

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
1	2	JOAO CAETANO	M	32	M0039	1	CA ODIMARQ	00:33:22
2	1261	HÉLDER GROSSO	M	33	M0039	2	GDR REBOLEIRA - GFD	00:34:37
3	2102	CLAUDIO F M PAULINHO	M	34	M0039	3	SFRAA-TRIATLO	00:35:53
4	2323	MARK RIBEIRO	M	29	M0039	4	PRAFIT CLUB	00:36:17
5	1212	VITOR T MARQUES	M	39	M0039	5	CORRER LISBOA	00:36:18
6	2352	JOSE M CORREIA	M	49	M4049	1	INDIVIDUAL	00:36:40
7	2324	IVO COELHO	M	32	M0039	6	PRAFIT CLUB	00:36:52
8	2156	WILLIAM S LEMOS	M	28	M0039	7	INDIVIDUAL	00:37:31
9	2157	FERNANDO A M MIRANDA	M	43	M4049	2	OS MIRANDAS	00:37:58
10	1218	LUIS REBELO	M	52	M5059	1	FALCOES SELVAGENS	00:38:22
11	1405	JORGE LIQUITO	M	28	M0039	8	FALCOES SELVAGENS	00:38:34
12	1252	JOAQUIM A V DIAS	M	43	M4049	3	INDIVIDUAL	00:38:48
13	1275	PAULO PAIAS	M	36	M0039	9	INDIVIDUAL	00:38:50
14	2136	PEDRO GUIMARÃES	M	35	M0039	10	GEORUNNERS	00:38:52
15	1387	RUI BATISTA	M	29	M0039	11	ACDRS QUINHENDROS	00:39:09
16	2421	ISIDRO DUARTE	M	48	M4049	4	RB RUNNING	00:39:18
17	2302	FRANCISCO SERRANO	M	42	M4049	5	GD INE	00:39:18
18	2405	JOSÉ E F PENA	M	51	M5059	2	KEEP RUNNING	00:39:23
19	1474	PEDRO SANTOS	M	32	M0039	12	SGT12	00:39:49
20	1312	FERNANDO FIGUEIREDO	M	50	M5059	3	FALCOES SELVAGENS	00:39:58
21	2226	BRUNO PIRES	M	34	M0039	13	GDC BANCO PORTUGAL	00:40:17
22	1397	NUNO SOARES	M	34	M0039	14	CORRER LISBOA	00:40:27
23	1470	VITOR D M OLIVEIRA	M	25	M0039	15	INDIVIDUAL	00:40:29
24	1461	MANUEL A D FERNANDES	M	38	M0039	16	ASAS NOS PÉS	00:40:34
25	1412	PEDRO M R C LIMA	M	50	M5059	4	INDIVIDUAL	00:41:11
26	2098	GIL X ALVES	M	39	M0039	17	UNIDOS DA MANUTENÇÃO	00:41:20
27	2071	JOSE M GOMES	M	55	M5059	5	INDIVIDUAL	00:41:25
28	1388	ANIBAL GASPAR	M	46	M4049	6	CCD ALVITEJO	00:41:28
29	2236	PEDRO BARREIRÃO	M	29	M0039	18	GDC BANCO PORTUGAL	00:41:31
30	2204	LUCILIA SOARES	F	54	F5059	1	Aminhacorrída/Kalenji	00:41:32
31	2322	PETER STEINHAUSEN	M	64	M6099	1	INDIVIDUAL	00:41:41
32	2407	ROBERT SERRÃO	M	26	M0039	19	CORRER LISBOA	00:41:53
33	1257	JOSÉ C G SARGAÇO	M	44	M4049	7	FALCOES SELVAGENS	00:42:09
34	1465	ANDRE F MARTINS	M	34	M0039	20	TÁLENTOS TEAM	00:42:14
35	2151	JORGE M P VAZ	M	42	M4049	8	VOLKSWAGEN AUTOEUROPA	00:42:17
36	2147	JOAO CALDAS	M	50	M5059	6	ND AUTOCOOPE	00:42:20
37	2087	LUIS MIGUEL	M	42	M4049	9	INDIVIDUAL	00:42:26
38	1273	RENATO CARMO	M	52	M5059	7	FALCOES SELVAGENS	00:42:27
39	2131	CARLOS M P VISEU	M	46	M4049	10	ARNEIRO	00:42:42
40	2338	ALFREDO VALENTE	M	53	M5059	8	AB CAMPOLIDE	00:42:45
41	2230	NUNO PIRES	M	23	M0039	21	GDC BANCO PORTUGAL	00:42:47
42	2387	ARMANDO J V DIAS	M	51	M5059	9	RUN FOR FRIENDS	00:42:47
43	1428	CARLOS MONTEIRO	M	65	M6099	2	FALCOES SELVAGENS	00:42:51
44	2264	EDGAR JACINTO	M	29	M0039	22	AUTOJACINTO	00:42:56

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
45	2263	ANTONIO JACINTO	M	56	M5059	10	AUTOJACINTO	00:42:57
46	1373	JOÃO GIL	M	28	M0039	23	FALCOES SELVAGENS	00:42:58
47	2155	FERNANDO A C FARINHA	M	49	M4049	11	INDIVIDUAL	00:43:04
48	1384	CÉSAR QUINTAS	M	36	M0039	24	ACDRS QUINHENDROS	00:43:10
49	2241	CARLOS PEREIRA	M	29	M0039	25	INDIVIDUAL	00:43:10
50	2012	ANTÓNIO J L MARTINS	M	50	M5059	11	NAV RUNNERS	00:43:11
51	1393	CARLOS FLORÊNCIA	M	32	M0039	26	INDIVIDUAL	00:43:15
52	1371	VITOR AZEVEDO	M	37	M0039	27	ASAS NOS PÉS	00:43:15
53	1233	BRUNO PANDAIO	M	39	M0039	28	DOLCE FURADOURO	00:43:18
54	2310	JOEL RODRIGUES	M	36	M0039	29	INDIVIDUAL	00:43:20
55	1350	LUÍS CASTRO	M	33	M0039	30	INDIVIDUAL	00:43:39
56	1274	PAULO MATA	M	52	M5059	12	INDIVIDUAL	00:43:39
57	2436	NELSON PEREIRA	M	26	M0039	31	GAREHOTEL RUNNING	00:43:42
58	1213	HÉLIO MARQUES	M	41	M4049	12	INGLESES FC	00:43:42
59	2393	RUI BELO	M	47	M4049	13	INDIVIDUAL	00:43:47
60	2275	DUARTE COSTA	M	32	M0039	32	CORRER LISBOA	00:43:53
61	2290	HUGO BARRETO	M	34	M0039	33	HB	00:43:53
62	1230	VITOR PEREIRA	M	55	M5059	13	INDIVIDUAL	00:44:08
63	2107	CARLOS M MARQUES	M	37	M0039	34	INDIVIDUAL	00:44:09
64	2364	JOSÉ MAIO	M	52	M5059	14	INDIVIDUAL	00:44:13
65	2215	RUI DUARTE	M	40	M4049	14	INDIVIDUAL	00:44:21
66	2232	ADELINO SEMEDO	M	63	M6099	3	GDC BANCO PORTUGAL	00:44:25
67	1383	MÁRCIO RODRIGUES	M	37	M0039	35	ACDRS QUINHENDROS	00:44:30
68	1341	RICARDO COELHO	M	29	M0039	36	INDIVIDUAL	00:44:30
69	2149	JUVENAL MOREIRA	M	52	M5059	15	ND AUTOCOOPE	00:44:33
70	2054	NUNO PEIXOTO	M	27	M0039	37	REFISICA GINASIO	00:44:34
71	1459	MAURO SANTOS	M	32	M0039	38	INDIVIDUAL	00:44:35
72	1479	JOSE NUNES	M	48	M4049	15	KEEP RUNNING	00:44:38
