

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RUI PINTO	Sport Lisboa e Benfica ELITE	17587	1	00:30:28	00:00:00:000
ANDRÉ PEREIRA	Sport Lisboa e Benfica ELITE	15987	2	00:30:37	00:00:09:000
RICARDO RIBAS	Sport Lisboa e Benfica ELITE	15976	3	00:31:02	00:00:34:000
HERMANO FERREIRA	Sport Lisboa e Benfica ELITE	17588	4	00:31:19	00:00:51:000
DAVIDE SILVA	Clube Campismo São João da Madeira	14504	5	00:31:40	00:01:12:000
LUÍS BORGES	Sport Lisboa e Benfica ELITE	15977	6	00:32:47	00:02:19:000
HUGO GANCHAS	Sport Lisboa e Benfica ELITE	15982	7	00:32:47	00:02:19:000
ANDRÉ SANTOS		13828	8	00:33:02	00:02:34:000
MIGUEL MASCARENHAS	Sport Lisboa e Benfica ELITE	15979	9	00:33:02	00:02:34:000
JOSÉ MIGUEL NEVES	Escola de Atletismo de Coimbra	15775	10	00:33:20	00:02:52:000
ANTÓNIO ALMEIDA	CASA DO BENFICA EM ABRANTES	16072	11	00:33:22	00:02:54:000
FABIO REIS	Casa Benfica Faro	15917	12	00:33:41	00:03:13:000
PAULO SOARES	CDASJ	15326	13	00:33:42	00:03:14:000
HÉLDER LOPES GROSSO	U.F. Comércio e Indústria	14950	14	00:34:06	00:03:38:000
DIOGO BAENA	U.F. Comércio e Indústria Atletismo	14703	15	00:34:23	00:03:55:000
HENRIQUE COSTA	Cyclones atlético club	14380	16	00:34:24	00:03:56:000
ROBERTO REIGADO	CDASJ	15327	17	00:34:25	00:03:57:000
JORGE CRUZ	Casa Benfica Torres Vedras	14493	18	00:34:33	00:04:05:000
PEDRO NOGUEIRA	Boxe SLB	17934	19	00:34:33	00:04:05:000
FERNANDO LIMA	NAC	13855	20	00:34:41	00:04:13:000
ÉLVIO SILVA		13496	21	00:34:52	00:04:24:000
FELISBERTO REIGADO	CDASJ	15329	22	00:35:01	00:04:33:000
JOÃO FERNANDES	Casa do Benfica em Faro	16041	23	00:35:05	00:04:37:000
EDGAR MATIAS	GDC PORTOS DE SINES E DO ALGARVE	12013	24	00:35:09	00:04:41:000
LUIS SALGADO		13969	25	00:35:09	00:04:41:000
ANGELO ARAUJO	Clube Campismo São João da Madeira	14506	26	00:35:11	00:04:43:000
IGOR CASTRO	Escola de Atletismo de Coimbra / JPaiva	15164	27	00:35:14	00:04:46:000
ROMEU GOMES	Clube Campismo São João da Madeira	14503	28	00:35:32	00:05:04:000
JOAO PEREIRA	Afis/Ovar	13811	29	00:35:49	00:05:21:000
SANDRO NOGUEIRA	Clube Campismo São João da Madeira	14505	30	00:35:49	00:05:21:000
NUNO SILVA		17855	31	00:36:02	00:05:34:000
JOÃO VALENTE	Sport Lisboa e Benfica ELITE	15978	32	00:36:03	00:05:35:000
MIGUEL ÂNGELO HONÓRIO SILVA	Runners do Lago	12624	33	00:36:07	00:05:39:000
NUNO GAMBOA	Casa do Benfica em Castelo Branco	12179	34	00:36:14	00:05:46:000
RUI PARROCHINHA	Clube Desportivo Ribeirense	14358	35	00:36:18	00:05:50:000
SÉRGIO PAIVA	Afis/Ovar	13809	36	00:36:19	00:05:51:000
MARCO COSTA		12241	37	00:36:24	00:05:56:000
FERNANDO OLIVEIRA		13839	38	00:36:25	00:05:57:000
CARLOS CORREIA	Casa Benfica Torres Vedras	14495	39	00:36:27	00:05:59:000
VICTOR FERREIRA	Sem equipe	14192	40	00:36:45	00:06:17:000
PEDRO FERNANDES	Casa do Benfica de Reguengos de Monsaraz	12315	41	00:36:52	00:06:24:000
JOSÉ FELÍCIO		15653	42	00:36:54	00:06:26:000
FLÁVIO PINTADO	Casa do Benfica em Castelo Branco	12177	43	00:36:55	00:06:27:000
VIRGILIO GOMES	U.F. Comércio e Indústria Atletismo	14829	44	00:36:58	00:06:30:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PAULO GARCIA	Os Galgos	16065	45	00:36:59	00:06:31:000
SILVANA DIAS	Sport Lisboa e Benfica ELITE	15988	46	00:37:09	00:06:41:000
JOÃO INOCÊNCIO	Ingleses Futebol Clube	13598	47	00:37:11	00:06:43:000
CARLOS CERQUEIRA	Casa Benfica Seixal	13786	48	00:37:16	00:06:48:000
NUNO FILIPE CHAINHO	Os Kotas	14371	49	00:37:17	00:06:49:000
CARLOS RUXA	NAZABOBODA	10314	50	00:37:19	00:06:51:000
PETER GABRIEL ROMÃO	peniche a correr	10127	51	00:37:21	00:06:53:000
DAVID LOPES	RUNNERS GRAFANIL	12469	52	00:37:26	00:06:58:000
JOÃO CORDEIRO		14372	53	00:37:28	00:07:00:000
TIAGO CASTELA	Hospital da Luz	16405	54	00:37:33	00:07:05:000
DIOGO SILVA		11215	55	00:37:34	00:07:06:000
JOAO DOMINGOS	miúdos e graúdos	11555	56	00:37:37	00:07:09:000
BRUNO LOUREIRO		12651	57	00:37:38	00:07:10:000
PEDRO FERNANDES	Correr Lisboa	10386	58	00:37:39	00:07:11:000
FLÁVIO SANTOS	Federação da Família para a Paz Mundial e Unificação	10238	59	00:37:40	00:07:12:000
EMANUEL CANDEIAS DIOGO		13975	60	00:37:40	00:07:12:000
RICARDO SIMÕES	Alvitejo Santarém	11558	61	00:37:43	00:07:15:000
CARLOS FERREIRA	NAC	13856	62	00:37:46	00:07:18:000
CLAUDIO DIAS	Casa Benfica Torres Vedras	14491	63	00:37:47	00:07:19:000
JOSÉ BANHA	CASA DO BENFICA DE REGUENGOS DE MONSARAZ	15689	64	00:37:49	00:07:21:000
JOÃO CORREIA	CATA-Clube Atletismo de Amora	10718	65	00:37:53	00:07:25:000
BRUNO ALBUQUERQUE	La Côte Runners	10051	66	00:37:56	00:07:28:000
FILIPE CANARIO	CDASJ	15328	67	00:37:57	00:07:29:000
FILIPE CORREIA	G.D.R. São Francisco da Serra	13383	68	00:38:04	00:07:36:000
RUI HENRIQUES	Serviços Sociais Montepio	11979	69	00:38:06	00:07:38:000
JOSÉ JÚLIO DE BRITO	Peregrino Algarvio Team	15399	70	00:38:07	00:07:39:000
TIAGO TOMÁS	CCRD Burinhosa	17867	71	00:38:08	00:07:40:000
CARLOS CAETANO		10408	72	00:38:09	00:07:41:000
VASCO LOURENÇO		14144	73	00:38:10	00:07:42:000
MIGUEL RUIVO	Casa Benfica Seixal	13789	74	00:38:14	00:07:46:000
CARLOS TEIXEIRA		13846	75	00:38:15	00:07:47:000
CARLOS MENDES	Clube Ferroviário de Portugal	14007	76	00:38:16	00:07:48:000
TIAGO REIS	Casa do Benfica de Reguengos de Monsaraz	12323	77	00:38:16	00:07:48:000
MIGUEL RIBEIRO	ZONA ALTA TRAIL	14076	78	00:38:19	00:07:51:000
JOÃO SILVA	U. F. Comércio e Indústria Atletismo	14845	79	00:38:24	00:07:56:000
BRUNO TAVEIRA	Urbanos	17922	80	00:38:25	00:07:57:000
NUNO GONÇALO LUIS SANTOS	Chitas de Alcobaça	10173	81	00:38:29	00:08:01:000
LUIZ MOTA	Colaboradores SLB	16653	82	00:38:29	00:08:01:000
JOSÉ FACHADAS		11905	83	00:38:31	00:08:03:000
PEDRO NEVES	Clube Novo Banco	11279	84	00:38:37	00:08:09:000
TIAGUITO FONSECA		14564	85	00:38:37	00:08:09:000
AMÂNDIO CARAPINHA	Clube Desportivo Ribeiense	14351	86	00:38:37	00:08:09:000
SEVERINO SANTOS	G.D.GRANJA-TRUTAS DO MAU--CASTRO DAIRE	10599	87	00:38:38	00:08:10:000
AMBRÓSIO PEREIRA	União atlético povoense	10510	88	00:38:38	00:08:10:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PAULO SEQUEIRA	Amigos dos Lobos	11922	89	00:38:38	00:08:10:000
JOÃO BAIOA	Casa do Benfica de Reguengos de Monsaraz	12324	90	00:38:38	00:08:10:000
ANTÓNIO GOMES	Casa do Benfica em Castelo Branco	12495	91	00:38:39	00:08:11:000
FÁBIO FERREIRA	Casa Benfica Torres Vedras	14499	92	00:38:40	00:08:12:000
MARCELO GRAÇA	U.F. Comércio e Indústria Atletismo	14802	93	00:38:41	00:08:13:000
JORGE LUZ		13858	94	00:38:45	00:08:17:000
ANTÓNIO FIGUEIREDO	Os Galgos	15535	95	00:38:50	00:08:22:000
JORGE VARELA	CDASJ	15330	96	00:38:50	00:08:22:000
PEDRO SERRA	Tartarugas Solidárias	11946	97	00:38:51	00:08:23:000
MIGUEL SOBRAL		13974	98	00:38:55	00:08:27:000
JOÃO SIMÕES	Colaboradores SLB	16617	99	00:38:59	00:08:31:000
LUÍS MONTEIRO	Casa do Benfica em Algueirão Mem Martins-Sintra	14249	100	00:39:03	00:08:35:000
JOAO BRAZ	clube atletismo odimarq	11828	101	00:39:08	00:08:40:000
FÁBIO FALÉ		14470	102	00:39:09	00:08:41:000
FERNANDO BRAZ		17967	103	00:39:13	00:08:45:000
MIGUEL SOUSA	Clube Novo Banco	11293	104	00:39:14	00:08:46:000
DUARTE COSTA	Correr Lisboa	11872	105	00:39:19	00:08:51:000
JOÃO CARRILHO	G.D.C.T. REPSOL POLÍMEROS	11103	106	00:39:19	00:08:51:000
TIAGO CONDE	Futebolês e Benfica da Nazaré	12770	107	00:39:21	00:08:53:000
FRANCISCO SANTOS		17827	108	00:39:21	00:08:53:000
EDUARDO PENA	Keep Running	11379	109	00:39:27	00:08:59:000
MARGARIDA RAIMUNDO	Sport Lisboa e Benfica ELITE	15994	110	00:39:28	00:09:00:000
LUIS ROQUE		10758	111	00:39:30	00:09:02:000
JOÃO BARBOSA	S. C. Espinho/Atletismo António Leitão	15676	112	00:39:32	00:09:04:000
GABRIEL TELES	C.D.Leomil	11637	113	00:39:32	00:09:04:000
ANTÓNIO VIEIRA	Afis/Ovar	13826	114	00:39:35	00:09:07:000
PEDRO SARAMAGO	Afis/Ovar	15525	115	00:39:36	00:09:08:000
ALEXANDRE ANDRADE	BOTA LAMBRA	12426	116	00:39:39	00:09:11:000
JOSÉ PEIXOTO		15048	117	00:39:39	00:09:11:000
RICARDO LANCEIRO	NucleOeiras	10352	118	00:39:39	00:09:11:000
JOSÉ SOBRAL	CATEDRAL DA CERVEJA	15552	119	00:39:40	00:09:12:000
JORGE ABREU		14701	120	00:39:41	00:09:13:000
CARLOS GOMES	Clube EDP Lisboa	11803	121	00:39:43	00:09:15:000
JACINTO CORREIA	Maratona de Vila Chã	15960	122	00:39:43	00:09:15:000
PEDRO SÉRGIO	CCD CRÉDITO AGRÍCOLA MÚTUO	12348	123	00:39:46	00:09:18:000
TIAGO ALVES		13031	124	00:39:46	00:09:18:000
TITO PEREIRA	G.D.R. São Francisco da Serra	13384	125	00:39:48	00:09:20:000
NUNO DIAS		10146	126	00:39:48	00:09:20:000
NUNO JERÓNIMO		10449	127	00:39:49	00:09:21:000
JOANA RAMALHO		13268	128	00:39:52	00:09:24:000
VITOR MANUEL MARTINS	CLUBE COLABORADORES AGEAS	11782	129	00:39:52	00:09:24:000
RUBEN CANTANTE	UC Eirense	14990	130	00:39:55	00:09:27:000
NUNO NAIA		14459	131	00:39:55	00:09:27:000
BRUNO AMARO	Run for Friends	11159	132	00:40:03	00:09:35:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANTÓNIO MANUEL VALADAS	Estrela FC	11940	133	00:40:03	00:09:35:000
CARLOS PARREIRA	CDC do Casal do Marco	13691	134	00:40:04	00:09:36:000
MIGUEL SILVA	Os Zatopeques	16090	135	00:40:04	00:09:36:000
JOSÉ AREDE	Clube EDP Lisboa	11807	136	00:40:05	00:09:37:000
JOÃO ROCHA	Colaboradores SLB	16624	137	00:40:05	00:09:37:000
TELMO SIMÕES		11733	138	00:40:05	00:09:37:000
JOAO SILVA	Casa da Dízima	17901	139	00:40:07	00:09:39:000
TIAGO LOPES		14139	140	00:40:07	00:09:39:000
JOÃO PROTÁSIO	PACERS	16754	141	00:40:08	00:09:40:000
JOÃO RODRIGUES	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	12220	142	00:40:10	00:09:42:000
CARLOS TAVARES	Os Galgos	15542	143	00:40:13	00:09:45:000
NUNO ALMEIDA	Anselminhos	10034	144	00:40:18	00:09:50:000
JOSÉ MARQUES		14986	145	00:40:19	00:09:51:000
ARTUR CARVALHO	Os Galgos	15541	146	00:40:23	00:09:55:000
FILIPA MOUTINHO	CASA DO BENFICA EM ABRANTES	16071	147	00:40:24	00:09:56:000
JORGE AMARAL	Aminhacorrida/Myprotein	13972	148	00:40:28	00:10:00:000
PAULO VIEIRA		15038	149	00:40:29	00:10:01:000
JOSÉ MANUEL GOMES		0 11674	150	00:40:33	00:10:05:000
MIGUEL BARBA	Peniche a Correr	10082	151	00:40:33	00:10:05:000
MARCO CAPELA		11951	152	00:40:35	00:10:07:000
JOÃO RAMALHO		14474	153	00:40:37	00:10:09:000
TELMO NOGUEIRA		16274	154	00:40:41	00:10:13:000
HUGO LUZ		13086	155	00:40:42	00:10:14:000
PEDRO FARTO	Alcatraz Peniche Runners	12199	156	00:40:43	00:10:15:000
CATARINA BAGULHO	Corinthia Team	14278	157	00:40:45	00:10:17:000
FILIFE PATRICIO	Somos Disto	13463	158	00:40:46	00:10:18:000
PAULO CÉSAR SILVA	Individual	10632	159	00:40:49	00:10:21:000
IVO SANTOS	CLUBE COLABORADORES AGEAS	11767	160	00:40:50	00:10:22:000
LUIS PEREIRA	Gfd	14468	161	00:40:51	00:10:23:000
MANUEL FERRAZ	CDASJ	15331	162	00:40:52	00:10:24:000
EURICO LOPES	AzarujaBTT	10788	163	00:40:53	00:10:25:000
LUÍS VIEIRA		15052	164	00:40:54	00:10:26:000
RUI TEIXEIRA		10712	165	00:40:55	00:10:27:000
SANDRO SILVA		12681	166	00:40:55	00:10:27:000
SÉRGIO ALVES	Run for Friends	13760	167	00:40:55	00:10:27:000
JOÃO TOMÁS	URDJuncalense	10025	168	00:40:56	00:10:28:000
VÍTOR SANTOS	C.F. "Os Belenenses"	12145	169	00:40:56	00:10:28:000
VITOR RIBEIRO	gac	10366	170	00:40:57	00:10:29:000
JOÃO PASTOR	Amigos do Atletismo de Mafra	11255	171	00:40:58	00:10:30:000
JESUALDO CLARO	Casa do Benfica de Reguengos de Monsaraz	12321	172	00:40:59	00:10:31:000
JOÃO AFONSO	União atlético povoense	10511	173	00:41:00	00:10:32:000
DIOGO JACINTO	Casa Benfica Torres Vedras	14498	174	00:41:08	00:10:40:000
CAMILO TARMAHOMED	Prosegur	15296	175	00:41:10	00:10:42:000
JOÃO ASCENSO	Casa do Benfica da Figueira da Foz	11752	176	00:41:11	00:10:43:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
LUÍS NEVES		16287	177	00:41:12	00:10:44:000
ANTONIO MALHÃO	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	12223	178	00:41:12	00:10:44:000
GONÇALO FERREIRA	CCD CRÉDITO AGRÍCOLA MÚTUO	12335	179	00:41:15	00:10:47:000
PATRÍCIA REBELO	Colaboradores SLB	16692	180	00:41:18	00:10:50:000
MÁRIO LOURENÇO		15379	181	00:41:18	00:10:50:000
JOSÉ ADELINO	Clube do Pessoal Aguas Gaia	11928	182	00:41:19	00:10:51:000
DIOGO VIANA		10662	183	00:41:19	00:10:51:000
FÁBIO RAMOS	CATA-Clube de Atletismo de Amora	12777	184	00:41:19	00:10:51:000
ALEXANDRE LUCAS	Caracóis de Pedra	11386	185	00:41:21	00:10:53:000
SOLANGE FERNANDES	Colaboradores SLB	16744	186	00:41:23	00:10:55:000
PAULO HENRIQUES		15658	187	00:41:23	00:10:55:000
LUIS ANICETO	SINGARUNNERS	15101	188	00:41:26	00:10:58:000
LUIS CAUTELA	Marretas	14121	189	00:41:27	00:10:59:000
EDUARDO GONÇALVES	Run for Friends	12509	190	00:41:29	00:11:01:000
JOSÉ CANILHAS	Colaboradores SLB	16638	191	00:41:29	00:11:01:000
CLAUDIO MIRA	Grupo Amigos do Atletismo de Vila Franca de Xira	13987	192	00:41:30	00:11:02:000
JOÃO CRUZ	ATeam	12785	193	00:41:32	00:11:04:000
IVO MIGUEL NUNES	SCA/RUN Alcáçovas - Casa Benfica#249	10888	194	00:41:32	00:11:04:000
ARMANDO DIAS	Os Galgos	15537	195	00:41:33	00:11:05:000
MIGUEL GINETO	Clube Desportivo Ribeirense	14354	196	00:41:33	00:11:05:000
LUÍS FERREIRA	Colaboradores SLB	16648	197	00:41:34	00:11:06:000
EURICO PATROCÍNIO	Os Galgos	12551	198	00:41:37	00:11:09:000
TELMO MATOS	SERVIÇOS SOCIAIS RSB/JACINTO	13185	199	00:41:37	00:11:09:000
ILIDIO OLIVEIRA	Astromil	16109	200	00:41:39	00:11:11:000
JOSE SILVA ORLANDO		11853	201	00:41:39	00:11:11:000
FÁBIO MACHADO		11095	202	00:41:41	00:11:13:000
ÂNGELO INFANTE	Casa do Benfica de Reguengos de Monsaraz	12319	203	00:41:41	00:11:13:000
JOSE LUIS PEREIRA	A2el publicidade	17978	204	00:41:42	00:11:14:000
JORGE CORREIA	Pegada Tavira	10228	205	00:41:43	00:11:15:000
BRUNO MARTINS		14770	206	00:41:44	00:11:16:000
LUÍS FÉLIX		14852	207	00:41:44	00:11:16:000
RICARDO PINTO		15282	208	00:41:44	00:11:16:000
ARMANDO CLARO	Escamados do Sorraia Runners	15944	209	00:41:45	00:11:17:000
ANTÓNIO LEMOS		17510	210	00:41:48	00:11:20:000
SERGIO CACHEIRINHA	AD IALBAX	14464	211	00:41:48	00:11:20:000
DANIEL VERISSIMO	SS CGD	11334	212	00:41:49	00:11:21:000
PEDRO MATOS	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	15824	213	00:41:49	00:11:21:000
RICARDO MOTA	Sri Chinmoy Marathon Team	11238	214	00:41:50	00:11:22:000
JORGE MARTINHO	Os Galgos	15543	215	00:41:54	00:11:26:000
JORGE ALVES	Os Matrecos	12846	216	00:41:55	00:11:27:000
HUGO BORGES	Casa do Benfica em Algueirão Mem Martins-Sintra	14246	217	00:41:57	00:11:29:000
FERNANDO GODINHO		17830	218	00:41:57	00:11:29:000
ANTÓNIO MARTINS	NAV Runners	10119	219	00:41:57	00:11:29:000
MIGUEL BRAZ		17968	220	00:41:58	00:11:30:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOEL RODRIGUES		15049	221	00:41:59	00:11:31:000
DULCE FÉLIX	Sport Lisboa e Benfica ELITE	15975	222	00:42:01	00:11:33:000
MANUEL AMARO	CATEDRAL DA CERVEJA	15549	223	00:42:01	00:11:33:000
JOSÉ SILVA		14888	224	00:42:01	00:11:33:000
ANTÓNIO SILVINO	Clube Desportivo Ribeiense	14355	225	00:42:01	00:11:33:000
JORGE CORREIA	Viriathvs Runners Viseu	11412	226	00:42:03	00:11:35:000
PEDRO PATRÍCIO	A2el	10459	227	00:42:03	00:11:35:000
DANIEL GOMES	Georunners	12076	228	00:42:04	00:11:36:000
ALEXANDRE SERRANO	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	12230	229	00:42:05	00:11:37:000
JOAO MARREIROS		12041	230	00:42:05	00:11:37:000
VITOR TERRA	S. C. Espinho/Atletismo António Leitão	15680	231	00:42:05	00:11:37:000
RUI MOTA	Amigos atletismo de Mafra	14394	232	00:42:07	00:11:39:000
GERMANO SILVA		12473	233	00:42:08	00:11:40:000
ANDRÉ COELHO	Os Galgos	15536	234	00:42:10	00:11:42:000
FILIPE GAMADO		11493	235	00:42:13	00:11:45:000
FRANCISCO ANDRADE	Colaboradores SLB	16598	236	00:42:16	00:11:48:000
TIAGO ANTÓNIO GOMES		14079	237	00:42:17	00:11:49:000
DIOGO LEAL		10075	238	00:42:17	00:11:49:000
ANDRÉ SILVÉRIO	Colaboradores SLB	16544	239	00:42:21	00:11:53:000
TIAGO SANTOS		13325	240	00:42:22	00:11:54:000
NUNO ANJOS	O mundo da Corrida	13324	241	00:42:22	00:11:54:000
PAULO LOURENÇO	Runners da Frente Ribeirinha da Póvoa de Santa Iria	11796	242	00:42:23	00:11:55:000
LUIS SANCHES		13156	243	00:42:24	00:11:56:000
LUIS CASCAÃO	CASA DO PESSOAL DA RTP	14736	244	00:42:24	00:11:56:000
LUÍS AIRES	Boxe SLB	17932	245	00:42:24	00:11:56:000
TEOTÓNIO NETO	ADRC Mata de Benfica	11007	246	00:42:25	00:11:57:000
RICARDO DAMIÃO	Boxe SLB	17930	247	00:42:25	00:11:57:000
NELSON COSTA	N. A. PAPAGAIOS DE CASCAIS	11437	248	00:42:25	00:11:57:000
VITOR GONÇALVES	Pegada Tavira	10231	249	00:42:26	00:11:58:000
NUNO CARVALHO		14106	250	00:42:26	00:11:58:000
FÁBIO CORREIA	CORRER LISBOA	15481	251	00:42:27	00:11:59:000
FREDERICO BIEL BIEL	Os Cansados	11574	252	00:42:28	00:12:00:000
NUNO FERREIRA	Peniche a Correr	10115	253	00:42:29	00:12:01:000
LUIS BARATA	NucleOeiras	10351	254	00:42:29	00:12:01:000
JOSÉ FIGUEIREDO	Afis/Ovar	13795	255	00:42:30	00:12:02:000
LUIS ZÊZERE	CCD CRÉDITO AGRÍCOLA MÚTUO	12341	256	00:42:30	00:12:02:000
CARLOS FERREIRA	S. C. Espinho/Atletismo António Leitão	15675	257	00:42:31	00:12:03:000
ADILSON LINO		11950	258	00:42:32	00:12:04:000
CARLOS HENRIQUES	RB Running	12941	259	00:42:33	00:12:05:000
EDGAR AGUIAR		10182	260	00:42:33	00:12:05:000
DAVID GORGULHO		16023	261	00:42:34	00:12:06:000
VITOR CUNHA	S. C. Espinho/Atletismo António Leitão	15665	262	00:42:34	00:12:06:000
CARLOS MESTRINHO	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	12224	263	00:42:36	00:12:08:000
MARCO FONSECA	Run for Friends	13912	264	00:42:36	00:12:08:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
SILVINO.A PATRÃO		16052	265	00:42:38	00:12:10:000
EDGAR CONCEIÇÃO	CB RUNNING TEAM	10148	266	00:42:39	00:12:11:000
CARLOS LOURENÇO	N. A. PAPAGAIOS DE CASCAIS	11439	267	00:42:39	00:12:11:000
RUI FERREIRA		14072	268	00:42:40	00:12:12:000
RUI CUSTÓDIO	ABRAM ALAS PARA OS CUSTÓDIOS!	11122	269	00:42:41	00:12:13:000
FILIPE FITAS	GD-SBSI	10529	270	00:42:43	00:12:15:000
NUNO ANTUNES	Colaboradores SLB	16687	271	00:42:44	00:12:16:000
CAMILO GUEDES	Clube do Pessoal Aguas Gaia	11927	272	00:42:46	00:12:18:000
JOSÉ CUNHA	Os Zatopeques	16092	273	00:42:46	00:12:18:000
ANDRÉ FILIPE	SS CGD	12045	274	00:42:48	00:12:20:000
YULIYA KIBENKO	Sport Lisboa e Benfica ELITE	15992	275	00:42:49	00:12:21:000
ROBERTO LEAL	Colaboradores SLB	16719	276	00:42:50	00:12:22:000
LUCIANO CONTENTE	Casa Benfica Seixal	14514	277	00:42:52	00:12:24:000
DULCÍNEA SILVA	gac	10365	278	00:42:53	00:12:25:000
MANUEL LINO	os carregueirenses	14095	279	00:42:53	00:12:25:000
EDUARDO LEITE		15042	280	00:42:53	00:12:25:000
TIAGO ALMEIDA	CBRunning Team	13279	281	00:42:54	00:12:26:000
FERNANDO OLIVEIRA	Clube Campismo São João da Madeira	14507	282	00:42:54	00:12:26:000
VITOR NOVAIS	Grupo Amigos do Atletismo de Vila Franca de Xira	13990	283	00:42:55	00:12:27:000
RUI MARQUES		16772	284	00:42:55	00:12:27:000
FERNANDO SACRAMENTO		13841	285	00:42:55	00:12:27:000
DANIEL ANTUNES	Casa Benfica Torres Vedras	14496	286	00:42:56	00:12:28:000
TIAGO PIRES		13499	287	00:42:57	00:12:29:000
ZACARIAS RIBEIRO		13519	288	00:42:57	00:12:29:000
NARCISO SARAIVA		10829	289	00:42:57	00:12:29:000
LUÍS DIONÍSIO	Casa do Benfica de Moura	10186	290	00:42:58	00:12:30:000
BERNARDINO DA CUNHA SOARES	POLÍCIA MUNICIPAL LISBOA	14745	291	00:42:58	00:12:30:000
JOSÉ SANTOS	G.D.R. São Francisco da Serra	12642	292	00:42:59	00:12:31:000
NUNO ALMEIDA	GD-SBSI	10531	293	00:42:59	00:12:31:000
FERNANDO CORREIA	Pegada Tavira	10229	294	00:43:00	00:12:32:000
JOSE MANUEL MARQUES FERREIRA	painho trail	13924	295	00:43:01	00:12:33:000
ANTÓNIO PICARETA		12165	296	00:43:02	00:12:34:000
RICARDO VALE		14894	297	00:43:02	00:12:34:000
VITAL SOARES	viseu 360	10063	298	00:43:04	00:12:36:000
MÁRIO BORGES	Tratas	12849	299	00:43:04	00:12:36:000
PEDRO TRIGO	#RumoAo37	10893	300	00:43:04	00:12:36:000
PEDRO LARANJO	Viseu 360	10312	301	00:43:05	00:12:37:000
EZEQUIEL FERNANDES	Individual	11996	302	00:43:05	00:12:37:000
NELSON NASCIMENTO	pegada tavira	14966	303	00:43:05	00:12:37:000
ABEL ASSEMBLANO	Casa Benfica Seixal	13791	304	00:43:06	00:12:38:000
JOAQUIM FRADE	SS CGD	11562	305	00:43:06	00:12:38:000
EMANUEL CARREIRA	Correndo Andando	12635	306	00:43:06	00:12:38:000
JOÃO COUTO		11890	307	00:43:07	00:12:39:000
PEDRO FREITAS		14016	308	00:43:08	00:12:40:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PEDRO FARIA	CASA DO BENFICA EM CASTELO BRANCO	14230	309	00:43:08	00:12:40:000
JUVENAL MOREIRA	NUCLEO DESPORTIVO AUTOCOOPE	13746	310	00:43:09	00:12:41:000
JOSÉ FRANCISCO MIRANDA	Individual	11447	311	00:43:10	00:12:42:000
PAULO SILVA	Afis/Ovar	14487	312	00:43:10	00:12:42:000
MÁRIO ALMEIDA	Almeida M.	15950	313	00:43:11	00:12:43:000
MARGARIDA AMARO	Aminhacorrida/Myprotein	13971	314	00:43:12	00:12:44:000
LUIS AURÉLIO	BRRnightRUNNERS	14697	315	00:43:13	00:12:45:000
ALVARO JORGE	Serrado FC Atletismo	10920	316	00:43:13	00:12:45:000
NUNO CARVALHO		10153	317	00:43:13	00:12:45:000
CLAUDIO BERNARDINO	Clube Ferroviário de Portugal	12695	318	00:43:14	00:12:46:000
JOÃO FERNANDES		13624	319	00:43:14	00:12:46:000
LUÍS MORAIS	Casa do Benfica em Castelo Branco	12497	320	00:43:14	00:12:46:000
FILIPE TELES	Clube Desportivo de Leomil	11591	321	00:43:15	00:12:47:000
PEDRO CARAMBA	Correr Lisboa	14718	322	00:43:16	00:12:48:000
FERNANDO ALMEIDA	Gelpeixe	10669	323	00:43:16	00:12:48:000
ALBINO ALVES	Link	14844	324	00:43:17	00:12:49:000
NUNO SANTOS		12690	325	00:43:19	00:12:51:000
LUIS MARQUES		13145	326	00:43:19	00:12:51:000
ANTÓNIO JACINTO	Casa do Benfica em Algueirão Mem Martins-Sintra	15501	327	00:43:19	00:12:51:000
JOSÉ MANUEL FERNANDES FIGUEIREDO	POLÍCIA MUNICIPAL LISBOA	14740	328	00:43:22	00:12:54:000
PEDRO CANELAS	CFBelenenses	13462	329	00:43:23	00:12:55:000
FERNANDO CORVELO	Wikaboo	12180	330	00:43:23	00:12:55:000
VICTOR MENDES		12719	331	00:43:23	00:12:55:000
CARLOS FRANÇA	CAD a Correr	10224	332	00:43:24	00:12:56:000
HENRIQUE SANTOS	SERVIÇOS SOCIAIS RSB/JACINTO	13186	333	00:43:24	00:12:56:000
LUÍS AZEVEDO		15718	334	00:43:24	00:12:56:000
HUGO CARAGO	Clube Novo Banco	11303	335	00:43:24	00:12:56:000
PEDRO GABRIEL	Clube Novo Banco	11307	336	00:43:24	00:12:56:000
TIAGO GONÇALVES		11625	337	00:43:25	00:12:57:000
MIGUEL ANGELO AMARAL		11349	338	00:43:25	00:12:57:000
LUÍS MARTINHO		11627	339	00:43:27	00:12:59:000
SUSANA MARIA MATOS		14231	340	00:43:27	00:12:59:000
JORGE CARVALHO		10847	341	00:43:27	00:12:59:000
SÉRGIO HIPÓLITO		17826	342	00:43:27	00:12:59:000
SANDRO COSTA		13415	343	00:43:28	00:13:00:000
JOÃO BRAGA MOREIRA	S. C. Espinho/Atletismo António Leitão	15681	344	00:43:29	00:13:01:000
PAULO GOMES	3 Delta	14271	345	00:43:29	00:13:01:000
PEDRO LIMA		10832	346	00:43:29	00:13:01:000
CRISTINA CABRAL	Liberty Seguros	14958	347	00:43:30	00:13:02:000
JORGE SANTANA	CD Amigos Paco Nassa	13190	348	00:43:34	00:13:06:000
JOAO GONÇALVES		16042	349	00:43:34	00:13:06:000
RUI FERNANDES	Casa do Benfica em Castelo Branco	12492	350	00:43:34	00:13:06:000
LUIS SILVA	SL Besuntas	12082	351	00:43:35	00:13:07:000
NUNO SILVA		11857	352	00:43:36	00:13:08:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANTONIO MASSANO	Casa Benfica Seixal	13784	353	00:43:37	00:13:09:000
PAULO MATOS	Ganha Dores	12653	354	00:43:39	00:13:11:000
VIRGÍLIO ALBERTO	Grupo Alegre Unido Bajouca	12709	355	00:43:39	00:13:11:000
JOSÉ PASSOS	peniche a correr	10270	356	00:43:40	00:13:12:000
ANTONIO MANUEL ROCHA DA SILVA		13741	357	00:43:41	00:13:13:000
LUIS TORRADO		15947	358	00:43:41	00:13:13:000
CARLA ARAUJO	NAC	13854	359	00:43:42	00:13:14:000
JOÃO CRUZ		16165	360	00:43:44	00:13:16:000
FERNANDO FERNANDES	Casa Benfica Seixal	13792	361	00:43:45	00:13:17:000
GONÇALO FERREIRA		16773	362	00:43:45	00:13:17:000
PEDRO PINTO	Os Indomáveis	10251	363	00:43:45	00:13:17:000
TIAGO MOREIRA		17965	364	00:43:45	00:13:17:000
RICARDO RIBEIRO	Ginásio Fit4Fun	11873	365	00:43:46	00:13:18:000
ANDRÉ SILVA		12113	366	00:43:47	00:13:19:000
DAVIDE PINHO		13852	367	00:43:47	00:13:19:000
MARCO BAETA		10348	368	00:43:48	00:13:20:000
HÉLDER RAMOS	CATA-Clube de Atletismo de Amora	12776	369	00:43:49	00:13:21:000
LUÍS RODRIGUES		13577	370	00:43:50	00:13:22:000
JOSÉ AMARO	LIZ RUNNERS	15405	371	00:43:51	00:13:23:000
NUNO RODRIGUES	CLUBE DE MONTANHA ALTO TRILHO, JAVALIS	12197	372	00:43:52	00:13:24:000
MÁRIO SIMÕES	Colaboradores SLB	16663	373	00:43:53	00:13:25:000
JOAO BERNARDES	os carregueirenses	14092	374	00:43:53	00:13:25:000
PEDRO CARVALHO		14226	375	00:43:55	00:13:27:000
ANTÓNIO TERRAS		14463	376	00:43:55	00:13:27:000
JOSÉ REIS		10041	377	00:43:55	00:13:27:000
SÉRGIO ALVES	Os Galgos	15539	378	00:43:55	00:13:27:000
LUIS JOSÉ	Clube Novo Banco	11290	379	00:43:55	00:13:27:000
PEDRO SERRA		14001	380	00:43:56	00:13:28:000
JOÃO BRANCO	AAMafra	13112	381	00:43:57	00:13:29:000
RAFAEL AFONSO	N. A. PAPAGAIOS DE CASCAIS	11435	382	00:43:57	00:13:29:000
TIAGO PAULO		11495	383	00:43:58	00:13:30:000
JOSÉ MANUEL NUNES		11253	384	00:43:59	00:13:31:000
RUI CARDOSO		10257	385	00:43:59	00:13:31:000
MIGUEL ALMEIDA		10582	386	00:44:00	00:13:32:000
BENTO SEMEDO	A2EL Publicidade	11169	387	00:44:01	00:13:33:000
MARGARIDA CORREIA	Grupo Barraqueiro	10744	388	00:44:01	00:13:33:000
ANDRE CARVALHO		12163	389	00:44:01	00:13:33:000
AUGUSTO TRINDADE	RUNNERS DO DEMO	10791	390	00:44:01	00:13:33:000
MÁRIO MOREIRA	GRUPO RECREATIVO E DESPORTIVO DA RIBEIRA DA LAGE	12211	391	00:44:02	00:13:34:000
JOÃO BRAZ		14005	392	00:44:03	00:13:35:000
ANTONIO CAEIRO	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	12227	393	00:44:04	00:13:36:000
INÊS BRITO	Correr Lisboa	10473	394	00:44:04	00:13:36:000
HELDER CORREIA	BE RUNNERS	10755	395	00:44:04	00:13:36:000
JOSÉ FONSECA	União FCI de Tomar	12079	396	00:44:04	00:13:36:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RUTE SILVA	Clube Campismo São João da Madeira	14509	397	00:44:05	00:13:37:000
INES GONÇALVES	Afis/Ovar	13798	398	00:44:05	00:13:37:000
HUGO FERREIRA	STJoaoOliveiraTeam	14729	399	00:44:06	00:13:38:000
NELSON CARLOS GUERREIRO PEREIRA	Montijo Runners	16223	400	00:44:08	00:13:40:000
CARLOS TRAQUINO	Familia Traquino	10768	401	00:44:09	00:13:41:000
PALMIRA QUINHAMA	correr lisboa	14156	402	00:44:11	00:13:43:000
BERNARDINO SILVA FERREIRA	A.D.R. AVELEDA	11902	403	00:44:12	00:13:44:000
PAULO MOREIRA	Filhos da Noite	11072	404	00:44:13	00:13:45:000
LUÍS PEDRO	RUNNERS DO DEMO	10789	405	00:44:14	00:13:46:000
LUÍS SALVADOR	RUNNERS DO DEMO	10790	406	00:44:14	00:13:46:000
ANTÓNIO MARTINHO	Correr Lisboa	11573	407	00:44:15	00:13:47:000
FILIFE GARCIA	Garcia Runners	13299	408	00:44:16	00:13:48:000
ROMÃO CORREIA	Devagar devagarinho	13962	409	00:44:16	00:13:48:000
ANTÓNIO MARQUES	Colaboradores SLB	16548	410	00:44:17	00:13:49:000
ANTÓNIO CATRONGA	Casa do Benfica de Reguengos de Monsaraz	12312	411	00:44:17	00:13:49:000
JOÃO RAMALHO	CASA DO BENFICA DE REGUENGOS DE MONSARAZ	14539	412	00:44:17	00:13:49:000
PAULO RODRIGUES	Correr Queluz	14199	413	00:44:17	00:13:49:000
DANIEL PAIVA	Galhardos Runners	14711	414	00:44:18	00:13:50:000
JOÃO PÁSCOA		15047	415	00:44:18	00:13:50:000
ANTÓNIO VERISSIMIO		14036	416	00:44:20	00:13:52:000
CRISTIANO PAES	Hospital da Luz	16416	417	00:44:20	00:13:52:000
LEONIDO AFONSO	Casa do Benfica em Castelo Branco	12176	418	00:44:20	00:13:52:000
LUIS MARTINS		12067	419	00:44:21	00:13:53:000
RUI JOVINO		15125	420	00:44:22	00:13:54:000
JOSÉ PIRES		12529	421	00:44:22	00:13:54:000
NUNO MIGUEL SEQUEIRA DA SILVA SILVA	C.C.R. praia de Mira Academia de Atletismo João Silva	10608	422	00:44:23	00:13:55:000
MIGUEL TRUNINGER SOUSA	CLUBE COLABORADORES AGEAS	11773	423	00:44:23	00:13:55:000
ALVARO OLIVEIRA		13838	424	00:44:23	00:13:55:000
JOAQUIM COUTO		13849	425	00:44:23	00:13:55:000
VITOR MOURAO		14921	426	00:44:24	00:13:56:000
NUNO FIGUEIREDO		12612	427	00:44:24	00:13:56:000
DUARTE COSTA		15285	428	00:44:25	00:13:57:000
BRUNO MARTINS	a.d.r. aveleda	12293	429	00:44:25	00:13:57:000
PEDRO CARVALHO	CAD A CORRER	10424	430	00:44:25	00:13:57:000
RODRIGO MIGUEL MARTINS TEIXEIRA	POLÍCIA MUNICIPAL LISBOA	14741	431	00:44:25	00:13:57:000
JOEL FERREIRA		11061	432	00:44:28	00:14:00:000
JOSÉ GONÇALVES	Amigos do Atletismo de Mafra	11256	433	00:44:29	00:14:01:000
HUGO DINIS		14606	434	00:44:30	00:14:02:000
PEDRO FERNANDES		14987	435	00:44:32	00:14:04:000
BRUNO EU	S. C. Espinho/Atletismo António Leitão	17811	436	00:44:33	00:14:05:000
JOSÉ MOUTINHO	S. C. Espinho/Atletismo António Leitão	15666	437	00:44:33	00:14:05:000
JOSÉ CARLOS GOMES	S. C. Espinho/Atletismo António Leitão	15664	438	00:44:34	00:14:06:000
RUI PEDRO	Correr Soc Rec da Granja	14114	439	00:44:37	00:14:09:000
MARCO SANTOS	Pinhal Novo a Correr	14102	440	00:44:39	00:14:11:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ALVARO RODRIGUES	Hospital da Luz	16420	441	00:44:40	00:14:12:000
LUIS CARPELHO		13109	442	00:44:41	00:14:13:000
RICARDO VICENTE	Clube Desportivo Moitense	13512	443	00:44:42	00:14:14:000
ANTONIO MANUEL CORREIA		13193	444	00:44:43	00:14:15:000
BRUNO SILVA	Fruto Silvestre	14635	445	00:44:44	00:14:16:000
JOÃO ALVES	Jogging Lovers Coimbra	10166	446	00:44:45	00:14:17:000
PEDRO LOPES	Casa do Benfica em Castelo Branco	12499	447	00:44:46	00:14:18:000
NELSON FELIX		15495	448	00:44:46	00:14:18:000
VITOR JORGE	Ser um Ser	12530	449	00:44:47	00:14:19:000
FILIFE TELES	Clube Naval de São Vicente	10845	450	00:44:48	00:14:20:000
JOÃO GUERRA		14756	451	00:44:48	00:14:20:000
LIBERTO SANTOS		10375	452	00:44:49	00:14:21:000
MARTA CARDOSO	Mercenários da Penha	13428	453	00:44:55	00:14:27:000
ANTÓNIO PEREIRA	Individual	13494	454	00:44:55	00:14:27:000
VITOR HUGO	Serrado FC Atletismo	12446	455	00:44:56	00:14:28:000
FRANCISCO PRAZERES		11091	456	00:44:57	00:14:29:000
PAULO VIEGAS	ESTRELA FUTEBOL CLUBE	11903	457	00:44:57	00:14:29:000
DIOGO FERREIRA	Veteranos do lis	13250	458	00:44:58	00:14:30:000
RICARDO SILVA		11598	459	00:44:59	00:14:31:000
TIAGO SILVA		14781	460	00:45:00	00:14:32:000
JOSÉ TAVARES	Afis/ovar	13817	461	00:45:00	00:14:32:000
ANDRE COSTAL	Pernas de Gafanhoto	11099	462	00:45:01	00:14:33:000
NUNO GUERREIRO	Central de Cerveja	16470	463	00:45:01	00:14:33:000
DAVID AGUIAR	Os Galgos de Tancos	12124	464	00:45:02	00:14:34:000
HEINRICH PESTANA		17956	465	00:45:02	00:14:34:000
ALEXANDRE CARDANA	DirtRunners	10105	466	00:45:05	00:14:37:000
JOAO BARBADO		10576	467	00:45:05	00:14:37:000
JORGE RODRIGUES	Clube Ferroviário de Portugal	12696	468	00:45:05	00:14:37:000
PAULO CALDEIRA		11891	469	00:45:05	00:14:37:000
HUGO REIS	CREDIBOM	15043	470	00:45:07	00:14:39:000
RICARDO SANTOS	Clube EDP Lisboa	11810	471	00:45:08	00:14:40:000
RICARDO LOURENÇO		10132	472	00:45:08	00:14:40:000
JOAQUIM LOPES	Casa do Benfica em Grandola	15339	473	00:45:09	00:14:41:000
EDUARDO EUSEBIO		12640	474	00:45:09	00:14:41:000
CRISTIANO TAVARES	Afis/Ovar	13819	475	00:45:09	00:14:41:000
ANTÓNIO PALMEIRA	Clube Desportivo Ribeirense	14344	476	00:45:10	00:14:42:000
DANIEL SILVÉRIO		10053	477	00:45:11	00:14:43:000
MÁRCIO OLIVEIRA	Afis/Ovar	13801	478	00:45:11	00:14:43:000
PEDRO REGO		10188	479	00:45:12	00:14:44:000
RUI RODRIGUES		10465	480	00:45:12	00:14:44:000
MARIA LUCAS		16290	481	00:45:13	00:14:45:000
CARLOS FERREIRA		10190	482	00:45:14	00:14:46:000
NUNO PEREIRA	Casa do Benfica em Algueirão Mem Martins-Sintra	14046	483	00:45:14	00:14:46:000
EDGAR MAGRO	Correr Lisboa	10468	484	00:45:16	00:14:48:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
SÉRGIO MARCELINO	Grupo Alegre Unido Bajouca	12711	485	00:45:16	00:14:48:000
FERNANDO ALVIM		11198	486	00:45:16	00:14:48:000
HÉLDER COTRIM		16209	487	00:45:16	00:14:48:000
CÉSAR COSTA		12128	488	00:45:18	00:14:50:000
FILIFE GAISITA	C. D. Amigos de Paco Nassa	10881	489	00:45:18	00:14:50:000
ABILIO CATARRO	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	12226	490	00:45:19	00:14:51:000
RUI MARQUES	triatio teleperformance os belenenses	11685	491	00:45:19	00:14:51:000
TIAGO ALVES	Grupo Barraqueiro	10750	492	00:45:20	00:14:52:000
RAFAEL MARTINS	GENIUS	15456	493	00:45:21	00:14:53:000
PEDRO SILVA	Astromil	16110	494	00:45:21	00:14:53:000
DANY GRILO	Grupo Alegre Unido Bajouca	12706	495	00:45:22	00:14:54:000
JORGE ROSINHA		14227	496	00:45:22	00:14:54:000
PAULO RIBEIRO		13833	497	00:45:23	00:14:55:000
FILIFE CORREIA	SS CGD	12046	498	00:45:23	00:14:55:000
DANIEL BARBOSA	Pés de Chumbo	14136	499	00:45:23	00:14:55:000
PAULO MORADIAS	Casa do Benfica em Castelo Branco	12493	500	00:45:23	00:14:55:000
JOSÉ SEGURO		13596	501	00:45:24	00:14:56:000
HUGO MARREIROS	Corredores da Adega	13750	502	00:45:24	00:14:56:000
EDUARDO CARVALHO		10086	503	00:45:24	00:14:56:000
VÍTOR ANSELMO	Grupo Desportivo "O Independente" - Barreiro	12603	504	00:45:24	00:14:56:000
PAULO SILVA	Somos Disto	13464	505	00:45:25	00:14:57:000
RICARDO DOMINGUES		13452	506	00:45:27	00:14:59:000
RICARDO CORREIA	Colaboradores SLB	16715	507	00:45:27	00:14:59:000
AMÁVEL FIGUEIREDO	CAAPP	11175	508	00:45:28	00:15:00:000
ALBERTINO NETO	Correr Soc Rec da Granja	14115	509	00:45:28	00:15:00:000
PEDRO COSTA		15583	510	00:45:28	00:15:00:000
SALVADOR BOURA		13541	511	00:45:29	00:15:01:000
PAULO MONTEIRO	Central de Cerveja	16466	512	00:45:30	00:15:02:000
VITOR GONCALVES	DFK OFFICE	10268	513	00:45:30	00:15:02:000
ANGELO GODINHO	Correr Lisboa	12541	514	00:45:31	00:15:03:000
NUNO FERREIRA	COFINA RUNNERS	15127	515	00:45:31	00:15:03:000
PAULO GOULART	CLUBE ANACOM	14530	516	00:45:32	00:15:04:000
JOSÉ LOPES		12536	517	00:45:32	00:15:04:000
FRANCISCO GAMA		13480	518	00:45:33	00:15:05:000
VASCO JESUS	Central de Cerveja	16471	519	00:45:34	00:15:06:000
JOSE FERNANDES	individual	11821	520	00:45:35	00:15:07:000
HENRIQUE AMADOR	SS CGD	11337	521	00:45:35	00:15:07:000
BRUNO PERNES		14834	522	00:45:35	00:15:07:000
GONÇALO MAGALHÃES		13459	523	00:45:35	00:15:07:000
PEDRO GIL		15380	524	00:45:37	00:15:09:000
RODOLFO DEYLLLOT	Clube Desportivo Ribeirense	14353	525	00:45:37	00:15:09:000
CARLOS LOPES	Aminhacorrida/Myprotein	13977	526	00:45:38	00:15:10:000
RICARDO RAPOSO		10409	527	00:45:38	00:15:10:000
HUGO GONÇALVES		17840	528	00:45:39	00:15:11:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PEDRO BRÁS	SS CGD	11697	529	00:45:41	00:15:13:000
FILIPE RITO		11834	530	00:45:42	00:15:14:000
JOÃO FERREIRA	A caminhar	14033	531	00:45:45	00:15:17:000
FRANCISCO FARINHA	Colaboradores SLB	16596	532	00:45:45	00:15:17:000
DANIEL SILVA		11854	533	00:45:46	00:15:18:000
LUCIANO CORREIA	U.F. Comércio e Indústria Atletismo	14762	534	00:45:47	00:15:19:000
PAULO SILVA		13832	535	00:45:47	00:15:19:000
NUNO FERREIRA		12185	536	00:45:48	00:15:20:000
RODRIGO MARQUES	AZA - Azambuja com Alma	12971	537	00:45:49	00:15:21:000
NUNO FERNANDES		10332	538	00:45:49	00:15:21:000
ANTÓNIO MOITA		12540	539	00:45:49	00:15:21:000
ANTÓNIO ALMEIDA	Grupo Barraqueiro	10746	540	00:45:50	00:15:22:000
PAULO CARMO		16201	541	00:45:50	00:15:22:000
EDUARDO ALVES SILVA		13904	542	00:45:51	00:15:23:000
PAULO FRANCISCO		12677	543	00:45:53	00:15:25:000
CARLOS MARTINHO	Cad a Correr	12329	544	00:45:54	00:15:26:000
MIGUEL MOREIRA		13834	545	00:45:54	00:15:26:000
JOSÉ RIBEIRO		17518	546	00:45:54	00:15:26:000
MAURO PIMENTA	Grupo Amigos do Atletismo de Vila Franca de Xira	13992	547	00:45:55	00:15:27:000
FERNANDO FERREIRA		10564	548	00:45:55	00:15:27:000
PEDRO PEREIRA	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	12221	549	00:45:55	00:15:27:000
PEDRO GOUVEIA	Colaboradores SLB	16703	550	00:45:55	00:15:27:000
PEDRO CORREIA		12625	551	00:45:56	00:15:28:000
JORGE DELGADO	Casa do Benfica da Figueira da Foz	11756	552	00:45:58	00:15:30:000
MARIO DIAS	S. C. Espinho/Atletismo António Leitão	15682	553	00:45:58	00:15:30:000
MARCO DUARTE		13067	554	00:45:58	00:15:30:000
GONÇALO FERREIRA		12408	555	00:45:59	00:15:31:000
ANDRÉ BORGES		10200	556	00:46:00	00:15:32:000
FRANCISCO DIAS	Correr Soc Rec da Granja	14113	557	00:46:01	00:15:33:000
JORGE CARREIRA		12089	558	00:46:01	00:15:33:000
HELDER SILVA	nós 5	11421	559	00:46:01	00:15:33:000
JORGE FARINHA		17832	560	00:46:02	00:15:34:000
RUI PEDRO RODRIGUES		13230	561	00:46:03	00:15:35:000
INÊS AMARAL		14407	562	00:46:03	00:15:35:000
CARLOS TRONÇÃO	Colaboradores SLB	16567	563	00:46:04	00:15:36:000
ANTÓNIO CADIMA		10928	564	00:46:04	00:15:36:000
FERNANDO AGOSTINHO	Caldas corre +	13388	565	00:46:04	00:15:36:000
AIRES SÃO PEDRO	Clube Ferroviário de Portugal	14009	566	00:46:05	00:15:37:000
JOAO SAO MARCOS		14563	567	00:46:06	00:15:38:000
DAVID NASCIMENTO	Correr Lisboa	10997	568	00:46:06	00:15:38:000
CLÁUDIO CARVALHO		12442	569	00:46:07	00:15:39:000
FERNANDO MENDES		14972	570	00:46:10	00:15:42:000
HELDER COSTA	Afis/Ovar	13796	571	00:46:11	00:15:43:000
NUNO MOLEANO	Clube Desportivo Ribeirense	14352	572	00:46:11	00:15:43:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
DOMINGUES DOMINGUES		10852	573	00:46:12	00:15:44:000
ANTONIO PEREIRA	Clube Campismo São João da Madeira	14511	574	00:46:12	00:15:44:000
TIAGO PINTO	Correr Lisboa	13584	575	00:46:13	00:15:45:000
ABEL FERNANDO SANTOS DOMINGUES	Vieirense	13590	576	00:46:14	00:15:46:000
DIOGO PINTO		15374	577	00:46:14	00:15:46:000
BRUNO MÓSCA		14436	578	00:46:14	00:15:46:000
JOÃO FELICIDADE		10090	579	00:46:15	00:15:47:000
PEDRO PERALTA		15375	580	00:46:15	00:15:47:000
ARTUR GONÇALVES		14141	581	00:46:16	00:15:48:000
ANGELO ALEXANDRE		12970	582	00:46:17	00:15:49:000
PEDRO DUARTE	Galheteiro	11089	583	00:46:18	00:15:50:000
CAROLINA FELIZ	União FCI de Tomar	12077	584	00:46:18	00:15:50:000
NUNO DIOGO	Correr Soc Rec da Granja	11197	585	00:46:18	00:15:50:000
JOSÉ AUGUSTO	Falcões Selvagens	13571	586	00:46:18	00:15:50:000
FERNANDO BAPTISTA		12759	587	00:46:19	00:15:51:000
NUNO STONE		16189	588	00:46:20	00:15:52:000
HUGO PEREIRA		10887	589	00:46:20	00:15:52:000
PEDRO PEREIRA		11051	590	00:46:20	00:15:52:000
ARMINDO ROMANA		13911	591	00:46:21	00:15:53:000
VIRIATO PATACO		11531	592	00:46:21	00:15:53:000
FERNANDO MENDES		14971	593	00:46:23	00:15:55:000
GONÇALO MOREIRA		12110	594	00:46:23	00:15:55:000
SERGIO BORGES	NUCLEO DESPORTIVO AUTOCOOPE	13749	595	00:46:23	00:15:55:000
ANTÓNIO DUARTE	Scalabis Night Runners	15214	596	00:46:24	00:15:56:000
JORGE DEUS		12482	597	00:46:24	00:15:56:000
JOÃO CORREIA		12016	598	00:46:24	00:15:56:000
JOSÉ SILVA		14604	599	00:46:25	00:15:57:000
MANUEL VIDA	Casa do Benfica em Castelo Branco	12173	600	00:46:25	00:15:57:000
HÉLIO JORGE RIBEIRO DA COSTA		10398	601	00:46:26	00:15:58:000
JOSÉ PAULO CALDEIRA		12723	602	00:46:26	00:15:58:000
CARLOS ASSEICEIRA		13146	603	00:46:26	00:15:58:000
ALVARO AUGUSTO	alcanena trail	15396	604	00:46:26	00:15:58:000
PEDRO JOGO	PÉ DE ATLETA	14890	605	00:46:27	00:15:59:000
JOÃO VAZ	Coca-Cola	15503	606	00:46:27	00:15:59:000
CARLOS BATISTA	3 Delta	14269	607	00:46:28	00:16:00:000
CARLOS MARTINS	CCD CRÉDITO AGRÍCOLA MÚTUO	12333	608	00:46:28	00:16:00:000
PAULO ESPANHOL		12265	609	00:46:29	00:16:01:000
DUARTE RIBEIRO		11724	610	00:46:29	00:16:01:000
JOÃO PINTO		10594	611	00:46:31	00:16:03:000
RICARDO DOMINGOS		15791	612	00:46:31	00:16:03:000
PEDRO CRUZ		13410	613	00:46:31	00:16:03:000
JOÃO FERNANDES		12447	614	00:46:31	00:16:03:000
JOÃO FRAGOSO		14421	615	00:46:32	00:16:04:000
MANUEL ROBALO	Individual	10071	616	00:46:33	00:16:05:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PEDRO MESQUITA		10038	617	00:46:33	00:16:05:000
VITOR GONZAS	Clube Ferroviário de Portugal	14023	618	00:46:33	00:16:05:000
PEDRO PITTÉ	Casa do Benfica em Castelo Branco	12170	619	00:46:33	00:16:05:000
PEDRO SILVA		14186	620	00:46:34	00:16:06:000
JOSÉ LOPES	CCD Siemens	14221	621	00:46:35	00:16:07:000
BRUNO SANTOS		15354	622	00:46:35	00:16:07:000
JORGE MANUEL AIRES SILVA	CABarreira-leiria	11201	623	00:46:35	00:16:07:000
CARLOS SOARES	Correr Lisboa	13149	624	00:46:35	00:16:07:000
LEANDRO SANTOS	Alpuches8400	12605	625	00:46:35	00:16:07:000
JOÃO RODRIGUES		12356	626	00:46:36	00:16:08:000
JOÃO NEVES	S. C. Espinho/Atletismo António Leitão	15671	627	00:46:36	00:16:08:000
FILIPE POMBO		13491	628	00:46:36	00:16:08:000
MÁRIO FONTINHAS	Colaboradores SLB	16665	629	00:46:37	00:16:09:000
ANTÓNIO REIS		14290	630	00:46:37	00:16:09:000
