

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
1	617	CELSO GRACIANO	M	27	M2034	1	BEJA AC	00:33:22
2	449	TIAGO ROMÃO	M	26	M2034	2	GAFANHORI	00:33:48
3	594	JOSÉ LAIR	M	40	M4044	1	GDR S FRANCISCO SERRA	00:33:56
4	729	CUSTODIO ANTONIO	M	39	M3539	1	BEJA AC	00:34:30
5	427	CRISTIANO REIS	M	27	M2034	3	AABV-LAGOA-ALGARVE	00:34:37
6	618	RUI FONTES	M	37	M3539	2	BEJA AC	00:35:12
7	491	EUCLIDES SANCHES	M	26	M2034	4	C BENFICA ALG MEM MARTINS	00:35:23
8	501	JOÃO SILVA	M	18	M0019	1	NARM MESSEJANA	00:35:27
9	458	CELSO BRITO	M	32	M2034	5	AC SAMBRASENSE	00:35:33
10	187	DAVID FERNANDES	M	41	M4044	2	VITÓRIA FC	00:35:35
11	539	EZEQUIEL LOBO	M	41	M4044	3	BV MONTEMOR NOVO	00:35:37
12	169	JOSÉ FELIX	M	48	M4549	1	LINDA PASTORA SC	00:36:07
13	183	VASCO MARTA	M	24	M2034	6	VITÓRIA FC	00:36:08
14	426	VERA FERNANDES	F	30	F2034	1	AABV-LAGOA-ALGARVE	00:36:16
15	181	SILVESTRE GOMES	M	61	M6064	1	VITÓRIA FC	00:36:35
16	374	DANIEL PEREIRA	M	30	M2034	7	JUVENTUDE AC	00:36:44
17	737	PEDRO FERNANDES	M	34	M2034	8	REMO CLUBE LUSITANO	00:37:06
18	624	PEDRO POEIRA	M	34	M2034	9	NDC ODEMIRA	00:37:12
19	313	ANTÓNIO MURTEIRA	M	48	M4549	2	C BENFICA ALG MEM MARTINS	00:37:15
20	184	DANRLEY GUSMÃO	M	19	M0019	2	VITÓRIA FC	00:37:22
21	423	SÉRGIO LIMA	M	34	M2034	10	AABV-LAGOA-ALGARVE	00:37:29
22	557	ALEXANDRE SOARES	M	54	M5054	1	BOAVISTA PICO	00:37:29
23	441	JOSE TEIXEIRA	M	43	M4044	4	C BENFICA SEIXAL	00:37:38
24	157	RUI GONÇALVES	M	40	M4044	5	INDIVIDUAL	00:37:39
25	667	ENDA FITZPATRCK	M	51	M5054	2	PADEL CLUBE VR STO ANTÓNIO	00:37:43
26	347	ARTUR OLIVEIRA	M	43	M4044	6	C BENFICA ALG MEM MARTINS	00:37:49
27	586	BRUNO GAMITO	M	28	M2034	11	GDR S FRANCISCO SERRA	00:38:13
28	193	JOSÉ C M PRAZERES	M	49	M4549	3	A NATUREZA ENSINA	00:38:16
29	422	SÉNIO MESSIA	M	34	M2034	12	AABV-LAGOA-ALGARVE	00:38:20
30	300	NUNO CHAINHO	M	30	M2034	13	OS KOTAS	00:38:35
31	343	JOAO CORREIA	M	49	M4549	4	AA AVIS	00:38:41
32	338	SÉRGIO M F SANTOS	M	47	M4549	5	CA PENAFIRME	00:38:46
33	264	KHALID TAHIRI	M	40	M4044	7	CA ALENTEJANOS FARO	00:38:57
34	373	ROBERTO BAIÃO	M	24	M2034	14	JUVENTUDE AC	00:38:58
35	92	LEONTINO S LAMPREIA	M	29	M2034	15	C BENFICA SEIXAL	00:39:08
36	597	LUÍS PEREIRA	M	47	M4549	6	GDR S FRANCISCO SERRA	00:39:13
37	479	LUÍS PEREIRA	M	56	M5559	1	GDR S FRANCISCO SERRA	00:39:17
38	571	MANUEL VEIGA	M	52	M5054	3	GDC CRUZ PICADA	00:39:23
39	484	ANTÓNIO AFONSO	M	46	M4549	7	CR ALTURENSE	00:39:28
40	421	SÉRGIO SEROMENHO	M	40	M4044	8	AABV-LAGOA-ALGARVE	00:39:30
41	311	NELSON COELHO	M	27	M2034	16	C BENFICA ALG MEM MARTINS	00:39:34
42	432	JOSE FACHADAS	M	46	M4549	8	A NATUREZA ENSINA	00:39:36
43	459	CARLOS ANTÃO	M	33	M2034	17	AC SAMBRASENSE	00:39:41
44	482	ROGÉRIO PINGUINHA	M	52	M5054	4	TARTUGAS DE LOULÉ	00:39:42

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
45	402	NELSON OLIVEIRA	M	39	M3539	3	CLAC - ENTRONCAMENTO	00:39:44
46	209	MARCO MELO	M	37	M3539	4	SCALABIS NIGHT RUNNERS	00:39:51
47	492	AILTON MONTEIRO	M	19	M0019	3	C BENFICA ALG MEM MARTINS	00:39:53
48	538	FERNANDO JANEIRO	M	42	M4044	9	BV MONTEMOR NOVO	00:40:04
49	537	JOAO RODRIGUES	M	41	M4044	10	BV MONTEMOR NOVO	00:40:04
50	377	NELSON SERRÃO	M	28	M2034	18	JUVENTUDE AC	00:40:11
51	627	ANA C DIAS	F	21	F2034	2	NDC ODEMIRA	00:40:13
52	424	RICARDO FERREIRA	M	32	M2034	19	AABV-LAGOA-ALGARVE	00:40:13
53	493	SAMUEL RODRIGUES	M	19	M0019	4	C BENFICA ALG MEM MARTINS	00:40:14
54	376	NUNO PEREIRA	M	40	M4044	11	JUVENTUDE AC	00:40:22
55	590	FERNANDO MESTRE	M	42	M4044	12	GDR S FRANCISCO SERRA	00:40:25
56	394	EDUARDO MONTINHOS	M	40	M4044	13	UDCB-TERRAS DE BARRO	00:40:30
57	487	PEDRO CARRASQUEIRA	M	35	M3539	5	C BENFICA ALG MEM MARTINS	00:40:37
58	461	LUIS BRITO	M	39	M3539	6	AC SAMBRASENSE	00:40:40
59	445	JOÃO BARBOSA	M	55	M5559	2	PADEL CLUBE VR STO ANTÓNIO	00:40:42
60	80	PAULO PINTO	M	43	M4044	14	CA AMIGOS PARQUE PAZ	00:40:43
61	456	EDGAR MARTINS	M	33	M2034	20	AC SAMBRASENSE	00:40:49
62	695	ARMANDO CORREIA	M	34	M2034	21	SC CASINHOS	00:40:51
63	41	LUIS C A MESQUITA	M	41	M4044	15	INDIVIDUAL	00:40:54
64	330	MANUEL COSTA	M	60	M6064	2	METRO 2011	00:40:58
65	730	ANTONIO SILVESTRE	M	50	M5054	5	SSTM ODMIRA	00:41:00
66	587	EMANUEL DIOGO	M	26	M2034	22	GDR S FRANCISCO SERRA	00:41:02
67	593	HUGO GONÇALVES	M	28	M2034	23	GDR S FRANCISCO SERRA	00:41:02
68	290	LUÍS CORTINHAS	M	35	M3539	7	SÓ RIR	00:41:03
69	563	JOAO P PAIXAO	M	45	M4549	9	CCR ALTO MOINHO	00:41:06
70	331	NUNO PITA	M	40	M4044	16	METRO 2011	00:41:07
71	350	IOAN MARIUS	M	34	M2034	24	C BENFICA ALG MEM MARTINS	00:41:09
72	333	JOÃO OLIVEIRA	M	40	M4044	17	METRO 2011	00:41:21
73	354	RUI CASTILHO	M	22	M2034	25	C BENFICA ALG MEM MARTINS	00:41:22
74	573	RUBEN FONSECA	M	32	M2034	26	GEOTRILHO	00:41:31
75	494	DIOGO SANTOS	M	19	M0019	5	C BENFICA ALG MEM MARTINS	00:41:33
76	725	JORGE AUGUSTO	M	33	M2034	27	N S MOURA	00:41:34
77	503	ANTÓNIO PARREIRA	M	60	M6064	3	NARM MESSEJANA	00:41:38
78	165	AGOSTINHO GONCALVES	M	57	M5559	3	C SARGENTO ARMADA	00:41:39
79	570	ALBERTO RODRIGUES	M	56	M5559	4	CCR ALTO MOINHO	00:41:43
80	111	ANTÓNIO MASSANO	M	33	M2034	28	C BENFICA SEIXAL	00:41:46
81	372	VITOR SANTOS	M	32	M2034	29	JUVENTUDE AC	00:41:49
82	643	DANIEL F MACHADO	M	37	M3539	8	TE RUNNERS	00:41:52
83	375	FLÁVIO PINELA	M	35	M3539	9	JUVENTUDE AC	00:41:57
84	451	LEONEL CRISTINA	M	51	M5054	6	AC SAMBRASENSE	00:42:00
85	502	DUARTE FORTES	M	17	M0019	6	NARM MESSEJANA	00:42:04
86	455	MIGUEL DOMINGOS	M	48	M4549	10	AC SAMBRASENSE	00:42:07
87	612	LILIANA VERISSIMO	F	29	F2034	3	SAPEIRA TEAM - ALGARVE	00:42:10
88	446	MARCO NENÉ	M	41	M4044	18	PADEL CLUBE VR STO ANTÓNIO	00:42:13

