

CORRIDA SPORTING 2014 - 12/10/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	4620	HERMANO FERREIRA	M	31		00:30:18	00:30:18	SPORTING C P
2	4621	ANTONIO SILVA	M	27		00:30:32	00:30:32	SPORTING C P
3	4617	RICARDO DIAS	M	30		00:31:31	00:31:31	SPORTING C P
4	4619	RUI SILVA	M	37		00:31:34	00:31:34	SPORTING C P
5	4623	LUIS PINTO	M	26		00:32:39	00:32:39	SPORTING C P
6	576	PEDRO CONCEIÇÃO	M	25		00:33:22	00:33:22	LINDA-A-PASTORA SPORTING CLUBE
7	4618	MANUEL DAMIAO	M	36		00:34:00	00:34:00	SPORTING C P
8	89	PEDRO LOPES	M	24		00:34:37	00:34:37	UNIÃO FCI DE TOMAR
9	2492	PEDRO RIBEIRO	M	26		00:34:41	00:34:41	CUAB
10	4634	JOAO ALMEIDA	M	18		00:34:51	00:34:51	SPORTING C P
11	2490	RAUL CAETANO	M	42		00:35:01	00:35:01	CUAB
12	2940	PEDRO V MATOS	M	49		00:35:11	00:35:11	
13	1974	JOÃO FONTE-BOA	M	28		00:35:20	00:35:20	
14	4622	LUIS ALBINO	M	18		00:35:21	00:35:21	SPORTING C P
15	1473	RODRIGO COSTA	M	23		00:35:27	00:35:27	ESCOLA ATLETISMO RUI SILVA
16	1312	CELSE PINTO	M	29		00:35:50	00:35:50	
17	3305	DIOGO BAENA	M	31		00:35:53	00:35:53	
18	3602	RAFAEL MENAU	M	21		00:35:56	00:35:52	
19	4627	ERCILIA MACHADO	F	27		00:35:56	00:35:56	SPORTING C P
20	27	RODRIGO CARRILHO	M	32		00:35:57	00:35:57	B.V. MONTEMOR-O-NOVO
21	2755	CÉSAR MACHADO	M	38		00:36:11	00:36:10	100% EU
22	533	PEDRO ALVES	M	43		00:36:21	00:36:21	CCD SINTRENSE
23	3725	JOÃO CALDEIRA	M	53		00:36:24	00:36:20	LINDA-A-PASTORA SPORTING CLUBE
24	2866	PEDRO RATO	M	38		00:36:34	00:36:34	
25	4154	LUIS SANTOS	M	32		00:36:37	00:36:37	A VALE SILENCIO
26	3512	JOÃO TEIXEIRA	M	51		00:36:42	00:36:42	
27	4099	PAULO ALVES	M	36		00:36:44	00:36:44	GDCT IN CASA MOEDA
28	168	HELDER SOARES	M	26		00:36:45	00:36:45	
29	553	NUNO VAZ	M	31		00:36:46	00:36:46	FALCÕES SELVAGENS
30	4082	ARTUR OLIVEIRA	M	42		00:36:47	00:36:47	C BENFICA ALG M MARTINS
31	2541	EDGAR JACINTO	M	28		00:36:50	00:36:49	AUTO JACINTO
32	3574	FERNANDO SILVA	M	45		00:36:53	00:36:53	
33	4628	SUSANA FRANCISCO	F	23		00:36:55	00:36:55	SPORTING C P
34	1961	JOSÉ RAIMUNDO	M	52		00:37:02	00:37:02	
35	2257	MARCELO COSTA	M	23		00:37:05	00:37:05	
36	2945	JOÃO RODRIGUES	M	28		00:37:09	00:36:54	CPT SOBRAL CEIRA
37	1361	STEFANO PINTO	M	23		00:37:11	00:37:11	
38	21	MARIO GRILO	M	19		00:37:19	00:37:19	B. V. DE MONTEMOR-O-NOVO
39	536	ROGÉRIO AZEVEDO	M	44		00:37:24	00:37:24	CCD SINTRENSE

CORRIDA SPORTING 2014 - 12/10/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
40	646	PAULO SANTOS	M	43		00:37:25	00:37:25	CCD PM CASCAIS
41	1414	MARCO TAVARES	M	27		00:37:29	00:37:23	
42	3613	ALCINO NUNES	M	42		00:37:33	00:37:32	CLAC - ENTRONCAMENTO
43	2477	SUSANA CUNHA	F	26		00:37:36	00:37:36	LINDA-A-PASTORA SPORTING CLUBE
44	4625	AMILCAR DUARTE	M	55		00:37:41	00:37:41	SPORTING C P
45	1165	RODRIGO NOIVO	M	31		00:37:44	00:37:34	
46	2400	JOSÉ BORGES	M	53		00:37:51	00:37:51	
47	4631	SOLANGE JESUS	F	27		00:37:51	00:37:51	SPORTING C P
48	2616	RUI CABEÇAS	M	42		00:37:52	00:37:44	
49	2331	ÉLIO MACIEIRA BARREIRA	M	39		00:37:52	00:37:52	
50	2959	RICARDO GOMES	M	29		00:37:52	00:37:52	
51	2651	JOÃO NUNES	M	28		00:37:53	00:37:53	
52	4081	HENRIQUE JOANICO	M	36		00:37:56	00:37:56	C BENFICA ALG M MARTINS
53	2512	MANUEL ROCHA	M	60		00:37:57	00:37:51	ROCHA
54	4233	MIGUEL BALTAZAR	M	16		00:37:58	00:37:53	C MILLENNIUM BCP
55	1030	PEDRO MOTA	M	43		00:38:04	00:38:04	
56	979	PEDRO AMIGO	M	32		00:38:07	00:38:07	
57	4100	RICARDO NEVES	M	39		00:38:13	00:38:13	GDCT IN CASA MOEDA
58	3596	ANDRÉ FILIPE LOPES GAGA	M	27		00:38:14	00:38:14	
59	2872	RUI FILIPE VICENTE	M	25		00:38:16	00:38:09	BVB ATLETISMO
60	2801	RUI HENRIQUES	M	35		00:38:17	00:38:17	SERVIÇOS SOCIAIS MONTEPIO GERA
61	163	MARCOS OLIVEIRA	M	42		00:38:21	00:38:21	GDINE
62	3893	FRANCISCO GAIO	M	51		00:38:38	00:38:33	
63	3527	RICARDO SILVA	M	21		00:38:39	00:38:38	CLAC - ENTRONCAMENTO
64	3306	MANUEL MASCARENHAS	M	31		00:38:40	00:38:40	
65	1525	LUÍS RIO	M	43		00:38:44	00:38:44	G D C BANCO DE PORTUGAL
66	2292	MANUEL SOARES	M	49		00:38:48	00:38:47	UNIDOS DA MANUTENÇÃO
67	933	JOSÉ QUEIROS	M	43		00:38:52	00:38:47	
68	2295	GIL XAVIER ALVES	M	38		00:38:54	00:38:54	UNIDOS DA MANUTENÇÃO
69	1276	DAVID SILVA	M	31		00:38:54	00:38:54	
70	447	NUNO SOARES	M	32		00:38:55	00:38:52	CORRER LISBOA
71	1530	ANTÓNIO SIMÕES	M	44		00:38:55	00:38:54	G D C BANCO DE PORTUGAL
72	2294	FERNANDO GOMES	M	41		00:39:00	00:39:00	UNIDOS DA MANUTENÇÃO
73	292	ATLETA NÃO CADASTRADO	M	0		00:39:02	00:39:02	
74	1263	PAULO NOLASCO RODRIGUES	M	37		00:39:06	00:39:06	
75	3619	FÁBIO DURÃO	M	25		00:39:07	00:38:58	CLUBE DESPORTIVO RIBEIRENSE
76	2487	LUIS BRITO	M	39		00:39:09	00:39:09	
77	1366	LUÍS PEREIRA	M	45		00:39:12	00:39:09	G.D.R. SÃO FRANCISCO DA SERRA
78	2680	JOSÉ GOMES	M	29		00:39:15	00:38:46	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
79	3603	DIOGO TEIXEIRA	M	24		00:39:22	00:39:18	
80	1020	JOSÉ RICARDO OLIVEIRA FALÉ	M	33		00:39:25	00:39:25	CLUBE OGMA
81	3608	JOÃO PEDRO FERREIRA	M	37		00:39:27	00:39:26	CLAC - ENTRONCAMENTO
82	836	RICARDO SILVA	M	40		00:39:28	00:39:23	
83	194	VASCO TAVARES	M	37		00:39:29	00:39:29	CORRER LISBOA
84	46	NUNO MENDES	M	32		00:39:30	00:39:30	C.C.R.D.BURINHOSA
85	2307	NUNO ALMEIDA	M	34		00:39:31	00:39:12	
86	2692	JOSÉ ALBERTO LEMOS	M	52		00:39:31	00:39:24	
87	2365	LUIS MOTA	M	41		00:39:33	00:39:33	CLAC - ENTRONCAMENTO
88	3755	PEDRO XAVIER	M	17		00:39:35	00:39:33	RUNFORYOURJOLA
89	1262	PEDRO SILVA	M	40		00:39:35	00:39:26	
90	3552	ABREU MOURA	M	59		00:39:40	00:39:39	CLAC - ENTRONCAMENTO
91	1438	MARCO VELOSO	M	35		00:39:42	00:39:42	LINDA-A-PASTORA SPORTING CLUBE
92	1490	PEDRO MARIA	M	41		00:39:44	00:39:44	ESCOLA ATLETISMO RUI SILVA
93	112	PEDRO TAROUCA	M	45		00:39:44	00:39:33	
94	195	ANTÓNIO CARDOSO	M	47		00:39:47	00:39:46	
95	976	NUNO TORRES	M	37		00:39:49	00:39:28	ILOVEPV
96	2943	ANTÓNIO OLIVEIRA	M	48		00:39:51	00:39:43	CPT SOBRAL CEIRA
97	152	FRANCISCO SERRANO	M	40		00:39:52	00:39:52	GDINE
98	603	NUNO PITA	M	39		00:39:52	00:39:46	CCDMETROLX
99	1841	ELIAS FORTES	M	48		00:39:52	00:39:45	
100	1905	PEDRO VILAVERDE	M	19		00:39:52	00:39:52	
101	1082	PEDRO MIGUEL GOMES DOS SANTOS	M	21		00:39:52	00:39:43	
102	1117	DANRLEY SANTOS GUSMÃO	M	18		00:39:58	00:39:56	VITÓRIA FUTEBOL CLUBE
103	1203	DANIEL MACHADO	M	35		00:39:58	00:39:58	
104	2293	RUI CARDOSO	M	43		00:40:00	00:40:00	UNIDOS DA MANUTENÇÃO
105	1517	FERNANDO MARTINS	M	43		00:40:00	00:40:00	G D C BANCO DE PORTUGAL
106	3402	PEDRO MARQUES	M	32		00:40:01	00:40:01	
107	4487	JOAO COVAS	M	54		00:40:02	00:40:02	INDIVIDUAL
108	2286	TIAGO MANUEL TRINDADE SANTOS LOPES	M	44		00:40:03	00:40:03	
109	3825	TIAGO CASTELA	M	26		00:40:04	00:40:00	
110	4150	GERMANO SILVA	M	56		00:40:06	00:40:05	AD REAL ACADEMIA
111	4144	LUIS AMORIM	M	46		00:40:12	00:40:12	CP PONTEVEL
112	1826	PETER STEINHAUSEN	M	62		00:40:14	00:40:14	
113	153	GONÇALO FERREIRA	M	41		00:40:15	00:40:15	GDINE
114	1857	TIAGO BALEIA	M	36		00:40:15	00:40:15	CARACÓIS DE PEDRA
115	1408	JOSE BRITO	M	52		00:40:16	00:40:16	NAZA - ABOBODA
116	798	SADIQ KASSAMO	M	40		00:40:17	00:40:16	
117	1911	NUNO BALAS	M	38		00:40:19	00:40:09	

CORRIDA SPORTING 2014 - 12/10/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
118	3753	FILIPE CARVALHEIRO	M	50		00:40:19	00:40:16	
119	4642	WILIAM LOQUE	M	37		00:40:21	00:40:21	SPORTING C P
120	34	CARLOS SOARES	M	46		00:40:24	00:40:24	C.C.R.D.BURINHOSA
121	2493	BRUNO CAMPOS	M	31		00:40:29	00:40:29	
122	2826	JOSÉ OLIVEIRA	M	52		00:40:31	00:40:30	
123	3478	CARLOS BEATO	M	42		00:40:34	00:40:34	LINDA-A-PASTORA SPORTING CLUBE
124	3641	JOSÉ GOMES	M	50		00:40:34	00:40:33	CLAC - ENTRONCAMENTO
125	4033	LUIS CUNHA	M	41		00:40:37	00:39:58	INDIVIDUAL
126	3277	DIOGO CALMEIRO	M	18		00:40:38	00:40:38	
127	4632	LUIS FEITEIRA	M	41		00:40:39	00:40:39	SPORTING C P
128	397	KCÉNIA BOUGROVA	F	19		00:40:39	00:40:39	
129	2824	HELDERCARREIRA	M	38		00:40:39	00:40:39	
130	2468	JOSE ESTEVES	M	48		00:40:42	00:40:42	
131	4512	EDGAR AZEVEDO	M	20		00:40:45	00:40:44	INDIVIDUAL
132	4478	PAULO RIBEIRO	M	43		00:40:45	00:40:43	INDIVIDUAL
133	3337	NELSON GUEDES	M	45		00:40:48	00:40:48	
134	1113	FERNANDO ANDRADE	M	35		00:40:52	00:40:35	OS PERIGOSOS
135	1431	DIOGO SOUSA	M	22		00:40:53	00:40:53	
136	88	JORGE MANUEL DA LUZ MAURÍCIO	M	41		00:40:53	00:40:53	
137	2176	ANDRÉ PATRÍCIO	M	23		00:40:53	00:40:46	
138	1078	SERGIO SOARES	M	41		00:40:54	00:40:54	
139	667	RUI QUERIDO	M	35		00:40:57	00:40:45	CCD PM CASCAIS
140	4270	LEONARDO CABACEIRA	M	18		00:40:59	00:40:49	INDIVIDUAL
141	4616	NUNO PEREIRA	M	37		00:41:02	00:41:02	INDIVIDUAL
142	856	VITOR NOGUEIRA	M	50		00:41:06	00:41:06	GRUPO AMIGOS ATLETISMO VFXIRA
143	1470	RICARDO GERMANO	M	27		00:41:07	00:41:07	ESCOLA ATLETISMO RUI SILVA
144	2494	GRACIANO CAMPOS	M	58		00:41:09	00:41:07	
145	2091	JOSÉ JORGE	M	27		00:41:10	00:40:30	METRALHA BROTHER'S
146	4261	JOSE DIOGO	M	32		00:41:10	00:40:45	LIS RUNNING CPA
147	1413	MAURO EDUARDO	M	31		00:41:12	00:41:07	
148	2145	HERALDO PEIXE	M	35		00:41:12	00:41:10	CLUBE DE ATLETISMO DA NAZARÉ
149	3529	NELSON OLIVEIRA	M	37		00:41:13	00:41:03	CLAC - ENTRONCAMENTO
150	2539	JOAQUIM SANTOS	M	56		00:41:15	00:41:11	
151	1768	INOCÊNCIO AMORIM	M	36		00:41:16	00:41:05	RAIL RUNNERS
152	1234	ARLINDO PAIXÃO	M	51		00:41:17	00:41:17	RESTAURANTEOCARTAXEIRO-CANEÇAS
153	1412	CARLOS MARQUES	M	48		00:41:20	00:41:17	
154	37	DARIO CABETE	M	40		00:41:20	00:41:17	C.C.R.D.BURINHOSA
155	2421	ALFREDO VALENTE	M	51		00:41:20	00:41:17	FORÇA SPORTING
156	1650	JOAO CALDAS	M	48		00:41:24	00:41:11	NUCLEO DESPORTIVO AUTOCOOPE

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
157	1428	GUALTER CONSTANTINO	M	39		00:41:26	00:41:25	
158	4079	JAIME MAURICIO	M	40		00:41:29	00:41:25	C BENFICA ALG M MARTINS
159	523	HELDER VAZ	M	34		00:41:30	00:41:21	CCD SINTRENSE
160	2686	NUNO FILIPE CUNHA ROCHA GONÇALVES	M	34		00:41:30	00:41:19	
161	1108	LUIS FIDALGO	M	43		00:41:31	00:41:28	VITÓRIA FUTEBOL CLUBE
162	3967	TELMO VELEZ	M	28		00:41:31	00:41:26	
163	3424	LICÍNIO MATOS	M	31		00:41:31	00:41:22	
164	2007	JOÃO MENDES	M	55		00:41:32	00:41:32	
165	401	GONÇALO SANTOS	M	41		00:41:32	00:41:30	G:D.C PORTO DE SINES
166	2617	MARCOS PEREIRA	M	58		00:41:36	00:41:35	
167	1483	PAULO PINTO	M	38		00:41:36	00:41:36	ESCOLA ATLETISMO RUI SILVA
168	2883	MANUEL FERREIRA	M	46		00:41:36	00:41:36	
169	1024	RODRIGO SILVA	M	47		00:41:37	00:41:34	
170	3294	LUIS SANTOS	M	31		00:41:37	00:41:37	
171	1070	JOSÉ PIRES	M	38		00:41:38	00:41:35	
172	3471	JOSÉ MAGALHÃES	M	43		00:41:39	00:41:35	AMCR FONTE GRADA
173	715	RUI MARINO	M	40		00:41:39	00:41:32	JOBRINDE - MONTES SALOIOS
174	4526	MANUEL PROENÇA	M	58		00:41:41	00:41:34	RB RUNNING
175	681	TIAGO CORDEIRO	M	23		00:41:43	00:41:37	
176	1475	FERNANDO GARÇAO SILVA	M	50		00:41:44	00:41:44	ESCOLA ATLETISMO RUI SILVA
177	992	ANTÓNIO MERUJO	M	55		00:41:46	00:41:40	
178	1702	VÍTOR DUARTE	M	39		00:41:47	00:41:45	
179	736	CLÁUDIO CANAVILHAS	M	31		00:41:49	00:41:34	
180	2819	NUNO LORVÃO	M	43		00:41:50	00:41:48	
181	3723	NUNO SANTOS	M	42		00:41:50	00:41:50	CCD O ALVITEJO
182	339	JOÃO COUTINHO	M	52		00:41:51	00:41:47	CORRER LISBOA
183	1659	JOAO CAIRES	M	47		00:41:56	00:41:42	NUCLEO DESPORTIVO AUTOCOOPE
184	796	RENATO FRANCO	M	23		00:41:56	00:41:22	
185	2807	BRUNO GONÇALVES	M	36		00:41:57	00:41:52	
186	4488	JORGE SOUSA	M	35		00:41:57	00:41:45	INDIVIDUAL
187	268	LUIS MEALHA	M	43		00:41:58	00:41:05	
188	2203	PAULO SANTOS	M	47		00:42:00	00:41:53	GARMIM COEIRAS
189	2912	LUIS SILVA	M	48		00:42:00	00:40:41	
190	16	JOSÉ DELCA	M	19		00:42:01	00:42:01	B. V. DE MONTEMOR-O-NOVO
191	13	ANTÓNIO GASPAR	M	53		00:42:02	00:41:56	B. V. DE MONTEMOR-O-NOVO
192	2880	TÚLIO COELHO	M	45		00:42:03	00:41:41	
193	2878	FLÁVIO FRANCISCO	M	41		00:42:03	00:41:40	
194	2779	AUGUSTO PORTUGAL	M	39		00:42:03	00:42:03	SERVIÇOS SOCIAIS MONTEPIO GERA
195	4058	JOSE PENA	M	49		00:42:04	00:42:04	KEEP RUNNING

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
196	4102	RUI CORREIA	M	38		00:42:05	00:42:05	GDCT IN CASA MOEDA
197	4104	VALTER OLIVEIRA	M	37		00:42:05	00:42:04	GDCT IN CASA MOEDA
198	4480	NUNO SILVA	M	21		00:42:06	00:41:54	INDIVIDUAL
199	2626	MIGUEL GONÇALVES	M	35		00:42:07	00:41:50	EAGLES & LEON
200	2928	RUI SIMOES	M	40		00:42:09	00:42:01	INDIVIDUAL
201	1618	JOAQUIM PEDRO MARQUES	M	45		00:42:10	00:41:47	
202	2202	PEDRO NUNES	M	25		00:42:10	00:42:01	
203	3816	MÁRIO SANTANA	M	44		00:42:12	00:41:34	CDSALVATERRENSE/CME
204	2592	NELSON TORRES PEREIRA	M	38		00:42:14	00:42:02	
205	470	NUNO PACHECO	M	42		00:42:17	00:41:52	
206	4197	ANTONIO BRAGA	M	55		00:42:17	00:42:17	C MILLENNIUM BCP
207	695	JORGE SEBASTIÃO	M	39		00:42:18	00:42:06	
208	554	PAULO ALVES	M	36		00:42:19	00:42:18	FALCÕES SELVAGENS
209	294	PEDRO FERREIRA	M	43		00:42:19	00:42:01	
210	4330	LUIS XAVIER	M	27		00:42:22	00:42:05	INDIVIDUAL
211	4546	JOSE MOREIRA	M	37		00:42:23	00:42:23	A BOLA
212	414	DANIEL PEREIRA	M	28		00:42:23	00:40:40	
213	4158	LUIS FERREIRA	M	45		00:42:25	00:42:15	A VALE SILENCIO
214	4160	RUI ALMEIDA	M	38		00:42:25	00:42:15	A VALE SILENCIO
215	1582	PEDRO PIRES	M	49		00:42:25	00:42:17	ASS. DE ATLETISMO LEBRES SADO
216	975	JOÃO FONSECA	M	45		00:42:27	00:42:06	ILOVEPV
217	2174	DUARTE MENDONÇA	M	43		00:42:27	00:42:26	
218	110	RUI DOMINGOS	M	43		00:42:27	00:42:10	EQUIPA GIRISSIMAS
219	1359	JOSÉ MESTRE	M	23		00:42:28	00:42:28	
220	2012	FÁBIO FRANCO	M	28		00:42:28	00:42:28	
221	2624	NUNO ROSA	M	37		00:42:30	00:42:15	EAGLES & LEON
222	525	JULIO ALMEIDA	M	45		00:42:31	00:40:42	CCD SINTRENSE
223	232	SANDRA CONCEIÇÃO	F	34		00:42:32	00:42:04	MARFER
224	4516	CARLOS FERNANDES	M	26		00:42:32	00:42:30	C BENFICA ALG M MARTINS
225	1211	CARLOS ANTUNES	M	63		00:42:32	00:42:31	
226	3870	MARIA JOSÉ FRIAS	F	49		00:42:34	00:42:34	AMIGOS ATLETISMO MAFRA
227	1343	PAULO LOPES	M	43		00:42:34	00:42:34	
228	3523	CARLOS ROSADO	M	46		00:42:34	00:42:33	
229	4630	AMELIA VITORINO	F	20		00:42:35	00:42:35	SPORTING C P
230	4013	FRANCISCO FREIRE	M	34		00:42:35	00:42:11	GD BANCO BPI
231	1638	NUNO MANUEL S. F. ALVES	M	37		00:42:36	00:42:31	
232	259	JORGE GONÇALVES	M	46		00:42:36	00:42:20	A BROCA FERRAGENS
233	1240	CARLOS NELSON DIAS	M	53		00:42:37	00:42:23	FAMILIA DIAS
234	1756	TEOTÓNIO NETO	M	50		00:42:40	00:42:30	ADRC MATA DE BENFICA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
235	1430	EDUARDO CATARINO	M	41		00:42:43	00:42:43	
236	3506	PEDRO SILVA	M	42		00:42:44	00:42:29	
237	635	ALBERTON SILVA	M	35		00:42:45	00:42:45	
238	2814	RICARDO VICENTE	M	42		00:42:45	00:42:45	
239	377	JOÃO SANTOS	M	37		00:42:46	00:41:43	
240	136	JOÃO COSTA	M	24		00:42:46	00:41:46	GALHARDENSE PÉS DE CHUMBO
241	3590	PEDRO ALVAREZ	M	41		00:42:48	00:42:38	
242	2334	MARK RIBEIRO	M	27		00:42:48	00:42:18	GINÁSIO VIVÊNCIA EXPLOSIVA
243	4693	BRUNO	M	34		00:42:50	00:42:50	INDIVIDUAL
244	4087	JOAO PEREIRA	M	36		00:42:51	00:42:11	C BENFICA ALG M MARTINS
245	1172	EUCLIDES SOARES	M	25		00:42:51	00:42:13	
246	1836	EMANUEL FREITAS	M	51		00:42:52	00:42:35	
247	1237	JOÃO AGUILAR	M	31		00:42:52	00:42:52	RESTAURANTEOCARTAXEIRO-CANEÇAS
248	120	JORGE GONÇALVES	M	45		00:42:52	00:42:48	
249	3855	EDUARDO RIBEIRO	M	30		00:42:53	00:42:27	
250	1102	FREDERICO COSTA	M	16		00:42:54	00:42:12	
251	1439	RAFAEL ABRUNHOSA	M	47		00:42:55	00:42:37	
252	3583	RUI BOLOTA	M	42		00:42:55	00:42:46	
253	157	NUNO MIGUEL CORREIA	M	48		00:42:56	00:42:45	GDINE
254	1071	LUÍS CALMEIRO	M	47		00:42:56	00:42:37	
255	1476	TIAGO SANTOS	M	20		00:42:56	00:42:55	ESCOLA ATLETISMO RUI SILVA
256	4517	ALCIDES VARELA	M	48		00:43:00	00:42:48	C BENFICA ALG M MARTINS
257	1670	SERGIO FIGUEIRAS	M	37		00:43:01	00:42:46	
258	4215	ANTONIO MASSANO	M	32		00:43:02	00:42:47	C MILLENNIUM BCP
259	4562	RODRIGO J S SILVA	M	29		00:43:02	00:41:43	LEXUS
260	4317	HUGO BORGES	M	44		00:43:02	00:42:58	INDIVIDUAL
261	1090	MÁRIO COUTO	M	37		00:43:02	00:42:49	
262	2495	PAULO RICARDO HENRIQUES PEREIRA	M	28		00:43:03	00:42:55	
263	2135	JOSÉ GERARDO	M	52		00:43:04	00:43:04	
264	4295	CARLOS GRACIOSO	M	30		00:43:04	00:43:03	INDIVIDUAL
265	235	CARLOS GREGO	M	45		00:43:04	00:43:04	
266	4098	NUNO SOUSA	M	40		00:43:05	00:43:04	GDCT IN CASA MOEDA
267	983	ANTÓNIO FERNANDO FRANCISCO MOURO	M	57		00:43:06	00:43:03	
268	1360	JOÃO LEITE	M	24		00:43:07	00:42:48	
269	2599	RUI SILVA	M	42		00:43:08	00:42:52	
270	3876	NUNO QUEIJA	M	41		00:43:09	00:43:04	CF OS BELENENSES
271	3352	ANTÓNIO MANUEL MACHADO DE ALMEIDA	M	43		00:43:14	00:43:04	
272	3421	PEDRO SOARES	M	37		00:43:16	00:42:30	CORRER LISBOA
273	1793	AUGUSTO FERREIRA	M	44		00:43:17	00:43:01	CCD LOURES -CORRER PARA VIVER+

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
274	2901	ANTÓNIO FREITAS	M	43		00:43:19	00:43:10	RUN TO BE ALIVE
275	2899	RICARDO SOUSA	M	32		00:43:19	00:43:10	RUN TO BE ALIVE
276	689	CARLOS JACINTO	M	40		00:43:19	00:43:17	GASOUTOS
277	4643	LEONEL VIEGAS	M	38		00:43:20	00:43:20	SPORTING C P
278	395	JOÃO ROMÃO	M	25		00:43:20	00:43:11	
279	96	PEDRO PINHO	M	35		00:43:23	00:41:38	
280	2518	TIAGO MARQUES TRINDADE	M	30		00:43:24	00:43:03	
281	2627	RUI MOREIRA	M	43		00:43:24	00:43:09	EAGLES & LEON
282	1726	MANUEL MEXIA	M	49		00:43:24	00:42:31	
283	4540	NUNO FORTE	M	41		00:43:25	00:43:17	A BOLA
284	4153	ANDRE SANTOS	M	38		00:43:27	00:43:27	A VALE SILENCIO
285	4149	ANTONIO VILELA	M	44		00:43:28	00:43:01	AD REAL ACADEMIA
286	2061	NUNO OLIVEIRA	M	28		00:43:31	00:43:10	BLOCO DE ESTE
287	1528	JOSÉ MONTEIRO	M	58		00:43:32	00:42:45	G D C BANCO DE PORTUGAL
288	577	LUIZ FERRÃO	M	62		00:43:36	00:43:32	LINDA-A-PASTORA SPORTING CLUBE
289	1451	JOAÃO PEDRO GAMEIRO	M	44		00:43:36	00:43:25	
290	3973	JOAO MORO	M	51		00:43:37	00:43:28	
291	1808	JOAQUIM	M	42		00:43:37	00:43:32	H_RA QUI
292	4186	PAULO PAIS	M	49		00:43:38	00:43:33	C MILLENNIUM BCP
293	134	TIAGO FERNANDES	M	24		00:43:38	00:42:38	GALHARDENSE PÉS DE CHUMBO
294	1440	TIAGO BRANCO	M	33		00:43:39	00:43:39	
295	616	PEDRO SANGUINO	M	31		00:43:41	00:43:23	
296	4157	LEONEL NEVES	M	61		00:43:42	00:43:30	A VALE SILENCIO
297	3460	JORGE CANTEIRO	M	45		00:43:42	00:43:23	AÇOREANA CLUBE BANIF
298	139	RICARDO FILIPE	M	33		00:43:43	00:43:10	JOBRINDE - MONTES SALOIOS
299	505	FERNANDO MANUEL CORREIA	M	43		00:43:43	00:42:44	CLUBE COLABORADORES AXA
300	3464	TIAGO VARANDA	M	42		00:43:44	00:42:57	
301	2818	CARLOS PINTO	M	46		00:43:45	00:43:45	
302	2533	ANTÓNIO JACINTO	M	54		00:43:46	00:43:45	AUTO JACINTO
303	690	JOSÉ LUCAS	M	68		00:43:46	00:43:41	GASOUTOS
304	1241	ANDRE DIAS	M	26		00:43:46	00:43:00	FAMILIA DIAS
305	596	ANTÓNIO ELISIO GONÇALVES	M	49		00:43:47	00:43:39	CCDMETROLX
306	2643	HENRIQUE RAFAEL	M	39		00:43:48	00:43:45	
307	2619	MANUEL SILVA	M	39		00:43:50	00:43:46	
308	1674	CARLOS ANTUNES	M	40		00:43:51	00:43:16	
309	725	ANTÓNIO GODINHO	M	34		00:43:51	00:42:15	
310	3595	RUI MIGUEL	M	43		00:43:52	00:43:46	INDIVIDUAL
311	1372	RUI SAMPAIO	M	35		00:43:53	00:42:47	
312	2041	HELDER BORGES	M	38		00:43:54	00:43:13	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
313	3983	RUI REBOCHO	M	36		00:43:54	00:42:59	
314	2587	DANIEL LOURO	M	29		00:43:54	00:42:48	
315	597	ANTÓNIO PEREIRA	M	50		00:43:56	00:43:48	CCDMETROLX
316	1496	ARTUR MARINHO	M	41		00:43:56	00:42:57	
317	14	JOSÉ CARAVELA	M	54		00:43:57	00:43:48	B. V. DE MONTEMOR-O-NOVO
318	1991	CARMO TAVARES	F	40		00:43:59	00:43:59	
319	4629	LUZIA DIAS	F	44		00:44:00	00:44:00	SPORTING C P
320	280	CARLOS CUSTODIO	M	40		00:44:00	00:43:47	
321	859	VITOR NOVAIS	M	38		00:44:01	00:43:36	GRUPO AMIGOS ATLETISMO VFXIRA
322	3664	BRUNO ALEXANDRE CARVALHO	M	31		00:44:03	00:43:50	
323	2088	RUFINO SILVA	M	37		00:44:03	00:43:50	
324	3485	ANDRÉ DUARTE	M	24		00:44:04	00:44:02	
325	1410	ARMINDO SANTOS	M	59		00:44:05	00:43:56	NAZA - ABOBODA
326	792	CARLOS OLIVEIRA	M	41		00:44:06	00:43:18	
327	972	NUNO PIMENTEL	M	40		00:44:09	00:43:26	
328	208	PEDRO MONTEIRO	M	50		00:44:09	00:43:23	
329	123	BRUNO BERNARDO	M	36		00:44:10	00:44:01	
330	2308	PEDRO CARMO	M	40		00:44:10	00:43:50	
331	2450	RUI MELO	M	43		00:44:11	00:43:48	
332	4239	PAULO TABOAS	M	48		00:44:12	00:43:16	AMINHACORRIDA.COM
333	1769	JOSÉ LUÍS DIAS	M	48		00:44:12	00:44:12	RAIL RUNNERS
334	1458	NUNO FILIPE NUNES FEIO	M	36		00:44:13	00:43:59	
335	3901	JOÃO ROCHA RODRIGUES	M	42		00:44:13	00:43:22	
336	3748	ARTUR DINIS	M	47		00:44:15	00:43:26	
337	1086	CARLOS JESUS2QG XGRT2QG XGRT1090	M	40		00:44:15	00:44:05	
338	947	LUIS BRANCO	M	53		00:44:16	00:42:46	GRD RIBEIRA DA LAGE
339	899	BERNARDO PINTO-COELHO	M	36		00:44:17	00:43:33	
340	834	HUGO FERNANDES	M	33		00:44:17	00:44:01	
341	4065	LUIS OLIVEIRA	M	44		00:44:18	00:41:31	C BENFICA ALG M MARTINS
342	1198	ROGÉRIO SILVA	M	49		00:44:19	00:43:59	
343	1867	JOSÉ CORUNHA	M	45		00:44:19	00:44:11	
344	1604	HELDER TAVARES	M	38		00:44:20	00:43:34	
345	1429	CARLOS SOUSA	M	50		00:44:20	00:44:20	
346	2817	ALBERTO VINAGRE	M	53		00:44:21	00:44:21	
347	4084	NUNO ESTALAGEM	M	39		00:44:21	00:43:41	C BENFICA ALG M MARTINS
348	3868	HELENA MARTINS	F	52		00:44:24	00:44:07	AMIGOS ATLETISMO MAFRA
349	559	DIOGO GOMES	M	38		00:44:25	00:44:14	
350	1572	JASON DAVID WALTER	M	44		00:44:26	00:44:26	
351	353	DOMINGOS SALDANHA	M	40		00:44:27	00:43:08	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
352	804	JORGE NABAIS	M	31		00:44:28	00:43:36	
353	2141	ANTÓNIO ALEXANDRE	M	55		00:44:28	00:44:25	CLUBE DE ATLETISMO DA NAZARÉ
354	4237	FLORIMUNDO SILVA	M	58		00:44:28	00:44:28	AMINHACORRIDA.COM
355	4561	PEDRO VIEIRA	M	37		00:44:28	00:43:10	LEXUS
356	4340	RUI GOMES	M	31		00:44:30	00:44:06	BRILADA ULTRAS SPORTING
357	1580	RUI PLÁCIDO	M	38		00:44:30	00:44:09	
358	1348	NUNO SILVA	M	41		00:44:30	00:44:14	AERO RUNNERS
359	1527	ADELINO SEMEDO	M	61		00:44:30	00:44:09	G D C BANCO DE PORTUGAL
360	4494	APOLO PEREIRA	M	45		00:44:31	00:44:23	INDIVIDUAL
361	1909	LEANDRO REIS	M	45		00:44:32	00:44:21	
362	2660	MIGUEL FERREIRA	M	40		00:44:33	00:43:55	
363	1012	NUNO SANTOS	M	17		00:44:33	00:42:56	
364	860	CLAUDIO MIRA	M	49		00:44:34	00:44:34	GRUPO AMIGOS ATLETISMO VFXIRA
365	2655	JOSÉ MARQUES ANDRADE	M	36		00:44:34	00:44:15	
366	2568	HÉLDER FERREIRA	M	49		00:44:34	00:41:54	
367	2325	MIGUEL ALMEIDA	M	31		00:44:36	00:44:15	
368	3906	PEDRO FREITAS	M	48		00:44:38	00:44:28	
369	2871	DARIO ALEXANDRE CAPINHA FERREIRA	M	39		00:44:38	00:44:03	BVB ATLETISMO
370	2907	PAULO CARMO	M	39		00:44:38	00:44:38	INDIVIDUAL
371	474	PEDRO MIGUEL VILHENA CASTANHA	M	39		00:44:39	00:44:14	EXEMPLIBONUS
372	113	EDUARDO SANTOS	M	35		00:44:40	00:43:14	VFF 1896
373	4344	BRUNO SILVA	M	40		00:44:41	00:44:16	BRILADA ULTRAS SPORTING
374	3502	BENTO RIBEIRO	M	52		00:44:42	00:44:18	
375	1233	ANTÓNIO PAZES	M	40		00:44:43	00:44:43	RESTAURANTEOCARTAXEIRO-CANEÇAS
376	4429	CLAUDIO ROCHA	M	40		00:44:43	00:44:14	LIS RUNNING CPA
377	4073	ION MARIUS	M	32		00:44:44	00:44:04	C BENFICA ALG M MARTINS
378	3750	EDGAR JESUS ROSA	M	39		00:44:45	00:43:54	
379	1954	GERRY SANITZ	M	48		00:44:45	00:44:37	ODEBRECHT PORTUGAL
380	1334	PEDRO CANELAS	M	42		00:44:46	00:44:09	LINDA-A-PASTORA SPORTING CLUBE
381	138	EURICO CONSTANTINO	M	31		00:44:46	00:44:15	JOBRINDE - MONTES SALOIOS
382	1736	FERNANDO ANACLETO	M	63		00:44:47	00:44:37	
383	3720	JOÃO MACHADO	M	52		00:44:48	00:44:28	" OS MATRECOS"
384	2046	HUGO FILIPE	M	28		00:44:49	00:44:23	
385	1166	JORGE SILVA	M	40		00:44:50	00:44:35	
386	1310	ANTÓNIO BENTO FERNANDES	M	51		00:44:52	00:44:52	
387	4458	AURELIO AGUIAR	M	59		00:44:52	00:44:39	A VALE SILENCIO
388	4525	NELSON CASANOVA	M	31		00:44:52	00:44:10	C BENFICA ALG M MARTINS
389	4070	JORGE SANTOS	M	61		00:44:52	00:44:50	C BENFICA ALG M MARTINS
390	2115	RICARDO PEDRO	M	29		00:44:53	00:43:39	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
391	1119	CARLOS MAGALHÃES	M	45		00:44:53	00:44:47	
392	1258	ARMINDO CAIXINHA	M	50		00:44:53	00:44:28	
393	2842	RUI NOGUEIRA	M	30		00:44:54	00:44:45	
394	3678	PAULOMACHADO	M	47		00:44:56	00:44:32	
395	1998	MÁRIO DUARTE	M	56		00:44:57	00:44:13	
396	4171	FERNANDO RODRIGUES	M	50		00:44:57	00:44:50	C MILLENNIUM BCP
397	932	NUNO GALRINHO	M	37		00:44:59	00:44:04	
398	4660	ALBERTO ARAUJO	M	41		00:45:03	00:44:55	RB RUNNING
399	2875	ANA PAULA MELO	F	43		00:45:03	00:44:26	BVB ATLETISMO
400	2110	JOÃO RIBAU	M	29		00:45:04	00:44:35	
401	1776	JOAO BRAZ	M	50		00:45:04	00:44:58	
402	4434	JOSE CABRAL	M	57		00:45:04	00:44:57	CCDT AUT ALMADA
403	286	JOÃO PROENÇA	M	20		00:45:05	00:44:39	
404	1897	JOSÉ JOAQUIM DIAS	M	53		00:45:06	00:44:14	
405	3978	PAULO CABRITA	M	48		00:45:06	00:44:36	
406	2642	TITO GONÇALVES	M	27		00:45:06	00:45:06	
407	3719	RUI LOPES	M	52		00:45:07	00:44:47	" OS MATRECOS"
408	3812	LINO ROQUE	M	41		00:45:07	00:45:07	DANATUR
409	164	NUNO MARTINS	M	42		00:45:08	00:45:08	GDINE
410	3452	ANTÓNIO PEDRO SEQUEIRA DA SILVA	M	41		00:45:08	00:45:08	
411	1492	LUÍS DIAS	M	35		00:45:08	00:44:45	
412	754	INES ALMEIDA	F	30		00:45:09	00:45:04	
413	4003	MANUEL F V A COUTINHO	M	17		00:45:10	00:43:41	INDIVIDUAL
414	2809	JOAO PEDRO GOMES	M	42		00:45:11	00:44:22	
415	4043	HENRIQUE SEIXAS	M	38		00:45:11	00:45:11	INDIVIDUAL
416	2048	AMÉLIA JOAQUIM	F	47		00:45:11	00:45:11	
417	2731	JOSÉ NETO	M	57		00:45:12	00:45:12	TEAM NETO
418	4204	TIAGO MENDES	M	40		00:45:12	00:44:57	C MILLENNIUM BCP
419	36	CLAUDIO NEVES	M	40		00:45:13	00:44:56	C.C.R.D.BURINHOSA
420	1478	JORGE LUÍS	M	38		00:45:14	00:44:51	ESCOLA ATLETISMO RUI SILVA
421	2168	JOSÉ DOS SANTOS REIS	M	61		00:45:14	00:44:58	
422	794	RICARDO PEREIRA	M	37		00:45:14	00:44:40	
423	4419	HENRIQUE GONÇALVES	M	46		00:45:15	00:45:11	SS CGD
424	4145	AMILCAR AMORIM	M	47		00:45:16	00:44:48	CP PONTEVEL
425	3290	LUIS VASCONCELOS AMORIM	M	56		00:45:16	00:45:00	
426	2646	JOAO VAZ	M	48		00:45:17	00:44:36	
427	3366	JOSE AUGUSTO MACHADO	M	46		00:45:17	00:44:27	
428	1308	PEDRO MARTINS	M	36		00:45:18	00:44:30	PEDROS
429	3358	MIGUEL TAVARES	M	42		00:45:19	00:45:19	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
430	3865	ANTÓNIO REIS	M	59		00:45:19	00:45:01	AMIGOS ATLETISMO MAFRA
431	4147	RENATO MARTINS	M	34		00:45:19	00:44:52	AD REAL ACADEMIA
432	2839	ANDRÉ SANTOS	M	19		00:45:21	00:45:01	JACKANDGABIRU
433	631	HUGO DÓRIA	M	30		00:45:22	00:45:17	
434	556	RICARDO MARQUES	M	33		00:45:22	00:45:15	FALCÕES SELVAGENS
435	2815	DAVID VICENTE	M	18		00:45:23	00:45:23	
436	4277	FILIPE SOUSA	M	28		00:45:24	00:44:14	INDIVIDUAL
437	2881	PEDRO TAVARES	M	39		00:45:26	00:44:37	G. RECREATIVO JANZ ASSOCIADOS
438	3274	JOÃO PEDRO FINO	M	18		00:45:27	00:44:22	
439	575	CATARINA CARREIRA	F	19		00:45:29	00:45:28	LINDA-A-PASTORA SPORTING CLUBE
440	1192	FÁBIO MOÇO	M	22		00:45:29	00:45:10	
441	1489	LUIS FILIPE NUNES	M	42		00:45:30	00:45:16	ESCOLA ATLETISMO RUI SILVA
442	2227	JORGE PEDROSO	M	41		00:45:30	00:44:31	
443	1798	JOÃO CARVALHO	M	51		00:45:32	00:44:55	
444	1455	PAULO SANTOS	M	46		00:45:33	00:45:26	
445	1495	SUZETE SILVA	F	44		00:45:34	00:45:16	ESCOLA ATLETISMO RUI SILVA
446	244	JOÃO BELTRÃO	M	34		00:45:34	00:44:47	PERNAS DE GAFANHOTO
447	4331	CARLOS XAVIER	M	55		00:45:34	00:45:17	INDIVIDUAL
448	518	TITO TEIXEIRA	M	36		00:45:36	00:44:48	CLUBE COLABORADORES AXA
449	3749	MIGUEL ANGELO FERREIRA CUSTÓDIO	M	36		00:45:36	00:44:43	
450	3815	ANTÓNIO MARTINS	M	48		00:45:37	00:45:02	
451	366	PEDRO FELICIO	M	42		00:45:38	00:44:56	
452	3564	LUIS CAETANO	M	52		00:45:38	00:44:46	
453	1220	HUGO HENIQUES	M	34		00:45:39	00:45:16	
454	3275	JOÃO SEDAS NUNES	M	50		00:45:40	00:45:01	
455	4066	ANTONIO COELHO	M	58		00:45:40	00:45:09	C BENFICA ALG M MARTINS
456	4397	GUILHERME GONÇALVES	M	54		00:45:40	00:45:30	C FERROV PORTUGAL
457	2165	MÁRIO MENDES AMARO	M	47		00:45:41	00:45:31	
458	2185	JORGE PAULINO	M	39		00:45:41	00:45:41	
459	3833	ANTÓNIO JOÃO SOUSA	M	52		00:45:42	00:45:41	
460	2033	NUNO ANDRÉ	M	37		00:45:43	00:44:10	JOBRINDE - MONTES SALOIOS
461	2059	BRUNO ARAÚJO-GOMES	M	40		00:45:43	00:45:19	
462	17	JOSÉ MARQUES	M	51		00:45:45	00:45:45	B. V. DE MONTEMOR-O-NOVO
463	224	PEDRO RIO	M	31		00:45:45	00:44:27	CLUBE ROBBIALAC
464	4654	JOSE SALGUEIRO	M	31		00:45:47	00:45:07	C M L
465	2644	CARLOS MOORAIS	M	45		00:45:48	00:45:07	
466	2072	DUARTE CORTES	M	36		00:45:49	00:45:03	
467	3781	CARLOS BAPTISTA	M	54		00:45:49	00:45:41	SPORTING CLUBE DE CASINHOS
468	305	ADOLFO MANUEL ALEIXO AMEIXA	M	40		00:45:50	00:45:38	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
469	4142	JORGE NEIVA	M	48		00:45:50	00:45:21	SS CGD
470	1877	DIOGO PINTO	M	24		00:45:52	00:44:58	SPORTING CLUBE MOITENSE
471	1196	EUCLIDES INDEQUE	M	28		00:45:52	00:45:49	
472	4457	PEDRO LUZIO	M	38		00:45:53	00:45:04	SS CGD
473	1435	ROMÃO CORREIA	M	36		00:45:54	00:45:01	DEVAGAR, DEVAGARINHO...
474	2302	OLIVIER JANTY	M	37		00:45:54	00:45:33	
475	2552	MANUEL FERNANDES	M	46		00:45:55	00:45:34	
476	3548	HUGO MIGUEL BENTO NETO	M	35		00:45:55	00:45:12	LEBRES TEAM
477	1272	JOAO SEABRA	M	25		00:45:55	00:42:46	
478	3646	DIOGO PISCO	M	24		00:45:55	00:45:32	
479	2366	DANIEL BRUNO	M	20		00:45:56	00:45:16	CLAC - ENTRONCAMENTO
480	3415	RENATO MORAIS	M	33		00:45:58	00:45:45	
481	4328	LINO VESTIA	M	33		00:45:59	00:45:47	INDIVIDUAL
482	731	JOÃO MENDES	M	43		00:45:59	00:45:07	
483	45	MAURICIO RODRIGUES	M	35		00:46:00	00:45:43	C.C.R.D.BURINHOSA
484	671	DAVID PEREIRA	M	28		00:46:01	00:45:22	
485	2863	PAULO CECÍLIO	M	40		00:46:01	00:44:39	
486	4552	BRUNO F M ROXO	M	38		00:46:02	00:44:36	A BOLA
487	3461	CARLOS CANDEIAS	M	46		00:46:02	00:45:35	AÇOREANA CLUBE BANIF
488	838	H.JORGE	M	50		00:46:04	00:45:59	
489	4057	HELDER COSTA	M	33		00:46:04	00:45:46	KEEP RUNNING
490	1882	VIRGÍLIO OLIVEIRA	M	50		00:46:04	00:45:19	SPORTING CLUBE MOITENSE
491	2234	FILIPE ALMEIDA	M	33		00:46:05	00:45:08	SURF RUNNERS
492	1701	TIAGO FONSECA	M	40		00:46:05	00:45:22	
493	1608	RODRIGO PAIS DE ALMEIDA	M	34		00:46:05	00:45:55	SURF RUNNERS
494	265	HÉLIO FERREIRA PATRÍCIO	M	42		00:46:06	00:46:00	C. F. "OS BELENENSES"
495	330	ALEXANDRE BENTO	M	41		00:46:08	00:45:38	
496	2893	RUBEN SILVA	M	58		00:46:08	00:45:26	GDC FONSECAS E CALÇADA
497	2832	AURÉLIO SILVA	M	36		00:46:09	00:45:35	
498	898	JOÃO REBELO	M	47		00:46:09	00:45:14	
499	3811	FERNANDO DUARTE	M	48		00:46:09	00:46:08	DANATUR
500	569	JOSÉ ABRANTES	M	42		00:46:10	00:43:09	FAMÍLIA VERDE
501	1111	CARLOS SOUSA	M	57		00:46:11	00:45:55	OS PERIGOSOS
502	2585	JOAO BOGALHEIRO	M	44		00:46:11	00:45:58	
503	931	RUI MALTEZ	M	39		00:46:12	00:45:16	
504	1863	RODRIGO FERREIRA	M	35		00:46:12	00:45:58	SCALABIS NIGHT RUNNERS
505	2266	BRUNO ABREU	M	39		00:46:13	00:46:06	
506	1627	CARLOS PINTO	M	29		00:46:13	00:45:55	PINTOS
507	1753	JOAO TABORDA	M	29		00:46:13	00:45:57	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
508	2463	NUNO MIGUEL PRATES	M	37		00:46:14	00:45:35	
509	520	ADRIANO FELÍCIO	M	36		00:46:14	00:45:51	CCD SINTRENSE
510	2345	SERGIO RAMOS	M	38		00:46:15	00:45:09	KANINOS
511	875	FRANCISCO FERNANDES	M	38		00:46:16	00:45:44	LAGARTIXAS TEAM
512	4194	CARLOS RAMOS	M	48		00:46:16	00:45:45	C MILLENNIUM BCP
513	1120	HÉLDER FIGUEIREDO	M	46		00:46:17	00:45:37	
514	1931	JOÃO BAPTISTA	M	46		00:46:18	00:45:56	OS GALGOS DE TANCOS
515	1983	TIAGO MARINHO	M	24		00:46:18	00:45:37	
516	2640	MÁRIO CONCEIÇÃO	M	30		00:46:19	00:45:54	
517	4262	CARLOS CALADO	M	41		00:46:20	00:46:00	INDIVIDUAL
518	3752	CATARINA GAUDÊNCIO	F	33		00:46:21	00:45:45	
519	22	ANTÓNIO RAIMUNDO	M	18		00:46:21	00:46:17	B.V. MONTEMOR-O-NOVO
520	25	MARCO CATARRO	M	31		00:46:22	00:46:12	B.V. MONTEMOR-O-NOVO
521	4528	CARLOS VITORINO	M	41		00:46:22	00:46:11	INDIVIDUAL
522	4167	CARLOS SANTO	M	56		00:46:24	00:45:24	C MILLENNIUM BCP
523	855	ANTÓNIO RIBEIRO	M	53		00:46:24	00:46:00	GRUPO AMIGOS ATLETISMO VFXIRA
524	1855	HENRIQUE JANOTA	M	41		00:46:25	00:46:25	CARACÓIS DE PEDRA
525	2297	NUNO MESTRE	M	40		00:46:26	00:46:23	UNIDOS DA MANUTENÇÃO
526	2895	LUIS PEREIRA	M	35		00:46:26	00:45:37	GDC FONSECAS E CALÇADA
527	1115	MARCO CASEIRO	M	36		00:46:26	00:46:10	OS PERIGOSOS
528	1805	MARTINHO AMARO	M	35		00:46:26	00:42:25	CORRER LISBOA
529	1723	JOAO FERREIRA	M	44		00:46:26	00:46:26	
530	2870	PEDRO MIGUEL GOMES VICENTE	M	39		00:46:26	00:45:49	BVB ATLETISMO
531	4524	MANUEL COUTO	M	21		00:46:27	00:44:35	C BENFICA ALG M MARTINS
532	4125	JOAQUIM FRADE	M	59		00:46:27	00:45:23	SS CGD
533	357	DIOGO CORDEIRO	M	29		00:46:28	00:45:38	
534	23	CARLOS SILVA	M	39		00:46:29	00:46:26	B.V. MONTEMOR-O-NOVO
535	2021	VASCO COELHO	M	42		00:46:30	00:46:14	
536	3321	NUNO ANTUNES	M	45		00:46:31	00:45:54	
537	1766	JOAO FIALHO	M	43		00:46:31	00:46:19	RUN 4 FUN
538	2194	MÁRIO BASTARDO	M	36		00:46:33	00:45:52	
539	3872	SARA RAMOS	F	36		00:46:34	00:46:13	AMIGOS ATLETISMO MAFRA
540	1576	JOSÉ GODINHO	M	54		00:46:34	00:46:29	
541	640	ANTONIO PUCARIÇO	M	53		00:46:35	00:45:21	CCD PM CASCAIS
542	1299	ALEXANDRE FERREIRA	M	49		00:46:36	00:46:28	
543	3875	JOSE FERNANDES	M	41		00:46:37	00:46:32	CF OS BELENENSES
544	641	ANTONIO VELOSO	M	43		00:46:37	00:45:33	CCD PM CASCAIS
545	2004	NUNO SILVA	M	34		00:46:38	00:45:03	
546	902	DIOGO OLIVEIRA	M	31		00:46:38	00:45:41	GDCT UNICRE

