

Lugar	Dorsal	Nome	Género	Equipa	Categoria	Tempo	Chip
1	1953	Diogo Pinho	M	Nascidos para Correr	Séniore	00:33:57	00:33:57
2	1638	Renato Sousa	M	A D Rio Largo C Espinho	Séniore	00:34:25	00:34:22
3	1582	Duarte Rodrigues	M	Maia A.C	Séniore	00:35:12	00:35:12
4	1803	ANTONIO SOUSA	M	RIPOLINS GRIJÓ A CORRER	VET 45	00:35:24	00:35:24
5	1505	Paulo Rocha	M	RunRiver-Escola Atletismo de Rio Tinto	VET 35	00:35:28	00:35:28
6	1908	Tiago Pinto	M	Douroconta - Gabinete de Apoio e Contabilidade	VET 35	00:35:31	00:35:31
7	1849	Pedro Tapadas	M	Gondomar Futsal Clube	Séniore	00:35:40	00:35:40
8	1905	Rui Gomes	M	Douroconta - Gabinete de Apoio e Contabilidade	VET 40	00:36:00	00:36:00
9	1894	Paulo Reis	M	Sporting Clube de Espinho / António Leitão	VET 50	00:36:16	00:36:16
10	1906	Hugo Moreira	M	Douroconta - Gabinete de Apoio e Contabilidade	Séniore	00:36:28	00:36:28
11	1893	Hernâni Furtado	M	Sporting Clube de Espinho / António Leitão	VET 35	00:36:43	00:36:41
12	1957	José Cabral	M	Juntos somos UM	VET 55	00:37:03	00:37:01
13	1892	Ricardo Ferreira	M	Sporting Clube de Espinho / António Leitão	VET 40	00:37:12	00:37:12
14	1534	Hugo Santos	M	Nascidos para Correr	VET 35	00:37:19	00:37:13
15	1501	Sérgio Silva	M	MSS Contabilidade	VET 35	00:37:24	00:37:24
16	1907	Ricardo Barros	M	Douroconta - Gabinete de Apoio e Contabilidade	Séniore	00:37:41	00:37:41
17	1772	Rui Taborda	M	ACD São João da Serra	VET 40	00:38:04	00:38:04
18	1973	Vasco Leite Faria	M	RunRiver-Escola Atletismo de Rio Tinto	Séniore	00:38:14	00:38:14
19	1764	Américo Santos	M	Casa Doce	VET 45	00:38:18	00:38:18
20	1655	Mário Gonçalves	M	GDR Juventude das Ribeiras	VET 50	00:38:23	00:38:21
21	1842	Fábio Reis	M		Séniore	00:38:27	00:38:21
22	1615	Jorge Santos	M		Séniore	00:38:28	00:38:23
23	1835	José Afonso	M	HSanta Maria RT	VET 40	00:38:32	00:38:30
24	1593	Vitor Manuel Ramos	M		VET 35	00:38:34	00:38:34
25	1608	fernando pereira	M	ad lustosa	VET 50	00:38:38	00:38:36
26	1585	Carlos Rodrigues	M		Séniore	00:39:01	00:38:58
27	1895	Paulo Oliveira	M	Sporting Clube de Espinho / António Leitão	VET 45	00:39:02	00:38:58
28	1525	RUI TAVARES	M	RIPOLINS GRIJÓ A CORRER	VET 40	00:39:10	00:39:08
29	1728	Diana Sousa	F	Centro Ciclista de Gondomar	Séniore	00:39:14	00:39:14
30	1668	Tiago Pereira	M		Séniore	00:39:16	00:39:04
31	1977	José Figueiredo	M	Afisoar	VET 50	00:39:26	00:39:22
32	1524	Domingos Silva	M	Nascidos para Correr	VET 35	00:39:27	00:39:24
33	1822	Armando Rosa	M		VET 50	00:39:51	00:39:47
34	1995	PedroSilva23	M		VET 40	00:39:53	00:39:50
35	1528	PAULO FERNANDES	M	RIPOLINS GRIJÓ A CORRER	VET 45	00:39:58	00:39:58
36	1831	José Rocha	M	Douroconta - Gabinete de Apoio e Contabilidade	VET 40	00:39:59	00:39:57
37	1828	Niata	F	Ginásio Clube de Bragança	Séniore	00:40:08	00:40:08
38	1641	Ludgero Moreira	M	Escola de Atletismo da Trofa	VET 35	00:40:16	00:40:16
39	1556	Paulo Nascimento	M	Nascidos para Correr	VET 40	00:40:19	00:40:16
40	1975	Manuel Fonseca	M	Afisoar	VET 55	00:40:22	00:40:17
41	1891	Augusto Castro	M	Sporting Clube de Espinho / António Leitão	VET 55	00:40:25	00:40:25
42	1557	Pedro Peter	M	Nascidos para Correr	VET 40	00:40:29	00:40:25
43	2000	Vítor João Magalhães Pereira	M		Séniore	00:40:42	00:40:35
44	1637	Zé Bolt	M	A D Rio Largo C Espinho	VET 35	00:41:00	00:40:57

Lugar	Dorsal	Nome	Género	Equipa	Categoria	Tempo	Chip
45	1855	Pedro Freitas	M	Factor X / S4L / Medense FC	VET 40	00:41:08	00:41:06
46	1769	Bernardo Perez	M		VET 55	00:41:11	00:41:11
47	1649	André Soares	M	RunRiver-Escola Atletismo de Rio Tinto	VET 35	00:41:11	00:41:11
48	1613	JOSE MARIA FARIA	M		VET 40	00:41:25	00:41:20
