

CORRIDA SPORTING 2013 - 01/12/2013

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	12	MANUEL DAMIAO	M	35		00:30:13	00:30:11	SPORTING CP
2	26	MARIO TEIXEIRA	M	39		00:32:23	00:32:21	SPORTING CP
3	1631	PEDRO CONCEIÇÃO	M	24		00:32:36	00:32:34	LINDA-A-PASTORA SPORTING CLUBE
4	3830	PEDRO ARSENIO	M	31		00:32:40	00:32:38	CLUBE DE ATLETISMO ODIMARQ
5	22	HUGO COUTINHO	M	19		00:33:23	00:33:20	SPORTING CP
6	4133	PAULO MARTINS	M	38		00:33:43	00:33:42	NÚCLEOEIRAS / SPORTZONE
7	561	HELDER FERREIRA	M	38		00:33:48	00:33:45	UFCI TOMAR
8	4118	RAUL CAETANO	M	41		00:33:54	00:33:54	CUA BENAVENTENSE
9	4442	LUIS GINJA	M	40		00:34:10	00:34:07	
10	4103	PEDRO RIBEIRO	M	25		00:34:20	00:34:20	CUA BENAVENTENSE
11	4102	HENRIQUE SANTOS	M	33		00:34:44	00:34:38	CUA BENAVENTENSE
12	9	JOAO BRAS	M	24		00:34:53	00:34:53	SPORTING CP
13	10	RUI SILVA	M	36		00:34:55	00:34:52	SPORTING CP
14	4674	ATLETA NÃO CADASTRADO	M	0		00:34:55	00:34:53	
15	1783	JORGE COSME	M	41		00:34:56	00:34:49	ESCOLA DE ATLETISMO RUI SILVA
16	1271	ANDRÉ FERREIRA	M	33		00:35:03	00:35:02	CR LEÕES DE PORTO SALVO
17	761	JOSÉ MOREIRA	M	38		00:35:06	00:35:05	GARMIN CO OEIRAS
18	4058	RUI FONTE-BOA	M	23		00:35:13	00:35:11	
19	4516	FERNANDO ALVES	M	47		00:35:20	00:35:18	AMIGOS ATLETISMO MAFRA
20	4436	CELSO GOUVEIA	M	46		00:35:22	00:35:19	
21	4465	MARCO GRILEIRO	M	34		00:35:29	00:35:26	AMIGOS ATLETISMO MAFRA
22	4876	DIOGO BAENA	M	30		00:35:34	00:35:29	
23	25	AMILCAR DUARTE	M	54		00:35:45	00:35:45	SPORTING CP
24	5024	JOÃO RODRIGUES	M	28		00:35:51	00:35:42	
25	3132	MARIO CHUMBINHO	M	37		00:35:53	00:35:41	GRUPO DESPORTIVO PIC-NIC
26	1597	NUNO GRAÇA	M	30		00:35:53	00:35:49	FSG COLLONGE BELLERIVE
27	4405	LUIS SANTOS	M	31		00:35:54	00:35:49	A VALE SILENCIO
28	3828	JOÃO FONTE BOA	M	27		00:35:55	00:35:51	CLUBE DE ATLETISMO ODIMARQ
29	1396	VANDERLEY SILVA	M	19		00:35:56	00:35:54	GRUP.DESP.CHELAS
30	4860	MANUEL MASCARENHAS	M	30		00:35:58	00:35:56	
31	3521	PAULO ALVES	M	36		00:35:59	00:35:56	GD IN CASA MOEDA
32	1221	MÁRCIA VALÉRIO	F	25		00:36:01	00:36:01	
33	1272	ANTÓNIO MURTEIRA	M	45		00:36:04	00:36:01	CR LEÕES DE PORTO SALVO
34	3793	PAULO CANTANTE	M	41		00:36:09	00:35:59	CLUBE D. RECREATIVO RIBEIRINHO
35	4343	ARMANDO CAIADAS	M	40		00:36:11	00:36:06	C.R. ALTURENSE
36	2765	ANTÓNIO OLIVEIRA	M	47		00:36:17	00:36:08	CPT SOBRAL CEIRA
37	23	ARMANDO SILVA	M	18		00:36:17	00:36:17	SPORTING CP
38	14	RUI CAEIRO	M	38		00:36:23	00:20:00	SPORTING CP
39	3741	JOAO CARDOSO	M	51		00:36:23	00:36:23	

CORRIDA SPORTING 2013 - 01/12/2013

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
40	2154	JOAO GONÇALVES	M	36		00:36:23	00:36:22	RB RUNNING/CARTAXEIRO
41	3150	LUIS MANUEL GOMES FERREIRA	M	37		00:36:23	00:36:22	SCALABIS NIGHT RUNNERS
42	3742	PEDRO MIGUEL CORREIA DIOGO	M	33		00:36:24	00:36:19	
43	16	SANDRA TEIXEIRA	F	35		00:36:28	00:36:25	SPORTING CP
44	17	SUSANA FRANCISCO	F	22		00:36:29	00:36:28	SPORTING CP
45	2912	JOSE LOPES	M	47		00:36:29	00:36:26	CLUBE DE ATLETISMO ODIMARQ
46	3616	CARLOS FRADE	M	35		00:36:29	00:36:18	CCD SINTRENSE
47	4427	NUNO ABREU	M	30		00:36:38	00:36:28	
48	2803	CARLOS ROUXINOL	M	39		00:36:40	00:36:36	
49	3675	PAULO PINHEIRO	M	36		00:36:42	00:36:36	
50	3712	RODRIGO NOIVO	M	31		00:36:52	00:36:47	
51	1304	AFONSO MOREIRA	M	18		00:36:56	00:36:29	CDUL CENTRO DESP UNIV LISBOA
52	987	ALCINO NUNES	M	41		00:37:07	00:37:04	CLAC - ENTRONCAMENTO
53	4715	JOÃO NUNES	M	27		00:37:10	00:37:06	
54	93	EDUARDO MARQUES	M	43		00:37:10	00:37:08	A BOLA
55	3306	JOSE BORGES	M	52		00:37:15	00:37:15	ALHANDRA SPORTING CLUB
56	4481	JOAQUIM ANTUNES	M	54		00:37:22	00:37:12	
57	4339	LUIS MATOS	M	43		00:37:24	00:37:24	
58	1734	NUNO VAZ	M	30		00:37:29	00:37:24	FALCÕES SELVAGENS
59	1302	HUGO GIL	M	18		00:37:30	00:37:03	CDUL CENTRO DESP UNIV LISBOA
60	1630	MARGARIDA DIONISIO	F	26		00:37:33	00:37:30	GARMIN CO OEIRAS
61	3573	JORGE GONÇALVES	M	45		00:37:34	00:37:30	
62	4767	SUSANA CUNHA	F	25		00:37:36	00:37:33	LINDA-A-PASTORA SPORTING CLUBE
63	4824	ANDRÉ JESUS	M	27		00:37:39	00:37:16	
64	1211	JOÃO ANDRADE	M	47		00:37:39	00:37:33	
65	3531	RUI CORREIA	M	37		00:37:41	00:37:38	GD IN CASA MOEDA
66	754	LUIS F LEITAO	M	36		00:37:49	00:37:47	CLUBE GRUPO BES
67	4148	RUI RODRIGUES	M	31		00:37:51	00:37:50	
68	345	ANTONIO SIMOES	M	43		00:37:56	00:37:45	GDC BANCO PORTUGAL
69	4955	ANTÓNIO SILVA	M	45		00:38:00	00:37:58	LINDA-A-PASTORA SPORTING CLUBE
70	2976	RUI NARIGUETA	M	37		00:38:00	00:37:55	
71	3680	ELIAS FORTES	M	47		00:38:00	00:37:58	
72	3130	FILIPPE MADEIRA	M	22		00:38:01	00:37:49	
73	2415	LUÍS CIPRIANO	M	40		00:38:04	00:37:55	AMCR FONTE GRADA
74	1205	NUNO ANDRÉ MOREIRA SOARES	M	31		00:38:05	00:37:57	
75	2862	BRUNO BONDOSO	M	39		00:38:08	00:38:05	AABV
76	20	LUIS FEITEIRA	M	30		00:38:10	00:38:08	SPORTING CP
77	3100	NÉLIO CARVALHO	M	33		00:38:20	00:38:18	SCALABIS NIGHT RUNNERS
78	2091	ALEXANDRE SERRANO	M	18		00:38:20	00:38:19	BV MONTEMOR O NOVO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
79	2744	PEDRO SILVA	M	39		00:38:21	00:38:18	
80	909	FERNANDO CANDEIAS	M	42		00:38:21	00:38:12	SS CGD
81	342	LUIS RIO	M	42		00:38:21	00:38:10	GDC BANCO PORTUGAL
82	2101	CARLOS LOPES	M	41		00:38:26	00:38:05	
83	4863	AURELIO AGUIAR	M	58		00:38:30	00:38:27	
84	1383	FERNANDO GOMES	M	40		00:38:33	00:38:31	UNIDOS DA MANUTENÇÃO
85	3017	JOSÉ LEMOS	M	51		00:38:38	00:38:34	
86	3210	MIHAI TICU	M	21		00:38:38	00:38:38	
87	4091	RUI CABEÇAS	M	41		00:38:40	00:38:31	
88	1385	GIL XAVIER ALVES	M	37		00:38:40	00:38:39	UNIDOS DA MANUTENÇÃO
89	1757	RICARDO SANTOS	M	33		00:38:42	00:38:36	RUN-VOLUTION TEAM
90	3124	MARIO FERREIRA	M	32		00:38:43	00:38:34	GARMIN CO OEIRAS
91	27	NUNO SANTOS	M	25		00:38:45	00:38:43	SPORTING CP
92	3825	JOAQUIM MARTINS	M	50		00:38:47	00:38:43	
93	3084	MIGUEL HORTA	M	36		00:38:49	00:38:34	GRUPO DESPORTIVO PIC-NIC
94	1610	JOSÉ QUEIROS	M	42		00:38:49	00:38:42	
95	481	PEDRO AMIGO	M	24		00:38:51	00:38:35	BELLISSIMUS CAFÉ
96	1670	HUGO REIS	M	36		00:38:52	00:38:50	GD INE
97	1381	MANUEL SOARES	M	48		00:38:52	00:38:49	UNIDOS DA MANUTENÇÃO
98	3203	RICARDO SILVA	M	39		00:38:53	00:38:48	
99	4525	RUI HENRIQUES	M	34		00:38:54	00:38:51	SS MONTEPIO GERAL
100	4292	VALENTIM HENRIQUES	M	44		00:38:54	00:38:43	OPROTICANTE/CD ASAS DO MILENIU
101	2138	ARTUR J ANTUNES	M	24		00:38:55	00:38:50	RB RUNNING/CARTAXEIRO
102	3285	PEDRO CUNHA	M	39		00:38:56	00:38:52	WIKABOO
103	4379	CARLOS HENRIQUES	M	36		00:38:57	00:38:53	
104	2985	ANIBAL COSTA	M	43		00:39:00	00:38:58	
105	3047	CARLOS MACHADO	M	53		00:39:02	00:38:55	
106	1452	JAIME LAMEGO	M	53		00:39:04	00:38:53	
107	3437	ANASTACIO VALADAS	M	60		00:39:08	00:39:05	GD SANTANDER TOTTA
108	471	LUIS PAULO	M	42		00:39:09	00:39:06	MULTIRUNNERS
109	2866	JOSÉ CAETANO	M	47		00:39:09	00:39:04	CCD METROLISBOA
110	2771	ORLANDO SILVA	M	56		00:39:12	00:39:09	CCD METROLISBOA
111	1088	PEDRO FILIPE GARCIA LOPES	M	23		00:39:12	00:39:05	
112	873	FÁBIO DURÃO	M	25		00:39:12	00:38:56	CLUBE DESPORTIVO RIBEIRENSE
113	3885	PEDRO TAROUCA	M	45		00:39:14	00:39:09	
114	1937	LUÍS PEREIRA	M	44		00:39:15	00:38:33	G.D.R. SÃO FRANCISCO DA SERRA
115	1633	LUÍS CLARA	M	50		00:39:17	00:39:14	LINDA-A-PASTORA SPORTING CLUBE
116	3144	GONÇALO JOSÉ ZARCO MARTINHO DO ROSÁRIO	M	40		00:39:18	00:39:07	SCALABIS NIGHT RUNNERS
117	3406	PEDRO GOMES	M	24		00:39:19	00:39:18	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
118	2210	FLÁVIO CRISTOVÃO	M	26		00:39:22	00:39:12	
119	1128	CARLOS DUARTE	M	47		00:39:22	00:39:07	C.C.R.D.BURINHOSA
120	1127	CARLOS SOARES	M	45		00:39:23	00:39:09	C.C.R.D.BURINHOSA
121	4533	LUCILIA SOARES	F	51		00:39:26	00:39:23	
122	4355	MARCOS ANTONIO FONSECA PEREIRA	M	58		00:39:26	00:39:21	
123	1960	LUIS VALENTE	M	41		00:39:26	00:39:21	
124	3667	NELSON FONSECA	M	35		00:39:26	00:39:26	
125	1000	JOSÉ BORGES	M	37		00:39:30	00:39:29	
126	4907	JOAO DANIEL FERREIRA	M	27		00:39:30	00:38:54	G D JOANINHAS LEIAO
127	2298	GERMANO SILVA	M	55		00:39:31	00:39:18	AD REAL ACADEMIA
128	2736	HÉLDER SOARES	M	25		00:39:35	00:39:11	
129	3345	ANTÓNIO PEDRO SILVA	M	40		00:39:35	00:39:33	
130	2773	ROMEU CORREIA	M	41		00:39:37	00:38:48	
131	1118	LUIS MONTEIRO	M	42		00:39:37	00:39:34	CLUBE GRUPO BES
132	1925	JOÃO PASTOR	M	41		00:39:38	00:39:29	AMIGOS ATLETISMO MAFRA
133	3147	LUIS MANUEL MENDES BALTAZAR	M	40		00:39:39	00:39:28	SCALABIS NIGHT RUNNERS
134	1279	PAULO NOLASCO RODRIGUES	M	36		00:39:40	00:39:28	
135	4631	BRUNO PEREIRA GONÇALVES	M	35		00:39:41	00:39:35	
136	2422	SERGIO SANTOS	M	49		00:39:42	00:39:32	CCD AUT ALMADA
137	3912	CARLOS LOPES	M	39		00:39:42	00:39:42	AMINHACORRIDA/TOTALSTOR
138	317	JOSE F ESTEVES	M	47		00:39:42	00:39:33	
139	3327	ANTONIO LEMOS	M	54		00:39:43	00:39:40	WIKABOO
140	3958	JOÃO GALIANO	M	35		00:39:43	00:39:40	
141	1473	ANTÓNIO CARDOSO	M	46		00:39:46	00:39:40	
142	1456	MÁRCIO JOSÉ OLIVEIRA SANTOS	M	34		00:39:46	00:39:33	
143	1656	VITOR NOGUEIRA	M	49		00:39:47	00:39:47	GRUPO AMIGOS ATLETISMO VF XIRA
144	2990	SÉRGIO NUNES	M	39		00:39:48	00:39:44	
145	3195	JOAQUIM MARQUES	M	40		00:39:48	00:39:36	
146	3335	GONÇALO CARDOSO	M	41		00:39:49	00:39:46	WIKABOO
147	3290	LUIS GRAÇA	M	38		00:39:49	00:39:45	WIKABOO
148	994	ABREU MOURA	M	58		00:39:51	00:39:46	CLAC - ENTRONCAMENTO
149	1644	FRANCISCO SERRANO	M	40		00:39:51	00:39:45	GD INE
150	3408	MIGUEL SOBRAL	M	35		00:39:52	00:39:39	ASSOCIAÇÃO GD ACADEMIA KORPO
151	1532	HUGO PINTO	M	35		00:39:53	00:39:43	
152	990	JOSÉ VITAL	M	50		00:39:53	00:39:48	CLAC - ENTRONCAMENTO
153	2715	GONÇALO FERREIRA	M	40		00:39:55	00:39:51	
154	2678	NUNO MANUEL S. F. ALVES	M	37		00:39:56	00:39:45	
155	1970	NUNO SANTOS	M	42		00:39:57	00:39:54	CCD O ALVITEJO
156	2136	ANTONIO AMIEIRO	M	44		00:39:58	00:39:52	GARMIN CO OEIRAS

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
157	3131	HUGO COSTA	M	37		00:39:58	00:39:43	GRUPO DESPORTIVO PIC-NIC
158	1864	FILIFE NEVES	M	45		00:39:59	00:39:55	CLUBE DE FUTEBOL OS BELENENSES
159	1220	SADIQ MURADE KASSAMO	M	40		00:40:01	00:39:56	
160	4638	HUGO SILVA	M	27		00:40:02	00:39:57	
161	4064	PEDRO PALMA	M	23		00:40:02	00:39:51	
162	2671	DAVID PINHEIRO	M	35		00:40:02	00:38:59	AFO
163	2883	SIDÓNIO DIAS	M	42		00:40:03	00:39:57	
164	669	FILIFE MORAIS	M	23		00:40:05	00:39:31	N SPORTINGUISTA AZEITAO
165	1008	DAVID VICENTE	M	18		00:40:06	00:39:58	IND.DESPORTIVO VIEIRENSE
166	1526	DANIEL FILIFE CALDAS MACHADO	M	35		00:40:08	00:39:58	
167	4342	LUIS VARZEA	M	36		00:40:08	00:40:04	C.R. ALTURENSE
168	4329	PEDRO GIRÃO	M	18		00:40:09	00:39:33	
169	1638	ANTONIO SANTOS	M	55		00:40:09	00:40:04	GD INE
170	2246	CARLOS ROSADO	M	45		00:40:10	00:39:59	
171	1382	RUI CARDOSO	M	42		00:40:10	00:40:08	UNIDOS DA MANUTENÇÃO
172	2073	ANTÓNIO BENTO FERNANDES	M	50		00:40:11	00:40:01	
173	1647	GONÇALO FERREIRA	M	41		00:40:12	00:40:04	GD INE
174	3097	JOÃO MADEIRA	M	21		00:40:14	00:39:41	SCALABIS NIGHT RUNNERS
175	3539	JOSE SILVA	M	50		00:40:14	00:40:10	
176	3938	CARLOS BEATO	M	41		00:40:15	00:40:15	LINDA-A-PASTORA SPORTING CLUBE
177	3360	JOÃO GIL	M	26		00:40:18	00:39:34	FALCÕES SELVAGENS
178	2131	SÉRGIO FIGUEIRAS	M	37		00:40:18	00:40:10	
179	3046	ANDRÉ FILIFE CANADAS SILVA	M	22		00:40:18	00:39:54	
180	2219	VÍTOR NUNO RODRIGUES DUARTE	M	38		00:40:19	00:39:57	
181	2208	ALFREDO GUALDINO	M	22		00:40:20	00:39:50	COAC
182	1444	ÓSCAR SANTOS	M	56		00:40:21	00:40:15	
183	1242	RICARDO PEREIRA	M	42		00:40:23	00:40:04	CLUBE GRUPO BES
184	1586	NUNO COSTA SILVA	M	37		00:40:24	00:40:13	AÇOREANA CLUBE BANIF
185	2863	PEDRO ONOFRE	M	52		00:40:25	00:40:16	AABV
186	3954	ANTONIO PEREIRA	M	49		00:40:25	00:40:13	CCD METROLISBOA
187	4510	RUI TEIXEIRA	M	52		00:40:28	00:40:28	
188	1232	PAULO ALFAR	M	48		00:40:29	00:40:22	
189	2336	MÁRIO ESTEVÃO	M	40		00:40:29	00:40:17	AMCR FONTE GRADA
190	2092	MARIO GRILO	M	18		00:40:31	00:40:25	BV MONTEMOR O NOVO
191	2757	NUNO MG ALVES	M	40		00:40:31	00:40:27	
192	18	AMELIA VITORINO	F	19		00:40:31	00:40:28	SPORTING CP
193	716	JOSÉ MARQUES ANDRADE	M	35		00:40:33	00:40:19	
194	1146	PAULO RIBEIRO	M	42		00:40:34	00:40:32	MONTERO RUNNING TEAM
195	1147	RICARDO AZEVEDO	M	20		00:40:36	00:40:34	MONTERO RUNNING TEAM

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
196	4010	ALBERTO DEL CASTILLO RAMOS	M	22		00:40:36	00:40:32	
197	3168	PEDRO GONÇALVES	M	31		00:40:36	00:40:28	
198	2978	MARIA FRIAS	F	48		00:40:36	00:40:32	AMIGOS ATLETISMO MAFRA
199	4552	TEOTÓNIO XAVIER NETO	M	49		00:40:37	00:40:26	ADRC MATA DE BENFICA
200	1908	OSCAR DIAS	M	30		00:40:40	00:40:07	AUTO JACINTO
201	3151	NUNO AMORIM	M	36		00:40:40	00:40:39	SCALABIS NIGHT RUNNERS
202	759	LUIS CARDOSO	M	25		00:40:40	00:40:40	
203	3370	FERNANDO SOARES	M	39		00:40:42	00:40:36	
204	3634	RAUL RODRIGUES	M	55		00:40:44	00:40:42	
205	1067	NUNO MENDES	M	31		00:40:45	00:40:28	C.C.R.D.BURINHOSA
206	1708	CARLOS GREGO	M	44		00:40:45	00:40:45	CASCAIS PANDILHA
207	3156	RICARDO XAVIER	M	29		00:40:46	00:40:39	
208	301	BRUNO SILVA	M	39		00:40:46	00:40:32	GAA VILA FRANCA XIRA
209	4890	RUI SIMÕES	M	39		00:40:49	00:40:43	
210	4941	TIAGO MANUEL TRINDADE SANTOS LOPES	M	43		00:40:49	00:40:42	
211	1155	FERNANDO ANDRADE	M	34		00:40:49	00:40:26	
212	3007	JOAO CALDAS	M	47		00:40:50	00:40:32	NUCLEO DESPORTIVO AUTOCOOPE
213	4463	MIGUEL TAVARES	M	41		00:40:51	00:40:46	
214	3791	JOSÉ LUÍS PIRES	M	48		00:40:52	00:40:41	CLUBE D. RECREATIVO RIBEIRINHO
215	3795	JOSÉ CHÍCHARO	M	48		00:40:52	00:40:41	CLUBE D. RECREATIVO RIBEIRINHO
216	4515	ALEXANDRE RODRIGUES	M	38		00:40:53	00:40:37	AMIGOS ATLETISMO MAFRA
217	2749	EDUARDO RODRIGUES	M	54		00:40:54	00:40:27	GRUP.DESP.CHELAS
218	760	LUCIANO DANTAS	M	46		00:40:54	00:40:50	GARMIN CO OEIRAS
219	3824	JOÃO BRAZ	M	49		00:40:54	00:40:51	CLUBE DE ATLETISMO ODIMARQ
220	4852	FABIO PASSOS	M	27		00:40:54	00:40:45	GD SANTANDER TOTTA
221	4106	JOSÉ JORGE DA COSTA PÔRTO MOTA	M	26		00:40:54	00:40:35	COMANDO C
222	794	PAULO COSTA	M	47		00:40:55	00:40:43	
223	3031	DANIEL FILIPE CAIADO DURÃO	M	20		00:40:55	00:40:36	
224	3396	LUIS LIMA	M	41		00:40:56	00:40:50	
225	3953	EDUARDO LAGOA	M	46		00:40:56	00:40:49	CCD METROLISBOA
226	1056	JORGE MAURICIO	M	40		00:40:56	00:40:10	
227	2650	DIOGO LEAL	M	26		00:40:56	00:40:31	RUN4FUN
228	1792	FERNANDO SILVA	M	49		00:40:57	00:40:37	ESCOLA DE ATLETISMO RUI SILVA
229	1330	PEDRO MOTA	M	43		00:40:57	00:40:51	
230	3262	LUIS MARTINS	M	39		00:40:58	00:40:54	
231	1940	RICHARDSON FERREIRA	M	39		00:40:58	00:39:54	G.D.R. SÃO FRANCISCO DA SERRA
232	3011	RUI MARCELINO	M	38		00:41:00	00:40:53	
233	2342	JOSÉ CARLOS ABRANTES	M	41		00:41:02	00:39:42	LEÕES DA ESTRELA
234	3555	JORGE DUQUE	M	47		00:41:05	00:39:46	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
235	4997	ANTÓNIO JOSÉ MOREIRA ARAÚJO	M	28		00:41:07	00:40:48	
236	4312	BRUNO MIGUEL FARINHA DA SILVA	M	23		00:41:09	00:40:36	
237	3233	VITOR CUNHA	M	44		00:41:10	00:41:03	WIKABOO
238	2267	ARLINDO PAIXAO	M	50		00:41:10	00:41:04	RB RUNNING/CARTAXEIRO
239	3045	NELSON GUEDES	M	44		00:41:11	00:41:11	
240	3240	PEDRO MIRA MARTINS	M	31		00:41:12	00:41:12	
241	989	DANIEL MORGADO	M	35		00:41:14	00:41:09	CLAC - ENTRONCAMENTO
242	1388	JOSÉ LUÍS DIAS	M	47		00:41:16	00:41:13	RAIL RUNNERS
243	1071	RUBEN FERREIRA	M	20		00:41:17	00:41:17	C.C.R.D.BURINHOSA
244	2095	CARLOS SILVCA	M	38		00:41:18	00:41:05	BV MONTEMOR O NOVO
245	1145	PAULO LOPES	M	42		00:41:20	00:41:02	CARRASCO & AMIGOS
246	1010	CARLOS PINTO	M	45		00:41:20	00:40:26	IND.DESPORTIVO VIEIRENSE
247	4467	JOÃO FRIAS	M	46		00:41:21	00:41:16	AMIGOS ATLETISMO MAFRA
248	2669	ARMANDO CORREIA	M	31		00:41:23	00:41:15	SC CASAINHOS
249	4913	HELDER CARREIRA	M	37		00:41:24	00:40:45	
250	4095	RUI PEDRO LOPES DA SILVA	M	28		00:41:25	00:41:05	
251	4150	JORGE FERREIRA	M	48		00:41:26	00:41:11	
252	3758	GUALTER CONSTANTINO	M	38		00:41:27	00:40:45	
253	1905	EDGAR JACINTO	M	27		00:41:27	00:40:28	AUTO JACINTO
254	2713	JORGE MELO	M	35		00:41:27	00:41:27	
255	2129	MIGUEL GUALDINO	M	26		00:41:27	00:40:55	COAC
256	1365	ISIDRO DUARTE	M	44		00:41:28	00:41:18	TARTARUGAS IMPARÁVEIS
257	4691	MIGUEL GONÇALVES	M	35		00:41:28	00:41:19	LION & EAGLES
258	1915	FREDY HENRIQUES	M	26		00:41:29	00:40:46	OS PADEIROS
259	2156	RUI FERREIRA	M	42		00:41:29	00:41:24	RB RUNNING/CARTAXEIRO
260	2037	ANTONIO MASSANO	M	31		00:41:30	00:41:01	C MILLENINUM BCP
261	1750	BRUNO SAFARA	M	32		00:41:30	00:40:53	
262	4524	TIAGO SA	M	28		00:41:31	00:41:17	AMIGOS ATLETISMO MAFRA
263	1367	JOÃO EDUARDO DA SILVA DOMINGUES MENDONÇA	M	22		00:41:32	00:40:43	
264	4411	CARLOS JACINTO	M	41		00:41:32	00:41:28	
265	4305	ANTONIO RICO	M	41		00:41:32	00:41:25	NA PERNA ASSADA
266	4558	PETER STEINHAUSEN	M	61		00:41:33	00:41:25	
267	2977	PAULO NEVES	M	48		00:41:34	00:41:31	
268	2158	RUI LUIS REIS PRATAS	M	40		00:41:34	00:41:32	ESCOLA DE ATLETISMO RUI SILVA
269	1837	LUIS ALVES	M	33		00:41:34	00:41:29	
270	2193	TIAGO MENDES	M	40		00:41:36	00:41:33	C MILLENINUM BCP
271	2868	RODRIGO MANUEL TORGAL DA CONCEICAO	M	33		00:41:38	00:41:36	SCALABIS NIGHT RUNNERS
272	3823	CARLOS ANTUNES	M	62		00:41:39	00:41:32	
273	1971	JOÃO JACINTO	M	56		00:41:39	00:41:28	CCD O ALVITEJO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
274	1628	MARCOS OLIVEIRA	M	41		00:41:40	00:41:31	GD INE
275	1665	NUNO LOPES	M	34		00:41:40	00:41:37	INDIVIDUAL
276	1163	JOAO RODRIGUES	M	49		00:41:40	00:41:25	PUMAS DO GUINCHO
277	1634	CATARINA CARREIRA	F	19		00:41:42	00:41:38	LINDA-A-PASTORA SPORTING CLUBE
278	3266	INOCÊNCIO ARAÚJO AMORIM	M	35		00:41:43	00:41:33	
279	1868	LEONEL VIEGAS	M	37		00:41:43	00:41:41	CLUBE DE FUTEBOL OS BELENENSES
280	988	JOÃO PEDRO FERREIRA	M	36		00:41:44	00:41:39	CLAC - ENTRONCAMENTO
281	4410	FERNANDO JACINTO	M	46		00:41:45	00:41:42	
282	3223	HENRIQUE JANOTA	M	40		00:41:45	00:41:21	CARACÓIS DE PEDRA
283	4001	NUNO PACHECO	M	41		00:41:45	00:41:24	
284	3525	NUNO SOUSA	M	39		00:41:45	00:41:41	GD IN CASA MOEDA
285	1454	CHANTAL XHERVELLE	F	45		00:41:46	00:41:35	
286	1871	JOSÉ VALÉRIO AFONSO	M	53		00:41:47	00:41:45	CLUBE DE FUTEBOL OS BELENENSES
287	1758	NUNO PEREIRA	M	36		00:41:48	00:41:13	
288	3620	HELDER VAZ	M	33		00:41:49	00:41:32	CCD SINTRENSE
289	359	JOSE C RIBEIRO	M	23		00:41:49	00:41:39	
290	1017	ANIBAL SILVA	M	50		00:41:49	00:41:25	
291	4167	PAULO SANTOS	M	43		00:41:51	00:40:46	
292	1469	RICARDO OLIVEIRA	M	35		00:41:52	00:41:36	
293	993	JOSÉ GARRAFÃO	M	52		00:41:52	00:41:47	CLAC - ENTRONCAMENTO
294	3904	VITOR LEBRE	M	38		00:41:53	00:41:48	
295	4843	JOAQUIM SANTOS	M	42		00:41:54	00:41:52	
296	1642	NUNO M CORREIA	M	47		00:41:54	00:41:48	GD INE
297	1495	TIAGO VERMELHO	M	28		00:41:54	00:41:52	CARRASCO & AMIGOS
298	2414	JOSÉ MAGALHÃES	M	42		00:41:56	00:41:01	AMCR FONTE GRADA
299	4583	JORGE MACHADO	M	38		00:41:56	00:41:40	
300	4030	SEVERINO SANTOS	M	58		00:41:56	00:41:48	
301	1256	PEDRO VILAVERDE	M	18		00:41:57	00:41:49	LEÕES DA ACADEMIA
302	1183	JORGE CALDEIRA	M	43		00:41:57	00:41:39	AMINHACORRIDA/TOTALSTOR
303	1480	FERNANDO ALMEIDA	M	36		00:41:58	00:41:46	VFF 1896
304	1092	CARLOS OLIVEIRA	M	40		00:42:00	00:41:36	
305	19	LUZIA DIAS	F	43		00:42:00	00:42:00	SPORTING CP
306	1442	VITOR NOVAIS	M	37		00:42:00	00:42:00	GRUPO AMIGOS ATLETISMO VF XIRA
307	1945	ALFREDO VALENTE	M	50		00:42:01	00:41:52	ATÉ AO FIM
308	2774	JOSÉ TEIXEIRA	M	66		00:42:01	00:42:01	
309	161	MARCOS RAMALHEIRA	M	24		00:42:02	00:41:12	
310	2404	RUI DOMINGOS	M	42		00:42:02	00:41:44	
311	1422	JOÃO CF COUTINHO	M	51		00:42:05	00:41:42	TÁLENTO PRA CORRER TEAM
312	840	ORLINDO FIGUEIREDO	M	65		00:42:05	00:41:55	SS CGD

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
313	4403	RUI ALMEIDA	M	37		00:42:06	00:41:58	A VALE SILENCIO
314	3337	PAULO VERGUETE	M	37		00:42:07	00:41:51	GRUPO DESPORTIVO PIC-NIC
315	4862	ALEXANDRE MANUEL BAPTISTA DA SILVEIRA COSTA	M	52		00:42:07	00:41:50	
316	4345	FERNANDO SILVA	M	47		00:42:07	00:42:00	C.R. ALTURENSE
317	3959	ANTONIO GONÇALVES	M	48		00:42:07	00:42:07	CCD METROLISBOA
318	2573	NUNO PRATA	M	42		00:42:08	00:41:25	
319	3234	HUGO FREIRE	M	37		00:42:08	00:41:52	ASSOCIAÇÃO GD ACADEMIA KORPO
320	4190	RENATO	M	22		00:42:09	00:41:50	
321	3287	PEDRO CASTRO	M	39		00:42:10	00:42:03	WIKABOO
322	4052	HENRIQUE RAFAEL	M	38		00:42:12	00:41:55	
323	3422	PEDRO SIMÕES	M	34		00:42:13	00:41:13	
324	3309	PEDRO BALEIA	M	35		00:42:14	00:41:46	CARACÓIS DE PEDRA
325	1789	VITOR MARQUES	M	44		00:42:16	00:41:51	ESCOLA DE ATLETISMO RUI SILVA
326	1614	RUI BOLOTA	M	41		00:42:16	00:42:01	
327	1866	NUNO QUEIJA	M	40		00:42:17	00:42:15	CLUBE DE FUTEBOL OS BELENENSES
328	4323	PEDRO GUARITA	M	39		00:42:18	00:41:46	
329	1031	FERNANDO PAULINO	M	37		00:42:19	00:41:46	ASAS NOS PÉS
330	1312	NELSON SANTOS	M	42		00:42:19	00:42:02	
331	343	JOSE MONTEIRO	M	57		00:42:20	00:41:41	GDC BANCO PORTUGAL
332	4690	NUNO ROSA	M	36		00:42:20	00:42:10	LION & EAGLES
333	3719	NUNO ARAÚJO	M	41		00:42:21	00:42:05	
334	602	KCENIA BOUGROVA	F	19		00:42:22	00:42:19	
335	4246	JOSÉ MESTRE	M	22		00:42:22	00:42:19	
336	4768	LICÍNIO MATOS	M	31		00:42:27	00:42:17	
337	1969	JOAQUIM MANUEL PEREIRA MARTINS	M	53		00:42:28	00:42:19	
338	2461	MIGUEL TRUNINGER SOUSA	M	38		00:42:28	00:42:06	CLUBE COLABORADORES AXA
339	2262	RUI FALHAS	M	40		00:42:29	00:42:18	RB RUNNING/CARTAXEIRO
340	1427	RENATO CLARA	M	45		00:42:29	00:41:41	TÁLENTO PRA CORRER TEAM
341	1972	JOAQUIM ALVES	M	61		00:42:30	00:42:19	CCD O ALVITEJO
342	3440	ANTONIO PEREIRA	M	48		00:42:30	00:42:30	GD SANTANDER TOTTA
343	859	FILIPPE BRANCO	M	43		00:42:31	00:42:14	U.R.D.ARRANHÔ
344	1349	LUIS BRANCO	M	52		00:42:32	00:41:35	
345	3158	NELSON LOPES	M	36		00:42:33	00:41:27	
346	4014	FABIO JOSÉ SIMÕES FIDALGO	M	23		00:42:33	00:42:16	
347	1082	JOÃO PEDRO GAMEIRO	M	43		00:42:35	00:42:15	
348	1064	DARIO CABETE	M	40		00:42:37	00:42:13	C.C.R.D.BURINHOSA
349	1007	RICARDO VICENTE	M	41		00:42:37	00:41:43	IND.DESPORTIVO VIEIRENSE
350	3152	JOSE BAPTISTA	M	47		00:42:39	00:42:21	
351	3324	NUNO BARRADAS	M	49		00:42:39	00:42:30	WIKABOO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
352	2865	ARLINDO NASCIMENTO	M	56		00:42:40	00:42:31	AABV
353	2264	NUNO ALMEIDA	M	42		00:42:40	00:42:36	RB RUNNING/CARTAXEIRO
354	2029	ANTONIO BRAGA	M	54		00:42:41	00:42:05	C MILLENINUM BCP
355	1033	HENRIQUE SILVA	M	29		00:42:42	00:42:07	ASAS NOS PÉS
356	628	HELDER CANIVETE	M	40		00:42:43	00:42:06	N SPORTINGUISTA V NOVAS
357	2470	GRACIANO CAMPOS	M	57		00:42:44	00:42:32	CCD AUT ALMADA
358	1347	POMPEU AIRES	M	47		00:42:44	00:41:46	
359	1391	JOÃO CATALÃO	M	27		00:42:45	00:42:01	RAIL RUNNERS
360	302	HUGO SILVA	M	36		00:42:45	00:42:31	GAA VILA FRANCA XIRA
361	3219	RUI DUARTE	M	42		00:42:45	00:42:26	
362	1257	JORGE PÉ-CURTO	M	38		00:42:46	00:42:29	
363	2617	SARA MARINHO	F	23		00:42:46	00:41:45	
364	3214	TIAGO BALEIA	M	35		00:42:47	00:42:19	CARACÓIS DE PEDRA
365	2775	JOSÉ MAIO	M	50		00:42:48	00:42:35	
366	2399	JOSE MORAIS	M	51		00:42:48	00:42:32	CCD AUT ALMADA
367	1171	CARLOS M LOPES	M	50		00:42:49	00:42:45	AMINHACORRIDA/TOTALSTOR
368	3142	ANTÓNIO MANUEL ANTUNES BATALHA	M	60		00:42:49	00:42:36	SCALABIS NIGHT RUNNERS
369	431	MIGUEL A COUTINHO	M	80		00:42:50	00:42:38	
370	4920	JOAO JESUS	M	38		00:42:51	00:42:43	GD SANTANDER TOTTA
371	3199	HELDER BORGES	M	37		00:42:52	00:41:56	
372	3443	JOÃO SALGUEIRO ANTUNES	M	43		00:42:54	00:42:29	
373	2605	ANTÓNIO VELOSO	M	42		00:42:56	00:42:19	
374	3334	RICARDO FERREIRA	M	30		00:42:56	00:42:34	
375	1786	LUIS NUNES	M	42		00:42:57	00:42:34	ESCOLA DE ATLETISMO RUI SILVA
376	4239	JOAQUIM SANTOS	M	55		00:42:58	00:41:35	FALCÕES SELVAGENS
377	4374	ANDRE SANTOS	M	37		00:42:58	00:42:50	A VALE SILENCIO
378	3298	NUNO SILVA	M	40		00:43:00	00:42:04	
379	769	ANDRÉ VARANDA	M	25		00:43:01	00:42:26	OS BRAVOS
380	771	ANTÓNIO CRAVEIRO	M	18		00:43:01	00:42:26	OS BRAVOS
381	2961	JOSÉ NUNES	M	45		00:43:03	00:42:50	4 FUN
382	3690	JOÃO PAULO	M	34		00:43:03	00:42:29	
383	466	PAULO SOUSA	M	23		00:43:04	00:42:52	N SPORTINGUISTA LEOES AZEITAO
384	3894	PEDRO MARIA CUNHA NAZARETH BARBOSA	M	37		00:43:04	00:42:47	SCALABIS NIGHT RUNNERS
385	4325	MIGUEL RODRIGUES	M	28		00:43:05	00:43:05	
386	3283	JOSÉ EDUARDO FIDALGO PENA	M	49		00:43:05	00:42:30	
387	2109	OSVALDO FERREIRA	M	37		00:43:05	00:43:03	SPORTING CLUBE SANTANENSE
388	36	LUIS F N PASSOS	M	39		00:43:06	00:42:12	TRANQUILIDADE
389	3788	MANUEL ALVES	M	32		00:43:07	00:42:59	
390	3058	PAULO ARRENEGA	M	47		00:43:07	00:42:58	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
391	4517	HELENA MARTINS	F	52		00:43:07	00:42:56	AMIGOS ATLETISMO MAFRA
392	1571	FABIO PEREIRA	M	21		00:43:08	00:42:40	SC CASAINHOS
393	3774	LUIS TORRES	M	41		00:43:08	00:42:53	H3 RUNNERS
394	2522	CARLOS BAPTISTA	M	53		00:43:09	00:42:41	SC CASAINHOS
395	282	JOSE R M CIPRIANO	M	29		00:43:09	00:42:35	
396	2209	PAULO FARIA	M	48		00:43:09	00:42:58	
397	1582	RICARDO LOPES ALVES	M	30		00:43:09	00:42:31	AÇOREANA CLUBE BANIF
398	2918	NUNO MIGUEL DUARTE BALAS	M	37		00:43:10	00:42:50	
399	3601	PEDRO FERNANDES	M	35		00:43:10	00:43:02	
400	758	BRUNO LEITÃO	M	27		00:43:11	00:42:27	OS PADEIROS
401	3952	CARLOS NELSON DIAS	M	52		00:43:11	00:42:55	CCD METROLISBOA
402	1052	PEDRO MARTINS	M	35		00:43:12	00:42:17	
403	969	JOÃO FONSECA	M	44		00:43:15	00:42:33	ILOVEPV
404	1262	ANDRÉ GUERREIRO	M	21		00:43:15	00:42:58	
405	1869	JOÃO PEDRO CAPA	M	38		00:43:16	00:42:27	LEÕES DO MINHO
406	2033	PEDRO CUSTODIO	M	42		00:43:17	00:43:07	C MILLENINUM BCP
407	1547	JOSÉ CIPRIANO HILÁRIO CARDOSO	M	52		00:43:18	00:43:03	
408	1725	JOSÉ ROLDÃO	M	52		00:43:18	00:42:42	
409	3119	ANTONIO FERREIRA	M	41		00:43:18	00:43:10	GD SANTANDER TOTTA
410	2967	LUIS BARRETO	M	42		00:43:19	00:43:08	
411	3598	CARLOS MANUEL GUEDES MARQUES	M	42		00:43:19	00:43:05	
412	1867	JOÃO ÁLVARO CAPA	M	43		00:43:19	00:42:27	LEÕES DO MINHO
413	1404	JOSE SERRA	M	50		00:43:20	00:42:51	GRUP.DESP.CHELAS
414	3162	GABRIEL GONÇALVES	M	58		00:43:20	00:43:18	
415	4743	RICARDO SILVA	M	19		00:43:20	00:43:18	
416	1001	RICARDO NUNO	M	39		00:43:20	00:43:15	
417	2006	VALÉRIO FERNANDES	M	46		00:43:21	00:42:51	
418	3410	ANTÓNIO NEREU	M	52		00:43:22	00:43:07	ASSOCIAÇÃO GD ACADEMIA KORPO
419	4623	RUBEN PIRES	M	28		00:43:22	00:42:22	
420	1276	RUBEN JOSE CAMACHO	M	27		00:43:23	00:43:06	
421	2108	JOSÉ DOS SANTOS REIS	M	60		00:43:26	00:43:07	
422	1297	EURICO NICHÓ	M	52		00:43:26	00:43:16	
423	1299	LUÍS MIGUEL RODRIGUES ALVES	M	23		00:43:26	00:42:58	
424	2861	JOÃO BORBA	M	46		00:43:27	00:43:19	AABV
425	2797	JORGE VARANDAS	M	50		00:43:28	00:43:09	
426	4895	RUI MOREIRA	M	43		00:43:30	00:43:20	LION & EAGLES
427	2825	ATLETA NÃO CADASTRADO	M	0		00:43:31	00:43:25	
428	4440	CARLOS CORREIA	M	44		00:43:33	00:43:06	
429	99	MIGUEL MENEZES	M	41		00:43:34	00:43:06	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
430	635	DANIEL ZAMBUJO	M	22		00:43:35	00:42:35	N SPORTINGUISTA V NOVAS
431	5006	RUI SILVA	M	42		00:43:35	00:43:13	LXL
432	2261	JOSE OLIVEIRA	M	40		00:43:35	00:43:28	RB RUNNING/CARTAXEIRO
433	2761	PAULO SANTOS	M	46		00:43:36	00:42:17	GARMIN CO OEIRAS
434	858	EDGAR FRANÇOISCO	M	48		00:43:37	00:43:20	U.R.D.ARRANHÔ
435	3439	ANTONIO CRUZ	M	66		00:43:37	00:43:31	GD SANTANDER TOTTA
436	1108	HUGO CARAGO	M	40		00:43:38	00:43:14	CLUBE GRUPO BES
437	1140	CARLOS FOLGADO	M	53		00:43:41	00:42:33	CARRASCO & AMIGOS
438	3221	BENTO JORGE PEREIRA RIBEIRO	M	51		00:43:41	00:43:23	
439	1942	FILIPE PARDAL	M	31		00:43:41	00:40:44	
440	3708	MIGUEL COSTA SANTOS	M	43		00:43:41	00:43:15	
441	2538	PAULO CARDOSO	M	51		00:43:42	00:43:33	GRUP.DESP.CHELAS
442	3487	PEDRO GOMES	M	38		00:43:42	00:43:19	
443	1863	VITOR AFONSO	M	23		00:43:44	00:42:29	
444	1657	AIRES SÃO PEDRO	M	59		00:43:44	00:43:21	INDIVIDUAL
445	1402	CARLOS SA	M	42		00:43:45	00:43:16	GRUP.DESP.CHELAS
446	4084	LINO MARCO	M	38		00:43:46	00:43:39	GD SANTANDER TOTTA
447	1982	VIRGÍNIO PATEIRO	M	42		00:43:47	00:42:47	
448	944	ANTONIO MACHADO	M	46		00:43:47	00:43:34	
449	3291	RICARDO MORGADO	M	33		00:43:51	00:43:15	
450	3286	ARNALDO GRAÇA	M	30		00:43:51	00:43:15	
451	1546	HELDER MARQUES	M	48		00:43:51	00:43:27	
452	2969	LUIS VICENTE	M	39		00:43:52	00:43:44	
453	4893	LUÍS CALMEIRO	M	46		00:43:54	00:43:38	
454	1028	MÁRIO SILVA	M	43		00:43:54	00:43:41	ASAS NO PÉS
455	4209	RAFAEL ABRUNHOSA	M	47		00:43:55	00:43:36	
456	2758	EMANUEL CARVALHO	M	31		00:43:56	00:43:44	
457	4441	PEDRO TEIXEIRA	M	40		00:43:56	00:43:27	
458	3670	JOAO ASSUNCAO	M	18		00:43:57	00:42:16	SPORTISEL
459	1047	ANTÓNIO MERUJO	M	54		00:43:58	00:43:13	
460	1466	ALEXANDRE BENTO	M	40		00:43:59	00:43:45	
461	4815	DIOGO PIRES	M	28		00:44:00	00:43:10	
462	3012	JORGE GONÇALVES	M	45		00:44:00	00:43:44	
463	4766	RAUL TOMÁS	M	27		00:44:00	00:43:15	
464	210	PEDRO LIMA	M	35		00:44:01	00:42:50	
465	1239	PEDRO VITOR	M	43		00:44:01	00:43:23	CLUBE GRUPO BES
466	220	FRANCISCO FREIRE	M	33		00:44:02	00:42:50	GD BANCO BPI
467	1835	ARMANDO JORGE VIEIRA DIAS	M	48		00:44:02	00:43:43	
468	1434	TELMO NOGUEIRA	M	29		00:44:03	00:42:46	FLASH TEAM

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
469	3238	JOÃO LOBO	M	27		00:44:03	00:43:53	
470	385	LEONARDO A CABACEIRA	M	18		00:44:03	00:43:07	
471	3065	LUIS ORVALHO	M	60		00:44:04	00:43:51	
472	2886	CARLOS GOMES	M	53		00:44:04	00:43:55	
473	4576	TIAGO AMADO	M	31		00:44:05	00:43:26	
474	722	RUI RIBEIRO	M	38		00:44:05	00:43:35	CLUBE VII
475	3977	EMANUEL SILVA	M	25		00:44:06	00:44:06	
476	3964	SANDRA ROMANO	F	32		00:44:06	00:43:54	GARMIN CO OEIRAS
477	2922	JOAO M COSTA	M	45		00:44:06	00:43:48	
478	855	LUIS FERREIRA	M	46		00:44:08	00:43:49	U.R.D.ARRANHÒ
479	711	HELDER BEXIGA	M	45		00:44:08	00:43:50	
480	3568	NUNO ROMANO	M	37		00:44:09	00:43:32	
481	4383	RUI MELO	M	42		00:44:10	00:43:47	
482	4341	EURICO PEREIRA	M	53		00:44:10	00:44:10	
483	1581	NUNO GARRANA	M	35		00:44:10	00:43:58	
484	4605	LUIS NOGUEIRA	M	43		00:44:11	00:44:00	
485	482	BRUNO EUSEBIO	M	33		00:44:12	00:43:51	BELLISSIMUS CAFÉ
486	3375	PAULO ALVES	M	35		00:44:13	00:44:05	GD SANTANDER TOTTA
487	1044	PAULO MARQUES ENCARNAÇÃO CABECINHA	M	39		00:44:14	00:44:04	
488	1354	ANTONIO HORTA	M	56		00:44:15	00:43:34	
489	1460	HÉLIO MARQUES INFANTE GIRÃO	M	46		00:44:16	00:43:47	
490	1319	VITOR PEREIRA	M	26		00:44:16	00:43:41	
491	3300	LÚCIO AGOSTINHO BARREIROS DOS SANTOS	M	52		00:44:16	00:43:56	
492	1720	HÉLDER REIS	M	29		00:44:16	00:43:32	GENERAL CABLE CELCAT
493	1160	MARCO CASEIRO	M	35		00:44:17	00:43:55	OS PERIGOSOS
494	3074	ANTONIO LOURO	M	40		00:44:17	00:44:17	GD SANTANDER TOTTA
495	1842	JOÃO CATARINO	M	39		00:44:18	00:44:07	
496	1301	RITA MINEIRO	F	18		00:44:18	00:43:52	CDUL CENTRO DESP UNIV LISBOA
497	3852	JOSE MANUEL VITORINO	M	56		00:44:20	00:43:51	
498	2791	JOÃO MIGUEL OLIVEIRA LEITE	M	23		00:44:20	00:43:18	
499	2254	JOAO OLIVEIRA	M	49		00:44:21	00:44:05	
500	3617	RODRIGO CORREIA	M	34		00:44:22	00:43:39	CCD SINTRENSE
501	4551	RUBEN SILVA	M	57		00:44:23	00:43:50	
502	2996	JOSE DIONISIO	M	51		00:44:23	00:44:09	
503	4132	CARLA MARTINS	F	38		00:44:23	00:44:20	NÚCLEOEIRAS / SPORTZONE
504	3053	JOSE AVELINO	M	57		00:44:24	00:43:56	
505	2817	RUI PLÁCIDO	M	37		00:44:25	00:43:26	
506	339	JOAO BATISTA	M	56		00:44:25	00:44:04	GDC BANCO PORTUGAL
507	4179	PAULO COELHO	M	36		00:44:25	00:44:15	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
508	3911	PEDRO RODRIGUES CABRITO	M	40		00:44:26	00:43:27	
509	293	FRANCISCO ANTUNES	M	23		00:44:26	00:43:52	ESTABIL.PT
510	224	AMERICO SANTOS	M	45		00:44:26	00:44:05	
511	2859	MIGUEL RAMALHO	M	32		00:44:27	00:44:13	VALADARES
512	1465	PAULO ALEXANDRE NEVES GOMES	M	48		00:44:27	00:44:14	
513	4496	ANTONIO ALVES REBELO	M	42		00:44:28	00:43:11	CALADOS & REBELOS
514	678	JOAO M B SILVA	M	28		00:44:28	00:42:54	
515	3920	ANTONIO SOUSA	M	51		00:44:31	00:44:14	
516	2874	JOSE MANUEL MORAIS	M	53		00:44:32	00:43:07	GRUPO DESPORTIVO SERVICONTABIL
517	2921	JOÃO MIRANDA	M	26		00:44:32	00:43:38	
518	3895	PEDRO MARIA NOGUEIRA CARVALHO	M	49		00:44:32	00:44:20	SCALABIS NIGHT RUNNERS
519	4692	RICARDO CUNHA	M	27		00:44:34	00:43:37	
520	4195	RUI PEREIRA	M	41		00:44:35	00:43:26	
521	4925	NUNO ESPAÑA	M	31		00:44:37	00:44:29	LIGA DO PALPITE
522	2345	ANDRÉ OLIVEIRA	M	27		00:44:39	00:44:23	
523	2962	LIBERTO SANTOS	M	46		00:44:39	00:44:26	4 FUN
524	1395	JOAQUIM MARINHO	M	55		00:44:39	00:44:07	GRUP.DESP.CHELAS
525	1005	JÚLIO LOPES	M	39		00:44:40	00:44:23	
526	1464	PAULO FRANCISCO	M	49		00:44:40	00:44:20	
527	2352	PEDRO RODRIGUES	M	43		00:44:41	00:43:20	GARAGE TEAM
528	2697	NUNO LIMA	M	27		00:44:41	00:44:24	
529	1891	RICARDO NUNES	M	39		00:44:42	00:44:17	
530	4846	JOÃO MARQUES DA SILVEIRA VAZ VELHO	M	39		00:44:42	00:44:25	
531	434	FREDERICO G FERNANDES	M	50		00:44:44	00:44:27	
532	4872	JORGE SOUSA	M	52		00:44:44	00:44:28	GRUP.DESP.CHELAS
533	2297	FERNANDO LOPES	M	43		00:44:44	00:44:02	AD REAL ACADEMIA
534	1629	NUNO MARTINS	M	41		00:44:45	00:43:59	GD INE
535	1785	VITOR SANTOS	M	50		00:44:46	00:44:26	ESCOLA DE ATLETISMO RUI SILVA
536	4460	HÉLDER CARVALHO	M	39		00:44:46	00:43:45	
537	3237	ALBERTO COVAS	M	54		00:44:47	00:44:12	
538	2769	DIOGO GOMES	M	37		00:44:47	00:43:21	
539	3483	ANTONIO ALEXANDRE TACHA MENDES	M	54		00:44:47	00:44:47	CANHÕES DA NAZARÉ/CAN
540	2792	HUGO ENCARNÇÃO	M	26		00:44:48	00:44:29	
541	2802	NELSON OLIVEIRA	M	36		00:44:49	00:44:21	
542	85	PAULO J C SILVA	M	38		00:44:49	00:44:35	A BOLA
543	4945	GERALDO GOMES	M	47		00:44:49	00:44:41	
544	1398	CARLOS RODRIGUES	M	41		00:44:50	00:44:21	GRUP.DESP.CHELAS
545	1482	EDUARDO SANTOS	M	34		00:44:50	00:44:38	VFF 1896
546	3413	ANTÓNIO SÉRGIO DOS REIS SOARES	M	38		00:44:50	00:43:24	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
547	146	BRUNO M P RIBEIRO	M	28		00:44:51	00:44:13	
548	1139	DAVID MARTINS	M	31		00:44:52	00:43:43	CARRASCO & AMIGOS
549	1702	JOÃO BRANCO	M	32		00:44:52	00:44:26	RUN MOTA
550	3582	RUI PAULO	M	47		00:44:53	00:44:39	ROCIO
551	3018	RUI ARAÚJO	M	38		00:44:53	00:44:04	VALADARES
552	4414	JOÃO GOMES	M	41		00:44:53	00:44:17	AMIGOS ATLETISMO MAFRA
553	1790	SUZETE SILVA	F	43		00:44:53	00:44:31	ESCOLA DE ATLETISMO RUI SILVA
554	4226	CLAUDIA FERNANDES	F	30		00:44:54	00:43:59	POPAPNEUS
555	4224	NOEL SARREIRA	M	33		00:44:54	00:43:59	POPAPNEUS
556	1626	ANDRÉ HENRIQUES	M	25		00:44:54	00:43:50	
557	1654	ANTONIO MANUEL FIGUEIREDO PEREIRA	M	53		00:44:55	00:43:56	
558	4840	JOÃO PEDRO	M	39		00:44:56	00:43:07	NÚCLEO KARATE SHOTOKAN LISBOA
559	4513	JOÃO BELTRÃO	M	33		00:44:56	00:43:34	PERNAS DE GAFANHOTO
560	2661	PAULO TORRES	M	42		00:44:57	00:44:32	
561	1707	ALEX OLIVEIRA	F	40		00:44:57	00:43:52	CASCAIS PANDILHA
562	1516	NUNO CATARRO	M	37		00:44:58	00:44:37	
563	4384	RUI HENRIQUES	M	35		00:44:59	00:44:59	
564	3009	TIAGO TELES	M	29		00:44:59	00:44:28	NUCLEO DESPORTIVO AUTOCOOPE
565	2496	FERNANDO ROSETE	M	43		00:44:59	00:44:42	RUN 4 FUN
566	3646	ANTÓNIO BAPTISTA	M	44		00:44:59	00:44:16	
567	303	PAULO C R V FIGUEIRA	M	49		00:45:00	00:44:14	
568	332	ANTONIO MARQUES	M	46		00:45:00	00:44:43	
569	1989	RUI PINELA	M	42		00:45:01	00:43:39	BLADERUNNERS
570	4219	JOÃO REBELO	M	46		00:45:02	00:44:44	
571	4509	DANIEL AUGUSTO DE CASTRO NUNES	M	53		00:45:02	00:44:06	
572	1906	ANTÓNIO JACINTO	M	53		00:45:02	00:43:42	AUTO JACINTO
573	3492	FRANCISCO PEREIRA	M	44		00:45:02	00:44:38	
574	1627	VASCO SANTOS TAVARES	M	37		00:45:03	00:43:59	
575	2988	BRUNO LOPES	M	32		00:45:03	00:44:46	AMIGOS ATLETISMO MAFRA
576	1596	ARMANDO MONTEIRO	M	39		00:45:03	00:44:23	FSG COLLONGE BELLERIVE
577	2004	MÁRIO MARTINS	M	40		00:45:04	00:44:40	PAPA LÉGUAS
578	1599	MATHEUS ALMEIDA	M	31		00:45:05	00:44:26	FSG COLLONGE BELLERIVE
579	3163	CARLOS COSTA	M	43		00:45:05	00:44:46	
580	1920	JOÃO PINTO	M	20		00:45:05	00:44:35	
581	4270	LUIS FILIPE GAMA	M	50		00:45:06	00:44:27	
582	4935	PEDRO DE CARVALHO	M	20		00:45:07	00:44:49	
583	2503	TIAGO PITO	M	36		00:45:08	00:44:54	PITO `S BAR
584	4489	ROMÃO CORREIRA	M	35		00:45:08	00:44:28	A CORRER É QUE A GENTE SE ENTE
585	833	RUI CAEIRO	M	46		00:45:08	00:44:34	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
586	3924	NUNO FERREIRA	M	36		00:45:09	00:44:10	
587	2587	PEDRO CHAVES	M	30		00:45:09	00:43:52	ALCES E TRINEIRAS
588	3143	DINIS FILIPE MENDES DA SILVA	M	41		00:45:10	00:44:54	SCALABIS NIGHT RUNNERS
589	3160	CARLOS SANTOS	M	47		00:45:10	00:44:45	UNIÃO FCI DE TOMAR
590	4652	CARLOS ASSEICEIRA	M	29		00:45:11	00:45:11	
591	2096	JOSE VARELA	M	39		00:45:11	00:44:29	BV MONTEMOR O NOVO
592	3489	RUI SILVA	M	32		00:45:12	00:43:45	SILVAS
593	4402	LEONEL NEVES	M	60		00:45:13	00:45:05	A VALE SILENCIO
594	3109	TIAGO VARANDA	M	41		00:45:14	00:44:13	
595	2907	RUI VIEIRA	M	42		00:45:14	00:45:01	
596	3801	JOSE AMARO	M	38		00:45:14	00:45:14	CD ASAS DO MILÉNium
597	5018	PETER PITREZ	M	34		00:45:15	00:44:26	PITREZ RUNNING
598	2116	RICARDO MEDEIROS LEMOS	M	36		00:45:15	00:44:29	
599	4625	RUBEN GRAVANITA	M	28		00:45:16	00:44:15	
600	3622	RICARDO FRADE	M	51		00:45:16	00:45:01	CCD SINTRENSE
601	3614	DAVID BATISTA CASINHAS	M	44		00:45:16	00:44:35	CCD SINTRENSE
602	2823	RUI ARAUJO	M	55		00:45:17	00:45:11	CCD METROLISBOA
603	641	JORGE PINTO	M	36		00:45:18	00:43:15	
604	1150	CRISTINA GAVINHO	F	37		00:45:18	00:45:03	PUMAS DO GUINCHO
605	3654	BRUNO RIBEIRO	M	33		00:45:19	00:44:23	KANINOS
606	1984	RUI MATA	M	43		00:45:19	00:44:39	
607	3020	JOÃO VAZ	M	48		00:45:19	00:44:30	PITREZ RUNNING
608	344	ADELINO SEMEDO	M	60		00:45:20	00:43:51	GDC BANCO PORTUGAL
609	1710	HORACIO JORGE	M	49		00:45:20	00:44:59	
610	3692	HUGO FERREIRA	M	38		00:45:20	00:44:21	
611	3939	RICARDO PEREIRA	M	36		00:45:21	00:45:06	GENERAL CABLE CELCAT
612	2703	JOÃO CARLOS DOMINGUES SANCHES	M	51		00:45:22	00:45:03	
613	2425	GONALO CORREIA	M	35		00:45:22	00:44:57	
614	3171	PAULO JOÃO CARDOSO DOS SANTOS	M	41		00:45:23	00:45:12	
615	2660	CARLOS GRACIOSO	M	30		00:45:24	00:44:53	
616	3201	LUIS ANTÓNIO DE BRITO MILA FILIPE	M	43		00:45:25	00:45:11	SCALABIS NIGHT RUNNERS
617	1015	VITOR RODRIGUES	M	47		00:45:28	00:45:04	C.C.R.D.BURINHOSA
618	1068	RUBEN SOARES	M	30		00:45:29	00:45:06	C.C.R.D.BURINHOSA
619	1468	JULIO OLIVEIRA	M	65		00:45:29	00:45:13	
620	4092	AUGUSTO PORTUGAL	M	39		00:45:30	00:44:49	SS MONTEPIO GERAL
621	4725	VITOR GALEGO	M	43		00:45:31	00:44:47	
622	3353	J JOÃO GUEDES	M	40		00:45:32	00:45:15	
623	4864	ANTÓNIO MATIAS	M	56		00:45:32	00:45:32	
624	1062	RUI VENTURA	M	52		00:45:34	00:45:19	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
625	1244	RODRIGO ALMEIDA	M	34		00:45:34	00:45:01	CLUBE GRUPO BES
626	4170	NUNO ANTUNES	M	44		00:45:34	00:45:27	
627	914	SOFIA ARGENTINA	F	34		00:45:34	00:45:03	SS CGD
628	2916	RICARDO PEDRO	M	28		00:45:35	00:45:01	
629	3398	MARIA SANTOS	F	30		00:45:35	00:45:29	
630	4567	GHEORGHE TICU	M	23		00:45:36	00:44:34	
631	4182	LUÍS FILIPE MOTA	M	32		00:45:37	00:45:12	
632	1390	SÉRGIO CARVALHO	M	31		00:45:37	00:45:00	RAIL RUNNERS
633	1384	NUNO MESTRE	M	39		00:45:37	00:45:33	UNIDOS DA MANUTENÇÃO
634	1012	PAULO RAINHO	M	39		00:45:37	00:45:22	C.C.R.D.BURINHOSA
635	2362	NUNO FERNANDES	M	37		00:45:38	00:44:25	
636	904	ANTONIO TABORDA	M	63		00:45:38	00:44:19	SS CGD
637	1130	VITOR RAIMUNDO	M	42		00:45:38	00:45:14	C.C.R.D.BURINHOSA
638	1013	JOSÉ RATO	M	55		00:45:38	00:45:13	C.C.R.D.BURINHOSA
639	214	FERNANDO SANTOS	M	50		00:45:39	00:45:22	GD BANCO BPI
640	4660	JORGE PAULINO	M	38		00:45:39	00:44:43	
641	1799	JOSÉ FERNANDES	M	40		00:45:40	00:45:37	CLUBE DE FUTEBOL OS BELENENSES
642	4698	JOÃO MANUEL GREGÓRIO	M	36		00:45:40	00:44:51	JAVALIS DO MATO
643	4646	SALVADOR AFONSO	M	59		00:45:41	00:45:04	GD SANTANDER TOTTA
644	4963	RUI CRUZINHA	M	37		00:45:41	00:45:11	CLUBE VII
645	3984	NUNO MIGUEL SEMIÃO DA CRUZ	M	36		00:45:42	00:45:21	
646	2263	LUIS ANTUNES	M	41		00:45:43	00:45:31	RB RUNNING/CARTAXEIRO
647	3571	CARLOS SOUSA	M	56		00:45:44	00:45:20	
648	1912	HUMBERTO LUIS	M	31		00:45:45	00:44:27	AUTO JACINTO
649	4964	TIAGO DIOGO	M	36		00:45:45	00:45:18	
650	1426	ANTERO MARTINS	M	43		00:45:45	00:44:57	TÁLENTO PRA CORRER TEAM
651	2172	NUNO ANTONIO	M	38		00:45:46	00:45:40	
652	296	CARLOS F RODA	M	32		00:45:46	00:44:54	
653	1968	ALEXANDRE WALTER FERREIRA	M	48		00:45:46	00:44:52	
654	4191	EDUARDO HORTA	M	42		00:45:46	00:45:03	
655	2939	EDUARDO LUÍS DOS SANTOS RIBEIRO	M	29		00:45:47	00:44:56	
656	24	ARMANDO ALDEGALEGA	M	76		00:45:47	00:45:44	SPORTING CP
657	4556	ANA FRAGOSO	F	44		00:45:47	00:44:18	
658	4446	RUI TOMÉ	M	37		00:45:47	00:44:53	
659	2072	HENRIQUE BELMAR	M	55		00:45:47	00:45:35	
660	1275	RUI CORREIA	M	45		00:45:47	00:44:58	
661	3135	LUIS MENDES	M	40		00:45:49	00:45:43	NA PERNA ASSADA
662	2469	RICARDO FERREIRA ALVES	M	31		00:45:49	00:45:27	CLUBE COLABORADORES AXA
663	4937	HUGO TAVARES	M	36		00:45:49	00:45:27	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
664	2093	JOSE DELCA	M	18		00:45:50	00:45:22	BV MONTEMOR O NOVO
665	4223	ANTÓNIO FERNANDES	M	49		00:45:50	00:44:56	POPAPNEUS
666	4449	MÁRIO RUI LOBO	M	43		00:45:50	00:44:53	OS LOBOS
667	3341	HUGO DÓRIA	M	29		00:45:52	00:45:09	
668	1470	JOSE FERNANDES	M	60		00:45:52	00:45:24	GRUP.DESP.CHELAS
669	2653	RODRIGO PAIVA	M	41		00:45:52	00:45:15	
670	4657	MIGUEL MARTINHO	M	37		00:45:53	00:45:23	
671	341	JOAQUIM FERRAO	M	53		00:45:53	00:45:10	GDC BANCO PORTUGAL
672	3323	MARIA AZEVEDO	F	35		00:45:54	00:44:56	WIKABOO
673	3259	RICARDO SILVA	M	35		00:45:54	00:45:13	RRF
674	98	JOAO EDUARDO	M	49		00:45:55	00:45:27	INDIVIDUAL
675	2271	PAULO SOUSA	M	39		00:45:55	00:45:48	
676	4101	MIGUEL NUNES	M	40		00:45:55	00:45:21	
677	2395	PAULO CARÔCO	M	33		00:45:56	00:44:28	FAIÃO RUNNING TEAM
678	2377	ALVARO PINTO	M	56		00:45:56	00:45:11	AD REAL ACADEMIA
679	2348	HELDER TAVARES	M	37		00:45:56	00:45:05	
680	4307	CÉLIA CECILIO	F	40		00:45:56	00:45:48	NA PERNA ASSADA
681	3843	CLÁUDIO SARAIVA	M	39		00:45:57	00:45:43	
682	1075	PAULO TRINDADE	M	39		00:45:57	00:45:48	
683	2602	VASCO QUENTAL	M	51		00:45:58	00:45:30	
684	2995	PEDRO LIMA	M	47		00:45:58	00:45:45	
685	2913	PEDRO ESTEVES	M	18		00:45:58	00:44:05	
686	441	RUI PAIVA	M	37		00:45:59	00:45:09	
687	3884	PEDRO MIGUEL CORREIA VIEIRA	M	34		00:45:59	00:45:56	
688	1094	RENATO LOUREIRO	M	46		00:45:59	00:45:40	
689	2493	CARLOS COELHO	M	52		00:46:00	00:45:25	G. ATLETAS DE MONSANTO/GASCAN
690	3671	CARLOS NEVES	M	50		00:46:01	00:45:11	SPORTISEL
691	280	FERNANDO M PEREIRA	M	49		00:46:02	00:45:43	
692	1715	NUNO SERRÃO	M	30		00:46:02	00:45:04	
693	4981	NUNO DIAS	M	23		00:46:03	00:45:01	
694	1129	VITOR MONTEIRO	M	45		00:46:03	00:45:46	C.C.R.D.BURINHOSA
695	4215	JOSE LOPES	M	47		00:46:04	00:45:41	
696	3637	VITOR DIAS	M	47		00:46:04	00:45:36	
697	4300	JOSE VIEGAS	M	35		00:46:04	00:44:54	GD SANTANDER TOTTA
698	4018	JOÃO MATIAS	M	29		00:46:04	00:45:28	LA SURENA
699	185	MARCO T PINTO	M	35		00:46:05	00:45:16	
700	1157	HELDER VALADAS	M	33		00:46:05	00:45:43	OS PERIGOSOS
701	3913	FLORIMUNDO SILVA	M	58		00:46:05	00:46:03	AMINHACORRIDA/TOTALSTOR
702	1116	JULIO FERREIRA	M	59		00:46:05	00:45:14	CLUBE GRUPO BES

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
703	1104	ATLETA NÃO CADASTRADO	M	0		00:46:06	00:45:15	
704	2385	CARLOS CANDEIAS	M	45		00:46:08	00:45:40	AÇOREANA CLUBE BANIF
705	2368	FRANCISCO PEREIRA	M	46		00:46:08	00:45:39	AÇOREANA CLUBE BANIF
706	2265	GILBERTO LAPA	M	48		00:46:08	00:45:59	RB RUNNING/CARTAXEIRO
707	4282	RUI INÁCIO	M	34		00:46:09	00:44:56	COMANDO C
708	1371	VITOR NUNES	M	28		00:46:09	00:44:47	
709	1575	JORGE SERRA	M	47		00:46:10	00:45:43	AÇOREANA CLUBE BANIF
710	2266	FERNANDO GODINHO	M	40		00:46:10	00:46:01	RB RUNNING/CARTAXEIRO
711	4354	BRUNO GONÇALVES	M	21		00:46:11	00:44:34	
712	4669	PAULO LOURO	M	49		00:46:11	00:44:57	
713	3480	JOEL GOMES RESENDE	M	30		00:46:11	00:45:37	CANHÕES DA NAZARÉ/CAN
714	2426	MANUEL SILVA	M	38		00:46:12	00:46:00	CCD AUT ALMADA
715	2899	MANUEL FERNANDES	M	45		00:46:14	00:45:52	
716	1512	MARCO RAFAEL MARTINHO CATARRO	M	30		00:46:14	00:45:53	
717	1770	DANIEL THOMATI	M	35		00:46:14	00:45:31	TOCA DO LEÃO
718	3066	LUIS CRUZ	M	42		00:46:16	00:46:01	
719	2337	JOÃO ALVES	M	46		00:46:16	00:45:23	AMCR FONTE GRADA
720	462	JOSE ALVARO	M	41		00:46:17	00:45:43	N SPORTINGUISTA LEOES AZEITAO
721	4203	LUIS SOARES	M	47		00:46:17	00:46:03	APOGMA
722	1233	PAULO AMARAL	M	45		00:46:18	00:45:20	CLUBE GRUPO BES
723	2665	HUGO SILVA	M	37		00:46:18	00:45:11	
724	4604	JOÃO SILVA	M	45		00:46:19	00:45:40	
725	2578	PEDRO RODRIGUES FELICIO	M	41		00:46:19	00:45:26	
726	2413	SÉRGIO CIPRIANO	M	35		00:46:20	00:45:23	AMCR FONTE GRADA
727	4017	GONÇALO PAIS	M	36		00:46:20	00:46:20	LA SURENA
728	433	PAULO A H B LEAL	M	36		00:46:20	00:46:20	
729	330	ORLANDO A S SILVA	M	42		00:46:21	00:46:06	
730	3295	ANDRÉ PIRES DA SILVA	M	53		00:46:21	00:45:01	GEORRUNERS
731	1661	GUILHERME GONÇALVES	M	53		00:46:23	00:46:00	C FERROV PORTUGAL
732	4067	GONÇALO LAGE	M	33		00:46:23	00:44:50	
733	4035	PEDRO MONTEIRO	M	49		00:46:23	00:45:34	
734	1605	JOÃO PEDRO SIMÕES	M	32		00:46:24	00:45:26	
735	1819	CARLOS DE VASCONCELOS	M	54		00:46:25	00:46:04	
736	1060	MAURÍCIO RODRIGUES	M	34		00:46:25	00:46:10	
737	1212	HÉLDER ALVES	M	26		00:46:25	00:45:49	
738	4271	INÊS ALMEIDA	F	29		00:46:26	00:45:10	FALCÕES SELVAGENS
739	1026	JORGE GUILHERME	M	36		00:46:26	00:45:50	ASAS NO PÉS
740	4655	ALFREDO MATEUS	M	68		00:46:26	00:45:52	
741	472	LUIS DIAS	M	57		00:46:27	00:45:31	OS AMPUTADOS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
742	186	DANIEL J P P ALMEIDA	M	29		00:46:27	00:46:27	
743	3166	EUGÉNIA TEIXEIRA	F	30		00:46:27	00:46:24	LINDA-A-PASTORA SPORTING CLUBE
744	697	A4PEDRO M VIEGAS	M	33		00:46:27	00:45:47	
745	3600	FRANCISCO MADEIRA	M	51		00:46:28	00:45:49	
746	3206	MARCOS VARIZ	M	34		00:46:28	00:46:27	LINDA-A-PASTORA SPORTING CLUBE
747	388	JOSE F PEIXOTO	M	43		00:46:29	00:45:33	
748	2898	MANUEL CASIMIRO	M	53		00:46:29	00:46:06	
749	1784	JOÃO GAMEIRO	M	61		00:46:29	00:46:07	ESCOLA DE ATLETISMO RUI SILVA
750	4111	NUNO PIRES RODRIGUES	M	36		00:46:30	00:46:04	
751	4979	LEONEL GAMA	M	57		00:46:30	00:46:19	
752	4134	MIGUEL RIBEIRO	M	43		00:46:30	00:45:31	
753	2619	MAARIO NORAS	M	34		00:46:30	00:45:46	
754	2555	ROGÉRIO JARDIM	M	33		00:46:32	00:46:06	
755	632	PAULO MENDES	M	35		00:46:32	00:44:16	N SPORTINGUISTA V NOVAS
756	2933	DIOGO FONSECA E SILVA	M	44		00:46:32	00:46:07	
757	2958	JOAO COSTA	M	25		00:46:32	00:45:19	
758	3207	RUI GOMES	M	32		00:46:33	00:46:12	
759	1515	ANTONIO NOGUEIRA	M	41		00:46:33	00:46:03	
760	942	TIAGO ALVES	M	30		00:46:33	00:45:38	
761	4125	CARLOS TEIXEIRA	M	41		00:46:34	00:46:27	GD SANTANDER TOTTA
762	432	MANUEL A COUTINHO	M	34		00:46:34	00:46:23	
763	1612	FERNANDO LUZ	M	44		00:46:35	00:45:45	GDCT UNICRE
764	3091	JOÃO JOSÉ FERNANDES	M	32		00:46:35	00:46:17	
765	2540	PEDRO PINHO	M	34		00:46:35	00:45:35	
766	2343	DIOGO LIMA NICOLAU	M	20		00:46:36	00:45:21	
767	4641	ANTONIO SOARES	M	48		00:46:36	00:45:51	OPROTICANTE/CD ASAS DO MILENIU
768	307	JOSE M F VITORINO	M	41		00:46:37	00:45:58	
769	4994	IVAN ALVES GOMES DA SILVA	M	33		00:46:37	00:45:33	
770	756	NUNO M NUNES	M	35		00:46:37	00:46:35	CLUBE GRUPO BES
771	4288	LUIS NUNES	M	40		00:46:37	00:45:52	OPROTICANTE/CD ASAS DO MILENIU
772	1011	OCTAVIO MARIANO	M	42		00:46:38	00:46:13	C.C.R.D.BURINHOSA
773	3618	LUIS VIEIRA	M	47		00:46:38	00:46:19	CCD SINTRENSE
774	2320	RICARDO RAMOS	M	38		00:46:39	00:45:58	
775	1247	SILVIO PAIVA	M	62		00:46:39	00:46:30	CLUBE GRUPO BES
776	3087	JOSE GERARDO	M	51		00:46:40	00:45:54	
777	4861	JOÃO BRANCO	M	33		00:46:40	00:46:15	
778	1215	CARLOS MARTINS BATISTA	M	39		00:46:41	00:46:15	
779	1461	NUNO CUNHA	M	34		00:46:41	00:46:04	
780	4521	SÉRGIO ALEXANDRE ANTUNES MÓNICA	M	43		00:46:41	00:46:23	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
781	1649	CARLOS SANTOS	M	44		00:46:41	00:46:23	GD INE
782	4949	CARLOS RODRIGUES	M	45		00:46:42	00:46:30	
783	2752	JOSÉ JOÃO RIBEIRO	M	40		00:46:43	00:45:56	
784	1274	PAULO ALVES	M	29		00:46:43	00:45:45	
785	643	PADRO RIO	M	55		00:46:43	00:44:40	
786	4303	NUNO DAMIAES	M	32		00:46:44	00:46:06	GD SANTANDER TOTTA
787	2412	LUÍS ROSADO	M	26		00:46:44	00:46:21	FAMÍLIA ROSADO
788	3310	MÁRIO VERÍSSIMO	M	57		00:46:44	00:46:14	CARACÓIS DE PEDRA
789	1763	HUGO SEQUEIRA	M	33		00:46:47	00:45:29	RUN-VOLUTION TEAM
790	3407	MANUEL FERREIRA	M	61		00:46:47	00:46:12	
791	2580	PEDRO FREITAS	M	47		00:46:48	00:46:26	
792	2331	ANDRÉ FRANCISCO	M	25		00:46:50	00:46:50	
793	2333	DIOGO PINTO	M	23		00:46:50	00:46:09	
794	5019	ALEXANDRE ABADE	M	40		00:46:50	00:45:38	
795	1337	JOAO MARQUES	M	35		00:46:50	00:46:22	
796	1401	AMERICO PIMENTA	M	47		00:46:52	00:46:22	GRUP.DESP.CHELAS
797	4475	JOÃO PERDIZ	M	19		00:46:52	00:45:52	
798	2232	ARTUR MARTINS	M	45		00:46:53	00:46:43	
799	3588	FERNANDO ANACLETO	M	62		00:46:53	00:46:34	
800	1372	PAULO BARREIRA	M	40		00:46:54	00:45:35	
801	1038	PEDRO MATEUS	M	51		00:46:54	00:46:36	
802	3587	IDALÉCIO BARROS	M	59		00:46:54	00:46:34	
803	1240	RICARDO CANAS	M	41		00:46:55	00:46:34	CLUBE GRUPO BES
804	4392	MARCO COSTA	M	35		00:46:56	00:46:11	
805	1992	JOSÉ RETO	M	47		00:46:56	00:46:05	OS AMIGOS DO ATLETISMO DE AVIS
806	1400	JORGE MARQUES	M	44		00:46:56	00:46:29	GRUP.DESP.CHELAS
807	1037	NUNO MARQUES	M	40		00:46:56	00:46:03	ASAS NOS PÉS
808	4074	GABRIEL CHARRUA	M	35		00:46:57	00:45:47	GD SANTANDER TOTTA
809	1059	PEDRO CARDOSO	M	40		00:46:57	00:45:50	
810	2280	ARNALDO TRINDADE	M	42		00:46:57	00:46:25	RB RUNNING/CARTAXEIRO
811	3222	MANUEL TIAGO PEREIRA	M	27		00:46:57	00:46:43	GL HF
812	4983	JOÃO ALVES	M	38		00:46:57	00:46:39	
813	625	JOAQUIM NEIVA	M	70		00:46:57	00:46:52	DO RANGEL
814	3212	HUGO AGUA	M	29		00:46:58	00:45:57	COAC
815	4113	CARLOS BEIJINHO	M	42		00:46:58	00:46:23	
816	1936	FERNANDO SOBRAL	M	55		00:47:00	00:46:53	G.D.R. SÃO FRANCISCO DA SERRA
817	1519	MARTIM COSTA SECO	M	18		00:47:00	00:46:34	
818	1525	RUI CARVALHO SANTOS	M	42		00:47:01	00:46:44	RUN 4 FUN
819	3794	RICARDO COSTA	M	36		00:47:01	00:46:34	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
820	3800	MARIO CARVALHO	M	58		00:47:02	00:47:02	CD ASAS DO MILÉNIO
821	3619	CARLOS MARINA	M	39		00:47:03	00:46:43	CCD SINTRENSE
822	1101	ANTONIO REIS	M	47		00:47:03	00:46:16	CLUBE GRUPO BES
823	1246	RUI LOPES	M	61		00:47:03	00:45:46	CLUBE GRUPO BES
824	539	JOAO S RIBEIRO	M	37		00:47:04	00:46:55	
825	2982	RICARDO MOREIRA	M	40		00:47:04	00:46:29	PAPA TRILHOS RUN TEAM
826	3281	JOÃO J. RODRIGUES	M	42		00:47:04	00:46:50	
827	2383	CARLOS PIRES	M	39		00:47:05	00:46:52	
828	721	PAULO PINTO	M	37		00:47:07	00:46:36	CLUBE VII
829	158	LUIS A A REVEZ	M	48		00:47:07	00:45:49	
830	2759	PAULA LEMOS	F	47		00:47:07	00:46:43	GARMIN CO OEIRAS
831	3024	ANTONIO ESTRELA	M	46		00:47:07	00:45:50	GARMIN CO OEIRAS
832	4980	TIAGO GAMA	M	32		00:47:08	00:44:38	
833	3660	PAULO SANTOS	M	43		00:47:08	00:46:36	
834	4116	CARLOS BARROS	M	32		00:47:09	00:46:45	
835	3509	FILIPPE MENDONÇA	M	31		00:47:10	00:46:11	
836	4263	ANDRÉ ANDRADE DE MELO	M	33		00:47:10	00:47:10	
837	4155	JOSE MAGALHAES	M	46		00:47:11	00:46:53	RUN 4 FUN
838	4350	DAVID LUCAS	M	26		00:47:11	00:46:25	
839	2628	CARLOS TEIXEIRA	M	53		00:47:12	00:46:13	
840	2276	ABILIO CATARRO	M	58		00:47:13	00:47:00	BV MONTEMOR O NOVO
841	836	FILIPPE CORREIA	M	36		00:47:14	00:46:36	
842	1862	PAULO MONTEIRO	M	32		00:47:14	00:46:54	
843	681	TIAGO M L SAMPAIO	M	20		00:47:14	00:46:57	
844	143	TIAGO F R DIONISIO	M	23		00:47:15	00:44:22	
845	436	ANTONIO MP CAPELÃO	M	33		00:47:16	00:47:00	
846	3839	ANTONIO GONÇALVES	M	52		00:47:17	00:46:30	
847	1966	PEDRO ALEXANDRE MORAIS GADANHA	M	38		00:47:17	00:46:10	
848	3635	JOSÉ PINTO	M	67		00:47:17	00:47:02	
849	1689	HUGO MARTINS	M	34		00:47:17	00:46:35	TOCA DO LEÃO
850	4169	TELMO VELEZ	M	28		00:47:17	00:47:17	
851	720	HELDER MARTINS	M	35		00:47:18	00:46:44	CLUBE VII
852	2272	JOSE MARQUES	M	50		00:47:18	00:46:46	BV MONTEMOR O NOVO
853	3880	PEDRO MENDONÇA	M	37		00:47:18	00:46:47	GRFH, LDA
854	1996	LUZIA GARCIA	F	49		00:47:19	00:46:28	
855	2735	JORGE MARTINS	M	37		00:47:19	00:46:48	GRFH, LDA
856	3318	HENRIQUE GONÇALVES	M	45		00:47:19	00:45:19	SS CGD
857	2643	NELSON PAÇO	M	37		00:47:20	00:46:54	
858	2478	EDUARDO RIBEIRO	M	46		00:47:20	00:46:30	GDCT UNICRE

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
859	4729	PAULO MATEUS	M	48		00:47:20	00:46:38	
860	1425	CARLOS MAURICIO	M	46		00:47:20	00:46:32	TÁLENTO PRA CORRER TEAM
861	1238	PEDRO SANGUINO	M	30		00:47:20	00:46:03	CLUBE GRUPO BES
862	1162	BENTO VALENTE	M	48		00:47:20	00:46:47	OS PERIGOSOS
863	788	GERRY SANITZ	M	50		00:47:20	00:46:18	ODEBRECHT/BPC
864	2885	FERNANDO ROCHA	M	43		00:47:21	00:46:50	
865	5001	GABRIEL SILVA CABRAL	M	46		00:47:21	00:46:38	
866	3624	ROGÉRIO AZEVEDO	M	43		00:47:21	00:47:08	CCD SINTRENSE
867	857	FERNANDO RODRIGUES	M	46		00:47:22	00:46:37	U.R.D.ARRANHÒ
868	60	MIGUEL OLIVEIRA	M	18		00:47:22	00:47:16	MTV
869	4317	CARLOS ANDRE DIAS FERREIRA	M	36		00:47:22	00:46:36	
870	3393	JOSE GALAMBAS	M	68		00:47:23	00:46:21	
871	4234	ROMAO BANDARRINHA	M	56		00:47:24	00:46:18	
872	56	SAMUEL REIS	M	32		00:47:24	00:47:14	MTV
873	2778	PEDRO FRANCO	M	37		00:47:26	00:46:59	
874	1217	DAVID RODRIGUES	M	29		00:47:26	00:46:47	
875	2140	RUI POMBINHO	M	50		00:47:27	00:46:28	
876	1854	PAULO SANTOS	M	46		00:47:27	00:44:52	LOURDETE PERFUMARIAS
877	2779	MARCELINO BERNARDES	M	37		00:47:27	00:47:02	
878	4479	TIAGO FERREIRA	M	34		00:47:27	00:45:50	
879	5017	HUGO PINHEIRO	M	33		00:47:28	00:47:08	
880	5020	GUILHERME GALLEGÓ	M	39		00:47:28	00:47:07	
881	2895	CARLOS AFONSO	M	37		00:47:28	00:46:14	
882	3995	ANTONIO ALMEIDA	M	49		00:47:29	00:47:13	NUCLEO DESPORTIVO AUTOCOOPE
883	3464	JOSÉ CARLOS FERRAZ	M	51		00:47:29	00:46:33	
884	1216	TIAGO LUCAS	M	28		00:47:29	00:46:51	
885	2204	PEDRO GAGLIARDINI GRAÇA	M	25		00:47:29	00:45:57	
886	3267	JORGE MIRANDA	M	46		00:47:29	00:47:11	
887	92	RUI M REMEDIOS	M	47		00:47:30	00:46:19	A BOLA
888	1102	CARLOS NABIÇA	M	50		00:47:30	00:46:26	CLUBE GRUPO BES
889	254	ANDRE M BARBOSA	M	30		00:47:30	00:46:39	
890	808	JOSE ALVES	M	64		00:47:30	00:46:38	SS CGD
891	2369	HUGO SOUSA	M	37		00:47:31	00:47:02	AÇOREANA CLUBE BANIF
892	4514	NELSON VIEIRA	M	37		00:47:31	00:46:18	LEOES DA GRAÇA
893	1112	JORGE PEREIRA	M	59		00:47:31	00:46:27	CLUBE GRUPO BES
894	2233	ANTÓNIO BARREIROS JOSÉ	M	62		00:47:31	00:47:20	
895	1511	HELDER SANTINHOS	M	43		00:47:32	00:46:24	
896	496	PAULO J COSTA	M	40		00:47:33	00:45:54	
897	707	NUNO C CARVALHO	M	30		00:47:33	00:45:57	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
898	3687	ANTÓNIO Mouro	M	56		00:47:34	00:47:14	
899	1180	PAULO CAMPOS	M	47		00:47:34	00:46:58	AMINHACORRIDA/TOTALSTOR
900	1424	DANIEL SANTOS	M	37		00:47:34	00:46:14	TÁLENTO PRA CORRER TEAM
901	3591	ABÍLIO OLIVEIRA	M	48		00:47:34	00:47:02	
902	1345	TIAGO FONSECA	M	39		00:47:34	00:47:00	
903	1235	PEDRO ANDRADE	M	43		00:47:34	00:47:02	CLUBE GRUPO BES
904	2460	MARIA LURDES VENÂNCIO	F	49		00:47:36	00:47:25	CLUBE COLABORADORES AXA
905	2867	RODRIGO FONSECA FERREIRA	M	34		00:47:36	00:47:22	SCALABIS NIGHT RUNNERS
906	738	NUNO LEBRE	M	35		00:47:37	00:47:17	
907	2514	PEDRO ALEXANDRE DA SILVA MELO	M	41		00:47:37	00:46:32	
908	4936	HELDER SANTOS	M	31		00:47:37	00:46:19	
909	4065	RODRIGO SILVA	M	33		00:47:37	00:47:20	
910	3950	JOÃO MIRANDA	M	54		00:47:38	00:46:44	CCD METROLISBOA
911	3346	ANTÓNIO CALHEIROS	M	35		00:47:39	00:46:32	
912	4286	JOÃO GIRÃO	M	25		00:47:40	00:46:31	PERNAS DE GAFANHOTO
913	1029	CARLOS MENDES	M	43		00:47:40	00:47:27	ASAS NO PÉS
914	3754	FRANCISCO FIGUEIREDO	M	50		00:47:41	00:46:41	
915	2284	ANTONIO ANAIA	M	44		00:47:41	00:46:33	
916	3486	LUÍS FARO GODINHO	M	35		00:47:41	00:47:11	
917	4262	JORGE PAULO DE MATOS COSTA	M	45		00:47:43	00:47:25	
918	2240	JOSÉ SAPO	M	64		00:47:43	00:47:05	
919	55	FREDERICO SACRAMENTO	M	49		00:47:43	00:47:34	MTV
920	4735	NUNO GERVÁSIO	M	43		00:47:43	00:46:34	
921	1083	AMADEU MORGADO	M	39		00:47:44	00:47:20	
922	2526	SÉRGIO FERNANDES ANTUNES RAMOS	M	37		00:47:44	00:45:20	GD CIMPOR & AMIGOS
923	4340	JOÃO MATOS	M	23		00:47:45	00:46:33	
924	2932	NUNO FONSECA E SILVA	M	46		00:47:45	00:47:20	
925	3038	RUI PEDRO FERNANDES RODRIGUES	M	39		00:47:46	00:47:35	
926	1994	CARLOS GONÇALVES	M	49		00:47:47	00:47:22	OS AMIGOS DO ATLETISMO DE AVIS
927	2169	NUNO TEMPERA	M	44		00:47:47	00:46:19	RB RUNNING/CARTAXEIRO
928	2641	DIOGO OLIVEIRA	M	23		00:47:47	00:46:39	
929	1683	TAM AFONSO	M	60		00:47:47	00:47:19	AÇOREANA CLUBE BANIF
930	2947	MANUEL MAGALHÃES	M	47		00:47:48	00:47:33	VALADARES
931	554	JORGE M C SEBASTIAO	M	38		00:47:48	00:46:30	
932	3575	MARK CAREY	M	38		00:47:49	00:46:56	
933	3673	JOAO HENRIQUES	M	51		00:47:49	00:47:00	SPORTISEL
934	690	SERGIO L C RODRIGUES	M	34		00:47:49	00:47:19	
935	4417	JORGE LOPES	M	39		00:47:49	00:47:16	GRUP.DESP.CHELAS
936	3725	CARLOS MELO	M	47		00:47:49	00:47:22	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
937	4324	BRUNO ABREU	M	38		00:47:50	00:47:50	
938	4707	PAULO JORGE GARCIA	M	43		00:47:51	00:46:57	PERNAS DE GAFANHOTO
939	4873	ANÍBAL DIAS MATEUS	M	56		00:47:51	00:46:52	
940	517	JOSE J FERNANDES	M	50		00:47:51	00:46:40	
941	1681	ANTONIO AZEVEDO	M	31		00:47:51	00:47:21	
942	1682	JOSÉ A. AZEVEDO	M	31		00:47:52	00:47:24	
943	4508	JOSÉ LUCAS	M	67		00:47:53	00:47:53	
944	4871	ARMINDO ROMANA	M	36		00:47:54	00:46:53	
945	4783	TIAGO MATOS	M	24		00:47:55	00:47:41	
946	1856	RICARDO CONCEIÇÃO	M	28		00:47:56	00:45:21	LOURDETE PERFUMARIAS
947	2550	AMÉRICO JACINTO	M	37		00:47:57	00:47:01	
948	3749	JORGE FERREIRA	M	55		00:47:57	00:47:57	
949	3211	RUI DUARTE	M	32		00:47:58	00:47:27	CARACÓIS DE PEDRA
950	3736	LUIS VASCONCELOS AMORIM	M	55		00:47:59	00:47:36	
951	3061	BRUNO VALE PAULOS	M	26		00:47:59	00:46:37	
952	4484	JOÃO CAMACHO	M	36		00:47:59	00:47:40	
953	3832	JOAO PEDRO FERREIRA DOS SANTOS TABORDA	M	28		00:48:00	00:46:58	
954	2534	GILBERTO GONÇALVES	M	64		00:48:00	00:46:46	C. A. AMIGOS DE BELÉM
955	2634	PAULO SENA	M	42		00:48:00	00:47:29	
956	2513	JOSÉ GARCIA	M	34		00:48:00	00:47:28	
957	4404	JOSE REBOCHO	M	58		00:48:00	00:47:02	A VALE SILENCIO
958	534	NUNO SILVA	M	21		00:48:00	00:45:47	
959	3260	ISRAEL ALEXANDRE DOMINGOS DIAS	M	33		00:48:00	00:47:28	
960	2603	HUGO QUENTAL	M	25		00:48:01	00:47:35	
961	680	MARIO L C RAMOS	M	55		00:48:01	00:47:39	
962	2341	MARISA ANTUNES	F	21		00:48:02	00:46:46	NÚCLEOEIRAS / SPORTZONE
963	3750	ALBINO DE SOUSA FERREIRA	M	49		00:48:02	00:47:52	
964	1455	JORGE DUARTE PINHEIRO	M	47		00:48:03	00:47:44	RUN 4 FUN
965	3803	FERNANDO MARQUES	M	64		00:48:03	00:47:47	
966	3878	LINO ROQUE	M	40		00:48:03	00:47:13	DANATUR
967	1123	PAULA JACOB	F	35		00:48:04	00:47:07	CLUBE GRUPO BES
968	3653	MARCO CACHINHO	M	33		00:48:04	00:47:07	KANINOS
969	2175	PAULO FELICIO	M	45		00:48:04	00:47:45	C MILLENINUM BCP
970	4991	PAULO CALDEIRA	M	35		00:48:04	00:48:04	
971	3540	JOSE PINTO	M	57		00:48:04	00:47:24	
972	3378	OVIDIU PELESCA	M	18		00:48:05	00:44:20	VICENTES
973	3626	JOÃO MANUEL VIEIRA ALEXANDRE	M	24		00:48:05	00:46:10	
974	163	FRANCISCO FERNANDES	M	37		00:48:05	00:46:15	N SPORTINGUISTA LEOES FRONTEIRA
975	2518	RENATO CONSTÂNCIO	M	27		00:48:06	00:47:41	RUN4FUN

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
976	4995	RAFAEL RIBEIRO	M	55		00:48:06	00:47:20	
977	4586	GONÇALO SILVA	M	35		00:48:07	00:47:28	AFRS
978	3615	MÁRIO MIGUEL TOMÉ LAGEIRO	M	47		00:48:07	00:47:25	CCD SINTRENSE
979	2479	TIAGO NEVES	M	15		00:48:07	00:46:04	GDCT UNICRE
980	4689	PEDRO PIMENTA	M	34		00:48:07	00:47:07	
981	3343	MANUEL TAVARES	M	55		00:48:08	00:48:08	GRUP.DESP.CHELAS
982	1366	DIOGO JOSÉ ALVES MIRANDA	M	22		00:48:08	00:47:18	
983	4238	ANDRÉ RAFAEL SALGUEIRO ALVES	M	19		00:48:08	00:45:39	
984	2347	MIGUEL GUEDES	M	38		00:48:09	00:47:51	
985	1666	MANUEL LOPES	M	34		00:48:09	00:48:03	C FERROV PORTUGAL
986	2807	RUI ROMÃO	M	36		00:48:09	00:47:33	
987	1148	SÉRGIO COSTA	M	44		00:48:09	00:47:59	
988	4055	DANIEL GONÇALVES	M	30		00:48:09	00:44:16	LEÕES DE TUNES
989	1316	JOSÉ MIRANDA	M	48		00:48:09	00:47:21	
990	2716	JOSÉ HILÁRIO	M	54		00:48:09	00:47:42	
991	2894	MARIO MIGUEL	M	38		00:48:09	00:46:57	
992	2543	MIGUEL ALMEIDA	M	37		00:48:09	00:47:50	
993	2361	PAULO FERNANDES	M	42		00:48:10	00:47:17	MARATONISTAS DE SOFÁ
994	1006	ALBERTO VINAGRE	M	51		00:48:10	00:47:29	IND.DESPORTIVO VIEIRENSE
995	3252	HUGO COSTA	M	29		00:48:10	00:47:20	
996	3121	JOÃO PINTO	M	26		00:48:10	00:47:26	ZONA T
997	1493	NUNO PAULINO	M	36		00:48:11	00:44:19	
998	3235	PAULO SOARES	M	48		00:48:11	00:46:54	ASSOCIAÇÃO GD ACADEMIA KORPO
999	1051	DAVID FILIPA GASPAR PEREIRA	M	27		00:48:11	00:47:25	
1000	4617	CÉSAR ESPÍRITO SANTO	M	37		00:48:11	00:47:11	
1001	3062	CARLOS SILVA	M	46		00:48:12	00:48:00	
1002	1158	JOSÉ HENRIQUES	M	58		00:48:12	00:47:58	OS PERIGOSOS
1003	516	MANUEL J A D A FERNANDES	M	20		00:48:12	00:47:00	
1004	3043	ARTUR FERNANDO DOMINGOS MADEIRA BAPTISTA	M	42		00:48:14	00:47:59	SCALABIS NIGHT RUNNERS
1005	3332	SANDRA TEIXEIRA	F	35		00:48:14	00:47:16	WIKABOO
1006	2492	CARLOS FORTUNATO	M	51		00:48:14	00:47:02	G. ATLETAS DE MONSANTO/GASCAN
1007	2948	MAGDA LOURENÇO	F	43		00:48:14	00:47:01	
1008	4472	ALBERTO MANUEL ROLIM VALENTE	M	51		00:48:15	00:48:15	
1009	1325	JOSE LIBORIO	M	51		00:48:15	00:47:23	
1010	3036	FRANCISCO PINTO	M	60		00:48:15	00:48:15	ZONA T
1011	196	JOSE E FACHADA	M	61		00:48:16	00:47:54	
1012	4406	LUÍS RIBEIRO	M	33		00:48:17	00:47:58	
1013	2908	NUNO FERREIRA	M	44		00:48:18	00:48:07	
1014	2417	BRUNO PALMA	M	30		00:48:19	00:47:57	BP&AP

