

Class	Num	Nome	Sx	Idd	Pos Escal	T. Bruto	T. Líquido	Equipe
1	1275	JOÃO PEREIRA	M	30	1	00:33:47	00:33:47	
2	1141	PEDRO GOMES	M	40	1	00:33:52	00:33:51	FF PAZ MUNDIAL E UNIFICAÇÃO
3	372	BRUNO SABIDO	M	25	2	00:35:20	00:35:20	FAM 2 RUN
4	1305	NUNO ROCHA	M	42	2	00:35:22	00:35:22	
5	331	LUIS ALMEIDA	M	46	1	00:36:10	00:36:10	GAGUE DO PÉ DURO
6	1050	LUIS BATISTA	M	41	3	00:36:43	00:36:42	FF PAZ MUNDIAL E UNIFICAÇÃO
7	93	FLÁVIO SANTOS	M	22	3	00:36:53	00:36:53	FF PAZ MUNDIAL E UNIFICAÇÃO
8	1095	LUÍS AVELAR	M	44	4	00:37:12	00:37:08	EPAL - 150 ANOS
9	661	RUI HENRIQUES	M	39	4	00:38:24	00:38:24	SERVIÇOS SOCIAIS MONTEPIO
10	92	RUI HENRIQUES	M	45	2	00:38:28	00:38:28	FF PAZ MUNDIAL E UNIFICAÇÃO
11	610	NUNO SILVA	M	38	5	00:38:47	00:38:47	FF PAZ MUNDIAL E UNIFICAÇÃO
12	1027	EDUARDO QUARESMA	M	39	6	00:38:51	00:38:47	GD SANTANDERTOTTA
13	95	EDGAR TRIGO	M	49	3	00:39:01	00:39:01	FF PAZ MUNDIAL E UNIFICAÇÃO
14	1125	TELMO NOGUEIRA	M	34	7	00:39:07	00:38:56	
15	40	INALDO DA SILVA	M	50	1	00:39:12	00:39:07	CORRER LISBOA
16	999	HENRIQUE COELHO	M	46	4	00:39:16	00:39:16	
17	580	KCÉNIA BOUGROVA	F	24	1	00:39:28	00:39:28	SPORTING CLUBE DE PORTUGAL
18	704	ARTUR CARVALHO	M	47	5	00:39:30	00:39:27	OS GALGOS
19	1059	JOAO PASTOR	M	46	6	00:39:33	00:39:33	
20	223	JOSÉ FELIX	M	50	2	00:39:34	00:39:34	
21	1019	CARLOS PEREIRA	M	50	3	00:39:45	00:39:42	CORRER LOURES
22	906	SANDRO SILVA	M	39	8	00:39:52	00:39:52	
23	646	JOÃO MARQUES	M	50	4	00:40:04	00:40:04	
24	719	JOSÉ LUÍS SIMÕES	M	59	1	00:40:07	00:40:04	
25	1267	MARIO FILIPE DURO	M	40	5	00:40:11	00:40:11	C MILLENNIUM BCP
26	876	FLORIANO SILVA	M	40	6	00:40:11	00:40:07	AMINHACORRIDA
27	788	JOSÉ MARQUES	M	51	5	00:40:12	00:40:10	CLUBE DE ATLETISMO DE VALE FIGUEIRA
28	1278	TIAGO SILVA	M	29	9	00:40:14	00:40:14	LINDA A PASTORA SC
29	215	ANGELO SILVA	M	35	10	00:40:15	00:40:15	CCDTMETROLX
30	58	ANTÓNIO GRAÇA	M	54	6	00:40:18	00:40:16	LINDA A PASTORA SC
31	1257	LUIS MANUEL GODINHO	M	52	7	00:40:19	00:40:19	C MILLENNIUM BCP
32	1144	PAULO VIEIRA	M	51	8	00:40:22	00:40:16	100NOÇÃO
33	1022	JOSÉ SILVA	M	55	2	00:40:25	00:40:23	99PROVASGRATUITAS
34	370	PAULO JERÓNIMO	M	49	9	00:40:30	00:40:30	FAM 2 RUN
35	371	ABEL COSTA	M	54	7	00:40:30	00:40:30	FAM 2 RUN
36	1097	MIGUEL FERNANDES	M	39	11	00:40:41	00:40:38	EPAL

37	219	JOSÉ SANTOS	M	49	8	00:40:45	00:40:45	CCDTMETROLX
38	434	JOSÉ GOMES	M	58	3	00:40:46	00:40:46	
39	822	FELIPE ALKAIN	M	32	12	00:40:55	00:40:37	
40	1081	GUILHERME HORA	M	44	7	00:40:58	00:40:55	
41	549	NELSON MARTINS	M	34	13	00:41:00	00:41:00	ELITE RUNNERS
42	1039	RUI MACHINHO	M	42	8	00:41:00	00:41:00	GD SANTANDERTOTTA
43	826	ANDRÉ SILVA	M	18	14	00:41:01	00:40:50	
44	1280	ORLANDO CORREIA	M	47	9	00:41:11	00:41:11	LINDA A PASTORA SC
45	760	GONÇALO FERREIRA	M	31	15	00:41:12	00:41:08	CCD CRÉDITO AGRÍCOLA MÚTUO
46	116	GIL XAVIER ALVES	M	42	9	00:41:22	00:41:22	FERRARIS DA SERAFINA
47	880	NUNO CAFÉ	M	39	16	00:41:25	00:41:22	AMINHACORRIDA
48	338	DIOGO MARTINS	M	27	17	00:41:26	00:41:26	
49	1196	PAULO SARTY	M	45	10	00:41:28	00:41:17	STRONG TEAM
50	720	NELSON PEREIRA	M	50	10	00:41:32	00:41:32	MONTIJO RUNNERS
51	805	FERNANDO MELÃO	M	54	11	00:41:37	00:41:35	FF PAZ MUNDIAL E UNIFICAÇÃO
52	1046	JOSE BAPTISTA	M	52	12	00:41:41	00:41:36	GD SANTANDERTOTTA
53	903	EMILY BAINES	F	22	2	00:41:44	00:41:38	
54	902	ROBERT WARD	M	41	10	00:41:45	00:41:38	
55	1276	NUNO MIGUEL FELÍCIO	M	41	11	00:41:46	00:41:46	
56	783	LUIS PEDRO PEIXOTO NUNES	M	43	12	00:41:47	00:41:31	BENFICA EM FORMA
57	494	RICARDO MESTRE	M	47	11	00:41:51	00:41:51	OS MESTRES
58	919	NUNO SOUSA	M	44	13	00:41:56	00:41:56	GDCTINCM
59	104	FILIPE CALDEIRA	M	40	14	00:41:59	00:41:59	
60	1003	CARLOS CARDOSO	M	66	1	00:42:00	00:41:57	
61	841	BRUNO MARCELINO	M	36	4	00:42:03	00:41:58	TRILHOS NOCTURNOS TEAM
62	731	ARETINO MOTA	M	56	18	00:42:03	00:42:01	LINDA A PASTORA SC
63	119	FERNANDO GOMES	M	45	12	00:42:05	00:42:05	FERRARIS DA SERAFINA
64	1116	HENKJAN RUITENBEEK	M	35	19	00:42:06	00:42:04	
65	1180	FABRICE POLTEAU	M	45	13	00:42:10	00:42:08	KALENJI BY DECATHLON
66	1151	NUNO SILVA	M	40	15	00:42:18	00:42:18	INFANTADO FC
67	1053	ANASTACIO VALADAS	M	65	2	00:42:19	00:42:13	GD SANTANDERTOTTA
68	1167	PEDRO BARREIRÃO	M	32	20	00:42:20	00:42:09	GDC BANCO DE PORTUGAL
69	717	TIAGO RIBEIRO	M	34	21	00:42:25	00:42:25	
70	1087	MÁRIO ALVES	M	33	22	00:42:30	00:41:59	AQUARUNNERS
71	162	EDMUNDO FONTE	M	55	5	00:42:30	00:42:30	
72	614	RICARDO CARVALHO	M	38	23	00:42:33	00:42:33	LISRUNNING CPA
73	1269	PEDRO SOUSA	M	62	1	00:42:38	00:42:38	PALMELENSE F CLUBE

74	537	CRISTIANO PAES	M	47	14	00:42:41	00:42:41	RUNNING CLUB SANTA CASA
75	1124	NUNO FARIA	M	29	6	00:42:51	00:42:36	MONSANTO RUNNING TEAM
76	703	EURICO NICHÓ	M	57	24	00:42:51	00:42:36	OS GALGOS
77	91	MANUEL ROQUE	M	36	25	00:42:56	00:42:56	
78	53	ANTÓNIO ALMEIDA	M	38	26	00:42:59	00:42:25	GRUPO BARRAQUEIRO
79	1265	FRANCISCO ABREU CASEGAS	M	26	27	00:43:02	00:43:02	C MILLENNIUM BCP
80	632	PAULA TEIXEIRA	F	40	28	00:43:03	00:43:03	FALCÕES SELVAGENS
81	633	MARCO LOPES	M	30	1	00:43:03	00:43:03	
82	751	PEDRO COUTINHO	M	36	29	00:43:16	00:43:03	
83	794	FERNANDO CORDA	M	51	13	00:43:17	00:43:06	VALEJAS AC
84	432	IVO FERREIRA	M	42	16	00:43:20	00:43:20	RUNNERS PUMP BPLANET
85	665	GODINHO RAMOS	M	41	17	00:43:22	00:43:22	BRUTOS DO XANGAI
86	428	RAFAEL FERNANDES	M	34	30	00:43:31	00:43:31	TEAM RUNNING - II, IP
87	451	JOAQUIM FRADE	M	63	2	00:43:34	00:43:34	SS CGD
88	39	GONÇALO FERREIRA	M	44	18	00:43:35	00:43:28	
89	623	JOÃO GUTERRES	M	43	19	00:43:36	00:43:36	
90	320	JOSÉ PINTO	M	55	7	00:43:42	00:43:42	
91	118	MANUEL SOARES	M	53	14	00:43:46	00:43:46	FERRARIS DA SERAFINA
92	349	PEDRO CANELAS	M	46	15	00:43:47	00:43:47	
93	402	JUVENAL MOREIRA	M	54	15	00:43:49	00:43:49	NUCLEO DESPORTIVO AUTOCOOPE
94	1020	PAULO MOREIRA	M	49	16	00:43:56	00:43:28	OS FILHOS DA NOITE
95	735	RUI SILVA	M	47	17	00:43:58	00:43:36	CLUBE DESPORTIVO ESTRELA
96	1209	JORGE SOUSA	M	54	16	00:44:02	00:43:31	CORRER LISBOA
97	410	RUI MIGUEL PAULO GUILHERME	M	44	20	00:44:04	00:44:04	CORRER LISBOA
98	524	ANDRE NEREU	M	27	31	00:44:13	00:44:13	HAN SOLO
99	978	MARCOS PEREIRA	M	63	3	00:44:15	00:44:04	
100	724	LAURA AZEVEDO	F	33	3	00:44:20	00:43:54	PREMIUM RUNNERS
101	1134	ROSARIO BADESSA	F	32	4	00:44:23	00:44:14	
102	467	FRANK LEGRAND	M	48	18	00:44:32	00:44:32	
103	1164	MARGARIDA VARELA	F	24	19	00:44:33	00:43:54	GDC BANCO DE PORTUGAL
104	630	ANTONIO REBELO	M	47	5	00:44:33	00:44:33	
105	577	LEONEL SELEIRO	M	61	4	00:44:33	00:44:33	AMIGOS DO ATLETISMO DA AGUALVA
106	398	RUI ROMÃO	M	37	32	00:44:34	00:44:34	TEAM RUNNING - II, IP
107	685	PAULO GOULART	M	50	17	00:44:37	00:44:37	CLUBE ANACOM
108	792	PAULO JORGE GUIA	M	41	21	00:44:40	00:44:29	VALEJAS AC
109	1175	FRANCISCO MULETA	M	63	5	00:44:46	00:44:41	FF PAZ MUNDIAL E UNIFICAÇÃO
110	917	NUNO CARVALHO	M	44	22	00:44:53	00:44:53	GDCTINCM

111	687	JOÃO BARRAL	M	43	23	00:44:55	00:44:55	TEAM ITS UP TO YOU
112	682	JOÃO SANTOS	M	54	18	00:45:04	00:45:04	CLUBE DE PRAÇAS DA ARMADA
113	489	PEDRO PINTO	M	22	33	00:45:08	00:45:08	
114	1107	RUI CARNEIRO	M	49	20	00:45:09	00:44:40	EPAL - 150 ANOS
115	120	LUÍS SILVA	M	38	34	00:45:10	00:45:10	FERRARIS DA SERAFINA
116	828	PAULO SANTOS	M	51	19	00:45:11	00:45:09	LOURDETE PERFUMARIAS
117	490	LINO SANTOS	M	54	20	00:45:13	00:45:13	OS MESTRES
118	730	ANTÓNIO MARQUES	M	41	24	00:45:16	00:44:49	PREMIUM RUNNERS
119	540	JOSÉ DIAS	M	40	25	00:45:17	00:45:17	
120	933	CARLOS AMARO	M	37	35	00:45:22	00:45:14	GRUPO BARRAQUEIRO
121	279	CARLOS RAMOS	M	49	21	00:45:23	00:45:23	CORRER LISBOA
122	227	RICARDO SILVA	M	31	36	00:45:23	00:45:23	AIRES
123	1069	PAULO PIRES	M	52	21	00:45:30	00:44:54	
124	52	MARGARIDA CORREIA	F	39	2	00:45:31	00:45:11	GRUPO BARRAQUEIRO
125	797	VITOR CANTO	M	48	37	00:45:32	00:45:23	LINDA A PASTORA SC
126	560	GIL CARNEIRO	M	40	26	00:45:32	00:45:32	MARGIL
127	1146	NUNO SIMÕES	M	35	22	00:45:32	00:45:22	
128	433	MIGUEL SOARES	M	24	38	00:45:36	00:45:36	
129	802	SÉRGIO FERREIRA	M	34	39	00:45:38	00:45:35	
130	1106	LUÍS CHAVES	M	41	27	00:45:40	00:45:36	
131	554	RICARDO DANIEL NEVES FIGUEIRA	M	35	40	00:45:46	00:45:46	37 TEAM
132	742	VITOR NOVAIS	M	42	28	00:45:56	00:45:17	GAA VILA FRANCA DE XIRA
133	1139	JOÃO PIRES	M	48	23	00:45:57	00:45:17	
134	713	RUI FILIPE ALMEIDA	M	42	29	00:46:00	00:45:46	HL RUNNERS CLUB
135	786	ANDRÉ FALCÃO	M	32	41	00:46:01	00:45:28	ELITE RUNNERS
136	1235	FERNANDO ALCIDES RODRIGUES	M	54	22	00:46:02	00:45:20	C MILLENNIUM BCP
137	151	PAULO ALVES	M	43	30	00:46:05	00:46:05	
138	510	JOSÉ CRUZ	M	44	31	00:46:07	00:46:07	RUN FOR LUNCH
139	452	JORGE MORGADO	M	57	8	00:46:09	00:46:09	SS CGD
140	746	JOÃO MARAL	M	49	24	00:46:11	00:46:02	
141	594	MARCO PAULO COSTA	M	40	32	00:46:14	00:46:14	37 TEAM
142	86	PEDRO APARICIO	M	28	42	00:46:15	00:45:29	FARINHA
143	686	MARCOS LIMA	M	32	43	00:46:15	00:46:15	RASTAPATA
144	281	RICARDO ALVES	M	31	44	00:46:15	00:46:15	
145	63	JOAO HEITOR	M	67	3	00:46:18	00:46:09	AGUIAS DE PACO DE ARCOS
146	878	CARLOS LOPES	M	44	33	00:46:19	00:45:17	AMINHACORRIDA
147	287	AVELINO RODRIGUES	M	44	45	00:46:20	00:46:20	