49	1952	António Graça	M	Nascidos para Correr	VET 60	00:41:29	00:41:25
50	1809	Luís	M	HPCOn Runners	Séniore	00:41:30	00:41:19
51	1693	Pedro Guimarães	M		VET 40	00:41:33	00:41:22
52	1719	Rui Carneiro	M	Grupo de Bombos "OS CORDOVENSES"	Séniore	00:41:43	00:41:43
53	1610	Duarte Costa	M	Run for Friends	VET 35	00:41:48	00:41:45
54	1756	Adalberto Mota	M		VET 45	00:41:51	00:41:31
55	1804	JOSÉ CARLOS	M	RIPOLINS GRIJÓ A CORRER	VET 45	00:41:56	00:41:56
56	1588	Ricardo Sousa	M	Sai do sofá	VET 35	00:41:57	00:41:24
57	1658	Jose Mendes	M	Falsos Lentos	VET 35	00:42:07	00:41:37
58	1755	Antonio Palhares	M		VET 40	00:42:09	00:42:06
59	1645	Joaquim Manuel Lopes Cunha	M	Águas do Porto - Casa dos Trabalhadores	VET 50	00:42:09	00:41:58
60	1698	Tiago Martins	M		VET 35	00:42:35	00:42:30
61	1653	Diamantino Martins	M	GDR Juventude das Ribeiras	VET 40	00:42:36	00:42:13
62	1531	PAULO GOMES	M	RIPOLINS GRIJÓ A CORRER	VET 45	00:42:41	00:42:38
63	1519	Flávio Sousa	M		Séniore	00:42:59	00:42:54
64	1558	Joao Oliveira	M	Facort Running Team	Séniore	00:43:00	00:42:51
65	1731	Serafim Fernando Aguiar Reis	M	centro de atletismo do porto	VET 45	00:43:05	00:42:52
66	1512	Filipe Póvoas	M	MSS Contabilidade	Séniore	00:43:13	00:43:11
67	1852	Filipa Vieira	F	Aminhacorrída/Myprotein	Séniore	00:43:16	00:42:53
68	1667	Fernando Pedro Ferreira Marinho	M	Team do Fêfê	Séniore	00:43:21	00:43:14
69	1857	Ricardo Santos	M		Séniore	00:43:28	00:43:24
70	1890	Conceição Tenda	F	Sporting Clube de Espinho / António Leitão	VET 35	00:43:29	00:43:29
71	1927	Paulo Alexandre Fernandes Neto	M		Séniore	00:43:37	00:43:20
72	1844	Carlos Frias	M	G.D.Leões da Guarda	VET 60	00:43:42	00:43:40
73	1616	Joice Jesus	M		VET 40	00:43:43	00:43:43
74	1602	Hélder António de Oliveira Mendes	M	Clube Zupper	VET 35	00:43:46	00:43:40
75	1513	António Azevedo	M	Nascidos para Correr	VET 55	00:43:48	00:43:45
76	1652	Bruno Castro	M	GDR Juventude das Ribeiras	Séniore	00:43:58	00:43:34
77	1877	Fabio Coutinho	M	?ALINHAS?	Séniore	00:43:59	00:43:30
78	1549	Marco Almeida	M	Nascidos para Correr	VET 40	00:44:01	00:43:56
79	1941	Dário Ferreira	M		Séniore	00:44:05	00:43:40
80	1843	David Aguiar	M	Trilhados	Séniore	00:44:10	00:44:03
81	1889	Paulo Manuel Mendes Moreira	M	CCD APDL	VET 45	00:44:12	00:43:58
82	1625	Rui carvalho	M		VET 35	00:44:15	00:43:46
83	1623	Vítor Fonseca	M		Séniore	00:44:23	00:44:17
84	1735	Manuel Silva Sá	M	centro de atletismo do porto	VET 55	00:44:25	00:44:23
85	1555	Paulo Martins	M	Nascidos para Correr	VET 45	00:44:27	00:44:20
86	1572	Virgílio Vieira	M	Nascidos para Correr	VET 35	00:44:28	00:44:22
87	1617	Serafim Ramos	M	LION RUNNERS - G. D. Leões da Guarda	VET 60	00:44:31	00:44:17
88	1974	Pedro Necho	M	Afisovar	VET 40	00:44:44	00:44:39

Lugar	Dorsal	Nome	Género	Equipa	Categoria	Tempo	Chip
89	1748	Tiago Ferreira	M		Séniore	00:44:54	00:44:37
90	1518	Orlando	M		Séniore	00:44:59	00:44:41
91	1921	Paulo Silva	M	Pernetas	VET 45	00:45:02	00:44:37
92	1659	Sérgio Crista	M	GDR Juventude das Ribeiras	VET 40	00:45:05	00:44:41
93	1774	Paulo Emanuel da Cunha Soares	M		Séniore	00:45:07	00:44:35
94	1604	CARLOS JORGE OLIVEIRA	M	BOAVISTA FC	VET 45	00:45:10	00:44:55
95	1628	José Sá	M	LION RUNNERS - G. D. Leões da Guarda	VET 35	00:45:10	00:44:56
96	1630	Sofia Pimenta	F	LION RUNNERS - G. D. Leões da Guarda	VET 35	00:45:11	00:44:57
97	1729	Carlos Alves	M	centro de atletismo do porto	VET 60	00:45:12	00:44:58
98	1854	Vitor Silva	M	Factor X / S4L / Medense FC	VET 40	00:45:13	00:45:04
99	1651	Agostinho Sequeira	M	GDR Juventude das Ribeiras	VET 45	00:45:15	00:44:51