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1015	4921	JOSE PEREIRA	M	44		00:48:19	00:47:11	GD SANTANDER TOTTA
1016	537	MARIO MENDES	M	46		00:48:19	00:48:14	
1017	1182	SERGIO RODELO	M	43		00:48:20	00:47:45	AMINHACORRIDA/TOTALSTOR
1018	1342	CARLOS LAMY BANDEIRA	M	44		00:48:20	00:47:25	
1019	731	PAULO RAMOS	M	32		00:48:21	00:47:37	
1020	3169	DANIEL FEITEIRONA	M	31		00:48:21	00:47:28	
1021	1032	CARLOS PEDRO	M	38		00:48:21	00:46:06	
1022	916	PEDRO LUZIO	M	37		00:48:21	00:47:10	SS CGD
1023	2917	ERIK WENNBORG	M	25		00:48:21	00:47:46	
1024	2448	PEDRO CARVALHO	M	18		00:48:22	00:45:00	CAROLAS
1025	3076	LUIS COSTA	M	18		00:48:22	00:44:53	S. S.P.M.S.J.MADEIRA
1026	1087	VÍTOR GAMEIRO	M	48		00:48:22	00:48:00	
1027	2378	PEDRO MENDONÇA	M	38		00:48:22	00:47:55	
1028	691	BRUNO M P RIBEIRO	M	34		00:48:23	00:45:19	
1029	719	CÉLIA SANTOS	F	35		00:48:23	00:47:53	CLUBE VII
1030	3434	ALFREDA ROCHA	F	46		00:48:24	00:47:40	
1031	2398	JOSE CABRAL	M	56		00:48:24	00:46:57	CCD AUT ALMADA
1032	4640	JOAO PAULO	M	43		00:48:24	00:47:14	OPROTICANTE/CD ASAS DO MILENIU
1033	1855	PAULO DIAS	M	47		00:48:24	00:45:50	LOURDETE PERFUMARIAS
1034	2215	PEDRO BEAUMONT	M	52		00:48:24	00:47:49	BEAUMONT
1035	3768	ANTÓNIO FÓRNEA	M	47		00:48:25	00:45:20	
1036	4571	JOÃO GONÇALVES	M	45		00:48:25	00:46:55	
1037	4826	LUIS RAMADA PEREIRA	M	59		00:48:25	00:43:17	
1038	3748	JOSE MIRA	M	61		00:48:25	00:47:14	
1039	1451	JOSÉ ALÍPIO	M	43		00:48:26	00:47:54	
1040	1787	RICARDO VIEIRA	M	42		00:48:26	00:48:03	ESCOLA DE ATLETISMO RUI SILVA
1041	1463	NUNO ALMEIDA	M	41		00:48:27	00:48:27	
1042	4054	MARIA SA	F	27		00:48:28	00:47:30	COAC
1043	4823	TELMO VAZ	M	28		00:48:28	00:48:06	
1044	4772	PEDRO PEREIRA	M	25		00:48:28	00:47:05	
1045	4196	FERNANDO GOMES	M	53		00:48:29	00:48:02	
1046	3125	EDUARDO RODRIGUES	M	43		00:48:30	00:47:21	
1047	3243	ARMANDO MARTINS	M	50		00:48:31	00:47:53	
1048	2070	PAULO OLIVEIRA	M	40		00:48:32	00:48:10	
1049	454	ORLANDO M M CRUZ	M	64		00:48:32	00:48:03	
1050	2515	MANUEL JOAQUIM DA SILVA DIAS	M	46		00:48:33	00:47:35	
1051	3572	JOSE CRUZ	M	52		00:48:33	00:47:37	
1052	219	JORGE ATALAIA	M	32		00:48:33	00:47:40	GD BANCO BPI
1053	4672	LUIS FRANCO	M	38		00:48:34	00:48:16	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1054	442	PEDRO PAIVA	M	26		00:48:34	00:47:44	
1055	3906	SÉRGIO GOMES	M	24		00:48:34	00:47:29	
1056	4026	FILIPPE RIBEIRO	M	39		00:48:35	00:47:12	
1057	961	ANTÓNIO NICOLAU	M	54		00:48:35	00:47:12	
1058	770	MANUEL BAPTISTA	M	64		00:48:35	00:48:09	ASSOCIAÇÃO DE ATLETISMO LEBRES
1059	3535	LUIS MACHADO	M	45		00:48:35	00:47:46	GD IN CASA MOEDA
1060	2509	PAULO COSTA	M	34		00:48:36	00:47:38	
1061	2815	ARMINDO CAIXINHA	M	49		00:48:36	00:47:36	
1062	3772	FRANCISCO QUITÉRIO	M	46		00:48:36	00:47:50	
1063	1285	CARLOS PINTO CRAVEIRA	M	42		00:48:37	00:47:57	AC TEAM
1064	753	JOAO SIMOES	M	51		00:48:38	00:48:11	CLUBE GRUPO BES
1065	349	JOAO PARREIRA	M	34		00:48:38	00:46:58	N SPORTINGUISTA LOURES
1066	2816	HONORATO MOURA	M	33		00:48:38	00:48:32	CCD METROLISBOA
1067	4128	NUNO SALGUEIRO ANTUNES	M	39		00:48:39	00:48:15	
1068	3729	JOSE RODRIGUES	M	37		00:48:39	00:47:35	
1069	408	JOAO D B FERNANDES	M	40		00:48:40	00:48:21	
1070	2809	ALEXANDRE VAZ	M	37		00:48:41	00:47:08	
1071	3387	TIAGO CANHOTO	M	41		00:48:41	00:48:41	CANHOTO
1072	39	MIGUEL P P T MATOS	M	43		00:48:42	00:47:43	TRANQUILIDADE
1073	1778	PAULO RODRIGUES	M	38		00:48:42	00:48:09	
1074	2304	ANA LOPES	F	36		00:48:46	00:48:13	AÇOREANA CLUBE BANIF
1075	3935	ABILIO TAVRES	M	58		00:48:46	00:48:24	
1076	3510	PEDRO LUCIANO DE SÁ SILVEIRA	M	38		00:48:46	00:47:35	
1077	2782	JOÃO MANUEL FERNANDES CARDOSO	M	37		00:48:46	00:47:28	
1078	1414	AUGUSTO FERREIRA	M	57		00:48:46	00:48:27	SIR-CONDUTAR
1079	1161	ALCIDES NUNES	M	55		00:48:47	00:48:15	OS PERIGOSOS
1080	2949	RUI LOURENÇO	M	44		00:48:48	00:47:37	
1081	1509	JOSÉ FARIA	M	44		00:48:48	00:47:40	
1082	2387	GONÇALO SOUSA	M	42		00:48:48	00:47:52	
1083	217	PEDRO BARRELA	M	41		00:48:49	00:47:56	GD BANCO BPI
1084	1258	ANTONIO JOAQUIM FERREIRA CORDEIRO	M	40		00:48:50	00:47:41	
1085	1923	JACINTO PEREIRA	M	56		00:48:50	00:47:37	LIS RUNNING LINDA-A-VELHA
1086	402	MARIO A S CONCEIÇÃO	M	53		00:48:50	00:47:51	
1087	1528	PEDRO SANTOS	M	39		00:48:51	00:47:55	
1088	3564	JOÃO PEREIRA	M	51		00:48:51	00:48:16	
1089	2987	ANTÓNIO FERREIRA	M	41		00:48:51	00:48:25	
1090	1537	PAULO BARREIROS	M	45		00:48:51	00:47:38	
1091	1223	ANDRÉ PEREIRA	M	28		00:48:52	00:46:40	
1092	3034	BRUNO GIRAO	M	38		00:48:52	00:48:04	GD SANTANDER TOTTA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1093	674	NUNO MARINZE	M	37		00:48:54	00:47:43	
1094	2327	ACÚRCIO MARIA	M	42		00:48:55	00:48:16	
1095	4875	SUSANA ALMEIDA	F	43		00:48:55	00:47:43	GARMIN CO OEIRAS
1096	2270	ALBERTO ARAUJO	M	40		00:48:55	00:48:51	RB RUNNING/CARTAXEIRO
1097	2606	ANTONIO FERREIRA	M	54		00:48:56	00:48:14	
1098	1496	PEDRO DELGADO	M	39		00:48:56	00:47:49	
1099	3524	JOSE LIBERATO	M	37		00:48:56	00:48:07	GD IN CASA MOEDA
1100	4651	RUI FEIO	M	49		00:48:57	00:48:33	
1101	2165	ANTÓNIO LISBOA	M	52		00:48:58	00:47:37	
1102	2269	CARLOS ANSELMO	M	43		00:48:58	00:47:43	RB RUNNING/CARTAXEIRO
1103	1174	JOAO M LEITAO	M	43		00:48:59	00:47:51	AMINHACORRIDA/TOTALSTOR
1104	1131	CLAUDIO NEVES	M	40		00:48:59	00:48:43	C.C.R.D.BURINHOSA
1105	4839	RUI DE CARVALHO	M	51		00:48:59	00:48:40	
1106	4278	FILIPE PINTO	M	28		00:48:59	00:47:38	GD SANTANDER TOTTA
1107	1564	SARA LOUREIRO	F	25		00:48:59	00:48:49	SC CASAINHOS
1108	744	LUÍS S CARITA	M	45		00:49:00	00:48:12	
1109	1826	JOSE C GASPAR	M	54		00:49:01	00:48:40	SS MONTEPIO GERAL
1110	2409	PEDRO PELEJA	M	40		00:49:01	00:48:15	ORFF
1111	3348	CARLOS MONTEIRO	M	45		00:49:02	00:48:25	
1112	3864	FERNANDO CONCEIÇÃO	M	44		00:49:02	00:47:56	
1113	2226	NUNO ALMEIDA	M	37		00:49:02	00:48:00	
1114	5049	BRUNO FERREIRA	M	38		00:49:02	00:48:16	
1115	4009	JOÃO CARDOSO	M	39		00:49:02	00:47:22	
1116	3191	CARLOS COSTA	M	39		00:49:03	00:48:21	
1117	1459	RUI EDGAR PINHEIRO DA SILVA	M	33		00:49:03	00:48:38	
1118	1832	DANIEL FITAS	M	29		00:49:03	00:48:17	
1119	1529	TERESA SANTOS	F	37		00:49:04	00:48:09	
1120	841	JOSE GUIA	M	64		00:49:04	00:47:33	SS CGD
1121	4650	ANGELO FEIO	M	18		00:49:04	00:48:38	
1122	1694	LEONEL PIRES	M	69		00:49:04	00:48:01	GREEN LIONS
1123	890	JOSE ANTÓNIO CAPUCHO GIDINHO	M	53		00:49:04	00:47:33	OS PAPA-FIGOS
1124	959	ANTÓNIO PALMEIRA	M	38		00:49:04	00:47:24	CLUBE DESPORTIVO RIBEIRENSE
1125	1999	ADRIANO LUZ	M	25		00:49:05	00:46:35	NÚCLEO SPORTINGUISTA DE SINES
1126	3892	JOÃO MONTEIRO	M	45		00:49:05	00:48:36	
1127	4540	ANA DIAS	F	41		00:49:05	00:48:00	
1128	4948	JOÃO FREIRE DE ANDRADE	M	76		00:49:05	00:48:51	
1129	4459	PEDRO CAETANO	M	41		00:49:05	00:48:02	
1130	3032	RICARDO DIAS	M	40		00:49:05	00:47:58	SS MONTEPIO GERAL
1131	3433	JOÃO PAULO SANTOS SILVA	M	35		00:49:05	00:47:45	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1132	1540	NUNO ALEXANDRE VAZ MIGUEL	M	41		00:49:06	00:48:31	
1133	3349	ROBERTO AGOSTINHO	M	40		00:49:06	00:48:09	
1134	2001	LUÍS CARDOSO	M	41		00:49:06	00:48:42	PAPA LÉGUAS
1135	1803	TIAGO OLIVEIRA	M	31		00:49:06	00:48:45	
1136	2454	CARLOS MANUEL VENÂNCIO	M	52		00:49:07	00:48:38	CLUBE COLABORADORES AXA
1137	1800	PEDRO PIRES	M	48		00:49:07	00:47:36	
1138	1801	NUNO OLIVEIRA	M	36		00:49:07	00:48:46	
1139	4225	JOÃO REIS	M	43		00:49:07	00:48:12	POPAPNEUS
1140	5007	CARLOS MAGALHÃES	M	44		00:49:08	00:48:48	LXL
1141	89	NUNO P S FORTE	M	40		00:49:08	00:46:05	A BOLA
1142	1467	MIGUEL CHAVES	M	43		00:49:08	00:48:54	
1143	2737	JOÃO DIOGO	M	51		00:49:08	00:48:13	
1144	2285	JOSÉ CARRETAS	M	48		00:49:08	00:48:58	
1145	2896	JORGE BICHO	M	54		00:49:09	00:47:58	
1146	2434	ÉLIO FIGUEIREDO	M	27		00:49:09	00:46:21	OS ANDARILHOS
1147	4828	VASCO OLIVEIRA	M	52		00:49:09	00:47:51	
1148	1877	RUI PARENTE	M	27		00:49:09	00:48:14	
1149	845	CRISTIANO MARQUES	M	41		00:49:10	00:49:00	
1150	4938	TIAGO TAVARES	M	33		00:49:10	00:48:22	
1151	1748	VINCENT JOSÉ CHAMUSQUEIRO QUERÉ	M	26		00:49:10	00:47:22	PERNETAS
1152	4710	NUNO OLIVEIRA	M	35		00:49:10	00:48:29	
1153	1931	TIAGO TEODORO	M	30		00:49:11	00:48:13	AUTO JACINTO
1154	3734	NUNO BAIXINHO	M	38		00:49:11	00:48:35	
1155	1152	LUIS PEREIRA	M	52		00:49:12	00:48:56	PUMAS DO GUINCHO
1156	807	JORGE MORGADO	M	52		00:49:12	00:48:51	SS CGD
1157	3363	JAIME DA COSTA	M	43		00:49:13	00:45:35	OS AMIGOS DA CORRIDA
1158	105	JOAO R REIS	M	62		00:49:13	00:48:35	
1159	825	JOÃO PEDRO BRETES MENEZES CARIA	M	19		00:49:13	00:49:00	
1160	2429	BRUNO CAMPOS	M	30		00:49:14	00:47:50	CCD AUT ALMADA
1161	962	AMILCAR ALMEIDA	M	50		00:49:14	00:48:06	
1162	1344	RICARDO ROSA	M	32		00:49:14	00:48:40	
1163	4401	CARLA SOFIA G. MARTINS CARMONA	F	34		00:49:15	00:48:27	FAMILIA MARTINS
1164	1416	JOSÉ PERES	M	19		00:49:16	00:48:27	
1165	4028	PAULO TRILHO	M	38		00:49:17	00:48:39	
1166	2236	PAULO PATATAS	M	34		00:49:17	00:48:33	
1167	1679	PEDRO GASPAR	M	44		00:49:18	00:47:48	
1168	4094	NUNO SIMAO ANTUNES	M	39		00:49:19	00:48:14	
1169	1769	PEDRO MENDES	M	39		00:49:20	00:48:37	TOCA DO LEÃO
1170	102	JOSE CECILIO	M	40		00:49:20	00:48:01	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1171	164	LUIS M D C MARTINS	M	53		00:49:20	00:49:00	
1172	3916	NUNO AFONSO	M	41		00:49:20	00:48:24	VALADARES
1173	1688	GONÇALO LOPES	M	39		00:49:21	00:48:38	TOCA DO LEÃO
1174	3917	SUSANA DURO	F	36		00:49:21	00:48:27	VALADARES
1175	1407	JOSÉ MACHADO	M	51		00:49:21	00:48:51	SIR-CONDUTAR
1176	977	PAULO S GOMES	M	26		00:49:21	00:46:52	G. D. PORTO DE SINES
1177	4025	RODRIGO	M	44		00:49:21	00:48:00	
1178	4177	LUIS CAETANO	M	52		00:49:21	00:47:59	LEÕES DE ALMADA
1179	896	JOSÉ ANTÓNIO SILVA	M	41		00:49:21	00:48:22	
1180	3503	RICARDO FIGUEIRA	M	27		00:49:21	00:48:20	
1181	1926	VICTOR MANUEL BATISTA E SILVA	M	48		00:49:22	00:47:09	
1182	1735	RUI SA	M	32		00:49:22	00:48:55	
1183	1961	TIAGO GUERREIRO	M	24		00:49:22	00:46:50	NÚCLEO SPORTINGUISTA DE SINES
1184	3717	AUGUSTO CARIA	M	61		00:49:22	00:49:09	INDIVIDUAL
1185	1692	MIGUEL SANTOS	M	35		00:49:22	00:48:37	TOCA DO LEÃO
1186	3096	HELDER ALEXANDRE CAETANO VERÇAS MENDES	M	37		00:49:22	00:49:10	SCALABIS NIGHT RUNNERS
1187	887	CARLOS PARENTE RODRIGUES	M	56		00:49:22	00:48:38	CLUBE EDP LISBOA
1188	3220	ANTONIO SOUSA	M	32		00:49:23	00:48:08	SS MONTEPIO GERAL
1189	898	ALBERTO JORGE SILVA	M	34		00:49:23	00:48:24	
1190	1691	MIGUEL MARTINS	M	35		00:49:23	00:48:40	TOCA DO LEÃO
1191	767	JOAQUIM VARANDA	M	51		00:49:24	00:48:46	OS BRAVOS
1192	430	ANTONIO A COUTINHO	M	40		00:49:24	00:49:10	
1193	3180	NUNO SILVESTRE	M	36		00:49:24	00:48:28	JOBRINDE-MONTES SALOIOS
1194	897	LUÍS MANUEL SILVA	M	38		00:49:24	00:49:24	
1195	4049	MANUEL GARRINHAS	M	54		00:49:25	00:49:00	
1196	3867	BRUNO ROXO	M	37		00:49:25	00:47:57	
1197	1350	JORGE DINIS	M	26		00:49:25	00:48:28	
1198	4977	JOÃO SILVA	M	26		00:49:25	00:48:40	
1199	2565	CARLOS PINTO DE ABREU	M	46		00:49:26	00:49:09	
1200	2179	ANTONIO RAMOS	M	43		00:49:27	00:48:48	C MILLENINUM BCP
1201	4867	ANTÓNIO ALVES	M	20		00:49:27	00:49:12	
1202	4217	HELDER MENDES	M	38		00:49:27	00:49:05	
1203	3769	FREDERICO COSTA	M	29		00:49:28	00:48:43	
1204	1777	RODRIGO DUARTE	M	19		00:49:29	00:48:55	
1205	4115	PAULO BRANCO	M	39		00:49:29	00:48:00	
1206	829	ALVARO FURTADO	M	54		00:49:29	00:47:49	SS CGD
1207	2237	JOAO MACEDO	M	47		00:49:29	00:48:49	
1208	383	HENRIQUE M B MENDES	M	72		00:49:30	00:47:12	
1209	4061	PEDRO	M	48		00:49:30	00:48:22	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1210	1788	LUÍS ALEXANDRE FARIA GOMES	M	28		00:49:30	00:46:56	
1211	4537	EMIDIO SANTOS	M	48		00:49:31	00:48:54	
1212	3536	NUNO GONÇALVES	M	38		00:49:31	00:48:35	GD IN CASA MOEDA
1213	1351	VITOR SERRA	M	25		00:49:31	00:48:34	
1214	3502	GONÇALO BASTOS	M	28		00:49:32	00:48:30	
1215	4918	ANDRÉ CYMBRON	M	34		00:49:32	00:48:59	
1216	3818	PEDRO AMARAL	M	39		00:49:32	00:49:01	
1217	1824	LUIS GASPAR	M	47		00:49:33	00:46:44	
1218	3999	SERGIO BORGES	M	41		00:49:33	00:48:57	NUCLEO DESPORTIVO AUTOCOOPE
1219	3276	FILIPPE ALMEIDA	M	32		00:49:33	00:48:34	
1220	4495	PAULO PINTO LUIS	M	44		00:49:35	00:49:14	
1221	3312	ANTONIO TRIGUEIRO	M	41		00:49:35	00:49:13	
1222	2299	MANUELMATOS	M	63		00:49:36	00:47:48	AD REAL ACADEMIA
1223	3930	PEDRO NISA	M	38		00:49:36	00:49:05	
1224	3218	GONÇALO NUNO DOS SANTOS LOPES PEREIRA	M	34		00:49:36	00:48:02	
1225	630	JORGE MATEUS	M	38		00:49:36	00:47:22	N SPORTINGUISTA V NOVAS
1226	1693	EDUARDO PINTO	M	29		00:49:37	00:49:19	
1227	3106	JORGE SOUSA	M	40		00:49:38	00:49:38	SS MONTEPIO GERAL
1228	178	JOAO LOBO	M	30		00:49:38	00:46:34	GRUPO MARADONA
1229	2943	DIOGO FILIPE MATOS RODRIGUES	M	31		00:49:38	00:49:20	
1230	4189	RUBEN COSTA	M	49		00:49:38	00:48:09	RUN 4 FUN
1231	3064	PAULO REAL MARTINS	M	43		00:49:39	00:48:29	
1232	4744	NELSON MIGUEL VIANA ENCARNACAO	M	36		00:49:39	00:48:39	
1233	1753	LUIS CHAMBEL	M	38		00:49:40	00:49:02	
1234	499	RICARDO L N GOMES	M	41		00:49:40	00:48:22	
1235	1676	NUNO ROMAO	M	45		00:49:40	00:48:49	GD INE
1236	4624	PEDRO MIGUEL PIRES DE CASTRO	M	43		00:49:41	00:48:38	
1237	311	GONÇALO A FERNANDES	M	38		00:49:41	00:47:33	
1238	4397	FERNANDO TRINO	M	52		00:49:41	00:49:28	
1239	4201	FERNANDO FERNANDES	M	52		00:49:42	00:49:16	APOGMA
1240	3471	ANDRÉ MARTINS	M	28		00:49:42	00:49:05	
1241	2013	PEDRO SA	M	41		00:49:42	00:47:30	C MILLENINUM BCP
1242	193	JOAO GANTRO	M	44		00:49:43	00:49:15	BRIGADA ULTRAS SPORTING
1243	1910	LUIS ROUSSADO	M	43		00:49:43	00:48:23	AUTO JACINTO
1244	1911	EDUARDO GRILO	M	46		00:49:43	00:48:24	AUTO JACINTO
1245	4488	CAROLINA FELIZ	F	54		00:49:43	00:49:21	UNIÃO FCI DE TOMAR
1246	4149	JORGE CARREIRAS	M	47		00:49:44	00:48:21	
1247	312	FERNANDO G LOUREIRO	M	18		00:49:44	00:49:44	
1248	308	JOANA G LOUREIRO	F	22		00:49:44	00:49:44	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1249	2456	ANTÓNIO MANUEL DOMINGOS	M	47		00:49:45	00:47:41	CLUBE COLABORADORES AXA
1250	3376	LUÍS ISIDORO	M	30		00:49:45	00:49:22	
1251	4866	RITA MANSO	F	42		00:49:45	00:49:29	
1252	1305	FERNANDA GIL	F	44		00:49:45	00:49:12	CDUL CENTRO DESP UNIV LISBOA
1253	4206	NUNO SANTOS	M	46		00:49:45	00:49:15	
1254	4413	CARLA JARDIM	F	41		00:49:46	00:49:12	AMIGOS ATLETISMO MAFRA
1255	3182	RUBEN COELHO	M	22		00:49:46	00:46:37	SEMP´ABRIR
1256	3798	EURICO CONDUTO	M	30		00:49:46	00:48:07	
1257	3678	ROMEU MOURA	M	36		00:49:46	00:47:17	
1258	3394	ANTONIO SOUSA	M	43		00:49:47	00:49:37	
1259	2308	DUARTE NOBRE	M	21		00:49:47	00:47:53	
1260	3389	JOSÉ CANHOTO	M	41		00:49:47	00:48:28	CANHOTO
1261	313	MIGUEL D O M SILVA	M	18		00:49:47	00:49:47	
1262	687	JOAO E T SILVA	M	25		00:49:48	00:47:52	
1263	1042	SÓNIA FREIRE	F	34		00:49:49	00:49:14	ASAS NOS PÉS
1264	1320	JOAQUIM FRANCISCO	M	59		00:49:49	00:48:45	
1265	728	RICARDO MARTINS	M	19		00:49:50	00:48:14	PÉ DESCALÇO
1266	4056	FRANCISCO SILVA	M	53		00:49:50	00:48:32	FALCÕES SELVAGENS
1267	4015	MIGUEL MAMEDE	M	25		00:49:51	00:48:28	
1268	1014	NÉLIO MACEDO	M	47		00:49:51	00:49:51	C.C.R.D.BURINHOSA
1269	4233	JOAO BANDARRINHA	M	50		00:49:52	00:48:41	
1270	4273	LUCIO SILVA	M	47		00:49:52	00:49:12	GD SANTANDER TOTTA
1271	819	PEDRO SEQUEIRA	M	46		00:49:52	00:49:10	SS CGD
1272	1386	RICARDO CEBOLA	M	30		00:49:53	00:49:50	UNIDOS DA MANUTENÇÃO
1273	1922	LUIS ALMEIDA	M	52		00:49:54	00:48:42	LIS RUNNING LINDA-A-VELHA
1274	3299	MÁRIO JORGE SILVA	M	53		00:49:54	00:48:28	GEORRUNERS
1275	4276	MANUEL ROBALO	M	67		00:49:55	00:49:09	GD SANTANDER TOTTA
1276	656	NUNO PIMENTEL	M	39		00:49:55	00:47:09	N SPORTINGUISTA C MAFRA
1277	1034	JORGE GONÇALVES	M	28		00:49:55	00:46:52	
1278	937	ANTÓNIO BOLRA	M	68		00:49:55	00:49:38	
1279	1261	TIAGO CORREIA	M	32		00:49:55	00:48:46	
1280	1895	CARLOS LUÍS CONCEIÇÃO NITA	M	43		00:49:56	00:49:04	
1281	4174	JOÃO PEDRO VINTÉM	M	43		00:49:56	00:48:53	
1282	4093	PAULO ANDRADE DA SILVA	M	48		00:49:56	00:49:22	
1283	2539	PEDRO SERRA	M	37		00:49:56	00:48:54	
1284	4361	VASCO GOMES	M	37		00:49:57	00:49:25	
1285	1376	NELSON GONÇALVES ALVES	M	30		00:49:57	00:49:41	
1286	631	FILIPE LOURENÇO	M	36		00:49:57	00:47:43	N SPORTINGUISTA V NOVAS
1287	2235	JOSÉ FERNANDO A. FERREIRA VIAIS	M	55		00:49:57	00:49:47	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1288	4880	ADRIANO	M	59		00:49:58	00:49:10	
1289	3945	MARIO GONÇALVES	M	48		00:49:58	00:49:20	CCD METROLISBOA
1290	958	GONÇALO NASCIMENTO RODRIGUES	M	39		00:49:58	00:48:54	
1291	5023	JOÃO SIMÕES	M	34		00:49:58	00:48:35	PT RUNNER CLUB
1292	1712	NUNO VALENÇA	M	39		00:49:58	00:49:12	LICRA WALKERS, NOW RUNNING
1293	3470	JORGE RODRIGUES	M	35		00:49:58	00:48:37	PT RUNNER CLUB
1294	4726	DUARTE CARVALHO	M	19		00:49:59	00:49:30	ZIGGYPEX
1295	1035	MANUEL MEXIA	M	48		00:49:59	00:46:56	
1296	1978	ANTONIO BATISTA	M	66		00:49:59	00:49:20	OS AMIGOS DO ESTRELA
1297	1762	PAULO REIS	M	33		00:50:00	00:48:42	RUN-VOLUTION TEAM
1298	835	VASCO ALPALHÃO	M	43		00:50:00	00:48:31	ALPALHAO
1299	1207	OCTÁVIO FERRO	M	48		00:50:00	00:49:48	
1300	3366	HUMBERTO LUZ	M	43		00:50:01	00:46:23	OS AMIGOS DA CORRIDA
1301	2335	BRUNO LOUREIRO	M	39		00:50:01	00:47:14	
1302	2623	JOÃO MARQUES	M	39		00:50:02	00:48:35	AFO
1303	1485	NUNO FREDERICO DUARTE	M	42		00:50:02	00:49:51	
1304	1736	CARLOS VERISSIMO	M	39		00:50:02	00:49:47	FALCÕES SELVAGENS
1305	3987	NUNO ALVES	M	60		00:50:03	00:49:24	
1306	612	BRUNO VILARINHO	M	36		00:50:04	00:49:38	OS VILARINHOS
1307	4232	EDGAR DAVID	M	52		00:50:04	00:48:54	
1308	194	RUI GOMES	M	31		00:50:05	00:48:50	BRIGADA ULTRAS SPORTING
1309	4090	JOSÉ BONITO	M	43		00:50:06	00:49:39	
1310	627	JOAO FRADE	M	33		00:50:06	00:50:06	N SPORTINGUISTA V NOVAS
1311	2783	MÁRIO RUI NUNES MATEUS	M	45		00:50:06	00:48:37	
1312	3740	FRANCISCO MANUEL CARDADEIRO DIAS	M	36		00:50:07	00:47:29	
1313	2424	JOSE NEVES	M	51		00:50:07	00:48:52	CCD AUT ALMADA
1314	4165	RICARDO LUÍS	M	37		00:50:07	00:49:49	
1315	1559	RICARDO DUQUE LOPES	M	33		00:50:07	00:49:46	CORRE@CORRER
1316	3728	FILIPE PEIXE	M	38		00:50:08	00:48:54	CCC MADURAGEM
1317	3716	TIAGO PEIXE	M	34		00:50:08	00:48:54	CCC MADURAGEM
1318	2069	BRUNO COELHO	M	28		00:50:08	00:49:58	
1319	3610	NUNO ANASTÁCIO	M	34		00:50:08	00:49:26	CCD SINTRENSE
1320	4560	PEDRO GOUVEIA	M	38		00:50:09	00:49:10	
1321	2787	DUARTE CARDOSO	M	20		00:50:09	00:49:40	LEÕES DA ACADEMIA
1322	892	NUNO MIGUEL LOPES GODINHO	M	19		00:50:09	00:48:41	OS PAPA-FIGOS
1323	5031	DANIEL AZEVEDO PORTELA	M	30		00:50:09	00:49:59	
1324	1408	RICARDO MACHADO	M	18		00:50:10	00:49:40	SIR-CONDUTAR
1325	1159	JOSÉ BELCHIOR	M	61		00:50:10	00:49:38	OS PERIGOSOS
1326	2822	LUIS CAMARATE	M	36		00:50:10	00:48:42	LAGARTOS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1327	4302	LINO OLIVEIRA	M	68		00:50:11	00:49:44	GD SANTANDER TOTTA
1328	2763	ISABEL RODRIGUES	F	42		00:50:11	00:48:53	GARMIN CO OEIRAS
1329	4879	CARLOS BEITES	M	31		00:50:11	00:49:48	
1330	822	NUNO FILIPE NUNES FEIO	M	35		00:50:11	00:49:00	
1331	2135	DIOGO BREHM	M	20		00:50:12	00:46:48	
1332	2410	JOSÉ VIANA	M	38		00:50:12	00:49:26	ORFF
1333	3963	GONÇALO MINDERICO	M	40		00:50:12	00:47:56	
1334	4039	TOMÁS CAROÇO	M	18		00:50:12	00:50:12	H TECNIC
1335	2612	JOSÉ CALHA	M	64		00:50:13	00:49:22	
1336	4888	TOMÁS SOUSA	M	37		00:50:14	00:49:32	OS SUPER
1337	826	RGIDIO SILVA	M	49		00:50:14	00:49:58	SS CGD
1338	3909	JORGE FERREIRA	M	25		00:50:14	00:49:10	
1339	2134	MIGUEL ANES SOARES	M	19		00:50:14	00:46:49	
1340	316	MIGUEL A SILVA	M	39		00:50:15	00:50:04	
1341	1133	LUÍS PEDRO DA SILVA PIRES	M	37		00:50:15	00:48:58	
1342	526	ANA F S FERREIRA	F	29		00:50:16	00:48:53	
1343	3242	PAULO SALSA	M	35		00:50:16	00:49:38	
1344	376	JOSE V L SOUSA	M	61		00:50:17	00:50:06	
1345	683	APOLO J D PEREIRA	M	44		00:50:17	00:49:38	
1346	3228	ADRIANO PIMENTEL	M	31		00:50:18	00:49:48	CARACÓIS DE PEDRA
1347	4927	PEDRO MIGUEL NOBRE MARQUES	M	35		00:50:18	00:48:03	
1348	2195	ANTONIO SANTOS	M	54		00:50:18	00:49:43	C MILLENINUM BCP
1349	4905	TIAGO NEVES	M	23		00:50:18	00:48:52	
1350	1678	MIGUEL P BASTOS	M	48		00:50:19	00:49:04	GD INE
1351	1574	JOAO SERRA	M	41		00:50:19	00:49:48	AÇOREANA CLUBE BANIF
1352	566	LUIS M P CUNHA	M	40		00:50:19	00:48:55	
1353	495	PEDRO M AMORIM	M	50		00:50:19	00:48:49	
1354	2021	NUNO PEREIRA	M	42		00:50:20	00:48:07	C MILLENINUM BCP
1355	2878	JC MORAIS	M	23		00:50:20	00:48:55	GRUPO DESPORTIVO SERVICONTABIL
1356	4984	JOÃO MARTINS	M	33		00:50:20	00:49:59	
1357	1507	MIGUEL FERREIRA	M	38		00:50:21	00:48:49	
1358	180	LUIS F F FIGUEIREDO	M	51		00:50:21	00:49:23	
1359	4730	RICARDO MARQUES	M	25		00:50:21	00:48:57	
1360	182	PAULO M SANTOS	M	41		00:50:21	00:49:26	
1361	2689	MÁRIO CLAUDIO	M	37		00:50:21	00:47:49	
1362	1484	FREDERICO WIBORG	M	42		00:50:22	00:49:23	VFF 1896
1363	4808	DIOGO JARDIM	M	50		00:50:22	00:49:08	
1364	2228	DAVIDE INÁCIO	M	41		00:50:22	00:49:19	
1365	3430	HELDER ROMANO	M	48		00:50:23	00:49:23	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1366	3877	FERNANDO DUARTE	M	47		00:50:23	00:49:33	DANATUR
1367	2851	OCTÁVIO CUNHA	M	24		00:50:25	00:49:20	
1368	3006	JOEL NUNES	M	30		00:50:25	00:47:04	
1369	147	JAIME G MESTRE	M	43		00:50:25	00:49:45	
1370	2302	RUI ALVES	M	39		00:50:25	00:50:11	
1371	3134	JOAO CONSTANTINO	F	38		00:50:25	00:49:21	
1372	4400	JOSÉ MARIANO	M	46		00:50:26	00:49:36	
1373	1387	JOÃO MORGADO	M	44		00:50:27	00:49:28	RAIL RUNNERS
1374	3802	ANA AMARO	F	39		00:50:27	00:49:16	CD ASAS DO MILÉNium
1375	852	TELMO CARREIRA	M	30		00:50:27	00:49:17	
1376	1380	MIGUEL BARBOSA	M	59		00:50:28	00:50:18	UNIDOS DA MANUTENÇÃO
1377	1721	MIGUEL FERNANDES	M	39		00:50:28	00:49:34	GENERAL CABLE CELCAT
1378	1881	RUI AMARAL PINTO	M	61		00:50:29	00:50:00	
1379	3686	MIGUEL CASTELA	M	42		00:50:29	00:48:18	ASSOCIAÇÃO DE ATLETISMO LEBRES
1380	951	LUIS CUSTODIO	M	18		00:50:29	00:47:09	CLUBE DESPORTIVO RIBEIRENSE
1381	1358	ANTÓNIO BAPTISTA	M	47		00:50:29	00:49:50	PELEGAS
1382	1796	MIGUEL CARVALHO	M	18		00:50:29	00:49:07	FALCÕES SELVAGENS
1383	3860	LUIS PARRO	M	52		00:50:30	00:49:47	GARMIN CO OEIRAS
1384	1760	GUILHERME PACHECO	M	26		00:50:30	00:49:12	RUN-VOLUTION TEAM
1385	3704	JOÃO MENDES	M	42		00:50:30	00:50:07	
1386	3225	JOSÉ COELHO	M	28		00:50:30	00:50:18	GL HF
1387	1764	EDUARDO PINTO	M	32		00:50:31	00:49:12	RUN-VOLUTION TEAM
1388	4452	ANDRÉ MENDONÇA	M	30		00:50:31	00:49:07	
1389	1909	NUNO RAFAEL	M	33		00:50:32	00:49:13	AUTO JACINTO
1390	1719	ANTÓNIO NASCIMENTO	M	39		00:50:32	00:49:37	GENERAL CABLE CELCAT
1391	1138	FERNANDO OLIVEIRA	M	46		00:50:32	00:50:09	
1392	811	NUNO COSTA	M	39		00:50:32	00:48:48	SS CGD
1393	3457	VALTER JORGE FILIPE REIS	M	35		00:50:33	00:49:54	
1394	2277	LUIS MARQUES	M	54		00:50:33	00:50:00	RB RUNNING/CARTAXEIRO
1395	3469	MARIO GAMITO	M	39		00:50:33	00:50:07	
1396	3089	TEODORO TRINDADE	M	52		00:50:34	00:49:05	RUN 4 FUN
1397	636	RAUL COSTA	M	53		00:50:34	00:48:31	
1398	3859	JOSE CATITA	M	55		00:50:34	00:50:15	GARMIN CO OEIRAS
1399	1440	PAULO GONÇALVES	M	41		00:50:35	00:49:02	
1400	886	PEDRO ALMEIDA	M	54		00:50:35	00:49:07	
1401	2294	MANUELRODRIGUES	M	52		00:50:36	00:49:13	AD REAL ACADEMIA
1402	3403	JOSE MIGUEL CARVALHO NUNES	M	34		00:50:36	00:48:36	
1403	732	GABRIEL COSTA	M	18		00:50:37	00:49:06	
1404	1643	CARLOS DIAS	M	54		00:50:38	00:49:57	GD INE

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1405	2133	MARCOS FAUSTINO	M	56		00:50:38	00:50:14	C.A. AMIGOS PARQUE DA PAZ
1406	3919	ARMADO LEANDRO	M	29		00:50:39	00:49:37	SEGURA-TE LURDES
1407	1314	ANGELO FERNANDES	M	40		00:50:39	00:49:59	
1408	1745	HUGO ANDRÉ SOUSA MATIAS	M	24		00:50:39	00:48:52	PERNETAS
1409	2579	NELSON AMARANTO VICTÓRIA MONTEIRO	M	25		00:50:39	00:49:30	
1410	2166	LUIS NEVES	M	55		00:50:40	00:50:03	
1411	3073	DUARTE MATEUS	M	40		00:50:41	00:49:38	
1412	4745	MARCO PIRES	M	36		00:50:42	00:49:39	
1413	4930	JOAO NABAIS	M	29		00:50:42	00:50:02	
1414	346	RUI BORRALHO	M	40		00:50:42	00:49:21	GDC BANCO PORTUGAL
1415	3424	RICHARD WARRELL	M	38		00:50:43	00:49:36	
1416	2365	LUIS TIAGO DE ALMEIDA CARDOSO	M	40		00:50:43	00:49:30	
1417	1766	DAVID SILVA	M	35		00:50:44	00:50:00	TOCA DO LEÃO
1418	3325	NUNO ENES	M	27		00:50:44	00:50:23	WIKABOO
1419	4897	ANTONIO CARDOSO	M	47		00:50:44	00:48:51	
1420	1738	PAULO ALMEIDA	M	38		00:50:45	00:50:09	
1421	4068	AGOSTINHO MATIAS	M	39		00:50:45	00:50:45	EQUIPA 6:30
1422	2459	JORGE FIGUEIRA	M	37		00:50:46	00:47:52	CLUBE COLABORADORES AXA
1423	2191	CARLOS RAMOS	M	47		00:50:47	00:47:59	C MILLENINUM BCP
1424	3541	MARCELINO ALMEIDA	M	51		00:50:47	00:50:36	
1425	1829	PAULO FERNANDES	M	27		00:50:49	00:46:47	EXNFSC
1426	3869	VANESSA VARANDAS	F	20		00:50:49	00:50:30	
1427	1901	MIGUEL SANTOS	M	41		00:50:49	00:49:27	
1428	4426	NUNO MIGUEL	M	40		00:50:49	00:49:19	
1429	2708	PEDRO LUCAS	M	35		00:50:50	00:50:43	
1430	4435	PAULO SANTOS	M	38		00:50:50	00:48:57	
1431	3641	JOSE GUERREIRO	M	56		00:50:51	00:49:18	SS MONTEPIO GERAL
1432	1993	JOÃO NUNES	M	49		00:50:51	00:49:59	OS AMIGOS DO ATLETISMO DE AVIS
1433	846	JOSE NOGUEIRA	M	52		00:50:52	00:50:19	
1434	1662	NEVES SILVA	M	60		00:50:53	00:50:05	C FERROV PORTUGAL
1435	4807	JOSÉ PEDRO RIBEIRO	M	33		00:50:53	00:48:04	
1436	4461	ANTÓNIO SALGUEIRO	M	43		00:50:54	00:49:50	
1437	4518	JOÃO GONÇALVES	M	26		00:50:56	00:48:08	
1438	3836	ARLINDO MANUEL LOPES SALGUEIRO	M	51		00:50:56	00:50:56	
1439	3176	TIAGO CARVALHO	M	28		00:50:56	00:50:03	
1440	2841	MONICA PAREDES	F	35		00:50:56	00:50:56	WIKABOO
1441	703	HUGO G A FERNANDES	M	32		00:50:57	00:49:45	
1442	3284	FILIPPE NEVES	M	38		00:50:57	00:49:47	WIKABOO
1443	1667	CLAUDIO GONCALVES	M	31		00:50:57	00:49:50	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1444	679	JOAO P S BORGES	M	27		00:50:57	00:49:50	
1445	797	MIGUEL PARDAL	M	47		00:50:57	00:49:33	PARDAIS
1446	2600	FREDERICO MARCELINO	M	33		00:50:58	00:49:32	
1447	2968	GONALO ZAGALO	M	38		00:50:58	00:49:35	PERNAS DE GAFANHOTO
1448	3319	PEDRO SANTOS	M	37		00:50:59	00:49:52	SS CGD
1449	899	HENRIQUE FERREIRA	M	42		00:50:59	00:49:45	U.R.D.ARRANHÒ
1450	2477	MARCO RODRIGUES	M	34		00:51:00	00:49:31	GDCT UNICRE
1451	3202	MARIA COTRIM	F	22		00:51:00	00:49:43	SCALABIS NIGHT RUNNERS
1452	136	FILIPE MARQUES	M	28		00:51:00	00:50:22	
1453	712	SÉRGIO LOBATO	M	30		00:51:00	00:49:51	
1454	1591	RODOLFO RAPAZ	M	42		00:51:01	00:49:40	
1455	4126	DANIEL XAREPE	M	49		00:51:01	00:49:51	GD SANTANDER TOTTA
1456	1884	JOÃO GOULÃO	M	39		00:51:01	00:49:34	PARDAIS
1457	3948	ROGERIO SILVA	M	49		00:51:01	00:49:27	
1458	3456	NUNO BENTO	M	35		00:51:02	00:49:58	SEGURA-TE LURDES
1459	3448	NUNO MIGUEL COUTO MARTINS	M	36		00:51:02	00:50:12	
1460	552	AMERICO T G G ANTONIO	M	50		00:51:02	00:50:31	
1461	3929	EUCLIDES JUSTINO MENDES SOARES	M	24		00:51:02	00:49:14	
1462	4218	CARLOS COSTA	M	36		00:51:02	00:49:41	
1463	853	SÉRGIO FERREIRA	M	28		00:51:03	00:49:53	
1464	3050	BENTO QUARESMA	M	41		00:51:03	00:49:22	
1465	86	RICARDO J BATISTA	M	45		00:51:03	00:50:50	A BOLA
1466	2353	DAVID INFANTE	M	32		00:51:04	00:49:40	GARAGE TEAM
1467	1364	JOÃO RAIMUNDO	M	31		00:51:04	00:49:40	TARTARUGAS IMPARÁVEIS
1468	963	MILTON RODRIGUES	M	27		00:51:05	00:49:50	
1469	1501	FERNANDO CARVALHÃO	M	33		00:51:05	00:49:45	
1470	4498	ZÉ FALCATO	M	38		00:51:05	00:50:07	
1471	714	CARLOS ANJOS	M	38		00:51:05	00:50:01	
1472	4193	MARTA MORAIS SARAIVA DE ANDRAE	F	38		00:51:06	00:50:20	
1473	4569	PEDRO LARANJEIRA	M	45		00:51:06	00:49:31	
1474	4192	DANIEL RAMOS	M	36		00:51:07	00:50:21	
1475	2406	JOÃO PRELHAZ	M	36		00:51:08	00:49:58	
1476	4642	JOAO ROCHA	M	62		00:51:08	00:49:57	GD SANTANDER TOTTA
1477	4505	JOÃO DEUS	M	19		00:51:08	00:50:01	
1478	4376	JORGE LOURENO	M	47		00:51:09	00:50:15	A VALE SILENCIO
1479	3907	CLARA PIRES	F	24		00:51:09	00:50:04	
1480	4451	LUÍS ESCAPA	M	41		00:51:09	00:50:12	
1481	1245	RUI GAMEIRO	M	40		00:51:10	00:49:59	CLUBE GRUPO BES
1482	4421	LUIS GARÃO	M	46		00:51:10	00:50:41	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1483	965	DAVID ALEXANDRE DUARTE SIMÃO	M	43		00:51:10	00:48:29	SAUDESSPORTING
1484	3782	NOEMIA MONTEIRO	F	38		00:51:10	00:51:10	
1485	2255	ANTÓNIO MOTA	M	47		00:51:10	00:51:10	DHS
1486	3402	GONÇALO VIEIRA	M	42		00:51:11	00:49:49	GEORUNNERS
1487	3662	JOÃO BARREIRA	M	26		00:51:11	00:51:11	
1488	3444	FÁBIO VICTORINO	M	25		00:51:11	00:51:11	
1489	459	SORAIA GOMES	F	24		00:51:12	00:50:56	
1490	2311	JOSÉ FRANCISCO SÍTIMA	M	44		00:51:12	00:48:29	
1491	200	JOAO M M LEITE	M	28		00:51:12	00:49:30	
1492	2217	HERBERT BEAUMONT	M	53		00:51:12	00:50:37	BEAUMONT
1493	470	SEVERO MELO	M	53		00:51:13	00:49:09	MULTIRUNNERS
1494	133	VITOR VILHENA	M	28		00:51:14	00:50:36	
1495	253	HUGO F BARBOSA	M	33		00:51:14	00:50:23	
1496	1255	RICARDO FILIPE SANTOS GARCIA	M	39		00:51:14	00:50:24	
1497	3581	JORGE SELAVISA RODRIGUES	M	42		00:51:14	00:50:25	
1498	739	HUGO SANTOS	M	37		00:51:15	00:50:10	SEGURA-TE LURDES
1499	3504	ALBERTO SILVA	M	34		00:51:15	00:50:15	
1500	3627	RAUL INÁCIO	M	35		00:51:15	00:50:13	
1501	1254	JOÃO MENDONÇA	M	39		00:51:15	00:50:24	
1502	1397	FILIPE RODRIGUES	M	19		00:51:16	00:50:48	GRUP.DESP.CHELAS
1503	4923	RUI CUNHA	M	47		00:51:16	00:50:17	GD SANTANDER TOTTA
1504	1577	MARCO MALAGUERRA	M	43		00:51:16	00:50:48	AÇOREANA CLUBE BANIF
1505	999	RODRIGO FERREIRA SANTOS	M	40		00:51:17	00:51:03	
1506	2657	FERNANDO M GONÇALVES	M	45		00:51:17	00:49:45	
1507	4574	TIAGO MIRA	M	32		00:51:18	00:50:18	
1508	3689	ANDRÉ APARICIO	M	37		00:51:18	00:50:44	
1509	252	MASAYUKI KIBE	M	34		00:51:18	00:49:12	
1510	1107	GONÇALO SOARES	M	42		00:51:18	00:49:45	CLUBE GRUPO BES
1511	4313	MIGUEL FRAGOSO	M	23		00:51:19	00:47:18	
1512	3401	MÁRIO DUARTE	M	40		00:51:19	00:49:46	
1513	856	GABRIEL ANTONIO	M	49		00:51:20	00:50:08	U.R.D.ARRANHÒ
1514	4124	AUGUSTO LOPES	M	59		00:51:20	00:48:50	GD SANTANDER TOTTA
1515	2015	LUIS MONTEIRO	M	42		00:51:20	00:49:41	C MILLENINUM BCP
1516	1544	GONÇALO OLIVEIRA	M	51		00:51:21	00:49:29	GDCT UNICRE
1517	1253	FERNANDO NETO	M	64		00:51:22	00:51:11	UNIDOS DA MANUTENÇÃO
1518	3342	RILDO SOARES	M	43		00:51:23	00:49:40	MARIANO SOARES
1519	2223	MIGUEL CARTÓ	M	32		00:51:23	00:50:27	
1520	156	JOAQUIM M D PALMA	M	59		00:51:24	00:50:27	
1521	3068	RUI COSTA	M	27		00:51:24	00:50:09	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1522	2168	RICARDO ONOFRE	M	36		00:51:25	00:51:11	
1523	3550	FRANCISCO PEREIRA	M	20		00:51:25	00:49:54	
1524	2858	NUNO MARTINS	M	41		00:51:25	00:50:08	
1525	1508	ARMINDO LEITÃO NICOLAU	M	44		00:51:25	00:48:11	
1526	380	ARTUR M S GOMES	M	67		00:51:26	00:48:47	
1527	1636	LUIS REIS	M	58		00:51:26	00:50:49	GD INE
1528	657	BRUNO FONSECA	M	41		00:51:26	00:48:39	N SPORTINGUISTA C MAFRA
1529	655	MARCO MORAIS	F	37		00:51:26	00:48:40	N SPORTINGUISTA C MAFRA
1530	3294	RICARDO LEAL	M	44		00:51:26	00:49:59	GEORUNNERS
1531	1669	ALEXANDRE SANTOS	M	42		00:51:27	00:50:21	
1532	3715	ANTONIO FONSECA	M	44		00:51:27	00:50:23	
1533	3724	MOISES GARCIA	M	32		00:51:28	00:50:25	
1534	2309	PEDRO PINTO	M	53		00:51:28	00:49:34	
1535	810	LUIS QUENTAL	M	47		00:51:28	00:49:42	SS CGD
1536	1934	MANUEL PEREIRA	M	31		00:51:29	00:51:11	
1537	2292	ANTÓNIO NASAIS	M	64		00:51:29	00:50:42	JAZZY RUNNERS
1538	2656	RUI ROSA	M	26		00:51:30	00:49:39	AFO
1539	2950	ANTÓNIO LEITÃO AMARO	M	33		00:51:30	00:50:14	
1540	2601	HUGO LOPES	M	26		00:51:30	00:50:02	
1541	3809	JOSÉ FERRABELO	M	60		00:51:30	00:50:44	ASAS NOS PES
1542	3586	RICARDO JORGE AMARAL GOMES	M	36		00:51:31	00:50:41	
1543	1438	HUGO ANGELO	M	33		00:51:31	00:47:26	
1544	4656	JOÃO VASCO	M	46		00:51:31	00:50:33	
1545	2992	EDGAR GUILHOTO ALVES	M	20		00:51:32	00:51:21	
1546	1805	PEDRO MANUEL CALÇADA ROCHA DE OLIVEIRA	M	43		00:51:32	00:51:10	
1547	2396	JORGE SILVA	M	43		00:51:33	00:50:08	
1548	480	NUNO CHAMBINO	M	50		00:51:33	00:50:34	COÇA MICOSES
1549	3186	AVELINO VESTIAS	M	63		00:51:33	00:51:31	
1550	4720	BERNARDO PINTO-COELHO	M	35		00:51:33	00:50:41	
1551	455	PEDRO M R GONÇALVES	M	37		00:51:34	00:49:37	
1552	3080	BRUNO FERA	M	39		00:51:34	00:51:02	
1553	2704	BRUNO LOUÇÃO	M	32		00:51:34	00:49:23	SPEEDY
1554	287	JOAO JORGE	M	35		00:51:34	00:50:48	
1555	286	JOAQUIM B CONCEIÇÃO	M	35		00:51:34	00:50:50	
1556	391	ANTONIO F P GALHETO	M	65		00:51:36	00:49:02	
1557	4542	JOÃO SOARES	M	39		00:51:37	00:50:30	
1558	4037	JOÃO CORREIA AMORIM PEREIRA	M	53		00:51:37	00:50:30	
1559	831	CARLA PERALTA	F	37		00:51:37	00:49:45	
1560	3590	ARTUR GUERREIRO	M	36		00:51:37	00:50:39	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1561	1178	MIGUEL QUINTANILHA	M	37		00:51:38	00:50:20	AMINHACORRIDA/TOTALSTOR
1562	4122	PEDRO RODRIGUES	M	39		00:51:38	00:50:12	
1563	1113	JOSE GONÇALVES	M	48		00:51:38	00:51:15	CLUBE GRUPO BES
1564	3685	CECÍLIA NICOLAU	F	46		00:51:38	00:49:43	ASSOCIAÇÃO DE ATLETISMO LEBRES
1565	3008	JOSE DIAS	M	56		00:51:39	00:51:04	NUCLEO DESPORTIVO AUTOCOOPE
1566	3445	JOÃO CHAMBEL	M	28		00:51:39	00:50:52	FORÇA BRUTAL
1567	1570	FRANCISCO PASSOS	M	52		00:51:39	00:50:10	
1568	2486	PAULO ESPERANÇA	M	41		00:51:39	00:50:14	
1569	425	HUGO C SILVA	M	35		00:51:39	00:50:27	
1570	274	JOSE CARLOS	M	54		00:51:39	00:50:08	
1571	1938	NUNO GAMITO	M	35		00:51:39	00:50:50	G.D.R. SÃO FRANCISCO DA SERRA
1572	528	ULISSES F M R FRANCO	M	29		00:51:40	00:47:55	
1573	3415	BELINA RAPOSO	F	47		00:51:40	00:48:20	
1574	2673	TIAGO FREITAS	M	31		00:51:40	00:50:11	AFO
1575	2397	JOAQUIM FERNANDES	M	63		00:51:40	00:50:34	CCD AUT ALMADA
1576	979	ALBERTO SANTOS	M	59		00:51:41	00:50:40	
1577	785	MANUEL PAULO	M	56		00:51:41	00:50:02	ODEBRECHT/BPC
1578	4502	RUI MELO	M	41		00:51:42	00:50:35	
1579	3785	CARLOS CONCEIÇÃO	M	50		00:51:42	00:50:45	A SACAVENENSE
1580	2185	ANTONIO CORREIA	M	58		00:51:42	00:49:12	C MILLENINUM BCP
1581	839	PEDRO CLAUDIO	M	45		00:51:43	00:49:46	SS CGD
1582	3853	VÍTOR CANTO	M	43		00:51:43	00:50:16	
1583	1941	ANTÓNIO SIMÕES	M	49		00:51:43	00:50:54	G.D.R. SÃO FRANCISCO DA SERRA
1584	2658	JORGE SILVA	M	38		00:51:44	00:50:17	
1585	3517	RUI MANUEL M. FERREIRA	M	43		00:51:44	00:50:13	
1586	3866	RUI FERREIRA	M	41		00:51:45	00:50:39	
1587	1080	PAULO FAUSTINO	M	42		00:51:45	00:50:18	
1588	2681	PAULO CURADO	M	35		00:51:45	00:50:00	
1589	1983	NUNO MENDES	M	31		00:51:45	00:49:59	KEEP CALM & XORA
1590	1356	AMÉRICO CARVALHO	M	40		00:51:45	00:50:54	
1591	4183	TIAGO RUIVO	M	23		00:51:46	00:49:47	
1592	597	DIANA I S JUAREZ	F	34		00:51:46	00:51:05	
1593	2767	PEDRO ROQUE	M	44		00:51:46	00:49:52	CPT SOBRAL CEIRA
1594	2187	TIAGO SANTO	M	19		00:51:47	00:48:48	C MILLENINUM BCP
1595	1413	FERNANDO RODRIGUES	M	49		00:51:47	00:51:19	SIR-CONDUTAR
1596	4328	ANTONIO TORRES	M	54		00:51:47	00:50:21	
1597	3858	LUÍS PAULO COELHO FERNANDES	M	47		00:51:47	00:50:46	
1598	4882	MÁRIO BASTARDO	M	35		00:51:47	00:50:39	
1599	3256	TIAGO BASÍLIO	M	39		00:51:48	00:50:57	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1600	1065	TELMO PEDROSO	M	40		00:51:48	00:51:33	C.C.R.D.BURINHOSA
1601	2260	ADOLFO LEAL	M	46		00:51:48	00:48:09	RB RUNNING/CARTAXEIRO
1602	2525	JOÃO PAULO ALMEIDA	M	46		00:51:48	00:49:26	GD CIMPOR & AMIGOS
1603	2679	HÉLDER FERREIRA	M	49		00:51:49	00:50:19	
1604	4492	EDUARDO COELHO	M	31		00:51:49	00:49:51	ADRC MATA DE BENFICA
1605	1747	LUIS CARLOS TAVARES	M	25		00:51:50	00:50:02	PERNETAS
1606	4076	CARLOS ALEXANDRE LAPA SIMÕES	M	34		00:51:50	00:48:59	
1607	2799	CESAR VIEGAS	M	56		00:51:51	00:51:13	CONSTRUTENIS
1608	4264	NUNO MOURA-PINHEIRO	M	41		00:51:51	00:50:54	
1609	2188	ALBERTO NUNES	M	49		00:51:52	00:50:15	C MILLENINUM BCP
1610	4934	PEDRO MARQUES LOPES RIBEIRO	M	40		00:51:52	00:50:30	
1611	428	JOAO P ADEGAS	M	42		00:51:53	00:50:06	
1612	2238	ANTONIO PRIMOR	M	71		00:51:53	00:51:12	
1613	2231	PAULA CRISTINA HEITOR	F	35		00:51:54	00:50:54	ANA E AS MENINAS
1614	902	ANTONIO CARPINTEIRO	M	68		00:51:54	00:51:40	SS CGD
1615	2840	FÁBIO MARTINS	M	28		00:51:54	00:51:09	
1616	3949	CARLOS PACHECO	M	36		00:51:55	00:48:12	
1617	3000	PEDRO MOURÃO	M	40		00:51:55	00:50:32	
1618	3224	JORGE MENDES	M	39		00:51:56	00:51:26	CARACÓIS DE PEDRA
1619	1394	PAULO SANTOS	M	44		00:51:56	00:50:53	
1620	3392	LUIS SANTOS	M	56		00:51:57	00:47:57	
1621	2727	PEDRO LOPES	M	36		00:51:57	00:51:33	
1622	364	NUNO M P FERNANDES	M	29		00:51:57	00:49:58	
1623	3738	CARLOS FERREIRINHO	M	36		00:51:58	00:49:17	
1624	4377	JOSE MOGA	M	55		00:51:59	00:51:03	A VALE SILENCIO
1625	1134	TIAGO GOUVEIA	M	34		00:51:59	00:49:24	
1626	1556	PEDRO LAGE	M	32		00:52:00	00:49:24	NA BOA
1627	321	SERGIO BROTA	M	36		00:52:00	00:51:14	
1628	4375	SANDRA BATISTA	F	37		00:52:00	00:51:04	A VALE SILENCIO
1629	2544	GONÇALO SILVA	M	33		00:52:01	00:48:23	
1630	4287	SOFIA MARTINS	F	41		00:52:02	00:50:53	
1631	1346	JOÃO MARQUES	M	48		00:52:02	00:51:05	
1632	514	RUBEN P L FERNANDES	M	32		00:52:03	00:50:56	
1633	4637	JOSÉ PEREIRA	M	44		00:52:03	00:50:53	
1634	1714	JOSÉ CARLOS SUBTIL	M	41		00:52:03	00:51:18	
1635	2438	DOMINGOS FARINHO	M	36		00:52:03	00:50:29	PUTOS RUNNING
1636	2078	PEDRO RIBEIRO	M	36		00:52:04	00:49:21	
1637	3931	BRUNO CLAUDINO	M	39		00:52:04	00:50:46	
1638	599	CLAUDIO P FERNANDES	M	42		00:52:04	00:50:43	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1639	4504	JOSE REGO	M	59		00:52:05	00:50:59	
1640	4511	FILIPPE TORRES PAULO	M	34		00:52:05	00:50:41	PERNAS DE GAFANHOTO
1641	3831	FRANCISCO FARRAJOTA	M	61		00:52:05	00:51:19	CLUBE DE ATLETISMO ODIMARQ
1642	3425	JOÃO BRANCO	M	32		00:52:06	00:50:48	
1643	1687	DIOGO GONCALVES	M	32		00:52:07	00:51:23	TOCA DO LEÃO
1644	4285	ROGÉRIO GRAÇA	M	35		00:52:07	00:51:43	FUNCIONA!
1645	3288	PEDRO SARAIVA	M	46		00:52:10	00:52:05	WIKABOO
1646	3760	JOSÉ VIEIRA	M	67		00:52:10	00:48:37	
1647	1697	TERESA SCHOLZ	F	27		00:52:10	00:50:51	
1648	1977	JOÃO OLIVEIRA	M	66		00:52:11	00:51:17	OS AMIGOS DO ESTRELA
1649	1328	PEDRO ALDEIA PEREIRA	M	35		00:52:11	00:51:52	
1650	2588	EDUARDO BOTELHO	M	26		00:52:12	00:50:56	ALCES E TRAIINEIRAS
1651	2291	ARTUR MAIA	M	69		00:52:12	00:49:42	JAZZY RUNNERS
1652	4	JORGE SANCHES	M	51		00:52:12	00:52:10	SPORTING CP
1653	1295	JORGE PAULA	M	59		00:52:13	00:50:50	
1654	970	SÉRGIO SANTOS	M	31		00:52:13	00:50:16	
1655	1294	TIAGO PAULA	M	29		00:52:13	00:50:51	
1656	4003	ANA FRUTUOSO	F	39		00:52:14	00:50:32	
1657	1420	JOSE VAZ	M	55		00:52:14	00:50:33	CLUBE ANACOM
1658	1746	MÁRIO MATIAS FILIPE	M	55		00:52:14	00:50:26	PERNETAS
1659	1713	LUIS CURVELO	M	42		00:52:15	00:51:29	LICRA WALKERS, NOW RUNNING
1660	2754	RICARDO BOTELHO CORREIA	M	29		00:52:15	00:49:06	
1661	1726	VICTOR MANUEL FERREIRA	M	44		00:52:16	00:51:07	
1662	322	VASCO A F COELHO	M	42		00:52:16	00:50:36	
1663	3128	PAULO COSTA	M	45		00:52:16	00:50:59	RUN2CHARLYS
1664	2137	CARLOS ALBERTO ALVES LIMA	M	43		00:52:17	00:51:08	
1665	878	JOÃO TEIXEIRA MARQUES	M	20		00:52:17	00:51:47	
1666	2516	LUÍS NEVES	M	39		00:52:18	00:50:23	FAÍSCAS LENTAS
1667	2511	FERNANDO MENDES	M	47		00:52:18	00:50:35	
1668	4040	JOÃO FARINHA	M	53		00:52:18	00:52:18	H TECNIC
1669	3282	HUGO REGO	M	32		00:52:19	00:50:10	CARAÍBAS EVENTOS
1670	4978	FRANCISCO FREITAS	M	35		00:52:19	00:51:32	
1671	4016	JORGE MIGUEL NOBRE ROCHA COSTA	M	18		00:52:20	00:52:02	
1672	452	CELSE S LARGUINHO	M	43		00:52:20	00:50:38	
1673	637	DANIEL RODRIGUES	M	33		00:52:21	00:50:03	
1674	3720	FRANCISCO AFONSO	M	53		00:52:21	00:51:54	
1675	2386	DIOGO FERREIRA	M	40		00:52:21	00:51:00	AÇOREANA CLUBE BANIF
1676	2997	SÉRGIO GALÓ	M	33		00:52:21	00:52:21	
1677	3049	PRUDENTE CAÑELLAS	M	44		00:52:22	00:51:09	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1678	3184	PEDRO CARRASCO	M	42		00:52:22	00:51:14	SS MONTEPIO GERAL
1679	4527	AVELINO ALVES	M	33		00:52:22	00:51:21	
1680	938	BRUNO ALMEIDA DA SILVA	M	27		00:52:23	00:50:13	
1681	2838	PAULO RAINHO	M	47		00:52:24	00:51:16	SS MONTEPIO GERAL
1682	4266	ANTONIO FRANCO	M	48		00:52:24	00:50:34	SS MONTEPIO GERAL
1683	5005	BRUNO MANUEL SANTOS NUNES	M	37		00:52:24	00:51:42	
1684	505	ALCEU PAULO	M	63		00:52:24	00:50:28	
1685	4911	MANUEL CECILIO	M	39		00:52:25	00:52:25	
1686	3344	MARCELO CASIMIRO	M	48		00:52:25	00:51:10	
1687	976	TIAGO PAULO	M	39		00:52:25	00:51:06	G. D. PORTO DE SINES
1688	5041	ORLANDO COUTO	M	58		00:52:25	00:51:46	4 AO KM
1689	2152	EDUARDO ELVAS	M	63		00:52:25	00:52:25	CGD-OVAR
1690	2028	PEDRO D M FONTES	M	20		00:52:26	00:51:39	C MILLENINUM BCP
1691	3659	RUI SILVA	M	41		00:52:26	00:50:39	
1692	2936	JORGE CARLOS SIMÕES COSTA	M	34		00:52:26	00:51:04	
1693	2206	JOÃO GRILO	M	32		00:52:26	00:50:53	
1694	279	JOAO L S M FERREIRA	M	19		00:52:26	00:50:37	
1695	1933	PAULO GOMES	M	51		00:52:26	00:51:07	G. D. PORTO DE SINES
1696	4213	JOSÉ LUÍS AGAPITO	M	35		00:52:27	00:51:34	PERNAS DE GAFANHOTO
1697	3493	PEDRO SILVA	M	39		00:52:27	00:50:58	SILVAS
1698	5032	RICARDO UMEYAMA	M	33		00:52:27	00:51:12	
1699	642	PEDRO FERREIRA	M	31		00:52:27	00:50:25	
1700	2722	NUNO RAPOSO	M	43		00:52:27	00:50:42	
1701	355	MARIANA TOJAL	F	41		00:52:27	00:51:25	N SPORTINGUISTA LOURES
1702	1646	JORGE ESPADA	M	19		00:52:28	00:46:43	BARÕES
1703	4180	FRANCISCO LINHOL	M	59		00:52:28	00:51:07	
1704	1958	PEDRO M P FONTES	M	48		00:52:28	00:51:41	C MILLENINUM BCP
1705	4636	RUI LUÍS	M	38		00:52:28	00:52:00	FUNCIONA!
1706	2813	PEDRO MALAQUIAS	M	33		00:52:28	00:51:11	
1707	1439	SÉRGIO MATOS	M	36		00:52:29	00:49:59	2FAST2WALK
1708	3072	CLARA RAIMUNDO	F	37		00:52:29	00:51:41	PERNAS DE GAFANHOTO
1709	173	BRUNO LOBO	M	34		00:52:29	00:49:25	GRUPO MARADONA
1710	2796	ZULMIRA BELO	F	46		00:52:29	00:51:49	
1711	4813	FILIPPE CAMPOS	M	23		00:52:30	00:52:07	
1712	713	SUSANA GOMES	F	44		00:52:30	00:51:41	
1713	4645	VITOR TEIXEIRA	M	54		00:52:31	00:51:18	GD SANTANDER TOTTA
1714	4333	CONSTÂNCIO DE BRITO MARTINS	M	56		00:52:31	00:52:31	FAMILIA MARTINS
1715	393	ORLANDO M S ZACARIAS	M	61		00:52:31	00:51:21	
1716	2268	PEDRO MARTINS	M	39		00:52:31	00:51:59	RB RUNNING/CARTAXEIRO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1717	151	PAULO RITO	M	45		00:52:31	00:52:03	
1718	3354	PAULO AMARAL	M	46		00:52:32	00:50:40	
1719	1846	RICARDO RIBEIRO	M	38		00:52:32	00:51:25	KARAMELOS RUNNING
1720	1811	ARMINDO PIMENTA	M	65		00:52:33	00:51:51	
1721	440	RUI M E S MORAIS	M	33		00:52:33	00:49:07	
1722	1944	ANTÓNIO LIMA	M	50		00:52:34	00:52:23	ATÉ AO FIM
1723	4845	RENATA BAPTISTA	F	24		00:52:34	00:50:44	NÚCLEO KARATE SHOTOKAN LISBOA
1724	2751	MARIA ISABEL RIBEIRO	F	41		00:52:34	00:51:05	
1725	729	JOSÉ MARTINS	M	47		00:52:35	00:50:59	PÉ DESCALÇO
1726	1589	VITOR RAFAEL	M	50		00:52:36	00:51:42	AÇOREANA CLUBE BANIF
1727	189	PEDRO BATISTA	M	25		00:52:37	00:51:22	BRIGADA ULTRAS SPORTING
1728	4851	ANTONIO MARQUES	M	49		00:52:37	00:50:35	
1729	3928	ANDRE DAMAS	M	25		00:52:38	00:51:05	
1730	4318	NUNO CRESPO	M	40		00:52:38	00:51:53	
1731	1284	ANDREIA CARINA OLIVEIRA	F	30		00:52:39	00:52:00	AC TEAM
1732	3548	MARA ARAÚJO	F	28		00:52:39	00:52:20	CCD SINTRENSE
1733	2139	JOSÉ MARIA PEDRO	M	59		00:52:40	00:50:44	
1734	1025	RICARDO SANTOS	M	63		00:52:40	00:51:45	ASAS NO PÉS
1735	234	JOSE C N DIAS	M	18		00:52:40	00:51:01	
1736	2381	JOAQUIM ANTUNES	M	36		00:52:41	00:52:04	
1737	3639	JORGE DOMINGOS	M	38		00:52:41	00:52:16	ATOMIC TEAM
1738	1622	JOÃO TOMÉ	M	43		00:52:41	00:50:46	CLUBE VODAFONE
1739	235	JOSE M O DIAS	M	47		00:52:42	00:51:03	
1740	4387	VASCO GONÇALVES	M	50		00:52:42	00:51:04	
1741	4013	BRUNO CONCEIÇÃO	M	36		00:52:42	00:52:23	
1742	33	JOAO L S MARQUES	M	39		00:52:43	00:51:02	TRANQUILIDADE
1743	2637	ANTÓNIO ROMÃO	M	61		00:52:43	00:51:55	
1744	4137	PEDRO DIAS	M	18		00:52:43	00:48:50	
1745	4415	LEONEL AMARO	M	49		00:52:44	00:52:19	AMIGOS ATLETISMO MAFRA
1746	2047	JOAO CARVALHO	M	50		00:52:44	00:49:53	C MILLENINUM BCP
1747	1652	DANIEL SANTOS	M	19		00:52:44	00:46:57	BARÕES
1748	2295	ANTONIO VENTURA	M	54		00:52:45	00:52:09	AD REAL ACADEMIA
1749	3983	RICARDO JOÃO MARTINS NUNES	M	33		00:52:46	00:50:34	
1750	2720	CARLOS TEIXEIRA	M	63		00:52:46	00:52:33	
1751	2350	ANDRÉ INFANTE	M	21		00:52:46	00:51:25	GARAGE TEAM
1752	2721	SÉRGIO TEIXEIRA	M	25		00:52:46	00:52:33	
1753	1423	MANUEL LEITE	M	42		00:52:47	00:50:54	TÁLENTO PRA CORRER TEAM
1754	1173	FRANCO WUDICH	M	49		00:52:48	00:51:08	AMINHACORRIDA/TOTALSTOR
1755	3697	FERNANDO BENTO	M	50		00:52:48	00:52:09	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1756	3874	DINIS FERNANDES	M	53		00:52:48	00:51:34	
1757	367	LUIS M F P LOUREIRO	M	21		00:52:49	00:51:37	
1758	715	FAUSTO CARVALHO	M	33		00:52:50	00:51:15	
1759	813	PAULO BONACHO	M	41		00:52:50	00:51:28	SS CGD
1760	658	PEDRO FERNANDES	M	33		00:52:50	00:50:03	N SPORTINGUISTA C MAFRA
1761	709	FILIPE SOUSA	M	27		00:52:51	00:52:37	TORCIDA VERDE LAMEIRAS
1762	2205	JOÃO MARQUES	M	22		00:52:52	00:51:17	
1763	2558	PEDRO SANTIAGO	M	30		00:52:52	00:50:25	
1764	940	GABRIELA QUARESMA	F	55		00:52:52	00:52:38	LINDA-A-PASTORA SPORTING CLUBE
1765	4260	VASCO NAZARIO	M	39		00:52:53	00:51:15	
1766	2184	FERNANDO SOUSA	M	45		00:52:54	00:50:05	C MILLENINUM BCP
1767	2852	JOÃO FERREIRA	M	25		00:52:55	00:48:48	TIMON E PUMBAS
1768	1578	ANA MARIA NEVES GONCALVES	F	29		00:52:56	00:52:01	
1769	4801	JOSÉ BERNARDINO	M	61		00:52:56	00:51:24	
1770	3630	PEDRO SILVA	M	36		00:52:56	00:49:49	
1771	2199	PAULO SANTOS	M	41		00:52:57	00:51:01	
1772	4306	FRANCISCO SANCHES-OSÓRIO	M	47		00:52:57	00:51:57	
1773	1057	BRUNO MOTA	M	28		00:52:57	00:51:20	
1774	4280	HAMILTON DIAS	M	38		00:52:58	00:52:52	GD SANTANDER TOTTA
1775	2645	RUI FERNANDES	M	42		00:52:59	00:51:22	
1776	1701	LILIA MOTA	F	33		00:52:59	00:51:12	RUN MOTA
1777	1472	NUNO AMARO	M	43		00:52:59	00:52:14	
1778	4250	NUNO PEREIRA	M	38		00:52:59	00:50:59	
1779	1251	PAULO CEPA	M	45		00:53:00	00:51:48	CASA DO PESSOAL DA RTP
1780	943	TIAGO FARINHA	M	39		00:53:00	00:52:05	
1781	1700	NUNO MOTA	M	35		00:53:00	00:51:13	RUN MOTA
1782	3351	PEDRO MIGUEL MARQUES ANTUNES BASTOS	M	43		00:53:01	00:53:01	
1783	2897	PEDRO MIGUEL FERREIRA	M	43		00:53:01	00:51:43	
1784	3899	VALTER NUNES	M	32		00:53:02	00:51:37	SPEEDY
1785	1850	PEDRO MIGUEL XAVIER SANTOS	M	41		00:53:02	00:50:54	
1786	774	MARIA ADELAIDE PEREIRA	F	42		00:53:03	00:52:02	
1787	2034	MARIO ROMAO	M	40		00:53:03	00:50:15	C MILLENINUM BCP
1788	2014	CARLOS E SANTO	M	55		00:53:03	00:49:47	C MILLENINUM BCP
1789	535	MARIO R D LOBEIRO	M	30		00:53:04	00:52:28	
1790	2750	VITOR MONTEIRO	M	38		00:53:04	00:51:02	
1791	1756	HELDER RODRIGUES	M	39		00:53:04	00:51:19	
1792	64	LUIS COSTA	M	48		00:53:04	00:51:58	MTV
1793	2632	RODRIGO COSTEIRA	M	32		00:53:05	00:50:36	
1794	4256	RICARDO MARQUES	M	36		00:53:05	00:50:35	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1795	651	ARTUR ALMEIDA	M	32		00:53:05	00:51:02	IONDIVIDUAL
1796	1196	ANTÓNIO MARTINS	M	52		00:53:06	00:52:05	MARTINITOS
1797	4240	NUNO LOUREIRO	M	47		00:53:06	00:50:48	FALCÕES SELVAGENS
1798	1820	SAMUEL EUGÉNIO	M	39		00:53:07	00:49:51	PIMBA NA IRINA
1799	2594	FRANCISCO CACHULO	M	34		00:53:08	00:49:49	
1800	3071	RUI ANTUNES	M	39		00:53:08	00:52:03	
1801	1181	SANDRO PINTO	M	38		00:53:08	00:52:00	AMINHACORRIDA/TOTALSTOR
1802	740	JOÃO FILIPE CARRILHO DE SOUSA	M	38		00:53:09	00:52:49	
1803	3781	GUILHERME ALBINO	M	39		00:53:10	00:51:22	SS MONTEPIO GERAL
1804	3428	NELSON RAMOS	M	41		00:53:11	00:52:16	
1805	791	THELMO CUNHA	M	53		00:53:12	00:51:32	ODEBRECHT/BPC
1806	3739	PEDRO PEREIRA	M	33		00:53:13	00:50:33	
1807	545	FRANCSICO J C E RIBEIRO	M	49		00:53:13	00:51:44	
1808	2548	JOSÉ EDUARDO BARRADAS DUARTE	M	41		00:53:13	00:52:31	
1809	966	MARCO ANTÓNIO SILVA CARVALHO	M	35		00:53:13	00:50:32	SAUDESSPORTING
1810	3756	JORGE FARIA	M	50		00:53:14	00:51:08	
1811	1203	CARLOS MANUEL RITO DA COSTA	M	44		00:53:14	00:50:55	
1812	3805	BRUNO RODRIGUES	M	37		00:53:14	00:50:43	
1813	1648	CARLA A LOPES	F	41		00:53:15	00:52:25	GD INE
1814	3405	PAULO MORGADO	M	41		00:53:15	00:53:15	GEORUNNERS
1815	3757	LUIS DUARTE	M	42		00:53:15	00:51:08	
1816	5038	CESALTINA GREGÓRIO	F	56		00:53:15	00:52:38	
1817	4764	FERNANDO GRAÇA	M	44		00:53:16	00:51:00	TÁLENTO P'RA CORRER TEAM
1818	1352	FERNANDO FERNANDES	M	60		00:53:17	00:52:51	
1819	1557	MANUEL CLEMENTE	M	64		00:53:17	00:50:40	NA BOA
1820	3322	FERNANDO LEAO	M	45		00:53:17	00:52:15	WIKABOO
1821	1170	LUIS FERREIRA	M	47		00:53:17	00:50:15	AMINHACORRIDA/TOTALSTOR
1822	211	BRUNO PINTO	M	23		00:53:18	00:52:59	
1823	1964	DANIEL MÁRIO DUARTE DOS SANTOS	M	22		00:53:18	00:52:35	
1824	2991	MARCO BRITO	M	37		00:53:18	00:52:05	
1825	3936	PEDRO FORTUNA	M	37		00:53:19	00:49:44	DREAM TEAM
1826	5036	JOÃO VIEIRA	M	61		00:53:20	00:52:27	
1827	4428	NURO CARVALHO	M	37		00:53:20	00:52:33	
1828	743	PAULO PEREIRA	M	43		00:53:20	00:51:29	SS MONTEPIO GERAL
1829	122	PEDRO A D C LEITAO	M	39		00:53:20	00:50:31	
1830	998	JOSE MANUEL ANDRADE	M	48		00:53:21	00:52:42	
1831	1079	PEDRO ALMEIDA	M	42		00:53:21	00:52:36	
1832	1483	TOMÁS WIBORG	M	44		00:53:22	00:52:23	VFF 1896
1833	1120	MANUEL MANTEIGAS	M	29		00:53:22	00:52:07	CLUBE GRUPO BES

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1834	3643	JORGE PAULINO	M	57		00:53:22	00:52:10	
1835	3651	JOANA MOURA	F	36		00:53:22	00:52:38	
1836	1306	JOÃO LUIS	M	42		00:53:23	00:52:32	CDUL CENTRO DESP UNIV LISBOA
1837	1441	MARIA SALETE BORGES	F	44		00:53:23	00:52:58	
1838	4029	PEDRO PERALTA	M	36		00:53:23	00:51:38	
1839	2935	TIAGO RAMOS	M	35		00:53:23	00:51:53	
1840	3427	TIAGO FILIPE ALVES PORTELA	M	28		00:53:24	00:50:56	
1841	1616	CARLOS VIEGAS	M	51		00:53:24	00:52:08	CLUBE VODAFONE
1842	2937	GONÇALO BASTOS LOPES	M	43		00:53:25	00:52:59	
1843	4470	JOÃO NEVES SANTOS	M	26		00:53:25	00:50:56	
1844	37	Mª JOSE O SILVA	F	37		00:53:25	00:52:30	TRANQUILIDADE
1845	3490	ANA HORTENSE ALÉM	F	42		00:53:25	00:53:21	RA
1846	3488	RODRIGO MIGUEL COSTA MARTINS	M	39		00:53:25	00:53:21	RA
1847	2642	CARLOS BARATA	M	44		00:53:25	00:52:59	
1848	3438	NUNO ROMÃOZINHO	M	39		00:53:25	00:52:34	
1849	2036	ORLANDO CHINA	M	65		00:53:26	00:51:22	C MILLENINUM BCP
1850	867	RICARDO PALMEIRA	M	18		00:53:26	00:50:07	CLUBE DESPORTIVO RIBEIRENSE
1851	3244	CARLOS DIAS	M	37		00:53:27	00:52:20	DHS
1852	2275	JOSE CARAVELA	M	53		00:53:27	00:50:56	BV MONTEMOR O NOVO
1853	1045	CARLOS IPE	M	37		00:53:27	00:52:32	ASAS NOS PÉS
1854	4135	BERNARDO GOMES	M	25		00:53:27	00:51:35	
1855	2279	AGOSTINHO PINTO	M	58		00:53:28	00:50:58	BV MONTEMOR O NOVO
1856	2832	JOÃO PEDRO MATOS	M	35		00:53:29	00:51:53	RENNINGS
1857	4728	RUI NEVES	M	38		00:53:29	00:52:02	
1858	1640	SALOME FERREIRA	F	40		00:53:29	00:52:41	GD INE
1859	4214	SÉRGIO BRAGANÇA	M	39		00:53:29	00:51:33	
1860	4609	ALEXANDRE LEE	M	36		00:53:30	00:52:03	
1861	2909	LUÍS RIBEIRO ROSA	M	60		00:53:30	00:51:39	C. A. AMIGOS DE BELÉM
1862	389	PEDRO MALHEIRO	M	36		00:53:30	00:50:32	
1863	2032	LUIS REIS	M	44		00:53:31	00:51:51	C MILLENINUM BCP
1864	3780	JOAO C SANTOS	M	33		00:53:31	00:51:43	SS MONTEPIO GERAL
1865	2018	ANTONIO ALMEIDA	M	47		00:53:31	00:51:18	C MILLENINUM BCP
1866	2833	FRANCISCO MENDES	M	26		00:53:31	00:49:47	RENNINGS
1867	2054	PEDRO FERNANDES	M	37		00:53:32	00:51:43	C MILLENINUM BCP
1868	1825	JORGE MIGUEL P F FERREIRA	M	42		00:53:32	00:50:59	
1869	1704	PEDRO FARO	M	46		00:53:33	00:52:01	
1870	2655	RUI LAPA	M	42		00:53:33	00:51:19	AFO
1871	3273	ANTÓNIO LUIS	M	45		00:53:33	00:51:26	JOBRINDE-MONTES SALOIOS
1872	905	BRUNO COSTA	M	40		00:53:34	00:51:02	SS CGD

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1873	2649	NUNO CONSTÂNCIO	M	36		00:53:36	00:51:40	RUN4FUN
1874	4412	RUI VICENTE	M	39		00:53:36	00:52:22	LEOES DA GRAÇA
1875	2243	BERNARDO ELISEU	M	39		00:53:37	00:51:38	
1876	1705	RUI ANTUNES	M	35		00:53:37	00:52:08	
1877	1845	JOSE ABREU	M	41		00:53:39	00:53:29	
1878	2150	PAULO FERREIRA	M	39		00:53:39	00:51:31	
1879	4204	JOSE LOUREIRO	M	49		00:53:40	00:51:44	APOGMA
1880	4279	TOMÁS TEIGÃO	M	28		00:53:40	00:53:40	
1881	4797	EMANUEL BRANCO	M	41		00:53:40	00:52:38	
1882	1876	GONÇALO LOPES	M	18		00:53:42	00:51:41	CARAPUS DE CORRIDA
1883	2132	FILIPPE JORGE SILVA	M	53		00:53:42	00:51:54	C.A. AMIGOS PARQUE DA PAZ
1884	3556	LUIS MANUEL MOTA FERREIRA	M	59		00:53:42	00:52:03	
1885	3133	CARLOS MARTINS	M	53		00:53:42	00:52:14	
1886	1840	TIAGO ROCHA	M	32		00:53:42	00:50:16	
1887	2432	BRUNO BARREIROS	M	19		00:53:43	00:50:55	OS ANDARILHOS
1888	1176	Mª HELENA LEITAO	F	43		00:53:43	00:52:34	AMINHACORRIDA/TOTALSTOR
1889	2180	MARIO CAMPOS	M	65		00:53:43	00:51:23	C MILLENINUM BCP
1890	5011	RICARDO COELHO	M	34		00:53:43	00:52:22	PT RUNNER CLUB
1891	4418	VASCO CRUZ	M	37		00:53:43	00:52:29	LEOES DA GRAÇA
1892	2795	ELISABETE ROUXINOL	F	38		00:53:44	00:52:09	
1893	3048	EDUARDO ÁLVARO	M	54		00:53:44	00:52:32	
1894	3682	SÉRGIO ALVES	M	25		00:53:46	00:49:56	
1895	2388	MIGUEL LIRA	M	42		00:53:46	00:51:49	
1896	400	JOAO R L NASCIMENTO	M	32		00:53:46	00:52:07	
1897	749	FÁBIO MENDES	M	26		00:53:47	00:51:42	COMANDO C
1898	4900	ANTONIO BALDO	M	32		00:53:48	00:51:58	
1899	74	JOAO PINHEIRO	M	36		00:53:48	00:52:47	
1900	3829	SERGIO GRADE	M	32		00:53:48	00:52:02	
1901	2667	RUI HENRIQUES	M	26		00:53:48	00:51:02	AFO
1902	1300	IVO TIAGO MARQUES DE OLIVEIRA MENDES	M	26		00:53:49	00:53:21	
1903	4043	JOSÉ ANTÓNIO ALEXANDRE	M	52		00:53:49	00:52:42	
1904	76	SERGIO AMARO	M	32		00:53:49	00:52:49	
1905	377	FERNANDO J P FARINHA	M	53		00:53:50	00:51:25	
1906	941	GONÇALO SANTOS	M	27		00:53:50	00:52:55	
1907	1621	PEDRO LOURENÇO	M	44		00:53:50	00:51:50	CLUBE VODAFONE
1908	536	ALFREDO LOURENÇO	M	52		00:53:51	00:53:44	
1909	647	HENRIQUE HORTA	M	25		00:53:51	00:52:34	
1910	4097	ANTÓNIO GRANCHO	M	45		00:53:52	00:52:26	
1911	1250	MAFALDA GAMEIRO	F	44		00:53:52	00:52:41	CASA DO PESSOAL DA RTP

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1912	463	JOSE DINIS	M	51		00:53:52	00:52:13	N SPORTINGUISTA LEOES AZEITAO
1913	604	MARIO M T HENRIQUES	M	42		00:53:53	00:51:46	
1914	184	LUIS M P RODRIGUES	M	39		00:53:54	00:51:15	
1915	226	JOAO P F C NUNES	M	31		00:53:54	00:52:00	
1916	1814	LUÍS DUARTE	M	47		00:53:55	00:53:19	
1917	3992	TELMO LOPES	M	38		00:53:56	00:50:28	DHS
1918	5026	JOAO TRANCOSO	M	27		00:53:56	00:51:34	
1919	2252	SUSANA FERREIRA	F	26		00:53:56	00:53:56	
1920	3940	RODRIGO RAMALHO	M	42		00:53:56	00:51:53	
1921	3400	JOSE ANDRE	M	58		00:53:57	00:52:06	
1922	2954	PAULO GONÇALVES	M	41		00:53:57	00:51:32	BOM PETISCO
1923	3511	ANDRE LOURENCO	M	32		00:53:57	00:53:04	
1924	4536	MIGUEL PIRES	M	37		00:53:57	00:53:04	
1925	31	EDUARDO J P CABRITA	M	44		00:53:57	00:51:54	
1926	4205	CARLOS SOUSA	M	46		00:53:58	00:52:07	
1927	2312	CARLA SOFIA CERQUEIRA	F	32		00:53:58	00:51:16	FAIÃO RUNNING TEAM
1928	2394	VITOR CARÔCO	M	36		00:53:59	00:51:53	
1929	236	JOSE VERMELHUDO	M	53		00:53:59	00:52:26	
1930	1055	JOSÉ MAGRO	M	43		00:54:00	00:53:48	
1931	1696	SANDRA PEREIRA	F	36		00:54:00	00:54:00	
1932	3594	PEDRO FARIA	M	39		00:54:01	00:51:58	URORUNNERS
1933	3052	BRUNO GRAÇA	M	37		00:54:01	00:52:15	
1934	2814	ANTÓNIO PESSOA	M	18		00:54:02	00:52:04	
1935	4123	ANTÓNIO GOMES	M	42		00:54:02	00:53:00	
1936	3481	PEDRO MIGUEL DOS SANTOS LUCAS	M	36		00:54:03	00:53:30	
1937	640	JOSE VILELA	M	43		00:54:03	00:54:03	GD INE
1938	148	CARLOS M S SECO	M	53		00:54:03	00:53:27	
1939	3111	LUÍS CORREIA	M	25		00:54:03	00:50:16	
1940	4747	JORGE GASPAR	M	41		00:54:03	00:52:32	
1941	1673	JULIO ROBALO	M	50		00:54:04	00:53:22	
1942	197	RUTE ANTUNES	F	27		00:54:04	00:52:19	JAVALLIS DO MATO
1943	3013	RUI CARVALHO	M	32		00:54:04	00:52:33	
1944	2241	PEDRO CAPELAS	M	44		00:54:04	00:53:30	
1945	2638	ANTÓNIO JOSÉ DA SILVA ANTUNES	M	45		00:54:05	00:52:16	
1946	1318	DOMINGOS MOREIRA	M	70		00:54:05	00:53:01	
1947	2624	RICARDO SOARES	M	32		00:54:05	00:53:30	CROMOSSOMAS
1948	1188	PEDRO MATEUS	M	29		00:54:05	00:50:53	
1949	3988	JOÃO PEDRO VERISSIMO RIBEIRO	M	38		00:54:06	00:52:10	
1950	1189	RICARDO AMARAL	M	30		00:54:06	00:50:55	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1951	1620	LUIS FOUTO	M	42		00:54:06	00:52:20	CLUBE VODAFONE
1952	3707	RUI SOARES	M	38		00:54:06	00:53:29	
1953	4188	JOÃO ROSA	M	18		00:54:07	00:52:07	
1954	2706	NUNO MANUEL LEAL SIMÃO	M	38		00:54:08	00:53:48	
1955	1950	JOAO CUNHA	M	56		00:54:09	00:52:57	C MILLENINUM BCP
1956	4268	GONÇALO PEDRO QUINTA PINTO	M	28		00:54:10	00:52:00	
1957	204	JOAO SOUSA	M	34		00:54:10	00:51:15	
1958	967	ANTONIO FONSECA	M	67		00:54:10	00:52:47	
1959	3418	GUILHERME CANDELÁRIA	M	19		00:54:10	00:54:10	
1960	3844	HÉLIO MARTINS	M	37		00:54:11	00:52:24	
1961	4870	MERCEDES FONSECA	F	57		00:54:11	00:54:00	OS SUPER
1962	2590	RICARDO PEREIRA	M	38		00:54:11	00:53:06	
1963	2340	FILIPPE SOARES DOS REIS	M	43		00:54:11	00:52:49	CLUBE DA BOLINHA
1964	851	SÉRGIO FILIPE ALMEIDA TRINDADE	M	24		00:54:12	00:53:41	
1965	911	FERNANDO LIMA	M	44		00:54:12	00:50:36	SS CGD
1966	3514	RICARDO FIGUEIRA	M	42		00:54:12	00:53:17	BOM PETISCO
1967	1114	JOSE PEDRO	M	65		00:54:12	00:52:11	CLUBE GRUPO BES
1968	362	MAFALDA D PINHEIRO	F	26		00:54:13	00:51:33	
1969	1585	MICHEL COSTA	M	42		00:54:13	00:52:34	AÇOREANA CLUBE BANIF
1970	830	JOAO CABRITO	M	50		00:54:14	00:51:35	SS CGD
1971	1078	SÉRGIO DIONÍSIO	M	43		00:54:14	00:51:54	
1972	699	JORGE LEITE	M	44		00:54:14	00:52:44	
1973	4916	LUIS CARREIRA	M	39		00:54:15	00:51:00	
1974	2234	PEDRO MEDEIRO	M	35		00:54:15	00:54:05	
1975	363	GONÇALO TORRADO	M	20		00:54:15	00:51:35	
1976	1499	CARLOS SOARES	M	44		00:54:16	00:52:09	
1977	2925	RUI FERREIRA AGOSTINHO	M	44		00:54:16	00:52:45	
1978	486	RUI PINTO	M	66		00:54:16	00:51:03	LEBRES DO ASFALTO
1979	1270	RUI FERREIRA	M	42		00:54:16	00:52:13	
1980	556	FRANCISCO ANDRE	M	47		00:54:17	00:53:02	CD MAFRA
1981	1036	ROGÉRIO CARREIRO	M	52		00:54:18	00:53:42	ASAS NOS PÉS
1982	2923	FREDERICO CARLOTA	M	28		00:54:18	00:52:48	
1983	1513	CARLOS CAMACHO	M	33		00:54:18	00:52:44	
1984	2927	RUI CARNEIRO	M	42		00:54:20	00:52:49	
1985	4975	DANIEL ALVARENGA	M	28		00:54:20	00:53:34	
1986	1403	JOSE VENANCIO	M	59		00:54:20	00:53:51	GRUP.DESP.CHELAS
1987	3269	ANTÓNIO PAIS	M	66		00:54:21	00:52:01	NÚCLEOEIRAS / SPORTZONE
1988	2914	JORGE ESTEVES	M	43		00:54:21	00:52:29	
1989	4601	NUNO ARCHER	M	47		00:54:21	00:52:57	RUN AWAY

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1990	3677	JORGE RAMOS	M	37		00:54:22	00:53:18	
1991	2993	PEDRO SAMPAIO	M	37		00:54:23	00:53:07	
1992	2994	PEDRO CARVALHO	M	41		00:54:23	00:53:07	
1993	2330	NUNO LOPES	M	18		00:54:23	00:51:32	BARROQUEIROLOPES
1994	4854	FERNANDO MARQUES	M	58		00:54:24	00:51:00	GD SANTANDER TOTTA
1995	2561	MANUEL MAIA	M	27		00:54:24	00:51:58	
1996	1534	JOÃO SEQUEIRA	M	39		00:54:24	00:53:37	.
1997	4298	JOSE SIMOES	M	64		00:54:24	00:51:00	GD SANTANDER TOTTA
1998	1645	ANNA AGAMYRZYANSC	F	20		00:54:25	00:48:37	BARÕES
1999	1357	JOÃO RITA	M	27		00:54:25	00:53:43	PELEGAS
2000	4245	ANA DUARTE	F	43		00:54:26	00:53:03	FALCÕES SELVAGENS
2001	3338	OTILIO MONTEIRO DOS SANTOS	M	31		00:54:26	00:53:56	
2002	3914	MIGUEL OLIVEIRA	M	40		00:54:26	00:53:37	VALADARES
2003	3081	MARIO DIAS	M	46		00:54:27	00:52:56	
2004	1951	LEONEL BRANDAO	M	46		00:54:27	00:52:51	C MILLENINUM BCP
2005	2971	ANTÓNIO SOUSA	M	42		00:54:27	00:53:00	
2006	1548	LUIS ABREU	M	45		00:54:27	00:53:01	
2007	650	MARCELO PRATES	M	23		00:54:28	00:50:38	
2008	2672	NUNO PEREIRA	M	42		00:54:28	00:53:11	SC CASAINHOS
2009	4588	MÁRCIO CENTENO	M	35		00:54:29	00:51:24	
2010	1979	ARMANDO TAVARES	M	65		00:54:29	00:53:35	OS AMIGOS DO ESTRELA
2011	3838	TÂNIA CARDOSO	F	25		00:54:29	00:53:02	
2012	3632	CESAR RIBEIRO	M	39		00:54:29	00:51:48	
2013	4663	SOFIA LAURA SILVA	F	29		00:54:30	00:52:18	
2014	2836	JOSÉ BAIXINHO	M	56		00:54:30	00:52:40	
2015	3069	ANDRÉ SIMÕES	M	42		00:54:30	00:52:57	
2016	1084	PEDRO DIAS	M	35		00:54:30	00:54:09	
2017	1085	PEDRO NUNES	M	35		00:54:30	00:54:09	
2018	4315	HONORIO TEIXEIRA	M	44		00:54:30	00:52:31	
2019	4140	LUÍS FAUSTINO	M	18		00:54:31	00:52:39	KLENTOS
2020	3576	JOAQUIM PALMEIRO	M	43		00:54:31	00:52:34	
2021	3088	PEDRO MIGUEL PIRES GIL	M	36		00:54:31	00:52:49	
2022	2130	PAULO SANTOS	M	43		00:54:32	00:53:04	
2023	3702	DIOGO ASSUNÇÃO	M	43		00:54:32	00:53:07	
2024	218	JOSE S MESTRE	M	56		00:54:33	00:53:42	GD BANCO BPI
2025	2380	JOAO MARTINS	M	40		00:54:33	00:52:27	
2026	2077	TIAGO FERRITO	M	23		00:54:34	00:50:53	
2027	4309	DINIS CANDEIAS	M	36		00:54:34	00:52:29	
2028	221	RENATO CRUZ	M	45		00:54:35	00:53:44	GD BANCO BPI

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2029	3232	LUIS MONTEIRO	M	35		00:54:35	00:53:19	WIKABOO
2030	2884	JOSÉ NEVES	M	42		00:54:36	00:54:06	
2031	2622	JORGE LOURENÇO	M	20		00:54:36	00:53:01	SC CASAINHOS
2032	1798	RAUL CARVALHO	M	55		00:54:36	00:53:15	FALCÕES SELVAGENS
2033	4127	VITOR VALAGÃO	M	33		00:54:37	00:54:18	
2034	4143	VITOR RAMOS	M	42		00:54:37	00:53:05	
2035	3205	DAMIÃO REGA	M	52		00:54:37	00:52:38	
2036	4294	CÉSAR TOMÁS	M	32		00:54:37	00:51:06	FORMIGAS E AMIGOS
2037	232	JOAQUIM AGOSTINHO	M	47		00:54:37	00:52:49	
2038	4100	PEDRO MARTINS	M	41		00:54:38	00:52:57	
2039	2218	ANA PAULA GUEDES LIMA	F	42		00:54:38	00:53:29	
2040	4457	CUSTODIO QUIBINA	M	27		00:54:38	00:54:38	
2041	854	MIGUEL GARCIA	M	40		00:54:38	00:53:11	
2042	776	MARIA FILOMENA RAMOS MARTINS	F	56		00:54:38	00:52:44	
2043	775	FERNANDO MOREIRA	M	58		00:54:38	00:52:44	
2044	4045	LUIS FERREIRA	M	37		00:54:38	00:51:02	
2045	4497	ANTÓNIO GONÇALVES	M	36		00:54:39	00:53:04	
2046	748	TERESA CARDOSO	F	34		00:54:39	00:52:50	SS MONTEPIO GERAL
2047	3239	CARLOS PENA	M	44		00:54:39	00:52:46	
2048	3633	AVELINO FERNANDES	M	40		00:54:39	00:54:21	
2049	2176	CARLA LOURENÇO	F	38		00:54:40	00:53:24	C MILLENINUM BCP
2050	2423	BRUNO AZAMBUJO	M	42		00:54:41	00:53:53	
2051	4933	ANTONIO PINHEIRO	M	39		00:54:41	00:53:04	
2052	3629	PEDRO FARINHA	M	32		00:54:41	00:51:43	
2053	3893	PAULO JORGE DOMINGOS DUARTE	M	35		00:54:42	00:54:30	SCALABIS NIGHT RUNNERS
2054	3107	FATIMA SANTOS	F	33		00:54:42	00:54:32	
2055	3792	ORLANDO QUINTAS	M	35		00:54:43	00:52:13	
2056	3146	INÊS MARGARIDA F. S. VINAGRE FERREIRA	M	40		00:54:43	00:53:48	SCALABIS NIGHT RUNNERS
2057	2869	SUSANA DANIEL BAPTISTA	F	39		00:54:43	00:53:49	SCALABIS NIGHT RUNNERS
2058	3544	ELIO FIALHO	M	46		00:54:44	00:52:46	
2059	4386	VICTOR RISCADO	M	43		00:54:44	00:52:52	
2060	3783	RODRIGO CONCHINHA	M	35		00:54:44	00:53:22	
2061	2296	JOSE MARIA	M	49		00:54:45	00:53:36	AD REAL ACADEMIA
2062	4901	RUI MARINO	M	39		00:54:45	00:53:13	
2063	4838	ALEXANDRE CAPUCHA	M	42		00:54:45	00:52:54	
2064	4825	DINIS CRUZ	M	42		00:54:46	00:53:02	
2065	3494	RITA AMARO	F	35		00:54:46	00:53:17	SILVAS
2066	689	OLGA G MARQUES	M	25		00:54:47	00:54:17	
2067	295	PAULO J O FELIX	M	40		00:54:47	00:54:33	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2068	2915	SUSANA MARQUES	F	35		00:54:48	00:52:31	
2069	1021	FERNANDO MATEUS	M	55		00:54:48	00:54:48	C.C.R.D.BURINHOSA
2070	980	RICARDO AFONSO	M	42		00:54:49	00:52:16	
2071	5043	FERNANDO MATIAS	M	57		00:54:49	00:53:03	
2072	4229	LUIS BRANCO PARDAL	M	45		00:54:49	00:53:58	
2073	3479	SANDRA SIMÕES	F	43		00:54:50	00:52:56	RUN 4 FUN
2074	3743	NUNO VEIGA	M	44		00:54:50	00:53:57	
2075	2379	RUI BARROS	M	45		00:54:50	00:54:50	
2076	237	NUNO J C DIAS	M	38		00:54:52	00:52:43	
2077	240	NUNO A S DUARTE	M	32		00:54:53	00:52:44	
2078	3735	VICENTE DIAS	M	59		00:54:54	00:54:31	
2079	3755	NUNO CALDEIRA	M	36		00:54:54	00:51:35	
2080	1818	GONÇALO OLIVEIRA	M	28		00:54:54	00:52:32	SS CGD
2081	1125	FLORINDO SOUSA	M	46		00:54:55	00:54:55	C.C.R.D.BURINHOSA
2082	4671	ELISABETE OLIVEIRA	F	41		00:54:55	00:52:35	
2083	704	JORGE M L GURITA	M	54		00:54:55	00:53:47	
2084	2730	DINIS RIBAS	M	42		00:54:56	00:52:55	
2085	4471	JOAQUIM CARRILHO	M	34		00:54:56	00:53:31	
2086	384	TIAGO A N R MANTEIGA	M	53		00:54:56	00:52:16	
2087	1022	CARLOS OLIVEIRA	M	57		00:54:57	00:54:57	C.C.R.D.BURINHOSA
2088	544	PAULO A SALDANHA	M	42		00:54:57	00:53:09	
2089	862	EDMUNDO LOURENÇO	M	35		00:54:57	00:53:43	U.R.D.ARRANHÔ
2090	131	ANTONIO J V RIBEIRO	M	48		00:54:58	00:50:49	
2091	735	CATARINA ROBLES DE SOUSA	F	35		00:54:58	00:53:41	
2092	2194	HUMBERTO CABRAL	M	41		00:54:58	00:52:06	C MILLENINUM BCP
2093	4643	JOSE BARATA	M	53		00:54:59	00:54:59	GD SANTANDER TOTTA
2094	1551	LUIS CUSTÓDIO	M	45		00:54:59	00:53:34	
2095	2564	ANDRÉ RAIMUNDO	M	28		00:55:00	00:52:34	
2096	1510	EDUARDO PATRÍCIO	M	43		00:55:00	00:52:58	
2097	1359	JOÃO RITA	M	56		00:55:00	00:54:18	PELEGAS
2098	1965	VLADIMIRO CORREIA	M	35		00:55:00	00:53:59	
2099	4367	NELSON RODRIGUES	M	26		00:55:01	00:52:55	GALHARDOS RUNNERS
2100	382	NELSON J T URBANO	M	56		00:55:01	00:52:20	
2101	907	ELISEU PINTO	M	63		00:55:02	00:53:34	SS CGD
2102	3104	ALEXANDRE ISAAC	M	36		00:55:03	00:53:21	JÁMEKANSAS
2103	2161	TIAGO MADEIRA	M	35		00:55:03	00:53:20	
2104	1779	VENANCIO BRANCO	M	43		00:55:03	00:55:03	TECNOSPIE
2105	3333	LUIS RIBEIRO	M	50		00:55:04	00:52:28	WIKABOO
2106	1955	PEDRO PIRES	M	46		00:55:04	00:52:49	C MILLENINUM BCP