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
547	1106	LUIS CRUZ	M	43		00:46:39	00:46:36	VITÓRIA FUTEBOL CLUBE
548	968	INÁCIO COTOVIO	M	47		00:46:39	00:45:25	INDIVIDUAL
549	1622	MIGUEL QUINTANILHA	M	38		00:46:39	00:46:34	RUNLOVERS
550	3325	FLÁVIO ESTRELO	M	29		00:46:40	00:45:32	
551	2520	RODOLFO DEYLLLOT	M	47		00:46:40	00:44:26	CLUBE DESPORTIVO RIBEIRENSE
552	4042	JOSE RIBEIRO	M	24		00:46:42	00:46:24	INDIVIDUAL
553	73	LUCIANO ASSUNÇÃO	M	68		00:46:42	00:46:42	
554	627	ANDRÉ GUERREIRO	M	22		00:46:42	00:46:13	
555	3565	ARMANDO MUCHAGATA	M	43		00:46:43	00:46:32	
556	3697	PEDRO ROSA	M	31		00:46:43	00:45:45	INDIVIDUAL
557	675	TIAGO GOUVEIA	M	35		00:46:44	00:45:22	
558	2639	RUI ALEGRE	M	35		00:46:44	00:46:01	
559	684	FREDEIRCO MONTEIRO NOBRE	M	38		00:46:45	00:46:20	
560	4401	LUIS MACHADO	M	46		00:46:46	00:45:49	GDCT IN CASA MOEDA
561	1775	NUNO GONÇALO CARVALHO ANTÓNIO	M	39		00:46:47	00:45:19	
562	2356	RICARDO MARQUES	M	26		00:46:47	00:46:20	DÁ-LE!
563	2367	PEDRO BATISTA	M	26		00:46:48	00:46:29	
564	2903	RUI FEIO	M	50		00:46:48	00:46:16	
565	1444	FERNANDO FERNANDES	M	53		00:46:48	00:46:00	APOGMA
566	3806	HENRIQUE AMADOR	M	43		00:46:49	00:45:47	LION RUNNERS
567	2710	CARLOS DIAS FERREIRA	M	36		00:46:49	00:45:22	
568	1854	OSVALDO CIPRIANO	M	32		00:46:49	00:46:34	SCALABIS NIGHT RUNNERS
569	4056	FERNANDO PEREIRA	M	50		00:46:50	00:45:44	INDIVIDUAL
570	3307	JOAQUIM PINHEIRO	M	35		00:46:50	00:46:25	
571	1031	IVO PINA	M	42		00:46:50	00:45:59	
572	1982	DIOGO CARNEIRO	M	24		00:46:51	00:46:44	
573	672	MANUEL ALMEIDA	M	56		00:46:54	00:45:36	
574	3526	PAULO PICÃO	M	40		00:46:55	00:45:42	
575	2274	PEDRO CONCEIÇÃO	M	38		00:46:55	00:45:42	
576	2131	DANIEL AUGUSTO DE CASTRO NUNES	M	54		00:46:56	00:46:30	
577	4146	ALVARO PINTO	M	57		00:46:56	00:46:30	AD REAL ACADEMIA
578	2944	PEDRO ROQUE	M	46		00:46:57	00:46:43	CPT SOBRAL CEIRA
579	3503	ADRIANO ENCARNAÇÃO	M	26		00:46:57	00:45:19	
580	4329	FERNANDO GUERREIRO	M	67		00:46:58	00:46:45	INDIVIDUAL
581	3624	ANTÓNIO PALMEIRA	M	39		00:46:58	00:45:53	CLUBE DESPORTIVO RIBEIRENSE
582	636	JÚLIO GAMITO	M	51		00:46:59	00:45:26	
583	4163	SANDRA BAPTISTA	F	38		00:47:00	00:46:46	A VALE SILENCIO
584	1101	JOAQUIM BACALHAU	M	61		00:47:00	00:46:45	
585	1621	LUIS FERREIRA	M	48		00:47:01	00:45:59	RUNLOVERS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
586	3947	FERNANDO MANUEL LOPES GONÇALVES	M	46		00:47:01	00:46:36	
587	2138	DANIEL CONCEIÇÃO	M	31		00:47:02	00:46:49	CLUBE DE ATLETISMO DA NAZARÉ
588	2958	LUÍS GODINHO	M	36		00:47:02	00:46:05	
589	2290	JORGE SERRA	M	41		00:47:02	00:46:51	TURBINADOS
590	958	MANUEL INVERNO	M	45		00:47:02	00:45:38	
591	4268	JOSE FERRAZ	M	52		00:47:03	00:46:43	INDIVIDUAL
592	4170	PAULO FELICIO	M	46		00:47:06	00:45:55	C MILLENNIUM BCP
593	2395	NUNO BOGALHEIRO	M	41		00:47:06	00:46:52	
594	2426	RUI GRAÇA	M	51		00:47:08	00:46:44	CCD CRÉDITO AGRÍCOLA MÚTUO
595	1163	PAULO JORGE DA CUNHA FERNANDES	M	40		00:47:09	00:46:11	
596	1212	PAULO RODRIGUES	M	44		00:47:10	00:46:24	
597	1491	VITOR SANTOS	M	51		00:47:10	00:46:47	ESCOLA ATLETISMO RUI SILVA
598	3913	ANTONIO GONÇALVES	M	53		00:47:11	00:46:31	
599	1229	VASCO GONCALVES	M	51		00:47:11	00:45:53	FAPOC
600	1392	JOSE NUNES	M	35		00:47:11	00:46:46	
601	3971	JOSE LOPES	M	48		00:47:12	00:46:38	
602	1852	NELSON FARIA	M	34		00:47:12	00:46:51	SCALABIS NIGHT RUNNERS
603	44	LUIS VIEIRA	M	23		00:47:12	00:46:51	C.C.R.D.BURINHOSA
604	66	TELMO PEDROSO	M	40		00:47:13	00:46:40	C.C.R.D.BURINHOSA
605	2322	HELDER BAPTISTA	M	44		00:47:14	00:46:30	
606	3671	RUI JORGE RIBEIRO	M	39		00:47:14	00:45:40	CLUBE EDP - LISBOA
607	3331	PEDRO DE CARVALHO	M	21		00:47:15	00:46:06	
608	2136	JOÃO CONSTANTINO	M	39		00:47:16	00:47:13	
609	930	JOÃO PEDRO MARQUES SALAVESSA	M	27		00:47:16	00:46:59	
610	4493	PEDRO MOURISCA	M	39		00:47:17	00:46:54	INDIVIDUAL
611	1221	RODRIGO SÉRGIO	M	40		00:47:17	00:46:12	
612	1149	JOSE MANUEL VITORINO	M	57		00:47:17	00:47:03	
613	2902	PEDRO COSTA	M	46		00:47:18	00:47:03	
614	1228	BRUNO GONCALVES	M	22		00:47:20	00:46:02	FAPOC
615	2010	ANTONIO J F CORDEIRO	M	41		00:47:20	00:46:35	
616	1734	ANTÓNIO FÓRNEA	M	48		00:47:22	00:46:30	
617	945	POMPEU AIRES	M	48		00:47:22	00:45:53	GRD RIBEIRA DA LAGE
618	4378	ANTONIO SOARES	M	44		00:47:22	00:47:12	INDIVIDUAL
619	2931	JOÃO BRANCO	M	34		00:47:23	00:47:07	
620	2834	NUNO PIMPÃO	M	31		00:47:24	00:45:56	
621	367	LUÍS OLIVEIRA	M	41		00:47:25	00:46:43	
622	2430	CARLOS SILVA	M	50		00:47:26	00:47:04	CCD CRÉDITO AGRÍCOLA MÚTUO
623	1046	PEDRO SILVEIRA	M	39		00:47:26	00:46:19	
624	3733	RODRIGO PAIVA	M	42		00:47:27	00:46:48	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
625	1021	RICARDO PEREIRA	M	38		00:47:28	00:47:03	CLUBE OGMA
626	2188	JOSE MANUEL LUCAS NUNES	M	69		00:47:30	00:46:48	
627	1930	MÁRIO BERNARDINO	M	45		00:47:30	00:46:34	OS GALGOS DE TANCOS
628	722	MÁRIO CLÁUDIO	M	38		00:47:31	00:46:26	
629	390	SÉRGIO FERREIRA	M	29		00:47:31	00:46:41	
630	607	ATLETA NÃO CADASTRADO	M	0		00:47:32	00:47:06	
631	3667	PAULO GONÇALVES	M	42		00:47:32	00:46:36	
632	1997	ADRIANO FONTES	M	57		00:47:33	00:46:58	
633	2600	ALEXANDRE AMARAL	M	38		00:47:33	00:46:05	
634	1008	ABÍLIO OLIVEIRA	M	49		00:47:33	00:46:58	
635	1075	CONSTÂNTINO MENDÃO	M	54		00:47:33	00:47:25	ASS. DE ATLETISMO LEBRES SADO
636	1077	MANUEL BAPTISTA	M	65		00:47:33	00:47:25	ASS. DE ATLETISMO LEBRES SADO
637	18	ANIBAL SILVA	M	51		00:47:34	00:47:17	C.C.R.D.BURINHOSA
638	3977	LUIS FILIPE CARVALHO	M	41		00:47:34	00:47:04	
639	2453	CÂNDIDO ALVES	M	41		00:47:35	00:46:57	CCD CRÉDITO AGRÍCOLA MÚTUO
640	1193	GONÇALO GARCIA	M	34		00:47:35	00:47:13	
641	2049	RUI LAMY	M	37		00:47:36	00:46:25	RUNNERS DO TRAVESSEIRO
642	3287	SÉRGIO ARTILHEIRO	M	34		00:47:36	00:46:49	
643	2373	RICARDO FIRMINO	M	37		00:47:37	00:46:20	MOSHTRIBE
644	2142	RUI ESTRELINHA	M	32		00:47:37	00:47:21	CLUBE DE ATLETISMO DA NAZARÉ
645	3361	NUNO ESPAÑA	M	32		00:47:38	00:46:26	
646	1561	PAULO FLOR	M	37		00:47:38	00:47:05	
647	498	ANIBAL MATEUS	M	57		00:47:39	00:46:58	
648	496	PAULO FERREIRA	M	42		00:47:39	00:46:57	
649	1858	PEDRO BALEIA	M	36		00:47:39	00:47:05	CARACÓIS DE PEDRA
650	1859	RUI DUARTE	M	33		00:47:39	00:47:06	CARACÓIS DE PEDRA
651	3705	HENRIQUE BELMAR	M	56		00:47:40	00:47:35	
652	2086	PEDRO VENTURA	M	48		00:47:40	00:47:18	
653	1206	PEDRO CABRAL	M	35		00:47:40	00:45:54	
654	445	DAVID SIMÃO	M	30		00:47:41	00:46:44	
655	358	VASCO CARREIRA	M	28		00:47:41	00:46:52	
656	2324	JOSÉ MIRA	M	62		00:47:41	00:47:36	
657	670	MARIO SEABRA	M	42		00:47:42	00:46:52	G. RECREATIVO JANZ ASSOCIADOS
658	2077	NUNO PEDROSO	M	41		00:47:42	00:47:36	
659	1611	PAULO SENA	M	42		00:47:43	00:47:07	
660	925	MARCO RODRIGUES	M	35		00:47:43	00:46:38	GDCTUNICRE
661	2111	ANA FERREIRA	F	31		00:47:44	00:47:15	
662	2738	VINCENT QUÉRÉ	M	27		00:47:44	00:46:24	PERNETAS
663	3730	ANTÓNIO JOSÉ	M	63		00:47:45	00:47:25	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
664	1779	ELIO JOAO CRISOSTOMO FIALHO	M	47		00:47:45	00:47:34	
665	4076	MARCO NOBREGA	M	39		00:47:45	00:46:59	C BENFICA ALG M MARTINS
666	59	CARLOS PARENTE RODRIGUES	M	57		00:47:45	00:47:36	CLUBE EDP - LISBOA
667	948	JOÃO MARQUES	M	49		00:47:46	00:46:17	
668	11	AGOSTINHO PINTO	M	59		00:47:46	00:47:42	B. V. DE MONTEMOR-O-NOVO
669	749	JOÃO LOBATO	M	34		00:47:47	00:47:09	
670	750	CARLOS MENDES	M	40		00:47:47	00:47:09	
671	2953	TIAGO ALVES	M	31		00:47:48	00:44:11	
672	3645	MANUEL SÃO MARTINHO	M	23		00:47:49	00:47:34	
673	2984	VITOR SILVA	M	38		00:47:49	00:46:34	
674	1938	PAULO SILVA	M	31		00:47:50	00:46:24	
675	2828	LUÍS FILIPE SILVA CARVALHO	M	30		00:47:50	00:46:40	
676	1114	HELDER VALADAS	M	34		00:47:50	00:47:32	OS PERIGOSOS
677	657	ANDRÉ PEREIRA	M	29		00:47:51	00:47:43	
678	4085	EDUARDO GRILO	M	47		00:47:51	00:47:24	C BENFICA ALG M MARTINS
679	4072	RUI EMIDIO	M	57		00:47:51	00:47:06	C BENFICA ALG M MARTINS
680	1153	RUI RODRIGUES	M	48		00:47:51	00:47:30	
681	1238	RUI CABRAL	M	39		00:47:52	00:46:24	
682	2772	MÁRIO JORGE SILVA	M	54		00:47:52	00:47:22	
683	526	LUIS VIERA	M	48		00:47:52	00:47:10	CCD SINTRENSE
684	4159	HERNANI SILVA	M	52		00:47:53	00:47:00	A VALE SILENCIO
685	1596	MARIA MANUELA MACHADO	F	50		00:47:53	00:46:26	RUN 4 FUN
686	3721	JOAQUIM MARTINS	M	54		00:47:53	00:47:17	
687	4196	SERGIO GONÇALVES	M	40		00:47:54	00:46:59	C MILLENNIUM BCP
688	1739	ANTONIO SOUSA	M	55		00:47:54	00:46:40	
689	549	LUÍS REIS	M	51		00:47:54	00:47:39	FALCÕES SELVAGENS
690	3665	JORGE DUARTE PINHEIRO	M	47		00:47:54	00:47:07	
691	1040	DAVIDE MENDES	M	39		00:47:55	00:47:11	
692	1861	PEDRO BARBOSA	M	37		00:47:55	00:47:17	SCALABIS NIGHT RUNNERS
693	4155	JOSE MOGA	M	56		00:47:56	00:47:43	A VALE SILENCIO
694	1733	PAULO JORGE GARCIA	M	44		00:47:56	00:47:12	PERNAS DE GAFANHOTO
695	1928	NELSON CARDOSO	M	43		00:47:56	00:47:34	OS GALGOS DE TANCOS
696	3949	CARLOS ALBERTO FREIXA LOPES	M	31		00:47:57	00:47:02	
697	3419	ARSÉNIO GARCIA	M	44		00:47:58	00:46:08	
698	47	OCTAVIO MARIANO	M	43		00:47:58	00:47:58	C.C.R.D.BURINHOSA
699	1992	LEONEL RODRIGUES	M	60		00:47:58	00:46:38	
700	3848	JOAO CARVALHO	M	36		00:47:58	00:47:42	
701	3702	RODRIGO SILVA	M	34		00:47:58	00:47:01	PONTÉVE A MEXER
702	3342	SANTIAGO VILLALOBOS DANTAS	M	20		00:47:58	00:46:15	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
703	273	MIGUEL AMARAL	M	36		00:47:58	00:46:43	
704	4143	BRUNO AMORIM	M	34		00:47:58	00:47:31	CP PONTEVEL
705	1016	PEDRO SILVA	M	40		00:47:58	00:47:58	FAMILIA SILVA
706	687	BRUNO PALMA	M	30		00:47:59	00:47:17	
707	1281	PAULO MORGADO	M	42		00:47:59	00:47:27	GEORUNNERS
708	213	NUNO SERRÃO	M	31		00:48:00	00:46:49	
709	2979	ANDRÉ FERREIRA	M	26		00:48:00	00:45:55	
710	2318	ANA SÍLVIA SOBREIRA	F	43		00:48:00	00:47:58	
711	873	RUI LEITÃO	M	31		00:48:01	00:48:01	LAGARTIXAS TEAM
712	1096	RICARDO ARRIFANO	M	34		00:48:01	00:48:01	
713	2390	BRUNO PEDRO	M	36		00:48:01	00:44:20	
714	560	BRUNO ESTEVES	M	31		00:48:01	00:47:19	
715	4031	JEREMIAS S RIBEIRO	M	71		00:48:01	00:47:04	INDIVIDUAL
716	4491	DIOGO SOUSA	M	26		00:48:02	00:46:32	INDIVIDUAL
717	269	CÁTIA SOFIA NASCIMENTO	F	34		00:48:02	00:47:47	CORRER LISBOA
718	3857	LUÍS PIMENTA	M	38		00:48:02	00:47:27	
719	1639	CAMILO VALGY TARMAHOMED	M	42		00:48:03	00:47:35	
720	871	SUSANA LUÍS	F	34		00:48:03	00:48:03	LAGARTIXAS TEAM
721	223	PEDRO FERREIRA	M	37		00:48:04	00:46:46	CLUBE ROBBIALAC
722	946	CARLOS FERNANDES	M	46		00:48:07	00:45:57	GRD RIBEIRA DA LAGE
723	1344	JOÃO CATARINO	M	40		00:48:07	00:47:53	
724	4663	TIAGO ABREU	M	31		00:48:08	00:47:37	INDIVIDUAL
725	410	TIAGO LOPES PAULO	M	40		00:48:08	00:46:47	G:D.C PORTO DE SINES
726	2335	RUI SILVA	M	25		00:48:08	00:47:37	GINÁSIO VIVÊNCIA EXPLOSIVA
727	502	CARLOS MANUEL VENÂNCIO	M	53		00:48:09	00:47:45	CLUBE COLABORADORES AXA
728	2906	PEDRO LENCASTRE	M	28		00:48:09	00:47:07	
729	2681	JOAO PARREIRA	M	35		00:48:11	00:47:55	
730	3923	ANTÓNIO INGLÊS	M	56		00:48:11	00:47:21	G. A. MONSANTO/GASCAN
731	3668	JOSÉ PEDRO RIBEIRO	M	34		00:48:12	00:47:28	
732	673	SOFIA RODRIGUES	F	28		00:48:13	00:48:13	
733	938	MIGUEL NUNES	M	41		00:48:13	00:47:08	
734	844	DOMINGOS SANTOS	M	56		00:48:14	00:47:39	
735	1417	CARLOS TEIXEIRA	M	54		00:48:15	00:47:09	
736	2648	LUIS RODRIGUES	M	40		00:48:16	00:47:16	
737	4054	JOAO FERREIRA	M	20		00:48:16	00:47:10	INDIVIDUAL
738	2406	DIOGO TAVARES	M	37		00:48:17	00:42:41	
739	2133	PEDRO LOPES	M	43		00:48:17	00:47:16	
740	1055	MIGUEL SOARES	M	20		00:48:17	00:46:42	
741	65	RUI VENTURA	M	53		00:48:18	00:48:01	C.C.R.D.BURINHOSA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
742	3475	SÉRGIO CIPRIANO	M	36		00:48:20	00:47:36	AMCR FONTE GRADA
743	2378	CARLOS GOMES	M	54		00:48:21	00:48:19	
744	3273	NUNO MELO	M	39		00:48:22	00:47:46	
745	3343	JORGE RIBEIRO	M	34		00:48:23	00:47:02	
746	2524	JOAO CAMACHO	M	37		00:48:23	00:47:24	
747	1341	CARLOS LOPES	M	30		00:48:24	00:47:55	
748	1792	ADELAIDE PEREIRA	F	43		00:48:24	00:48:10	CCD LOURES -CORRER PARA VIVER+
749	2712	PEDRO MIGUEL BATISTA CORREIA PEDRO	M	24		00:48:24	00:47:05	
750	4062	JOAQUIM VARANDA	M	52		00:48:25	00:48:06	KEEP RUNNING
751	1052	JOSÉ CIPRIANO	M	30		00:48:25	00:47:20	
752	2661	GONÇALO PEREIRA	M	35		00:48:26	00:47:49	
753	4059	JOSE NUNES	M	47		00:48:26	00:48:07	KEEP RUNNING
754	1996	FERNANDO SANTOS	M	54		00:48:26	00:47:54	
755	3926	CARLOS FORTUNATO	M	51		00:48:27	00:47:50	G. A. MONSANTO/GASCAN
756	1544	ALEXANDRA MATIAS	F	41		00:48:27	00:47:54	AVIS
757	3925	CARLOS COELHO	M	53		00:48:27	00:47:50	G. A. MONSANTO/GASCAN
758	1918	JOSE MAGALHAES	M	47		00:48:27	00:47:40	
759	1545	AGOSTINHO MATIAS	M	40		00:48:27	00:47:53	AVIS
760	2997	RODRIGO AFONSO REIS	M	41		00:48:28	00:48:07	
761	2068	PEDRO GASPAR	M	44		00:48:29	00:47:14	
762	2531	PEDRO MIGUEL GOMES ANTUNES	M	30		00:48:29	00:47:22	
763	4529	ANTONIO TABORDA	M	64		00:48:29	00:46:33	SS CGD
764	3770	ATLETA NÃO CADASTRADO	M	0		00:48:29	00:46:58	
765	1578	NUNO MIGUEL LOPES GODINHO	M	18		00:48:29	00:48:24	
766	1511	PAULO LOURINHO	M	45		00:48:30	00:47:08	CLUBE ATLETISMO AMIGOS BELÉM
767	4148	MANUEL RODRIGUES	M	53		00:48:31	00:48:04	AD REAL ACADEMIA
768	1151	CARLOS MANUEL GUEDES MARQUES	M	42		00:48:32	00:47:03	
769	2529	MÁRIO JÚLIO RODRIGUES LÚCIO	M	50		00:48:32	00:47:23	
770	3951	ANDRÉ ANTAS	M	28		00:48:32	00:47:37	
771	1972	OSCAR SANTOS	M	57		00:48:33	00:47:58	
772	2031	EDUARDO BRUNO DOS SANTOS NUNES	M	36		00:48:33	00:48:01	LEBRES TEAM
773	254	SÉRGIO MENDES	M	42		00:48:34	00:48:08	
774	203	ALCIDES MARQUES	M	55		00:48:34	00:47:46	
775	4014	PEDRO BARRELA	M	41		00:48:35	00:47:55	GD BANCO BPI
776	1109	ALCIDES NUNES	M	56		00:48:36	00:48:19	OS PERIGOSOS
777	2253	TIAGO FERREIRA	M	35		00:48:36	00:47:46	OPTICALIA RUNNING TEAM
778	2310	SANTIAGO DANTAS	M	48		00:48:36	00:46:53	
779	1814	DANIEL SANTOS	M	20		00:48:37	00:48:37	BARÕES
780	4092	JOAO FREIRE	M	49		00:48:37	00:47:34	GDCT IN CASA MOEDA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
781	4107	RICARDO ALVES	M	38		00:48:37	00:47:35	GDCT IN CASA MOEDA
782	1255	JOÃO JERÓNIMO	M	35		00:48:37	00:47:24	
783	643	IVAN RAMOS	M	30		00:48:38	00:47:35	CCD PM CASCAIS
784	574	SÉRGIO MARTINS	M	26		00:48:38	00:48:18	LINDA-A-PASTORA SPORTING CLUBE
785	1494	ANTÓNIO PEREIRA	M	35		00:48:38	00:48:15	
786	534	RICARDO FRADE	M	51		00:48:38	00:47:31	CCD SINTRENSE
787	2353	NUNO RELVAS	M	28		00:48:39	00:45:26	
788	2250	RICARDO LUÍS	M	38		00:48:40	00:47:59	
789	3808	BRUNO SANTOS	M	39		00:48:40	00:47:39	LION RUNNERS
790	2096	PAULO MATEUS	M	49		00:48:40	00:48:08	
791	10	ABÍLIO CATARRO	M	59		00:48:41	00:48:41	B. V. DE MONTEMOR-O-NOVO
792	547	JOSÉ CARLOS MARTINS	M	35		00:48:42	00:48:28	FALCÕES SELVAGENS
793	2698	NUNO GERVÁSIO	M	44		00:48:42	00:48:02	
794	2442	ANTÓNIO VARELA	M	48		00:48:43	00:48:34	
795	1853	LUIS MILA	M	44		00:48:44	00:48:23	SCALABIS NIGHT RUNNERS
796	81	CARLOS BATISTA	M	40		00:48:44	00:48:06	
797	275	ANTÓNIO CONVENIENTE	M	35		00:48:45	00:46:55	
798	1457	VICENTE DIAS	M	60		00:48:46	00:48:30	
799	1735	IDALÉCIO BARROS	M	60		00:48:46	00:48:30	
800	3703	MÁRIO GOMES	M	38		00:48:46	00:47:48	PONTÉVE A MEXER
801	4449	PEDRO M AMORIM	M	51		00:48:47	00:47:14	INDIVIDUAL
802	1874	ACURCIO MARIA	M	43		00:48:47	00:48:03	SPORTING CLUBE MOITENSE
803	4273	MARIO MIRANDA	M	40		00:48:47	00:48:47	INDIVIDUAL
804	2723	BRUNO NUNES	M	33		00:48:47	00:47:13	
805	2581	FILIPE TORRES PAULO	M	35		00:48:48	00:48:01	
806	2798	RICARDO PINTO SOUSA	M	34		00:48:48	00:47:10	SERVIÇOS SOCIAIS MONTEPIO GERA
807	378	RUI BERNARDINO	M	33		00:48:48	00:47:38	
808	3895	PAULO REIS	M	39		00:48:48	00:48:36	
809	2389	NUNO FARIA	M	25		00:48:49	00:48:30	
810	2153	PAULO JORGE RODRIGUES RAMOS	M	48		00:48:49	00:47:55	
811	3416	NUNO CUNHA	M	35		00:48:50	00:48:15	
812	2198	VITOR RODRIGUES	M	45		00:48:51	00:47:59	
813	1500	PAULO SANTOS	M	39		00:48:52	00:48:21	
814	2374	JOAO SANTOS	M	34		00:48:52	00:47:35	MOSHTRIBE
815	2509	HUGO ROCHA	M	32		00:48:53	00:47:17	ROCHA
816	3784	FÁBIO PEREIRA	M	22		00:48:54	00:47:41	SPORTING CLUBE DE CASAINHOS
817	356	BRUNO CLAUDINO	M	40		00:48:54	00:47:36	
818	2291	MIGUEL BARBOSA	M	60		00:48:54	00:48:47	UNIDOS DA MANUTENÇÃO
819	1620	SANDRO PINTO	M	39		00:48:55	00:47:52	RUNLOVERS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
820	3786	MANUEL BENTO	M	38		00:48:55	00:47:43	SPORTING CLUBE DE CASAINHOS
821	2113	JOÃO NABAIS	M	29		00:48:55	00:47:43	
822	2536	RUI PARENTE	M	27		00:48:56	00:48:25	
823	4235	PEDRO FERNANDES	M	38		00:48:56	00:47:46	C MILLENNIUM BCP
824	4000	SARA LOUREIRO	F	26		00:48:56	00:48:52	SPORTING CLUBE DE CASAINHOS
825	1929	FERNANDO NEVES	M	45		00:48:56	00:48:00	OS GALGOS DE TANCOS
826	4633	NUNO SANTOS	M	25		00:48:56	00:48:56	SPORTING C P
827	606	ATLETA NÃO CADASTRADO	M	0		00:48:57	00:48:48	
828	1951	ADELINO PEREIRA	M	50		00:48:57	00:48:10	ODEBRECHT PORTUGAL
829	1515	JOSÉ MASSUÇA	M	43		00:48:57	00:45:01	
830	1049	HUGO HILÁRIO	M	35		00:48:58	00:47:29	
831	140	NUNO MACHADO	M	35		00:48:58	00:48:25	JOBRINDE - MONTES SALOIOS
832	1452	VITOR GAMEIRO	M	48		00:48:58	00:48:48	
833	696	ANDRÉ ESTEVES	M	19		00:48:58	00:47:49	
834	558	HUGO MACEDO	M	34		00:48:59	00:48:48	
835	4518	ALBINO NEIVA	M	68		00:48:59	00:46:34	C BENFICA ALG M MARTINS
836	3670	PAULO JORGE PINTO	M	38		00:48:59	00:47:25	CLUBE EDP - LISBOA
837	405	PAULO JORGE GOMES	M	27		00:49:00	00:48:18	G:D.C PORTO DE SINES
838	1986	JOSÉ DOUGAN	M	39		00:49:01	00:48:29	
839	2974	CARLOS SIMÕES	M	34		00:49:01	00:48:23	
840	276	WILSON SOUSA	M	26		00:49:01	00:47:12	
841	2018	RICARDO FILIPE SANTOS GARCIA	M	40		00:49:01	00:47:48	
842	2877	JOSE AGAPITO	M	48		00:49:01	00:48:13	
843	984	FERNANDO MOURA	M	52		00:49:02	00:48:20	
844	2437	NUNO ANTUNES	M	39		00:49:02	00:47:37	
845	1503	PEDRO MAIA	M	35		00:49:03	00:48:07	VECOFABRIL
846	1275	JOÃO SILVA	M	32		00:49:03	00:48:09	
847	216	JORGE SILVA	M	44		00:49:03	00:48:32	
848	1505	MIGUEL CABRAL	M	41		00:49:03	00:48:07	VECOFABRIL
849	2734	HUGO MATIAS	M	25		00:49:03	00:47:43	PERNETAS
850	1346	JOÃO MONTEIRO	M	46		00:49:03	00:48:31	
851	4015	LUIS CALHEIROS	M	40		00:49:04	00:48:25	GD BANCO BPI
852	1843	RUI MANUEL SARMENTO ANTUNES	M	36		00:49:04	00:48:14	
853	2540	LEONARDO LUÍS	M	19		00:49:05	00:47:04	
854	3484	RUDOLFO BENTO	M	34		00:49:05	00:48:36	
855	1225	PEDRO SALVADOR	M	38		00:49:06	00:47:42	
856	845	NUNO MARQUES	M	40		00:49:06	00:48:30	
857	2900	JOSÉ DIAS	M	41		00:49:07	00:48:58	RUN TO BE ALIVE
858	2127	CARLOS MELO	M	48		00:49:07	00:47:39	CORRER LISBOA

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
859	2898	ORLANDO PARENTE	M	44		00:49:07	00:48:58	RUN TO BE ALIVE
860	1886	NELSON AMARAL	M	31		00:49:08	00:48:26	
861	3458	PAULO FERNANDES	M	46		00:49:08	00:47:54	AÇOREANA CLUBE BANIF
862	329	MIGUEL NUNO CHAVES	M	44		00:49:08	00:48:39	
863	2256	RICARDO JOAQUIM MONTEIRO FERNANDES	M	25		00:49:08	00:47:45	
864	1349	ALEXANDRE DÂMASO	M	46		00:49:09	00:48:53	AERO RUNNERS
865	2727	ANTÓNIO BRAZ	M	43		00:49:09	00:48:41	
866	1755	SANDRO RODRIGUES	M	37		00:49:10	00:48:11	
867	67	VITOR RAIMUNDO	M	43		00:49:11	00:48:53	C.C.R.D.BURINHOSA
868	51	RUBEN SOARES	M	31		00:49:11	00:48:54	C.C.R.D.BURINHOSA
869	3817	SÓNIA LOBO	F	38		00:49:11	00:48:33	CDSALVATERRENSE/CME
870	1916	CARLOS AFONSO	M	38		00:49:11	00:48:29	
871	271	NELSON PÓLVORA	M	37		00:49:13	00:47:43	
872	3449	CARLOS A. CARVALHO	M	44		00:49:13	00:48:07	
873	225	RICARDO BALAU	M	28		00:49:15	00:48:20	OS CONTA-KILÓMETROS
874	38	FERNANDO MATEUS	M	56		00:49:15	00:48:09	C.C.R.D.BURINHOSA
875	4140	SILVIA NEIVA	F	44		00:49:16	00:48:48	SS CGD
876	1247	JOSE CARLOS	M	55		00:49:16	00:48:59	
877	3900	ANTONIO RAMALHO	M	50		00:49:16	00:48:25	
878	2788	JOSE GUERREIRO	M	57		00:49:17	00:47:37	SERVIÇOS SOCIAIS MONTEPIO GERA
879	1331	SIMON LOPES	M	28		00:49:17	00:47:49	
880	129	FERNANDO MARQUES	M	51		00:49:18	00:49:17	
881	3600	ANTÓNIO RODRIGUES	M	47		00:49:18	00:48:44	
882	1321	FRANCISCO FIGUEIREDO	M	51		00:49:18	00:48:01	
883	691	FERNANDO JACINTO	M	47		00:49:19	00:49:14	GASOUTOS
884	4217	LUIS MONTEIRO	M	43		00:49:19	00:48:42	C MILLENNIUM BCP
885	1692	MIGUEL ALMEIDA	M	38		00:49:19	00:49:02	
886	4060	PEDRI DIAS	M	40		00:49:19	00:48:57	KEEP RUNNING
887	430	NUNO SILVA	M	36		00:49:20	00:47:03	
888	3975	RODRIGO FERREIRA	M	45		00:49:20	00:48:47	HP SOFTWARE
889	4010	CARLOS REIS	M	23		00:49:20	00:48:36	INDIVIDUAL
890	2591	MANUEL GONÇALVES	M	57		00:49:21	00:49:02	ESCOLA DO MOVIMENTO
891	3957	TAM AFONSO	M	61		00:49:21	00:48:59	AÇOREANA CLUBE BANIF
892	1283	GONÇALO VIEIRA	M	43		00:49:22	00:48:51	GEORUNNERS
893	570	JOSÉ RUA	M	42		00:49:22	00:49:09	FAMÍLIA VERDE
894	2011	PAULO ALVES	M	30		00:49:22	00:48:58	
895	1173	JOÃO TEIXEIRA	M	45		00:49:22	00:49:22	HAIRCUT2013
896	297	PAULO MARQUES	M	41		00:49:23	00:48:09	
897	706	SÉRGIO COSTA	M	45		00:49:24	00:49:24	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
898	774	JOÃO FERNANDES	M	33		00:49:25	00:49:13	
899	1416	ANDRÉ CATELA	M	19		00:49:26	00:48:20	
900	2740	MANUELA FONSECA	F	47		00:49:27	00:48:52	TARTARUGAS SOLIDÁRIAS
901	4626	ARMANDO ALDEGALEGA	M	76		00:49:27	00:49:27	SPORTING C P
902	3869	JOÃO FRIAS	M	47		00:49:28	00:49:09	AMIGOS ATLETISMO MAFRA
903	850	FERNANDA GIL	F	45		00:49:28	00:48:52	CDUL
904	421	DUARTE CARVALHO	M	20		00:49:28	00:49:13	OAK TEAM
905	3378	SÉRGIO ALVES	M	25		00:49:28	00:48:50	
906	1419	NUNO CATARRO	M	38		00:49:29	00:49:19	
907	2504	LUIS SILVA	M	39		00:49:29	00:48:58	
908	4402	ROMAO BANDARRINHA	M	76		00:49:29	00:47:04	INDIVIDUAL
909	2637	RUI FERREIRA	M	44		00:49:29	00:48:59	
910	1994	MANUEL BRÁS	M	56		00:49:30	00:47:55	
911	2000	SARA MENDES CATATÃO	F	43		00:49:31	00:48:37	
912	1999	JOÃO CATATÃO	M	44		00:49:31	00:48:37	
913	3403	JORGE AMARAL	M	46		00:49:31	00:49:31	
914	602	MÁRIO GONÇALVES	M	49		00:49:31	00:49:29	CCDMETROLX
915	1985	LUIS DUARTE	M	43		00:49:31	00:48:11	
916	1279	RICARDO LEAL	M	45		00:49:32	00:49:03	
917	452	PEDRO TOMÁS	M	42		00:49:32	00:48:07	
918	2258	NUNO MARTINS	M	37		00:49:32	00:48:53	
919	3731	ARTUR MARTINS	M	46		00:49:33	00:49:12	
920	2578	CARLA MENDES	F	38		00:49:33	00:47:49	TARTARUGAS SOLIDÁRIAS
921	1573	PEDRO TRALHÃO	M	30		00:49:33	00:46:30	
922	1089	MÁRIO SOUSA	M	35		00:49:34	00:47:31	
923	2652	DUARTE SOUSA REGO	M	29		00:49:34	00:49:00	GOLFINHOS
924	3539	HELDER ROMANO	M	49		00:49:35	00:49:05	
925	382	PEDRO RODRIGUES	M	40		00:49:36	00:49:18	
926	207	SILVINO LEMOS	M	52		00:49:36	00:49:30	
927	2177	CARLOS FACHADA	M	45		00:49:37	00:48:39	
928	385	JOSÉ TOMÁS	M	39		00:49:37	00:47:17	VALEJAS AC
929	1110	BENTO VALENTE	M	49		00:49:37	00:49:20	OS PERIGOSOS
930	550	MARCO VAZ	M	31		00:49:38	00:48:12	FALCÕES SELVAGENS
931	1532	ANDRÉ LEITE	M	24		00:49:38	00:47:36	G D C BANCO DE PORTUGAL
932	4514	ANTONIO FERREIRA	M	51		00:49:39	00:49:32	C FERROV PORTUGAL
933	3974	FILIPPE RIBEIRO	M	40		00:49:39	00:49:07	HP SOFTWARE
934	409	TELMO MATOS	M	24		00:49:40	00:47:56	G:D.C PORTO DE SINES
935	412	JOÃO MESTRE	M	25		00:49:40	00:47:55	
936	313	CARLOS PIRES	M	40		00:49:41	00:48:49	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
937	2146	FRANCISCO GOMES	M	31		00:49:42	00:49:42	
938	1933	ANTONIO RIBEIRO	M	49		00:49:43	00:49:14	
939	3942	HUMBERTO ROCHA BORGES	M	46		00:49:43	00:49:07	
940	278	FERNANDO CARVALHAO	M	34		00:49:44	00:48:55	
941	928	JOAQUIM BOTELHO	M	55		00:49:44	00:48:12	
942	212	GONÇALO BRITO	M	25		00:49:44	00:48:51	
943	2005	PEDRO MIGUEL MOTA MACEDO	M	31		00:49:45	00:48:09	
944	4443	JOAO BRANCO	M	34		00:49:46	00:48:17	INDIVIDUAL
945	39	FLORINDO SOUSA	M	47		00:49:47	00:48:41	C.C.R.D.BURINHOSA
946	1156	CARLOS MIGUEL CARVALHO PINTO	M	49		00:49:47	00:48:45	
947	1794	LUCA RANISE	M	44		00:49:47	00:48:39	
948	4442	NUNO MOTA	M	36		00:49:47	00:48:18	INDIVIDUAL
949	949	AMADEU BRIGAS	M	42		00:49:48	00:48:19	GRD RIBEIRA DA LAGE
950	2040	DIOGO MIRANDA	M	23		00:49:48	00:48:27	
951	927	JOÃO MARQUES	M	26		00:49:48	00:49:10	
952	396	PEDRO ANACLETO	M	45		00:49:48	00:49:42	
953	1681	PAULO PEREIRA	M	48		00:49:48	00:48:24	TARTARUGAS TEAM
954	2966	CARLOS ROCHA	M	50		00:49:49	00:48:36	
955	1719	PAULO ABREU	M	30		00:49:49	00:48:51	CROMOSSOMAS
956	1210	JOSÉ FARIA	M	45		00:49:49	00:48:35	
957	648	RUBEN GONÇALVES	M	35		00:49:49	00:48:45	CCD PM CASCAIS
958	1456	HELDER RODRIGUES	M	32		00:49:50	00:49:23	
959	2201	FIDEL CONDE	M	37		00:49:50	00:49:27	POWER RUN
960	2157	JOSÉ COELHO	M	64		00:49:51	00:49:51	
961	90	CAROLINA FELIZ	F	55		00:49:51	00:49:12	UNIÃO FCI DE TOMAR
962	4416	FABIO DIAS	M	17		00:49:51	00:48:06	SS MONTEPIO GERAL
963	1357	TIAGO OLIVEIRA	M	32		00:49:51	00:49:29	
964	897	JOÃO NUNES	M	32		00:49:51	00:48:39	
965	957	FERNANDO MIGUEL CANDEIAS ALMEIDA VIEIRA	M	40		00:49:52	00:48:28	
966	3618	JOÃO JUSTO	M	40		00:49:52	00:48:28	CLUBE DESPORTIVO RIBEIRENSE
967	3413	HELIO MOTA	M	34		00:49:52	00:48:12	
968	400	FERNANDA MARTINS	F	50		00:49:52	00:48:33	G:D.C PORTO DE SINES
969	2333	LUIS CAEIRO	M	28		00:49:52	00:49:21	GINÁSIO VIVÊNCIA EXPLOSIVA
970	2225	JOAO MACEDO	M	48		00:49:53	00:49:53	
971	2226	PAULO PATATAS	M	35		00:49:54	00:49:26	
972	3582	PEDRO PERALTA	M	36		00:49:54	00:48:37	
973	3952	ANDRÉ FIGUEIRAS CAETANO	M	29		00:49:54	00:48:00	
974	2595	PEDRO ANTÃO	M	24		00:49:55	00:48:26	
975	2160	CARLOS DE VASCONCELOS	M	55		00:49:55	00:49:48	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
976	853	OLIMPIO GUEDELHA	M	59		00:49:55	00:49:29	GRUPO AMIGOS ATLETISMO VFXIRA
977	3650	JOÃO TEIXEIRA-MARQUES	M	16		00:49:55	00:49:51	CORREDORES ANÓNIMOS
978	2084	PEDRO CONCEICAO	M	40		00:49:56	00:48:16	ROCKERS29
979	2545	CARLOS ALBERTO SANTOS COSTA	M	37		00:49:56	00:49:29	
980	1757	ANDRÉ MENDONÇA	M	31		00:49:57	00:49:26	ADRC MATA DE BENFICA
981	3541	JOSE PEREIRA	M	52		00:49:57	00:49:08	
982	3497	PEDRO CAETANO	M	42		00:49:58	00:49:15	
983	2713	ARTUR PINTO	M	37		00:49:58	00:46:58	FARMACIA URUGUAI ABERTO 24H
984	3891	JOSE RIBEIRO	M	41		00:49:58	00:49:04	
985	3496	ANA DIAS	F	42		00:49:58	00:49:13	
986	1371	FILIPE OLIVEIRA	M	39		00:49:59	00:48:13	
987	4243	FRANCISCO PEREIRA	M	47		00:49:59	00:48:33	AÇOREANA C BANIF
988	1461	JOÃO PEREIRA	M	52		00:49:59	00:49:04	
989	818	EDUARDO SANTOS	M	32		00:50:00	00:48:40	
990	156	ATLETA NÃO CADASTRADO	M	0		00:50:00	00:49:47	
991	996	CARLOS PRAZERES	M	35		00:50:01	00:47:19	
992	1358	ANA TEIXEIRA	F	26		00:50:02	00:49:42	
993	3985	VITOR AMARO	M	34		00:50:02	00:48:09	
994	2344	JOAO PAULO ALMEIDA	M	47		00:50:02	00:48:57	KANINOS
995	379	CARLOS MANUEL VASCONCELOS DIAS SILVA	M	40		00:50:03	00:48:38	
996	3507	LINO MARTINS	M	38		00:50:04	00:48:23	
997	1259	JOÃO CAIXINHA	M	25		00:50:05	00:47:04	
998	3751	ANA ISABEL VIGIA	F	43		00:50:06	00:49:30	
999	2890	MARIO RUI COSTA	M	38		00:50:07	00:49:22	GDC FONSECAS E CALÇADA
1000	2714	GUSTAVO SILVA	M	38		00:50:07	00:47:07	FARMACIA URUGUAI ABERTO 24H
1001	879	FRANCISCO SEMIÃO	M	46		00:50:08	00:49:25	SEMIÃO
1002	2156	ANA FRUTUOSO	F	40		00:50:08	00:48:27	
1003	1637	ANTÓNIO RAPOSO	M	48		00:50:08	00:49:17	
1004	4244	JACINTO PEREIRA	M	57		00:50:08	00:50:08	LIS RUNNING CPA
1005	4694	NUNO LOPES	M	39		00:50:09	00:50:09	INDIVIDUAL
1006	404	FREDERICO BOTELHO	M	28		00:50:09	00:48:38	
1007	1364	ANTÓNIO SIMÕES	M	50		00:50:10	00:50:07	G.D.R. SÃO FRANCISCO DA SERRA
1008	738	AGOSTINHO COSTA	M	49		00:50:11	00:49:43	
1009	737	JOÃO COSTA	M	26		00:50:11	00:49:43	
1010	26	MARIA MOCISSO	F	40		00:50:11	00:50:09	B.V. MONTEMOR-O-NOVO
1011	1915	MARIO LOPES	M	39		00:50:12	00:49:30	
1012	4061	JOSE ANDRADE	M	49		00:50:13	00:49:53	KEEP RUNNING
1013	2662	NUNO BEXIGA	M	29		00:50:14	00:49:16	
1014	243	PAULO OLIVEIRA	M	41		00:50:15	00:49:53	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1015	1134	SERGIO NUNES	M	38		00:50:15	00:49:08	
1016	2632	VALTER COSTA	M	23		00:50:16	00:46:42	
1017	3284	JACINTO BATISTA	M	54		00:50:16	00:49:14	
1018	619	ALBERTO ABREU	M	47		00:50:16	00:49:13	CCD PM CASCAIS
1019	1244	HUGO SOUSA	M	25		00:50:17	00:48:51	
1020	3666	PAULO PALMINHA	M	44		00:50:17	00:49:21	
1021	3840	MARK CAREY	M	39		00:50:17	00:49:45	
1022	1833	PEDRO GAGLIARDINI	M	26		00:50:18	00:49:11	HK GYM
1023	2802	SERGIO PINTO	M	32		00:50:18	00:47:51	SERVIÇOS SOCIAIS MONTEPIO GERA
1024	1831	JOÃO MARQUES	M	23		00:50:18	00:49:11	HK GYM
1025	1941	CARLOS MIMOSO	M	51		00:50:19	00:50:08	
1026	2886	CARLOS DIAS	M	49		00:50:19	00:49:16	
1027	2417	JOSÉ CARLOS FERREIRA NUNES	M	45		00:50:20	00:50:04	
1028	924	JOSÉ FERNANDES	M	37		00:50:20	00:49:26	GDCTUNICRE
1029	2013	EDUARDO RODRIGUES	M	44		00:50:21	00:49:37	
1030	301	MIGUEL AMARAL	M	39		00:50:22	00:47:19	CORRER LISBOA
1031	2790	JOSE PEDRO FERREIRA	M	41		00:50:23	00:48:33	SERVIÇOS SOCIAIS MONTEPIO GERA
1032	3326	JOSE CARLOS ARAUJO REGO	M	60		00:50:24	00:49:54	
1033	656	SANDRA VITORINO	F	41		00:50:24	00:49:56	SCUT
1034	654	ROSALIA SALDANHA	F	41		00:50:24	00:49:56	SCUT
1035	4123	FERNANDO LIMA	M	45		00:50:25	00:49:06	SS CGD
1036	3536	NUNO PARREIRA	M	26		00:50:25	00:49:39	
1037	1913	NELSON SOARES	M	35		00:50:25	00:50:07	
1038	2962	PEDRO SERRO	M	26		00:50:25	00:49:40	
1039	1253	VITOR MANUEL BRANCO AZEVEDO	M	35		00:50:26	00:49:15	
1040	1195	HUGO FERNANDES	M	32		00:50:27	00:48:54	
1041	2029	HUGO MIGUEL PAISANA DOMINGOS	M	36		00:50:29	00:49:57	LEBRES TEAM
1042	2030	FABIO MIGUEL NSACIMENTO CABRAL	M	32		00:50:29	00:49:57	LEBRES TEAM
1043	2550	FERNANDO JB FERNANDES	M	61		00:50:29	00:50:17	
1044	2823	ANTÓNIO CALHEIROS	M	36		00:50:29	00:49:21	
1045	1847	HELDER MENDES	M	38		00:50:30	00:49:17	SCALABIS NIGHT RUNNERS
1046	1727	ANTONIO FERREIRA	M	55		00:50:30	00:49:29	
1047	126	CARLOS HENRIQUE	M	47		00:50:30	00:49:45	
1048	2483	SÉRGIO MATOS	M	37		00:50:31	00:48:53	
1049	3669	CÉLIA SANTOS	F	36		00:50:32	00:48:58	CLUBE EDP - LISBOA
1050	2027	ISRAEL DIAS	M	34		00:50:34	00:49:25	
1051	826	PAULO SANTOS	M	39		00:50:34	00:48:58	JUVENTUDE DESP ALHANDRENSE
1052	4656	PAULO SIMOES	M	35		00:50:34	00:49:54	C M L
1053	506	JOÃO MIGUEL PINTO	M	19		00:50:35	00:47:49	CLUBE COLABORADORES AXA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1054	1633	JOÃO MONTEIRO	M	28		00:50:36	00:48:22	
1055	2436	HENRIQUE FERREIRA	M	32		00:50:36	00:45:26	
1056	1215	LUÍS RIBEIRO	M	34		00:50:37	00:49:24	
1057	2435	MANUEL SANTO	M	33		00:50:38	00:45:27	
1058	3959	JOÃO BARRETO	M	51		00:50:38	00:48:25	
1059	1074	TIAGO SALGUEIRO	M	37		00:50:38	00:49:30	
1060	2806	DAVID GONÇALVES	M	39		00:50:39	00:49:06	
1061	2222	ISABEL RODRIGUES	F	43		00:50:40	00:50:21	ADCR POLÍCIA JUDICIÁRIA
1062	742	CARLOS ALMEIDA	M	33		00:50:40	00:48:38	
1063	1993	VITOR CARDEIRA	M	48		00:50:41	00:50:09	
1064	2330	PAULO JORGE ROCHA DA SILVA	M	46		00:50:42	00:49:18	
1065	4447	RUI ANTUNES	M	27		00:50:43	00:50:26	INDIVIDUAL
1066	215	PAULO ESPERANÇA	M	42		00:50:44	00:50:13	
1067	3818	MARCO COSTA	M	38		00:50:45	00:49:38	
1068	1730	JORGE SILVA	M	20		00:50:46	00:48:52	
1069	1924	FILIPE GARCIA	M	46		00:50:46	00:50:46	
1070	1133	ANDRÉ PASCOAL	M	36		00:50:47	00:49:41	
1071	1124	GONÇALO RODRIGUES	M	40		00:50:47	00:49:54	
1072	3917	PAULO CURADO	M	36		00:50:48	00:48:43	
1073	647	PEDRO RAMOS	M	32		00:50:48	00:49:51	CCD PM CASCAIS
1074	118	JOÃO MARREIROS	M	44		00:50:49	00:49:45	
1075	185	NUNO OLIVEIRA	M	37		00:50:49	00:50:27	
1076	4569	RICARDO MAXIMO	M	29		00:50:49	00:50:08	UNICER
1077	4490	JOAO LEITE	M	29		00:50:50	00:49:23	INDIVIDUAL
1078	1590	NUNO BAIXINHO	M	39		00:50:51	00:50:27	
1079	2196	NUNO CRESPO	M	41		00:50:51	00:50:06	
1080	1142	MARCO GRAÇA	M	38		00:50:52	00:50:08	
1081	2976	LUÍS TAVARES	M	45		00:50:52	00:50:02	
1082	512	MARIA DE LURDES VENÂNCIO	F	50		00:50:53	00:50:17	CLUBE COLABORADORES AXA
1083	4346	JOAO GAVINO	M	45		00:50:54	00:50:28	BRILADA ULTRAS SPORTING
1084	1409	ANTÓNIO DUARTE	M	58		00:50:55	00:50:50	NAZA - ABOBODA
1085	2078	TANIA SARAIVA	F	30		00:50:56	00:50:50	
1086	3894	ANTONIETA SÁ	F	47		00:50:56	00:50:17	
1087	827	ANTONIO NOGUEIRA	M	48		00:50:57	00:50:42	
1088	1000	PAULO CALDEIRA	M	36		00:50:58	00:48:41	
1089	2467	ANTONIO ALVERCA	M	43		00:50:58	00:48:39	
1090	911	HUGO MAGALHÃES	M	39		00:50:59	00:49:59	
1091	1336	LUIS FARIA	M	51		00:50:59	00:50:45	
1092	1682	JOSÉ CAEIRO	M	33		00:51:00	00:49:35	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1093	1059	JOSÉ GALVEIA	M	61		00:51:01	00:50:42	
1094	2726	VITOR PIRES	M	35		00:51:01	00:45:34	
1095	4290	JOAO LOBO	M	31		00:51:02	00:49:51	GRUPO MARADONA
1096	2062	ANDRE MIGUEL	M	24		00:51:02	00:50:40	BLOCO DE ESTE
1097	1209	CARLOS GAIÃO	M	41		00:51:02	00:49:46	
1098	4178	JOSE FARINHA	M	39		00:51:03	00:45:54	C MILLENNIUM BCP
1099	2593	RICARDO MIGUEL SIMÕES ALMEIDA DE OLIVEIRA GODINHO	M	36		00:51:03	00:50:37	
1100	3528	VITOR SILVA	M	50		00:51:03	00:50:22	CLAC - ENTRONCAMENTO
1101	2064	FÁBIO AIRES	M	20		00:51:04	00:50:41	BLOCO DE ESTE
1102	3660	PAULO GONÇALVES	M	42		00:51:04	00:51:04	
1103	1720	PEDRO MATEUS	M	29		00:51:05	00:50:07	CROMOSSOMAS
1104	1563	BRUNO FERREIRA	M	38		00:51:05	00:50:20	
1105	4467	EDI RIBEIRO	M	24		00:51:05	00:50:17	INDIVIDUAL
1106	4454	AFONSO COSTA	M	51		00:51:07	00:50:04	INDIVIDUAL
1107	4646	CARLOS M N VIEIRA	M	30		00:51:07	00:50:18	INDIVIDUAL
1108	369	CLARA RAIMUNDO	F	38		00:51:07	00:50:45	PERNAS DE GAFANHOTO
1109	1535	HELDER COELHO	M	41		00:51:07	00:49:35	TOCA RUNNERS
1110	3866	CARLA JARDIM	F	41		00:51:08	00:50:47	AMIGOS ATLETISMO MAFRA
1111	1376	JOÃO VERÍSSIMO	M	56		00:51:09	00:50:12	
1112	3862	JOAO RODRIGUES	M	34		00:51:10	00:50:00	
1113	1482	GONÇALO CAEIRO	M	43		00:51:10	00:50:40	INFOSISTEMA RUNNING TEAM
1114	4423	LUIS SANCHEZ	M	55		00:51:10	00:50:45	SS CGD
1115	2827	ANTONIO CARDOSO	M	51		00:51:11	00:49:33	
1116	941	ANTONIO IRIA	M	46		00:51:11	00:49:41	CORRER LISBOA
1117	1377	NOEMIA MONTEIRO	F	39		00:51:11	00:50:14	
1118	929	JORGE MIGUEL P F FERREIRA	M	43		00:51:11	00:50:00	
1119	2050	TIAGO MAGALHÃES	M	35		00:51:12	00:50:02	RUNNERS DO TRAVESSEIRO
1120	3739	JOÃO TORRES	M	29		00:51:12	00:49:55	
1121	1368	NUNO GAMITO	M	36		00:51:12	00:50:01	G.D.R. SÃO FRANCISCO DA SERRA
1122	3365	ANTONIN BISMARA	M	40		00:51:12	00:49:33	
1123	1284	JOSÉ CHEIRA	M	53		00:51:13	00:49:57	
1124	3822	VÍTOR CANTO	M	44		00:51:13	00:50:25	
1125	981	JOÃO PAULO SANTOS	M	35		00:51:14	00:50:23	
1126	99	ANDRÉ WIBORG	M	55		00:51:15	00:49:47	VFF 1896
1127	709	PEDRO MALAQUIAS	M	34		00:51:16	00:50:53	
1128	3328	RICARDO BOAVENTURA	M	36		00:51:17	00:50:00	
1129	1760	NUNO GUERREIRO	M	30		00:51:17	00:49:33	ADRC MATA DE BENFICA
1130	3860	LUIS CHAGAS	M	26		00:51:17	00:49:52	AMIGOS DA MINI...
1131	3859	JOAO LOPES	M	34		00:51:17	00:49:51	AMIGOS DA MINI...

