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2018

CORRIDA DAS LEZÍRIAS

15,5 km

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	1491	HUGO RODRIGUES	M	21	1	00:51:45.78	00:51:45.68	U.A POVOENSE
2	1329	PEDRO GOMES	M	40	1	00:52:06.02	00:52:06.02	CA ODIMARQ
3	1449	VITOR OLIVEIRA	M	28	2	00:52:53.39	00:52:53.39	ASS VALE GRANDE
4	422	LUÍS BRITO	M	42	2	00:54:37.66	00:54:37.49	CA VALE FIGUEIRA
5	1291	JOAQUIM CERQUEIRA	M	18	3	00:55:11.88	00:55:11.51	UA POVOENSE
6	1453	JOSÉ SILVA	M	47	1	00:55:30.34	00:55:30.34	ASS VALE GRANDE
7	211	NUNO SOARES	M	36	1	00:55:47.28	00:55:47.18	CORRER LISBOA
8	952	PAULO ALVES	M	40	3	00:56:18.60	00:56:18.60	GDCT IN CM
9	890	JOÃO CANIÇO	M	37	2	00:56:56.29	00:56:56.29	3B TRIATLO
10	1454	LUIS VASCONCELOS	M	46	2	00:57:14.00	00:57:14.00	ASS VALE GRANDE
11	185	PETER ROMÃO	M	35	3	00:57:24.35	00:57:23.59	PENICHE A CORRER
12	716	PAULO COSTA	M	52	1	00:57:26.91	00:57:26.91	RB RUNNING
13	628	CARLOS VIEGAS	M	50	2	00:57:34.44	00:57:34.09	SR CAMARNAL
14	1278	NELSON PEREIRA	M	41	4	00:57:43.18	00:57:36.14	GAREHOTELRUNNING
15	1429	PAULO ARRENEGA	M	51	3	00:57:54.31	00:57:54.30	UA POVOENSE
16	1360	FILIPE LOURENÇO	M	45	3	00:57:59.00	00:57:59.00	
17	63	JOÃO PEDRO	M	47	4	00:58:08.30	00:58:07.57	
18	1452	RUI HENRIQUES	M	38	4	00:58:13.72	00:58:13.72	ASS VALE GRANDE
19	982	RAFAEL ALMEIDA	M	19	4	00:58:27.55	00:58:27.34	UA POVOENSE
20	1519	JOAO FIGUEIREDO	M	24	5	00:58:37.30	00:58:35.13	CONQUISTA GINÁSIO
21	1464	PAULO LOPES	M	44	5	00:58:47.07	00:58:39.28	PSP VFX
22	621	DAVID PEREIRA	M	26	6	00:58:48.67	00:58:47.82	GD O INDEPENDENTE
23	1215	DAVID LOPES	M	31	7	00:58:50.11	00:58:48.65	
24	183	NUNO FILIPE SANTOS PEREIRA	M	39	5	00:58:53.95	00:58:52.13	
25	1450	RUI MARTINS	M	32	8	00:59:17.50	00:59:17.28	ASS VALE GRANDE
26	1431	AMBROSIO PEREIRA	M	44	6	00:59:19.93	00:59:19.77	UA POVOENSE
27	343	JOSÉ ALEIXO	M	49	5	00:59:29.43	00:59:23.17	ALVERCA URBAN RUNNERS
28	1515	AMERICO PESTANA	M	56	1	00:59:44.59	00:59:41.85	
29	630	MARCO FIDALGO	M	40	7	00:59:48.14	00:59:37.60	SR CAMARNAL
30	154	ANTÓNIO HENRIQUES	M	60	1	00:59:59.43	00:59:59.43	CA ODIMARQ
31	1252	ANTÓNIO PAIS	M	48	6	00:59:59.57	00:59:58.83	CCD O ALVITEJO
32	1300	RICARDO COSTA	M	32	9	01:00:15.65	01:00:15.65	
33	805	JOAO PAIS	M	58	2	01:00:47.45	01:00:47.45	BOAVISTA DO PICO
34	1031	RICARDO RODRIGUES	M	41	8	01:00:57.10	01:00:57.10	ACADEMIA DO PRO
35	1249	ANÍBAL GASPAR	M	48	7	01:00:59.06	01:00:55.84	CCD O ALVITEJO
36	1455	ANTÓNIO SANTOS	M	59	3	01:01:05.09	01:01:03.54	ASS VALE GRANDE

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37	525	PEDRO NEVES	M	33	10	01:01:14.40	01:01:08.95	CLUBE NOVO BANCO
38	1340	TOMÁS FRANCO	M	20	11	01:01:16.71	01:01:13.47	CONQUISTA GINÁSIO - CADAVAL
39	171	VITOR MARTINS	M	48	8	01:01:23.36	01:01:17.82	C COLAB AGEAS
40	1059	HÓRACIO ALEXANDRE	M	37	6	01:01:31.19	01:01:31.01	ACADEMIA DO PRO
41	290	RICARDO SILVA	M	35	7	01:01:41.04	01:01:32.21	
42	1521	PEDRO MARQUES	M	53	4	01:01:42.28	01:01:39.76	CONQUISTA GINÁSIO
43	702	JOÃO MIGUEL NUNES	M	51	5	01:01:43.67	01:01:40.71	
44	797	JORGE AMARAL	M	49	9	01:01:44.68	01:01:44.63	AMINHACORRIDA
45	519	LUIS MONTEIRO	M	46	10	01:01:45.43	01:01:41.06	CLUBE NOVO BANCO
46	687	RUI OURO	M	40	9	01:01:48.00	01:01:44.17	CLUBE OGMA
47	266	CARLOS MOURA	M	35	8	01:01:49.95	01:01:42.74	HK 16
48	74	HENRIQUE JANOTA	M	45	11	01:02:00.28	01:01:57.36	
49	1028	APARÍCIO SANTOS	M	47	12	01:02:11.72	01:02:07.15	
50	627	VITOR ANTUNES	M	44	10	01:02:13.43	01:01:54.86	SR CAMARNAL
51	910	RUI TEIXEIRA	M	41	11	01:02:15.81	01:01:45.15	
52	1341	PAULO PINHEIRO	M	40	12	01:02:27.45	01:02:26.55	CONQUISTA GINÁSIO - CADAVAL
53	659	JOAQUIM OLIVEIRA	M	51	6	01:02:29.81	01:02:27.24	
54	220	PAULO POVOA	M	54	7	01:02:36.63	01:02:35.52	A VALE SILENCIO
55	1032	NUNO SÁ	M	30	12	01:02:37.46	01:02:24.96	
56	998	BRUNO MARRÃO	M	41	13	01:02:41.14	01:02:40.07	GOIRUNNERS / OUTPRO STORE
57	1251	FÁBIO MARTINS	M	28	13	01:02:42.62	01:01:58.52	CCD O ALVITEJO
58	1094	JOAQUIM ALEXANDRE	M	51	8	01:02:43.16	01:02:37.03	AMCD TITUARIA
59	746	CLAUDIO MIRA	M	52	9	01:02:46.76	01:02:40.10	GAA VF XIRA
60	813	EDUARDO SANTOS	M	38	9	01:02:48.21	01:02:39.00	SC CASAINHOS
61	1380	ANTOINE FOREST	M	44	14	01:02:49.59	01:02:40.43	VILLEJUIF
62	446	ALFREDO PEREIRA	M	42	15	01:02:49.87	01:02:49.87	
63	80	NUNO GONÇALO LUIS SANTOS	M	39	10	01:02:54.16	01:02:51.38	
64	1079	JOÃO PEDRO PEREIRA	M	31	14	01:02:57.32	01:02:57.32	CCDP MUN CASCAIS
65	358	JORGE JANUÁRIO	M	42	16	01:02:58.41	01:02:57.62	A VALE SILENCIO
66	336	TELMO NOGUEIRA	M	33	15	01:02:58.71	01:02:57.28	
67	655	DANIEL ANTUNES	M	54	10	01:02:59.59	01:02:59.46	
68	592	NUNO MENDAO	M	44	17	01:03:00.43	01:02:58.17	
69	49	JOSE ESTEVES	M	52	11	01:03:00.91	01:02:51.53	TARTARUGAS SOLIDARIAS
70	1480	NUNO QUEIJA	M	45	13	01:03:11.91	01:03:10.92	CF OS BELENENSES
71	471	CARLOS VIEIRA	M	33	16	01:03:19.48	01:03:17.16	
72	119	PATRICK MAGALHÃES	M	35	11	01:03:19.55	01:03:16.48	CORRE QUE EMAGRECES
73	1389	CRISTIANO MOTA	M	34	17	01:03:21.56	01:03:17.48	

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74	841	ANTONIO MESQUITA	M	40	18	01:03:27.89	01:03:27.10	CORRER SOC REC DA GRANJA
75	341	CELINA RODRIGUES	F	29	1	01:03:34.69	01:03:33.50	UA POVOENSE
76	1428	JOÃO DIAS	M	46	14	01:03:37.35	01:03:31.37	UA POVOENSE
77	1388	WILSON FERNANDES	M	31	18	01:03:40.87	01:03:19.76	G EXCURSIONISTA OS ECONOMICOS
78	736	AIRES AFONSECA	M	40	19	01:03:42.29	01:03:31.41	
79	974	MÁRIO GONÇALVES	M	52	12	01:03:45.21	01:03:33.92	CCDT METRO LX
80	973	MANUEL COSTA	M	61	2	01:03:45.50	01:03:33.31	CCDT METRO LX
81	633	ELIO ANDRE	M	37	12	01:03:46.97	01:03:38.50	SR CAMARNAL
82	708	DAVID SANTOS	M	55	4	01:03:47.75	01:03:34.13	OS PERIGOSOS
83	53	MÁRCIO PIMENTA	M	31	19	01:03:51.16	01:03:44.82	TEAM CHAMBÃO
84	744	VITOR NOVAIS	M	42	20	01:03:57.36	01:03:32.15	GAA VF XIRA
85	373	GERMANO SILVA	M	59	5	01:04:02.79	01:04:02.79	AD REAL ACADEMIA
86	1066	SÉRGIO PIRES	M	42	21	01:04:12.46	01:04:12.19	
87	575	PEDRO FERNANDES	M	28	20	01:04:18.91	01:04:15.59	
88	1315	NUNO JORGE	M	42	22	01:04:19.75	01:04:13.87	CD MOITENSE
89	879	PEDRO MOURA	M	42	23	01:04:20.36	01:04:08.83	
90	387	NELSON CUSTODIO	M	43	24	01:04:20.70	01:04:06.85	CDCR CTT
91	867	FRANCISCO BORGES	M	38	13	01:04:21.44	01:03:54.82	
92	23	ALEXANDRE LEAL	M	42	25	01:04:22.68	01:04:16.73	
93	1207	PEDRO SOUSA	M	61	3	01:04:25.86	01:04:25.86	PALMELENSE FC
94	972	JOÃO PASTOR	M	45	15	01:04:28.84	01:04:24.25	CCDT METRO LX
95	1053	LUIS RIO	M	46	16	01:04:35.57	01:04:33.28	GDC BANCO PORTUGAL
96	104	FERNANDO VICENTE	M	52	13	01:04:37.74	01:04:33.57	
97	65	JOÃO PEDRO GAMEIRO	M	47	17	01:04:38.89	01:04:35.13	
98	753	MAURO PIMENTA	M	41	26	01:04:47.90	01:04:41.91	GAA VF XIRA
99	1356	SÉRGIO DUARTE	M	30	21	01:04:48.11	01:04:46.51	
100	186	MÁRCIO CATARINO	M	39	14	01:04:50.17	01:04:43.16	
101	1042	VICTOR VARIZO	M	42	27	01:04:51.84	01:04:44.91	PERNAS DE GAFANHOTO
102	1082	PAULO OLIVEIRA	M	49	18	01:04:52.21	01:04:45.38	CCDP MUN CASCAIS
103	66	ROMAN ROMANYUK	M	37	15	01:04:54.58	01:04:51.78	
104	1339	MIGUEL CAETANO	M	29	22	01:04:57.41	01:04:52.59	CONQUISTA GINÁSIO - CADAVAL
105	232	LUIS CASCÃO	M	45	19	01:05:00.32	01:04:58.83	CP RTP
106	517	JOSE SEABRA	M	50	14	01:05:08.95	01:05:08.90	CLUBE NOVO BANCO
107	616	CESAR NUNES	M	31	23	01:05:09.37	01:04:56.54	AUTO REPARADORA VALE ESTACAS
108	1043	SOFIA HIPÓLITO	F	22	2	01:05:10.91	01:05:10.27	
109	819	ANTONIO SOUSA	M	56	6	01:05:13.94	01:05:13.62	
110	811	CARLOS BAPTISTA	M	57	7	01:05:17.95	01:05:07.56	SC CASAINHOS

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111	817	ARMINDO TEIXEIRA	M	36	16	01:05:18.35	01:05:09.12	SC CASAINHOS
112	859	CARLOS BRANCO	M	45	20	01:05:19.68	01:05:19.68	SS CGD
113	1436	JOAO VALHELHAS	M	46	21	01:05:21.84	01:05:19.52	CAMARA LISBOA CLUBE
114	1438	IVAN COSTA	M	29	24	01:05:22.00	01:05:20.00	CAMARA LISBOA CLUBE
115	1229	DIOGO PEREIRA	M	41	28	01:05:24.43	01:05:23.89	C MILLENNIUM BCP
116	1489	JOÃO VENTURA	M	33	25	01:05:33.85	01:05:19.20	BALBOAS E NAPOLEÕES TEAM
117	995	RICARDO LOPES	M	33	26	01:05:34.23	01:04:47.05	GRUPO MARAVILHA
118	381	VASCO ASCENSÃO	M	47	22	01:05:41.93	01:05:27.18	CDCR CTT
119	279	NUNO COSTA	M	44	29	01:05:43.39	01:05:40.26	CAD A CORRER
120	285	LUIS ALVES	M	39	17	01:05:43.39	01:05:43.17	CAD A CORRER
121	963	HUGO DUARTE	M	39	18	01:05:47.85	01:05:45.87	GDCF RUNNING TEAM
122	962	PAULO COSTA	M	38	19	01:05:47.89	01:05:45.70	GDCF RUNNING TEAM
123	79	MARCO LOURENÇO	M	39	20	01:05:49.74	01:05:41.32	NOROLLBACK
124	735	JOÃO VAZ	M	52	15	01:05:50.11	01:05:39.61	
125	1287	ANTÓNIO CORUCHO	M	52	16	01:05:51.76	01:05:40.79	
126	1041	NUNO SILVA	M	45	23	01:05:51.79	01:05:46.01	
127	421	VITOR PEREIRA	M	51	17	01:05:52.59	01:05:49.05	
128	1311	JOAO BONITO	M	43	30	01:06:08.95	01:06:08.45	PREVINIL RUNNING TEAM
129	1120	PAULO ALVES	M	40	31	01:06:11.74	01:05:50.54	
130	1362	CAMILO TARMAHOMED	M	45	24	01:06:13.47	01:06:13.08	
131	1068	NUNO OLIVEIRA	M	28	27	01:06:15.61	01:06:00.32	HOSPITAL VFX
132	1244	JOÃO MONIZ	M	23	28	01:06:15.93	01:06:15.49	
133	794	PAULO MOREIRA	M	48	25	01:06:22.91	01:06:10.28	FILHOS DA NOITE
134	584	FILIPE BOLÉO	M	46	26	01:06:24.33	01:06:18.93	CLUBE ANACOM
135	484	LUIS PEREIRA	M	46	27	01:06:25.68	01:05:21.65	
136	1086	ANTÓNIO MARÇAL	M	58	8	01:06:27.14	01:06:25.05	
137	513	HUGO CARAGO	M	44	32	01:06:27.79	01:06:21.65	CLUBE NOVO BANCO
138	845	VASCO MATOS	M	41	33	01:06:27.83	01:06:09.66	CORRER SOC REC DA GRANJA
139	457	CARLOS MENDES	M	51	18	01:06:28.67	01:06:26.38	
140	1527	CARLOS SANTOS	M	44	34	01:06:32.71	01:05:58.84	
141	738	JOSE GERARDO	M	55	9	01:06:38.01	01:06:36.71	
142	1034	ARMANDO RAFAEL	M	43	35	01:06:38.32	01:06:07.53	
143	902	JOAQUIM FRADE	M	62	4	01:06:41.20	01:06:31.60	SS CGD
144	741	JOAQUIM SILVA	M	6	29	01:06:45.06	01:06:33.43	ADCR PJ
145	214	JOAQUIM SANTOS	M	59	10	01:06:51.90	01:05:52.52	FALCÕES SELVAGENS
146	78	PAULO FERREIRA	M	40	36	01:06:52.15	01:06:43.54	NOROLLBACK
147	862	DANIEL VERISSIMO	M	36	21	01:07:01.28	01:06:50.47	SS CGD