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2107	2144	FILOMENA MARIA JESUS	F	41		00:55:04	00:55:04	
2108	1142	BRUNO VIANA	M	28		00:55:04	00:53:54	
2109	1695	TIAGO JOÃO CORREIA	M	32		00:55:04	00:52:36	
2110	3114	DANIEL FREIRE CONCEIÇÃO	M	30		00:55:04	00:53:18	JÁMEKANSAS
2111	4078	PAULO FERNANDES	M	39		00:55:05	00:53:47	
2112	2694	JOSÉ SILVA	M	45		00:55:06	00:53:31	EXTRACLICK
2113	2017	JOSE MARQUES	M	46		00:55:06	00:51:35	C MILLENINUM BCP
2114	2695	JOSÉ ESTEVES	M	38		00:55:07	00:53:31	EXTRACLICK
2115	4228	JOÃO PINTO	M	29		00:55:08	00:53:33	
2116	2089	CARLOS DINIS	M	49		00:55:08	00:52:07	C MILLENINUM BCP
2117	2303	ARTUR GRAÇA	M	48		00:55:08	00:53:15	AÇOREANA CLUBE BANIF
2118	682	ARMANDO J S CUNHA	M	45		00:55:09	00:52:54	
2119	820	SERGIO AMARAL	M	46		00:55:09	00:54:17	SS CGD
2120	1823	JOSÉ HENRIQUES	M	45		00:55:10	00:53:50	
2121	3771	SIMÃO RIBEIRO	M	20		00:55:10	00:51:44	FAMÍLIA RIBEIRO
2122	3847	LUIS CARVALHO	M	48		00:55:10	00:53:42	
2123	3491	HENRIQUE SILVA	M	64		00:55:11	00:53:45	SILVAS
2124	2171	JOANA PERALTA	F	37		00:55:11	00:53:43	RB RUNNING/CARTAXEIRO
2125	1488	JOSÉ MANUEL NUNES	M	68		00:55:11	00:54:59	
2126	997	TIAGO OLIVEIRA	M	33		00:55:12	00:52:30	SAUDESPORTING
2127	848	RUI JORGE LUIS	M	35		00:55:12	00:53:26	
2128	2110	RUBEN TEIMAS	M	19		00:55:12	00:52:45	SPORTING CLUBE SANTANENSE
2129	4105	JOSÉ VILELAS	M	35		00:55:12	00:53:34	
2130	3640	RUI CAMPOS	M	31		00:55:12	00:54:45	ATOMIC TEAM
2131	2568	RUI FERNANDO ESTEVES RIBEIRO	M	47		00:55:12	00:53:51	SOFT TEAM
2132	2942	CARLOS SOUSA	M	37		00:55:13	00:53:18	
2133	1572	JOSÉ EDUARDO DA SILVA MONTEIRO	M	55		00:55:13	00:53:05	
2134	2097	CARLOS MADEIRA	M	47		00:55:13	00:52:42	BV MONTEMOR O NOVO
2135	3467	TOMAZ BAIRROS	M	47		00:55:13	00:52:57	PARDAIS
2136	2075	JOAQUIM CAMÕES	M	52		00:55:13	00:52:31	
2137	2999	JOÃO FILIPE	M	28		00:55:14	00:53:50	
2138	4175	JOÃO CAETANO	M	24		00:55:14	00:53:50	LEÕES DE ALMADA
2139	1535	JOÃO BAPTISTA	M	40		00:55:14	00:54:27	.
2140	4600	JAVIER CALVO	M	37		00:55:15	00:54:28	GD SANTANDER TOTTA
2141	3484	SERGIO SOUSA	M	41		00:55:16	00:54:26	
2142	2871	MANUEL PEREIRA RIBEIRO	M	59		00:55:17	00:53:16	
2143	803	ANDRE COELHO	M	30		00:55:18	00:53:21	SS CGD
2144	1418	ISAAC CARRELO	M	53		00:55:19	00:53:37	CLUBE ANACOM
2145	3477	PAULO DIAS	M	47		00:55:19	00:54:07	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2146	1236	PEDRO FERREIRA	M	21		00:55:19	00:54:55	CLUBE GRUPO BES
2147	629	MAURO ALEXANDRE	M	34		00:55:20	00:53:04	N SPORTINGUISTA V NOVAS
2148	2005	LUÍS HORTEGA ALVES	M	21		00:55:20	00:55:20	
2149	2972	EMANUEL BATALHA	M	37		00:55:21	00:53:56	
2150	1004	RICARDO MONIZ	M	41		00:55:21	00:54:03	
2151	1894	JOÃO CONCEIÇÃO NITA	M	40		00:55:21	00:54:28	
2152	2946	FERNANDO MARTINS	M	47		00:55:24	00:53:20	
2153	238	PAULO J A PEDRO	M	49		00:55:24	00:53:45	
2154	4704	FILIPPE PAIXÃO	M	40		00:55:25	00:53:00	ACTIVE PEOPLE
2155	4564	VITOR P. LUIS	M	54		00:55:25	00:53:43	
2156	3379	MIGUEL VITORINO	M	36		00:55:25	00:52:07	
2157	1870	LUIS DA SILVA	M	62		00:55:26	00:55:26	CLUBE DE FUTEBOL OS BELENENSES
2158	2382	RICARDO CARVALHO	M	39		00:55:27	00:54:50	
2159	2437	ERIC FRASSON	M	37		00:55:27	00:53:50	PUTOS RUNNING
2160	596	MARIO A F SIMAS	M	39		00:55:27	00:55:14	
2161	1851	IVO ALEXANDRE LIMA	M	36		00:55:27	00:52:19	
2162	668	ZEFERINO POMBEIRO	M	58		00:55:28	00:54:12	
2163	4520	PEDRO PINTO	M	48		00:55:28	00:54:22	
2164	144	VITOR M S ALMEIDA	M	53		00:55:29	00:52:36	
2165	1331	LUIS ROSA	M	55		00:55:29	00:54:55	
2166	4021	MUKESH RAMNICLAL CARSANE	M	36		00:55:29	00:55:29	
2167	3272	ARMANDO GOMES	M	28		00:55:29	00:53:09	CARACÓIS SALOIOS
2168	4534	MARIA DEOLINDA M. MARQUES	F	56		00:55:29	00:53:46	
2169	945	VASCO SILVA	M	36		00:55:30	00:52:50	LXL
2170	1618	SERGIO PEREIRA	M	41		00:55:30	00:54:14	CLUBE VODAFONE
2171	1019	ANTONIO GOMES	M	50		00:55:31	00:55:31	C.C.R.D.BURINHOSA
2172	3002	RODRIGO VICENTE	M	39		00:55:32	00:51:46	VICENTES
2173	1808	FERNANDO PALMA	M	38		00:55:32	00:53:42	SS MONTEPIO GERAL
2174	1976	VIRGILIO RODRIGUES	M	66		00:55:33	00:54:53	OS AMIGOS DO ESTRELA
2175	3381	MÁRIO VICENTE	M	65		00:55:34	00:51:50	VICENTES
2176	3763	FRANCISCO PAULINO	M	51		00:55:34	00:54:51	
2177	768	CONSTÂNTINO MENDÃO	M	53		00:55:35	00:54:08	ASSOCIAÇÃO DE ATLETISMO LEBRES
2178	4032	GONÇALO AMARO	M	36		00:55:35	00:54:41	
2179	598	DOMINGOS SILVA	M	54		00:55:36	00:53:27	
2180	4932	JOSE NOGUEIRA GONCALVES	M	58		00:55:37	00:53:36	
2181	3411	MARTA ANSELMO	F	42		00:55:37	00:54:09	
2182	1016	SERGIO SOARES	M	50		00:55:38	00:55:38	C.C.R.D.BURINHOSA
2183	4396	RUI VIEGAS	M	35		00:55:38	00:53:32	GALHARDOS RUNNERS
2184	3426	RUI FRANCO	M	36		00:55:38	00:53:51	RRF

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2185	2390	ANA MARTINS	F	46		00:55:39	00:53:40	
2186	1859	NUNO FERNANDES	M	40		00:55:40	00:52:33	
2187	4057	LUÍS REIS	M	50		00:55:40	00:53:36	FALCÕES SELVAGENS
2188	3512	FERNANDO LOURENCO	M	63		00:55:40	00:54:48	BOM PETISCO
2189	875	GABRIELA FREITAS	F	33		00:55:42	00:53:31	
2190	2148	VICTOR MENDES	M	30		00:55:42	00:55:04	
2191	87	GONÇALO M F GUIMARAES	M	35		00:55:42	00:52:57	A BOLA
2192	2793	JOÃO ALVES	M	46		00:55:42	00:55:30	
2193	3567	JOÃO TORRADO	M	65		00:55:43	00:55:02	
2194	2146	MARISA MENDES	F	33		00:55:43	00:55:05	
2195	2403	DAVID VICENTE	M	37		00:55:43	00:54:12	KLENTOS
2196	2930	CLARA SOFIA RODRIGUES	F	31		00:55:43	00:53:36	
2197	1481	DANIEL SANTOS	M	39		00:55:44	00:55:32	VFF 1896
2198	2081	ANTÓNIO PAULINO	M	61		00:55:44	00:55:37	
2199	1817	LUIS JESUS	M	46		00:55:44	00:53:23	SS CGD
2200	4208	PAULO MENDES	M	42		00:55:44	00:53:48	
2201	821	NUNO TAVARES	M	45		00:55:44	00:53:59	SS CGD
2202	1995	MANUELA GONÇALVES	F	45		00:55:44	00:55:20	OS AMIGOS DO ATLETISMO DE AVIS
2203	3316	DIOGO POPPE	M	46		00:55:45	00:54:39	
2204	3787	JOÃO MORGADINHO	M	45		00:55:45	00:53:56	
2205	3025	FABIO CARRIÇO	M	18		00:55:45	00:53:00	
2206	594	OLIVIER E S JANTY	M	36		00:55:46	00:53:31	
2207	2076	FERNANDO FERRITO	M	55		00:55:46	00:53:59	
2208	2060	LUIS COSTA	M	44		00:55:47	00:52:55	C MILLENINUM BCP
2209	3462	PAULO PALMINHA	M	43		00:55:47	00:54:53	
2210	3019	VANDA ARAÚJO	F	31		00:55:47	00:54:51	VALADARES
2211	2273	MANUEL ANTONIO	M	54		00:55:47	00:53:54	BV MONTEMOR O NOVO
2212	2035	PEDRO DELGADO	M	46		00:55:47	00:54:22	C MILLENINUM BCP
2213	1593	TIAGO BOAVIDA	M	49		00:55:48	00:54:04	
2214	3737	PAULO VAZ	M	41		00:55:48	00:52:37	
2215	1228	FLAVIO MONTEIRO	M	40		00:55:48	00:52:40	
2216	1653	HUGO VELOSO	M	35		00:55:49	00:53:25	
2217	2855	GENTIL PEREIRA	M	40		00:55:50	00:51:45	TIMON E PUMBAS
2218	4251	JORGE RAMOS	M	30		00:55:50	00:54:48	
2219	4632	PAULO DINIS	M	32		00:55:51	00:54:54	
2220	1141	MARIA FATUDA	F	58		00:55:52	00:54:44	CARRASCO & AMIGOS
2221	4119	PEDRO LUÍS LOPES	M	42		00:55:53	00:54:29	
2222	2893	MARCO SIMAS	M	39		00:55:53	00:54:36	
2223	2837	MANUEL C SANTOS	M	39		00:55:53	00:54:46	SS MONTEPIO GERAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2224	1095	LUIS MATOS	M	44		00:55:54	00:53:54	
2225	3863	JOSE ESTEVES	M	61		00:55:54	00:53:46	GDRC PONTERROLENSE
2226	3579	FERNANDO G G SILVA	M	50		00:55:54	00:54:25	
2227	2873	JOSÉ EMANUEL CORREIA	M	53		00:55:55	00:55:55	
2228	3764	MARCO MENDES	M	34		00:55:55	00:54:14	
2229	1252	MARIO LINO	M	50		00:55:55	00:54:31	
2230	4856	ALZIRO SANTOS NUNES	M	52		00:55:56	00:53:55	
2231	4885	TERESA ALMEIDA REI NUNES	F	47		00:55:56	00:53:52	
2232	3175	JOÃO JORGE	M	46		00:55:57	00:53:49	JOBRINDE-MONTES SALOIOS
2233	982	MARCELO FERREIRA	M	29		00:55:57	00:54:12	LINK
2234	4700	PAULO ALEXANDRE PIRES DA SILVA	M	36		00:55:57	00:53:14	
2235	3196	LUIS ANTONIO AGUIAR	M	42		00:55:57	00:53:42	
2236	2957	JOAQUIM COSTA	M	56		00:55:58	00:53:42	
2237	1172	CRISTINA CALDEIRA	F	44		00:55:58	00:52:59	AMINHACORRIDA/TOTALSTOR
2238	1703	RICARDO FARINHA	M	30		00:55:59	00:55:46	
2239	3609	CARLOS JESUS	M	63		00:55:59	00:53:52	GDCT REPSOL
2240	2079	CASIMIRO FERREIRA	M	69		00:55:59	00:54:13	
2241	1179	NUNO S MARQUES	M	46		00:55:59	00:52:57	AMINHACORRIDA/TOTALSTOR
2242	3932	FERNANDO CLAUDINO	M	61		00:55:59	00:54:45	
2243	1020	JOAQUIM VITORINO	M	57		00:56:00	00:56:00	C.C.R.D.BURINHOSA
2244	4737	JOSÉ CARLOS CERQUEIRA	M	36		00:56:00	00:52:30	OS TESUDOS
2245	4776	NUNO CAMACHO BEXIGA	M	28		00:56:00	00:53:40	
2246	4456	RICARDO MARTINS	M	24		00:56:00	00:56:00	
2247	162	RUI LEITAO	M	31		00:56:01	00:54:09	N SPORTINGUISTA LEOES FRONTEIRA
2248	4299	JOSE PIMENTEL	M	32		00:56:01	00:54:38	GD SANTANDER TOTTA
2249	4450	SÓNIA CRISTINA LOBO	F	37		00:56:02	00:55:05	OS LOBOS
2250	216	ALBERTO CAMPOS	M	57		00:56:03	00:54:28	GD BANCO BPI
2251	3808	ISAC DINIS	M	62		00:56:04	00:55:16	ASAS NOS PES
2252	1003	HELENA NUNO	F	62		00:56:05	00:54:30	
2253	1990	NUNO MENEZES	M	44		00:56:05	00:54:44	BLADERUNNERS
2254	3215	ANTÓNIO VALENTE	M	58		00:56:06	00:55:18	
2255	1771	VASCO REBELO	M	37		00:56:06	00:55:21	TOCA DO LEÃO
2256	3797	HELENA CUNHA	F	54		00:56:06	00:55:16	ASAS NOS PES
2257	2357	PAULO FLÓRIDO	M	48		00:56:06	00:54:07	
2258	3870	FILIPPE DOMINGOS	M	25		00:56:07	00:54:28	
2259	2517	SUSANA SILVA	F	35		00:56:07	00:54:13	FAÍSCAS LENTAS
2260	4547	ALBERTO CARVALHO	M	55		00:56:07	00:55:30	
2261	765	FRANCISCO PRATES	M	65		00:56:08	00:53:02	ASSOCIAÇÃO DE ATLETISMO LEBRES
2262	2453	JOÃO NOGUEIRA	M	40		00:56:08	00:54:40	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2263	2691	NUNO MIGUEL ABRANTES	M	25		00:56:08	00:54:21	SIGAA!
2264	4587	ALBINO DA SILVA RESENDE	M	61		00:56:08	00:55:59	
2265	4804	SANDRO PRATES	M	34		00:56:09	00:54:10	
2266	2714	NUNO MIGUEL PRATES	M	36		00:56:10	00:53:06	
2267	324	ANTONIO TAVARES	M	39		00:56:10	00:53:39	RUN 4 BEER
2268	1266	ANDRÉ RAPOSO	M	18		00:56:10	00:54:35	
2269	4820	RUI COSTA	M	31		00:56:11	00:53:29	
2270	1471	DANIEL COSTA	M	25		00:56:11	00:54:42	
2271	3668	LUCIANO ASSUNCAO	M	68		00:56:11	00:54:30	SPORTISEL
2272	3896	PEDRO FILIPE PRATES	M	36		00:56:12	00:53:06	
2273	4211	JOÃO AMORIM	M	33		00:56:12	00:54:27	PLANTA DO PÉ
2274	1267	JOSÉ RAPOSO	M	46		00:56:12	00:54:37	
2275	3979	LUÍS ANTUNES	M	33		00:56:13	00:54:01	
2276	1098	ANA FERREIRA	F	44		00:56:13	00:55:11	CLUBE GRUPO BES
2277	4269	NUNO MIGUEL NUNES RAMOS	M	31		00:56:14	00:54:03	
2278	696	HUGO COSTEIRA	M	34		00:56:14	00:53:45	
2279	2956	RENATO BOGALHO	M	27		00:56:14	00:54:16	
2280	241	JEREMIAS S RIBEIRO	M	66		00:56:15	00:55:36	
2281	4749	NUNO MIGUEL DE ABREU CRUZ	M	27		00:56:17	00:55:22	
2282	3542	PEDRO LOUREIRO	M	42		00:56:17	00:54:43	
2283	772	MARCOS FERREIRA	M	66		00:56:17	00:52:55	ASSOCIAÇÃO DE ATLETISMO LEBRES
2284	605	NUNO C FERNANDES	M	32		00:56:18	00:54:07	
2285	4734	ISABEL PAULA	F	43		00:56:20	00:55:10	
2286	309	HUGO BARRETO	M	37		00:56:21	00:54:19	
2287	1428	SOFIA DELGADO	F	35		00:56:21	00:55:02	TÁLENTO PRA CORRER TEAM
2288	2351	MIGUEL VARELA	M	48		00:56:22	00:55:01	GARAGE TEAM
2289	2685	RICARDO SILA	M	28		00:56:23	00:54:13	MAISUMA
2290	1202	ARMÉNIO ANDRADE	M	61		00:56:23	00:55:12	ACS-AMIGOS CORRID SALVATERRA
2291	1980	TERESA OLIVEIRA	F	56		00:56:24	00:55:33	OS AMIGOS DO ESTRELA
2292	3902	JOÃO DE AMORIM SALGUEIRO	M	23		00:56:24	00:54:26	
2293	1061	RUI PEREIRA	M	57		00:56:24	00:54:57	
2294	4810	PAULO P. PAIS	M	45		00:56:26	00:54:21	
2295	4990	IVAN RAMOS	M	30		00:56:26	00:54:32	
2296	4784	ANA PRIETO	F	28		00:56:26	00:54:12	
2297	1739	PEDRO LIZARDO	M	30		00:56:26	00:55:28	
2298	1844	SORAIA FERREIRA	F	38		00:56:26	00:55:29	
2299	4519	JOAO D FINO	M	47		00:56:28	00:55:51	
2300	2490	VITOR RODRIGUES	M	59		00:56:28	00:53:53	G. ATLETAS DE MONSANTO/GASCAN
2301	3296	ELSA GASPAR	F	26		00:56:28	00:55:34	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2302	3185	TIAGO SANTOS	M	25		00:56:29	00:52:36	LEÕES DE TUNES
2303	939	HERNÂNI AUGUSTO RODRIGUES GASPAR DA SILVA	M	51		00:56:29	00:54:19	
2304	3955	CARLOS JESUS MOREIRA	M	60		00:56:30	00:55:46	CCD METROLISBOA
2305	4892	ANTÓNIO LUÍS FREITAS MORNA	M	33		00:56:30	00:54:39	
2306	4822	JOÃO FERREIRA	M	22		00:56:30	00:52:32	
2307	223	DANIEL J C ALVES	M	29		00:56:30	00:54:34	
2308	4060	RUI MADEIRA	M	39		00:56:30	00:55:38	
2309	923	LUIZA LANDEIRO	F	43		00:56:32	00:54:49	SS CGD
2310	927	GONÇALO FERREIRA	M	36		00:56:32	00:53:02	CLUBE DESPORTIVO RIBEIRENSE
2311	2220	RUI XAVIER	M	46		00:56:33	00:53:46	CLUBE EDP LISBOA
2312	4048	FREDERICO NOBRE	M	37		00:56:33	00:55:12	
2313	1754	FERNANDA LOURENÇO NUNES	F	57		00:56:33	00:55:51	
2314	4716	JOSE CORREIA	M	46		00:56:33	00:53:58	
2315	1086	SILVINA MAGNO GAMEIRO	F	44		00:56:34	00:56:13	
2316	3923	ISABEL NOBRE	F	63		00:56:34	00:56:34	
2317	3248	MIGUEL SILVA	M	18		00:56:34	00:54:14	
2318	3981	FERNANDO MIGUEL BORGES COSTA DA SILVA	M	36		00:56:34	00:54:21	
2319	2595	HELENA REIS	F	33		00:56:34	00:53:15	
2320	1505	ANTONIO LOURO	M	44		00:56:35	00:54:13	
2321	3941	SABIR KANJI	M	34		00:56:35	00:54:25	SS CGD
2322	4293	JORGE SOARES	M	18		00:56:35	00:55:51	OPROTICANTE/CD ASAS DO MILENIU
2323	4080	MIGUEL SILVA	M	19		00:56:35	00:55:48	OPROTICANTE/CD ASAS DO MILENIU
2324	3684	JOAQUIM NICO	M	38		00:56:36	00:55:55	OS PILAS
2325	2664	JOÃO CAPELO	M	39		00:56:36	00:54:34	
2326	4098	TIAGO FERNANDES	M	26		00:56:37	00:55:35	
2327	4070	VANDA JESUS	F	42		00:56:37	00:54:36	FALCÕES SELVAGENS
2328	2644	FRANCISCO MACHETA	M	41		00:56:37	00:52:58	
2329	3683	RUI MATOS	M	30		00:56:37	00:55:56	OS PILAS
2330	419	BRUNO AMARO	M	37		00:56:37	00:52:49	
2331	569	PEDRO M P M GARCIA	M	27		00:56:38	00:53:43	
2332	426	JOAO RODRIGUES	M	32		00:56:38	00:55:24	
2333	4321	NUNO PEDROSO	M	41		00:56:39	00:53:03	
2334	1286	PAULO BENIDO	M	56		00:56:39	00:54:52	
2335	1373	JORGE BARREIRA	M	69		00:56:40	00:55:21	
2336	2626	JOAO D A VASCONCELOS	M	39		00:56:41	00:54:24	
2337	2007	JOAQUIM MARIA FEIJOO	M	65		00:56:41	00:55:13	
2338	849	PEDRO SOUSA	M	38		00:56:42	00:54:53	
2339	4322	JOSÉ CARLOS COSTA	M	36		00:56:43	00:54:51	
2340	106	AMADEU F BRIGAS	M	47		00:56:43	00:54:41	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2341	779	ADELINO PEREIRA	M	49		00:56:43	00:55:04	ODEBRECHT/BPC
2342	4687	CARLOS MARQUES	M	35		00:56:44	00:52:02	
2343	2282	RICARDO CARVALHO	M	43		00:56:44	00:54:46	
2344	610	PAULA I R CORREIA	F	47		00:56:45	00:55:04	
2345	1343	ALEXANDRA PIRES	F	46		00:56:46	00:55:04	
2346	2535	PAULO LOURINHO	M	44		00:56:46	00:53:09	C. A. AMIGOS DE BELÉM
2347	4291	JOSE RIBEIRO	M	68		00:56:47	00:54:54	GD SANTANDER TOTTA
2348	1775	TIAGO HENRIQUES	M	26		00:56:47	00:55:03	TEAM MARMITA
2349	750	BRUNO BERNARDO	M	35		00:56:47	00:52:42	
2350	340	ANTONIO PEREIRA	M	72		00:56:47	00:56:03	GDC BANCO PORTUGAL
2351	1355	JOÃO RICARDO MARQUES CANAS	M	30		00:56:47	00:55:01	
2352	2467	BRUNO COSTA	M	35		00:56:48	00:55:22	CCD AUT ALMADA
2353	4330	CARLOS COELHO	M	40		00:56:48	00:55:03	
2354	2227	ANDRÉA ALMEIDA	F	36		00:56:48	00:55:46	
2355	3799	NUNO MACHADO	M	34		00:56:49	00:55:08	
2356	2981	ANIBAL PENTEADO	M	48		00:56:49	00:54:51	PAPA TRILHOS RUN TEAM
2357	4363	FILIPPE SERRA COSTA	M	30		00:56:49	00:54:31	
2358	4670	CARLOS CASACA	M	51		00:56:50	00:53:53	
2359	498	LUIS M M MARTINS	M	53		00:56:50	00:55:30	
2360	2055	LUDGERO RODRIGUES	M	57		00:56:50	00:54:44	C MILLENINUM BCP
2361	4705	SAIDA MORAIS	F	41		00:56:51	00:54:26	ACTIVE PEOPLE
2362	2170	ANA CRISTINA CARVALHO	F	44		00:56:51	00:54:56	
2363	4277	LUIS BRITES	M	43		00:56:51	00:54:52	
2364	2118	MARIA GAMA	F	38		00:56:51	00:55:31	C.A. AMIGOS PARQUE DA PAZ
2365	2551	CARLOS NASCIMENTO BARREIROS	M	45		00:56:52	00:55:18	
2366	3730	JORGE REGO	M	46		00:56:52	00:55:01	
2367	1768	PEDRO SILVA	M	33		00:56:52	00:56:09	TOCA DO LEÃO
2368	1213	CÁTIA SANTOS	F	29		00:56:52	00:55:00	
2369	2989	BRUNO MARTINS	M	41		00:56:52	00:54:44	
2370	4779	CARLA SOUSA	F	35		00:56:53	00:54:40	
2371	3274	MONICA ABREU	F	33		00:56:53	00:55:58	SS MONTEPIO GERAL
2372	510	JOSE F MARQUES	M	46		00:56:53	00:53:21	
2373	3473	LAURA RUIVO	F	18		00:56:53	00:54:51	
2374	814	RUI PEREIRA	M	43		00:56:53	00:54:09	SS CGD
2375	2830	LUIS MARREIROS	M	41		00:56:54	00:54:42	PINHAL NOVO
2376	1963	MÁRIO MANUEL GONÇALVES DOS SANTOS	M	47		00:56:54	00:56:11	
2377	2117	ANTÓNIA GAMA JORDÃO	F	36		00:56:54	00:56:54	C.A. AMIGOS PARQUE DA PAZ
2378	4393	ANA FILIPA FARIA1	F	36		00:56:55	00:56:21	CANHÕES DA NAZARÉ/CAN
2379	705	LUIS F D PIRES	M	30		00:56:55	00:54:04	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2380	4289	LIGIA MORAIS	F	38		00:56:56	00:54:52	SS MONTEPIO GERAL
2381	563	JOAO L C MARINHO	M	32		00:56:56	00:54:56	
2382	1091	HUGO HENRIQUES	M	36		00:56:57	00:55:29	FCC LOGISTICA
2383	1598	JOHN HINCHEY	M	24		00:56:57	00:55:28	FSG COLLONGE BELLERIVE
2384	3604	MANUEL SEQUEIRA	M	63		00:56:57	00:54:53	GDCT REPSOL
2385	3093	FREITAS RIBEIRO	F	39		00:56:57	00:55:23	QUARTETO
2386	2738	MANUEL CARLOS	M	55		00:56:57	00:54:41	
2387	3075	JOSE FREITAS	M	67		00:56:57	00:55:23	QUARTETO
2388	1600	MARGARIDA MARQUES	F	29		00:56:58	00:55:29	FSG COLLONGE BELLERIVE
2389	816	PAULA GONÇALVES	F	38		00:56:58	00:55:16	SS CGD
2390	804	ANTONIO NEGRINHO	M	49		00:56:58	00:54:20	SS CGD
2391	3321	ANA BRAS	F	47		00:56:58	00:55:15	SS CGD
2392	2250	BRUNO SILVA	M	38		00:56:58	00:56:10	DHS
2393	2828	NUNO BRANCO	M	40		00:56:58	00:54:44	
2394	157	NUNO G GOUVEIA	M	37		00:56:59	00:54:24	
2395	4811	MIGUEL ESTEVES	M	43		00:56:59	00:53:19	
2396	3767	VITOR RIBEIRO	M	48		00:56:59	00:56:15	FAMÍLIA RIBEIRO
2397	3507	NUNO LIMA	M	36		00:56:59	00:53:18	MALANDER`S DO SPORTING!!
2398	3776	MIGUES ESTEVES	M	43		00:56:59	00:52:50	MALANDER`S DO SPORTING!!
2399	1587	PAULO SARAMAGO	M	41		00:57:00	00:54:46	AÇOREANA CLUBE BANIF
2400	5015	LUCIDEIA PITREZ	F	35		00:57:00	00:54:42	PITREZ RUNNING
2401	4216	PAULO CURTO DE SOUSA	M	47		00:57:00	00:57:00	RUN 4 FUN
2402	3644	GONÇALO LOUREIRO	M	36		00:57:00	00:53:09	
2403	3903	MARTIM DIAS	M	28		00:57:01	00:55:03	
2404	3362	HEITOR AMORIM	M	29		00:57:01	00:54:31	DUPLA VERDE
2405	2465	ARMANDO GONÇALVES	M	61		00:57:02	00:56:31	CCD AUT ALMADA
2406	882	GONÇALO SORRELUS	M	37		00:57:02	00:53:51	
2407	3806	DUARTE FIALHO	M	30		00:57:02	00:54:30	
2408	278	FRANCISCO P S M FERREIRA	M	21		00:57:02	00:55:13	
2409	2067	FREDERICO CARDONA	M	33		00:57:03	00:56:30	KEEP CALM & XORA
2410	960	ROMÃO VALENTE	M	51		00:57:03	00:55:06	
2411	662	JOAO FERREIRA	M	25		00:57:04	00:57:04	N SPORTINGUISTA C MAFRA
2412	2764	ANDRÉ NEVES DA SILVA JORGE	M	37		00:57:04	00:53:24	
2413	2174	SOFIA RAMALHO	F	18		00:57:04	00:54:19	C MILLENINUM BCP
2414	2196	RUI RAMALHO	M	45		00:57:05	00:54:20	C MILLENINUM BCP
2415	181	JOSE M S ALIPIO	M	56		00:57:05	00:56:13	
2416	1560	SOFIA SILVA	F	34		00:57:05	00:54:31	
2417	2676	NUNO FERNANDO MARQUES PAIVA DE ALMEIDA	M	63		00:57:05	00:54:31	CORRE@CORRER
2418	2766	MIGUEL MENDES	M	38		00:57:06	00:55:41	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2419	3279	MARIANA CABRITA	F	25		00:57:06	00:53:13	LEÕES DE TUNES
2420	3796	JOSE A DOMINGUES	M	50		00:57:07	00:55:34	
2421	398	HUGO A F ALVES	M	33		00:57:07	00:53:04	
2422	2100	PAULO ANTUNES	M	42		00:57:07	00:57:07	
2423	1888	JOSÉ LEITÃO	M	40		00:57:07	00:54:41	
2424	1880	DIOGO BATISTA	M	34		00:57:08	00:54:54	BATISTA
2425	3178	RUTE MORNA	F	38		00:57:10	00:55:59	SS MONTEPIO GERAL
2426	2835	JUDITE BAIXINHO	F	27		00:57:11	00:55:19	
2427	3057	MARIA SOUSA	F	18		00:57:12	00:53:16	
2428	66	SERGIO PORTAS	M	36		00:57:12	00:55:47	MTV
2429	2820	NUNO ALMEIDA	M	35		00:57:12	00:55:41	AS FERAS
2430	1313	FRANCISCO SARDINHA	M	43		00:57:14	00:55:19	
2431	4629	RICARDO FORTES	M	37		00:57:14	00:57:14	
2432	3016	BERNARDO BRÁS GONÇALVES	M	18		00:57:14	00:53:18	
2433	560	GONÇALO FERREIRA	M	37		00:57:15	00:55:08	THE GOURMET
2434	67	SOFIA AGOSTINHO	F	36		00:57:15	00:55:46	MTV
2435	2630	ANTONIO FABIAO	M	49		00:57:16	00:55:26	
2436	2772	HERALDO VICENTE	M	51		00:57:16	00:55:33	
2437	4806	CARLOS FACHADA	M	44		00:57:16	00:54:38	
2438	2906	JOÃO PAULO DIAS	M	41		00:57:16	00:56:31	
2439	208	JOAO GUTERRES	M	50		00:57:16	00:54:22	
2440	1852	MARISA FRANCISCO	F	35		00:57:17	00:54:40	
2441	1853	NUNO SANTOS	M	38		00:57:17	00:54:40	
2442	4194	MARTA MOTA	F	29		00:57:17	00:54:46	
2443	2615	NUNO PAULO REI CARROLO	M	43		00:57:17	00:56:31	
2444	4178	PEDRO FONSECA	M	24		00:57:17	00:55:53	LEÕES DE ALMADA
2445	790	SERGIO HENRIQUE	M	42		00:57:18	00:56:50	ODEBRECHT/BPC
2446	3595	CRISTINA CUNHA	F	43		00:57:18	00:56:43	
2447	3092	JOAQUIM BENTES	M	63		00:57:18	00:55:44	QUARTETO
2448	1932	RENATO PENAS	M	36		00:57:19	00:54:48	G. D. PORTO DE SINES
2449	3921	JOAQUIM JORGE CARDOSO VALADARES	M	51		00:57:19	00:56:32	VALADARES
2450	1874	MARGARIDA PARDAL	F	44		00:57:20	00:55:18	CARAPUS DE CORRIDA
2451	1872	AGOSTINHO DIAS	M	48		00:57:20	00:55:18	CARAPUS DE CORRIDA
2452	1873	JAIME PARDAL	M	44		00:57:20	00:55:18	CARAPUS DE CORRIDA
2453	2870	EMIDIO PELARIGO	M	60		00:57:20	00:55:51	
2454	2153	OLIVIA BRANDÃO	F	55		00:57:21	00:55:14	CGD-OVAR
2455	1731	RICARDO AMARAL PINTO	M	35		00:57:22	00:56:52	
2456	1097	ANA AZEVEDO	F	34		00:57:22	00:55:24	CLUBE GRUPO BES
2457	2317	CARLOS SOARES	M	68		00:57:22	00:55:08	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2458	404	NUNO A DIOGO	M	40		00:57:22	00:53:23	
2459	578	CLAUDIO M F CAIRES	M	40		00:57:22	00:54:29	
2460	4053	ANTÓNIO MANUEL DOS SANTOS ALVES	M	44		00:57:23	00:54:56	
2461	4482	JOÃO PEDRO SILVA CARVALHO	M	20		00:57:23	00:53:32	LIGA DO PALPITE
2462	2245	ANTÓNIO J M SERRA	M	54		00:57:23	00:57:23	
2463	4477	ORLANDO RODRIGUES	M	48		00:57:24	00:55:31	
2464	3873	MARCO PINTO	M	41		00:57:25	00:54:09	
2465	1530	FREDERICO SANGAREAU	M	25		00:57:25	00:54:23	
2466	983	ANTÓNIO BRANDÃO	M	55		00:57:25	00:55:17	CGD-OVAR
2467	3382	FELIX ESTEVES	M	68		00:57:26	00:53:41	VICENTES
2468	4199	ANTONIO BILA	M	57		00:57:26	00:56:05	GARMIN CO OEIRAS
2469	3268	VASCO FIGUEIREDO	M	23		00:57:27	00:54:01	ARGUS SSO
2470	4857	HORÁCIO FERREIRA	M	44		00:57:28	00:55:59	
2471	4210	ANTÓNIO VIEIRA	M	64		00:57:28	00:55:43	PLANTA DO PÉ
2472	1594	FERNANDO PEDRO	M	19		00:57:28	00:55:36	
2473	4835	GONÇALO CAMPOS	M	38		00:57:29	00:53:31	
2474	592	BRUNO M R ALMEIDA	M	36		00:57:29	00:55:49	
2475	2577	FRANCISCO BATISTA	M	35		00:57:29	00:56:44	
2476	4898	MIGUEL FERREIRA DA SILVA	M	29		00:57:30	00:53:29	
2477	1737	CECILIA PAULA OLIVEIRA	F	38		00:57:31	00:56:46	
2478	2010	ÉDER SILVA	M	29		00:57:31	00:53:28	WANNABES
2479	4951	ANA MATIAS	F	48		00:57:33	00:55:48	
2480	3883	MAGDA RIOS	F	30		00:57:33	00:57:02	GRFH, LDA
2481	3961	JOSÉ PEREIRA	M	56		00:57:33	00:55:34	
2482	4634	ANDRÉ FILIPE MOREIRA AGRELA GONÇALVES	M	19		00:57:33	00:55:40	
2483	4874	GONÇALO OLIVEIRA	M	30		00:57:34	00:55:37	
2484	1263	PEDRO XAVIER	M	36		00:57:34	00:55:12	
2485	1264	SERGIO LUPIÓN	M	35		00:57:34	00:55:13	
2486	257	PEDRO TAVEIRA	M	43		00:57:34	00:54:24	FITNESS PLAYGROND
2487	593	FRANCISCO M R ALMEIDA	M	66		00:57:34	00:55:54	
2488	4158	PAULO LARANJEIRA	M	49		00:57:36	00:56:23	LEOES DA GRAÇA
2489	2636	JORGE DIAS	M	47		00:57:36	00:55:46	
2490	283	JOSE BALEIRAS	M	64		00:57:36	00:54:23	
2491	357	JOAO P A G BRANCO	M	33		00:57:37	00:54:28	
2492	4853	PEDRO ANTÃO	M	23		00:57:37	00:55:50	
2493	174	ANTONIO P LOBO	M	56		00:57:38	00:54:56	GRUPO MARADONA
2494	1437	PAULO JORGE LEITÃO	M	31		00:57:38	00:55:09	2FAST2WALK
2495	1143	TIAGO FIGUEIRA	M	35		00:57:38	00:54:29	
2496	1144	JOÃO CERQUEIRA	M	37		00:57:39	00:54:29	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2497	4110	MANUEL ANASTÁCIO	M	44		00:57:40	00:55:12	
2498	1658	JOSE VALENTIM	M	60		00:57:40	00:54:14	C FERROV PORTUGAL
2499	209	JOAQUIM CONDE	M	57		00:57:40	00:54:51	
2500	128	FREDERICO M OLIVEIRA	M	33		00:57:40	00:55:49	
2501	3435	HUGO MARTINS	M	35		00:57:40	00:56:28	
2502	3063	FILIFE JUNQUEIRA	M	32		00:57:41	00:56:33	
2503	3500	CARLOS MIGUEL SILVA	M	41		00:57:42	00:55:42	TARTARUGAS DO TEJO
2504	2222	JOAO SALAZAR	M	46		00:57:42	00:55:54	
2505	1269	RICARDO CLARO	M	33		00:57:42	00:55:47	
2506	3159	JOAO PEDRO MARREIROS	M	43		00:57:43	00:55:16	
2507	2051	VITOR VASCONCELOS	M	63		00:57:43	00:55:09	C MILLENINUM BCP
2508	3974	PEDRO ROCHA	M	43		00:57:43	00:55:15	
2509	520	MANUEL R RODRIGUES	M	52		00:57:44	00:56:13	
2510	1268	LUIS FELIZ	M	34		00:57:44	00:55:48	
2511	2800	CEU VIEGAS	F	51		00:57:44	00:54:44	CONSTRUTENIS
2512	2305	MANUEL MATOS	M	43		00:57:45	00:53:59	
2513	4566	NUNO SILVA CARVALHO	M	49		00:57:45	00:53:54	LIGA DO PALPITE
2514	1121	MOISES FERNANDES	M	44		00:57:45	00:57:08	CLUBE GRUPO BES
2515	4081	VÍTOR FORMIGA	M	30		00:57:45	00:54:13	FORMIGAS E AMIGOS
2516	688	HENRIQUE M P SEIXAS	M	37		00:57:46	00:56:04	INDIVIDUAL
2517	4877	JOÃO PAULO SANTOS LIMA	M	53		00:57:47	00:55:42	4 AO KM
2518	3108	RUI DUARTE	M	42		00:57:47	00:56:04	
2519	2211	RODRIGO ALBERGARIA	M	44		00:57:48	00:54:31	
2520	2584	NUNO CARMONA	M	29		00:57:48	00:57:48	
2521	4616	RENATO JÁCOME	M	44		00:57:48	00:56:03	A CORRER É QUE A GENTE SE ENTE
2522	1561	CARLOS LOPES	M	60		00:57:48	00:55:11	
2523	4338	NUNO RICARDO COSTA	M	36		00:57:49	00:56:08	
2524	1924	NELSON OLIVEIRA	M	68		00:57:49	00:56:27	
2525	4314	RODRIGO RISCADO	M	39		00:57:49	00:56:09	
2526	3814	CARLOS COELHO	M	41		00:57:50	00:55:02	
2527	2675	VITOR VICENTE	M	41		00:57:50	00:55:14	
2528	4612	SÉRGIO MARTINS	M	38		00:57:50	00:56:18	
2529	1563	HUGO RATINHO	M	31		00:57:50	00:55:14	CORRE@CORRER
2530	603	TIAGO A P MATEUS	M	20		00:57:51	00:55:30	
2531	2684	LEONEL MARQUES	M	43		00:57:51	00:55:42	
2532	3245	JORGE LOURENÇO	M	35		00:57:52	00:56:48	DHS
2533	3705	MÁRCIO LOURENÇO	M	34		00:57:52	00:56:15	
2534	429	FILIPA A COUTINHO	F	40		00:57:52	00:57:40	
2535	850	JOÃO BAPTISTA	M	60		00:57:52	00:57:19	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2536	2008	RUI SOEIRO	M	33		00:57:53	00:55:09	
2537	1421	ROGERIO PINA	M	59		00:57:53	00:56:10	CLUBE ANACOM
2538	817	OLGA BORGES	F	38		00:57:53	00:56:06	SS CGD
2539	3706	LUÍS DE ABREU	M	40		00:57:53	00:56:15	
2540	2829	JOÃO PEDRO SANTOS	M	28		00:57:53	00:55:41	PINHAL NOVO
2541	590	CARLOS VAZ	M	50		00:57:54	00:56:08	
2542	110	JOAQUIM R C LOPES	M	64		00:57:54	00:57:21	
2543	609	NUNO AFONSO	M	42		00:57:54	00:57:54	
2544	3698	JOAQUIM FILIPE	M	47		00:57:55	00:54:42	
2545	2009	JESUINO VIEIRA	M	65		00:57:55	00:55:10	
2546	3850	ADRIANA TURENSCHI	F	29		00:57:55	00:56:35	
2547	3458	JOÃO CRAVO	M	29		00:57:56	00:56:00	
2548	3255	JOÃO RICARDO DUARTE	M	38		00:57:56	00:54:47	
2549	5008	FERNANDO LOPES	M	37		00:57:56	00:55:08	
2550	4388	ROMULO MARZULLO	M	26		00:57:58	00:56:03	
2551	2505	NUNO ROCHA	M	32		00:57:58	00:55:13	
2552	1603	LUIZ PEREIRA	M	33		00:57:58	00:55:24	
2553	3718	MIGUEL LOPES	M	37		00:57:58	00:56:19	CD ASAS DO MILÉNium
2554	611	RUI M S RITA	M	47		00:57:58	00:56:16	
2555	2090	DULCE RAMOS	F	44		00:57:58	00:55:10	C MILLENINUM BCP
2556	973	JOÃO SANTOS	M	36		00:57:59	00:54:46	G. D. PORTO DE SINES
2557	2189	EDUARDO LOPES	M	42		00:57:59	00:55:14	C MILLENINUM BCP
2558	4812	FILIPE PEREIRA	M	31		00:58:00	00:55:59	
2559	168	ANTONIO M M FERREIRA	M	64		00:58:00	00:56:05	
2560	1897	PEDRO MARQUES	M	44		00:58:00	00:54:50	
2561	2065	NUNO BÓCHINHA	M	35		00:58:01	00:56:35	
2562	4722	ANA ISABEL SEQUEIRA CARVALHO	F	35		00:58:02	00:55:35	
2563	4805	LUÍS FILIPE BERNARDO LOPES	M	37		00:58:02	00:57:52	
2564	1882	SANDRA POÇO	F	29		00:58:02	00:57:30	
2565	2354	RICARDO SEVERINO	M	27		00:58:02	00:56:39	GARAGE TEAM
2566	401	JOAO R G R SOOUSA	M	23		00:58:03	00:56:25	
2567	1981	NATIDADE CARDOSO	F	62		00:58:03	00:57:13	OS AMIGOS DO ESTRELA
2568	4572	JOÃO BERNARDINO	M	39		00:58:03	00:56:18	A CORRER É QUE A GENTE SE ENTE
2569	1436	PEDRO ANGELO	M	29		00:58:03	00:53:59	
2570	4886	FILIPE ANTUNES	M	39		00:58:04	00:56:09	
2571	595	TOME J A VASCONCELOS	M	37		00:58:04	00:55:49	
2572	4585	MIKAEL LUCIANO ABADE SARAIVA	M	25		00:58:05	00:56:14	
2573	3336	NATÁLIA LOUSADA MARREIROS	F	49		00:58:06	00:55:39	
2574	2289	JOÃO PINHEIRO	M	80		00:58:06	00:55:35	JAZZY RUNNERS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2575	723	SARA PINTO	F	33		00:58:06	00:57:16	CLUBE VII
2576	2027	NELSON GUIMARAES	M	66		00:58:06	00:55:36	C MILLENINUM BCP
2577	2554	RODRIGO AZEVEDO	M	35		00:58:06	00:56:49	
2578	3051	HUGO LUIS FARINHA ALVES	M	40		00:58:07	00:55:58	
2579	2571	PEDRO RODRIGUES	M	28		00:58:08	00:56:25	OS "PERNINHAS"
2580	1503	CRISTINA SALVADO	F	43		00:58:08	00:55:45	
2581	2880	JOSÉ RODRIGUES	M	35		00:58:08	00:55:50	GRUPO DESPORTIVO SERVICONTABIL
2582	2951	RICARDO CUNHA	M	22		00:58:09	00:56:44	
2583	2572	MARCO CANADA	M	30		00:58:09	00:56:26	OS "PERNINHAS"
2584	2631	RAUL CERVEIRA	M	44		00:58:09	00:55:39	
2585	2589	ANTONIO BATISTA	M	53		00:58:11	00:56:00	
2586	4993	CARLOS GUERREIRO	M	42		00:58:11	00:55:35	
2587	4243	LUCÍLIA REIS	F	54		00:58:11	00:54:16	FALCÕES SELVAGENS
2588	4999	JORGE LOPES	M	47		00:58:12	00:55:35	TARAHUMARA
2589	446	FRANCISCO COITO	M	61		00:58:12	00:56:42	
2590	3922	SARA LOPES	F	28		00:58:12	00:56:15	VALADARES
2591	1690	HELDER COELHO	M	40		00:58:12	00:57:28	TOCA DO LEÃO
2592	834	ANA ALPALHÃO	F	40		00:58:13	00:56:45	ALPALHAO
2593	195	RUI BATISTA	M	39		00:58:14	00:56:58	BRIGADA ULTRAS SPORTING
2594	2519	RICARDO SILVA	M	41		00:58:14	00:56:19	
2595	3094	DANIEL RIBEIRO	M	21		00:58:15	00:57:12	SCALABIS NIGHT RUNNERS
2596	3696	MIGUEL BENTO	M	26		00:58:15	00:55:02	
2597	1309	MIGUEL PIRES	M	35		00:58:16	00:55:00	LINK
2598	3271	CARMINDA REGA	F	51		00:58:16	00:56:17	
2599	2662	NUNO GALVEIAS	M	41		00:58:17	00:56:46	
2600	4152	SARA ALEXENDRA PEDRO FARIA	F	33		00:58:18	00:57:43	CANHÕES DA NAZARÉ/CAN
2601	4364	FILIPPE CARVALHEIRO	M	50		00:58:18	00:57:44	CANHÕES DA NAZARÉ/CAN
2602	1686	SEVERINO CRUZ	M	50		00:58:19	00:58:19	AFIS-OVAR
2603	2151	ALFREDO FONSECA	M	40		00:58:19	00:55:36	LXL
2604	591	JOSE M R T PIRES	M	43		00:58:19	00:55:20	
2605	757	JORGE MARQUES	M	60		00:58:19	00:54:48	
2606	4473	LUIS C DIAS	M	34		00:58:20	00:53:44	
2607	3965	ARTUR MARINHO	M	40		00:58:20	00:55:24	OS BEIRÕES
2608	2216	JOSÉ V NATAL DA LUZ	M	64		00:58:20	00:55:03	
2609	3966	JOSÉ CARLOS MONTEIRO	M	48		00:58:22	00:55:26	OS BEIRÕES
2610	881	ARLINDO PARRA	M	52		00:58:22	00:56:43	CLUBE EDP LISBOA
2611	4500	LUIS EVANGELISTA	M	39		00:58:24	00:54:11	COMANDO C
2612	246	JOAO OLIVEIRA	M	29		00:58:24	00:56:51	
2613	4023	FIRMINO SARAIVA	M	70		00:58:24	00:57:23	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2614	4883	ANA TERESA COSTA	F	34		00:58:24	00:57:16	
2615	956	ANDRÉ MENDES	M	30		00:58:24	00:55:07	CLUBE DESPORTIVO RIBEIRENSE
2616	1861	JOSÉ DUARTE	M	33		00:58:24	00:56:30	
2617	5009	NUNO RAIMUNDO	M	39		00:58:25	00:55:35	
2618	2569	ELIZABETH LAGE	F	43		00:58:26	00:57:06	SOFT TEAM
2619	3355	MAULIDE XAVIER DIAS	M	39		00:58:26	00:57:57	
2620	489	DIOGO O MARTINS	M	23		00:58:26	00:56:29	
2621	2372	VASCO ARMES	M	41		00:58:27	00:56:10	
2622	2627	MÔNICA ALEXANDRA DA CUNHA DOS SANTOS	F	36		00:58:27	00:55:24	
2623	2770	ADEMAR PEREIRA	M	41		00:58:27	00:55:29	
2624	4236	CARLOS PEREIRA	M	33		00:58:28	00:56:31	
2625	4549	GRACIELA ESSER	F	31		00:58:29	00:57:48	AFRS
2626	4550	MARTA CORREIA	F	21		00:58:30	00:57:49	AFRS
2627	2141	JORGE SILVA	M	58		00:58:31	00:58:13	
2628	3978	HUGO FIGUEIREDO	M	43		00:58:31	00:55:03	
2629	3120	CARINA VEIGA	F	28		00:58:33	00:56:10	GD SANTANDER TOTTA
2630	2984	MIGUEL MIMOSO	M	28		00:58:33	00:56:15	FORÇA BRUTAL
2631	806	FRANCOSCO CLERIGO	M	60		00:58:33	00:56:05	SS CGD
2632	4353	PEDRO ROSENDO	M	26		00:58:34	00:56:57	
2633	4896	ANDRÉ SIMÕES	M	39		00:58:34	00:56:37	
2634	3001	MANUEL GOMES	M	56		00:58:34	00:56:41	
2635	2686	MÔNICA CARDOSO	M	34		00:58:35	00:56:26	MAISUMA
2636	4869	ESMERALDA PEREIRA	F	22		00:58:35	00:57:08	
2637	5037	LUÍS DIAS	M	34		00:58:35	00:56:32	
2638	4606	CARLOS JORGE CORREIA	M	43		00:58:35	00:55:27	
2639	2729	MÁRIO GOMES	M	38		00:58:35	00:56:34	
2640	1672	DOMINGOS MELAO	M	59		00:58:36	00:56:40	GD INE
2641	1315	TIAGO FILIPE MATEUS COELHO	M	26		00:58:36	00:56:37	
2642	179	HUGO P CASSIMO	M	26		00:58:36	00:55:29	
2643	2293	PEDRO ORDONHO	M	30		00:58:37	00:56:07	JAZZY RUNNERS
2644	4129	PEDRO GOMES	M	33		00:58:37	00:54:53	
2645	172	LUIS PINTO	M	36		00:58:38	00:55:34	GRUPO MARADONA
2646	1363	PATRÍCIA PEREIRA	F	35		00:58:38	00:57:15	TARTARUGAS IMPARÁVEIS
2647	737	SARA PINA CABRAL	F	42		00:58:39	00:57:19	
2648	2740	ANTONIO DUARTE	M	28		00:58:39	00:55:18	OS PAPA CORRIDAS
2649	4531	FERNANDA ALMEIDA	F	44		00:58:40	00:55:36	
2650	3432	RICARDO CASTRO	M	32		00:58:40	00:58:40	IRMÃOS CASTRO
2651	1663	CUSTODIO JANUARIO	M	60		00:58:41	00:56:40	INDIVIDUAL
2652	3431	MIGUEL CASTRO	M	33		00:58:41	00:55:18	IRMÃOS CASTRO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2653	515	FABIO D C POÇO	M	29		00:58:41	00:58:09	
2654	187	JOANA T PINTO	F	29		00:58:41	00:57:35	
2655	354	JOANA SANTOS	F	28		00:58:42	00:57:36	N SPORTINGUISTA LOURES
2656	1602	CARLOS LUZ	M	32		00:58:42	00:56:05	
2657	919	PAULO BAILAO	M	43		00:58:43	00:56:06	SS CGD
2658	4261	RICARDO LEITÃO	M	40		00:58:43	00:56:37	
2659	285	NUNO ALVES	M	34		00:58:43	00:55:04	
2660	3263	JOSE P FERREIRA	M	40		00:58:44	00:58:44	SS MONTEPIO GERAL
2661	320	BRUNO M J MADEIRA	M	35		00:58:44	00:57:28	
2662	2484	RODOLFO GOMES	M	35		00:58:44	00:55:57	OS ANDARILHOS
2663	4529	ADELAIDE MANHICA	F	55		00:58:45	00:57:04	
2664	1340	ANA GONÇALVES	F	46		00:58:45	00:57:02	
2665	2683	VASCO MESQUITA	M	31		00:58:45	00:56:34	MAISUMA
2666	2494	ANTÓNIO REYES	M	59		00:58:47	00:56:10	G. ATLETAS DE MONSANTO/GASCAN
2667	4120	RICARDO	M	40		00:58:47	00:55:11	
2668	4493	LUIS VIEIRA	M	41		00:58:47	00:58:47	
2669	4283	JORGE GONÇALVES	M	42		00:58:47	00:56:41	
2670	3817	VITORINO SANTOS	M	57		00:58:48	00:55:59	
2671	3816	CAROLINA SANTOS	F	18		00:58:48	00:56:00	
2672	3386	LUÍS FILIPE SPENCER MONTEIRO	M	45		00:58:49	00:55:07	
2673	2652	HUGO SEVERINO	M	35		00:58:49	00:55:29	CLUBE EDP LISBOA
2674	3251	JORGE DURO	M	40		00:58:50	00:56:51	
2675	1781	AMERICO COSTA	M	56		00:58:50	00:58:50	TECNOSPIE
2676	3217	LUIS CLÁUDIO CUNHA PEREIRA MOTA	M	39		00:58:50	00:57:05	
2677	4146	GONÇALO ATHIAS BRANCO PEREIRA RODRIGUES DE SOUSA	M	36		00:58:50	00:55:23	COMANDO C
2678	444	Mª GRACIETE BATISTA	M	45		00:58:51	00:55:46	
2679	1122	PATRICIA SANTOS	F	42		00:58:52	00:57:49	CLUBE GRUPO BES
2680	4891	ANA ISABEL DUARTE CHAGAS	F	43		00:58:53	00:56:46	
2681	1902	JOAO SOUSA	M	57		00:58:53	00:55:26	
2682	793	JORGE MONTEIRO	M	46		00:58:53	00:56:25	
2683	736	MARTA NEVES	F	40		00:58:54	00:57:37	
2684	701	LUIS M C S FERNANDES	M	29		00:58:54	00:56:11	
2685	2229	ANA GRAÇA SANTANA TOUREIRO	F	38		00:58:55	00:57:50	ANA E AS MENINAS
2686	1791	TIAGO SANTOS COELHO PESSOA E COSTA	M	30		00:58:56	00:56:23	COMANDO C
2687	4693	TELMA MOREIRA	F	27		00:58:56	00:56:45	
2688	2710	PEDRO PINTO	M	46		00:58:56	00:58:51	
2689	2711	MIGUEL PINTO	M	44		00:58:56	00:58:48	
2690	4044	DANIEL FERREIRA	M	28		00:58:57	00:58:57	
2691	468	JOSE FINURAS	M	56		00:58:57	00:58:25	MULTIRUNNERS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2692	469	JOAO PEREIRA	M	72		00:58:59	00:58:24	MULTIRUNNERS
2693	203	NUNO M LOPES	M	29		00:58:59	00:55:34	
2694	3164	SÉRGIO FALAMINO	M	44		00:58:59	00:57:11	MARGEM SUL
2695	1447	LUIS MARQUES	M	56		00:58:59	00:55:04	
2696	2041	JOSE FARINHA	M	38		00:59:00	00:56:39	C MILLENINUM BCP
2697	3170	HELENA AFONSO	F	42		00:59:01	00:57:13	MARGEM SUL
2698	2122	FILIPE GUEDES	M	22		00:59:01	00:55:39	ARGUS SSO
2699	3834	ÁLVARO SOUSA	M	33		00:59:01	00:57:59	
2700	2307	ANTÓNIO CIPRIANO	M	68		00:59:02	00:56:54	AMCR FONTE GRADA
2701	4855	GISELA PADRE	F	39		00:59:02	00:57:17	
2702	4326	RICARDO BARREIRO	M	38		00:59:02	00:57:18	
2703	1154	ANA CRISTINA RIJO SIMÕES MONTEIRO	F	27		00:59:03	00:57:39	
2704	2125	JOSÉ GUEDES	M	57		00:59:04	00:55:37	ARGUS SSO
2705	1198	HUGO PINTO	M	36		00:59:04	00:57:52	ACS-AMIGOS CORRID SALVATERRA
2706	4311	SOFIA TRANCOSO	F	32		00:59:04	00:54:56	
2707	1197	NUNO CORDEIRO	M	39		00:59:04	00:57:53	ACS-AMIGOS CORRID SALVATERRA
2708	1913	VASCO RIJO	M	25		00:59:05	00:55:55	OS PADEIROS
2709	201	JOAO B VIEGAS	M	20		00:59:06	00:55:58	
2710	3669	PAULO ASSUNCAO	M	42		00:59:06	00:59:06	SPORTISEL
2711	4089	FELIPE SANTOS	M	35		00:59:06	00:55:02	
2712	4648	MANUEL FERREIRA	M	80		00:59:07	00:55:01	GIRAFENSE FC
2713	4649	RUI DIAS	M	40		00:59:07	00:54:57	GIRAFENSE FC
2714	918	MIRALDO RAMOS	M	35		00:59:07	00:56:59	SS CGD
2715	1815	JOAO LEITAO	M	27		00:59:08	00:56:45	SS CGD
2716	2682	ANA CATAINA CRUZ	F	29		00:59:08	00:56:58	MAISUMA
2717	100	FERNANDO PIRES	M	43		00:59:08	00:55:50	
2718	3602	JOAQUIM NAZARIO	M	72		00:59:09	00:55:31	GDCT REPSOL
2719	4577	TIAGO EUSÉBIO	M	26		00:59:09	00:56:54	
2720	4077	RUI CANAVARRO	M	49		00:59:10	00:55:38	
2721	3886	DÉCIO DIAS	M	37		00:59:10	00:55:42	
2722	2651	PEDRO SEVERINO	M	24		00:59:11	00:55:50	
2723	198	TIAGO ROSA	M	20		00:59:11	00:56:03	
2724	2877	MARIA JOÃO CAVALEIRO	F	51		00:59:11	00:56:27	GRUPO DESPORTIVO SERVICONTABIL
2725	153	RUI J M REIS	M	48		00:59:11	00:55:29	
2726	2670	RICARDO CAMPOS	M	38		00:59:12	00:56:27	AFO
2727	3078	CARLA MENDES	F	37		00:59:12	00:57:37	
2728	4295	RICARDO GOMES	M	33		00:59:13	00:55:38	FORMIGAS E AMIGOS
2729	3077	RITA BENTES	F	25		00:59:14	00:57:39	QUARTETO
2730	1716	MARTA LEITE	F	18		00:59:14	00:57:13	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2731	277	MªMANUELA MACHADO	F	50		00:59:14	00:56:36	
2732	1389	PAULA SANTOS	F	38		00:59:14	00:59:01	RAIL RUNNERS
2733	4422	DIOGO SOUTO	M	28		00:59:16	00:54:36	
2734	4304	NIDIA FERREIRA	F	34		00:59:16	00:57:43	GD SANTANDER TOTTA
2735	3513	ROGERIO DIAS	M	42		00:59:17	00:58:23	BOM PETISCO
2736	3364	GONÇALO NEVES	M	40		00:59:17	00:56:50	
2737	823	NUNO VALADA	M	42		00:59:17	00:56:57	
2738	3115	NUNO OLIVEIRA	M	47		00:59:18	00:57:34	
2739	564	RAMIRO MIGUEL	M	68		00:59:18	00:57:14	
2740	2668	NUNO BALACÓ	M	41		00:59:18	00:56:32	AFO
2741	160	ADAO S A LUZ	M	64		00:59:18	00:57:23	
2742	824	SILVIA NEIVA	F	43		00:59:18	00:56:58	
2743	1896	PAULO ESTOPA	M	45		00:59:18	00:57:08	
2744	3746	GUILHERME VAZ DA SILVA	M	19		00:59:19	00:56:38	
2745	371	HUGO M N MATEUS	M	35		00:59:19	00:57:03	
2746	4088	SÓNIA GOMES	F	39		00:59:19	00:55:14	
2747	710	ATLETA NÃO CADASTRADO	M	0		00:59:20	00:55:58	
2748	4368	ANTÓNIO RODRIGUES	M	43		00:59:20	00:59:20	COMANDO C
2749	3752	FERNANDO CORREIA	M	46		00:59:21	00:57:46	OS AZEITEIROS
2750	809	LUIS MARTINS	M	42		00:59:21	00:56:42	SS CGD
2751	58	VICTOR MOURAO	M	42		00:59:21	00:59:12	MTV
2752	2938	MARGARIDA LEITÃO	F	26		00:59:23	00:57:27	
2753	1230	ROBIN STATFELD	F	51		00:59:23	00:58:48	
2754	4181	JOÃO CAROÇO	M	57		00:59:24	00:57:19	
2755	1090	LUÍS RUSSO	M	44		00:59:24	00:57:57	FCC LOGISTICA
2756	1487	JOSÉ CARLOS NUNES	M	44		00:59:25	00:57:50	
2757	305	PAULO A A FONSECA	M	36		00:59:25	00:56:54	
2758	3854	VÍTOR FERNANDES	M	63		00:59:26	00:57:14	PONTO DE PASSAGEM
2759	458	NUNO ANTUNES	M	50		00:59:27	00:57:48	
2760	509	JOAO SEQUEIRA	M	38		00:59:29	00:57:44	
2761	72	RUI MAIA	M	32		00:59:29	00:56:59	MTV
2762	2570	SÓNIA FERNANDES	F	37		00:59:30	00:59:30	OS "PERNINHAS"
2763	1886	RUI BARATA	M	36		00:59:31	00:56:10	
2764	4635	RICARDO BAPTISTA	M	47		00:59:32	00:56:32	
2765	1812	JOSÉ PINTO	M	32		00:59:32	00:56:43	LEÕES DE ALVERCA
2766	2472	JOAQUIM MACHADO	M	60		00:59:35	00:58:05	CCD AUT ALMADA
2767	2428	JOSÉ BARREIROS	M	46		00:59:35	00:56:48	OS ANDARILHOS
2768	3751	PAULO LOURENÇO	M	50		00:59:37	00:57:56	
2769	3003	JOSÉ EDUARDO SOBRAL AGRA	M	39		00:59:37	00:57:20	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2770	3753	PEDRO CORREIA	M	19		00:59:38	00:58:03	OS AZEITEIROS
2771	3679	JOÃO RODRIGUES	M	53		00:59:38	00:57:56	
2772	2056	JOAO SA	M	68		00:59:39	00:57:14	C MILLENINUM BCP
2773	4620	MIGUEL SOARES FERRAZ	M	26		00:59:39	00:57:03	FERRAZ
2774	2052	Mª ODETE SA	F	66		00:59:39	00:57:13	C MILLENINUM BCP
2775	1273	HUGO SOARES	M	34		00:59:39	00:57:13	
2776	3442	OSVALDO CIPRIANO	M	31		00:59:39	00:57:41	
2777	4607	FRANCISCO SÉRIO	M	31		00:59:40	00:59:40	
2778	2629	ANDRÉ CARDOSO	M	25		00:59:40	00:57:46	
2779	2801	GONÇALO AIRES	M	30		00:59:41	00:57:15	
2780	4062	RICARDO OLIVEIRA	M	39		00:59:41	00:59:17	
2781	3562	CARLA MARQUES	F	40		00:59:41	00:58:09	
2782	1076	PEDRO MATOS	M	53		00:59:42	00:57:21	
2783	3561	ALZIRA PEREIRA	F	47		00:59:42	00:58:06	
2784	4255	LUIS OLIVEIRA	M	41		00:59:42	00:59:19	
2785	4773	JOAO H NOGUEIRA	M	35		00:59:42	00:57:32	
2786	3275	ANTONIO FERNANDES	M	35		00:59:43	00:56:05	
2787	3840	FRANCISCO VITORINO	M	62		00:59:43	00:58:05	
2788	479	PEDRO NASCIMENTO	M	36		00:59:43	00:57:25	COÇA MICOSES
2789	1077	JOÃO CARRINHO	M	49		00:59:43	00:57:23	
2790	3161	RICARDO JOSÉ CASIMIRO RAMOS PIMENTA	M	38		00:59:45	00:56:52	
2791	1943	RICARDO GONÇALVES	M	34		00:59:46	00:59:33	ATÉ AO FIM
2792	4742	DOMINGOS PINTO-COELHO	M	61		00:59:47	00:58:08	
2793	3292	ISA HENRIQUES	F	37		00:59:48	00:58:05	
2794	2598	LUIS FERREIRA	M	41		00:59:48	00:57:29	
2795	1362	LUIS PROENÇA	M	43		00:59:48	00:57:35	
2796	288	RUTE FARRAJOTA	F	33		00:59:49	00:57:53	
2797	1106	FERNANDO FILIPE	M	45		00:59:50	00:58:09	CLUBE GRUPO BES
2798	1761	JORGE MODESTO	M	37		00:59:51	00:58:33	RUN-VOLUTION TEAM
2799	4036	PEDRO MATIAS	M	42		00:59:52	00:57:11	
2800	1039	JOSÉ GOUVEIA	M	46		00:59:52	00:59:16	ASAS NOS PÉS
2801	2192	Mª ALEXANDRA SUTIL	F	45		00:59:53	00:56:47	C MILLENINUM BCP
2802	3054	MANUEL COELHO	M	45		00:59:53	00:58:07	URORUNNERS
2803	933	SANDRA SANTOS	F	40		00:59:54	00:56:35	CLUBE DESPORTIVO RIBEIRENSE
2804	3157	ANTONIO LOPES	M	38		00:59:54	00:57:37	
2805	4006	PAULO CABRAL	M	47		00:59:54	00:57:28	
2806	4887	JOAQUIM FONSECA	M	58		00:59:54	00:59:12	OS SUPER
2807	1949	MIGUEL SANTOS	M	52		00:59:54	00:57:12	C MILLENINUM BCP
2808	3264	MARIO RIBEIRO	M	35		00:59:54	00:57:36	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2809	866	BÁRBARA CONCEIÇÃO	F	31		00:59:55	00:56:35	CLUBE DESPORTIVO RIBEIRENSE
2810	3865	CARLOS MARTINS	M	44		00:59:56	00:58:53	
2811	192	DIOGO SILVERIO	M	21		00:59:56	00:59:29	BRIGADA ULTRAS SPORTING
2812	427	SUSANA ADEGAS	F	44		00:59:56	00:58:09	
2813	2440	CLAUDIO CABRAL	M	39		00:59:57	00:56:19	
2814	4622	ISABEL FILIPA GARCIA MONTEIRO	F	26		00:59:57	00:57:21	FERRAZ
2815	2743	ANDRÉ GOMES	M	37		00:59:57	00:58:12	
2816	28	ANTONIO M L S SILVA	M	42		00:59:58	00:57:56	TRANQUILIDADE
2817	3985	JOAQUIM GUEREIRO	M	51		00:59:58	00:58:07	
2818	4942	JIM BARRON	M	43		00:59:58	00:58:02	NÚCLEO KARATE SHOTOKAN LISBOA
2819	2452	AFONSO SIMÕES	M	54		00:59:59	00:58:37	
2820	3361	SÉRGIO GASPAR	M	34		00:59:59	00:57:43	
2821	4653	TOMÁS VAN ZELLER	M	26		00:59:59	00:57:22	
2822	4535	ALEXANDRE BARREIRA	M	25		01:00:00	00:57:36	
2823	3359	PAULO SILVA	M	35		01:00:00	00:57:45	
2824	1755	PEDRO CONCEIÇÃO	M	41		01:00:00	00:57:59	
2825	3113	BARBARA CORTE-REAL	F	42		01:00:01	00:57:38	
2826	3328	VITOR MARQUES	M	46		01:00:01	00:57:25	WIKABOO
2827	1680	CLAUDIA TAM	F	31		01:00:02	00:58:33	
2828	583	HUGO F L HENRIQUES	M	34		01:00:02	00:56:49	
2829	3112	VERA VIEIRA	F	30		01:00:03	00:57:59	
2830	1474	PEDRO CELESTE	M	52		01:00:03	00:57:38	
2831	3070	EDUARDO CARVALHO	M	30		01:00:03	00:58:00	
2832	292	JOSE M F BRITO	M	34		01:00:03	00:56:25	
2833	4399	SÉRGIO NUNES	M	37		01:00:04	00:56:04	CANEC D PERN FIN
2834	4265	GONÇALO PRATA	M	34		01:00:05	00:56:41	
2835	2919	RICARDO AUGUSTO	M	28		01:00:06	00:59:35	
2836	725	JOAO MOSSO	M	33		01:00:06	00:58:12	
2837	190	PEDRO FERREIRA	M	39		01:00:06	00:58:17	BRIGADA ULTRAS SPORTING
2838	1539	LUÍS ALMEIDA	M	40		01:00:07	00:58:36	
2839	21	RITA MATOS	F	39		01:00:07	01:00:06	SPORTING CP
2840	924	SEVERINO ROSA	M	57		01:00:07	00:56:58	SS CGD
2841	2248	MARCO NEVES	M	35		01:00:09	00:58:21	SS MONTEPIO GERAL
2842	2026	BRUNO SANTOS	M	39		01:00:09	00:57:19	C MILLENINUM BCP
2843	2849	CAROLINA SOROMENHO	F	18		01:00:09	00:56:12	CLUBE VII
2844	2934	RODRIGO DUARTE SILVA	M	45		01:00:09	00:59:43	
2845	3277	LEONCIO DA SILVA	M	50		01:00:11	00:58:13	
2846	3023	LUIS BARATA	M	48		01:00:11	00:58:12	
2847	1573	JOAO J FERNANDES	M	36		01:00:11	00:59:41	AÇOREANA CLUBE BANIF

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2848	1073	VALTER SILVA	M	23		01:00:12	00:57:59	C.C.R.D.BURINHOSA
2849	369	PEDRO ROMAO	M	28		01:00:13	00:56:06	
2850	3986	ANTONIO COSTA	M	62		01:00:14	01:00:14	
2851	1066	LUIS VIEIRA	M	22		01:00:14	00:58:00	C.C.R.D.BURINHOSA
2852	2420	JOSE GONÇALVES	M	61		01:00:14	00:57:03	CCD AUT ALMADA
2853	3216	RITA GONÇALVES	F	38		01:00:15	00:59:04	SS MONTEPIO GERAL
2854	269	PEDRO PAULINO	M	32		01:00:16	00:57:02	
2855	1249	XANA FILIPE	F	42		01:00:17	00:58:34	CLUBE GRUPO BES
2856	1878	JOAQUIM NUNES PIMENTEL	M	38		01:00:17	00:59:10	
2857	1360	JORGE LUÍS VIEGAS	M	57		01:00:18	00:56:54	
2858	4198	JOAQUIM CRUZ	M	53		01:00:19	00:56:46	
2859	3230	GONÇALO MARQUES	M	19		01:00:19	00:57:41	WIKABOO
2860	4197	PAULO PADINHA	M	44		01:00:20	01:00:20	
2861	4200	MANUEL COELHO	M	52		01:00:20	00:56:47	
2862	4252	FERNANDO J A SILVA	M	32		01:00:21	00:56:34	
2863	4237	SÉRGIO PINTO	M	37		01:00:21	00:58:12	
2864	2115	NUNO BOLINHAS	M	37		01:00:21	00:59:01	
2865	915	LUIS SANTAREM	M	58		01:00:21	00:56:57	SS CGD
2866	3329	DIOGO MARQUES	M	23		01:00:21	00:57:43	WIKABOO
2867	3423	PAULO JOAQUIM DE SOUSA FERNANDES	M	46		01:00:22	00:58:24	
2868	2114	CAMILO CASTRO	M	43		01:00:22	00:59:02	
2869	2281	CRISTINA MARTINS	F	52		01:00:22	00:59:09	RB RUNNING/CARTAXEIRO
2870	40	SERGIO M S SALTÃO	M	34		01:00:23	01:00:23	TRANQUILIDADE
2871	2080	ANA PAULINO	F	61		01:00:23	01:00:16	
2872	1538	PAULO ALVES	M	40		01:00:23	00:58:21	
2873	511	JOSE COELHO	M	45		01:00:24	00:57:49	
2874	42	JOSE A M JUNÇA	M	56		01:00:24	01:00:24	TRANQUILIDADE
2875	3658	PAULO CAIRES	M	44		01:00:25	00:57:35	
2876	3898	ANGELA NUNES	F	29		01:00:26	00:57:59	SPEEDY
2877	747	HERACLIDES ANTÓNIO VAZ CHAPARRO	M	62		01:00:26	00:58:25	
2878	2256	TERESA FIGUEIREDO	F	46		01:00:26	00:57:21	GDCT UNICRE
2879	2121	GONCALO ADRIAO	M	35		01:00:28	00:57:31	TTM
2880	3465	RUTE FERNANDES	F	37		01:00:28	00:58:35	RUN 4 FUN
2881	3811	ANTONIO MARQUES	M	64		01:00:29	00:58:47	CD ASAS DO MILÉNium
2882	1500	SUSANA LENCASTRE	F	33		01:00:31	00:56:42	
2883	2042	ANTONIO SOUSA	M	67		01:00:31	00:56:45	C MILLENINUM BCP
2884	2427	RUI CARVALHO	M	36		01:00:31	00:57:44	OS ANDARILHOS
2885	445	PAULO	M	37		01:00:32	00:57:25	
2886	4253	ALEXANDRE J C G S ZEFERINO	M	33		01:00:32	00:56:45	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2887	2416	JORGE CEREJEIRA	M	46		01:00:33	00:59:03	KLENTOS
2888	4072	LUIS COITO	M	43		01:00:34	00:59:47	GD SANTANDER TOTTA
2889	4906	NUNO GONÇALVES	M	60		01:00:34	00:58:28	
2890	1243	RICARDO SILVA	M	36		01:00:34	00:58:20	CLUBE GRUPO BES
2891	1711	RUI ALMEIDA	M	37		01:00:36	00:58:29	
2892	2566	MANUEL CELESTINO NOGUEIRA	M	48		01:00:36	00:59:18	SOFT TEAM
2893	2824	PAULO RENATO	M	47		01:00:36	00:57:37	
2894	1208	MIGUEL VILA NOVA	M	36		01:00:37	00:56:43	
2895	4112	DANILO OSSUMAN	M	32		01:00:37	00:58:21	SPORTING CASUALS
2896	880	PEDRO VASCONCELOS	M	36		01:00:38	00:58:04	FAMILIA TELES GOMES
2897	127	LIA M G ANDRADE	F	28		01:00:38	00:58:47	
2898	891	RUDOLF JAN JOHANNES CARLOS VAN BEZOUWEN	M	29		01:00:38	00:59:06	OS PAPA-FIGOS
2899	638	JOSE RODRIGUES	M	61		01:00:39	00:58:34	
2900	1928	EVELYN YOUNG	F	57		01:00:39	00:58:22	
2901	4654	EDGAR RODRIGUES	M	31		01:00:39	00:59:43	
2902	2050	SOFIA SA	F	35		01:00:39	00:58:14	C MILLENINUM BCP
2903	1412	DIOGO ALEXANDRE	M	18		01:00:41	00:57:33	SIR-CONDUTAR
2904	3557	ISABEL GUERRA	F	55		01:00:41	00:59:04	
2905	2149	NUNO PINELA	M	35		01:00:42	00:58:07	
2906	726	PEDRO LEITAO	M	42		01:00:43	00:58:15	
2907	784	LUIS ROQUE	M	41		01:00:44	00:57:44	ODEBRECHT/BPC
2908	1558	ROGÉRIO CIRÍACO	M	37		01:00:44	00:57:54	
2909	1237	PEDRO GONÇALVES	M	28		01:00:44	00:59:25	CLUBE GRUPO BES
2910	4154	JUDITE MARIA BASILIO	F	50		01:00:45	00:59:21	
2911	4034	PEDRO ALMEIDA	M	42		01:00:46	00:59:14	
2912	3862	JOSÉ RODRIGUES	M	56		01:00:46	00:59:09	
2913	1040	REINALDO MATEUS	M	52		01:00:46	01:00:11	ASAS NOS PÉS
2914	1443	LUÍS MANUEL CRUZ PEREIRA	M	36		01:00:47	00:58:52	
2915	2443	SARA MARTINS	F	36		01:00:47	00:59:12	PUTOS RUNNING
2916	3188	LUIS SALVADOR	M	40		01:00:47	00:59:14	
2917	2446	CARLOS GONZALEZ	M	30		01:00:47	00:59:14	PUTOS RUNNING
2918	3665	JORGE SILVA	M	19		01:00:47	00:57:01	
2919	3773	VITOR RIBEIRO	M	51		01:00:47	01:00:11	FAMÍLIA RIBEIRO
2920	2583	RUI JORGE SILVA RALO	M	45		01:00:47	00:57:47	
2921	2635	HUGO RIBEIRO	M	36		01:00:48	00:59:05	
2922	2441	RICARDO PEREIRA	M	35		01:00:48	00:59:14	PUTOS RUNNING
2923	2542	PEDRO RODRIGUES	M	22		01:00:48	00:57:30	
2924	366	LUIS A F S LOUREIRO	M	51		01:00:49	00:59:37	
2925	421	NUNO SANTOS	M	66		01:00:50	00:57:02	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2926	1241	RICARDO FERNANDES	M	54		01:00:50	00:59:36	CLUBE GRUPO BES
2927	417	SANDRA SILVA	M	51		01:00:50	00:57:04	
2928	1985	NUNO PEREIRA	M	39		01:00:51	00:57:40	
2929	2501	PEDRO SANTOS	M	37		01:00:52	00:58:52	
2930	4439	RUI SANTOS	M	70		01:00:53	00:59:20	
2931	2879	MARCO RODRIGUES	M	33		01:00:53	00:58:33	GRUPO DESPORTIVO SERVICONTABIL
2932	4185	HUGO GREGÓRIO	M	23		01:00:55	00:58:12	
2933	4437	ANDREIA COSTA	F	36		01:00:55	00:58:01	
2934	2083	JOÃO MORGADO	M	29		01:00:55	00:57:20	
2935	4047	GONÇALO ANDRADE	M	32		01:00:55	01:00:55	
2936	378	JOAO M T M FARINHA	M	30		01:00:56	00:58:33	
2937	4187	PATRÍCIA ROSA	F	22		01:00:56	00:58:13	
2938	1623	LUIS DINIS	M	49		01:00:56	00:59:37	CLUBE VODAFONE
2939	906	CLAUDIA LOURENÇO	F	42		01:00:58	00:57:51	SS CGD
2940	2677	JOSÉ ORDAZ	M	46		01:00:58	00:57:43	
2941	3391	BRUNO MANSO PRETO	M	35		01:00:59	00:59:13	
2942	1833	JOÃO ÁLVARO	M	23		01:01:00	00:58:41	
2943	298	Mª CAROLINA RODA	F	56		01:01:00	00:59:31	
2944	1595	MADALENA BOAVIDA	F	18		01:01:01	00:59:09	
2945	1576	LUIS NEVES	M	40		01:01:02	00:58:54	AÇOREANA CLUBE BANIF
2946	1907	RODRIGO COSTA	M	19		01:01:02	01:00:04	AUTO JACINTO
2947	3258	ALEXANDRE AMARAL	M	37		01:01:03	00:57:43	
2948	3810	DANIEL BAIÃO	M	28		01:01:03	00:58:33	
2949	230	PEDRO M OLIVEIRA	M	18		01:01:03	00:57:36	PLAY PAINTBALL
2950	228	PEDRO OLIVEIRA	M	43		01:01:03	00:57:40	PLAY PAINTBALL
2951	1903	CÉSAR NEVES	M	33		01:01:03	00:57:36	
2952	294	JORGE M N PONTE	M	24		01:01:03	00:58:18	
2953	3308	JOAO CLEMENTE	M	34		01:01:04	01:00:14	
2954	3044	CRISTINA BRIZIDO	F	37		01:01:04	00:59:41	
2955	3126	JUDITE VIEGAS	F	42		01:01:05	01:00:01	RUN2CHARLYS
2956	2071	JOSÉ FIGUEIREDO	M	77		01:01:05	01:00:11	
2957	4644	JOSE MONTEIRO	M	64		01:01:05	01:00:29	GD SANTANDER TOTTA
2958	4596	OTELINDA SOUSA	F	36		01:01:05	00:57:09	
2959	3377	ÁLVARO COSTA	M	67		01:01:05	00:58:27	
2960	3027	NUNO CARRIÇO	M	38		01:01:06	00:58:19	
2961	3082	SUSANA FERREIRA	F	32		01:01:06	01:00:02	RUN2CHARLYS
2962	912	JOANA GABRIEL	F	52		01:01:07	00:59:33	SS CGD
2963	229	JOHANNA	F	44		01:01:07	00:57:42	PLAY PAINTBALL
2964	574	MANUEL F A ANUNCIAÇÃO	M	54		01:01:07	00:57:55	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2965	693	ANTONIO N VILAÇA	M	25		01:01:08	00:57:08	
2966	3709	MARCOS MADEIRA	M	39		01:01:09	00:59:33	INDIVIDUAL
2967	4349	LUIZA GUERRA SANTOS	F	45		01:01:09	00:59:04	
2968	4591	LUIS DELGADO	M	40		01:01:10	00:57:38	
2969	1592	ROSÁRIO FIGUEIRAL	F	46		01:01:11	00:59:19	
2970	251	ATSUKO KIBE	F	29		01:01:11	00:59:04	
2971	4989	LINO MARTINS	M	37		01:01:12	00:57:49	
2972	4247	JOSÉ AMARO	M	54		01:01:13	00:57:10	CD QUARTEIRA
2973	3153	NUNO MAIA	M	36		01:01:13	01:00:10	SCALABIS NIGHT RUNNERS
2974	2411	CARLOS ROSADO	M	55		01:01:13	00:58:20	FAMÍLIA ROSADO
2975	493	ANTONIO J C LEITAO	M	71		01:01:14	00:59:34	
2976	2105	ARTUR DINIS	M	56		01:01:15	00:58:52	
2977	494	SERGIO S PASCOA	M	48		01:01:16	01:00:01	
2978	2559	ADRIANA PERFEITO	F	21		01:01:16	00:58:51	
2979	4849	PEDRO MANUEL DA SILVA RIBEIRO	M	40		01:01:17	00:58:18	
2980	1054	PEDRO FERRAZ	M	37		01:01:17	00:58:34	
2981	4909	ANDRE AMARAL	M	22		01:01:17	00:59:31	SS MONTEPIO GERAL
2982	2473	NUNO DUARTE	M	38		01:01:18	00:58:14	GDCT UNICRE
2983	1218	VASCO CASQUILHO	M	35		01:01:18	00:59:12	
2984	952	JOSÉ MANUEL BORGES DE CARVALHO	M	39		01:01:20	00:58:57	
2985	2785	BARBARA MIRANDA	F	41		01:01:20	00:59:13	SCU TORREENSE
2986	3621	JOSÉ FERNANDO CRISÓSTOMO FIALHO	M	55		01:01:20	00:58:10	
2987	2524	PEDRO PINTO	M	39		01:01:20	00:58:55	GD CIMPOR & AMIGOS
2988	3674	JORGE JANELA	M	25		01:01:21	01:01:21	SPORTISEL
2989	2532	HELDER GONÇALVES	M	38		01:01:21	01:00:33	GD CIMPOR & AMIGOS
2990	4331	RAUL GIRÃO	M	56		01:01:22	00:58:46	
2991	1759	HENRIQUE DOS SANTOS VILHENA	M	57		01:01:23	00:57:20	
2992	1921	ANTERO DE AGUIAR MARQUES TEIXEIRA	M	34		01:01:23	00:58:37	
2993	908	ANDRE LUIS	M	28		01:01:23	00:58:32	SS CGD
2994	1914	HUGO LEITÃO	M	34		01:01:24	00:58:38	OS PADEIROS
2995	801	FILIPA MARQUES	F	30		01:01:24	00:58:33	
2996	799	BRUNO RAMOS	M	36		01:01:24	00:58:32	
2997	3014	PAULO LOUREIRO	M	38		01:01:25	00:58:33	
2998	2756	PAULO CAMPOS	M	43		01:01:25	00:58:11	
2999	4944	LUÍS BARROSO	M	54		01:01:25	00:59:12	
3000	5022	GONÇALO FERRAZ DE CARVALHO	M	28		01:01:28	00:59:08	
3001	4117	ANDRÉ SANTOS	M	28		01:01:30	00:59:34	
3002	3278	ANTÓNIO MACAU	M	48		01:01:30	01:01:30	
3003	608	MARIO R A C SILVA	M	46		01:01:31	01:00:50	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3004	1588	SOFIA GUEDES	F	38		01:01:32	00:59:50	AÇOREANA CLUBE BANIF
3005	2376	ANTÓNIO GUEDES	M	42		01:01:32	00:59:53	AÇOREANA CLUBE BANIF
3006	4711	MARIO SILVA	M	46		01:01:32	01:00:52	AFRS
3007	2167	ISABEL NEVES	F	52		01:01:33	01:00:49	
3008	326	JOAO MATOS	M	39		01:01:34	00:58:30	RUN 4 BEER
3009	1048	LUÍS MOITA	M	25		01:01:34	00:58:50	
3010	3247	ALVARO SILVA	M	48		01:01:35	00:59:18	
3011	717	OSCAR COSTA	M	41		01:01:36	00:59:19	
3012	4884	JOSE RODRIGUES	M	47		01:01:37	00:58:57	
3013	4903	NUNO NICO LEITÃO	M	33		01:01:38	00:59:10	
3014	4420	ARMANDO RUIVO	M	48		01:01:38	00:59:21	
3015	3872	EDGAR ALEXANDRE GARCÊZ PINTO	M	20		01:01:38	00:59:34	
3016	140	PEDRO MACHADO	M	38		01:01:39	00:59:50	
3017	453	RODRIGO A M G REIS	M	40		01:01:39	00:59:32	
3018	4904	JOÃO TITO ALAGOANO	M	35		01:01:39	00:59:12	
3019	553	CARLA S D PEREIRA	F	42		01:01:40	00:59:42	
3020	2562	PEDRO FERNANDES	M	32		01:01:40	00:59:18	
3021	215	ANA TORNEAS	F	45		01:01:42	01:01:42	GD BANCO BPI
3022	1093	RICARDO PIRES	M	37		01:01:42	00:57:49	
3023	752	FELECIANA FERREIRA	F	44		01:01:44	01:00:41	CLUBE GRUPO BES
3024	1296	MARISA GONÇALVES	F	35		01:01:44	00:59:31	
3025	4419	PAULA VIEIRA	F	41		01:01:45	00:58:46	LEOES DA GRAÇA
3026	4751	LILIANA MONTEIRO	F	35		01:01:46	00:58:16	
3027	1816	VERA ALMEIDA	F	33		01:01:46	00:59:05	SS CGD
3028	2719	ILIDIO MONTEIRO	M	63		01:01:47	00:59:12	
3029	900	ANDRE NORONHA	M	49		01:01:48	00:59:10	SS CGD
3030	4258	MIGUEL MELLO DO REGO	M	47		01:01:48	00:59:33	
3031	4085	PAULA FIGUEIREDO	F	56		01:01:49	00:59:35	GD SANTANDER TOTTA
3032	3102	ANA ALMEIDA	F	36		01:01:49	01:00:05	SPORTINGS DE ALMEIDA
3033	1502	MIRAN BASSAN BENTO	M	22		01:01:49	00:55:50	
3034	842	PEDRO NUNES	M	33		01:01:50	00:57:41	
3035	3103	NUNO ALMEIDA	M	38		01:01:50	01:01:50	SPORTINGS DE ALMEIDA
3036	3409	JORGE SANTOS	M	42		01:01:50	01:00:34	ASSOCIAÇÃO GD ACADEMIA KORPO
3037	2648	MÁRIO COSTA	M	35		01:01:50	00:58:20	COMANDO C
3038	2249	RICARDO VIANA	M	37		01:01:51	01:00:05	SS MONTEPIO GERAL
3039	3241	PAULO ALVES	M	36		01:01:52	00:59:29	
3040	4131	ANDRÉ FORMIGA	M	27		01:01:52	00:58:22	FORMIGAS E AMIGOS
3041	2732	JOSÉ LAMEGO	M	61		01:01:53	00:58:03	
3042	542	RUBEN F CARLOS	M	27		01:01:53	01:00:54	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3043	4249	JOÃO CÉSAR	M	42		01:01:53	00:59:20	
3044	3663	INÊS ISABEL DE CAMPOS PEREIRA	F	19		01:01:55	00:58:09	
3045	3901	ROFRIGO FERREIRA	M	34		01:01:56	01:01:53	
3046	2777	PAULO LEONARDO	M	50		01:01:57	00:59:37	
3047	4469	HENRIQUE VENTURA	M	34		01:01:57	00:58:05	
3048	893	NUNO MARQUES	M	43		01:01:57	00:59:35	
3049	781	JOAQUIM SIMAO	M	51		01:01:57	00:59:00	ODEBRECHT/BPC
3050	2974	RICARDO GONÇALVES	M	28		01:01:58	00:59:29	
3051	872	RICARDO VIEIRA	M	24		01:01:58	00:58:37	CLUBE DESPORTIVO RIBEIRENSE
3052	2854	MANUEL HORTELÃO	M	40		01:01:58	00:57:36	TIMON E PUMBAS
3053	70	NUNO RODRIGUES	M	38		01:01:59	00:59:37	MTV
3054	62	PAULO RODRIGUES	M	40		01:01:59	00:59:34	MTV
3055	1531	CLÁUDIA MORAIS	F	38		01:01:59	00:57:52	
3056	2952	TIAGO MIGUEL	M	32		01:02:00	00:58:14	
3057	2998	JORGE JESUS	M	39		01:02:01	00:59:54	
3058	2405	LUÍS	M	26		01:02:02	00:59:46	
3059	1336	TERESA SEPULVEDA	F	32		01:02:02	00:57:53	GARMIN CO OEIRAS
3060	4099	HELGA GIRÃO	F	61		01:02:03	00:59:29	
3061	2911	LUÍS FARIAS	M	43		01:02:03	00:59:35	
3062	227	FERNANDO FERREIRA	M	50		01:02:04	01:00:43	
3063	1449	RUTE SANTOS	F	47		01:02:04	00:59:03	
3064	920	RUI OLIVEIRA	M	47		01:02:04	00:59:19	SS CGD
3065	3250	VITOR ALMEIDA	M	53		01:02:05	00:58:22	
3066	3179	MANUEL J NARCISO	M	49		01:02:06	01:00:55	SS MONTEPIO GERAL
3067	1773	ANDREIA AMARAL	F	30		01:02:06	01:00:25	TEAM MARMITA
3068	2366	ANTÓNIO JORGE RAMOS	M	41		01:02:06	00:59:22	
3069	3374	ORLANDO FERREIRA	M	56		01:02:08	00:59:47	
3070	1041	MARIA TOMÁS	F	43		01:02:08	01:01:32	ASAS NOS PÉS
3071	465	CARLOS DINIS	M	37		01:02:08	01:00:28	N SPORTINGUISTA LEOES AZEITAO
3072	4582	PEDRO NETO	M	40		01:02:08	00:59:48	
3073	1975	PAULO SANTOS	M	49		01:02:09	01:00:58	
3074	4320	PAULA VEIGA	F	36		01:02:09	01:02:09	
3075	1651	JOÃO REGO	M	19		01:02:09	00:56:23	BARÕES
3076	3534	LUIS MATOS	M	46		01:02:09	01:00:17	GD IN CASA MOEDA
3077	478	NUNO ASSIS	M	34		01:02:10	00:59:52	COÇA MICOSSES
3078	4706	MARCOS DIAS	M	44		01:02:10	01:00:07	
3079	2178	ALEXANDRE MOITA	M	39		01:02:12	00:59:09	C MILLENINUM BCP
3080	154	MIGUEL FERNANDES	M	32		01:02:12	00:59:24	
3081	3037	MÁRIO DIAS	M	31		01:02:12	00:58:20	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3082	4976	HUGO ALEXANDRE	M	36		01:02:13	00:59:53	
3083	4814	MARIA TERESA FERNANDES	F	33		01:02:13	00:58:39	OS TESUDOS
3084	1541	LUIS GAMA	M	44		01:02:13	00:59:12	GDCT UNICRE
3085	2530	HELENA SILVA	F	50		01:02:14	00:59:01	GD CIMPOR & AMIGOS
3086	1339	SÓNIA DOMINGOS	F	36		01:02:15	01:00:31	
3087	2257	JOAQUIM CAPUCHO	M	62		01:02:15	01:00:05	
3088	449	JOANA B C S ROQUE	F	37		01:02:15	00:59:49	
3089	3041	JOSÉ JOAQUIM PIRES GIL	M	41		01:02:15	01:00:33	
3090	3996	CARLOS FERREIRA	M	56		01:02:15	01:00:46	NUCLEO DESPORTIVO AUTOCOOPE
3091	3190	ANGELA MARQUES	F	47		01:02:15	00:59:03	
3092	1027	JOSÉ PEDRO PAIO	M	41		01:02:16	01:00:08	
3093	2924	TANIA PEREIRA	F	30		01:02:16	01:00:16	
3094	2338	CARLA REIS	F	35		01:02:16	00:58:59	
3095	138	PEDRO ANACLETO	M	44		01:02:17	01:00:28	
3096	1518	JOANA AGUIAR	F	37		01:02:17	01:00:28	
3097	782	JOSE JANUARIO	M	42		01:02:17	00:59:17	ODEBRECHT/BPC
3098	3946	GONÇALO COSTA	M	19		01:02:18	00:58:03	
3099	2687	CARLOS SEPULVEDA	M	39		01:02:18	01:00:41	
3100	4462	AUGUSTO SALGUEIRO	M	44		01:02:18	00:59:54	
3101	3942	RUI MOREIRA	M	41		01:02:18	00:57:59	
3102	1370	BRUNO CAPELAS	M	28		01:02:19	01:00:59	
3103	327	PAULA AVELAR	F	38		01:02:19	00:59:17	RUN 4 BEER
3104	4424	LUIS LARA	M	63		01:02:19	00:58:47	
3105	4083	LIDIA LOPES	F	51		01:02:20	00:58:30	GD SANTANDER TOTTA
3106	4718	JOÃO FILIPE CAMISÃO CAIO VIEIRA	M	35		01:02:20	01:00:14	
3107	549	ANTONIO T VICENTE	M	38		01:02:21	01:00:29	
3108	1848	TIAGO GOMES	M	22		01:02:21	00:59:22	
3109	1849	PEDRO FERREIRA	M	35		01:02:21	00:59:23	
3110	1857	ISABEL SANTOS	F	46		01:02:21	01:00:56	LOURDETE PERFUMARIAS
3111	4011	EDUARDO AMORIM	M	42		01:02:21	00:59:41	
3112	3395	CARLOS LOURENÇO	M	52		01:02:21	01:02:21	
3113	2400	LUIS POLICARPO	M	49		01:02:22	00:59:25	JOMAR
3114	3035	DINIS SOUSA	M	72		01:02:22	00:58:31	GD SANTANDER TOTTA
3115	3777	JOÃO MOTA LOPES	M	42		01:02:22	00:58:42	MALANDER`S DO SPORTING!!
3116	4301	RICARDO ALVES	M	43		01:02:22	01:00:19	
3117	113	SOFIA T SANTOS	F	37		01:02:23	00:58:33	
3118	5002	JOÃO NUNES	M	30		01:02:24	00:59:51	
3119	30	CARLOS P S M VENTURA	M	37		01:02:24	01:00:28	TRANQUILIDADE
3120	874	LUIS TERENO	M	40		01:02:25	00:56:24	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3121	5040	EBERHARD AXEL WILHELM	M	65		01:02:25	01:00:20	4 AO KM
3122	1542	CARLOS VIEGAS	M	55		01:02:25	01:00:20	GDCT UNICRE
3123	1476	HERMÍNIO CABACEIRA	M	52		01:02:26	00:59:20	
3124	1813	DAVIDE ANTÓNIO PEREIRA	M	60		01:02:27	00:58:08	
3125	3631	NUNO ANTONIO	M	38		01:02:27	00:59:46	
3126	783	LUIS SANTOS	M	56		01:02:28	00:59:50	ODEBRECHT/BPC
3127	4398	HUGO SOUSA	M	26		01:02:29	00:58:31	CANEC D PERN FIN
3128	2806	NELSON MARQUES	M	36		01:02:29	00:59:39	
3129	3501	JOAO COSTA	M	41		01:02:30	00:58:15	
3130	373	ALEXANDRE LEIRIA	M	39		01:02:31	01:00:10	
3131	4881	JOÃO PEDRO PEIXOTO FREITAS PEREIRA	M	37		01:02:32	00:59:38	
3132	4621	IRINA LOPES	F	28		01:02:32	01:00:50	
3133	3846	JOAO CAMILO MARTINS	M	23		01:02:33	00:58:54	
3134	2431	FLORIANO PEREIRA	M	42		01:02:34	00:59:48	OS ANDARILHOS
3135	2367	LÍDIA MARIA RAMOS	F	40		01:02:35	00:59:51	
3136	2346	FRANCISCO GARÇÃO	M	40		01:02:35	00:58:36	LEÕES DA ESTRELA
3137	3522	RICARDO CABRITO	M	37		01:02:35	01:00:03	
3138	3871	FREDERICO SEBASTIÃO	M	27		01:02:37	01:01:01	
3139	2731	EDMUNDO CARDEIRA	M	66		01:02:38	00:58:50	
3140	4844	NUNO MIGUEL TEIXEIRA DE JESUS BERNARDO	M	38		01:02:39	00:59:59	
3141	3745	ANTONIO VAZ DA SILVA	M	47		01:02:40	01:00:00	
3142	3747	PAULO VAZ DA SILVA	M	51		01:02:40	01:00:00	
3143	2084	LUIS Q. GRAÇA	M	49		01:02:41	00:59:05	
3144	521	RUI M G OLIVEIRA	M	50		01:02:41	00:59:31	
3145	3270	JOAO MANUEL LEITE VIEIRA	M	51		01:02:41	00:59:39	
3146	541	ANA F R A A RODA	F	28		01:02:44	01:01:15	
3147	4431	PAULO MIGUEL TAINHA	M	49		01:02:44	01:01:13	
3148	1192	MANUEL OLIVEIRA	M	74		01:02:45	00:59:09	AAE BNU
3149	1838	PEDRO LEAL	M	32		01:02:45	00:59:20	
3150	4310	CARINA FERREIRA	F	27		01:02:46	00:58:42	
3151	418	JOAO SILVA	M	33		01:02:47	00:58:59	
3152	3593	MIGUEL RODRIGUES	M	34		01:02:47	00:58:37	
3153	420	FABIO MOURA	M	23		01:02:47	00:58:59	
3154	2742	EDUARDO MONTEIRO	M	39		01:02:48	00:59:26	OS PAPA CORRIDAS
3155	2739	JOÃO DUARTE	M	35		01:02:48	00:59:27	OS PAPA CORRIDAS
3156	4000	LUÍS SANTOS	M	27		01:02:48	01:00:27	
3157	4688	JOSÉ PEDRO RAIMUNDO	M	35		01:02:49	00:58:06	
3158	2980	PAULO MORAIS	M	39		01:02:49	01:00:52	PAPA TRILHOS RUN TEAM
3159	3090	GONÇALO FARIA	M	23		01:02:50	00:59:03	RENNINGS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3160	473	PEDRO GOMES	M	60		01:02:50	00:59:19	OS AMPUTADOS
3161	1948	PEDRO SANTOS	M	25		01:02:53	00:59:19	C MILLENINUM BCP
3162	2181	FRANCISCO RATO	M	19		01:02:54	00:59:33	C MILLENINUM BCP
3163	648	ANDRE REIS	M	25		01:02:56	01:01:36	
3164	2821	HUGO MACEDO	M	34		01:02:57	01:01:29	LAGARTOS
3165	1806	JOÃO PINTO	M	33		01:02:57	01:00:08	LEÕES DE ALVERCA
3166	2145	ANTONIO DOMINGOS	M	66		01:02:58	01:00:23	CORRE@CORRER
3167	2481	CATARINA LAGE	F	23		01:02:59	01:00:24	NA BOA
3168	4561	SUSANA EVANGELISTA	F	38		01:02:59	00:58:47	COMANDO C
3169	3454	PEDRO PINTO	M	56		01:02:59	01:01:15	OS PINTOS
3170	4184	PEDRO MONTEIRO	M	28		01:03:00	01:03:00	
3171	2099	LUÍS REGO	M	26		01:03:00	00:59:01	WANNABES
3172	183	ALEXANDRINO MALHEIRO	M	61		01:03:02	01:00:43	
3173	104	JOSE E V LOURENÇO	M	40		01:03:02	01:03:02	
3174	3770	VITOR MATIAS	M	46		01:03:03	01:02:17	FAMÍLIA RIBEIRO
3175	1579	JORGE OLIVEIRA	M	58		01:03:03	01:00:45	
3176	2786	ROSALIA SALDANHA	F	40		01:03:03	01:00:57	SCU TORREENSE
3177	319	RUI P O MORGADO	M	43		01:03:04	01:01:04	
3178	2784	MARGARIDA FONTES	F	39		01:03:04	01:00:57	SCU TORREENSE
3179	4917	PAULO RUIVO SILVA	M	43		01:03:05	00:58:59	
3180	1664	JORGE OLIVEIRA	M	62		01:03:05	01:01:40	INDIVIDUAL
3181	792	VERA SILVA	F	54		01:03:05	01:00:04	ODEBRECHT/BPC
3182	108	LUIS ADAO	M	38		01:03:06	01:03:06	
3183	1429	CARLA CARVALHO	F	42		01:03:06	00:59:34	TÁLENTO PRA CORRER TEAM
3184	2508	ARTUR JORGE SOARES	M	40		01:03:06	01:00:05	
3185	390	JOSE E M F BARATEIRO	M	40		01:03:07	00:59:05	
3186	4713	ANTONIO NASCIMENTO	M	47		01:03:07	01:03:07	
3187	2876	LUIS DUARTE	M	36		01:03:07	01:00:49	GRUPO DESPORTIVO SERVICONTABIL
3188	1668	ELSA SOARES	F	39		01:03:07	01:00:41	GD INE
3189	2805	MÁRIO VERDINGOLA	M	42		01:03:07	01:00:16	
3190	1639	BART SCHOENMAKERS	M	45		01:03:08	01:00:43	GD INE
3191	1601	FRANCISCO BERNARDES	M	42		01:03:08	01:00:13	
3192	1650	DANIELA OLIVEIRA	F	31		01:03:08	01:00:43	GD INE
3193	2025	JOAQUIM FULGENCIO	M	56		01:03:09	00:59:42	C MILLENINUM BCP
3194	4750	ÂNGELO MARQUES	M	50		01:03:10	00:59:32	
3195	4762	JOSÉ GASPAR RIBEIRO	M	67		01:03:10	01:00:01	
3196	2901	PEDRO DUARTE	M	30		01:03:11	01:00:23	MIRATEJO RUNNERS
3197	2904	IVAN HOOSSENI	M	30		01:03:11	01:00:27	MIRATEJO RUNNERS
3198	1677	JOÃO GASPAR	M	50		01:03:11	00:59:43	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3199	2819	MÁRIO PIRES	M	40		01:03:12	01:01:46	AS FERAS
3200	2212	MÓNICA ISABEL SARREIRA BANDEIRA	F	37		01:03:12	00:59:33	
3201	2614	MARCO FERNANDES	M	26		01:03:12	01:00:23	
3202	4736	FILIPA LARANGEIRA	F	33		01:03:13	00:59:20	
3203	1822	PEDRO LEITÃO	M	31		01:03:13	01:02:22	
3204	1069	CESARIO MATOS	M	45		01:03:14	01:01:03	C.C.R.D.BURINHOSA
3205	1379	RUI MECA	M	39		01:03:14	01:00:54	
3206	2048	RICARDO GOMES	M	42		01:03:14	01:00:23	C MILLENINUM BCP
3207	1520	JOÃO SECO	M	43		01:03:16	01:01:26	
3208	73	RICARDO SILVA	M	34		01:03:16	00:59:40	MTV
3209	1767	JORGE BOIM	M	38		01:03:17	01:02:33	TOCA DO LEÃO
3210	661	RICARDO BARBUDO	M	34		01:03:18	01:02:22	N SPORTINGUISTA C MAFRA
3211	3497	EDUARDO DUARTE	M	64		01:03:19	01:03:19	
3212	3944	JOSÉ PIRES	M	77		01:03:19	01:00:17	CCD METROLISBOA
3213	407	GUILHERME NABAIS	M	52		01:03:19	01:00:25	
3214	71	PAULO GUERREIRO	M	35		01:03:19	00:59:44	MTV
3215	3466	CARLA MATOS	F	31		01:03:19	00:59:28	RUN 4 FUN
3216	2318	ANDREIA LOUZEIRO	F	37		01:03:20	01:03:20	
3217	543	FRANCISCO T S GONÇALVES	M	19		01:03:21	01:01:33	
3218	4774	GONÇALO FONSECA	M	35		01:03:21	01:01:10	
3219	4608	RODRIGO VIDAL	M	36		01:03:23	01:00:33	
3220	789	SANDRA LETRAS	F	28		01:03:26	01:01:01	ODEBRECHT/BPC
3221	2698	RICARDO BOIÕES	M	43		01:03:27	01:00:50	
3222	2699	ALEXANDRE CARDOSO	M	43		01:03:27	01:00:47	
3223	1103	CATIA ANASTACIO	F	31		01:03:27	01:01:05	CLUBE GRUPO BES
3224	3975	SOFIA BIZARRO	F	42		01:03:27	01:00:00	
3225	1110	JOAO SIMOES	M	59		01:03:28	01:00:22	CLUBE GRUPO BES
3226	2439	NUNO PICADO	M	35		01:03:30	01:01:21	
3227	2202	DANIEL FERNANDES	M	41		01:03:30	01:01:53	F.D.A
3228	1002	JOSÉ NUNO	M	66		01:03:31	01:01:55	
3229	985	JÚLIO SANTOS	M	52		01:03:31	01:02:45	
3230	2200	ARTUR ANDRADE	M	30		01:03:31	01:01:53	F.D.A
3231	2201	ANA SANTOS	F	48		01:03:31	01:01:54	F.D.A
3232	751	ANA C DUARTE	F	31		01:03:31	01:01:33	CLUBE GRUPO BES
3233	2274	ANTONIO GUERRA	M	53		01:03:31	01:01:38	BV MONTEMOR O NOVO
3234	2203	FERNANDO ABOIM	M	45		01:03:32	01:01:55	F.D.A
3235	2857	ANDREIA RAMOS	F	34		01:03:32	01:00:19	
3236	2000	PEDRO SANTOS	M	34		01:03:33	01:01:20	NÚCLEO SPORTINGUISTA DE SINES
3237	490	FREDERICO O MARTINS	M	28		01:03:33	01:00:47	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3238	2500	ANA MOTA	F	27		01:03:34	01:00:46	
3239	2462	ANTÓNIO OLIVA	M	57		01:03:34	01:00:47	
3240	5047	HUGO PEDRO	M	33		01:03:37	01:00:22	NÚCLEO KARATE SHOTOKAN LISBOA
3241	3254	MARCO SOUTA	M	35		01:03:37	01:02:55	
3242	4066	JOAQUIM ANTÓNIO BARATA CARREIRO	M	48		01:03:38	01:01:24	
3243	2163	PAULO MELO	M	40		01:03:38	01:00:54	
3244	3183	ELISABETE CABRAL	F	41		01:03:39	01:01:39	
3245	981	FERNANDO DUARTE	M	42		01:03:40	01:01:14	
3246	170	MAURO MATEUS	M	29		01:03:40	01:00:33	GRUPO MARADONA
3247	2044	ROSIMEIRE SERAFIM	F	48		01:03:40	01:00:26	C MILLENINUM BCP
3248	4071	LUIS SILVA	M	71		01:03:40	01:00:52	GD SANTANDER TOTTA
3249	2043	FILIPA VILAR	F	28		01:03:41	01:00:16	C MILLENINUM BCP
3250	2523	ANA MICAELA FELIX ARAUJO	F	41		01:03:42	01:03:42	GD CIMPOR & AMIGOS
3251	2475	PAULO FRANÇA	M	50		01:03:43	01:00:38	GDCT UNICRE
3252	4369	IVO NUNES	M	27		01:03:44	00:59:46	CANEC D PERN FIN
3253	1893	ANA RITA DA SILVA ALTER	F	19		01:03:44	01:01:14	
3254	1892	ANTÓNIO MANUEL DOS SANTOS ALTER	M	53		01:03:46	01:01:16	
3255	1751	OLIMPIO GUEDELHA	M	58		01:03:46	01:00:57	GRUPO AMIGOS ATLETISMO VF XIRA
3256	112	SUSANA R SANTOS	F	39		01:03:48	00:59:55	
3257	3518	JOSE ABREU	M	65		01:03:49	01:01:07	GD IN CASA MOEDA
3258	290	FILIPPE M M ALVES	M	29		01:03:49	01:03:49	
3259	562	DIOGO M P LENCASTRE	M	25		01:03:52	00:59:41	
3260	4532	TIAGO ALMEIDA	M	25		01:03:52	01:00:46	
3261	1368	AMADEU SILVA	M	65		01:03:53	01:00:52	
3262	4563	JOÃO ALMEIDA	M	49		01:03:53	01:00:47	
3263	2553	CARLOS MIGUEL CRUZ	M	40		01:03:54	01:01:55	
3264	4156	MARIA JOAO FERNANDES SIMOES	F	45		01:03:55	01:01:35	
3265	3962	ISILDA BARRADAS	F	63		01:03:55	01:03:33	
3266	356	ALEXANDRA CARDAO	M	51		01:03:56	01:02:50	N SPORTINGUISTA LOURES
3267	3934	ANTÓNIO SILVA	M	37		01:03:56	01:00:21	DREAM TEAM
3268	3732	VÍTOR SANTOS	M	42		01:03:58	01:02:06	
3269	4541	SERGIO TAVARES	M	31		01:03:59	01:01:44	
3270	2768	FERNANDO MELO	M	39		01:03:59	01:02:00	CPT SOBRAL CEIRA
3271	1521	NUNO SECO	M	40		01:04:00	01:02:09	
3272	2012	RICARDO CASACA	M	34		01:04:01	01:00:03	WANNABES
3273	2074	JOSÉ MARIA CONCHINHA	M	62		01:04:01	01:02:38	
3274	978	SOFIA CARDIGA	F	42		01:04:02	01:01:53	
3275	4096	ANTONIO MOURA	M	56		01:04:03	01:02:19	
3276	1795	LÚCIA CARVALHO	F	49		01:04:03	01:02:41	FALCÕES SELVAGENS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3277	762	ALBERTO CAROLINO	M	61		01:04:03	01:00:41	
3278	763	MANUEL SANTOS	M	64		01:04:04	01:00:43	
3279	3315	AURELIO CALADO	M	64		01:04:05	01:01:56	SS CGD
3280	149	HELDER M B CARDOSO	M	39		01:04:05	01:00:28	
3281	1879	LUÍS BATISTA	M	32		01:04:06	01:01:47	BATISTA
3282	1201	LUIS NUNES	M	39		01:04:06	01:00:59	
3283	4865	SANDRA RAQUEL COSTA TEIXEIRA	F	28		01:04:07	01:01:14	
3284	1641	VERA VAZ	F	19		01:04:09	00:58:22	BARÕES
3285	121	FLORBELA C L MORAIS	F	38		01:04:09	01:01:19	
3286	558	LUIS GOMES	M	40		01:04:10	01:02:03	THE GOURMET
3287	573	FATIMA BRANCO	F	40		01:04:11	01:01:59	
3288	3529	RITA LOPES	F	33		01:04:12	01:01:25	GD IN CASA MOEDA
3289	1219	CARLOS HENRIQUE	M	46		01:04:12	01:00:25	
3290	2975	MIGUEL CUNHA	M	37		01:04:12	01:00:25	
3291	4308	CÉLIA CARVALHO	F	32		01:04:14	01:00:08	
3292	3583	ANA MENDES PAULO	F	43		01:04:14	01:01:36	ROCIO
3293	3173	EDUARDO COELHO	M	30		01:04:14	01:01:05	SEMP'ABRIR
3294	3165	ANTÓNIO MASCARENHAS	M	23		01:04:15	01:00:52	ARGUS SSO
3295	2444	PAULA MACHADO	F	35		01:04:16	01:00:55	
3296	1326	HELDER ANTÓNIO DIAS RAPOSO	M	45		01:04:16	01:00:31	
3297	4429	ALBERTO MAURÍCIO	M	30		01:04:16	01:02:25	
3298	512	SERGIO F F G SA	M	39		01:04:17	01:00:41	
3299	1927	DURWOOD YOUNG	M	57		01:04:18	01:02:04	
3300	130	Mª JOAO A P EMIDIO	F	45		01:04:19	01:02:38	
3301	3042	JOSÉ DIAS	M	23		01:04:19	01:00:32	RENNINGS
3302	971	VITÓRIA CARNEIRO	F	40		01:04:20	01:01:08	G. D. PORTO DE SINES
3303	117	FERNANDO M N MORAIS	M	41		01:04:20	01:04:20	
3304	1935	GONÇALO SANTOS	M	40		01:04:24	01:01:12	G. D. PORTO DE SINES
3305	4248	NUNO DE CARVALHO E MELO VARELA	M	39		01:04:24	01:02:06	
3306	2221	PAULO GONÇALVES	M	42		01:04:24	01:02:07	
3307	3516	MIGUEL FRAGA	M	43		01:04:24	01:02:13	GD IN CASA MOEDA
3308	116	CARLA A F M MORAIS	F	37		01:04:25	01:01:21	
3309	2856	JOSÉ PAULINO CARLOS	M	66		01:04:26	01:02:33	
3310	2646	HORACIO JOÃO FELGUEIRAS	M	53		01:04:27	01:01:35	
3311	1164	LILIANA EUSÉBIO	F	35		01:04:28	01:00:29	
3312	2031	RODOLFO LIMA	M	46		01:04:29	01:01:33	C MILLENINUM BCP
3313	986	RUBEN SANTOS	M	24		01:04:30	01:03:41	
3314	4724	RUI CARVALHO	M	49		01:04:35	01:01:49	ZIGGYPEX
3315	4593	RICARDO RODRIGUES	M	35		01:04:36	01:03:01	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3316	485	GONÇALO PEREIRA	M	51		01:04:36	01:01:23	LEBRES DO ASFALTO
3317	1899	PAULO ONOFRE	M	43		01:04:38	01:02:13	ILOVEPV
3318	38	Mª TERESA M GRAY	F	49		01:04:40	01:02:43	TRANQUILIDADE
3319	206	CASSIANO P CUNHA	M	70		01:04:40	01:02:55	
3320	532	JOAO M C S BELGA	M	37		01:04:41	01:02:09	
3321	746	ATLETA NÃO CADASTRADO	M	0		01:04:42	01:02:04	
3322	207	PAULO C V CUNHA	M	39		01:04:42	01:04:42	
3323	484	CARLOS PEREIRA	M	41		01:04:42	01:01:29	LEBRES DO ASFALTO
3324	1810	HUGO FERREIRA	M	30		01:04:43	01:00:48	JOLES & BOLES
3325	745	ATLETA NÃO CADASTRADO	M	0		01:04:43	01:02:05	
3326	3519	PEDRO ALMEIDA	M	32		01:04:44	01:02:12	
3327	3520	CATARINA BEATO	F	35		01:04:44	01:02:13	
3328	4370	VITOR SOUSA	M	32		01:04:44	01:00:45	CANEC D PERN FIN
3329	3956	PAULO JORGE RICARDO ALVES	M	48		01:04:44	01:01:58	
3330	3778	FILIPPE REIS	M	34		01:04:45	01:01:06	MALANDER'S DO SPORTING!!
3331	2485	JORGE SOUSA	M	40		01:04:45	01:02:18	EQUIPA DO ANDRÉ
3332	4455	RUI QUERIDO	M	34		01:04:45	01:02:59	
3333	4610	JOSE CARLOS SANTOS	M	39		01:04:46	01:02:16	
3334	4337	ROSÁLIA JACINTO	F	29		01:04:46	01:04:09	
3335	2040	EDUARDO PINTO	M	45		01:04:46	01:01:57	C MILLENINUM BCP
3336	477	HUGO LUZ	M	80		01:04:48	01:01:07	MAURICIOS
3337	2674	ELISABETE LOUREIRO	F	57		01:04:48	01:00:56	SC CASAINHOS
3338	2755	RICARDO CARVALHO	M	32		01:04:49	01:02:45	
3339	600	PEDRO CARVALHO	M	53		01:04:49	01:02:46	
3340	1406	MÁRIO LOPES	M	45		01:04:50	01:00:45	
3341	1405	PAULO SANTOS	M	47		01:04:50	01:00:42	
3342	620	MANUEL VASCONCELOS	M	28		01:04:50	01:00:54	HOLLA HOLLA GET DOLLA
3343	2618	PAULO LOURENÇO	M	45		01:04:50	01:00:58	SC CASAINHOS
3344	4889	ARTUR SILVA	M	41		01:04:50	01:02:14	
3345	4059	JORGE BRITO	M	43		01:04:51	01:00:48	CD QUARTEIRA
3346	3340	GUIOMAR SOARES	F	41		01:04:52	01:02:30	MARIANO SOARES
3347	4528	LUIS LEE	M	52		01:04:53	01:02:50	
3348	3804	BRUNO MARQUES	M	35		01:04:53	01:02:22	
3349	475	ANDRE OLIVEIRA	M	40		01:04:55	01:01:14	MAURICIOS
3350	1900	JOAQUIM PEREIRA	M	73		01:04:58	01:03:49	ASSOCIAÇÃO DE ATLETISMO LEBRES
3351	885	BRUNO FELIZ	M	34		01:04:59	01:01:47	
3352	4008	PEDRO MIGUEL DA CONCEIÇÃO REIS BENTO	M	34		01:05:00	01:05:00	
3353	2463	NUNO MIGUEL OLIVEIRA	M	31		01:05:00	01:02:11	CLUBE COLABORADORES AXA
3354	780	ANTONIO ALVES	M	57		01:05:00	01:02:21	ODEBRECHT/BPC