73	1386	BRUNO LOPES	M	33	M0039	39	ACDRS QUINHENDROS	00:44:38
74	1376	PAULO GOMES	M	43	M4049	16	3 DELTA	00:44:42
75	2022	ANTÓNIO REIS	M	41	M4049	17	INDIVIDUAL	00:44:43
76	2294	MANUEL TAVARES	M	57	M5059	16	RUN PIRILAMPO	00:44:50
77	2257	RUI M A COSTA	M	26	M0039	40	INDIVIDUAL	00:44:52
78	2401	ADRIEN CANO	M	28	M0039	41	INDIVIDUAL	00:44:56
79	1228	AUGUSTO NUNES	M	53	M5059	17	INDIVIDUAL	00:45:00
80	2003	PAULO CALDEIRA	M	45	M4049	18	INDIVIDUAL	00:45:03
81	1440	PEDRO FREITAS	M	41	M4049	19	FALCOES SELVAGENS	00:45:05
82	1453	ANTÓNIO MERUJO	M	56	M5059	18	SCU TORREENSE	00:45:07
83	2344	SERGIO C SANTOS	M	36	M0039	42	INDIVIDUAL	00:45:09
84	1232	EDUARDO LUÍS	M	38	M0039	43	ATÓMICOS	00:45:10
85	2334	RUI P RODRIGUES	M	41	M4049	20	AB CAMPOLIDE	00:45:13
86	2059	JORGE RIBEIRO	M	44	M4049	21	O MAIS BELO NASCER DO SOL DO MUNDO	00:45:22
87	1366	RICARDO SILVA	M	34	M0039	44	SINTRA IC	00:45:25
88	2307	NOEMIA SEQUEIRA	F	48	F4049	1	SS CGD	00:45:32

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
89	2304	CARLOS LEITAO	M	52	M5059	19	SS CGD	00:45:34
90	2315	JOSE PEREIRA	M	40	M4049	22	INDIVIDUAL	00:45:35
91	2242	PAULO TORRES	M	40	M4049	23	GAREHOTELRUNNING	00:45:40
92	1421	LUIS MORAIS	M	40	M4049	24	INDIVIDUAL	00:45:41
93	2066	ADRIANO S REIS	M	40	M4049	25	P&A MULTISPORTS	00:45:43
94	2118	LÚCIO A B SANTOS	M	55	M5059	20	IUM	00:45:45
95	2385	MARTA A SANTOS	F	39	F0039	1	ABSANT CONSULT	00:45:45
96	2229	LUÍS RIO	M	44	M4049	26	GDC BANCO PORTUGAL	00:45:48
97	1472	SÉRGIO E C NUNES	M	22	M0039	45	INDIVIDUAL	00:45:50
98	1333	JOSÉ S AUGUSTO	M	55	M5059	21	FALCOES SELVAGENS	00:45:50
99	2306	JORGE MORGADO	M	54	M5059	22	SS CGD	00:45:52
100	2145	ANTONIO ALMEIDA	M	52	M5059	23	ND AUTOCOOPE	00:45:53
101	1365	SAUL COSTA	M	34	M0039	46	SINTRA IC	00:45:54
102	2435	HUGO SILVA	M	30	M0039	47		00:45:56
103	2097	NUNO MESTRE	M	41	M4049	27	UNIDOS DA MANUTENÇÃO	00:46:01
104	1319	FRANCISCO A MORAIS	M	36	M0039	48	INDIVIDUAL	00:46:11
105	2374	CÉDRIC MONTEIRO	M	29	M0039	49	MANOS	00:46:15
106	1299	LUÍS M G GRAÇA	M	46	M4049	28	FALCOES SELVAGENS	00:46:16
107	1443	RUI ANDRÉ	M	58	M5059	24	FALCOES SELVAGENS	00:46:16
108	2041	JOÃO P VALADEIRO	M	24	M0039	50	EQUIPA	00:46:16
109	2336	RUI RODRIGUES	M	50	M5059	25	AB CAMPOLIDE	00:46:21
110	1362	RUI ISIDORO	M	40	M4049	29	INDIVIDUAL	00:46:24
111	2050	JOSE MONTEIRO	M	59	M5059	26	INDIVIDUAL	00:46:28
112	2134	EMANUEL SEITA	M	40	M4049	30	INDIVIDUAL	00:46:32
113	2228	JOAQUIM FERRÃO	M	55	M5059	27	GDC BANCO PORTUGAL	00:46:35
114	2237	FERNANDO MARTINS	M	45	M4049	31	GDC BANCO PORTUGAL	00:46:36
115	2033	ROGÉRIO CARREIRO	M	54	M5059	28	INDIVIDUAL	00:46:38
116	2355	DANIEL C NUNES	M	35	M0039	51	INDIVIDUAL	00:46:40
117	2188	DANIEL M SILVA	M	20	M0039	52	INDIVIDUAL	00:46:47
118	1447	JOSÉ GOUVEIA	M	48	M4049	32	EQUIPA	00:46:51
119	2001	RUI BARROS	M	47	M4049	33	CLUBE PT	00:46:55
120	1269	PAULO SIMÕES	M	49	M4049	34	FALCOES SELVAGENS	00:46:59
121	2082	NUNO M S CORDEIRO	M	41	M4049	35	INDIVIDUAL	00:47:00
122	1272	LUIS F G ANTUNES	M	35	M0039	53	INDIVIDUAL	00:47:06
123	1399	JOANA GARCIA	F	27	F0039	2	ASAS DOS AÇORES	00:47:06
124	1457	JOÃO J B HENRIQUES	M	53	M5059	29	FALCOES SELVAGENS	00:47:09
125	2276	MARGARIDA GODINHO	F	57	F5059	2	INDIVIDUAL	00:47:14
126	2402	MONICA SILVA	F	29	F0039	3	INDIVIDUAL	00:47:16
127	1378	CARLOS JESUS	M	41	M4049	36	O MUNDO DA CORRIDA	00:47:16
128	1360	JOSÉ HENRIQUES	M	47	M4049	37	INDIVIDUAL	00:47:16
129	2287	JOSE D ARAÚJO	M	54	M5059	30	NÃO FAÇO NEM 1 KM	00:47:17
130	2172	ANTONIO CASTRO	M	72	M6099	4	INDIVIDUAL	00:47:18
131	1375	JOSÉ TAVARES	M	48	M4049	38	3 DELTA	00:47:24
132	1419	PEDRO VENTURA	M	33	M0039	54	INDIVIDUAL	00:47:24

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
133	2030	PAULO M ALVES	M	46	M4049	39	INDIVIDUAL	00:47:33
134	2169	RUI COSTA	M	30	M0039	55	GYRAD, LDA	00:47:35
135	1392	PAULO MARQUES	M	31	M0039	56	INDIVIDUAL	00:47:41
136	2074	PAULO D S FREIRE	M	49	M4049	40	INDIVIDUAL	00:47:43
137	2280	ANTÓNIO GALAMBA	M	36	M0039	57	INDIVIDUAL	00:47:43
138	2222	EUGENIO V R MARTÍNEZ	M	34	M0039	58	SHIADU TEAM	00:47:48
139	1445	FRANCISCO CURTINHA	M	58	M5059	31	EQUIPA	00:47:49
140	2091	MAFALDA MARTINHO	F	27	F0039	4	INDIVIDUAL	00:47:50
141	2255	CARLOS E M RIBEIRO	M	55	M5059	32	METE ÁGUA	00:47:56
142	2058	ANTÓNIO J VARELA	M	50	M5059	33	INDIVIDUAL	00:47:57
143	2105	FRFEDERICO M NOBRE	M	39	M0039	59	CLUBE STRESS	00:48:03
144	1382	LUIS M NEVES	M	46	M4049	41	TARTARUGAS SOLIDÁRIAS	00:48:04