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148	818	ANTÓNIO MARTINHO	M	40	37	01:07:01.61	01:06:52.30	GDC FIDELIDADE
149	1074	JOSÉ HENRIQUES	M	31	30	01:07:01.92	01:06:40.29	HOSPITAL VFX
150	635	PEDRO MARIA	M	44	38	01:07:02.68	01:06:49.09	SR CAMARNAL
151	539	LUÍS ALBUQUERQUE	M	47	28	01:07:07.76	01:06:56.13	GDC FIDELIDADE
152	281	PEDRO CARVALHO	M	33	31	01:07:11.86	01:07:08.32	CAD A CORRER
153	1180	PAULO BASÍLIO	M	50	19	01:07:12.53	01:06:54.95	
154	1026	VITOR NOGUEIRA	M	53	20	01:07:17.01	01:07:00.99	
155	160	FERNANDO VAZ	M	48	29	01:07:22.80	01:07:16.67	
156	357	GONÇALO FERREIRA	M	44	39	01:07:24.54	01:07:20.45	
157	371	GABRIEL HENRIQUES	M	23	32	01:07:28.38	01:07:06.73	AD REAL ACADEMIA
158	317	ELTON ALMEIDA	M	28	33	01:07:28.97	01:06:34.87	OS COXOS
159	1415	ANTONIO NANUEL ROCHA DA SILVA	M	45	30	01:07:31.03	01:07:31.03	
160	729	VITOR SILVA	M	34	34	01:07:31.73	01:06:31.42	
161	94	FERNANDO ANDRADE	M	38	22	01:07:36.99	01:07:21.98	OS PERIGOSOS
162	617	CELSO NUNES	M	39	23	01:07:41.58	01:07:29.43	AUTO REPARADORA VALE ESTACAS
163	1077	ANA ISABEL BRÁS	F	33	3	01:07:42.07	01:07:35.24	CCDP MUN CASCAIS
164	1446	JOAO NAVARRO	M	43	40	01:07:42.77	01:07:23.52	PERENE RUN
165	1357	FERNANDO LOPES	M	47	31	01:07:44.37	01:07:36.29	AD REAL ACADEMIA
166	839	RUI P RUI PEDRO	M	47	32	01:07:45.89	01:07:27.24	CORRER SOC REC DA GRANJA
167	707	AUGUSTO NUNES	M	55	11	01:07:48.08	01:07:46.08	
168	1298	PEDRO CARDOSO	M	33	35	01:07:48.63	01:07:36.78	
169	1353	RUI OLIVEIRA	M	47	33	01:07:51.03	01:07:49.34	TACLUBE
170	1083	NUNO ALMEIDA	M	45	34	01:07:51.08	01:07:50.61	CCDP MUN CASCAIS
171	1250	RICARDO SIMÕES	M	53	21	01:07:51.71	01:07:50.31	CCD O ALVITEJO
172	1338	ADRIANO ARAÚJO	M	41	41	01:07:54.11	01:07:54.11	CONQUISTA GINÁSIO - CADAVAL
173	55	LUÍS CUSTÓDIO	M	45	35	01:07:54.21	01:07:53.72	
174	570	MARTA ANSELMO	F	46	1	01:07:56.00	01:07:46.21	
175	1096	PEDRO MARIA CARVALHO	M	53	22	01:07:56.61	01:07:53.12	SCALABIS NIGHT RUNNERS
176	97	SAMUEL SEBASTIÃO	M	35	24	01:08:00.44	01:07:57.06	CARACÓIS DE PEDRA
177	25	MÁRIO R SEABRA	M	46	36	01:08:00.51	01:07:24.73	GR JANZ E ASSOCIADOS
178	96	PATRICIA CALDAS	F	35	1	01:08:01.03	01:07:58.30	CARACÓIS DE PEDRA
179	366	PAULO LOURENÇO	M	35	25	01:08:03.62	01:07:15.41	R FRENTE RIBEIRINHA PÓVOA STA IRIA
180	984	RENATO BORDA DE ÁGUA	M	35	26	01:08:09.91	01:07:26.44	
181	803	ARNALDO ROLO	M	51	23	01:08:10.74	01:07:37.15	R FRENTE RIBEIRINHA PÓVOA STA IRIA
182	1021	PEDRO FRIAS	M	40	42	01:08:11.03	01:07:55.21	
183	37	MIGUEL ALMEIDA	M	41	43	01:08:11.46	01:08:10.11	TINTACRIATIVA.PT
184	953	RUI CORREIA	M	41	44	01:08:11.88	01:07:05.21	GDCT IN CM

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185	1463	FREDERICO PACHECO	M	35	27	01:08:12.61	01:08:12.56	PSP VFX
186	239	AMILCAR COSTA	M	48	37	01:08:15.03	01:07:28.81	AMSGC SILVEIRINHA GRANDE
187	526	RUI LOPES	M	65	5	01:08:16.28	01:08:05.35	CLUBE NOVO BANCO
188	370	ALVARO PINTO	M	61	6	01:08:17.83	01:08:11.57	AD REAL ACADEMIA
189	826	JOSÉ INOCÊNCIO	M	65	7	01:08:19.05	01:08:13.96	C BENFICA ALG M MARTINS
190	1184	DIAMANTINO GAMITO	M	52	24	01:08:19.13	01:08:15.91	
191	1048	ADELINO SEMEDO	M	64	8	01:08:19.90	01:08:16.66	GDC BANCO PORTUGAL
192	1323	JOÃO BARRAL	M	42	45	01:08:20.60	01:07:57.26	TEAMITSUPTOYOU
193	494	PAULO MARTINS	M	50	25	01:08:21.60	01:08:01.97	
194	480	LUÍS CARDOSO	M	26	36	01:08:21.97	01:07:53.90	
195	390	LUIS ANDRADE	M	44	46	01:08:22.86	01:08:08.82	CDCR CTT
196	404	BRUNO SILVA	M	43	47	01:08:24.35	01:08:05.05	CM CORRIDA DE ALENQUER
197	749	ANTONIO TEIXEIRA	M	48	38	01:08:28.80	01:08:02.57	GAA VF XIRA
198	1245	CARLOS FLORÊNCIA	M	34	37	01:08:32.19	01:08:22.63	CORRER LISBOA
199	598	JOSE FAUSTINO	M	64	9	01:08:34.60	01:08:34.50	
200	869	JOÃO VEIGA	M	50	26	01:08:37.53	01:07:11.69	UA POVOENSE
201	1168	PEDRO SA	M	45	39	01:08:39.64	01:08:04.50	C MILLENNIUM BCP
202	400	ANDRÉ VAZ	M	32	38	01:08:41.44	01:08:34.86	PERNAS DE GAFANHOTO
203	1289	PAULO MELO	M	36	28	01:08:41.88	01:08:22.00	GR JANZ E ASSOCIADOS
204	1430	MARCIO PEREIRA	M	35	29	01:08:43.89	01:08:36.88	UA POVOENSE
205	518	LUIS JOSÉ	M	48	40	01:08:47.24	01:08:44.86	CLUBE NOVO BANCO
206	287	CARLOS FRANÇA	M	39	30	01:08:48.05	01:08:46.31	CAD A CORRER
207	835	ALBERTINO NETO	M	47	41	01:08:48.45	01:08:31.61	CORRER SOC REC DA GRANJA
208	1141	VASCO JESUS	M	27	39	01:08:52.00	01:08:21.98	PETIT GYM CLUB
209	1202	FERNANDO PAULINO	M	41	48	01:08:53.49	01:08:26.30	ASAS NOS PÉS
210	76	JOSÉ PINTO	M	55	12	01:08:54.11	01:08:41.92	
211	1135	ERNESTO PEREIRA	M	48	42	01:08:55.04	01:08:37.01	OS GALGOS
212	1363	JOÃO LEITE	M	35	31	01:08:58.46	01:08:48.45	
213	1081	MÁRIO SANTOS	M	48	43	01:08:58.95	01:08:50.30	CCDP MUN CASCAIS
214	1072	RUI FERRO	M	43	49	01:09:03.74	01:08:33.44	HOSPITAL VFX
215	468	JOÃO SANTOS	M	53	27	01:09:06.74	01:09:02.30	C PRAÇAS DA ARMADA
216	670	CONCEIÇÃO PEREIRA	F	56	2	01:09:07.02	01:09:06.98	CA VALE FIGUEIRA
217	299	CÉSAR COSTA	M	42	50	01:09:07.13	01:08:59.38	
218	161	MIGUEL TRUNINGER SOUSA	M	42	51	01:09:08.05	01:09:02.21	C COLAB AGEAS
219	19	JOSÉ DE MATOS	M	51	28	01:09:10.75	01:08:58.09	
220	433	NUNO HENRIQUE MENDES	M	35	32	01:09:13.94	01:09:01.35	
221	1522	RUBEN MOTA	M	27	40	01:09:17.42	01:09:12.80	CONQUISTA GINÁSIO

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CORRIDA DAS LEZÍRIAS

15,5 km

222	681	FILIFE ARCADINHO	M	37	33	01:09:18.97	01:09:05.22	OS PERIGOSOS
223	548	RODRIGO MARQUES	M	39	34	01:09:23.47	01:08:31.90	AZA - AZAMBUJA COM ALMA
224	1193	LUIS RODRIGUES	M	48	44	01:09:27.49	01:09:02.56	
225	666	CARLOS SANTOS	M	48	45	01:09:31.87	01:09:09.63	GD INE
226	605	HELDER TAVARES	M	41	52	01:09:33.82	01:08:39.16	VARITINTAS
227	1139	PEDRO CARDOSO	M	40	53	01:09:37.06	01:09:18.00	OS GALGOS
228	1313	RICARDO VICENTE	M	45	46	01:09:41.01	01:09:34.14	CD MOITENSE
229	1371	ANDRÉ CAMPOS	M	37	35	01:09:44.18	01:09:30.89	
230	644	PEDRO PINTO	M	32	41	01:09:47.83	01:09:15.91	
231	832	TIAGO CRUZ	M	31	42	01:09:49.91	01:09:28.93	CORRER SOC REC DA GRANJA
232	16	HUMBERTO BORGES	M	50	29	01:09:50.13	01:09:38.79	LESMAS
233	1288	JOÃO DÂMASO	M	32	43	01:09:50.61	01:09:12.08	GRUPO MARAVILHA
234	1330	NUNO GONÇALVES	M	37	36	01:09:51.33	01:09:43.59	RUN MOURISCAS
235	407	PAULO SANTOS	M	53	30	01:09:51.67	01:09:25.04	
236	799	CRISTINA CAETANO	F	46	3	01:09:52.54	01:09:51.10	AMINHACORRIDA
237	588	LUIS PINTO	M	44	54	01:09:57.26	01:09:25.86	VARITINTAS
238	750	PAULO HENRIQUE	M	49	47	01:09:59.05	01:09:28.12	GAA VF XIRA
239	1091	EDGAR FRANCISCO	M	52	31	01:09:59.36	01:09:49.18	AMCD TITUARIA
240	552	JOÃO LOURO	M	32	44	01:09:59.59	01:09:13.93	GÁFETE RUNNERS
241	90	MARCO CASEIRO	M	39	37	01:10:03.56	01:09:48.55	OS PERIGOSOS
242	1520	PEDRO NUNES	M	45	48	01:10:05.29	01:08:59.09	
243	1181	NUNO LUÍS	M	40	55	01:10:06.58	01:09:31.24	
244	322	JOÃO SILVA PINTO	M	49	49	01:10:08.37	01:10:07.82	
245	275	CÉLIA HENRIQUES	F	47	4	01:10:13.22	01:09:46.76	BRUXOS RUNNERS
246	274	FLAVIO REIS	M	35	38	01:10:13.26	01:09:43.61	BRUXOS RUNNERS
247	833	JULIO ROQUE	M	52	32	01:10:15.96	01:09:54.28	CORRER SOC REC DA GRANJA
248	610	TIAGO RAIMUNDO	M	38	39	01:10:17.15	01:10:01.15	JATAPANHO
249	460	FERNANDO ROSETE	M	47	50	01:10:17.47	01:09:46.32	RUN 4 FUN
250	611	NELSON SILVA	M	35	40	01:10:17.59	01:10:00.47	JATAPANHO
251	926	TIAGO AVELÃS	M	42	56	01:10:18.09	01:09:49.22	SS CGD
252	1490	NELSON PATRAO	M	31	45	01:10:18.31	01:09:23.93	
253	673	FERNANDO FIGUEIREDO	M	51	33	01:10:19.97	01:10:19.80	
254	456	ANTÓNIO MENDES	M	61	10	01:10:21.39	01:10:18.36	
255	1039	JOSE GASPAS	M	45	51	01:10:22.18	01:09:54.98	
256	472	ROBERT TEIXEIRA	M	32	46	01:10:22.76	01:09:39.64	KONANRUNNERS
257	1487	BRUNO PEDRO	M	39	41	01:10:24.96	01:10:16.61	VARITINTAS
258	898	HENRIQUE AMADOR	M	46	52	01:10:25.19	01:10:15.92	SS CGD

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CORRIDA DAS LEZÍRIAS

15,5 km

259	473	JOSÉ BATISTA	M	47	53	01:10:27.68	01:10:27.68	KONANRUNNERS
260	1417	SANDRO RODRIGUES	M	40	57	01:10:27.68	01:10:11.31	AURORA TRAIL
261	793	LUÍS SANTOS	M	47	54	01:10:31.82	01:10:28.73	ALVERCA URBAN RUNNERS
262	1327	NUNO SILVA	M	41	58	01:10:32.20	01:10:16.42	
263	820	MARCO BAETA	M	43	59	01:10:41.40	01:10:36.58	
264	1411	MARCO SANTOS	M	38	42	01:10:41.80	01:10:17.64	PINHAL NOVO A CORRER
265	221	JOÃO BOGALHEIRO	M	48	55	01:10:42.12	01:10:27.57	A VALE SILENCIO
266	1423	ALBERTO SANTOS	M	50	34	01:10:43.94	01:10:32.98	10 DE BUSTELO
267	661	RICARDO SANTOS	M	46	56	01:10:45.34	01:10:21.31	
268	571	NUNO AVELAR	M	20	47	01:10:45.65	01:10:25.76	
269	715	NUNO NUNES	M	42	60	01:10:45.87	01:10:02.61	
270	903	JORGE MORGADO	M	56	13	01:10:46.14	01:10:19.01	SS CGD
271	1150	ANTONIO MANUEL GONCALVES CARRETO	M	34	48	01:10:47.51	01:10:36.18	CLUBE PT - ZCS
272	1126	JOEL PONTE	M	28	49	01:10:49.59	01:10:14.16	
273	1272	ANDRÉ MARTINS	M	33	50	01:10:50.56	01:09:32.96	
274	325	SÉRGIO CAMPOS	M	50	35	01:10:51.51	01:10:25.74	
275	174	PETRU NEMES	M	52	36	01:10:55.11	01:10:31.58	
276	1047	JOSE MONTEIRO	M	61	11	01:10:55.41	01:10:01.46	GDC BANCO PORTUGAL
277	860	CARLOS LEITÃO	M	54	37	01:10:58.39	01:10:48.63	SS CGD
278	141	PAULO JORGE GARCIA	M	47	57	01:10:58.81	01:10:35.97	PERNAS DE GAFANHOTO
279	704	NUNO LOPES	M	42	61	01:11:03.25	01:09:54.72	HERE FOR BEER
280	547	MANUEL ALBINO FIDALGO	M	49	58	01:11:04.16	01:10:12.33	AZA - AZAMBUJA COM ALMA
281	775	CARLOS MONSANTO	M	31	51	01:11:04.34	01:10:10.42	
282	296	JOSÉ MAGALHÃES	M	16	52	01:11:05.16	01:11:05.16	MALVEIRITOS
283	958	LEANDRO REIS	M	48	59	01:11:05.47	01:10:08.68	
284	969	RICARDO AZEVEDO	M	20	53	01:11:06.63	01:10:33.52	
285	1448	ANDRIY POLITYLO	M	40	62	01:11:06.70	01:10:46.94	PERENE RUN
286	33	FERNANDO MONTEIRO	M	47	60	01:11:07.96	01:11:06.74	AMIGOS DO SABUGO
287	852	JAMILA DIONISIO	F	41	2	01:11:10.02	01:11:09.24	CD QUARTEIRA
288	1316	MARIO DUARTE	M	59	14	01:11:12.26	01:11:06.79	CD MOITENSE
289	1451	MARIA FREITAS	F	38	3	01:11:14.68	01:11:13.98	ASS VALE GRANDE
290	944	PAULO SANTOS	M	50	38	01:11:16.43	01:11:15.23	LOURDETE PERFUMARIAS
291	219	LEONEL NEVES	M	64	12	01:11:18.12	01:11:04.80	A VALE SILENCIO
292	1188	BRUNO RODRIGUES	M	31	54	01:11:18.22	01:10:57.25	
293	959	SANDRO COSTA	M	34	55	01:11:18.28	01:10:33.76	
294	1090	FILIPPE BRANCO	M	48	61	01:11:18.60	01:11:11.30	AMCD TITUARIA
295	1326	ARTUR MARTINS	M	49	62	01:11:19.93	01:11:12.34	

