

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
1	1078	Miguel Ribeiro	Individual	00:31:40.573	00:31:38.256	00:00:00.000
2	2001	Ricardo Ribas	S.L. Benfica	00:31:41.823	00:31:40.296	00:00:01.250
3	1072	Vitor Oliveira	Individual	00:31:43.753	00:31:43.753	00:00:03.180
4	2000	Joao Almeida	Individual	00:31:47.577	00:31:47.577	00:00:07.004
5	1067	José Azevedo	Boavista Futebol Clube	00:32:53.823	00:32:52.533	00:01:13.250
6	2002	Davide Figueiredo	Individual	00:32:59.073	00:32:59.073	00:01:18.500
7	1170	Miguel Meira	Individual	00:33:03.577	00:33:03.130	00:01:23.004
8	1146	Carlos Nunes	Casa Do Povo De Mangualde	00:34:44.077	00:34:43.130	00:03:03.504
9	1157	Hugo Moreira	Individual	00:34:56.053	00:34:55.180	00:03:15.480
10	1081	Carla Martinho	Individual	00:35:30.077	00:35:29.057	00:03:49.504
11	1289	Baltasar Sousa	Boavista Fc	00:35:31.300	00:35:31.300	00:03:50.727
12	1296	Fernando Sousa	Boavista Fc	00:35:36.047	00:35:33.100	00:03:55.474
13	1203	Luis Feiteira	Individual	00:35:58.793	00:35:58.793	00:04:18.220
14	1052	José Cabral	Individual	00:36:36.507	00:36:35.910	00:04:55.934
15	1207	Doroteia Peixoto	Individual	00:36:41.080	00:36:41.080	00:05:00.507
16	1042	José Almeida	Individual	00:37:03.257	00:37:02.064	00:05:22.684
17	1527	Andre Machado	Adosa - Os Santa Apolonia	00:37:14.580	00:37:13.357	00:05:34.007
18	1159	Ricardo Barros	Individual	00:37:21.533	00:37:20.920	00:05:40.960
19	1123	Tiago Correia	Individual	00:37:30.287	00:37:29.097	00:05:49.714
20	1056	Basilio Sousa	Individual	00:37:39.830	00:37:36.973	00:05:59.257
21	1279	Paulo Jesus	Individual	00:37:46.757	00:37:45.794	00:06:06.184
22	1379	João Poças	Lion Runners - G. D. Leões Da Guarda	00:37:50.290	00:37:40.480	00:06:09.717
23	1218	Mário Teixeira	Individual	00:37:54.527	00:37:47.917	00:06:13.954
24	1168	Luis Nunes	Individual	00:37:54.580	00:37:50.783	00:06:14.007
25	1172	Artur Silva	Individual	00:37:58.527	00:37:57.327	00:06:17.954
26	1495	Marco Pereira	Individual	00:38:00.330	00:37:53.223	00:06:19.757
27	1232	Fernando Maia	Blasqem	00:38:09.757	00:38:06.067	00:06:29.184
28	1037	Fernando Almeida	Runpenafiel	00:38:14.010	00:38:13.053	00:06:33.437
29	1202	Miguel Lira	Viana Running	00:38:18.280	00:38:11.000	00:06:37.707
30	1276	Joel Ramalhoto	Viriathvs Runners Viseu	00:38:32.833	00:38:29.953	00:06:52.260
31	1051	Nuno Pereira	Individual	00:38:38.580	00:38:37.887	00:06:58.007
32	1300	Nuno Andrade	Boavista Fc	00:38:43.583	00:38:35.893	00:07:03.010
33	1555	Jorge Rocha	Boavista Fc	00:38:52.020	00:38:47.240	00:07:11.447
34	1556	Marco Barbosa	Boavista Fc	00:38:58.583	00:38:55.876	00:07:18.010
35	1245	Jessica Pontes	Individual	00:38:59.010	00:38:58.147	00:07:18.437
36	1477	Daniel Monteiro	Academia Fernanda Ribeiro	00:38:59.090	00:38:56.383	00:07:18.517
37	1299	Manuel Cardoso	Boavista Fc	00:38:59.333	00:38:56.226	00:07:18.760
38	1508	Helder Costa	Individual	00:39:01.010	00:38:58.810	00:07:20.437
39	1277	Óscar Sobral	Viriathvs Runners Viseu	00:39:02.083	00:38:56.866	00:07:21.510
40	1390	Renato Almeida	Individual	00:39:06.520	00:39:04.817	00:07:25.947
41	1115	José Manuel	Individual	00:39:08.517	00:39:07.560	00:07:27.944
42	1275	Americo Pinho	Individual	00:39:23.010	00:39:22.307	00:07:42.437
43	1443	Tomás Carriço	Individual	00:39:33.833	00:39:30.883	00:07:53.260
44	1478	Carlos Silva	Individual	00:39:37.310	00:39:31.213	00:07:56.737

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
45	1528	Claudio Araujo	Adosa - Os Santa Apolonia	00:39:41.020	00:39:39.550	00:08:00.447
46	1349	Bruno Rodrigues	Individual	00:39:42.617	00:39:26.090	00:08:02.044
47	1569	Paulo Oliveira	Individual	00:39:46.087	00:39:41.627	00:08:05.514
48	1316	Miguel Figueiredo	Individual	00:39:47.777	00:39:46.660	00:08:07.204
49	1317	Andreia Cunha	Individual	00:39:50.583	00:39:50.583	00:08:10.010
50	1225	Luís Oliveira	Individual	00:39:53.337	00:39:51.137	00:08:12.764
51	1108	Hélder Silva	Os Rompe Solas	00:39:58.833	00:39:58.390	00:08:18.260
52	1338	Manuel Neto	Individual	00:40:12.257	00:39:59.050	00:08:31.684
53	1057	Ludgero Moreira	Individual	00:40:23.590	00:40:22.893	00:08:43.017
54	1167	Miguel Queirós	A. D. Amarante	00:40:31.333	00:40:27.126	00:08:50.760
55	1562	Crstiano Pereira	Individual	00:40:35.587	00:40:31.730	00:08:55.014
56	1298	Rui Pereira	Boavista Fc	00:40:39.873	00:40:36.423	00:08:59.300
