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Class	Num	Nome	Sx	Idd	P. Esc	T. Bruto	T. Líquido	Equipe
1	1099	LUIS FERNANDES	M	23	1	00:33:53.99	00:33:53.17	MARATONA CP
2	959	PAULO ALVES	M	39	2	00:35:49.86	00:35:47.36	GDCT IN CM
3	24	LUIS BRITO	M	42	1	00:35:55.11	00:35:54.22	CA VALE FIGUEIRA
4	917	RAUL CAETANO	M	45	1	00:35:59.06	00:35:59.65	EPAL
5	663	FLÁVIO SANTOS	M	21	3	00:36:07.13	00:36:07.17	FF PAZ MUNDIAL E UNIFICAÇÃO
6	901	LUIS M S BAÇO	M	42	2	00:36:19.07	00:36:18.50	AMINHACORRIDA/ MY PROTEIN
7	252	BRUNO SABIDO	M	24	4	00:36:22.08	00:36:19.06	FAM 2 RUN
8	883	HUGO GARROTE	M	35	5	00:36:44.07	00:36:42.31	HG TRAINING SYSTEM
9	1015	PEDRO G MARQUES	M	39	6	00:36:49.26	00:36:48.65	AM ATIBÁ
10	936	PAULO CARVALHO	M	48	2	00:37:10.04	00:37:08.61	FF PAZ MUNDIAL E UNIFICAÇÃO
11	612	DANIEL PIÑEIRO	M	35	7	00:37:17.53	00:37:16.24	
12	695	RUI HENRIQUES	M	38	8	00:38:07.49	00:38:05.73	SS MONTEPIO GERAL
13	1000	NUNO GONÇALO	M	34	9	00:38:32.83	00:38:30.89	
14	469	CARLOS M A CAETANO	M	44	3	00:38:38.27	00:38:36.55	
15	665	RUI HENRIQUES	M	44	4	00:38:41.52	00:38:40.23	FF PAZ MUNDIAL E UNIFICAÇÃO
16	720	KCÉNIA BOUGROVA	F	23	1	00:38:42.59	00:38:40.29	SPORTING CP
17	247	PAULO JERÓNIMO	M	48	3	00:38:46.54	00:38:43.63	FAM 2 RUN
18	664	EDGAR TRIGO	M	48	4	00:39:10.33	00:39:09.04	FF PAZ MUNDIAL E UNIFICAÇÃO
19	1079	ALEXANDRA SOUSA	F	34	2	00:39:22.47	00:39:23.07	
20	787	NUNO TINTIM	M	40	5	00:39:24.50	00:39:21.58	
21	838	CARLOS A S CUSTODIO	M	43	6	00:39:28.54	00:39:25.87	
22	969	TIAGO P PONA	M	41	7	00:39:31.40	00:39:18.29	
23	927	JOSÉ SILVA	M	54	1	00:39:33.36	00:39:30.89	CA ODIMARQ
24	346	FERNANDO CANDEIAS	M	46	5	00:39:47.04	00:39:39.63	SS CGD
25	666	MÁRIO RODRIGUES	M	51	2	00:39:47.42	00:39:45.07	FF PAZ MUNDIAL E UNIFICAÇÃO
26	868	BRUNO PIRES	M	36	10	00:39:52.23	00:39:30.52	GDC BANCO DE PORTUGAL
27	921	JOSE MARCELINO	M	54	3	00:39:59.40	00:39:56.50	CD ESTRELA
28	528	ANTONIO SILVA	M	21	11	00:40:00.84	00:39:54.38	PREMIUM RUNNERS
29	777	JOSÉ LOPES	M	46	6	00:40:10.40	00:40:06.35	CCD SIEMENS
30	987	HUGO J A CONCEIÇÃO	M	39	12	00:40:10.59	00:40:08.17	
31	249	ABEL COSTA	M	53	4	00:40:20.61	00:40:18.07	FAM 2 RUN
32	585	JEROME BLOURDE	M	26	13	00:40:30.39	00:40:07.46	
33	83	JOSÉ M GOMES	M	57	1	00:40:31.24	00:40:27.71	
34	399	PEDRO SILVA	M	51	5	00:40:32.36	00:40:29.00	C MILLENNIUM BCP
35	785	HERNANI J FERNANDES	M	46	7	00:40:38.75	00:40:29.92	
36	480	ÂNGELO SILVA	M	34	14	00:40:42.79	00:40:34.63	CCDT METRO LX



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37	219	NUNO SOUSA	M	44	8	00:40:47.82	00:40:42.35	GDCT IN CM
38	330	PAULO A C LOPES	M	39	15	00:40:50.37	00:40:40.98	OCR PORTUGAL
39	485	JOÃO PASTOR	M	45	8	00:40:53.12	00:40:48.81	CCDT METRO LX
40	446	NUNO SOARES	M	34	16	00:40:58.01	00:40:54.84	
41	630	EDMUNDO F F FONTE	M	54	6	00:41:01.67	00:40:56.98	
42	999	JOSE ESTEVES	M	51	7	00:41:03.36	00:40:57.50	TARTARUGAS SOLIDARIAS
43	482	JOAO P OLIVEIRA	M	41	9	00:41:03.98	00:40:55.82	CCDT METRO LX
44	44	GONÇALO ALMEIDA	M	26	17	00:41:04.44	00:41:02.91	
45	965	PAULO VIEIRA	M	50	8	00:41:07.33	00:40:41.18	
46	849	TIAGO ALVES	M	34	18	00:41:10.61	00:41:07.27	GRUPO BARRAQUEIRO
47	335	GONÇALO PORÊLO	M	35	19	00:41:20.10	00:41:17.42	
48	1002	LUIS P P NUNES	M	42	10	00:41:20.71	00:41:16.23	
49	715	JOÃO S NUNES	M	54	9	00:41:30.76	00:41:23.48	OS AMIGOS DO TEJO
50	873	ANTÓNIO SIMÕES	M	47	9	00:41:38.52	00:41:31.06	GDC BANCO DE PORTUGAL
51	876	FERNANDO MARTINS	M	46	10	00:41:38.65	00:41:30.15	GDC BANCO DE PORTUGAL
52	492	RAUL RODRIGUES	M	59	2	00:41:47.43	00:41:44.62	GD CHELAS
53	949	ANTÓNIO MERUJO	M	58	3	00:41:58.83	00:41:54.25	ARMADA TORREENSE
54	419	MARIO DURO	M	39	20	00:42:00.37	00:41:48.68	C MILLENNIUM BCP
55	200	JOÃO L S C SANTOS	M	58	4	00:42:06.38	00:42:02.77	NAZ ABÓBODA
56	800	MANUEL SOARES	M	52	10	00:42:07.74	00:42:05.77	UNIDOS DA MANUTENÇÃO
57	517	ALEXANDRE JORGE	M	19	21	00:42:09.02	00:41:55.46	PREMIUM RUNNERS
58	622	BRUNO FRANCISCO	M	34	22	00:42:12.48	00:42:09.28	AMIGOS DO FRANCISCO
59	221	RUI CORREIA	M	40	11	00:42:14.44	00:42:08.82	GDCT IN CM
60	799	GIL ALVES	M	41	12	00:42:17.17	00:42:15.54	UNIDOS DA MANUTENÇÃO
61	875	PEDRO BARREIRÃO	M	31	23	00:42:17.90	00:42:14.30	GDC BANCO DE PORTUGAL
62	613	EURICO NICO	M	56	5	00:42:18.36	00:42:12.25	OS GALGOS
63	924	ORLANDO CORREIA	M	46	11	00:42:25.95	00:42:19.06	LINDA A PASTORA SC
64	814	DIOGO FERNANDES	M	18	24	00:42:26.82	00:41:31.05	
65	54	GONÇALO FERREIRA	M	43	13	00:42:28.85	00:42:26.35	
66	1088	LUCILIA SOARES	F	45	1	00:42:31.84	00:42:29.51	CA GALINHEIRAS
67	179	VITOR BATISTA	M	48	12	00:42:41.48	00:42:20.45	
68	516	VICTOR JORGE	M	41	14	00:42:44.13	00:42:30.59	PREMIUM RUNNERS
69	319	ANASTACIO VALADAS	M	64	1	00:42:46.68	00:42:44.54	GD SANTANDER TOTTA
70	639	FÁBIO R R TEIXEIRA	M	33	25	00:42:52.79	00:42:23.25	
71	479	JOAO PIRES	M	47	13	00:42:55.47	00:42:48.68	
72	512	JOSÉ MIRANDA	M	57	6	00:43:05.49	00:42:59.53	
73	914	MIGUEL V FERNANDES	M	38	26	00:43:07.51	00:43:03.75	EPAL



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74	877	NUNO PIRES	M	24	27	00:43:14.01	00:42:54.26	GDC BANCO DE PORTUGAL
75	456	ALFREDO VALENTE	M	54	11	00:43:17.27	00:43:15.68	
76	675	PEDRO TEIXEIRA	M	45	14	00:43:19.68	00:43:13.81	TEAM ERCÍLIA
77	101	EZEQUIEL A FERNANDES	M	60	2	00:43:22.40	00:43:17.24	
78	447	MÁRCIO PIMENTA	M	30	28	00:43:24.36	00:43:21.17	
79	495	JOÃO VAZ	M	51	12	00:43:24.60	00:43:14.65	ITS UP TO YOU
80	125	DAVID SARAIVA	M	34	29	00:43:27.97	00:43:18.07	GD SAMEIRO
81	1069	PEDRO CANELAS	M	45	15	00:43:34.19	00:43:18.92	BELEM RUNNERS
82	688	PEDRO P BETTENCOURT	M	38	30	00:43:37.26	00:43:20.54	
83	218	NUNO HENRIQUES	M	42	15	00:43:46.19	00:43:41.27	GDCT IN CM
84	345	DIOGO BRANCO	M	18	31	00:43:48.11	00:43:41.87	SS CGD
85	340	CARLOS BRANCO	M	44	16	00:43:50.03	00:43:44.69	SS CGD
86	801	FERNANDO GOMES	M	44	17	00:43:55.09	00:43:51.80	UNIDOS DA MANUTENÇÃO
87	778	JOSÉ DIAS	M	56	7	00:43:57.16	00:43:56.88	GD CHELAS
88	881	JOSÉ OLIVEIRA	M	35	32	00:43:59.60	00:43:48.28	LISETE LOPES
89	350	JOAQUIM FRADE	M	62	3	00:44:04.03	00:44:00.26	SS CGD
90	983	JOSÉ R BUENO	M	38	33	00:44:06.39	00:44:04.40	
91	895	GRIFFIN SMITH	M	28	34	00:44:09.14	00:43:45.74	ROCHA
92	753	DAVIDE G A G SENA	M	27	35	00:44:14.25	00:43:22.90	
93	110	CARLOS M G CANHA	M	27	36	00:44:14.57	00:43:44.55	
94	1043	NELSON MOTA	M	47	16	00:44:16.96	00:44:11.86	TRANQUILIDADE AÇOREANA CLUBE
95	653	TIAGO ARAÚJO	M	19	37	00:44:17.51	00:43:42.35	
96	985	JOSÉ A R S PINTO	M	54	13	00:44:23.61	00:44:17.68	
97	1064	JOSÉ A P MATOS	M	50	14	00:44:27.11	00:44:20.97	
98	716	JUVENAL MOREIRA	M	53	15	00:44:28.72	00:44:25.28	ND AUTOCOOPE
99	1047	VIRGÍLIO MADEIRA	M	58	8	00:44:31.03	00:44:25.24	TRANQUILIDADE AÇOREANA CLUBE
100	918	RUI N CARNEIRO	M	48	17	00:44:31.09	00:44:17.16	EPAL
101	852	GONÇALO M CABECINHAS	M	33	38	00:44:32.22	00:44:19.02	ARENAOEIRAS
102	198	FILIPE A SILVA	M	33	39	00:44:35.64	00:44:28.62	
103	803	CÉDRIC MONTEIRO	M	30	40	00:44:36.34	00:44:32.71	CASEBRE
104	829	MARLENE FERREIRA	F	33	3	00:44:38.38	00:44:21.32	
105	738	PEDRO M V LIMA	M	39	41	00:44:40.26	00:44:18.22	
106	468	TELMO R P LOPES	M	42	18	00:44:44.39	00:44:42.70	
107	938	JOAO BOGALHEIRO	M	47	18	00:44:45.35	00:44:40.03	PASSATEMPO VIMEIRO
108	704	JOSÉ MONSANTO	M	37	42	00:44:47.60	00:44:35.86	
109	930	JOAO SALDANHA	M	44	19	00:45:09.06	00:44:25.21	PASSATEMPO VIMEIRO
110	902	FLORIANO SILVA	M	39	43	00:45:10.19	00:44:05.32	AMINHACORRIDA/ MY PROTEIN