148	248	FILIFE RIBEIRO	M	37	34	00:46:20	00:46:20	RUN FOR FRIENDS
149	1210	ANTÓNIO INÁCIO	M	62	6	00:46:24	00:46:24	PONTERROLENSE
150	861	ANTONIO VIEIRA	M	69	4	00:46:25	00:46:25	
151	340	RUI PASTOR	M	46	25	00:46:26	00:46:26	PASTOR RACING
152	1021	PEDRO MIGUEL RODRIGUES ESTEVES	M	50	23	00:46:27	00:46:02	4EKVILIBRO
153	961	EDUARDO ALEXANDRE	M	18	46	00:46:29	00:46:19	
154	43	MIGUEL CUNHA	M	43	35	00:46:33	00:46:16	
155	851	JULIO MOREIRA	M	42	36	00:46:36	00:46:36	POLRRUNERS
156	722	MARTA FONSECA	F	36	3	00:46:41	00:46:29	HCRUNNERS
157	625	FRANCISCO GUERRA	M	38	47	00:46:42	00:46:42	
158	1174	NUNO MIGUEL	M	29	48	00:46:45	00:46:34	FF PAZ MUNDIAL E UNIFICAÇÃO
159	121	ALEXANDRE ALMEIDA	M	38	49	00:46:46	00:46:46	FERRARIS DA SERAFINA
160	528	TIAGO VIGIA	M	29	50	00:46:47	00:46:47	RAQUEIS
161	177	ANTÓNIO AMARAL	M	41	7	00:46:49	00:46:49	GUIZO RUNNERS
162	327	ANTÓNIO COELHO	M	61	37	00:46:49	00:46:49	
163	1142	ANTÓNIO RAMOS	M	47	1	00:46:50	00:46:44	FF PAZ MUNDIAL E UNIFICAÇÃO
164	94	ISABEL SANTOS	F	49	26	00:46:50	00:46:50	FF PAZ MUNDIAL E UNIFICAÇÃO
165	334	RAFAEL CARDOSO	M	30	51	00:46:51	00:46:51	COFCOINTL PORTUGAL
166	192	PAULO COSTA	M	52	24	00:46:53	00:46:53	SFUAP
167	939	JOÃO RAMOS	M	36	52	00:46:55	00:46:08	PREFERIMOS VINHO MAS HOJE É ÁGUA!!
168	155	JOÃO DA NOVA	M	39	53	00:46:56	00:46:56	CAPTAIN FLY
169	1115	MIGUEL FRIAS	M	42	38	00:47:00	00:46:56	
170	672	DUARTE DELGADO	M	22	39	00:47:00	00:47:00	
171	807	RUI OLIVEIRA	M	44	54	00:47:00	00:46:06	
172	1295	NOEMIA SEQUEIRA	F	50	2	00:47:08	00:47:08	SS CGD
173	1219	TIAGO MONTEIRO	M	42	40	00:47:10	00:46:12	
174	216	ANTONIO GONÇALVES	M	54	25	00:47:12	00:47:12	CCDTMETROLX
175	202	CLÁUDIA LORENA FERREIRA	F	52	3	00:47:13	00:47:13	CLUBE DO STRESS
176	218	ISABEL FRANÇA	F	46	4	00:47:13	00:47:13	CCDTMETROLX
177	894	MANUEL BRITO	M	47	27	00:47:15	00:47:07	FF PAZ MUNDIAL E UNIFICAÇÃO
178	1291	ALBINO TOMAS	M	62	8	00:47:22	00:47:22	CA PATAMEIRAS
179	16	LUÍS TRIGO	M	38	55	00:47:23	00:46:50	
180	798	ANTONIO MARINO	M	45	28	00:47:24	00:47:21	
181	1203	SÉRGIO LOUREIRO	M	26	56	00:47:26	00:46:58	
182	611	HELENA MOREIRA	F	42	57	00:47:27	00:47:27	CARACÓIS DE PEDRA
183	247	PAULO MARTINS FERREIRA	M	37	4	00:47:27	00:47:27	TEAM SALAMANDRAS
184	918	NUNO GONÇALVES	M	43	58	00:47:29	00:47:15	GDCTINCM

185	988	PEDRO BRAVO	M	39	41	00:47:29	00:47:13	
186	445	CARLOS LEITÃO	M	55	9	00:47:36	00:47:36	SS CGD
187	329	ANTÓNIO BARRA	M	33	59	00:47:37	00:47:37	
188	457	ORLINDO FIGUEIREDO	M	70	5	00:47:38	00:47:38	SS CGD
189	448	FRANCISCO CLÉRIGO	M	65	6	00:47:38	00:47:38	SS CGD
190	1277	ÁLVARO FRANCISCO	M	66	7	00:47:39	00:47:39	
191	715	PAULO PAIS	M	36	60	00:47:40	00:47:31	
192	103	TIAGO JOAQUIM	M	35	61	00:47:41	00:47:41	
193	688	SARA NEVES	F	41	6	00:47:43	00:47:43	TEAM ITS UP TO YOU
194	1176	MARIANA PASSOS	F	28	5	00:47:43	00:47:03	
195	909	PEDRO AFONSO RAMALHO	M	27	62	00:47:46	00:47:33	
196	628	HUGO FILIPE DA COSTA MORAIS CALADO	M	36	63	00:47:50	00:47:50	RUNNERS PUMP BPLANET
197	100	RICARDO PATROCINIO	M	39	8	00:47:51	00:47:51	LISBON SOUTH BAY RUNNING CLUB
198	732	NATACHA RIBEIRINHO	F	28	7	00:47:51	00:47:35	
199	796	ARMANDO CORREIA	M	66	64	00:47:51	00:47:51	LESMAS ALOPRADAS
200	359	JOÃO FERNANDES	M	37	65	00:47:54	00:47:54	
201	980	FERNANDO MARQUES	M	53	26	00:47:58	00:47:48	
202	966	JOSE SOARES	M	38	66	00:48:03	00:47:31	ELITE RUNNERS
203	1001	FERNANDO CELESTINO	M	59	10	00:48:04	00:47:50	
204	1145	MANUEL COSTA	M	61	9	00:48:06	00:48:06	OS COSTAS
205	1297	PAULO GARCIA	M	48	29	00:48:06	00:48:06	PERNAS DE GAFANHOTO
206	653	GONÇALO LOURO	M	37	67	00:48:07	00:48:07	SERVIÇOS SOCIAIS MONTEPIO
207	764	MIGUEL VINAGRE	M	43	42	00:48:08	00:47:37	CCD CRÉDITO AGRÍCOLA MÚTUO
208	1006	ANTÓNIO INÁCIO	M	45	68	00:48:09	00:47:30	
209	777	BRUNO AMARO	M	37	43	00:48:09	00:47:49	
210	70	PEDRO BOLÉO-TOMÉ	M	43	30	00:48:09	00:47:41	
211	444	CARLOS BRANCO	M	45	69	00:48:10	00:48:10	SS CGD
212	447	DIOGO BRANCO	M	19	31	00:48:10	00:48:10	SS CGD
213	1165	JOÃO RODRIGUES	M	39	70	00:48:13	00:47:44	GDC BANCO DE PORTUGAL
214	1057	RUI CUNHA	M	52	27	00:48:14	00:48:09	GD SANTANDERTOTTA
215	1199	TONY COELHO	M	29	71	00:48:16	00:48:00	EAE LAZY RUNNERS
216	1074	JOAQUIM MATEUS	M	38	32	00:48:17	00:47:18	
217	842	PAULO CORDEIRO	M	48	72	00:48:17	00:47:45	
218	106	HELDER ROSARIO	M	38	73	00:48:20	00:48:20	PORTUGAL RUNNING
219	1231	GUILHERME GONÇALVES	M	58	11	00:48:21	00:48:07	OS FERROVIÁRIOS
220	1258	TIAGO CARVALHO FARIA	M	24	74	00:48:24	00:48:24	C MILLENNIUM BCP
221	591	SÉRGIO FREITAS	M	42	44	00:48:26	00:48:26	

222	1198	PEDRO BERNARDO	M	42	75	00:48:27	00:48:13	EAE LAZY RUNNERS
223	17	LUIS ANTUNES	M	37	45	00:48:27	00:48:19	
224	167	MARCO BATISTA	M	36	10	00:48:28	00:48:28	
225	1063	JOAO TEIXEIRA	M	49	76	00:48:28	00:48:16	
226	684	JOSÉ VAZ	M	60	33	00:48:28	00:48:28	CLUBE ANACOM
227	1028	CARLOS GONÇALVES	M	49	34	00:48:29	00:48:14	GD SANTANDERTOTTA
228	862	JOSE MATEUS	M	30	77	00:48:34	00:48:05	
229	1072	BRUNO PANDAIO	M	42	46	00:48:36	00:48:30	
230	898	NUNO CURTO	M	39	78	00:48:38	00:48:25	
231	62	FÁBIO POUSINHO	M	30	5	00:48:39	00:47:42	
232	1034	PATRICIA FIGUEIREDO	F	47	79	00:48:39	00:48:04	GD SANTANDERTOTTA
233	80	BRUNO FILIPE MATIAS BALEIZÃO	M	33	80	00:48:41	00:48:21	
234	161	ANDRÉ LOPES	M	34	81	00:48:41	00:48:41	BILHUDOS
235	977	NUNO ANTÓNIO	M	43	82	00:48:42	00:48:37	
236	629	SEBASTIAO FERNANDES	M	23	47	00:48:42	00:48:42	
237	697	MIGUEL FIGUEIREDO	M	43	48	00:48:43	00:48:43	QUINTETO
238	1109	TÂNIA ANTAS	F	33	83	00:48:44	00:48:04	
239	472	RICARDO BRAZ	M	22	8	00:48:44	00:48:44	RAQUEIS
240	1250	CARLOS JOSE RAMOS	M	52	28	00:48:46	00:48:09	C MILLENNIUM BCP
241	890	NUNO SEABRA	M	41	49	00:48:46	00:48:38	TRAIL RUNNERS
242	312	BRUNO MIGUEL VIEGAS CARVALHO	M	32	84	00:48:51	00:48:51	BANDIDOS
243	1193	NUNO ANTUNES	M	49	35	00:48:52	00:48:38	
244	1000	JOSÉ AMARO	M	42	50	00:48:53	00:48:39	LIZ RUNNERS
245	559	TIAGO BRITO	M	30	85	00:48:54	00:48:54	
246	708	PEDRO PINTO	M	32	86	00:48:55	00:48:07	
247	1207	JOÃO PINTO	M	37	87	00:48:55	00:48:18	
248	59	JOÃO RIBEIRO	M	43	51	00:48:56	00:48:05	
249	965	TIAGO LANÇA	M	34	88	00:48:57	00:48:56	PENICHE A CORRER
250	249	RICARDO VIEGAS	F	41	6	00:48:59	00:48:59	
251	729	JOÃO PEDROSA	M	39	89	00:48:59	00:48:59	PREMIUM RUNNERS
252	996	JOÃO GONÇALVES	M	55	36	00:49:00	00:49:00	
253	849	RUI MENDES	M	46	12	00:49:00	00:48:36	
254	1041	FERNANDO FERNANDES	M	49	37	00:49:02	00:48:33	GD SANTANDERTOTTA
255	293	ALCINDO ALMEIDA	M	60	7	00:49:02	00:49:02	LINDA A PASTORA SC
256	107	VARELA SAO	F	44	11	00:49:02	00:49:02	PORTUGAL RUNNING
257	235	JORGE VAZ	M	44	52	00:49:03	00:49:03	
258	500	JOÃO PRATAS	M	54	29	00:49:05	00:49:05	

259	671	CARLOS MADUREIRA	M	30	90	00:49:05	00:49:05	
260	337	DOMINGOS VIEIRA	M	31	91	00:49:06	00:49:06	COFCOINTL PORTUGAL
261	325	VITOR GONÇALVES	M	51	30	00:49:07	00:49:07	LEGIÃO URBANA
262	492	FILIPE GONÇALVES	M	38	92	00:49:09	00:49:09	
263	973	PAULO GONÇALVES	M	52	31	00:49:11	00:49:11	MARVILA JOVEM
264	974	NUNO FERREIRA	M	38	93	00:49:11	00:48:47	MARVILA JOVEM
265	572	NUNO FRIAS	M	30	94	00:49:15	00:49:15	
266	174	PAULO FIGUEIRAS	M	48	38	00:49:16	00:49:16	AS VINTAGES
267	535	RICARDO GOMES	M	35	95	00:49:17	00:49:17	CAG
268	962	NUNO CABANAS	M	45	39	00:49:17	00:48:51	
269	112	PEDRO GONCALVES	M	48	40	00:49:18	00:49:18	
270	879	JORGE AMARAL	M	50	32	00:49:18	00:49:11	AMINHACORRIDA
271	187	SILVIO PAIVA	M	67	9	00:49:24	00:49:24	FAMÍLIA PAIVA
272	738	PEDRO REIS	M	43	53	00:49:28	00:49:04	
273	134	PEDRO RIBEIRO	M	40	54	00:49:30	00:49:30	
274	406	RICARDO SILVA	M	40	55	00:49:31	00:49:31	
275	1303	TIAGO DIAS	M	30	96	00:49:33	00:49:33	
276	154	TIAGO MARTINS	M	40	56	00:49:34	00:49:34	CAPTAIN FLY
277	324	MIGUEL SOUSA	M	48	41	00:49:34	00:49:34	
278	542	RUI NUNES	M	43	57	00:49:34	00:49:34	
279	195	JOÃO COCHARRO	M	41	58	00:49:35	00:49:35	RENAULT RUN CLUB
280	616	CARLOS LOURENÇO	M	42	59	00:49:37	00:49:37	LISRUNNING CPA
281	54	AUGUSTO CARIA	M	66	10	00:49:42	00:49:42	GRUPO BARRAQUEIRO
282	781	NUNO AFONSO	M	39	97	00:49:42	00:48:51	
283	639	DUARTE COSTA	M	35	98	00:49:43	00:49:43	
284	1170	ADELINO SIMÕES	M	65	12	00:49:44	00:48:38	GDC BANCO DE PORTUGAL
285	1171	JOSÉ MONTEIRO	M	62	11	00:49:44	00:48:36	GDC BANCO DE PORTUGAL
286	468	PAULO MARQUES	M	43	60	00:49:45	00:49:10	GAAVFX
287	239	CATARINA AMARO	F	35	13	00:49:45	00:49:45	RUN FOR FRIENDS
288	1172	JOAQUIM FERRÃO	M	58	8	00:49:45	00:48:40	GDC BANCO DE PORTUGAL
289	77	TOMÁS BAIRRÃO	M	30	99	00:49:50	00:49:24	
290	776	NUNO FIGUEIREDO	M	39	100	00:49:51	00:49:45	
291	883	GENINHA ANDRADE	F	40	9	00:49:54	00:49:48	AMINHACORRIDA
292	987	ALEXANDRE MATEUS	M	42	61	00:49:57	00:49:41	
293	889	TITO VIEIRA	M	35	101	00:50:00	00:49:18	ASS COMPANHEIRO
294	1285	SAMUEL PERNICHA	M	39	102	00:50:02	00:48:51	CORRER LISBOA
295	275	VITOR PAULINO	M	44	62	00:50:03	00:49:15	