57	1100	Carlos Cruz	Os Rompe Solas	00:40:41.263	00:40:40.153	00:09:00.690
58	1367	Zé Dias	Ad Esmeriz Running	00:40:42.837	00:40:39.887	00:09:02.264
59	1417	Marco Silva	Individual	00:40:50.837	00:40:19.310	00:09:10.264
60	1354	Filipe Pereira	Individual	00:40:57.000	00:40:43.280	00:09:16.427
61	1479	Rogério Vieira	Individual	00:41:18.587	00:41:03.127	00:09:38.014
62	1087	Fernando Gomes	Individual	00:41:20.337	00:41:15.857	00:09:39.764
63	1444	Pedro Reina	Individual	00:41:22.087	00:40:43.804	00:09:41.514
64	1246	António Carvalho	Família Carvalho	00:41:23.087	00:41:20.984	00:09:42.514
65	1034	Ricardo Azevedo	Arpo- Associação Recreativa Pousadense	00:41:31.513	00:41:27.683	00:09:50.940
66	1533	José Sousa	Individual	00:41:33.587	00:41:28.380	00:09:53.014
67	1413	Pedro Magalhães	Individual	00:41:33.997	00:41:25.047	00:09:53.424
68	1370	Bruno Silva	Individual	00:41:38.337	00:41:13.740	00:09:57.764
69	1410	Emanuel Santos	Individual	00:41:39.020	00:41:30.077	00:09:58.447
70	1272	Milton Cabral	Individual	00:41:41.513	00:41:29.566	00:10:00.940
71	1450	Fernando Costa	Capv	00:41:41.520	00:41:32.553	00:10:00.947
72	1173	Jacinto Oliveira	Sunset Runners	00:41:45.520	00:41:44.067	00:10:04.947
73	1215	Manuel Mendes	Individual	00:41:48.743	00:41:46.713	00:10:08.170
74	1216	José Cortafios	Individual	00:41:52.090		00:10:11.517
75	1029	Fernando Miranda	Individual	00:41:56.587	00:41:53.370	00:10:16.014
76	1451	José Faria	Capv	00:42:08.590	00:41:59.883	00:10:28.017
77	1455	Vítor Sousa	Capv	00:42:08.837	00:41:59.727	00:10:28.264
78	1544	Manuel Pinto	Individual	00:42:16.507	00:42:07.194	00:10:35.934
79	1337	Daniel Soares	Individual	00:42:18.837	00:42:03.220	00:10:38.264
80	1295	Fausto Silva	Individual	00:42:19.267	00:42:12.817	00:10:38.694
81	1467	Daniel Fernandes	Individual	00:42:19.990	00:42:14.033	00:10:39.417
82	1500	Bruno Castro	Gdr Juventude Das Ribeiras	00:42:26.990	00:42:21.543	00:10:46.417
83	1446	Rui Teixeira	Individual	00:42:27.240	00:42:12.143	00:10:46.667
84	1199	Tiago Rodrigues	Individual	00:42:29.837	00:42:26.747	00:10:49.264
85	1220	Carlos Felizardo	Individual	00:42:30.337		00:10:49.764
86	1270	Luís Lima	Trofa Runners	00:42:38.487	00:42:21.290	00:10:57.914
87	1476	Delfim Oliveira	Individual	00:42:41.357	00:42:35.160	00:11:00.784
88	1560	Fátima Silva	Cdpóvoa	00:42:50.337	00:42:48.980	00:11:09.764

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
89	1310	Eduardo Barbosa	Individual	00:42:56.517	00:42:46.310	00:11:15.944
90	1048	Ricardo Gonçalves	Individual	00:43:05.337	00:42:51.980	00:11:24.764
91	1301	Pedro Dias	Boavista Fc	00:43:05.847	00:43:02.387	00:11:25.274
92	1274	Ester Alves	Individual	00:43:06.023	00:43:04.883	00:11:25.450
93	1030	Hortense Tenda	Individual	00:43:17.230	00:43:17.033	00:11:36.657
94	1135	Nuno Freitas	Individual	00:43:17.337	00:43:03.140	00:11:36.764
95	1233	Manuel Carneiro	Blasqem	00:43:21.480	00:43:18.283	00:11:40.907
96	1151	José Pereira	Amigos Ponto Final	00:43:23.737	00:43:14.044	00:11:43.164
97	1254	Marco Gonçalves	Individual	00:43:24.767	00:43:19.560	00:11:44.194
98	1036	Filipe Moça	Individual	00:43:28.230	00:43:22.777	00:11:47.657
99	1501	Sergio Crista	Gdr Juventude Das Ribeiras	00:43:42.087	00:43:35.744	00:12:01.514
100	1525	Manuel Costa	Individual	00:43:44.267	00:43:28.324	00:12:03.694
101	1032	Luís Sá	Individual	00:43:45.273	00:43:13.240	00:12:04.700
102	1017	Paulo Moreira	Street & Trail Runners	00:43:47.840	00:43:31.290	00:12:07.267
103	1565	Marta Marques	Individual	00:43:50.267	00:43:44.564	00:12:09.694
104	1496	José Capela	Individual	00:43:50.477	00:43:48.340	00:12:09.904
105	1129	Augusto Dourado	Individual	00:43:56.840	00:43:53.873	00:12:16.267
106	1307	Gilberto Ribeiro	Individual	00:44:00.477	00:43:48.270	00:12:19.904
107	1085	Porfirio Silva	Tutilar Class Runners	00:44:01.977	00:43:51.747	00:12:21.404
108	1329	António Porrão	Ecomobile - Aluguer De Automóveis	00:44:05.727	00:43:36.884	00:12:25.154
109	1330	Filipe Ribeiro	Ecomobile - Aluguer De Automóveis	00:44:07.340	00:43:39.140	00:12:26.767
110	1280	Adelino Brito	Individual	00:44:13.980	00:43:55.023	00:12:33.407
111	1438	Sérgio Gonçalves	Individual	00:44:14.517	00:43:55.330	00:12:33.944
112	1381	Sofia Pimenta	Lion Runners - G. D. Leões Da Guarda	00:44:21.017	00:44:13.674	00:12:40.444
113	1380	José Sá	Lion Runners - G. D. Leões Da Guarda	00:44:22.273	00:44:12.233	00:12:41.700
