

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
1	247	AMÉRICO L G PEREIRA	M	52	M5054	1 C BENFICA ALG M MARTINS	00:35:14	00:35:14
2	995	JOAO INOCENCIO	M	46	M4549	1 A VALE SILENCIO	00:36:04	00:36:04
3	133	PEDRO CAVILHAS	M	45	M4549	2 BELÉM RUNNERS	00:36:29	00:36:27
4	921	RICARDO JORDÃO	M	34	M0039	1 CUA BENAVENTENSE	00:36:42	00:36:42
5	148	LUIS BRITO	M	41	M4044	1 CA VALE FIGUEIRA	00:37:02	00:37:02
6	269	PAULO CARVALHO	M	47	M4549	3 SC REBOLEIRA DAMAIA	00:37:14	00:37:14
7	848	HUSSENE KESHAVJEE	M	42	M4044	2	00:37:29	00:37:28
8	891	JOÃO DOMINGOS	M	45	M4549	4	00:37:32	00:37:32
9	842	LICÍNIO PEREIRA	M	60	M6099	1 ID VIEIRENSE	00:38:05	00:38:02
10	20	RICARDO CABO	M	27	M0039	2	00:38:07	00:38:05
11	435	NUNO SOARES	M	34	M0039	3 CORRER LISBOA	00:38:12	00:38:12
12	612	JOÃO PATEIRA	M	38	M0039	4	00:38:24	00:38:24
13	439	PEDRO MARQUES	M	47	M4549	5	00:38:38	00:38:38
14	614	RUI CANELAS	M	30	M0039	5 CROSSFIT ALPHADEN	00:38:41	00:38:41
15	925	KCÉNIA BOUGROVA	F	22	F0039	1 SPORTING CP	00:38:46	00:38:46
16	459	FERNANDO CANDEIAS	M	45	M4549	6 SS CGD	00:38:51	00:38:51
17	420	HENRIQUE COELHO	M	44	M4044	3	00:39:08	00:39:08
18	924	FABIO SILVA	M	30	M0039	6 GDCT REPSOL POLÍMEROS	00:39:15	00:39:15
19	329	ÂNGELO SILVA	M	33	M0039	7 CCDT METRO LX	00:39:15	00:39:10
20	1007	ANTONIO J LOURO	M	43	M4044	4	00:39:26	00:39:23
21	972	JORGE AMARAL	M	47	M4549	7 AMINHACORRIDA/MYPROTEIN	00:39:35	00:39:33
22	529	TIAGO A F CASTELA	M	28	M0039	8 DCI - CCDRP MEALHADA	00:39:45	00:39:43
23	981	MIGUEL V FERNANDES	M	37	M0039	9 EPAL	00:39:48	00:39:44
24	251	PEDRO J C GOUVEIA	M	48	M4549	8 GRCD LEIÃO	00:39:57	00:39:57
25	693	RUI HENRIQUES	M	37	M0039	10 SS MONTEPIO GERAL	00:40:00	00:40:00
26	865	GIL XAVIER ALVES	M	40	M4044	5 UNIDOS DA MANUTENÇÃO	00:40:08	00:40:08
27	990	GUILHERME R HORA	M	42	M4044	6 EPAL	00:40:13	00:40:10
28	333	JOÃO PASTOR	M	44	M4044	7 CCDT METRO LX	00:40:15	00:40:11
29	1036	PEDRO MARQUES	M	52	M5054	2 CONQUISTA GINASIO	00:40:20	00:40:16
30	41	ANTONIO GRAÇA	M	52	M5054	3	00:40:32	00:40:28
31	345	RUI CORREIA	M	39	M0039	11 GDCT IN CASA MOEDA	00:40:35	00:40:27
32	440	JAIME LAMEGO	M	56	M5559	1 XTREME LEVEL	00:40:43	00:40:41
33	283	PAULO ALVES	M	38	M0039	12 FALCÕES SELVAGENS	00:40:43	00:40:40
34	993	TIAGO POVOA	M	31	M0039	13 A VALE SILENCIO	00:40:47	00:40:47
35	857	CARLOS E LOURENÇO	M	48	M4549	9	00:40:55	00:40:50
36	791	MIGUEL RODRIGUES	M	38	M0039	14 WEVENTUAL	00:40:56	00:40:53
37	646	JOSÉ M GOMES	M	56	M5559	2	00:40:58	00:40:56
38	1035	ADRIANO ARAUJO	M	40	M4044	8 CONQUISTA GINASIO	00:41:03	00:41:01
39	223	PEDRO NEVES	M	32	M0039	15 CLUBE NOVO BANCO	00:41:08	00:41:08
40	971	IGOR FONSECA LUÍS	M	44	M4044	9	00:41:11	00:41:10
41	594	JOAO CARVALHO	M	53	M5054	4 C MILLENNIUM BCP	00:41:14	00:41:12
42	863	MANUEL SOARES	M	51	M5054	5 UNIDOS DA MANUTENÇÃO	00:41:16	00:41:14
43	638	EDMUNDO F F FONTE	M	53	M5054	6	00:41:16	00:41:12
44	781	PEDRO ROXO	M	34	M0039	16	00:41:18	00:41:18
45	511	MANUEL ROQUE	M	33	M0039	17 UDFAC	00:41:21	00:41:08

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
46	974	LUCILIA SOARES	F	54	F4599 1	AMINHACORRIDA/MYPROTEIN	00:41:30	00:41:30
47	769	ORLANDO CORREIA	M	45	M4549 10	AB CAMPOLIDE	00:41:37	00:41:33
48	419	LUIS M W D VENTURA	M	37	M0039 18	MONTES SALOIOS JOBRINDES	00:41:40	00:41:37
49	335	CARLOS MOREIRA	M	63	M6099 2	CCDT METRO LX	00:41:55	00:41:18
50	323	JOSÉ A T FERREIRA	M	40	M4044 10	CCDT METRO LX	00:41:56	00:41:20
51	42	LUIS M SILVA	M	44	M4044 11		00:42:07	00:42:05
52	402	VITOR BATISTA	M	47	M4549 11		00:42:13	00:42:02
53	959	ANTONIO REBELO	M	45	M4549 12		00:42:15	00:41:53
54	437	JULIO VICENTE	M	42	M4044 12		00:42:17	00:42:14
55	778	BRUNO FRANCISCO	M	33	M0039 19	A TRINHÃO PONTE FAJÃO	00:42:20	00:42:18
56	847	PEDRO TEIXEIRA	M	43	M4044 13	TEAM ERCÍLIA	00:42:21	00:42:15
57	743	MARIA FRIAS	F	51	F4599 2	AA MAFRA	00:42:22	00:42:22
58	495	ANTÓNIO GUEDES	M	45	M4549 13	AÇOREANA	00:42:25	00:42:25
59	209	LUÍS GODINHO	M	50	M5054 7	CLUBE NOVO BANCO	00:42:25	00:42:15
60	210	LUÍS MONTEIRO	M	44	M4044 14	CLUBE NOVO BANCO	00:42:27	00:42:17
61	917	JOSÉ JARMELA	M	52	M5054 8	NAZ ABOBODA	00:42:29	00:42:28
62	622	ARMANDO J V DIAS	M	51	M5054 9	MASSAMÁ RUN	00:42:34	00:42:30
63	926	LUIS ANICETO	M	58	M5559 3		00:42:36	00:42:10
64	238	LEONEL MENDES	M	30	M0039 20		00:42:45	00:42:42
65	992	JORGE JANUARIO	M	39	M0039 21	A VALE SILENCIO	00:42:46	00:42:46
66	603	ANTONIO BRAGA	M	57	M5559 4	C MILLENNIUM BCP	00:42:50	00:42:48
67	797	NUNO RICARDO	M	38	M0039 22	WEVENTUAL	00:42:51	00:42:47
68	482	TIAGO M S ARAÚJO	M	18	M0039 23		00:42:52	00:42:52
69	639	ANTÓNIO J L MARTINS	M	50	M5054 10	NAV RUNNERS	00:43:02	00:42:53
70	602	RICARDO MARTA	M	37	M0039 24	C MILLENNIUM BCP	00:43:04	00:43:04
71	474	PEDRO LUZIO	M	40	M4044 15	SS CGD	00:43:04	00:42:58
72	423	RUI MARTINS	M	34	M0039 25		00:43:04	00:43:02
73	962	PETER STEINHAUSEN	M	64	M6099 3		00:43:06	00:43:06
74	30	FERNANDO SALGUEIRO	M	41	M4044 16	SALGUEIROS	00:43:15	00:43:07
75	787	ALCINDO A RAMALHO	M	33	M0039 26	WEVENTUAL	00:43:17	00:42:57
76	23	HELDER FAIA	M	40	M4044 17		00:43:19	00:43:04
77	1005	LUIS BIAIO	M	27	M0039 27		00:43:20	00:43:01
78	109	GONÇALO ALMEIDA	M	25	M0039 28		00:43:21	00:43:09
79	441	RUI REGO	M	29	M0039 29	QUALY - PRODUTOS DE LIMPEZA	00:43:22	00:43:17
80	62	PEDRO LIMA	M	38	M0039 30		00:43:46	00:43:08
81	1012	BRUNO SOUSA	M	18	M0039 31	AB CAMPOLIDE	00:43:47	00:43:45
82	670	PAULO VIEIRA	M	49	M4549 14		00:43:50	00:43:29
83	365	LUIS M PEREIRA	M	45	M4549 15		00:44:01	00:43:22
84	871	PAULO BASILIO	M	49	M4549 16	OS ZATPEQUES	00:44:05	00:43:28
85	108	MARCO D S F SANTOS	M	37	M0039 32		00:44:06	00:44:06
86	899	CARLOS SANTOS	M	47	M4549 17	GD INE	00:44:11	00:44:00
87	739	NUNO AURELIANO	M	38	M0039 33		00:44:16	00:43:45
88	834	JOÃO S NUNES	M	53	M5054 11	OS AMIGOS DO TEJO	00:44:17	00:44:16
89	104	CARLOS M MARQUES	M	38	M0039 34		00:44:24	00:43:24
90	851	NUNO SILVA	M	30	M0039 35	AC SALVATERRA	00:44:25	00:44:17