100	1662	Ivo Nascimento	M	EQUIPA BOOT	Séniore	00:45:17	00:45:02
101	1751	carlos do fundo	M	vcp atletismo	VET 40	00:45:19	00:44:58
102	1510	Manuel Póvoas	M	MSS Contabilidade	VET 55	00:45:23	00:45:22
103	1654	Mario Nogueira	M		VET 50	00:45:24	00:45:16
104	1747	Daniela Soares	F	Unidos à Fresca	VET 35	00:45:26	00:45:06
105	1594	ANTÓNIO M NETO	M	Trifitrofa	VET 60	00:45:26	00:45:21
106	1915	Roberto Garcês	M	100meta	Séniore	00:45:26	00:45:06
107	1909	António Azevedo	M	Douroconta - Gabinete de Apoio e Contabilidade	VET 45	00:45:33	00:45:33
108	1724	Emília Santos	F	ACD São João da Serra	VET 45	00:45:34	00:45:30
109	1538	Fernando Miranda	M		VET 50	00:45:38	00:45:11
110	1502	Pedro Barbosa	M		VET 45	00:45:47	00:45:28
111	1511	Aníbal Silva	M	Nascidos para Correr	VET 60	00:45:50	00:45:44
112	1715	Bruno Pereira	M		Séniore	00:45:54	00:45:37
113	1766	hugo sousa	M	Gin Marathon Runners	VET 40	00:46:00	00:45:47
114	1839	António Barbosa	M		VET 55	00:46:00	00:45:58
115	1862	Solal	M		Séniore	00:46:10	00:45:44
116	1840	Joaquim Moura	M		VET 45	00:46:12	00:46:08
117	1899	Armando Fonseca	M	Douroconta - Gabinete de Apoio e Contabilidade	Séniore	00:46:18	00:46:11
118	1527	Emanuel Madureira	M	Nascidos para Correr	VET 55	00:46:19	00:46:07
119	1869	José João Ruas	M		Séniore	00:46:20	00:46:06
120	1597	Sandra Cardoso	F	Baguim Runners	VET 40	00:46:20	00:46:16
121	1636	Miguel Ângelo Sousa Rios da Costa	M		VET 35	00:46:22	00:46:11
122	1725	Paulo Machado	M	centro de atletismo do porto	VET 40	00:46:22	00:46:08
123	1562	Susana Pinto	F	Nascidos para Correr	VET 45	00:46:22	00:46:19
124	1675	Hugo Pinto	M	Trilhados	Séniore	00:46:25	00:46:18
125	1961	Lupricinio Correia	M	Casa dos Frangos de Baltar	VET 45	00:46:28	00:46:25
126	1587	Fernando Moutinho	M		VET 40	00:46:31	00:46:16
127	1721	Ricardo soares	M		VET 35	00:46:32	00:46:08
128	1514	Ibraim Sousa	M	MSS Contabilidade	VET 40	00:46:36	00:46:33
129	1574	Marcos Santos	M	Factor X / S4L / Medense FC	Séniore	00:46:45	00:46:36
130	1583	Vítor Mendes	M	Befitness	Séniore	00:46:46	00:46:28
131	1736	Ricardo Silva	M	centro de atletismo do porto	VET 45	00:46:50	00:46:36
132	1753	paulo fernandes	M	vcp atletismo	VET 45	00:46:57	00:46:38

Lugar	Dorsal	Nome	Género	Equipa	Categoria	Tempo	Chip
133	1581	Vítor Manuel Magalhães Moreira	M	B.V.Moreira-Maia	VET 40	00:47:09	00:47:06
134	1714	João Paulo Silva Barbosa	M	BVART RUNNERS	Séniore	00:47:20	00:46:55
135	1749	victor pereira	M	vcp atletismo	VET 50	00:47:30	00:47:13
136	1551	Fernando Rocha	M	Nascidos para Correr	VET 50	00:47:32	00:47:22
137	1720	Carlos Filipe Couto Pereira	M	FigueiróFit	Séniore	00:47:42	00:47:30
138	1967	André	M		Séniore	00:47:42	00:47:35
139	1926	Tiago Pereira da Silva	M		Séniore	00:47:50	00:47:34
140	1792	Ricardo Costa	M	Lebre 10	VET 35	00:47:55	00:47:47
141	1904	Carlos Bento	M	Douroconta - Gabinete de Apoio e Contabilidade	VET 60	00:47:57	00:47:54
142	1578	tania henrique	F		VET 35	00:47:59	00:47:30
143	1568	Tatiana Mera	F	Nascidos para Correr	Séniore	00:48:00	00:47:57
144	1704	Luis Soares	M	Ímprovaveis	VET 35	00:48:03	00:47:54
145	1931	Hugo fernandes	M	Edv viana	Séniore	00:48:05	00:47:44
146	1868	Filipe Ferreira	M	Porto sentido	VET 40	00:48:17	00:48:03
147	1521	Cláudia Pimparel	F	Shots International Runners	VET 45	00:48:22	00:48:19
148	1778	Igor Cunha	M	BVART RUNNERS	Séniore	00:48:26	00:48:01
149	1710	Jorge Lagareiro	M	MCRUNNING	VET 45	00:48:30	00:48:03
150	1699	Rui Godinho	M	salgueiros running	VET 45	00:48:30	00:48:23
151	1611	Fernando Novais	M	Lebre 10	VET 45	00:48:33	00:48:25
152	1823	Baltazar Ferreira	M		VET 50	00:48:37	00:48:29