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3355	2549	RUI ESQUERDINO	M	41		01:05:01	01:02:29	
3356	244	LUIS F M OLIVEIRA	M	63		01:05:01	01:01:28	
3357	3533	PATRÍCIA ROSA	F	31		01:05:02	01:02:09	LAPA FURADA CITY
3358	946	JOSÉ CUSTÓDIO	M	42		01:05:02	01:01:44	CLUBE DESPORTIVO RIBEIRENSE
3359	3530	MICHAEL CARREIRA	M	34		01:05:03	01:02:07	LAPA FURADA CITY
3360	3350	MARGARIDA AGUIAR	F	42		01:05:04	01:04:07	
3361	864	ARMINDO GOMES	M	47		01:05:04	01:01:47	CLUBE DESPORTIVO RIBEIRENSE
3362	818	ANGELA CRUZ	F	42		01:05:05	01:02:02	SS CGD
3363	3372	JOÃO CARLOS RODRIGUES NOGUEIRA	M	41		01:05:06	01:01:32	
3364	3694	LUÍS SILVA	M	28		01:05:06	01:01:57	
3365	264	PEDRO M M S NOBRE	M	31		01:05:06	01:01:22	
3366	3625	RUI EUSÉBIO06-06-1946	M	67		01:05:06	01:03:29	
3367	4391	ANTÓNIO MANTEIGA	M	41		01:05:07	01:02:02	
3368	4359	MANUEL MANTEIGA	M	19		01:05:07	01:02:01	
3369	3236	PAULA SOARES	F	28		01:05:08	01:02:00	ASSOCIAÇÃO GD ACADEMIA KORPO
3370	3723	CORALIE CHODOROWSKI	F	35		01:05:08	01:03:20	FERROS & ASSOCIADOS
3371	3722	LUÍS ROMEIRAS	M	35		01:05:10	01:03:22	FERROS & ASSOCIADOS
3372	2960	NÁDIA NUNES	F	22		01:05:12	01:02:25	4 FUN
3373	2183	MIGUEL CARVALHO	M	18		01:05:13	01:02:23	C MILLENINUM BCP
3374	4004	JOSÉ BAPTISTA	M	56		01:05:14	01:02:15	
3375	1804	AMÉRICO PINTO	M	57		01:05:15	01:02:25	LEÕES DE ALVERCA
3376	685	CARLOS MATIAS	M	38		01:05:16	01:03:30	
3377	5014	LUÍS ROMA	M	29		01:05:16	01:01:52	NÚCLEO KARATE SHOTOKAN LISBOA
3378	684	FERNANDO SIMOES	M	34		01:05:16	01:03:30	
3379	4316	JOSÉ CARLOS MENDES	M	61		01:05:18	01:03:05	
3380	1074	LUIIS CONCEIÇÃO	M	53		01:05:18	01:04:36	C.C.R.D.BURINHOSA
3381	4443	PAULO SANTOS	M	37		01:05:19	01:02:06	
3382	4366	CARLOS BERNARDO	M	41		01:05:19	01:03:23	
3383	1126	PAULO PEDROSO	M	47		01:05:20	01:03:07	C.C.R.D.BURINHOSA
3384	4160	FERNANDO BASTO	M	46		01:05:20	01:01:51	
3385	2701	JOÃO NASCIMENTO	M	48		01:05:20	01:04:28	NASCIMENTO
3386	2545	JOSÉ OLIVEIRA	M	31		01:05:21	01:03:37	
3387	2702	ANDRE NASCIMENTO	M	20		01:05:22	01:04:30	NASCIMENTO
3388	3879	PAULO SÁ	M	43		01:05:24	01:01:57	
3389	3703	MIGUEL VENTURA	M	36		01:05:24	01:01:17	
3390	3607	JOAO SANTOS	M	38		01:05:24	01:03:13	GDCT REPSOL
3391	4821	BEATRIZ BARCIELA	F	41		01:05:24	01:03:06	
3392	4430	TIAGO FURTADO	M	29		01:05:25	01:05:25	
3393	607	JOSE A S REIS	M	41		01:05:25	01:03:23	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3394	247	MARCIA V ALBUQUERQUE	F	51		01:05:25	01:01:23	
3395	1209	ANTÓNIO MELO	M	52		01:05:26	01:01:24	
3396	3925	RITA CERTÃ	F	38		01:05:27	01:01:46	
3397	2224	MARCO BASTOS	M	39		01:05:27	01:02:12	
3398	177	ARLINDO BARBOSA	M	60		01:05:27	01:02:46	GRUPO MARADONA
3399	1260	SARA SANTOS	F	26		01:05:28	01:02:51	
3400	1259	VITOR SANTOS	M	28		01:05:28	01:02:51	
3401	1606	JOANA D"ARC CHOURIÇO	F	50		01:05:29	01:04:02	
3402	995	ANTÓNIO PAIXÃO	M	63		01:05:29	01:04:10	CLAC - ENTRONCAMENTO
3403	992	MANUEL MAIA	M	73		01:05:30	01:04:11	CLAC - ENTRONCAMENTO
3404	1887	FERNANDO PEREIRA DE ALMEIDA	M	35		01:05:30	01:04:10	CLAC - ENTRONCAMENTO
3405	3848	PEDRO ANDRADE	M	34		01:05:32	01:03:32	
3406	3927	LUÍS CABAÇA	M	36		01:05:32	01:01:50	
3407	1794	TERESA FÉLIX	F	29		01:05:33	01:04:07	
3408	2875	ANGELA MORAIS	F	51		01:05:34	01:02:50	GRUPO DESPORTIVO SERVICONTABIL
3409	1699	GUILHERME MARTINS	M	23		01:05:35	01:03:17	
3410	3079	BRUNO SANTOS	M	34		01:05:35	01:02:51	ATOMIC TEAM
3411	2323	LUIS SCHWAB	M	49		01:05:36	01:03:42	
3412	1698	CARLOS BORGES	M	22		01:05:36	01:03:18	
3413	3289	HUGO PEREIRA	M	36		01:05:36	01:05:00	
3414	109	RICARDO S LOPES	M	38		01:05:37	01:03:51	
3415	2586	ANDRÉ MOREIRA	M	28		01:05:38	01:03:25	ALCES E TRAIINEIRAS
3416	1227	NÍDIA SILVA	F	58		01:05:38	01:02:40	
3417	464	FERNANDO FERREIRA	M	33		01:05:39	01:04:01	N SPORTINGUISTA LEOES AZEITAO
3418	2920	DIANA ALVES	F	23		01:05:39	01:02:38	
3419	3926	TERESA SOUSA	F	44		01:05:39	01:01:57	
3420	3833	DUARTE AMORIM	M	40		01:05:41	01:02:09	
3421	2790	RICARDO CRAVIDÃO	M	18		01:05:41	01:03:52	
3422	2039	CATARINA SA	F	42		01:05:43	01:03:21	C MILLENINUM BCP
3423	2328	RICARDO LOPES	M	19		01:05:43	01:02:51	BARROQUEIROLOPES
3424	2057	PEDRO CARVALHO	M	42		01:05:44	01:03:23	C MILLENINUM BCP
3425	1608	PAULO MARTINS	M	45		01:05:45	01:02:02	
3426	2733	GONÇALO GUÉRIN	M	39		01:05:46	01:03:58	FERROS & ASSOCIADOS
3427	139	RITA SILVA	F	41		01:05:47	01:03:58	
3428	3589	FREDERICO MOEDA	M	19		01:05:47	01:03:24	TAGIDE RUNNERS
3429	3666	ANTÓNIO CAEIRO	M	42		01:05:48	01:02:11	
3430	2458	JOÃO PAULO PINTO	M	45		01:05:49	01:02:54	CLUBE COLABORADORES AXA
3431	3098	LENA COTRIM	F	46		01:05:49	01:04:33	SCALABIS NIGHT RUNNERS
3432	2455	ANA MARIA GUIMARÃES	F	56		01:05:49	01:02:54	CLUBE COLABORADORES AXA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3433	3139	DÉRCIO GUIA	M	40		01:05:49	01:04:33	SCALABIS NIGHT RUNNERS
3434	3943	ORLANDO SOUSA	M	51		01:05:50	01:02:48	CCD METROLISBOA
3435	4012	MARIO PIRES	M	54		01:05:51	01:02:12	
3436	3676	JORGE FONSECA	M	74		01:05:51	01:04:18	
3437	4296	RUI ALMEIDA	M	35		01:05:52	01:03:00	
3438	3585	ANTONIO MOEDA	M	54		01:05:53	01:03:29	TAGIDE RUNNERS
3439	2552	JULIO DINIS MACHADO CARVALHO	M	51		01:05:53	01:04:13	
3440	1498	GUALTER BERNARDES	M	36		01:05:54	01:03:03	
3441	617	JOAO FERNANDES	M	28		01:05:54	01:01:57	HOLLA HOLLA GET DOLLA
3442	1733	MÁRIO GASPAR	M	49		01:05:54	01:03:50	
3443	695	DIOGO MARTINS	M	23		01:05:54	01:03:08	
3444	3122	FABIO DIAS	M	42		01:05:54	01:05:17	GD SANTANDER TOTTA
3445	4603	LURDES ALVES	F	57		01:05:54	01:03:32	
3446	2329	MÁRCIA JESUS	F	21		01:05:55	01:04:04	
3447	1050	CARLOS HERMÍNIO SOUSA PEREIRA	M	62		01:05:55	01:03:00	
3448	2597	ANA FERREIRA	F	41		01:05:56	01:02:36	
3449	917	MARINA SIMOES	F	38		01:05:58	01:02:47	SS CGD
3450	4281	HERLANDER BRAZ	M	54		01:06:00	01:05:18	GD SANTANDER TOTTA
3451	3599	ANTONIO GASPAR	M	70		01:06:00	01:03:18	GD IN CASA MOEDA
3452	3	JOSE QUINTELA	M	47		01:06:02	01:05:58	SPORTING CP
3453	2903	INÊS CARDOSO	F	28		01:06:04	01:03:15	MIRATEJO RUNNERS
3454	2242	VÍTOR LUCAS	M	50		01:06:05	01:03:11	
3455	2160	DAVID PINHEIRO	M	34		01:06:06	01:04:20	
3456	1199	CESAR FIALHO GUERRA	M	44		01:06:07	01:03:01	CTJI
3457	4336	CARLOS BARREIRAS	M	65		01:06:08	01:04:30	
3458	1568	LUIS TRIGO	M	32		01:06:10	01:02:19	
3459	165	TIAGO F R MENDES	M	35		01:06:11	01:02:31	
3460	4408	SANDRA CRESPO	F	41		01:06:13	01:04:18	CRESPOS
3461	1419	PAULO PERES	M	47		01:06:13	01:03:25	CLUBE ANACOM
3462	587	JOSE H M AMARO	M	40		01:06:15	01:02:42	
3463	1625	ANA SANTOS	F	51		01:06:16	01:03:25	GD INE
3464	2533	PEDRO FONSECA	M	41		01:06:16	01:04:09	
3465	4943	ALEXANDRA SANTOS	F	29		01:06:17	01:02:55	NÚCLEO KARATE SHOTOKAN LISBOA
3466	1632	JOAO D FRIAS	M	59		01:06:17	01:03:26	GD INE
3467	4108	NELSON CASADINHO	M	33		01:06:18	01:04:02	SPORTING CASUALS
3468	557	ANTONIO REGO	M	43		01:06:19	01:04:14	THE GOURMET
3469	3515	ANTONIO NASCIMENTO	M	72		01:06:19	01:06:19	GD IN CASA MOEDA
3470	519	AGOSTINHO MONTEIRO	M	54		01:06:19	01:02:59	
3471	718	VITOR GUERREIRO	M	47		01:06:20	01:02:31	RENNINGS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3472	2112	ANA SILVA	F	18		01:06:20	01:03:19	FAMILIA FARIA
3473	3280	MARIANA SERRA	F	25		01:06:21	01:02:33	RENNINGS
3474	1802	JOSÉ TIMÓTEO	M	30		01:06:21	01:04:39	
3475	551	LUISA GALANTE	F	34		01:06:23	01:05:15	
3476	4988	GONÇALO ABREU	M	28		01:06:23	01:04:03	
3477	4858	MARIA MANUELA ADREGA FONSECA	F	46		01:06:23	01:04:14	KICKBOXING SCP
3478	413	MARCO A S COSTA	M	37		01:06:23	01:03:44	
3479	1709	MARIO ALEMAO	M	30		01:06:24	01:03:24	4FUN
3480	4447	SECUNDINO CARVALHO	M	29		01:06:24	01:03:22	
3481	412	LEONOR F A MARTINHO	M	34		01:06:25	01:03:46	
3482	3655	CARLOS SILVA	M	46		01:06:26	01:02:47	
3483	492	JULIO SANTOS	M	52		01:06:26	01:03:44	
3484	2020	CARLOS TOME	M	62		01:06:27	01:02:59	C MILLENINUM BCP
3485	3837	NUNO ARAGÃO	M	35		01:06:27	01:03:26	COMANDO C
3486	4027	BERNARDO FERRAO	M	33		01:06:28	01:04:00	
3487	727	ISAAC FILIPE VERGA CHAPARRO	M	27		01:06:28	01:04:27	
3488	812	OLIMPIO MAGALHAES	M	38		01:06:29	01:03:39	SS CGD
3489	2408	NUNO CERQUEIRA	M	36		01:06:29	01:03:35	ORFF
3490	1431	MARIA MACHADO	F	30		01:06:31	01:02:26	
3491	1448	GONÇALO MORGADO	M	26		01:06:32	01:02:37	
3492	129	MARIO M B EMIDIO	M	49		01:06:33	01:04:51	
3493	2585	ALFREDO FERREIRA	M	77		01:06:34	01:06:34	
3494	3608	AMADEU FERREIRA	M	71		01:06:35	01:04:25	GDCT REPSOL
3495	3606	MANUEL SANTOS	M	66		01:06:35	01:04:25	GDCT REPSOL
3496	3790	SUSANA LOURENÇO FERNANDES	F	28		01:06:36	01:05:24	REBERA RUNNING
3497	2582	PEDRO BENTO	M	45		01:06:37	01:03:40	
3498	646	CASIMIRO P REIS	M	45		01:06:37	01:03:14	
3499	1506	ARTUR BARRETO	M	65		01:06:38	01:02:28	
3500	1504	NUNO BARRETO	M	37		01:06:38	01:02:27	
3501	828	ANA AZEVEDO	F	34		01:06:39	01:02:47	SS CGD
3502	4647	JOÃO GAVANCHA	M	42		01:06:40	01:02:33	
3503	3495	PEDRO FRÓIS COSTA	M	42		01:06:40	01:02:19	
3504	2745	MANUEL MARTA	M	67		01:06:41	01:05:46	CARTOON CAFE
3505	2746	RICARDO MARTA	M	34		01:06:41	01:06:21	CARTOON CAFE
3506	3496	MIGUEL VALE	M	40		01:06:42	01:02:20	
3507	3789	HUGO PEDRO OLIVEIRA NUNES	M	29		01:06:42	01:06:42	REBERA RUNNING
3508	4659	ANTÓNIO EDUARDO	M	60		01:06:43	01:03:54	CCD METROLISBOA
3509	3727	JOÃO SILVA	M	39		01:06:43	01:05:08	
3510	410	GONÇALO R CAMEJO	M	34		01:06:44	01:03:57	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3511	619	CARLOS LOPES	M	29		01:06:44	01:02:45	HOLLA HOLLA GET DOLLA
3512	3841	ANTÓNIO ESPADA	M	66		01:06:45	01:05:07	
3513	957	ANDREIA FELICIO	F	31		01:06:46	01:03:29	CLUBE DESPORTIVO RIBEIRENSE
3514	4365	FILIPE VASQUES	M	51		01:06:46	01:06:46	
3515	1554	ANTONIO QUARESMA	M	32		01:06:46	01:04:18	WSB
3516	3819	DORA MARIA LOPES PINA	F	37		01:06:48	01:04:20	
3517	3815	SANDRA PINA	F	39		01:06:48	01:04:24	H3 RUNNERS
3518	2979	JORGE NOBRE	M	36		01:06:48	01:05:20	
3519	3645	MARIANA COSTA	F	41		01:06:49	01:02:57	
3520	152	HELENA C SOUSA	F	41		01:06:49	01:03:56	
3521	4579	PEDRO NOBRE PINTO	M	35		01:06:49	01:02:58	
3522	1477	CARLOS CABACEIRA	M	18		01:06:51	01:03:46	
3523	948	SÓNIA HENRIQUES	F	35		01:06:53	01:03:36	CLUBE DESPORTIVO RIBEIRENSE
3524	1718	RUTE DIOGO	F	35		01:06:55	01:05:30	
3525	2300	SARA ALEXANDRE	F	18		01:06:56	01:03:08	FAIÃO RUNNING TEAM
3526	242	JOAO P S RIBEIRO	M	21		01:06:58	01:06:06	
3527	2466	PAULO JORGE PAIXÃO	M	39		01:06:59	01:04:06	CLUBE COLABORADORES AXA
3528	2457	CATARINA MORGADO FIGUEIRA	F	35		01:06:59	01:04:06	CLUBE COLABORADORES AXA
3529	1875	MARIANA DIAS	F	18		01:06:59	01:04:57	CARAPUS DE CORRIDA
3530	175	LUIS PIEDADE	M	36		01:07:01	01:03:57	GRUPO MARADONA
3531	1847	FILIPE RIBEIRO	M	33		01:07:01	01:05:53	KARAMELOS RUNNING
3532	4837	MIGUEL RAMOS PEREIRA	M	29		01:07:01	01:03:24	
3533	3446	LUÍS MENDES	M	39		01:07:02	01:03:01	
3534	239	JOAO BARATA	M	33		01:07:02	01:04:56	
3535	176	PATRICIA BARBOSA	F	23		01:07:03	01:03:55	GRUPO MARADONA
3536	3172	FRANCISCO SILVESTRE	M	52		01:07:04	01:07:04	
3537	3547	ROSA CARITA	F	53		01:07:04	01:06:35	CCD SINTRENSE
3538	645	INES CUNHA	F	27		01:07:06	01:04:47	
3539	3339	DAVID REIS	M	18		01:07:07	01:05:03	FALCÕES SELVAGENS
3540	96	FILIPA RODRIGUES	F	28		01:07:09	01:07:02	
3541	3982	PEDRO LAGOS	M	31		01:07:09	01:07:03	
3542	2725	CAROLINA FONSECA	F	18		01:07:11	01:05:36	
3543	3485	VITOR	M	67		01:07:11	01:05:03	CANHÕES DA NAZARÉ/CAN
3544	4114	FERNANDO LOPES	M	41		01:07:12	01:04:18	
3545	2332	DINA DIAS	F	27		01:07:12	01:05:21	
3546	3726	LUÍS MALATO	M	43		01:07:13	01:03:38	
3547	372	PAULO R N MATEUS	M	33		01:07:13	01:04:56	
3548	3761	DAVID VIEIRA	M	40		01:07:14	01:03:40	
3549	4946	ABILIO SILVA	M	37		01:07:16	01:07:16	DICARMO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3550	3508	RITA RODRIGUES	F	32		01:07:16	01:06:18	
3551	2929	NATÁLIA NOBRE	F	41		01:07:17	01:05:12	
3552	2928	TERESA CARNEIRO	F	43		01:07:17	01:05:12	
3553	3189	ANDRÉ REMÉDIO	M	32		01:07:18	01:03:28	RENNINGS
3554	1655	INES PINTO BARRADAS	F	34		01:07:19	01:05:13	
3555	670	RUI SIMOES	M	43		01:07:20	01:04:17	N SPORTINGUISTA AZEITAO
3556	107	JOAO P C BRIGAS	M	18		01:07:20	01:04:22	
3557	2107	PAULA COUTO	F	50		01:07:20	01:04:57	
3558	2106	MARIA QUITÉRIA	F	40		01:07:21	01:04:58	
3559	114	ANTONIO BALSAS	M	66		01:07:21	01:04:17	
3560	2436	ANTÓNIO MOURA	M	56		01:07:21	01:06:51	
3561	374	RICARDO J M S CARNEIRO	M	34		01:07:22	01:04:03	
3562	1322	ANABELA BASTOS	F	47		01:07:22	01:04:08	
3563	3656	ARMANDO PEREIRA	M	48		01:07:23	01:03:54	
3564	4438	LUIS MARQUES	M	39		01:07:24	01:05:06	
3565	1193	MANUEL RIBEIRO	M	64		01:07:25	01:03:59	AAE BNU
3566	256	JOANA ALFAIA	F	34		01:07:25	01:04:11	FITNESS PLAYGROND
3567	255	ANDRE POMBO	M	30		01:07:26	01:04:12	FITNESS PLAYGROND
3568	3463	JOAO MOREIRA	M	41		01:07:27	01:04:59	
3569	4163	JOANA HEITOR	F	31		01:07:28	01:04:05	
3570	3951	FERNANDO FERNANDES	M	61		01:07:30	01:04:28	CCD METROLISBOA
3571	4740	DANIEL BARATA	M	30		01:07:31	01:05:34	SEMESTES DO ASFALTO
3572	3301	LUIS M SILVA	M	60		01:07:31	01:05:50	N. SPORTINGUISTA QUINTA DA FON
3573	2536	JOSÉ HENRIQUE PEREIRA	M	39		01:07:31	01:04:50	
3574	3947	JOÃO BARBOSA	M	52		01:07:31	01:04:25	CCD METROLISBOA
3575	416	ALBANO GINJA	M	57		01:07:32	01:04:08	
3576	2963	MIGUEL GONÇALVES	M	37		01:07:32	01:05:51	N. SPORTINGUISTA QUINTA DA FON
3577	415	ANTONIO NUNES	M	73		01:07:32	01:04:03	
3578	337	ANTONIO N PESQUEIRA	M	58		01:07:33	01:04:14	
3579	2143	JOÃO LIMA	M	23		01:07:33	01:05:16	
3580	3623	MARIO FIALLO	M	33		01:07:33	01:04:24	
3581	1024	JOAO BRANCO	M	66		01:07:34	01:04:38	AAE BNU
3582	4731	DIOGO MARQUES	M	20		01:07:34	01:04:56	
3583	4385	PEDRO SILVEIRA	M	41		01:07:36	01:07:36	
3584	4290	ARTUR MONTEIRO	M	37		01:07:36	01:05:23	
3585	3980	ANTÓNIO ALVES	M	46		01:07:38	01:04:46	
3586	2326	OCTAVIO LOPES	M	46		01:07:38	01:04:45	BARROQUEIROLOPES
3587	1497	NUNO AFONSO	M	35		01:07:41	01:04:54	
3588	2310	LUÍS FILIPE LINO	M	52		01:07:44	01:04:49	AMCR FONTE GRADA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3589	3414	RUI RAPOSO	M	49		01:07:45	01:04:22	
3590	4104	DORA DUARTE	F	53		01:07:47	01:04:52	
3591	111	JOAO P PINTO	M	57		01:07:47	01:07:47	
3592	3681	ELISABETE PELEJA	F	41		01:07:48	01:06:45	
3593	120	RICARDO A A C ESTEVENS	M	39		01:07:49	01:07:49	
3594	123	RUTE M P C PATROCINIO	F	38		01:07:50	01:04:55	
3595	4727	OLGA NEVES	F	34		01:07:51	01:05:42	
3596	3419	CARLOS SANTOS	M	46		01:07:51	01:04:27	
3597	1898	PEDRO RAMOS	M	22		01:07:52	01:05:12	
3598	3546	JOSÉ CARITA	M	55		01:07:52	01:07:11	CCD SINTRENSE
3599	1167	MÔNICA PEREIRA	F	37		01:07:52	01:03:52	
3600	4063	LEONARDO PEDRO	M	26		01:07:55	01:07:55	
3601	4257	JOAQUIM PAIS	M	57		01:07:57	01:07:57	
3602	1523	LUIS COSTA	M	48		01:07:57	01:04:25	
3603	1341	ANASEABRA	F	48		01:07:58	01:06:14	
3604	2190	FERNANDO FERREIRA	M	67		01:07:59	01:05:25	C MILLENINUM BCP
3605	314	MARTA S D S REIS	F	22		01:08:01	01:05:00	
3606	1522	LUIA COSTA	F	44		01:08:03	01:04:32	
3607	1282	ANTONIO CRISOSTOMO	M	48		01:08:03	01:05:29	TARATARUGAS SOLIDARIAS
3608	2023	FERNANDO LEMOS	M	63		01:08:03	01:08:03	C MILLENINUM BCP
3609	3305	ALEXANDRE SILVA	M	34		01:08:05	01:08:05	
3610	2609	MIGUEL LAVRADOR	M	42		01:08:06	01:08:06	
3611	2608	SANDRA PRATA	F	42		01:08:06	01:04:10	
3612	2610	CARLOS MARQUES	M	43		01:08:08	01:04:11	
3613	2157	AGAPITO BELGA	M	62		01:08:08	01:05:24	C.A. AMIGOS PARQUE DA PAZ
3614	2842	SANDRA CAMPOS	F	39		01:08:11	01:05:53	
3615	1604	FERNANDA ROXO	F	39		01:08:12	01:05:35	
3616	1190	ANGELO BARATA	M	31		01:08:12	01:05:01	CROMOSSOMAS
3617	2808	ANA S RIBEIRO	F	35		01:08:13	01:04:58	
3618	2301	DIOGO MATOS	M	31		01:08:13	01:04:59	
3619	4407	JOANA RIBEIRO	F	33		01:08:13	01:04:59	
3620	3505	RICARDO MANUEL DE ALMEIDA CORREIA	M	41		01:08:14	01:05:25	COMANDO C
3621	4046	ANTÓNIO ANDRADE	M	39		01:08:15	01:04:07	
3622	3713	RICARDO FILIPE CALDAS	M	36		01:08:15	01:06:04	
3623	3714	ANA CHORINCAS	F	27		01:08:15	01:06:04	
3624	5000	ANTONIO PEDRO RODRIGUES	M	34		01:08:16	01:05:39	TARAHUMARA
3625	3498	CARLOS SOUSA	M	37		01:08:16	01:05:03	
3626	3506	SÉRGIO ALMEIDA	M	32		01:08:16	01:05:30	
3627	4987	INÊS CORDEIRO	F	31		01:08:17	01:05:40	TARAHUMARA

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3628	212	FILIPPE PEDRO	M	34		01:08:17	01:04:33	
3629	394	HELDER T MAGALHAES	M	50		01:08:18	01:04:56	
3630	284	ANA BALEIRAS	F	34		01:08:18	01:05:11	
3631	953	VITOR JANUARIO	M	40		01:08:20	01:05:06	CLUBE DESPORTIVO RIBEIRENSE
3632	4348	NUNO GONÇALVES	M	33		01:08:20	01:04:55	
3633	1772	MANUEL REGO	M	26		01:08:20	01:06:36	TEAM MARMITA
3634	2748	PAULO CARVALHO	M	46		01:08:21	01:05:28	ENGENHARIALIQUIDA
3635	2349	ZEFERINO BOAL	M	51		01:08:21	01:04:27	
3636	568	LILIANA ABREU	F	30		01:08:22	01:08:22	
3637	673	JOAO F PEDRA	M	38		01:08:22	01:04:47	
3638	2244	FERNANDO FERNANDES	M	47		01:08:23	01:06:45	
3639	4915	MIGUEL SILVA	M	38		01:08:24	01:05:51	DICARMO
3640	559	JULIA GOMES	F	40		01:08:25	01:06:16	THE GOURMET
3641	606	RICARDO M A ANTUNES	M	30		01:08:26	01:04:39	
3642	1417	JAIME AFONSO	M	48		01:08:27	01:05:38	CLUBE ANACOM
3643	1111	JOAO TOMAS	M	29		01:08:30	01:07:25	CLUBE GRUPO BES
3644	1248	TANIA SARAIVA	F	29		01:08:31	01:07:28	CLUBE GRUPO BES
3645	2723	PEDRO PIRES	M	34		01:08:32	01:06:24	
3646	350	SUSANA FREITAS	F	36		01:08:32	01:06:08	N SPORTINGUISTA LOURES
3647	815	RUI SANTOS	M	46		01:08:33	01:05:46	SS CGD
3648	3661	CARLOS VIEIRA	M	44		01:08:34	01:06:44	PORTELA FANS
3649	3915	NÍDEA PIRES	F	37		01:08:35	01:07:36	
3650	1536	JOSÉ COSTA	M	38		01:08:36	01:04:52	
3651	934	JORGE LOURO	M	46		01:08:37	01:05:28	CLUBE DESPORTIVO RIBEIRENSE
3652	1809	FILIPPE PASSOS	M	30		01:08:37	01:04:42	JOLES & BOLES
3653	3174	MÓNICA CAMACHO	F	33		01:08:38	01:06:18	CARACÓIS SALOIOS
3654	2620	CLAUDIA ANDRE	F	36		01:08:38	01:05:54	SC CASAINHOS
3655	297	CARLOS A RODA	M	54		01:08:39	01:05:24	
3656	3307	CLÁUDIO MATEUS	M	34		01:08:39	01:06:19	CARACÓIS SALOIOS
3657	3989	TIAGO CERQUEIRA	M	41		01:08:40	01:04:53	VICENTES
3658	787	LUIA ALVES	F	32		01:08:40	01:06:11	ODEBRECHT/BPC
3659	2239	SARA PRIMOR	F	26		01:08:41	01:06:50	
3660	3039	PAULA CUNHA	F	47		01:08:41	01:05:54	
3661	4661	SOFIA MANSO	F	26		01:08:42	01:06:06	OBIKWELAS
3662	2230	EUNICE TORRES	F	34		01:08:42	01:07:41	ANA E AS MENINAS
3663	565	LUIS F S PINHEIRO	M	24		01:08:42	01:04:42	
3664	365	PAULO C P FERNANDES	M	35		01:08:43	01:06:28	
3665	3110	RICARDO BARBOSA	M	25		01:08:43	01:04:56	
3666	644	MARIO RUI	M	55		01:08:45	01:06:16	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3667	2889	CATARINA PINHEIRO	F	20		01:08:45	01:05:42	FAMILIA PINHEIRO
3668	1967	VERA MAÍSA PEREIRA MITRA	F	36		01:08:45	01:06:17	
3669	4912	ANDRÉ PERALTA	M	29		01:08:48	01:04:47	
3670	3603	CARLOS CARMO	M	60		01:08:48	01:06:38	GDCT REPSOL
3671	4395	EDGAR S MARTINS	M	53		01:08:48	01:05:39	
3672	700	GUILLAUME VELOSO	M	29		01:08:49	01:06:06	
3673	1552	FILIPA PATRÍCIO	F	32		01:08:49	01:06:21	WSB
3674	2780	JOÃO TENENTE	M	30		01:08:51	01:08:51	
3675	2356	SANDRA PEREIRA	F	43		01:08:52	01:06:06	
3676	4173	PEDRO RODRIGUES	M	38		01:08:53	01:06:07	
3677	1149	RAQUEL OLIVEIRA	F	37		01:08:54	01:06:21	
3678	2781	CLÁUDIO TENENTE	M	39		01:08:56	01:06:38	
3679	331	FRANCISCO M COSTA	M	26		01:08:57	01:06:18	
3680	3412	REINALDO PEREIRA	M	50		01:08:59	01:06:40	
3681	4546	NUNO SANTOS	M	26		01:08:59	01:05:32	
3682	3194	PEDRO MANUEL BUCO DE SOUSA	M	25		01:09:00	01:05:13	RENNINGS
3683	1742	LEONEL MARTINS	M	43		01:09:00	01:09:00	
3684	91	PEERO LEAL	M	26		01:09:00	01:05:33	A BOLA
3685	2064	PAULA JACOB	F	48		01:09:01	01:07:35	KEEP CALM & XORA
3686	2374	PEDRO M SILVA	M	41		01:09:01	01:05:52	
3687	1415	MARIA PERES	F	18		01:09:03	01:06:14	
3688	2063	CARLOS MENDES	M	38		01:09:03	01:07:35	KEEP CALM & XORA
3689	2068	CARLOS GONÇALVES	M	45		01:09:03	01:08:29	
3690	4614	CATARINA CRUZ	F	18		01:09:03	01:06:27	
3691	2066	JOSÉ TEIXEIRA	M	41		01:09:03	01:07:37	KEEP CALM & XORA
3692	1919	ELIAS LUIS	M	73		01:09:04	01:06:32	
3693	5039	RUI CRUZ	M	45		01:09:04	01:06:28	
3694	1136	JOSÉ BOTAS	M	55		01:09:06	01:06:11	
3695	3652	SUSANA AGOSTINHO	F	35		01:09:07	01:05:11	
3696	2753	ALBERTO FERRAZ	M	50		01:09:09	01:06:27	
3697	1135	ANTÓNIO REMECHIDO	M	53		01:09:09	01:06:15	
3698	3347	CECILIA TAVARES	F	47		01:09:10	01:08:04	GRUP.DESP.CHELAS
3699	1831	FAUSTO CAPITÃO	M	27		01:09:10	01:05:08	EXNFSC
3700	1717	NUNO RENDEIRO	M	37		01:09:11	01:07:46	
3701	1475	JOSE JULIO CABACEIRA	M	53		01:09:11	01:06:05	
3702	2831	CARINA AMARO	F	23		01:09:11	01:05:27	RENNINGS
3703	2393	NUNO SILVA	M	37		01:09:13	01:05:24	FAIÃO RUNNING TEAM
3704	2973	ANA NARIGUETA	F	36		01:09:14	01:06:10	
3705	1277	NUNO DIOGO	M	41		01:09:15	01:06:51	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3706	323	JOAO E B CARVALHO	M	63		01:09:18	01:07:27	
3707	586	FABIO CORREIA	M	29		01:09:20	01:06:09	
3708	585	JOAO M P MELO	M	30		01:09:22	01:06:11	
3709	250	PEDRO MACHADO	M	51		01:09:23	01:05:26	
3710	1278	ANA DIOGO	F	45		01:09:23	01:07:00	
3711	3849	CLAUDIA MIMOSO	F	27		01:09:24	01:08:03	
3712	360	DIOGO SILVA	M	25		01:09:26	01:05:53	
3713	1132	ALFREDO NETO	M	43		01:09:27	01:07:14	C.C.R.D.BURINHOSA
3714	2905	RODRIGO PROENÇA	M	31		01:09:34	01:06:46	MIRATEJO RUNNERS
3715	2902	DANIEL SERRANO	M	31		01:09:34	01:06:45	MIRATEJO RUNNERS
3716	4161	HELENA MENDO	F	45		01:09:35	01:06:06	
3717	1043	CONCEIÇÃO CUNHA	F	48		01:09:36	01:08:28	ASAS NOS PÉS
3718	1797	MIGUEL SILVA	M	39		01:09:36	01:06:50	
3719	876	ANA TEIXEIRA MARQUES	F	43		01:09:39	01:07:06	
3720	4005	JOHNNY THOMASSEN	M	53		01:09:40	01:09:40	
3721	4639	RUI MARINHO	M	55		01:09:40	01:06:04	
3722	2016	PAULO REBOCHO	M	52		01:09:41	01:06:37	C MILLENINUM BCP
3723	2633	FRANCISCO TOMAZ	M	33		01:09:41	01:08:42	
3724	443	OTILIA PINTO	F	46		01:09:42	01:06:37	
3725	4466	GISELA VICENTE	F	38		01:09:43	01:06:44	LEOES DA GRAÇA
3726	3857	MARCO DAVID HENRIQUES	M	31		01:09:43	01:05:41	
3727	1124	PAULA SILVA	F	43		01:09:44	01:08:42	CLUBE GRUPO BES
3728	3416	MARTA RAPOSO	F	21		01:09:45	01:08:15	
3729	4780	ANA LUISA FIGUEIREDO	F	23		01:09:49	01:06:52	FAMELGA
3730	1839	ANA ALVES	F	31		01:09:50	01:06:20	
3731	2283	DAVIDE SIMÕES BARCELOS	M	50		01:09:53	01:06:00	
3732	2098	JOSE GUERRA	M	45		01:09:53	01:08:00	BV MONTEMOR O NOVO
3733	4763	JOSÉ LUÍS GONÇALVES	M	70		01:09:54	01:06:49	
3734	518	NUNO M A POMBINHO	M	37		01:09:55	01:06:00	
3735	1332	CARLOS MARUTA	M	35		01:09:56	01:06:24	
3736	2162	JOÃO CAIO	M	28		01:09:56	01:06:22	
3737	4207	JOSÉ BALEIRAS	M	29		01:09:57	01:06:24	
3738	1858	TÂNIA LEAL	F	25		01:09:58	01:06:29	
3739	2853	JOÃO BENTO	M	24		01:10:00	01:05:51	TIMON E PUMBAS
3740	584	Mª HELENA S C ANDRADE	F	52		01:10:00	01:10:00	
3741	3461	ANTONIO LOPES	M	37		01:10:01	01:08:02	
3742	1986	EUGENIA PEREIRA	F	39		01:10:02	01:06:52	
3743	2375	ANA CANAVEIRA	F	46		01:10:04	01:07:07	AÇOREANA CLUBE BANIF
3744	2325	RODRIGO MENEZES BASTO	M	38		01:10:04	01:07:29	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3745	2324	SILVIA CASTRO	F	34		01:10:05	01:07:31	
3746	1827	RUI CAEIRO	M	26		01:10:05	01:06:05	EXNFSC
3747	474	ALEXANDRE FESTAS	M	43		01:10:06	01:06:26	MAURICIOS
3748	4781	PEDRO SILVA	M	49		01:10:07	01:07:51	
3749	4697	ANA PATRÍCIA GROVA FREITAS	F	25		01:10:08	01:06:11	
3750	1292	JOSÉ BRITO	M	39		01:10:08	01:07:08	
3751	4782	JORGE PATINHO	M	45		01:10:08	01:07:52	
3752	2846	VERA SOROMENHO	F	41		01:10:10	01:06:08	CLUBE VII
3753	2788	MÁRIO CRAVIDÃO	M	46		01:10:13	01:08:23	
3754	3059	TERESA GRAÇA	F	59		01:10:17	01:07:26	
3755	1311	ANA CAJADA	F	34		01:10:17	01:07:01	LINK
3756	171	DIRK AUGUST	M	49		01:10:19	01:07:15	GRUPO MARADONA
3757	618	MARGARIDA FERREIRA	F	28		01:10:21	01:06:24	HOLLA HOLLA GET DOLLA
3758	2359	PAULO OLIVEIRA	M	46		01:10:23	01:07:08	MARATONISTAS DE SOFÁ
3759	4850	MARIA INÊS GONÇALVES SANTOS CESÁRIO	F	48		01:10:25	01:10:11	
3760	4334	JOSÉ PIRES	M	38		01:10:28	01:07:09	
3761	1617	MARIA JOAO BACELAR	F	46		01:10:31	01:06:42	
3762	1841	JULIANA COSTA	F	29		01:10:33	01:07:07	
3763	4809	JORGE ALGARVIO	M	27		01:10:33	01:03:59	COMANDO C
3764	548	FILIPPE RIBEIRO	M	38		01:10:36	01:07:37	
3765	222	PAULO GODINHO	M	46		01:10:38	01:07:45	GD BANCO BPI
3766	3998	JOAO GRAÇA	M	74		01:10:40	01:07:15	NUCLEO DESPORTIVO AUTOCOOPE
3767	3891	ANA LOURENÇO	F	36		01:10:41	01:07:39	NA PAPAGAIOS CASCAIS
3768	3888	PEDRO LOPES	M	32		01:10:43	01:07:39	NA PAPAGAIOS CASCAIS
3769	4284	FREDERICO AMARAL	M	23		01:10:45	01:07:57	
3770	4544	ALEXANDRE RODRIGUES	M	38		01:10:49	01:07:42	
3771	2207	CARLOS MARTINHO	M	36		01:10:49	01:07:43	
3772	3890	JOSÉ ALLEGRO	M	65		01:10:50	01:07:47	NA PAPAGAIOS CASCAIS
3773	396	JOAO N COELHO	M	37		01:10:50	01:07:07	
3774	1776	RICARDO PEGO	M	30		01:10:54	01:09:09	TEAM MARMITA
3775	3855	PEDRO FERNANDES	M	33		01:10:56	01:08:43	PONTO DE PASSAGEM
3776	3116	HUGO FERNANDES	M	25		01:10:59	01:07:42	
3777	2663	PEDRO MIGUEL DA SILVA CUSTÓDIO	M	33		01:11:01	01:09:00	
3778	3293	CLARA HENRIQUES	F	32		01:11:01	01:09:19	
3779	2604	JOÃO CARREGOSO	M	29		01:11:03	01:09:02	
3780	4626	MANUELA PINTOR	F	26		01:11:03	01:07:17	PINTOR
3781	132	JOSE C AMARAL	M	70		01:11:04	01:08:29	
3782	877	MARIANA TEIXEIRA MARQUES	F	23		01:11:04	01:08:32	
3783	2290	MIGUEL ISIDORO	M	39		01:11:07	01:07:22	JAZZY RUNNERS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3784	702	PEDRO M E CORREIA	M	40		01:11:08	01:11:08	
3785	3399	CARLOS TEIXEIRA GONCALVES	M	65		01:11:09	01:08:01	
3786	2812	RICARDO JORGE ALVES DUARTE RODRIGUES	M	33		01:11:10	01:07:18	
3787	3397	SOFIA SAMPAIO	F	37		01:11:10	01:08:02	
3788	2421	MARIA BARROSO	F	52		01:11:13	01:07:40	CCD AUT ALMADA
3789	2839	JOAO GALAMBA	M	59		01:11:13	01:08:53	
3790	1089	HUGO OLIVEIRA	M	37		01:11:14	01:09:45	FCC LOGISTICA
3791	2940	EDUARDO ANTÓNIO BOTELHO RIBEIRO	M	56		01:11:16	01:08:28	
3792	4358	CÉLIA CATARINO	F	46		01:11:19	01:08:13	
3793	392	JOAO GONÇALVES	M	21		01:11:21	01:09:55	
3794	2506	MARIA SEQUEIRA	F	35		01:11:23	01:08:50	
3795	1782	RUI TIAGO MARTINS	M	30		01:11:26	01:09:13	TECNOSPIE
3796	2507	JOANA SEQUEIRA	F	38		01:11:26	01:08:54	
3797	2953	ANA MARQUES	F	43		01:11:29	01:09:34	
3798	2955	SÓNIA MARQUES	F	48		01:11:29	01:09:35	
3799	1222	SANJAY	M	40		01:11:30	01:07:27	
3800	3193	MARIA JOSE AGUIAR	F	20		01:11:31	01:09:00	
3801	3352	ALEXANDRE BASTOS	M	46		01:11:34	01:11:34	
3802	467	GONÇALO MORAIS	M	66		01:11:38	01:08:39	N SPORTINGUISTA LEOES AZEITAO
3803	4739	MICAELA LIZARDO	F	30		01:11:39	01:09:17	SEMESTES DO ASFALTO
3804	2747	SÓNIA ADRIANO	F	41		01:11:40	01:10:10	
3805	3566	DIOGO TORRADO	M	26		01:11:40	01:10:40	
3806	3731	SÉRGIO LOPES CARDEIRA	M	37		01:11:41	01:08:58	
3807	1637	JOSÉ MARIA JONET	M	19		01:11:43	01:08:41	
3808	3699	JOAQUIM FILIPE JR	M	24		01:11:43	01:08:29	
3809	1635	NUNO JONET	M	54		01:11:43	01:08:40	
3810	4597	TÂNIA FONTINHA	F	37		01:11:44	01:07:49	
3811	4627	SANDRA PINTOR	F	31		01:11:45	01:07:56	PINTOR
3812	166	NUNO M S OLIVEIRA	M	37		01:11:48	01:09:05	
3813	3881	CARLOS FILIPE	M	46		01:11:52	01:09:52	GRFH, LDA
3814	4761	JOÃO FIGUEIREDO	M	54		01:11:53	01:08:56	FAMELGA
3815	2247	MANUEL COELHO	M	74		01:11:56	01:10:08	
3816	34	JOSE P HENRIQUES	M	64		01:11:56	01:09:52	TRANQUILIDADE
3817	3970	ANA FAGULHA	F	24		01:11:59	01:08:47	
3818	2474	PUREZA CABRAL	F	44		01:11:59	01:08:15	GDCT UNICRE
3819	1730	CLAUDIA LOPES	F	30		01:12:00	01:12:00	
3820	4486	ANA P SARAMAGO	F	34		01:12:03	01:08:47	SS MONTEPIO GERAL
3821	1732	MIGUEL AMARAL PINTO	M	33		01:12:05	01:12:05	
3822	439	LOURENÇO CARNEIRINHO	M	51		01:12:06	01:09:26	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3823	4947	LUIS CARVALHO	M	33		01:12:06	01:10:16	NUCLEO KARATE SHOTOKAN LISBOA
3824	1457	HELENA TELINO	F	34		01:12:07	01:11:15	RUN 4 FUN
3825	1453	TELMAOLIVEIRA@FD.UL.PT	F	37		01:12:08	01:11:16	
3826	1375	DIOGO SEBASTIÃO	M	23		01:12:09	01:09:34	VAMOS A TODAS
3827	488	CARLOS MARTINS	M	70		01:12:09	01:09:22	
3828	4319	ANTÓNIO MARTINS	M	56		01:12:11	01:08:45	
3829	1374	DAVID SEBASTIÃO	M	18		01:12:11	01:09:36	VAMOS A TODAS
3830	4042	CARLA LOPES	F	29		01:12:14	01:08:38	
3831	1550	CATARINA MATEUS	F	34		01:12:16	01:09:47	WSB
3832	3537	ANA MORAIS	F	38		01:12:16	01:08:52	GD IN CASA MOEDA
3833	2391	ROGÉRIO SILVA	M	43		01:12:18	01:08:29	FAIÃO RUNNING TEAM
3834	1177	Mª ROSARIO RODRIGUES	F	48		01:12:19	01:09:47	AMINHACORRIDA/TOTALSTOR
3835	1987	JOÃO CRUZ	M	43		01:12:20	01:10:59	BLADERUNNERS
3836	2315	CÉLIA FRANCISCO	F	40		01:12:21	01:05:14	METRALHAS
3837	1988	FRUZZINA VARGA	F	25		01:12:21	01:10:58	BLADERUNNERS
3838	3759	CARLA VIEIRA	F	41		01:12:24	01:08:50	
3839	300	AGENOR R FERNANDES	M	69		01:12:24	01:09:47	
3840	4425	NUNO RODRIGUES	M	38		01:12:25	01:09:30	SS MONTEPIO GERAL
3841	142	PAULO A CRUZ	M	48		01:12:28	01:09:36	
3842	2483	RAQUEL BARREIRA	F	35		01:12:29	01:09:59	EQUIPA DO ANDRÉ
3843	4480	TERESA BARROS	F	48		01:12:31	01:10:17	
3844	3813	JOAO SANTOS	M	45		01:12:32	01:09:50	OS LEOES DE ALCANTARA
3845	386	DOROTEIA H V MARTINS	F	57		01:12:33	01:08:37	
3846	4592	SANDRA CUNHA	F	39		01:12:33	01:10:11	GD SANTANDER TOTTA
3847	3812	ANTONIO SANTOS	M	49		01:12:33	01:09:50	OS LEOES DE ALCANTARA
3848	2726	REGINA SERPA	F	37		01:12:34	01:09:33	4FUN
3849	387	INES C C MARQUES	F	60		01:12:34	01:08:38	
3850	2314	PAULA NETO	F	49		01:12:34	01:05:28	METRALHAS
3851	2654	MARIA SILVA	F	47		01:12:34	01:10:01	
3852	4910	MARIA ADELAIDE FERREIRA	F	64		01:12:36	01:10:21	G D JOANINHAS LEIAO
3853	4335	LEIDA CANDIDA SILVA SANTOS	F	33		01:12:38	01:08:46	
3854	1231	FERNANDO MANUEL COELHO	M	48		01:12:40	01:09:48	
3855	4699	VANESSA MOTA	F	29		01:12:44	01:08:48	JAVALIS DO MATO
3856	4615	LENIA MARIA GONÇALVES SOBRAL	F	39		01:12:46	01:08:58	
3857	370	BEATRIZ LOURENÇO	F	28		01:12:46	01:08:36	
3858	3455	ELISABETE PINTO	F	56		01:12:47	01:10:01	OS PINTOS
3859	706	JORGE PATRIARCA	M	34		01:12:48	01:08:07	
3860	4555	PEDRO MOURA	M	36		01:12:48	01:11:57	SPORTING LOVERS
3861	4580	MARISA NOBRE	F	36		01:12:48	01:11:57	SPORTING LOVERS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3862	3227	MARIO MORNA	M	56		01:12:49	01:11:37	SS MONTEPIO GERAL
3863	503	JOSE C TABOLEIROS	M	44		01:12:50	01:09:25	
3864	4919	MARIA BEIRÃO	F	35		01:12:50	01:09:32	
3865	502	PAULA I TABOLEIROS	F	46		01:12:50	01:09:26	
3866	3447	JOSE ALMEIDA	M	53		01:12:51	01:09:56	
3867	3807	JOÃO BEIRÃO	M	60		01:12:51	01:09:30	ASAS NOS PES
3868	2887	JOÃO PINHEIRO	M	50		01:12:53	01:09:49	FAMILIA PINHEIRO
3869	2488	JOÃO CARLOS GONÇALVES BRANCO	M	45		01:12:54	01:09:59	
3870	1954	PAULO RATO	M	51		01:12:54	01:09:00	C MILLENINUM BCP
3871	2186	GUILHERME RATO	M	18		01:12:54	01:08:55	C MILLENINUM BCP
3872	2888	FILIPA PINHEIRO	F	20		01:12:56	01:09:52	FAMILIA PINHEIRO
3873	3971	JEAN FIRMINO	M	35		01:12:56	01:12:56	
3874	3972	ANA GOMES	F	43		01:12:56	01:09:45	
3875	547	MARIO RIBEIRO	M	79		01:12:56	01:08:52	
3876	3937	DÉLIA BOINO	F	38		01:12:56	01:09:59	
3877	4073	MARIA GERTRUDES	F	65		01:12:57	01:11:13	GD SANTANDER TOTTA
3878	3969	PIERRE DURAND	M	52		01:12:57	01:09:45	
3879	266	TIAGO BATISTA	M	37		01:12:59	01:09:16	
3880	2944	SANDRA CAETANO	F	39		01:13:00	01:10:02	
3881	1317	MARIA MADALENA AMORIM	F	43		01:13:05	01:10:09	
3882	3033	ALBERTO BATISTA	M	63		01:13:05	01:09:36	S. S.P.M.S.J.MADEIRA
3883	4613	CLARA MARTINS	F	42		01:13:07	01:10:45	
3884	3762	JAIME MATEUS	M	41		01:13:07	01:09:33	
3885	4771	JOÃO RASQUILHO	M	42		01:13:08	01:09:34	
3886	265	LOURENÇO BORDALO	M	38		01:13:08	01:09:24	
3887	2389	SARA BRANDÃO	F	27		01:13:09	01:11:01	RATOS DO ASFALTO
3888	423	FRANCISCO MOUCHINHO	M	72		01:13:09	01:10:28	
3889	984	MARIA INÊS BRANDÃO	F	23		01:13:11	01:11:05	RATOS DO ASFALTO
3890	487	ADELINO SANTOS	M	70		01:13:14	01:11:24	
3891	4371	JOÃO FERNADES	M	31		01:13:16	01:09:18	CANEC D PERN FIN
3892	4847	MÁRIO RIBEIRO	M	41		01:13:18	01:10:45	
3893	4570	Mª CARMO ANJOS	F	67		01:13:18	01:11:00	J FREG PORTELA
3894	2402	VITOR LOBO	M	50		01:13:22	01:10:25	JOMAR
3895	2468	RICARDO TEIXEIRA	M	36		01:13:27	01:09:27	CLUBE COLABORADORES AXA
3896	1105	FATIMA FERREIRA	F	40		01:13:27	01:10:40	CLUBE GRUPO BES
3897	1204	SUSANA GOMES	F	36		01:13:31	01:11:46	
3898	3371	CARLOS BANDEIJAS	M	53		01:13:31	01:09:58	
3899	3960	ATLETA NÃO CADASTRADO	M	0		01:13:41	01:10:39	
3900	2724	RITA PIRES	F	38		01:13:43	01:10:55	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3901	3897	RICARDO J S LEAL	M	37		01:13:44	01:10:24	
3902	3261	PEDRO JOSÉ NEVES	M	53		01:13:46	01:10:38	
3903	437	FREDERICO SANTOS	M	50		01:13:46	01:10:49	
3904	438	HUGO M M F CANELA	M	30		01:13:49	01:10:50	
3905	1327	JOAO NOGUEIRA	M	49		01:13:51	01:10:24	
3906	3994	FRANCISCA CHICHORRO	F	29		01:13:52	01:05:38	OBIKWELAS
3907	3330	CARLOS TEIXEIRA	M	70		01:13:52	01:10:46	WIKABOO
3908	3856	RUI BOAVIDA SILVA	M	50		01:13:53	01:12:02	
3909	1119	MANUEL CARDOSO	M	34		01:13:56	01:12:42	CLUBE GRUPO BES
3910	3918	RUTE PIRES	F	31		01:13:57	01:12:57	
3911	191	RICARDO SANTOS	M	30		01:13:59	01:12:11	BRIGADA ULTRAS SPORTING
3912	766	CARLOS PEDRO	M	67		01:14:00	01:12:13	
3913	145	JOAO T C ALMEIDA	M	24		01:14:02	01:11:08	
3914	500	TIAGO S MESTRE	M	31		01:14:04	01:10:45	
3915	1168	JOSÉ CORREIA	M	54		01:14:05	01:11:09	
3916	3605	ALDA OLIVEIRA	F	59		01:14:09	01:11:58	GDCT REPSOL
3917	1169	LUZ MARTINHO	F	44		01:14:09	01:11:13	
3918	4908	MANUEL FERREIRA	M	74		01:14:10	01:11:55	G D JOANINHAS LEIAO
3919	1615	PAULO DUARTE	M	48		01:14:12	01:10:15	GDCT UNICRE
3920	1613	MARCELO CARDOSO	M	44		01:14:12	01:12:07	GDCT UNICRE
3921	860	PATRICIA BAPTISTA	F	31		01:14:13	01:10:52	CLUBE DESPORTIVO RIBEIRENSE
3922	2476	ELISABETE ANTUNES	F	43		01:14:13	01:10:13	GDCT UNICRE
3923	2734	ROSÁRIO GORDO	F	39		01:14:16	01:12:17	GRFH, LDA
3924	926	FERNANDO FIEL	M	40		01:14:16	01:10:55	CLUBE DESPORTIVO RIBEIRENSE
3925	2959	ANA BARÃO	F	45		01:14:17	01:11:29	4 FUN
3926	199	RODRIGO SARAIVA	M	36		01:14:29	01:10:23	
3927	730	PAULO FERREIRA	F	47		01:14:30	01:13:20	SS MONTEPIO GERAL
3928	1184	SONIA QUINTANILHA	F	30		01:14:35	01:13:20	AMINHACORRIDA/TOTALSTOR
3929	3648	PAULO RIOS	M	46		01:14:35	01:10:45	
3930	3650	SANDRA MAFRA	F	43		01:14:37	01:10:45	
3931	267	JORGE VIEIRA	M	33		01:14:38	01:11:24	
3932	4708	CARLOS MACHADO	M	37		01:14:39	01:12:26	PAPA KM
3933	4709	JORGE FERREIRA	M	58		01:14:39	01:12:26	PAPA KM
3934	270	PAULO VALENTE	M	34		01:14:40	01:11:26	
3935	947	JOSÉ FEBRA	M	27		01:14:45	01:11:31	CLUBE DESPORTIVO RIBEIRENSE
3936	4390	RUBEN CARVALHO	M	29		01:14:46	01:14:46	
3937	3649	VÂNIA MARTINS	F	26		01:14:46	01:10:55	
3938	3560	CARLA ROSÁRIO	F	37		01:14:46	01:10:57	HAKA GIRLS
3939	4356	TÂNIA DIMAS	F	44		01:14:46	01:11:40	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3940	1834	ISABEL NOVAL	F	36		01:14:48	01:11:57	
3941	3559	ZAINA MALVEIRO	F	34		01:14:48	01:10:59	HAKA GIRLS
3942	879	FÁTIMA MARQUES	F	50		01:14:48	01:12:16	
3943	2	ANTONIO REBELO	M	67		01:14:57	01:14:56	SPORTING CP
3944	4394	LUISA RENATA MAGALHÃES	F	35		01:15:04	01:11:20	TARTARUGAS DO TEJO
3945	1099	ANA MENDES	F	30		01:15:06	01:11:35	CLUBE GRUPO BES
3946	3527	VITOR CARDOSO	M	36		01:15:07	01:11:28	GD IN CASA MOEDA
3947	4931	FERNANDO MANUEL DA GLORIA FERNANDES	M	47		01:15:08	01:13:02	KICKBOXING SCP
3948	4599	ANDRÉ ROSA	M	32		01:15:09	01:11:17	
3949	1765	CARLA BARBOSA	F	35		01:15:10	01:14:26	TOCA DO LEÃO
3950	2599	ELISABETE FERREIRA	F	48		01:15:11	01:11:51	
3951	2596	JOAO COSTA	M	25		01:15:12	01:11:51	
3952	2062	NELSON COSTA	M	30		01:15:13	01:12:16	C MILLENINUM BCP
3953	3441	ELSA RIBEIRO	F	43		01:15:22	01:11:56	
3954	90	INES FREITAS	F	28		01:15:26	01:11:59	A BOLA
3955	2316	JOAQUIM SAÚDE	M	54		01:15:27	01:08:22	METRALHAS
3956	2147	JOÃO FARO	M	38		01:15:28	01:11:37	
3957	2306	FILIPE MARQUES	M	28		01:15:29	01:11:37	
3958	869	RICARDO SANTOS	M	34		01:15:31	01:12:21	CLUBE DESPORTIVO RIBEIRENSE
3959	424	JORGE M F LOPES	M	62		01:15:34	01:13:13	
3960	1070	JOÃO FAUSTINO	M	22		01:15:34	01:13:20	C.C.R.D.BURINHOSA
3961	1410	PATRICIA MACHADO	F	20		01:15:36	01:12:23	SIR-CONDUTAR
3962	4222	CATARINA TEIXEIRA	F	31		01:15:37	01:15:37	CONCHAS
3963	931	SAMUEL CATARINO	M	27		01:15:39	01:12:17	CLUBE DESPORTIVO RIBEIRENSE
3964	141	PEDRO ALMEIDA	M	19		01:15:45	01:12:52	
3965	4221	DAVID MURARGI	M	35		01:15:46	01:15:46	CONCHAS
3966	844	PAULO CAEIRO	M	32		01:15:48	01:11:40	
3967	1821	TÂNIA FERREIRA	F	24		01:15:53	01:12:36	PIMBA NA IRINA
3968	1450	CELINA FRANCISCO	F	24		01:15:54	01:13:38	
3969	4389	JOANNA PARAIZO	F	27		01:15:56	01:14:00	
3970	3404	ANA CARLA ANGELO	F	40		01:15:58	01:12:29	
3971	2560	FILIPA MARQUES	F	24		01:15:58	01:13:31	
3972	2355	LILIANA PRATA	F	34		01:15:59	01:13:13	
3973	901	MANUEL BRAS	M	45		01:16:02	01:12:07	SS CGD
3974	2647	TIAGO SEABRA	M	35		01:16:04	01:12:33	COMANDO C
3975	2640	CESAR MACHADO	M	36		01:16:05	01:12:06	
3976	1156	PEDRO ROCHA	M	35		01:16:07	01:12:08	
3977	2053	JOSE ARRUDA	M	64		01:16:08	01:13:00	C MILLENINUM BCP
3978	2058	FOCK CHIU	F	63		01:16:10	01:13:02	C MILLENINUM BCP

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3979	3820	MARINA MORAES	F	50		01:16:19	01:12:48	
3980	1462	CLAUDIA RATO	F	33		01:16:24	01:14:16	
3981	1409	PAULO MACHADO	M	47		01:16:27	01:13:14	SIR-CONDUTAR
3982	3875	FERNANDO ENCARNACAO	M	39		01:16:28	01:13:12	
3983	3563	NATALIA ROMANO	F	56		01:16:29	01:15:29	
3984	3569	CATARINA MORAIS	F	40		01:16:33	01:15:33	
3985	3876	HÉLDER SEQUEIRA	M	50		01:16:36	01:15:12	DANATUR
3986	1335	JOSE PEDRO ALBUQUERQUE TEIXEIRA DE ABREU PESTANA	M	48		01:16:37	01:13:42	PESTANAS
3987	950	LILIANA HENRIQUES	F	34		01:16:38	01:13:21	CLUBE DESPORTIVO RIBEIRENSE
3988	1334	VERONICA LUISA FERNANDES ANDRE SILVA PESTANA	F	44		01:16:38	01:13:43	PESTANAS
3989	4878	JOSE DIONISIO	M	61		01:16:40	01:13:32	
3990	4928	LIDIO FERNANDES	M	64		01:16:40	01:10:24	LIGA DO PALPITE
3991	1624	SOFIA FONSECA	F	48		01:16:42	01:15:23	CLUBE VODAFONE
3992	4444	ANABELA ANTUNES GOMES TACO MATIAS	F	44		01:16:42	01:14:15	
3993	3868	RUI NICOLAU FERREIRA	M	40		01:16:45	01:15:28	
3994	1430	RICARDO GOMES	M	30		01:16:46	01:12:50	FLASH TEAM
3995	4868	ARTUR ALMEIDA	M	43		01:16:49	01:14:49	
3996	69	CLARA FERREIRA	F	40		01:16:49	01:13:13	MTV
3997	1793	HUGO PEREIRA	M	30		01:16:51	01:15:25	
3998	4121	PEDRO BRANDÃO	M	57		01:16:54	01:13:52	AÇOREANA CLUBE BANIF
3999	2213	MARIA DE FÁTIMA MARTINS ALVES	F	27		01:17:00	01:13:21	
4000	955	SYLVIE SOUSA	F	40		01:17:05	01:13:45	CLUBE DESPORTIVO RIBEIRENSE
4001	3842	DEOLINDA CALDEIRA	F	59		01:17:07	01:13:46	
4002	894	CHARLOTTE JOHNSON	F	65		01:17:08	01:14:51	
4003	2011	JOÃO CANAVERDE	M	40		01:17:10	01:13:08	WANNABES
4004	3908	JOANA VAZ	F	19		01:17:11	01:14:29	
4005	3910	JOÃO VAZ	M	49		01:17:12	01:14:30	
4006	119	PEDRO BORGES	M	69		01:17:17	01:14:17	
4007	773	ANIBAL RAMOS	M	68		01:17:18	01:14:26	
4008	1567	MARISA MARQUES	F	27		01:17:24	01:13:25	
4009	4139	RITA SILVA	F	31		01:17:25	01:13:48	FOCA, A PRIMA DO CONAN
4010	3127	EDUARDO DIAS	M	27		01:17:26	01:13:34	
4011	4138	MÁRCIO SILVA	M	27		01:17:26	01:13:50	FOCA, A PRIMA DO CONAN
4012	3976	PAULO MARTINHO	M	39		01:17:28	01:13:53	
4013	2541	ANTONIO FERNANDES	M	77		01:17:28	01:17:28	INDIVIDUAL
4014	921	MARIO PEREIRA	M	38		01:17:29	01:14:42	SS CGD
4015	3538	SONIA CORREIA	F	37		01:17:31	01:14:08	GD IN CASA MOEDA
4016	649	CHRISTOHER HALDER	M	23		01:17:32	01:14:09	
4017	581	VITORIA J G ALMEIDA	F	24		01:17:37	01:14:25	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
4018	2547	NATALIA GUERREIRO	F	42		01:17:43	01:14:56	
4019	1185	TIAGO GALHANO	M	32		01:17:49	01:13:49	JUST RUN
4020	3105	CARLOS MORAIS	M	44		01:17:49	01:14:04	WALKING AND RUNNING
4021	1187	MARCO PIRES	M	30		01:17:51	01:13:48	JUST RUN
4022	2445	ANTONIO JORGE SILVA	M	49		01:18:04	01:14:42	
4023	1843	TANIA MATEUS	F	38		01:18:08	01:15:07	4FUN
4024	4538	JOÃO BOUÇA DE MORAIS	M	47		01:18:13	01:15:02	RUN AWAY
4025	3733	PAULO RAMINHOS	M	45		01:18:16	01:15:04	
4026	3957	ISABEL MARIA CALDEIRA SILVA	F	40		01:18:16	01:15:32	
4027	3628	CARLA SOFIA DA CRUZ BARROCAS FURTADO	F	37		01:18:19	01:15:07	
4028	476	MIGUEL GARCIA	M	40		01:18:21	01:14:40	MAURICIOS
4029	4503	DIOGO ARIEIRA	M	30		01:18:24	01:17:18	
4030	2061	JOSE DO Ó	M	54		01:18:27	01:15:32	C MILLENINUM BCP
4031	2049	BERNARDO PARAIBA	M	59		01:18:28	01:15:33	C MILLENINUM BCP
4032	2214	MARIA HELENA MARTINS ALVES	F	27		01:18:30	01:14:50	
4033	903	JOAQUIM LAVADO	M	60		01:18:30	01:14:35	SS CGD
4034	447	JOSE M C L FONSECA	M	30		01:18:32	01:15:55	
4035	448	FERNANDO M C MARTINS	M	35		01:18:33	01:16:00	
4036	1200	MARIA TERESA LIMA RODRIGUES	F	57		01:18:38	01:15:32	CTJI
4037	3177	RITA DAVID	F	18		01:18:44	01:15:03	
4038	3197	CLÁUDIA DAVID	F	36		01:18:44	01:15:02	
4039	1186	NUNO ROQUETTE	M	32		01:18:46	01:18:46	JUST RUN
4040	2789	ANA CARVALHO	F	22		01:18:53	01:16:00	ENGENHARIALIQUIDA
4041	5016	PAULA NUNES	F	42		01:18:55	01:15:53	
4042	5013	PATRICIA MUCHACHO	F	35		01:18:57	01:15:55	
4043	4153	JORGE VALE	M	35		01:18:57	01:15:50	
4044	1117	LUIS CAETANO	M	49		01:18:57	01:16:43	CLUBE GRUPO BES
4045	4939	PAULO VICENTE	M	43		01:18:58	01:15:57	
4046	411	CAROLINA C REGO	F	29		01:18:59	01:15:08	
4047	3889	JOÃO LOPES	M	32		01:18:59	01:15:56	NA PAPAGAIOS CASCAIS
4048	3137	GONÇALO FONSECA ARAÚJO	M	44		01:19:00	01:19:00	
4049	1929	SINIVA FILO	F	30		01:19:03	01:16:34	
4050	1930	TANIA SEARS	F	42		01:19:05	01:16:36	
4051	3005	CARLA MARTINHO	F	38		01:19:05	01:15:29	
4052	2111	GORETI FARIA	F	40		01:19:09	01:16:09	FAMILIA FARIA
4053	4242	FILIPPE REIS	M	21		01:19:14	01:16:06	FALCÕES SELVAGENS
4054	3993	JOHANNA JARDINE	F	29		01:19:14	01:11:00	OBIKWELAS
4055	3187	JOÃO CARLOS VINAGRE FERREIRA	M	48		01:19:14	01:16:04	
4056	930	JOÃO MARIANO	M	36		01:19:16	01:15:58	CLUBE DESPORTIVO RIBEIRENSE

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
4057	802	ANTÓNIO MARQUES	M	67		01:19:21	01:16:29	
4058	964	MARIA JOÃO PEREIRA CARDOSO DIAS SANTOS	F	39		01:19:24	01:16:42	SAUDESPORTING
4059	1479	ANDRÉ WIBORG	M	54		01:19:25	01:16:56	VFF 1896
4060	1478	JAN WIBORG	M	24		01:19:26	01:16:57	VFF 1896
4061	1953	FELECIDADE ASSANE	F	54		01:19:29	01:16:23	C MILLENINUM BCP
4062	3973	LUISA PINHO	F	55		01:19:32	01:16:38	LINDA-A-PASTORA SPORTING CLUBE
4063	4487	FILIPE SARAMAGO	M	40		01:19:39	01:16:24	
4064	2556	FERNANDO VASCONCELOS	M	49		01:19:44	01:15:59	
4065	4926	INÊS ESPAÑA	F	32		01:19:47	01:17:03	LIGA DO PALPITE
4066	351	JOAO CARVALHO	M	50		01:19:47	01:17:23	N SPORTINGUISTA LOURES
4067	2834	NUNO GRANDÃO	M	41		01:19:47	01:16:05	
4068	2082	ROGÉRIO F. FERREIRA	M	49		01:19:48	01:16:12	
4069	2085	TOMÁS FERNANDES FERREIRA	M	22		01:19:48	01:16:13	
4070	5021	JORGE CEGO	M	44		01:19:49	01:16:08	
4071	888	ANA MACHADO	F	32		01:19:53	01:15:47	
4072	248	NATACHA M S CUSTODIO	F	26		01:20:00	01:15:27	
4073	249	JOAO P I FERREIRA	M	27		01:20:01	01:15:27	
4074	3302	LUIS A SILVA	M	36		01:20:02	01:18:19	N. SPORTINGUISTA QUINTA DA FON
4075	2965	RUI SEGURADO	M	37		01:20:03	01:18:20	N. SPORTINGUISTA QUINTA DA FON
4076	3311	LUÍS DE AGUIAR FERNANDES	M	24		01:20:05	01:16:38	
4077	2926	PEDRO MARQUES	M	24		01:20:05	01:16:37	
4078	4543	LAURA SARAMAGO	F	39		01:20:06	01:16:56	
4079	169	JOAO P R CAPITAO	M	29		01:20:06	01:12:30	
4080	2591	NATACHA COTRIM	F	20		01:20:17	01:16:57	
4081	3900	SAMEIRO NUNES	F	60		01:20:25	01:18:05	SPEEDY
4082	1393	PEDRO SÁ	M	37		01:20:26	01:17:34	RAIL RUNNERS
4083	1392	GRAÇA SILVA	F	39		01:20:27	01:17:36	RAIL RUNNERS
4084	949	JOSÉ PALMEIRA	M	41		01:20:29	01:18:48	CLUBE DESPORTIVO RIBEIRENSE
4085	1569	SANDRA MARQUES	F	31		01:20:32	01:16:33	
4086	1565	JOSÉ RODRIGUES	M	28		01:20:34	01:16:35	
4087	671	RUI SALVADO	M	36		01:20:34	01:18:09	
4088	4416	MARIA LARANJEIRA	F	48		01:20:51	01:17:52	LEOES DA GRAÇA
4089	4468	SORAIA LARANJEIRA	F	24		01:20:53	01:17:55	LEOES DA GRAÇA
4090	4950	ROSA MARIA CAETANO	F	59		01:20:56	01:18:03	CLUBE COLABORADORES AXA
4091	1918	VANIA MIMOSO	F	31		01:20:56	01:18:14	SAUDESPORTING
4092	1433	JOANA MACHADO	F	21		01:20:59	01:16:54	
4093	2592	PAULA COTRIM	F	40		01:21:02	01:17:42	
4094	2593	MÁRIO COTRIM	M	49		01:21:02	01:17:39	
4095	275	LUIS A F S C ASTELO	M	18		01:21:08	01:18:07	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
4096	29	CARLOS E O M ALVES	M	38		01:21:10	01:19:38	TRANQUILIDADE
4097	155	AFONSO H LEITAO	M	37		01:21:14	01:15:25	
4098	4020	RUI CASTRO	M	44		01:21:20	01:19:03	
4099	1151	FRANCISCO COSTA	M	40		01:21:21	01:18:49	PUMAS DO GUINCHO
4100	4274	JOANA GRAIS	F	33		01:21:25	01:18:37	DUPLA VERDE
4101	3055	SÓNIA CRISTINA RATÃO DE CARVALHO	F	33		01:21:30	01:18:29	PÉS VOADORES
4102	3688	FERNANDO MOURA	M	51		01:21:30	01:21:30	
4103	1674	JOÃO ABREU	M	43		01:21:32	01:18:15	
4104	507	PAULO MARTINS	M	42		01:21:32	01:17:39	
4105	4409	LUIS CABRAL	M	41		01:21:33	01:19:43	CRESPOS
4106	1671	MARÍLIA CABRAL	F	28		01:21:33	01:18:17	
4107	506	BRUNO SARAIVA	M	41		01:21:34	01:17:40	
4108	3246	PAULO JORGE AMORIM	M	35		01:21:40	01:18:30	
4109	3691	SORAIA MOURA	F	18		01:21:40	01:20:08	
4110	1411	JOSÉ ALEXANDRE	M	44		01:21:47	01:18:37	SIR-CONDUTAR
4111	865	RAIMUNDO PALMEIRA	M	34		01:21:49	01:20:09	CLUBE DESPORTIVO RIBEIRENSE
4112	936	MADALENA RODRIGUES	F	36		01:21:50	01:18:33	CLUBE DESPORTIVO RIBEIRENSE
4113	3597	RUI MIGUEL GOMES AFONSO	M	41		01:21:53	01:19:17	
4114	3596	CARLA CRISTINA FERREIRA FIGUEIREDO	F	41		01:21:54	01:19:18	
4115	2489	DIOGO JOÃO RIBEIRO BRANCO	M	19		01:21:55	01:19:00	
4116	2881	CARLOS DIAS	M	57		01:22:13	01:22:13	LEÕES AMESTRADOS
4117	2882	JOSÉ GONÇALVES	M	65		01:22:16	01:22:16	LEÕES AMESTRADOS
4118	4777	HELENA FIGUEIREDO	F	52		01:22:17	01:19:21	FAMELGA
4119	125	GABRIEL M CARVALHO	M	73		01:22:19	01:20:07	
4120	135	AMELIA PEREIRA	F	28		01:22:28	01:19:24	
4121	1446	LUIS CARVALHO MARQUES	M	50		01:22:29	01:20:51	
4122	1445	FERNANDO CARVALHO MARQUES	M	50		01:22:30	01:20:52	
4123	3136	VITOR MANSO	M	52		01:22:30	01:19:06	
4124	1685	LINA CRUZ	F	53		01:22:37	01:19:08	AFIS-OVAR
4125	1684	MAFALDA CARVALHO	F	34		01:22:40	01:19:14	AFIS-OVAR
4126	3140	NELSON CARVALHO	M	44		01:22:47	01:19:23	
4127	403	ROBERT JOHNSON	M	42		01:22:55	01:19:23	
4128	3905	RODRIGO LEAL	M	24		01:23:18	01:23:18	
4129	742	LUÍS SALEMA	M	26		01:23:19	01:20:40	
4130	932	JOAQUIM CORDEIRO	M	39		01:23:20	01:20:02	CLUBE DESPORTIVO RIBEIRENSE
4131	1324	LUÍS RODRIGUES	M	19		01:23:21	01:19:47	
4132	118	ALBINO M MOURA	M	68		01:23:25	01:20:19	
4133	2019	JOSE RODRIGUES	M	63		01:23:32	01:21:55	C MILLENINUM BCP
4134	213	JOSE A OLIVEIRA	M	62		01:23:43	01:19:58	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
4135	4380	MANUELA CUNHA	F	40		01:23:49	01:20:30	CUNHA
4136	777	MARTA CATARINO	F	31		01:23:49	01:20:20	
4137	4381	JOAQUIM CUNHA	M	42		01:23:50	01:20:32	CUNHA
4138	778	ISABEL SERRALHA	F	31		01:23:51	01:20:21	
4139	827	JOANA SANTOS	F	21		01:23:55	01:20:51	SS CGD
4140	2287	MÁRIO CAMPOS	F	66		01:24:01	01:20:18	JAZZY RUNNERS
4141	895	JAIME PALMA	M	69		01:24:01	01:21:41	
4142	2288	JOSÉ PLÁCIDO	M	83		01:24:01	01:20:18	JAZZY RUNNERS
4143	3933	SOFIA ELVAS	F	39		01:24:10	01:20:36	
4144	5010	ANA ORDAZ	F	39		01:24:20	01:21:04	
4145	1323	INÊS RODRIGUES	F	19		01:24:25	01:20:51	
4146	2497	RUI SILVA	M	42		01:24:34	01:24:34	
4147	2510	JOAO GARCIA	M	43		01:24:34	01:24:34	
4148	2499	RUI MARTINS	M	40		01:24:35	01:24:35	
4149	589	JOSE M D VARELA	M	30		01:24:41	01:20:30	
4150	698	ANA M C FERNANDES	M	34		01:24:44	01:21:16	
4151	1957	Mª PIEDADE LOURENÇO	F	70		01:24:48	01:22:05	C MILLENINUM BCP
4152	4141	EDUARDO DELGADO	M	26		01:24:58	01:21:21	FOCA, A PRIMA DO CONAN
4153	4142	RAFAEL CARNIM	M	27		01:24:58	01:21:22	FOCA, A PRIMA DO CONAN
4154	1310	CARLA SANTOS	F	31		01:25:02	01:21:06	FLASH TEAM
4155	1952	CELIA RATO	F	48		01:25:02	01:21:08	C MILLENINUM BCP
4156	2798	BRUNO AIRES	M	36		01:25:04	01:21:06	
4157	4157	LUIS LOPES	M	47		01:25:16	01:21:34	
4158	4602	ISABEL UCHA	F	48		01:25:20	01:22:10	RUN AWAY
4159	623	CECILIA SILVA	F	48		01:25:25	01:22:40	TRIO SPORTINGUISTA
4160	1432	ANA COTOVIO	F	29		01:25:26	01:21:30	FLASH TEAM
4161	2471	PAULO BRANCO BRACONS	M	54		01:25:50	01:23:00	CLUBE COLABORADORES AXA
4162	1214	JAIME PAIXÃO	M	81		01:25:57	01:23:18	
4163	1524	ANA CORREIA	F	31		01:26:06	01:22:43	
4164	358	DALILA MAULDE	M	37		01:26:08	01:21:20	
4165	3468	PEDRO PINTO	M	33		01:26:30	01:22:37	RUN 4 FUN
4166	1283	VERA SANTOS	F	46		01:26:36	01:24:01	TARATARUGAS SOLIDARIAS
4167	4841	ROSA FERNANDES	F	62		01:26:40	01:23:56	LIGA DO PALPITE
4168	4818	ANA NUNES	F	57		01:26:53	01:23:53	FAMELGA
4169	2364	MIGUEL FERREIRA	M	34		01:26:57	01:23:55	
4170	588	INES J S P RAMALHO	F	34		01:27:06	01:23:14	
4171	368	SOLEDADE P S FAIAS	F	58		01:27:07	01:24:16	
4172	523	NATALINA M B V MONTEIRO	F	51		01:27:17	01:23:51	
4173	522	ALFREDO M N MONTEIRO	M	56		01:27:19	01:23:54	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
4174	5045	VANESSA MATIAS	F	26		01:28:04	01:24:41	
4175	4848	HUGO MATIAS	M	26		01:28:05	01:24:42	
4176	508	ANTONIO F RODRIGUES	M	80		01:28:22	01:24:59	
4177	3821	EDUARDO RATOLA	M	31		01:28:29	01:25:08	
4178	1293	IOLY BRITO	F	49		01:28:41	01:25:40	
4179	1329	ANTONIO MONTEIRO FERNANDES	M	73		01:28:47	01:27:44	
4180	379	IRINA GONÇALVES	F	30		01:28:48	01:25:59	
4181	2038	Mª JOAO LOURENÇO	F	46		01:28:48	01:26:05	C MILLENINUM BCP
4182	868	CARINA LOURO	F	18		01:29:03	01:25:54	CLUBE DESPORTIVO RIBEIRENSE
4183	2557	RUI ALMEIDA	M	38		01:29:04	01:29:04	
4184	1890	LUCINDA LOPES HENRIQUES	F	64		01:29:09	01:27:59	
4185	1229	CARLOS SANTOS	M	52		01:29:11	01:26:12	
4186	3192	MÁRIO MIGUEL MARTINS	M	42		01:29:11	01:26:44	
4187	2512	BRUNO FONSECA	M	37		01:29:27	01:29:27	
4188	3552	CLARA JULIO	F	48		01:29:35	01:26:04	
4189	4775	JOÃO SERAFIM	M	51		01:29:41	01:26:44	FAMELGA
4190	928	ROSÁLIA CUSTÓDIO	F	40		01:29:42	01:26:21	CLUBE DESPORTIVO RIBEIRENSE
4191	395	CELESTINO P ALVES	M	82		01:29:43	01:26:15	
4192	871	EUGÉNIA GOMES	F	45		01:29:44	01:26:26	CLUBE DESPORTIVO RIBEIRENSE
4193	3827	FILIPE LOPES	M	32		01:29:47	01:26:17	
4194	3826	ANDRÉ REFACHO	M	18		01:29:47	01:26:18	
4195	2173	PAULO CAETANO	M	45		01:29:49	01:25:33	C MILLENINUM BCP
4196	3851	PAULA CAETANO	F	46		01:29:51	01:25:34	
4197	2576	MIGUEL BORGES ANASTÁCIO	M	19		01:29:53	01:29:13	CARLA BORGES JARDIM
4198	2253	SANDRA ALMEIDA	F	38		01:29:53	01:26:26	DHS
4199	2251	CARLA PEREIRA	F	41		01:29:55	01:26:28	DHS
4200	527	SARA M C P FRANCO	F	26		01:29:56	01:26:11	
4201	435	ANA M R DIAS	F	24		01:30:07	01:26:29	
4202	4696	JOÃO BAIRRÃO	M	28		01:30:11	01:26:41	
4203	2574	PAULA BORGES JARDIM	F	39		01:30:16	01:29:35	CARLA BORGES JARDIM
4204	3026	ANTÓNIO ALVELOS	F	42		01:30:26	01:28:02	
4205	2575	CARLA BORGES JARDIM	F	40		01:30:58	01:30:17	CARLA BORGES JARDIM
4206	1018	JOSE SOARES	M	51		01:31:07	01:27:50	C.C.R.D.BURINHOSA
4207	922	SARA PINTO	F	33		01:31:19	01:27:24	SS CGD
4208	3882	SANDRA CLEMENTE	F	34		01:31:21	01:29:21	GRFH, LDA
4209	4695	LILIANA BALTAZAR	F	26		01:31:43	01:28:13	
4210	582	FILIPA E SERRANO	F	32		01:31:45	01:28:31	
4211	1545	ADRIANO NEVES	M	46		01:31:47	01:27:59	GDCT UNICRE
4212	889	ANA CIDRA	F	39		01:31:50	01:27:44	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
4213	1549	TERESA NATIVIDADE	F	37		01:32:05	01:29:38	WSB
4214	1553	BEATRIZ PATRÍCIO	F	33		01:32:06	01:29:39	WSB
4215	4732	HELENA MARQUES	F	51		01:32:28	01:28:54	
4216	310	JOSE C G MOREIRA	M	23		01:32:38	01:31:04	
4217	4816	PEDRO MIGUÊNS	M	35		01:32:42	01:27:28	
4218	1584	EUGENIO MOTA	M	67		01:32:46	01:32:46	
4219	3474	MARIANA OLIVEIRA	F	25		01:32:48	01:30:24	
4220	245	OTILIA T SANTOS	F	54		01:32:48	01:30:24	
4221	2762	RUBEN RUNA SANTOS	M	34		01:32:48	01:29:07	
4222	1265	FERNANDA RAPOSO	F	47		01:32:49	01:30:24	
4223	276	JOSE A C AUGUSTO	M	52		01:32:50	01:29:49	
4224	2447	INES CARVALHO	F	42		01:32:57	01:29:14	CAROLAS
4225	2450	ELISA FERNANDES	F	65		01:32:57	01:29:26	CAROLAS
4226	1288	ELISABETH SANTOS	F	40		01:33:05	01:29:28	
4227	1291	LUÍSA LEITÃO	F	38		01:33:10	01:33:10	
4228	676	FLAVIA T CARDOSO	F	29		01:33:40	01:30:34	
4229	675	LUIS C G FERRAO	M	29		01:33:41	01:30:34	
4230	3451	HELDER VERÍSSIMO	M	63		01:33:49	01:31:08	
4231	3577	CARLA PALMEIRO	F	39		01:33:51	01:30:06	
4232	3578	MEG GARCIA	F	38		01:33:53	01:30:08	
4233	580	SANDRA A N O FERREIRA	F	40		01:34:34	01:31:23	
4234	1491	JORGE SILVA	M	43		01:34:36	01:30:46	
4235	579	JOANA N O FERREIRA	F	18		01:34:36	01:31:24	
4236	870	EDGAR FERREIRA	M	53		01:34:37	01:31:02	CLUBE DESPORTIVO RIBEIRENSE
4237	1494	NELSON ALMEIDA	M	67		01:34:39	01:30:45	
4238	4717	MARGARIDA CORREIA	F	45		01:34:51	01:32:33	
4239	624	JOSE SILVA	M	67		01:35:01	01:32:16	TRIO SPORTINGUISTA
4240	622	BELMIRA NOBRE	F	58		01:35:01	01:32:16	TRIO SPORTINGUISTA
4241	1096	ALVARO AMADO	M	58		01:35:21	01:32:13	CLUBE GRUPO BES
4242	1100	ANTONIO CORDES	M	57		01:35:22	01:32:13	CLUBE GRUPO BES
4243	755	Mª LEONOR ALMEIDA	F	57		01:35:39	01:35:39	CLUBE GRUPO BES
4244	3967	CIDALINA MONTEIRO	F	47		01:36:09	01:33:10	OS BEIRÕES
4245	1828	ANA SILVA	F	25		01:36:24	01:32:23	EXNFSC
4246	1281	SOFIA CAVACO	F	31		01:37:15	01:33:16	
4247	1280	ANA CARDOSO	F	44		01:37:15	01:33:17	
4248	44	EDUARDO C G QUINTÃS	M	39		01:37:20	01:35:11	TRANQUILIDADE
4249	43	JOSE A G CARVALHO	M	29		01:37:20	01:35:11	TRANQUILIDADE
4250	4914	MIGUEL GOMES	M	20		01:37:22	01:33:33	
4251	61	FILIPE GONÇALVES	M	33		01:38:00	01:38:00	MTV