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
91	259	EDUARDO LUÍS	M	38	M0039 36	ATÓMICOS	00:44:27	00:44:11
92	204	HUGO CARAGO	M	42	M4044 18	CLUBE NOVO BANCO	00:44:31	00:44:20
93	125	JOAO LOPES	M	32	M0039 37		00:44:33	00:44:21
94	817	MIGUEL ROCHA	M	45	M4549 18		00:44:35	00:44:16
95	825	DAVID PINHEIRO	M	38	M0039 38		00:44:37	00:43:56
96	864	FERNANDO GOMES	M	43	M4044 19	UNIDOS DA MANUTENÇÃO	00:44:38	00:44:37
97	843	ALEXANDRE COSTA	M	40	M4044 20	CLUBE VODAFONE	00:44:39	00:44:30
98	29	MARISA F ANTUNES	F	24	F0039 2	NUCLEOEIRAS ADNO	00:44:41	00:44:37
99	1013	JOAO SOUSA	M	18	M0039 39	AB CAMPOLIDE	00:44:47	00:44:45
100	934	JOSE AVELINO	M	60	M6099 4	CC ARCOS VALDEVEZ	00:44:51	00:44:45
101	943	NUNO ARCHER	M	50	M5054 12	PERNAS DE GAFANHOTO	00:44:52	00:44:15
102	952	FÁBIO CAMEIRA	M	21	M0039 40	DREAMTEAM	00:44:58	00:44:37
103	548	VITOR MARQUES	M	46	M4549 19	C MILLENNIUM BCP	00:45:00	00:44:55
104	462	JOSE AUGUSTO	M	38	M0039 41	SS CGD	00:45:01	00:44:48
105	327	JOÃO MENDES	M	45	M4549 20	CCDT METRO LX	00:45:02	00:44:46
106	740	LUIS ANDRADE	M	34	M0039 42	AC SALVATERRA	00:45:02	00:44:54
107	692	RICARDO P SOUSA	M	36	M0039 43	SS MONTEPIO GERAL	00:45:09	00:45:07
108	831	ANTÓNIO P D C F MIRANDA	M	26	M0039 44		00:45:09	00:45:09
109	410	ANDRÉ NOVAIS	M	29	M0039 45		00:45:13	00:44:40
110	898	FIRMINO M S DUARTE	M	40	M4044 21	ADCR PJ	00:45:13	00:45:01
111	451	JOAO SILVA	M	48	M4549 21	SS CGD	00:45:16	00:44:52
112	629	TORQUATO CARDOSO	M	33	M0039 46	NAV RUNNERS	00:45:18	00:45:11
113	595	LUIS GONÇALVES	M	41	M4044 22	C MILLENNIUM BCP	00:45:21	00:45:16
114	467	NOEMIA SEQUEIRA	F	48	F4599 3	SS CGD	00:45:28	00:45:26
115	969	JOSÉ OGANDO	M	40	M4044 23	PERNAS DE GAFANHOTO	00:45:36	00:45:36
116	506	EDUARDO RIBEIRO	M	32	M0039 47		00:45:41	00:45:41
117	893	PAULO J O SIMÕES	M	38	M0039 48		00:45:43	00:45:28
118	456	CARLOS LEITAO	M	53	M5054 13	SS CGD	00:45:44	00:45:44
119	874	JOSE CUNHA	M	52	M5054 14	OS ZATOPEQUES	00:45:48	00:45:14
120	984	MARIO A R ALVES	M	31	M0039 49	EPAL	00:45:51	00:45:25
121	900	HENRIQUE GONÇALVES	M	48	M4549 22	SS CGD	00:45:57	00:45:52
122	258	CARLOS CRAVEIRA	M	45	M4549 23		00:46:00	00:45:53
123	953	HUGO E RODRIGUES	M	18	M0039 50	DREAMTEAM	00:46:15	00:45:55
124	214	MANUEL MANTEIGAS	M	32	M0039 51	CLUBE NOVO BANCO	00:46:16	00:46:04
125	820	ARMANDO CORREIA	M	64	M6099 5	LESMAS ALOPRADAS	00:46:16	00:46:09
126	286	ANTONIO ALMEIDA	M	53	M5054 15	ND AUTOCOOPE	00:46:19	00:46:15
127	504	DAVID BAPTISTA	M	33	M0039 52		00:46:27	00:46:24
128	473	PEDRO FONTOURA	M	46	M4549 24	SS CGD	00:46:28	00:46:23
129	220	LUÍS JOSÉ	M	46	M4549 25	CLUBE NOVO BANCO	00:46:33	00:46:22
130	479	AFONSO ANDRÉ	M	29	M0039 53		00:46:35	00:46:01
131	705	ANDRE FALCAO	M	30	M0039 54	ELITE RUNNERS	00:46:37	00:46:37
132	264	RUI DUARTE	M	41	M4044 24		00:46:39	00:46:35
133	994	JOAO BOGALHEIRO	M	47	M4549 26	A VALE SILENCIO	00:46:40	00:46:23
134	788	PEDRO MARQUES	M	33	M0039 55	WEVENTUAL	00:46:41	00:46:23
135	907	MAFALDA MARTINHO	F	28	F0039 3		00:46:43	00:46:41

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
136	409	PEDRO MENESES	M	28	M0039 56		00:46:45	00:46:11
137	481	NUNO M P ARAÚJO	M	44	M4044 25		00:46:47	00:46:34
138	679	NUNO LUCAS	M	36	M0039 57	PERNAS DE GAFANHOTO	00:46:50	00:46:12
139	174	ALEXANDRE FERREIRA	M	40	M4044 26		00:46:53	00:46:53
140	744	JOÃO FRIAS	M	49	M4549 27	AA MAFRA	00:46:53	00:46:51
141	699	JORGE F FERREIRA	M	45	M4549 28		00:46:55	00:46:11
142	149	ANTONIO CAMACHO	M	64	M6099 6	CA VALE FIGUEIRA	00:46:58	00:46:58
143	534	JOÃO BUCHO	M	35	M0039 58		00:47:02	00:46:39
144	501	JOÃO PIRES	M	46	M4549 29		00:47:03	00:46:45
145	611	MARCO A B DIAS	M	22	M0039 59		00:47:04	00:46:35
146	142	CARLOS COSTA	M	45	M4549 30	CLUBE ANACOM	00:47:08	00:47:08
147	274	MARTIM CORREIA	M	18	M0039 60		00:47:08	00:46:59
148	141	JOÃO M COCHARRO	M	39	M0039 61		00:47:14	00:46:57
149	771	LUIS GAMA	M	53	M5054 16	AB CAMPOLIDE	00:47:17	00:46:51
150	478	SILVIA NEIVA	F	46	F4599 4	SS CGD	00:47:22	00:47:02
151	956	TIAGO C OLIVEIRA	M	28	M0039 62	DREAMTEAM	00:47:24	00:47:05
152	951	MANUEL MARTINHO	M	49	M4549 31	CCD-AT	00:47:25	00:46:44
153	38	JOÃO FIALHO	M	37	M0039 63	CCD-AT	00:47:27	00:46:46
154	533	NUNO GASPAR	M	36	M0039 64		00:47:28	00:47:14
155	379	CARLOS MARQUES	M	55	M5559 5	TRILHOS E CORRIDAS DE TERCENA	00:47:30	00:47:22
156	978	ANTONIO P NARCISO	M	53	M5054 17	EPAL	00:47:31	00:46:41
157	469	NUNO VALADA	M	45	M4549 32	SS CGD	00:47:34	00:47:14
158	396	RUI COSTA	M	30	M0039 65		00:47:44	00:47:15
159	415	PAULO PIRES	M	49	M4549 33	AMIGOS ALAMEDA	00:47:47	00:47:38
160	918	ANTONIO S VIEIRA	M	67	M6099 7	PLANTA DO PÉ	00:47:52	00:47:50
161	881	PAULO A D COELHO	M	30	M0039 66		00:47:52	00:46:55
162	700	TIAGO VAZ	M	31	M0039 67		00:47:57	00:47:15
163	884	NUNO BELA	M	36	M0039 68	TEAM ERCÍLIA	00:47:59	00:47:52
164	244	JOSÉ A GONÇALVES	M	52	M5054 18	CLUBE NOVO BANCO	00:48:00	00:47:51
165	913	JOAO VILA LUZ	M	18	M0039 69	VILA LUZ TEAM	00:48:01	00:47:34
166	281	BENEDITA TAVARES	F	38	F0039 4	RUN4BEER	00:48:02	00:47:49
167	235	TIAGO FERREIRA	M	37	M0039 70	OPTICALIA RT	00:48:03	00:47:47
168	498	FERNANDO CELESTINO	M	58	M5559 6	AÇOREANA	00:48:06	00:47:47
169	502	TIAGO ANTUNES	M	33	M0039 71		00:48:06	00:48:04
170	14	MANUEL SILVA	M	61	M6099 8		00:48:12	00:48:10
171	117	RICARDO PIMENTA	M	41	M4044 27		00:48:14	00:48:01
172	489	NUNO AVÓ	M	49	M4549 34	AÇOREANA	00:48:18	00:47:58
173	936	MIGUEL R ANDRADE	M	44	M4044 28		00:48:19	00:48:19
174	503	JOÃO J C FERNANDES	M	32	M0039 72		00:48:22	00:48:18
175	544	JOÃO XAVIER	M	44	M4044 29		00:48:23	00:48:04
176	726	NUNO CORREIA	M	37	M0039 73	CDCR CTT	00:48:25	00:48:12
177	866	PEDRO M S PINTO	M	30	M0039 74		00:48:26	00:48:05
178	973	TINA OLIVEIRA	F	52	F4599 5	AMINHACORRIDA/MYPROTEIN	00:48:28	00:48:25
179	282	ALVARO MIRANDA	M	45	M4549 35		00:48:30	00:48:26
180	933	JOSE BELO	M	45	M4549 36		00:48:35	00:48:07

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
181	363	RUI FERNANDES	M	45	M4549	37	00:48:35	00:48:20
182	957	ALEXANDRU G STOICA	M	18	M0039	75 DREAMTEAM	00:48:40	00:48:18
183	416	JOAQUIM COSTA	M	55	M5559	7 AMIGOS ALAMEDA	00:48:43	00:48:33
184	316	JOÃO FERREIRA	M	32	M0039	76 RUN BITCHES, RUN	00:48:46	00:48:29
185	873	JOAO SILVA	M	57	M5559	8 OS ZATOPEQUES	00:48:46	00:48:02
186	798	ANA M FERREIRA	F	34	F0039	5 WEVENTUAL	00:48:48	00:48:29
187	774	MANUEL MARTINS	M	60	M6099	9 AB CAMPOLIDE	00:48:50	00:48:43
188	838	MIGUEL Â T GONÇALVES	M	30	M0039	77	00:48:50	00:48:04
189	653	JOAQUIM GUERRA	M	53	M5054	19 QUEIRIZ	00:48:50	00:48:10
190	837	JOÃO BARRAL	M	41	M4044	30 PERNAS DE GAFANHOTO	00:48:55	00:48:16
191	941	IDALÉCIO BARROS	M	62	M6099	10	00:48:55	00:48:55
192	276	ÁLVARO SILVA	M	35	M0039	78 RATAZANAS DO MATO	00:48:56	00:48:27
193	524	TIAGO M RIBEIRO	M	33	M0039	79	00:48:56	00:48:29
194	463	JOSE DIMAS	M	47	M4549	38 SS CGD	00:48:57	00:48:48
195	623	RUI M V DIAS	M	36	M0039	80 MASSAMÁ RUN	00:48:59	00:48:55
196	804	NUNO MIGUEL	M	27	M0039	81	00:48:59	00:48:35
197	150	RUI VIEITAS	M	40	M4044	31 FAT OLD DUDES	00:49:00	00:48:57
198	927	JOSÉ MONSANTO	M	36	M0039	82	00:49:00	00:48:04
199	853	MANUEL VALENÇA	M	36	M0039	83 TEAM ERCÍLIA	00:49:05	00:48:58
200	532	PEDRO F CORREIA	M	47	M4549	39	00:49:06	00:48:43
201	1019	PATRICIA LOURENCO	F	37	F0039	6	00:49:08	00:48:53
202	885	ROMAO BANDARRINHA	M	58	M5559	9	00:49:09	00:48:27
203	407	FILIPE ALMEIDA	M	36	M0039	84 ENCONTRAMO-NOS NA META	00:49:10	00:48:27
204	949	CARLA JARDIM	F	44	F4044	1 AA MAFRA	00:49:11	00:49:08
205	287	CARLOS FERREIRA	M	59	M5559	10 ND AUTOCOOPE	00:49:15	00:49:11
206	955	RAFAEL N SILVA	M	18	M0039	85 DREAMTEAM	00:49:25	00:49:25
207	830	DIOGO VELASCO	M	24	M0039	86 FENIX TEAM	00:49:26	00:49:26
208	715	JOSÉ C P SOARES	M	36	M0039	87 ELITE RUNNERS	00:49:28	00:49:18
209	190	MIGUEL FERREIRA	M	41	M4044	32	00:49:28	00:48:48
210	829	MARTA VASCONCELOS	F	27	F0039	7 NUTRIBABES	00:49:28	00:48:39
211	208	JÚLIO FERREIRA	M	62	M6099	11 CLUBE NOVO BANCO	00:49:33	00:49:22
212	772	MANUEL FONSECA	M	52	M5054	20 AB CAMPOLIDE	00:49:37	00:49:37
213	222	PEDRO DOMINGOS	M	44	M4044	33 CLUBE NOVO BANCO	00:49:39	00:48:57
214	245	RUI GAMA	M	46	M4549	40 CLUBE NOVO BANCO	00:49:39	00:48:56
215	37	NUNO CORTÊS	M	39	M0039	88	00:49:41	00:49:09
216	923	LUÍS FIGUEIREDO	M	54	M5054	21	00:49:41	00:49:25
217	616	KAROLINA SZERLAG	F	26	F0039	8	00:49:44	00:49:34
218	246	SÉRGIO EIRA	M	44	M4044	34 CLUBE NOVO BANCO	00:49:47	00:49:24
219	486	JOÃO MELO	M	30	M0039	89 AÇOREANA	00:49:50	00:49:29
220	559	EDUARDO VILHENA	M	49	M4549	41 C MILLENNIUM BCP	00:49:53	00:49:12
221	352	HUGO GONÇALVES	M	39	M0039	90 MARIA FRANCISCA	00:49:54	00:49:17
222	391	ALMERINDO SILVA	M	57	M5559	11 ADC CATUJAL	00:49:56	00:49:07
223	146	PEDRO CONFRARIA	M	39	M0039	91 CARVALHO CONFRARIA	00:49:56	00:49:36
224	413	JOSÉ NEVES	M	64	M6099	12 NEVES	00:49:56	00:49:42
225	759	CARLOS MAGALHÃES	M	34	M0039	92	00:49:56	00:49:18