153	1806	Hélder Ferreira	M		VET 35	00:48:38	00:48:34
154	1690	João silva	M		VET 50	00:48:42	00:48:25
155	1993	Ana Barbosa	F	Invicta Runners Team	VET 55	00:48:42	00:48:38
156	1566	Sara Ferreira	F	Nascidos para Correr	Séniore	00:48:51	00:48:42
157	1509	André Botelho	M	Nascidos para Correr	VET 40	00:48:51	00:48:42
158	1539	João Martins	M	Nascidos para Correr	VET 40	00:48:52	00:48:40
159	1897	Delabays	M		Séniore	00:48:58	00:48:36
160	1548	Daniela Sarmiento	F	LION RUNNERS - G. D. Leões da Guarda	VET 40	00:49:01	00:48:46
161	1885	Dário Pinto	M	MSS Contabilidade	Séniore	00:49:03	00:49:01
162	1858	Cesaltino Varella	M	Os pesqueiros	Séniore	00:49:05	00:47:50
163	1860	Nuno Leite	M	Os pesqueiros	Séniore	00:49:06	00:47:52
164	1866	Paulo Moreira	M		VET 50	00:49:06	00:48:54
165	1791	Manuel Costa	M	Lebre 10	VET 60	00:49:11	00:49:05
166	1945	pedro marques	M	RunRiver-Escola Atletismo de Rio Tinto	VET 35	00:49:14	00:48:47
167	1856	João Teles	M	Factor X / S4L / Medense FC	VET 35	00:49:15	00:49:07
168	1776	Pedro monteiro	M		VET 40	00:49:18	00:49:12
169	1598	Lourenço Cardoso	M	Baguim Runners	VET 45	00:49:19	00:49:15
170	1797	Nuno Mota	M	STCP Runners	VET 40	00:49:20	00:48:54
171	1865	Jose Monteiro	M	CCD APDL	VET 40	00:49:25	00:48:57
172	1881	Francisco Vieira	M		VET 40	00:49:28	00:49:18
173	1925	Pedro Serra	M		Séniore	00:49:30	00:49:06
174	1936	josé manuel martins silva	M		VET 55	00:49:38	00:49:27
175	1708	Seca José	M	OLIVECONTA	VET 45	00:49:41	00:49:27
176	1504	Tiago Sequeira	M	MSS Contabilidade	Séniore	00:49:45	00:49:42

Lugar	Dorsal	Nome	Género	Equipa	Categoria	Tempo	Chip
177	1883	Bruno Cunha	M	SISCOG - SISTEMAS COGNITIVOS	Séniore	00:49:45	00:49:34
178	1691	Luís Coelho	M		VET 45	00:49:46	00:49:41
179	1810	Catarina Soares	F	HPCOn Runners	Séniore	00:49:47	00:49:35
180	1707	António Gomes	M		VET 45	00:49:51	00:49:45
181	1536	Sérgio Pereira	M		VET 50	00:49:53	00:49:49
182	1535	Isaque Pinto	M	Nascidos para Correr	VET 50	00:49:58	00:49:48
183	1683	João Pedro Costelha Leal	M		Séniore	00:50:01	00:49:52
184	1780	Carla Isabel Pereira Martins	F		VET 45	00:50:16	00:49:55
185	1790	Fromentino Fernando da Silva Guimarães	M		VET 50	00:50:18	00:49:56
186	1950	José Amorim	M	LUSOS XXI	Séniore	00:50:26	00:50:01
187	1657	Paulo Araújo	M	GDR Juventude das Ribeiras	VET 45	00:50:36	00:50:12
188	1661	Sérgio Mendes	M	GDR Juventude das Ribeiras	VET 35	00:50:37	00:50:14
189	1619	João Luis Morais	M		VET 45	00:50:38	00:50:34
190	1503	Rui Santos	M	Nascidos para Correr	VET 45	00:50:39	00:50:32
191	1656	Hélder Soares	M	Falsos Lentos	VET 35	00:50:39	00:50:07
192	1943	FERNANDO SOUTO	M		VET 50	00:50:45	00:50:12
193	1814	manuel carvalho dias	M		VET 55	00:50:51	00:50:31
194	1999	Paulo Carneiro	M	STCP Runners	VET 50	00:50:52	00:50:28
195	1739	José Paulo Neves	M	Flocos	Séniore	00:50:57	00:50:52
196	1737	Mariana Silva Barros	F	Flocos	Séniore	00:50:58	00:50:53
197	1914	Sérgio Quintas	M		VET 35	00:51:07	00:50:34
198	1796	Valter Barbosa	M	STCP Runners	VET 35	00:51:10	00:50:47
199	1853	Pedro Oliveira Dias	M		VET 55	00:51:13	00:50:41
200	1929	manuel monteiro	M		VET 50	00:51:15	00:50:52
201	1679	Eurico Abreu	M		Séniore	00:51:15	00:50:52
202	1596	Agostinho Teixeira	M		VET 60	00:51:26	00:51:02
203	1674	Carlos Freitas	M	Trilhados	Séniore	00:51:29	00:51:22
204	1669	António Guedes	M	Invicta Runners Team	VET 40	00:51:29	00:51:10
205	1706	António Pereira	M		VET 40	00:51:37	00:51:13
206	1997	Eduardo Loureiro	M	REMO RUNNERS - CLUBE DO REMO - BELÉM - PA, BRASIL	VET 45	00:51:38	00:51:05
207	1859	Esmael Tavares	M	Os pesqueiros	Séniore	00:51:43	00:50:27
