

## LISTAGEM PROVISÓRIA (PARA CONFERÊNCIA DE TEMPO)

## I CORRIDA DO FITNESS

Patrocínio: AGAP Apoio: AGAP  
 Data: 24/05/2009  
 Classif.: Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
1	11	PAULO PALMA	31	M2039	1	M					CF OS BELENENSES	00:31:36
2	155	ANTONIO P L SANTOS	50	M5054	1	M					INDIVIDUAL	00:33:16
3	43	NUNO M CORREIA	42	M4044	1	M					GD INE	00:34:27
4	49	JULIO BARROCO	29	M2039	2	M					OS NOMADAS	00:34:51
5	50	CARLOS PASCOAL	45	M4549	1	M					OS NOMADAS	00:34:54
6	175	JOSE GUERRA	36	M2039	3	M					CLUBE VII	00:35:11
7	135	FREDEREICO A MORAIS	29	M2039	4	M					INDIVIDUAL	00:35:19
8	73	RUI MARTINS	53	M5054	2	M					INDIVIDUAL	00:35:25
9	31	LUIS ROSARIO	41	M4044	2	M					GINASIO TRAPEZIUS	00:35:27
10	207	PAULO GUERREIRO	43	M4044	3	M					INDIVIDUAL	00:35:49
11	98	FRANCISCO AZEVEDO	39	M2039	5	M					INDIVIDUAL	00:36:34
12	70	ANTONIO ALMEIDA	45	M4549	2	M					CLUBE AUTOCOOPE	00:36:40
13	174	JOAO MENDES	49	M4549	3	M					CLUBE VII	00:36:51
14	126	MARCOS PEREIRA	53	M5054	3	M					INDIVIDUAL	00:36:53
15	96	CARLOS JACINTO	40	M4044	4	M					INDIVIDUAL	00:37:18
16	212	PEDRO GUEDES	35	M2039	6	M					PATO RUNERS	00:37:26
17	214	LUIS GOMES	45	M4549	4	M					INDIVIDUAL	00:37:46
18	143	JOSE M CUNHA	45	M4549	5	M					INDIVIDUAL	00:37:47
19	162	PEDRO MARQUES	45	M4549	6	M					INDIVIDUAL	00:37:56
20	89	JOAO JORGE	47	M4549	7	M					INDIVIDUAL	00:38:13
21	46	MANUEL FIDALGO	56	M5559	1	M					OS NOMADAS	00:38:20
22	51	JOSE BARROCO	50	M5054	4	M					OS NOMADAS	00:38:20
23	87	LICINIO SIMOES	27	M2039	7	M					INDIVIDUAL	00:38:35
24	52	RUI MOURA	55	M5559	2	M					FAMILIA BUGALHO	00:38:38
25	32	JOSE OLIVEIRA	54	M5054	5	M					GINASIO TRAPEZIUS	00:38:48
26	12	ANTONIO FERNANDES	61	M6099	1	M					SOTECNICA	00:38:50
27	148	RICARDO PEREIRA	31	M2039	8	M					INDIVIDUAL	00:38:56
28	38	MARIO SILVA	56	M5559	3	M					C FERROV PORTUGAL	00:39:28
29	125	BRUNO PINHO	37	M2039	9	M					INDIVIDUAL	00:39:29
30	88	EDUARDO LUIS	31	M2039	10	M					INDIVIDUAL	00:39:46