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
226	429	JORGE ROCHA	M	37	M0039 93	FÓNIX TEAM	00:49:58	00:49:06
227	414	CARLOS NEVES	M	36	M0039 94	NEVES	00:50:01	00:49:48
228	373	RICARDO OLIVEIRA	M	33	M0039 95		00:50:03	00:49:38
229	188	NUNO F N V S AFONSO	M	35	M0039 96	ANITA VAI AO QUIZ	00:50:03	00:49:13
230	392	JOÃO PASSEIRO	M	54	M5054 22	ADC CATUJAL	00:50:04	00:49:13
231	211	LUÍS SOUSA	M	42	M4044 35	CLUBE NOVO BANCO	00:50:09	00:49:47
232	682	RENATO GOMES	M	38	M0039 97		00:50:10	00:49:35
233	681	CAMILA GOMES	F	34	F0039 9		00:50:10	00:49:34
234	565	JOSE RODRIGUES	M	66	M6099 13	C MILLENNIUM BCP	00:50:12	00:50:00
235	271	VÍTOR GONZAS	M	49	M4549 42	PIRATE RUNNERS	00:50:16	00:50:10
236	13	FERNANDO OLIVEIRA	M	49	M4549 43		00:50:17	00:50:13
237	528	JOÃO P A RIBEIRO	M	31	M0039 98		00:50:17	00:50:11
238	745	BRUNO COSTA	M	35	M0039 99		00:50:17	00:50:13
239	114	GUILHERME BARON	M	39	M0039 100		00:50:20	00:50:02
240	688	JAIME GOMES	M	60	M6099 14	SS MONTEPIO GERAL	00:50:22	00:50:13
241	455	BRUNO RAINHO	M	53	M5054 23	SS CGD	00:50:23	00:50:00
242	813	JOÃO C R FERREIRA	M	45	M4549 44		00:50:23	00:50:03
243	328	JOSÉ F S ALVES	M	45	M4549 45	CCDT METRO LX	00:50:24	00:50:08
244	12	PAULO SOUSA	M	43	M4044 36		00:50:29	00:50:24
245	221	PAULO VERISSIMO	M	49	M4549 46	CLUBE NOVO BANCO	00:50:29	00:50:18
246	158	RICARDO LEITÃO	M	40	M4044 37	AERORUNNERS	00:50:31	00:49:56
247	895	DAVID SILVA	M	35	M0039 101		00:50:33	00:49:54
248	510	LUIS FERNANDES	M	41	M4044 38	UDFAC	00:50:36	00:50:23
249	292	PEDRO SEQUEIRA	M	37	M0039 102	ND AUTOCOOPE	00:50:38	00:50:32
250	760	FERNANDO GONÇALVES	M	46	M4549 47		00:50:38	00:50:22
251	686	ANTÓNIO FRANCO	M	51	M5054 24	SS MONTEPIO GERAL	00:50:41	00:50:09
252	729	JOÃO REIS	M	52	M5054 25	CDCR CTT	00:50:42	00:50:30
253	1020	RICARDO SANTOS	M	39	M0039 103		00:50:43	00:50:37
254	645	ANA S A SOBREIRA	F	45	F4599 6		00:50:44	00:50:36
255	457	CARLOS FIGUEIREDO	M	41	M4044 39	SS CGD	00:50:44	00:50:36
256	82	TIAGO ABREU	M	30	M0039 104	POWERBOOST CLUB	00:50:46	00:50:46
257	673	MÁRIO GOMES	M	24	M0039 105	VISION-BOX	00:50:54	00:50:25
258	66	MANUEL DIAS	M	49	M4549 48	CA AMORA	00:50:54	00:50:28
259	685	PEDRO GABRIEL	M	39	M0039 106		00:50:57	00:50:29
260	1003	TIAGO FONSECA	M	42	M4044 40		00:51:01	00:50:26
261	886	JOSÉ M G SOUSA	M	31	M0039 107		00:51:02	00:50:52
262	509	IVO ESPERANÇA	M	36	M0039 108	UDFAC	00:51:02	00:50:48
263	126	BRUNO LOURENÇO	M	35	M0039 109		00:51:07	00:51:07
264	371	NUNO CRUZ	M	39	M0039 110	MODA FOCA	00:51:07	00:50:17
265	291	SERGIO BORGES	M	44	M4044 41	ND AUTOCOOPE	00:51:11	00:51:11
266	487	CARLOS BARGADO	M	52	M5054 26	AÇOREANA	00:51:14	00:50:53
267	669	DIOGO NETO	M	50	M5054 27		00:51:16	00:51:09
268	626	SARA VALADARES	F	44	F4044 2	AMCF - ARRÁBIDA TRAIL TEAM	00:51:17	00:50:55
269	255	CARLOS GONÇALVES	M	52	M5054 28	SFUAP	00:51:22	00:51:13
270	610	VASCO ANICETO	M	40	M4044 42	C MILLENNIUM BCP	00:51:22	00:51:15

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
271	445	EDUARDO RIBEIRO	M	49	M4549 49	GDCT UNICRE	00:51:23	00:50:59
272	477	SEBASTIAO BARATA	M	47	M4549 50	SS CGD	00:51:27	00:51:27
273	779	LUÍS GAMA	M	53	M5054 29	A TRINHÃO PONTE FAJÃO	00:51:28	00:51:02
274	127	NUNO NUNES	M	42	M4044 43	CCD-AT	00:51:31	00:50:50
275	980	PEDRO F ANTUNES	M	40	M4044 44	EPAL	00:51:32	00:51:04
276	102	RUI COSTA	M	35	M0039 111	XXI CROSSFIT	00:51:37	00:51:03
277	253	ÁLVARO ALPOIM	M	53	M5054 30		00:51:37	00:51:13
278	252	LUIS M P VIEIRA	M	43	M4044 45		00:51:37	00:51:13
279	909	PEDRO M O NUNES	M	31	M0039 112	GDCFA	00:51:45	00:51:45
280	677	RICARDO OLIVEIRA	M	39	M0039 113	VISION-BOX	00:51:45	00:51:12
281	375	SUSANA FRAZÃO	F	35	F0039 10		00:51:45	00:51:33
282	906	ARISTIDES MONTEIRO	M	46	M4549 51		00:51:46	00:51:14
283	844	CARLOS FERNANDES	M	50	M5054 31	CLUBE VODAFONE	00:51:47	00:50:49
284	308	CARLOS COSTA	M	50	M5054 32	A VALE SILENCIO	00:51:49	00:51:31
285	170	ANTÓNIO J VARELA	M	50	M5054 33		00:51:49	00:51:44
286	940	RICARDO SANTOS	M	24	M0039 114		00:51:50	00:51:18
287	553	FILIPA VILAR	F	31	F0039 11	C MILLENNIUM BCP	00:51:52	00:51:47
288	862	LUÍS BRAZÃO	M	68	M6099 15	UNIDOS DA MANUTENÇÃO	00:51:58	00:51:58
289	228	VANDA MURTEIRA	F	42	F4044 3	CLUBE NOVO BANCO	00:52:00	00:51:37
290	405	PAULO MASSANO	M	37	M0039 115	ENCONTRAMO-NOS NA META	00:52:02	00:51:20
291	1006	EMANUELE TEODORI	M	32	M0039 116		00:52:08	00:51:44
292	372	PEDRO GASPAR	M	24	M0039 117	MODA FOCA	00:52:08	00:51:19
293	280	ANTÓNIO TAVARES	M	42	M4044 46	RUN4BEER	00:52:08	00:51:51
294	1008	TIAGO C ROCHA	M	29	M0039 118		00:52:10	00:51:36
295	732	CARLOS MARTINS	M	42	M4044 47		00:52:11	00:51:14
296	94	FRANCISCO MORAIS	M	53	M5054 34		00:52:14	00:51:41
297	1018	ATLETA NÃO CADASTRADO	M	0	M0039 119		00:52:18	00:51:39
298	401	CARLOS COUTINHO	M	45	M4549 52		00:52:18	00:51:38
299	731	SERGIO PEREIRA	M	29	M0039 120		00:52:24	00:51:53
300	422	PEDRO LUCAS	M	38	M0039 121		00:52:25	00:52:22
301	730	JOSÉ MACHADO	M	55	M5559 12	CDCR CTT	00:52:27	00:52:14
302	139	JOSÉ V ANDRADE	M	38	M0039 122	ADRC MATA BENFICA	00:52:28	00:52:06
303	39	ROGERIO GIMBA	M	53	M5054 35	HOMEM MOVIMENTO	00:52:29	00:51:29
304	370	JOÃO SIMÕES	M	29	M0039 123	MODA FOCA	00:52:32	00:51:42
305	701	TIAGO L FERREIRA	M	34	M0039 124	CORRER LISBOA	00:52:34	00:52:25
306	321	RODRIGO EUSÉBIO	M	32	M0039 125	RUN BITCHES, RUN	00:52:37	00:52:19
307	226	SILVIO PAIVA	M	65	M6099 16	CLUBE NOVO BANCO	00:52:37	00:52:17
308	213	MANUEL ANASTÁCIO	M	47	M4549 53	CLUBE NOVO BANCO	00:52:37	00:52:13
309	47	RUI MENDES	M	44	M4044 48		00:52:38	00:52:31
310	668	PAULO D D LACERDA	M	46	M4549 54		00:52:40	00:52:31
311	187	CARLOS G VIEIRA	M	43	M4044 49		00:52:41	00:52:09
312	889	FRANCISC SIMÃO	M	34	M0039 126	PERNAS DE GAFANHOTO	00:52:41	00:52:41
313	93	CLARA RAIMUNDO	F	40	F4044 4	PERNAS DE GAFANHOTO	00:52:41	00:52:08
314	727	JOÃO AMBRIOSO	M	42	M4044 50	CDCR CTT	00:52:42	00:52:30
315	499	PAULO FERNANDES	M	48	M4549 55	AÇOREANA	00:52:43	00:52:02