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111	379	PEDRO SA	M	45	19	00:45:20.04	00:45:05.27	C MILLENNIUM BCP
112	941	FILIPE MARQUES	M	41	20	00:45:20.59	00:44:58.36	VIMEIRO
113	641	NUNO M PEREIRA	M	41	21	00:45:26.07	00:44:59.67	PERNAS DE GAFANHOTO
114	522	ANTÓNIO MARQUES	M	40	22	00:45:33.41	00:45:19.83	PREMIUM RUNNERS
115	1022	RICARDO NOBRE	M	37	44	00:45:36.32	00:45:27.93	SIMECQ
116	1021	NUNO GALVÃO	M	54	16	00:45:36.58	00:45:29.34	SIMECQ
117	872	ADELINO SEMEDO	M	64	4	00:45:36.60	00:45:14.74	GDC BANCO DE PORTUGAL
118	77	ANA M CORREIA	F	38	4	00:45:39.92	00:45:16.14	MARGIL
119	78	GIL CARNEIRO	M	39	45	00:45:40.21	00:45:15.91	MARGIL
120	739	OCTÁVIO PEDRO	M	42	23	00:45:43.38	00:45:17.53	
121	410	RICARDO MARTA	M	38	46	00:45:44.29	00:45:38.01	C MILLENNIUM BCP
122	678	JOSÉ GOUVEIA	M	49	20	00:45:45.87	00:45:40.01	C SARGENTO ARMADA
123	364	JOAO HEITOR	M	67	5	00:45:48.06	00:45:44.16	
124	982	ALEXANDRE FERREIRA	M	41	24	00:45:51.06	00:45:23.17	
125	367	DAVID PEREZ	M	43	25	00:45:58.99	00:45:48.46	
126	59	TIAGO FERREIRA	M	38	47	00:46:01.68	00:45:27.05	OPTICALIA RUNNING TEAM
127	554	NUNO A G BOGALHEIRO	M	44	26	00:46:08.37	00:46:02.66	A VALE SILÊNCIO
128	834	GENTIL PEREIRA	M	43	27	00:46:12.87	00:45:34.54	
129	1085	RODRIGO MAGALHAES	M	22	48	00:46:18.56	00:46:15.50	
130	1086	ANDRE BORGES	M	34	49	00:46:20.75	00:45:54.18	
131	984	JOÃO BRITO	M	34	50	00:46:26.49	00:46:12.52	
132	796	FILIPE RIBEIRO	M	36	51	00:46:27.02	00:46:25.10	RUN FOR FRIENDS
133	676	PAULO M M GOMES	M	44	28	00:46:27.20	00:45:51.24	
134	490	MIGUEL CASTRO	M	48	21	00:46:27.25	00:46:03.31	FAT OLD DUDES
135	942	RENATO RAMOS	M	38	52	00:46:34.75	00:45:59.60	VIMEIRO
136	847	MIGUEL VELUDO	M	43	29	00:46:34.78	00:46:11.47	100ESTRILHOS
137	300	NUNO DAMIAES	M	36	53	00:46:36.95	00:46:15.74	GD SANTANDER TOTTA
138	235	LE BACCON	M	33	54	00:46:40.80	00:46:34.78	
139	870	JOAQUIM FERRÃO	M	57	9	00:46:42.43	00:46:19.59	GDC BANCO DE PORTUGAL
140	871	JOSÉ MONTEIRO	M	61	6	00:46:42.69	00:46:20.97	GDC BANCO DE PORTUGAL
141	538	JOSE CRUZ	M	43	30	00:46:43.89	00:46:30.02	RUN FOR LUNCH
142	1045	PAULO TORRÃO	M	46	22	00:46:47.06	00:46:42.21	TRANQUILIDADE AÇOREANA CLUBE
143	712	MARCO COSTA	M	36	55	00:46:49.99	00:46:21.95	ESPÍRITO INQUIETO OUTDOOR
144	1044	FAUSTO ISAAC	M	48	23	00:46:54.51	00:46:49.15	TRANQUILIDADE AÇOREANA CLUBE
145	955	PAULO J GARCIA	M	47	24	00:46:57.76	00:46:36.40	
146	152	ARMANDO MUCHAGATA	M	46	25	00:46:59.45	00:46:55.27	MOTORWAY
147	828	CARLOS AMARO	M	36	56	00:47:00.39	00:46:58.37	GRUPO BARRAQUEIRO



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148	266	LUÍS SILVA	M	37	57	00:47:00.49	00:47:00.49	
149	1017	DANIEL SILVA	M	31	58	00:47:00.68	00:46:35.07	CHALET DAVILA
150	572	PEDRO M A COSTA	M	40	31	00:47:05.67	00:46:54.71	
151	956	TIAGO M S N DUARTE	M	35	59	00:47:11.00	00:46:24.38	
152	79	PEDRO TRIGO	M	32	60	00:47:13.90	00:46:58.69	RUMOAO37
153	433	PAULO BASILIO	M	35	61	00:47:13.96	00:46:39.38	
154	811	JOSE BASTOS	M	21	62	00:47:17.68	00:47:07.06	PREMIUM RUNNERS
155	693	PAULO RODRIGUES	M	42	32	00:47:18.30	00:47:08.28	SS MONTEPIO GERAL
156	440	PAULO FERNANDES	M	49	26	00:47:18.66	00:47:16.53	
157	20	ANTÓNIO ALMEIDA	M	37	63	00:47:19.74	00:47:04.66	
158	53	PEDRO CARDOSO	M	39	64	00:47:27.87	00:47:10.47	
159	489	RUI VIEITAS	M	41	33	00:47:29.66	00:47:04.95	FAT OLD DUDES
160	1038	FERNANDO CELESTINO	M	58	10	00:47:38.15	00:47:30.44	TRANQUILIDADE AÇOREANA CLUBE
161	146	CARLA FERNANDES	F	39	5	00:47:40.89	00:47:13.05	ASAS
162	153	ALEXANDRE ALMEIDA	M	37	65	00:47:44.49	00:47:41.54	MOTORWAY
163	563	JOSE HILARIO	M	57	11	00:47:50.40	00:46:54.81	KONANRUNNERS
164	342	CARLOS LEITAO	M	54	17	00:47:51.01	00:47:45.40	SS CGD
165	55	JOÃO M COCHARRO	M	40	34	00:47:53.12	00:47:36.22	
166	655	JOSÉ BATISTA	M	47	27	00:47:54.31	00:46:57.66	
167	888	TIAGO A MARQUES	M	39	66	00:47:55.20	00:47:29.29	
168	890	RICARDO RODRIGUES	M	38	67	00:47:57.60	00:46:53.56	
169	794	TARIK G BENSALAM	M	29	68	00:47:58.50	00:47:36.61	
170	86	LUIS M G NERI	M	56	12	00:47:58.64	00:46:55.41	
171	372	FILIPE RITO	M	29	69	00:48:02.09	00:47:24.00	
172	279	CARLOS M D GONÇALVES	M	47	28	00:48:02.28	00:47:38.79	CN PARQUE NAÇOS
173	209	RUI ANTUNES	M	43	35	00:48:03.33	00:47:46.62	
174	148	JOÃO J FERNANDES	M	36	70	00:48:03.93	00:47:42.77	
175	677	FRANCISCO CURTINHA	M	59	13	00:48:04.45	00:47:39.24	C SARGENTO ARMADA
176	309	DANIEL SIMOES	M	44	36	00:48:04.89	00:47:18.82	GD SANTANDER TOTTA
177	15	LUIS TRIGO	M	36	71	00:48:05.98	00:47:50.38	RUMOAO37
178	401	JOSE RODRIGUES	M	67	7	00:48:06.98	00:48:04.52	C MILLENNIUM BCP
179	586	CARLOS JESUS	M	35	72	00:48:09.49	00:47:42.73	
180	70	AVELINO RODRIGUES	M	43	37	00:48:12.02	00:48:09.42	
181	39	JOSÉ MATEUS	M	29	73	00:48:12.46	00:47:44.43	
182	957	NUNO COSTA	M	42	38	00:48:12.49	00:48:07.35	
183	879	NUNO F S B SERÓDIO	M	18	74	00:48:13.13	00:47:04.61	
184	339	BRUNO RAINHO	M	33	75	00:48:14.83	00:47:50.04	SS CGD



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185	1054	TIAGO ABADE	M	40	39	00:48:18.23	00:47:16.59	LISBON MOONLIGHT RUNNERS
186	767	JOAO SOUSA	M	48	29	00:48:19.91	00:48:15.69	TÁLENTOS TEAM
187	180	PAULO M COSTA	M	49	30	00:48:20.07	00:48:00.08	
188	935	RAUL SANTOS	M	59	14	00:48:22.01	00:48:13.26	PASSATEMPO VIMEIRO
189	662	ISABEL SANTOS	F	48	2	00:48:22.83	00:48:20.37	FF PAZ MUNDIAL E UNIFICAÇÃO
190	850	ALEXANDRE MATEUS	M	41	40	00:48:26.23	00:48:17.01	
191	68	PLAMEN S DAMYANOV	M	37	76	00:48:27.20	00:48:18.45	
192	943	JOAO FARIA	M	45	31	00:48:27.50	00:48:19.12	VIMEIRO
193	960	NUNO CARVALHO	M	43	41	00:48:27.81	00:48:23.82	GDCT IN CM
194	629	ANA RAMOS	F	41	1	00:48:28.88	00:48:18.91	GYM2010
195	113	MIGUEL FONTES	M	36	77	00:48:29.96	00:48:03.02	GDCFA
196	564	ROBERT TEIXEIRA	M	31	78	00:48:30.90	00:47:35.31	KONANRUNNERS
197	465	PEDRO M S PINTO	M	31	79	00:48:32.19	00:48:23.69	
198	89	RUI MENDES	M	45	32	00:48:33.07	00:48:15.33	
199	271	ANTÓNIO RODRIGUES	M	50	18	00:48:33.81	00:47:44.59	
200	857	GUILHERME GONÇALVES	M	57	15	00:48:36.18	00:48:29.38	C FERROV PORTUGAL
201	656	ANDRÉ LOPES	M	33	80	00:48:37.30	00:48:31.97	BILHUDOS
202	657	MANUEL SILVA	M	62	8	00:48:37.59	00:48:31.80	BILHUDOS
203	963	ANTÓNIO H MARQUES	M	56	16	00:48:37.62	00:48:27.84	
204	583	NUNO GOMES	M	29	81	00:48:38.21	00:48:19.90	GATTAL
205	584	RAUL CUSTÓDIO	M	29	82	00:48:39.13	00:47:59.47	
206	285	DAVID FIGUEIRDO	M	41	42	00:48:44.17	00:48:23.45	
207	338	BRUNO DIAS	M	41	43	00:48:44.75	00:48:33.03	SS CGD
208	721	RICARDO CAMPOS	M	41	44	00:48:45.63	00:48:34.86	
209	979	TIAGO FERNANDES	M	34	83	00:48:47.34	00:47:55.15	
210	357	NOEMIA SEQUEIRA	F	49	3	00:48:49.05	00:48:43.48	SS CGD
211	623	LUÍS GAMA	M	54	19	00:48:50.63	00:48:48.09	AMIGOS DO FRANCISCO
212	400	CARLOS COSTA	M	53	20	00:48:52.76	00:48:47.79	C MILLENNIUM BCP
213	891	HUGO ROCHA	M	35	84	00:48:55.96	00:48:35.49	ROCHA
214	265	JOSE GASPAR	M	44	45	00:49:02.33	00:48:18.94	QUARTETO
215	10	ÁLVARO GOMES	M	44	46	00:49:04.59	00:48:57.90	
216	329	RICARDO MAXIMIANO	M	31	85	00:49:04.86	00:48:46.66	
217	115	ARTUR J CARVALHO	M	54	21	00:49:05.58	00:48:30.59	
218	56	PEDRO LOURENÇO	M	40	47	00:49:07.86	00:48:51.16	
219	782	LEONEL A NEVES	M	64	9	00:49:09.36	00:48:41.17	
220	466	JORGE ANDRADE	M	55	17	00:49:10.58	00:48:53.33	
221	192	PEDRO GASPAR	M	25	86	00:49:10.72	00:48:38.07	



