



CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1	276	Samuel Freire	00:15:26	00:31:26	00:31:25	1	Sporting Clube de Portugal	Senior	1
2	800	Helio Fumo	00:15:25	00:31:42	00:31:42	2	Clube de Atletismo Odimarq	Senior	2
3	734	Helder Grosso	00:15:52	00:33:06	00:33:05	3	GDR REBOLEIRA	Senior	3
4	897	Hugo Pereira	00:16:41	00:34:46	00:34:45	4		Junior	1
5	801	Pedro Gomes	00:16:56	00:35:00	00:35:00	5	Clube de Atletismo Odimarq	V35	1
6	675	Carlos Freitas	00:17:26	00:35:43	00:35:43	6	CF OS BELENENSES	V45	1
7	893	Metzner Wieland	00:17:20	00:36:06	00:36:05	7		Senior	4
8	470	Marcos Estrela	00:17:21	00:36:17	00:36:17	8	GD Estoril Praia	Senior	5
9	182	Jorge Sousa	00:17:29	00:36:26	00:36:26	9		V35	2
10	677	Carlos Tiago	00:17:51	00:36:28	00:36:28	10	CF OS BELENENSES	V35	3
11	807	Bruno Silva	00:17:42	00:36:30	00:36:30	11	Amigos Vale Silêncio	Senior	6
12	360	Ricardo Casanova	00:17:58	00:37:07	00:37:07	12		V35	4
13	156	Ricardo Jordão	00:17:53	00:37:11	00:37:11	13		Senior	7
14	714	Pedro Cavilhas	00:17:52	00:37:25	00:37:24	14	CF OS BELENENSES	V40	1
15	891	Luis Bessa	00:18:09	00:37:40	00:37:40	15	Dragões do Vale de Vizela	Senior	8
16	27	Tiago Trindade	00:18:54	00:37:50	00:37:49	16		Senior	9
17	884	Sara Carvalho	00:18:25	00:38:05	00:38:04	17		Senior	1
18	539	Ricardo Parada	00:18:00	00:38:07	00:38:07	18		V35	5
19	785	Ana Santos	00:18:36	00:38:22	00:38:21	19		V35	1
20	751	Vitor Parada	00:18:29	00:38:57	00:38:56	20		Senior	10



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21	649	Miguel Cunha	00:18:31	00:39:09	00:39:08	21		Senior	11
22	637	Inocência Amorim	00:19:25	00:39:34	00:39:34	22	CF OS BELENENSES	V35	6
23	716	Egil D'almeida	00:18:48	00:39:36	00:39:35	23	CF OS BELENENSES	Senior	12
24	719	Eduardo Pena	00:19:48	00:39:39	00:39:35	24		V50	1
25	272	António Santos	00:19:14	00:39:44	00:39:44	26		V50	2
26	93	António Pereira	00:19:36	00:39:46	00:39:38	25	CCDTMETROLX	V50	3
27	100	João Pastor	00:19:26	00:39:49	00:39:47	27	CCDTMETROLX	V40	2
28	859	Maria Nunes	00:19:19	00:39:50	00:39:49	28		V35	2
29	515	João Pereira	00:19:14	00:39:55	00:39:54	30		Senior	13
30	91	Ângelo Silva	00:19:36	00:39:59	00:39:53	29	CCDTMETROLX	Senior	14
31	102	Orlando Sousa	00:19:36	00:40:09	00:40:03	31	CCDTMETROLX	V50	4
32	611	Tiago Castela	00:19:18	00:40:15	00:40:14	32		Senior	15
33	875	Filipe Martins	00:19:06	00:40:26	00:40:26	33		Senior	16
34	845	Paulo Palma	00:19:36	00:40:43	00:40:42	34	CF OS BELENENSES	V35	7
35	715	Pedro Mota	00:19:32	00:40:51	00:40:50	35	CF OS BELENENSES	V45	2
36	55	Jose Esteves	00:19:49	00:40:52	00:40:50	36	Tartarugas Solidarias	V50	5
37	827	Fernando Tavares	00:19:49	00:40:53	00:40:50	37	MARRIOTT LISBOA	V45	3
38	96	Eduardo Lagoa	00:19:57	00:41:27	00:41:26	38	CCDTMETROLX	V45	4
39	136	David Azenha	00:20:16	00:41:33	00:41:29	39		Senior	17
40	430	David Antunes	00:20:19	00:41:40	00:41:29	40	Oxy Capital	Senior	18



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
41	642	Paulo Garcia	00:20:18	00:41:45	00:41:44	42		V35	8
42	581	Rui Oliveira	00:20:00	00:41:48	00:41:47	43	AÇOREANA	V45	5
43	18	Bruno Carvalho	00:20:02	00:41:50	00:41:50	44		V35	9
44	678	Pedro Pereira	00:20:08	00:41:57	00:41:57	45	CF OS BELENENSES	V40	3
45	867	Raquel Trabuco	00:19:54	00:41:58	00:41:58	46		Senior	2
46	399	David Silva	00:20:56	00:42:04	00:41:37	41		Junior	2
47	532	Jose Gomes	00:20:23	00:42:04	00:42:02	47		V55	1
48	531	To Dolores	00:19:54	00:42:10	00:42:07	48		V40	4
49	618	Filipe Pereira	00:20:29	00:42:14	00:42:12	49		Senior	19
50	301	Nuno Carvalho	00:20:21	00:42:18	00:42:14	51		V35	10
51	174	Andre Martins	00:20:09	00:42:20	00:42:16	53		Senior	20
52	273	José Gordilho	00:20:35	00:42:21	00:42:18	55		V50	6
53	412	João Afonso	00:20:43	00:42:21	00:42:13	50	MLGTSPORTS	V40	5
54	281	Vítor Jorge	00:20:48	00:42:26	00:42:15	52		V50	7
55	566	André Quarenta	00:20:55	00:42:27	00:42:27	56	AÇOREANA	V45	6
56	578	Paulo Ventura	00:21:09	00:42:28	00:42:17	54	AÇOREANA	V45	7
57	543	Ricardo Pires	00:20:38	00:42:36	00:42:31	57		Senior	21
58	65	Carlos Viseu	00:20:32	00:42:36	00:42:31	58		V45	8
59	878	Mauro Pimenta	00:21:10	00:42:38	00:42:33	59		V35	11
60	279	Pedro Filipe	00:20:22	00:42:48	00:42:46	60		V35	12



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
61	797	Pedro Lima	00:20:40	00:42:57	00:42:56	61		V50	8
62	25	Ricardo Correia	00:20:40	00:43:02	00:42:59	62		V35	13
63	538	Ricardo Marta	00:20:59	00:43:11	00:43:08	64		V35	14
64	456	António Ferreira	00:21:09	00:43:16	00:43:00	63		V40	6
65	130	Paulo Ribeiro	00:21:11	00:43:27	00:43:25	66		V50	9
66	201	Fernando Farinha	00:21:25	00:43:29	00:43:24	65		V45	9
67	811	Apolo Pereira	00:21:18	00:43:31	00:43:29	68		V45	10
68	147	Jose Miranda	00:20:51	00:43:33	00:43:25	67		V55	2
69	355	Pedro Chão	00:20:21	00:43:34	00:43:29	69		V40	7
70	710	Roberto Rolandone	00:22:18	00:43:43	00:43:40	71		Senior	22
71	268	Rui Antunes	00:21:15	00:43:45	00:43:44	73		V45	11
72	638	Abel Gonçalves	00:20:58	00:43:46	00:43:42	72	CF OS BELENENSES	V35	15
73	749	Nuno Bela	00:22:17	00:43:50	00:43:36	70		V35	16
74	832	Manuel Vaz	00:21:46	00:44:03	00:43:56	75		V55	3
75	313	Gil Sousa	00:20:34	00:44:05	00:44:02	76		V40	8
76	699	Antonio Painha	00:21:22	00:44:07	00:44:06	77		V45	12
77	92	António Gonçalves	00:22:14	00:44:10	00:43:55	74	CCDTMETROLX	V50	10
78	61	David Goncalves	00:21:34	00:44:14	00:44:11	80		Senior	23
79	847	Leonel Seleiro	00:22:03	00:44:19	00:44:09	78		V55	4
80	863	José Peixoto	00:22:03	00:44:19	00:44:10	79		V60	1