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
316	596	FERNANDO ALMEIDA	M	48	M4549 56	C MILLENNIUM BCP	00:52:51	00:52:27
317	592	PEDRO FERNANDES	M	40	M4044 51	C MILLENNIUM BCP	00:52:52	00:52:20
318	905	FERNANDO GOMES	M	56	M5559 13		00:52:53	00:51:58
319	466	LUIS SILVA	M	47	M4549 57	SS CGD	00:52:54	00:52:45
320	337	RUI ÉVORA	M	35	M0039 127		00:52:54	00:52:30
321	50	VITOR TEIXEIRA	M	48	M4549 58		00:52:55	00:52:55
322	861	JOÃO P C ALVES	M	41	M4044 52		00:52:57	00:52:19
323	207	JORGE MONTEIRO	M	49	M4549 59	CLUBE NOVO BANCO	00:52:57	00:52:34
324	260	EDUARDO M BASSO	M	44	M4044 53		00:52:58	00:52:14
325	366	AUGUSTO RIBEIRO	M	48	M4549 60		00:52:58	00:52:54
326	57	ANA F C FEIJÃO	F	22	F0039 12		00:52:58	00:52:45
327	694	RUTE MORNA	F	41	F4044 5	SS MONTEPIO GERAL	00:52:59	00:52:51
328	716	JULIO M A PEREIRA	M	51	M5054 36		00:53:00	00:52:27
329	35	ANTÓNIO MANTEIGA	M	44	M4044 54		00:53:04	00:52:38
330	515	RITA GONÇALVES	F	26	F0039 13		00:53:05	00:52:44
331	480	TELMO A S RIBEIRO	M	39	M0039 128		00:53:07	00:52:49
332	341	JOÃO FREIRE	M	51	M5054 37	GDCT IN CASA MOEDA	00:53:12	00:53:04
333	343	NUNO GONÇALVES	M	41	M4044 55	GDCT IN CASA MOEDA	00:53:12	00:53:03
334	348	RUI BRÁZ	M	39	M0039 129	GDCT IN CASA MOEDA	00:53:12	00:53:12
335	676	RICARDO J O ARAÚJO	M	32	M0039 130	VISION-BOX	00:53:15	00:52:45
336	34	ÁLVARO GOMES	M	43	M4044 56		00:53:21	00:53:18
337	359	SÉRGIO A N COSTA	M	37	M0039 131	RUN & BOTA-ABAIXO	00:53:21	00:52:54
338	406	SOFIA AUGUSTO	F	33	F0039 14	ENCONTRAMO-NOS NA META	00:53:22	00:52:38
339	404	RAÚL MASSANO	M	37	M0039 132	ENCONTRAMO-NOS NA META	00:53:22	00:52:39
340	600	ARTUR LEITE	M	51	M5054 38	C MILLENNIUM BCP	00:53:23	00:53:19
341	931	SAMUEL SOUSA	M	38	M0039 133	TEAM BOCK	00:53:24	00:52:54
342	278	JOSE L S CORREIA	M	57	M5559 14		00:53:26	00:52:56
343	294	LUÍS MURCHO	M	28	M0039 134		00:53:26	00:52:55
344	684	ANA SANTOS	F	39	F0039 15		00:53:28	00:52:52
345	683	NELSON GOMES	M	38	M0039 135		00:53:29	00:52:53
346	643	ANTÓNIO DOMINGUES	M	51	M5054 39		00:53:29	00:52:43
347	930	HUGO TORRES	M	39	M0039 136	TEAM BOCK	00:53:31	00:53:01
348	910	GONÇALO ZAGALO	M	42	M4044 57	PERNAS DE GAFANHOTO	00:53:33	00:52:54
349	450	PEDRO HENRIQUES	M	30	M0039 137	SS CGD	00:53:35	00:53:12
350	938	MANUEL L COSTA	M	50	M5054 40	NEVAGUIVAP	00:53:36	00:53:32
351	945	ALBERTO MARTINS	M	52	M5054 41	BROTHERS IN MOTION	00:53:37	00:53:15
352	946	NUNO MARTINS	M	35	M0039 138	BROTHERS IN MOTION	00:53:37	00:53:15
353	965	MANUEL AÇO	M	47	M4549 61		00:53:38	00:53:29
354	1037	ATLETA NÃO CADASTRADO	M	0	M0039 139		00:53:38	00:53:10
355	388	FERNANDO B MARQUES	M	67	M6099 17	CP EDP CARREGADO	00:53:39	00:53:28
356	997	JOSE MOGA	M	58	M5559 15	A VALE SILENCIO	00:53:40	00:53:23
357	635	CARLOS LIMA	M	27	M0039 140	OS BARRIGUITAS	00:53:40	00:53:05
358	1031	JORGE SALVADO	M	53	M5054 42	C MILLENNIUM BCP	00:53:42	00:52:58
359	557	JOSE MARQUES	M	46	M4549 62	C MILLENNIUM BCP	00:53:43	00:52:59
360	947	MIGUEL ESTEVES	M	33	M0039 141		00:53:44	00:53:16



Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
361	768	TIAGO CORREIA	M	26	M0039 142	AB CAMPOLIDE	00:53:45	00:52:56
362	1038	ATLETA NÃO CADASTRADO	M	0	M0039 143		00:53:47	00:53:18
363	615	MIGUEL CASTRO	M	49	M4549 63		00:53:48	00:53:45
364	826	HUGO S NOGUEIRA	M	39	M0039 144		00:53:49	00:53:28
365	912	PAULO VILA LUZ	M	50	M5054 43	VILA LUZ TEAM	00:53:51	00:53:25
366	483	LUIS DOMINGUES	M	35	M0039 145		00:53:53	00:53:31
367	902	PEDRO GOMES	M	36	M0039 146	SS CGD	00:53:59	00:53:34
368	331	RAFAEL SANTOS	M	49	M4549 64	CCDT METRO LX	00:54:01	00:53:06
369	698	JOAO ESCALEIRA	M	59	M5559 16		00:54:01	00:53:03
370	336	RUI CARVALHO	M	29	M0039 147		00:54:03	00:53:38
371	369	FILIPA DAVID	F	27	F0039 16	MODA FOCA	00:54:09	00:54:09
372	54	AIRES ILDEFONSO	M	61	M6099 18		00:54:12	00:53:11
373	770	ANTONIO LIMA	M	53	M5054 44	AB CAMPOLIDE	00:54:20	00:54:20
374	717	HUGO COSTA	M	37	M0039 148		00:54:22	00:53:44
375	998	MARCOS FERREIRA	M	30	M0039 149	A SUAR DO BIGODE	00:54:22	00:53:32
376	531	ARMANDO VALENTE	M	46	M4549 65		00:54:24	00:54:24
377	935	MANUEL SA	M	67	M6099 19	CC ARCOS VALDEVEZ	00:54:25	00:54:10
378	975	GONALO BARROS	M	36	M0039 150		00:54:26	00:54:26
379	225	SAMUEL DUARTE	M	41	M4044 58	CLUBE NOVO BANCO	00:54:32	00:53:57
380	658	ANTONIO SOARES	M	50	M5054 45	TEAM SOARES	00:54:37	00:54:27
381	903	ANDRE WIBORG	M	54	M5054 46		00:54:38	00:54:14
382	786	SANDRA COVAL	F	37	F0039 17		00:54:41	00:53:57
383	1034	HUGO GASPAR	M	38	M0039 151		00:54:41	00:54:41
384	36	PAULO MOUTINHO	M	45	M4549 66		00:54:41	00:53:58
385	485	JOAO FRADE	M	45	M4549 67		00:54:45	00:54:04
386	574	RICARDO GOMES	M	45	M4549 68	C MILLENNIUM BCP	00:54:45	00:54:38
387	655	FERNANDO C T MARTINS	M	52	M5054 47		00:54:48	00:54:29
388	381	RUI GAMEIRO	M	43	M4044 59	CP RTP	00:54:48	00:54:29
389	753	CELSO PEREIRA	M	38	M0039 152	SRCD TESOUREIRA	00:54:50	00:54:07
390	110	HELDER F ESCOBAR	M	38	M0039 153	ÁGUIAS CARPINTEIRAS	00:54:55	00:54:26
391	460	JOAO ALMEIDA	M	46	M4549 69	SS CGD	00:54:58	00:54:51
392	332	JOSÉ SANTOS	M	47	M4549 70	CCDT METRO LX	00:55:01	00:54:23
393	31	PAULO MIRANDA	M	46	M4549 71	PAL	00:55:04	00:54:34
394	428	RUI RODRIGUES	M	34	M0039 154	FÓNIX TEAM	00:55:05	00:54:14
395	872	JOSE MORAIS	M	54	M5054 48	OS ZATOPEQUES	00:55:08	00:54:32
396	875	LUIS GRAVE	M	59	M5559 17	OS ZATOPEQUES	00:55:08	00:54:33
397	376	JORGE PINTO	M	69	M6099 20	CARACÓIS SONOLENTOS	00:55:12	00:55:01
398	879	JOSÉ SEBASTIÃO	M	45	M4549 72		00:55:12	00:54:58
399	157	MANUEL GOMES	M	51	M5054 49	CLUBE MARGINAL	00:55:15	00:54:34
400	979	LUIS C C NARCISO	M	27	M0039 155	EPAL	00:55:16	00:54:24
401	254	MIGUEL A M SILVA	M	49	M4549 73	RUN4CHILDREN	00:55:17	00:55:00
402	427	NUNO MARIZ	M	43	M4044 60	FÓNIX TEAM	00:55:18	00:54:27
403	86	ANA R MOTA	F	27	F0039 18		00:55:18	00:54:34
404	52	JOÃO TEIXEIRA	M	37	M0039 156		00:55:20	00:54:42
405	816	RUI CAFÉ	M	42	M4044 61		00:55:21	00:54:45