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222	470	ROSA RODRIGUES	F	41	2	00:49:14.64	00:48:46.56	CD INFANTE
223	471	HÉLDER GOUVEIA	M	40	48	00:49:14.78	00:49:14.78	CD INFANTE
224	571	LUIS GOMES	M	44	49	00:49:17.79	00:49:14.29	GD SANTANDER TOTTA
225	964	ANTÓNIO N SILVA	M	52	22	00:49:19.65	00:49:03.02	
226	191	NUNO CRUZ	M	40	50	00:49:27.00	00:48:54.28	
227	880	PEDRO M M LUCAS	M	39	87	00:49:27.84	00:48:56.92	
228	202	ALMERINDO SILVA	M	58	18	00:49:29.06	00:49:01.61	ADC CATUJAL
229	992	JOÃO TEIXEIRA	M	50	23	00:49:32.54	00:48:42.61	
230	980	AUGUSTO FERNANDES	M	61	10	00:49:33.21	00:48:40.20	
231	404	PEDRO PEREIRA	M	51	24	00:49:33.83	00:49:17.65	C MILLENNIUM BCP
232	296	SANDRA A LOPES	F	33	6	00:49:34.37	00:49:05.35	
233	643	NUNO MIGUEL	M	28	88	00:49:40.29	00:49:29.93	
234	225	JORGE AZEVEDO	M	45	33	00:49:40.43	00:48:42.82	
235	685	DANIEL RAPOSO	M	36	89	00:49:41.15	00:49:32.62	COALA - C ORIENTACAO AV LITORAL ALENTEJANO
236	652	NUNO ARAÚJO	M	45	34	00:49:42.96	00:49:05.89	
237	395	JORGE SALVADO	M	54	25	00:49:44.89	00:49:28.85	C MILLENNIUM BCP
238	674	ANTONIO SANTOS	M	64	11	00:49:45.71	00:49:40.57	
239	815	ANIBAL J G CARVALHO	M	66	12	00:49:46.45	00:49:37.12	
240	907	ANTONIO P NARCISO	M	53	26	00:49:46.87	00:49:25.28	EPAL
241	438	THOMAS STARK	M	39	90	00:49:47.88	00:49:26.49	
242	934	BRUNO SILVA	M	31	91	00:49:49.38	00:49:38.19	PASSATEMPO VIMEIRO
243	193	EMANUEL GASPAR	M	19	92	00:49:49.44	00:49:17.89	
244	950	JOSÉ S TOMÉ	M	51	27	00:49:50.20	00:49:43.00	GRUPO BARRAQUEIRO
245	599	MIGUEL R ANDRADE	M	45	35	00:49:51.48	00:49:33.53	
246	126	SÉRGIO RODRIGUES	M	42	51	00:49:52.50	00:48:48.34	MAD MAX TEAM
247	164	FERNANDO COUTINHO	M	50	28	00:49:53.80	00:48:49.30	MAD MAX TEAM
248	827	ANTÓNIO ALMEIDA	M	37	93	00:49:54.85	00:49:39.33	GRUPO BARRAQUEIRO
249	387	JOSE BRANCO	M	67	13	00:49:55.32	00:49:45.83	C MILLENNIUM BCP
250	832	LUÍS C MARTINS	M	57	19	00:49:57.50	00:49:52.00	GRUPO BARRAQUEIRO
251	889	JOSE E RODRIGUES	M	53	29	00:49:58.47	00:49:33.49	
252	717	CARLOS FERREIRA	M	60	14	00:50:01.91	00:49:58.28	ND AUTOCOOPE
253	408	MARIO FARIA	M	50	30	00:50:06.45	00:49:24.19	C MILLENNIUM BCP
254	1037	ELIZETE DUARTE	F	44	3	00:50:08.49	00:50:01.64	TRANQUILIDADE AÇOREANA CLUBE
255	1036	CARLOS BARGADO	M	53	31	00:50:08.62	00:49:44.27	TRANQUILIDADE AÇOREANA CLUBE
256	824	FILIPA VELOSO	F	28	7	00:50:12.96	00:50:01.36	DAVID E FILIPA
257	825	DAVID NEVES	M	36	94	00:50:13.24	00:50:00.72	DAVID E FILIPA
258	239	BRUNO HENRIQUES	M	34	95	00:50:14.46	00:49:13.17	RUNBUNNIES



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259	746	MANUEL MARTINS	M	61	15	00:50:15.40	00:49:45.80	OS MARTINS
260	434	ANTÓNIO CALIXTO	M	33	96	00:50:15.85	00:49:40.06	
261	486	JOSÉ F S ALVES	M	46	36	00:50:20.51	00:49:46.00	CCDT METRO LX
262	566	RUI GERALDES	M	30	97	00:50:33.95	00:49:40.54	
263	916	PEDRO ANTUNES	M	41	52	00:50:34.42	00:50:08.19	EPAL
264	680	HENRIQUE ALVAREDO	M	60	16	00:50:38.35	00:50:15.02	C SARGENTO ARMADA
265	228	PAULO PALMINHA	M	47	37	00:50:48.31	00:50:38.94	
266	415	JOSE MARQUES	M	47	38	00:50:51.90	00:50:37.21	C MILLENNIUM BCP
267	204	MIGUEL NUNES	M	45	39	00:50:54.40	00:50:36.54	
268	978	IOAN MATEI	M	56	20	00:50:54.81	00:50:45.05	
269	826	ANTÓNIO ATANASIO	M	29	98	00:50:56.87	00:50:47.43	GRUPO BARRAQUEIRO
270	551	LUÍS FIGUEIRA	M	37	99	00:50:57.91	00:49:52.57	
271	413	JOSE FERREIRA	M	47	40	00:50:58.61	00:50:30.60	C MILLENNIUM BCP
272	792	GONÇALO COSTA	M	38	100	00:50:59.42	00:50:54.98	
273	587	BRUNO M V CARVALHO	M	31	101	00:51:01.59	00:50:32.58	
274	766	LUÍS FIGUEIREDO	M	55	21	00:51:02.04	00:50:46.58	
275	833	PORFÍRIO VAZ	M	37	102	00:51:05.03	00:50:31.27	GRUPO BARRAQUEIRO
276	752	RODRIGO DURÃO	M	43	53	00:51:08.97	00:50:24.63	
277	920	VITOR SANTOS	M	38	103	00:51:09.89	00:50:25.11	EPAL
278	278	RUI S ALMEIDA	M	45	41	00:51:12.28	00:50:58.51	CN PARQUE NAÇOS
279	844	PEDRO CLETO	M	44	54	00:51:14.26	00:50:37.90	
280	244	TIAGO ROSA	M	31	104	00:51:15.18	00:50:46.04	SINTRA RUNNERS
281	29	ANTONIO C NOVAS	M	39	105	00:51:15.92	00:50:12.73	
282	172	VANDA MURTEIRA	F	43	4	00:51:16.35	00:51:09.36	AKI VAMOS NÓS
283	733	RUTE I C MANEIRA	F	25	8	00:51:18.36	00:50:48.83	
284	562	PAULO J P TAVARES	M	40	55	00:51:18.58	00:50:45.14	
285	304	LINO OLIVEIRA	M	71	17	00:51:20.76	00:51:18.20	GD SANTANDER TOTTA
286	462	ANTONIA JORDÃO	F	40	5	00:51:22.06	00:51:01.40	SFUAP
287	896	ANKUSH DIXIT	M	35	106	00:51:25.22	00:51:04.39	ROCHA
288	822	VALTER TEIXEIRA	M	49	42	00:51:29.56	00:51:22.00	C FERROV PORTUGAL
289	493	VÍTOR DIAS	M	50	32	00:51:30.15	00:51:24.72	GD CHELAS
290	790	FRANCISCO M C PINTO	M	58	22	00:51:32.58	00:51:30.04	
291	216	MARCO CARVALHO	M	40	56	00:51:35.34	00:51:17.42	GDCT IN CM
292	257	PEDRO CASTRO	M	45	43	00:51:35.69	00:50:44.59	
293	973	EUNICE AMORIM	F	52	4	00:51:37.51	00:51:13.36	BCC RUNNERS
294	43	MÁRIO JORGE	M	57	23	00:51:37.79	00:50:36.23	GEORUNNERS
295	1062	JOAO ARAUJO	M	48	44	00:51:38.28	00:51:02.32	PALHAS



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296	325	BARBARA SAAVEDRA	F	29	9	00:51:38.34	00:51:16.90	
297	324	ANDRE SAAVEDRA	M	25	107	00:51:38.63	00:51:15.52	
298	178	JOÃO P H SIMÕES	M	30	108	00:51:38.76	00:51:05.39	
299	104	CESAR SANTOS	M	44	57	00:51:39.18	00:51:23.38	
300	155	LUÍS DOMINGUES	M	49	45	00:51:39.51	00:51:34.63	MOTORWAY
301	759	EDUARDO RIBEIRO	M	50	33	00:51:39.76	00:51:04.94	GDCT UNICRE
302	780	JOSE FERNANDES	M	64	18	00:51:40.71	00:51:27.14	REST FAZ FIGURA
303	791	RUI M N MENA	M	46	46	00:51:41.46	00:50:59.85	
304	245	TIAGO SANTOS	M	21	109	00:51:42.42	00:51:11.84	SINTRA RUNNERS
305	427	NUNO MARIZ	M	44	58	00:51:43.16	00:51:05.10	C MILLENNIUM BCP
306	144	AGOSTINHO MARQUES	M	59	24	00:51:45.06	00:51:16.00	ASAS
307	940	ARMANDO ALMEIDA	M	37	110	00:51:48.41	00:51:03.27	PASSATEMPO VIMEIRO
308	882	JOÃO A A SANTOS	M	36	111	00:51:48.51	00:51:35.48	
309	841	PAULO GONÇALVES	M	51	34	00:51:49.40	00:51:22.56	MARVILA JOVEM
310	798	MARCO FERNANDES	M	29	112	00:51:49.50	00:51:47.70	RUN FOR FRIENDS
311	224	JOSÉ VAZ	M	59	25	00:51:49.56	00:51:21.73	CLUBE ANACOM
312	534	FERNANDO OLIVEIRA	M	50	35	00:51:51.20	00:51:37.95	
313	109	PAULO MOUTINHO	M	46	47	00:51:51.67	00:50:45.84	H-GARRA A LEBRE !
314	689	JORGE COSTA	M	48	48	00:51:51.70	00:50:51.93	SS MONTEPIO GERAL
315	1049	ANA CORTES	F	38	10	00:51:53.90	00:51:30.76	
316	859	JOÃO SOARES	M	39	113	00:51:54.90	00:50:42.64	EQ OPEN AIR
317	460	CARLOS GONÇALVES	M	53	36	00:51:59.78	00:51:52.10	SFUAP
318	555	ARTUR J CARVALHO	M	50	37	00:52:03.40	00:51:42.37	
319	478	LUIS SOUSA	M	47	49	00:52:06.40	00:51:59.99	
320	356	JOAQUIM CARRILHO	M	51	38	00:52:07.08	00:51:17.02	SS CGD
321	151	SÉRGIO OLIVEIRA	M	42	59	00:52:07.92	00:51:35.06	
322	929	HERNANI GASPAR	M	55	26	00:52:08.99	00:51:23.34	A VALE SILENCIO
323	545	FILIPE GONÇALVES	M	48	50	00:52:09.63	00:51:58.78	
324	177	FILIPA C S DAVID	F	28	11	00:52:11.98	00:51:41.70	
325	952	RUI BOLAS	M	38	114	00:52:13.01	00:51:12.81	BAZÓFIAS TEAM
326	392	JORGE SOARES	M	52	39	00:52:15.89	00:51:58.75	C MILLENNIUM BCP
327	971	JORGE SOUSA	M	53	40	00:52:16.06	00:51:57.93	
328	57	CARLOS MAGALHÃES	M	35	115	00:52:17.30	00:51:37.11	
329	223	JOSÉ PINTO	M	42	60	00:52:20.44	00:51:52.66	CLUBE ANACOM
330	231	VITOR MORAIS	M	59	27	00:52:20.71	00:52:06.31	MARGIL
331	569	ANDRÉ FIGUEIREDO	M	40	61	00:52:21.92	00:51:54.23	
332	459	MARIO ALVES	M	62	19	00:52:26.14	00:52:26.14	SFUAP



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333	349	JOAO ALMEIDA	M	47	51	00:52:27.14	00:52:03.07	SS CGD
334	341	CARLOS FIGUEIREDO	M	45	52	00:52:27.27	00:52:02.29	SS CGD
335	411	ARTUR LEITE	M	52	41	00:52:30.54	00:52:14.46	C MILLENNIUM BCP
336	386	CARLOS RODRIGUES	M	59	28	00:52:33.29	00:52:15.11	C MILLENNIUM BCP
337	393	AURORA SOARES	F	46	5	00:52:33.59	00:52:17.90	C MILLENNIUM BCP
338	60	ELISABETH SANTOS	F	38	12	00:52:35.93	00:52:02.28	OPTICALIA RUNNING TEAM
339	429	PEDRO M B SERRA	M	32	116	00:52:38.02	00:51:48.28	
340	722	JORGE M S ALMEIDA	M	44	62	00:52:38.44	00:51:46.70	
341	405	NUNO MENDES	M	32	117	00:52:38.88	00:52:15.55	C MILLENNIUM BCP
342	605	INÉS S RIBEIRO	F	32	13	00:52:39.80	00:52:01.34	
343	199	PAULO MARQUES	M	42	63	00:52:40.05	00:52:15.28	GAA VFX
344	1068	OSCAR RODRIGUES	M	47	53	00:52:40.18	00:52:22.93	BELEM RUNNERS
345	439	LUIS F E MATEUS	M	34	118	00:52:40.22	00:52:28.18	
346	494	SUSANA DURO	F	42	6	00:52:41.05	00:52:31.80	ITS UP TO YOU
347	52	RICARDO D LEITÃO	M	41	64	00:52:41.32	00:52:00.67	BOELAS TEAM
348	303	JOAO ROCHA	M	66	20	00:52:41.63	00:52:38.82	GD SANTANDER TOTTA
349	898	FILIPPE BONITO	M	38	119	00:52:43.26	00:52:12.78	CAMILA FICA
350	749	FEDERICO HERRERA	M	40	65	00:52:43.50	00:52:14.78	
351	842	LUIS PARRINHA	M	52	42	00:52:44.00	00:52:18.25	MARVILA JOVEM
352	932	TIAGO BRANDAO	M	32	120	00:52:49.73	00:52:42.48	PASSATEMPO VIMEIRO
353	1055	JOSÉ A RAPOSO	M	48	54	00:52:50.23	00:52:44.69	
354	719	CARLOS MAGALHAES	M	51	43	00:52:50.63	00:52:36.08	ND AUTOCOOPE
355	264	MIGUEL FIGUEIREDO	M	42	66	00:52:52.36	00:52:07.04	QUARTETO
356	363	RUI TIAGO CARREIRO	M	33	121	00:52:53.36	00:52:21.31	
357	251	ELSA SABIDO	F	46	6	00:52:56.29	00:52:37.58	FAM 2 RUN
358	297	PEDRO DIAS	M	46	55	00:52:56.65	00:52:52.22	GD SANTANDER TOTTA
359	208	JOÃO C FERREIRA	M	45	56	00:52:57.54	00:52:15.93	CLUBE CIMPOR
360	326	JOAO LOPES	M	29	122	00:52:57.58	00:52:15.30	
361	299	JOEL PONTE	M	28	123	00:52:58.53	00:52:05.18	GD SANTANDER TOTTA
362	970	FRANCISCO TEIXEIRA	M	38	124	00:52:59.12	00:52:13.72	
363	1070	ROSA M FREITAS	F	52	7	00:53:01.90	00:52:45.09	BELEM RUNNERS
364	347	FRANCISCO CLERIGO	M	64	21	00:53:02.54	00:52:24.96	SS CGD
365	450	HUGO M P RODRIGUES	M	35	125	00:53:03.62	00:52:59.18	
366	500	MIGUEL FERRAZ	M	32	126	00:53:05.00	00:51:53.13	OPEN AIR
367	951	FILIPPE FERREIRA	M	39	127	00:53:05.29	00:52:04.81	BAZÓFIAS TEAM
368	1025	TADEU PEREIRA	M	39	128	00:53:07.50	00:53:07.50	
369	237	PATRICK R SANTOS	M	38	129	00:53:07.78	00:52:05.93	RUNBUNNIES



