

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
589	1	1	LUIS PEREIRA	AGUAS DO PORTO CAS	M	35	32:54:00	03:18	MSEN
539	2	2	TOZE CASTRO	FIAES SC	M	36	33:16:00	03:19	MSEN
540	3	3	VITOR SANTOS	FIAES SC	M	39	33:29:00	03:21	MSEN
222	4	1	JOAO TEIXEIRA	A.D.AMARANTE / OPRAT	M	22	34:35:00	03:28	MSUB25
578	5	1	MANUEL BRANQUINHO	GRUPO JUVENIL DE VIL	M	46	34:51:00	03:29	M45
113	6	4	NUNO PEREIRA	OLIMPICO VIANENSE TR	M	32	34:55:00	03:29	MSEN
191	7	5	CARLOS QUEIROS	A.D.AMARANTE / OPRAT	M	27	34:58:00	03:29	MSEN
584	8	6	ARTUR SILVA	OLIMPICO VIANENSE	M	33	35:14:00	03:31	MSEN
636	9	7	VITOR RIBEIRO	GTT ARMAZEM DO CAF	M	33	35:15:00	03:31	MSEN
582	10	2	JOSE ANDRADE	MOVIMENTO DE JUVENTU	M	49	35:23:00	03:32	M45
150	11	1	RUI LARANJEIRA	EXPERIENCIAR/BARCELT	M	43	35:38:00	03:34	M40
78	12	8	NUNO FERNANDES	CLUBE ATLETISMO FAFE	M	34	35:41:00	03:34	MSEN
816	13	9	TIAGO FARIA	B.T.M	M	26	35:46:00	03:34	MSEN
652	14	2	VASCO FARIA	RUNRIVER	M	23	35:49:00	03:35	MSUB25
155	15	2	JOSE TEIXEIRA	ADECA BEAT	M	41	35:54:00	03:36	M40
541	16	10	HELDER ROBALINHO	FIAES SC	M	30	36:09:00	03:36	MSEN
346	17	3	CARMINDO SOARES	MOVIMENTO DE JUVENTU	M	48	36:12:00	03:37	M45
543	18	11	CLAUDIO COSTA	FIAES SC	M	35	36:13:00	03:37	MSEN
894	19	12	AMERICO MACHADO	ADE TRAIL RUNNING	M	38	36:15:00	03:37	MSEN
122	20	13	EMILIO VILARINHO	CAVE ESPOSENDE	M	37	36:17:00	03:37	MSEN
824	21	14	JOAO GONCALVES	VIMARUNNERS	M	31	36:23:00	03:37	MSEN
791	22	15	MARKO SANTOS		M	28	36:27:00	03:39	MSEN
619	23	1	JOSE VIANA	QUEIROZTEAM / INDEVI	M	57	36:31:00	03:39	M55
336	24	1	ALFREDO PINHEIRO	A.D.AMARANTE / OPRAT	M	51	36:37:00	03:39	M50
330	25	16	JOSE MACIEL	GCDR GEMESES	M	32	36:46:00	03:40	MSEN
808	26	4	JORGE VALE	FAFE RUNNERS	M	47	36:48:00	03:41	M45
789	27	17	PEDRO OLIVEIRA	FAMARUNNERS	M	33	36:50:00	03:40	MSEN
84	28	2	JOSE MONTEIRO	BAIRRO DE CARCAVELOS	M	59	36:57:00	03:41	M55
323	29	18	JOAO MOITA	CLUBE ZUPPER	M	34	36:59:00	03:41	MSEN
866	30	19	JOAO RIBEIRO	GCDR GEMESES	M	27	37:00:00	03:41	MSEN
518	31	20	OIHAN AMURRIO		M	30	37:11:00	03:42	MSEN
266	32	3	DAVIDE FONTES	C.D.C. NAVAIS	M	22	37:15:00	03:43	MSUB25
170	33	21	NUNO FIGUEIREDO	GTT ARMAZEM DO CAF	M	32	37:16:00	03:43	MSEN
569	34	5	JOAO REIS	ARCA BARCELOS RUNNER	M	45	37:23:00	03:44	M45
845	35	4	RUBEN BOAS		M	17	37:32:00	03:45	MSUB25
538	36	6	JOAQUIM ALVES	AMIGOS DA PICUA	M	48	37:32:00	03:45	M45
542	37	3	JOAO BARBOSA	FIAES SC	M	44	37:42:00	03:46	M40
773	38	22	EUGENIO BARROS	GRUPO JUVENIL DE VIL	M	39	37:57:00	03:47	MSEN
898	39	4	JORGE OLIVEIRA	A.D.AMARANTE / OPRAT	M	41	38:01:00	03:47	M40
750	40	23	JOAO MARTINS	VILA VERDE A CORRER	M	37	38:05:00	03:48	MSEN
809	41	5	DINIS ANDRADE		M	17	38:10:00	03:42	MSUB25
918	42	6	SALVADOR OLIVEIRA	MACIEIRA RUNNERS	M	24	38:27:00	03:50	MSUB25
335	43	5	LUIS RIBEIRO	CENTRAL RUNNERS	M	40	38:28:00	03:51	M40
710	44	6	JORGE PEREIRA	GAJARUNNING	M	43	38:30:00	03:49	M40
333	45	24	JOSE ALMEIDA		M	39	38:41:00	03:51	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
770	46	7	JOAO FIGUEIREDO		M	22	38:49:00	03:52	MSUB25
329	47	2	JOSE COSTA	GRUPO DESPORTIVO DA	M	51	38:50:00	03:53	M50
761	48	3	FERNANDO SILVA	C.D.C. NAVAIS	M	51	38:50:00	03:53	M50
166	49	25	CARLOS GOMES	SALGUEIROS	M	34	38:51:00	03:53	MSEN
350	50	26	JOAO DIAS	MOVIMENTO DE JUVENTU	M	26	38:51:00	03:48	MSEN
339	51	27	PEDRO ALVES	G D CASTELENSE	M	29	38:52:00	03:53	MSEN
623	52	28	RAUL SILVA		M	33	38:56:00	03:54	MSEN
668	53	1	ANDREIA CUNHA	FIGUEIREDO S RUNNER	F	30	38:59:00	03:54	FSEN
598	54	7	MIGUEL FIGUEIREDO	FIGUEIREDO S RUNNER	M	43	39:03:00	03:54	M40
772	55	4	LUIS CARDOSO		M	52	39:06:00	03:54	M50
766	56	29	LUDGERO MOREIRA		M	34	39:12:00	03:55	MSEN
648	57	3	MAURICIO TORRINHA	ESCOLA ATLETISMO ROS	M	55	39:13:00	03:55	M55
679	58	8	NUNO VIAMONTE	RIO NEIVA A.D.A	M	24	39:17:00	03:56	MSUB25
338	59	9	RICARDO TELES		M	23	39:21:00	03:56	MSUB25
220	60	7	MARIO SAMPAIO	FISIOPEDRO	M	46	39:24:00	03:56	M45
6	61	8	CARLOS RIBEIRO		M	46	39:29:00	03:54	M45
126	62	30	NUNO LOMBA		M	28	39:31:00	03:56	MSEN
303	63	10	JOAO RAMOS	ADE TRAIL RUNNING	M	19	39:38:00	03:57	MSUB25
59	64	8	RUI CARDOSO		M	41	39:47:00	03:58	M40
689	65	5	ARMINDO FARIA	ARPO	M	54	39:49:00	03:59	M50
360	66	31	CARLOS REIS		M	35	39:55:00	03:53	MSEN
535	67	9	JOSE MARINHO	AMIGOS DA PICUA	M	44	40:04:00	04:00	M40
932	68	4	MANUEL FERREIRA		M	59	40:09:00	03:59	M55
778	69	10	TONY SILVA	ESCOLA DE ATLETISMO	M	41	40:09:00	04:00	M40
860	70	32	CELESTINO FARIA		M	26	40:12:00	04:00	MSEN
890	71	33	JOAO BENTA	RADIO POPULAR BOAV	M	30	40:15:00	03:56	MSEN
261	72	34	SAMUEL AMORIM	G D CASTELENSE	M	33	40:16:00	04:01	MSEN
217	73	11	SERGIO SAMPAIO	FISIOPEDRO	M	41	40:16:00	04:01	M40
551	74	35	JOAO LOPES		M	39	40:17:00	03:59	MSEN
479	75	12	LUIS LOBO	ALL TITUDES TRAIL TE	M	44	40:18:00	04:00	M40
450	76	36	JOEL	ZUPPER	M	39	40:21:00	03:57	MSEN
620	77	9	JOSE PEREIRA	AIRORUN	M	47	40:23:00	04:00	M45
352	78	37	PEDRO TORRES	VIDAATIVARUNNERS	M	33	40:24:00	03:54	MSEN
157	79	38	ANDRE MARTINS	TESCO TEAM RUNNING	M	39	40:26:00	04:02	MSEN
153	80	10	ABILIO FARIA	ADECA BEAT	M	48	40:27:00	04:02	M45
154	81	6	DELFIN MONTEIRO	ADECA BEAT	M	54	40:27:00	04:02	M50
451	82	13	RUI PENA	AASM	M	43	40:29:00	04:02	M40
250	83	39	BRUNO CASTRO		M	31	40:31:00	04:01	MSEN
603	84	11	MARIO GONCALVES	OLIMPICO VIANENSE TR	M	47	40:34:00	04:04	M45
610	85	11	STEVEN PEREIRA	RIO NEIVA A.D.A	M	23	40:40:00	04:04	MSUB25
799	86	14	DOMINGOS VALE	BARCELOS RUNNERS	M	42	40:54:00	04:05	M40
646	87	40	DIOGO MACHADO	N14 CROSSFIT BRAGA	M	33	40:55:00	03:58	MSEN
221	88	41	VITOR LIMA		M	29	40:57:00	04:05	MSEN
627	89	15	BATISTA SILVA	CAPV	M	44	40:59:00	04:03	M40
383	90	42	CRISTIANO NOGUEIRA	CLUBE ZUPPER	M	28	41:02:00	04:05	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
448	91	16	JOAO GONCALVES	BARCELOS RUNNERS	M	44	41:04:00	04:05	M40
783	92	43	AMANDIO NOGUEIRA		M	26	41:05:00	04:03	MSEN
349	93	44	RICARDO FERREIRA	MOVIMENTO DE JUVENTU	M	30	41:07:00	03:59	MSEN
123	94	45	MIGUEL REGO	QUALY PRODUTOS DE	M	36	41:07:00	04:06	MSEN
365	95	12	ANTONIO CARDOSO	AGUIAS DE ALVELOS	M	46	41:08:00	04:06	M45