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1132	2303	LEONEL PIRES	M	70		00:51:17	00:49:59	3WALK'S
1133	4572	BERNARDO GAIVAO	M	28		00:51:17	00:49:45	UNICER
1134	3562	JORGE MIGUEL LOPES	M	40		00:51:17	00:50:19	
1135	3861	VALTER FORNO	M	33		00:51:18	00:49:52	AMIGOS DA MINI...
1136	155	JÚLIO ROBALO	M	51		00:51:18	00:49:58	GDINE
1137	1340	JOÃO HEITOR	M	43		00:51:18	00:50:30	
1138	3330	RUI DE CARVALHO	M	51		00:51:19	00:50:09	
1139	349	JOÃO ROSA	M	18		00:51:19	00:48:36	
1140	3692	DEN CHUANG	M	23		00:51:19	00:49:45	INDIVIDUAL
1141	3612	JOAQUIM MOURA	M	64		00:51:20	00:50:41	CLAC - ENTRONCAMENTO
1142	3939	DANIEL OLIVEIRA	M	38		00:51:20	00:49:16	
1143	429	NUNO DUARTE	M	31		00:51:21	00:49:06	
1144	2752	ALFREDO TEIXEIRA	M	29		00:51:22	00:49:00	
1145	2071	VITOR COIMBRA	M	44		00:51:23	00:50:23	
1146	183	RUI BARROS	M	45		00:51:23	00:50:31	
1147	2212	RICARDO MIRANDA	M	42		00:51:23	00:50:48	
1148	2535	EURICO SILVESTRE	M	35		00:51:24	00:47:43	
1149	1957	MANUEL PAULO	M	57		00:51:24	00:50:38	ODEBRECHT PORTUGAL
1150	3979	RUI CARVALHO	M	29		00:51:25	00:49:37	
1151	3889	CARLOSV MENDES	M	48		00:51:25	00:50:39	
1152	2236	NUNO GOMES	M	39		00:51:26	00:51:14	TURBINADOS
1153	20	MANUEL ANTONIO	M	54		00:51:26	00:51:21	B. V. DE MONTEMOR-O-NOVO
1154	3768	EUGENIO BARRA	M	52		00:51:26	00:49:55	COMDOR RUNNER'S
1155	3972	FERNANDO RIO MAIOR	M	45		00:51:27	00:50:54	
1156	539	ANA MARIA MARTINS	F	47		00:51:28	00:50:45	FALCÕES SELVAGENS
1157	1927	ANTÓNIO ASSENTIZ	M	37		00:51:28	00:50:30	OS GALGOS DE TANCOS
1158	1698	RICARDO ROSA	M	33		00:51:29	00:47:30	
1159	1309	MIGUEL MELO	M	26		00:51:29	00:49:29	
1160	1389	MARTA ANSELMO	F	42		00:51:30	00:50:07	
1161	2422	ANTÓNIO LIMA	M	51		00:51:31	00:51:21	FORÇA SPORTING
1162	1112	DAVID PEREIRA	M	20		00:51:31	00:51:31	OS PERIGOSOS
1163	3762	RICARDO RAMOS	M	39		00:51:31	00:49:46	
1164	2996	PAULO PONTES	M	37		00:51:31	00:50:29	
1165	529	NUNO ANASTÁCIO	M	35		00:51:32	00:49:49	CCD SINTRENSE
1166	1462	JOÃO TORRADO	M	65		00:51:32	00:50:37	
1167	517	PEDRO ANTÓNIO PELEJA	M	41		00:51:32	00:50:45	CLUBE COLABORADORES AXA
1168	1725	RUI MIGUEL GAMEIRO	M	41		00:51:33	00:51:00	
1169	3518	JOSÉ MARIA PEDRO	M	60		00:51:33	00:49:44	
1170	1815	JOÃO REGO	M	20		00:51:33	00:50:08	BARÕES

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1171	2840	GABRIEL COSTA	M	19		00:51:34	00:51:14	JACKANDGABIRU
1172	49	PAULO RAINHO	M	40		00:51:34	00:51:16	C.C.R.D.BURINHOSA
1173	3960	EUNICE AMORIM	F	48		00:51:34	00:49:20	
1174	1202	JOÃO COSTA	M	43		00:51:35	00:50:49	ADCR POLÍCIA JUDICIÁRIA
1175	4450	ANDRE TEIXEIRA	M	23		00:51:35	00:48:53	INDIVIDUAL
1176	2452	NUNO SIMÕES	M	36		00:51:35	00:51:12	CCD CRÉDITO AGRÍCOLA MÚTUO
1177	2454	JOSÉ LUIS VIDAIS	M	45		00:51:35	00:51:22	CCD CRÉDITO AGRÍCOLA MÚTUO
1178	2449	ANDREIA RODRIGUES	F	38		00:51:35	00:51:22	CCD CRÉDITO AGRÍCOLA MÚTUO
1179	563	JOÃO DUARTE BATISTA FERNANDES	M	66		00:51:35	00:50:58	
1180	2278	JOÃO CASTELHANO	M	28		00:51:36	00:50:44	
1181	4341	ANDRE RIBEIRO	M	24		00:51:36	00:51:11	BRILADA ULTRAS SPORTING
1182	359	TELMO CARREIRA	M	30		00:51:37	00:50:48	
1183	3867	FERNANDA COSTA	F	52		00:51:37	00:51:19	AMIGOS ATLETISMO MAFRA
1184	1797	JOÃO RODRIGUES	M	36		00:51:39	00:51:23	CCD LOURES -CORRER PARA VIVER+
1185	1560	ARMANDO MARTINS	M	51		00:51:39	00:50:55	
1186	1902	ANDRÉ BATOCA	M	19		00:51:40	00:49:57	
1187	2679	LUIS MENDES	M	36		00:51:40	00:50:16	
1188	578	ALICE MACHADO	F	56		00:51:40	00:50:48	LINDA-A-PASTORA SPORTING CLUBE
1189	969	JOANA COTOVIO	F	18		00:51:41	00:51:41	
1190	1407	BRUNO JESUS	M	40		00:51:41	00:49:45	
1191	970	MÁRCIA PEDRO	F	18		00:51:41	00:51:41	
1192	170	FRANCISCO SANTIS	M	36		00:51:42	00:50:37	
1193	1388	JOÃO MARINHO	M	33		00:51:42	00:51:08	
1194	2785	JOAO CARLOS SANTOS	M	34		00:51:42	00:48:25	SERVIÇOS SOCIAIS MONTEPIO GERA
1195	4023	JORGE LEITE	M	45		00:51:42	00:50:25	INDIVIDUAL
1196	3636	PEDRO PEREIRA	M	26		00:51:43	00:51:20	
1197	1981	GUILHERME DUARTE	M	27		00:51:43	00:49:47	
1198	3444	MIGUEL MONTALVÃO	M	42		00:51:44	00:48:58	
1199	1817	JOANA PEREIRA	F	21		00:51:44	00:51:44	BARÕES
1200	1818	VERA VAZ	F	20		00:51:44	00:51:44	BARÕES
1201	2340	CARLOS SILVA	M	47		00:51:44	00:51:09	
1202	4127	JOSE ALVES	M	64		00:51:45	00:49:19	SS CGD
1203	2908	DANIELA COSTA	F	27		00:51:45	00:51:45	
1204	677	JOÃO VAGOS	M	39		00:51:46	00:50:24	
1205	1057	DINIS RIBAS	M	43		00:51:46	00:50:07	
1206	745	HUGO RIBEIRO	M	40		00:51:48	00:49:55	
1207	1447	JOSE LOUREIRO	M	49		00:51:48	00:50:55	APOGMA
1208	4560	FILIPE M S V FREIRE	M	36		00:51:50	00:50:32	LEXUS
1209	459	LUIS MIGUEL PEREIRA MARTINS	M	40		00:51:51	00:50:22	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1210	4507	ALEXANDRE LEIRIA	M	40		00:51:51	00:50:28	INDIVIDUAL
1211	1876	MIGUEL DIAS	M	18		00:51:52	00:50:54	SPORTING CLUBE MOITENSE
1212	54	NUNO GALVÃO	M	51		00:51:52	00:51:00	SEGUNDA QUARTA SEXTA
1213	1391	LUÍS DUARTE	M	47		00:51:53	00:51:28	
1214	2329	ORLANDO AUGUSTO DOS SANTOS SILVA	M	43		00:51:54	00:49:21	
1215	781	RUI HENRIQUES	M	27		00:51:54	00:51:06	
1216	1751	JOAQUIM PALMEIRO	M	44		00:51:54	00:50:21	
1217	3946	JOAQUIM CARRILHO	M	35		00:51:54	00:50:55	
1218	3713	JOÃO MIGUEL FERREIRA CALDEIRA	M	27		00:51:54	00:48:38	
1219	3754	ALBERTO XAVIER	M	34		00:51:55	00:50:25	RUNFORYOURJOLA
1220	4288	BRUNO LOBO	M	36		00:51:56	00:50:47	GRUPO MARADONA
1221	204	CARLOS COSTA	M	49		00:51:57	00:51:10	
1222	909	PAULO LOBATO DUARTE	M	49		00:51:57	00:50:59	GDCT UNICRE
1223	1665	RUI ALVES	M	39		00:51:57	00:51:43	
1224	480	JOSÉ PEDRO FERRABELO	M	61		00:51:57	00:50:55	ASAS
1225	2254	SÉRGIO GALÓ	M	34		00:51:58	00:51:08	OPTICALIA RUNNING TEAM
1226	2466	NUNO MARTINS	M	37		00:51:59	00:50:52	
1227	3637	FERNANDO MENDES	M	43		00:52:00	00:50:37	
1228	965	NELSON PINTO	M	36		00:52:00	00:49:45	SPORT 4FUN RUNNING
1229	1737	MÁRIO PEREIRA	M	42		00:52:00	00:51:45	
1230	1671	PAULO FERREIRA	M	40		00:52:01	00:49:18	
1231	4136	PEDRO CLAUDIO	M	46		00:52:01	00:50:14	SS CGD
1232	4116	ANDRE COELHO	M	31		00:52:01	00:50:14	SS CGD
1233	2063	DIOGO GUERREIRO	M	25		00:52:01	00:51:38	BLOCO DE ESTE
1234	1609	VASCO PEREIRA	M	50		00:52:02	00:50:14	
1235	2542	ARTUR VICENTE	M	36		00:52:02	00:51:10	
1236	1816	MIGUEL PASSOS	M	41		00:52:03	00:50:25	
1237	69	VITORINO PEDROSO	M	55		00:52:03	00:51:08	C.C.R.D.BURINHOSA
1238	1201	FILIPA FERNANDES	F	31		00:52:04	00:51:00	
1239	854	JOSE SERAFIM	M	58		00:52:04	00:51:39	GRUPO AMIGOS ATLETISMO VFXIRA
1240	3268	BRUNO RODRIGUES	M	38		00:52:07	00:49:58	
1241	4502	JORGE FARINHA	M	54		00:52:08	00:52:05	INDIVIDUAL
1242	240	MÁRIO DIAS MONTEIRO	M	41		00:52:08	00:50:37	MEGATREFES
1243	3479	HÉLDER GUERREIRO	M	37		00:52:09	00:51:04	
1244	238	NUNO ANTUNES	M	37		00:52:09	00:50:38	MEGATREFES
1245	982	ANDRÉ APARÍCIO	M	38		00:52:10	00:51:19	
1246	988	FERNANDO GRAÇA	M	45		00:52:10	00:50:33	
1247	2647	TIAGO NEVES	M	24		00:52:10	00:50:25	
1248	4168	TIAGO SANTO	M	20		00:52:10	00:51:07	C MILLENNIUM BCP

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1249	1872	HÉLIO SERRA	M	32		00:52:10	00:51:25	SPORTING CLUBE MOITENSE
1250	1873	ANTÓNIO PRIMOR	M	72		00:52:10	00:51:26	SPORTING CLUBE MOITENSE
1251	4086	NUNO PEREIRA	M	36		00:52:11	00:50:22	C BENFICA ALG M MARTINS
1252	1762	CARLOS RITO COSTA	M	45		00:52:11	00:50:57	
1253	3372	LUIS GUERREIRO	M	42		00:52:11	00:49:41	
1254	1878	ISIDRO SERRA	M	59		00:52:11	00:51:25	SPORTING CLUBE MOITENSE
1255	1239	NUNO COSTA	M	41		00:52:12	00:50:03	
1256	4281	PAULO LEAL	M	42		00:52:12	00:50:37	INDIVIDUAL
1257	4463	PEDRO FIGUEIREDO	M	41		00:52:12	00:52:12	INDIVIDUAL
1258	1145	CARLOS OLIVEIRA	M	39		00:52:13	00:50:27	
1259	3858	MANUEL PEREIRA	M	32		00:52:13	00:51:38	
1260	2379	LUÍS MATOS	M	45		00:52:14	00:51:46	
1261	4539	HAROUN CHERIF	M	39		00:52:14	00:46:49	A BOLA
1262	162	LUÍS REIS	M	59		00:52:15	00:52:03	GDINE
1263	1713	LUDGERO SANTANA	M	51		00:52:15	00:50:50	
1264	1404	PEDRO CARRASQUEIRA	M	33		00:52:16	00:50:46	
1265	3634	MIGUEL TRAVANCA	M	47		00:52:16	00:50:38	
1266	3712	PEDRO SANTOS	M	26		00:52:16	00:49:54	
1267	2551	MANUEL CASIMIRO	M	54		00:52:16	00:50:38	
1268	3279	LUIS PEREIRA	M	52		00:52:16	00:52:09	
1269	3729	JOSÉ VIAIS	M	56		00:52:16	00:51:58	
1270	1810	DIOGO GONÇALVES	M	32		00:52:17	00:50:55	
1271	4417	CARLOS LEITAO	M	51		00:52:17	00:50:30	SS CGD
1272	4083	LUIS ROUSSADO	M	44		00:52:17	00:50:28	C BENFICA ALG M MARTINS
1273	1307	PEDRO FERRAZ	M	40		00:52:18	00:51:29	PEDROS
1274	779	ALEXANDRE PAULO	M	35		00:52:18	00:49:21	
1275	4135	PAULO BONACHO	M	42		00:52:18	00:51:59	SS CGD
1276	1045	RUI COSTA	M	32		00:52:19	00:51:11	
1277	4318	NUNO LOPES	M	30		00:52:19	00:50:43	INDIVIDUAL
1278	4050	RUI MAGINA	M	34		00:52:19	00:51:35	INDIVIDUAL
1279	4648	EDIO BRAGA	M	56		00:52:19	00:50:25	INDIVIDUAL
1280	2270	NUNO SILVA CARVALHO	M	50		00:52:19	00:51:31	
1281	2789	JOSE CARLOS GASPAR	M	55		00:52:20	00:50:30	SERVIÇOS SOCIAIS MONTEPIO GERA
1282	4088	NUNO RAFAEL	M	34		00:52:20	00:50:31	C BENFICA ALG M MARTINS
1283	475	CARLOS SANTOS	M	45		00:52:21	00:51:31	ASAS
1284	476	JOSÉ D.MARTINS	M	56		00:52:21	00:51:31	ASAS
1285	2763	PEDRO LARANJEIRA	M	46		00:52:22	00:51:46	
1286	3823	MIGUEL SANTOS	M	41		00:52:23	00:50:14	
1287	2897	ADÉLIO CÂMARA	M	35		00:52:23	00:50:03	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1288	3631	JORGE SILVA	M	39		00:52:24	00:50:25	
1289	851	JOÃO LUIS	M	43		00:52:24	00:51:48	CDUL
1290	2586	PEDRO ESTEVES	M	37		00:52:24	00:50:14	LEBRES DO SAGITÁRIO
1291	775	NUNO DIAS	M	30		00:52:25	00:50:10	
1292	963	ANTÓNIO MANUEL JESUS SOUSA	M	43		00:52:25	00:51:52	
1293	1180	ARLINDO MANUEL LOPES SALGUEIRO	M	51		00:52:25	00:51:44	
1294	4306	RUBEN FERNANDES	M	32		00:52:25	00:51:29	INDIVIDUAL
1295	1802	ANDRÉ LOURENÇO	M	33		00:52:26	00:50:16	BOM PETISCO
1296	3396	PEDRO PINTO	M	28		00:52:26	00:50:46	G D C BANCO DE PORTUGAL
1297	1311	CARLOS SILVA	M	57		00:52:26	00:52:09	
1298	3417	JOSÉ MARIANO	M	47		00:52:27	00:51:59	
1299	3466	ROGÉRIO CIRÍACO	M	38		00:52:28	00:51:02	
1300	1022	NUNO ALMEIDA	M	36		00:52:29	00:51:59	OS MANOS
1301	1251	MANUEL DEUS	M	50		00:52:29	00:49:53	
1302	3771	MARIO RAMOS	M	56		00:52:30	00:51:17	
1303	1132	ORLANDO MANUEL MESTRE CRUZ	M	65		00:52:30	00:52:24	
1304	4504	ARTUR GOMES	M	68		00:52:30	00:50:27	INDIVIDUAL
1305	2980	ANTONIO VIEIRA	M	65		00:52:31	00:50:09	
1306	1514	JORGETESTOS	M	30		00:52:31	00:51:07	G D C BANCO DE PORTUGAL
1307	3807	RICARDO ONOFRE	M	37		00:52:31	00:51:41	
1308	393	RUI AMARAL PINTO	M	62		00:52:34	00:52:23	VIP16
1309	1791	SUSANA FREITAS	F	37		00:52:34	00:52:20	CCD LOURES -CORRER PARA VIVER+
1310	2035	JOÃO JORGE	M	47		00:52:35	00:51:03	JOBRINDE - MONTES SALOIOS
1311	1534	RUI BORRALHO	M	40		00:52:35	00:51:02	G D C BANCO DE PORTUGAL
1312	955	GUMERSINDO GIL	M	38		00:52:36	00:51:31	
1313	1257	DIOGO ANTUNES	M	26		00:52:36	00:49:36	
1314	642	BRUNO SANTOS	M	32		00:52:36	00:51:21	CCD PM CASCAIS
1315	1488	ALEXANDRE LEE	M	37		00:52:36	00:52:27	INFOSISTEMA RUNNING TEAM
1316	62	VITOR MATEUS	M	45		00:52:36	00:51:04	(NOME DA EQUIPA)
1317	2665	MÁRIO DUARTE	M	41		00:52:36	00:51:24	
1318	1480	JORGE MENDES	M	39		00:52:36	00:50:35	INFOSISTEMA RUNNING TEAM
1319	793	MIGUEL MONTEIRO FERNANDES	M	40		00:52:37	00:51:36	
1320	2831	FLAVIO GAMBOA	M	33		00:52:37	00:50:59	
1321	2469	JOSÉ VARANDA	M	28		00:52:37	00:51:00	
1322	1446	HELDER GANDARINHO	M	45		00:52:37	00:50:44	APOGMA
1323	3293	PEDRO GONÇALVES	M	38		00:52:38	00:51:27	
1324	4038	ANTONIO MOEDA	M	55		00:52:38	00:51:16	INDIVIDUAL
1325	4188	HUMBERTO CABRAL	M	42		00:52:39	00:50:28	C MILLENNIUM BCP
1326	3943	MIGUEL ARAÚJO	M	40		00:52:40	00:51:40	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1327	1657	SERGIO BORGES	M	42		00:52:40	00:51:21	NUCLEO DESPORTIVO AUTOCOOPE
1328	3962	PEDRO SILVA	M	42		00:52:40	00:51:01	
1329	4225	MARIO MENDES	M	50		00:52:41	00:52:20	C MILLENNIUM BCP
1330	2894	RUI BRILHANTE	M	39		00:52:41	00:51:28	GANHA...DORES
1331	1672	DOMINGOS FARINHO	M	37		00:52:41	00:49:23	
1332	959	ANTONIO SILVA	M	35		00:52:42	00:51:01	
1333	4677	BRUNO FERREIRA CRUZ	M	30		00:52:42	00:52:10	
1334	302	SANDRO PRATES	M	35		00:52:42	00:50:30	
1335	2778	ANTONIO FRANCO	M	49		00:52:43	00:50:53	SERVIÇOS SOCIAIS MONTEPIO GERA
1336	4678	RUBEN BENJAMIM CORREIA	M	30		00:52:43	00:52:10	INDIVIDUAL
1337	3296	PEDRO FARRACHO SILVA	M	31		00:52:43	00:49:34	OS PEDRO SILVA
1338	3297	PEDRO NOGUEIRA DA SILVA	M	33		00:52:43	00:49:34	OS PEDRO SILVA
1339	4069	JORGE JESUS	M	61		00:52:44	00:52:15	C BENFICA ALG M MARTINS
1340	778	RENATO VEIGA	M	36		00:52:44	00:49:48	
1341	2653	MIGUEL SOUSA REGO	M	22		00:52:45	00:52:11	GOLFINHOS
1342	1879	JOSÉ SAPO	M	65		00:52:45	00:51:23	SPORTING CLUBE MOITENSE
1343	428	PEDRO FERREIRA	M	38		00:52:45	00:50:28	
1344	2415	ALICE PAIS	F	42		00:52:46	00:51:02	
1345	91	MANUEL MARTINS	M	60		00:52:46	00:51:13	UNIÃO FCI DE TOMAR
1346	896	BRUNO AZAMBUJO	M	43		00:52:47	00:51:23	
1347	1335	PATRÍCIA SANTOS	F	29		00:52:47	00:51:18	
1348	2528	RICARDO JORGE AMARAL GOMES	M	37		00:52:49	00:51:37	
1349	953	JOÃO GRAÇA	M	47		00:52:49	00:50:23	
1350	1152	RUI PEDRO RODRIGUES	M	40		00:52:50	00:51:41	
1351	1856	JORGE MENDES	M	40		00:52:50	00:52:15	CARACÓIS DE PEDRA
1352	1809	PEDRO BAIONA	M	32		00:52:50	00:51:29	
1353	1880	PEDRO CAPELAS	M	45		00:52:51	00:51:55	SPORTING CLUBE MOITENSE
1354	125	LUCILIA	F	31		00:52:52	00:51:19	CORRER LISBOA
1355	2166	PAULO SALSA	M	36		00:52:52	00:52:08	
1356	799	JOSÉ CARRETAS	M	49		00:52:53	00:52:30	
1357	801	RUI RIJO	M	45		00:52:53	00:52:30	
1358	2538	GUSTAVO VICENTE	M	44		00:52:53	00:51:12	CORRER LISBOA
1359	2761	NUNO	M	38		00:52:53	00:50:19	
1360	4649	RUI MOTA	M	30		00:52:54	00:52:42	UNICER
1361	3651	JOÃO DIAS	M	25		00:52:54	00:50:56	
1362	221	MÁRIO BORGES	M	56		00:52:55	00:51:36	CLUBE ROBBIALAC
1363	1486	ANA FONSECA	F	38		00:52:55	00:52:33	ESCOLA ATLETISMO RUI SILVA
1364	3356	EDGAR ALVES	M	21		00:52:55	00:52:35	
1365	4052	BRUNO BRAZ	M	35		00:52:55	00:50:30	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1366	1398	LUIS CUSTÓDIO	M	46		00:52:56	00:52:24	
1367	199	RAÚL COSTA	M	53		00:52:57	00:51:40	CLUBE ROBBIALAC
1368	1623	JOSÉ VIANA	M	39		00:52:57	00:52:57	
1369	1988	FLÁVIO NEVES	M	30		00:52:57	00:51:50	
1370	307	JOÃO FRANÇA	M	21		00:52:58	00:50:35	
1371	1728	JOSÉ CARLOS DO NASCIMENTO MONTEIRO	M	49		00:52:58	00:51:25	
1372	813	RUI ROMÃO	M	49		00:52:58	00:50:29	
1373	2319	BRUNO BARRAN	M	40		00:52:58	00:51:38	
1374	4325	ANTONIO FRANÇA	M	52		00:52:58	00:50:35	INDIVIDUAL
1375	2070	PAULO PINHEIRO	M	20		00:52:59	00:50:42	
1376	2241	HUGO RATINHO	M	32		00:52:59	00:51:47	
1377	4520	JOAQUIM GRILO	M	58		00:53:00	00:51:11	C BENFICA ALG M MARTINS
1378	2401	TOMÁS TEIGÃO	M	29		00:53:00	00:48:59	
1379	1437	RUI IVO LOPES	M	42		00:53:01	00:51:51	
1380	777	PAULO SILVA	M	53		00:53:01	00:50:10	
1381	3988	JOÃO PAULO PRIOLÉ	M	47		00:53:01	00:52:10	
1382	4113	NUNO COSTA	M	39		00:53:02	00:50:55	SS CGD
1383	2042	FILIPPE ROBERT LOPES	M	33		00:53:02	00:51:10	
1384	1522	JOAQUIM BORRALHO	M	67		00:53:03	00:51:30	G D C BANCO DE PORTUGAL
1385	2231	VIRGILIO CORREIA	M	52		00:53:03	00:51:43	
1386	920	CARLOS VIEIRA	M	44		00:53:04	00:52:35	HIDRENKI
1387	921	ELISA MONTEIRO	F	37		00:53:04	00:52:35	HIDRENKI
1388	2103	AVELINO VESTIAS	M	64		00:53:05	00:53:05	
1389	4523	JOSE COUTO	M	62		00:53:05	00:49:48	C BENFICA ALG M MARTINS
1390	2929	ARMINDO RODRIGUES	M	47		00:53:06	00:52:17	G. RECREATIVO JANZ ASSOCIADOS
1391	3505	CARLOS BEITES	M	32		00:53:08	00:52:24	
1392	3357	FRANCISCO MACHETA	M	42		00:53:08	00:51:31	
1393	2034	ANTÓNIO LUIS	M	46		00:53:08	00:51:35	JOBRINDE - MONTES SALOIOS
1394	3961	JOSÉ REIS	M	60		00:53:08	00:50:57	
1395	1510	GILBERTO CONÇALVES	M	65		00:53:08	00:51:45	CLUBE ATLETISMO AMIGOS BELÉM
1396	2350	RODRIGO GOMES	M	36		00:53:09	00:51:38	
1397	3313	RUI ABREU	M	67		00:53:09	00:49:35	CITROEN RUN
1398	3884	ANDERSON NOGUEIRA	M	32		00:53:10	00:50:38	
1399	1649	CARLOS FERREIRA	M	57		00:53:10	00:52:08	NUCLEO DESPORTIVO AUTOCOOPE
1400	2510	PAULO SANTOS	M	42		00:53:10	00:51:56	
1401	3350	PAULO CALDEIRA	M	35		00:53:10	00:52:19	
1402	4492	FILIPPE SOUSA	M	36		00:53:11	00:51:42	INDIVIDUAL
1403	3483	VIRGÍLIO OLIVEIRA	M	42		00:53:11	00:51:02	LEBRES DO SAGITÁRIO
1404	2860	PEDRO LOURENÇO	M	24		00:53:12	00:52:46	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1405	3322	ANTONIO FONSECA PEREIRA	M	49		00:53:13	00:52:28	
1406	2693	CARLOS BRAGANÇA	M	34		00:53:15	00:51:47	
1407	104	BERNARDO ELISEU	M	39		00:53:16	00:51:28	BREAKAWAY
1408	2885	ULISSES DE SOUSA	M	35		00:53:17	00:51:55	
1409	2937	JOSÉ BERNARDINO	M	62		00:53:17	00:51:03	
1410	3004	ANALICE SILVA	F	70		00:53:17	00:53:17	
1411	1862	RODOLFO SILVA	M	34		00:53:18	00:53:03	SCALABIS NIGHT RUNNERS
1412	901	CARLOS M VIEGAS	M	52		00:53:18	00:52:04	
1413	2167	SÉRGIO BRAGANÇA	M	39		00:53:19	00:52:49	
1414	2702	DIOGO SANTOS	M	31		00:53:19	00:51:22	
1415	4362	ALFREDO LOURENÇO	M	53		00:53:20	00:52:45	INDIVIDUAL
1416	2598	PAULO FERNANDO GODINHO	M	43		00:53:21	00:52:13	
1417	43	LUIS CONCEIÇÃO	M	54		00:53:21	00:52:32	C.C.R.D.BURINHOSA
1418	135	LUÍS FARIAS	M	27		00:53:22	00:52:22	GALHARDENSE PÉS DE CHUMBO
1419	4436	JOAQUIM FERNANDES	M	64		00:53:22	00:52:42	CCDT AUT ALMADA
1420	2386	GONÇALO FERNANDES	M	39		00:53:23	00:49:49	
1421	3581	NUNO MIGUEL BATISTA MARTINS	M	42		00:53:23	00:52:12	
1422	4426	NUNO VALADA	M	43		00:53:23	00:51:19	SS CGD
1423	2570	PEDRO CASTRO	M	44		00:53:23	00:48:33	
1424	2896	BRUNO CAMPOS	M	33		00:53:23	00:52:49	
1425	843	PAULO SILVESTRE	M	45		00:53:24	00:52:47	
1426	272	ANDRÉ SANTOS	M	37		00:53:25	00:52:11	
1427	3599	IVO MIGUEL MENDES LALIM	M	30		00:53:25	00:47:59	
1428	1448	PAULO PIRES	M	49		00:53:25	00:52:36	APOGMA
1429	3992	MIGUEL CASTELA	M	43		00:53:26	00:49:58	ASS. DE ATLETISMO LEBRES SADO
1430	2470	RICARDO SANTOS	M	34		00:53:27	00:51:50	
1431	4214	LEONEL BRANDAO	M	47		00:53:27	00:53:20	C MILLENNIUM BCP
1432	3640	ANA PAULA ABEGÃO	F	45		00:53:27	00:52:44	CLAC - ENTRONCAMENTO
1433	1296	VASCO ARMES	M	42		00:53:27	00:51:48	
1434	492	NUNO WONG	M	34		00:53:28	00:51:05	
1435	1903	RICARDO SIMÕES	M	28		00:53:28	00:51:09	
1436	165	VALTER REIS	M	36		00:53:29	00:51:55	GDINE
1437	4220	JOAO RAMOS	M	19		00:53:29	00:52:29	C MILLENNIUM BCP
1438	4700	JOSE CARDOSO	M	57		00:53:30	00:52:12	INDIVIDUAL
1439	857	CARLOS MIRA	M	43		00:53:31	00:51:39	GRUPO AMIGOS ATLETISMO VFXIRA
1440	60	GONÇALO ANTUNES	M	35		00:53:31	00:51:14	
1441	1845	JOSÉ LEITÃO	M	41		00:53:32	00:53:06	
1442	29	NUNO COSTA	M	19		00:53:32	00:50:33	
1443	1093	AMÉRICO CARVALHO	M	41		00:53:33	00:52:20	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1444	1333	DANIEL CABRAL	M	27		00:53:33	00:52:04	
1445	4238	CARLOS LOPES	M	40		00:53:34	00:53:32	AMINHACORRIDA.COM
1446	4613	JOSE LIBORIO	M	52		00:53:35	00:52:13	INDIVIDUAL
1447	660	ANGELO FERREIRA	M	49		00:53:35	00:52:59	
1448	4385	HELDER CARDOSO	M	40		00:53:35	00:53:09	INDIVIDUAL
1449	1834	JOÃO GRILO	M	33		00:53:36	00:52:29	HK GYM
1450	4455	JORGE MARQUES	M	61		00:53:36	00:52:01	INDIVIDUAL
1451	808	JORGE MORGADO	M	50		00:53:38	00:52:09	
1452	800	MARTA ANDRADE	F	37		00:53:38	00:52:41	
1453	2571	MARCO PIRES	M	37		00:53:38	00:49:33	
1454	403	PAULO GOMES	M	52		00:53:38	00:52:40	G:D.C PORTO DE SINES
1455	1615	JOÃO AFONSO	M	43		00:53:39	00:51:16	
1456	2486	RICARDO CARVALHO	M	31		00:53:39	00:51:20	
1457	3349	NUNO BARRETO	M	41		00:53:40	00:52:26	
1458	3963	PEDRO NISA	M	39		00:53:40	00:52:46	
1459	4162	MARIA MOTA	F	49		00:53:40	00:52:52	A VALE SILENCIO
1460	1174	PAULO PADRÃO	M	46		00:53:41	00:53:26	HAIRCUT2013
1461	2623	ANTÓNIO ALMEIDA	M	31		00:53:42	00:53:22	
1462	4024	RUI REIS	M	49		00:53:42	00:51:24	INDIVIDUAL
1463	4682	CARLOS M A N SILVA	M	49		00:53:42	00:52:30	INDIVIDUAL
1464	1825	ORLANDO COUTO	M	59		00:53:43	00:53:22	
1465	1774	PEDRO CÉSAR	M	40		00:53:43	00:52:27	
1466	482	ISAC DINIS	M	63		00:53:43	00:52:39	ASAS
1467	1773	FERNANDO SILVA	M	51		00:53:44	00:52:14	
1468	1208	JORGE PAULINO	M	58		00:53:44	00:52:15	
1469	4246	AUGUSTO FERREIRA	M	65		00:53:45	00:53:27	INDIVIDUAL
1470	1014	LUÍS PINTO	M	40		00:53:45	00:52:03	
1471	1265	PEDRO ALMEIDA	M	55		00:53:45	00:52:21	
1472	2748	PAULO GONÇALVES	M	46		00:53:46	00:50:32	NB RUN
1473	58	ARLINDO PARRA	M	53		00:53:46	00:51:13	CLUBE EDP - LISBOA
1474	3347	JOÃO PEDRO	M	42		00:53:46	00:52:03	
1475	1616	LUIS ANDRADE	M	41		00:53:47	00:51:24	
1476	466	JOÃO FERREIRA	M	35		00:53:47	00:50:56	NACIONAL FITNESS
1477	3522	ANTÓNIO JM SERRA	M	54		00:53:48	00:51:32	
1478	2264	PEDRO MACHADO	M	39		00:53:48	00:53:42	
1479	4696	EDUARDO ROMANA	M	46		00:53:48	00:51:49	INDIVIDUAL
1480	2092	BRUNO GARCIA	M	34		00:53:49	00:51:13	METRALHA BROTHER'S
1481	197	BRUNO AMARO	M	35		00:53:49	00:52:42	
1482	198	LUÍSA RIBEIRO	F	48		00:53:50	00:52:43	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1483	426	HELDER ALEXANDRE MIRANDA DOS REIS RODRIGUES	M	40		00:53:50	00:51:46	
1484	1706	TIAGO BALEIZA	M	24		00:53:52	00:53:25	BICOLES
1485	3327	RUI LUIS	M	36		00:53:53	00:52:35	
1486	2093	ANTÓNIO GAMEIRO	M	40		00:53:56	00:51:20	METRALHA BROTHER'S
1487	2191	PEDRO SILVA	M	37		00:53:58	00:51:12	
1488	1160	JOÃO JOSÉ DIAS BARROSO INFANTE	M	52		00:53:58	00:53:25	
1489	2235	VITOR COSTA	M	41		00:53:58	00:53:46	TURBINADOS
1490	1917	RUI RODRIGUES	M	44		00:53:58	00:53:15	
1491	1185	RAFAEL FERNANDES	M	30		00:53:59	00:52:48	
1492	114	FREDERICO WIBORG	M	43		00:54:00	00:51:59	VFF 1896
1493	159	SALOMÉ FERREIRA	F	40		00:54:00	00:53:47	GDINE
1494	2746	MIGUEL SILVA	M	19		00:54:00	00:51:14	
1495	2927	LUIS F S ASCENÇÃO	M	36		00:54:00	00:51:25	INDIVIDUAL
1496	1354	ARTUR GUERREIRO	M	36		00:54:01	00:52:25	
1497	3987	CARLOS CORREIA	M	44		00:54:01	00:52:27	
1498	1813	JORGE ESPADA	M	20		00:54:02	00:54:02	
1499	1140	LILIANA EUSÉBIO	F	35		00:54:02	00:53:18	
1500	2124	ALBERTO VALENTE	M	52		00:54:02	00:53:21	
1501	4513	ANTONIO VENTURA	M	54		00:54:02	00:53:22	AD REAL ACADEMIA
1502	2742	NUNO ALMEIDA	M	42		00:54:02	00:54:02	
1503	462	RICARDO AFONSO	M	43		00:54:03	00:52:22	
1504	1652	ANTÓNIO TRINDADE	M	41		00:54:03	00:52:21	
1505	1881	RAUL NEVES	M	61		00:54:04	00:52:42	SPORTING CLUBE MOITENSE
1506	3388	JORGE DOELLINGER	M	35		00:54:04	00:52:22	
1507	1613	JORGE FÉLIX	M	40		00:54:04	00:52:23	
1508	1958	THELMO CUNHA	M	54		00:54:05	00:52:30	ODEBRECHT PORTUGAL
1509	1687	JOSE RAPOSO	M	47		00:54:05	00:52:30	
1510	3940	SAMUEL OLIVEIRA	M	18		00:54:06	00:52:02	
1511	814	JOÃO ROMÃO	M	17		00:54:07	00:51:38	
1512	4664	TIAGO CORREIA	M	31		00:54:07	00:51:41	INDIVIDUAL
1513	2821	RODRIGO MARTINS	M	40		00:54:09	00:53:56	RA
1514	2822	ANA ALÉM	F	44		00:54:09	00:53:56	RA
1515	4121	EGIDIO SILVA	M	50		00:54:09	00:52:50	SS CGD
1516	3481	JOÃO BRANCO	M	32		00:54:09	00:52:57	
1517	4128	JOSE GUIA	M	65		00:54:09	00:52:40	SS CGD
1518	739	JOSE CARLOS NEVES DIAS	M	18		00:54:11	00:52:23	
1519	4364	JOAQUIM MAMEDE	M	57		00:54:11	00:53:23	INDIVIDUAL
1520	2148	CARLOS TEIXEIRA	M	64		00:54:11	00:54:05	
1521	4666	PEDRO VILAÇA	M	38		00:54:12	00:52:03	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1522	740	JOSE MANUEL OLIVEIRA DIAS	M	48		00:54:12	00:52:24	
1523	1128	PAULO MASSANO	M	35		00:54:12	00:52:15	
1524	2844	PEDRO OLIVEIRA	M	44		00:54:12	00:53:58	CASOS NOTÁVEIS
1525	2204	DIOGO ROSA	M	23		00:54:12	00:52:03	
1526	1365	LUÍS MATOS	M	43		00:54:13	00:53:03	G.D.R. SÃO FRANCISCO DA SERRA
1527	1367	MILENE MATOS	F	16		00:54:13	00:53:02	G.D.R. SÃO FRANCISCO DA SERRA
1528	2149	SÉRGIO TEIXEIRA	M	26		00:54:13	00:53:51	
1529	1990	MARIO ABREU	M	30		00:54:14	00:53:07	
1530	342	ATLETA NÃO CADASTRADO	M	0		00:54:15	00:51:13	
1531	2114	EFTHIMIOS ANGELAKIS	M	42		00:54:15	00:51:35	
1532	4177	JOSE RODRIGUES	M	64		00:54:16	00:53:24	C MILLENNIUM BCP
1533	1387	PAULO PIRES	M	46		00:54:16	00:52:04	
1534	825	JORGE MARTINS	M	35		00:54:17	00:52:42	JUVENTUDE DESP ALHANDRENSE
1535	2865	DANIEL NETO	M	26		00:54:17	00:54:14	TEAM NETO
1536	2733	MÁRCIO NETO	M	35		00:54:17	00:54:14	TEAM NETO
1537	3871	PATRICIA PINHEIRO	F	19		00:54:18	00:53:59	AMIGOS ATLETISMO MAFRA
1538	4420	JOAQUIM CARRILHO	M	47		00:54:19	00:50:44	SS CGD
1539	306	PEDRO COSTA	M	32		00:54:19	00:54:06	
1540	4130	MARCOLINO VERISSIMO	M	43		00:54:20	00:50:45	SS CGD
1541	790	EDUARDI PINTO	M	30		00:54:20	00:50:47	
1542	3990	FRANCISCO PRATES	M	66		00:54:20	00:52:21	ASS. DE ATLETISMO LEBRES SADO
1543	3441	LUÍS SANTOS	M	41		00:54:21	00:51:36	
1544	2741	FERNANDO FERNANDES (KICKBOXING)	M	48		00:54:21	00:53:44	TARTARUGAS SOLIDÁRIAS
1545	298	LUÍS OLIVEIRA	M	21		00:54:21	00:52:43	
1546	1411	LUIS AZEVEDO	M	49		00:54:21	00:53:50	
1547	1796	NURO CARVALHO	M	38		00:54:22	00:52:37	
1548	4403	JOAO BANDARRINHA	M	51		00:54:22	00:51:57	INDIVIDUAL
1549	3976	LUIS ABREU	M	46		00:54:23	00:53:50	
1550	4019	RITA MACHADO	F	29		00:54:23	00:53:42	GD BANCO BPI
1551	4018	PAULO LOUREIRO	M	41		00:54:23	00:53:42	GD BANCO BPI
1552	4658	RAUL M OLIVEIRA	M	50		00:54:24	00:53:49	INDIVIDUAL
1553	4501	JOAO FARINHA	M	21		00:54:24	00:54:22	INDIVIDUAL
1554	4151	FERNANDO AVELINO	M	54		00:54:25	00:49:28	A VALE SILENCIO
1555	4068	NATALIA MARCHEVA	F	48		00:54:25	00:53:56	C BENFICA ALG M MARTINS
1556	3601	MARIA SOUSA	F	19		00:54:25	00:52:24	
1557	2342	BERNARDO GONÇALVES	M	18		00:54:25	00:52:24	
1558	527	MARA ARAÚJO	F	29		00:54:26	00:53:45	CCD SINTRENSE
1559	883	JOSÉ ESTEVES	M	39		00:54:27	00:51:46	
1560	1589	NUNO SOUSA	M	34		00:54:27	00:52:04	PEPSICO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1561	3465	ATLETA NÃO CADASTRADO	M	0		00:54:28	00:53:25	
1562	3459	MICHEL COSTA	M	43		00:54:28	00:53:08	AÇOREANA CLUBE BANIF
1563	1586	FRANCISCO JOSÉ LOMBA PASSOS	M	53		00:54:29	00:53:40	
1564	1835	LEONEL FREIRA	M	40		00:54:29	00:52:21	
1565	3559	MANUEL RIBEIRO	M	60		00:54:30	00:51:16	
1566	2787	JORGE SOUSA	M	41		00:54:30	00:51:42	SERVIÇOS SOCIAIS MONTEPIO GERA
1567	2835	MAFALDA MARTINS	F	41		00:54:30	00:52:47	
1568	4380	JOAO ADEGAS	M	43		00:54:31	00:53:45	INDIVIDUAL
1569	4381	SUSANA ADEGAS	F	44		00:54:31	00:53:45	INDIVIDUAL
1570	3907	PAULA SILVA	F	44		00:54:31	00:51:18	NB RUN
1571	1669	JOSE CARLOS CUSTODIO	M	39		00:54:32	00:52:58	
1572	3945	TIAGO BOAVIDA	M	50		00:54:32	00:52:48	
1573	4464	PAULO D FIGUEIREDO	M	43		00:54:32	00:54:32	INDIVIDUAL
1574	966	NUNO REIS	M	37		00:54:32	00:52:16	SPORT 4FUN RUNNING
1575	2488	TIAGO RIBEIRO	M	16		00:54:33	00:52:42	OS ULTRA
1576	4360	DANIEL GRAVITO	M	25		00:54:33	00:53:27	INDIVIDUAL
1577	880	HENRIQUE VENTURA	M	35		00:54:33	00:52:48	
1578	2803	SÓNIA QUINTINO	F	36		00:54:34	00:54:34	SERVIÇOS SOCIAIS MONTEPIO GERA
1579	4647	PEDRO M GARCIA	M	29		00:54:34	00:53:41	INDIVIDUAL
1580	3447	GONÇALO SOUSA	M	37		00:54:34	00:52:14	
1581	3442	PAULO VALADARES	M	41		00:54:35	00:51:50	
1582	4505	PAULO FELIX	M	41		00:54:35	00:54:17	INDIVIDUAL
1583	4138	RUI SANTOS	M	46		00:54:36	00:52:34	SS CGD
1584	3984	PEDRO PEREIRA	M	24		00:54:36	00:52:43	
1585	535	RODRIGO CORREIA	M	35		00:54:37	00:53:55	CCD SINTRENSE
1586	467	LUIS GARÇÃO	M	47		00:54:37	00:52:57	
1587	3769	JOAO NUNES	M	50		00:54:38	00:53:07	COMDOR RUNNER'S
1588	2438	JOÃO FAUSTINO	M	51		00:54:38	00:50:56	
1589	3843	RICARDO PATRÍCIO	M	28		00:54:39	00:50:57	
1590	3604	JOAO MARQUES	M	40		00:54:39	00:52:31	
1591	4222	SARA CERDEIRA	F	39		00:54:40	00:51:50	C MILLENNIUM BCP
1592	1018	RUI SILVA	M	33		00:54:41	00:54:41	FAMILIA SILVA
1593	1017	RITA AMARO	F	37		00:54:41	00:53:26	FAMILIA SILVA
1594	4245	LUIS ALMEIDA	M	53		00:54:41	00:53:55	LIS RUNNING CPA
1595	3311	LUIS ABREU	M	41		00:54:43	00:51:08	CITROEN RUN
1596	3312	MARCIO LOURENÇO	M	35		00:54:44	00:51:08	CITROEN RUN
1597	4307	JOSE COSTA	M	39		00:54:44	00:52:56	INDIVIDUAL
1598	2737	MAURO SIMÕES	M	27		00:54:44	00:53:23	PERNETAS
1599	1519	GINA CHEIO	F	43		00:54:45	00:53:04	G D C BANCO DE PORTUGAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1600	1516	FILIPA GONÇALVES	F	33		00:54:45	00:53:04	G D C BANCO DE PORTUGAL
1601	2736	MÁRIO FILIPE	M	55		00:54:45	00:53:24	PERNETAS
1602	227	ANTÓNIO VALE	M	26		00:54:45	00:52:06	OS CONTA-KILÓMETROS
1603	611	JOSE COSTA	M	55		00:54:46	00:51:36	
1604	537	ROSA CARITA	F	54		00:54:46	00:54:04	CCD SINTRENSE
1605	4129	LUIA LANDEIRO	F	44		00:54:46	00:52:43	SS CGD
1606	2089	GABRIELA FREITAS	F	34		00:54:47	00:54:11	
1607	2579	ANDREIA COSTA	F	37		00:54:47	00:53:03	TARTARUGAS SOLIDÁRIAS
1608	4427	OLGA BORGES	F	39		00:54:47	00:52:42	SS CGD
1609	1011	ANTONIO MESQUITA	M	48		00:54:47	00:52:11	
1610	807	ELSA DINIS	F	43		00:54:48	00:53:19	
1611	4577	JOAO AIRES	M	36		00:54:48	00:52:20	POWERADE
1612	1827	JOAQUIM QUEIROZ LOPES	M	66		00:54:48	00:53:22	
1613	1799	LUÍS ROSADO	M	27		00:54:51	00:53:43	
1614	431	DANIEL SANTOS	M	23		00:54:51	00:51:58	
1615	811	SERGIO DURAO	M	40		00:54:51	00:53:24	
1616	2014	RICARDO MACAU	M	27		00:54:52	00:53:00	
1617	3555	TOMÁS SOUSA	M	37		00:54:52	00:53:23	OS SUPER
1618	177	TIAGO RAMOS	M	23		00:54:52	00:52:07	
1619	1830	RENATO MARQUES	M	51		00:54:53	00:53:46	HK GYM
1620	2981	RUI ROSA	M	27		00:54:53	00:53:13	
1621	3453	LUIS MAGALHAES	M	40		00:54:53	00:52:31	
1622	1812	JOSÉ FRANCISCO BAIXINHO PÉ-LEVE	M	55		00:54:53	00:51:40	
1623	861	ANTÓNIO TEIXEIRA	M	55		00:54:54	00:53:03	GRUPO AMIGOS ATLETISMO VFXIRA
1624	1384	NELSON RODRIGUES	M	42		00:54:54	00:52:42	
1625	4247	MARINA MAURICIO	F	48		00:54:55	00:53:07	INDIVIDUAL
1626	296	JOAQUIM DIAS	M	37		00:54:55	00:52:27	
1627	1159	BRUNO MIGUEL SARGENTO CAMPOS	M	28		00:54:55	00:53:52	
1628	1158	VÍTOR MANUEL SIMÕES FERNANES DE CAMPOS	M	56		00:54:56	00:53:53	
1629	2154	BENTO QUARESMA	M	41		00:54:56	00:53:15	
1630	1570	JOSE VERMELHUDO	M	54		00:54:57	00:52:59	AERO RUNNERS
1631	3948	MÁRIO VARELA	M	32		00:54:58	00:53:04	
1632	4476	PAULO RATO	M	51		00:54:59	00:54:00	INDIVIDUAL
1633	2887	ANTÓNIO CORDA	M	46		00:54:59	00:53:57	
1634	3779	NUNO PEREIRA	M	43		00:55:00	00:53:39	SPORTING CLUBE DE CASINHOS
1635	3501	ANTONIO MARQUES	M	49		00:55:01	00:51:47	
1636	1860	PAULO DUARTE	M	36		00:55:01	00:54:50	SCALABIS NIGHT RUNNERS
1637	3363	PATRICIA GOMES	F	32		00:55:02	00:53:00	
1638	2498	MANUEL GOMES	M	49		00:55:03	00:53:44	CLUBE MARGINAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1639	4193	DULCE RAMOS	F	45		00:55:05	00:54:35	C MILLENNIUM BCP
1640	331	JOSÉ MARIA DUARTE	M	30		00:55:05	00:53:08	
1641	3717	RUI XAVIER	M	47		00:55:05	00:54:15	CLUBE EDP - LISBOA
1642	3263	ATLETA NÃO CADASTRADO	M	0		00:55:06	00:55:06	
1643	1116	RUI PEDRO	M	33		00:55:06	00:54:43	OS PERIGOSOS
1644	2611	RICARDO PRATA	M	26		00:55:06	00:53:50	SOLIDÁRIOS
1645	2423	ANTÓNIO PAIS	M	67		00:55:06	00:52:48	VALE DE MADEIROS SC
1646	1469	ANTÓNIO JESUS	M	37		00:55:06	00:54:08	
1647	169	TELMO OLIVEIRA	M	37		00:55:06	00:53:20	
1648	3521	MARCO COSTA	M	38		00:55:07	00:53:43	
1649	55	LUÍS COELHO	M	51		00:55:07	00:54:16	SEGUNDA QUARTA SEXTA
1650	2564	ARMANDO ANDRADE	M	69		00:55:07	00:52:47	
1651	2675	CARLOS MARQUES	M	36		00:55:08	00:52:35	
1652	2960	FRANCISCO ROCHA	M	22		00:55:08	00:53:30	
1653	4029	BRUNO PINTO	M	24		00:55:09	00:54:52	INDIVIDUAL
1654	668	RUI VASQUES	M	48		00:55:09	00:54:05	CCD PM CASCAIS
1655	2296	LUÍS BRAZÃO	M	65		00:55:09	00:55:09	UNIDOS DA MANUTENÇÃO
1656	2187	JOSÉ NUNES	M	44		00:55:09	00:53:11	
1657	1144	NUNO PITTA	M	45		00:55:10	00:53:23	
1658	4459	CARLOS PORTO	M	63		00:55:10	00:52:51	INDIVIDUAL
1659	4256	GUILHERME ROSA	M	50		00:55:11	00:54:18	INDIVIDUAL
1660	100	CARLOS DE GOUVEIA FREIRE	M	42		00:55:11	00:54:17	ADCR POLÍCIA JUDICIÁRIA
1661	4421	LUIS MARTINS	M	43		00:55:12	00:53:06	SS CGD
1662	1269	PAULO ESTOPA	M	46		00:55:13	00:53:13	
1663	751	PAULO FREIRE	M	47		00:55:14	00:54:17	
1664	3932	FRANCISCO MARIA RAMALHO	M	71		00:55:15	00:53:45	
1665	394	JOÃO MANUEL JORGE ESTEVÃO	M	34		00:55:15	00:52:23	
1666	4511	LUIS TIAGO	M	42		00:55:15	00:53:43	INDIVIDUAL
1667	1061	FILIPE ANDRÉ PEREIRA	M	26		00:55:16	00:55:16	
1668	2405	TIAGO TAVARES	M	34		00:55:17	00:49:41	
1669	179	VITOR RAMOS	M	43		00:55:18	00:53:42	
1670	2139	ALEXANDRE ISSAC	M	37		00:55:18	00:55:04	CLUBE DE ATLETISMO DA NAZARÉ
1671	1783	JOSE FERNANDO CRISOSTOMO FIALHO	M	55		00:55:19	00:54:40	
1672	3785	JORGE LOURENÇO	M	21		00:55:19	00:54:07	SPORTING CLUBE DE CASAINHOS
1673	2140	JOAQUIM MACATRÃO	M	72		00:55:20	00:55:15	CLUBE DE ATLETISMO DA NAZARÉ
1674	127	MIGUEL JIMÉNEZ	M	22		00:55:20	00:52:36	
1675	303	CUSTÓDIO QUIBINA	M	25		00:55:20	00:52:30	
1676	666	RUI SOARES	M	39		00:55:21	00:54:08	CCD PM CASCAIS
1677	4004	FRANCISCO J C E RIBEIRO	M	50		00:55:21	00:53:32	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1678	753	FILIPE RODRIGUES	M	40		00:55:22	00:52:12	
1679	1217	DANIEL COSTA SANTOS	M	26		00:55:22	00:53:04	
1680	3569	JORGE RAMOS	M	31		00:55:23	00:54:04	
1681	1231	DALIA RATO	F	52		00:55:23	00:52:55	
1682	562	PEDRO HENRIQUES RIBEIRO	M	38		00:55:23	00:53:44	
1683	3540	JOÃO OLIVEIRA	M	26		00:55:23	00:53:05	
1684	3587	FÁTIMA ANTUNES	F	41		00:55:24	00:54:15	
1685	4271	CARLOS BARGADO	M	49		00:55:25	00:54:10	INDIVIDUAL
1686	1374	MARÍLIA RIBEIRO	F	31		00:55:25	00:53:43	
1687	1523	ANTÓNIO LOBO	M	56		00:55:26	00:53:29	
1688	2283	MIGUEL SILVA	M	37		00:55:26	00:53:17	LEBRES DO SAGITÁRIO
1689	960	JOÃO COUVINHA	M	47		00:55:26	00:53:19	
1690	260	DIOGO GONÇALVES	M	19		00:55:27	00:53:50	A BROCA FERRAGENS
1691	2765	CHRISTIANE MONTEIRO	F	34		00:55:27	00:52:46	
1692	2610	NUNO DIAS	M	41		00:55:28	00:53:06	
1693	2112	TIAGO COSTA	M	31		00:55:28	00:52:56	WANNABE'S
1694	335	SUSANA CLIMAS	F	26		00:55:29	00:53:49	OS CARACÓIS FURIOSOS
1695	1747	PEDRO LOPES	M	36		00:55:29	00:54:00	
1696	348	PATRICIA ROSA	F	23		00:55:29	00:52:37	
1697	346	HUGO GREGÓRIO	M	23		00:55:29	00:52:36	
1698	381	MARCOS DUARTE	M	33		00:55:29	00:53:51	
1699	1044	HUGO CORTES	M	40		00:55:29	00:54:06	
1700	3379	ANTÓNIO ALVES	M	61		00:55:29	00:54:51	
1701	542	CARLOS COELHO	M	41		00:55:30	00:54:15	FALCÕES SELVAGENS
1702	1689	RUBEN DIAS	M	23		00:55:30	00:53:28	
1703	1373	JOÃO SOBRINHO	M	25		00:55:30	00:54:21	
1704	1254	JOÃO MANUEL VIEIRA ALEXANDRE	M	25		00:55:30	00:53:51	
1705	332	ANDRÉ SILVA	M	27		00:55:30	00:53:38	OS CARACÓIS FURIOSOS
1706	543	CARLOS VERÍSSIMO	M	40		00:55:31	00:52:57	FALCÕES SELVAGENS
1707	2255	NUNO SILVA	M	36		00:55:31	00:54:41	OPTICALIA RUNNING TEAM
1708	1065	CARLOS SAMPAIO	M	52		00:55:31	00:54:20	
1709	954	JAVIER TORRES	M	38		00:55:33	00:52:05	
1710	325	JOSÉ CARVALHO	M	16		00:55:34	00:52:55	5 VIOLINOS
1711	2210	VICTOR RISCADO	M	44		00:55:34	00:55:04	
1712	327	RODRIGO SENA	M	15		00:55:35	00:52:57	5 VIOLINOS
1713	1252	RICARDO FIGUEIREDO	M	45		00:55:36	00:53:00	
1714	1383	CATARINA PINHEIRO	F	20		00:55:36	00:53:59	
1715	4473	RUI MORGADO	M	44		00:55:38	00:55:38	INDIVIDUAL
1716	1894	JOÃO FONSECA	M	42		00:55:38	00:53:20	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1717	2955	ANDRE DIAS	M	31		00:55:38	00:52:22	
1718	433	SÉRGIO SANTOS	M	32		00:55:38	00:52:45	
1719	1892	HELENA NUNO	F	63		00:55:38	00:53:20	
1720	4055	FRANCISCO FERREIRA	M	22		00:55:38	00:54:33	INDIVIDUAL
1721	1707	ANTONIO TABORDA	M	39		00:55:39	00:55:12	BICOLES
1722	1946	RUI BRAZ	M	32		00:55:39	00:52:08	
1723	2858	PAULO SILVA	M	43		00:55:40	00:55:40	
1724	392	NUNO TEIXEIRA	M	39		00:55:40	00:52:51	
1725	1126	NUNO PAULO REI CARRÔLO	M	44		00:55:41	00:54:34	
1726	2810	ALVARO FERREIRA	M	44		00:55:41	00:53:48	
1727	1143	PEDRO MARTINS	M	29		00:55:41	00:53:57	
1728	2605	RODRIGO DE MORAES	M	26		00:55:42	00:52:27	
1729	4333	HUGO CASSIMO	M	27		00:55:42	00:53:48	INDIVIDUAL
1730	1795	LUIS RODRIGUES	M	42		00:55:42	00:53:54	RUN@FIGUEIRA
1731	746	NUNO CARRASCO	M	39		00:55:42	00:53:47	
1732	2320	JORGE RODRIGUES	M	49		00:55:43	00:54:25	
1733	3568	RICARDO JOÃO MARTINS NUNES	M	34		00:55:43	00:54:22	
1734	4342	PEDRO FERREIRA	M	40		00:55:43	00:55:25	BRILADA ULTRAS SPORTING
1735	1947	FRANCISCO TELES	M	20		00:55:45	00:54:16	
1736	2756	RITA BARROSO	F	33		00:55:45	00:52:38	100% EU
1737	2273	JOSÉ ALVES	M	36		00:55:46	00:52:38	
1738	1499	ORLANDO RODRIGUES	M	49		00:55:46	00:55:15	
1739	1565	PAULO BARREIROS	M	46		00:55:46	00:52:37	FRIENDS2RUN
1740	1912	FILIPE PAULO	M	31		00:55:48	00:52:54	
1741	2475	VITOR MANUEL CARREIRA RIBEIRO	M	49		00:55:50	00:55:50	
1742	4108	JOAO CABRITO	M	51		00:55:51	00:53:43	SS CGD
1743	2992	LUIS PEREIRA	M	33		00:55:53	00:53:57	
1744	12	ALEXANDRE SERRANO	M	19		00:55:53	00:55:48	B. V. DE MONTEMOR-O-NOVO
1745	1007	GONÇALO FLORINDO	M	38		00:55:56	00:54:39	
1746	3317	MARIO ALVES	M	59		00:55:56	00:53:03	SFUAP
1747	1006	SÉRGIO FLORINDO	M	33		00:55:56	00:54:39	
1748	4164	SUSANA DUARTE	F	41		00:55:57	00:55:10	A VALE SILENCIO
1749	1352	PAULO BENIDO	M	57		00:55:57	00:54:14	
1750	1370	TIAGO GOMES	M	22		00:55:58	00:54:47	G.D.R. SÃO FRANCISCO DA SERRA
1751	1610	INÊS PEREIRA	F	20		00:55:59	00:54:06	
1752	2857	FREDERICO BRUSCHY	M	32		00:55:59	00:52:11	JAKESTÁ NÃOCORRE
1753	2982	PEDRO QUINA	M	48		00:55:59	00:53:02	
1754	4304	JOSE BALEIRAS	M	65		00:56:00	00:54:14	INDIVIDUAL
1755	1883	SÉRGIO DUARTE	M	37		00:56:01	00:53:45	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1756	1914	ALCEU PAULO	M	63		00:56:01	00:53:06	
1757	144	MIGUEL PINTO	M	28		00:56:01	00:54:29	OS SPEEDYS
1758	2983	SOFIA FERNANDES	F	33		00:56:01	00:53:05	
1759	4336	JOAO MENDES	M	29		00:56:02	00:55:05	INDIVIDUAL
1760	2024	PAULO CARVALHO	M	44		00:56:02	00:53:30	
1761	402	JOÃO SANTOS	M	37		00:56:03	00:53:40	G:D.C PORTO DE SINES
1762	267	JOÃO PARDAL	M	52		00:56:03	00:54:20	
1763	1820	JOSE FERREIRA	M	58		00:56:03	00:53:44	
1764	1179	HUGO ALVES	M	41		00:56:03	00:54:54	
1765	214	NUNO JESUS	M	32		00:56:05	00:56:05	
1766	999	FERNANDO SANTOS	M	57		00:56:05	00:53:47	
1767	2786	JOAO CATARINO	M	47		00:56:06	00:54:26	SERVIÇOS SOCIAIS MONTEPIO GERA
1768	810	PEDRO HELENO	M	27		00:56:06	00:54:36	
1769	967	RENATO DOMINGUES	M	41		00:56:07	00:53:52	SPORT 4FUN RUNNING
1770	1141	ANTÓNIO BATISTA	M	54		00:56:07	00:54:27	
1771	3772	CARLA VIEGAS	F	36		00:56:07	00:54:37	JUBASTEAM
1772	3777	VALTER SANTOS	M	22		00:56:08	00:54:41	JUBASTEAM
1773	180	JOSE COELHO	M	46		00:56:08	00:55:15	
1774	541	BRUNO FERNANDES	M	36		00:56:08	00:54:32	FALCÕES SELVAGENS
1775	2434	RICARDO SILVA	M	37		00:56:08	00:53:29	
1776	4183	MARIO ROMAO	M	41		00:56:09	00:54:45	C MILLENNIUM BCP
1777	311	MIGUEL SILVA	M	33		00:56:09	00:53:06	
1778	4190	JOAQUIM FULGENCIO	M	57		00:56:09	00:55:50	C MILLENNIUM BCP
1779	1353	JOSÉ BARATA	M	54		00:56:09	00:54:46	
1780	4440	JORGE OLIVEIRA	M	63		00:56:10	00:56:10	C FERROV PORTUGAL
1781	4460	EMIDIO SANTOS	M	49		00:56:10	00:54:30	INDIVIDUAL
1782	372	NELSON MANUEL SERRA PAÇÓ	M	38		00:56:11	00:54:53	
1783	1285	PEDRO ALMEIDA	M	36		00:56:11	00:53:37	
1784	4109	CLAUDIA LOURENÇO	F	43		00:56:11	00:54:02	SS CGD
1785	1162	PAULO MAXIMINO	M	39		00:56:11	00:54:02	
1786	907	NUNO DUARTE	M	39		00:56:12	00:55:17	GDCT UNICRE
1787	905	GONÇALO OLIVEIRA	M	52		00:56:12	00:55:18	GDCT UNICRE
1788	1026	LUIZ RIBEIRO ROSA	M	61		00:56:12	00:54:49	CLUBE ATLETISMO AMIGOS BELÉM
1789	2023	JORGE ESTEVES	M	43		00:56:12	00:53:40	
1790	101	TOMÁS WIBORG	M	45		00:56:13	00:53:14	VFF 1896
1791	2317	MARCO PINTO	M	42		00:56:13	00:54:45	
1792	669	TANIA VALENTIM	F	32		00:56:13	00:54:59	CCD PM CASCAIS
1793	884	JOSÉ SILVA	M	46		00:56:13	00:53:32	
1794	3874	GORETI FERNANDES	F	50		00:56:13	00:53:57	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1795	2833	RUI MECA	M	40		00:56:14	00:55:25	
1796	1614	BERNARDO BERNARDES	M	36		00:56:14	00:53:14	
1797	97	ARTUR JORGE DE JESUS ALFAMA	M	37		00:56:14	00:53:04	
1798	3834	NELSON CANDEIAS	M	38		00:56:15	00:54:21	
1799	1690	MÁRIO DIAS	M	46		00:56:15	00:54:13	
1800	2725	ISABEL MOREIRA	F	44		00:56:15	00:55:36	
1801	4409	JOAQUIM RODRIGUES	M	73		00:56:15	00:54:19	GDCT REPSOL
1802	4386	GUILHERME CANDELARIA	M	16		00:56:15	00:53:40	INDIVIDUAL
1803	386	MARIA FRANCO	F	40		00:56:16	00:56:08	VALEJAS AC
1804	3839	JOSE CARLOS MACARIO FERREIRA	M	41		00:56:17	00:53:43	
1805	387	SUSANA GOMES	F	45		00:56:17	00:56:09	VALEJAS AC
1806	1068	LUIS MOLEIRO	M	38		00:56:18	00:54:32	
1807	56	JOÃO DUARTE	M	51		00:56:18	00:52:55	
1808	1176	PAULO DELGADO	M	28		00:56:19	00:55:42	
1809	2398	FRANCISCO LINHOL	M	60		00:56:19	00:54:19	
1810	805	SÉRGIO MELO	M	31		00:56:20	00:54:28	
1811	568	JOÃO ANTUNES	M	45		00:56:20	00:53:19	FAMÍLIA VERDE
1812	24	EZEQUIEL LOBO	M	40		00:56:20	00:56:16	B.V. MONTEMOR-O-NOVO
1813	1950	LUIS SANTOS	M	57		00:56:21	00:56:21	ODEBRECHT PORTUGAL
1814	2523	PEDRO MIGUEL PIRES GIL	M	37		00:56:21	00:54:37	
1815	4002	ANTONIO A COUTINHO	M	49		00:56:21	00:54:50	INDIVIDUAL
1816	2429	SÉRGIO TAVARES	M	32		00:56:22	00:55:00	CCD CRÉDITO AGRÍCOLA MÚTUO
1817	2388	RICARDO FORTES	M	38		00:56:22	00:53:53	
1818	806	JOÃO CORREIA	M	24		00:56:23	00:54:30	
1819	1617	JORGE MONTEIRO	M	47		00:56:23	00:54:20	
1820	186	JOÃO PEDRO LUIS ANTUNES	M	30		00:56:23	00:54:48	
1821	2546	DAMIÃO REGA	M	53		00:56:24	00:56:24	
1822	3841	CARLOS SANTOS	M	30		00:56:25	00:53:22	SANTOS & FILHO
1823	2804	TERESA CARDOSO	F	35		00:56:25	00:54:35	SERVIÇOS SOCIAIS MONTEPIO GERA
1824	1569	RUI GERALDES	M	27		00:56:26	00:52:43	
1825	1566	NUNO CURTO	M	35		00:56:26	00:52:43	
1826	2057	NUNO FERNANDES	M	39		00:56:27	00:53:57	
1827	4353	MANUEL ALVES	M	61		00:56:27	00:55:31	INDIVIDUAL
1828	4479	CARLOS SOARES	M	69		00:56:28	00:55:16	INDIVIDUAL
1829	4599	CRISTOVAO RAMOS	M	41		00:56:29	00:53:15	TABAQUEIRA
1830	4352	FILIPE ALVES	M	29		00:56:29	00:56:29	INDIVIDUAL
1831	944	ANTÓNIO TEIXEIRA	M	53		00:56:29	00:54:17	
1832	2820	RUI COSTA	M	33		00:56:29	00:54:59	
1833	175	SARA FERREIRA PINTO	F	36		00:56:29	00:54:22	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1834	2666	CARLOS MARQUES	M	54		00:56:29	00:56:29	RUN 4 FUN
1835	4275	NUNO CHAMBINO	M	41		00:56:29	00:52:51	INDIVIDUAL
1836	2775	RODRIGO AZEVEDO	M	36		00:56:30	00:51:58	
1837	4498	PAULO MENDES	M	43		00:56:30	00:54:19	INDIVIDUAL
1838	4089	JOAQUIM COSTA	M	63		00:56:30	00:53:08	C BENFICA ALG M MARTINS
1839	4080	DANIELA VINAGRE	F	18		00:56:30	00:53:08	C BENFICA ALG M MARTINS
1840	1230	PEDRO ROSENDO	M	27		00:56:30	00:55:12	FAPOC
1841	1023	CARLOS JOSE	M	48		00:56:31	00:56:01	OS MANOS
1842	3463	PEDRO SILVINO	M	44		00:56:31	00:54:20	
1843	566	GABRIELA QUARESMA	F	56		00:56:32	00:54:55	LINDA-A-PASTORA SPORTING CLUBE
1844	4387	BERNARDO CANDELARIA	M	18		00:56:32	00:53:57	INDIVIDUAL
1845	3747	EVA ROSA	F	34		00:56:32	00:54:51	
1846	4185	PEDRO CUNHA	M	36		00:56:32	00:54:34	C MILLENNIUM BCP
1847	3718	JULIO SANTOS	M	53		00:56:32	00:54:10	
1848	3887	ÓSCAR CAETANO	M	43		00:56:33	00:54:01	
1849	3408	JOÃO CARRILHO	M	42		00:56:33	00:53:16	
1850	4349	RUI LAPA	M	43		00:56:34	00:55:06	INDIVIDUAL
1851	4212	ANTONIO SANTOS	M	55		00:56:34	00:54:19	C MILLENNIUM BCP
1852	3364	JORGE DURO	M	41		00:56:34	00:54:55	
1853	1898	GONÇALO ROSA	M	34		00:56:35	00:52:46	
1854	3954	IVO REBOCHO	M	30		00:56:35	00:54:43	
1855	772	NUNO LIMA	M	37		00:56:35	00:52:47	
1856	1651	JOSE DIAS	M	57		00:56:35	00:55:15	NUCLEO DESPORTIVO AUTOCOOPE
1857	3787	ANTÓNIO PINHEIRO	M	40		00:56:36	00:53:36	
1858	121	PEDRO BARBOSA	M	22		00:56:37	00:55:37	GALHARDENSE PÉS DE CHUMBO
1859	4165	EDUARDO PINTO	M	46		00:56:37	00:55:59	C MILLENNIUM BCP
1860	3710	DIOGO ARRAIAS	M	60		00:56:37	00:55:21	OS ARRAIAS
1861	252	RUI DOMINGUES	M	35		00:56:37	00:56:22	
1862	463	SARA PEDRO	F	32		00:56:37	00:53:46	NACIONAL FITNESS
1863	4250	FERNANDO PIRES	M	44		00:56:38	00:52:54	INDIVIDUAL
1864	3711	SANDRA ARRAIAS	F	33		00:56:38	00:55:23	OS ARRAIAS
1865	1673	HENRIQUE HORTA	M	25		00:56:38	00:53:16	
1866	1184	CARLOS LOPES	M	38		00:56:39	00:55:28	
1867	4161	BRUNO SILVA	M	28		00:56:39	00:55:45	A VALE SILENCIO
1868	2633	RODRIGO VALENTE	M	28		00:56:39	00:55:45	
1869	444	JOAQUIM FEIJOO	M	66		00:56:39	00:55:03	
1870	2993	IGOR PEREIRA	M	28		00:56:39	00:54:44	
1871	4008	PEDRO C BATISTA	M	27		00:56:40	00:53:19	INDIVIDUAL
1872	2628	FERNANDO FIÉIS	M	43		00:56:40	00:53:11	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1873	623	ATLETA NÃO CADASTRADO	M	0		00:56:40	00:54:36	
1874	708	JOSÉ PEIXOTO	M	38		00:56:40	00:54:26	
1875	473	HELENA CUNHA	F	55		00:56:41	00:55:40	ASAS
1876	1821	NUNO CALDEIRA	M	37		00:56:41	00:53:15	
1877	477	ANTÓNIO S.MARQUES	M	65		00:56:41	00:55:40	ASAS
1878	461	NUNO PEDRO	M	38		00:56:41	00:53:49	NACIONAL FITNESS
1879	3300	RUI GIRÃO	M	31		00:56:41	00:54:36	
1880	2999	PEDRO ALMEIDA	M	37		00:56:42	00:54:42	IMBATÍVEIS NO ALMOÇO
1881	633	EDUARDO CHAMBEL	M	43		00:56:42	00:54:28	
1882	3950	ARTUR JORGE GARCIA ROSADO BOEIRO	M	41		00:56:43	00:54:48	
1883	2797	RICARDO DIAS	M	41		00:56:43	00:54:22	SERVIÇOS SOCIAIS MONTEPIO GERA
1884	2500	RUBEN COSTA	M	50		00:56:43	00:55:36	
1885	2612	DAVID SOUSA	M	25		00:56:43	00:55:26	SOLIDÁRIOS
1886	2184	EDUARDO ÁLVARO	M	55		00:56:44	00:55:05	
1887	1150	PEDRO FERREIRA	M	34		00:56:45	00:54:54	
1888	4697	MARIO HENRIQUES	M	43		00:56:45	00:55:00	INDIVIDUAL
1889	906	JOSÉ MILAGRES	M	57		00:56:46	00:55:56	GDCT UNICRE
1890	2812	PEDRO GOMES	M	32		00:56:46	00:55:47	
1891	2682	PEDRO REGO	M	23		00:56:47	00:54:16	
1892	3474	MÁRIO ESTÊVÃO	M	42		00:56:47	00:55:02	AMCR FONTE GRADA
1893	2193	RUI FERREIRA	M	42		00:56:47	00:56:06	
1894	2800	RUI FAZENDEIRO	M	40		00:56:48	00:54:18	SERVIÇOS SOCIAIS MONTEPIO GERA
1895	3472	JOSÉ MIRANDA	M	50		00:56:48	00:55:02	AMCR FONTE GRADA
1896	2580	PAULO MATOS	M	41		00:56:48	00:54:17	RUN 4 FUN
1897	2559	JOAO BERNARDO SALAZAR	M	23		00:56:49	00:54:33	
1898	2075	VASCO COSME	M	41		00:56:50	00:55:16	
1899	3439	JOSÉ MELO	M	41		00:56:50	00:55:19	
1900	3955	LUIS PROENÇA	M	44		00:56:51	00:53:11	
1901	1453	SILVINA GAMEIRO	F	45		00:56:51	00:56:41	
1902	3446	PEDRO LOPES	M	37		00:56:52	00:54:32	
1903	2904	ANDRÉ PICADO	M	21		00:56:52	00:55:15	
1904	2905	LUIS INFANTE	M	21		00:56:52	00:55:15	
1905	2385	RICARDO FREITAS	M	34		00:56:53	00:53:21	
1906	4689	HUGO REBELO	M	39		00:56:53	00:55:58	INDIVIDUAL
1907	4690	CAMILO VALGY	M	42		00:56:53	00:55:59	INDIVIDUAL
1908	1123	JOÃO FRANCISCO PARRA CAROÇO	M	58		00:56:54	00:55:06	
1909	632	ANTÓNIO FERREIRA	M	39		00:56:54	00:54:40	
1910	3656	EMMANUEL EBRERO	M	40		00:56:54	00:54:11	
1911	985	SORAIA MOURA	F	18		00:56:55	00:56:55	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1912	986	PEDRO MENDES	M	29		00:56:55	00:56:55	
1913	743	PAULO CAIRES	M	45		00:56:56	00:54:43	
1914	288	FERNANDO ROCHA	M	57		00:56:56	00:55:47	
1915	289	SOFIA ROCHA	F	27		00:56:56	00:55:47	
1916	472	HELDER JORGE LANDEIRO ESTEVES	M	38		00:56:56	00:54:28	EXEMPLIBONUS
1917	2208	HUGO RAMILO	M	34		00:56:57	00:55:27	
1918	961	JOÃO PAULO LOURENÇO	M	19		00:56:57	00:54:49	
1919	3819	MARIO SANTOS	M	45		00:56:57	00:56:43	FSG COLLONGE BELLERIVE
1920	540	ANTÓNIO CANDEIAS	M	52		00:56:58	00:53:48	FALCÕES SELVAGENS
1921	3832	CARLOS SANTOS	M	44		00:56:58	00:55:34	
1922	3289	CARMEN CRISTINO	F	42		00:56:59	00:56:00	TEAM DA PTZONA
1923	1271	ANDRÉ BOTÃO	M	26		00:56:59	00:52:49	
1924	4134	PAULO BAILAO	M	44		00:56:59	00:54:58	SS CGD
1925	491	RICARDO COUTO	M	40		00:57:00	00:52:49	
1926	3970	ALEXANDRE CAPUCHA	M	43		00:57:00	00:53:42	
1927	2211	ANTONIO SOARES	M	47		00:57:01	00:55:34	
1928	4111	ANDRE NORONHA	M	50		00:57:01	00:55:00	SS CGD
1929	995	NUNO LANITA	M	38		00:57:01	00:54:19	
1930	900	SERGIO PEREIRA	M	42		00:57:01	00:55:46	
1931	4456	HERCULANO LOPES	M	42		00:57:01	00:54:58	SS CGD
1932	3308	PEDRO LOURENÇO	M	17		00:57:02	00:55:34	
1933	4391	FERNANDO GATO	M	56		00:57:02	00:56:34	INDIVIDUAL
1934	3732	PEDRO MEDEIRO	M	36		00:57:02	00:56:41	
1935	3554	MERCEDES FONSECA	F	58		00:57:03	00:55:45	OS SUPER
1936	4227	RUI RAMALHO	M	46		00:57:04	00:56:10	C MILLENNIUM BCP
1937	4228	SOFIA RAMALHO	F	18		00:57:04	00:56:10	C MILLENNIUM BCP
1938	3310	HORÁCIO FERREIRA	M	45		00:57:05	00:54:24	
1939	4559	JOSE M MATA	M	46		00:57:05	00:55:47	LEXUS
1940	1379	PEDRO FERNANDES	M	34		00:57:06	00:55:22	
1941	108	PAULO FLORIDO	M	49		00:57:06	00:55:17	BREAKAWAY
1942	107	JOSÉ ANTÓNIO	M	52		00:57:06	00:55:17	BREAKAWAY
1943	1345	AMÁVEL LUZ	M	53		00:57:06	00:56:35	
1944	1154	JOSÉ DOS REIS RAMOS	M	52		00:57:07	00:54:50	
1945	1155	TANIA VEIGA	F	37		00:57:07	00:54:49	
1946	2948	GONÇALO SANTOS	M	28		00:57:07	00:55:27	
1947	4078	IRIS MAURICIO	F	38		00:57:08	00:53:43	C BENFICA ALG M MARTINS
1948	4475	FRANCISCO RATO	M	20		00:57:08	00:56:10	INDIVIDUAL
1949	4173	JOSE MARQUES	M	47		00:57:08	00:54:47	C MILLENNIUM BCP
1950	4213	SERGIO SA	M	40		00:57:08	00:54:45	C MILLENNIUM BCP