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
89	674	HUGO GAUDÊNCIO	M	43	M4044	19	GINÁSIO C BRAGANÇA	00:42:14
90	412	PEDRO ONOFRE	M	55	M5559	5	AABV-LAGOA-ALGARVE	00:42:16
91	365	JOÃO FRAGOSO	M	30	M2034	30	GDC PORTOS SINES ALGARVE	00:42:33
92	592	FRANCISCO CARMO	M	45	M4549	11	GDR S FRANCISCO SERRA	00:42:38
93	626	LICINIO MATOS	M	33	M2034	31	NDC ODEMIRA	00:42:38
94	133	CARLOS MATIAS	M	28	M2034	32	LORDSHILL ROAD RUNNERS	00:42:38
95	476	JORGE F Á D FONTES	M	55	M5559	6	BEJA AC	00:42:41
96	216	IURI LEANDRO	M	19	M0019	7	VITÓRIA FC	00:42:43
97	358	JOÃO COVAS	M	56	M5559	7	C BENFICA ALG MEM MARTINS	00:42:52
98	545	JOSE CARAVELA	M	56	M5559	8	BV MONTEMOR NOVO	00:42:53
99	192	FABIO SILVA	M	29	M2034	33	INDIVIDUAL	00:42:54
100	628	ANA LOURENÇO	F	32	F2034	4	NDC ODEMIRA	00:42:54
101	6	MÁRIO CAETANO	M	47	M4549	12	CABRAS DOIDAS	00:42:56
102	572	FRANCISCO TORRINHA	M	52	M5054	7	GDC CRUZ PICADA	00:42:58
103	238	JOÃO SOARES	M	62	M6064	4	C BENFICA ALG MEM MARTINS	00:43:03
104	98	RAFAEL SILVA	M	37	M3539	10	PENICHE@CORRER	00:43:04
105	145	PETER STEINHAUSEN	M	64	M6064	5	STEINHAUSEN	00:43:05
106	447	LUÍS SALAS	M	40	M4044	20	PADEL CLUBE VR STO ANTÓNIO	00:43:08
107	388	JOSE M C DIONISIO	M	58	M5559	9	CCR ALTO MOINHO	00:43:11
108	561	AMELIA COSTA	F	50	F5054	1	CCR ALTO MOINHO	00:43:12
109	316	DINIS CARTAS	M	34	M2034	34	C BENFICA ALG MEM MARTINS	00:43:16
110	541	ANTONIO MALHAO	M	48	M4549	13	BV MONTEMOR NOVO	00:43:21
111	44	RUI FILIPE	M	52	M5054	8	OS ZATOPEQUES	00:43:23
112	585	JOÃO MARQUES	M	36	M3539	11	CCD TRANQUILIDADE	00:43:26
113	254	FERNANDO ROSETE	M	46	M4549	14	RUN 4 FUN	00:43:28
114	364	FÁBIO JESUS	M	29	M2034	35	GDC PORTOS SINES ALGARVE	00:43:31
115	544	ANTONIO GASPAR	M	55	M5559	10	BV MONTEMOR NOVO	00:43:34
116	360	GONÇALO SANTOS	M	42	M4044	21	GDC PORTOS SINES ALGARVE	00:43:34
117	415	ANTÓNIO FERREIRA	M	49	M4549	15	AABV-LAGOA-ALGARVE	00:43:36
118	378	BRUNO GAMITO	M	32	M2034	36	JUVENTUDE AC	00:43:37
119	413	DIONISIO BAPTISTA	M	54	M5054	9	AABV-LAGOA-ALGARVE	00:43:40
120	236	JOÃO SANTOS	M	56	M5559	11	C BENFICA ALG MEM MARTINS	00:43:41
121	665	JOSE NUNES	M	23	M2034	37	A NATUREZA ENSINA	00:43:43
122	186	ANTÓNIO CAMACHO	M	61	M6064	6	VITÓRIA FC	00:43:44
123	88	HELDER FAIA	M	41	M4044	22	CP EDP SINES	00:43:46
124	379	RUI GAMITO	M	34	M2034	38	JUVENTUDE AC	00:43:48
125	280	ANDRÉ AFONSO	M	27	M2034	39	INDIVIDUAL	00:43:49
126	523	JOAQUIM LOPES	M	53	M5054	10	CCDP PINHEIRO CRUZ	00:43:49
127	430	CARLOS FORTUNATO	M	55	M5559	12	VALEJAS AC	00:43:52
128	351	JOÃO AFONSO	M	47	M4549	16	C BENFICA ALG MEM MARTINS	00:44:02
129	170	FILIPA SILVA	F	34	F2034	5	VILLAGE RUNNERS	00:44:19
130	403	HUMBERTO BARROS	M	34	M2034	40	KANINOS	00:44:20
131	611	ISABEL GONÇALVES	F	32	F2034	6	SAPEIRA TEAM - ALGARVE	00:44:28
132	113	PAULO GONÇALVES	M	48	M4549	17	AMIGOS A AVIS	00:44:30

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
133	509	AMÂNDIO GOUVEIA	M	40	M4044	23	ADC CATUJAL	00:44:32
134	542	HELIODORO ARRANJA	M	45	M4549	18	BV MONTEMOR NOVO	00:44:32
135	349	LUIS P FERREIRA	M	39	M3539	12	C BENFICA ALG MEM MARTINS	00:44:34
136	622	ALCINO ALMEIDA	M	58	M5559	13	C BENFICA ALG MEM MARTINS	00:44:35
137	188	AURÉLIO ANDORINHA	M	42	M4044	24	VITÓRIA FC	00:44:43
138	620	NARCISO SÁ	M	50	M5054	11	C BENFICA ALG MEM MARTINS	00:44:44
139	137	NELSON COSTA	M	47	M4549	19	NA PAPAGAIOS CASCAIS	00:44:50
140	656	LUÍS M R MATOS	M	43	M4044	25	AA FC ALBERNOENSE	00:44:53
141	408	JOSÉ JARMELA	M	51	M5054	12	NAZ ABOBODA	00:44:55
142	469	AUGUSTO ARAGÃO	M	27	M2034	41	GD STACRUZLITORALMOTORS.PT	00:44:58
143	407	JOÃO MENDES	M	41	M4044	26	FCA	00:45:04
144	530	ANTONIO RIBEIRO	M	45	M4549	20	CCDP PINHEIRO CRUZ	00:45:06
145	418	JORGE REIS	M	46	M4549	21	AABV-LAGOA-ALGARVE	00:45:13
146	153	JOSÉ GORDILHO	M	52	M5054	13	CAA BELÉM	00:45:13
147	321	LUÍS PEREIRA	M	36	M3539	13	INDIVIDUAL	00:45:14
148	260	JOAQUIM RODRIGUES	M	37	M3539	14	TARTARUGAS SOLIDÁRIAS	00:45:19
149	485	HUGO BORGES	M	33	M2034	42	C BENFICA ALG MEM MARTINS	00:45:19
150	512	PEDRO FILIPE	M	35	M3539	15	CAA BELEM	00:45:25
151	43	PAULO BASÍLIO	M	48	M4549	22	OS ZATOPEQUES	00:45:31
152	710	FRANCISCO CARVALHO	M	36	M3539	16	ALPHAFITNESS	00:45:32
153	312	CARLOS FERNANDES	M	28	M2034	43	C BENFICA ALG MEM MARTINS	00:45:35
154	282	ÁLVARO BEIJINHA	M	40	M4044	27	INDIVIDUAL	00:45:36
155	191	PAULO J S CAVALINHOS	M	39	M3539	17	VEOLIA	00:45:37
156	653	ALBERTINO PACHECO	M	52	M5054	14	JUVENTUDE AC	00:45:38
157	474	PEDRO OLIVEIRA	M	46	M4549	23	INDIVIDUAL	00:45:39
158	283	MAURO PIMENTA	M	40	M4044	28	INDIVIDUAL	00:45:40
159	480	JOÃO SANTOS	M	39	M3539	18	CUCA	00:45:41
160	136	JOSÉ CARLOS	M	53	M5054	15	NA PAPAGAIOS CASCAIS	00:45:42
161	306	LUIS CHAINHO	M	38	M3539	19	OS KOTAS	00:45:44
162	121	CARLOS PALAS	M	56	M5559	14	CR CRUZ PAU	00:45:49
163	215	NUNO PORTO	M	51	M5054	16	VITÓRIA FC	00:45:50
164	336	JOSÉ BOUCEIRO	M	51	M5054	17	ADCR PJ	00:45:50
165	64	PAULO CRAVEIRO	M	39	M3539	20	JATAPANHO	00:45:53
166	167	ANTÓNIO CERDEIRA	M	59	M5559	15	C SARGENTO ARMADA	00:45:54
167	84	ANTÓNIO MAURÍCIO	M	64	M6064	7	CP EDP SINES	00:45:56
168	352	JOSÉ INOCÊNCIO	M	64	M6064	8	C BENFICA ALG MEM MARTINS	00:45:59
169	332	NUNO AZEVEDO	M	38	M3539	21	METRO 2011	00:46:12
170	736	CARLOS GUERREIRO	M	43	M4044	29		00:46:12
171	566	LUIS HENRIQUES	M	54	M5054	18	CCR ALTO MOINHO	00:46:15
172	99	CARLOS LIMA	M	45	M4549	24	A NATUREZA ENSINA	00:46:16
173	434	AMERICO SANTOS	M	58	M5559	16	A NATUREZA ENSINA	00:46:19
174	220	JORGE GALUFO	M	38	M3539	22	INDIVIDUAL	00:46:21
175	589	FERNANDO BEIJINHA	M	66	M6569	1	GDR S FRANCISCO SERRA	00:46:29
176	298	HENRIQUE RAFAEL	M	41	M4044	30	OS KOTAS	00:46:31