415	96	46	PEDRO DOURADO	AGUIAS DE ALVELOS	M	31	41:13:00	04:07	MSEN
192	97	1	ANA CORREIA	A.D.AMARANTE / OPRAT	F	42	41:15:00	04:07	F40
897	98	17	MANUEL VIEIRA	A.D.AMARANTE / OPRAT	M	44	41:15:00	04:05	M40
527	99	47	CESAR AREZES		M	33	41:17:00	04:07	MSEN
490	100	18	SIMAO COSTA	CLUBE ATLETISMO DA P	M	41	41:22:00	04:05	M40
161	101	19	GUILHERME FERNANDES		M	43	41:27:00	04:07	M40
274	102	12	JOSE CARNEIRO		M	24	41:27:00	04:05	MSUB25
873	103	48	JOSE SILVA		M	34	41:33:00	04:02	MSEN
677	104	49	FLAVIO SOUSA		M	28	41:35:00	04:09	MSEN
784	105	13	ANGELO NOGUEIRA		M	24	41:41:00	04:06	MSUB25
14	106	14	BRUNO SILVA		M	24	41:52:00	04:10	MSUB25
2	107	15	MIGUEL NEVES		M	18	41:52:00	04:10	MSUB25
146	108	50	MAURO ROXO	ADE TRAIL RUNNING	M	36	41:52:00	04:11	MSEN
850	109	51	JOSE PEREIRA		M	25	41:54:00	04:10	MSEN
72	110	52	NUNO ALMEIDA	GAJARUNNING	M	38	42:00:00	04:10	MSEN
298	111	53	FABIO FERNANDES		M	25	42:02:00	04:10	MSEN
348	112	5	JOSE FERNANDES	MOVIMENTO DE JUVENTU	M	59	42:04:00	04:07	M55
583	113	1	CATIA MENDES	CENTRO ATLETISMO SEI	F	20	42:05:00	04:12	FSUB25
682	114	54	DANIEL MONTEIRO	BANDA DE MUSICOS	M	27	42:05:00	04:11	MSEN
613	115	55	RUI LEITAO	VARZIM SPORT CLUB	M	39	42:10:00	04:11	MSEN
835	116	13	MIGUEL CARNEIRO		M	49	42:12:00	04:12	M45
36	117	56	NUNO LOMBA		M	33	42:13:00	04:10	MSEN
270	118	7	ANTONIO CORUCHO		M	51	42:14:00	04:12	M50
216	119	57	FREDERICO MAXIMO	AESTHETICAL TEAM RUN	M	36	42:18:00	04:13	MSEN
667	120	58	ANTONIO DIAS	FANBIKE	M	39	42:22:00	04:14	MSEN
275	121	20	FILIFE FERREIRA		M	42	42:23:00	04:14	M40
812	122	59	ANTONIO CAPITAO		M	25	42:25:00	04:09	MSEN
566	123	14	JOSE CARDOSO	ARCA BARCELOS RUNNER	M	49	42:27:00	04:13	M45
755	124	21	RICARDO FERNANDES	VILA VERDE A CORRER	M	40	42:27:00	04:14	M40
5	125	8	AURELIO MARQUES		M	51	42:37:00	04:13	M50
563	126	22	LUIS NECO	ARCA BARCELOS RUNNER	M	41	42:39:00	04:06	M40
785	127	23	TELMO CARDOSO	ADL LUDTOSA	M	41	42:41:00	04:10	M40
743	128	60	MARCO PEIXOTO		M	29	42:44:00	04:15	MSEN
576	129	24	JOAO ABREU	N14	M	40	42:45:00	04:09	M40
865	130	9	ABILIO GONCALVES		M	53	42:47:00	04:12	M50
444	131	61	ANTONIO MAIA	ADE TRAIL RUNNING	M	38	42:47:00	04:17	MSEN
326	132	62	VITOR RAMALHO	B.T.M	M	29	42:49:00	04:16	MSEN
546	133	63	RUI FARIA		M	35	42:50:00	04:16	MSEN
316	134	15	PAULO LOUREIRO		M	49	42:51:00	04:16	M45
225	135	25	FILIFE GONCALVES		M	41	42:52:00	04:15	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
289	136	64	SIMAO COUTO	VESPA RUNNERS	M	38	42:55:00	04:17	MSEN
665	137	65	LEONEL SA	BANDA DE MUSICOS	M	30	42:57:00	04:16	MSEN
596	138	66	RICARDO SOUSA	AGUIAS DE ALVELOS	M	32	42:59:00	04:17	MSEN
180	139	67	VITOR MOREIRA		M	26	43:01:00	04:17	MSEN
262	140	68	JOAO LARANJEIRA		M	31	43:03:00	04:13	MSEN
683	141	16	ANTONIO CALDAS	OS PRACETAS	M	46	43:03:00	04:14	M45
553	142	17	ALVARO COSTA	ALTOS E BAIXOS	M	49	43:03:00	04:15	M45
534	143	26	PAULO MARTINS	AMIGOS DA PICUA	M	41	43:04:00	04:18	M40
855	144	27	RICARDO CARVALHO		M	42	43:05:00	04:16	M40
8	145	69	PEDRO RIBEIRO		M	26	43:08:00	04:17	MSEN
834	146	70	BRUNO LEMOS	IAT IMOBILIARIA	M	36	43:13:00	04:18	MSEN
870	147	28	MANUEL SA		M	42	43:15:00	04:18	M40
649	148	71	EDGAR COSTS	B.T.M	M	39	43:16:00	04:18	MSEN
681	149	72	PEDRO FERNANDES	BANDA DE MUSICOS	M	25	43:17:00	04:18	MSEN
656	150	29	EUGENIO	AMIGOS DAS SAPATILHA	M	43	43:22:00	04:17	M40
680	151	73	RAUL COELHO	PARJOVEM	M	35	43:23:00	04:19	MSEN
745	152	74	CESAR LIMA		M	30	43:28:00	04:20	MSEN
218	153	16	FRANCISCO SAMPAIO	FISIOPEDRO	M	19	43:35:00	04:21	MSUB25
391	154	75	ROCHINHA		M	32	43:36:00	04:21	MSEN
234	155	30	JOICE JESUS		M	41	43:37:00	04:22	M40
839	156	10	MANUEL BRAGA	ADE TRAIL RUNNING	M	54	43:37:00	04:21	M50
81	157	76	JOSE SILVA	GIN TEAM	M	37	43:39:00	04:19	MSEN
362	158	77	NUNO DANTAS	B.T.M	M	37	43:43:00	04:22	MSEN
292	159	18	VALDEMAR FRAGOSO		M	45	43:44:00	04:20	M45
43	160	78	MANUEL PERERIA	ADE TRAIL RUNNING	M	32	43:45:00	04:20	MSEN
696	161	11	MANUEL ALVES	QUEIROZ TEAM / NOKAR	M	51	43:48:00	04:22	M50
442	162	79	JONI FERREIRA	CONDE RUNNING	M	30	43:49:00	04:23	MSEN
272	163	80	BRUNO MOURA		M	34	43:52:00	04:23	MSEN
273	164	2	RAQUEL ANDRADE		F	35	43:52:00	04:23	FSEN
884	165	31	PAULO MORAIS		M	42	43:54:00	04:21	M40
109	166	81	MIGUEL MIRANDA		M	29	43:56:00	04:20	MSEN
110	167	82	ALEXANDRE PEREIRA		M	29	43:56:00	04:20	MSEN
201	168	19	JOSE RODRIGUES		M	45	43:57:00	04:21	M45
9	169	20	ANTONIO CAPITAO		M	46	43:59:00	04:22	M45
500	170	21	JOSE VERISSIMO	AMIGOS DAS SAPATILHA	M	46	44:09:00	04:21	M45
459	171	22	LUIS GUISE	VIMARUNNERS	M	48	44:11:00	04:20	M45
147	172	32	ANTONIO ROXO		M	43	44:15:00	04:25	M40
134	173	33	VASCO SILVA	SS MONTEPIO	M	43	44:18:00	04:25	M40
564	174	83	ARMANDO COSTA	ARCA BARCELOS RUNNER	M	38	44:23:00	04:23	MSEN
889	175	84	ALFREDO FRAGOSO		M	39	44:23:00	04:20	MSEN
82	176	85	NELSON PONTES		M	34	44:24:00	04:23	MSEN
223	177	17	TIAGO RIBEIRO		M	24	44:29:00	04:26	MSUB25
224	178	86	ANDRE CAVADAS	CLUBE ZUPPER	M	36	44:29:00	04:25	MSEN
373	179	23	JORGE VIANA	CMI MONTANHISMO	M	48	44:29:00	04:26	M45
200	180	12	RUI TORRES		M	52	44:30:00	04:25	M50

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
108	181	87	TIAGO ATAIDE		M	29	44:31:00	04:23	MSEN
413	182	2	SARA RIBEIRO	ADECA BEAT	F	23	44:33:00	04:27	FSUB25
363	183	34	FILIFE MOURA	AMIGOS DAS SAPATILHA	M	41	44:34:00	04:23	M40
520	184	88	JOSE COSTA	ARPO	M	39	44:42:00	04:28	MSEN
915	185	89	DARIO ROCHA		M	36	44:45:00	04:24	MSEN
691	186	35	ANTONIO BRANCO	ARPO	M	42	44:47:00	04:28	M40
151	187	24	FRANCISCO BRANCO		M	49	44:48:00	04:28	M45
194	188	36	NUNO COSTA	GRUPO DESPORTIVO DA	M	41	44:55:00	04:25	M40
314	189	90	BRUNO FERREIRA	SPIN&RUN ESPOSENDE T	M	32	44:58:00	04:28	MSEN
670	190	91	JOSE MARTINS		M	39	44:59:00	04:28	MSEN
522	191	37	RUI FARIA	ATHLETIC TURTLES	M	40	45:00:00	04:26	M40
487	192	92	MARCO MARTINS		M	29	45:03:00	04:24	MSEN
276	193	38	RUI PINTO	GRUPO DESPORTIVO DA	M	43	45:05:00	04:26	M40
924	194	39	MANUEL GOMES		M	42	45:05:00	04:28	M40
257	195	93	JOSE DIAS		M	29	45:06:00	04:28	MSEN
559	196	94	VITOR SILVA	ARCA BARCELOS RUNNER	M	34	45:11:00	04:29	MSEN