JORGE PINHO		14892	631	00:46:38	00:16:10:000
HUGO SANTOS	Clube de Corrida REN	14721	632	00:46:38	00:16:10:000
ARMANDO SILVA	Autoas Runners	10183	633	00:46:39	00:16:11:000
JOÃO ROSA		14649	634	00:46:39	00:16:11:000
NUNO GONÇALVES		11556	635	00:46:39	00:16:11:000
MARCELO COUTINHO	THIS SIDE UP - RUN TEAM	10913	636	00:46:40	00:16:12:000
CARLOS DUARTE	C.D. "Os Águias" de Alpiarça	11920	637	00:46:40	00:16:12:000
PAULO NUNES	3 Delta	14270	638	00:46:40	00:16:12:000
ANTÓNIO SILVA	Amigos da Montanha	13666	639	00:46:40	00:16:12:000
JOÃO DIAS		11019	640	00:46:42	00:16:14:000
JACINTO GOMES	Casa Benfica Seixal	13787	641	00:46:42	00:16:14:000
NUNO CRUZ		11993	642	00:46:42	00:16:14:000
MIGUEL LOURENÇO	Corinthia Team	14279	643	00:46:42	00:16:14:000
ARTUR JOSÉ CARVALHO		10537	644	00:46:43	00:16:15:000
JOÃO REBELO	CATA-Clube de Atletismo de Amora	12775	645	00:46:43	00:16:15:000
ANTÓNIO GODINHO		16121	646	00:46:43	00:16:15:000
RUI CARREIRA	Correndo Andando	12636	647	00:46:44	00:16:16:000
LUÍS CONSTANTE		11725	648	00:46:44	00:16:16:000
RUI VIEITAS	Fat Old Dudes	10326	649	00:46:44	00:16:16:000
ANTÓNIO RODRIGUES	ROFF	10628	650	00:46:44	00:16:16:000
TIAGO MARQUES		12044	651	00:46:44	00:16:16:000
DIOGO LOPES		10461	652	00:46:45	00:16:17:000
HUGO ALBERTO		14167	653	00:46:45	00:16:17:000
FERNANDO RODRIGUES		15845	654	00:46:45	00:16:17:000
LUIS CARVALHO	Tartarugas Solidárias	14312	655	00:46:45	00:16:17:000
PAULO SOUSA		12757	656	00:46:45	00:16:17:000
ANÍBAL BRITO	Cotas&Code	13441	657	00:46:46	00:16:18:000
MIGUEL MARTINS		11353	658	00:46:46	00:16:18:000
PAULO NETO		11020	659	00:46:46	00:16:18:000
ALMERINDO VAZ	Colaboradores SLB	16538	660	00:46:46	00:16:18:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANDRÉ CORREIA	Alpuches8400	12606	661	00:46:47	00:16:19:000
PEDRO PENICHE	Furões do Alentejo	11937	662	00:46:48	00:16:20:000
JOZÉ RIBEIRO		16021	663	00:46:48	00:16:20:000
ANDRÉ QUARENTA		14920	664	00:46:49	00:16:21:000
PAULA NOGUEIRA	Clube Brisa	15280	665	00:46:49	00:16:21:000
PAULO ALVES		14420	666	00:46:50	00:16:22:000
ÁLVARO MENDONÇA	Gáfete Runners	14085	667	00:46:50	00:16:22:000
ANTÓNIO CRISTOVAO		13861	668	00:46:50	00:16:22:000
LUIS CARVALHO	ODIVELAS RUN	10081	669	00:46:50	00:16:22:000
LUÍS CAMACHO	Ainda sem nome...lol SLB	10572	670	00:46:51	00:16:23:000
LUIS MARTINS		10070	671	00:46:51	00:16:23:000
HÉLDER PEREIRA		11005	672	00:46:51	00:16:23:000
FERNANDO PASSINHAS		14867	673	00:46:51	00:16:23:000
ANDRE NEREU		14923	674	00:46:51	00:16:23:000
JOSÉ GODINHO	Casa do Benfica em Castelo Branco	12174	675	00:46:51	00:16:23:000
ENCARNAÇÃO PEDRO		10482	676	00:46:51	00:16:23:000
ADIL ABBAS	single	15205	677	00:46:52	00:16:24:000
ANA REBELO	Casa Benfica Torres Vedras	14497	678	00:46:53	00:16:25:000
MANUEL CAMPOS	virithvs runnners viseu	11579	679	00:46:54	00:16:26:000
LUIS DAMIÃO	CCD CRÉDITO AGRÍCOLA MÚTUO	12340	680	00:46:54	00:16:26:000
RUI MIGUEL PAULO GUILHERME		14865	681	00:46:54	00:16:26:000
DIOGO ASSUNÇÃO	Here 4 Beer	11062	682	00:46:55	00:16:27:000
MARCO VIDEIRA		15720	683	00:46:55	00:16:27:000
RICARDO TRIGUEIRO	SL Besuntas	13909	684	00:46:55	00:16:27:000
FRANCISCO LOUREIRO		12674	685	00:46:56	00:16:28:000
NUNO PIMENTA		15229	686	00:46:56	00:16:28:000
MARIA RODRIGUES	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	12229	687	00:46:57	00:16:29:000
RUI FARIA	Casa do Benfica da Figueira da Foz	11754	688	00:46:57	00:16:29:000
SÉRGIO SANTOS		17545	689	00:46:57	00:16:29:000
MIGUEL SILVA		14032	690	00:46:58	00:16:30:000
BRUNO RAPOSEIRA	Casa Benfica em Alpiarça	13368	691	00:46:58	00:16:30:000
JOAO ROQUE		11815	692	00:46:58	00:16:30:000
JOÃO MARQUES		10814	693	00:46:59	00:16:31:000
NELSON OLIVEIRA	CLAC - Entroncamento	13157	694	00:46:59	00:16:31:000
LUIS MATIAS	Virithvs Runners Viseu	15394	695	00:46:59	00:16:31:000
GONÇALO PEDRO	PACERS	16759	696	00:46:59	00:16:31:000
FERNANDO GONÇALVES	GRUPO BARRAQUEIRO	15123	697	00:46:59	00:16:31:000
MARIANA MOTA		17600	698	00:46:59	00:16:31:000
FERNANDO ALMEIDA		10196	699	00:47:00	00:16:32:000
MARIO GONÇALVES	ONDA TEAM	12807	700	00:47:01	00:16:33:000
VASCO LANDEIRO		16187	701	00:47:01	00:16:33:000
ANDRÉ ROBALO		10552	702	00:47:02	00:16:34:000
FREDERICO MARQUES		11203	703	00:47:02	00:16:34:000
NUNO GOMES	Individual	11934	704	00:47:02	00:16:34:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
FILIPE MACEDO	Zimbra Fox Runners	11995	705	00:47:03	00:16:35:000
CARLOS COELHO	CAAPP	11176	706	00:47:06	00:16:38:000
JORGE AZEVEDO	GW Runners	14460	707	00:47:06	00:16:38:000
RUI PEREIRA	individual	10364	708	00:47:07	00:16:39:000
CÉSAR VISTAS		10155	709	00:47:09	00:16:41:000
CARLOS SANTOS	União FCI de Tomar	12078	710	00:47:09	00:16:41:000
LUÍS TRIGO	#RumoAo37	13055	711	00:47:10	00:16:42:000
JOÃO CORREIA		15838	712	00:47:12	00:16:44:000
JÚLIO ROQUE	Correr Soc. Rec. Granja	13740	713	00:47:12	00:16:44:000
ELMAR DERKITSCH	Marriott Lisboa	15216	714	00:47:13	00:16:45:000
ARTUR SANTOS	Individual	12782	715	00:47:14	00:16:46:000
VIRGILIO OLIVEIRA		17966	716	00:47:14	00:16:46:000
BRUNO AIRES		13673	717	00:47:15	00:16:47:000
GONÇALO MATOS		10991	718	00:47:15	00:16:47:000
JORGE VIDES		10894	719	00:47:15	00:16:47:000
MANUEL PEREIRA	Colaboradores SLB	16655	720	00:47:16	00:16:48:000
VITOR TRIGO		13422	721	00:47:17	00:16:49:000
RUI PANÇA	Casa Benfica Seixal	13778	722	00:47:18	00:16:50:000
ANTONIO ALMEIDA	NUCLEO DESPORTIVO AUTOCOOPE	13744	723	00:47:18	00:16:50:000
RAFAEL PESSOA	Hilti Running Team	14728	724	00:47:19	00:16:51:000
ADELINO PEREIRA	Run2Finish.PT	12100	725	00:47:19	00:16:51:000
CARLOS RODRIGUES	Clube EDP Lisboa	11804	726	00:47:19	00:16:51:000
FLAVIANO DIAS	Amiciclo. Grândola	14927	727	00:47:20	00:16:52:000
CLAUDIO MATOS		14112	728	00:47:20	00:16:52:000
LUIS FRANCO		15843	729	00:47:20	00:16:52:000
FRANCISCO FERRÃO		11268	730	00:47:21	00:16:53:000
TIAGO BOLETO	Galheteiro	11090	731	00:47:21	00:16:53:000
MIGUEL NUNES	GDCT Unicre	15290	732	00:47:24	00:16:56:000
MIGUEL GUALDINO	COAC - Coruche Outdoor Adventure Club	10566	733	00:47:25	00:16:57:000
MARCIO ALEXANDRE	COAC - Coruche Outdoor Adventure Club	10185	734	00:47:25	00:16:57:000
JOSE MORAIS		10284	735	00:47:26	00:16:58:000
BRUNO MANUEL MONTEIRO		16309	736	00:47:26	00:16:58:000
JOÃO DIAS	Os Galgos de Tancos	11499	737	00:47:27	00:16:59:000
SERGIO NOGUEIRA	Clube Brisa	15278	738	00:47:27	00:16:59:000
MANUEL VIEIRA	Clube Desportivo Ribeirense	14360	739	00:47:27	00:16:59:000
CECÍLIA NICOLAU	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	10808	740	00:47:28	00:17:00:000
CARLOS CRAVEIRA	GRCD LEIÃO	10591	741	00:47:28	00:17:00:000
MIGUEL CUNHA	individual	15753	742	00:47:28	00:17:00:000
FIIPE SILVA		15826	743	00:47:28	00:17:00:000
TIAGO REALISTA	Amigos dos Atletismo de Mafra	17822	744	00:47:28	00:17:00:000
CARLOS SILVA	Colaboradores SLB	16569	745	00:47:29	00:17:01:000
DINIZ RIBAS		13226	746	00:47:29	00:17:01:000
JOZSEF SEBASTIAN		15392	747	00:47:29	00:17:01:000
LUIS RAMOS	Hospital da Luz	16376	748	00:47:29	00:17:01:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
EDUARDO PINTO		14704	749	00:47:30	00:17:02:000
GONÇALO GRAZINA	Link	13390	750	00:47:30	00:17:02:000
BRUNO CUNHA	Pimpões Trail Team	14902	751	00:47:31	00:17:03:000
ANA ABEGÃO	CLAC - Entroncamento	13160	752	00:47:31	00:17:03:000
ANTÓNIO CARVALHO	CLAC - Entroncamento	13161	753	00:47:31	00:17:03:000
VICENTE PAIXÃO	Total Gym	11496	754	00:47:31	00:17:03:000
RICARDO ROCHA		10456	755	00:47:31	00:17:03:000
PEDRO LUCAS		11011	756	00:47:32	00:17:04:000
JOÃO VEIGA	Correr Lisboa	14100	757	00:47:32	00:17:04:000
HELIO REIS	os carregueirenses	14096	758	00:47:33	00:17:05:000
CARLOS MOTA		10993	759	00:47:33	00:17:05:000
PEDRO PEREIRA	Equipa do André	14133	760	00:47:34	00:17:06:000
CARLA DIAS		16102	761	00:47:35	00:17:07:000
ALBERTO GRAÇA	União FCI de Tomar	12080	762	00:47:35	00:17:07:000
TIAGO MARQUES		10143	763	00:47:35	00:17:07:000
NELSON BARTOLO	Casa do Benfica de Moura	13905	764	00:47:36	00:17:08:000
MANUEL ILÍDIO	Associação O Companheiro	14669	765	00:47:37	00:17:09:000
ALEXANDRE PAIS GOMES		10383	766	00:47:38	00:17:10:000
JOSE MORAIS		10283	767	00:47:39	00:17:11:000
GIL CARNEIRO	Margil	10613	768	00:47:39	00:17:11:000
MARCO PINHO	S. C. Espinho/Atletismo António Leitão	15668	769	00:47:39	00:17:11:000
MANUEL MARTINS	Os Martins	12519	770	00:47:40	00:17:12:000
DANIEL MAIA		15346	771	00:47:41	00:17:13:000
EMANUEL MARTINS	Aminhacorrida/Myprotein	13970	772	00:47:42	00:17:14:000
THIAGO MURCIA	Marriott Lisboa	15222	773	00:47:42	00:17:14:000
FERNANDO SILVA	Fronteira R	13965	774	00:47:42	00:17:14:000
CRISTINA FRANCISCO		12676	775	00:47:43	00:17:15:000
MARCO VITÓRIA	Sport Arronches e Benfica	13510	776	00:47:44	00:17:16:000
JOÃO PAULINO	Sport Arronches e Benfica	17536	777	00:47:44	00:17:16:000
RICARDO CAPITÃO		11938	778	00:47:44	00:17:16:000
TIAGO PINTO	Cotovia Running	15363	779	00:47:44	00:17:16:000
DANIEL SAMPAIO	LIS RUNNING CPA	11098	780	00:47:45	00:17:17:000
FRÉDÉRIC SILVA		12865	781	00:47:45	00:17:17:000
RICARDO SILVA		10091	782	00:47:45	00:17:17:000
AFONSO RODRIGUES	GDCF Running Team	16094	783	00:47:45	00:17:17:000
BRUNO OLIVEIRA	Colaboradores SLB	16555	784	00:47:46	00:17:18:000
CARLA BARBOSA	Os Matrecos	12845	785	00:47:46	00:17:18:000
NUNO SANTOS		10406	786	00:47:46	00:17:18:000
RUI SEBASTIÃO	TOA	10098	787	00:47:46	00:17:18:000
CARLOS AMARO	Grupo Barraqueiro	10743	788	00:47:47	00:17:19:000
JOÃO NÓBREGA		12467	789	00:47:47	00:17:19:000
DOMINGOS MENDES		12292	790	00:47:48	00:17:20:000
ALFREDO VALENTE		14458	791	00:47:48	00:17:20:000
ARMANDO SANTOS		13899	792	00:47:48	00:17:20:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RICARDO GONÇALVES		12525	793	00:47:48	00:17:20:000
ARTUR CARDEIRA	Pinhal Novo a Correr	11943	794	00:47:49	00:17:21:000
DIOGO VICTOR		14377	795	00:47:49	00:17:21:000
DAVID RAMOS		14426	796	00:47:49	00:17:21:000
NUNO GONÇALVES	URBAN RUN TEAM	14665	797	00:47:49	00:17:21:000
FRANCISCO OLIVEIRA	SCD Glória do Ribatejo	13322	798	00:47:50	00:17:22:000
VITOR LOURO	Hospital da Luz	16398	799	00:47:50	00:17:22:000
JORGE CORDEIRO	MENU DE ATLETA	11538	800	00:47:50	00:17:22:000
JOSE AMARO	Afis/Ovar	13799	801	00:47:50	00:17:22:000
NUNO LOURENÇO	evelx	13098	802	00:47:50	00:17:22:000
NUNO ANTÓNIO		17800	803	00:47:50	00:17:22:000
TIAGO ANTUNES		11146	804	00:47:52	00:17:24:000
MARIA JOÃO MADEIRA	N. A. PAPAGAIOS DE CASCAIS	11433	805	00:47:53	00:17:25:000
IVONE DUARTE		15511	806	00:47:53	00:17:25:000
TIAGO ANTUNES		13244	807	00:47:54	00:17:26:000
PAULO JORGE LOURO FOLGADO	(ANE) A Natureza Ensina	11921	808	00:47:54	00:17:26:000
SELMA NAIR GONÇALVES		13151	809	00:47:55	00:17:27:000
LUÍS MIGUEL BERNARDO	Twopikas	11632	810	00:47:55	00:17:27:000
JOSÉ COSTA	Kenianos de Almada	12859	811	00:47:56	00:17:28:000
CARLOS PEREIRA	AC Gloria München	13891	812	00:47:57	00:17:29:000
PEDRO FONSECA	30ª Echo	11656	813	00:47:57	00:17:29:000
JOÃO ALMEIDA		10870	814	00:47:58	00:17:30:000
ANTÓNIO SOARES	Os Galgos de Tancos	11401	815	00:47:58	00:17:30:000
NUNO MORUJO		11054	816	00:47:58	00:17:30:000
CARLOS ALMEIDA		10664	817	00:47:59	00:17:31:000
FILIPE CAMPOS		11000	818	00:47:59	00:17:31:000
MARTA CONCEIÇÃO	Correr Lisboa	14883	819	00:48:00	00:17:32:000
RENATO MOREIRAS		10684	820	00:48:01	00:17:33:000
ANTÓNIO ESTRELINHA	Alcatraz Peniche Runners	12251	821	00:48:01	00:17:33:000
MIGUEL BRITO		14381	822	00:48:01	00:17:33:000
FILIPE DUARTE	Serviços Sociais Montepio	11983	823	00:48:01	00:17:33:000
LUIS SILVA	Casa Benfica em Alpiarça	13363	824	00:48:01	00:17:33:000
CLÁUDIO BRANCO	Caramujo é agora	13548	825	00:48:02	00:17:34:000
PEDRO PEDRO	CCD CRÉDITO AGRÍCOLA MÚTUO	12347	826	00:48:02	00:17:34:000
HUGO DIAS		10198	827	00:48:02	00:17:34:000
ÓSCAR FRIAS	Trabucas	12097	828	00:48:02	00:17:34:000
JORGE GOMES		13840	829	00:48:04	00:17:36:000
RUI HELENO		14418	830	00:48:04	00:17:36:000
JOAQUIM BARBAS	ACPortalegre/UTSM	16116	831	00:48:05	00:17:37:000
RUI SANTOS		16216	832	00:48:06	00:17:38:000
RUI DIAS		10065	833	00:48:06	00:17:38:000
ROBERTO MOREIRA	Villa Cesari / FLAMA	14119	834	00:48:06	00:17:38:000
VITOR MONTEIRO	Marriott Lisboa	15220	835	00:48:06	00:17:38:000
RICARDO SANTOS	2x1	10264	836	00:48:06	00:17:38:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
CARLOS NEVES	Casa do Benfica da Figueira da Foz	11751	837	00:48:07	00:17:39:000
JOÃO DIREITINHO		14480	838	00:48:07	00:17:39:000
PEDRO NEVES		12778	839	00:48:07	00:17:39:000
CATARINA TAVARES		16270	840	00:48:07	00:17:39:000
BRUNO RENDEIRO		17977	841	00:48:08	00:17:40:000
RAMIRO SOFIO		12316	842	00:48:09	00:17:41:000
JORGE CHUMBO	Xumbadas	15433	843	00:48:09	00:17:41:000
JOÃO AMBRIOSO	Casa Benfica Seixal	17508	844	00:48:11	00:17:43:000
VITOR MANUEL REIS BRAZ	Filhos da Noite	11077	845	00:48:11	00:17:43:000
HUGO BERNARDINO	Lebres de Domingo	13554	846	00:48:11	00:17:43:000
RICARDO MACHADO	Lebres de Domingo	13563	847	00:48:11	00:17:43:000
VITOR PAIVA		10846	848	00:48:12	00:17:44:000
NUNO MIGUEL		12820	849	00:48:12	00:17:44:000
RICARDO BEIRÃO		10286	850	00:48:12	00:17:44:000
MANUEL NACISMENTO	CLUBE TRAIL DE ALMADA	12961	851	00:48:13	00:17:45:000
SÉRGIO HENRIQUE	Run2Finish.PT	12105	852	00:48:13	00:17:45:000
JORGE RIBEIRO		15640	853	00:48:13	00:17:45:000
JOSÉ CARDOSO	Link	14843	854	00:48:13	00:17:45:000
CARLOS COSTA	Casa do Benfica em Algueirão Mem Martins-Sintra	14248	855	00:48:14	00:17:46:000
JOÃO MORAIS	Correr Queluz	16049	856	00:48:14	00:17:46:000
SANDRO ALVES		14068	857	00:48:14	00:17:46:000
JOÃO SILVA	Os Zatopeques	16089	858	00:48:15	00:17:47:000
LUIS LOUREIRO	Viriathvs Runners Viseu	11904	859	00:48:15	00:17:47:000
JORGE PAULO	Casa Benfica Seixal	14517	860	00:48:15	00:17:47:000
GODINHO RAMOS	Os Brutos do Xangai	11837	861	00:48:15	00:17:47:000
MIGUEL FIGUEIREDO ESTEVES	CLUBE COLABORADORES AGEAS	11772	862	00:48:16	00:17:48:000
PEDRO CANECO	COININHA RUNNERS	11400	863	00:48:16	00:17:48:000
LUIS MEIRINHOS		15333	864	00:48:16	00:17:48:000
NELSON BARRADINHAS	Amiciclo Grândola	10984	865	00:48:17	00:17:49:000
PAULO LOPES		14328	866	00:48:18	00:17:50:000
FRANCISCO SOUSA	Casa do Benfica em Almodôvar	15901	867	00:48:18	00:17:50:000
FILIPE COSTA		14194	868	00:48:18	00:17:50:000
GUILHERME RIBEIRO	MEXE-TE MÓ OLHÃO	11711	869	00:48:18	00:17:50:000
NUNO MORGADO		16267	870	00:48:18	00:17:50:000
RUI CORREIA	G.C.Estrelas da Amadora	12270	871	00:48:18	00:17:50:000
PEDRO CORREIA	G.C.Estrelas da Amadora	12269	872	00:48:19	00:17:51:000
MARCO DOMINGUES		13545	873	00:48:19	00:17:51:000
RUI CORREIA	GDCTINCM	12283	874	00:48:19	00:17:51:000
CARLOS FERNANDES		11216	875	00:48:19	00:17:51:000
JOÃO FERNANDES	CCD Siemens	14217	876	00:48:19	00:17:51:000
MÁRIO LOPES		11096	877	00:48:20	00:17:52:000
MARIO BATISTA		10367	878	00:48:21	00:17:53:000
MARCO OLIVEIRA	Pegada Tavira	10230	879	00:48:21	00:17:53:000
LUÍS CALHA	Clube de Praças da Armada	14208	880	00:48:21	00:17:53:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RUI OLIVEIRA		13130	881	00:48:21	00:17:53:000
FERNANDO FARIA	Link	13389	882	00:48:22	00:17:54:000
PAULO CÉSAR	Azarujabtt	10451	883	00:48:22	00:17:54:000
ANDRE LOPES		11886	884	00:48:22	00:17:54:000
ANTÓNIO SILVA	Pinhal Novo a Correr	11614	885	00:48:22	00:17:54:000
ANDRÉ LOPES		13075	886	00:48:23	00:17:55:000
JOSÉ SILVA	HUT RUNNERS FITNESS HUT SINTRA	14129	887	00:48:23	00:17:55:000
FILIPE SEBASTIÃO		11404	888	00:48:23	00:17:55:000
CARLOS JESUS	Individual	14118	889	00:48:24	00:17:56:000
GUSTAVO ÉVORA		16214	890	00:48:25	00:17:57:000
EMANUEL SEITA	Colaboradores SLB	16587	891	00:48:25	00:17:57:000
ALCIRIO REIS		16215	892	00:48:25	00:17:57:000
MAURO PINTO		13122	893	00:48:25	00:17:57:000
HENRIQUE HORTA		14805	894	00:48:26	00:17:58:000
JOÃO ALMEIDA	SS CGD	14782	895	00:48:27	00:17:59:000
CARLOS CARRANCA		10583	896	00:48:27	00:17:59:000
LOURENÇO AGUIAR	Os Galgos de Tancos	12123	897	00:48:27	00:17:59:000
ANTONIO SANTOS	Individual	10644	898	00:48:28	00:18:00:000
FRANCISCO BISPO		12468	899	00:48:29	00:18:01:000
PEDRO SANTOS		10123	900	00:48:30	00:18:02:000
ALFREDO LEITE		13712	901	00:48:30	00:18:02:000
MIGUEL OLIVEIRA		10415	902	00:48:30	00:18:02:000
IVO PINTO		10298	903	00:48:31	00:18:03:000
TIAGO ANDRE	MOITA SLB	14179	904	00:48:32	00:18:04:000
NÉLSON ÉVORA		16213	905	00:48:32	00:18:04:000
RICARDO PEREIRA	S. C. Espinho/Atletismo António Leitão	15685	906	00:48:32	00:18:04:000
TIAGO BORGES		13243	907	00:48:33	00:18:05:000
LENDL FERREIRA		14836	908	00:48:34	00:18:06:000
RUI PEDRO DE OLIVEIRA CANELAS		11143	909	00:48:34	00:18:06:000
SÉRGIO SOTA		10978	910	00:48:35	00:18:07:000
PEDRO RAPOSO		14385	911	00:48:36	00:18:08:000
NUNO LOUREIRO	Fidelidade	17884	912	00:48:37	00:18:09:000
JORGE ALVES	Fidelidade	17883	913	00:48:37	00:18:09:000
CARLOS MARQUES		10713	914	00:48:38	00:18:10:000
PAULO MILHEIRO	Caldas de Sao Jorge	13060	915	00:48:39	00:18:11:000
RICARDO PINTO		13994	916	00:48:40	00:18:12:000
RODRIGO SANTOS		10427	917	00:48:40	00:18:12:000
PEDRO FOGUETEIRO	Casa Benfica em Alpiarça	13364	918	00:48:40	00:18:12:000
CARLOS CRUZ	Trinca Espinhas	11045	919	00:48:40	00:18:12:000
BRUNO FERREIRA	C. D. Amigos de Paco Nassa	13949	920	00:48:40	00:18:12:000
CARLA FERNANDES	Asas	12585	921	00:48:41	00:18:13:000
RICARDO JORGE GOMES NASCIMENTO		13338	922	00:48:41	00:18:13:000
VANUZA ALVES SILVA		13976	923	00:48:41	00:18:13:000
LUIS DIAS		10540	924	00:48:41	00:18:13:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PAULO MARTINS		14453	925	00:48:42	00:18:14:000
LUÍS RODRIGUES	Clube EDP Lisboa	11808	926	00:48:43	00:18:15:000
TIAGO GUERRA	Here 4 Beer	11063	927	00:48:44	00:18:16:000
JOSÉ PONTES	POLÍCIA MUNICIPAL LISBOA	14746	928	00:48:44	00:18:16:000
VITOR MORAIS		15628	929	00:48:44	00:18:16:000
PEDRO MENDONÇA		12466	930	00:48:44	00:18:16:000
RICARDO NUNES		11865	931	00:48:44	00:18:16:000
MIGUEL OLIVEIRA		10742	932	00:48:44	00:18:16:000
PEDRO FILIPE CORREIA	Correr Lisboa	11729	933	00:48:44	00:18:16:000
FRANCISCO COIMBRA		15474	934	00:48:45	00:18:17:000
PAULO SANTOS		10778	935	00:48:45	00:18:17:000
MIGUEL VELUDO	Hospital da Luz	16350	936	00:48:45	00:18:17:000
JOÃO ESTEVÃO		10643	937	00:48:45	00:18:17:000
BRUNO CARVALHO	BR Triathlon	10855	938	00:48:46	00:18:18:000
GONÇALO SANTOS	GDC PORTOS DE SINES E DO ALGARVE	12006	939	00:48:46	00:18:18:000
LUIS PINHO		13843	940	00:48:46	00:18:18:000
VITOR MANUEL FREITAS	individual	14026	941	00:48:46	00:18:18:000
PEDRO CAETANO	Speed Family	13672	942	00:48:46	00:18:18:000
MANUEL COITO		10903	943	00:48:46	00:18:18:000
PAULO MARTINS		11067	944	00:48:47	00:18:19:000
RENATO CRISTINA	Casa Benfica Seixal	14518	945	00:48:47	00:18:19:000
RICARDO OLIVEIRA		12689	946	00:48:47	00:18:19:000
VITOR FERREIRA		13123	947	00:48:48	00:18:20:000
NUNO MIGUEL MOREIRA	Correr Lisboa	13922	948	00:48:48	00:18:20:000
CARLOS MOREIRA	PDA	14081	949	00:48:48	00:18:20:000
ADRIANO REIS		13676	950	00:48:48	00:18:20:000
BRUNO CORGAS	Hospital da Luz	16417	951	00:48:48	00:18:20:000
JOÃO BAPTISTA	Os Galgos de Tancos	11419	952	00:48:49	00:18:21:000
NUNO MARTINS		11029	953	00:48:49	00:18:21:000
MARTA PÁSCOA	Sport Lisboa e Benfica ELITE	15993	954	00:48:50	00:18:22:000
ANDRE NUNES	SS CGD	11324	955	00:48:50	00:18:22:000
ALBANO BRAGA		16196	956	00:48:50	00:18:22:000
BRUNO GONÇALVES		11511	957	00:48:51	00:18:23:000
JOSÉ TOMÉ	Grupo Barraqueiro	10747	958	00:48:51	00:18:23:000
DIOGO MIRAGAIA		12416	959	00:48:51	00:18:23:000
JOANA QUINTÃ	UC Eirense	14991	960	00:48:52	00:18:24:000
GONÇALO RANGEL		15284	961	00:48:52	00:18:24:000
LUIS ESTÊVÃO		14658	962	00:48:52	00:18:24:000
RICARDO VIEGAS		13126	963	00:48:53	00:18:25:000
RICARDO WENCESLAU		10614	964	00:48:53	00:18:25:000
CATARINA QUINTEIRO		17953	965	00:48:55	00:18:27:000
EDUARDO RIBEIRO	GDCT Unicre	11668	966	00:48:55	00:18:27:000
LUIZ MONSANTO		10363	967	00:48:56	00:18:28:000
PEDRO PEREIRA		11246	968	00:48:56	00:18:28:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
NUNO SILVA	Hermanos Verdad	15413	969	00:48:56	00:18:28:000
C.CARNEIRO CARNEIRO	Central de Cerveja	16468	970	00:48:57	00:18:29:000
PEDRO MIGUEL RODRIGUES		15260	971	00:48:57	00:18:29:000
FERNANDO MANUEL GONÇALVES SANTOS	carrega benfica	15492	972	00:48:57	00:18:29:000
CARLOS FERREIRA	NUCLEODESPORTIVO AUTOCOOPE	13745	973	00:48:57	00:18:29:000
HELDER SILVA		15420	974	00:48:57	00:18:29:000
MARCO NAZARÉ	YKK	15182	975	00:48:58	00:18:30:000
MARIA JOÃO MARQUES		13729	976	00:48:59	00:18:31:000
RUI MENDES	particular	11461	977	00:49:00	00:18:32:000
JOÃO LOPES	GINjinha Runners	14071	978	00:49:00	00:18:32:000
RICARDO MARTINS		16119	979	00:49:01	00:18:33:000
FABIO PRAGANA		14260	980	00:49:01	00:18:33:000
RUI BARROSO	Colaboradores SLB	16730	981	00:49:02	00:18:34:000
SÉRGIO CRUZ	Run Tomar	11749	982	00:49:02	00:18:34:000
ARTUR BERNARDO	Colaboradores SLB	16551	983	00:49:02	00:18:34:000
VITOR MANUEL VARELA SERRAS		12899	984	00:49:02	00:18:34:000
DIOGO SILVA		14835	985	00:49:03	00:18:35:000
NUNO MENDES		14306	986	00:49:03	00:18:35:000
ANDRÉ CANDEIAS		13688	987	00:49:03	00:18:35:000
PEDRO FONTOURA	SS CGD	11698	988	00:49:04	00:18:36:000
ORLANDO DUARTE		13113	989	00:49:04	00:18:36:000
MIGUEL SANTOS		14512	990	00:49:05	00:18:37:000
ANTÓNIO COSTA	CCCD/Andaluz	13120	991	00:49:05	00:18:37:000
MÁRIO LOURO		11486	992	00:49:05	00:18:37:000
MICAEL AGOSTINHO	#passoapasso-runners Pontével	12005	993	00:49:06	00:18:38:000
JORGE SERROTE		10766	994	00:49:06	00:18:38:000
MIGUEL CRUZ	Brrnightrunners	15209	995	00:49:06	00:18:38:000
ANTONIO PADILHA		14429	996	00:49:06	00:18:38:000
DIOGO EUSEBIO		12639	997	00:49:07	00:18:39:000
MANUEL ROMANO	Run 4 Fun	12646	998	00:49:07	00:18:39:000
CARLOS SECO	MOITA SLB	14200	999	00:49:08	00:18:40:000
PEDRO SOARES	cruz de pau	14866	1000	00:49:09	00:18:41:000
CLEMENTE TEIXEIRA		10647	1001	00:49:09	00:18:41:000
NUNO MARTINS		10064	1002	00:49:11	00:18:43:000
HUMBERTO BORGES	lesmas	10189	1003	00:49:11	00:18:43:000
LUÍS FERREIRA	Casa do Benfica em Algueirão Mem Martins-Sintra	15656	1004	00:49:11	00:18:43:000
JOÃO MARTINHO		11345	1005	00:49:12	00:18:44:000
ANTÓNIO IRIA	Correr Lisboa	13762	1006	00:49:12	00:18:44:000
PEDRO PEREIRA		15059	1007	00:49:12	00:18:44:000
JOSE FRANCO	SR. CAMARNAL	10784	1008	00:49:13	00:18:45:000
JOÃO REBELO		10827	1009	00:49:13	00:18:45:000
JOSÉ DINIS	Gloriosos Team	12892	1010	00:49:13	00:18:45:000
PEDRO POMBO	SentiAmarilla	10947	1011	00:49:14	00:18:46:000
MAFALDA RESENDE	Running Espinho	13255	1012	00:49:14	00:18:46:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
VITOR LOURENÇO		14286	1013	00:49:15	00:18:47:000
NUNO ALMEIDA	Central de Cerveja	16467	1014	00:49:16	00:18:48:000
CARLOS MANUEL GARCIA FELÍCIO	Linha Benfica	14913	1015	00:49:16	00:18:48:000
LUIS AZEVEDO	Correr Lisboa	13454	1016	00:49:16	00:18:48:000
ERNESTO GUIA	ACDBocal	11874	1017	00:49:17	00:18:49:000
JOÃO CALISTO		15938	1018	00:49:17	00:18:49:000
LICÍNIO FIDALGO		10580	1019	00:49:17	00:18:49:000
JORGE SALVADO	Clube Millenniumbcp	16140	1020	00:49:17	00:18:49:000
ANTÓNIO VIEIRA		10421	1021	00:49:17	00:18:49:000
LUÍS VIEIRA		11501	1022	00:49:17	00:18:49:000
CARLOS SILVA		17807	1023	00:49:17	00:18:49:000
BRUNO VIANA		14435	1024	00:49:18	00:18:50:000
MARINHA FERNANDES		12360	1025	00:49:18	00:18:50:000
JORGE FRAGA		11389	1026	00:49:18	00:18:50:000
LUIS REBELO	Casa Benfica Torres Vedras	14492	1027	00:49:18	00:18:50:000
SERGIO MELRO	bora bora	15244	1028	00:49:19	00:18:51:000
JORGE NETO		11600	1029	00:49:19	00:18:51:000
MANUEL CANANÉ	Correr Lisboa	10067	1030	00:49:19	00:18:51:000
JOÃO PAULO CANANÉ		13091	1031	00:49:20	00:18:52:000
NELSON GOMES		12396	1032	00:49:20	00:18:52:000
PAULO CRAVEIRO	Jatapanho	13318	1033	00:49:20	00:18:52:000
TIAGO RAIMUNDO	Jatapanho	13319	1034	00:49:21	00:18:53:000
PEDRO GAVINHOS	SLBENFICATEAM	11818	1035	00:49:21	00:18:53:000
HELDER FAIA	Pinheiro Manso Runners	17550	1036	00:49:21	00:18:53:000
CARLOS JUSTO		16099	1037	00:49:21	00:18:53:000
JOÃO CORREIA	Viriathvs Runners Viseu	14440	1038	00:49:22	00:18:54:000
PEDRO JORGE RIBEIRO		12562	1039	00:49:22	00:18:54:000
JORGE RODRIGUES	Casa Benfica Torres Vedras	17839	1040	00:49:23	00:18:55:000
PEDRO SÁ PEREIRA	Sá e Suh	10048	1041	00:49:23	00:18:55:000
RUI CUNHA		11330	1042	00:49:23	00:18:55:000
CARLOS NEGRAO		12544	1043	00:49:24	00:18:56:000
JOAO AGUIAR		11426	1044	00:49:24	00:18:56:000
ARTUR SOARES	SpeedRunners	10271	1045	00:49:24	00:18:56:000
CARLA SANTOS	SpeedRunners	10272	1046	00:49:24	00:18:56:000
JOSÉ PEREIRA	S. C. Espinho/Atletismo António Leitão	15684	1047	00:49:24	00:18:56:000
PEDRO SANTOS	Huawei Portugal	15030	1048	00:49:24	00:18:56:000
NUNO SIMÕES	CCD CRÉDITO AGRÍCOLA MÚTUO	12346	1049	00:49:25	00:18:57:000
RICARDO AMARAL		15067	1050	00:49:25	00:18:57:000
RUI MONTEIRO		15959	1051	00:49:25	00:18:57:000
FRANCISCO PINTO	Cotovia Running	15362	1052	00:49:25	00:18:57:000
MIGUEL BAPTISTA		15480	1053	00:49:26	00:18:58:000
LUÍS ANSELMO	Grupo Desportivo "O Independente" - Barreiro	12604	1054	00:49:26	00:18:58:000
MARCO RIBEIRO	Mazerunners	14148	1055	00:49:27	00:18:59:000
JOÃO PARDAL	Clube Brisa	11679	1056	00:49:29	00:19:01:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
NUNO OLIVEIRA	URB TEODORA RUNNING TEAM	11953	1057	00:49:30	00:19:02:000
CARLOS MOREIRA	Correr Lisboa	15869	1058	00:49:31	00:19:03:000
MIGUEL LEAL		11374	1059	00:49:32	00:19:04:000
FERNANDO CORDA	Valejas ac	13981	1060	00:49:33	00:19:05:000
NUNO FERREIRA		10212	1061	00:49:33	00:19:05:000
GONÇALO COELHO	Táxis dos Moleanos / sosi	13265	1062	00:49:35	00:19:07:000
RICARDO BORDALO		14857	1063	00:49:36	00:19:08:000
LUÍS LOUÇÃO		13461	1064	00:49:37	00:19:09:000
JOÃO FIGUEIREDO		0 13448	1065	00:49:37	00:19:09:000
MANUEL COSTA		15230	1066	00:49:37	00:19:09:000
JOAQUIM PESSOA	CASA DO BENFICA CONDEIXA	15862	1067	00:49:37	00:19:09:000
PAULO PULQUERIO		17983	1068	00:49:38	00:19:10:000
DOMINGOS RIBEIRO		17984	1069	00:49:38	00:19:10:000
ANTÓNIO ROSA		10728	1070	00:49:38	00:19:10:000
JORGE CAMPOS		15447	1071	00:49:39	00:19:11:000
ANTONIO TEIXEIRA	Grupo Amigos do Atletismo de Vila Franca de Xira	13991	1072	00:49:39	00:19:11:000
SÉRGIO JOAQUIM		15203	1073	00:49:40	00:19:12:000
GRAÇA ROLDÃO	Os Tugas	13228	1074	00:49:40	00:19:12:000
LUIS BATISTA	Corredores da Adega	13751	1075	00:49:40	00:19:12:000
GONÇALO SOUSA		16227	1076	00:49:40	00:19:12:000
LUÍS GODINHO	Barrancos F.C./Biogado	10069	1077	00:49:41	00:19:13:000
GERALDO CASTRO		12183	1078	00:49:41	00:19:13:000
RICARDO TEODORO		10318	1079	00:49:42	00:19:14:000
NUNO NASCIMENTO		10910	1080	00:49:42	00:19:14:000
NUNO CABEDO		14132	1081	00:49:42	00:19:14:000
PEDRO VENÂNCIO		11594	1082	00:49:42	00:19:14:000
LUIS SILVA		15724	1083	00:49:42	00:19:14:000
FILIPE VICENTE		11391	1084	00:49:43	00:19:15:000
JOÃO FALCÃO		13724	1085	00:49:44	00:19:16:000
MANUEL JÚLIO	CLAC - Entroncamento	15645	1086	00:49:44	00:19:16:000
RUI PEREIRA	SS CGD	11701	1087	00:49:44	00:19:16:000
SÉRGIO MESQUITA	Serrado FC Atletismo	15906	1088	00:49:45	00:19:17:000
NELSON COELHO	Coelho FC	14775	1089	00:49:45	00:19:17:000
HUGO NUNES		13125	1090	00:49:46	00:19:18:000
MARIA RUIVO		10202	1091	00:49:46	00:19:18:000
CARLOS LOURENÇO	Lis Running CPA	10982	1092	00:49:47	00:19:19:000
ANTONIO PUCARIÇO	CCD PM CASCAIS	14293	1093	00:49:47	00:19:19:000
GONCALO LOPES	Serrado FC Atletismo	10337	1094	00:49:48	00:19:20:000
CATARINA LEITÃO AFONSO		13030	1095	00:49:48	00:19:20:000
MÁRIO DUQUE		14837	1096	00:49:48	00:19:20:000
HUGO FAUSTINO	--RUMO AO PENTACAMPEÃO! CARREGA BENFICA--	15026	1097	00:49:48	00:19:20:000
GONÇALO VIEIRA	--RUMO AO PENTACAMPEÃO! CARREGA BENFICA--	15024	1098	00:49:48	00:19:20:000
JULIO FERREIRA	Clube Novo Banco	11288	1099	00:49:48	00:19:20:000
JOÃO M. ROSA		14650	1100	00:49:49	00:19:21:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
NUNO FERREIRA	Colaboradores SLB	16688	1101	00:49:49	00:19:21:000
JOSE BATISTA CASTRO		10865	1102	00:49:50	00:19:22:000
LUIS MIGUEL ALMEIDA MARQUES		10866	1103	00:49:50	00:19:22:000
TIAGO LOURO		10387	1104	00:49:51	00:19:23:000
SANDRO SILVA	Pupilos do Zé Tó	10905	1105	00:49:51	00:19:23:000
FERNANDO FAVINHA		15605	1106	00:49:51	00:19:23:000
SÉRGIO PEDRO	Colaboradores SLB	16741	1107	00:49:51	00:19:23:000
TIAGO MACHADO		13995	1108	00:49:52	00:19:24:000
PEDRO MARQUES		12652	1109	00:49:52	00:19:24:000
NUNO MARTINS	100 team	11817	1110	00:49:52	00:19:24:000
MÁRIO RODRIGUES	GDR GRANJA - TRUTAS DO MAU	15580	1111	00:49:52	00:19:24:000
DAVID FIGUEIREDO		11070	1112	00:49:53	00:19:25:000
MILTON ROSA		14778	1113	00:49:53	00:19:25:000
TIAGO SIMÕES		10331	1114	00:49:53	00:19:25:000
JOAO ILDEFONSO	Colaboradores SLB	16628	1115	00:49:53	00:19:25:000
ARSÉNIO FERREIRA	Casa do Benfica de Peniche	12296	1116	00:49:53	00:19:25:000
RUI BRITO	MBTEAM	11925	1117	00:49:54	00:19:26:000
DANIEL AZEVEDO PORTELA		14006	1118	00:49:54	00:19:26:000
HUGO PIRES		12773	1119	00:49:55	00:19:27:000
CARINA CASTRO		14685	1120	00:49:55	00:19:27:000
CARLOS TORRE		11617	1121	00:49:56	00:19:28:000
TELMO CARVALHEIRO		13473	1122	00:49:56	00:19:28:000
NUNO CRUZ	Colaboradores SLB	16680	1123	00:49:56	00:19:28:000
JOÃO PRATAS	INDIVIDUAL	14502	1124	00:49:56	00:19:28:000
JOÃO AGOSTINHO	Link	13391	1125	00:49:57	00:19:29:000
MANUEL ANTÓNIO	Clube Ferroviário de Portugal	12697	1126	00:49:57	00:19:29:000
CARLOS MANUEL PEREIRA GERTRUDES	ABTT - Palmela	10361	1127	00:49:58	00:19:30:000
JOANA MENDES		10554	1128	00:49:58	00:19:30:000
RICARDO PACHECO	Pegada Tavira	11185	1129	00:49:59	00:19:31:000
ALICE SILVA		16068	1130	00:50:00	00:19:32:000
LUIS BRAS		12304	1131	00:50:00	00:19:32:000
PEDRO PASCOAL	GRCD Leião	13405	1132	00:50:01	00:19:33:000
ALEXANDRE ARAÚJO		10156	1133	00:50:01	00:19:33:000
PEDRO RIBEIRO		12533	1134	00:50:01	00:19:33:000
BRUNO CORREIA	DreamTeam	11477	1135	00:50:02	00:19:34:000
RICARDO SOUSA		10016	1136	00:50:02	00:19:34:000
TELO FREITAS		15294	1137	00:50:02	00:19:34:000
JOÃO PERDIGÃO		11788	1138	00:50:04	00:19:36:000
JOÃO CUNHA	Preguiças do Monte	12299	1139	00:50:04	00:19:36:000
EDUARDO GOMES DA SILVA		0 10763	1140	00:50:04	00:19:36:000
JOÃO CANHOTO	correr Loures	12671	1141	00:50:05	00:19:37:000
DOMINGOS SEWARD		15839	1142	00:50:05	00:19:37:000
JOSÉ LEITÃO	Pinhal Novo a correr	14424	1143	00:50:05	00:19:37:000
DAVIDE SENA		13374	1144	00:50:07	00:19:39:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
TIAGO LOPES		14364	1145	00:50:07	00:19:39:000
CARLOS TEIXEIRA GONCALVES		14402	1146	00:50:07	00:19:39:000
TIAGO ALEXANDRE CARDOSO		10884	1147	00:50:07	00:19:39:000
PEDRO MARQUES		17939	1148	00:50:08	00:19:40:000
RICARDO ALVES	Casa Benfica Seixal	13776	1149	00:50:08	00:19:40:000
PEDRO CRUZ		16047	1150	00:50:08	00:19:40:000
TIAGO MARQUES		16310	1151	00:50:08	00:19:40:000
ANTÓNIO AMARAL	Guizo Runners	13294	1152	00:50:09	00:19:41:000
JOÃO VIANA		10508	1153	00:50:09	00:19:41:000
RÚBEN LINO		10417	1154	00:50:09	00:19:41:000
JOSÉ BÁRBARA		0 12189	1155	00:50:10	00:19:42:000
FÁBIO MORGADO		16150	1156	00:50:10	00:19:42:000
ANTÓNIO MIGUEL BATISTA	Viriathvs Runners Viseu	10886	1157	00:50:10	00:19:42:000
PAULO SIMÕES		16306	1158	00:50:11	00:19:43:000
RICARDO SOARES	Ricardo Soares HBL	14473	1159	00:50:11	00:19:43:000
CÉSAR FERREIRA		11618	1160	00:50:11	00:19:43:000
JORGE ELISEU	CCD CRÉDITO AGRÍCOLA MÚTUO	12338	1161	00:50:12	00:19:44:000
FILIPE SILVA	Colaboradores SLB	16595	1162	00:50:12	00:19:44:000
LINO COELHO		13759	1163	00:50:12	00:19:44:000
JOSÉ GONÇALVES	Grupo Alegre Unido Bajouca	12710	1164	00:50:13	00:19:45:000
LUIS SANTOS	SalvaterraNightRunners	12143	1165	00:50:13	00:19:45:000
PAULO MOREIRA	Palpites e Teorias	16253	1166	00:50:13	00:19:45:000
JULIO MOREIRA		13835	1167	00:50:13	00:19:45:000
ANTÓNIO ALMEIDA		13836	1168	00:50:13	00:19:45:000
MANUEL MENDES		11964	1169	00:50:13	00:19:45:000
DANIELA FALCÃO	Clube Desportivo de Leomil	11968	1170	00:50:13	00:19:45:000
DANIEL VIEIRA	PepsiCo	15073	1171	00:50:13	00:19:45:000
JOAQUIM RAMALHO		15722	1172	00:50:14	00:19:46:000
JOÃO SANTOS	ASICS Lisboa Run Club	15423	1173	00:50:16	00:19:48:000
PAULO TAVARES	Colaboradores SLB	16697	1174	00:50:16	00:19:48:000
LUÍS FILIPE ALBUQUERQUE GRAÇA		12917	1175	00:50:17	00:19:49:000
CLEONICE OLIVEIRA	Ginásio Clube Português	11206	1176	00:50:18	00:19:50:000
GONÇALO ALBERTO		14166	1177	00:50:18	00:19:50:000
JOSÉ MENDES		15461	1178	00:50:18	00:19:50:000
PEDRO FLORES	C. D. Amigos de Paco Nassa	10879	1179	00:50:19	00:19:51:000
MANUEL SANTIAGO	Clube do Pessoal Aguas Gaia	11929	1180	00:50:19	00:19:51:000
HUGO SERRANO	HCRunners	14143	1181	00:50:19	00:19:51:000
FILIPE BAPTISTA		13090	1182	00:50:20	00:19:52:000
ANTÓNIO ALBUQUERQUE	S. C. Espinho/Atletismo António Leitão	15683	1183	00:50:20	00:19:52:000
GONÇALO LOURO		14540	1184	00:50:20	00:19:52:000
NÁDIA SANTOS	S. C. Espinho/Atletismo António Leitão	15687	1185	00:50:20	00:19:52:000
RICARDO MONTEIRO		14645	1186	00:50:20	00:19:52:000
BRUNO MIGUEL GOMES SILVA		10416	1187	00:50:21	00:19:53:000
DUARTE VIEIRA		11450	1188	00:50:21	00:19:53:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
LUIS CABECINHA		10466	1189	00:50:22	00:19:54:000
MARCELO CHAGAS	Peniche a Correr	11250	1190	00:50:22	00:19:54:000
ANA FERREIRA	Run for Friends	12043	1191	00:50:23	00:19:55:000
JOAO R RUSSO		15014	1192	00:50:23	00:19:55:000
OLIMPIO GUEDELHA	Resineiros Corgas	10796	1193	00:50:23	00:19:55:000
RUI GASPAR	Marriott Lisboa	15219	1194	00:50:25	00:19:57:000
NELSON GOMES		13437	1195	00:50:25	00:19:57:000
DIOGO CARVALHO	Bruxos Runners	12889	1196	00:50:26	00:19:58:000
RICARDO PEREIRA	Pereiras	14700	1197	00:50:26	00:19:58:000
PAULO DIAS	Nel-Péd atleta	11610	1198	00:50:26	00:19:58:000
RENÉ DUARTE	Casa Benfica Seixal	13781	1199	00:50:27	00:19:59:000
ANDREIA PIRES	Nel - Péd atleta	11508	1200	00:50:27	00:19:59:000
JOÃO FRANCISCO RIBEIRO	Colaboradores SLB	16631	1201	00:50:27	00:19:59:000
JOAQUIM SANTOS	CATEDRAL DA CERVEJA	15551	1202	00:50:27	00:19:59:000
DIOGO SANTANA		13092	1203	00:50:27	00:19:59:000
JOÃO FERREIRA	Correr Lisboa	15470	1204	00:50:27	00:19:59:000
MANUEL TIMÓTEO NUNES DE CAIRES	individual	14833	1205	00:50:27	00:19:59:000
PEDRO RODRIGUES		14442	1206	00:50:28	00:20:00:000
RICARDO FARIAS	DXC	12457	1207	00:50:28	00:20:00:000
PEDRO FIGUEIREDO	Évora Night Runners	10602	1208	00:50:28	00:20:00:000
MANUEL SILVA	Veterenos de Massamá	16031	1209	00:50:29	00:20:01:000
MANUEL PINEDA NAVARRO		10442	1210	00:50:30	00:20:02:000
JOSÉ FERNANDES	PEPSICO	15367	1211	00:50:31	00:20:03:000
JOÃO PINTO		10440	1212	00:50:31	00:20:03:000
CARLOS RAMADA		10478	1213	00:50:31	00:20:03:000
CÁTIA NASCIMENTO		14089	1214	00:50:31	00:20:03:000
JOÃO PEREIRA	Casa do Benfica em Algueirão Mem Martins-Sintra	15657	1215	00:50:33	00:20:05:000
MIGUEL MINAS	CBCM1	13336	1216	00:50:33	00:20:05:000
CARLOS ALVES		10875	1217	00:50:33	00:20:05:000
JOSÉ RODRIGUES		10144	1218	00:50:34	00:20:06:000
BRUNO SILVA		10083	1219	00:50:34	00:20:06:000
ORLANDO COUTO	4 ao Km	10208	1220	00:50:34	00:20:06:000
MÁRIO FERNANDES	Viseu360	10593	1221	00:50:34	00:20:06:000
LUIS SILVA	AzarujaBTT	10630	1222	00:50:35	00:20:07:000
JOSE RODRIGUES		10330	1223	00:50:35	00:20:07:000
JOÃO RAMOS		10241	1224	00:50:36	00:20:08:000
JORGE SANTOS	Ex Federados	10385	1225	00:50:36	00:20:08:000
JOSÉ NUNES		15770	1226	00:50:36	00:20:08:000
MÁRIO VELEZ	Hospital da Luz	16399	1227	00:50:37	00:20:09:000
JORGE LOPES		12683	1228	00:50:37	00:20:09:000
PEDRO FIGUEIRA	TACLUBE	11083	1229	00:50:37	00:20:09:000
JOÃO HENRIQUES	SS CGD	11560	1230	00:50:38	00:20:10:000
JOSE CRUZ		15821	1231	00:50:38	00:20:10:000
VITOR SERRA	Palpites e Teorias	16257	1232	00:50:39	00:20:11:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
BRUNO CONCEIÇÃO		10679	1233	00:50:39	00:20:11:000
PAULO JORGE LAGARTO		12062	1234	00:50:40	00:20:12:000
HUGO PINTO		10507	1235	00:50:40	00:20:12:000
TIAGO RÊGO		10490	1236	00:50:40	00:20:12:000
NELSON BATISTA		13883	1237	00:50:41	00:20:13:000
JORGE MARÇAL		15050	1238	00:50:41	00:20:13:000
GUILHERME GONÇALVES		14008	1239	00:50:41	00:20:13:000
NUNO ALMEIDA		14108	1240	00:50:41	00:20:13:000
HELDER MARQUES	SR. CAMARNAL	11140	1241	00:50:41	00:20:13:000
JOÃO ARANHA		14541	1242	00:50:42	00:20:14:000
ALEXANDRE MATEUS		12108	1243	00:50:42	00:20:14:000
HUGO GUERREIRO		13917	1244	00:50:43	00:20:15:000
ANTONIO MARTINS		11114	1245	00:50:43	00:20:15:000
ANDRÉ MENDONÇA		12787	1246	00:50:44	00:20:16:000
LEONEL BRANDÃO	Clube Millennium BCP	11344	1247	00:50:44	00:20:16:000
MÁRIO SANTOS		10252	1248	00:50:44	00:20:16:000
RICARDO SARMENTO	A Natureza Ensina	12801	1249	00:50:44	00:20:16:000
MANUEL MARTINS	União FCI de Tomar	12081	1250	00:50:45	00:20:17:000
NUNO ALVES		11800	1251	00:50:45	00:20:17:000
PAULO QUARESMA		10435	1252	00:50:45	00:20:17:000
JULIO COSTA		11528	1253	00:50:45	00:20:17:000
NUNO DIAS	Correr Viseu	12517	1254	00:50:46	00:20:18:000
RUI ROLIM	individual	10802	1255	00:50:46	00:20:18:000
JOÃO PEREIRA	ACPortalegre	11427	1256	00:50:46	00:20:18:000
FERNANDO NÉRI	Viriathvs Runners Viseu	12094	1257	00:50:46	00:20:18:000
TIAGO COELHO	Viriathvs Runners Viseu	15227	1258	00:50:46	00:20:18:000
FERNANDO COSTA	Viriathvs Runners	12247	1259	00:50:46	00:20:18:000
RUI PEDRO VALENTE MAURÍCIO DIAS		11190	1260	00:50:47	00:20:19:000
SAMUEL PROENÇA	Correio de Albergaria Trail Running	12449	1261	00:50:47	00:20:19:000
JOANA CALDEIRA	atiba	10998	1262	00:50:47	00:20:19:000
SARA TAINHA		12772	1263	00:50:47	00:20:19:000
VIRIATO COELHO	Viriathvs Runners Viseu	10506	1264	00:50:48	00:20:20:000
SANDRA TRAVESSAS		11858	1265	00:50:48	00:20:20:000
RUI MARTINS	CATEDRAL DA CERVEJA	15558	1266	00:50:48	00:20:20:000
ARLINDO MOITA		14287	1267	00:50:49	00:20:21:000
BÁRBARA CRUZ		13178	1268	00:50:50	00:20:22:000
CARLOS LOURENÇO		14288	1269	00:50:50	00:20:22:000
TIAGO RODRIGUES		16317	1270	00:50:50	00:20:22:000
PEDRO MONTEIRO		13696	1271	00:50:50	00:20:22:000
NUNO PATRICIO		10276	1272	00:50:50	00:20:22:000
MAGDA FARINHA		14184	1273	00:50:51	00:20:23:000
PAULO PINTO	Equipa Dinamite	12756	1274	00:50:51	00:20:23:000
DANIEL SOEIRO		10772	1275	00:50:52	00:20:24:000
ROGÉRIO PINA	CLUBE ANACOM	14533	1276	00:50:52	00:20:24:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RUI MATOS	BE2Run	11926	1277	00:50:52	00:20:24:000
PEDRO BARREIROS		14758	1278	00:50:52	00:20:24:000
JOSÉ REVEZ		11760	1279	00:50:53	00:20:25:000
EDGAR CRISTETA	CCD Siemens	14219	1280	00:50:54	00:20:26:000
JOÃO CARVALHO	Gáfete Runners	15446	1281	00:50:54	00:20:26:000
FLORENTINO INSUELAS		16081	1282	00:50:54	00:20:26:000
IGOR BATISTA	Corredores da Adega	13752	1283	00:50:54	00:20:26:000
PEDRO PAIVA		13175	1284	00:50:54	00:20:26:000
RUI HENRIQUES		14877	1285	00:50:55	00:20:27:000
MANUEL PAIVA		13174	1286	00:50:55	00:20:27:000
EDGAR ANASTACIO	AZA - Azambuja com Alma	10133	1287	00:50:55	00:20:27:000
FERNANDO LOPO	Urbanos	17923	1288	00:50:56	00:20:28:000
DINIS LAGE	NOSOutRun	14461	1289	00:50:56	00:20:28:000
LUISA LOURENÇO		12524	1290	00:50:56	00:20:28:000
ANTÓNIO QUERIDO		13967	1291	00:50:56	00:20:28:000
CAMILO VIEIRA		11449	1292	00:50:56	00:20:28:000
GLEIBER MENDES		16753	1293	00:50:56	00:20:28:000
ARMINDO TEIXEIRA		10853	1294	00:50:56	00:20:28:000
ANTÓNIO ARAUJO		13827	1295	00:50:57	00:20:29:000
PAULO GODINHO		12615	1296	00:50:57	00:20:29:000
TIAGO PEDRA		16188	1297	00:50:58	00:20:30:000
LUISROMÃOZINHO PEREIRA	individual	12789	1298	00:50:58	00:20:30:000
JOÃO PEDRO MARQUES	SS CGD	11561	1299	00:50:59	00:20:31:000
ARTUR CARVALHO		14225	1300	00:50:59	00:20:31:000
LUÍS LOUREIRO	Colaboradores SLB	16651	1301	00:51:00	00:20:32:000
JOÃO EFIGENIA	Mexe-te Mo Olhão	10054	1302	00:51:00	00:20:32:000
CARLOS MACHADO		10399	1303	00:51:00	00:20:32:000
LUIS BAIXINHO		12484	1304	00:51:01	00:20:33:000
JOÃO MAÇÃS	Colaboradores SLB	16630	1305	00:51:01	00:20:33:000
CARLA CARMONA	Grupo Desportivo o Independente	14004	1306	00:51:01	00:20:33:000