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
4252	65	TIAGO RUIVO	M	50		01:38:00	01:38:00	MTV
4253	3028	SUSANA MARQUES	F	25		01:39:47	01:35:49	
4254	3067	BRUNO COSTA	M	29		01:39:48	01:35:51	
4255	1566	CATARINA MARQUES	F	20		01:39:50	01:35:50	
4256	1321	BÉ RODRIGUES	F	46		01:39:52	01:36:14	
4257	3101	ANA MARQUES	F	28		01:39:57	01:36:00	
4258	188	CARLA M C LEAO	F	41		01:40:33	01:37:32	
4259	805	FATIMA SEMEDO	F	56		01:40:35	01:36:41	SS CGD
4260	910	ALBERTINO SEMEDO	M	55		01:40:35	01:36:41	SS CGD
4261	1917	JOANA VIEIRA	F	30		01:40:41	01:35:07	OS PADEIROS
4262	1916	JOANA PENÃO	F	31		01:40:43	01:35:07	OS PADEIROS
4263	1489	JOAO PORTELA	M	36		01:41:22	01:37:27	
4264	1490	NUNO PORTELA	M	38		01:41:23	01:37:32	
4265	861	PATRICIA LOURO	F	19		01:41:37	01:38:16	CLUBE DESPORTIVO RIBEIRENSE
4266	954	MARGARIDA LOURO	F	46		01:41:37	01:38:18	CLUBE DESPORTIVO RIBEIRENSE
4267	2059	ANDREIA COSTA	F	41		01:41:38	01:38:48	C MILLENINUM BCP
4268	2022	LUIS GUERREIRO	M	40		01:41:38	01:38:48	C MILLENINUM BCP
4269	3154	MARIA JOSÉ NEVES PACHECO	F	52		01:41:47	01:38:38	
4270	2370	ATLETA NÃO CADASTRADO	M	0		01:41:47	01:37:56	
4271	361	JOSE A BENTO	M	68		01:41:49	01:37:57	
4272	3452	OTÍLIA RIBEIRO	F	62		01:41:51	01:38:07	
4273	3450	ANSELMO RIBEIRO	M	63		01:41:54	01:38:11	
4274	3968	SÓNIA FIGUEIREDO	F	39		01:43:05	01:40:06	OS BEIRÕES
4275	1361	JORGE BARREIRA	M	53		01:48:13	01:46:36	
4276	4351	TERESA FERREIRA	F	57		01:49:40	01:46:39	

Total de registros: 4276

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Relatório por Faixas Etárias

F0019

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	18	AMELIA VITORINO	F	19	00:40:31	00:40:28	SPORTING CP
2	1634	CATARINA CARREIRA	F	19	00:41:42	00:41:38	LINDA-A-PASTORA SPORTING CLUBE
3	602	KCENIA BOUGROVA	F	19	00:42:22	00:42:19	
4	1301	RITA MINEIRO	F	18	00:44:18	00:43:52	CDUL CENTRO DESP UNIV LISBOA
5	3473	LAURA RUIVO	F	18	00:56:53	00:54:51	
6	2174	SOFIA RAMALHO	F	18	00:57:04	00:54:19	C MILLENINUM BCP
7	3057	MARIA SOUSA	F	18	00:57:12	00:53:16	
8	3816	CAROLINA SANTOS	F	18	00:58:48	00:56:00	
9	1716	MARTA LEITE	F	18	00:59:14	00:57:13	
10	2849	CAROLINA SOROMENHO	F	18	01:00:09	00:56:12	CLUBE VII
11	1595	MADALENA BOAVIDA	F	18	01:01:01	00:59:09	
12	3663	INÊS ISABEL DE CAMPOS PEREIRA	F	19	01:01:55	00:58:09	
13	1893	ANA RITA DA SILVA ALTER	F	19	01:03:44	01:01:14	
14	1641	VERA VAZ	F	19	01:04:09	00:58:22	BARÕES
15	2112	ANA SILVA	F	18	01:06:20	01:03:19	FAMILIA FARIA
16	2300	SARA ALEXANDRE	F	18	01:06:56	01:03:08	FAIÃO RUNNING TEAM
17	1875	MARIANA DIAS	F	18	01:06:59	01:04:57	CARAP AUS DE CORRIDA
18	2725	CAROLINA FONSECA	F	18	01:07:11	01:05:36	
19	1415	MARIA PERES	F	18	01:09:03	01:06:14	
20	4614	CATARINA CRUZ	F	18	01:09:03	01:06:27	
21	3908	JOANA VAZ	F	19	01:17:11	01:14:29	
22	3177	RITA DAVID	F	18	01:18:44	01:15:03	
23	3691	SORAIA MOURA	F	18	01:21:40	01:20:08	
24	1323	INÊS RODRIGUES	F	19	01:24:25	01:20:51	
25	868	CARINA LOURO	F	18	01:29:03	01:25:54	CLUBE DESPORTIVO RIBEIRENSE
26	579	JOANA N O FERREIRA	F	18	01:34:36	01:31:24	
27	861	PATRICIA LOURO	F	19	01:41:37	01:38:16	CLUBE DESPORTIVO RIBEIRENSE

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Relatório por Faixas Etárias

F2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1221	MÁRCIA VALÉRIO	F	25	00:36:01	00:36:01	
2	17	SUSANA FRANCISCO	F	22	00:36:29	00:36:28	SPORTING CP
3	1630	MARGARIDA DIONISIO	F	26	00:37:33	00:37:30	GARMIN CO OEIRAS
4	4767	SUSANA CUNHA	F	25	00:37:36	00:37:33	LINDA-A-PASTORA SPORTING CLUBE
5	2617	SARA MARINHO	F	23	00:42:46	00:41:45	
6	3964	SANDRA ROMANO	F	32	00:44:06	00:43:54	GARMIN CO OEIRAS
7	4226	CLAUDIA FERNANDES	F	30	00:44:54	00:43:59	POPAPNEUS
8	914	SOFIA ARGENTINA	F	34	00:45:34	00:45:03	SS CGD
9	3398	MARIA SANTOS	F	30	00:45:35	00:45:29	
10	4271	INÊS ALMEIDA	F	29	00:46:26	00:45:10	FALCÕES SELVAGENS
11	3166	EUGÉNIA TEIXEIRA	F	30	00:46:27	00:46:24	LINDA-A-PASTORA SPORTING CLUBE
12	2341	MARISA ANTUNES	F	21	00:48:02	00:46:46	NÚCLEOEIRAS / SPORTZONE
13	4054	MARIA SA	F	27	00:48:28	00:47:30	COAC
14	1564	SARA LOUREIRO	F	25	00:48:59	00:48:49	SC CASAINHOS
15	4401	CARLA SOFIA G. MARTINS CARMONA	F	34	00:49:15	00:48:27	FAMILIA MARTINS
16	308	JOANA G LOUREIRO	F	22	00:49:44	00:49:44	
17	1042	SÓNIA FREIRE	F	34	00:49:49	00:49:14	ASAS NOS PÉS
18	526	ANA F S FERREIRA	F	29	00:50:16	00:48:53	
19	3869	VANESSA VARANDAS	F	20	00:50:49	00:50:30	
20	3202	MARIA COTRIM	F	22	00:51:00	00:49:43	SCALABIS NIGHT RUNNERS
21	3907	CLARA PIRES	F	24	00:51:09	00:50:04	
22	459	SORAIA GOMES	F	24	00:51:12	00:50:56	
23	597	DIANA I S JUAREZ	F	34	00:51:46	00:51:05	
24	1697	TERESA SCHOLZ	F	27	00:52:10	00:50:51	
25	4845	RENATA BAPTISTA	F	24	00:52:34	00:50:44	NÚCLEO KARATE SHOTOKAN LISBOA
26	1284	ANDREIA CARINA OLIVEIRA	F	30	00:52:39	00:52:00	AC TEAM
27	3548	MARA ARAÚJO	F	28	00:52:39	00:52:20	CCD SINTRENSE
28	1578	ANA MARIA NEVES GONCALVES	F	29	00:52:56	00:52:01	
29	1701	LILIA MOTA	F	33	00:52:59	00:51:12	RUN MOTA
30	2252	SUSANA FERREIRA	F	26	00:53:56	00:53:56	DHS
31	2312	CARLA SOFIA CERQUEIRA	F	32	00:53:58	00:51:16	
32	197	RUTE ANTUNES	F	27	00:54:04	00:52:19	
33	362	MAFALDA D PINHEIRO	F	26	00:54:13	00:51:33	
34	1645	ANNA AGAMYRZYANSC	F	20	00:54:25	00:48:37	BARÕES
35	3838	TÂNIA CARDOSO	F	25	00:54:29	00:53:02	
36	4663	SOFIA LAURA SILVA	F	29	00:54:30	00:52:18	
37	748	TERESA CARDOSO	F	34	00:54:39	00:52:50	SS MONTEPIO GERAL
38	3107	FATIMA SANTOS	F	33	00:54:42	00:54:32	
39	875	GABRIELA FREITAS	F	33	00:55:42	00:53:31	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	2146	MARISA MENDES	F	33	00:55:43	00:55:05	
41	2930	CLARA SOFIA RODRIGUES	F	31	00:55:43	00:53:36	
42	3019	VANDA ARAÚJO	F	31	00:55:47	00:54:51	VALADARES
43	4784	ANA PRIETO	F	28	00:56:26	00:54:12	
44	3296	ELSA GASPAR	F	26	00:56:28	00:55:34	
45	2595	HELENA REIS	F	33	00:56:34	00:53:15	
46	1213	CÁTIA SANTOS	F	29	00:56:52	00:55:00	
47	3274	MONICA ABREU	F	33	00:56:53	00:55:58	SS MONTEPIO GERAL
48	1600	MARGARIDA MARQUES	F	29	00:56:58	00:55:29	FSG COLLONGE BELLERIVE
49	1560	SOFIA SILVA	F	34	00:57:05	00:54:31	
50	3279	MARIANA CABRITA	F	25	00:57:06	00:53:13	LEÕES DE TUNES
51	2835	JUDITE BAIXINHO	F	27	00:57:11	00:55:19	
52	4194	MARTA MOTA	F	29	00:57:17	00:54:46	
53	1097	ANA AZEVEDO	F	34	00:57:22	00:55:24	CLUBE GRUPO BES
54	3883	MAGDA RIOS	F	30	00:57:33	00:57:02	GRFH, LDA
55	3850	ADRIANA TURENSCHI	F	29	00:57:55	00:56:35	
56	1882	SANDRA POÇO	F	29	00:58:02	00:57:30	
57	723	SARA PINTO	F	33	00:58:06	00:57:16	CLUBE VII
58	3922	SARA LOPES	F	28	00:58:12	00:56:15	VALADARES
59	4152	SARA ALEXENDRA PEDRO FARIA	F	33	00:58:18	00:57:43	CANHÕES DA NAZARÉ/CAN
60	4883	ANA TERESA COSTA	F	34	00:58:24	00:57:16	
61	4549	GRACIELA ESSER	F	31	00:58:29	00:57:48	AFRS
62	4550	MARTA CORREIA	F	21	00:58:30	00:57:49	AFRS
63	3120	CARINA VEIGA	F	28	00:58:33	00:56:10	GD SANTANDER TOTTA
64	4869	ESMERALDA PEREIRA	F	22	00:58:35	00:57:08	
65	187	JOANA T PINTO	F	29	00:58:41	00:57:35	
66	354	JOANA SANTOS	F	28	00:58:42	00:57:36	N SPORTINGUISTA LOURES
67	4693	TELMA MOREIRA	F	27	00:58:56	00:56:45	
68	1154	ANA CRISTINA RIJO SIMÕES MONTEIRO	F	27	00:59:03	00:57:39	
69	4311	SOFIA TRANCOSO	F	32	00:59:04	00:54:56	
70	2682	ANA CATAINA CRUZ	F	29	00:59:08	00:56:58	MAISUMA
71	3077	RITA BENTES	F	25	00:59:14	00:57:39	QUARTETO
72	4304	NIDIA FERREIRA	F	34	00:59:16	00:57:43	GD SANTANDER TOTTA
73	2938	MARGARIDA LEITÃO	F	26	00:59:23	00:57:27	
74	288	RUTE FARRAJOTA	F	33	00:59:49	00:57:53	
75	866	BÁRBARA CONCEIÇÃO	F	31	00:59:55	00:56:35	CLUBE DESPORTIVO RIBEIRENSE
76	4622	ISABEL FILIPA GARCIA MONTEIRO	F	26	00:59:57	00:57:21	FERRAZ
77	1680	CLAUDIA TAM	F	31	01:00:02	00:58:33	
78	3112	VERA VIEIRA	F	30	01:00:03	00:57:59	
79	3898	ANGELA NUNES	F	29	01:00:26	00:57:59	SPEEDY

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
80	1500	SUSANA LENCASTRE	F	33	01:00:31	00:56:42	
81	127	LIA M G ANDRADE	F	28	01:00:38	00:58:47	
82	4187	PATRÍCIA ROSA	F	22	01:00:56	00:58:13	
83	3082	SUSANA FERREIRA	F	32	01:01:06	01:00:02	RUN2CHARLYS
84	251	ATSUKO KIBE	F	29	01:01:11	00:59:04	
85	2559	ADRIANA PERFEITO	F	21	01:01:16	00:58:51	
86	801	FILIPA MARQUES	F	30	01:01:24	00:58:33	
87	1816	VERA ALMEIDA	F	33	01:01:46	00:59:05	SS CGD
88	1336	TERESA SEPULVEDA	F	32	01:02:02	00:57:53	GARMIN CO OEIRAS
89	1773	ANDREIA AMARAL	F	30	01:02:06	01:00:25	TEAM MARMITA
90	4814	MARIA TERESA FERNANDES	F	33	01:02:13	00:58:39	OS TESUDOS
91	2924	TANIA PEREIRA	F	30	01:02:16	01:00:16	
92	4621	IRINA LOPES	F	28	01:02:32	01:00:50	
93	541	ANA F R A A RODA	F	28	01:02:44	01:01:15	
94	4310	CARINA FERREIRA	F	27	01:02:46	00:58:42	
95	2481	CATARINA LAGE	F	23	01:02:59	01:00:24	NA BOA
96	1650	DANIELA OLIVEIRA	F	31	01:03:08	01:00:43	GD INE
97	4736	FILIPA LARANGEIRA	F	33	01:03:13	00:59:20	
98	3466	CARLA MATOS	F	31	01:03:19	00:59:28	RUN 4 FUN
99	789	SANDRA LETRAS	F	28	01:03:26	01:01:01	ODEBRECHT/BPC
100	1103	CATIA ANASTACIO	F	31	01:03:27	01:01:05	CLUBE GRUPO BES
101	751	ANA C DUARTE	F	31	01:03:31	01:01:33	CLUBE GRUPO BES
102	2857	ANDREIA RAMOS	F	34	01:03:32	01:00:19	
103	2500	ANA MOTA	F	27	01:03:34	01:00:46	
104	2043	FILIPA VILAR	F	28	01:03:41	01:00:16	C MILLENINUM BCP
105	4865	SANDRA RAQUEL COSTA TEIXEIRA	F	28	01:04:07	01:01:14	
106	3529	RITA LOPES	F	33	01:04:12	01:01:25	GD IN CASA MOEDA
107	4308	CÉLIA CARVALHO	F	32	01:04:14	01:00:08	
108	4337	ROSÁLIA JACINTO	F	29	01:04:46	01:04:09	
109	3533	PATRÍCIA ROSA	F	31	01:05:02	01:02:09	LAPA FURADA CITY
110	3236	PAULA SOARES	F	28	01:05:08	01:02:00	ASSOCIAÇÃO GD ACADEMIA KORPO
111	2960	NÁDIA NUNES	F	22	01:05:12	01:02:25	4 FUN
112	1260	SARA SANTOS	F	26	01:05:28	01:02:51	
113	1794	TERESA FÉLIX	F	29	01:05:33	01:04:07	
114	2920	DIANA ALVES	F	23	01:05:39	01:02:38	
115	2329	MÁRCIA JESUS	F	21	01:05:55	01:04:04	
116	2903	INÊS CARDOSO	F	28	01:06:04	01:03:15	MIRATEJO RUNNERS
117	4943	ALEXANDRA SANTOS	F	29	01:06:17	01:02:55	NÚCLEO KARATE SHOTOKAN LISBOA
118	3280	MARIANA SERRA	F	25	01:06:21	01:02:33	RENNINGS
119	551	LUISA GALANTE	F	34	01:06:23	01:05:15	

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120	1431	MARIA MACHADO	F	30	01:06:31	01:02:26	
121	3790	SUSANA LOURENÇO FERNANDES	F	28	01:06:36	01:05:24	REBERA RUNNING
122	828	ANA AZEVEDO	F	34	01:06:39	01:02:47	SS CGD
123	957	ANDREIA FELICIO	F	31	01:06:46	01:03:29	CLUBE DESPORTIVO RIBEIRENSE
124	176	PATRICIA BARBOSA	F	23	01:07:03	01:03:55	GRUPO MARADONA
125	645	INES CUNHA	F	27	01:07:06	01:04:47	
126	96	FILIPA RODRIGUES	F	28	01:07:09	01:07:02	
127	2332	DINA DIAS	F	27	01:07:12	01:05:21	
128	3508	RITA RODRIGUES	F	32	01:07:16	01:06:18	
129	1655	INES PINTO BARRADAS	F	34	01:07:19	01:05:13	
130	256	JOANA ALFAIA	F	34	01:07:25	01:04:11	FITNESS PLAYGROND
131	4163	JOANA HEITOR	F	31	01:07:28	01:04:05	
132	4727	OLGA NEVES	F	34	01:07:51	01:05:42	
133	314	MARTA S D S REIS	F	22	01:08:01	01:05:00	
134	4407	JOANA RIBEIRO	F	33	01:08:13	01:04:59	
135	3714	ANA CHORINCAS	F	27	01:08:15	01:06:04	
136	4987	INÊS CORDEIRO	F	31	01:08:17	01:05:40	TARAHUMARA
137	284	ANA BALEIRAS	F	34	01:08:18	01:05:11	
138	568	LILIANA ABREU	F	30	01:08:22	01:08:22	
139	1248	TANIA SARAIVA	F	29	01:08:31	01:07:28	CLUBE GRUPO BES
140	3174	MÓNICA CAMACHO	F	33	01:08:38	01:06:18	CARACÓIS SALOIOS
141	787	LUISA ALVES	F	32	01:08:40	01:06:11	ODEBRECHT/BPC
142	2239	SARA PRIMOR	F	26	01:08:41	01:06:50	
143	4661	SOFIA MANSO	F	26	01:08:42	01:06:06	OBIKWELAS
144	2230	EUNICE TORRES	F	34	01:08:42	01:07:41	ANA E AS MENINAS
145	2889	CATARINA PINHEIRO	F	20	01:08:45	01:05:42	FAMILIA PINHEIRO
146	1552	FILIPA PATRÍCIO	F	32	01:08:49	01:06:21	WSB
147	2831	CARINA AMARO	F	23	01:09:11	01:05:27	RENNINGS
148	3849	CLAUDIA MIMOSO	F	27	01:09:24	01:08:03	
149	3416	MARTA RAPOSO	F	21	01:09:45	01:08:15	
150	4780	ANA LUISA FIGUEIREDO	F	23	01:09:49	01:06:52	FAMELGA
151	1839	ANA ALVES	F	31	01:09:50	01:06:20	
152	1858	TÂNIA LEAL	F	25	01:09:58	01:06:29	
153	2324	SILVIA CASTRO	F	34	01:10:05	01:07:31	
154	4697	ANA PATRÍCIA GROVA FREITAS	F	25	01:10:08	01:06:11	
155	1311	ANA CAJADA	F	34	01:10:17	01:07:01	LINK
156	618	MARGARIDA FERREIRA	F	28	01:10:21	01:06:24	HOLLA HOLLA GET DOLLA
157	1841	JULIANA COSTA	F	29	01:10:33	01:07:07	
158	3293	CLARA HENRIQUES	F	32	01:11:01	01:09:19	
159	4626	MANUELA PINTOR	F	26	01:11:03	01:07:17	PINTOR

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
160	877	MARIANA TEIXEIRA MARQUES	F	23	01:11:04	01:08:32	
161	3193	MARIA JOSE AGUIAR	F	20	01:11:31	01:09:00	
162	4739	MICAELA LIZARDO	F	30	01:11:39	01:09:17	SEMESTES DO ASFALTO
163	4627	SANDRA PINTOR	F	31	01:11:45	01:07:56	PINTOR
164	3970	ANA FAGULHA	F	24	01:11:59	01:08:47	
165	1730	CLAUDIA LOPES	F	30	01:12:00	01:12:00	
166	4486	ANA P SARAMAGO	F	34	01:12:03	01:08:47	SS MONTEPIO GERAL
167	1457	HELENA TELINO	F	34	01:12:07	01:11:15	RUN 4 FUN
168	4042	CARLA LOPES	F	29	01:12:14	01:08:38	
169	1550	CATARINA MATEUS	F	34	01:12:16	01:09:47	WSB
170	1988	FRUZSINA VARGA	F	25	01:12:21	01:10:58	BLADERUNNERS
171	4335	LEIDA CANDIDA SILVA SANTOS	F	33	01:12:38	01:08:46	
172	4699	VANESSA MOTA	F	29	01:12:44	01:08:48	JAVALIS DO MATO
173	370	BEATRIZ LOURENÇO	F	28	01:12:46	01:08:36	
174	2888	FILIPA PINHEIRO	F	20	01:12:56	01:09:52	FAMILIA PINHEIRO
175	2389	SARA BRANDÃO	F	27	01:13:09	01:11:01	RATOS DO ASFALTO
176	984	MARIA INÊS BRANDÃO	F	23	01:13:11	01:11:05	RATOS DO ASFALTO
177	3994	FRANCISCA CHICHORRO	F	29	01:13:52	01:05:38	OBIKWELAS
178	3918	RUTE PIRES	F	31	01:13:57	01:12:57	
179	860	PATRICIA BAPTISTA	F	31	01:14:13	01:10:52	CLUBE DESPORTIVO RIBEIRENSE
180	1184	SONIA QUINTANILHA	F	30	01:14:35	01:13:20	AMINHACORRIDA/TOTALSTOR
181	3649	VÂNIA MARTINS	F	26	01:14:46	01:10:55	
182	3559	ZAINA MALVEIRO	F	34	01:14:48	01:10:59	HAKA GIRLS
183	1099	ANA MENDES	F	30	01:15:06	01:11:35	CLUBE GRUPO BES
184	90	INES FREITAS	F	28	01:15:26	01:11:59	A BOLA
185	1410	PATRICIA MACHADO	F	20	01:15:36	01:12:23	SIR-CONDUTAR
186	4222	CATARINA TEIXEIRA	F	31	01:15:37	01:15:37	CONCHAS
187	1821	TÂNIA FERREIRA	F	24	01:15:53	01:12:36	PIMBA NA IRINA
188	1450	CELINA FRANCISCO	F	24	01:15:54	01:13:38	
189	4389	JOANNA PARAIZO	F	27	01:15:56	01:14:00	
190	2560	FILIPA MARQUES	F	24	01:15:58	01:13:31	
191	2355	LILIANA PRATA	F	34	01:15:59	01:13:13	
192	1462	CLAUDIA RATO	F	33	01:16:24	01:14:16	
193	950	LILIANA HENRIQUES	F	34	01:16:38	01:13:21	CLUBE DESPORTIVO RIBEIRENSE
194	2213	MARIA DE FÁTIMA MARTINS ALVES	F	27	01:17:00	01:13:21	
195	1567	MARISA MARQUES	F	27	01:17:24	01:13:25	
196	4139	RITA SILVA	F	31	01:17:25	01:13:48	FOCA, A PRIMA DO CONAN
197	581	VITORIA J G ALMEIDA	F	24	01:17:37	01:14:25	
198	2214	MARIA HELENA MARTINS ALVES	F	27	01:18:30	01:14:50	
199	2789	ANA CARVALHO	F	22	01:18:53	01:16:00	ENGENHARIALIQUIDA

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
200	411	CAROLINA C REGO	F	29	01:18:59	01:15:08	
201	1929	SINIVA FILO	F	30	01:19:03	01:16:34	
202	3993	JOHANNA JARDINE	F	29	01:19:14	01:11:00	OBIKWELAS
203	4926	INÊS ESPAÑA	F	32	01:19:47	01:17:03	LIGA DO PALPITE
204	888	ANA MACHADO	F	32	01:19:53	01:15:47	
205	248	NATACHA M S CUSTODIO	F	26	01:20:00	01:15:27	
206	2591	NATACHA COTRIM	F	20	01:20:17	01:16:57	
207	1569	SANDRA MARQUES	F	31	01:20:32	01:16:33	
208	4468	SORAIA LARANJEIRA	F	24	01:20:53	01:17:55	LEOES DA GRAÇA
209	1918	VANIA MIMOSO	F	31	01:20:56	01:18:14	SAUDESSPORTING
210	1433	JOANA MACHADO	F	21	01:20:59	01:16:54	
211	4274	JOANA GRAIS	F	33	01:21:25	01:18:37	DUPLA VERDE
212	3055	SÓNIA CRISTINA RATÃO DE CARVALHO	F	33	01:21:30	01:18:29	PÉS VOADORES
213	1671	MARÍLIA CABRAL	F	28	01:21:33	01:18:17	
214	135	AMELIA PEREIRA	F	28	01:22:28	01:19:24	
215	1684	MAFALDA CARVALHO	F	34	01:22:40	01:19:14	AFIS-OVAR
216	777	MARTA CATARINO	F	31	01:23:49	01:20:20	
217	778	ISABEL SERRALHA	F	31	01:23:51	01:20:21	
218	827	JOANA SANTOS	F	21	01:23:55	01:20:51	SS CGD
219	1310	CARLA SANTOS	F	31	01:25:02	01:21:06	FLASH TEAM
220	1432	ANA COTOVIO	F	29	01:25:26	01:21:30	FLASH TEAM
221	1524	ANA CORREIA	F	31	01:26:06	01:22:43	
222	588	INES J S P RAMALHO	F	34	01:27:06	01:23:14	
223	5045	VANESSA MATIAS	F	26	01:28:04	01:24:41	
224	379	IRINA GONÇALVES	F	30	01:28:48	01:25:59	
225	527	SARA M C P FRANCO	F	26	01:29:56	01:26:11	
226	435	ANA M R DIAS	F	24	01:30:07	01:26:29	
227	922	SARA PINTO	F	33	01:31:19	01:27:24	SS CGD
228	3882	SANDRA CLEMENTE	F	34	01:31:21	01:29:21	GRFH, LDA
229	4695	LILIANA BALTAZAR	F	26	01:31:43	01:28:13	
230	582	FILIPA E SERRANO	F	32	01:31:45	01:28:31	
231	1553	BEATRIZ PATRÍCIO	F	33	01:32:06	01:29:39	WSB
232	3474	MARIANA OLIVEIRA	F	25	01:32:48	01:30:24	
233	676	FLAVIA T CARDOSO	F	29	01:33:40	01:30:34	
234	1828	ANA SILVA	F	25	01:36:24	01:32:23	EXNFSC
235	1281	SOFIA CAVACO	F	31	01:37:15	01:33:16	
236	3028	SUSANA MARQUES	F	25	01:39:47	01:35:49	
237	1566	CATARINA MARQUES	F	20	01:39:50	01:35:50	
238	3101	ANA MARQUES	F	28	01:39:57	01:36:00	
239	1917	JOANA VIEIRA	F	30	01:40:41	01:35:07	OS PADEIROS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
240	1916	JOANA PENÃO	F	31	01:40:43	01:35:07	OS PADEIROS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	16	SANDRA TEIXEIRA	F	35	00:36:28	00:36:25	SPORTING CP
2	4132	CARLA MARTINS	F	38	00:44:23	00:44:20	NÚCLEOEIRAS / SPORTZONE
3	1150	CRISTINA GAVINHO	F	37	00:45:18	00:45:03	PUMAS DO GUINCHO
4	3323	MARIA AZEVEDO	F	35	00:45:54	00:44:56	WIKABOO
5	1123	PAULA JACOB	F	35	00:48:04	00:47:07	CLUBE GRUPO BES
6	3332	SANDRA TEIXEIRA	F	35	00:48:14	00:47:16	WIKABOO
7	719	CÉLIA SANTOS	F	35	00:48:23	00:47:53	CLUBE VII
8	2304	ANA LOPES	F	36	00:48:46	00:48:13	AÇOREANA CLUBE BANIF
9	1529	TERESA SANTOS	F	37	00:49:04	00:48:09	
10	3917	SUSANA DURO	F	36	00:49:21	00:48:27	VALADARES
11	3134	JOAO CONSTANTINO	F	38	00:50:25	00:49:21	
12	3802	ANA AMARO	F	39	00:50:27	00:49:16	CD ASAS DO MILÉNium
13	2841	MONICA PAREDES	F	35	00:50:56	00:50:56	WIKABOO
14	4193	MARTA MORAIS SARAIVA DE ANDRAE	F	38	00:51:06	00:50:20	
15	3782	NOEMIA MONTEIRO	F	38	00:51:10	00:51:10	
16	655	MARCO MORAIS	F	37	00:51:26	00:48:40	N SPORTINGUISTA C MAFRA
17	831	CARLA PERALTA	F	37	00:51:37	00:49:45	
18	2231	PAULA CRISTINA HEITOR	F	35	00:51:54	00:50:54	ANA E AS MENINAS
19	4375	SANDRA BATISTA	F	37	00:52:00	00:51:04	A VALE SILENCIO
20	4003	ANA FRUTUOSO	F	39	00:52:14	00:50:32	
21	3072	CLARA RAIMUNDO	F	37	00:52:29	00:51:41	PERNAS DE GAFANHOTO
22	3651	JOANA MOURA	F	36	00:53:22	00:52:38	
23	37	Mª JOSE O SILVA	F	37	00:53:25	00:52:30	TRANQUILIDADE
24	2795	ELISABETE ROUXINOL	F	38	00:53:44	00:52:09	
25	1696	SANDRA PEREIRA	F	36	00:54:00	00:54:00	
26	2176	CARLA LOURENÇO	F	38	00:54:40	00:53:24	C MILLENINUM BCP
27	2869	SUSANA DANIEL BAPTISTA	F	39	00:54:43	00:53:49	SCALABIS NIGHT RUNNERS
28	3494	RITA AMARO	F	35	00:54:46	00:53:17	SILVAS
29	2915	SUSANA MARQUES	F	35	00:54:48	00:52:31	
30	735	CATARINA ROBLES DE SOUSA	F	35	00:54:58	00:53:41	
31	2171	JOANA PERALTA	F	37	00:55:11	00:53:43	RB RUNNING/CARTAXEIRO
32	4450	SÓNIA CRISTINA LOBO	F	37	00:56:02	00:55:05	OS LOBOS
33	2517	SUSANA SILVA	F	35	00:56:07	00:54:13	FAÍSCAS LENTAS
34	1428	SOFIA DELGADO	F	35	00:56:21	00:55:02	TÁLENTO PRA CORRER TEAM
35	1844	SORAIA FERREIRA	F	38	00:56:26	00:55:29	
36	2227	ANDRÉA ALMEIDA	F	36	00:56:48	00:55:46	
37	2118	MARIA GAMA	F	38	00:56:51	00:55:31	C.A. AMIGOS PARQUE DA PAZ
38	4779	CARLA SOUSA	F	35	00:56:53	00:54:40	
39	2117	ANTÓNIA GAMA JORDÃO	F	36	00:56:54	00:56:54	C.A. AMIGOS PARQUE DA PAZ
40	4393	ANA FILIPA FARIA1	F	36	00:56:55	00:56:21	CANHÕES DA NAZARÉ/CAN

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	4289	LIGIA MORAIS	F	38	00:56:56	00:54:52	SS MONTEPIO GERAL
42	3093	FREITAS RIBEIRO	F	39	00:56:57	00:55:23	QUARTETO
43	816	PAULA GONÇALVES	F	38	00:56:58	00:55:16	SS CGD
44	5015	LUCIDEIA PITREZ	F	35	00:57:00	00:54:42	PITREZ RUNNING
45	3178	RUTE MORNA	F	38	00:57:10	00:55:59	SS MONTEPIO GERAL
46	67	SOFIA AGOSTINHO	F	36	00:57:15	00:55:46	MTV
47	1852	MARISA FRANCISCO	F	35	00:57:17	00:54:40	
48	1737	CECILIA PAULA OLIVEIRA	F	38	00:57:31	00:56:46	
49	817	OLGA BORGES	F	38	00:57:53	00:56:06	SS CGD
50	4722	ANA ISABEL SEQUEIRA CARVALHO	F	35	00:58:02	00:55:35	
51	2627	MÓNICA ALEXANDRA DA CUNHA DOS SANTOS	F	36	00:58:27	00:55:24	
52	1363	PATRÍCIA PEREIRA	F	35	00:58:38	00:57:15	TARTARUGAS IMPARÁVEIS
53	2229	ANA GRAÇA SANTANA TOUREIRO	F	38	00:58:55	00:57:50	ANA E AS MENINAS
54	4855	GISELA PADRE	F	39	00:59:02	00:57:17	
55	3078	CARLA MENDES	F	37	00:59:12	00:57:37	
56	1389	PAULA SANTOS	F	38	00:59:14	00:59:01	RAIL RUNNERS
57	4088	SÓNIA GOMES	F	39	00:59:19	00:55:14	
58	2570	SÓNIA FERNANDES	F	37	00:59:30	00:59:30	OS "PERNINHAS"
59	3292	ISA HENRIQUES	F	37	00:59:48	00:58:05	
60	21	RITA MATOS	F	39	01:00:07	01:00:06	SPORTING CP
61	3216	RITA GONÇALVES	F	38	01:00:15	00:59:04	SS MONTEPIO GERAL
62	3465	RUTE FERNANDES	F	37	01:00:28	00:58:35	RUN 4 FUN
63	2050	SOFIA SA	F	35	01:00:39	00:58:14	C MILLENINUM BCP
64	2443	SARA MARTINS	F	36	01:00:47	00:59:12	PUTOS RUNNING
65	4437	ANDREIA COSTA	F	36	01:00:55	00:58:01	
66	3044	CRISTINA BRIZIDO	F	37	01:01:04	00:59:41	
67	4596	OTELINDA SOUSA	F	36	01:01:05	00:57:09	
68	1588	SOFIA GUEDES	F	38	01:01:32	00:59:50	AÇOREANA CLUBE BANIF
69	1296	MARISA GONÇALVES	F	35	01:01:44	00:59:31	
70	4751	LILIANA MONTEIRO	F	35	01:01:46	00:58:16	
71	3102	ANA ALMEIDA	F	36	01:01:49	01:00:05	SPORTINGS DE ALMEIDA
72	1531	CLÁUDIA MORAIS	F	38	01:01:59	00:57:52	
73	4320	PAULA VEIGA	F	36	01:02:09	01:02:09	
74	1339	SÓNIA DOMINGOS	F	36	01:02:15	01:00:31	
75	449	JOANA B C S ROQUE	F	37	01:02:15	00:59:49	
76	2338	CARLA REIS	F	35	01:02:16	00:58:59	
77	1518	JOANA AGUIAR	F	37	01:02:17	01:00:28	
78	327	PAULA AVELAR	F	38	01:02:19	00:59:17	RUN 4 BEER
79	113	SOFIA T SANTOS	F	37	01:02:23	00:58:33	
80	4561	SUSANA EVANGELISTA	F	38	01:02:59	00:58:47	COMANDO C

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	2784	MARGARIDA FONTES	F	39	01:03:04	01:00:57	SCU TORREENSE
82	1668	ELSA SOARES	F	39	01:03:07	01:00:41	GD INE
83	2212	MÓNICA ISABEL SARREIRA BANDEIRA	F	37	01:03:12	00:59:33	
84	2318	ANDREIA LOUZEIRO	F	37	01:03:20	01:03:20	
85	112	SUSANA R SANTOS	F	39	01:03:48	00:59:55	
86	121	FLORBELA C L MORAIS	F	38	01:04:09	01:01:19	
87	2444	PAULA MACHADO	F	35	01:04:16	01:00:55	
88	116	CARLA A F M MORAIS	F	37	01:04:25	01:01:21	
89	1164	LILIANA EUSÉBIO	F	35	01:04:28	01:00:29	
90	3520	CATARINA BEATO	F	35	01:04:44	01:02:13	
91	3723	CORALIE CHODOROWSKI	F	35	01:05:08	01:03:20	FERROS & ASSOCIADOS
92	3925	RITA CERTÃ	F	38	01:05:27	01:01:46	
93	917	MARINA SIMOES	F	38	01:05:58	01:02:47	SS CGD
94	3819	DORA MARIA LOPES PINA	F	37	01:06:48	01:04:20	
95	3815	SANDRA PINA	F	39	01:06:48	01:04:24	H3 RUNNERS
96	948	SÓNIA HENRIQUES	F	35	01:06:53	01:03:36	CLUBE DESPORTIVO RIBEIRENSE
97	1718	RUTE DIOGO	F	35	01:06:55	01:05:30	
98	2457	CATARINA MORGADO FIGUEIRA	F	35	01:06:59	01:04:06	CLUBE COLABORADORES AXA
99	123	RUTE M P C PATROCINIO	F	38	01:07:50	01:04:55	
100	1167	MÓNICA PEREIRA	F	37	01:07:52	01:03:52	
101	2842	SANDRA CAMPOS	F	39	01:08:11	01:05:53	
102	1604	FERNANDA ROXO	F	39	01:08:12	01:05:35	
103	2808	ANA S RIBEIRO	F	35	01:08:13	01:04:58	
104	350	SUSANA FREITAS	F	36	01:08:32	01:06:08	N SPORTINGUISTA LOURES
105	3915	NÍDEA PIRES	F	37	01:08:35	01:07:36	
106	2620	CLAUDIA ANDRE	F	36	01:08:38	01:05:54	SC CASAINHOS
107	1967	VERA MAÍSA PEREIRA MITRA	F	36	01:08:45	01:06:17	
108	1149	RAQUEL OLIVEIRA	F	37	01:08:54	01:06:21	
109	3652	SUSANA AGOSTINHO	F	35	01:09:07	01:05:11	
110	2973	ANA NARIGUETA	F	36	01:09:14	01:06:10	
111	4466	GISELA VICENTE	F	38	01:09:43	01:06:44	LEOES DA GRAÇA
112	1986	EUGENIA PEREIRA	F	39	01:10:02	01:06:52	
113	3891	ANA LOURENÇO	F	36	01:10:41	01:07:39	NA PAPAGAIOS CASCAIS
114	3397	SOFIA SAMPAIO	F	37	01:11:10	01:08:02	
115	2506	MARIA SEQUEIRA	F	35	01:11:23	01:08:50	
116	2507	JOANA SEQUEIRA	F	38	01:11:26	01:08:54	
117	4597	TÂNIA FONTINHA	F	37	01:11:44	01:07:49	
118	1453	TELMAOLIVEIRA@FD.UL.PT	F	37	01:12:08	01:11:16	
119	3537	ANA MORAIS	F	38	01:12:16	01:08:52	GD IN CASA MOEDA
120	2483	RAQUEL BARREIRA	F	35	01:12:29	01:09:59	EQUIPA DO ANDRÉ

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	4592	SANDRA CUNHA	F	39	01:12:33	01:10:11	GD SANTANDER TOTTA
122	2726	REGINA SERPA	F	37	01:12:34	01:09:33	4FUN
123	4615	LENIA MARIA GONÇALVES SOBRAL	F	39	01:12:46	01:08:58	
124	4580	MARISA NOBRE	F	36	01:12:48	01:11:57	SPORTING LOVERS
125	4919	MARIA BEIRÃO	F	35	01:12:50	01:09:32	
126	3937	DÉLIA BOINO	F	38	01:12:56	01:09:59	
127	2944	SANDRA CAETANO	F	39	01:13:00	01:10:02	
128	1204	SUSANA GOMES	F	36	01:13:31	01:11:46	
129	2724	RITA PIRES	F	38	01:13:43	01:10:55	
130	2734	ROSÁRIO GORDO	F	39	01:14:16	01:12:17	GRFH, LDA
131	3560	CARLA ROSÁRIO	F	37	01:14:46	01:10:57	HAKA GIRLS
132	1834	ISABEL NOVAL	F	36	01:14:48	01:11:57	
133	4394	LUISA RENATA MAGALHÃES	F	35	01:15:04	01:11:20	TARTARUGAS DO TEJO
134	1765	CARLA BARBOSA	F	35	01:15:10	01:14:26	TOCA DO LEÃO
135	3538	SONIA CORREIA	F	37	01:17:31	01:14:08	GD IN CASA MOEDA
136	1843	TANIA MATEUS	F	38	01:18:08	01:15:07	4FUN
137	3628	CARLA SOFIA DA CRUZ BARROCAS FURTADO	F	37	01:18:19	01:15:07	
138	3197	CLÁUDIA DAVID	F	36	01:18:44	01:15:02	
139	5013	PATRICIA MUCHACHO	F	35	01:18:57	01:15:55	
140	3005	CARLA MARTINHO	F	38	01:19:05	01:15:29	
141	964	MARIA JOÃO PEREIRA CARDOSO DIAS SANTOS	F	39	01:19:24	01:16:42	SAUDESSPORTING
142	4543	LAURA SARAMAGO	F	39	01:20:06	01:16:56	
143	1392	GRAÇA SILVA	F	39	01:20:27	01:17:36	RAIL RUNNERS
144	936	MADALENA RODRIGUES	F	36	01:21:50	01:18:33	CLUBE DESPORTIVO RIBEIRENSE
145	3933	SOFIA ELVAS	F	39	01:24:10	01:20:36	
146	5010	ANA ORDAZ	F	39	01:24:20	01:21:04	
147	2253	SANDRA ALMEIDA	F	38	01:29:53	01:26:26	DHS
148	2574	PAULA BORGES JARDIM	F	39	01:30:16	01:29:35	CARLA BORGES JARDIM
149	889	ANA CIDRA	F	39	01:31:50	01:27:44	
150	1549	TERESA NATIVIDADE	F	37	01:32:05	01:29:38	WSB
151	1291	LUÍSA LEITÃO	F	38	01:33:10	01:33:10	
152	3577	CARLA PALMEIRO	F	39	01:33:51	01:30:06	
153	3578	MEG GARCIA	F	38	01:33:53	01:30:08	
154	3968	SÓNIA FIGUEIREDO	F	39	01:43:05	01:40:06	OS BEIRÕES

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	19	LUZIA DIAS	F	43	00:42:00	00:42:00	SPORTING CP
2	1790	SUZETE SILVA	F	43	00:44:53	00:44:31	ESCOLA DE ATLETISMO RUI SILVA
3	1707	ALEX OLIVEIRA	F	40	00:44:57	00:43:52	CASCAIS PANDILHA
4	4556	ANA FRAGOSO	F	44	00:45:47	00:44:18	
5	4307	CÉLIA CECILIO	F	40	00:45:56	00:45:48	NA PERNA ASSADA
6	2948	MAGDA LOURENÇO	F	43	00:48:14	00:47:01	
7	4875	SUSANA ALMEIDA	F	43	00:48:55	00:47:43	GARMIN CO OEIRAS
8	4540	ANA DIAS	F	41	00:49:05	00:48:00	
9	4866	RITA MANSO	F	42	00:49:45	00:49:29	
10	1305	FERNANDA GIL	F	44	00:49:45	00:49:12	CDUL CENTRO DESP UNIV LISBOA
11	4413	CARLA JARDIM	F	41	00:49:46	00:49:12	AMIGOS ATLETISMO MAFRA
12	2763	ISABEL RODRIGUES	F	42	00:50:11	00:48:53	GARMIN CO OEIRAS
13	4287	SOFIA MARTINS	F	41	00:52:02	00:50:53	
14	355	MARIANA TOJAL	F	41	00:52:27	00:51:25	N SPORTINGUISTA LOURES
15	713	SUSANA GOMES	F	44	00:52:30	00:51:41	
16	2751	MARIA ISABEL RIBEIRO	F	41	00:52:34	00:51:05	
17	774	MARIA ADELAIDE PEREIRA	F	42	00:53:03	00:52:02	
18	1648	CARLA A LOPES	F	41	00:53:15	00:52:25	GD INE
19	1441	MARIA SALETE BORGES	F	44	00:53:23	00:52:58	
20	3490	ANA HORTENSE ALÉM	F	42	00:53:25	00:53:21	RA
21	1640	SALOME FERREIRA	F	40	00:53:29	00:52:41	GD INE
22	1176	Mª HELENA LEITAO	F	43	00:53:43	00:52:34	AMINHACORRIDA/TOTALSTOR
23	1250	MAFALDA GAMEIRO	F	44	00:53:52	00:52:41	CASA DO PESSOAL DA RTP
24	4245	ANA DUARTE	F	43	00:54:26	00:53:03	FALCÕES SELVAGENS
25	2218	ANA PAULA GUEDES LIMA	F	42	00:54:38	00:53:29	
26	3479	SANDRA SIMÕES	F	43	00:54:50	00:52:56	RUN 4 FUN
27	4671	ELISABETE OLIVEIRA	F	41	00:54:55	00:52:35	
28	2144	FILOMENA MARIA JESUS	F	41	00:55:04	00:55:04	
29	3411	MARTA ANSELMO	F	42	00:55:37	00:54:09	
30	1172	CRISTINA CALDEIRA	F	44	00:55:58	00:52:59	AMINHACORRIDA/TOTALSTOR
31	1098	ANA FERREIRA	F	44	00:56:13	00:55:11	CLUBE GRUPO BES
32	4734	ISABEL PAULA	F	43	00:56:20	00:55:10	
33	923	LUISA LANDEIRO	F	43	00:56:32	00:54:49	SS CGD
34	1086	SILVINA MAGNO GAMEIRO	F	44	00:56:34	00:56:13	
35	4070	VANDA JESUS	F	42	00:56:37	00:54:36	FALCÕES SELVAGENS
36	4705	SAIDA MORAIS	F	41	00:56:51	00:54:26	ACTIVE PEOPLE
37	2170	ANA CRISTINA CARVALHO	F	44	00:56:51	00:54:56	
38	3595	CRISTINA CUNHA	F	43	00:57:18	00:56:43	
39	1874	MARGARIDA PARDAL	F	44	00:57:20	00:55:18	CARAPPAUS DE CORRIDA
40	429	FILIPA A COUTINHO	F	40	00:57:52	00:57:40	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	2090	DULCE RAMOS	F	44	00:57:58	00:55:10	C MILLENINUM BCP
42	1503	CRISTINA SALVADO	F	43	00:58:08	00:55:45	
43	834	ANA ALPALHÃO	F	40	00:58:13	00:56:45	ALPALHAO
44	2569	ELIZABETH LAGE	F	43	00:58:26	00:57:06	SOFT TEAM
45	737	SARA PINA CABRAL	F	42	00:58:39	00:57:19	
46	4531	FERNANDA ALMEIDA	F	44	00:58:40	00:55:36	
47	1122	PATRICIA SANTOS	F	42	00:58:52	00:57:49	CLUBE GRUPO BES
48	4891	ANA ISABEL DUARTE CHAGAS	F	43	00:58:53	00:56:46	
49	736	MARTA NEVES	F	40	00:58:54	00:57:37	
50	3170	HELENA AFONSO	F	42	00:59:01	00:57:13	MARGEM SUL
51	824	SILVIA NEIVA	F	43	00:59:18	00:56:58	
52	3562	CARLA MARQUES	F	40	00:59:41	00:58:09	
53	933	SANDRA SANTOS	F	40	00:59:54	00:56:35	CLUBE DESPORTIVO RIBEIRENSE
54	427	SUSANA ADEGAS	F	44	00:59:56	00:58:09	
55	3113	BARBARA CORTE-REAL	F	42	01:00:01	00:57:38	
56	1249	XANA FILIPE	F	42	01:00:17	00:58:34	CLUBE GRUPO BES
57	906	CLAUDIA LOURENÇO	F	42	01:00:58	00:57:51	SS CGD
58	3126	JUDITE VIEGAS	F	42	01:01:05	01:00:01	RUN2CHARLYS
59	229	JOHANNA	F	44	01:01:07	00:57:42	PLAY PAINTBALL
60	2785	BARBARA MIRANDA	F	41	01:01:20	00:59:13	SCU TORREENSE
61	553	CARLA S D PEREIRA	F	42	01:01:40	00:59:42	
62	752	FELECIANA FERREIRA	F	44	01:01:44	01:00:41	CLUBE GRUPO BES
63	4419	PAULA VIEIRA	F	41	01:01:45	00:58:46	LEOES DA GRAÇA
64	1041	MARIA TOMÁS	F	43	01:02:08	01:01:32	ASAS NOS PÉS
65	2367	LÍDIA MARIA RAMOS	F	40	01:02:35	00:59:51	
66	2786	ROSALIA SALDANHA	F	40	01:03:03	01:00:57	SCU TORREENSE
67	1429	CARLA CARVALHO	F	42	01:03:06	00:59:34	TÁLENTO PRA CORRER TEAM
68	3975	SOFIA BIZARRO	F	42	01:03:27	01:00:00	
69	3183	ELISABETE CABRAL	F	41	01:03:39	01:01:39	
70	2523	ANA MICAELA FELIX ARAUJO	F	41	01:03:42	01:03:42	GD CIMPOR & AMIGOS
71	978	SOFIA CARDIGA	F	42	01:04:02	01:01:53	
72	573	FATIMA BRANCO	F	40	01:04:11	01:01:59	
73	3583	ANA MENDES PAULO	F	43	01:04:14	01:01:36	ROCIO
74	971	VITÓRIA CARNEIRO	F	40	01:04:20	01:01:08	G. D. PORTO DE SINES
75	3340	GUIOMAR SOARES	F	41	01:04:52	01:02:30	MARIANO SOARES
76	3350	MARGARIDA AGUIAR	F	42	01:05:04	01:04:07	
77	818	ANGELA CRUZ	F	42	01:05:05	01:02:02	SS CGD
78	4821	BEATRIZ BARCIELA	F	41	01:05:24	01:03:06	
79	3926	TERESA SOUSA	F	44	01:05:39	01:01:57	
80	2039	CATARINA SA	F	42	01:05:43	01:03:21	C MILLENINUM BCP

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	139	RITA SILVA	F	41	01:05:47	01:03:58	
82	2597	ANA FERREIRA	F	41	01:05:56	01:02:36	
83	4408	SANDRA CRESPO	F	41	01:06:13	01:04:18	CRESPOS
84	3645	MARIANA COSTA	F	41	01:06:49	01:02:57	
85	152	HELENA C SOUSA	F	41	01:06:49	01:03:56	
86	2929	NATÁLIA NOBRE	F	41	01:07:17	01:05:12	
87	2928	TERESA CARNEIRO	F	43	01:07:17	01:05:12	
88	2106	MARIA QUITÉRIA	F	40	01:07:21	01:04:58	
89	3681	ELISABETE PELEJA	F	41	01:07:48	01:06:45	
90	1522	LUISA COSTA	F	44	01:08:03	01:04:32	
91	2608	SANDRA PRATA	F	42	01:08:06	01:04:10	
92	559	JULIA GOMES	F	40	01:08:25	01:06:16	THE GOURMET
93	2356	SANDRA PEREIRA	F	43	01:08:52	01:06:06	
94	876	ANA TEIXEIRA MARQUES	F	43	01:09:39	01:07:06	
95	1124	PAULA SILVA	F	43	01:09:44	01:08:42	CLUBE GRUPO BES
96	2846	VERA SOROMENHO	F	41	01:10:10	01:06:08	CLUBE VII
97	2953	ANA MARQUES	F	43	01:11:29	01:09:34	
98	2747	SÓNIA ADRIANO	F	41	01:11:40	01:10:10	
99	2474	PUREZA CABRAL	F	44	01:11:59	01:08:15	GDCT UNICRE
100	2315	CÉLIA FRANCISCO	F	40	01:12:21	01:05:14	METRALHAS
101	3759	CARLA VIEIRA	F	41	01:12:24	01:08:50	
102	3972	ANA GOMES	F	43	01:12:56	01:09:45	
103	1317	MARIA MADALENA AMORIM	F	43	01:13:05	01:10:09	
104	4613	CLARA MARTINS	F	42	01:13:07	01:10:45	
105	1105	FATIMA FERREIRA	F	40	01:13:27	01:10:40	CLUBE GRUPO BES
106	1169	LUZ MARTINHO	F	44	01:14:09	01:11:13	
107	2476	ELISABETE ANTUNES	F	43	01:14:13	01:10:13	GDCT UNICRE
108	3650	SANDRA MAFRA	F	43	01:14:37	01:10:45	
109	4356	TÂNIA DIMAS	F	44	01:14:46	01:11:40	
110	3441	ELSA RIBEIRO	F	43	01:15:22	01:11:56	
111	3404	ANA CARLA ANGELO	F	40	01:15:58	01:12:29	
112	3569	CATARINA MORAIS	F	40	01:16:33	01:15:33	
113	1334	VERONICA LUISA FERNANDES ANDRE SILVA PESTANA	F	44	01:16:38	01:13:43	PESTANAS
114	4444	ANABELA ANTUNES GOMES TACO MATIAS	F	44	01:16:42	01:14:15	
115	69	CLARA FERREIRA	F	40	01:16:49	01:13:13	MTV
116	955	SYLVIE SOUSA	F	40	01:17:05	01:13:45	CLUBE DESPORTIVO RIBEIRENSE
117	2547	NATALIA GUERREIRO	F	42	01:17:43	01:14:56	
118	3957	ISABEL MARIA CALDEIRA SILVA	F	40	01:18:16	01:15:32	
119	5016	PAULA NUNES	F	42	01:18:55	01:15:53	
120	1930	TANIA SEARS	F	42	01:19:05	01:16:36	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	2111	GORETI FARIA	F	40	01:19:09	01:16:09	FAMILIA FARIA
122	2592	PAULA COTRIM	F	40	01:21:02	01:17:42	
123	3596	CARLA CRISTINA FERREIRA FIGUEIREDO	F	41	01:21:54	01:19:18	
124	4380	MANUELA CUNHA	F	40	01:23:49	01:20:30	CUNHA
125	928	ROSÁLIA CUSTÓDIO	F	40	01:29:42	01:26:21	CLUBE DESPORTIVO RIBEIRENSE
126	2251	CARLA PEREIRA	F	41	01:29:55	01:26:28	DHS
127	3026	ANTÓNIO ALVELOS	F	42	01:30:26	01:28:02	
128	2575	CARLA BORGES JARDIM	F	40	01:30:58	01:30:17	CARLA BORGES JARDIM
129	2447	INES CARVALHO	F	42	01:32:57	01:29:14	CAROLAS
130	1288	ELISABETH SANTOS	F	40	01:33:05	01:29:28	
131	580	SANDRA A N O FERREIRA	F	40	01:34:34	01:31:23	
132	1280	ANA CARDOSO	F	44	01:37:15	01:33:17	
133	188	CARLA M C LEAO	F	41	01:40:33	01:37:32	
134	2059	ANDREIA COSTA	F	41	01:41:38	01:38:48	C MILLENINUM BCP

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	4533	LUCILIA SOARES	F	51	00:39:26	00:39:23	
2	2978	MARIA FRIAS	F	48	00:40:36	00:40:32	AMIGOS ATLETISMO MAFRA
3	1454	CHANTAL XHERVELLE	F	45	00:41:46	00:41:35	
4	4517	HELENA MARTINS	F	52	00:43:07	00:42:56	AMIGOS ATLETISMO MAFRA
5	2759	PAULA LEMOS	F	47	00:47:07	00:46:43	GARMIN CO OEIRAS
6	1996	LUZIA GARCIA	F	49	00:47:19	00:46:28	
7	2460	MARIA LURDES VENÂNCIO	F	49	00:47:36	00:47:25	CLUBE COLABORADORES AXA
8	3434	ALFREDA ROCHA	F	46	00:48:24	00:47:40	
9	4488	CAROLINA FELIZ	F	54	00:49:43	00:49:21	UNIÃO FCI DE TOMAR
10	3685	CECÍLIA NICOLAU	F	46	00:51:38	00:49:43	ASSOCIAÇÃO DE ATLETISMO LEBRES
11	3415	BELINA RAPOSO	F	47	00:51:40	00:48:20	
12	2796	ZULMIRA BELO	F	46	00:52:29	00:51:49	
13	940	GABRIELA QUARESMA	F	55	00:52:52	00:52:38	LINDA-A-PASTORA SPORTING CLUBE
14	5038	CESALTINA GREGÓRIO	F	56	00:53:15	00:52:38	
15	4870	MERCEDES FONSECA	F	57	00:54:11	00:54:00	OS SUPER
16	776	MARIA FILOMENA RAMOS MARTINS	F	56	00:54:38	00:52:44	
17	4534	MARIA DEOLINDA M. MARQUES	F	56	00:55:29	00:53:46	
18	2390	ANA MARTINS	F	46	00:55:39	00:53:40	
19	1995	MANUELA GONÇALVES	F	45	00:55:44	00:55:20	OS AMIGOS DO ATLETISMO DE AVIS
20	1141	MARIA FATUDA	F	58	00:55:52	00:54:44	CARRASCO & AMIGOS
21	4885	TERESA ALMEIDA REI NUNES	F	47	00:55:56	00:53:52	
22	1003	HELENA NUNO	F	62	00:56:05	00:54:30	
23	3797	HELENA CUNHA	F	54	00:56:06	00:55:16	ASAS NOS PES
24	1980	TERESA OLIVEIRA	F	56	00:56:24	00:55:33	OS AMIGOS DO ESTRELA
25	1754	FERNANDA LOURENÇO NUNES	F	57	00:56:33	00:55:51	
26	3923	ISABEL NOBRE	F	63	00:56:34	00:56:34	
27	610	PAULA I R CORREIA	F	47	00:56:45	00:55:04	
28	1343	ALEXANDRA PIRES	F	46	00:56:46	00:55:04	
29	3321	ANA BRAS	F	47	00:56:58	00:55:15	SS CGD
30	2153	OLIVIA BRANDÃO	F	55	00:57:21	00:55:14	CGD-OVAR
31	4951	ANA MATIAS	F	48	00:57:33	00:55:48	
32	2800	CEU VIEGAS	F	51	00:57:44	00:54:44	CONSTRUTENIS
33	1981	NATIDADE CARDOSO	F	62	00:58:03	00:57:13	OS AMIGOS DO ESTRELA
34	3336	NATÁLIA LOUSADA MARREIROS	F	49	00:58:06	00:55:39	
35	4243	LUCÍLIA REIS	F	54	00:58:11	00:54:16	FALCÕES SELVAGENS
36	3271	CARMINDA REGA	F	51	00:58:16	00:56:17	
37	4529	ADELAIDE MANHICA	F	55	00:58:45	00:57:04	
38	1340	ANA GONÇALVES	F	46	00:58:45	00:57:02	
39	2877	MARIA JOÃO CAVALEIRO	F	51	00:59:11	00:56:27	GRUPO DESPORTIVO SERVICONTABIL

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	277	MªMANUELA MACHADO	F	50	00:59:14	00:56:36	
41	1230	ROBIN STATFELD	F	51	00:59:23	00:58:48	
42	2052	Mª ODETE SA	F	66	00:59:39	00:57:13	C MILLENINUM BCP
43	3561	ALZIRA PEREIRA	F	47	00:59:42	00:58:06	
44	2192	Mª ALEXANDRA SUTIL	F	45	00:59:53	00:56:47	C MILLENINUM BCP
45	2281	CRISTINA MARTINS	F	52	01:00:22	00:59:09	RB RUNNING/CARTAXEIRO
46	2080	ANA PAULINO	F	61	01:00:23	01:00:16	
47	2256	TERESA FIGUEIREDO	F	46	01:00:26	00:57:21	GDCT UNICRE
48	1928	EVELYN YOUNG	F	57	01:00:39	00:58:22	
49	3557	ISABEL GUERRA	F	55	01:00:41	00:59:04	
50	4154	JUDITE MARIA BASILIO	F	50	01:00:45	00:59:21	
51	298	Mª CAROLINA RODA	F	56	01:01:00	00:59:31	
52	912	JOANA GABRIEL	F	52	01:01:07	00:59:33	SS CGD
53	4349	LUISA GUERRA SANTOS	F	45	01:01:09	00:59:04	
54	1592	ROSÁRIO FIGUEIRAL	F	46	01:01:11	00:59:19	
55	2167	ISABEL NEVES	F	52	01:01:33	01:00:49	
56	215	ANA TORNEAS	F	45	01:01:42	01:01:42	GD BANCO BPI
57	4085	PAULA FIGUEIREDO	F	56	01:01:49	00:59:35	GD SANTANDER TOTTA
58	4099	HELGA GIRÃO	F	61	01:02:03	00:59:29	
59	1449	RUTE SANTOS	F	47	01:02:04	00:59:03	
60	2530	HELENA SILVA	F	50	01:02:14	00:59:01	GD CIMPOR & AMIGOS
61	3190	ANGELA MARQUES	F	47	01:02:15	00:59:03	
62	4083	LIDIA LOPES	F	51	01:02:20	00:58:30	GD SANTANDER TOTTA
63	1857	ISABEL SANTOS	F	46	01:02:21	01:00:56	LOURDETE PERFUMARIAS
64	792	VERA SILVA	F	54	01:03:05	01:00:04	ODEBRECHT/BPC
65	2201	ANA SANTOS	F	48	01:03:31	01:01:54	F.D.A
66	2044	ROSIMEIRE SERAFIM	F	48	01:03:40	01:00:26	C MILLENINUM BCP
67	4156	MARIA JOAO FERNANDES SIMOES	F	45	01:03:55	01:01:35	
68	3962	ISILDA BARRADAS	F	63	01:03:55	01:03:33	
69	1795	LÚCIA CARVALHO	F	49	01:04:03	01:02:41	FALCÕES SELVAGENS
70	130	Mª JOAO A P EMIDIO	F	45	01:04:19	01:02:38	
71	38	Mª TERESA M GRAY	F	49	01:04:40	01:02:43	TRANQUILIDADE
72	2674	ELISABETE LOUREIRO	F	57	01:04:48	01:00:56	SC CASAINHOS
73	247	MARCIA V ALBUQUERQUE	F	51	01:05:25	01:01:23	
74	1606	JOANA D"ARC CHOURIÇO	F	50	01:05:29	01:04:02	
75	2875	ANGELA MORAIS	F	51	01:05:34	01:02:50	GRUPO DESPORTIVO SERVICONTABIL
76	1227	NÍDIA SILVA	F	58	01:05:38	01:02:40	
77	3098	LENA COTRIM	F	46	01:05:49	01:04:33	SCALABIS NIGHT RUNNERS
78	2455	ANA MARIA GUIMARÃES	F	56	01:05:49	01:02:54	CLUBE COLABORADORES AXA
79	4603	LURDES ALVES	F	57	01:05:54	01:03:32	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
80	1625	ANA SANTOS	F	51	01:06:16	01:03:25	GD INE
81	4858	MARIA MANUELA ADREGA FONSECA	F	46	01:06:23	01:04:14	KICKBOXING SCP
82	3547	ROSA CARITA	F	53	01:07:04	01:06:35	CCD SINTRENSE
83	2107	PAULA COUTO	F	50	01:07:20	01:04:57	
84	1322	ANABELA BASTOS	F	47	01:07:22	01:04:08	
85	4104	DORA DUARTE	F	53	01:07:47	01:04:52	
86	1341	ANASEABRA	F	48	01:07:58	01:06:14	
87	3039	PAULA CUNHA	F	47	01:08:41	01:05:54	
88	2064	PAULA JACOB	F	48	01:09:01	01:07:35	KEEP CALM & XORA
89	3347	CECILIA TAVARES	F	47	01:09:10	01:08:04	GRUP.DESP.CHELAS
90	1278	ANA DIOGO	F	45	01:09:23	01:07:00	
91	4161	HELENA MENDO	F	45	01:09:35	01:06:06	
92	1043	CONCEIÇÃO CUNHA	F	48	01:09:36	01:08:28	ASAS NOS PÉS
93	443	OTILIA PINTO	F	46	01:09:42	01:06:37	
94	584	Mª HELENA S C ANDRADE	F	52	01:10:00	01:10:00	
95	2375	ANA CANAVEIRA	F	46	01:10:04	01:07:07	AÇOREANA CLUBE BANIF
96	3059	TERESA GRAÇA	F	59	01:10:17	01:07:26	
97	4850	MARIA INÊS GONÇALVES SANTOS CESÁRIO	F	48	01:10:25	01:10:11	
98	1617	MARIA JOAO BACELAR	F	46	01:10:31	01:06:42	
99	2421	MARIA BARROSO	F	52	01:11:13	01:07:40	CCD AUT ALMADA
100	4358	CÉLIA CATARINO	F	46	01:11:19	01:08:13	
101	2955	SÓNIA MARQUES	F	48	01:11:29	01:09:35	
102	1177	Mª ROSARIO RODRIGUES	F	48	01:12:19	01:09:47	AMINHACORRIDA/TOTALSTOR
103	4480	TERESA BARROS	F	48	01:12:31	01:10:17	
104	386	DOROTEIA H V MARTINS	F	57	01:12:33	01:08:37	
105	387	INES C C MARQUES	F	60	01:12:34	01:08:38	
106	2314	PAULA NETO	F	49	01:12:34	01:05:28	METRALHAS
107	2654	MARIA SILVA	F	47	01:12:34	01:10:01	
108	4910	MARIA ADELAIDE FERREIRA	F	64	01:12:36	01:10:21	G D JOANINHAS LEIAO
109	3455	ELISABETE PINTO	F	56	01:12:47	01:10:01	OS PINTOS
110	502	PAULA I TABOLEIROS	F	46	01:12:50	01:09:26	
111	4073	MARIA GERTRUDES	F	65	01:12:57	01:11:13	GD SANTANDER TOTTA
112	4570	Mª CARMO ANJOS	F	67	01:13:18	01:11:00	J FREG PORTELA
113	3605	ALDA OLIVEIRA	F	59	01:14:09	01:11:58	GDCT REPSOL
114	2959	ANA BARÃO	F	45	01:14:17	01:11:29	4 FUN
115	730	PAULO FERREIRA	F	47	01:14:30	01:13:20	SS MONTEPIO GERAL
116	879	FÁTIMA MARQUES	F	50	01:14:48	01:12:16	
117	2599	ELISABETE FERREIRA	F	48	01:15:11	01:11:51	
118	2058	FOCK CHIU	F	63	01:16:10	01:13:02	C MILLENINUM BCP
119	3820	MARINA MORAES	F	50	01:16:19	01:12:48	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
120	3563	NATALIA ROMANO	F	56	01:16:29	01:15:29	
121	1624	SOFIA FONSECA	F	48	01:16:42	01:15:23	CLUBE VODAFONE
122	3842	DEOLINDA CALDEIRA	F	59	01:17:07	01:13:46	
123	894	CHARLOTTE JOHNSON	F	65	01:17:08	01:14:51	
124	1200	MARIA TERESA LIMA RODRIGUES	F	57	01:18:38	01:15:32	CTJI
125	1953	FELECIDADE ASSANE	F	54	01:19:29	01:16:23	C MILLENINUM BCP
126	3973	LUISA PINHO	F	55	01:19:32	01:16:38	LINDA-A-PASTORA SPORTING CLUBE
127	3900	SAMEIRO NUNES	F	60	01:20:25	01:18:05	SPEEDY
128	4416	MARIA LARANJEIRA	F	48	01:20:51	01:17:52	LEOES DA GRAÇA
129	4950	ROSA MARIA CAETANO	F	59	01:20:56	01:18:03	CLUBE COLABORADORES AXA
130	4777	HELENA FIGUEIREDO	F	52	01:22:17	01:19:21	FAMELGA
131	1685	LINA CRUZ	F	53	01:22:37	01:19:08	AFIS-OVAR
132	2287	MÁRIO CAMPOS	F	66	01:24:01	01:20:18	JAZZY RUNNERS
133	1957	Mª PIEDADE LOURENÇO	F	70	01:24:48	01:22:05	C MILLENINUM BCP
134	1952	CELIA RATO	F	48	01:25:02	01:21:08	C MILLENINUM BCP
135	4602	ISABEL UCHA	F	48	01:25:20	01:22:10	RUN AWAY
136	623	CECILIA SILVA	F	48	01:25:25	01:22:40	TRIO SPORTINGUISTA
137	1283	VERA SANTOS	F	46	01:26:36	01:24:01	TARATARUGAS SOLIDARIAS
138	4841	ROSA FERNANDES	F	62	01:26:40	01:23:56	LIGA DO PALPITE
139	4818	ANA NUNES	F	57	01:26:53	01:23:53	FAMELGA
140	368	SOLEDADE P S FAIAS	F	58	01:27:07	01:24:16	
141	523	NATALINA M B V MONTEIRO	F	51	01:27:17	01:23:51	
142	1293	IOLY BRITO	F	49	01:28:41	01:25:40	
143	2038	Mª JOAO LOURENÇO	F	46	01:28:48	01:26:05	C MILLENINUM BCP
144	1890	LUCINDA LOPES HENRIQUES	F	64	01:29:09	01:27:59	
145	3552	CLARA JULIO	F	48	01:29:35	01:26:04	
146	871	EUGÉNIA GOMES	F	45	01:29:44	01:26:26	CLUBE DESPORTIVO RIBEIRENSE
147	3851	PAULA CAETANO	F	46	01:29:51	01:25:34	
148	4732	HELENA MARQUES	F	51	01:32:28	01:28:54	
149	245	OTILIA T SANTOS	F	54	01:32:48	01:30:24	
150	1265	FERNANDA RAPOSO	F	47	01:32:49	01:30:24	
151	2450	ELISA FERNANDES	F	65	01:32:57	01:29:26	CAROLAS
152	4717	MARGARIDA CORREIA	F	45	01:34:51	01:32:33	
153	622	BELMIRA NOBRE	F	58	01:35:01	01:32:16	TRIO SPORTINGUISTA
154	755	Mª LEONOR ALMEIDA	F	57	01:35:39	01:35:39	CLUBE GRUPO BES
155	3967	CIDALINA MONTEIRO	F	47	01:36:09	01:33:10	OS BEIRÕES
156	1321	BÉ RODRIGUES	F	46	01:39:52	01:36:14	
157	805	FATIMA SEMEDO	F	56	01:40:35	01:36:41	SS CGD
158	954	MARGARIDA LOURO	F	46	01:41:37	01:38:18	CLUBE DESPORTIVO RIBEIRENSE
159	3154	MARIA JOSÉ NEVES PACHECO	F	52	01:41:47	01:38:38	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
160	3452	OTÍLIA RIBEIRO	F	62	01:41:51	01:38:07	
161	4351	TERESA FERREIRA	F	57	01:49:40	01:46:39	

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Relatório por Faixas Etárias

M0017

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	4674	ATLETA NÃO CADASTRADO	M	0	00:34:55	00:34:53	
2	2825	ATLETA NÃO CADASTRADO	M	0	00:43:31	00:43:25	
3	1104	ATLETA NÃO CADASTRADO	M	0	00:46:06	00:45:15	
4	2479	TIAGO NEVES	M	15	00:48:07	00:46:04	GDCT UNICRE
5	710	ATLETA NÃO CADASTRADO	M	0	00:59:20	00:55:58	
6	746	ATLETA NÃO CADASTRADO	M	0	01:04:42	01:02:04	
7	745	ATLETA NÃO CADASTRADO	M	0	01:04:43	01:02:05	
8	3960	ATLETA NÃO CADASTRADO	M	0	01:13:41	01:10:39	
9	2370	ATLETA NÃO CADASTRADO	M	0	01:41:47	01:37:56	

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Relatório por Faixas Etárias

M1819

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	22	HUGO COUTINHO	M	19	00:33:23	00:33:20	SPORTING CP
2	1396	VANDERLEY SILVA	M	19	00:35:56	00:35:54	GRUP.DESP.CHELAS
3	23	ARMANDO SILVA	M	18	00:36:17	00:36:17	SPORTING CP
4	1304	AFONSO MOREIRA	M	18	00:36:56	00:36:29	CDUL CENTRO DESP UNIV LISBOA
5	1302	HUGO GIL	M	18	00:37:30	00:37:03	CDUL CENTRO DESP UNIV LISBOA
6	2091	ALEXANDRE SERRANO	M	18	00:38:20	00:38:19	BV MONTEMOR O NOVO
7	1008	DAVID VICENTE	M	18	00:40:06	00:39:58	IND.DESPORTIVO VIEIRENSE
8	4329	PEDRO GIRÃO	M	18	00:40:09	00:39:33	
9	2092	MARIO GRILO	M	18	00:40:31	00:40:25	BV MONTEMOR O NOVO
10	1256	PEDRO VILAVERDE	M	18	00:41:57	00:41:49	LEÕES DA ACADEMIA
11	771	ANTÓNIO CRAVEIRO	M	18	00:43:01	00:42:26	OS BRAVOS
12	4743	RICARDO SILVA	M	19	00:43:20	00:43:18	
13	3670	JOAO ASSUNCAO	M	18	00:43:57	00:42:16	SPORTISEL
14	385	LEONARDO A CABACEIRA	M	18	00:44:03	00:43:07	
15	2093	JOSE DELCA	M	18	00:45:50	00:45:22	BV MONTEMOR O NOVO
16	2913	PEDRO ESTEVES	M	18	00:45:58	00:44:05	
17	4475	JOÃO PERDIZ	M	19	00:46:52	00:45:52	
18	1519	MARTIM COSTA SECO	M	18	00:47:00	00:46:34	
19	60	MIGUEL OLIVEIRA	M	18	00:47:22	00:47:16	MTV
20	3378	OVIDIU PELESCA	M	18	00:48:05	00:44:20	VICENTES
21	4238	ANDRÉ RAFAEL SALGUEIRO ALVES	M	19	00:48:08	00:45:39	
22	2448	PEDRO CARVALHO	M	18	00:48:22	00:45:00	CAROLAS
23	3076	LUIS COSTA	M	18	00:48:22	00:44:53	S. S.P.M.S.J.MADEIRA
24	4650	ANGELO FEIO	M	18	00:49:04	00:48:38	
25	825	JOÃO PEDRO BRETES MENEZES CARIA	M	19	00:49:13	00:49:00	
26	1416	JOSÉ PERES	M	19	00:49:16	00:48:27	
27	1777	RODRIGO DUARTE	M	19	00:49:29	00:48:55	
28	312	FERNANDO G LOUREIRO	M	18	00:49:44	00:49:44	
29	313	MIGUEL D O M SILVA	M	18	00:49:47	00:49:47	
30	728	RICARDO MARTINS	M	19	00:49:50	00:48:14	PÉ DESCALÇO
31	4726	DUARTE CARVALHO	M	19	00:49:59	00:49:30	ZIGGYPEX
32	892	NUNO MIGUEL LOPES GODINHO	M	19	00:50:09	00:48:41	OS PAPA-FIGOS
33	1408	RICARDO MACHADO	M	18	00:50:10	00:49:40	SIR-CONDUTAR
34	4039	TOMÁS CAROÇO	M	18	00:50:12	00:50:12	H TECNIC
35	2134	MIGUEL ANES SOARES	M	19	00:50:14	00:46:49	
36	951	LUIS CUSTODIO	M	18	00:50:29	00:47:09	CLUBE DESPORTIVO RIBEIRENSE
37	1796	MIGUEL CARVALHO	M	18	00:50:29	00:49:07	FALCÕES SELVAGENS
38	732	GABRIEL COSTA	M	18	00:50:37	00:49:06	
39	4505	JOÃO DEUS	M	19	00:51:08	00:50:01	
40	1397	FILIPPE RODRIGUES	M	19	00:51:16	00:50:48	GRUP.DESP.CHELAS

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Relatório por Faixas Etárias

M1819

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	2187	TIAGO SANTO	M	19	00:51:47	00:48:48	C MILLENINUM BCP
42	4016	JORGE MIGUEL NOBRE ROCHA COSTA	M	18	00:52:20	00:52:02	
43	279	JOAO L S M FERREIRA	M	19	00:52:26	00:50:37	
44	1646	JORGE ESPADA	M	19	00:52:28	00:46:43	BARÕES
45	234	JOSE C N DIAS	M	18	00:52:40	00:51:01	
46	4137	PEDRO DIAS	M	18	00:52:43	00:48:50	
47	1652	DANIEL SANTOS	M	19	00:52:44	00:46:57	BARÕES
48	867	RICARDO PALMEIRA	M	18	00:53:26	00:50:07	CLUBE DESPORTIVO RIBEIRENSE
49	1876	GONÇALO LOPES	M	18	00:53:42	00:51:41	CARAPPAUS DE CORRIDA
50	2432	BRUNO BARREIROS	M	19	00:53:43	00:50:55	OS ANDARILHOS
51	2814	ANTÓNIO PESSOA	M	18	00:54:02	00:52:04	
52	4188	JOÃO ROSA	M	18	00:54:07	00:52:07	
53	3418	GUILHERME CANDELÁRIA	M	19	00:54:10	00:54:10	
54	2330	NUNO LOPES	M	18	00:54:23	00:51:32	BARROQUEIROLOPES
55	4140	LUÍS FAUSTINO	M	18	00:54:31	00:52:39	KLENTOS
56	2110	RUBEN TEIMAS	M	19	00:55:12	00:52:45	SPORTING CLUBE SANTANENSE
57	3025	FABIO CARRIÇO	M	18	00:55:45	00:53:00	
58	1266	ANDRÉ RAPOSO	M	18	00:56:10	00:54:35	
59	3248	MIGUEL SILVA	M	18	00:56:34	00:54:14	
60	4293	JORGE SOARES	M	18	00:56:35	00:55:51	OPROTICANTE/CD ASAS DO MILENIU
61	4080	MIGUEL SILVA	M	19	00:56:35	00:55:48	OPROTICANTE/CD ASAS DO MILENIU
62	3016	BERNARDO BRÁS GONÇALVES	M	18	00:57:14	00:53:18	
63	1594	FERNANDO PEDRO	M	19	00:57:28	00:55:36	
64	4634	ANDRÉ FILIPE MOREIRA AGRELA GONÇALVES	M	19	00:57:33	00:55:40	
65	3746	GUILHERME VAZ DA SILVA	M	19	00:59:19	00:56:38	
66	3753	PEDRO CORREIA	M	19	00:59:38	00:58:03	OS AZEITEIROS
67	3230	GONÇALO MARQUES	M	19	01:00:19	00:57:41	WIKABOO
68	1412	DIOGO ALEXANDRE	M	18	01:00:41	00:57:33	SIR-CONDUTAR
69	3665	JORGE SILVA	M	19	01:00:47	00:57:01	
70	1907	RODRIGO COSTA	M	19	01:01:02	01:00:04	AUTO JACINTO
71	230	PEDRO M OLIVEIRA	M	18	01:01:03	00:57:36	PLAY PAINTBALL
72	1651	JOÃO REGO	M	19	01:02:09	00:56:23	BARÕES
73	3946	GONÇALO COSTA	M	19	01:02:18	00:58:03	
74	2181	FRANCISCO RATO	M	19	01:02:54	00:59:33	C MILLENINUM BCP
75	543	FRANCISCO T S GONÇALVES	M	19	01:03:21	01:01:33	
76	4359	MANUEL MANTEIGA	M	19	01:05:07	01:02:01	
77	2183	MIGUEL CARVALHO	M	18	01:05:13	01:02:23	C MILLENINUM BCP
78	2790	RICARDO CRAVIDÃO	M	18	01:05:41	01:03:52	
79	2328	RICARDO LOPES	M	19	01:05:43	01:02:51	BARROQUEIROLOPES
80	3589	FREDERICO MOEDA	M	19	01:05:47	01:03:24	TAGIDE RUNNERS

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Relatório por Faixas Etárias

M1819

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	1477	CARLOS CABACEIRA	M	18	01:06:51	01:03:46	
82	3339	DAVID REIS	M	18	01:07:07	01:05:03	FALCÕES SELVAGENS
83	107	JOAO P C BRIGAS	M	18	01:07:20	01:04:22	
84	1637	JOSÉ MARIA JONET	M	19	01:11:43	01:08:41	
85	1374	DAVID SEBASTIÃO	M	18	01:12:11	01:09:36	VAMOS A TODAS
86	2186	GUILHERME RATO	M	18	01:12:54	01:08:55	C MILLENINUM BCP
87	141	PEDRO ALMEIDA	M	19	01:15:45	01:12:52	
88	275	LUIS A F S C ASTELO	M	18	01:21:08	01:18:07	
89	2489	DIOGO JOÃO RIBEIRO BRANCO	M	19	01:21:55	01:19:00	
90	1324	LUÍS RODRIGUES	M	19	01:23:21	01:19:47	
91	3826	ANDRÉ REFACHO	M	18	01:29:47	01:26:18	
92	2576	MIGUEL BORGES ANASTÁCIO	M	19	01:29:53	01:29:13	CARLA BORGES JARDIM

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Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1631	PEDRO CONCEIÇÃO	M	24	00:32:36	00:32:34	LINDA-A-PASTORA SPORTING CLUBE
2	3830	PEDRO ARSENIO	M	31	00:32:40	00:32:38	CLUBE DE ATLETISMO ODIMARQ
3	4103	PEDRO RIBEIRO	M	25	00:34:20	00:34:20	CUA BENAVENTENSE
4	4102	HENRIQUE SANTOS	M	33	00:34:44	00:34:38	CUA BENAVENTENSE
5	9	JOAO BRAS	M	24	00:34:53	00:34:53	SPORTING CP
6	1271	ANDRÉ FERREIRA	M	33	00:35:03	00:35:02	CR LEÕES DE PORTO SALVO
7	4058	RUI FONTE-BOA	M	23	00:35:13	00:35:11	
8	4465	MARCO GRILEIRO	M	34	00:35:29	00:35:26	AMIGOS ATLETISMO MAFRA
9	4876	DIOGO BAENA	M	30	00:35:34	00:35:29	
10	5024	JOÃO RODRIGUES	M	28	00:35:51	00:35:42	
11	1597	NUNO GRAÇA	M	30	00:35:53	00:35:49	FSG COLLONGE BELLERIVE
12	4405	LUIS SANTOS	M	31	00:35:54	00:35:49	A VALE SILENCIO
13	3828	JOÃO FONTE BOA	M	27	00:35:55	00:35:51	CLUBE DE ATLETISMO ODIMARQ
14	4860	MANUEL MASCARENHAS	M	30	00:35:58	00:35:56	
15	3742	PEDRO MIGUEL CORREIA DIOGO	M	33	00:36:24	00:36:19	
16	4427	NUNO ABREU	M	30	00:36:38	00:36:28	
17	3712	RODRIGO NOIVO	M	31	00:36:52	00:36:47	
18	4715	JOÃO NUNES	M	27	00:37:10	00:37:06	
19	1734	NUNO VAZ	M	30	00:37:29	00:37:24	FALCÕES SELVAGENS
20	4824	ANDRÉ JESUS	M	27	00:37:39	00:37:16	
21	4148	RUI RODRIGUES	M	31	00:37:51	00:37:50	
22	3130	FILIPPE MADEIRA	M	22	00:38:01	00:37:49	
23	1205	NUNO ANDRÉ MOREIRA SOARES	M	31	00:38:05	00:37:57	
24	20	LUIS FEITEIRA	M	30	00:38:10	00:38:08	SPORTING CP
25	3100	NÉLIO CARVALHO	M	33	00:38:20	00:38:18	SCALABIS NIGHT RUNNERS
26	3210	MIHAI TICU	M	21	00:38:38	00:38:38	
27	1757	RICARDO SANTOS	M	33	00:38:42	00:38:36	RUN-VOLUTION TEAM
28	3124	MARIO FERREIRA	M	32	00:38:43	00:38:34	GARMIN CO OEIRAS
29	27	NUNO SANTOS	M	25	00:38:45	00:38:43	SPORTING CP
30	481	PEDRO AMIGO	M	24	00:38:51	00:38:35	BELLISSIMUS CAFÉ
31	4525	RUI HENRIQUES	M	34	00:38:54	00:38:51	SS MONTEPIO GERAL
32	2138	ARTUR J ANTUNES	M	24	00:38:55	00:38:50	RB RUNNING/CARTAXEIRO
33	1088	PEDRO FILIPE GARCIA LOPES	M	23	00:39:12	00:39:05	
34	873	FÁBIO DURÃO	M	25	00:39:12	00:38:56	CLUBE DESPORTIVO RIBEIRENSE
35	3406	PEDRO GOMES	M	24	00:39:19	00:39:18	
36	2210	FLÁVIO CRISTOVÃO	M	26	00:39:22	00:39:12	
37	4907	JOAO DANIEL FERREIRA	M	27	00:39:30	00:38:54	G D JOANINHAS LEIAO
38	2736	HÉLDER SOARES	M	25	00:39:35	00:39:11	
39	1456	MÁRCIO JOSÉ OLIVEIRA SANTOS	M	34	00:39:46	00:39:33	
40	4638	HUGO SILVA	M	27	00:40:02	00:39:57	

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Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	4064	PEDRO PALMA	M	23	00:40:02	00:39:51	
42	669	FILIFE MORAIS	M	23	00:40:05	00:39:31	N SPORTINGUISTA AZEITAO
43	3097	JOÃO MADEIRA	M	21	00:40:14	00:39:41	SCALABIS NIGHT RUNNERS
44	3360	JOÃO GIL	M	26	00:40:18	00:39:34	FALCÕES SELVAGENS
45	3046	ANDRÉ FILIFE CANADAS SILVA	M	22	00:40:18	00:39:54	
46	2208	ALFREDO GUALDINO	M	22	00:40:20	00:39:50	COAC
47	1147	RICARDO AZEVEDO	M	20	00:40:36	00:40:34	MONTERO RUNNING TEAM
48	4010	ALBERTO DEL CASTILLO RAMOS	M	22	00:40:36	00:40:32	
49	3168	PEDRO GONÇALVES	M	31	00:40:36	00:40:28	
50	1908	OSCAR DIAS	M	30	00:40:40	00:40:07	AUTO JACINTO
51	759	LUIS CARDOSO	M	25	00:40:40	00:40:40	
52	1067	NUNO MENDES	M	31	00:40:45	00:40:28	C.C.R.D.BURINHOSA
53	3156	RICARDO XAVIER	M	29	00:40:46	00:40:39	
54	1155	FERNANDO ANDRADE	M	34	00:40:49	00:40:26	
55	4852	FABIO PASSOS	M	27	00:40:54	00:40:45	GD SANTANDER TOTTA
56	4106	JOSÉ JORGE DA COSTA PÔRTO MOTA	M	26	00:40:54	00:40:35	COMANDO C
57	3031	DANIEL FILIFE CAIADO DURÃO	M	20	00:40:55	00:40:36	
58	2650	DIOGO LEAL	M	26	00:40:56	00:40:31	RUN4FUN
59	4997	ANTÓNIO JOSÉ MOREIRA ARAÚJO	M	28	00:41:07	00:40:48	
60	4312	BRUNO MIGUEL FARINHA DA SILVA	M	23	00:41:09	00:40:36	
61	3240	PEDRO MIRA MARTINS	M	31	00:41:12	00:41:12	
62	1071	RUBEN FERREIRA	M	20	00:41:17	00:41:17	C.C.R.D.BURINHOSA
63	2669	ARMANDO CORREIA	M	31	00:41:23	00:41:15	SC CASAINHOS
64	4095	RUI PEDRO LOPES DA SILVA	M	28	00:41:25	00:41:05	
65	1905	EDGAR JACINTO	M	27	00:41:27	00:40:28	AUTO JACINTO
66	2129	MIGUEL GUALDINO	M	26	00:41:27	00:40:55	COAC
67	1915	FREDY HENRIQUES	M	26	00:41:29	00:40:46	OS PADEIROS
68	2037	ANTONIO MASSANO	M	31	00:41:30	00:41:01	C MILLENINUM BCP
69	1750	BRUNO SAFARA	M	32	00:41:30	00:40:53	
70	4524	TIAGO SA	M	28	00:41:31	00:41:17	AMIGOS ATLETISMO MAFRA
71	1367	JOÃO EDUARDO DA SILVA DOMINGUES MENDONÇA	M	22	00:41:32	00:40:43	
72	1837	LUIS ALVES	M	33	00:41:34	00:41:29	
73	2868	RODRIGO MANUEL TORGAL DA CONCEICAO	M	33	00:41:38	00:41:36	SCALABIS NIGHT RUNNERS
74	1665	NUNO LOPES	M	34	00:41:40	00:41:37	INDIVIDUAL
75	3620	HELDER VAZ	M	33	00:41:49	00:41:32	CCD SINTRENSE
76	359	JOSE C RIBEIRO	M	23	00:41:49	00:41:39	
77	1495	TIAGO VERMELHO	M	28	00:41:54	00:41:52	CARRASCO & AMIGOS
78	161	MARCOS RAMALHEIRA	M	24	00:42:02	00:41:12	
79	4190	RENATO	M	22	00:42:09	00:41:50	
80	3422	PEDRO SIMÕES	M	34	00:42:13	00:41:13	

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Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	4246	JOSÉ MESTRE	M	22	00:42:22	00:42:19	
82	4768	LICÍNIO MATOS	M	31	00:42:27	00:42:17	
83	4014	FABIO JOSÉ SIMÕES FIDALGO	M	23	00:42:33	00:42:16	
84	1033	HENRIQUE SILVA	M	29	00:42:42	00:42:07	ASAS NOS PÉS
85	1391	JOÃO CATALÃO	M	27	00:42:45	00:42:01	RAIL RUNNERS
86	3334	RICARDO FERREIRA	M	30	00:42:56	00:42:34	
87	769	ANDRÉ VARANDA	M	25	00:43:01	00:42:26	OS BRAVOS
88	3690	JOÃO PAULO	M	34	00:43:03	00:42:29	
89	466	PAULO SOUSA	M	23	00:43:04	00:42:52	N SPORTINGUISTA LEOES AZEITAO
90	4325	MIGUEL RODRIGUES	M	28	00:43:05	00:43:05	
91	3788	MANUEL ALVES	M	32	00:43:07	00:42:59	
92	1571	FABIO PEREIRA	M	21	00:43:08	00:42:40	SC CASAINHOS
93	282	JOSE R M CIPRIANO	M	29	00:43:09	00:42:35	
94	1582	RICARDO LOPES ALVES	M	30	00:43:09	00:42:31	AÇOREANA CLUBE BANIF
95	758	BRUNO LEITÃO	M	27	00:43:11	00:42:27	OS PADEIROS
96	1262	ANDRÉ GUERREIRO	M	21	00:43:15	00:42:58	
97	4623	RUBEN PIRES	M	28	00:43:22	00:42:22	
98	1276	RUBEN JOSE CAMACHO	M	27	00:43:23	00:43:06	
99	1299	LUÍS MIGUEL RODRIGUES ALVES	M	23	00:43:26	00:42:58	
100	635	DANIEL ZAMBUJO	M	22	00:43:35	00:42:35	N SPORTINGUISTA V NOVAS
101	1942	FILIPPE PARDAL	M	31	00:43:41	00:40:44	
102	1863	VITOR AFONSO	M	23	00:43:44	00:42:29	
103	3291	RICARDO MORGADO	M	33	00:43:51	00:43:15	
104	3286	ARNALDO GRAÇA	M	30	00:43:51	00:43:15	
105	2758	EMANUEL CARVALHO	M	31	00:43:56	00:43:44	
106	4815	DIOGO PIRES	M	28	00:44:00	00:43:10	
107	4766	RAUL TOMÁS	M	27	00:44:00	00:43:15	
108	220	FRANCISCO FREIRE	M	33	00:44:02	00:42:50	GD BANCO BPI
109	1434	TELMO NOGUEIRA	M	29	00:44:03	00:42:46	FLASH TEAM
110	3238	JOÃO LOBO	M	27	00:44:03	00:43:53	
111	4576	TIAGO AMADO	M	31	00:44:05	00:43:26	
112	3977	EMANUEL SILVA	M	25	00:44:06	00:44:06	
113	482	BRUNO EUSEBIO	M	33	00:44:12	00:43:51	BELLISSIMUS CAFÉ
114	1319	VITOR PEREIRA	M	26	00:44:16	00:43:41	
115	1720	HÉLDER REIS	M	29	00:44:16	00:43:32	GENERAL CABLE CELCAT
116	2791	JOÃO MIGUEL OLIVEIRA LEITE	M	23	00:44:20	00:43:18	
117	3617	RODRIGO CORREIA	M	34	00:44:22	00:43:39	CCD SINTRENSE
118	293	FRANCISCO ANTUNES	M	23	00:44:26	00:43:52	ESTABIL.PT
119	2859	MIGUEL RAMALHO	M	32	00:44:27	00:44:13	VALADARES
120	678	JOAO M B SILVA	M	28	00:44:28	00:42:54	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	2921	JOÃO MIRANDA	M	26	00:44:32	00:43:38	
122	4692	RICARDO CUNHA	M	27	00:44:34	00:43:37	
123	4925	NUNO ESPAÑA	M	31	00:44:37	00:44:29	LIGA DO PALPITE
124	2345	ANDRÉ OLIVEIRA	M	27	00:44:39	00:44:23	
125	2697	NUNO LIMA	M	27	00:44:41	00:44:24	
126	2792	HUGO ENCARNAÇÃO	M	26	00:44:48	00:44:29	
127	1482	EDUARDO SANTOS	M	34	00:44:50	00:44:38	VFF 1896
128	146	BRUNO M P RIBEIRO	M	28	00:44:51	00:44:13	
129	1139	DAVID MARTINS	M	31	00:44:52	00:43:43	CARRASCO & AMIGOS
130	1702	JOÃO BRANCO	M	32	00:44:52	00:44:26	RUN MOTA
131	4224	NOEL SARREIRA	M	33	00:44:54	00:43:59	POPAPNEUS
132	1626	ANDRÉ HENRIQUES	M	25	00:44:54	00:43:50	
133	4513	JOÃO BELTRÃO	M	33	00:44:56	00:43:34	PERNAS DE GAFANHOTO
134	3009	TIAGO TELES	M	29	00:44:59	00:44:28	NUCLEO DESPORTIVO AUTOCOOPE
135	2988	BRUNO LOPES	M	32	00:45:03	00:44:46	AMIGOS ATLETISMO MAFRA
136	1599	MATHEUS ALMEIDA	M	31	00:45:05	00:44:26	FSG COLLONGE BELLERIVE
137	1920	JOÃO PINTO	M	20	00:45:05	00:44:35	
138	4935	PEDRO DE CARVALHO	M	20	00:45:07	00:44:49	
139	2587	PEDRO CHAVES	M	30	00:45:09	00:43:52	ALCES E TRANEIRAS
140	4652	CARLOS ASSEICEIRA	M	29	00:45:11	00:45:11	
141	3489	RUI SILVA	M	32	00:45:12	00:43:45	SILVAS
142	5018	PETER PITREZ	M	34	00:45:15	00:44:26	PITREZ RUNNING
143	4625	RUBEN GRAVANITA	M	28	00:45:16	00:44:15	
144	3654	BRUNO RIBEIRO	M	33	00:45:19	00:44:23	KANINOS
145	2660	CARLOS GRACIOSO	M	30	00:45:24	00:44:53	
146	1068	RUBEN SOARES	M	30	00:45:29	00:45:06	C.C.R.D.BURINHOSA
147	1244	RODRIGO ALMEIDA	M	34	00:45:34	00:45:01	CLUBE GRUPO BES
148	2916	RICARDO PEDRO	M	28	00:45:35	00:45:01	
149	4567	GHEORGHE TICU	M	23	00:45:36	00:44:34	
150	4182	LUÍS FILIPE MOTA	M	32	00:45:37	00:45:12	
151	1390	SÉRGIO CARVALHO	M	31	00:45:37	00:45:00	RAIL RUNNERS
152	1912	HUMBERTO LUIS	M	31	00:45:45	00:44:27	AUTO JACINTO
153	296	CARLOS F RODA	M	32	00:45:46	00:44:54	
154	2939	EDUARDO LUÍS DOS SANTOS RIBEIRO	M	29	00:45:47	00:44:56	
155	2469	RICARDO FERREIRA ALVES	M	31	00:45:49	00:45:27	CLUBE COLABORADORES AXA
156	3341	HUGO DÓRIA	M	29	00:45:52	00:45:09	
157	2395	PAULO CARÔCO	M	33	00:45:56	00:44:28	FAIÃO RUNNING TEAM
158	3884	PEDRO MIGUEL CORREIA VIEIRA	M	34	00:45:59	00:45:56	
159	1715	NUNO SERRÃO	M	30	00:46:02	00:45:04	
160	4981	NUNO DIAS	M	23	00:46:03	00:45:01	

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161	4018	JOÃO MATIAS	M	29	00:46:04	00:45:28	LA SURENA
162	1157	HELDER VALADAS	M	33	00:46:05	00:45:43	OS PERIGOSOS
163	4282	RUI INÁCIO	M	34	00:46:09	00:44:56	COMANDO C
164	1371	VITOR NUNES	M	28	00:46:09	00:44:47	
165	4354	BRUNO GONÇALVES	M	21	00:46:11	00:44:34	
166	3480	JOEL GOMES RESENDE	M	30	00:46:11	00:45:37	CANHÕES DA NAZARÉ/CAN
167	1512	MARCO RAFAEL MARTINHO CATARRO	M	30	00:46:14	00:45:53	
168	4067	GONÇALO LAGE	M	33	00:46:23	00:44:50	
169	1605	JOÃO PEDRO SIMÕES	M	32	00:46:24	00:45:26	
170	1060	MAURÍCIO RODRIGUES	M	34	00:46:25	00:46:10	
171	1212	HÉLDER ALVES	M	26	00:46:25	00:45:49	
172	186	DANIEL J P P ALMEIDA	M	29	00:46:27	00:46:27	
173	697	A4PEDRO M VIEGAS	M	33	00:46:27	00:45:47	
174	3206	MARCOS VARIZ	M	34	00:46:28	00:46:27	LINDA-A-PASTORA SPORTING CLUBE
175	2619	MAARIO NORAS	M	34	00:46:30	00:45:46	
176	2555	ROGÉRIO JARDIM	M	33	00:46:32	00:46:06	
177	2958	JOAO COSTA	M	25	00:46:32	00:45:19	
178	3207	RUI GOMES	M	32	00:46:33	00:46:12	
179	942	TIAGO ALVES	M	30	00:46:33	00:45:38	
180	432	MANUEL A COUTINHO	M	34	00:46:34	00:46:23	
181	3091	JOÃO JOSÉ FERNANDES	M	32	00:46:35	00:46:17	
182	2540	PEDRO PINHO	M	34	00:46:35	00:45:35	
183	2343	DIOGO LIMA NICOLAU	M	20	00:46:36	00:45:21	
184	4994	IVAN ALVES GOMES DA SILVA	M	33	00:46:37	00:45:33	
185	4861	JOÃO BRANCO	M	33	00:46:40	00:46:15	
186	1461	NUNO CUNHA	M	34	00:46:41	00:46:04	
187	1274	PAULO ALVES	M	29	00:46:43	00:45:45	
188	4303	NUNO DAMIAES	M	32	00:46:44	00:46:06	GD SANTANDER TOTTA
189	2412	LUÍS ROSADO	M	26	00:46:44	00:46:21	FAMÍLIA ROSADO
190	1763	HUGO SEQUEIRA	M	33	00:46:47	00:45:29	RUN-VOLUTION TEAM
191	2331	ANDRÉ FRANCISCO	M	25	00:46:50	00:46:50	
192	2333	DIOGO PINTO	M	23	00:46:50	00:46:09	
193	3222	MANUEL TIAGO PEREIRA	M	27	00:46:57	00:46:43	GL HF
194	3212	HUGO AGUA	M	29	00:46:58	00:45:57	COAC
195	4980	TIAGO GAMA	M	32	00:47:08	00:44:38	
196	4116	CARLOS BARROS	M	32	00:47:09	00:46:45	
197	3509	FILIPPE MENDONÇA	M	31	00:47:10	00:46:11	
198	4263	ANDRÉ ANDRADE DE MELO	M	33	00:47:10	00:47:10	
199	4350	DAVID LUCAS	M	26	00:47:11	00:46:25	
200	1862	PAULO MONTEIRO	M	32	00:47:14	00:46:54	