91	197	40	MIGUEL FARIA	EXPERIENCIAR/BARCELT	M	41	45:15:00	04:31	M40
622	198	95	ANDRE AMORIM	AGUIAS DE ALVELOS	M	26	45:22:00	04:32	MSEN
491	199	96	JOSE NEIVA		M	27	45:23:00	04:30	MSEN
492	200	3	CARINA PINHO	ADREP	F	30	45:24:00	04:30	FSEN
470	201	97	RICARDO BRIOTE	ADE TRAIL RUNNING	M	37	45:27:00	04:32	MSEN
819	202	25	ARTUR MOREIRA	AMIGOS DAS SAPATILHA	M	48	45:32:00	04:30	M45
525	203	41	RICARDO MOREIRA		M	42	45:33:00	04:28	M40
219	204	98	JOAO SILVA	FISIOPEDRO	M	33	45:33:00	04:27	MSEN
858	205	42	BELMIRO PENETRA	GCDR GEMESSES	M	43	45:35:00	04:25	M40
449	206	99	VITOR COUTO		M	35	45:35:00	04:33	MSEN
412	207	26	JOSE SILVA		M	49	45:40:00	04:27	M45
794	208	27	JOSE MAGALHAES	A. C. VERMOIM	M	49	45:43:00	04:33	M45
795	209	28	ANTONIO SA	TEAM LANTEMIL	M	48	45:44:00	04:28	M45
805	210	100	JOAO SOUSA		M	37	45:44:00	04:27	MSEN
581	211	6	MANUEL DIAS	MOVIMENTO DE JUVENTU	M	62	45:45:00	04:35	M55
287	212	101	RICARDO GUIMARAES		M	33	45:45:00	04:30	MSEN
425	213	43	CLAUDIO TEIXEIRA	ATLETISMO CLUBE FAFE	M	41	45:46:00	04:29	M40
893	214	44	RUI VASQUINHO		M	42	45:48:00	04:26	M40
531	215	102	JOSE COUTINHO	AMIGOS DA PICUA	M	39	45:48:00	04:34	MSEN
93	216	103	PEDRO MEIXEDO		M	33	45:49:00	04:35	MSEN
100	217	18	CESAR RODRIGUES		M	23	45:56:00	04:35	MSUB25
757	218	13	JOAQUIM FERREIRA	A. C. VERMOIM	M	53	45:58:00	04:31	M50
144	219	104	ADELIO MARANHÃO		M	35	46:01:00	04:27	MSEN
779	220	45	JOSE DUARTE		M	40	46:01:00	04:31	M40
815	221	29	JORGE SILVA	PEVIDEM	M	45	46:01:00	04:26	M45
862	222	105	ARLINDO ALVES		M	39	46:05:00	04:30	MSEN
692	223	106	RICARDO FERREIRA		M	27	46:06:00	04:33	MSEN
800	224	107	ARMANDO MALVAR	B LIFE OUTDOOR TEAM	M	37	46:06:00	04:33	MSEN
381	225	108	FILIFE COSTA		M	25	46:08:00	04:35	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
573	226	46	JOAQUIM LOURENCO	ARCA BARCELOS RUNNER	M	43	46:10:00	04:27	M40
359	227	1	GRACA		F	53	46:11:00	04:31	F50
555	228	109	NUNO CRUZ	ARCA BARCELOS RUNNER	M	36	46:14:00	04:33	MSEN
209	229	4	CATARINA AMORIM	G D CASTELENSE	F	32	46:16:00	04:37	FSEN
806	230	110	JORGE SEABRA	BEER CLUB RUNNING	M	39	46:18:00	04:31	MSEN
684	231	47	ARMANDO OLIVEIRA		M	43	46:18:00	04:38	M40
548	232	30	JOSE SOUSA	ASSOCIACAO DE ATLETI	M	45	46:24:00	04:32	M45
900	233	48	EDUARDO BERNARDINO	DEVESA RUNNERS	M	40	46:26:00	04:32	M40
528	234	5	VERONICA MOREIRA		F	33	46:29:00	04:30	FSEN
498	235	49	FILIFE ANDRADE	TALOXINHAS	M	44	46:29:00	04:38	M40
529	236	111	MIGUEL LOPES		M	36	46:29:00	04:30	MSEN
355	237	112	EMANUEL FERREIRA		M	29	46:29:00	04:39	MSEN
280	238	113	TIAGO BARBOSA	QUALY PRODUTOS DE	M	25	46:32:00	04:38	MSEN
125	239	7	CONSTANTINO MOREIRA	FERREIROLUX	M	61	46:34:00	04:35	M55
657	240	50	RICARDO CERQUEIRA		M	43	46:35:00	04:38	M40
340	241	114	PEDRO SILVEIRA	AMIGOS DAS SAPATILHA	M	38	46:39:00	04:36	MSEN
96	242	51	JERONIMO SILVA		M	43	46:39:00	04:37	M40
917	243	115	HELDER SILVA		M	27	46:40:00	04:33	MSEN
313	244	116	PEDRO BRAGA	EM`FORCA	M	38	46:44:00	04:37	MSEN
95	245	117	RICARDO ALVES	SPORTS&CYCLING	M	34	46:50:00	04:41	MSEN
472	246	118	FLAVIO CALDAS	N14 CROSSFIT	M	29	46:52:00	04:33	MSEN
347	247	52	GUILHERME MARTINS	MOVIMENTO DE JUVENTU	M	43	46:55:00	04:37	M40
332	248	2	PAULA QUINTELA	GAJARUNNING	F	52	46:57:00	04:40	F50
826	249	6	ANA SERENO	VIMARUNNERS	F	30	46:58:00	04:40	FSEN
572	250	14	ANTONIO CARDOSO	ARCA BARCELOS RUNNER	M	52	46:59:00	04:40	M50
482	251	31	ANTONIO CARVALHO	C.D.C. NAVAIS	M	48	46:59:00	04:41	M45
827	252	119	MARIO PATRAO		M	26	47:01:00	04:38	MSEN
30	253	120	SERGIO CARMO		M	26	47:04:00	04:41	MSEN
499	254	19	MIGUEL FARIA		M	22	47:07:00	04:41	MSUB25
732	255	121	JOAO TORRES	GIN TEAM	M	34	47:08:00	04:40	MSEN
712	256	122	EMANUEL GOMES	TEAM LANTEMIL	M	38	47:10:00	04:37	MSEN
651	257	123	SERGIO MARTINS	EXPERIENCIAR/BARCELT	M	34	47:12:00	04:38	MSEN
311	258	124	VITOR FELGUEIRAS		M	35	47:13:00	04:34	MSEN
914	259	32	MANUEL ANTONIO	B LIFE OUTDOOR TEAM	M	45	47:18:00	04:40	M45
601	260	125	MIGUEL CRUZ		M	36	47:18:00	04:39	MSEN
267	261	126	CRISTIANO MARTINS		M	25	47:18:00	04:40	MSEN
297	262	127	SERGIO FERREIRA		M	37	47:22:00	04:43	MSEN
714	263	128	JOEL SANTOS		M	25	47:24:00	04:40	MSEN
57	264	129	PAULO OLIVEIRA		M	26	47:25:00	04:35	MSEN
872	265	130	ADRIANO BACELAR		M	36	47:25:00	04:37	MSEN
628	266	15	JOSE SANTANA	ARPO	M	51	47:28:00	04:42	M50
322	267	131	IVO FIGUEIROA	ZUPPER	M	36	47:29:00	04:43	MSEN
295	268	7	MARLENE AZEVEDO	MASA	F	33	47:30:00	04:42	FSEN
12	269	20	JOAO PENETRA		M	23	47:32:00	04:37	MSUB25
688	270	8	JOSE MAGALHAES	ARPO	M	71	47:41:00	04:46	M55

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
283	271	132	VITOR SILVA		M	27	47:44:00	04:45	MSEN
51	272	9	ANTONIO NETO	TRIFITROFA	M	60	47:45:00	04:46	M55
193	273	133	VITOR SILVA		M	34	47:46:00	04:45	MSEN
629	274	134	HELDER COSTA	ARPO	M	36	47:52:00	04:45	MSEN
759	275	135	LEANDRO SILVA		M	31	47:54:00	04:46	MSEN
585	276	53	MARCO CALDAS		M	40	47:54:00	04:47	M40
137	277	10	JOSE MARIZ		M	55	47:55:00	04:48	M55
120	278	33	ANTONIO LOPES		M	49	47:56:00	04:44	M45
633	279	136	MIGUEL MACHADO	OS PRACETAS	M	38	47:56:00	04:43	MSEN
919	280	16	JOSE NEVES		M	54	47:59:00	04:46	M50
852	281	137	ALVARO VALE	ADE TRAIL RUNNING	M	33	48:00:00	04:46	MSEN
310	282	138	JOAO COUTO	SPIN&RUN ESPOSENDE T	M	33	48:00:00	04:46	MSEN
704	283	139	FILIPE LEITAO	GONDOMAR FUTSAL CLUB	M	37	48:02:00	04:43	MSEN
606	284	140	PEDRO GUIA		M	34	48:04:00	04:47	MSEN
89	285	11	FERNANDO AZEVEDO		M	59	48:05:00	04:48	M55
831	286	141	FILIPE ARAUJO	DEVESA RUNNERS	M	34	48:09:00	04:42	MSEN
634	287	142	JOAO RAMOS		M	25	48:11:00	04:43	MSEN
317	288	143	RUI FERNANDES	VIMARUNNERS	M	33	48:12:00	04:45	MSEN
353	289	144	TIAGO MOREIRA	B.T.M	M	37	48:14:00	04:48	MSEN
738	290	145	JOAO REINA		M	34	48:16:00	04:40	MSEN
3	291	146	LUIS FREITAS		M	26	48:18:00	04:45	MSEN
382	292	54	CLAUDIO ABREU	VIMARUNNERS	M	40	48:18:00	04:45	M40
705	293	147	NELSON ALVES	GONDOMAR FUTSAL CLUB	M	36	48:22:00	04:44	MSEN
321	294	8	CELINA SILVA	FIGUEIREDO S RUNNER	F	36	48:22:00	04:48	FSEN
728	295	21	JOEL FERREIRA		M	24	48:23:00	04:43	MSUB25