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370	696	TERESA CARDOSO	F	38	14	00:53:09.20	00:52:10.21	SS MONTEPIO GERAL
371	816	JAIME GOMES	M	61	22	00:53:09.87	00:52:10.23	SS MONTEPIO GERAL
372	464	NUNO FONTES	M	31	130	00:53:10.68	00:52:23.21	
373	552	ALESSANDRO VHO	M	26	131	00:53:11.44	00:52:04.57	
374	94	SONIA DANTAS	F	38	15	00:53:11.62	00:52:59.55	
375	150	FERNANDO RIBEIRO	M	49	57	00:53:11.77	00:52:40.54	
376	533	RICARDO J J FERREIRA	M	40	67	00:53:14.07	00:52:35.33	
377	343	CRISTINA GABRIEL	F	36	16	00:53:15.82	00:52:45.58	SS CGD
378	121	LUÍS VILELA	M	41	68	00:53:17.04	00:52:49.51	
379	281	JOSE MIRA	M	48	58	00:53:18.21	00:52:17.33	
380	348	FRANCISCO CRUZ	M	47	59	00:53:18.58	00:52:46.80	SS CGD
381	320	JOSE VIEGAS	M	39	132	00:53:18.83	00:52:24.75	GD SANTANDER TOTTA
382	743	JOÃO AMORIM	M	28	133	00:53:22.25	00:52:38.42	
383	553	MATTIA CACCIN	M	25	134	00:53:23.70	00:52:15.88	
384	236	MIGUEL MERTENS	M	46	60	00:53:25.90	00:52:24.67	RUNBUNNIES
385	679	ANTONIO SOBRAL	M	60	23	00:53:27.56	00:52:58.23	C SARGENTO ARMADA
386	64	HENRIQUE COELHO	M	37	135	00:53:27.67	00:52:54.89	OPTICALIA RUNNING TEAM
387	1018	ANTÓNIO PEREIRA	M	57	29	00:53:28.82	00:53:01.21	CHALET DAVILA
388	659	JOÃO BATISTA	M	36	136	00:53:29.38	00:53:17.48	
389	703	ALBERTO MARTINS	M	53	44	00:53:29.42	00:53:09.56	CORRER LISBOA
390	250	LILIANA CORREIA	F	24	17	00:53:31.04	00:53:12.76	FAM 2 RUN
391	437	DUARTE PYRRAIT	M	37	137	00:53:31.22	00:53:02.40	
392	701	SÉRGIO PIRES	M	40	69	00:53:31.26	00:52:22.90	
393	123	BEATRIZ SÉCIO	F	20	18	00:53:33.04	00:52:43.25	MÃE E FILHAS
394	1030	MARCO FERREIRA	M	30	138	00:53:33.45	00:52:35.31	
395	819	LUIS FERNANDES	M	41	70	00:53:33.97	00:52:55.56	
396	818	PEDRO GUTIERRES	M	35	139	00:53:34.01	00:52:54.45	
397	481	BRUNO M F BARBOSA	M	27	140	00:53:34.55	00:52:58.94	CCDT METRO LX
398	1026	FILIPE CRUZ	M	35	141	00:53:35.01	00:52:35.57	EAE LAZZY RUNNERS
399	267	ANTONIO SILVA	M	41	71	00:53:35.73	00:53:12.05	CN PARQUE NAÇOS
400	821	JOAQUIM LAVOS	M	37	142	00:53:43.58	00:53:34.11	C FERROV PORTUGAL
401	449	JORGE FERRO	M	51	45	00:53:44.54	00:52:42.95	
402	327	DIAMANTINO LOPES	M	57	30	00:53:44.58	00:53:01.28	
403	138	ALEXANDRE M R E SANTO	M	36	143	00:53:44.96	00:53:15.37	SISCOG
404	556	PEDRO FONTES	M	42	72	00:53:45.04	00:52:48.89	
405	835	ANABELA ALMEIDA	F	44	7	00:53:45.86	00:53:06.81	
406	128	PAULO J L D T TOMÉ	M	44	73	00:53:46.91	00:53:13.54	SISCOG



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407	687	MIGUEL RIBEIRO	M	45	61	00:53:47.59	00:53:05.84	
408	1071	RUI AFONSO	M	49	62	00:53:49.10	00:53:31.42	BELEM RUNNERS
409	351	JOSE FERREIRA	M	61	24	00:53:49.36	00:53:04.17	SS CGD
410	874	GINA CHEIO	F	46	8	00:53:50.76	00:53:42.05	GDC BANCO DE PORTUGAL
411	396	FERNANDO ALMEIDA	M	49	63	00:53:54.92	00:53:07.93	C MILLENNIUM BCP
412	509	JOSÉ BAIXINHO	M	60	25	00:53:55.47	00:53:16.24	SANTIAGO FC
413	95	CLÁUDIO VIEGAS	M	40	74	00:53:56.28	00:53:09.94	
414	81	SANDRO M L NUNES	M	38	144	00:53:56.95	00:53:09.67	CORRER LISBOA
415	525	JOAO PEDROSA	M	38	145	00:53:57.26	00:53:36.11	PREMIUM RUNNERS
416	574	ARMANDO VALENTE	M	47	64	00:54:02.65	00:53:29.98	
417	837	CLARA AUGUSTO	F	47	9	00:54:05.07	00:53:25.36	
418	19	FILIPE PEREIRA	M	33	146	00:54:06.43	00:53:44.54	
419	615	BRUNO ALEXANDRE	M	37	147	00:54:07.77	00:53:55.59	
420	230	AUGUSTO CARIA	M	65	26	00:54:10.48	00:54:03.64	MARGIL
421	241	CARLOS CONSTANTINO	M	38	148	00:54:14.54	00:52:57.35	
422	761	PAULO FARIA	M	43	75	00:54:15.08	00:54:01.81	
423	167	PEDRO M V NEVES	M	40	76	00:54:17.19	00:53:00.85	
424	467	ROMULO Z COSTACURTA	M	32	149	00:54:18.34	00:54:05.76	COELHO PANQUECA
425	1095	PEDRO BERNARDO	M	41	77	00:54:18.61	00:53:18.35	
426	958	RAFAEL FIGUEIREDO	M	47	65	00:54:19.19	00:53:23.28	
427	416	LUIS M A C SILVA	M	50	46	00:54:19.88	00:53:37.69	C MILLENNIUM BCP
428	302	IVO LIMA	M	40	78	00:54:23.58	00:54:19.44	GD SANTANDER TOTTA
429	454	BRUNO R B OLIVEIRA	M	36	150	00:54:24.66	00:53:33.65	
430	658	SEVERINO CRUZ	M	54	47	00:54:26.45	00:53:42.59	AFIS-OVAR
431	238	PEDRO E S ARAÚJO	M	43	79	00:54:29.62	00:53:27.84	RUNBUNNIES
432	601	PATRICIA MATOS	F	42	8	00:54:31.20	00:54:21.75	PEPE RAPIDOS
433	1077	PEDRO VITORINO	M	41	80	00:54:32.01	00:54:21.10	
434	697	TIAGO GASPAR	M	36	151	00:54:32.20	00:53:33.31	SS MONTEPIO GERAL
435	111	SARA PESTANA	F	27	19	00:54:32.25	00:54:01.33	
436	694	PEDRO BOTO	M	50	48	00:54:32.31	00:53:33.52	SS MONTEPIO GERAL
437	30	VÍTOR GONZAS	M	50	49	00:54:33.17	00:54:33.17	PIRATE RUNNERS
438	166	FRANCISCO FERNANDES	M	37	152	00:54:33.95	00:54:15.85	
439	702	JOSE S M VERMELHUDO	M	57	31	00:54:33.98	00:53:54.21	NAV RUNNERS
440	67	ANTÓNIO J VARELA	M	51	50	00:54:34.42	00:54:29.77	
441	112	SUSANA PEDRO	F	31	20	00:54:34.60	00:54:08.25	GDCFA
442	359	ALDEIDES ESTRELA	M	40	81	00:54:34.86	00:53:33.36	SS CGD
443	939	SANDRA ELVAS	F	41	9	00:54:35.27	00:53:50.24	PASSATEMPO VIMEIRO



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444	640	CLARA RAIMUNDO	F	41	10	00:54:36.01	00:54:09.59	PERNAS DE GAFANHOTO
445	692	NUNO SANTOS	M	41	82	00:54:37.77	00:53:39.11	SS MONTEPIO GERAL
446	725	FERNANDO B MARQUES	M	68	27	00:54:38.48	00:54:23.08	CP EDP CARREGADO
447	862	PAULO ROXO	M	42	83	00:54:38.71	00:54:15.97	
448	568	VITOR LOUREIRO	M	54	51	00:54:40.00	00:53:47.17	
449	453	JOSE L S CORREIA	M	58	32	00:54:40.85	00:54:31.81	NAV RUNNERS
450	11	VÍTOR F C MELO	M	55	33	00:54:46.62	00:54:29.99	
451	947	GILBERTO GONÇALVES	M	68	28	00:54:46.83	00:54:24.90	CAA BELÉM
452	382	LEONEL BRANDAO	M	50	52	00:54:47.32	00:54:32.48	C MILLENNIUM BCP
453	71	JÚLIO FERREIRA	M	63	29	00:54:47.44	00:54:47.44	CARACÓIS SONOLENTOS
454	441	MARTA FERNANDES	F	25	21	00:54:47.87	00:54:45.20	
455	865	JORGE PIRES	M	49	66	00:54:48.29	00:53:54.99	CP RTP
456	301	CARLOS ALVES	M	48	67	00:54:48.54	00:54:44.83	GD SANTANDER TOTTA
457	1058	MERCEDES FONSECA	F	61	10	00:54:48.75	00:54:25.76	FF PAZ MUNDIAL E UNIFICAÇÃO
458	651	PEDRO F C ARAÚJO	M	29	153	00:54:49.49	00:54:02.50	
459	97	HUGO M R COLAÇO	M	39	154	00:54:51.51	00:54:03.15	
460	205	AIRES ILDEFONSO	M	62	30	00:54:53.39	00:54:37.83	Cabeleireiro Moda Jovem
461	602	MANUEL L COSTA	M	52	53	00:54:57.88	00:54:47.65	PEPE RAPIDOS
462	220	PAULO SOUSA	M	43	84	00:54:59.67	00:54:31.58	GDCT IN CM
463	735	CARLOS GONÇALVES	M	45	68	00:55:00.57	00:54:48.68	MARGEM SUL RUNNERS
464	726	MIGUEL A M SILVA	M	50	54	00:55:00.61	00:54:48.00	MARGEM SUL RUNNERS
465	186	NUNO CORTÊS	M	40	85	00:55:00.93	00:54:53.18	
466	14	SANDRA ARRAIAS	F	36	22	00:55:01.35	00:54:02.84	OS ARRAIAS
467	13	DIOGO ARRAIAS	M	63	31	00:55:01.40	00:54:02.14	OS ARRAIAS
468	699	RENATO CARVALHO	M	35	155	00:55:02.09	00:54:51.17	
469	795	LUÍS NETO	M	53	55	00:55:03.60	00:54:57.19	CARAPUS DE CORRIDA
470	748	TIAGO CORREIA	M	27	156	00:55:04.24	00:54:33.72	OS MARTINS
471	864	MAFALDA GAMEIRO	F	48	11	00:55:05.53	00:54:13.12	CP RTP
472	764	CARLOS MARINHO	M	37	157	00:55:06.11	00:54:09.30	
473	277	FERNANDO L D SERRANO	M	48	69	00:55:06.70	00:54:43.21	CN PARQUE NAÇOS
474	366	DARLEY C TIGRE	M	36	158	00:55:06.86	00:54:23.31	TAMUJUNTO NA PISTA
475	581	HUGO SILVEIRA	M	41	86	00:55:07.27	00:54:30.33	
476	1097	FRANCISCO MONTEIRO	M	23	159	00:55:07.55	00:54:56.93	PEPE RAPIDOS
477	93	JOAO MARQUES	M	40	87	00:55:08.46	00:54:56.50	
478	1084	ANTONIO LIMA	M	54	56	00:55:09.60	00:55:10.32	
479	774	JOSÉ C ALEXANDRE	M	30	160	00:55:09.63	00:54:26.19	
480	318	PEDRO GRAÇA	M	39	161	00:55:09.88	00:54:59.51	GD SANTANDER TOTTA



