1309	GUSTAVO VERISSIMO	2017	M	00:34:25.18	01:09:30.95	01:08:59.71	
1310	CLÁUDIA LOURENÇO	2682	F	00:33:09.26	01:09:37.99	01:08:31.29	
1311	LUIS PAULO DE ALMEIDA LAGARTO	2697	M	00:34:52.26	01:09:39.91	01:08:23.98	
1312	HUGO FERREIRA	3491	M	00:35:16.90	01:09:44.95	01:09:15.75	
1313	PEDRO HENRIQUE MACEDO	3317	M	00:34:01.26	01:09:48.34	01:08:55.54	
1314	SANDRA MACEDO	3294	F	00:34:01.71	01:09:48.68	01:08:55.88	Onco+
1315	MARIANA MACHADO	1823	F	00:33:46.98	01:09:50.13	01:08:31.61	MAC TEAM
1316	SILVESTRE MACHADO	1821	M	00:33:47.56	01:09:50.28	01:08:31.85	MAC TEAM
1317	VERA CARVALHO	3039	F	00:36:29.78	01:09:59.17	01:04:40.24	FM
1318	HELDER REBIMBA	2342	M	00:32:22.48	01:10:00.18	01:09:33.07	
1319	ISABEL QUEIRÓS	3220	F	00:37:12.47	01:10:00.39	01:08:47.28	
1320	FRANCISCO COSTA	3219	M	00:37:12.56	01:10:00.45	01:08:47.33	
1321	CATARINA AZEVEDO	2917	F	00:34:25.05	01:10:02.44	01:09:01.80	Sport Zone
1322	ACACIO MANUEL SOUSA LOPES	2068	M	00:33:33.64	01:10:06.80	01:08:37.65	BANCO MILLENIMU BCP
1323	PEDRO BOUHON	2984	M	00:27:42.65	01:10:10.34	01:09:52.18	
1324	PEDRO MIGUEL MALATO LOPES BRANCO	2341	M	00:31:13.83	01:10:14.17	01:09:21.25	VdAtletas
1325	FILIPA GRAVELHO	1939	F	00:34:32.91	01:10:18.44	01:09:27.94	
1326	MANUELA OLIVEIRA	2172	F	00:35:15.33	01:10:30.38	01:09:53.49	
1327	SANDRA PAULOS	2686	F	00:32:30.35	01:10:32.20	01:08:53.49	
1328	SARA FILIPA FIGUEIREDO CALDEIRA	1811	F	00:33:26.94	01:10:32.25	01:09:10.93	IG Runners
1329	RUI T. HENRIQUES	2420	M	00:34:39.79	01:10:46.05	01:09:49.05	ADRC Mata de Benfica
1330	MICHELE AMARAL	1955	F	00:34:01.41	01:10:49.24	01:10:21.05	
1331	NELSON ALMEIDA	2736	M	00:32:28.24	01:10:51.83	01:09:36.23	
1332	HUSSEIN CASSAMO	2101	M	00:35:28.08	01:10:55.02	01:07:23.25	BANCO MILLENIMU BCP
1333	CARLOS SERRA	2643	M	00:22:39.30	01:11:15.40	01:10:31.09	
1334	ANTONIO SERRA	2284	M	00:31:46.12	01:11:15.43	01:10:31.31	
1335	JORGE CEREJEIRO	1842	M	00:34:26.27	01:11:20.43	01:10:14.25	
1336	PAULO PAGACIOV	2854	M	00:35:27.05	01:11:21.61	01:10:17.56	
1337	SANDRA OLIVEIRA	2567	F	00:35:36.86	01:11:23.66	01:10:09.99	
1338	CARLOS VIEIRA	2171	M	00:34:00.92	01:11:28.93	01:10:12.76	
1339	JOAQUIM MARTINS	3399	M	00:33:52.73	01:11:31.56	01:10:21.87	Cofina Runners
1340	ALAIN YVON	3414	M	00:33:08.49	01:11:39.61	01:10:25.02	