742	296	34	SERGIO VIEIRA	CLUBE DESPORTIVO FEI	M	45	48:23:00	04:49	M45
485	297	148	BRUNO LOUREIRO	RENASCE	M	30	48:25:00	04:46	MSEN
254	298	9	MARISA AZEVEDO		F	29	48:27:00	04:44	FSEN
746	299	149	PEDRO REGO	QUALY PRODUTOS DE	M	33	48:28:00	04:50	MSEN
793	300	55	FRANCISCO MIRANDA	A. C. VERMOIM	M	44	48:28:00	04:46	M40
255	301	150	SIMAO RODRIGUES		M	30	48:28:00	04:44	MSEN
641	302	12	MANUEL PEREIRA	CAMINHADAS RUNNERS	M	56	48:28:00	04:45	M55
386	303	10	MARTINE CHA		F	28	48:29:00	04:44	FSEN
505	304	151	LEONEL VIDEIRA	NASCIDOS PARA CORRER	M	26	48:29:00	04:42	MSEN
804	305	56	RUI COUTO		M	42	48:30:00	04:49	M40
676	306	152	WELLINGTON ALVES		M	31	48:30:00	04:46	MSEN
417	307	153	VIRIATO MENDES		M	36	48:32:00	04:51	MSEN
593	308	154	JOAO CARVALHO	FIGUEIREDO S RUNNER	M	36	48:33:00	04:50	MSEN
524	309	57	PEDRO SOUSA		M	42	48:38:00	04:47	M40
293	310	58	AMERICO ANDRE		M	42	48:38:00	04:48	M40
388	311	17	JORGE VILELA		M	50	48:42:00	04:43	M50
788	312	18	GASPAR OLIVEIRA	ATIB FINABRAGA RUNNI	M	54	48:46:00	04:51	M50
713	313	155	FERNANDES PAULO		M	37	48:46:00	04:50	MSEN
438	314	59	NUNO CUNHA	ATIB FINABRAGA RUNNI	M	44	48:47:00	04:51	M40
605	315	156	FERNANDO CUNHA		M	38	48:48:00	04:50	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
141	316	13	ANTONIO GOMES		M	55	48:50:00	04:44	M55
454	317	157	JOAO SILVA	QUALY PRODUTOS DE	M	29	48:51:00	04:52	MSEN
143	318	35	FERNANDO PESSEGUEIRO		M	48	48:52:00	04:48	M45
741	319	158	ANDRE CABREIRA	CLUBE ATLETISMO DA P	M	27	48:55:00	04:52	MSEN
245	320	36	JOAO PINHEIRO	PORTO SENTIDO RUNNER	M	47	48:59:00	04:53	M45
574	321	37	MANUEL CUNHA		M	48	49:12:00	04:46	M45
319	322	60	CARLOS CANDIDO		M	40	49:15:00	04:53	M40
776	323	159	MANUEL RIBEIRO		M	34	49:17:00	04:46	MSEN
169	324	61	NUNO ARAUJO	AS CORRIDAS MAIS LOU	M	41	49:19:00	04:53	M40
163	325	62	MARCELO FERREIRA	AS CORRIDAS MAIS LOU	M	40	49:20:00	04:53	M40
615	326	19	ANTONIO FERREIRA	A. C. VERMOIM	M	52	49:23:00	04:52	M50
400	327	160	SERGIO COELHO		M	36	49:25:00	04:54	MSEN
621	328	2	DEOLINDA FARIA	AIRORUN	F	47	49:25:00	04:55	F40
398	329	63	LUIS CRUZ		M	40	49:25:00	04:52	M40
308	330	161	PAULO OLIVEIRA	SPIN&RUN ESPOSENDE T	M	27	49:30:00	04:51	MSEN
214	331	64	PAULO SERGIO		M	40	49:31:00	04:52	M40
480	332	22	DUARTE EIRAS		M	16	49:31:00	04:30	MSUB25
186	333	14	ALBERTO SA	INSANOS	M	64	49:32:00	04:49	M55
253	334	23	ANDRE SANTOS		M	21	49:33:00	04:56	MSUB25
387	335	162	JOEL CHA		M	31	49:37:00	04:51	MSEN
437	336	38	CARLOS MANUEL	EXPERIENCIAR/BARCELT	M	49	49:38:00	04:52	M45
626	337	163	HELDER MARTINS		M	35	49:38:00	04:53	MSEN
462	338	164	SERGIO SOUSA		M	28	49:39:00	04:51	MSEN
351	339	24	PEDRO CARVALHO	TARTARUGAS DO CAVADO	M	21	49:41:00	04:51	MSUB25
483	340	20	RAMIRO SANTOS		M	50	49:41:00	04:53	M50
38	341	165	FRANCISCO MARINHA		M	39	49:42:00	04:53	MSEN
802	342	21	VALENTIM GUIA	EDV VIANA TRAIL	M	52	49:42:00	04:50	M50
370	343	166	RICARDO SOUSA		M	33	49:47:00	04:52	MSEN
327	344	11	MONICA FERREIRA	SPIN&RUN ESPOSENDE T	F	39	49:48:00	04:57	FSEN
747	345	39	JOAO GRACA	VILA VERDE A CORRER	M	46	49:48:00	04:51	M45
148	346	65	AIRES PATRAO	MOINHOS DA AVENTURA	M	41	49:49:00	04:56	M40
20	347	15	ANDRE SANTOS	TEAMUP	M	58	49:50:00	04:54	M55
575	348	22	VITOR CUNHA	BARCELOS RUNNERS	M	51	49:58:00	04:53	M50
24	349	12	SARA	TESCO TEAM RUNNING	F	29	50:00:00	05:00	FSEN
325	350	167	RUI FINO	TARTARUGAS DO CAVADO	M	38	50:00:00	04:52	MSEN
290	351	168	GERALDO CASTRO		M	31	50:01:00	04:54	MSEN
666	352	66	AGOSTINHO MAIA	OS PRACETAS	M	40	50:04:00	04:56	M40
497	353	16	JOSE FONSECA	BRAGUINHAS RUNERES	M	57	50:04:00	04:58	M55
913	354	169	IVO		M	36	50:06:00	04:52	MSEN
160	355	3	CARLA SALGADO	BARCELOS RUNNERS	F	43	50:09:00	04:55	F40
73	356	13	ANA COELHO	GAJARUNNING	F	34	50:11:00	04:53	FSEN
249	357	23	OSCAR SILVA	TURBULENTOS	M	54	50:12:00	04:57	M50
421	358	170	MARCIO ARAUJO		M	36	50:12:00	04:56	MSEN
693	359	24	PEDRO DIAS		M	54	50:15:00	04:55	M50
565	360	171	MIGUEL COSTA	ARCA BARCELOS RUNNER	M	33	50:21:00	04:58	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
37	361	172	SERGIO MARTINS		M	37	50:23:00	05:01	MSEN
933	362	17	MARIO SAMPAIO		M	56	50:24:00	05:01	M55
277	363	40	VITOR SILVA	GRUPO DESPORTIVO DA	M	49	50:28:00	04:58	M45
158	364	173	MARIO FONTE		M	37	50:30:00	05:01	MSEN
19	365	14	FATINHA PINTO		F	39	50:30:00	04:56	FSEN
630	366	67	PAULO TINOCO		M	42	50:33:00	04:59	M40
718	367	25	JOAO OLIVEIRA		M	22	50:36:00	04:56	MSUB25
288	368	15	SANDRA GOMES	MASA	F	27	50:36:00	05:01	FSEN
420	369	174	HELDER COSTA		M	33	50:36:00	04:54	MSEN
299	370	25	FIRMINO NOGUEIRA		M	51	50:37:00	04:55	M50
419	371	175	RICARDO DIAS		M	36	50:38:00	04:54	MSEN
371	372	26	JORGE RAMOS		M	52	50:38:00	05:00	M50
49	373	16	ANA PATRICIO		F	32	50:40:00	05:03	FSEN
545	374	17	MARIANA MARTINS		F	33	50:40:00	05:03	FSEN
847	375	18	LUIS SERRA	TEAM LANTEMIL	M	59	50:43:00	05:03	M55
501	376	68	SILVIO CALDAS		M	43	50:43:00	05:03	M40
21	377	176	PEDRO FERREIRA	TEAMUP	M	29	50:46:00	05:00	MSEN
486	378	18	LILIANA LOUREIRO	RENASCE	F	33	50:49:00	05:01	FSEN
661	379	26	LUIS LOBO		M	24	50:50:00	05:01	MSUB25
484	380	69	PAULO MORAIS	RENASCE	M	44	50:50:00	05:01	M40
380	381	70	NUNO GOMES		M	40	50:54:00	05:02	M40
167	382	71	RICARDO GUIMARAES	AS CORRIDAS MAIS LOU	M	41	50:54:00	05:03	M40
172	383	19	SILVIA PIRES		F	38	50:55:00	05:03	FSEN
536	384	19	SERGIO FERREIRA	AMIGOS DA PICUA	M	61	50:56:00	04:52	M55
637	385	20	CARLA GONCALVES	VIDAATIVARUNNERS	F	39	50:58:00	05:00	FSEN
664	386	177	DIOGO ANTUNES		M	26	50:59:00	04:56	MSEN
612	387	178	LUIS ROBY		M	34	51:00:00	05:00	MSEN
447	388	4	ISABEL FERREIRA	BARCELOS RUNNERS	F	42	51:01:00	05:03	F40
669	389	179	FRANCISCO VIEIRA		M	38	51:02:00	05:05	MSEN
775	390	21	CARLA PACHECO	PERALTAFIL RUNNING	F	27	51:03:00	04:59	FSEN
463	391	72	PEDRO SANTOS	PARIPASSU	M	40	51:03:00	05:01	M40
838	392	41	PAULO MARRUCHO	IAT IMOBILIARIA	M	48	51:04:00	04:58	M45
240	393	180	JOAO		M	35	51:07:00	05:01	MSEN
256	394	181	NUNO AZEVEDO		M	38	51:08:00	05:00	MSEN
296	395	182	JOAQUIM MARTINS		M	30	51:09:00	05:00	MSEN
7	396	20	TORCATO MOREIRA		M	56	51:09:00	05:06	M55