208	1763	Antonio Rocha	M		VET 55	00:51:46	00:51:31
209	1677	Jorge Pereira	M		VET 60	00:51:46	00:51:21
210	1773	Elisabete Cunha	F		VET 35	00:51:47	00:51:44
211	1887	josé A. Gomes	M		VET 40	00:51:49	00:51:17
212	1959	Vítor Machado	M		Séniore	00:51:57	00:51:42
213	1684	Tiago Gonçalo Mendes Beirão Neto Vaz	M		Séniore	00:51:59	00:51:48
214	1759	José Pedro Maia Junqueiro Vilas	M		Séniore	00:52:02	00:51:51
215	1705	Pedro carvalho	M		VET 35	00:52:10	00:51:43
216	1639	Joaquim Gomes	M	A D Rio Largo C Espinho	VET 60	00:52:10	00:51:50
217	1955	Pedro Borges	M	Buenavista Run Club	Séniore	00:52:14	00:52:10
218	1990	ANTÓNIO OLIVEIRA	M	Invicta Runners Team	VET 55	00:52:17	00:51:57
219	1689	Fernando Manuel de Jesus Godinho	M		VET 35	00:52:20	00:52:04
220	1938	sara nunes	F	Afisovar	VET 40	00:52:24	00:51:55

Lugar	Dorsal	Nome	Género	Equipa	Categoria	Tempo	Chip
221	1787	Alvaro Silva	M	MSS Contabilidade	VET 55	00:52:25	00:52:16
222	1621	Diogo Soares	M	Correr Leça	Séniore	00:52:36	00:52:13
223	1951	Gabriel Santos	M	Nascidos para Correr	VET 50	00:52:51	00:52:43
224	1870	Albino Dias	M	BudeguitaRunners	VET 40	00:52:55	00:52:24
225	1726	Rui Reis	M		VET 35	00:52:55	00:52:24
226	1937	Ricardo Morais	M		VET 40	00:52:56	00:52:31
227	1567	Mário Fonseca	M		VET 50	00:52:56	00:52:32
228	1671	Rui Manuel Ribeiro Gonçalves	M		Séniore	00:53:07	00:52:39
229	1946	Raul Silva	M		Séniore	00:53:09	00:52:43
230	1540	Paulo Ferreira	M		VET 40	00:53:12	00:53:01
231	1757	Cristóvão Afonso	M	RunRiver-Escola Atletismo de Rio Tinto	VET 40	00:53:13	00:52:45
232	1595	Jorge Manuel Coutinho Oliveira	M		VET 45	00:53:13	00:52:46
233	1900	José Santos	M	Douroconta - Gabinete de Apoio e Contabilidade	VET 55	00:53:17	00:53:09
234	1771	José Carlos da Fonseca Nunes	M		VET 55	00:53:18	00:52:48
235	1670	Adelaide Veludo	F	individual	VET 60	00:53:18	00:53:14
236	1976	Paulo Almeida	M	Afisovar	VET 50	00:53:21	00:53:18
237	1716	Maria Rosa Pinto Coelho	F		VET 50	00:53:22	00:53:10
238	1815	André Gouveia Paiva	M		VET 55	00:53:25	00:53:22
239	1541	José Andrade	M	Nascidos para Correr	VET 35	00:53:26	00:53:13
240	1902	Marco Castro	M	Douroconta - Gabinete de Apoio e Contabilidade	VET 45	00:53:29	00:53:22
241	1633	Tiago Ganilho	M	Baguim Runners	VET 35	00:53:33	00:53:20
242	1994	Rosa Campanhã	F		VET 40	00:53:34	00:53:31
243	1687	Marco Cardoso	M	Evolua.pt	VET 40	00:53:39	00:53:30
244	1954	Dora Dias	F	No Tomorrow Running Team	VET 35	00:53:40	00:53:16
245	1918	Luis	M		VET 35	00:53:41	00:53:21
246	1672	Filipe Amorim	M		Séniore	00:53:41	00:53:22
247	1848	Luis Rodrigues	M	Pegasus Team	VET 45	00:53:52	00:53:24
248	1606	José Oliveira	M		VET 45	00:53:53	00:53:49
249	1989	NATALIA RIBEIRO	F	Invicta Runners Team	VET 45	00:54:02	00:53:44
250	1863	Loïc	M		Séniore	00:54:07	00:53:42
251	1968	Luis Pereira	M	Ramalde Fitness Club	Séniore	00:54:08	00:53:59
252	1713	Manuel Marques	M		VET 50	00:54:09	00:54:02
253	1933	André Ponte	M		Séniore	00:54:09	00:53:52
254	1920	Pedro Barbosa	M	EQUIPA BOOT	Séniore	00:54:11	00:53:52
255	1680	Daniel Rodrigues	M		Séniore	00:54:16	00:53:54
256	1640	Fabio Emanuel Santos Nogueira	M	Aparício	Séniore	00:54:21	00:54:08
257	1758	MúsicaPaulo Gonçalves	M	STCP Runners	VET 45	00:54:35	00:54:09
258	1569	Pedro Sousa	M	TrepaTrilhos Trail Team	VET 50	00:54:39	00:54:33
259	1983	RICARDO BARROS	M	Invicta Runners Team	VET 40	00:54:39	00:54:22
260	1874	Tiago Carvalho	M		VET 35	00:54:39	00:54:09
261	1517	Armanda Pinto	F	Nascidos para Correr	VET 50	00:54:44	00:54:34
262	1685	Bronze	M		VET 50	00:55:05	00:54:56