296	1262	ARTUR PAULO BOTAO	M	49	42	00:50:05	00:50:05	C MILLENNIUM BCP
297	750	VÍTOR ALVITO	M	32	103	00:50:05	00:49:49	
298	477	MIGUEL OLIVEIRA	M	27	104	00:50:06	00:50:06	
299	1091	NUNO REIS	M	36	105	00:50:07	00:49:36	AQUARUNNERS
300	498	HUGO FERREIRA	M	36	106	00:50:08	00:50:08	
301	1060	JOSE RAPOSO	M	49	43	00:50:09	00:49:08	GD SANTANDERTOTTA
302	1273	PEDRO PROENÇA	M	48	44	00:50:09	00:50:09	
303	1052	MANUEL FERNANDES	M	18	107	00:50:11	00:50:11	GD SANTANDERTOTTA
304	415	JOAO NEVES	M	53	14	00:50:11	00:50:11	
305	762	LUÍS DAMIÃO	M	51	33	00:50:11	00:50:11	CCD CRÉDITO AGRÍCOLA MÚTUO
306	1156	RICARDO SANTOS	M	37	34	00:50:11	00:49:58	
307	55	JOSÉ TOMÉ	M	52	35	00:50:11	00:49:33	GRUPO BARRAQUEIRO
308	1274	MARCELINO ALMEIDA	M	56	108	00:50:11	00:50:11	
309	749	PEDRO CABRAL	M	44	63	00:50:12	00:50:03	LISRUNNING CPA
310	456	MIGUEL DIAS	M	43	64	00:50:14	00:50:14	SS CGD
311	904	MARCIA SILVA	F	27	9	00:50:15	00:50:15	
312	574	BRUNO ARAÚJO-GOMES	M	44	65	00:50:16	00:50:16	GOMAS TEAM
313	1237	PAULO HERMENEGILDO PAIS	M	53	36	00:50:17	00:50:17	C MILLENNIUM BCP
314	1110	CELINA ABREU	F	51	6	00:50:18	00:49:38	
315	38	JOÃO MOITEIRO	M	46	45	00:50:21	00:49:33	
316	1035	ANTONIO CRUZ	M	70	12	00:50:22	00:49:49	GD SANTANDERTOTTA
317	397	PAULO LOURO	M	50	37	00:50:23	00:50:23	CAAMOITA
318	753	NUNO MACHADO	M	37	109	00:50:25	00:50:20	GUIZO RUNNERS
319	604	FRANCISCO PINTO	M	59	15	00:50:26	00:50:26	
320	276	SEVERINO CRUZ	M	55	16	00:50:26	00:50:26	
321	96	HUGO REBELO	M	44	66	00:50:28	00:50:28	FF PAZ MUNDIAL E UNIFICAÇÃO
322	60	EMANUEL GASPAR	M	30	110	00:50:28	00:50:28	
323	718	FÁBIO FERRÃO	M	32	111	00:50:30	00:50:30	
324	787	FILIPA FERRO	F	41	10	00:50:32	00:50:32	GDR DA REBOLEIRA
325	1264	JOSE JULIO FERREIRA	M	48	46	00:50:35	00:49:54	C MILLENNIUM BCP
326	1217	BRUNO PRETO	M	20	112	00:50:35	00:50:30	GD BRAGANÇA
327	683	ROBERTO FERREIRA	M	31	113	00:50:35	00:50:35	RUN CREW TRAIL MONTIJO
328	829	RICARDO CONCEIÇÃO	M	33	114	00:50:36	00:50:36	LOURDETE PERFUMARIAS
329	1009	NUNO BOGALHEIRO	M	45	47	00:50:36	00:49:30	AMIGOS VALE SILÊNCIO
330	1114	ARTUR JORGE CARVALHO	M	51	38	00:50:36	00:49:51	
331	663	TIAGO SILVA	M	40	67	00:50:37	00:50:37	SERVIÇOS SOCIAIS MONTEPIO
332	255	IGOR GOMES	M	34	115	00:50:39	00:50:39	SES

333	1090	NUNO MIGUEL LOURENÇO MATEUS	M	35	116	00:50:39	00:49:56	
334	1008	LUIS FILIPE MATEUS	M	35	117	00:50:41	00:50:30	RUN FOREST RUN
335	194	MANUEL PINEDA NAVARRO	M	39	118	00:50:43	00:50:43	DIABLOS RUNNERS
336	793	CARLOS FERREIRA	M	24	119	00:50:44	00:49:49	
337	1073	ANTÓNIO NARCISO	M	54	39	00:50:46	00:49:47	EPAL
338	356	MANUEL SOBREDA	M	51	40	00:50:49	00:50:49	
339	947	NUNO FREIRE	M	34	120	00:50:52	00:50:22	
340	840	PEDRO NUNES	M	43	68	00:50:52	00:50:02	IMPARAVEIS
341	1123	RICARDO FIGUEIREDO	M	49	13	00:50:53	00:50:24	
342	1256	JORGE MANUEL SALVADO	M	55	17	00:50:53	00:50:53	C MILLENNIUM BCP
343	1239	JOSE CARLOS RODRIGUES	M	68	48	00:50:53	00:50:51	C MILLENNIUM BCP
344	669	JOAQUIM SOTANA	M	20	49	00:50:54	00:50:54	QUEIJAS SOTANA
345	768	RUI MELO	M	47	121	00:50:54	00:50:54	CCD CRÉDITO AGRÍCOLA MÚTUO
346	934	SANDRO LEITÃO	M	30	122	00:50:58	00:50:32	FRIENDS & CO RUNNING TEAM
347	47	HELDER RAPOSO	M	50	41	00:50:59	00:50:37	
348	341	CANDIDO POÇAS	M	49	50	00:51:00	00:51:00	ALONE
349	770	TITO NASCIMENTO	M	38	14	00:51:09	00:50:48	
350	419	ANIBAL CARVALHO	M	67	123	00:51:09	00:51:09	
351	1075	HÉLIO GOMES	M	39	124	00:51:14	00:50:14	
352	569	WALTER GOMES	M	50	42	00:51:18	00:51:18	MARIA DOS REMEDIOS AE
353	1086	PEDRO GOMES	M	30	125	00:51:23	00:50:53	AQUARUNNERS
354	45	FILIPE MATEUS	M	30	126	00:51:24	00:50:30	TEAM BOCK
355	1030	JOAO JESUS	M	42	69	00:51:25	00:51:19	GD SANTANDERTOTTA
356	311	JOÃO PINTO	M	42	70	00:51:25	00:51:25	RUN FOR FRIENDS
357	309	EMILIO LÓPEZ GONZÁLEZ	M	45	51	00:51:26	00:51:26	
358	642	JÚLIO FERREIRA	M	64	13	00:51:28	00:51:28	CARACÓIS SONOLENTOS
359	1017	LUIS ROCHA	M	41	71	00:51:29	00:51:17	
360	784	ANTÓNIO CASAS NOVAS	M	40	72	00:51:29	00:50:13	
361	46	HUGO TORRES	M	41	73	00:51:30	00:50:37	TEAM BOCK
362	460	PEDRO LOURO	M	35	127	00:51:30	00:51:30	SS CGD
363	387	JACQUI SAFFERY	F	58	11	00:51:32	00:51:32	
364	875	PEDRO LEITAO LEITÃO	M	44	74	00:51:32	00:51:05	VASSALOS
365	446	CATIA FONSECA	F	36	1	00:51:32	00:51:32	SS CGD
366	191	CARLOS GONÇALVES	M	54	43	00:51:33	00:51:33	SFUAP
367	208	JULIETA MOTA	F	46	18	00:51:36	00:51:36	
368	624	JOAO FERREIRA	M	59	7	00:51:36	00:51:36	CORRER LISBOA
369	318	PEDRO VITORINO	M	42	12	00:51:41	00:51:41	LINDA A PASTORA SC

370	317	PATRICIA MATOS	F	44	75	00:51:41	00:51:33	LINDA A PASTORA SC
371	267	THOMAS STARK	M	40	76	00:51:42	00:51:42	
372	268	MARK FAIRLEY	M	71	77	00:51:43	00:51:43	
373	269	JOSE SILVA	M	40	15	00:51:43	00:51:43	
374	863	DIOGO BISPO	M	30	16	00:51:44	00:51:44	FUTEBOL CLUBE ESTRELAS LISBOA
375	864	FREDERIC SILVA	M	30	128	00:51:44	00:51:27	FUTEBOL CLUBE ESTRELAS LISBOA
376	117	LUÍS BRAZÃO	M	70	129	00:51:44	00:51:44	FERRARIS DA SERAFINA
377	578	FRANCISCO PESSOA	M	45	52	00:51:47	00:51:47	AMIGOS DO ATLETISMO DA AGUALVA
378	425	LUIS QUINTAL	M	35	130	00:51:48	00:51:48	
379	689	RENATA BELO	F	47	8	00:51:49	00:51:49	TEAM ITS UP TO YOU
380	1018	PAULO CALDEIRA	M	39	131	00:51:49	00:51:14	
381	125	DIOGO AGOSTINHO	M	21	132	00:51:50	00:51:50	
382	1282	JORGE SOTANA	M	46	53	00:51:51	00:51:51	
383	426	SÉRGIO TAVARES	M	32	133	00:51:51	00:51:51	
384	1283	RUI RODRIGUES	M	48	54	00:51:51	00:51:51	
385	900	NELSON BASTOS	M	47	55	00:51:52	00:51:11	
386	638	MARIO MIGUEL DA SILVA LOPES	M	43	78	00:51:52	00:51:52	
387	579	MANUEL EMÍDIO	M	62	14	00:51:54	00:51:54	AMIGOS DO ATLETISMO DA AGUALVA
388	501	ALBERTO LEAL	M	53	44	00:51:58	00:51:58	
389	1200	TIAGO BIOUCAS	M	31	134	00:51:58	00:51:43	EAE LAZY RUNNERS
390	565	LUÍS FIGUEIREDO	M	56	19	00:51:59	00:51:59	
391	596	PAULO MARQUES	M	45	56	00:52:01	00:52:01	5 PLUS
392	631	CARLOS MAGALHAES	M	36	135	00:52:01	00:52:01	
393	479	JOSÉ DIAS	M	47	57	00:52:02	00:52:02	CORRER QUELUZ
394	144	FRANCISCO BANDO	M	67	17	00:52:03	00:52:03	
395	564	JOSÉ ALÍPIO	M	61	15	00:52:03	00:52:03	
396	1155	GONÇALO ROCHA	M	38	136	00:52:04	00:51:31	
397	284	PEDRO CLETO	M	45	58	00:52:04	00:52:04	
398	1168	GINA CHEIO	F	47	9	00:52:05	00:52:05	GDC BANCO DE PORTUGAL
399	937	MARIA NORONHA	F	48	10	00:52:05	00:51:18	PREFERIMOS VINHO MAS HOJE É ÁGUA!!
400	401	CARLOS FERREIRA	M	61	16	00:52:05	00:52:05	NUCLEO DESPORTIVO AUTOCOOPE
401	170	ADRIANO ZAMBUJEIRO	M	42	79	00:52:06	00:52:06	ANSELMINHO RUNNERS
402	1169	ANTÓNIO SIMÕES	M	48	59	00:52:06	00:52:06	GDC BANCO DE PORTUGAL
403	386	CLIVE SAFFERY	M	63	17	00:52:07	00:52:07	
404	714	RUI CORREIA	M	44	80	00:52:08	00:51:10	
405	171	NUNO ALMEIDA	M	39	137	00:52:08	00:52:08	ANSELMINHO RUNNERS
406	1013	ALEXANDRE PASTOR	M	18	138	00:52:09	00:51:33	