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
81	166	Nuno Cruz	00:21:08	00:44:20	00:44:16	81		V35	17
82	377	Rui Luis	00:21:00	00:44:34	00:44:28	83	Os Tarabats	V35	18
83	829	Fernando Nogueira	00:22:02	00:44:40	00:44:17	82	MARRIOTT LISBOA	Senior	24
84	317	Ricardo Simoes	00:22:00	00:44:48	00:44:48	85	FiveTeam	V35	19
85	651	João Navarro	00:21:43	00:44:54	00:44:50	86	Perene	V40	9
86	424	Pedro Nunes	00:21:40	00:44:56	00:44:54	88		V40	10
87	680	Pedro Afonso	00:21:21	00:44:57	00:44:56	89	CF OS BELENENSES	V45	13
88	569	Arlindo Duarte	00:21:53	00:45:09	00:45:06	90	AÇOREANA	V50	11
89	696	João Silva	00:22:08	00:45:14	00:45:12	93	Casa da Dizima	V35	20
90	494	Antonio Mendes	00:22:36	00:45:21	00:44:45	84	CLUBE MILLENNIUM BCP	V50	12
91	495	Afonso Mendes	00:22:48	00:45:21	00:44:50	87	CLUBE MILLENNIUM BCP	Junior	3
92	533	Ruben Rechená	00:22:08	00:45:30	00:45:09	91		Senior	25
93	26	Nelson Januário	00:22:36	00:45:32	00:45:19	95		Senior	26
94	324	Ricardo Silva	00:22:45	00:45:34	00:45:17	94		Senior	27
95	778	Steven Santos	00:22:38	00:45:35	00:45:10	92		Senior	28
96	679	Rui Afonso	00:22:19	00:45:36	00:45:28	98	CF OS BELENENSES	V45	14
97	584	Virgílio Madeira	00:21:47	00:45:37	00:45:34	100	AÇOREANA	V55	5
98	67	Sérgio Pires	00:22:17	00:45:39	00:45:25	96		V40	11
99	116	Pedro Costa	00:21:26	00:45:41	00:45:35	102		Senior	29
100	597	Leonel Neves	00:22:00	00:45:42	00:45:41	105		V60	2



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101	853	Paulo Campos	00:21:53	00:45:43	00:45:34	101	Clube Accenture	V45	15
102	862	Agostinho Torres	00:22:04	00:45:44	00:45:34	99		V60	3
103	855	Ricardo Firmino	00:22:35	00:45:45	00:45:37	104	Clube Accenture	V35	21
104	720	Hugo Costa	00:23:06	00:45:47	00:45:41	106		V35	22
105	687	Joaquim Frade	00:22:12	00:45:50	00:45:47	109	SS CGD	V60	4
106	508	Pedro Sa	00:23:01	00:45:55	00:45:27	97	CLUBE MILLENNIUM BCP	V40	12
107	219	Tiago Marques	00:22:03	00:45:59	00:45:49	110		Senior	30
108	617	Declan Dunne	00:22:31	00:46:04	00:45:52	112		V35	23
109	888	Manuel Valença	00:22:18	00:46:06	00:45:51	111		V35	24
110	510	Crescencio Ferreira	00:22:08	00:46:08	00:46:05	114	CLUBE MILLENNIUM BCP	V55	6
111	576	Nuno Forte	00:23:02	00:46:08	00:45:57	113	AÇOREANA	V40	13
112	670	Ricardo Santos	00:23:19	00:46:11	00:45:45	108	Clube Olimpico de Oeiras	V35	25
113	426	Pedro Farinha	00:23:19	00:46:11	00:45:45	107		Senior	31
114	606	Nuno Antunes	00:22:12	00:46:15	00:46:08	115		V45	16
115	885	João Marto	00:22:11	00:46:19	00:46:15	118		Senior	32
116	544	José Pinto	00:22:07	00:46:24	00:46:10	116		V50	13
117	541	Rui Paróla	00:21:53	00:46:27	00:46:23	120		V40	14
118	419	Pedro Cordeiro	00:22:22	00:46:27	00:46:23	121	Clube Vodafone	V40	15
119	698	Nuno Pereira	00:23:08	00:46:28	00:46:13	117		V50	14
120	860	Francisco Pessoa	00:22:23	00:46:30	00:46:20	119		V40	16



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121	95	Carlos Dias	00:22:56	00:46:43	00:46:42	124	CCDTMETROLX	V55	7
122	151	Paulo Caldeira	00:22:51	00:46:45	00:46:42	125		V35	26
123	89	Rui Rijo	00:22:29	00:46:46	00:46:41	123		V45	17
124	750	Bruno Piçarra	00:22:40	00:46:50	00:46:39	122		Senior	33
125	235	Pedro Campos	00:22:47	00:46:55	00:46:44	126	Já t apanho	V35	27
126	575	Nelson Mota	00:23:04	00:47:03	00:46:54	130	AÇOREANA	V45	18
127	708	Jose Ferreira	00:22:35	00:47:09	00:46:50	129	amigosdacorrida.com	V35	28
128	76	Sandra Vicente	00:22:38	00:47:09	00:46:48	127	Clube Atletismo Amigos de Belém	Senior	3
129	826	Elmar Derkitsch	00:22:59	00:47:11	00:46:48	128	MARRIOTT LISBOA	V55	8
130	630	Rui Gonçalves	00:22:52	00:47:14	00:47:05	131	R&R	V35	29
131	389	Paulo Farinha	00:21:35	00:47:20	00:47:18	136		V40	17
132	802	Tomás Nogueira	00:23:22	00:47:24	00:47:11	132	Oxy Capital	Senior	34
133	444	Delfim Machado	00:22:42	00:47:27	00:47:15	134		V50	15
134	475	Pedro Correia	00:22:48	00:47:28	00:47:18	135	CLUBE MILLENNIUM BCP	V35	30
135	588	António Fernandes	00:23:09	00:47:31	00:47:28	138		V55	9
136	60	Ana Mendes	00:23:04	00:47:32	00:47:29	139		V35	3
137	318	Jose Figueiredo	00:23:02	00:47:37	00:47:37	145	FiveTeam	V40	18
138	835	Rui Almeida	00:23:37	00:47:39	00:47:14	133		V40	19
139	40	Rui Sebastião	00:22:36	00:47:40	00:47:21	137	TOA	Senior	35
140	665	João Pereira	00:22:39	00:47:43	00:47:41	148		V50	16



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141	648	Pedro Pinto	00:23:04	00:47:43	00:47:35	144		Senior	36
142	799	Mário Mota	00:23:32	00:47:44	00:47:33	141		V35	31
143	457	João Estevão	00:23:02	00:47:47	00:47:37	146		V35	32
144	223	Vasco Leal	00:23:21	00:47:50	00:47:29	140		V55	10
145	537	Luís Moiteiro	00:22:50	00:47:53	00:47:50	151		Senior	37
146	577	Paulo Fernandes	00:23:10	00:47:54	00:47:40	147	AÇOREANA	V45	19
147	449	Aires Afonseca	00:22:53	00:47:55	00:47:46	149	GDRCSSE Carapaus de Corrida	V35	33
148	540	Ruben Dias	00:23:46	00:47:55	00:47:35	143		V40	20
149	761	Pedro Reis	00:22:49	00:47:57	00:47:56	154		V40	21
150	186	Rita Ribeiro	00:23:09	00:47:57	00:47:56	153		Senior	4
151	200	Pedro Costa	00:24:07	00:48:07	00:47:34	142		V35	34
152	848	Bernardo Gradissimo	00:23:02	00:48:10	00:47:57	156		V55	11
153	851	Manuel Rodrigues	00:23:21	00:48:11	00:48:01	159		V55	12
154	442	Marta Nunes	00:23:20	00:48:14	00:47:48	150		Senior	5
155	739	Antonio Santos	00:23:33	00:48:16	00:48:03	160		V50	17
156	493	Nuno Santos	00:24:44	00:48:18	00:47:51	152	CLUBE MILLENNIUM BCP	Senior	38
157	658	Andre Cid	00:21:06	00:48:18	00:48:16	161	Twins	V40	22
158	580	Pedro Burquette	00:24:18	00:48:26	00:47:57	157	AÇOREANA	V40	23
159	865	James Binning	00:24:22	00:48:31	00:48:00	158		V40	24
160	542	Carlos Goncalves	00:24:53	00:48:33	00:48:16	162		V65	1