114	1320	Alvaro Santos	Individual	00:44:29.720	00:44:16.030	00:12:49.147
115	1358	Francisco Mendes	Individual	00:44:36.727	00:44:17.040	00:12:56.154
116	1419	Renato Oliveira	Individual	00:44:38.770	00:44:09.330	00:12:58.197
117	1039	Pedro Barbosa	Individual	00:44:42.970	00:44:35.783	00:13:02.397
118	1346	António Miranda	Individual	00:44:43.267	00:44:16.564	00:13:02.694
119	1257	Mário Monteiro	Monday Runners	00:44:50.340	00:44:30.637	00:13:09.767
120	1196	Manuel Sousa	Bracara Genus	00:44:55.520	00:44:46.673	00:13:14.947
121	1568	José Sousa	Individual	00:44:57.590	00:44:52.143	00:13:17.017
122	1493	Pedro Meirinhos	Urbanatletas/ Liberty Seguros	00:45:00.340	00:44:27.903	00:13:19.767
123	1027	Fernando Sousa	Individual	00:45:07.767	00:44:54.827	00:13:27.194
124	1145	André Nunes	Casa Do Povo De Mangualde	00:45:11.343	00:45:00.813	00:13:30.770
125	1111	Manuel Fernando	Os Rompe Solas	00:45:15.467	00:44:49.164	00:13:34.894
126	1026	Bruno Pereira	Individual	00:45:20.213	00:45:15.233	00:13:39.640
127	1309	Catarina Pinho	N.A.Cucujães	00:45:24.090	00:45:22.240	00:13:43.517
127	1249	Artur Bonfim	Individual	00:45:24.090	00:45:14.783	00:13:43.517
128	1567	José Magalhaes	Individual	00:45:24.973	00:45:07.623	00:13:44.400
129	1293	Ricardo Sousa	Individual	00:45:27.463	00:44:54.266	00:13:46.890
129	1488	Fernando Alves	Urbanatletas/ Liberty Seguros	00:45:27.463	00:44:54.863	00:13:46.890
130	1101	Fernando Silva	Os Rompe Solas	00:45:32.210	00:45:19.503	00:13:51.637

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
131	1305	Silvia Teixeira	Boavista Fc	00:45:33.020	00:45:29.317	00:13:52.447
132	1252	Paulo Pereira	Individual	00:45:33.520	00:45:23.563	00:13:52.947
133	1303	Rui Cardoso	Boavista Fc	00:45:34.343	00:45:30.146	00:13:53.770
134	1242	André Cruz	Individual	00:45:39.213	00:45:10.523	00:13:58.640
135	1292	Vitor Santos	Individual	00:45:40.520	00:45:36.317	00:13:59.947
136	1069	Paulo Machado	Individual	00:45:52.710	00:45:29.760	00:14:12.137
137	1387	Jaime Lima	Individual	00:45:55.207	00:45:53.977	00:14:14.634
138	1105	António Costa	Os Rompe Solas	00:45:55.270	00:45:30.833	00:14:14.697
139	1147	Paula Ribeiro	Individual	00:46:00.590	00:45:57.110	00:14:20.017
140	1230	Joaquim Dias	Individual	00:46:05.520	00:45:51.073	00:14:24.947
141	1132	Rui Eusébio	Individual	00:46:11.277	00:45:59.087	00:14:30.704
142	1510	Eduardo Rodrigues	Viana Running	00:46:15.770	00:46:09.197	00:14:35.197
143	1365	Juliana Onuma	Viana Running	00:46:16.520	00:46:12.333	00:14:35.947
144	1195	José Costa	Bracara Genus	00:46:17.343	00:45:43.500	00:14:36.770
145	1084	Joaquim Andrade	Tutlar Class Runners	00:46:19.207		00:14:38.634
146	1120	José Assunção	Individual	00:46:20.020	00:46:02.420	00:14:39.447
147	1256	Carlos Monteiro	Monday Runners	00:46:23.770	00:46:03.083	00:14:43.197
148	1350	Gaspar Moura	Individual	00:46:32.270	00:46:11.317	00:14:51.697
149	1117	Francisco Fonseca	Individual	00:46:33.093	00:46:29.123	00:14:52.520
150	1156	Sérgio Coelho	Individual	00:46:33.843	00:46:26.406	00:14:53.270
151	1046	Carlos Dias	Individual	00:46:39.203	00:46:32.256	00:14:58.630
152	1531	Armando Oliveira	Individual	00:46:45.843	00:46:32.136	00:15:05.270
153	1485	João Cruz	Individual	00:46:46.093	00:46:39.650	00:15:05.520
154	1458	Francisco Cunha	N.A.Taipas	00:46:46.200	00:46:44.493	00:15:05.627
155	1022	Carlos Alves	Individual	00:46:46.287	00:46:44.580	00:15:05.714
156	1061	Ana Falcão	Individual	00:46:46.843	00:46:35.380	00:15:06.270
157	1006	Miguel Costa	Individual	00:46:48.210	00:46:40.010	00:15:07.637
158	1262	Artur Gil	Individual	00:47:06.343	00:46:31.063	00:15:25.770
159	1094	António Mota	Os Rompe Solas	00:47:08.447	00:46:56.104	00:15:27.874
160	1492	Nuno Vieira	Urbanatletas/ Liberty Seguros	00:47:15.270	00:46:41.993	00:15:34.697
161	1411	Francisco Freitas	Individual	00:47:16.597	00:46:39.550	00:15:36.024
162	1231	Manuel Teixeira	Individual	00:47:19.093	00:46:47.500	00:15:38.520
163	1211	Hugo Peixoto	Hyundai	00:47:19.343	00:47:17.153	00:15:38.770
164	1377	Daniela Sarmento	Lion Runners - G. D. Leões Da Guarda	00:47:28.197	00:47:19.644	00:15:47.624
165	1315	Candido Areias	Individual	00:47:32.447	00:47:22.507	00:15:51.874
166	1511	Marcio Mendes	Equipa Boot	00:47:40.843	00:47:07.883	00:16:00.270
167	1141	Victor Linhares	Individual	00:47:42.520	00:47:18.827	00:16:01.947
168	1198	Ulisses Lopes	Bracara Genus	00:47:42.843		00:16:02.270