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201	681	TIAGO M L SAMPAIO	M	20	00:47:14	00:46:57	
202	143	TIAGO F R DIONISIO	M	23	00:47:15	00:44:22	
203	436	ANTONIO MP CAPELAO	M	33	00:47:16	00:47:00	
204	1689	HUGO MARTINS	M	34	00:47:17	00:46:35	TOCA DO LEÃO
205	4169	TELMO VELEZ	M	28	00:47:17	00:47:17	
206	1238	PEDRO SANGUINO	M	30	00:47:20	00:46:03	CLUBE GRUPO BES
207	56	SAMUEL REIS	M	32	00:47:24	00:47:14	MTV
208	1217	DAVID RODRIGUES	M	29	00:47:26	00:46:47	
209	4479	TIAGO FERREIRA	M	34	00:47:27	00:45:50	
210	5017	HUGO PINHEIRO	M	33	00:47:28	00:47:08	
211	1216	TIAGO LUCAS	M	28	00:47:29	00:46:51	
212	2204	PEDRO GAGLIARDINI GRAÇA	M	25	00:47:29	00:45:57	
213	254	ANDRE M BARBOSA	M	30	00:47:30	00:46:39	
214	707	NUNO C CARVALHO	M	30	00:47:33	00:45:57	
215	2867	RODRIGO FONSECA FERREIRA	M	34	00:47:36	00:47:22	SCALABIS NIGHT RUNNERS
216	4936	HELDER SANTOS	M	31	00:47:37	00:46:19	
217	4065	RODRIGO SILVA	M	33	00:47:37	00:47:20	
218	4286	JOÃO GIRÃO	M	25	00:47:40	00:46:31	PERNAS DE GAFANHOTO
219	4340	JOÃO MATOS	M	23	00:47:45	00:46:33	
220	2641	DIOGO OLIVEIRA	M	23	00:47:47	00:46:39	
221	690	SERGIO L C RODRIGUES	M	34	00:47:49	00:47:19	
222	1681	ANTONIO AZEVEDO	M	31	00:47:51	00:47:21	
223	1682	JOSÉ A. AZEVEDO	M	31	00:47:52	00:47:24	
224	4783	TIAGO MATOS	M	24	00:47:55	00:47:41	
225	1856	RICARDO CONCEIÇÃO	M	28	00:47:56	00:45:21	LOURDETE PERFUMARIAS
226	3211	RUI DUARTE	M	32	00:47:58	00:47:27	CARACÓIS DE PEDRA
227	3061	BRUNO VALE PAULOS	M	26	00:47:59	00:46:37	
228	3832	JOAO PEDRO FERREIRA DOS SANTOS TABORDA	M	28	00:48:00	00:46:58	
229	2513	JOSÉ GARCIA	M	34	00:48:00	00:47:28	
230	534	NUNO SILVA	M	21	00:48:00	00:45:47	
231	3260	ISRAEL ALEXANDRE DOMINGOS DIAS	M	33	00:48:00	00:47:28	
232	2603	HUGO QUENTAL	M	25	00:48:01	00:47:35	
233	3653	MARCO CACHINHO	M	33	00:48:04	00:47:07	KANINOS
234	3626	JOÃO MANUEL VIEIRA ALEXANDRE	M	24	00:48:05	00:46:10	
235	2518	RENATO CONSTÂNCIO	M	27	00:48:06	00:47:41	RUN4FUN
236	4689	PEDRO PIMENTA	M	34	00:48:07	00:47:07	
237	1366	DIOGO JOSÉ ALVES MIRANDA	M	22	00:48:08	00:47:18	
238	1666	MANUEL LOPES	M	34	00:48:09	00:48:03	C FERROV PORTUGAL
239	4055	DANIEL GONÇALVES	M	30	00:48:09	00:44:16	LEÕES DE TUNES
240	3252	HUGO COSTA	M	29	00:48:10	00:47:20	

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241	3121	JOÃO PINTO	M	26	00:48:10	00:47:26	ZONA T
242	1051	DAVID FILIPA GASPAR PEREIRA	M	27	00:48:11	00:47:25	
243	516	MANUEL J A D A FERNANDES	M	20	00:48:12	00:47:00	
244	4406	LUÍS RIBEIRO	M	33	00:48:17	00:47:58	
245	2417	BRUNO PALMA	M	30	00:48:19	00:47:57	BP&AP
246	731	PAULO RAMOS	M	32	00:48:21	00:47:37	
247	3169	DANIEL FEITEIRONA	M	31	00:48:21	00:47:28	
248	2917	ERIK WENNBERG	M	25	00:48:21	00:47:46	
249	691	BRUNO M P RIBEIRO	M	34	00:48:23	00:45:19	
250	4823	TELMO VAZ	M	28	00:48:28	00:48:06	
251	4772	PEDRO PEREIRA	M	25	00:48:28	00:47:05	
252	219	JORGE ATALAIA	M	32	00:48:33	00:47:40	GD BANCO BPI
253	442	PEDRO PAIVA	M	26	00:48:34	00:47:44	
254	3906	SÉRGIO GOMES	M	24	00:48:34	00:47:29	
255	2509	PAULO COSTA	M	34	00:48:36	00:47:38	
256	349	JOAO PARREIRA	M	34	00:48:38	00:46:58	N SPORTINGUISTA LOURES
257	2816	HONORATO MOURA	M	33	00:48:38	00:48:32	CCD METROLISBOA
258	1223	ANDRÉ PEREIRA	M	28	00:48:52	00:46:40	
259	4278	FILIFE PINTO	M	28	00:48:59	00:47:38	GD SANTANDER TOTTA
260	1459	RUI EDGAR PINHEIRO DA SILVA	M	33	00:49:03	00:48:38	
261	1832	DANIEL FITAS	M	29	00:49:03	00:48:17	
262	1999	ADRIANO LUZ	M	25	00:49:05	00:46:35	NÚCLEO SPORTINGUISTA DE SINES
263	1803	TIAGO OLIVEIRA	M	31	00:49:06	00:48:45	
264	2434	ÉLIO FIGUEIREDO	M	27	00:49:09	00:46:21	OS ANDARILHOS
265	1877	RUI PARENTE	M	27	00:49:09	00:48:14	
266	4938	TIAGO TAVARES	M	33	00:49:10	00:48:22	
267	1748	VINCENT JOSÉ CHAMUSQUEIRO QUERÉ	M	26	00:49:10	00:47:22	PERNETAS
268	1931	TIAGO TEODORO	M	30	00:49:11	00:48:13	AUTO JACINTO
269	2429	BRUNO CAMPOS	M	30	00:49:14	00:47:50	CCD AUT ALMADA
270	1344	RICARDO ROSA	M	32	00:49:14	00:48:40	
271	2236	PAULO PATATAS	M	34	00:49:17	00:48:33	
272	977	PAULO S GOMES	M	26	00:49:21	00:46:52	G. D. PORTO DE SINES
273	3503	RICARDO FIGUEIRA	M	27	00:49:21	00:48:20	
274	1735	RUI SA	M	32	00:49:22	00:48:55	
275	1961	TIAGO GUERREIRO	M	24	00:49:22	00:46:50	NÚCLEO SPORTINGUISTA DE SINES
276	3220	ANTONIO SOUSA	M	32	00:49:23	00:48:08	SS MONTEPIO GERAL
277	898	ALBERTO JORGE SILVA	M	34	00:49:23	00:48:24	
278	1350	JORGE DINIS	M	26	00:49:25	00:48:28	
279	4977	JOÃO SILVA	M	26	00:49:25	00:48:40	
280	4867	ANTÓNIO ALVES	M	20	00:49:27	00:49:12	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
281	3769	FREDERICO COSTA	M	29	00:49:28	00:48:43	
282	1788	LUÍS ALEXANDRE FARIA GOMES	M	28	00:49:30	00:46:56	
283	1351	VITOR SERRA	M	25	00:49:31	00:48:34	
284	3502	GONÇALO BASTOS	M	28	00:49:32	00:48:30	
285	4918	ANDRÉ CYMBRON	M	34	00:49:32	00:48:59	
286	3276	FILIPE ALMEIDA	M	32	00:49:33	00:48:34	
287	3218	GONÇALO NUNO DOS SANTOS LOPES PEREIRA	M	34	00:49:36	00:48:02	
288	1693	EDUARDO PINTO	M	29	00:49:37	00:49:19	
289	178	JOAO LOBO	M	30	00:49:38	00:46:34	GRUPO MARADONA
290	2943	DIOGO FILIPE MATOS RODRIGUES	M	31	00:49:38	00:49:20	
291	3471	ANDRÉ MARTINS	M	28	00:49:42	00:49:05	
292	3376	LUÍS ISIDORO	M	30	00:49:45	00:49:22	
293	3182	RUBEN COELHO	M	22	00:49:46	00:46:37	SEMP'ABRIR
294	3798	EURICO CONDUTO	M	30	00:49:46	00:48:07	
295	2308	DUARTE NOBRE	M	21	00:49:47	00:47:53	
296	687	JOAO E T SILVA	M	25	00:49:48	00:47:52	
297	4015	MIGUEL MAMEDE	M	25	00:49:51	00:48:28	
298	1386	RICARDO CEBOLA	M	30	00:49:53	00:49:50	UNIDOS DA MANUTENÇÃO
299	1034	JORGE GONÇALVES	M	28	00:49:55	00:46:52	
300	1261	TIAGO CORREIA	M	32	00:49:55	00:48:46	
301	1376	NELSON GONÇALVES ALVES	M	30	00:49:57	00:49:41	
302	5023	JOÃO SIMÕES	M	34	00:49:58	00:48:35	PT RUNNER CLUB
303	1762	PAULO REIS	M	33	00:50:00	00:48:42	RUN-VOLUTION TEAM
304	194	RUI GOMES	M	31	00:50:05	00:48:50	BRIGADA ULTRAS SPORTING
305	627	JOAO FRADE	M	33	00:50:06	00:50:06	N SPORTINGUISTA V NOVAS
306	1559	RICARDO DUQUE LOPES	M	33	00:50:07	00:49:46	CORRE@CORRER
307	3716	TIAGO PEIXE	M	34	00:50:08	00:48:54	CCC MADURAGEM
308	2069	BRUNO COELHO	M	28	00:50:08	00:49:58	
309	3610	NUNO ANASTÁCIO	M	34	00:50:08	00:49:26	CCD SINTRENSE
310	2787	DUARTE CARDOSO	M	20	00:50:09	00:49:40	LEÕES DA ACADEMIA
311	5031	DANIEL AZEVEDO PORTELA	M	30	00:50:09	00:49:59	
312	4879	CARLOS BEITES	M	31	00:50:11	00:49:48	
313	2135	DIOGO BREHM	M	20	00:50:12	00:46:48	
314	3909	JORGE FERREIRA	M	25	00:50:14	00:49:10	
315	3228	ADRIANO PIMENTEL	M	31	00:50:18	00:49:48	CARACÓIS DE PEDRA
316	4905	TIAGO NEVES	M	23	00:50:18	00:48:52	
317	2878	JC MORAIS	M	23	00:50:20	00:48:55	GRUPO DESPORTIVO SERVICONTABIL
318	4984	JOÃO MARTINS	M	33	00:50:20	00:49:59	
319	4730	RICARDO MARQUES	M	25	00:50:21	00:48:57	
320	2851	OCTÁVIO CUNHA	M	24	00:50:25	00:49:20	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
321	3006	JOEL NUNES	M	30	00:50:25	00:47:04	
322	852	TELMO CARREIRA	M	30	00:50:27	00:49:17	
323	1760	GUILHERME PACHECO	M	26	00:50:30	00:49:12	RUN-VOLUTION TEAM
324	3225	JOSÉ COELHO	M	28	00:50:30	00:50:18	GL HF
325	1764	EDUARDO PINTO	M	32	00:50:31	00:49:12	RUN-VOLUTION TEAM
326	4452	ANDRÉ MENDONÇA	M	30	00:50:31	00:49:07	
327	1909	NUNO RAFAEL	M	33	00:50:32	00:49:13	AUTO JACINTO
328	3403	JOSE MIGUEL CARVALHO NUNES	M	34	00:50:36	00:48:36	
329	3919	ARMADO LEANDRO	M	29	00:50:39	00:49:37	SEGURA-TE LURDES
330	1745	HUGO ANDRÉ SOUSA MATIAS	M	24	00:50:39	00:48:52	PERNETAS
331	2579	NELSON AMARANTO VICTÓRIA MONTEIRO	M	25	00:50:39	00:49:30	
332	4930	JOAO NABAIS	M	29	00:50:42	00:50:02	
333	3325	NUNO ENES	M	27	00:50:44	00:50:23	WIKABOO
334	1829	PAULO FERNANDES	M	27	00:50:49	00:46:47	EXNFSC
335	4807	JOSÉ PEDRO RIBEIRO	M	33	00:50:53	00:48:04	
336	4518	JOÃO GONÇALVES	M	26	00:50:56	00:48:08	
337	3176	TIAGO CARVALHO	M	28	00:50:56	00:50:03	
338	703	HUGO G A FERNANDES	M	32	00:50:57	00:49:45	
339	1667	CLAUDIO GONCALVES	M	31	00:50:57	00:49:50	
340	679	JOAO P S BORGES	M	27	00:50:57	00:49:50	
341	2600	FREDERICO MARCELINO	M	33	00:50:58	00:49:32	
342	2477	MARCO RODRIGUES	M	34	00:51:00	00:49:31	GDCT UNICRE
343	136	FILIPPE MARQUES	M	28	00:51:00	00:50:22	
344	712	SÉRGIO LOBATO	M	30	00:51:00	00:49:51	
345	3929	EUCLIDES JUSTINO MENDES SOARES	M	24	00:51:02	00:49:14	
346	853	SÉRGIO FERREIRA	M	28	00:51:03	00:49:53	
347	2353	DAVID INFANTE	M	32	00:51:04	00:49:40	GARAGE TEAM
348	1364	JOÃO RAIMUNDO	M	31	00:51:04	00:49:40	TARTARUGAS IMPARÁVEIS
349	963	MILTON RODRIGUES	M	27	00:51:05	00:49:50	
350	1501	FERNANDO CARVALHÃO	M	33	00:51:05	00:49:45	
351	3662	JOÃO BARREIRA	M	26	00:51:11	00:51:11	
352	3444	FÁBIO VICTORINO	M	25	00:51:11	00:51:11	
353	200	JOAO M M LEITE	M	28	00:51:12	00:49:30	
354	133	VITOR VILHENA	M	28	00:51:14	00:50:36	
355	253	HUGO F BARBOSA	M	33	00:51:14	00:50:23	
356	3504	ALBERTO SILVA	M	34	00:51:15	00:50:15	
357	4574	TIAGO MIRA	M	32	00:51:18	00:50:18	
358	252	MASAYUKI KIBE	M	34	00:51:18	00:49:12	
359	4313	MIGUEL FRAGOSO	M	23	00:51:19	00:47:18	
360	2223	MIGUEL CARTÓ	M	32	00:51:23	00:50:27	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
361	3068	RUI COSTA	M	27	00:51:24	00:50:09	
362	3550	FRANCISCO PEREIRA	M	20	00:51:25	00:49:54	
363	3724	MOISES GARCIA	M	32	00:51:28	00:50:25	
364	1934	MANUEL PEREIRA	M	31	00:51:29	00:51:11	
365	2656	RUI ROSA	M	26	00:51:30	00:49:39	AFO
366	2950	ANTÓNIO LEITÃO AMARO	M	33	00:51:30	00:50:14	
367	2601	HUGO LOPES	M	26	00:51:30	00:50:02	
368	1438	HUGO ANGELO	M	33	00:51:31	00:47:26	
369	2992	EDGAR GUILHOTO ALVES	M	20	00:51:32	00:51:21	
370	2704	BRUNO LOUÇÃO	M	32	00:51:34	00:49:23	SPEEDY
371	3445	JOÃO CHAMBEL	M	28	00:51:39	00:50:52	FORÇA BRUTAL
372	528	ULISSES F M R FRANCO	M	29	00:51:40	00:47:55	
373	2673	TIAGO FREITAS	M	31	00:51:40	00:50:11	AFO
374	1983	NUNO MENDES	M	31	00:51:45	00:49:59	KEEP CALM & XORA
375	4183	TIAGO RUIVO	M	23	00:51:46	00:49:47	
376	4492	EDUARDO COELHO	M	31	00:51:49	00:49:51	ADRC MATA DE BENFICA
377	1747	LUIS CARLOS TAVARES	M	25	00:51:50	00:50:02	PERNETAS
378	4076	CARLOS ALEXANDRE LAPA SIMÕES	M	34	00:51:50	00:48:59	
379	2840	FÁBIO MARTINS	M	28	00:51:54	00:51:09	
380	364	NUNO M P FERNANDES	M	29	00:51:57	00:49:58	
381	1134	TIAGO GOUVEIA	M	34	00:51:59	00:49:24	
382	1556	PEDRO LAGE	M	32	00:52:00	00:49:24	NA BOA
383	2544	GONÇALO SILVA	M	33	00:52:01	00:48:23	
384	514	RUBEN P L FERNANDES	M	32	00:52:03	00:50:56	
385	4511	FILIPE TORRES PAULO	M	34	00:52:05	00:50:41	PERNAS DE GAFANHOTO
386	3425	JOÃO BRANCO	M	32	00:52:06	00:50:48	
387	1687	DIOGO GONCALVES	M	32	00:52:07	00:51:23	TOCA DO LEÃO
388	2588	EDUARDO BOTELHO	M	26	00:52:12	00:50:56	ALCES E TRANEIRAS
389	970	SÉRGIO SANTOS	M	31	00:52:13	00:50:16	
390	1294	TIAGO PAULA	M	29	00:52:13	00:50:51	
391	2754	RICARDO BOTELHO CORREIA	M	29	00:52:15	00:49:06	
392	878	JOÃO TEIXEIRA MARQUES	M	20	00:52:17	00:51:47	
393	3282	HUGO REGO	M	32	00:52:19	00:50:10	CARAÍBAS EVENTOS
394	637	DANIEL RODRIGUES	M	33	00:52:21	00:50:03	
395	2997	SÉRGIO GALÓ	M	33	00:52:21	00:52:21	
396	4527	AVELINO ALVES	M	33	00:52:22	00:51:21	
397	938	BRUNO ALMEIDA DA SILVA	M	27	00:52:23	00:50:13	
398	2028	PEDRO D M FONTES	M	20	00:52:26	00:51:39	C MILLENINUM BCP
399	2936	JORGE CARLOS SIMÕES COSTA	M	34	00:52:26	00:51:04	
400	2206	JOÃO GRILO	M	32	00:52:26	00:50:53	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
401	5032	RICARDO UMEYAMA	M	33	00:52:27	00:51:12	
402	642	PEDRO FERREIRA	M	31	00:52:27	00:50:25	
403	2813	PEDRO MALAQUIAS	M	33	00:52:28	00:51:11	
404	173	BRUNO LOBO	M	34	00:52:29	00:49:25	GRUPO MARADONA
405	4813	FILIPE CAMPOS	M	23	00:52:30	00:52:07	
406	440	RUI M E S MORAIS	M	33	00:52:33	00:49:07	
407	189	PEDRO BATISTA	M	25	00:52:37	00:51:22	BRIGADA ULTRAS SPORTING
408	3928	ANDRE DAMAS	M	25	00:52:38	00:51:05	
409	3983	RICARDO JOÃO MARTINS NUNES	M	33	00:52:46	00:50:34	
410	2350	ANDRÉ INFANTE	M	21	00:52:46	00:51:25	GARAGE TEAM
411	2721	SÉRGIO TEIXEIRA	M	25	00:52:46	00:52:33	
412	367	LUIS M F P LOUREIRO	M	21	00:52:49	00:51:37	
413	715	FAUSTO CARVALHO	M	33	00:52:50	00:51:15	
414	658	PEDRO FERNANDES	M	33	00:52:50	00:50:03	N SPORTINGUISTA C MAFRA
415	709	FILIPE SOUSA	M	27	00:52:51	00:52:37	TORCIDA VERDE LAMEIRAS
416	2205	JOÃO MARQUES	M	22	00:52:52	00:51:17	
417	2558	PEDRO SANTIAGO	M	30	00:52:52	00:50:25	
418	2852	JOÃO FERREIRA	M	25	00:52:55	00:48:48	TIMON E PUMBAS
419	1057	BRUNO MOTA	M	28	00:52:57	00:51:20	
420	3899	VALTER NUNES	M	32	00:53:02	00:51:37	SPEEDY
421	535	MARIO R D LOBEIRO	M	30	00:53:04	00:52:28	
422	2632	RODRIGO COSTEIRA	M	32	00:53:05	00:50:36	
423	651	ARTUR ALMEIDA	M	32	00:53:05	00:51:02	IONDIVIDUAL
424	2594	FRANCISCO CACHULO	M	34	00:53:08	00:49:49	
425	3739	PEDRO PEREIRA	M	33	00:53:13	00:50:33	
426	211	BRUNO PINTO	M	23	00:53:18	00:52:59	
427	1964	DANIEL MÁRIO DUARTE DOS SANTOS	M	22	00:53:18	00:52:35	
428	1120	MANUEL MANTEIGAS	M	29	00:53:22	00:52:07	CLUBE GRUPO BES
429	3427	TIAGO FILIPE ALVES PORTELA	M	28	00:53:24	00:50:56	
430	4470	JOÃO NEVES SANTOS	M	26	00:53:25	00:50:56	
431	4135	BERNARDO GOMES	M	25	00:53:27	00:51:35	
432	3780	JOAO C SANTOS	M	33	00:53:31	00:51:43	SS MONTEPIO GERAL
433	2833	FRANCISCO MENDES	M	26	00:53:31	00:49:47	RENNINGS
434	4279	TOMÁS TEIGÃO	M	28	00:53:40	00:53:40	
435	1840	TIAGO ROCHA	M	32	00:53:42	00:50:16	
436	5011	RICARDO COELHO	M	34	00:53:43	00:52:22	PT RUNNER CLUB
437	3682	SÉRGIO ALVES	M	25	00:53:46	00:49:56	
438	400	JOAO R L NASCIMENTO	M	32	00:53:46	00:52:07	
439	749	FÁBIO MENDES	M	26	00:53:47	00:51:42	COMANDO C
440	4900	ANTONIO BALDO	M	32	00:53:48	00:51:58	

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441	3829	SERGIO GRADE	M	32	00:53:48	00:52:02	
442	2667	RUI HENRIQUES	M	26	00:53:48	00:51:02	AFO
443	1300	IVO TIAGO MARQUES DE OLIVEIRA MENDES	M	26	00:53:49	00:53:21	
444	76	SERGIO AMARO	M	32	00:53:49	00:52:49	
445	941	GONÇALO SANTOS	M	27	00:53:50	00:52:55	
446	647	HENRIQUE HORTA	M	25	00:53:51	00:52:34	
447	226	JOAO P F C NUNES	M	31	00:53:54	00:52:00	
448	5026	JOAO TRANCOSO	M	27	00:53:56	00:51:34	
449	3511	ANDRE LOURENCO	M	32	00:53:57	00:53:04	BOM PETISCO
450	3111	LUÍS CORREIA	M	25	00:54:03	00:50:16	
451	3013	RUI CARVALHO	M	32	00:54:04	00:52:33	JAVALLIS DO MATO
452	2624	RICARDO SOARES	M	32	00:54:05	00:53:30	
453	1188	PEDRO MATEUS	M	29	00:54:05	00:50:53	CROMOSSOMAS
454	1189	RICARDO AMARAL	M	30	00:54:06	00:50:55	CROMOSSOMAS
455	4268	GONÇALO PEDRO QUINTA PINTO	M	28	00:54:10	00:52:00	
456	204	JOAO SOUSA	M	34	00:54:10	00:51:15	
457	851	SÉRGIO FILIPE ALMEIDA TRINDADE	M	24	00:54:12	00:53:41	
458	363	GONÇALO TORRADO	M	20	00:54:15	00:51:35	
459	2923	FREDERICO CARLOTA	M	28	00:54:18	00:52:48	
460	1513	CARLOS CAMACHO	M	33	00:54:18	00:52:44	
461	4975	DANIEL ALVARENGA	M	28	00:54:20	00:53:34	
462	2561	MANUEL MAIA	M	27	00:54:24	00:51:58	
463	1357	JOÃO RITA	M	27	00:54:25	00:53:43	PELEGAS
464	3338	OTILIO MONTEIRO DOS SANTOS	M	31	00:54:26	00:53:56	
465	650	MARCELO PRATES	M	23	00:54:28	00:50:38	
466	2077	TIAGO FERRITO	M	23	00:54:34	00:50:53	
467	2622	JORGE LOURENÇO	M	20	00:54:36	00:53:01	SC CASAINHOS
468	4127	VITOR VALAGÃO	M	33	00:54:37	00:54:18	
469	4294	CÉSAR TOMÁS	M	32	00:54:37	00:51:06	FORMIGAS E AMIGOS
470	4457	CUSTODIO QUIBINA	M	27	00:54:38	00:54:38	
471	3629	PEDRO FARINHA	M	32	00:54:41	00:51:43	
472	689	OLGA G MARQUES	M	25	00:54:47	00:54:17	
473	240	NUNO A S DUARTE	M	32	00:54:53	00:52:44	
474	1818	GONÇALO OLIVEIRA	M	28	00:54:54	00:52:32	SS CGD
475	4471	JOAQUIM CARRILHO	M	34	00:54:56	00:53:31	
476	2564	ANDRÉ RAIMUNDO	M	28	00:55:00	00:52:34	
477	4367	NELSON RODRIGUES	M	26	00:55:01	00:52:55	GALHARDOS RUNNERS
478	1142	BRUNO VIANA	M	28	00:55:04	00:53:54	
479	1695	TIAGO JOÃO CORREIA	M	32	00:55:04	00:52:36	
480	3114	DANIEL FREIRE CONCEIÇÃO	M	30	00:55:04	00:53:18	JÁMEKANSAS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
481	4228	JOÃO PINTO	M	29	00:55:08	00:53:33	
482	3771	SIMÃO RIBEIRO	M	20	00:55:10	00:51:44	FAMÍLIA RIBEIRO
483	997	TIAGO OLIVEIRA	M	33	00:55:12	00:52:30	SAUDESSPORTING
484	3640	RUI CAMPOS	M	31	00:55:12	00:54:45	ATOMIC TEAM
485	2999	JOÃO FILIPE	M	28	00:55:14	00:53:50	
486	4175	JOÃO CAETANO	M	24	00:55:14	00:53:50	LEÕES DE ALMADA
487	803	ANDRE COELHO	M	30	00:55:18	00:53:21	SS CGD
488	1236	PEDRO FERREIRA	M	21	00:55:19	00:54:55	CLUBE GRUPO BES
489	629	MAURO ALEXANDRE	M	34	00:55:20	00:53:04	N SPORTINGUISTA V NOVAS
490	2005	LUÍS HORTEGA ALVES	M	21	00:55:20	00:55:20	
491	3272	ARMANDO GOMES	M	28	00:55:29	00:53:09	CARACÓIS SALOIOS
492	2148	VICTOR MENDES	M	30	00:55:42	00:55:04	
493	4251	JORGE RAMOS	M	30	00:55:50	00:54:48	
494	4632	PAULO DINIS	M	32	00:55:51	00:54:54	
495	3764	MARCO MENDES	M	34	00:55:55	00:54:14	
496	982	MARCELO FERREIRA	M	29	00:55:57	00:54:12	LINK
497	1703	RICARDO FARINHA	M	30	00:55:59	00:55:46	
498	4776	NUNO CAMACHO BEXIGA	M	28	00:56:00	00:53:40	
499	4456	RICARDO MARTINS	M	24	00:56:00	00:56:00	
500	162	RUI LEITAO	M	31	00:56:01	00:54:09	N SPORTINGUISTA LEOES FRONTEIRA
501	4299	JOSE PIMENTEL	M	32	00:56:01	00:54:38	GD SANTANDER TOTTA
502	3870	FILIPE DOMINGOS	M	25	00:56:07	00:54:28	
503	2691	NUNO MIGUEL ABRANTES	M	25	00:56:08	00:54:21	SIGAA!
504	4804	SANDRO PRATES	M	34	00:56:09	00:54:10	
505	4820	RUI COSTA	M	31	00:56:11	00:53:29	
506	1471	DANIEL COSTA	M	25	00:56:11	00:54:42	
507	4211	JOÃO AMORIM	M	33	00:56:12	00:54:27	PLANTA DO PÉ
508	3979	LUÍS ANTUNES	M	33	00:56:13	00:54:01	
509	4269	NUNO MIGUEL NUNES RAMOS	M	31	00:56:14	00:54:03	
510	696	HUGO COSTEIRA	M	34	00:56:14	00:53:45	
511	2956	RENATO BOGALHO	M	27	00:56:14	00:54:16	
512	4749	NUNO MIGUEL DE ABREU CRUZ	M	27	00:56:17	00:55:22	
513	605	NUNO C FERNANDES	M	32	00:56:18	00:54:07	
514	2685	RICARDO SILA	M	28	00:56:23	00:54:13	MAISUMA
515	3902	JOÃO DE AMORIM SALGUEIRO	M	23	00:56:24	00:54:26	
516	4990	IVAN RAMOS	M	30	00:56:26	00:54:32	
517	1739	PEDRO LIZARDO	M	30	00:56:26	00:55:28	
518	3185	TIAGO SANTOS	M	25	00:56:29	00:52:36	LEÕES DE TUNES
519	4892	ANTÓNIO LUÍS FREITAS MORNA	M	33	00:56:30	00:54:39	
520	4822	JOÃO FERREIRA	M	22	00:56:30	00:52:32	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
521	223	DANIEL J C ALVES	M	29	00:56:30	00:54:34	
522	3941	SABIR KANJI	M	34	00:56:35	00:54:25	SS CGD
523	4098	TIAGO FERNANDES	M	26	00:56:37	00:55:35	
524	3683	RUI MATOS	M	30	00:56:37	00:55:56	OS PILAS
525	569	PEDRO M P M GARCIA	M	27	00:56:38	00:53:43	
526	426	JOAO RODRIGUES	M	32	00:56:38	00:55:24	
527	1775	TIAGO HENRIQUES	M	26	00:56:47	00:55:03	TEAM MARMITA
528	1355	JOÃO RICARDO MARQUES CANAS	M	30	00:56:47	00:55:01	
529	3799	NUNO MACHADO	M	34	00:56:49	00:55:08	
530	4363	FILIPE SERRA COSTA	M	30	00:56:49	00:54:31	
531	1768	PEDRO SILVA	M	33	00:56:52	00:56:09	TOCA DO LEÃO
532	705	LUIS F D PIRES	M	30	00:56:55	00:54:04	
533	563	JOAO L C MARINHO	M	32	00:56:56	00:54:56	
534	1598	JOHN HINCHEY	M	24	00:56:57	00:55:28	FSG COLLONGE BELLERIVE
535	3903	MARTIM DIAS	M	28	00:57:01	00:55:03	
536	3362	HEITOR AMORIM	M	29	00:57:01	00:54:31	DUPLA VERDE
537	3806	DUARTE FIALHO	M	30	00:57:02	00:54:30	
538	278	FRANCISCO P S M FERREIRA	M	21	00:57:02	00:55:13	
539	2067	FREDERICO CARDONA	M	33	00:57:03	00:56:30	KEEP CALM & XORA
540	662	JOAO FERREIRA	M	25	00:57:04	00:57:04	N SPORTINGUISTA C MAFRA
541	398	HUGO A F ALVES	M	33	00:57:07	00:53:04	
542	1880	DIOGO BATISTA	M	34	00:57:08	00:54:54	BATISTA
543	4178	PEDRO FONSECA	M	24	00:57:17	00:55:53	LEÕES DE ALMADA
544	4482	JOÃO PEDRO SILVA CARVALHO	M	20	00:57:23	00:53:32	LIGA DO PALPITE
545	1530	FREDERICO SANGAREAU	M	25	00:57:25	00:54:23	
546	3268	VASCO FIGUEIREDO	M	23	00:57:27	00:54:01	ARGUS SSO
547	4898	MIGUEL FERREIRA DA SILVA	M	29	00:57:30	00:53:29	
548	2010	ÉDER SILVA	M	29	00:57:31	00:53:28	WANNABES
549	4874	GONÇALO OLIVEIRA	M	30	00:57:34	00:55:37	
550	357	JOAO P A G BRANCO	M	33	00:57:37	00:54:28	
551	4853	PEDRO ANTÃO	M	23	00:57:37	00:55:50	
552	1437	PAULO JORGE LEITÃO	M	31	00:57:38	00:55:09	2FAST2WALK
553	128	FREDERICO M OLIVEIRA	M	33	00:57:40	00:55:49	
554	3063	FILIPE JUNQUEIRA	M	32	00:57:41	00:56:33	
555	1269	RICARDO CLARO	M	33	00:57:42	00:55:47	
556	1268	LUIS FELIZ	M	34	00:57:44	00:55:48	
557	4081	VÍTOR FORMIGA	M	30	00:57:45	00:54:13	FORMIGAS E AMIGOS
558	2584	NUNO CARMONA	M	29	00:57:48	00:57:48	
559	1563	HUGO RATINHO	M	31	00:57:50	00:55:14	CORRE@CORRER
560	603	TIAGO A P MATEUS	M	20	00:57:51	00:55:30	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
561	3705	MÁRCIO LOURENÇO	M	34	00:57:52	00:56:15	
562	2008	RUI SOEIRO	M	33	00:57:53	00:55:09	
563	2829	JOÃO PEDRO SANTOS	M	28	00:57:53	00:55:41	PINHAL NOVO
564	3458	JOÃO CRAVO	M	29	00:57:56	00:56:00	
565	4388	ROMULO MARZULLO	M	26	00:57:58	00:56:03	
566	2505	NUNO ROCHA	M	32	00:57:58	00:55:13	
567	1603	LUIZ PEREIRA	M	33	00:57:58	00:55:24	
568	4812	FILIPE PEREIRA	M	31	00:58:00	00:55:59	
569	2354	RICARDO SEVERINO	M	27	00:58:02	00:56:39	GARAGE TEAM
570	401	JOAO R G R SOOUSA	M	23	00:58:03	00:56:25	
571	1436	PEDRO ANGELO	M	29	00:58:03	00:53:59	
572	4585	MIKAEL LUCIANO ABADE SARAIVA	M	25	00:58:05	00:56:14	
573	2571	PEDRO RODRIGUES	M	28	00:58:08	00:56:25	OS "PERNINHAS"
574	2951	RICARDO CUNHA	M	22	00:58:09	00:56:44	
575	2572	MARCO CANADA	M	30	00:58:09	00:56:26	OS "PERNINHAS"
576	3094	DANIEL RIBEIRO	M	21	00:58:15	00:57:12	SCALABIS NIGHT RUNNERS
577	3696	MIGUEL BENTO	M	26	00:58:15	00:55:02	
578	4473	LUIS C DIAS	M	34	00:58:20	00:53:44	
579	246	JOAO OLIVEIRA	M	29	00:58:24	00:56:51	
580	956	ANDRÉ MENDES	M	30	00:58:24	00:55:07	CLUBE DESPORTIVO RIBEIRENSE
581	1861	JOSÉ DUARTE	M	33	00:58:24	00:56:30	
582	489	DIOGO O MARTINS	M	23	00:58:26	00:56:29	
583	4236	CARLOS PEREIRA	M	33	00:58:28	00:56:31	
584	2984	MIGUEL MIMOSO	M	28	00:58:33	00:56:15	FORÇA BRUTAL
585	4353	PEDRO ROSENDO	M	26	00:58:34	00:56:57	
586	2686	MÓNICA CARDOSO	M	34	00:58:35	00:56:26	MAISUMA
587	5037	LUÍS DIAS	M	34	00:58:35	00:56:32	
588	1315	TIAGO FILIPE MATEUS COELHO	M	26	00:58:36	00:56:37	
589	179	HUGO P CASSIMO	M	26	00:58:36	00:55:29	
590	2293	PEDRO ORDONHO	M	30	00:58:37	00:56:07	JAZZY RUNNERS
591	4129	PEDRO GOMES	M	33	00:58:37	00:54:53	
592	2740	ANTONIO DUARTE	M	28	00:58:39	00:55:18	OS PAPA CORRIDAS
593	3432	RICARDO CASTRO	M	32	00:58:40	00:58:40	IRMÃOS CASTRO
594	3431	MIGUEL CASTRO	M	33	00:58:41	00:55:18	IRMÃOS CASTRO
595	515	FABIO D C POÇO	M	29	00:58:41	00:58:09	
596	1602	CARLOS LUZ	M	32	00:58:42	00:56:05	
597	285	NUNO ALVES	M	34	00:58:43	00:55:04	
598	2683	VASCO MESQUITA	M	31	00:58:45	00:56:34	MAISUMA
599	701	LUIS M C S FERNANDES	M	29	00:58:54	00:56:11	
600	1791	TIAGO SANTOS COELHO PESSOA E COSTA	M	30	00:58:56	00:56:23	COMANDO C

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
601	4044	DANIEL FERREIRA	M	28	00:58:57	00:58:57	
602	203	NUNO M LOPES	M	29	00:58:59	00:55:34	
603	2122	FILIPE GUEDES	M	22	00:59:01	00:55:39	ARGUS SSO
604	3834	ÁLVARO SOUSA	M	33	00:59:01	00:57:59	
605	1913	VASCO RIJO	M	25	00:59:05	00:55:55	OS PADEIROS
606	201	JOAO B VIEGAS	M	20	00:59:06	00:55:58	
607	1815	JOAO LEITAO	M	27	00:59:08	00:56:45	SS CGD
608	4577	TIAGO EUSÉBIO	M	26	00:59:09	00:56:54	
609	2651	PEDRO SEVERINO	M	24	00:59:11	00:55:50	
610	198	TIAGO ROSA	M	20	00:59:11	00:56:03	
611	4295	RICARDO GOMES	M	33	00:59:13	00:55:38	FORMIGAS E AMIGOS
612	4422	DIOGO SOUTO	M	28	00:59:16	00:54:36	
613	72	RUI MAIA	M	32	00:59:29	00:56:59	MTV
614	1812	JOSÉ PINTO	M	32	00:59:32	00:56:43	LEÕES DE ALVERCA
615	4620	MIGUEL SOARES FERRAZ	M	26	00:59:39	00:57:03	FERRAZ
616	1273	HUGO SOARES	M	34	00:59:39	00:57:13	
617	3442	OSVALDO CIPRIANO	M	31	00:59:39	00:57:41	
618	4607	FRANCISCO SÉRIO	M	31	00:59:40	00:59:40	
619	2629	ANDRÉ CARDOSO	M	25	00:59:40	00:57:46	
620	2801	GONÇALO AIRES	M	30	00:59:41	00:57:15	
621	1943	RICARDO GONÇALVES	M	34	00:59:46	00:59:33	ATÉ AO FIM
622	192	DIOGO SILVERIO	M	21	00:59:56	00:59:29	BRIGADA ULTRAS SPORTING
623	3361	SÉRGIO GASPAR	M	34	00:59:59	00:57:43	
624	4653	TOMÁS VAN ZELLER	M	26	00:59:59	00:57:22	
625	4535	ALEXANDRE BARREIRA	M	25	01:00:00	00:57:36	
626	583	HUGO F L HENRIQUES	M	34	01:00:02	00:56:49	
627	3070	EDUARDO CARVALHO	M	30	01:00:03	00:58:00	
628	292	JOSE M F BRITO	M	34	01:00:03	00:56:25	
629	4265	GONÇALO PRATA	M	34	01:00:05	00:56:41	
630	2919	RICARDO AUGUSTO	M	28	01:00:06	00:59:35	
631	725	JOAO MOSSO	M	33	01:00:06	00:58:12	
632	1073	VALTER SILVA	M	23	01:00:12	00:57:59	C.C.R.D.BURINHOSA
633	369	PEDRO ROMAO	M	28	01:00:13	00:56:06	
634	1066	LUIS VIEIRA	M	22	01:00:14	00:58:00	C.C.R.D.BURINHOSA
635	269	PEDRO PAULINO	M	32	01:00:16	00:57:02	
636	4252	FERNANDO J A SILVA	M	32	01:00:21	00:56:34	
637	3329	DIOGO MARQUES	M	23	01:00:21	00:57:43	WIKABOO
638	40	SERGIO M S SALTÃO	M	34	01:00:23	01:00:23	TRANQUILIDADE
639	4253	ALEXANDRE J C G S ZEFERINO	M	33	01:00:32	00:56:45	
640	4112	DANILO OSSUMAN	M	32	01:00:37	00:58:21	SPORTING CASUALS

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
641	891	RUDOLF JAN JOHANNES CARLOS VAN BEZOUWEN	M	29	01:00:38	00:59:06	OS PAPA-FIGOS
642	4654	EDGAR RODRIGUES	M	31	01:00:39	00:59:43	
643	1237	PEDRO GONÇALVES	M	28	01:00:44	00:59:25	CLUBE GRUPO BES
644	2446	CARLOS GONZALEZ	M	30	01:00:47	00:59:14	PUTOS RUNNING
645	2542	PEDRO RODRIGUES	M	22	01:00:48	00:57:30	
646	2879	MARCO RODRIGUES	M	33	01:00:53	00:58:33	GRUPO DESPORTIVO SERVICONTABIL
647	4185	HUGO GREGÓRIO	M	23	01:00:55	00:58:12	
648	2083	JOÃO MORGADO	M	29	01:00:55	00:57:20	
649	4047	GONÇALO ANDRADE	M	32	01:00:55	01:00:55	
650	378	JOAO M T M FARINHA	M	30	01:00:56	00:58:33	
651	1833	JOÃO ÁLVARO	M	23	01:01:00	00:58:41	
652	3810	DANIEL BAIÃO	M	28	01:01:03	00:58:33	
653	1903	CÉSAR NEVES	M	33	01:01:03	00:57:36	
654	294	JORGE M N PONTE	M	24	01:01:03	00:58:18	
655	3308	JOAO CLEMENTE	M	34	01:01:04	01:00:14	
656	693	ANTONIO N VILAÇA	M	25	01:01:08	00:57:08	
657	4909	ANDRE AMARAL	M	22	01:01:17	00:59:31	SS MONTEPIO GERAL
658	3674	JORGE JANELA	M	25	01:01:21	01:01:21	SPORTISEL
659	1921	ANTERO DE AGUIAR MARQUES TEIXEIRA	M	34	01:01:23	00:58:37	
660	908	ANDRE LUIS	M	28	01:01:23	00:58:32	SS CGD
661	1914	HUGO LEITÃO	M	34	01:01:24	00:58:38	OS PADEIROS
662	5022	GONÇALO FERRAZ DE CARVALHO	M	28	01:01:28	00:59:08	
663	4117	ANDRÉ SANTOS	M	28	01:01:30	00:59:34	
664	1048	LUÍS MOITA	M	25	01:01:34	00:58:50	
665	4903	NUNO NICO LEITÃO	M	33	01:01:38	00:59:10	
666	3872	EDGAR ALEXANDRE GARCÊZ PINTO	M	20	01:01:38	00:59:34	
667	2562	PEDRO FERNANDES	M	32	01:01:40	00:59:18	
668	1502	MIRAN BASSAN BENTO	M	22	01:01:49	00:55:50	
669	842	PEDRO NUNES	M	33	01:01:50	00:57:41	
670	4131	ANDRÉ FORMIGA	M	27	01:01:52	00:58:22	FORMIGAS E AMIGOS
671	542	RUBEN F CARLOS	M	27	01:01:53	01:00:54	
672	3901	ROFRIGO FERREIRA	M	34	01:01:56	01:01:53	
673	4469	HENRIQUE VENTURA	M	34	01:01:57	00:58:05	
674	2974	RICARDO GONÇALVES	M	28	01:01:58	00:59:29	
675	872	RICARDO VIEIRA	M	24	01:01:58	00:58:37	CLUBE DESPORTIVO RIBEIRENSE
676	2952	TIAGO MIGUEL	M	32	01:02:00	00:58:14	
677	2405	LUÍS	M	26	01:02:02	00:59:46	
678	478	NUNO ASSIS	M	34	01:02:10	00:59:52	COÇA MICOSSES
679	154	MIGUEL FERNANDES	M	32	01:02:12	00:59:24	
680	3037	MÁRIO DIAS	M	31	01:02:12	00:58:20	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
681	1370	BRUNO CAPELAS	M	28	01:02:19	01:00:59	
682	1848	TIAGO GOMES	M	22	01:02:21	00:59:22	
683	5002	JOÃO NUNES	M	30	01:02:24	00:59:51	
684	4398	HUGO SOUSA	M	26	01:02:29	00:58:31	CANEC D PERN FIN
685	3846	JOAO CAMILO MARTINS	M	23	01:02:33	00:58:54	
686	3871	FREDERICO SEBASTIÃO	M	27	01:02:37	01:01:01	
687	1838	PEDRO LEAL	M	32	01:02:45	00:59:20	
688	418	JOAO SILVA	M	33	01:02:47	00:58:59	
689	3593	MIGUEL RODRIGUES	M	34	01:02:47	00:58:37	
690	420	FABIO MOURA	M	23	01:02:47	00:58:59	
691	4000	LUÍS SANTOS	M	27	01:02:48	01:00:27	
692	3090	GONÇALO FARIA	M	23	01:02:50	00:59:03	RENNINGS
693	1948	PEDRO SANTOS	M	25	01:02:53	00:59:19	C MILLENINUM BCP
694	648	ANDRE REIS	M	25	01:02:56	01:01:36	
695	2821	HUGO MACEDO	M	34	01:02:57	01:01:29	LAGARTOS
696	1806	JOÃO PINTO	M	33	01:02:57	01:00:08	LEÕES DE ALVERCA
697	4184	PEDRO MONTEIRO	M	28	01:03:00	01:03:00	
698	2099	LUÍS REGO	M	26	01:03:00	00:59:01	WANNABES
699	2901	PEDRO DUARTE	M	30	01:03:11	01:00:23	MIRATEJO RUNNERS
700	2904	IVAN HOOSSENI	M	30	01:03:11	01:00:27	MIRATEJO RUNNERS
701	2614	MARCO FERNANDES	M	26	01:03:12	01:00:23	
702	1822	PEDRO LEITÃO	M	31	01:03:13	01:02:22	
703	73	RICARDO SILVA	M	34	01:03:16	00:59:40	MTV
704	661	RICARDO BARBUDO	M	34	01:03:18	01:02:22	N SPORTINGUISTA C MAFRA
705	2200	ARTUR ANDRADE	M	30	01:03:31	01:01:53	F.D.A
706	2000	PEDRO SANTOS	M	34	01:03:33	01:01:20	NÚCLEO SPORTINGUISTA DE SINES
707	490	FREDERICO O MARTINS	M	28	01:03:33	01:00:47	
708	5047	HUGO PEDRO	M	33	01:03:37	01:00:22	NÚCLEO KARATE SHOTOKAN LISBOA
709	170	MAURO MATEUS	M	29	01:03:40	01:00:33	GRUPO MARADONA
710	4369	IVO NUNES	M	27	01:03:44	00:59:46	CANEC D PERN FIN
711	290	FILIPPE M M ALVES	M	29	01:03:49	01:03:49	
712	562	DIOGO M P LENCASTRE	M	25	01:03:52	00:59:41	
713	4532	TIAGO ALMEIDA	M	25	01:03:52	01:00:46	
714	4541	SERGIO TAVARES	M	31	01:03:59	01:01:44	
715	2012	RICARDO CASACA	M	34	01:04:01	01:00:03	WANNABES
716	1879	LUÍS BATISTA	M	32	01:04:06	01:01:47	BATISTA
717	3173	EDUARDO COELHO	M	30	01:04:14	01:01:05	SEMP'ABRIR
718	3165	ANTÓNIO MASCARENHAS	M	23	01:04:15	01:00:52	ARGUS SSO
719	4429	ALBERTO MAURÍCIO	M	30	01:04:16	01:02:25	
720	3042	JOSÉ DIAS	M	23	01:04:19	01:00:32	RENNINGS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
721	986	RUBEN SANTOS	M	24	01:04:30	01:03:41	
722	1810	HUGO FERREIRA	M	30	01:04:43	01:00:48	JOLES & BOLES
723	3519	PEDRO ALMEIDA	M	32	01:04:44	01:02:12	
724	4370	VITOR SOUSA	M	32	01:04:44	01:00:45	CANEC D PERN FIN
725	3778	FILIFE REIS	M	34	01:04:45	01:01:06	MALANDER`S DO SPORTING!!
726	4455	RUI QUERIDO	M	34	01:04:45	01:02:59	
727	2755	RICARDO CARVALHO	M	32	01:04:49	01:02:45	
728	620	MANUEL VASCONCELOS	M	28	01:04:50	01:00:54	HOLLA HOLLA GET DOLLA
729	885	BRUNO FELIZ	M	34	01:04:59	01:01:47	
730	4008	PEDRO MIGUEL DA CONCEIÇÃO REIS BENTO	M	34	01:05:00	01:05:00	
731	2463	NUNO MIGUEL OLIVEIRA	M	31	01:05:00	01:02:11	CLUBE COLABORADORES AXA
732	3530	MICAEL CARREIRA	M	34	01:05:03	01:02:07	LAPA FURADA CITY
733	3694	LUÍS SILVA	M	28	01:05:06	01:01:57	
734	264	PEDRO M M S NOBRE	M	31	01:05:06	01:01:22	
735	5014	LUÍS ROMA	M	29	01:05:16	01:01:52	NÚCLEO KARATE SHOTOKAN LISBOA
736	684	FERNANDO SIMOES	M	34	01:05:16	01:03:30	
737	2545	JOSÉ OLIVEIRA	M	31	01:05:21	01:03:37	
738	2702	ANDRE NASCIMENTO	M	20	01:05:22	01:04:30	NASCIMENTO
739	4430	TIAGO FURTADO	M	29	01:05:25	01:05:25	
740	1259	VITOR SANTOS	M	28	01:05:28	01:02:51	
741	3848	PEDRO ANDRADE	M	34	01:05:32	01:03:32	
742	1699	GUILHERME MARTINS	M	23	01:05:35	01:03:17	
743	3079	BRUNO SANTOS	M	34	01:05:35	01:02:51	ATOMIC TEAM
744	1698	CARLOS BORGES	M	22	01:05:36	01:03:18	
745	2586	ANDRÉ MOREIRA	M	28	01:05:38	01:03:25	ALCES E TRANEIRAS
746	464	FERNANDO FERREIRA	M	33	01:05:39	01:04:01	N SPORTINGUISTA LEOES AZEITAO
747	617	JOAO FERNANDES	M	28	01:05:54	01:01:57	HOLLA HOLLA GET DOLLA
748	695	DIOGO MARTINS	M	23	01:05:54	01:03:08	
749	2160	DAVID PINHEIRO	M	34	01:06:06	01:04:20	
750	1568	LUIS TRIGO	M	32	01:06:10	01:02:19	
751	4108	NELSON CASADINHO	M	33	01:06:18	01:04:02	SPORTING CASUALS
752	1802	JOSÉ TIMÓTEO	M	30	01:06:21	01:04:39	
753	4988	GONÇALO ABREU	M	28	01:06:23	01:04:03	
754	1709	MARIO ALEMAO	M	30	01:06:24	01:03:24	4FUN
755	4447	SECUNDINO CARVALHO	M	29	01:06:24	01:03:22	
756	412	LEONOR F A MARTINHO	M	34	01:06:25	01:03:46	
757	4027	BERNARDO FERRAO	M	33	01:06:28	01:04:00	
758	727	ISAAC FILIFE VERGA CHAPARRO	M	27	01:06:28	01:04:27	
759	1448	GONÇALO MORGADO	M	26	01:06:32	01:02:37	
760	2746	RICARDO MARTA	M	34	01:06:41	01:06:21	CARTOON CAFE

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
761	3789	HUGO PEDRO OLIVEIRA NUNES	M	29	01:06:42	01:06:42	REBERA RUNNING
762	410	GONÇALO R CAMEJO	M	34	01:06:44	01:03:57	
763	619	CARLOS LOPES	M	29	01:06:44	01:02:45	HOLLA HOLLA GET DOLLA
764	1554	ANTONIO QUARESMA	M	32	01:06:46	01:04:18	WSB
765	242	JOAO P S RIBEIRO	M	21	01:06:58	01:06:06	
766	1847	FILIFE RIBEIRO	M	33	01:07:01	01:05:53	KARAMELOS RUNNING
767	4837	MIGUEL RAMOS PEREIRA	M	29	01:07:01	01:03:24	
768	239	JOAO BARATA	M	33	01:07:02	01:04:56	
769	3982	PEDRO LAGOS	M	31	01:07:09	01:07:03	
770	372	PAULO R N MATEUS	M	33	01:07:13	01:04:56	
771	3189	ANDRÉ REMÉDIO	M	32	01:07:18	01:03:28	RENNINGS
772	374	RICARDO J M S CARNEIRO	M	34	01:07:22	01:04:03	
773	255	ANDRÉ POMBO	M	30	01:07:26	01:04:12	FITNESS PLAYGROND
774	4740	DANIEL BARATA	M	30	01:07:31	01:05:34	SEMESTES DO ASFALTO
775	2143	JOÃO LIMA	M	23	01:07:33	01:05:16	
776	3623	MARIO FIALHO	M	33	01:07:33	01:04:24	
777	4731	DIOGO MARQUES	M	20	01:07:34	01:04:56	
778	1898	PEDRO RAMOS	M	22	01:07:52	01:05:12	
779	4063	LEONARDO PEDRO	M	26	01:07:55	01:07:55	
780	3305	ALEXANDRE SILVA	M	34	01:08:05	01:08:05	
781	1190	ANGELO BARATA	M	31	01:08:12	01:05:01	CROMOSSOMAS
782	2301	DIOGO MATOS	M	31	01:08:13	01:04:59	
783	5000	ANTONIO PEDRO RODRIGUES	M	34	01:08:16	01:05:39	TARAHUMARA
784	3506	SÉRGIO ALMEIDA	M	32	01:08:16	01:05:30	
785	212	FILIFE PEDRO	M	34	01:08:17	01:04:33	
786	4348	NUNO GONÇALVES	M	33	01:08:20	01:04:55	
787	1772	MANUEL REGO	M	26	01:08:20	01:06:36	TEAM MARMITA
788	606	RICARDO M A ANTUNES	M	30	01:08:26	01:04:39	
789	1111	JOAO TOMAS	M	29	01:08:30	01:07:25	CLUBE GRUPO BES
790	2723	PEDRO PIRES	M	34	01:08:32	01:06:24	
791	1809	FILIFE PASSOS	M	30	01:08:37	01:04:42	JOLES & BOLES
792	3307	CLÁUDIO MATEUS	M	34	01:08:39	01:06:19	CARACÓIS SALOIOS
793	565	LUIS F S PINHEIRO	M	24	01:08:42	01:04:42	
794	3110	RICARDO BARBOSA	M	25	01:08:43	01:04:56	
795	4912	ANDRÉ PERALTA	M	29	01:08:48	01:04:47	
796	700	GUILLAUME VELOSO	M	29	01:08:49	01:06:06	
797	2780	JOÃO TENENTE	M	30	01:08:51	01:08:51	
798	331	FRANCISCO M COSTA	M	26	01:08:57	01:06:18	
799	4546	NUNO SANTOS	M	26	01:08:59	01:05:32	
800	3194	PEDRO MANUEL BUCO DE SOUSA	M	25	01:09:00	01:05:13	RENNINGS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
801	91	PEERO LEAL	M	26	01:09:00	01:05:33	A BOLA
802	1831	FAUSTO CAPITÃO	M	27	01:09:10	01:05:08	EXNFSC
803	586	FABIO CORREIA	M	29	01:09:20	01:06:09	
804	585	JOAO M P MELO	M	30	01:09:22	01:06:11	
805	360	DIOGO SILVA	M	25	01:09:26	01:05:53	
806	2905	RODRIGO PROENÇA	M	31	01:09:34	01:06:46	MIRATEJO RUNNERS
807	2902	DANIEL SERRANO	M	31	01:09:34	01:06:45	MIRATEJO RUNNERS
808	2633	FRANCISCO TOMAZ	M	33	01:09:41	01:08:42	
809	3857	MARCO DAVID HENRIQUES	M	31	01:09:43	01:05:41	
810	2162	JOÃO CAIO	M	28	01:09:56	01:06:22	
811	4207	JOSÉ BALEIRAS	M	29	01:09:57	01:06:24	
812	2853	JOÃO BENTO	M	24	01:10:00	01:05:51	TIMON E PUMBAS
813	1827	RUI CAEIRO	M	26	01:10:05	01:06:05	EXNFSC
814	4809	JORGE ALGARVIO	M	27	01:10:33	01:03:59	COMANDO C
815	3888	PEDRO LOPES	M	32	01:10:43	01:07:39	NA PAPAGAIOS CASCAIS
816	4284	FREDERICO AMARAL	M	23	01:10:45	01:07:57	
817	1776	RICARDO PEGO	M	30	01:10:54	01:09:09	TEAM MARMITA
818	3855	PEDRO FERNANDES	M	33	01:10:56	01:08:43	PONTO DE PASSAGEM
819	3116	HUGO FERNANDES	M	25	01:10:59	01:07:42	
820	2663	PEDRO MIGUEL DA SILVA CUSTÓDIO	M	33	01:11:01	01:09:00	
821	2604	JOÃO CARREGOSO	M	29	01:11:03	01:09:02	
822	2812	RICARDO JORGE ALVES DUARTE RODRIGUES	M	33	01:11:10	01:07:18	
823	392	JOAO GONÇALVES	M	21	01:11:21	01:09:55	
824	1782	RUI TIAGO MARTINS	M	30	01:11:26	01:09:13	TECNOSPIE
825	3566	DIOGO TORRADO	M	26	01:11:40	01:10:40	
826	3699	JOAQUIM FILIPE JR	M	24	01:11:43	01:08:29	
827	1732	MIGUEL AMARAL PINTO	M	33	01:12:05	01:12:05	
828	4947	LUIS CARVALHO	M	33	01:12:06	01:10:16	NÚCLEO KARATE SHOTOKAN LISBOA
829	1375	DIOGO SEBASTIÃO	M	23	01:12:09	01:09:34	VAMOS A TODAS
830	706	JORGE PATRIARCA	M	34	01:12:48	01:08:07	
831	4371	JOÃO FERNADES	M	31	01:13:16	01:09:18	CANEC D PERN FIN
832	438	HUGO M M F CANELA	M	30	01:13:49	01:10:50	
833	1119	MANUEL CARDOSO	M	34	01:13:56	01:12:42	CLUBE GRUPO BES
834	191	RICARDO SANTOS	M	30	01:13:59	01:12:11	BRIGADA ULTRAS SPORTING
835	145	JOAO T C ALMEIDA	M	24	01:14:02	01:11:08	
836	500	TIAGO S MESTRE	M	31	01:14:04	01:10:45	
837	267	JORGE VIEIRA	M	33	01:14:38	01:11:24	
838	270	PAULO VALENTE	M	34	01:14:40	01:11:26	
839	947	JOSÉ FEBRA	M	27	01:14:45	01:11:31	CLUBE DESPORTIVO RIBEIRENSE
840	4390	RUBEN CARVALHO	M	29	01:14:46	01:14:46	

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Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
841	4599	ANDRÉ ROSA	M	32	01:15:09	01:11:17	
842	2596	JOAO COSTA	M	25	01:15:12	01:11:51	
843	2062	NELSON COSTA	M	30	01:15:13	01:12:16	C MILLENINUM BCP
844	2306	FILIFE MARQUES	M	28	01:15:29	01:11:37	
845	869	RICARDO SANTOS	M	34	01:15:31	01:12:21	CLUBE DESPORTIVO RIBEIRENSE
846	1070	JOÃO FAUSTINO	M	22	01:15:34	01:13:20	C.C.R.D.BURINHOSA
847	931	SAMUEL CATARINO	M	27	01:15:39	01:12:17	CLUBE DESPORTIVO RIBEIRENSE
848	844	PAULO CAEIRO	M	32	01:15:48	01:11:40	
849	1430	RICARDO GOMES	M	30	01:16:46	01:12:50	FLASH TEAM
850	1793	HUGO PEREIRA	M	30	01:16:51	01:15:25	
851	3127	EDUARDO DIAS	M	27	01:17:26	01:13:34	
852	4138	MÁRCIO SILVA	M	27	01:17:26	01:13:50	FOCA, A PRIMA DO CONAN
853	649	CHRISTOHER HALDER	M	23	01:17:32	01:14:09	
854	1185	TIAGO GALHANO	M	32	01:17:49	01:13:49	JUST RUN
855	1187	MARCO PIRES	M	30	01:17:51	01:13:48	JUST RUN
856	4503	DIOGO ARIEIRA	M	30	01:18:24	01:17:18	
857	447	JOSE M C L FONSECA	M	30	01:18:32	01:15:55	
858	1186	NUNO ROQUETTE	M	32	01:18:46	01:18:46	JUST RUN
859	3889	JOÃO LOPES	M	32	01:18:59	01:15:56	NA PAPAGAIOS CASCAIS
860	4242	FILIFE REIS	M	21	01:19:14	01:16:06	FALCÕES SELVAGENS
861	1478	JAN WIBORG	M	24	01:19:26	01:16:57	VFF 1896
862	2085	TOMÁS FERNANDES FERREIRA	M	22	01:19:48	01:16:13	
863	249	JOAO P I FERREIRA	M	27	01:20:01	01:15:27	
864	3311	LUÍS DE AGUIAR FERNANDES	M	24	01:20:05	01:16:38	
865	2926	PEDRO MARQUES	M	24	01:20:05	01:16:37	
866	169	JOAO P R CAPITAO	M	29	01:20:06	01:12:30	
867	1565	JOSÉ RODRIGUES	M	28	01:20:34	01:16:35	
868	865	RAIMUNDO PALMEIRA	M	34	01:21:49	01:20:09	CLUBE DESPORTIVO RIBEIRENSE
869	3905	RODRIGO LEAL	M	24	01:23:18	01:23:18	
870	742	LUÍS SALEMA	M	26	01:23:19	01:20:40	
871	589	JOSE M D VARELA	M	30	01:24:41	01:20:30	
872	698	ANA M C FERNANDES	M	34	01:24:44	01:21:16	
873	4141	EDUARDO DELGADO	M	26	01:24:58	01:21:21	FOCA, A PRIMA DO CONAN
874	4142	RAFAEL CARNIM	M	27	01:24:58	01:21:22	FOCA, A PRIMA DO CONAN
875	3468	PEDRO PINTO	M	33	01:26:30	01:22:37	RUN 4 FUN
876	2364	MIGUEL FERREIRA	M	34	01:26:57	01:23:55	
877	4848	HUGO MATIAS	M	26	01:28:05	01:24:42	
878	3821	EDUARDO RATOLA	M	31	01:28:29	01:25:08	
879	3827	FILIFE LOPES	M	32	01:29:47	01:26:17	
880	4696	JOÃO BAIRRÃO	M	28	01:30:11	01:26:41	

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Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
881	310	JOSE C G MOREIRA	M	23	01:32:38	01:31:04	
882	2762	RUBEN RUNA SANTOS	M	34	01:32:48	01:29:07	
883	675	LUIS C G FERRAO	M	29	01:33:41	01:30:34	
884	43	JOSE A G CARVALHO	M	29	01:37:20	01:35:11	TRANQUILIDADE
885	4914	MIGUEL GOMES	M	20	01:37:22	01:33:33	
886	61	FILIPPE GONÇALVES	M	33	01:38:00	01:38:00	MTV
887	3067	BRUNO COSTA	M	29	01:39:48	01:35:51	

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Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	12	MANUEL DAMIAO	M	35	00:30:13	00:30:11	SPORTING CP
2	26	MARIO TEIXEIRA	M	39	00:32:23	00:32:21	SPORTING CP
3	4133	PAULO MARTINS	M	38	00:33:43	00:33:42	NÚCLEOEIRAS / SPORTZONE
4	561	HELDER FERREIRA	M	38	00:33:48	00:33:45	UFCI TOMAR
5	10	RUI SILVA	M	36	00:34:55	00:34:52	SPORTING CP
6	761	JOSÉ MOREIRA	M	38	00:35:06	00:35:05	GARMIN CO OEIRAS
7	3132	MARIO CHUMBINHO	M	37	00:35:53	00:35:41	GRUPO DESPORTIVO PIC-NIC
8	3521	PAULO ALVES	M	36	00:35:59	00:35:56	GD IN CASA MOEDA
9	14	RUI CAEIRO	M	38	00:36:23	00:20:00	SPORTING CP
10	2154	JOAO GONÇALVES	M	36	00:36:23	00:36:22	RB RUNNING/CARTAXEIRO
11	3150	LUIS MANUEL GOMES FERREIRA	M	37	00:36:23	00:36:22	SCALABIS NIGHT RUNNERS
12	3616	CARLOS FRADE	M	35	00:36:29	00:36:18	CCD SINTRENSE
13	2803	CARLOS ROUXINOL	M	39	00:36:40	00:36:36	
14	3675	PAULO PINHEIRO	M	36	00:36:42	00:36:36	
15	3531	RUI CORREIA	M	37	00:37:41	00:37:38	GD IN CASA MOEDA
16	754	LUIS F LEITAO	M	36	00:37:49	00:37:47	CLUBE GRUPO BES
17	2976	RUI NARIGUETA	M	37	00:38:00	00:37:55	
18	2862	BRUNO BONDOSO	M	39	00:38:08	00:38:05	AABV
19	2744	PEDRO SILVA	M	39	00:38:21	00:38:18	
20	1385	GIL XAVIER ALVES	M	37	00:38:40	00:38:39	UNIDOS DA MANUTENÇÃO
21	3084	MIGUEL HORTA	M	36	00:38:49	00:38:34	GRUPO DESPORTIVO PIC-NIC
22	1670	HUGO REIS	M	36	00:38:52	00:38:50	GD INE
23	3203	RICARDO SILVA	M	39	00:38:53	00:38:48	
24	3285	PEDRO CUNHA	M	39	00:38:56	00:38:52	WIKABOO
25	4379	CARLOS HENRIQUES	M	36	00:38:57	00:38:53	
26	3667	NELSON FONSECA	M	35	00:39:26	00:39:26	
27	1000	JOSÉ BORGES	M	37	00:39:30	00:39:29	
28	1279	PAULO NOLASCO RODRIGUES	M	36	00:39:40	00:39:28	
29	4631	BRUNO PEREIRA GONÇALVES	M	35	00:39:41	00:39:35	
30	3912	CARLOS LOPES	M	39	00:39:42	00:39:42	AMINHACORRIDA/TOTALSTOR
31	3958	JOÃO GALIANO	M	35	00:39:43	00:39:40	
32	2990	SÉRGIO NUNES	M	39	00:39:48	00:39:44	
33	3290	LUIS GRAÇA	M	38	00:39:49	00:39:45	WIKABOO
34	3408	MIGUEL SOBRAL	M	35	00:39:52	00:39:39	ASSOCIAÇÃO GD ACADEMIA KORPO
35	1532	HUGO PINTO	M	35	00:39:53	00:39:43	
36	2678	NUNO MANUEL S. F. ALVES	M	37	00:39:56	00:39:45	
37	3131	HUGO COSTA	M	37	00:39:58	00:39:43	GRUPO DESPORTIVO PIC-NIC
38	2671	DAVID PINHEIRO	M	35	00:40:02	00:38:59	AFO
39	1526	DANIEL FILIPE CALDAS MACHADO	M	35	00:40:08	00:39:58	
40	4342	LUIS VARZEA	M	36	00:40:08	00:40:04	C.R. ALTURENSE

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	2131	SÉRGIO FIGUEIRAS	M	37	00:40:18	00:40:10	
42	2219	VÍTOR NUNO RODRIGUES DUARTE	M	38	00:40:19	00:39:57	
43	1586	NUNO COSTA SILVA	M	37	00:40:24	00:40:13	AÇOREANA CLUBE BANIF
44	716	JOSÉ MARQUES ANDRADE	M	35	00:40:33	00:40:19	
45	3151	NUNO AMORIM	M	36	00:40:40	00:40:39	SCALABIS NIGHT RUNNERS
46	3370	FERNANDO SOARES	M	39	00:40:42	00:40:36	
47	301	BRUNO SILVA	M	39	00:40:46	00:40:32	GAA VILA FRANCA XIRA
48	4890	RUI SIMÕES	M	39	00:40:49	00:40:43	
49	4515	ALEXANDRE RODRIGUES	M	38	00:40:53	00:40:37	AMIGOS ATLETISMO MAFRA
50	3262	LUIS MARTINS	M	39	00:40:58	00:40:54	
51	1940	RICHARDSON FERREIRA	M	39	00:40:58	00:39:54	G.D.R. SÃO FRANCISCO DA SERRA
52	3011	RUI MARCELINO	M	38	00:41:00	00:40:53	
53	989	DANIEL MORGADO	M	35	00:41:14	00:41:09	CLAC - ENTRONCAMENTO
54	2095	CARLOS SILVCA	M	38	00:41:18	00:41:05	BV MONTEMOR O NOVO
55	4913	HELDER CARREIRA	M	37	00:41:24	00:40:45	
56	3758	GUALTER CONSTANTINO	M	38	00:41:27	00:40:45	
57	2713	JORGE MELO	M	35	00:41:27	00:41:27	
58	4691	MIGUEL GONÇALVES	M	35	00:41:28	00:41:19	LION & EAGLES
59	3266	INOCÊNCIO ARAÚJO AMORIM	M	35	00:41:43	00:41:33	
60	1868	LEONEL VIEGAS	M	37	00:41:43	00:41:41	CLUBE DE FUTEBOL OS BELENENSES
61	988	JOÃO PEDRO FERREIRA	M	36	00:41:44	00:41:39	CLAC - ENTRONCAMENTO
62	3525	NUNO SOUSA	M	39	00:41:45	00:41:41	GD IN CASA MOEDA
63	1758	NUNO PEREIRA	M	36	00:41:48	00:41:13	
64	1469	RICARDO OLIVEIRA	M	35	00:41:52	00:41:36	
65	3904	VITOR LEBRE	M	38	00:41:53	00:41:48	
66	4583	JORGE MACHADO	M	38	00:41:56	00:41:40	
67	1480	FERNANDO ALMEIDA	M	36	00:41:58	00:41:46	VFF 1896
68	1442	VITOR NOVAIS	M	37	00:42:00	00:42:00	GRUPO AMIGOS ATLETISMO VF XIRA
69	4403	RUI ALMEIDA	M	37	00:42:06	00:41:58	A VALE SILENCIO
70	3337	PAULO VERGUETE	M	37	00:42:07	00:41:51	GRUPO DESPORTIVO PIC-NIC
71	3234	HUGO FREIRE	M	37	00:42:08	00:41:52	ASSOCIAÇÃO GD ACADEMIA KORPO
72	3287	PEDRO CASTRO	M	39	00:42:10	00:42:03	WIKABOO
73	4052	HENRIQUE RAFAEL	M	38	00:42:12	00:41:55	
74	3309	PEDRO BALEIA	M	35	00:42:14	00:41:46	CARACÓIS DE PEDRA
75	4323	PEDRO GUARITA	M	39	00:42:18	00:41:46	
76	1031	FERNANDO PAULINO	M	37	00:42:19	00:41:46	ASAS NOS PÉS
77	4690	NUNO ROSA	M	36	00:42:20	00:42:10	LION & EAGLES
78	2461	MIGUEL TRUNINGER SOUSA	M	38	00:42:28	00:42:06	CLUBE COLABORADORES AXA
79	3158	NELSON LOPES	M	36	00:42:33	00:41:27	
80	302	HUGO SILVA	M	36	00:42:45	00:42:31	GAA VILA FRANCA XIRA

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	1257	JORGE PÉ-CURTO	M	38	00:42:46	00:42:29	
82	3214	TIAGO BALEIA	M	35	00:42:47	00:42:19	CARACÓIS DE PEDRA
83	4920	JOAO JESUS	M	38	00:42:51	00:42:43	GD SANTANDER TOTTA
84	3199	HELDER BORGES	M	37	00:42:52	00:41:56	
85	4374	ANDRE SANTOS	M	37	00:42:58	00:42:50	A VALE SILENCIO
86	3894	PEDRO MARIA CUNHA NAZARETH BARBOSA	M	37	00:43:04	00:42:47	SCALABIS NIGHT RUNNERS
87	2109	OSVALDO FERREIRA	M	37	00:43:05	00:43:03	SPORTING CLUBE SANTANENSE
88	36	LUIS F N PASSOS	M	39	00:43:06	00:42:12	TRANQUILIDADE
89	2918	NUNO MIGUEL DUARTE BALAS	M	37	00:43:10	00:42:50	
90	3601	PEDRO FERNANDES	M	35	00:43:10	00:43:02	
91	1052	PEDRO MARTINS	M	35	00:43:12	00:42:17	
92	1869	JOÃO PEDRO CAPA	M	38	00:43:16	00:42:27	LEÕES DO MINHO
93	1001	RICARDO NUNO	M	39	00:43:20	00:43:15	
94	3487	PEDRO GOMES	M	38	00:43:42	00:43:19	
95	4084	LINO MARCO	M	38	00:43:46	00:43:39	GD SANTANDER TOTTA
96	2969	LUIS VICENTE	M	39	00:43:52	00:43:44	
97	210	PEDRO LIMA	M	35	00:44:01	00:42:50	
98	722	RUI RIBEIRO	M	38	00:44:05	00:43:35	CLUBE VII
99	3568	NUNO ROMANO	M	37	00:44:09	00:43:32	
100	1581	NUNO GARRANA	M	35	00:44:10	00:43:58	
101	3375	PAULO ALVES	M	35	00:44:13	00:44:05	GD SANTANDER TOTTA
102	1044	PAULO MARQUES ENCARNÇÃO CABECINHA	M	39	00:44:14	00:44:04	
103	1160	MARCO CASEIRO	M	35	00:44:17	00:43:55	OS PERIGOSOS
104	1842	JOÃO CATARINO	M	39	00:44:18	00:44:07	
105	2817	RUI PLÁCIDO	M	37	00:44:25	00:43:26	
106	4179	PAULO COELHO	M	36	00:44:25	00:44:15	
107	1005	JÚLIO LOPES	M	39	00:44:40	00:44:23	
108	1891	RICARDO NUNES	M	39	00:44:42	00:44:17	
109	4846	JOÃO MARQUES DA SILVEIRA VAZ VELHO	M	39	00:44:42	00:44:25	
110	4460	HÉLDER CARVALHO	M	39	00:44:46	00:43:45	
111	2769	DIOGO GOMES	M	37	00:44:47	00:43:21	
112	2802	NELSON OLIVEIRA	M	36	00:44:49	00:44:21	
113	85	PAULO J C SILVA	M	38	00:44:49	00:44:35	A BOLA
114	3413	ANTÓNIO SÉRGIO DOS REIS SOARES	M	38	00:44:50	00:43:24	
115	3018	RUI ARAÚJO	M	38	00:44:53	00:44:04	VALADARES
116	4840	JOÃO PEDRO	M	39	00:44:56	00:43:07	NÚCLEO KARATE SHOTOKAN LISBOA
117	1516	NUNO CATARRO	M	37	00:44:58	00:44:37	
118	4384	RUI HENRIQUES	M	35	00:44:59	00:44:59	
119	1627	VASCO SANTOS TAVARES	M	37	00:45:03	00:43:59	
120	1596	ARMANDO MONTEIRO	M	39	00:45:03	00:44:23	FSG COLLONGE BELLERIVE

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Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	2503	TIAGO PITO	M	36	00:45:08	00:44:54	PITO `S BAR
122	4489	ROMÃO CORREIRA	M	35	00:45:08	00:44:28	A CORRER É QUE A GENTE SE ENTE
123	3924	NUNO FERREIRA	M	36	00:45:09	00:44:10	
124	2096	JOSE VARELA	M	39	00:45:11	00:44:29	BV MONTEMOR O NOVO
125	3801	JOSE AMARO	M	38	00:45:14	00:45:14	CD ASAS DO MILÉNium
126	2116	RICARDO MEDEIROS LEMOS	M	36	00:45:15	00:44:29	
127	641	JORGE PINTO	M	36	00:45:18	00:43:15	
128	3692	HUGO FERREIRA	M	38	00:45:20	00:44:21	
129	3939	RICARDO PEREIRA	M	36	00:45:21	00:45:06	GENERAL CABLE CELCAT
130	2425	GONÇALO CORREIA	M	35	00:45:22	00:44:57	
131	4092	AUGUSTO PORTUGAL	M	39	00:45:30	00:44:49	SS MONTEPIO GERAL
132	1384	NUNO MESTRE	M	39	00:45:37	00:45:33	UNIDOS DA MANUTENÇÃO
133	1012	PAULO RAINHO	M	39	00:45:37	00:45:22	C.C.R.D.BURINHOSA
134	2362	NUNO FERNANDES	M	37	00:45:38	00:44:25	
135	4660	JORGE PAULINO	M	38	00:45:39	00:44:43	
136	4698	JOÃO MANUEL GREGÓRIO	M	36	00:45:40	00:44:51	JAVALIS DO MATO
137	4963	RUI CRUZINHA	M	37	00:45:41	00:45:11	CLUBE VII
138	3984	NUNO MIGUEL SEMIÃO DA CRUZ	M	36	00:45:42	00:45:21	
139	4964	TIAGO DIOGO	M	36	00:45:45	00:45:18	
140	2172	NUNO ANTONIO	M	38	00:45:46	00:45:40	
141	4446	RUI TOMÉ	M	37	00:45:47	00:44:53	
142	4937	HUGO TAVARES	M	36	00:45:49	00:45:27	
143	4657	MIGUEL MARTINHO	M	37	00:45:53	00:45:23	
144	3259	RICARDO SILVA	M	35	00:45:54	00:45:13	RRF
145	2271	PAULO SOUSA	M	39	00:45:55	00:45:48	
146	2348	HELDER TAVARES	M	37	00:45:56	00:45:05	
147	3843	CLÁUDIO SARAIVA	M	39	00:45:57	00:45:43	
148	1075	PAULO TRINDADE	M	39	00:45:57	00:45:48	
149	441	RUI PAIVA	M	37	00:45:59	00:45:09	
150	4300	JOSE VIEGAS	M	35	00:46:04	00:44:54	GD SANTANDER TOTTA
151	185	MARCO T PINTO	M	35	00:46:05	00:45:16	
152	2426	MANUEL SILVA	M	38	00:46:12	00:46:00	CCD AUT ALMADA
153	1770	DANIEL THOMATI	M	35	00:46:14	00:45:31	TOCA DO LEÃO
154	2665	HUGO SILVA	M	37	00:46:18	00:45:11	
155	2413	SÉRGIO CIPRIANO	M	35	00:46:20	00:45:23	AMCR FONTE GRADA
156	4017	GONÇALO PAIS	M	36	00:46:20	00:46:20	LA SURENA
157	433	PAULO A H B LEAL	M	36	00:46:20	00:46:20	
158	1026	JORGE GUILHERME	M	36	00:46:26	00:45:50	ASAS NO PÉS
159	4111	NUNO PIRES RODRIGUES	M	36	00:46:30	00:46:04	
160	632	PAULO MENDES	M	35	00:46:32	00:44:16	N SPORTINGUISTA V NOVAS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	756	NUNO M NUNES	M	35	00:46:37	00:46:35	CLUBE GRUPO BES
162	2320	RICARDO RAMOS	M	38	00:46:39	00:45:58	
163	1215	CARLOS MARTINS BATISTA	M	39	00:46:41	00:46:15	
164	1337	JOAO MARQUES	M	35	00:46:50	00:46:22	
165	4392	MARCO COSTA	M	35	00:46:56	00:46:11	
166	4074	GABRIEL CHARRUA	M	35	00:46:57	00:45:47	GD SANTANDER TOTTA
167	4983	JOÃO ALVES	M	38	00:46:57	00:46:39	
168	3794	RICARDO COSTA	M	36	00:47:01	00:46:34	
169	3619	CARLOS MARINA	M	39	00:47:03	00:46:43	CCD SINTRENSE
170	539	JOAO S RIBEIRO	M	37	00:47:04	00:46:55	
171	2383	CARLOS PIRES	M	39	00:47:05	00:46:52	
172	721	PAULO PINTO	M	37	00:47:07	00:46:36	CLUBE VII
173	836	FILIFE CORREIA	M	36	00:47:14	00:46:36	
174	1966	PEDRO ALEXANDRE MORAIS GADANHA	M	38	00:47:17	00:46:10	
175	720	HELDER MARTINS	M	35	00:47:18	00:46:44	CLUBE VII
176	3880	PEDRO MENDONÇA	M	37	00:47:18	00:46:47	GRFH, LDA
177	2735	JORGE MARTINS	M	37	00:47:19	00:46:48	GRFH, LDA
178	2643	NELSON PAÇO	M	37	00:47:20	00:46:54	
179	4317	CARLOS ANDRE DIAS FERREIRA	M	36	00:47:22	00:46:36	
180	2778	PEDRO FRANCO	M	37	00:47:26	00:46:59	
181	2779	MARCELINO BERNARDES	M	37	00:47:27	00:47:02	
182	5020	GUILHERME GALLEGO	M	39	00:47:28	00:47:07	
183	2895	CARLOS AFONSO	M	37	00:47:28	00:46:14	
184	2369	HUGO SOUSA	M	37	00:47:31	00:47:02	AÇOREANA CLUBE BANIF
185	4514	NELSON VIEIRA	M	37	00:47:31	00:46:18	LEOES DA GRAÇA
186	1424	DANIEL SANTOS	M	37	00:47:34	00:46:14	TÁLENTO PRA CORRER TEAM
187	1345	TIAGO FONSECA	M	39	00:47:34	00:47:00	
188	738	NUNO LEBRE	M	35	00:47:37	00:47:17	
189	3346	ANTÓNIO CALHEIROS	M	35	00:47:39	00:46:32	
190	3486	LUÍS FARO GODINHO	M	35	00:47:41	00:47:11	
191	1083	AMADEU MORGADO	M	39	00:47:44	00:47:20	
192	2526	SÉRGIO FERNANDES ANTUNES RAMOS	M	37	00:47:44	00:45:20	GD CIMPOR & AMIGOS
193	3038	RUI PEDRO FERNANDES RODRIGUES	M	39	00:47:46	00:47:35	
194	554	JORGE M C SEBASTIAO	M	38	00:47:48	00:46:30	
195	3575	MARK CAREY	M	38	00:47:49	00:46:56	
196	4417	JORGE LOPES	M	39	00:47:49	00:47:16	GRUP.DESP.CHELAS
197	4324	BRUNO ABREU	M	38	00:47:50	00:47:50	
198	4871	ARMINDO ROMANA	M	36	00:47:54	00:46:53	
199	2550	AMÉRICO JACINTO	M	37	00:47:57	00:47:01	
200	4484	JOÃO CAMACHO	M	36	00:47:59	00:47:40	

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201	4991	PAULO CALDEIRA	M	35	00:48:04	00:48:04	
202	163	FRANCISCO FERNANDES	M	37	00:48:05	00:46:15	N SPORTINGUISTA LEOES FRONTEIRA
203	4586	GONÇALO SILVA	M	35	00:48:07	00:47:28	AFRS
204	2347	MIGUEL GUEDES	M	38	00:48:09	00:47:51	
205	2807	RUI ROMÃO	M	36	00:48:09	00:47:33	
206	2894	MARIO MIGUEL	M	38	00:48:09	00:46:57	
207	2543	MIGUEL ALMEIDA	M	37	00:48:09	00:47:50	
208	1493	NUNO PAULINO	M	36	00:48:11	00:44:19	
209	4617	CÉSAR ESPÍRITO SANTO	M	37	00:48:11	00:47:11	
210	1032	CARLOS PEDRO	M	38	00:48:21	00:46:06	
211	916	PEDRO LUZIO	M	37	00:48:21	00:47:10	SS CGD
212	2378	PEDRO MENDONÇA	M	38	00:48:22	00:47:55	
213	4672	LUIS FRANCO	M	38	00:48:34	00:48:16	
214	4026	FILIPE RIBEIRO	M	39	00:48:35	00:47:12	
215	4128	NUNO SALGUEIRO ANTUNES	M	39	00:48:39	00:48:15	
216	3729	JOSE RODRIGUES	M	37	00:48:39	00:47:35	
217	2809	ALEXANDRE VAZ	M	37	00:48:41	00:47:08	
218	1778	PAULO RODRIGUES	M	38	00:48:42	00:48:09	
219	3510	PEDRO LUCIANO DE SÁ SILVEIRA	M	38	00:48:46	00:47:35	
220	2782	JOÃO MANUEL FERNANDES CARDOSO	M	37	00:48:46	00:47:28	
221	1528	PEDRO SANTOS	M	39	00:48:51	00:47:55	
222	3034	BRUNO GIRAO	M	38	00:48:52	00:48:04	GD SANTANDER TOTTA
223	674	NUNO MARINZE	M	37	00:48:54	00:47:43	
224	1496	PEDRO DELGADO	M	39	00:48:56	00:47:49	
225	3524	JOSE LIBERATO	M	37	00:48:56	00:48:07	GD IN CASA MOEDA
226	2226	NUNO ALMEIDA	M	37	00:49:02	00:48:00	
227	5049	BRUNO FERREIRA	M	38	00:49:02	00:48:16	
228	4009	JOÃO CARDOSO	M	39	00:49:02	00:47:22	
229	3191	CARLOS COSTA	M	39	00:49:03	00:48:21	
230	959	ANTÓNIO PALMEIRA	M	38	00:49:04	00:47:24	CLUBE DESPORTIVO RIBEIRENSE
231	3433	JOÃO PAULO SANTOS SILVA	M	35	00:49:05	00:47:45	
232	1801	NUNO OLIVEIRA	M	36	00:49:07	00:48:46	
233	4710	NUNO OLIVEIRA	M	35	00:49:10	00:48:29	
234	3734	NUNO BAIXINHO	M	38	00:49:11	00:48:35	
235	4028	PAULO TRILHO	M	38	00:49:17	00:48:39	
236	4094	NUNO SIMAO ANTUNES	M	39	00:49:19	00:48:14	
237	1769	PEDRO MENDES	M	39	00:49:20	00:48:37	TOCA DO LEÃO
238	1688	GONÇALO LOPES	M	39	00:49:21	00:48:38	TOCA DO LEÃO
239	1692	MIGUEL SANTOS	M	35	00:49:22	00:48:37	TOCA DO LEÃO
240	3096	HELDER ALEXANDRE CAETANO VERÇAS MENDES	M	37	00:49:22	00:49:10	SCALABIS NIGHT RUNNERS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
241	1691	MIGUEL MARTINS	M	35	00:49:23	00:48:40	TOCA DO LEÃO
242	3180	NUNO SILVESTRE	M	36	00:49:24	00:48:28	JOBRINDE-MONTES SALOIOS
243	897	LUÍS MANUEL SILVA	M	38	00:49:24	00:49:24	
244	3867	BRUNO ROXO	M	37	00:49:25	00:47:57	
245	4217	HELDER MENDES	M	38	00:49:27	00:49:05	
246	4115	PAULO BRANCO	M	39	00:49:29	00:48:00	
247	3536	NUNO GONÇALVES	M	38	00:49:31	00:48:35	GD IN CASA MOEDA
248	3818	PEDRO AMARAL	M	39	00:49:32	00:49:01	
249	3930	PEDRO NISA	M	38	00:49:36	00:49:05	
250	630	JORGE MATEUS	M	38	00:49:36	00:47:22	N SPORTINGUISTA V NOVAS
251	4744	NELSON MIGUEL VIANA ENCARNACAO	M	36	00:49:39	00:48:39	
252	1753	LUIS CHAMBEL	M	38	00:49:40	00:49:02	
253	311	GONÇALO A FERNANDES	M	38	00:49:41	00:47:33	
254	3678	ROMEU MOURA	M	36	00:49:46	00:47:17	
255	656	NUNO PIMENTEL	M	39	00:49:55	00:47:09	N SPORTINGUISTA C MAFRA
256	2539	PEDRO SERRA	M	37	00:49:56	00:48:54	
257	4361	VASCO GOMES	M	37	00:49:57	00:49:25	
258	631	FILIFE LOURENÇO	M	36	00:49:57	00:47:43	N SPORTINGUISTA V NOVAS
259	958	GONÇALO NASCIMENTO RODRIGUES	M	39	00:49:58	00:48:54	
260	1712	NUNO VALENÇA	M	39	00:49:58	00:49:12	LICRA WALKERS, NOW RUNNING
261	3470	JORGE RODRIGUES	M	35	00:49:58	00:48:37	PT RUNNER CLUB
262	2335	BRUNO LOUREIRO	M	39	00:50:01	00:47:14	
263	2623	JOÃO MARQUES	M	39	00:50:02	00:48:35	AFO
264	1736	CARLOS VERISSIMO	M	39	00:50:02	00:49:47	FALCÕES SELVAGENS
265	612	BRUNO VILARINHO	M	36	00:50:04	00:49:38	OS VILARINHOS
266	3740	FRANCISCO MANUEL CARDADEIRO DIAS	M	36	00:50:07	00:47:29	
267	4165	RICARDO LUÍS	M	37	00:50:07	00:49:49	
268	3728	FILIFE PEIXE	M	38	00:50:08	00:48:54	CCC MADURAGEM
269	4560	PEDRO GOUVEIA	M	38	00:50:09	00:49:10	
270	2822	LUIS CAMARATE	M	36	00:50:10	00:48:42	LAGARTOS
271	822	NUNO FILIFE NUNES FEIO	M	35	00:50:11	00:49:00	
272	2410	JOSÉ VIANA	M	38	00:50:12	00:49:26	ORFF
273	4888	TOMÁS SOUSA	M	37	00:50:14	00:49:32	OS SUPER
274	316	MIGUEL A SILVA	M	39	00:50:15	00:50:04	
275	1133	LUÍS PEDRO DA SILVA PIRES	M	37	00:50:15	00:48:58	
276	3242	PAULO SALSA	M	35	00:50:16	00:49:38	
277	4927	PEDRO MIGUEL NOBRE MARQUES	M	35	00:50:18	00:48:03	
278	1507	MIGUEL FERREIRA	M	38	00:50:21	00:48:49	
279	2689	MÁRIO CLAUDIO	M	37	00:50:21	00:47:49	
280	2302	RUI ALVES	M	39	00:50:25	00:50:11	

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281	1721	MIGUEL FERNANDES	M	39	00:50:28	00:49:34	GENERAL CABLE CELCAT
282	1719	ANTÓNIO NASCIMENTO	M	39	00:50:32	00:49:37	GENERAL CABLE CELCAT
283	811	NUNO COSTA	M	39	00:50:32	00:48:48	SS CGD
284	3457	VALTER JORGE FILIPE REIS	M	35	00:50:33	00:49:54	
285	3469	MARIO GAMITO	M	39	00:50:33	00:50:07	
286	4745	MARCO PIRES	M	36	00:50:42	00:49:39	
287	3424	RICHARD WARRELL	M	38	00:50:43	00:49:36	
288	1766	DAVID SILVA	M	35	00:50:44	00:50:00	TOCA DO LEÃO
289	1738	PAULO ALMEIDA	M	38	00:50:45	00:50:09	
290	4068	AGOSTINHO MATIAS	M	39	00:50:45	00:50:45	EQUIPA 6:30
291	2459	JORGE FIGUEIRA	M	37	00:50:46	00:47:52	CLUBE COLABORADORES AXA
292	2708	PEDRO LUCAS	M	35	00:50:50	00:50:43	
293	4435	PAULO SANTOS	M	38	00:50:50	00:48:57	
294	3284	FILIPE NEVES	M	38	00:50:57	00:49:47	WIKABOO
295	2968	GONÇALO ZAGALO	M	38	00:50:58	00:49:35	PERNAS DE GAFANHOTO
296	3319	PEDRO SANTOS	M	37	00:50:59	00:49:52	SS CGD
297	1884	JOÃO GOULÃO	M	39	00:51:01	00:49:34	PARDAIS
298	3456	NUNO BENTO	M	35	00:51:02	00:49:58	SEGURA-TE LURDES
299	3448	NUNO MIGUEL COUTO MARTINS	M	36	00:51:02	00:50:12	
300	4218	CARLOS COSTA	M	36	00:51:02	00:49:41	
301	4498	ZÉ FALCATO	M	38	00:51:05	00:50:07	
302	714	CARLOS ANJOS	M	38	00:51:05	00:50:01	
303	4192	DANIEL RAMOS	M	36	00:51:07	00:50:21	
304	2406	JOÃO PRELHAZ	M	36	00:51:08	00:49:58	
305	1255	RICARDO FILIPE SANTOS GARCIA	M	39	00:51:14	00:50:24	
306	739	HUGO SANTOS	M	37	00:51:15	00:50:10	SEGURA-TE LURDES
307	3627	RAUL INÁCIO	M	35	00:51:15	00:50:13	
308	1254	JOÃO MENDONÇA	M	39	00:51:15	00:50:24	
309	3689	ANDRÉ APARICIO	M	37	00:51:18	00:50:44	
310	2168	RICARDO ONOFRE	M	36	00:51:25	00:51:11	
311	3586	RICARDO JORGE AMARAL GOMES	M	36	00:51:31	00:50:41	
312	4720	BERNARDO PINTO-COELHO	M	35	00:51:33	00:50:41	
313	455	PEDRO M R GONÇALVES	M	37	00:51:34	00:49:37	
314	3080	BRUNO FERA	M	39	00:51:34	00:51:02	
315	287	JOAO JORGE	M	35	00:51:34	00:50:48	
316	286	JOAQUIM B CONCEIÇÃO	M	35	00:51:34	00:50:50	
317	4542	JOÃO SOARES	M	39	00:51:37	00:50:30	
318	3590	ARTUR GUERREIRO	M	36	00:51:37	00:50:39	
319	1178	MIGUEL QUINTANILHA	M	37	00:51:38	00:50:20	AMINHACORRIDA/TOTALSTOR
320	4122	PEDRO RODRIGUES	M	39	00:51:38	00:50:12	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
321	425	HUGO C SILVA	M	35	00:51:39	00:50:27	
322	1938	NUNO GAMITO	M	35	00:51:39	00:50:50	G.D.R. SÃO FRANCISCO DA SERRA
323	2658	JORGE SILVA	M	38	00:51:44	00:50:17	
324	2681	PAULO CURADO	M	35	00:51:45	00:50:00	
325	4882	MÁRIO BASTARDO	M	35	00:51:47	00:50:39	
326	3256	TIAGO BASÍLIO	M	39	00:51:48	00:50:57	
327	3949	CARLOS PACHECO	M	36	00:51:55	00:48:12	
328	3224	JORGE MENDES	M	39	00:51:56	00:51:26	CARACÓIS DE PEDRA
329	2727	PEDRO LOPES	M	36	00:51:57	00:51:33	
330	3738	CARLOS FERREIRINHO	M	36	00:51:58	00:49:17	
331	321	SERGIO BROTA	M	36	00:52:00	00:51:14	
332	2438	DOMINGOS FARINHO	M	36	00:52:03	00:50:29	PUTOS RUNNING
333	2078	PEDRO RIBEIRO	M	36	00:52:04	00:49:21	
334	3931	BRUNO CLAUDINO	M	39	00:52:04	00:50:46	
335	4285	ROGÉRIO GRAÇA	M	35	00:52:07	00:51:43	FUNCIONA!
336	1328	PEDRO ALDEIA PEREIRA	M	35	00:52:11	00:51:52	
337	2516	LUÍS NEVES	M	39	00:52:18	00:50:23	FAÍSCAS LENTAS
338	4978	FRANCISCO FREITAS	M	35	00:52:19	00:51:32	
339	5005	BRUNO MANUEL SANTOS NUNES	M	37	00:52:24	00:51:42	
340	4911	MANUEL CECILIO	M	39	00:52:25	00:52:25	
341	976	TIAGO PAULO	M	39	00:52:25	00:51:06	G. D. PORTO DE SINES
342	4213	JOSÉ LUÍS AGAPITO	M	35	00:52:27	00:51:34	PERNAS DE GAFANHOTO
343	3493	PEDRO SILVA	M	39	00:52:27	00:50:58	SILVAS
344	4636	RUI LUÍS	M	38	00:52:28	00:52:00	FUNCIONA!
345	1439	SÉRGIO MATOS	M	36	00:52:29	00:49:59	2FAST2WALK
346	2268	PEDRO MARTINS	M	39	00:52:31	00:51:59	RB RUNNING/CARTAXEIRO
347	1846	RICARDO RIBEIRO	M	38	00:52:32	00:51:25	KARAMELOS RUNNING
348	2381	JOAQUIM ANTUNES	M	36	00:52:41	00:52:04	
349	3639	JORGE DOMINGOS	M	38	00:52:41	00:52:16	ATOMIC TEAM
350	4013	BRUNO CONCEIÇÃO	M	36	00:52:42	00:52:23	
351	33	JOAO L S MARQUES	M	39	00:52:43	00:51:02	TRANQUILIDADE
352	4260	VASCO NAZARIO	M	39	00:52:53	00:51:15	
353	3630	PEDRO SILVA	M	36	00:52:56	00:49:49	
354	4280	HAMILTON DIAS	M	38	00:52:58	00:52:52	GD SANTANDER TOTTA
355	4250	NUNO PEREIRA	M	38	00:52:59	00:50:59	
356	943	TIAGO FARINHA	M	39	00:53:00	00:52:05	
357	1700	NUNO MOTA	M	35	00:53:00	00:51:13	RUN MOTA
358	2750	VITOR MONTEIRO	M	38	00:53:04	00:51:02	
359	1756	HELDER RODRIGUES	M	39	00:53:04	00:51:19	
360	4256	RICARDO MARQUES	M	36	00:53:05	00:50:35	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
361	1820	SAMUEL EUGÊNIO	M	39	00:53:07	00:49:51	PIMBA NA IRINA
362	3071	RUI ANTUNES	M	39	00:53:08	00:52:03	
363	1181	SANDRO PINTO	M	38	00:53:08	00:52:00	AMINHACORRIDA/TOTALSTOR
364	740	JOÃO FILIPE CARRILHO DE SOUSA	M	38	00:53:09	00:52:49	
365	3781	GUILHERME ALBINO	M	39	00:53:10	00:51:22	SS MONTEPIO GERAL
366	966	MARCO ANTÔNIO SILVA CARVALHO	M	35	00:53:13	00:50:32	SAUDESSPORTING
367	3805	BRUNO RODRIGUES	M	37	00:53:14	00:50:43	
368	2991	MARCO BRITO	M	37	00:53:18	00:52:05	
369	3936	PEDRO FORTUNA	M	37	00:53:19	00:49:44	DREAM TEAM
370	4428	NURO CARVALHO	M	37	00:53:20	00:52:33	
371	122	PEDRO A D C LEITAO	M	39	00:53:20	00:50:31	
372	4029	PEDRO PERALTA	M	36	00:53:23	00:51:38	
373	2935	TIAGO RAMOS	M	35	00:53:23	00:51:53	
374	3488	RODRIGO MIGUEL COSTA MARTINS	M	39	00:53:25	00:53:21	RA
375	3438	NUNO ROMÃOZINHO	M	39	00:53:25	00:52:34	
376	3244	CARLOS DIAS	M	37	00:53:27	00:52:20	DHS
377	1045	CARLOS IPE	M	37	00:53:27	00:52:32	ASAS NOS PÉS
378	2832	JOÃO PEDRO MATOS	M	35	00:53:29	00:51:53	RENNINGS
379	4728	RUI NEVES	M	38	00:53:29	00:52:02	
380	4214	SÉRGIO BRAGANÇA	M	39	00:53:29	00:51:33	
381	4609	ALEXANDRE LEE	M	36	00:53:30	00:52:03	
382	389	PEDRO MALHEIRO	M	36	00:53:30	00:50:32	
383	2054	PEDRO FERNANDES	M	37	00:53:32	00:51:43	C MILLENINUM BCP
384	2649	NUNO CONSTÂNCIO	M	36	00:53:36	00:51:40	RUN4FUN
385	4412	RUI VICENTE	M	39	00:53:36	00:52:22	LEOES DA GRAÇA
386	2243	BERNARDO ELISEU	M	39	00:53:37	00:51:38	
387	1705	RUI ANTUNES	M	35	00:53:37	00:52:08	
388	2150	PAULO FERREIRA	M	39	00:53:39	00:51:31	
389	4418	VASCO CRUZ	M	37	00:53:43	00:52:29	LEOES DA GRAÇA
390	74	JOAO PINHEIRO	M	36	00:53:48	00:52:47	
391	184	LUIS M P RODRIGUES	M	39	00:53:54	00:51:15	
392	3992	TELMO LOPES	M	38	00:53:56	00:50:28	
393	4536	MIGUEL PIRES	M	37	00:53:57	00:53:04	PERNAS DE GAFANHOTO
394	2394	VITOR CARÔCO	M	36	00:53:59	00:51:53	FAIÃO RUNNING TEAM
395	3594	PEDRO FARIA	M	39	00:54:01	00:51:58	
396	3052	BRUNO GRAÇA	M	37	00:54:01	00:52:15	URORUNNERS
397	3481	PEDRO MIGUEL DOS SANTOS LUCAS	M	36	00:54:03	00:53:30	CANHÕES DA NAZARÉ/CAN
398	3988	JOÃO PEDRO VERISSIMO RIBEIRO	M	38	00:54:06	00:52:10	
399	3707	RUI SOARES	M	38	00:54:06	00:53:29	
400	2706	NUNO MANUEL LEAL SIMÃO	M	38	00:54:08	00:53:48	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
401	3844	HÉLIO MARTINS	M	37	00:54:11	00:52:24	
402	2590	RICARDO PEREIRA	M	38	00:54:11	00:53:06	
403	4916	LUIS CARREIRA	M	39	00:54:15	00:51:00	
404	2234	PEDRO MEDEIRO	M	35	00:54:15	00:54:05	
405	3677	JORGE RAMOS	M	37	00:54:22	00:53:18	
406	2993	PEDRO SAMPAIO	M	37	00:54:23	00:53:07	
407	1534	JOÃO SEQUEIRA	M	39	00:54:24	00:53:37	
408	4588	MÁRCIO CENTENO	M	35	00:54:29	00:51:24	
409	3632	CESAR RIBEIRO	M	39	00:54:29	00:51:48	
410	1084	PEDRO DIAS	M	35	00:54:30	00:54:09	
411	1085	PEDRO NUNES	M	35	00:54:30	00:54:09	
412	3088	PEDRO MIGUEL PIRES GIL	M	36	00:54:31	00:52:49	
413	4309	DINIS CANDEIAS	M	36	00:54:34	00:52:29	
414	3232	LUIS MONTEIRO	M	35	00:54:35	00:53:19	WIKABOO
415	4045	LUIS FERREIRA	M	37	00:54:38	00:51:02	
416	4497	ANTÓNIO GONÇALVES	M	36	00:54:39	00:53:04	
417	4933	ANTONIO PINHEIRO	M	39	00:54:41	00:53:04	
418	3893	PAULO JORGE DOMINGOS DUARTE	M	35	00:54:42	00:54:30	SCALABIS NIGHT RUNNERS
419	3792	ORLANDO QUINTAS	M	35	00:54:43	00:52:13	
420	3783	RODRIGO CONCHINHA	M	35	00:54:44	00:53:22	
421	4901	RUI MARINO	M	39	00:54:45	00:53:13	
422	237	NUNO J C DIAS	M	38	00:54:52	00:52:43	
423	3755	NUNO CALDEIRA	M	36	00:54:54	00:51:35	
424	862	EDMUNDO LOURENÇO	M	35	00:54:57	00:53:43	U.R.D.ARRANHÔ
425	1965	VLADIMIRO CORREIA	M	35	00:55:00	00:53:59	
426	3104	ALEXANDRE ISAAC	M	36	00:55:03	00:53:21	JÁMEKANSAS
427	2161	TIAGO MADEIRA	M	35	00:55:03	00:53:20	
428	4078	PAULO FERNANDES	M	39	00:55:05	00:53:47	
429	2695	JOSÉ ESTEVES	M	38	00:55:07	00:53:31	EXTRACLICK
430	848	RUI JORGE LUIS	M	35	00:55:12	00:53:26	
431	4105	JOSÉ VILELAS	M	35	00:55:12	00:53:34	
432	2942	CARLOS SOUSA	M	37	00:55:13	00:53:18	
433	4600	JAVIER CALVO	M	37	00:55:15	00:54:28	GD SANTANDER TOTTA
434	2972	EMANUEL BATALHA	M	37	00:55:21	00:53:56	
435	3379	MIGUEL VITORINO	M	36	00:55:25	00:52:07	
436	2382	RICARDO CARVALHO	M	39	00:55:27	00:54:50	
437	2437	ERIC FRASSON	M	37	00:55:27	00:53:50	PUTOS RUNNING
438	596	MARIO A F SIMAS	M	39	00:55:27	00:55:14	
439	1851	IVO ALEXANDRE LIMA	M	36	00:55:27	00:52:19	
440	4021	MUKESH RAMNICLAL CARSANE	M	36	00:55:29	00:55:29	