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
177	540	ANTONIO CAEIRO	M	48	M4549	25	BV MONTEMOR NOVO	00:46:32
178	37	GONÇALO SEROMENHO	M	34	M2034	44	INDIVIDUAL	00:46:38
179	252	RUBÉN CORREIA	M	39	M3539	23	AC SAMBRASENSE	00:46:44
180	129	RUI PANÇA	M	44	M4044	31	C BENFICA SEIXAL	00:46:46
181	636	JÚLIO REIS	M	43	M4044	32	CÂMARA LISBOA CLUBE	00:46:47
182	142	ANTÓNIO J MOREIRA	M	43	M4044	33	CA SEIA	00:46:50
183	295	BRUNO MALHEIRO	M	37	M3539	24	INDIVIDUAL	00:46:52
184	495	PAULO HENRIQUES	M	46	M4549	26	INDIVIDUAL	00:46:53
185	208	ANA VIEIRA	F	41	F4044	1	C BENFICA SEIXAL	00:46:55
186	584	RICARDO FARIA	M	36	M3539	25	INDIVIDUAL	00:46:55
187	673	ANTÓNIO LOPES	M	48	M4549	27	INDIVIDUAL	00:46:57
188	716	RAFAEL JUNQUEIRA	M	28	M2034	45	ALPHAFITNESS	00:46:59
189	448	JOSÉ CARLOTA	M	46	M4549	28	PADEL CLUBE VR STO ANTÓNIO	00:47:04
190	95	FERNANDO COSTA	M	52	M5054	19	AMIGOS A AVIS	00:47:05
191	630	ILIDIO CAMPOS	M	56	M5559	17	NDC ODEMIRA	00:47:08
192	148	HILARIO TORRES	M	57	M5559	18	RUN 4 FUN	00:47:08
193	269	ALVARO P OLIVEIRA	M	47	M4549	29	INDIVIDUAL	00:47:13
194	242	VITOR SILVA	M	50	M5054	20	C BENFICA ALG MEM MARTINS	00:47:14
195	314	ANTÓNIO COELHO	M	60	M6064	9	C BENFICA ALG MEM MARTINS	00:47:14
196	707	PEDRO TIAGO	M	36	M3539	26	ALPHAFITNESS	00:47:15
197	227	ARSENIO FERNANDES	M	60	M6064	10	CA AMIGOS PARQUE PAZ	00:47:16
198	363	JOÃO SANTOS	M	39	M3539	27	GDC PORTOS SINES ALGARVE	00:47:17
199	289	RENÉ DUARTE	M	66	M6569	2	C BENFICA SEIXAL	00:47:21
200	647	JOAO NOGUEIRA	M	40	M4044	34	OS KOTAS	00:47:22
201	608	LUIS FERREIRA	M	48	M4549	30	INDIVIDUAL	00:47:27
202	714	NUNO MARTINHO	M	40	M4044	35	ALPHAFITNESS	00:47:28
203	417	JOÃO BORBA	M	48	M4549	31	AABV-LAGOA-ALGARVE	00:47:29
204	172	NÉLSON MOTA	M	46	M4549	32	AÇOREANA	00:47:29
205	120	PAULO FERRO	M	43	M4044	36	CR CRUZ PAU	00:47:31
206	439	FLORBELA BARROS	F	43	F4044	2	A NATUREZA ENSINA	00:47:31
207	436	DAVID ROSA	M	40	M4044	37	A NATUREZA ENSINA	00:47:33
208	189	LILIANA I F FILIPE	F	33	F2034	7	JD ALMANSOR	00:47:34
209	173	JOÃO P C M A SILVA	M	35	M3539	28	SAMORUNNING	00:47:34
210	302	ANTONIO PARREIRA	M	58	M5559	19	OS KOTAS	00:47:34
211	631	VITOR DIAS	M	44	M4044	38	NDC ODEMIRA	00:47:36
212	74	CARLOS COELHO	M	56	M5559	20	CA AMIGOS PARQUE PAZ	00:47:37
213	672	GUILHERME ALVES	M	26	M2034	46	JUVENTUDE AC	00:47:39
214	272	ANA PEREIRA	F	46	F4549	1	A NATUREZA ENSINA	00:47:41
215	535	ALEXANDRE SERRANO	M	21	M2034	47	BV MONTEMOR NOVO	00:47:45
216	414	JOÃO RIBEIRO	M	53	M5054	21	AABV-LAGOA-ALGARVE	00:47:47
217	344	JORGE ROCHA	M	39	M3539	29	AA AVIS	00:47:47
218	288	NUNO ATHAYDE	M	42	M4044	39	CA AMIGOS PARQUE PAZ	00:47:49
219	278	ANDRÉ F P PINHO	M	33	M2034	48	INDIVIDUAL	00:47:49
220	411	ARLINDO NASCIMENTO	M	58	M5559	21	AABV-LAGOA-ALGARVE	00:47:52