169	1497	Alberto Silva	Individual	00:47:46.193	00:47:24.073	00:16:05.620
170	1015	Celeste Moreira	Street & Trail Runners	00:47:49.273	00:47:35.086	00:16:08.700
171	1184	Pedro Catarino	Individual	00:47:49.527	00:47:17.474	00:16:08.954
172	1008	Nuno Vinha	Individual	00:47:51.597	00:47:45.900	00:16:11.024
173	1043	António Rocha	Os Troco Passo	00:47:51.947	00:47:36.487	00:16:11.374
174	1212	Marcos Gandra	Hyundai	00:47:52.943	00:47:50.493	00:16:12.370

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
175	1179	Rui Godinho	Salgueiros Running	00:47:55.190	00:47:43.590	00:16:14.617
176	1131	Pedro Batista	Individual	00:47:56.600	00:47:28.317	00:16:16.027
177	1490	Hugo Choupina	Urbanatletas/ Liberty Seguros	00:47:56.770	00:47:20.743	00:16:16.197
178	1165	Fernando Teixeira	A. D. Amarante	00:47:57.047	00:47:48.320	00:16:16.474
179	1342	Lucas Silva	Individual	00:48:02.523	00:47:49.833	00:16:21.950
180	1308	Carlos Ribeiro	Individual	00:48:05.597	00:47:52.907	00:16:25.024
181	1047	Pedro Ezequiel	Achp	00:48:15.187	00:47:56.124	00:16:34.614
182	1248	José Borges	Individual	00:48:16.597	00:47:52.384	00:16:36.024
183	1355	Bruno Gomes	Individual	00:48:17.687	00:48:04.990	00:16:37.114
184	1261	Tiago Carneiro	Família Carneiro	00:48:21.440	00:47:44.500	00:16:40.867
185	1260	Angelo Carneiro	Família Carneiro	00:48:24.600	00:47:47.643	00:16:44.027
186	1405	Ricardo Moreira	Individual	00:48:27.597	00:48:09.837	00:16:47.024
187	1177	Cristovão Braga	Individual	00:48:30.030	00:48:21.090	00:16:49.457
188	1423	Bruno Vilaça	Hyundai	00:48:31.097	00:48:14.650	00:16:50.524
189	1378	Gonçalo Martins	Lion Runners - G. D. Leões Da Guarda	00:48:33.437	00:48:25.750	00:16:52.864
190	1491	Manuel Magalhães	Urbanatletas/ Liberty Seguros	00:48:34.777	00:48:02.830	00:16:54.204
191	1148	Alexandre Ferreira	Amigos Ponto Final	00:48:35.603	00:48:24.383	00:16:55.030
192	1357	Eduardo Duarte	Individual	00:48:46.433	00:48:26.590	00:17:05.860
193	1514	José Neves	Individual	00:48:46.593	00:48:30.496	00:17:06.020
194	1116	Victor Santos	Individual	00:48:51.437	00:48:44.750	00:17:10.864
195	1383	Agostinho Silva	Individual	00:48:52.023	00:48:18.170	00:17:11.450
196	1092	Tiago Lopes	Individual	00:48:53.780	00:48:35.080	00:17:13.207
197	1475	Rui Furtado	Individual	00:48:57.097	00:48:31.890	00:17:16.524
198	1339	Bruno Rafael	Individual	00:49:01.597	00:48:26.657	00:17:21.024
199	1038	Manuel Costa	Individual	00:49:01.687	00:48:50.497	00:17:21.114
200	1536	Luisa Monteiro	Individual	00:49:02.597	00:48:28.160	00:17:22.024
201	1095	António Santos	Os Rompe Solas	00:49:04.933	00:48:40.226	00:17:24.360
202	1175	Miguel Barqueiro	Sunset Runners	00:49:07.847	00:48:56.780	00:17:27.274
203	1209	Gentil Pereira	Hyundai	00:49:10.680	00:49:08.723	00:17:30.107
204	1516	Miguel Mendes	Individual	00:49:13.773	00:49:00.566	00:17:33.200
205	1482	Jorge Reis	Individual	00:49:25.927	00:48:51.710	00:17:45.354
206	1518	Nuno Domingues	Individual	00:49:27.187	00:48:51.740	00:17:46.614
207	1494	Rui Sousa	Urbanatletas/ Liberty Seguros	00:49:31.677	00:48:59.314	00:17:51.104
208	1422	Jose Silva	Individual	00:49:33.033	00:48:55.826	00:17:52.460
209	1064	Camila Moura	Lion Runners - G. D. Leões Da Guarda	00:49:33.677	00:49:24.950	00:17:53.104
210	1178	José Rodrigues	Individual	00:49:38.177	00:49:24.740	00:17:57.604
211	1176	Augusto Mendes	Individual	00:49:41.097	00:49:22.494	00:18:00.524
212	1341	Nuno Ramos	Individual	00:49:42.433	00:49:37.633	00:18:01.860
213	1134	Hélder Faria	Cr Candoso	00:49:45.847	00:49:27.910	00:18:05.274
214	1150	Joaquim Pinheiro	Amigos Ponto Final	00:49:54.427	00:49:43.214	00:18:13.854
215	1253	Ricardo Santos	Individual	00:49:54.847	00:49:41.150	00:18:14.274
216	1118	Maria Pinto	Individual	00:49:57.803	00:49:53.353	00:18:17.230
217	1190	Joaquim Fangueiro	Individual	00:49:59.773	00:49:37.326	00:18:19.200
218	1364	Augusta Silva	Viana Running	00:50:00.037	00:49:54.840	00:18:19.464

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
219	1062	Francisco Barreras	Individual	00:50:01.923	00:45:35.726	00:18:21.350
220	1193	Ricardo Maciel	Individual	00:50:03.350	00:49:41.903	00:18:22.777
221	1031	José Lopes	Individual	00:50:15.927	00:49:57.827	00:18:35.354
222	1428	Alice Bompastor	Individual	00:50:17.027	00:50:03.820	00:18:36.454
223	1063	Rui Ferreira	Old Friends	00:50:17.277	00:49:48.580	00:18:36.704