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CORRIDA DAS LEZÍRIAS

15,5 km

296	1346	VIRGILIO MADEIRA	M	58	15	01:11:21.37	01:11:09.83	TACLUBE
297	615	JOSÉ SANTOS SANTOS	M	41	63	01:11:23.44	01:11:06.01	JATAPANHO
298	614	PAULO CRAVEIRO	M	41	64	01:11:23.45	01:11:05.85	JATAPANHO
299	1099	HENRIQUE COQUENIM	M	51	39	01:11:24.34	01:10:44.13	
300	348	PEDRO ISIDORO	M	44	65	01:11:28.55	01:10:58.99	
301	551	PAULO RANA	M	53	40	01:11:28.93	01:11:01.08	
302	923	PEDRO FONTOURA	M	47	63	01:11:30.97	01:11:20.86	SS CGD
303	554	JOSÉ FERNANDES	M	36	43	01:11:32.10	01:11:32.10	
304	1211	MARTA ABRANTES	F	40	4	01:11:32.92	01:11:29.61	ABSANT RUNNERS
305	508	CARLOS NABIÇA	M	54	41	01:11:33.06	01:11:33.06	CLUBE NOVO BANCO
306	1167	PAULO CARDOSO	M	40	66	01:11:34.52	01:10:52.55	3B TRIATLO
307	1018	NUNO RODRIGUES	M	42	67	01:11:34.88	01:10:43.06	SS MONTEPIO
308	21	RUI VIEITAS	M	42	68	01:11:35.88	01:11:33.06	FAT OLD DUDES
309	814	ARMANDO CORREIA	M	35	44	01:11:37.46	01:11:29.36	SC CASAINHOS
310	67	HELENA MOREIRA	F	41	5	01:11:38.25	01:11:37.23	CARACÓIS DE PEDRA
311	368	ANTÓNIO REIS	M	42	69	01:11:38.79	01:11:01.38	
312	760	ELIO GALEGO	M	34	56	01:11:41.02	01:11:13.19	
313	1223	LUIS GONCALVES	M	40	70	01:11:43.30	01:11:33.11	C MILLENNIUM BCP
314	603	PEDRO TRABUCHO	M	53	42	01:11:44.38	01:11:42.46	
315	631	JOSE FRANCO	M	59	16	01:11:45.88	01:11:45.27	SR CAMARNAL
316	1247	NUNO DANTAS	M	38	45	01:11:47.54	01:11:18.19	CORRER LISBOA
317	808	ANTÓNIO RODRIGUES	M	37	46	01:11:49.39	01:11:49.39	ACADEMIA DO PRO
318	57	AVELINO JOSÉ MENDES RODRIGUES	M	43	71	01:11:50.56	01:11:43.38	
319	71	LUIS ISIDORO	M	34	57	01:11:51.48	01:11:33.04	
320	282	ILISITO FERREIRA	M	34	58	01:11:52.62	01:11:47.15	CAD A CORRER
321	1209	NUNO MARQUES	M	44	72	01:11:56.06	01:11:34.38	ASAS NOS PÉS
322	1205	VITOR AZEVEDO	M	39	47	01:11:56.13	01:11:31.57	ASAS NOS PÉS
323	1199	DIOGO LOPES	M	37	48	01:11:56.19	01:11:14.26	ASAS NOS PÉS
324	1162	JOSÉ ALVES	M	46	64	01:11:56.19	01:11:30.66	
325	594	VITOR MONTEIRO	M	55	17	01:11:57.98	01:11:37.09	OS DUROS
326	593	FERNANDO JORGE CORREIA TAVARES	M	46	65	01:11:58.07	01:11:39.01	OS DUROS
327	208	NUNO LOPES	M	43	73	01:11:59.22	01:10:50.04	FC ESTRELAS LISBOA
328	342	FÁBIO RODRIGUES	M	27	59	01:11:59.68	01:11:43.65	JIMBRAS RUNNING
329	836	CARLOS MARQUES	M	47	66	01:12:01.31	01:11:38.75	CORRER SOC REC DA GRANJA
330	1312	LUIS SANTOS	M	41	74	01:12:02.78	01:11:53.07	CORRER LISBOA
331	316	BRUNO ANDRADE	M	32	60	01:12:09.13	01:11:18.61	ORTOBEST RUNNING TEAM
332	802	ANTÓNIO NOGUEIRA SILVA	M	52	43	01:12:09.27	01:11:46.74	

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CORRIDA DAS LEZÍRIAS

15,5 km

333	1186	MANUEL MEXIA	M	52	44	01:12:09.34	01:10:46.21	
334	698	FERNANDO VERISSIMO	M	56	18	01:12:11.97	01:11:44.91	CHESTERS TEAM
335	1158	NUNO CORDEIRO	M	49	67	01:12:14.06	01:12:12.49	OS ZATOPEQUES
336	840	OSVALDO RODRIQUES	M	46	68	01:12:17.00	01:11:58.91	CORRER SOC REC DA GRANJA
337	1318	PAULO CALDEIRA	M	47	69	01:12:19.36	01:11:33.39	CORRER LISBOA
338	1324	PEDRO COUTINHO	M	36	49	01:12:20.09	01:11:54.51	
339	918	NOÉMIA SEQUEIRA	F	49	5	01:12:21.07	01:12:10.63	SS CGD
340	764	ADELINO PEREIRA	M	53	45	01:12:23.96	01:11:32.23	RUN2FINISH.PT
341	427	DAVID AZENHA	M	34	61	01:12:28.33	01:11:40.41	ECHO
342	1352	NELSO MOTA	M	47	70	01:12:30.31	01:12:24.22	TACLUBE
343	1351	PAULO TORRÃO PAULO TORRÃO	M	46	71	01:12:30.52	01:12:17.14	TACLUBE
344	1458	JORGE NABAIS	M	35	50	01:12:30.64	01:12:28.32	COA - CLUBE DE ORIENTAÇÃO E AVENTURA
345	743	AIRES SÃOPEDERO	M	63	13	01:12:31.78	01:12:07.79	GAA VF XIRA
346	1016	JOSE GUERREIRO	M	60	14	01:12:35.27	01:11:41.45	SS MONTEPIO
347	475	JOSÉ AUGUSTO	M	56	19	01:12:37.47	01:12:29.72	FALCÕES SELVAGENS
348	838	FRANCISCO DIAS	M	48	72	01:12:39.80	01:12:21.36	CORRER SOC REC DA GRANJA
349	1459	VITOR BARATA	M	61	15	01:12:51.07	01:12:15.69	
350	1266	CARLOS DUQUE	M	28	62	01:12:53.33	01:11:55.70	
351	1148	JOZÉ RIBEIRO	M	55	20	01:12:53.92	01:12:43.50	CM CORRIDA DE ALENQUER
352	168	PAULO PAIXÃO	M	43	75	01:12:54.82	01:12:15.90	C COLAB AGEAS
353	261	LUIS CARVALHO	M	40	76	01:12:57.04	01:12:48.96	ODIVELAS RUN
354	85	EDUARDO MARQUES	M	32	63	01:13:02.60	01:12:54.02	
355	587	HUGO GUERREIRO	M	39	51	01:13:05.25	01:12:07.24	VARITINTAS
356	1354	ARMANDO PARREIRA	M	49	73	01:13:07.18	01:12:43.87	TACLUBE
357	837	RUI MANUEL	M	52	46	01:13:14.14	01:12:55.49	CORRER SOC REC DA GRANJA
358	1523	RUI HENRIQUES	M	42	77	01:13:17.42	01:12:49.02	
359	745	JOÃO HENRIQUE	M	49	74	01:13:17.61	01:12:37.44	GAA VF XIRA
360	44	JOSE PEREIRA	M	38	52	01:13:17.72	01:12:54.54	NIGHTS TEAM
361	10	ANTÓNIO PEDRO SEQUEIRA SILVA	M	44	78	01:13:19.92	01:13:19.92	CCR PRAIA DE MIRA (CCRPM)
362	994	RUI JORGE SANTOS	M	38	53	01:13:21.98	01:13:20.44	30 SEGUNDOS AO KM
363	1398	SONIA BRANDAO	F	46	6	01:13:22.54	01:13:11.48	GD BANCO BPI
364	1093	HENRIQUE FERREIRA	M	46	75	01:13:24.68	01:13:22.79	AMCD TITUARIA
365	1328	JOÃO PAULINO	M	18	64	01:13:28.42	01:13:27.87	
366	695	ÁLVARO MIRANDA	M	46	76	01:13:29.65	01:13:26.88	
367	1408	MARIANA SILVA	F	34	4	01:13:29.75	01:13:28.55	AC SAOBRESSENSE
368	72	CARLOS CARRANCA	M	52	47	01:13:34.98	01:13:20.26	
369	125	CARLOS ROCHA	M	47	77	01:13:35.86	01:13:23.13	

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CORRIDA DAS LEZÍRIAS

15,5 km

370	834	GONÇALO GUIOMAR	M	24	65	01:13:36.41	01:13:14.41	CORRER SOC REC DA GRANJA
371	591	MIGUEL SAN-PAYO	M	55	21	01:13:37.26	01:13:05.24	RUN 4 FUN
372	1406	LUIS GONÇALVES	M	38	54	01:13:39.00	01:13:22.60	OS PERIGOSOS
373	1335	ANTÓNIO CASACA	M	56	22	01:13:39.20	01:13:00.04	
374	87	HELDER VALADAS	M	37	55	01:13:39.28	01:13:25.89	OS PERIGOSOS
375	1024	LEONEL ADÉRITO FERNANDES DE SÃO JOSÉ	M	48	78	01:13:43.89	01:12:44.25	LINDA-A-PASTORA SC
376	696	JORGE DUARTE	M	43	79	01:13:46.41	01:13:18.36	CHESTERS TEAM
377	1280	MIGUEL TORGAL	M	40	80	01:13:55.20	01:13:17.24	
378	911	LUIS MARTINS	M	46	79	01:13:56.17	01:13:30.01	SS CGD
379	930	PAULO SERRANO	M	42	81	01:13:57.27	01:13:28.84	IT AGILITY
380	639	JOSÉ SANTOS	M	53	48	01:13:59.29	01:13:38.61	
381	1334	MARCO SILVA	M	42	82	01:13:59.68	01:13:21.87	
382	1189	CARLOS PEDRO	M	47	80	01:14:03.15	01:13:18.12	
383	245	NUNO FONSECA	M	42	83	01:14:03.86	01:13:35.54	
384	238	LUIS FEIJOCA	M	36	56	01:14:05.40	01:13:45.05	
385	467	RICARDO GRILO	M	41	84	01:14:06.34	01:13:47.06	
386	253	CARLOS FERNANDES	M	33	66	01:14:09.07	01:13:39.38	
387	489	NORBERTO MARQUES	M	47	81	01:14:09.80	01:13:52.25	RUNNING DONA MARIA
388	218	ANTÓNIO FERNANDES	M	61	16	01:14:11.26	01:13:56.42	A VALE SILENCIO
389	148	DIOGO MARTINS	M	26	67	01:14:11.70	01:13:46.20	
390	1149	ANTONIO PEDRO CASALEIRO ALMEIDA	M	46	82	01:14:12.73	01:13:16.61	CLUBE PT - ZCS
391	268	ARTUR JOSÉ CARVALHO	M	54	49	01:14:13.00	01:13:29.97	
392	951	NUNO CARVALHO	M	43	85	01:14:14.18	01:13:28.29	GDCT IN CM
393	1073	VERA CARVALHO	F	43	6	01:14:14.35	01:13:43.52	HOSPITAL VFX
394	286	PAULO JESUS	M	50	50	01:14:15.00	01:14:10.13	CAD A CORRER
395	1306	LUIS PINTO	M	50	51	01:14:15.46	01:14:03.21	
396	1424	HUGO MARREIROS	M	36	57	01:14:16.35	01:13:12.80	CORREDORES DA ADEGA
397	625	VITOR CUNHA	M	34	68	01:14:17.23	01:13:57.71	
398	1046	JOAQUIM FERRÃO	M	57	23	01:14:19.72	01:13:26.38	GDC BANCO PORTUGAL
399	678	MANUEL CRISPIM	M	66	17	01:14:21.51	01:14:07.91	UDCA
400	203	JOAQUIM LIDÓRIO PINHEIRO	M	38	58	01:14:24.63	01:13:37.68	
401	158	ANDRIY TKACHENKO	M	42	86	01:14:25.49	01:14:21.58	
402	663	FRANCISCO BATISTA	M	52	52	01:14:25.74	01:14:19.75	
403	1145	ELISABETE BRIGA	F	40	7	01:14:26.43	01:13:53.21	PETIT GYM CLUB
404	992	EUGENIO PISCO	M	66	18	01:14:27.49	01:13:59.91	OS SANTARENOS
405	1143	HUGO FARIA	M	41	87	01:14:28.22	01:13:56.77	PETIT GYM CLUB
406	1142	BRUNO MIGUEL	M	26	69	01:14:29.08	01:13:54.97	PETIT GYM CLUB

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CORRIDA DAS LEZÍRIAS

15,5 km

407	1056	DANIEL MARTINHO	M	47	83	01:14:29.73	01:13:33.33	
408	1550	JOAO AFONSO	M	46	84	01:14:31.32	01:14:15.70	CDCR CTT
409	62	RUI REIS	M	39	59	01:14:31.94	01:14:16.46	
410	310	JOÃO MÓNICA	M	33	70	01:14:33.60	01:14:17.16	
411	613	TIAGO GAMA	M	37	60	01:14:34.27	01:14:17.63	JATAPANHO
412	82	FILIPE MARQUES	M	40	88	01:14:36.10	01:13:54.16	ATLETAS DA MADRUGADA
413	113	RENATO GOMES	M	40	89	01:14:36.90	01:13:43.05	OS COXOS
414	935	GUILHERME GONÇALVES	M	57	24	01:14:39.05	01:14:27.02	C FERROV PORTUGAL
415	233	CARLOS DIAS	M	37	61	01:14:39.50	01:13:26.19	
416	1320	JOAO PEREIRA	M	41	90	01:14:39.96	01:13:26.04	
417	1467	ANTÓNIO DUARTE	M	42	91	01:14:47.22	01:14:33.14	PSP VFX
418	207	VITOR PEREIRA	M	41	92	01:14:49.64	01:14:14.26	GR JANZ E ASSOCIADOS
419	349	ANDRÉ SILVA	M	44	93	01:14:53.51	01:14:32.98	
420	1472	JOÃO CRUZ	M	33	71	01:14:56.53	01:14:24.46	PSP VFX
421	1156	PAULO ESPANHOL	M	48	85	01:14:58.97	01:14:36.72	
422	461	JOSE MAGALHAES	M	63	19	01:14:59.35	01:14:21.32	GD INE
423	829	MANUEL PAIVA	M	67	20	01:14:59.79	01:14:58.13	
424	830	PEDRO PAIVA	M	42	94	01:14:59.80	01:14:57.24	
425	1461	SERGIO GONÇALVES	M	44	95	01:15:00.00	01:14:56.44	PSP VFX
426	1097	ANTÓNIO VICÊNCIO	M	47	86	01:15:00.69	01:15:00.69	
427	557	FERNANDO LOPO	M	65	21	01:15:01.73	01:15:01.73	NA VIALONGA
428	1274	JOÃO OLIVAL	M	49	87	01:15:04.52	01:14:35.91	
429	1548	RODRIGO DEUS	M	40	96	01:15:04.95	01:14:35.62	
430	110	GONÇALO CARDOSO	M	28	72	01:15:04.99	01:14:11.70	OS COXOS
431	1331	ARTUR NASCIMENTO	M	45	88	01:15:06.23	01:15:00.82	RUN ENTRONCAMENTO
432	109	TIAGO LOURO	M	30	73	01:15:08.10	01:14:21.66	
433	1482	FERNANDO ANACLETO	M	66	22	01:15:13.98	01:15:08.54	
434	699	CARLOS ALMEIDA	M	61	23	01:15:16.67	01:15:15.44	
435	983	CARLOS TEIXEIRA	M	57	25	01:15:17.02	01:15:11.58	LEBRES E TARTARUGAS
436	365	BRUNO CORREIA	M	35	62	01:15:17.27	01:14:39.70	
437	15	FRANCISCO PASSOS	M	56	26	01:15:18.72	01:14:44.57	
438	530	CARLOS MARTINS	M	44	97	01:15:20.31	01:14:21.14	CCD CRÉDITO AGRÍCOLA MÚTUO
439	1267	FREDERICO FERREIRA	M	38	63	01:15:25.07	01:14:21.52	AC DO CARACOL
440	1294	JOSÉ COELHO	M	62	24	01:15:30.82	01:15:27.09	SCALABIS NIGHT RUNNERS
441	700	VITOR CANTO	M	47	89	01:15:31.38	01:15:00.85	
442	868	JOSE MARQUES	M	39	64	01:15:33.36	01:15:21.78	COAAL
443	843	BRUNO PARDAL	M	32	74	01:15:33.46	01:14:43.55	RUNNING LOURES