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
406	191	PAULO J DOMINGUES	M	44	M4044 62		00:55:21	00:54:41
407	121	PEDRO NAMORA	M	31	M0039 157	RUN AS WE SPEAK	00:55:22	00:54:37
408	120	ANDRÉ CARVALHO	M	31	M0039 158	RUN AS WE SPEAK	00:55:22	00:54:38
409	636	DANIEL NOGUEIRA	M	26	M0039 159	OS BARRIGUITAS	00:55:26	00:54:50
410	322	GUALDINO FREIRE	M	70	M6099 21	CCDT METRO LX	00:55:27	00:54:50
411	549	LEONEL BRANDAO	M	49	M4549 74	C MILLENNIUM BCP	00:55:28	00:55:22
412	546	JORGE SOARES	M	51	M5054 50	C MILLENNIUM BCP	00:55:28	00:54:45
413	344	PAULO SOUSA	M	42	M4044 63	GDCT IN CASA MOEDA	00:55:28	00:54:58
414	619	JOSE S M VERMELHUDO	M	56	M5559 18	NAV RUNNERS	00:55:29	00:55:17
415	792	INÊS C N SIMÃO	F	68	F4599 7	WEVENTUAL	00:55:29	00:55:14
416	793	TIAGO M S LOPES	M	32	M0039 160	WEVENTUAL	00:55:30	00:55:15
417	570	CARLOS RODRIGUES	M	58	M5559 19	C MILLENNIUM BCP	00:55:30	00:54:32
418	374	PAULO COSTA	M	33	M0039 161		00:55:30	00:55:04
419	598	PAULO GONÇALVES	M	43	M4044 64	C MILLENNIUM BCP	00:55:34	00:54:56
420	571	ANTONIO FERREIRA	M	50	M5054 51	C MILLENNIUM BCP	00:55:35	00:55:30
421	248	NUNO MOLERO	M	34	M0039 162		00:55:37	00:55:22
422	640	JOSÉ SILVA	M	31	M0039 163		00:55:42	00:55:06
423	123	JOÃO VALLE COSTA	M	48	M4549 75		00:55:42	00:55:17
424	389	NUNO OLIVEIRA	M	38	M0039 164		00:55:44	00:55:31
425	257	FERNANDO TEIXEIRA	M	55	M5559 20		00:55:45	00:55:22
426	932	PAULO MATEUS	M	27	M0039 165	TEAM BOCK	00:55:47	00:55:18
427	92	ANDRÉ F P PINHO	M	34	M0039 166		00:55:47	00:55:03
428	1000	LUIS MORGADO	M	43	M4044 65		00:55:48	00:55:21
429	288	JOSE DIAS	M	59	M5559 21	ND AUTOCOOPE	00:55:48	00:55:43
430	580	MARIO MENDES	M	52	M5054 52	C MILLENNIUM BCP	00:55:56	00:55:50
431	464	LUIS GOMES	M	34	M0039 167	SS CGD	00:55:56	00:55:10
432	205	HUGO PIMENTEL	M	41	M4044 66	CLUBE NOVO BANCO	00:55:56	00:55:36
433	535	ANA I MARQUES	F	46	F4599 8	NAV RUNNERS	00:55:57	00:55:04
434	300	NUNO M M MALAQUIAS	M	39	M0039 168		00:55:57	00:55:12
435	751	MIGUEL ESTÊVÃO	M	44	M4044 67	NAV RUNNERS	00:55:57	00:55:04
436	500	LUIS SOUSA	M	46	M4549 76		00:55:58	00:55:40
437	750	PEDRO PINEL	M	47	M4549 77	NAV RUNNERS	00:55:58	00:55:04
438	530	JOSÉ MACHADO	M	51	M5054 53	NAV RUNNERS	00:55:59	00:55:06
439	384	TIAGO M D CABAÇO	M	28	M0039 169		00:56:02	00:55:24
440	476	RUI M OLIVEIRA	M	44	M4044 68	SS CGD	00:56:02	00:55:43
441	944	OLGA SEVERYANOVA	F	32	F0039 19		00:56:04	00:55:29
442	200	FERNANDO BRANDÃO	M	53	M5054 54	CLUBE NOVO BANCO	00:56:05	00:55:56
443	219	PAULO RICARDO	M	49	M4549 78	CLUBE NOVO BANCO	00:56:05	00:55:56
444	752	NELSON FERNANDES	M	42	M4044 69	SRC D TESOUREIRA	00:56:06	00:55:21
445	624	JOSÉ M GASPAS	M	54	M5054 55	MASSAMÁ RUN	00:56:07	00:55:47
446	856	LUIS TRINDADE	M	38	M0039 170	AMCF - ARRÁBIDA TRAIL TEAM	00:56:07	00:55:46
447	367	PAULO MACEDO	M	49	M4549 79	PARI PASSU	00:56:10	00:55:44
448	145	INÊS CARVALHO	F	39	F0039 20	CARVALHO CONFRARIA	00:56:15	00:55:55
449	814	HELDER MARTINS	M	48	M4549 80	OS TURBOLENTOS	00:56:16	00:55:46
450	806	JOSÉ PEIXOTO	M	40	M4044 70		00:56:18	00:56:05

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
451	976	ABEL LUIS	M	52	M5054 56	EPAL	00:56:18	00:55:53
452	920	PAULO ROXO	M	41	M4044 71		00:56:22	00:55:57
453	765	JOÃO RIBEIRO	M	28	M0039 171		00:56:23	00:56:18
454	51	PAULO JORGE	M	45	M4549 81		00:56:23	00:55:55
455	76	EDUARDO CORREIA	M	43	M4044 72	POWERBOOST CLUB	00:56:25	00:56:08
456	855	AURÉLIO FERNANDES	M	61	M6099 22		00:56:27	00:56:20
457	644	PAULO MARQUES	M	41	M4044 73	OS MARQUES	00:56:27	00:56:07
458	877	SONIA DANTAS	F	37	F0039 21		00:56:28	00:55:58
459	695	LEONEL S BARCELOS	M	50	M5054 57		00:56:28	00:55:56
460	68	PEDRO FONTES	M	41	M4044 74		00:56:31	00:55:47
461	754	ANA PASSOS	F	45	F4599 9		00:56:33	00:56:25
462	175	LURDES SILVA	F	48	F4599 10		00:56:35	00:56:00
463	942	ADELINO A CORREIA	M	62	M6099 23		00:56:35	00:56:01
464	202	GONÇALO SOARES	M	45	M4549 82	CLUBE NOVO BANCO	00:56:37	00:56:25
465	631	CRISTINA GABRIEL	F	35	F0039 22	ANITA VAI AO QUIZ	00:56:42	00:56:13
466	652	ANTÓNIO JUBILADO	M	59	M5559 22		00:56:42	00:56:06
467	689	LUÍS REIS	M	59	M5559 23	SS MONTEPIO GERAL	00:56:49	00:56:42
468	661	PATRÍCIA MATOS	F	42	F4044 6	NEVAGUIVAP	00:56:52	00:56:48
469	662	PEDRO VITORINO	M	40	M4044 75	NEVAGUIVAP	00:56:52	00:56:48
470	1024	AMERICO COELHO	M	39	M0039 172		00:56:54	00:55:48
471	733	MANUEL REIA	M	69	M6099 24	CAA BELÉM	00:56:59	00:56:20
472	28	ANTÓNIO J G POMBINHO	M	59	M5559 24		00:57:00	00:56:55
473	470	PATRICIA MORAIS	F	39	F0039 23	SS CGD	00:57:05	00:56:55
474	242	RICARDO FIGUEIREDO	M	47	M4549 83		00:57:07	00:56:12
475	878	JORGE GUERREIRO	M	47	M4549 84		00:57:08	00:56:31
476	812	PAULO SERRA	M	40	M4044 76	MATILHA DA ATALAIA	00:57:08	00:56:19
477	654	NUNO SIMÃO	M	41	M4044 77	MATILHA DA ATALAIA	00:57:09	00:56:19
478	101	DUARTE PYRRAIT	M	36	M0039 173		00:57:14	00:56:48
479	811	DAGMAR BAPTISTA	M	39	M0039 174	FCK	00:57:14	00:56:26
480	302	NUNO V BALSAS	M	39	M0039 175		00:57:17	00:56:51
481	746	ANTÓNIO M RODIGUES	M	40	M4044 78	FAB	00:57:22	00:56:44
482	734	LUIZ ROSA	M	63	M6099 25	CAA BELÉM	00:57:23	00:57:01
483	691	MANUEL J NARCISO	M	52	M5054 58	SS MONTEPIO GERAL	00:57:24	00:56:51
484	70	ANTÓNIO PAIS	M	69	M6099 26	NUCLEOEIRAS ADNO	00:57:25	00:56:56
485	790	MARINA CAETANO	F	41	F4044 7	WEVENTUAL	00:57:26	00:56:50
486	1033	SANDRA GASPAR	F	41	F4044 8		00:57:27	00:57:11
487	130	HENRIQUE KOENDERS	M	44	M4044 79	PATETAS	00:57:28	00:56:44
488	671	PEDRO TORRES	M	39	M0039 176	VISION-BOX	00:57:32	00:57:01
489	961	FERNANDO BARBOSA	M	50	M5054 59	AMIGOS ALAMEDA	00:57:33	00:57:23
490	747	FERNANDO PAIXÃO	M	50	M5054 60	FAB	00:57:33	00:56:55
491	582	PAULO REBOCHO	M	51	M5054 61	C MILLENNIUM BCP	00:57:40	00:56:54
492	809	ALEXANDRE MENDONÇA	M	35	M0039 177	FCK	00:57:40	00:56:54
493	983	JOAO BRITES	M	47	M4549 85	EPAL	00:57:43	00:57:17
494	233	JOSÉ M CAMPOS	M	34	M0039 178	SPINWORKS	00:57:44	00:57:17
495	799	CARLOS ALFEIRÃO	M	36	M0039 179	LIKE A RUNNER	00:57:47	00:57:12