224	1480	Alex Pereira	Vitória Antiques	00:50:19.597	00:50:07.900	00:18:39.024
225	1112	Sotero Martins	Os Rompe Solas	00:50:20.177	00:50:16.470	00:18:39.604
226	1013	Paulo Cerqueira	Individual	00:50:21.777	00:50:08.064	00:18:41.204
227	1524	Tatiana Mera	Individual	00:50:23.670	00:50:04.040	00:18:43.097
228	1328	Paulo Moreira	Individual	00:50:24.533	00:49:54.586	00:18:43.960
229	1324	António Vendeiro	Tirilopes	00:50:25.283	00:50:17.086	00:18:44.710
230	1462	Nuno Martinho	N.A.Taipas	00:50:26.420	00:49:45.973	00:18:45.847
231	1040	Elisabete Martins	Individual	00:50:26.853	00:50:22.556	00:18:46.280
232	1171	Jean Costa	Individual	00:50:27.347	00:49:47.307	00:18:46.774
233	1369	Marcio Nunes	Individual	00:50:29.027	00:50:14.430	00:18:48.454
234	1427	Jorge Pereira	Individual	00:50:29.350	00:50:20.317	00:18:48.777
235	1359	Joaquim Nunes	Individual	00:50:30.350	00:50:13.803	00:18:49.777
236	1219	Paulo Hernani	Individual	00:50:31.670	00:50:27.980	00:18:51.097
237	1166	Jaime Pereira	A. D. Amarante	00:50:35.100	00:50:19.883	00:18:54.527
238	1189	Jaime Pontes	Individual	00:50:36.533	00:50:13.580	00:18:55.960
239	1224	José Fangueiro	Individual	00:50:36.917	00:50:12.727	00:18:56.344
240	1559	Joaquim Gomes	Individual	00:50:40.037	00:50:14.090	00:18:59.464
241	1197	Miguel Lopes	Bracara Genus	00:50:40.777	00:50:16.580	00:19:00.204
242	1454	Sandra Veloso	Capv	00:50:41.277	00:50:30.834	00:19:00.704
243	1406	Sérgio Louro	Individual	00:50:46.417	00:50:29.220	00:19:05.844
244	1153	Miguel Rodrigues	Amigos Ponto Final	00:50:49.783	00:50:37.843	00:19:09.210
245	1499	Paulo Silva	Individual	00:50:50.527	00:50:30.250	00:19:09.954
246	1486	Jose Vinhal	Individual	00:50:50.917	00:50:44.200	00:19:10.344
247	1183	Jose Leite	Vila18	00:50:56.527	00:50:37.087	00:19:15.954
248	1314	Alvaro Silva	Individual	00:50:58.850	00:50:37.780	00:19:18.277
249	1394	Pedro Fernandes	Amigos Do Empeno - Trail Running	00:50:59.283	00:50:32.096	00:19:18.710
250	1393	Patrícia Carvalho	Amigos Do Empeno - Trail Running	00:50:59.420	00:50:28.640	00:19:18.847
251	1505	Pedro Henriques	#Aquiésóvitória	00:51:09.663	00:50:42.620	00:19:29.090
252	1504	Nuno Mota	#Aquiésóvitória	00:51:10.597	00:50:44.650	00:19:30.024
253	1543	Tiago Freitas	Individual	00:51:14.410	00:50:57.957	00:19:33.837
254	1558	Rui Moreira	Individual	00:51:30.287	00:51:15.597	00:19:49.714
255	1059	Flávio Ortins	Individual	00:51:30.850	00:51:04.547	00:19:50.277
256	1076	Rui Santos	Individual	00:51:39.097	00:51:37.644	00:19:58.524
257	1509	Pedro Henriques	Individual	00:51:39.527	00:51:13.590	00:19:58.954
258	1418	Paula Santos	Individual	00:51:39.820	00:51:09.037	00:19:59.247
259	1332	Vitor Sá	Ecomobile - Aluguer De Automóveis	00:51:40.527	00:51:12.070	00:19:59.954
260	1407	Rui Rocha	Individual	00:51:45.527	00:51:21.560	00:20:04.954
261	1489	Hugo Oliveira	Urbanatletas/ Liberty Seguros	00:51:48.407	00:51:13.880	00:20:07.834
262	1075	Adelaide Duarte	N.A.Cucujães	00:51:52.157	00:51:49.467	00:20:11.584

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
263	1213	Nuno Gomes	Hyundai	00:52:06.163	00:51:42.570	00:20:25.590
264	1563	Antonio Carneiro	Individual	00:52:10.403	00:51:33.456	00:20:29.830
265	1550	Álvaro Mendes	Individual	00:52:11.153	00:51:47.866	00:20:30.580
266	1551	Angela Lima	Individual	00:52:11.653	00:51:49.930	00:20:31.080
267	1158	Fátima Costa	Individual	00:52:14.653	00:52:03.696	00:20:34.080
268	1188	Guilherme Santos	Individual	00:52:14.780	00:51:51.590	00:20:34.207
269	1483	Ana Faria	Individual	00:52:15.663	00:52:01.380	00:20:35.090
270	1573	Jacinto Fonseca	Individual	00:52:16.153	00:52:04.713	00:20:35.580
271	1130	João Andrade	Individual	00:52:16.603	00:52:02.566	00:20:36.030
272	1194	Alexandra Silva	Bracara Genus	00:52:22.530	00:51:57.833	00:20:41.957
273	1336	Vítor Guedes	Individual	00:52:22.657	00:51:54.200	00:20:42.084
274	1474	Patricia Silva	Opraticante.Pt	00:52:24.600	00:52:04.007	00:20:44.027
275	1506	Manuel Mendes	N.A.Taipas	00:52:31.030	00:51:53.340	00:20:50.457
276	1463	Pedro Regueiras	N.A.Taipas	00:52:31.530	00:51:53.333	00:20:50.957
277	1457	David Silva	N.A.Taipas	00:52:31.777	00:51:52.830	00:20:51.204
278	1570	José Ferreira	Individual	00:52:35.157	00:52:28.550	00:20:54.584
279	1459	José Cruz	N.A.Taipas	00:52:37.850	00:51:56.060	00:20:57.277
280	1522	Catarina Magalhães	Individual	00:52:42.400	00:52:38.430	00:21:01.827