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CORRIDA DAS LEZÍRIAS

15,5 km

444	965	AFONSO RODRIGUES	M	39	65	01:15:35.11	01:15:33.11	GDCF RUNNING TEAM
445	416	TIAGO TORMENTA SANTOS	M	38	66	01:15:35.54	01:15:11.12	
446	1332	JOÃO CALISTO	M	57	27	01:15:38.10	01:15:01.87	
447	133	ALEXANDRE BENTO	M	44	98	01:15:39.36	01:15:30.20	GD BANCO BPI
448	1268	RUI NEVES	M	41	99	01:15:40.39	01:14:36.37	
449	14	NUNO SANTOS	M	43	100	01:15:41.32	01:15:36.28	
450	495	LUIS MIGUEL CALHEIROS	M	20	75	01:15:44.07	01:15:06.85	GD BANCO BPI
451	1473	CARLOS SANTOS	M	43	101	01:15:44.65	01:15:15.17	PSP VFX
452	277	DOMINICO LAGE	M	39	67	01:15:51.00	01:14:58.88	
453	1004	NELSON LOPES	M	43	102	01:15:51.83	01:15:00.48	
454	1401	NUNO ALVES	M	26	76	01:15:53.27	01:15:45.55	
455	364	MÁRIO FETEIRA	M	43	103	01:15:55.35	01:15:31.57	
456	1012	EURICO LOUREIRO	M	37	68	01:15:57.35	01:15:05.38	SS MONTEPIO
457	1191	FRANCISCO COELHO	M	52	53	01:15:58.37	01:15:16.40	
458	1190	CARLOS SILVA	M	52	54	01:15:58.71	01:15:15.93	
459	450	PAULO MOUTINHO	M	46	90	01:15:59.43	01:15:17.59	H-GARRA A LEBRE
460	419	RUI GUERREIRO	M	52	55	01:16:03.91	01:15:46.42	
461	1088	PEDRO CORREIA	M	35	69	01:16:05.03	01:15:26.52	SUBTIL 3D
462	308	VICTOR MORAIS	M	59	28	01:16:07.23	01:15:53.28	
463	128	EDUARDO COELHO	M	35	70	01:16:10.01	01:15:36.18	ADRC MATA DE BENFICA
464	582	JOSÉ VAZ	M	59	29	01:16:11.46	01:16:02.26	CLUBE ANACOM
465	493	CARLOS MACHADO	M	41	104	01:16:12.78	01:15:13.04	
466	1486	OZEIAS GESSO	M	40	105	01:16:13.94	01:16:10.09	
467	1154	SERGIO DUARTE FERNANDES	M	30	77	01:16:15.37	01:15:31.18	CLUBE PT - ZCS
468	665	AMERICO SANTOS AMERICO	M	64	25	01:16:16.23	01:16:02.51	C VETERANOS DO LIS
469	284	LEONEL FREIRA	M	43	106	01:16:16.61	01:16:10.19	CAD A CORRER
470	1187	JOSÉ SOUSA	M	53	56	01:16:17.10	01:14:52.28	
471	505	TIAGO CANDEIAS	M	30	78	01:16:17.23	01:15:14.94	FALCÕES SELVAGENS
472	680	FRANCISCO MACHETA	M	45	91	01:16:18.32	01:16:01.15	
473	946	TIAGO PINTO	M	39	71	01:16:19.39	01:15:36.35	CORRER LISBOA
474	710	FERNANDO SIMÕES	M	51	57	01:16:24.82	01:15:55.95	
475	546	JOAQUIM BACALHAU	M	55	30	01:16:27.05	01:16:27.05	
476	301	NUNO PIÇARREIRA	M	44	107	01:16:27.19	01:15:45.89	H-GARRA A LEBRE
477	996	JOSÉ MANUEL SILVA	M	59	31	01:16:28.12	01:16:23.89	
478	453	JOSE CIPRIANO DE OLIVEIRA	M	44	108	01:16:28.78	01:16:20.42	
479	795	VITOR MANUEL REIS BRAZ	M	55	32	01:16:29.69	01:16:18.12	FILHOS DA NOITE
480	425	CARLOS MANUEL GODINHO CONCEIÇÃO	M	54	58	01:16:32.76	01:16:12.56	

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CORRIDA DAS LEZÍRIAS

15,5 km

481	1282	RUI ABELHO	M	48	92	01:16:33.17	01:16:03.32	
482	1549	PEDRO DINIS	M	24	79	01:16:34.15	01:16:18.41	
483	375	JOSÉ HENRIQUES	M	46	93	01:16:36.86	01:16:27.31	AD REAL ACADEMIA
484	374	MARINA HENRIQUES	F	53	7	01:16:36.91	01:16:36.91	AD REAL ACADEMIA
485	507	ALFREDO RAMOS	M	48	94	01:16:37.97	01:16:26.39	CLUBE NOVO BANCO
486	423	PAULO CARTAXO	M	39	72	01:16:38.27	01:15:39.06	UDCA
487	344	PAULO PEREIRA	M	41	109	01:16:39.17	01:16:04.39	
488	1076	ALBERTO ABREU	M	50	59	01:16:41.91	01:16:33.87	CCDP MUN CASCAIS
489	722	NUNO BARRETO	M	44	110	01:16:43.04	01:15:53.41	
490	346	FREDERICO CARVALHO	M	32	80	01:16:43.42	01:16:18.65	
491	333	RUI RODRIGUES DA SILVA	M	47	95	01:16:43.62	01:16:43.62	
492	123	RUI FERNANDES	M	47	96	01:16:44.11	01:16:11.22	
493	1369	HELIO MOTA	M	37	73	01:16:44.53	01:15:41.17	RUNNING4TIME
494	1104	NUNO DAMIAES	M	31	81	01:16:46.08	01:15:37.73	
495	629	RICARDO VICENTE	M	39	74	01:16:46.43	01:15:56.98	SR CAMARNAL
496	1494	OSCAR COSTAA	M	0	82	01:16:46.51	01:15:57.80	SR CAMARVAL
497	1106	ANTONIO CRUZ	M	70	26	01:16:49.03	01:16:22.91	
498	1183	NATACHA RIBEIRINHO	F	27	5	01:16:50.00	01:16:30.77	
499	283	NUNO CARDOSO	M	46	97	01:16:51.82	01:16:46.95	CAD A CORRER
500	435	JOÃO QUELHAS	M	43	111	01:16:52.91	01:16:41.34	
501	895	FERNANDO LIMA	M	48	98	01:16:52.95	01:16:26.88	SS CGD
502	914	LUIS SILVA	M	48	99	01:16:52.97	01:16:29.66	SS CGD
503	724	VITOR GAMEIRO	M	52	60	01:16:56.56	01:16:51.24	
504	897	FRANCISCO VIEIRA	M	49	100	01:16:57.54	01:16:44.96	SS CGD
505	579	NUNO ALVES	M	43	112	01:16:58.00	01:16:24.60	RUN 4 FUN
506	863	EMANUEL AGUAS	M	43	113	01:16:58.20	01:16:32.35	SS CGD
507	1014	JOÃO SANTOS	M	37	75	01:16:58.58	01:16:04.80	SS MONTEPIO
508	35	NELSON BRANCO	M	44	114	01:16:59.65	01:16:50.95	
509	182	LUÍS DUARTE	M	47	101	01:17:00.97	01:16:17.91	
510	1293	BOGDAN SANDU	M	25	83	01:17:04.90	01:16:36.99	
511	560	ALVARO FRANCISCO	M	65	27	01:17:06.69	01:16:00.47	ARANAV
512	872	JÚLIO PEREIRA	M	52	61	01:17:07.02	01:16:37.05	
513	877	LUIS AZEVEDO	M	53	62	01:17:07.27	01:16:31.97	CORRER LISBOA
514	657	DIOGO BISPO	M	30	84	01:17:08.18	01:16:19.06	
515	656	FRÉDÉRIC SILVA	M	30	85	01:17:08.66	01:17:08.66	
516	1321	JEREMIAS CARDOSO	M	53	63	01:17:09.00	01:16:18.73	
517	717	PAULO VIEIRA	M	45	102	01:17:10.27	01:16:40.48	

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CORRIDA DAS LEZÍRIAS

15,5 km

518	762	SÓNIA ALMEIDA	F	40	8	01:17:10.81	01:16:15.74	
519	68	CARLOS TEIXEIRA	M	45	103	01:17:11.56	01:16:09.10	
520	725	ANTONIO FERREIRA	M	59	33	01:17:13.43	01:16:42.11	
521	1342	DELFIN PRATAS	M	49	104	01:17:15.46	01:16:39.83	BRRNIGHTRUNNERS
522	102	BRUNO SILVA	M	39	76	01:17:23.98	01:17:17.06	
523	873	ANTONIO SAMPAIO	M	48	105	01:17:26.50	01:16:55.23	
524	269	MARIA DE LURDES GONÇALVES	F	50	8	01:17:28.42	01:17:04.40	CORRER LISBOA
525	542	JOÃO RIBEIRO	M	63	28	01:17:28.42	01:16:44.58	GDC FIDELIDADE
526	150	HUGO SILVA	M	38	77	01:17:29.05	01:17:14.37	
527	544	PEDRO SANTOS	M	41	115	01:17:29.68	01:17:07.53	
528	81	HUGO PINTO	M	40	116	01:17:37.98	01:16:31.26	
529	92	CARLOS SOUSA	M	60	29	01:17:39.68	01:17:25.33	OS PERIGOSOS
530	1277	CÉSAR FERREIRA	M	33	86	01:17:42.09	01:17:17.51	
531	411	RUI SILVA	M	32	87	01:17:43.03	01:16:20.52	
532	26	CARLOS JESUS	M	35	78	01:17:43.75	01:17:26.69	
533	243	PEDRO GASPAR	M	25	88	01:17:44.91	01:16:35.96	TEAM SEM PIEDADE
534	99	RICARDO OLIVEIRA	M	31	89	01:17:46.13	01:17:46.13	
535	1035	RICARDO PATRICIO	M	45	106	01:17:46.49	01:17:22.37	
536	380	MARIO RAMOS	M	58	34	01:17:49.24	01:16:57.09	APOGMA
537	651	JAIME PORTUGAL	M	48	107	01:17:49.58	01:17:45.20	MEIAS E MINIS
538	1238	LUIS NOGUEIRA	M	52	64	01:17:51.25	01:17:12.08	C MILLENNIUM BCP
539	91	JOSÉ HENRIQUES	M	63	30	01:17:51.91	01:17:49.52	OS PERIGOSOS
540	264	PEDRO SANTOS	M	39	79	01:17:52.84	01:17:40.79	
541	853	JOSÉ SOUSA	M	41	117	01:17:53.19	01:17:52.08	CD QUARTEIRA
542	692	MARIA JOAO VAZ	F	52	9	01:17:55.53	01:17:32.91	
543	205	BRUNO GONÇALVES	M	39	80	01:17:56.29	01:17:36.55	
544	791	MÁRCIO BASÍLIO	M	34	90	01:17:59.02	01:17:51.40	AD IALBAX
545	51	JOSÉ MARQUES	M	55	35	01:18:01.79	01:17:27.00	
546	810	PAULO MARQUES	M	53	65	01:18:01.89	01:17:10.67	
547	1485	RICARDO SILVA	M	42	118	01:18:02.11	01:17:05.23	MBTEAM
548	1484	RUI BRITO	M	38	81	01:18:02.55	01:17:03.86	MBTEAM
549	1055	JOÃO RODRIGUES	M	38	82	01:18:04.76	01:17:32.00	GDC BANCO PORTUGAL
550	1054	ELISABETE SANTOS	F	38	9	01:18:04.94	01:17:33.97	GDC BANCO PORTUGAL
551	84	PEDRO FONTES	M	42	119	01:18:06.15	01:17:34.98	
552	703	MIGUEL RAU	M	47	108	01:18:08.38	01:17:58.17	GD BANCO BPI
553	945	RICARDO CONCEIÇÃO	M	32	91	01:18:08.63	01:18:07.36	LOURDETE PERFUMARIAS
554	1425	LUIS BATISTA	M	36	83	01:18:09.12	01:17:05.65	CORREDORES DA ADEGA

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CORRIDA DAS LEZÍRIAS

15,5 km

555	429	CARLOS PAIS	M	37	84	01:18:11.30	01:17:22.75	
556	1317	NUNO PINHEIRO	M	30	92	01:18:12.01	01:18:07.94	
557	1412	BRUNO FERNANDES	M	36	85	01:18:12.38	01:18:01.64	
558	1416	GONÇALO LOBO	M	32	93	01:18:16.71	01:17:05.53	KPMG RUNNERS
559	1304	NUNO GONÇALVES	M	42	120	01:18:17.63	01:17:56.53	PARTY ROCK
560	1305	JORGE ALMEIDA	M	44	121	01:18:17.92	01:17:55.94	PARTY ROCK
561	1435	EDUARDO MANSO	M	56	36	01:18:19.11	01:17:41.78	CAMARA LISBOA CLUBE
562	842	SANDRA SILVA	F	41	10	01:18:26.20	01:18:08.67	CORRER SOC REC DA GRANJA
563	778	MAXIMIANO SANTOS	M	53	66	01:18:27.44	01:18:15.15	
564	857	ANTONIO TABORDA	M	67	31	01:18:31.20	01:18:05.82	SS CGD
565	653	PEDRO CORREIA	M	40	122	01:18:34.39	01:18:11.78	
566	350	HERNÂNI MONTEIRO	M	57	37	01:18:35.20	01:18:21.34	
567	767	RICARDO BORDALO	M	48	109	01:18:39.21	01:18:31.42	
568	528	SANDRA VIEIRA	F	44	11	01:18:39.37	01:18:33.42	DIRTRUNNERS
569	376	CARLOS SOUSA	M	50	67	01:18:40.46	01:18:39.81	APOGMA
570	476	FÁBIO RODRIGUES	M	30	94	01:18:41.16	01:18:21.83	TEAM CHAMBÃO
571	847	JOÃO PASSEIRO	M	55	38	01:18:45.85	01:18:19.66	ADC CATUJAL
572	846	ALMERINDO SILVA	M	58	39	01:18:45.90	01:18:18.81	ADC CATUJAL
573	761	FERNANDO CURTO	M	50	68	01:18:49.44	01:18:37.79	
574	1058	JAIME GOMES	M	61	32	01:18:49.72	01:17:57.72	SS MONTEPIO
575	632	JOAO ANDRE	M	40	123	01:18:50.00	01:18:40.78	SR CAMARNAL
576	18	PEDRO ANTUNES	M	42	124	01:18:51.74	01:17:49.33	OS ANTUNES
577	772	CARLOS PEREIRA	M	35	86	01:18:52.05	01:17:51.85	RAISTA BRAZIN
578	278	CARLOS DE MIRA	M	46	110	01:18:57.50	01:18:53.16	
579	948	NUNO VALENTE	M	43	125	01:18:58.68	01:18:31.95	
580	474	JOANA PATRÍCIA MASCARENHAS SOEIRO	F	45	10	01:18:58.88	01:18:26.85	RUN 4 FUN
581	1001	CELSE PEREIRA	M	39	87	01:19:01.39	01:18:32.65	SRCD TESOUREIRA
582	1208	MILTON BATISTA	M	42	126	01:19:03.02	01:18:21.54	ASAS NOS PÉS
583	566	SERGIO SILVA	M	41	127	01:19:03.08	01:18:16.21	OS GORDOS
584	683	RUI JULIO	M	42	128	01:19:03.12	01:18:17.03	OS GORDOS
585	228	JOÃO ESTEVÃO	M	37	88	01:19:04.58	01:18:45.63	
586	934	VITOR GONZAS	M	51	69	01:19:05.12	01:18:55.19	C FERROV PORTUGAL
587	1345	CARLOS BARGADO	M	53	70	01:19:05.63	01:18:41.61	TACLUBE
588	1064	TIAGO COSTA	M	24	95	01:19:07.53	01:17:56.24	HOSPITAL VFX
589	175	NUNO CRUZ	M	41	129	01:19:09.36	01:19:09.36	TEAM SEM PIEDADE
590	469	VÍTOR MANUEL LEITÃO MARTINS	M	46	111	01:19:10.53	01:17:58.18	
591	798	TINA OLIVEIRA	F	53	11	01:19:10.59	01:19:06.55	AMINHACORRIDA