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
221	48	JOSE MONTEIRO	M	59	M5559	22	OS ZATOPEQUES	00:47:53
222	486	JOÃO GASPAR	M	28	M2034	49	C BENFICA ALG MEM MARTINS	00:47:55
223	638	LICÍNIO FIDALGO	M	56	M5559	23	CÂMARA LISBOA CLUBE	00:47:57
224	380	HÉLDER GUERREIRO	M	39	M3539	30	JUVENTUDE AC	00:47:57
225	366	NUNO VENTURA	M	22	M2034	50	GDC PORTOS SINES ALGARVE	00:47:57
226	294	LUIS MALHEIRO	M	38	M3539	31	INDIVIDUAL	00:47:59
227	348	JOSE ALVES	M	67	M6569	3	C BENFICA ALG MEM MARTINS	00:47:59
228	32	CARLOS LOPES	M	41	M4044	40	AMINHACORRIDA/ KALENJI	00:48:06
229	712	NUNO GANCHINHO	M	32	M2034	51	ALPHAFITNESS	00:48:14
230	199	MÁRIO MARTINS	M	48	M4549	33	C PEDRO PESSOA ESC ATLETISMO	00:48:16
231	10	JOSE M RUIZ	M	48	M4549	34	ADS EXT NATURAL MONTEXNA	00:48:17
232	284	TIAGO HENRIQUES	M	36	M3539	32	INDIVIDUAL	00:48:20
233	166	FRANCISCO CURTINHA	M	58	M5559	24	C SARGENTO ARMADA	00:48:21
234	337	VIRGILIO OLIVEIRA	M	55	M5559	25	ADCR PJ	00:48:21
235	460	MANUEL FAISCA	M	71	M7099	1	AC SAMBRASENSE	00:48:23
236	470	PAULO DÂMASO	M	20	M2034	52	GD STACRUZLITORALMOTORS.PT	00:48:32
237	649	ANTONIO SEROMENHO	M	57	M5559	26	INDIVIDUAL	00:48:34
238	109	RENATO CRISTINA	M	43	M4044	41	C BENFICA SEIXAL	00:48:40
239	52	RICARDO L ALVES	M	33	M2034	53	C BENFICA SEIXAL	00:48:40
240	214	JOSÉ C H CARDOSO	M	55	M5559	27	INDIVIDUAL	00:48:43
241	190	HILARIO CARDOSO	M	54	M5054	22	INDIVIDUAL	00:48:44
242	131	SILVÉRIO CORREIA	M	49	M4549	35	2 SPEED AND 2 BIFANAS	00:48:49
243	147	ANTONIO S VIEIRA	M	67	M6569	4	INDIVIDUAL	00:48:53
244	163	JOSÉ GOUVEIA	M	48	M4549	36	C SARGENTO ARMADA	00:48:55
245	565	JOAO P MARQUES	M	54	M5054	23	CCR ALTO MOINHO	00:49:03
246	679	ANTONIA JORDAO	F	38	F3539	1	SFUAP	00:49:05
247	547	ABILIO CATARRO	M	59	M5559	28	BV MONTEMOR NOVO	00:49:05
248	548	AGOSTINHO PINTO	M	60	M6064	11	BV MONTEMOR NOVO	00:49:05
249	553	JOAO ROMEIRAS	M	28	M2034	54	BV MONTEMOR NOVO	00:49:17
250	307	MIGUEL SILVA	M	35	M3539	33	OS KOTAS	00:49:18
251	520	ORLINDO FIGUEIREDO	M	68	M6569	5	SS CGD	00:49:19
252	123	RICARDO BONANCIO	M	41	M4044	42	CR CRUZ PAU	00:49:20
253	201	HUGO MONTEIRO	M	31	M2034	55	OS BRAVOS	00:49:22
254	317	PEDRO BRÁS	M	40	M4044	43	B(13)X CROSSFIT ENDURANCE	00:49:23
255	728	FLORINDO SILVA	M	60	M6064	12	AMINHACORRIDA/KALENJI	00:49:32
256	505	ROGERIO FARIA	M	34	M2034	56	PENICHE@CORRER	00:49:33
257	42	JOSÉ MORAIS	M	54	M5054	24	OS ZATOPEQUES	00:49:36
258	393	ANDRE SERRANO	M	24	M2034	57	UDCB-TERRAS DE BARRO	00:49:36
259	392	JOÃO BAIÃO	M	46	M4549	37	UDCB-TERRAS DE BARRO	00:49:37
260	625	JOSE FERREIRA	M	72	M7099	2	NDC ODEMIRA	00:49:39
261	528	VERISSIMO PEREIRA	M	45	M4549	38	CCDP PINHEIRO CRUZ	00:49:44
262	428	DANIEL FERNANDES	M	20	M2034	58	AABV-LAGOA-ALGARVE	00:49:50
263	371	TIAGO PAULO	M	42	M4044	44	GDC PORTOS SINES ALGARVE	00:49:52
264	274	RUI FREITAS	M	37	M3539	34	FABREGAS TEAM	00:49:55

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
265	162	HENRIQUE ALVAREDO	M	58	M5559	29	C SARGENTO ARMADA	00:50:00
266	385	JOÃO NUNES	M	31	M2034	59	JUVENTUDE AC	00:50:02
267	450	RITA RODRIGUES	F	22	F2034	8	GAFANHORI	00:50:02
268	46	JOÃO SILVA	M	58	M5559	30	OS ZATOPEQUES	00:50:03
269	171	JOSÉ MÁRIO COSTA	M	37	M3539	35	VILLAGE RUNNERS	00:50:07
270	370	FERNANDA MARTINS	F	51	F5054	2	GDC PORTOS SINES ALGARVE	00:50:08
271	591	FERNANDO SOBRAL	M	58	M5559	31	GDR S FRANCISCO SERRA	00:50:08
272	297	PAULO MIGUEL	M	43	M4044	45	OS KOTAS	00:50:09
273	53	JOSÉ ALVES	M	66	M6569	6	SS CGD	00:50:17
274	607	RUI RAPOSO	M	48	M4549	39	HERBALIFE NUTRICION	00:50:18
275	670	CARLOS SILVA	M	52	M5054	25	CCD CRÉDITO AGRÍCOLA MÚTUO	00:50:19
276	467	HUGO LÁZARO	M	32	M2034	60	B(13)X CROSSFIT ENDURANCE	00:50:25
277	687	CARLOS GONÇALVES	M	52	M5054	26	SFUAP	00:50:27
278	320	PAULO ROCHA	M	39	M3539	36	INDIVIDUAL	00:50:28
279	25	ARTUR SOARES	M	43	M4044	46	SPEEDRUNNERS	00:50:29
280	26	CARLA SANTOS	F	46	F4549	2	SPEEDRUNNERS	00:50:29
281	596	LUÍS GONÇALVES	M	41	M4044	47	GDR S FRANCISCO SERRA	00:50:29
282	602	TITO PEREIRA	M	34	M2034	61	GDR S FRANCISCO SERRA	00:50:29
283	719	ANTÓNIO CUSTÓDIO	M	56	M5559	32	ALPHAFITNESS	00:50:30
284	340	GILBERTO FILIPE	M	43	M4044	48	INDIVIDUAL	00:50:31
285	270	MIGUEL SILVA	M	35	M3539	37	INDIVIDUAL	00:50:35
286	717	PEDRO GUIMARÃES	M	43	M4044	49	ALPHAFITNESS	00:50:37
287	705	PEDRO CORDEIRO	M	34	M2034	62	ALPHAFITNESS	00:50:38
288	464	SILVESTRE SANTOS	M	33	M2034	63	SLS	00:50:41
289	500	GONÇALO GAMITO	M	30	M2034	64	JUVENTUDE AC	00:50:42
290	126	RODOLFO CARNEIRO	M	27	M2034	65	JOÃO CARNEIRO SAD	00:50:45
291	96	PAULO CARDIM	M	42	M4044	50	A DANIEL CALDEIRA	00:50:47
292	218	DIOGO SILVEIRO	M	20	M2034	66	INDIVIDUAL	00:50:49
293	457	RUI BENGALITA	M	68	M6569	7	AC SAMBRASENSE	00:50:51
294	57	JORGE M S CARREIRAS	M	49	M4549	40	INDIVIDUAL	00:50:54
295	122	RUI PINTO	M	50	M5054	27	CR CRUZ PAU	00:50:55
296	440	ANTÓNIO LANÇA	M	57	M5559	33	FC ALVALADENSE	00:51:00
297	301	JOAQUIM SANTANA	M	32	M2034	67	OS KOTAS	00:51:01
298	686	PAULO COSTA	M	49	M4549	41	SFUAP	00:51:04
299	666	ANA M BARAO	F	41	F4044	3	CCR ALTO MOINHO	00:51:05
300	443	FELICIANO GUTIERRES	M	67	M6569	8	PADEL CLUBE VR STO ANTÓNIO	00:51:05
301	63	MONICA CASTILHO	F	32	F2034	9	JATAPANHO	00:51:06
302	706	JOÃO FARINHA	M	23	M2034	68	ALPHAFITNESS	00:51:06
303	61	NELSON SILVA	M	35	M3539	38	JATAPANHO	00:51:06
304	60	TIAGO RAIMUNDO	M	36	M3539	39	JATAPANHO	00:51:07
305	94	MANUEL SARAIVA	M	54	M5054	28	AMIGOS A AVIS	00:51:18
306	35	JOAQUIM VEIGA	M	41	M4044	51	CORRIDAS E COMIDAS	00:51:22
307	130	RUI VIEIRA	M	41	M4044	52	INDIVIDUAL	00:51:24
308	497	JOSÉ MATIAS	M	42	M4044	53	SINES CROSSTRaining	00:51:26

