

CORRIDA DA AJUDA 2012

Patrocínio: JF AJUDA

Apoio: JF AJUDA

Data: 11/11/2012

Classif.: Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
1	13	JOAO MARQUES	42	M4044	1	M					GDR REBOLEIRA	0:32:59
2	1879	CLAUDIO CARDOSO	34	M2034	1	M					AM ATIBA	0:33:04
3	303	FRANCISCO PEDRO	41	M4044	2	M					OESTE RUNNING	0:33:08
4	875	MANUEL HORTA	22	M2034	2	M					INDIVIDUAL	0:33:17
5	331	JOAO FONTE-BOA	26	M2034	3	M					CA PATAMEIRAS	0:33:47
6	795	HUGO ADELINO	38	M3539	1	M					A VALE SILENCIO	0:33:47
7	859	PAULO FRANCO	31	M2034	4	M					CA PATAMEIRAS	0:33:53
8	243	LUIS GOMES	42	M4044	3	M					OESTE RUNNING	0:34:00
9	160	TIAGO C ROMAO	23	M2034	5	M					INDIVIDUAL	0:34:25
10	453	MARCO GRILEIRO	33	M2034	6	M					AA MAFRA	0:34:32
11	363	ANDRE RAMOS	26	M2034	7	M					ACADEMIA MILITAR	0:35:07
12	838	JORGE RODRIGUES	46	M4549	1	M					DO RANGEL	0:35:25
13	304	ANDRE FERREIRA	32	M2034	8	M					OESTE RUNNING	0:35:43
14	796	SERGIO JERONIMO	37	M3539	2	M					ACS MAMEDE	0:35:46
15	371	NUNO LOUREIRO	24	M2034	9	M					ACADEMIA MILITAR	0:35:59
16	1878	JOAO LOPES	56	M5559	1	M					AA PEGO LONGO	0:35:59
17	109	MANUEL MASCARENHAS	29	M2034	10	M					INDIVIDUAL	0:36:00
18	60	PAULO ALVES	34	M2034	11	M					GD IN CASA MOEDA	0:36:21
19	265	NUNO M SANTOS	40	M4044	4	M					CCD O ALVITEJO	0:36:56
20	244	JOAO FRANCO	59	M5559	2	M					OESTE RUNNING	0:37:03
21	130	CELSO GOUVEIA	45	M4549	2	M					INDIVIDUAL	0:37:10
22	245	LUIS CIPRIANO	39	M3539	3	M					OESTE RUNNING	0:37:13
23	372	TIAGO SILVA	20	M2034	12	M					ACADEMIA MILITAR	0:37:47
24	374	MARCIO FAUSTINO	22	M2034	13	M					ACADEMIA MILITAR	0:37:52
25	1960	VALTER J R SOARES	37	M3539	4	M					GD AMARELOS	0:37:57
26	224	RUI J F HENRIQUES	33	M2034	14	M					SEMPRE UNIDOS	0:38:00
27	508	JOSE BARRINHA	42	M4044	5	M					VILA FRIA	0:38:06
28	246	JOAO BERNARDES	36	M3539	5	M					OESTE RUNNING	0:38:07
29	620	JOAO CRUZ	50	M5054	1	M					FLAMINGOS	0:38:07
30	358	ANTONIO R LOPES	46	M4549	3	M					ARODAMA	0:38:09
31	75	LUIS PAULO	46	M4549	4	M					BAHIA	0:38:15
32	232	MARCO SOUSA	47	M4549	5	M					GD JOANINHAS LEIAO	0:38:16
33	633	HUGO SILVA	26	M2034	15	M					INDIVIDUAL	0:38:19

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
34	231	VEACESLAV IGNAT	34	M2034	16	M					GD JOANINHAS LEIAO	0:38:30
35	174	PEDRO BRAVO	42	M4044	6	M					INDIVIDUAL	0:38:32
36	707	ANASTACIO VALADAS	59	M5559	3	M					GD SANTANDER TOTTA	0:38:35
37	867	ADOLFO LEAL	45	M4549	6	M					REST CARTAXEIRA	0:38:40
38	791	MANUEL SOARES	47	M4549	7	M					UNIDOS MANUTENÇÃO	0:38:41
39	366	JOAO CONCEICAO	26	M2034	17	M					ACADEMIA MILITAR	0:38:43
40	566	PEDRO S GONCALVES	30	M2034	18	M					RB RUNNING	0:38:46
41	63	RUI CORREIA	36	M3539	6	M					GD IN CASA MOEDA	0:38:53
42	373	ANDRE COUTINHO	21	M2034	19	M					ACADEMIA MILITAR	0:38:53
43	1824	PEDRO MACEDO	33	M2034	20	M					INDIVIDUAL	0:39:01
44	107	GONCALO FERREIRA	38	M3539	7	M					INDIVIDUAL	0:39:05
45	27	CARLOS FERNANDES	50	M5054	2	M					GDOA	0:39:07
46	242	LUIS REBELO	46	M4549	8	M					OESTE RUNNING	0:39:09
47	705	AUGUSTO LOPES	58	M5559	4	M					GD SANTANDER TOTTA	0:39:10
48	112	PAULO S P RODRIGUES	45	M4549	9	M					INDIVIDUAL	0:39:13
49	209	RICARDO S SILVA	18	M1819	1	M					INDIVIDUAL	0:39:18
50	250	RAUL RODRIGUES	54	M5054	3	M					AMIGOS DESPORTO	0:39:23
51	175	HUGO NALHA	37	M3539	8	M					INDIVIDUAL	0:39:25
52	258	RICARDO JORDAO	30	M2034	21	M					INDIVIDUAL	0:39:25
53	716	JOAO JESUS	36	M3539	9	M					GD SANTANDER TOTTA	0:39:26
54	861	JOAO AFONSO	36	M3539	10	M					UNIDOS CASTILHO	0:39:36
55	1959	VASCO M S MARQUES	47	M4549	10	M					GD AMARELOS	0:39:36
56	299	AUGUSTO DIOGO	51	M5054	4	M					INDIVIDUAL	0:39:39
57	210	PEDRO S SILVA	18	M1819	2	M					INDIVIDUAL	0:39:40
58	744	ANTONIO SANTOS	50	M5054	5	M					CAA BELEM	0:39:43
59	750	CARLOS PRECISO	39	M3539	11	M					CAA BELEM	0:39:43
60	419	JOSE CORREIA	33	M2034	22	M					CCD EFACEC LX	0:39:52
61	569	VASCO RIJO	24	M2034	23	M					INDIVIDUAL	0:39:54
62	745	JOSE GORDILHO	48	M4549	11	M					CAA BELEM	0:39:58
63	353	BRUNO MASSANO	30	M2034	24	M					CLUBE MARGINAL	0:39:59
64	769	NELSON COSTA	44	M4044	7	M					NA PAPAGAIOS	0:40:00
65	782	PEDRO RAMOS	55	M5559	5	M					C FERROV PORTUGAL	0:40:01
66	623	NUNO PEREIRA	37	M3539	12	M					QUINTAJENSE FC	0:40:02
67	367	FILIFE PORTELA	21	M2034	25	M					ACADEMIA MILITAR	0:40:03
68	1963	RAFAEL ARANHA	33	M2034	26	M					INDIVIDUAL	0:40:05
69	868	RUI FERREIRA	41	M4044	8	M					REST CARTAXEIRA	0:40:06
70	61	NUNO SOUSA	38	M3539	13	M					GD IN CASA MOEDA	0:40:11
71	305	PAULO GOMES	32	M2034	27	M					INDIVIDUAL	0:40:13
72	814	MARCOS A PEREIRA	57	M5559	6	M					INDIVIDUAL	0:40:16
73	274	VITOR T MARQUES	35	M3539	14	M					A PARAQ TEJO NORTE	0:40:18

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
74	14	JOAO HEITOR	62	M6099	1	M					CA PAÇO ARCOS	0:40:19
75	574	ARTUR GONCALVES	31	M2034	28	M					AA LEBRES SADO	0:40:19
76	173	JOAO DOMIGOS	36	M3539	15	M					INDIVIDUAL	0:40:21
77	743	VITOR JORGE	50	M5054	6	M					CAA BELEM	0:40:27
78	319	VITOR OLIVEIRA	23	M2034	29	M					INDIVIDUAL	0:40:29
79	2023	BRUNO ROLIM	30	M2034	30	M					INDIVIDUAL	0:40:29
80	1881	LUCILIA SOARES	50	F4599	1	F					SL BENFICA	0:40:30
81	509	LUIS BATATA	35	M3539	16	M					VILA FRIA	0:40:31
82	510	RUI BATATA	31	M2034	31	M					VILA FRIA	0:40:31
83	618	JOSE COSTA	45	M4549	12	M					FLAMINGOS	0:40:31
84	622	NELSON FERNANDES	33	M2034	32	M					INDIVIDUAL	0:40:32
85	652	ANTONIO RODRIGUES	32	M2034	33	M					INDIVIDUAL	0:40:32
86	385	ANTONIO R PEREIRA	50	M5054	7	M					C COLAB AXA	0:40:36
87	439	FERNANDO CORREIA	47	M4549	13	M					GRD RIBEIRA LAGE	0:40:36
88	402	ANTONIO REBELO	41	M4044	9	M					INDIVIDUAL	0:40:39
89	23	JOAQUIM ALVES	60	M6099	2	M					CCD O ALVITEJO	0:40:40
90	835	ISIDRO DUARTE	45	M4549	14	M					RB RUNNING	0:40:42
91	369	PEDRO R R SOUSA	28	M2034	34	M					ACADEMIA MILITAR	0:40:45
92	1958	ANTONIO E CAMACHO	56	M5559	7	M					GD AMARELOS	0:40:45
93	309	RAFAEL ASSUNCAO	21	M2034	35	M					INDIVIDUAL	0:40:47
94	67	JOAO CALDAS	46	M4549	15	M					CLUBE AUTOCOOPE	0:40:50
95	630	NELSON FONSECA	32	M2034	36	M					PATRICIOS	0:40:53
96	441	CARLOS FOLGADO	52	M5054	8	M					GRD RIBEIRA LAGE	0:40:55
97	703	ANTONIO LOURO	39	M3539	17	M					GD SANTANDER TOTTA	0:40:55
98	1844	TIAGO A VARGAS	26	M2034	37	M					OS APOSENTADOS	0:40:57
99	557	JOSE A G BAPTISTA	46	M4549	16	M					INDIVIDUAL	0:40:58
100	442	PAULO LOPES	41	M4044	10	M					GRD RIBEIRA LAGE	0:41:02
101	478	ANTONIO AREDE	35	M3539	18	M					RUN 4 FUN	0:41:03
102	527	PEDRO CARDOSO	30	M2034	38	M					BASILISCOS SC	0:41:09
103	614	DAVID PINHEIRO	34	M2034	39	M					INDIVIDUAL	0:41:12
104	1819	JOSE GONCALVES	45	M4549	17	M					AA MAFRA	0:41:16
105	281	PEDRO M B CHAVES	29	M2034	40	M					VIVA A AGUA PE	0:41:19
106	184	NUNO RODRIGUES	34	M2034	41	M					CLUBE GRUPO BES	0:41:25
107	507	JOAQUIM SANTOS	41	M4044	11	M					VILA FRIA	0:41:29
108	98	ARMANDO CORREIA	60	M6099	3	M					LESMA ALOPRADAS	0:41:30
109	1922	MASSIMO CAVALLI	43	M4044	12	M					INDIVIDUAL	0:41:30
110	357	FERNANDO J P C POLONIO	41	M4044	13	M					ARODAMA	0:41:31
111	1863	MIGUEL ROCHA	41	M4044	14	M					INDIVIDUAL	0:41:32
112	881	ANTONIO AIRES	42	M4044	15	M					INDIVIDUAL	0:41:33
113	401	LUIS BARRETO	41	M4044	16	M					INDIVIDUAL	0:41:40