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481	149	RUI COSTA	M	30	162	00:55:10.13	00:55:10.13	
482	582	NELSON BRITO	M	43	88	00:55:10.83	00:54:51.01	GATTAL
483	1098	LUIA S RAMOS	F	49	12	00:55:16.45	00:54:52.21	
484	817	ROGÉRIO DIAS	M	45	70	00:55:16.61	00:54:50.33	
485	147	RUBEN COUTO	M	35	163	00:55:18.06	00:54:47.53	ASAS
486	226	ANTÓNIO PINTO	M	35	164	00:55:18.12	00:54:33.66	
487	649	GONÇALO NEVES	M	28	165	00:55:18.85	00:54:58.08	
488	793	OCTÁVIO A A FERRO	M	52	57	00:55:19.00	00:55:11.32	
489	771	RUI A F ENCARNÇÃO	M	40	89	00:55:19.55	00:54:44.50	CCDT METRO LX
490	1056	TOMÁS SOUSA	M	41	90	00:55:20.15	00:54:23.43	FF PAZ MUNDIAL E UNIFICAÇÃO
491	389	MARIO CAMPOS	M	69	32	00:55:21.23	00:54:42.93	C MILLENNIUM BCP
492	637	MIGUEL HORTA	M	41	91	00:55:22.02	00:55:10.72	
493	654	LUIS PINTO	M	38	166	00:55:22.19	00:55:12.34	
494	258	TIAGO P COSTA	M	34	167	00:55:25.06	00:55:11.73	Iniago Team
495	616	PATRÍCIA ALVES	F	36	23	00:55:28.51	00:55:17.51	
496	644	CARLOS SILVA	M	32	168	00:55:32.46	00:54:58.89	FORTÍSSIMOS RUNNING TEAM
497	727	NUNO DUARTE	M	44	92	00:55:32.51	00:54:57.18	
498	499	MIGUEL DUARTE	M	33	169	00:55:33.11	00:54:21.05	OPEN AIR
499	473	LUIS PROENÇA	M	47	71	00:55:35.53	00:55:19.22	
500	65	NUNO FRAGOSO	M	41	93	00:55:37.46	00:54:25.14	CORRER LISBOA
501	646	JORGE M N SANTOS	M	52	58	00:55:40.23	00:55:01.51	FC DESPERTAR CASAL CAMBRA
502	36	MARTA ALVES	F	38	24	00:55:40.52	00:55:18.05	
503	786	ANTÓNIO M S JORGE	M	64	33	00:55:41.16	00:55:22.94	
504	472	MEAGAN CARTY	F	41	11	00:55:41.99	00:55:23.79	
505	397	EDUARDO PINTO	M	48	72	00:55:43.23	00:55:25.61	C MILLENNIUM BCP
506	461	MANUELA GONÇALVES	F	49	13	00:55:46.35	00:55:38.53	SFUAP
507	284	NUNO BRANDÃO	M	31	170	00:55:47.02	00:55:33.46	
508	189	ANTÓNIO J F ANTUNES	M	38	171	00:55:50.50	00:54:44.59	
509	190	RUI DIAS	M	38	172	00:55:50.87	00:54:46.41	
510	647	TIAGO S BARRA	M	24	173	00:55:51.43	00:54:49.05	
511	455	DIOGO RESSURREIÇÃO	M	35	174	00:55:52.73	00:55:12.69	
512	633	ANDRÉ ROSA	M	31	175	00:55:53.40	00:54:45.90	CARDIF
513	912	JOAO BRITES	M	48	73	00:55:59.22	00:55:30.04	EPAL
514	288	SÉRGIO VASCO	M	35	176	00:56:03.22	00:55:16.98	
515	839	CARLOS FERREIRA	M	43	94	00:56:08.92	00:55:21.81	
516	145	ISAC DINIS	M	66	34	00:56:11.60	00:55:41.48	ASAS
517	565	VITOR PEREIRA	M	48	74	00:56:13.37	00:55:51.81	



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518	108	JERMIAS RIBEIRO	M	74	35	00:56:15.72	00:56:09.19	
519	103	CAMILA ROCHA	F	37	25	00:56:16.15	00:55:35.47	FÓNIX TEAM
520	1046	AFONSO TAM	M	65	36	00:56:17.19	00:55:54.83	TRANQUILIDADE AÇOREANA CLUBE
521	507	JOSE L LOPES	M	60	37	00:56:21.27	00:56:19.86	AMIGOS DA ESTRELA
522	1100	FRANCISO MATA	M	40	95	00:56:21.75	00:55:10.70	
523	544	ANDRÉ RAMOS	M	36	177	00:56:22.31	00:55:26.51	
524	90	ACÁCIO GAMBOA	M	46	75	00:56:23.01	00:55:35.80	
525	442	HEITOR M T C SANTOS	M	45	76	00:56:23.41	00:55:34.57	
526	448	CLÁUDIO MILHEIRO	M	41	96	00:56:29.30	00:55:28.76	
527	1052	JOÃO TEIXEIRA	M	38	178	00:56:32.62	00:55:46.48	
528	988	TIAGO FIGO	M	30	179	00:56:40.50	00:55:35.07	
529	1066	JOAO MARTINS	M	49	77	00:56:42.82	00:56:25.06	BELEM RUNNERS
530	1035	ARTUR GAIO	M	34	180	00:56:42.84	00:56:22.64	TRANQUILIDADE AÇOREANA CLUBE
531	316	LUIS GATINHO	M	49	78	00:56:43.11	00:55:47.04	GD SANTANDER TOTTA
532	40	ANTÓNIO J G POMBINHO	M	60	38	00:56:45.71	00:56:31.15	
533	161	INÊS ABRANTES	F	33	26	00:56:46.62	00:56:09.59	BALHELHAS
534	287	NATASHA PLANAS	F	47	14	00:56:48.84	00:56:43.72	APARTAMENTOS DO PARQUE
535	286	MIGUEL BAPTISTA	M	53	59	00:56:48.91	00:56:42.86	APARTAMENTOS DO PARQUE
536	905	ALDA LUIS	F	53	15	00:56:49.91	00:56:34.24	EPAL
537	904	ABEL LUIS	M	52	60	00:56:50.55	00:56:35.46	EPAL
538	768	PEDRO COELHO	M	39	181	00:56:51.11	00:56:06.12	CAPTAIN FLY
539	626	NUNO DIAS	M	31	182	00:56:53.75	00:56:19.02	FORTÍSSIMOS RUNNING TEAM
540	684	JOÃO SANTOS	M	68	39	00:56:54.17	00:56:42.38	VETERANOS DE MASSAMÁ
541	860	ANTÓNIO FERRADOR	M	36	183	00:56:55.02	00:55:41.35	EQ OPEN AIR
542	312	CARINA VEIGA	F	32	27	00:56:55.14	00:56:03.57	GD SANTANDER TOTTA
543	836	MANUEL HORTELÃO	M	43	97	00:57:00.87	00:56:12.86	
544	1065	CATARINA FERREIRA	F	44	12	00:57:02.33	00:56:43.55	BELEM RUNNERS
545	196	JOAO RITO	M	59	34	00:57:05.42	00:56:50.38	
546	804	PAULO MARTINS	M	48	79	00:57:08.85	00:56:37.26	CASEBRE
547	130	RUBEN J S LINO	M	29	184	00:57:09.47	00:56:37.57	SISCOG
548	607	PAULO E COSTA	M	46	80	00:57:09.59	00:56:29.75	
549	867	JOAQUIM BORRALHO	M	70	40	00:57:10.70	00:57:01.00	GDC BANCO DE PORTUGAL
550	92	EMANUEL C DELGADO	M	27	185	00:57:12.11	00:56:37.36	DANIMA
551	390	SERGIO ANJOS	M	70	41	00:57:12.24	00:56:23.18	C MILLENNIUM BCP
552	893	MANUEL ROCHA	M	64	42	00:57:13.09	00:56:37.13	ROCHA
553	967	DMITRY SOROKIN	M	43	98	00:57:13.41	00:56:17.63	
554	1080	FRANCISCO CLAUDINO	M	65	43	00:57:14.27	00:56:33.89	



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555	1091	JOAO P PEREIRA	M	41	99	00:57:14.97	00:56:46.97	
556	207	Mª GORETI FERNANDES	F	53	16	00:57:16.72	00:56:34.78	CLUBE CIMPOR
557	227	CATARINA J L S ROLO	F	31	28	00:57:16.87	00:56:12.99	
558	996	NUNO MARQUES	M	48	81	00:57:17.14	00:56:49.18	
559	670	SÉRGIO PEREIRA	M	44	100	00:57:17.19	00:56:55.70	CLUBE VODAFONE
560	681	FERNANDO OLIVEIRA	M	62	44	00:57:19.24	00:56:15.70	C SARGENTO ARMADA
561	1020	TIAGO F C ALMEIDA	M	26	186	00:57:19.66	00:55:58.50	
562	808	ALEXANDRE BENTO	M	55	35	00:57:20.42	00:56:03.79	
563	1019	RICARDO SILVA	M	27	187	00:57:22.54	00:56:56.26	CHALET DAVILA
564	619	LUIS DOMINGUES	M	36	188	00:57:24.65	00:56:52.79	
565	50	ANA F C FEIJAO	F	23	29	00:57:25.29	00:56:47.45	
566	831	JOSÉ M DIAS	M	60	45	00:57:27.29	00:57:20.98	GRUPO BARRAQUEIRO
567	1063	MARIA ARAÚJO	F	47	17	00:57:27.49	00:56:53.28	PALHAS
568	863	HELENA SOUSA	F	38	30	00:57:29.02	00:56:11.74	
569	1094	PEDRO PARLAO	M	51	61	00:57:31.31	00:56:40.41	
570	313	LUIS COITO	M	47	82	00:57:32.78	00:56:27.77	GD SANTANDER TOTTA
571	1057	JOAQUIM FONSECA	M	61	46	00:57:32.85	00:57:09.11	FF PAZ MUNDIAL E UNIFICAÇÃO
572	543	MIGUEL REDMONT	M	47	83	00:57:33.14	00:56:37.29	
573	539	JULINE MOUGET	F	27	31	00:57:34.65	00:57:11.10	
574	723	DANIEL A O ALMEIDA	M	19	189	00:57:40.82	00:56:50.91	
575	436	NUNO GONÇALVES	M	42	101	00:57:40.95	00:56:51.49	
576	1093	SERGIO VILHENA	M	35	190	00:57:42.99	00:56:56.81	
577	709	JOSÉ BOM	M	37	191	00:57:43.70	00:57:18.15	
578	578	SÓNIA R S MIGUEL	F	24	32	00:57:44.01	00:56:50.48	
579	261	PHELIM OKANE	M	60	47	00:57:46.11	00:56:58.85	
580	1096	JOSE MONTEIRO	M	49	84	00:57:47.23	00:57:35.75	PEPE RAPIDOS
581	431	DIOGO SANTOS	M	28	192	00:57:48.85	00:56:42.59	
582	425	PAULO MARIZ	M	49	85	00:57:53.58	00:57:15.33	C MILLENNIUM BCP
583	426	BEATRIZ MARIZ	F	20	33	00:57:53.62	00:57:14.24	C MILLENNIUM BCP
584	1007	CRISTINA PORTUGAL	F	49	18	00:57:55.42	00:57:07.15	MEIAS E MINIS
585	944	NUNO JORGE	M	40	102	00:57:59.49	00:57:51.63	VIMEIRO
586	634	NUNO NEVES	M	36	193	00:58:03.57	00:56:55.90	CARDIF
587	510	JUDITE BAIXINHO	F	31	34	00:58:06.18	00:57:26.81	SANTIAGO FC
588	501	MIGUEL NOGUEIRA	M	31	194	00:58:09.35	00:56:57.07	OPEN AIR
589	620	ANDRÉ E G LOUREIRO	M	37	195	00:58:13.47	00:57:54.08	
590	1010	JAIME PORTUGAL	M	48	86	00:58:14.42	00:57:22.76	MEIAS E MINIS
591	590	LUIZ PEREIRA	M	37	196	00:58:15.09	00:57:29.88	