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
309	152	AMÍLCAR RIBEIRAL	M	67	M6569	9	CAA BELÉM	00:51:31
310	18	IVAN RAMOS	M	32	M2034	69	CCDP MUN CASCAIS	00:51:37
311	273	LUIS PIRES	M	48	M4549	42	CA AMIGOS PARQUE PAZ	00:51:38
312	437	FILIPA FERNANDES	F	33	F2034	10	A NATUREZA ENSINA	00:51:38
313	203	PAULO CASIMIRO	M	44	M4044	54	B(13)X CROSSFIT ENDURANCE	00:51:46
314	251	PEDRO ALVES	M	44	M4044	55	INDIVIDUAL	00:51:54
315	655	PEDRO G M JONAS	M	24	M2034	70	AA FC ALBERNOENSE	00:51:55
316	308	RUI GONÇALVES	M	48	M4549	43	OS KOTAS	00:51:58
317	613	JOAQUIM RUIVO	M	42	M4044	56	INDIVIDUAL	00:51:59
318	87	DAVID ROSA	M	30	M2034	71	CP EDP SINES	00:52:02
319	452	PAULO SANTOS	M	49	M4549	44	AC SAMBRASENSE	00:52:02
320	303	ANDRÉ GANHÃO	M	22	M2034	72	OS KOTAS	00:52:03
321	504	VIOREL SZTAN	M	41	M4044	57	PENICHE@CORRER	00:52:04
322	81	JOSÉ MARIA	M	49	M4549	45	FAROL D AVENTURA	00:52:05
323	507	CESAR GONÇALVES	M	43	M4044	58	ADC CATUJAL	00:52:09
324	296	PAULO CARÔCO	M	35	M3539	40	FAIÃO RUNNING TEAM	00:52:10
325	11	ALBERTO ABREU	M	48	M4549	46	CCDP MUN CASCAIS	00:52:11
326	5	CARLOS PENA	M	47	M4549	47	CORRER POR GOSTO	00:52:12
327	536	RUI SOARES	M	28	M2034	73	BV MONTEMOR NOVO	00:52:14
328	225	MARCO CARVALHO	M	39	M3539	41	INDIVIDUAL	00:52:15
329	574	MIGUEL ROQUE	M	45	M4549	48	CA AMIGOS PARQUE PAZ	00:52:15
330	688	PEDRO CUNHA	M	43	M4044	59	SFUAP	00:52:17
331	569	MANUEL CLEMENTE	M	67	M6569	10	CCR ALTO MOINHO	00:52:17
332	690	RUI SILVA	M	65	M6569	11	SFUAP	00:52:18
333	66	ANA P LIMA	F	43	F4044	4	CA AMIGOS PARQUE PAZ	00:52:20
334	383	DIOGO EUSÉBIO	M	26	M2034	74	JUVENTUDE AC	00:52:21
335	552	MIGUEL VARELA	M	33	M2034	75	BV MONTEMOR NOVO	00:52:21
336	262	CARLOS MATOS	M	56	M5559	34	INDIVIDUAL	00:52:21
337	89	PAULO CLEMENTE	M	36	M3539	42	CP EDP SINES	00:52:24
338	175	JOÃO PEIXOTO	M	42	M4044	60	CP EDP SINES	00:52:26
339	508	ALMERINDO SILVA	M	57	M5559	35	ADC CATUJAL	00:52:26
340	108	LUÍS CONCEIÇÃO	M	56	M5559	36	CCRD BURINHOSA	00:52:29
341	732	JOSE AGOSTINHO	M	54	M5054	29	MUNDO VERDE	00:52:31
342	244	JOAQUIM COSTA	M	65	M6569	12	C BENFICA ALG MEM MARTINS	00:52:36
343	240	JOSE PIÇARRA	M	59	M5559	37	C BENFICA ALG MEM MARTINS	00:52:37
344	79	JOÃO GAMA	M	45	M4549	49	CA AMIGOS PARQUE PAZ	00:52:40
345	682	LUCIANA ALMEIDA	F	37	F3539	2	SFUAP	00:52:40
346	334	FRANCISCO PLÍNIO	M	60	M6064	13	METRO 2011	00:52:48
347	483	LEONEL CABRITA	M	38	M3539	43	INDIVIDUAL	00:52:50
348	382	RUI BRÁS	M	32	M2034	76	INDIVIDUAL	00:52:53
349	442	NUNO MARTINS	M	42	M4044	61	INDIVIDUAL	00:52:54
350	176	JÚLIO MARTINS	M	59	M5559	38	CP EDP SINES	00:52:56
351	285	DALILA MARIA	F	46	F4549	3	INDIVIDUAL	00:52:56
352	77	JOÃO NUNES	M	50	M5054	30	CONDOR RUNNERS	00:52:57

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
353	669	RUI FARIA	M	32	M2034	77	B(13)X CROSSFIT ENDURANCE	00:52:57
354	7	FERREIRA DUARTE	M	52	M5054	31	INDIVIDUAL	00:53:02
355	160	MAGNIFICA ALVAREDO	F	61	F6099	1	C SARGENTO ARMADA	00:53:03
356	699	DAVID CHARRINHO	M	33	M2034	78	SC CASAINHOS	00:53:04
357	229	JANETE MORAIS	F	29	F2034	11	TARTARUGAS SOLIDÁRIAS	00:53:08
358	546	MANUEL ANTONIO	M	57	M5559	39	BV MONTEMOR NOVO	00:53:13
359	720	FÁTIMA ROQUE	F	45	F4549	4	ALPHAFITNESS	00:53:16
360	319	SUSANA CARVALHO	F	31	F2034	12	INDIVIDUAL	00:53:17
361	346	ANTONIO CORDEIRO	M	63	M6064	14	AA AVIS	00:53:18
362	325	IVO SILVA	M	66	M6569	13	INDIVIDUAL	00:53:20
363	185	LUÍS CRUZ	M	45	M4549	50	VITÓRIA FC	00:53:21
364	237	LUCIO MORAIS	M	56	M5559	40	C BENFICA ALG MEM MARTINS	00:53:32
365	526	ELISIO ALBERTO	M	58	M5559	41	CCDP PINHEIRO CRUZ	00:53:38
366	433	PAULO FOLGADO	M	48	M4549	51	A NATUREZA ENSINA	00:53:42
367	384	RAFAEL OLIVEIRA	M	23	M2034	79	JUVENTUDE AC	00:53:47
368	444	SEAN COONEY	M	75	M7099	3	PADEL CLUBE VR STO ANTÓNIO	00:53:52
369	629	MARIA DIAS	F	39	F3539	3	NDC ODEMIRA	00:53:54
370	305	JAIME COSTA	M	34	M2034	80	OS KOTAS	00:54:01
371	114	ANA MARQUES	F	33	F2034	13	2RUN	00:54:03
372	579	PEDRO PEREIRA	M	36	M3539	44	GD STACRUZLITORALMOTORS.PT	00:54:04
373	471	TIAGO GOMES	M	23	M2034	81	GD STACRUZLITORALMOTORS.PT	00:54:04
374	722	DAVID VIDIGAL	M	18	M0019	8	ALPHAFITNESS	00:54:04
375	19	JULIO MEIRELES	M	64	M6064	15	CCDP MUN CASCAIS	00:54:06
376	195	INÊS F BRITO	F	26	F2034	14	CA AMIGOS PARQUE PAZ	00:54:08
377	473	SANTRA NUNES	F	39	F3539	4	GD STACRUZLITORALMOTORS.PT	00:54:09
378	265	SEVERINO CRUZ	M	53	M5054	32	INDIVIDUAL	00:54:12
379	697	RODRIGO OLIVEIRA	M	66	M6569	14	SC CASAINHOS	00:54:21
380	168	ALBANO GINJA	M	60	M6064	16	C SARGENTO ARMADA	00:54:24
381	515	ANTONIO NEGRINHO	M	52	M5054	33	SS CGD	00:54:30
382	207	NUNO M S C PACHECO	M	32	M2034	82	JUVENTUDE AC	00:54:34
383	83	JOÃO ALMEIDA	M	57	M5559	42	CP EDP SINES	00:54:35
384	398	MARIA MESTRE	F	53	F5054	3	UDCB-TERRAS DE BARRO	00:54:43
385	339	FERNANDO J P FARINHA	M	55	M5559	43	INDIVIDUAL	00:54:43
386	560	ROSA AFONSO	F	49	F4549	5	CCR ALTO MOINHO	00:54:43
387	568	AURELIO FERNANDES	M	61	M6064	17	CCR ALTO MOINHO	00:54:47
388	345	JOAO CATELA	M	44	M4044	62	AA AVIS	00:54:47
389	291	NUNO GALVÃO	M	53	M5054	34	SIMECQ	00:54:48
390	329	RAFAEL SANTOS	M	49	M4549	52	METRO 2011	00:54:51
391	462	SÓNIA BRITO	F	38	F3539	5	AC SAMBRASENSE	00:54:53
392	135	MANUEL SOBRAL	M	71	M7099	4	CA AMIGOS PARQUE PAZ	00:54:54
393	575	LUÍS FILIPE	M	24	M2034	83	B(13) X CROSSFIT ENDURANCE	00:54:58
394	328	MANUEL J Q PEREIRA	M	34	M2034	84	INDIVIDUAL	00:54:59
395	134	AGAPITO COSTA	M	65	M6569	15	CA AMIGOS PARQUE PAZ	00:55:02
396	315	VANESSA PAIS	F	30	F2034	15	C BENFICA ALG MEM MARTINS	00:55:03