334	397	42	JOAO BARROS		M	47	51:11:00	05:06	M45
586	398	183	PEDRO MOREIRA		M	39	51:11:00	05:06	MSEN
777	399	184	PAULO FONSECA		M	32	51:12:00	05:00	MSEN
202	400	43	PEDRO PEREIRA	GRUPO DESPORTIVO DA	M	49	51:12:00	05:03	M45
320	401	5	CARLA OLIVEIRA		F	42	51:15:00	05:01	F40
512	402	27	FILIPE SOARES		M	20	51:17:00	05:00	MSUB25
344	403	73	ALEXANDRE LEIRIA	MOVIMENTO DE JUVENTU	M	44	51:17:00	05:01	M40
494	404	74	JORGE CUNHA		M	41	51:18:00	05:05	M40
182	405	3	SARA MACHADO		F	21	51:19:00	05:08	FSUB25

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
464	406	185	HUGO	CLUBE SERPAFIT CHALL	M	28	51:22:00	04:59	MSEN
836	407	186	ANDRE TORRES	ARCA BARCELOS RUNNER	M	39	51:29:00	05:04	MSEN
104	408	187	HELDER CARDOSO		M	35	51:34:00	05:03	MSEN
558	409	3	CONCEICAO CRUZ	ARCA BARCELOS RUNNER	F	53	51:34:00	05:05	F50
695	410	6	MARIA RIBEIRO	QUEIROZ TEAM / NOKAR	F	48	51:35:00	05:08	F40
392	411	21	JOAO SALGADO		M	58	51:36:00	05:04	M55
212	412	188	LEANDRO GOMES		M	34	51:37:00	05:06	MSEN
331	413	44	LUIS DUARTE	GAIRUNNING	M	49	51:41:00	05:02	M45
556	414	22	CONSTANCA BRITO	ARCA BARCELOS RUNNER	F	27	51:42:00	05:06	FSEN
136	415	27	MANUEL CARVALHO		M	52	51:43:00	05:06	M50
817	416	23	VANIA PEIXOTO	B.T.M	F	25	51:46:00	05:09	FSEN
474	417	4	CARLA ABILHEIRA	B.T.M	F	24	51:46:00	05:09	F50
701	418	189	VALTER SANTOS		M	37	51:47:00	05:08	MSEN
285	419	190	BRUNO SILVA	VILA VERDE A CORRER	M	37	51:48:00	05:04	MSEN
80	420	191	MARCO PEREIRA		M	37	51:57:00	05:07	MSEN
700	421	192	FILIPE MACHADO		M	36	51:58:00	05:09	MSEN
364	422	193	MIGUEL ALONSO		M	33	51:59:00	05:06	MSEN
145	423	75	LUCAS VILELA		M	44	52:00:00	05:07	M40
857	424	194	NUNO GOMES	TURBO FAMILY	M	35	52:00:00	05:08	MSEN
868	425	24	MARTA MARTINS	TURBO FAMILY	F	36	52:01:00	05:08	FSEN
315	426	76	VICTOR FAJARDO		M	44	52:03:00	05:07	M40
493	427	195	SAMUEL COSTA	TUNIT	M	35	52:03:00	05:08	MSEN
533	428	7	SUSANA PINTO	AMIGOS DA PICUA	F	41	52:04:00	05:12	F40
433	429	22	ANTONIO FERREIRA		M	61	52:12:00	05:08	M55
934	430	23	JOAO FIGUEIRINOS		M	56	52:13:00	05:06	M55
616	431	196	FILIPE CRUZ		M	38	52:20:00	05:09	MSEN
928	432	77	JOSE ROCHA		M	44	52:21:00	05:09	M40
205	433	28	MANUEL JESUS		M	53	52:21:00	05:05	M50
927	434	29	CARLOS NEIVA		M	53	52:22:00	05:09	M50
807	435	30	ANTONIO ROCHA	LACOVINA	M	54	52:22:00	05:09	M50
663	436	197	JOAQUIM BOAS		M	39	52:22:00	05:05	MSEN
286	437	198	VITOR MARTINS	PORTO SENTIDO RUNNER	M	36	52:31:00	05:14	MSEN
328	438	24	JOSE FARIA	FERREIROLUX	M	59	52:34:00	05:08	M55
149	439	25	MONIA RIBEIRO	CL291	F	37	52:34:00	05:14	FSEN
278	440	78	PEDRO RIBEIRO	CL291	M	40	52:34:00	05:14	M40
175	441	79	PEDRO BRIZIDO		M	43	52:35:00	05:07	M40
801	442	80	PEDRO FERNANDES	TUNIT	M	43	52:40:00	05:12	M40
516	443	199	RICARDO PINHEIRO	R&R TEAM	M	31	52:41:00	05:11	MSEN
23	444	4	MARIA MOREIRA	TEAMUP	F	50	52:46:00	05:11	F50
854	445	81	JOSE COSTA		M	43	52:47:00	05:10	M40
708	446	26	CATARINA		F	28	52:48:00	05:08	FSEN
242	447	45	JORGE PINTO	ADE TRAIL RUNNING	M	46	52:49:00	05:11	M45
156	448	25	LENIO MARINHO	TARTARUGAS DO ASFALT	M	62	52:50:00	05:14	M55
869	449	82	RUI PEREIRA	GCDR GEMESSES	M	43	52:50:00	05:17	M40
702	450	46	JOSE RODRIGUES		M	48	52:52:00	05:16	M45

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
60	451	47	PAULO JORGE	MAIA A.C.	M	47	52:55:00	05:15	M45
930	452	83	ANTONIO FERREIRA	PARIPASSU	M	42	52:56:00	05:13	M40
456	453	31	DINIS ANDRADE		M	52	52:58:00	05:14	M50
771	454	8	HELENA FERNANDES	N14 CROSSFIT	F	40	53:07:00	05:11	F40
787	455	32	SEVERINO RIBEIRO		M	54	53:09:00	05:16	M50
567	456	9	ANA MATOS	ARCA BARCELOS RUNNER	F	47	53:10:00	05:17	F40
138	457	10	MARIA CAMPOS		F	49	53:10:00	05:14	F40
46	458	27	CLAUDIA VILELA		F	37	53:11:00	05:14	FSEN
916	459	200	MIGUEL SOUSA		M	30	53:12:00	05:19	MSEN
473	460	28	CYRILLE SANTOS		M	24	53:13:00	05:09	MSUB25
343	461	48	JOAQUIM MOREIRA	PORTO SENTIDO RUNNER	M	47	53:22:00	05:20	M45
441	462	201	MARCIO SOUSA		M	30	53:24:00	05:14	MSEN
128	463	84	ANDRE ALVES	VILA COVA	M	41	53:27:00	05:11	M40
68	464	28	NATALINA RODRIGUES		F	39	53:28:00	05:18	FSEN
452	465	202	EMANUEL COSTA	TUNIT	M	27	53:28:00	05:17	MSEN
510	466	49	SEBASTIAO PEREIRA		M	45	53:29:00	05:15	M45
52	467	33	JORGE SERRA		M	51	53:29:00	05:12	M50
345	468	11	ISABEL ALVES	MOVIMENTO DE JUVENTU	F	41	53:30:00	05:15	F40
965	469	50	JORGE DUARTE		M	46	53:33:00	05:13	M45
213	470	85	HELDER GOMES		M	42	53:33:00	05:18	M40
618	471	29	ANA VIEIRA	GOPINHOS MIMELHOS	F	27	53:34:00	05:17	FSEN
42	472	30	LUCIA DIAS		F	25	53:35:00	05:12	FSEN
115	473	203	PEDRO VALE		M	34	53:35:00	05:12	MSEN
121	474	26	DANIEL BARROS		M	70	53:37:00	05:06	M55
749	475	204	JOAO SOUSA	VILA VERDE A CORRER	M	29	53:38:00	05:14	MSEN
726	476	205	ALCINDO MIRANDA		M	37	53:41:00	05:09	MSEN
4	477	206	PEDRO ABREU		M	26	53:42:00	05:19	MSEN
733	478	31	INES SARAIVA		F	27	53:42:00	05:21	FSEN
503	479	34	PAULO MACEDO	PARIPASSU	M	50	53:42:00	05:18	M50
237	480	51	JOAO BRONZE		M	49	53:44:00	05:19	M45
63	481	86	FRANCISCO LOPO	TARTARUGAS DO CAVADO	M	42	53:45:00	05:15	M40
453	482	32	VILELA		F	37	53:46:00	05:20	FSEN
88	483	207	RUI		M	29	53:46:00	05:14	MSEN
935	484	208	MIGUEL BARROSO		M	37	53:47:00	05:18	MSEN
748	485	12	CLAUDIA ALVES	VILA VERDE A CORRER	F	44	53:51:00	05:16	F40
178	486	5	MAFALDA OLIVEIRA	ATLETICO DA MADALENA	F	24	53:53:00	05:18	F50
67	487	209	ELISEO MARTINEZ		M	39	53:54:00	05:14	MSEN
177	488	35	VITOR CARDOSO	ATLETICO DA MADALENA	M	50	53:54:00	05:18	M50
183	489	210	RUI FERREIRA		M	26	53:56:00	05:23	MSEN
324	490	27	ALBINO OLIVEIRA	GTT ARMAZEM DO CAF	M	66	53:58:00	05:15	M55
716	491	87	PEDRO ROCHA		M	41	53:59:00	05:21	M40
411	492	5	ANGELINA SILVA		F	50	54:04:00	05:18	F50
706	493	36	AUGUSTO TAVARES	ALIVE RUNNERS	M	53	54:06:00	05:16	M50
408	494	52	FERNANDO ABREU		M	45	54:09:00	05:24	M45
720	495	53	ANTONIO COSTA		M	47	54:10:00	05:22	M45

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
509	496	13	MARTA FONSECA		F	45	54:19:00	05:20	F40
611	497	211	RAMIRO BRITO		M	35	54:20:00	05:20	MSEN
79	498	14	ANA LEONOR	CLUBE ATLETISMO DA P	F	40	54:21:00	05:24	F40
