

Col	Num	Nome	Equipa	Sx	Cat	Controlo	Tempo	Vel.Média	Esc.
1.	332	Jose Gaspar	Odimarq	M	Sen M	00:16:59	00:32:20	03:18	1
2.	434	Vitor Oliveira	ASC Vale Grande	M	Sen M	00:17:43	00:33:08	03:23	2
3.	202	Valdo Neves	União de Tomar	M	Sen M	00:17:54	00:34:01	03:28	3
4.	433	José Silva	ASC Vale Grande	M	M40	00:18:48	00:34:57	03:34	1
5.	435	Luis Vasconcelos	ASC Vale Grande	M	M40	00:18:48	00:35:00	03:34	2
6.	441	RuiPacheco	Correr Soc Rec da Granja	M	M40	00:18:28	00:35:03	03:34	3
7.	200	Luis Ferreira	SCALABIS NIGHT RUNNERS	M	M40	00:19:25	00:36:10	03:41	4
8.	463	Joao Correia	CATA-Clube Atletismo Amora	M	M50	00:19:06	00:36:22	03:43	1
9.	212	Armando Pessoa		M	M40	00:19:30	00:36:46	03:45	5
10.	436	José Geada	ASC Vale Grande	M	M40	00:19:35	00:37:27	03:49	6
11.	238	Pedro Cardoso	Correr Lisboa	M	Sen M	00:20:09	00:37:39	03:50	4
12.	190	Carlos Caetano		M	M40	00:20:08	00:37:43	03:51	7
13.	471	Rogério Arraiolos	Bússola	M	M40	00:20:31	00:37:54	03:52	8
14.	324	António Santos	CUAB - Benavente	M	M40	00:19:34	00:38:06	03:53	9
15.	215	Bruno Amaro		M	Sen M	00:20:53	00:39:05	03:59	5
16.	466	Daniel Rosário		M	Sen M	00:21:08	00:39:15	04:00	6
17.	214	Luis Neves	Marinhais AC	M	Sen M	00:21:02	00:39:20	04:01	7
18.	239	Armando Rafael	Clube de atletismo da Nazaré	M	M40	00:21:21	00:39:21	04:01	10
19.	198	Nuno Paulino	C.D."Os Águias" de Alpiarça	M	M40	00:20:53	00:39:26	04:01	11
20.	461	Paulo Silva	Urban Trail Samora Correia	M	Sen M	00:21:00	00:39:30	04:02	8
21.	92	Mário Fernandes		M	Sen M	00:21:40	00:40:33	04:08	9
22.	197	Bruno Nalha	C.D."Os Águias" de Alpiarça	M	Sen M	00:21:39	00:40:33	04:08	10
23.	227	Zico Gonçalves		M	Sen M	00:21:42	00:40:36	04:08	11
24.	218	Armando J. Claro	Escamados do Sorraia runners	M	M40	00:21:32	00:40:36	04:08	12
25.	201	Tó Serrão	C.D."Os Águias" de Alpiarça	M	Sen M	00:21:39	00:40:47	04:10	12
26.	443	Joaquim Belo	Correr Soc Rec da Granja	M	M50	00:21:39	00:40:53	04:10	2
27.	473	Ricardo Mendes	Casa do Povo de Alcanena	M	Sen M	00:21:46	00:40:57	04:11	13
28.	194	Nuno Silva	A.C.S.-AMIGOS DA CORRIDA DE SALVATERRA	M	Sen M	00:21:51	00:41:11	04:12	14
29.	329	Joao Recto		M	Sen M	00:22:14	00:41:18	04:13	15
30.	325	Bruno Raposeira	C.D."Os Águias" de Alpiarça	M	Sen M	00:21:49	00:41:21	04:13	16
31.	237	Brigitte Cardoso	Correr Lisboa	F	Sen F	00:21:47	00:41:24	04:13	1
32.	467	Paulo Cação	Salvaterra Night Runners	M	Sen M	00:22:12	00:41:31	04:14	17
33.	448	Vasco Matos	Correr Soc Rec da Granja	M	M40	00:22:16	00:41:31	04:14	13
34.	45	Rui Pereira	CDSAlvaterrense/CME	M	M40	00:22:10	00:41:33	04:14	14
35.	222	Michael Granadeiro	C.D."Os Águias" de Alpiarça	M	Sen M	00:21:48	00:41:34	04:14	18