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
397	16	BRUNO SANTOS	M	34	M2034	85	CCDP MUN CASCAIS	00:55:03
398	562	ISAURA PEREIRA	F	59	F5559	1	CCR ALTO MOINHO	00:55:04
399	567	ANTONIO PEREIRA	M	62	M6064	18	CCR ALTO MOINHO	00:55:04
400	112	FILIFE JORGE SILVA	M	55	M5559	44	INDIVIDUAL	00:55:05
401	381	NUNO PEREIRA SERRÃO	M	35	M3539	45	JUVENTUDE AC	00:55:16
402	621	ALEXANDRE REIS	M	55	M5559	45	C BENFICA ALG MEM MARTINS	00:55:19
403	174	MARGARIDA F J B PEDRO	F	52	F5054	4	KOTAS BIKE TEAM	00:55:22
404	549	JOAQUIM FREITAS	M	38	M3539	46	BV MONTEMOR NOVO	00:55:23
405	4	LUIS ROMANEIRO	M	56	M5559	46	CORRIDAS E COMIDAS	00:55:25
406	595	JOSÉ SANTOS	M	53	M5054	35	GDR S FRANCISCO SERRA	00:55:28
407	657	CONCEIÇÃO ALVES	F	54	F5054	5	OS FOFINHOS	00:55:28
408	658	LUISA ALBERTO	F	54	F5054	6	OS FOFINHOS	00:55:28
409	510	ÂNGELA C MENDES	F	32	F2034	16	INDIVIDUAL	00:55:29
410	685	MARIO ALVES	M	60	M6064	19	SFUAP	00:55:31
411	496	GUILHERME REIS	M	31	M2034	86	INDIVIDUAL	00:55:34
412	149	DINIS SILVA	M	54	M5054	36	INDIVIDUAL	00:55:35
413	684	FRANCISCO AIRES	M	65	M6569	16	SFUAP	00:55:36
414	680	FILOMENA JESUS	F	44	F4044	5	SFUAP	00:55:36
415	576	ZECA AFONSO	M	55	M5559	47	CA AMIGOS PARQUE PAZ	00:55:36
416	677	SOFIA TEIXEIRA	F	36	F3539	6	INDIVIDUAL	00:55:36
417	223	CARLOS AMBRÓSIO	M	40	M4044	63	INDIVIDUAL	00:55:37
418	606	NELSON MATEUS	M	34	M2034	87	INDIVIDUAL	00:55:41
419	39	VITOR GONÇALVES	M	46	M4549	53	4 AO KM	00:55:47
420	38	ISADORA COSTA	F	28	F2034	17	4 AO KM	00:55:48
421	326	RICARDO P FERREIRA	M	32	M2034	88	TEAM RH	00:56:01
422	76	ANTÓNIO VENTURA	M	63	M6064	20	CONDOR RUNNERS	00:56:06
423	117	ANTONIO MATEUS	M	73	M7099	5	CR CRUZ PAU	00:56:08
424	709	JOÃO TIAGO	M	29	M2034	89	ALPHAFITNESS	00:56:12
425	519	LUIS BILAU	M	63	M6064	21	SS CGD	00:56:17
426	210	INÊS MELO	F	35	F3539	7	SCALABIS NIGHT RUNNERS	00:56:23
427	702	RUI PIEDADE	M	41	M4044	64	INDIVIDUAL	00:56:24
428	721	FLÁVIO FERREIRA	M	18	M0019	9	ALPHAFITNESS	00:56:36
429	241	NATÁLIA MARCHEVA	F	50	F5054	7	C BENFICA ALG MEM MARTINS	00:56:41
430	708	RAQUEL JUNQUEIRA	F	34	F2034	18	ALPHAFITNESS	00:56:44
431	151	LUIZ ROSA	M	63	M6064	22	CAA BELÉM	00:56:49
432	150	GILBERTO GONÇALVES	M	67	M6569	17	CAA BELÉM	00:57:02
433	13	ANTÓNIO BUGALHO	M	41	M4044	65	CCDP MUN CASCAIS	00:57:07
434	21	PAULA MACHADO	F	61	F6099	2	CCDP MUN CASCAIS	00:57:08
435	40	JOÃO LIMA	M	56	M5559	48	4 AO KM	00:57:10
436	511	MIGUEL RAMOS	M	37	M3539	47	OS ZATOPEQUES	00:57:18
437	36	CARLOS PEREIRA	M	34	M2034	90	INDIVIDUAL	00:57:18
438	731	MARIO CRUZ	M	46	M4549	54	INDIVIDUAL	00:57:19
439	533	ORLANDO CHINA	M	68	M6569	18	INDIVIDUAL	00:57:20
440	116	FRANCISCO FERRO	M	68	M6569	19	CR CRUZ PAU	00:57:21

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
441	179	VERA MATA	F	36	F3539	8	C BENFICA VENDAS NOVAS	00:57:24
442	128	ANTÓNIO POMBINHO	M	59	M5559	49	GLORIOSOS VOADORES	00:57:25
443	3	JOAQUIM F C PINTO	M	57	M5559	50	INDIVIDUAL	00:57:25
444	554	ANTONIO AMARAL	M	43	M4044	66	BV MONTEMOR NOVO	00:57:25
445	200	ALEXANDRE PALMINHA	M	20	M2034	91	INDIVIDUAL	00:57:31
446	369	FERNANDO FRAGATEIRO	M	55	M5559	51	GDC PORTOS SINES ALGARVE	00:57:40
447	65	ALBERTO DOMINGUES	M	44	M4044	67	JATAPANHO	00:57:49
448	582	FILIPE COSTA	M	32	M2034	92	ENCONTRO DIGUARIAS RT	00:57:50
449	581	ANA COSTA	F	30	F2034	19	ENCONTRO DIGUARIAS RT	00:57:51
450	659	JOSÉ BARATA	M	56	M5559	52	INDIVIDUAL	00:57:54
451	217	ALEXANDRINO SILVEIRO	M	60	M6064	23	INDIVIDUAL	00:58:03
452	127	MIGUEL SERRA	M	43	M4044	68	INDIVIDUAL	00:58:04
453	267	SERGIO NUNES	M	41	M4044	69	INDIVIDUAL	00:58:06
454	529	CARLOS AUGUSTO	M	43	M4044	70	CCDP PINHEIRO CRUZ	00:58:08
455	683	MANUELA GONÇALVES	F	48	F4549	6	SFUAP	00:58:08
456	516	FERNANDO ALVES	M	54	M5054	37	SS CGD	00:58:08
457	1	JORGE M G PIRES	M	61	M6064	24	INDIVIDUAL	00:58:10
458	245	MONICA MONTEIRO	F	34	F2034	20	INDIVIDUAL	00:58:13
459	598	NUNO GAMITO	M	38	M3539	48	GDR S FRANCISCO SERRA	00:58:15
460	633	DANIEL ANTUNES	M	54	M5054	38	CÂMARA LISBOA CLUBE	00:58:16
461	219	ADALBERTO GRILO	M	54	M5054	39	RUN 4 FUN	00:58:19
462	9	VIRGINIA FONSECA	F	42	F4044	6	CORRIDAS E COMIDAS	00:58:24
463	30	ALBERTO MONTEIRO	M	44	M4044	71	CORRIDAS E COMIDAS	00:58:24
464	102	CARLOS JESUS	M	65	M6569	20	GDCT REPSOL POLÍMEROS	00:58:29
465	400	ANABELA ESTACIO	F	43	F4044	7	UDCB-TERRAS DE BARRO	00:58:31
466	119	JOSE GONÇALVES	M	74	M7099	6	CR CRUZ PAU	00:58:32
467	29	DINA VIDINHA	F	39	F3539	9	CORRIDAS E COMIDAS	00:58:40
468	28	JOAO VIDINHA	M	43	M4044	72	CORRIDAS E COMIDAS	00:58:40
469	261	ANA MOTA	F	26	F2034	21	INDIVIDUAL	00:58:41
470	341	CARLOS COSTA	M	45	M4549	55	RUN 4 FUN	00:58:43
471	524	RUI PEREIRA	M	48	M4549	56	CCDP PINHEIRO CRUZ	00:58:48
472	532	BRALIA CHAINHO	F	50	F5054	8	CCDP PINHEIRO CRUZ	00:58:49
473	678	JOSÉ C MODESTO	M	45	M4549	57	VITÓRIA FC ERMIDENSE	00:58:51
474	664	CARLOS PARREIRA	M	33	M2034	93	VITÓRIA FC ERMIDENSE	00:58:53
475	600	PEDRO GAMITO	M	39	M3539	49	GDR S FRANCISCO SERRA	00:58:53
476	194	MARCOS FAUSTINO	M	59	M5559	53	CA AMIGOS PARQUE PAZ	00:58:56
477	213	JOSÉ BRITO	M	58	M5559	54	OS BRAVOS	00:58:57
478	632	LUIS M MALVEIRO	M	42	M4044	73	INDIVIDUAL	00:58:58
479	640	JOÃO PEREIRA	M	45	M4549	58	CÂMARA LISBOA CLUBE	00:59:04
480	180	NUNO MOLERO	M	33	M2034	94	INDIVIDUAL	00:59:04
481	100	MANUEL SEQUEIRA	M	65	M6569	21	GDCT REPSOL POLÍMEROS	00:59:05
482	514	ANDRE NORONHA	M	51	M5054	40	SS CGD	00:59:09
483	141	JOSÉ MAGRINHO	M	24	M2034	95	FAROL D AVENTURA	00:59:11
484	619	ARNALDO MACHADO	M	65	M6569	22	C BENFICA ALG MEM MARTINS	00:59:11