1341	RUI CALDEIRA	3037	M	00:36:29.81	01:11:40.53	01:06:22.11	FM
1342	ELSA RIBEIRO	2012	F	00:34:22.03	01:11:41.60	01:10:54.15	
1343	SANDRA ANDRÉ	2661	F	00:37:02.61	01:11:43.52	01:07:51.20	
1344	PEDRO SEIXAS	2662	M	00:37:02.73	01:11:44.02	01:11:44.02	
1345	CAROLINA DELGADO	2949	F	00:34:45.06	01:11:53.25	01:11:36.19	
1346	SUSANA CRISTINA ANGELO RIBEIRO	2981	F	00:34:18.32	01:11:56.71	01:10:54.42	VASP
1347	RITA AFOITO FRAZÃO MOREIRA MACHADO	2979	F	00:34:18.80	01:11:57.26	01:10:55.01	VASP
1348	ALEXEY ROMANENKO	2508	M	00:32:33.55	01:11:57.37	01:10:34.32	
1349	ISABEL COELHO	2699	F	00:35:16.12	01:11:57.45	01:11:24.92	
1350	HERMÍNIA SARAIVA	2145	F	00:34:52.41	01:11:58.16	01:10:42.79	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
1351	PATRÍCIA TRINDADE	2050	F	00:32:35.12	01:12:25.51	01:11:34.07	
1352	RITA SOARES	2133	F	00:36:18.46	01:12:29.64	01:11:02.60	
1353	ANA RITA MONTEIRO FERREIRA	2245	F	00:33:50.98	01:12:47.90	01:11:31.58	Liberty Seguros
1354	ANDRÉ FILIPE GONÇALVES BARATA	2244	M	00:33:50.87	01:12:48.18	01:11:31.84	Liberty Seguros
1355	PEDRO SANTOS	3095	M	00:34:29.77	01:13:02.68	01:11:35.55	
1356	ANA SOUSA	2968	F	00:34:44.80	01:13:04.23	01:12:33.50	ITEN SOLUTIONS 10KM
1357	NUNO AFONSO	2386	M	00:34:45.04	01:13:16.52	01:12:09.52	LeYa
1358	BRUNO FERREIRA	2591	M	00:36:32.37	01:13:25.97	01:12:04.25	
1359	SERGIO RIJO	3018	M	00:37:36.76	01:13:48.81	01:13:05.30	
1360	MARTA CALADO	3019	F	00:37:36.74	01:13:48.82	01:13:05.47	
1361	MARIA JOAO FERNANDES SIMOES	1892	F	00:35:02.78	01:14:02.21	01:12:54.37	
1362	JOÃO VICENTE DA SILVA	1968	M	00:33:19.47	01:14:03.21	01:12:55.66	
1363	CARLOS MANUEL CONSTANTINO AMARO	2977	M	00:35:43.57	01:14:23.77	01:13:21.74	VASP
1364	LÚCIA FERREIRA	3196	F	00:36:17.49	01:14:40.35	01:13:30.12	
1365	DIOGO CARVALHO	3195	M	00:36:17.51	01:14:40.98	01:13:30.79	
1366	ANA PATRÍCIA CARVALHO	2782	F	00:36:04.46	01:15:05.90	01:13:49.19	
1367	INES CANDIDO	2781	F	00:36:04.10	01:15:07.61	01:13:50.89	
1368	JOSE VIEIRA	3207	M	00:36:40.96	01:15:07.76	01:14:04.38	
1369	FERNANDO PEREIRA RODRIGUES	2443	M	00:38:37.18	01:15:43.75	01:14:30.87	
1370	ANA CRUZ	3081	F	00:34:40.20	01:15:55.15	01:14:43.86	
1371	MARIA CARMO ANJOS	1954	F	00:37:42.41	01:16:10.24	01:15:24.54	
1372	RUI MANUEL GOMES DE OLIVEIRA	151	M	00:36:13.12	01:16:54.09	01:16:13.11	