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
161	816	Tim Surmont	00:23:31	00:48:35	00:48:33	170		V35	35
162	477	Luis Goncalves	00:22:03	00:48:38	00:48:36	171	CLUBE MILLENNIUM BCP	V40	25
163	776	Antonio Cid	00:23:55	00:48:38	00:48:32	169		V50	18
164	659	Rui Pavia	00:23:08	00:48:40	00:48:23	164	Rushteam	Senior	39
165	873	Higino Silva	00:22:46	00:48:41	00:48:24	165		V45	20
166	43	João Amorim	00:23:59	00:48:41	00:48:22	163	TOA	Senior	40
167	700	Francisco Martinho	00:24:17	00:48:43	00:48:26	167		Senior	41
168	339	João Pires	00:23:18	00:48:44	00:48:25	166		V45	21
169	746	José Barradas	00:23:55	00:48:49	00:48:43	172		V35	36
170	587	Hernâni Gaspar	00:23:50	00:48:51	00:48:44	173	Amigos Vale Silêncio	V50	19
171	21	Luis Isidoro	00:24:00	00:48:52	00:48:28	168		Senior	42
172	462	Pedro Ruas	00:23:27	00:48:53	00:48:45	174		V35	37
173	895	Paula Cardoso	00:23:26	00:48:54	00:48:46	176		V35	4
174	506	Luis Goncalves	00:23:51	00:48:57	00:48:45	175	CLUBE MILLENNIUM BCP	V35	38
175	765	Jose Pereira	00:22:39	00:49:06	00:48:53	178		V40	26
176	269	Rui Mestre	00:23:00	00:49:10	00:49:07	181		V45	22
177	105	Tiago Santos	00:25:07	00:49:12	00:48:46	177	os penultimos	Junior	4
178	443	Tiago Pito	00:31:06	00:49:14	00:48:56	179		V35	39
179	391	Cédric Monteiro	00:24:08	00:49:15	00:49:00	180	1ºDireito	Senior	43
180	241	Paulo Lopes	00:22:32	00:49:20	00:49:13	185		V35	40



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
181	815	Pedro Sousa	00:23:54	00:49:21	00:49:11	182		V35	41
182	622	Guilherme Gonçalves	00:24:21	00:49:24	00:49:19	189	Clube Ferroviário de Portugal	V55	13
183	623	Nuno Lopes	00:24:21	00:49:24	00:49:19	190	Clube Ferroviário de Portugal	V35	42
184	467	Ana Vieira	00:24:26	00:49:27	00:49:12	183	Capuchos	V40	1
185	671	Sandra Romano	00:25:08	00:49:28	00:49:15	186	Clube Olimpico de Oeiras	V35	5
186	748	Antonio Vieira	00:23:34	00:49:33	00:49:31	198		V65	2
187	713	João Saldanha	00:24:14	00:49:34	00:49:25	193		V40	27
188	231	Carlos França	00:22:58	00:49:34	00:49:32	199		V35	43
189	517	Alexandre Pedrosa	00:24:51	00:49:41	00:49:19	191		V40	28
190	536	Armando Almeida	00:24:40	00:49:41	00:49:28	194		V55	14
191	834	Sérgio Figueiredo	00:24:19	00:49:44	00:49:12	184		Senior	44
192	887	Pedro Teixeira	00:24:28	00:49:45	00:49:30	196		V40	29
193	278	Paulo Lourinho	00:25:30	00:49:48	00:49:18	187		V45	23
194	274	José Castro	00:25:32	00:49:48	00:49:18	188		V55	15
195	857	Leonel Mendes	00:23:36	00:49:49	00:49:23	192	Clube Accenture	Senior	45
196	164	Vitor Morais	00:24:04	00:49:51	00:49:50	202		V55	16
197	828	Fernando Lemos	00:24:45	00:49:52	00:49:28	195	MARRIOTT LISBOA	Senior	46
198	727	Luís Fazenda	00:24:25	00:49:55	00:49:31	197		V35	44
199	230	Luis Santos	00:24:09	00:49:57	00:49:54	203		V35	45
200	798	João Pereira	00:25:27	00:50:01	00:49:32	200		V35	46



CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
201	284	Peter Cooper	00:23:54	00:50:01	00:49:43	201		V50	20
202	868	Pedro Rebelo	00:25:05	00:50:08	00:49:54	204		V40	30
203	647	Ricardo Bordalo	00:24:26	00:50:09	00:49:54	205		V45	24
204	568	António Jorge	00:23:33	00:50:12	00:50:10	209	AÇOREANA	V60	5
205	117	Alexandre Vicente	00:25:01	00:50:16	00:49:59	207		Senior	47
206	365	António Varela	00:23:45	00:50:22	00:50:20	213		V50	21
207	825	Rui Gaspar	00:25:05	00:50:23	00:50:00	208	MARRIOTT LISBOA	V55	17
208	383	Marco Antunes	00:25:16	00:50:23	00:49:57	206	IIKE A runner	V35	47
209	292	Helder Romano	00:24:34	00:50:25	00:50:18	211		V50	22
210	632	Carlos Teixeira	00:23:43	00:50:26	00:50:20	212	lebres e tartarugas	V55	18
211	861	Manuel Imidio	00:24:40	00:50:29	00:50:17	210		V55	19
212	527	Marco Pinto	00:27:08	00:50:30	00:45:36	103		V35	48
213	526	Fernando Celestino	00:24:58	00:50:31	00:50:21	214	AÇOREANA	V55	20
214	270	Miguel Sousa	00:23:43	00:50:31	00:50:29	221		V45	25
215	56	Hugo Lopes	00:24:26	00:50:36	00:50:23	215	Sonecas	Senior	48
216	97	Francisco Plínio	00:24:28	00:50:41	00:50:25	216	CCDTMETROLX	V60	6
217	352	José Cerqueira	00:23:52	00:50:44	00:50:42	225		V45	26
218	387	Marcelo Chagas	00:26:09	00:50:47	00:47:56	155		Senior	49
219	46	Paulo Tainha	00:24:37	00:50:47	00:50:43	227		V50	23
220	547	Tito Teixeira	00:25:08	00:50:51	00:50:27	217	CLUBE COLABORADORES AXA	V35	49



CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
221	212	Helder Pontes	00:23:38	00:50:52	00:50:45	228		V35	50
222	557	Miguel Sousa	00:25:04	00:50:53	00:50:28	218	CLUBE COLABORADORES AXA	V40	31
223	562	David Pereira	00:25:32	00:50:53	00:50:28	219		Senior	50
224	760	Rui Vieira	00:25:08	00:50:53	00:50:31	222		V40	32
225	553	João Perneco	00:25:08	00:50:55	00:50:31	223	CLUBE COLABORADORES AXA	V35	51
226	331	Tânia Serrão	00:24:44	00:50:55	00:50:29	220		Senior	6
227	169	Evelino Magalhaes	00:24:37	00:50:59	00:50:40	224		V40	33
228	610	Joaquim Palmeiro	00:25:07	00:51:02	00:50:42	226		V45	27
229	672	Teresa Sepúlveda	00:25:11	00:51:06	00:50:53	229	Clube Olimpico de Oeiras	V35	6
230	28	Daniel Guerreiro	00:24:55	00:51:10	00:50:58	231		V40	34
231	236	Sérgio Ribeiro	00:25:26	00:51:28	00:51:17	233	Já t apanho	Senior	51
232	13	Sérgio Pedro	00:26:11	00:51:30	00:50:53	230		Senior	52
233	153	Miguel Marques	00:24:59	00:51:32	00:51:25	235		V55	21
234	304	Eduardo Ribeiro	00:25:31	00:51:34	00:51:05	232	GDCT Unicre	V45	28
235	64	Nuno Oliveira	00:24:42	00:51:34	00:51:34	240	Luso-Atlântica Corretor de Seguros SA	V40	35
236	271	Amílcar Ribeiral	00:25:35	00:51:39	00:51:24	234		V65	3
237	103	Rafael Santos	00:25:49	00:51:42	00:51:26	236	CCDTMETROLX	V45	29
238	322	André Teixeira	00:25:09	00:51:47	00:51:28	238		Senior	53
239	115	Jorge Rocha	00:25:36	00:51:53	00:51:33	239	FONIX TEAM	V35	52
240	503	Nuno Mendes	00:24:28	00:51:59	00:51:50	244	CLUBE MILLENNIUM BCP	Senior	54



CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
241	178	Luis Mateus	00:25:44	00:52:00	00:51:27	237		Senior	55
242	762	Nuno Martins	00:25:15	00:52:02	00:51:50	245		V40	36
243	522	David Charrinho	00:25:54	00:52:08	00:51:44	241		Senior	56
244	653	Andriy Politylo	00:24:26	00:52:12	00:51:58	248	Perene	V35	53
245	194	Joana Ribeiro	00:25:08	00:52:15	00:51:47	243		Senior	7
246	35	João Lima	00:26:16	00:52:16	00:51:47	242	4 ao Km	V55	22
247	876	Alberto Martins	00:24:45	00:52:20	00:52:11	252		V50	24
248	82	Manuel Oliveira	00:25:45	00:52:22	00:51:52	246	Clube Atletismo Amigos de Belém	V65	4
249	104	Luis Santos	00:25:48	00:52:23	00:51:56	247	os penultimos	V40	37
250	464	Pedro Barata	00:25:30	00:52:25	00:52:10	251	Capuchos	Senior	57
251	233	Fernando Trino	00:25:35	00:52:26	00:52:15	257		V50	25
252	160	Carlos Malha	00:25:28	00:52:26	00:52:07	249		V40	38
253	634	Diogo Neto	00:25:31	00:52:28	00:52:14	255		V50	27
254	121	Abílio Oliveira	00:25:01	00:52:28	00:52:23	263		V50	26
255	277	Júlio Castro	00:26:02	00:52:30	00:52:18	260		V55	23
256	872	Jorge Barros	00:25:18	00:52:30	00:52:17	259		V40	39
257	712	Vasco Correia	00:25:11	00:52:31	00:52:10	250		V40	40
258	741	Luis Vicente	00:24:43	00:52:34	00:52:25	264		V55	24
259	640	Bruno Dias	00:26:18	00:52:34	00:52:13	254		V35	54
260	48	Alexandre Tam	00:25:24	00:52:35	00:52:31	267		V35	55



CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
261	747	Bárbara Gonçalves	00:25:50	00:52:37	00:52:30	266		Senior	8
262	823	Vitor Monteiro	00:25:11	00:52:38	00:52:14	256	MARRIOTT LISBOA	V50	28
263	381	Carlos Alfeirão	00:25:16	00:52:38	00:52:12	253	IIKE A runner	V35	56
264	743	Pedro Carvalho	00:24:21	00:52:45	00:52:37	269		V40	41
265	509	Antonio Almeida	00:25:31	00:52:47	00:52:19	262	CLUBE MILLENNIUM BCP	V45	30
266	192	Nuno Santos	00:25:20	00:52:47	00:52:34	268		Senior	58
267	346	Ricardo Figueiredo	00:27:02	00:52:47	00:52:15	258		V45	31
268	461	Luis Calha	00:24:48	00:52:48	00:52:47	275		V45	32
269	795	David Almeida	00:24:27	00:52:49	00:52:44	273		V40	42
270	534	Gonçalo Ribeiro	00:25:26	00:52:52	00:52:40	272		V40	43
271	123	Rui Almeida	00:25:26	00:52:55	00:52:39	271		V35	57
272	685	Francisco Clerigo	00:25:46	00:52:58	00:52:38	270	SS CGD	V60	7
273	697	Maria Martins	00:25:42	00:53:02	00:52:53	278	Casa da Dizima	Senior	9
274	528	Rute Pais	00:25:00	00:53:05	00:53:03	284		V35	7
275	624	Alexandre Arana	00:26:34	00:53:07	00:52:55	280	Ericsson	V50	29
276	629	Eva Silva	00:26:33	00:53:07	00:52:57	281	Ericsson	V40	2
277	768	Pedro Nunes	00:25:22	00:53:08	00:52:57	282		V40	44
278	520	Danilo Hassamo	00:26:29	00:53:11	00:52:48	276		V40	45
279	507	Luis Reis	00:25:39	00:53:11	00:52:50	277	CLUBE MILLENNIUM BCP	V45	33
280	408	João Cluny	00:24:50	00:53:11	00:53:04	285	MLGTSPTS	Senior	59



CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
281	422	Alexandre Carvalho	00:25:24	00:53:11	00:52:29	265		V35	58
282	226	José Fonseca	00:25:16	00:53:12	00:53:08	287		V35	59
283	605	Susana Pereira	00:24:55	00:53:17	00:53:13	289		V35	8
284	30	Fernando Guerreiro	00:25:08	00:53:18	00:53:05	286		V45	34
285	524	Nuno Silva	00:26:36	00:53:20	00:52:45	274		V45	35
286	676	Andreia Tomas	00:25:50	00:53:21	00:53:13	290		Senior	10
287	372	Miguel Marques	00:26:09	00:53:23	00:52:54	279		V45	36
288	384	Alexander Goes	00:26:17	00:53:31	00:53:13	291		Senior	60
289	68	Hélder Pires	00:26:40	00:53:33	00:53:00	283		V35	60
290	583	Tam Afonso	00:25:19	00:53:38	00:53:36	299	AÇOREANA	V60	8
291	644	Federico Ferrari	00:25:03	00:53:45	00:53:35	298		V45	37
292	693	Rui Soares	00:32:09	00:53:47	00:53:11	288	SS CGD	V40	46
293	529	Ernesto Carvalho	00:25:58	00:53:48	00:53:40	300		V55	25
294	291	João Marques	00:25:05	00:53:48	00:53:29	294		Senior	61
295	280	Ricardo Cano	00:26:42	00:53:48	00:53:18	292		V35	61
296	709	Domingos Duro	00:26:47	00:53:49	00:53:33	295	amigosdacorrída.com	V70	1
297	740	Luis Pereira	00:26:14	00:53:50	00:53:48	302		V50	30
298	163	Augusto Caria	00:25:32	00:53:57	00:53:53	307		V60	9
299	821	Antonio Alves	00:26:02	00:53:58	00:53:35	296	MARRIOTT LISBOA	V50	31
300	771	Bruno Batista	00:25:48	00:53:58	00:53:35	297	Team Sky	V40	47



CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
301	794	Joaquim Cruz	00:26:09	00:53:58	00:53:24	293		V45	38
302	20	Carlos Morais	00:26:41	00:54:04	00:53:52	305		V40	48
303	686	João Fontes	00:26:32	00:54:07	00:53:45	301	SS CGD	V35	62
304	198	António Boavida	00:25:41	00:54:09	00:54:08	311		V50	32
305	518	Albertina Pinheiro	00:25:32	00:54:12	00:54:12	313		V50	1
306	338	Luis Sousa	00:26:17	00:54:17	00:53:57	309		V45	39
307	94	Carlos Moreira	00:27:03	00:54:18	00:54:02	310	CCDTMETROLX	V60	10
308	395	Ricardo Madeira	00:26:01	00:54:20	00:53:53	306	os penultimos	Senior	62
309	692	Rui Santos	00:26:21	00:54:21	00:53:50	303	SS CGD	V45	40
310	704	Rui Gonçalves	00:27:04	00:54:21	00:53:51	304		V55	26
311	669	Nuno Silva	00:25:40	00:54:22	00:54:08	312	Clube Olimpico de Oeiras	Senior	63
312	682	Sofia Costa	00:26:28	00:54:24	00:54:21	315	CF OS BELENENSES	Senior	11
313	892	Cláudia Borralho	00:26:28	00:54:33	00:54:30	317		V40	3
314	77	Jorge Almeida	00:26:51	00:54:33	00:54:21	316	Clube Atletismo Amigos de Belém	V65	5
315	742	João Duarte	00:26:23	00:54:45	00:54:45	322		V60	11
316	655	Vitor Fernandes	00:26:09	00:54:49	00:54:17	314	Perene	Senior	64
317	890	Rafael Ferreira	00:34:14	00:54:52	00:54:45	323		Senior	65
318	615	Marianela Figueiredo	00:27:05	00:54:57	00:54:32	318		V40	4
319	206	Sérgio Rodrigues	00:26:28	00:55:06	00:54:38	319		Senior	66
320	137	Cátia Rosalino	00:26:23	00:55:08	00:55:03	325		Senior	12



CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
321	152	Henrique Belmar	00:26:58	00:55:08	00:54:39	320		V55	27
322	645	Frederico Raposo	00:28:34	00:55:29	00:54:55	324		Senior	67
323	16	Miguel Melo	00:26:42	00:55:34	00:55:21	330		V45	41
324	593	Rui Mota	00:27:47	00:55:36	00:55:08	326		Senior	68
325	471	Pedro Fernandes	00:26:43	00:55:40	00:55:27	333	CLUBE MILLENNIUM BCP	V40	49
326	516	Bruno Martins	00:25:58	00:55:40	00:55:32	337		Senior	69
327	330	João Pereira	00:26:54	00:55:41	00:55:33	338		Senior	70
328	397	Miguel Gama	00:26:39	00:55:41	00:55:23	331		V45	42
329	332	Patrick Reis	00:26:53	00:55:42	00:55:34	339		Senior	71
330	392	Christiane Monteiro	00:27:26	00:55:43	00:55:28	334	1ºDireito	Senior	13
331	614	Victoria Fuchs	00:27:30	00:55:45	00:55:12	327		Senior	14
332	684	Fernando Alves	00:27:30	00:55:47	00:55:30	335	SS CGD	V50	33
333	396	Miguel Rodrigues	00:27:19	00:55:47	00:55:13	328		V35	63
334	879	Gonçalo Grade	00:27:59	00:55:54	00:54:42	321		Senior	72
335	132	Hugo Colaço	00:26:59	00:55:55	00:55:21	329	RPC	V35	64
336	483	Rodrigo Carvalho	00:27:16	00:55:57	00:55:45	343	CLUBE MILLENNIUM BCP	V50	34
337	334	Diogo Ferreira	00:28:57	00:55:58	00:55:26	332		V40	50
338	126	Sandra Mota	00:28:06	00:55:59	00:55:49	348		V40	5
339	594	Pedro Costa	00:27:47	00:56:01	00:55:32	336		Senior	73
340	691	Miguel Carvalho	00:27:40	00:56:02	00:55:39	341	SS CGD	V35	65



CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
341	806	Catarina Moreira	00:27:13	00:56:02	00:55:58	351	Tartarugas Solidarias	Senior	15
342	85	Rui Cabral	00:28:09	00:56:04	00:55:46	344		V45	43
343	650	Bárbara Cruz	00:27:05	00:56:04	00:55:48	347		Senior	16
344	84	Jhonny Teixeira	00:28:09	00:56:04	00:55:46	345		Senior	74
345	465	Frederico Filipe	00:26:02	00:56:07	00:55:52	349	Capuchos	Senior	75
346	514	Vitor Inácio	00:26:48	00:56:09	00:56:03	352		V45	44
347	340	Manuel Sequeira	00:27:49	00:56:10	00:56:05	353	G.D.C.T. REPSOL POLÍMEROS	V65	6
348	283	Luiz Rosa	00:27:37	00:56:11	00:55:48	346		V60	12
349	701	Alessandro Lucca	00:27:09	00:56:13	00:55:55	350		V40	51
350	871	Diogo Silva	00:27:54	00:56:13	00:55:39	340		V45	45
351	753	Pedro Baltazar	00:25:59	00:56:16	00:55:43	342		Senior	76
352	763	Sandra Gonçalves	00:27:10	00:56:24	00:56:22	359		Senior	17
353	376	Paulo Santos	00:26:54	00:56:31	00:56:22	358	Os Tarabats	Senior	77
354	440	Maria Cotrim	00:27:54	00:56:33	00:56:15	356		Senior	18
355	883	Lucas Silva	00:26:20	00:56:38	00:56:27	361		Senior	78
356	563	Sara Nogueira	00:27:43	00:56:40	00:56:15	357		V35	9
357	592	Mateus Sequeira	00:27:34	00:56:43	00:56:10	354		V50	35
358	535	Rodrigo Silva	00:27:54	00:56:46	00:56:11	355		V45	46
359	388	Tiago Clara	00:27:56	00:56:46	00:53:55	308		Senior	79
360	777	Daniela Santos	00:28:21	00:56:48	00:56:28	362		V40	6



CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
361	705	Luis Proença	00:27:19	00:56:49	00:56:37	364		V45	47
362	379	Joao Parelho	00:27:23	00:56:51	00:56:37	365	Os Tarabats	V40	52
363	880	Henrique Santos	00:30:55	00:56:53	00:52:18	261		V35	66
364	725	Filipe Sobral	00:27:21	00:56:55	00:56:24	360		V35	67
365	657	Eugénia Cid	00:27:28	00:56:59	00:56:53	368	Twins	V40	7
366	47	Antonio Pombinho	00:26:40	00:56:59	00:56:50	366		V55	28
367	489	Joao Pinheiro	00:28:04	00:57:05	00:56:54	369	CLUBE MILLENNIUM BCP	V45	48
368	282	Santos Neta	00:27:23	00:57:17	00:57:03	371		V75	1
369	472	Carlos Nunes	00:29:05	00:57:20	00:56:51	367	CLUBE MILLENNIUM BCP	V45	49
370	616	Ned Dwyer	00:28:50	00:57:23	00:56:55	370		V45	50
371	626	Chiara Bedini	00:27:25	00:57:23	00:57:13	374	Ericsson	V40	8
372	711	Sergio Rodrigues	00:27:48	00:57:35	00:57:14	375		V40	53
373	367	Nuno Coimbra	00:27:16	00:57:43	00:57:37	384		V35	68
374	150	João Teixeira	00:27:44	00:57:45	00:57:27	378		V35	70
375	695	Pedro Baptista	00:27:23	00:57:45	00:57:42	389	Casa da Dizima	V35	69
376	158	António Sousa	00:27:47	00:57:45	00:57:35	382		V65	7
377	513	Vasco Afonso	00:26:19	00:57:46	00:57:25	377		V40	54
378	660	Hugo Reis	00:27:35	00:57:48	00:57:32	380	Rushteam	V40	55
379	850	André Machado	00:27:55	00:57:48	00:57:30	379		Senior	80
380	261	Maria Antunes	00:27:44	00:57:49	00:57:41	388		V45	1



CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
381	255	Valdemar Rocha	00:28:41	00:57:51	00:57:36	383		V50	36
382	455	Pedro Martins	00:28:18	00:57:51	00:57:40	387	GDRCSSEF Carapaus de Corrida	V35	71
383	496	Marcia Mendes	00:29:05	00:58:00	00:57:24	376	CLUBE MILLENNIUM BCP	V40	9
384	561	Vitor Ramos	00:28:00	00:58:04	00:57:39	386	CLUBE COLABORADORES AXA	V45	51
385	172	Lurdes Silva	00:28:09	00:58:05	00:57:38	385		V45	2
386	636	Fernando Vergamota	00:28:51	00:58:06	00:57:44	390		V60	13
387	176	Roseanna Sciberras	00:29:17	00:58:09	00:57:34	381		V40	10
388	591	Tiago Campos	00:27:53	00:58:17	00:57:48	391		V40	56
389	689	Luis Silva	00:28:59	00:58:24	00:58:06	392	SS CGD	V45	52
390	110	Pedro Lourenço	00:28:35	00:58:35	00:58:16	393		V35	72
391	842	Paulo Teixeira	00:27:06	00:58:50	00:58:39	399		V55	29
392	179	Cristina Freitas	00:28:26	00:58:57	00:58:45	403		Senior	19
393	500	Delfina Alexandre	00:28:37	00:58:58	00:58:31	396	CLUBE MILLENNIUM BCP	V45	3
394	193	João Ribeiro	00:28:01	00:58:59	00:58:31	397		Senior	81
395	262	Jorge Pedro	00:28:30	00:59:00	00:58:29	394		V45	53
396	482	Carlos Tome	00:29:14	00:59:02	00:58:40	402	CLUBE MILLENNIUM BCP	V65	8
397	285	Filipe Pereira	00:29:15	00:59:02	00:57:07	372	Horas Vagas Runners	Senior	82
398	289	Luis Belo	00:29:16	00:59:02	00:57:07	373	Horas Vagas Runners	V35	73
399	589	Jose Neves	00:28:45	00:59:02	00:58:37	398		V60	14
400	818	Joaquim Melo	00:28:31	00:59:03	00:58:50	406		V45	54



CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
401	773	Rui Abrantes	00:28:21	00:59:05	00:58:39	400	Team Sky	V50	37
402	770	Telmo Oliveira	00:28:23	00:59:06	00:58:40	401	Team Sky	Senior	83
403	157	Vítor Gonzas	00:29:52	00:59:12	00:56:30	363		V45	55
404	772	Dora Verissimo	00:28:23	00:59:13	00:58:48	405	Team Sky	V40	11
405	769	Tiago Caramelo	00:28:21	00:59:13	00:58:48	404	Team Sky	Senior	84
406	706	Pedro Amorim	00:28:36	00:59:15	00:58:55	407	TOA	V35	74
407	403	Antonio Faria	00:27:30	00:59:19	00:59:13	411		V60	15
408	183	Andre Matos	00:29:34	00:59:24	00:58:58	408		Senior	85
409	394	Jaime Afonso	00:28:15	00:59:24	00:59:17	414	CLUBE ANACOM	V50	38
410	754	Ana Pinheiro	00:28:37	00:59:25	00:59:19	415		Senior	20
411	757	Duarte Furtado	00:28:07	00:59:27	00:59:03	410	water for life	Senior	86
412	463	Pedro Alferes	00:29:05	00:59:30	00:58:58	409		V50	39
413	258	Lara Valente	00:28:57	00:59:39	00:59:32	421		Senior	21
414	204	Yuti Taky	00:27:57	00:59:40	00:59:22	416		V45	56
415	476	Luis Silva	00:28:54	00:59:42	00:59:24	417	CLUBE MILLENNIUM BCP	V45	57
416	216	José Vale	00:28:32	00:59:42	00:59:41	431		V55	30
417	595	Isadora Costa	00:28:42	00:59:45	00:59:15	412	4 ao Km	Senior	22
418	596	Vítor Gonçalves	00:28:41	00:59:45	00:59:16	413	4 ao Km	V45	58
419	227	Carlos Guerreiro	00:28:24	00:59:46	00:59:37	426		V55	31
420	361	Pedro Fernandes	00:27:33	00:59:51	00:59:34	424		Senior	87



CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
421	106	Paulo Matos	00:30:12	00:59:51	00:59:24	418	os penultimos	V40	57
422	247	Isabel Rodrigues	00:29:07	00:59:59	00:59:58	442		V45	4
423	321	Hugo Fonseca	00:28:22	01:00:00	00:59:58	443	FiveTeam	V35	75
424	215	Paulo Vaz	00:30:06	01:00:01	00:59:29	419		Senior	88
425	511	Pedro Murca	00:30:21	01:00:02	00:59:33	422	CLUBE MILLENNIUM BCP	V45	59
426	498	Eduardo Pinto	00:29:11	01:00:02	00:59:33	423	CLUBE MILLENNIUM BCP	V45	60
427	490	Nelson Guimaraes	00:30:25	01:00:02	00:59:31	420	CLUBE MILLENNIUM BCP	V65	9
428	362	Paula Rodrigues	00:30:33	01:00:02	00:59:41	432		V40	12
429	351	Maria Ferreira	00:30:35	01:00:03	00:59:42	434		V40	13
430	37	Tiago Paiva	00:28:34	01:00:04	00:59:45	435	TOA	Senior	89
431	349	Sónia Félix	00:28:15	01:00:06	00:59:41	433		Senior	23
432	841	Cláudia Oliveira	00:27:43	01:00:07	01:00:02	445		Senior	24
433	214	Sofia Lourenço	00:30:06	01:00:08	00:59:36	425		Senior	25
434	254	Ricardo Quaresma	00:28:56	01:00:09	00:59:47	437		V35	76
435	202	Daniela Costa	00:30:04	01:00:09	00:59:38	428	ACM Trail&Running	Senior	26
436	203	Gustavo Nunes	00:30:04	01:00:10	00:59:38	427	ACM Trail&Running	Senior	90
437	188	Jorge Fernandes	00:30:05	01:00:10	00:59:39	429		Senior	91
438	187	Susana Araújo	00:30:04	01:00:10	00:59:39	430		Senior	27
439	350	Ana Neves	00:30:36	01:00:10	00:59:49	438		V40	14
440	824	Jorge Guerreiro	00:29:36	01:00:13	00:59:49	439	MARRIOTT LISBOA	V40	58



CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
441	820	Sandra Coelho	00:29:37	01:00:14	00:59:49	440	MARRIOTT LISBOA	Senior	28
442	407	Rita Castro	00:28:51	01:00:17	01:00:10	451	MLGTSPORTS	V35	10
443	413	Ana Andrade	00:28:00	01:00:17	01:00:09	450	MLGTSPORTS	V35	11
444	858	Fernando Arvelaiz	00:29:43	01:00:18	00:59:54	441	Clube Accenture	Senior	92
445	735	Paulo Santos	00:30:26	01:00:19	00:59:46	436	Slowrunners	V40	59
446	335	Daniel Coelho	00:28:06	01:00:20	01:00:02	446		V35	77
447	491	Joaquim Araujo	00:29:42	01:00:21	01:00:13	453	CLUBE MILLENNIUM BCP	V50	40
448	309	Eduardo Cardoso	00:29:10	01:00:28	01:00:19	456	GDCT Unicre	V45	61
449	252	Manuela Friel	00:29:43	01:00:30	00:59:59	444	Duo Incrível	V40	15
450	15	Rui Luis	00:28:44	01:00:32	01:00:18	455		V55	32
451	129	Fernando Martins	00:28:35	01:00:36	01:00:16	454		V35	78
452	52	Manuel Oliveira	00:30:08	01:00:42	01:00:12	452	AAEBNU	V75	2
453	112	Nuno Mariz	00:31:25	01:00:56	01:00:38	459	FONIX TEAM	V40	60
454	452	Natacha Martins	00:31:12	01:00:58	01:00:48	461	GDRCESEF Carapaus de Corrida	Senior	29
455	454	Ana Almeida	00:31:12	01:00:59	01:00:49	463	GDRCESEF Carapaus de Corrida	V35	12
456	451	Nadia Martins	00:31:12	01:00:59	01:00:49	462	GDRCESEF Carapaus de Corrida	V35	13
457	447	Bruno Ferreira	00:28:24	01:00:59	01:00:40	460		Senior	93
458	661	Gil Ferreira	00:28:18	01:01:00	01:00:26	457	Papa Asfalto	Senior	94
459	663	Miguel Ferreira	00:28:18	01:01:00	01:00:27	458	Papa Asfalto	Senior	95
460	348	Maria Vizinha	00:27:59	01:01:02	01:00:59	468		V35	14



CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
461	869	Ricardo Santos	00:29:15	01:01:03	01:00:50	464		Senior	96
462	39	Rita Silva	00:28:38	01:01:14	01:00:55	466	TOA	Senior	30
463	107	Paula Sousa	00:30:36	01:01:20	01:00:53	465	os penultimos	V45	5
464	398	Rui Almeida	00:29:38	01:01:22	00:58:31	395		Senior	97
465	497	Paulo Caetano	00:31:24	01:01:33	01:00:56	467	CLUBE MILLENNIUM BCP	V45	62
466	896	Peter Fabor	00:29:51	01:01:33	01:01:00	469		Senior	98
467	358	Daniel Martins	00:29:48	01:01:48	01:01:32	471		Senior	99
468	652	Bruno Pereira	00:29:32	01:01:49	01:01:13	470	Perene	V35	79
469	29	André Marques	00:29:03	01:01:56	01:01:34	472		Senior	100
470	646	Miguel Mendes	00:30:02	01:02:11	01:01:57	475		Senior	101
471	108	Rute Ferreira	00:30:36	01:02:18	01:01:51	474	os penultimos	Senior	31
472	146	Nuno Fragoso	00:30:13	01:02:20	01:01:48	473		V40	61
473	417	Joao Coelho	00:28:15	01:02:26	01:02:14	480		Senior	102
474	843	Ana Travassos	00:31:55	01:02:30	01:02:07	477		Senior	32
475	844	Eugénio Cordovil	00:31:55	01:02:30	01:02:07	478		Senior	103
476	17	Sofia Pereira	00:31:27	01:02:35	01:02:24	483		Senior	33
477	354	Isabel Maciel	00:31:41	01:02:35	01:02:01	476		V40	16
478	78	Marina Pimentel	00:30:51	01:02:37	01:02:19	481	Clube Atletismo Amigos de Belém	V55	1
479	139	Ricardo Morais	00:30:05	01:02:44	01:02:11	479		V40	62
480	796	Hugo Figueiredo	00:28:56	01:02:51	01:02:19	482		Senior	104



CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
481	197	Maria Ribeiro	00:31:32	01:02:54	01:00:03	447		V35	15
482	195	Rui Quaresma	00:31:32	01:02:55	01:00:04	449		Senior	105
483	567	António Guedes	00:30:40	01:02:55	01:02:44	484	AÇOREANA	V45	63
484	582	Sofia Guedes	00:30:40	01:02:56	01:02:45	485	AÇOREANA	V40	18
485	574	Mónica Quarenta	00:30:41	01:02:56	01:02:51	488	AÇOREANA	V40	17
486	310	Pedro Antunes	00:33:44	01:03:13	01:00:03	448	LigasMenores	Senior	106
487	607	Pedro Murtinhal	00:31:13	01:03:14	01:02:45	486		V45	64
488	101	José Pires	00:30:41	01:03:17	01:02:47	487	CCDTMETROLX	V75	3
489	523	Ângela Gaspar	00:30:36	01:03:20	01:03:03	493		V35	16
490	674	Catarina Silva	00:30:12	01:03:25	01:02:55	490		Senior	34
491	736	Orlando Rodrigues	00:30:26	01:03:27	01:02:53	489	Slowrunners	V50	41
492	726	Adriana Gonçalves	00:30:58	01:03:31	01:02:59	491	Maratona à Vista	Senior	35
493	745	João Noronha	00:30:18	01:03:35	01:03:07	495		V40	63
494	294	Catarina Afonso	00:30:53	01:03:36	01:03:24	499		Senior	36
495	353	Rui Melão	00:31:00	01:03:37	01:03:01	492		V50	42
496	366	Anabela Nunes	00:31:42	01:03:38	01:03:04	494		Senior	37
497	813	Julieta Santos	00:29:50	01:03:39	01:03:24	500		V55	2
498	347	Ana Calafate	00:30:08	01:03:39	01:03:24	501		V45	6
499	744	Hugo Gonçalves	00:30:10	01:03:40	01:03:17	496		V40	64
500	560	Vanda Sequeira	00:31:19	01:03:40	01:03:18	497	CLUBE COLABORADORES AXA	V40	19



CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
501	111	Nelson Inacio	00:30:43	01:03:45	01:03:20	498		V45	65
502	246	Cristina Lavrador	00:29:50	01:03:50	01:03:35	503	run4fun	V50	2
503	662	Pedro Mariano	00:30:11	01:03:59	01:03:25	502	Papa Asfalto	Senior	107
504	628	Bernardo Carvalho	00:30:38	01:04:03	01:03:52	504	Ericsson	Senior	108
505	180	Isabel Mateus	00:30:01	01:04:04	01:04:00	506	Mateus	V40	20
506	36	Eberhard Wilhelm	00:30:22	01:04:13	01:04:06	508	4 ao Km	V65	10
507	556	Miguel Esteves	00:31:19	01:04:18	01:03:56	505	CLUBE COLABORADORES AXA	Senior	109
508	329	Rosa Falardo	00:30:51	01:04:34	01:04:32	516		V50	3
509	786	Susana Jesus	00:31:17	01:04:37	01:04:04	507	Maratona à Vista	V40	21
510	620	Paulo Sá	00:30:04	01:04:37	01:04:20	509	UDFAC	V45	66
511	767	Rui Pinto	00:32:48	01:04:43	01:04:24	510		V50	43
512	856	Patricia Cardoso	00:30:31	01:04:52	01:04:26	514	Clube Accenture	Senior	38
513	854	Miguel Pires	00:30:31	01:04:52	01:04:26	511	Clube Accenture	V40	65
514	161	Suzana Malha	00:32:02	01:04:54	01:04:34	517		V45	7
515	74	Alberto Cano	00:31:47	01:04:54	01:04:26	512	Clube Atletismo Amigos de Belém	V60	16
516	609	Isabel Magalhães	00:31:47	01:04:54	01:04:26	513		V55	3
517	559	Rita Grade	00:31:03	01:04:56	01:04:30	515	CLUBE COLABORADORES AXA	V35	17
518	185	Ana Ribeiro	00:31:20	01:05:00	01:04:41	521		V50	4
519	752	Sérgio Gonaçalves	00:30:07	01:05:04	01:05:02	524		V35	80
520	877	Paulo Correia	00:28:53	01:05:05	01:05:04	525		V35	81



CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
521	550	Ana Guimarães	00:31:03	01:05:05	01:04:39	519	CLUBE COLABORADORES AXA	V55	4
522	554	João Pinto	00:31:03	01:05:06	01:04:40	520	CLUBE COLABORADORES AXA	V45	67
523	31	Pablo Corrêa	00:33:37	01:05:08	01:04:38	518		V35	82
524	155	Miguel Pais	00:34:32	01:05:10	01:04:49	522	Vericious	V40	66
525	336	Letícia Florencio	00:31:55	01:05:18	01:04:50	523		Senior	39
526	228	Francisco Ribeiro	00:31:13	01:05:29	01:05:17	527		V65	11
527	586	Antônio Pimpão	00:28:54	01:05:35	01:05:29	532		V40	67
528	894	Fátima Abreu	00:31:38	01:05:36	01:05:09	526		V65	1
529	627	Cláudia Philippart	00:30:37	01:05:44	01:05:34	533	Ericsson	V45	8
530	625	Margarida Barros	00:30:38	01:05:45	01:05:35	534	Ericsson	V40	22
531	256	Sara Sebastião	00:32:37	01:05:50	01:05:24	528		Senior	40
532	257	Filipa Sebastião	00:32:38	01:05:53	01:05:27	529		Senior	41
533	602	Ana-Alice Pereira	00:31:25	01:05:54	01:05:29	531		V50	5
534	703	Ana Gonçalves	00:32:15	01:06:10	01:05:39	535		Senior	42
535	621	Luis Gomes	00:32:59	01:06:10	01:06:03	536		V45	68
536	439	Maria Rosado	00:32:02	01:06:20	01:06:14	538		V45	9
537	633	Frederico Sousa	00:31:29	01:06:29	01:06:23	540	lebres e tartarugas	V50	44
538	267	Zaida Pires	00:30:40	01:06:40	01:06:23	541		V40	23
539	401	Natasha Reto	00:32:54	01:06:44	01:06:29	542		Senior	43
540	400	Sara Farinha	00:32:54	01:06:45	01:06:29	543		Senior	44



CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
541	572	Idalina Madeira	00:31:20	01:06:49	01:06:39	551	AÇOREANA	V55	5
542	87	Vítor Gomes	00:31:57	01:06:50	01:06:16	539		Senior	110
543	266	Joana Pinto	00:33:01	01:06:53	01:06:30	544		Senior	45
544	425	Beatriz Franco	00:32:51	01:06:58	01:06:30	545		V60	1
545	34	Joana Ruivo	00:33:52	01:07:03	01:06:33	547	4 ao Km	V35	18
546	125	Henrique Vilhena	00:33:51	01:07:03	01:06:32	546		V60	17
547	53	João Branco	00:33:52	01:07:03	01:06:33	548	AAEBNU	V65	12
548	666	José Oliveira	00:31:55	01:07:06	01:06:36	550		V60	18
549	98	Gualdino Freire	00:32:49	01:07:06	01:06:41	552	CCDTMETROLX	V70	2
550	681	Carlos Vilafanha	00:31:32	01:07:07	01:06:35	549	CF OS BELENENSES	V50	45
551	564	Manuel Fontinha	00:31:57	01:07:22	01:06:58	553		V45	69
552	852	Claudio Amaro	00:32:59	01:07:23	01:07:16	559		V35	83
553	450	Ana Amorim	00:31:43	01:07:24	01:07:14	557	GDRCSSEF Carapaus de Corrida	V40	24
554	453	Miguel Salgueiro	00:31:43	01:07:24	01:07:14	556	GDRCSSEF Carapaus de Corrida	V35	84
555	114	Beatriz Mariz	00:31:25	01:07:31	01:07:12	554	FONIX TEAM	Senior	46
556	643	Inês Fonseca	00:32:58	01:07:35	01:07:26	561		V35	19
557	191	Lurdes Santos	00:33:02	01:07:44	01:07:14	555		Senior	47
558	492	Ivo Santos	00:32:24	01:07:45	01:07:16	558	CLUBE MILLENNIUM BCP	Senior	111
559	631	Rita Gonçalves	00:31:55	01:07:45	01:07:36	564	R&R	V35	20
560	142	Joana Chouriço	00:32:14	01:07:48	01:07:42	566		V50	6



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
561	378	Marco Lopes	00:31:18	01:07:49	01:07:41	565	Os Tarabats	V40	68
562	590	Adelaide Pôrto	00:32:27	01:07:51	01:07:25	560		V45	10
563	32	Raquel Mattei	00:33:39	01:07:59	01:07:30	562		Senior	48
564	373	Ana Pereira	00:32:44	01:08:03	01:07:51	568		V40	25
565	793	Ilidio Monteiro	00:33:11	01:08:06	01:07:49	567		V65	13
566	199	Joana Pinhal	00:32:54	01:08:15	01:07:33	563		Senior	49
567	371	Doriela Campos	00:33:31	01:08:22	01:08:07	570		Senior	50
568	664	Tiago Jerónimo	00:32:52	01:08:23	01:07:59	569		Senior	112
569	565	Ana Canaveira	00:32:15	01:08:26	01:08:17	572	AÇOREANA	V45	11
570	368	Joaquina Nunes	00:32:21	01:08:27	01:08:21	573		V40	26
571	311	Rui Teixeira	00:33:45	01:08:39	01:05:28	530	LigasMenores	Senior	113
572	238	Luis Almeida	00:31:21	01:08:41	01:08:32	578		V45	70
573	525	Cláudia Nobre	00:33:30	01:08:48	01:08:15	571	Clube Atletismo Amigos de Belém	V40	27
574	817	José Nascimento	00:33:13	01:08:52	01:08:27	576		Senior	114
575	253	Susana Marques	00:34:01	01:08:54	01:08:23	574	Duo Incrível	V35	21
576	805	Maria Carapinha	00:27:29	01:08:57	01:08:40	580	Os amigos da Kika	Senior	51
577	804	Romão Pedroso	00:27:29	01:08:58	01:08:41	581	Os amigos da Kika	Senior	115
578	803	Rita Pedroso	00:31:46	01:08:58	01:08:41	582	Os amigos da Kika	Senior	52
579	303	Claudia Marques	00:33:01	01:08:59	01:08:30	577	GDCT Unicre	V35	22
580	882	Inês Ferreira	00:33:10	01:09:01	01:08:27	575		Senior	53