595	499	28	JOSE VELOSO		M	58	54:24:00	05:26	M55
467	500	88	PAULO LOPES	ATIB FINABRAGA RUNNI	M	42	54:25:00	05:25	M40
27	501	212	JOAO FELGUEIRAS	ADE TRAIL RUNNING	M	33	54:27:00	05:27	MSEN
475	502	213	DANIEL OLIVEIRA	RUNNERS ON FIRE	M	34	54:29:00	05:24	MSEN
796	503	15	ANA GANILHO		F	42	54:35:00	05:23	F40
568	504	33	RAQUEL PEREIRA	ARCA BARCELOS RUNNER	F	32	54:36:00	05:26	FSEN
557	505	29	JOAO CRUZ	ARCA BARCELOS RUNNER	M	55	54:37:00	05:23	M55
119	506	214	PAULO CERQUEIRA		M	37	54:38:00	05:22	MSEN
206	507	34	RAQUEL PEREIRA	R&R TEAM	F	28	54:39:00	05:26	FSEN
393	508	37	JOSE MARTINS		M	51	54:39:00	05:23	M50
238	509	215	FRANCISCO LEMOS		M	37	54:40:00	05:22	MSEN
142	510	6	SANDRA QUEIROZ		F	52	54:42:00	05:23	F50
478	511	30	FERNANDO SILVA		M	57	54:46:00	05:27	M55
731	512	29	CANDIDO CUNHA	ARRASTA PES	M	16	54:50:00	05:24	MSUB25
851	513	30	RODRIGO SARAIVA		M	13	54:50:00	05:20	MSUB25
780	514	89	JOSE FELGUEIRAS		M	42	55:04:00	05:21	M40
407	515	16	GRACA MARTINS	BARCELOS RUNNERS	F	40	55:06:00	05:27	F40
625	516	35	MARLENE COSTA	BARCELOS RUNNERS	F	39	55:06:00	05:27	FSEN
455	517	36	MARISA FALCAO	BARCELOS RUNNERS	F	37	55:07:00	05:27	FSEN
71	518	38	JOAO MIRANDA		M	52	55:10:00	05:26	M50
90	519	39	PAULO DIAS		M	53	55:11:00	05:26	M50
829	520	17	ALEXANDRA COUTADA	AGUIAS DE ALVELOS	F	45	55:14:00	05:27	F40
207	521	216	RICARDO FREITAS	R&R TEAM	M	29	55:17:00	05:29	MSEN
654	522	31	RUI SOUSA	IR&VOLTAR	M	23	55:18:00	05:24	MSUB25
703	523	217	SILVERIO FERNANDES	AMIGOS DAS SAPATILHA	M	27	55:22:00	05:29	MSEN
358	524	6	LIGIA GONCALVES		F	24	55:26:00	05:32	FSUB25
465	525	37	FILIPA CRUZ	B LIFE OUTDOOR TEAM	F	28	55:29:00	05:29	FSEN
895	526	90	JOAQUIM FERNANDES		M	43	55:30:00	05:26	M40
481	527	32	CARLOS EIRAS		M	20	55:30:00	05:06	MSUB25
764	528	38	CRISTIANA VILASBOAS	B LIFE OUTDOOR TEAM	F	28	55:31:00	05:30	FSEN
436	529	54	JOSE ALVES		M	49	55:39:00	05:26	M45
471	530	39	CARINA PEREIRA	ADE TRAIL RUNNING	F	33	55:40:00	05:29	FSEN
655	531	218	LUIS GOMES	IR&VOLTAR	M	33	55:44:00	05:34	MSEN
94	532	219	HELDER NEVES	SPORTS&CYCLING	M	28	55:50:00	05:26	MSEN
469	533	40	JOANA FIGUEIREDO		F	29	55:53:00	05:32	FSEN
239	534	41	JOANA MAGALHAES		F	35	55:55:00	05:29	FSEN
781	535	18	VIRGINIA RIBEIRO		F	42	55:57:00	05:26	F40
87	536	55	BALTAZAR MATOS		M	47	55:57:00	05:31	M45
660	537	7	ADRIANA SALGADO		F	23	55:57:00	05:31	FSUB25
530	538	19	CARLA MORIM		F	42	55:58:00	05:27	F40
56	539	31	JOSE AZEVEDO		M	65	55:58:00	05:31	M55
931	540	220	NUNO MARTINS	HAPPY RUNNERS	M	36	55:58:00	05:27	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
489	541	221	PEDRO MACIEL		M	29	55:59:00	05:33	MSEN
579	542	20	MARIA SIMOED		F	48	56:00:00	05:32	F40
389	543	42	MARIA CEU	B.T.M	F	37	56:02:00	05:35	FSEN
204	544	222	FILIPE MELO		M	39	56:02:00	05:34	MSEN
203	545	223	JOSE AZEVEDO		M	29	56:06:00	05:34	MSEN
284	546	43	SUSETE REIS		F	32	56:07:00	05:34	FSEN
768	547	32	MARTINHO DIAS		M	59	56:07:00	05:35	M55
519	548	224	LINO PINTO	ARPO	M	26	56:09:00	05:37	MSEN
404	549	225	VASCO MARTA	SPIN&RUN ESPOSENDE T	M	34	56:13:00	05:35	MSEN
309	550	44	ANA SILVA	SPIN&RUN ESPOSENDE T	F	35	56:14:00	05:35	FSEN
171	551	91	MANUEL ARAUJO		M	44	56:14:00	05:29	M40
405	552	226	PEDRO ROCHA		M	38	56:17:00	05:36	MSEN
168	553	227	LUIS LEITE		M	36	56:17:00	05:36	MSEN
422	554	21	TANIA CAMPOS	BARCELOS RUNNERS	F	40	56:25:00	05:36	F40
457	555	92	ORLANDO	B LIFE OUTDOOR TEAM	M	43	56:26:00	05:26	M40
926	556	93	NUNO CAMPOS		M	43	56:27:00	05:36	M40
55	557	22	CARLA BOAS		F	41	56:27:00	05:26	F40
435	558	45	MANUELA CUNHA		F	34	56:29:00	05:37	FSEN
132	559	228	JOAO BARBOSA	SS MONTEPIO	M	39	56:29:00	05:37	MSEN
709	560	56	JOSE GONCALVES		M	46	56:29:00	05:36	M45
44	561	57	CHRISTOPHER GUIMARAENS		M	45	56:35:00	05:31	M45
301	562	23	CELIA SAMPAIO	DESNIVEL POSITIVO	F	42	56:36:00	05:35	F40
26	563	58	PEDRO BARBOSA		M	45	56:36:00	05:35	M45
401	564	229	JOAO SOARES	RUNNERS ON FIRE	M	39	56:38:00	05:36	MSEN
244	565	24	BERTA FERREIRA	PORTO SENTIDO RUNNER	F	44	56:42:00	05:40	F40
658	566	46	FABIA MARTINS		F	33	56:48:00	05:39	FSEN
416	567	47	JOANA REIS	ATHLETIC TURTLES	F	30	56:49:00	05:37	FSEN
614	568	230	DIOGO COSTA		M	28	56:50:00	05:34	MSEN
552	569	94	PAULO RIBEIRO	ALTOS E BAIXOS	M	43	56:51:00	05:37	M40
210	570	59	CARLOS CAPITAO		M	46	57:10:00	05:42	M45
722	571	8	ANDREIA AZEVEDO		F	16	57:19:00	05:43	FSUB25
843	572	9	VITORIA FERREIRA		F	13	57:19:00	05:44	FSUB25
599	573	33	MANUEL CARVALHO		M	64	57:24:00	05:37	M55
600	574	231	RUI SILVA		M	39	57:37:00	05:36	MSEN
378	575	48	LARISSA POLAK		F	28	57:39:00	05:39	FSEN
379	576	232	BRUNO LEITAO		M	31	57:40:00	05:39	MSEN
751	577	25	NATERCIA LIMA	VILA VERDE A CORRER	F	43	57:40:00	05:39	F40
753	578	49	FILIPA VILELA	VILA VERDE A CORRER	F	37	57:40:00	05:39	FSEN
811	579	95	ANTONIO BARBOSA		M	44	57:50:00	05:46	M40
597	580	33	LUIS PATRAO		M	20	57:50:00	05:42	MSUB25
810	581	50	SILVIA BARBOSA		F	38	57:51:00	05:46	FSEN
22	582	233	RICARDO NAVIO	TEAMUP	M	34	57:53:00	05:42	MSEN
737	583	60	SPEM		M	48	57:55:00	05:45	M45
828	584	26	SUSANA SIMOES	AGUIAS DE ALVELOS	F	42	57:55:00	05:43	F40
790	585	27	SILVIA BARROS	N14 CROSSFIT BRAGA	F	42	57:57:00	05:40	F40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
446	586	28	MARIA MARQUES		F	43	58:01:00	05:39	F40
445	587	61	PEDRO FERREIRA		M	46	58:02:00	05:39	M45
560	588	51	SOFIA SILVA	ARCA BARCELOS RUNNER	F	26	58:06:00	05:45	FSEN
561	589	52	FILIPA FERREIRA	ARCA BARCELOS RUNNER	F	38	58:07:00	05:45	FSEN
429	590	234	SERGIO JERONIMO		M	36	58:09:00	05:44	MSEN
396	591	53	EUNICE MOREIRA		F	32	58:21:00	05:49	FSEN
587	592	54	PAULA FERREIRA		F	39	58:21:00	05:49	FSEN
617	593	235	ANDRE GONCALVES	GOPINHOS MIMELHOS	M	25	58:25:00	05:46	MSEN
526	594	55	MANUELA MARQUES	EU VOU	F	36	58:26:00	05:47	FSEN
562	595	29	SANDRA MOURA	ARCA BARCELOS RUNNER	F	41	58:28:00	05:41	F40
604	596	56	JULIANA PINHEIRAL	OS GALGOS DE TANCOS	F	31	58:39:00	05:43	FSEN
697	597	236	JORGE PEREIRA		M	36	58:39:00	05:43	MSEN
424	598	57	MILENE GONCALVES		F	30	58:45:00	05:46	FSEN
643	599	58	ELIZABETE AMARAL	CAMINHADAS RUNNERS	F	33	58:54:00	05:47	FSEN