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
496	821	PAULO ANTUNES	M	48	M4549 86	LESMA ALOPRADAS	00:57:49	00:57:30
497	137	RICARDO LOURO	M	46	M4549 87	ADRC MATA BENFICA	00:57:49	00:57:25
498	484	ACÁCIO GAMBOA	M	46	M4549 88		00:57:53	00:57:09
499	164	HEITOR M T C SANTOS	M	44	M4044 80		00:57:56	00:57:14
500	815	ANTONIO BIZARRO	M	52	M5054 62	OS TURBOLENTOS	00:57:57	00:57:27
501	186	TIAGO TRINDADE	M	36	M0039 180		00:58:01	00:57:44
502	256	MARIA GONÇALVES	F	48	F4599 11	SFUAP	00:58:08	00:57:59
503	230	MANUEL CORREIA	M	40	M4044 81	CLUBE NOVO BANCO	00:58:11	00:57:21
504	197	CARLA CORREIA	F	41	F4044 9	CLUBE NOVO BANCO	00:58:11	00:57:22
505	718	HENRIQUE J CEPEDA	M	57	M5559 25	PINGUIM	00:58:13	00:57:15
506	719	VILANI G ARAUJO	F	44	F4044 10	PINGUIM	00:58:16	00:57:15
507	704	ANDRE ALMEIDA	M	30	M0039 181	ELITE RUNNERS	00:58:17	00:58:07
508	766	JOANA C C ALVES	F	27	F0039 24	SALTOSDECRISTAL	00:58:17	00:58:09
509	449	FERNANDO J PINA	M	43	M4044 82		00:58:18	00:57:35
510	1010	DIOGO A LUCAS	M	19	M0039 182		00:58:19	00:57:45
511	519	PAULO J E GONÇALVES	M	50	M5054 63		00:58:20	00:57:46
512	672	MÁRIO J A CASADINHO	M	47	M4549 89	VISION-BOX	00:58:21	00:57:49
513	454	ANTONIO CARPINTEIRO	M	71	M6099 27	SS CGD	00:58:21	00:58:16
514	217	NUNO FERREIRA	M	33	M0039 183	CLUBE NOVO BANCO	00:58:23	00:57:47
515	928	ANDRÉ CARDOSO	M	36	M0039 184		00:58:24	00:57:28
516	634	VITOR COMERCIO	M	43	M4044 83		00:58:28	00:57:33
517	268	MARLENE OLIVEIRA	F	43	F4044 11	SC REBOLEIRA DAMAIA	00:58:29	00:58:24
518	757	TIAGO H MARTINHO	M	28	M0039 185	OS BARRIGUITAS	00:58:30	00:57:54
519	958	MELANIE SERRA	F	18	F0039 25	DREAMTEAM	00:58:31	00:58:10
520	572	PEDRO MURCA	M	50	M5054 64	C MILLENNIUM BCP	00:58:31	00:58:26
521	840	BRUNO FERREIRA	M	25	M0039 186		00:58:32	00:58:24
522	618	DUARTE N D L S LORETO	M	41	M4044 84	HAPPYRUNNERS	00:58:33	00:58:20
523	617	SÍLVIA G SOARES	F	39	F0039 26	HAPPYRUNNERS	00:58:33	00:58:20
524	1022	PAULO SOARES	M	36	M0039 187	CCD SIEMENS	00:58:36	00:58:18
525	876	JOSE L LOPES	M	59	M5559 26	AMIGOS ESTRELA	00:58:39	00:58:39
526	488	NUNO COELHO	M	48	M4549 90	AÇOREANA	00:58:41	00:58:00
527	444	CARLOS VIEGAS	M	58	M5559 27	GDCT UNICRE	00:58:42	00:58:18
528	908	CÁTIA PÁSSARO	F	35	F0039 27		00:58:43	00:58:41
529	593	PEDRO DELGADO	M	49	M4549 91	C MILLENNIUM BCP	00:58:48	00:58:00
530	802	PEDRO MARQUES	M	35	M0039 188	LIKE A RUNNER	00:58:48	00:58:48
531	828	LILIANA LOPES	F	27	F0039 28	NUTRIBABES	00:58:50	00:58:00
532	846	ANA C CALAFATE	F	49	F4599 12	TARTARUGAS SOLIDÁRIAS	00:58:52	00:58:17
533	950	SÉRGIO M M OLIVEIRA	M	44	M4044 85		00:58:53	00:58:53
534	860	EDUARDO AMORIM	M	45	M4549 92		00:58:55	00:58:08
535	178	JORGE G PEDRO	M	48	M4549 93		00:58:56	00:58:00
536	911	MARTA GOMES	F	33	F0039 29	PERNAS DE GAFANHOTO	00:58:57	00:58:18
537	356	FRANCISCO LINHOL	M	62	M6099 28		00:59:00	00:58:21
538	364	CARLA MORGADO	F	43	F4044 12		00:59:01	00:58:22
539	964	RUI LOPES	M	40	M4044 86		00:59:04	00:58:19
540	69	RICARDO DOURADO	M	42	M4044 87		00:59:10	00:59:04

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
541	320	TIAGO ALDEIA	M	31	M0039 189	RUN BITCHES, RUN	00:59:13	00:58:54
542	650	FILIFE CAMEIRA	M	39	M0039 190	NEVAGUIVAP	00:59:16	00:58:31
543	897	ADRIANO CUNHA	M	62	M6099 29		00:59:17	00:59:04
544	824	CATARINA SANTOS	F	21	F0039 30	AVILA RUNNERS	00:59:19	00:59:12
545	720	ROGÉRIO F LUÍS	M	61	M6099 30		00:59:19	00:58:49
546	517	SÉRGIO VASCO	M	34	M0039 191		00:59:26	00:59:04
547	894	JOÃO C RODRIGUES	M	42	M4044 88		00:59:27	00:58:45
548	659	JOÃO SEQUEIRA	M	41	M4044 89		00:59:27	00:58:45
549	641	RICARDO PITA	M	36	M0039 192	NOSOTROS	00:59:29	00:59:04
550	608	SERGIO ANJOS	M	69	M6099 31	C MILLENNIUM BCP	00:59:33	00:59:18
551	859	PAULO FERREIRA	M	43	M4044 90		00:59:34	00:59:02
552	424	PAULO MARIZ	M	48	M4549 94	FÓNIX TEAM	00:59:34	00:58:44
553	810	ANTÓNIO RODRIGUES	M	34	M0039 193	FCK	00:59:35	00:58:50
554	882	JAIME AFONSO	M	51	M5054 65	CLUBE ANACOM	00:59:38	00:58:54
555	189	RITA C M GABRIEL	F	31	F0039 31	SPEM	00:59:39	00:59:06
556	651	SILVERIO BRAS	M	56	M5559 28		00:59:40	00:59:40
557	822	CARLOS GONÇALVES	M	42	M4044 91	AVILA RUNNERS	00:59:40	00:59:33
558	883	ANDRÉ PEREIRA	M	39	M0039 194		00:59:41	00:58:44
559	660	ISABEL FARIA	F	29	F0039 32		00:59:44	00:59:39
560	472	PAULO ANDRADE	M	45	M4549 95	SS CGD	00:59:46	00:58:49
561	579	EDUARDO PINTO	M	47	M4549 96	C MILLENNIUM BCP	00:59:50	00:59:04
562	53	TATIANA ILDEFONSO	F	34	F0039 33		00:59:51	00:59:28
563	556	PEDRO ARAUJO	M	50	M5054 66	C MILLENNIUM BCP	00:59:52	00:59:19
564	113	MANUEL LARANJO	M	24	M0039 195	BASTOS&LARANJO	00:59:54	00:59:12
565	868	LUIZ PEREIRA	M	36	M0039 196		00:59:55	00:59:27
566	869	CÁTIA RAMOS	F	36	F0039 34		00:59:55	00:59:28
567	236	HENRIQUE COELHO	M	36	M0039 197	OPTICALIA RT	00:59:55	00:59:39
568	763	ROZITTA SILVA	F	29	F0039 35	AC SALVATERRA	00:59:57	00:59:45
569	112	RITA BASTOS	F	23	F0039 36	BASTOS&LARANJO	01:00:00	00:59:18
570	577	VASCO OURELO	M	41	M4044 92	C MILLENNIUM BCP	01:00:00	00:59:19
571	122	RUI COSTA PINTO	M	49	M4549 97		01:00:01	00:59:59
572	177	EVA SALSINHA	F	38	F0039 37	TARTARUGAS DA BAIA	01:00:07	00:59:12
573	176	VÂNIA TEIXEIRA	F	33	F0039 38	TARTARUGAS DA BAIA	01:00:07	00:59:12
574	722	PAULA PEREIRINHO	F	44	F4044 13		01:00:08	01:00:08
575	835	VANDA OLIVEIRA	F	46	F4599 13		01:00:11	00:59:59
576	358	MARCO F APARICIO	M	39	M0039 198	RUN & BOTA-ABAIXO	01:00:21	00:59:55
577	999	CRISTINA R FERNANDEZ	F	33	F0039 39		01:00:23	00:59:29
578	558	CARLOS TOME	M	65	M6099 32	C MILLENNIUM BCP	01:00:25	00:59:40
579	538	JOÃO MAIA	M	41	M4044 93	POWERBOOST CLUB	01:00:25	01:00:25
580	229	XANA FILIFE	F	45	F4599 14	CLUBE NOVO BANCO	01:00:26	01:00:16
581	166	SÓNIA SOARES	F	37	F0039 40	POWERBOOST CLUB	01:00:28	01:00:28
582	115	Mª CELESTE ALMEIDA	F	47	F4599 15	SIMECQ	01:00:34	01:00:34
583	362	TANIA C G F LAGES	F	37	F0039 41	RUN & BOTA-ABAIXO	01:00:34	01:00:07
584	351	MARCO CARVALHO	M	39	M0039 199	GDCT IN CASA MOEDA	01:00:34	00:59:49
585	785	NÚRIA ANTUNES	F	33	F0039 42		01:00:34	00:59:49

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
586	116	PAULA LEITÃO	F	42	F4044 14	SIMECQ	01:00:36	01:00:00
587	350	MAURO LANÇA	M	39	M0039 200	GDCT IN CASA MOEDA	01:00:40	01:00:11
588	929	TOMÁS PRESAS	M	32	M0039 201	A SUAR DO BIGODE	01:00:42	00:59:48
589	206	JOÃO ANTUNES	M	29	M0039 202	CLUBE NOVO BANCO	01:00:44	01:00:11
590	937	ANA PINTO	F	23	F0039 43		01:00:46	01:00:24
591	275	SÉRGIO SILVA	M	32	M0039 203	RATAZANAS DO MATO	01:00:46	01:00:17
592	605	NUNO MENDES	M	31	M0039 204	C MILLENNIUM BCP	01:00:47	01:00:31
593	939	MARIA MORADIAS	F	23	F0039 44		01:00:47	01:00:16
594	505	ANA R ANDRADE	F	39	F0039 45		01:00:54	00:59:57
595	728	FERNANDO MARTINS	M	50	M5054 67	CDCR CTT	01:00:54	01:00:31
596	326	SUSANA MENDES	F	44	F4044 15	CCDT METRO LX	01:00:55	01:00:39
597	554	RUI REIS	M	41	M4044 94	C MILLENNIUM BCP	01:00:55	01:00:22
598	849	CARLOS D A GOMES	M	24	M0039 205		01:00:57	01:00:19
599	741	JOANA GORGUEIRA	F	25	F0039 46		01:00:57	01:00:20
600	303	FILIPE JUNOT	M	34	M0039 206		01:00:59	01:00:38
601	443	CLAUDIA MARQUES	F	35	F0039 47	GDCT UNICRE	01:01:01	01:00:36
602	426	BEATRIZ MARIZ	F	19	F0039 48	FÓNIX TEAM	01:01:02	01:00:09
603	156	FRANCISCO COITO	M	64	M6099 33	CLUBE MARGINAL	01:01:06	01:00:27
604	431	ELSA TEIXEIRA	F	34	F0039 49	FÓNIX TEAM	01:01:09	01:00:17
605	914	FREDERICO SOUSA	M	53	M5054 68	LEBRES E TARTARUGAS	01:01:14	01:00:56
606	241	CATARINA AFONSO	F	33	F0039 50		01:01:16	01:01:03
607	237	PEDRO VIEIRA	M	36	M0039 207	OPTICALIA RT	01:01:17	01:01:01
608	395	SÓNIA SOUSA	F	26	F0039 51	XXI CROSSFIT	01:01:18	01:00:44
609	310	LOURENÇO AZENHA	M	45	M4549 98	AZENHAS	01:01:24	01:01:24
610	569	MARCELO SILVA	M	19	M0039 208	C MILLENNIUM BCP	01:01:25	01:00:38
611	702	DANIEL ANDRADE	M	32	M0039 209		01:01:30	01:01:14
612	714	CATARINA J A DIAS	F	26	F0039 52		01:01:30	01:01:25
613	839	ANA T CRUZ	F	29	F0039 53		01:01:37	01:00:50
614	613	JOAQUIM CARPELHO	M	68	M6099 34		01:01:39	01:00:59
615	1023	ANDRE COSTA	M	33	M0039 210		01:01:42	01:00:36
616	674	JOÃO NICOLAU	M	31	M0039 211	VISION-BOX	01:01:42	01:01:11
617	103	DIOGO NASCIMENTO	M	27	M0039 212	XXI CROSSFIT	01:01:47	01:01:12
618	591	RUI RODRIGUES	M	48	M4549 99	C MILLENNIUM BCP	01:01:48	01:01:03
619	249	JOÃO ROBALO	M	43	M4044 95		01:01:49	01:01:35
620	44	SÓNIA COSTA	F	34	F0039 54	2SLOW	01:01:55	01:01:13
621	43	PEDRO TAVARES	M	36	M0039 213	2SLOW	01:01:56	01:01:13
622	243	IVONE FERREIRA	F	35	F0039 55	CLUBE NOVO BANCO	01:01:57	01:01:35
623	888	RUI PINTO	M	52	M5054 69		01:02:02	01:01:08
624	550	MANUEL PEREIRA	M	56	M5559 29	C MILLENNIUM BCP	01:02:02	01:01:07
625	667	MANUEL NINA	M	32	M0039 214	A SUAR DO BIGODE	01:02:06	01:01:14
626	568	LUIS SILVA	M	48	M4549 100	C MILLENNIUM BCP	01:02:06	01:01:20
627	721	HELDER FONTINHA	M	52	M5054 70		01:02:08	01:01:27
628	724	CRISTINA SANTOS	F	49	F4599 16	VETERANOS DE MASSAMÁ	01:02:10	01:01:59
629	723	ANA MENDES	F	50	F4599 17	VETERANOS DE MASSAMÁ	01:02:10	01:02:00
630	390	VITOR DUARTE	M	57	M5559 30		01:02:13	01:01:32