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CORRIDA DAS LEZÍRIAS

15,5 km

592	1201	ROGÉRIO CARREIRO	M	56	40	01:19:11.61	01:18:21.44	ASAS NOS PÉS
593	904	JOSÉ FERREIRA	M	62	33	01:19:12.60	01:18:59.15	SS CGD
594	242	EMANUEL GASPAR	M	30	96	01:19:12.94	01:17:59.46	TEAM SEM PIEDADE
595	510	FERNANDO BRANDÃO	M	54	71	01:19:15.36	01:19:01.69	CLUBE NOVO BANCO
596	669	PEDRO SANTOS	M	42	130	01:19:19.43	01:18:42.42	
597	1348	JOAO SERRA	M	45	112	01:19:21.91	01:19:18.41	TACLUBE
598	1344	FRANCISCO PEREIRA	M	50	72	01:19:22.32	01:19:18.22	TACLUBE
599	105	PAULO TAVARES	M	40	131	01:19:23.18	01:18:11.35	TEAM SEM PIEDADE
600	964	MIGUEL ESTEVES	M	35	89	01:19:24.02	01:19:22.67	GDCF RUNNING TEAM
601	854	RUI SIMOES	M	40	132	01:19:25.43	01:18:41.26	
602	1153	MONICA MARINA AMARO MARTINS	F	34	6	01:19:25.57	01:19:02.43	CLUBE PT - ZCS
603	1514	LUIS FIGUEIRA	M	37	90	01:19:28.61	01:18:31.59	
604	108	GONÇALO VENTURA	M	28	97	01:19:30.17	01:18:45.89	ATLETAS DA MADRUGADA
605	723	SANDRA MONTEIRO	F	41	12	01:19:32.97	01:18:44.52	
606	1488	REBECA BRANCO	F	36	13	01:19:34.86	01:19:26.32	VARITINTAS
607	709	JOSÉ LINDO	M	71	34	01:19:38.53	01:19:38.53	CA VALE FIGUEIRA
608	671	ANTÓNIO MINA	M	56	41	01:19:38.73	01:19:25.60	CA VALE FIGUEIRA
609	1246	ANTONIO CAMACHO	M	65	35	01:19:38.80	01:19:22.64	CA VALE FIGUEIRA
610	1103	LUIS GOMES	M	44	133	01:19:39.00	01:19:10.68	
611	609	FREDERICO WIBORG	M	46	113	01:19:39.12	01:18:26.35	
612	169	TITO TEIXEIRA	M	40	134	01:19:39.45	01:19:32.99	C COLAB AGEAS
613	138	FERNANDO SILVA	M	56	42	01:19:41.00	01:18:59.91	PACE.MAKERS
614	1166	ADERITO CARRELHAS	M	63	36	01:19:41.73	01:19:40.50	
615	428	VITOR SILVA	M	29	98	01:19:42.36	01:18:53.38	ECHO
616	426	INÊS NUNES	F	25	7	01:19:42.75	01:18:55.22	ECHO
617	270	JOÃO PAULO FERREIRA	M	20	99	01:19:45.50	01:18:56.18	ORTOBEST RUNNING TEAM
618	1257	HORÁCIO RUIVO	M	57	43	01:19:47.98	01:19:32.27	CCD O ALVITEJO
619	1367	MIGUEL LUCENA	M	30	100	01:19:49.53	01:19:21.91	HOUSEMARTINS BELAS
620	479	RICARDO CONCEIÇÃO	M	31	101	01:19:53.59	01:19:30.42	XWR
621	1242	RUI BAPTISTA	M	54	73	01:20:00.96	01:19:23.99	C MILLENNIUM BCP
622	1395	PAULO LUZ	M	51	74	01:20:01.18	01:19:49.79	GD BANCO BPI
623	1038	MIGUEL FIGUEIREDO	M	43	135	01:20:03.68	01:19:35.32	
624	345	NUNO ALMEIDA	M	42	136	01:20:03.77	01:19:06.62	SPORTINGS DE ALMEIDA
625	88	ALCIDES NUNES	M	59	44	01:20:04.03	01:19:50.92	OS PERIGOSOS
626	59	ARTUR SANTOS	M	35	91	01:20:04.50	01:18:52.19	
627	1393	SARA NEVES	F	40	14	01:20:06.12	01:19:44.86	
628	458	JOÃO NEVES	M	24	102	01:20:06.16	01:19:31.03	HARD RUNNING TEAM ARRUDA DOS VINHOS

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CORRIDA DAS LEZÍRIAS

15,5 km

629	1243	PAULO MONIZ	M	63	37	01:20:07.02	01:20:04.79	
630	1276	JOSÉ DIOGO	M	44	137	01:20:07.03	01:19:43.29	
631	758	DANIEL DRUK	M	39	92	01:20:09.56	01:18:56.68	GAA VF XIRA
632	697	JULIO PARREIRA	M	69	38	01:20:10.35	01:19:39.28	CHESTERS TEAM
633	667	EDGAR ANASTACIO	M	53	75	01:20:11.46	01:19:21.66	AZA - AZAMBUJA COM ALMA
634	870	MARTA MARTINS	F	33	8	01:20:12.51	01:20:10.53	
635	871	NELSON CARRASCO	M	35	93	01:20:12.89	01:20:11.30	
636	765	MANUEL PAULO	M	61	39	01:20:12.92	01:19:21.13	RUN2FINISH.PT
637	1233	CARLOS FERREIRA	M	61	40	01:20:14.12	01:20:06.41	ND AUTOCOOPE
638	142	MIGUEL SIMÕES	M	39	94	01:20:15.09	01:19:35.25	
639	589	ALVARO ALPOIM	M	55	45	01:20:16.88	01:19:45.71	VARITINTAS
640	323	JOÃO CUNHA LOPES	M	46	114	01:20:19.08	01:19:59.03	
641	600	SERGIO SIMOES	M	40	138	01:20:19.31	01:19:05.03	COFIDISRUNNINGTEAM
642	734	SUSANA DURO	F	40	15	01:20:21.67	01:20:10.75	
643	597	PAULO SILVA	M	45	115	01:20:22.31	01:19:35.99	
644	328	ANA MARQUES	F	39	16	01:20:22.90	01:20:20.17	SCALABIS NIGHT RUNNERS
645	418	TIAGO OLIVEIRA	M	40	139	01:20:23.01	01:19:37.53	
646	565	ZE PEDRO	M	50	76	01:20:23.05	01:19:40.70	
647	1296	FLÁVIO NEVES	M	34	103	01:20:25.02	01:19:26.29	
648	561	JOSE RUIVO	M	67	41	01:20:26.37	01:19:22.17	ARANAV
649	1402	RUI CORREIA	M	33	104	01:20:27.31	01:19:38.61	
650	403	CARLOS SANTOS	M	40	140	01:20:27.40	01:19:37.55	
651	1358	PAULO MOTA	M	50	77	01:20:28.98	01:20:23.98	AA LEBRES DO SADO
652	576	RICARDO TEODORO	M	37	95	01:20:30.66	01:20:05.99	ÁGUIAS RIBATEJANAS
653	1309	RICARDO FERNANDES	M	34	105	01:20:32.35	01:19:47.23	PREVINIL RUNNING TEAM
654	1033	PEDRO LOPES	M	42	141	01:20:33.91	01:20:00.26	
655	1337	LUIS GONZAGA RIBEIRO	M	37	96	01:20:37.01	01:20:27.62	
656	111	RUI GUARDA	M	39	97	01:20:38.32	01:19:45.28	OS COXOS
657	831	FILIPE RAMALHO	M	37	98	01:20:39.82	01:20:21.66	CORRER SOC REC DA GRANJA
658	672	PAULO RAMOS	M	30	106	01:20:43.07	01:20:43.07	
659	770	PAULO MANAÇAS	M	46	116	01:20:44.57	01:20:44.57	
660	1200	JORGE LOPES	M	45	117	01:20:47.59	01:20:07.26	ASAS NOS PÉS
661	979	JOÃO CRUJO	M	18	107	01:20:52.17	01:20:31.15	
662	980	FRANCISCO LOUREIRO	M	19	108	01:20:52.26	01:20:32.23	
663	1225	HUGO TALHINHAS	M	35	99	01:20:54.11	01:20:29.53	TEAM MAMINHAS
664	693	ALICE PAIS	F	45	12	01:20:54.23	01:20:22.33	RUN 4 FUN
665	855	ANTONIO TEIXEIRA	M	40	142	01:20:58.16	01:20:13.99	

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CORRIDA DAS LEZÍRIAS

15,5 km

666	1307	ISIDRO CARVALHO	M	47	118	01:20:59.70	01:20:52.81	GAREHOTELRUNNING
667	352	CARLOS CORREIA	M	32	109	01:21:00.67	01:20:51.52	
668	1116	LINO OLIVEIRA	M	72	42	01:21:01.58	01:21:00.52	
669	784	JOEL MÓSCA	M	50	78	01:21:01.66	01:21:00.32	
670	106	RICARDO COSTA	M	37	100	01:21:01.84	01:20:32.53	COSTINHAS
671	184	FREDERICO MORAIS	M	38	101	01:21:05.38	01:21:05.38	
672	1087	LUIS FIDALGO	M	49	119	01:21:07.49	01:21:02.09	
673	1114	TIAGO VEIGA	M	34	110	01:21:08.58	01:20:34.55	
674	1113	CARINA VEIGA	F	32	9	01:21:08.84	01:20:35.22	
675	1196	CARLOS IPE	M	42	143	01:21:10.37	01:20:28.92	ASAS NOS PÉS
676	338	ANDRÉ APARÍCIO	M	41	144	01:21:11.12	01:20:43.29	
677	1476	GONÇALO CAMPOS	M	42	145	01:21:12.38	01:20:31.23	
678	1370	PEDRO SOUSA MENDES	M	52	79	01:21:12.42	01:20:50.81	
679	1177	LUIS BAIXINHO	M	34	111	01:21:12.57	01:20:33.29	C MILLENNIUM BCP
680	1008	RAFAEL BRONZE	M	43	146	01:21:15.38	01:20:27.89	GRUPO MARAVILHA
681	936	JORGE GONÇALVES	M	43	147	01:21:19.96	01:20:23.53	RUNNERS DE KINTAL
682	1221	ARTUR LEITE	M	53	80	01:21:20.01	01:21:03.40	C MILLENNIUM BCP
683	504	ANTÓNIO CANDEIAS	M	55	46	01:21:21.49	01:20:19.93	FALCÕES SELVAGENS
684	1364	CARLA PEREIRA	F	33	10	01:21:22.35	01:20:35.43	
685	1426	IGOR BATISTA	M	33	112	01:21:23.47	01:20:17.07	CORREDORES DA ADEGA
686	1477	PALMIRA QUINHAMA	F	40	17	01:21:25.68	01:21:25.68	CORRER LISBOA
687	620	LIPING ZHONG	M	44	148	01:21:26.56	01:20:28.05	
688	464	LUIS FERREIRA	M	63	43	01:21:27.86	01:20:47.48	
689	490	MIGUEL TEIXEIRA	M	39	102	01:21:28.32	01:21:10.62	RUNNING DONA MARIA
690	1173	MARIO MENDES	M	53	81	01:21:29.65	01:21:12.33	C MILLENNIUM BCP
691	1492	JOSE RIBEIRO	M	50	82	01:21:30.40	01:20:52.80	
692	200	ANTÓNIO GOUVEIA	M	47	120	01:21:30.64	01:20:53.74	
693	129	PEDRO NOBRE	M	41	149	01:21:32.56	01:20:54.15	
694	303	NUNO ALMEIDA	M	41	150	01:21:34.40	01:21:12.79	SINTRA RUNNERS
695	302	RUI MARQUES	M	47	121	01:21:34.58	01:21:15.69	SINTRA RUNNERS
696	604	SUSANA SILVA	F	42	18	01:21:39.10	01:20:44.44	VARITINTAS
697	774	JORGE SANTOS	M	29	113	01:21:39.64	01:20:26.27	
698	321	ALFREDO JORGE NOTÁRIO	M	48	122	01:21:40.79	01:20:38.58	AO RITMO DAS 200 PALAVRAS POR MINUTO
699	954	MARCO CARVALHO	M	41	151	01:21:44.20	01:20:57.42	GDCT IN CM
700	432	AVELINO CORREIA	M	55	47	01:21:44.82	01:21:18.24	SARDINHA POWER TEAM
701	1105	JOAO JESUS	M	42	152	01:21:46.51	01:20:32.27	
702	1125	LUIS MILHEIRO	M	57	48	01:21:46.59	01:20:32.42	

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CORRIDA DAS LEZÍRIAS

15,5 km

703	60	CARLA ANGUEIRA	F	41	19	01:21:47.44	01:21:09.49	GINÁSIO CLUBE DE BRAGANÇA
704	638	TIAGO NOGUEIRA	M	34	114	01:21:48.03	01:20:49.70	
705	1392	CARLOS GIL	M	44	153	01:21:48.66	01:20:37.28	
706	730	ELSA FRANCISCO	F	46	13	01:21:48.85	01:21:48.85	
707	1020	TERESA CARDOSO	F	38	20	01:21:49.82	01:20:57.60	SS MONTEPIO
708	1295	FILIPE MARQUES	M	30	115	01:21:50.05	01:20:32.91	
709	1481	IDALÉCIO BARROS	M	63	44	01:21:50.25	01:21:45.58	
710	779	SUSANA FRAZÃO	F	36	21	01:21:50.34	01:20:49.44	3B TRIATLO
711	1123	SOLANGE FIGUEIRA	F	40	22	01:21:56.50	01:20:04.89	
712	1228	NUNO MARIZ	M	44	154	01:21:58.53	01:20:54.23	C MILLENNIUM BCP
713	1283	LIANA SILVA	F	39	23	01:21:59.31	01:20:42.72	AHBE - ASSOCIAÇÃO HUMANITÁRIA BOMBEIROS ESTORIS
714	1170	PEDRO PEREIRA	M	51	83	01:22:02.31	01:21:25.36	C MILLENNIUM BCP
715	1172	LEONEL BRANDAO	M	50	84	01:22:02.51	01:21:26.25	C MILLENNIUM BCP
716	583	JOSÉ PINTO	M	42	155	01:22:05.02	01:21:57.27	CLUBE ANACOM
717	361	TIAGO MARQUES	M	34	116	01:22:16.26	01:21:51.99	
718	258	HUGO VIEIRA	M	40	156	01:22:17.54	01:22:11.92	
719	112	ARTUR ALMEIDA	M	37	103	01:22:17.82	01:21:22.97	OS COXOS
720	1390	GUILHERME CUNHA	M	35	104	01:22:23.70	01:21:28.83	
721	436	RUI SIMOES	M	42	157	01:22:26.94	01:21:42.40	HERE FOR BEER
722	1108	JOSE BARATA	M	57	49	01:22:27.20	01:22:13.92	
723	412	CARLOS PARRUCHINHA	M	31	117	01:22:29.94	01:21:06.62	
724	73	ANTÓNIO CASAS NOVAS	M	39	105	01:22:30.26	01:21:24.07	
725	56	JOÃO ANTUNES	M	62	45	01:22:30.66	01:22:04.38	
726	1118	CARLOS PEREIRA	M	48	123	01:22:34.36	01:22:12.50	
727	719	JOSE FERREIRA	M	46	124	01:22:34.62	01:22:02.16	CHESTERS TEAM
728	1475	ORLANDO LOPES	M	41	158	01:22:35.78	01:22:02.65	GDA
729	347	JOAO FERREIRA	M	29	118	01:22:38.10	01:21:26.68	ATLETAS DA MADRUGADA
730	93	JOSÉ PEREIRA	M	61	46	01:22:44.24	01:22:27.48	OS PERIGOSOS
731	1517	NUNO SANTOS	M	47	125	01:22:44.59	01:21:51.29	
732	335	IVO VIEIRA	M	30	119	01:22:45.85	01:21:53.24	ORTOBEST RUNNING TEAM
733	1206	SÓNIA ARAÚJO	F	40	24	01:22:48.94	01:22:09.26	ASAS NOS PÉS
734	1204	JOSÉ HENRIQUES	M	44	159	01:22:49.28	01:22:09.28	ASAS NOS PÉS
735	1460	CARLOS FOLGADO	M	57	50	01:22:50.07	01:21:44.91	
736	192	ALEXANDRA RODRIGUES	F	47	14	01:22:50.39	01:21:44.57	
737	202	MARIO MENDONÇA	M	52	85	01:22:53.44	01:21:58.63	
738	690	LEANDRO SANTOS	M	61	47	01:22:56.56	01:22:47.36	
739	985	BRUNO TAVARES	M	32	120	01:22:57.48	01:21:59.49	