145	1307	JOSÉ A G G CRUZ	M	55	M5059	34	FALCOES SELVAGENS	00:48:04
146	2243	FERNANDO TORRES	M	53	M5059	35	GAREHOTELRUNNING	00:48:07
147	1372	CARLOS GARCIA	M	51	M5059	36	FALCOES SELVAGENS	00:48:08
148	1377	CARLOS BATISTA	M	42	M4049	42	3 DELTA	00:48:09
149	2165	JOSE ESTRELA	M	61	M6099	5	INDIVIDUAL	00:48:13
150	2238	FERNANDO RIBEIRO	M	50	M5059	37	GDC BANCO PORTUGAL	00:48:16
151	1277	ANTÓNIO L S SILVA	M	31	M0039	60	INDIVIDUAL	00:48:25
152	2408	PEDRO COSTA	M	38	M0039	61	INDIVIDUAL	00:48:26
153	2180	RUBEN M D DIAS	M	41	M4049	43	INDIVIDUAL	00:48:26
154	2057	BAVIECHE SAMGI	M	25	M0039	62	INDIVIDUAL	00:48:26
155	2354	JOSÉ SANTOS	M	56	M5059	38	INDIVIDUAL	00:48:28
156	2006	MIGUEL SIMÕES	M	37	M0039	63	INDIVIDUAL	00:48:32
157	1429	CARLOS VERÍSSIMO	M	42	M4049	44	FALCOES SELVAGENS	00:48:32
158	1436	MIGUEL CARVALHO	M	19	M0039	64	FALCOES SELVAGENS	00:48:32
159	1408	MANUEL MARTINS	M	59	M5059	39	OS MARTINS	00:48:35
160	2331	JOSE MOGA	M	58	M5059	40	A VALE SILENCIO	00:48:41
161	2266	HENRIQUE ALVAREDO	M	58	M5059	41	EQUIPA	00:48:48
162	2130	ANTONIO C NOVAS	M	38	M0039	65	INDIVIDUAL	00:48:50
163	2339	MANUEL FONSECA	M	52	M5059	42	AB CAMPOLIDE	00:48:53
164	1255	ANTÓNIO M L ESPINHEIRA	M	29	M0039	66	INDIVIDUAL	00:48:54
165	2381	JOSE MOGA	M	58	M5059	43	A VALE SILENCIO	00:49:01
166	2330	LEONEL NEVES	M	62	M6099	6	A VALE SILENCIO	00:49:01
167	2329	AURELIO AGUIAR	M	61	M6099	7	A VALE SILENCIO	00:49:01
168	2085	JOAO URBANO	M	30	M0039	67	INDIVIDUAL	00:49:03
169	1477	BRUNO PINTO	M	41	M4049	45	SGT12	00:49:13
170	2298	FERNANDO TEIXEIRA	M	43	M4049	46	INDIVIDUAL	00:49:16
171	2289	RUI JORGE SANTOS	M	43	M4049	47	INDIVIDUAL	00:49:16
172	2272	YANNICK PEDROSA	M	24	M0039	68	FORTES ISEL	00:49:21
173	2251	LEONEL MENDES	M	29	M0039	69	INDIVIDUAL	00:49:22
174	2346	PIETRO VISCOMI	M	32	M0039	70	INDIVIDUAL	00:49:30
175	2415	RICARDO BORDALO	M	47	M4049	48	INDIVIDUAL	00:49:30
176	2413	RUI SANCHES	M	44	M4049	49	INDIVIDUAL	00:49:32

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
177	2177	ANTÓNIO SILVA	M	45	M4049	50	CAIPIRINHAS DE SESIMBRA	00:49:32
178	2418	RUN FOR FRIENDS	M	44	M4049	51	RUN FOR FRIENDS	00:49:34
179	1456	ANDRÉ H S BRANDÃO	M	35	M0039	71	INDIVIDUAL	00:49:36
180	1214	JOSÉ C SOUSA	M	50	M5059	44	FALCOES SELVAGENS	00:49:41
181	1364	URBINO SOARES	M	31	M0039	72	SINTRA IC	00:49:46
182	2270	VÁLTER BAPTISTA	M	24	M0039	73	FORTES ISEL	00:49:46
183	1211	FRANCISCO PASSOS	M	55	M5059	45	INDIVIDUAL	00:49:46
184	1219	JOSÉ MARTINS	M	37	M0039	74	FALCOES SELVAGENS	00:49:47
185	1476	VITOR QUINZE-REIS	M	48	M4049	52	SGT12	00:49:48
186	2142	NADIA R S FONTANELLA	F	50	F5059	3	INDIVIDUAL	00:49:48
187	2319	LUIS ALEXANDRE	M	45	M4049	53	INDIVIDUAL	00:49:49
188	1451	FILIPA RELVAS	F	28	F0039	5	FALCOES SELVAGENS	00:49:55
189	2214	MARIA LEMOS	F	49	F4049	2	INDIVIDUAL	00:49:57
190	2382	EDGAR SANTOS	M	33	M0039	75	LOBOS CARVALHAL	00:50:00
191	1450	MANUEL J S DIAS	M	49	M4049	54	INDIVIDUAL	00:50:04
192	1426	ALEXANDRE CARVALHO	M	19	M0039	76	FALCOES SELVAGENS	00:50:08
193	2119	PAULO J DOMINGUES	M	43	M4049	55	INDIVIDUAL	00:50:19
194	1234	JOSÉ VICENTE	M	54	M5059	46	INDIVIDUAL	00:50:24
195	2094	RUI PAVIA	M	31	M0039	77	RUSH TEAM	00:50:26
196	2213	RUI REIS	M	38	M0039	78	INDIVIDUAL	00:50:28
197	2388	RUI M V DIAS	M	36	M0039	79	RUN FOR FRIENDS	00:50:28
198	2247	GUILHERMINO TAVEIRA	M	45	M4049	56	INDIVIDUAL	00:50:33
199	2420	MARIA SOUSA	F	49	F4049	3	INDIVIDUAL	00:50:38
200	2281	FERNANDO M L GONÇALVES	M	48	M4049	57	INDIVIDUAL	00:50:39
201	2053	JOSÉ MACARENO	M	29	M0039	80	INDIVIDUAL	00:50:42
202	2282	CARLOS MELO	M	50	M5059	47	CORRER LISBOA	00:50:43
203	2292	CARLOS TAVARES	M	46	M4049	58	RUN PIRILAMPO	00:50:43
204	2068	CIDALIA PIMENTEL	F	43	F4049	4	INDIVIDUAL	00:50:47
205	2185	JORGE V BARROS	M	42	M4049	59	INDIVIDUAL	00:50:48
206	1321	SAMUEL R PINHO	M	39	M0039	81	INDIVIDUAL	00:50:52
207	1239	JOÃO C L PINTO	M	23	M0039	82	INDIVIDUAL	00:50:53
208	1331	ANTONIO CUNHA	M	32	M0039	83	SUBMARINISTAS	00:50:59
209	1328	LUIS MARGALHO	M	38	M0039	84	SUBMARINISTAS	00:51:00
210	2235	PEDRO PINTO	M	30	M0039	85	GDC BANCO PORTUGAL	00:51:02
211	2199	ALEXANDRE VICENTE	M	29	M0039	86	INDIVIDUAL	00:51:03
212	1435	MARCO VAZ	M	33	M0039	87	FALCOES SELVAGENS	00:51:13
213	1305	ANTÓNIO C MARTINS	M	55	M5059	48	FALCOES SELVAGENS	00:51:14
214	1449	ALBANO GINJA	M	60	M6099	8	EQUIPA	00:51:23
215	2201	LUIS PALMA	M	39	M0039	88	INDIVIDUAL	00:51:31