263	1861	Edite Tavares	F	Os pescueiros	Séniore	00:55:07	00:53:50
264	1846	Bia Maia	F	Pegasus Team	VET 45	00:55:07	00:54:40

Lugar	Dorsal	Nome	Género	Equipa	Categoria	Tempo	Chip
265	1627	Hugo Pinto	M		Séniore	00:55:09	00:54:51
266	1964	Carlos Manuel Oliveira Campos	M	Improvaveis	Séniore	00:55:15	00:55:04
267	1829	Ricardo Moreira	M	MSS Contabilidade	VET 35	00:55:21	00:55:13
268	1754	paulo branco	M	vcp atletismo	VET 45	00:55:21	00:55:01
269	1712	Filipe Conceição	M	Locomotiva de Paranhos	VET 35	00:55:22	00:54:53
270	1752	Diogo Figueiredo	M		Séniore	00:55:26	00:55:05
271	1845	Paulo Lara	M		VET 45	00:55:28	00:55:21
272	1969	Paulo Sousa	M		VET 50	00:55:34	00:55:13
273	1526	António Santos	M		VET 60	00:55:47	00:55:30
274	1620	JOAQUIM OLIVEIRA	M	RIPOLINS GRIJÓ A CORRER	VET 55	00:55:50	00:55:27
275	1770	Joaquim Lagareiro	M		VET 50	00:55:50	00:55:20
276	1817	Nuno Fernandes	M	OPraticante.pt	Séniore	00:55:51	00:55:30
277	1570	Teresinha Castro	F	Nascidos para Correr	VET 35	00:55:53	00:55:42
278	1987	IVONE PARDAL	F	Invicta Runners Team	VET 40	00:55:59	00:55:42
279	1962	Francisco Maria	M		VET 60	00:56:02	00:55:46
280	1798	André Jorge Gonçalves Fraga	M		Séniore	00:56:08	00:55:53
281	1879	Rui Manuel da Silva Carvalho	M		VET 55	00:56:14	00:55:51
282	1697	Sandra Aguiar	F	salgueiros running	VET 40	00:56:14	00:56:07
283	1665	Luís Miguel	M		VET 35	00:56:15	00:55:59
284	1573	Domingos Cunha Costa	M	Runners OnFire 1314	VET 60	00:56:17	00:55:59
285	1898	Pedro Neves	M	Baguim Runners	Séniore	00:56:20	00:56:07
286	1643	Marcos Gomes	M		Séniore	00:56:30	00:56:16
287	1991	João Resende	M		VET 45	00:56:42	00:56:23
288	1984	DULCE MAIA	F	Invicta Runners Team	VET 40	00:56:47	00:56:30
289	1824	Luis	M		VET 35	00:56:49	00:56:36
290	1542	Pedro Pereira	M		VET 40	00:56:51	00:56:39
291	1958	Paula Oliveira	F	Juntos somos UM	VET 45	00:56:53	00:56:38
292	1601	Paulo Pereira	M	Baguim Runners	Séniore	00:56:54	00:56:49
293	1745	Francisco Oliveira	M		VET 55	00:57:01	00:56:48
294	1851	Alexandre Barbosa	M	Gondomar Futsal Clube	VET 60	00:57:02	00:56:48
295	1730	Claudio Barbosa	M		VET 40	00:57:08	00:56:52
296	1760	Domingos Faustino	M	STCP Runners	VET 45	00:57:12	00:56:45
297	1864	Florent	M		Séniore	00:57:12	00:56:46
298	1589	Manuela Arantes	F	Sai do sofá	Séniore	00:57:19	00:56:45
299	1793	rui nogueira	M		VET 45	00:57:36	00:57:05
300	1832	Erminio Augusto Moita	M		VET 60	00:57:38	00:57:07
301	1761	Heldeberto Santos	M	STCP Runners	VET 50	00:57:39	00:57:15
302	1603	Tiago Silva	M	Baguim Runners	Séniore	00:57:41	00:57:37
303	1807	Antonio Jorge Ferreira Oliveira Gomes	M		VET 55	00:57:54	00:57:31
304	1614	Luis Nunes	M		VET 35	00:58:00	00:57:25
305	1819	José Martins	M	OPraticante.pt	VET 35	00:58:02	00:57:42
306	1559	Ricardo Gomes	M	Nascidos para Correr	Séniore	00:58:04	00:57:48
307	1664	Jose Meinedo	M	GOODVENTURE	Séniore	00:58:06	00:57:42
308	1717	JORGE DURÃES	M		VET 40	00:58:07	00:57:33

Lugar	Dorsal	Nome	Género	Equipa	Categoria	Tempo	Chip
309	1579	Sónia Pereira	F	Sai do sofá	VET 40	00:58:08	00:57:36
310	1646	Belinha Costa	F		Séniore	00:58:34	00:58:09
311	1939	Aurora Freitas	F	salgueiros running	VET 55	00:58:44	00:58:15
312	1786	Cláudio Castro	M	JALM, Run & Walking Team	VET 35	00:58:51	00:58:22
313	1788	Ricardo Oliveira	M	JALM, Run & Walking Team	Séniore	00:58:51	00:58:22
314	1942	Cláudia Sofia Ferreira Gomes	F		Séniore	00:58:51	00:58:22
315	1940	Rui Domingos	M		VET 40	00:58:52	00:58:35
316	1580	Ricardo Monteiro	M	Running Espinho	VET 45	00:58:59	00:58:44
317	1801	Alfredo Jorge dos Santos Monteiro	M		VET 40	00:59:10	00:58:59