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CORRIDA DAS LEZÍRIAS

15,5 km

740	515	JOÃO SILVA	M	56	51	01:22:57.89	01:22:48.39	CLUBE NOVO BANCO
741	1404	PAULA MACHADO	F	63	15	01:22:58.01	01:22:41.30	
742	1234	JOAO CALADO	M	52	86	01:23:01.65	01:22:40.07	C MILLENNIUM BCP
743	250	JOSÉ MARQUES	M	62	48	01:23:02.00	01:22:26.57	AA LEBRES DO SADO
744	147	SANDRA SILVA	F	42	25	01:23:04.85	01:22:34.65	
745	888	SÓNIA PINHEIRO	F	37	26	01:23:05.25	01:22:35.61	
746	545	IVO LALIM	M	33	121	01:23:07.13	01:22:08.13	
747	485	CARLOS PITEIRA	M	52	87	01:23:08.96	01:22:21.43	COUPLE RUNNERS
748	1235	ANDRE CALADO	M	21	122	01:23:09.18	01:22:47.10	C MILLENNIUM BCP
749	650	CRISTINA PORTUGAL	F	49	16	01:23:09.95	01:23:05.69	MEIAS E MINIS
750	34	PEDRO RODRIGUES	M	48	126	01:23:11.67	01:23:11.67	
751	1036	RUBEN COSTA	M	40	160	01:23:12.09	01:23:02.73	
752	689	JOSÉ MARTINS	M	50	88	01:23:14.16	01:22:38.53	BRNIGHTRUNNERS
753	255	CARLOS BALÃO	M	41	161	01:23:17.13	01:22:08.03	ÓSCAR ALHO TEAM
754	293	MARIO PINTO	M	42	162	01:23:17.43	01:22:08.58	
755	801	JOÃO PEDRO GATO	M	37	106	01:23:17.52	01:22:06.48	
756	1212	MARIO ROMAO	M	45	127	01:23:17.86	01:23:17.86	C MILLENNIUM BCP
757	787	DANIEL ROQUE	M	30	123	01:23:19.52	01:22:30.79	
758	896	FRANCISCO CLÉRIGO	M	64	49	01:23:24.12	01:22:44.85	SS CGD
759	465	LUIS REBELO	M	40	163	01:23:26.50	01:22:42.57	
760	267	BRUNO MARTINS	M	35	107	01:23:28.63	01:23:28.63	
761	1394	MARCOS PINTO	M	38	108	01:23:30.35	01:23:02.07	
762	516	JORGE MONTEIRO	M	50	89	01:23:31.78	01:22:40.00	CLUBE NOVO BANCO
763	766	THELMO CUNHA	M	57	52	01:23:32.96	01:22:40.07	RUN2FINISH.PT
764	414	RÚBEN LOURENÇO	M	24	124	01:23:33.14	01:22:10.63	
765	520	MANUEL ANASTÁCIO	M	48	128	01:23:33.26	01:22:40.38	CLUBE NOVO BANCO
766	1062	EDUARDO HAGHIGHI	M	34	125	01:23:35.28	01:22:39.13	HOSPITAL VFX
767	534	NUNO SIMÕES	M	40	164	01:23:35.61	01:22:34.15	CCD CRÉDITO AGRÍCOLA MÚTUO
768	731	ANDRÉ LEAL	M	30	126	01:23:35.98	01:23:35.98	ALDEIA DA PONTE
769	1414	TIAGO OLIVEIRA	M	34	127	01:23:36.08	01:22:38.73	
770	806	PEDRO CONFRARIA	M	40	165	01:23:36.30	01:22:59.19	CARVALHO CONFRARIA
771	156	RICARDO FIGUEIREDO	M	49	129	01:23:40.80	01:22:25.93	
772	377	FERNANDO FERNANDES	M	56	53	01:23:42.75	01:23:28.40	APOGMA
773	379	JOSE ANDRE	M	62	50	01:23:44.57	01:23:43.91	APOGMA
774	1128	RUI CUNHA	M	51	90	01:23:45.31	01:23:23.11	
775	532	LUISA MOURÃO	F	38	27	01:23:45.45	01:22:44.72	CCD CRÉDITO AGRÍCOLA MÚTUO
776	677	RICARDO SIMÕES	M	40	166	01:23:46.44	01:23:32.63	GAREHOTELRUNNING

777	478	LUÍS FRAGOSO	M	43	167	01:23:49.40	01:23:04.42	
778	151	JOAO FAUSTINO	M	65	51	01:23:51.12	01:23:38.29	
779	367	ALEXANDRE AZEVEDO	M	38	109	01:23:51.35	01:23:10.75	
780	1069	NUNO MENDES	M	30	128	01:23:53.78	01:22:51.54	HOSPITAL VFX
781	804	JOÃO FERREIRA	M	54	91	01:23:55.12	01:23:06.22	
782	399	AUGUSTO CARRIÇO	M	51	92	01:23:56.03	01:23:05.11	
783	401	CARLOS MANUEL FERREIRA ELIAS	M	48	130	01:23:56.26	01:23:56.26	
784	1070	MARIA VELOSO	F	38	28	01:23:59.99	01:22:57.20	HOSPITAL VFX
785	222	SANDRA BATISTA	F	42	29	01:24:00.91	01:23:34.66	A VALE SILENCIO
786	313	LUIS GODINHO	M	45	131	01:24:02.89	01:23:37.67	
787	1152	TIAGO FILIPE DOS SANTOS CATALÃO	M	34	129	01:24:09.00	01:23:46.40	CLUBE PT - ZCS
788	821	JOÃO GRILO	M	30	130	01:24:09.74	01:23:48.86	C BENFICA ALG M MARTINS
789	1421	GONÇALO SANTOS	M	20	131	01:24:09.94	01:23:58.80	
790	486	ELISA PITEIRA	F	53	17	01:24:12.61	01:23:28.10	COUPLE RUNNERS
791	595	FRANCISCO AMARO	M	50	93	01:24:15.69	01:23:19.24	VARITINTAS
792	332	SECUNDINO CARVALHO	M	34	132	01:24:16.16	01:24:02.47	
793	782	MÁRIO NUNES	M	45	132	01:24:20.08	01:23:10.78	CUCAS, BÓFIAS E LEYAS
794	780	NUNO DANTAS	M	43	168	01:24:20.08	01:23:09.79	CUCAS, BÓFIAS E LEYAS
795	223	HERNÂNI SILVA	M	56	54	01:24:20.25	01:23:59.35	A VALE SILENCIO
796	851	ALEXANDRE NUNO CAPUCHA	M	47	133	01:24:22.40	01:23:12.75	
797	751	JOSÉ TEIXEIRA	M	64	52	01:24:22.44	01:23:25.30	GAA VF XIRA
798	569	ANA PAULQ TELO	F	45	18	01:24:22.86	01:24:20.12	LINDA-A-PASTORA SC
799	658	ANTÓNIO FIGUEIREDO	M	57	55	01:24:23.89	01:23:46.40	
800	1405	RUI SERAFIM	M	44	169	01:24:31.05	01:24:12.74	LX RUN
801	42	CARLA MENDES	F	43	30	01:24:33.88	01:23:51.87	OS PRIMOS
802	41	NUNO MENDES	M	44	170	01:24:34.15	01:23:51.50	OS PRIMOS
803	194	MIGGUEL GOMES	M	47	134	01:24:36.98	01:23:30.22	
804	1319	GONÇALO ANDRADE	M	23	133	01:24:37.72	01:23:48.40	
805	929	JOSÉ PEDRO GRANATE	M	28	134	01:24:41.92	01:24:10.34	IT AGILITY
806	86	RICARDO JORGE CORREIA	M	39	110	01:24:42.76	01:24:42.76	
807	900	JOÃO FONTES	M	40	171	01:24:43.06	01:24:08.42	SS CGD
808	259	FILIPA DAVID	F	28	11	01:24:45.55	01:23:33.15	TEAM SEM PIEDADE
809	1075	ARISTIDES CARNEIRO	M	31	135	01:24:46.24	01:23:59.03	
810	1110	RITA RAMOS	F	38	31	01:24:46.63	01:24:02.36	
811	800	JOANA HOLFSTEIN	F	27	12	01:24:46.98	01:24:02.54	CORRER LISBOA
812	69	JORGE ROCHA	M	39	111	01:24:48.50	01:23:45.21	FÓNIX TEAM
813	120	INÉS MARQUES	F	34	13	01:24:50.18	01:23:48.57	

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CORRIDA DAS LEZÍRIAS

15,5 km

814	641	PEDRO COSTA	M	53	94	01:24:50.73	01:24:21.43	
815	567	LUIS COLAÇO	M	44	172	01:24:52.73	01:24:03.24	
816	1420	MÁRIO RUFINO	M	51	95	01:24:53.29	01:24:35.52	
817	431	MIGUEL DIAS	M	30	136	01:24:53.85	01:24:53.85	XICOMIGUEL
818	1260	RUI PINHEIRO	M	46	135	01:24:55.55	01:23:43.54	ATLÉTICO VIA RARA
819	1258	CARLOS VIDAIS	M	44	173	01:24:55.69	01:23:42.52	ATLÉTICO VIA RARA
820	1259	CARLOS CORREIA	M	52	96	01:24:55.88	01:23:43.87	ATLÉTICO VIA RARA
821	466	PEDRO OLIVEIRA	M	47	136	01:24:56.73	01:24:03.00	
822	415	ANTÓNIO MOREIRA	M	54	97	01:24:57.21	01:23:52.58	
823	337	CATIA RAMOS	F	38	32	01:24:58.82	01:24:25.84	
824	713	CLAUDIO BRANCO	M	33	137	01:24:59.03	01:24:30.99	ANDA CARAMUJO
825	98	LUIS SANTOS CAGAREU	M	40	174	01:25:02.63	01:25:02.63	ATLETAS DA MADRUGADA
826	101	BRUNO LETRA	M	32	138	01:25:02.90	01:24:17.36	ATLETAS DA MADRUGADA
827	1445	PEDRO SARDINHA	M	43	175	01:25:09.49	01:24:11.79	CCD HOSPITAL VFX
828	463	CARLA LOPES	F	45	19	01:25:09.63	01:24:32.82	GD INE
829	483	BRUNO ROMÃO	M	35	112	01:25:12.04	01:24:34.56	
830	531	JOÃO VIEIRA	M	59	56	01:25:13.12	01:24:12.77	CCD CRÉDITO AGRÍCOLA MÚTUO
831	1007	JOAO FERREIRA	M	45	137	01:25:13.32	01:24:16.43	CLUBE CIMPOR
832	244	CARINA ALMEIDA	F	20	14	01:25:15.88	01:24:41.33	R FRENTE RIBEIRINHA PÓVOA STA IRIA
833	434	LUÍS CORREIA	M	34	139	01:25:16.35	01:24:38.18	
834	288	MARLENE RODRIGUES	F	29	15	01:25:17.26	01:25:03.93	
835	13	ANTÓNIO JOSÉ GASPAR POMBINHO	M	60	53	01:25:21.42	01:24:59.64	
836	383	RICARDO CARVALHO	M	43	176	01:25:24.23	01:25:09.48	CDCR CTT
837	384	JOAO REIS	M	53	98	01:25:24.48	01:25:08.86	CDCR CTT
838	382	JOSE RUA	M	46	138	01:25:24.86	01:25:05.88	CDCR CTT
839	291	SARA SILVA	F	46	20	01:25:24.86	01:24:20.59	
840	292	LUIS CARVALHO	M	47	139	01:25:25.14	01:24:21.15	
841	262	CARLOS VIEIRA LOPES	M	50	99	01:25:27.27	01:24:51.29	OS LOPES
842	968	ANTÓNIO SOUSA	M	46	140	01:25:30.99	01:25:05.14	
843	913	LUIS TAVARES	M	48	141	01:25:34.11	01:24:38.00	SS CGD
844	509	EDUARDO FIGUEIREDO	M	46	142	01:25:34.30	01:25:34.30	CLUBE NOVO BANCO
845	874	LEONEL BARCELOS	M	51	100	01:25:37.14	01:25:04.70	
846	1422	MARIA SANTOS	F	50	21	01:25:38.09	01:25:38.09	10 DE BUSTELO
847	1025	PEDRO MACHADO	M	42	177	01:25:38.30	01:24:42.28	
848	454	J.PEDRO FERREIRA	M	57	57	01:25:39.31	01:24:26.00	
849	378	HELDER GANDARINHO	M	49	143	01:25:43.45	01:24:53.08	APOGMA
850	1029	CARLOS CARDOSO	M	52	101	01:25:45.65	01:25:21.88	

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CORRIDA DAS LEZÍRIAS

15,5 km

851	1468	CARLOS FERNANDES	M	50	102	01:25:45.82	01:25:22.25	PSP VFX
852	1518	JOAO PAULO ALMEIDA	M	50	103	01:25:47.51	01:25:01.69	
853	578	JOÃO MIRANDA	M	45	144	01:25:48.49	01:25:16.13	RUN 4 FUN
854	1400	JOSE TAVARES	M	44	178	01:25:48.92	01:24:53.25	GD BANCO BPI
855	590	JOSE CARLOS BRANCO MENDES	M	51	104	01:25:50.61	01:24:57.57	
856	1065	CRISTINA LINO	F	51	22	01:25:51.51	01:25:23.72	HOSPITAL VFX
857	103	ANTÓNIO JORGE	M	65	54	01:25:55.47	01:25:03.58	
858	759	JORGE RIBEIRO	M	46	145	01:25:56.82	01:25:56.82	GAA VF XIRA
859	1409	PEDRO BATISTA	M	37	113	01:25:58.29	01:25:35.15	CARACÓIS TURBINADOS
860	312	ANTÓNIO SALGUEIRO	M	53	105	01:26:00.80	01:25:43.08	
861	624	NUNO MOLERO	M	45	146	01:26:01.16	01:25:52.76	
862	1130	MARIO RUI COSTA	M	42	179	01:26:02.02	01:24:55.23	
863	1044	ANTÓNIO AMADOR	M	57	58	01:26:06.54	01:25:59.20	
864	173	FRANCISCO VITORINO	M	67	55	01:26:12.22	01:25:08.29	
865	193	VANDA BADÉ	F	36	33	01:26:12.34	01:25:07.48	
866	889	JORGE PEDRO	M	50	106	01:26:13.65	01:25:00.48	
867	1361	PAULO MARQUES	M	45	147	01:26:15.92	01:25:01.13	
868	573	RICARDO NOGUEIRA	M	36	114	01:26:16.72	01:25:57.07	CM CORRIDA DE ALENQUER
869	899	HENRIQUE MOUTA	M	38	115	01:26:20.78	01:26:06.30	SS CGD
870	785	LUIS SILVA	M	46	148	01:26:26.32	01:26:13.45	
871	191	EDUARDO BENTO BENTO	M	46	149	01:26:28.16	01:25:44.26	ATLETAS DA MADRUGADA
872	181	LUIS FAZENDEIRO	M	46	150	01:26:29.29	01:25:47.02	
873	135	FILIPE SILVA	M	57	59	01:26:29.91	01:25:54.82	
874	714	ACÁCIO GAMBOA	M	47	151	01:26:31.70	01:25:20.77	
875	470	CARLOS FERREIRA	M	43	180	01:26:32.54	01:25:22.11	
876	769	FERNANDO FIÃES	M	53	107	01:26:32.96	01:25:36.70	
877	452	JOSÉ BAIXINHO	M	60	56	01:26:33.69	01:25:55.77	SANTIAGO FC
878	885	CLÁUDIA ESTEVES	F	37	34	01:26:34.50	01:26:03.90	
879	392	HUGO COSTA	M	39	116	01:26:39.09	01:25:44.06	WALKING DEAD
880	1169	ANA MARQUES	F	57	23	01:26:43.02	01:25:37.70	C MILLENNIUM BCP
881	961	MARISA COSTA	F	39	35	01:26:44.83	01:26:12.86	
882	369	EVA FONTE	F	34	16	01:26:45.35	01:26:06.81	
883	391	RUI PINTO	M	42	181	01:26:46.39	01:26:05.60	
884	307	MARTA BERNEAUD	F	36	36	01:26:48.02	01:25:58.37	ORTOBEST RUNNING TEAM
885	1194	DAVID DA COSTA AFONSO	M	51	108	01:26:49.03	01:26:00.13	
886	159	ABILIO TAVARES	M	62	57	01:26:50.77	01:26:34.25	
887	512	PAULO RICARDO	M	50	109	01:26:53.61	01:26:41.32	CLUBE NOVO BANCO