407	379	PAULO SOUSA	M	54	45	00:52:09	00:52:09	BEEP-BEEP
408	1261	LUIS MANUEL SILVA	M	51	46	00:52:09	00:52:09	C MILLENNIUM BCP
409	461	LUÍS PIEDADE	M	49	60	00:52:11	00:52:11	GO!RUNNERS
410	1130	LUIS ALMEIDA	M	47	61	00:52:12	00:51:58	RUN FOR LUNCH
411	394	VAGNER SIMPLICIO	M	33	139	00:52:13	00:52:13	CAPTAIN FLY
412	1225	RUI PEREIRA	M	62	18	00:52:16	00:51:15	
413	993	MANOEL GONÇALVES DE OLIVEIRA JÚNIOR PILOTO	M	42	81	00:52:18	00:51:57	THE WINNERS
414	946	PAULO TEIXEIRA	M	58	20	00:52:19	00:51:21	
415	811	HENRIQUE JOAQUIM	M	47	140	00:52:20	00:52:00	
416	733	ANTÓNIO BATISTA	M	71	62	00:52:20	00:51:57	CLUBE DESPORTIVO ESTRELA
417	61	PEDRO GASPAR	M	26	18	00:52:20	00:51:23	
418	363	MARIA LUÍSA ALMEIDA	F	42	13	00:52:22	00:52:22	CORRER QUELUZ
419	1023	PEDRO FERNANDES DUARTE	M	42	82	00:52:26	00:51:08	
420	931	ANDRÉ LABORINHO	M	50	47	00:52:27	00:51:26	CORRER LISBOA
421	891	TIAGO SILVA	M	18	141	00:52:28	00:52:10	
422	50	ANTONIO RAFAEL MARTINS MARTINS	M	55	21	00:52:28	00:52:03	
423	27	ANA ROXO	F	31	10	00:52:30	00:51:47	
424	251	ANTONIO BARBAS	M	51	48	00:52:31	00:52:31	
425	1026	JOSE MONTEIRO	M	69	19	00:52:33	00:51:58	GD SANTANDERTOTTA
426	942	RUI GERALDES	M	31	142	00:52:34	00:52:20	
427	1266	ALEXANDRA CRISTINA COSTA	F	47	11	00:52:35	00:52:35	C MILLENNIUM BCP
428	411	ALMERINDO SILVA	M	59	22	00:52:41	00:52:41	A.D.C.CATUJAL
429	412	JOÃO PASSEIRO	M	59	23	00:52:41	00:52:41	A.D.C.CATUJAL
430	886	JOSÉ BRITES	M	45	63	00:52:43	00:52:19	ASS COMPANHEIRO
431	662	TERESA CARDOSO	F	39	12	00:52:44	00:52:44	SERVIÇOS SOCIAIS MONTEPIO
432	330	RICARDO SIMÕES	M	49	14	00:52:44	00:52:44	CORRER QUELUZ
433	827	SONIA SANTOS	F	47	64	00:52:44	00:52:07	
434	716	PAULO PALMINHA	M	48	65	00:52:47	00:52:11	
435	552	PEDRO BASTOS	M	48	66	00:52:48	00:52:48	
436	568	PATRÍCIA MACHADO	F	36	15	00:52:51	00:52:51	GUIZO RUNNERS
437	1195	DIOGO RESSURREIÇÃO	M	36	143	00:52:53	00:52:21	SMILEPROTECT
438	454	LUIS TAVARES	M	49	67	00:52:56	00:52:56	SS CGD
439	254	RUI SERAFIM	M	45	83	00:52:57	00:52:57	LX RUN
440	968	GONÇALO FERREIRA	M	42	68	00:52:57	00:52:48	
441	967	RUI SOL-POSTO	M	42	84	00:52:58	00:52:22	
442	810	ALEXANDRE GOMES	M	49	69	00:53:02	00:52:55	
443	835	JOÃO PEREIRA	M	55	24	00:53:04	00:52:37	ACPORTALEGRE

444	893	ANDRÉ LEAL	M	30	144	00:53:05	00:52:30	
445	766	NUNO SIMÕES	M	40	85	00:53:08	00:52:38	CCD CRÉDITO AGRÍCOLA MÚTUO
446	1043	DIOGO VIVEIROS	M	30	145	00:53:11	00:52:16	GD SANTANDERTOTTA
447	374	ELSA SABIDO	F	47	13	00:53:11	00:53:11	FAM 2 RUN
448	1007	PEDRO COSTA	M	36	49	00:53:12	00:52:32	
449	67	RUI MANUEL VELEZ	M	54	146	00:53:12	00:52:35	
450	1281	JOÃO P ANTUNES	M	47	70	00:53:18	00:53:18	
451	803	JOAQUIM FONSECA	M	62	19	00:53:19	00:53:12	FF PAZ MUNDIAL E UNIFICAÇÃO
452	960	ANDRÉ ROSA	M	32	147	00:53:20	00:52:48	
453	299	RAFAEL MARTINS	M	37	148	00:53:21	00:53:21	
454	954	ANTÓNIO RODRIGUES	M	42	86	00:53:22	00:53:22	GOODFELAS
455	491	MARIA DE DEUS PALMA	F	61	2	00:53:25	00:53:25	
456	289	PEDRO ALMEIDA	M	42	87	00:53:26	00:53:26	
457	920	PAULO SOUSA	M	44	88	00:53:27	00:53:27	GDCTINCM
458	224	JOAO PINTO	M	50	50	00:53:30	00:53:30	
459	779	FRANCISCO FERNANDES	M	38	149	00:53:32	00:53:32	
460	710	JOÃO FERREIRA	M	46	89	00:53:33	00:52:42	CLUBE CIMPOR
461	1102	NUNO NUNES	M	44	71	00:53:33	00:52:47	EPAL
462	24	BERNARDO SALAVESSA	M	41	90	00:53:36	00:53:23	
463	673	CAROLINA CARVALHEIRA	F	22	11	00:53:37	00:53:37	
464	424	BRUNO GUERREIRO	M	43	91	00:53:39	00:53:39	RUNNERS PUMP BPLANET
465	157	BRUNO SILVESTRE	M	27	150	00:53:40	00:53:40	
466	31	JOSE CORREIA	M	59	25	00:53:42	00:53:14	
467	25	PAULO MOUTINHO	M	47	72	00:53:43	00:53:14	H-GARRA A LEBRE
468	297	RUI SIMÕES	M	51	73	00:53:44	00:53:44	AS LESMAS
469	1152	FERNANDO RODRIGUES	M	48	51	00:53:44	00:53:21	
470	905	GONÇALO CALISTO	M	40	151	00:53:47	00:53:02	
471	1190	FILIPE CORREIA	M	29	92	00:53:47	00:53:24	
472	837	PAULO SOUSA	M	36	93	00:53:48	00:52:32	
473	1118	LUIS REVÉS	M	44	152	00:53:48	00:53:09	CCD SIEMENS
474	207	JOSÉ LIMA	M	53	52	00:53:49	00:53:49	
475	1148	JORGE PEDRO	M	50	53	00:53:50	00:53:20	
476	874	RUI DIAS	M	38	153	00:53:51	00:53:32	OS GALGOS
477	979	FILIPE PEREIRA	M	36	154	00:53:54	00:53:54	
478	763	LUÍSA MOURÃO	F	39	16	00:53:55	00:53:25	CCD CRÉDITO AGRÍCOLA MÚTUO
479	1025	LINO OLIVEIRA	M	72	20	00:53:57	00:53:23	GD SANTANDERTOTTA
480	626	FRANCISCO BENTO	M	39	155	00:53:59	00:53:59	

481	228	NUNO LOPES	M	39	26	00:53:59	00:53:59	AIRES
482	149	FERNANDO BRANDÃO	M	55	156	00:53:59	00:53:19	QUEMCHEGAR1°PAGA
483	888	RUI PEREIRA	M	30	157	00:54:06	00:53:23	ASS COMPANHEIRO
484	712	PEDRO MATOS	M	33	158	00:54:11	00:52:41	
485	105	SÓNIA FRANÇA	F	40	17	00:54:12	00:54:12	
486	140	LUÍS SANTOS	M	32	159	00:54:13	00:54:13	
487	836	RUI ENCARNAÇÃO	M	41	94	00:54:13	00:54:13	CCDTMETROLX
488	1247	MARIANA VINAGRE CAMPOS	F	17	12	00:54:14	00:53:56	C MILLENNIUM BCP
489	658	PAULO RODRIGUES	M	43	74	00:54:15	00:54:15	SERVIÇOS SOCIAIS MONTEPIO
490	108	PATRICIA ALVES	F	37	95	00:54:15	00:54:15	PORTUGAL RUNNING
491	1084	JOÃO BRITES	M	49	18	00:54:15	00:54:15	AQUARUNNERS
492	240	INÉS COSTA	F	37	19	00:54:16	00:54:16	
493	166	CARLA MORGADO	F	48	14	00:54:18	00:54:18	
494	1044	ANTONIO CASTRO	M	49	75	00:54:20	00:53:16	GD SANTANDERTOTTA
495	382	KHALID ELMATOURI	M	47	76	00:54:21	00:54:21	BEEP-BEEP
496	1252	RICARDO MIGUEL NUNES	M	42	96	00:54:22	00:54:22	C MILLENNIUM BCP
497	81	SANDRA ARRAIAS	F	37	20	00:54:22	00:53:49	OS ARRAIAS
498	1131	AIRES ILDEFONSO	M	63	20	00:54:24	00:53:58	CABELEIREIRO MODA JOVEM
499	907	PEDRO SANTOS	M	29	54	00:54:25	00:53:48	
500	508	EMÍLIO GONÇALVES	M	51	160	00:54:25	00:54:25	AMIGOS VALE SILÊNCIO
501	734	VIRGÍLIO RODRIGUES	M	71	21	00:54:26	00:54:04	CLUBE DESPORTIVO ESTRELA
502	259	LUÍS GOMES	M	24	161	00:54:28	00:54:28	SES
503	160	MANUEL SILVA	M	63	21	00:54:29	00:54:29	BILHUDOS
504	292	SANDRO PINTO	M	43	97	00:54:32	00:54:32	RUNLOVERS
505	301	BEATRIZ SÉCIO	F	21	13	00:54:33	00:53:54	
506	757	RAFAEL AZRIEL	M	48	77	00:54:33	00:53:54	
507	1068	CRISTINA GABRIEL	F	37	21	00:54:34	00:53:26	SS CGD
508	123	ARMANDO VALENTE	M	48	78	00:54:37	00:54:37	
509	551	JOSE DIAS	M	52	55	00:54:37	00:54:37	
510	450	JOÃO CORREIA	M	57	27	00:54:37	00:54:37	SS CGD
511	124	CARLA CARDOSO	F	44	22	00:54:38	00:54:38	
512	995	JOÃO RATO	M	54	56	00:54:38	00:54:01	
513	647	LUIS MARQUES	M	54	57	00:54:43	00:54:43	
514	677	CARLOS GONÇALVES	M	62	22	00:54:45	00:54:45	LEBRES E TARTARUGAS
515	679	SARA FONSECA	F	20	14	00:54:48	00:54:48	
516	756	JOSE FREITAS	M	57	28	00:54:49	00:53:51	
517	520	QUIM SANDE	M	58	29	00:54:50	00:54:50	

518	1147	SARITA BASTOS	F	34	15	00:54:51	00:54:25	
519	175	MÁRIO COSTA	M	55	30	00:54:51	00:54:51	
520	833	SÉRGIO RAFAEL FIGUEIRA OLIVEIRA	M	35	162	00:54:52	00:53:58	
521	1085	PEDRO ANTUNES	M	42	98	00:54:53	00:54:22	AQUARUNNERS
522	513	ROGERIO FERNANDES FERREIRA	M	54	58	00:54:55	00:54:55	
523	101	ANTONIO JOSE GASPAR POMBINHO	M	61	23	00:54:55	00:54:55	
524	109	HUGO COLAÇO	M	40	99	00:54:56	00:54:56	
525	1306	ELISABETE ROCHA	F	43	23	00:54:58	00:54:58	
526	286	JOSE MANUEL	M	42	100	00:55:04	00:55:04	
527	21	NUNO COSTA	M	37	163	00:55:05	00:55:05	
528	659	RICARDO FERREIRA	M	39	164	00:55:06	00:55:06	SERVIÇOS SOCIAIS MONTEPIO
529	257	SUSANA GOMES	F	25	16	00:55:07	00:55:07	SES
530	1279	JOÃO ALVES	M	43	101	00:55:07	00:55:07	GOOD FELLAS
531	649	ANDRÉ RAPOSO	M	23	165	00:55:09	00:55:09	
532	79	LUÍS NUNES	M	52	59	00:55:11	00:54:09	
533	690	DIOGO ALLEGRO	M	43	102	00:55:16	00:55:16	TEAM ITS UP TO YOU
534	51	ALEXANDRE RIBEIRO	M	46	79	00:55:18	00:54:40	GRUPO BARRAQUEIRO
535	205	NUNO MARTINS	M	37	166	00:55:20	00:55:20	
536	970	MARTA RODRIGUES	F	33	17	00:55:20	00:55:15	
537	271	MARISE VIDAL	F	44	24	00:55:21	00:55:21	
538	438	CARLA LOPES	F	46	15	00:55:21	00:55:21	GD DO INE
539	214	PEDRO FERREIRA	M	45	80	00:55:21	00:55:21	ALVERCA URBAN RUNNERS
540	243	JOAO BERNARDO	M	18	167	00:55:22	00:55:22	QUARENTÕES NA BISGA
541	884	JOSÉ JOÃO TEIXEIRA	M	64	24	00:55:23	00:54:24	AMINHACORRIDA
542	747	VASCO QUINTÃOS	M	39	168	00:55:23	00:54:36	
543	196	AFONSO TOMÉ	M	19	169	00:55:23	00:55:23	QUARENTÕES NA BISGA
544	950	VITOR LOUREIRO	M	55	31	00:55:24	00:55:11	
545	1140	ANA NETO	F	40	25	00:55:26	00:55:19	LINDA A PASTORA SC
546	566	JOAQUIM PALMA	M	64	25	00:55:27	00:55:27	
547	533	ANDRE INACIO	M	54	60	00:55:28	00:55:28	
548	193	MANUELA GONÇALVES	F	50	16	00:55:32	00:55:32	SFUAP
549	1166	CÉLIA MINAU	F	43	26	00:55:33	00:55:21	GDC BANCO DE PORTUGAL
550	1040	RITA RAMOS	F	39	27	00:55:34	00:54:26	GD SANTANDERTOTTA
551	88	CARLOS ALBERTO SILVÉRIO	M	52	61	00:55:34	00:55:15	
552	209	ANA ALMEIDA	F	50	17	00:55:36	00:55:36	
553	859	CRISTINA ANTUNES	F	46	18	00:55:38	00:55:38	
554	165	FABIANO FERREIRA	M	38	170	00:55:38	00:55:38	BENFICA EM FORMA