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592	589	CATIA RAMOS	F	37	35	00:58:15.32	00:57:30.82	
593	32	CARLOS CASAL	M	43	103	00:58:15.86	00:57:08.68	
594	385	ANA MARQUES	F	57	19	00:58:16.34	00:57:37.04	C MILLENNIUM BCP
595	672	JOSÉ J C SANTOS	M	51	62	00:58:20.42	00:57:13.91	
596	624	JOAQUIM GUERRA	M	54	63	00:58:21.52	00:57:14.14	QUEIRIZ
597	66	BRUNO DELGADO	M	37	197	00:58:23.37	00:58:04.62	
598	263	JOAQUIM BENTES	M	67	48	00:58:23.48	00:57:39.91	QUARTETO
599	262	ANTONIO RIBEIRO	M	53	64	00:58:23.63	00:57:39.23	QUARTETO
600	35	LARA VALENTE	F	36	36	00:58:24.86	00:58:05.65	
601	42	RICARDO LEAL	M	48	87	00:58:27.08	00:57:24.50	GEORUNNERS
602	648	FRANCISCO JANUARIO	M	47	88	00:58:29.17	00:57:40.68	
603	948	LUÍS C MOTA	M	43	104	00:58:29.98	00:57:21.58	
604	854	PAULO BOTO	M	62	49	00:58:30.70	00:58:05.47	
605	1012	LUÍS PEREIRA	M	37	198	00:58:31.39	00:58:11.08	
606	968	PEPE M C PEREIRA	M	34	199	00:58:32.59	00:57:34.97	
607	981	ADRIANO CUNHA	M	63	50	00:58:34.19	00:57:46.57	
608	823	NEVES SILVA	M	64	51	00:58:45.32	00:58:20.90	C FERROV PORTUGAL
609	80	LILIANA HENRIQUES	F	30	37	00:58:46.65	00:58:29.90	RUMOAO37
610	1074	CARLOS DE LLERA	M	32	200	00:58:47.59	00:58:10.35	
611	747	SUSANA MARTINS	F	28	38	00:58:49.13	00:58:18.18	OS MARTINS
612	591	TITO FERNANDES	M	39	201	00:58:51.93	00:58:24.49	GANG DOS PAIS
613	597	SANDRA N SOARES	F	38	39	00:58:52.12	00:58:24.18	GANG DOS PAIS
614	579	PAULO ANTUNES	M	45	89	00:58:55.01	00:58:11.51	QUARTETO
615	1078	TATIANA ILDEFONSO	F	35	40	00:58:55.70	00:58:08.53	
616	1082	ANABELA RUIVO	F	44	13	00:58:55.78	00:58:16.26	
617	755	CARLOS VIEGAS	M	59	36	00:58:56.02	00:58:21.56	GDCT UNICRE
618	1081	LUIS NABAIS	M	36	202	00:58:56.07	00:58:14.69	
619	38	CATARINA COELHO	F	26	41	00:59:01.87	00:58:33.07	
620	362	LUÍS RATO	M	51	65	00:59:02.35	00:58:14.70	
621	614	CATARINA NICHÓ	F	51	20	00:59:04.33	00:58:15.86	OS GALGOS
622	1075	PAULO ANDRADE	M	46	90	00:59:09.27	00:58:50.71	
623	183	NUNO AVÓ	M	50	66	00:59:12.42	00:58:20.35	LISBON MOONLIGHT RUNNERS
624	779	JOANA MATOS	F	28	42	00:59:12.64	00:58:40.25	
625	899	NUNO A V RAMOS	M	44	105	00:59:14.77	00:58:29.32	
626	430	HUGO COSTA	M	38	203	00:59:17.17	00:58:10.46	
627	570	FILIPA FIGUEIREDO	F	43	14	00:59:19.17	00:58:52.11	
628	588	PAULO J L ANGÉLICA	M	40	106	00:59:22.91	00:58:53.28	



7ª CORRIDA da ÁGUA

05
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2017

629	729	MANUEL F T AZENHA	M	63	52	00:59:23.11	00:58:27.60	AZENHAS
630	508	ISABEL BETTENCOURT	F	62	21	00:59:23.37	00:58:28.05	
631	289	PAULO GOMES	M	53	67	00:59:24.19	00:58:22.07	
632	502	VIRIATO SOUSA	M	33	204	00:59:26.31	00:58:14.09	OPEN AIR
633	710	INÉS GANDAIA	F	33	43	00:59:26.35	00:59:16.85	
634	142	HELENA CUNHA	F	58	22	00:59:27.60	00:58:59.56	ASAS
635	669	ALEXANDRE SILVA	M	42	107	00:59:27.64	00:59:11.51	CLUBE VODAFONE
636	143	SERAFIM MARQUES	M	68	53	00:59:27.85	00:58:58.43	ASAS
637	452	NUNO CAEIRO	M	27	205	00:59:28.35	00:58:23.95	BORABB
638	1027	MARGARIDA LUCAS	F	32	44	00:59:30.70	00:58:30.10	
639	188	JOÃO RIBEIRO	M	29	206	00:59:32.56	00:59:24.54	
640	668	ANA PINTO	F	24	45	00:59:33.93	00:59:23.52	
641	897	JAY RADHAKRISHNAN	M	30	207	00:59:34.51	00:59:14.08	ROCHA
642	856	PEDRO M M TELES	M	32	208	00:59:36.20	00:58:36.91	
643	377	LUIS CATITA	M	59	37	00:59:37.13	00:58:59.46	
644	511	HENRIQUE KOENDERS	M	45	91	00:59:38.58	00:58:49.21	
645	1059	BRUNO GONÇALVES	M	34	209	00:59:49.75	00:58:52.89	
646	1029	JOÃO P CARVALHO	M	58	38	00:59:52.05	00:59:28.52	QUIDRO
647	315	SAMUEL ROSADO	M	39	210	00:59:54.71	00:59:01.73	GD SANTANDER TOTTA
648	609	ELIZABETH DUARTE	F	46	23	00:59:56.68	00:59:08.21	OS GALGOS
649	559	JOSÉ CATITA	M	59	39	00:59:57.80	00:59:16.11	
650	388	VIRGILIO FERREIRA	M	63	54	00:59:57.85	00:58:56.34	C MILLENNIUM BCP
651	73	CATARINA AFONSO	F	34	46	01:00:00.57	00:59:49.11	
652	91	DANIELA F S PEREIRA	F	24	47	01:00:02.57	00:59:30.07	DANIMA
653	745	BRUNO FERREIRA	M	26	211	01:00:03.42	00:58:56.56	
654	311	TIAGO VEIGA	M	33	212	01:00:03.75	00:59:10.84	GD SANTANDER TOTTA
655	1008	WINNIE PICOTO	F	42	15	01:00:11.29	00:59:21.93	MEIAS E MINIS
656	1009	JOÃO PICOTO	M	43	108	01:00:11.45	00:59:21.82	MEIAS E MINIS
657	213	MARIA GOULAR	F	49	24	01:00:11.86	01:00:00.75	GDCT IN CM
658	217	MAURO LANÇA	M	40	109	01:00:12.11	01:00:06.29	GDCT IN CM
659	805	PAULO R JERÓNIMO	M	54	68	01:00:13.47	00:59:07.73	
660	435	IVAN GUERRA	M	40	110	01:00:14.18	01:00:14.18	
661	866	SOFIA JESUS	F	40	16	01:00:14.62	00:59:38.60	
662	317	CARLOS B PEREIRA	M	47	92	01:00:15.81	00:59:11.60	GD SANTANDER TOTTA
663	728	FAUSTO PIRES	M	31	213	01:00:15.88	00:59:50.60	
664	797	RICARDO VIEIRA	M	35	214	01:00:19.45	01:00:18.89	RUN FOR FRIENDS
665	375	SÉBASTIEN VANDENBERGH	M	37	215	01:00:19.99	00:59:06.52	



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2017

666	374	LUÍS FURA	M	32	216	01:00:20.36	00:59:06.31	
667	414	JOAO CARVALHO	M	54	69	01:00:21.77	01:00:05.38	C MILLENNIUM BCP
668	383	PEDRO MURCA	M	51	70	01:00:21.82	01:00:05.01	C MILLENNIUM BCP
669	966	ANA HENRIQUE	F	43	17	01:00:22.97	00:59:46.98	
670	118	SOFIA SANTOS	F	41	18	01:00:23.34	00:59:53.14	
671	1023	CELESTE ALMEIDA	F	48	25	01:00:23.39	01:00:15.72	SIMECQ
672	1024	SUSANA MENDES	F	38	48	01:00:23.81	01:00:15.03	SIMECQ
673	1039	HELENA SANTOS	F	55	26	01:00:27.42	01:00:19.54	TRANQUILIDADE AÇOREANA CLUBE
674	1034	ANTÓNIO JORGE	M	63	55	01:00:27.44	01:00:19.31	TRANQUILIDADE AÇOREANA CLUBE
675	294	LUÍS M B MIRANDA	M	43	111	01:00:28.19	00:59:46.41	
676	521	ANTÓNIO FERNANDES	M	54	71	01:00:29.79	01:00:12.88	PREMIUM RUNNERS
677	744	FILIPE FRADE	M	33	217	01:00:29.99	00:59:54.84	
678	105	JORGE COELHO	M	41	112	01:00:31.67	01:00:11.88	
679	370	NUNO MOLERO	M	35	218	01:00:32.69	01:00:12.09	
680	548	NUNO MATOS	M	48	93	01:00:34.32	01:00:10.47	PREMIUM RUNNERS
681	373	MARCO A S N F SILVA	M	32	219	01:00:35.17	01:00:17.05	DICE RUNNERS
682	593	VÁLTER NUNES	M	39	220	01:00:35.22	01:00:07.97	GANG DOS PAIS
683	365	ANTÓNIO DENTE	M	27	221	01:00:35.61	01:00:16.10	DICE RUNNERS
684	515	ANA ROMANO	F	49	27	01:00:44.36	01:00:29.40	FOURTASTICS
685	894	ANA BATISTA	F	34	49	01:00:45.31	01:00:08.56	ROCHA
686	243	NUNO TERRAQUENTE	M	45	94	01:00:45.31	01:00:06.41	SINTRA RUNNERS
687	886	HENRIQUE A B AZEVEDO	M	29	222	01:00:50.55	00:59:40.43	
688	813	SUSANA MENDO	F	46	28	01:00:50.65	00:59:53.19	
689	540	CÁTIA TORRES	F	34	50	01:00:52.67	00:59:58.22	
690	807	DAVID BARBOTIN	M	32	223	01:00:52.93	00:59:43.35	TOKANDAR
691	806	MARÍLIA B RIBEIRO	F	34	51	01:00:53.07	00:59:43.44	TOKANDAR
692	526	ANA SILVA	F	35	52	01:00:53.19	01:00:31.68	PREMIUM RUNNERS
693	567	RAQUEL LOUREIRO	F	27	53	01:00:55.61	01:00:01.79	
694	322	MARIO RUI COSTA	M	41	113	01:00:56.00	00:59:41.85	GD SANTANDER TOTTA
695	402	CARLA FARIA	F	49	29	01:00:58.25	01:00:17.20	C MILLENNIUM BCP
696	195	BRUNO M G SILVA	M	19	224	01:01:02.08	01:00:21.42	
697	194	ALBANO J A SILVA	M	49	95	01:01:03.93	01:00:22.95	
698	293	JOSÉ FARIA	M	28	225	01:01:05.12	01:00:46.59	DICE RUNNERS
699	307	SALVADOR AFONSO	M	63	56	01:01:08.44	01:00:04.26	GD SANTANDER TOTTA
700	737	ANDRÉ PEREIRA	M	40	114	01:01:12.12	01:00:00.71	
701	497	DANIEL GUIMARÃES	M	29	226	01:01:19.06	01:00:06.62	OPEN AIR
702	214	IOLANDA MARTINS	F	41	19	01:01:21.77	01:00:39.11	GDCT IN CM



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05
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2017

703	58	LUÍS MATIAS	M	39	227	01:01:23.55	01:00:38.62	GL14
704	691	MANUEL J NARCISO	M	53	72	01:01:26.19	01:01:14.26	SS MONTEPIO GERAL
705	518	INÊS JORGE	F	19	54	01:01:27.72	01:01:06.68	PREMIUM RUNNERS
706	885	MANUEL GOMES	M	52	73	01:01:28.52	01:00:32.41	CLUBE MARGINAL
707	756	GONÇALO OLIVEIRA	M	55	40	01:01:30.34	01:00:56.18	GDCT UNICRE
708	407	ABEL LOURO	M	60	57	01:01:30.85	01:00:48.18	C MILLENNIUM BCP
709	420	MARCELO SILVA	M	20	228	01:01:31.27	01:01:31.27	C MILLENNIUM BCP
710	417	LUIS F N P SILVA	M	49	96	01:01:31.34	01:00:42.64	C MILLENNIUM BCP
711	114	NELSON A P S CORREIA	M	38	229	01:01:32.49	01:00:30.96	BEST FRIENDS 4EVER
712	1048	CARLOS CHANÇA	M	43	115	01:01:38.67	01:00:56.95	EGGBITE
713	884	FRANSICO COITO	M	65	58	01:01:38.77	01:00:42.48	CLUBE MARGINAL
714	63	PEDRO VIEIRA	M	37	230	01:01:39.34	01:01:06.58	OPTICALIA RUNNING TEAM
715	290	ANA RITA NUNES	F	34	55	01:01:45.25	01:01:09.19	
716	232	PAULO SOUSA	M	44	116	01:01:49.07	01:01:43.57	P3P
717	203	JORGE LOPES	M	51	74	01:01:53.81	01:01:07.55	
718	598	JOAO EUSEBIO	M	47	97	01:01:55.80	01:01:26.33	RUN 4 FUN
719	953	RICARDO J S TEIXEIRA	M	32	231	01:01:57.42	01:00:59.13	
720	946	VANDA FAZENDEIRO	F	44	20	01:01:57.56	01:00:59.88	
721	573	CARLA CARDOSO	F	43	21	01:01:58.07	01:01:25.71	
722	830	JOÃO V SANTOS	M	41	117	01:01:58.20	01:01:45.81	GRUPO BARRAQUEIRO
723	477	Mª LEONOR PURIFICAÇÃO	F	54	30	01:01:59.25	01:01:04.45	
724	506	NUNO BALSAS	M	39	232	01:02:02.52	01:01:13.51	YOUNG
725	37	PEDRO LOPES	M	36	233	01:02:03.47	01:01:24.70	OS PAPAGAIOS DE CASCAIS
726	750	ADRIANA MACEDO	F	25	56	01:02:07.23	01:01:39.43	
727	282	PAULO ROSA	M	43	118	01:02:07.69	01:02:07.69	
728	915	MONICA L GRAÇA	F	41	22	01:02:07.85	01:01:58.93	EPAL
729	700	VANESSA JOSÉ	F	38	57	01:02:14.89	01:02:02.52	
730	995	DIOGO ALEXANDRE	M	29	234	01:02:15.97	01:01:22.20	
731	558	JOSÉ ESTEVES	M	52	75	01:02:17.04	01:01:18.98	
732	1011	SILVIA MENDONÇA	F	45	31	01:02:17.87	01:01:20.52	
733	594	MÓNICA CUNHA	F	33	58	01:02:20.29	01:01:52.94	GANG DOS PAIS
734	595	HUGO LIMA	M	37	235	01:02:21.01	01:01:53.76	GANG DOS PAIS
735	1028	ANTÓNIO J MONTEIRO	M	58	41	01:02:27.11	01:02:03.02	QUIDRO
736	1092	MANUEL PRATES	M	45	98	01:02:32.07	01:01:35.30	
737	314	RITA RAMOS	F	38	59	01:02:36.73	01:01:25.70	GD SANTANDER TOTTA
738	328	TÂNIA A OLIVEIRA	F	42	23	01:02:37.20	01:01:55.39	
739	119	SUSANA SANTOS	F	42	24	01:02:37.65	01:02:09.05	