216	1309	CARLOS A M ROSA	M	57	M5059	49	FALCOES SELVAGENS	00:51:33
217	2036	JOÃO J FERNANDES	M	35	M0039	89	INDIVIDUAL	00:51:37
218	2265	MAGNÍFICA ALVAREDO	F	61	F6099	1	EQUIPA	00:51:38
219	1271	PAULO C M PICADO	M	41	M4049	60	FALCOES SELVAGENS	00:51:46
220	1475	LUIS DIAS	M	27	M0039	90	SGT12	00:51:47

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
221	2089	ÁLVARO ALPOIM	M	53	M5059	50	INDIVIDUAL	00:51:47
222	1418	JOSÉ NEVES	M	48	M4049	61	INDIVIDUAL	00:51:50
223	2419	JOAO P ADEGAS	M	45	M4049	62	INDIVIDUAL	00:51:50
224	2353	LUIS MUCHACHO	M	43	M4049	63	ERICSSON	00:51:53
225	2106	FILIFE S REIS	M	44	M4049	64	CLUBE STRESS	00:51:56
226	2233	ANTÓNIO SIMÕES	M	46	M4049	65	GDC BANCO PORTUGAL	00:51:59
227	2434	MARIO SILVA	M	64	M6099	9		00:52:00
228	2146	CARLOS FERREIRA	M	59	M5059	51	ND AUTOCOOPE	00:52:02
229	2234	GINA CHEIO	F	45	F4049	5	GDC BANCO PORTUGAL	00:52:07
230	2162	EVELINO MAGALHÃES	M	41	M4049	66	NORAUTO PORTUGAL	00:52:13
231	1420	NUNO MAMDE	M	36	M0039	91	ACDRS QUINHENDROS	00:52:26
232	2079	JOAQUIM F C PINTO	M	57	M5059	52	INDIVIDUAL	00:52:27
233	2373	NUNO M B MARTINS	M	44	M4049	67	INDIVIDUAL	00:52:27
234	2386	RAFAEL S LOPEZ	M	41	M4049	68	INDIVIDUAL	00:52:30
235	2099	LUÍS BRAZÃO	M	67	M6099	10	UNIDOS DA MANUTENÇÃO	00:52:30
236	1401	MÁRCIA SANTOS	F	34	F0039	6	INDIVIDUAL	00:52:34
237	1403	HELDER NUNES	M	37	M0039	92	INDIVIDUAL	00:52:34
238	1395	PEDRO VILELA	M	36	M0039	93	INDIVIDUAL	00:52:35
239	1448	JOAQUIM SILVA	M	62	M6099	11	EQUIPA	00:52:49
240	2397	ANDRÉ GASPAR	M	25	M0039	94	SS MONTEPIO GERAL	00:52:53
241	2398	JOSE C GASPAR	M	56	M5059	53	SS MONTEPIO GERAL	00:52:53
242	2046	JOÃO GONÇALVES	M	49	M4049	69	INDIVIDUAL	00:52:54
243	2139	CARLA DIAS	F	45	F4049	6	INDIVIDUAL	00:52:55
244	2372	RUI M R FARIA	M	36	M0039	95	GRCD LEIÃO	00:52:58
245	2189	PAULO DUARTE	M	50	M5059	54	GDCT UNICRE	00:52:59
246	2135	PAULO J M NOGUEIRA	M	50	M5059	55	INDIVIDUAL	00:53:03
247	2193	EDUARDO RIBEIRO	M	48	M4049	70	GDCT UNICRE	00:53:17
248	2051	ÁLVARO GOMES	M	43	M4049	71	INDIVIDUAL	00:53:23
249	2379	MIKAEL SARAIVA	M	28	M0039	96	INDIVIDUAL	00:53:24
250	1308	MARCO A C CORDEIRO	M	20	M0039	97	INDIVIDUAL	00:53:24
251	2148	JOSE DIAS	M	58	M5059	56	ND AUTOCOOPE	00:53:24
252	1389	JOÃO MATEUS	M	48	M4049	72	MATEUS	00:53:25
253	2181	ADÉRITO CARRELHAS	M	62	M6099	12	INDIVIDUAL	00:53:26
254	1446	FERNANDO OLIVEIRA	M	60	M6099	13	EQUIPA	00:53:27
255	2187	FERNANDO SILVEIRO	M	47	M4049	73	FC ESTRELAS LISBOA	00:53:32
256	2047	PAULO A R NUNES	M	43	M4049	74	CORRER LISBOA	00:53:35
257	1455	HÉLDER SANTOS	M	39	M0039	98	ACDRS QUINHENDROS	00:53:37
258	2250	FRANCISCO VELOSO	M	55	M5059	57	Piratas do Tejo	00:53:40
259	2359	DAVID A D SIMAO	M	46	M4049	75	CORRER LISBOA	00:53:47
260	2160	PAULO GUEDES	M	44	M4049	76	INDIVIDUAL	00:53:50
261	2170	NUNO MACHADO	M	41	M4049	77	INDIVIDUAL	00:53:54
262	2195	ANTONIO MELGAO	M	36	M0039	99	INDIVIDUAL	00:53:56
263	1438	PAULA VIEIRA	F	44	F4049	7	FALCOES SELVAGENS	00:53:58
264	2109	FERNANDO CARREIRO	M	54	M5059	58	INDIVIDUAL	00:54:00

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
265	2337	ANTONIO LIMA	M	53	M5059	59	AB CAMPOLIDE	00:54:03
266	1345	FRANCISCO PINTO	M	43	M4049	78	INDIVIDUAL	00:54:08
267	1324	RAUL A M CARVALHO	M	57	M5059	60	FALCOES SELVAGENS	00:54:09
268	2375	CHRISTIANE MONTEIRO	F	33	F0039	7	MANOS	00:54:09
269	1264	JOÃO A M PRELHAZ	M	56	M5059	61	FALCOES SELVAGENS	00:54:09
270	1263	JOSÉ M B GONÇALVES	M	51	M5059	62	FALCOES SELVAGENS	00:54:10
271	2220	RICARDO LOPES	M	40	M4049	79	INDIVIDUAL	00:54:11
272	2108	JOÃO DE MELO	M	29	M0039	100	AÇOREANA	00:54:11
273	2040	JOÃO M PIRES	M	24	M0039	101	EQUIPA	00:54:16
274	2258	LEONOR LOUREIRO	F	19	F0039	8	FALCOES SELVAGENS	00:54:18
275	2217	RICARDO ARAGÃO	M	39	M0039	102	INDIVIDUAL	00:54:20
276	2143	JOÃO PACA	M	40	M4049	80	VIAROMA	00:54:20
277	2200	ANA I G MONTEIRO	F	45	F4049	8	GEORUNNERS	00:54:21
278	1468	INÊS TEIXEIRA	F	23	F0039	9	INDIVIDUAL	00:54:27
279	1458	CLAÚDIA PEREIRA	F	27	F0039	10	INDIVIDUAL	00:54:28
280	2351	JOSE A L MACHADO	M	48	M4049	81	INDIVIDUAL	00:54:28
281	1231	BRUNO FERNANDES	M	38	M0039	103	FALCOES SELVAGENS	00:54:33
282	1243	JORGE M N ANTÓNIO	M	53	M5059	63	INDIVIDUAL	00:54:35
283	1227	RAQUEL A C SANTOS	F	35	F0039	11	INDIVIDUAL	00:54:35
284	2433	RICARDO VAZ	M	38	M0039	104		00:54:39
285	2343	NUNO MARQUES	M	47	M4049	82	INDIVIDUAL	00:54:44
286	2111	MAURO SILVA	M	26	M0039	105	INDIVIDUAL	00:54:45
287	2184	MARIA QUITÉRIA	F	42	F4049	9	ALGYMNS	00:54:48