318	1561	Rosa Carmo	F	Nascidos para Correr	Séniore	00:59:12	00:59:05
319	1545	Leonel Videira	M	Nascidos para Correr	Séniore	00:59:13	00:59:05
320	1744	Joana Cardoso	F		Séniore	00:59:15	00:58:44
321	1741	Manuel Gomes	M	MSS Contabilidade	VET 40	00:59:16	00:58:44
322	1949	João Carvalho	M	LUSOS XXI	VET 35	00:59:20	00:58:54
323	1682	Bruno Ribeiro	M		Séniore	00:59:26	00:59:04
324	1971	José Alves	M		VET 45	00:59:33	00:59:11
325	1678	Tiago Teixeira	M	Sob Efeito Trail	Séniore	00:59:39	00:59:20
326	1523	Artur Fonseca	M	Ruptura Total	VET 40	00:59:40	00:59:13
327	1871	José Guimarães	M		VET 60	00:59:43	00:59:18
328	1703	Bruno Souto	M		Séniore	00:59:46	00:59:13
329	1916	Pedro Arcos	M		VET 60	00:59:47	00:59:28
330	1917	Inês Arcos	F		VET 35	00:59:53	00:59:33
331	1695	Rui Pereira	M	ParadelaRuneres	VET 35	00:59:58	00:59:24
332	1784	Hugo Tavares	M	ParadelaRuneres	VET 35	00:59:59	00:59:24
333	1970	José Queirós	M		VET 50	01:00:07	00:59:46
334	1808	Rui Sá	M	10TEMIDOS	VET 40	01:00:14	00:59:43
335	1660	Jose Silva	M	Falsos Lentos	VET 60	01:00:14	00:59:43
336	1875	Manuel Vieira Carvalho	M		VET 60	01:00:30	00:59:58
337	1740	Christopher Guimaraens	M		VET 45	01:00:36	01:00:21
338	1992	Maria Alice Guimarães	F	Invicta Runners Team	VET 55	01:00:38	01:00:18
339	1847	Nuno Varela da Rocha	M		VET 45	01:00:44	01:00:16
340	1820	Susana Rodrigues	F	OPraticante.pt	VET 40	01:00:47	01:00:26
341	1629	Mário Martins Antunes	M		VET 60	01:00:55	01:00:31
342	1673	Maria Celeste Costa Melo	F		VET 50	01:01:00	01:00:34
343	1979	Pedro Salgueiro	M	* * * * *	VET 35	01:01:06	01:00:30
344	1963	Nuno Pinto	M		Séniore	01:01:26	01:01:19
345	1516	Rui Augusto	M	MSS Contabilidade	VET 40	01:01:29	01:01:20
346	1833	Pedro Gonçalves	M		VET 40	01:01:54	01:01:20
347	1834	Patrícia Oliveira	F		Séniore	01:01:55	01:01:20
348	1692	Isabel Santos	F	Grande Dupla	VET 40	01:02:05	01:01:33
349	1647	Mónica Teixeira	F		VET 35	01:02:25	01:02:15
350	1626	Lisa santos	F		VET 35	01:02:25	01:01:56
351	1912	Ricardo Costa	M		VET 40	01:02:25	01:01:53
352	1723	Maria Sá	F	centro de atletismo do porto	VET 50	01:02:32	01:02:18

Lugar	Dorsal	Nome	Género	Equipa	Categoria	Tempo	Chip
353	1622	Isabel Fragoso	F		Séniiores	01:02:32	01:02:14
354	1972	Olga Lopes	F		VET 45	01:02:43	01:02:22
355	1765	David cruz	M	Satisupreme	VET 40	01:03:05	01:02:49
356	1607	Ana Josu	F		VET 40	01:03:13	01:02:42
357	1543	José Paulo Neves	M	Nascidos para Correr	VET 55	01:03:13	01:03:05
358	1813	Liliana Miranda	F		Séniiores	01:03:19	01:03:13
359	1812	Arménia Santos	F		Séniiores	01:03:20	01:03:14
360	1841	Paulo Costa	M		VET 40	01:03:41	01:03:12
361	1872	Alberto Reis	M		Séniiores	01:03:52	01:03:21
362	1782	manuel pires rodrigues	M		VET 50	01:03:54	01:03:45
363	1948	Joao Oliveira	M	Factor X / S4L / Medense FC	VET 35	01:03:55	01:03:42
364	1988	ADELAIDE HORTA	F	Invicta Runners Team	VET 60	01:04:04	01:03:59
365	1934	José Resende	M		VET 55	01:04:06	01:03:45
366	1750	Alcídio Figueiredo	M		VET 50	01:04:17	01:03:59
367	1618	HORÁCIO TEIXEIRA	M	RIPOLINS GRIJÓ A CORRER	VET 55	01:04:35	01:04:13
368	1694	José Santos	M	Grande Dupla	VET 60	01:04:41	01:04:09
369	1507	Márcio Teixeira	M	MSS Contabilidade	Séniiores	01:04:53	01:04:43
370	1546	Rute Pereira	F		VET 35	01:05:03	01:04:52
371	1544	Eugenia Ferreira	F		VET 50	01:05:03	01:04:53
372	1768	Duarte Nuno Mendes	M		VET 40	01:05:37	01:05:22
373	1978	Carla Salgueiro	F	* * * * *	VET 35	01:05:39	01:05:06
374	1632	Daniela Silva	F	LION RUNNERS - G. D. Leões da Guarda	VET 35	01:05:41	01:05:20
375	1930	Belarmino Santos	M		VET 50	01:05:41	01:05:38
376	1924	Marisa Gouveia	F		Séniiores	01:05:45	01:05:21