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1951	287	CARLOS FERREIRA	M	51		00:57:09	00:55:02	
1952	1104	LUÍS ALVES	M	30		00:57:09	00:54:28	
1953	4181	MARIANA OLIVEIRA	F	26		00:57:09	00:54:48	C MILLENNIUM BCP
1954	2762	NUNO SANTOS	M	36		00:57:09	00:54:28	
1955	4483	LUIS FERNANDO	M	44		00:57:10	00:55:00	INDIVIDUAL
1956	3742	HEITOR AMORIM	M	30		00:57:10	00:53:33	DUPLA VERDE
1957	1406	NUNO MENDES	M	56		00:57:11	00:55:56	
1958	2460	CARLOS SOUSA	M	38		00:57:13	00:55:06	
1959	3538	JOSÉ AGRA	M	40		00:57:13	00:55:42	
1960	3810	ALEXANDRA RODRIGUES	F	41		00:57:13	00:56:37	DANATUR
1961	546	JOSÉ AMARAL	M	51		00:57:14	00:54:53	FALCÕES SELVAGENS
1962	653	MANUEL MESTRE	M	56		00:57:14	00:54:55	
1963	552	NUNO LOUREIRO	M	48		00:57:15	00:54:05	FALCÕES SELVAGENS
1964	3659	JOÃO OSÓRIO	M	39		00:57:16	00:54:50	
1965	2969	CARLOS QUADROS	M	44		00:57:16	00:55:20	
1966	1405	ALEXANDRE CARDOSO	M	43		00:57:17	00:54:55	
1967	2069	JOÃO GASPAR	M	50		00:57:18	00:56:02	
1968	1425	VITOR RIBEIRO	M	52		00:57:18	00:57:05	
1969	3699	JOAQUIM FERREIRA	M	77		00:57:18	00:56:17	INDIVIDUAL
1970	4496	MARIO A GASPAR	M	49		00:57:19	00:55:51	INDIVIDUAL
1971	407	RENATO PENAS	M	37		00:57:20	00:54:58	G:D.C PORTO DE SINES
1972	1381	JOÃO PINHEIRO	F	51		00:57:21	00:55:44	
1973	4695	CARLOS F G VIEIRA	M	34		00:57:21	00:56:57	SPORTING C P
1974	2735	LUIS TAVARES	M	26		00:57:22	00:56:00	PERNETAS
1975	2757	SUSANA COELHO	F	27		00:57:22	00:54:14	100% EU
1976	2754	ANTONIO BEJA	M	50		00:57:22	00:54:16	APCE
1977	634	ÁLVARO GÓIS DOS SANTOS	M	41		00:57:23	00:55:09	
1978	4404	EDGAR DAVID	M	52		00:57:23	00:54:58	INDIVIDUAL
1979	617	DANIEL COSTA	M	26		00:57:23	00:55:21	
1980	1772	MÁRIO SÁ	M	35		00:57:23	00:55:56	
1981	849	PEDRO BENTO	M	35		00:57:23	00:54:39	
1982	3672	JOÃO MARQUES	M	33		00:57:24	00:54:16	RUNFORYOURJOLA
1983	1784	LUIS FONSECA	M	48		00:57:24	00:55:57	
1984	1385	FILIPA PINHEIRO	F	21		00:57:25	00:55:47	
1985	2630	PEDRO FAUSTINO	M	34		00:57:25	00:54:50	
1986	2724	JOÃO MAGALHÃES	M	37		00:57:25	00:54:50	
1987	2629	NUNO ROMÃOZINHO	M	40		00:57:26	00:54:51	
1988	4106	PAULO SOUSA	M	40		00:57:26	00:56:28	GDCT IN CASA MOEDA
1989	2245	OLÍVIA GASPAR	F	43		00:57:26	00:55:48	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1990	4094	JOSE LIBERATO	M	38		00:57:26	00:56:27	GDCT IN CASA MOEDA
1991	974	PAULO ONOFRE	M	44		00:57:26	00:55:40	
1992	4097	NUNO GONÇALVES	M	39		00:57:26	00:56:24	GDCT IN CASA MOEDA
1993	3765	ANTÓNIO RODRIGUES	M	40		00:57:26	00:54:23	
1994	4645	DECIO S CARVALHO	M	53		00:57:26	00:54:02	INDIVIDUAL
1995	3690	FERNANDO J G GIL	M	62		00:57:27	00:54:57	INDIVIDUAL
1996	1135	LUIS MIGUEL MOUTINHO	M	42		00:57:27	00:54:22	GIL EANES RUNNING
1997	626	JOSÉ LACERDA	M	59		00:57:28	00:55:50	
1998	1200	ANDREIA LOUZEIRO	F	38		00:57:28	00:56:24	
1999	3854	PEDRO CABRAL	M	41		00:57:29	00:55:41	
2000	620	ALBERTO SOUSA	M	43		00:57:30	00:56:28	CCD PM CASCAIS
2001	1910	DULCE REIS	F	45		00:57:30	00:55:48	
2002	1587	ADRIANO MATOS	M	45		00:57:31	00:55:08	PEPSICO
2003	4172	MIGUEL FERREIRA	M	47		00:57:31	00:56:18	C MILLENNIUM BCP
2004	1588	JORGE SILVA	M	42		00:57:31	00:55:07	PEPSICO
2005	644	JORGE JOURDAN	M	53		00:57:32	00:56:29	CCD PM CASCAIS
2006	1788	JOAQUIM BENTES	M	64		00:57:32	00:55:44	
2007	582	PEDRO GALVÃO	M	33		00:57:33	00:55:07	ACS-AMIGOS CORRIDA SALVATERRA
2008	2006	MIGUEL CARVALHO	M	38		00:57:34	00:54:36	
2009	3930	VITOR RODRIGUES	M	59		00:57:34	00:54:52	G. A. MONSANTO/GASCAN
2010	1442	CECÍLIA NICOLAU	F	47		00:57:34	00:54:06	ASS. DE ATLETISMO LEBRES SADO
2011	1227	DAVID FONSECA	M	22		00:57:34	00:56:16	FAPOC
2012	1085	JOSÉ HENRIQUES	M	45		00:57:35	00:55:06	
2013	2224	ANTONIO ALTER	M	54		00:57:35	00:55:50	
2014	1427	JOÃO CARDOSO	M	46		00:57:35	00:55:42	
2015	3916	LUIS MANUEL MOTA FERREIRA	M	60		00:57:36	00:55:11	
2016	2711	ALEXANDRE MAURÍCIO	M	35		00:57:36	00:54:10	
2017	1105	JOSÉ RODRIGUES	M	45		00:57:36	00:55:07	
2018	3821	ANA SILVA	F	32		00:57:37	00:55:55	FSG COLLONGE BELLERIVE
2019	413	ANTÓNIO MATOS	M	47		00:57:37	00:55:50	
2020	4411	MANUEL SEQUEIRA	M	64		00:57:37	00:55:44	GDCT REPSOL
2021	2393	GONÇALO APARÍCIO	M	40		00:57:38	00:57:20	
2022	1382	CELSO COSTA	M	40		00:57:38	00:55:26	
2023	2067	JOAQUIM PINHEIRO	M	52		00:57:38	00:55:22	
2024	2793	MANUEL CARLOS SANTOS	M	40		00:57:39	00:55:47	SERVIÇOS SOCIAIS MONTEPIO GERA
2025	1270	BRUNO REIS	M	25		00:57:39	00:53:29	
2026	2689	MÁRIO ANTÓNIO COELHO NETO	M	16		00:57:39	00:54:17	
2027	3789	JOÃO ALEXANDRE SANTOS	M	44		00:57:41	00:55:15	
2028	744	RUI VICENTE	M	29		00:57:41	00:54:40	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2029	2125	JOÃO LEONEL PEREIRA	M	53		00:57:41	00:55:39	
2030	3594	ANTONIO BALDO	M	33		00:57:42	00:55:16	
2031	2973	HELENA CHILANDALA	F	37		00:57:42	00:55:44	
2032	3288	ADELAIDE MANHICA	F	56		00:57:43	00:56:43	TEAM DA PTZONA
2033	2409	AGOSTINHO DIAS	M	48		00:57:43	00:55:09	CARAP AUS DE CORRIDA
2034	2594	CARLOS FRANCISCO	M	23		00:57:43	00:55:09	
2035	2108	PEDRO BRITES	F	40		00:57:45	00:55:04	
2036	2412	LUÍS NETO	M	50		00:57:45	00:55:11	CARAP AUS DE CORRIDA
2037	922	RUI CANAVARRO	M	50		00:57:46	00:55:51	HIDRENKI
2038	951	LUÍS GOUVEIA	M	42		00:57:46	00:55:37	
2039	2275	ALEXANDRE MANUEL BAPTISTA DA SILVEIRA COSTA	M	52		00:57:47	00:57:45	
2040	3578	TITO ALEXANDRE NASCIMENTO	M	34		00:57:48	00:55:09	
2041	3493	NUNO COSTA	M	37		00:57:49	00:56:00	
2042	218	JOSÉ VILELA	M	49		00:57:49	00:56:32	CLUBE ROBBIALAC
2043	2326	FILIPPE SERRA COSTA	M	31		00:57:50	00:54:32	TEAM PI
2044	3504	RODRIGO RISCADO	M	39		00:57:50	00:56:01	
2045	2037	VALTER VENTURA	M	33		00:57:51	00:56:20	
2046	1432	FRANCISCO PAULINO	M	52		00:57:52	00:56:01	
2047	2496	FRANCISCO COITO	M	62		00:57:53	00:56:35	CLUBE MARGINAL
2048	4550	HUGO SOARES	M	30		00:57:53	00:55:34	A BOLA
2049	4684	ANTONIO BESSONE BASTOS	M	69		00:57:53	00:57:53	INDIVIDUAL
2050	2276	FILIPPE MORAES	M	37		00:57:53	00:55:30	
2051	4118	ANTONIO CARPINTEIRO	M	69		00:57:55	00:56:20	SS CGD
2052	1274	MARIANA TAVARES	F	33		00:57:56	00:55:28	
2053	4441	ARSENIO FACAS	M	64		00:57:56	00:56:35	C FERROV PORTUGAL
2054	4269	HUGO TALHINHAS	M	32		00:57:57	00:54:00	INDIVIDUAL
2055	893	ANDREIA FERNANDES	F	26		00:57:57	00:55:40	
2056	3532	OCTÁVIO DIAS	M	53		00:57:57	00:57:15	CLAC - ENTRONCAMENTO
2057	892	RICARDO MATIAS	M	31		00:57:57	00:55:40	
2058	2147	RUI FERNANDES	M	40		00:57:58	00:57:02	
2059	2753	ALEXANDRA JORG	F	47		00:57:58	00:54:52	APCE
2060	2671	JOAO H NOGUEIRA	M	36		00:57:59	00:55:54	
2061	1524	ANTÓNIO PEREIRA	M	73		00:57:59	00:57:49	G D C BANCO DE PORTUGAL
2062	2073	VITOR PEREIRA	M	43		00:58:00	00:54:25	
2063	1443	CARLOS SOUSA	M	46		00:58:01	00:56:08	APOGMA
2064	2107	LUÍS REGO	M	27		00:58:03	00:55:26	WANNABE'S
2065	464	ANTÓNIO MARCELO	M	52		00:58:03	00:55:56	
2066	241	VASCO METELO	M	37		00:58:04	00:56:14	
2067	205	HUMBERTO MATOS	M	50		00:58:05	00:56:26	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2068	780	JOSE CATARINO	M	50		00:58:05	00:55:09	
2069	2497	RICHARD JESUS	M	33		00:58:06	00:56:48	CLUBE MARGINAL
2070	2003	ANDRÉ CHAMBINO	M	33		00:58:07	00:55:39	
2071	791	MÁRIO CORREIA	M	29		00:58:08	00:55:25	
2072	2002	JOSE GOMES	M	44		00:58:08	00:55:40	
2073	2001	JOÃO OLIVEIRA	M	33		00:58:09	00:55:42	
2074	171	EDUARDO MARTINS	M	32		00:58:09	00:55:08	100% TEAM
2075	1226	AUGUSTO CARIA	M	62		00:58:10	00:56:28	
2076	2444	JOÃO CANAS	M	31		00:58:11	00:56:28	
2077	3842	JOSE SANTOS	M	53		00:58:12	00:55:09	SANTOS & FILHO
2078	2158	RITA MONTEIRO	F	38		00:58:12	00:56:13	
2079	376	PEDRO SILVEIRA	M	42		00:58:12	00:55:26	
2080	3398	PINTO ABREU	M	47		00:58:13	00:55:02	
2081	253	URBANO LOPES	M	45		00:58:13	00:57:58	
2082	416	ALBERTINO PACHECO	M	51		00:58:14	00:54:32	
2083	4236	RICARDO GOMES	M	43		00:58:15	00:56:32	C MILLENNIUM BCP
2084	3598	PEDRO RIBEIRO	M	31		00:58:17	00:56:12	
2085	4063	NUNO GONÇALVES	M	61		00:58:18	00:57:57	KEEP RUNNING
2086	962	JOAO MOSSO	M	34		00:58:18	00:57:39	
2087	614	VITOR AFONSO	M	51		00:58:19	00:55:58	
2088	2352	PAULO JORGE CARDOSO GONÇALVES	M	41		00:58:19	00:55:58	
2089	355	FERNANDO CLAUDINO	M	62		00:58:19	00:55:47	
2090	41	JOSE SOARES	M	52		00:58:20	00:57:46	C.C.R.D.BURINHOSA
2091	2038	DAVID VICENTE	M	38		00:58:21	00:56:20	
2092	2462	JORGE CÔCO	M	37		00:58:22	00:57:44	
2093	4521	MARIA MARQUES	F	52		00:58:22	00:56:40	C BENFICA ALG M MARTINS
2094	697	NUNO DIOGO	M	41		00:58:24	00:55:26	
2095	4522	ADALBERTO GRILO	M	52		00:58:25	00:55:54	C BENFICA ALG M MARTINS
2096	685	PAULO SANTOS	M	44		00:58:27	00:56:07	
2097	2747	PEDRO SILVA	M	16		00:58:27	00:55:41	
2098	2941	FRANCISCO MACHADO	M	22		00:58:27	00:57:08	
2099	4418	FRANCISCO CLERIGO	M	61		00:58:29	00:56:30	SS CGD
2100	956	FERNANDO ESTEVEZ VAZQUEZ	M	36		00:58:29	00:55:02	
2101	4298	JORGE ALVES	M	39		00:58:31	00:55:07	INDIVIDUAL
2102	2232	JOÃO PEDRO SANTOS	M	39		00:58:31	00:56:46	
2103	4497	MARIO RIBEIRO	M	44		00:58:31	00:55:21	INDIVIDUAL
2104	822	HERMÍNIO CABACEIRA	M	52		00:58:31	00:55:23	
2105	2391	DANIEL VINAGRE	M	36		00:58:32	00:54:51	
2106	3701	DAVID MARTINS	M	47		00:58:32	00:56:21	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2107	3715	JOEL TAVARES	M	26		00:58:33	00:56:11	
2108	3714	DIOGO GONÇALVES	M	28		00:58:33	00:55:17	
2109	389	JOÃO ÁLVARO CAPA	M	44		00:58:33	00:56:35	LEÕES DE MOLEDO
2110	3341	BARTOLOMEU PEREIRA	M	42		00:58:34	00:56:00	
2111	2100	DIOGO CORREIA	M	26		00:58:34	00:56:52	
2112	388	JOÃO PEDRO CAPA	M	39		00:58:34	00:56:36	LEÕES DE MOLEDO
2113	4032	BRUNO MADEIRA	M	36		00:58:35	00:57:55	INDIVIDUAL
2114	4122	ELISEU PINTO	M	64		00:58:35	00:56:36	SS CGD
2115	1267	ANDRÉ NEVES DA SILVA JORGE	M	38		00:58:35	00:55:03	
2116	1266	GONÇALO JORGE	M	40		00:58:35	00:55:02	
2117	1529	JORGE BOIM	M	38		00:58:35	00:55:34	TOCA RUNNERS
2118	3883	MIGUEL MATEUS	M	39		00:58:36	00:56:04	
2119	419	NUNO SILVA	M	16		00:58:36	00:54:53	
2120	1594	ELIAS ROMANO DA CRUZ	M	43		00:58:36	00:55:44	
2121	1250	PEDRO ALFERES	M	50		00:58:38	00:56:02	
2122	1315	DAVIDE JORGE LUCENA VALENTE	M	25		00:58:38	00:55:36	
2123	1041	PAULO BARATA	M	40		00:58:38	00:57:15	
2124	1823	JOÃO QUÍTALO	M	38		00:58:39	00:56:24	
2125	1824	PAULO MARTINS	M	39		00:58:39	00:56:23	
2126	3499	ANTONIO MIRANDA	M	48		00:58:40	00:55:26	
2127	1591	PEDRO DOMINGOS	M	42		00:58:41	00:58:27	
2128	3309	JOSÉ BAIXINHO	M	56		00:58:42	00:56:59	
2129	237	JOÃO PALMEIRO	M	18		00:58:42	00:55:47	
2130	2272	ALBERTINO SOARES	M	51		00:58:42	00:56:12	
2131	686	PAULO FAUSTINO	M	43		00:58:42	00:56:22	
2132	2195	FILOMENA SEMEDO	F	49		00:58:42	00:57:46	
2133	1118	HUGO XAVIER	M	37		00:58:42	00:56:00	
2134	3698	GONÇALO BERNARDO	M	35		00:58:44	00:56:15	INDIVIDUAL
2135	759	MANUEL BARROS	M	57		00:58:45	00:55:29	CLUBE ANACOM
2136	1597	PEDRO MACHADO	M	51		00:58:46	00:57:19	RUN 4 FUN
2137	481	CARLOS MANUEL NUNES LOPES CARDOSO	M	49		00:58:47	00:56:19	EXEMPLIBONUS
2138	4437	JOAQUIM MACHADO	M	61		00:58:47	00:58:15	CCDT AUT ALMADA
2139	4232	ANTONIO BALTAZAR	M	49		00:58:49	00:56:35	C MILLENNIUM BCP
2140	694	CARLA PEREIRA	F	42		00:58:50	00:57:42	
2141	1301	PAULO SÁ	M	44		00:58:51	00:57:17	
2142	3545	RUI SAMEIRO	M	45		00:58:52	00:56:28	
2143	2889	AMANDIO DO FUNDO TAVEIRA	M	56		00:58:52	00:57:53	GDC FONSECAS E CALÇADA
2144	2892	DANIEL MESQUITA	M	37		00:58:52	00:57:47	GDC FONSECAS E CALÇADA
2145	3544	PAULO MOURA	M	45		00:58:53	00:56:29	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2146	3803	MIKAEL SARAIVA	M	26		00:58:54	00:56:28	
2147	977	SARA VALADARES	F	42		00:58:54	00:57:08	ILOVEPV
2148	1804	ROGÉRIO DIAS	M	43		00:58:56	00:56:46	BOM PETISCO
2149	4482	PAULO MOURATO	M	41		00:58:56	00:56:45	INDIVIDUAL
2150	4007	NUNO BERTON	M	42		00:58:57	00:55:51	INDIVIDUAL
2151	417	JOÃO PACHECO	M	18		00:58:57	00:55:14	
2152	2101	HENRIQUE KOENDERS	M	42		00:58:58	00:55:14	
2153	1926	CLARA MAGALHÃES	F	41		00:58:59	00:58:22	
2154	191	JOAO GOMES	M	43		00:58:59	00:56:49	
2155	1415	TOMAZ BAIRROS	M	48		00:58:59	00:54:14	
2156	3434	FERNANDO LEÃO	M	46		00:59:00	00:56:31	
2157	3272	JOÃO DUARTE FINO	M	48		00:59:00	00:57:57	
2158	1832	JOÃO CARVALHO	M	25		00:59:00	00:57:54	HK GYM
2159	4477	TIAGO MARQUES	M	20		00:59:00	00:56:13	INDIVIDUAL
2160	3414	ANTONIO SAIOTE	M	37		00:59:01	00:56:56	
2161	1899	ADERITO CARRELHAS	M	60		00:59:01	00:57:02	
2162	3647	RICARDO PINELA	M	23		00:59:02	00:58:10	
2163	451	BRUNO ALMEIDA	M	36		00:59:03	00:56:45	
2164	3898	PEDRO RODRIGUES	M	22		00:59:03	00:57:27	
2165	3756	NUNO ALMEIDA	M	38		00:59:04	00:58:07	
2166	131	RICARDO MACHADO SILVA	M	32		00:59:04	00:58:39	METLIFE
2167	2808	CARLOS MARQUES	M	47		00:59:05	00:56:12	
2168	360	AMERICO COSTA	M	56		00:59:05	00:57:18	TECNOSPIE
2169	233	ÁLVARO COSTA	M	43		00:59:05	00:56:42	
2170	1869	ANABELA MARIA	F	43		00:59:05	00:58:21	SPORTING CLUBE MOITENSE
2171	3655	FREDERICO FERREIRA	M	34		00:59:06	00:53:54	AC DO CARACOL
2172	2830	PAULO SANTOS	M	38		00:59:06	00:57:10	
2173	4448	JOAO VINAGRE	M	49		00:59:07	00:58:06	INDIVIDUAL
2174	345	LAURA RUIVO	F	18		00:59:07	00:56:23	
2175	2745	ALVARO SILVA	M	49		00:59:07	00:56:21	
2176	890	FATIMA SANTOS	F	34		00:59:08	00:56:07	
2177	1157	SARA ASSUNÇÃO	F	28		00:59:08	00:56:49	
2178	3911	SÉRGIO LOURO	M	27		00:59:09	00:56:23	
2179	2129	VICTOR SANTOS	M	48		00:59:09	00:57:05	
2180	432	MÁRIO MANUEL GONÇALVES DOS SANTOS	M	47		00:59:09	00:56:15	
2181	3627	JOÃO VELOSO	M	42		00:59:10	00:58:16	
2182	3763	FERNANDO SÉRGIO SILVA	M	47		00:59:10	00:56:42	
2183	816	PAULO DIAS	M	49		00:59:10	00:57:08	
2184	2517	LEONOR MARTINHO	F	35		00:59:11	00:58:04	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2185	817	CHEILA DIAS	F	26		00:59:11	00:57:09	
2186	3561	JOHN SPEEDY GONZALES	M	36		00:59:11	00:57:08	
2187	2397	HELDER MATIAS	M	58		00:59:12	00:57:06	
2188	1655	HUGO LEITÃO	M	35		00:59:13	00:58:04	OS PADEIROS
2189	1654	BRUNO LEITÃO	M	28		00:59:14	00:58:05	OS PADEIROS
2190	1626	JOSÉ OLIVEIRA	M	32		00:59:14	00:56:47	
2191	1081	MÁRIO EMÍDIO	M	50		00:59:14	00:59:06	
2192	1624	AGOSTINHO OLIVEIRA	M	54		00:59:14	00:56:47	
2193	1092	NUNO CARVALHO	M	41		00:59:15	00:56:01	
2194	4557	PAULO CALIXTO	M	42		00:59:15	00:56:02	LEXUS
2195	1094	JOÃO CRUZ	M	41		00:59:16	00:56:02	
2196	3269	SÉRGIO MIGUEL GONÇALVES ARVELOS	M	36		00:59:16	00:57:08	
2197	48	PAULO PEDROSO	M	48		00:59:17	00:57:30	C.C.R.D.BURINHOSA
2198	3707	CARLOS MARTINS	M	30		00:59:17	00:56:36	
2199	1433	JOÃO BERNARDINO	M	40		00:59:18	00:57:31	DEVAGAR, DEVAGARINHO...
2200	3340	JOSÉ BARRIGA	M	69		00:59:19	00:59:19	
2201	2847	CÁTIA COELHO	F	24		00:59:19	00:57:40	BESJOGING
2202	707	RICARDO PIMENTA	M	39		00:59:19	00:57:03	
2203	173	MARCO MENDES	M	34		00:59:19	00:56:35	
2204	1575	RUI FIGUEIRA	M	34		00:59:19	00:56:03	
2205	3338	JOSÉ SOUSA	M	66		00:59:19	00:59:19	
2206	2099	JORGE PEREIRA	M	28		00:59:20	00:57:38	
2207	628	ATLETA NÃO CADASTRADO	M	0		00:59:20	00:57:14	
2208	133	JORGE MANUEL MENDES PIRES	M	49		00:59:20	00:58:52	METLIFE
2209	4224	ANGELA HORTA	F	48		00:59:20	00:56:17	C MILLENNIUM BCP
2210	1579	ANTONIO ALVES	M	43		00:59:20	00:56:03	
2211	3468	ANTÓNIO CIPRIANO	M	69		00:59:21	00:58:01	AMCR FONTE GRADA
2212	132	HUGO SILVA MAIA	M	30		00:59:21	00:58:55	METLIFE
2213	3709	CARLOS LOPES	M	55		00:59:22	00:56:42	
2214	2952	LILIANA MENDONÇA	F	31		00:59:22	00:56:06	
2215	172	ANTONIO ANDRADE	M	51		00:59:22	00:58:58	METLIFE
2216	2175	PAULO AMARAL	M	47		00:59:22	00:56:28	
2217	1908	NUNO NETTO	M	38		00:59:24	00:57:42	
2218	2946	MIGUEL GARANHOTO	M	39		00:59:24	00:57:06	
2219	3292	EDMUNDO CARDEIRA	M	67		00:59:24	00:57:28	
2220	1904	CARLOS AMARAL	M	36		00:59:24	00:57:42	
2221	624	JOAO CARRINHO	M	34		00:59:25	00:57:22	
2222	3921	MARCO NEVES	M	35		00:59:27	00:56:55	
2223	3759	ANDRE VIEIRA	M	40		00:59:28	00:56:20	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2224	3931	ANA VAREJÃO	F	50		00:59:29	00:58:01	RUN 4 FUN
2225	1785	JOSE FREITAS	M	50		00:59:34	00:57:44	
2226	295	ANTÓNIO CASINHAS CAPUCHO	M	51		00:59:34	00:57:06	
2227	659	JOÃO TENENTE	M	31		00:59:34	00:59:25	
2228	1786	FREITAS RIBEIRO	M	46		00:59:34	00:57:45	
2229	1167	MARCO CARVALHO	M	36		00:59:35	00:55:49	
2230	109	ZELUIS DOMINGOS	M	49		00:59:35	00:57:08	
2231	1169	TIAGO OLIVEIRA	M	34		00:59:35	00:55:47	
2232	2697	VASCO VIEIRA	M	36		00:59:35	00:56:20	ACTIVE PEOPLE - GLORYSYMBOL
2233	1072	PEDRO MATOS	M	36		00:59:36	00:57:16	
2234	3706	ALBERTO CORREIA	M	54		00:59:37	00:56:56	
2235	3420	GUSTAVO GONZÁLEZ	M	28		00:59:37	00:56:22	
2236	2792	LUIS PARDAL	M	46		00:59:37	00:57:54	SERVIÇOS SOCIAIS MONTEPIO GERA
2237	3560	JOSÉ CERQUEIRA	M	37		00:59:38	00:57:35	
2238	4257	AMADEU SILVA	M	66		00:59:38	00:59:02	INDIVIDUAL
2239	4192	PEDRO CARVALHO	M	43		00:59:39	00:57:52	C MILLENNIUM BCP
2240	894	BRUNO MATIAS	M	34		00:59:39	00:57:22	
2241	4308	ANTONIO FERREIRA	M	43		00:59:40	00:59:40	FAMILIA CALADO FERREIRA
2242	1714	JORGE DIAS	M	48		00:59:41	00:57:38	
2243	488	LUÍS BARROSO	M	55		00:59:41	00:57:11	
2244	682	LUIS LARA	M	64		00:59:42	00:56:58	
2245	2079	JORGE PEREIRA	M	50		00:59:42	00:56:06	
2246	1205	VITOR FIGUEIREDO	M	36		00:59:42	00:56:03	
2247	2557	ANTONIO FONSECA	M	68		00:59:43	00:58:25	
2248	1204	HUGO SANTOS	M	37		00:59:43	00:56:04	
2249	4053	PAULO MENDES	M	37		00:59:43	00:57:21	INDIVIDUAL
2250	1103	ABÍLIO ABREU	M	31		00:59:44	00:57:02	
2251	293	ALEXANDRE MIGUEL DA GRAÇA ANTUNES	M	39		00:59:45	00:56:24	
2252	285	NELSON JOÃO PIRES DA SILVA	M	38		00:59:45	00:56:26	
2253	2288	TIAGO SANTOS	M	25		00:59:46	00:56:45	
2254	174	NUNO CORREIA	M	32		00:59:47	00:57:39	
2255	2289	JOÃO BAPTISTA	M	26		00:59:47	00:56:46	
2256	3999	JOÃO GONÇALVES	M	18		00:59:47	00:56:17	
2257	3542	JOSE MENDES	M	47		00:59:47	00:57:52	
2258	1497	HUGO MARQUES	M	39		00:59:47	00:57:12	
2259	2888	INÊS DOMINGOS	F	27		00:59:48	00:58:37	GANHA...DORES
2260	86	GONÇALO MATOS	M	27		00:59:48	00:56:34	
2261	618	HÉLIO GODINHO	M	64		00:59:49	00:56:29	
2262	2690	INÊS VICENTE COSTA	F	28		00:59:49	00:56:26	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2263	258	DOMINGOS PIRES	M	61		00:59:49	00:56:31	
2264	3997	JOAO GONÇALVES	M	46		00:59:49	00:56:18	
2265	149	CÁTIA PEDRO	F	35		00:59:50	00:58:29	GDINE
2266	4485	FERNANDO GUERRA	M	72		00:59:51	00:59:14	INDIVIDUAL
2267	3404	JOSÉ OLIVEIRA	M	42		00:59:52	00:59:52	
2268	3910	MELIISA LOPES	F	24		00:59:54	00:57:08	
2269	3314	JUDITE BAIXINHO	F	28		00:59:55	00:58:13	
2270	1803	FERNANDO LOURENÇO	M	64		00:59:55	00:57:45	BOM PETISCO
2271	3467	JOÃO PINTO	M	41		00:59:56	00:56:16	
2272	663	JOSÉ PINTO	M	33		00:59:57	00:57:02	LEÕES DE ALVERCA
2273	3986	RUI CRUZ	M	46		00:59:58	00:58:21	
2274	4338	RICARDO SANTOS	M	31		00:59:59	00:59:34	BRILADA ULTRAS SPORTING
2275	3652	ANTÓNIO FONSECA	M	37		00:59:59	00:54:51	AC DO CARACOL
2276	1300	DAVID CADEIRINHAS	M	19		00:59:59	00:57:27	
2277	4683	HUGO M R MARQUES	M	35		01:00:00	00:57:31	INDIVIDUAL
2278	2247	JOÃO PEDRO LEANDRO	M	41		01:00:00	00:56:38	
2279	1175	MIGUEL CORREIA	M	20		01:00:00	00:56:30	
2280	57	CRISTINA CUNHA	F	44		01:00:01	00:57:37	
2281	2638	JOÃO PEREIRA	M	47		01:00:01	00:56:32	
2282	2583	BRUNO CASADINHO	M	34		01:00:02	00:57:30	
2283	2582	JOSÉ CANCELA	M	48		01:00:02	00:57:30	
2284	3761	DAVIDE PEREIRA	M	60		01:00:03	00:57:42	
2285	2606	RÚBIA PROCHMANN	F	26		01:00:03	00:56:48	
2286	3764	RUI RAMOS	M	38		01:00:04	00:58:30	
2287	103	DANIEL SANTOS	M	40		01:00:04	00:58:37	VFF 1896
2288	1386	CARLOS RIBEIRO	M	41		01:00:06	00:57:53	
2289	4137	RUI OLIVEIRA	M	48		01:00:06	00:58:02	SS CGD
2290	151	ELSA SOARES	F	40		01:00:06	00:59:03	GDINE
2291	1332	MARCO LOPES	M	30		01:00:07	00:57:41	
2292	1945	SANDRA LETRAS	F	29		01:00:07	00:58:58	ODEBRECHT PORTUGAL
2293	1870	MÁRCIA JESUS	F	22		01:00:08	00:59:24	SPORTING CLUBE MOITENSE
2294	4020	RUI SIMOES	M	41		01:00:08	00:58:13	GD BANCO BPI
2295	3556	JOSÉ CARLOS GONÇALVES LAMEIRA	M	35		01:00:08	00:57:57	
2296	2674	PAULO LEITE	M	43		01:00:09	00:58:29	
2297	2522	JOSÉ JOAQUIM PIRES GIL	M	42		01:00:10	00:58:26	
2298	1848	JOÃO GASPAR	M	59		01:00:10	00:59:05	SCALABIS NIGHT RUNNERS
2299	1849	JOÃO VITORINO	M	49		01:00:11	00:59:05	SCALABIS NIGHT RUNNERS
2300	2384	IVO LIMA	M	37		01:00:12	00:56:38	
2301	2186	IRINA LOPES	F	29		01:00:12	00:58:51	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2302	3553	JOAQUIM FONSECA	M	58		01:00:12	00:58:52	OS SUPER
2303	769	DIOGO GIL	M	25		01:00:13	00:57:00	
2304	2076	PAULA VEIGA	F	37		01:00:13	00:58:43	
2305	3809	JOSE ROCHA	M	47		01:00:14	00:58:01	
2306	1010	PAULO JOAQUIM SOUSA FERNANDES	M	47		01:00:18	00:58:30	
2307	766	BERNARDO AZEVEDO	M	32		01:00:19	00:58:25	TERTÚLIA LEONINA
2308	1581	ILÍDIO MONTEIRO	M	64		01:00:19	00:58:41	
2309	239	ANTÓNIO ALBERTO COELHO MONTEIRO	M	67		01:00:20	00:57:21	MEGATREFES
2310	2341	DANIEL ALBUQUERQUE	M	25		01:00:21	01:00:10	
2311	323	GONÇALO SENA	M	17		01:00:22	00:57:42	5 VIOLINOS
2312	1973	RUTE SANTOS	F	48		01:00:22	00:58:25	
2313	3905	ANA FERREIRA	F	45		01:00:23	00:57:10	NB RUN
2314	4651	MAFALDA FARIA	F	32		01:00:23	00:57:10	C M L
2315	2246	MARTA NAVES CARDOZO	F	36		01:00:23	00:57:02	
2316	1537	MIGUEL SANTOS	M	36		01:00:23	00:57:21	TOCA RUNNERS
2317	3324	NUNO ALMEIDA	M	39		01:00:25	00:58:25	SPORTINGS DE ALMEIDA
2318	3614	MANUEL MAIA	M	74		01:00:26	00:59:42	CLAC - ENTRONCAMENTO
2319	3609	FERNANDO ALMEIDA	M	36		01:00:26	00:59:42	CLAC - ENTRONCAMENTO
2320	1056	MÁRIO GOMES	M	39		01:00:27	00:58:49	
2321	2911	JOSÉ MARIA FALCÃO TRIGOSO	M	22		01:00:27	00:57:51	
2322	83	VASCO OLIVEIRA	M	28		01:00:27	00:57:17	
2323	915	MARIANA PRELHAZ	F	22		01:00:28	00:58:34	
2324	914	ANTÓNIO PRELHAZ	M	51		01:00:28	00:58:34	
2325	3773	JOSÉ VIEGAS	M	60		01:00:28	00:58:59	JUBASTEAM
2326	2489	ATLETA NÃO CADASTRADO	M	0		01:00:29	00:58:38	
2327	723	NUNO ROBY AMORIM	M	51		01:00:29	00:58:53	
2328	3873	FATIMA FERNANDES	F	53		01:00:29	00:58:11	
2329	2251	JOAQUIM RAMALHO	M	44		01:00:31	00:57:49	
2330	4296	MAXIMIANO NUNES	M	46		01:00:32	00:59:09	INDIVIDUAL
2331	2791	LILIANA RODRIGUES	F	32		01:00:33	00:58:06	SERVIÇOS SOCIAIS MONTEPIO GERA
2332	2560	ANTÓNIO FERREIRA	M	65		01:00:33	00:58:35	
2333	2537	SERGIO FILIPE	M	38		01:00:33	00:58:03	
2334	1705	MIGUEL LAVRADOR	M	43		01:00:33	00:56:15	
2335	2359	ÂNGELO MARQUES	M	51		01:00:34	00:58:28	DÁ-LE!
2336	2433	MARIA SILVA	F	45		01:00:35	00:57:55	
2337	4435	JOSE GONÇALVES	M	63		01:00:35	00:59:28	CCDT AUT ALMADA
2338	334	PAULO JORGE	M	28		01:00:36	00:58:56	OS CARACÓIS FURIOSOS
2339	4532	CRISTIANO SANTOS	M	36		01:00:37	00:58:21	INDIVIDUAL
2340	150	DANIELA OLIVEIRA	F	32		01:00:38	00:59:35	GDINE

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2341	3805	JOÃO FONSECA	M	27		01:00:39	00:58:12	
2342	3405	DUARTE FURTADO	M	26		01:00:39	00:58:19	
2343	4547	JOANA FREITAS	F	31		01:00:40	00:58:20	A BOLA
2344	4184	SONIA RODRIGUES	F	40		01:00:41	00:58:19	C MILLENNIUM BCP
2345	4541	PEDRO PEDROSO	M	43		01:00:44	00:59:48	A BOLA
2346	2553	GIL FERREIRA	M	28		01:00:45	00:56:12	
2347	2985	CARLOS ELAVAI	M	27		01:00:46	00:56:13	OS ELAVAIS
2348	2625	LUISA SANTOS	F	46		01:00:47	00:59:25	
2349	2155	JOSÉ BAPTISTA	M	57		01:00:48	00:59:05	
2350	434	ANA CANDEIAS	F	40		01:00:49	00:58:34	ENJOADAS DO ASFALTO
2351	3373	FREDERICO SOUSA	M	51		01:00:49	00:58:24	
2352	3674	TIAGO CASTRO	M	29		01:00:51	00:57:43	RUNFORYOURJOLA
2353	3271	PATRICIA VALA	F	40		01:00:52	00:59:26	
2354	2399	RUI AFONSO	M	39		01:00:52	00:58:05	
2355	3757	ANDRÉA ALMEIDA	F	37		01:00:53	00:59:53	
2356	1666	JORGE SILVA	M	59		01:00:54	00:59:44	
2357	4120	AURELIO CALADO	M	65		01:00:55	00:58:03	SS CGD
2358	2990	JOAO ESPIGA MACHADO	M	29		01:00:58	00:58:00	
2359	1378	NUNO BANDARRA	M	37		01:00:58	00:57:41	RUN@FIGUEIRA
2360	3673	RUI SERRANO	M	33		01:00:59	00:57:50	RUNFORYOURJOLA
2361	1822	NUNO MARTINS	M	21		01:01:00	00:58:59	
2362	2856	DANIEL FERREIRA	M	32		01:01:01	00:57:13	JAKESTÁ NÃOCORRE
2363	4396	FRANCISCO LOPES	M	53		01:01:03	00:57:44	INDIVIDUAL
2364	438	VÍTOR GONÇALVES	M	46		01:01:05	00:59:38	
2365	437	GUILHERME NUNES	M	64		01:01:05	00:59:40	
2366	3737	MÓNICA SANTOS	F	36		01:01:06	00:57:23	
2367	615	JOSÉ PEREIRA	M	57		01:01:06	00:58:45	
2368	639	ADELAIDE PALMA	F	43		01:01:06	01:00:37	
2369	122	RICARDO BENTO	M	25		01:01:08	01:00:08	GALHARDENSE PÉS DE CHUMBO
2370	3597	DIOGO BATISTA	M	35		01:01:09	00:59:04	
2371	3393	NUNO TERRAQUENTE	M	42		01:01:11	00:58:28	SPORTING SEMPRE
2372	3392	JOÃO CARDOSO	M	40		01:01:12	00:58:29	SPORTING SEMPRE
2373	3804	HORACIO JOÃO FELGUEIRAS	M	54		01:01:13	00:58:20	
2374	500	ANA MARIA GUIMARAES	F	56		01:01:15	00:58:31	CLUBE COLABORADORES AXA
2375	4432	ARMANDO GONÇALVES	M	62		01:01:16	01:00:43	CCDT AUT ALMADA
2376	837	NATÁLIA OLIVEIRA	F	31		01:01:16	00:59:27	
2377	507	JOÃO PAULO PINTO	M	45		01:01:16	00:58:30	CLUBE COLABORADORES AXA
2378	2563	EDUARDO DIAS	M	28		01:01:17	00:58:03	PISGA-TE!
2379	2457	SÉRGIO PATRÍCIO	M	41		01:01:17	00:58:29	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2380	4503	CARLOS HENRIQUES	M	38		01:01:18	00:57:36	INDIVIDUAL
2381	2561	NUNO ABRANTES	M	26		01:01:18	01:01:18	PISGA-TE!
2382	143	CLAUDIA DUARTE	F	34		01:01:19	00:59:49	OS SPEEDYS
2383	2562	MÁRIO DIAS	M	31		01:01:19	00:58:07	PISGA-TE!
2384	236	LUÍS ROMA	M	30		01:01:19	00:59:20	
2385	4472	LUIS ROSA	M	56		01:01:20	00:59:49	INDIVIDUAL
2386	2144	CARLOS ASSUNÇÃO	M	59		01:01:21	01:00:44	CLUBE DE ATLETISMO DA NAZARÉ
2387	1058	ROMÃO VALENTE	M	52		01:01:22	00:59:32	
2388	674	ANTÓNIO JESUS	M	70		01:01:22	00:59:37	
2389	2851	TIAGO ANTUNES	M	22		01:01:23	00:57:48	
2390	2601	MARGARIDA BOAVIDA FERREIRA	F	30		01:01:23	00:58:26	
2391	2505	FILIPE CORREIA	M	37		01:01:24	01:01:24	
2392	115	ANTÓNIO PEREIRA	M	25		01:01:25	00:59:58	VFF 1896
2393	30	RICARDO GONÇALVES	M	17		01:01:25	00:58:27	
2394	146	PEDRO RIBEIRO	M	41		01:01:26	00:59:54	OS SPEEDYS
2395	2784	JOAO FIGUEIREDO	M	43		01:01:28	00:59:14	SERVIÇOS SOCIAIS MONTEPIO GERA
2396	782	RICARDO CAMPOS	M	38		01:01:29	00:59:30	
2397	809	AFONSO DUARTE	M	24		01:01:30	00:58:51	
2398	2700	FLÁVIO PINHEIRO	M	27		01:01:31	00:58:15	
2399	2699	DIANA ORGHIAN	F	27		01:01:31	00:58:14	
2400	4133	PAULA GONÇALVES	F	39		01:01:31	00:59:23	SS CGD
2401	3576	JOÃO SANTOS	M	29		01:01:32	00:58:26	
2402	1137	FERNANDO LOPES	M	42		01:01:32	00:58:27	GIL EANES RUNNING
2403	876	CARLOS FILIPE NUNES BARATA	M	45		01:01:32	01:00:15	
2404	4286	JOAO BRANCO	M	67		01:01:33	00:58:45	AAE BNU
2405	4430	JOANA BRANCO	F	36		01:01:33	00:58:46	INDIVIDUAL
2406	1712	FILOMENA SANTANA	F	48		01:01:33	01:00:09	
2407	3409	CLÁUDIO SILVA	M	38		01:01:34	00:57:46	
2408	4025	RITA CERTA	F	38		01:01:34	00:59:07	INDIVIDUAL
2409	4027	CLAUDIA SANTOS	F	33		01:01:35	00:59:08	INDIVIDUAL
2410	1423	ANDRÉ NUNES	M	27		01:01:35	01:01:35	
2411	1583	CATARINA VARGES	F	41		01:01:35	01:00:14	
2412	1940	RUI BATISTA	M	40		01:01:35	01:01:15	
2413	256	SUSETE VARELA	F	40		01:01:36	01:00:16	BREJOENSES
2414	1194	CARLOS NUNES	M	53		01:01:36	00:57:46	
2415	3776	SARA PAULINO	F	32		01:01:37	00:57:52	JUBASTEAM
2416	257	VITOR JANEIRO	M	38		01:01:37	01:00:16	BREJOENSES
2417	3368	GORETI CABELEIRA	F	47		01:01:37	00:59:51	
2418	2780	CARLOS MELO	M	37		01:01:37	00:59:04	SERVIÇOS SOCIAIS MONTEPIO GERA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2419	2116	GONÇALO PEDRO	M	35		01:01:37	00:58:03	
2420	4665	RITA SILVA	F	33		01:01:37	00:59:11	INDIVIDUAL
2421	3944	ROSÁRIO FIGUEIRAL	F	47		01:01:38	00:59:54	
2422	299	PAULO DIAS	M	42		01:01:38	00:58:43	
2423	917	LUÍS DELGADO	M	41		01:01:38	00:59:41	HIDRENKI
2424	1004	PEDRO CARREIRA	M	25		01:01:39	00:57:59	OS ZINGARELHOS
2425	383	JORGE PINTO	M	37		01:01:39	00:58:38	
2426	1646	LUÍS TRIGO	M	34		01:01:39	00:59:00	OS CONTA-KILÓMETROS
2427	916	JOSÉ MIGUEL SILVA	M	24		01:01:39	00:59:44	HIDRENKI
2428	561	RUI PEREIRA	M	58		01:01:40	00:59:09	
2429	1002	EDGAR PASCOAL	M	32		01:01:40	00:57:59	OS ZINGARELHOS
2430	3566	DAVID PAULINO	M	25		01:01:40	00:58:56	TATUGRAZINA
2431	4009	ANA BALEIRAS	F	35		01:01:41	00:58:00	INDIVIDUAL
2432	2456	JOÃO CAETANO	M	22		01:01:41	00:59:18	
2433	363	RUI TIAGO MARTINS	M	31		01:01:42	00:56:28	TECNOSPIE
2434	3265	GONÇALO MARQUES	M	37		01:01:42	00:56:28	AC DO CARACOL
2435	4601	HENRIQUE NETO	M	38		01:01:43	00:58:52	TABAQUIERA
2436	942	MARIO SILVA	M	46		01:01:44	00:58:19	
2437	865	JOAO FERNANDES	M	29		01:01:44	00:59:38	
2438	2794	MONICA ABREU	F	34		01:01:45	00:58:55	SERVIÇOS SOCIAIS MONTEPIO GERA
2439	4254	ANTONIO FERRO	M	59		01:01:46	00:59:36	INDIVIDUAL
2440	1744	PEDRO MIGUEL DIAS	M	41		01:01:48	00:58:22	
2441	2431	MANUELA LACERDA	F	48		01:01:49	00:57:56	
2442	4312	JOSE ALIPIO	M	57		01:01:49	01:01:13	INDIVIDUAL
2443	1493	CÁTIA MARIANO	F	34		01:01:50	00:58:41	
2444	1745	RUI CARDOSO	M	47		01:01:51	00:58:23	
2445	1746	JOANA CARDOSO	F	20		01:01:51	00:58:24	
2446	973	JOAO MARQUES	M	37		01:01:51	01:01:07	
2447	3329	ANTÓNIO RODRIGUES	M	43		01:01:52	01:00:12	
2448	1935	FILIPPE MARQUES	M	16		01:01:52	00:59:46	
2449	3919	GABRIEL CABRINHAS	M	33		01:01:52	00:58:28	CABRINHAS
2450	2743	PEDRO SANTOS	M	30		01:01:53	00:58:05	
2451	3912	BERNARDO FERREIRA	M	25		01:01:53	00:59:05	
2452	4499	CARLOS ALMEIDA	M	41		01:01:54	00:58:28	INDIVIDUAL
2453	2287	ANA ISABEL DUARTE CHAGAS	F	44		01:01:54	01:00:08	
2454	499	FÁBIO PIO	M	42		01:01:54	01:01:43	
2455	2332	MARCOS MADEIRA	M	40		01:01:55	00:59:39	
2456	2850	OFÉLIA AUGUSTO	F	56		01:01:55	01:00:16	BESJOGING
2457	2849	CELSO COELHO	M	54		01:01:55	00:59:52	BESJOGING