36.	193	Luís Andrade	A.C.S.-AMIGOS DA CORRIDA DE SALVATERRA	M	Sen M	00:22:11	00:41:44	04:16	19
37.	185	João Silva	Turres Trail Team	M	M40	00:22:02	00:41:45	04:16	15
38.	207	António Monteiro	Sport Clube Desportos Glória do Ribatejo/Glória Runners	M	M40	00:22:37	00:42:23	04:19	16
39.	196	Roberto Caneira	Sport Clube Desportos Glória do Ribatejo/Glória Runners	M	M40	00:22:37	00:42:25	04:20	17
40.	228	Gonçalo Esteves	BTT MARINHAI	M	Sen M	00:22:30	00:42:36	04:21	20
41.	115	Marco Domingos	TSF Runners	M	Sen M	00:23:30	00:42:54	04:23	21
42.	184	Jorge Ferreira	Sport Clube Desportos Glória do Ribatejo/Glória Runners	M	M40	00:22:47	00:43:09	04:24	18
43.	460	Fradique Rita	Juventude Desportiva Almansor	M	M40	00:22:57	00:43:14	04:25	19
44.	462	Gonçalo Garcia		M	Sen M	00:23:09	00:43:21	04:25	22

Col	Num	Nome	Equipa	Sx	Cat	Controlo	Tempo	Vel.Média	Esc.
45.	221	Mário Rosa	Escamados do Sorraia runners	M	Sen M	00:23:44	00:43:36	04:27	23
46.	465	Márcio Nunes		M	Sen M	00:23:44	00:43:37	04:27	24
47.	210	Francisco Naia	CDSAlvaterrense/CME	M	M40	00:23:09	00:43:41	04:28	20
48.	440	Filipe Ramalho	Correr Soc Rec da Granja	M	Sen M	00:23:58	00:43:52	04:29	25
49.	191	Pedro Sousa		M	M60	00:23:22	00:44:11	04:31	1
50.	328	Luis Tomé	Salvaterra Night Runners	M	M40	00:23:20	00:44:14	04:31	21
51.	181	Rui Freitas	Save Tibet	M	Sen M	00:23:36	00:44:22	04:32	26
52.	213	Antonio Silva		M	Sen M	00:24:28	00:44:29	04:32	27
53.	186	Joaquim Barreiras		M	M40	00:23:58	00:44:32	04:32	22
54.	446	Tiago Cruz	Correr Soc Rec da Granja	M	Sen M	00:24:01	00:45:29	04:38	28
55.	178	Pedro Pereira		M	Sen M	00:24:34	00:45:32	04:38	29
56.	458	Julio Roque	Correr Soc Rec da Granja	M	M50	00:24:37	00:45:54	04:41	3
57.	459	Goncalo Guiomar	Correr Soc Rec da Granja	M	Sen M	00:24:08	00:46:04	04:42	30
58.	240	Paulo Monteiro	ASC Vale Grande	M	M40	00:24:18	00:46:25	04:44	23
59.	220	Luis Cruz	Escamados do Sorraia runners	M	Sen M	00:24:56	00:46:36	04:46	31
60.	232	Edgar Anastacio	GDA-GyDArun	M	M50	00:24:48	00:46:59	04:47	4
61.	219	Vitor Mesquita	Escamados do Sorraia runners	M	M40	00:24:57	00:46:59	04:47	24
62.	205	Samuel Salvador		M	Sen M	00:24:46	00:47:15	04:49	32
63.	195	Ricardo Santos	Clube EDP - Lisboa	M	M40	00:25:33	00:47:31	04:51	25
64.	85	Rui Alves	GDA-GyDArun	M	M40	00:25:17	00:47:58	04:53	26
65.	187	João Damásio		M	Sen M	00:26:55	00:48:42	04:58	33
66.	203	Carlos Ipe Ipe	Asas nos Pés	M	M40	00:26:49	00:49:18	05:02	27
67.	472	Nuno Guedez	RIBAPEDAL BIKE SHOP	M	Sen M		00:50:02	05:07	34
68.	437	Ilsa Costa	siça	F	Sen F	00:27:58	00:50:23	05:08	2
69.	230	Crina Oltean		F	Sen F	00:27:59	00:50:42	05:10	3
70.	330	Carla Nunes	Unidos pelo Desporto	F	Sen F	00:27:41	00:50:49	05:11	4