281	1278	André Lima	Individual	00:52:43.850	00:52:34.900	00:21:03.277
282	1055	Nuno Carvalho	Individual	00:52:44.850	00:52:03.413	00:21:04.277
283	1227	Alfredo Bacelar	Individual	00:52:46.780	00:52:16.093	00:21:06.207
284	1221	Pedro Silva	Individual	00:52:47.787	00:52:19.590	00:21:07.214
285	1083	Francisco Neto	Tutilar Class Runners	00:52:50.103	00:52:40.666	00:21:09.530
286	1240	Mónica Ferreira	Spin&Run Esposende	00:52:50.907	00:52:34.210	00:21:10.334
287	1222	Catarina Matos	Individual	00:52:51.100	00:52:21.283	00:21:10.527
288	1243	André Silva	Hyundai	00:53:12.530	00:52:51.840	00:21:31.957
289	1414	Gustavo Sousa	Individual	00:53:24.780	00:53:15.590	00:21:44.207
290	1128	António Coentrão	Individual	00:53:26.287	00:53:12.327	00:21:45.714
291	1251	Luis Abreu	Individual	00:53:26.783	00:53:06.843	00:21:46.210
292	1154	Pedro Carvalho	Amigos Ponto Final	00:53:28.350	00:52:59.290	00:21:47.777
293	1362	Rui Dinis	Individual	00:53:28.780	00:52:55.940	00:21:48.207
294	1420	Ricardo Sousa	Individual	00:53:31.600	00:53:01.750	00:21:51.027
295	1020	Liliana Alves	Triofit	00:53:34.603	00:52:58.056	00:21:54.030
296	1532	Amorim Lusosxxi	Individual	00:53:45.140	00:53:21.197	00:22:04.567
297	1526	Carvalho Lusosxxi	Individual	00:53:45.537	00:53:21.694	00:22:04.964
298	1236	Rui Azevedo	Individual	00:53:48.390	00:53:22.697	00:22:07.817
299	1460	Manuel Ribeiro	N.A.Taipas	00:53:48.900	00:53:09.713	00:22:08.327
300	1421	Idalecio Pontes	Individual	00:53:50.140	00:53:25.190	00:22:09.567
301	1107	Florabela Linhares	Os Rompe Solas	00:53:51.397	00:53:32.707	00:22:10.824
302	1498	Luis Cristino	Individual	00:53:53.137	00:53:36.597	00:22:12.564
303	1089	Sandra Correia	Team Bichos	00:54:00.280	00:53:38.003	00:22:19.707
304	1561	Sergio Leira	Individual	00:54:08.137	00:54:06.194	00:22:27.564
305	1327	Bruno Meira	Spin&Run-Esposende	00:54:09.033	00:53:51.190	00:22:28.460
306	1228	Patrícia Bacelar	Individual	00:54:12.637	00:53:40.860	00:22:32.064

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
307	1238	Maria Campos	Spin&Run Esposende	00:54:13.530	00:53:55.687	00:22:32.957
308	1366	João Bronze	Individual	00:54:15.283	00:53:55.086	00:22:34.710
309	1453	Mariana Parente	Capv	00:54:18.137	00:54:07.680	00:22:37.564
310	1239	Maria Bras	Spin&Run Esposende	00:54:22.033	00:54:05.593	00:22:41.460
311	1557	João Ramalho	Individual	00:54:25.530	00:53:49.577	00:22:44.957
312	1507	Carlos Mendes	Individual	00:54:26.383	00:53:50.696	00:22:45.810
313	1402	Fátima Costa	Equipa Guardacorrer	00:54:27.133	00:53:52.686	00:22:46.560
314	1174	João Carmo	Sunset Runners	00:54:34.603	00:54:24.500	00:22:54.030
315	1343	Hugo Almeida	Individual	00:54:46.030	00:54:08.573	00:23:05.457
316	1297	Albina Gavina	Boavista Fc	00:54:46.100	00:54:32.850	00:23:05.527
317	1360	Manuel Almeida	Individual	00:54:47.783	00:54:32.930	00:23:07.210
318	1517	Gonçalo Gomes	Individual	00:54:51.360	00:54:22.580	00:23:10.787
319	1396	Pedro Guimarães	Individual	00:54:51.380	00:54:09.603	00:23:10.807
320	1391	Renato Lapa	Individual	00:55:03.783	00:54:27.346	00:23:23.210
321	1426	Rui Varela	Individual	00:55:06.783	00:54:50.593	00:23:26.210
322	1247	Elisa Cruz	Individual	00:55:15.607	00:54:50.900	00:23:35.034
323	1464	Maria Anjos	Individual	00:55:34.980	00:55:24.027	00:23:54.407
324	1472	Nuno Lopes	Individual	00:55:41.857	00:55:39.917	00:24:01.284
325	1371	Vitor Cardoso	Individual	00:55:43.537	00:55:14.470	00:24:02.964
326	1273	Paulo Moreira	Individual	00:55:45.043	00:55:40.563	00:24:04.470
327	1014	Luis Teixeira	Individual	00:55:49.603	00:55:25.643	00:24:09.030
328	1164	António Gonçalves	Individual	00:55:56.283	00:55:49.343	00:24:15.710
329	1223	António Teixeira	Individual	00:56:01.130	00:55:29.937	00:24:20.557
330	1058	Sergio Gonçalves	Individual	00:56:03.853	00:55:38.410	00:24:23.280
331	1104	António Maia	Os Rompe Solas	00:56:12.853	00:55:53.746	00:24:32.280
332	1181	Diogo Martins	Vila18	00:56:22.867	00:56:02.400	00:24:42.294
333	1470	Nataliya Soboleva	Individual	00:56:24.293	00:55:53.493	00:24:43.720
334	1282	Diogo Rodrigues	Individual	00:56:26.607	00:55:55.657	00:24:46.034
335	1204	Marta Ferreira	Clube Futebol Á??Os Belenensesâ?	00:56:34.853	00:56:33.706	00:24:54.280
336	1016	Maria Almeida	Street & Trail Runners	00:56:37.037	00:56:21.500	00:24:56.464
337	1053	Paula Oliveira	Individual	00:56:37.113	00:56:18.926	00:24:56.540