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441	945	VASCO SILVA	M	36	00:55:30	00:52:50	LXL
442	3002	RODRIGO VICENTE	M	39	00:55:32	00:51:46	VICENTES
443	1808	FERNANDO PALMA	M	38	00:55:32	00:53:42	SS MONTEPIO GERAL
444	4032	GONÇALO AMARO	M	36	00:55:35	00:54:41	
445	4396	RUI VIEGAS	M	35	00:55:38	00:53:32	GALHARDOS RUNNERS
446	3426	RUI FRANCO	M	36	00:55:38	00:53:51	RRF
447	87	GONÇALO M F GUIMARAES	M	35	00:55:42	00:52:57	A BOLA
448	2403	DAVID VICENTE	M	37	00:55:43	00:54:12	KLENTOS
449	1481	DANIEL SANTOS	M	39	00:55:44	00:55:32	VFF 1896
450	594	OLIVIER E S JANTY	M	36	00:55:46	00:53:31	
451	1653	HUGO VELOSO	M	35	00:55:49	00:53:25	
452	2893	MARCO SIMAS	M	39	00:55:53	00:54:36	
453	2837	MANUEL C SANTOS	M	39	00:55:53	00:54:46	SS MONTEPIO GERAL
454	4700	PAULO ALEXANDRE PIRES DA SILVA	M	36	00:55:57	00:53:14	
455	4737	JOSÉ CARLOS CERQUEIRA	M	36	00:56:00	00:52:30	OS TESUDOS
456	1771	VASCO REBELO	M	37	00:56:06	00:55:21	TOCA DO LEÃO
457	2714	NUNO MIGUEL PRATES	M	36	00:56:10	00:53:06	
458	324	ANTONIO TAVARES	M	39	00:56:10	00:53:39	RUN 4 BEER
459	3896	PEDRO FILIPE PRATES	M	36	00:56:12	00:53:06	
460	309	HUGO BARRETO	M	37	00:56:21	00:54:19	
461	4060	RUI MADEIRA	M	39	00:56:30	00:55:38	
462	927	GONÇALO FERREIRA	M	36	00:56:32	00:53:02	CLUBE DESPORTIVO RIBEIRENSE
463	4048	FREDERICO NOBRE	M	37	00:56:33	00:55:12	
464	3981	FERNANDO MIGUEL BORGES COSTA DA SILVA	M	36	00:56:34	00:54:21	
465	3684	JOAQUIM NICO	M	38	00:56:36	00:55:55	OS PILAS
466	2664	JOÃO CAPELO	M	39	00:56:36	00:54:34	
467	419	BRUNO AMARO	M	37	00:56:37	00:52:49	
468	2626	JOAO D A VASCONCELOS	M	39	00:56:41	00:54:24	
469	849	PEDRO SOUSA	M	38	00:56:42	00:54:53	
470	4322	JOSÉ CARLOS COSTA	M	36	00:56:43	00:54:51	
471	4687	CARLOS MARQUES	M	35	00:56:44	00:52:02	
472	750	BRUNO BERNARDO	M	35	00:56:47	00:52:42	
473	2467	BRUNO COSTA	M	35	00:56:48	00:55:22	CCD AUT ALMADA
474	1091	HUGO HENRIQUES	M	36	00:56:57	00:55:29	FCC LOGISTICA
475	2250	BRUNO SILVA	M	38	00:56:58	00:56:10	DHS
476	157	NUNO G GOUVEIA	M	37	00:56:59	00:54:24	
477	3507	NUNO LIMA	M	36	00:56:59	00:53:18	MALANDER'S DO SPORTING!!
478	3644	GONÇALO LOUREIRO	M	36	00:57:00	00:53:09	
479	882	GONÇALO SORRELLUS	M	37	00:57:02	00:53:51	
480	2764	ANDRÉ NEVES DA SILVA JORGE	M	37	00:57:04	00:53:24	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
481	2766	MIGUEL MENDES	M	38	00:57:06	00:55:41	
482	66	SERGIO PORTAS	M	36	00:57:12	00:55:47	MTV
483	2820	NUNO ALMEIDA	M	35	00:57:12	00:55:41	AS FERAS
484	4629	RICARDO FORTES	M	37	00:57:14	00:57:14	
485	560	GONÇALO FERREIRA	M	37	00:57:15	00:55:08	THE GOURMET
486	1853	NUNO SANTOS	M	38	00:57:17	00:54:40	
487	1932	RENATO PENAS	M	36	00:57:19	00:54:48	G. D. PORTO DE SINES
488	1731	RICARDO AMARAL PINTO	M	35	00:57:22	00:56:52	
489	4835	GONÇALO CAMPOS	M	38	00:57:29	00:53:31	
490	592	BRUNO M R ALMEIDA	M	36	00:57:29	00:55:49	
491	2577	FRANCISCO BATISTA	M	35	00:57:29	00:56:44	
492	1263	PEDRO XAVIER	M	36	00:57:34	00:55:12	
493	1264	SERGIO LUPIÓN	M	35	00:57:34	00:55:13	
494	1143	TIAGO FIGUEIRA	M	35	00:57:38	00:54:29	
495	1144	JOÃO CERQUEIRA	M	37	00:57:39	00:54:29	
496	3435	HUGO MARTINS	M	35	00:57:40	00:56:28	
497	688	HENRIQUE M P SEIXAS	M	37	00:57:46	00:56:04	INDIVIDUAL
498	4338	NUNO RICARDO COSTA	M	36	00:57:49	00:56:08	
499	4314	RODRIGO RISCADO	M	39	00:57:49	00:56:09	
500	4612	SÉRGIO MARTINS	M	38	00:57:50	00:56:18	
501	3245	JORGE LOURENÇO	M	35	00:57:52	00:56:48	DHS
502	3255	JOÃO RICARDO DUARTE	M	38	00:57:56	00:54:47	
503	5008	FERNANDO LOPES	M	37	00:57:56	00:55:08	
504	3718	MIGUEL LOPES	M	37	00:57:58	00:56:19	CD ASAS DO MILÉNIO
505	973	JOÃO SANTOS	M	36	00:57:59	00:54:46	G. D. PORTO DE SINES
506	2065	NUNO BÓCHINHA	M	35	00:58:01	00:56:35	
507	4805	LUÍS FILIPE BERNARDO LOPES	M	37	00:58:02	00:57:52	
508	4572	JOÃO BERNARDINO	M	39	00:58:03	00:56:18	A CORRER É QUE A GENTE SE ENTE
509	4886	FILIPE ANTUNES	M	39	00:58:04	00:56:09	
510	595	TOME J A VASCONCELOS	M	37	00:58:04	00:55:49	
511	2554	RODRIGO AZEVEDO	M	35	00:58:06	00:56:49	
512	2880	JOSÉ RODRIGUES	M	35	00:58:08	00:55:50	GRUPO DESPORTIVO SERVICONTABIL
513	195	RUI BATISTA	M	39	00:58:14	00:56:58	BRIGADA ULTRAS SPORTING
514	1309	MIGUEL PIRES	M	35	00:58:16	00:55:00	LINK
515	4500	LUIS EVANGELISTA	M	39	00:58:24	00:54:11	COMANDO C
516	5009	NUNO RAIMUNDO	M	39	00:58:25	00:55:35	
517	3355	MAULIDE XAVIER DIAS	M	39	00:58:26	00:57:57	
518	4896	ANDRÉ SIMÕES	M	39	00:58:34	00:56:37	
519	2729	MÁRIO GOMES	M	38	00:58:35	00:56:34	
520	172	LUIS PINTO	M	36	00:58:38	00:55:34	GRUPO MARADONA

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
521	320	BRUNO M J MADEIRA	M	35	00:58:44	00:57:28	
522	2484	RODOLFO GOMES	M	35	00:58:44	00:55:57	OS ANDARILHOS
523	2652	HUGO SEVERINO	M	35	00:58:49	00:55:29	CLUBE EDP LISBOA
524	3217	LUIS CLÁUDIO CUNHA PEREIRA MOTA	M	39	00:58:50	00:57:05	
525	4146	GONÇALO ATHIAS BRANCO PEREIRA RODRIGUES DE SOUSA	M	36	00:58:50	00:55:23	COMANDO C
526	2041	JOSE FARINHA	M	38	00:59:00	00:56:39	C MILLENINUM BCP
527	4326	RICARDO BARREIRO	M	38	00:59:02	00:57:18	
528	1198	HUGO PINTO	M	36	00:59:04	00:57:52	ACS-AMIGOS CORRID SALVATERRA
529	1197	NUNO CORDEIRO	M	39	00:59:04	00:57:53	ACS-AMIGOS CORRID SALVATERRA
530	4089	FELIPE SANTOS	M	35	00:59:06	00:55:02	
531	918	MIRALDO RAMOS	M	35	00:59:07	00:56:59	SS CGD
532	3886	DÉCIO DIAS	M	37	00:59:10	00:55:42	
533	2670	RICARDO CAMPOS	M	38	00:59:12	00:56:27	AFO
534	371	HUGO M N MATEUS	M	35	00:59:19	00:57:03	
535	305	PAULO A A FONSECA	M	36	00:59:25	00:56:54	
536	509	JOAO SEQUEIRA	M	38	00:59:29	00:57:44	
537	1886	RUI BARATA	M	36	00:59:31	00:56:10	
538	3003	JOSÉ EDUARDO SOBRAL AGRA	M	39	00:59:37	00:57:20	
539	4062	RICARDO OLIVEIRA	M	39	00:59:41	00:59:17	
540	4773	JOAO H NOGUEIRA	M	35	00:59:42	00:57:32	
541	3275	ANTONIO FERNANDES	M	35	00:59:43	00:56:05	
542	479	PEDRO NASCIMENTO	M	36	00:59:43	00:57:25	COÇA MICOSES
543	3161	RICARDO JOSÉ CASIMIRO RAMOS PIMENTA	M	38	00:59:45	00:56:52	
544	1761	JORGE MODESTO	M	37	00:59:51	00:58:33	RUN-VOLUTION TEAM
545	3157	ANTONIO LOPES	M	38	00:59:54	00:57:37	
546	3264	MARIO RIBEIRO	M	35	00:59:54	00:57:36	
547	2440	CLAUDIO CABRAL	M	39	00:59:57	00:56:19	
548	2743	ANDRÉ GOMES	M	37	00:59:57	00:58:12	
549	3359	PAULO SILVA	M	35	01:00:00	00:57:45	
550	4399	SÉRGIO NUNES	M	37	01:00:04	00:56:04	CANEC D PERN FIN
551	190	PEDRO FERREIRA	M	39	01:00:06	00:58:17	BRIGADA ULTRAS SPORTING
552	2248	MARCO NEVES	M	35	01:00:09	00:58:21	SS MONTEPIO GERAL
553	2026	BRUNO SANTOS	M	39	01:00:09	00:57:19	C MILLENINUM BCP
554	1573	JOAO J FERNANDES	M	36	01:00:11	00:59:41	AÇOREANA CLUBE BANIF
555	1878	JOAQUIM NUNES PIMENTEL	M	38	01:00:17	00:59:10	
556	4237	SÉRGIO PINTO	M	37	01:00:21	00:58:12	
557	2115	NUNO BOLINHAS	M	37	01:00:21	00:59:01	
558	2121	GONCALO ADRIAO	M	35	01:00:28	00:57:31	TTM
559	2427	RUI CARVALHO	M	36	01:00:31	00:57:44	OS ANDARILHOS
560	445	PAULO	M	37	01:00:32	00:57:25	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
561	1243	RICARDO SILVA	M	36	01:00:34	00:58:20	CLUBE GRUPO BES
562	1711	RUI ALMEIDA	M	37	01:00:36	00:58:29	
563	1208	MIGUEL VILA NOVA	M	36	01:00:37	00:56:43	
564	880	PEDRO VASCONCELOS	M	36	01:00:38	00:58:04	FAMILIA TELES GOMES
565	2149	NUNO PINELA	M	35	01:00:42	00:58:07	
566	1558	ROGÉRIO CIRÍACO	M	37	01:00:44	00:57:54	
567	1443	LUÍS MANUEL CRUZ PEREIRA	M	36	01:00:47	00:58:52	
568	2635	HUGO RIBEIRO	M	36	01:00:48	00:59:05	
569	2441	RICARDO PEREIRA	M	35	01:00:48	00:59:14	PUTOS RUNNING
570	1985	NUNO PEREIRA	M	39	01:00:51	00:57:40	
571	2501	PEDRO SANTOS	M	37	01:00:52	00:58:52	
572	3391	BRUNO MANSO PRETO	M	35	01:00:59	00:59:13	
573	3258	ALEXANDRE AMARAL	M	37	01:01:03	00:57:43	
574	3027	NUNO CARRIÇO	M	38	01:01:06	00:58:19	
575	3709	MARCOS MADEIRA	M	39	01:01:09	00:59:33	INDIVIDUAL
576	4989	LINO MARTINS	M	37	01:01:12	00:57:49	
577	3153	NUNO MAIA	M	36	01:01:13	01:00:10	SCALABIS NIGHT RUNNERS
578	1054	PEDRO FERRAZ	M	37	01:01:17	00:58:34	
579	2473	NUNO DUARTE	M	38	01:01:18	00:58:14	GDCT UNICRE
580	1218	VASCO CASQUILHO	M	35	01:01:18	00:59:12	
581	952	JOSÉ MANUEL BORGES DE CARVALHO	M	39	01:01:20	00:58:57	
582	2524	PEDRO PINTO	M	39	01:01:20	00:58:55	GD CIMPOR & AMIGOS
583	2532	HELDER GONÇALVES	M	38	01:01:21	01:00:33	GD CIMPOR & AMIGOS
584	799	BRUNO RAMOS	M	36	01:01:24	00:58:32	
585	3014	PAULO LOUREIRO	M	38	01:01:25	00:58:33	
586	326	JOAO MATOS	M	39	01:01:34	00:58:30	RUN 4 BEER
587	140	PEDRO MACHADO	M	38	01:01:39	00:59:50	
588	4904	JOÃO TITO ALAGOANO	M	35	01:01:39	00:59:12	
589	1093	RICARDO PIRES	M	37	01:01:42	00:57:49	
590	3103	NUNO ALMEIDA	M	38	01:01:50	01:01:50	SPORTINGS DE ALMEIDA
591	2648	MÁRIO COSTA	M	35	01:01:50	00:58:20	COMANDO C
592	2249	RICARDO VIANA	M	37	01:01:51	01:00:05	SS MONTEPIO GERAL
593	3241	PAULO ALVES	M	36	01:01:52	00:59:29	
594	70	NUNO RODRIGUES	M	38	01:01:59	00:59:37	MTV
595	2998	JORGE JESUS	M	39	01:02:01	00:59:54	
596	465	CARLOS DINIS	M	37	01:02:08	01:00:28	N SPORTINGUISTA LEOES AZEITAO
597	2178	ALEXANDRE MOITA	M	39	01:02:12	00:59:09	C MILLENINUM BCP
598	4976	HUGO ALEXANDRE	M	36	01:02:13	00:59:53	
599	2687	CARLOS SEPULVEDA	M	39	01:02:18	01:00:41	
600	4718	JOÃO FILIPE CAMISÃO CAIO VIEIRA	M	35	01:02:20	01:00:14	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
601	549	ANTONIO T VICENTE	M	38	01:02:21	01:00:29	
602	1849	PEDRO FERREIRA	M	35	01:02:21	00:59:23	
603	30	CARLOS P S M VENTURA	M	37	01:02:24	01:00:28	TRANQUILIDADE
604	3631	NUNO ANTONIO	M	38	01:02:27	00:59:46	
605	2806	NELSON MARQUES	M	36	01:02:29	00:59:39	
606	373	ALEXANDRE LEIRIA	M	39	01:02:31	01:00:10	
607	4881	JOÃO PEDRO PEIXOTO FREITAS PEREIRA	M	37	01:02:32	00:59:38	
608	3522	RICARDO CABRITO	M	37	01:02:35	01:00:03	
609	4844	NUNO MIGUEL TEIXEIRA DE JESUS BERNARDO	M	38	01:02:39	00:59:59	
610	2742	EDUARDO MONTEIRO	M	39	01:02:48	00:59:26	OS PAPA CORRIDAS
611	2739	JOÃO DUARTE	M	35	01:02:48	00:59:27	OS PAPA CORRIDAS
612	4688	JOSÉ PEDRO RAIMUNDO	M	35	01:02:49	00:58:06	
613	2980	PAULO MORAIS	M	39	01:02:49	01:00:52	PAPA TRILHOS RUN TEAM
614	108	LUIS ADAO	M	38	01:03:06	01:03:06	
615	2876	LUIS DUARTE	M	36	01:03:07	01:00:49	GRUPO DESPORTIVO SERVICONTABIL
616	1379	RUI MECA	M	39	01:03:14	01:00:54	
617	1767	JORGE BOIM	M	38	01:03:17	01:02:33	TOCA DO LEÃO
618	71	PAULO GUERREIRO	M	35	01:03:19	00:59:44	MTV
619	4774	GONÇALO FONSECA	M	35	01:03:21	01:01:10	
620	4608	RODRIGO VIDAL	M	36	01:03:23	01:00:33	
621	2439	NUNO PICADO	M	35	01:03:30	01:01:21	
622	3254	MARCO SOUTA	M	35	01:03:37	01:02:55	
623	3934	ANTÓNIO SILVA	M	37	01:03:56	01:00:21	DREAM TEAM
624	2768	FERNANDO MELO	M	39	01:03:59	01:02:00	CPT SOBRAL CEIRA
625	149	HELDER M B CARDOSO	M	39	01:04:05	01:00:28	
626	1201	LUIS NUNES	M	39	01:04:06	01:00:59	
627	2975	MIGUEL CUNHA	M	37	01:04:12	01:00:25	
628	512	SERGIO F F G SA	M	39	01:04:17	01:00:41	
629	4248	NUNO DE CARVALHO E MELO VARELA	M	39	01:04:24	01:02:06	
630	4593	RICARDO RODRIGUES	M	35	01:04:36	01:03:01	
631	532	JOAO M C S BELGA	M	37	01:04:41	01:02:09	
632	207	PAULO C V CUNHA	M	39	01:04:42	01:04:42	
633	4610	JOSE CARLOS SANTOS	M	39	01:04:46	01:02:16	
634	3804	BRUNO MARQUES	M	35	01:04:53	01:02:22	
635	3722	LUÍS ROMEIRAS	M	35	01:05:10	01:03:22	FERROS & ASSOCIADOS
636	685	CARLOS MATIAS	M	38	01:05:16	01:03:30	
637	4443	PAULO SANTOS	M	37	01:05:19	01:02:06	
638	3703	MIGUEL VENTURA	M	36	01:05:24	01:01:17	
639	3607	JOAO SANTOS	M	38	01:05:24	01:03:13	GDCT REPSOL
640	2224	MARCO BASTOS	M	39	01:05:27	01:02:12	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
641	1887	FERNANDO PEREIRA DE ALMEIDA	M	35	01:05:30	01:04:10	CLAC - ENTRONCAMENTO
642	3927	LUÍS CABAÇA	M	36	01:05:32	01:01:50	
643	3289	HUGO PEREIRA	M	36	01:05:36	01:05:00	
644	109	RICARDO S LOPES	M	38	01:05:37	01:03:51	
645	2733	GONÇALO GUÉRIN	M	39	01:05:46	01:03:58	FERROS & ASSOCIADOS
646	4296	RUI ALMEIDA	M	35	01:05:52	01:03:00	
647	1498	GUALTER BERNARDES	M	36	01:05:54	01:03:03	
648	165	TIAGO F R MENDES	M	35	01:06:11	01:02:31	
649	413	MARCO A S COSTA	M	37	01:06:23	01:03:44	
650	3837	NUNO ARAGÃO	M	35	01:06:27	01:03:26	COMANDO C
651	812	OLIMPIO MAGALHAES	M	38	01:06:29	01:03:39	SS CGD
652	2408	NUNO CERQUEIRA	M	36	01:06:29	01:03:35	ORFF
653	1504	NUNO BARRETO	M	37	01:06:38	01:02:27	
654	3727	JOÃO SILVA	M	39	01:06:43	01:05:08	
655	2979	JORGE NOBRE	M	36	01:06:48	01:05:20	
656	4579	PEDRO NOBRE PINTO	M	35	01:06:49	01:02:58	
657	2466	PAULO JORGE PAIXÃO	M	39	01:06:59	01:04:06	CLUBE COLABORADORES AXA
658	175	LUIS PIEDADE	M	36	01:07:01	01:03:57	GRUPO MARADONA
659	3446	LUÍS MENDES	M	39	01:07:02	01:03:01	
660	4946	ABILIO SILVA	M	37	01:07:16	01:07:16	DICARMO
661	4438	LUIS MARQUES	M	39	01:07:24	01:05:06	
662	2536	JOSÉ HENRIQUE PEREIRA	M	39	01:07:31	01:04:50	
663	2963	MIGUEL GONÇALVES	M	37	01:07:32	01:05:51	N. SPORTINGUISTA QUINTA DA FON
664	4290	ARTUR MONTEIRO	M	37	01:07:36	01:05:23	
665	1497	NUNO AFONSO	M	35	01:07:41	01:04:54	
666	120	RICARDO A A C ESTEVENS	M	39	01:07:49	01:07:49	
667	4046	ANTÓNIO ANDRADE	M	39	01:08:15	01:04:07	
668	3713	RICARDO FILIPE CALDAS	M	36	01:08:15	01:06:04	
669	3498	CARLOS SOUSA	M	37	01:08:16	01:05:03	
670	673	JOAO F PEDRA	M	38	01:08:22	01:04:47	
671	4915	MIGUEL SILVA	M	38	01:08:24	01:05:51	DICARMO
672	1536	JOSÉ COSTA	M	38	01:08:36	01:04:52	
673	365	PAULO C P FERNANDES	M	35	01:08:43	01:06:28	
674	4173	PEDRO RODRIGUES	M	38	01:08:53	01:06:07	
675	2781	CLÁUDIO TENENTE	M	39	01:08:56	01:06:38	
676	2063	CARLOS MENDES	M	38	01:09:03	01:07:35	KEEP CALM & XORA
677	1717	NUNO RENDEIRO	M	37	01:09:11	01:07:46	
678	2393	NUNO SILVA	M	37	01:09:13	01:05:24	FAIÃO RUNNING TEAM
679	1797	MIGUEL SILVA	M	39	01:09:36	01:06:50	
680	518	NUNO M A POMBINHO	M	37	01:09:55	01:06:00	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
681	1332	CARLOS MARUTA	M	35	01:09:56	01:06:24	
682	3461	ANTONIO LOPES	M	37	01:10:01	01:08:02	
683	2325	RODRIGO MENEZES BASTO	M	38	01:10:04	01:07:29	
684	1292	JOSÉ BRITO	M	39	01:10:08	01:07:08	
685	4334	JOSÉ PIRES	M	38	01:10:28	01:07:09	
686	548	FILIPE RIBEIRO	M	38	01:10:36	01:07:37	
687	4544	ALEXANDRE RODRIGUES	M	38	01:10:49	01:07:42	
688	2207	CARLOS MARTINHO	M	36	01:10:49	01:07:43	
689	396	JOAO N COELHO	M	37	01:10:50	01:07:07	
690	2290	MIGUEL ISIDORO	M	39	01:11:07	01:07:22	JAZZY RUNNERS
691	1089	HUGO OLIVEIRA	M	37	01:11:14	01:09:45	FCC LOGISTICA
692	3731	SÉRGIO LOPES CARDEIRA	M	37	01:11:41	01:08:58	
693	166	NUNO M S OLIVEIRA	M	37	01:11:48	01:09:05	
694	4425	NUNO RODRIGUES	M	38	01:12:25	01:09:30	SS MONTEPIO GERAL
695	4555	PEDRO MOURA	M	36	01:12:48	01:11:57	SPORTING LOVERS
696	3971	JEAN FIRMINO	M	35	01:12:56	01:12:56	
697	266	TIAGO BATISTA	M	37	01:12:59	01:09:16	
698	265	LOURENÇO BORDALO	M	38	01:13:08	01:09:24	
699	2468	RICARDO TEIXEIRA	M	36	01:13:27	01:09:27	CLUBE COLABORADORES AXA
700	3897	RICARDO J S LEAL	M	37	01:13:44	01:10:24	
701	199	RODRIGO SARAIVA	M	36	01:14:29	01:10:23	
702	4708	CARLOS MACHADO	M	37	01:14:39	01:12:26	PAPA KM
703	3527	VITOR CARDOSO	M	36	01:15:07	01:11:28	GD IN CASA MOEDA
704	2147	JOÃO FARO	M	38	01:15:28	01:11:37	
705	4221	DAVID MURARGI	M	35	01:15:46	01:15:46	CONCHAS
706	2647	TIAGO SEABRA	M	35	01:16:04	01:12:33	COMANDO C
707	2640	CESAR MACHADO	M	36	01:16:05	01:12:06	
708	1156	PEDRO ROCHA	M	35	01:16:07	01:12:08	
709	3875	FERNANDO ENCARNACAO	M	39	01:16:28	01:13:12	
710	3976	PAULO MARTINHO	M	39	01:17:28	01:13:53	
711	921	MARIO PEREIRA	M	38	01:17:29	01:14:42	SS CGD
712	448	FERNANDO M C MARTINS	M	35	01:18:33	01:16:00	
713	4153	JORGE VALE	M	35	01:18:57	01:15:50	
714	930	JOÃO MARIANO	M	36	01:19:16	01:15:58	CLUBE DESPORTIVO RIBEIRENSE
715	3302	LUIS A SILVA	M	36	01:20:02	01:18:19	N. SPORTINGUISTA QUINTA DA FON
716	2965	RUI SEGURADO	M	37	01:20:03	01:18:20	N. SPORTINGUISTA QUINTA DA FON
717	1393	PEDRO SÁ	M	37	01:20:26	01:17:34	RAIL RUNNERS
718	671	RUI SALVADO	M	36	01:20:34	01:18:09	
719	29	CARLOS E O M ALVES	M	38	01:21:10	01:19:38	TRANQUILIDADE
720	155	AFONSO H LEITAO	M	37	01:21:14	01:15:25	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
721	3246	PAULO JORGE AMORIM	M	35	01:21:40	01:18:30	
722	932	JOAQUIM CORDEIRO	M	39	01:23:20	01:20:02	CLUBE DESPORTIVO RIBEIRENSE
723	2798	BRUNO AIRES	M	36	01:25:04	01:21:06	
724	358	DALILA MAULDE	M	37	01:26:08	01:21:20	
725	2557	RUI ALMEIDA	M	38	01:29:04	01:29:04	
726	2512	BRUNO FONSECA	M	37	01:29:27	01:29:27	
727	4816	PEDRO MIGUÉNS	M	35	01:32:42	01:27:28	
728	44	EDUARDO C G QUINTÃS	M	39	01:37:20	01:35:11	TRANQUILIDADE
729	1489	JOAO PORTELA	M	36	01:41:22	01:37:27	
730	1490	NUNO PORTELA	M	38	01:41:23	01:37:32	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	4118	RAUL CAETANO	M	41	00:33:54	00:33:54	CUA BENAVENTENSE
2	4442	LUIS GINJA	M	40	00:34:10	00:34:07	
3	1783	JORGE COSME	M	41	00:34:56	00:34:49	ESCOLA DE ATLETISMO RUI SILVA
4	3793	PAULO CANTANTE	M	41	00:36:09	00:35:59	CLUBE D. RECREATIVO RIBEIRINHO
5	4343	ARMANDO CAIADAS	M	40	00:36:11	00:36:06	C.R. ALTURENSE
6	987	ALCINO NUNES	M	41	00:37:07	00:37:04	CLAC - ENTRONCAMENTO
7	93	EDUARDO MARQUES	M	43	00:37:10	00:37:08	A BOLA
8	4339	LUIS MATOS	M	43	00:37:24	00:37:24	
9	345	ANTONIO SIMOES	M	43	00:37:56	00:37:45	GDC BANCO PORTUGAL
10	2415	LUÍS CIPRIANO	M	40	00:38:04	00:37:55	AMCR FONTE GRADA
11	909	FERNANDO CANDEIAS	M	42	00:38:21	00:38:12	SS CGD
12	342	LUIS RIO	M	42	00:38:21	00:38:10	GDC BANCO PORTUGAL
13	2101	CARLOS LOPES	M	41	00:38:26	00:38:05	
14	1383	FERNANDO GOMES	M	40	00:38:33	00:38:31	UNIDOS DA MANUTENÇÃO
15	4091	RUI CABEÇAS	M	41	00:38:40	00:38:31	
16	1610	JOSÉ QUEIROS	M	42	00:38:49	00:38:42	
17	4292	VALENTIM HENRIQUES	M	44	00:38:54	00:38:43	OPROTICANTE/CD ASAS DO MILENIU
18	2985	ANIBAL COSTA	M	43	00:39:00	00:38:58	
19	471	LUIS PAULO	M	42	00:39:09	00:39:06	MULTIRUNNERS
20	1937	LUÍS PEREIRA	M	44	00:39:15	00:38:33	G.D.R. SÃO FRANCISCO DA SERRA
21	3144	GONÇALO JOSÉ ZARCO MARTINHO DO ROSÁRIO	M	40	00:39:18	00:39:07	SCALABIS NIGHT RUNNERS
22	1960	LUIS VALENTE	M	41	00:39:26	00:39:21	
23	3345	ANTÓNIO PEDRO SILVA	M	40	00:39:35	00:39:33	
24	2773	ROMEU CORREIA	M	41	00:39:37	00:38:48	
25	1118	LUIS MONTEIRO	M	42	00:39:37	00:39:34	CLUBE GRUPO BES
26	1925	JOÃO PASTOR	M	41	00:39:38	00:39:29	AMIGOS ATLETISMO MAFRA
27	3147	LUIS MANUEL MENDES BALTAZAR	M	40	00:39:39	00:39:28	SCALABIS NIGHT RUNNERS
28	3195	JOAQUIM MARQUES	M	40	00:39:48	00:39:36	
29	3335	GONÇALO CARDOSO	M	41	00:39:49	00:39:46	WIKABOO
30	1644	FRANCISCO SERRANO	M	40	00:39:51	00:39:45	GD INE
31	2715	GONÇALO FERREIRA	M	40	00:39:55	00:39:51	
32	1970	NUNO SANTOS	M	42	00:39:57	00:39:54	CCD O ALVITEJO
33	2136	ANTONIO AMIEIRO	M	44	00:39:58	00:39:52	GARMIN CO OEIRAS
34	1220	SADIQ MURADE KASSAMO	M	40	00:40:01	00:39:56	
35	2883	SIDÓNIO DIAS	M	42	00:40:03	00:39:57	
36	1382	RUI CARDOSO	M	42	00:40:10	00:40:08	UNIDOS DA MANUTENÇÃO
37	1647	GONÇALO FERREIRA	M	41	00:40:12	00:40:04	GD INE
38	3938	CARLOS BEATO	M	41	00:40:15	00:40:15	LINDA-A-PASTORA SPORTING CLUB
39	1242	RICARDO PEREIRA	M	42	00:40:23	00:40:04	CLUBE GRUPO BES
40	2336	MÁRIO ESTEVÃO	M	40	00:40:29	00:40:17	AMCR FONTE GRADA

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	2757	NUNO MG ALVES	M	40	00:40:31	00:40:27	
42	1146	PAULO RIBEIRO	M	42	00:40:34	00:40:32	MONTERO RUNNING TEAM
43	1708	CARLOS GREGO	M	44	00:40:45	00:40:45	CASCAIS PANDILHA
44	4941	TIAGO MANUEL TRINDADE SANTOS LOPES	M	43	00:40:49	00:40:42	
45	4463	MIGUEL TAVARES	M	41	00:40:51	00:40:46	
46	3396	LUIS LIMA	M	41	00:40:56	00:40:50	
47	1056	JORGE MAURICIO	M	40	00:40:56	00:40:10	
48	1330	PEDRO MOTA	M	43	00:40:57	00:40:51	
49	2342	JOSÉ CARLOS ABRANTES	M	41	00:41:02	00:39:42	LEÕES DA ESTRELA
50	3233	VITOR CUNHA	M	44	00:41:10	00:41:03	WIKABOO
51	3045	NELSON GUEDES	M	44	00:41:11	00:41:11	
52	1145	PAULO LOPES	M	42	00:41:20	00:41:02	CARRASCO & AMIGOS
53	1365	ISIDRO DUARTE	M	44	00:41:28	00:41:18	TARTARUGAS IMPARÁVEIS
54	2156	RUI FERREIRA	M	42	00:41:29	00:41:24	RB RUNNING/CARTAXEIRO
55	4411	CARLOS JACINTO	M	41	00:41:32	00:41:28	
56	4305	ANTONIO RICO	M	41	00:41:32	00:41:25	NA PERNA ASSADA
57	2158	RUI LUIS REIS PRATAS	M	40	00:41:34	00:41:32	ESCOLA DE ATLETISMO RUI SILVA
58	2193	TIAGO MENDES	M	40	00:41:36	00:41:33	C MILLENINUM BCP
59	1628	MARCOS OLIVEIRA	M	41	00:41:40	00:41:31	GD INE
60	3223	HENRIQUE JANOTA	M	40	00:41:45	00:41:21	CARACÓIS DE PEDRA
61	4001	NUNO PACHECO	M	41	00:41:45	00:41:24	
62	4167	PAULO SANTOS	M	43	00:41:51	00:40:46	
63	4843	JOAQUIM SANTOS	M	42	00:41:54	00:41:52	
64	2414	JOSÉ MAGALHÃES	M	42	00:41:56	00:41:01	AMCR FONTE GRADA
65	1183	JORGE CALDEIRA	M	43	00:41:57	00:41:39	AMINHACORRIDA/TOTALSTOR
66	1092	CARLOS OLIVEIRA	M	40	00:42:00	00:41:36	
67	2404	RUI DOMINGOS	M	42	00:42:02	00:41:44	
68	2573	NUNO PRATA	M	42	00:42:08	00:41:25	
69	1789	VITOR MARQUES	M	44	00:42:16	00:41:51	ESCOLA DE ATLETISMO RUI SILVA
70	1614	RUI BOLOTA	M	41	00:42:16	00:42:01	
71	1866	NUNO QUEIJA	M	40	00:42:17	00:42:15	CLUBE DE FUTEBOL OS BELENENSES
72	1312	NELSON SANTOS	M	42	00:42:19	00:42:02	
73	3719	NUNO ARAÚJO	M	41	00:42:21	00:42:05	
74	2262	RUI FALHAS	M	40	00:42:29	00:42:18	RB RUNNING/CARTAXEIRO
75	859	FILIPPE BRANCO	M	43	00:42:31	00:42:14	U.R.D.ARRANHÔ
76	1082	JOÃO PEDRO GAMEIRO	M	43	00:42:35	00:42:15	
77	1064	DARIO CABETE	M	40	00:42:37	00:42:13	C.C.R.D.BURINHOSA
78	1007	RICARDO VICENTE	M	41	00:42:37	00:41:43	IND.DESPORTIVO VIEIRENSE
79	2264	NUNO ALMEIDA	M	42	00:42:40	00:42:36	RB RUNNING/CARTAXEIRO
80	628	HELDER CANIVETE	M	40	00:42:43	00:42:06	N SPORTINGUISTA V NOVAS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	3219	RUI DUARTE	M	42	00:42:45	00:42:26	
82	3443	JOÃO SALGUEIRO ANTUNES	M	43	00:42:54	00:42:29	
83	2605	ANTÓNIO VELOSO	M	42	00:42:56	00:42:19	
84	1786	LUIS NUNES	M	42	00:42:57	00:42:34	ESCOLA DE ATLETISMO RUI SILVA
85	3298	NUNO SILVA	M	40	00:43:00	00:42:04	
86	3774	LUIS TORRES	M	41	00:43:08	00:42:53	H3 RUNNERS
87	969	JOÃO FONSECA	M	44	00:43:15	00:42:33	ILOVEPV
88	2033	PEDRO CUSTODIO	M	42	00:43:17	00:43:07	C MILLENINUM BCP
89	3119	ANTONIO FERREIRA	M	41	00:43:18	00:43:10	GD SANTANDER TOTTA
90	2967	LUIS BARRETO	M	42	00:43:19	00:43:08	
91	3598	CARLOS MANUEL GUEDES MARQUES	M	42	00:43:19	00:43:05	
92	1867	JOÃO ÁLVARO CAPA	M	43	00:43:19	00:42:27	LEÕES DO MINHO
93	4895	RUI MOREIRA	M	43	00:43:30	00:43:20	LION & EAGLES
94	4440	CARLOS CORREIA	M	44	00:43:33	00:43:06	
95	99	MIGUEL MENEZES	M	41	00:43:34	00:43:06	INDIVIDUAL
96	5006	RUI SILVA	M	42	00:43:35	00:43:13	LXL
97	2261	JOSE OLIVEIRA	M	40	00:43:35	00:43:28	RB RUNNING/CARTAXEIRO
98	1108	HUGO CARAGO	M	40	00:43:38	00:43:14	CLUBE GRUPO BES
99	3708	MIGUEL COSTA SANTOS	M	43	00:43:41	00:43:15	
100	1402	CARLOS SA	M	42	00:43:45	00:43:16	GRUP.DESP.CHELAS
101	1982	VIRGÍNIO PATEIRO	M	42	00:43:47	00:42:47	
102	1028	MÁRIO SILVA	M	43	00:43:54	00:43:41	ASAS NO PÉS
103	4441	PEDRO TEIXEIRA	M	40	00:43:56	00:43:27	
104	1466	ALEXANDRE BENTO	M	40	00:43:59	00:43:45	
105	1239	PEDRO VITOR	M	43	00:44:01	00:43:23	CLUBE GRUPO BES
106	4383	RUI MELO	M	42	00:44:10	00:43:47	
107	4605	LUIS NOGUEIRA	M	43	00:44:11	00:44:00	
108	3074	ANTONIO LOURO	M	40	00:44:17	00:44:17	GD SANTANDER TOTTA
109	3911	PEDRO RODRIGUES CABRITO	M	40	00:44:26	00:43:27	
110	4496	ANTONIO ALVES REBELO	M	42	00:44:28	00:43:11	CALADOS & REBELOS
111	4195	RUI PEREIRA	M	41	00:44:35	00:43:26	
112	2352	PEDRO RODRIGUES	M	43	00:44:41	00:43:20	GARAGE TEAM
113	2297	FERNANDO LOPES	M	43	00:44:44	00:44:02	AD REAL ACADEMIA
114	1629	NUNO MARTINS	M	41	00:44:45	00:43:59	GD INE
115	1398	CARLOS RODRIGUES	M	41	00:44:50	00:44:21	GRUP.DESP.CHELAS
116	4414	JOÃO GOMES	M	41	00:44:53	00:44:17	AMIGOS ATLETISMO MAFRA
117	2661	PAULO TORRES	M	42	00:44:57	00:44:32	
118	2496	FERNANDO ROSETE	M	43	00:44:59	00:44:42	RUN 4 FUN
119	3646	ANTÓNIO BAPTISTA	M	44	00:44:59	00:44:16	
120	1989	RUI PINELA	M	42	00:45:01	00:43:39	BLADERUNNERS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	3492	FRANCISCO PEREIRA	M	44	00:45:02	00:44:38	
122	2004	MÁRIO MARTINS	M	40	00:45:04	00:44:40	PAPA LÉGUAS
123	3163	CARLOS COSTA	M	43	00:45:05	00:44:46	
124	3143	DINIS FILIPE MENDES DA SILVA	M	41	00:45:10	00:44:54	SCALABIS NIGHT RUNNERS
125	3109	TIAGO VARANDA	M	41	00:45:14	00:44:13	
126	2907	RUI VIEIRA	M	42	00:45:14	00:45:01	
127	3614	DAVID BATISTA CASINHAS	M	44	00:45:16	00:44:35	CCD SINTRENSE
128	1984	RUI MATA	M	43	00:45:19	00:44:39	
129	3171	PAULO JOÃO CARDOSO DOS SANTOS	M	41	00:45:23	00:45:12	
130	3201	LUIS ANTÓNIO DE BRITO MILA FILIPE	M	43	00:45:25	00:45:11	SCALABIS NIGHT RUNNERS
131	4725	VITOR GALEGO	M	43	00:45:31	00:44:47	
132	3353	J JOÃO GUEDES	M	40	00:45:32	00:45:15	
133	4170	NUNO ANTUNES	M	44	00:45:34	00:45:27	
134	1130	VITOR RAIMUNDO	M	42	00:45:38	00:45:14	C.C.R.D.BURINHOSA
135	1799	JOSÉ FERNANDES	M	40	00:45:40	00:45:37	CLUBE DE FUTEBOL OS BELENENSES
136	2263	LUIS ANTUNES	M	41	00:45:43	00:45:31	RB RUNNING/CARTAXEIRO
137	1426	ANTERO MARTINS	M	43	00:45:45	00:44:57	TÁLENTO PRA CORRER TEAM
138	4191	EDUARDO HORTA	M	42	00:45:46	00:45:03	
139	3135	LUIS MENDES	M	40	00:45:49	00:45:43	NA PERNA ASSADA
140	4449	MÁRIO RUI LOBO	M	43	00:45:50	00:44:53	OS LOBOS
141	2653	RODRIGO PAIVA	M	41	00:45:52	00:45:15	
142	4101	MIGUEL NUNES	M	40	00:45:55	00:45:21	
143	2266	FERNANDO GODINHO	M	40	00:46:10	00:46:01	RB RUNNING/CARTAXEIRO
144	3066	LUIS CRUZ	M	42	00:46:16	00:46:01	
145	462	JOSE ALVARO	M	41	00:46:17	00:45:43	N SPORTINGUISTA LEOES AZEITAO
146	2578	PEDRO RODRIGUES FELICIO	M	41	00:46:19	00:45:26	
147	330	ORLANDO A S SILVA	M	42	00:46:21	00:46:06	
148	388	JOSE F PEIXOTO	M	43	00:46:29	00:45:33	
149	4134	MIGUEL RIBEIRO	M	43	00:46:30	00:45:31	
150	2933	DIOGO FONSECA E SILVA	M	44	00:46:32	00:46:07	
151	1515	ANTONIO NOGUEIRA	M	41	00:46:33	00:46:03	
152	4125	CARLOS TEIXEIRA	M	41	00:46:34	00:46:27	GD SANTANDER TOTTA
153	1612	FERNANDO LUZ	M	44	00:46:35	00:45:45	GDCT UNICRE
154	307	JOSE M F VITORINO	M	41	00:46:37	00:45:58	
155	4288	LUIS NUNES	M	40	00:46:37	00:45:52	OPROTICANTE/CD ASAS DO MILENIU
156	1011	OCTAVIO MARIANO	M	42	00:46:38	00:46:13	C.C.R.D.BURINHOSA
157	4521	SÉRGIO ALEXANDRE ANTUNES MÓNICA	M	43	00:46:41	00:46:23	
158	1649	CARLOS SANTOS	M	44	00:46:41	00:46:23	GD INE
159	2752	JOSÉ JOÃO RIBEIRO	M	40	00:46:43	00:45:56	
160	5019	ALEXANDRE ABADE	M	40	00:46:50	00:45:38	

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161	1372	PAULO BARREIRA	M	40	00:46:54	00:45:35	
162	1240	RICARDO CANAS	M	41	00:46:55	00:46:34	CLUBE GRUPO BES
163	1400	JORGE MARQUES	M	44	00:46:56	00:46:29	GRUP.DESP.CHELAS
164	1037	NUNO MARQUES	M	40	00:46:56	00:46:03	ASAS NOS PÉS
165	1059	PEDRO CARDOSO	M	40	00:46:57	00:45:50	
166	2280	ARNALDO TRINDADE	M	42	00:46:57	00:46:25	RB RUNNING/CARTAXEIRO
167	4113	CARLOS BEIJINHO	M	42	00:46:58	00:46:23	
168	1525	RUI CARVALHO SANTOS	M	42	00:47:01	00:46:44	RUN 4 FUN
169	2982	RICARDO MOREIRA	M	40	00:47:04	00:46:29	PAPA TRILHOS RUN TEAM
170	3281	JOÃO J. RODRIGUES	M	42	00:47:04	00:46:50	
171	3660	PAULO SANTOS	M	43	00:47:08	00:46:36	
172	2885	FERNANDO ROCHA	M	43	00:47:21	00:46:50	
173	3624	ROGÉRIO AZEVEDO	M	43	00:47:21	00:47:08	CCD SINTRENSE
174	1511	HELDER SANTINHOS	M	43	00:47:32	00:46:24	
175	496	PAULO J COSTA	M	40	00:47:33	00:45:54	
176	1235	PEDRO ANDRADE	M	43	00:47:34	00:47:02	CLUBE GRUPO BES
177	2514	PEDRO ALEXANDRE DA SILVA MELO	M	41	00:47:37	00:46:32	
178	1029	CARLOS MENDES	M	43	00:47:40	00:47:27	ASAS NO PÉS
179	2284	ANTONIO ANAIA	M	44	00:47:41	00:46:33	
180	4735	NUNO GERVÁSIO	M	43	00:47:43	00:46:34	
181	2169	NUNO TEMPERA	M	44	00:47:47	00:46:19	RB RUNNING/CARTAXEIRO
182	4707	PAULO JORGE GARCIA	M	43	00:47:51	00:46:57	PERNAS DE GAFANHOTO
183	2634	PAULO SENA	M	42	00:48:00	00:47:29	
184	3878	LINO ROQUE	M	40	00:48:03	00:47:13	DANATUR
185	1148	SÉRGIO COSTA	M	44	00:48:09	00:47:59	
186	2361	PAULO FERNANDES	M	42	00:48:10	00:47:17	MARATONISTAS DE SOFÁ
187	3043	ARTUR FERNANDO DOMINGOS MADEIRA BAPTISTA	M	42	00:48:14	00:47:59	SCALABIS NIGHT RUNNERS
188	2908	NUNO FERREIRA	M	44	00:48:18	00:48:07	
189	4921	JOSE PEREIRA	M	44	00:48:19	00:47:11	GD SANTANDER TOTTA
190	1182	SERGIO RODELO	M	43	00:48:20	00:47:45	AMINHACORRIDA/TOTALSTOR
191	1342	CARLOS LAMY BANDEIRA	M	44	00:48:20	00:47:25	
192	4640	JOAO PAULO	M	43	00:48:24	00:47:14	OPROTICANTE/CD ASAS DO MILENIU
193	1451	JOSÉ ALÍPIO	M	43	00:48:26	00:47:54	
194	1787	RICARDO VIEIRA	M	42	00:48:26	00:48:03	ESCOLA DE ATLETISMO RUI SILVA
195	1463	NUNO ALMEIDA	M	41	00:48:27	00:48:27	
196	3125	EDUARDO RODRIGUES	M	43	00:48:30	00:47:21	
197	2070	PAULO OLIVEIRA	M	40	00:48:32	00:48:10	
198	1285	CARLOS PINTO CRAVEIRA	M	42	00:48:37	00:47:57	AC TEAM
199	408	JOAO D B FERNANDES	M	40	00:48:40	00:48:21	
200	3387	TIAGO CANHOTO	M	41	00:48:41	00:48:41	CANHOTO

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201	39	MIGUEL P P T MATOS	M	43	00:48:42	00:47:43	TRANQUILIDADE
202	2949	RUI LOURENÇO	M	44	00:48:48	00:47:37	
203	1509	JOSÉ FARIA	M	44	00:48:48	00:47:40	
204	2387	GONÇALO SOUSA	M	42	00:48:48	00:47:52	
205	217	PEDRO BARRELA	M	41	00:48:49	00:47:56	GD BANCO BPI
206	1258	ANTONIO JOAQUIM FERREIRA CORDEIRO	M	40	00:48:50	00:47:41	
207	2987	ANTÓNIO FERREIRA	M	41	00:48:51	00:48:25	
208	2327	ACÚRCIO MARIA	M	42	00:48:55	00:48:16	
209	2270	ALBERTO ARAUJO	M	40	00:48:55	00:48:51	RB RUNNING/CARTAXEIRO
210	2269	CARLOS ANSELMO	M	43	00:48:58	00:47:43	RB RUNNING/CARTAXEIRO
211	1174	JOAO M LEITAO	M	43	00:48:59	00:47:51	AMINHACORRIDA/TOTALSTOR
212	1131	CLAUDIO NEVES	M	40	00:48:59	00:48:43	C.C.R.D.BURINHOSA
213	2409	PEDRO PELEJA	M	40	00:49:01	00:48:15	ORFF
214	3864	FERNANDO CONCEIÇÃO	M	44	00:49:02	00:47:56	
215	4459	PEDRO CAETANO	M	41	00:49:05	00:48:02	
216	3032	RICARDO DIAS	M	40	00:49:05	00:47:58	SS MONTEPIO GERAL
217	1540	NUNO ALEXANDRE VAZ MIGUEL	M	41	00:49:06	00:48:31	
218	3349	ROBERTO AGOSTINHO	M	40	00:49:06	00:48:09	
219	2001	LUÍS CARDOSO	M	41	00:49:06	00:48:42	PAPA LÉGUAS
220	4225	JOÃO REIS	M	43	00:49:07	00:48:12	POPAPNEUS
221	5007	CARLOS MAGALHÃES	M	44	00:49:08	00:48:48	LXL
222	89	NUNO P S FORTE	M	40	00:49:08	00:46:05	A BOLA
223	1467	MIGUEL CHAVES	M	43	00:49:08	00:48:54	
224	845	CRISTIANO MARQUES	M	41	00:49:10	00:49:00	
225	3363	JAIME DA COSTA	M	43	00:49:13	00:45:35	OS AMIGOS DA CORRIDA
226	1679	PEDRO GASPAR	M	44	00:49:18	00:47:48	
227	102	JOSE CECILIO	M	40	00:49:20	00:48:01	
228	3916	NUNO AFONSO	M	41	00:49:20	00:48:24	VALADARES
229	4025	RODRIGO	M	44	00:49:21	00:48:00	
230	896	JOSÉ ANTÓNIO SILVA	M	41	00:49:21	00:48:22	
231	430	ANTONIO A COUTINHO	M	40	00:49:24	00:49:10	
232	2179	ANTONIO RAMOS	M	43	00:49:27	00:48:48	C MILLENINUM BCP
233	3999	SERGIO BORGES	M	41	00:49:33	00:48:57	NUCLEO DESPORTIVO AUTOCOOPE
234	4495	PAULO PINTO LUIS	M	44	00:49:35	00:49:14	
235	3312	ANTONIO TRIGUEIRO	M	41	00:49:35	00:49:13	
236	3106	JORGE SOUSA	M	40	00:49:38	00:49:38	SS MONTEPIO GERAL
237	3064	PAULO REAL MARTINS	M	43	00:49:39	00:48:29	
238	499	RICARDO L N GOMES	M	41	00:49:40	00:48:22	
239	4624	PEDRO MIGUEL PIRES DE CASTRO	M	43	00:49:41	00:48:38	
240	2013	PEDRO SA	M	41	00:49:42	00:47:30	C MILLENINUM BCP

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241	193	JOAO GANTRO	M	44	00:49:43	00:49:15	BRIGADA ULTRAS SPORTING
242	1910	LUIS ROUSSADO	M	43	00:49:43	00:48:23	AUTO JACINTO
243	3394	ANTONIO SOUSA	M	43	00:49:47	00:49:37	
244	3389	JOSÉ CANHOTO	M	41	00:49:47	00:48:28	CANHOTO
245	1895	CARLOS LUÍS CONCEIÇÃO NITA	M	43	00:49:56	00:49:04	
246	4174	JOÃO PEDRO VINTÉM	M	43	00:49:56	00:48:53	
247	835	VASCO ALPALHÃO	M	43	00:50:00	00:48:31	ALPALHAO
248	3366	HUMBERTO LUZ	M	43	00:50:01	00:46:23	OS AMIGOS DA CORRIDA
249	1485	NUNO FREDERICO DUARTE	M	42	00:50:02	00:49:51	
250	4090	JOSÉ BONITO	M	43	00:50:06	00:49:39	
251	3963	GONÇALO MINDERICO	M	40	00:50:12	00:47:56	
252	683	APOLO J D PEREIRA	M	44	00:50:17	00:49:38	
253	1574	JOAO SERRA	M	41	00:50:19	00:49:48	AÇOREANA CLUBE BANIF
254	566	LUIS M P CUNHA	M	40	00:50:19	00:48:55	
255	2021	NUNO PEREIRA	M	42	00:50:20	00:48:07	C MILLENINUM BCP
256	182	PAULO M SANTOS	M	41	00:50:21	00:49:26	
257	1484	FREDERICO WIBORG	M	42	00:50:22	00:49:23	VFF 1896
258	2228	DAVIDE INÁCIO	M	41	00:50:22	00:49:19	
259	147	JAIME G MESTRE	M	43	00:50:25	00:49:45	
260	1387	JOÃO MORGADO	M	44	00:50:27	00:49:28	RAIL RUNNERS
261	3686	MIGUEL CASTELA	M	42	00:50:29	00:48:18	ASSOCIAÇÃO DE ATLETISMO LEBRES
262	3704	JOÃO MENDES	M	42	00:50:30	00:50:07	
263	1440	PAULO GONÇALVES	M	41	00:50:35	00:49:02	
264	1314	ANGELO FERNANDES	M	40	00:50:39	00:49:59	
265	3073	DUARTE MATEUS	M	40	00:50:41	00:49:38	
266	346	RUI BORRALHO	M	40	00:50:42	00:49:21	GDC BANCO PORTUGAL
267	2365	LUIS TIAGO DE ALMEIDA CARDOSO	M	40	00:50:43	00:49:30	
268	1901	MIGUEL SANTOS	M	41	00:50:49	00:49:27	
269	4426	NUNO MIGUEL	M	40	00:50:49	00:49:19	
270	4461	ANTÓNIO SALGUEIRO	M	43	00:50:54	00:49:50	
271	899	HENRIQUE FERREIRA	M	42	00:50:59	00:49:45	U.R.D.ARRANHÒ
272	1591	RODOLFO RAPAZ	M	42	00:51:01	00:49:40	
273	3050	BENTO QUARESMA	M	41	00:51:03	00:49:22	
274	4451	LUÍS ESCAPA	M	41	00:51:09	00:50:12	
275	1245	RUI GAMEIRO	M	40	00:51:10	00:49:59	CLUBE GRUPO BES
276	965	DAVID ALEXANDRE DUARTE SIMÃO	M	43	00:51:10	00:48:29	SAUDESSPORTING
277	3402	GONÇALO VIEIRA	M	42	00:51:11	00:49:49	GEORUNNERS
278	2311	JOSÉ FRANCISCO SÍTIMA	M	44	00:51:12	00:48:29	
279	3581	JORGE SELAVISA RODRIGUES	M	42	00:51:14	00:50:25	
280	1577	MARCO MALAGUERRA	M	43	00:51:16	00:50:48	AÇOREANA CLUBE BANIF

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281	999	RODRIGO FERREIRA SANTOS	M	40	00:51:17	00:51:03	
282	1107	GONÇALO SOARES	M	42	00:51:18	00:49:45	CLUBE GRUPO BES
283	3401	MÁRIO DUARTE	M	40	00:51:19	00:49:46	
284	2015	LUIS MONTEIRO	M	42	00:51:20	00:49:41	C MILLENINUM BCP
285	3342	RILDO SOARES	M	43	00:51:23	00:49:40	MARIANO SOARES
286	2858	NUNO MARTINS	M	41	00:51:25	00:50:08	
287	1508	ARMINDO LEITÃO NICOLAU	M	44	00:51:25	00:48:11	
288	657	BRUNO FONSECA	M	41	00:51:26	00:48:39	N SPORTINGUISTA C MAFRA
289	3294	RICARDO LEAL	M	44	00:51:26	00:49:59	GEORUNNERS
290	1669	ALEXANDRE SANTOS	M	42	00:51:27	00:50:21	
291	3715	ANTONIO FONSECA	M	44	00:51:27	00:50:23	
292	1805	PEDRO MANUEL CALÇADA ROCHA DE OLIVEIRA	M	43	00:51:32	00:51:10	
293	2396	JORGE SILVA	M	43	00:51:33	00:50:08	
294	2486	PAULO ESPERANÇA	M	41	00:51:39	00:50:14	
295	4502	RUI MELO	M	41	00:51:42	00:50:35	
296	3853	VÍTOR CANTO	M	43	00:51:43	00:50:16	
297	3517	RUI MANUEL M. FERREIRA	M	43	00:51:44	00:50:13	
298	3866	RUI FERREIRA	M	41	00:51:45	00:50:39	
299	1080	PAULO FAUSTINO	M	42	00:51:45	00:50:18	
300	1356	AMÉRICO CARVALHO	M	40	00:51:45	00:50:54	
301	2767	PEDRO ROQUE	M	44	00:51:46	00:49:52	CPT SOBRAL CEIRA
302	1065	TELMO PEDROSO	M	40	00:51:48	00:51:33	C.C.R.D.BURINHOSA
303	4264	NUNO MOURA-PINHEIRO	M	41	00:51:51	00:50:54	
304	4934	PEDRO MARQUES LOPES RIBEIRO	M	40	00:51:52	00:50:30	
305	428	JOAO P ADEGAS	M	42	00:51:53	00:50:06	
306	3000	PEDRO MOURÃO	M	40	00:51:55	00:50:32	
307	1394	PAULO SANTOS	M	44	00:51:56	00:50:53	
308	4637	JOSÉ PEREIRA	M	44	00:52:03	00:50:53	
309	1714	JOSÉ CARLOS SUBTIL	M	41	00:52:03	00:51:18	
310	599	CLAUDIO P FERNANDES	M	42	00:52:04	00:50:43	
311	1713	LUIS CURVELO	M	42	00:52:15	00:51:29	LICRA WALKERS, NOW RUNNING
312	1726	VICTOR MANUEL FERREIRA	M	44	00:52:16	00:51:07	
313	322	VASCO A F COELHO	M	42	00:52:16	00:50:36	
314	2137	CARLOS ALBERTO ALVES LIMA	M	43	00:52:17	00:51:08	
315	452	CELSO S LARGUINHO	M	43	00:52:20	00:50:38	
316	2386	DIOGO FERREIRA	M	40	00:52:21	00:51:00	AÇOREANA CLUBE BANIF
317	3049	PRUDENTE CAÑELLAS	M	44	00:52:22	00:51:09	
318	3184	PEDRO CARRASCO	M	42	00:52:22	00:51:14	SS MONTEPIO GERAL
319	3659	RUI SILVA	M	41	00:52:26	00:50:39	
320	2722	NUNO RAPOSO	M	43	00:52:27	00:50:42	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
321	4318	NUNO CRESPO	M	40	00:52:38	00:51:53	
322	1622	JOÃO TOMÉ	M	43	00:52:41	00:50:46	CLUBE VODAFONE
323	1423	MANUEL LEITE	M	42	00:52:47	00:50:54	TÁLENTO PRA CORRER TEAM
324	813	PAULO BONACHO	M	41	00:52:50	00:51:28	SS CGD
325	2199	PAULO SANTOS	M	41	00:52:57	00:51:01	
326	2645	RUI FERNANDES	M	42	00:52:59	00:51:22	
327	1472	NUNO AMARO	M	43	00:52:59	00:52:14	
328	3351	PEDRO MIGUEL MARQUES ANTUNES BASTOS	M	43	00:53:01	00:53:01	
329	2897	PEDRO MIGUEL FERREIRA	M	43	00:53:01	00:51:43	
330	1850	PEDRO MIGUEL XAVIER SANTOS	M	41	00:53:02	00:50:54	
331	2034	MARIO ROMAO	M	40	00:53:03	00:50:15	C MILLENINUM BCP
332	3428	NELSON RAMOS	M	41	00:53:11	00:52:16	
333	2548	JOSÉ EDUARDO BARRADAS DUARTE	M	41	00:53:13	00:52:31	
334	1203	CARLOS MANUEL RITO DA COSTA	M	44	00:53:14	00:50:55	
335	3405	PAULO MORGADO	M	41	00:53:15	00:53:15	GEORUNNERS
336	3757	LUIS DUARTE	M	42	00:53:15	00:51:08	
337	4764	FERNANDO GRAÇA	M	44	00:53:16	00:51:00	TÁLENTO P'RA CORRER TEAM
338	743	PAULO PEREIRA	M	43	00:53:20	00:51:29	SS MONTEPIO GERAL
339	1079	PEDRO ALMEIDA	M	42	00:53:21	00:52:36	
340	1483	TOMÁS WIBORG	M	44	00:53:22	00:52:23	VFF 1896
341	1306	JOÃO LUIS	M	42	00:53:23	00:52:32	CDUL CENTRO DESP UNIV LISBOA
342	2937	GONÇALO BASTOS LOPES	M	43	00:53:25	00:52:59	
343	2642	CARLOS BARATA	M	44	00:53:25	00:52:59	
344	2032	LUIS REIS	M	44	00:53:31	00:51:51	C MILLENINUM BCP
345	1825	JORGE MIGUEL P F FERREIRA	M	42	00:53:32	00:50:59	
346	2655	RUI LAPA	M	42	00:53:33	00:51:19	AFO
347	905	BRUNO COSTA	M	40	00:53:34	00:51:02	SS CGD
348	1845	JOSE ABREU	M	41	00:53:39	00:53:29	
349	4797	EMANUEL BRANCO	M	41	00:53:40	00:52:38	
350	2388	MIGUEL LIRA	M	42	00:53:46	00:51:49	
351	1621	PEDRO LOURENÇO	M	44	00:53:50	00:51:50	CLUBE VODAFONE
352	604	MARIO M T HENRIQUES	M	42	00:53:53	00:51:46	
353	3940	RODRIGO RAMALHO	M	42	00:53:56	00:51:53	BR TEAM
354	2954	PAULO GONÇALVES	M	41	00:53:57	00:51:32	
355	31	EDUARDO J P CABRITA	M	44	00:53:57	00:51:54	TRANQUILIDADE
356	1055	JOSÉ MAGRO	M	43	00:54:00	00:53:48	PAPA TRILHOS
357	4123	ANTÓNIO GOMES	M	42	00:54:02	00:53:00	
358	640	JOSE VILELA	M	43	00:54:03	00:54:03	
359	4747	JORGE GASPAR	M	41	00:54:03	00:52:32	
360	2241	PEDRO CAPELAS	M	44	00:54:04	00:53:30	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
361	1620	LUIS FOUTO	M	42	00:54:06	00:52:20	CLUBE VODAFONE
362	2340	FILIFE SOARES DOS REIS	M	43	00:54:11	00:52:49	CLUBE DA BOLINHA
363	911	FERNANDO LIMA	M	44	00:54:12	00:50:36	SS CGD
364	3514	RICARDO FIGUEIRA	M	42	00:54:12	00:53:17	BOM PETISCO
365	1585	MICHEL COSTA	M	42	00:54:13	00:52:34	AÇOREANA CLUBE BANIF
366	1078	SÉRGIO DIONÍSIO	M	43	00:54:14	00:51:54	
367	699	JORGE LEITE	M	44	00:54:14	00:52:44	
368	1499	CARLOS SOARES	M	44	00:54:16	00:52:09	
369	2925	RUI FERREIRA AGOSTINHO	M	44	00:54:16	00:52:45	
370	1270	RUI FERREIRA	M	42	00:54:16	00:52:13	
371	2927	RUI CARNEIRO	M	42	00:54:20	00:52:49	
372	2914	JORGE ESTEVES	M	43	00:54:21	00:52:29	
373	2994	PEDRO CARVALHO	M	41	00:54:23	00:53:07	
374	3914	MIGUEL OLIVEIRA	M	40	00:54:26	00:53:37	VALADARES
375	2971	ANTÓNIO SOUSA	M	42	00:54:27	00:53:00	
376	2672	NUNO PEREIRA	M	42	00:54:28	00:53:11	SC CASAINHOS
377	3069	ANDRÉ SIMÕES	M	42	00:54:30	00:52:57	
378	4315	HONORIO TEIXEIRA	M	44	00:54:30	00:52:31	
379	3576	JOAQUIM PALMEIRO	M	43	00:54:31	00:52:34	
380	2130	PAULO SANTOS	M	43	00:54:32	00:53:04	
381	3702	DIOGO ASSUNÇÃO	M	43	00:54:32	00:53:07	
382	2380	JOAO MARTINS	M	40	00:54:33	00:52:27	
383	2884	JOSÉ NEVES	M	42	00:54:36	00:54:06	
384	4143	VITOR RAMOS	M	42	00:54:37	00:53:05	
385	4100	PEDRO MARTINS	M	41	00:54:38	00:52:57	
386	854	MIGUEL GARCIA	M	40	00:54:38	00:53:11	
387	3239	CARLOS PENA	M	44	00:54:39	00:52:46	
388	3633	AVELINO FERNANDES	M	40	00:54:39	00:54:21	
389	2423	BRUNO AZAMBUJO	M	42	00:54:41	00:53:53	
390	3146	INÊS MARGARIDA F. S. VINAGRE FERREIRA	M	40	00:54:43	00:53:48	SCALABIS NIGHT RUNNERS
391	4386	VICTOR RISCADO	M	43	00:54:44	00:52:52	
392	4838	ALEXANDRE CAPUCHA	M	42	00:54:45	00:52:54	
393	4825	DINIS CRUZ	M	42	00:54:46	00:53:02	
394	295	PAULO J O FELIX	M	40	00:54:47	00:54:33	
395	980	RICARDO AFONSO	M	42	00:54:49	00:52:16	
396	3743	NUNO VEIGA	M	44	00:54:50	00:53:57	
397	2730	DINIS RIBAS	M	42	00:54:56	00:52:55	
398	544	PAULO A SALDANHA	M	42	00:54:57	00:53:09	
399	2194	HUMBERTO CABRAL	M	41	00:54:58	00:52:06	C MILLENINUM BCP
400	1510	EDUARDO PATRÍCIO	M	43	00:55:00	00:52:58	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
401	1779	VENANCIO BRANCO	M	43	00:55:03	00:55:03	TECNOSPIE
402	1535	JOÃO BAPTISTA	M	40	00:55:14	00:54:27	.
403	3484	SERGIO SOUSA	M	41	00:55:16	00:54:26	
404	1004	RICARDO MONIZ	M	41	00:55:21	00:54:03	
405	1894	JOÃO CONCEIÇÃO NITA	M	40	00:55:21	00:54:28	
406	4704	FILIPE PAIXÃO	M	40	00:55:25	00:53:00	ACTIVE PEOPLE
407	1618	SERGIO PEREIRA	M	41	00:55:30	00:54:14	CLUBE VODAFONE
408	1859	NUNO FERNANDES	M	40	00:55:40	00:52:33	
409	4208	PAULO MENDES	M	42	00:55:44	00:53:48	
410	2060	LUIS COSTA	M	44	00:55:47	00:52:55	C MILLENINUM BCP
411	3462	PAULO PALMINHA	M	43	00:55:47	00:54:53	
412	3737	PAULO VAZ	M	41	00:55:48	00:52:37	
413	1228	FLAVIO MONTEIRO	M	40	00:55:48	00:52:40	
414	2855	GENTIL PEREIRA	M	40	00:55:50	00:51:45	TIMON E PUMBAS
415	4119	PEDRO LUÍS LOPES	M	42	00:55:53	00:54:29	
416	1095	LUIS MATOS	M	44	00:55:54	00:53:54	
417	3196	LUIS ANTONIO AGUIAR	M	42	00:55:57	00:53:42	
418	1990	NUNO MENEZES	M	44	00:56:05	00:54:44	BLADERUNNERS
419	2453	JOÃO NOGUEIRA	M	40	00:56:08	00:54:40	
420	3542	PEDRO LOUREIRO	M	42	00:56:17	00:54:43	
421	1505	ANTONIO LOURO	M	44	00:56:35	00:54:13	
422	2644	FRANCISCO MACHETA	M	41	00:56:37	00:52:58	
423	4321	NUNO PEDROSO	M	41	00:56:39	00:53:03	
424	2282	RICARDO CARVALHO	M	43	00:56:44	00:54:46	
425	2535	PAULO LOURINHO	M	44	00:56:46	00:53:09	C. A. AMIGOS DE BELÉM
426	4330	CARLOS COELHO	M	40	00:56:48	00:55:03	
427	4277	LUIS BRITES	M	43	00:56:51	00:54:52	
428	2989	BRUNO MARTINS	M	41	00:56:52	00:54:44	
429	814	RUI PEREIRA	M	43	00:56:53	00:54:09	SS CGD
430	2830	LUIS MARREIROS	M	41	00:56:54	00:54:42	PINHAL NOVO
431	2828	NUNO BRANCO	M	40	00:56:58	00:54:44	
432	4811	MIGUEL ESTEVES	M	43	00:56:59	00:53:19	
433	3776	MIGUES ESTEVES	M	43	00:56:59	00:52:50	MALANDER'S DO SPORTING!!
434	1587	PAULO SARAMAGO	M	41	00:57:00	00:54:46	AÇOREANA CLUBE BANIF
435	2100	PAULO ANTUNES	M	42	00:57:07	00:57:07	
436	1888	JOSÉ LEITÃO	M	40	00:57:07	00:54:41	
437	1313	FRANCISCO SARDINHA	M	43	00:57:14	00:55:19	
438	4806	CARLOS FACHADA	M	44	00:57:16	00:54:38	
439	2906	JOÃO PAULO DIAS	M	41	00:57:16	00:56:31	
440	2615	NUNO PAULO REI CARROLO	M	43	00:57:17	00:56:31	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
441	790	SERGIO HENRIQUE	M	42	00:57:18	00:56:50	ODEBRECHT/BPC
442	1873	JAIME PARDAL	M	44	00:57:20	00:55:18	CARAPAU DE CORRIDA
443	404	NUNO A DIOGO	M	40	00:57:22	00:53:23	
444	578	CLAUDIO M F CAIRES	M	40	00:57:22	00:54:29	
445	4053	ANTÓNIO MANUEL DOS SANTOS ALVES	M	44	00:57:23	00:54:56	
446	3873	MARCO PINTO	M	41	00:57:25	00:54:09	
447	4857	HORÁCIO FERREIRA	M	44	00:57:28	00:55:59	
448	257	PEDRO TAVEIRA	M	43	00:57:34	00:54:24	FITNESS PLAYGROND
449	4110	MANUEL ANASTÁCIO	M	44	00:57:40	00:55:12	
450	3500	CARLOS MIGUEL SILVA	M	41	00:57:42	00:55:42	TARTARUGAS DO TEJO
451	3159	JOAO PEDRO MARREIROS	M	43	00:57:43	00:55:16	
452	3974	PEDRO ROCHA	M	43	00:57:43	00:55:15	
453	2305	MANUEL MATOS	M	43	00:57:45	00:53:59	
454	1121	MOISES FERNANDES	M	44	00:57:45	00:57:08	CLUBE GRUPO BES
455	3108	RUI DUARTE	M	42	00:57:47	00:56:04	
456	2211	RODRIGO ALBERGARIA	M	44	00:57:48	00:54:31	
457	4616	RENATO JÁCOME	M	44	00:57:48	00:56:03	A CORRER É QUE A GENTE SE ENTE
458	3814	CARLOS COELHO	M	41	00:57:50	00:55:02	
459	2675	VITOR VICENTE	M	41	00:57:50	00:55:14	
460	2684	LEONEL MARQUES	M	43	00:57:51	00:55:42	
461	3706	LUÍS DE ABREU	M	40	00:57:53	00:56:15	
462	609	NUNO AFONSO	M	42	00:57:54	00:57:54	
463	2189	EDUARDO LOPES	M	42	00:57:59	00:55:14	C MILLENINUM BCP
464	1897	PEDRO MARQUES	M	44	00:58:00	00:54:50	
465	3051	HUGO LUIS FARINHA ALVES	M	40	00:58:07	00:55:58	
466	2631	RAUL CERVEIRA	M	44	00:58:09	00:55:39	
467	4993	CARLOS GUERREIRO	M	42	00:58:11	00:55:35	
468	1690	HELDER COELHO	M	40	00:58:12	00:57:28	TOCA DO LEÃO
469	2519	RICARDO SILVA	M	41	00:58:14	00:56:19	
470	2662	NUNO GALVEIAS	M	41	00:58:17	00:56:46	
471	2151	ALFREDO FONSECA	M	40	00:58:19	00:55:36	LXL
472	591	JOSE M R T PIRES	M	43	00:58:19	00:55:20	
473	3965	ARTUR MARINHO	M	40	00:58:20	00:55:24	OS BEIRÕES
474	2372	VASCO ARMES	M	41	00:58:27	00:56:10	
475	2770	ADEMAR PEREIRA	M	41	00:58:27	00:55:29	
476	3978	HUGO FIGUEIREDO	M	43	00:58:31	00:55:03	
477	4606	CARLOS JORGE CORREIA	M	43	00:58:35	00:55:27	
478	919	PAULO BILAO	M	43	00:58:43	00:56:06	SS CGD
479	4261	RICARDO LEITÃO	M	40	00:58:43	00:56:37	
480	3263	JOSE P FERREIRA	M	40	00:58:44	00:58:44	SS MONTEPIO GERAL

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
481	4120	RICARDO	M	40	00:58:47	00:55:11	
482	4493	LUIS VIEIRA	M	41	00:58:47	00:58:47	
483	4283	JORGE GONÇALVES	M	42	00:58:47	00:56:41	
484	3251	JORGE DURO	M	40	00:58:50	00:56:51	
485	2711	MIGUEL PINTO	M	44	00:58:56	00:58:48	
486	3164	SÉRGIO FALAMINO	M	44	00:58:59	00:57:11	MARGEM SUL
487	3669	PAULO ASSUNCAO	M	42	00:59:06	00:59:06	SPORTISEL
488	4649	RUI DIAS	M	40	00:59:07	00:54:57	GIRAFENSE FC
489	100	FERNANDO PIRES	M	43	00:59:08	00:55:50	
490	3513	ROGERIO DIAS	M	42	00:59:17	00:58:23	BOM PETISCO
491	3364	GONÇALO NEVES	M	40	00:59:17	00:56:50	
492	823	NUNO VALADA	M	42	00:59:17	00:56:57	
493	2668	NUNO BALACÓ	M	41	00:59:18	00:56:32	AFO
494	4368	ANTÓNIO RODRIGUES	M	43	00:59:20	00:59:20	COMANDO C
495	809	LUIS MARTINS	M	42	00:59:21	00:56:42	SS CGD
496	58	VICTOR MOURAO	M	42	00:59:21	00:59:12	MTV
497	1090	LUÍS RUSSO	M	44	00:59:24	00:57:57	FCC LOGISTICA
498	1487	JOSÉ CARLOS NUNES	M	44	00:59:25	00:57:50	
499	4255	LUIS OLIVEIRA	M	41	00:59:42	00:59:19	
500	2598	LUIS FERREIRA	M	41	00:59:48	00:57:29	
501	1362	LUIS PROENÇA	M	43	00:59:48	00:57:35	
502	4036	PEDRO MATIAS	M	42	00:59:52	00:57:11	
503	3865	CARLOS MARTINS	M	44	00:59:56	00:58:53	
504	28	ANTONIO M L S SILVA	M	42	00:59:58	00:57:56	TRANQUILIDADE
505	4942	JIM BARRON	M	43	00:59:58	00:58:02	NÚCLEO KARATE SHOTOKAN LISBOA
506	1755	PEDRO CONCEIÇÃO	M	41	01:00:00	00:57:59	
507	1539	LUÍS ALMEIDA	M	40	01:00:07	00:58:36	
508	4197	PAULO PADINHA	M	44	01:00:20	01:00:20	
509	2114	CAMILO CASTRO	M	43	01:00:22	00:59:02	
510	1538	PAULO ALVES	M	40	01:00:23	00:58:21	
511	3658	PAULO CAIRES	M	44	01:00:25	00:57:35	
512	4072	LUIS COITO	M	43	01:00:34	00:59:47	GD SANTANDER TOTTA
513	726	PEDRO LEITAO	M	42	01:00:43	00:58:15	
514	784	LUIS ROQUE	M	41	01:00:44	00:57:44	ODEBRECHT/BPC
515	4034	PEDRO ALMEIDA	M	42	01:00:46	00:59:14	
516	3188	LUIS SALVADOR	M	40	01:00:47	00:59:14	
517	1576	LUIS NEVES	M	40	01:01:02	00:58:54	AÇOREANA CLUBE BANIF
518	228	PEDRO OLIVEIRA	M	43	01:01:03	00:57:40	PLAY PAINTBALL
519	4591	LUIS DELGADO	M	40	01:01:10	00:57:38	
520	4849	PEDRO MANUEL DA SILVA RIBEIRO	M	40	01:01:17	00:58:18	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
521	2756	PAULO CAMPOS	M	43	01:01:25	00:58:11	
522	2376	ANTÓNIO GUEDES	M	42	01:01:32	00:59:53	AÇOREANA CLUBE BANIF
523	717	OSCAR COSTA	M	41	01:01:36	00:59:19	
524	453	RODRIGO A M G REIS	M	40	01:01:39	00:59:32	
525	3409	JORGE SANTOS	M	42	01:01:50	01:00:34	ASSOCIAÇÃO GD ACADEMIA KORPO
526	4249	JOÃO CÉSAR	M	42	01:01:53	00:59:20	
527	893	NUNO MARQUES	M	43	01:01:57	00:59:35	
528	2854	MANUEL HORTELÃO	M	40	01:01:58	00:57:36	TIMON E PUMBAS
529	62	PAULO RODRIGUES	M	40	01:01:59	00:59:34	MTV
530	2911	LUÍS FARIAS	M	43	01:02:03	00:59:35	
531	2366	ANTÓNIO JORGE RAMOS	M	41	01:02:06	00:59:22	
532	4582	PEDRO NETO	M	40	01:02:08	00:59:48	
533	4706	MARCOS DIAS	M	44	01:02:10	01:00:07	
534	1541	LUIS GAMA	M	44	01:02:13	00:59:12	GDCT UNICRE
535	3041	JOSÉ JOAQUIM PIRES GIL	M	41	01:02:15	01:00:33	
536	1027	JOSÉ PEDRO PAIO	M	41	01:02:16	01:00:08	
537	138	PEDRO ANACLETO	M	44	01:02:17	01:00:28	
538	782	JOSE JANUARIO	M	42	01:02:17	00:59:17	ODEBRECHT/BPC
539	4462	AUGUSTO SALGUEIRO	M	44	01:02:18	00:59:54	
540	3942	RUI MOREIRA	M	41	01:02:18	00:57:59	
541	4011	EDUARDO AMORIM	M	42	01:02:21	00:59:41	
542	3777	JOÃO MOTA LOPES	M	42	01:02:22	00:58:42	MALANDER'S DO SPORTING!!
543	4301	RICARDO ALVES	M	43	01:02:22	01:00:19	
544	874	LUIS TERENO	M	40	01:02:25	00:56:24	
545	3501	JOAO COSTA	M	41	01:02:30	00:58:15	
546	2431	FLORIANO PEREIRA	M	42	01:02:34	00:59:48	OS ANDARILHOS
547	2346	FRANCISCO GARÇÃO	M	40	01:02:35	00:58:36	LEÕES DA ESTRELA
548	104	JOSE E V LOURENÇO	M	40	01:03:02	01:03:02	
549	319	RUI P O MORGADO	M	43	01:03:04	01:01:04	
550	4917	PAULO RUIVO SILVA	M	43	01:03:05	00:58:59	
551	2508	ARTUR JORGE SOARES	M	40	01:03:06	01:00:05	
552	390	JOSE E M F BARATEIRO	M	40	01:03:07	00:59:05	
553	2805	MÁRIO VERDINGOLA	M	42	01:03:07	01:00:16	
554	1601	FRANCISCO BERNARDES	M	42	01:03:08	01:00:13	
555	2819	MÁRIO PIRES	M	40	01:03:12	01:01:46	AS FERAS
556	2048	RICARDO GOMES	M	42	01:03:14	01:00:23	C MILLENINUM BCP
557	1520	JOÃO SECO	M	43	01:03:16	01:01:26	
558	2698	RICARDO BOIÕES	M	43	01:03:27	01:00:50	
559	2699	ALEXANDRE CARDOSO	M	43	01:03:27	01:00:47	
560	2202	DANIEL FERNANDES	M	41	01:03:30	01:01:53	F.D.A

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
561	2163	PAULO MELO	M	40	01:03:38	01:00:54	
562	981	FERNANDO DUARTE	M	42	01:03:40	01:01:14	
563	2553	CARLOS MIGUEL CRUZ	M	40	01:03:54	01:01:55	
564	3732	VÍTOR SANTOS	M	42	01:03:58	01:02:06	
565	1521	NUNO SECO	M	40	01:04:00	01:02:09	
566	558	LUIS GOMES	M	40	01:04:10	01:02:03	THE GOURMET
567	117	FERNANDO M N MORAIS	M	41	01:04:20	01:04:20	
568	1935	GONÇALO SANTOS	M	40	01:04:24	01:01:12	G. D. PORTO DE SINES
569	2221	PAULO GONÇALVES	M	42	01:04:24	01:02:07	
570	3516	MIGUEL FRAGA	M	43	01:04:24	01:02:13	GD IN CASA MOEDA
571	1899	PAULO ONOFRE	M	43	01:04:38	01:02:13	ILOVEPV
572	484	CARLOS PEREIRA	M	41	01:04:42	01:01:29	LEBRES DO ASFALTO
573	2485	JORGE SOUSA	M	40	01:04:45	01:02:18	EQUIPA DO ANDRÉ
574	4889	ARTUR SILVA	M	41	01:04:50	01:02:14	
575	4059	JORGE BRITO	M	43	01:04:51	01:00:48	CD QUARTEIRA
576	475	ANDRE OLIVEIRA	M	40	01:04:55	01:01:14	MAURICIOS
577	2549	RUI ESQUERDINO	M	41	01:05:01	01:02:29	
578	946	JOSÉ CUSTÓDIO	M	42	01:05:02	01:01:44	CLUBE DESPORTIVO RIBEIRENSE
579	3372	JOÃO CARLOS RODRIGUES NOGUEIRA	M	41	01:05:06	01:01:32	
580	4391	ANTÓNIO MANTEIGA	M	41	01:05:07	01:02:02	
581	4366	CARLOS BERNARDO	M	41	01:05:19	01:03:23	
582	3879	PAULO SÁ	M	43	01:05:24	01:01:57	
583	607	JOSE A S REIS	M	41	01:05:25	01:03:23	
584	3833	DUARTE AMORIM	M	40	01:05:41	01:02:09	
585	2057	PEDRO CARVALHO	M	42	01:05:44	01:03:23	C MILLENINUM BCP
586	3666	ANTÓNIO CAEIRO	M	42	01:05:48	01:02:11	
587	3139	DÉRCIO GUIA	M	40	01:05:49	01:04:33	SCALABIS NIGHT RUNNERS
588	3122	FABIO DIAS	M	42	01:05:54	01:05:17	GD SANTANDER TOTTA
589	1199	CESAR FIALHO GUERRA	M	44	01:06:07	01:03:01	CTJI
590	587	JOSE H M AMARO	M	40	01:06:15	01:02:42	
591	2533	PEDRO FONSECA	M	41	01:06:16	01:04:09	
592	557	ANTONIO REGO	M	43	01:06:19	01:04:14	THE GOURMET
593	4647	JOÃO GAVANCHA	M	42	01:06:40	01:02:33	
594	3495	PEDRO FRÓIS COSTA	M	42	01:06:40	01:02:19	
595	3496	MIGUEL VALE	M	40	01:06:42	01:02:20	
596	4114	FERNANDO LOPES	M	41	01:07:12	01:04:18	
597	3726	LUÍS MALATO	M	43	01:07:13	01:03:38	
598	3761	DAVID VIEIRA	M	40	01:07:14	01:03:40	
599	670	RUI SIMOES	M	43	01:07:20	01:04:17	N SPORTINGUISTA AZEITAO
600	3463	JOAO MOREIRA	M	41	01:07:27	01:04:59	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
601	4385	PEDRO SILVEIRA	M	41	01:07:36	01:07:36	
602	2609	MIGUEL LAVRADOR	M	42	01:08:06	01:08:06	
603	2610	CARLOS MARQUES	M	43	01:08:08	01:04:11	
604	3505	RICARDO MANUEL DE ALMEIDA CORREIA	M	41	01:08:14	01:05:25	COMANDO C
605	953	VITOR JANUARIO	M	40	01:08:20	01:05:06	CLUBE DESPORTIVO RIBEIRENSE
606	3661	CARLOS VIEIRA	M	44	01:08:34	01:06:44	PORTELA FANS
607	3989	TIAGO CERQUEIRA	M	41	01:08:40	01:04:53	VICENTES
608	1742	LEONEL MARTINS	M	43	01:09:00	01:09:00	
609	2374	PEDRO M SILVA	M	41	01:09:01	01:05:52	
610	2066	JOSÉ TEIXEIRA	M	41	01:09:03	01:07:37	KEEP CALM & XORA
611	1277	NUNO DIOGO	M	41	01:09:15	01:06:51	
612	1132	ALFREDO NETO	M	43	01:09:27	01:07:14	C.C.R.D.BURINHOSA
613	474	ALEXANDRE FESTAS	M	43	01:10:06	01:06:26	MAURICIOS
614	702	PEDRO M E CORREIA	M	40	01:11:08	01:11:08	
615	1222	SANJAY	M	40	01:11:30	01:07:27	
616	2391	ROGÉRIO SILVA	M	43	01:12:18	01:08:29	FAIÃO RUNNING TEAM
617	1987	JOÃO CRUZ	M	43	01:12:20	01:10:59	BLADERUNNERS
618	503	JOSE C TABOLEIROS	M	44	01:12:50	01:09:25	
619	3762	JAIME MATEUS	M	41	01:13:07	01:09:33	
620	4771	JOÃO RASQUILHO	M	42	01:13:08	01:09:34	
621	4847	MÁRIO RIBEIRO	M	41	01:13:18	01:10:45	
622	1613	MARCELO CARDOSO	M	44	01:14:12	01:12:07	GDCT UNICRE
623	926	FERNANDO FIEL	M	40	01:14:16	01:10:55	CLUBE DESPORTIVO RIBEIRENSE
624	3868	RUI NICOLAU FERREIRA	M	40	01:16:45	01:15:28	
625	4868	ARTUR ALMEIDA	M	43	01:16:49	01:14:49	
626	2011	JOÃO CANAVERDE	M	40	01:17:10	01:13:08	WANNABES
627	3105	CARLOS MORAIS	M	44	01:17:49	01:14:04	WALKING AND RUNNING
628	476	MIGUEL GARCIA	M	40	01:18:21	01:14:40	MAURICIOS
629	4939	PAULO VICENTE	M	43	01:18:58	01:15:57	
630	3137	GONÇALO FONSECA ARAÚJO	M	44	01:19:00	01:19:00	
631	4487	FILIPPE SARAMAGO	M	40	01:19:39	01:16:24	
632	2834	NUNO GRANDÃO	M	41	01:19:47	01:16:05	
633	5021	JORGE CEGO	M	44	01:19:49	01:16:08	
634	949	JOSÉ PALMEIRA	M	41	01:20:29	01:18:48	CLUBE DESPORTIVO RIBEIRENSE
635	4020	RUI CASTRO	M	44	01:21:20	01:19:03	
636	1151	FRANCISCO COSTA	M	40	01:21:21	01:18:49	PUMAS DO GUINCHO
637	1674	JOÃO ABREU	M	43	01:21:32	01:18:15	
638	507	PAULO MARTINS	M	42	01:21:32	01:17:39	
639	4409	LUIS CABRAL	M	41	01:21:33	01:19:43	CRESPOS
640	506	BRUNO SARAIVA	M	41	01:21:34	01:17:40	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
641	1411	JOSÉ ALEXANDRE	M	44	01:21:47	01:18:37	SIR-CONDUTAR
642	3597	RUI MIGUEL GOMES AFONSO	M	41	01:21:53	01:19:17	
643	3140	NELSON CARVALHO	M	44	01:22:47	01:19:23	
644	403	ROBERT JOHNSON	M	42	01:22:55	01:19:23	
645	4381	JOAQUIM CUNHA	M	42	01:23:50	01:20:32	CUNHA
646	2497	RUI SILVA	M	42	01:24:34	01:24:34	
647	2510	JOAO GARCIA	M	43	01:24:34	01:24:34	
648	2499	RUI MARTINS	M	40	01:24:35	01:24:35	
649	3192	MÁRIO MIGUEL MARTINS	M	42	01:29:11	01:26:44	
650	1491	JORGE SILVA	M	43	01:34:36	01:30:46	
651	2022	LUIS GUERREIRO	M	40	01:41:38	01:38:48	C MILLENINUM BCP

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Relatório por Faixas Etárias

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	4516	FERNANDO ALVES	M	47	00:35:20	00:35:18	AMIGOS ATLETISMO MAFRA
2	4436	CELSO GOUVEIA	M	46	00:35:22	00:35:19	
3	1272	ANTÓNIO MURTEIRA	M	45	00:36:04	00:36:01	CR LEÕES DE PORTO SALVO
4	2765	ANTÓNIO OLIVEIRA	M	47	00:36:17	00:36:08	CPT SOBRAL CEIRA
5	2912	JOSE LOPES	M	47	00:36:29	00:36:26	CLUBE DE ATLETISMO ODIMARQ
6	3573	JORGE GONÇALVES	M	45	00:37:34	00:37:30	
7	1211	JOÃO ANDRADE	M	47	00:37:39	00:37:33	
8	4955	ANTÓNIO SILVA	M	45	00:38:00	00:37:58	LINDA-A-PASTORA SPORTING CLUB
9	3680	ELIAS FORTES	M	47	00:38:00	00:37:58	
10	1381	MANUEL SOARES	M	48	00:38:52	00:38:49	UNIDOS DA MANUTENÇÃO
11	2866	JOSÉ CAETANO	M	47	00:39:09	00:39:04	CCD METROLISBOA
12	3885	PEDRO TAROUCA	M	45	00:39:14	00:39:09	
13	1128	CARLOS DUARTE	M	47	00:39:22	00:39:07	C.C.R.D.BURINHOSA
14	1127	CARLOS SOARES	M	45	00:39:23	00:39:09	C.C.R.D.BURINHOSA
15	2422	SERGIO SANTOS	M	49	00:39:42	00:39:32	CCD AUT ALMADA
16	317	JOSE F ESTEVES	M	47	00:39:42	00:39:33	
17	1473	ANTÓNIO CARDOSO	M	46	00:39:46	00:39:40	
18	1656	VITOR NOGUEIRA	M	49	00:39:47	00:39:47	GRUPO AMIGOS ATLETISMO VF XIRA
19	1864	FILIPPE NEVES	M	45	00:39:59	00:39:55	CLUBE DE FUTEBOL OS BELENENSES
20	2246	CARLOS ROSADO	M	45	00:40:10	00:39:59	
21	3954	ANTONIO PEREIRA	M	49	00:40:25	00:40:13	CCD METROLISBOA
22	1232	PAULO ALFAR	M	48	00:40:29	00:40:22	
23	4552	TEOTÓNIO XAVIER NETO	M	49	00:40:37	00:40:26	ADRC MATA DE BENFICA
24	3007	JOAO CALDAS	M	47	00:40:50	00:40:32	NUCLEO DESPORTIVO AUTOCOOPE
25	3791	JOSÉ LUÍS PIRES	M	48	00:40:52	00:40:41	CLUBE D. RECREATIVO RIBEIRINHO
26	3795	JOSÉ CHÍCHARO	M	48	00:40:52	00:40:41	CLUBE D. RECREATIVO RIBEIRINHO
27	760	LUCIANO DANTAS	M	46	00:40:54	00:40:50	GARMIN CO OEIRAS
28	3824	JOÃO BRAZ	M	49	00:40:54	00:40:51	CLUBE DE ATLETISMO ODIMARQ
29	794	PAULO COSTA	M	47	00:40:55	00:40:43	
30	3953	EDUARDO LAGOA	M	46	00:40:56	00:40:49	CCD METROLISBOA
31	1792	FERNANDO SILVA	M	49	00:40:57	00:40:37	ESCOLA DE ATLETISMO RUI SILVA
32	3555	JORGE DUQUE	M	47	00:41:05	00:39:46	
33	1388	JOSÉ LUÍS DIAS	M	47	00:41:16	00:41:13	RAIL RUNNERS
34	1010	CARLOS PINTO	M	45	00:41:20	00:40:26	IND.DESPORTIVO VIEIRENSE
35	4467	JOÃO FRIAS	M	46	00:41:21	00:41:16	AMIGOS ATLETISMO MAFRA
36	4150	JORGE FERREIRA	M	48	00:41:26	00:41:11	
37	2977	PAULO NEVES	M	48	00:41:34	00:41:31	
38	1163	JOAO RODRIGUES	M	49	00:41:40	00:41:25	PUMAS DO GUINCHO
39	4410	FERNANDO JACINTO	M	46	00:41:45	00:41:42	
40	1642	NUNO M CORREIA	M	47	00:41:54	00:41:48	GD INE

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	4345	FERNANDO SILVA	M	47	00:42:07	00:42:00	C.R. ALTURENSE
42	3959	ANTONIO GONÇALVES	M	48	00:42:07	00:42:07	CCD METROLISBOA
43	1427	RENATO CLARA	M	45	00:42:29	00:41:41	TÁLENTO PRA CORRER TEAM
44	3440	ANTONIO PEREIRA	M	48	00:42:30	00:42:30	GD SANTANDER TOTTA
45	3152	JOSE BAPTISTA	M	47	00:42:39	00:42:21	
46	3324	NUNO BARRADAS	M	49	00:42:39	00:42:30	WIKABOO
47	1347	POMPEU AIRES	M	47	00:42:44	00:41:46	
48	2961	JOSÉ NUNES	M	45	00:43:03	00:42:50	4 FUN
49	3283	JOSÉ EDUARDO FIDALGO PENA	M	49	00:43:05	00:42:30	
50	3058	PAULO ARRENEGA	M	47	00:43:07	00:42:58	
51	2209	PAULO FARIA	M	48	00:43:09	00:42:58	
52	2006	VALÉRIO FERNANDES	M	46	00:43:21	00:42:51	
53	2861	JOÃO BORBA	M	46	00:43:27	00:43:19	AABV
54	2761	PAULO SANTOS	M	46	00:43:36	00:42:17	GARMIN CO OEIRAS
55	858	EDGAR FRANÇOISCO	M	48	00:43:37	00:43:20	U.R.D.ARRANHÔ
56	944	ANTONIO MACHADO	M	46	00:43:47	00:43:34	
57	1546	HELDER MARQUES	M	48	00:43:51	00:43:27	
58	4893	LUÍS CALMEIRO	M	46	00:43:54	00:43:38	
59	4209	RAFAEL ABRUNHOSA	M	47	00:43:55	00:43:36	
60	3012	JORGE GONÇALVES	M	45	00:44:00	00:43:44	
61	1835	ARMANDO JORGE VIEIRA DIAS	M	48	00:44:02	00:43:43	
62	2922	JOAO M COSTA	M	45	00:44:06	00:43:48	
63	855	LUIS FERREIRA	M	46	00:44:08	00:43:49	U.R.D.ARRANHÔ
64	711	HELDER BEXIGA	M	45	00:44:08	00:43:50	
65	1460	HÉLIO MARQUES INFANTE GIRÃO	M	46	00:44:16	00:43:47	
66	2254	JOAO OLIVEIRA	M	49	00:44:21	00:44:05	
67	224	AMERICO SANTOS	M	45	00:44:26	00:44:05	
68	1465	PAULO ALEXANDRE NEVES GOMES	M	48	00:44:27	00:44:14	
69	3895	PEDRO MARIA NOGUEIRA CARVALHO	M	49	00:44:32	00:44:20	SCALABIS NIGHT RUNNERS
70	2962	LIBERTO SANTOS	M	46	00:44:39	00:44:26	4 FUN
71	1464	PAULO FRANCISCO	M	49	00:44:40	00:44:20	
72	4945	GERALDO GOMES	M	47	00:44:49	00:44:41	
73	3582	RUI PAULO	M	47	00:44:53	00:44:39	ROCIO
74	303	PAULO C R V FIGUEIRA	M	49	00:45:00	00:44:14	
75	332	ANTONIO MARQUES	M	46	00:45:00	00:44:43	
76	4219	JOÃO REBELO	M	46	00:45:02	00:44:44	
77	833	RUI CAEIRO	M	46	00:45:08	00:44:34	
78	3160	CARLOS SANTOS	M	47	00:45:10	00:44:45	UNIÃO FCI DE TOMAR
79	3020	JOÃO VAZ	M	48	00:45:19	00:44:30	PITREZ RUNNING
80	1710	HORACIO JORGE	M	49	00:45:20	00:44:59	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	1015	VITOR RODRIGUES	M	47	00:45:28	00:45:04	C.C.R.D.BURINHOSA
82	1968	ALEXANDRE WALTER FERREIRA	M	48	00:45:46	00:44:52	
83	1275	RUI CORREIA	M	45	00:45:47	00:44:58	
84	4223	ANTÓNIO FERNANDES	M	49	00:45:50	00:44:56	POPAPNEUS
85	98	JOAO EDUARDO	M	49	00:45:55	00:45:27	INDIVIDUAL
86	2995	PEDRO LIMA	M	47	00:45:58	00:45:45	
87	1094	RENATO LOUREIRO	M	46	00:45:59	00:45:40	
88	280	FERNANDO M PEREIRA	M	49	00:46:02	00:45:43	
89	1129	VITOR MONTEIRO	M	45	00:46:03	00:45:46	C.C.R.D.BURINHOSA
90	4215	JOSE LOPES	M	47	00:46:04	00:45:41	
91	3637	VITOR DIAS	M	47	00:46:04	00:45:36	
92	2385	CARLOS CANDEIAS	M	45	00:46:08	00:45:40	AÇOREANA CLUBE BANIF
93	2368	FRANCISCO PEREIRA	M	46	00:46:08	00:45:39	AÇOREANA CLUBE BANIF
94	2265	GILBERTO LAPA	M	48	00:46:08	00:45:59	RB RUNNING/CARTAXEIRO
95	1575	JORGE SERRA	M	47	00:46:10	00:45:43	AÇOREANA CLUBE BANIF
96	4669	PAULO LOURO	M	49	00:46:11	00:44:57	
97	2899	MANUEL FERNANDES	M	45	00:46:14	00:45:52	
98	2337	JOÃO ALVES	M	46	00:46:16	00:45:23	AMCR FONTE GRADA
99	4203	LUIS SOARES	M	47	00:46:17	00:46:03	APOGMA
100	1233	PAULO AMARAL	M	45	00:46:18	00:45:20	CLUBE GRUPO BES
101	4604	JOÃO SILVA	M	45	00:46:19	00:45:40	
102	4035	PEDRO MONTEIRO	M	49	00:46:23	00:45:34	
103	4641	ANTONIO SOARES	M	48	00:46:36	00:45:51	OPROTICANTE/CD ASAS DO MILENIU
104	3618	LUIS VIEIRA	M	47	00:46:38	00:46:19	CCD SINTRENSE
105	4949	CARLOS RODRIGUES	M	45	00:46:42	00:46:30	
106	2580	PEDRO FREITAS	M	47	00:46:48	00:46:26	
107	1401	AMERICO PIMENTA	M	47	00:46:52	00:46:22	GRUP.DESP.CHELAS
108	2232	ARTUR MARTINS	M	45	00:46:53	00:46:43	
109	1992	JOSÉ RETO	M	47	00:46:56	00:46:05	OS AMIGOS DO ATLETISMO DE AVIS
110	1101	ANTONIO REIS	M	47	00:47:03	00:46:16	CLUBE GRUPO BES
111	158	LUIS A A REVEZ	M	48	00:47:07	00:45:49	
112	3024	ANTONIO ESTRELA	M	46	00:47:07	00:45:50	GARMIN CO OEIRAS
113	4155	JOSE MAGALHAES	M	46	00:47:11	00:46:53	RUN 4 FUN
114	3318	HENRIQUE GONÇALVES	M	45	00:47:19	00:45:19	SS CGD
115	2478	EDUARDO RIBEIRO	M	46	00:47:20	00:46:30	GDCT UNICRE
116	4729	PAULO MATEUS	M	48	00:47:20	00:46:38	
117	1425	CARLOS MAURICIO	M	46	00:47:20	00:46:32	TÁLENTO PRA CORRER TEAM
118	1162	BENTO VALENTE	M	48	00:47:20	00:46:47	OS PERIGOSOS
119	5001	GABRIEL SILVA CABRAL	M	46	00:47:21	00:46:38	
120	857	FERNANDO RODRIGUES	M	46	00:47:22	00:46:37	U.R.D.ARRANHÔ