288	2116	JORGE P SANTOS	M	38	M0039	106	INDIVIDUAL	00:54:48
289	2049	JOÃO P S LIMA	M	56	M5059	64	4 AO KM	00:54:48
290	2065	PAULO R JERÓNIMO	M	53	M5059	65	INDIVIDUAL	00:54:49
291	2325	ARNALDO SILVA	M	46	M4049	83	PRAFIT CLUB	00:54:50
292	2261	MANUEL GOMES	M	50	M5059	66	CLUBE MARGINAL	00:54:54
293	1286	MIGUEL SOARES	M	33	M0039	107	INDIVIDUAL	00:54:54
294	1434	MANUELA FOLGADO	F	66	F6099	2	FALCOES SELVAGENS	00:54:56
295	2086	LUIS BILRO	M	32	M0039	108	INDIVIDUAL	00:54:57
296	2363	LUIS DOMINGUES	M	42	M4049	84	INDIVIDUAL	00:55:03
297	2166	JOSÉ BAIXINHO	M	58	M5059	67	SANTIAGO FC	00:55:03
298	2328	EUGÉNIA DAVID	F	38	F0039	12	PRAFIT CLUB	00:55:07
299	2129	SERGIO CARROLA	M	38	M0039	109	INDIVIDUAL	00:55:09
300	1416	JOAQUIM F S ALMEIDA	M	55	M5059	68	INDIVIDUAL	00:55:10
301	1301	PAULO AMARAL	M	53	M5059	69	INDIVIDUAL	00:55:12
302	2296	LUIS M L VICENTE	M	55	M5059	70	INDIVIDUAL	00:55:14
303	2297	JOÃO FRANCISCO DUARTE	M	63	M6099	14	INDIVIDUAL	00:55:15
304	2299	MIGUEL CASTELA	M	45	M4049	85	AA LEBRES SADO	00:55:15
305	2300	CECÍLIA NICOLAU	F	49	F4049	10	AA LEBRES SADO	00:55:15
306	2395	GONÇALO LOUSADA	M	27	M0039	110	INDIVIDUAL	00:55:18
307	2064	LUIS AMORIM	M	58	M5059	71	NA BDF	00:55:20
308	1379	LUÍS GUERRA	M	39	M0039	111	INDIVIDUAL	00:55:23

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
309	1381	FERNANDO CASTRO	M	48	M4049	86	INDIVIDUAL	00:55:26
310	2308	MIGUEL ANGELO	M	40	M4049	87	SS CGD	00:55:27
311	1469	JOANA F P CORREIA	F	27	F0039	13	INDIVIDUAL	00:55:30
312	1236	ANA M SANTOS	F	29	F0039	14	INDIVIDUAL	00:55:31
313	2403	JAIME AFONSO	M	51	M5059	72	CLUBE ANACOM	00:55:36
314	2031	PEDRO M HENRIQUES	M	42	M4049	88	INDIVIDUAL	00:55:37
315	1425	AGAMENE PAULO	F	39	F0039	15	FALCOES SELVAGENS	00:55:42
316	2110	ANTONIO CAEIRO	M	41	M4049	89	INDIVIDUAL	00:55:49
317	1385	PAULO SIVA	M	32	M0039	112	ACDRS QUINHENDROS	00:55:51
318	2009	ARTUR J F SANTOS	M	40	M4049	90	INDIVIDUAL	00:55:52
319	1280	PAULO M V B MORAIS	M	35	M0039	113	SAF	00:55:54
320	1281	BRUNO M M CAETANO	M	29	M0039	114	SAF	00:55:54
321	2015	MÁRIO HENRIQUES	M	40	M4049	91	INDIVIDUAL	00:56:00
322	1217	ANDREIA ROCHA	F	37	F0039	16	FALCOES SELVAGENS	00:56:03
323	1225	CARLOS M R COELHO	M	42	M4049	92	FALCOES SELVAGENS	00:56:04
324	1320	ANDRÉ V RIBEIRO	M	23	M0039	115	INDIVIDUAL	00:56:06
325	1347	DINIS C ABREU	M	23	M0039	116	INDIVIDUAL	00:56:06
326	1463	ROMEU FOINSECA	M	31	M0039	117	INDIVIDUAL	00:56:09
327	2167	JUDITE BAIXINHO	F	30	F0039	17	SANTIAGO FC	00:56:09
328	2028	FÁTIMA BRANCO	F	49	F4049	11	INDIVIDUAL	00:56:20
329	2245	ISABEL MARTINS	F	47	F4049	12	INDIVIDUAL	00:56:29
330	1356	PATRÍCIO A R BRANCO	M	39	M0039	118	INDIVIDUAL	00:56:30
331	1251	RUI M O MARICATO	M	41	M4049	93	C SARGENTO ARMADA	00:56:30
332	2133	NUNO E C B MOREIRA	M	43	M4049	94	CCD-AT	00:56:32
333	1327	ARMANDO V RUIVO	M	51	M5059	73	INDIVIDUAL	00:56:35
334	2008	JORGE M G PIRES	M	61	M6099	15	INDIVIDUAL	00:56:36
335	2093	HUGO REIS	M	40	M4049	95	RUSH TEAM	00:56:36
336	2158	NUNO REQUEIJÃO	M	40	M4049	96	INDIVIDUAL	00:56:37
337	2219	PAULO A SANTOS	M	44	M4049	97	INDIVIDUAL	00:56:37
338	2283	VASCO P F S AFONSO	M	43	M4049	98	INDIVIDUAL	00:56:38
339	2309	FERNANDO ALVES	M	54	M5059	74	SS CGD	00:56:39
340	1415	LEANDRO SILVA	M	35	M0039	119	SAG	00:56:40
341	2161	VITOR M S M INÁCIO	M	49	M4049	99	INDIVIDUAL	00:56:41
342	2104	LUIS MARTINS	M	60	M6099	16	NAV RUNNERS	00:56:43
343	2271	JOÃO SERRA	M	23	M0039	120	FORTES ISEL	00:56:47
344	1407	AUGUSTO F T S NUNES	M	51	M5059	75	INDIVIDUAL	00:56:48
345	2371	Mª JOÃO CORREIA	F	20	F0039	18	INDIVIDUAL	00:56:49
346	2428	MARIA BARRACHA	F	53	F5059	4		00:56:52
347	2342	ANTÓNIO DONATO	M	51	M5059	76	INDIVIDUAL	00:56:53
348	2284	PEDRO PEREIRA	M	29	M0039	121	INDIVIDUAL	00:56:56
349	1245	RAUL J A MARTINHO	M	54	M5059	77	INDIVIDUAL	00:56:58
350	2077	JOANA GONÇALVES	F	24	F0039	19	GUMELO RUNNERS	00:56:58
351	2078	ANTÓNIO CAVALEIRO	M	26	M0039	122	GUMELO RUNNERS	00:56:58
352	2115	NUNO FRAGOSO	M	40	M4049	100	INDIVIDUAL	00:56:59

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
353	1361	VÍTOR J M BAPTISTA	M	61	M6099	17	INDIVIDUAL	00:57:00
354	2144	ZUZANA SIMULCIKOVA	F	26	F0039	20	INDIVIDUAL	00:57:07
355	1352	LUÍS M RIBEIRO	M	55	M5059	78	INDIVIDUAL	00:57:08
356	1222	RUI A C MACHADO	M	55	M5059	79	INDIVIDUAL	00:57:09
357	2018	ELISABETE B L INTO	F	45	F4049	13	INDIVIDUAL	00:57:13
358	1290	PAULA TEIXEIRA	F	38	F0039	21	FALCOES SELVAGENS	00:57:15