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740	600	LUIS M S CARLOS	M	44	119	01:02:39.57	01:01:59.49	
741	989	VICTOR RODRIGUES	M	50	76	01:02:39.92	01:01:58.52	CCD O ALVITEJO
742	760	PEDRO MATOS	M	37	236	01:02:49.22	01:02:36.82	
743	321	LUCIO SILVA	M	51	77	01:02:54.44	01:01:48.90	GD SANTANDER TOTTA
744	131	RODRIGO CORREIA	M	38	237	01:02:54.95	01:02:21.29	SISCOG
745	333	JOÃO C SOUSA	M	46	99	01:02:56.04	01:01:42.25	AFONSINHOS & COMPANHIA
746	718	JORGE MOREIRA	M	55	42	01:02:58.93	01:02:02.33	ND AUTOCOOPE
747	443	LUÍS OLIVEIRA	M	33	238	01:03:01.27	01:02:14.45	
748	1073	GABRIELA MARQUES	F	40	25	01:03:01.73	01:02:15.95	A VALE SILENCIO
749	732	MIGUEL CHIN	M	30	239	01:03:02.56	01:02:31.95	
750	323	SUSANA GUERREIRO	F	41	26	01:03:04.87	01:02:20.29	GD SANTANDER TOTTA
751	887	CRISTNA TOSCANO	F	56	32	01:03:05.54	01:02:21.34	
752	549	VANESSA BEM	F	30	60	01:03:07.40	01:02:45.29	PREMIUM RUNNERS
753	810	BEATRIZ MARTINS	F	21	61	01:03:09.04	01:02:58.53	PREMIUM RUNNERS
754	308	ANTONIO CASTRO	M	48	100	01:03:09.13	01:02:24.16	GD SANTANDER TOTTA
755	458	HUGO MARQUES	M	41	120	01:03:13.13	01:02:24.87	
756	100	MAYER RAPOSO	M	70	59	01:03:13.92	01:02:39.42	AA LEBRES SADO
757	986	ALEXANDRA M A G PINTO	F	43	27	01:03:14.07	01:02:15.77	
758	99	CÉSAR GUERRA	M	47	101	01:03:19.30	01:02:09.76	CTJ
759	421	INES BERNARDO	F	36	62	01:03:21.27	01:03:06.80	C MILLENNIUM BCP
760	853	JOÃO PAULO	M	49	102	01:03:21.52	01:02:22.38	
761	260	M ^a HELENA G F RIBEIRO	F	58	33	01:03:34.50	01:03:27.68	
762	606	TIAGO MINEIRO	M	34	240	01:03:41.70	01:03:03.79	
763	529	CRISTINA OLIVEIRA	F	45	34	01:03:41.71	01:03:21.83	PREMIUM RUNNERS
764	547	ANA RITA DUARTE	F	47	35	01:03:41.86	01:03:19.42	PREMIUM RUNNERS
765	457	RUI MELÃO	M	53	78	01:03:43.87	01:02:37.66	
766	135	DANIELA M P A S MARTINS	F	43	28	01:03:45.83	01:03:14.71	SISCOG
767	772	JORGE MARTINS	M	43	121	01:03:46.11	01:03:13.33	
768	368	MARTA MARQUES	F	42	29	01:03:49.97	01:02:59.21	
769	369	NUNO MARQUES	M	48	103	01:03:50.22	01:02:58.61	
770	520	PATRICIA PAULO	F	42	30	01:03:53.14	01:03:33.48	PREMIUM RUNNERS
771	604	MARISA GONÇALVES	F	40	31	01:03:57.45	01:03:09.03	OS GALGOS
772	336	ALVARO FURTADO	M	58	43	01:03:57.76	01:03:01.21	SS CGD
773	608	RUI PINTO	M	52	79	01:03:58.04	01:03:01.81	
774	975	RAQUEL MARINHEIRO	F	27	63	01:03:58.63	01:03:04.93	
775	840	KHALID ELMATURI	M	46	104	01:04:02.25	01:03:04.78	
776	124	MARIA SÉCIO	F	23	64	01:04:05.52	01:03:15.45	MÃE E FILHAS



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777	412	LUIS MENDES	M	60	60	01:04:13.62	01:03:40.40	C MILLENNIUM BCP
778	954	MARTA R GOMES	F	26	65	01:04:22.08	01:03:54.50	
779	173	LEONOR L SANTOS	F	44	32	01:04:22.17	01:04:15.01	
780	122	HELENA SÉCIO	F	52	36	01:04:27.65	01:03:36.32	MÃE E FILHAS
781	87	JORGE M M BAPTISTA	M	62	61	01:04:30.90	01:03:53.94	
782	705	ANA MENDES	F	51	37	01:04:36.58	01:03:28.80	VELOCISTASEMPRESA
783	706	MARIA CRISTINA	F	51	38	01:04:37.53	01:03:30.92	VELOCISTASEMPRESA
784	1005	ALEXANDRE BRITO	M	42	122	01:04:41.81	01:04:05.13	
785	292	MARTA F P B FALEIRO	F	25	66	01:04:45.74	01:04:31.11	
786	908	ANTONIO V COSTA	M	60	62	01:04:46.00	01:03:38.07	EPAL
787	283	SOFIA ANTUNES	F	28	67	01:04:47.48	01:04:33.58	
788	422	RODOLFO LIMA	M	50	80	01:04:48.01	01:04:34.68	C MILLENNIUM BCP
789	991	PAULO PADRAO	M	49	105	01:04:51.26	01:04:01.65	
790	162	ANTÓNIO ABRANTES	M	62	63	01:04:59.08	01:04:21.24	BALHELHAS
791	535	ANA RIBEIRO	F	44	33	01:05:01.58	01:04:12.67	
792	990	HENRIQUE RUAS	M	77	64	01:05:02.09	01:04:19.22	CCD O ALVITEJO
793	922	DIEGO MURAKAMI	M	32	241	01:05:13.43	01:04:01.01	
794	923	CAMILLA R SILVA	F	31	68	01:05:13.58	01:04:00.41	
795	730	LOURENÇO T AZENHA	M	46	106	01:05:21.71	01:04:25.21	AZENHAS
796	740	LUÍS M MOREIRA	M	38	242	01:05:23.39	01:04:39.03	
797	861	MÓNICA SOARES	F	39	69	01:05:23.65	01:04:12.84	EQ OPEN AIR
798	770	TÂNIA GRAÇA	F	35	70	01:05:25.54	01:04:40.35	
799	1004	NATACHA FILIPE	F	22	71	01:05:27.07	01:04:50.89	
800	631	INÉS MORAIS	F	42	34	01:05:28.38	01:05:14.23	SEM LIMITES
801	423	CARLOS CONCEIÇÃO	M	55	44	01:05:29.26	01:04:23.69	C MILLENNIUM BCP
802	491	CATARINA MARQUES	F	50	39	01:05:30.31	01:04:48.14	
803	775	CÉU NEVES	F	57	40	01:05:30.47	01:04:59.28	
804	713	CÉLIA M CATARINO	F	50	41	01:05:30.58	01:04:52.99	
805	418	TANIA DURO	F	37	72	01:05:31.70	01:05:17.92	C MILLENNIUM BCP
806	181	ANTÓNIO GUEDES	M	46	107	01:05:36.32	01:04:43.18	LISBON MOONLIGHT RUNNERS
807	184	SOFIA GUEDES	F	42	35	01:05:36.60	01:04:44.65	LISBON MOONLIGHT RUNNERS
808	1053	SWEETY S GOVINDJI	F	33	73	01:05:39.73	01:05:13.65	
809	352	LEONOR TEIXEIRA	F	44	36	01:05:40.40	01:05:09.25	SS CGD
810	157	FILIPE MIL-HOMENS	M	28	243	01:05:41.96	01:04:41.58	
811	156	FILIPA SIMÕES	F	27	74	01:05:42.24	01:04:42.56	
812	187	DANIEL MARTINS	M	27	244	01:05:42.29	01:04:41.06	
813	212	ANTÓNIO NASCIMENTO	M	77	65	01:05:43.18	01:04:48.03	GDCT IN CM



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814	976	LYUDMILA PROKOPCHENKO	F	40	37	01:05:45.13	01:04:50.74	
815	169	PAULO SILVA	M	42	123	01:05:47.36	01:04:32.94	
816	170	ANA DUARTE	M	31	245	01:05:47.97	01:04:34.94	
817	49	MARIA QUITÉRIA	F	54	42	01:05:48.26	01:05:05.04	ALGYMNS
818	107	FRANCISCO A SARRASQUEIRO	M	70	66	01:06:03.25	01:05:27.99	
819	931	EMILIO GONÇALVES	M	50	81	01:06:19.80	01:05:10.19	PASSATEMPO VIMEIRO
820	933	HENRIQUE VILHENA	M	61	67	01:06:19.94	01:05:09.31	PASSATEMPO VIMEIRO
821	851	TIAGO ROSA	M	34	246	01:06:22.80	01:05:26.93	
822	848	ANA L CARVALHO	F	41	38	01:06:23.51	01:05:28.31	
823	210	ANA PEREIRA	F	41	39	01:06:24.43	01:05:56.68	GDCT IN CM
824	972	RUI MORAIS	M	44	124	01:06:43.16	01:06:29.12	SEM LIMITES
825	661	ANA R ANDRADE	F	40	40	01:06:45.23	01:06:28.44	
826	977	PAULO RODRIGUES	M	54	82	01:06:45.67	01:06:34.92	
827	734	ISILDA BARRADAS	F	67	43	01:06:48.64	01:06:48.64	WEVENTUAL
828	428	JOAO LANDEIRO	M	71	68	01:06:52.92	01:05:40.03	
829	376	RICARDO RODRIGUES	M	36	247	01:06:57.21	01:05:39.93	
830	18	MIGUEL MESTRE	M	39	248	01:06:59.91	01:05:54.41	
831	353	LIDIA BAILAO	F	48	44	01:07:04.49	01:06:08.85	SS CGD
832	360	PAULO BAILAO	M	47	108	01:07:04.53	01:06:10.79	SS CGD
833	28	EBERHARD A WILHELM	M	69	69	01:07:06.82	01:06:32.42	4 AO KM
834	994	SUSANA MENDES	F	29	75	01:07:09.97	01:06:20.50	
835	993	TERESA SIMÕES	F	32	76	01:07:10.58	01:07:10.58	
836	1006	ANDREIA DUARTE	F	40	41	01:07:15.03	01:06:37.08	
837	276	RUTE TEIXEIRA	F	39	77	01:07:15.87	01:06:52.03	CN PARQUE NAÇOS
838	270	ANA P MACEIRAS	F	39	78	01:07:16.06	01:06:51.96	CN PARQUE NAÇOS
839	269	PAULO MACEIRAS	M	45	109	01:07:16.16	01:06:52.34	CN PARQUE NAÇOS
840	280	SANDRA I B PIRES	F	45	45	01:07:16.17	01:06:53.31	CN PARQUE NAÇOS
841	1031	ANTONIO FONSECA	M	48	46	01:07:25.80	01:06:29.64	SS CGD
842	560	ISABEL PRATES	F	48	110	01:07:25.80	01:06:27.89	
843	1003	ANA C NUNES	F	44	42	01:07:27.61	01:07:18.48	
844	1014	JOÃO NAVARRO	M	45	111	01:07:28.36	01:07:04.58	H2O TEAM
845	892	SUSANA BARREIROS	F	33	79	01:07:29.00	01:06:52.73	ROCHA
846	398	PAULO PAIS	M	52	83	01:07:30.47	01:07:14.95	C MILLENNIUM BCP
847	576	CARLA ALVES	F	43	43	01:07:40.34	01:07:05.83	
848	625	GONÇALO DIAS	M	18	249	01:07:41.71	01:07:08.43	FORTÍSSIMOS RUNNING TEAM
849	909	CARLOS CARDOSO	M	38	250	01:07:46.09	01:07:37.48	EPAL
850	248	TERESA JERÓNIMO	F	48	47	01:07:48.70	01:07:29.74	FAM 2 RUN