MÁRIO PEREIRA		13114	1307	00:51:01	00:20:33:000
JORGE CAMPOS		15713	1308	00:51:02	00:20:34:000
JOSÉ SIMÕES		16311	1309	00:51:02	00:20:34:000
PEDRO LOUREIRO	GD-SBSI	10524	1310	00:51:02	00:20:34:000
DANIEL PINTO	Casa do Benfica de Reguengos de Monsaraz	12317	1311	00:51:03	00:20:35:000
PAULO BASILIO		13417	1312	00:51:03	00:20:35:000
PEDRO ALMEIDA	Daikin	15037	1313	00:51:03	00:20:35:000
NORBERTO DIEGUES		17538	1314	00:51:03	00:20:35:000
DANIEL CARVALHO	PACERS	16757	1315	00:51:04	00:20:36:000
JOÃO DIOGO CORREIA	PACERS	16756	1316	00:51:05	00:20:37:000
ALEXANDRE GUILLOIS		14988	1317	00:51:05	00:20:37:000
ANDRÉ SOTA		10975	1318	00:51:05	00:20:37:000
ALEXANDRE ANTUNES	Colaboradores SLB	16537	1319	00:51:06	00:20:38:000
JOSÉ ARAUJO		13737	1320	00:51:06	00:20:38:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MIGUEL CAPELA		15514	1321	00:51:06	00:20:38:000
ÂNGELA BATISTA		11599	1322	00:51:06	00:20:38:000
JOSÉ CALADO	Casa do Benfica de Reguengos de Monsaraz	12314	1323	00:51:07	00:20:39:000
NUNO ALMEIDA	Nuno	10313	1324	00:51:07	00:20:39:000
JOSE FERREIRA	Airbike	10769	1325	00:51:07	00:20:39:000
DIEGO TOMAZ	Homeostase	12084	1326	00:51:07	00:20:39:000
MARCO SILVA	Decisões, decisões	12033	1327	00:51:08	00:20:40:000
EDGAR LUCAS		11310	1328	00:51:09	00:20:41:000
MARCOS GONÇALVES		15268	1329	00:51:09	00:20:41:000
SAINT-CRIQ UGO		15712	1330	00:51:09	00:20:41:000
TIAGO DUARTE	Decisões, decisões	12032	1331	00:51:09	00:20:41:000
EDUARDO SILVA		11557	1332	00:51:10	00:20:42:000
LUIS FERREIRA	Team Roda Encravada	14960	1333	00:51:10	00:20:42:000
MANUEL PAULO	Run2Finish.PT	12104	1334	00:51:11	00:20:43:000
RUI FORTUNATO	Fortunato	12249	1335	00:51:11	00:20:43:000
DALILA ROMÃO	Casa do Benfica em Castelo Branco	12172	1336	00:51:11	00:20:43:000
JOÃO OLIVEIRA		10971	1337	00:51:12	00:20:44:000
CARLOS CUSTÓDIO	Junta de Freguesia de Benfica	15318	1338	00:51:12	00:20:44:000
CLAUDIO PEREIRA	Colaboradores SLB	16574	1339	00:51:12	00:20:44:000
JOSE TEIXEIRA	Grupo Amigos do Atletismo de Vila Franca de Xira	13989	1340	00:51:13	00:20:45:000
NUNO RICARDO		10800	1341	00:51:13	00:20:45:000
LUÍS MIGUEL PEREIRA	Individual	12617	1342	00:51:15	00:20:47:000
JOAO SILVA		13874	1343	00:51:15	00:20:47:000
PEDRO MARQUES		16066	1344	00:51:15	00:20:47:000
ANTÓNIO LOPES	Casa do Benfica em Castelo Branco	12498	1345	00:51:16	00:20:48:000
LUIS GANCHO		14974	1346	00:51:16	00:20:48:000
PEDRO TEIXEIRA	Team Ercília	13501	1347	00:51:16	00:20:48:000
EDGAR REINHARDT	Try@Least	14083	1348	00:51:16	00:20:48:000
CARLOS LIMA	Colaboradores SLB	16566	1349	00:51:17	00:20:49:000
JOSÉ SILVA		12890	1350	00:51:17	00:20:49:000
NUNO CALISTO		15051	1351	00:51:17	00:20:49:000
RICARDO GONÇALVES	Nenhum	10180	1352	00:51:18	00:20:50:000
JOSÉ PAULO NOVAIS SILVA		11516	1353	00:51:18	00:20:50:000
NUNO MORUJO	CBCM1	13334	1354	00:51:18	00:20:50:000
NUNO MACÁRIO		14253	1355	00:51:18	00:20:50:000
ANTONIO LAMAS SOBRAL		12550	1356	00:51:18	00:20:50:000
PATRICIA MARUJO	Cotovia Running	15364	1357	00:51:19	00:20:51:000
MIGUEL SALGADO		11311	1358	00:51:19	00:20:51:000
MARCO FERNANDES	Run for Friends	13774	1359	00:51:20	00:20:52:000
ALFREDO BACELAR		17861	1360	00:51:20	00:20:52:000
MIGUEL FERREIRA	S. C. Espinho/Atletismo António Leitão	15686	1361	00:51:20	00:20:52:000
RICARDO MADEIRA	CATEDRAL DACERVEJA	15560	1362	00:51:22	00:20:54:000
JOÃO SANTOS		15138	1363	00:51:23	00:20:55:000
DUARTE GONCALVES	DFK OFFICE	10269	1364	00:51:23	00:20:55:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOÃO MEGRE		15570	1365	00:51:24	00:20:56:000
TERESA REMÉDIOS	Airbike	10770	1366	00:51:24	00:20:56:000
HUGO ALVES		15460	1367	00:51:24	00:20:56:000
NUNO MARQUES	RunLovers	12568	1368	00:51:25	00:20:57:000
GABRIEL MOREIRA	Genius	15458	1369	00:51:25	00:20:57:000
TIAGO BRITO		13690	1370	00:51:25	00:20:57:000
PAULO PROCÓPIO	Palpites e Teorias	16256	1371	00:51:25	00:20:57:000
HELDER ESCOBAR	Colaboradores SLB	16604	1372	00:51:25	00:20:57:000
JOÃO LEITÃO	RunLovers	12570	1373	00:51:25	00:20:57:000
MÁRCIO RODRIGUES		10699	1374	00:51:26	00:20:58:000
EMÍLIO ESTRELINHA	Futebolês e Benfica da Nazaré	12764	1375	00:51:27	00:20:59:000
ANTÓNIO MIRANDA	Gloriosos	15360	1376	00:51:27	00:20:59:000
DAVID PEREIRA		10948	1377	00:51:27	00:20:59:000
NUNO TORRES		16139	1378	00:51:28	00:21:00:000
CÁTIA SILVA		12362	1379	00:51:28	00:21:00:000
JOÃO QUELHAS	Clube Ogma	10452	1380	00:51:28	00:21:00:000
JOSÉ BARBOSA	Clube do Pessoal Aguas Gaia	11932	1381	00:51:30	00:21:02:000
PEDRO MORAIS		14049	1382	00:51:31	00:21:03:000
GABRIEL FIGUEIREDO		15468	1383	00:51:31	00:21:03:000
HÉLIO CORREIA	Hospital da Luz	16329	1384	00:51:31	00:21:03:000
NUNO PEREIRA		15129	1385	00:51:31	00:21:03:000
FERNANDO OLIVEIRA		10059	1386	00:51:31	00:21:03:000
BRUNO DIAS	SS CGD	11326	1387	00:51:32	00:21:04:000
MIGUEL QUERIDO		13288	1388	00:51:32	00:21:04:000
ANDRÉ RIBEIRO	RUNNERS DO DEMO	13719	1389	00:51:32	00:21:04:000
JOSE SOUSA		12441	1390	00:51:33	00:21:05:000
HUGO FARIA		15442	1391	00:51:33	00:21:05:000
CÂNDIDO POÇAS	Alone	10757	1392	00:51:33	00:21:05:000
JOÃO REIS	GRCD Leião	13404	1393	00:51:34	00:21:06:000
ELIZABETE FONTE		15464	1394	00:51:34	00:21:06:000
MÁRIO BARBADO		11870	1395	00:51:34	00:21:06:000
VALTER FERREIRA	CATA - Clube de Atletismo de Amora	11166	1396	00:51:34	00:21:06:000
MÉLANIE LOMETTI	La Côte Runners	10052	1397	00:51:36	00:21:08:000
CARLOS AMARAL		13442	1398	00:51:36	00:21:08:000
IGOR JAUMANDREU		14408	1399	00:51:36	00:21:08:000
JIMMY BOY	CCD CRÉDITO AGRÍCOLA MÚTUO	12334	1400	00:51:37	00:21:09:000
GRAÇA QUEIROZ		15102	1401	00:51:38	00:21:10:000
OSCAR ROCHA	Viriathvs Runners Viseu	10499	1402	00:51:39	00:21:11:000
DIOGO AZEVEDO		16228	1403	00:51:39	00:21:11:000
RUI DIAS	Just Benfica	12906	1404	00:51:39	00:21:11:000
PAULA GOMES	3 Delta	14272	1405	00:51:39	00:21:11:000
MIGUEL BARQUEIRO	Sunset Runners	11551	1406	00:51:39	00:21:11:000
ANTÓNIO NEVES	Sunset Runners	11549	1407	00:51:39	00:21:11:000
VICTOR JESUS		14434	1408	00:51:40	00:21:12:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MÁRIO LIMA		13085	1409	00:51:40	00:21:12:000
PAULO VINTÉM OLIVEIRA		12512	1410	00:51:40	00:21:12:000
PAULO ALMEIDA	Afis/Ovar	13793	1411	00:51:41	00:21:13:000
PEDRO AFONSO	SS CGD	11696	1412	00:51:41	00:21:13:000
JOSE AUGUSTO	SS CGD	11563	1413	00:51:41	00:21:13:000
OCTAVIO EGIDIO	CATEDRAL DA CERVEJA	15557	1414	00:51:41	00:21:13:000
FILIPE GONÇALVES		15324	1415	00:51:41	00:21:13:000
JOAQUIM MARANHÃO MARANHÃO	Futebolês e Benfica da Nazaré	12768	1416	00:51:42	00:21:14:000
JOAQUIM SILVERIO		10342	1417	00:51:43	00:21:15:000
JOAQUIM CARDOSO		13191	1418	00:51:43	00:21:15:000
IVO CLARO	Tartarugas Solidárias	13714	1419	00:51:44	00:21:16:000
PAULO BOTELHO	Jobrinde Montes Saloios	14153	1420	00:51:44	00:21:16:000
JOÃO FILIPE ESTRELA ROSA	PROJEA-Arquitectura e Engenharia, Lda.	10648	1421	00:51:45	00:21:17:000
JORGE FERRREIRA	CATEDRAL DA CERVEJA	15550	1422	00:51:46	00:21:18:000
PATRÍCIA GUERRA	Chitas de Alcobaça	10175	1423	00:51:47	00:21:19:000
JOÃO FÉLIX		14616	1424	00:51:47	00:21:19:000
PEDRO MANAÇAS		12114	1425	00:51:48	00:21:20:000
MIGUEL HORTA	Colaboradores SLB	16674	1426	00:51:48	00:21:20:000
PEDRO MESTRE	Rio Maior Triatlo	14465	1427	00:51:48	00:21:20:000
RITA OLIVEIRA		10193	1428	00:51:49	00:21:21:000
JOÃO PALMA	Keep Running	11377	1429	00:51:49	00:21:21:000
DIOGO BISPO		12117	1430	00:51:49	00:21:21:000
LUÍS SÃO PEDRO		15721	1431	00:51:50	00:21:22:000
JOAQUIM MONTEIRO	Clube Novo Banco	11286	1432	00:51:50	00:21:22:000
XAVIER FERNANDES		12311	1433	00:51:50	00:21:22:000
HELENA CONSTANTINO	Divas do pedal/Singarruners	13003	1434	00:51:50	00:21:22:000
MARIO PARREIRA	Pinhal novo a correr	11603	1435	00:51:50	00:21:22:000
JOSÉ BORGES		10418	1436	00:51:51	00:21:23:000
FERNANDO CARMO		12072	1437	00:51:51	00:21:23:000
LUIS SILVA	Afis/Ovar	13821	1438	00:51:51	00:21:23:000
FRANCISCO GUERRA		10830	1439	00:51:52	00:21:24:000
ARLINDO SILVA	Afis/Ovar	13822	1440	00:51:52	00:21:24:000
JOÃO VERISSIMO		11422	1441	00:51:52	00:21:24:000
GONÇALO ENES		13411	1442	00:51:53	00:21:25:000
SANDRO RODRIGUES	Killing Us Softly	11831	1443	00:51:53	00:21:25:000
CRISTIANO VENTURA		10579	1444	00:51:54	00:21:26:000
VITOR PINTO	Menu de Atleta	12804	1445	00:51:54	00:21:26:000
ANDRE CARDOSO		15353	1446	00:51:55	00:21:27:000
CARLOS BILRO	Gangue das 6h10	10378	1447	00:51:55	00:21:27:000
NOEMIA SEQUEIRA	SS CGD	11571	1448	00:51:55	00:21:27:000
EMANUEL SANTOS		11883	1449	00:51:55	00:21:27:000
JOÃO GANHO	GD-SBSI	10526	1450	00:51:57	00:21:29:000
FERNANDO BRANDÃO	Clube Novo Banco	11301	1451	00:51:57	00:21:29:000
BRUNO AMARO		10584	1452	00:51:57	00:21:29:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
THOMAS JORGE		11814	1453	00:51:57	00:21:29:000
ARTUR SANTOS		10077	1454	00:51:58	00:21:30:000
RICARDO PEREIRA		11509	1455	00:51:58	00:21:30:000
NELSON BASTOS		10120	1456	00:51:58	00:21:30:000
VITOR SÁ	Vila Cesari	13837	1457	00:51:59	00:21:31:000
NUNO NUNES		11676	1458	00:52:00	00:21:32:000
JOSÉ CARLOS		11622	1459	00:52:00	00:21:32:000
RUI FONSECA		12515	1460	00:52:01	00:21:33:000
ANTÓNIO DINIS REIS PEREIRA	VIRIATHVS RUNNERS VISEU	11448	1461	00:52:01	00:21:33:000
GONÇALO RAIMUNDO		14780	1462	00:52:01	00:21:33:000
TIAGO ALVES	Link	13398	1463	00:52:03	00:21:35:000
DAVID TAVARES		14382	1464	00:52:03	00:21:35:000
JOÃO GAIO	CASA DO BENFICA DE ALCÁCER DO SAL	10170	1465	00:52:03	00:21:35:000
CARLOS SILVA	Casa do Benfica em Algueirão Mem Martins-Sintra	14247	1466	00:52:04	00:21:36:000
MARLENE OLIVEIRA	Chitas de Alcobaça	10174	1467	00:52:04	00:21:36:000
SUSANA DURO	Coca-Cola	15505	1468	00:52:04	00:21:36:000
PEDRO LOPES		13515	1469	00:52:04	00:21:36:000
PAULO RODRIGUES	Serviços Sociais Montepio	11975	1470	00:52:04	00:21:36:000
LOURENÇO RUSSO		17888	1471	00:52:06	00:21:38:000
NUNO FERREIRA	Nuno	11402	1472	00:52:06	00:21:38:000
JOÃO ANTUNES ANTUNES		10130	1473	00:52:06	00:21:38:000
JOANA RIBEIRO		10204	1474	00:52:07	00:21:39:000
MIGUEL ABRAÇOS	EX FEDERADOS	10093	1475	00:52:07	00:21:39:000
ANDRÉ LEAL		13514	1476	00:52:08	00:21:40:000
RUI GRAÇA	CCD CRÉDITO AGRÍCOLA MÚTUO	12350	1477	00:52:08	00:21:40:000
ANA TELO	Linda-a-Pastora Sporting Clube	17556	1478	00:52:08	00:21:40:000
JOAQUIM OLIVEIRA	Clube EDP Lisboa	11806	1479	00:52:09	00:21:41:000
PEDRO OLIVEIRA		10240	1480	00:52:10	00:21:42:000
JOSE MONTEIRO		11348	1481	00:52:10	00:21:42:000
PEDRO VITOR		15835	1482	00:52:10	00:21:42:000
JOÃO MENDES		15429	1483	00:52:10	00:21:42:000
RUI TAVARES	BMW Partners	10024	1484	00:52:11	00:21:43:000
RAFAELA GONÇALVES		13769	1485	00:52:11	00:21:43:000
PEDRO DOMINGUES		15204	1486	00:52:11	00:21:43:000
LEONEL SILVA		13203	1487	00:52:11	00:21:43:000
PEDRO LOURENÇO		15271	1488	00:52:12	00:21:44:000
JOSÉ CUNHA	JONES	14325	1489	00:52:12	00:21:44:000
PEDRO BARREIRAS	Grupo do Tinder	16046	1490	00:52:12	00:21:44:000
LUÍS CORREIA		10037	1491	00:52:12	00:21:44:000
PEDRO BISPO		12099	1492	00:52:13	00:21:45:000
TIAGO GASPAR		13982	1493	00:52:13	00:21:45:000
JOÃO RATO		15939	1494	00:52:13	00:21:45:000
ANA MARQUES		11150	1495	00:52:13	00:21:45:000
ANA MARQUES		11640	1496	00:52:13	00:21:45:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
TIAGO PEREIRA MATA		12394	1497	00:52:14	00:21:46:000
ANTÓNIO JOSÉ BARBAS PINHEIRO		10162	1498	00:52:14	00:21:46:000
LEONARDO FORTES		13150	1499	00:52:14	00:21:46:000
RUI MOURA	Viriathvs Runners Viseu	14776	1500	00:52:14	00:21:46:000
MANUEL PACHECO		10622	1501	00:52:15	00:21:47:000
SARA PEDROSA	Ainda sem nome...lol SLB	10573	1502	00:52:15	00:21:47:000
FILIPE MATEUS		15211	1503	00:52:15	00:21:47:000
SÉRGIO SILVA		11783	1504	00:52:17	00:21:49:000
FABIO PEREIRA	MazeRunners	14304	1505	00:52:18	00:21:50:000
TIAGO RODRIGUES		15493	1506	00:52:20	00:21:52:000
RICARDO RAMOS		11706	1507	00:52:21	00:21:53:000
GABRIEL MEIRA		15477	1508	00:52:21	00:21:53:000
VITOR CARRAPATOSO	Os Brutos do Xangai	11836	1509	00:52:21	00:21:53:000
ANA MADEIRA	GDCT Unicre	11666	1510	00:52:22	00:21:54:000
FILIPE PEDRO MIL-HOMENS		13450	1511	00:52:23	00:21:55:000
FLÁVIO ALMEIDA	Grupo do Tinder	16045	1512	00:52:23	00:21:55:000
HELENA PINTO	correr Loures	14387	1513	00:52:24	00:21:56:000
VITOR PEREIRA		13765	1514	00:52:24	00:21:56:000
CARLOS DÂMASO		12747	1515	00:52:24	00:21:56:000
TELMO PINTO		14693	1516	00:52:24	00:21:56:000
ARTUR JORGE CARVALHO		15023	1517	00:52:24	00:21:56:000
DANIELA MARTINS	Casa do Benfica em Castelo Branco	10287	1518	00:52:25	00:21:57:000
MARCO SOUSA		13938	1519	00:52:26	00:21:58:000
RICARDO REIS		10952	1520	00:52:26	00:21:58:000
BRUNO PEREIRA		13106	1521	00:52:26	00:21:58:000
PAULO DIAS	30ª Echo	11652	1522	00:52:26	00:21:58:000
ANDRÉ TORRES		17524	1523	00:52:26	00:21:58:000
MARIANELA FIGUEIREDO		10338	1524	00:52:27	00:21:59:000
JOSÉ GOMES DOS SANTOS MARQUES MARQUES	individual	11502	1525	00:52:27	00:21:59:000
JORGE CURVELO		14932	1526	00:52:28	00:22:00:000
ANA JOSÉ	Clube Novo Banco	11296	1527	00:52:28	00:22:00:000
JOÃO HENRIQUES		15013	1528	00:52:28	00:22:00:000
SERGIO NUNES	marvila jovem	11075	1529	00:52:28	00:22:00:000
PEDRO CURTO	Os Teimosos	12878	1530	00:52:29	00:22:01:000
EMANUEL ESTRONCA	2Seven	14579	1531	00:52:29	00:22:01:000
HUGO PIMENTEL	Clube Novo Banco	11304	1532	00:52:29	00:22:01:000
SÉRGIO CARVALHO	Os Teimosos	12879	1533	00:52:29	00:22:01:000
VITOR HUGO SARAIVA	Imortais	12703	1534	00:52:30	00:22:02:000
ALEXANDRE CONDE	Os Galgos de Tancos	11916	1535	00:52:30	00:22:02:000
SÓNIA MIGUEL		12058	1536	00:52:30	00:22:02:000
CARLOS MORAIS		13930	1537	00:52:30	00:22:02:000
GONAÇLO NUNES		16200	1538	00:52:31	00:22:03:000
VALTER BARBOSA	STCP Runners	10138	1539	00:52:31	00:22:03:000
VITOR DE ALMEIDA	IMORTAIS	12474	1540	00:52:31	00:22:03:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MANUEL ESCALONA	DXC	12460	1541	00:52:31	00:22:03:000
RAMIRO RODRIGUES	Grupo Alegre Unido Bajouca	12713	1542	00:52:31	00:22:03:000
MÁRIO PINTO	Run Tomar	11748	1543	00:52:32	00:22:04:000
ETHY NETO	Cilnet	15141	1544	00:52:32	00:22:04:000
FRANCISCO PESSOA	Associação O Companheiro	14673	1545	00:52:33	00:22:05:000
PEDRO GOMES		16184	1546	00:52:33	00:22:05:000
JOSÉ CRUZ		10703	1547	00:52:34	00:22:06:000
ANA MARGARIDA MONTEIRO	Clube Novo Banco	11297	1548	00:52:34	00:22:06:000
JOÃO FERREIRA	Clube Cimpor	15705	1549	00:52:34	00:22:06:000
GIL QUERIDO	Gaeiras Running Team	10556	1550	00:52:35	00:22:07:000
MANUEL FRANCISCO PRETO		13679	1551	00:52:35	00:22:07:000
PATRICK PEIXOTO		14816	1552	00:52:35	00:22:07:000
ORLANDO SILVA	CCDTMETROLX	14738	1553	00:52:35	00:22:07:000
VICENTE PEREIRA		10916	1554	00:52:35	00:22:07:000
NUNO GUERREIRO		15502	1555	00:52:36	00:22:08:000
LUCIANO MARQUES		11491	1556	00:52:36	00:22:08:000
HERMINIO BENTO	G.D.C. Estrela Negra	14945	1557	00:52:36	00:22:08:000
ANTÓNIO FERREIRA	AF	14128	1558	00:52:36	00:22:08:000
MANUEL CATURRA	Singarruners	13001	1559	00:52:37	00:22:09:000
TIAGO OLIVEIRA	Dá-me o 37	14968	1560	00:52:37	00:22:09:000
DAVID SIMÃO		12368	1561	00:52:38	00:22:10:000
FRANCISCO PLÍNIO	CCDTMetroLX	12384	1562	00:52:38	00:22:10:000
CARLOS DUARTE		15098	1563	00:52:38	00:22:10:000
JORGE MARQUES		12989	1564	00:52:39	00:22:11:000
JORGE ALMEIDA	Party Rock	14177	1565	00:52:39	00:22:11:000
NUNO GONÇALVES	Party Rock	14176	1566	00:52:39	00:22:11:000
FILIPE MOURAO		12716	1567	00:52:39	00:22:11:000
ANTONIO AMARAL	CCD CRÉDITO AGRÍCOLA MÚTUO	12330	1568	00:52:39	00:22:11:000
JOAO PAIVA		12988	1569	00:52:39	00:22:11:000
PAULO PARRACHO		11480	1570	00:52:39	00:22:11:000
JOÃO DEUS	EDP Runners	16249	1571	00:52:40	00:22:12:000
BRUNO PINTO	Team Roda Encravada	12027	1572	00:52:40	00:22:12:000
LUIS SOUSA		15224	1573	00:52:40	00:22:12:000
BENTO RIBEIRO		12464	1574	00:52:41	00:22:13:000
BRUNO FÉLIX	Urbanos	17921	1575	00:52:41	00:22:13:000
MIGUEL GUEDES	FGuedes Técnica	12793	1576	00:52:41	00:22:13:000
DANIEL PEREIRA	Juventude Atlético Clube	16149	1577	00:52:41	00:22:13:000
LUIS TAVARES		13169	1578	00:52:42	00:22:14:000
JOSÉ VÉSTIAS	Os Galgos	15545	1579	00:52:43	00:22:15:000
PEDRO SANTOS		14643	1580	00:52:43	00:22:15:000
GONÇALO CHACATAS		11403	1581	00:52:44	00:22:16:000
PAULO TOMÁS		12549	1582	00:52:44	00:22:16:000
CARLOS LEÃO	Correr Lisboa	10653	1583	00:52:44	00:22:16:000
JORGE DUARTE		10396	1584	00:52:44	00:22:16:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RAFAEL RODRIGUES		14333	1585	00:52:44	00:22:16:000
NUNO PATRÍCIO	Correr Lisboa	14771	1586	00:52:44	00:22:16:000
DIOGO LIMA		10876	1587	00:52:44	00:22:16:000
PAULO MARTINS		13727	1588	00:52:44	00:22:16:000
FERNANDA MARTINS	GDC PORTOS DE SINES E DO ALGARVE	12010	1589	00:52:45	00:22:17:000
LUÍS FORTES	Last Ones	10455	1590	00:52:45	00:22:17:000
CARLOS MARTINS		13580	1591	00:52:45	00:22:17:000
NUNO CONDEÇO		10368	1592	00:52:46	00:22:18:000
JOAO MATOS	CATEDRAL DA CERVEJA	15567	1593	00:52:46	00:22:18:000
MARIA VARELA	Aminhacorrida/Myprotein	13973	1594	00:52:46	00:22:18:000
FERNANDO ALMEIDA		10501	1595	00:52:47	00:22:19:000
MIGUEL VERDUGO		10837	1596	00:52:47	00:22:19:000
JOÃO MARTINS		15769	1597	00:52:47	00:22:19:000
PAULA ALVES		12935	1598	00:52:47	00:22:19:000
CARLOS FRADINHO	SAM'S Lda	14940	1599	00:52:48	00:22:20:000
JOSÉ SANTOS	individual	14951	1600	00:52:48	00:22:20:000
ABEL REBELO		15411	1601	00:52:48	00:22:20:000
CARLOS BATISTA		11272	1602	00:52:48	00:22:20:000
SÉRGIO JESUS		10134	1603	00:52:48	00:22:20:000
JOÃO PEDRO OLIVEIRA		13812	1604	00:52:49	00:22:21:000
BRUNO ALMEIDA	SERVIÇOS SOCIAIS MONTEPIO	11969	1605	00:52:49	00:22:21:000
JORGE COSTA		11973	1606	00:52:49	00:22:21:000
MANUEL GOMES	Afis/Ovar	13816	1607	00:52:49	00:22:21:000
TIAGO BARRA		10333	1608	00:52:49	00:22:21:000
AMÉRICO OLIVEIRA	Afis/Ovar	13818	1609	00:52:50	00:22:22:000
EDUARDO OLIVEIRA	Afis/Ovar	13815	1610	00:52:50	00:22:22:000
ARTUR RUSSO	MEXE-TE MÓ OLHÃO	11710	1611	00:52:51	00:22:23:000
DIOGO BARATA		10311	1612	00:52:51	00:22:23:000
HUGO EVARISTO	Wild Runners	10771	1613	00:52:51	00:22:23:000
ALEXANDRE DOMINGOS		14268	1614	00:52:52	00:22:24:000
JOÃO BANZA		14759	1615	00:52:53	00:22:25:000
SÓNIA BRANDÃO		15082	1616	00:52:53	00:22:25:000
PAULO RAMOS		13472	1617	00:52:53	00:22:25:000
MARIA MARTINS	Casa da Dízima	17902	1618	00:52:54	00:22:26:000
LUIS PINTO	BPI	15083	1619	00:52:54	00:22:26:000
CARLOS ALBERTO LIMA	A natureza ensina	13020	1620	00:52:54	00:22:26:000
REINALDO FIALHO		10015	1621	00:52:54	00:22:26:000
VÍTOR LUÍS NASCIMENTO TEIXEIRA	POLÍCIA MUNICIPAL LISBOA	14744	1622	00:52:55	00:22:27:000
JOÃO ESGAIO	JONES	14324	1623	00:52:55	00:22:27:000
SÉRGIO SALES		15409	1624	00:52:55	00:22:27:000
DANIEL MELAO	Individual	14648	1625	00:52:55	00:22:27:000
EDGAR LOBO		12252	1626	00:52:56	00:22:28:000
NUNO DUARTE		10320	1627	00:52:56	00:22:28:000
NUNO AFONSO	Colaboradores SLB	16681	1628	00:52:56	00:22:28:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
BRUNO MATOS		13651	1629	00:52:57	00:22:29:000
MÁRCIO CASIMIRO	Urbanos	17917	1630	00:52:57	00:22:29:000
JOSÉ PEREIRA	INDIVIDUAL	11178	1631	00:52:57	00:22:29:000
TIAGO GABRIEL		10588	1632	00:52:58	00:22:30:000
PAULO RODRIGUES		10100	1633	00:52:58	00:22:30:000
LUCIANE LEAL		14553	1634	00:52:58	00:22:30:000
JOÃO SANTOS	Navigation team	14628	1635	00:52:58	00:22:30:000
NELSON RUIVO		10976	1636	00:52:58	00:22:30:000
ANTÓNIO COSTA		12271	1637	00:52:59	00:22:31:000
PEDRO PEREIRA		14851	1638	00:52:59	00:22:31:000
PEDRO SANTOS		10680	1639	00:53:00	00:22:32:000
RODOLFO NUNES	EVERGROW	14654	1640	00:53:00	00:22:32:000
PAULO COLAÇO		11589	1641	00:53:00	00:22:32:000
TITO VIEIRA	Associação O Companheiro	14671	1642	00:53:00	00:22:32:000
FERNANDO CARDOSO		16232	1643	00:53:01	00:22:33:000
BRUNO REIS		10444	1644	00:53:01	00:22:33:000
MARCO FIGUEIREDO		12403	1645	00:53:02	00:22:34:000
FERNANDO ZACARIAS	Vitoria Futebol Clube	14839	1646	00:53:02	00:22:34:000
RICARDO SOUSA	Chupa Chupa	13884	1647	00:53:03	00:22:35:000
JOÃO PITÔRRA		11712	1648	00:53:03	00:22:35:000
JOÃO DIAS		15489	1649	00:53:03	00:22:35:000
LUIS ANTUNES	Clube Novo Banco	11289	1650	00:53:03	00:22:35:000
ALEXANDRE RIBEIRO	Grupo Barraqueiro	10745	1651	00:53:03	00:22:35:000
RUI FLORES		11170	1652	00:53:03	00:22:35:000
MARTA SILVA		11467	1653	00:53:03	00:22:35:000
PEDRO BAGULHO	Key Defenders	13602	1654	00:53:04	00:22:36:000
PEDRO FERNANDES DUARTE	Chupa Chupa	13446	1655	00:53:04	00:22:36:000
MARCO DIAS	Os Metralhas BTT	10304	1656	00:53:04	00:22:36:000
MANUEL PEREIRA	GYM2010	13064	1657	00:53:04	00:22:36:000
ANA FIGUEIREDO		14737	1658	00:53:05	00:22:37:000
CARLOS SILVA	BANDIDOS	13006	1659	00:53:05	00:22:37:000
TELMO AMBROSIO		17866	1660	00:53:05	00:22:37:000
MIGUEL RIBEIRO	happy runners	11864	1661	00:53:06	00:22:38:000
FÁBIO PEREIRA	Hospital da Luz	16402	1662	00:53:06	00:22:38:000
JORGE COELHO		14414	1663	00:53:06	00:22:38:000
MARCOS CARREIRA		12192	1664	00:53:06	00:22:38:000
RUI RAPOSO	Amiciclo Grandola	10160	1665	00:53:08	00:22:40:000
JOÃO CARLOS BRITO	Individual	14702	1666	00:53:08	00:22:40:000
NELSON SALDANHA		11423	1667	00:53:08	00:22:40:000
LUIS REVÉS	CCD Siemens	14222	1668	00:53:08	00:22:40:000
NUNO INFANTE		16145	1669	00:53:08	00:22:40:000
RUI PINELA		11265	1670	00:53:08	00:22:40:000
ALBERTO SANTOS		12186	1671	00:53:08	00:22:40:000
FILIPE LEITÃO	Clube Novo Banco	11306	1672	00:53:09	00:22:41:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PAULO OLIVEIRA		10672	1673	00:53:09	00:22:41:000
AMORIM S DOMINGOS	G D Rebocho	10197	1674	00:53:09	00:22:41:000
ANDRE ROSA		12303	1675	00:53:09	00:22:41:000
SARA FERNANDES	Colaboradores SLB	16738	1676	00:53:09	00:22:41:000
MARCO BRANCO	Hospital da Luz	16407	1677	00:53:09	00:22:41:000
LUIS ALMEIDA		13342	1678	00:53:09	00:22:41:000
JOSE VINAGRE	Barbearia do arco	11820	1679	00:53:09	00:22:41:000
JOSÉ JÚLIO ANASTÁCIO	Peniche a Correr	10066	1680	00:53:09	00:22:41:000
MARTA BILRO	Gangue das 6h10	10377	1681	00:53:10	00:22:42:000
CARLOS MANUEL DELGADO PAULOS		14681	1682	00:53:10	00:22:42:000
ADERITO MORAIS		12428	1683	00:53:10	00:22:42:000
RUI TENDEIRO		12429	1684	00:53:10	00:22:42:000
RICARDO NETO	Colaboradores SLB	16713	1685	00:53:11	00:22:43:000
PAULO SILVA	EVERGROW	14653	1686	00:53:11	00:22:43:000
JOSÉ PINA	Ajp	15334	1687	00:53:11	00:22:43:000
AUGUSTO CARIA		15627	1688	00:53:11	00:22:43:000
NUNO VICENTE		13337	1689	00:53:11	00:22:43:000
BRUNO ALVES SOUSA		15920	1690	00:53:12	00:22:44:000
MARCO DIAS		13871	1691	00:53:12	00:22:44:000
NUNO MACHADO		11034	1692	00:53:12	00:22:44:000
ARTUR SANTOS		12115	1693	00:53:12	00:22:44:000
JOSE FEITAS		13418	1694	00:53:13	00:22:45:000
JOAQUIM BELO		14373	1695	00:53:13	00:22:45:000
RUI RODRIGUES	Fonix Team	10056	1696	00:53:14	00:22:46:000
RICARDO PERDIGÃO		11578	1697	00:53:14	00:22:46:000
PEDRO MONTEIRO		12109	1698	00:53:14	00:22:46:000
BLANDINA LOURENÇO	Flechas Bike Running	13632	1699	00:53:14	00:22:46:000
ANTÓNIO CASAS NOVAS		10164	1700	00:53:15	00:22:47:000
PEDRO ANÁGUA		14994	1701	00:53:15	00:22:47:000
HELDER MIRANDA	Flechas Bike Running	13631	1702	00:53:15	00:22:47:000
PAULO PONTE	Amigos do Atletismo de Mafra	15488	1703	00:53:15	00:22:47:000
RUI RIBEIRO	Viriathvs Runners Viseu	11612	1704	00:53:16	00:22:48:000
HORÁCIO .	Amorense	12487	1705	00:53:16	00:22:48:000
SÉRGIO RODRIGUES		11845	1706	00:53:16	00:22:48:000
LUÍS FERNANDES		14753	1707	00:53:17	00:22:49:000
RICARDO CARVALHO		10992	1708	00:53:18	00:22:50:000
DAVID FERNANDES	Navigation team	14627	1709	00:53:18	00:22:50:000
MARTA LOPES		14189	1710	00:53:18	00:22:50:000
VALTER HUGO NUNES	CLUBE COLABORADORES AGEAS	11780	1711	00:53:18	00:22:50:000
FERNANDO JORGE MATIAS	CLUBE COLABORADORES AGEAS	11765	1712	00:53:18	00:22:50:000
FÁBIO JÚLIO	Ainda sem nome...lol SLB	10574	1713	00:53:18	00:22:50:000
SERGIO MORAIS	Marriott Lisboa	15221	1714	00:53:19	00:22:51:000
PEDRO CUSTÓDIO		13078	1715	00:53:19	00:22:51:000
JOÃO CUNHA SILVA		10407	1716	00:53:19	00:22:51:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
FILIPE MARTINS	Colaboradores SLB	16594	1717	00:53:20	00:22:52:000
HUGO MATOS		10862	1718	00:53:20	00:22:52:000
CARLOS NEVES	Os Indomáveis	10248	1719	00:53:20	00:22:52:000
JOSÉ FORTUNATO		10671	1720	00:53:20	00:22:52:000
ANDRÉ ESTEVES	Primos Chamboeirenses	12000	1721	00:53:20	00:22:52:000
PEDRO MAROCO	OutSystems	14952	1722	00:53:21	00:22:53:000
MARTA CASTRO ANDRADE		14441	1723	00:53:21	00:22:53:000
JOSÉ EUSÉBIO	Guizo Runners	12679	1724	00:53:22	00:22:54:000
MANUEL SOBREDA	Junta de Freguesia de Benfica	15316	1725	00:53:22	00:22:54:000
GIL FERNANDES		17887	1726	00:53:23	00:22:55:000
JOÃO PAULO		10897	1727	00:53:23	00:22:55:000
PEDRO TEIXEIRA	Central de Cerveja	17580	1728	00:53:24	00:22:56:000
ELOI OLIVEIRA		10820	1729	00:53:24	00:22:56:000
MANUEL RODRIGUES	Associação O Companheiro	14674	1730	00:53:24	00:22:56:000
LUIS GAMA	Afis/Ovar	13813	1731	00:53:24	00:22:56:000
MIGUEL TORGAL		10821	1732	00:53:24	00:22:56:000
JOÃO MANHA		14828	1733	00:53:24	00:22:56:000
MANUEL ANASTÁCIO	Clube Novo Banco	11291	1734	00:53:25	00:22:57:000
MANUEL RAMOS	Afis/Ovar	13810	1735	00:53:25	00:22:57:000
NUNO CARVALHO		12280	1736	00:53:26	00:22:58:000
ISABEL MARIA RODRIGUES	ADCR Policia Judiciaria	12017	1737	00:53:27	00:22:59:000
DÉBORA LOPES	Corinthia Team	14274	1738	00:53:27	00:22:59:000
JOÃO D'ALMEIDA	CAAB	12760	1739	00:53:27	00:22:59:000
TÂNIA VEIGA		13440	1740	00:53:27	00:22:59:000
ANABELA SALAZAR		17868	1741	00:53:28	00:23:00:000
JOÃO SILVA	Speed Family	13670	1742	00:53:28	00:23:00:000
DIOGO SOUSA	marvila jovem	11073	1743	00:53:28	00:23:00:000
FERNANDO RODRIGUES	CLUBEMILLENNIUMBCP	12663	1744	00:53:28	00:23:00:000
LUÍS SILVA	Speed Family	13671	1745	00:53:28	00:23:00:000
NELSON LOURO	correr queluz	15010	1746	00:53:30	00:23:02:000
PEDRO LAGES	Individual	15884	1747	00:53:30	00:23:02:000
ANTOINE PELISSIER		13089	1748	00:53:30	00:23:02:000
DOMINGOS JACINTO		13509	1749	00:53:31	00:23:03:000
ARTUR LEITE		12891	1750	00:53:31	00:23:03:000
RUI MOTA		15638	1751	00:53:32	00:23:04:000
SERGIO AMARAL	ONDA TEAM	12805	1752	00:53:32	00:23:04:000
EURICO CABRITA	Os Pata Negra	10966	1753	00:53:32	00:23:04:000
LUIS DIAS		11228	1754	00:53:32	00:23:04:000
FILIPE LOUREIRO	GD-SBSI	10527	1755	00:53:33	00:23:05:000
SUZETE GOMES		12996	1756	00:53:33	00:23:05:000
RUI NETO		12826	1757	00:53:33	00:23:05:000
MÁRIO SILVA	Beloura Runners	11147	1758	00:53:33	00:23:05:000
RICARDO FARIA		11633	1759	00:53:34	00:23:06:000
ALEXANDRE DUARTE		15390	1760	00:53:34	00:23:06:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MARCO CABRAL		17531	1761	00:53:34	00:23:06:000
ANDRÉ NUNES		11453	1762	00:53:34	00:23:06:000
PAULO SOUTO		10980	1763	00:53:35	00:23:07:000
ANDRÉ SIMÕES	TEAM FACERAS	13617	1764	00:53:35	00:23:07:000
JOSÉ NAVE	Barafusta e companhia	11168	1765	00:53:35	00:23:07:000
RUI MARTINS		11655	1766	00:53:36	00:23:08:000
MIGUEL VARELA	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	12236	1767	00:53:36	00:23:08:000
HENRIQUE RODRIGUES	Barafusta e companhia	11130	1768	00:53:36	00:23:08:000
LILIANA SANTOS		12534	1769	00:53:36	00:23:08:000
FRANCISCO COSTA		12761	1770	00:53:37	00:23:09:000
RICARDO GUERREIRO		11596	1771	00:53:37	00:23:09:000
PEDRO NAVES	PN	13224	1772	00:53:37	00:23:09:000
JOSÉ MORAIS		11587	1773	00:53:37	00:23:09:000
JORGE MIGUEL FERREIRA		11475	1774	00:53:37	00:23:09:000
ANDRE SILVA		13218	1775	00:53:38	00:23:10:000
NUNO CORREIA		10357	1776	00:53:38	00:23:10:000
JORGE NEVES	Mucifalense	14058	1777	00:53:38	00:23:10:000
JOSE BELDROEGAS		15435	1778	00:53:39	00:23:11:000
BRUNO GRÁCIO	OutSystems	14954	1779	00:53:39	00:23:11:000
ANTONIO GRILO		15434	1780	00:53:40	00:23:12:000
RICARDO SANTOS	Casa do Benfica em Castelo Branco	12503	1781	00:53:40	00:23:12:000
PAULO BARREIROS	Viriathvs runners	11179	1782	00:53:41	00:23:13:000
PEDRO TOMÁS		17954	1783	00:53:41	00:23:13:000
TIAGO MATEUS		17854	1784	00:53:41	00:23:13:000
ANDRÉ POUSINHO		13351	1785	00:53:42	00:23:14:000
JOÃO PARISOT	JONES	14326	1786	00:53:42	00:23:14:000
RICARDO SENA		11066	1787	00:53:42	00:23:14:000
PAULA GONÇALVES	CATEDRAL DA CERVEJA	15561	1788	00:53:42	00:23:14:000
CLEMENTINA ANDRADE ANDRADE	Clube Campismo São João da Madeira	14510	1789	00:53:42	00:23:14:000
JOAO SILVA		12138	1790	00:53:42	00:23:14:000
CARLA NASCIMENTO		13341	1791	00:53:43	00:23:15:000
MANUEL COSTA		14687	1792	00:53:43	00:23:15:000
RAFAEL CEBOLA		15202	1793	00:53:43	00:23:15:000
JOSÉ GUERREIRO	Gang das Corridas	10029	1794	00:53:44	00:23:16:000
ANTÓNIO FIGUEIREDO	Afis/Ovar	13820	1795	00:53:44	00:23:16:000
NELSON NUNES		13947	1796	00:53:44	00:23:16:000
EDUARDO RESENDE	Afis/ovar	13824	1797	00:53:44	00:23:16:000
RICARDO LEMOS		12248	1798	00:53:45	00:23:17:000
DOMINGOS LAVINHA	Clube Desportivo Ribeirense	14356	1799	00:53:45	00:23:17:000
RUI VICENTE		14183	1800	00:53:45	00:23:17:000
NUNO GONÇALVES		17805	1801	00:53:46	00:23:18:000
JOÃO MATEUS	Link	13393	1802	00:53:46	00:23:18:000
RICARDO GONÇALVES	Colaboradores SLB	16717	1803	00:53:46	00:23:18:000
PAULO ROSA	Beloura Runners	11155	1804	00:53:47	00:23:19:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANDRÉ BARATA	Liberty Seguros	14957	1805	00:53:47	00:23:19:000
JOSÉ BESSA	Nucleo de Karate e Atletismo de Roriz	14341	1806	00:53:47	00:23:19:000
VITOR MARTINS	Gangue 6:10	12483	1807	00:53:47	00:23:19:000
PAULO CABANAS		13879	1808	00:53:48	00:23:20:000
DURVAL PIRES		14410	1809	00:53:48	00:23:20:000
MARINA LEITÃO	Os Galgos	15546	1810	00:53:48	00:23:20:000
JOÃO VALERIANO		12876	1811	00:53:48	00:23:20:000
PEDRO CRUZ		16248	1812	00:53:49	00:23:21:000
JOÃO GONÇALVES		10255	1813	00:53:49	00:23:21:000
LEANDRO SANTOS		15400	1814	00:53:49	00:23:21:000
GONÇALO RODRIGUES		14448	1815	00:53:49	00:23:21:000
BÁRBARA CONCEIÇÃO		11505	1816	00:53:50	00:23:22:000
TERESA ANTÃO	Casa do Benfica em Castelo Branco	12171	1817	00:53:50	00:23:22:000
JOSÉ CARLOS CABAÇO		10605	1818	00:53:50	00:23:22:000
DANIEL PARRULAS		13755	1819	00:53:50	00:23:22:000
MIGUEL XAVIER	LH Ginásio - Amora	13870	1820	00:53:50	00:23:22:000
GONÇALO MOTA		10663	1821	00:53:50	00:23:22:000
SÉRGIO FAIA		15694	1822	00:53:51	00:23:23:000
PEDRO FILIPE		13289	1823	00:53:51	00:23:23:000
RENATO LOPES		10018	1824	00:53:51	00:23:23:000
BRUNO MARQUES		14555	1825	00:53:51	00:23:23:000
DUARTE BILRO	Gangue das 6h10	10379	1826	00:53:52	00:23:24:000
EÓNIO TRINDADE	PROGEA - Arquitetura Engenharia Unipessoal, Lda	15491	1827	00:53:52	00:23:24:000
DIOGO FERNANDES	Benfica	12358	1828	00:53:52	00:23:24:000
PEDRO DIAS	Keep Running	11376	1829	00:53:53	00:23:25:000
RICARDO PINHO	The Neighbours	13430	1830	00:53:53	00:23:25:000
BRUNO BATISTA		14469	1831	00:53:53	00:23:25:000
LUIS NUNES		10935	1832	00:53:54	00:23:26:000
TIAGO ROSA		11006	1833	00:53:54	00:23:26:000
PEDRO CORREIA		11463	1834	00:53:54	00:23:26:000
JORGE SILVA	Silvas	10472	1835	00:53:54	00:23:26:000
MIGUEL CAMPO		10392	1836	00:53:54	00:23:26:000
JOSE MOUQUINHO		15428	1837	00:53:55	00:23:27:000
PAULO FERREIRA		15810	1838	00:53:55	00:23:27:000
LEONEL LUCAS	Clube Académico Penafirme	13057	1839	00:53:55	00:23:27:000
IGOR LOPES	Hospital da Luz	16406	1840	00:53:55	00:23:27:000
ANTÓNIO GRILO	Kaninos	14070	1841	00:53:55	00:23:27:000
RUI SILVA		16113	1842	00:53:55	00:23:27:000
PAULO FERREIRA	Pimpões Trail Team	12700	1843	00:53:56	00:23:28:000
CARLOS RODRIGUES		14825	1844	00:53:57	00:23:29:000
HUGO MACHADO		13425	1845	00:53:57	00:23:29:000
SÉRGIO FERNANDES	Correr Lisboa	15710	1846	00:53:58	00:23:30:000
JOÃO MATOS		15582	1847	00:53:58	00:23:30:000
RUI BRAZ	GDCTINCM	12284	1848	00:53:59	00:23:31:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
DIOGO CARVALHO		13291	1849	00:54:00	00:23:32:000
CESAR GANCHAS	Barrigudos run team	13920	1850	00:54:01	00:23:33:000
NELSON JORGE		10195	1851	00:54:01	00:23:33:000
JOÃO DUARTE	Individual	10907	1852	00:54:02	00:23:34:000
CARLOS MAGALHÃES	GSTEP	15421	1853	00:54:02	00:23:34:000
CAROLINO DIAS	Barafusta e companhia	11093	1854	00:54:02	00:23:34:000
IVO FERNANDES		12986	1855	00:54:03	00:23:35:000
FABIO SANTOS		15803	1856	00:54:03	00:23:35:000
DIOGO AGOSTINHO		12432	1857	00:54:04	00:23:36:000
JANETTE FERNANDES	S. C. Espinho/Atletismo António Leitão	15677	1858	00:54:04	00:23:36:000
JOSÉ MARIA PEDRO		10509	1859	00:54:06	00:23:38:000
CRISTINA FALÉ	VERMELHOS DA MARGEM SUL	12628	1860	00:54:06	00:23:38:000
VN	VITOR NETO	14445	1861	00:54:06	00:23:38:000
VITOR NETO		16171	1862	00:54:06	00:23:38:000
MIGUEL SANTOS	Terapeuta Miguel Santos	13457	1863	00:54:07	00:23:39:000
JULIETA MOTA	As Primeiras	13619	1864	00:54:07	00:23:39:000
PEDRO CAETANO		11027	1865	00:54:07	00:23:39:000
ANTÓNIO JERÓNIMO	Serrado FC Atletismo	10677	1866	00:54:07	00:23:39:000
CARLA MENDES	Carla&Nuno	15397	1867	00:54:08	00:23:40:000
PEDRO LOPES	Serrado FC Atletismo	10688	1868	00:54:08	00:23:40:000
PEDRO SILVA		12658	1869	00:54:08	00:23:40:000
RUI GUSTAVO MORAIS	Titã	13170	1870	00:54:08	00:23:40:000
NUNO SOBRAL	Serrado FC Atletismo	10405	1871	00:54:08	00:23:40:000
JORGE SANTOS	Clube do Pessoal Aguas Gaia	11931	1872	00:54:08	00:23:40:000
PAULO CALDEIRINHA	Serrado FC Atletismo	15534	1873	00:54:08	00:23:40:000
ABREU CASIMIRO		11390	1874	00:54:08	00:23:40:000
JOÃO ANTUNES	Casa Benfica Torres Vedras	14500	1875	00:54:08	00:23:40:000
CATIA MANSO		13728	1876	00:54:08	00:23:40:000
BRUNO GARCIA		15490	1877	00:54:08	00:23:40:000
CRISTINA ASSUNÇÃO	Bijagós	12516	1878	00:54:08	00:23:40:000
JOSÉ SANTOS		13258	1879	00:54:08	00:23:40:000
RODOLFO FRANCO	Metralhas do Oeste	14266	1880	00:54:08	00:23:40:000
DAVID AMADO		11383	1881	00:54:08	00:23:40:000
SERGIO MOUSINHO	Colaboradores SLB	16739	1882	00:54:08	00:23:40:000
ROGÉRIO GODINHO	Fronteira Running	15234	1883	00:54:09	00:23:41:000
PEDRO BRANCO	Caramujo é agora	13549	1884	00:54:09	00:23:41:000
ANDREIA SALOIO	Bijagós	12687	1885	00:54:09	00:23:41:000
SÉRGIO CATALÃO		11878	1886	00:54:09	00:23:41:000
BRUNO MARQUES	ADIA	12763	1887	00:54:10	00:23:42:000
HUGO BRANCO		15393	1888	00:54:11	00:23:43:000
LILIANA ANDRÉ		16152	1889	00:54:11	00:23:43:000
PEDRO CALVARIO		15878	1890	00:54:11	00:23:43:000
ELSA FRANCISCO		14752	1891	00:54:11	00:23:43:000
TÂNIA MENDONÇA	GD-SBSI	10530	1892	00:54:12	00:23:44:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOÃO SILVESTRE		12946	1893	00:54:12	00:23:44:000
CARLOS LOPES	os lopes	14233	1894	00:54:12	00:23:44:000
DIOGO MARQUES		14900	1895	00:54:12	00:23:44:000
PAULO GONÇALVES	individual	10696	1896	00:54:13	00:23:45:000
SANDRA CRUZ		15124	1897	00:54:13	00:23:45:000
PAULO VERISSIMO	Clube Novo Banco	11278	1898	00:54:14	00:23:46:000
OSVALDO MANUEL		17845	1899	00:54:14	00:23:46:000
ANTÓNIO GALHETO		14556	1900	00:54:15	00:23:47:000
HUGO COLAÇO		10021	1901	00:54:15	00:23:47:000
JOÃO COSTA	Run for Friends	12531	1902	00:54:15	00:23:47:000
MARIO MELO		15376	1903	00:54:15	00:23:47:000
ALBERTO CANCELINO		14918	1904	00:54:15	00:23:47:000
NILESH MEGGI	Colaboradores SLB	17569	1905	00:54:16	00:23:48:000
LUIS SOUSA		13723	1906	00:54:16	00:23:48:000
PEDRO SILVA	silvas	10471	1907	00:54:16	00:23:48:000
SILVESTRE CRUZ	Hospital da Luz	16493	1908	00:54:16	00:23:48:000
ANDRE MATA	TABAQUEIRA	15743	1909	00:54:16	00:23:48:000
PATRÍCIA SANTOS		15805	1910	00:54:17	00:23:49:000
MARCO PACHECO		13767	1911	00:54:17	00:23:49:000
HUGO CIPRIANO	Colaboradores SLB	16607	1912	00:54:17	00:23:49:000
RUI CARVALHO	Clube Brisa	15281	1913	00:54:18	00:23:50:000
MIGUEL MARTINS	Central de Cerveja	16462	1914	00:54:18	00:23:50:000
LUIZ MIGUEL CHATILLON		11148	1915	00:54:18	00:23:50:000
PAULO VALENTIM		14063	1916	00:54:18	00:23:50:000
RUI FREIXO		10694	1917	00:54:19	00:23:51:000
MANUEL JORGE NARCISO	Serviços Sociais Montepio	11984	1918	00:54:20	00:23:52:000
FRANCISCO GARCIA	Garcia Runners	13300	1919	00:54:20	00:23:52:000
FERNANDA REBELO	CATA-Clube de Atletismo de Amora	12774	1920	00:54:20	00:23:52:000
JOSÉ MARIA PARDAL		13582	1921	00:54:21	00:23:53:000
MARCO MADEIRA		13581	1922	00:54:21	00:23:53:000
MANUEL PIPA		12944	1923	00:54:21	00:23:53:000
JOSE MANUEL		10634	1924	00:54:21	00:23:53:000
JOAO SOUSA	TÁLENTOS TEAM	12159	1925	00:54:22	00:23:54:000
ANTONIO PEDRO OLIVEIRA	RunningOdependentes	13403	1926	00:54:23	00:23:55:000
MIGUEL MELO	Margemsulrunners	14924	1927	00:54:24	00:23:56:000
VALTER CUNHA	#DaikinRunners	15028	1928	00:54:24	00:23:56:000
NUNO BARBOSA		12310	1929	00:54:25	00:23:57:000
MARIA MANUELA CAMACHO SANTOS	Singarunners	12665	1930	00:54:25	00:23:57:000
MARCO BASTOS	CCD CRÉDITO AGRÍCOLA MÚTUO	12343	1931	00:54:25	00:23:57:000
ANÍBAL FREIRE		10578	1932	00:54:25	00:23:57:000
LUÍS GRAVE	Os Zatopeques	16091	1933	00:54:25	00:23:57:000
JOSÉ MORAIS	Os Zatopeques	16093	1934	00:54:25	00:23:57:000
ARMANDO CRUZ		16124	1935	00:54:26	00:23:58:000
JOSÉ INÁCIO COSTA	Singarunners	12664	1936	00:54:26	00:23:58:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
AFTAB TAYOB		13868	1937	00:54:26	00:23:58:000
HUGO MENDES	pace.makers	12305	1938	00:54:26	00:23:58:000
VITOR LOURENÇO	Jobrinde - Montes Saloios	13316	1939	00:54:26	00:23:58:000
CRISTIANO FILIPE	Central de Cerveja	16479	1940	00:54:27	00:23:59:000
LEONEL SÃO JOSÉ	Sport Clube Alfragide	15027	1941	00:54:27	00:23:59:000
PAULO CALDEIRA	CALDEIRA	10358	1942	00:54:28	00:24:00:000
JOAO ALVES		13426	1943	00:54:28	00:24:00:000
NELSON JESUS	Os Teimosos	12880	1944	00:54:28	00:24:00:000
FRANCISCO MONTE		15881	1945	00:54:29	00:24:01:000
BRUNO DOS SANTOS		14640	1946	00:54:29	00:24:01:000
VASCO TARECO	Tareco	10872	1947	00:54:30	00:24:02:000
IVO SILVA	Os Martins	12521	1948	00:54:30	00:24:02:000
RODRIGO NENÉ	La la BENFICA	15695	1949	00:54:30	00:24:02:000
JOAO GONÇALVES	Cofina Runners	15095	1950	00:54:30	00:24:02:000
ANTÓNIO MARTINS	Os 5 magníficos	13486	1951	00:54:30	00:24:02:000
LUÍS SIMÕES	Os 5 magníficos	13487	1952	00:54:31	00:24:03:000
NUNO OLIVEIRA		10324	1953	00:54:31	00:24:03:000
INÊS MARQUES		15885	1954	00:54:31	00:24:03:000
HUGO GONÇALVES	Individual	13698	1955	00:54:32	00:24:04:000
MANUEL GARRINHAS		13945	1956	00:54:32	00:24:04:000
JOSÉ PINTO	CLUBE ANACOM	15412	1957	00:54:32	00:24:04:000
MARCO FERREIRA		10169	1958	00:54:32	00:24:04:000
PAULO FIGUEIRAS	Os 5 magníficos	13488	1959	00:54:33	00:24:05:000
JOSÉ PENA	Team Roda Encravada	12020	1960	00:54:33	00:24:05:000
MANUEL FRANCISCO		14629	1961	00:54:33	00:24:05:000
JOSE MONTEIRO		11180	1962	00:54:34	00:24:06:000
JOSÉ PEREIRA		12910	1963	00:54:34	00:24:06:000
FRANCISCO BANDO		10382	1964	00:54:34	00:24:06:000
LUÍS FIGUEIRA		12154	1965	00:54:34	00:24:06:000
JOSÉ GOMES		13681	1966	00:54:35	00:24:07:000
ANABELA ASSUNÇÃO ASSUNÇÃO		15414	1967	00:54:35	00:24:07:000
MARTA CANAVEIRA	Marriott Lisboa	15223	1968	00:54:35	00:24:07:000
ARTUR ALMEIDA	Os Coxos	12578	1969	00:54:36	00:24:08:000
FREDERICO MONTEIRO	Junta de Freguesia de Benfica	15309	1970	00:54:36	00:24:08:000
CARLOS QUEIJO	Amorense	12486	1971	00:54:36	00:24:08:000
JOSÉ CASTRO	CLUBE ATLETISMO AMIGOS DE BELÉM	10724	1972	00:54:36	00:24:08:000
VITOR SANTOS		11529	1973	00:54:36	00:24:08:000
JOAQUIM FILIPE CARACOL PINTO		11018	1974	00:54:36	00:24:08:000
NUNO CARDEIAS	CCD Siemens	14223	1975	00:54:37	00:24:09:000
JOÃO HENRIQUE RODRIGUES	Coruche runners	17582	1976	00:54:37	00:24:09:000
ANDRÉ RODRIGUES		13720	1977	00:54:37	00:24:09:000
LUÍS MEIRA	Condores Varge Mondar	11602	1978	00:54:38	00:24:10:000
LUÍS AMARO		10864	1979	00:54:38	00:24:10:000
LUÍS MONTEIRO	Colaboradores SLB	16650	1980	00:54:38	00:24:10:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
AMÍLCAR PRAGANA		14259	1981	00:54:38	00:24:10:000
TIAGO AMARAL		10863	1982	00:54:38	00:24:10:000
ANDRÉ HENRIQUES	Fit&Focus,Unipessoal Lda	16162	1983	00:54:38	00:24:10:000
FILIPE AVILLEZ		13645	1984	00:54:38	00:24:10:000
PEDRO ALMEIDA		11947	1985	00:54:39	00:24:11:000
PAULO FILIPE		10805	1986	00:54:39	00:24:11:000
BRUNA SANTOS		12187	1987	00:54:39	00:24:11:000
FRANCO SANI	Ninho das águias - porto de mos	10941	1988	00:54:39	00:24:11:000