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
114	2026	LINO LUZ	37	M3539	19	M					SAPATILHAS	0:41:42
115	702	ANTONIO CRUZ	64	M6099	4	M					GD SANTANDER TOTTA	0:41:49
116	761	NUNO COELHO	44	M4044	17	M					ADCR PJ	0:41:54
117	368	TOMAS C RABACA	22	M2034	42	M					ACADEMIA MILITAR	0:41:56
118	259	DANIEL A C NUNES	52	M5054	9	M					INDIVIDUAL	0:42:00
119	514	BRUNO AIRES	33	M2034	43	M					BRUNO & HELENA	0:42:07
120	381	MIGUEL T SOUSA	37	M3539	20	M					C COLAB AXA	0:42:10
121	25	GERMANO PIRES	55	M5559	8	M					GDOA	0:42:19
122	166	CARLOS SOUSA	55	M5559	9	M					INDIVIDUAL	0:42:21
123	747	PETER COOPER	47	M4549	18	M					CAA BELEM	0:42:22
124	1856	PEDRO RIBEIRO	36	M3539	21	M					INDIVIDUAL	0:42:22
125	408	MARTIM A JORGE	33	M2034	44	M					INDIVIDUAL	0:42:23
126	49	ALFREDO VALENTE	49	M4549	19	M					SL CAMPOLIDE	0:42:24
127	370	JOAO VALENTE	23	M2034	45	M					ACADEMIA MILITAR	0:42:26
128	312	CARLOS JACINTO	43	M4044	18	M					INDIVIDUAL	0:42:27
129	364	JOSE D J SILVA	22	M2034	46	M					ACADEMIA MILITAR	0:42:27
130	834	JOAO SEQUEIRA	50	M5054	10	M					INDIVIDUAL	0:42:30
131	1925	NUNO SANTOS	35	M3539	22	M					INDIVIDUAL	0:42:31
132	2017	HUGO MIGUEL	35	M3539	23	M					THE DIE IS CAST	0:42:31
133	792	GIL ALVES	36	M3539	24	M					UNIDOS MANUTENÇÃO	0:42:32
134	116	APLINIO MENEZES	42	M4044	19	M					INDIVIDUAL	0:42:33
135	314	ACACIO CONCEICAO	50	M5054	11	M					PRIMOS	0:42:37
136	1871	PEDRO FAVINHA	33	M2034	47	M					EMFORMASPORT	0:42:38
137	124	GONCALO FERREIRA	37	M3539	25	M					INDIVIDUAL	0:42:40
138	361	RUI M S MILAGRES	40	M4044	20	M					ARODAMA	0:42:41
139	327	ALEXANDRE COSTA	36	M3539	26	M					CLUBE VODAFONE	0:42:42
140	863	JOAO ROSA	37	M3539	27	M					MANOS ROSA	0:42:42
141	403	ANTONIO DIAS	54	M5054	12	M					INDIVIDUAL	0:42:44
142	621	FAUSTINO PEREIRINHA	49	M4549	20	M					FLAMINGOS	0:42:44
143	739	AMILCAR RIBEIRAL	64	M6099	5	M					CAA BELEM	0:42:45
144	24	JOSE E PENA	48	M4549	21	M					GDOA	0:42:46
145	197	HORACIO JORGE	48	M4549	22	M					INDIVIDUAL	0:42:48
146	445	PEDRO J A SESOES	45	M4549	23	M					ALHANDRA	0:42:49
147	1889	NUNO S FERREIRA	36	M3539	28	M					ULTRA LEVES CPOC	0:42:51
148	72	TIAGO TELES	28	M2034	48	M					CLUBE AUTOCOOPE	0:42:53
149	582	OLIVER KUNC	21	M2034	49	M					INDIVIDUAL	0:42:54
150	1845	DANIEL A SIMOES	28	M2034	50	M					OS APOSENTADOS	0:42:57
151	324	CARLOS CUNHA	40	M4044	21	M					CCD O ALVITEJO	0:42:58
152	539	PABLO M L VIGARINHO	28	M2034	51	M					INDIVIDUAL	0:42:59
153	525	MIGUEL OLIVEIRA	38	M3539	29	M					VALADARES	0:43:02

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
154	161	RITA M RODRIGUES	20	F2034	1	F					INDIVIDUAL	0:43:03
155	218	TONY ALMEIDA	31	M2034	52	M					K9 ATHLETICS TEAM	0:43:03
156	254	DOUGLAS FRY	56	M5559	10	M					CD MAFRA	0:43:06
157	832	ANTONIO F MAURICIO	61	M6099	6	M					INDIVIDUAL	0:43:06
158	241	ANTONIO BERNARDES	62	M6099	7	M					OESTE RUNNING	0:43:08
159	554	JOAO MARQUES	47	M4549	24	M					GRD RIBEIRA LAGE	0:43:08
160	298	JOSE MELO	51	M5054	13	M					INDIVIDUAL	0:43:09
161	552	NUNO PINTO	29	M2034	53	M					XANGAI RUNNERS	0:43:12
162	310	CARLOS PORTELA	41	M4044	22	M					INDIVIDUAL	0:43:17
163	771	VITOR MORAES	51	M5054	14	M					NA PAPAGAIOS	0:43:17
164	538	FULVIO ESTEVES	34	M2034	54	M					INDIVIDUAL	0:43:19
165	394	ALBERTO DOMINGUES	40	M4044	23	M					CAA BELEM	0:43:20
166	440	FERNANDO OLIVEIRA	45	M4549	25	M					GRD RIBEIRA LAGE	0:43:20
167	1970	ANDRE MEDEIROS	25	M2034	55	M					CCD TRANQUILIDADE	0:43:20
168	543	JOAO C CONSTANTINO	34	M2034	56	M					INDIVIDUAL	0:43:21
169	715	BRUNO GIRAO	37	M3539	30	M					GD SANTANDER TOTTA	0:43:22
170	117	HUMBERTO BRITO	37	M3539	31	M					INDIVIDUAL	0:43:27
171	127	JOAO LUZ	36	M3539	32	M					PANDILHA JOVEM	0:43:28
172	302	ANDRE F L PIRES	28	M2034	57	M					INDIVIDUAL	0:43:31
173	1979	JOSE LOPES	48	M4549	26	M					GD CARRIS	0:43:31
174	291	DIOGO INACIO	25	M2034	58	M					INDIVIDUAL	0:43:32
175	651	NUNO C CARMO	38	M3539	33	M					INDIVIDUAL	0:43:33
176	154	PEDRO FERREIRA	35	M3539	34	M					CLUBE ROBBIALAC	0:43:34
177	2019	LUIS F S NUNES	40	M4044	24	M					EARS	0:43:35
178	287	PEDRO R AFONSO	45	M4549	27	M					INDIVIDUAL	0:43:38
179	420	MANUEL FIDALGO	60	M6099	8	M					CCD EFACEC LX	0:43:40
180	1858	JOSE VERAS	52	M5054	15	M					ALDEIA PONTENSES	0:43:42
181	451	JOAO GOMES	40	M4044	25	M					AA MAFRA	0:43:46
182	506	FILIFE SA	41	M4044	26	M					VILA FRIA	0:43:46
183	616	ANTONIO COSTA	55	M5559	11	M					FLAMINGOS	0:43:46
184	482	RICARDO PEDRO	37	M3539	35	M					CONDOR	0:43:47
185	1898	LUIS P AMARAL	41	M4044	27	M					INDIVIDUAL	0:43:48
186	1973	LUIS PASSOS	38	M3539	36	M					CCD TRANQUILIDADE	0:43:50
187	164	GONCALO PADEIRA	23	M2034	59	M					INDIVIDUAL	0:43:51
188	639	EDUARDO RIBEIRO	45	M4549	28	M					GDCT UNICRE	0:43:51
189	172	AMERICO SANTOS	43	M4044	28	M					INDIVIDUAL	0:43:52
190	251	VITOR DIAS	46	M4549	29	M					AMIGOS DESPORTO	0:43:53
191	529	PAULO SANTOS	32	M2034	60	M					BASILISCOS SC	0:43:53
192	567	RAUL SANTOS	55	M5559	12	M					OS RAFINHAS	0:43:54
193	1814	FILIFE SANTOS	20	M2034	61	M					INDIVIDUAL	0:43:58

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
194	1967	CAROLINA TORRES	24	M2034	62	M					INDIVIDUAL	0:43:58
195	278	JOAO F P MOACHO	55	M5559	13	M					GRD RIBEIRA LAGE	0:44:01
196	2004	NUNO TEIXEIRA	28	M2034	63	M					SAPATILHAS	0:44:02
197	643	FERNANDO LUZ	43	M4044	29	M					GDCT UNICRE	0:44:03
198	279	ANDRE GUERREIRO	27	M2034	64	M					INDIVIDUAL	0:44:04
199	1919	NUNO M P SANTOS	34	M2034	65	M					INDIVIDUAL	0:44:07
200	775	GUILERME GONÇALVES	52	M5054	16	M					C FERROV PORTUGAL	0:44:08
201	1917	CARLOS RODRIGUES	41	M4044	30	M					INDIVIDUAL	0:44:10
202	481	RUI MOREIRA	33	M2034	66	M					CONDOR	0:44:11
203	480	MANUEL MACHADO	41	M4044	31	M					CONDOR	0:44:12
204	1857	NUNO A R ALVES	35	M3539	37	M					EUROFITNESSS	0:44:12
205	308	FERNANDO P RODRIGUES	70	M6099	9	M					INDIVIDUAL	0:44:14
206	391	ROSA M CAETANO	58	F4599	2	F					C COLAB AXA	0:44:18
207	1846	NUNO M FARIA	22	M2034	67	M					OS APOSENTADOS	0:44:19
208	264	FAUSTO A B F PEREIRA	31	M2034	68	M					INDIVIDUAL	0:44:20
209	720	JOSE PEREIRA	43	M4044	32	M					GD SANTANDER TOTTA	0:44:23
210	1872	PAULO CASTELO	39	M3539	38	M					EMFORMASPORT	0:44:23
211	1966	TIAGO COELHO	25	M2034	69	M					INDIVIDUAL	0:44:24
212	494	GONCALO FREIRE	27	M2034	70	M					INDIVIDUAL	0:44:26
213	556	JOSE ANTONIO	40	M4044	33	M					GRD RIBEIRA LAGE	0:44:28
214	1836	JOAO PASTOR	40	M4044	34	M					AA MAFRA	0:44:31
215	317	RICARDO J SILVA	35	M3539	39	M					ACRA	0:44:32
216	177	ANDRE GUERREIRO	20	M2034	71	M					INDIVIDUAL	0:44:34
217	1812	NUNO M N CUNHA	33	M2034	72	M					INDIVIDUAL	0:44:36
218	513	HELENA MIRANDA	27	F2034	2	F					BRUNO & HELENA	0:44:38
219	11	ANTONIO A FERNANDES	76	M6099	10	M					LEOES PATAMEIRAS	0:44:39
220	37	JACINTO PEREIRA	55	M5559	14	M					CC LINDA A VELHA	0:44:39
221	193	TOM PETT	20	M2034	73	M					INDIVIDUAL	0:44:39
222	273	DANIEL NEVES	31	M2034	74	M					INDIVIDUAL	0:44:41
223	512	PAULO J A MATEUS	47	M4549	30	M					SOLAR COLINA	0:44:42
224	787	NUNO FORTE	39	M3539	40	M					AÇOREANA C BANIF	0:44:42
225	789	PAULO VENTURA	42	M4044	35	M					AÇOREANA C BANIF	0:44:42
226	858	LIDIA J J MAGALHAES	33	F2034	3	F					GUARDS N RUNNERS	0:44:42
227	247	HERNANI N FERNANDES	52	M5054	17	M					INDIVIDUAL	0:44:46
228	1935	FERNANDO RIBEIRO	45	M4549	31	M					INDIVIDUAL	0:44:46
229	76	IDILIO FREIRE	46	M4549	32	M					GD INE	0:44:47
230	820	JOSE NASCIMENTO	48	M4549	33	M					INDIVIDUAL	0:44:49
231	1904	GERRY SANITZ	46	M4549	34	M					INDIVIDUAL	0:44:51
232	284	PAULO J BRAGA	46	M4549	35	M					ELECTRIMECA	0:44:52
233	1980	BRUNO MACIEL	29	M2034	75	M					GD CARRIS	0:44:53