338	1180	Sandra Aguiar	Salgueiros Running	00:56:38.870	00:56:27.273	00:24:58.297
339	1143	Joaquim Oliveira	Individual	00:56:40.630	00:56:16.940	00:25:00.057
340	1323	Joaquim Dacosta	Individual	00:56:47.363	00:56:40.643	00:25:06.790
341	1205	Miosete Silva	Viana Running	00:56:47.537	00:56:41.930	00:25:06.964
342	1098	Carlos Barreto	Os Rompe Solas	00:56:52.113	00:56:39.173	00:25:11.540
343	1468	Eugénio Rodrigues	Individual	00:56:54.863	00:56:27.020	00:25:14.290
343	1466	Rui Vaz	Individual	00:56:54.863	00:56:27.506	00:25:14.290
344	1068	Filipa Carvalho	Ad Esmeriz Running	00:56:59.537	00:56:49.077	00:25:18.964
345	1445	Maria Rebelo	Individual	00:57:07.293	00:56:52.076	00:25:26.720
346	1119	Cristiano Garcia	Individual	00:57:09.607	00:56:52.314	00:25:29.034
347	1217	Vítor Vieira	Individual	00:57:09.857	00:56:37.330	00:25:29.284
348	1334	Lucinda Gomes	Individual	00:57:13.117	00:57:09.157	00:25:32.544
349	1335	Abel Falcao	Individual	00:57:17.113	00:56:58.503	00:25:36.540

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
350	1208	Albertino Domingues	Individual	00:57:18.367	00:56:42.510	00:25:37.794
351	1321	Renato Ferreira	Individual	00:57:19.537	00:56:44.440	00:25:38.964
352	1554	António Nova	Individual	00:57:30.787	00:56:55.330	00:25:50.214
353	1392	Jacquelin Sousa	Individual	00:57:39.357	00:57:14.324	00:25:58.784
354	1416	Isabel Vieira	Individual	00:57:51.357	00:57:21.420	00:26:10.784
355	1102	João Oliveira	Os Rompe Solas	00:57:59.603	00:57:43.006	00:26:19.030
356	1515	Isabel Fernandes	Individual	00:58:00.037	00:57:46.590	00:26:19.464
357	1019	Joana Moreira	Triofit	00:58:00.537	00:57:25.597	00:26:19.964
358	1530	Lídia Ferreira	Caldas S. Jorge Sport Clube	00:58:04.037	00:57:59.347	00:26:23.464
359	1529	António Conceição	Caldas S. Jorge Sport Clube	00:58:04.860	00:57:59.423	00:26:24.287
360	1284	Paulo Lapa	Individual	00:58:07.787	00:57:36.937	00:26:27.214
361	1283	Susana Lapa	Individual	00:58:08.103	00:57:37.656	00:26:27.530
362	1304	Francisco Pinto	Boavista Fc	00:58:14.353	00:57:52.156	00:26:33.780
363	1191	Maria Santos	Individual	00:58:15.537	00:57:52.837	00:26:34.964
364	1553	José Pinto	Individual	00:58:17.547	00:57:52.857	00:26:36.974
365	1552	Ana Raquel	Individual	00:58:17.787	00:57:52.847	00:26:37.214
366	1571	Carla Vilasboas	Individual	00:58:23.047	00:58:05.094	00:26:42.474
367	1572	Orlando Pereira	Individual	00:58:23.100		00:26:42.527
368	1294	Joao Ferreira	Individual	00:58:24.607	00:58:01.830	00:26:44.034
369	1415	Carlos Oliveira	Individual	00:58:29.037	00:57:57.260	00:26:48.464
370	1539	Vitor Martins	Individual	00:58:36.597	00:58:00.820	00:26:56.024
371	1090	Teresa Brito	Team Bichos	00:58:37.347	00:58:16.890	00:26:56.774
372	1192	Ricardo Maciel	Individual	00:58:54.857	00:58:32.670	00:27:14.284
373	1449	Cristina Flores	Capv	00:59:01.037	00:58:49.004	00:27:20.464
374	1424	Catarina Gomes	Hyundai	00:59:01.287	00:58:38.337	00:27:20.714
375	1074	Miguel Azevedo	Macf18	00:59:11.297	00:58:34.200	00:27:30.724
376	1073	Cristina Faria	Macf18	00:59:12.610	00:58:34.060	00:27:32.037
377	1114	Virgílio Palmeiro	Os Rompe Solas	00:59:29.860	00:59:12.923	00:27:49.287
378	1010	Deolinda Canelas	Individual	00:59:39.540	00:59:28.070	00:27:58.967
379	1340	Pedro Dinis	Individual	00:59:43.820	00:59:10.383	00:28:03.247
380	1348	Ana Abreu	Individual	00:59:45.107	00:59:09.330	00:28:04.534
381	1363	Fernanda Coelho	Individual	00:59:52.587	00:59:12.997	00:28:12.014
382	1361	Ana Coelho	Individual	00:59:54.843	00:59:15.156	00:28:14.270
383	1025	Vera Freitas	Individual	00:59:56.320	00:59:36.817	00:28:15.747
384	1024	David Queirós	Individual	01:00:00.357	00:59:42.074	00:28:19.784
385	1318	Jorge Fernandes	Individual	01:00:00.587	00:59:32.890	00:28:20.014
386	1125	Carlos Teixeira	Os Rompe Solas	01:00:04.290	00:59:48.937	00:28:23.717
387	1541	Elsa Bompastor	Individual	01:00:04.357	00:59:44.860	00:28:23.784
388	1351	Joao Vicente	Individual	01:00:20.333	00:59:58.226	00:28:39.760
389	1319	Artur Silva	Individual	01:00:30.090	00:59:52.893	00:28:49.517
390	1521	Ana Magalhães	Individual	01:00:31.040	01:00:26.043	00:28:50.467
391	1160	Luis Miranda	Os Caracóis	01:00:36.357	01:00:22.540	00:28:55.784
392	1452	Marco Barros	Capv	01:00:42.327	01:00:30.774	00:29:01.754
393	1344	Ariana Gomes	Individual	01:00:42.577	01:00:02.300	00:29:02.004