JOÃO ESTEVES	Link	13392	1989	00:54:40	00:24:12:000
RUI RAMALHETE	Coca-Cola	15504	1990	00:54:40	00:24:12:000
PEDRO BEATO		12391	1991	00:54:40	00:24:12:000
PEDRO LIMA		12151	1992	00:54:40	00:24:12:000
JOAQUIM COSTA		17958	1993	00:54:41	00:24:13:000
AUGUSTO SOUSA		13859	1994	00:54:41	00:24:13:000
PAULO PINHEIRO		13082	1995	00:54:41	00:24:13:000
FABIO BARROCA		13569	1996	00:54:42	00:24:14:000
RUI NUNES		13275	1997	00:54:44	00:24:16:000
JOSE CAETANO		15935	1998	00:54:45	00:24:17:000
MÁRIO CLEMENTE		15057	1999	00:54:45	00:24:17:000
DAVID ENCARNAÇÃO	Peniche a correr	10247	2000	00:54:45	00:24:17:000
SILVIO PAIVA	Clube Novo Banco	11283	2001	00:54:46	00:24:18:000
VANDA BADÉ		10548	2002	00:54:46	00:24:18:000
PAULO SALGADO		17945	2003	00:54:46	00:24:18:000
TIAGO SILVA	Team Roda Encravada	12021	2004	00:54:46	00:24:18:000
PEDRO MENDONÇA	Colaboradores SLB	16710	2005	00:54:46	00:24:18:000
VALTER RODRIGUES	Team Roda Encravada	12018	2006	00:54:47	00:24:19:000
HUGO PINTO	CCDTMetroLX	12381	2007	00:54:47	00:24:19:000
RUI ALMEIDA		13469	2008	00:54:47	00:24:19:000
ANA HENRIQUE	Brrnightrunners	14848	2009	00:54:47	00:24:19:000
VALÉRIO BARRETO	Team Roda Encravada	12023	2010	00:54:47	00:24:19:000
VALTER TEIXEIRA	Clube Ferroviário de Portugal	14024	2011	00:54:47	00:24:19:000
DIOGO NETO		12308	2012	00:54:47	00:24:19:000
FILIPE MESTRE	Central de Cerveja	16484	2013	00:54:47	00:24:19:000
KAROL KOMOROWSKI		10084	2014	00:54:47	00:24:19:000
HÉLDER SILVA		14733	2015	00:54:48	00:24:20:000
JOSÉ MARTINS	brnigtrunners	14766	2016	00:54:48	00:24:20:000
MÓNICA MATOS	MB Team	12780	2017	00:54:48	00:24:20:000
NUNO RIBEIRO	La la BENFICA	15697	2018	00:54:48	00:24:20:000
CARLA LOPES	os lopes	14232	2019	00:54:48	00:24:20:000
FÁBIO ROCHA	PERNAS DE GAFANHOTO	11826	2020	00:54:49	00:24:21:000
JOÃO RAMOS	Clube Novo Banco	11285	2021	00:54:49	00:24:21:000
RICARDO FERNANDES	Sagres Team Run	14087	2022	00:54:49	00:24:21:000
NUNO MADUREIRA		12933	2023	00:54:49	00:24:21:000
NUNO RICARDO	AzarujaBTT	10867	2024	00:54:50	00:24:22:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PAULO FERNANDES		11816	2025	00:54:50	00:24:22:000
EMANUEL MAGALHÃES		11263	2026	00:54:50	00:24:22:000
MARIO MENDES		10701	2027	00:54:51	00:24:23:000
NELSON SANTOS		17574	2028	00:54:51	00:24:23:000
PEDRO PEREIRA		13916	2029	00:54:51	00:24:23:000
JOÃO DIAS		15351	2030	00:54:52	00:24:24:000
BRUNO SILVA		10708	2031	00:54:52	00:24:24:000
KAYLEE ROSELLE	Lop	14947	2032	00:54:53	00:24:25:000
PETE BORASO	Lop	14948	2033	00:54:53	00:24:25:000
LUIS GODINHO	Us Run & Fun	11822	2034	00:54:54	00:24:26:000
RUI RIBEIRO		10057	2035	00:54:54	00:24:26:000
JOÃO COSTA	As Lebres	16154	2036	00:54:54	00:24:26:000
PEDRO TRIGO		14613	2037	00:54:55	00:24:27:000
FLAVIO FERREIRA		14399	2038	00:54:55	00:24:27:000
JOÃO MALHA		15756	2039	00:54:56	00:24:28:000
JOÃO PEDRO MARTINS VILARES		11247	2040	00:54:56	00:24:28:000
NUNO PEREIRA		10797	2041	00:54:56	00:24:28:000
ANTONIO CHAINHO PARREIRA	Os Kotas	14368	2042	00:54:57	00:24:29:000
ANDRÉ NETO	Clube Ferroviário de Portugal	12698	2043	00:54:57	00:24:29:000
SILVA_F77@HOTMAIL.COM SILVA	TACLUBE	14309	2044	00:54:57	00:24:29:000
PEDRO OLIVEIRA	LH Ginásio - Amora	13869	2045	00:54:57	00:24:29:000
ALEXANDRA ALVES	GDCTINCM	12286	2046	00:54:58	00:24:30:000
ANTONIO MORGADO		15248	2047	00:54:58	00:24:30:000
JOAO VITORINO		17890	2048	00:54:59	00:24:31:000
DELFIN PRATAS	SAM'S Lda	14942	2049	00:54:59	00:24:31:000
LUIS SILVA	CORRERLISBOA	14726	2050	00:54:59	00:24:31:000
MARIO GASPAR	MARRIOTT FRIENDS	14898	2051	00:55:00	00:24:32:000
NELSON SANTOS	Hospital da Luz	16514	2052	00:55:00	00:24:32:000
JORGE COLAÇO		14832	2053	00:55:00	00:24:32:000
BRUNO FERNANDES	Colaboradores SLB	16562	2054	00:55:00	00:24:32:000
VASCO ALMEIDA	Colaboradores SLB	16444	2055	00:55:00	00:24:32:000
BRUNO DAMAS		12414	2056	00:55:01	00:24:33:000
FIRMINO MIGUEL E SILVA DUARTE		16064	2057	00:55:01	00:24:33:000
JOSÉ HENRIQUES		11245	2058	00:55:01	00:24:33:000
PEDRO FIGUEIRA		11218	2059	00:55:01	00:24:33:000
JOANA ALÇADA	Afis/Ovar	13800	2060	00:55:02	00:24:34:000
JOSÉ NEVES		11088	2061	00:55:02	00:24:34:000
LUIS DIAS		11008	2062	00:55:02	00:24:34:000
BRUNO RIBEIRO		10428	2063	00:55:02	00:24:34:000
JOÃO PISSARRA		12588	2064	00:55:02	00:24:34:000
GONÇALO FRANCA	Central de Cerveja	16463	2065	00:55:03	00:24:35:000
JORGE FARINHA		17833	2066	00:55:04	00:24:36:000
JOÃO LEITÃO		13588	2067	00:55:04	00:24:36:000
PEDRO SANTOS		12722	2068	00:55:04	00:24:36:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PAULO FARINHA		13104	2069	00:55:05	00:24:37:000
JOÃO CORREIA	SS CGD	11559	2070	00:55:05	00:24:37:000
JOSÉ NUNES	Keep Running	11378	2071	00:55:05	00:24:37:000
JOSÉ ANDRADE	Keep Running	11381	2072	00:55:05	00:24:37:000
JOSÉ SANTOS	Colaboradores SLB	16635	2073	00:55:06	00:24:38:000
FILIPE SILVA		12127	2074	00:55:06	00:24:38:000
TIAGO PISCO	S. C. Espinho/Atletismo António Leitão	15673	2075	00:55:06	00:24:38:000
FERNANDO JOAQUIM DE OLIVEIRA		10262	2076	00:55:06	00:24:38:000
ANDRÉ QUESADO		12004	2077	00:55:06	00:24:38:000
ALEXANDRE PALMEIRO		10145	2078	00:55:06	00:24:38:000
TIAGO MATOS		16293	2079	00:55:07	00:24:39:000
JOAQUIM FERNANDES	Gangue das 6h10	10376	2080	00:55:07	00:24:39:000
CARLOS PEREIRA		10488	2081	00:55:08	00:24:40:000
JOAO FERNANDES		12904	2082	00:55:08	00:24:40:000
TIAGO RODRIGUES	Colaboradores SLB	16429	2083	00:55:08	00:24:40:000
JORGE RAMOS	Colaboradores SLB	16632	2084	00:55:08	00:24:40:000
GONÇAO ROCHA		12922	2085	00:55:08	00:24:40:000
JOSÉ SOUSA	Afis/Ovar	13823	2086	00:55:08	00:24:40:000
FILIPE ALVES	Urbanos	17919	2087	00:55:08	00:24:40:000
MARIA DE DEUS AMEIXA PALMA E PALMA		13286	2088	00:55:09	00:24:41:000
JOAO GAMAS	TABAQUEIRA	15739	2089	00:55:09	00:24:41:000
RUBEN FREIRE		10079	2090	00:55:10	00:24:42:000
JOÃO BOLINHAS	Familia do Coração	13380	2091	00:55:10	00:24:42:000
EDUARDO SEDUVEM		12783	2092	00:55:10	00:24:42:000
JULIO PEREIRA		13848	2093	00:55:11	00:24:43:000
FRANCISCO FREIRE	La la BENFICA	15696	2094	00:55:11	00:24:43:000
CATARINA NECO		13689	2095	00:55:11	00:24:43:000
NELSON NUNES		15143	2096	00:55:11	00:24:43:000
LUÍS GRANCHO	Individual	12607	2097	00:55:11	00:24:43:000
JOSÉ MIGUEL BORDA D'ÁGUA	BDA	13692	2098	00:55:11	00:24:43:000
PAULO FAUSTINO		15336	2099	00:55:11	00:24:43:000
JOSÉ FINS		14343	2100	00:55:12	00:24:44:000
ANDRÉ PINTO		17951	2101	00:55:12	00:24:44:000
HUMBERTO FERNANDES	Clínica dos Relógios	14926	2102	00:55:12	00:24:44:000
ROGERIO CARREIRO		15069	2103	00:55:12	00:24:44:000
JOSE COSTA	TABAQUEIRA	15744	2104	00:55:12	00:24:44:000
BRUNO SANTOS		12302	2105	00:55:12	00:24:44:000
LUÍS MATOS	Manilhas	12610	2106	00:55:13	00:24:45:000
ALICE APOLONIA	S. C. Espinho/Atletismo António Leitão	15679	2107	00:55:13	00:24:45:000
ANDRÉ SANTOS		14998	2108	00:55:13	00:24:45:000
ANTÓNIO MANUEL PIMENTA PESSOA	ACAPO-DL	14580	2109	00:55:13	00:24:45:000
JOÃO RENDEIRO	Colaboradores SLB	16622	2110	00:55:14	00:24:46:000
VICTORIA MATA	OS MATAS	13524	2111	00:55:14	00:24:46:000
MANUEL BATISTA	Clube de Praças da Armada	15387	2112	00:55:14	00:24:46:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RUI JOÃO		10278	2113	00:55:14	00:24:46:000
JOÃO LUCIANO GELÁSIO MARQUES		15169	2114	00:55:14	00:24:46:000
ANA CUNHA		13373	2115	00:55:15	00:24:47:000
FERNANDO SANTOS	Associação O Companheiro	14672	2116	00:55:15	00:24:47:000
JOÃO LIMA	4 ao Km	10207	2117	00:55:15	00:24:47:000
HUMBERTO SERRA		13503	2118	00:55:16	00:24:48:000
BRUNO GONÇALVES	Xoninhas Team	12749	2119	00:55:16	00:24:48:000
CARLOS DIAS		17530	2120	00:55:16	00:24:48:000
FILIPE MESTRE	Xoninhas Team	12750	2121	00:55:16	00:24:48:000
JORGE CORREIA		12250	2122	00:55:17	00:24:49:000
CARLOS NIZ	Central de Cerveja	16459	2123	00:55:17	00:24:49:000
DAVID FORTUNATO		15382	2124	00:55:17	00:24:49:000
ANA SERRÃO		14931	2125	00:55:17	00:24:49:000
RICARDO NIZ	Os Penta	14264	2126	00:55:17	00:24:49:000
RUI FERNANDES		10299	2127	00:55:17	00:24:49:000
PEDRO CARDIGOS		15325	2128	00:55:17	00:24:49:000
ANTÓNIO LIMA		17957	2129	00:55:18	00:24:50:000
FRANCISCO COSTA		0 11153	2130	00:55:18	00:24:50:000
JOÃO VIEIRA	CCD CRÉDITO AGRÍCOLA MÚTUO	12337	2131	00:55:18	00:24:50:000
MAFALDA GIRÃO	Colaboradores SLB	16654	2132	00:55:18	00:24:50:000
TIAGO LAMELAS	Colaboradores SLB	16439	2133	00:55:18	00:24:50:000
MARCELO AREIAS	Areias	11547	2134	00:55:19	00:24:51:000
FÁBIO AREIAS	Areias	11548	2135	00:55:19	00:24:51:000
MARIO GERI		17882	2136	00:55:19	00:24:51:000
IGOR PAULO		11896	2137	00:55:19	00:24:51:000
FRANCISCO JULIO	CLAC - Entroncamento	15644	2138	00:55:19	00:24:51:000
FÁTIMA BRANCO		14863	2139	00:55:20	00:24:52:000
ANTÓNIO RAMOS	Os Matrecos	12844	2140	00:55:20	00:24:52:000
DUARTE SANTOS	PACERS	16762	2141	00:55:20	00:24:52:000
ISA RODRIGUES		11039	2142	00:55:20	00:24:52:000
PEDRO LOPES	SS CGD	12420	2143	00:55:20	00:24:52:000
JOSÉ BARRETO		8588	2144	00:55:20	00:24:52:000
TOMÁS GRILO	Casa do Benfica em Algueirão Mem Martins-Sintra	14045	2145	00:55:20	00:24:52:000
PAULO PIMPÃO		12168	2146	00:55:21	00:24:53:000
JOÃO GRILO	Casa do Benfica em Algueirão Mem Martins-Sintra	14043	2147	00:55:21	00:24:53:000
JOÃO MENINO	PACERS	16763	2148	00:55:21	00:24:53:000
JOÃO AFONSO		12156	2149	00:55:21	00:24:53:000
MÁRIO QUARENTA	URBANOS 1	15195	2150	00:55:21	00:24:53:000
BRUNO PINTO		13735	2151	00:55:22	00:24:54:000
RUI DIAS	Os Galgos	15547	2152	00:55:22	00:24:54:000
JOAQUIM MENDES	Cegonhas do Sado	14396	2153	00:55:22	00:24:54:000
JOÃO PEREIRA		13734	2154	00:55:22	00:24:54:000
JOAO VAZ	GENIUS	15455	2155	00:55:22	00:24:54:000
SUZANA FARIA	CATEDRAL DA CERVEJA	15559	2156	00:55:23	00:24:55:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
CARLOS ESCÓRCIO	Preguiças do Monte	12300	2157	00:55:23	00:24:55:000
EURICO SILVA		13043	2158	00:55:23	00:24:55:000
MARLENE CARRIÇO	As Toupeiras	14795	2159	00:55:23	00:24:55:000
ARMANDO TAVARES		0 11626	2160	00:55:23	00:24:55:000
PAULO RODRIGUES		10007	2161	00:55:24	00:24:56:000
ALEXANDRE FREDERICO		13700	2162	00:55:24	00:24:56:000
ANA SOFIA BICA	ATeam	12784	2163	00:55:25	00:24:57:000
MAURO LORETI		10061	2164	00:55:25	00:24:57:000
HENRIQUE ESPADA	Os Kotas	14370	2165	00:55:27	00:24:59:000
JAIME PASSOS	Peniche a Correr	13444	2166	00:55:27	00:24:59:000
MARIA COTRIM	Sem destino	14140	2167	00:55:27	00:24:59:000
CARLA DOMINGUES	Sem destino	14203	2168	00:55:28	00:25:00:000
PEDRO PAULOS		10716	2169	00:55:28	00:25:00:000
SÓNIA LUZ		10715	2170	00:55:28	00:25:00:000
RAFAEL MARTINS	Hospital da Luz	16498	2171	00:55:28	00:25:00:000
CARLOS ALMEIDA		14065	2172	00:55:28	00:25:00:000
HÉLDER CARDOSO		14705	2173	00:55:28	00:25:00:000
MARGARIDA COELHO		13606	2174	00:55:29	00:25:01:000
GONÇALO SANTOS		10720	2175	00:55:29	00:25:01:000
PEDRO ORFÃO		12122	2176	00:55:29	00:25:01:000
NUNO SIMÕES		10481	2177	00:55:29	00:25:01:000
FILIPE SOARES	Viriathvs Runners Viseu	15613	2178	00:55:30	00:25:02:000
JOAO FAUSTINO		10730	2179	00:55:30	00:25:02:000
PAULO FRANCISCO		11104	2180	00:55:31	00:25:03:000
CÉLIA SPÍNOLA	Caramujo é agora	13558	2181	00:55:31	00:25:03:000
ANDRÉ NORONHA	SS CGD	14790	2182	00:55:31	00:25:03:000
NUNO LOURENÇO	C.D. Amigos de Paco Nassa	11885	2183	00:55:32	00:25:04:000
RÚBEN PAGAIME	C. D. Amigos de Paco Nassa	10878	2184	00:55:32	00:25:04:000
PAULO MARTINS	Colaboradores SLB	16695	2185	00:55:32	00:25:04:000
VALTER EUSTÁQUIO	Futebolês e Benfica da Nazaré	12767	2186	00:55:32	00:25:04:000
ANDRÉ MACHADO	XIX Fit	14171	2187	00:55:33	00:25:05:000
CESAR MIGUENS		12245	2188	00:55:33	00:25:05:000
RICARDO SOARES		13333	2189	00:55:34	00:25:06:000
HELDER MIGUENS		12239	2190	00:55:34	00:25:06:000
HUGO RIBEIRO		12188	2191	00:55:34	00:25:06:000
PEDRO RANHADA		15021	2192	00:55:35	00:25:07:000
NUNO MATEUS	Corinthia Team	14277	2193	00:55:35	00:25:07:000
FÁBIO MANUEL CORAGEM		10844	2194	00:55:35	00:25:07:000
LUIS SILVA	GDCT Unicre	15289	2195	00:55:35	00:25:07:000
MIGUEL GAMEIRO		15999	2196	00:55:35	00:25:07:000
LUIS VICENTE	Individual	10906	2197	00:55:36	00:25:08:000
ANTÓNIO PINTO		17526	2198	00:55:36	00:25:08:000
PEDRO COELHO		11490	2199	00:55:36	00:25:08:000
ALEXANDRE FERRO		14214	2200	00:55:36	00:25:08:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
DAVID JOÃO		13147	2201	00:55:36	00:25:08:000
GREGÓRIO TAVARES		11193	2202	00:55:36	00:25:08:000
ROGÉRIO FOLGADO	MENU DE ATLETA	11536	2203	00:55:37	00:25:09:000
JOAQUIM ALMEIDA EREIRA	GÁLIA	15922	2204	00:55:37	00:25:09:000
FLÁVIO RAMALHO		12860	2205	00:55:38	00:25:10:000
PEDRO FILIPE		13024	2206	00:55:38	00:25:10:000
JOAO RAIMUNDO		17891	2207	00:55:38	00:25:10:000
SERGIO FLORIANO		12800	2208	00:55:38	00:25:10:000
JORGE FERRAZ	McDonald's Trail Team	12053	2209	00:55:39	00:25:11:000
PAULO MARQUES	Grupo Amigos do Atletismo de Vila Franca de Xira	13988	2210	00:55:40	00:25:12:000
JOÃO INFANTE	Individual	16141	2211	00:55:40	00:25:12:000
TOMAS CARVALHO		13051	2212	00:55:41	00:25:13:000
PEDRO EVANGELISTA	Aperta4run	14634	2213	00:55:43	00:25:15:000
LUIS FILIPE GONÇALVES	APERTA4RUN	13206	2214	00:55:43	00:25:15:000
RICARDO PROENÇA	Figueira Runners	11189	2215	00:55:44	00:25:16:000
MIGUEL RODRIGUES	Benfica em Forma	13996	2216	00:55:44	00:25:16:000
JOAO BERNARDES	os carregueirenses	14093	2217	00:55:45	00:25:17:000
FABIANO FERREIRA	Benfica em Forma	13966	2218	00:55:45	00:25:17:000
GONÇALO MARTINS DA SILVA		10822	2219	00:55:45	00:25:17:000
AVELINO CORREIA		13358	2220	00:55:45	00:25:17:000
DAVID BARTOLOMEU		13361	2221	00:55:46	00:25:18:000
NELSON ALEXANDRE PIMENTEL DA CORREIA	BEST FRIENDS 4EVER	11843	2222	00:55:46	00:25:18:000
NUNO DIAS	Casa do Benfica em Castelo Branco	12175	2223	00:55:46	00:25:18:000
JOÃO ROSMANINHO	Colaboradores SLB	16626	2224	00:55:46	00:25:18:000
PEDRO MANUEL OLIVEIRA TAIPINA TAIPINA		14763	2225	00:55:46	00:25:18:000
PAULO JORGE MENDES SILVA		14764	2226	00:55:46	00:25:18:000
VÍTOR VIEIRA		15772	2227	00:55:47	00:25:19:000
JÚLIO JÚLIO		12742	2228	00:55:47	00:25:19:000
SEBASTIÃO SOUSA		15275	2229	00:55:47	00:25:19:000
NUNO PIRES	CASA DO BENFICA CONDEIXA	15858	2230	00:55:48	00:25:20:000
RICARDO VAZ		17824	2231	00:55:48	00:25:20:000
ANTONIO SOUSA		11524	2232	00:55:48	00:25:20:000
NUNO BORGES SANTOS	Serviços Sociais Montepio	11985	2233	00:55:48	00:25:20:000
SÉRGIO FERREIRA		12404	2234	00:55:50	00:25:22:000
ABILIO CAMPOS		13447	2235	00:55:50	00:25:22:000
JOSÉ DIAS	Grupo Barraqueiro	12202	2236	00:55:50	00:25:22:000
JOÃO FERNANDES		10493	2237	00:55:50	00:25:22:000
FRANCISCO FURÃO	SAM'S Lda	14939	2238	00:55:51	00:25:23:000
PAULO BONACHO	SS CGD	11694	2239	00:55:51	00:25:23:000
TANIA CABRITO	TABAQUEIRA	15733	2240	00:55:51	00:25:23:000
CARLOS MORAIS		10494	2241	00:55:52	00:25:24:000
FRANCISCO SOARES ALBERGARIA	SL Benfica	13387	2242	00:55:52	00:25:24:000
LITO BRAZAO		16153	2243	00:55:53	00:25:25:000
GONÇALO LOPES		10397	2244	00:55:53	00:25:25:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
HENRIQUE ALMEIDA		13993	2245	00:55:53	00:25:25:000
JOÃO DO CARMO	Sunset Runners	11550	2246	00:55:55	00:25:27:000
LUÍS MIRANDA	Até à meia noite é dia!	10620	2247	00:55:55	00:25:27:000
BRUNO MARTINS	Hospital da Luz	16521	2248	00:55:55	00:25:27:000
BRUNO CLARO	Correr Lisboa	14717	2249	00:55:55	00:25:27:000
ARMANDO TEIXEIRA	Papa Kms	15509	2250	00:55:55	00:25:27:000
RICARDO DIAS	Hospital da Luz	16497	2251	00:55:55	00:25:27:000
HELDER RODRIGUES	Pernas de Gafanhoto	10505	2252	00:55:56	00:25:28:000
ÁLVARO SANTOS	CLAC - Entroncamento	13162	2253	00:55:56	00:25:28:000
PEDRO BARROSO	Colaboradores SLB	16711	2254	00:55:56	00:25:28:000
CRISTINA CARVALHO	Casa do Benfica em Algueirão Mem Martins-Sintra	14725	2255	00:55:56	00:25:28:000
JORGE MONTEIRO		17995	2256	00:55:56	00:25:28:000
EDGAR FERREIRA	Great Stay	13626	2257	00:55:57	00:25:29:000
SANCHO BARROSO	Colaboradores SLB	16733	2258	00:55:57	00:25:29:000
SÓNIA FERREIRA	Casa do Benfica em Algueirão Mem Martins-Sintra	14241	2259	00:55:57	00:25:29:000
ALEXANDRE REIS	Casa do Benfica em Algueirão Mem Martins-Sintra	14242	2260	00:55:57	00:25:29:000
RITE HENRIQUES	Colaboradores SLB	16718	2261	00:55:58	00:25:30:000
EDGAR CABAÇO		15437	2262	00:55:58	00:25:30:000
TINA SILVA	Juventude Vidigalense	12992	2263	00:55:58	00:25:30:000
ANA CARDOSO		12762	2264	00:55:58	00:25:30:000
MIGUEL MENDANHA	CCD CRÉDITO AGRÍCOLA MÚTUO	12344	2265	00:55:58	00:25:30:000
MANUEL ANTUNES		12926	2266	00:55:59	00:25:31:000
HUGO CASEIRA		14439	2267	00:55:59	00:25:31:000
PEDRO FERREIRA	Individual	10944	2268	00:56:00	00:25:32:000
PEDRO ANDRÉ		12424	2269	00:56:00	00:25:32:000
ANDRÉ COELHO		14392	2270	00:56:00	00:25:32:000
SÍLVIA VALENTE		10807	2271	00:56:00	00:25:32:000
LUIS RAPOSO		11743	2272	00:56:00	00:25:32:000
EDUARDO FERREIRA		15352	2273	00:56:01	00:25:33:000
DANIEL MACHADO	INDIVIDUAL	10989	2274	00:56:01	00:25:33:000
CARLOS INÁCIO		10380	2275	00:56:01	00:25:33:000
PEDRO PECHILGA		16297	2276	00:56:01	00:25:33:000
JOAO FAUSTINO		12121	2277	00:56:01	00:25:33:000
RUI ALVES	Aquae Scalabis	10691	2278	00:56:01	00:25:33:000
JOSÉ RIBEIRO	Correr Lisboa	13591	2279	00:56:02	00:25:34:000
PEDRO NEVES	Junta de Freguesia de Benfica	15313	2280	00:56:02	00:25:34:000
MÁRIO ROGADO	Correr Lisboa	10652	2281	00:56:02	00:25:34:000
JOSÉ ALBINO QUINTAS	Rio-Frio SLB	14632	2282	00:56:03	00:25:35:000
NUNO BATISTA	NP	15787	2283	00:56:03	00:25:35:000
JOÃO OLIVEIRA		13369	2284	00:56:04	00:25:36:000
PAULO LEITÃO		10176	2285	00:56:04	00:25:36:000
VITOR VIDAL	Clube do Pessoal Aguas Gaia	11930	2286	00:56:04	00:25:36:000
TIAGO PAULINO	Colaboradores SLB	16433	2287	00:56:04	00:25:36:000
TIAGO SANTOS		14433	2288	00:56:05	00:25:37:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ALFREDO REIS		10955	2289	00:56:05	00:25:37:000
JORGE OLIVEIRA		11544	2290	00:56:05	00:25:37:000
MIGUEL MARQUES		10441	2291	00:56:06	00:25:38:000
FRANCISCO ROLO	Individual	15126	2292	00:56:07	00:25:39:000
BRUNO GOMES		12065	2293	00:56:07	00:25:39:000
MIGUEL BARROS		13470	2294	00:56:07	00:25:39:000
SOFIA ALMEIDA		10665	2295	00:56:08	00:25:40:000
ANTÓNIO ALEXANDRE		12918	2296	00:56:08	00:25:40:000
VANDA BRAGANÇA	BE IN SHAPE	13507	2297	00:56:08	00:25:40:000
ISABEL GONÇALVES		12873	2298	00:56:08	00:25:40:000
GUSTAVO MONTEIRO		11260	2299	00:56:09	00:25:41:000
PEDRO DUARTE		10606	2300	00:56:09	00:25:41:000
RUI SALES	os carregueirenses	14094	2301	00:56:09	00:25:41:000
TIAGO MARQUES	Colaboradores SLB	16437	2302	00:56:09	00:25:41:000
CARLOS MOREIRA		12383	2303	00:56:10	00:25:42:000
DAVID MONTEIRO		11259	2304	00:56:10	00:25:42:000
DIOGO TEIXEIRA	UHU Portugal	15008	2305	00:56:10	00:25:42:000
FÁBIO RODRIGUES		11038	2306	00:56:10	00:25:42:000
VICTOR OLIVEIRA		15723	2307	00:56:11	00:25:43:000
INÊS ABRANTES	Balhelhas	10296	2308	00:56:11	00:25:43:000
PEDRO CARDOSO		14838	2309	00:56:12	00:25:44:000
AURÉLIO MARTINS	30ª Echo	12196	2310	00:56:12	00:25:44:000
JOÃO PEDRO FERREIRA		15292	2311	00:56:12	00:25:44:000
LUÍS RODAS		10675	2312	00:56:12	00:25:44:000
PAULO CAETANO		15748	2313	00:56:13	00:25:45:000
JOÃO AFONSO		13035	2314	00:56:13	00:25:45:000
EUNICE LOUREIRO	Viriathvs Runners Viseu	12670	2315	00:56:13	00:25:45:000
RUI LUÍS		10194	2316	00:56:13	00:25:45:000
JOSÉ COSTA		10939	2317	00:56:13	00:25:45:000
JOÃO ALMEIDA	VIRIATHVS RUNNERS VISEU	11357	2318	00:56:14	00:25:46:000
LUÍS LANÇA		11026	2319	00:56:14	00:25:46:000
PEDRO VÍLIA	Gang das Corridas	10099	2320	00:56:14	00:25:46:000
BRUNO FERNANDES	C. D. Amigos de Paco Nassa	10964	2321	00:56:14	00:25:46:000
RUI MONTEIRO		10235	2322	00:56:15	00:25:47:000
DOMINGOS BORGES	Os Antigos	12822	2323	00:56:15	00:25:47:000
FERNANDO CORREIA		10243	2324	00:56:15	00:25:47:000
HUGO SANTOS		16003	2325	00:56:15	00:25:47:000
DAVID RODRIGUES	Colaboradores SLB	16577	2326	00:56:15	00:25:47:000
LUIS GOMES	SS CGD	11565	2327	00:56:15	00:25:47:000
JOÃO MACIEL		17835	2328	00:56:16	00:25:48:000
TIAGO BALEIZAO		10986	2329	00:56:17	00:25:49:000
MÁRIO ALVES		11801	2330	00:56:17	00:25:49:000
SANDRA CARDOSO	GD-SBSI	10525	2331	00:56:17	00:25:49:000
GUILHERME GODINHO		12669	2332	00:56:17	00:25:49:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
OTELO PEREIRA	Grupo Alegre Unido Bajouca	12707	2333	00:56:18	00:25:50:000
MÁRKOSZ TOPALIDISZ	Sobreviventes	15117	2334	00:56:18	00:25:50:000
MICKAËL MENDES		10812	2335	00:56:18	00:25:50:000
SANTINO SANTANA	ASSOCIAÇÃO RICO DUELO	11445	2336	00:56:19	00:25:51:000
PEDRO BENEDITO		13217	2337	00:56:20	00:25:52:000
JORGE FIGUEIREDO	SS CGD	12419	2338	00:56:20	00:25:52:000
SONIA MACEDO	Correr em Évora	10752	2339	00:56:21	00:25:53:000
VLADIMIR KOPTEV		11786	2340	00:56:21	00:25:53:000
SILVIA CAMPOS		12320	2341	00:56:21	00:25:53:000
PEDRO ROSA	#letsrunazores	15662	2342	00:56:22	00:25:54:000
JAIME GOMES	SERVIÇOS SOCIAIS MONTEPIO	11971	2343	00:56:22	00:25:54:000
TIAGO PIRES		13680	2344	00:56:22	00:25:54:000
JOSÉ ALEXANDRE	Alexandre	14739	2345	00:56:22	00:25:54:000
SUSANA AMORIM	Correr Lisboa	14090	2346	00:56:24	00:25:56:000
MAURO SANTOS	Rumo ao Penta	12942	2347	00:56:24	00:25:56:000
LOUIS BLANCHARD	Sport Lisboa e Benfica	12238	2348	00:56:24	00:25:56:000
JOAO TEIXEIRA		11859	2349	00:56:25	00:25:57:000
DAVID BERRY		15930	2350	00:56:26	00:25:58:000
JOEL VINAGRE		13589	2351	00:56:26	00:25:58:000
PAULO RICARDO	Clube Novo Banco	11277	2352	00:56:27	00:25:59:000
PAULO SANTOS	Os Brutos do Xangai	11835	2353	00:56:27	00:25:59:000
DAVID LOPES		15032	2354	00:56:27	00:25:59:000
MIGUEL CÊRCA		15031	2355	00:56:27	00:25:59:000
ABRÃO BATISTA		15896	2356	00:56:28	00:26:00:000
RUI NOGUEIRA		10390	2357	00:56:28	00:26:00:000
HUGO BARATA		16302	2358	00:56:29	00:26:01:000
NUNO CANASTRA		12888	2359	00:56:29	00:26:01:000
SÓNIA COSTA		14174	2360	00:56:29	00:26:01:000
MÁRIO JOÃO TEIXEIRA COSTA		14173	2361	00:56:29	00:26:01:000
CÁTIA PRATAS	Clube Ferroviário de Portugal	14018	2362	00:56:30	00:26:02:000
IVONE CARDOSO LOURENÇO	Dá-me o 37	14970	2363	00:56:30	00:26:02:000
PAULO FERNANDES	Marretas	14120	2364	00:56:30	00:26:02:000
HUGO PARREIRA	VFCE	13594	2365	00:56:30	00:26:02:000
SAMUEL MARTINS	Solera Runners	14896	2366	00:56:31	00:26:03:000
PHILIPPE DIAS		14397	2367	00:56:31	00:26:03:000
WANDER NETO		15478	2368	00:56:31	00:26:03:000
DAVID FONSECA		14642	2369	00:56:31	00:26:03:000
ANTONIO SILVA		11207	2370	00:56:31	00:26:03:000
MARIA GORETI FERNANDES	Clube Cimpor	15704	2371	00:56:32	00:26:04:000
CRISTIANO SANTOS		10604	2372	00:56:32	00:26:04:000
FRANCISCO ROSA	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	12231	2373	00:56:33	00:26:05:000
MARISA BANHA		13216	2374	00:56:33	00:26:05:000
LUIS CONSTANTINO	CBE Team SLB	14730	2375	00:56:33	00:26:05:000
JOÃO REIS		11734	2376	00:56:34	00:26:06:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOSÉ BARREIRA		15766	2377	00:56:34	00:26:06:000
JOAO MOITEIRO		11184	2378	00:56:34	00:26:06:000
ALEXANDRA SANTOS	Pé de Atleta	13068	2379	00:56:34	00:26:06:000
NUNO PEREIRA		17886	2380	00:56:34	00:26:06:000
ANTONIO CORREIA	Grupo Amigos do Atletismo de Vila Franca de Xira	15780	2381	00:56:34	00:26:06:000
NUNO BARRADAS	Pé de Atleta	13069	2382	00:56:34	00:26:06:000
FÁBIO SANTOS	Run for Friends	14037	2383	00:56:34	00:26:06:000
PEDRO CABRAL BORGES	Central de Cerveja	16745	2384	00:56:35	00:26:07:000
RUI MIGUEL SILVA		10484	2385	00:56:36	00:26:08:000
VÍTOR MESQUITA	Escamados do Sorraia Runners	15942	2386	00:56:36	00:26:08:000
LUÍS SILVA	Sport Lisboa e Benfica	11522	2387	00:56:36	00:26:08:000
JOÃO PASCOAL	Escamados do Sorraia Runners	15941	2388	00:56:36	00:26:08:000
BRUNO SILVA		16194	2389	00:56:36	00:26:08:000
EUCLIDES CRUZ		15820	2390	00:56:36	00:26:08:000
DIOGO TOMAZ		14302	2391	00:56:37	00:26:09:000
BRUNO LOPO	Colaboradores SLB	16558	2392	00:56:37	00:26:09:000
PEDRO MIGUEL SILVA		15236	2393	00:56:37	00:26:09:000
MARCO CONCHINHA		11196	2394	00:56:38	00:26:10:000
JORGE JOURDAN	CCD PM CASCAIS	14297	2395	00:56:38	00:26:10:000
TIAGO SILVA	Serviços Sociais Montepio	11981	2396	00:56:38	00:26:10:000
LUIS MATIAS		10078	2397	00:56:38	00:26:10:000
LUIS FERREIRA		10446	2398	00:56:40	00:26:12:000
DUARTE CARVALHO	Individual	13002	2399	00:56:40	00:26:12:000
LUÍS TOSTE		14708	2400	00:56:40	00:26:12:000
LURDES GONÇALVES		14899	2401	00:56:40	00:26:12:000
ILIDIO ARTUR DOS SANTOS FARIA FARIA		14765	2402	00:56:41	00:26:13:000
ANTONIO AMARAL	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	12235	2403	00:56:41	00:26:13:000
LIGIA VALERIO	Pé de Atleta	13071	2404	00:56:41	00:26:13:000
BRUNO LIMA	CCD CRÉDITO AGRÍCOLA MÚTUO	12331	2405	00:56:42	00:26:14:000
LUIS PINTO		10994	2406	00:56:42	00:26:14:000
RICARDO ROMÃO	Fajarda runners	12686	2407	00:56:42	00:26:14:000
CLÁUDIO BAIXINHO	Urbanos	17915	2408	00:56:43	00:26:15:000
JOÃO PEQUITO		13172	2409	00:56:43	00:26:15:000
RICARDO SARMENTO		14169	2410	00:56:44	00:26:16:000
CLÁUDIO ANTUNES		11266	2411	00:56:44	00:26:16:000
AURELIO ARAUJO	As Lebres	12963	2412	00:56:44	00:26:16:000
TIAGO CAETANO		10811	2413	00:56:44	00:26:16:000
FILIPE RAMALHO	Correr Soc Rec da Granja	11650	2414	00:56:44	00:26:16:000
MARIANA FREIRE		0 14215	2415	00:56:45	00:26:17:000
ARMANDO DELGADO	Casa do Benfica da Figueira da Foz	11753	2416	00:56:45	00:26:17:000
CARLOS PEREIRA		12983	2417	00:56:45	00:26:17:000
JÚLIA CALISTO	Individual	16096	2418	00:56:45	00:26:17:000
CESAR SILVESTRE	Bruxos Runners	12489	2419	00:56:45	00:26:17:000
HENRIQUE VELOSO		10159	2420	00:56:45	00:26:17:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOÃO PRELHAZ		11466	2421	00:56:46	00:26:18:000
CARLOS PAULINO	Rochalazan	15167	2422	00:56:46	00:26:18:000
JOSÉ MARTINS		14127	2423	00:56:47	00:26:19:000
RICARDO GOMES		13277	2424	00:56:47	00:26:19:000
ORLANDO SANTOS	EX FEDERADOS	10092	2425	00:56:48	00:26:20:000
TIAGO SIMÕES	Run for Friends	13131	2426	00:56:49	00:26:21:000
LUÍS RESENDE		15107	2427	00:56:49	00:26:21:000
SÉRGIO ALMEIDA	PEPSICO	15365	2428	00:56:51	00:26:23:000
JOAQUIM VIANA		11440	2429	00:56:51	00:26:23:000
CARLOS ALBERTO SILVA	Corrida Noturna do Parque das Nações	15726	2430	00:56:52	00:26:24:000
ANA PAULA PATINHAS		12363	2431	00:56:53	00:26:25:000
MÁRIO RUI PATINHAS GOMES		12364	2432	00:56:54	00:26:26:000
MARCO CACHINHO	Kaninos	10816	2433	00:56:54	00:26:26:000
MIGUEL FERREIRA		13182	2434	00:56:54	00:26:26:000
JOHNNY DA SILVA		15631	2435	00:56:54	00:26:26:000
ANTÓNIO PINTO		14803	2436	00:56:55	00:26:27:000
RUI COSTA		12413	2437	00:56:55	00:26:27:000
MIGUEL LOPES		16260	2438	00:56:55	00:26:27:000
NUNO RAFAEL NEVES DE OLIVEIRA		12307	2439	00:56:56	00:26:28:000
TIAGO COSTA		10940	2440	00:56:56	00:26:28:000
TIAGO FERREIRA		14170	2441	00:56:56	00:26:28:000
MARISIA ÉVORA	Casa Benfica Torres Vedras	17838	2442	00:56:56	00:26:28:000
DANIEL CALHEIROS		12641	2443	00:56:58	00:26:30:000
DOMINGOS SILVA	SILVA	15973	2444	00:56:58	00:26:30:000
JOSÉ ALEXANDRE		10871	2445	00:56:59	00:26:31:000
DAGMAR BAPTISTA		10360	2446	00:56:59	00:26:31:000
ORLANDO COUTINHO		13667	2447	00:57:00	00:26:32:000
JOSÉ GASPAR		15934	2448	00:57:00	00:26:32:000
NUNO NUNES		10058	2449	00:57:00	00:26:32:000
MICAEL SOUSA		11319	2450	00:57:01	00:26:33:000
NUNO PEREIRA	Junta de Freguesia de Benfica	15310	2451	00:57:01	00:26:33:000
LUÍS FÉLIX		11351	2452	00:57:01	00:26:33:000
ANTÓNIO ALMEIDA		15585	2453	00:57:01	00:26:33:000
NUNO MARQUES		10825	2454	00:57:01	00:26:33:000
HENRIQUE TIAGO MARICATO FERREIRA		17928	2455	00:57:01	00:26:33:000
UMBELINA NUNES	INDEIVIDUAL	12626	2456	00:57:01	00:26:33:000
LUÍS PAULETA	CCCDV/Ondalux	13121	2457	00:57:01	00:26:33:000
JOÃO ANDRADE	CCCDV/Ondalux	13117	2458	00:57:01	00:26:33:000
JOÃO MARTINS	Colaboradores SLB	16619	2459	00:57:02	00:26:34:000
ANTÓNIO LUÍS MATOS	Manilhas	12609	2460	00:57:02	00:26:34:000
ANTONIO ALVES	Marriott Lisboa	15215	2461	00:57:02	00:26:34:000
PEDRO LARANJEIRA	SS CGD	15519	2462	00:57:02	00:26:34:000
MARCO APARÍCIO	Run & Bota-Abaixo	10102	2463	00:57:03	00:26:35:000
JOÃO RIBEIRO		10206	2464	00:57:03	00:26:35:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ÉLIO SALSINHA	Colaboradores SLB	16584	2465	00:57:03	00:26:35:000
EDGAR RAFAEL	Casa do Benfica em Algueirão Mem Martins-Sintra	14044	2466	00:57:03	00:26:35:000
RAQUEL TEIXEIRA	ONDA TEAM	12813	2467	00:57:03	00:26:35:000
CAROLINA MARQUÊS		10915	2468	00:57:03	00:26:35:000
RENATO GUILHERME	Caracóis de Pedra	13607	2469	00:57:03	00:26:35:000
MIGUEL SAMPAIO		11876	2470	00:57:03	00:26:35:000
JOÃO PEDRO RODRIGUES		15765	2471	00:57:03	00:26:35:000
LUIS OURIVES	AzarujaBTT	10629	2472	00:57:04	00:26:36:000
JORGE LEITÃO	Caracóis de Pedra	13608	2473	00:57:04	00:26:36:000
ADRIANA DIAS		15371	2474	00:57:04	00:26:36:000
JOÃO MELO	ONDA TEAM	12816	2475	00:57:04	00:26:36:000
PEDRO CORREIA	SAM'S Lda	14941	2476	00:57:04	00:26:36:000
JOAO MIRANDA		11112	2477	00:57:04	00:26:36:000
RUBEN SILVA	VSRunners	13530	2478	00:57:05	00:26:37:000
ANTONIO MARTINS		11113	2479	00:57:05	00:26:37:000
SARA IDEIAS		13756	2480	00:57:05	00:26:37:000
RUI MARQUES		13866	2481	00:57:05	00:26:37:000
BRUNO GUERREIRO	Colaboradores SLB	16563	2482	00:57:05	00:26:37:000
ERIN MAGRISI		15235	2483	00:57:05	00:26:37:000
MARCO XAVIER		13669	2484	00:57:05	00:26:37:000
PEDRO RODRIGUES	URBANOS 1	15198	2485	00:57:06	00:26:38:000
ANTÓNIO MOREIRA		16070	2486	00:57:06	00:26:38:000
ANTÓNIO GOUVEIA		10585	2487	00:57:07	00:26:39:000
PEDRO NOBRE		13242	2488	00:57:07	00:26:39:000
ANDRÉ BERNARDO	Hospital da Luz	16354	2489	00:57:07	00:26:39:000
ALEXANDRE DRAKE	Os Galgos	17894	2490	00:57:07	00:26:39:000
SÉRGIO QUINTEIRO	Hospital da Luz	16353	2491	00:57:07	00:26:39:000
ARLINDO MADURO	TOMAR RUNNERS	12563	2492	00:57:08	00:26:40:000
LUIS FAZENDEIRO		12450	2493	00:57:08	00:26:40:000
PEDRO ROQUE		12518	2494	00:57:09	00:26:41:000
NUNO INVERNO		15287	2495	00:57:09	00:26:41:000
FRANCISCO CLERIGO	SSCGD	11336	2496	00:57:10	00:26:42:000
JACINTO BATISTA	Casa Benfica Seixal	14523	2497	00:57:10	00:26:42:000
PEDRO CORREIA	Link	13397	2498	00:57:10	00:26:42:000
ANDREIA ALVES	Jogging Lovers Coimbra	14084	2499	00:57:11	00:26:43:000
CARLOS CHAVES		11141	2500	00:57:11	00:26:43:000
LUIS MARQUES		10601	2501	00:57:11	00:26:43:000
VASCO CANDEIAS		10987	2502	00:57:12	00:26:44:000
RITA PILOTO		12150	2503	00:57:12	00:26:44:000
RUBEN DUARTE	MLG	14471	2504	00:57:13	00:26:45:000
JOSÉ LOPES		10274	2505	00:57:14	00:26:46:000
VANDA PEREIRA		13095	2506	00:57:14	00:26:46:000
BRUNO ORNELAS	Procensus	15870	2507	00:57:14	00:26:46:000
NUNO EMÍDIO	GestiRunner	15115	2508	00:57:14	00:26:46:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
SÉRGIO MARTINS	Colaboradores SLB	16740	2509	00:57:15	00:26:47:000
CARLOS SANTOS	As Toupeiras	14800	2510	00:57:16	00:26:48:000
AMILCAR PÓVOA	CA AMIGOS PARQUE DA PAZ	11552	2511	00:57:16	00:26:48:000
PEDRO LOURENÇO		11623	2512	00:57:17	00:26:49:000
RICARDO SILVA SOUSA	Serviços Sociais Montepio	11978	2513	00:57:17	00:26:49:000
JOÃO BENEVIDES	Serviços Sociais Montepio	11972	2514	00:57:17	00:26:49:000
ANTÓNIO CARDOSO MACHADO		16316	2515	00:57:19	00:26:51:000
ANTÓNIO VIEGAS		11364	2516	00:57:20	00:26:52:000
JOÃO NIZA	FunBus	13933	2517	00:57:20	00:26:52:000
SANDRA ALVES		15919	2518	00:57:20	00:26:52:000
ANTÓNIO PAIVA		12369	2519	00:57:21	00:26:53:000
SÉRGIO RAFAEL FIGUEIRA OLIVEIRA		15355	2520	00:57:21	00:26:53:000
NUNO FERNANDES		14283	2521	00:57:24	00:26:56:000
HUGO MARQUES		13008	2522	00:57:25	00:26:57:000
ALFREDO ANTUNES		13021	2523	00:57:25	00:26:57:000
ALBERTO OLIVEIRA		13829	2524	00:57:25	00:26:57:000
MARCO MARQUES		13925	2525	00:57:25	00:26:57:000
JOÃO FILIPE FRADE	CLUBE COLABORADORES AGEAS	11769	2526	00:57:25	00:26:57:000
PAULO FERNANDES	Cartaxo Night Runners	10142	2527	00:57:26	00:26:58:000
FERNANDO RAMALHETE		16750	2528	00:57:26	00:26:58:000
FRANCISCO RAMOS	C.F. Os Lamisgas	16210	2529	00:57:26	00:26:58:000
TIAGO ANDRÉ	C.F. Os Lamisgas	16211	2530	00:57:26	00:26:58:000
NUNO SANTOS		14534	2531	00:57:27	00:26:59:000
RICARDO CARDOSO		12984	2532	00:57:27	00:26:59:000
MARCO SANTOS		11723	2533	00:57:27	00:26:59:000
CARLOS FERNANDES		12359	2534	00:57:27	00:26:59:000
DAMIÃO REGA	Individual	10733	2535	00:57:28	00:27:00:000
MARIO PEREIRA	SS CGD	14784	2536	00:57:29	00:27:01:000
ANGELO MARCOS		12684	2537	00:57:29	00:27:01:000
PEDRO GONÇALVES		15200	2538	00:57:30	00:27:02:000
HELDER PINTO	RUMO AO P3N7A	11719	2539	00:57:30	00:27:02:000
CARLOS LUZIA	Jobrinde - Montes Saloios	15306	2540	00:57:30	00:27:02:000
CARLOS TEÓFILO		14683	2541	00:57:30	00:27:02:000
ANDREIA COSTA		11084	2542	00:57:31	00:27:03:000
FRANCISCO CAMPOS		12207	2543	00:57:31	00:27:03:000
NUNO MENDES		12206	2544	00:57:31	00:27:03:000
RICARDO CORREIA		11797	2545	00:57:31	00:27:03:000
MIGUEL DANTAS		14155	2546	00:57:32	00:27:04:000
PAULO SOARES	CCD Siemens	14224	2547	00:57:32	00:27:04:000
NUNO ROSA		11906	2548	00:57:32	00:27:04:000
BRUNO ROCHA	CCD CRÉDITO AGRÍCOLA MÚTUO	12332	2549	00:57:32	00:27:04:000
ROZIREZ FERREIRA		11827	2550	00:57:33	00:27:05:000
GABRIEL LOPES		16262	2551	00:57:34	00:27:06:000
JOSE VERMELHUDO	NAV RUNNERS	10959	2552	00:57:34	00:27:06:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
OLGA BORGES	SS CGD	11703	2553	00:57:35	00:27:07:000
PEDRO OLIVEIRA		16286	2554	00:57:35	00:27:07:000
LUISA LANDEIRO	SS CGD	11568	2555	00:57:35	00:27:07:000
ANDRÉ SANTOS	SERVIÇOS SOCIAIS RSB/JACINTO	13184	2556	00:57:35	00:27:07:000
PAULO CARDEIRA	Pinhal novo a correr	14017	2557	00:57:36	00:27:08:000
PEDRO CUNHA		11145	2558	00:57:36	00:27:08:000
DANIEL DELGADO	Twopikas	14878	2559	00:57:36	00:27:08:000
MARCO ALEXANDRE SILVA		11211	2560	00:57:36	00:27:08:000
NUNO ALVES		10859	2561	00:57:36	00:27:08:000
PAULO PINTO CORREIA	Colaboradores SLB	16696	2562	00:57:37	00:27:09:000
MIGUEL SERRA	Colaboradores SLB	16671	2563	00:57:37	00:27:09:000
HUGO ALMEIDA		11799	2564	00:57:37	00:27:09:000
LUIS MENDONÇA	SERVIÇOS SOCIAIS RSB/JACINTO	13188	2565	00:57:37	00:27:09:000
JOÃO MELO	URBAN RUN TEAM	12960	2566	00:57:38	00:27:10:000
DIOGO SILVA		17946	2567	00:57:39	00:27:11:000
GONÇALO ALVES	Colaboradores SLB	16601	2568	00:57:39	00:27:11:000
MARIA NORONHA	bora bora	15246	2569	00:57:39	00:27:11:000
JOÃO PAULO DIAS		13764	2570	00:57:40	00:27:12:000
HUGO PIMENTEL		14042	2571	00:57:40	00:27:12:000
DANIEL FILIPE GROU CARVALHO	PROJEA - Arquitectura e Engenharia, Lda.	10972	2572	00:57:40	00:27:12:000
RICARDO MARQUES		12790	2573	00:57:41	00:27:13:000
MARIA PIRES	Clube Ferroviário de Portugal	14019	2574	00:57:41	00:27:13:000
CARLA SIMÕES	Hospital da Luz	16370	2575	00:57:41	00:27:13:000
ALTINO GONÇALVES		12478	2576	00:57:42	00:27:14:000
DAVID TADEU		15140	2577	00:57:42	00:27:14:000
NELSON GIL	TABAQUEIRA	15729	2578	00:57:43	00:27:15:000
NUNO VALADA	SS CGD	12051	2579	00:57:44	00:27:16:000
NOELIA MARTÍNEZ	TARTARUGAS	16168	2580	00:57:45	00:27:17:000
RAMIRO BORREGO	VERMELHOS DA MARGEM SUL	12630	2581	00:57:45	00:27:17:000
LUIS SILVA	VERMELHOS DA MARGEM SUL	12629	2582	00:57:46	00:27:18:000
MASSIMO CATEMARIO	Team D. Antunes	10732	2583	00:57:46	00:27:18:000
RODRIGO MARTINS	Os Orlandos	11476	2584	00:57:47	00:27:19:000
MARCOS TENÓRIO	GANG BELVER	14661	2585	00:57:47	00:27:19:000
NUNO SARAIVA		12160	2586	00:57:47	00:27:19:000
FERNANDO SARAIVA		12161	2587	00:57:47	00:27:19:000
ANIBAL CARVALHO		15036	2588	00:57:47	00:27:19:000
FILIPA EVANGELISTA	TABAQUEIRA	15746	2589	00:57:48	00:27:20:000
VÂNIA LEAL	Colaboradores SLB	16442	2590	00:57:48	00:27:20:000
LUÍS SOBREIRA	trepa montes	12725	2591	00:57:48	00:27:20:000
BRUNO SILVA		12866	2592	00:57:49	00:27:21:000
EDMUNDO JESUS	AMICICLO GRÂNDOLA	15568	2593	00:57:49	00:27:21:000
HUGO GOMES	Pinhal novo a correr	13372	2594	00:57:49	00:27:21:000
JOÃO BASTOS		13340	2595	00:57:50	00:27:22:000
RICARDO LOURO	ASSOCIAÇÃO RICO DUELO	11446	2596	00:57:50	00:27:22:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PAULO DEYLLOT	Clube Desportivo Ribeirense	14357	2597	00:57:51	00:27:23:000
RICARDO CAVALEIRO		12407	2598	00:57:52	00:27:24:000
RAQUEL RELVAS	Gurus	12140	2599	00:57:52	00:27:24:000
MARISA SANTOS	GDC PORTOS DE SINES E DO ALGARVE	12008	2600	00:57:53	00:27:25:000
SARA RAMOS	Amigos Atletismo Mafra	15913	2601	00:57:53	00:27:25:000
ALEXANDRE SANTOS	GDC PORTOS DE SINES E DO ALGARVE	12009	2602	00:57:53	00:27:25:000
TELMO CAETANO		16015	2603	00:57:53	00:27:25:000
DANIEL JANEIRO	GURUS	15100	2604	00:57:53	00:27:25:000
VIRGÍLIO NOIVA		15868	2605	00:57:53	00:27:25:000
PEDRO RELVAS	Gurus	12139	2606	00:57:53	00:27:25:000
JOSÉ SERAFIM	Grupo Amigos do Atletismo de Vila Franca de Xira	13984	2607	00:57:54	00:27:26:000
FERNANDO ROSADO		14860	2608	00:57:54	00:27:26:000
RICARDO BRÁS		13267	2609	00:57:54	00:27:26:000
LUIS MATOS		14535	2610	00:57:55	00:27:27:000
JOÃO RAMOS	Escamados do Sorraia Runners	15943	2611	00:57:55	00:27:27:000
RAUL DAMAS		12412	2612	00:57:56	00:27:28:000
ALEXANDRA SIMÃO	CASA DO BENFICA EM ABRANTES	16073	2613	00:57:57	00:27:29:000
CRISTIANA CUNHA		11624	2614	00:57:57	00:27:29:000
GONÇALO CARDOSO		10258	2615	00:57:57	00:27:29:000
PAULO SIMÃO	CASA DO BENFICA EM ABRANTES	16074	2616	00:57:57	00:27:29:000
GENEROSA CATARRO	ACM Montemor a Correr	14432	2617	00:57:58	00:27:30:000
SAMUEL CINZAS	ACM Montemor a Correr	14431	2618	00:57:58	00:27:30:000
JANE SILVA	Scalabis Night Runners	12002	2619	00:57:58	00:27:30:000
ALEXANDRE SILVA		15926	2620	00:57:59	00:27:31:000
ANDRE CHIBELES		15418	2621	00:57:59	00:27:31:000
JOSÉ SILVA		12867	2622	00:57:59	00:27:31:000
RUBEN SILVA		11631	2623	00:57:59	00:27:31:000
CARLOS MARQUES		12791	2624	00:58:00	00:27:32:000
CARLOS CAGICA	CCD Siemens	14218	2625	00:58:00	00:27:32:000
MÁRIO SILVA		12868	2626	00:58:00	00:27:32:000
FABIO GAUDÊNCIO	Hospital da Luz	16388	2627	00:58:00	00:27:32:000
GESSINA MENDES	Matilha Radical	11395	2628	00:58:01	00:27:33:000
MÁRIO ANJO	Matilha Radical	11394	2629	00:58:01	00:27:33:000
MARCO VICENTE		13475	2630	00:58:01	00:27:33:000
JOSÉ COSTA	Viriathvs Runners Viseu	11907	2631	00:58:01	00:27:33:000
EDUARDO FIGUEIREDO	Clube Novo Banco	11299	2632	00:58:01	00:27:33:000
SÉRGIO CANÁRIO		14602	2633	00:58:02	00:27:34:000
FILIPE COSTA	Queiroz Santos Costa	17561	2634	00:58:02	00:27:34:000
LURDES SILVA	Os Tugas	13229	2635	00:58:02	00:27:34:000
HELENA VASCONCELOS		16291	2636	00:58:02	00:27:34:000
SÉRGIO FIGUEIREDO		13233	2637	00:58:03	00:27:35:000
PAULO ANTUNES	VERMELHOS DA MARGEM SUL	12632	2638	00:58:03	00:27:35:000
ANN MACPHERSON	EMSA	15243	2639	00:58:03	00:27:35:000
INÉS BERNARDO		10344	2640	00:58:03	00:27:35:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
HUGO J. SOBREIRA		10126	2641	00:58:03	00:27:35:000
RUI BRUNHETA		12718	2642	00:58:03	00:27:35:000
LUÍS BASTOS		12621	2643	00:58:04	00:27:36:000
GABRIEL ALEGRE	Afis/Ovar	14488	2644	00:58:04	00:27:36:000
SUZINHA FERREIRA	Amcf - Arrábida Trail Team	10754	2645	00:58:04	00:27:36:000
CARLOS CAMPOS	Afis/Ovar	13814	2646	00:58:05	00:27:37:000
MIGUEL VIEIRA PITA	AVP Racing Team	10033	2647	00:58:05	00:27:37:000
TIAGO COSTA		11398	2648	00:58:05	00:27:37:000
VITOR MOREIRA	Clube EDP Lisboa	11813	2649	00:58:06	00:27:38:000
BÁRBARA GONÇALVES		16289	2650	00:58:06	00:27:38:000
JOÃO RIBEIRO		11462	2651	00:58:06	00:27:38:000
FRANCISCO TEIXEIRA		10329	2652	00:58:06	00:27:38:000
RICARDO VEIGA	Veigas	12452	2653	00:58:07	00:27:39:000
JULIANA ROGERIO		13478	2654	00:58:07	00:27:39:000
JOÃO CARRILHO		14891	2655	00:58:07	00:27:39:000
ANTONIO MELGAO		16101	2656	00:58:07	00:27:39:000
MARCOS PEREIRA		10850	2657	00:58:07	00:27:39:000
FILIPE PEREIRA		13283	2658	00:58:07	00:27:39:000
FERNANDO ROBLES		13219	2659	00:58:08	00:27:40:000
LUIZA MOURÃO	CCD CRÉDITO AGRÍCOLA MÚTUO	12342	2660	00:58:08	00:27:40:000
NUNO MARTINS	RUN FORREST RUN	11577	2661	00:58:08	00:27:40:000
SÍLVIA LOURENÇO		12215	2662	00:58:08	00:27:40:000
DOLORES PRATAS		12634	2663	00:58:09	00:27:41:000
TIAGO FRANCO		12724	2664	00:58:09	00:27:41:000
BRUNO GONÇALVES		10072	2665	00:58:09	00:27:41:000