1373	JOÃO VAZ	2811	M	00:36:13.20	01:16:54.21	01:15:40.19	Falcões Selvagens
1374	FOCK YIOT WAN CHIU	2092	F	00:38:04.35	01:17:08.18	01:15:41.78	BANCO MILLENIMU BCP
1375	JOSE EDUARDO GASPARR ARRUDA	2093	M	00:38:03.95	01:17:08.61	01:15:42.35	BANCO MILLENIMU BCP
1376	TERESA MONTEZ	3038	F	00:38:45.85	01:17:10.32	01:11:51.47	FM
1377	ANTÓNIA MACHADO	2351	F	00:36:26.47	01:17:15.35	01:16:16.35	
1378	RITA CABRAL	3093	F	00:36:42.58	01:17:38.40	01:16:32.14	
1379	JÚLIO FLÔR	2346	M	00:36:41.83	01:17:38.67	01:16:32.47	
1380	JOANA MALCATA	2002	F	00:36:55.71	01:17:44.89	01:16:41.56	Grupo Correr na Cidade
1381	ALEXANDRA RUIVO	2395	F	00:36:40.56	01:17:45.53	01:16:40.80	
1382	MANUEL ANTÓNIO CASTELEIRO BRITO COLAÇO	2153	M	00:34:06.89	01:17:46.15	01:16:21.02	
1383	BO IRIK	2001	F	00:36:56.61	01:17:46.96	01:16:47.42	Grupo Correr na Cidade
1384	MARCO ARRAYA	3241	M	00:38:46.38	01:18:17.66	01:16:43.63	
1385	TERESA AMARAL	2440	F	00:38:46.80	01:18:17.71	01:16:43.18	
1386		114	M	00:34:43.45	01:18:25.31	01:17:33.66	
1387	ALEXANDRA MACHADO	3498	F	00:34:43.52	01:18:25.54	01:17:34.01	Hot Runners
1388	TÂNIA LOPES	2031	F	00:36:40.13	01:18:45.25	01:18:21.20	Fund Box
1389	RITA SIMÕES	3339	F	00:38:24.33	01:19:09.74	01:15:56.33	
1390	ENRICO VIANINI	3340	M	00:38:24.07	01:19:09.86	01:15:57.56	
1391	MARA SANTOS	2788	F	00:37:15.89	01:19:54.61	01:18:27.60	
1392	SARA FARIA	2382	F	00:37:18.89	01:19:55.75	01:18:55.26	LeYa
1393	NUNO JERÓNIMO	3403	M	00:41:31.20	01:20:40.17	01:19:55.73	Cofina Runners
1394	NUNO SILVA	3549	M	00:26:46.54	01:21:54.37	01:21:36.66	GCP
1395	ZENOLIA SANTOS	3307	F	00:40:59.21	01:21:56.82	01:21:56.82	

Lugar	Nome	Dorsal	Género	Tempo 5KM	Tempo Final	Tempo Chip	Clube
1396		141	M	00:40:07.83	01:22:29.52	01:21:33.64	
1397	JOSÉ CANELA	3042	M	00:40:00.06	01:24:47.59	01:23:51.54	
1398	PATRICIA AUGUSTO	3043	F	00:40:00.64	01:24:49.90	01:23:53.23	
1399	LUCINDA HENRIQUES	2700	F	00:40:27.97	01:26:30.95	01:25:33.29	
1400	JOÃO CAMPOS	1923	M	00:42:19.10	01:28:52.06	01:27:17.01	Escadas e Escadinhas
1401	ELSA FONSECA	2770	F	00:42:20.04	01:28:52.35	01:27:17.74	
1402	ANTÓNIO MIGUEL DE MEDEIROS CORREIA	1919	M	00:46:03.83	01:29:42.72	01:28:14.44	SPEM
1403	RITA ANASTACIO	2569	F	00:43:16.51	01:30:02.10	01:28:48.72	
1404	CARLA BORGES	2568	F	00:43:16.12	01:30:02.92	01:28:49.16	