377	1529	manuel alcides pego leonardo	M		VET 60	01:05:48	01:05:40
378	1878	HERMÍNIA OLIVEIRA	F		VET 50	01:05:48	01:05:44
379	1802	Maria Fonseca Silva Monteiro	F		VET 40	01:05:48	01:05:38
380	1767	Sérgio Pereira	M	Gondomar Futsal Clube	VET 40	01:06:05	01:05:59
381	1932	Mariana Pereira	F		Séniiores	01:06:15	01:05:57
382	1873	Pedro Neves	M		VET 35	01:06:59	01:06:31
383	1575	Ricardo Miguel Pereira Silva	M	Runners OnFire 1314	VET 35	01:07:19	01:07:01
384	1888	Teresa Alexandra Marques Neves	F		VET 35	01:07:20	01:06:47
385	1781	abilio brandao	M		VET 60	01:07:21	01:06:45
386	1779	António Manuel Santos Couto	M		VET 45	01:07:45	01:07:23
387	1935	Sana Dias	F	ACD São João da Serra	VET 40	01:08:17	01:07:56
388	1811	Sofia Oliveira	F		Séniiores	01:08:25	01:08:03
389	1867	Manuel Pinto	M		VET 60	01:08:25	01:08:16
390	1688	Rita Sousa	F	Factor X / S4L / Medense FC	Séniiores	01:08:25	01:08:03
391	1836	Fabiola Guimarães	F		VET 45	01:08:32	01:08:07
392	1919	Ana Barbosa	F	EQUIPA BOOT	Séniiores	01:08:45	01:08:18
393	1789	Luís Silva	M	JALM, Run & Walking Team	Séniiores	01:09:14	01:08:44
394	1998	Vera Vieira	F	STCP Runners	VET 35	01:09:21	01:08:55
395	1805	Barbara	F	EquipaBoot	Séniiores	01:09:21	01:08:54
396	1785	graça andrade	F	Satisupreme	VET 40	01:09:24	01:09:08

Lugar	Dorsal	Nome	Género	Equipa	Categoria	Tempo	Chip
397	1794	Anabela Gonçalves	F	GDR Juventude das Ribeiras	VET 40	01:09:30	01:09:00
398	1966	Filipa Martins Lourenço	F		Séniore	01:09:34	01:09:19
399	1644	Rute Santos	M	SOTECNOR TEAM	VET 35	01:09:34	01:09:00
400	1965	António Pinto	M		VET 35	01:09:34	01:09:19
401	1800	Alberto Neto	M		VET 60	01:09:48	01:09:43
402	1631	Jose Freitas	M	RollingAventura	VET 50	01:10:25	01:10:06
403	1711	Luis Gomes	M		VET 35	01:10:27	01:10:15
404	1552	Paula Cardoso	F	Factor X / S4L / Medense FC	VET 35	01:10:28	01:10:15
405	1903	Fernanda Bento	F	Douroconta - Gabinete de Apoio e Contabilidade	VET 55	01:10:49	01:10:41
406	1901	Lilia Santos	F	Douroconta - Gabinete de Apoio e Contabilidade	Séniore	01:11:20	01:11:13
407	1821	Patrícia Silva	F	OPraticante.pt	VET 35	01:11:26	01:11:07
408	1818	Milene Santos	F	OPraticante.pt	Séniore	01:11:27	01:11:06
409	1584	Andreia Pelicano	F	Befitness	Séniore	01:11:31	01:11:10
410	1599	Eduardo José Batista	M		VET 35	01:11:38	01:11:28
411	1742	Ricardo Paiva	M		VET 35	01:12:05	01:11:29
412	1591	Fernando Azevedo	M		VET 45	01:12:58	01:12:22
413	1590	Marta Alexandra Fernandes Peixoto Azevedo	F		VET 45	01:12:59	01:12:24
414	1882	Marília Paiva	F		VET 55	01:13:18	01:12:50
415	1816	Filomena Correia	F	OPraticante.pt	VET 60	01:14:32	01:14:28
416	1718	Ricardo Castelo Branco	M		VET 40	01:16:11	01:15:52
417	1827	Cátia Costa	F		Séniore	01:16:43	01:16:12
418	1709	Dora Fonseca	F		Séniore	01:16:43	01:16:12
419	1826	Diogo Teixeira	M		Séniore	01:16:48	01:16:17
420	1743	Fatima Lobo	F		VET 35	01:17:38	01:17:01
421	1886	Anabela Amaral Soares Azevedo	F		VET 35	01:17:39	01:17:05
422	1981	Maria Conceição Salgueiro	F	* * * * *	VET 60	01:24:13	01:23:40
	1960	Carlos Manuel Caria Meireles	M		VET 40	00:45:40 (desq.)	00:37:49
	1922	Manuel Fernando Santos	M		VET 55	00:46:16 (desq.)	00:46:03
	1876	Luis Tavares	M	?ALINHAS?	VET 45	00:52:54 (desq.)	00:45:23
	1986	REGINA SILVA	F	Invicta Runners Team	Séniore	00:58:38 (desq.)	00:50:47
	1982	NELSON FERNANDES	M	Invicta Runners Team	VET 35	00:59:34 (desq.)	00:51:44
	1985	VITOR SANTOS	M	Invicta Runners Team	VET 35	00:59:38 (desq.)	00:51:47
	1722	Mariana Martins	F	FigueiróFit	Séniore	01:02:00 (desq.)	01:01:48
	1956	Alberto Moutinho Moreira	M		VET 60	01:04:17 (desq.)	01:04:09