JOSÉ CATITA		15232	2666	00:58:09	00:27:41:000
JOÃO FEITEIRA	Sport Arronches e Benfica	10167	2667	00:58:10	00:27:42:000
LUIS COUTINHO	Mad Max Team	10589	2668	00:58:10	00:27:42:000
FERNANDO COUTINHO	Mad Max Team	10590	2669	00:58:10	00:27:42:000
JOÃO SIMÕES		17828	2670	00:58:10	00:27:42:000
LUÍSA AREIA	Grupo Alegre Unido Bajouca	12705	2671	00:58:11	00:27:43:000
CÁRMEN NEVES		15415	2672	00:58:11	00:27:43:000
CATARINA LEITÃO	Individual	15056	2673	00:58:11	00:27:43:000
CARLOS TEIXEIRA	lebres e tartarugas	15608	2674	00:58:11	00:27:43:000
NUNO FERREIRA	marvila jovem	11076	2675	00:58:11	00:27:43:000
MANUEL MARCOS	CASA DO BENFICA EM ABRANTES	16069	2676	00:58:12	00:27:44:000
EUGÉNIA QUINTINO		14040	2677	00:58:12	00:27:44:000
MARIA QUINTINO		14041	2678	00:58:13	00:27:45:000
SARA BARATA		16269	2679	00:58:13	00:27:45:000
ODETE BARBAS	ACPortalegre/UTSM	16115	2680	00:58:13	00:27:45:000
FRANCISCO GOMES		11471	2681	00:58:13	00:27:45:000
JOAQUIM PINTO		13327	2682	00:58:13	00:27:45:000
ANTÓNIO FARIA		10522	2683	00:58:14	00:27:46:000
ANTONIO SILVA	Serralharia Agostinho Duarte	14196	2684	00:58:15	00:27:47:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MIGUEL SILVA		11691	2685	00:58:15	00:27:47:000
JORGE ALMEIDA	LH Ginásio - Amora	14310	2686	00:58:15	00:27:47:000
JOÃO RIGUEIRO		14319	2687	00:58:15	00:27:47:000
CAROLINA MANHA		14719	2688	00:58:16	00:27:48:000
ANTÓNIO FERNANDES		10765	2689	00:58:16	00:27:48:000
JOSÉ FARRICA		12855	2690	00:58:16	00:27:48:000
ANTÓNIO MAJOR	Rotas dos Vinhos de Portugal	15850	2691	00:58:16	00:27:48:000
ANÍBAL LOUREIRO		15691	2692	00:58:16	00:27:48:000
MANUEL PEREIRA	Clinica dos Relógios	14925	2693	00:58:16	00:27:48:000
ARTUR NASCIMENTO		17803	2694	00:58:17	00:27:49:000
JOÃO MENDONÇA		15162	2695	00:58:17	00:27:49:000
JORGE ESTEVES		13561	2696	00:58:17	00:27:49:000
RITA SILVA		15161	2697	00:58:18	00:27:50:000
FILIPE ROSÁRIO		15800	2698	00:58:18	00:27:50:000
ELSA MOTA		13560	2699	00:58:18	00:27:50:000
BRUNO FREIRE	UHU Portugal	15007	2700	00:58:18	00:27:50:000
INÊS TEIXEIRA	UHU Portugal	15009	2701	00:58:18	00:27:50:000
PEDRO SILVA		13375	2702	00:58:19	00:27:51:000
INÊS DE SALES RIBEIRO		10254	2703	00:58:19	00:27:51:000
MAURO CASTRO		10432	2704	00:58:19	00:27:51:000
BRUNO VEIGA	Veigas	12479	2705	00:58:20	00:27:52:000
BRUNO PEREIRA		11880	2706	00:58:20	00:27:52:000
JOÃO PACA		10900	2707	00:58:20	00:27:52:000
FRANCISCO PIRES	FunBus	13932	2708	00:58:21	00:27:53:000
ANTÓNIO SANTOS	Papapedras	11257	2709	00:58:21	00:27:53:000
CARLA PINTO FERNANDES	Correr Lisboa	14002	2710	00:58:21	00:27:53:000
XICO DOMINGOS	miúdos e graúdos	11553	2711	00:58:21	00:27:53:000
MARIA JOÃO OLIVEIRA		15518	2712	00:58:22	00:27:54:000
JOÃO LEIRIA		13280	2713	00:58:22	00:27:54:000
PEDRO CARMO		10158	2714	00:58:22	00:27:54:000
PEDRO CARVALHO	Carvalhini	16136	2715	00:58:22	00:27:54:000
TIAGO RODRIGUES		17522	2716	00:58:22	00:27:54:000
CARLA RIBEIRO	happy runners	11863	2717	00:58:22	00:27:54:000
JOAQUIM PAULINO	CAL - Clube Atletismo de Lamas	11152	2718	00:58:23	00:27:55:000
SOFIA MORGADO	100NOÇÃO	11359	2719	00:58:23	00:27:55:000
DIOGO CASTELO BRANCO		11001	2720	00:58:23	00:27:55:000
PEDRO SANTOS	Papapedras	11258	2721	00:58:24	00:27:56:000
CARINA CONDEÇO		11043	2722	00:58:24	00:27:56:000
BERNARDO PACA		10901	2723	00:58:24	00:27:56:000
IVO RODRIGUES		10345	2724	00:58:24	00:27:56:000
TIAGO EVORA		15816	2725	00:58:24	00:27:56:000
ANDRE ROLDAO	individual	13481	2726	00:58:24	00:27:56:000
ANDRÉ CALDEIRA		10045	2727	00:58:24	00:27:56:000
RUI VARANDA	Os Galgos	15538	2728	00:58:25	00:27:57:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
DANIEL SÃO PEDRO		12142	2729	00:58:26	00:27:58:000
NUNO RITO		16296	2730	00:58:26	00:27:58:000
VÍTOR FERREIRA		15887	2731	00:58:26	00:27:58:000
RUI AMADOR	Gang do Amendoim	10927	2732	00:58:26	00:27:58:000
ERNESTO PRATAS		12633	2733	00:58:27	00:27:59:000
JOAQUIM MANUEL LOPES		14668	2734	00:58:27	00:27:59:000
MARIA DO CÉU CARVALHO	Tartarugas Solidarias	11274	2735	00:58:27	00:27:59:000
ANA SILVA		11106	2736	00:58:27	00:27:59:000
RENATO MORAIS		16299	2737	00:58:27	00:27:59:000
HELENA SOARES	FitRunners	11048	2738	00:58:27	00:27:59:000
BÁRBARA PENICHE		13757	2739	00:58:27	00:27:59:000
JORGE PARDAL		16300	2740	00:58:28	00:28:00:000
SANDRO SILVA	Individual	10654	2741	00:58:28	00:28:00:000
EDUARDO PATRÍCIO	BPI	15080	2742	00:58:28	00:28:00:000
MÁRCIO ALMEIDA		11673	2743	00:58:28	00:28:00:000
LUIS TAVARES	SS CGD	11567	2744	00:58:28	00:28:00:000
RAFAEL BARRELA		0 11687	2745	00:58:29	00:28:01:000
MIGUEL CARVALHO	Carvalhini	16135	2746	00:58:29	00:28:01:000
GUSTAVO BAPTISTA		15831	2747	00:58:29	00:28:01:000
PAULO LOPES	Casa Benfica Seixal	13777	2748	00:58:30	00:28:02:000
ALEXANDRE CANADAS CARVALHO	Carvalhini	16134	2749	00:58:30	00:28:02:000
MIGUEL MARTINS		12557	2750	00:58:30	00:28:02:000
JOSÉ RIBEIRO	Casa do Benfica em Almodôvar	15902	2751	00:58:31	00:28:03:000
JOSÉ RIBEIRO	Casa do Benfica em Almodôvar	15903	2752	00:58:31	00:28:03:000
SILVINO MARTINS	NAPJ	11053	2753	00:58:31	00:28:03:000
ADELINO FORTUNATO	Casa Benfica Seixal	13551	2754	00:58:31	00:28:03:000
DAVID FEIJÃO	Lebres com Carapaça	10035	2755	00:58:32	00:28:04:000
NUNO ALMEIDA		11517	2756	00:58:32	00:28:04:000
DINA SILVA	Lebres com Carapaça	10036	2757	00:58:32	00:28:04:000
PEDRO RODRIGUES		15417	2758	00:58:32	00:28:04:000
MARCO CANADA	FURAS	15416	2759	00:58:32	00:28:04:000
ADRIANA LOPERA		11052	2760	00:58:34	00:28:06:000
RUI GRILO		15953	2761	00:58:34	00:28:06:000
CRISTINA SILVA	Laborspirit	14821	2762	00:58:36	00:28:08:000
HELDEBERTO SANTOS	STCP Runners	10140	2763	00:58:36	00:28:08:000
ANDRÉ ALVES		14684	2764	00:58:36	00:28:08:000
LINA MARIA JESUS FRANCISCO	CABarreira	11202	2765	00:58:37	00:28:09:000
MIGUEL OLIVEIRA		15466	2766	00:58:37	00:28:09:000
JOÃO VERDE	Individual	10213	2767	00:58:37	00:28:09:000
ARMÉNIO VICENTE		13144	2768	00:58:37	00:28:09:000
PEDRO DIAS	CATEDRAL DA CERVEJA	15529	2769	00:58:38	00:28:10:000
PAULO BRÁS		16217	2770	00:58:38	00:28:10:000
HELENA ROSA	N. A. PAPAGAIOS DE CASCAIS	11436	2771	00:58:39	00:28:11:000
RUI OLIVEIRA		14513	2772	00:58:39	00:28:11:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MARCOS DUARTE		12417	2773	00:58:40	00:28:12:000
NUNO TRINDADE	Banco Atlantico Europa	15462	2774	00:58:40	00:28:12:000
BRUNO CANTINHO		17829	2775	00:58:40	00:28:12:000
BEATRIZ MORGADO		14374	2776	00:58:41	00:28:13:000
RUI GOMES		10911	2777	00:58:41	00:28:13:000
JOANA ZAGALO	Extramile	10349	2778	00:58:42	00:28:14:000
GONÇALO ALMEIDA		14444	2779	00:58:42	00:28:14:000
ANTÓNIO FERNANDES		13132	2780	00:58:42	00:28:14:000
MANUEL MAIA	CLAC - Entroncamento	13164	2781	00:58:43	00:28:15:000
MIGUEL VINAGRE	CCD CRÉDITO AGRÍCOLA MÚTUO	12345	2782	00:58:43	00:28:15:000
OSCAR BRITO	Atlantico Europa	15463	2783	00:58:43	00:28:15:000
PEDRO MATOS	AGE SEGUROS	11160	2784	00:58:43	00:28:15:000
JOÃO PEREIRA		16301	2785	00:58:44	00:28:16:000
NUNO LOPES	AD SwimTurtles	12167	2786	00:58:44	00:28:16:000
LUIS FERREIRA	Sri Chinmoy Marathon Team	15384	2787	00:58:45	00:28:17:000
JORGE AIRES		16002	2788	00:58:45	00:28:17:000
DANIEL RUI GAMADO		11492	2789	00:58:45	00:28:17:000
NUNO GOMES	Clube EDP Lisboa	11809	2790	00:58:45	00:28:17:000
SOFIA BATISTA		11262	2791	00:58:46	00:28:18:000
JORGE SILVA	benfica	13662	2792	00:58:46	00:28:18:000
VERA PAULO	Colaboradores SLB	16445	2793	00:58:46	00:28:18:000
JOSE ALBERTO	BPI	15081	2794	00:58:46	00:28:18:000
DIOGO COSTA		10836	2795	00:58:46	00:28:18:000
MÁRIO FARIA	TIBCO	10353	2796	00:58:47	00:28:19:000
NUNO MESQUITA		10711	2797	00:58:47	00:28:19:000
RUI ABELHO		11030	2798	00:58:48	00:28:20:000
ISABEL CAPARICA		15088	2799	00:58:48	00:28:20:000
EMANUEL SILVESTRE		13547	2800	00:58:48	00:28:20:000
JORGE GOMES	Clube Desportivo Moitense	13492	2801	00:58:48	00:28:20:000
ISABEL GOMES	Clube Desportivo Moitense	13493	2802	00:58:48	00:28:20:000
JOSÉ INOCÊNCIO	Casa do Benfica em Algueirão Mem Martins-Sintra	14244	2803	00:58:48	00:28:20:000
JOAO NETO	Mexe-Te Mó Olhão	15121	2804	00:58:51	00:28:23:000
PAULINO SILVA		10707	2805	00:58:51	00:28:23:000
VALTER RIBEIRO	Gaeiras Running Team	10187	2806	00:58:52	00:28:24:000
PAULO TEIXEIRA		17940	2807	00:58:53	00:28:25:000
CARLOS RODRIGUES		13467	2808	00:58:53	00:28:25:000
FERNANDO LOPES		12090	2809	00:58:53	00:28:25:000
HUMBERTO SOEIMA	Zarvans	10497	2810	00:58:54	00:28:26:000
ÂNGELA SANTOS		10498	2811	00:58:54	00:28:26:000
MARIA SILVA		16221	2812	00:58:54	00:28:26:000
ANDRÉ LOPES		10896	2813	00:58:54	00:28:26:000
TCHERNO EMBALÓ		14769	2814	00:58:55	00:28:27:000
MANUEL PEDRO		12721	2815	00:58:55	00:28:27:000
CARLOS CABAÇO		15586	2816	00:58:55	00:28:27:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
CARLOS CHANÇA	Eggbite	12379	2817	00:58:55	00:28:27:000
JOANA SOUSA	CASA DO BENFICA EM CASTELO BRANCO	14229	2818	00:58:56	00:28:28:000
LUIS REBELO		15522	2819	00:58:57	00:28:29:000
JULIÃO OLEIRO	Run for Friends	12532	2820	00:58:57	00:28:29:000
JOÃO NASCIMENTO	Huawei Portugal	15581	2821	00:58:58	00:28:30:000
CRISTINA LAVRADOR	Run&Smile	10221	2822	00:58:58	00:28:30:000
LUÍS NETO	Carapaus de Corrida	10026	2823	00:58:58	00:28:30:000
GEORGIY CHERNOBAY		15815	2824	00:58:58	00:28:30:000
ISAAC CARRÉLO	CLUBE ANACOM	14528	2825	00:58:59	00:28:31:000
SÉRGIO ANTUNES	CLUBE ANACOM	14525	2826	00:58:59	00:28:31:000
FABIO LIMA		15096	2827	00:58:59	00:28:31:000
PAULO DIAS	Clube REN	14760	2828	00:58:59	00:28:31:000
JOÃO FERREIRA		15094	2829	00:58:59	00:28:31:000
CARMINDA PIRES	Individual	10734	2830	00:58:59	00:28:31:000
LUIS RIBEIRO	Colaboradores SLB	16645	2831	00:59:00	00:28:32:000
LUIS DINIS		11444	2832	00:59:00	00:28:32:000
RUI PINTO	GD-SBSI	10534	2833	00:59:01	00:28:33:000
PAULO VARANDAS	pace.makers	12306	2834	00:59:02	00:28:34:000
JORGE GIL		0 13241	2835	00:59:02	00:28:34:000
FAUSTINA MARIA CORREIA REIS	PROJEA-Arquitectura e Engenharia, Lda.	10651	2836	00:59:03	00:28:35:000
GUSTAVO BASTOS		12511	2837	00:59:03	00:28:35:000
TIAGO ROMÃO		12951	2838	00:59:03	00:28:35:000
AIRES ILDEFONSO	Cabeleireiro Moda Jovem	13894	2839	00:59:03	00:28:35:000
CARLOS SOUSA	APOGMA	12856	2840	00:59:03	00:28:35:000
ANA PEREIRA	Individual	13495	2841	00:59:04	00:28:36:000
JOSÉ EUGÉNIO	PROJEA Arquitetura e Engenharia	11372	2842	00:59:04	00:28:36:000
RUI ÁGUA BOA	CLUBE COLABORADORES AGEAS	11776	2843	00:59:04	00:28:36:000
VANDA SEQUEIRA	CLUBE COLABORADORES AGEAS	11781	2844	00:59:04	00:28:36:000
ANA PAULA MATIAS	CLUBE COLABORADORES AGEAS	11762	2845	00:59:04	00:28:36:000
JOÃO SANTOS		12409	2846	00:59:05	00:28:37:000
JOÃO RODRIGUES	Individual	12688	2847	00:59:05	00:28:37:000
JOSÉ OLIVEIRA		11131	2848	00:59:05	00:28:37:000
MARIO RAMOS	APOGMA	12858	2849	00:59:05	00:28:37:000
FERNANDO SOBRAL	G.D.R. São Francisco da Serra	14405	2850	00:59:05	00:28:37:000
PAULO CRUZ	BRR Night Runners	14621	2851	00:59:05	00:28:37:000
JOSÉ MANUEL SERRENHO		15642	2852	00:59:05	00:28:37:000
FILIPE LOURENÇO		11375	2853	00:59:05	00:28:37:000
MANUEL LOPES	VERMELHOS DA MARGEM SUL	12627	2854	00:59:07	00:28:39:000
CÉLIA CALADO	Clube Desportivo Ribeirense	14348	2855	00:59:07	00:28:39:000
JOSÉ SERRANO		14107	2856	00:59:08	00:28:40:000
JOÃO GILBERTO DE ABREU	Correr Loures	15034	2857	00:59:09	00:28:41:000
VERA QUEIROS	Vitoria futebol clube	14840	2858	00:59:09	00:28:41:000
ANDRÉ GONÇALVES		11222	2859	00:59:10	00:28:42:000
IRIS MAURICIO	RunLovers	12571	2860	00:59:10	00:28:42:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
LÍDIA VIEIRA		14903	2861	00:59:10	00:28:42:000
MARCO NUNES		15106	2862	00:59:11	00:28:43:000
JOÃO GOMES		13135	2863	00:59:11	00:28:43:000
CARLOS FERREIRA		11097	2864	00:59:11	00:28:43:000
JOÃO COIMBRA		14663	2865	00:59:11	00:28:43:000
ACÁCIO GAMBOA		11456	2866	00:59:11	00:28:43:000
TERESA BARATA		13054	2867	00:59:12	00:28:44:000
LUIS BARRACHO	GRV	17540	2868	00:59:12	00:28:44:000
JOÃO BARATA		11230	2869	00:59:12	00:28:44:000
CARLOS TAVARES		15087	2870	00:59:13	00:28:45:000
RICARDO BARATA		11231	2871	00:59:13	00:28:45:000
SAMUEL VALENTE	Los Hermanos	12998	2872	00:59:13	00:28:45:000
ANTÓNIO PINA		16283	2873	00:59:13	00:28:45:000
GONÇALO VIEIRA		11451	2874	00:59:13	00:28:45:000
PAULO COSTA		13413	2875	00:59:14	00:28:46:000
MARIA RITA DUARTE	CLUBE COLABORADORES AGEAS	11771	2876	00:59:14	00:28:46:000
ROKSANA MARIA		13421	2877	00:59:14	00:28:46:000
PAULO FERNANDES	Serralharia Agostinho Duarte	14195	2878	00:59:15	00:28:47:000
PAULO CARVALHO		14198	2879	00:59:15	00:28:47:000
RUI GUARDA		17952	2880	00:59:15	00:28:47:000
SOLANGE COMIRAN		14015	2881	00:59:16	00:28:48:000
PAULO ABADIA	Casa Benfica Seixal	14516	2882	00:59:17	00:28:49:000
GONÇALO BASTOS		14088	2883	00:59:17	00:28:49:000
MARIANA RODRIGUES		17564	2884	00:59:17	00:28:49:000
JULIO COSTA COSTA	costa taem	12745	2885	00:59:18	00:28:50:000
FRANCISCO DUARTE		17579	2886	00:59:19	00:28:51:000
BRUNO CURTINHA		12871	2887	00:59:19	00:28:51:000
CARLOS FERREIRA		13266	2888	00:59:19	00:28:51:000
SONIA ROCHA	#Rumoao37	15776	2889	00:59:19	00:28:51:000
ROSANGELA COSTA	costa taem	12744	2890	00:59:19	00:28:51:000
MANUELA GUERREIRO	N. A. PAPAGAIOS DE CASCAIS	11434	2891	00:59:20	00:28:52:000
IOLANDA VAZ		12152	2892	00:59:20	00:28:52:000
SARA LANÇA		11025	2893	00:59:20	00:28:52:000
RUI LUIS	Individual	14284	2894	00:59:20	00:28:52:000
JORGE VAZ	Sllub	12476	2895	00:59:21	00:28:53:000
PAULO MARTINS		13346	2896	00:59:21	00:28:53:000
LUIS OURIVES		13345	2897	00:59:21	00:28:53:000
LOURENÇO NOGUEIRA		12803	2898	00:59:21	00:28:53:000
TIAGO TEIXEIRA		15690	2899	00:59:22	00:28:54:000
CARLOS PARREIRA	VFCE	13963	2900	00:59:22	00:28:54:000
ELISABETE MONTEIRO	VFCE	12198	2901	00:59:23	00:28:55:000
SÉRGIO VIÇOSO	Caramujo é agora	13550	2902	00:59:23	00:28:55:000
RUI MIGUEL GONÇALVES		16197	2903	00:59:23	00:28:55:000
JOÃO MELO	TACLUBE	11082	2904	00:59:24	00:28:56:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MIGUEL MACHADO		12389	2905	00:59:24	00:28:56:000
PATRICIA GOMES		17604	2906	00:59:24	00:28:56:000
DINIS ESTEVES		13531	2907	00:59:25	00:28:57:000
DIANA LULA		13568	2908	00:59:25	00:28:57:000
MARIA COSTA	Viriathvs runners viseu	11214	2909	00:59:26	00:28:58:000
RICARDO SERODIO	Cartaxo Night Runners	10256	2910	00:59:26	00:28:58:000
JOSÉ SILVA	Casa Benfica Seixal	14520	2911	00:59:26	00:28:58:000
ALFREDO JORGE NOTÁRIO		10201	2912	00:59:26	00:28:58:000
AMÉRICO PERALTA		11138	2913	00:59:26	00:28:58:000
DIOGO GODINHO		12616	2914	00:59:27	00:28:59:000
PEDRO MARTINS		12434	2915	00:59:27	00:28:59:000
CRISTINA FERNANDES	bora bora	15245	2916	00:59:28	00:29:00:000
PEDRO PINEL	NAV RUNNERS	15840	2917	00:59:29	00:29:01:000
JOÃO RAFAEL		10794	2918	00:59:30	00:29:02:000
CARLOS MATOS	Casa Benfica Seixal	13783	2919	00:59:30	00:29:02:000
FERNANDO ALVES	SS CGD	11335	2920	00:59:31	00:29:03:000
ANDRÉ FILIPE MARQUES GOMES GOMES		10661	2921	00:59:31	00:29:03:000
VITALÍCIO SOUSA		13738	2922	00:59:31	00:29:03:000
FERNANDO HENRIQUES	RunningÓdependentes	13079	2923	00:59:32	00:29:04:000
CARLOS CUNHA		10806	2924	00:59:32	00:29:04:000
ALBERTINO PACHECO	Juventude Atlético Clube	16148	2925	00:59:33	00:29:05:000
JORGE ROSINHA	Team Roda Encravada	12024	2926	00:59:33	00:29:05:000
PAULO CABAÇO		12470	2927	00:59:33	00:29:05:000
HIGINO GUERRA	30ª Echo	12526	2928	00:59:33	00:29:05:000
FILIPA MELO		11397	2929	00:59:34	00:29:06:000
RUI MELO		11396	2930	00:59:34	00:29:06:000
BRUNO OLIVEIRA		12325	2931	00:59:34	00:29:06:000
RICARDO VAZ	Sllub	12477	2932	00:59:35	00:29:07:000
ADÉRITO GONÇALVES		10044	2933	00:59:35	00:29:07:000
NUNO BARATA		11833	2934	00:59:35	00:29:07:000
SÉRGIO CÂMARA		10261	2935	00:59:36	00:29:08:000
CRISTINA GABRIEL	SS CGD	12418	2936	00:59:36	00:29:08:000
ANDREIA SANTOS	Clube Brisa	11680	2937	00:59:37	00:29:09:000
ELISABETE MATIAS	As Lesmas	12135	2938	00:59:37	00:29:09:000
HERMINIO COSTA	Grupo Amigos do Atletismo de Vila Franca de Xira	13985	2939	00:59:37	00:29:09:000
SARA DUARTE		11500	2940	00:59:37	00:29:09:000
MARIA RODRIGUES		12841	2941	00:59:38	00:29:10:000
NUNO SALVADOR		10046	2942	00:59:38	00:29:10:000
CARLOS CALMÃO	MC Runner's	15408	2943	00:59:39	00:29:11:000
JOÃO OLIVEIRA	MC Runner's	15407	2944	00:59:39	00:29:11:000
MARIA HORTA		14806	2945	00:59:39	00:29:11:000
ELSA SILVA	Maluquinhas da corrida	13943	2946	00:59:39	00:29:11:000
ANA OLIVEIRA		13942	2947	00:59:39	00:29:11:000
DIAMANTINO NEVES	Casa Benfica em Alpiarça	13366	2948	00:59:39	00:29:11:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ABDUL FERREIRA		13479	2949	00:59:39	00:29:11:000
PEDRO CASTRO		12069	2950	00:59:40	00:29:12:000
ANA MARTINHO	AC Gloria München	13892	2951	00:59:40	00:29:12:000
NUNO SOUSA		10020	2952	00:59:40	00:29:12:000
CLARA LOURENÇO	Os Galgos de Tancos	11583	2953	00:59:40	00:29:12:000
RÚBEN DIOGO		16028	2954	00:59:41	00:29:13:000
CARLOS CONCEIÇÃO	TINTO LOVERS	12370	2955	00:59:41	00:29:13:000
CATARINA OLIVEIRA SARAIVA SANTOS	Hospital da Luz	16411	2956	00:59:41	00:29:13:000
EDUARDO JORGE	UHU Portugal	15006	2957	00:59:41	00:29:13:000
MARTA MARTINHO		13360	2958	00:59:41	00:29:13:000
JORGE SILVA		13359	2959	00:59:41	00:29:13:000
RUI NUNES		14239	2960	00:59:42	00:29:14:000
JOSÉ CASIMIRO		14228	2961	00:59:42	00:29:14:000
JOSÉ ROCHA	Casa do Benfica de Moura	12399	2962	00:59:42	00:29:14:000
AMANDIO BUSCA		10795	2963	00:59:42	00:29:14:000
JOSÉ MORUJO		11967	2964	00:59:42	00:29:14:000
PEDRO LOURENÇO	Rotas dos Vinhos de Portugal	15847	2965	00:59:43	00:29:15:000
DANIEL FREIRE	individual	13052	2966	00:59:44	00:29:16:000
PEDRO LUIS		12932	2967	00:59:44	00:29:16:000
LUIS CAIXINHA	Santogal	15524	2968	00:59:44	00:29:16:000
REINALDO DUTRA		17528	2969	00:59:44	00:29:16:000
RUI MONTEIRO	nel-Péd atleta	14216	2970	00:59:44	00:29:16:000
TÂNIA DINIS		11510	2971	00:59:45	00:29:17:000
FRANCISCO PAULOS	BANDIDOS	13004	2972	00:59:45	00:29:17:000
JOAQUIM RAMALHO		13927	2973	00:59:47	00:29:19:000
PAULO ABREU	TECNAGAS	14437	2974	00:59:47	00:29:19:000
JOÃO SILVA		13153	2975	00:59:47	00:29:19:000
BERNARDO COVAS	CRAZY RED	10097	2976	00:59:47	00:29:19:000
LUÍS GARÇÃO		10793	2977	00:59:48	00:29:20:000
LUIS FIGUEIREDO		14715	2978	00:59:48	00:29:20:000
ROSE RAMALHO		13928	2979	00:59:49	00:29:21:000
PEDRO CARVALHO	Casa Benfica Seixal	14515	2980	00:59:49	00:29:21:000
MARISA MANCHA	Casa do Benfica de Reguengos de Monsaraz	12322	2981	00:59:50	00:29:22:000
CESALTINA DELGADO	Casa do Benfica de Reguengos de Monsaraz	12313	2982	00:59:50	00:29:22:000
FERNANDO COELHO		10659	2983	00:59:50	00:29:22:000
JOÃO MATOS		16133	2984	00:59:51	00:29:23:000
PAULO OLIVEIRA	GRUPO BARRAQUEIRO	15111	2985	00:59:51	00:29:23:000
RUI VILAO		13282	2986	00:59:51	00:29:23:000
RUI FERNANDES	GRUPO BARRAQUEIRO	15112	2987	00:59:51	00:29:23:000
JAIME ROBIM	Tinto Lovers	11200	2988	00:59:52	00:29:24:000
JOSÉ RIVERA	Huawei Portugal	14992	2989	00:59:52	00:29:24:000
FRANCISCO BERNARDO		15952	2990	00:59:52	00:29:24:000
RUI BASTOS	Barrigudos run team	13919	2991	00:59:52	00:29:24:000
JOÃO TEIXEIRA	Daikin	15033	2992	00:59:52	00:29:24:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
CELESTINO OLIVEIRA		11991	2993	00:59:52	00:29:24:000
MARIA ADELINA	CCD PM CASCAIS	14298	2994	00:59:53	00:29:25:000
PEDRO COSTA DIAS		11588	2995	00:59:54	00:29:26:000
JOSE ANDRE	APOGMA	12857	2996	00:59:54	00:29:26:000
LUIS MANUEL RAPOSO DA SILVA	RUMO AO PENTA	12975	2997	00:59:54	00:29:26:000
MARTIM SILVA	As Toupeiras	14799	2998	00:59:54	00:29:26:000
MIGUEL SILVA		10233	2999	00:59:55	00:29:27:000
PAULO TOMAS	Tertulia da Julia	16250	3000	00:59:55	00:29:27:000
FILIPA PEGARINHOS		13436	3001	00:59:55	00:29:27:000
SOLANGE NEVES	S. C. Espinho/Atletismo António Leitão	15670	3002	00:59:55	00:29:27:000
DAVID CANDEIAS	G5	11629	3003	00:59:56	00:29:28:000
RUI SOBRAL	Casa do Benfica em Grandola	15341	3004	00:59:56	00:29:28:000
VICENTE DIAS		16085	3005	00:59:56	00:29:28:000
GUILHERME GASPAR	Colaboradores SLB	16746	3006	00:59:56	00:29:28:000
FÁBIO MATEUS	Casa do Benfica em Grandola	15343	3007	00:59:57	00:29:29:000
RUI PEREIRA	Casa do Benfica em Grandola	15340	3008	00:59:57	00:29:29:000
ARMINDO CHAINHO	Casa do Benfica em Grandola	15338	3009	00:59:57	00:29:29:000
DAVID RODRIGUES		11481	3010	00:59:57	00:29:29:000
BRÁULIA GAMITO	Casa do Benfica em Grandola	15342	3011	00:59:57	00:29:29:000
MARIA DO CÉU FERREIRA RIBEIRO DUARTE	CORRER LOURES	12701	3012	00:59:57	00:29:29:000
MARCO FALEIRO	QSF	12439	3013	00:59:58	00:29:30:000
ANA MATOS		11469	3014	00:59:58	00:29:30:000
ARTUR SANTOS	Escola Superior de Desporto de Rio Maior	15108	3015	00:59:58	00:29:30:000
SÉRGIO RAMALHO		12523	3016	00:59:59	00:29:31:000
JOSE SOUSA		17555	3017	00:59:59	00:29:31:000
ALFREDO MARTINHO	Marítimo Lisboa Clube	12513	3018	00:59:59	00:29:31:000
GONÇALO GARGATÉ	Somos disto	14731	3019	00:59:59	00:29:31:000
CARLOS VIEIRA		13302	3020	00:59:59	00:29:31:000
PEDRO GÓIAS		12256	3021	00:59:59	00:29:31:000
PAULO GONÇALVES	Clube Novo Banco	11276	3022	01:00:00	00:29:32:000
RICARDO BALDAIA		13176	3023	01:00:00	00:29:32:000
ELISABETE MARQUES	Clube Novo Banco	11300	3024	01:00:00	00:29:32:000
GONCALO MARINHEIRO		10305	3025	01:00:00	00:29:32:000
RUI PIRES		10577	3026	01:00:00	00:29:32:000
ALEXA CARMO	Ao ritmo das 200 ppm	15473	3027	01:00:00	00:29:32:000
SARA PEREIRA	Sealand Santa Cruz	12327	3028	01:00:00	00:29:32:000
CARLA SILVA	Pé de Atleta	13070	3029	01:00:00	00:29:32:000
TIAGO BRANCO		13177	3030	01:00:00	00:29:32:000
MARIO WESTPHALEN	Grémio	11313	3031	01:00:00	00:29:32:000
RICARDO GONÇALVES		15132	3032	01:00:00	00:29:32:000
CLÁUDIA MERGULHÃO	Run Forrest Run	12831	3033	01:00:01	00:29:33:000
DAVID DUARTE		14630	3034	01:00:01	00:29:33:000
JACINTO SANTOS		15962	3035	01:00:01	00:29:33:000
JOSÉ BRÁS		12210	3036	01:00:01	00:29:33:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
BRUNO SILVA	Solvay	15497	3037	01:00:01	00:29:33:000
EVA FONTE		14291	3038	01:00:01	00:29:33:000
RITA ISABEL BORRALHO CARRAPIÇO	PROJEA-Arquitectura e Engenharia, Lda.	10649	3039	01:00:01	00:29:33:000
MIGUEL PINHO		10410	3040	01:00:01	00:29:33:000
LUIS GUEDES		14483	3041	01:00:02	00:29:34:000
FÁBIO CATARINO	UDCB - Terras de Barro	15449	3042	01:00:02	00:29:34:000
EDGAR FERREIRA	Great Stay	13629	3043	01:00:03	00:29:35:000
VITOR ROCHA	Colaboradores SLB	16447	3044	01:00:03	00:29:35:000
MARCOS LEONARDO	Casa do Benfica em Algueirão Mem Martins-Sintra	14245	3045	01:00:03	00:29:35:000
ADELINO AUGUSTO CÂNDIDO ALVES		11455	3046	01:00:03	00:29:35:000
CÁTIA BANDOLA	CCD PM CASCAIS	14294	3047	01:00:04	00:29:36:000
MARIA JOSÉ POLICARPO	CCD PM CASCAIS	14299	3048	01:00:04	00:29:36:000
ANA SOBREIRA		13742	3049	01:00:05	00:29:37:000
JORGE MATIAS	Resitejo	16280	3050	01:00:05	00:29:37:000
ISABEL SOARES		15612	3051	01:00:05	00:29:37:000
RICARDO RAMOS		12655	3052	01:00:05	00:29:37:000
SAMUEL DOS REIS		12132	3053	01:00:06	00:29:38:000
FERNANDO RODRIGUES		15093	3054	01:00:06	00:29:38:000
DORA SOUSA	GDCTINCM	12288	3055	01:00:06	00:29:38:000
ORLANDO EUSTÁQUIO EUSTÁQUIO	Futebolês e Benfica da Nazaré	12765	3056	01:00:07	00:29:39:000
JOÃO PAIS		12410	3057	01:00:07	00:29:39:000
PEDRO MARTINHO		10215	3058	01:00:08	00:29:40:000
AURÉLIO CALADO	4 ao Km	10209	3059	01:00:08	00:29:40:000
PEDRO CANHOTO	Colaboradores SLB	16705	3060	01:00:08	00:29:40:000
MARIA MORADIAS	Casa do Benfica em Castelo Branco	12502	3061	01:00:08	00:29:40:000
PEDRO RAMOS	Os Ta-Lentos	12884	3062	01:00:08	00:29:40:000
HUGO RIBEIRO	Os Ta-Lentos	12882	3063	01:00:08	00:29:40:000
FILIPA MARTINHO		11136	3064	01:00:09	00:29:41:000
MATIAS DUARTE		14858	3065	01:00:09	00:29:41:000
RAFAEL RIJO		12297	3066	01:00:09	00:29:41:000
RUBEN FERNANDES		12385	3067	01:00:10	00:29:42:000
DANIEL POUCOCHINHO		15630	3068	01:00:10	00:29:42:000
LUIS NUNES	CJL	12643	3069	01:00:10	00:29:42:000
GERMANO BERNARDO		14864	3070	01:00:10	00:29:42:000
ANABELA FERNANDES	Grupo Alegre Unido	12708	3071	01:00:11	00:29:43:000
JORGE NUNES	CJL	12644	3072	01:00:11	00:29:43:000
DANIEL BANDEIRA		12261	3073	01:00:12	00:29:44:000
NUNO VELOSO	PENTA	10826	3074	01:00:12	00:29:44:000
RICARDO GONÇALVES		0 10970	3075	01:00:13	00:29:45:000
GONÇALO MIRANDA	#OperaçãoVerão2020	11056	3076	01:00:13	00:29:45:000
JORGE RATÃO		10783	3077	01:00:13	00:29:45:000
MARCO CARVALHO	GDCTINCM	12287	3078	01:00:13	00:29:45:000
PAULO ALEXANDRE MORAIS	CCDTMetroLX	12598	3079	01:00:14	00:29:46:000
LUÍS INÁCIO	Revista Mística	15171	3080	01:00:15	00:29:47:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MIGUEL CANHOTO	Colaboradores SLB	16675	3081	01:00:15	00:29:47:000
BRUNO RODRIGUES	Serviços Sociais Montepio	11982	3082	01:00:15	00:29:47:000
NIDIA ROCHA	Força na Canela Espinho	14398	3083	01:00:15	00:29:47:000
JOSÉ QUARESMA		15228	3084	01:00:15	00:29:47:000
RUTE MORNA	Serviços Sociais Montepio	11980	3085	01:00:15	00:29:47:000
ALEXANDRA BISCAIA		10813	3086	01:00:15	00:29:47:000
HELENA FREITAS		14409	3087	01:00:16	00:29:48:000
MIGUEL ALMEIDA	C. D. Amigos de Paco Nassa	10880	3088	01:00:16	00:29:48:000
ANTÓNIO MATIAS		15619	3089	01:00:17	00:29:49:000
JOÃO ALBERTO	Jobrinde - Montes Saloios	11273	3090	01:00:17	00:29:49:000
ALEXANDRE DÂMASO		10023	3091	01:00:17	00:29:49:000
CARLA MIRANDA	Revista Mística	15172	3092	01:00:18	00:29:50:000
JOSÉ TELES		11641	3093	01:00:18	00:29:50:000
ANTÓNIO PEREIRA		11671	3094	01:00:19	00:29:51:000
LUIS MARQUES	Team Roda Encravada	12025	3095	01:00:19	00:29:51:000
FREDERICO MENDES	Os 5 magníficos	13484	3096	01:00:19	00:29:51:000
MIGUEL FERRO		17863	3097	01:00:19	00:29:51:000
VANESSA BAPTISTA	Família BB	12590	3098	01:00:19	00:29:51:000
MARIA TOMÁS	Asas nos Pés	15924	3099	01:00:20	00:29:52:000
SÓNIA BAIÃO		11670	3100	01:00:20	00:29:52:000
FERNANDO SEBASTIÃO		11987	3101	01:00:20	00:29:52:000
JORGE PAULINO	Clube Desportivo de Mafra	11601	3102	01:00:21	00:29:53:000
CARLA SERRANO		14692	3103	01:00:22	00:29:54:000
FILOMENA CARVALHO	Central de Cerveja	16477	3104	01:00:23	00:29:55:000
GABRIEL NUNES	Central de Cerveja	16472	3105	01:00:23	00:29:55:000
ANA SOUSA	Central de Cerveja	16476	3106	01:00:23	00:29:55:000
CARLA GALHANO	Asics Lisboa Run Club	13539	3107	01:00:24	00:29:56:000
FERNANDO JESUS		15898	3108	01:00:25	00:29:57:000
SÉRGIO BALSEIRO		13546	3109	01:00:26	00:29:58:000
LUIS SILVEIRA	UHU Portugal	15004	3110	01:00:27	00:29:59:000
ANDRE DIAS	A2el	11055	3111	01:00:28	00:30:00:000
INÊS MORAIS	Casa do Benfica em Castelo Branco	12496	3112	01:00:29	00:30:01:000
PAULO ROSA		15573	3113	01:00:29	00:30:01:000
LILIANA HENRIQUES		15391	3114	01:00:30	00:30:02:000
FILIPE JUNOT		11498	3115	01:00:30	00:30:02:000
ANDRE PEREIRA	MEXE-TE MÓ OLHÃO	15507	3116	01:00:31	00:30:03:000
GILBERTO GONÇALVES	CLUBE ATLETISMO AMIGOS DE BELÉM	10641	3117	01:00:31	00:30:03:000
ÂNGELA COSTA		16307	3118	01:00:31	00:30:03:000
MARTA REIS	Manas Sier	14696	3119	01:00:31	00:30:03:000
MANUEL MAGALHÃES		0 15370	3120	01:00:31	00:30:03:000
LUÍZ ROSA		17521	3121	01:00:31	00:30:03:000
MARCO NAVALHO		10759	3122	01:00:31	00:30:03:000
TATIANA MARQUES		13007	3123	01:00:32	00:30:04:000
JULIANA COSTA		12164	3124	01:00:32	00:30:04:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MÁRIO COSTA	Os Antigos	12821	3125	01:00:33	00:30:05:000
JOÃO MARQUES	Individual	14574	3126	01:00:33	00:30:05:000
PAULO ROSÁRIO		13623	3127	01:00:33	00:30:05:000
FRANCISCO GUEDES	FGuedes Técnica	12792	3128	01:00:33	00:30:05:000
PAULO CABRAL		15089	3129	01:00:33	00:30:05:000
DANIEL ALMEIDA		12848	3130	01:00:33	00:30:05:000
PEDRO DUARTE		14362	3131	01:00:34	00:30:06:000
MARGARIDA NOBRE NUNES	Individual	16156	3132	01:00:34	00:30:06:000
MIGUEL CARVALHO		13239	3133	01:00:36	00:30:08:000
DIAMANTINO ALBUQUERQUE	grupo desportivo de mafra	11852	3134	01:00:36	00:30:08:000
HELDER ARGUELLES		15945	3135	01:00:36	00:30:08:000
JOANA PINTO		10995	3136	01:00:36	00:30:08:000
FILIFE BORGES		15792	3137	01:00:37	00:30:09:000
MIGUEL LABAREDA	Labareda	12839	3138	01:00:37	00:30:09:000
ANDRE VITORINO		12657	3139	01:00:37	00:30:09:000
JIANBO LIU	Huawei Portugal	15086	3140	01:00:37	00:30:09:000
ANDREIA BANHA		10685	3141	01:00:38	00:30:10:000
MARINA FRANCO	Furosemidas	13253	3142	01:00:38	00:30:10:000
RAFAEL SOUSA	Furosemidas	13252	3143	01:00:38	00:30:10:000
ARMANDO SOUSA	Team Casal Garcia	14412	3144	01:00:39	00:30:11:000
RODRIGO SEITA		10834	3145	01:00:39	00:30:11:000
RUI CORREIA		14411	3146	01:00:39	00:30:11:000
SARA HENRIQUES	CCD PM CASCAIS	14301	3147	01:00:39	00:30:11:000
DIOGO HENRIQUES	CCD PM CASCAIS	14295	3148	01:00:39	00:30:11:000
NUNO ALMEIDA	CCD PM CASCAIS	14300	3149	01:00:39	00:30:11:000
FILIFE RIBEIRO	Palpites e Teorias	16255	3150	01:00:40	00:30:12:000
SARA BAPTISTA		14447	3151	01:00:40	00:30:12:000
JOSÉ CÉSAR		10851	3152	01:00:40	00:30:12:000
MAHOMED HASSANE		12203	3153	01:00:41	00:30:13:000
SÉRGIO PIMENTA		11417	3154	01:00:41	00:30:13:000
JOÃO FERREIRA		13758	3155	01:00:41	00:30:13:000
ANDREIA REIS		14152	3156	01:00:41	00:30:13:000
RUBEN VALENTE	Los Hermanos	12999	3157	01:00:41	00:30:13:000
LUÍS POMBO	Pés de Chumbo	14030	3158	01:00:42	00:30:14:000
VITOR ALMEIDA		10780	3159	01:00:43	00:30:15:000
BRUNO SEVERINO	Sangue do Pico	15451	3160	01:00:43	00:30:15:000
CARLOS MIGUEL SILVA		15822	3161	01:00:44	00:30:16:000
JORGE GUERREIRO	Marriott Lisboa	15217	3162	01:00:44	00:30:16:000
NELSON SOUSA	Furosemidas	13251	3163	01:00:44	00:30:16:000
FAUSTO PIRES		12209	3164	01:00:45	00:30:17:000
VITOR MARTO	Richart	11442	3165	01:00:45	00:30:17:000
CARLOS SUISSAS		10450	3166	01:00:45	00:30:17:000
DUARTE MATOS	Casa Benfica Seixal	15621	3167	01:00:45	00:30:17:000
MIGUEL BENTO		13944	3168	01:00:46	00:30:18:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
DIOGO PASCOAL	Os Ta-Lentos	12883	3169	01:00:46	00:30:18:000
DAVID CHARRINHO	Sporting Clube de Casainhos	14213	3170	01:00:46	00:30:18:000
RAFAEL PEDRO COSTA MARTINS	Emrata lovers	12685	3171	01:00:46	00:30:18:000
NÁDIA SILVA	Seca Adegas Bike Team Santarém	11649	3172	01:00:46	00:30:18:000
MANUEL SEQUEIRA	G.D.C.T. REPSOL POLÍMEROS	11102	3173	01:00:46	00:30:18:000
AMARO SOUSA		15055	3174	01:00:47	00:30:19:000
DIOGO FILIPE		12353	3175	01:00:47	00:30:19:000
MÁRIO HENRIQUES	CREDIBOM	15054	3176	01:00:47	00:30:19:000
RAFAEL AZRIEL		15120	3177	01:00:48	00:30:20:000
JOÃO COELHO		10291	3178	01:00:48	00:30:20:000
NUNO LOPES	Kenianos Azuis	10017	3179	01:00:49	00:30:21:000
BRUNO NEVES		10340	3180	01:00:50	00:30:22:000
HELENA BASTARDO	Haiceland Running Team	10625	3181	01:00:50	00:30:22:000
DANIEL COLLA		10546	3182	01:00:50	00:30:22:000
HUGO CASTRO		11745	3183	01:00:51	00:30:23:000
BRUNO CASTRO		11746	3184	01:00:51	00:30:23:000
RUI CARVALHO		10234	3185	01:00:51	00:30:23:000
LUIS MORGADO	100NOÇÃO	11358	3186	01:00:52	00:30:24:000
JOÃO LOURENÇO	TRIO TALAVERA	11620	3187	01:00:52	00:30:24:000
PHILIPPE SILVA		13204	3188	01:00:53	00:30:25:000
LILIANA AGUIAR		17870	3189	01:00:53	00:30:25:000
RITA MESQUITA		16282	3190	01:00:54	00:30:26:000
ANA DIOGO		11195	3191	01:00:54	00:30:26:000
LUCIDIO DIAS	CAL - Clube Atletismo de Lamas	11151	3192	01:00:54	00:30:26:000
RITA FALCATO		12819	3193	01:00:54	00:30:26:000
MARIA JOÃO SANTOS	CORRER OUREM	11750	3194	01:00:54	00:30:26:000
DIOGO RODRIGUES	Manta Team	12818	3195	01:00:55	00:30:27:000
PEDRO GIL	Correr Ourém	10706	3196	01:00:55	00:30:27:000
ISABEL ALVES	CORRER OUREM	11527	3197	01:00:55	00:30:27:000
VALTER LEBRE	Correr Ourém	10721	3198	01:00:55	00:30:27:000
CÉLIA CARVALHO	Correr Lisboa	11488	3199	01:00:55	00:30:27:000
ALEXANDRA DINIS	Jobrinde - Montes Saloios	11941	3200	01:00:56	00:30:28:000
AUGUSTO NASCIMENTO		10934	3201	01:00:57	00:30:29:000
JOÃO CAPARICA	JORGE FERNANDES LDA	15078	3202	01:00:57	00:30:29:000
PAULO DIOGO		17865	3203	01:00:58	00:30:30:000
IVAN SEITA		10835	3204	01:00:58	00:30:30:000
BRUNO SILVA		17955	3205	01:00:58	00:30:30:000
GONÇALO ROCHA	Casa do Benfica de Moura	12400	3206	01:00:58	00:30:30:000
ANTONIO FERNANDES		13142	3207	01:00:59	00:30:31:000
CRISTOVAO RAMOS	TABAQUEIRA	15730	3208	01:00:59	00:30:31:000
SANDRA ABADITO	Viriathvs Runners	10777	3209	01:00:59	00:30:31:000
RICARDO FIGUEIREDO		13027	3210	01:01:00	00:30:32:000
JOSÉ CARLOS ALMEIDA MARQUES		10275	3211	01:01:01	00:30:33:000
ANDRÉ MOREIRA		11692	3212	01:01:01	00:30:33:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MIGUEL HORTA	Wild Runners	10709	3213	01:01:02	00:30:34:000
JOSE SILVA		12577	3214	01:01:02	00:30:34:000
FERNANDO SERRANO	Corrida Noturna do Parque das Nações	15725	3215	01:01:02	00:30:34:000
ANDREI MARTINS	Wild Runners	10710	3216	01:01:02	00:30:34:000
MANUEL PEREIRA	Individual	15041	3217	01:01:02	00:30:34:000
TIAGO TRINDADE	Hospital da Luz	16384	3218	01:01:02	00:30:34:000
LUÍS GOMES		16107	3219	01:01:03	00:30:35:000
MARIANA SOUSA	Hospital da Luz	16381	3220	01:01:03	00:30:35:000
RICARDO SANTOS		14695	3221	01:01:03	00:30:35:000
BARCELOS LEONEL		12741	3222	01:01:04	00:30:36:000
GISELA BARATA		15650	3223	01:01:04	00:30:36:000
BRUNO CARDOSO		14314	3224	01:01:04	00:30:36:000
ANA FRANCO	Evora night runners	10570	3225	01:01:04	00:30:36:000
HENRIQUE KOENDERS		11223	3226	01:01:05	00:30:37:000
HELANA LEITÃO	RunLovers	12569	3227	01:01:05	00:30:37:000
VITOR RAMOS		16169	3228	01:01:05	00:30:37:000
RALUCA MARTINS		13542	3229	01:01:05	00:30:37:000
JOÃO SALDANHA	Familia do Coração	13378	3230	01:01:06	00:30:38:000
MÁRIO DIAS		11224	3231	01:01:06	00:30:38:000
ANA MARQUES		14854	3232	01:01:07	00:30:39:000
ANA ROMANO		12120	3233	01:01:08	00:30:40:000
PAULO BARRADAS	Os Borgas	15498	3234	01:01:08	00:30:40:000
VASCO SANTOS		10354	3235	01:01:08	00:30:40:000
HUGO BRANCO	Running Espinho	13256	3236	01:01:08	00:30:40:000
GONCALO PINHEIRO	Colaboradores SLB	16600	3237	01:01:09	00:30:41:000
PATRÍCIA PINTO		14029	3238	01:01:09	00:30:41:000
ANA BARBOSA	Hospital da Luz	16338	3239	01:01:09	00:30:41:000
ZUZKA SIMULCIKOVA	Colaboradores SLB	16748	3240	01:01:09	00:30:41:000
JOÃO SILVA		10485	3241	01:01:10	00:30:42:000
ANDRESA PERALTA		11137	3242	01:01:11	00:30:43:000
LILIANA SALGUEIRO	Trivalor	16225	3243	01:01:12	00:30:44:000
ANTONIO PATACA		10191	3244	01:01:12	00:30:44:000
JORGE SARAIVA	BANDIDOS	13005	3245	01:01:12	00:30:44:000
FILIPA SIMOES		15688	3246	01:01:12	00:30:44:000
HELDER JOSÉ DOS SANTOS FERNANDES		11494	3247	01:01:13	00:30:45:000
PEDRO LOPES	Gatus Trail	17871	3248	01:01:13	00:30:45:000
ESTÊVÃO SEITA	Casa do Benfica de Moura	10762	3249	01:01:13	00:30:45:000
SÉRGIO LIVRAGHI		11036	3250	01:01:13	00:30:45:000
TIAGO PITO		11249	3251	01:01:13	00:30:45:000
HUGO MARTINS		13599	3252	01:01:13	00:30:45:000
MIGUEL FALE		11530	3253	01:01:14	00:30:46:000
RICARDO CASTANHEIRA	Madragoa Runners	13703	3254	01:01:14	00:30:46:000
RUI GARCIA	Pernas de Gafanhoto	16138	3255	01:01:14	00:30:46:000
PAULO JORGE GARCIA	Pernas de Gafanhoto	16137	3256	01:01:14	00:30:46:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
VASCO LOPES	AACR	10246	3257	01:01:14	00:30:46:000
JOSÉ FERNANDES	Quintanilha	10237	3258	01:01:14	00:30:46:000
MIGUEL MADEIRA		15201	3259	01:01:15	00:30:47:000
DANIEL BATISTA	Tinto Lovers	11613	3260	01:01:16	00:30:48:000
RAFAEL SANTOS	CCDTMetroLX	12380	3261	01:01:16	00:30:48:000
ANDRÉ MARQUES		13443	3262	01:01:16	00:30:48:000
CAMILA ROCHA	Hospital da Luz	16321	3263	01:01:17	00:30:49:000
JOSÉ PEDRO DIAS	Sky	12893	3264	01:01:17	00:30:49:000
TERESA MORENO		15809	3265	01:01:18	00:30:50:000
AUGUSTO NUNES		13108	3266	01:01:18	00:30:50:000
JOANA DARC CHOURIÇO		11059	3267	01:01:19	00:30:51:000
LUÍS ESTEVES		15410	3268	01:01:19	00:30:51:000
MIGUEL DIAS	BPI	15084	3269	01:01:19	00:30:51:000
LUIS ROSA		10147	3270	01:01:20	00:30:52:000
RODRIGO OLIVEIRA		12997	3271	01:01:20	00:30:52:000
SARA GOMES		15948	3272	01:01:20	00:30:52:000
PEDRO SOUSA		10938	3273	01:01:20	00:30:52:000
NMIGUEL MOREIRA	Moreira	15554	3274	01:01:20	00:30:52:000
CHEILA DIAS	U.F. Comércio e Indústria Atletismo	14761	3275	01:01:21	00:30:53:000
JOSÉ LOPES		14466	3276	01:01:21	00:30:53:000
PAULO ANTUNES		14859	3277	01:01:21	00:30:53:000
MANUEL LAMY	Os Pata Negra	10773	3278	01:01:21	00:30:53:000
FREDERICO ELIAS	Os Pata Negra	10774	3279	01:01:22	00:30:54:000
VASCO FRIJA	BairroTeam	12955	3280	01:01:22	00:30:54:000
DAVID FRIJA	BairroTeam	12954	3281	01:01:22	00:30:54:000
ALVARO FURTADO	SS CGD	11323	3282	01:01:22	00:30:54:000
ANTÓNIO SENA	TACLUBE	11079	3283	01:01:22	00:30:54:000
CARLA FERREIRA	Pimpões Trail Team	12699	3284	01:01:23	00:30:55:000
SÉRGIO VASCO		13934	3285	01:01:23	00:30:55:000
JOSÉ FREIRE		10803	3286	01:01:23	00:30:55:000
JOÃO ANTUNES		17820	3287	01:01:23	00:30:55:000
FILIPE MORGADO	TACLUBE	11080	3288	01:01:23	00:30:55:000
SUSANA MARTINS		12520	3289	01:01:24	00:30:56:000
TATIANA GLÓRIA		13885	3290	01:01:24	00:30:56:000
NELSON GUEDES	Fonix Team	10055	3291	01:01:24	00:30:56:000
JOSE BRAS		15964	3292	01:01:25	00:30:57:000
TIAGO CASTELO		12638	3293	01:01:25	00:30:57:000
JOÃO SEQUEIRA	Melgas	13356	3294	01:01:25	00:30:57:000
JORGE ESTEVES		13208	3295	01:01:25	00:30:57:000
JOSÉ DAVID		11541	3296	01:01:25	00:30:57:000
TIAGO ALEXANDRE CARDOSO		10883	3297	01:01:27	00:30:59:000
CARLOS VIEGAS	GDCT Unicre	11664	3298	01:01:28	00:31:00:000
MIRNA MOTA		15344	3299	01:01:28	00:31:00:000
DANIEL SILVA	Sai da Frente	13137	3300	01:01:30	00:31:02:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PEDRO BORGES		10227	3301	01:01:30	00:31:02:000
PAULO BORGES		10225	3302	01:01:31	00:31:03:000
PATRÍCIA QUEIRÓS	Corredores da Adega	13753	3303	01:01:31	00:31:03:000
DIOGO ALFARO		13532	3304	01:01:31	00:31:03:000
FLORBELA CANICEIRO	Sri Chinmoy Marathon Team	15377	3305	01:01:32	00:31:04:000
DIOGO ARAUJO		16111	3306	01:01:32	00:31:04:000
PAULO DUARTE	GDCT Unicre	11662	3307	01:01:33	00:31:05:000
JOAO FONSECA		12375	3308	01:01:34	00:31:06:000
PAULO SANTOS		12182	3309	01:01:34	00:31:06:000
TAINÁ PENTEADO		14265	3310	01:01:34	00:31:06:000
JOÃO PESSA	Futebolês e Benfica da Nazaré	12769	3311	01:01:35	00:31:07:000
CARLOS CORROMEU	MOITA SLB	14201	3312	01:01:35	00:31:07:000
CARLOS OLIVEIRA	GRV	17541	3313	01:01:35	00:31:07:000
LUIS CONDE	Link	13395	3314	01:01:35	00:31:07:000
CARLA RODRIGUES		0 17979	3315	01:01:36	00:31:08:000
GUILHERME PEREIRA	Sealand Santa Cruz	12326	3316	01:01:36	00:31:08:000
RITA FACHADAS		11254	3317	01:01:36	00:31:08:000
DANY GONZAGA		14479	3318	01:01:36	00:31:08:000
SÓNIA PINHEIRO		14478	3319	01:01:36	00:31:08:000
TIAGO CANDEIAS		14657	3320	01:01:36	00:31:08:000
HUMBERTO SANTIAGO	evelx	13097	3321	01:01:36	00:31:08:000
JORGE XAREPE		10751	3322	01:01:37	00:31:09:000
GUILHERME MOURA	Madragoa Runners	13702	3323	01:01:38	00:31:10:000
RUI JOSE OLIVEIRA	SS CGD	11700	3324	01:01:38	00:31:10:000
RUI COELHO		13326	3325	01:01:38	00:31:10:000
SOLANGE ALEIXO ALEIXO	#DaikinRunners	15029	3326	01:01:39	00:31:11:000
ALMERINDA HOMEM		11384	3327	01:01:39	00:31:11:000
CARLA COELHO		13323	3328	01:01:39	00:31:11:000
ANGELO CANETO		15345	3329	01:01:39	00:31:11:000
VITOR RODRIGUES		16084	3330	01:01:40	00:31:12:000
PAULO FREIRE		15358	3331	01:01:40	00:31:12:000
INÊS MALVEIRO		15830	3332	01:01:40	00:31:12:000
BÁRBARA ALEXANDRE		12796	3333	01:01:40	00:31:12:000
BEATRIZ EUGÉNIO	PROJEA Arquitetura e Engenharia	14633	3334	01:01:40	00:31:12:000
PEDRO MEDEIROS	SS CGD	11699	3335	01:01:41	00:31:13:000
DAVI RIBEIRO		17976	3336	01:01:42	00:31:14:000
SARA GONÇALVES	OutSystems	14956	3337	01:01:42	00:31:14:000
CARLOS ARAÚJO	Cruz de Pau	14861	3338	01:01:43	00:31:15:000
CARLOS MONSANTO		15241	3339	01:01:43	00:31:15:000
NUNO ACURCIO		17512	3340	01:01:43	00:31:15:000
CRISTIANA MARTINS		13685	3341	01:01:44	00:31:16:000
PEDRO DOURADO		12112	3342	01:01:44	00:31:16:000
RICARDO SILVA		11133	3343	01:01:44	00:31:16:000
CLAUDIA SANTOS		10487	3344	01:01:45	00:31:17:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ELISABETE PICANÇO	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	12225	3345	01:01:45	00:31:17:000
BRUNO FREDERICO		10838	3346	01:01:45	00:31:17:000