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CORRIDA DAS LEZÍRIAS

15,5 km

888	756	HERMINIO COSTA	M	64	58	01:26:56.83	01:26:52.86	GAA VF XIRA
889	742	JOSÉ SERAFIM	M	62	59	01:26:56.92	01:26:31.90	GAA VF XIRA
890	1230	PAULO MARIZ	M	49	152	01:27:01.78	01:25:57.79	C MILLENNIUM BCP
891	574	PAULO JORGE	M	46	153	01:27:01.78	01:25:48.21	
892	1248	HELDER ESCOBAR	M	40	182	01:27:01.97	01:25:48.11	
893	372	CARLOS NEVES	M	65	60	01:27:02.20	01:26:21.55	AD REAL ACADEMIA
894	991	JULIO HENRIQUES	M	68	61	01:27:03.52	01:26:11.91	OS SANTARENOS
895	922	PAULO BAILÃO	M	47	154	01:27:07.47	01:26:06.34	SS CGD
896	792	JAIME VEIGA	M	54	110	01:27:08.53	01:26:08.75	
897	1171	INES BERNARDO	F	36	37	01:27:10.81	01:26:32.52	C MILLENNIUM BCP
898	1410	FABIO FERREIRA	M	31	140	01:27:12.59	01:26:50.82	UA POVOENSE
899	856	ALVARO FURTADO	M	59	60	01:27:16.94	01:26:10.51	SS CGD
900	226	JOSÉ PEREIRA	M	71	62	01:27:18.09	01:26:16.58	A VALE SILENCIO
901	164	FERNANDO MATIAS	M	61	63	01:27:18.14	01:26:37.19	C COLAB AGEAS
902	359	NELSON ALEXANDRE PIMENTEL DA CORREIA	M	38	117	01:27:23.84	01:26:06.97	BEST FRIENDS 4EVER
903	943	ISABEL SANTOS	F	50	24	01:27:25.00	01:27:24.31	LOURDETE PERFUMARIAS
904	679	PAULO VIEGAS	M	43	183	01:27:30.75	01:27:16.50	FAMÍLIA MUITO MODERNA
905	796	RICARDO MACHADO	M	43	184	01:27:30.87	01:26:13.89	
906	289	CÁTIA BRÁS	F	34	17	01:27:31.24	01:27:23.14	CR
907	887	PEDRO NUNES	M	37	118	01:27:32.33	01:26:12.98	
908	157	VASCO LAVADO	M	42	185	01:27:49.81	01:27:01.26	
909	686	FILIPA FRANCISCO	F	41	38	01:27:50.30	01:27:19.09	
910	809	ARTUR SANTOS	M	43	186	01:27:50.39	01:27:08.00	ESDRM
911	1107	PEDRO DIAS	M	46	155	01:28:00.86	01:27:32.31	
912	541	CARLOS MARTINS	M	46	156	01:28:04.41	01:27:24.17	GDC FIDELIDADE
913	1140	SANDRA RODRIGUES	F	36	39	01:28:05.81	01:27:47.01	OS GALGOS
914	1292	PEDRO BASTOS	M	47	157	01:28:06.05	01:26:48.78	
915	118	ANA MARTINS	F	50	25	01:28:06.11	01:26:59.07	FALCÕES SELVAGENS
916	117	LUIS REIS	M	55	61	01:28:06.49	01:27:01.83	FALCÕES SELVAGENS
917	1525	NUNO MARQUES	M	49	158	01:28:12.32	01:27:49.75	
918	1214	EDUARDO PINTO	M	50	111	01:28:13.85	01:27:33.50	C MILLENNIUM BCP
919	1040	PAULO VAZ	M	45	159	01:28:18.12	01:27:47.34	
920	1037	ANTONIO RIBEIRO	M	53	112	01:28:18.14	01:27:48.24	
921	1157	PAULO ASCENÇÃO	M	46	160	01:28:18.31	01:27:23.38	
922	726	JOSÉ FLOR	M	33	141	01:28:18.70	01:27:39.62	
923	388	BRUNO CARDOSO	M	38	119	01:28:23.40	01:28:06.99	CDCR CTT
924	503	JOSÉ GORDILHO	M	54	113	01:28:25.11	01:27:18.96	CAA BELÉM

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CORRIDA DAS LEZÍRIAS

15,5 km

925	1127	LUCIO SILVA	M	51	114	01:28:25.18	01:27:16.56	
926	502	LUIZ ROSA	M	64	64	01:28:25.81	01:27:26.30	CAA BELÉM
927	506	GRAÇA SANTOS	F	52	26	01:28:26.23	01:28:17.36	DOLCE FURADOURO
928	501	GILBERTO GONÇALVES	M	69	65	01:28:28.82	01:27:28.09	CAA BELÉM
929	179	EDUARDO AMORIM	M	46	161	01:28:29.62	01:26:59.13	
930	1333	JULIA CALISTO	F	54	27	01:28:30.24	01:27:53.64	
931	1015	JOÃO CATARINO	M	51	115	01:28:31.42	01:27:33.23	SS MONTEPIO
932	543	RAQUEL DUARTE	F	39	40	01:28:31.93	01:27:51.20	GDC FIDELIDADE
933	535	CARLOS DIAS	M	61	66	01:28:32.29	01:27:24.37	GDC FIDELIDADE
934	1359	JOÃO MILHEIRO BATISTA	M	57	62	01:28:33.50	01:27:47.86	
935	997	JOAO JORGE	M	43	187	01:28:45.72	01:28:45.72	
936	1117	SAMUEL ROSADO	M	40	188	01:28:51.74	01:27:45.64	
937	247	NÍDIA AGOSTINHO	F	38	41	01:28:52.21	01:28:04.39	3B TRIATLO
938	334	MÁRIO ROGADO	M	38	120	01:28:52.51	01:28:16.08	CORRER LISBOA
939	189	RIBEIRO MARILIA	F	34	18	01:28:53.91	01:27:52.71	TOKANDAR
940	190	DAVID BARBOTIN	M	33	142	01:28:54.31	01:27:50.80	TOKANDAR
941	907	CLÁUDIO MILHEIRO	M	41	189	01:28:55.67	01:27:59.25	
942	908	JORGE FERRO	M	51	116	01:28:55.96	01:28:01.66	
943	304	PAULO DUARTE	M	45	162	01:28:56.00	01:28:38.00	SINTRA RUNNERS
944	1285	RICARDO MARQUES	M	21	143	01:28:57.14	01:28:46.13	
945	1441	PEDRO CARMO	M	45	163	01:28:58.07	01:28:01.07	XIRA CLUBE
946	737	ANA AMORIM	F	43	42	01:28:59.00	01:28:46.58	
947	137	ELSA RUTE MENDES	F	51	28	01:28:59.88	01:28:02.32	RUNNERS DE KINTAL
948	143	HUGO MARTINS	M	35	121	01:29:02.46	01:28:03.04	
949	144	DIOGO BALTAZAR	M	25	144	01:29:02.80	01:28:03.38	
950	776	CLÁUDIA ALVES	F	21	19	01:29:05.07	01:29:05.07	FAMÍLIA ALVES
951	1174	ANTONIO ALMEIDA	M	51	117	01:29:09.99	01:28:37.64	C MILLENNIUM BCP
952	894	JOÃO CARDOSO	M	33	145	01:29:10.74	01:28:35.21	NOZES
953	893	RUTE MIRIAM TEIXEIRA	F	35	43	01:29:11.00	01:28:35.48	NOZES
954	1085	TERESA SIMÕES	F	44	44	01:29:15.00	01:29:05.96	CCDP MUN CASCAIS
955	1078	CLÁUDIA BICO	F	38	45	01:29:15.77	01:29:06.97	CCDP MUN CASCAIS
956	721	ALICE VILAÇA	F	39	46	01:29:16.36	01:29:08.04	CP RTP
957	246	IOLANDA VAZ	F	36	47	01:29:16.37	01:28:44.64	
958	1063	RICARDO TRINCA	M	40	190	01:29:16.37	01:28:05.64	HOSPITAL VFX
959	1005	FRANCISCO CUNHA	M	47	164	01:29:16.90	01:29:16.90	
960	1447	BRUNO PEREIRA	M	40	191	01:29:17.22	01:28:58.25	PERENE RUN
961	1222	ALEXANDRA COSTA	F	46	29	01:29:18.93	01:28:43.16	C MILLENNIUM BCP

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CORRIDA DAS LEZÍRIAS

15,5 km

962	500	RUI ALDEANO	M	35	122	01:29:19.74	01:28:32.17	
963	1269	MARCO ANTUNES	M	43	192	01:29:26.38	01:28:21.33	
964	581	JOÃO CASTRO	M	57	63	01:29:27.72	01:28:42.90	CLUBE ANACOM
965	393	ABEL COSTA	M	60	67	01:29:28.48	01:28:35.94	WALKING DEAD
966	1006	MARIA GORETI FERNANDES	F	54	30	01:29:30.44	01:28:35.12	CLUBE CIMPOR
967	527	XANA FILIPE	F	46	31	01:29:37.18	01:29:20.34	CLUBE NOVO BANCO
968	487	JORGE FERREIRA	M	52	118	01:29:38.68	01:29:38.68	RUNNING DONA MARIA
969	132	RUI LIMA DE ALMEIDA	M	41	193	01:29:47.52	01:29:11.94	R FRENTE RIBEIRINHA PÓVOA STA IRIA
970	497	MANUEL LINO	M	67	68	01:29:48.14	01:29:08.01	
971	864	ESMERALDO PEREIRA	M	71	69	01:29:48.15	01:28:56.33	SS CGD
972	499	RUI VAZ	M	40	194	01:29:53.99	01:28:46.78	
973	580	SÉRGIO ANTUNES	M	50	119	01:29:54.05	01:29:45.10	CLUBE ANACOM
974	170	VANDA SEQUEIRA	F	45	32	01:29:58.01	01:29:18.90	C COLAB AGEAS
975	163	ANA MATIAS	F	60	33	01:29:58.24	01:29:18.77	C COLAB AGEAS
976	927	VANESSA BENTO	F	26	20	01:30:00.08	01:28:55.13	SS CGD
977	20	BRUNO MIGUEL	M	33	146	01:30:00.26	01:28:55.28	
978	634	JOAQUIM JESUS	M	58	64	01:30:10.98	01:30:10.81	SR CAMARNAL
979	720	JOSE SILVA	M	48	165	01:30:13.18	01:29:45.10	
980	295	DAVID SANTOS SOUSA	M	32	147	01:30:17.63	01:29:27.10	ORTOBEST RUNNING TEAM
981	771	JORGE ROSA	M	45	166	01:30:18.11	01:29:26.40	
982	1017	LUIS REIS	M	60	70	01:30:19.12	01:29:28.54	SS MONTEPIO
983	360	EUGÉNIO MONTÊS	M	32	148	01:30:22.29	01:30:22.29	
984	1136	MARISA RODRIGUES	F	39	48	01:30:22.92	01:30:05.25	OS GALGOS
985	24	JORGE PEREIRA	M	54	120	01:30:24.28	01:29:17.25	JOBRINDE MONTES SALOIOS
986	585	SOFIA BOLÉO	F	46	34	01:30:25.78	01:30:17.91	CLUBE ANACOM
987	1275	FLÁVIO OURO	M	31	149	01:30:29.62	01:30:04.97	
988	386	JOSE MACHADO	M	57	65	01:30:33.53	01:30:15.37	CDCR CTT
989	451	JUDITE BAIXINHO	F	31	21	01:30:33.66	01:29:53.54	SANTIAGO FC
990	363	RUI CHAGAS	M	46	167	01:30:34.37	01:30:01.18	
991	788	JOÃO PAULO PAIS	M	45	168	01:30:34.58	01:29:50.86	
992	941	HUGO GASPAR	M	40	195	01:30:43.63	01:30:37.72	
993	942	SANDRA GASPAR	F	42	49	01:30:43.79	01:30:36.71	
994	75	CLÁUDIA GONÇALVES	F	41	50	01:30:53.02	01:29:50.14	
995	1022	PEDRO SILVEIRA	M	45	169	01:30:54.02	01:29:40.95	
996	1343	JOÃO RITO	M	59	66	01:31:01.23	01:30:44.13	
997	978	RAFAEL SANTOS	M	50	121	01:31:03.94	01:30:12.35	CCDT METRO LX
998	1290	TERESA CRUZ	F	31	22	01:31:04.70	01:31:03.86	

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CORRIDA DAS LEZÍRIAS

15,5 km

999	1195	LUIS FORTUNATO	M	37	123	01:31:04.79	01:29:54.87	
1000	622	PEDRO CRUZ	M	40	196	01:31:05.09	01:31:04.73	
1001	430	FRANCISCO RIBEIRO	M	66	71	01:31:19.50	01:31:19.50	XICOMIGUEL
1002	960	LUÍS PEREIRA	M	38	124	01:31:41.39	01:31:14.29	
1003	1057	EURICO GOMES	M	55	67	01:31:42.19	01:31:29.71	ADCR PJ
1004	1160	ANTONIO HENRIQUES	M	59	68	01:31:42.80	01:31:32.23	
1005	455	RICARDO TEIXEIRA	M	35	125	01:31:55.31	01:31:55.31	
1006	596	ANABELA AMORIM	F	51	35	01:31:58.84	01:31:37.73	
1007	1122	TIAGO CANHOTO	M	46	170	01:32:01.77	01:31:36.90	
1008	1203	PAULO PRUDÊNCIO	M	56	69	01:32:04.69	01:31:25.81	ASAS NOS PÉS
1009	1366	TÂNIA CARVALHO	F	32	23	01:32:05.53	01:31:38.08	HOUSEMARTINS BELAS
1010	327	LUIS FARINHA	M	62	72	01:32:05.67	01:31:49.80	OS PERIGOSOS
1011	1368	FERNANDO RAMOS	M	52	122	01:32:05.93	01:31:50.42	
1012	114	SANDRA CHAVES	F	33	24	01:32:06.31	01:31:12.83	OS COXOS
1013	89	MÁRIO LOPES	M	49	171	01:32:06.65	01:31:52.20	OS PERIGOSOS
1014	865	PEDRO GERALDES	M	49	172	01:32:12.87	01:31:45.60	
1015	271	ANA OLIVEIRA	F	38	51	01:32:14.74	01:31:11.56	PT ANA
1016	273	ANA MARTINHO	F	30	25	01:32:14.77	01:31:11.97	PT ANA
1017	272	ELSA SILVA	F	40	52	01:32:14.88	01:31:14.47	PT ANA
1018	265	HÉLIA MACHADO	F	31	26	01:32:17.90	01:32:08.19	HK 16
1019	825	PATRICIA PEDRO	F	52	36	01:32:19.73	01:31:18.34	C BENFICA ALG M MARTINS
1020	1427	PATRICIA QUEIRÓS	F	32	27	01:32:21.94	01:31:15.90	CORREDORES DA ADEGA
1021	1027	RICARDO CALDEIRA	M	38	126	01:32:23.13	01:31:05.23	
1022	136	RICARDO AGUIAR	M	55	70	01:32:33.30	01:31:35.76	RUNNERS DE KINTAL
1023	31	ALEXANDRA PAZ	F	33	28	01:32:34.15	01:31:46.85	
1024	1262	PAULO SILVA	M	42	197	01:32:45.65	01:31:32.45	
1025	1350	HELENA SANTOS	F	55	37	01:32:46.75	01:32:15.72	TACLUBE
1026	1413	FRANCISCO GOMES	M	35	127	01:32:48.03	01:31:40.08	
1027	180	AMERICO VAZ	M	63	73	01:32:50.60	01:31:45.35	
1028	1385	HENRIQUE VILHENA	M	61	74	01:32:53.29	01:31:29.54	
1029	224	EMILIO GONÇALVES	M	51	123	01:32:53.58	01:31:30.68	A VALE SILENCIO
1030	977	PAULO FERNANDES	M	45	173	01:33:02.31	01:33:02.31	CCDT METRO LX
1031	662	RUI XAVIER	M	51	124	01:33:11.40	01:33:11.36	
1032	676	MARGARIDA ROQUE	F	28	29	01:33:13.20	01:32:26.79	
1033	701	ANTÓNIO PINHARANDA	M	60	75	01:33:24.43	01:32:51.17	
1034	827	JOAQUIM MÓNICA	M	59	71	01:33:36.42	01:32:35.29	C BENFICA ALG M MARTINS
1035	957	SUSANA PEREIRA	F	46	38	01:33:36.53	01:33:11.79	