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
485	564	PAULO SOARES	M	46	M4549	59	CCR ALTO MOINHO	00:59:12
486	696	ABDURAMANÉ SEIDI	M	40	M4044	74	SC CASAINHOS	00:59:14
487	110	CLÁUDIA MATOS	F	32	F2034	22	C BENFICA SEIXAL	00:59:14
488	660	JOSÉ PINTO	M	40	M4044	75	CM FOREVER	00:59:19
489	662	DAVID PEREIRA	M	20	M2034	96	CM FOREVER	00:59:21
490	255	RUI XAVIER	M	49	M4549	60	CP EDP LISBOA	00:59:24
491	531	FERNANDO SERRAO	M	45	M4549	61	CCDP PINHEIRO CRUZ	00:59:26
492	33	MIRIAM LOPES	F	33	F2034	23	AMINHACORRIDA/ KALENJI	00:59:32
493	34	DULCE GOMES	F	56	F5559	2	AMINHACORRIDA/ KALENJI	00:59:32
494	675	MARIA VENTURINHA	F	38	F3539	10	INDIVIDUAL	00:59:34
495	704	MIGUEL COROA	M	21	M2034	97	COROAS	00:59:47
496	22	PEDRO RAMOS	M	33	M2034	98	CCDP MUN CASCAIS	00:59:50
497	703	RUI COROA	M	52	M5054	41	COROAS	00:59:56
498	82	AURELIO CALADO	M	65	M6569	23	FAROL D AVENTURA	00:59:59
499	31	HENRIQUE VILHENA	M	60	M6064	25	DONINHOS	01:00:05
500	609	CARLOS LUDOVINO	M	40	M4044	76	INDIVIDUAL	01:00:07
501	610	ALEXANDRA PEREIRA	F	38	F3539	11	INDIVIDUAL	01:00:09
502	327	JOAQUIM FRAGOSO	M	66	M6569	24	CCD CASA PIA	01:00:10
503	481	NUNO PÉ-CURTO	M	27	M2034	99	INDIVIDUAL	01:00:13
504	701	NUNO SERRÃO	M	41	M4044	77	SERRAO	01:00:13
505	24	TÂNIA VALENTIM	F	34	F2034	24	CCDP MUN CASCAIS	01:00:15
506	155	PEDRO CRUZ	M	28	M2034	100	INDIVIDUAL	01:00:19
507	644	MARCOS PARREIRA	M	27	M2034	101	JUVENTUDE AC	01:00:20
508	477	CARLOS A CUEPTO	M	56	M5559	55	MALAGUERA RUNERES - ÉVORA	01:00:23
509	691	BARBARA ALMEIDA	F	20	F2034	25	SS CGD	01:00:24
510	637	CARLOS FERREIRA	M	51	M5054	42	CÂMARA LISBOA CLUBE	01:00:34
511	143	FERNANDO FIÃES	M	51	M5054	43	INDIVIDUAL	01:00:42
512	246	JOAO BRAZ	M	36	M3539	50	INDIVIDUAL	01:00:44
513	249	JOSE SARAIVA	M	40	M4044	78	INDIVIDUAL	01:00:46
514	138	HELENA ROSA	F	50	F5054	9	NA PAPAGAIOS CASCAIS	01:00:48
515	694	NUNO PEREIRA	M	45	M4549	62	SC CASAINHOS	01:00:55
516	182	RICARDO FRANCO	M	31	M2034	102	VITÓRIA FC	01:00:58
517	85	MANUEL MARECO	M	65	M6569	25	CP EDP SINES	01:01:12
518	178	BRUNO ALMEIDA	M	32	M2034	103	INDIVIDUAL	01:01:15
519	164	FERNANDO OLIVEIRA	M	60	M6064	26	C SARGENTO ARMADA	01:01:16
520	50	FRANCISCO PRATES	M	68	M6569	26	AA LEBRES SADO	01:01:20
521	616	CARLOS NEVES	M	48	M4549	63	SAGRES UNITED	01:01:24
522	615	ANA SALDANHA	F	43	F4044	8	SAGRES UNITED	01:01:24
523	263	CARLA AFONSO	F	40	F4044	9	MAIS QUE CUIDAR RUNNING	01:01:24
524	614	JOÃO SALDANHA	M	44	M4044	79	SAGRES UNITED	01:01:26
525	125	LUÍS V BARROSO	M	57	M5559	56	INDIVIDUAL	01:01:30
526	605	ANTÓNIO J A CAIADO	M	45	M4549	64	INDIVIDUAL	01:01:32
527	103	MARIO MILHARADAS	M	31	M2034	104	GDCT REPSOL POLÍMEROS	01:01:45
528	499	CARLA CHAINHO	F	38	F3539	12	INDIVIDUAL	01:01:52

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
529	62	CLAUDIA SILVA	F	30	F2034	26	JATAPANHO	01:01:58
530	224	PEDRO FERNANDES	M	34	M2034	105	REMO CLUBE LUSITANO	01:01:58
531	368	CLAUDIO PINTO	M	42	M4044	80	GDC PORTOS SINES ALGARVE	01:01:59
532	468	JOSÉ P RAPOSO	M	64	M6064	27	COALA	01:01:59
533	416	ANITA NASCIMENTO	F	49	F4549	7	AABV-LAGOA-ALGARVE	01:02:07
534	671	JOÃO GONÇALVES	M	31	M2034	106	JUVENTUDE AC	01:02:07
535	634	JORGE DUART	M	52	M5054	44	CÂMARA LISBOA CLUBE	01:02:15
536	641	ANABELA MEIA-VIA	F	47	F4549	8	CÂMARA LISBOA CLUBE	01:02:15
537	454	ISABEL SANTOS	F	49	F4549	9	AC SAMBRASENSE	01:02:32
538	517	JOAQUIM CARRILHO	M	49	M4549	65	SS CGD	01:02:36
539	463	VANIA CARRILHO	F	37	F3539	13	FC ALVALADENSE	01:02:37
540	391	SERGIO J S NEVES	M	57	M5559	57	SEIXALRUNNING	01:02:49
541	268	MICHELLE BOND	F	32	F2034	27	INDIVIDUAL	01:02:52
542	692	JOAO JORGE	M	20	M2034	107	SS CGD	01:03:04
543	521	CRISTIANA ALMEIDA	F	52	F5054	10	SS CGD	01:03:04
544	70	LUÍS REIS	M	53	M5054	45	FALCOES SELVAGENS	01:03:07
545	71	ANA MARIA MARTINS	F	49	F4549	10	FALCOES SELVAGENS	01:03:07
546	359	ADRIANA SILVA	F	21	F2034	28	C BENFICA ALG MEM MARTINS	01:03:21
547	72	JUSTILIANO MEIRELES	M	49	M4549	66	FALCOES SELVAGENS	01:03:25
548	233	PATRICIA PEDRO	F	51	F5054	11	C BENFICA ALG MEM MARTINS	01:03:26
549	234	JOAQUIM CRUZ	M	57	M5559	58	C BENFICA ALG MEM MARTINS	01:03:27
550	489	FERNANDO MATOS	M	63	M6064	28	C BENFICA ALG MEM MARTINS	01:03:28
551	292	OLGA GALVÃO	F	53	F5054	12	SIMECQ	01:03:32
552	645	CRISTINA SANTOS	F	33	F2034	29	INDIVIDUAL	01:03:58
553	715	ANA ISA GALUFO	F	32	F2034	30	ALPHAFITNESS	01:04:08
554	304	TIAGO CORDEIRO	M	36	M3539	51	OS KOTAS	01:04:09
555	438	ANDREIA LOUZEIRO	F	39	F3539	14	A NATUREZA ENSINA	01:04:20
556	700	LURDES SERRÃO	F	37	F3539	15	SERRAO	01:04:32
557	361	PAULO GOMES	M	54	M5054	46	GDC PORTOS SINES ALGARVE	01:04:34
558	555	JOAQUIM MARTINS	M	53	M5054	47	BV MONTEMOR NOVO	01:04:35
559	396	FILOMENA CARVALHO	F	47	F4549	11	UDCB-TERRAS DE BARRO	01:04:38
560	465	SILVIA SANTOS	F	34	F2034	31	SLS	01:04:39
561	248	LILIANA C TOME	F	34	F2034	32	INDIVIDUAL	01:04:39
562	158	PEDRO SANTOS	M	28	M2034	108	INDIVIDUAL	01:04:42
563	54	LUZ RODRIGUES	F	61	F6099	3	GDC ESTRELA NEGRA	01:04:48
564	362	CARLOS PALHINHAS	M	42	M4044	81	GDC PORTOS SINES ALGARVE	01:04:51
565	281	ANDRÉ LOPES	M	36	M3539	52	KOTAS BIKE TEAM	01:04:56
566	323	ANDREIA AMARAL	F	22	F2034	33	INDIVIDUAL	01:05:19
567	159	MÁRCIA HENRIQUES	F	28	F2034	34	INDIVIDUAL	01:05:19
568	322	JOANA SANTOS	F	26	F2034	35	INDIVIDUAL	01:05:19
569	550	SUSANA PARREIRA	F	25	F2034	36	BV MONTEMOR NOVO	01:05:19
570	513	ALBERTINO SEMEDO	M	57	M5559	59	SS CGD	01:05:21
571	101	LUIS TORRÃO	M	62	M6064	29	GDCT REPSOL POLÍMEROS	01:05:32
572	196	PAULA SARAIVA	F	45	F4549	12	INDIVIDUAL	01:05:46