JOANA SANTOS		10839	3347	01:01:45	00:31:17:000
RUI PEREIRA		12854	3348	01:01:47	00:31:19:000
RICARDO PREGUICA		10544	3349	01:01:47	00:31:19:000
JUDITE CARPINTEIRO		13983	3350	01:01:47	00:31:19:000
VIRGILIO MATA	OS MATAS	13523	3351	01:01:47	00:31:19:000
FILIFE LUÍS	Individual	13116	3352	01:01:47	00:31:19:000
PEDRO DUARTE		12903	3353	01:01:48	00:31:20:000
HERNANI FERNANDES		10388	3354	01:01:49	00:31:21:000
RUI SILVA	Shaolin Team	13127	3355	01:01:49	00:31:21:000
NUNO MACHADO	Chupa Chupa	11327	3356	01:01:49	00:31:21:000
ANDRÉ LAPINHA		10596	3357	01:01:49	00:31:21:000
FILIFE MATOS		13915	3358	01:01:50	00:31:22:000
CÁTIA TOMÁS	urban sailors	14401	3359	01:01:50	00:31:22:000
DANIEL COSTA	urban sailors	14400	3360	01:01:50	00:31:22:000
ROGÉRIO NOBRE		14131	3361	01:01:50	00:31:22:000
TELMO BERNARDINO	Corinthia Team	14273	3362	01:01:51	00:31:23:000
HENRIQUE COSTA		14655	3363	01:01:51	00:31:23:000
VERA SACRAMENTO		17559	3364	01:01:51	00:31:23:000
SAMUEL SALVADOR	Serrado fc atletismo	12973	3365	01:01:52	00:31:24:000
PAUL ASCENÇÃO	Donas de Casa	14074	3366	01:01:52	00:31:24:000
RUI VILELA	Casa do Benfica em Castelo Branco	12490	3367	01:01:52	00:31:24:000
PEDRO ALBINO		14376	3368	01:01:53	00:31:25:000
RICARDO DIAS	Grupo Barraqueiro	10749	3369	01:01:55	00:31:27:000
HUGO FRANÇA	SWAT	14544	3370	01:01:55	00:31:27:000
ANDRE ANTUNES	TABAQUEIRA	15728	3371	01:01:55	00:31:27:000
RICARDO BOTELHO		17895	3372	01:01:55	00:31:27:000
VIRGILIO FERREIRA		11615	3373	01:01:56	00:31:28:000
NUNO MAURICIO		13168	3374	01:01:56	00:31:28:000
JOANA FRANCISCO		16151	3375	01:01:56	00:31:28:000
MAURO MARTINS		15136	3376	01:01:56	00:31:28:000
PEDRO NEVES	Casa Benfca em Alpiarça	13367	3377	01:01:57	00:31:29:000
PEDRO CORREIA	Rotascas	10336	3378	01:01:57	00:31:29:000
MAURO ANDRE		17525	3379	01:01:57	00:31:29:000
RITA REGALO		10681	3380	01:01:57	00:31:29:000
JORGE AGOSTINHO		13898	3381	01:01:58	00:31:30:000
SERAFIM MARQUES	Asas	12586	3382	01:01:59	00:31:31:000
RICARDO PATROCÍNIO		10779	3383	01:02:00	00:31:32:000
HELENA CUNHA	Asas	12584	3384	01:02:00	00:31:32:000
MIGUEL FARIA	Link	13396	3385	01:02:00	00:31:32:000
OLGA CUNHA		11366	3386	01:02:00	00:31:32:000
JOAQUIM PAIVA	Escola de Atletismo de Coimbra / JPaiva	15165	3387	01:02:01	00:31:33:000
HELIO DOLORES	Colaboradores SLB	16606	3388	01:02:02	00:31:34:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MIGUEL MIRANDA	Colaboradores SLB	16672	3389	01:02:04	00:31:36:000
NUNO BOLAS	Colaboradores SLB	17969	3390	01:02:04	00:31:36:000
JOSE SERRA		13050	3391	01:02:04	00:31:36:000
GONÇALO SERRA		13048	3392	01:02:04	00:31:36:000
RUI COELHO	Run for Friends	12898	3393	01:02:05	00:31:37:000
NELSON MELO		15923	3394	01:02:05	00:31:37:000
JOÃO BRITO		10128	3395	01:02:05	00:31:37:000
JOSÉ PITÉ		11739	3396	01:02:05	00:31:37:000
RICARDO GONÇALVES		11735	3397	01:02:06	00:31:38:000
JOÃO PAULO MONTEIRO		16088	3398	01:02:06	00:31:38:000
RICARDO CASTRO	Ricardo Mariano	16142	3399	01:02:07	00:31:39:000
JOAO VILAR TORRES		12861	3400	01:02:07	00:31:39:000
LUIS MIGUEL	mucifalense	14054	3401	01:02:07	00:31:39:000
CARLOS ALMEIDA	Duo Dinamico	15873	3402	01:02:07	00:31:39:000
LUIS MIGUEL	Mucifalense	14059	3403	01:02:07	00:31:39:000
PEDRO HENRIQUES		14025	3404	01:02:07	00:31:39:000
ANDRÉ COSTA	Os Galgos de Tancos	12075	3405	01:02:07	00:31:39:000
JOÃO COSTA	Os Galgos de Tancos	12073	3406	01:02:08	00:31:40:000
CARINA MARTINS		13907	3407	01:02:08	00:31:40:000
PATRICIA GIRAO		10074	3408	01:02:08	00:31:40:000
SANDRA ROCHA		11526	3409	01:02:08	00:31:40:000
CARLOS SERRA		15954	3410	01:02:08	00:31:40:000
JAIME PEREIRA		14706	3411	01:02:08	00:31:40:000
VICTOR AFONSO		14842	3412	01:02:08	00:31:40:000
EDUARDO TAVARES		14477	3413	01:02:08	00:31:40:000
INÊS SOTELINO	MM Runners	10932	3414	01:02:09	00:31:41:000
JUAN SOTELINO	MM Runners	10933	3415	01:02:09	00:31:41:000
ANDRÉ CARRÉLO		13307	3416	01:02:10	00:31:42:000
JOÃO PEDRO		13308	3417	01:02:10	00:31:42:000
JOSÉ MONTEIRO	Gordos e rebeldes	15761	3418	01:02:10	00:31:42:000
NUNO GONÇALVES	Keep Running	11380	3419	01:02:10	00:31:42:000
JOÃO LOURENÇO	REN	12266	3420	01:02:10	00:31:42:000
ANA CORREIA	Viriathvs Runners Viseu	11411	3421	01:02:10	00:31:42:000
PATRÍCIA MACHADO	Guizo Runners	14881	3422	01:02:11	00:31:43:000
CLÁUDIA NUNES	Viriathvs Runners Viseu	12510	3423	01:02:11	00:31:43:000
JORGE GENEROSO		10019	3424	01:02:11	00:31:43:000
FERNANDO ALMEIDA	FORÇA NA CANELA ESPINHO	14403	3425	01:02:12	00:31:44:000
LEVI SIMÕES		12204	3426	01:02:12	00:31:44:000
HÉLIO GARCIA		10121	3427	01:02:13	00:31:45:000
ANTONIO CASCAIS		12702	3428	01:02:13	00:31:45:000
NUNO PECAS		13687	3429	01:02:13	00:31:45:000
NUNO MATOS		10921	3430	01:02:13	00:31:45:000
JOÃO LOURENÇO		14722	3431	01:02:14	00:31:46:000
JIE LU	Huawei Portugal	15707	3432	01:02:14	00:31:46:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
TERESA VENTURA	CLAC - Entroncamento	13166	3433	01:02:15	00:31:47:000
TIAGO CANTEIRO	Team Roda Encravada	12028	3434	01:02:15	00:31:47:000
JOÃO JESUS		0 11346	3435	01:02:15	00:31:47:000
IVO RODRIGUES		11507	3436	01:02:15	00:31:47:000
SABIR KANJI	SS CGD	12421	3437	01:02:15	00:31:47:000
VITOR ALVES		15607	3438	01:02:16	00:31:48:000
PEDRO MIRANDA	Atlantico	15459	3439	01:02:16	00:31:48:000
SOLANGE GOMES		12146	3440	01:02:17	00:31:49:000
MARINO RODRIGUES		13232	3441	01:02:17	00:31:49:000
CARLOS CARITA	Clube Novo Banco	11298	3442	01:02:17	00:31:49:000
PEDRO ANTUNES	miúdos e graúdos	11554	3443	01:02:17	00:31:49:000
FILIPA MOREIRA	GENIUS	15453	3444	01:02:17	00:31:49:000
EDUARDO COELHO		15963	3445	01:02:17	00:31:49:000
JORGE MORAIS		15888	3446	01:02:18	00:31:50:000
PAULA SILVA		15889	3447	01:02:19	00:31:51:000
ILIDIO SILVA		10445	3448	01:02:19	00:31:51:000
PATRÍCIA MONTEIRO	Monteiro	13100	3449	01:02:19	00:31:51:000
SALOMÉ SOLDADOR		14804	3450	01:02:20	00:31:52:000
ARNALDO MONTEIRO	Monteiro	13101	3451	01:02:20	00:31:52:000
RITA GALOCHA		11460	3452	01:02:21	00:31:53:000
CARLA SILVA		13845	3453	01:02:21	00:31:53:000
TELMA GERVASIO		13477	3454	01:02:22	00:31:54:000
FÁBIO SOUSA		14977	3455	01:02:23	00:31:55:000
JUNIOR FERREIRA FERREIRA		16011	3456	01:02:24	00:31:56:000
VERA MENDES	Mendes	11068	3457	01:02:24	00:31:56:000
RÚBEN DINIS		10087	3458	01:02:24	00:31:56:000
JOSÉ LEITÃO	CASA DO BENFICA EM ABRANTES	16067	3459	01:02:24	00:31:56:000
TIAGO SILVA		13893	3460	01:02:25	00:31:57:000
JOAQUIM JOÃO SANTANA	Os Kotas	14369	3461	01:02:25	00:31:57:000
JOSÉ REALINHO		13476	3462	01:02:25	00:31:57:000
INÊS SANTOS	Lisrunning	11229	3463	01:02:25	00:31:57:000
INÊS RESENDE		15757	3464	01:02:26	00:31:58:000
JOÃO FARINHA		13663	3465	01:02:26	00:31:58:000
PEDRO JORGE ANTUNES CARQUEIJEIRO		16183	3466	01:02:26	00:31:58:000
NUNO ZACARIAS		16143	3467	01:02:26	00:31:58:000
NUNO FERREIRA		10277	3468	01:02:26	00:31:58:000
PEDRO FLORES		16198	3469	01:02:27	00:31:59:000
ANDRE RAPOSO		11616	3470	01:02:27	00:31:59:000
ANABELA MORAIS	Junta de Freguesia de Benfica	15319	3471	01:02:28	00:32:00:000
PEDRO MANZANO		15958	3472	01:02:28	00:32:00:000
PATRÍCIA MONTEIRO		16303	3473	01:02:28	00:32:00:000
DAVID PEREIRA		15970	3474	01:02:28	00:32:00:000
PAULO GORDO	Correr Queluz	14965	3475	01:02:28	00:32:00:000
SHEILA PEREIRA		15971	3476	01:02:28	00:32:00:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
LUISA XARRAZ	Correr Queluz	15629	3477	01:02:28	00:32:00:000
ROBERT VINTEN		10154	3478	01:02:28	00:32:00:000
JOÃO VIEIRA	MindOverData	12907	3479	01:02:28	00:32:00:000
RENATO JÁCOME	Devagar, devagarinho...	12560	3480	01:02:28	00:32:00:000
HUGO PRAGANA		14258	3481	01:02:28	00:32:00:000
FÁBIO FERREIRA		13038	3482	01:02:28	00:32:00:000
JOSE ACACIO		14714	3483	01:02:29	00:32:01:000
EMANUEL ARAÚJO		16175	3484	01:02:29	00:32:01:000
MIGUEL MARQUES MENDES		10372	3485	01:02:30	00:32:02:000
LUIS AUGUSTO	Aquae Scalabis	10690	3486	01:02:30	00:32:02:000
JACINTO NEVES	Os Galgos de Tancos	11841	3487	01:02:30	00:32:02:000
ANDREIA FERREIRA		14086	3488	01:02:30	00:32:02:000
ANTÓNIO GOMES		14917	3489	01:02:30	00:32:02:000
CÉLINE BARBOSA		11879	3490	01:02:31	00:32:03:000
BEATRIZ NEVES	Os Galgos de Tancos	11842	3491	01:02:31	00:32:03:000
DIOGO SIMOES	Dura Running Team	14305	3492	01:02:31	00:32:03:000
JOSÉ CRUZ	Linces da Bela Vista	11909	3493	01:02:31	00:32:03:000
PEDRO VIEIRA	CATEDRAL DA CERVEJA	15565	3494	01:02:32	00:32:04:000
RITA FARINHA	G.D.S.Sebastião da Freguesia de Canha	13290	3495	01:02:33	00:32:05:000
PEDRO FERRABELO	Corinthia Team	14275	3496	01:02:33	00:32:05:000
SÉRGIO SANTOS		13664	3497	01:02:33	00:32:05:000
ANTONIO CAETANO	STJoaoOliveiraTeam	14537	3498	01:02:33	00:32:05:000
MIGUEL SOBRAL	CASA DO BENFICA DE ALCÁCER DO SAL	17913	3499	01:02:34	00:32:06:000
MAFALDA ALMEIDA		11518	3500	01:02:34	00:32:06:000
RUI XAVIER	Clube EDP Lisboa	11811	3501	01:02:34	00:32:06:000
ERIC MOURATO		13401	3502	01:02:35	00:32:07:000
LUCIANO PATRAO		15105	3503	01:02:35	00:32:07:000
SOFIA VALA		11183	3504	01:02:35	00:32:07:000
JAIME MARQUES SEMEDO	Colaboradores SLB	16615	3505	01:02:35	00:32:07:000
NUNO NOGUEIRA		11182	3506	01:02:35	00:32:07:000
NUNO GIL		10776	3507	01:02:36	00:32:08:000
SILVIA DO Ó	CLUBE COLABORADORES AGEAS	11779	3508	01:02:37	00:32:09:000
JOSE MACHADO		15485	3509	01:02:37	00:32:09:000
ANTÓNIO ESTEVES		13339	3510	01:02:38	00:32:10:000
JOSE MIRA		15879	3511	01:02:38	00:32:10:000
ANTÓNIO FERREIRA		10567	3512	01:02:38	00:32:10:000
SUZANA MALHA	Run & Bota-Abaixo	10103	3513	01:02:38	00:32:10:000
AURÉLIO QUIAIOS		12422	3514	01:02:38	00:32:10:000
BRUNO VALENTE	Killing Us Softly	13570	3515	01:02:38	00:32:10:000
INÊS VAZ	Colaboradores SLB	16610	3516	01:02:39	00:32:11:000
LUÍS BRÁS COELHO	Clube Ferroviário de Portugal	17801	3517	01:02:39	00:32:11:000
SÓNIA CARPELHO		13110	3518	01:02:40	00:32:12:000
PLINIO MIGUEL MARQUES	JORGE FERNANDES LDA	15077	3519	01:02:41	00:32:13:000
RICARDO SIMÕES	Garehotelrunning	11580	3520	01:02:41	00:32:13:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
NUNO ANDRÉ TRIGUEIRO	SL Besuntas	13910	3521	01:02:41	00:32:13:000
EMANUEL SARAMAGO	Colaboradores SLB	16589	3522	01:02:41	00:32:13:000
MÁRCIA JERONIMO		14413	3523	01:02:41	00:32:13:000
FRANCISCO MOTA		10437	3524	01:02:41	00:32:13:000
RUI CORREIA	Urbanos	17926	3525	01:02:43	00:32:15:000
LUIS CAMBEZ	Peniche a Correr	13416	3526	01:02:43	00:32:15:000
LUÍS GAMA		10171	3527	01:02:43	00:32:15:000
ISAC DINIS	Casa Benfica Seixal	13779	3528	01:02:43	00:32:15:000
JOÃO RAMOS		14749	3529	01:02:44	00:32:16:000
RUI PIRES		16155	3530	01:02:44	00:32:16:000
FILIPA MALHEIRO		17910	3531	01:02:44	00:32:16:000
FLORÊNCIA BASILIO	Casa do Benfica em Castelo Branco	12178	3532	01:02:44	00:32:16:000
GONÇALO MALHEIRO		17912	3533	01:02:44	00:32:16:000
JOSÉ MARTINS		14125	3534	01:02:44	00:32:16:000
ARIANA ROCHA	Hospital da Luz	16404	3535	01:02:45	00:32:17:000
PEDRO PEREIRA	Ai Que Sede	15119	3536	01:02:45	00:32:17:000
GONÇALO SANTOS		10355	3537	01:02:45	00:32:17:000
HELENA SANTOS	URBANOS 1	15196	3538	01:02:45	00:32:17:000
DAVID SERRA		17903	3539	01:02:45	00:32:17:000
JULIA ALVES	Central de Cerveja	16464	3540	01:02:46	00:32:18:000
LUÍS MIGUEL DIAS		14688	3541	01:02:46	00:32:18:000
PEDRO VIEIRA		15783	3542	01:02:46	00:32:18:000
HÉLIO VELHAS		11785	3543	01:02:46	00:32:18:000
HUGO RICARDO BAPTISTA		10080	3544	01:02:47	00:32:19:000
ANA MONTEIRO		16243	3545	01:02:47	00:32:19:000
LUIS FERNANDES		70 14252	3546	01:02:47	00:32:19:000
SERGIO CANELAS		17529	3547	01:02:47	00:32:19:000
CARLA MONTEIRO		16244	3548	01:02:48	00:32:20:000
ANA XAREPE SILVA	Hospital da Luz	16346	3549	01:02:48	00:32:20:000
KATJA PEREIRA		10502	3550	01:02:48	00:32:20:000
EMANUEL DOMINGOS		14207	3551	01:02:48	00:32:20:000
MÁRIO ARVANA		17963	3552	01:02:48	00:32:20:000
JOAO CHASQUEIRA		13293	3553	01:02:49	00:32:21:000
DIOGO FRANCISCO		10925	3554	01:02:49	00:32:21:000
MAURO AMÊNDOA	PROSEGUR	15359	3555	01:02:49	00:32:21:000
CRISTINA FLORINDO	Amendoa	11329	3556	01:02:49	00:32:21:000
FERNANDA VERMELHUDO	Casa do Benfica de Moura	12558	3557	01:02:50	00:32:22:000
JOAQUIM DAS DORES	Casa do Benfica de Moura	12056	3558	01:02:50	00:32:22:000
MANUEL SOUSA	Pirilampos Moncarpacho	16123	3559	01:02:51	00:32:23:000
SEBASTIÃO BARATA	SS CGD	14787	3560	01:02:53	00:32:25:000
RUI PATRICIO		13929	3561	01:02:54	00:32:26:000
TÂNIA MOTA		14659	3562	01:02:55	00:32:27:000
JOÃO PAIVA		10563	3563	01:02:56	00:32:28:000
PAULO PATRICIO		11331	3564	01:02:56	00:32:28:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RICARDO LOPES		14667	3565	01:02:56	00:32:28:000
TIAGO ROSA		13419	3566	01:02:57	00:32:29:000
HÉLIO PIMENTEL	Run for Friends	13033	3567	01:02:57	00:32:29:000
ANDRÉ COSTA		11639	3568	01:02:57	00:32:29:000
ROBERTO CARDOSO		10285	3569	01:02:57	00:32:29:000
JOSÉ GOMES	Dura running team	15118	3570	01:02:58	00:32:30:000
CLÁUDIO CORREIA	Run for Friends	13032	3571	01:02:58	00:32:30:000
HUGO FIRMO	Tagus Junior Consulting	10695	3572	01:02:59	00:32:31:000
LUIS BASTOS	SS CGD	11564	3573	01:02:59	00:32:31:000
TIAGO PEDRO		13721	3574	01:03:00	00:32:32:000
PAULO COSTA		10753	3575	01:03:00	00:32:32:000
PEDRO CASCALHAIS		11234	3576	01:03:01	00:32:33:000
CARLOS LEITÃO	SS CGD	11333	3577	01:03:01	00:32:33:000
VANESSA SILVA		13980	3578	01:03:01	00:32:33:000
ESMERALDO PEREIRA	SS CGD	12049	3579	01:03:01	00:32:33:000
MIGUEL SILVA		13979	3580	01:03:01	00:32:33:000
MIGUEL BAIÃO		12260	3581	01:03:02	00:32:34:000
ANDRÉ BANDEIRA		12262	3582	01:03:02	00:32:34:000
JOSÉ MORUJO	Kenianos S.Pedro Estoril	13950	3583	01:03:02	00:32:34:000
VÂNIA ZARRO	Peniche a Correr	13438	3584	01:03:02	00:32:34:000
RENATO MARTINS	GET	10216	3585	01:03:03	00:32:35:000
PEDRO GIL		12901	3586	01:03:03	00:32:35:000
JOÃO GASPAR		14710	3587	01:03:03	00:32:35:000
SEBASTIEN HEBER		16013	3588	01:03:03	00:32:35:000
MARIA SILVA		11356	3589	01:03:03	00:32:35:000
ROGÉRIO DOMINGUES		11355	3590	01:03:03	00:32:35:000
JOSÉ DUARTE	Colaboradores SLB	16637	3591	01:03:03	00:32:35:000
PEDRO GALGUINHO		13269	3592	01:03:04	00:32:36:000
GONÇALO NEVES		15046	3593	01:03:05	00:32:37:000
JÚLIA NUNES	Gfi	15424	3594	01:03:05	00:32:37:000
MICKAEL FREIRE	Grupo Alegre Unido Bajouca	12715	3595	01:03:05	00:32:37:000
ANDREIA GONÇALVES	Grupo Alegre Unido Bajouca	12714	3596	01:03:05	00:32:37:000
HUGO MARQUES		12267	3597	01:03:05	00:32:37:000
ANA SOARES DA COSTA		12862	3598	01:03:06	00:32:38:000
HENRIQUE GARIFO	SS CGD	12050	3599	01:03:06	00:32:38:000
RICARDO MOURA BRITES		14151	3600	01:03:07	00:32:39:000
FILIFE JOSÉ ZACARIAS EUGÉNIO	PROJEA-Arquitectura e Engenharia, Lda.	10650	3601	01:03:07	00:32:39:000
BRUNO ANTUNES		15208	3602	01:03:07	00:32:39:000
CARLOS CARDOSO	Alverca Urban Runnurs	15274	3603	01:03:07	00:32:39:000
JOÃO PEDRO MOREIRA	Moreira	15555	3604	01:03:07	00:32:39:000
SILVIA GALVEIA	Escola de Atletismo do Montijo-A.F.D.D	15616	3605	01:03:07	00:32:39:000
PAULO GALVEIA	Escola de Atletismo do Montijo-A.F.D.D	15615	3606	01:03:08	00:32:40:000
LUÍS ALTER		14565	3607	01:03:08	00:32:40:000
JOAO HENRIQUES	EVERGROW	14651	3608	01:03:09	00:32:41:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
DANIELA SILVEIRA	Os Antigos	12824	3609	01:03:09	00:32:41:000
TIAGO PEREIRA	MM Runners	10930	3610	01:03:09	00:32:41:000
ARMINDO PORTINHA		14807	3611	01:03:09	00:32:41:000
SÍLVIA MATA	OS MATAS	13525	3612	01:03:09	00:32:41:000
JOSÉ PARDAL		11654	3613	01:03:09	00:32:41:000
SÉRGIO BORGES	Os Antigos	12823	3614	01:03:10	00:32:42:000
SOLANGE DUARTE	Peniche a Correr	14386	3615	01:03:10	00:32:42:000
PEDRO SA	Colaboradores SLB	16701	3616	01:03:11	00:32:43:000
MANUEL PEREIRA	Serviços Sociais Montepio	14967	3617	01:03:12	00:32:44:000
CARLOS LOPES	Benfiquistas da Marinha Grande	15827	3618	01:03:12	00:32:44:000
ALEXANDRE RAMOS	GSTEP	15066	3619	01:03:12	00:32:44:000
RUI LOURENÇO	GSTEP	15276	3620	01:03:12	00:32:44:000
CLÁUDIO CORREIA	GSTEP	15064	3621	01:03:12	00:32:44:000
CARLOS CARDOSO	GSTEP	15065	3622	01:03:12	00:32:44:000
PAULO MOREIRA		10172	3623	01:03:13	00:32:45:000
HUMBERTO GRUMETE	Benfiquistas da Marinha Grande	17601	3624	01:03:14	00:32:46:000
JOÃO MARTINEZ		11474	3625	01:03:14	00:32:46:000
BRUNO TOJEIRA	Benfiquistas da Marinha Grande	13597	3626	01:03:14	00:32:46:000
TELMO RODRIGUES		14256	3627	01:03:14	00:32:46:000
TIAGO SILVA	Benfiquistas da Marinha Grande	12593	3628	01:03:14	00:32:46:000
TELMA BARROSO		11952	3629	01:03:14	00:32:46:000
FILIPA BRANDÃO	Correr Loures	12055	3630	01:03:14	00:32:46:000
NUNO MIRA RODRIGUES		10635	3631	01:03:14	00:32:46:000
JOÃO BORGES		11790	3632	01:03:14	00:32:46:000
NUNO SILVA		12254	3633	01:03:15	00:32:47:000
ANDRÉ CRISTÓVÃO		14098	3634	01:03:15	00:32:47:000
TIAGO MARTINS	Captain Fly	13247	3635	01:03:15	00:32:47:000
CATARINA RAMOS	Correr Lisboa	14768	3636	01:03:16	00:32:48:000
MARCO ERNESTO	The Neighbours	13433	3637	01:03:16	00:32:48:000
CATARINA CARDOSO	The Neighbours	13434	3638	01:03:16	00:32:48:000
CARLOS ALBERTO MORAIS ROSA ROSA	Individual	13913	3639	01:03:16	00:32:48:000
DULCE SILVA		12545	3640	01:03:17	00:32:49:000
SANDRA BATISTA	Correr Lisboa	13761	3641	01:03:17	00:32:49:000
VANDA COVAS	2x1	10263	3642	01:03:17	00:32:49:000
INÊS BASTOS		16203	3643	01:03:17	00:32:49:000
RICARDO PAIVA		16205	3644	01:03:17	00:32:49:000
PEDRO LEIRIA		13281	3645	01:03:18	00:32:50:000
NUNO SILVA		14662	3646	01:03:18	00:32:50:000
VITOR MORGADO	Casa Benfica Seixal	13782	3647	01:03:19	00:32:51:000
MARCO FELICIANO	Team Roda Encravada	14962	3648	01:03:19	00:32:51:000
DIOGO SANTOS		16055	3649	01:03:19	00:32:51:000
RUI FERREIRA	Team Roda Encravada	14963	3650	01:03:19	00:32:51:000
BRUNO BELO	Hospital da Luz	16391	3651	01:03:20	00:32:52:000
PATRICIA PIRES		12131	3652	01:03:20	00:32:52:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
INÊS GONÇALVES		15907	3653	01:03:20	00:32:52:000
LUÍS ANASTÁCIO	Hospital da Luz	16385	3654	01:03:20	00:32:52:000
LUÍS ROSÁRIO		12869	3655	01:03:22	00:32:54:000
ANTONIO PEDRO RODRIGUES	FCK Runners	13574	3656	01:03:22	00:32:54:000
MARGARIDA TELLO DA GAMA		16128	3657	01:03:22	00:32:54:000
ANDREIA MIRANDA	Sport Arronches e Benfica	10192	3658	01:03:24	00:32:56:000
HELDER SANTOS	Correr Lisboa	12133	3659	01:03:24	00:32:56:000
PAULO GONÇALVES		14712	3660	01:03:24	00:32:56:000
RUI BONIFÁCIO	Juventude Vidigalense	12993	3661	01:03:25	00:32:57:000
JOÃO MELO		12328	3662	01:03:25	00:32:57:000
MÁRIO MARTINS		10908	3663	01:03:25	00:32:57:000
ZÉLIA PEDRO		11343	3664	01:03:26	00:32:58:000
RUI GUERREIRO		13914	3665	01:03:26	00:32:58:000
MARIO LIMEDE		13604	3666	01:03:26	00:32:58:000
NUNO CARREIRA		13129	3667	01:03:26	00:32:58:000
LUIS OSORIO	ASAS NOS PES	13348	3668	01:03:27	00:32:59:000
ROGÉRIO RIBEIRINHO	Arrebenta Milhas	13612	3669	01:03:27	00:32:59:000
DIOGO TOSCANO SANTOS	Arrebenta Milhas	13611	3670	01:03:28	00:33:00:000
JOÃO RITO		13019	3671	01:03:28	00:33:00:000
ARTUR PIRES		15784	3672	01:03:28	00:33:00:000
NUNO FERNANDES		13489	3673	01:03:29	00:33:01:000
ISABEL MARTINS		14126	3674	01:03:30	00:33:02:000
JOAO SILVA		13080	3675	01:03:30	00:33:02:000
LUÍS AFONSO		13029	3676	01:03:31	00:33:03:000
SOFIA MENDES		14979	3677	01:03:32	00:33:04:000
RUI CARVALHO		14978	3678	01:03:32	00:33:04:000
SARA DOMINGUES		15715	3679	01:03:32	00:33:04:000
LUÍS DAMIÃO	Boxe SLB	17931	3680	01:03:32	00:33:04:000
PETRA MATIAS	Hospital da Luz	16410	3681	01:03:32	00:33:04:000
HÉLDER REIS	Os Brutos do Xangai	11838	3682	01:03:32	00:33:04:000
FERNANDO MARTINS		15237	3683	01:03:33	00:33:05:000
JOÃO RAMALHINHO	Gordos e rebeldes	15760	3684	01:03:34	00:33:06:000
CARLA MARTINIANO	Grupo Barraqueiro	12201	3685	01:03:35	00:33:07:000
HÉLIO COSTA	Gordos e rebeldes	16014	3686	01:03:36	00:33:08:000
ANA FERNANDES	Colaboradores SLB	16542	3687	01:03:36	00:33:08:000
JOÃO MOTA		12003	3688	01:03:37	00:33:09:000
ÂNGELA BANDEIRAS		12258	3689	01:03:37	00:33:09:000
RUI ALMEIDA		14066	3690	01:03:37	00:33:09:000
MATILDE MIRANDA	Gloriosos	15361	3691	01:03:37	00:33:09:000
FREDERICO FERREIRA		17987	3692	01:03:37	00:33:09:000
INÊS PINHO		15812	3693	01:03:38	00:33:10:000
DIOGO PATA		12259	3694	01:03:38	00:33:10:000
MÁRIO SILVA		17532	3695	01:03:38	00:33:10:000
BEATRIZ FERNANDES	Colaboradores SLB	16552	3696	01:03:38	00:33:10:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MARIA TAVARES	As Primeiras	13620	3697	01:03:39	00:33:11:000
JOANA MORGADO MORIM	CLUBE COLABORADORES AGEAS	11768	3698	01:03:39	00:33:11:000
MÁRCIO BASÍLIO	AD IALBAX	15895	3699	01:03:40	00:33:12:000
RUI FERREIRA	Onda Team	12808	3700	01:03:40	00:33:12:000
MANUEL FERREIRA	ONDA TEAM	12810	3701	01:03:40	00:33:12:000
ROSA OLIVEIRA	G.D.S.Sebastião da Freguesia de Canha	13946	3702	01:03:40	00:33:12:000
DAVID SABINO		11693	3703	01:03:41	00:33:13:000
ISAURA VIEIRA	Vimos todos	11429	3704	01:03:41	00:33:13:000
MARIBEL SILVA		15469	3705	01:03:41	00:33:13:000
RENATO FONTE	Team Roda Encravada	12019	3706	01:03:42	00:33:14:000
JORGE AMORIM	Team Roda Encravada	12026	3707	01:03:42	00:33:14:000
JOAO CARDOSO		16063	3708	01:03:43	00:33:15:000
FILIFE VIEGAS		12397	3709	01:03:44	00:33:16:000
SERGIO PEDRO		14976	3710	01:03:44	00:33:16:000
PEDRO SILVA		17878	3711	01:03:44	00:33:16:000
NUNO VICENTE		10823	3712	01:03:46	00:33:18:000
NUNO LOPES	Grupo do Tinder	16044	3713	01:03:47	00:33:19:000
RICARDO BASSO		12040	3714	01:03:47	00:33:19:000
LUÍS TEXUGO		13376	3715	01:03:49	00:33:21:000
RODRIGO CORDEIRO	Huawei Portugal	14813	3716	01:03:50	00:33:22:000
LUIS SANTOS	Já Foste	11716	3717	01:03:51	00:33:23:000
SERGIO PINHEIRO	Já Foste	11718	3718	01:03:52	00:33:24:000
CARLOS HENRIQUES		13536	3719	01:03:52	00:33:24:000
PAULA SILVA		12148	3720	01:03:52	00:33:24:000
ANTÓNIO VIEIRA	Vimos todos	11431	3721	01:03:52	00:33:24:000
ALEXANDRE DOMINGUES		13684	3722	01:03:52	00:33:24:000
MARCO PALATINO		10658	3723	01:03:53	00:33:25:000
EMANUEL BEIJINHA		10698	3724	01:03:54	00:33:26:000
LUIS CLAUDIO		15790	3725	01:03:54	00:33:26:000
DAVID ADRIÃO		10600	3726	01:03:54	00:33:26:000
ARTUR LOPES		12660	3727	01:03:54	00:33:26:000
VALTER MARQUES GONCALVES		15193	3728	01:03:54	00:33:26:000
NUNO MIGUEL RODRIGUES	Cruz de pau	15871	3729	01:03:54	00:33:26:000
FILIFE TREMOÇO		13639	3730	01:03:55	00:33:27:000
MIGUEL SILVA	Laborspirit	14818	3731	01:03:55	00:33:27:000
DUARTE GODINHO		11226	3732	01:03:55	00:33:27:000
SERGIO DOMINGUES	Laborspirit	14820	3733	01:03:55	00:33:27:000
ARNALDO FRADE		14893	3734	01:03:56	00:33:28:000
NUNO OLIVEIRA		14111	3735	01:03:56	00:33:28:000
BRUNO VINTÉM	Pontével a Mexer	12147	3736	01:03:56	00:33:28:000
JOSÉ PYRRAIT		17948	3737	01:03:56	00:33:28:000
MIGUEL OLIVEIRA		11705	3738	01:03:56	00:33:28:000
JOÃO GOUVEIA		12301	3739	01:03:56	00:33:28:000
JOÃO FARINHA		12034	3740	01:03:57	00:33:29:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANTÓNIO BOTELHO		13638	3741	01:03:57	00:33:29:000
NUNO POMBO		11888	3742	01:03:59	00:33:31:000
DIOGO SILVA	Condor	14605	3743	01:03:59	00:33:31:000
FILIPE RODRIGUES		14936	3744	01:04:00	00:33:32:000
FRANCISCO MANUEL CASCALHAIS		11236	3745	01:04:00	00:33:32:000
EDUARDO RODRIGUES DE JESUS	Central de Cerveja	16488	3746	01:04:00	00:33:32:000
SONIA GODINHO	correr Loures	13773	3747	01:04:00	00:33:32:000
PEDRO FERNANDES	TABAQUEIRA	15736	3748	01:04:01	00:33:33:000
MARTINA ANTUNES	Metralhas do Oeste	13237	3749	01:04:01	00:33:33:000
MARIA CUNHA	ASAS NOS PÉS	10668	3750	01:04:02	00:33:34:000
LUIS RODRIGUES DE JESUS	Central de Cerveja	16489	3751	01:04:03	00:33:35:000
TIAGO GANDARA	Colaboradores SLB	16430	3752	01:04:03	00:33:35:000
ESTELA GONÇALVES		14142	3753	01:04:03	00:33:35:000
SÍLVIA FERREIRA		11012	3754	01:04:04	00:33:36:000
HUGO DUARTE	BENFIT	12931	3755	01:04:04	00:33:36:000
VITOR PEREIRA		13873	3756	01:04:04	00:33:36:000
JOÃO BOTELHO		15270	3757	01:04:04	00:33:36:000
JOÃO CORREIA BOTELHO		11332	3758	01:04:05	00:33:37:000
ANA PEREIRA	Run for Friends	12573	3759	01:04:06	00:33:38:000
LILIANA AGOSTINHO		13771	3760	01:04:07	00:33:39:000
FERNANDO MOITINHO	OutSystems	14959	3761	01:04:08	00:33:40:000
PAULO BAILÃO	SS CGD	14786	3762	01:04:09	00:33:41:000
LIDIA BAILÃO	SS CGD	14783	3763	01:04:09	00:33:41:000
FRANCISCO MANUEL CASCALHAIS		11233	3764	01:04:09	00:33:41:000
JAIME SEITA		11235	3765	01:04:09	00:33:41:000
ANA BARROCA	#passoapasso-runners Pontével	11824	3766	01:04:10	00:33:42:000
DINA AGOSTINHO	#passoapasso-runners Pontével	11919	3767	01:04:10	00:33:42:000
PATINHAS CRUZ	Sport Arronches e Benfica	16053	3768	01:04:10	00:33:42:000
LUIS SILVA	SS CGD	11566	3769	01:04:10	00:33:42:000
RITA CHOCALHINHO	SS CGD	14789	3770	01:04:10	00:33:42:000
CRISTIANA ALMEIDA	SS CGD	14788	3771	01:04:10	00:33:42:000
ADELIA CABRAL	SS CGD	11322	3772	01:04:10	00:33:42:000
HUGO CAVACAS		10438	3773	01:04:10	00:33:42:000
PEDRO NETO		12825	3774	01:04:10	00:33:42:000
LUIS LEITÃO	Os Filhos da Noite	11158	3775	01:04:11	00:33:43:000
BRUNO CAIADO		11418	3776	01:04:11	00:33:43:000
JOÃO MIRANDA	Casa Benfica Torres Vedras	14494	3777	01:04:12	00:33:44:000
JORGE SOARES ALBERGARIA	SL Benfica	13386	3778	01:04:13	00:33:45:000
LUÍS BORDALO E SÁ		13650	3779	01:04:13	00:33:45:000
MONICA SANTOS		12667	3780	01:04:14	00:33:46:000
MANUEL RIBEIRO		12465	3781	01:04:14	00:33:46:000
SAMUEL TEIXEIRA		12666	3782	01:04:14	00:33:46:000
RODRIGO COUTINHO	OutSystems	14955	3783	01:04:14	00:33:46:000
JOSÉ FRANCISCO DE REGA		15966	3784	01:04:15	00:33:47:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOSÉ MANUEL M. C. A. CONCEIÇÃO		11593	3785	01:04:15	00:33:47:000
TIAGO ALMEIDA		10843	3786	01:04:15	00:33:47:000
PAULO QUEIROZ		13709	3787	01:04:15	00:33:47:000
ANABELA MARTINS DE SOUSA MIRANDA	ACAPO-DL	14587	3788	01:04:15	00:33:47:000
NELSON JOSÉ VASCONCELOS PORTINHA	ACAPO-DL	14597	3789	01:04:15	00:33:47:000
CARLA NASCIMENTO	Clube Ferroviário de Portugal	16054	3790	01:04:16	00:33:48:000
NUNO RODRIGUES		11482	3791	01:04:16	00:33:48:000
ANA VENCES		17941	3792	01:04:16	00:33:48:000
CARLOS MARTINS		17514	3793	01:04:17	00:33:49:000
MIGUEL CATARINO		15381	3794	01:04:19	00:33:51:000
HUGO DIAS		17962	3795	01:04:19	00:33:51:000
MARCO MARQUES	Caldas corre +	13399	3796	01:04:20	00:33:52:000
MÁRIO PEREIRA	DreamTeam	11478	3797	01:04:20	00:33:52:000
PAULA CALADO	Central de Cerveja	16485	3798	01:04:21	00:33:53:000
DIANA MARQUES	Central de Cerveja	16487	3799	01:04:21	00:33:53:000
MARIA MOURA	Maria mOura	15265	3800	01:04:22	00:33:54:000
VANDA COELHO	LINCES DE MONTEMOR	15652	3801	01:04:22	00:33:54:000
JOÃO FARÓIA		11684	3802	01:04:22	00:33:54:000
JOEL COITO		11416	3803	01:04:22	00:33:54:000
VALTER RAMOS	Rundamn!	10475	3804	01:04:23	00:33:55:000
FAVELINA SANTOS	Tartarugas Solidarias	10339	3805	01:04:23	00:33:55:000
JAIME MACHADO	Jaime Machado	16117	3806	01:04:23	00:33:55:000
PEDRO FERREIRA	Serviços Sociais Montepio	11868	3807	01:04:24	00:33:56:000
DÉBORA ALMEIDA	Rundamn!	10476	3808	01:04:24	00:33:56:000
ANDREIA COSTA	Tartarugas Solidárias	15802	3809	01:04:24	00:33:56:000
JORGE MOREIRA	NUCLEO DESPORTIVO AUTOCOOPE	13747	3810	01:04:25	00:33:57:000
PAULO SARMENTO	Coimbra Trail Running	14311	3811	01:04:25	00:33:57:000
NUNO MARTINS	Coimbra trailruning	13456	3812	01:04:25	00:33:57:000
ARTUR JORGE ANDRADE		11204	3813	01:04:25	00:33:57:000
CATARINA AFONSO		13205	3814	01:04:26	00:33:58:000
ÂNGELA BRITO		12242	3815	01:04:26	00:33:58:000
JOÃO VICENTE		11144	3816	01:04:27	00:33:59:000
RICARDO FERNANDES	Clube Novo Banco	11281	3817	01:04:27	00:33:59:000
JOSÉ GERALDES		13586	3818	01:04:28	00:34:00:000
LUÍS CUSTÓDIA		14817	3819	01:04:28	00:34:00:000
PAULA MARTINS	SS CGD	11572	3820	01:04:28	00:34:00:000
JORGE RODRIGUES		15011	3821	01:04:29	00:34:01:000
JOAO JANEIRO		17877	3822	01:04:29	00:34:01:000
MÔNICA VENTURA	CLAC - Entroncamento	13165	3823	01:04:30	00:34:02:000
FERNANDO GONÇALVES		11741	3824	01:04:30	00:34:02:000
NUNO ALVES	CASA DO BENFICA CONDEIXA	15855	3825	01:04:30	00:34:02:000
PEDRO PALRÃO		16251	3826	01:04:31	00:34:03:000
TIAGO NASCIMENTO		11044	3827	01:04:31	00:34:03:000
Mª MADALENA TEIXEIRA		12136	3828	01:04:31	00:34:03:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOANA RODRIGUES	NOSOutRun	14462	3829	01:04:32	00:34:04:000
ANA SILVA	Tratas	12850	3830	01:04:33	00:34:05:000
CRISTINA PITA		11248	3831	01:04:33	00:34:05:000
PAULO MOURA		10890	3832	01:04:33	00:34:05:000
RUI MACHADO	Run&Smile	10223	3833	01:04:33	00:34:05:000
ANTONIO SILVA		10892	3834	01:04:33	00:34:05:000
ADRIANA SANTOS		12190	3835	01:04:34	00:34:06:000
JORGE MARTINS		15240	3836	01:04:34	00:34:06:000
CLAUDIA MATOS	Casa Benfica Seixal	14522	3837	01:04:34	00:34:06:000
RITA LOPES	GDCTINCM	12282	3838	01:04:34	00:34:06:000
ANDREIA SANTOS		12191	3839	01:04:34	00:34:06:000
MANUEL BARROS		11050	3840	01:04:35	00:34:07:000
FILOMENA PEDRA	BE IN SHAPE	13506	3841	01:04:35	00:34:07:000
MARTIM GALRINHO	PACERS	16758	3842	01:04:36	00:34:08:000
PATRICIA RAMOS	BE IN SHAPE	13508	3843	01:04:36	00:34:08:000
JOAO GOMES		12415	3844	01:04:36	00:34:08:000
RICARDO SILVA	PACERS	16761	3845	01:04:36	00:34:08:000
PEDRO TEMUDO		10767	3846	01:04:36	00:34:08:000
BRUNO COSTA		13263	3847	01:04:37	00:34:09:000
JOSÉ EDUARDO SILVA	Autoas Runners	10184	3848	01:04:38	00:34:10:000
SUSANA MENDES	Hospital da Luz	16515	3849	01:04:38	00:34:10:000
ANA NEVES		13238	3850	01:04:38	00:34:10:000
BRUNO FILIPE MARTINS	Faneca Running	10480	3851	01:04:38	00:34:10:000
JOAO NETA		10676	3852	01:04:39	00:34:11:000
VITOR ESCARIA	Escaria&friends	12939	3853	01:04:39	00:34:11:000
DANIEL NETO		10515	3854	01:04:39	00:34:11:000
PEDRO FERREIRA		11003	3855	01:04:39	00:34:11:000
JOÃO VIEIRA		16004	3856	01:04:40	00:34:12:000
MARIA JOAO SIMOES		10568	3857	01:04:40	00:34:12:000
MIGUEL REIS LOPES		16261	3858	01:04:41	00:34:13:000
JOSÉ GIL		12902	3859	01:04:41	00:34:13:000
NELSON FERREIRA	Ferreira	12990	3860	01:04:42	00:34:14:000
JOHANNA HIETALA		17964	3861	01:04:42	00:34:14:000
DIOGO GAIVOTO	Somos Disto	14732	3862	01:04:42	00:34:14:000
LUIS PINTO		11014	3863	01:04:42	00:34:14:000
PAULO SERRA	Serralharia Agostinho Duarte, Lda	14197	3864	01:04:42	00:34:14:000
SARA OLIVEIRA		13297	3865	01:04:43	00:34:15:000
CESAR FUNDO	Clube EDP Lisboa	11805	3866	01:04:43	00:34:15:000
NUNO JORGE JACINTO MASCULINO		12682	3867	01:04:43	00:34:15:000
RUI MARQUES		11035	3868	01:04:43	00:34:15:000
PEDRO HENRIQUES		12881	3869	01:04:44	00:34:16:000
ENIO PINHO		13850	3870	01:04:44	00:34:16:000
VANDA CORREIA		11732	3871	01:04:45	00:34:17:000
RUI MIRANDA		11731	3872	01:04:46	00:34:18:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
LIGIA SOFIA		15445	3873	01:04:46	00:34:18:000
RITA CORREIA		10356	3874	01:04:47	00:34:19:000
JULIO SILVA	TECNAGAS	14438	3875	01:04:47	00:34:19:000
GONÇALO NUNES	G.D.S.Sebastião da Freguesia de Canha	13958	3876	01:04:47	00:34:19:000
JULIANA PINHEIRAL	Os Galgos de Tancos	11420	3877	01:04:48	00:34:20:000
CRISTINA GUERREIRO	Mexe-Te Mo	15928	3878	01:04:48	00:34:20:000
RUI COSTA		11911	3879	01:04:48	00:34:20:000
GUSTAVO COSTA		11912	3880	01:04:48	00:34:20:000
SERGIO BORRALHEIRA	AzarujaBTT	15506	3881	01:04:49	00:34:21:000
MARTA MENDES	Consulai	15817	3882	01:04:49	00:34:21:000
EDUARDO GARCIA	Consulai	15819	3883	01:04:49	00:34:21:000
PEDRO SANTOS	Consulai	15818	3884	01:04:49	00:34:21:000
MARIO SILVA	Ganha Dores	14101	3885	01:04:49	00:34:21:000
PAULO MARQUES	Marques	15891	3886	01:04:50	00:34:22:000
JOSÉ FELISBERTO		14561	3887	01:04:50	00:34:22:000
HUGO COSTA		14562	3888	01:04:50	00:34:22:000
MÓNICA ALEXANDRA MARTINS MIRA		13665	3889	01:04:50	00:34:22:000
MIGUEL CASTRO		15620	3890	01:04:50	00:34:22:000
TELMO CASIMIRO		16313	3891	01:04:51	00:34:23:000
HUGO RALHA		16314	3892	01:04:51	00:34:23:000
CÉLIA SILVA	CLAC - Entroncamento	13159	3893	01:04:51	00:34:23:000
JOÃO MIGUEL MATOS		13655	3894	01:04:52	00:34:24:000
MARIANA BRÍZIDO		13656	3895	01:04:52	00:34:24:000
MARGARIDA BRÍZIDO		13654	3896	01:04:52	00:34:24:000
FERNANDO MARTINS		11653	3897	01:04:53	00:34:25:000
ANA LÚCIA CHATILLON		11149	3898	01:04:53	00:34:25:000
JOAO ALVES		10483	3899	01:04:54	00:34:26:000
RUI CARVALHO	Colaboradores SLB	16727	3900	01:04:54	00:34:26:000
DANIEL CONCEIÇÃO	N. A. PAPAGAIOS DE CASCAIS	11438	3901	01:04:54	00:34:26:000
HELDER MOTA		16271	3902	01:04:54	00:34:26:000
ACACIO LOPES		11489	3903	01:04:54	00:34:26:000
LUIS COSTA		13223	3904	01:04:55	00:34:27:000
RUI RAPOSO		11468	3905	01:04:56	00:34:28:000
DUARTE TEIXEIRA	Hitachi Vantara	10039	3906	01:04:57	00:34:29:000
PEDRO VINHAS RODRIGUES		15590	3907	01:04:57	00:34:29:000
CARLOS RODRIGUES	Grupo Marcha e Corrida Jamor	16219	3908	01:04:57	00:34:29:000
RUI LOPES		12897	3909	01:04:58	00:34:30:000
HENRIQUE CAPELAS		11851	3910	01:04:58	00:34:30:000
SUSANA SANTOS		12071	3911	01:04:58	00:34:30:000
JOÃO SOUSA		13682	3912	01:04:58	00:34:30:000
FRANCISCO FERREIRA		15832	3913	01:04:59	00:34:31:000
SUSANA OLIVEIRA		16284	3914	01:04:59	00:34:31:000
JOÃO FERNANDES	Casa Benfica Seixal	15402	3915	01:04:59	00:34:31:000
ANDREIA CASTRO		16098	3916	01:04:59	00:34:31:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
FREDERICO SILVA		12591	3917	01:05:00	00:34:32:000
LUÍS PEDRO		14181	3918	01:05:00	00:34:32:000
PEDRO SÁ		13881	3919	01:05:00	00:34:32:000
JOAO FELIX		10211	3920	01:05:01	00:34:33:000
JOÃO FORTES	Colaboradores SLB	16620	3921	01:05:01	00:34:33:000
SERGIO PEREIRA		11452	3922	01:05:02	00:34:34:000
PEDRO COELHO	Captain Fly	13246	3923	01:05:02	00:34:34:000
INÊS SILVA		12592	3924	01:05:02	00:34:34:000
SHAHIN MAMADEUSSENE	Benfica em Forma	13453	3925	01:05:03	00:34:35:000
EMANUEL DA SILVA		11264	3926	01:05:03	00:34:35:000
ANTÓNIO FERNANDES	Grupo Alegre Unido Bajouca	12712	3927	01:05:03	00:34:35:000
CECILIA RIBEIRO	Mucifalense	14055	3928	01:05:03	00:34:35:000
BRUNO DOMINGOS		10810	3929	01:05:04	00:34:36:000
RICARDO FREIRE		0 10956	3930	01:05:05	00:34:37:000
FILIFE SILVA		10957	3931	01:05:05	00:34:37:000
SÓNIA NOBRE	DXC	12453	3932	01:05:05	00:34:37:000
JOÃO DAVIM		12853	3933	01:05:06	00:34:38:000
CARLOS CLARO	CASA DO BENFICA CONDEIXA	15853	3934	01:05:06	00:34:38:000
RUI FERREIRA		12118	3935	01:05:07	00:34:39:000
JOÃO CANAS	Solera Runners	14897	3936	01:05:07	00:34:39:000
CLAUDIA MATOS	Run Forrest Run	12829	3937	01:05:09	00:34:41:000
XANA FILIFE	Clube Novo Banco	11284	3938	01:05:09	00:34:41:000
SANDRA COELHO	Colaboradores SLB	16735	3939	01:05:09	00:34:41:000
PAULO BELO CAMPOS		15465	3940	01:05:10	00:34:42:000
MARIO SANTO		15372	3941	01:05:10	00:34:42:000
CARLOS LAVRADOR	Run&Smile	10222	3942	01:05:10	00:34:42:000
NUNO FRAGOSO		11046	3943	01:05:10	00:34:42:000
CESAR PEREIRA		15513	3944	01:05:11	00:34:43:000
ANA RUTE PANELA	TAC	10108	3945	01:05:12	00:34:44:000
JORGE PINA PINTO	Afis/Ovar	13802	3946	01:05:12	00:34:44:000
RUI ROCHA		14117	3947	01:05:12	00:34:44:000
RICARDOCARLA COSTA		15949	3948	01:05:13	00:34:45:000
CLAUDIA PIMENTEL		17572	3949	01:05:13	00:34:45:000
MARCO SANTOS		14826	3950	01:05:14	00:34:46:000
HUGO BATISTA		11370	3951	01:05:15	00:34:47:000
RITA FERREIRA		12119	3952	01:05:15	00:34:47:000
LAURA MEDINA		15880	3953	01:05:15	00:34:47:000
LUIS LUCAS		13615	3954	01:05:15	00:34:47:000
LUÍS MARTINS		13077	3955	01:05:16	00:34:48:000
RICARDO CHAINHO		15212	3956	01:05:17	00:34:49:000
JOAQUIM VENTURA	CLAC - Entroncamento	13167	3957	01:05:17	00:34:49:000
JOSÉ ARTUR BARREIROS		10343	3958	01:05:18	00:34:50:000
RUI BOGALHO	Chitas de Alcobaça	12240	3959	01:05:19	00:34:51:000
MAGDA CARVALHO	Chitas de Alcobaça	12246	3960	01:05:19	00:34:51:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ISABEL RODRIGUES	Renault	16126	3961	01:05:20	00:34:52:000
LUIS CARVALHO		13292	3962	01:05:20	00:34:52:000
JOÃO AFONSO	CATA	12144	3963	01:05:21	00:34:53:000
JOÃO GONÇALVES	JONAS TEAM	13652	3964	01:05:21	00:34:53:000
JOÃO FILIPE BRITO	JONAS TEAM	13653	3965	01:05:21	00:34:53:000
MIGUEL PEREIRA		10317	3966	01:05:21	00:34:53:000
PAULO DUARTE	Galgos Audazes	10239	3967	01:05:22	00:34:54:000
NAZARÉ SAIMEIRA	ONDA TEAM	12809	3968	01:05:22	00:34:54:000
ELIZABETE FERREIRA	ONDA TEam	12817	3969	01:05:22	00:34:54:000
JOÃO LOURENÇO		13412	3970	01:05:23	00:34:55:000
NUNO MARCOS		13674	3971	01:05:23	00:34:55:000
ANA RAIMUNDO		13675	3972	01:05:23	00:34:55:000
MARIA SILVA		11161	3973	01:05:23	00:34:55:000
MARIA SILVA		11162	3974	01:05:24	00:34:56:000
PAULO BROTAS PINTO		0 12905	3975	01:05:24	00:34:56:000
TIAGO PERALTA		11163	3976	01:05:24	00:34:56:000
FRANCISCO FERRO	Casa Benfica Seixal	13785	3977	01:05:25	00:34:57:000
FERNANDA SANTOS	TABAQUEIRA	15732	3978	01:05:25	00:34:57:000
LUÍS MORAIS	Sport ISEG e Benfica	11241	3979	01:05:25	00:34:57:000
JOÃO LOPES	Casa do Benfica em Algueirão Mem Martins-Sintra	14047	3980	01:05:26	00:34:58:000
JOAQUIM MARTINS	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	12234	3981	01:05:27	00:34:59:000
RAQUEL FERRADOR		10486	3982	01:05:27	00:34:59:000
BRUNO FERREIRA	Clube Brisa	12461	3983	01:05:27	00:34:59:000
ORLANDO RAMOS	Clube Brisa	12463	3984	01:05:27	00:34:59:000
MARIO RAPOSO	Clube Brisa	12462	3985	01:05:28	00:35:00:000
ANDRÉ BAETA	Duarte Club	10612	3986	01:05:28	00:35:00:000
JOÃO PAULO NUNES GODINHO DOMINGUES		13683	3987	01:05:30	00:35:02:000
FRANCISCO ROQUE	INDIVIDUAL	14193	3988	01:05:30	00:35:02:000
PAULA REGALADO	Afis/Ovar	14489	3989	01:05:30	00:35:02:000
CARLOS PINTO SANTOS	Borrego Engenharia	15185	3990	01:05:30	00:35:02:000
ELISABETE ASSUNÇÃO	Afis/Ovar	13797	3991	01:05:30	00:35:02:000
RUI CATARINO		10981	3992	01:05:31	00:35:03:000
DANIEL LEITÃO		11094	3993	01:05:31	00:35:03:000
INÊS BARROSO		10787	3994	01:05:32	00:35:04:000
PEDRO FONTE		10786	3995	01:05:32	00:35:04:000
CÁTIA RANGEL		15706	3996	01:05:32	00:35:04:000
RICARDO FERREIRA	Garcia Runners	13301	3997	01:05:32	00:35:04:000
JOSÉ CARLOS NUNES		13382	3998	01:05:32	00:35:04:000
JOSE BARROSO		15562	3999	01:05:35	00:35:07:000
NUNO SOUSA	ELES e ELAS	10393	4000	01:05:35	00:35:07:000
FÁBIO SOUSA		14873	4001	01:05:36	00:35:08:000
PEDRO PEREIRA		12039	4002	01:05:37	00:35:09:000
LUIS SILVA		12111	4003	01:05:38	00:35:10:000
JOSE PEREIRA	Desciplos de Roxxa	15796	4004	01:05:38	00:35:10:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RUTE HENRIQUES		12153	4005	01:05:38	00:35:10:000
CUSTODIO ATALHO	Las Rojas	13254	4006	01:05:39	00:35:11:000
RUTE SOARES	Auto luis	11515	4007	01:05:39	00:35:11:000
HEITOR MANUEL SANTOS		10953	4008	01:05:39	00:35:11:000
CARLA MOTA		13926	4009	01:05:40	00:35:12:000
CARLOS PIRES	Central de Cerveja	16458	4010	01:05:40	00:35:12:000
MANUEL GOMES		12896	4011	01:05:40	00:35:12:000
LUIS COELHO		14707	4012	01:05:40	00:35:12:000
DANIELA PASCOAL		12895	4013	01:05:41	00:35:13:000
MARTA TAVARES		17900	4014	01:05:41	00:35:13:000
FLÁVIO LUCAS		12411	4015	01:05:42	00:35:14:000
JOÃO VELOSO		12751	4016	01:05:42	00:35:14:000
PEDRO MOTA	Clube Novo Banco	11308	4017	01:05:42	00:35:14:000
MARTA DINIS	Nel-Pédatlleta	11506	4018	01:05:42	00:35:14:000
JOÃO SIMÕES		10581	4019	01:05:43	00:35:15:000
JOANA GAROUPA	Silva	15972	4020	01:05:43	00:35:15:000
CATARINA MACHADO		10400	4021	01:05:43	00:35:15:000
SÉRGIO ESTANQUEIRO		11648	4022	01:05:44	00:35:16:000
INÊS COLAÇO		10833	4023	01:05:45	00:35:17:000
NUNO PIMENTEL	Palmeiras Running Team	11933	4024	01:05:45	00:35:17:000
ANDRÉ FREITAS		13516	4025	01:05:46	00:35:18:000
TIAGO SANTOS LIMA	Coca-Cola	14906	4026	01:05:46	00:35:18:000
DANIEL EUGENIO		15865	4027	01:05:46	00:35:18:000
SANDRO PERES		11503	4028	01:05:47	00:35:19:000
ANTONIO PARREIRA		11016	4029	01:05:47	00:35:19:000
MIGUEL PALMA		11017	4030	01:05:47	00:35:19:000
FREDERICO FERREIRA	Zimbra Fox Runners	11628	4031	01:05:48	00:35:20:000
JOÃO CASTRO		12095	4032	01:05:48	00:35:20:000
INÊS SILVA		14694	4033	01:05:48	00:35:20:000
MIGUEL ALVES		13636	4034	01:05:48	00:35:20:000
RUBEN RIBEIRO		10936	4035	01:05:48	00:35:20:000
RICARDO MARTINS		13543	4036	01:05:49	00:35:21:000
JOAQUIM MELO		14930	4037	01:05:50	00:35:22:000
GUILHERME BRITO		14039	4038	01:05:50	00:35:22:000
NUNO SABINO		11713	4039	01:05:50	00:35:22:000