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
234	359	HELDER M B HENRIQUES	41	M4044	36	M					ARODAMA	0:44:54
235	311	ORLANDO MARTINS	57	M5559	15	M					INDIVIDUAL	0:44:55
236	252	FRANCISCO ANDRE	45	M4549	36	M					CD MAFRA	0:44:57
237	125	CARLOS M O SILVA	47	M4549	37	M					INDIVIDUAL	0:45:02
238	505	ANDRE SA	36	M3539	41	M					VILA FRIA	0:45:02
239	280	CARLOS M S CAEIRO	58	M5559	16	M					INDIVIDUAL	0:45:03
240	846	GONÇALO F A C SILVA	34	M2034	76	M					INDIVIDUAL	0:45:07
241	823	ANTONIO VARELA	46	M4549	38	M					INDIVIDUAL	0:45:10
242	591	JORGE LOPES	28	M2034	77	M					INDIVIDUAL	0:45:12
243	255	PEDRO MACEDO	32	M2034	78	M					INDIVIDUAL	0:45:13
244	1900	ANTONIO ANGELINO	43	M4044	37	M					DESP S CARLOS	0:45:13
245	99	JOAO REVES	38	M3539	42	M					LESMAS ALOPRADAS	0:45:14
246	137	LUIS PENTEADO	41	M4044	38	M					BUERAPIDOS	0:45:14
247	1983	PEDRO J R CRUZ	22	M2034	79	M					INDIVIDUAL	0:45:14
248	586	LUIS LOUREIRO	27	M2034	80	M					INDIVIDUAL	0:45:16
249	1972	EDUARDO CABRITA	43	M4044	39	M					CCD TRANQUILIDADE	0:45:16
250	2010	BRUNO LENCASTRE	33	M2034	81	M					RUN 4 FUN	0:45:16
251	551	FRANCISCO MADEIRA	50	M5054	18	M					INDIVIDUAL	0:45:17
252	2022	FRANCISCO ANTUNES	22	M2034	82	M					INDIVIDUAL	0:45:17
253	343	PAULO MENEZES	39	M3539	43	M					CLUBE VODAFONE	0:45:18
254	108	FILIFE ALMEIDA	31	M2034	83	M					INDIVIDUAL	0:45:19
255	870	NUNO ALMEIDA	51	M5054	19	M					REST CARTAXEIRA	0:45:21
256	38	LUIS ALMEIDA	51	M5054	20	M					CC LINDA A VELHA	0:45:23
257	625	IDALECIO BARROS	58	M5559	17	M					INDIVIDUAL	0:45:24
258	865	NUNO VICENTE	32	M2034	84	M					INDIVIDUAL	0:45:25
259	800	ALESSANDRO FERRARI	23	M2034	85	M					INDIVIDUAL	0:45:28
260	1931	LUIS COSTA	40	M4044	40	M					INDIVIDUAL	0:45:28
261	751	PEDRO FILIFE	31	M2034	86	M					CAA BELEM	0:45:29
262	843	RICARDO MADEIRA	38	M3539	44	M					INDIVIDUAL	0:45:35
263	565	NELSON DIAS	51	M5054	21	M					FAMILIA DIAS	0:45:39
264	104	BRUNO M DIAS	28	M2034	87	M					INDIVIDUAL	0:45:40
265	34	FERNANDO COSTA	42	M4044	41	M					CF OS AVISENSES	0:45:41
266	711	FERNANDO CARDOSO	64	M6099	11	M					GD SANTANDER TOTTA	0:45:44
267	135	CARLOS GONCALVES	55	M5559	18	M					INDIVIDUAL	0:45:49
268	17	ANABELA CARVALHO	48	F4599	3	F					GD SAO DOMINGOS	0:45:51
269	18	SERGIO ARRUDA	55	M5559	19	M					GD SAO DOMINGOS	0:45:51
270	609	LUIS NUNES	32	M2034	88	M					INDIVIDUAL	0:45:53
271	1971	ANTONIO S SILVA	41	M4044	42	M					CCD TRANQUILIDADE	0:45:54
272	271	NUNO ANTUNES	37	M3539	45	M					EIRA TEAM	0:45:57
273	169	CARLOS D ANDRADE	32	M2034	89	M					ANTES DE ANDAR JA	0:45:58

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
274	604	ALEXANDRE RAMOS	35	M3539	46	M					DREAM TEAM	0:45:58
275	424	HUGO PRATAS	28	M2034	90	M					CCD EFACEC LX	0:45:59
276	190	SILVIO M B HORTA	30	M2034	91	M					INDIVIDUAL	0:46:01
277	555	JOAQUIM GUERRA	49	M4549	39	M					GRD RIBEIRA LAGE	0:46:01
278	869	GILBERTO LAPA	47	M4549	40	M					REST CARTAXEIRA	0:46:01
279	213	DANIELA CARVALHO	36	F3544	1	F					GUERREIROS RIO	0:46:03
280	454	HELENA MARTINS	51	F4599	4	F					AA MAFRA	0:46:06
281	41	FERNANDO FARIA	32	M2034	92	M					FARIA NAVALHA	0:46:08
282	1832	ALCEU PAULO	61	M6099	12	M					GRD RIBEIRA LAGE	0:46:10
283	422	RICARDO FELIX	33	M2034	93	M					CCD EFACEC LX	0:46:11
284	638	GONCALO OLIVEIRA	50	M5054	22	M					GDCT UNICRE	0:46:13
285	781	CARLOS SANTOS	60	M6099	13	M					C FERROV PORTUGAL	0:46:14
286	26	PEDRO DIAS	38	M3539	47	M					GDOA	0:46:16
287	341	RUI COSTA	26	M2034	94	M					INDIVIDUAL	0:46:16
288	101	MARCO MORGADO	33	M2034	95	M					INDIVIDUAL	0:46:18
289	225	ALMERINDO SILVA	53	M5054	23	M					ADC CATUJAL	0:46:19
290	214	MARCO HENRIQUES	30	M2034	96	M					GUERREIROS RIO	0:46:21
291	776	MARIO SILVA	59	M5559	20	M					C FERROV PORTUGAL	0:46:22
292	1848	NADINE N ALMEIDA	20	F2034	4	F					OS APOSENTADOS	0:46:23
293	208	MIGUEL ROQUE	29	M2034	97	M					INDIVIDUAL	0:46:24
294	335	JOAO VERISSIMO	54	M5054	24	M					TOCANDAR	0:46:25
295	1913	DAVID A A M SILVA	20	M2034	98	M					INDIVIDUAL	0:46:25
296	1855	NUNO MELO	32	M2034	99	M					ATOMIC TEAM	0:46:26
297	1998	GONCALO CAEIRO	41	M4044	43	M					INFOSISTEMA RT	0:46:26
298	862	SERGIO PEREIRA	37	M3539	48	M					UNIDOS CASTILHO	0:46:27
299	1801	LICINIO SIMOES	30	M2034	100	M					ATOMIC TEAM	0:46:31
300	526	CARLOS A RODRIGUES	55	M5559	21	M					INDIVIDUAL	0:46:32
301	211	NELSON J MARTINS	22	M2034	101	M					INDIVIDUAL	0:46:39
302	1937	MILTON RODRIGUES	26	M2034	102	M					INDIVIDUAL	0:46:39
303	19	ROSARIA MORGADO	38	F3544	2	F					GD SAO DOMINGOS	0:46:41
304	828	LEONARDO CABACEIRA	18	M1819	3	M					INDIVIDUAL	0:46:41
305	462	RICARDO ELVAS	31	M2034	103	M					INDIVIDUAL	0:46:45
306	479	FERNANDO B TEIXEIRA	52	M5054	25	M					INDIVIDUAL	0:46:45
307	515	JOAO SANCHES	50	M5054	26	M					CA AGUALVA	0:46:45
308	1993	JOAO F M BRAZ	26	M2034	104	M					BEER BOYS	0:46:51
309	580	ANTONIO BATISTA	65	M6099	14	M					AMIGOS PRACETA	0:46:52
310	275	MARIO VITORIA	42	M4044	44	M					VITORIAS	0:46:55
311	766	JOAO DURAO	61	M6099	15	M					NA PAPAGAIOS	0:46:55
312	33	ANDRE LOPES	24	M2034	105	M					CF OS AVISENSES	0:46:57
313	2020	SERGIO B PEDRO	30	M2034	106	M					INDIVIDUAL	0:46:58

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
314	32	RUI FEIO	48	M4549	41	M					CF OS AVISENSES	0:46:59
315	729	SALVADOR AFONSO	58	M5559	22	M					GD SANTANDER TOTTA	0:46:59
316	1945	ERIK WENNBERG	24	M2034	107	M					INDIVIDUAL	0:46:59
317	297	SANDRINA C CUNHA	29	F2034	5	F					INDIVIDUAL	0:47:00
318	521	EDGAR MARQUES	25	M2034	108	M					INDIVIDUAL	0:47:00
319	283	PEDRO H MATEUS	50	M5054	27	M					ELECTRIMECA	0:47:03
320	1835	CARLOS PIRES	38	M3539	49	M					INDIVIDUAL	0:47:03
321	1803	RAFAEL FERNANDES	28	M2034	109	M					ATOMIC TEAM	0:47:04
322	45	RICARDO PEREIRA	32	M2034	110	M					SL CAMPOLIDE	0:47:05
323	1864	PEDRO PROENCA	32	M2034	111	M					INDIVIDUAL	0:47:06
324	301	NUNO ALMEIDA	34	M2034	112	M					A LEBRE E A	0:47:08
325	737	PEDRO MIRANDA	34	M2034	113	M					CAA BELEM	0:47:11
326	1870	JOSE JULIO SILVA	42	M4044	45	M					EMFORMASPORT	0:47:11
327	2009	DANIEL LENCASTRE	27	M2034	114	M					RUN 4 FUN	0:47:16
328	122	CLELIO CUNHA	36	M3539	50	M					INDIVIDUAL	0:47:18
329	1833	TELMO M SANTOS	37	M3539	51	M					OS ADONIS BURACA	0:47:18
330	1851	PAULO ROCHA	37	M3539	52	M					INDIVIDUAL	0:47:19
331	221	ARLINDO BRAS	48	M4549	42	M					AMIGOS ESTRELA	0:47:20
332	544	MARIO J R LUCIO	48	M4549	43	M					INDIVIDUAL	0:47:21
333	155	RAUL COSTA	52	M5054	28	M					CLUBE ROBBIALAC	0:47:23
334	756	MANUEL HORTELAO	43	M4044	46	M					AMIGOS FLOR	0:47:23
335	249	PEDRO ALMEIDA	53	M5054	29	M					INDIVIDUAL	0:47:24
336	1876	GONCALO ZAGALO	37	M3539	53	M					LIGA DO PALPITE	0:47:25
337	637	FERNANDO GONCALVES	45	M4549	44	M					GDCT UNICRE	0:47:34
338	757	JENTIL PEREIRA	38	M3539	54	M					AMIGOS FLOR	0:47:34
339	220	ANTONIO MARQUES	66	M6099	16	M					INDIVIDUAL	0:47:35
340	490	IVAN TAVARES	35	M3539	55	M					MARRIOTT LISBOA	0:47:35
341	105	ALBERTO MARINHO	34	M2034	115	M					INDIVIDUAL	0:47:38
342	268	JOAO CAMPOS	42	M4044	47	M					INDIVIDUAL	0:47:38
343	282	EDUARDO T F BOTELHO	25	M2034	116	M					VIVA A AGUA PE	0:47:41
344	352	DOMINGOS PEREIRA	58	M5559	23	M					CLUBE MARGINAL	0:47:43
345	528	BRIGITTE CARDOSO	29	F2034	6	F					BASILISCOS SC	0:47:43
346	726	NUNO DAMIAES	31	M2034	117	M					GD SANTANDER TOTTA	0:47:43
347	773	JOSE VAZ	54	M5054	30	M					CLUBE ANACOM	0:47:43
348	52	ARMINDO VELEZ	62	M6099	17	M					SL CAMPOLIDE	0:47:44
349	755	JOAO FERREIRA	56	M5559	24	M					AMIGOS FLOR	0:47:49
350	542	RUI TRINDADE	43	M4044	48	M					CD ESTRELA	0:47:52
351	1842	ANA F SAMPAIO	23	F2034	7	F					OS APOSENTADOS	0:47:55
352	1948	JOAO J BONITO	37	M3539	56	M					OS APOSENTADOS	0:47:55
353	2018	MARCO P P CHARRUA	44	M4044	49	M					INDIVIDUAL	0:47:56