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
573	405	SARAFIM MARQUES	M	67	M6569	27	CA AMIGOS PARQUE PAZ	01:05:46
574	156	LISA SANTOS	F	36	F3539	16	INDIVIDUAL	01:05:46
575	211	LIDIA SANTOS	F	52	F5054	13	INDIVIDUAL	01:05:48
576	420	LÍDIA FERNANDES	F	41	F4044	10	AABV-LAGOA-ALGARVE	01:05:58
577	475	CRISTINA M T B MENDES	F	43	F4044	11	FC ALVALADENSE	01:06:02
578	140	PAULO FIGUEIREDO	M	40	M4044	82	NA PAPAGAIOS CASCAIS	01:06:40
579	139	LÉNIA CARLOS	F	36	F3539	17	NA PAPAGAIOS CASCAIS	01:06:42
580	49	MAYER RAPOSO	M	69	M6569	28	AA LEBRES SADO	01:06:49
581	727	LIGIA CRISTAO	F	48	F4549	13	INDIVIDUAL	01:07:18
582	353	JOAQUIM HERMENEGILDO	M	53	M5054	48	C BENFICA ALG MEM MARTINS	01:07:21
583	401	LURDES POEIRA	F	48	F4549	14	UDCB-TERRAS DE BARRO	01:07:25
584	271	CARMEN VIEGAS	F	37	F3539	18	INDIVIDUAL	01:07:42
585	650	RICARDO GOMES	M	36	M3539	53	INDIVIDUAL	01:07:42
586	661	DOMINGOS PEREIRA	M	47	M4549	67	CM FOREVER	01:07:54
587	258	HUGO MARTINS	M	33	M2034	109	MERCEDES	01:08:03
588	86	RUI GALINDRO	M	54	M5054	49	CP EDP SINES	01:08:09
589	355	LUIS DE SOUSA	M	41	M4044	83	C BENFICA ALG MEM MARTINS	01:08:11
590	146	MANUEL A J SANTOS	M	77	M7099	7	INDIVIDUAL	01:08:33
591	395	PAULO VEIGA	M	50	M5054	50	UDCB-TERRAS DE BARRO	01:08:34
592	472	RITA ALMEIDA	F	25	F2034	37	GD STACRUZLITORALMOTORS.PT	01:08:34
593	276	FILIPA SANTOS	F	37	F3539	19	VITÓRIA FC ERMIDENSE	01:08:51
594	235	ALEXANDRA SOUSA	F	39	F3539	20	C BENFICA ALG MEM MARTINS	01:08:51
595	506	VICTOR CARÔCO	M	38	M3539	54	FAIÃO RUNNING TEAM	01:08:52
596	488	ROSA GONÇALVES	F	48	F4549	15	C BENFICA ALG MEM MARTINS	01:08:57
597	309	CLEÚSIA KOK NUCHA	F	33	F2034	38	OS KOTAS	01:09:02
598	132	ANTÓNIO PINHO	M	63	M6064	30	AA LEBRES SADO	01:09:30
599	648	TIAGO GANHÃO	M	25	M2034	110	OS KOTAS	01:09:38
600	15	ANTÓNIO TAVARES	M	51	M5054	51	CCDP MUN CASCAIS	01:10:17
601	623	MARIA ALMEIDA	F	53	F5054	14	C BENFICA ALG MEM MARTINS	01:10:52
602	59	PAULO ESTEVES	M	45	M4549	68	INDIVIDUAL	01:11:06
603	58	NATÁLIA LOPES	F	50	F5054	15	INDIVIDUAL	01:11:06
604	204	ÉLIA FOLGADO	F	36	F3539	21	B(13)X CROSSFIT ENDURANCE	01:11:19
605	713	RAQUEL CAETANO	F	30	F2034	39	ALPHAFITNESS	01:11:19
606	726	GERMANO BERNADO	M	60	M6064	31	PRAZER DA CORRIDA	01:11:20
607	105	AMADEU FERREIRA	M	74	M7099	8	GDCT REPSOL POLÍMEROS	01:11:31
608	652	VERONICA PEREIRA	F	40	F4044	12	INDIVIDUAL	01:11:34
609	651	RENATO DOS SANTOS	M	44	M4044	84	INDIVIDUAL	01:11:35
610	397	MARIA PONTES	F	54	F5054	16	UDCB-TERRAS DE BARRO	01:11:39
611	718	MARIA SÓNIA CORREIA	F	56	F5559	3	ALPHAFITNESS	01:11:49
612	14	ANTÓNIO HORTA	M	63	M6064	32	CCDP MUN CASCAIS	01:11:49
613	711	PATRÍCIA PALMINHA	F	26	F2034	40	ALPHAFITNESS	01:12:18
614	212	ANA BRITO	F	30	F2034	41	OS BRAVOS	01:12:29
615	681	PAULA COSTA	F	46	F4549	16	SFUAP	01:12:33
616	676	HERLANDER BRAZ	M	56	M5559	60	INDIVIDUAL	01:12:45

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
617	431	STEFANIE GUERREIRO	F	24	F2034	42	ALENTEJANOS SEM TRAVÕES	01:12:56
618	601	ANABELA FERREIRA	F	43	F4044	13	INDIVIDUAL	01:13:33
619	429	NADIA ALVES	F	27	F2034	43	ALENTEJANOS SEM TRAVÕES	01:13:54
620	399	FILOMENA NEVES	F	38	F3539	22	UDCB-TERRAS DE BARRO	01:14:19
621	55	CARLOS RODRIGUES	M	74	M7099	9	GDC ESTRELA NEGRA	01:14:29
622	559	PAULA ANTUNES	F	45	F4549	17	CCR ALTO MOINHO	01:14:36
623	247	ANA R MATA	F	34	F2034	44	INDIVIDUAL	01:15:59
624	390	ANA PRANTO	F	45	F4549	18	OS LEÕES	01:18:04
625	389	MANUEL LEÃO	M	47	M4549	69	OS LEÕES	01:18:04
626	498	ELISIO F FRAGOSO	M	67	M6569	29	INDIVIDUAL	01:18:19
627	104	JULIO MILHARADAS	M	64	M6064	33	GDCT REPSOL POLÍMEROS	01:18:33
628	106	MANUEL SANTOS	M	69	M6569	30	GDCT REPSOL POLÍMEROS	01:18:41
629	324	ANABELA PINELA	F	56	F5559	4	INDIVIDUAL	01:18:44
630	250	JOSE GAMITO	M	28	M2034	111	INDIVIDUAL	01:22:26
631	206	PATRICIA C PEREIRA	F	33	F2034	45	INDIVIDUAL	01:22:27
632	522	ARMINDO CHAINHO	M	41	M4044	85	CCDP PINHEIRO CRUZ	01:24:45
633	551	NUNO CHAPA	M	39	M3539	55	BV MONTEMOR NOVO	01:24:47
634	668	ANA JANSEN	F	40	F4044	14	INDIVIDUAL	01:24:52
635	266	LINA CRUZ	F	56	F5559	5	INDIVIDUAL	01:25:09
636	599	RITA PEREIRA	F	37	F3539	23	GDR S FRANCISCO SERRA	01:25:47
637	603	VANDA MENDES	F	34	F2034	46	GDR S FRANCISCO SERRA	01:25:47
638	604	VERA GARCIA	F	35	F3539	24	GDR S FRANCISCO SERRA	01:25:48
639	275	JOÃO GRAÇA	F	76	F6099	4	ND AUTOCOOPE	01:27:15
640	646	CLAUDIA SANTOS	F	29	F2034	47	INDIVIDUAL	01:28:01
641	256	PEDRO LUÍS	M	26	M2034	112	MERCEDES	01:29:25
642	257	ANA FARIAS	F	25	F2034	48	MERCEDES	01:29:26
643	310	JOAQUIM ARAÚJO	M	71	M7099	10	C BENFICA ALG MEM MARTINS	01:29:38