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
631	581	JOAO PINHEIRO	M	46	M4549 101	C MILLENNIUM BCP	01:02:14	01:01:27
632	293	MARGARIDA CORREIA	F	28	F0039 56		01:02:16	01:01:46
633	468	MAFALDA BARAO	F	41	F4044 16	SS CGD	01:02:17	01:02:09
634	347	ANA I SANTOS	F	41	F4044 17	GDCT IN CASA MOEDA	01:02:17	01:02:09
635	342	JOSÉ ABREU	M	68	M6099 35	GDCT IN CASA MOEDA	01:02:17	01:01:49
636	339	MARIA DOMINGUEZ	F	25	F0039 57		01:02:21	01:01:57
637	403	TÂNIA SIMÕES	F	34	F0039 58	ENCONTRAMO-NOS NA META	01:02:22	01:01:38
638	749	MARIA TOLENTINO	F	27	F0039 59		01:02:26	01:01:48
639	777	ISILDA BARRADAS	F	66	F4599 18	AB CAMPOLIDE	01:02:30	01:02:30
640	767	INÊS LOPES	F	28	F0039 60	SALTOSDECRISTAL	01:02:38	01:02:38
641	163	CELINA JORGE	F	34	F0039 61		01:02:48	01:02:18
642	144	ÂNGELA BRITO	F	53	F4599 19		01:02:59	01:02:26
643	185	CESAR F GUERRA	M	46	M4549 102	CTJ	01:03:02	01:02:18
644	349	ANA S PEREIRA	F	40	F4044 18	GDCT IN CASA MOEDA	01:03:05	01:02:36
645	360	SÓNIA A A MENDES	F	39	F0039 62	RUN & BOTA-ABAIXO	01:03:06	01:02:38
646	836	ANTONIO LAVRADOR	M	42	M4044 96	PERNAS DE GAFANHOTO	01:03:14	01:02:35
647	315	CAROLINA FONSECA	F	32	F0039 63	RUN BITCHES, RUN	01:03:16	01:02:58
648	805	FILIFE G DUARTE	M	30	M0039 215		01:03:32	01:03:04
649	299	JOSE MORUJO	M	53	M5054 71		01:03:33	01:02:38
650	194	JULIANA PINTO	F	30	F0039 64	ANITA VAI AO QUIZ	01:03:34	01:02:43
651	195	BRUNO PEREIRA	M	34	M0039 216	ANITA VAI AO QUIZ	01:03:34	01:02:43
652	775	SUSANA MARTINS	F	27	F0039 65	AB CAMPOLIDE	01:03:34	01:02:44
653	465	LUIS PARIS	M	51	M5054 72	SS CGD	01:03:35	01:03:08
654	736	TÂNIA A OLIVEIRA	F	41	F4044 19		01:03:41	01:02:47
655	564	CARLOS RAMOS	M	50	M5054 73	C MILLENNIUM BCP	01:03:46	01:03:31
656	675	Mª MADALENA F FERROLHO	F	29	F0039 66	VISION-BOX	01:03:59	01:03:28
657	61	ANA R P OLIVEIRA	F	25	F0039 67		01:04:00	01:03:24
658	803	BASÍLIO PAIXÃO	M	47	M4549 103		01:04:03	01:04:03
659	512	PAULO SÁ	M	46	M4549 104	UDFAC	01:04:11	01:03:31
660	656	PAULA SOARES	F	48	F4599 20	TEAM SOARES	01:04:23	01:04:12
661	742	MIGUEL A C RIBAS	M	46	M4549 105		01:04:31	01:03:36
662	361	SUZANA L B L MALHA	F	45	F4599 21	RUN & BOTA-ABAIXO	01:04:43	01:04:15
663	317	NUNO FERREIRA	M	33	M0039 217	RUN BITCHES, RUN	01:04:43	01:04:23
664	26	CÉLIA CATARINO	F	49	F4599 22		01:04:46	01:04:21
665	434	MARIA QUITÉRIA	F	43	F4044 20	ALGYMNS	01:04:47	01:04:16
666	433	ARTUR DINIS	M	59	M5559 31	ALGYMNS	01:04:48	01:04:15
667	346	VITOR CARDOSO	M	39	M0039 218	GDCT IN CASA MOEDA	01:04:50	01:04:50
668	784	CRISTINA OLIVEIRA	F	39	F0039 68		01:04:53	01:04:27
669	764	ALEXANDRA CARVALHO	F	45	F4599 23		01:04:53	01:04:26
670	154	ALEXANDRA PIRES	F	49	F4599 24		01:04:54	01:04:20
671	858	JORGE M M BAPTISTA	M	61	M6099 36		01:04:57	01:04:16
672	1002	INES GOMES	F	25	F0039 69		01:05:05	01:04:39
673	89	BRUNO COSTA	M	40	M4044 97	EDUARDO MEDEIRO, LDA.	01:05:12	01:04:28
674	199	CÁTIA SIMÕES	F	34	F0039 70	CLUBE NOVO BANCO	01:05:13	01:04:23
675	657	TERESA TUPHOLME	F	45	F4599 25	TEAM SOARES	01:05:14	01:05:04

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
676	773	JOAQUIM CORREIA	M	55	M5559 32	AB CAMPOLIDE	01:05:15	01:05:04
677	340	ANTÓNIO NASCIMENTO	M	76	M6099 37	GDCT IN CASA MOEDA	01:05:15	01:04:45
678	324	JOSÉ A TAVARES	M	46	M4549 106	CCDT METRO LX	01:05:22	01:04:27
679	334	CARLA S R MANTEIGAS	F	37	F0039 71	CCDT METRO LX	01:05:22	01:04:28
680	80	JOÃO GONÇALVES	M	47	M4549 107	POWERBOOST CLUB	01:05:26	01:05:07
681	99	TIAGO MIRANDA	M	41	M4044 98		01:05:28	01:05:10
682	165	PEDRO NIFRA	M	40	M4044 99	POWERBOOST CLUB	01:05:30	01:05:10
683	309	MANUEL AZENHA	M	62	M6099 38	AZENHAS	01:05:31	01:04:42
684	762	ISABEL GUERRA	F	58	F4599 26		01:05:51	01:05:26
685	325	JOSÉ PIRES	M	80	M6099 39	CCDT METRO LX	01:05:51	01:04:57
686	609	ALEXANDRA ANICETO	F	40	F4044 21	C MILLENNIUM BCP	01:05:54	01:05:47
687	383	ANA C P COELHO	F	25	F0039 72		01:05:55	01:05:33
688	417	JORGE LOPES	M	50	M5054 74	A CORTE DO REI JORGE	01:05:59	01:05:05
689	418	ELISABETE GIL	F	53	F4599 27	A CORTE DO REI JORGE	01:05:59	01:05:05
690	525	HELGA MARTINS	F	35	F0039 73	ANITA VAI AO QUIZ	01:06:03	01:05:14
691	526	ABEL MARTINS	M	39	M0039 219	ANITA VAI AO QUIZ	01:06:03	01:05:14
692	870	ANTONIO PINHO	M	64	M6099 40		01:06:04	01:05:29
693	330	ORLANDO SOUSA	M	54	M5054 75	CCDT METRO LX	01:06:04	01:05:09
694	1021	CARLOS CAGICA	M	51	M5054 76	CCD SIEMENS	01:06:11	01:05:52
695	201	FERNANDO FILIPE	M	48	M4549 108	CLUBE NOVO BANCO	01:06:13	01:06:04
696	783	FRANCISCO J V SILVA	M	42	M4044 100		01:06:13	01:05:20
697	227	SUSANA MOTA	F	48	F4599 28	CLUBE NOVO BANCO	01:06:21	01:05:49
698	514	NUNO HENRIQUES	M	41	M4044 101	GDCT IN CASA MOEDA	01:06:24	01:05:56
699	494	ANA CANAVEIRA	F	49	F4599 29	AÇOREANA	01:06:28	01:05:46
700	680	MADALENA COUTINHO	F	27	F0039 74	PERNAS DE GAFANHOTO	01:06:29	01:05:50
701	560	DORA VILHENA	F	46	F4599 30	C MILLENNIUM BCP	01:06:29	01:05:45
702	922	JOSÉ ALÍPIO	M	59	M5559 33		01:06:30	01:06:17
703	960	FILIPA MARTINS	F	41	F4044 22		01:06:30	01:06:02
704	46	LUCIA CARREIRA	F	26	F0039 75	SPINWORKS	01:06:31	01:06:04
705	232	JOAO OLIVEIRA	M	37	M0039 220	SPINWORKS	01:06:31	01:06:04
706	314	INÊS VENTURA	F	32	F0039 76	RUN BITCHES, RUN	01:06:31	01:06:13
707	436	CAROLINA QUELINCHO	F	21	F0039 77	ANITA VAI AO QUIZ	01:06:35	01:05:48
708	180	JOÃO GAUDÊNCIO	M	59	M5559 34		01:06:36	01:06:18
709	179	CÁTIA GAUDÊNCIO	F	36	F0039 78		01:06:36	01:06:17
710	807	LARA VELOSO	F	41	F4044 23		01:06:38	01:05:51
711	273	MIGUEL RIBEIRO	M	44	M4044 102		01:06:38	01:05:47
712	808	ANDREIA CONIM	F	36	F0039 79		01:06:38	01:05:51
713	272	CARLA RIBEIRO	F	45	F4599 31		01:06:38	01:05:46
714	915	GONÇALO MEXIA	M	28	M0039 221	PERNAS DE GAFANHOTO	01:06:42	01:06:02
715	916	TÂNIA RODRIGUES	F	28	F0039 80	PERNAS DE GAFANHOTO	01:06:42	01:06:02
716	296	JOAQUIM M C SANTOS	M	64	M6099 41		01:06:46	01:06:19
717	590	LUIS MENDES	M	59	M5559 35	C MILLENNIUM BCP	01:06:57	01:06:26
718	507	FERNANDO CHAMBEL	M	50	M5054 77	UDFAC	01:06:58	01:06:19
719	203	HERNÂNI BONIFÁCIO	M	42	M4044 103	CLUBE NOVO BANCO	01:07:02	01:06:43
720	438	INÊS MARTINS	F	32	F0039 81	NAV RUNNERS	01:07:05	01:06:12



Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
721	453	ANA CALINAS	F	44	F4044 24	SS CGD	01:07:09	01:06:16
722	475	ROGERIO LUIS	M	45	M4549 109	SS CGD	01:07:09	01:06:16
723	954	ANA M RODRIGUES	F	19	F0039 82	DREAMTEAM	01:07:27	01:07:06
724	143	ANTÓNIO BRITO	M	53	M5054 78		01:07:29	01:06:54
725	155	CARLA REAL	F	35	F0039 83		01:07:33	01:07:08
726	22	BEATRIZ SECIO	F	19	F0039 84	MÃE E FILHOA	01:07:37	01:06:40
727	852	LUIS J D MONTEIRO	M	40	M4044 104		01:07:37	01:07:03
728	25	TANIA DIMAS	F	47	F4599 32		01:07:39	01:07:13
729	665	FILIPA MARTINS	F	34	F0039 85	ENCONTRAMO-NOS NA META	01:07:43	01:07:43
730	21	HELENA SECIO	F	51	F4599 33	MÃE E FILHOA	01:07:45	01:06:48
731	471	PAULO ABREU	M	40	M4044 105	SS CGD	01:07:46	01:07:32
732	172	ALICE CUNHA	F	38	F0039 86		01:07:46	01:07:32
733	262	LUIS MARTINS	M	60	M6099 42	NAV RUNNERS	01:07:47	01:06:55
734	270	FRANCISCO A SARRASQUEIRO	M	69	M6099 43		01:07:47	01:07:44
735	901	MANUEL BRAS	M	48	M4549 110	SS CGD	01:07:57	01:07:48
736	597	CARLOS CONCEIÇÃO	M	54	M5054 79	C MILLENNIUM BCP	01:07:57	01:07:17
737	311	ANDRÉ F A CAETANO	M	18	M0039 222	AZENHAS	01:08:00	01:07:11
738	896	SONIA SILVA	F	32	F0039 87		01:08:00	01:07:23
739	491	CLAUDIA TAM	F	34	F0039 88	AÇOREANA	01:08:21	01:07:50
740	630	MAYCON HERETIER	M	38	M0039 223	NAV RUNNERS	01:08:25	01:07:31
741	10	JOHNNY THOMASSEN	M	56	M5559 36		01:08:29	01:07:56
742	735	ALBERTO CANO	M	63	M6099 44	CAA BELÉM	01:08:34	01:08:13
743	761	ISABEL MAGALHÃES	F	60	F4599 34		01:08:35	01:08:35
744	432	NELSON GUEDES	M	36	M0039 224	FÓNIX TEAM	01:08:39	01:07:48
745	224	REBECA CALHAU	F	42	F4044 25	CLUBE NOVO BANCO	01:08:43	01:08:36
746	1032	RICARDO COIMBRA	M	53	M5054 80		01:08:49	01:08:06
747	573	ALDA VINAGRE	F	43	F4044 26	C MILLENNIUM BCP	01:08:53	01:08:09
748	250	SÓNIA SANTOS	F	40	F4044 27		01:09:20	01:09:06
749	823	FERNANDA RAMOS	F	46	F4599 35	AVILA RUNNERS	01:09:20	01:09:13
750	412	JOÃO DE NORONHA	M	36	M0039 225	OS BANDIDOS	01:09:56	01:09:56
751	522	SIMÃO SANTANA	M	39	M0039 226	BANDIDOS	01:09:57	01:09:20
752	1025	JOAO DIAS	M	40	M4044 106		01:10:01	01:08:55
753	98	JORGE SEQUEIRA	M	47	M4549 111		01:10:06	01:10:06
754	97	INÊS DAMTAS	F	33	F0039 89		01:10:10	01:09:54
755	497	MICHEL COSTA	M	45	M4549 112	AÇOREANA	01:10:32	01:09:37
756	382	PHELIM OKANE	M	59	M5559 37	OS ZATOPEQUES	01:10:47	01:09:52
757	782	ALEXANDRE SOARES	M	43	M4044 107		01:10:48	01:10:19
758	666	ALEXANDRE VILÃO	M	33	M0039 227	A SUAR DO BIGODE	01:10:48	01:09:55
759	708	SUSANA GONÇALVES	F	38	F0039 90	MAMMA MIA	01:10:49	01:09:57
760	111	MARIO JORGE PIRES	M	46	M4549 113	ÁGUIAS CARPINTEIRAS	01:10:53	01:10:29
761	447	PAULO FRANÇA	M	54	M5054 81	GDCT UNICRE	01:10:53	01:10:29
762	446	FÁTIMA MANTEIGA	F	47	F4599 36	GDCT UNICRE	01:10:54	01:10:29
763	91	JOANA FONSECA	F	40	F4044 28		01:10:57	01:10:10
764	386	BRUNO SANDE	M	30	M0039 228		01:11:03	01:10:46
765	385	JOAQUIM SANDE	M	56	M5559 38		01:11:03	01:10:47

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
766	216	MARTA NEVES	F	40	F4044 29	CLUBE NOVO BANCO	01:11:14	01:10:56
767	159	ANA T SEABRA	F	51	F4599 37	AERORUNNERS	01:11:23	01:10:48
768	620	HELENA DORES	F	51	F4599 38	NAV RUNNERS	01:11:28	01:11:05
769	576	FERNANDO FERREIRA	M	70	M6099 45	C MILLENNIUM BCP	01:11:35	01:10:50
770	621	FERNANDA VIEIRA	F	56	F4599 39	NAV RUNNERS	01:11:36	01:11:13
771	649	MARTA DOMINGUES	F	38	F0039 91	NEVAGUIVAP	01:11:48	01:11:43
772	430	CAMILA ROCHA	F	36	F0039 92	FÓNIX TEAM	01:11:55	01:11:02
773	425	ESTRELA MARIZ	F	47	F4599 40	FÓNIX TEAM	01:11:58	01:11:06
774	648	JORGE A T SANTOS	M	46	M4549 114	MATILHA DA ATALAIA	01:12:06	01:11:15
775	867	MARTA R GOMES	F	25	F0039 93		01:12:08	01:12:08
776	541	PATRÍCIA JÚIO	F	32	F0039 94	POWERBOOST CLUB	01:13:08	01:12:50
777	134	ANA MONTEIRO	F	30	F0039 95	SFUAP	01:13:54	01:13:13
778	710	SOFIA COLIM	F	45	F4599 41	MAMMA MIA	01:14:09	01:13:17
779	713	ANA C A SILVA	F	26	F0039 96		01:14:33	01:14:28
780	295	MANUEL MAGALHÃES	M	73	M6099 46	CARACÓIS SONOLENTOS	01:15:28	01:15:13
781	588	JORGE PALMA	M	43	M4044 108	C MILLENNIUM BCP	01:16:03	01:15:13
782	589	CARLA PALMA	F	42	F4044 30	C MILLENNIUM BCP	01:16:03	01:15:13
783	319	ANDRÉ ALDEIA	M	34	M0039 229	RUN BITCHES, RUN	01:16:04	01:15:45
784	318	ANDREIA COELHO	F	28	F0039 97	RUN BITCHES, RUN	01:16:04	01:15:45
785	1001	ANA R RODRIGUES	F	33	F0039 98		01:16:34	01:16:34
786	854	PAULA ANTUNES	F	45	F4599 42		01:17:00	01:16:54
787	795	JOANA AGUIAR	F	41	F4044 31	WEVENTUAL	01:17:00	01:16:53
788	712	RITA COSTA	F	52	F4599 43	MAMMA MIA	01:18:50	01:17:59
789	709	RITA ARAUJO	F	43	F4044 32	MAMMA MIA	01:18:50	01:17:57
790	711	ELIZABETH V LOPES	F	40	F4044 33	MAMMA MIA	01:18:51	01:17:58
791	604	ARINDA BRAGA	F	54	F4599 44	C MILLENNIUM BCP	01:19:03	01:18:14
792	1011	CELIA SILVA	F	47	F4599 45	C MILLENNIUM BCP	01:19:03	01:18:14
793	738	RITA AMORIM	F	43	F4044 34	NEVAGUIVAP	01:19:44	01:18:59
794	518	RICARDO BELO	M	35	M0039 230		01:19:48	01:19:26
795	40	ETEL GIMBA	F	48	F4599 46	HOMEM MOVIMENTO	01:20:58	01:19:55
796	96	BRUNO GONÇALVES	M	27	M0039 231		01:21:20	01:20:26
797	95	INÊS GUERREIRO	F	27	F0039 99		01:21:21	01:20:27
798	542	ANA ALMEIDA	F	24	F0039 100	POWERBOOST CLUB	01:21:34	01:21:16
799	81	CRISTINA RIBEIRO	F	39	F0039 101	POWERBOOST CLUB	01:21:35	01:21:35
800	601	MANUEL MARTA	M	69	M6099 47	C MILLENNIUM BCP	01:21:49	01:21:49
801	239	MARIA JOÃO HORTA	F	50	F4599 47		01:22:05	01:21:16
802	240	PAULA ROCHA	F	49	F4599 48		01:22:05	01:21:17
803	307	M <sup>a</sup> CARMO ANJOS	F	70	F4599 49	CONDOR	01:22:32	01:22:01
804	55	M <sup>a</sup> ROSÁRIO B PINTO	F	53	F4599 50		01:24:01	01:23:03
805	690	LURDES FERREIRA	F	54	F4599 51	SS MONTEPIO GERAL	01:24:33	01:24:25
806	647	M <sup>a</sup> MARGARIDA MACEDO	F	54	F4599 52		01:25:15	01:25:13
807	586	JOSE ARRUDA	M	67	M6099 48	C MILLENNIUM BCP	01:26:03	01:25:11
808	585	FOCK WAN	F	66	F4599 53	C MILLENNIUM BCP	01:26:03	01:25:12
809	948	LUCINDA HENRIQUES	F	67	F4599 54	SEMPRE EM FESTA	01:26:16	01:26:05
810	537	VANDA MATOS	F	45	F4599 55	POWERBOOST CLUB	01:26:46	01:26:30

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
811	218	PAULA MELLO	F	49	F4599 56	CLUBE NOVO BANCO	01:27:21	01:26:55
812	79	SÍLVIA FERREIRA	F	38	F0039 102	POWERBOOST CLUB	01:28:04	01:27:50
813	539	CÁTIA LANÇA	F	35	F0039 103	POWERBOOST CLUB	01:28:05	01:27:07
814	696	LUIS BRANCO	M	53	M5054 82	BRANCOS	01:29:32	01:28:52
815	697	AMÉLIA BRANCO	F	52	F4599 57	BRANCOS	01:29:32	01:28:53
816	78	SOFIA NUNES	F	33	F0039 104	POWERBOOST CLUB	01:31:07	01:30:52
817	536	SOFIA MOURA	F	51	F4599 58	POWERBOOST CLUB	01:31:45	01:31:29
818	540	PATRÍCIA MARTINS	F	33	F0039 105	POWERBOOST CLUB	01:35:15	01:35:00
819	168	VÂNIA PINTO	F	38	F0039 106	POWERBOOST CLUB	01:35:16	01:35:01
820	827	JOANA RIBEIROS	F	30	F0039 107	POWERBOOST CLUB	01:35:16	01:35:16
821	169	ELSA MARTINS	F	38	F0039 108	POWERBOOST CLUB	01:35:17	01:35:02
822	543	FILIPA PEDRAS	F	36	F0039 109	POWERBOOST CLUB	01:42:53	01:41:54
823	167	ANA CARMONA	F	47	F4599 59	POWERBOOST CLUB	01:42:53	01:42:38