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
354	365	DIOGO MARTINS	23	M2034	118	M					ACADEMIA MILITAR	0:47:57
355	1962	ANDRE CANHA	27	M2034	119	M					CEGOS & LOUKES	0:47:57
356	1939	ALBERTO ARAUJO	39	M3539	57	M					RB RUNNING	0:47:58
357	356	JORGE M C ROMAO	43	M4044	50	M					ARODAMA	0:48:02
358	1986	RICARDO M S A CORTES	27	M2034	120	M					BEER BOYS	0:48:03
359	136	FERNANDO CARVALHO	41	M4044	51	M					BUERAPIDOS	0:48:08
360	856	FERNANDO GUERREIRO	65	M6099	18	M					GD SAO DOMINGOS	0:48:08
361	777	FERNANDO PESTANA	65	M6099	19	M					C FERROV PORTUGAL	0:48:09
362	1990	RUI F B MONTEIRO	28	M2034	121	M					BEER BOYS	0:48:09
363	741	LUIS ROSA	59	M5559	25	M					CAA BELEM	0:48:10
364	864	PEDRO ROSA	42	M4044	52	M					MANOS ROSA	0:48:10
365	1834	HUMBERTO ROSA	29	M2034	122	M					INDIVIDUAL	0:48:10
366	2021	ANDRE MARQUES	24	M2034	123	M					INDIVIDUAL	0:48:10
367	794	JOAQUIM DAMAS	58	M5559	26	M					A VALE SILENCIO	0:48:12
368	801	JOSE FAUSTINO	59	M5559	27	M					INDIVIDUAL	0:48:13
369	328	RUI P BARBOSA	41	M4044	53	M					CLUBE VODAFONE	0:48:15
370	534	HELENA SILVA	44	F3544	3	F					INDIVIDUAL	0:48:15
371	619	JANUARIO BONA	55	M5559	28	M					FLAMINGOS	0:48:15
372	2006	HELDER SANTOS	30	M2034	124	M					INDIVIDUAL	0:48:16
373	1930	DAVID ALMEIDA	41	M4044	54	M					SAPATILHAS	0:48:22
374	594	MADALENA FONTINHAS	29	F2034	8	F					POWER RANGERS	0:48:23
375	176	ALBINO S FERREIRA	46	M4549	45	M					LESMA ALOPRADAS	0:48:26
376	822	FERNANDO PIRES	42	M4044	55	M					INDIVIDUAL	0:48:26
377	1981	PEDRO TEIXEIRA	39	M3539	58	M					PORTELAS	0:48:27
378	379	BRUNO FERREIRA	33	M2034	125	M					PE LEVE	0:48:28
379	597	DAVID CLEMENTE	29	M2034	126	M					POWER RANGERS	0:48:30
380	272	JORGE MARQUES	59	M5559	29	M					INDIVIDUAL	0:48:34
381	635	JOAO CRUZ	42	M4044	56	M					INDIVIDUAL	0:48:38
382	450	ABILIO MARINHO	42	M4044	57	M					INDIVIDUAL	0:48:39
383	182	JOSE GONCALVES	47	M4549	46	M					CLUBE GRUPO BES	0:48:42
384	185	PAULO CARRETEIRO	40	M4044	58	M					CLUBE GRUPO BES	0:48:44
385	100	FERNANDO ANTUNES	44	M4044	59	M					LESMA ALOPRADAS	0:48:46
386	266	JOSE A R S MOURA	46	M4549	47	M					FALCOES SELVAGENS	0:48:48
387	426	DIOGO C ESPERANCA	28	M2034	127	M					CLUBE BDO	0:48:49
388	427	JOAO T TEIXEIRA	25	M2034	128	M					CLUBE BDO	0:48:49
389	77	NUNO M SILVA	58	M5559	30	M					GD INE	0:48:50
390	770	RUI PAULO	47	M4549	48	M					NA PAPAGAIOS	0:48:51
391	1893	CARLOS A V OLEASTRO	49	M4549	49	M					INDIVIDUAL	0:48:51
392	785	LUISA SOARES	49	F4599	5	F					C FERROV PORTUGAL	0:48:52
393	83	ANTONIO CARPINTEIRO	67	M6099	20	M					SS CGD	0:48:53

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
394	712	GABRIEL CHARRUA	34	M2034	129	M					GD SANTANDER TOTTA	0:48:56
395	1955	JAVIER A COSTA	26	M2034	130	M					GYMRUNNERS	0:48:59
396	813	JOSE A P LIBORIO	50	M5054	31	M					INDIVIDUAL	0:49:00
397	817	AGOSTINHO BESSA	51	M5054	32	M					INDIVIDUAL	0:49:00
398	568	NUNO SANTOS	23	M2034	131	M					OS RAFINHAS	0:49:02
399	465	VICTOR G VAGO	42	M4044	60	M					INDIVIDUAL	0:49:03
400	1988	LUIS C G PINTO	27	M2034	132	M					BEER BOYS	0:49:03
401	140	ANTONIO FERREIRA	40	M4044	61	M					BUERAPIDOS	0:49:04
402	1978	RUI M B S L ROSA	25	M2034	133	M					INDIVIDUAL	0:49:04
403	740	JORGE ALMEIDA	63	M6099	21	M					CAA BELEM	0:49:05
404	1823	RITA MARQUES	32	F2034	9	F					INDIVIDUAL	0:49:05
405	748	JOSE BASTOS	43	M4044	62	M					CAA BELEM	0:49:07
406	767	JOAQUIM BARROCAS	60	M6099	22	M					NA PAPAGAIOS	0:49:08
407	486	ANTONIO ALVES	50	M5054	33	M					MARRIOTT LISBOA	0:49:15
408	378	RUI PENIM	35	M3539	59	M					PE LEVE	0:49:17
409	589	BRUNO AFONSO	35	M3539	60	M					METAVISTA	0:49:17
410	316	PEDRO ABRANTES	39	M3539	61	M					INDIVIDUAL	0:49:20
411	111	CARLOS CONCEICAO	32	M2034	134	M					INDIVIDUAL	0:49:22
412	229	BRUNO SILVA	37	M3539	62	M					HERBAL DHS	0:49:22
413	857	ELISEU COSTA	56	M5559	31	M					GD SAO DOMINGOS	0:49:22
414	410	FRANCISCO J F SOUSA	42	M4044	63	M					INDIVIDUAL	0:49:23
415	647	FERNANDO SALGUEIRO	51	M5054	34	M					GDCT UNICRE	0:49:25
416	464	ANTONIO SARILHO	52	M5054	35	M					INDIVIDUAL	0:49:27
417	595	LILIANA FILIPE	29	F2034	10	F					POWER RANGERS	0:49:27
418	783	MANUEL ANTONIO	55	M5559	32	M					C FERROV PORTUGAL	0:49:28
419	315	PEDRO VALENTE	40	M4044	64	M					PRIMOS	0:49:29
420	730	DINIS SOUSA	71	M6099	23	M					GD SANTANDER TOTTA	0:49:30
421	1944	RUI CABECO	35	M3539	63	M					INDIVIDUAL	0:49:31
422	587	MANUEL O PEREIRA	55	M5559	33	M					GYM2010	0:49:32
423	821	ALBERTO SOARES	50	M5054	36	M					INDIVIDUAL	0:49:33
424	632	Mª LURDES ANTONIO	42	F3544	4	F					INDIVIDUAL	0:49:35
425	347	RUI M DIAS	37	M3539	64	M					PI LINHA RUNNERS	0:49:36
426	1952	RUI P JULIAO	46	M4549	50	M					GEORUNNERS	0:49:36
427	1888	JULIANA PINTO	26	F2034	11	F					ULTRA LEVES CPOC	0:49:37
428	654	PEDRO M P MORGADO	29	M2034	135	M					RUNNEW	0:49:38
429	40	ANDRE TAVARES	23	M2034	136	M					FARIA NAVALHA	0:49:39
430	1861	RICARDO RODRIGUES	18	M1819	4	M					INDIVIDUAL	0:49:42
431	1825	SAMUEL BRANCO	30	M2034	137	M					BRANCO & BARRA, LDA	0:49:43
432	1932	MANUEL TRINDADE	56	M5559	34	M					ADCEO	0:49:45
433	404	INES M LOPES	22	F2034	12	F					INDIVIDUAL	0:49:46