359	1323	PATRICIA BARRETO	F	34	F0039	22	INDIVIDUAL	00:57:15
360	1306	JOANA I S DUQUE	F	23	F0039	23	INDIVIDUAL	00:57:16
361	2088	LUÍS M M PEREIRA	M	53	M5059	80	INDIVIDUAL	00:57:25
362	2052	DORA S C SIMOES	F	42	F4049	14	INDIVIDUAL	00:57:25
363	1238	ESMERALDA S AFONSO	F	33	F0039	24	INDIVIDUAL	00:57:25
364	2174	PAULA GOMES	F	41	F4049	15	3 DELTA	00:57:30
365	2254	FÁBIO F GAMEIRO	M	29	M0039	123	INDIVIDUAL	00:57:30
366	2291	TITO NASCIMENTO	M	36	M0039	124	INDIVIDUAL	00:57:30
367	2159	INÊS MARTINS	F	32	F0039	25	NAV RUNNERS	00:57:33
368	2366	FERNANDO V MARQUES	M	61	M6099	18	INDIVIDUAL	00:57:36
369	2278	JOSÉ SEBASTIÃO	M	45	M4049	101	INDIVIDUAL	00:57:39
370	2004	ANA I MARTINS	F	55	F5059	5	FALCOES SELVAGENS	00:57:39
371	2384	MIGUEL BARROS	M	38	M0039	125	INDIVIDUAL	00:57:45
372	1432	JUSTILIANO SILVA	M	62	M6099	19	FALCOES SELVAGENS	00:57:45
373	2125	MARLENE OLIVEIRA	F	43	F4049	16	INDIVIDUAL	00:57:51
374	2425	JOSE EMILIO	M	26	M0039	126		00:57:57
375	2061	SOFIA LUIS	F	39	F0039	26	INDIVIDUAL	00:57:59
376	2422	JORGE MAXIMO	M	36	M0039	127		00:58:01
377	2378	TIAGO NUNES	M	36	M0039	128	INDIVIDUAL	00:58:04
378	2377	VITOR ALMEIDA	M	62	M6099	20	INDIVIDUAL	00:58:04
379	2260	FRANCISCO COITO	M	64	M6099	21	CLUBE MARGINAL	00:58:07
380	2358	JOÃO M C SOBRAL	M	24	M0039	129	INDIVIDUAL	00:58:12
381	2295	CECÍLIA TAVARES	F	49	F4049	17	RUN PIRILAMPO	00:58:14
382	2427	ANA BARRACHA	F	35	F0039	27		00:58:20
383	2072	JORGE M M CORDEIRO	M	44	M4049	102	INDIVIDUAL	00:58:22
384	1444	VITÓRIA MONTEIRO	F	64	F6099	3	FALCOES SELVAGENS	00:58:27
385	2345	JOANA SILVESTRE	F	38	F0039	28	INDIVIDUAL	00:58:30
386	2362	DMITRY SOROKIN	M	41	M4049	103	INDIVIDUAL	00:58:31
387	2212	ARQUIMINIO A L NUNES	M	60	M6099	22	INDIVIDUAL	00:58:34
388	1473	ANGELA M F G NUNES	F	32	F0039	29	INDIVIDUAL	00:58:37
389	2365	BRUNO ABRANTES	M	40	M4049	104	OS ABRANTES	00:58:43
390	1452	ELIZABETH LAGE	F	45	F4049	18	INDIVIDUAL	00:58:45
391	1374	MANUEL NOGUEIRA	M	51	M5059	81	INDIVIDUAL	00:58:45
392	1478	NUNO GONÇALVES	M	63	M6099	23	KEEP RUNNING	00:58:46
393	2081	ORLANDO ALVES	M	44	M4049	105	CF OS BELENENSES	00:58:49
394	2020	ANTONIO FARIA	M	61	M6099	24	INDIVIDUAL	00:58:56
395	1242	RILDO G SOARES	M	46	M4049	106	R FRENTE RIBEIRINHA PÓVOA STA IRIA	00:59:03
396	2100	MAYER RAPOSO	M	69	M6099	25	AA LEBRES SADO	00:59:04

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
397	2410	NUNO GAMEIRO	M	35	M0039	130	INDIVIDUAL	00:59:09
398	1398	JOSÉ F E MARTIND	M	41	M4049	107	INDIVIDUAL	00:59:15
399	1394	NELSON RUIVO	M	49	M4049	108	INDIVIDUAL	00:59:15
400	2210	RUI M F ALDEANO	M	33	M0039	131	INDIVIDUAL	00:59:21
401	2032	NELSON INACIO	M	46	M4049	109	INDIVIDUAL	00:59:26
402	1363	ALEXANDRE GUERRA	M	40	M4049	110	SINTRA IC	00:59:27
403	1402	SARA VIDAL	F	29	F0039	30	INDIVIDUAL	00:59:34
404	1400	PEDRO CARDEIRA	M	41	M4049	111	INDIVIDUAL	00:59:35
405	2153	JOAQUIM FRAGOSO	M	66	M6099	26	CCD CASA PIA	00:59:36
406	2023	GUIOMAR S M SOARES	F	44	F4049	19	R FRENTE RIBEIRINHA PÓVOA STA IRIA	00:59:36
407	1369	ANA SANTOS	F	32	F0039	31	OS LENTINHOS	00:59:51
408	2056	CARLOS PENA	M	47	M4049	112	CORRER POR GOSTO	00:59:54
409	2209	LARA RODRIGUES	F	32	F0039	32	INDIVIDUAL	00:59:54
410	2208	JOSÉ XAVIER	M	29	M0039	132	INDIVIDUAL	00:59:54
411	1454	HUGO D V HENRIQUES	M	39	M0039	133	INDIVIDUAL	00:59:58
412	1467	JOÃO M R MARQUES	M	37	M0039	134	INDIVIDUAL	00:59:59
413	1354	JOSÉ RODRIGUES	M	47	M4049	113	INDIVIDUAL	01:00:23
414	2171	PATRÍCIA SANTOS	F	32	F0039	33	INDIVIDUAL	01:00:27
415	2396	SARA PALA	F	40	F4049	20	INDIVIDUAL	01:00:29
416	2361	EDUARDO J L SANTOS	M	36	M0039	135	INDIVIDUAL	01:00:43
417	2039	ANTONIO ANTUNES	M	35	M0039	136	INDIVIDUAL	01:00:48
418	1316	ANA MONTEIRO	F	32	F0039	34	INDIVIDUAL	01:00:48
419	1276	CARLA CHARANA	F	38	F0039	35	INDIVIDUAL	01:00:48
420	2000	ALEXANDRA AIRES	F	29	F0039	36	LP NUTRITION	01:01:15
421	2013	BÁRBARA MARQUES	F	30	F0039	37	INDIVIDUAL	01:01:17
422	2038	GONÇALO M A MENDES	M	31	M0039	137	INDIVIDUAL	01:01:20
423	2060	SIMONE FERREIRA	F	27	F0039	38	INDIVIDUAL	01:01:24
424	2380	JULIETA SANTOS	F	56	F5059	6	TARTARUGAS SOLIDÁRIAS	01:01:26
425	1480	NEUZA HENRIQUES	F	25	F0039	39	INDIVIDUAL	01:01:28
426	1396	VICTOR PINTO	M	53	M5059	82	SHIADU TEAM	01:01:32
427	2197	INÊS PINTO	F	26	F0039	40	SHIADU TEAM	01:01:32
428	1391	CAROLINA MATEUS	F	19	F0039	41	MATEUS	01:01:33
429	1390	ISABEL MATEUS	F	44	F4049	21	MATEUS	01:01:36
430	1215	VITOR CARDOSO	M	52	M5059	83	INDIVIDUAL	01:01:48