124	600	34	MANUEL BRITO	FERREIROLUX	M	61	58:54:00	05:49	M55
159	601	30	ANGELINA FRANQUERIRA	BARCELOS RUNNERS	F	42	59:11:00	05:48	F40
639	602	31	SANDRA COELHO	CAMINHADAS RUNNERS	F	40	59:16:00	05:50	F40
653	603	32	ELIZABETH ORTIZ		F	46	59:16:00	05:53	F40
511	604	33	ALICE PONTES	GAVIONAS	F	47	59:19:00	05:52	F40
507	605	59	SONIA FERREIRA	GAVIONAS	F	39	59:23:00	05:52	FSEN
675	606	237	FILIPE RODRIGUES		M	39	59:27:00	05:52	MSEN
118	607	60	MARISA SOUSA		F	31	59:30:00	05:50	FSEN
591	608	238	PAULO REGUENGA		M	38	59:33:00	05:54	MSEN
786	609	61	VERA PINHEIRO		F	26	59:36:00	05:50	FSEN
820	610	62	ANDREIA FONTAINHAS		F	25	59:36:00	05:50	FSEN
814	611	10	FILIPA RAMOS		F	24	59:40:00	05:50	FSUB25
403	612	35	DOMINGOS COSTA	RUNNERS ON FIRE	M	58	59:44:00	05:55	M55
638	613	96	JOSE SANTOS	CAMINHADAS RUNNERS	M	43	59:49:00	05:53	M40
243	614	63	MARTA COTO		F	32	01:00:03	05:54	FSEN
189	615	36	JOSE GRACA	INSANOS	M	64	01:00:07	05:53	M55
187	616	37	FERNANDO MARINHO	INSANOS	M	65	01:00:08	05:53	M55
357	617	239	HUGO MIGUEL		M	34	01:00:26	05:52	MSEN
356	618	64	CRISTIANA PAREDES		F	28	01:00:26	05:52	FSEN
571	619	34	SORAIA REBELO	ARCA BARCELOS RUNNER	F	41	01:00:29	05:54	F40
570	620	65	ANGELA CARVALHO	ARCA BARCELOS RUNNER	F	31	01:00:29	05:54	FSEN
105	621	7	ANA SILVA		F	51	01:00:33	05:54	F50
896	622	66	EMILIANA ARAUJO	N14 CROSSFIT	F	30	01:00:36	05:55	FSEN
521	623	67	CATARINA BARROS	N14	F	39	01:00:36	05:56	FSEN
106	624	68	ANA SILVA		F	25	01:00:37	05:55	FSEN
190	625	38	JOAO MARQUES	INSANOS	M	64	01:00:38	05:56	M55
188	626	39	JOSE CARNEIRO	INSANOS	M	65	01:00:40	05:56	M55
426	627	69	RITA RODRIGUES	TARTARUGAS DO CAVADO	F	27	01:00:42	05:57	FSEN
650	628	240	LUIS LIMA		M	25	01:00:43	06:00	MSEN
117	629	40	VITOR CARVALHO		M	52	01:00:50	05:58	M50
318	630	97	MIGUEL AZEVEDO		M	42	01:00:53	05:59	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
725	631	35	MARIA CEPA	ARRASTA PES	F	46	01:00:55	06:01	F40
723	632	70	CATARINA CEPA	ARRASTA PES	F	25	01:00:55	06:01	FSEN
846	633	34	MARCOS CRUZ	MACS	M	18	01:01:01	06:05	MSUB25
821	634	71	SUSANA TEIXEIRA		F	27	01:01:01	06:05	FSEN
813	635	241	RUI ABREU		M	39	01:01:05	06:04	MSEN
208	636	36	LILIANA MARTINS		F	40	01:01:11	06:06	F40
523	637	37	CARLA CASTRO		F	43	01:01:15	06:00	F40
107	638	72	SARA QUINTAS		F	30	01:01:21	06:02	FSEN
758	639	11	SANDRA PEREIRA		F	23	01:01:22	06:02	FSUB25
929	640	38	ANA QUEIROZ		F	42	01:01:29	06:06	F40
594	641	8	ISABEL VELOSO		F	50	01:01:29	06:06	F50
102	642	73	MARINA MARQUES		F	27	01:01:38	06:06	FSEN
101	643	242	MIGUEL LOUREIRO		M	30	01:01:38	06:06	MSEN
458	644	74	JOANA VITAL		F	27	01:01:39	06:02	FSEN
162	645	41	JOAO REMEDIOS	ALLENS	M	51	01:01:42	06:02	M50
577	646	75	CELINA BARROS	N14	F	37	01:01:44	06:03	FSEN
215	647	39	SANDRA MARTINS		F	40	01:01:46	06:07	F40
537	648	40	MANUEL SILVA	AMIGOS DA PICUA	M	60	01:01:49	06:09	M55
774	649	76	ANA OLIVEIRA	PERALTAFIL RUNNING	F	36	01:01:54	06:04	FSEN
70	650	35	OSCAR GONCALVES		M	24	01:01:57	06:08	MSUB25
825	651	243	RUBEN BRANCO		M	39	01:01:57	06:08	MSEN
246	652	77	ANA CAPELAS		F	31	01:01:59	06:08	FSEN
130	653	40	CARLA NOGUEIRA	VILA COVA	F	41	01:01:59	06:02	F40
502	654	78	ROSA CARMO	NASCIDOS PARA CORRER	F	27	01:02:17	06:05	FSEN
735	655	41	MANUELA MATIAS	BRAGA A CORRER	F	43	01:02:27	06:12	F40
734	656	62	JORGE ANTUNES	BRAGA A CORRER	M	45	01:02:28	06:12	M45
496	657	12	ANA FONSECA	BRAGUINHAS RUNERES	F	21	01:02:29	06:12	FSUB25
427	658	244	JOSE CRUZ		M	27	01:02:29	06:10	MSEN
53	659	245	LUIS CARVALHO		M	36	01:02:30	05:59	MSEN
495	660	246	TIAGO RODRIGUES	GVC	M	33	01:02:31	06:09	MSEN
62	661	42	RITA SANTOS	TARTARUGAS DO CAVADO	F	40	01:02:34	06:08	F40
31	662	13	MARIANA PATRAO		F	24	01:02:38	06:15	FSUB25
50	663	98	MANUEL RIBEIRO		M	42	01:02:38	06:12	M40
92	664	79	CRISTINA TORRES		F	34	01:02:39	06:12	FSEN
752	665	80	ANDREIA FERNANDES	N14 CROSSFIT BRAGA	F	31	01:02:43	06:08	FSEN
588	666	247	PAULO CASTRO		M	38	01:02:48	05:50	MSEN
678	667	248	TONY SILVA		M	31	01:02:49	06:15	MSEN
410	668	63	JOSE SECA		M	45	01:02:50	06:08	M45
608	669	14	ANA FERREIRA		F	19	01:03:17	06:07	FSUB25
25	670	249	FRANCISCO MELO	ASSOCIACAO DESPORTIV	M	33	01:03:23	06:17	MSEN
236	671	81	MARIA NOVAIS		F	28	01:03:26	06:17	FSEN
176	672	64	ISIDRO SILVA		M	49	01:03:31	06:14	M45
514	673	82	SARA LIMA	GAVIONAS	F	39	01:03:31	06:17	FSEN
673	674	250	MARIO FERNANDES	ESPOSENDE BIKE TEAM	M	30	01:03:33	06:11	MSEN
402	675	15	RAQUEL VILELA	RUNNERS ON FIRE	F	21	01:03:37	06:18	FSUB25

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
647	676	43	ONDINA PEREIRA		F	41	01:03:41	06:13	F40
899	677	44	ELISABETE RIBEIRO		F	41	01:03:41	06:13	F40
590	678	83	LILIANA ALVES		F	36	01:03:44	06:20	FSEN
739	679	84	PATRICIA MIRANDA	RUMO AVENTURA	F	31	01:03:49	06:14	FSEN
736	680	45	MARGARIDA MIRANDA	RUMO AVENTURA	F	43	01:03:49	06:14	F40
269	681	251	GUILHERME VIEIRA	VARZIM SPORT CLUB	M	33	01:03:58	06:13	MSEN
460	682	85	PAULA XAVIER		F	32	01:03:59	06:13	FSEN
687	683	41	EDUARDO GONCALVES	BICADEMIA GINASIO/US	M	57	01:04:08	06:22	M55
823	684	86	RITA RODRIGUES		F	28	01:04:16	06:02	FSEN
86	685	87	ANA OLIVEIRA		F	28	01:04:18	06:23	FSEN
305	686	88	LARA LIMA		F	30	01:04:24	06:20	FSEN
631	687	99	BRUNO TAVARES		M	44	01:04:27	06:18	M40
711	688	252	HONORATO TAVARES	KARATE SHOTOKAN	M	36	01:04:27	06:18	MSEN
65	689	89	RITA MARQUES		F	31	01:04:27	06:18	FSEN
635	690	46	ISABEL MIRANTE		F	40	01:04:29	06:18	F40
754	691	47	AURORA REIS	VILA VERDE A CORRER	F	46	01:04:29	06:20	F40
76	692	48	RITA SAPAGE	GAJARUNNING	F	40	01:04:29	06:18	F40
135	693	90	MARIA SILVA		F	37	01:04:30	06:14	FSEN
765	694	91	ANA SILVA		F	26	01:04:31	06:23	FSEN
61	695	49	DINA LEAL		F	41	01:04:31	06:18	F40
66	696	92	DOLORES VAZQUEZ		F	39	01:04:32	06:18	FSEN
271	697	93	NASTASIA		F	27	01:04:32	06:19	FSEN
461	698	94	ISABEL BATISTA		F	26	01:04:33	06:20	FSEN
74	699	100	RUI RODRIGUES	GAJARUNNING	M	41	01:04:36	06:19	M40
506	700	253	PAULO ROCHA		M	26	01:04:36	06:20	MSEN
504	701	95	RITA MARTINS		F	25	01:04:37	06:21	FSEN
75	702	254	PAULO VILARINHO	GAJARUNNING	M	35	01:04:37	06:20	MSEN