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
31	42	GONÇALO FERREIRA	36	M2039	11	M					GD INE	00:40:04
32	138	ANTONIO VARELA	43	M4044	5	M					INDIVIDUAL	00:40:11
33	110	ABILIO OLIVEIRA	43	M4044	6	M					INDIVIDUAL	00:40:22
34	84	LUIS LOUREIRO	23	M2039	12	M					INDIVIDUAL	00:40:29
35	21	JORGE BARREIRA	48	M4549	8	M					QUALIDADE CAR	00:40:30
36	65	EDUARDO RIBEIRO	41	M4044	7	M					GDCT UNICRE	00:40:34
37	208	SOBRAL SOUSA	62	M6099	2	M					INDIVIDUAL	00:40:42
38	139	NUNO ANTONIO	34	M2039	13	M					INDIVIDUAL	00:40:49
39	129	JOAO CHUNG	31	M2039	14	M					INDIVIDUAL	00:41:00
40	29	PAULA SIMOES	34	F2034	1	F					SDF	00:41:01
41	41	FERNANDO CARVALHO	44	M4044	8	M					GD INE	00:41:01
42	203	MANUEL BRITO	37	M2039	15	M					INDIVIDUAL	00:41:26
43	120	RENATO ALVES	29	M2039	16	M					INDIVIDUAL	00:41:29
44	53	DAVID MOURA	22	M2039	17	M					FAMILIA BUGALHO	00:41:34
45	109	NUNO M B MARTINS	37	M2039	18	M					INDIVIDUAL	00:41:38
46	24	AMERICO COSTA	51	M5054	6	M					TECNO SPIE	00:41:45
47	150	JOSE F O HORTA	60	M6099	3	M					INDIVIDUAL	00:42:06
48	34	JOAO BEM	28	M2039	19	M					SESIMBRA MAR	00:42:07
49	67	JOSE DIAS	51	M5054	7	M					CLUBE AUTOCOOPE	00:42:12
50	55	PEDRO TEIXEIRA	36	M2039	20	M					OS PORTELINHAS	00:42:16
51	35	FERNANDO PESTANA	62	M6099	4	M					C FERROV PORTUGAL	00:42:23
52	136	JOAO FERNANDES	61	M6099	5	M					INDIVIDUAL	00:42:29
53	113	PAULO M A FERREIRA	40	M4044	9	M					INDIVIDUAL	00:42:32
54	114	CLAUDIA L F MIMOSO	42	F3599	1	F					INDIVIDUAL	00:42:32
55	69	AMERICO COSTA	54	M5054	8	M					CLUBE AUTOCOOPE	00:42:35
56	132	CARLOS BORLIDO	32	M2039	21	M					INDIVIDUAL	00:42:45
57	137	VITOR RODRIGUES	53	M5054	9	M					INDIVIDUAL	00:42:52
58	210	FLORIVAL ANDRADE	60	M6099	6	M					O FORNO CIDADE	00:42:52
59	74	MANUEL PERAS	52	M5054	10	M					INDIVIDUAL	00:42:56
60	92	HENRIQUE NARCISO	44	M4044	10	M					INDIVIDUAL	00:43:00
61	25	JOAO MILHEIRO	49	M4549	9	M					O FORNO CIDADE	00:43:01
62	209	JORGE RAMALHO	44	M4044	11	M					INDIVIDUAL	00:43:01
63	117	NELSON RIBEIRO	35	M2039	22	M					INDIVIDUAL	00:43:11
64	60	RICARDO COELHO	38	M2039	23	M					SS CGD	00:43:16
65	28	PAULO SILVA	34	M2039	24	M					ATLETICO SJ LAMPAS	00:43:22
66	105	ORLANDO COUTO	54	M5054	11	M					INDIVIDUAL	00:43:27
67	100	PEDRO CARDOSO	43	M4044	12	M					INDIVIDUAL	00:43:33