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
434	216	RICARDO FELIZARDO	33	M2034	138	M					PR14	0:49:48
435	561	CARLOS NEVES	32	M2034	139	M					OS INDOMAVEIS	0:49:50
436	516	ELSA DESIDERIO	42	F3544	5	F					CA AGUALVA	0:49:51
437	517	ROSA CARITA	52	F4599	6	F					CA AGUALVA	0:49:52
438	760	AMANDIO MONTEIRO	44	M4044	65	M					ADCR PJ	0:49:54
439	778	MARTINS BARATA	69	M6099	24	M					C FERROV PORTUGAL	0:49:56
440	854	FRANCISCO VIRTUOSO	54	M5054	37	M					INDIVIDUAL	0:49:56
441	472	ANTONIO M C C SANTOS	48	M4549	51	M					FAMILIA SANTOS	0:49:57
442	195	PAULO MAGALHAES	33	M2034	140	M					INDIVIDUAL	0:49:58
443	631	RAMIRO DAMAS	63	M6099	25	M					PATRICIOS	0:49:59
444	629	FERNANDO MOURA	50	M5054	38	M					PATRICIOS	0:50:00
445	149	DANIEL RODRIGUES	32	M2034	141	M					CLUBE ROBBIALAC	0:50:01
446	2027	LUIS TERENO	39	M3539	65	M					INDIVIDUAL	0:50:02
447	709	DANIEL SIMOES	39	M3539	66	M					GD SANTANDER TOTTA	0:50:03
448	723	LINO OLIVEIRA	66	M6099	26	M					GD SANTANDER TOTTA	0:50:03
449	768	MARIA OLIVEIRA	52	F4599	7	F					NA PAPAGAIOS	0:50:09
450	313	RUI SALEIRO	40	M4044	66	M					INDIVIDUAL	0:50:11
451	1943	FERNANDO M PEREIRA	29	M2034	142	M					DESP S CARLOS	0:50:12
452	640	PAULO DUARTE	47	M4549	52	M					GDCT UNICRE	0:50:15
453	535	TIAGO SILVA	33	M2034	143	M					INDIVIDUAL	0:50:18
454	570	LUIS NEVES	54	M5054	39	M					INDIVIDUAL	0:50:20
455	97	GILBERTO GONCALVES	63	M6099	27	M					CR ALVORADA	0:50:22
456	540	PEDRO X C FARIA	19	M1819	5	M					INDIVIDUAL	0:50:22
457	541	BRUNO M R N CORREIA	19	M1819	6	M					INDIVIDUAL	0:50:22
458	29	JOSE ANDRADE	47	M4549	53	M					GDOA	0:50:23
459	1827	RUI ANTUNES	38	M3539	67	M					INDIVIDUAL	0:50:24
460	2016	CARLOS MONTEIRO	44	M4044	67	M					INDIVIDUAL	0:50:25
461	1830	NUNO ABRANTES	35	M3539	68	M					INDIVIDUAL	0:50:26
462	1847	PEDRO B ANTAO	22	M2034	144	M					OS APOSENTADOS	0:50:27
463	1859	GONCALO SILVA	32	M2034	145	M					SERRANITOS	0:50:29
464	144	INACIO GONCALVES	61	M6099	28	M					PATO AZUL	0:50:35
465	292	MARCIO LOURENCO	24	M2034	146	M					INDIVIDUAL	0:50:40
466	294	TIAGO MOTA	32	M2034	147	M					INDIVIDUAL	0:50:40
467	409	FERNANDO PARENTE	25	M2034	148	M					INDIVIDUAL	0:50:41
468	588	LUIS C N A FIGUEIREDO	25	M2034	149	M					INDIVIDUAL	0:50:41
469	360	FERNANDO J A REIS	44	M4044	68	M					ARODAMA	0:50:42
470	1950	NUNO MARTINS	39	M3539	69	M					INDIVIDUAL	0:50:42
471	871	JOAO GONCALVES	37	M3539	70	M					REST CARTAXEIRA	0:50:43
472	1854	ISRAEL DOMINGOS	32	M2034	150	M					INDIVIDUAL	0:50:44
473	532	ALBERTO SANTOS	45	M4549	54	M					INDIVIDUAL	0:50:45

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
474	1977	ANGELO FLOR	56	M5559	35	M					INDIVIDUAL	0:50:49
475	85	FRANCISCO CLERIGO	59	M5559	36	M					SS CGD	0:50:50
476	219	LUIS PROENCA	42	M4044	69	M					INDIVIDUAL	0:50:51
477	260	JOAO FRADE	41	M4044	70	M					INDIVIDUAL	0:50:51
478	829	SOFIA ROCHA	25	F2034	13	F					INDIVIDUAL	0:50:52
479	87	LUIS JESUS	45	M4549	55	M					SS CGD	0:50:53
480	86	GONCALO OLIVEIRA	27	M2034	151	M					SS CGD	0:50:54
481	206	DAVID CHUI LI	38	M3539	71	M					INDIVIDUAL	0:50:56
482	192	NUNO MOLERO	30	M2034	152	M					INDIVIDUAL	0:50:57
483	721	LUCIO SILVA	46	M4549	56	M					GD SANTANDER TOTTA	0:50:57
484	222	JOSE L LOPES	55	M5559	37	M					AMIGOS ESTRELA	0:51:00
485	612	LUIS SANTOS	45	M4549	57	M					INDIVIDUAL	0:51:00
486	576	ESTELA GONCALVES	35	F3544	6	F					AA LEBRES SADO	0:51:01
487	613	ALBERTINO MOTA	33	M2034	153	M					INDIVIDUAL	0:51:01
488	572	LUIS OLIVEIRA	43	M4044	71	M					AA LEBRES SADO	0:51:02
489	575	CECILIA NICOLAU	45	F4599	8	F					AA LEBRES SADO	0:51:02
490	262	JOAO R SILVA	45	M4549	58	M					INDIVIDUAL	0:51:07
491	307	PEDRO PELEJA	39	M3539	72	M					ORFF	0:51:08
492	802	HENRIQUE PARENTE	27	M2034	154	M					INDIVIDUAL	0:51:08
493	484	PEDRO M P SEQUEIRA	45	M4549	59	M					INDIVIDUAL	0:51:09
494	487	JORGE GUERREIRO	37	M3539	73	M					MARRIOTT LISBOA	0:51:12
495	1965	FILIFE PAIXAO	39	M3539	74	M					INDIVIDUAL	0:51:12
496	1896	CARLA S G O MARQUES	42	F3544	7	F					INDIVIDUAL	0:51:13
497	43	DANIEL NUNES	32	M2034	155	M					OS NUNES	0:51:14
498	762	JOSE COELHO	55	M5559	38	M					ADCR PJ	0:51:16
499	1949	ELISA SAMPAIO	45	F4599	9	F					OS APOSENTADOS	0:51:22
500	1964	ANTONIO PERDIGOTO	51	M5054	40	M					INDIVIDUAL	0:51:22
501	146	REMI VOGEL	38	M3539	75	M					REMI	0:51:26
502	396	JOAO AMORIM	28	M2034	156	M					370 €	0:51:28
503	1953	RUI PIRES	46	M4549	60	M					GEORUNNERS	0:51:31
504	1954	MARIO J SILVA	52	M5054	41	M					GEORUNNERS	0:51:32
505	524	JOAO MORADIAS	42	M4044	72	M					VALADARES	0:51:37
506	611	ANGELO MARCOS	31	M2034	157	M					INDIVIDUAL	0:51:37
507	788	PAULO MORADIAS	48	M4549	61	M					AÇOREANA C BANIF	0:51:37
508	553	RICARDO SEQUEIRA	30	M2034	158	M					XANGAI RUNNERS	0:51:38
509	752	RICARDO CANO	26	M2034	159	M					CAA BELEM	0:51:38
510	269	PAULO FREIRE	33	M2034	160	M					INDIVIDUAL	0:51:40
511	1852	CARLOS VASCONCELOS	26	M2034	161	M					INDIVIDUAL	0:51:40
512	463	LUIS ROMANEIRO	52	M5054	42	M					INDIVIDUAL	0:51:42
513	1804	CARLOS LOPES	36	M3539	76	M					ATOMIC TEAM	0:51:42

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
514	1820	FRANCISCO FREIRE	32	M2034	162	M					SERRANITOS	0:51:42
515	1984	BRUNO M M B SANTOS	37	M3539	77	M					INDIVIDUAL	0:51:42
516	102	ABEL CARVALHO	54	M5054	43	M					INDIVIDUAL	0:51:45
517	717	JOAO ROCHA	61	M6099	29	M					GD SANTANDER TOTTA	0:51:52
518	866	FERNANDO GODINHO	39	M3539	78	M					REST CARTAXEIRA	0:51:53
519	1883	MATTEO TAIANA	35	M3539	79	M					COCCINELLE	0:51:56
520	438	FERNANDO SANTOS	45	M4549	62	M					FALCOES SELVAGENS	0:51:57
521	599	VALTER NUNES	31	M2034	163	M					DREAM TEAM	0:52:01
522	1974	Mª JOSE SILVA	36	F3544	8	F					CCD TRANQUILIDADE	0:52:02
523	389	VICTOR J RAMOS	41	M4044	73	M					C COLAB AXA	0:52:05
524	1994	PEDRO SERRA	36	M3539	80	M					INDIVIDUAL	0:52:09
525	1926	HUGO FIGUEIREDO	27	M2034	164	M					INDIVIDUAL	0:52:10
526	121	LUIS GALBANY	28	M2034	165	M					INDIVIDUAL	0:52:12
527	196	RICARDO RODRIGUES	29	M2034	166	M					INDIVIDUAL	0:52:13
528	1873	JOAO BELTRAO	32	M2034	167	M					LIGA DO PALPITE	0:52:18
529	412	PEDRO LOURENCO	37	M3539	81	M					ORFF	0:52:19
530	1982	DIOGO POPPE	44	M4044	74	M					PORTELAS	0:52:21
531	764	ARMENIO SILVA	74	M6099	30	M					NA PAPAGAIOS	0:52:22
532	772	ZACARIAS ALVES	51	M5054	44	M					NA PAPAGAIOS	0:52:22
533	1910	RICARDO PAIS	24	M2034	168	M					SAPATILHAS	0:52:23
534	1826	GONCALO BARRA	31	M2034	169	M					BRANCO & BARRA, LDA	0:52:24
535	323	BRUNO INOCENCIO	24	M2034	170	M					INDIVIDUAL	0:52:25
536	159	JOAO DIAS	47	M4549	63	M					INDIVIDUAL	0:52:26
537	706	CARLOS PEREIRA	42	M4044	75	M					GD SANTANDER TOTTA	0:52:27
538	876	RAMOS QUERIDO	41	M4044	76	M					C FERROV PORTUGAL	0:52:27
539	626	MIGUEL M REGO	46	M4549	64	M					INDIVIDUAL	0:52:28
540	2008	HUGO FIGUEIREDO	42	M4044	77	M					INDIVIDUAL	0:52:28
541	50	ANTONIO LIMA	49	M4549	65	M					SL CAMPOLIDE	0:52:29
542	533	MARIA SANTOS	44	F3544	9	F					INDIVIDUAL	0:52:31
543	831	PEDRO AMARAL	45	M4549	66	M					INDIVIDUAL	0:52:31
544	1968	LUIS GAMA	43	M4044	78	M					GDCT UNICRE	0:52:31
545	470	IVAN ZAU	37	M3539	82	M					TEKKEN 3	0:52:32
546	1902	RICARDO FALCATO	29	M2034	171	M					TECNOVIANOS	0:52:33
547	758	ANABELA SILVA	32	F2034	14	F					ADCR PJ	0:52:34
548	332	KEVIN ANTUNES	30	M2034	172	M					DERBY LAPA	0:52:36
549	759	LARA ALVES	37	F3544	10	F					ADCR PJ	0:52:38
550	90	LIGIA MORAIS	37	F3544	11	F					SS MONTEPIO GERAL	0:52:40
551	375	MANUEL REIA	64	M6099	31	M					CLUBE MARGINAL	0:52:40
552	376	LUIS SILVA	67	M6099	32	M					CLUBE MARGINAL	0:52:40
553	81	ALBERTINO SEMEDO	54	M5054	45	M					SS CGD	0:52:43