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851	530	ANTÓNIO LOUREIRO	M	54	84	01:07:49.33	01:07:33.08	PREMIUM RUNNERS
852	305	JOSE MONTEIRO	M	68	70	01:07:56.19	01:07:53.06	GD SANTANDER TOTTA
853	690	LUIS FARINHA	M	48	112	01:07:57.79	01:06:58.81	SS MONTEPIO GERAL
854	627	ISABEL MAGALHAES	F	61	48	01:08:03.99	01:07:52.14	GYM2010
855	246	MÓNICA MUCHAGATA	F	45	49	01:08:08.03	01:07:20.85	
856	331	ROGÉRIO P DIAS	M	34	251	01:08:09.06	01:07:36.89	
857	137	CLARA M S SANTOS	F	32	80	01:08:09.11	01:07:38.13	SISCOG
858	536	INÉS SANTOS	F	29	81	01:08:12.73	01:07:32.36	
859	1067	LUIS ISABELINHA	M	44	252	01:08:13.72	01:07:55.86	BELEM RUNNERS
860	537	SÉRGIO MIRANDA	M	32	253	01:08:15.18	01:07:35.81	
861	773	NIDIA SILVA	F	62	50	01:08:17.61	01:07:38.08	
862	306	FABIO PIO	M	46	113	01:08:18.04	01:07:15.56	GD SANTANDER TOTTA
863	765	JOSÉ ALÍPIO	M	60	71	01:08:21.74	01:08:16.60	
864	332	Mª DEOLINDA M MARQUES	F	60	51	01:08:24.83	01:07:38.64	
865	1076	ANA RAMOS	F	42	44	01:08:30.71	01:08:13.58	
866	513	CÉLIA MARÇAL	F	36	82	01:08:31.65	01:07:56.63	ASEGUIRMINIS
867	514	CRISTINA TEIXEIRA	F	35	83	01:08:31.73	01:07:56.26	ASEGUIRMINIS
868	444	CAMILA G SAVIO	F	36	84	01:08:34.15	01:07:41.35	
869	45	MILTON L CAMELO	M	52	85	01:08:36.88	01:07:24.84	
870	445	CÉLIA CARVALHO	F	36	85	01:08:37.36	01:07:45.18	
871	855	CARLA BRAGANÇA	F	43	45	01:08:40.94	01:08:16.34	
872	945	EDUARDA GRAÇA	F	52	52	01:08:41.72	01:08:17.13	BCC RUNNERS
873	259	INÉS CASTANHEIRA	F	32	86	01:08:45.87	01:08:33.19	Iniago Team
874	742	MARTA RIBEIRO	F	28	87	01:08:47.01	01:08:04.02	
875	1061	PEDRO MANO	M	42	125	01:08:48.45	01:08:24.05	
876	869	ANTÓNIO PEREIRA	M	76	72	01:08:52.75	01:08:04.81	GDC BANCO DE PORTUGAL
877	48	ARTUR DINIS	M	60	73	01:08:52.99	01:08:11.43	ALGYMNS
878	919	TANIA ANTAS	F	32	88	01:08:54.01	01:08:28.65	EPAL
879	488	ORLANDO SOUSA	M	55	45	01:09:14.20	01:08:09.26	CCDT METRO LX
880	215	JOSÉ ABREU	M	69	74	01:09:14.32	01:08:18.63	GDCT IN CM
881	628	MARTA SIMÃO	F	41	46	01:09:21.20	01:09:09.09	GYM2010
882	575	QUIM SANDE	M	57	46	01:09:28.35	01:08:53.01	
883	577	SUSANA TOLEDO	F	31	89	01:09:28.45	01:08:53.44	
884	1013	PEDRO NAVARRO	M	50	86	01:09:36.43	01:09:13.11	H2O TEAM
885	163	NUNO M S OLIVEIRA	M	41	126	01:09:38.02	01:08:35.58	
886	845	DUARTE CLETO	M	18	254	01:09:41.50	01:09:02.93	
887	650	ANA F AMARAL	F	28	90	01:09:42.99	01:09:23.38	



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888	34	EZEQUIEL ABRANTES	M	64	75	01:09:54.18	01:08:55.08	FALCÕES SELVAGENS
889	76	ALEXANDRA PAZ	F	32	91	01:10:00.09	01:08:56.04	
890	75	NUNO PAZ	M	33	255	01:10:00.13	01:08:56.10	
891	783	JOÃO MACÁRIO	M	63	76	01:10:01.62	01:09:14.28	
892	781	MARTA CASTANHEIRA	F	32	92	01:10:03.26	01:09:49.56	INIAGO
893	88	FÁTIMA P BRAGANÇA	F	57	53	01:10:13.20	01:10:09.70	
894	21	ANTERO R C MARTINS	M	47	114	01:10:15.53	01:09:59.31	
895	16	JOAO C M FERREIRA	M	53	87	01:10:15.60	01:09:59.88	TÁLENTO PARA CORRER TEAM
896	106	JOANA ANDRADE	F	37	93	01:10:17.23	01:09:57.42	
897	254	CATARINA VICENTE	F	39	94	01:10:17.46	01:09:27.20	
898	358	NUNO PAULO	M	48	115	01:10:30.75	01:10:16.47	SS CGD
899	355	MARGARIDA PINTO	F	45	54	01:10:31.13	01:10:17.85	SS CGD
900	757	PEDRO SARRASQUEIRO	M	37	256	01:10:37.58	01:10:02.14	GDCT UNICRE
901	714	TÂNIA DIMAS	F	46	55	01:10:41.09	01:10:02.51	
902	784	TERESA MACÁRIO	F	29	95	01:10:52.22	01:10:04.25	
903	298	SANDRA CUNHA	F	43	47	01:11:14.84	01:10:22.52	GD SANTANDER TOTTA
904	274	DIOGO C G MADALENO	M	42	127	01:11:18.15	01:10:53.48	CN PARQUE NAÇOS
905	275	ANA R M V MADALENO	F	41	48	01:11:19.71	01:10:53.51	CN PARQUE NAÇOS
906	635	JOÃO ALVES	M	39	257	01:11:27.82	01:10:19.60	CARDIF
907	222	VITOR CARDOSO	M	40	128	01:11:29.92	01:10:35.90	GDCT IN CM
908	686	FILIPE LEITE	M	38	258	01:11:35.35	01:10:27.70	
909	974	MARGARIDA LAGOA	F	51	56	01:11:58.35	01:11:04.70	
910	496	ANA L MESQUITA	F	32	96	01:12:49.43	01:11:38.14	OPEN AIR
911	498	MARIANA CORREIA	F	30	97	01:12:49.75	01:11:37.96	OPEN AIR
912	610	ISABEL CANDOSO	F	27	98	01:13:05.00	01:12:36.15	
913	171	DARCÍLIA MATOS	F	34	99	01:13:11.71	01:12:20.54	
914	451	JOSÉ C S MENDES	M	65	77	01:13:17.34	01:11:59.39	
915	611	OCTÁVIO PEREIRA	M	31	259	01:13:31.35	01:13:03.87	
916	736	PAULO REIS	M	41	129	01:13:32.88	01:13:25.37	PIPIU DOS REIS
917	524	RUI VENTURA	M	54	88	01:13:53.97	01:13:35.28	PREMIUM RUNNERS
918	523	ISABEL DUARTE	F	50	57	01:13:54.25	01:13:36.81	PREMIUM RUNNERS
919	201	PAULO D C ASCENÇÃO	M	46	116	01:14:07.28	01:13:22.41	
920	41	MIGUEL A N SILVA	M	43	130	01:14:18.72	01:13:19.66	
921	592	LILIANA DOMINGUES	F	41	49	01:14:25.16	01:13:56.83	GANG DOS PAIS
922	596	SUSANA MORDIDO	F	41	50	01:14:25.50	01:13:57.12	GANG DOS PAIS
923	1040	IDALINA MADEIRA	F	56	58	01:14:30.99	01:13:49.18	TRANQUILIDADE AÇOREANA CLUBE
924	12	JOHNNY THOMASSEN	M	57	47	01:14:52.07	01:13:54.37	



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925	741	Mª HELENA RIBEIRO	F	53	59	01:14:55.49	01:14:13.39	
926	344	CRISTINA SANTOS	F	52	60	01:14:56.40	01:14:15.81	SS CGD
927	361	RUI SANTOS	M	50	89	01:14:56.44	01:14:15.14	SS CGD
928	698	RITA CARVALHINHO	F	43	51	01:15:00.51	01:13:47.67	
929	27	GRACIETE GONÇALVES	F	45	61	01:15:32.68	01:14:29.14	FINARTEQUAL
930	26	PEDRO RODRIGUES	M	53	90	01:15:32.78	01:14:29.83	FINARTEQUAL
931	273	JÚLIA HENRIQUES	F	30	100	01:15:37.81	01:14:29.44	CHLO ULTIMATE RT
932	272	PEDRO PAIXÃO	M	31	260	01:15:38.20	01:14:28.85	CHLO ULTIMATE RT
933	776	ANA B FERREIRA	F	32	101	01:15:57.52	01:15:25.11	
934	158	PATRÍCIA SILVA	F	34	102	01:16:07.95	01:15:14.48	
935	160	FREDERICO DIAS	M	39	261	01:16:08.08	01:15:13.79	
936	962	DAVID GUERREIRO	M	36	262	01:16:12.04	01:15:08.09	TEAM GUERREIRO
937	134	ANA TORDO	F	40	52	01:16:33.96	01:16:01.78	SISCOG
938	133	SUSANA FRANCO	F	42	53	01:16:34.11	01:16:03.74	SISCOG
939	334	ANA P M DAMIÃO	F	40	54	01:16:43.64	01:16:07.07	
940	84	Mª MARGARIDA MACEDO	F	55	62	01:16:49.14	01:16:30.69	
941	253	CRISTINA SANTOS	F	35	103	01:16:49.58	01:15:58.68	
942	132	ISABEL NUNES	F	40	55	01:16:56.13	01:16:24.77	SISCOG
943	371	ANTÓNIO MARQUES	M	71	78	01:17:06.88	01:16:58.58	
944	998	SARA DE SOUSA	F	39	104	01:17:17.32	01:17:11.45	TARTARUGAS SOLIDARIAS
945	541	RAQUEL MENDES	F	47	63	01:17:21.66	01:17:05.29	
946	542	LUÍSA SOUSA	F	48	64	01:17:21.69	01:17:06.46	
947	255	MADALENA GABRIEL	F	34	105	01:17:22.15	01:16:33.08	
948	561	MÓNICA RODRIGUES	F	36	106	01:17:35.75	01:16:58.48	
949	519	PAULA CLÉRIGO	F	47	65	01:17:38.36	01:17:17.88	PREMIUM RUNNERS
950	1042	MA FEE HUNG	F	67	66	01:18:37.92	01:17:55.87	TRANQUILIDADE AÇOREANA CLUBE
951	256	ANA S SILVA	F	31	107	01:18:53.51	01:18:03.05	
952	906	ANA S SILVEIRA	F	41	56	01:19:51.57	01:18:50.53	EPAL
953	758	BENTO CORREIA	M	56	48	01:19:59.04	01:19:23.96	GDCT UNICRE
954	754	PAULO FRANÇA	M	55	49	01:19:59.24	01:19:25.60	GDCT UNICRE
955	116	ANA LUZ	F	44	57	01:20:03.33	01:18:57.75	AV-SECURITY INTEGRATED
956	117	CIDÁLIA VICENTE	F	44	58	01:20:03.36	01:18:57.41	AV-SECURITY INTEGRATED
957	46	PATRICIA PETRAITES	F	48	67	01:20:36.39	01:19:23.89	
958	580	MARLENE RODRIGUES	F	32	108	01:20:48.51	01:20:12.66	
959	354	MANUEL BRAS	M	49	117	01:21:07.63	01:20:27.43	SS CGD
960	337	BARBARA BRAS	F	20	109	01:21:11.71	01:20:32.69	SS CGD
961	642	Mª GRACIETE FERREIRA	F	63	68	01:21:29.61	01:20:40.78	



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962	707	M ^a CARMO ANJOS	F	71	69	01:21:32.09	01:20:54.73	CONDOR
963	671	JOAQUIM M C SANTOS	M	65	79	01:21:38.04	01:20:32.56	
964	174	RITA A FONTINHA	F	39	110	01:21:42.18	01:20:37.33	
965	708	LUCINDA HENRIQUES	F	68	70	01:21:43.45	01:21:06.30	CONDOR
966	206	MARIA PINTO	F	54	71	01:21:54.79	01:21:14.89	Cabeleireiro Moda Jovem
967	911	HUGO MOREIRA	M	41	131	01:22:58.00	01:21:57.89	EPAL
968	476	NUNO PURIFICAÇÃO	M	52	91	01:23:34.53	01:22:41.31	
969	380	FOCK WAN	F	67	72	01:25:08.38	01:23:59.80	C MILLENNIUM BCP
970	381	JOSE ARRUDA	M	68	80	01:25:08.77	01:23:59.55	C MILLENNIUM BCP
971	683	M ^a CONCEIÇÃO MARQUES	F	47	73	01:26:43.45	01:25:39.23	
972	242	RUI MARTINS	M	38	263	01:27:07.98	01:27:07.98	
973	432	TERESA PASTOR	F	42	59	01:29:14.36	01:27:58.51	PASTOR RACING
974	1060	CATIA OLIVEIRA	F	37	111	01:32:12.72	01:31:48.98	
975	846	CARLA PEREIRA	F	39	112	01:32:13.10	01:31:48.25	100ESTRILHOS

Total de registros: 975