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
68	122	CARLOS GONÇALVES	52	M5054	12	M					INDIVIDUAL	00:43:36
69	111	PAULO LAPAO	43	M4044	13	M					INDIVIDUAL	00:43:39
70	144	AUGUSTO FERREIRA	60	M6099	7	M					INDIVIDUAL	00:43:40
71	64	PAULO FRANÇA	47	M4549	10	M					GDCT UNICRE	00:43:45
72	91	MANUEL ROMANO	46	M4549	11	M					INDIVIDUAL	00:43:46
73	140	JOAO FARO	33	M2039	25	M					INDIVIDUAL	00:43:54
74	141	JOAO M COSTA	56	M5559	4	M					INDIVIDUAL	00:43:59
75	145	PAULO SOUSA	49	M4549	12	M					INDIVIDUAL	00:43:59
76	160	JOSE CYRNE	45	M4549	13	M					RUNFRIENDS	00:44:13
77	36	MARTINS BARATA	65	M6099	8	M					C FERROV PORTUGAL	00:44:19
78	130	NUNO CHUNG	32	M2039	26	M					INDIVIDUAL	00:44:36
79	171	ANDRE LOURENÇO	28	M2039	27	M					CLUBE VII	00:44:42
80	26	EDUARDO MARTINS	59	M5559	5	M					O FORNO CIDADE	00:44:43
81	19	JORGE TEIXEIRA	57	M5559	6	M					QUALIDADE CAR	00:44:44
82	40	ANTONIO PORTUGAL	43	M4044	14	M					GD INE	00:45:03
83	142	JOAO L SANTOS	46	M4549	14	M					INDIVIDUAL	00:45:09
84	204	FERNANDO AZEVEDO	56	M5559	7	M					INDIVIDUAL	00:45:10
85	205	MANUEL TEIXEIRA	54	M5054	13	M					INDIVIDUAL	00:45:11
86	48	RICARDO SEPULVEDA	30	M2039	28	M					OS NOMADAS	00:45:20
87	79	ANTONIO VICENTE	35	M2039	29	M					INDIVIDUAL	00:45:36
88	81	OSCAR MENDES	45	M4549	15	M					INDIVIDUAL	00:45:36
89	172	RODRIGO BABAU	28	M2039	30	M					CLUBE VII	00:45:45
90	33	JOAO MAFRA	36	M2039	31	M					SESIMBRA MAR	00:45:52
91	78	PEDRO CONFRARIA	31	M2039	32	M					INDIVIDUAL	00:45:57
92	101	NUNO VEIGA	20	M2039	33	M					INDIVIDUAL	00:46:03
93	95	LUDGERO RODRIGUES	53	M5054	14	M					INDIVIDUAL	00:46:16
94	76	PEDRO OLIVEIRA	38	M2039	34	M					INDIVIDUAL	00:46:35
95	68	ANA PAULA	31	F2034	2	F					CLUBE AUTOCOOPE	00:46:40
96	173	FERNANDO LOURENÇO	57	M5559	8	M					CLUBE VII	00:46:45
97	206	JOAQUIM CAMPELHO	60	M6099	9	M					CSD EPUL	00:46:48
98	149	ANTONIO SOUSA	37	M2039	35	M					INDIVIDUAL	00:46:51
99	93	BRUNO VIEIRA	34	M2039	36	M					INDIVIDUAL	00:46:57
100	90	PEDRO JORGE	45	M4549	16	M					INDIVIDUAL	00:46:59
101	128	JOAO LANDEIRO	62	M6099	10	M					INDIVIDUAL	00:47:01
102	211	PAULO MARQUES	43	M4044	15	M					INDIVIDUAL	00:47:10
103	127	FERNANDO FARIA	29	M2039	37	M					INDIVIDUAL	00:47:12
104	168	ANDREA NEVES	29	F2034	3	F					RUNFRIENDS	00:47:12