431	1248	PAULA S L PIRES	F	38	F0039	42	FALCOES SELVAGENS	01:01:48
432	1266	SANDRA VASSAL	F	42	F4049	22	INDIVIDUAL	01:01:55
433	1353	S SAMPAIO	M	26	M0039	138		01:01:56
434	2399	ALFREDO REIS	M	61	M6099	27	SHIADU TEAM	01:02:01
435	2231	JOSÉ MONTEIRO	M	60	M6099	28	GDC BANCO PORTUGAL	01:02:06
436	2227	ANTÓNIO PEREIRA	M	74	M6099	29	GDC BANCO PORTUGAL	01:02:06
437	2368	PEDRO CARVALHO	M	20	M0039	139	ALVERCA URBAN RUNNERS	01:02:09
438	2367	CRISTINA LINO	F	50	F5059	7	ALVERCA URBAN RUNNERS	01:02:10
439	2069	VITOR LUCAS	M	52	M5059	84	BREAKAWAY	01:02:19
440	1414	HERMÍNIO COSTA	M	54	M5059	85	SAG	01:02:20

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
441	1326	CARLOS POMBEIRO	M	35	M0039	140	INDIVIDUAL	01:02:21
442	1325	ANA LOURENÇO	F	28	F0039	43	INDIVIDUAL	01:02:21
443	1342	ANA A COELHO	F	27	F0039	44	INDIVIDUAL	01:02:23
444	2120	NUNO MARQUES	M	45	M4049	114	SEMPRE EM FESTA	01:02:29
445	1430	HUGO SANTOS	M	38	M0039	141	FALCOES SELVAGENS	01:02:31
446	1442	RAQUEL ROQUE	F	38	F0039	45	FALCOES SELVAGENS	01:02:31
447	2348	CATARINA CALDEIRA	F	26	F0039	46	INDIVIDUAL	01:02:33
448	1466	IVO D FERREIRA	M	21	M0039	142	INDIVIDUAL	01:02:34
449	2333	ANTÓNIO PINHO	M	63	M6099	30	AA LEBRES SADO	01:02:40
450	2349	SÉRGIO M M OLIVEIRA	M	44	M4049	115	INDIVIDUAL	01:02:45
451	1346	ANA GONÇALVES	F	44	F4049	23	INDIVIDUAL	01:02:46
452	2150	SERGIO BORGES	M	43	M4049	116	ND AUTOCOOPE	01:02:54
453	2391	MÁRIO ROGADO	M	36	M0039	143	CORRER LISBOA	01:03:06
454	2248	JOÃO P CARVALHO	M	57	M5059	86	QUIDRO	01:03:12
455	2370	Mª MADALENA CORREIA	F	20	F0039	47	INDIVIDUAL	01:03:13
456	1334	FERNANDA PAULO	F	43	F4049	24	INDIVIDUAL	01:03:15
457	1292	FILIPA CARVALHO	F	36	F0039	48	INDIVIDUAL	01:03:15
458	1410	MARIA SILVEIRA	F	27	F0039	49	OS MARTINS	01:03:22
459	2055	BASILIO PAIXAO	M	47	M4049	117	INDIVIDUAL	01:03:22
460	2239	ANTONIO M HENRIQUES	M	58	M5059	87	INDIVIDUAL	01:03:25
461	1297	PEDRO DUARTE	M	39	M0039	144	INDIVIDUAL	01:03:27
462	2062	EDUARDO MOUTINHO	M	47	M4049	118	INDIVIDUAL	01:03:42
463	1241	RAQUEL B ROCHA	F	27	F0039	50	INDIVIDUAL	01:03:43
464	2273	PEDRO MURTINHAL	M	45	M4049	119	INDIVIDUAL	01:03:44
465	2246	TATIANA TORRES	F	20	F0039	51	GAREHOTELRUNNING	01:03:47
466	2225	JOÃO BATISTA	M	58	M5059	88	GDC BANCO PORTUGAL	01:03:48
467	2305	ESMERALDO PEREIRA	M	69	M6099	31	SS CGD	01:03:52
468	2048	LUÍS NETO	M	52	M5059	89	CARAP AUS DE CORRIDA	01:04:21
469	2432	FERNANDO ROSA	M	56	M5059	90		01:04:25
470	2431	MARTA FILIPE	F	37	F0039	52		01:04:25
471	1349	RUI SILVA	M	51	M5059	91	INDIVIDUAL	01:04:25
472	1351	DAVID FERNANDES	M	30	M0039	145	A CORRER POR TI	01:04:26
473	2357	LUÍS M S SOBRAL	M	53	M5059	92	INDIVIDUAL	01:04:30
474	2392	ANTONIO FERNANDES	M	48	M4049	120	INDIVIDUAL	01:04:37
475	2356	RUI F NUNES	M	64	M6099	32	INDIVIDUAL	01:04:41
476	2029	EBERHARD A WILHELM	M	68	M6099	33	4 AO KM	01:04:55
477	1464	HELDER R B S ROMAO	M	36	M0039	146	INDIVIDUAL	01:04:56
478	2207	RENATA G MILHANO	F	26	F0039	53	INDIVIDUAL	01:04:56
479	2070	OLIVIA LUCAS	F	50	F5059	8	BREAKAWAY	01:05:06
480	2340	JOAQUIM CORREIA	M	54	M5059	93	AB CAMPOLIDE	01:05:26
481	1370	JOSÉ A L GENTIL	M	42	M4049	121	INDIVIDUAL	01:06:01
482	2389	MARCO A P FERNANDES	M	27	M0039	147	RUN FOR FRIENDS	01:06:05
483	1357	MÁRCIA ALMEIDA	F	31	F0039	54	EQUIPA	01:06:05
484	1358	DIANA RUA	F	27	F0039	55	EQUIPA	01:06:06

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
485	1423	PATRÍCIA A S PITEIRA	F	36	F0039	56	INDIVIDUAL	01:06:14
486	1422	RUI F G RODRIGUES	M	35	M0039	148	INDIVIDUAL	01:06:15
487	2063	PAULA L S CAFÉ	F	42	F4049	25	INDIVIDUAL	01:06:26
488	2249	ANTÓNIO J MONTEIRO	M	57	M5059	94	QUIDRO	01:06:36
489	2406	ANA F NEVES	F	27	F0039	57	INDIVIDUAL	01:06:38
490	1439	PAULO RODRIGUES	M	52	M5059	95	FALCOES SELVAGENS	01:06:43
491	2073	JOAQUIM PAULA	M	45	M4049	122	INDIVIDUAL	01:06:55
492	1411	ANA PINTO	F	25	F0039	58	OS MARTINS	01:06:56
493	2311	JOSÉ FELICIANO	M	55	M5059	96	INDIVIDUAL	01:07:03
494	2176	MANUEL ALCADA	M	40	M4049	123	INDIVIDUAL	01:07:04
495	2416	CARLOS MESTRE	M	55	M5059	97	EQUIPA	01:07:08
496	2191	CLAUDIA MARQUES	F	35	F0039	59	GDCT UNICRE	01:07:10
497	2190	PAULO FRANÇA	M	54	M5059	98	GDCT UNICRE	01:07:10
498	2192	NUNO DUARTE	M	41	M4049	124	GDCT UNICRE	01:07:10
499	1302	SOFIA A ANTUNES	F	32	F0039	60	INDIVIDUAL	01:07:20
500	2417	SORAIA QUARESMA	F	34	F0039	61	CF OS BELENENSES	01:07:26
501	2124	TÂNIA M M DIAS	F	29	F0039	62	INDIVIDUAL	01:07:28