MARTA AGOSTINHO		17920	4040	01:05:50	00:35:22:000
NUNO PEREIRA	NATURA MINDE	12068	4041	01:05:51	00:35:23:000
RICARDO FERREIRA	Serviços Sociais Montepio	11977	4042	01:05:51	00:35:23:000
MARCO SOUSA	Os Fincadas U.R.D.Juncalense	12398	4043	01:05:51	00:35:23:000
RUBEN SILVEIRA	Urbanos	17918	4044	01:05:51	00:35:23:000
MARIANA SEQUEIRA	evelx	13096	4045	01:05:52	00:35:24:000
JOÃO TIAGO MARTINS	Em rata lovers	12668	4046	01:05:52	00:35:24:000
BEATRIZ NOGUEIRA		14322	4047	01:05:52	00:35:24:000
NUNO MOREIRA	Moreira	15553	4048	01:05:52	00:35:24:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
DIOGO ALVES	Emrata Lovers	13931	4049	01:05:53	00:35:25:000
PEDRO MATOS		13908	4050	01:05:53	00:35:25:000
IVANNA ZEMBA		12637	4051	01:05:53	00:35:25:000
ANA MARIA CARVALHO RIBEIRO	Correr Lisboa	11659	4052	01:05:53	00:35:25:000
ANETT ACSAI	Adidas runners Budapest	11966	4053	01:05:54	00:35:26:000
ALTINO SILVA	casa do pessoal do iva	13303	4054	01:05:55	00:35:27:000
JOÃO CASTRO		16059	4055	01:05:55	00:35:27:000
JOÃO NOGUEIRA		14320	4056	01:05:56	00:35:28:000
JOÃO PEREIRA	Clube Desportivo Ribeirense	14350	4057	01:05:56	00:35:28:000
EDGAR MULIANO	Clube Desportivo Ribeirense	16167	4058	01:05:57	00:35:29:000
PAULO FIGUEIREDO	Colaboradores SLB	16698	4059	01:05:58	00:35:30:000
JEAN RAFAEL		14103	4060	01:05:58	00:35:30:000
NUNO JOSE		13155	4061	01:05:58	00:35:30:000
NUNO CRUZ		13044	4062	01:05:58	00:35:30:000
SÉRGIO TIAGO		16172	4063	01:05:59	00:35:31:000
CARMEN SANTOS		14603	4064	01:05:59	00:35:31:000
GONÇALO HENRIQUES	RunningÓdependentes	13081	4065	01:06:00	00:35:32:000
JOÃO PEREIRA		11895	4066	01:06:00	00:35:32:000
CARLOS FIALHO	Benecar Runners	12378	4067	01:06:01	00:35:33:000
ADRIANO ZAMBUJEIRO	Anselminho Runners	10303	4068	01:06:02	00:35:34:000
SERGIO SANTOS		15569	4069	01:06:03	00:35:35:000
JOSÉ MARTINS	Palpites e Teorias	16254	4070	01:06:04	00:35:36:000
MARISA SERRA	Anselminho Runners	16174	4071	01:06:05	00:35:37:000
HUGO CUNHA		11798	4072	01:06:06	00:35:38:000
LUIS BAPTISTA		11092	4073	01:06:06	00:35:38:000
PEDRO REIS	Engiminid	10877	4074	01:06:06	00:35:38:000
PEDRO GIL GAMEIRO		15998	4075	01:06:07	00:35:39:000
MANUEL BAPTISTA	SS CGD	12047	4076	01:06:07	00:35:39:000
JOAQUIM PIRES		14612	4077	01:06:08	00:35:40:000
NUNO MARTINS		11483	4078	01:06:09	00:35:41:000
PEDRO CURVEIRA		11525	4079	01:06:09	00:35:41:000
FERNANDO RODRIGUES	PANQUECAS	15305	4080	01:06:09	00:35:41:000
MÁRIO SANTOS		16294	4081	01:06:10	00:35:42:000
JOANA CARVALHAL	Hospital da Luz	16491	4082	01:06:10	00:35:42:000
ELSA SOARES	Individual	16146	4083	01:06:11	00:35:43:000
RUI LOPES		11898	4084	01:06:11	00:35:43:000
PATRÍCIA ANDRADE	Fronteira Running	15233	4085	01:06:13	00:35:45:000
ARLETE COSTA FERREIRA FERREIRA		12720	4086	01:06:13	00:35:45:000
LETICIA SILVA	Fronteira Running ACF	13961	4087	01:06:13	00:35:45:000
HÉLIO BRUNO	Peniche a Correr	10062	4088	01:06:14	00:35:46:000
RUI CARRIÇO		11839	4089	01:06:14	00:35:46:000
ANDRÉ PINTO	Caldas Corre +	17557	4090	01:06:14	00:35:46:000
ISABEL MAGALHÃES	Gym2010	13065	4091	01:06:14	00:35:46:000
CHRISTIAN LUWISCH		17552	4092	01:06:14	00:35:46:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
TÂNIA VEIGA		13236	4093	01:06:15	00:35:47:000
ANDREIA FARIAS		13235	4094	01:06:15	00:35:47:000
WILSON REIS	Escola de Atletismo do Montijo-A.F.D.D	15614	4095	01:06:16	00:35:48:000
GABRIEL LOURENÇO	Team Roda Encravada	14961	4096	01:06:17	00:35:49:000
FILIPE SIMÃO	Sossego/Bica do Bairro	12451	4097	01:06:17	00:35:49:000
MARCO REBELO	Benecar Runners	12377	4098	01:06:17	00:35:49:000
ANDREIA CARDADOR	Mo Farah de pegões	15061	4099	01:06:17	00:35:49:000
ANTÓNIO SAIOTE		15085	4100	01:06:17	00:35:49:000
ANTÓNIO FIGUEIREDO	Clube EDP Lisboa	11802	4101	01:06:17	00:35:49:000
ALBINO RESENDE		15655	4102	01:06:18	00:35:50:000
NUNO CABANAS	CABANAS RUNNING	14907	4103	01:06:18	00:35:50:000
NUNO SILVA	Colaboradores SLB	16679	4104	01:06:18	00:35:50:000
ALEXANDRE SILVA	Colaboradores SLB	16536	4105	01:06:19	00:35:51:000
VIRGÍLIO LOPES	Colaboradores SLB	16446	4106	01:06:20	00:35:52:000
VITOR TAVARES		10457	4107	01:06:20	00:35:52:000
HENRIQUE MOUTA	SS CGD	11338	4108	01:06:20	00:35:52:000
GONÇALO REGO		14993	4109	01:06:20	00:35:52:000
RICARDO MACHADO		16057	4110	01:06:20	00:35:52:000
MARIA EMILIA MARIA		10781	4111	01:06:21	00:35:53:000
JORGE ABRANTES		16234	4112	01:06:21	00:35:53:000
FILIPE SANTOS		16238	4113	01:06:21	00:35:53:000
DIOGO GIRALDES		16235	4114	01:06:21	00:35:53:000
FLÁVIO PEREIRA		11534	4115	01:06:21	00:35:53:000
JOANA FITAS		11535	4116	01:06:22	00:35:54:000
LUÍS TRINDADE	Cilnet	15142	4117	01:06:22	00:35:54:000
NUNO FRANCISCO		15225	4118	01:06:22	00:35:54:000
SÓNIA ANDRADE	CCD CRÉDITO AGRÍCOLA MÚTUO	12351	4119	01:06:22	00:35:54:000
HÉLIO SILVA	Silva	13648	4120	01:06:22	00:35:54:000
JOAO FREIRE		17974	4121	01:06:23	00:35:55:000
SÓNIA MONTEIRO	Ac Batalha	14285	4122	01:06:23	00:35:55:000
RUI COSTA		12355	4123	01:06:23	00:35:55:000
ISABEL VIEIRA	OS MATAS	13526	4124	01:06:23	00:35:55:000
JOSÉ FERNANDO FIALHO	Casa Benfica de Moura	11408	4125	01:06:24	00:35:56:000
ANDRE BEJINHA		17959	4126	01:06:24	00:35:56:000
RUI CASIMIRO		13042	4127	01:06:24	00:35:56:000
LUIS DAMIÃO		15385	4128	01:06:24	00:35:56:000
CÉLIA SIMÕES	TudoEu.com	13272	4129	01:06:25	00:35:57:000
HUMBERTO CORREIA	MUCLEO DESPORTIVO AUTOCOOPE	13748	4130	01:06:25	00:35:57:000
MARIANA ENES	GUERIN	15191	4131	01:06:25	00:35:57:000
BRUNO RODRIGUES RIBEIRO	CLUBE COLABORADORES AGEAS	11761	4132	01:06:25	00:35:57:000
ANABELA BORDALO	AACR	10245	4133	01:06:25	00:35:57:000
HUGO ENES	GUERIN	15190	4134	01:06:26	00:35:58:000
TIAGO OLIVEIRA		14772	4135	01:06:26	00:35:58:000
ODÍLIA PEREIRA		16295	4136	01:06:26	00:35:58:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
VASCO TRINDADE		17947	4137	01:06:26	00:35:58:000
LUIS COIMBRA		14856	4138	01:06:27	00:35:59:000
SWEETY GOVINDJI		13016	4139	01:06:28	00:36:00:000
IÚRI TEIXEIRA		10854	4140	01:06:28	00:36:00:000
MOISÉS FERNANDES	Clube Novo Banco	11294	4141	01:06:28	00:36:00:000
MIGUEL CALDAS		11458	4142	01:06:29	00:36:01:000
LUÍS TORRADINHAS		16122	4143	01:06:29	00:36:01:000
RENATO PALMA		10259	4144	01:06:29	00:36:01:000
RAQUEL MORTE		10177	4145	01:06:30	00:36:02:000
ANA GOIOS		10178	4146	01:06:30	00:36:02:000
MIGUEL GUILHERME		16079	4147	01:06:30	00:36:02:000
ANTÓNIO ROSA	Casa Benfica em Alpiarça	13365	4148	01:06:30	00:36:02:000
DIOGO MORGADO	Run for Friends	12572	4149	01:06:31	00:36:03:000
BEATRIZ LOURERIO		11611	4150	01:06:31	00:36:03:000
BRUNO FERREIRA		10307	4151	01:06:31	00:36:03:000
SANDRA CARDOSO	Revista Mística	15170	4152	01:06:32	00:36:04:000
RICARDO CALDEIRA		15914	4153	01:06:32	00:36:04:000
SAMUEL RAMOS		11523	4154	01:06:33	00:36:05:000
PAULO ALVES		10514	4155	01:06:33	00:36:05:000
DOMINGOS FAUSTINO	STCP Runners	10139	4156	01:06:33	00:36:05:000
FÁTIMA AZEVEDO	STCP Runners	10141	4157	01:06:33	00:36:05:000
PATRÍCIA ROMÃO		12952	4158	01:06:34	00:36:06:000
DIOGO FERREIRA	Rio-Frio SLB	14631	4159	01:06:34	00:36:06:000
PAULO RODRIGUES		10273	4160	01:06:35	00:36:07:000
ADELAIDE PALMA		16112	4161	01:06:36	00:36:08:000
INÊS AGOSTINHO		12431	4162	01:06:36	00:36:08:000
JOÃO VICENTE		11742	4163	01:06:37	00:36:09:000
CARLA PEREIRA		14716	4164	01:06:38	00:36:10:000
RAQUEL FIGUEIREDO	Figueiredos!	15637	4165	01:06:38	00:36:10:000
BRUNO SILVA		15911	4166	01:06:38	00:36:10:000
ABEL FIGUEIREDO	Figueiredos!	15636	4167	01:06:38	00:36:10:000
TAM AFONSO	TACLUBE	11081	4168	01:06:38	00:36:10:000
CESAR GUERRA	CJL	12645	4169	01:06:39	00:36:11:000
CARLOS SARAFIM	GD-SBSI	10528	4170	01:06:39	00:36:11:000
BRUNO REBELO	Até à meia noite é dia!	10619	4171	01:06:40	00:36:12:000
NÍDIA MARTINS		17515	4172	01:06:40	00:36:12:000
CARLOS MIRANDA	Até à meia noite é dia!	10621	4173	01:06:40	00:36:12:000
PEDRO REIS		10236	4174	01:06:40	00:36:12:000
NÍDIA AGOSTINHO	Hospital da Luz	16397	4175	01:06:40	00:36:12:000
ALEXANDRA ABREU	Hospital da Luz	16366	4176	01:06:42	00:36:14:000
PEDRO SOUSA	Hospital da Luz	16372	4177	01:06:42	00:36:14:000
SOFIA SANTOS	Hospital da Luz	16513	4178	01:06:42	00:36:14:000
RAFAEL LOPEZ		17804	4179	01:06:42	00:36:14:000
MIGUEL ANGELO	SS CGD	11570	4180	01:06:42	00:36:14:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
VÂNIA FERREIRA		10260	4181	01:06:42	00:36:14:000
CARLOS SILVA		13699	4182	01:06:42	00:36:14:000
CARLOS LOPES		15764	4183	01:06:44	00:36:16:000
ANTONIO BRAGA	(individual)	10513	4184	01:06:45	00:36:17:000
RAFAEL PIRES	Manilhas	13686	4185	01:06:45	00:36:17:000
JOÃO MADALENO		13310	4186	01:06:46	00:36:18:000
JOÃO LEITÃO		16120	4187	01:06:46	00:36:18:000
JOÃO MADALENO		13309	4188	01:06:46	00:36:18:000
JÚLIA ALVES	LINCES DE MONTEMOR	15651	4189	01:06:47	00:36:19:000
PAULO SILVA		15634	4190	01:06:47	00:36:19:000
MAURA BOUÇA	Colaboradores SLB	16669	4191	01:06:47	00:36:19:000
NUNO SARAIVA		14446	4192	01:06:48	00:36:20:000
MARIA JOÃO MARIA ALVES	GD-SBSI	10533	4193	01:06:48	00:36:20:000
FERNANDO DIAS		16108	4194	01:06:49	00:36:21:000
JOANA CARMO		14251	4195	01:06:50	00:36:22:000
EDUARDO GONÇALVES	Run for Friends	12352	4196	01:06:51	00:36:23:000
NELSON PINHO		13857	4197	01:06:52	00:36:24:000
MARCO SOARES		11986	4198	01:06:52	00:36:24:000
ALEXANDRE BENTO		15968	4199	01:06:52	00:36:24:000
MARCO NEVES	Serviços Sociais Montepio	11869	4200	01:06:53	00:36:25:000
LUÍS SANTOS		13460	4201	01:06:53	00:36:25:000
FILIPE ÉVORA		13677	4202	01:06:53	00:36:25:000
TITO FERREIRA		14636	4203	01:06:54	00:36:26:000
ANA SIMÕES		14637	4204	01:06:54	00:36:26:000
GONÇALO FEIJÃO		17548	4205	01:06:54	00:36:26:000
JESSICA RODRIGUES		17549	4206	01:06:54	00:36:26:000
EDGAR GONÇALVES		11532	4207	01:06:55	00:36:27:000
VANESSA MARTINS		12184	4208	01:06:56	00:36:28:000
CARLOS LOPES		11861	4209	01:06:56	00:36:28:000
SOFIA SILVA		11862	4210	01:06:56	00:36:28:000
ALEXANDRA SOUSA	Colaboradores SLB	16534	4211	01:06:56	00:36:28:000
JOÃO COLAÇO	Colaboradores SLB	16747	4212	01:06:57	00:36:29:000
MÁRIO ALVES		15946	4213	01:06:57	00:36:29:000
ANA LIMA		10945	4214	01:06:57	00:36:29:000
SUSANA TOM		14428	4215	01:06:58	00:36:30:000
LUÍS BATISTA		13313	4216	01:06:58	00:36:30:000
LUIS MORAIS		14427	4217	01:06:58	00:36:30:000
ROSA CORREIA	Viriathvs Runners Viseu	11410	4218	01:06:58	00:36:30:000
IRENE MELO	VIRIATHVS RUNNERS VISEU	11108	4219	01:06:59	00:36:31:000
SANDRA GONÇALVES		11352	4220	01:06:59	00:36:31:000
TIAGO PINTO	MOC TEAM	15475	4221	01:06:59	00:36:31:000
PEDRO SARRASQUEIRO	GDCT Unicre	11667	4222	01:07:00	00:36:32:000
ANGELO BELCHIOR	MOC TEAM	15476	4223	01:07:01	00:36:33:000
ALEXANDER DUMONT		11459	4224	01:07:01	00:36:33:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOSÉ BRITES	Associação O Companheiro	14675	4225	01:07:02	00:36:34:000
TIAGO FERREIRA		11597	4226	01:07:02	00:36:34:000
ANDRÉ SILVA	Jazzy Life Club	15622	4227	01:07:02	00:36:34:000
TERESA REIS	Correr Loures	17825	4228	01:07:02	00:36:34:000
ALEXANDRA PAULA COSTA MACHADO		16315	4229	01:07:03	00:36:35:000
AUGUSTO VERÍSSIMO		15160	4230	01:07:03	00:36:35:000
LUIS MALTEZ		13625	4231	01:07:03	00:36:35:000
ISABEL RIOS	FORÇA NA CANELA ESPINHO	14404	4232	01:07:04	00:36:36:000
JOÃO BISCAIA	Team Seaside	10988	4233	01:07:05	00:36:37:000
RICARDO DIAS		12692	4234	01:07:05	00:36:37:000
VICTOR ROSADO		12693	4235	01:07:05	00:36:37:000
CARLOS MARINHO		12694	4236	01:07:06	00:36:38:000
CARLOS CORREIA		15018	4237	01:07:06	00:36:38:000
CÁTIA GAUDÊNCIO	Hospital da Luz	16359	4238	01:07:07	00:36:39:000
TIAGO NOBRE	Hospital da Luz	16344	4239	01:07:07	00:36:39:000
MOISÉS PIRES		15019	4240	01:07:07	00:36:39:000
ANA FANECA	Futebolês Benfica da Nazaré	12786	4241	01:07:08	00:36:40:000
ANTÓNIO NASCIMENTO		12277	4242	01:07:08	00:36:40:000
PEDRO FÉLIX	Colaboradores SLB	16702	4243	01:07:09	00:36:41:000
NUNO MOURA		12214	4244	01:07:09	00:36:41:000
VITOR RODRIGUES		11365	4245	01:07:10	00:36:42:000
FERNANDO FRAGATEIRO	GDC PORTOS DE SINES E DO ALGARVE	12011	4246	01:07:10	00:36:42:000
PEDRO MARÇAL	Serviços Sociais RSB/Jacinto	17578	4247	01:07:10	00:36:42:000
NUNO GRANDÃO		12622	4248	01:07:10	00:36:42:000
MARTA SARAIVA		17925	4249	01:07:12	00:36:44:000
FILIPA FADISTA	#suntory_goal	11961	4250	01:07:12	00:36:44:000
TIAGO FERREIRA		15933	4251	01:07:13	00:36:45:000
MARIA FADISTA	#suntory_goal	11962	4252	01:07:13	00:36:45:000
VIRGÍLIO CANDEIAS		15786	4253	01:07:13	00:36:45:000
NUNO SETÚBAL	#suntory_goal	11960	4254	01:07:13	00:36:45:000
DOMINGOS MARTINS	Individual	14647	4255	01:07:13	00:36:45:000
DANIELA DIAS		13059	4256	01:07:14	00:36:46:000
JOÃO MARQUES		13058	4257	01:07:14	00:36:46:000
ANTÓNIO GÓIS		17520	4258	01:07:15	00:36:47:000
RICARDO FONSECA	casa do pessoal do iva	13304	4259	01:07:15	00:36:47:000
HELENA FONSECA	casa do pessoal do iva	13305	4260	01:07:15	00:36:47:000
JOÃO LÚCIO		13474	4261	01:07:15	00:36:47:000
ANGELA FERREIRA	salvaterra night runners	12991	4262	01:07:15	00:36:47:000
RODRIGO PEREIRA		10895	4263	01:07:17	00:36:49:000
ANA PEREIRA		15499	4264	01:07:17	00:36:49:000
LUIS MURILHAS		15778	4265	01:07:17	00:36:49:000
ALEXANDRE TEIXEIRA		13572	4266	01:07:18	00:36:50:000
BRUNO SANTOS		13527	4267	01:07:18	00:36:50:000
PATRICIA SANTOS		13528	4268	01:07:18	00:36:50:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
VASCO BELO		14617	4269	01:07:19	00:36:51:000
FERNANDO MARTINS CORREIA		14779	4270	01:07:19	00:36:51:000
PEDRO SILVA	Lisbon South Bay Running Club	12620	4271	01:07:19	00:36:51:000
MARTA CASTRO	Junta de Freguesia de Carnide	14872	4272	01:07:20	00:36:52:000
LUÍS PEREIRA		12982	4273	01:07:21	00:36:53:000
LUIS FURA		12365	4274	01:07:21	00:36:53:000
ANTÓNIO RIBEIRO		11371	4275	01:07:21	00:36:53:000
GRACINDA MARTINS		16097	4276	01:07:22	00:36:54:000
DANIELA SIMÃO		14607	4277	01:07:22	00:36:54:000
ANA LOPES		10633	4278	01:07:22	00:36:54:000
DULCE MARCOS	URBANOS 1	15197	4279	01:07:23	00:36:55:000
FILIPA SANTOS	VFCE	12552	4280	01:07:23	00:36:55:000
MÓNICA QUARENTA	URBANOS 1	15194	4281	01:07:23	00:36:55:000
ANA TONELO		10491	4282	01:07:24	00:36:56:000
ANTÓNIO PEREIRA	VIRIATHVS RUNNERS	11533	4283	01:07:24	00:36:56:000
RODOLFO FONSECA		12294	4284	01:07:24	00:36:56:000
JOÃO FUMEGA	MM Runners	10931	4285	01:07:25	00:36:57:000
IZILDA LOURENÇO	Correr Lisboa	12678	4286	01:07:26	00:36:58:000
GASPAR COUTINHO		10623	4287	01:07:26	00:36:58:000
NELSON JORGE		10693	4288	01:07:26	00:36:58:000
JOAO SANTOS		13049	4289	01:07:27	00:36:59:000
JUDITE MARIA BASILIO		10477	4290	01:07:27	00:36:59:000
VERA LOURO	RUN AS WE SPEAK	11129	4291	01:07:28	00:37:00:000
PEDRO NAMORA	RUN AS WE SPEAK	11127	4292	01:07:28	00:37:00:000
FREDERICO BATISTA		14773	4293	01:07:28	00:37:00:000
ALEXANDRE ROBALO	Ozendo	14138	4294	01:07:29	00:37:01:000
JOÃO CORDEIRO		10831	4295	01:07:30	00:37:02:000
PEDRO MIGUEL GUERREIRO SILVA	Sai da Frente	13136	4296	01:07:31	00:37:03:000
ANDREIA MADEIRA	Correr para a Vitória	12555	4297	01:07:31	00:37:03:000
HÉLIO GODINHO	CASA DO BENFICA EM ABRANTES	16075	4298	01:07:32	00:37:04:000
RUI PASSOS		17988	4299	01:07:33	00:37:05:000
PEDRO RIBEIRO	RUN 4 FUN	10149	4300	01:07:33	00:37:05:000
PEDRO VILELA		10979	4301	01:07:34	00:37:06:000
GONÇALO DUARTE		10977	4302	01:07:34	00:37:06:000
CUSTÓDIO QUIBINA	Sporting Clube de Casainhos	14212	4303	01:07:34	00:37:06:000
RUI SANTOS		11944	4304	01:07:35	00:37:07:000
FILIPE COELHO		13355	4305	01:07:36	00:37:08:000
MARIANA VALENTE		13320	4306	01:07:36	00:37:08:000
ANTÓNIO ABRANTES	Balhelhas	10295	4307	01:07:36	00:37:08:000
DAVID MECA	Fortaleza SLB	12872	4308	01:07:37	00:37:09:000
RICARDO VALENTIM		10868	4309	01:07:37	00:37:09:000
SUSANA FERREIRA	Colaboradores SLB	16425	4310	01:07:37	00:37:09:000
LUIS VITORINO	NewYearRunners	13102	4311	01:07:39	00:37:11:000
CAROLINA CORDEIRO	Junta de Freguesia de Benfica	15322	4312	01:07:40	00:37:12:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
INÊS REIS PINTO		12934	4313	01:07:40	00:37:12:000
JOEL COELHO	Chitas de Alcobaça	13505	4314	01:07:41	00:37:13:000
MARIA COELHO	Maria Coelho	13500	4315	01:07:41	00:37:13:000
JOAO BAJOUCO	Chitas de Alcobaça	10815	4316	01:07:41	00:37:13:000
FRANCISCO SARRASQUEIRO		11728	4317	01:07:41	00:37:13:000
TIAGO RAMOS	Chitas de Alcobaça	10840	4318	01:07:42	00:37:14:000
PEDRO OLIVEIRA		13076	4319	01:07:42	00:37:14:000
HERLANDER FERREIRA		11942	4320	01:07:42	00:37:14:000
JOÃO M VITORINO		12923	4321	01:07:43	00:37:15:000
JOÃO A VITORINO	João António	12925	4322	01:07:43	00:37:15:000
MADALENA VITORINO		12924	4323	01:07:43	00:37:15:000
SOFIA MENDES	4 ao Km	15610	4324	01:07:43	00:37:15:000
JOÃO MARTINS		14149	4325	01:07:44	00:37:16:000
RUI FALÉ		15789	4326	01:07:44	00:37:16:000
VICTOR FRANCO	Individual	11914	4327	01:07:44	00:37:16:000
MARIA JOAO POTE		13936	4328	01:07:44	00:37:16:000
NUNO ROCHA		13937	4329	01:07:44	00:37:16:000
PEDRO SANTOS	Os Penta	14263	4330	01:07:45	00:37:17:000
BRUNO MARCELINO	Trilhos Nocturnos Team	12116	4331	01:07:45	00:37:17:000
PAULO GASPAR	BTTroupe/ADCPereiro	13701	4332	01:07:45	00:37:17:000
JOÃO MOTA		14235	4333	01:07:46	00:37:18:000
MIGUEL REIS	Reis Team	10682	4334	01:07:46	00:37:18:000
BRUNO FERREIRA	Sport ISEG e Benfica	11242	4335	01:07:46	00:37:18:000
DAVID FERNANDES	A Correr Por Ti	15910	4336	01:07:47	00:37:19:000
VASCO FERREIRA		15807	4337	01:07:48	00:37:20:000
CLÁUDIO CASARES	Os Penta	14262	4338	01:07:49	00:37:21:000
PAULO CORREIA		10575	4339	01:07:49	00:37:21:000
MARCO VIDO		14656	4340	01:07:49	00:37:21:000
SUSANA MONTEIRO		15799	4341	01:07:50	00:37:22:000
LARA SIMONS		10828	4342	01:07:51	00:37:23:000
CATARINA LEITE		15905	4343	01:07:51	00:37:23:000
MARIO RODRIGUES		10764	4344	01:07:51	00:37:23:000
JOSE FERNANDES		14175	4345	01:07:51	00:37:23:000
NUNO VALENTE		10683	4346	01:07:51	00:37:23:000
JOÃO PEREIRA		10562	4347	01:07:52	00:37:24:000
BRAULIO BERNARDES		15533	4348	01:07:53	00:37:25:000
FÁBIO HENRIQUE MADEIRA FERNANDES	RUMO AO PENTA	12974	4349	01:07:53	00:37:25:000
ANA CAROLINA RITO		13018	4350	01:07:53	00:37:25:000
ISABEL MELO		11109	4351	01:07:53	00:37:25:000
MÁRIO COSTA	Mario Cabeleireiros	10373	4352	01:07:54	00:37:26:000
TERESA FILIPE	Viriathvs Runners Viseu	10723	4353	01:07:54	00:37:26:000
JOÃO COELHO		16229	4354	01:07:54	00:37:26:000
EMILIO PEREIRA		16230	4355	01:07:54	00:37:26:000
JOÃO PAULO OLIVEIRA GRAÇA OLIVA		14490	4356	01:07:55	00:37:27:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ELISABETH LOUREIRO	Sporting Clube de Casainhos	14211	4357	01:07:55	00:37:27:000
ÂNGELA PATRICIA FERREIRA		11244	4358	01:07:56	00:37:28:000
RICARDO REIS		13806	4359	01:07:56	00:37:28:000
NUNO FERNANDES		14831	4360	01:07:56	00:37:28:000
RICARDO MENDONÇA		13807	4361	01:07:56	00:37:28:000
FERNANDO GOMES		11015	4362	01:07:56	00:37:28:000
JOAO ROCHA		11948	4363	01:07:56	00:37:28:000
OLGA MARTINS	Já Foste	11714	4364	01:07:57	00:37:29:000
RITA CHURRA		15263	4365	01:07:57	00:37:29:000
RUI GOMES	VFCE	12752	4366	01:07:57	00:37:29:000
LUIS VALE	Monday Street Runners Viseu	12472	4367	01:07:58	00:37:30:000
MARIA ALMEIDA	Já Foste	11715	4368	01:07:59	00:37:31:000
OLINDO GERALDES		10965	4369	01:07:59	00:37:31:000
CARLOS GALVAO		14686	4370	01:07:59	00:37:31:000
DUARTE FARIA	Já Foste	11717	4371	01:07:59	00:37:31:000
FÁBIO MOTA		13805	4372	01:08:01	00:37:33:000
DOMINGOS ALVES		14812	4373	01:08:01	00:37:33:000
ANA GOMES	Hospital da Luz	16389	4374	01:08:02	00:37:34:000
MÁRIO BASTARDO	Haiceland Running Team	10626	4375	01:08:02	00:37:34:000
RUTE FERNANDES	RUN 4 FUN	10030	4376	01:08:03	00:37:35:000
JOÃO NARCISO	Hospital da Luz	16403	4377	01:08:03	00:37:35:000
ISABEL SANTIAGO	LisMad	13522	4378	01:08:03	00:37:35:000
RUTE DIAS		10068	4379	01:08:03	00:37:35:000
JOSE SANTOS	LisMad	13521	4380	01:08:04	00:37:36:000
JOÃO TRAVANCA		16087	4381	01:08:05	00:37:37:000
SAMUEL FERREIRA		15213	4382	01:08:06	00:37:38:000
JORGE MATOS		12556	4383	01:08:06	00:37:38:000
ANA TERESA MELO	The Running Dead	12091	4384	01:08:06	00:37:38:000
RUTE RAGAGELES		13872	4385	01:08:07	00:37:39:000
BRUNO MARTINS		14698	4386	01:08:07	00:37:39:000
LUIS PROENÇA		17842	4387	01:08:07	00:37:39:000
CASIMIRO RAMOS	Caníços	14767	4388	01:08:09	00:37:41:000
JOÃO ROSA		13420	4389	01:08:10	00:37:42:000
INES MONTEIRO	Kaninos	10111	4390	01:08:11	00:37:43:000
DIOGO BARATA		11232	4391	01:08:11	00:37:43:000
CATARINA FERREIRA		10557	4392	01:08:11	00:37:43:000
FÁBI SIMÕES	Grafanil Runners	12443	4393	01:08:12	00:37:44:000
MANUEL GEADA		13040	4394	01:08:12	00:37:44:000
PAULA GEADA		13041	4395	01:08:12	00:37:44:000
RICARDO SOUSA	Resitejo	16276	4396	01:08:12	00:37:44:000
CARLA GEADA		13039	4397	01:08:12	00:37:44:000
BRUNO LEMOS	Oficina do Rui	14204	4398	01:08:13	00:37:45:000
VANESSA ROLIM		13045	4399	01:08:13	00:37:45:000
PEDRO RAMOS	Serviços Sociais Montepio	11976	4400	01:08:14	00:37:46:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANA FIGUEIREDO		13804	4401	01:08:14	00:37:46:000
LILIANA PINHEIRO	Afis/Ovar	13803	4402	01:08:14	00:37:46:000
ALBERTO RIBEIRO	Kaninos	10110	4403	01:08:15	00:37:47:000
MAURO PERNADAS		13882	4404	01:08:16	00:37:48:000
ALEXANDRE LOURINHO		12134	4405	01:08:16	00:37:48:000
REBECA LIBORIO		15877	4406	01:08:17	00:37:49:000
DANIELA VIDINHA		15532	4407	01:08:17	00:37:49:000
DAVID PINTO		15876	4408	01:08:17	00:37:49:000
RODRIGO SARAIVA		16160	4409	01:08:17	00:37:49:000
MARIANA SEMEDO		15996	4410	01:08:17	00:37:49:000
ANA SOUSA	Hospital da Luz	16524	4411	01:08:17	00:37:49:000
MARTA RODRIGUES		14615	4412	01:08:18	00:37:50:000
JORGE SOARES		15997	4413	01:08:18	00:37:50:000
EDUARDO PESTANA	Kaninos	10112	4414	01:08:19	00:37:51:000
PEDRO SILVA	Pássaros do Sul	12647	4415	01:08:19	00:37:51:000
LUCIA GONÇALVES		10050	4416	01:08:21	00:37:53:000
LUISA COSTA	Quarentoes na Bisga	10413	4417	01:08:21	00:37:53:000
INÊS BRITO		12243	4418	01:08:21	00:37:53:000
ANA FILIPA ROSA SANTINHO	Gáfeterunners	14202	4419	01:08:22	00:37:54:000
RUI TEIXEIRA		10464	4420	01:08:22	00:37:54:000
MARISA NUNES		14327	4421	01:08:22	00:37:54:000
ROSA PRATAS	Clube Ferroviário de Portugal	14021	4422	01:08:22	00:37:54:000
NUNO LOUCAO		17972	4423	01:08:23	00:37:55:000
RUI TEIXEIRA		14109	4424	01:08:23	00:37:55:000
FILIPE SILVA		14329	4425	01:08:23	00:37:55:000
FRANCISCO ANTUNES		11521	4426	01:08:23	00:37:55:000
JOÃO PAULO LOURENÇO		16012	4427	01:08:23	00:37:55:000
TÂNIA RODRIGUES GARCIA		11915	4428	01:08:24	00:37:56:000
RUI MAIA		10323	4429	01:08:24	00:37:56:000
JOÃO NUNO COELHO		12717	4430	01:08:24	00:37:56:000
DIOGO DUARTE	Vimos todos	11430	4431	01:08:24	00:37:56:000
LUIS DIAS		13605	4432	01:08:25	00:37:57:000
EMANUEL PEREIRA		13770	4433	01:08:25	00:37:57:000
NUNO CHICHARRO	GinaMaria Team	10217	4434	01:08:26	00:37:58:000
JOSÉ MACHADO	CDCR CTT	13414	4435	01:08:26	00:37:58:000
BRUNO DOMINGOS	GinaMaria Team	10218	4436	01:08:26	00:37:58:000
JORGE FERNANDES	MOITA SLB	14178	4437	01:08:26	00:37:58:000
PATRÍCIA ALVES	Junta de Freguesia de Benfica	15150	4438	01:08:27	00:37:59:000
JOÃO FERREIRA	GINjinha Runners	10043	4439	01:08:27	00:37:59:000
LUÍS SANTOS	Grupo do Tinder	16043	4440	01:08:27	00:37:59:000
JOANA GÂNDARA		12507	4441	01:08:27	00:37:59:000
MANUEL CARDOSO		14862	4442	01:08:27	00:37:59:000
SANDRA VIÇOSO	Caramujo é agora	13707	4443	01:08:29	00:38:01:000
LUIS CATALINO	Ninjas do Ribatejo	10022	4444	01:08:29	00:38:01:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
DINA BARROCA	CASA DO BENFICA CONDEIXA	15859	4445	01:08:29	00:38:01:000
MARISA ALMEIDA	CASA DO BENFICA CONDEIXA	15854	4446	01:08:29	00:38:01:000
PATRÍCIA CONTENTE		16077	4447	01:08:29	00:38:01:000
CARLOS SANTOS	CASA DO BENFICA CONDEIXA	15856	4448	01:08:29	00:38:01:000
CATARINA COSTA		16078	4449	01:08:29	00:38:01:000
MARCO FREITAS	Individual	16032	4450	01:08:30	00:38:02:000
BRUNO CORREIA		12527	4451	01:08:30	00:38:02:000
ORLANDO ALMEIDA	CASA DO BENFICA CONDEIXA	15857	4452	01:08:30	00:38:02:000
JOAQUIM VALENTE		13321	4453	01:08:31	00:38:03:000
DIANA FIGUEIREDO		11031	4454	01:08:31	00:38:03:000
HUMBERTO FIGUEIREDO		11167	4455	01:08:31	00:38:03:000
CASIMIRO MARQUES	Marques	15890	4456	01:08:32	00:38:04:000
CARLOS VIEIRA		15425	4457	01:08:33	00:38:05:000
MARIA AIDA ELIAS	Junta de Freguesia de Benfica	15320	4458	01:08:33	00:38:05:000
ISAC MENDES		13105	4459	01:08:34	00:38:06:000
LUIS DOMINGOS		13427	4460	01:08:34	00:38:06:000
ANDRÉ GONÇALVES	A malta da mini	15482	4461	01:08:35	00:38:07:000
RITA TINOCO		11126	4462	01:08:35	00:38:07:000
FRANCISCO DRAY		11125	4463	01:08:36	00:38:08:000
SUSANA BRANCO		12155	4464	01:08:36	00:38:08:000
RICARDO ALVES	A malta da mini	15484	4465	01:08:37	00:38:09:000
SARA PIEDADE	A malta da mini	15483	4466	01:08:37	00:38:09:000
NUNO FILIPE GOMES FERREIRA		11157	4467	01:08:37	00:38:09:000
DAVID TORRADO		13407	4468	01:08:38	00:38:10:000
TOMÁS FERNANDES	Duarte Club	10610	4469	01:08:39	00:38:11:000
IVO JOAQUIM		10943	4470	01:08:39	00:38:11:000
SAMUEL SANTOS		14257	4471	01:08:39	00:38:11:000
RUI LOURENÇO		11119	4472	01:08:40	00:38:12:000
LUIS FARINHA	Serviços Sociais Montepio	11974	4473	01:08:40	00:38:12:000
FILIPE COQUIM	Rumo ao Penta	12943	4474	01:08:40	00:38:12:000
LINDA RIBEIRO	G.D.S.Sebastião da Freguesia de Canha	13955	4475	01:08:41	00:38:13:000
PAULO PEDROSO		10973	4476	01:08:42	00:38:14:000
JORGE CARVALHO	Colaboradores SLB	16633	4477	01:08:43	00:38:15:000
TERESA MARTINS	SS CGD	11702	4478	01:08:43	00:38:15:000
PATRÍCIA VIEGAS		15904	4479	01:08:43	00:38:15:000
PEDRO BERNARDES		14123	4480	01:08:45	00:38:17:000
LILIANA LOPES		14104	4481	01:08:45	00:38:17:000
VITOR FRIAS		13895	4482	01:08:45	00:38:17:000
TELMA DOMINGOS		14062	4483	01:08:46	00:38:18:000
JOSÉ ALBERTO FERREIRA	Viriathvs Runners Viseu	10722	4484	01:08:47	00:38:19:000
JOSÉ DIAS	VIRIATHVS RUNNERS VISEU	11107	4485	01:08:48	00:38:20:000
CLAUDIO LOURO	LOURO	11794	4486	01:08:50	00:38:22:000
MARTIM AIRES	LOURO	11795	4487	01:08:50	00:38:22:000
ANDRE NOGUEIRA	Colaboradores SLB	16543	4488	01:08:51	00:38:23:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANA CAROLINA MELO		12092	4489	01:08:51	00:38:23:000
MARTA VAZ	bora bora	15247	4490	01:08:51	00:38:23:000
JOSÉ CASTRO	The Running Dead	12093	4491	01:08:52	00:38:24:000
FRANCISCO CORREIA	Gordos e rebeldes	15846	4492	01:08:52	00:38:24:000
PENETRA NUNO	LS TEAM	12354	4493	01:08:53	00:38:25:000
SILVESTRE BRITO		11457	4494	01:08:53	00:38:25:000
SÉRGIO RODRIGUES	LS TEAM	12371	4495	01:08:53	00:38:25:000
RUI PENETRA	Londres Arena	14964	4496	01:08:53	00:38:25:000
HUGO SIMÕES		15350	4497	01:08:54	00:38:26:000
JOSÉ ABREU	GDCTINCM	12278	4498	01:08:54	00:38:26:000
MIGUEL NASCIMENTO		12433	4499	01:08:54	00:38:26:000
ERNESTO NASCIMENTO		12435	4500	01:08:55	00:38:27:000
MICAELA CAIXEIRO		15295	4501	01:08:56	00:38:28:000
RAUL MIGUEL MIRANDA AFONSO	Tudoeu.com	16179	4502	01:08:56	00:38:28:000
HUGO VENANCIO	SS CGD	11339	4503	01:08:56	00:38:28:000
ANTÓNIO FERNANDES	Quintanilha	10717	4504	01:08:56	00:38:28:000
TIAGO SOARES		16129	4505	01:08:56	00:38:28:000
SÓNIA JÚLIO		15804	4506	01:08:58	00:38:30:000
LINA VILELA	Twix	10430	4507	01:08:59	00:38:31:000
PEDRO MONTEIRO	Twix	10429	4508	01:08:59	00:38:31:000
ANA CARINA SILVA		15702	4509	01:08:59	00:38:31:000
ANA COSTA		17576	4510	01:08:59	00:38:31:000
BRUNO PINTO		15703	4511	01:08:59	00:38:31:000
NUNO COMANDO	Colaboradores SLB	16683	4512	01:09:00	00:38:32:000
RICARDO MOREIRA	Sport ISEG e Benfica	11240	4513	01:09:02	00:38:34:000
JOSÉ TEIXEIRA		13573	4514	01:09:03	00:38:35:000
TÂNIA ANTAS	100 esTrilhos	14853	4515	01:09:05	00:38:37:000
JOAO OLIVEIRA		17899	4516	01:09:06	00:38:38:000
PAULO MACHADO	Aquae Scalabis	10692	4517	01:09:06	00:38:38:000
MÁRIO COELHO	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	16033	4518	01:09:07	00:38:39:000
CRSITINA ABRANCHES		17973	4519	01:09:07	00:38:39:000
PEDRO ANTUNES		10347	4520	01:09:07	00:38:39:000
RICARDO LOPES	Linces da Bela Vista	11908	4521	01:09:08	00:38:40:000
LUÍS FERNANDES	LINCES DA BELA VISTA	11910	4522	01:09:08	00:38:40:000
JORGE JESUS		11270	4523	01:09:09	00:38:41:000
FÁTIMA NAZARÉ		15180	4524	01:09:11	00:38:43:000
BRUNO VICENTE		10242	4525	01:09:11	00:38:43:000
JOANA MARTINS		16181	4526	01:09:11	00:38:43:000
RODRIGO GUERRA		11118	4527	01:09:12	00:38:44:000
LENIA SILVA	CFBelenenses	15814	4528	01:09:12	00:38:44:000
CATARINA FERREIRA	Free Runners	14172	4529	01:09:12	00:38:44:000
EDUARDO CORVACHO		13693	4530	01:09:13	00:38:45:000
JOSÉ SILVA		10315	4531	01:09:13	00:38:45:000
INÊS AUGUSTO		13694	4532	01:09:14	00:38:46:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
HUGO LOPES	CASA DO BENFICA EM CASTELO BRANCO	16017	4533	01:09:14	00:38:46:000
RUI MANUEL AFONSO VAZ		14734	4534	01:09:14	00:38:46:000
FILIPE OLIVEIRA	Casa do Benfica em Almodôvar	15899	4535	01:09:15	00:38:47:000
MARIA DE LURDES VAZ	Rotas dos Vinhos de Portugal	15851	4536	01:09:16	00:38:48:000
HENRIQUETA MAJOR	Rotas dos Vinhos de Portugal	15849	4537	01:09:16	00:38:48:000
ADRIANA PACHECO		15648	4538	01:09:17	00:38:49:000
GONÇALO BORGES	Corinthia Team	14280	4539	01:09:18	00:38:50:000
LUDMILA VAZ	Pump Runners	11657	4540	01:09:18	00:38:50:000
TIAGO PERES	Pé de Atleta	13072	4541	01:09:19	00:38:51:000
JOSÉ VALENTE		15995	4542	01:09:20	00:38:52:000
JOAO SILVA		11965	4543	01:09:21	00:38:53:000
LUIS COSTA		13844	4544	01:09:21	00:38:53:000
RODRIGO VALERIO	Casa do Benfica de Moura	10118	4545	01:09:22	00:38:54:000
PAULO CAMACHO	Casa do Benfica de Moura	10116	4546	01:09:22	00:38:54:000
NELSON PANCAS	TABAQUEIRA	15737	4547	01:09:22	00:38:54:000
ANDRÉ PRETO		13678	4548	01:09:22	00:38:54:000
MARTA LANÇA		15717	4549	01:09:22	00:38:54:000
DAVID FARINHA		13181	4550	01:09:23	00:38:55:000
BRUNO ANTÓNIO	Run2Eat	13036	4551	01:09:24	00:38:56:000
TIAGO SARAIVA		13566	4552	01:09:24	00:38:56:000
JOSÉ PIEDADE		15548	4553	01:09:24	00:38:56:000
NUNO SALEMA		13567	4554	01:09:24	00:38:56:000
JACINTO PEREIRA	Lis Running CPA	10902	4555	01:09:25	00:38:57:000
SÉRGIO BENTO		12137	4556	01:09:25	00:38:57:000
NUNO FERNANDES		12208	4557	01:09:27	00:38:59:000
RITA FRANCO		15844	4558	01:09:28	00:39:00:000
MARIA JOAO OLIVEIRA		17897	4559	01:09:28	00:39:00:000
INÊS NOGUEIRA		16273	4560	01:09:28	00:39:00:000
JORGE MORUJO	CBCM1	13335	4561	01:09:28	00:39:00:000
ALTIDE CRUZ		12969	4562	01:09:29	00:39:01:000
WILLIAM ROCHA		17581	4563	01:09:29	00:39:01:000
MARIO MOURO		11642	4564	01:09:29	00:39:01:000
EURICO VILELA		11643	4565	01:09:30	00:39:02:000
RAQUEL MAGALHÃES	BMW Partner	10028	4566	01:09:30	00:39:02:000
RITA PEDRO	CCD CRÉDITO AGRÍCOLA MÚTUO	12349	4567	01:09:31	00:39:03:000
JOÃO CARDOSO	Casa Benfica Seixal	13790	4568	01:09:34	00:39:06:000
RICARDO MARTINS		13900	4569	01:09:34	00:39:06:000
ANTÓNIO BENTO		14330	4570	01:09:34	00:39:06:000
MARGARIDA TEIXEIRA	Correr Lisboa	10281	4571	01:09:34	00:39:06:000
JOÃO BARATA		10282	4572	01:09:34	00:39:06:000
MANUEL CASCÃO		15912	4573	01:09:34	00:39:06:000
CARLA LÉNIA GOUVEIA NEVES		16266	4574	01:09:35	00:39:07:000
RUTE RODRIGUES	Central de Cerveja	16465	4575	01:09:35	00:39:07:000
TERESA ROJÃO	Hospital da Luz	16368	4576	01:09:35	00:39:07:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JUSTILIANO SILVA	FALCÕES SELVAGENS	13978	4577	01:09:36	00:39:08:000
TIAGO MINEIRO		10253	4578	01:09:36	00:39:08:000
PEDRO FERNANDES		11658	4579	01:09:36	00:39:08:000
JOÃO CRUJO		13189	4580	01:09:37	00:39:09:000
DIOGO OLIVEIRA		17573	4581	01:09:37	00:39:09:000
ANA LÚCIA CÉSAR		16182	4582	01:09:38	00:39:10:000
ANA VALENTE		16147	4583	01:09:38	00:39:10:000
RUI LEITAO		11243	4584	01:09:38	00:39:10:000
GASPAR SANTIAGO		12547	4585	01:09:38	00:39:10:000
FÁBIO DIAS		11829	4586	01:09:39	00:39:11:000
FERNANDO FILIPE	Clube Novo Banco	11302	4587	01:09:40	00:39:12:000
PEDRO COELHO	Sabores do Paço	11901	4588	01:09:40	00:39:12:000
MARIO RAMOS	SABORES DO PACO ZATOPEQUES	11321	4589	01:09:40	00:39:12:000
FRANCISCO GARCIA	Garcia Runners	13298	4590	01:09:40	00:39:12:000
MARIA HELENA ALEXANDRE		10686	4591	01:09:41	00:39:13:000
JOSÉ MANUEL MARQUES ALEXANDRE		12797	4592	01:09:41	00:39:13:000
PAULA MATOS	Grupo Barraqueiro	10748	4593	01:09:41	00:39:13:000
CARLOS LOPES		15406	4594	01:09:41	00:39:13:000
DANIEL CANELAS		13222	4595	01:09:42	00:39:14:000
RITA CORTEZ	Super Lentos	11121	4596	01:09:42	00:39:14:000
CARLOS MORENO	Moreno Family	10639	4597	01:09:42	00:39:14:000
SOFIA MORENO	Moreno Family	10640	4598	01:09:42	00:39:14:000
MIRIAM CARDOSO	Paxixos	13221	4599	01:09:42	00:39:14:000
NATANAEL PEREIRA PEREIRA		17898	4600	01:09:43	00:39:15:000
DIOGO VITAL	Pássaros do Sul	12650	4601	01:09:44	00:39:16:000
RITA IGLÉSIAS		12921	4602	01:09:45	00:39:17:000
CARLOS PEREIRA		11584	4603	01:09:46	00:39:18:000
JOSÉ BAPTISTA		14255	4604	01:09:46	00:39:18:000
PAULO RODRIGUES		15139	4605	01:09:47	00:39:19:000
RUI PAIVA	Clube Novo Banco	11282	4606	01:09:48	00:39:20:000
SOPHIE SAMPAIO		13225	4607	01:09:48	00:39:20:000
FÁTIMA PINHO		13830	4608	01:09:49	00:39:21:000
CATIA MARIANO		11058	4609	01:09:49	00:39:21:000
PEDRO GUERRA		13062	4610	01:09:50	00:39:22:000
ÉRICA COSTA	Colaboradores SLB	16591	4611	01:09:51	00:39:23:000
MIGUEL CUNHA	ELES E ELAS	10607	4612	01:09:51	00:39:23:000
TIAGO REIS	Colaboradores SLB	16436	4613	01:09:52	00:39:24:000
PAULO EUSÉBIO	Cruz de Pau	14885	4614	01:09:52	00:39:24:000
SAMUEL JOAQUIM	Benfica	11047	4615	01:09:52	00:39:24:000
NUNO SANTOS		12565	4616	01:09:54	00:39:26:000
SONIA SANTOS		12564	4617	01:09:54	00:39:26:000
LUÍS MIGUEL CORREIA	IncomeProdigy	11024	4618	01:09:56	00:39:28:000
FRANCISCA LEITE		17981	4619	01:09:56	00:39:28:000
LUIS COSTA	Quarentoes na Bisga	10412	4620	01:09:56	00:39:28:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PEDRO MIGUEL DOS GERALDES	ROFF	12392	4621	01:09:57	00:39:29:000
RICARDO DURÃO		15163	4622	01:09:57	00:39:29:000
NUNO MARTINHO		15768	4623	01:09:58	00:39:30:000
BRUNO MARQUES	Colaboradores SLB	16559	4624	01:09:58	00:39:30:000
JOÃO LOURENÇO		13646	4625	01:09:59	00:39:31:000
CARLA VIEIRA	MindOverData	12908	4626	01:10:00	00:39:32:000
MARCO COELHO		11409	4627	01:10:00	00:39:32:000
RUBEN VAZ		15773	4628	01:10:02	00:39:34:000
ISABEL GARCIA	Guizo Runners	14880	4629	01:10:02	00:39:34:000
RAQUEL MARTINS	Mexe-Te Mó	11867	4630	01:10:05	00:39:37:000
FILIPE VALENTE		11730	4631	01:10:05	00:39:37:000
VERA SANTOS		14626	4632	01:10:05	00:39:37:000
TERESA NICOLAU		10423	4633	01:10:09	00:39:41:000
ROSA AFONSO	CCRAM	16062	4634	01:10:09	00:39:41:000
SUSANA GODINHO	Sá e Suh	10049	4635	01:10:09	00:39:41:000
JOSÉ MOITA	Viriathvs Runners Viseu	16080	4636	01:10:10	00:39:42:000
FLAVIO BASILIO	DXC	12455	4637	01:10:11	00:39:43:000
CARLOS RIJO		14145	4638	01:10:12	00:39:44:000
LEONEL ALMEIDA		13013	4639	01:10:14	00:39:46:000
ANA SEABRA	GD-SBSI	17504	4640	01:10:14	00:39:46:000
LUIS NEVES	CCDTMetroLX	12382	4641	01:10:14	00:39:46:000
SARA REIS		15808	4642	01:10:16	00:39:48:000
PEDRO MALTEZ		13601	4643	01:10:18	00:39:50:000
PEDRO PEÇA		10704	4644	01:10:21	00:39:53:000
HELENA COELHO	Colaboradores SLB	16605	4645	01:10:21	00:39:53:000
JOAO CABRAL		13583	4646	01:10:24	00:39:56:000
FLORBELA MORAIS	Jobrinde - Montes Saloios	15304	4647	01:10:25	00:39:57:000
DANIEL RAMOS	Jobrinde - Montes Saloios	11071	4648	01:10:25	00:39:57:000
CARLA BERNARDINO		12268	4649	01:10:26	00:39:58:000
GILSON DIAS		15957	4650	01:10:26	00:39:58:000
SÓNIA LIMA	CASA DO BENFICA CONDEIXA	15861	4651	01:10:28	00:40:00:000
JULIAN ANDRADE	Link	13394	4652	01:10:28	00:40:00:000
JÚLIO NETO		16009	4653	01:10:29	00:40:01:000
ELIANE NETO		16010	4654	01:10:29	00:40:01:000
CATARINA GOMES	Catarina Gomes	10799	4655	01:10:30	00:40:02:000
PEDRO SANTOS	Falcões Selvagens	14849	4656	01:10:32	00:40:04:000
RAQUEL ROQUE		14850	4657	01:10:32	00:40:04:000
JOÃO RIBEIRO		15039	4658	01:10:32	00:40:04:000
AMENIO MAXIMINO		13211	4659	01:10:33	00:40:05:000
LEVI ROÇADAS		13210	4660	01:10:33	00:40:05:000
CÁTIA TEIXEIRA		17547	4661	01:10:34	00:40:06:000
JOANA SARAMAGO		16222	4662	01:10:34	00:40:06:000
JENI BORGES	Sri Chinmoy Marathon Team	15383	4663	01:10:34	00:40:06:000
RITA ROSA	Lop	14946	4664	01:10:35	00:40:07:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RUI LOPES	Genius	15454	4665	01:10:35	00:40:07:000
KELLY SILVA		15779	4666	01:10:35	00:40:07:000
FRANCISCO BRITO		11877	4667	01:10:36	00:40:08:000
FILIPA REIS	Sunset running team	16024	4668	01:10:37	00:40:09:000
RUTE SEQUEIRA		14254	4669	01:10:37	00:40:09:000
CARLA CAETANO		15813	4670	01:10:38	00:40:10:000
TIAGO FERNANDES		16048	4671	01:10:39	00:40:11:000
FRANCISCO GOMES		17975	4672	01:10:39	00:40:11:000
ASTA KARAVAITYTE	Sri Chinmoy Marathon Team	15378	4673	01:10:39	00:40:11:000
ANDRÉ TEIXEIRA	ALGYMNS	11913	4674	01:10:40	00:40:12:000
CLAUDIA CUSTODIO	TEAM PISSA	12295	4675	01:10:41	00:40:13:000
RUI PEDRO		13306	4676	01:10:42	00:40:14:000
ANDREIA ANTUNES		15918	4677	01:10:43	00:40:15:000
INÊS AMARAL		15752	4678	01:10:43	00:40:15:000
MAFALDA NETO		16272	4679	01:10:44	00:40:16:000
RICARDO ASSUNÇÃO	TEC's RED POWER	14375	4680	01:10:44	00:40:16:000
PAULA GONÇALVES		14422	4681	01:10:45	00:40:17:000
JOÃO CORTES		11575	4682	01:10:45	00:40:17:000
RICARDO FERREIRA		11037	4683	01:10:47	00:40:19:000
JOÃO FERREIRA		10985	4684	01:10:47	00:40:19:000
JOANA PUGA	CCD CRÉDITO AGRÍCOLA MÚTUO	12336	4685	01:10:51	00:40:23:000
JOÃO CACHINHO	Kaninos	10817	4686	01:10:53	00:40:25:000
ALBERTINO SANTOS		11690	4687	01:10:53	00:40:25:000
CARINA QUITERES		10137	4688	01:10:55	00:40:27:000
MARIA SILVA	Colaboradores SLB	16659	4689	01:10:55	00:40:27:000
HUGO PIRES		16051	4690	01:10:56	00:40:28:000
RAFAEL MONTEIRO		10496	4691	01:10:56	00:40:28:000
SIDÓNIA ATANÁZIO		10495	4692	01:10:56	00:40:28:000
PEDRO PONTE		15618	4693	01:10:56	00:40:28:000
CARLOS DOMINGOS	ROTASCAS	10341	4694	01:10:57	00:40:29:000
MAGDA RIBEIRO		11406	4695	01:10:57	00:40:29:000
FERNANDO GOMES		10697	4696	01:10:57	00:40:29:000
MARIANA CARVALHO		11225	4697	01:10:58	00:40:30:000
PEDRO COIMBRA		15750	4698	01:11:03	00:40:35:000
FÁTIMA MACHADO		15749	4699	01:11:03	00:40:35:000
JOAO VELUDO		13575	4700	01:11:03	00:40:35:000
PAULA FERNANDES		13576	4701	01:11:03	00:40:35:000
JOAO ILHARCO		17537	4702	01:11:04	00:40:36:000
JOSÉ CARLOS AMARAL	Colaboradores SLB	16641	4703	01:11:06	00:40:38:000
RUI SOARES		10122	4704	01:11:08	00:40:40:000
GONÇALO OLIVEIRA	GDCT Unicre	11665	4705	01:11:08	00:40:40:000
VALTER JESUS		15897	4706	01:11:08	00:40:40:000
PAULO FRANÇA	GDCT Unicre	11663	4707	01:11:08	00:40:40:000
DUARTE GONÇALVES		14566	4708	01:11:08	00:40:40:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
NUNO CLARO	CASA DO BENFICA CONDEIXA	15860	4709	01:11:08	00:40:40:000
ANDREIA VALE	Cofina Runners	15090	4710	01:11:08	00:40:40:000
SARA PRATES	Hospital da Luz	16501	4711	01:11:09	00:40:41:000
SANDRA BORGES		15774	4712	01:11:09	00:40:41:000
JOÃO SILVA		10655	4713	01:11:09	00:40:41:000
MANUEL MENDONÇA		11726	4714	01:11:12	00:40:44:000
RUI ROCHA		11134	4715	01:11:14	00:40:46:000
ISABEL CASTANHEIRA		14454	4716	01:11:15	00:40:47:000
PEDRO CASTANHEIRA		14457	4717	01:11:15	00:40:47:000
JOSE DIAS		14455	4718	01:11:16	00:40:48:000
ANDRÉ BORREGO 18-07-1991		13026	4719	01:11:16	00:40:48:000
PATRICIA SERAFIM	Ugly but not Fat	14147	4720	01:11:16	00:40:48:000
BRUNO LOURENÇO	Ugly but not Fat	14146	4721	01:11:17	00:40:49:000
SÉRGIO GONÇALVES		10949	4722	01:11:17	00:40:49:000
RAQUEL QUEIROZ		11221	4723	01:11:18	00:40:50:000
SANDRINE PEREIRA		10433	4724	01:11:18	00:40:50:000
LUIS SILVA		17862	4725	01:11:18	00:40:50:000
CATARINA HENRIQUES		11634	4726	01:11:18	00:40:50:000
JOÃO VALENTE		12052	4727	01:11:18	00:40:50:000
SONIA PEREIRA		10422	4728	01:11:19	00:40:51:000
CATARINA JOÃO FAUSTINO		15335	4729	01:11:19	00:40:51:000
ANTONIO CARDOSO		11269	4730	01:11:20	00:40:52:000
DIOGO MADEIRA		15758	4731	01:11:21	00:40:53:000
PEDRO MARTINS		15759	4732	01:11:21	00:40:53:000
PEDRO VIEIRA		17980	4733	01:11:22	00:40:54:000