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
554	1987	CARLOS F V PANCHA	27	M2034	173	M					BEER BOYS	0:52:44
555	496	FRANCISCO M REGO	43	M4044	79	M					INDIVIDUAL	0:52:45
556	460	ANA M MARTINS	45	F4599	10	F					INDIVIDUAL	0:52:53
557	2024	ANDREIA V MEDESN	37	F3544	12	F					INDIVIDUAL	0:52:54
558	488	VITOR MONTEIRO	50	M5054	46	M					MARRIOTT LISBOA	0:52:56
559	128	BEHZAD (MOHAMMADREZA) BAYAT	31	M2034	174	M					INDIVIDUAL	0:52:57
560	348	MIGUEL PEREIRA	38	M3539	83	M					PI LINHA RUNNERS	0:52:59
561	400	LUIS BARROSO	53	M5054	47	M					INDIVIDUAL	0:53:02
562	428	MARGARIDA FERNANDES	28	F2034	15	F					CLUBE BDO	0:53:07
563	1813	ANDRE FIGUEIRAL	38	M3539	84	M					INDIVIDUAL	0:53:07
564	92	LUIS REIS	55	M5559	39	M					SS MONTEPIO GERAL	0:53:08
565	163	JOAO C BARATA	52	M5054	48	M					INDIVIDUAL	0:53:09
566	285	MIGUEL BASTOS	60	M6099	33	M					INDIVIDUAL	0:53:10
567	803	ALBERTO RAMIRES	58	M5559	40	M					INDIVIDUAL	0:53:10
568	819	ANTONIO SOUSA	68	M6099	34	M					INDIVIDUAL	0:53:10
569	1911	ANA R LEITAO	38	F3544	13	F					SAPATILHAS	0:53:11
570	1912	RUI LEITAO	38	M3539	85	M					SAPATILHAS	0:53:11
571	351	FRANCISCO COITO	59	M5559	41	M					CLUBE MARGINAL	0:53:13
572	878	SERGIO FIGUEIREDO	32	M2034	175	M					INDIVIDUAL	0:53:16
573	560	JOSE NEVES	60	M6099	35	M					OS INDOMAVEIS	0:53:17
574	2002	RICARDO MARQUES	24	M2034	176	M					INDIVIDUAL	0:53:19
575	581	VIRGILIO RODRIGUES	65	M6099	36	M					AMIGOS PRACETA	0:53:20
576	1811	VITOR CARDOSO	48	M4549	67	M					INDIVIDUAL	0:53:20
577	531	BRUNO VEIGA	28	M2034	177	M					INDIVIDUAL	0:53:21
578	585	JOAQUIM SECO	43	M4044	80	M					INDIVIDUAL	0:53:23
579	1894	JOAO N M CAMOLINO	33	M2034	178	M					INDIVIDUAL	0:53:24
580	170	HELDER BORGES	32	M2034	179	M					ANTES DE ANDAR JA	0:53:25
581	114	CARLA COSTA	39	F3544	14	F					PASSATEMPO BIKE	0:53:28
582	115	JAIME BEATO	37	M3539	86	M					PASSATEMPO BIKE	0:53:28
583	204	ANTONIO PAIS	65	M6099	37	M					VALE MADEIROS SC	0:53:28
584	786	MARIA MARQUES	50	F4599	11	F					C FERROV PORTUGAL	0:53:29
585	267	ANTONIO CASTRO	48	M4549	68	M					INDIVIDUAL	0:53:30
586	270	JOAO EIRA	36	M3539	87	M					EIRA TEAM	0:53:32
587	1818	HELDER BEXIGA	44	M4044	81	M					INDIVIDUAL	0:53:33
588	1821	PEDRO LUZIO	36	M3539	88	M					SERRANITOS	0:53:33
589	1866	ISABEL RIBEIRO	26	F2034	16	F					INDIVIDUAL	0:53:33
590	461	RUI P PEREIRA	42	M4044	82	M					INDIVIDUAL	0:53:35
591	467	RUI J L S MONTEIRO	44	M4044	83	M					INDIVIDUAL	0:53:35
592	563	JOAO ANTUNES	37	M3539	89	M					INDIVIDUAL	0:53:37
593	95	TERESA CARDOSO	33	F2034	17	F					SS MONTEPIO GERAL	0:53:39

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
594	152	JOSE VILELA	48	M4549	69	M					CLUBE ROBBIALAC	0:53:41
595	774	ROGERIO PINA	58	M5559	42	M					CLUBE ANACOM	0:53:43
596	1969	SARA S SOUSA	32	F2034	18	F					INDIVIDUAL	0:53:43
597	1923	CARLOS O T TRABULO	55	M5559	43	M					INDIVIDUAL	0:53:44
598	443	MARIA FATUDA	57	F4599	12	F					GRD RIBEIRA LAGE	0:53:47
599	326	JATIN RAMGI	26	M2034	180	M					INDIVIDUAL	0:53:52
600	1941	ISAAC ALMEIDA	38	M3539	90	M					INDIVIDUAL	0:53:56
601	519	JOSE P GONCALVES	37	M3539	91	M					INDIVIDUAL	0:54:05
602	483	EDUARDO F ROCADAS	21	M2034	181	M					INDIVIDUAL	0:54:10
603	1914	JOAO P LOPES	50	M5054	49	M					SOLAR COLINA	0:54:11
604	415	AMERICO SANTOS	55	M5559	44	M					CCD EFACEC LX	0:54:14
605	336	MAURO TEIXEIRA	32	M2034	182	M					TOCANDAR	0:54:16
606	1996	ALEXANDRE LEE	35	M3539	92	M					INFOSISTEMA RT	0:54:17
607	325	DAVID PRATA	29	M2034	183	M					INDIVIDUAL	0:54:19
608	1992	ALEXANDRE J O ANASTACIO	28	M2034	184	M					BEER BOYS	0:54:23
609	1927	LUIS C VAZ	41	M4044	84	M					GOLDRUNNERS	0:54:27
610	186	RICARDO SILVA	34	M2034	185	M					CLUBE GRUPO BES	0:54:28
611	377	BARBARA GONCALVES	26	F2034	19	F					INDIVIDUAL	0:54:33
612	600	BRUNO LOUCAO	31	M2034	186	M					DREAM TEAM	0:54:33
613	337	MARIO AGUILEIRA	49	M4549	70	M					TOCANDAR	0:54:34
614	227	PEDRO GONCALVES	41	M4044	85	M					HERBAL DHS	0:54:40
615	322	HUGO GONCALVES	35	M3539	93	M					MAGIS RT	0:54:43
616	334	MARILIA RIBEIRO	29	F2034	20	F					TOCANDAR	0:54:45
617	253	DIAMANTINO ALBUQUERQUE	58	M5559	45	M					CD MAFRA	0:54:46
618	578	PAULO CUNHA	38	M3539	94	M					CARACOIS ASFALTO	0:54:47
619	830	FERNANDO ROCHA	55	M5559	46	M					INDIVIDUAL	0:54:48
620	2025	IGOR MURTA	29	M2034	187	M					INDIVIDUAL	0:54:51
621	354	ISILDA FERREIRA	40	F3544	15	F					INDIVIDUAL	0:54:53
622	485	JOSE ALIPIO	55	M5559	47	M					INDIVIDUAL	0:54:55
623	179	CARLOS OLIVEIRA	36	M3539	95	M					CLUBE GRUPO BES	0:54:58
624	1961	JOSE PESTANA	27	M2034	188	M					CEGOS & LOUKES	0:55:00
625	187	NELSON SIMOES	36	M3539	96	M					INDIVIDUAL	0:55:02
626	384	ANA P MATIAS	47	F4599	13	F					C COLAB AXA	0:55:03
627	392	JOSE L CAETANO	60	M6099	38	M					C COLAB AXA	0:55:03
628	2015	MIGUEL BANHA	38	M3539	97	M					INDIVIDUAL	0:55:03
629	16	JOAQUIM FONSECA	56	M5559	48	M					OS SUPER	0:55:05
630	344	JORGE ABREU	38	M3539	98	M					INDIVIDUAL	0:55:07
631	134	ANDREA ALESSANDRETTI	28	M2034	189	M					INDIVIDUAL	0:55:09
632	558	JOAO P CARVALHO	38	M3539	99	M					CARVALHOS	0:55:09
633	873	GONCALO SA	47	M4549	71	M					INDIVIDUAL	0:55:11

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
634	20	HENRIQUE RUAS	72	M6099	39	M					CCD O ALVITEJO	0:55:12
635	642	MARCELO CARDOSO	43	M4044	86	M					GDCT UNICRE	0:55:13
636	139	ALEXANDRE RODRIGUES	41	M4044	87	M					BUERAPIDOS	0:55:24
637	475	TIAGO F S CATALAO	29	M2034	190	M					TRIM TEAM	0:55:25
638	1892	PEDRO C ALMEIDA	35	M3539	100	M					ULTRA LEVES CPOC	0:55:25
639	447	JOSE VIANA	37	M3539	101	M					ORFF	0:55:27
640	54	ISILDA BARRADAS	62	F4599	14	F					SL CAMPOLIDE	0:55:29
641	1886	ANDRE C RIBEIRETE	36	M3539	102	M					ULTRA LEVES CPOC	0:55:31
642	1891	INES M CARDOSO	34	F2034	21	F					ULTRA LEVES CPOC	0:55:31
643	96	MARCO CRUZ	34	M2034	191	M					CR ALVORADA	0:55:32
644	226	NUNO CAMELO	38	M3539	103	M					HERBAL DHS	0:55:33
645	1839	JOAO BRANCO	30	M2034	192	M					INDIVIDUAL	0:55:35
646	66	CARLOS FERREIRA	55	M5559	49	M					CLUBE AUTOCOOPE	0:55:42
647	68	JOSE DIAS	55	M5559	50	M					CLUBE AUTOCOOPE	0:55:44
648	71	SERGIO BORGES	39	M3539	104	M					CLUBE AUTOCOOPE	0:55:44
649	810	JOAO ESCALEIRO	55	M5559	51	M					INDIVIDUAL	0:55:48
650	847	ALBERTO J B CARVALHO	54	M5054	50	M					INDIVIDUAL	0:55:49
651	1903	JOAO SEQUEIRA	31	F2034	22	F					TECNOVIANOS	0:55:51
652	1938	ANA L SANTOS	35	F3544	16	F					INDIVIDUAL	0:55:52
653	1976	FILIPE REBELO	35	M3539	105	M					INDIVIDUAL	0:55:52
654	387	FERNANDO J MATIAS	56	M5559	52	M					C COLAB AXA	0:55:54
655	455	FERNANDA COSTA	50	F4599	15	F					AA MAFRA	0:55:54
656	708	CATIA SOUSA	25	F2034	23	F					GD SANTANDER TOTTA	0:55:55
657	805	CARLOS SOUSA	52	M5054	51	M					INDIVIDUAL	0:56:04
658	806	HELENA SOUSA	51	F4599	16	F					INDIVIDUAL	0:56:04
659	714	HENRIQUE MARÇAL	59	M5559	53	M					GD SANTANDER TOTTA	0:56:07
660	1822	TIAGO M D CABACO	24	M2034	193	M					INDIVIDUAL	0:56:16
661	143	LUIS B OLIVEIRA	28	M2034	194	M					INDIVIDUAL	0:56:17
662	710	FABIO DIAS	41	M4044	88	M					GD SANTANDER TOTTA	0:56:18
663	405	FLORIVAL LUCAS	49	M4549	72	M					TARTARUGAS	0:56:26
664	733	JOSE MARTINS	53	M5054	52	M					CAA BELEM	0:56:29
665	749	PAULO LOURINHO	43	M4044	89	M					CAA BELEM	0:56:30
666	469	BRUNO ALMEIDA	25	M2034	195	M					TEKKEN 3	0:56:31
667	47	JORGE FELICIO	45	M4549	73	M					SL CAMPOLIDE	0:56:32
668	784	CARLOS COELHO	41	M4044	90	M					C FERROV PORTUGAL	0:56:32
669	1850	ANDRE L COSTA	30	M2034	196	M					INDIVIDUAL	0:56:33
670	1806	JOSE P S PINTO	33	M2034	197	M					INDIVIDUAL	0:56:35
671	1947	FERNANDO CLAUDINO	60	M6099	40	M					INDIVIDUAL	0:56:36
672	407	MIGUEL RODRIGUES	32	M2034	198	M					INDIVIDUAL	0:56:40
673	746	HEITOR CARDOSO	48	M4549	74	M					CAA BELEM	0:56:41