555	1153	TIAGO NASCIMENTO	M	30	171	00:55:39	00:55:39	RUNNING CLUB SANTA CASA
556	23	DAVID AZEDO	M	30	172	00:55:39	00:54:48	
557	869	VITOR MODESTO	M	58	32	00:55:40	00:54:43	
558	858	JOSÉ RUA	M	47	81	00:55:41	00:54:43	
559	1181	PAULO ROXO	M	43	103	00:55:42	00:55:29	
560	1232	LEONEL FERNANDO BRANDAO	M	51	62	00:55:44	00:55:01	C MILLENNIUM BCP
561	252	FILIPE LOPES	M	35	173	00:55:45	00:55:45	
562	300	HELENA SÉCIO	F	53	19	00:55:46	00:55:07	
563	1122	CRISTINA SANTA	F	43	28	00:55:46	00:55:12	
564	936	CRISTINA FERNANDES	F	42	29	00:55:47	00:54:59	PREFERIMOS VINHO MAS HOJE É ÁGUA!!
565	408	PAULO CORREIA	M	43	104	00:55:47	00:55:47	
566	1158	ANA SANTOS	F	37	30	00:55:47	00:55:12	LES SANTOS
567	478	JOSÉ WILSON FERNANDES FIGUEIRA	M	24	174	00:55:50	00:55:50	
568	1241	TIAGO MIGUEL ROSA	M	35	175	00:55:51	00:55:14	C MILLENNIUM BCP
569	502	TAM AFONSO	M	65	22	00:55:52	00:55:52	
570	427	HELDER ESCOBAR	M	40	105	00:55:54	00:55:54	
571	475	CARLOS CAGICA	M	53	63	00:55:59	00:55:59	CCD SIEMENS
572	1096	MARCO SANTOS	M	45	82	00:56:02	00:55:33	EPAL - 150 ANOS
573	804	MERCEDES FONSECA	F	62	3	00:56:04	00:55:59	FF PAZ MUNDIAL E UNIFICAÇÃO
574	344	CARLOS VIEIRA LOPES	M	51	64	00:56:05	00:56:05	
575	417	CARLOS VALÉRIO	M	54	65	00:56:05	00:56:05	
576	442	ÁLVARO FURTADO	M	59	33	00:56:07	00:56:07	SS CGD
577	1244	EDUARDO CUNHA PINTO	M	50	66	00:56:07	00:55:23	C MILLENNIUM BCP
578	694	SERGIO SANTOS	M	39	176	00:56:08	00:56:08	
579	945	LUIS RAPOSO	M	41	106	00:56:10	00:55:25	
580	1177	HUGO GASPAR	M	40	107	00:56:12	00:55:43	
581	769	RUI TOMÁS	M	47	83	00:56:12	00:56:12	CCD CRÉDITO AGRÍCOLA MÚTUO
582	571	RUI FRIAS	M	58	34	00:56:13	00:56:13	
583	1292	ANTONIO LIMA	M	55	35	00:56:16	00:56:16	
584	976	ANTÓNIO FONSECA	M	72	23	00:56:18	00:55:55	
585	1011	JULIANO ZANONI	M	39	177	00:56:19	00:55:44	LISBON MOONLIGHT RUNNERS
586	113	PEDRO TAVARES	M	38	178	00:56:23	00:56:23	
587	953	FERNANDO PAIXÃO	M	52	67	00:56:24	00:55:51	GOODFELAS
588	128	NUNO MARTINS	M	41	108	00:56:25	00:56:25	RUN FORREST RUN
589	1010	ÉLIO LAVADO	M	33	179	00:56:25	00:55:51	LISBON MOONLIGHT RUNNERS
590	948	CLÁUDIO MILHEIRO	M	42	109	00:56:25	00:55:13	
591	675	JOSÉ BAIXINHO	M	61	26	00:56:26	00:56:26	SANTIAGO FUTEBOL CLUBE

592	305	GILBERTO GONÇALVES	M	69	24	00:56:27	00:56:27	CLUBE ATLETISMO AMIGOS DE BELÉM
593	636	LUIS PINTO	M	44	110	00:56:27	00:55:28	
594	1138	LUIS SOUSA	M	48	84	00:56:27	00:55:31	
595	872	SERGIO NEVES	M	34	180	00:56:28	00:55:12	
596	741	JOSÉ SERAFIM	M	62	27	00:56:28	00:55:48	GAA VILA FRANCA DE XIRA
597	229	AMÉRICO CALDEIRA	M	53	68	00:56:29	00:56:29	AIRES
598	702	PEDRO MATOS	M	53	69	00:56:30	00:55:40	
599	1015	BRUNO FERREIRA	M	27	181	00:56:31	00:55:13	
600	696	JOAQUIM BENTES	M	68	20	00:56:31	00:56:31	QUINTETO
601	806	ALZIRA CRUZ	F	54	25	00:56:31	00:56:27	FF PAZ MUNDIAL E UNIFICAÇÃO
602	871	MARIA MAGRO	F	45	21	00:56:32	00:56:26	CRAZY AND RADICAL GIRLS
603	298	JOSÉ BARROSO	M	57	85	00:56:34	00:56:34	AS LESMAS
604	131	MANUEL VENÂNCIO	M	46	36	00:56:34	00:56:34	
605	1248	NUNO VASCO ANJOS	M	51	70	00:56:35	00:55:56	C MILLENNIUM BCP
606	164	MARCO BRIOSA	M	40	111	00:56:36	00:56:36	
607	1243	MARIO RUI FARIA	M	51	71	00:56:40	00:56:06	C MILLENNIUM BCP
608	462	CARLOS GONCALVES	M	70	26	00:56:41	00:56:41	
609	1249	DULCE MARIA RAMOS	F	49	22	00:56:42	00:56:04	C MILLENNIUM BCP
610	678	JOÃO VALÉRIO	M	64	28	00:56:45	00:56:45	LEBRES E TARTARUGAS
611	758	SOLANGE SOUSA	F	39	31	00:56:46	00:56:13	
612	350	PEDRO SERRASQUEIRO	M	38	182	00:56:49	00:56:49	GDCT UNICRE
613	534	ROBERTO FREITAS	M	43	112	00:56:50	00:56:50	
614	136	CRISTINA SILVERIO	F	41	32	00:56:51	00:56:51	
615	15	ROMULO ZARELLI COSTACURTA	M	33	183	00:56:54	00:55:35	COELHO PANQUECA
616	323	JOANA PIÇARRA	F	44	33	00:56:54	00:56:54	
617	322	DOMINGOS GATO	M	46	86	00:56:54	00:56:54	
618	188	RUI PAIVA	M	29	184	00:56:55	00:56:55	FAMÍLIA PAIVA
619	499	AUGUSTO RIBEIRO	M	50	72	00:56:56	00:56:56	
620	514	LUIS QUARTIN	M	54	73	00:56:56	00:56:56	
621	421	CLAUDIA PATRÍCIA SANTOS LOPES	F	41	34	00:56:58	00:56:58	
622	273	ANTÓNIO TEIXEIRA DUARTE	M	56	37	00:57:00	00:57:00	CLUBE DO STRESS
623	1187	CHRIS WEUTSCHECK	M	34	185	00:57:02	00:56:19	RUHR RUN CLUB
624	1188	MARCO FORTES	M	36	186	00:57:02	00:56:08	
625	761	JOANA PUGA	F	32	18	00:57:03	00:57:03	CCD CRÉDITO AGRÍCOLA MÚTUO
626	197	CARLOS TOMÉ	M	52	74	00:57:03	00:57:03	QUARENTÕES NA BISGA
627	963	PAULO SIMÕES	M	49	87	00:57:04	00:56:26	
628	603	SÉRGIO VASCO	M	36	187	00:57:06	00:57:06	

629	220	RAFAEL SANTOS	M	51	75	00:57:08	00:57:08	CCDTMETROLX
630	553	ODILIA PEREIRA	F	47	23	00:57:09	00:57:09	CLUBE VODAFONE
631	153	PEDRO COELHO	M	40	113	00:57:10	00:57:10	CAPTAIN FLY
632	403	JORGE MOREIRA	M	56	38	00:57:13	00:57:13	NUCLEO DESPORTIVO AUTOCOOPE
633	256	ODETE VIEIRA	F	49	24	00:57:16	00:57:16	SES
634	250	PAULA MACHADO	F	64	4	00:57:17	00:57:17	JAMOR
635	262	LUÍSA FERREIRA	F	49	25	00:57:20	00:57:20	OS ESGALHADORES
636	263	HUMBERTO FERREIRA	M	49	88	00:57:20	00:57:20	OS ESGALHADORES
637	515	SANDRA CATURRA	F	45	26	00:57:20	00:57:20	
638	1286	CLÁUDIA CARDOSO	F	29	19	00:57:20	00:57:20	
639	130	NUNO OLIVEIRA	M	40	114	00:57:20	00:57:20	
640	981	RITA HENRIQUES	F	26	20	00:57:21	00:57:21	
641	178	ANTONIO MIGUEL	M	32	188	00:57:22	00:57:22	TEAM FARINHA
642	1157	CÉLINE DUPONT	F	40	29	00:57:24	00:56:49	LES SANTOS
643	529	ANTÓNIO VALE	M	36	35	00:57:24	00:57:24	RAQUEIS
644	190	MARIO ALVES	M	63	189	00:57:24	00:57:24	SFUAP
645	1054	JOSE ANTONIO SANTOS	M	46	89	00:57:25	00:56:50	GD SANTANDERTOTTA
646	1191	ANTONIO COSTA	M	61	30	00:57:26	00:56:07	OS COSTAS
647	1143	LUIS MORGADO	M	45	90	00:57:27	00:56:39	100NOÇÃO
648	676	FREDERICO SOUSA	M	55	39	00:57:33	00:57:33	LEBRES E TARTARUGAS
649	469	MARIA BETTENCOURT	F	28	115	00:57:35	00:57:35	
650	1038	LUIS DIAS	M	43	21	00:57:35	00:56:31	GD SANTANDERTOTTA
651	272	CARLOS PINTO ABREU	M	51	76	00:57:36	00:57:36	CLUBE DO STRESS
652	780	ANDREIA MAIA	F	24	22	00:57:36	00:57:36	
653	838	FILIPE BARROS	M	28	190	00:57:38	00:56:48	
654	1135	ADRIANO CUNHA	M	64	31	00:57:39	00:56:59	
655	576	RICARDO JORGE AGUIAR	M	55	27	00:57:41	00:57:41	RUNNERS DE KINTAL
656	414	ELSA RUTE MENDES	F	52	40	00:57:41	00:57:41	RUNNERS DE KINTAL
657	133	IVO MARQUES	M	36	191	00:57:43	00:57:43	GRUPO BARRAQUEIRO
658	1300	MANUEL BARROS	M	61	32	00:57:44	00:57:44	
659	723	TATIANA MONTEIRO	F	34	23	00:57:46	00:57:07	
660	42	JOSÉ ALMEIDA	M	51	77	00:57:46	00:57:25	
661	429	FILIPA BARREIROS	F	26	24	00:57:47	00:57:47	RUNNERS PUMP BPLANET
662	73	MARIA AZEVEDO E SILVA	F	26	25	00:57:47	00:57:20	
663	856	RUI SABINO	M	48	91	00:57:48	00:57:48	
664	150	NATACHA MOUCO	F	24	92	00:57:49	00:57:49	PANDAS GORDOS
665	550	NUNO MOLERO	M	46	26	00:57:49	00:57:49	

666	955	LUÍS REIS	M	33	192	00:57:51	00:57:19	
667	85	CARLOS FERREIRA	M	44	116	00:57:51	00:57:13	
668	547	RICARDO ROMÃO	M	39	93	00:57:55	00:57:55	LOS TORTUGAS
669	548	MIGUEL LOPES	M	46	193	00:57:55	00:57:55	LOS TORTUGAS
670	430	PEDRO RODRIGUES	M	54	78	00:57:56	00:57:56	META
671	666	HÉLDER REIS	M	40	117	00:57:58	00:57:58	BRUTOS DO XANGAI
672	1268	LUIS FILIPE SILVA	M	50	79	00:57:58	00:57:58	C MILLENNIUM BCP
673	1255	RAMIRO ANTONIO BORREGO	M	54	194	00:57:58	00:57:58	C MILLENNIUM BCP
674	664	VITOR HUGO CARRAPATOSO	M	33	80	00:57:58	00:57:58	BRUTOS DO XANGAI
675	1271	RITA JACKSON	F	65	5	00:58:01	00:58:01	
676	13	DÉBORA ROSADO	F	39	36	00:58:02	00:57:04	
677	245	VITOR ESCARIA	M	47	94	00:58:03	00:58:03	ESCARIA & FRIENDS
678	314	SIMÃO SANTANA	M	41	118	00:58:04	00:58:04	BANDIDOS
679	357	LUIS RODRIGUES	M	51	81	00:58:05	00:58:05	
680	855	FREDERICO ANDRADE	M	24	195	00:58:06	00:57:17	
681	573	HUGO QUINTAL	M	30	196	00:58:11	00:58:11	
682	378	LEONOR PURIFICAÇÃO	F	55	6	00:58:14	00:58:14	BEEP-BEEP
683	755	GONÇALO SEABRA	M	41	119	00:58:14	00:58:14	OS ZATOPEQUES
684	825	SÉRGIO GONÇALVES	M	36	37	00:58:15	00:57:21	OS ZATOPEQUES
685	812	CECILIA SANTIAGO	F	38	197	00:58:15	00:57:44	GRCD LEIÃO
686	813	RICARDO REIXA	M	42	120	00:58:16	00:57:45	GRCD LEIÃO
687	857	PEDRO CUNHA	M	40	121	00:58:18	00:57:26	
688	181	PEDRO CARVALHO	M	44	122	00:58:19	00:58:19	
689	652	ALEXANDRA BAPTISTA	F	43	38	00:58:24	00:58:24	SERVIÇOS SOCIAIS MONTEPIO
690	72	GONCALO PALMINHA	M	40	123	00:58:28	00:57:11	
691	1179	MÁRIO COELHO	M	53	39	00:58:29	00:57:59	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO
692	951	PATRÍCIA BENTES	F	37	82	00:58:29	00:58:29	
693	910	TÂNIA MOTA	F	38	40	00:58:30	00:58:17	
694	82	VERA TRINDADE	F	28	27	00:58:31	00:57:29	CORRER LISBOA
695	615	JACINTO PEREIRA	M	60	33	00:58:34	00:58:34	LISRUNNING CPA
696	280	LUCINDA MARIA PARREIRA CANOA CANOA	F	43	41	00:58:35	00:58:35	
697	294	MARIA MATIAS	F	53	28	00:58:36	00:58:36	AS LESMAS
698	470	FERNANDO PIRES	M	51	83	00:58:38	00:58:38	
699	366	PEDRO MARTINS	M	25	198	00:58:39	00:58:39	
700	1037	GONÇALO NEVES	M	18	199	00:58:43	00:57:38	GD SANTANDERTOTTA
701	122	IVO ESPERANÇA	M	38	200	00:58:43	00:58:43	
702	928	BRUNO LUCAS	M	41	124	00:58:44	00:57:49	