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2458	309	CÁTIA MONTEIRO	F	29		01:01:56	00:59:42	
2459	3741	JOAQUIM LOPES	M	65		01:01:57	00:59:09	
2460	3740	NUNO LOPES	M	36		01:01:58	00:59:10	
2461	2721	DUARTE FRANCISCO	M	29		01:01:58	00:58:25	
2462	3617	JOSÉ SOARES	M	34		01:01:59	00:58:23	
2463	3551	MÁRIO REIS	M	40		01:02:00	00:58:21	
2464	2602	PEDRO NUNO OLIVEIRA CLÍMACO PINTO	M	31		01:02:00	00:58:21	
2465	3616	ANDRÉ ALMEIDA	M	28		01:02:01	00:58:24	
2466	1868	SARA PRIMOR	F	27		01:02:02	01:01:19	SPORTING CLUBE MOITENSE
2467	3577	RUI SEBASTIÃO	M	40		01:02:02	00:59:25	
2468	3440	ROSA MARQUES	F	41		01:02:03	00:59:18	
2469	2547	CARMINDA REGA	F	51		01:02:05	00:59:44	
2470	3904	ANTONIO DOMINGOS	M	67		01:02:06	01:00:15	
2471	2590	LUÍS MATIAS	M	36		01:02:06	00:58:03	
2472	4371	GABRIELA MARQUES	F	37		01:02:07	00:59:54	INDIVIDUAL
2473	2729	HERACLIDES CHAPARRO	M	63		01:02:08	00:56:43	
2474	4370	LURDES SANTOS	F	34		01:02:09	00:59:56	INDIVIDUAL
2475	3571	ANDRÉ BANZA	M	34		01:02:09	00:59:56	LEBRES DO SAGITÁRIO
2476	2249	LUÍS MENDES LOUREIRO	M	28		01:02:11	00:59:19	
2477	2795	PAULO JESUS	M	42		01:02:11	00:59:50	SERVIÇOS SOCIAIS MONTEPIO GERA
2478	3304	TIAGO FERNANDES	M	27		01:02:11	00:59:42	TATUGRAZINA
2479	226	ANA CORREIA	F	26		01:02:12	01:00:00	OS CONTA-KILÓMETROS
2480	1036	MIGUEL CRUZ	M	41		01:02:12	00:59:13	
2481	4067	JOSE P CARLOS	M	67		01:02:13	00:58:51	C BENFICA ALG M MARTINS
2482	4515	JOAQUIM HERMENEGILDO	M	51		01:02:13	00:58:52	C BENFICA ALG M MARTINS
2483	4313	JOAO CAPAO	M	42		01:02:14	01:01:11	INDIVIDUAL
2484	4314	CARMINHO LETRA	F	39		01:02:14	01:01:11	INDIVIDUAL
2485	1952	ANTONIO ALVES	M	58		01:02:15	01:01:06	ODEBRECHT PORTUGAL
2486	1306	RICARDO SARDINHEIRO	M	41		01:02:15	01:00:37	PANELA MAGICA
2487	1303	MARCO JACINTO	M	38		01:02:15	01:02:15	PANELA MAGICA
2488	1305	LUIS LOPES	M	47		01:02:16	01:02:16	PANELA MAGICA
2489	730	SUSANA I. DO E. S. P. M. MENDES	F	42		01:02:17	01:01:25	
2490	1019	LUÍS FRANCO	M	35		01:02:18	00:58:29	SLOWRIDERS RUNNING TEAM
2491	591	CARLOS BERNARDINO	M	30		01:02:18	00:58:29	SLOWRIDERS RUNNING TEAM
2492	3824	EDUARDO JORGE DA SOLEDADE GAMA	M	34		01:02:20	00:58:50	
2493	741	MIGUEL GOUVEIA	M	31		01:02:20	00:59:22	
2494	3927	CONSTÂNCIO ALMEIDA	M	55		01:02:21	01:00:20	G. A. MONSANTO/GASCAN
2495	4297	SARA PIRES	F	31		01:02:23	01:00:15	INDIVIDUAL
2496	2022	JOSÉ BRANCO	M	37		01:02:24	00:59:18	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2497	1326	MIGUEL JAMES BROWN MARTINS MENDES	M	39		01:02:24	01:00:43	
2498	3727	BRUNO JACINTO	M	36		01:02:24	00:59:24	
2499	4022	GUSTAVO LEITE	M	18		01:02:24	00:59:48	INDIVIDUAL
2500	4287	MANUEL OLIVEIRA	M	75		01:02:25	00:59:36	AAE BNU
2501	1318	JOÃO SALVADO DE MELO	M	37		01:02:26	00:58:29	
2502	3924	ANTÓNIO REYES	M	60		01:02:26	01:00:28	G. A. MONSANTO/GASCAN
2503	4093	JOSE ABREU	M	66		01:02:27	00:59:38	GDCT IN CASA MOEDA
2504	4474	ANTONIO FERNANDES	M	19		01:02:27	00:59:40	INDIVIDUAL
2505	1039	PEDRO PEDROSO	M	43		01:02:28	01:02:28	
2506	1087	NATACHA COTRIM	F	20		01:02:28	01:00:24	
2507	2935	DAVID SILVA	M	31		01:02:28	01:00:55	OS SPEEDYS
2508	2634	MANUEL HENRIQUES	M	36		01:02:29	01:00:56	
2509	4348	NUNO PEREIRA	M	37		01:02:29	00:59:57	INDIVIDUAL
2510	2052	RICARDO CORREIA	M	33		01:02:30	00:59:01	
2511	1721	ARTUR SANTOS	M	46		01:02:32	01:00:40	CROMOSSOMAS
2512	2164	PEDRO PEREIRA	M	35		01:02:32	00:59:38	PROSTATIC TEAM
2513	2163	MARIO HENRIQUES	M	29		01:02:32	00:59:37	PROSTATIC TEAM
2514	1042	PAULO SANTOS	M	47		01:02:33	00:59:38	
2515	3549	BERNARDETE VAZ	F	42		01:02:35	01:00:50	TARTARUGAS SOLIDÁRIAS
2516	391	INÊS MARQUES	F	40		01:02:35	01:00:14	
2517	486	JORGE BRITO	M	44		01:02:36	00:59:40	
2518	2909	MARIA MOITINHO DE ALMEIDA	F	25		01:02:36	01:00:00	
2519	3534	JOSÉ PAIO	M	42		01:02:37	01:00:14	
2520	1043	MÁRIO LOPES	M	46		01:02:37	00:59:40	
2521	3477	MIGUEL PEREIRA	M	30		01:02:38	00:59:07	
2522	1097	ANTÓNIO DOS SANTOS FONSECA	M	58		01:02:39	01:00:52	
2523	2451	JOÃO NASCIMENTO	M	44		01:02:39	00:59:28	CCD CRÉDITO AGRÍCOLA MÚTUO
2524	78	PEDRO CAMPOS D'OLIVEIRA	M	43		01:02:39	00:59:32	
2525	903	EDUARDO CARDOSO	M	45		01:02:43	01:02:13	GDCT UNICRE
2526	3914	ANTÓNIO ESPADA	M	67		01:02:44	01:00:19	
2527	1900	DANIEL BAIÃO	M	29		01:02:44	01:00:25	
2528	2443	JOAQUIM DIREITINHO CAPUCHO	M	63		01:02:46	00:59:56	
2529	4345	JOAO ALVES	M	35		01:02:47	01:02:31	BRILADA ULTRAS SPORTING
2530	2316	JOÃO PAULO CARVALHO	M	55		01:02:49	01:00:18	OS COTAS
2531	1577	CRISTINA FIGUEIRA	F	38		01:02:51	01:01:16	JOBRINDE - MONTES SALOIOS
2532	662	JOÃO PINTO	M	33		01:02:51	00:59:55	LEÕES DE ALVERCA
2533	2085	BEATRIZ FIGUEIREDO	F	38		01:02:54	00:59:58	
2534	2134	PAULA MACHADO	F	36		01:02:56	01:00:04	
2535	106	OLIVIA LUCAS	F	49		01:02:56	01:01:06	BREAKAWAY

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2536	1243	NUNO MARQUES	M	44		01:02:57	00:59:54	
2537	3892	ANTÓNIO SILVA	M	16		01:02:58	01:01:06	
2538	2695	SAIDA MORAIS	F	42		01:03:01	00:59:49	ACTIVE PEOPLE - GLORYSYMBOL
2539	1632	PAULO COSTA	M	35		01:03:03	00:59:39	
2540	2621	PEDRO XAVIER	M	30		01:03:03	00:59:51	DUPLA INÚTIL
2541	2620	GUIDO SANTOS	M	31		01:03:04	00:59:51	DUPLA INÚTIL
2542	802	PEDRO AMARAL	M	33		01:03:05	01:01:07	
2543	1631	DANIEL GOMEZ	M	31		01:03:05	00:59:41	
2544	2502	NUNO SANTOS	M	27		01:03:05	01:00:55	
2545	2432	JOÃO LACERDA	M	35		01:03:07	00:59:14	
2546	3958	CLÁUDIA TAM	F	32		01:03:08	01:01:33	AÇOREANA CLUBE BANIF
2547	1538	VASCO REBELO	M	38		01:03:10	01:00:07	TOCA RUNNERS
2548	2263	MARCO RAMOS	M	36		01:03:11	01:00:26	
2549	406	PEDRO SANTOS	M	35		01:03:12	01:00:19	G:D.C PORTO DE SINES
2550	1871	DINA DIAS	F	27		01:03:12	01:02:14	SPORTING CLUBE MOITENSE
2551	2977	ALEXANDRA GOMES BOGA	F	26		01:03:13	00:59:57	
2552	1509	ANTONIO MAIA	M	67		01:03:13	00:59:23	VECOFABRIL
2553	2609	RODRIGO VIDAL	M	37		01:03:14	01:01:32	
2554	621	ANTONIO TAVARES	M	49		01:03:15	01:03:15	CCD PM CASCAIS
2555	649	RUI ROMANO VIEIRA	M	47		01:03:15	01:00:42	CCD PM CASCAIS
2556	878	SARA SEMIÃO	F	21		01:03:16	01:01:21	SEMIÃO
2557	365	JOSÉ MAGALHÃES	M	27		01:03:20	01:00:08	
2558	4187	FERNANDO FERREIRA	M	68		01:03:21	01:01:47	C MILLENNIUM BCP
2559	721	JOÃO BELGA	M	38		01:03:23	01:01:39	
2560	3929	LUIS FILIPE ALVES	M	52		01:03:25	01:01:27	G. A. MONSANTO/GASCAN
2561	3928	JOÃO PINTO	M	53		01:03:26	01:01:26	G. A. MONSANTO/GASCAN
2562	2556	JOSÉ MANUEL BORGES DE CARVALHO	M	40		01:03:27	00:59:41	
2563	1542	DAVID SILVA	M	35		01:03:28	01:01:39	TOCA RUNNERS
2564	1539	PEDRO SILVA	M	33		01:03:28	01:01:38	TOCA RUNNERS
2565	2279	ANA DIAS	F	25		01:03:29	01:02:38	
2566	661	AMÉRICO PINTO	M	58		01:03:30	01:00:35	LEÕES DE ALVERCA
2567	2117	ANTÓNIO PEDRO	M	61		01:03:32	00:59:59	
2568	1186	ANTÓNIO ALMEIDA	M	34		01:03:32	01:00:54	
2569	3508	RUTE AGOSTINHO	F	32		01:03:33	00:59:46	
2570	870	RUI MACHADO	M	28		01:03:33	01:01:14	H_RA QUI
2571	350	JOÃO FILIPE	M	33		01:03:34	01:01:17	
2572	4249	ANTONIO FERNANDES	M	77		01:03:36	01:03:36	INDIVIDUAL
2573	3524	HUGO FERNANDES	M	26		01:03:37	01:00:12	
2574	315	GONÇALO SÁ	M	49		01:03:37	01:01:09	CCD TRANQUILIDADE

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2575	1787	RITA BENTES	F	26		01:03:37	01:00:11	
2576	435	PATRICIA ALMEIDA	F	40		01:03:39	01:01:24	ENJOADAS DO ASFALTO
2577	1722	JOÃO CRAVO	M	29		01:03:39	01:01:47	CROMOSSOMAS
2578	3482	PEDRO CARVALHO	M	44		01:03:40	01:01:26	LEBRES DO SAGITÁRIO
2579	4551	RUI P D N FERREIRA	M	41		01:03:41	01:02:16	A BOLA
2580	1347	JOÃO PEDRO DOS SANTOS MILICIANO	M	33		01:03:42	01:00:32	
2581	3302	ISABEL MARTINEZ	F	40		01:03:42	01:00:50	TORRADOS
2582	2696	TÂNIA COSTA	F	33		01:03:43	01:00:29	ACTIVE PEOPLE - GLORYSYMBOL
2583	2649	PEDRO LOURO	M	38		01:03:45	00:58:16	
2584	2650	TIAGO LOURO	M	36		01:03:45	00:58:17	
2585	4141	TOMAS MEIAS	M	20		01:03:46	01:00:22	SS CGD
2586	3676	AMARO BRANDÃO	M	46		01:03:47	01:01:41	
2587	2576	JOSÉ CARDOSO	M	53		01:03:50	01:02:34	
2588	2577	SARA MARINHO	F	24		01:03:50	01:02:34	
2589	3462	ANTÓNIO GUEDES	M	43		01:03:52	01:01:48	AÇOREANA CLUBE BANIF
2590	1636	LUIS SCHWAB	M	50		01:03:52	01:02:07	
2591	3746	MARIA QUITÉRIA	F	41		01:03:52	01:01:55	
2592	3476	JOANA ESPERANÇO	F	25		01:03:52	01:01:31	
2593	3457	SOFIA GUEDES	F	39		01:03:53	01:01:49	AÇOREANA CLUBE BANIF
2594	249	TÉRCIO ALVES	M	23		01:03:55	01:00:19	FLOWER POWER
2595	247	GONÇALO MARTINS	M	21		01:03:55	01:00:20	FLOWER POWER
2596	3547	PEDRO DANIEL ROQUE DOS SANTOS	M	32		01:03:56	01:01:20	LET'S GO...
2597	3546	NUNO MIGUEL ROQUE DOS SANTOS	M	37		01:03:56	01:01:20	LET'S GO...
2598	2678	PEDRO ROMÃO	M	23		01:03:57	01:00:23	
2599	1895	FERNANDA PRIM	F	38		01:03:59	01:01:28	
2600	513	MIGUEL TRUNINGER SOUSA	M	39		01:04:00	01:02:08	CLUBE COLABORADORES AXA
2601	1445	JOÃO QUITALO	M	62		01:04:00	01:02:08	APOGMA
2602	703	RUI LOPES	M	44		01:04:01	01:00:21	
2603	702	SOFIA SANTOS	F	39		01:04:01	01:00:23	
2604	3410	MARTA PEREIRA	F	36		01:04:02	01:00:14	
2605	1989	RUI BRITO	M	42		01:04:04	01:02:58	
2606	2613	JOAO ALMEIDA	M	50		01:04:04	01:00:39	
2607	610	HELENA COSTA	F	53		01:04:04	01:00:53	
2608	835	TÂNIA LEAL	F	26		01:04:05	01:01:35	
2609	3443	JOÃO OLIVEIRA	M	39		01:04:05	01:01:18	
2610	1800	JOÃO ROSADO	M	22		01:04:05	01:02:57	
2611	3411	RICARDO ROGEIRO	M	33		01:04:06	01:00:18	
2612	487	JOSÉ RIBEIRO	M	48		01:04:06	01:00:46	
2613	28	JORGE COSTA	M	51		01:04:07	01:01:09	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2614	821	CARLOS CABACEIRA	M	18		01:04:07	01:00:39	
2615	3649	MARIANA TEIXEIRA-MARQUES	F	16		01:04:07	01:02:42	CORREDORES ANÓNIMOS
2616	1602	SANDRA PEREIRA	F	44		01:04:08	01:02:29	
2617	2868	RUI VEIGA	M	49		01:04:09	01:01:18	
2618	105	VÍTOR LUCAS	M	51		01:04:09	01:02:19	BREAKAWAY
2619	384	ATLETA NÃO CADASTRADO	M	0		01:04:11	01:02:18	
2620	1248	JORGE JESUS	M	40		01:04:11	01:00:40	
2621	990	SANDRA VIEIRA	F	41		01:04:12	01:01:18	
2622	991	GRAÇA SANTOS	F	49		01:04:13	01:01:19	
2623	3813	ALEXANDRINO ADOLFO MALHEIRO	M	62		01:04:15	01:01:08	
2624	2375	JOÃO CARREGOSO	M	30		01:04:16	01:01:08	
2625	4376	HELDER RODRIGUES	M	37		01:04:16	01:01:23	INDIVIDUAL
2626	4011	INES BARRADAS	F	34		01:04:17	01:02:06	GD BANCO BPI
2627	61	BASILIO VIEIRA	M	43		01:04:18	01:02:45	(NOME DA EQUIPA)
2628	637	JÚLIO SANTOS	M	53		01:04:18	01:03:50	
2629	680	CARLA MARIA CARREIRA AUGUSTO SIMÕES	F	47		01:04:18	01:02:07	CORRER LISBOA
2630	651	ALBINO MOURA	M	68		01:04:19	01:04:19	
2631	652	FERNANDO MORAIS	M	42		01:04:20	01:04:20	
2632	4037	RICARDO SILVA	M	29		01:04:20	01:01:21	INDIVIDUAL
2633	4425	MIRALDO RAMOS	M	36		01:04:20	01:01:21	SS CGD
2634	3798	ROGÉRIO GONÇALVES	M	44		01:04:21	01:01:22	
2635	3788	MARISA GONÇALVES	F	37		01:04:21	01:01:23	
2636	4017	MARIANA GODINHO	F	15		01:04:22	01:03:39	GD BANCO BPI
2637	4119	ANTONIO FONSECA	M	45		01:04:22	01:01:15	SS CGD
2638	645	JOSÉ FIALHO	M	54		01:04:22	01:03:19	CCD PM CASCAIS
2639	493	RICARDO FONSECA	M	41		01:04:23	01:01:15	
2640	2989	MARIA FERREIRA	F	41		01:04:24	01:02:05	
2641	3480	NUNO MARQUES	M	45		01:04:24	01:02:23	
2642	3663	HELENA TELINO	F	35		01:04:26	01:02:26	
2643	1183	ALEXANDRA RODRIGUES	F	33		01:04:27	01:01:24	
2644	2549	PAULO PAIS	M	46		01:04:29	01:01:15	
2645	1288	ANDRÉ LOURENÇO	M	36		01:04:30	01:01:57	
2646	483	FLORBELA PANTALEÃO	F	49		01:04:32	01:02:03	
2647	3282	PEDRO AMARAL	M	40		01:04:33	01:02:46	
2648	3281	MARIA JOAO FERNANDES SIMOES	F	46		01:04:34	01:02:19	
2649	3283	PAULO JOSÉ SANTOS AMARAL	M	47		01:04:34	01:02:47	
2650	1319	BRUNO BATISTA	M	31		01:04:39	01:01:20	
2651	3509	RICARDO AGOSTINHO	M	37		01:04:39	01:00:52	
2652	1885	OLGA GALVÃO	F	51		01:04:39	01:03:47	SEGUNDA QUARTA SEXTA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2653	1884	ANA COELHO	F	20		01:04:39	01:03:47	SEGUNDA QUARTA SEXTA
2654	1520	ANA CARRILHO	F	28		01:04:41	01:01:13	G D C BANCO DE PORTUGAL
2655	4189	JOAO CUNHA	M	57		01:04:42	01:01:17	C MILLENNIUM BCP
2656	4289	MAURO MATEUS	M	30		01:04:44	01:02:47	GRUPO MARADONA
2657	1770	PAULO MARÇAL	M	22		01:04:44	01:03:43	RAIL RUNNERS
2658	622	ATLETA NÃO CADASTRADO	M	0		01:04:46	01:02:12	
2659	1686	ANDRE RAPOSO	M	18		01:04:47	01:03:13	
2660	1567	NUNO AMEIXAL	M	41		01:04:48	01:01:39	FRIENDS2RUN
2661	1454	LURDES ALVES	F	58		01:04:48	01:02:36	
2662	2199	NUNO CABEDO	M	50		01:04:48	01:02:26	
2663	3877	MARTA LEITE	F	19		01:04:49	01:02:39	
2664	3374	GONÇALO SOUSA	M	24		01:04:50	01:02:24	
2665	2947	MANUEL PEREIRA	M	60		01:04:50	01:02:36	
2666	2179	NUNO NICO	M	34		01:04:53	01:02:37	WSB
2667	2446	NUNO GRANDÃO	M	42		01:04:53	01:01:50	
2668	3814	MARIA AZEVEDO	F	46		01:04:54	01:02:40	
2669	2109	RICARDO CASACA	M	35		01:04:54	01:02:21	WANNABE'S
2670	2392	ANTÓNIO VICENTE	M	39		01:04:55	01:02:50	
2671	3700	VALTER SALGADO	M	56		01:04:56	01:01:25	INDIVIDUAL
2672	952	SÉRGIO FERREIRA	M	41		01:04:56	01:02:35	
2673	762	SÉRGIO ANTUNES	M	47		01:04:57	01:01:38	CLUBE ANACOM
2674	756	ISAAC CARRÊLO	M	53		01:04:57	01:01:40	CLUBE ANACOM
2675	2098	LUÍS SANTOS	M	28		01:04:58	01:03:33	
2676	757	ISABEL RODRIGUES	F	48		01:04:58	01:04:58	CLUBE ANACOM
2677	2200	MARIA LUISA	F	38		01:04:59	01:01:36	POWER RUN
2678	3654	RUI NEVES	M	37		01:04:59	00:59:49	AC DO CARACOL
2679	1568	JOÃO LEITÃO	M	49		01:05:00	01:03:02	
2680	347	JOANA MARQUES	F	27		01:05:00	01:02:07	
2681	2150	JOAO CARVALHO	M	45		01:05:02	01:03:00	
2682	2836	HELENA RIBEIRO	F	43		01:05:04	01:05:04	
2683	2357	DIOGO MARQUES	M	20		01:05:04	01:02:58	DÁ-LE!
2684	2151	JOSÉ ABEL VELUDO TEIXEIRA PINTO	M	50		01:05:06	01:03:03	
2685	130	JOSE SALINAS	M	46		01:05:07	01:04:41	METLIFE
2686	4026	LUIS CABAÇA	M	37		01:05:08	01:02:40	INDIVIDUAL
2687	411	VICTÓRIA CARNEIRO	F	41		01:05:08	01:03:07	G:D.C PORTO DE SINES
2688	2998	PEDRO LEITÃO	M	40		01:05:08	01:05:08	
2689	2603	PAULO SILVA	M	33		01:05:08	01:02:07	
2690	1683	HELDER JOSÉ ALVES RIBEIRO GONÇALVES	M	39		01:05:08	01:04:04	GD CIMPOR & AMIGOS
2691	1678	PEDRO PINTO	M	40		01:05:08	01:04:04	GD CIMPOR & AMIGOS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2692	4291	DIRK AUGUST	M	50		01:05:09	01:03:14	GRUPO MARADONA
2693	4470	PAULA TABULEIROS	F	47		01:05:10	01:01:26	INDIVIDUAL
2694	4356	PAULO J JORGE	M	40		01:05:11	01:01:20	OS DUROES
2695	2618	JOSÉ COSTA	M	39		01:05:11	01:02:10	
2696	4182	CARLOS TOME	M	63		01:05:12	01:01:40	C MILLENNIUM BCP
2697	3515	TIAGO FURTADO	M	30		01:05:12	01:01:11	
2698	2688	MÁRIO LOURENÇO COSTA	M	61		01:05:12	01:01:49	
2699	767	EDUARDO CARVALHO DA SILVA	M	33		01:05:12	01:03:17	TERTÚLIA LEONINA
2700	1080	MARIA JOÃO EMÍDIO	F	47		01:05:13	01:02:30	
2701	2420	RICARDO GONÇALVES	M	34		01:05:13	01:05:03	FORÇA SPORTING
2702	4114	ANA AZEVEDO	F	35		01:05:14	01:03:06	SS CGD
2703	2932	RUI SANTOS	M	45		01:05:14	01:03:30	
2704	443	LUÍS CARVALHO	M	29		01:05:15	01:01:47	
2705	4132	PATRICIA MORAIS	F	37		01:05:15	01:03:07	SS CGD
2706	2315	ANTÓNIO JORGE SILVA GUERREIRO MONTEIRO	M	55		01:05:18	01:02:46	OS COTAS
2707	761	PEDRO FERNANDES	M	20		01:05:18	01:03:12	CLUBE ANACOM
2708	2097	SÉRGIO MIGUEL	M	24		01:05:19	01:01:37	
2709	1962	PEDRO COLAÇO	M	36		01:05:19	01:01:37	
2710	3514	ALBERTO MAURÍCIO	M	31		01:05:19	01:01:19	
2711	3371	ANTÓNIO CALDEIRA	M	33		01:05:22	01:02:57	
2712	3394	TIAGO TERRAQUENTE	M	31		01:05:23	01:02:41	SPORTING SEMPRE
2713	4451	SECUNDINO CARVALHO	M	30		01:05:24	01:04:09	INDIVIDUAL
2714	908	PAULO FRANÇA	M	52		01:05:25	01:04:32	GDCT UNICRE
2715	4279	RUTE PATROCINIO	F	39		01:05:25	01:02:50	INDIVIDUAL
2716	581	NUNO SILVA	M	29		01:05:26	01:03:03	ACS-AMIGOS CORRIDA SALVATERRA
2717	3838	ANTÓNIO LEITÃO	M	72		01:05:27	01:03:30	
2718	4180	LUIS OLIVEIRA	M	64		01:05:31	01:02:47	C MILLENNIUM BCP
2719	1549	JOSÉ ALVES	M	56		01:05:32	01:02:49	
2720	4117	ANGELA CRUZ	F	43		01:05:33	01:02:07	SS CGD
2721	580	LUIS ANDRADE	M	32		01:05:35	01:03:08	ACS-AMIGOS CORRIDA SALVATERRA
2722	74	SÓNIA CARVALHO	F	35		01:05:36	01:02:13	
2723	4274	PEDRO NASCIMENTO	M	41		01:05:36	01:01:57	INDIVIDUAL
2724	2095	ADELAIDE PÔRTO	F	48		01:05:38	01:02:44	METRALHA BROTHER'S
2725	4030	HELENA PISSARRA	F	42		01:05:39	01:02:54	INDIVIDUAL
2726	585	ROSA SILVA	F	27		01:05:39	01:03:13	ACS-AMIGOS CORRIDA SALVATERRA
2727	584	LAURA PITOVE	F	22		01:05:39	01:03:13	ACS-AMIGOS CORRIDA SALVATERRA
2728	997	ANA MARQUES	F	39		01:05:41	01:02:58	
2729	2271	RUI CARLOS FERREIRA	M	45		01:05:42	01:02:17	
2730	3291	ARTUR ALMEIDA	M	44		01:05:43	01:03:56	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2731	4405	MANUEL SANTOS	M	67		01:05:43	01:03:06	GDCT REPSOL
2732	2805	ANA FILIPA CANELHAS	F	34		01:05:44	01:02:54	INDIVIDUAL
2733	3796	ANTÓNIO PAULINO	M	61		01:05:45	01:02:50	
2734	3797	ANA PAULINO	F	62		01:05:46	01:02:51	
2735	590	RUBEN BERNARDINO	M	37		01:05:47	01:01:57	SLOWRIDERS RUNNING TEAM
2736	423	JOSÉ FÉRIA	M	53		01:05:47	01:02:11	
2737	4035	NUNO ANTUNES	M	40		01:05:48	01:02:26	INDIVIDUAL
2738	1844	FÁTIMA VASSALO	F	43		01:05:48	01:02:16	SCALABIS NIGHT RUNNERS
2739	1562	CARLA FERREIRA	F	34		01:05:50	01:03:06	
2740	1558	MÓNICA PEREIRA	F	38		01:05:50	01:03:07	
2741	3490	JOÃO FERREIRA	M	36		01:05:50	01:02:16	
2742	734	JOÃO MELO	M	30		01:05:51	01:02:40	
2743	735	FABIO CORREIA	M	29		01:05:52	01:05:52	
2744	2506	REINALDO PEREIRA	M	50		01:05:53	01:05:15	
2745	4383	RICARDO LEAL	M	38		01:05:54	01:03:37	INDIVIDUAL
2746	3934	JOAQUIM REIS	M	53		01:05:55	01:02:43	
2747	1402	CARLOS LUZ	M	33		01:05:55	01:03:55	
2748	4276	NUNO MENDES	M	35		01:05:57	01:02:17	INDIVIDUAL
2749	1403	FERNANDA ROXO	F	39		01:05:59	01:03:58	
2750	2205	SOFIA BERNARDES	F	34		01:06:01	01:02:40	
2751	450	FRANCISCO ALMEIDA	M	67		01:06:02	01:03:44	
2752	4573	DUARTE RICCIARDI	M	29		01:06:06	01:06:06	UNICER
2753	4471	CARLOS MARUTA	M	36		01:06:06	01:04:33	INDIVIDUAL
2754	3964	TIAGO LIMA	M	32		01:06:09	01:02:40	
2755	1337	JOSÉ PACHECO	M	49		01:06:09	01:02:42	
2756	1339	PAULO LOURENÇO	M	51		01:06:10	01:02:44	
2757	2859	JOÃO AFONSO RODRIGUES	M	54		01:06:10	01:02:43	
2758	1338	JOSE MANO	M	51		01:06:10	01:02:42	
2759	655	BARBARA MIRANDA	F	42		01:06:11	01:05:44	SCUT
2760	3675	TERESA GRAÇA	F	60		01:06:12	01:03:23	
2761	4357	SERGIO MOURATO	M	37		01:06:13	01:02:21	OS DUROES
2762	1640	LILIANA HENRIQUES	F	27		01:06:13	01:03:33	OS CONTA-KILÓMETROS
2763	50	RUBEN FERREIRA	M	21		01:06:14	01:05:54	C.C.R.D.BURINHOSA
2764	4424	MANUEL BRAS	M	46		01:06:15	01:04:10	SS CGD
2765	3605	CRISTINA BRIZIDO	F	38		01:06:16	01:04:08	
2766	613	AIDA COSTA	F	20		01:06:18	01:03:07	
2767	2105	ÉDER SILVA	M	30		01:06:19	01:04:20	WANNABE'S
2768	145	ANTÓNIO RIBEIRO	M	16		01:06:19	01:04:48	OS SPEEDYS
2769	1222	ISABEL GUERRA	F	56		01:06:21	01:03:44	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2770	1628	SOFIA SILVA	F	35		01:06:21	01:03:51	CORRE@CORRER
2771	1629	JOÃO SILVA	M	66		01:06:22	01:03:52	CORRE@CORRER
2772	245	SÉRGIO LOPES CARDEIRA	M	38		01:06:24	01:03:43	
2773	2777	ANA PAULA SARAMAGO	F	39		01:06:24	01:04:03	SERVIÇOS SOCIAIS MONTEPIO GERA
2774	2862	CATARINA ALVES	F	30		01:06:26	01:03:45	
2775	2728	SUSANA AMORIM	F	28		01:06:26	01:03:06	KEEP CALM
2776	3686	ELISABETE SANTOS	F	41		01:06:27	01:06:27	
2777	2347	PAULA CALHAU	F	44		01:06:27	01:05:53	
2778	2348	LUIS GASPAR	M	48		01:06:27	01:05:54	
2779	2796	PEDRO COSTA ALVES	M	38		01:06:27	01:03:46	SERVIÇOS SOCIAIS MONTEPIO GERA
2780	2641	ANDREIA COSTA	F	29		01:06:29	01:03:17	
2781	490	RUI REBOCHO	M	39		01:06:29	01:03:42	
2782	326	MANUEL CASTRO	M	17		01:06:30	01:03:49	5 VIOLINOS
2783	4226	JORGE COLACO	M	54		01:06:32	01:03:07	C MILLENNIUM BCP
2784	2248	LUIS MIGUEL LEITÃO SIMÕES	M	31		01:06:32	01:03:39	
2785	4359	MARIA BALECA	F	31		01:06:32	01:02:43	OS DUROES
2786	2209	LUCINDA MOURATO	F	61		01:06:33	01:02:44	
2787	1782	DIOGO MIGUEL PENAS SIMÃO	M	27		01:06:33	01:04:00	
2788	3469	FRANCISCO CIPRIANO	M	72		01:06:34	01:04:00	AMCR FONTE GRADA
2789	4431	ANTONIO COSTA	M	56		01:06:34	01:03:26	INDIVIDUAL
2790	1223	REBECA GUERRA	F	22		01:06:35	01:03:58	
2791	1718	VALENTIM NUNES	M	50		01:06:37	01:03:41	
2792	1717	JOÃO NUNES	M	22		01:06:38	01:03:43	
2793	998	RUTE CARDOSO	F	37		01:06:40	01:03:57	
2794	1224	RUI EUSÉBIO	M	68		01:06:44	01:04:06	
2795	3380	MIGUEL COELHO	M	18		01:06:46	01:03:17	
2796	4662	MANUEL RODRIGUES	M	55		01:06:46	01:06:34	INDIVIDUAL
2797	3381	GONÇALO FERREIRA	M	18		01:06:47	01:03:16	
2798	2936	MÓNICA HENRIQUES	F	26		01:06:48	01:05:16	OS SPEEDYS
2799	1424	JORGE VASCO	M	39		01:06:49	01:03:37	
2800	4231	NELSON GUIMARAES	M	67		01:06:51	01:05:51	C MILLENNIUM BCP
2801	4005	VITOR M ANTUNES	M	59		01:06:52	01:04:56	INDIVIDUAL
2802	847	JULIANA COSTA	F	30		01:06:54	01:02:50	
2803	4469	JOSE TAOLEIROS	M	45		01:06:56	01:03:11	INDIVIDUAL
2804	4549	JOAO VIEIRA	M	29		01:06:57	01:04:37	A BOLA
2805	255	JOANADARC CHOURIÇO	F	51		01:06:58	01:05:32	
2806	4091	ANTONIO NASCIMENTO	M	73		01:06:59	01:04:10	GDCT IN CASA MOEDA
2807	2427	RUI CHAVES	M	40		01:07:00	01:05:30	CCD CRÉDITO AGRÍCOLA MÚTUO
2808	4527	JOANA GABRIEL	F	53		01:07:01	01:03:10	SS CGD

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2809	4531	MIGUEL PIMENTA	M	18		01:07:02	01:03:11	SS CGD
2810	1605	MANUEL CARDOSO	M	35		01:07:03	01:05:36	SURF RUNNERS
2811	3360	VASCO MARQUES	M	34		01:07:04	01:03:28	
2812	3885	VITOR CORREIA	M	38		01:07:06	01:04:34	
2813	3886	EDUARDO FREITAS	M	41		01:07:06	01:04:34	
2814	1553	AMERICO MARQUES	M	51		01:07:09	01:04:26	
2815	1555	ISABEL COSTA	F	41		01:07:09	01:04:26	
2816	1401	LUIS COSTA	M	49		01:07:10	01:04:13	
2817	142	CESAR DUARTE	M	35		01:07:12	01:05:37	OS SPEEDYS
2818	3423	JOÃO PEDRO	M	38		01:07:15	01:05:39	
2819	918	PAULA RIBEIRO	F	47		01:07:20	01:05:24	HIDRENKI
2820	3653	MARCO ANTUNES	M	40		01:07:20	01:01:59	AC DO CARACOL
2821	877	PEDRO PINTO	M	57		01:07:20	01:04:20	OS PINTOS
2822	3677	JOÃO DA CUNHA PEREIRA	M	59		01:07:21	01:06:30	
2823	4400	LUIS MATOS	M	47		01:07:21	01:06:20	INDIVIDUAL
2824	3782	CLÁUDIA ANDRÉ	F	37		01:07:21	01:04:37	SPORTING CLUBE DE CASAINHOS
2825	4433	ANDRE GARCIA	M	31		01:07:22	01:06:14	CCDT AUT ALMADA
2826	4484	HELENA GUERRA	F	71		01:07:22	01:06:44	INDIVIDUAL
2827	2615	TIAGO ALMEIDA	M	16		01:07:22	01:03:56	
2828	1512	MARIANA QUIROZ	F	27		01:07:23	01:05:59	G D C BANCO DE PORTUGAL
2829	2197	ROSÁLIA JACINTO	F	30		01:07:23	01:05:54	
2830	314	ANTÓNIO SENA SILVA	M	43		01:07:25	01:04:45	CCD TRANQUILIDADE
2831	3908	CARLOS CRUZ	M	46		01:07:28	01:03:59	
2832	3909	FERNANDO BENTO	M	45		01:07:30	01:04:00	
2833	4206	RUI COSTA	M	43		01:07:30	01:04:21	C MILLENNIUM BCP
2834	4016	PAULO GODINHO	M	47		01:07:33	01:06:48	GD BANCO BPI
2835	2118	JOÃO MAIA	M	45		01:07:33	01:04:09	
2836	4363	BEATRIZ BARICELA	F	42		01:07:38	01:06:02	INDIVIDUAL
2837	4603	LUIS MARQUES	M	51		01:07:40	01:07:17	TABAQUEIRA
2838	713	CARLOS CARVALHO	M	46		01:07:42	01:04:53	
2839	650	GONÇALO CARVALHO	M	22		01:07:44	01:04:55	
2840	824	PEDRO LEITÃO	M	32		01:07:46	01:06:10	JUVENTUDE DESP ALHANDRENSE
2841	4375	PAULO FONSECA	M	37		01:07:46	01:04:23	INDIVIDUAL
2842	2730	ANTÓNIO HORTA	M	60		01:07:47	01:04:25	
2843	2687	DIOGO FIRMINO COELHO	M	16		01:07:48	01:04:26	
2844	1121	DELIA AFONSO	F	46		01:07:49	01:04:20	
2845	1574	ANTÓNIO PINTO	M	44		01:07:50	01:04:29	
2846	87	JOÃO MATOS	M	32		01:07:51	01:04:35	
2847	290	RICARDO FIGUEIRA	M	33		01:07:52	01:04:19	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2848	291	IVANA MENDES	F	35		01:07:52	01:04:19	
2849	866	RITA AFONSO	F	28		01:07:53	01:05:37	
2850	2622	CÁTIA FERNANDES	F	33		01:07:53	01:06:18	
2851	862	SARA ZORRO	F	39		01:07:53	01:05:36	
2852	3899	PEDRO CONCEIÇÃO	M	32		01:07:54	01:06:01	
2853	4414	CARLOS CARMO	M	61		01:07:54	01:05:38	GDCT REPSOL
2854	1548	LUIS QUEIRÓS	M	37		01:07:54	01:06:01	
2855	4006	CARLOS A V PEDRO	M	68		01:07:57	01:06:39	INDIVIDUAL
2856	3375	TIAGO PINHEIRO	M	48		01:07:57	01:05:46	
2857	1508	ANA MAIA	F	37		01:07:58	01:04:08	VECOFABRIL
2858	2744	ANDRÉ SANTOS	M	25		01:08:00	01:04:13	
2859	3412	MARCOS ROGEIRO	M	31		01:08:01	01:04:13	
2860	2259	MÓNICA MARTINS	F	31		01:08:01	01:04:46	
2861	1355	RUI BAGUEICHO	M	31		01:08:02	01:06:13	
2862	1679	LUÍS SILVA	M	29		01:08:03	01:04:18	
2863	2567	TIAGO PITO	M	37		01:08:04	01:05:26	
2864	2685	TIAGO COSTA	M	24		01:08:05	01:05:03	GAZELAS
2865	3400	ANA MARQUES	F	44		01:08:06	01:05:31	
2866	4105	VITOR CARDOSO	M	37		01:08:06	01:05:53	GDCT IN CASA MOEDA
2867	4292	LUIS PIEDADE	M	37		01:08:09	01:06:13	GRUPO MARADONA
2868	1664	PAULO CARVALHO	M	47		01:08:12	01:04:37	ENGENHARIALIQUIDA
2869	2137	VITOR LOURAÇO	M	68		01:08:13	01:06:14	
2870	4358	BRUNO MOURATO	M	31		01:08:14	01:04:22	OS DUROES
2871	3407	JOSE BERNARDO	M	57		01:08:14	01:05:36	
2872	2121	IVONE PEREIRA	F	33		01:08:17	01:05:38	
2873	2910	TERESA MOITINHO DE ALMEIDA	F	19		01:08:17	01:05:40	
2874	341	DAVID MIGUEL BAGUEICHO SEBASTIÃO	M	19		01:08:18	01:05:51	VAMOS A TODAS
2875	3735	MARIANA COSTA VELUDO	F	25		01:08:18	01:04:33	
2876	340	ATLETA NÃO CADASTRADO	M	0		01:08:18	01:05:52	
2877	2104	ANA MARQUES	F	27		01:08:19	01:05:42	WANNABE'S
2878	465	FLORENCE DOUILLARD	F	23		01:08:22	01:05:30	NACIONAL FITNESS
2879	1839	EUNICE CARDOSO	F	38		01:08:23	01:04:51	SCALABIS NIGHT RUNNERS
2880	609	ANA ANDRADE	F	24		01:08:25	01:05:13	
2881	2482	SOFIA TORRINHA	F	16		01:08:28	01:05:01	
2882	846	SOFIA ALVES	F	32		01:08:29	01:04:20	
2883	1554	FILIPA MALTA	F	18		01:08:32	01:05:04	
2884	63	CESAR FIALHO GUERRA	M	45		01:08:32	01:05:23	CTJI
2885	15	ALFREDO NETO	M	44		01:08:33	01:08:13	C.C.R.D.BURINHOSA
2886	1557	IRENE BRITO	F	49		01:08:35	01:05:08	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2887	1556	SUSANA SILVA	F	41		01:08:35	01:05:08	
2888	424	MANUEL RODRIGUES	M	50		01:08:38	01:05:02	
2889	2703	ANDRÉ FERREIRA	M	18		01:08:38	01:08:38	
2890	2781	CLAUDIA LEITÃO	F	35		01:08:41	01:06:09	SERVIÇOS SOCIAIS MONTEPIO GERA
2891	3760	JOHNNY THOMASSEN	M	54		01:08:44	01:05:51	
2892	2083	PATRICIA SANTOS	F	44		01:08:45	01:05:51	ROCKERS29
2893	2362	DECIO DIAS	M	38		01:08:45	01:06:06	
2894	2361	RICARDO PIRES	M	38		01:08:46	01:08:46	
2895	1922	PAULO VAZ	M	41		01:08:46	01:07:02	
2896	1923	ANABELA VAZ	F	47		01:08:46	01:07:02	
2897	4255	ANTONIO NASCIMENTO	M	48		01:08:47	01:06:50	INDIVIDUAL
2898	94	LUIS CHAMBEL	M	38		01:08:52	01:05:35	
2899	1953	ERNESTO BAIARDI	M	43		01:08:53	01:07:20	ODEBRECHT PORTUGAL
2900	85	ADELINO SANTOS	M	42		01:08:53	01:05:36	
2901	3533	SILVIA CASTRO	F	35		01:08:54	01:05:43	
2902	2503	RICARDO PAULO MONTEIRO DE FREITAS	M	33		01:08:55	01:05:38	
2903	1481	SUSANA SILVA	F	42		01:08:58	01:07:00	ESCOLA ATLETISMO RUI SILVA
2904	3920	CARLOS CABRINHAS	M	29		01:08:58	01:05:34	CABRINHAS
2905	3355	RITA RAPOSO	F	18		01:08:58	01:08:58	
2906	222	MIGUEL SILVA	M	40		01:08:59	01:07:41	CLUBE ROBBIALAC
2907	4354	GONÇALO CAMEJO	M	38		01:09:00	01:07:26	INDIVIDUAL
2908	1003	FRANCISCO CATARINO	M	28		01:09:02	01:05:21	OS ZINGARELHOS
2909	1975	ALEXANDRE SILVA	M	17		01:09:12	01:06:30	
2910	1680	PAULA SOARES	F	28		01:09:12	01:05:27	TARTARUGAS TEAM
2911	1005	RICARDO CARREIRA	M	29		01:09:12	01:05:32	OS ZINGARELHOS
2912	1976	JORGE SILVA	M	48		01:09:13	01:06:31	
2913	3644	ANA TEIXEIRA-MARQUES	F	44		01:09:15	01:07:50	CORREDORES ANÓNIMOS
2914	3362	LUÍS MORAIS	M	34		01:09:16	01:05:43	
2915	4410	JULIO MILHARADAS	M	62		01:09:20	01:07:22	GDCT REPSOL
2916	4412	Mª JOSE TEIXEIRA	F	44		01:09:21	01:06:43	GDCT REPSOL
2917	3991	JOAQUIM PEREIRA	M	74		01:09:21	01:09:15	ASS. DE ATLETISMO LEBRES SADO
2918	3487	ATLETA NÃO CADASTRADO	M	0		01:09:21	01:06:22	
2919	3831	ATLETA NÃO CADASTRADO	M	0		01:09:22	01:06:01	
2920	1593	ATLETA NÃO CADASTRADO	M	0		01:09:25	01:05:37	
2921	1811	HELDER MAGALHÃES	M	72		01:09:26	01:06:35	
2922	4272	ANTONIO MARTINS	M	57		01:09:29	01:06:23	INDIVIDUAL
2923	4300	JOSE QUINTELA	M	48		01:09:30	01:09:30	INDIVIDUAL
2924	4408	AMADEU FERREIRA	M	72		01:09:32	01:08:09	GDCT REPSOL
2925	729	ATLETA NÃO CADASTRADO	M	0		01:09:33	01:07:15	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2926	728	LUÍS FERREIRA	M	43		01:09:33	01:07:14	
2927	1531	CARLA BARBOSA	F	36		01:09:35	01:06:31	TOCA RUNNERS
2928	2891	TERESA BEMFEITA	F	31		01:09:36	01:08:24	GANHA...DORES
2929	3890	ALBERTO FERRAZ	M	51		01:09:36	01:06:28	
2930	2704	NUNO FERREIRA	M	22		01:09:37	01:09:37	
2931	1675	ORLANDO GABRIEL DA SILVA FERREIRA	M	57		01:09:40	01:08:24	GD CIMPOR & AMIGOS
2932	1677	HELENA ISABEL FRANCO FERREIRA	F	21		01:09:41	01:08:25	GD CIMPOR & AMIGOS
2933	4339	RICARDO CONCEIÇÃO	M	48		01:09:42	01:09:42	BRILADA ULTRAS SPORTING
2934	1060	NATALIA GUERREIRO	F	43		01:09:43	01:07:06	
2935	4388	RUI RAPOSO	M	50		01:09:43	01:07:07	INDIVIDUAL
2936	1107	DOROTEIA MARTINS	F	34		01:09:43	01:07:21	
2937	4680	RENATO JORGE BOGALHO	M	28		01:09:44	01:08:32	INDIVIDUAL
2938	4679	CLAUDIA SOFIA GOMES	F	24		01:09:45	01:08:33	INDIVIDUAL
2939	2491	JOAO AGUSTO	M	16		01:09:46	01:07:55	OS ULTRA
2940	2478	MAFALDA MACHADO	F	44		01:09:47	01:07:39	
2941	2783	JAIME GOMES	M	58		01:09:50	01:07:18	SERVIÇOS SOCIAIS MONTEPIO GERA
2942	593	FÁBIO BERNARDINO	M	23		01:09:51	01:06:01	SLOWRIDERS RUNNING TEAM
2943	1400	LUIA FALE COSTA	F	45		01:09:55	01:06:57	
2944	75	PATRICIA SANTOS	F	42		01:09:55	01:07:50	NB RUN
2945	76	MÁRIO VALERIO	M	49		01:09:55	01:07:51	NB RUN
2946	2852	NUNO ANTUNES	M	28		01:09:56	01:06:22	
2947	1661	ANTERO TEIXEIRA	M	35		01:10:00	01:06:37	
2948	1660	ANTÓNIO TEIXEIRA	M	26		01:10:01	01:06:38	
2949	1487	NUNO ROLO	M	33		01:10:01	01:06:31	INFOSISTEMA RUNNING TEAM
2950	1479	FILIPA MENDES	F	32		01:10:01	01:06:31	INFOSISTEMA RUNNING TEAM
2951	1088	SARA GOMES	F	19		01:10:02	01:07:59	
2952	3856	EDUARDO RIBEIRO	M	57		01:10:04	01:07:31	
2953	380	ANDRÉ CAVALEIRO	M	26		01:10:08	01:07:18	
2954	338	HELENA MENDO	F	46		01:10:10	01:07:09	
2955	337	FERNANDO BASTO	M	47		01:10:11	01:07:10	
2956	1550	LUÍS LIBÂNIO	M	57		01:10:11	01:06:45	GINJA TEAM
2957	2383	JOSÉ ANTÓNIO VIEIRA DA SILVA	M	42		01:10:12	01:06:30	
2958	374	JOAO DIAS	M	45		01:10:13	01:07:18	
2959	2323	CARLOS VIEIRA	M	45		01:10:15	01:08:45	
2960	545	JOÃO VAZ	M	36		01:10:18	01:07:08	FALCÕES SELVAGENS
2961	167	CARLA MARQUES	F	38		01:10:18	01:06:55	
2962	3359	TIAGO TAVARES	M	34		01:10:19	01:06:43	
2963	1477	FÁBIO LOUÇÃO	M	28		01:10:20	01:06:50	INFOSISTEMA RUNNING TEAM
2964	2404	JOSÉ MENDES	M	62		01:10:20	01:06:39	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
2965	4556	JOAQUIM CARDOSO	M	38		01:10:23	01:07:00	A BOLA
2966	2230	LUÍS CRUZ	M	45		01:10:25	01:10:25	
2967	2750	RAQUEL SANTOS	F	40		01:10:26	01:08:39	
2968	604	ORLANDO SOUSA	M	52		01:10:26	01:07:14	CCDMETROLX
2969	658	CLÁUDIO TENENTE	M	40		01:10:28	01:07:23	
2970	732	FATIMA FAIA	F	39		01:10:28	01:07:23	
2971	2233	ATLETA NÃO CADASTRADO	M	0		01:10:29	01:09:01	
2972	2532	PAULO SILVA	M	38		01:10:30	01:08:31	
2973	2132	ANTONIO JORGE	M	49		01:10:30	01:07:37	
2974	4115	ANABELA ESTEVES	F	50		01:10:33	01:07:01	SS CGD
2975	1891	AGANTE NUNO	M	67		01:10:33	01:08:14	
2976	351	ARMÉNIO MENDONÇA	M	57		01:10:33	01:08:17	
2977	248	ANA RIBEIRO	F	35		01:10:34	01:07:51	
2978	3695	CARLOS A L BARREIRAS	M	66		01:10:36	01:09:03	INDIVIDUAL
2979	4203	JORGE GAMA	M	38		01:10:41	01:10:41	C MILLENNIUM BCP
2980	4202	ANA GAMA	F	37		01:10:41	01:07:10	C MILLENNIUM BCP
2981	3953	FÁBIO MANUEL PARREIRA PONTES	M	30		01:10:42	01:08:48	
2982	4594	CARLOS MARTINS	M	71		01:10:43	01:07:19	I9NDIVIDUAL
2983	2282	MARIO PIRES	M	55		01:10:44	01:07:14	
2984	935	PEDRO MIGUEL BRITO	M	40		01:10:53	01:07:49	CRSIM 5
2985	936	RICARDO MANUEL BRITO	M	40		01:10:53	01:07:49	CRSIM 5
2986	683	JOÃO PEREIRA	M	48		01:10:53	01:07:35	
2987	2349	CARLOS MANUEL RELAMBÓRIA ROGADO	M	49		01:10:54	01:10:54	
2988	524	JOSÉ CARITA	M	55		01:10:59	01:09:02	CCD SINTRENSE
2989	2760	MAGDA CABRAL	F	43		01:11:00	01:08:09	LINDA-A-PASTORA SPORTING CLUBE
2990	2759	RUI CABRAL	M	42		01:11:01	01:08:10	
2991	2459	ANA RAMOS	F	40		01:11:03	01:08:56	
2992	1807	CARLOS BANDEIJAS	M	54		01:11:07	01:08:43	
2993	1806	JOAO GOMES	M	63		01:11:08	01:08:44	
2994	3774	MAGDA VERISSIMO	F	25		01:11:08	01:07:23	JUBASTEAM
2995	1653	JOAO GRAÇA	M	74		01:11:11	01:07:45	NUCLEO DESPORTIVO AUTOCOOPE
2996	3744	ARTUR DINIS	M	57		01:11:14	01:09:18	
2997	3745	PAULA COUTO	F	51		01:11:14	01:09:18	
2998	3621	SÓNIA HENRIQUES	F	36		01:11:17	01:08:38	CLUBE DESPORTIVO RIBEIRENSE
2999	1465	NATALIA ROMANO	F	57		01:11:19	01:11:19	
3000	1468	DULCE AGUAMEL	F	48		01:11:19	01:11:19	
3001	4452	ROSARIO MARTINS	F	36		01:11:21	01:09:21	INDIVIDUAL
3002	4453	FILIPE COSTA	M	39		01:11:21	01:09:21	INDIVIDUAL
3003	361	FILIPE SIMÕES	M	39		01:11:23	01:06:01	TECNOSPIE

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3004	4465	ANGELO PEREIRA	M	55		01:11:25	01:10:23	INDIVIDUAL
3005	2440	NUNO OLIVEIRA	M	38		01:11:26	01:09:02	
3006	4591	NELSON A NAVE	M	64		01:11:26	01:08:29	INDIVIDUAL
3007	1691	CÁTIA MARTINS	F	25		01:11:29	01:08:12	
3008	508	JORGE FIGUEIRA	M	38		01:11:32	01:07:53	CLUBE COLABORADORES AXA
3009	519	ATLETA NÃO CADASTRADO	M	0		01:11:35	01:07:55	
3010	516	PAULO JORGE PAIXÃO	M	40		01:11:35	01:07:55	CLUBE COLABORADORES AXA
3011	503	CATARINA MORGADO	F	36		01:11:36	01:07:56	CLUBE COLABORADORES AXA
3012	1559	PAULA MARTINS	F	50		01:11:37	01:08:54	
3013	333	CARLOS CAPELO	M	40		01:11:39	01:09:49	OS CARACÓIS FURIOSOS
3014	2267	AMÉRICO DIAS VAZ	M	60		01:11:45	01:08:59	
3015	2268	PEDRO BRARDO	M	36		01:11:46	01:11:46	
3016	841	NATALIA HERNANDEZ	F	24		01:11:47	01:08:17	
3017	373	ETELVINA MARIA LOPES NUNES PAULINO	F	54		01:11:47	01:08:27	
3018	1612	GONCALO BERNARDES	M	38		01:11:49	01:08:47	
3019	2964	ANA SOUSA	F	33		01:11:55	01:09:22	EQUIPA KID
3020	2965	FERNANDO SANTOS	M	33		01:11:55	01:09:22	EQUIPA KID
3021	3738	SÓNIA ALEXANDRA FERRINHO DE ALMEIDA	F	37		01:11:56	01:08:13	
3022	3736	MARIA JOÃO CORREIA	F	42		01:11:56	01:08:11	
3023	3734	RUI MIGUEL MOTA GONÇALVES	M	37		01:11:57	01:08:12	
3024	2182	BEATRIZ CANELLAS	F	18		01:11:57	01:10:17	
3025	980	CARLOS MORAIS	M	55		01:11:58	01:09:45	WALKING AND RUNNIG
3026	2774	PATRICIA JANZ	F	43		01:11:58	01:08:48	
3027	2183	PRUDENTE CANELLAS	M	45		01:11:58	01:10:17	
3028	2773	RICARDO CORDEIRO	M	41		01:12:00	01:08:50	
3029	220	AGOSTINHO MONTEIRO	M	55		01:12:04	01:08:28	
3030	2548	NUNO OLIVEIRA	M	48		01:12:08	01:09:54	
3031	4351	MARIO RIBEIRO	M	79		01:12:09	01:12:09	INDIVIDUAL
3032	3367	CRISTINA BARATA	F	36		01:12:13	01:10:27	
3033	1984	HELIO DUARTE	M	34		01:12:14	01:09:32	
3034	2978	DIOGO RAMOS	M	26		01:12:14	01:10:09	
3035	1959	LUISA ALVES	F	33		01:12:14	01:10:42	ODEBRECHT PORTUGAL
3036	1932	MANUELA MARIA DE SOUSA DUARTE DA SILVA ALDEIA	F	50		01:12:22	01:09:53	
3037	1828	ANDREIA SOFIA	F	28		01:12:32	01:12:28	
3038	1829	NUNO ROCHA	M	33		01:12:32	01:12:27	
3039	4046	AGENOR FERNANDES	M	70		01:12:33	01:11:23	INDIVIDUAL
3040	4047	GONÇALO FERNANDES	M	40		01:12:34	01:11:22	INDIVIDUAL
3041	2669	PEDRO ANDRADE	M	35		01:12:34	01:09:43	
3042	869	NUNO MACHADO	M	21		01:12:35	01:10:17	H_RA_QUI