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
674	754	LUISA LEITÃO	59	F4599	17	F					CAA BELEM	0:56:41
675	148	SUSANA FRAZAO	30	F2034	24	F					INDIVIDUAL	0:56:47
676	1997	FABIO LOUCAO	27	M2034	199	M					INFOSISTEMA RT	0:56:49
677	399	TIAGO BELGRANO	36	M3539	106	M					INDIVIDUAL	0:56:55
678	263	KATIA MACEDO	37	F3544	17	F					INDIVIDUAL	0:56:56
679	417	ANTONIO SANTOS	50	M5054	53	M					CCD EFACEC LX	0:57:06
680	780	PAULO BARATA	38	M3539	107	M					C FERROV PORTUGAL	0:57:06
681	571	ISABEL NEVES	51	F4599	18	F					INDIVIDUAL	0:57:07
682	51	JOAQUIM CORREIA	51	M5054	54	M					SL CAMPOLIDE	0:57:09
683	80	RAMIRO G JORGE	58	M5559	54	M					SS CGD	0:57:10
684	191	Mª ISABEL RODRIGUES	48	F4599	19	F					INDIVIDUAL	0:57:12
685	74	PEDRO MURTINHAL	41	M4044	91	M					O MUNDO CORRIDA	0:57:13
686	91	CARLOS MELO	35	M3539	108	M					SS MONTEPIO GERAL	0:57:14
687	1874	ALEXANDRE SILVA	33	M2034	200	M					LIGA DO PALPITE	0:57:14
688	1875	MIGUEL FERREIRA	32	M2034	201	M					LIGA DO PALPITE	0:57:15
689	840	ANTONIO REGO	42	M4044	92	M					INDIVIDUAL	0:57:16
690	1991	PEDRO M B MONTEIRO	31	M2034	202	M					BEER BOYS	0:57:19
691	701	ANTONIO CASTRO	43	M4044	93	M					GD SANTANDER TOTTA	0:57:23
692	468	VICTOR ISIDORO	27	M2034	203	M					TEKKEN 3	0:57:25
693	634	ADISSON LEAL	28	M2034	204	M					INDIVIDUAL	0:57:27
694	1918	TIAGO REIS	27	M2034	205	M					INDIVIDUAL	0:57:28
695	345	PATRICIA PEREIRA	34	F2034	25	F					TARTARUGAS	0:57:33
696	844	JOAO CORREIA	44	M4044	94	M					INDIVIDUAL	0:57:38
697	879	MARTA CORREIA	20	F2034	26	F					INDIVIDUAL	0:57:38
698	188	JORGE M NUNES	41	M4044	95	M					INDIVIDUAL	0:57:44
699	178	ALEXANDRINA FILIPE	41	F3544	18	F					CLUBE GRUPO BES	0:57:45
700	333	CARLA RAMOS	31	F2034	27	F					DERBY LAPA	0:57:47
701	429	MARIANA A B BORGES	27	F2034	28	F					CLUBE BDO	0:57:47
702	418	FERNANDO MAGALHAES	56	M5559	55	M					CCD EFACEC LX	0:57:55
703	28	JOSE CARDOSO	43	M4044	96	M					GDOA	0:57:56
704	1951	JOSE M SIMOES	56	M5559	56	M					GEORUNNERS	0:57:56
705	293	NUNO GONCALVES	59	M5559	57	M					INDIVIDUAL	0:57:57
706	734	LUCILIA CASANOVA	57	F4599	20	F					CAA BELEM	0:57:58
707	346	TERESA RIBEIRO	39	F3544	19	F					TARTARUGAS	0:58:04
708	593	CRISTINA FERREIRA	41	F3544	20	F					INDIVIDUAL	0:58:11
709	131	ANTONIO C NOVAS	34	M2034	206	M					GODINHO	0:58:17
710	132	JACINTO GODINHO	48	M4549	75	M					GODINHO	0:58:17
711	845	MARIO R A C SILVA	45	M4549	76	M					INDIVIDUAL	0:58:28
712	1929	JOANA VIEIRA	28	F2034	29	F					INDIVIDUAL	0:58:28
713	2014	ANTONIO M B C SILVA	58	M5559	58	M					INDIVIDUAL	0:58:31

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
714	318	LUIS M ROCHA	50	M5054	55	M					ORFF	0:58:32
715	522	PAULO FERREIRA	40	M4044	97	M					INDIVIDUAL	0:58:32
716	790	SOFIA GUEDES	37	F3544	21	F					AÇOREANA C BANIF	0:58:34
717	880	GONCALO SILVA	21	M2034	207	M					INDIVIDUAL	0:58:40
718	145	ROSINDA GONCALVES	58	F4599	21	F					PATO AZUL	0:58:45
719	577	MARCO SILVA	42	M4044	98	M					CARACOIS ASFALTO	0:58:46
720	523	JOAQUIM VALADARES	50	M5054	56	M					VALADARES	0:58:47
721	860	JOAO RODRIGUES	53	M5054	57	M					INDIVIDUAL	0:58:47
722	562	MANUEL SANTOS	71	M6099	41	M					OS INDOMAVEIS	0:58:49
723	1940	PEDRO T CARVALHO	37	M3539	109	M					INDIVIDUAL	0:58:51
724	200	CESAR F GUERRA	43	M4044	99	M					CTJ	0:58:57
725	390	JOSE G VALENTIM	41	M4044	100	M					C COLAB AXA	0:58:58
726	1887	JOAO PROENCA	29	M2034	208	M					ULTRA LEVES CPOC	0:58:58
727	388	JOSE C ROLAO	37	M3539	110	M					C COLAB AXA	0:58:59
728	120	ANTONIO RAMOS	51	M5054	58	M					LAGARTOS	0:59:05
729	383	PAULO FIGUEIREDO	30	M2034	209	M					C COLAB AXA	0:59:15
730	1999	ANTONIO C D PINHO	18	M1819	7	M					INDIVIDUAL	0:59:15
731	650	GONCALO AMARO	33	M2034	210	M					INDIVIDUAL	0:59:38
732	1869	DANIEL DIAS	22	M2034	211	M					INDIVIDUAL	0:59:38
733	181	ISMAEL TEIXEIRA	37	M3539	111	M					CLUBE GRUPO BES	0:59:40
734	215	ANTONIO SERRARIO	51	M5054	59	M					GUERREIROS RIO	0:59:49
735	1933	MARIA LEITAO	51	F4599	22	F					ADCEO	1:00:07
736	779	MIGUEL BARATA	39	M3539	112	M					C FERROV PORTUGAL	1:00:09
737	1838	MIGUEL RIBEIRO	40	M4044	101	M					INDIVIDUAL	1:00:10
738	1868	LUIS A BARATA	47	M4549	77	M					INDIVIDUAL	1:00:10
739	735	JOSE CASTRO	54	M5054	60	M					CAA BELEM	1:00:14
740	477	IRJA VAINULA	33	F2034	30	F					TRIM TEAM	1:00:17
741	199	ELSA LOFF	33	F2034	31	F					INDIVIDUAL	1:00:22
742	809	ARMENIO PATRICIO	72	M6099	42	M					INDIVIDUAL	1:00:24
743	126	JORGE SANTOS	33	M2034	212	M					INDIVIDUAL	1:00:25
744	495	ANDRE SANTOS	27	M2034	213	M					INDIVIDUAL	1:00:25
745	277	MARIO PIRES	42	M4044	102	M					VITORIAS	1:00:28
746	742	FERNANDO FONSECA	59	M5559	59	M					CAA BELEM	1:00:33
747	491	RUI ALMEIDA	41	M4044	103	M					MARRIOTT LISBOA	1:00:35
748	12	JOAO CARVALHO	62	M6099	43	M					LEOES PATAMEIRAS	1:00:43
749	598	ANGELA NUNES	28	F2034	32	F					DREAM TEAM	1:00:43
750	736	EMILIO CARREIRO	70	M6099	44	M					CAA BELEM	1:00:43
751	39	NUNO F D G FERREIRA	42	M4044	104	M					IMPERIO CRUZEIRO	1:00:47
752	58	MIGUEL FRAGA	42	M4044	105	M					GD IN CASA MOEDA	1:00:47
753	444	ANTONIO MOURA	55	M5559	60	M					PLUMAS ALFRAGIDE	1:00:48

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
754	59	JOSE ABREU	64	M6099	45	M					GD IN CASA MOEDA	1:00:49
755	57	ANTONIO NASCIMENTO	71	M6099	46	M					GD IN CASA MOEDA	1:00:50
756	1920	PAULO DIAS	40	M4044	106	M					ARN45	1:00:50
757	1921	VICTOR M FONSECA	48	M4549	78	M					ARN45	1:00:50
758	93	MANUEL SANTOS	38	M3539	113	M					SS MONTEPIO GERAL	1:00:51
759	382	LUIS M AFONSO	34	M2034	214	M					C COLAB AXA	1:00:53
760	397	JOSE TIMOTEO	29	M2034	215	M					370 €	1:00:58
761	459	JORGE C SOUSA	39	M3539	114	M					INDIVIDUAL	1:01:04
762	288	ESMERALDA C D PEREIRA	21	F2034	33	F					INDIVIDUAL	1:01:05
763	530	JOAO GONCALVES	27	M2034	216	M					BASILISCOS SC	1:01:05
764	167	MARIA QUITERA	39	F3544	22	F					INDIVIDUAL	1:01:09
765	518	JOSE CARITA	54	M5054	61	M					CA AGUALVA	1:01:09
766	129	HENRIQUE VILHENA	56	M5559	61	M					INDIVIDUAL	1:01:16
767	237	VITOR GIRAO	39	M3539	115	M					INDIVIDUAL	1:01:21
768	238	HENRIQUE GIRAO	63	M6099	47	M					INDIVIDUAL	1:01:21
769	1924	JENNY GREENSMITH	28	F2034	34	F					NIKE + RUN C LISBOA	1:01:23
770	2001	TIAGO RAMOS	31	M2034	217	M					WOLFPACK	1:01:40
771	1865	RUI MORAIS	32	M2034	218	M					INDIVIDUAL	1:01:48
772	44	GONCALO NUNES	22	M2034	219	M					OS NUNES	1:01:59
773	1942	JOAO GOMES	23	M2034	220	M					INDIVIDUAL	1:02:00
774	503	CARLOS CABACEIRA	18	M1819	8	M					INDIVIDUAL	1:02:09
775	837	CATRIN EGERTON	33	F2034	35	F					INDIVIDUAL	1:02:30
776	842	JULIA GOMES	39	F3544	23	F					INDIVIDUAL	1:02:32
777	841	LUIS GOMES	39	M3539	116	M					INDIVIDUAL	1:02:33
778	839	GONÇALO T FERREIRA	36	M3539	117	M					INDIVIDUAL	1:02:34
779	150	JOSE RODRIGUES	60	M6099	48	M					CLUBE ROBBIALAC	1:02:44
780	416	ANTONIO LOPES	63	M6099	49	M					CCD EFACEC LX	1:02:44
781	421	MANUEL GOMES	67	M6099	50	M					CCD EFACEC LX	1:02:46
782	423	RICARDO SOUSA	34	M2034	221	M					CCD EFACEC LX	1:02:46
783	425	FRANCISCO FERREIRA	58	M5559	62	M					CCD EFACEC LX	1:02:48
784	1862	LUIS J D MONTEIRO	36	M3539	118	M					SAC TEAM	1:02:49
785	590	MANUEL AFONSO	60	M6099	51	M					METAVISTA	1:02:56
786	168	LEONIA CEBAN	48	F4599	23	F					INDIVIDUAL	1:03:00
787	504	HERMINIO CABACEIRA	49	M4549	79	M					INDIVIDUAL	1:03:02
788	606	HELDER SWITHA	32	M2034	222	M					DREAM TEAM	1:03:05
789	42	JOSE MATILDES	56	M5559	63	M					OS NUNES	1:03:15
790	21	ELISABETE AGUAS	47	F4599	24	F					CCD O ALVITEJO	1:03:18
791	22	VICTOR RODRIGUES	45	M4549	80	M					CCD O ALVITEJO	1:03:19
792	476	RICARDO GAIRIFO	28	M2034	223	M					TRIM TEAM	1:03:19
793	722	LUIS SILVA	70	M6099	52	M					GD SANTANDER TOTTA	1:03:21