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
581	177	Marina Traça	00:32:08	01:09:07	01:08:35	579		V50	7
582	24	Pritesh Manilal	00:32:34	01:09:23	01:09:19	586		V35	85
583	307	Fatima Manteiga	00:39:15	01:09:24	01:08:55	584	GDCT Unicre	V45	12
584	181	Carolina Mateus	00:32:37	01:09:24	01:09:19	585	Mateus	Senior	54
585	299	Emílio Carreiro	00:33:30	01:09:24	01:08:52	583		V70	3
586	393	Paulo Martins	00:32:13	01:09:37	01:09:23	587	1ºDireito	V45	71
587	831	Artur Pinheiro	00:35:34	01:09:43	01:09:38	589		V55	33
588	809	Luis Bizarro	00:32:51	01:09:57	01:09:33	588		V35	86
589	791	Teresa Menina	00:33:56	01:10:08	01:09:47	590		V35	23
590	512	Luís Tiago	00:35:35	01:10:15	01:06:03	537		Senior	116
591	667	Ana Nunes	00:33:33	01:10:20	01:10:13	597		V40	28
592	668	António Nunes	00:33:33	01:10:22	01:10:14	598		V50	46
593	733	Raquel Santos	00:33:36	01:10:25	01:10:07	593	10 km é para meninas!	Senior	55
594	732	Ana Pinheiro	00:33:36	01:10:25	01:10:08	594	10 km é para meninas!	V35	24
595	731	Catarina Vieira	00:33:36	01:10:25	01:10:08	595	10 km é para meninas!	V35	25
596	145	Catarina Lobinho	00:33:17	01:10:30	01:10:05	592		Senior	56
597	788	Hugo Branco	00:32:31	01:10:31	01:09:58	591	Maratona à Vista	V40	69
598	808	Ildi Cismaciu	00:33:44	01:10:42	01:10:09	596		V50	8
599	784	Ana Martins	00:34:24	01:10:46	01:10:20	599		Senior	57
600	421	Lawrence Sciberras	00:34:51	01:11:09	01:10:34	600		V40	70



CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
601	759	Natalia Lopes	00:33:53	01:11:16	01:10:56	601		V60	2
602	436	Maria Correia	00:34:11	01:11:18	01:11:10	603	Oxy Capital	V45	13
603	758	Anne Marie	00:34:41	01:11:28	01:11:04	602	water for life	Senior	58
604	830	Vitor Monteiro	00:30:47	01:11:36	01:11:30	606		Junior	5
605	405	Jorge Freitas	00:33:42	01:11:44	01:11:24	604	MLGTSPORTS	V35	87
606	406	Luís Silva	00:33:42	01:11:44	01:11:24	605	MLGTSPORTS	V40	71
607	458	Maria Martins	00:33:19	01:11:53	01:11:47	608		V40	29
608	619	Fernando Chambel	00:33:43	01:11:54	01:11:38	607	UDFAC	V45	72
609	814	Jose Morujo	00:34:12	01:12:36	01:12:03	610		V50	47
610	326	Geetaben Natha	00:35:31	01:12:39	01:12:16	611		V35	26
611	308	Paulo França	00:39:14	01:13:04	01:12:37	612	GDCT Unicre	V50	48
612	488	Carlos Conceicao	00:35:18	01:13:05	01:12:45	614	CLUBE MILLENNIUM BCP	V50	49
613	573	Ma Hung	00:35:02	01:13:20	01:13:11	615	AÇOREANA	V65	2
614	207	Ana Rodrigues	00:34:30	01:13:45	01:13:17	616		Senior	59
615	154	Vera Rodrigues	00:36:08	01:13:47	01:13:25	617	VericiouS	V40	30
616	418	Maria Azevedo	00:35:35	01:14:15	01:13:56	618	Clube Vodafone	V45	14
617	263	Iolanda Monteiro	00:35:00	01:14:31	01:14:23	622		V35	27
618	478	Bernardo Paraiba	00:33:03	01:14:38	01:14:17	621	CLUBE MILLENNIUM BCP	V60	19
619	162	Antonio Carvalho	00:35:49	01:14:40	01:14:05	619		V55	34
620	779	Maria Carreira	00:34:08	01:14:46	01:14:40	629		V55	6



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
621	780	Maria Lourenço	00:34:08	01:14:47	01:14:40	628		V55	7
622	690	Manuel Brás	00:35:01	01:14:48	01:14:27	623	SS CGD	V45	73
623	293	Joana Coyac	00:35:13	01:14:49	01:14:37	627		Senior	60
624	519	Elsa Martins	00:35:36	01:14:49	01:14:44	632		V40	31
625	224	Manuela Oliveira	00:35:05	01:14:49	01:14:35	624		V40	32
626	364	Inês Martins	00:35:39	01:14:58	01:14:42	630		Senior	61
627	548	Magda Leitão	00:34:10	01:15:09	01:14:36	625	NOS Corremos	V45	15
628	549	Marina Martins	00:34:10	01:15:09	01:14:36	626	NOS Corremos	V40	33
629	222	Carolina Gomes	00:36:59	01:15:19	01:14:43	631	stracateli	Senior	62
630	881	João Esteves	00:39:20	01:16:24	01:11:48	609		V35	88
631	167	Angela Malveiro	00:36:41	01:16:33	01:16:18	635		Senior	63
632	168	Goncalo Moreira	00:36:41	01:16:34	01:16:18	636		V35	89
633	423	Manuel Reia	00:36:44	01:16:50	01:16:17	634	Clube Atletismo Amigos de Belém	V65	14
634	72	Paula Bengala	00:36:44	01:16:51	01:16:18	637	Clube Atletismo Amigos de Belém	V35	28
635	189	Luis Monteiro	00:38:18	01:16:53	01:12:39	613		V35	90
636	428	Ana Mendes	00:36:24	01:16:57	01:16:29	639		Senior	64
637	218	Galhardo Paulo	00:35:57	01:16:58	01:16:22	638		V45	16
638	836	Miguel Coutinho	00:39:21	01:17:40	01:14:06	620	Team Marta	V35	91
639	409	Marta Gomes	00:37:16	01:17:44	01:17:05	640	MLGTSports	Senior	65
640	579	Pedro Brandão	00:36:48	01:17:59	01:17:36	642	AÇOREANA	V55	35



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
641	410	Ânia Conceição	00:37:24	01:18:10	01:17:31	641	MLGTSPORTS	Senior	66
642	57	Patrícia Longo	00:37:55	01:18:43	01:18:29	645	Sonecas	Senior	67
643	58	Cláudia Caetano	00:37:54	01:18:43	01:18:29	646	Sonecas	Senior	68
644	414	Catarina Neves	00:38:39	01:18:59	01:14:54	633		Senior	69
645	122	Mario Pires	00:39:22	01:18:59	01:18:21	644		V55	36
646	363	Alexandre Soares	00:37:11	01:20:15	01:20:05	649		V40	72
647	775	Maria Anjos	00:38:12	01:20:19	01:20:00	648	CONDOR	V65	3
648	133	Lina Lima	00:40:12	01:20:27	01:19:52	647	RPC	V40	34
649	433	Joana Ruivo	00:37:01	01:20:31	01:20:20	651	Oxy Capital	Senior	70
650	190	Maria Condeço	00:37:20	01:20:40	01:20:10	650		V50	9
651	75	Isabel Nobre	00:37:48	01:21:12	01:20:38	654	Clube Atletismo Amigos de Belém	V65	4
652	81	Gilberto Gonçalves	00:37:50	01:21:12	01:20:38	655	Clube Atletismo Amigos de Belém	V65	15
653	240	Cátia Manilha	00:40:40	01:21:53	01:18:09	643		Senior	71
654	328	Susana Dias	00:38:54	01:22:16	01:21:58	658		Senior	72
655	327	Hermano Cardoso	00:38:54	01:22:17	01:21:59	659		Senior	117
656	260	Jose Arruda	00:40:42	01:22:21	01:21:53	656	CONDOR	V65	16
657	259	Fock Wan	00:40:42	01:22:22	01:21:54	657	CONDOR	V65	5
658	787	Célia Pinto	00:39:29	01:22:47	01:22:14	660	Maratona à Vista	V35	29
659	44	João Durão	00:42:09	01:24:25	01:24:05	662	TOA	Senior	118
660	45	Joana Roque	00:42:09	01:24:26	01:24:05	661	TOA	Senior	73



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
661	469	Solange Valente	00:42:06	01:24:38	01:20:26	653		Senior	74
662	608	Inês Forte	00:42:06	01:24:38	01:20:26	652		Senior	75
663	208	Tania Guelha	00:40:53	01:24:40	01:24:27	663	Camila	V40	35
664	688	Luis Paris	00:41:35	01:24:59	01:24:27	664	SS CGD	V50	50
665	325	Sanjaysinh Natha	00:40:07	01:25:15	01:24:51	665		V40	73
666	792	Marta Viegas	00:40:53	01:25:42	01:25:22	666		Senior	76
667	173	Lucinda Henriques	00:41:19	01:25:48	01:25:36	667		V65	6
668	54	Sara Sousa	00:40:13	01:25:50	01:25:48	668	Tartarugas Solidarias	V35	30