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CORRIDA DAS LEZÍRIAS

15,5 km

1036	711	SERGIO VICOSO	M	36	128	01:33:36.79	01:33:08.56	ANDA CARAMUJO
1037	1137	MÓNICA SOUSA	F	40	53	01:33:39.45	01:33:22.13	OS GALGOS
1038	905	LIDIA BAILÃO	F	48	39	01:33:43.73	01:32:44.59	SS CGD
1039	1386	JOAO MARTINS	M	45	174	01:33:52.90	01:33:52.90	G EXCURSIONISTA OS ECONOMICOS
1040	298	ISMAR FERREIRA	M	58	72	01:33:57.43	01:33:09.98	
1041	198	ORLANDO MARTA	M	46	175	01:33:58.35	01:33:03.05	ROFF
1042	1387	SANDRA MARTINS	F	40	54	01:34:02.67	01:33:33.86	G EXCURSIONISTA OS ECONOMICOS
1043	876	PEDRO SILVA	M	35	129	01:34:15.48	01:32:28.98	
1044	875	RICARDO GRAZINA	M	35	130	01:34:15.75	01:32:31.79	
1045	124	MARIA JOÃO ROCHA	F	47	40	01:34:19.16	01:34:06.73	
1046	1397	HUGO REIS	M	40	198	01:34:38.92	01:33:40.41	GD BANCO BPI
1047	522	MOISÉS FERNANDES	M	49	176	01:34:39.17	01:34:23.18	CLUBE NOVO BANCO
1048	1396	MIGUEL CHAVES	M	47	177	01:34:39.22	01:34:29.71	GD BANCO BPI
1049	1399	ALBERTO SANTOS	M	61	76	01:34:39.27	01:34:29.07	GD BANCO BPI
1050	260	VITOR MOURA	M	39	131	01:34:47.61	01:33:50.93	
1051	449	JOÃO SANTOS	M	68	77	01:34:52.96	01:34:45.40	VETERANOS DE MASSAMÁ
1052	241	ISABEL REIS	F	44	55	01:34:53.26	01:33:56.65	RUNNERS DE KINTAL
1053	254	ANTÓNIO RODRIGUES	M	40	199	01:34:56.73	01:33:27.26	
1054	844	RUBEN SILVEIRA	M	30	150	01:35:14.27	01:34:25.83	RUNNING LOURES
1055	77	ALEXANDRA PINTO	F	43	56	01:35:16.67	01:34:07.89	
1056	1098	ISABEL JANEIRO	F	41	57	01:35:17.36	01:34:27.34	
1057	1265	TIAGO MIRANDA	M	35	132	01:35:17.43	01:34:29.33	
1058	886	JOÃO BORGES	M	50	125	01:35:19.41	01:34:17.39	
1059	1365	RITA NUNES	F	28	30	01:35:27.79	01:34:10.73	
1060	881	JOÃO VIEIRA	M	55	73	01:35:30.97	01:34:31.64	CM CORRIDA DE ALENQUER
1061	1407	CARLOS CORREIA	M	50	126	01:35:34.37	01:35:20.47	CLUBE VODAFONE
1062	155	JOSÉ MORUJO	M	54	127	01:36:01.07	01:34:47.91	
1063	166	JOÃO PAULO PINTO	M	49	178	01:36:02.24	01:35:46.20	C COLAB AGEAS
1064	789	CARINA SACCHI	F	32	31	01:36:03.28	01:34:54.75	
1065	1470	DIANA FIGUEIREDO	F	30	32	01:36:03.32	01:35:17.63	PSP VFX
1066	439	ORQUÍDEA NEVES	F	35	58	01:36:07.70	01:35:35.73	
1067	420	CATARINA GOMES	F	36	59	01:36:08.43	01:35:35.57	
1068	555	JOÃO CARVALHO	M	54	128	01:36:12.55	01:35:37.28	NÚCLEO SPORTING CP LOURES
1069	447	ALEXANDRA PESTANA	F	45	41	01:36:12.92	01:36:12.92	
1070	70	CAMILA ROCHA	F	37	60	01:36:14.65	01:35:11.91	FÓNIX TEAM
1071	564	MIGUEL MESTRE	M	39	133	01:36:33.72	01:35:23.32	
1072	807	JOÃO CARVALHO	M	49	179	01:36:38.79	01:36:02.08	

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CORRIDA DAS LEZÍRIAS

15,5 km

1073	1434	ANABELA MEIA-VIA	F	49	42	01:36:48.19	01:36:05.59	CAMARA LISBOA CLUBE
1074	993	CÁTIA COSTA	F	43	61	01:36:54.71	01:36:14.29	GDC FIDELIDADE
1075	324	ANA PAULA BOTA	F	40	62	01:37:03.70	01:36:43.81	
1076	251	LÍDIA VIEIRA	F	44	63	01:37:05.30	01:36:29.67	AA LEBRES DO SADO
1077	389	PEDRO GALGUINHO	M	47	180	01:37:11.82	01:36:54.69	CDCR CTT
1078	1444	DINA LOBO	F	45	43	01:37:13.87	01:37:13.87	XIRA CLUBE
1079	1060	JORGE CHAVES	M	43	200	01:37:14.16	01:36:19.22	RUNNERS DE KINTAL
1080	199	NUNO SANTOS	M	44	201	01:37:15.16	01:36:37.41	CLUBE OGMA
1081	405	JOANA ANTUNES	F	33	33	01:37:19.33	01:36:44.33	
1082	197	RITA MORAIS	F	26	34	01:37:19.69	01:36:42.77	
1083	733	JOSÉ NAVE	M	43	202	01:37:26.68	01:36:48.39	ALDEIA DA PONTE
1084	12	RICARDO VERÍSSIMO	M	35	134	01:37:27.01	01:36:28.94	RUNNERS DO LAGO
1085	11	RICARDO VICENTE	M	37	135	01:37:27.41	01:36:30.74	RUNNERS DO LAGO
1086	568	LUÍS GOMES	M	62	78	01:37:29.53	01:36:16.30	
1087	1418	RUTE NETO	F	39	64	01:37:46.69	01:37:46.69	TEAM NETO
1088	668	CRISTINA MARIA CAMPOS FILIPE	F	51	44	01:37:46.73	01:36:58.61	AUR
1089	1197	CONCEIÇÃO CUNHA	F	53	45	01:37:53.11	01:37:12.21	ASAS NOS PÉS
1090	331	SOFIA CÂNDIDO	F	46	46	01:38:06.08	01:37:15.46	
1091	330	MARIA JOÃO GONÇALVES	F	50	47	01:38:07.09	01:37:16.06	
1092	816	NUNO PEREIRA	M	46	181	01:38:09.88	01:37:58.02	SC CASAINHOS
1093	986	MÁRIO SENA	M	48	182	01:38:23.00	01:37:30.17	
1094	1279	ARTUR GASPAR	M	46	183	01:38:23.28	01:37:30.28	
1095	187	GONÇALO PEREIRA	M	36	136	01:38:25.69	01:37:17.10	PATRULHA PATA
1096	249	FRANCISCO PRATES	M	70	79	01:38:32.66	01:37:57.13	AA LEBRES DO SADO
1097	188	NANCY ALMEIDA	F	36	65	01:38:34.28	01:37:25.98	PATRULHA PATA
1098	424	VITOR MARQUES	M	38	137	01:38:37.03	01:37:51.21	
1099	1237	PATRICIA MARTINS	F	34	35	01:38:38.23	01:38:00.87	C MILLENNIUM BCP
1100	1310	JOAO RUSSO	M	39	138	01:38:38.88	01:37:52.60	PREVINIL RUNNING TEAM
1101	1131	SUSANA GUERREIRO	F	41	66	01:38:53.67	01:37:48.61	
1102	674	INES NUNES	F	26	36	01:39:04.35	01:37:58.74	
1103	442	ISABEL BATISTA	F	26	37	01:39:04.40	01:38:01.39	
1104	939	JOÃO CUNHA	M	49	184	01:39:31.85	01:38:21.82	
1105	1432	CARLOS FERREIRA	M	53	129	01:39:38.25	01:38:55.82	CAMARA LISBOA CLUBE
1106	1115	JOAO BARROS	M	54	130	01:39:50.28	01:38:35.33	
1107	626	PAULO MARQUES	M	49	185	01:39:50.40	01:38:33.17	GDCT UNICRE
1108	116	FRANCISCO SARRASQUEIRO	M	70	80	01:39:50.62	01:39:07.99	
1109	940	BEATRIZ MIRANDA	F	27	38	01:39:52.31	01:38:41.07	

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CORRIDA DAS LEZÍRIAS

15,5 km

1110	1513	LUZIA CARREGUEIRA	F	21	39	01:39:52.37	01:38:41.62	
1111	559	MARIA QUITÉRIA	F	54	48	01:39:55.46	01:39:55.46	ALGYMNS
1112	1198	PATRICIA SANTOS	F	33	40	01:39:55.93	01:39:14.87	ASAS NOS PÉS
1113	1112	FABIO PIO DIAS	M	46	186	01:39:56.08	01:38:48.64	
1114	931	JORGE PLACIDO	M	67	81	01:39:56.12	01:39:53.56	
1115	646	WINNIE PICOTO	F	42	67	01:40:04.02	01:39:58.13	MEIAS E MINIS
1116	647	JOAO PICOTO	M	43	203	01:40:05.45	01:40:00.69	MEIAS E MINIS
1117	216	VÍTOR LUCAS	M	54	131	01:40:08.59	01:39:37.06	
1118	1182	PAULO CAEIRO	M	36	139	01:40:13.23	01:38:52.78	
1119	1526	ANA PINTO	F	24	41	01:40:13.94	01:39:42.80	
1120	448	MANUEL AZEVEDO	M	61	82	01:40:17.05	01:40:14.15	VETERANOS DE MASSAMÁ
1121	878	IRENE SANTOS	F	50	49	01:41:13.84	01:40:29.43	
1122	866	MANUEL PRATES	M	45	187	01:41:14.54	01:40:22.79	
1123	1003	NELSON FERNANDES	M	44	204	01:41:29.19	01:41:00.57	SRCD TESOUREIRA
1124	444	ISIDRO MANUEL ROSINHA HENRIQUES	M	60	83	01:41:39.84	01:40:35.25	BENFICA
1125	636	HERNANI TOMAS	M	42	205	01:41:42.37	01:40:41.92	SR CAMARNAL
1126	637	ANA TOMAS	F	42	68	01:41:43.28	01:40:43.17	SR CAMARNAL
1127	319	SONIA GOMES	F	43	69	01:41:44.46	01:40:41.73	
1128	172	CATARINA FIGUEIRA	F	39	70	01:41:46.21	01:41:07.75	C COLAB AGEAS
1129	740	CATIA NOGUEIRA	F	21	42	01:41:49.82	01:40:49.69	
1130	999	MARGARIDA AZEVEDO	F	39	71	01:42:13.89	01:42:13.89	
1131	1013	HELDER PALMA	M	47	188	01:42:17.54	01:41:22.75	SS MONTEPIO
1132	1010	CÉLIA BORGES	F	43	72	01:42:17.61	01:41:24.56	SS MONTEPIO
1133	976	ORLANDO SOUSA	M	55	74	01:42:18.01	01:41:24.23	CCDT METRO LX
1134	988	JOSÉ LAMEGO	M	66	84	01:42:32.50	01:41:18.85	AGUIAS DO CARTAXO
1135	1403	VANDA FREDERICO	F	42	73	01:42:44.62	01:42:12.10	
1136	52	MARIA CONDEÇO	F	54	50	01:42:50.15	01:42:35.99	KANINOS
1137	1303	EDUARDO PESTANA	M	38	140	01:42:50.94	01:42:11.21	KANINOS
1138	215	CÉLIA CARVALHO	F	36	74	01:43:03.92	01:41:58.50	
1139	783	CARLA NUNES	F	40	75	01:43:09.50	01:42:10.86	CUCAS, BÓFIAS E LEYAS
1140	685	BERNARDO GOMEZ	M	56	75	01:43:10.36	01:42:45.26	CARBER
1141	966	GONÇALO CARDOSO	M	41	206	01:43:15.57	01:42:30.43	
1142	107	HUMBERTO MARTINS	M	34	151	01:43:23.97	01:42:41.85	ATLETAS DA MADRUGADA
1143	1226	VITORINO GONÇALVES	M	66	85	01:43:31.90	01:43:31.90	C MILLENNIUM BCP
1144	1483	CARLA SILVA	F	42	76	01:44:06.79	01:42:59.23	
1145	727	JOSÉ MANUEL SÁ	M	58	76	01:44:32.97	01:43:57.55	AA LEBRES DO SADO
1146	712	SANDRA VICOSO	F	31	43	01:44:40.59	01:44:16.85	ANDA CARAMUJO

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CORRIDA DAS LEZÍRIAS

15,5 km

1147	1516	DALIA LEITE	F	35	77	01:44:45.92	01:44:09.28	ODIMARQ
1148	558	ARTUR DINIS	M	60	86	01:44:49.92	01:44:00.95	ALGYMNS
1149	533	VITOR LOBO	M	46	189	01:45:02.44	01:44:02.65	CCD CRÉDITO AGRÍCOLA MÚTUO
1150	1322	CARLA MARIA CARDOSO	F	51	51	01:45:17.94	01:44:25.10	
1151	340	NUNO OLIVEIRA	M	41	207	01:45:25.50	01:44:22.71	
1152	209	PAULA LEITÃO	F	38	78	01:45:28.22	01:44:17.42	FC ESTRELAS LISBOA
1153	210	SANDRA DINIS	F	41	79	01:45:28.56	01:44:19.09	FC ESTRELAS LISBOA
1154	550	RODRIGO OLIVEIRA	M	40	208	01:45:28.70	01:44:17.93	FC ESTRELAS LISBOA
1155	688	CAMILA GOMES	F	37	80	01:45:41.57	01:44:37.70	
1156	1391	CUSTODIA CABRAL	F	56	52	01:46:16.80	01:45:31.41	
1157	989	EDMUNDO CARDEIRA	M	69	87	01:46:37.28	01:45:23.11	
1158	577	CRISTINA SANTOS	F	35	81	01:46:43.70	01:45:47.85	VARITINTAS
1159	812	ELISABETH LOUREIRO	F	61	53	01:47:02.10	01:46:10.31	SC CASAINHOS
1160	684	CARMEN TORRES	F	45	54	01:47:06.40	01:46:42.95	CARBER
1161	1457	MELISSA FERNANDES	F	33	44	01:47:23.41	01:47:19.08	
1162	1456	EDGAR SANTOS	M	34	152	01:47:23.54	01:47:18.77	
1163	1000	CAROLINE BAKEROOT	F	39	82	01:47:24.19	01:46:08.66	
1164	537	ISABEL SILVA	F	45	55	01:47:27.35	01:47:10.27	GDC FIDELIDADE
1165	538	PAULO ALVES	M	53	132	01:47:27.50	01:47:09.96	GDC FIDELIDADE
1166	1192	MADALENA PINA	F	50	56	01:48:10.86	01:47:24.55	
1167	1185	JORGE GONÇALVES	M	32	153	01:48:10.91	01:47:25.06	
1168	252	MAYER RAPOSO	F	70	57	01:48:41.10	01:48:33.88	AA LEBRES DO SADO
1169	1478	MÓNICA RICHARDS	F	40	83	01:48:54.04	01:47:43.68	
1170	754	LUIS VARANDAS	M	53	133	01:50:01.48	01:48:16.79	GAA VF XIRA
1171	176	SÓNIA FERNANDES	F	42	84	01:50:13.85	01:49:24.57	
1172	1176	NUNO MORTA	M	42	209	01:50:15.49	01:50:15.49	C MILLENNIUM BCP
1173	975	ORLANDO SILVA	M	60	88	01:50:23.30	01:49:14.94	CCDT METRO LX
1174	1347	TAM AFONSO	M	65	89	01:50:44.96	01:50:33.24	TACLUBE
1175	1111	CARLOS HENRIQUE	M	50	134	01:51:12.05	01:50:02.76	
1176	511	FERNANDO FILIPE	M	49	190	01:51:53.38	01:51:36.93	CLUBE NOVO BANCO
1177	17	SOFIA ANTUNES	F	38	85	01:52:12.61	01:51:10.57	OS ANTUNES
1178	146	GERMANO BERNARDO	M	62	90	01:52:29.04	01:52:29.04	PRAZER DA CORRIDA
1179	529	ANA BARREIRA CARVALHO	F	35	86	01:52:45.30	01:51:44.93	
1180	309	MARIA SÁ	F	66	58	01:53:08.38	01:52:03.87	
1181	1161	JORGE NARCISO	M	57	77	01:56:25.26	01:54:58.98	
1182	1524	MARIO PIRES	M	58	78	01:57:40.16	01:56:21.66	
1183	1439	RICARDO PITA	M	37	141	01:57:40.56	01:57:07.38	CAMARA LISBOA CLUBE

04.
março
2018

CORRIDA DAS LEZÍRIAS

15,5 km

1184	48	SARA SOUSA	F	39	87	02:00:54.13	02:00:45.26	TARTARUGAS SOLIDARIAS
1185	757	ANA GODINHO	F	43	88	02:01:47.23	02:00:39.62	GAA VF XIRA
1186	1231	ESTRELA MARIZ	F	48	59	02:02:51.09	02:01:46.77	C MILLENNIUM BCP
1187	694	SONIA CAIXEIRINHO	F	47	60	02:02:51.44	02:01:44.53	
1188	882	CIDÁLIA RIBEIRO	F	52	61	02:03:59.23	02:02:58.30	CM CORRIDA DE ALENQUER
1189	234	OLESYA DIAS	F	32	45	02:05:27.95	02:04:13.43	
1190	1442	FERNANDO BARREIROS	M	56	79	02:05:42.51	02:05:42.51	XIRA CLUBE
1191	884	CARLOS FAIAS	M	50	135	02:08:27.40	02:08:18.49	CLUBE ANACOM
1192	521	MARGARIDA ASCENÇÃO	F	43	89	02:16:09.00	02:16:09.00	CLUBE NOVO BANCO

Total de registros: 1192