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
794	202	JOSE M S S MARTINS	55	M5559	64	M					CTJ	1:03:40
795	165	GONCALO FERREIRA	55	M5559	65	M					INDIVIDUAL	1:03:55
796	430	MARCO A L A ROSA	35	M3539	119	M					CLUBE BDO	1:04:03
797	559	ANA I CARVALHO	30	F2034	36	F					CARVALHOS	1:04:04
798	79	LUISA LANDEIRO	42	F3544	24	F					SS CGD	1:04:07
799	641	PAULO FRANCA	50	M5054	62	M					GDCT UNICRE	1:04:07
800	78	CATARINA MARTINS	40	F3544	25	F					SS CGD	1:04:08
801	645	NUNO DUARTE	37	M3539	120	M					GDCT UNICRE	1:04:08
802	70	JOAO GRAÇA	72	M6099	53	M					CLUBE AUTOCOOPE	1:04:28
803	1890	INES C RIBEIRETE	33	F2034	37	F					ULTRA LEVES CPOC	1:04:30
804	797	PEDRO MOREIRA	65	M6099	54	M					INDIVIDUAL	1:04:33
805	731	HELENA GONÇALVES	43	F3544	26	F					CAA BELEM	1:04:37
806	189	CRISTINA CUNHA	40	F3544	27	F					INDIVIDUAL	1:04:42
807	848	LUIS M PORFIRIO	37	M3539	121	M					INDIVIDUAL	1:04:43
808	877	JOAO CANAS	32	M2034	224	M					C FERROV PORTUGAL	1:04:43
809	874	JOANA CASTRO	30	F2034	38	F					C FERROV PORTUGAL	1:04:44
810	1989	NUNO M C OLIVEIRA	19	M1819	9	M					BEER BOYS	1:04:49
811	156	NATALIA DE SOUSA	33	F2034	39	F					INDIVIDUAL	1:04:56
812	289	PAULA COSTA	43	F3544	28	F					INDIVIDUAL	1:05:03
813	704	JOSE MONTEIRO	63	M6099	55	M					GD SANTANDER TOTTA	1:05:04
814	84	ANTONIO FONSECA	43	M4044	107	M					SS CGD	1:05:05
815	82	ANGELA M CRUZ	41	F3544	29	F					SS CGD	1:05:06
816	56	ANTONIO GASPAR	68	M6099	56	M					GD IN CASA MOEDA	1:05:17
817	474	MONICA MARTINS	29	F2034	40	F					TRIM TEAM	1:05:18
818	1802	ALEXANDRA RODRIGUES	31	F2034	41	F					ATOMIC TEAM	1:05:22
819	584	NUNO MARQUES	42	M4044	108	M					SEMPRE EM FESTA	1:05:32
820	1840	JOAO P MENDONCA	39	M3539	122	M					SEMPRE EM FESTA	1:05:32
821	1829	VITOR M C CAMPANICO	39	M3539	123	M					INDIVIDUAL	1:05:38
822	628	RICARDO CAMPOS	36	M3539	124	M					INDIVIDUAL	1:05:41
823	473	Mª IDALINA D LOPES	45	F4599	25	F					FAMILIA SANTOS	1:05:43
824	94	RITA GONÇALVES	37	F3544	30	F					SS MONTEPIO GERAL	1:05:45
825	1805	BRUNO SANTOS	33	M2034	225	M					ATOMIC TEAM	1:05:49
826	36	JOSE SALVADOR	63	M6099	57	M					GRD RIBEIRA LAGE	1:05:54
827	180	FERNANDO FILIPE	42	M4044	109	M					CLUBE GRUPO BES	1:05:58
828	1916	EDUARDO AMORIM	41	M4044	110	M					INDIVIDUAL	1:06:14
829	398	ROGERIO SANTO	27	M2034	226	M					370 €	1:06:23
830	872	CASEMIRO ARAUJO	41	M4044	111	M					REST CARTAXEIRA	1:06:26
831	1809	TANIA FARINHA	34	F2034	42	F					2NDRUNNER	1:06:32
832	1908	LEONOR ALMEIDA	27	F2034	43	F					INDIVIDUAL	1:06:32
833	610	RODRIGO SENA	23	M2034	227	M					INDIVIDUAL	1:06:43

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
834	564	VERA L P DUARTE	25	F2034	44	F					INDIVIDUAL	1:06:44
835	852	MAFALDA PADEIRA	21	F2034	45	F					INDIVIDUAL	1:06:53
836	88	MANUEL BRAS	44	M4044	112	M					SS CGD	1:06:54
837	1956	JOANA PANACA	28	F2034	46	F					SAPATILHAS	1:06:59
838	793	SILVIA GARRIDO	26	F2034	47	F					UNIDOS MANUTENÇÃO	1:07:00
839	1897	JOANA LAVADO	31	F2034	48	F					INDIVIDUAL	1:07:04
840	35	FERNANDO GUIMARAES	34	M2034	228	M					CF OS AVISENSES	1:07:06
841	431	INES M F COELHO	28	F2034	49	F					CLUBE BDO	1:07:06
842	432	JOAO COELHO	29	M2034	229	M					CLUBE BDO	1:07:06
843	1915	PAULA CARVALHINHO	32	F2034	50	F					SAPATILHAS	1:07:10
844	1810	CLAUDIA PERNECAR	38	F3544	31	F					2NDRUNNER	1:07:14
845	201	Mª TERESA RODRIGUES	56	F4599	26	F					CTJ	1:07:40
846	836	ANGELO PESSOA	54	M5054	63	M					INDIVIDUAL	1:07:58
847	1882	BARBARA JEZOWSKA	29	F2034	51	F					COCCINELLE	1:08:00
848	233	ANA CHARRUA	35	F3544	32	F					INDIVIDUAL	1:08:08
849	1909	Mª INES COSTA	22	F2034	52	F					SAPATILHAS	1:08:17
850	804	CELESTE ROMERO	37	F3544	33	F					INDIVIDUAL	1:08:47
851	1849	RUI N FERREIRA	39	M3539	125	M					INDIVIDUAL	1:09:00
852	725	MARIA GERTRUDES	64	F4599	27	F					GD SANTANDER TOTTA	1:09:33
853	653	JOSE M GODINHO	30	M2034	230	M					RUNNEW	1:10:15
854	240	ANA R SOUSA	33	F2034	53	F					INDIVIDUAL	1:10:18
855	436	BRUNO ARAGAO	30	M2034	231	M					CLUBE BDO	1:10:22
856	434	RITA SILVA	29	F2034	54	F					CLUBE BDO	1:10:23
857	151	MARIO RUI	54	M5054	64	M					CLUBE ROBBIALAC	1:10:42
858	1807	PEDRO LIMA	52	M5054	65	M					INDIVIDUAL	1:10:55
859	1901	FILIPA TARE	27	F2034	55	F					INDIVIDUAL	1:11:09
860	827	JOSE J CABACEIRA	52	M5054	66	M					INDIVIDUAL	1:11:15
861	2000	JOAO FIGUEIRA	28	M2034	232	M					WOLFPACK	1:11:20
862	1808	SOFIA P LIMA	24	F2034	56	F					INDIVIDUAL	1:11:37
863	1907	FERNANDA M VIA	51	F4599	28	F					ODEBRECHT	1:11:52
864	545	FATIMA M D V NUNES	20	F2034	57	F					INDIVIDUAL	1:11:56
865	853	DORA M S C MONTEIRO	41	F3544	34	F					INDIVIDUAL	1:12:47
866	411	PEDRO TEIGAS	39	M3539	126	M					INDIVIDUAL	1:12:48
867	855	CARLOS A F CASIMIRO	23	M2034	233	M					INDIVIDUAL	1:12:49
868	492	INES AZEVEDO	24	F2034	58	F					INDIVIDUAL	1:13:07
869	414	ADELINO CASTRO	60	M6099	58	M					CCD EFACEC LX	1:13:24
870	826	MARTA VAZ	36	F3544	35	F					INDIVIDUAL	1:13:40
871	592	LUIS B MIGUEL	40	M4044	113	M					INDIVIDUAL	1:13:41
872	449	JOANA CARDOSO	25	F2034	59	F					INDIVIDUAL	1:14:08
873	142	SERGIO SOUSA	40	M4044	114	M					INDIVIDUAL	1:14:26

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
874	157	CARLOS FERRO	37	M3539	127	M					INDIVIDUAL	1:14:33
875	1934	SARA FOCACCIA	32	F2034	60	F					INDIVIDUAL	1:15:24
876	579	RITA FREITAS	26	F2034	61	F					INDIVIDUAL	1:15:28
877	89	MARIO PEREIRA	37	M3539	128	M					SS CGD	1:15:48
878	547	ANA L A NEVES	24	F2034	62	F					3 ESQº FRENTE	1:16:07
879	548	IGNACIO LAZARO	24	M2034	234	M					3 ESQº FRENTE	1:16:07
880	549	ANA P C LOPES	25	F2034	63	F					3 ESQº FRENTE	1:16:08
881	851	MARTA LUZES	20	F2034	64	F					INDIVIDUAL	1:16:30
882	1946	NILZA MOTTY	34	F2034	65	F					INDIVIDUAL	1:16:48
883	2012	MANUELA CRUZ	56	F4599	29	F					RUN 4 FUN	1:16:53
884	2011	PAULO FERNANDES	40	M4044	115	M					AA LEBRES SADO	1:16:54
885	248	PEDRO M MACHADO	28	M2034	235	M					INDIVIDUAL	1:17:11
886	627	BEATRIZ LOPES	30	F2034	66	F					INDIVIDUAL	1:17:40
887	1905	VASCO M T NARCISO	40	M4044	116	M					VASCO NARCISO/	1:18:01
888	1906	PAULA A R P ADAO	38	F3544	36	F					VASCO NARCISO/	1:18:01
889	2007	CARLA SILVA	30	F2034	67	F					INDIVIDUAL	1:18:02
890	123	JORGE BARREIRA	52	M5054	67	M					INDIVIDUAL	1:18:10
891	1816	JOANA CASANOVA	20	F2034	68	F					INDIVIDUAL	1:19:27
892	603	SANDRA NUNES	39	F3544	37	F					DREAM TEAM	1:19:39
893	601	HELENA LOUCAO	56	F4599	30	F					DREAM TEAM	1:20:50
894	602	SAMEIRO NUNES	58	F4599	31	F					DREAM TEAM	1:20:50
895	235	ANDREIA GIRAO	20	F2034	69	F					INDIVIDUAL	1:21:24
896	236	CARMEN GIRAO	43	F3544	38	F					INDIVIDUAL	1:21:24
897	658	ANA R FERNANDES	32	F2034	70	F					RUNNEW	1:22:09
898	655	INES SANTOS	33	F2034	71	F					RUNNEW	1:22:10
899	807	MANUEL ALVES	18	M1819	10	M					INDIVIDUAL	1:24:07
900	1860	ANABELA HILARIO	35	F3544	39	F					INDIVIDUAL	1:29:03
901	605	CARLA SAPATINHO	30	F2034	72	F					DREAM TEAM	1:30:07