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
105	161	MARIO LAMEIRAO	60	M6099	11	M					AD REAL ACADEMIA	00:47:16
106	213	ANA CARVALHO	31	F2034	4	F					INDIVIDUAL	00:47:17
107	112	JOSE SILVA	36	M2039	38	M					INDIVIDUAL	00:47:27
108	169	PEDRO ROQUE	32	M2039	39	M					RUNFRIENDS	00:47:36
109	133	DUARTE J V CONCEIÇÃO	31	M2039	40	M					INDIVIDUAL	00:47:39
110	116	MANUEL SIMOES	60	M6099	12	M					C FERROV PORTUGAL	00:47:40
111	163	JOSE MALES	55	M5559	9	M					INDIVIDUAL	00:47:44
112	75	LEONEL BRANDAO	41	M4044	16	M					INDIVIDUAL	00:47:59
113	47	ADELINO CASTRO	57	M5559	10	M					OS NOMADAS	00:48:04
114	30	ROGERIO PINA	55	M5559	11	M					CLUBE ANACOM	00:48:06
115	94	RODRIGO REIS	35	M2039	41	M					INDIVIDUAL	00:48:18
116	202	NIONEL FERREIRINHA	61	M6099	13	M					CLUBE BCP	00:48:24
117	59	RUI ZENOGLIO	36	M2039	42	M					SANTOS & ZENOGLIO	00:48:42
118	39	PAULO JANUARIO	39	M2039	43	M					C FERROV PORTUGAL	00:49:05
119	71	RAUL COSTA	48	M4549	17	M					CLUBE ROBBIALAC	00:49:08
120	22	JOAQUIM PINTO	50	M5054	15	M					FC SILVEIRENSE	00:49:12
121	18	MANUEL FERREIRA	62	M6099	14	M					QUIOSQUE MIRANTE	00:49:28
122	17	RUI CHAVES	45	M4549	18	M					QUIOSQUE MIRANTE	00:49:29
123	146	JOSE MOTA	49	M4549	19	M					INDIVIDUAL	00:49:29
124	108	VITOR CARDOSO	45	M4549	20	M					INDIVIDUAL	00:49:31
125	72	JOSE VILELA	44	M4044	17	M					CLUBE ROBBIALAC	00:50:01
126	104	SANDRA MARTINS	32	F2034	5	F					INDIVIDUAL	00:50:02
127	27	MARIA LIMA	53	F3599	2	F					O FORNO CIDADE	00:50:03
128	20	JOAO CARVALHO	59	M5559	12	M					QUALIDADE CAR	00:50:07
129	80	SELMA SOUSA	37	F3599	3	F					INDIVIDUAL	00:50:10
130	123	LUIS GRAVE	51	M5054	16	M					INDIVIDUAL	00:50:12
131	170	FRANCISCO CARVALHO	38	M2039	44	M					CLUBE VII	00:50:22
132	131	NUNO M S FERNANDES	32	M2039	45	M					INDIVIDUAL	00:50:23
133	151	MANUEL G NUNES	63	M6099	15	M					INDIVIDUAL	00:50:34
134	82	PEDRO SALGUEIRO	31	M2039	46	M					INDIVIDUAL	00:50:49
135	15	LUIS GOIS	54	M5054	17	M					CCD SEG SOCIAL	00:50:58
136	158	PAULO RODRIGUES	34	M2039	47	M					GATOS FEDORENTOS	00:51:06
137	16	DOMINGOS SANTOS	51	M5054	18	M					AA PONTINHA	00:51:08
138	77	RICARDO BERNARDINO	23	M2039	48	M					INDIVIDUAL	00:51:09
139	147	PEDRO GALACHO	37	M2039	49	M					INDIVIDUAL	00:51:20
140	167	RICARDO SILVA	34	M2039	50	M					LINK	00:51:20
141	62	MARGARIDA SEQUEIRA	33	F2034	6	F					SS CGD	00:51:21

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
142	166	LURDES ANTONIO	39	F3599	4	F					LINK	00:51:21
143	152	FERNANDO A AZEVEDO	44	M4044	18	M					INDIVIDUAL	00:51:57
144	102	JOSE CARITA	50	M5054	19	M					INDIVIDUAL	00:52:07
145	103	M <sup>a</sup> ROSA CARITA	49	F3599	5	F					INDIVIDUAL	00:52:08
146	58	FERNANDO SANTOS	65	M6099	16	M					SANTOS & ZENOGLIO	00:52:50
147	14	ALICE JUSTINO	57	F3599	6	F					CCD SEG SOCIAL	00:52:54
148	99	RUI MARINHO	51	M5054	20	M					INDIVIDUAL	00:54:12
149	165	JOAO DAMASIO	40	M4044	19	M					LINK	00:54:28
150	134	PEDRO M V PEREIRA	32	M2039	51	M					INDIVIDUAL	00:54:52
151	159	MARIO RODRIGUES	55	M5559	13	M					GATOS FEDORENTOS	00:55:45
152	121	MARIA MATIAS	39	F3599	7	F					INDIVIDUAL	00:58:42
153	97	ROGERIO BARROSO	31	M2039	52	M					INDIVIDUAL	00:59:04
154	106	FOCK CHIU	58	F3599	8	F					INDIVIDUAL	01:00:08
155	107	JOSE ARRUDA	60	M6099	17	M					INDIVIDUAL	01:00:08
156	124	JAIME PAIXAO	77	M6099	18	M					INDIVIDUAL	01:03:13