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3043	137	JOSÉ LUÍS AGAPITO	M	36		01:12:36	01:09:03	PERNAS DE GAFANHOTO
3044	1819	SANDRA CAMPANIÇO	F	32		01:12:36	01:09:03	PERNAS DE GAFANHOTO
3045	1668	ANDREIA ORNELAS	F	36		01:12:47	01:09:02	
3046	2715	TERESA SEABRA	F	22		01:12:50	01:11:23	
3047	2526	DIOGO CUSTÓDIO	M	9		01:12:58	01:10:20	
3048	2527	CARLA CLEMENTE	F	39		01:12:58	01:10:20	
3049	598	FERNANDO CUNHA FERNANDES	M	62		01:13:02	01:09:41	CCDMETROLX
3050	599	GUALDINO FREIRE	M	51		01:13:03	01:11:49	CCDMETROLX
3051	3575	ANTÓNIO SANTOS	M	22		01:13:04	01:09:58	
3052	2051	SANDRA PEREIRA	F	34		01:13:05	01:09:36	
3053	910	PEDRO REIS	M	45		01:13:05	01:12:06	GDCT UNICRE
3054	270	RICARDO RODRIGUES	M	34		01:13:10	01:07:41	
3055	3323	ANA ALMEIDA	F	37		01:13:14	01:11:15	SPORTINGS DE ALMEIDA
3056	2874	EUNICE MARIA R. M. SOUSA CARVALHO SILVA	F	44		01:13:15	01:09:41	BVB ATLETISMO
3057	2873	PAULO ORLANDO DE JESUS SILVA	M	42		01:13:16	01:09:42	BVB ATLETISMO
3058	1571	PEDRO RAMOS	M	22		01:13:19	01:10:36	
3059	629	ANTÓNIO CASTRO	M	46		01:13:21	01:11:15	
3060	1181	CARLOS LUDOVINO	M	38		01:13:22	01:10:58	
3061	1182	ALEXANDRA PEREIRA	F	36		01:13:23	01:10:59	
3062	2327	SOFIA LAURA SILVA	F	30		01:13:24	01:10:06	TEAM PI
3063	2720	SOFIA TOMAZ	F	34		01:13:27	01:09:53	
3064	4303	ANTONIO MARQUES	M	45		01:13:30	01:10:45	INDIVIDUAL
3065	4302	ANABELA MARQUES	F	48		01:13:30	01:10:43	INDIVIDUAL
3066	4659	CARLA ALBUQUERQUE	F	41		01:13:37	01:13:01	INDIVIDUAL
3067	4657	MIGUEL ALBUQUERQUE	M	39		01:13:37	01:12:56	INDIVIDUAL
3068	852	DOMINGOS COSTA	M	66		01:13:42	01:12:48	CDUL
3069	2336	JOAQUIM LEITÃO	M	37		01:13:44	01:11:35	
3070	2337	CRISTINA MARTINS	F	37		01:13:46	01:11:36	
3071	242	ANDRÉ LÚCIO	M	28		01:13:49	01:13:49	
3072	858	PEDRO LEAL	M	33		01:13:49	01:09:52	
3073	343	TIAGO RUIVO	M	24		01:13:55	01:11:01	
3074	344	ANA SOUSA	F	30		01:13:59	01:11:08	
3075	724	MARIA GODINHO	F	41		01:14:01	01:10:25	
3076	4305	JOSE AFONSO	M	62		01:14:10	01:10:53	INDIVIDUAL
3077	1759	RUI HENRIQUES	M	67		01:14:22	01:11:18	ADRC MATA DE BENFICA
3078	3567	ANNE THIRION	F	56		01:14:25	01:11:40	
3079	2416	NÁDIA BARÃO NUNES	F	23		01:14:27	01:11:21	
3080	2418	ANA MARIA LUCAS BARÃO SANTOS	F	46		01:14:28	01:11:22	
3081	2419	LIBERTO ÂNGELO SANTANA DE OLIVEIRA SANTOS	M	47		01:14:28	01:11:24	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3082	1327	CARLOS CARTAXO	M	50		01:14:34	01:12:26	
3083	4131	NUNO TAVARES	M	46		01:14:34	01:12:27	SS CGD
3084	594	CARLOS SILVA	M	38		01:14:35	01:10:58	
3085	612	LUCINDA COSTA	F	49		01:14:39	01:11:26	
3086	572	LUÍSA PINHO	F	55		01:14:40	01:13:02	LINDA-A-PASTORA SPORTING CLUBE
3087	2848	JOSÉ ANTUNES	M	55		01:14:44	01:11:09	
3088	3353	ANTONIA MACHADO	F	60		01:14:45	01:12:08	
3089	4208	VASCO OURELO	M	39		01:14:47	01:11:50	C MILLENNIUM BCP
3090	4209	MAGDA OURELO	F	38		01:14:47	01:11:50	C MILLENNIUM BCP
3091	514	PAULO BRANCO BRACONS	M	55		01:14:58	01:12:38	CLUBE COLABORADORES AXA
3092	755	CARLOS FERNANDES	M	54		01:15:05	01:12:58	CLUBE ANACOM
3093	1130	PAULA MARTINS	F	43		01:15:10	01:11:30	CARDADOR CORREIA
3094	3993	CARLOS CORREIA	M	66		01:15:10	01:11:30	CARDADOR CORREIA
3095	2811	JORGE DOMINGUES	M	61		01:15:11	01:11:29	
3096	2938	SARA BRANDÃO	F	28		01:15:12	01:13:41	RATOS DO ASFALTO
3097	2776	MARIA INÊS BRANDÃO	F	24		01:15:13	01:13:41	RATOS DO ASFALTO
3098	4299	ANA ALVES	F	37		01:15:17	01:11:52	INDIVIDUAL
3099	2162	ANDREIA LONGO	F	29		01:15:22	01:11:59	POWER RUN
3100	887	ELISABETE PINTO	F	57		01:15:30	01:12:30	OS PINTOS
3101	2465	ISAURA GAMA	F	41		01:15:34	01:11:50	CHOURIÇOS LEONINOS
3102	2471	FERNANDO GAMA	M	38		01:15:35	01:11:51	CHOURIÇOS LEONINOS
3103	693	ANTÓNIO CAPOULAS	M	27		01:15:42	01:12:10	
3104	1842	FÁTIMA LOPES	F	38		01:15:45	01:12:05	SCALABIS NIGHT RUNNERS
3105	1846	FERNANDA GOUVEIA	F	36		01:15:46	01:12:06	SCALABIS NIGHT RUNNERS
3106	4681	JOSE J G SALVADOR	M	65		01:15:49	01:12:11	INDIVIDUAL
3107	3622	CÉLIA CALADO	F	46		01:15:49	01:13:11	CLUBE DESPORTIVO RIBEIRENSE
3108	1197	JULIO FERREIRA	M	18		01:15:53	01:12:36	
3109	2065	RICARDO PINHEIRO	M	31		01:15:55	01:13:38	
3110	2090	ANDREIA PALMA REIS	F	29		01:15:56	01:12:39	
3111	1645	SANDRA MARQUES	F	31		01:15:58	01:13:17	OS CONTA-KILÓMETROS
3112	1663	ANA CARVALHO	F	18		01:16:02	01:12:27	ENGENHARIALIQUIDA
3113	1837	ANA SOFIA FERNANDES	F	31		01:16:04	01:12:25	SCALABIS NIGHT RUNNERS
3114	557	RUI OLIVEIRA	M	50		01:16:16	01:13:08	FALCÕES SELVAGENS
3115	1619	ROSÁRIO RODRIGUES	F	49		01:16:16	01:15:14	RUNLOVERS
3116	765	SANDRA CAETANO	F	40		01:16:21	01:13:03	
3117	764	DÉLIA BOINO	F	39		01:16:21	01:13:02	
3118	2614	FERNANDA ALMEIDA	F	44		01:16:25	01:12:58	
3119	3995	ANA JORGE	F	34		01:16:26	01:12:58	RUNTOGETHER4EVER
3120	3998	LAURINDA SIMÕES	F	44		01:16:26	01:12:58	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3121	4034	JOSE MORENO	M	47		01:16:34	01:13:13	INDIVIDUAL
3122	53	JOÃO GRAÇA	M	46		01:16:43	01:13:46	
3123	4406	ALDA OLIVEIRA	F	60		01:16:51	01:14:15	GDCT REPSOL
3124	4407	JOAO SANTOS	M	39		01:16:52	01:14:15	GDCT REPSOL
3125	193	ANICK BILREIRO	F	37		01:17:02	01:14:11	CORRER LISBOA
3126	1170	VANIA SILVA	F	32		01:17:03	01:13:17	
3127	64	MARIA TERESA LIMA RODRIGUES	F	57		01:17:04	01:13:56	CTJI
3128	1888	RITA MATEUS LAVOS	F	35		01:17:07	01:17:07	
3129	1887	ROGÉRIO LAVOS	M	42		01:17:07	01:17:07	
3130	1889	DULCE MATEUS LACERDA	F	39		01:17:08	01:17:08	
3131	889	SEVERINO CRUZ	M	51		01:17:19	01:14:19	
3132	888	LINA CRUZ	F	54		01:17:23	01:14:24	
3133	3633	ANDRE FIGUEIREDO	M	24		01:17:30	01:17:30	FIGUEIREDO
3134	1187	CAROLINA PEGO	F	26		01:17:31	01:14:01	
3135	3588	CATIA PAULINO	F	20		01:17:35	01:14:16	
3136	2845	ALEXANDRE SILVA	M	35		01:17:43	01:14:34	CASOS NOTÁVEIS
3137	3455	JOSE ALMEIDA	M	54		01:17:46	01:16:25	
3138	354	JOSÉ GOMES	M	27		01:17:53	01:14:14	
3139	82	JOAQUIM ABEGAO	M	53		01:17:56	01:14:35	
3140	436	SANDRA FERREIRA	F	43		01:18:00	01:15:48	ENJOADAS DO ASFALTO
3141	1601	LILIANA PRATA	F	35		01:18:00	01:16:21	
3142	2428	SANDRA FRAZÃO	F	42		01:18:01	01:14:49	CCD CRÉDITO AGRÍCOLA MÚTUO
3143	479	JOÃO BEIRÃO	M	61		01:18:11	01:15:33	ASAS
3144	471	MARIA INÊS REIS BEIRÃO	F	36		01:18:12	01:15:35	
3145	2372	PEDRO OLIVEIRA	M	30		01:18:18	01:15:10	
3146	458	ADELINO GOMES	M	45		01:18:26	01:15:34	NACIONAL FITNESS
3147	460	CÉLIA ALMEIDA	F	40		01:18:26	01:15:34	NACIONAL FITNESS
3148	229	BERNARDO PARAIBA	M	60		01:18:39	01:15:35	
3149	1260	JOSÉ BALINHO DO O	M	55		01:18:40	01:15:36	
3150	1840	DINIS SILVA	M	42		01:18:40	01:15:02	SCALABIS NIGHT RUNNERS
3151	3648	RICARDO PALMEIRA	M	18		01:18:47	01:17:23	CLUBE DESPORTIVO RIBEIRENSE
3152	3643	MADALENA RODRIGUES	F	37		01:18:48	01:16:08	CLUBE DESPORTIVO RIBEIRENSE
3153	2087	PEDRO MIGUEL MARTINS NUNES	M	38		01:18:50	01:15:07	
3154	771	VERA LUZ	F	37		01:18:52	01:15:10	
3155	1754	ANTÓNIO NUNES	M	74		01:18:59	01:15:15	
3156	364	VENANCIO BRANCO	M	44		01:19:00	01:15:16	TECNOSPIE
3157	2262	PAULO MARTINS	M	43		01:19:03	01:15:25	
3158	2261	BRUNO SARAIVA	M	41		01:19:04	01:15:26	
3159	2588	AVELINO ALVES	M	34		01:19:06	01:15:57	TC RUNNERS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3160	80	ISABEL MARIA LONGO	F	48		01:19:10	01:16:04	CTJI
3161	2589	ANA SOFIA ALVES	F	34		01:19:10	01:16:01	TC RUNNERS
3162	3280	LUIS LOPE.S	M	48		01:19:11	01:16:31	
3163	2975	LILIANA AZEVEDO	F	30		01:19:15	01:15:59	
3164	312	ADEMAR URBANO	M	32		01:19:32	01:16:28	
3165	3399	MADALENA ABREU	F	17		01:19:38	01:16:27	
3166	1789	DUARTE ROCHA MARTINS	M	39		01:19:45	01:16:33	
3167	714	MARIA CARVALHO	F	46		01:20:06	01:17:17	
3168	2360	ISABEL AFONSO	F	32		01:20:07	01:17:04	
3169	2189	JOSÉ TEIXEIRA	M	42		01:20:10	01:16:51	KEEP CALM
3170	2190	PAULA JACOB	F	48		01:20:10	01:16:51	KEEP CALM
3171	1777	MÁRIO FIALHO	M	34		01:20:16	01:17:42	
3172	3684	ROBERT JOHNSON	M	65		01:20:25	01:17:43	
3173	2464	RUI CAMILO	M	40		01:20:33	01:16:49	CHOURIÇOS LEONINOS
3174	842	EDUARDO RODRIGUES	M	32		01:20:42	01:17:12	
3175	4263	JOSE ARRUDA	M	65		01:20:51	01:17:13	INDIVIDUAL
3176	4264	FOCK CHIU	F	64		01:20:51	01:17:13	INDIVIDUAL
3177	1463	EDSON PIRES	M	43		01:20:57	01:20:57	
3178	4223	FILIPE HORTA	M	50		01:21:02	01:18:00	C MILLENNIUM BCP
3179	3285	JOSÉ CARVALHO	M	52		01:21:06	01:18:12	
3180	2683	FERNANDO VASCONCELOS	M	50		01:21:13	01:18:08	
3181	2717	NELSON RODRIGUES	M	30		01:21:34	01:18:37	JONÉ
3182	2716	JOANA ABREU	F	29		01:21:35	01:18:38	JONÉ
3183	3623	ANA CALADO	F	42		01:21:47	01:19:06	CLUBE DESPORTIVO RIBEIRENSE
3184	3642	SÉRGIO FERRARIA	M	41		01:21:47	01:18:57	CLUBE DESPORTIVO RIBEIRENSE
3185	4242	Mª CARMO ANJOS	F	68		01:21:51	01:19:05	JF PORTELA
3186	3448	CLÁUDIA RATO	F	34		01:21:57	01:19:31	
3187	1484	MÁRIO COELHO	M	31		01:22:15	01:18:44	INFOSISTEMA RUNNING TEAM
3188	1955	VERA SILVA	F	55		01:22:45	01:19:40	ODEBRECHT PORTUGAL
3189	692	JOAQUIM CAPOULAS	M	24		01:22:49	01:19:17	
3190	4301	JORGE SOBRAL	M	76		01:22:54	01:19:22	INDIVIDUAL
3191	1242	JAIME PALMA	M	70		01:23:01	01:19:56	
3192	418	ANA SILVA	F	21		01:23:14	01:19:32	
3193	4446	ANA MONTEIRO	F	21		01:23:18	01:20:51	INDIVIDUAL
3194	420	PAULO SILVA	M	52		01:23:21	01:23:21	
3195	2358	MARIA HELENA MARQUES	F	52		01:23:25	01:20:35	DÁ-LE!
3196	579	ARMÉNIO ANDRADE	M	62		01:24:51	01:22:26	ACS-AMIGOS CORRIDA SALVATERRA
3197	583	ALDA ANDRADE	F	62		01:24:57	01:22:32	ACS-AMIGOS CORRIDA SALVATERRA
3198	2507	MARGARIDA BARRIGA	F	25		01:25:09	01:21:31	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3199	2508	JORGE BARRIGA	M	57		01:25:10	01:21:32	
3200	1498	FERNANDO MARQUES	M	68		01:25:44	01:25:44	
3201	4001	MAULIDE XAVIER	M	40		01:25:47	01:25:47	INDIVIDUAL
3202	3844	ANTÓNIO BORGES	M	72		01:25:56	01:23:09	
3203	4045	ALFREDO MONTEIRO	M	57		01:25:57	01:22:38	INDIVIDUAL
3204	4044	NATALINA MONTEIRO	F	52		01:25:57	01:22:37	INDIVIDUAL
3205	422	RUI CARVALHO	M	50		01:26:00	01:24:47	OAK TEAM
3206	3845	TÂNIA COSTA	F	42		01:26:03	01:23:15	
3207	1752	MEG GARCIA	F	39		01:26:11	01:24:35	
3208	1750	CARLA PALMEIRO	F	40		01:26:12	01:24:36	
3209	1771	PEDRO SÁ	M	38		01:26:46	01:23:20	RAIL RUNNERS
3210	1767	GRAÇA SILVA	F	40		01:26:48	01:23:21	RAIL RUNNERS
3211	3743	JOANA GRAIS	F	34		01:27:01	01:23:15	DUPLA VERDE
3212	3426	HELDER VERÍSSIMO	M	64		01:29:27	01:26:29	
3213	4590	ANTONIO F RODRIGUES	M	81		01:29:47	01:27:10	INDIVIDUAL
3214	4699	MANUEL MORAIS	M	73		01:29:56	01:26:22	INDIVIDUAL
3215	2569	SANDRA CASTRO	F	43		01:30:05	01:25:00	
3216	455	RITA ALVES	F	27		01:30:11	01:27:22	NACIONAL FITNESS
3217	453	JOSÉ BATALHA	M	50		01:30:11	01:28:08	NACIONAL FITNESS
3218	1778	JOANA SORAIA FIALHO SANTOS	F	27		01:31:14	01:29:50	
3219	1781	VERA FERREIRA	F	28		01:31:14	01:29:50	
3220	456	RICARDO SEREJO	M	26		01:31:15	01:28:25	NACIONAL FITNESS
3221	3354	INDIRA KUHN	F	18		01:31:24	01:28:47	
3222	2876	JOSE JOAO PROENÇA	M	31		01:31:35	01:28:19	ULTRA-LEVES DO CPOC
3223	2869	HELIA LOPES	F	26		01:31:35	01:28:19	ULTRA-LEVES DO CPOC
3224	1290	VÍTOR BENTO	M	53		01:33:46	01:30:25	SCP MAFRA
3225	1294	ANDREIA BENTO	F	31		01:33:47	01:30:28	SCP MAFRA
3226	1939	MARIA JOSÉ AGUIAR	F	46		01:33:47	01:30:46	
3227	1295	PEDRO BENTO	M	22		01:33:47	01:30:27	SCP MAFRA
3228	1293	MARIA HELENA BENTO	F	52		01:33:48	01:30:29	SCP MAFRA
3229	1292	LUIS MIRANDA MATIAS	M	49		01:33:49	01:30:27	SCP MAFRA
3230	1418	VANDA SILVA	F	25		01:34:02	01:30:24	
3231	1420	CARLOS FERREIRA	M	28		01:34:02	01:30:25	
3232	2709	JOSÉ DIAS FERREIRA	M	67		01:34:10	01:30:31	
3233	4698	AMANDIO MACHADO	M	72		01:34:41	01:31:08	INDIVIDUAL
3234	3980	JOSÉ PAULO DIONISIO	M	47		01:36:50	01:33:02	FAST&FURIOUS
3235	3981	JOÃO MIGUEL ALMEIDA	M	46		01:36:51	01:33:05	FAST&FURIOUS
3236	1607	PAULO MOUTINHO	M	43		01:37:36	01:37:36	SURF RUNNERS
3237	1978	PAULO GOMES	M	53		01:37:47	01:35:06	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
3238	1979	JORGE GONÇALVES	M	48		01:37:48	01:35:04	
3239	1980	PEDRO SANTOS	M	23		01:37:48	01:35:04	
3240	3632	CRISTINA FIGUEIREDO	F	51		01:37:54	01:37:54	FIGUEIREDO
3241	2351	ANA SANTOS	F	36		01:38:09	01:35:21	
3242	3351	ALEXANDRA PRATES	F	36		01:38:09	01:35:20	
3243	4374	PAULO CARDOSO	M	43		01:39:01	01:36:08	INDIVIDUAL
3244	4373	Mª JOAO FARINHA	F	49		01:39:04	01:36:11	INDIVIDUAL
3245	3286	ISABEL CARVALHO	F	52		01:39:18	01:36:25	

Total de registros: 3245

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Relatório por Faixas Etárias

F0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	4627	ERCILIA MACHADO	F	27	00:35:56	00:35:56	SPORTING C P
2	4628	SUSANA FRANCISCO	F	23	00:36:55	00:36:55	SPORTING C P
3	2477	SUSANA CUNHA	F	26	00:37:36	00:37:36	LINDA-A-PASTORA SPORTING CLUBE
4	4631	SOLANGE JESUS	F	27	00:37:51	00:37:51	SPORTING C P
5	397	KCÉNIA BOUGROVA	F	19	00:40:39	00:40:39	
6	232	SANDRA CONCEIÇÃO	F	34	00:42:32	00:42:04	MARFER
7	4630	AMELIA VITORINO	F	20	00:42:35	00:42:35	SPORTING C P
8	754	INES ALMEIDA	F	30	00:45:09	00:45:04	
9	575	CATARINA CARREIRA	F	19	00:45:29	00:45:28	LINDA-A-PASTORA SPORTING CLUBE
10	3752	CATARINA GAUDÊNCIO	F	33	00:46:21	00:45:45	
11	2111	ANA FERREIRA	F	31	00:47:44	00:47:15	
12	269	CÁTIA SOFIA NASCIMENTO	F	34	00:48:02	00:47:47	CORRER LISBOA
13	871	SUSANA LUÍS	F	34	00:48:03	00:48:03	LAGARTIXAS TEAM
14	673	SOFIA RODRIGUES	F	28	00:48:13	00:48:13	
15	4000	SARA LOUREIRO	F	26	00:48:56	00:48:52	SPORTING CLUBE DE CASAINHOS
16	1358	ANA TEIXEIRA	F	26	00:50:02	00:49:42	
17	2078	TANIA SARAIVA	F	30	00:50:56	00:50:50	
18	969	JOANA COTOVIO	F	18	00:51:41	00:51:41	
19	970	MÁRCIA PEDRO	F	18	00:51:41	00:51:41	
20	1817	JOANA PEREIRA	F	21	00:51:44	00:51:44	BARÕES
21	1818	VERA VAZ	F	20	00:51:44	00:51:44	BARÕES
22	2908	DANIELA COSTA	F	27	00:51:45	00:51:45	
23	1201	FILIPA FERNANDES	F	31	00:52:04	00:51:00	
24	1335	PATRÍCIA SANTOS	F	29	00:52:47	00:51:18	
25	125	LUCILIA	F	31	00:52:52	00:51:19	CORRER LISBOA
26	1367	MILENE MATOS	F	16	00:54:13	00:53:02	G.D.R. SÃO FRANCISCO DA SERRA
27	3871	PATRICIA PINHEIRO	F	19	00:54:18	00:53:59	AMIGOS ATLETISMO MAFRA
28	4019	RITA MACHADO	F	29	00:54:23	00:53:42	GD BANCO BPI
29	3601	MARIA SOUSA	F	19	00:54:25	00:52:24	
30	527	MARA ARAÚJO	F	29	00:54:26	00:53:45	CCD SINTRENSE
31	1516	FILIPA GONÇALVES	F	33	00:54:45	00:53:04	G D C BANCO DE PORTUGAL
32	2089	GABRIELA FREITAS	F	34	00:54:47	00:54:11	
33	3363	PATRICIA GOMES	F	32	00:55:02	00:53:00	
34	1374	MARÍLIA RIBEIRO	F	31	00:55:25	00:53:43	
35	2765	CHRISTIANE MONTEIRO	F	34	00:55:27	00:52:46	
36	335	SUSANA CLIMAS	F	26	00:55:29	00:53:49	OS CARACÓIS FURIOSOS
37	348	PATRICIA ROSA	F	23	00:55:29	00:52:37	
38	1383	CATARINA PINHEIRO	F	20	00:55:36	00:53:59	
39	2756	RITA BARROSO	F	33	00:55:45	00:52:38	100% EU

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	1610	INÊS PEREIRA	F	20	00:55:59	00:54:06	
41	2983	SOFIA FERNANDES	F	33	00:56:01	00:53:05	
42	669	TANIA VALENTIM	F	32	00:56:13	00:54:59	CCD PM CASCAIS
43	4080	DANIELA VINAGRE	F	18	00:56:30	00:53:08	C BENFICA ALG M MARTINS
44	3747	EVA ROSA	F	34	00:56:32	00:54:51	
45	463	SARA PEDRO	F	32	00:56:37	00:53:46	NACIONAL FITNESS
46	3711	SANDRA ARRAIAS	F	33	00:56:38	00:55:23	OS ARRAIAS
47	985	SORAIA MOURA	F	18	00:56:55	00:56:55	
48	289	SOFIA ROCHA	F	27	00:56:56	00:55:47	
49	4228	SOFIA RAMALHO	F	18	00:57:04	00:56:10	C MILLENNIUM BCP
50	4181	MARIANA OLIVEIRA	F	26	00:57:09	00:54:48	C MILLENNIUM BCP
51	2757	SUSANA COELHO	F	27	00:57:22	00:54:14	100% EU
52	1385	FILIPA PINHEIRO	F	21	00:57:25	00:55:47	
53	3821	ANA SILVA	F	32	00:57:37	00:55:55	FSG COLLONGE BELLERIVE
54	1274	MARIANA TAVARES	F	33	00:57:56	00:55:28	
55	893	ANDREIA FERNANDES	F	26	00:57:57	00:55:40	
56	345	LAURA RUIVO	F	18	00:59:07	00:56:23	
57	1157	SARA ASSUNÇÃO	F	28	00:59:08	00:56:49	
58	890	FATIMA SANTOS	F	34	00:59:08	00:56:07	
59	817	CHEILA DIAS	F	26	00:59:11	00:57:09	
60	2847	CÁTIA COELHO	F	24	00:59:19	00:57:40	BESJOGING
61	2952	LILIANA MENDONÇA	F	31	00:59:22	00:56:06	
62	2888	INÊS DOMINGOS	F	27	00:59:48	00:58:37	GANHA...DORES
63	2690	INÊS VICENTE COSTA	F	28	00:59:49	00:56:26	
64	3910	MELIISA LOPES	F	24	00:59:54	00:57:08	
65	3314	JUDITE BAIXINHO	F	28	00:59:55	00:58:13	
66	2606	RÚBIA PROCHMANN	F	26	01:00:03	00:56:48	
67	1945	SANDRA LETRAS	F	29	01:00:07	00:58:58	ODEBRECHT PORTUGAL
68	1870	MÁRCIA JESUS	F	22	01:00:08	00:59:24	SPORTING CLUBE MOITENSE
69	2186	IRINA LOPES	F	29	01:00:12	00:58:51	
70	4651	MAFALDA FARIA	F	32	01:00:23	00:57:10	C M L
71	915	MARIANA PRELHAZ	F	22	01:00:28	00:58:34	
72	2791	LILIANA RODRIGUES	F	32	01:00:33	00:58:06	SERVIÇOS SOCIAIS MONTEPIO GERA
73	150	DANIELA OLIVEIRA	F	32	01:00:38	00:59:35	GDINE
74	4547	JOANA FREITAS	F	31	01:00:40	00:58:20	A BOLA
75	837	NATÁLIA OLIVEIRA	F	31	01:01:16	00:59:27	
76	143	CLAUDIA DUARTE	F	34	01:01:19	00:59:49	OS SPEEDYS
77	2601	MARGARIDA BOAVIDA FERREIRA	F	30	01:01:23	00:58:26	
78	2699	DIANA ORGHIAN	F	27	01:01:31	00:58:14	
79	4027	CLAUDIA SANTOS	F	33	01:01:35	00:59:08	INDIVIDUAL

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
80	3776	SARA PAULINO	F	32	01:01:37	00:57:52	JUBASTEAM
81	4665	RITA SILVA	F	33	01:01:37	00:59:11	INDIVIDUAL
82	2794	MONICA ABREU	F	34	01:01:45	00:58:55	SERVIÇOS SOCIAIS MONTEPIO GERA
83	1493	CÁTIA MARIANO	F	34	01:01:50	00:58:41	
84	1746	JOANA CARDOSO	F	20	01:01:51	00:58:24	
85	309	CÁTIA MONTEIRO	F	29	01:01:56	00:59:42	
86	1868	SARA PRIMOR	F	27	01:02:02	01:01:19	SPORTING CLUBE MOITENSE
87	4370	LURDES SANTOS	F	34	01:02:09	00:59:56	INDIVIDUAL
88	226	ANA CORREIA	F	26	01:02:12	01:00:00	OS CONTA-KILÓMETROS
89	4297	SARA PIRES	F	31	01:02:23	01:00:15	INDIVIDUAL
90	1087	NATACHA COTRIM	F	20	01:02:28	01:00:24	
91	2909	MARIA MOITINHO DE ALMEIDA	F	25	01:02:36	01:00:00	
92	3958	CLÁUDIA TAM	F	32	01:03:08	01:01:33	AÇOREANA CLUBE BANIF
93	1871	DINA DIAS	F	27	01:03:12	01:02:14	SPORTING CLUBE MOITENSE
94	2977	ALEXANDRA GOMES BOGA	F	26	01:03:13	00:59:57	
95	878	SARA SEMIÃO	F	21	01:03:16	01:01:21	SEMIÃO
96	2279	ANA DIAS	F	25	01:03:29	01:02:38	
97	3508	RUTE AGOSTINHO	F	32	01:03:33	00:59:46	
98	1787	RITA BENTES	F	26	01:03:37	01:00:11	
99	2696	TÂNIA COSTA	F	33	01:03:43	01:00:29	ACTIVE PEOPLE - GLORYSYMBOL
100	2577	SARA MARINHO	F	24	01:03:50	01:02:34	
101	3476	JOANA ESPERANÇO	F	25	01:03:52	01:01:31	
102	835	TÂNIA LEAL	F	26	01:04:05	01:01:35	
103	3649	MARIANA TEIXEIRA-MARQUES	F	16	01:04:07	01:02:42	CORREDORES ANÓNIMOS
104	4011	INES BARRADAS	F	34	01:04:17	01:02:06	GD BANCO BPI
105	4017	MARIANA GODINHO	F	15	01:04:22	01:03:39	GD BANCO BPI
106	1183	ALEXANDRA RODRIGUES	F	33	01:04:27	01:01:24	
107	1884	ANA COELHO	F	20	01:04:39	01:03:47	SEGUNDA QUARTA SEXTA
108	1520	ANA CARRILHO	F	28	01:04:41	01:01:13	G D C BANCO DE PORTUGAL
109	3877	MARTA LEITE	F	19	01:04:49	01:02:39	
110	347	JOANA MARQUES	F	27	01:05:00	01:02:07	
111	585	ROSA SILVA	F	27	01:05:39	01:03:13	ACS-AMIGOS CORRIDA SALVATERRA
112	584	LAURA PITOVE	F	22	01:05:39	01:03:13	ACS-AMIGOS CORRIDA SALVATERRA
113	2805	ANA FILIPA CANELHAS	F	34	01:05:44	01:02:54	INDIVIDUAL
114	1562	CARLA FERREIRA	F	34	01:05:50	01:03:06	
115	2205	SOFIA BERNARDES	F	34	01:06:01	01:02:40	
116	1640	LILIANA HENRIQUES	F	27	01:06:13	01:03:33	OS CONTA-KILÓMETROS
117	613	AIDA COSTA	F	20	01:06:18	01:03:07	
118	2862	CATARINA ALVES	F	30	01:06:26	01:03:45	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
119	2728	SUSANA AMORIM	F	28	01:06:26	01:03:06	KEEP CALM
120	2641	ANDREIA COSTA	F	29	01:06:29	01:03:17	
121	4359	MARIA BALECA	F	31	01:06:32	01:02:43	OS DUROES
122	1223	REBECA GUERRA	F	22	01:06:35	01:03:58	
123	2936	MÓNICA HENRIQUES	F	26	01:06:48	01:05:16	OS SPEEDYS
124	847	JULIANA COSTA	F	30	01:06:54	01:02:50	
125	1512	MARIANA QUIROZ	F	27	01:07:23	01:05:59	G D C BANCO DE PORTUGAL
126	2197	ROSÁLIA JACINTO	F	30	01:07:23	01:05:54	
127	866	RITA AFONSO	F	28	01:07:53	01:05:37	
128	2622	CÁTIA FERNANDES	F	33	01:07:53	01:06:18	
129	2259	MÓNICA MARTINS	F	31	01:08:01	01:04:46	
130	2121	IVONE PEREIRA	F	33	01:08:17	01:05:38	
131	2910	TERESA MOITINHO DE ALMEIDA	F	19	01:08:17	01:05:40	
132	3735	MARIANA COSTA VELUDO	F	25	01:08:18	01:04:33	
133	2104	ANA MARQUES	F	27	01:08:19	01:05:42	WANNABE'S
134	465	FLORENCE DOUILLARD	F	23	01:08:22	01:05:30	NACIONAL FITNESS
135	609	ANA ANDRADE	F	24	01:08:25	01:05:13	
136	2482	SOFIA TORRINHA	F	16	01:08:28	01:05:01	
137	846	SOFIA ALVES	F	32	01:08:29	01:04:20	
138	1554	FILIPA MALTA	F	18	01:08:32	01:05:04	
139	3355	RITA RAPOSO	F	18	01:08:58	01:08:58	
140	1680	PAULA SOARES	F	28	01:09:12	01:05:27	TARTARUGAS TEAM
141	2891	TERESA BEMFEITA	F	31	01:09:36	01:08:24	GANHA...DORES
142	1677	HELENA ISABEL FRANCO FERREIRA	F	21	01:09:41	01:08:25	GD CIMPOR & AMIGOS
143	1107	DOROTEIA MARTINS	F	34	01:09:43	01:07:21	
144	4679	CLAUDIA SOFIA GOMES	F	24	01:09:45	01:08:33	INDIVIDUAL
145	1479	FILIPA MENDES	F	32	01:10:01	01:06:31	INFOSISTEMA RUNNING TEAM
146	1088	SARA GOMES	F	19	01:10:02	01:07:59	
147	3774	MAGDA VERISSIMO	F	25	01:11:08	01:07:23	JUBASTEAM
148	1691	CÁTIA MARTINS	F	25	01:11:29	01:08:12	
149	841	NATALIA HERNANDEZ	F	24	01:11:47	01:08:17	
150	2964	ANA SOUSA	F	33	01:11:55	01:09:22	EQUIPA KID
151	2182	BEATRIZ CANELLAS	F	18	01:11:57	01:10:17	
152	1959	LUISA ALVES	F	33	01:12:14	01:10:42	ODEBRECHT PORTUGAL
153	1828	ANDREIA SOFIA	F	28	01:12:32	01:12:28	
154	1819	SANDRA CAMPANIÇO	F	32	01:12:36	01:09:03	PERNAS DE GAFANHOTO
155	2715	TERESA SEABRA	F	22	01:12:50	01:11:23	
156	2051	SANDRA PEREIRA	F	34	01:13:05	01:09:36	
157	2327	SOFIA LAURA SILVA	F	30	01:13:24	01:10:06	TEAM PI
158	2720	SOFIA TOMAZ	F	34	01:13:27	01:09:53	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
159	344	ANA SOUSA	F	30	01:13:59	01:11:08	
160	2416	NÁDIA BARÃO NUNES	F	23	01:14:27	01:11:21	
161	2938	SARA BRANDÃO	F	28	01:15:12	01:13:41	RATOS DO ASFALTO
162	2776	MARIA INÊS BRANDÃO	F	24	01:15:13	01:13:41	RATOS DO ASFALTO
163	2162	ANDREIA LONGO	F	29	01:15:22	01:11:59	POWER RUN
164	2090	ANDREIA PALMA REIS	F	29	01:15:56	01:12:39	
165	1645	SANDRA MARQUES	F	31	01:15:58	01:13:17	OS CONTA-KILÓMETROS
166	1663	ANA CARVALHO	F	18	01:16:02	01:12:27	ENGENHARIALIQUIDA
167	1837	ANA SOFIA FERNANDES	F	31	01:16:04	01:12:25	SCALABIS NIGHT RUNNERS
168	3995	ANA JORGE	F	34	01:16:26	01:12:58	RUNTOGETHER4EVER
169	1170	VANIA SILVA	F	32	01:17:03	01:13:17	
170	1187	CAROLINA PEGO	F	26	01:17:31	01:14:01	
171	3588	CATIA PAULINO	F	20	01:17:35	01:14:16	
172	2589	ANA SOFIA ALVES	F	34	01:19:10	01:16:01	TC RUNNERS
173	2975	LILIANA AZEVEDO	F	30	01:19:15	01:15:59	
174	3399	MADALENA ABREU	F	17	01:19:38	01:16:27	
175	2360	ISABEL AFONSO	F	32	01:20:07	01:17:04	
176	2716	JOANA ABREU	F	29	01:21:35	01:18:38	JONÉ
177	3448	CLÁUDIA RATO	F	34	01:21:57	01:19:31	
178	418	ANA SILVA	F	21	01:23:14	01:19:32	
179	4446	ANA MONTEIRO	F	21	01:23:18	01:20:51	INDIVIDUAL
180	2507	MARGARIDA BARRIGA	F	25	01:25:09	01:21:31	
181	3743	JOANA GRAIS	F	34	01:27:01	01:23:15	DUPLA VERDE
182	455	RITA ALVES	F	27	01:30:11	01:27:22	NACIONAL FITNESS
183	1778	JOANA SORAIA FIALHO SANTOS	F	27	01:31:14	01:29:50	
184	1781	VERA FERREIRA	F	28	01:31:14	01:29:50	
185	3354	INDIRA KUHN	F	18	01:31:24	01:28:47	
186	2869	HELIA LOPES	F	26	01:31:35	01:28:19	ULTRA-LEVES DO CPOC
187	1294	ANDREIA BENTO	F	31	01:33:47	01:30:28	SCP MAFRA
188	1418	VANDA SILVA	F	25	01:34:02	01:30:24	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	3872	SARA RAMOS	F	36	00:46:34	00:46:13	AMIGOS ATLETISMO MAFRA
2	4163	SANDRA BAPTISTA	F	38	00:47:00	00:46:46	A VALE SILENCIO
3	3817	SÓNIA LOBO	F	38	00:49:11	00:48:33	CDSALVATERRENSE/CME
4	2578	CARLA MENDES	F	38	00:49:33	00:47:49	TARTARUGAS SOLIDÁRIAS
5	3669	CÉLIA SANTOS	F	36	00:50:32	00:48:58	CLUBE EDP - LISBOA
6	369	CLARA RAIMUNDO	F	38	00:51:07	00:50:45	PERNAS DE GAFANHOTO
7	1377	NOEMIA MONTEIRO	F	39	00:51:11	00:50:14	
8	2449	ANDREIA RODRIGUES	F	38	00:51:35	00:51:22	CCD CRÉDITO AGRÍCOLA MÚTUO
9	1791	SUSANA FREITAS	F	37	00:52:34	00:52:20	CCD LOURES -CORRER PARA VIVER +
10	1486	ANA FONSECA	F	38	00:52:55	00:52:33	ESCOLA ATLETISMO RUI SILVA
11	921	ELISA MONTEIRO	F	37	00:53:04	00:52:35	HIDRENKI
12	800	MARTA ANDRADE	F	37	00:53:38	00:52:41	
13	1140	LILIANA EUSÉBIO	F	35	00:54:02	00:53:18	
14	2803	SÓNIA QUINTINO	F	36	00:54:34	00:54:34	SERVIÇOS SOCIAIS MONTEPIO GERA
15	4222	SARA CERDEIRA	F	39	00:54:40	00:51:50	C MILLENNIUM BCP
16	1017	RITA AMARO	F	37	00:54:41	00:53:26	FAMILIA SILVA
17	2579	ANDREIA COSTA	F	37	00:54:47	00:53:03	TARTARUGAS SOLIDÁRIAS
18	4427	OLGA BORGES	F	39	00:54:47	00:52:42	SS CGD
19	3772	CARLA VIEGAS	F	36	00:56:07	00:54:37	JUBASTEAM
20	2804	TERESA CARDOSO	F	35	00:56:25	00:54:35	SERVIÇOS SOCIAIS MONTEPIO GERA
21	175	SARA FERREIRA PINTO	F	36	00:56:29	00:54:22	
22	1155	TANIA VEIGA	F	37	00:57:07	00:54:49	
23	4078	IRIS MAURICIO	F	38	00:57:08	00:53:43	C BENFICA ALG M MARTINS
24	1200	ANDREIA LOUZEIRO	F	38	00:57:28	00:56:24	
25	2973	HELENA CHILANDALA	F	37	00:57:42	00:55:44	
26	2158	RITA MONTEIRO	F	38	00:58:12	00:56:13	
27	2517	LEONOR MARTINHO	F	35	00:59:11	00:58:04	
28	149	CÁTIA PEDRO	F	35	00:59:50	00:58:29	GDINE
29	2076	PAULA VEIGA	F	37	01:00:13	00:58:43	
30	2246	MARTA NAVES CARDOZO	F	36	01:00:23	00:57:02	
31	3757	ANDRÉA ALMEIDA	F	37	01:00:53	00:59:53	
32	3737	MÓNICA SANTOS	F	36	01:01:06	00:57:23	
33	4133	PAULA GONÇALVES	F	39	01:01:31	00:59:23	SS CGD
34	4430	JOANA BRANCO	F	36	01:01:33	00:58:46	INDIVIDUAL
35	4025	RITA CERTA	F	38	01:01:34	00:59:07	INDIVIDUAL
36	4009	ANA BALEIRAS	F	35	01:01:41	00:58:00	INDIVIDUAL
37	4371	GABRIELA MARQUES	F	37	01:02:07	00:59:54	INDIVIDUAL
38	4314	CARMINHO LETRA	F	39	01:02:14	01:01:11	INDIVIDUAL
39	1577	CRISTINA FIGUEIRA	F	38	01:02:51	01:01:16	JOBRINDE - MONTES SALOIOS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	2085	BEATRIZ FIGUEIREDO	F	38	01:02:54	00:59:58	
41	2134	PAULA MACHADO	F	36	01:02:56	01:00:04	
42	3457	SOFIA GUEDES	F	39	01:03:53	01:01:49	AÇOREANA CLUBE BANIF
43	1895	FERNANDA PRIM	F	38	01:03:59	01:01:28	
44	702	SOFIA SANTOS	F	39	01:04:01	01:00:23	
45	3410	MARTA PEREIRA	F	36	01:04:02	01:00:14	
46	3788	MARISA GONÇALVES	F	37	01:04:21	01:01:23	
47	3663	HELENA TELINO	F	35	01:04:26	01:02:26	
48	2200	MARIA LUISA	F	38	01:04:59	01:01:36	POWER RUN
49	4114	ANA AZEVEDO	F	35	01:05:14	01:03:06	SS CGD
50	4132	PATRICIA MORAIS	F	37	01:05:15	01:03:07	SS CGD
51	4279	RUTE PATROCINIO	F	39	01:05:25	01:02:50	INDIVIDUAL
52	74	SÓNIA CARVALHO	F	35	01:05:36	01:02:13	
53	997	ANA MARQUES	F	39	01:05:41	01:02:58	
54	1558	MÓNICA PEREIRA	F	38	01:05:50	01:03:07	
55	1403	FERNANDA ROXO	F	39	01:05:59	01:03:58	
56	3605	CRISTINA BRIZIDO	F	38	01:06:16	01:04:08	
57	1628	SOFIA SILVA	F	35	01:06:21	01:03:51	CORRE@CORRER
58	2777	ANA PAULA SARAMAGO	F	39	01:06:24	01:04:03	SERVIÇOS SOCIAIS MONTEPIO GERA
59	998	RUTE CARDOSO	F	37	01:06:40	01:03:57	
60	3782	CLÁUDIA ANDRÉ	F	37	01:07:21	01:04:37	SPORTING CLUBE DE CASAINHOS
61	291	IVANA MENDES	F	35	01:07:52	01:04:19	
62	862	SARA ZORRO	F	39	01:07:53	01:05:36	
63	1508	ANA MAIA	F	37	01:07:58	01:04:08	VECOFABRIL
64	1839	EUNICE CARDOSO	F	38	01:08:23	01:04:51	SCALABIS NIGHT RUNNERS
65	2781	CLAUDIA LEITÃO	F	35	01:08:41	01:06:09	SERVIÇOS SOCIAIS MONTEPIO GERA
66	3533	SILVIA CASTRO	F	35	01:08:54	01:05:43	
67	1531	CARLA BARBOSA	F	36	01:09:35	01:06:31	TOCA RUNNERS
68	167	CARLA MARQUES	F	38	01:10:18	01:06:55	
69	732	FATIMA FAIA	F	39	01:10:28	01:07:23	
70	248	ANA RIBEIRO	F	35	01:10:34	01:07:51	
71	4202	ANA GAMA	F	37	01:10:41	01:07:10	C MILLENNIUM BCP
72	3621	SÓNIA HENRIQUES	F	36	01:11:17	01:08:38	CLUBE DESPORTIVO RIBEIRENSE
73	4452	ROSARIO MARTINS	F	36	01:11:21	01:09:21	INDIVIDUAL
74	503	CATARINA MORGADO	F	36	01:11:36	01:07:56	CLUBE COLABORADORES AXA
75	3738	SÓNIA ALEXANDRA FERRINHO DE ALMEIDA	F	37	01:11:56	01:08:13	
76	3367	CRISTINA BARATA	F	36	01:12:13	01:10:27	
77	1668	ANDREIA ORNELAS	F	36	01:12:47	01:09:02	
78	2527	CARLA CLEMENTE	F	39	01:12:58	01:10:20	
79	3323	ANA ALMEIDA	F	37	01:13:14	01:11:15	SPORTINGS DE ALMEIDA

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Relatório por Faixas Etárias

F3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
80	1182	ALEXANDRA PEREIRA	F	36	01:13:23	01:10:59	
81	2337	CRISTINA MARTINS	F	37	01:13:46	01:11:36	
82	4209	MAGDA OURELO	F	38	01:14:47	01:11:50	C MILLENNIUM BCP
83	4299	ANA ALVES	F	37	01:15:17	01:11:52	INDIVIDUAL
84	1842	FÁTIMA LOPES	F	38	01:15:45	01:12:05	SCALABIS NIGHT RUNNERS
85	1846	FERNANDA GOUVEIA	F	36	01:15:46	01:12:06	SCALABIS NIGHT RUNNERS
86	764	DÉLIA BOINO	F	39	01:16:21	01:13:02	
87	193	ANICK BILREIRO	F	37	01:17:02	01:14:11	CORRER LISBOA
88	1888	RITA MATEUS LAVOS	F	35	01:17:07	01:17:07	
89	1889	DULCE MATEUS LACERDA	F	39	01:17:08	01:17:08	
90	1601	LILIANA PRATA	F	35	01:18:00	01:16:21	
91	471	MARIA INÊS REIS BEIRÃO	F	36	01:18:12	01:15:35	
92	3643	MADALENA RODRIGUES	F	37	01:18:48	01:16:08	CLUBE DESPORTIVO RIBEIRENSE
93	771	VERA LUZ	F	37	01:18:52	01:15:10	
94	1752	MEG GARCIA	F	39	01:26:11	01:24:35	
95	2351	ANA SANTOS	F	36	01:38:09	01:35:21	
96	3351	ALEXANDRA PRATES	F	36	01:38:09	01:35:20	

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Relatório por Faixas Etárias

F4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1991	CARMO TAVARES	F	40	00:43:59	00:43:59	
2	4629	LUZIA DIAS	F	44	00:44:00	00:44:00	SPORTING C P
3	2875	ANA PAULA MELO	F	43	00:45:03	00:44:26	BVB ATLETISMO
4	1495	SUZETE SILVA	F	44	00:45:34	00:45:16	ESCOLA ATLETISMO RUI SILVA
5	2318	ANA SÍLVIA SOBREIRA	F	43	00:48:00	00:47:58	
6	1792	ADELAIDE PEREIRA	F	43	00:48:24	00:48:10	CCD LOURES -CORRER PARA VIVER +
7	1544	ALEXANDRA MATIAS	F	41	00:48:27	00:47:54	AVIS
8	4140	SILVIA NEIVA	F	44	00:49:16	00:48:48	SS CGD
9	2000	SARA MENDES CATATÃO	F	43	00:49:31	00:48:37	
10	3496	ANA DIAS	F	42	00:49:58	00:49:13	
11	3751	ANA ISABEL VIGIA	F	43	00:50:06	00:49:30	
12	2156	ANA FRUTUOSO	F	40	00:50:08	00:48:27	
13	26	MARIA MOCISSO	F	40	00:50:11	00:50:09	B.V. MONTEMOR-O-NOVO
14	656	SANDRA VITORINO	F	41	00:50:24	00:49:56	SCUT
15	654	ROSALIA SALDANHA	F	41	00:50:24	00:49:56	SCUT
16	2222	ISABEL RODRIGUES	F	43	00:50:40	00:50:21	ADCR POLÍCIA JUDICIÁRIA
17	3866	CARLA JARDIM	F	41	00:51:08	00:50:47	AMIGOS ATLETISMO MAFRA
18	1389	MARTA ANSELMO	F	42	00:51:30	00:50:07	
19	2415	ALICE PAIS	F	42	00:52:46	00:51:02	
20	159	SALOMÉ FERREIRA	F	40	00:54:00	00:53:47	GDINE
21	2822	ANA ALÉM	F	44	00:54:09	00:53:56	RA
22	2835	MAFALDA MARTINS	F	41	00:54:30	00:52:47	
23	4381	SUSANA ADEGAS	F	44	00:54:31	00:53:45	INDIVIDUAL
24	3907	PAULA SILVA	F	44	00:54:31	00:51:18	NB RUN
25	1519	GINA CHEIO	F	43	00:54:45	00:53:04	G D C BANCO DE PORTUGAL
26	4129	LUISA LANDEIRO	F	44	00:54:46	00:52:43	SS CGD
27	807	ELSA DINIS	F	43	00:54:48	00:53:19	
28	3587	FÁTIMA ANTUNES	F	41	00:55:24	00:54:15	
29	4164	SUSANA DUARTE	F	41	00:55:57	00:55:10	A VALE SILENCIO
30	4109	CLAUDIA LOURENÇO	F	43	00:56:11	00:54:02	SS CGD
31	2725	ISABEL MOREIRA	F	44	00:56:15	00:55:36	
32	386	MARIA FRANCO	F	40	00:56:16	00:56:08	VALEJAS AC
33	3289	CARMEN CRISTINO	F	42	00:56:59	00:56:00	TEAM DA PTZONA
34	3810	ALEXANDRA RODRIGUES	F	41	00:57:13	00:56:37	DANATUR
35	2245	OLÍVIA GASPAS	F	43	00:57:26	00:55:48	
36	2108	PEDRO BRITES	F	40	00:57:45	00:55:04	
37	694	CARLA PEREIRA	F	42	00:58:50	00:57:42	
38	977	SARA VALADARES	F	42	00:58:54	00:57:08	ILOVEPV
39	1926	CLARA MAGALHÃES	F	41	00:58:59	00:58:22	
40	1869	ANABELA MARIA	F	43	00:59:05	00:58:21	SPORTING CLUBE MOITENSE

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Relatório por Faixas Etárias

F4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	57	CRISTINA CUNHA	F	44	01:00:01	00:57:37	
42	151	ELSA SOARES	F	40	01:00:06	00:59:03	GDINE
43	4184	SONIA RODRIGUES	F	40	01:00:41	00:58:19	C MILLENNIUM BCP
44	434	ANA CANDEIAS	F	40	01:00:49	00:58:34	ENJOADAS DO ASFALTO
45	3271	PATRICIA VALA	F	40	01:00:52	00:59:26	
46	639	ADELAIDE PALMA	F	43	01:01:06	01:00:37	
47	1583	CATARINA VARGES	F	41	01:01:35	01:00:14	
48	256	SUSETE VARELA	F	40	01:01:36	01:00:16	BREJOENSES
49	2287	ANA ISABEL DUARTE CHAGAS	F	44	01:01:54	01:00:08	
50	3440	ROSA MARQUES	F	41	01:02:03	00:59:18	
51	730	SUSANA I. DO E. S. P. M. MENDES	F	42	01:02:17	01:01:25	
52	3549	BERNARDETE VAZ	F	42	01:02:35	01:00:50	TARTARUGAS SOLIDÁRIAS
53	391	INÊS MARQUES	F	40	01:02:35	01:00:14	
54	2695	SAIDA MORAIS	F	42	01:03:01	00:59:49	ACTIVE PEOPLE - GLORYSYMBOL
55	435	PATRICIA ALMEIDA	F	40	01:03:39	01:01:24	ENJOADAS DO ASFALTO
56	3302	ISABEL MARTINEZ	F	40	01:03:42	01:00:50	TORRADOS
57	3746	MARIA QUITÉRIA	F	41	01:03:52	01:01:55	
58	1602	SANDRA PEREIRA	F	44	01:04:08	01:02:29	
59	990	SANDRA VIEIRA	F	41	01:04:12	01:01:18	
60	2989	MARIA FERREIRA	F	41	01:04:24	01:02:05	
61	2836	HELENA RIBEIRO	F	43	01:05:04	01:05:04	
62	411	VICTÓRIA CARNEIRO	F	41	01:05:08	01:03:07	G:D.C PORTO DE SINES
63	4117	ANGELA CRUZ	F	43	01:05:33	01:02:07	SS CGD
64	4030	HELENA PISSARRA	F	42	01:05:39	01:02:54	INDIVIDUAL
65	1844	FÁTIMA VASSALO	F	43	01:05:48	01:02:16	SCALABIS NIGHT RUNNERS
66	655	BARBARA MIRANDA	F	42	01:06:11	01:05:44	SCUT
67	2347	PAULA CALHAU	F	44	01:06:27	01:05:53	
68	3686	ELISABETE SANTOS	F	41	01:06:27	01:06:27	
69	1555	ISABEL COSTA	F	41	01:07:09	01:04:26	
70	4363	BEATRIZ BARICELA	F	42	01:07:38	01:06:02	INDIVIDUAL
71	3400	ANA MARQUES	F	44	01:08:06	01:05:31	
72	1556	SUSANA SILVA	F	41	01:08:35	01:05:08	
73	2083	PATRICIA SANTOS	F	44	01:08:45	01:05:51	ROCKERS29
74	1481	SUSANA SILVA	F	42	01:08:58	01:07:00	ESCOLA ATLETISMO RUI SILVA
75	3644	ANA TEIXEIRA-MARQUES	F	44	01:09:15	01:07:50	CORREDORES ANÓNIMOS
76	4412	Mª JOSE TEIXEIRA	F	44	01:09:21	01:06:43	GDCT REPSOL
77	1060	NATALIA GUERREIRO	F	43	01:09:43	01:07:06	
78	2478	MAFALDA MACHADO	F	44	01:09:47	01:07:39	
79	75	PATRICIA SANTOS	F	42	01:09:55	01:07:50	NB RUN
80	2750	RAQUEL SANTOS	F	40	01:10:26	01:08:39	

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Relatório por Faixas Etárias

F4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	2760	MAGDA CABRAL	F	43	01:11:00	01:08:09	LINDA-A-PASTORA SPORTING CLUBE
82	2459	ANA RAMOS	F	40	01:11:03	01:08:56	
83	3736	MARIA JOÃO CORREIA	F	42	01:11:56	01:08:11	
84	2774	PATRICIA JANZ	F	43	01:11:58	01:08:48	
85	2874	EUNICE MARIA R. M. SOUSA CARVALHO SILVA	F	44	01:13:15	01:09:41	BVB ATLETISMO
86	4659	CARLA ALBUQUERQUE	F	41	01:13:37	01:13:01	INDIVIDUAL
87	724	MARIA GODINHO	F	41	01:14:01	01:10:25	
88	1130	PAULA MARTINS	F	43	01:15:10	01:11:30	CARDADOR CORREIA
89	2465	ISAURA GAMA	F	41	01:15:34	01:11:50	CHOURIÇOS LEONINOS
90	765	SANDRA CAETANO	F	40	01:16:21	01:13:03	
91	2614	FERNANDA ALMEIDA	F	44	01:16:25	01:12:58	
92	3998	LAURINDA SIMÕES	F	44	01:16:26	01:12:58	
93	436	SANDRA FERREIRA	F	43	01:18:00	01:15:48	ENJOADAS DO ASFALTO
94	2428	SANDRA FRAZÃO	F	42	01:18:01	01:14:49	CCD CRÉDITO AGRÍCOLA MÚTUO
95	460	CÉLIA ALMEIDA	F	40	01:18:26	01:15:34	NACIONAL FITNESS
96	3623	ANA CALADO	F	42	01:21:47	01:19:06	CLUBE DESPORTIVO RIBEIRENSE
97	3845	TÂNIA COSTA	F	42	01:26:03	01:23:15	
98	1750	CARLA PALMEIRO	F	40	01:26:12	01:24:36	
99	1767	GRAÇA SILVA	F	40	01:26:48	01:23:21	RAIL RUNNERS
100	2569	SANDRA CASTRO	F	43	01:30:05	01:25:00	

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Relatório por Faixas Etárias

F4599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	3870	MARIA JOSÉ FRIAS	F	49	00:42:34	00:42:34	AMIGOS ATLETISMO MAFRA
2	3868	HELENA MARTINS	F	52	00:44:24	00:44:07	AMIGOS ATLETISMO MAFRA
3	2048	AMÉLIA JOAQUIM	F	47	00:45:11	00:45:11	
4	1596	MARIA MANUELA MACHADO	F	50	00:47:53	00:46:26	RUN 4 FUN
5	2740	MANUELA FONSECA	F	47	00:49:27	00:48:52	TARTARUGAS SOLIDÁRIAS
6	850	FERNANDA GIL	F	45	00:49:28	00:48:52	CDUL
7	90	CAROLINA FELIZ	F	55	00:49:51	00:49:12	UNIÃO FCI DE TOMAR
8	400	FERNANDA MARTINS	F	50	00:49:52	00:48:33	G:D.C PORTO DE SINES
9	512	MARIA DE LURDES VENÂNCIO	F	50	00:50:53	00:50:17	CLUBE COLABORADORES AXA
10	3894	ANTONIETA SÁ	F	47	00:50:56	00:50:17	
11	539	ANA MARIA MARTINS	F	47	00:51:28	00:50:45	FALCÕES SELVAGENS
12	3960	EUNICE AMORIM	F	48	00:51:34	00:49:20	
13	3867	FERNANDA COSTA	F	52	00:51:37	00:51:19	AMIGOS ATLETISMO MAFRA
14	578	ALICE MACHADO	F	56	00:51:40	00:50:48	LINDA-A-PASTORA SPORTING CLUBE
15	3004	ANALICE SILVA	F	70	00:53:17	00:53:17	
16	3640	ANA PAULA ABEGÃO	F	45	00:53:27	00:52:44	CLAC - ENTRONCAMENTO
17	4162	MARIA MOTA	F	49	00:53:40	00:52:52	A VALE SILENCIO
18	198	LUÍSA RIBEIRO	F	48	00:53:50	00:52:43	
19	4068	NATALIA MARCHEVA	F	48	00:54:25	00:53:56	C BENFICA ALG M MARTINS
20	537	ROSA CARITA	F	54	00:54:46	00:54:04	CCD SINTRENSE
21	4247	MARINA MAURICIO	F	48	00:54:55	00:53:07	INDIVIDUAL
22	4193	DULCE RAMOS	F	45	00:55:05	00:54:35	C MILLENNIUM BCP
23	1231	DALIA RATO	F	52	00:55:23	00:52:55	
24	1892	HELENA NUNO	F	63	00:55:38	00:53:20	
25	3874	GORETI FERNANDES	F	50	00:56:13	00:53:57	
26	387	SUSANA GOMES	F	45	00:56:17	00:56:09	VALEJAS AC
27	566	GABRIELA QUARESMA	F	56	00:56:32	00:54:55	LINDA-A-PASTORA SPORTING CLUBE
28	473	HELENA CUNHA	F	55	00:56:41	00:55:40	ASAS
29	1453	SILVINA GAMEIRO	F	45	00:56:51	00:56:41	
30	3554	MERCEDES FONSECA	F	58	00:57:03	00:55:45	OS SUPER
31	1381	JOÃO PINHEIRO	F	51	00:57:21	00:55:44	
32	1910	DULCE REIS	F	45	00:57:30	00:55:48	
33	1442	CECÍLIA NICOLAU	F	47	00:57:34	00:54:06	ASS. DE ATLETISMO LEBRES SADO
34	3288	ADELAIDE MANHICA	F	56	00:57:43	00:56:43	TEAM DA PTZONA
35	2753	ALEXANDRA JORG	F	47	00:57:58	00:54:52	APCE
36	4521	MARIA MARQUES	F	52	00:58:22	00:56:40	C BENFICA ALG M MARTINS
37	2195	FILOMENA SEMEDO	F	49	00:58:42	00:57:46	
38	4224	ANGELA HORTA	F	48	00:59:20	00:56:17	C MILLENNIUM BCP
39	3931	ANA VAREJÃO	F	50	00:59:29	00:58:01	RUN 4 FUN
40	1973	RUTE SANTOS	F	48	01:00:22	00:58:25	