129	703	42	JOAO NOGUEIRA	VILA COVA	M	69	01:04:51	06:20	M55
229	704	96	MARIA ROSA	TXURRINOS	F	32	01:04:55	06:22	FSEN
304	705	50	DIANA CEPA		F	40	01:05:07	06:30	F40
721	706	97	SILVIA RODRIGUES		F	35	01:05:07	06:25	FSEN
730	707	98	ELISABETE PINTO		F	35	01:05:08	06:25	FSEN
756	708	51	ALZIRA LAGO	VILA VERDE A CORRER	F	45	01:05:09	06:23	F40
798	709	42	ALBERTO CUNHA		M	54	01:05:19	06:22	M50
903	710	9	MARIA MOREIRA	GRUPO DESPORTIVO CUL	F	50	01:05:20	06:24	F50
418	711	99	MARINHA ABREU		F	27	01:05:24	06:27	FSEN
291	712	100	DIANA LIMA		F	27	01:05:25	06:27	FSEN
923	713	101	ANGELA JESUS	N14 CROSSFIT BRAGA	F	29	01:05:26	06:25	FSEN
674	714	52	ISABEL GONCALVES	OLIMPICO VIANENSE TR	F	46	01:05:27	06:23	F40
241	715	101	RUI OLIVEIRA	ADE TRAIL RUNNING	M	41	01:05:32	06:31	M40
1	716	255	BRUNO FONSECA		M	26	01:05:44	06:31	MSEN
434	717	102	ANA FERREIRA		F	29	01:05:50	06:30	FSEN
47	718	103	SILVIA OLIVEIRA		F	35	01:05:58	06:31	FSEN
48	719	256	EDUARDO LOUREIRO		M	36	01:06:00	06:31	MSEN
35	720	104	ISABEL MARINHA		F	30	01:06:01	06:31	FSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
532	721	105	SANDRA FIGUEIREDO	EU VOU	F	37	01:06:07	06:33	FSEN
85	722	257	TIAGO SIMAO		M	28	01:06:09	06:35	MSEN
361	723	102	PAULO FONSECA	TARTARUGAS DO CAVADO	M	40	01:06:15	06:30	M40
659	724	65	PAULO LIMA		M	47	01:06:23	06:36	M45
707	725	106	SANDRA ZEFERINO		F	28	01:06:54	06:38	FSEN
312	726	107	ANA MARTINS	EM`FORCA	F	38	01:06:55	06:38	FSEN
97	727	53	ISABEL FERREIRA		F	47	01:07:00	06:31	F40
258	728	258	JOAO FERRRIRA	BICLAS08	M	25	01:07:01	06:39	MSEN
34	729	43	LUIS RAMOS		M	57	01:07:01	06:35	M55
864	730	108	DIANA SILVA		F	39	01:07:28	06:37	FSEN
922	731	36	RODRIGO FERNANDES		M	24	01:07:28	06:40	MSUB25
921	732	103	ANTONIO COSTA		M	41	01:07:29	06:45	M40
609	733	16	ROSALIA MENDANHA		F	21	01:07:32	06:33	FSUB25
607	734	37	RICARDO MENDANHA		M	18	01:07:32	06:33	MSUB25
549	735	109	VERA LOUREIRO	TXURRINOS	F	32	01:07:33	06:38	FSEN
908	736	38	RUI SILVA	GRUPO DESPORTIVO CUL	M	24	01:07:37	06:37	MSUB25
517	737	110	RUTE SANTOS	R&R TEAM	F	34	01:07:57	06:42	FSEN
248	738	111	RAQUEL VILACHA	CARPAV	F	36	01:08:21	06:50	FSEN
247	739	259	PIMENTA	GRUZENDE	M	39	01:08:23	06:50	MSEN
228	740	260	VASCO FREITAS		M	31	01:08:34	06:25	MSEN
227	741	112	MARISA ENES		F	28	01:08:35	06:25	FSEN
423	742	39	DANIEL COSTA		M	23	01:08:36	06:51	MSUB25
406	743	40	TIAGO CARVALHO	RUNNERS ON FIRE	M	21	01:08:49	06:50	MSUB25
887	744	113	ANABELA SILVA		F	39	01:08:51	06:46	FSEN
878	745	114	CARLA GONCALVES		F	29	01:08:51	06:46	FSEN
904	746	43	JOAO MOREIRA	GRUPO DESPORTIVO CUL	M	51	01:09:03	06:46	M50
263	747	115	CLAUDIA CAMPOS	TXURRINOS	F	30	01:09:09	06:48	FSEN
264	748	261	HELDER MACHADO	TXURRINOS	M	30	01:09:09	06:48	MSEN
842	749	54	TELMA SANTOS		F	40	01:09:11	06:50	F40
642	750	10	MARIA VELOSO	CAMINHADAS RUNNERS	F	58	01:09:15	06:49	F50
384	751	116	LILIANA PEREIRA		F	35	01:09:23	06:54	FSEN
550	752	262	RENATO MOREIRA	TXURRINOS	M	35	01:09:33	06:50	MSEN
58	753	263	JOAO LOPES		M	38	01:09:41	06:55	MSEN
64	754	11	MARIA PORTELA		F	50	01:10:03	06:51	F50
694	755	104	MIGUEL FONSECA		M	43	01:10:12	06:53	M40
580	756	117	ANA ROCHA		F	36	01:10:12	06:55	FSEN
377	757	118	DEJANIRA CARMO	TARTARUGAS DO CAVADO	F	36	01:10:13	06:54	FSEN
769	758	264	JORGE CARVALHO		M	26	01:10:20	07:02	MSEN
905	759	44	LICINIO MALAFAIA	GRUPO DESPORTIVO CUL	M	59	01:10:42	06:56	M55
902	760	55	SANDRA CEPEDA	GRUPO DESPORTIVO CUL	F	45	01:10:42	06:56	F40
181	761	56	SUSANA MARTINS		F	42	01:10:43	06:48	F40
797	762	265	DIOGO PEREIRA		M	32	01:11:08	07:03	MSEN
235	763	12	ANA ROSMANINHO	TXURRINOS	F	54	01:11:11	07:07	F50
265	764	119	MADALENA FONTES		F	28	01:11:15	07:06	FSEN
671	765	120	CLARA DIAS	BARCELOS RUNNERS	F	33	01:11:30	07:06	FSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
397	766	17	INES MOREIRA		F	21	01:11:48	07:09	FSUB25
488	767	121	VANIA CARNEIRO	ATHLETIC TURTLES	F	31	01:11:59	07:08	FSEN
354	768	122	MARTA FERNANDES	B.T.M	F	37	01:12:24	07:13	FSEN
103	769	123	SOPHIA SANTOS		F	33	01:12:41	07:09	FSEN
645	770	124	SANDRA SILVA	CAMINHADAS RUNNERS	F	39	01:12:42	07:10	FSEN
513	771	57	LINA PEREIRA	GAVIONAS	F	48	01:12:46	07:12	F40
508	772	58	MARIANA PAIVA	GAVIONAS	F	43	01:12:47	07:12	F40
432	773	18	MARIANA CRUZ		F	17	01:12:47	07:11	FSUB25
632	774	66	TONI PAIVA	AMIGO DOS GAVIOES	M	45	01:12:47	07:12	M45
98	775	125	CARLA COSTA		F	37	01:12:52	07:07	FSEN
99	776	266	JOSE OLIVEIRA		M	36	01:12:52	07:07	MSEN
252	777	267	BRUNO BARREIRA		M	34	01:13:20	07:17	MSEN
251	778	126	HELENA ROXO		F	34	01:13:20	07:17	FSEN
366	779	44	FREDERICO ESTEVES	DESNIVEL POSITIVO	M	52	01:13:56	07:14	M50
114	780	59	SOFIA PINHO	RUN TO BE ALIVE	F	41	01:13:56	07:14	F40
782	781	127	ANA FERREIRA		F	36	01:14:07	07:21	FSEN
281	782	268	JOAO COELHO		M	37	01:15:02	07:29	MSEN
672	783	19	TANIA SANTOS	BARCELOS RUNNERS	F	23	01:15:34	07:30	FSUB25
199	784	269	ANTONIO CARIDADE		M	34	01:15:55	07:20	MSEN
198	785	45	DAVID FERNANDES		M	52	01:15:56	07:20	M50
394	786	60	CELESTE MAGALHAES		F	41	01:15:57	07:20	F40
232	787	128	MARIA BARROSO		F	27	01:16:42	07:33	FSEN
302	788	105	PAULO SANTOS		M	43	01:18:46	07:52	M40
342	789	129	IVONE CERQUEIRA		F	34	01:20:04	07:55	FSEN
69	790	130	SONIA BARBOSA		F	25	01:22:21	08:10	FSEN
10	791	61	ALEXANDRA MARTINS		F	41	01:24:00	08:14	F40
911	792	270	JOSE CAPITAO		M	30	01:24:01	08:14	MSEN
912	793	131	SILVIA GONCALVES		F	36	01:24:01	08:14	FSEN
640	794	13	ALICE MARQUES	CAMINHADAS RUNNERS	F	51	01:26:15	08:31	F50
268	795	132	CARLA MIQUELINO		F	39	01:27:26	08:40	FSEN
140	796	271	ARTUR MIQUELINO	ADE TRAIL RUNNING	M	38	01:27:27	08:40	MSEN
907	797	20	MAFALDA MOREIRA	GRUPO DESPORTIVO CUL	F	18	01:28:08	08:41	FSUB25
715	798	133	ANA CARVOEIRO		F	29	01:28:49	08:43	FSEN
909	799	21	JOANA MOREIRA	GRUPO DESPORTIVO CUL	F	24	01:28:50	08:44	FSUB25
906	800	14	FERNANDA MALAFAIA	GRUPO DESPORTIVO CUL	F	52	01:28:50	08:44	F50
803	801	45	JOSE FERNANDES	GRUPO DESPORTIVO CUL	M	63	01:30:04	08:51	M55
901	802	15	MARIA FERNANDES	GRUPO DESPORTIVO CUL	F	60	01:30:04	08:51	F50