MÁRIO TAVARES	Grupo Barraqueiro	14236	4734	01:11:23	00:40:55:000
MÉLODIE SILVA		13315	4735	01:11:24	00:40:56:000
NUNO LOPES		11085	4736	01:11:24	00:40:56:000
BEATRIZ CARVALHO	Mucifalense	14056	4737	01:11:24	00:40:56:000
FABIANA FÃO		12936	4738	01:11:25	00:40:57:000
CARLOS SANTOS		15175	4739	01:11:26	00:40:58:000
AMÉRICO ANTUNES		15174	4740	01:11:26	00:40:58:000
FRANCISCO COSTA	Runner's do Demo	12125	4741	01:11:26	00:40:58:000
NUNO CARVALHO	Serviços Sociais Montepio	17823	4742	01:11:28	00:41:00:000
NUNO VACAS	Milho	14501	4743	01:11:29	00:41:01:000
MARGARIDA VALE	Central de Cerveja	16456	4744	01:11:30	00:41:02:000
JOSÉ NAVE		10370	4745	01:11:31	00:41:03:000
JOÃO COELHO		11847	4746	01:11:31	00:41:03:000
ANTÓNIO CALIXTO		13633	4747	01:11:33	00:41:05:000
COLIN JENNINGS		14855	4748	01:11:33	00:41:05:000
DANIELA BOLETA		10163	4749	01:11:34	00:41:06:000
RICARDO CASTRO		12575	4750	01:11:35	00:41:07:000
JOSE ALVES		11543	4751	01:11:36	00:41:08:000
JOÃO NUNES		11992	4752	01:11:39	00:41:11:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
NUNO MACHADO		12959	4753	01:11:40	00:41:12:000
TERESA PRATAS	Lebres de Domingo	13555	4754	01:11:42	00:41:14:000
VANDA MENDES	Lebres de Domingo	12833	4755	01:11:42	00:41:14:000
ALEXANDRE CADETE		13103	4756	01:11:43	00:41:15:000
NUNO FELICIANO	Black Sheep	12704	4757	01:11:44	00:41:16:000
DAVID FRAZÃO	Black Sheep	12739	4758	01:11:44	00:41:16:000
MÁRIO PIRES	INDIVIDUAL	10804	4759	01:11:46	00:41:18:000
CATARINA GOMES	As Toupeiras	14798	4760	01:11:46	00:41:18:000
RUI ROMBA		10549	4761	01:11:47	00:41:19:000
PEDRO RIBEIRO		13552	4762	01:11:48	00:41:20:000
LUÍS MOTA		12601	4763	01:11:48	00:41:20:000
PEDRO PEREIRA		12548	4764	01:11:49	00:41:21:000
CARLOS GONCALVES		10737	4765	01:11:49	00:41:21:000
PAULO RODRIGUES		14361	4766	01:11:49	00:41:21:000
ANA RITA OLIVEIRA AMADO	Pássaros do Sul	12648	4767	01:11:49	00:41:21:000
NUNO BOTELHO		11539	4768	01:11:50	00:41:22:000
ANA ROBERTO		16159	4769	01:11:50	00:41:22:000
RUI BRÁS		11672	4770	01:11:50	00:41:22:000
LUIS FILIPE GODINHO		10106	4771	01:11:50	00:41:22:000
MARGARETE FERNANDES	Timshell	15692	4772	01:11:51	00:41:23:000
JOÃO AZEVEDO		14727	4773	01:11:51	00:41:23:000
LILIANA CORREIA	mucifalense	14053	4774	01:11:52	00:41:24:000
RAQUEL TOMÉ		15781	4775	01:11:52	00:41:24:000
NUNO SILVA		13553	4776	01:11:52	00:41:24:000
AFONSO RIBEIRO	BENFICA COM'O AÇO	14623	4777	01:11:53	00:41:25:000
RUI PINHEIRO	100PEDAL	13952	4778	01:11:56	00:41:28:000
NUNO PINTO		15398	4779	01:11:58	00:41:30:000
DIOGO FRANCA		13956	4780	01:11:58	00:41:30:000
ANTÓNIO MARQUES		11823	4781	01:11:59	00:41:31:000
EGAS MARQUES		14750	4782	01:11:59	00:41:31:000
RUI BATARDA		10889	4783	01:12:02	00:41:34:000
MARCOS GONÇALVES		14538	4784	01:12:05	00:41:37:000
PATRICIA PIRES		11582	4785	01:12:05	00:41:37:000
CARLOS ALFAIATE	CASA DO BENFICA EM ABRANTES	16076	4786	01:12:05	00:41:37:000
LUIS MIGUEL GARCIA PIRES		11581	4787	01:12:05	00:41:37:000
FRANCISCO SOUSA		10310	4788	01:12:06	00:41:38:000
RUI ÉVORA		13587	4789	01:12:07	00:41:39:000
PAULO MARIA	C. D. Amigos de Paco Nassa	10912	4790	01:12:09	00:41:41:000
SÍLVIA SILVA	TEC's RED POWER	13711	4791	01:12:10	00:41:42:000
SUSANA CASTRO	TEC's RED POWER	13710	4792	01:12:10	00:41:42:000
ALBERTINO PINTO		15797	4793	01:12:10	00:41:42:000
INÊS FERREIRA		10560	4794	01:12:11	00:41:43:000
PEDRO RAÍNHO	As Toupeiras	14797	4795	01:12:12	00:41:44:000
ANA RIBEIRO		15867	4796	01:12:12	00:41:44:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JÚLIO MIGUEL ALMEIDA		16224	4797	01:12:12	00:41:44:000
HUGO SOBRAL		10561	4798	01:12:12	00:41:44:000
OLIVEIRA RODRIGUES	RODRIGUES RUNNERS	10917	4799	01:12:12	00:41:44:000
MARIA RAMOS	Casa Benfica Torres Vedras	17837	4800	01:12:14	00:41:46:000
PATRÍCIA CARDOSO	CARDOSOS	15624	4801	01:12:15	00:41:47:000
MÁRCIA CARDOSO	CARDOSOS	15623	4802	01:12:15	00:41:47:000
FERNANDO TAVARES	AMIGOD DE PEVA	12729	4803	01:12:17	00:41:49:000
CATARINA PEREIRA	AMIGOS DE PEVA	12734	4804	01:12:17	00:41:49:000
RUBEN MATIAS		13215	4805	01:12:18	00:41:50:000
ANDREIA FURTADO		13455	4806	01:12:18	00:41:50:000
RUI SILVA	VLS Obras	16026	4807	01:12:18	00:41:50:000
FLÁVIO OLIVEIRA	G.A. "Os Tartarugas"	16082	4808	01:12:18	00:41:50:000
MARIA BATISTA	G.A."Os Tartarugas"	16083	4809	01:12:19	00:41:51:000
NELSON VAZ	VLS Obras	16025	4810	01:12:19	00:41:51:000
LARISSA BARATA		13603	4811	01:12:20	00:41:52:000
RENATO TOME		17539	4812	01:12:21	00:41:53:000
CARLOS MANUEL		13134	4813	01:12:22	00:41:54:000
ANA MARIA MIRANDA MARTINS		16264	4814	01:12:22	00:41:54:000
CARLA CHRYSTELLO		11022	4815	01:12:23	00:41:55:000
SUSANA MADEIRA		13630	4816	01:12:23	00:41:55:000
FABÍOLLA FERREIRA		16056	4817	01:12:24	00:41:56:000
RITA TAVARES	As Toupeiras	14796	4818	01:12:24	00:41:56:000
VANESSA FRANCO	Makakas Team	10289	4819	01:12:25	00:41:57:000
PATRÍCIA RAFAEL		12402	4820	01:12:25	00:41:57:000
MÁRIO FERNANDO ESTEVES	Jp	13732	4821	01:12:26	00:41:58:000
JOÃO LEONARDO		13733	4822	01:12:27	00:41:59:000
ALBANO ALVES	Casa Benfica Seixal	13780	4823	01:12:28	00:42:00:000
ISABEL AMARAL		10448	4824	01:12:31	00:42:03:000
SÓNIA RAMOS		12656	4825	01:12:33	00:42:05:000
CARLOS SANTANA	CATEDRAL DA CERVEJA	15566	4826	01:12:34	00:42:06:000
JOÃO GOMES		14827	4827	01:12:34	00:42:06:000
ANDREIA GONÇALVES	Killing Us Softly	11830	4828	01:12:35	00:42:07:000
PEDRO FERREIRA		15908	4829	01:12:36	00:42:08:000
SOFIA FERREIRA		15909	4830	01:12:36	00:42:08:000
NUNO ANTUNES		16001	4831	01:12:36	00:42:08:000
TELMA FERRAZ		16000	4832	01:12:38	00:42:10:000
MARIA LACERDA	CLUBE ANACOM	14527	4833	01:12:38	00:42:10:000
TIAGO FERREIRA		15134	4834	01:12:39	00:42:11:000
DIANA MARTINS DE OLIVEIRA		10371	4835	01:12:40	00:42:12:000
JOÃO MATOS MARIA	Huawei	14815	4836	01:12:40	00:42:12:000
SOFIA CARVALHO		12129	4837	01:12:40	00:42:12:000
LUÍS CALDEIRA	ALGYMNS	13000	4838	01:12:40	00:42:12:000
JOÃO NUNES	Mundinter	12390	4839	01:12:40	00:42:12:000
CARLOS COSTA		10265	4840	01:12:42	00:42:14:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANA CORDEIRO		10403	4841	01:12:42	00:42:14:000
PEDRO ALVES		15001	4842	01:12:43	00:42:15:000
ANTÓNIO TIMÓTEO	Gaeiras Running Team	15070	4843	01:12:43	00:42:15:000
JULIA MENESES	Scalabis Night Runners	12042	4844	01:12:45	00:42:17:000
TIAGO FAUSTINO	Faustino	13730	4845	01:12:46	00:42:18:000
MIGUEL SILVA		11181	4846	01:12:46	00:42:18:000
ANDRÉ RODRIGUES		15793	4847	01:12:46	00:42:18:000
SARA TOMÁS		15262	4848	01:12:46	00:42:18:000
SILVIA ENCARNAÇÃO		15261	4849	01:12:47	00:42:19:000
MARIANA FEIJO		14884	4850	01:12:48	00:42:20:000
FLORBELA SOARES	MultiRunners	10520	4851	01:12:49	00:42:21:000
VIRGÍNIA DELGADO		15512	4852	01:12:49	00:42:21:000
RUI PIRES		10954	4853	01:12:49	00:42:21:000
FILIPE PEDRO		17869	4854	01:12:54	00:42:26:000
DIOGO SOUSA		15719	4855	01:12:55	00:42:27:000
PIERRE LE BACCON	CLUBE COLABORADORES AGEAS	11774	4856	01:12:56	00:42:28:000
MARCO FERNANDES	Run for Friends	10114	4857	01:12:57	00:42:29:000
JORGE DIAS		16192	4858	01:12:58	00:42:30:000
RITA VILAS BOAS		16191	4859	01:12:58	00:42:30:000
FRANCISCA BAPTISTA		13593	4860	01:12:58	00:42:30:000
GUILHERME PACHECO	Cús de Sono	13331	4861	01:12:58	00:42:30:000
CAROLINA OLIVEIRA		13592	4862	01:12:58	00:42:30:000
CRISTIANA REIS	SS CGD	16158	4863	01:12:59	00:42:31:000
TATIANA SUKHOTCKAIA		11792	4864	01:12:59	00:42:31:000
RICARDO CRUZ	Fecha o Losango	12436	4865	01:13:00	00:42:32:000
RICARDO SALGUEIRO	Fecha o Losango	12060	4866	01:13:00	00:42:32:000
TIAGO LOPES		15927	4867	01:13:00	00:42:32:000
BRUNO SANTOS	Fecha o Losango	12059	4868	01:13:00	00:42:32:000
ADRIANA VALE		10951	4869	01:13:01	00:42:33:000
LAZARO ANDRE		11312	4870	01:13:01	00:42:33:000
LINA SANTOS	Queiroz Santos Costa	17560	4871	01:13:02	00:42:34:000
SUSANA MARIA		10782	4872	01:13:02	00:42:34:000
PATRÍCIA COSTA		11787	4873	01:13:02	00:42:34:000
PEDRO MARQUES		14709	4874	01:13:03	00:42:35:000
JOÃO LOPES		0 11199	4875	01:13:03	00:42:35:000
SÉRGIO CRUZ		14666	4876	01:13:03	00:42:35:000
JOSÉ GUIMARÃES		11173	4877	01:13:03	00:42:35:000
VANDA MARTINS		10369	4878	01:13:04	00:42:36:000
EDUARDO MADEIRA	wood runners	11856	4879	01:13:05	00:42:37:000
HUGO SANTOS	Gaeiras Running Team	15071	4880	01:13:05	00:42:37:000
MARIA BARRETO	wood runners	11855	4881	01:13:06	00:42:38:000
MARCO AFONSO	Genius	15457	4882	01:13:07	00:42:39:000
ANTÓNIO TOMÉ		15782	4883	01:13:07	00:42:39:000
MARIA JOÃO	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	12233	4884	01:13:07	00:42:39:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
CÉLIA ROSADO	JASR	12852	4885	01:13:07	00:42:39:000
JOAQUIM ANTONIO SILVA ROSADO		12851	4886	01:13:08	00:42:40:000
PAULA SERRA		12471	4887	01:13:09	00:42:41:000
RICARDO QUINGOSTAS		15373	4888	01:13:09	00:42:41:000
VERA BEXIGA		12962	4889	01:13:09	00:42:41:000
JOAQUIM PAULA		11040	4890	01:13:10	00:42:42:000
SOFIA FERREIRIM		10899	4891	01:13:12	00:42:44:000
PAULO BARROSO	Casa do Benfica em Castelo Branco	12500	4892	01:13:12	00:42:44:000
CATARINA VASCONCELOS		10543	4893	01:13:15	00:42:47:000
ANA RIBEIRO	OsBatenatrave	10492	4894	01:13:16	00:42:48:000
SÍLVIA CARDADEIRO		11028	4895	01:13:16	00:42:48:000
JOÃO GALO		10395	4896	01:13:16	00:42:48:000
NUNO SILVA	Colaboradores SLB	16682	4897	01:13:18	00:42:50:000
NATACHA MARQUES		10458	4898	01:13:22	00:42:54:000
NUNO MARQUES	GRUPO BARRAQUEIRO	15114	4899	01:13:22	00:42:54:000
LEONOR NASCIMENTO		11042	4900	01:13:23	00:42:55:000
JOSE DELGADO		14451	4901	01:13:24	00:42:56:000
PATRICIA FIGUEIREDO		14452	4902	01:13:24	00:42:56:000
BÁRBARA ANDRADE		10741	4903	01:13:25	00:42:57:000
CLAUDIA OLIVEIRA	Strendure Running Team	10740	4904	01:13:26	00:42:58:000
VITOR FARIA		10460	4905	01:13:28	00:43:00:000
NUNO PEREIRA		12149	4906	01:13:29	00:43:01:000
ARLETE REGO		16005	4907	01:13:29	00:43:01:000
NUNO PEREIRA		16007	4908	01:13:31	00:43:03:000
JOÃO MANUEL ANTUNES DOS SANTOS		13087	4909	01:13:33	00:43:05:000
PATRÍCIA ALVES	Correr para a Vitória	12799	4910	01:13:34	00:43:06:000
JOÃO REBOLA	Rainha Santa Isabel/Tarsibus team	15116	4911	01:13:34	00:43:06:000
ARMANDO BOTELHO		10040	4912	01:13:34	00:43:06:000
JOSÉ LAMEIRAS	RSI - Viagens e Turismo LDZ	14989	4913	01:13:35	00:43:07:000
SOFIA SANTOS		14876	4914	01:13:35	00:43:07:000
ANDRÉ QUEIJO	Amorense	12485	4915	01:13:35	00:43:07:000
ANA RITA ANTAS		12488	4916	01:13:35	00:43:07:000
PEDRO CONCEIÇÃO	ONDA TEAM	12811	4917	01:13:37	00:43:09:000
PAULO SANTOS		14449	4918	01:13:37	00:43:09:000
ANDREIA COSTA SANTOS		17908	4919	01:13:38	00:43:10:000
FERNANDO CHALÓ		12546	4920	01:13:38	00:43:10:000
PAULO JORGE GOMES LOPES		10306	4921	01:13:38	00:43:10:000
AIDA RAMOS		16170	4922	01:13:39	00:43:11:000
DORA ARENGA		11844	4923	01:13:40	00:43:12:000
SARA ESTEVES		12659	4924	01:13:40	00:43:12:000
RICARDO PEÇAS		13017	4925	01:13:41	00:43:13:000
CARLOS GARCIA		12737	4926	01:13:41	00:43:13:000
TÂNIA SANTOS		15597	4927	01:13:43	00:43:15:000
RICARDO GASPAR	Clube de Praças da Armada	15388	4928	01:13:44	00:43:16:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
VASCO CARVALHO		15852	4929	01:13:45	00:43:17:000
SERGIO JORGE	Team Roda Encravada	12022	4930	01:13:51	00:43:23:000
DANIEL ANTUNES	Casa do Benfica da Figueira da Foz	11595	4931	01:13:52	00:43:24:000
PEDRO CABRITA	Team Roda Encravada	12029	4932	01:13:52	00:43:24:000
BRUNO SOUSA		11111	4933	01:13:52	00:43:24:000
JOÃO CAMACHO		10165	4934	01:13:55	00:43:27:000
GUILHERME JESUS	Colaboradores SLB	16603	4935	01:13:58	00:43:30:000
JORGE SILVA		13754	4936	01:14:00	00:43:32:000
CARLA NICOMÉDIO	Duo Dinamico	15872	4937	01:14:06	00:43:38:000
CATARINA NATÁRIO		10667	4938	01:14:07	00:43:39:000
NATHALIE BARONET		17864	4939	01:14:07	00:43:39:000
GONÇALO ALMEIDA		11428	4940	01:14:09	00:43:41:000
NUNO MIGUEL CAIXEIRO		11832	4941	01:14:09	00:43:41:000
GONÇALO SILVA		16144	4942	01:14:10	00:43:42:000
NUNO ANDRÉ		15556	4943	01:14:10	00:43:42:000
MARINA MARQUES		11784	4944	01:14:11	00:43:43:000
FRANCISCO BOTELHO	Casa do Benfica de Moura	11219	4945	01:14:11	00:43:43:000
SUSANA BOTELHO	Casa do Benfica de Moura	11220	4946	01:14:11	00:43:43:000
ANDRÉ MONTEIRO	Hospital da Luz	16392	4947	01:14:14	00:43:46:000
SÓNIA PEREIRA		14973	4948	01:14:14	00:43:46:000
MARGARIDA VIVAS AZEVEDO	CLUBE COLABORADORES AGEAS	11770	4949	01:14:15	00:43:47:000
ANA SOFIA RODRIGUES	#OperaçãoVerão2020	11057	4950	01:14:15	00:43:47:000
MARIANA MARQUES		11002	4951	01:14:15	00:43:47:000
CARLA VIEGAS		13023	4952	01:14:16	00:43:48:000
HUGO VIEGAS		13022	4953	01:14:18	00:43:50:000
CRISTINA CUNHA		11252	4954	01:14:19	00:43:51:000
ANA SILVA		13056	4955	01:14:20	00:43:52:000
JOAO COURAS		12953	4956	01:14:20	00:43:52:000
MARINA RODRIGUES		10479	4957	01:14:20	00:43:52:000
SÉRGIO SILVA		11405	4958	01:14:20	00:43:52:000
LINO GOMES	CCD CRÉDITO AGRÍCOLA MÚTUO	12339	4959	01:14:21	00:43:53:000
RAUL CORREIA	ATLETAS DO FAROLIM	13284	4960	01:14:21	00:43:53:000
HELENA SANTOS		13285	4961	01:14:22	00:43:54:000
JOÃO ANICETO		12158	4962	01:14:23	00:43:55:000
MARGARIDA PEREIRA	YKK	15179	4963	01:14:23	00:43:55:000
TIAGO BROA		12947	4964	01:14:26	00:43:58:000
PEDRO GUILHERME	Rotas dos Vinhos de Portugal	15588	4965	01:14:27	00:43:59:000
CARLA ALMEIDA		13344	4966	01:14:28	00:44:00:000
CLAUDIO RODRIGUES		17986	4967	01:14:28	00:44:00:000
MANUEL MAGALHÃES		17856	4968	01:14:29	00:44:01:000
SÓNIA RODRIGUES	RODRIGUES RUNNERS	10918	4969	01:14:30	00:44:02:000
NUNO PAULO	SS CGD	14785	4970	01:14:30	00:44:02:000
DIOGO PAULO	SS CGD	14791	4971	01:14:30	00:44:02:000
LUÍS FULGÊNCIO		13559	4972	01:14:31	00:44:03:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
INES PALHOÇA	Marque TDI	17546	4973	01:14:31	00:44:03:000
JORGE ANDRADE	Marque TDI	14751	4974	01:14:32	00:44:04:000
ISABEL CALDEIRA		16285	4975	01:14:34	00:44:06:000
ISABEL CARDOSO		10538	4976	01:14:39	00:44:11:000
CARLA ANICETO		12157	4977	01:14:41	00:44:13:000
CARLOS VALÉRIO		12373	4978	01:14:41	00:44:13:000
GILBERTO FERNANDES		14622	4979	01:14:42	00:44:14:000
MÁRCIA FERREIRA	Márcia	14646	4980	01:14:43	00:44:15:000
ÂNGELO BORGES		15403	4981	01:14:43	00:44:15:000
FÁTIMA PRAZERES		13143	4982	01:14:45	00:44:17:000
CARLOS CUSTODIA		10500	4983	01:14:45	00:44:17:000
ANA SOFIA AMARAL		13649	4984	01:14:48	00:44:20:000
GONÇALO ALMEIDA		16027	4985	01:14:52	00:44:24:000
ARTUR GUEDES		14551	4986	01:14:52	00:44:24:000
CATARINA REIS		17584	4987	01:14:53	00:44:25:000
MAURICIO MARQUES		17583	4988	01:14:53	00:44:25:000
CARLOS CONCEIÇÃO	GRUPO BARRAQUEIRO	15110	4989	01:14:55	00:44:27:000
LUIS LEAL		14554	4990	01:14:55	00:44:27:000
CARLOS LAPINHA		11142	4991	01:14:58	00:44:30:000
JOSÉ LUIZ GONÇALVES	Individual	13695	4992	01:14:58	00:44:30:000
ANTÓNIO VIDAS	CLUBE ANACOM	14529	4993	01:14:59	00:44:31:000
SUSANA BRAZINHA		10539	4994	01:15:00	00:44:32:000
RITA ROCHA	Rochalazan	15166	4995	01:15:00	00:44:32:000
JORGE CHANG	Revista Mística	15173	4996	01:15:01	00:44:33:000
DÍLIA AMARO		13772	4997	01:15:03	00:44:35:000
ALBERTO FERNANDES	Duarte Club	10611	4998	01:15:03	00:44:35:000
CÉLIA SANTOS		10266	4999	01:15:05	00:44:37:000
ANTÓNIO FERRÃO		14793	5000	01:15:06	00:44:38:000
ONDINA TEODORO		13037	5001	01:15:06	00:44:38:000
MARGARIDA DOMINGUES		14792	5002	01:15:06	00:44:38:000
ANDRÉ RIJO		16157	5003	01:15:09	00:44:41:000
NUNO MARTINS	COFINA RUNNERS	15131	5004	01:15:10	00:44:42:000
MARIA HELENA SÁ		15395	5005	01:15:11	00:44:43:000
JOSE REBOCHO	Correr Soc Rec da Granja	11651	5006	01:15:12	00:44:44:000
CARLOS FIUZA		17814	5007	01:15:14	00:44:46:000
JOHNNY THOMASSEN		17996	5008	01:15:15	00:44:47:000
LUISA GONÇALVES	CLUB DE ATLETAS DE MONSANTO GASCAN	11709	5009	01:15:16	00:44:48:000
PAULO FALCAO	PumpRunners	11621	5010	01:15:18	00:44:50:000
PAULA ANTUNES	CCRAM	16061	5011	01:15:20	00:44:52:000
SARA BARATA	alverca urban runners	12748	5012	01:15:20	00:44:52:000
PAULO FERNANDES	Marriott Lisboa	15218	5013	01:15:21	00:44:53:000
BRUNO RUSSO	Resitejo	17881	5014	01:15:22	00:44:54:000
ALBERTO JOAQUIM LIXA	Individual	11825	5015	01:15:23	00:44:55:000
EMANUEL DA LOMBA	Colaboradores SLB	16588	5016	01:15:25	00:44:57:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
LÚCIA SILVA		11504	5017	01:15:29	00:45:01:000
RICARDO CARRILHO		13736	5018	01:15:32	00:45:04:000
PAULA MELLO	Clube Novo Banco	11275	5019	01:15:33	00:45:05:000
LILIANA HENRIQUES	Clube Desportivo Ribeirense	14345	5020	01:15:35	00:45:07:000
CARLOS SILVA		15883	5021	01:15:35	00:45:07:000
JOAO ROSA	Run Forrest Run	12828	5022	01:15:38	00:45:10:000
ANA FERREIRA		15866	5023	01:15:41	00:45:13:000
CÉU NEVES		11918	5024	01:15:41	00:45:13:000
BRUNO MÁXIMO	Hospital da Luz	16330	5025	01:15:41	00:45:13:000
SÓNIA ALVES	G.D.S.Sebastião da Freguesia de Canha	13867	5026	01:15:41	00:45:13:000
ANA PATRICIO	G.D.S.Sebastião da Freguesia de Canha	13273	5027	01:15:42	00:45:14:000
DANIEL PRADO SEQUEIRA		17960	5028	01:15:42	00:45:14:000
CARLA HENRIQUES		13537	5029	01:15:42	00:45:14:000
SÉRGIO CORREIA		16100	5030	01:15:45	00:45:17:000
ANA CARDOSO	Hospital da Luz	16532	5031	01:15:45	00:45:17:000
LUÍS GONÇALVES	Casa do Benfica em Castelo Branco	12504	5032	01:15:48	00:45:20:000
CARLA BARBADO		12374	5033	01:15:50	00:45:22:000
ANA BARREIRA CARVALHO		13148	5034	01:15:52	00:45:24:000
ANDREIA MARTINS		11586	5035	01:15:54	00:45:26:000
TANIA LOURENÇO		11585	5036	01:15:54	00:45:26:000
CARLOS ALVES	Clube Ferroviário de Portugal	14020	5037	01:15:55	00:45:27:000
LUIS NEVES	TACLUBE	11078	5038	01:15:56	00:45:28:000
ANDREIA MAGALHÃES	Colaboradores SLB	16546	5039	01:15:56	00:45:28:000
PEDRO PINHEIRO	Guizo Runners	14997	5040	01:15:57	00:45:29:000
NUNO JORGE	Correr com Elas!	10559	5041	01:16:00	00:45:32:000
RUI PEDRO SANTOS	PLMJ Runners	10431	5042	01:16:03	00:45:35:000
CARLOS BANDEIRA		13622	5043	01:16:05	00:45:37:000
JORGE LAMY MARQUES		13621	5044	01:16:08	00:45:40:000
NEUSA LUZ	VFCE	12574	5045	01:16:08	00:45:40:000
ANDRÉ SANTOS	Guizo Runners	14882	5046	01:16:08	00:45:40:000
JOSÉ LEANDRO	VFCE	12582	5047	01:16:09	00:45:41:000
VÂNIA PEREIRA		10489	5048	01:16:09	00:45:41:000
MARGARIDA PISCO		10294	5049	01:16:11	00:45:43:000
SÉRGIO LOUREIRO		10293	5050	01:16:12	00:45:44:000
PAULO MAGALHÃES	BENFICA COM'O AÇO	14624	5051	01:16:13	00:45:45:000
ALEXANDRE LOPES		14363	5052	01:16:14	00:45:46:000
GUIOMAR TOMÉ	Guizo Runners	14841	5053	01:16:16	00:45:48:000
ANABELA LUIS	Rotas dos Vinhos de Portugal	15591	5054	01:16:17	00:45:49:000
DORA CRUZ	GINjinha Runners	10042	5055	01:16:19	00:45:51:000
RUI ALDEANO		12618	5056	01:16:21	00:45:53:000
MARIA ALVES		12619	5057	01:16:21	00:45:53:000
PATRÍCIA SOUSA	Colaboradores SLB	16691	5058	01:16:24	00:45:56:000
BARBARA BRÁS	SS CGD	11325	5059	01:16:24	00:45:56:000
MANUEL BRÁS	SS CGD	11569	5060	01:16:24	00:45:56:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
FABIO BAGAGEM		11485	5061	01:16:25	00:45:57:000
ANA ROCHA		11484	5062	01:16:26	00:45:58:000
ANTÓNIO VIEIRA	Arrebenta Milhas	13613	5063	01:16:28	00:46:00:000
ANA DIAS		12589	5064	01:16:30	00:46:02:000
CARLOS MOREIRA		15882	5065	01:16:31	00:46:03:000
DIOGO JORGE		17961	5066	01:16:33	00:46:05:000
ANA MARIA BERNARDINO MENDES	Ana Mendes	10798	5067	01:16:33	00:46:05:000
ANDRÉ ANTÓNIO MADEIRA FERNANDES	RUMO AO PENTA	12976	5068	01:16:34	00:46:06:000
BRUNO RIBEIRO	Kaninos	10113	5069	01:16:38	00:46:10:000
MÁRIO CORREIA E CUNHA	MMC	12036	5070	01:16:43	00:46:15:000
MARIA FONTES DE MELO	mmc	12037	5071	01:16:43	00:46:15:000
NUNO FRANÇA	Sonu	13429	5072	01:16:44	00:46:16:000
SANDRA GASPAR		14690	5073	01:16:46	00:46:18:000
CARLOS ALBERTO SILVÉRIO		14689	5074	01:16:46	00:46:18:000
MARIO CANEIRA	JOBRINDE - MONTES SALOIOS	13349	5075	01:16:53	00:46:25:000
ARMANDO COSTA	JOBRINDE - MONTES SALOIOS	13350	5076	01:16:53	00:46:25:000
JORGE CARVALHO		16178	5077	01:16:54	00:46:26:000
LUÍS SANTOS	Guizo Runners	14879	5078	01:16:57	00:46:29:000
TIAGO FIGUEIREDO		13511	5079	01:16:59	00:46:31:000
DAVID SERRA	Gordos e rebeldes	15763	5080	01:17:00	00:46:32:000
MIGUEL OLIVEIRA	Sport ISEG e Benfica	11239	5081	01:17:00	00:46:32:000
SANDRA FERREIRA		10541	5082	01:17:02	00:46:34:000
PEDRO VALENTE		13240	5083	01:17:02	00:46:34:000
NIDIA SILVA		14238	5084	01:17:03	00:46:35:000
ANDRÉ GERALDES	Gordos e rebeldes	15762	5085	01:17:03	00:46:35:000
CAMILA SILVA		17577	5086	01:17:04	00:46:36:000
ANTÓNIO GUIMARÃES		11172	5087	01:17:05	00:46:37:000
HÉLDER SILVA		15932	5088	01:17:05	00:46:37:000
PATRÍCIA ROSA		15931	5089	01:17:05	00:46:37:000
TIAGO CORREIA		16195	5090	01:17:07	00:46:39:000
DARCÍLIA MATOS		14814	5091	01:17:07	00:46:39:000
ANA CUNHA	Rossi	14874	5092	01:17:09	00:46:41:000
RUI SANTOS		11086	5093	01:17:10	00:46:42:000
RITA ESPADINHA BARRETO		10666	5094	01:17:10	00:46:42:000
VASCO CÂNDIDO	Reuma Team	15936	5095	01:17:11	00:46:43:000
MARIO CAMPINA		12130	5096	01:17:13	00:46:45:000
HUGO MIGUEL CARVALHO DOS REIS SILVA		15002	5097	01:17:20	00:46:52:000
JÉSSICA DA COSTA		14303	5098	01:17:22	00:46:54:000
MÁRIO FERREIRA		10085	5099	01:17:23	00:46:55:000
JOSE TIAGO	GalgaMuros	15438	5100	01:17:24	00:46:56:000
OLGA VICENTE	GalgaMuros	15441	5101	01:17:24	00:46:56:000
JOSÉ GUIMARÃES		11171	5102	01:17:34	00:47:06:000
ANA CERTAL	Run for Lunch	11271	5103	01:17:34	00:47:06:000
CLÁUDIO CASTRO		12672	5104	01:17:40	00:47:12:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RICARDO OLIVEIRA		12673	5105	01:17:40	00:47:12:000
JOAQUIM GABRIEL		15199	5106	01:17:41	00:47:13:000
HENRIQUE COSTA	Queiroz Santos Costa	17562	5107	01:17:41	00:47:13:000
INÊS QUEIROZ	Queiroz Santos Costa	17563	5108	01:17:45	00:47:17:000
RUI LOPES		14608	5109	01:17:46	00:47:18:000
RITA CAMECELHA		13192	5110	01:17:47	00:47:19:000
ANTÓNIO ROCHA		14609	5111	01:17:49	00:47:21:000
RUI NEVES		13637	5112	01:17:50	00:47:22:000
RUI NEVES		17949	5113	01:17:50	00:47:22:000
MARGARIDA ANDRÉ	Hospital da Luz	16360	5114	01:17:52	00:47:24:000
ANA PAULA BRITO AZEVEDO	Run&Smile	14417	5115	01:17:52	00:47:24:000
LUCIO TRAVASSOS		17571	5116	01:17:53	00:47:25:000
MARCO CUNHA		15349	5117	01:17:53	00:47:25:000
TERESA FERNANDES	Encosta Team	15834	5118	01:17:53	00:47:25:000
JOÃO FERNANDES	Encosta Team	15833	5119	01:17:54	00:47:26:000
DIOGO MARTINEZ	PSB-Team	15471	5120	01:17:54	00:47:26:000
JOAO OLIVEIRA		13179	5121	01:17:55	00:47:27:000
RUTE VICENTE		11392	5122	01:17:55	00:47:27:000
MARIA SANTOA		13180	5123	01:17:55	00:47:27:000
JOAO GONÇALVES		17844	5124	01:17:56	00:47:28:000
JOÃO RAMOS	CLUB DE ATLETAS DE MONSANTO - GASCAN	11708	5125	01:17:58	00:47:30:000
CONSTÂNCIO ALMEIDA	CLUB DE ATLETAS DE MONSANTO - GASCAN	11707	5126	01:17:58	00:47:30:000
CLÁUDIO NUNES	AQS	16058	5127	01:18:08	00:47:40:000
CLAUDIO MADEIRA	Benecar Runners	12393	5128	01:18:09	00:47:41:000
GONÇALO FONSECA		17985	5129	01:18:09	00:47:41:000
CARLOS PEDRO FERREIRA		13009	5130	01:18:11	00:47:43:000
DIOGO FERREIRA		13010	5131	01:18:11	00:47:43:000
LUÍS SANTOS	RunTexugos	13716	5132	01:18:13	00:47:45:000
JACINTO CARVALHO	RunTexugos	13717	5133	01:18:13	00:47:45:000
JOSÉ FERREIRA	BairroTeam	12957	5134	01:18:13	00:47:45:000
SOFIA SANTOS	RUNNERS DO DEMO	13718	5135	01:18:14	00:47:46:000
VITOR FUZEIRO		13888	5136	01:18:15	00:47:47:000
CATARINA BRANDÃO DE CARVALHO		16006	5137	01:18:17	00:47:49:000
LÍDIA RATÃO		12253	5138	01:18:19	00:47:51:000
CARLOS PÁSCOA		15122	5139	01:18:20	00:47:52:000
SARA PÁSCOA		14794	5140	01:18:20	00:47:52:000
TÂNIA FREITAS		14546	5141	01:18:20	00:47:52:000
RITA MERENDA	Alverca Urban Runners	10152	5142	01:18:22	00:47:54:000
ANA SANTOS	Nitrofuranos	10009	5143	01:18:26	00:47:58:000
IVO FERNANDES	Tudo - Natação	15701	5144	01:18:26	00:47:58:000
NUNO CASACA	Nitrofuranos	10011	5145	01:18:26	00:47:58:000
MIGUEL DIAS	Tudo - Natação	15698	5146	01:18:26	00:47:58:000
FERNANDO SILVA	Nitrofuranos	10203	5147	01:18:27	00:47:59:000
JOÃO PULGUINHAS	Nitrofuranos	10013	5148	01:18:27	00:47:59:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JORGE PIÇARRA	Casa do Benfica de moura	10322	5149	01:18:27	00:47:59:000
JOÃO QUEIRÓS	Nitrofuranos	10008	5150	01:18:28	00:48:00:000
RODRIGO FAGUNDES	Nitrofuranos	10014	5151	01:18:28	00:48:00:000
PEDRO CAETANO	Nitrofuranos	10010	5152	01:18:29	00:48:01:000
DIANA ÉVORA		15925	5153	01:18:37	00:48:09:000
TOMÁS NUNES		11267	5154	01:18:37	00:48:09:000
WALTER PINTO		16176	5155	01:18:45	00:48:17:000
NUNO PIMPÃO	CATEDRAL DA CERVEJA	15563	5156	01:18:45	00:48:17:000
TELMA LUCIO	CATEDRAL DA CERVEJA	15564	5157	01:18:48	00:48:20:000
GIL SOUSA	Resitejo	16277	5158	01:18:53	00:48:25:000
JOAO CARLOS VIDEIRA GONCALVES		12608	5159	01:18:56	00:48:28:000
BRUNO NEVES	So por hoje	14390	5160	01:18:56	00:48:28:000
EDUARDO ALMEIDA		12611	5161	01:18:56	00:48:28:000
JOANA DE JESUS	Correr Lisboa	10290	5162	01:18:57	00:48:29:000
LUÍSA CANDEIAS	correr lisboa	11213	5163	01:18:58	00:48:30:000
ÁLVARO CLÁUDIO		11454	5164	01:18:58	00:48:30:000
NUNO AZEVEDO	Colaboradores SLB	16686	5165	01:19:00	00:48:32:000
ANDRÉ RORIZ		11465	5166	01:19:03	00:48:35:000
JOANA ANDRÉ		11464	5167	01:19:03	00:48:35:000
NADINE RODRIGUES		11041	5168	01:19:04	00:48:36:000
SUSANA COSTA	Correr para a Vitória	12798	5169	01:19:08	00:48:40:000
CATARINA COSTAL		13726	5170	01:19:11	00:48:43:000
CLÁUDIA GOMES	CRAZY RED	10096	5171	01:19:28	00:49:00:000
MARIA INÊS GOMES	CRAZY RED	10095	5172	01:19:28	00:49:00:000
MARLENE VERÍSSIMO	Runners do Lago	10089	5173	01:19:32	00:49:04:000
JOAQUIM CORTES	Primos Chamboeirenses	12001	5174	01:19:32	00:49:04:000
RICARDO VICENTE	Runners do Lago	10088	5175	01:19:32	00:49:04:000
MARIO GUERREIRO	Marque TDI	14904	5176	01:19:33	00:49:05:000
ANA RAQUEL RODRIGUES		15599	5177	01:19:35	00:49:07:000
SANDRA GONÇALVES	Trabucas	12098	5178	01:19:36	00:49:08:000
HÉLIO GOMES		15401	5179	01:19:42	00:49:14:000
JOSE MARIANO		12596	5180	01:19:43	00:49:15:000
NUNO CONCEIÇÃO	GRUPO BARRAQUEIRO	15113	5181	01:19:43	00:49:15:000
JOÃO ALVES	CLUBE ANACOM	14532	5182	01:19:44	00:49:16:000
FOCK YIOT WAN	CONDOR	11988	5183	01:19:48	00:49:20:000
NUNO MARQUES	Encosta Team	15837	5184	01:19:52	00:49:24:000
ROSA MARQUES	Encosta Team	15836	5185	01:19:52	00:49:24:000
RITA FRANCO	Makakas Team	10288	5186	01:19:56	00:49:28:000
PAULA RODRIGUES	NP	15788	5187	01:20:06	00:49:38:000
DANIEL GOMES		13408	5188	01:20:15	00:49:47:000
PEDRO FONA		13409	5189	01:20:15	00:49:47:000
JOEL CRUZ		14639	5190	01:20:15	00:49:47:000
SARA COELHO		14638	5191	01:20:15	00:49:47:000
RICARDO RAMOS	Running 4 Fun	15448	5192	01:20:17	00:49:49:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
FREDERICO CARAJOTE		14384	5193	01:20:17	00:49:49:000
JOÃO MÂNTUA	Clube de Corrida REN	14720	5194	01:20:17	00:49:49:000
PAULO PATRAO	Clube de Corrida REN	11999	5195	01:20:18	00:49:50:000
PEDRO BERNARDINO	Aquae Scalabis	10689	5196	01:20:19	00:49:51:000
MARIA CAMPOS		14154	5197	01:20:21	00:49:53:000
ANA FERREIRA		11894	5198	01:20:21	00:49:53:000
PEDRO VAZ		13609	5199	01:20:22	00:49:54:000
JÉSSICA TAVARES		14383	5200	01:20:22	00:49:54:000
FILIFE CARDOSO	Sweetensemble	10861	5201	01:20:25	00:49:57:000
JOÃO SANTOS	Captain Fly	13248	5202	01:20:25	00:49:57:000
PEDRO MARQUES	JORGE FERNANDES LDA	15076	5203	01:20:26	00:49:58:000
RUTE GONCALVES		15951	5204	01:20:27	00:49:59:000
RUI SANTOS		0 15521	5205	01:20:28	00:50:00:000
BRUNO SETTAS	(.º .. .º)	14846	5206	01:20:28	00:50:00:000
JOÃO FRANCISCO MARTINS RAMOS		14928	5207	01:20:29	00:50:01:000
MÓNICA CASTILHO		12366	5208	01:20:30	00:50:02:000
PAULO AMARO	(.º .. .º)	14847	5209	01:20:32	00:50:04:000
LUÍS MATIAS	Hospital da Luz	16408	5210	01:20:35	00:50:07:000
SANDRA BOLAS	Reuma Team	15937	5211	01:20:35	00:50:07:000
ANTONIO FIGUEIREDO		11049	5212	01:20:36	00:50:08:000
CÁTIA MARTINS		12257	5213	01:20:38	00:50:10:000
JORGE MARQUES		12264	5214	01:20:38	00:50:10:000
RICARDO CARRICHE		15253	5215	01:20:38	00:50:10:000
CARLA BRITO		11065	5216	01:20:42	00:50:14:000
NUNO BEIJINHA	Clube Brisa	11681	5217	01:20:53	00:50:25:000
HUGO BELO		13918	5218	01:20:54	00:50:26:000
INÊS VAZ		13610	5219	01:20:57	00:50:29:000
SERGIO MENEZES		13616	5220	01:20:58	00:50:30:000
FRANCISCO SILVA	GD Transtejo	15829	5221	01:21:00	00:50:32:000
HENRIQUE VAZ		14735	5222	01:21:01	00:50:33:000
ANDRÉ CABRAL		10094	5223	01:21:02	00:50:34:000
INÊS DRUMMOND		15520	5224	01:21:02	00:50:34:000
VANDA CORREIA	Hospital da Luz	16358	5225	01:21:04	00:50:36:000
CARLA DIAS	Rotas dos Vinhos de Portugal	15589	5226	01:21:08	00:50:40:000
MARIA MACEDO		11675	5227	01:21:11	00:50:43:000
JOÃO BOTELHO		14073	5228	01:21:18	00:50:50:000
PAULO GARCIA	TudoEu.com	13274	5229	01:21:20	00:50:52:000
FILIFE GONÇALVES	TudoEu.com	13271	5230	01:21:21	00:50:53:000
SOLANGE JESUS	Total Gym	11497	5231	01:21:22	00:50:54:000
PAULO MARTINS	SS CGD	11695	5232	01:21:29	00:51:01:000
ANDRÉ BEJA		13704	5233	01:21:32	00:51:04:000
CATIA CURICA		15965	5234	01:21:32	00:51:04:000
ANA CATARINA COSTA	Hospital da Luz	16531	5235	01:21:40	00:51:12:000
ELISABETE PINTO	CORRER LISBOA	10439	5236	01:21:40	00:51:12:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOÃO VICENTE		15426	5237	01:21:41	00:51:13:000
LUIS ANTUNES		13152	5238	01:21:43	00:51:15:000
RUTE AFONSO	TABAQUEIRA	15734	5239	01:21:51	00:51:23:000
JOSÉ VAZ	CLUBE ANACOM	14531	5240	01:21:57	00:51:29:000
CELIO PAULINO		14430	5241	01:21:57	00:51:29:000
MAGDA RAPOSO		14699	5242	01:21:58	00:51:30:000
FÁTIMA NAZARÉ		15181	5243	01:21:59	00:51:31:000
SARA SOUSA	Colaboradores SLB	16736	5244	01:22:01	00:51:33:000
SÍLVIA BARRADAS	Ao ritmo das 200 ppm	13276	5245	01:22:01	00:51:33:000
CARLA ANICETO	Hospital da Luz	16332	5246	01:22:02	00:51:34:000
NEIDE SANTOS		16268	5247	01:22:03	00:51:35:000
LAURA CONCHINHA	RUMO AO PENTA	14150	5248	01:22:04	00:51:36:000
DOMINGOS PINHEIRO		14443	5249	01:22:04	00:51:36:000
TÂNIA LOPES		16259	5250	01:22:09	00:51:41:000
LINDA MENDONÇA		15874	5251	01:22:22	00:51:54:000
MARIA COSTA		15875	5252	01:22:22	00:51:54:000
RENATO SILVA		16086	5253	01:22:25	00:51:57:000
ANDRÉ SILVA		14031	5254	01:22:25	00:51:57:000
MIGUEL ANGELO SILVA		16180	5255	01:22:25	00:51:57:000
PATRICIA DO CARMO ENGROLA LEANDRO	Casa do Benfica de Moura	16161	5256	01:22:33	00:52:05:000
PAULO BEJINHA	Casa do Benfica de Moura	11407	5257	01:22:33	00:52:05:000
JEFFERSON SILVA		14547	5258	01:22:33	00:52:05:000
DÉBORA CONCEIÇÃO		14548	5259	01:22:34	00:52:06:000
ANTONIO COSTA		10914	5260	01:22:34	00:52:06:000
ANA ISABEL RAMOS		14823	5261	01:22:40	00:52:12:000
PAULO ROMEIRO		14822	5262	01:22:40	00:52:12:000
ANA CRISTINA CASTRO	SS CGD	12048	5263	01:22:43	00:52:15:000
LUIS MARQUES	TABAQUEIRA	15738	5264	01:22:45	00:52:17:000
FÁTIMA PIRES ALMEIDA		10161	5265	01:22:50	00:52:22:000
PAULO CORREIA		14486	5266	01:22:52	00:52:24:000
RENATA CHICHORRO		14485	5267	01:22:52	00:52:24:000
TIAGO FREDERICO	DXC	12779	5268	01:23:00	00:52:32:000
PEDRO NUNES		13618	5269	01:23:03	00:52:35:000
CLÁUDIA RATO		10426	5270	01:23:04	00:52:36:000
MARCO CHRYSTELLO		11023	5271	01:23:19	00:52:51:000
RODRIGO FREITAS	Clube Desportivo Ribeirense	14346	5272	01:23:36	00:53:08:000
ANA SOUSA	ELES E ELAS	10394	5273	01:23:36	00:53:08:000
ÂNGELA LEAL	Pump Runners	11963	5274	01:23:49	00:53:21:000
ANTONIO COELHO	Papa Kms	15510	5275	01:23:50	00:53:22:000
PAULO FERNANDES	Papa Kms	15508	5276	01:23:50	00:53:22:000
CATARINA GONÇALVES	Hospital da Luz	16374	5277	01:23:58	00:53:30:000
RUI GASPAR	B13	15040	5278	01:24:02	00:53:34:000
ELISABETE VALE	Colaboradores SLB	16585	5279	01:24:08	00:53:40:000
LURDES VALE	Correr Lisboa	11194	5280	01:24:08	00:53:40:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
HUGO BROA		12948	5281	01:24:10	00:53:42:000
JAIME ROQUE		14234	5282	01:24:13	00:53:45:000
ROSA CARDOSO		15427	5283	01:24:18	00:53:50:000
ZARA CARDOSO	Tudo - Natação	15699	5284	01:24:20	00:53:52:000
SOFIA PEDRO		16130	5285	01:24:24	00:53:56:000
DIOGO REIS	Hospital da Luz	16510	5286	01:24:26	00:53:58:000
JOAQUIM PEREIRA	Clube de Praças da Armada	15386	5287	01:24:39	00:54:11:000
ACÁCIO PERIRA		14122	5288	01:24:43	00:54:15:000
ELSA COSTA		10267	5289	01:24:44	00:54:16:000
JOSÉ PIHEIRO		14124	5290	01:24:45	00:54:17:000
VITOR PEREIRA	Clube Desportivo Ribeirense	14347	5291	01:24:53	00:54:25:000
MARIA RAMOS		14871	5292	01:25:05	00:54:37:000
GILBERTO ALVES	Junta de Freguesia de Carnide	14929	5293	01:25:06	00:54:38:000
JÉSSICA LEMOS		15785	5294	01:25:07	00:54:39:000
FILIPA CORTEZ	Super Lentos	11120	5295	01:25:11	00:54:43:000
MARIA ANJOS	CONDOR	12445	5296	01:25:14	00:54:46:000
RICARDO RIBEIRO		10882	5297	01:25:26	00:54:58:000
BRUNO ARAÚJO		10842	5298	01:25:33	00:55:05:000
BRUNO ARAÚJO		10841	5299	01:25:33	00:55:05:000
CARLOS RIBEIRO		10885	5300	01:25:38	00:55:10:000
JOANA CABAÇO		15825	5301	01:25:40	00:55:12:000
PAULA MAGALHÃES		15584	5302	01:25:41	00:55:13:000
BRUNO CAIXINHA		11990	5303	01:25:45	00:55:17:000
MÁRIO RITO		10739	5304	01:25:50	00:55:22:000
MANUEL SANTOS	G.D.C.T. REPSOL POLÍMEROS	11101	5305	01:25:56	00:55:28:000
HUGO GOMES		17603	5306	01:26:08	00:55:40:000
DANIELA TAVARES		14757	5307	01:26:08	00:55:40:000
RODRIGO DOMINGUES		14682	5308	01:26:08	00:55:40:000
NUNO PAIXÃO		17982	5309	01:26:08	00:55:40:000
TELMA SEBASTIÃO	VFCE	13595	5310	01:26:09	00:55:41:000
FILIPA GOMES	VFCE	12237	5311	01:26:09	00:55:41:000
LINDA SANTOS	VFCE	12595	5312	01:26:10	00:55:42:000
ANA GODINHO	Vitória Futebol Clube Ermidense	15611	5313	01:26:10	00:55:42:000
CARLOS NEVES	Familia do Coração	13379	5314	01:26:14	00:55:46:000
ANA MÁRCIA PEREIRA		11840	5315	01:26:18	00:55:50:000
NUNO DIAS		11609	5316	01:26:28	00:56:00:000
MARGARIDA ASCENÇÃO	Clube Novo Banco	11292	5317	01:26:48	00:56:20:000
CARINA ROSA		12875	5318	01:26:49	00:56:21:000
TIAGO FIGUEIRA		12031	5319	01:26:49	00:56:21:000
BRUNO FONSECA		12915	5320	01:26:51	00:56:23:000
TÂNIA CORREIA		15598	5321	01:26:52	00:56:24:000
CRISTIANA SILVA		13449	5322	01:26:53	00:56:25:000
JOÃO NEVES		13451	5323	01:26:53	00:56:25:000
JOÃO SABINO	FDS Sports Team	14559	5324	01:27:01	00:56:33:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ÁLVARO ESTRELA		12912	5325	01:27:06	00:56:38:000
RITA SANTOS	BairroTeam	12956	5326	01:27:10	00:56:42:000
MARA FRUTUOSO		12273	5327	01:27:30	00:57:02:000
CARLOS ANTÓNIO SAMÕES		12126	5328	01:27:32	00:57:04:000
DIOGO JOSÉ MADEIRA FERNANDES	RUMO AO PENTA	12977	5329	01:27:36	00:57:08:000
ANABELA GOMES ORNELAS	RUMO AO PENTA	12981	5330	01:27:38	00:57:10:000
ENRICO VIANINI	Bamoximboa	13705	5331	01:27:38	00:57:10:000
ANA RITA SIMÕES	Bamoximbora	13706	5332	01:27:38	00:57:10:000
EMILIA DAS DORES BAPTISTA MADEIRA FERNANDES	RUMO AO PENTA	12978	5333	01:27:38	00:57:10:000
FÁTIMA NUNES		16308	5334	01:27:51	00:57:23:000
RAQUEL AFONSO	Chitas de Alcobaça	10617	5335	01:28:03	00:57:35:000
JOÃO PEREIRA	Chitas de Alcobaça	10618	5336	01:28:03	00:57:35:000
CATIA FRAGOSO	Chitas de Alcobaça	10637	5337	01:28:07	00:57:39:000
LÚCIO LUÍS	Chitas de Alcobaça	11994	5338	01:28:07	00:57:39:000
CARLOS FERNANDES	Chitas de Alcobaça	10636	5339	01:28:07	00:57:39:000
ANDRÉ CARDOSO		15848	5340	01:28:13	00:57:45:000
MARCO CORREIA		11897	5341	01:28:20	00:57:52:000
NUNO LIBERATO		15104	5342	01:28:36	00:58:08:000
CARLOS LIBERATO		15103	5343	01:28:36	00:58:08:000
DAVID MARQUES		16030	5344	01:28:37	00:58:09:000
ELISABETE LOPES		13851	5345	01:28:51	00:58:23:000
JOEL CARVALHO	MOITA SLB	14180	5346	01:28:52	00:58:24:000
VÂNIA MARTINHO	Martinho	13093	5347	01:28:52	00:58:24:000
LUÍS MARTINHO	Martinho	13094	5348	01:28:52	00:58:24:000
BRUNO FIGUEIREDO		15587	5349	01:29:11	00:58:43:000
LUCINDA HENRIQUES	CONDOR	12444	5350	01:29:14	00:58:46:000
GUILHERME MARTINEZ	PSB-Team	15472	5351	01:29:26	00:58:58:000
TIAGO MAIO		17558	5352	01:29:27	00:58:59:000
MARIA ALVES		11021	5353	01:29:27	00:58:59:000
ELSA GOMES		13643	5354	01:29:28	00:59:00:000
ADILSON GOMES		13647	5355	01:29:29	00:59:01:000
ANTONIO GALGUINHO		13270	5356	01:29:44	00:59:16:000
CRISTINA OLIVEIRA	S.L.B	10761	5357	01:29:47	00:59:19:000
NELSON RODRIGUES		10904	5358	01:29:47	00:59:19:000
DINO PENIM		13578	5359	01:30:18	00:59:50:000
CARLOS FERREIRA		13579	5360	01:30:21	00:59:53:000
PEDRO EVARISTO	Mundinter	12386	5361	01:31:09	01:00:41:000
ANDREIA AMARAL		14395	5362	01:31:31	01:01:03:000
SÉRGIO GASPAR		14416	5363	01:31:31	01:01:03:000
ANA SARAIVA		14482	5364	01:31:36	01:01:08:000
JOÃO SARAIVA		14481	5365	01:31:37	01:01:09:000
BEATRIZ CANDEIAS	Amigos dos Lobos	11923	5366	01:31:42	01:01:14:000
CÉLIA ALMEIDA	Casa do Benfica de Moura	11013	5367	01:31:44	01:01:16:000
PAULA CAMACHO	Casa do Benfica de Moura	10117	5368	01:31:45	01:01:17:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
FRANCISCO MANUEL CASCALHAIS		11237	5369	01:31:45	01:01:17:000
MARIA VINAGRE		13312	5370	01:32:05	01:01:37:000
VITOR FARIA		12030	5371	01:32:22	01:01:54:000
JOSÉ CARLOS ALFREDO	Peniche a Correr	13423	5372	01:32:22	01:01:54:000
JOANA OLIVEIRA		16281	5373	01:32:23	01:01:55:000
CÉSAR ALVES		14644	5374	01:32:27	01:01:59:000
RICARDO MENDES		14905	5375	01:32:30	01:02:02:000
JOÃO CAETANO		13768	5376	01:32:59	01:02:31:000
ANTONIO FILIPE		13311	5377	01:32:59	01:02:31:000
ANTÓNIO MARQUES		13959	5378	01:33:35	01:03:07:000
CÁRMEN TAVARES	AMIGOS DE PEVA	12733	5379	01:33:35	01:03:07:000
HELENA COELHO	Captain Fly	13249	5380	01:33:55	01:03:27:000
JOANA MATOS		14886	5381	01:34:02	01:03:34:000
SOFIA GONÇALVES	AMIGOS DE PEVA	12731	5382	01:34:28	01:04:00:000
ADELINO GONÇALVES		12736	5383	01:34:29	01:04:01:000
CIDÁLIA PACHECO		10453	5384	01:34:33	01:04:05:000
FERNANDO MATOS		0 14887	5385	01:34:36	01:04:08:000
SOPHIA SOBRAL		11887	5386	01:34:50	01:04:22:000
TANYA SOBRAL		11889	5387	01:34:50	01:04:22:000
SONIA BARRADAS	Pé de Atleta	13073	5388	01:34:58	01:04:30:000
SERGIO BILREIRO		17513	5389	01:35:46	01:05:18:000
NUNO MENDES		16095	5390	01:35:47	01:05:19:000
PEDRO PEREIRA		10792	5391	01:35:51	01:05:23:000
JOSÉ CARLOS	GRCD LEIÃO	10592	5392	01:36:22	01:05:54:000
ALAN LIMA		10325	5393	01:36:39	01:06:11:000
ANDRE MONTEIRO		12870	5394	01:36:42	01:06:14:000
PEDRO POVOA		17873	5395	01:37:01	01:06:33:000
VITOR POVOA		17880	5396	01:37:02	01:06:34:000
ARTUR FERNANDES		14934	5397	01:37:10	01:06:42:000
JOANA FILIPA		15072	5398	01:37:11	01:06:43:000
FLÁVIO CUSTÓDIO		13731	5399	01:37:11	01:06:43:000
PEDRO CATARINO		13295	5400	01:37:12	01:06:44:000
CARLOS FRAGA		14935	5401	01:37:12	01:06:44:000
AFONSO S	SobeEquipa	13202	5402	01:37:16	01:06:48:000
VÍTOR SALVADOR		12887	5403	01:37:26	01:06:58:000
RICARDO SILVA		12580	5404	01:37:27	01:06:59:000
SÉRGIO DIAS		12886	5405	01:37:27	01:06:59:000
TIAGO DIAS		12885	5406	01:37:29	01:07:01:000
MIGUEL HENRIQUES	Fit&Focus,Unipessoal Lda	16164	5407	01:37:56	01:07:28:000
TÂNIA CANELAS	Fit&Focus,Unipessoal Lda	16163	5408	01:37:57	01:07:29:000
PALMIRA ROSALINO		10873	5409	01:38:07	01:07:39:000
NATALINO RODRIGUES		11340	5410	01:38:37	01:08:09:000
PAULO SANTOS	Melgas	13357	5411	01:40:03	01:09:35:000
ANDRÉ MENDES	Hospital da Luz	16421	5412	01:40:03	01:09:35:000

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
BRUNO CARVALHO		13015	5413	01:40:22	01:09:54:000
LUÍS MIGUEL MATOS		13012	5414	01:40:24	01:09:56:000
CARLA ALMEIDA		13014	5415	01:40:24	01:09:56:000
CRISTINA PIRES		10447	5416	01:40:31	01:10:03:000
PORFÍRIO VAZ		16034	5417	01:41:46	01:11:18:000
MARIANA DINIS		15609	5418	01:43:14	01:12:46:000
SIMONE SILVA		12581	5419	01:44:14	01:13:46:000
DANIELA REIS		13296	5420	01:44:15	01:13:47:000
MICKAEL PINTO	CASA DO BENFICA EM CASTELO BRANCO	16016	5421	01:46:19	01:15:51:000
JOAQUIM RAMOS	CASA DO BENFICA EM CASTELO BRANCO	16018	5422	01:46:19	01:15:51:000
JOÃO FERREIRA	GUERIN	15187	5423	01:46:36	01:16:08:000
JORGE LOPES	GUERIN	15188	5424	01:46:36	01:16:08:000
PEDRO FERREIRA	GUERIN	15189	5425	01:46:37	01:16:09:000
JOAQUIM MARQUES	GUERIN	15192	5426	01:46:38	01:16:10:000
LUÍS PROENÇA	CASA DO BENFICA EM CASTELO BRANCO	16019	5427	01:46:39	01:16:11:000
LUÍS LARANJEIRA		11849	5428	01:49:17	01:18:49:000
ANA MARQUES		11850	5429	01:49:17	01:18:49:000