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Relatório por Faixas Etárias

F4599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	3905	ANA FERREIRA	F	45	01:00:23	00:57:10	NB RUN
42	3873	FATIMA FERNANDES	F	53	01:00:29	00:58:11	
43	2433	MARIA SILVA	F	45	01:00:35	00:57:55	
44	2625	LUISA SANTOS	F	46	01:00:47	00:59:25	
45	500	ANA MARIA GUIMARAES	F	56	01:01:15	00:58:31	CLUBE COLABORADORES AXA
46	1712	FILOMENA SANTANA	F	48	01:01:33	01:00:09	
47	3368	GORETI CABELEIRA	F	47	01:01:37	00:59:51	
48	3944	ROSÁRIO FIGUEIRAL	F	47	01:01:38	00:59:54	
49	2431	MANUELA LACERDA	F	48	01:01:49	00:57:56	
50	2850	OFÉLIA AUGUSTO	F	56	01:01:55	01:00:16	BESJOGING
51	2547	CARMINDA REGA	F	51	01:02:05	00:59:44	
52	106	OLIVIA LUCAS	F	49	01:02:56	01:01:06	BREAKAWAY
53	610	HELENA COSTA	F	53	01:04:04	01:00:53	
54	991	GRAÇA SANTOS	F	49	01:04:13	01:01:19	
55	680	CARLA MARIA CARREIRA AUGUSTO SIMÕES	F	47	01:04:18	01:02:07	CORRER LISBOA
56	483	FLORBELA PANTALEÃO	F	49	01:04:32	01:02:03	
57	3281	MARIA JOAO FERNANDES SIMOES	F	46	01:04:34	01:02:19	
58	1885	OLGA GALVÃO	F	51	01:04:39	01:03:47	SEGUNDA QUARTA SEXTA
59	1454	LURDES ALVES	F	58	01:04:48	01:02:36	
60	3814	MARIA AZEVEDO	F	46	01:04:54	01:02:40	
61	757	ISABEL RODRIGUES	F	48	01:04:58	01:04:58	CLUBE ANACOM
62	4470	PAULA TABULEIROS	F	47	01:05:10	01:01:26	INDIVIDUAL
63	1080	MARIA JOÃO EMÍDIO	F	47	01:05:13	01:02:30	
64	2095	ADELAIDE PÔRTO	F	48	01:05:38	01:02:44	METRALHA BROTHER'S
65	3797	ANA PAULINO	F	62	01:05:46	01:02:51	
66	3675	TERESA GRAÇA	F	60	01:06:12	01:03:23	
67	1222	ISABEL GUERRA	F	56	01:06:21	01:03:44	
68	2209	LUCINDA MOURATO	F	61	01:06:33	01:02:44	
69	255	JOANADARC CHOURIÇO	F	51	01:06:58	01:05:32	
70	4527	JOANA GABRIEL	F	53	01:07:01	01:03:10	SS CGD
71	918	PAULA RIBEIRO	F	47	01:07:20	01:05:24	HIDRENKI
72	4484	HELENA GUERRA	F	71	01:07:22	01:06:44	INDIVIDUAL
73	1121	DELIA AFONSO	F	46	01:07:49	01:04:20	
74	1557	IRENE BRITO	F	49	01:08:35	01:05:08	
75	1923	ANABELA VAZ	F	47	01:08:46	01:07:02	
76	1400	LUISA FALE COSTA	F	45	01:09:55	01:06:57	
77	338	HELENA MENDO	F	46	01:10:10	01:07:09	
78	4115	ANABELA ESTEVES	F	50	01:10:33	01:07:01	SS CGD
79	3745	PAULA COUTO	F	51	01:11:14	01:09:18	
80	1465	NATALIA ROMANO	F	57	01:11:19	01:11:19	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	1468	DULCE AGUAMEL	F	48	01:11:19	01:11:19	
82	1559	PAULA MARTINS	F	50	01:11:37	01:08:54	
83	373	ETELVINA MARIA LOPES NUNES PAULINO	F	54	01:11:47	01:08:27	
84	1932	MANUELA MARIA DE SOUSA DUARTE DA SILVA ALDEIA	F	50	01:12:22	01:09:53	
85	4302	ANABELA MARQUES	F	48	01:13:30	01:10:43	INDIVIDUAL
86	3567	ANNE THIRION	F	56	01:14:25	01:11:40	
87	2418	ANA MARIA LUCAS BARÃO SANTOS	F	46	01:14:28	01:11:22	
88	612	LUCINDA COSTA	F	49	01:14:39	01:11:26	
89	572	LUÍSA PINHO	F	55	01:14:40	01:13:02	LINDA-A-PASTORA SPORTING CLUBE
90	3353	ANTONIA MACHADO	F	60	01:14:45	01:12:08	
91	887	ELISABETE PINTO	F	57	01:15:30	01:12:30	OS PINTOS
92	3622	CÉLIA CALADO	F	46	01:15:49	01:13:11	CLUBE DESPORTIVO RIBEIRENSE
93	1619	ROSÁRIO RODRIGUES	F	49	01:16:16	01:15:14	RUNLOVERS
94	4406	ALDA OLIVEIRA	F	60	01:16:51	01:14:15	GDCT REPSOL
95	64	MARIA TERESA LIMA RODRIGUES	F	57	01:17:04	01:13:56	CTJI
96	888	LINA CRUZ	F	54	01:17:23	01:14:24	
97	80	ISABEL MARIA LONGO	F	48	01:19:10	01:16:04	CTJI
98	714	MARIA CARVALHO	F	46	01:20:06	01:17:17	
99	2190	PAULA JACOB	F	48	01:20:10	01:16:51	KEEP CALM
100	4264	FOCK CHIU	F	64	01:20:51	01:17:13	INDIVIDUAL
101	4242	Mª CARMO ANJOS	F	68	01:21:51	01:19:05	JF PORTELA
102	1955	VERA SILVA	F	55	01:22:45	01:19:40	ODEBRECHT PORTUGAL
103	2358	MARIA HELENA MARQUES	F	52	01:23:25	01:20:35	DÁ-LE!
104	583	ALDA ANDRADE	F	62	01:24:57	01:22:32	ACS-AMIGOS CORRIDA SALVATERRA
105	4044	NATALINA MONTEIRO	F	52	01:25:57	01:22:37	INDIVIDUAL
106	1939	MARIA JOSÉ AGUIAR	F	46	01:33:47	01:30:46	
107	1293	MARIA HELENA BENTO	F	52	01:33:48	01:30:29	SCP MAFRA
108	3632	CRISTINA FIGUEIREDO	F	51	01:37:54	01:37:54	FIGUEIREDO
109	4373	Mª JOAO FARINHA	F	49	01:39:04	01:36:11	INDIVIDUAL
110	3286	ISABEL CARVALHO	F	52	01:39:18	01:36:25	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	4620	HERMANO FERREIRA	M	31	00:30:18	00:30:18	SPORTING C P
2	4621	ANTONIO SILVA	M	27	00:30:32	00:30:32	SPORTING C P
3	4617	RICARDO DIAS	M	30	00:31:31	00:31:31	SPORTING C P
4	4623	LUIS PINTO	M	26	00:32:39	00:32:39	SPORTING C P
5	576	PEDRO CONCEIÇÃO	M	25	00:33:22	00:33:22	LINDA-A-PASTORA SPORTING CLUBE
6	89	PEDRO LOPES	M	24	00:34:37	00:34:37	UNIÃO FCI DE TOMAR
7	2492	PEDRO RIBEIRO	M	26	00:34:41	00:34:41	CUAB
8	4634	JOAO ALMEIDA	M	18	00:34:51	00:34:51	SPORTING C P
9	1974	JOÃO FONTE-BOA	M	28	00:35:20	00:35:20	
10	4622	LUIS ALBINO	M	18	00:35:21	00:35:21	SPORTING C P
11	1473	RODRIGO COSTA	M	23	00:35:27	00:35:27	ESCOLA ATLETISMO RUI SILVA
12	1312	CELSO PINTO	M	29	00:35:50	00:35:50	
13	3305	DIOGO BAENA	M	31	00:35:53	00:35:53	
14	3602	RAFAEL MENAU	M	21	00:35:56	00:35:52	
15	27	RODRIGO CARRILHO	M	32	00:35:57	00:35:57	B.V. MONTEMOR-O-NOVO
16	4154	LUIS SANTOS	M	32	00:36:37	00:36:37	A VALE SILENCIO
17	168	HELDER SOARES	M	26	00:36:45	00:36:45	
18	553	NUNO VAZ	M	31	00:36:46	00:36:46	FALCÕES SELVAGENS
19	2541	EDGAR JACINTO	M	28	00:36:50	00:36:49	AUTO JACINTO
20	2257	MARCELO COSTA	M	23	00:37:05	00:37:05	
21	2945	JOÃO RODRIGUES	M	28	00:37:09	00:36:54	CPT SOBRAL CEIRA
22	1361	STEFANO PINTO	M	23	00:37:11	00:37:11	
23	21	MARIO GRILO	M	19	00:37:19	00:37:19	B. V. DE MONTEMOR-O-NOVO
24	1414	MARCO TAVARES	M	27	00:37:29	00:37:23	
25	1165	RODRIGO NOIVO	M	31	00:37:44	00:37:34	
26	2959	RICARDO GOMES	M	29	00:37:52	00:37:52	
27	2651	JOÃO NUNES	M	28	00:37:53	00:37:53	
28	4233	MIGUEL BALTAZAR	M	16	00:37:58	00:37:53	C MILLENNIUM BCP
29	979	PEDRO AMIGO	M	32	00:38:07	00:38:07	
30	3596	ANDRÉ FILIPE LOPES GAGA	M	27	00:38:14	00:38:14	
31	2872	RUI FILIPE VICENTE	M	25	00:38:16	00:38:09	BVB ATLETISMO
32	3527	RICARDO SILVA	M	21	00:38:39	00:38:38	CLAC - ENTRONCAMENTO
33	3306	MANUEL MASCARENHAS	M	31	00:38:40	00:38:40	
34	1276	DAVID SILVA	M	31	00:38:54	00:38:54	
35	447	NUNO SOARES	M	32	00:38:55	00:38:52	CORRER LISBOA
36	292	ATLETA NÃO CADASTRADO	M	0	00:39:02	00:39:02	
37	3619	FÁBIO DURÃO	M	25	00:39:07	00:38:58	CLUBE DESPORTIVO RIBEIRENSE
38	2680	JOSÉ GOMES	M	29	00:39:15	00:38:46	
39	3603	DIOGO TEIXEIRA	M	24	00:39:22	00:39:18	
40	1020	JOSÉ RICARDO OLIVEIRA FALÉ	M	33	00:39:25	00:39:25	CLUBE OGMA

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	46	NUNO MENDES	M	32	00:39:30	00:39:30	C.C.R.D.BURINHOSA
42	2307	NUNO ALMEIDA	M	34	00:39:31	00:39:12	
43	3755	PEDRO XAVIER	M	17	00:39:35	00:39:33	RUNFORYOURJOLA
44	1905	PEDRO VILAVERDE	M	19	00:39:52	00:39:52	
45	1117	DANRLEY SANTOS GUSMÃO	M	18	00:39:58	00:39:56	VITÓRIA FUTEBOL CLUBE
46	3402	PEDRO MARQUES	M	32	00:40:01	00:40:01	
47	3825	TIAGO CASTELA	M	26	00:40:04	00:40:00	
48	2493	BRUNO CAMPOS	M	31	00:40:29	00:40:29	
49	3277	DIOGO CALMEIRO	M	18	00:40:38	00:40:38	
50	4512	EDGAR AZEVEDO	M	20	00:40:45	00:40:44	INDIVIDUAL
51	1431	DIOGO SOUSA	M	22	00:40:53	00:40:53	
52	2176	ANDRÉ PATRÍCIO	M	23	00:40:53	00:40:46	
53	4270	LEONARDO CABACEIRA	M	18	00:40:59	00:40:49	INDIVIDUAL
54	1470	RICARDO GERMANO	M	27	00:41:07	00:41:07	ESCOLA ATLETISMO RUI SILVA
55	2091	JOSÉ JORGE	M	27	00:41:10	00:40:30	METRALHA BROTHER'S
56	4261	JOSE DIOGO	M	32	00:41:10	00:40:45	LIS RUNNING CPA
57	1413	MAURO EDUARDO	M	31	00:41:12	00:41:07	
58	523	HELDER VAZ	M	34	00:41:30	00:41:21	CCD SINTRENSE
59	2686	NUNO FILIPE CUNHA ROCHA GONÇALVES	M	34	00:41:30	00:41:19	
60	3967	TELMO VELEZ	M	28	00:41:31	00:41:26	
61	3424	LICÍNIO MATOS	M	31	00:41:31	00:41:22	
62	3294	LUIS SANTOS	M	31	00:41:37	00:41:37	
63	681	TIAGO CORDEIRO	M	23	00:41:43	00:41:37	
64	736	CLÁUDIO CANAVILHAS	M	31	00:41:49	00:41:34	
65	796	RENATO FRANCO	M	23	00:41:56	00:41:22	
66	16	JOSÉ DELCA	M	19	00:42:01	00:42:01	B. V. DE MONTEMOR-O-NOVO
67	4480	NUNO SILVA	M	21	00:42:06	00:41:54	INDIVIDUAL
68	2202	PEDRO NUNES	M	25	00:42:10	00:42:01	
69	4330	LUIS XAVIER	M	27	00:42:22	00:42:05	INDIVIDUAL
70	414	DANIEL PEREIRA	M	28	00:42:23	00:40:40	
71	1359	JOSÉ MESTRE	M	23	00:42:28	00:42:28	
72	2012	FÁBIO FRANCO	M	28	00:42:28	00:42:28	
73	4516	CARLOS FERNANDES	M	26	00:42:32	00:42:30	C BENFICA ALG M MARTINS
74	4013	FRANCISCO FREIRE	M	34	00:42:35	00:42:11	GD BANCO BPI
75	136	JOÃO COSTA	M	24	00:42:46	00:41:46	GALHARDENSE PÉS DE CHUMBO
76	2334	MARK RIBEIRO	M	27	00:42:48	00:42:18	GINÁSIO VIVÊNCIA EXPLOSIVA
77	4693	BRUNO	M	34	00:42:50	00:42:50	INDIVIDUAL
78	1172	EUCLIDES SOARES	M	25	00:42:51	00:42:13	
79	1237	JOÃO AGUILAR	M	31	00:42:52	00:42:52	RESTAURANTEOCARTAXEIRO-CANEÇAS
80	3855	EDUARDO RIBEIRO	M	30	00:42:53	00:42:27	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	1102	FREDERICO COSTA	M	16	00:42:54	00:42:12	
82	1476	TIAGO SANTOS	M	20	00:42:56	00:42:55	ESCOLA ATLETISMO RUI SILVA
83	4215	ANTONIO MASSANO	M	32	00:43:02	00:42:47	C MILLENNIUM BCP
84	4562	RODRIGO J S SILVA	M	29	00:43:02	00:41:43	LEXUS
85	2495	PAULO RICARDO HENRIQUES PEREIRA	M	28	00:43:03	00:42:55	
86	4295	CARLOS GRACIOSO	M	30	00:43:04	00:43:03	INDIVIDUAL
87	1360	JOÃO LEITE	M	24	00:43:07	00:42:48	
88	2899	RICARDO SOUSA	M	32	00:43:19	00:43:10	RUN TO BE ALIVE
89	395	JOÃO ROMÃO	M	25	00:43:20	00:43:11	
90	2518	TIAGO MARQUES TRINDADE	M	30	00:43:24	00:43:03	
91	2061	NUNO OLIVEIRA	M	28	00:43:31	00:43:10	BLOCO DE ESTE
92	134	TIAGO FERNANDES	M	24	00:43:38	00:42:38	GALHARDENSE PÉS DE CHUMBO
93	1440	TIAGO BRANCO	M	33	00:43:39	00:43:39	
94	616	PEDRO SANGUINO	M	31	00:43:41	00:43:23	
95	139	RICARDO FILIPE	M	33	00:43:43	00:43:10	JOBRINDE - MONTES SALOIOS
96	1241	ANDRE DIAS	M	26	00:43:46	00:43:00	FAMILIA DIAS
97	725	ANTÓNIO GODINHO	M	34	00:43:51	00:42:15	
98	2587	DANIEL LOURO	M	29	00:43:54	00:42:48	
99	3664	BRUNO ALEXANDRE CARVALHO	M	31	00:44:03	00:43:50	
100	3485	ANDRÉ DUARTE	M	24	00:44:04	00:44:02	
101	834	HUGO FERNANDES	M	33	00:44:17	00:44:01	
102	804	JORGE NABAIS	M	31	00:44:28	00:43:36	
103	4340	RUI GOMES	M	31	00:44:30	00:44:06	BRILADA ULTRAS SPORTING
104	1012	NUNO SANTOS	M	17	00:44:33	00:42:56	
105	2325	MIGUEL ALMEIDA	M	31	00:44:36	00:44:15	
106	4073	ION MARIUS	M	32	00:44:44	00:44:04	C BENFICA ALG M MARTINS
107	138	EURICO CONSTANTINO	M	31	00:44:46	00:44:15	JOBRINDE - MONTES SALOIOS
108	2046	HUGO FILIPE	M	28	00:44:49	00:44:23	
109	4525	NELSON CASANOVA	M	31	00:44:52	00:44:10	C BENFICA ALG M MARTINS
110	2115	RICARDO PEDRO	M	29	00:44:53	00:43:39	
111	2842	RUI NOGUEIRA	M	30	00:44:54	00:44:45	
112	2110	JOÃO RIBAU	M	29	00:45:04	00:44:35	
113	286	JOÃO PROENÇA	M	20	00:45:05	00:44:39	
114	2642	TITO GONÇALVES	M	27	00:45:06	00:45:06	
115	4003	MANUEL F V A COUTINHO	M	17	00:45:10	00:43:41	INDIVIDUAL
116	4147	RENATO MARTINS	M	34	00:45:19	00:44:52	AD REAL ACADEMIA
117	2839	ANDRÉ SANTOS	M	19	00:45:21	00:45:01	JACKANDGABIRU
118	631	HUGO DÓRIA	M	30	00:45:22	00:45:17	
119	556	RICARDO MARQUES	M	33	00:45:22	00:45:15	FALCÕES SELVAGENS
120	2815	DAVID VICENTE	M	18	00:45:23	00:45:23	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	4277	FILIPE SOUSA	M	28	00:45:24	00:44:14	INDIVIDUAL
122	3274	JOÃO PEDRO FINO	M	18	00:45:27	00:44:22	
123	1192	FÁBIO MOÇO	M	22	00:45:29	00:45:10	
124	244	JOÃO BELTRÃO	M	34	00:45:34	00:44:47	PERNAS DE GAFANHOTO
125	1220	HUGO HENIQUES	M	34	00:45:39	00:45:16	
126	224	PEDRO RIO	M	31	00:45:45	00:44:27	CLUBE ROBBIALAC
127	4654	JOSE SALGUEIRO	M	31	00:45:47	00:45:07	C M L
128	1877	DIOGO PINTO	M	24	00:45:52	00:44:58	SPORTING CLUBE MOITENSE
129	1196	EUCLIDES INDEQUE	M	28	00:45:52	00:45:49	
130	1272	JOAO SEABRA	M	25	00:45:55	00:42:46	
131	3646	DIOGO PISCO	M	24	00:45:55	00:45:32	
132	2366	DANIEL BRUNO	M	20	00:45:56	00:45:16	CLAC - ENTRONCAMENTO
133	3415	RENATO MORAIS	M	33	00:45:58	00:45:45	
134	4328	LINO VESTIA	M	33	00:45:59	00:45:47	INDIVIDUAL
135	671	DAVID PEREIRA	M	28	00:46:01	00:45:22	
136	4057	HELDER COSTA	M	33	00:46:04	00:45:46	KEEP RUNNING
137	2234	FILIPE ALMEIDA	M	33	00:46:05	00:45:08	SURF RUNNERS
138	1608	RODRIGO PAIS DE ALMEIDA	M	34	00:46:05	00:45:55	SURF RUNNERS
139	1627	CARLOS PINTO	M	29	00:46:13	00:45:55	PINTOS
140	1753	JOAO TABORDA	M	29	00:46:13	00:45:57	
141	1983	TIAGO MARINHO	M	24	00:46:18	00:45:37	
142	2640	MÁRIO CONCEIÇÃO	M	30	00:46:19	00:45:54	
143	22	ANTÓNIO RAIMUNDO	M	18	00:46:21	00:46:17	B.V. MONTEMOR-O-NOVO
144	25	MARCO CATARRO	M	31	00:46:22	00:46:12	B.V. MONTEMOR-O-NOVO
145	4524	MANUEL COUTO	M	21	00:46:27	00:44:35	C BENFICA ALG M MARTINS
146	357	DIOGO CORDEIRO	M	29	00:46:28	00:45:38	
147	2004	NUNO SILVA	M	34	00:46:38	00:45:03	
148	902	DIOGO OLIVEIRA	M	31	00:46:38	00:45:41	GDCT UNICRE
149	3325	FLÁVIO ESTRELO	M	29	00:46:40	00:45:32	
150	4042	JOSE RIBEIRO	M	24	00:46:42	00:46:24	INDIVIDUAL
151	627	ANDRÉ GUERREIRO	M	22	00:46:42	00:46:13	
152	3697	PEDRO ROSA	M	31	00:46:43	00:45:45	INDIVIDUAL
153	2356	RICARDO MARQUES	M	26	00:46:47	00:46:20	DÁ-LE!
154	2367	PEDRO BATISTA	M	26	00:46:48	00:46:29	
155	1854	OSVALDO CIPRIANO	M	32	00:46:49	00:46:34	SCALABIS NIGHT RUNNERS
156	1982	DIOGO CARNEIRO	M	24	00:46:51	00:46:44	
157	3503	ADRIANO ENCARNAÇÃO	M	26	00:46:57	00:45:19	
158	2138	DANIEL CONCEIÇÃO	M	31	00:47:02	00:46:49	CLUBE DE ATLETISMO DA NAZARÉ
159	1852	NELSON FARIA	M	34	00:47:12	00:46:51	SCALABIS NIGHT RUNNERS
160	44	LUIS VIEIRA	M	23	00:47:12	00:46:51	C.C.R.D.BURINHOSA

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	3331	PEDRO DE CARVALHO	M	21	00:47:15	00:46:06	
162	930	JOÃO PEDRO MARQUES SALAVESSA	M	27	00:47:16	00:46:59	
163	1228	BRUNO GONCALVES	M	22	00:47:20	00:46:02	FAPOC
164	2931	JOÃO BRANCO	M	34	00:47:23	00:47:07	
165	2834	NUNO PIMPÃO	M	31	00:47:24	00:45:56	
166	390	SÉRGIO FERREIRA	M	29	00:47:31	00:46:41	
167	607	ATLETA NÃO CADASTRADO	M	0	00:47:32	00:47:06	
168	1193	GONÇALO GARCIA	M	34	00:47:35	00:47:13	
169	3287	SÉRGIO ARTILHEIRO	M	34	00:47:36	00:46:49	
170	2142	RUI ESTRELINHA	M	32	00:47:37	00:47:21	CLUBE DE ATLETISMO DA NAZARÉ
171	3361	NUNO ESPAÑA	M	32	00:47:38	00:46:26	
172	1859	RUI DUARTE	M	33	00:47:39	00:47:06	CARACÓIS DE PEDRA
173	445	DAVID SIMÃO	M	30	00:47:41	00:46:44	
174	358	VASCO CARREIRA	M	28	00:47:41	00:46:52	
175	2738	VINCENT QUÉRÉ	M	27	00:47:44	00:46:24	PERNETAS
176	749	JOÃO LOBATO	M	34	00:47:47	00:47:09	
177	2953	TIAGO ALVES	M	31	00:47:48	00:44:11	
178	3645	MANUEL SÃO MARTINHO	M	23	00:47:49	00:47:34	
179	1938	PAULO SILVA	M	31	00:47:50	00:46:24	
180	2828	LUÍS FILIPE SILVA CARVALHO	M	30	00:47:50	00:46:40	
181	1114	HELDER VALADAS	M	34	00:47:50	00:47:32	OS PERIGOSOS
182	657	ANDRÉ PEREIRA	M	29	00:47:51	00:47:43	
183	3949	CARLOS ALBERTO FREIXA LOPES	M	31	00:47:57	00:47:02	
184	3702	RODRIGO SILVA	M	34	00:47:58	00:47:01	PONTÉVE A MEXER
185	3342	SANTIAGO VILLALOBOS DANTAS	M	20	00:47:58	00:46:15	
186	4143	BRUNO AMORIM	M	34	00:47:58	00:47:31	CP PONTEVEL
187	687	BRUNO PALMA	M	30	00:47:59	00:47:17	
188	213	NUNO SERRÃO	M	31	00:48:00	00:46:49	
189	2979	ANDRÉ FERREIRA	M	26	00:48:00	00:45:55	
190	873	RUI LEITÃO	M	31	00:48:01	00:48:01	LAGARTIXAS TEAM
191	1096	RICARDO ARRIFANO	M	34	00:48:01	00:48:01	
192	560	BRUNO ESTEVES	M	31	00:48:01	00:47:19	
193	4491	DIOGO SOUSA	M	26	00:48:02	00:46:32	INDIVIDUAL
194	4663	TIAGO ABREU	M	31	00:48:08	00:47:37	INDIVIDUAL
195	2335	RUI SILVA	M	25	00:48:08	00:47:37	GINÁSIO VIVÊNCIA EXPLOSIVA
196	2906	PEDRO LENCASTRE	M	28	00:48:09	00:47:07	
197	3668	JOSÉ PEDRO RIBEIRO	M	34	00:48:12	00:47:28	
198	4054	JOAO FERREIRA	M	20	00:48:16	00:47:10	INDIVIDUAL
199	1055	MIGUEL SOARES	M	20	00:48:17	00:46:42	
200	3343	JORGE RIBEIRO	M	34	00:48:23	00:47:02	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
201	1341	CARLOS LOPES	M	30	00:48:24	00:47:55	
202	2712	PEDRO MIGUEL BATISTA CORREIA PEDRO	M	24	00:48:24	00:47:05	
203	1052	JOSÉ CIPRIANO	M	30	00:48:25	00:47:20	
204	2531	PEDRO MIGUEL GOMES ANTUNES	M	30	00:48:29	00:47:22	
205	3770	ATLETA NÃO CADASTRADO	M	0	00:48:29	00:46:58	
206	1578	NUNO MIGUEL LOPES GODINHO	M	18	00:48:29	00:48:24	
207	3951	ANDRÉ ANTAS	M	28	00:48:32	00:47:37	
208	1814	DANIEL SANTOS	M	20	00:48:37	00:48:37	BARÕES
209	643	IVAN RAMOS	M	30	00:48:38	00:47:35	CCD PM CASCAIS
210	574	SÉRGIO MARTINS	M	26	00:48:38	00:48:18	LINDA-A-PASTORA SPORTING CLUBE
211	2353	NUNO RELVAS	M	28	00:48:39	00:45:26	
212	2723	BRUNO NUNES	M	33	00:48:47	00:47:13	
213	2798	RICARDO PINTO SOUSA	M	34	00:48:48	00:47:10	SERVIÇOS SOCIAIS MONTEPIO GERA
214	378	RUI BERNARDINO	M	33	00:48:48	00:47:38	
215	2389	NUNO FARIA	M	25	00:48:49	00:48:30	
216	2374	JOAO SANTOS	M	34	00:48:52	00:47:35	MOSHTRIBE
217	2509	HUGO ROCHA	M	32	00:48:53	00:47:17	ROCHA
218	3784	FÁBIO PEREIRA	M	22	00:48:54	00:47:41	SPORTING CLUBE DE CASAINHOS
219	2113	JOÃO NABAIS	M	29	00:48:55	00:47:43	
220	2536	RUI PARENTE	M	27	00:48:56	00:48:25	
221	4633	NUNO SANTOS	M	25	00:48:56	00:48:56	SPORTING C P
222	606	ATLETA NÃO CADASTRADO	M	0	00:48:57	00:48:48	
223	696	ANDRÉ ESTEVES	M	19	00:48:58	00:47:49	
224	558	HUGO MACEDO	M	34	00:48:59	00:48:48	
225	405	PAULO JORGE GOMES	M	27	00:49:00	00:48:18	G:D.C PORTO DE SINES
226	2974	CARLOS SIMÕES	M	34	00:49:01	00:48:23	
227	276	WILSON SOUSA	M	26	00:49:01	00:47:12	
228	1275	JOÃO SILVA	M	32	00:49:03	00:48:09	
229	2734	HUGO MATIAS	M	25	00:49:03	00:47:43	PERNETAS
230	2540	LEONARDO LUÍS	M	19	00:49:05	00:47:04	
231	3484	RUDOLFO BENTO	M	34	00:49:05	00:48:36	
232	1886	NELSON AMARAL	M	31	00:49:08	00:48:26	
233	2256	RICARDO JOAQUIM MONTEIRO FERNANDES	M	25	00:49:08	00:47:45	
234	51	RUBEN SOARES	M	31	00:49:11	00:48:54	C.C.R.D.BURINHOSA
235	225	RICARDO BALAU	M	28	00:49:15	00:48:20	OS CONTA-KILÓMETROS
236	1331	SIMON LOPES	M	28	00:49:17	00:47:49	
237	4010	CARLOS REIS	M	23	00:49:20	00:48:36	INDIVIDUAL
238	2011	PAULO ALVES	M	30	00:49:22	00:48:58	
239	774	JOÃO FERNANDES	M	33	00:49:25	00:49:13	
240	1416	ANDRÉ CATELA	M	19	00:49:26	00:48:20	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
241	421	DUARTE CARVALHO	M	20	00:49:28	00:49:13	OAK TEAM
242	3378	SÉRGIO ALVES	M	25	00:49:28	00:48:50	
243	1573	PEDRO TRALHÃO	M	30	00:49:33	00:46:30	
244	2652	DUARTE SOUSA REGO	M	29	00:49:34	00:49:00	GOLFINHOS
245	550	MARCO VAZ	M	31	00:49:38	00:48:12	FALCÕES SELVAGENS
246	1532	ANDRÉ LEITE	M	24	00:49:38	00:47:36	G D C BANCO DE PORTUGAL
247	409	TELMO MATOS	M	24	00:49:40	00:47:56	G:D.C PORTO DE SINES
248	412	JOÃO MESTRE	M	25	00:49:40	00:47:55	
249	2146	FRANCISCO GOMES	M	31	00:49:42	00:49:42	
250	278	FERNANDO CARVALHAO	M	34	00:49:44	00:48:55	
251	212	GONÇALO BRITO	M	25	00:49:44	00:48:51	
252	2005	PEDRO MIGUEL MOTA MACEDO	M	31	00:49:45	00:48:09	
253	4443	JOAO BRANCO	M	34	00:49:46	00:48:17	INDIVIDUAL
254	2040	DIOGO MIRANDA	M	23	00:49:48	00:48:27	
255	927	JOÃO MARQUES	M	26	00:49:48	00:49:10	
256	1719	PAULO ABREU	M	30	00:49:49	00:48:51	CROMOSSOMAS
257	1456	HELDER RODRIGUES	M	32	00:49:50	00:49:23	
258	4416	FABIO DIAS	M	17	00:49:51	00:48:06	SS MONTEPIO GERAL
259	1357	TIAGO OLIVEIRA	M	32	00:49:51	00:49:29	
260	897	JOÃO NUNES	M	32	00:49:51	00:48:39	
261	3413	HELIO MOTA	M	34	00:49:52	00:48:12	
262	2333	LUIS CAEIRO	M	28	00:49:52	00:49:21	GINÁSIO VIVÊNCIA EXPLOSIVA
263	3952	ANDRÉ FIGUEIRAS CAETANO	M	29	00:49:54	00:48:00	
264	2595	PEDRO ANTÃO	M	24	00:49:55	00:48:26	
265	3650	JOÃO TEIXEIRA-MARQUES	M	16	00:49:55	00:49:51	CORREDORES ANÓNIMOS
266	1757	ANDRÉ MENDONÇA	M	31	00:49:57	00:49:26	ADRC MATA DE BENFICA
267	818	EDUARDO SANTOS	M	32	00:50:00	00:48:40	
268	156	ATLETA NÃO CADASTRADO	M	0	00:50:00	00:49:47	
269	3985	VITOR AMARO	M	34	00:50:02	00:48:09	
270	1259	JOÃO CAIXINHA	M	25	00:50:05	00:47:04	
271	404	FREDERICO BOTELHO	M	28	00:50:09	00:48:38	
272	737	JOÃO COSTA	M	26	00:50:11	00:49:43	
273	2662	NUNO BEXIGA	M	29	00:50:14	00:49:16	
274	2632	VALTER COSTA	M	23	00:50:16	00:46:42	
275	1244	HUGO SOUSA	M	25	00:50:17	00:48:51	
276	1833	PEDRO GAGLIARDINI	M	26	00:50:18	00:49:11	HK GYM
277	2802	SERGIO PINTO	M	32	00:50:18	00:47:51	SERVIÇOS SOCIAIS MONTEPIO GERA
278	1831	JOÃO MARQUES	M	23	00:50:18	00:49:11	HK GYM
279	3536	NUNO PARREIRA	M	26	00:50:25	00:49:39	
280	2962	PEDRO SERRO	M	26	00:50:25	00:49:40	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
281	1195	HUGO FERNANDES	M	32	00:50:27	00:48:54	
282	2030	FABIO MIGUEL NSACIMENTO CABRAL	M	32	00:50:29	00:49:57	LEBRES TEAM
283	2027	ISRAEL DIAS	M	34	00:50:34	00:49:25	
284	506	JOÃO MIGUEL PINTO	M	19	00:50:35	00:47:49	CLUBE COLABORADORES AXA
285	1633	JOÃO MONTEIRO	M	28	00:50:36	00:48:22	
286	2436	HENRIQUE FERREIRA	M	32	00:50:36	00:45:26	
287	1215	LUÍS RIBEIRO	M	34	00:50:37	00:49:24	
288	2435	MANUEL SANTO	M	33	00:50:38	00:45:27	
289	742	CARLOS ALMEIDA	M	33	00:50:40	00:48:38	
290	4447	RUI ANTUNES	M	27	00:50:43	00:50:26	INDIVIDUAL
291	1730	JORGE SILVA	M	20	00:50:46	00:48:52	
292	647	PEDRO RAMOS	M	32	00:50:48	00:49:51	CCD PM CASCAIS
293	4569	RICARDO MAXIMO	M	29	00:50:49	00:50:08	UNICER
294	4490	JOAO LEITE	M	29	00:50:50	00:49:23	INDIVIDUAL
295	1682	JOSÉ CAEIRO	M	33	00:51:00	00:49:35	
296	4290	JOAO LOBO	M	31	00:51:02	00:49:51	GRUPO MARADONA
297	2062	ANDRE MIGUEL	M	24	00:51:02	00:50:40	BLOCO DE ESTE
298	2064	FÁBIO AIRES	M	20	00:51:04	00:50:41	BLOCO DE ESTE
299	1720	PEDRO MATEUS	M	29	00:51:05	00:50:07	CROMOSSOMAS
300	4467	EDI RIBEIRO	M	24	00:51:05	00:50:17	INDIVIDUAL
301	4646	CARLOS M N VIEIRA	M	30	00:51:07	00:50:18	INDIVIDUAL
302	3862	JOAO RODRIGUES	M	34	00:51:10	00:50:00	
303	3739	JOÃO TORRES	M	29	00:51:12	00:49:55	
304	709	PEDRO MALAQUIAS	M	34	00:51:16	00:50:53	
305	1760	NUNO GUERREIRO	M	30	00:51:17	00:49:33	ADRC MATA DE BENFICA
306	3860	LUIS CHAGAS	M	26	00:51:17	00:49:52	AMIGOS DA MINI...
307	3859	JOAO LOPES	M	34	00:51:17	00:49:51	AMIGOS DA MINI...
308	4572	BERNARDO GAIVAO	M	28	00:51:17	00:49:45	UNICER
309	3861	VALTER FORNO	M	33	00:51:18	00:49:52	AMIGOS DA MINI...
310	349	JOÃO ROSA	M	18	00:51:19	00:48:36	
311	3692	DEN CHUANG	M	23	00:51:19	00:49:45	INDIVIDUAL
312	429	NUNO DUARTE	M	31	00:51:21	00:49:06	
313	2752	ALFREDO TEIXEIRA	M	29	00:51:22	00:49:00	
314	3979	RUI CARVALHO	M	29	00:51:25	00:49:37	
315	1698	RICARDO ROSA	M	33	00:51:29	00:47:30	
316	1309	MIGUEL MELO	M	26	00:51:29	00:49:29	
317	1112	DAVID PEREIRA	M	20	00:51:31	00:51:31	OS PERIGOSOS
318	1815	JOÃO REGO	M	20	00:51:33	00:50:08	BARÕES
319	2840	GABRIEL COSTA	M	19	00:51:34	00:51:14	JACKANDGABIRU
320	4450	ANDRE TEIXEIRA	M	23	00:51:35	00:48:53	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
321	2278	JOÃO CASTELHANO	M	28	00:51:36	00:50:44	
322	4341	ANDRE RIBEIRO	M	24	00:51:36	00:51:11	BRILADA ULTRAS SPORTING
323	359	TELMO CARREIRA	M	30	00:51:37	00:50:48	
324	1902	ANDRÉ BATOCA	M	19	00:51:40	00:49:57	
325	1388	JOÃO MARINHO	M	33	00:51:42	00:51:08	
326	2785	JOAO CARLOS SANTOS	M	34	00:51:42	00:48:25	SERVIÇOS SOCIAIS MONTEPIO GERA
327	3636	PEDRO PEREIRA	M	26	00:51:43	00:51:20	
328	1981	GUILHERME DUARTE	M	27	00:51:43	00:49:47	
329	1876	MIGUEL DIAS	M	18	00:51:52	00:50:54	SPORTING CLUBE MOITENSE
330	781	RUI HENRIQUES	M	27	00:51:54	00:51:06	
331	3713	JOÃO MIGUEL FERREIRA CALDEIRA	M	27	00:51:54	00:48:38	
332	3754	ALBERTO XAVIER	M	34	00:51:55	00:50:25	RUNFORYOURJOLA
333	2254	SÉRGIO GALÓ	M	34	00:51:58	00:51:08	OPTICALIA RUNNING TEAM
334	4116	ANDRE COELHO	M	31	00:52:01	00:50:14	SS CGD
335	2063	DIOGO GUERREIRO	M	25	00:52:01	00:51:38	BLOCO DE ESTE
336	2647	TIAGO NEVES	M	24	00:52:10	00:50:25	
337	4168	TIAGO SANTO	M	20	00:52:10	00:51:07	C MILLENNIUM BCP
338	1872	HÉLIO SERRA	M	32	00:52:10	00:51:25	SPORTING CLUBE MOITENSE
339	3858	MANUEL PEREIRA	M	32	00:52:13	00:51:38	
340	1404	PEDRO CARRASQUEIRA	M	33	00:52:16	00:50:46	
341	3712	PEDRO SANTOS	M	26	00:52:16	00:49:54	
342	1810	DIOGO GONÇALVES	M	32	00:52:17	00:50:55	
343	1045	RUI COSTA	M	32	00:52:19	00:51:11	
344	4318	NUNO LOPES	M	30	00:52:19	00:50:43	INDIVIDUAL
345	4050	RUI MAGINA	M	34	00:52:19	00:51:35	INDIVIDUAL
346	4088	NUNO RAFAEL	M	34	00:52:20	00:50:31	C BENFICA ALG M MARTINS
347	775	NUNO DIAS	M	30	00:52:25	00:50:10	
348	4306	RUBEN FERNANDES	M	32	00:52:25	00:51:29	INDIVIDUAL
349	1802	ANDRÉ LOURENÇO	M	33	00:52:26	00:50:16	BOM PETISCO
350	3396	PEDRO PINTO	M	28	00:52:26	00:50:46	G D C BANCO DE PORTUGAL
351	1514	JORGETESTOS	M	30	00:52:31	00:51:07	G D C BANCO DE PORTUGAL
352	1257	DIOGO ANTUNES	M	26	00:52:36	00:49:36	
353	642	BRUNO SANTOS	M	32	00:52:36	00:51:21	CCD PM CASCAIS
354	2831	FLAVIO GAMBOA	M	33	00:52:37	00:50:59	
355	2469	JOSÉ VARANDA	M	28	00:52:37	00:51:00	
356	4677	BRUNO FERREIRA CRUZ	M	30	00:52:42	00:52:10	
357	4678	RUBEN BENJAMIM CORREIA	M	30	00:52:43	00:52:10	INDIVIDUAL
358	3296	PEDRO FARRACHO SILVA	M	31	00:52:43	00:49:34	OS PEDRO SILVA
359	3297	PEDRO NOGUEIRA DA SILVA	M	33	00:52:43	00:49:34	OS PEDRO SILVA
360	2653	MIGUEL SOUSA REGO	M	22	00:52:45	00:52:11	GOLFINHOS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
361	1809	PEDRO BAIONA	M	32	00:52:50	00:51:29	
362	4649	RUI MOTA	M	30	00:52:54	00:52:42	UNICER
363	3651	JOÃO DIAS	M	25	00:52:54	00:50:56	
364	3356	EDGAR ALVES	M	21	00:52:55	00:52:35	
365	1988	FLÁVIO NEVES	M	30	00:52:57	00:51:50	
366	307	JOÃO FRANÇA	M	21	00:52:58	00:50:35	
367	2070	PAULO PINHEIRO	M	20	00:52:59	00:50:42	
368	2241	HUGO RATINHO	M	32	00:52:59	00:51:47	
369	2401	TOMÁS TEIGÃO	M	29	00:53:00	00:48:59	
370	2042	FILIPE ROBERT LOPES	M	33	00:53:02	00:51:10	
371	3505	CARLOS BEITES	M	32	00:53:08	00:52:24	
372	3884	ANDERSON NOGUEIRA	M	32	00:53:10	00:50:38	
373	2860	PEDRO LOURENÇO	M	24	00:53:12	00:52:46	
374	2693	CARLOS BRAGANÇA	M	34	00:53:15	00:51:47	
375	1862	RODOLFO SILVA	M	34	00:53:18	00:53:03	SCALABIS NIGHT RUNNERS
376	2702	DIOGO SANTOS	M	31	00:53:19	00:51:22	
377	135	LUÍS FARIAS	M	27	00:53:22	00:52:22	GALHARDENSE PÉS DE CHUMBO
378	2896	BRUNO CAMPOS	M	33	00:53:23	00:52:49	
379	3599	IVO MIGUEL MENDES LALIM	M	30	00:53:25	00:47:59	
380	2470	RICARDO SANTOS	M	34	00:53:27	00:51:50	
381	492	NUNO WONG	M	34	00:53:28	00:51:05	
382	1903	RICARDO SIMÕES	M	28	00:53:28	00:51:09	
383	4220	JOAO RAMOS	M	19	00:53:29	00:52:29	C MILLENNIUM BCP
384	29	NUNO COSTA	M	19	00:53:32	00:50:33	
385	1333	DANIEL CABRAL	M	27	00:53:33	00:52:04	
386	1834	JOÃO GRILO	M	33	00:53:36	00:52:29	HK GYM
387	2486	RICARDO CARVALHO	M	31	00:53:39	00:51:20	
388	2623	ANTÓNIO ALMEIDA	M	31	00:53:42	00:53:22	
389	2092	BRUNO GARCIA	M	34	00:53:49	00:51:13	METRALHA BROTHER'S
390	1706	TIAGO BALEIZA	M	24	00:53:52	00:53:25	BICOLES
391	1185	RAFAEL FERNANDES	M	30	00:53:59	00:52:48	
392	2746	MIGUEL SILVA	M	19	00:54:00	00:51:14	
393	1813	JORGE ESPADA	M	20	00:54:02	00:54:02	
394	3940	SAMUEL OLIVEIRA	M	18	00:54:06	00:52:02	
395	814	JOÃO ROMÃO	M	17	00:54:07	00:51:38	
396	4664	TIAGO CORREIA	M	31	00:54:07	00:51:41	INDIVIDUAL
397	3481	JOÃO BRANCO	M	32	00:54:09	00:52:57	
398	739	JOSE CARLOS NEVES DIAS	M	18	00:54:11	00:52:23	
399	2204	DIOGO ROSA	M	23	00:54:12	00:52:03	
400	2149	SÉRGIO TEIXEIRA	M	26	00:54:13	00:53:51	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
401	1990	MARIO ABREU	M	30	00:54:14	00:53:07	
402	342	ATLETA NÃO CADASTRADO	M	0	00:54:15	00:51:13	
403	2865	DANIEL NETO	M	26	00:54:17	00:54:14	TEAM NETO
404	306	PEDRO COSTA	M	32	00:54:19	00:54:06	
405	790	EDUARDI PINTO	M	30	00:54:20	00:50:47	
406	298	LUÍS OLIVEIRA	M	21	00:54:21	00:52:43	
407	4501	JOAO FARINHA	M	21	00:54:24	00:54:22	INDIVIDUAL
408	2342	BERNARDO GONÇALVES	M	18	00:54:25	00:52:24	
409	1589	NUNO SOUSA	M	34	00:54:27	00:52:04	PEPSICO
410	3465	ATLETA NÃO CADASTRADO	M	0	00:54:28	00:53:25	
411	2488	TIAGO RIBEIRO	M	16	00:54:33	00:52:42	OS ULTRA
412	4360	DANIEL GRAVITO	M	25	00:54:33	00:53:27	INDIVIDUAL
413	4647	PEDRO M GARCIA	M	29	00:54:34	00:53:41	INDIVIDUAL
414	3984	PEDRO PEREIRA	M	24	00:54:36	00:52:43	
415	3843	RICARDO PATRÍCIO	M	28	00:54:39	00:50:57	
416	1018	RUI SILVA	M	33	00:54:41	00:54:41	FAMILIA SILVA
417	2737	MAURO SIMÕES	M	27	00:54:44	00:53:23	PERNETAS
418	227	ANTÓNIO VALE	M	26	00:54:45	00:52:06	OS CONTA-KILÓMETROS
419	1799	LUÍS ROSADO	M	27	00:54:51	00:53:43	
420	431	DANIEL SANTOS	M	23	00:54:51	00:51:58	
421	2014	RICARDO MACAU	M	27	00:54:52	00:53:00	
422	177	TIAGO RAMOS	M	23	00:54:52	00:52:07	
423	2981	RUI ROSA	M	27	00:54:53	00:53:13	
424	1159	BRUNO MIGUEL SARGENTO CAMPOS	M	28	00:54:55	00:53:52	
425	3948	MÁRIO VARELA	M	32	00:54:58	00:53:04	
426	331	JOSÉ MARIA DUARTE	M	30	00:55:05	00:53:08	
427	3263	ATLETA NÃO CADASTRADO	M	0	00:55:06	00:55:06	
428	1116	RUI PEDRO	M	33	00:55:06	00:54:43	OS PERIGOSOS
429	2611	RICARDO PRATA	M	26	00:55:06	00:53:50	SOLIDÁRIOS
430	2960	FRANCISCO ROCHA	M	22	00:55:08	00:53:30	
431	4029	BRUNO PINTO	M	24	00:55:09	00:54:52	INDIVIDUAL
432	394	JOÃO MANUEL JORGE ESTEVÃO	M	34	00:55:15	00:52:23	
433	1061	FILIPE ANDRÉ PEREIRA	M	26	00:55:16	00:55:16	
434	2405	TIAGO TAVARES	M	34	00:55:17	00:49:41	
435	3785	JORGE LOURENÇO	M	21	00:55:19	00:54:07	SPORTING CLUBE DE CASINHOS
436	127	MIGUEL JIMÉNEZ	M	22	00:55:20	00:52:36	
437	303	CUSTÓDIO QUIBINA	M	25	00:55:20	00:52:30	
438	1217	DANIEL COSTA SANTOS	M	26	00:55:22	00:53:04	
439	3569	JORGE RAMOS	M	31	00:55:23	00:54:04	
440	3540	JOÃO OLIVEIRA	M	26	00:55:23	00:53:05	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
441	260	DIOGO GONÇALVES	M	19	00:55:27	00:53:50	A BROCA FERRAGENS
442	2112	TIAGO COSTA	M	31	00:55:28	00:52:56	WANNABE'S
443	346	HUGO GREGÓRIO	M	23	00:55:29	00:52:36	
444	381	MARCOS DUARTE	M	33	00:55:29	00:53:51	
445	1689	RUBEN DIAS	M	23	00:55:30	00:53:28	
446	1373	JOÃO SOBRINHO	M	25	00:55:30	00:54:21	
447	1254	JOÃO MANUEL VIEIRA ALEXANDRE	M	25	00:55:30	00:53:51	
448	332	ANDRÉ SILVA	M	27	00:55:30	00:53:38	OS CARACÓIS FURIOSOS
449	325	JOSÉ CARVALHO	M	16	00:55:34	00:52:55	5 VIOLINOS
450	327	RODRIGO SENA	M	15	00:55:35	00:52:57	5 VIOLINOS
451	2955	ANDRE DIAS	M	31	00:55:38	00:52:22	
452	433	SÉRGIO SANTOS	M	32	00:55:38	00:52:45	
453	4055	FRANCISCO FERREIRA	M	22	00:55:38	00:54:33	INDIVIDUAL
454	1946	RUI BRAZ	M	32	00:55:39	00:52:08	
455	1143	PEDRO MARTINS	M	29	00:55:41	00:53:57	
456	2605	RODRIGO DE MORAES	M	26	00:55:42	00:52:27	
457	4333	HUGO CASSIMO	M	27	00:55:42	00:53:48	INDIVIDUAL
458	3568	RICARDO JOÃO MARTINS NUNES	M	34	00:55:43	00:54:22	
459	1947	FRANCISCO TELES	M	20	00:55:45	00:54:16	
460	1912	FILIFE PAULO	M	31	00:55:48	00:52:54	
461	2992	LUIS PEREIRA	M	33	00:55:53	00:53:57	
462	12	ALEXANDRE SERRANO	M	19	00:55:53	00:55:48	B. V. DE MONTEMOR-O-NOVO
463	1006	SÉRGIO FLORINDO	M	33	00:55:56	00:54:39	
464	1370	TIAGO GOMES	M	22	00:55:58	00:54:47	G.D.R. SÃO FRANCISCO DA SERRA
465	2857	FREDERICO BRUSCHY	M	32	00:55:59	00:52:11	JAKESTÁ NÃOCORRE
466	144	MIGUEL PINTO	M	28	00:56:01	00:54:29	OS SPEEDYS
467	4336	JOAO MENDES	M	29	00:56:02	00:55:05	INDIVIDUAL
468	214	NUNO JESUS	M	32	00:56:05	00:56:05	
469	810	PEDRO HELENO	M	27	00:56:06	00:54:36	
470	3777	VALTER SANTOS	M	22	00:56:08	00:54:41	JUBASTEAM
471	311	MIGUEL SILVA	M	33	00:56:09	00:53:06	
472	4386	GUILHERME CANDELARIA	M	16	00:56:15	00:53:40	INDIVIDUAL
473	1176	PAULO DELGADO	M	28	00:56:19	00:55:42	
474	805	SÉRGIO MELO	M	31	00:56:20	00:54:28	
475	2429	SÉRGIO TAVARES	M	32	00:56:22	00:55:00	CCD CRÉDITO AGRÍCOLA MÚTUO
476	806	JOÃO CORREIA	M	24	00:56:23	00:54:30	
477	186	JOÃO PEDRO LUIS ANTUNES	M	30	00:56:23	00:54:48	
478	3841	CARLOS SANTOS	M	30	00:56:25	00:53:22	SANTOS & FILHO
479	1569	RUI GERALDES	M	27	00:56:26	00:52:43	
480	2820	RUI COSTA	M	33	00:56:29	00:54:59	

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481	4352	FILIPE ALVES	M	29	00:56:29	00:56:29	INDIVIDUAL
482	1230	PEDRO ROSENDO	M	27	00:56:30	00:55:12	FAPOC
483	4387	BERNARDO CANDELARIA	M	18	00:56:32	00:53:57	INDIVIDUAL
484	1898	GONÇALO ROSA	M	34	00:56:35	00:52:46	
485	3954	IVO REBOCHO	M	30	00:56:35	00:54:43	
486	121	PEDRO BARBOSA	M	22	00:56:37	00:55:37	GALHARDENSE PÉS DE CHUMBO
487	1673	HENRIQUE HORTA	M	25	00:56:38	00:53:16	
488	4161	BRUNO SILVA	M	28	00:56:39	00:55:45	A VALE SILENCIO
489	2633	RODRIGO VALENTE	M	28	00:56:39	00:55:45	
490	2993	IGOR PEREIRA	M	28	00:56:39	00:54:44	
491	4008	PEDRO C BATISTA	M	27	00:56:40	00:53:19	INDIVIDUAL
492	623	ATLETA NÃO CADASTRADO	M	0	00:56:40	00:54:36	
493	3300	RUI GIRÃO	M	31	00:56:41	00:54:36	
494	2612	DAVID SOUSA	M	25	00:56:43	00:55:26	SOLIDÁRIOS
495	1150	PEDRO FERREIRA	M	34	00:56:45	00:54:54	
496	2812	PEDRO GOMES	M	32	00:56:46	00:55:47	
497	2682	PEDRO REGO	M	23	00:56:47	00:54:16	
498	2559	JOAO BERNARDO SALAZAR	M	23	00:56:49	00:54:33	
499	2904	ANDRÉ PICADO	M	21	00:56:52	00:55:15	
500	2905	LUIS INFANTE	M	21	00:56:52	00:55:15	
501	2385	RICARDO FREITAS	M	34	00:56:53	00:53:21	
502	986	PEDRO MENDES	M	29	00:56:55	00:56:55	
503	2208	HUGO RAMILO	M	34	00:56:57	00:55:27	
504	961	JOÃO PAULO LOURENÇO	M	19	00:56:57	00:54:49	
505	1271	ANDRÉ BOTÃO	M	26	00:56:59	00:52:49	
506	3308	PEDRO LOURENÇO	M	17	00:57:02	00:55:34	
507	1379	PEDRO FERNANDES	M	34	00:57:06	00:55:22	
508	2948	GONÇALO SANTOS	M	28	00:57:07	00:55:27	
509	4475	FRANCISCO RATO	M	20	00:57:08	00:56:10	INDIVIDUAL
510	1104	LUÍS ALVES	M	30	00:57:09	00:54:28	
511	3742	HEITOR AMORIM	M	30	00:57:10	00:53:33	DUPLA VERDE
512	4695	CARLOS F G VIEIRA	M	34	00:57:21	00:56:57	SPORTING C P
513	2735	LUIS TAVARES	M	26	00:57:22	00:56:00	PERNETAS
514	617	DANIEL COSTA	M	26	00:57:23	00:55:21	
515	3672	JOÃO MARQUES	M	33	00:57:24	00:54:16	RUNFORYOURJOLA
516	2630	PEDRO FAUSTINO	M	34	00:57:25	00:54:50	
517	582	PEDRO GALVÃO	M	33	00:57:33	00:55:07	ACS-AMIGOS CORRIDA SALVATERRA
518	1227	DAVID FONSECA	M	22	00:57:34	00:56:16	FAPOC
519	2689	MÁRIO ANTÓNIO COELHO NETO	M	16	00:57:39	00:54:17	
520	1270	BRUNO REIS	M	25	00:57:39	00:53:29	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
521	744	RUI VICENTE	M	29	00:57:41	00:54:40	
522	3594	ANTONIO BALDO	M	33	00:57:42	00:55:16	
523	2594	CARLOS FRANCISCO	M	23	00:57:43	00:55:09	
524	3578	TITO ALEXANDRE NASCIMENTO	M	34	00:57:48	00:55:09	
525	2326	FILIFE SERRA COSTA	M	31	00:57:50	00:54:32	TEAM PI
526	2037	VALTER VENTURA	M	33	00:57:51	00:56:20	
527	4550	HUGO SOARES	M	30	00:57:53	00:55:34	A BOLA
528	892	RICARDO MATIAS	M	31	00:57:57	00:55:40	
529	4269	HUGO TALHINHAS	M	32	00:57:57	00:54:00	INDIVIDUAL
530	2107	LUÍS REGO	M	27	00:58:03	00:55:26	WANNABE'S
531	2497	RICHARD JESUS	M	33	00:58:06	00:56:48	CLUBE MARGINAL
532	2003	ANDRÉ CHAMBINO	M	33	00:58:07	00:55:39	
533	791	MÁRIO CORREIA	M	29	00:58:08	00:55:25	
534	2001	JOÃO OLIVEIRA	M	33	00:58:09	00:55:42	
535	171	EDUARDO MARTINS	M	32	00:58:09	00:55:08	100% TEAM
536	2444	JOÃO CANAS	M	31	00:58:11	00:56:28	
537	3598	PEDRO RIBEIRO	M	31	00:58:17	00:56:12	
538	962	JOAO MOSSO	M	34	00:58:18	00:57:39	
539	2747	PEDRO SILVA	M	16	00:58:27	00:55:41	
540	2941	FRANCISCO MACHADO	M	22	00:58:27	00:57:08	
541	3714	DIOGO GONÇALVES	M	28	00:58:33	00:55:17	
542	3715	JOEL TAVARES	M	26	00:58:33	00:56:11	
543	2100	DIOGO CORREIA	M	26	00:58:34	00:56:52	
544	419	NUNO SILVA	M	16	00:58:36	00:54:53	
545	1315	DAVIDE JORGE LUCENA VALENTE	M	25	00:58:38	00:55:36	
546	237	JOÃO PALMEIRO	M	18	00:58:42	00:55:47	
547	3803	MIKAEL SARAIVA	M	26	00:58:54	00:56:28	
548	417	JOÃO PACHECO	M	18	00:58:57	00:55:14	
549	4477	TIAGO MARQUES	M	20	00:59:00	00:56:13	INDIVIDUAL
550	1832	JOÃO CARVALHO	M	25	00:59:00	00:57:54	HK GYM
551	3647	RICARDO PINELA	M	23	00:59:02	00:58:10	
552	3898	PEDRO RODRIGUES	M	22	00:59:03	00:57:27	
553	131	RICARDO MACHADO SILVA	M	32	00:59:04	00:58:39	METLIFE
554	3655	FREDERICO FERREIRA	M	34	00:59:06	00:53:54	AC DO CARACOL
555	3911	SÉRGIO LOURO	M	27	00:59:09	00:56:23	
556	1654	BRUNO LEITÃO	M	28	00:59:14	00:58:05	OS PADEIROS
557	1626	JOSÉ OLIVEIRA	M	32	00:59:14	00:56:47	
558	3707	CARLOS MARTINS	M	30	00:59:17	00:56:36	
559	173	MARCO MENDES	M	34	00:59:19	00:56:35	
560	1575	RUI FIGUEIRA	M	34	00:59:19	00:56:03	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
561	2099	JORGE PEREIRA	M	28	00:59:20	00:57:38	
562	628	ATLETA NÃO CADASTRADO	M	0	00:59:20	00:57:14	
563	132	HUGO SILVA MAIA	M	30	00:59:21	00:58:55	METLIFE
564	624	JOAO CARRINHO	M	34	00:59:25	00:57:22	
565	659	JOÃO TENENTE	M	31	00:59:34	00:59:25	
566	1169	TIAGO OLIVEIRA	M	34	00:59:35	00:55:47	
567	3420	GUSTAVO GONZÁLEZ	M	28	00:59:37	00:56:22	
568	894	BRUNO MATIAS	M	34	00:59:39	00:57:22	
569	1103	ABÍLIO ABREU	M	31	00:59:44	00:57:02	
570	2288	TIAGO SANTOS	M	25	00:59:46	00:56:45	
571	3999	JOÃO GONÇALVES	M	18	00:59:47	00:56:17	
572	2289	JOÃO BAPTISTA	M	26	00:59:47	00:56:46	
573	174	NUNO CORREIA	M	32	00:59:47	00:57:39	
574	86	GONÇALO MATOS	M	27	00:59:48	00:56:34	
575	663	JOSÉ PINTO	M	33	00:59:57	00:57:02	LEÕES DE ALVERCA
576	4338	RICARDO SANTOS	M	31	00:59:59	00:59:34	BRILADA ULTRAS SPORTING
577	1300	DAVID CADEIRINHAS	M	19	00:59:59	00:57:27	
578	1175	MIGUEL CORREIA	M	20	01:00:00	00:56:30	
579	2583	BRUNO CASADINHO	M	34	01:00:02	00:57:30	
580	1332	MARCO LOPES	M	30	01:00:07	00:57:41	
581	769	DIOGO GIL	M	25	01:00:13	00:57:00	
582	766	BERNARDO AZEVEDO	M	32	01:00:19	00:58:25	TERTÚLIA LEONINA
583	2341	DANIEL ALBUQUERQUE	M	25	01:00:21	01:00:10	
584	323	GONÇALO SENA	M	17	01:00:22	00:57:42	5 VIOLINOS
585	2911	JOSÉ MARIA FALCÃO TRIGOSO	M	22	01:00:27	00:57:51	
586	83	VASCO OLIVEIRA	M	28	01:00:27	00:57:17	
587	2489	ATLETA NÃO CADASTRADO	M	0	01:00:29	00:58:38	
588	334	PAULO JORGE	M	28	01:00:36	00:58:56	OS CARACÓIS FURIOSOS
589	3805	JOÃO FONSECA	M	27	01:00:39	00:58:12	
590	3405	DUARTE FURTADO	M	26	01:00:39	00:58:19	
591	2553	GIL FERREIRA	M	28	01:00:45	00:56:12	
592	2985	CARLOS ELAVAI	M	27	01:00:46	00:56:13	OS ELAVAIS
593	3674	TIAGO CASTRO	M	29	01:00:51	00:57:43	RUNFORYOURJOLA
594	2990	JOAO ESPIGA MACHADO	M	29	01:00:58	00:58:00	
595	3673	RUI SERRANO	M	33	01:00:59	00:57:50	RUNFORYOURJOLA
596	1822	NUNO MARTINS	M	21	01:01:00	00:58:59	
597	2856	DANIEL FERREIRA	M	32	01:01:01	00:57:13	JAKESTÁ NÃOCORRE
598	122	RICARDO BENTO	M	25	01:01:08	01:00:08	GALHARDENSE PÉS DE CHUMBO
599	2563	EDUARDO DIAS	M	28	01:01:17	00:58:03	PISGA-TE!
600	2561	NUNO ABRANTES	M	26	01:01:18	01:01:18	PISGA-TE!