71.	226	Nuno Molero		M	Sen M	00:26:55	00:51:03	05:13	35
72.	192	Arménio Andrade	A.C.S.-AMIGOS DA CORRIDA DE SALVATERRA	M	M60	00:28:10	00:51:37	05:16	2
73.	199	Amável Luz		M	M50	00:28:11	00:51:40	05:16	5
74.	457	Sonia Cruz	Correr Soc Rec da Granja	F	F40	00:28:33	00:51:41	05:16	1
75.	442	Juca Jacob	Correr Soc Rec da Granja	M	M50	00:28:32	00:51:43	05:17	6
76.	447	Paulo Duarte	Correr Soc Rec da Granja	M	M50	00:27:43	00:51:43	05:17	7
77.	326	Raphael Gaspar		M	M40	00:28:58	00:52:29	05:21	28
78.	208	Paulo Soares		M	M40	00:28:58	00:52:29	05:21	29
79.	206	António Quintela		M	Sen M	00:28:58	00:52:37	05:22	36
80.	231	Joao Galveia		M	M40	00:28:09	00:52:51	05:23	30
81.	151	Carlos Cura		M	Sen M	00:28:34	00:53:01	05:25	37
82.	464	Susana Gaspar	SCALABIS NIGHT RUNNERS	F	Sen F	00:28:34	00:53:16	05:26	5
83.	182	Susana Marques	Peniche@correr	F	Sen F	00:28:28	00:53:17	05:26	6
84.	327	Lino Coelho		M	Sen M	00:28:28	00:53:18	05:26	38
85.	224	Filipe Marques	Sofimagos	M	Sen M		00:53:29	05:28	39
86.	223	Carlos Marques	Sofimagos	M	M50		00:53:37	05:28	8
87.	331	José Maia	Alvitejo	M	M50	00:29:25	00:54:03	05:31	9
88.	438	Andreia Cardador		F	Sen F	00:29:26	00:54:03	05:31	7

Col	Num	Nome	Equipa	Sx	Cat	Controlo	Tempo	Vel.Média	Esc.
89.	323	João Fernandes	Salvaterra Night Runners	M	Sen M	00:31:48	00:55:40	05:41	40
90.	234	Pedro Quintino	CDSAlvaterrense/CME	M	M40	00:30:41	00:56:37	05:47	31
91.	233	Narciso Lourenço	CDSAlvaterrense/CME	M	M40	00:30:41	00:56:45	05:47	32
92.	216	Susana Maurício	Trilho Perdido Eventos / Imporlux	F	Sen F	00:30:05	00:56:45	05:47	8
93.	439	Paulo Prudêncio	Asas nos Pés	M	M50		00:56:51	05:48	10
94.	235	Pedro Rocha	CDSAlvaterrense/CME	M	Sen M	00:30:42	00:56:54	05:48	41
95.	445	Joaquim Gomes	Correr Soc Rec da Granja	M	M60	00:30:42	00:56:54	05:49	3
96.	211	Cristina Brigham	CDSAlvaterrense/CME	F	F40	00:31:18	00:58:06	05:56	2
97.	209	Sara Seguro	Sumbala	F	Sen F	00:31:59	00:58:14	05:56	9
98.	53	Ângela Ferreira	Salvaterra Night Runners	F	Sen F	00:31:59	00:59:14	06:02	10
99.	93	Mayer Raposo	Associação de Atletismo Lebres do Sado	M	M60	00:31:43	00:59:17	06:03	4
100.	164	Eberhard Axel Wilhelm	4 AO KM	M	M60	00:31:48	00:59:55	06:07	5
101.	189	Mário Lameirão	CASA BENFICA ALGUEIRÃO MEM MARTINS	M	M60	00:32:22	01:00:22	06:10	6
102.	183	Ana Coelho		F	F40	00:32:17	01:00:29	06:10	3
103.	444	José Rebocho	Correr Soc Rec da Granja	M	M60	00:32:14	01:01:58	06:19	7
104.	204	Ana Homem		F	F40	00:32:46	01:02:25	06:22	4
105.	229	Joaquim Couto	Pace Makers	M	M40	00:32:45	01:02:26	06:22	33
106.	322	Patrícia Fernandes	Salvaterra Night Runners	F	Sen F	00:33:12	01:02:43	06:24	11
107.	188	Elsa Sousa		F	F50		01:03:35	06:29	1