703	111	LUÍS RATO	M	52	84	00:58:46	00:58:46	
704	943	JORGE ROCHA	M	39	201	00:58:48	00:57:44	
705	739	SANDRA GONÇALVES	F	32	28	00:58:52	00:58:21	
706	210	LUIS BETTENCOURT	M	63	34	00:58:52	00:58:52	
707	512	ANA SILVA	F	43	42	00:58:53	00:58:53	
708	497	DOLORES PRATAS	F	54	29	00:58:53	00:58:53	
709	651	RUI CASIMIRO	M	45	95	00:58:54	00:58:54	
710	345	GONÇALO OLIVEIRA	M	56	41	00:58:57	00:58:57	GDCT UNICRE
711	854	CATIA RAMOS	F	38	202	00:58:58	00:57:50	
712	1045	LUIZ PEREIRA	M	38	43	00:58:58	00:57:50	GD SANTANDERTOTTA
713	622	VÍTOR NAPIER	M	48	203	00:59:00	00:59:00	WATER CHAMPS
714	621	HENRIQUE CUNHA	M	23	96	00:59:00	00:59:00	WATER CHAMPS
715	236	NUNO ALVES	M	30	204	00:59:03	00:59:03	
716	964	CARLOS CHANÇA	M	44	29	00:59:03	00:58:09	EGGBITE - SPORTS APP TEST TEAM
717	605	VIRGINIA ADEGAS	F	31	125	00:59:03	00:59:03	
718	232	DIOGO PEREIRA	M	50	85	00:59:04	00:59:04	AIRES
719	221	CARLA NICOMÉDIO	F	43	44	00:59:04	00:59:04	
720	944	CAMILA ROCHA	F	38	45	00:59:05	00:58:02	
721	376	ISABEL BETTENCOURT	F	63	7	00:59:06	00:59:06	BEEP-BEEP
722	409	VITOR PEREIRA	M	49	97	00:59:07	00:59:07	
723	270	JORGE SANTOS	M	53	86	00:59:08	00:59:08	O DESPERTAR DE CASAL DE CAMBRA
724	744	NUNO SERAFIM	M	38	205	00:59:10	00:58:31	RUNNERS
725	373	TERESA JERÓNIMO	F	49	30	00:59:12	00:59:12	FAM 2 RUN
726	375	LILIANA CORREIA	F	25	30	00:59:12	00:59:12	FAM 2 RUN
727	449	HENRIQUE GAIRIFO	M	63	35	00:59:13	00:58:21	SS CGD
728	41	PAULA ALMEIDA	F	47	206	00:59:15	00:58:52	
729	68	GABRIEL MARCONDES	M	30	31	00:59:15	00:58:51	
730	1222	VITOR TEIXEIRA	M	55	42	00:59:15	00:58:36	CCD SIEMENS
731	49	LUIZA HENRIQUES	F	41	207	00:59:17	00:58:49	
732	555	DANIEL MARTINS	M	37	46	00:59:17	00:59:17	SARAPITOLAS
733	1194	ARMANDO MORAIS	M	54	87	00:59:19	00:59:11	SARAPITOLAS
734	1227	CÁTIA GURICA	F	40	47	00:59:20	00:58:49	
735	700	ALFREDO MARTINHO	M	41	126	00:59:21	00:59:21	MARÍTIMO LISBOA CLUBE
736	556	VANESSA MELRO	F	30	31	00:59:21	00:59:21	SARAPITOLAS
737	516	RUI LUIS	M	60	36	00:59:21	00:59:21	SÃO JOÃO DA TALHA
738	1133	SOFIA MARTINS	F	28	32	00:59:21	00:58:02	
739	99	PEDRO SILVA	M	40	127	00:59:23	00:59:23	LISBON SOUTH BAY RUNNING CLUB

740	172	RICARDO PREGUICA	M	33	208	00:59:26	00:59:26	
741	1242	CARLA ALEXANDRA FARIA	F	50	32	00:59:29	00:58:55	C MILLENNIUM BCP
742	1012	NUNO ESPÍRITO SANTO	M	48	98	00:59:31	00:58:49	LISBON MOONLIGHT RUNNERS
743	139	JOSÉ JOÃO	M	38	33	00:59:32	00:59:32	
744	519	SANDRA MARTINS	F	41	48	00:59:32	00:59:32	4 AO KM
745	795	SANDRO BRAZ	M	35	209	00:59:32	00:58:50	CLUBE VODAFONE
746	877	TINA OLIVEIRA	F	54	49	00:59:32	00:59:24	AMINHACORRIDA
747	1226	FLÚ CASAM	F	35	210	00:59:32	00:58:50	
748	213	VANESSA COVACHA	F	43	50	00:59:33	00:59:33	
749	471	JOÃO ROSÁRIO	M	47	99	00:59:33	00:59:33	
750	619	SANDRA CRUZ	F	42	51	00:59:36	00:59:36	
751	674	JUDITE BAIXINHO	F	32	33	00:59:38	00:59:38	SANTIAGO FUTEBOL CLUBE
752	186	MARILIA RIBEIRO	F	35	52	00:59:40	00:59:40	
753	185	BARBOTIN DAVID	M	33	211	00:59:40	00:59:40	TOKANDAR
754	234	ANTÓNIO DIAS	M	29	212	00:59:40	00:59:40	
755	313	FRANCISCO JORGE CARDOSO PAULOS	M	41	128	00:59:43	00:59:43	BANDIDOS
756	901	CLAUDIA PIMENTEL	F	30	34	00:59:44	00:58:43	
757	711	RENATO SILVA	M	37	213	00:59:46	00:58:58	
758	1288	FRANCISCO NOGUEIRA	M	17	214	00:59:46	00:59:46	
759	1287	ANTÓNIO NOGUEIRA	M	53	88	00:59:50	00:59:50	
760	705	CATARINA NICHU	F	52	34	00:59:51	00:59:35	OS GALGOS
761	656	JOÃO DIEGUES	M	47	100	00:59:54	00:59:54	SERVIÇOS SOCIAIS MONTEPIO
762	816	VÍTOR PEREIRA	M	52	89	00:59:56	00:59:56	
763	775	VIRGÍNIA PEREIRA	F	52	35	01:00:03	00:59:13	
764	941	MANUEL GOMES	M	53	90	01:00:04	00:58:54	CLUBE MARGINAL
765	473	JOÃO CARVALHO	M	50	91	01:00:06	01:00:06	
766	1047	TIAGO PITO	M	41	129	01:00:07	00:59:21	GD SANTANDERTOTTA
767	819	ODETE FRANCISCO	F	48	36	01:00:09	00:59:50	OS SERRANOS
768	725	CRISTINA OLIVEIRA	F	46	37	01:00:13	00:59:46	PREMIUM RUNNERS
769	800	CRISTIANA REIS	F	40	53	01:00:15	00:59:31	SS CGD
770	914	DORA SOUSA	F	39	54	01:00:18	00:59:25	GDCTINCM
771	418	SILVINO MARTINS	M	68	27	01:00:19	01:00:19	
772	809	RUI CUNHA	M	43	130	01:00:21	00:59:29	
773	539	AFONSO CAIO	M	22	215	01:00:22	01:00:22	
774	693	MATILDE AZEVEDO	F	21	35	01:00:22	01:00:22	
775	441	ARTUR CARVALHO	M	47	101	01:00:23	01:00:23	CORRER QUELUZ
776	390	FILOMENA FIALHO	F	51	38	01:00:23	01:00:23	CORRER QUELUZ

777	1245	ANTONIO JOSE ALMEIDA	M	52	92	01:00:28	00:59:42	C MILLENNIUM BCP
778	952	JORGE SANTOS	M	44	131	01:00:31	01:00:06	TEAMOLENGA
779	727	JOSEFA ÁVILA	F	43	55	01:00:33	01:00:04	PREMIUM RUNNERS
780	189	CARLOS JESUS	M	54	93	01:00:38	01:00:38	
781	137	MANUEL SEQUEIRA	M	68	28	01:00:49	01:00:49	G.D.C.T. REPSOL POLÍMEROS
782	319	ANA SOFIA ALEIXO	F	41	36	01:00:52	01:00:52	LINDA A PASTORA SC
783	246	SOFIA ESCÁRIA	F	22	56	01:00:52	01:00:52	ESCARIA & FRIENDS
784	634	NUNO PIRES	M	24	216	01:00:52	01:00:52	
785	1192	ANTÓNIO ALVES	M	62	37	01:00:54	01:00:51	
786	383	SUSANA MENDO	F	47	39	01:00:56	01:00:56	
787	381	SÍLVIA MENDONÇA	F	46	40	01:00:57	01:00:57	
788	110	JEREMIAS RIBEIRO	M	75	29	01:00:59	01:00:59	
789	532	JOÃO ANTUNES	M	31	217	01:01:00	01:01:00	#TIRAORABODOSOFA
790	1178	SANDRA GASPAR	F	43	57	01:01:01	01:00:32	
791	640	RITA RAMOS	F	40	58	01:01:06	01:01:06	
792	641	JOSÉ TRINDADE	M	34	218	01:01:07	01:01:07	
793	343	ANTONIO PINHARANDA	M	61	38	01:01:12	01:01:12	R4F
794	570	FERNANDO FERREIRA	M	28	219	01:01:19	01:01:19	MARIA DOS REMEDIOS AE
795	660	RITA GONÇALVES	F	43	59	01:01:20	01:01:20	SERVIÇOS SOCIAIS MONTEPIO
796	1024	JOÃO FERNANDES	M	34	220	01:01:21	01:00:02	
797	1186	GONÇALO CRUCHINHO	M	33	221	01:01:23	01:00:04	
798	384	RICARDO DIAS	M	27	222	01:01:29	01:01:29	
799	526	RAQUEL SANTOS	F	27	37	01:01:31	01:01:31	RAQUEIS
800	895	NUNO CAMILO	M	41	132	01:01:31	01:00:47	
801	908	JULIANA TORRES	F	30	38	01:01:32	01:00:55	
802	114	ANTÓNIO VARELA	M	52	94	01:01:34	01:01:34	
803	57	ACÁCIO GAMBOA	M	48	102	01:01:39	01:01:01	
804	774	NUNO MADUREIRA	M	37	223	01:01:39	01:00:51	
805	644	MIGUEL MACIEL	M	38	224	01:01:42	01:01:42	
806	1036	RICARDO NEVES	M	43	133	01:01:44	01:00:39	GD SANTANDERTOTTA
807	1119	SOFIA COSTA	F	38	60	01:01:48	01:00:39	
808	650	CARLA GEADA	F	41	61	01:01:53	01:01:53	
809	637	PAULA GEADA	F	47	41	01:01:53	01:01:53	
810	1290	FRANCISCO CARVALHO	M	24	225	01:01:57	01:01:57	
811	583	TERESA MORENO	F	53	42	01:01:59	01:01:59	SUNDAY TEAM
812	1093	JOSÉ SALGUEIRO	M	49	103	01:02:07	01:01:57	
813	852	SANDRA GONÇALVES	F	45	43	01:02:09	01:01:40	

814	853	ESMERALDO GONÇALVES	M	46	104	01:02:09	01:01:39	
815	698	JOSE GASPAR	M	45	226	01:02:12	01:02:12	QUINTETO
816	129	RICARDO TAVARES	M	37	105	01:02:12	01:02:12	
817	695	ANTONIO RIBEIRO	M	54	95	01:02:13	01:02:13	QUINTETO
818	242	SONIA GARCIA	F	42	106	01:02:15	01:02:15	QUARENTÕES NA BISGA
819	244	SERGIO BERNARDO	M	45	62	01:02:15	01:02:15	QUARENTÕES NA BISGA
820	233	MIGUEL SILVA	M	36	227	01:02:16	01:02:16	
821	74	TIAGO DOS SANTOS CARLOS	M	31	228	01:02:19	01:01:53	
822	592	FRANCISCA GOMES	F	24	39	01:02:20	01:02:20	
823	347	CARLOS VIEGAS	M	60	39	01:02:22	01:02:22	GDCT UNICRE
824	1002	RAFAEL MURTA	M	34	229	01:02:28	01:02:06	
825	147	GUILHERME GOMES	M	19	230	01:02:32	01:02:32	QUEMCHEGAR1ºPAGA
826	1129	RITA OLIVEIRA	F	29	40	01:02:34	01:01:14	
827	365	LUISA XARRAZ	F	52	96	01:02:35	01:02:35	CORRER QUELUZ
828	364	PAULO GORDO	M	51	44	01:02:35	01:02:35	CORRER QUELUZ
829	844	MÁRIO FERNANDO ESTEVES	M	43	134	01:02:39	01:02:39	JP
830	1042	TERESA SILVINO	F	32	41	01:02:44	01:01:49	GD SANTANDERTOTTA
831	1208	ANTÓNIO HENRIQUES	M	58	43	01:02:45	01:02:45	
832	590	JOÃO AZEDO	M	56	44	01:02:45	01:02:45	
833	593	ISABEL COUTINHO	F	24	42	01:02:47	01:02:47	
834	69	CATARINA PONTES	F	43	63	01:02:51	01:02:10	
835	33	JOSÉ PEDRO VIEIRA	M	28	231	01:02:53	01:01:47	
836	296	LUIS MATIAS	M	56	8	01:02:56	01:02:56	AS LESMAS
837	295	MARIA TEIXEIRA	F	64	45	01:02:56	01:02:56	AS LESMAS
838	443	ANTONIO CARPINTEIRO	M	73	97	01:03:00	01:03:00	SS CGD
839	182	FERNANDO CHAMBEL	M	52	30	01:03:00	01:03:00	
840	282	GONÇALO VASCONCELOS	M	48	107	01:03:03	01:03:03	
841	814	ANA BOTINAS	F	41	64	01:03:04	01:02:01	
842	1160	TÂNIA FERREIRO	F	36	65	01:03:07	01:02:42	
843	1254	CARLOS ALBERTO TOME	M	67	31	01:03:09	01:03:09	C MILLENNIUM BCP
844	260	MAGDA GARRIDO	F	45	108	01:03:10	01:03:10	SES
845	1236	PAULO JORGE GONCALVES	M	45	45	01:03:10	01:02:26	C MILLENNIUM BCP
846	169	SÉRGIO RAMOS	M	45	109	01:03:13	01:03:13	GHI
847	531	MIGUEL SANCHES	M	62	40	01:03:15	01:03:15	PAPA-FIGOS
848	530	MIGUEL LEAL	M	60	41	01:03:15	01:03:15	PAPA-FIGOS
849	867	ALEXANDRA INÁCIO	F	44	66	01:03:16	01:02:34	
850	321	ALEXANDRA PINTO	F	44	67	01:03:16	01:03:16	