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	1854	PAULO SANTOS	M	46	00:47:27	00:44:52	LOURDETE PERFUMARIAS
122	3995	ANTONIO ALMEIDA	M	49	00:47:29	00:47:13	NUCLEO DESPORTIVO AUTOCOOPE
123	3267	JORGE MIRANDA	M	46	00:47:29	00:47:11	
124	92	RUI M REMEDIOS	M	47	00:47:30	00:46:19	A BOLA
125	1180	PAULO CAMPOS	M	47	00:47:34	00:46:58	AMINHACORRIDA/TOTALSTOR
126	3591	ABÍLIO OLIVEIRA	M	48	00:47:34	00:47:02	
127	4262	JORGE PAULO DE MATOS COSTA	M	45	00:47:43	00:47:25	
128	55	FREDERICO SACRAMENTO	M	49	00:47:43	00:47:34	MTV
129	2932	NUNO FONSECA E SILVA	M	46	00:47:45	00:47:20	
130	1994	CARLOS GONÇALVES	M	49	00:47:47	00:47:22	OS AMIGOS DO ATLETISMO DE AVIS
131	2947	MANUEL MAGALHÃES	M	47	00:47:48	00:47:33	VALADARES
132	3725	CARLOS MELO	M	47	00:47:49	00:47:22	
133	3750	ALBINO DE SOUSA FERREIRA	M	49	00:48:02	00:47:52	
134	1455	JORGE DUARTE PINHEIRO	M	47	00:48:03	00:47:44	RUN 4 FUN
135	2175	PAULO FELICIO	M	45	00:48:04	00:47:45	C MILLENINUM BCP
136	3615	MÁRIO MIGUEL TOMÉ LAGEIRO	M	47	00:48:07	00:47:25	CCD SINTRENSE
137	1316	JOSÉ MIRANDA	M	48	00:48:09	00:47:21	
138	3235	PAULO SOARES	M	48	00:48:11	00:46:54	ASSOCIAÇÃO GD ACADEMIA KORPO
139	3062	CARLOS SILVA	M	46	00:48:12	00:48:00	
140	537	MARIO MENDES	M	46	00:48:19	00:48:14	
141	1087	VÍTOR GAMEIRO	M	48	00:48:22	00:48:00	
142	1855	PAULO DIAS	M	47	00:48:24	00:45:50	LOURDETE PERFUMARIAS
143	3768	ANTÓNIO FÓRNEA	M	47	00:48:25	00:45:20	
144	4571	JOÃO GONÇALVES	M	45	00:48:25	00:46:55	
145	2515	MANUEL JOAQUIM DA SILVA DIAS	M	46	00:48:33	00:47:35	
146	3535	LUIS MACHADO	M	45	00:48:35	00:47:46	GD IN CASA MOEDA
147	2815	ARMINDO CAIXINHA	M	49	00:48:36	00:47:36	
148	3772	FRANCISCO QUITÉRIO	M	46	00:48:36	00:47:50	
149	1537	PAULO BARREIROS	M	45	00:48:51	00:47:38	
150	4651	RUI FEIO	M	49	00:48:57	00:48:33	
151	744	LUÍS S CARITA	M	45	00:49:00	00:48:12	
152	3348	CARLOS MONTEIRO	M	45	00:49:02	00:48:25	
153	3892	JOÃO MONTEIRO	M	45	00:49:05	00:48:36	
154	1800	PEDRO PIRES	M	48	00:49:07	00:47:36	
155	2285	JOSÉ CARRETAS	M	48	00:49:08	00:48:58	
156	1926	VICTOR MANUEL BATISTA E SILVA	M	48	00:49:22	00:47:09	
157	2565	CARLOS PINTO DE ABREU	M	46	00:49:26	00:49:09	
158	2237	JOAO MACEDO	M	47	00:49:29	00:48:49	
159	4061	PEDRO	M	48	00:49:30	00:48:22	
160	4537	EMIDIO SANTOS	M	48	00:49:31	00:48:54	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	1824	LUIS GASPAR	M	47	00:49:33	00:46:44	
162	4189	RUBEN COSTA	M	49	00:49:38	00:48:09	RUN 4 FUN
163	1676	NUNO ROMAO	M	45	00:49:40	00:48:49	GD INE
164	1911	EDUARDO GRILO	M	46	00:49:43	00:48:24	AUTO JACINTO
165	4149	JORGE CARREIRAS	M	47	00:49:44	00:48:21	
166	2456	ANTÓNIO MANUEL DOMINGOS	M	47	00:49:45	00:47:41	CLUBE COLABORADORES AXA
167	4206	NUNO SANTOS	M	46	00:49:45	00:49:15	
168	1014	NÉLIO MACEDO	M	47	00:49:51	00:49:51	C.C.R.D.BURINHOSA
169	4273	LUCIO SILVA	M	47	00:49:52	00:49:12	GD SANTANDER TOTTA
170	819	PEDRO SEQUEIRA	M	46	00:49:52	00:49:10	SS CGD
171	4093	PAULO ANDRADE DA SILVA	M	48	00:49:56	00:49:22	
172	3945	MARIO GONÇALVES	M	48	00:49:58	00:49:20	CCD METROLISBOA
173	1035	MANUEL MEXIA	M	48	00:49:59	00:46:56	
174	1207	OCTÁVIO FERRO	M	48	00:50:00	00:49:48	
175	2783	MÁRIO RUI NUNES MATEUS	M	45	00:50:06	00:48:37	
176	826	RGIDIO SILVA	M	49	00:50:14	00:49:58	SS CGD
177	1678	MIGUEL P BASTOS	M	48	00:50:19	00:49:04	GD INE
178	3430	HELDER ROMANO	M	48	00:50:23	00:49:23	
179	3877	FERNANDO DUARTE	M	47	00:50:23	00:49:33	DANATUR
180	4400	JOSÉ MARIANO	M	46	00:50:26	00:49:36	
181	1358	ANTÓNIO BAPTISTA	M	47	00:50:29	00:49:50	PELEGAS
182	1138	FERNANDO OLIVEIRA	M	46	00:50:32	00:50:09	
183	4897	ANTONIO CARDOSO	M	47	00:50:44	00:48:51	
184	2191	CARLOS RAMOS	M	47	00:50:47	00:47:59	C MILLENINUM BCP
185	1993	JOÃO NUNES	M	49	00:50:51	00:49:59	OS AMIGOS DO ATLETISMO DE AVIS
186	797	MIGUEL PARDAL	M	47	00:50:57	00:49:33	PARDAIS
187	4126	DANIEL XAREPE	M	49	00:51:01	00:49:51	GD SANTANDER TOTTA
188	3948	ROGERIO SILVA	M	49	00:51:01	00:49:27	
189	86	RICARDO J BATISTA	M	45	00:51:03	00:50:50	A BOLA
190	4569	PEDRO LARANJEIRA	M	45	00:51:06	00:49:31	
191	4376	JORGE LOURENÇO	M	47	00:51:09	00:50:15	A VALE SILENCIO
192	4421	LUIS GARÇÃO	M	46	00:51:10	00:50:41	
193	2255	ANTÓNIO MOTA	M	47	00:51:10	00:51:10	DHS
194	4923	RUI CUNHA	M	47	00:51:16	00:50:17	GD SANTANDER TOTTA
195	2657	FERNANDO M GONÇALVES	M	45	00:51:17	00:49:45	
196	856	GABRIEL ANTONIO	M	49	00:51:20	00:50:08	U.R.D.ARRANHÒ
197	810	LUIS QUENTAL	M	47	00:51:28	00:49:42	SS CGD
198	4656	JOÃO VASCO	M	46	00:51:31	00:50:33	
199	1113	JOSE GONÇALVES	M	48	00:51:38	00:51:15	CLUBE GRUPO BES
200	839	PEDRO CLAUDIO	M	45	00:51:43	00:49:46	SS CGD

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
201	1941	ANTÓNIO SIMÕES	M	49	00:51:43	00:50:54	G.D.R. SÃO FRANCISCO DA SERRA
202	1413	FERNANDO RODRIGUES	M	49	00:51:47	00:51:19	SIR-CONDUTAR
203	3858	LUÍS PAULO COELHO FERNANDES	M	47	00:51:47	00:50:46	
204	2260	ADOLFO LEAL	M	46	00:51:48	00:48:09	RB RUNNING/CARTAXEIRO
205	2525	JOÃO PAULO ALMEIDA	M	46	00:51:48	00:49:26	GD CIMPOR & AMIGOS
206	2679	HÉLDER FERREIRA	M	49	00:51:49	00:50:19	
207	2188	ALBERTO NUNES	M	49	00:51:52	00:50:15	C MILLENINUM BCP
208	1346	JOÃO MARQUES	M	48	00:52:02	00:51:05	
209	3288	PEDRO SARAIVA	M	46	00:52:10	00:52:05	WIKABOO
210	3128	PAULO COSTA	M	45	00:52:16	00:50:59	RUN2CHARLYS
211	2511	FERNANDO MENDES	M	47	00:52:18	00:50:35	
212	2838	PAULO RAINHO	M	47	00:52:24	00:51:16	SS MONTEPIO GERAL
213	4266	ANTONIO FRANCO	M	48	00:52:24	00:50:34	SS MONTEPIO GERAL
214	3344	MARCELO CASIMIRO	M	48	00:52:25	00:51:10	
215	1958	PEDRO M P FONTES	M	48	00:52:28	00:51:41	C MILLENINUM BCP
216	151	PAULO RITO	M	45	00:52:31	00:52:03	
217	3354	PAULO AMARAL	M	46	00:52:32	00:50:40	
218	729	JOSÉ MARTINS	M	47	00:52:35	00:50:59	PÉ DESCALÇO
219	4851	ANTONIO MARQUES	M	49	00:52:37	00:50:35	
220	235	JOSE M O DIAS	M	47	00:52:42	00:51:03	
221	4415	LEONEL AMARO	M	49	00:52:44	00:52:19	AMIGOS ATLETISMO MAFRA
222	1173	FRANCO WUDICH	M	49	00:52:48	00:51:08	AMINHACORRIDA/TOTALSTOR
223	2184	FERNANDO SOUSA	M	45	00:52:54	00:50:05	C MILLENINUM BCP
224	4306	FRANCISCO SANCHES-OSÓRIO	M	47	00:52:57	00:51:57	
225	1251	PAULO CEPA	M	45	00:53:00	00:51:48	CASA DO PESSOAL DA RTP
226	64	LUIS COSTA	M	48	00:53:04	00:51:58	MTV
227	4240	NUNO LOUREIRO	M	47	00:53:06	00:50:48	FALCÕES SELVAGENS
228	545	FRANCSICO J C E RIBEIRO	M	49	00:53:13	00:51:44	
229	3322	FERNANDO LEO	M	45	00:53:17	00:52:15	WIKABOO
230	1170	LUIS FERREIRA	M	47	00:53:17	00:50:15	AMINHACORRIDA/TOTALSTOR
231	998	JOSE MANUEL ANDRADE	M	48	00:53:21	00:52:42	
232	2018	ANTONIO ALMEIDA	M	47	00:53:31	00:51:18	C MILLENINUM BCP
233	1704	PEDRO FARO	M	46	00:53:33	00:52:01	
234	3273	ANTÓNIO LUIS	M	45	00:53:33	00:51:26	JOBRINDE-MONTES SALOIOS
235	4204	JOSE LOUREIRO	M	49	00:53:40	00:51:44	APOGMA
236	4097	ANTÓNIO GRANCHO	M	45	00:53:52	00:52:26	
237	1814	LUÍS DUARTE	M	47	00:53:55	00:53:19	
238	4205	CARLOS SOUSA	M	46	00:53:58	00:52:07	APOGMA
239	2638	ANTÓNIO JOSÉ DA SILVA ANTUNES	M	45	00:54:05	00:52:16	
240	556	FRANCISCO ANDRE	M	47	00:54:17	00:53:02	CD MAFRA

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
241	4601	NUNO ARCHER	M	47	00:54:21	00:52:57	RUN AWAY
242	3081	MARIO DIAS	M	46	00:54:27	00:52:56	
243	1951	LEONEL BRANDAO	M	46	00:54:27	00:52:51	C MILLENINUM BCP
244	1548	LUIS ABREU	M	45	00:54:27	00:53:01	
245	221	RENATO CRUZ	M	45	00:54:35	00:53:44	GD BANCO BPI
246	232	JOAQUIM AGOSTINHO	M	47	00:54:37	00:52:49	
247	3544	ELIO FIALHO	M	46	00:54:44	00:52:46	
248	2296	JOSE MARIA	M	49	00:54:45	00:53:36	AD REAL ACADEMIA
249	4229	LUIS BRANCO PARDAL	M	45	00:54:49	00:53:58	
250	2379	RUI BARROS	M	45	00:54:50	00:54:50	
251	1125	FLORINDO SOUSA	M	46	00:54:55	00:54:55	C.C.R.D.BURINHOSA
252	131	ANTONIO J V RIBEIRO	M	48	00:54:58	00:50:49	
253	1551	LUIS CUSTÓDIO	M	45	00:54:59	00:53:34	
254	1955	PEDRO PIRES	M	46	00:55:04	00:52:49	C MILLENINUM BCP
255	2694	JOSÉ SILVA	M	45	00:55:06	00:53:31	EXTRACLICK
256	2017	JOSE MARQUES	M	46	00:55:06	00:51:35	C MILLENINUM BCP
257	2089	CARLOS DINIS	M	49	00:55:08	00:52:07	C MILLENINUM BCP
258	2303	ARTUR GRAÇA	M	48	00:55:08	00:53:15	AÇOREANA CLUBE BANIF
259	682	ARMANDO J S CUNHA	M	45	00:55:09	00:52:54	
260	820	SERGIO AMARAL	M	46	00:55:09	00:54:17	SS CGD
261	1823	JOSÉ HENRIQUES	M	45	00:55:10	00:53:50	
262	3847	LUIS CARVALHO	M	48	00:55:10	00:53:42	
263	2568	RUI FERNANDO ESTEVES RIBEIRO	M	47	00:55:12	00:53:51	SOFT TEAM
264	2097	CARLOS MADEIRA	M	47	00:55:13	00:52:42	BV MONTEMOR O NOVO
265	3467	TOMAZ BAIROS	M	47	00:55:13	00:52:57	PARDAIS
266	3477	PAULO DIAS	M	47	00:55:19	00:54:07	
267	2946	FERNANDO MARTINS	M	47	00:55:24	00:53:20	
268	238	PAULO J A PEDRO	M	49	00:55:24	00:53:45	
269	4520	PEDRO PINTO	M	48	00:55:28	00:54:22	
270	2793	JOÃO ALVES	M	46	00:55:42	00:55:30	
271	1817	LUIS JESUS	M	46	00:55:44	00:53:23	SS CGD
272	821	NUNO TAVARES	M	45	00:55:44	00:53:59	SS CGD
273	3316	DIOGO POPPE	M	46	00:55:45	00:54:39	
274	3787	JOÃO MORGADINHO	M	45	00:55:45	00:53:56	
275	2035	PEDRO DELGADO	M	46	00:55:47	00:54:22	C MILLENINUM BCP
276	1593	TIAGO BOAVIDA	M	49	00:55:48	00:54:04	
277	3175	JOÃO JORGE	M	46	00:55:57	00:53:49	JOBRINDE-MONTES SALOIOS
278	1179	NUNO S MARQUES	M	46	00:55:59	00:52:57	AMINHACORRIDA/TOTALSTOR
279	2357	PAULO FLÓRIDO	M	48	00:56:06	00:54:07	
280	1267	JOSÉ RAPOSO	M	46	00:56:12	00:54:37	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
281	2351	MIGUEL VARELA	M	48	00:56:22	00:55:01	GARAGE TEAM
282	4810	PAULO P. PAIS	M	45	00:56:26	00:54:21	
283	4519	JOAO D FINO	M	47	00:56:28	00:55:51	
284	2220	RUI XAVIER	M	46	00:56:33	00:53:46	CLUBE EDP LISBOA
285	4716	JOSE CORREIA	M	46	00:56:33	00:53:58	
286	106	AMADEU F BRIGAS	M	47	00:56:43	00:54:41	
287	779	ADELINO PEREIRA	M	49	00:56:43	00:55:04	ODEBRECHT/BPC
288	2981	ANIBAL PENTEADO	M	48	00:56:49	00:54:51	PAPA TRILHOS RUN TEAM
289	2551	CARLOS NASCIMENTO BARREIROS	M	45	00:56:52	00:55:18	
290	3730	JORGE REGO	M	46	00:56:52	00:55:01	
291	510	JOSE F MARQUES	M	46	00:56:53	00:53:21	
292	1963	MÁRIO MANUEL GONÇALVES DOS SANTOS	M	47	00:56:54	00:56:11	
293	804	ANTONIO NEGRINHO	M	49	00:56:58	00:54:20	SS CGD
294	3767	VITOR RIBEIRO	M	48	00:56:59	00:56:15	FAMÍLIA RIBEIRO
295	4216	PAULO CURTO DE SOUSA	M	47	00:57:00	00:57:00	RUN 4 FUN
296	2196	RUI RAMALHO	M	45	00:57:05	00:54:20	C MILLENINUM BCP
297	2630	ANTONIO FABIAO	M	49	00:57:16	00:55:26	
298	1872	AGOSTINHO DIAS	M	48	00:57:20	00:55:18	CARAPPAUS DE CORRIDA
299	4477	ORLANDO RODRIGUES	M	48	00:57:24	00:55:31	
300	4158	PAULO LARANJEIRA	M	49	00:57:36	00:56:23	LEOES DA GRAÇA
301	2636	JORGE DIAS	M	47	00:57:36	00:55:46	
302	2222	JOAO SALAZAR	M	46	00:57:42	00:55:54	
303	4566	NUNO SILVA CARVALHO	M	49	00:57:45	00:53:54	LIGA DO PALPITE
304	3698	JOAQUIM FILIPE	M	47	00:57:55	00:54:42	
305	611	RUI M S RITA	M	47	00:57:58	00:56:16	
306	4999	JORGE LOPES	M	47	00:58:12	00:55:35	TARAHUMARA
307	3966	JOSÉ CARLOS MONTEIRO	M	48	00:58:22	00:55:26	OS BEIRÕES
308	3386	LUÍS FILIPE SPENCER MONTEIRO	M	45	00:58:49	00:55:07	
309	444	Mª GRACIETE BATISTA	M	45	00:58:51	00:55:46	
310	793	JORGE MONTEIRO	M	46	00:58:53	00:56:25	
311	2710	PEDRO PINTO	M	46	00:58:56	00:58:51	
312	4077	RUI CANAVARRO	M	49	00:59:10	00:55:38	
313	153	RUI J M REIS	M	48	00:59:11	00:55:29	
314	3115	NUNO OLIVEIRA	M	47	00:59:18	00:57:34	
315	1896	PAULO ESTOPA	M	45	00:59:18	00:57:08	
316	3752	FERNANDO CORREIA	M	46	00:59:21	00:57:46	OS AZEITEIROS
317	4635	RICARDO BAPTISTA	M	47	00:59:32	00:56:32	
318	2428	JOSÉ BARREIROS	M	46	00:59:35	00:56:48	OS ANDARILHOS
319	1077	JOÃO CARRINHO	M	49	00:59:43	00:57:23	
320	1106	FERNANDO FILIPE	M	45	00:59:50	00:58:09	CLUBE GRUPO BES

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
321	1039	JOSÉ GOUVEIA	M	46	00:59:52	00:59:16	ASAS NOS PÉS
322	3054	MANUEL COELHO	M	45	00:59:53	00:58:07	URORUNNERS
323	4006	PAULO CABRAL	M	47	00:59:54	00:57:28	
324	3328	VITOR MARQUES	M	46	01:00:01	00:57:25	WIKABOO
325	2934	RODRIGO DUARTE SILVA	M	45	01:00:09	00:59:43	
326	3023	LUIS BARATA	M	48	01:00:11	00:58:12	
327	3423	PAULO JOAQUIM DE SOUSA FERNANDES	M	46	01:00:22	00:58:24	
328	511	JOSE COELHO	M	45	01:00:24	00:57:49	
329	2416	JORGE CEREJEIRA	M	46	01:00:33	00:59:03	KLENTOS
330	2566	MANUEL CELESTINO NOGUEIRA	M	48	01:00:36	00:59:18	SOFT TEAM
331	2824	PAULO RENATO	M	47	01:00:36	00:57:37	
332	2583	RUI JORGE SILVA RALO	M	45	01:00:47	00:57:47	
333	1623	LUIS DINIS	M	49	01:00:56	00:59:37	CLUBE VODAFONE
334	2677	JOSÉ ORDAZ	M	46	01:00:58	00:57:43	
335	494	SERGIO S PASCOA	M	48	01:01:16	01:00:01	
336	3278	ANTÓNIO MACAU	M	48	01:01:30	01:01:30	
337	608	MARIO R A C SILVA	M	46	01:01:31	01:00:50	
338	4711	MARIO SILVA	M	46	01:01:32	01:00:52	AFRS
339	3247	ALVARO SILVA	M	48	01:01:35	00:59:18	
340	4884	JOSE RODRIGUES	M	47	01:01:37	00:58:57	
341	4420	ARMANDO RUIVO	M	48	01:01:38	00:59:21	
342	900	ANDRE NORONHA	M	49	01:01:48	00:59:10	SS CGD
343	4258	MIGUEL MELLO DO REGO	M	47	01:01:48	00:59:33	
344	920	RUI OLIVEIRA	M	47	01:02:04	00:59:19	SS CGD
345	3179	MANUEL J NARCISO	M	49	01:02:06	01:00:55	SS MONTEPIO GERAL
346	1975	PAULO SANTOS	M	49	01:02:09	01:00:58	
347	3534	LUIS MATOS	M	46	01:02:09	01:00:17	GD IN CASA MOEDA
348	2400	LUIS POLICARPO	M	49	01:02:22	00:59:25	JOMAR
349	3745	ANTONIO VAZ DA SILVA	M	47	01:02:40	01:00:00	
350	2084	LUIS Q. GRAÇA	M	49	01:02:41	00:59:05	
351	4431	PAULO MIGUEL TAINHA	M	49	01:02:44	01:01:13	
352	3770	VITOR MATIAS	M	46	01:03:03	01:02:17	FAMÍLIA RIBEIRO
353	4713	ANTONIO NASCIMENTO	M	47	01:03:07	01:03:07	
354	1639	BART SCHOENMAKERS	M	45	01:03:08	01:00:43	GD INE
355	1069	CESARIO MATOS	M	45	01:03:14	01:01:03	C.C.R.D.BURINHOSA
356	2203	FERNANDO ABOIM	M	45	01:03:32	01:01:55	F.D.A
357	4066	JOAQUIM ANTÓNIO BARATA CARREIRO	M	48	01:03:38	01:01:24	
358	4563	JOÃO ALMEIDA	M	49	01:03:53	01:00:47	
359	1219	CARLOS HENRIQUE	M	46	01:04:12	01:00:25	
360	1326	HELDER ANTÓNIO DIAS RAPOSO	M	45	01:04:16	01:00:31	

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Relatório por Faixas Etárias

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
361	2031	RODOLFO LIMA	M	46	01:04:29	01:01:33	C MILLENINUM BCP
362	4724	RUI CARVALHO	M	49	01:04:35	01:01:49	ZIGGYPEX
363	3956	PAULO JORGE RICARDO ALVES	M	48	01:04:44	01:01:58	
364	2040	EDUARDO PINTO	M	45	01:04:46	01:01:57	C MILLENINUM BCP
365	1406	MÁRIO LOPES	M	45	01:04:50	01:00:45	
366	1405	PAULO SANTOS	M	47	01:04:50	01:00:42	
367	2618	PAULO LOURENÇO	M	45	01:04:50	01:00:58	SC CASAINHOS
368	864	ARMINDO GOMES	M	47	01:05:04	01:01:47	CLUBE DESPORTIVO RIBEIRENSE
369	1126	PAULO PEDROSO	M	47	01:05:20	01:03:07	C.C.R.D.BURINHOSA
370	4160	FERNANDO BASTO	M	46	01:05:20	01:01:51	
371	2701	JOÃO NASCIMENTO	M	48	01:05:20	01:04:28	NASCIMENTO
372	2323	LUIS SCHWAB	M	49	01:05:36	01:03:42	
373	1608	PAULO MARTINS	M	45	01:05:45	01:02:02	
374	2458	JOÃO PAULO PINTO	M	45	01:05:49	01:02:54	CLUBE COLABORADORES AXA
375	1733	MÁRIO GASPAR	M	49	01:05:54	01:03:50	
376	3	JOSE QUINTELA	M	47	01:06:02	01:05:58	SPORTING CP
377	1419	PAULO PERES	M	47	01:06:13	01:03:25	CLUBE ANACOM
378	718	VITOR GUERREIRO	M	47	01:06:20	01:02:31	RENNINGS
379	3655	CARLOS SILVA	M	46	01:06:26	01:02:47	
380	129	MARIO M B EMIDIO	M	49	01:06:33	01:04:51	
381	2582	PEDRO BENTO	M	45	01:06:37	01:03:40	
382	646	CASIMIRO P REIS	M	45	01:06:37	01:03:14	
383	3656	ARMANDO PEREIRA	M	48	01:07:23	01:03:54	
384	3980	ANTÓNIO ALVES	M	46	01:07:38	01:04:46	
385	2326	OCTAVIO LOPES	M	46	01:07:38	01:04:45	BARROQUEIROLOPES
386	3414	RUI RAPOSO	M	49	01:07:45	01:04:22	
387	3419	CARLOS SANTOS	M	46	01:07:51	01:04:27	
388	1523	LUIS COSTA	M	48	01:07:57	01:04:25	
389	1282	ANTONIO CRISOSTOMO	M	48	01:08:03	01:05:29	TARATARUGAS SOLIDARIAS
390	2748	PAULO CARVALHO	M	46	01:08:21	01:05:28	ENGENHARIALIQUIDA
391	2244	FERNANDO FERNANDES	M	47	01:08:23	01:06:45	
392	1417	JAIME AFONSO	M	48	01:08:27	01:05:38	CLUBE ANACOM
393	815	RUI SANTOS	M	46	01:08:33	01:05:46	SS CGD
394	934	JORGE LOURO	M	46	01:08:37	01:05:28	CLUBE DESPORTIVO RIBEIRENSE
395	2068	CARLOS GONÇALVES	M	45	01:09:03	01:08:29	
396	5039	RUI CRUZ	M	45	01:09:04	01:06:28	
397	2098	JOSE GUERRA	M	45	01:09:53	01:08:00	BV MONTEMOR O NOVO
398	4781	PEDRO SILVA	M	49	01:10:07	01:07:51	
399	4782	JORGE PATINHO	M	45	01:10:08	01:07:52	
400	2788	MÁRIO CRAVIDÃO	M	46	01:10:13	01:08:23	

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Relatório por Faixas Etárias

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
401	171	DIRK AUGUST	M	49	01:10:19	01:07:15	GRUPO MARADONA
402	2359	PAULO OLIVEIRA	M	46	01:10:23	01:07:08	MARATONISTAS DE SOFÁ
403	222	PAULO GODINHO	M	46	01:10:38	01:07:45	GD BANCO BPI
404	3352	ALEXANDRE BASTOS	M	46	01:11:34	01:11:34	
405	3881	CARLOS FILIPE	M	46	01:11:52	01:09:52	GRFH, LDA
406	142	PAULO A CRUZ	M	48	01:12:28	01:09:36	
407	3813	JOAO SANTOS	M	45	01:12:32	01:09:50	OS LEOES DE ALCANTARA
408	3812	ANTONIO SANTOS	M	49	01:12:33	01:09:50	OS LEOES DE ALCANTARA
409	1231	FERNANDO MANUEL COELHO	M	48	01:12:40	01:09:48	
410	2488	JOÃO CARLOS GONÇALVES BRANCO	M	45	01:12:54	01:09:59	
411	1327	JOAO NOGUEIRA	M	49	01:13:51	01:10:24	
412	1615	PAULO DUARTE	M	48	01:14:12	01:10:15	GDCT UNICRE
413	3648	PAULO RIOS	M	46	01:14:35	01:10:45	
414	4931	FERNANDO MANUEL DA GLORIA FERNANDES	M	47	01:15:08	01:13:02	KICKBOXING SCP
415	901	MANUEL BRAS	M	45	01:16:02	01:12:07	SS CGD
416	1409	PAULO MACHADO	M	47	01:16:27	01:13:14	SIR-CONDUTAR
417	1335	JOSE PEDRO ALBUQUERQUE TEIXEIRA DE ABREU PESTANA	M	48	01:16:37	01:13:42	PESTANAS
418	3910	JOÃO VAZ	M	49	01:17:12	01:14:30	
419	2445	ANTONIO JORGE SILVA	M	49	01:18:04	01:14:42	
420	4538	JOÃO BOUÇA DE MORAIS	M	47	01:18:13	01:15:02	RUN AWAY
421	3733	PAULO RAMINHOS	M	45	01:18:16	01:15:04	
422	1117	LUIS CAETANO	M	49	01:18:57	01:16:43	CLUBE GRUPO BES
423	3187	JOÃO CARLOS VINAGRE FERREIRA	M	48	01:19:14	01:16:04	
424	2556	FERNANDO VASCONCELOS	M	49	01:19:44	01:15:59	
425	2082	ROGÉRIO F. FERREIRA	M	49	01:19:48	01:16:12	
426	2593	MÁRIO COTRIM	M	49	01:21:02	01:17:39	
427	4157	LUIS LOPES	M	47	01:25:16	01:21:34	
428	2173	PAULO CAETANO	M	45	01:29:49	01:25:33	C MILLENINUM BCP
429	1545	ADRIANO NEVES	M	46	01:31:47	01:27:59	GDCT UNICRE

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Relatório por Faixas Etárias

M5054

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	25	AMILCAR DUARTE	M	54	00:35:45	00:35:45	SPORTING CP
2	3741	JOAO CARDOSO	M	51	00:36:23	00:36:23	
3	3306	JOSE BORGES	M	52	00:37:15	00:37:15	ALHANDRA SPORTING CLUB
4	4481	JOAQUIM ANTUNES	M	54	00:37:22	00:37:12	
5	3017	JOSÉ LEMOS	M	51	00:38:38	00:38:34	
6	3825	JOAQUIM MARTINS	M	50	00:38:47	00:38:43	
7	3047	CARLOS MACHADO	M	53	00:39:02	00:38:55	
8	1452	JAIME LAMEGO	M	53	00:39:04	00:38:53	
9	1633	LUÍS CLARA	M	50	00:39:17	00:39:14	LINDA-A-PASTORA SPORTING CLUBE
10	3327	ANTONIO LEMOS	M	54	00:39:43	00:39:40	WIKABOO
11	990	JOSÉ VITAL	M	50	00:39:53	00:39:48	CLAC - ENTRONCAMENTO
12	2073	ANTÓNIO BENTO FERNANDES	M	50	00:40:11	00:40:01	
13	3539	JOSE SILVA	M	50	00:40:14	00:40:10	
14	2863	PEDRO ONOFRE	M	52	00:40:25	00:40:16	AABV
15	4510	RUI TEIXEIRA	M	52	00:40:28	00:40:28	
16	2749	EDUARDO RODRIGUES	M	54	00:40:54	00:40:27	GRUP.DESP.CHELAS
17	2267	ARLINDO PAIXAO	M	50	00:41:10	00:41:04	RB RUNNING/CARTAXEIRO
18	1871	JOSÉ VALÉRIO AFONSO	M	53	00:41:47	00:41:45	CLUBE DE FUTEBOL OS BELENENSES
19	1017	ANIBAL SILVA	M	50	00:41:49	00:41:25	
20	993	JOSÉ GARRAFÃO	M	52	00:41:52	00:41:47	CLAC - ENTRONCAMENTO
21	1945	ALFREDO VALENTE	M	50	00:42:01	00:41:52	ATÉ AO FIM
22	1422	JOÃO CF COUTINHO	M	51	00:42:05	00:41:42	TÁLENTO PRA CORRER TEAM
23	4862	ALEXANDRE MANUEL BAPTISTA DA SILVEIRA COSTA	M	52	00:42:07	00:41:50	
24	1969	JOAQUIM MANUEL PEREIRA MARTINS	M	53	00:42:28	00:42:19	
25	1349	LUIS BRANCO	M	52	00:42:32	00:41:35	
26	2029	ANTONIO BRAGA	M	54	00:42:41	00:42:05	C MILLENINUM BCP
27	2775	JOSÉ MAIO	M	50	00:42:48	00:42:35	
28	2399	JOSE MORAIS	M	51	00:42:48	00:42:32	CCD AUT ALMADA
29	1171	CARLOS M LOPES	M	50	00:42:49	00:42:45	AMINHACORRIDA/TOTALSTOR
30	2522	CARLOS BAPTISTA	M	53	00:43:09	00:42:41	SC CASAINHOS
31	3952	CARLOS NELSON DIAS	M	52	00:43:11	00:42:55	CCD METROLISBOA
32	1547	JOSÉ CIPRIANO HILÁRIO CARDOSO	M	52	00:43:18	00:43:03	
33	1725	JOSÉ ROLDÃO	M	52	00:43:18	00:42:42	
34	1404	JOSE SERRA	M	50	00:43:20	00:42:51	GRUP.DESP.CHELAS
35	3410	ANTÓNIO NEREU	M	52	00:43:22	00:43:07	ASSOCIAÇÃO GD ACADEMIA KORPO
36	1297	EURICO NICHÓ	M	52	00:43:26	00:43:16	
37	2797	JORGE VARANDAS	M	50	00:43:28	00:43:09	
38	1140	CARLOS FOLGADO	M	53	00:43:41	00:42:33	CARRASCO & AMIGOS
39	3221	BENTO JORGE PEREIRA RIBEIRO	M	51	00:43:41	00:43:23	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	2538	PAULO CARDOSO	M	51	00:43:42	00:43:33	GRUP.DESP.CHELAS
41	1047	ANTÓNIO MERUJO	M	54	00:43:58	00:43:13	
42	2886	CARLOS GOMES	M	53	00:44:04	00:43:55	
43	4341	EURICO PEREIRA	M	53	00:44:10	00:44:10	
44	3300	LÚCIO AGOSTINHO BARREIROS DOS SANTOS	M	52	00:44:16	00:43:56	
45	2996	JOSE DIONISIO	M	51	00:44:23	00:44:09	
46	3920	ANTONIO SOUSA	M	51	00:44:31	00:44:14	
47	2874	JOSE MANUEL MORAIS	M	53	00:44:32	00:43:07	GRUPO DESPORTIVO SERVICONTABIL
48	434	FREDERICO G FERNANDES	M	50	00:44:44	00:44:27	
49	4872	JORGE SOUSA	M	52	00:44:44	00:44:28	GRUP.DESP.CHELAS
50	1785	VITOR SANTOS	M	50	00:44:46	00:44:26	ESCOLA DE ATLETISMO RUI SILVA
51	3237	ALBERTO COVAS	M	54	00:44:47	00:44:12	
52	3483	ANTONIO ALEXANDRE TACHA MENDES	M	54	00:44:47	00:44:47	CANHÕES DA NAZARÉ/CAN
53	1654	ANTONIO MANUEL FIGUEIREDO PEREIRA	M	53	00:44:55	00:43:56	
54	4509	DANIEL AUGUSTO DE CASTRO NUNES	M	53	00:45:02	00:44:06	
55	1906	ANTÓNIO JACINTO	M	53	00:45:02	00:43:42	AUTO JACINTO
56	4270	LUIS FILIPE GAMA	M	50	00:45:06	00:44:27	
57	3622	RICARDO FRADE	M	51	00:45:16	00:45:01	CCD SINTRENSE
58	2703	JOÃO CARLOS DOMINGUES SANCHES	M	51	00:45:22	00:45:03	
59	1062	RUI VENTURA	M	52	00:45:34	00:45:19	
60	214	FERNANDO SANTOS	M	50	00:45:39	00:45:22	GD BANCO BPI
61	341	JOAQUIM FERRAO	M	53	00:45:53	00:45:10	GDC BANCO PORTUGAL
62	2602	VASCO QUENTAL	M	51	00:45:58	00:45:30	
63	2493	CARLOS COELHO	M	52	00:46:00	00:45:25	G. ATLETAS DE MONSANTO/GASCAN
64	3671	CARLOS NEVES	M	50	00:46:01	00:45:11	SPORTISEL
65	3295	ANDRÉ PIRES DA SILVA	M	53	00:46:21	00:45:01	GEORRUNERS
66	1661	GUILHERME GONÇALVES	M	53	00:46:23	00:46:00	C FERROV PORTUGAL
67	1819	CARLOS DE VASCONCELOS	M	54	00:46:25	00:46:04	
68	3600	FRANCISCO MADEIRA	M	51	00:46:28	00:45:49	
69	2898	MANUEL CASIMIRO	M	53	00:46:29	00:46:06	
70	3087	JOSE GERARDO	M	51	00:46:40	00:45:54	
71	1038	PEDRO MATEUS	M	51	00:46:54	00:46:36	
72	2628	CARLOS TEIXEIRA	M	53	00:47:12	00:46:13	
73	3839	ANTONIO GONÇALVES	M	52	00:47:17	00:46:30	
74	2272	JOSE MARQUES	M	50	00:47:18	00:46:46	BV MONTEMOR O NOVO
75	788	GERRY SANITZ	M	50	00:47:20	00:46:18	ODEBRECHT/BPC
76	2140	RUI POMBINHO	M	50	00:47:27	00:46:28	
77	3464	JOSÉ CARLOS FERRAZ	M	51	00:47:29	00:46:33	
78	1102	CARLOS NABIÇA	M	50	00:47:30	00:46:26	CLUBE GRUPO BES
79	3950	JOÃO MIRANDA	M	54	00:47:38	00:46:44	CCD METROLISBOA

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
80	3754	FRANCISCO FIGUEIREDO	M	50	00:47:41	00:46:41	
81	3673	JOAO HENRIQUES	M	51	00:47:49	00:47:00	SPORTISEL
82	517	JOSE J FERNANDES	M	50	00:47:51	00:46:40	
83	2716	JOSÉ HILÁRIO	M	54	00:48:09	00:47:42	
84	1006	ALBERTO VINAGRE	M	51	00:48:10	00:47:29	IND.DESPORTIVO VIEIRENSE
85	2492	CARLOS FORTUNATO	M	51	00:48:14	00:47:02	G. ATLETAS DE MONSANTO/GASCAN
86	4472	ALBERTO MANUEL ROLIM VALENTE	M	51	00:48:15	00:48:15	
87	1325	JOSE LIBORIO	M	51	00:48:15	00:47:23	
88	2215	PEDRO BEAUMONT	M	52	00:48:24	00:47:49	BEAUMONT
89	4196	FERNANDO GOMES	M	53	00:48:29	00:48:02	
90	3243	ARMANDO MARTINS	M	50	00:48:31	00:47:53	
91	3572	JOSE CRUZ	M	52	00:48:33	00:47:37	
92	961	ANTÓNIO NICOLAU	M	54	00:48:35	00:47:12	
93	753	JOAO SIMOES	M	51	00:48:38	00:48:11	CLUBE GRUPO BES
94	402	MARIO A S CONCEIÇÃO	M	53	00:48:50	00:47:51	
95	3564	JOÃO PEREIRA	M	51	00:48:51	00:48:16	
96	2606	ANTONIO FERREIRA	M	54	00:48:56	00:48:14	
97	2165	ANTÓNIO LISBOA	M	52	00:48:58	00:47:37	
98	4839	RUI DE CARVALHO	M	51	00:48:59	00:48:40	
99	1826	JOSE C GASPAR	M	54	00:49:01	00:48:40	SS MONTEPIO GERAL
100	890	JOSE ANTÓNIO CAPUCHO GIDINHO	M	53	00:49:04	00:47:33	OS PAPA-FIGOS
101	2454	CARLOS MANUEL VENÂNCIO	M	52	00:49:07	00:48:38	CLUBE COLABORADORES AXA
102	2737	JOÃO DIOGO	M	51	00:49:08	00:48:13	
103	2896	JORGE BICHO	M	54	00:49:09	00:47:58	
104	4828	VASCO OLIVEIRA	M	52	00:49:09	00:47:51	
105	1152	LUIS PEREIRA	M	52	00:49:12	00:48:56	PUMAS DO GUINCHO
106	807	JORGE MORGADO	M	52	00:49:12	00:48:51	SS CGD
107	962	AMILCAR ALMEIDA	M	50	00:49:14	00:48:06	
108	164	LUIS M D C MARTINS	M	53	00:49:20	00:49:00	
109	1407	JOSÉ MACHADO	M	51	00:49:21	00:48:51	SIR-CONDUTAR
110	4177	LUIS CAETANO	M	52	00:49:21	00:47:59	LEÕES DE ALMADA
111	767	JOAQUIM VARANDA	M	51	00:49:24	00:48:46	OS BRAVOS
112	4049	MANUEL GARRINHAS	M	54	00:49:25	00:49:00	
113	829	ALVARO FURTADO	M	54	00:49:29	00:47:49	SS CGD
114	4397	FERNANDO TRINO	M	52	00:49:41	00:49:28	
115	4201	FERNANDO FERNANDES	M	52	00:49:42	00:49:16	APOGMA
116	4056	FRANCISCO SILVA	M	53	00:49:50	00:48:32	FALCÕES SELVAGENS
117	4233	JOAO BANDARRINHA	M	50	00:49:52	00:48:41	
118	1922	LUIS ALMEIDA	M	52	00:49:54	00:48:42	LIS RUNNING LINDA-A-VELHA
119	3299	MÁRIO JORGE SILVA	M	53	00:49:54	00:48:28	GEORRUNERS

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
120	4232	EDGAR DAVID	M	52	00:50:04	00:48:54	
121	2424	JOSE NEVES	M	51	00:50:07	00:48:52	CCD AUT ALMADA
122	2195	ANTONIO SANTOS	M	54	00:50:18	00:49:43	C MILLENINUM BCP
123	495	PEDRO M AMORIM	M	50	00:50:19	00:48:49	
124	180	LUIS F F FIGUEIREDO	M	51	00:50:21	00:49:23	
125	4808	DIOGO JARDIM	M	50	00:50:22	00:49:08	
126	3860	LUIS PARRO	M	52	00:50:30	00:49:47	GARMIN CO OEIRAS
127	2277	LUIS MARQUES	M	54	00:50:33	00:50:00	RB RUNNING/CARTAXEIRO
128	3089	TEODORO TRINDADE	M	52	00:50:34	00:49:05	RUN 4 FUN
129	636	RAUL COSTA	M	53	00:50:34	00:48:31	
130	886	PEDRO ALMEIDA	M	54	00:50:35	00:49:07	
131	2294	MANUELRODRIGUES	M	52	00:50:36	00:49:13	AD REAL ACADEMIA
132	1643	CARLOS DIAS	M	54	00:50:38	00:49:57	GD INE
133	3541	MARCELINO ALMEIDA	M	51	00:50:47	00:50:36	
134	846	JOSE NOGUEIRA	M	52	00:50:52	00:50:19	
135	3836	ARLINDO MANUEL LOPES SALGUEIRO	M	51	00:50:56	00:50:56	
136	552	AMERICO T G G ANTONIO	M	50	00:51:02	00:50:31	
137	2217	HERBERT BEAUMONT	M	53	00:51:12	00:50:37	BEAUMONT
138	470	SEVERO MELO	M	53	00:51:13	00:49:09	MULTIRUNNERS
139	1544	GONÇALO OLIVEIRA	M	51	00:51:21	00:49:29	GDCT UNICRE
140	2309	PEDRO PINTO	M	53	00:51:28	00:49:34	
141	480	NUNO CHAMBINO	M	50	00:51:33	00:50:34	COÇA MICOSSES
142	4037	JOÃO CORREIA AMORIM PEREIRA	M	53	00:51:37	00:50:30	
143	1570	FRANCISCO PASSOS	M	52	00:51:39	00:50:10	
144	274	JOSE CARLOS	M	54	00:51:39	00:50:08	
145	3785	CARLOS CONCEIÇÃO	M	50	00:51:42	00:50:45	A SACAVENENSE
146	4328	ANTONIO TORRES	M	54	00:51:47	00:50:21	
147	4	JORGE SANCHES	M	51	00:52:12	00:52:10	SPORTING CP
148	4040	JOÃO FARINHA	M	53	00:52:18	00:52:18	H TECNIC
149	3720	FRANCISCO AFONSO	M	53	00:52:21	00:51:54	
150	1933	PAULO GOMES	M	51	00:52:26	00:51:07	G. D. PORTO DE SINES
151	4645	VITOR TEIXEIRA	M	54	00:52:31	00:51:18	GD SANTANDER TOTTA
152	1944	ANTÓNIO LIMA	M	50	00:52:34	00:52:23	ATÉ AO FIM
153	1589	VITOR RAFAEL	M	50	00:52:36	00:51:42	AÇOREANA CLUBE BANIF
154	4387	VASCO GONÇALVES	M	50	00:52:42	00:51:04	
155	2047	JOAO CARVALHO	M	50	00:52:44	00:49:53	C MILLENINUM BCP
156	2295	ANTONIO VENTURA	M	54	00:52:45	00:52:09	AD REAL ACADEMIA
157	3697	FERNANDO BENTO	M	50	00:52:48	00:52:09	
158	3874	DINIS FERNANDES	M	53	00:52:48	00:51:34	
159	1196	ANTÓNIO MARTINS	M	52	00:53:06	00:52:05	MARTINITOS

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
160	791	THELMO CUNHA	M	53	00:53:12	00:51:32	ODEBRECHT/BPC
161	3756	JORGE FARIA	M	50	00:53:14	00:51:08	
162	1616	CARLOS VIEGAS	M	51	00:53:24	00:52:08	CLUBE VODAFONE
163	2275	JOSE CARAVELA	M	53	00:53:27	00:50:56	BV MONTEMOR O NOVO
164	2132	FILIPE JORGE SILVA	M	53	00:53:42	00:51:54	C.A. AMIGOS PARQUE DA PAZ
165	3133	CARLOS MARTINS	M	53	00:53:42	00:52:14	
166	3048	EDUARDO ÁLVARO	M	54	00:53:44	00:52:32	
167	4043	JOSÉ ANTÓNIO ALEXANDRE	M	52	00:53:49	00:52:42	
168	377	FERNANDO J P FARINHA	M	53	00:53:50	00:51:25	
169	536	ALFREDO LOURENÇO	M	52	00:53:51	00:53:44	
170	463	JOSE DINIS	M	51	00:53:52	00:52:13	N SPORTINGUISTA LEOES AZEITAO
171	236	JOSE VERMELHUDO	M	53	00:53:59	00:52:26	
172	148	CARLOS M S SECO	M	53	00:54:03	00:53:27	
173	1673	JULIO ROBALO	M	50	00:54:04	00:53:22	GD INE
174	830	JOAO CABRITO	M	50	00:54:14	00:51:35	SS CGD
175	1036	ROGÉRIO CARREIRO	M	52	00:54:18	00:53:42	ASAS NOS PÉS
176	3205	DAMIÃO REGA	M	52	00:54:37	00:52:38	
177	704	JORGE M L GURITA	M	54	00:54:55	00:53:47	
178	384	TIAGO A N R MANTEIGA	M	53	00:54:56	00:52:16	
179	4643	JOSE BARATA	M	53	00:54:59	00:54:59	GD SANTANDER TOTTA
180	3333	LUIS RIBEIRO	M	50	00:55:04	00:52:28	WIKABOO
181	2075	JOAQUIM CAMÕES	M	52	00:55:13	00:52:31	
182	1418	ISAAC CARRELO	M	53	00:55:19	00:53:37	CLUBE ANACOM
183	4564	VITOR P. LUIS	M	54	00:55:25	00:53:43	
184	144	VITOR M S ALMEIDA	M	53	00:55:29	00:52:36	
185	1019	ANTONIO GOMES	M	50	00:55:31	00:55:31	C.C.R.D.BURINHOSA
186	3763	FRANCISCO PAULINO	M	51	00:55:34	00:54:51	
187	768	CONSTÂNTINO MENDÃO	M	53	00:55:35	00:54:08	ASSOCIAÇÃO DE ATLETISMO LEBRES
188	598	DOMINGOS SILVA	M	54	00:55:36	00:53:27	
189	1016	SERGIO SOARES	M	50	00:55:38	00:55:38	C.C.R.D.BURINHOSA
190	4057	LUÍS REIS	M	50	00:55:40	00:53:36	FALCÕES SELVAGENS
191	2273	MANUEL ANTONIO	M	54	00:55:47	00:53:54	BV MONTEMOR O NOVO
192	3579	FERNANDO G G SILVA	M	50	00:55:54	00:54:25	
193	2873	JOSÉ EMANUEL CORREIA	M	53	00:55:55	00:55:55	
194	1252	MARIO LINO	M	50	00:55:55	00:54:31	
195	4856	ALZIRO SANTOS NUNES	M	52	00:55:56	00:53:55	
196	939	HERNÂNI AUGUSTO RODRIGUES GASPAR DA SILVA	M	51	00:56:29	00:54:19	
197	4670	CARLOS CASACA	M	51	00:56:50	00:53:53	
198	498	LUIS M M MARTINS	M	53	00:56:50	00:55:30	
199	960	ROMÃO VALENTE	M	51	00:57:03	00:55:06	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
200	3796	JOSE A DOMINGUES	M	50	00:57:07	00:55:34	
201	2772	HERALDO VICENTE	M	51	00:57:16	00:55:33	
202	208	JOAO GUTERRES	M	50	00:57:16	00:54:22	
203	3921	JOAQUIM JORGE CARDOSO VALADARES	M	51	00:57:19	00:56:32	VALADARES
204	2245	ANTÓNIO J M SERRA	M	54	00:57:23	00:57:23	
205	520	MANUEL R RODRIGUES	M	52	00:57:44	00:56:13	
206	4877	JOÃO PAULO SANTOS LIMA	M	53	00:57:47	00:55:42	4 AO KM
207	590	CARLOS VAZ	M	50	00:57:54	00:56:08	
208	2589	ANTONIO BATISTA	M	53	00:58:11	00:56:00	
209	4364	FILIFE CARVALHEIRO	M	50	00:58:18	00:57:44	CANHÕES DA NAZARÉ/CAN
210	1686	SEVERINO CRUZ	M	50	00:58:19	00:58:19	AFIS-OVAR
211	881	ARLINDO PARRA	M	52	00:58:22	00:56:43	CLUBE EDP LISBOA
212	458	NUNO ANTUNES	M	50	00:59:27	00:57:48	
213	3751	PAULO LOURENÇO	M	50	00:59:37	00:57:56	
214	3679	JOÃO RODRIGUES	M	53	00:59:38	00:57:56	
215	1076	PEDRO MATOS	M	53	00:59:42	00:57:21	
216	1949	MIGUEL SANTOS	M	52	00:59:54	00:57:12	C MILLENINUM BCP
217	3985	JOAQUIM GUEREIRO	M	51	00:59:58	00:58:07	
218	2452	AFONSO SIMÕES	M	54	00:59:59	00:58:37	
219	1474	PEDRO CELESTE	M	52	01:00:03	00:57:38	
220	3277	LEONCIO DA SILVA	M	50	01:00:11	00:58:13	
221	4198	JOAQUIM CRUZ	M	53	01:00:19	00:56:46	
222	4200	MANUEL COELHO	M	52	01:00:20	00:56:47	
223	1040	REINALDO MATEUS	M	52	01:00:46	01:00:11	ASAS NOS PÉS
224	3773	VITOR RIBEIRO	M	51	01:00:47	01:00:11	FAMÍLIA RIBEIRO
225	366	LUIS A F S LOUREIRO	M	51	01:00:49	00:59:37	
226	1241	RICARDO FERNANDES	M	54	01:00:50	00:59:36	CLUBE GRUPO BES
227	417	SANDRA SILVA	M	51	01:00:50	00:57:04	
228	574	MANUEL F A ANUNCIAÇÃO	M	54	01:01:07	00:57:55	
229	4247	JOSÉ AMARO	M	54	01:01:13	00:57:10	CD QUARTEIRA
230	4944	LUÍS BARROSO	M	54	01:01:25	00:59:12	
231	2777	PAULO LEONARDO	M	50	01:01:57	00:59:37	
232	781	JOAQUIM SIMAO	M	51	01:01:57	00:59:00	ODEBRECHT/BPC
233	227	FERNANDO FERREIRA	M	50	01:02:04	01:00:43	
234	3250	VITOR ALMEIDA	M	53	01:02:05	00:58:22	
235	3395	CARLOS LOURENÇO	M	52	01:02:21	01:02:21	
236	1476	HERMÍNIO CABACEIRA	M	52	01:02:26	00:59:20	
237	3747	PAULO VAZ DA SILVA	M	51	01:02:40	01:00:00	
238	521	RUI M G OLIVEIRA	M	50	01:02:41	00:59:31	
239	3270	JOAO MANUEL LEITE VIEIRA	M	51	01:02:41	00:59:39	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
240	4750	ÂNGELO MARQUES	M	50	01:03:10	00:59:32	
241	1677	JOÃO GASPAR	M	50	01:03:11	00:59:43	
242	407	GUILHERME NABAIS	M	52	01:03:19	01:00:25	
243	985	JÚLIO SANTOS	M	52	01:03:31	01:02:45	
244	2274	ANTONIO GUERRA	M	53	01:03:31	01:01:38	BV MONTEMOR O NOVO
245	2475	PAULO FRANÇA	M	50	01:03:43	01:00:38	GDCT UNICRE
246	1892	ANTÓNIO MANUEL DOS SANTOS ALTER	M	53	01:03:46	01:01:16	
247	356	ALEXANDRA CARDÃO	M	51	01:03:56	01:02:50	N SPORTINGUISTA LOURES
248	2646	HORACIO JOÃO FELGUEIRAS	M	53	01:04:27	01:01:35	
249	485	GONÇALO PEREIRA	M	51	01:04:36	01:01:23	LEBRES DO ASFALTO
250	600	PEDRO CARVALHO	M	53	01:04:49	01:02:46	
251	4528	LUIS LEE	M	52	01:04:53	01:02:50	
252	1074	LUIS CONCEIÇÃO	M	53	01:05:18	01:04:36	C.C.R.D.BURINHOSA
253	1209	ANTÓNIO MELO	M	52	01:05:26	01:01:24	
254	3943	ORLANDO SOUSA	M	51	01:05:50	01:02:48	CCD METROLISBOA
255	4012	MARIO PIRES	M	54	01:05:51	01:02:12	
256	3585	ANTONIO MOEDA	M	54	01:05:53	01:03:29	TAGIDE RUNNERS
257	2552	JULIO DINIS MACHADO CARVALHO	M	51	01:05:53	01:04:13	
258	4281	HERLANDER BRAZ	M	54	01:06:00	01:05:18	GD SANTANDER TOTTA
259	2242	VÍTOR LUCAS	M	50	01:06:05	01:03:11	
260	519	AGOSTINHO MONTEIRO	M	54	01:06:19	01:02:59	
261	492	JULIO SANTOS	M	52	01:06:26	01:03:44	
262	4365	FILIPPE VASQUES	M	51	01:06:46	01:06:46	
263	3172	FRANCISCO SILVESTRE	M	52	01:07:04	01:07:04	
264	3947	JOÃO BARBOSA	M	52	01:07:31	01:04:25	CCD METROLISBOA
265	2310	LUÍS FILIPE LINO	M	52	01:07:44	01:04:49	AMCR FONTE GRADA
266	394	HELDER T MAGALHAES	M	50	01:08:18	01:04:56	
267	2349	ZEFERINO BOAL	M	51	01:08:21	01:04:27	
268	297	CARLOS A RODA	M	54	01:08:39	01:05:24	
269	4395	EDGAR S MARTINS	M	53	01:08:48	01:05:39	
270	3412	REINALDO PEREIRA	M	50	01:08:59	01:06:40	
271	2753	ALBERTO FERRAZ	M	50	01:09:09	01:06:27	
272	1135	ANTÓNIO REMECHIDO	M	53	01:09:09	01:06:15	
273	1475	JOSE JULIO CABACEIRA	M	53	01:09:11	01:06:05	
274	250	PEDRO MACHADO	M	51	01:09:23	01:05:26	
275	4005	JOHNNY THOMASSEN	M	53	01:09:40	01:09:40	
276	2016	PAULO REBOCHO	M	52	01:09:41	01:06:37	C MILLENINUM BCP
277	2283	DAVIDE SIMÕES BARCELOS	M	50	01:09:53	01:06:00	
278	1635	NUNO JONET	M	54	01:11:43	01:08:40	
279	4761	JOÃO FIGUEIREDO	M	54	01:11:53	01:08:56	FAMELGA

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
280	439	LOURENÇO CARNEIRINHO	M	51	01:12:06	01:09:26	
281	3447	JOSE ALMEIDA	M	53	01:12:51	01:09:56	
282	2887	JOÃO PINHEIRO	M	50	01:12:53	01:09:49	FAMILIA PINHEIRO
283	1954	PAULO RATO	M	51	01:12:54	01:09:00	C MILLENINUM BCP
284	3969	PIERRE DURAND	M	52	01:12:57	01:09:45	
285	2402	VITOR LOBO	M	50	01:13:22	01:10:25	JOMAR
286	3371	CARLOS BANDEIJAS	M	53	01:13:31	01:09:58	
287	3261	PEDRO JOSÉ NEVES	M	53	01:13:46	01:10:38	
288	437	FREDERICO SANTOS	M	50	01:13:46	01:10:49	
289	3856	RUI BOAVIDA SILVA	M	50	01:13:53	01:12:02	
290	1168	JOSÉ CORREIA	M	54	01:14:05	01:11:09	
291	2316	JOAQUIM SAÚDE	M	54	01:15:27	01:08:22	METRALHAS
292	3876	HÉLDER SEQUEIRA	M	50	01:16:36	01:15:12	DANATUR
293	2061	JOSE DO Ó	M	54	01:18:27	01:15:32	C MILLENINUM BCP
294	1479	ANDRÉ WIBORG	M	54	01:19:25	01:16:56	VFF 1896
295	351	JOAO CARVALHO	M	50	01:19:47	01:17:23	N SPORTINGUISTA LOURES
296	3688	FERNANDO MOURA	M	51	01:21:30	01:21:30	
297	1446	LUIS CARVALHO MARQUES	M	50	01:22:29	01:20:51	
298	1445	FERNANDO CARVALHO MARQUES	M	50	01:22:30	01:20:52	
299	3136	VITOR MANZO	M	52	01:22:30	01:19:06	
300	2471	PAULO BRANCO BRACONS	M	54	01:25:50	01:23:00	CLUBE COLABORADORES AXA
301	1229	CARLOS SANTOS	M	52	01:29:11	01:26:12	
302	4775	JOÃO SERAFIM	M	51	01:29:41	01:26:44	FAMELGA
303	1018	JOSE SOARES	M	51	01:31:07	01:27:50	C.C.R.D.BURINHOSA
304	276	JOSE A C AUGUSTO	M	52	01:32:50	01:29:49	
305	870	EDGAR FERREIRA	M	53	01:34:37	01:31:02	CLUBE DESPORTIVO RIBEIRENSE
306	65	TIAGO RUIVO	M	50	01:38:00	01:38:00	MTV
307	1361	JORGE BARREIRA	M	53	01:48:13	01:46:36	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	4863	AURELIO AGUIAR	M	58	00:38:30	00:38:27	
2	2771	ORLANDO SILVA	M	56	00:39:12	00:39:09	CCD METROLISBOA
3	4355	MARCOS ANTONIO FONSECA PEREIRA	M	58	00:39:26	00:39:21	
4	2298	GERMANO SILVA	M	55	00:39:31	00:39:18	AD REAL ACADEMIA
5	994	ABREU MOURA	M	58	00:39:51	00:39:46	CLAC - ENTRONCAMENTO
6	1638	ANTONIO SANTOS	M	55	00:40:09	00:40:04	GD INE
7	1444	ÓSCAR SANTOS	M	56	00:40:21	00:40:15	
8	3634	RAUL RODRIGUES	M	55	00:40:44	00:40:42	
9	1971	JOÃO JACINTO	M	56	00:41:39	00:41:28	CCD O ALVITEJO
10	4030	SEVERINO SANTOS	M	58	00:41:56	00:41:48	
11	343	JOSE MONTEIRO	M	57	00:42:20	00:41:41	GDC BANCO PORTUGAL
12	2865	ARLINDO NASCIMENTO	M	56	00:42:40	00:42:31	AABV
13	2470	GRACIANO CAMPOS	M	57	00:42:44	00:42:32	CCD AUT ALMADA
14	4239	JOAQUIM SANTOS	M	55	00:42:58	00:41:35	FALCÕES SELVAGENS
15	3162	GABRIEL GONÇALVES	M	58	00:43:20	00:43:18	
16	1657	AIRES SÃO PEDRO	M	59	00:43:44	00:43:21	INDIVIDUAL
17	1354	ANTONIO HORTA	M	56	00:44:15	00:43:34	
18	3852	JOSE MANUEL VITORINO	M	56	00:44:20	00:43:51	
19	4551	RUBEN SILVA	M	57	00:44:23	00:43:50	
20	3053	JOSE AVELINO	M	57	00:44:24	00:43:56	
21	339	JOAO BATISTA	M	56	00:44:25	00:44:04	GDC BANCO PORTUGAL
22	1395	JOAQUIM MARINHO	M	55	00:44:39	00:44:07	GRUP.DESP.CHELAS
23	2823	RUI ARAUJO	M	55	00:45:17	00:45:11	CCD METROLISBOA
24	4864	ANTÓNIO MATIAS	M	56	00:45:32	00:45:32	
25	1013	JOSÉ RATO	M	55	00:45:38	00:45:13	C.C.R.D.BURINHOSA
26	4646	SALVADOR AFONSO	M	59	00:45:41	00:45:04	GD SANTANDER TOTTA
27	3571	CARLOS SOUSA	M	56	00:45:44	00:45:20	
28	2072	HENRIQUE BELMAR	M	55	00:45:47	00:45:35	
29	2377	ALVARO PINTO	M	56	00:45:56	00:45:11	AD REAL ACADEMIA
30	3913	FLORIMUNDO SILVA	M	58	00:46:05	00:46:03	AMINHACORRIDA/TOTALSTOR
31	1116	JULIO FERREIRA	M	59	00:46:05	00:45:14	CLUBE GRUPO BES
32	472	LUIS DIAS	M	57	00:46:27	00:45:31	OS AMPUTADOS
33	4979	LEONEL GAMA	M	57	00:46:30	00:46:19	
34	643	PADRO RIO	M	55	00:46:43	00:44:40	
35	3310	MÁRIO VERÍSSIMO	M	57	00:46:44	00:46:14	CARACÓIS DE PEDRA
36	3587	IDALÉCIO BARROS	M	59	00:46:54	00:46:34	
37	1936	FERNANDO SOBRAL	M	55	00:47:00	00:46:53	G.D.R. SÃO FRANCISCO DA SERRA
38	3800	MARIO CARVALHO	M	58	00:47:02	00:47:02	CD ASAS DO MILÉNium
39	2276	ABILIO CATARRO	M	58	00:47:13	00:47:00	BV MONTEMOR O NOVO
40	4234	ROMAO BANDARRINHA	M	56	00:47:24	00:46:18	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	1112	JORGE PEREIRA	M	59	00:47:31	00:46:27	CLUBE GRUPO BES
42	3687	ANTÓNIO Mouro	M	56	00:47:34	00:47:14	
43	4873	ANÍBAL DIAS MATEUS	M	56	00:47:51	00:46:52	
44	3749	JORGE FERREIRA	M	55	00:47:57	00:47:57	
45	3736	LUIS VASCONCELOS AMORIM	M	55	00:47:59	00:47:36	
46	4404	JOSE REBOCHO	M	58	00:48:00	00:47:02	A VALE SILENCIO
47	680	MARIO L C RAMOS	M	55	00:48:01	00:47:39	
48	3540	JOSE PINTO	M	57	00:48:04	00:47:24	
49	4995	RAFAEL RIBEIRO	M	55	00:48:06	00:47:20	
50	3343	MANUEL TAVARES	M	55	00:48:08	00:48:08	GRUP.DESP.CHELAS
51	1158	JOSÉ HENRIQUES	M	58	00:48:12	00:47:58	OS PERIGOSOS
52	2398	JOSE CABRAL	M	56	00:48:24	00:46:57	CCD AUT ALMADA
53	4826	LUIS RAMADA PEREIRA	M	59	00:48:25	00:43:17	
54	3935	ABILIO TAVRES	M	58	00:48:46	00:48:24	
55	1414	AUGUSTO FERREIRA	M	57	00:48:46	00:48:27	SIR-CONDUTAR
56	1161	ALCIDES NUNES	M	55	00:48:47	00:48:15	OS PERIGOSOS
57	1923	JACINTO PEREIRA	M	56	00:48:50	00:47:37	LIS RUNNING LINDA-A-VELHA
58	887	CARLOS PARENTE RODRIGUES	M	56	00:49:22	00:48:38	CLUBE EDP LISBOA
59	1320	JOAQUIM FRANCISCO	M	59	00:49:49	00:48:45	
60	2235	JOSÉ FERNANDO A. FERREIRA VIAIS	M	55	00:49:57	00:49:47	
61	4880	ADRIANO	M	59	00:49:58	00:49:10	
62	1380	MIGUEL BARBOSA	M	59	00:50:28	00:50:18	UNIDOS DA MANUTENÇÃO
63	3859	JOSE CATITA	M	55	00:50:34	00:50:15	GARMIN CO OEIRAS
64	2133	MARCOS FAUSTINO	M	56	00:50:38	00:50:14	C.A. AMIGOS PARQUE DA PAZ
65	2166	LUIS NEVES	M	55	00:50:40	00:50:03	
66	3641	JOSE GUERREIRO	M	56	00:50:51	00:49:18	SS MONTEPIO GERAL
67	4124	AUGUSTO LOPES	M	59	00:51:20	00:48:50	GD SANTANDER TOTTA
68	156	JOAQUIM M D PALMA	M	59	00:51:24	00:50:27	
69	1636	LUIS REIS	M	58	00:51:26	00:50:49	GD INE
70	3008	JOSE DIAS	M	56	00:51:39	00:51:04	NUCLEO DESPORTIVO AUTOCOOPE
71	979	ALBERTO SANTOS	M	59	00:51:41	00:50:40	
72	785	MANUEL PAULO	M	56	00:51:41	00:50:02	ODEBRECHT/BPC
73	2185	ANTONIO CORREIA	M	58	00:51:42	00:49:12	C MILLENINUM BCP
74	2799	CESAR VIEGAS	M	56	00:51:51	00:51:13	CONSTRUTENIS
75	3392	LUIS SANTOS	M	56	00:51:57	00:47:57	
76	4377	JOSE MOGA	M	55	00:51:59	00:51:03	A VALE SILENCIO
77	4504	JOSE REGO	M	59	00:52:05	00:50:59	
78	1295	JORGE PAULA	M	59	00:52:13	00:50:50	
79	1420	JOSE VAZ	M	55	00:52:14	00:50:33	CLUBE ANACOM
80	1746	MÁRIO MATIAS FILIPE	M	55	00:52:14	00:50:26	PERNETAS

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	5041	ORLANDO COUTO	M	58	00:52:25	00:51:46	4 AO KM
82	4180	FRANCISCO LINHOL	M	59	00:52:28	00:51:07	
83	4333	CONSTÂNCIO DE BRITO MARTINS	M	56	00:52:31	00:52:31	FAMILIA MARTINS
84	2139	JOSÉ MARIA PEDRO	M	59	00:52:40	00:50:44	
85	2014	CARLOS E SANTO	M	55	00:53:03	00:49:47	C MILLENINUM BCP
86	3643	JORGE PAULINO	M	57	00:53:22	00:52:10	
87	2279	AGOSTINHO PINTO	M	58	00:53:28	00:50:58	BV MONTEMOR O NOVO
88	3556	LUIS MANUEL MOTA FERREIRA	M	59	00:53:42	00:52:03	
89	3400	JOSE ANDRE	M	58	00:53:57	00:52:06	APOGMA
90	1950	JOAO CUNHA	M	56	00:54:09	00:52:57	C MILLENINUM BCP
91	1403	JOSE VENANCIO	M	59	00:54:20	00:53:51	GRUP.DESP.CHELAS
92	4854	FERNANDO MARQUES	M	58	00:54:24	00:51:00	GD SANTANDER TOTTA
93	2836	JOSÉ BAIXINHO	M	56	00:54:30	00:52:40	
94	218	JOSE S MESTRE	M	56	00:54:33	00:53:42	GD BANCO BPI
95	1798	RAUL CARVALHO	M	55	00:54:36	00:53:15	FALCÕES SELVAGENS
96	775	FERNANDO MOREIRA	M	58	00:54:38	00:52:44	
97	1021	FERNANDO MATEUS	M	55	00:54:48	00:54:48	C.C.R.D.BURINHOSA
98	5043	FERNANDO MATIAS	M	57	00:54:49	00:53:03	
99	3735	VICENTE DIAS	M	59	00:54:54	00:54:31	
100	1022	CARLOS OLIVEIRA	M	57	00:54:57	00:54:57	C.C.R.D.BURINHOSA
101	1359	JOÃO RITA	M	56	00:55:00	00:54:18	PELEGAS
102	382	NELSON J T URBANO	M	56	00:55:01	00:52:20	
103	1572	JOSÉ EDUARDO DA SILVA MONTEIRO	M	55	00:55:13	00:53:05	
104	2871	MANUEL PEREIRA RIBEIRO	M	59	00:55:17	00:53:16	
105	668	ZEFERINO POMBEIRO	M	58	00:55:28	00:54:12	
106	1331	LUIS ROSA	M	55	00:55:29	00:54:55	
107	4932	JOSE NOGUEIRA GONCALVES	M	58	00:55:37	00:53:36	
108	2076	FERNANDO FERRITO	M	55	00:55:46	00:53:59	
109	2957	JOAQUIM COSTA	M	56	00:55:58	00:53:42	
110	1020	JOAQUIM VITORINO	M	57	00:56:00	00:56:00	C.C.R.D.BURINHOSA
111	216	ALBERTO CAMPOS	M	57	00:56:03	00:54:28	GD BANCO BPI
112	3215	ANTÓNIO VALENTE	M	58	00:56:06	00:55:18	
113	4547	ALBERTO CARVALHO	M	55	00:56:07	00:55:30	
114	1061	RUI PEREIRA	M	57	00:56:24	00:54:57	
115	2490	VITOR RODRIGUES	M	59	00:56:28	00:53:53	G. ATLETAS DE MONSANTO/GASCAN
116	1286	PAULO BENIDO	M	56	00:56:39	00:54:52	
117	2055	LUDGERO RODRIGUES	M	57	00:56:50	00:54:44	C MILLENINUM BCP
118	2738	MANUEL CARLOS	M	55	00:56:57	00:54:41	
119	181	JOSE M S ALIPIO	M	56	00:57:05	00:56:13	
120	983	ANTÓNIO BRANDÃO	M	55	00:57:25	00:55:17	CGD-OVAR

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	4199	ANTONIO BILA	M	57	00:57:26	00:56:05	GARMIN CO OEIRAS
122	3961	JOSÉ PEREIRA	M	56	00:57:33	00:55:34	
123	174	ANTONIO P LOBO	M	56	00:57:38	00:54:56	GRUPO MARADONA
124	209	JOAQUIM CONDE	M	57	00:57:40	00:54:51	
125	1421	ROGERIO PINA	M	59	00:57:53	00:56:10	CLUBE ANACOM
126	2141	JORGE SILVA	M	58	00:58:31	00:58:13	
127	3001	MANUEL GOMES	M	56	00:58:34	00:56:41	
128	1672	DOMINGOS MELAO	M	59	00:58:36	00:56:40	GD INE
129	2494	ANTÓNIO REYES	M	59	00:58:47	00:56:10	G. ATLETAS DE MONSANTO/GASCAN
130	3817	VITORINO SANTOS	M	57	00:58:48	00:55:59	
131	1781	AMERICO COSTA	M	56	00:58:50	00:58:50	TECNOSPIE
132	1902	JOAO SOUSA	M	57	00:58:53	00:55:26	
133	468	JOSE FINURAS	M	56	00:58:57	00:58:25	MULTIRUNNERS
134	1447	LUIS MARQUES	M	56	00:58:59	00:55:04	
135	2125	JOSÉ GUEDES	M	57	00:59:04	00:55:37	ARGUS SSO
136	4181	JOÃO CAROÇO	M	57	00:59:24	00:57:19	
137	4887	JOAQUIM FONSECA	M	58	00:59:54	00:59:12	OS SUPER
138	924	SEVERINO ROSA	M	57	01:00:07	00:56:58	SS CGD
139	1360	JORGE LUÍS VIEGAS	M	57	01:00:18	00:56:54	
140	915	LUIS SANTAREM	M	58	01:00:21	00:56:57	SS CGD
141	42	JOSE A M JUNÇA	M	56	01:00:24	01:00:24	TRANQUILIDADE
142	3862	JOSÉ RODRIGUES	M	56	01:00:46	00:59:09	
143	2411	CARLOS ROSADO	M	55	01:01:13	00:58:20	FAMÍLIA ROSADO
144	2105	ARTUR DINIS	M	56	01:01:15	00:58:52	
145	3621	JOSÉ FERNANDO CRISÓSTOMO FIALHO	M	55	01:01:20	00:58:10	
146	4331	RAUL GIRÃO	M	56	01:01:22	00:58:46	
147	1759	HENRIQUE DOS SANTOS VILHENA	M	57	01:01:23	00:57:20	
148	3374	ORLANDO FERREIRA	M	56	01:02:08	00:59:47	
149	3996	CARLOS FERREIRA	M	56	01:02:15	01:00:46	NUCLEO DESPORTIVO AUTOCOOPE
150	1542	CARLOS VIEGAS	M	55	01:02:25	01:00:20	GDCT UNICRE
151	783	LUIS SANTOS	M	56	01:02:28	00:59:50	ODEBRECHT/BPC
152	3454	PEDRO PINTO	M	56	01:02:59	01:01:15	OS PINTOS
153	1579	JORGE OLIVEIRA	M	58	01:03:03	01:00:45	
154	2025	JOAQUIM FULGENCIO	M	56	01:03:09	00:59:42	C MILLENINUM BCP
155	1110	JOAO SIMOES	M	59	01:03:28	01:00:22	CLUBE GRUPO BES
156	2462	ANTÓNIO OLIVA	M	57	01:03:34	01:00:47	
157	1751	OLIMPIO GUEDELHA	M	58	01:03:46	01:00:57	GRUPO AMIGOS ATLETISMO VF XIRA
158	4096	ANTONIO MOURA	M	56	01:04:03	01:02:19	
159	1927	DURWOOD YOUNG	M	57	01:04:18	01:02:04	
160	780	ANTONIO ALVES	M	57	01:05:00	01:02:21	ODEBRECHT/BPC

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	4004	JOSÉ BAPTISTA	M	56	01:05:14	01:02:15	
162	1804	AMÉRICO PINTO	M	57	01:05:15	01:02:25	LEÕES DE ALVERCA
163	1632	JOAO D FRIAS	M	59	01:06:17	01:03:26	GD INE
164	2436	ANTÓNIO MOURA	M	56	01:07:21	01:06:51	
165	416	ALBANO GINJA	M	57	01:07:32	01:04:08	
166	337	ANTONIO N PESQUEIRA	M	58	01:07:33	01:04:14	
167	111	JOAO P PINTO	M	57	01:07:47	01:07:47	
168	3546	JOSÉ CARITA	M	55	01:07:52	01:07:11	CCD SINTRENSE
169	4257	JOAQUIM PAIS	M	57	01:07:57	01:07:57	
170	644	MARIO RUI	M	55	01:08:45	01:06:16	
171	1136	JOSÉ BOTAS	M	55	01:09:06	01:06:11	
172	4639	RUI MARINHO	M	55	01:09:40	01:06:04	
173	2839	JOAO GALAMBA	M	59	01:11:13	01:08:53	
174	2940	EDUARDO ANTÓNIO BOTELHO RIBEIRO	M	56	01:11:16	01:08:28	
175	4319	ANTÓNIO MARTINS	M	56	01:12:11	01:08:45	
176	3227	MARIO MORNA	M	56	01:12:49	01:11:37	SS MONTEPIO GERAL
177	4709	JORGE FERREIRA	M	58	01:14:39	01:12:26	PAPA KM
178	4121	PEDRO BRANDÃO	M	57	01:16:54	01:13:52	AÇOREANA CLUBE BANIF
179	2049	BERNARDO PARAIBA	M	59	01:18:28	01:15:33	C MILLENINUM BCP
180	2881	CARLOS DIAS	M	57	01:22:13	01:22:13	LEÕES AMESTRADOS
181	522	ALFREDO M N MONTEIRO	M	56	01:27:19	01:23:54	
182	1096	ALVARO AMADO	M	58	01:35:21	01:32:13	CLUBE GRUPO BES
183	1100	ANTONIO CORDES	M	57	01:35:22	01:32:13	CLUBE GRUPO BES
184	910	ALBERTINO SEMEDO	M	55	01:40:35	01:36:41	SS CGD

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Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	3437	ANASTACIO VALADAS	M	60	00:39:08	00:39:05	GD SANTANDER TOTTA
2	4558	PETER STEINHAUSEN	M	61	00:41:33	00:41:25	
3	3823	CARLOS ANTUNES	M	62	00:41:39	00:41:32	
4	2774	JOSÉ TEIXEIRA	M	66	00:42:01	00:42:01	
5	840	ORLINDO FIGUEIREDO	M	65	00:42:05	00:41:55	SS CGD
6	1972	JOAQUIM ALVES	M	61	00:42:30	00:42:19	CCD O ALVITEJO
7	3142	ANTÓNIO MANUEL ANTUNES BATALHA	M	60	00:42:49	00:42:36	SCALABIS NIGHT RUNNERS
8	431	MIGUEL A COUTINHO	M	80	00:42:50	00:42:38	
9	2108	JOSÉ DOS SANTOS REIS	M	60	00:43:26	00:43:07	
10	3439	ANTONIO CRUZ	M	66	00:43:37	00:43:31	GD SANTANDER TOTTA
11	3065	LUIS ORVALHO	M	60	00:44:04	00:43:51	
12	4402	LEONEL NEVES	M	60	00:45:13	00:45:05	A VALE SILENCIO
13	344	ADELINO SEMEDO	M	60	00:45:20	00:43:51	GDC BANCO PORTUGAL
14	1468	JULIO OLIVEIRA	M	65	00:45:29	00:45:13	
15	904	ANTONIO TABORDA	M	63	00:45:38	00:44:19	SS CGD
16	24	ARMANDO ALDEGALEGA	M	76	00:45:47	00:45:44	SPORTING CP
17	1470	JOSE FERNANDES	M	60	00:45:52	00:45:24	GRUP.DESP.CHELAS
18	4655	ALFREDO MATEUS	M	68	00:46:26	00:45:52	
19	1784	JOÃO GAMEIRO	M	61	00:46:29	00:46:07	ESCOLA DE ATLETISMO RUI SILVA
20	1247	SILVIO PAIVA	M	62	00:46:39	00:46:30	CLUBE GRUPO BES
21	3407	MANUEL FERREIRA	M	61	00:46:47	00:46:12	
22	3588	FERNANDO ANACLETO	M	62	00:46:53	00:46:34	
23	625	JOAQUIM NEIVA	M	70	00:46:57	00:46:52	DO RANGEL
24	1246	RUI LOPES	M	61	00:47:03	00:45:46	CLUBE GRUPO BES
25	3635	JOSÉ PINTO	M	67	00:47:17	00:47:02	
26	3393	JOSE GALAMBAS	M	68	00:47:23	00:46:21	
27	808	JOSE ALVES	M	64	00:47:30	00:46:38	SS CGD
28	2233	ANTÓNIO BARREIROS JOSÉ	M	62	00:47:31	00:47:20	
29	2240	JOSÉ SAPO	M	64	00:47:43	00:47:05	
30	1683	TAM AFONSO	M	60	00:47:47	00:47:19	AÇOREANA CLUBE BANIF
31	4508	JOSÉ LUCAS	M	67	00:47:53	00:47:53	
32	2534	GILBERTO GONÇALVES	M	64	00:48:00	00:46:46	C. A. AMIGOS DE BELÉM
33	3803	FERNANDO MARQUES	M	64	00:48:03	00:47:47	
34	3036	FRANCISCO PINTO	M	60	00:48:15	00:48:15	ZONA T
35	196	JOSE E FACHADA	M	61	00:48:16	00:47:54	
36	3748	JOSE MIRA	M	61	00:48:25	00:47:14	
37	454	ORLANDO M M CRUZ	M	64	00:48:32	00:48:03	
38	770	MANUEL BAPTISTA	M	64	00:48:35	00:48:09	ASSOCIAÇÃO DE ATLETISMO LEBRES
39	841	JOSE GUIA	M	64	00:49:04	00:47:33	SS CGD
40	1694	LEONEL PIRES	M	69	00:49:04	00:48:01	GREEN LIONS

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	4948	JOÃO FREIRE DE ANDRADE	M	76	00:49:05	00:48:51	
42	105	JOAO R REIS	M	62	00:49:13	00:48:35	
43	3717	AUGUSTO CARIA	M	61	00:49:22	00:49:09	INDIVIDUAL
44	383	HENRIQUE M B MENDES	M	72	00:49:30	00:47:12	
45	2299	MANUELMATOS	M	63	00:49:36	00:47:48	AD REAL ACADEMIA
46	4276	MANUEL ROBALO	M	67	00:49:55	00:49:09	GD SANTANDER TOTTA
47	937	ANTÓNIO BOLRA	M	68	00:49:55	00:49:38	
48	1978	ANTONIO BATISTA	M	66	00:49:59	00:49:20	OS AMIGOS DO ESTRELA
49	3987	NUNO ALVES	M	60	00:50:03	00:49:24	
50	1159	JOSÉ BELCHIOR	M	61	00:50:10	00:49:38	OS PERIGOSOS
51	4302	LINO OLIVEIRA	M	68	00:50:11	00:49:44	GD SANTANDER TOTTA
52	2612	JOSÉ CALHA	M	64	00:50:13	00:49:22	
53	376	JOSE V L SOUSA	M	61	00:50:17	00:50:06	
54	1881	RUI AMARAL PINTO	M	61	00:50:29	00:50:00	
55	1662	NEVES SILVA	M	60	00:50:53	00:50:05	C FERROV PORTUGAL
56	4642	JOAO ROCHA	M	62	00:51:08	00:49:57	GD SANTANDER TOTTA
57	1253	FERNANDO NETO	M	64	00:51:22	00:51:11	UNIDOS DA MANUTENÇÃO
58	380	ARTUR M S GOMES	M	67	00:51:26	00:48:47	
59	2292	ANTÓNIO NASAIS	M	64	00:51:29	00:50:42	JAZZY RUNNERS
60	3809	JOSÉ FERRABELO	M	60	00:51:30	00:50:44	ASAS NOS PES
61	3186	AVELINO VESTIAS	M	63	00:51:33	00:51:31	
62	391	ANTONIO F P GALHETO	M	65	00:51:36	00:49:02	
63	2397	JOAQUIM FERNANDES	M	63	00:51:40	00:50:34	CCD AUT ALMADA
64	2238	ANTONIO PRIMOR	M	71	00:51:53	00:51:12	
65	902	ANTONIO CARPINTEIRO	M	68	00:51:54	00:51:40	SS CGD
66	3831	FRANCISCO FARRAJOTA	M	61	00:52:05	00:51:19	CLUBE DE ATLETISMO ODIMARQ
67	3760	JOSÉ VIEIRA	M	67	00:52:10	00:48:37	
68	1977	JOÃO OLIVEIRA	M	66	00:52:11	00:51:17	OS AMIGOS DO ESTRELA
69	2291	ARTUR MAIA	M	69	00:52:12	00:49:42	JAZZY RUNNERS
70	505	ALCEU PAULO	M	63	00:52:24	00:50:28	
71	2152	EDUARDO ELVAS	M	63	00:52:25	00:52:25	CGD-OVAR
72	393	ORLANDO M S ZACARIAS	M	61	00:52:31	00:51:21	
73	1811	ARMINDO PIMENTA	M	65	00:52:33	00:51:51	
74	1025	RICARDO SANTOS	M	63	00:52:40	00:51:45	ASAS NO PÉS
75	2637	ANTÓNIO ROMÃO	M	61	00:52:43	00:51:55	
76	2720	CARLOS TEIXEIRA	M	63	00:52:46	00:52:33	
77	4801	JOSÉ BERNARDINO	M	61	00:52:56	00:51:24	
78	1352	FERNANDO FERNANDES	M	60	00:53:17	00:52:51	
79	1557	MANUEL CLEMENTE	M	64	00:53:17	00:50:40	NA BOA
80	5036	JOÃO VIEIRA	M	61	00:53:20	00:52:27	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	2036	ORLANDO CHINA	M	65	00:53:26	00:51:22	C MILLENINUM BCP
82	2909	LUÍS RIBEIRO ROSA	M	60	00:53:30	00:51:39	C. A. AMIGOS DE BELÉM
83	2180	MARIO CAMPOS	M	65	00:53:43	00:51:23	C MILLENINUM BCP
84	1318	DOMINGOS MOREIRA	M	70	00:54:05	00:53:01	
85	967	ANTONIO FONSECA	M	67	00:54:10	00:52:47	
86	1114	JOSE PEDRO	M	65	00:54:12	00:52:11	CLUBE GRUPO BES
87	486	RUI PINTO	M	66	00:54:16	00:51:03	LEBRES DO ASFALTO
88	3269	ANTÓNIO PAIS	M	66	00:54:21	00:52:01	NÚCLEOEIRAS / SPORTZONE
89	4298	JOSE SIMOES	M	64	00:54:24	00:51:00	GD SANTANDER TOTTA
90	1979	ARMANDO TAVARES	M	65	00:54:29	00:53:35	OS AMIGOS DO ESTRELA
91	907	ELISEU PINTO	M	63	00:55:02	00:53:34	SS CGD
92	3491	HENRIQUE SILVA	M	64	00:55:11	00:53:45	SILVAS
93	1488	JOSÉ MANUEL NUNES	M	68	00:55:11	00:54:59	
94	1870	LUIS DA SILVA	M	62	00:55:26	00:55:26	CLUBE DE FUTEBOL OS BELENENSES
95	1976	VIRGILIO RODRIGUES	M	66	00:55:33	00:54:53	OS AMIGOS DO ESTRELA
96	3381	MÁRIO VICENTE	M	65	00:55:34	00:51:50	VICENTES
97	3512	FERNANDO LOURENCO	M	63	00:55:40	00:54:48	BOM PETISCO
98	3567	JOÃO TORRADO	M	65	00:55:43	00:55:02	
99	2081	ANTÓNIO PAULINO	M	61	00:55:44	00:55:37	
100	3863	JOSE ESTEVES	M	61	00:55:54	00:53:46	GDRC PONTERROLENSE
101	3609	CARLOS JESUS	M	63	00:55:59	00:53:52	GDCT REPSOL
102	2079	CASIMIRO FERREIRA	M	69	00:55:59	00:54:13	
103	3932	FERNANDO CLAUDINO	M	61	00:55:59	00:54:45	
104	3808	ISAC DINIS	M	62	00:56:04	00:55:16	ASAS NOS PES
105	765	FRANCISCO PRATES	M	65	00:56:08	00:53:02	ASSOCIAÇÃO DE ATLETISMO LEBRES
106	4587	ALBINO DA SILVA RESENDE	M	61	00:56:08	00:55:59	
107	3668	LUCIANO ASSUNCAO	M	68	00:56:11	00:54:30	SPORTISEL
108	241	JEREMIAS S RIBEIRO	M	66	00:56:15	00:55:36	
109	772	MARCOS FERREIRA	M	66	00:56:17	00:52:55	ASSOCIAÇÃO DE ATLETISMO LEBRES
110	1202	ARMÊNIO ANDRADE	M	61	00:56:23	00:55:12	ACS-AMIGOS CORRID SALVATERRA
111	3955	CARLOS JESUS MOREIRA	M	60	00:56:30	00:55:46	CCD METROLISBOA
112	1373	JORGE BARREIRA	M	69	00:56:40	00:55:21	
113	2007	JOAQUIM MARIA FEIJOO	M	65	00:56:41	00:55:13	
114	4291	JOSE RIBEIRO	M	68	00:56:47	00:54:54	GD SANTANDER TOTTA
115	340	ANTONIO PEREIRA	M	72	00:56:47	00:56:03	GDC BANCO PORTUGAL
116	3604	MANUEL SEQUEIRA	M	63	00:56:57	00:54:53	GDCT REPSOL
117	3075	JOSE FREITAS	M	67	00:56:57	00:55:23	QUARTETO
118	2465	ARMANDO GONÇALVES	M	61	00:57:02	00:56:31	CCD AUT ALMADA
119	2676	NUNO FERNANDO MARQUES PAIVA DE ALMEIDA	M	63	00:57:05	00:54:31	CORRE@CORRER

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
120	3092	JOAQUIM BENTES	M	63	00:57:18	00:55:44	QUARTETO
121	2870	EMIDIO PELARIGO	M	60	00:57:20	00:55:51	
122	2317	CARLOS SOARES	M	68	00:57:22	00:55:08	
123	3382	FELIX ESTEVES	M	68	00:57:26	00:53:41	VICENTES
124	4210	ANTÓNIO VIEIRA	M	64	00:57:28	00:55:43	PLANTA DO PÉ
125	593	FRANCISCO M R ALMEIDA	M	66	00:57:34	00:55:54	
126	283	JOSE BALEIRAS	M	64	00:57:36	00:54:23	
127	1658	JOSE VALENTIM	M	60	00:57:40	00:54:14	C FERROV PORTUGAL
128	2051	VITOR VASCONCELOS	M	63	00:57:43	00:55:09	C MILLENINUM BCP
129	1561	CARLOS LOPES	M	60	00:57:48	00:55:11	
130	1924	NELSON OLIVEIRA	M	68	00:57:49	00:56:27	
131	850	JOÃO BAPTISTA	M	60	00:57:52	00:57:19	
132	110	JOAQUIM R C LOPES	M	64	00:57:54	00:57:21	
133	2009	JESUINO VIEIRA	M	65	00:57:55	00:55:10	
134	168	ANTONIO M M FERREIRA	M	64	00:58:00	00:56:05	
135	2289	JOÃO PINHEIRO	M	80	00:58:06	00:55:35	JAZZY RUNNERS
136	2027	NELSON GUIMARAES	M	66	00:58:06	00:55:36	C MILLENINUM BCP
137	446	FRANCISCO COITO	M	61	00:58:12	00:56:42	
138	757	JORGE MARQUES	M	60	00:58:19	00:54:48	
139	2216	JOSÉ V NATAL DA LUZ	M	64	00:58:20	00:55:03	
140	4023	FIRMINO SARAIVA	M	70	00:58:24	00:57:23	
141	806	FRANCOSCO CLERIGO	M	60	00:58:33	00:56:05	SS CGD
142	1663	CUSTODIO JANUARIO	M	60	00:58:41	00:56:40	INDIVIDUAL
143	469	JOAO PEREIRA	M	72	00:58:59	00:58:24	MULTIRUNNERS
144	2307	ANTÓNIO CIPRIANO	M	68	00:59:02	00:56:54	AMCR FONTE GRADA
145	4648	MANUEL FERREIRA	M	80	00:59:07	00:55:01	GIRAFENSE FC
146	3602	JOAQUIM NAZARIO	M	72	00:59:09	00:55:31	GDCT REPSOL
147	564	RAMIRO MIGUEL	M	68	00:59:18	00:57:14	
148	160	ADAO S A LUZ	M	64	00:59:18	00:57:23	
149	3854	VÍTOR FERNANDES	M	63	00:59:26	00:57:14	PONTO DE PASSAGEM
150	2472	JOAQUIM MACHADO	M	60	00:59:35	00:58:05	CCD AUT ALMADA
151	2056	JOAO SA	M	68	00:59:39	00:57:14	C MILLENINUM BCP
152	3840	FRANCISCO VITORINO	M	62	00:59:43	00:58:05	
153	4742	DOMINGOS PINTO-COELHO	M	61	00:59:47	00:58:08	
154	3986	ANTONIO COSTA	M	62	01:00:14	01:00:14	
155	2420	JOSE GONÇALVES	M	61	01:00:14	00:57:03	CCD AUT ALMADA
156	747	HERACLIDES ANTÓNIO VAZ CHAPARRO	M	62	01:00:26	00:58:25	
157	3811	ANTONIO MARQUES	M	64	01:00:29	00:58:47	CD ASAS DO MILÉNium
158	2042	ANTONIO SOUSA	M	67	01:00:31	00:56:45	C MILLENINUM BCP
159	4906	NUNO GONÇALVES	M	60	01:00:34	00:58:28	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
160	638	JOSE RODRIGUES	M	61	01:00:39	00:58:34	
161	421	NUNO SANTOS	M	66	01:00:50	00:57:02	
162	4439	RUI SANTOS	M	70	01:00:53	00:59:20	
163	2071	JOSÉ FIGUEIREDO	M	77	01:01:05	01:00:11	
164	4644	JOSE MONTEIRO	M	64	01:01:05	01:00:29	GD SANTANDER TOTTA
165	3377	ÁLVARO COSTA	M	67	01:01:05	00:58:27	
166	493	ANTONIO J C LEITAO	M	71	01:01:14	00:59:34	
167	2719	ILIDIO MONTEIRO	M	63	01:01:47	00:59:12	
168	2732	JOSÉ LAMEGO	M	61	01:01:53	00:58:03	
169	2257	JOAQUIM CAPUCHO	M	62	01:02:15	01:00:05	
170	4424	LUIS LARA	M	63	01:02:19	00:58:47	
171	3035	DINIS SOUSA	M	72	01:02:22	00:58:31	GD SANTANDER TOTTA
172	5040	EBERHARD AXEL WILHELM	M	65	01:02:25	01:00:20	4 AO KM
173	1813	DAVIDE ANTÓNIO PEREIRA	M	60	01:02:27	00:58:08	
174	2731	EDMUNDO CARDEIRA	M	66	01:02:38	00:58:50	
175	1192	MANUEL OLIVEIRA	M	74	01:02:45	00:59:09	AAE BNU
176	473	PEDRO GOMES	M	60	01:02:50	00:59:19	OS AMPUTADOS
177	2145	ANTONIO DOMINGOS	M	66	01:02:58	01:00:23	CORRE@CORRER
178	183	ALEXANDRINO MALHEIRO	M	61	01:03:02	01:00:43	
179	1664	JORGE OLIVEIRA	M	62	01:03:05	01:01:40	INDIVIDUAL
180	4762	JOSÉ GASPAR RIBEIRO	M	67	01:03:10	01:00:01	
181	3497	EDUARDO DUARTE	M	64	01:03:19	01:03:19	
182	3944	JOSÉ PIRES	M	77	01:03:19	01:00:17	CCD METROLISBOA
183	1002	JOSÉ NUNO	M	66	01:03:31	01:01:55	
184	4071	LUIS SILVA	M	71	01:03:40	01:00:52	GD SANTANDER TOTTA
185	3518	JOSE ABREU	M	65	01:03:49	01:01:07	GD IN CASA MOEDA
186	1368	AMADEU SILVA	M	65	01:03:53	01:00:52	
187	2074	JOSÉ MARIA CONCHINHA	M	62	01:04:01	01:02:38	
188	762	ALBERTO CAROLINO	M	61	01:04:03	01:00:41	
189	763	MANUEL SANTOS	M	64	01:04:04	01:00:43	
190	3315	AURELIO CALADO	M	64	01:04:05	01:01:56	SS CGD
191	2856	JOSÉ PAULINO CARLOS	M	66	01:04:26	01:02:33	
192	206	CASSIANO P CUNHA	M	70	01:04:40	01:02:55	
193	477	HUGO LUZ	M	80	01:04:48	01:01:07	MAURICIOS
194	1900	JOAQUIM PEREIRA	M	73	01:04:58	01:03:49	ASSOCIAÇÃO DE ATLETISMO LEBRES
195	244	LUIS F M OLIVEIRA	M	63	01:05:01	01:01:28	
196	3625	RUI EUSÉBIO06-06-1946	M	67	01:05:06	01:03:29	
197	4316	JOSÉ CARLOS MENDES	M	61	01:05:18	01:03:05	
198	177	ARLINDO BARBOSA	M	60	01:05:27	01:02:46	GRUPO MARADONA
199	995	ANTÓNIO PAIXÃO	M	63	01:05:29	01:04:10	CLAC - ENTRONCAMENTO

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
200	992	MANUEL MAIA	M	73	01:05:30	01:04:11	CLAC - ENTRONCAMENTO
201	3676	JORGE FONSECA	M	74	01:05:51	01:04:18	
202	1050	CARLOS HERMÍNIO SOUSA PEREIRA	M	62	01:05:55	01:03:00	
203	3599	ANTONIO GASPAR	M	70	01:06:00	01:03:18	GD IN CASA MOEDA
204	4336	CARLOS BARREIRAS	M	65	01:06:08	01:04:30	
205	3515	ANTONIO NASCIMENTO	M	72	01:06:19	01:06:19	GD IN CASA MOEDA
206	2020	CARLOS TOME	M	62	01:06:27	01:02:59	C MILLENINUM BCP
207	2585	ALFREDO FERREIRA	M	77	01:06:34	01:06:34	
208	3608	AMADEU FERREIRA	M	71	01:06:35	01:04:25	GDCT REPSOL
209	3606	MANUEL SANTOS	M	66	01:06:35	01:04:25	GDCT REPSOL
210	1506	ARTUR BARRETO	M	65	01:06:38	01:02:28	
211	2745	MANUEL MARTA	M	67	01:06:41	01:05:46	CARTOON CAFE
212	4659	ANTÓNIO EDUARDO	M	60	01:06:43	01:03:54	CCD METROLISBOA
213	3841	ANTÓNIO ESPADA	M	66	01:06:45	01:05:07	
214	3485	VITOR	M	67	01:07:11	01:05:03	CANHÕES DA NAZARÉ/CAN
215	114	ANTONIO BALSAS	M	66	01:07:21	01:04:17	
216	1193	MANUEL RIBEIRO	M	64	01:07:25	01:03:59	AAE BNU
217	3951	FERNANDO FERNANDES	M	61	01:07:30	01:04:28	CCD METROLISBOA
218	3301	LUIS M SILVA	M	60	01:07:31	01:05:50	N. SPORTINGUISTA QUINTA DA FON
219	415	ANTONIO NUNES	M	73	01:07:32	01:04:03	
220	1024	JOAO BRANCO	M	66	01:07:34	01:04:38	AAE BNU
221	2190	FERNANDO FERREIRA	M	67	01:07:59	01:05:25	C MILLENINUM BCP
222	2023	FERNANDO LEMOS	M	63	01:08:03	01:08:03	C MILLENINUM BCP
223	2157	AGAPITO BELGA	M	62	01:08:08	01:05:24	C.A. AMIGOS PARQUE DA PAZ
224	3603	CARLOS CARMO	M	60	01:08:48	01:06:38	GDCT REPSOL
225	1919	ELIAS LUIS	M	73	01:09:04	01:06:32	
226	323	JOAO E B CARVALHO	M	63	01:09:18	01:07:27	
227	4763	JOSÉ LUÍS GONÇALVES	M	70	01:09:54	01:06:49	
228	3998	JOAO GRAÇA	M	74	01:10:40	01:07:15	NUCLEO DESPORTIVO AUTOCOOPE
229	3890	JOSÉ ALLEGRO	M	65	01:10:50	01:07:47	NA PAPAGAIOS CASCAIS
230	132	JOSE C AMARAL	M	70	01:11:04	01:08:29	
231	3399	CARLOS TEIXEIRA GONCALVES	M	65	01:11:09	01:08:01	
232	467	GONÇALO MORAIS	M	66	01:11:38	01:08:39	N SPORTINGUISTA LEOES AZEITAO
233	2247	MANUEL COELHO	M	74	01:11:56	01:10:08	
234	34	JOSE P HENRIQUES	M	64	01:11:56	01:09:52	TRANQUILIDADE
235	488	CARLOS MARTINS	M	70	01:12:09	01:09:22	
236	300	AGENOR R FERNANDES	M	69	01:12:24	01:09:47	
237	3807	JOÃO BEIRÃO	M	60	01:12:51	01:09:30	ASAS NOS PES
238	547	MARIO RIBEIRO	M	79	01:12:56	01:08:52	
239	3033	ALBERTO BATISTA	M	63	01:13:05	01:09:36	S. S.P.M.S.J.MADEIRA

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
240	423	FRANCISCO MOUCHINHO	M	72	01:13:09	01:10:28	
241	487	ADELINO SANTOS	M	70	01:13:14	01:11:24	
242	3330	CARLOS TEIXEIRA	M	70	01:13:52	01:10:46	WIKABOO
243	766	CARLOS PEDRO	M	67	01:14:00	01:12:13	
244	4908	MANUEL FERREIRA	M	74	01:14:10	01:11:55	G D JOANINHAS LEIAO
245	2	ANTONIO REBELO	M	67	01:14:57	01:14:56	SPORTING CP
246	424	JORGE M F LOPES	M	62	01:15:34	01:13:13	
247	2053	JOSE ARRUDA	M	64	01:16:08	01:13:00	C MILLENINUM BCP
248	4878	JOSE DIONISIO	M	61	01:16:40	01:13:32	
249	4928	LIDIO FERNANDES	M	64	01:16:40	01:10:24	LIGA DO PALPITE
250	119	PEDRO BORGES	M	69	01:17:17	01:14:17	
251	773	ANIBAL RAMOS	M	68	01:17:18	01:14:26	
252	2541	ANTONIO FERNANDES	M	77	01:17:28	01:17:28	INDIVIDUAL
253	903	JOAQUIM LAVADO	M	60	01:18:30	01:14:35	SS CGD
254	802	ANTÓNIO MARQUES	M	67	01:19:21	01:16:29	
255	2882	JOSÉ GONÇALVES	M	65	01:22:16	01:22:16	LEÕES AMESTRADOS
256	125	GABRIEL M CARVALHO	M	73	01:22:19	01:20:07	
257	118	ALBINO M MOURA	M	68	01:23:25	01:20:19	
258	2019	JOSE RODRIGUES	M	63	01:23:32	01:21:55	C MILLENINUM BCP
259	213	JOSE A OLIVEIRA	M	62	01:23:43	01:19:58	
260	895	JAIME PALMA	M	69	01:24:01	01:21:41	
261	2288	JOSÉ PLÁCIDO	M	83	01:24:01	01:20:18	JAZZY RUNNERS
262	1214	JAIME PAIXÃO	M	81	01:25:57	01:23:18	
263	508	ANTONIO F RODRIGUES	M	80	01:28:22	01:24:59	
264	1329	ANTONIO MONTEIRO FERNANDES	M	73	01:28:47	01:27:44	
265	395	CELESTINO P ALVES	M	82	01:29:43	01:26:15	
266	1584	EUGENIO MOTA	M	67	01:32:46	01:32:46	
267	3451	HELDER VERÍSSIMO	M	63	01:33:49	01:31:08	
268	1494	NELSON ALMEIDA	M	67	01:34:39	01:30:45	
269	624	JOSE SILVA	M	67	01:35:01	01:32:16	TRIO SPORTINGUISTA
270	361	JOSE A BENTO	M	68	01:41:49	01:37:57	
271	3450	ANSELMO RIBEIRO	M	63	01:41:54	01:38:11	