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
394	1481	Maria Ribeiro	Vitória Antiques	01:00:42.790	01:00:26.473	00:29:02.217
395	1352	Liliana Vasconcelos	Individual	01:00:44.543	01:00:34.450	00:29:03.970
396	1106	Armindo Rodrigues	Os Rompe Solas	01:00:48.087	01:00:14.287	00:29:07.514
397	1353	Vanessa Dias	Individual	01:00:48.607	01:00:38.394	00:29:08.034
398	1448	Adriana Ferreira	Capv	01:00:53.790	01:00:42.837	00:29:13.217
399	1263	Vitor Martins	Individual	01:00:54.800	01:00:25.457	00:29:14.227
400	1264	Liliana Martins	Individual	01:00:55.040	01:00:25.590	00:29:14.467
401	1325	Aparício Lopes	Tirilopes	01:00:55.577	01:00:47.387	00:29:15.004
402	1255	Ildefonso Martins	Individual	01:00:59.083	01:00:24.540	00:29:18.510
403	1442	Rosa Baptista	Individual	01:01:24.807	01:01:21.367	00:29:44.234
404	1333	Rosa Barros	Individual	01:01:25.080	01:01:19.127	00:29:44.507
405	1142	Horácio Teixeira	Individual	01:01:47.793	01:01:31.096	00:30:07.220
406	1182	Hilario Silva	Vila18	01:01:49.043	01:01:28.843	00:30:08.470
407	1021	Marisa Sousa	Triofit	01:01:53.817	01:01:18.370	00:30:13.244
408	1403	Márcia Gonçalves	Equipa Guardacorrer	01:01:55.320	01:01:21.120	00:30:14.747
409	1368	Artur Peniche	Individual	01:01:58.360	01:01:24.663	00:30:17.787
410	1271	Raquel Jacinto	Individual	01:02:10.597	01:01:48.344	00:30:30.024
411	1258	Lafayette Betagno	Buscape	01:02:58.610	01:02:39.913	00:31:18.037
412	1093	Ivânia Esteves	Equipa Boot	01:03:39.367	01:03:06.677	00:31:58.794
413	1519	Maria Fernandes	Individual	01:03:52.550	01:03:17.110	00:32:11.977
414	1456	Alexandra Martinho	N.A.Taipas	01:03:54.363	01:03:14.266	00:32:13.790
415	1122	Beatriz Gharibe	Individual	01:04:01.360	01:03:39.643	00:32:20.787
416	1268	Duarte Sá	Individual	01:04:50.040	01:04:26.333	00:33:09.467
417	1356	Joao Branco	Individual	01:04:59.040	01:04:32.840	00:33:18.467
418	1281	Isabel Brito	Individual	01:04:59.297	01:04:40.600	00:33:18.724
419	1503	Amelia Ramos	Individual	01:04:59.797	01:04:53.597	00:33:19.224
420	1200	Filipe Fernandes	Individual	01:05:11.860	01:04:49.920	00:33:31.287
421	1473	Nuno Fernandes	Opraticante.Pt	01:05:25.297	01:05:04.207	00:33:44.724
422	1163	Rui Miranda	Os Caracóis	01:05:58.530	01:05:46.580	00:34:17.957
423	1065	António Couto	Individual	01:05:59.537	01:05:41.577	00:34:18.964
424	1375	Sandra Santos	Runners Sernancelhe Terra Da Castanha	01:06:45.547	01:06:26.764	00:35:04.974
425	1374	Fernando Ferreira	Runners Sernancelhe Terra Da Castanha	01:06:47.117	01:06:29.170	00:35:06.544
426	1388	José Ferreira	Individual	01:06:55.113	01:06:26.916	00:35:14.540
427	1121	Lurdes Rocha	Individual	01:07:00.863	01:06:31.173	00:35:20.290
428	1269	Fátima Lopes	Trofa Runners	01:07:09.643	01:06:52.183	00:35:29.070
429	1372	Carina Freitas	Individual	01:07:20.800	01:06:44.113	00:35:40.227
430	1447	Adelaide Morim	Capv	01:07:46.767	01:07:35.804	00:36:06.194
431	1082	Barbara Goncalves	Equipa Boot	01:07:57.017		00:36:16.444
432	1137	Ana Barbosa	Equipa Boot	01:07:59.117	01:07:27.430	00:36:18.544
433	1138	Pedro Barbosa	Equipa Boot	01:07:59.867	01:07:28.430	00:36:19.294
434	1003	Manuel Leonardo	Individual	01:09:08.363	01:08:58.766	00:37:27.790
435	1113	Victor Mota	Os Rompe Solas	01:09:16.047	01:08:55.450	00:37:35.474
436	1210	Guilherme Pires	Hyundai	01:10:28.743	01:10:06.303	00:38:48.170
437	1161	Maria Miranda	Os Caracóis	01:11:16.303	01:11:05.080	00:39:35.730

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
438	1162	Rafael Viana	Os Caracóis	01:11:16.487	01:11:05.290	00:39:35.914
439	1136	Ricardo Ramiro	Individual	01:11:22.553	01:10:49.110	00:39:41.980
440	1373	Silvia Pinheiro	Individual	01:11:29.307	01:10:53.360	00:39:48.734
441	1425	Gentil Pereira	Hyundai	01:11:46.980	01:11:23.003	00:40:06.407
442	1244	Rita Quaresma	Hyundai	01:11:47.307	01:11:24.464	00:40:06.734
443	1214	Paulo Pereira	Hyundai	01:11:47.557	01:11:23.857	00:40:06.984
444	1484	Jorge Freitas	Individual	01:15:11.947	01:14:56.487	00:43:31.374
445	1397	Lídia Farinha	Equipa Guardacorrer	01:22:02.317	01:21:33.104	00:50:21.744
446	1395	Joel Farinha	Equipa Guardacorrer	01:22:02.383	01:21:33.193	00:50:21.810
447	1400	Leonor Salício	Equipa Guardacorrer	01:22:04.380	01:21:27.787	00:50:23.807
448	1229	Nuno Lameirinhas	Individual	01:22:05.570	01:21:24.870	00:50:24.997
449	1049	Antonio Seabra	Individual	01:22:06.067	01:21:25.367	00:50:25.494