851	1163	DORA PIRES	F	52	232	01:03:17	01:02:38	
852	866	PAULO INÁCIO	M	38	46	01:03:17	01:02:34	RUNNING VENUS
853	156	MÁRIO GONZAGA	M	44	135	01:03:18	01:03:18	CAPTAIN FLY
854	1284	VANDA COVAS	F	37	68	01:03:18	01:02:03	CORRER LISBOA
855	264	CESAR FIALHO GUERRA	M	49	110	01:03:27	01:03:27	CT
856	389	MUKESH CARSANE	M	41	136	01:03:27	01:03:27	
857	845	SANDRA CUNHA	F	35	233	01:03:28	01:02:20	
858	850	BRUNO CUNHA	M	36	69	01:03:28	01:03:28	
859	310	PEDRO COSTA	M	54	70	01:03:31	01:03:31	
860	701	MARCIA JERONYMO	F	41	98	01:03:31	01:02:38	
861	1071	ABEL LUÍS	M	54	99	01:03:32	01:03:23	EPAL
862	834	RUI PINTO	M	54	100	01:03:33	01:02:14	
863	1070	JORGE DIAS	M	50	101	01:03:33	01:03:25	EPAL
864	198	LUIS COSTA	M	53	102	01:03:36	01:03:36	QUARENTÕES NA BISGA
865	654	IRINA FREITAS	F	36	71	01:03:37	01:03:37	SERVIÇOS SOCIAIS MONTEPIO
866	138	CARP GELU	M	33	234	01:03:39	01:03:39	
867	258	HUMBERTO GOMES	M	58	235	01:03:45	01:03:45	SES
868	600	DIOGO BASTOS	M	20	72	01:03:45	01:03:45	5 PLUS
869	1159	ELENA SANTOS	F	38	46	01:03:45	01:03:10	LES SANTOS
870	369	JOSÉ BASTOS	M	40	137	01:03:46	01:03:46	SES
871	818	MAFALDA PAÇO	F	19	43	01:03:46	01:03:37	5 PLUS
872	1185	SEBASTIEN BRICHE	M	41	138	01:03:52	01:03:52	
873	1136	BENOIST POCHEBONNE	M	40	139	01:03:53	01:03:03	
874	509	REBECA BASTOS	F	26	44	01:03:54	01:03:54	CLUBE VODAFONE
875	643	ANA MATILDE MIRANDA	F	28	45	01:03:54	01:03:54	
876	1233	JOAO MANUEL SEBORRO	M	51	236	01:04:01	01:03:21	C MILLENNIUM BCP
877	887	RICARDO RODRIGUES	M	31	47	01:04:01	01:03:18	ASS COMPANHEIRO
878	1234	PATRICIA ALEXANDRA DINIS	F	49	103	01:04:01	01:03:21	C MILLENNIUM BCP
879	1099	MÓNICA GRAÇA	F	42	73	01:04:02	01:03:18	EPAL
880	291	AUGUSTO FERNANDES	M	62	42	01:04:03	01:04:03	
881	290	TIAGO FERNANDES	M	35	237	01:04:04	01:04:04	
882	333	VANDA RIBEIRO	F	41	74	01:04:06	01:04:06	COFCOINTL PORTUGAL
883	1240	CARLOS ALBERTO CONCEICAO	M	55	47	01:04:20	01:03:40	C MILLENNIUM BCP
884	994	EDVALDE DE SOUZA ARAUJO FILHO	M	30	238	01:04:24	01:04:02	THE WINNERS
885	990	RONNYO SOBREIRA	M	49	111	01:04:27	01:04:07	THE WINNERS
886	1304	ANA ROBIN	F	41	75	01:04:29	01:04:29	
887	916	MAURO LANÇA	M	41	239	01:04:31	01:04:28	GDCTINCM

888	620	SÍLVIA MENDES	F	27	46	01:04:31	01:04:31	
889	1064	PEDRO CARVALHO	M	34	140	01:04:31	01:03:24	SÓ DE MEIAS
890	865	BRUNO MARTINS	M	42	141	01:04:37	01:04:09	VASSALOS
891	511	PEDRO SANTOS	M	41	142	01:04:39	01:04:39	CLUBE VODAFONE
892	199	LUIZA COSTA	F	49	48	01:04:39	01:04:39	QUARENTÕES NA BISGA
893	989	CAROLINA CONSTANT	F	39	76	01:04:43	01:04:28	
894	754	CATARINA MAURÍCIO	F	25	47	01:05:01	01:03:55	
895	831	ANIA VAZ	F	29	48	01:05:03	01:03:43	
896	997	JOÃO VIEIRA	M	40	143	01:05:04	01:03:58	
897	985	SUSANA FREITAS	F	41	77	01:05:05	01:04:02	
898	75	LEONOR GONÇALVES BRIGAS	F	26	49	01:05:05	01:05:05	
899	998	SAMUEL MARTINS	M	42	144	01:05:06	01:04:00	
900	230	MANUEL ALMEIDA	M	42	50	01:05:07	01:05:07	AIRES
901	832	BARBARA TELES	F	27	145	01:05:07	01:04:13	
902	380	NUNO PURIFICAÇÃO	M	53	104	01:05:08	01:05:08	BEEP-BEEP
903	76	NUNO ESGUELHA	F	28	146	01:05:09	01:04:44	
904	957	IVO GUERRA	M	40	51	01:05:09	01:04:34	GOODFELAS
905	817	GABRIELA MARQUES	F	41	52	01:05:11	01:04:05	
906	1299	MONICA	F	33	78	01:05:11	01:05:11	GD BANCO DE PORTUGAL
907	956	PEDRO MELO	M	48	112	01:05:14	01:04:39	GOODFELAS
908	176	RITA CASIMIRO	F	27	53	01:05:21	01:05:21	TEAM FARINHA
909	709	ANA PINTO	F	25	54	01:05:23	01:04:34	
910	913	CRISTINA RAINHA	F	50	49	01:05:27	01:05:05	GDCTINCM
911	328	PAULO CURTO DE SOUSA	M	52	105	01:05:27	01:05:27	R4F
912	986	LUIS SANTO	M	43	147	01:05:30	01:05:30	
913	308	TIAGO MIRANDA	M	44	148	01:05:39	01:05:39	MM
914	728	PATRICIA PAULO	F	43	79	01:05:44	01:05:17	PREMIUM RUNNERS
915	90	LUIZA BARBAS	F	42	55	01:05:45	01:05:45	
916	507	RAQUEL RIBEIRO	F	30	80	01:05:45	01:05:45	
917	586	FÁBIO BAGAGEM	M	32	240	01:05:51	01:05:51	
918	585	ANA ROCHA	F	34	56	01:05:52	01:05:52	
919	815	SÉRGIO GONÇALVES	M	38	241	01:05:59	01:05:28	
920	911	ANA PEREIRA	F	42	81	01:06:00	01:05:39	GDCTINCM
921	1014	CARLA SILVA	F	32	57	01:06:03	01:06:03	
922	984	LOURENÇO AZENHA	M	47	113	01:06:05	01:05:13	
923	765	MÓNICA BASTOS	F	38	82	01:06:09	01:05:38	CCD CRÉDITO AGRÍCOLA MÚTUO
924	759	CARLA DOMINGOS	F	38	83	01:06:09	01:05:38	CCD CRÉDITO AGRÍCOLA MÚTUO

925	142	MARIA TEIXEIRA	F	45	50	01:06:11	01:06:11	
926	261	ANTÓNIO ABRANTES	M	63	43	01:06:11	01:06:11	
927	1117	PAULO SOARES	M	38	242	01:06:12	01:05:33	CCD SIEMENS
928	481	FRANCISCO VICENTE	M	18	243	01:06:12	01:06:12	GO!RUNNERS
929	480	PEDRO VICENTE	M	38	244	01:06:14	01:06:14	GO!RUNNERS
930	929	BRUNO ALMEIDA	M	39	245	01:06:18	01:05:01	BORALA
931	657	LUIS FARINHA	M	49	114	01:06:30	01:06:30	SERVIÇOS SOCIAIS MONTEPIO
932	304	ANA ALMEIDA	F	37	84	01:06:40	01:06:40	WOOD RUNNERS
933	367	BRUNO SALGUEIRO	M	25	246	01:06:44	01:06:44	
934	830	DINIS PINTO	M	64	44	01:06:48	01:06:23	
935	416	LUIGI ROSSI	M	69	32	01:06:53	01:06:53	
936	808	SUSANA RAMOS	F	38	85	01:06:55	01:06:02	
937	563	ANA TAVEIRA	F	28	58	01:06:56	01:06:56	
938	538	DAVID TAVARES	M	41	149	01:06:58	01:06:58	
939	1082	HELENA VAL	F	39	86	01:07:02	01:06:15	
940	339	CARLOS MARQUES	M	80	33	01:07:05	01:07:05	LINDA A PASTORA SC
941	1083	NUNO FERNANDES	M	46	115	01:07:08	01:06:21	
942	1189	BRUNO LAGARTO	M	40	87	01:07:10	01:06:20	
943	458	PATRICIA TAVARES	F	39	150	01:07:10	01:07:10	SS CGD
944	912	ANTÓNIO NASCIMENTO	M	78	34	01:07:13	01:06:50	GDCTINCM
945	1229	CONCEIÇÃO GONÇALVES	F	43	88	01:07:15	01:06:17	GRUPO DAS 7
946	773	ANA MARTA RATÃO	F	18	59	01:07:16	01:07:16	
947	562	CÉLIA CATARINO	F	51	51	01:07:18	01:07:18	
948	1294	ANTONIO MONTEIRO	M	59	48	01:07:21	01:07:21	QUIDRO
949	1206	JOÃO FORTES	M	35	247	01:07:25	01:06:32	
950	543	NUNO CRUZ	M	27	248	01:07:27	01:07:27	
951	431	SÍLVIA FERREIRA	F	40	249	01:07:28	01:07:28	RUNNERS PUMP BPLANET
952	612	JEAN RAFAEL	M	28	89	01:07:28	01:07:28	
953	476	ANA PAULA SARDINHA FIGUEIREDO	F	52	52	01:07:29	01:07:29	RUNNERS PUMP BPLANET
954	463	TERESA GONÇALVES	F	48	53	01:07:32	01:07:32	RUNNERS PUMP BPLANET
955	493	MARISA DUARTE	F	45	54	01:07:32	01:07:32	RUNNERS PUMP BPLANET
956	355	JOÃO RIBEIRO	M	30	250	01:07:37	01:07:37	
957	358	VALERIA MOREIRA SANTOS	F	50	55	01:07:41	01:07:41	
958	873	ANA ROMAO	F	48	56	01:07:43	01:07:43	
959	544	VANESSA ROLIM	M	27	251	01:07:44	01:07:44	
960	495	CRISTINA ANCERIZ CARREGA	F	46	57	01:07:45	01:07:45	
961	613	LILIANA LOPES	F	27	60	01:07:45	01:07:45	

962	307	JOSÉ PIMENTEL	M	66	35	01:07:58	01:07:58	
963	557	PEDRO BAPTISTA BAPTISTA	M	38	252	01:08:00	01:08:00	CASA DA DIZIMA
964	87	NUNO OLIVEIRA	M	42	151	01:08:13	01:07:07	
965	546	RICARDO PIRES	M	37	253	01:08:14	01:08:14	
966	1103	MAFALDA DUARTE	F	42	90	01:08:16	01:07:33	
967	1108	RUI CARVALHO	M	46	116	01:08:16	01:07:33	
968	173	JORGE MANUEL NUNES DA FONSECA BAPTISTA	M	63	45	01:08:22	01:08:22	
969	332	LUIS OLIVEIRA	M	34	254	01:08:23	01:08:23	COFCOINTL PORTUGAL
970	707	RICARDO PITEIRA	M	28	255	01:08:24	01:08:03	OS GALGOS
971	523	JOAO MONTEIRO	M	61	46	01:08:27	01:08:27	
972	420	ANA ISAIAS	F	20	61	01:08:31	01:08:31	
973	391	JOAO SILVA	M	27	91	01:08:32	01:08:32	
974	921	SÓNIA CORREIA	F	42	256	01:08:32	01:08:08	GDCTINCM
975	102	TÂNIA ARAÚJO	F	38	106	01:08:35	01:08:35	
976	274	MANUEL TEIXEIRA DUARTE	M	52	92	01:08:35	01:08:35	CLUBE DO STRESS
977	1214	ANTÓNIO VIDAS	M	54	107	01:08:36	01:08:24	CLUBE ANACOM
978	1253	TIAGO FRANCISCO NOGUEIRA	M	45	117	01:08:39	01:08:39	C MILLENNIUM BCP
979	1182	WENDY VAN CALSTER	F	53	58	01:08:42	01:08:14	
980	935	LUÍS ALVES	M	56	49	01:08:45	01:08:06	
981	561	TANIA DIMAS	F	48	59	01:08:47	01:08:47	
982	1215	CARLOS GONÇALVES	M	44	152	01:08:49	01:08:25	AVILA RUNNERS
983	285	ANA LOPES	F	42	93	01:08:50	01:08:50	
984	1005	ISABEL DUARTE	F	51	108	01:09:08	01:08:41	PREMIUM RUNNERS
985	1004	RUI VENTURA	M	51	60	01:09:08	01:08:39	PREMIUM RUNNERS
986	692	LUIS AZEVEDO	M	56	94	01:09:17	01:09:17	
987	691	TAHAMARA DIAS	F	43	50	01:09:17	01:09:17	
988	922	VITOR CARDOSO	M	41	153	01:09:25	01:08:29	GDCTINCM
989	141	ARTUR DINIS	M	61	95	01:09:26	01:09:26	ALGYMNS
990	1183	NATALIE HELENA-ANDREWS	F	41	47	01:09:26	01:09:26	
991	843	ISABEL MARIA M H M ANJOS	F	62	9	01:09:29	01:09:29	
992	404	HUMBERTO CORREIA	M	55	51	01:09:38	01:09:38	NUCLEO DESPORTIVO AUTOCOOPE
993	983	MANUEL AZENHA	M	64	48	01:09:39	01:08:47	
994	405	JOAO LANDEIRO	M	72	36	01:09:52	01:09:52	
995	1293	JOAO CARVALHO	M	59	52	01:09:54	01:09:54	QUIDRO
996	423	MAGDA RAPOSO	F	40	61	01:09:57	01:09:57	AS FORTES
997	422	ANA VIEIRA	F	40	96	01:09:57	01:09:57	AS FORTES
998	1078	ELISABETE VALE	F	45	97	01:09:57	01:09:57	EPAL - 150 ANOS