502	1338	GONÇALO J A N SANTOS	M	29	M0039	149	INDIVIDUAL	01:07:28
503	1335	CARLOS A S PEREIRA	M	33	M0039	150	INDIVIDUAL	01:07:28
504	1336	ISADORA L RUA	F	38	F0039	63	INDIVIDUAL	01:07:28
505	1339	JOSÉ T V A FIGUEIREDO	M	32	M0039	151	INDIVIDUAL	01:07:28
506	1337	JOSÉ L P BRAGA	M	36	M0039	152	INDIVIDUAL	01:07:29
507	2095	JOAO REIS	M	39	M0039	153	RUSH TEAM	01:07:36
508	1460	INÊS V MARTINS	F	31	F0039	64	INDIVIDUAL	01:07:38
509	2221	JOSÉ L T ALMEIDA	M	56	M5059	99	INDIVIDUAL	01:07:42
510	2429	JOSE BARRACHA	M	56	M5059	100		01:07:53
511	1270	SANDRA M NUNES	F	38	F0039	65	INDIVIDUAL	01:07:57
512	2293	ANA DIAS	F	35	F0039	66	RUN PIRILAMPO	01:08:05
513	2376	ANA-ALICE S PEREIRA	F	51	F5059	9	INDIVIDUAL	01:08:32
514	1462	ARTUR FIGUEIREDO	M	55	M5059	101	INDIVIDUAL	01:08:51
515	2026	PAULO S A ALVES	M	43	M4049	125	INDIVIDUAL	01:09:05
516	2205	FOCK CHIU	F	65	F6099	4	CONDOR	01:09:06
517	2080	ALBERTO LIXA	M	54	M5059	102	INDIVIDUAL	01:09:08
518	2132	FERNANDO M COELHO	M	51	M5059	103	INDIVIDUAL	01:09:10
519	2137	NIDIA SILVA	F	61	F6099	5	INDIVIDUAL	01:09:20
520	2259	DAVID OLIVEIRA	M	19	M0039	154	FALCOES SELVAGENS	01:09:30
521	1441	PEDRO XAVIER	M	40	M4049	126	FALCOES SELVAGENS	01:09:33
522	2163	SARA ALFENIM	F	41	F4049	26	INDIVIDUAL	01:09:49
523	2183	PAULA COUTO	F	52	F5059	10	ALGYMNS	01:09:53
524	2182	ARTUR DINIS	M	59	M5059	104	ALGYMNS	01:09:53
525	2262	DOMINGOS PEREIRA	M	62	M6099	34	CLUBE MARGINAL	01:09:54
526	2152	ALEXANDRA BELO	F	45	F4049	27	INDIVIDUAL	01:10:25
527	2321	JOÃO FARIA	M	37	M0039	155	INDIVIDUAL	01:10:28
528	2320	IVONE COSTA	F	34	F0039	67	INDIVIDUAL	01:10:28

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
529	1471	NUNO L S D SERRÃO	M	38	M0039	156	GALIFÕES	01:10:29
530	1344	JÓNATAS RIBEIRO	M	22	M0039	157	INDIVIDUAL	01:10:36
531	2122	MARLENE NUNES	F	21	F0039	68	INDIVIDUAL	01:10:36
532	2121	CLAUDIA TAM	F	34	F0039	69	AÇOREANA	01:11:07
533	2114	ANA JESUINO	F	33	F0039	70	MONSTROS DAS BOLACHAS	01:11:09
534	1417	ANTÓNIO M L V F CRAVO	M	41	M4049	127	PAPA GS - 7M	01:11:22
535	1406	FILIPE M F RODRIGUES	M	42	M4049	128	PAPA GS - 7M	01:11:24
536	2341	MARIA AGUIAR	F	45	F4049	28	AB CAMPOLIDE	01:11:59
537	2369	Mª JOÃO CORREIA	F	47	F4049	29	INDIVIDUAL	01:12:06
538	2112	CARLA REAL	F	34	F0039	71	INDIVIDUAL	01:12:22
539	2096	LUIS CRUZ	M	37	M0039	158	RUSH TEAM	01:12:25
540	2179	SANDRA M L C GUERREIRO	F	32	F0039	72	INDIVIDUAL	01:12:47
541	2426	HELDER VARANDA	M	69	M6099	35		01:13:00
542	1427	ALEXANDRE MARQUES	M	44	M4049	129	FALCOES SELVAGENS	01:13:02
543	2360	JOSÉ ALÍPIO	M	59	M5059	105	INDIVIDUAL	01:13:30
544	2035	MARIO PIRES	M	57	M5059	106	INDIVIDUAL	01:14:01
545	2141	PEDRO MATOSO	M	35	M0039	159	INDIVIDUAL	01:14:08
546	2303	ANA C CASTRO	F	50	F5059	11	SS CGD	01:14:28
547	2317	ANA AIRES	F	34	F0039	73	FINHÕES	01:15:00
548	1437	NUNO VAZ	M	33	M0039	160	FALCOES SELVAGENS	01:15:11
549	1431	INÊS LOUREIRO	F	43	F4049	30	FALCOES SELVAGENS	01:15:11
550	2277	ALEXANDRE SOARES	M	42	M4049	130	SALTITÕES	01:15:55
551	2005	PEDRO MAIA	M	30	M0039	161	FALCOES SELVAGENS	01:16:21
552	2223	DUARTE FONSECA	M	46	M4049	131	EQUIPA	01:16:46
553	1481	TIAGO RODRIGUES	M	29	M0039	162	MATACALORIAS	01:17:22
554	2404	BEBIANA PEREIRA	F	31	F0039	74	MATACALORIAS	01:17:23
555	2224	PAULA GUERRA	F	45	F4049	31	EQUIPA	01:17:25
556	2316	NUNO MORGADINHO	M	35	M0039	163	FINHÕES	01:17:33
557	2076	Mª CÉU A M A MARQUES	F	52	F5059	12	INDIVIDUAL	01:18:44
558	1285	JOÃO VAZ	M	37	M0039	164	INDIVIDUAL	01:21:32
559	1224	RUI OLIVEIRA	M	52	M5059	107	FALCOES SELVAGENS	01:21:32
560	1404	RAMIRO B MILHANO	M	56	M5059	108	INDIVIDUAL	01:21:36
561	2075	CLÁUDIA S L SERPA	F	39	F0039	75	INDIVIDUAL	01:21:42
562	2128	LUCINDA VICTORINO	F	61	F6099	6	INDIVIDUAL	01:21:48
563	2206	MARIA ANJOS	F	69	F6099	7	CONDOR	01:22:44
564	2409	ISABEL MATIAS	F	34	F0039	76	INDIVIDUAL	01:23:26
565	2411	ANA ISAAC	F	38	F0039	77	INDIVIDUAL	01:23:26
566	2412	FAUSTO ISAAC	M	46	M4049	132	INDIVIDUAL	01:23:27
567	1310	JORGE S A MARQUES	M	53	M5059	109	INDIVIDUAL	01:23:49
568	1311	JOÃO M P S SERPA	M	42	M4049	133	INDIVIDUAL	01:23:49
569	2140	CARLOS VIEIRA	M	46	M4049	134	INDIVIDUAL	01:24:27
570	2186	EUGÉNIO F BENTO	M	76	M6099	36	INDIVIDUAL	01:32:38
571	2127	SALETE DIAS	F	34	F0039	78	INDIVIDUAL	01:32:38
572	2126	ROSÁRIO DANTAS	F	50	F5059	13	INDIVIDUAL	01:32:38

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Esc.	Equipa	Tempo
573	2117	ELSA M SANTOS	F	36	F0039	79	INDIVIDUAL	01:32:38