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ÁGUA

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999	241	DIOGO SILVA	M	30	257	01:09:58	01:09:58	
1000	12	JOHNNY THOMASSEN	M	58	53	01:10:00	01:08:56	
1001	1213	NUNO MANUEL PEREIRA GUERREIRO	M	43	154	01:10:02	01:08:44	
1002	782	ANA CRISTINA NUNES	F	45	62	01:10:09	01:09:26	BENFICA EM FORMA
1003	1246	ALDA MARIA VINAGRE	F	45	63	01:10:20	01:09:39	C MILLENNIUM BCP
1004	1127	DINIS GARCIA	M	18	258	01:10:24	01:10:24	QUARENTÕES NA BISGA
1005	1173	LUIS MIGUEL LOURENÇO	M	41	155	01:10:26	01:09:02	
1006	1098	TÂNIA PIRES	F	37	259	01:10:29	01:10:29	EPAL
1007	627	MIGUEL PIRES	M	39	98	01:10:29	01:10:29	
1008	655	JOÃO BENEVIDES	M	36	260	01:10:33	01:10:33	SERVIÇOS SOCIAIS MONTEPIO
1009	541	VASCO FERREIRA	M	45	118	01:10:42	01:10:42	
1010	206	ANA MARTINS	F	39	99	01:10:50	01:10:50	
1011	536	SILVIA BARRADAS	F	30	62	01:11:04	01:11:04	CAG
1012	143	ELISABETH LOUREIRO	F	62	10	01:11:10	01:11:10	ALGYMNS
1013	348	ANA MADEIRA	F	45	64	01:11:13	01:11:13	GDCT UNICRE
1014	346	PAULO FRANÇA	M	56	54	01:11:13	01:11:13	GDCT UNICRE
1015	351	BENTO CORREIA	M	57	55	01:11:14	01:11:14	GDCT UNICRE
1016	606	DANIEL PINTO	M	28	261	01:11:27	01:11:27	PINTOS-D'ÁGUA
1017	607	CATARINA GUERREIRO	F	27	63	01:11:28	01:11:28	PINTOS-D'ÁGUA
1018	1056	VASCO FREITAS	M	18	262	01:11:31	01:10:09	GD SANTANDERTOTTA
1019	1055	LUIS GATINHO	M	50	109	01:11:35	01:10:14	GD SANTANDERTOTTA
1020	597	PAULO TORMENTA	M	48	119	01:11:51	01:11:51	
1021	326	INÉS BRAVO	F	34	64	01:11:53	01:11:53	
1022	1149	ERICA GOMES	F	31	56	01:11:56	01:10:45	INFANTADO FC
1023	1150	CELSO GOMES	M	59	65	01:11:56	01:10:47	INFANTADO FC
1024	518	LUÍS MENDONÇA	M	48	120	01:11:56	01:11:56	CLUBE VODAFONE
1025	1067	MANUEL BRÁS	M	50	110	01:11:57	01:11:08	SS CGD
1026	283	VITOR NUNES	M	50	111	01:11:58	01:11:58	
1027	1079	FERNANDO MARQUES	M	55	57	01:12:16	01:11:46	CORRER EPAL
1028	1230	TERESA VARGAS	F	50	66	01:12:28	01:12:13	
1029	1211	ANA MOURA	F	32	65	01:12:28	01:12:14	
1030	915	JOSÉ ABREU	M	70	37	01:12:34	01:12:09	GDCTINCM
1031	466	NUNO DEUS	M	27	263	01:12:47	01:12:47	
1032	896	FRANCISCO PENA	M	42	156	01:12:49	01:12:07	
1033	115	CARLOS GONÇALVES	M	24	264	01:12:56	01:12:56	
1034	870	SÓNIA ALVES	F	45	66	01:13:00	01:12:40	
1035	940	FRANCISCO COITO	M	66	38	01:13:00	01:11:53	CLUBE MARGINAL

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ÁGUA

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1036	459	PAULO ANDRADE	M	47	121	01:13:08	01:13:08	SS CGD
1037	932	JOÃO CORREIA	M	22	265	01:13:15	01:12:26	
1038	680	MANUEL ROSA	M	53	112	01:13:53	01:13:53	
1039	681	ANA FREITAS	F	50	67	01:13:54	01:13:54	
1040	1029	SANDRA CUNHA	F	44	100	01:14:00	01:12:39	GD SANTANDERTOTTA
1041	19	MÁRIO CUNHA	M	45	122	01:14:00	01:12:46	
1042	20	MARIA MELO	F	41	101	01:14:01	01:12:48	
1043	288	MAYER RAPOSO	M	71	39	01:14:06	01:14:06	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO
1044	395	ANA RAQUEL CRESPO	F	28	67	01:14:11	01:14:11	FORJACO-ROSA
1045	368	FERNANDO VIEIRA	M	51	266	01:14:12	01:14:12	SES
1046	525	RAQUEL LOUREIRO	F	31	68	01:14:12	01:14:12	RAQUEIS
1047	396	ANA JORGE	F	25	113	01:14:12	01:14:12	FORJACO-ROSA
1048	527	PAULO ROCHA	M	34	69	01:14:12	01:14:12	RAQUEIS
1049	752	NIDIA SILVA	F	63	11	01:14:24	01:13:30	
1050	407	RENATA CHICHORRO	F	31	70	01:14:28	01:14:28	
1051	982	JOAQUIM MATOS	M	36	267	01:14:44	01:13:27	
1052	1184	JOANNE THISTLEWAITE	F	40	102	01:14:45	01:14:17	
1053	1016	TÂNIA PEDRO	F	45	68	01:15:04	01:13:59	
1054	892	MARIA HELENA SÁ	F	66	12	01:15:13	01:14:07	
1055	306	ANABELA VALADAS	F	42	103	01:15:14	01:15:14	
1056	211	MARISA TOMÁS	F	44	104	01:15:15	01:15:15	
1057	930	JOÃO CORREIA	M	33	268	01:15:24	01:14:07	BORALA
1058	601	MARTA SIMÃO	F	42	105	01:15:34	01:15:34	GYM2010
1059	302	LUISA MADEIRA	F	40	106	01:15:36	01:15:36	WOOD RUNNERS
1060	670	CAROLINA SOTANA	F	23	71	01:15:47	01:15:47	QUEIJAS SOTANA
1061	668	JOÃO SOTANA	M	50	114	01:15:48	01:15:48	QUEIJAS SOTANA
1062	126	INES AGOSTINHO	F	30	72	01:15:56	01:15:56	
1063	159	SILVIA MARTINS	F	46	69	01:15:57	01:15:57	
1064	303	EDUARDO MADEIRA	M	41	157	01:16:05	01:16:05	WOOD RUNNERS
1065	1272	DAVID STEVEN	M	66	40	01:16:18	01:16:18	
1066	737	ISABEL GARCIA	F	51	70	01:16:19	01:16:19	GUIZO RUNNERS
1067	200	GUIOMAR TOMÉ	F	68	13	01:16:20	01:16:20	GUIZO RUNNERS
1068	152	LUCAS SILVA	M	27	269	01:16:28	01:16:28	
1069	824	ANDRE NOGUEIRA	M	37	270	01:16:29	01:16:29	
1070	799	SUSANA COSTA	F	38	107	01:17:10	01:17:00	VAMOS A TODAS!
1071	413	EBERHARD AXEL WILHELM	M	70	41	01:17:26	01:17:26	4 AO KM
1072	65	CATARINA CLÉRIGO	F	51	71	01:17:31	01:16:28	

1073	1126	PAULA PIRES	F	38	108	01:17:32	01:17:32	QUARENTÕES NA BISGA
1074	1128	MARCO CARRASCO	M	37	271	01:17:32	01:17:32	QUARENTÕES NA BISGA
1075	435	MARIA MACEDO	F	56	14	01:17:33	01:17:33	
1076	465	PEDRO FILIPE	M	39	272	01:17:55	01:17:55	SISCOG
1077	1161	PEDRO SALGADO	M	30	273	01:18:16	01:16:54	
1078	1270	FILIPA PIRES	F	23	73	01:18:17	01:18:17	
1079	584	SARA REIS	F	43	109	01:18:22	01:18:22	SUNDAY TEAM
1080	1120	RICARDO BERNARDO	M	34	274	01:18:26	01:16:51	MONKEYS
1081	1121	SOFIA COSTA	F	30	74	01:18:27	01:16:50	MONKEYS
1082	1197	RITA GONÇALVES	F	39	110	01:18:28	01:18:12	FORCE
1083	1162	CATARINA MORGADO	F	31	75	01:18:32	01:17:09	
1084	485	RAQUEL ROSADO	F	41	275	01:18:37	01:18:37	GRUPO DAS 7
1085	484	DIOGO FÉRIA	M	26	111	01:18:37	01:18:37	GRUPO DAS 7
1086	791	CARLA RATO	F	47	72	01:19:01	01:17:43	
1087	589	CARLOS FERNANDES	M	41	158	01:19:15	01:19:15	SES
1088	608	JOANA DE JESUS	F	31	76	01:19:27	01:19:27	CORRER LISBOA
1089	778	RAQUEL LEONARDO	F	41	112	01:19:48	01:19:48	AMIGOS VALE SILENCIO
1090	146	MIGUEL GOMES	M	47	123	01:19:48	01:19:48	QUEMCHEGAR1ºPAGA
1091	145	SUSANA GOMES	F	46	73	01:19:49	01:19:49	QUEMCHEGAR1ºPAGA
1092	336	ISABEL LEANDRO	F	37	113	01:20:07	01:20:07	COFCOINTL PORTUGAL
1093	767	PEDRO SÉRGIO	M	50	115	01:20:57	01:20:57	CCD CRÉDITO AGRÍCOLA MÚTUO
1094	203	JOÃO C R SOVELAS	M	51	116	01:21:25	01:21:25	
1095	1100	CARLOS CARDOSO	M	39	276	01:21:31	01:20:46	EPAL
1096	201	RODRIGO VALENTE	M	18	277	01:21:32	01:21:32	
1097	1216	CHRISTIAN TORRES	M	36	278	01:22:25	01:22:25	
1098	1218	CARLOS RODRIGUES	M	60	49	01:22:27	01:22:02	
1099	496	SARA ANCERIZ CARREGA	F	20	77	01:22:41	01:22:41	
1100	353	BASILIO PAIXAO	M	49	74	01:22:45	01:22:45	
1101	354	MARINA AZEVEDO	F	52	124	01:22:45	01:22:45	
1102	217	GUALDINO FREIRE	M	72	42	01:23:18	01:23:18	CCDTMETROLX
1103	83	JOÃO BARRONA	M	30	279	01:23:24	01:22:11	KENYANOS DA MARGEM SUL
1104	84	ANA FELICIANO	F	25	78	01:23:36	01:22:22	KENYANOS DA MARGEM SUL
1105	595	ALEXANDRE BASTOS	M	50	117	01:24:42	01:24:42	5 PLUS
1106	10	HUGO ROCHA	M	36	280	01:24:50	01:23:25	
1107	11	CARLA MENDES	F	29	79	01:24:51	01:23:27	
1108	335	PAULO ROLA	M	49	125	01:25:49	01:25:49	COFCOINTL PORTUGAL
1109	609	MARIANA SOARES	F	67	15	01:26:34	01:26:34	CORRER LISBOA

1110	949	ANTÓNIO MARQUES	M	72	43	01:26:59	01:26:47	
1111	848	ANA SOARES	F	51	75	01:27:08	01:25:54	
1112	1289	JOÃO NETO	M	22	281	01:27:49	01:27:49	
1113	1080	LUIS MARQUES	M	55	58	01:27:53	01:27:22	CORRER EPAL
1114	1137	AFONSO OILIVEIRA	M	45	126	01:27:54	01:26:59	
1115	846	ELSA FARINHA	F	48	76	01:28:06	01:26:54	
1116	924	EMÍLIA MOREIRA	F	51	77	01:28:16	01:27:06	ALEGRIA
1117	847	VANDA PINTO	F	43	114	01:28:25	01:27:12	
1118	772	SUSANA MARIA	F	47	78	01:29:13	01:29:13	
1119	860	GUSTAVO GAMA	M	50	118	01:30:04	01:28:46	
1120	436	MARIA CARMOS ANJOS	F	72	16	01:30:23	01:30:23	CONDOR
1121	972	ANTÓNIO RODRIGUES	M	51	119	01:30:27	01:30:27	
1122	598	ROSA BASTOS	F	43	115	01:30:32	01:30:32	
1123	599	MARÍLIA BASTOS	F	49	79	01:30:32	01:30:32	5 PLUS
1124	971	CELESTE RODRIGUES	F	53	80	01:30:35	01:29:20	
1125	78	MADALENA MENESES	F	26	80	01:31:39	01:31:16	
1126	437	LUCINDA HENRIQUES	F	69	17	01:32:44	01:32:44	CONDOR
1127	736	JOAO LOPES	M	37	282	01:37:32	01:37:32	PAPAGAIOS DE CASCAIS
1128	1301	ATLETA NÃO CADASTRADO	M	0	283	01:37:33	01:37:33	
1129	517	LEONARDO CIANNELLA	M	44	59	01:37:33	01:37:33	EZK TEAM
1130	56	LUÍS CABAÇO MARTINS	M	58	159	01:37:33	01:37:33	GRUPO BARRAQUEIRO
1131	440	JOSÉ CASTRO	M	40	160	01:37:34	01:37:34	THE RUNNING DEAD
1132	885	VARELA SÃO	M	44	284	01:37:34	01:37:34	AMINHACORRIDA
1133	30	VASCO SILVA	M	24	127	01:37:34	01:37:34	CREEPS RUNNING TEAM
1134	1220	LUIS MIGUEL SILVA	M	46	161	01:37:34	01:37:34	
1135	360	RAÚL COSTA	M	58	116	01:37:35	01:37:35	CLUBE ROBBIALAC
1136	1076	CRISTINA LOPES	F	47	285	01:37:35	01:37:35	EPAL - 150 ANOS
1137	180	KATJA HOLMSTRÖM	F	43	81	01:37:35	01:37:35	
1138	14	CARLOS GALRÃO	M	28	81	01:37:35	01:37:35	
1139	278	MAFALDA CARVALHO	F	39	60	01:37:35	01:37:35	
1140	790	VERA ESGUEIRA	F	24	82	01:37:35	01:37:35	
1141	32	MARGARIDA BARAHONA	F	27	117	01:37:35	01:37:35	
1142	212	JOÃO FILIPE	M	39	286	01:37:36	01:37:36	
1143	839	PEDRO TOMÉ	M	23	128	01:37:36	01:37:36	
1144	645	JORGE SOTANA	M	46	287	01:37:36	01:37:36	
1145	925	DOMINGOS BICHO	M	57	61	01:42:44	01:41:32	ALEGRIA
1146	926	ANA PEREIRA	F	46	82	01:42:58	01:41:51	ALEGRIA

8^a CORRIDA da

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1147	923	JOANA CALDEIRA	F	28	83	01:43:00	01:41:53	ALEGRIA
1148	927	SALVADOR MOREIRA	M	42	162	01:43:14	01:42:01	ALEGRIA
1149	488	ANDREIA BRANCO	F	30	84	01:43:29	01:43:29	GRUPO DAS 7
1150	486	MARIA FÉRIA	F	54	83	01:43:29	01:43:29	GRUPO DAS 7
1151	487	MARIA VITORIA	F	62	18	01:43:30	01:43:30	GRUPO DAS 7
1152	482	JOSE FÉRIA	M	57	62	01:43:35	01:43:35	GRUPO DAS 7

Total de registros: 1152