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601	2562	MÁRIO DIAS	M	31	01:01:19	00:58:07	PISGA-TE!
602	236	LUÍS ROMA	M	30	01:01:19	00:59:20	
603	2851	TIAGO ANTUNES	M	22	01:01:23	00:57:48	
604	115	ANTÓNIO PEREIRA	M	25	01:01:25	00:59:58	VFF 1896
605	30	RICARDO GONÇALVES	M	17	01:01:25	00:58:27	
606	809	AFONSO DUARTE	M	24	01:01:30	00:58:51	
607	2700	FLÁVIO PINHEIRO	M	27	01:01:31	00:58:15	
608	3576	JOÃO SANTOS	M	29	01:01:32	00:58:26	
609	1423	ANDRÉ NUNES	M	27	01:01:35	01:01:35	
610	1004	PEDRO CARREIRA	M	25	01:01:39	00:57:59	OS ZINGARELHOS
611	1646	LUÍS TRIGO	M	34	01:01:39	00:59:00	OS CONTA-KILÓMETROS
612	916	JOSÉ MIGUEL SILVA	M	24	01:01:39	00:59:44	HIDRENKI
613	1002	EDGAR PASCOAL	M	32	01:01:40	00:57:59	OS ZINGARELHOS
614	3566	DAVID PAULINO	M	25	01:01:40	00:58:56	TATUGRAZINA
615	2456	JOÃO CAETANO	M	22	01:01:41	00:59:18	
616	363	RUI TIAGO MARTINS	M	31	01:01:42	00:56:28	TECNOSPIE
617	865	JOAO FERNANDES	M	29	01:01:44	00:59:38	
618	3919	GABRIEL CABRINHAS	M	33	01:01:52	00:58:28	CABRINHAS
619	1935	FILIPE MARQUES	M	16	01:01:52	00:59:46	
620	2743	PEDRO SANTOS	M	30	01:01:53	00:58:05	
621	3912	BERNARDO FERREIRA	M	25	01:01:53	00:59:05	
622	2721	DUARTE FRANCISCO	M	29	01:01:58	00:58:25	
623	3617	JOSÉ SOARES	M	34	01:01:59	00:58:23	
624	2602	PEDRO NUNO OLIVEIRA CLÍMACO PINTO	M	31	01:02:00	00:58:21	
625	3616	ANDRÉ ALMEIDA	M	28	01:02:01	00:58:24	
626	3571	ANDRÉ BANZA	M	34	01:02:09	00:59:56	LEBRES DO SAGITÁRIO
627	2249	LUÍS MENDES LOUREIRO	M	28	01:02:11	00:59:19	
628	3304	TIAGO FERNANDES	M	27	01:02:11	00:59:42	TATUGRAZINA
629	591	CARLOS BERNARDINO	M	30	01:02:18	00:58:29	SLOWRIDERS RUNNING TEAM
630	3824	EDUARDO JORGE DA SOLEDADE GAMA	M	34	01:02:20	00:58:50	
631	741	MIGUEL GOUVEIA	M	31	01:02:20	00:59:22	
632	4022	GUSTAVO LEITE	M	18	01:02:24	00:59:48	INDIVIDUAL
633	4474	ANTONIO FERNANDES	M	19	01:02:27	00:59:40	INDIVIDUAL
634	2935	DAVID SILVA	M	31	01:02:28	01:00:55	OS SPEEDYS
635	2052	RICARDO CORREIA	M	33	01:02:30	00:59:01	
636	2163	MARIO HENRIQUES	M	29	01:02:32	00:59:37	PROSTATIC TEAM
637	3477	MIGUEL PEREIRA	M	30	01:02:38	00:59:07	
638	1900	DANIEL BAIÃO	M	29	01:02:44	01:00:25	
639	662	JOÃO PINTO	M	33	01:02:51	00:59:55	LEÕES DE ALVERCA
640	3892	ANTÓNIO SILVA	M	16	01:02:58	01:01:06	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
641	2621	PEDRO XAVIER	M	30	01:03:03	00:59:51	DUPLA INÚTIL
642	2620	GUIDO SANTOS	M	31	01:03:04	00:59:51	DUPLA INÚTIL
643	2502	NUNO SANTOS	M	27	01:03:05	01:00:55	
644	802	PEDRO AMARAL	M	33	01:03:05	01:01:07	
645	1631	DANIEL GOMEZ	M	31	01:03:05	00:59:41	
646	365	JOSÉ MAGALHÃES	M	27	01:03:20	01:00:08	
647	1539	PEDRO SILVA	M	33	01:03:28	01:01:38	TOCA RUNNERS
648	1186	ANTÓNIO ALMEIDA	M	34	01:03:32	01:00:54	
649	870	RUI MACHADO	M	28	01:03:33	01:01:14	H_RA_QUI
650	350	JOÃO FILIPE	M	33	01:03:34	01:01:17	
651	3524	HUGO FERNANDES	M	26	01:03:37	01:00:12	
652	1722	JOÃO CRAVO	M	29	01:03:39	01:01:47	CROMOSSOMAS
653	1347	JOÃO PEDRO DOS SANTOS MILICIANO	M	33	01:03:42	01:00:32	
654	4141	TOMAS MEIAS	M	20	01:03:46	01:00:22	SS CGD
655	249	TÉRCIO ALVES	M	23	01:03:55	01:00:19	FLOWER POWER
656	247	GONÇALO MARTINS	M	21	01:03:55	01:00:20	FLOWER POWER
657	3547	PEDRO DANIEL ROQUE DOS SANTOS	M	32	01:03:56	01:01:20	LET'S GO...
658	2678	PEDRO ROMÃO	M	23	01:03:57	01:00:23	
659	1800	JOÃO ROSADO	M	22	01:04:05	01:02:57	
660	3411	RICARDO ROGEIRO	M	33	01:04:06	01:00:18	
661	821	CARLOS CABACEIRA	M	18	01:04:07	01:00:39	
662	384	ATLETA NÃO CADASTRADO	M	0	01:04:11	01:02:18	
663	2375	JOÃO CARREGOSO	M	30	01:04:16	01:01:08	
664	4037	RICARDO SILVA	M	29	01:04:20	01:01:21	INDIVIDUAL
665	1319	BRUNO BATISTA	M	31	01:04:39	01:01:20	
666	4289	MAURO MATEUS	M	30	01:04:44	01:02:47	GRUPO MARADONA
667	1770	PAULO MARÇAL	M	22	01:04:44	01:03:43	RAIL RUNNERS
668	622	ATLETA NÃO CADASTRADO	M	0	01:04:46	01:02:12	
669	1686	ANDRE RAPOSO	M	18	01:04:47	01:03:13	
670	3374	GONÇALO SOUSA	M	24	01:04:50	01:02:24	
671	2179	NUNO NICO	M	34	01:04:53	01:02:37	WSB
672	2098	LUÍS SANTOS	M	28	01:04:58	01:03:33	
673	2357	DIOGO MARQUES	M	20	01:05:04	01:02:58	DÁ-LE!
674	2603	PAULO SILVA	M	33	01:05:08	01:02:07	
675	3515	TIAGO FURTADO	M	30	01:05:12	01:01:11	
676	767	EDUARDO CARVALHO DA SILVA	M	33	01:05:12	01:03:17	TERTÚLIA LEONINA
677	2420	RICARDO GONÇALVES	M	34	01:05:13	01:05:03	FORÇA SPORTING
678	443	LUÍS CARVALHO	M	29	01:05:15	01:01:47	
679	761	PEDRO FERNANDES	M	20	01:05:18	01:03:12	CLUBE ANACOM
680	2097	SÉRGIO MIGUEL	M	24	01:05:19	01:01:37	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
681	3514	ALBERTO MAURÍCIO	M	31	01:05:19	01:01:19	
682	3371	ANTÓNIO CALDEIRA	M	33	01:05:22	01:02:57	
683	3394	TIAGO TERRAQUENTE	M	31	01:05:23	01:02:41	SPORTING SEMPRE
684	4451	SECUNDINO CARVALHO	M	30	01:05:24	01:04:09	INDIVIDUAL
685	581	NUNO SILVA	M	29	01:05:26	01:03:03	ACS-AMIGOS CORRIDA SALVATERRA
686	580	LUIS ANDRADE	M	32	01:05:35	01:03:08	ACS-AMIGOS CORRIDA SALVATERRA
687	734	JOÃO MELO	M	30	01:05:51	01:02:40	
688	735	FABIO CORREIA	M	29	01:05:52	01:05:52	
689	1402	CARLOS LUZ	M	33	01:05:55	01:03:55	
690	4573	DUARTE RICCIARDI	M	29	01:06:06	01:06:06	UNICER
691	3964	TIAGO LIMA	M	32	01:06:09	01:02:40	
692	50	RUBEN FERREIRA	M	21	01:06:14	01:05:54	C.C.R.D.BURINHOSA
693	2105	ÉDER SILVA	M	30	01:06:19	01:04:20	WANNABE'S
694	145	ANTÓNIO RIBEIRO	M	16	01:06:19	01:04:48	OS SPEEDYS
695	326	MANUEL CASTRO	M	17	01:06:30	01:03:49	5 VIOLINOS
696	2248	LUIS MIGUEL LEITÃO SIMÕES	M	31	01:06:32	01:03:39	
697	1782	DIOGO MIGUEL PENAS SIMÃO	M	27	01:06:33	01:04:00	
698	1717	JOÃO NUNES	M	22	01:06:38	01:03:43	
699	3380	MIGUEL COELHO	M	18	01:06:46	01:03:17	
700	3381	GONÇALO FERREIRA	M	18	01:06:47	01:03:16	
701	4549	JOAO VIEIRA	M	29	01:06:57	01:04:37	A BOLA
702	4531	MIGUEL PIMENTA	M	18	01:07:02	01:03:11	SS CGD
703	3360	VASCO MARQUES	M	34	01:07:04	01:03:28	
704	4433	ANDRE GARCIA	M	31	01:07:22	01:06:14	CCDT AUT ALMADA
705	2615	TIAGO ALMEIDA	M	16	01:07:22	01:03:56	
706	650	GONÇALO CARVALHO	M	22	01:07:44	01:04:55	
707	824	PEDRO LEITÃO	M	32	01:07:46	01:06:10	JUVENTUDE DESP ALHANDRENSE
708	2687	DIOGO FIRMINO COELHO	M	16	01:07:48	01:04:26	
709	87	JOÃO MATOS	M	32	01:07:51	01:04:35	
710	290	RICARDO FIGUEIRA	M	33	01:07:52	01:04:19	
711	3899	PEDRO CONCEIÇÃO	M	32	01:07:54	01:06:01	
712	2744	ANDRÉ SANTOS	M	25	01:08:00	01:04:13	
713	3412	MARCOS ROGEIRO	M	31	01:08:01	01:04:13	
714	1355	RUI BAGUEICHO	M	31	01:08:02	01:06:13	
715	1679	LUÍS SILVA	M	29	01:08:03	01:04:18	
716	2685	TIAGO COSTA	M	24	01:08:05	01:05:03	GAZELAS
717	4358	BRUNO MOURATO	M	31	01:08:14	01:04:22	OS DUROES
718	341	DAVID MIGUEL BAGUEICHO SEBASTIÃO	M	19	01:08:18	01:05:51	VAMOS A TODAS
719	340	ATLETA NÃO CADASTRADO	M	0	01:08:18	01:05:52	
720	2703	ANDRÉ FERREIRA	M	18	01:08:38	01:08:38	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
721	2503	RICARDO PAULO MONTEIRO DE FREITAS	M	33	01:08:55	01:05:38	
722	3920	CARLOS CABRINHAS	M	29	01:08:58	01:05:34	CABRINHAS
723	1003	FRANCISCO CATARINO	M	28	01:09:02	01:05:21	OS ZINGARELHOS
724	1975	ALEXANDRE SILVA	M	17	01:09:12	01:06:30	
725	1005	RICARDO CARREIRA	M	29	01:09:12	01:05:32	OS ZINGARELHOS
726	3362	LUÍS MORAIS	M	34	01:09:16	01:05:43	
727	3487	ATLETA NÃO CADASTRADO	M	0	01:09:21	01:06:22	
728	3831	ATLETA NÃO CADASTRADO	M	0	01:09:22	01:06:01	
729	1593	ATLETA NÃO CADASTRADO	M	0	01:09:25	01:05:37	
730	729	ATLETA NÃO CADASTRADO	M	0	01:09:33	01:07:15	
731	2704	NUNO FERREIRA	M	22	01:09:37	01:09:37	
732	4680	RENATO JORGE BOGALHO	M	28	01:09:44	01:08:32	INDIVIDUAL
733	2491	JOAO AGUSTO	M	16	01:09:46	01:07:55	OS ULTRA
734	593	FÁBIO BERNARDINO	M	23	01:09:51	01:06:01	SLOWRIDERS RUNNING TEAM
735	2852	NUNO ANTUNES	M	28	01:09:56	01:06:22	
736	1660	ANTÓNIO TEIXEIRA	M	26	01:10:01	01:06:38	
737	1487	NUNO ROLO	M	33	01:10:01	01:06:31	INFOSISTEMA RUNNING TEAM
738	380	ANDRÉ CAVALEIRO	M	26	01:10:08	01:07:18	
739	3359	TIAGO TAVARES	M	34	01:10:19	01:06:43	
740	1477	FÁBIO LOUÇÃO	M	28	01:10:20	01:06:50	INFOSISTEMA RUNNING TEAM
741	2233	ATLETA NÃO CADASTRADO	M	0	01:10:29	01:09:01	
742	3953	FÁBIO MANUEL PARREIRA PONTES	M	30	01:10:42	01:08:48	
743	519	ATLETA NÃO CADASTRADO	M	0	01:11:35	01:07:55	
744	2965	FERNANDO SANTOS	M	33	01:11:55	01:09:22	EQUIPA KID
745	1984	HELIO DUARTE	M	34	01:12:14	01:09:32	
746	2978	DIOGO RAMOS	M	26	01:12:14	01:10:09	
747	1829	NUNO ROCHA	M	33	01:12:32	01:12:27	
748	869	NUNO MACHADO	M	21	01:12:35	01:10:17	H_RA_QUI
749	2526	DIOGO CUSTÓDIO	M	9	01:12:58	01:10:20	
750	3575	ANTÓNIO SANTOS	M	22	01:13:04	01:09:58	
751	270	RICARDO RODRIGUES	M	34	01:13:10	01:07:41	
752	1571	PEDRO RAMOS	M	22	01:13:19	01:10:36	
753	242	ANDRÉ LÚCIO	M	28	01:13:49	01:13:49	
754	858	PEDRO LEAL	M	33	01:13:49	01:09:52	
755	343	TIAGO RUIVO	M	24	01:13:55	01:11:01	
756	693	ANTÓNIO CAPOULAS	M	27	01:15:42	01:12:10	
757	1197	JULIO FERREIRA	M	18	01:15:53	01:12:36	
758	2065	RICARDO PINHEIRO	M	31	01:15:55	01:13:38	
759	3633	ANDRE FIGUEIREDO	M	24	01:17:30	01:17:30	FIGUEIREDO
760	354	JOSÉ GOMES	M	27	01:17:53	01:14:14	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
761	2372	PEDRO OLIVEIRA	M	30	01:18:18	01:15:10	
762	3648	RICARDO PALMEIRA	M	18	01:18:47	01:17:23	CLUBE DESPORTIVO RIBEIRENSE
763	2588	AVELINO ALVES	M	34	01:19:06	01:15:57	TC RUNNERS
764	312	ADEMAR URBANO	M	32	01:19:32	01:16:28	
765	1777	MÁRIO FIALHO	M	34	01:20:16	01:17:42	
766	842	EDUARDO RODRIGUES	M	32	01:20:42	01:17:12	
767	2717	NELSON RODRIGUES	M	30	01:21:34	01:18:37	JONÉ
768	1484	MÁRIO COELHO	M	31	01:22:15	01:18:44	INFOSISTEMA RUNNING TEAM
769	692	JOAQUIM CAPOULAS	M	24	01:22:49	01:19:17	
770	456	RICARDO SEREJO	M	26	01:31:15	01:28:25	NACIONAL FITNESS
771	2876	JOSE JOAO PROENÇA	M	31	01:31:35	01:28:19	ULTRA-LEVES DO CPOC
772	1295	PEDRO BENTO	M	22	01:33:47	01:30:27	SCP MAFRA
773	1420	CARLOS FERREIRA	M	28	01:34:02	01:30:25	
774	1980	PEDRO SANTOS	M	23	01:37:48	01:35:04	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	4619	RUI SILVA	M	37	00:31:34	00:31:34	SPORTING C P
2	4618	MANUEL DAMIAO	M	36	00:34:00	00:34:00	SPORTING C P
3	2755	CÉSAR MACHADO	M	38	00:36:11	00:36:10	100% EU
4	2866	PEDRO RATO	M	38	00:36:34	00:36:34	
5	4099	PAULO ALVES	M	36	00:36:44	00:36:44	GDCT IN CASA MOEDA
6	2331	ÉLIO MACIEIRA BARREIRA	M	39	00:37:52	00:37:52	
7	4081	HENRIQUE JOANICO	M	36	00:37:56	00:37:56	C BENFICA ALG M MARTINS
8	4100	RICARDO NEVES	M	39	00:38:13	00:38:13	GDCT IN CASA MOEDA
9	2801	RUI HENRIQUES	M	35	00:38:17	00:38:17	SERVIÇOS SOCIAIS MONTEPIO GERA
10	2295	GIL XAVIER ALVES	M	38	00:38:54	00:38:54	UNIDOS DA MANUTENÇÃO
11	1263	PAULO NOLASCO RODRIGUES	M	37	00:39:06	00:39:06	
12	2487	LUIS BRITO	M	39	00:39:09	00:39:09	
13	3608	JOÃO PEDRO FERREIRA	M	37	00:39:27	00:39:26	CLAC - ENTRONCAMENTO
14	194	VASCO TAVARES	M	37	00:39:29	00:39:29	CORRER LISBOA
15	1438	MARCO VELOSO	M	35	00:39:42	00:39:42	LINDA-A-PASTORA SPORTING CLUBE
16	976	NUNO TORRES	M	37	00:39:49	00:39:28	ILOVEPV
17	603	NUNO PITA	M	39	00:39:52	00:39:46	CCDMETROLX
18	1203	DANIEL MACHADO	M	35	00:39:58	00:39:58	
19	1857	TIAGO BALEIA	M	36	00:40:15	00:40:15	CARACÓIS DE PEDRA
20	1911	NUNO BALAS	M	38	00:40:19	00:40:09	
21	4642	WILIAM LOQUE	M	37	00:40:21	00:40:21	SPORTING C P
22	2824	HELDERCARREIRA	M	38	00:40:39	00:40:39	
23	1113	FERNANDO ANDRADE	M	35	00:40:52	00:40:35	OS PERIGOSOS
24	667	RUI QUERIDO	M	35	00:40:57	00:40:45	CCD PM CASCAIS
25	4616	NUNO PEREIRA	M	37	00:41:02	00:41:02	INDIVIDUAL
26	2145	HERALDO PEIXE	M	35	00:41:12	00:41:10	CLUBE DE ATLETISMO DA NAZARÉ
27	3529	NELSON OLIVEIRA	M	37	00:41:13	00:41:03	CLAC - ENTRONCAMENTO
28	1768	INOCÊNCIO AMORIM	M	36	00:41:16	00:41:05	RAIL RUNNERS
29	1428	GUALTER CONSTANTINO	M	39	00:41:26	00:41:25	
30	1483	PAULO PINTO	M	38	00:41:36	00:41:36	ESCOLA ATLETISMO RUI SILVA
31	1070	JOSÉ PIRES	M	38	00:41:38	00:41:35	
32	1702	VÍTOR DUARTE	M	39	00:41:47	00:41:45	
33	2807	BRUNO GONÇALVES	M	36	00:41:57	00:41:52	
34	4488	JORGE SOUSA	M	35	00:41:57	00:41:45	INDIVIDUAL
35	2779	AUGUSTO PORTUGAL	M	39	00:42:03	00:42:03	SERVIÇOS SOCIAIS MONTEPIO GERA
36	4102	RUI CORREIA	M	38	00:42:05	00:42:05	GDCT IN CASA MOEDA
37	4104	VALTER OLIVEIRA	M	37	00:42:05	00:42:04	GDCT IN CASA MOEDA
38	2626	MIGUEL GONÇALVES	M	35	00:42:07	00:41:50	EAGLES & LEON
39	2592	NELSON TORRES PEREIRA	M	38	00:42:14	00:42:02	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	695	JORGE SEBASTIÃO	M	39	00:42:18	00:42:06	
41	554	PAULO ALVES	M	36	00:42:19	00:42:18	FALCÕES SELVAGENS
42	4546	JOSE MOREIRA	M	37	00:42:23	00:42:23	A BOLA
43	4160	RUI ALMEIDA	M	38	00:42:25	00:42:15	A VALE SILENCIO
44	2624	NUNO ROSA	M	37	00:42:30	00:42:15	EAGLES & LEON
45	1638	NUNO MANUEL S. F. ALVES	M	37	00:42:36	00:42:31	
46	635	ALBERTON SILVA	M	35	00:42:45	00:42:45	
47	377	JOÃO SANTOS	M	37	00:42:46	00:41:43	
48	4087	JOAO PEREIRA	M	36	00:42:51	00:42:11	C BENFICA ALG M MARTINS
49	1670	SERGIO FIGUEIRAS	M	37	00:43:01	00:42:46	
50	1090	MÁRIO COUTO	M	37	00:43:02	00:42:49	
51	3421	PEDRO SOARES	M	37	00:43:16	00:42:30	CORRER LISBOA
52	4643	LEONEL VIEGAS	M	38	00:43:20	00:43:20	SPORTING C P
53	96	PEDRO PINHO	M	35	00:43:23	00:41:38	
54	4153	ANDRE SANTOS	M	38	00:43:27	00:43:27	A VALE SILENCIO
55	2643	HENRIQUE RAFAEL	M	39	00:43:48	00:43:45	
56	2619	MANUEL SILVA	M	39	00:43:50	00:43:46	
57	1372	RUI SAMPAIO	M	35	00:43:53	00:42:47	
58	2041	HELDER BORGES	M	38	00:43:54	00:43:13	
59	3983	RUI REBOCHO	M	36	00:43:54	00:42:59	
60	859	VITOR NOVAIS	M	38	00:44:01	00:43:36	GRUPO AMIGOS ATLETISMO VFXIRA
61	2088	RUFINO SILVA	M	37	00:44:03	00:43:50	
62	123	BRUNO BERNARDO	M	36	00:44:10	00:44:01	
63	1458	NUNO FILIPE NUNES FEIO	M	36	00:44:13	00:43:59	
64	899	BERNARDO PINTO-COELHO	M	36	00:44:17	00:43:33	
65	1604	HELDER TAVARES	M	38	00:44:20	00:43:34	
66	4084	NUNO ESTALAGEM	M	39	00:44:21	00:43:41	C BENFICA ALG M MARTINS
67	559	DIOGO GOMES	M	38	00:44:25	00:44:14	
68	4561	PEDRO VIEIRA	M	37	00:44:28	00:43:10	LEXUS
69	1580	RUI PLÁCIDO	M	38	00:44:30	00:44:09	
70	2655	JOSÉ MARQUES ANDRADE	M	36	00:44:34	00:44:15	
71	2871	DARIO ALEXANDRE CAPINHA FERREIRA	M	39	00:44:38	00:44:03	BVB ATLETISMO
72	2907	PAULO CARMO	M	39	00:44:38	00:44:38	INDIVIDUAL
73	474	PEDRO MIGUEL VILHENA CASTANHA	M	39	00:44:39	00:44:14	EXEMPLIBONUS
74	113	EDUARDO SANTOS	M	35	00:44:40	00:43:14	VFF 1896
75	3750	EDGAR JESUS ROSA	M	39	00:44:45	00:43:54	
76	932	NUNO GALRINHO	M	37	00:44:59	00:44:04	
77	1492	LUÍS DIAS	M	35	00:45:08	00:44:45	
78	4043	HENRIQUE SEIXAS	M	38	00:45:11	00:45:11	INDIVIDUAL
79	1478	JORGE LUÍS	M	38	00:45:14	00:44:51	ESCOLA ATLETISMO RUI SILVA

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
80	794	RICARDO PEREIRA	M	37	00:45:14	00:44:40	
81	1308	PEDRO MARTINS	M	36	00:45:18	00:44:30	PEDROS
82	2881	PEDRO TAVARES	M	39	00:45:26	00:44:37	G. RECREATIVO JANZ ASSOCIADOS
83	518	TITO TEIXEIRA	M	36	00:45:36	00:44:48	CLUBE COLABORADORES AXA
84	3749	MIGUEL ANGELO FERREIRA CUSTÓDIO	M	36	00:45:36	00:44:43	
85	2185	JORGE PAULINO	M	39	00:45:41	00:45:41	
86	2033	NUNO ANDRÉ	M	37	00:45:43	00:44:10	JOBRINDE - MONTES SALOIOS
87	2072	DUARTE CORTES	M	36	00:45:49	00:45:03	
88	4457	PEDRO LUZIO	M	38	00:45:53	00:45:04	SS CGD
89	1435	ROMÃO CORREIA	M	36	00:45:54	00:45:01	DEVAGAR, DEVAGARINHO...
90	2302	OLIVIER JANTY	M	37	00:45:54	00:45:33	
91	3548	HUGO MIGUEL BENTO NETO	M	35	00:45:55	00:45:12	LEBRES TEAM
92	45	MAURICIO RODRIGUES	M	35	00:46:00	00:45:43	C.C.R.D.BURINHOSA
93	4552	BRUNO F M ROXO	M	38	00:46:02	00:44:36	A BOLA
94	2832	AURÉLIO SILVA	M	36	00:46:09	00:45:35	
95	931	RUI MALTEZ	M	39	00:46:12	00:45:16	
96	1863	RODRIGO FERREIRA	M	35	00:46:12	00:45:58	SCALABIS NIGHT RUNNERS
97	2266	BRUNO ABREU	M	39	00:46:13	00:46:06	
98	2463	NUNO MIGUEL PRATES	M	37	00:46:14	00:45:35	
99	520	ADRIANO FELÍCIO	M	36	00:46:14	00:45:51	CCD SINTRENSE
100	2345	SERGIO RAMOS	M	38	00:46:15	00:45:09	KANINOS
101	875	FRANCISCO FERNANDES	M	38	00:46:16	00:45:44	LAGARTIXAS TEAM
102	2895	LUIS PEREIRA	M	35	00:46:26	00:45:37	GDC FONSECAS E CALÇADA
103	1115	MARCO CASEIRO	M	36	00:46:26	00:46:10	OS PERIGOSOS
104	1805	MARTINHO AMARO	M	35	00:46:26	00:42:25	CORRER LISBOA
105	2870	PEDRO MIGUEL GOMES VICENTE	M	39	00:46:26	00:45:49	BVB ATLETISMO
106	23	CARLOS SILVA	M	39	00:46:29	00:46:26	B.V. MONTEMOR-O-NOVO
107	2194	MÁRIO BASTARDO	M	36	00:46:33	00:45:52	
108	1622	MIGUEL QUINTANILHA	M	38	00:46:39	00:46:34	RUNLOVERS
109	675	TIAGO GOUVEIA	M	35	00:46:44	00:45:22	
110	2639	RUI ALEGRE	M	35	00:46:44	00:46:01	
111	684	FREDEIRCO MONTEIRO NOBRE	M	38	00:46:45	00:46:20	
112	1775	NUNO GONÇALO CARVALHO ANTÓNIO	M	39	00:46:47	00:45:19	
113	2710	CARLOS DIAS FERREIRA	M	36	00:46:49	00:45:22	
114	3307	JOAQUIM PINHEIRO	M	35	00:46:50	00:46:25	
115	2274	PEDRO CONCEIÇÃO	M	38	00:46:55	00:45:42	
116	3624	ANTÓNIO PALMEIRA	M	39	00:46:58	00:45:53	CLUBE DESPORTIVO RIBEIRENSE
117	2958	LUÍS GODINHO	M	36	00:47:02	00:46:05	
118	1392	JOSE NUNES	M	35	00:47:11	00:46:46	
119	3671	RUI JORGE RIBEIRO	M	39	00:47:14	00:45:40	CLUBE EDP - LISBOA

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120	2136	JOÃO CONSTANTINO	M	39	00:47:16	00:47:13	
121	4493	PEDRO MOURISCA	M	39	00:47:17	00:46:54	INDIVIDUAL
122	1046	PEDRO SILVEIRA	M	39	00:47:26	00:46:19	
123	1021	RICARDO PEREIRA	M	38	00:47:28	00:47:03	CLUBE OGMA
124	722	MÁRIO CLÁUDIO	M	38	00:47:31	00:46:26	
125	2600	ALEXANDRE AMARAL	M	38	00:47:33	00:46:05	
126	2049	RUI LAMY	M	37	00:47:36	00:46:25	RUNNERS DO TRAVESSEIRO
127	2373	RICARDO FIRMINO	M	37	00:47:37	00:46:20	MOSHTRIBE
128	1561	PAULO FLOR	M	37	00:47:38	00:47:05	
129	1858	PEDRO BALEIA	M	36	00:47:39	00:47:05	CARACÓIS DE PEDRA
130	1206	PEDRO CABRAL	M	35	00:47:40	00:45:54	
131	925	MARCO RODRIGUES	M	35	00:47:43	00:46:38	GDCTUNICRE
132	4076	MARCO NOBREGA	M	39	00:47:45	00:46:59	C BENFICA ALG M MARTINS
133	2984	VITOR SILVA	M	38	00:47:49	00:46:34	
134	1238	RUI CABRAL	M	39	00:47:52	00:46:24	
135	1040	DAVIDE MENDES	M	39	00:47:55	00:47:11	
136	1861	PEDRO BARBOSA	M	37	00:47:55	00:47:17	SCALABIS NIGHT RUNNERS
137	3848	JOAO CARVALHO	M	36	00:47:58	00:47:42	
138	273	MIGUEL AMARAL	M	36	00:47:58	00:46:43	
139	2390	BRUNO PEDRO	M	36	00:48:01	00:44:20	
140	3857	LUÍS PIMENTA	M	38	00:48:02	00:47:27	
141	223	PEDRO FERREIRA	M	37	00:48:04	00:46:46	CLUBE ROBBIALAC
142	2681	JOAO PARREIRA	M	35	00:48:11	00:47:55	
143	2406	DIOGO TAVARES	M	37	00:48:17	00:42:41	
144	3475	SÉRGIO CIPRIANO	M	36	00:48:20	00:47:36	AMCR FONTE GRADA
145	3273	NUNO MELO	M	39	00:48:22	00:47:46	
146	2524	JOAO CAMACHO	M	37	00:48:23	00:47:24	
147	2661	GONÇALO PEREIRA	M	35	00:48:26	00:47:49	
148	2031	EDUARDO BRUNO DOS SANTOS NUNES	M	36	00:48:33	00:48:01	LEBRES TEAM
149	2253	TIAGO FERREIRA	M	35	00:48:36	00:47:46	OPTICALIA RUNNING TEAM
150	4107	RICARDO ALVES	M	38	00:48:37	00:47:35	GDCT IN CASA MOEDA
151	1255	JOÃO JERÔNIMO	M	35	00:48:37	00:47:24	
152	1494	ANTÓNIO PEREIRA	M	35	00:48:38	00:48:15	
153	2250	RICARDO LUÍS	M	38	00:48:40	00:47:59	
154	3808	BRUNO SANTOS	M	39	00:48:40	00:47:39	LION RUNNERS
155	547	JOSÉ CARLOS MARTINS	M	35	00:48:42	00:48:28	FALCÕES SELVAGENS
156	275	ANTÓNIO CONVENIENTE	M	35	00:48:45	00:46:55	
157	3703	MÁRIO GOMES	M	38	00:48:46	00:47:48	PONTÉVE A MEXER
158	2581	FILIFE TORRES PAULO	M	35	00:48:48	00:48:01	
159	3895	PAULO REIS	M	39	00:48:48	00:48:36	

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160	3416	NUNO CUNHA	M	35	00:48:50	00:48:15	
161	1500	PAULO SANTOS	M	39	00:48:52	00:48:21	
162	1620	SANDRO PINTO	M	39	00:48:55	00:47:52	RUNLOVERS
163	3786	MANUEL BENTO	M	38	00:48:55	00:47:43	SPORTING CLUBE DE CASAINHOS
164	4235	PEDRO FERNANDES	M	38	00:48:56	00:47:46	C MILLENNIUM BCP
165	1049	HUGO HILÁRIO	M	35	00:48:58	00:47:29	
166	140	NUNO MACHADO	M	35	00:48:58	00:48:25	JOBRINDE - MONTES SALOIOS
167	3670	PAULO JORGE PINTO	M	38	00:48:59	00:47:25	CLUBE EDP - LISBOA
168	1986	JOSÉ DOUGAN	M	39	00:49:01	00:48:29	
169	2437	NUNO ANTUNES	M	39	00:49:02	00:47:37	
170	1503	PEDRO MAIA	M	35	00:49:03	00:48:07	VECOFABRIL
171	1843	RUI MANUEL SARMENTO ANTUNES	M	36	00:49:04	00:48:14	
172	1225	PEDRO SALVADOR	M	38	00:49:06	00:47:42	
173	1755	SANDRO RODRIGUES	M	37	00:49:10	00:48:11	
174	1916	CARLOS AFONSO	M	38	00:49:11	00:48:29	
175	271	NELSON PÓLVORA	M	37	00:49:13	00:47:43	
176	1692	MIGUEL ALMEIDA	M	38	00:49:19	00:49:02	
177	430	NUNO SILVA	M	36	00:49:20	00:47:03	
178	1419	NUNO CATARRO	M	38	00:49:29	00:49:19	
179	2504	LUIS SILVA	M	39	00:49:29	00:48:58	
180	2258	NUNO MARTINS	M	37	00:49:32	00:48:53	
181	1089	MÁRIO SOUSA	M	35	00:49:34	00:47:31	
182	385	JOSÉ TOMÁS	M	39	00:49:37	00:47:17	VALEJAS AC
183	4442	NUNO MOTA	M	36	00:49:47	00:48:18	INDIVIDUAL
184	648	RUBEN GONÇALVES	M	35	00:49:49	00:48:45	CCD PM CASCAIS
185	2201	FIDEL CONDE	M	37	00:49:50	00:49:27	POWER RUN
186	2226	PAULO PATATAS	M	35	00:49:54	00:49:26	
187	3582	PEDRO PERALTA	M	36	00:49:54	00:48:37	
188	2545	CARLOS ALBERTO SANTOS COSTA	M	37	00:49:56	00:49:29	
189	2713	ARTUR PINTO	M	37	00:49:58	00:46:58	FARMACIA URUGUAI ABERTO 24H
190	1371	FILIPE OLIVEIRA	M	39	00:49:59	00:48:13	
191	996	CARLOS PRAZERES	M	35	00:50:01	00:47:19	
192	3507	LINO MARTINS	M	38	00:50:04	00:48:23	
193	2890	MARIO RUI COSTA	M	38	00:50:07	00:49:22	GDC FONSECAS E CALÇADA
194	2714	GUSTAVO SILVA	M	38	00:50:07	00:47:07	FARMACIA URUGUAI ABERTO 24H
195	4694	NUNO LOPES	M	39	00:50:09	00:50:09	INDIVIDUAL
196	1915	MARIO LOPES	M	39	00:50:12	00:49:30	
197	1134	SERGIO NUNES	M	38	00:50:15	00:49:08	
198	3840	MARK CAREY	M	39	00:50:17	00:49:45	
199	924	JOSÉ FERNANDES	M	37	00:50:20	00:49:26	GDCTUNICRE

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200	301	MIGUEL AMARAL	M	39	00:50:22	00:47:19	CORRER LISBOA
201	1913	NELSON SOARES	M	35	00:50:25	00:50:07	
202	1253	VITOR MANUEL BRANCO AZEVEDO	M	35	00:50:26	00:49:15	
203	2029	HUGO MIGUEL PAISANA DOMINGOS	M	36	00:50:29	00:49:57	LEBRES TEAM
204	2823	ANTÓNIO CALHEIROS	M	36	00:50:29	00:49:21	
205	1847	HELDER MENDES	M	38	00:50:30	00:49:17	SCALABIS NIGHT RUNNERS
206	2483	SÉRGIO MATOS	M	37	00:50:31	00:48:53	
207	826	PAULO SANTOS	M	39	00:50:34	00:48:58	JUVENTUDE DESP ALHANDRENSE
208	4656	PAULO SIMOES	M	35	00:50:34	00:49:54	C M L
209	1074	TIAGO SALGUEIRO	M	37	00:50:38	00:49:30	
210	2806	DAVID GONÇALVES	M	39	00:50:39	00:49:06	
211	3818	MARCO COSTA	M	38	00:50:45	00:49:38	
212	1133	ANDRÉ PASCOAL	M	36	00:50:47	00:49:41	
213	3917	PAULO CURADO	M	36	00:50:48	00:48:43	
214	185	NUNO OLIVEIRA	M	37	00:50:49	00:50:27	
215	1590	NUNO BAIXINHO	M	39	00:50:51	00:50:27	
216	1142	MARCO GRAÇA	M	38	00:50:52	00:50:08	
217	1000	PAULO CALDEIRA	M	36	00:50:58	00:48:41	
218	911	HUGO MAGALHÃES	M	39	00:50:59	00:49:59	
219	2726	VITOR PIRES	M	35	00:51:01	00:45:34	
220	4178	JOSE FARINHA	M	39	00:51:03	00:45:54	C MILLENNIUM BCP
221	2593	RICARDO MIGUEL SIMÕES ALMEIDA DE OLIVEIRA GODINHO	M	36	00:51:03	00:50:37	
222	1563	BRUNO FERREIRA	M	38	00:51:05	00:50:20	
223	2050	TIAGO MAGALHÃES	M	35	00:51:12	00:50:02	RUNNERS DO TRAVESSEIRO
224	1368	NUNO GAMITO	M	36	00:51:12	00:50:01	G.D.R. SÃO FRANCISCO DA SERRA
225	981	JOÃO PAULO SANTOS	M	35	00:51:14	00:50:23	
226	3328	RICARDO BOAVENTURA	M	36	00:51:17	00:50:00	
227	3939	DANIEL OLIVEIRA	M	38	00:51:20	00:49:16	
228	2535	EURICO SILVESTRE	M	35	00:51:24	00:47:43	
229	2236	NUNO GOMES	M	39	00:51:26	00:51:14	TURBINADOS
230	1927	ANTÓNIO ASSENTIZ	M	37	00:51:28	00:50:30	OS GALGOS DE TANCOS
231	3762	RICARDO RAMOS	M	39	00:51:31	00:49:46	
232	2996	PAULO PONTES	M	37	00:51:31	00:50:29	
233	529	NUNO ANASTÁCIO	M	35	00:51:32	00:49:49	CCD SINTRENSE
234	2452	NUNO SIMÕES	M	36	00:51:35	00:51:12	CCD CRÉDITO AGRÍCOLA MÚTUO
235	1797	JOÃO RODRIGUES	M	36	00:51:39	00:51:23	CCD LOURES -CORRER PARA VIVER +
236	2679	LUIS MENDES	M	36	00:51:40	00:50:16	
237	170	FRANCISCO SANTIS	M	36	00:51:42	00:50:37	
238	677	JOÃO VAGOS	M	39	00:51:46	00:50:24	
239	4560	FILIFE M S V FREIRE	M	36	00:51:50	00:50:32	LEXUS

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240	3946	JOAQUIM CARRILHO	M	35	00:51:54	00:50:55	
241	4288	BRUNO LOBO	M	36	00:51:56	00:50:47	GRUPO MARADONA
242	1665	RUI ALVES	M	39	00:51:57	00:51:43	
243	2466	NUNO MARTINS	M	37	00:51:59	00:50:52	
244	965	NELSON PINTO	M	36	00:52:00	00:49:45	SPORT 4FUN RUNNING
245	2542	ARTUR VICENTE	M	36	00:52:02	00:51:10	
246	3268	BRUNO RODRIGUES	M	38	00:52:07	00:49:58	
247	3479	HÉLDER GUERREIRO	M	37	00:52:09	00:51:04	
248	238	NUNO ANTUNES	M	37	00:52:09	00:50:38	MEGATREFES
249	982	ANDRÉ APARÍCIO	M	38	00:52:10	00:51:19	
250	4086	NUNO PEREIRA	M	36	00:52:11	00:50:22	C BENFICA ALG M MARTINS
251	1145	CARLOS OLIVEIRA	M	39	00:52:13	00:50:27	
252	4539	HAROUN CHERIF	M	39	00:52:14	00:46:49	A BOLA
253	779	ALEXANDRE PAULO	M	35	00:52:18	00:49:21	
254	2897	ADÉLIO CÂMARA	M	35	00:52:23	00:50:03	
255	3631	JORGE SILVA	M	39	00:52:24	00:50:25	
256	2586	PEDRO ESTEVES	M	37	00:52:24	00:50:14	LEBRES DO SAGITÁRIO
257	3466	ROGÉRIO CIRÍACO	M	38	00:52:28	00:51:02	
258	1022	NUNO ALMEIDA	M	36	00:52:29	00:51:59	OS MANOS
259	3807	RICARDO ONOFRE	M	37	00:52:31	00:51:41	
260	955	GUMERSINDO GIL	M	38	00:52:36	00:51:31	
261	1488	ALEXANDRE LEE	M	37	00:52:36	00:52:27	INFOSISTEMA RUNNING TEAM
262	1480	JORGE MENDES	M	39	00:52:36	00:50:35	INFOSISTEMA RUNNING TEAM
263	3293	PEDRO GONÇALVES	M	38	00:52:38	00:51:27	
264	2894	RUI BRILHANTE	M	39	00:52:41	00:51:28	GANHA...DORES
265	1672	DOMINGOS FARINHO	M	37	00:52:41	00:49:23	
266	959	ANTONIO SILVA	M	35	00:52:42	00:51:01	
267	302	SANDRO PRATES	M	35	00:52:42	00:50:30	
268	778	RENATO VEIGA	M	36	00:52:44	00:49:48	
269	428	PEDRO FERREIRA	M	38	00:52:45	00:50:28	
270	2528	RICARDO JORGE AMARAL GOMES	M	37	00:52:49	00:51:37	
271	2166	PAULO SALSA	M	36	00:52:52	00:52:08	
272	2761	NUNO	M	38	00:52:53	00:50:19	
273	4052	BRUNO BRAZ	M	35	00:52:55	00:50:30	INDIVIDUAL
274	1623	JOSÉ VIANA	M	39	00:52:57	00:52:57	
275	4113	NUNO COSTA	M	39	00:53:02	00:50:55	SS CGD
276	2350	RODRIGO GOMES	M	36	00:53:09	00:51:38	
277	3350	PAULO CALDEIRA	M	35	00:53:10	00:52:19	
278	4492	FILIFE SOUSA	M	36	00:53:11	00:51:42	INDIVIDUAL
279	104	BERNARDO ELISEU	M	39	00:53:16	00:51:28	BREAKAWAY

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280	2885	ULISSES DE SOUSA	M	35	00:53:17	00:51:55	
281	2167	SÉRGIO BRAGANÇA	M	39	00:53:19	00:52:49	
282	2386	GONÇALO FERNANDES	M	39	00:53:23	00:49:49	
283	272	ANDRÉ SANTOS	M	37	00:53:25	00:52:11	
284	165	VALTER REIS	M	36	00:53:29	00:51:55	GDINE
285	60	GONÇALO ANTUNES	M	35	00:53:31	00:51:14	
286	2571	MARCO PIRES	M	37	00:53:38	00:49:33	
287	3963	PEDRO NISA	M	39	00:53:40	00:52:46	
288	466	JOÃO FERREIRA	M	35	00:53:47	00:50:56	NACIONAL FITNESS
289	2264	PEDRO MACHADO	M	39	00:53:48	00:53:42	
290	197	BRUNO AMARO	M	35	00:53:49	00:52:42	
291	3327	RUI LUIS	M	36	00:53:53	00:52:35	
292	2191	PEDRO SILVA	M	37	00:53:58	00:51:12	
293	2927	LUIS F S ASCENÇAO	M	36	00:54:00	00:51:25	INDIVIDUAL
294	1354	ARTUR GUERREIRO	M	36	00:54:01	00:52:25	
295	3388	JORGE DOELLINGER	M	35	00:54:04	00:52:22	
296	4666	PEDRO VILAÇA	M	38	00:54:12	00:52:03	INDIVIDUAL
297	1128	PAULO MASSANO	M	35	00:54:12	00:52:15	
298	825	JORGE MARTINS	M	35	00:54:17	00:52:42	JUVENTUDE DESP ALHANDRENSE
299	2733	MÁRCIO NETO	M	35	00:54:17	00:54:14	TEAM NETO
300	1796	NURO CARVALHO	M	38	00:54:22	00:52:37	
301	883	JOSÉ ESTEVES	M	39	00:54:27	00:51:46	
302	1669	JOSE CARLOS CUSTODIO	M	39	00:54:32	00:52:58	
303	966	NUNO REIS	M	37	00:54:32	00:52:16	SPORT 4FUN RUNNING
304	880	HENRIQUE VENTURA	M	35	00:54:33	00:52:48	
305	3447	GONÇALO SOUSA	M	37	00:54:34	00:52:14	
306	535	RODRIGO CORREIA	M	35	00:54:37	00:53:55	CCD SINTRENSE
307	3312	MARCIO LOURENÇO	M	35	00:54:44	00:51:08	CITROEN RUN
308	4307	JOSE COSTA	M	39	00:54:44	00:52:56	INDIVIDUAL
309	4577	JOAO AIRES	M	36	00:54:48	00:52:20	POWERADE
310	3555	TOMÁS SOUSA	M	37	00:54:52	00:53:23	OS SUPER
311	296	JOAQUIM DIAS	M	37	00:54:55	00:52:27	
312	1860	PAULO DUARTE	M	36	00:55:01	00:54:50	SCALABIS NIGHT RUNNERS
313	1469	ANTÓNIO JESUS	M	37	00:55:06	00:54:08	
314	169	TELMO OLIVEIRA	M	37	00:55:06	00:53:20	
315	3521	MARCO COSTA	M	38	00:55:07	00:53:43	
316	2675	CARLOS MARQUES	M	36	00:55:08	00:52:35	
317	2139	ALEXANDRE ISSAC	M	37	00:55:18	00:55:04	CLUBE DE ATLETISMO DA NAZARÉ
318	666	RUI SOARES	M	39	00:55:21	00:54:08	CCD PM CASCAIS
319	562	PEDRO HENRIQUES RIBEIRO	M	38	00:55:23	00:53:44	

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320	2283	MIGUEL SILVA	M	37	00:55:26	00:53:17	LEBRES DO SAGITÁRIO
321	1747	PEDRO LOPES	M	36	00:55:29	00:54:00	
322	2255	NUNO SILVA	M	36	00:55:31	00:54:41	OPTICALIA RUNNING TEAM
323	954	JAVIER TORRES	M	38	00:55:33	00:52:05	
324	1707	ANTONIO TABORDA	M	39	00:55:39	00:55:12	BICOLES
325	392	NUNO TEIXEIRA	M	39	00:55:40	00:52:51	
326	746	NUNO CARRASCO	M	39	00:55:42	00:53:47	
327	2273	JOSÉ ALVES	M	36	00:55:46	00:52:38	
328	1007	GONÇALO FLORINDO	M	38	00:55:56	00:54:39	
329	1883	SÉRGIO DUARTE	M	37	00:56:01	00:53:45	
330	402	JOÃO SANTOS	M	37	00:56:03	00:53:40	G:D.C PORTO DE SINES
331	541	BRUNO FERNANDES	M	36	00:56:08	00:54:32	FALCÕES SELVAGENS
332	2434	RICARDO SILVA	M	37	00:56:08	00:53:29	
333	372	NELSON MANUEL SERRA PAÇÓ	M	38	00:56:11	00:54:53	
334	1285	PEDRO ALMEIDA	M	36	00:56:11	00:53:37	
335	1162	PAULO MAXIMINO	M	39	00:56:11	00:54:02	
336	907	NUNO DUARTE	M	39	00:56:12	00:55:17	GDCT UNICRE
337	1614	BERNARDO BERNARDES	M	36	00:56:14	00:53:14	
338	97	ARTUR JORGE DE JESUS ALFAMA	M	37	00:56:14	00:53:04	
339	3834	NELSON CANDEIAS	M	38	00:56:15	00:54:21	
340	1068	LUIS MOLEIRO	M	38	00:56:18	00:54:32	
341	2523	PEDRO MIGUEL PIRES GIL	M	37	00:56:21	00:54:37	
342	2388	RICARDO FORTES	M	38	00:56:22	00:53:53	
343	1566	NUNO CURTO	M	35	00:56:26	00:52:43	
344	2057	NUNO FERNANDES	M	39	00:56:27	00:53:57	
345	2775	RODRIGO AZEVEDO	M	36	00:56:30	00:51:58	
346	4185	PEDRO CUNHA	M	36	00:56:32	00:54:34	C MILLENNIUM BCP
347	772	NUNO LIMA	M	37	00:56:35	00:52:47	
348	252	RUI DOMINGUES	M	35	00:56:37	00:56:22	
349	1184	CARLOS LOPES	M	38	00:56:39	00:55:28	
350	708	JOSÉ PEIXOTO	M	38	00:56:40	00:54:26	
351	1821	NUNO CALDEIRA	M	37	00:56:41	00:53:15	
352	461	NUNO PEDRO	M	38	00:56:41	00:53:49	NACIONAL FITNESS
353	2999	PEDRO ALMEIDA	M	37	00:56:42	00:54:42	IMBATÍVEIS NO ALMOÇO
354	3446	PEDRO LOPES	M	37	00:56:52	00:54:32	
355	4689	HUGO REBELO	M	39	00:56:53	00:55:58	INDIVIDUAL
356	632	ANTÓNIO FERREIRA	M	39	00:56:54	00:54:40	
357	472	HELDER JORGE LANDEIRO ESTEVES	M	38	00:56:56	00:54:28	EXEMPLIBONUS
358	995	NUNO LANITA	M	38	00:57:01	00:54:19	
359	3732	PEDRO MEDEIRO	M	36	00:57:02	00:56:41	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
360	2762	NUNO SANTOS	M	36	00:57:09	00:54:28	
361	2460	CARLOS SOUSA	M	38	00:57:13	00:55:06	
362	3659	JOÃO OSÓRIO	M	39	00:57:16	00:54:50	
363	407	RENATO PENAS	M	37	00:57:20	00:54:58	G:D.C PORTO DE SINES
364	1772	MÁRIO SÁ	M	35	00:57:23	00:55:56	
365	849	PEDRO BENTO	M	35	00:57:23	00:54:39	
366	2724	JOÃO MAGALHÃES	M	37	00:57:25	00:54:50	
367	4094	JOSE LIBERATO	M	38	00:57:26	00:56:27	GDCT IN CASA MOEDA
368	4097	NUNO GONÇALVES	M	39	00:57:26	00:56:24	GDCT IN CASA MOEDA
369	2006	MIGUEL CARVALHO	M	38	00:57:34	00:54:36	
370	2711	ALEXANDRE MAURÍCIO	M	35	00:57:36	00:54:10	
371	3493	NUNO COSTA	M	37	00:57:49	00:56:00	
372	3504	RODRIGO RISCADO	M	39	00:57:50	00:56:01	
373	2276	FILIPPE MORAES	M	37	00:57:53	00:55:30	
374	2671	JOAO H NOGUEIRA	M	36	00:57:59	00:55:54	
375	241	VASCO METELO	M	37	00:58:04	00:56:14	
376	2038	DAVID VICENTE	M	38	00:58:21	00:56:20	
377	2462	JORGE CÔCO	M	37	00:58:22	00:57:44	
378	956	FERNANDO ESTEVEZ VAZQUEZ	M	36	00:58:29	00:55:02	
379	2232	JOÃO PEDRO SANTOS	M	39	00:58:31	00:56:46	
380	4298	JORGE ALVES	M	39	00:58:31	00:55:07	INDIVIDUAL
381	2391	DANIEL VINAGRE	M	36	00:58:32	00:54:51	
382	388	JOÃO PEDRO CAPA	M	39	00:58:34	00:56:36	LEÕES DE MOLEDO
383	1529	JORGE BOIM	M	38	00:58:35	00:55:34	TOCA RUNNERS
384	1267	ANDRÉ NEVES DA SILVA JORGE	M	38	00:58:35	00:55:03	
385	4032	BRUNO MADEIRA	M	36	00:58:35	00:57:55	INDIVIDUAL
386	3883	MIGUEL MATEUS	M	39	00:58:36	00:56:04	
387	1824	PAULO MARTINS	M	39	00:58:39	00:56:23	
388	1823	JOÃO QUITALO	M	38	00:58:39	00:56:24	
389	1118	HUGO XAVIER	M	37	00:58:42	00:56:00	
390	3698	GONÇALO BERNARDO	M	35	00:58:44	00:56:15	INDIVIDUAL
391	2892	DANIEL MESQUITA	M	37	00:58:52	00:57:47	GDC FONSECAS E CALÇADA
392	3414	ANTONIO SAIOTE	M	37	00:59:01	00:56:56	
393	451	BRUNO ALMEIDA	M	36	00:59:03	00:56:45	
394	3756	NUNO ALMEIDA	M	38	00:59:04	00:58:07	
395	2830	PAULO SANTOS	M	38	00:59:06	00:57:10	
396	3561	JOHN SPEEDY GONZALES	M	36	00:59:11	00:57:08	
397	1655	HUGO LEITÃO	M	35	00:59:13	00:58:04	OS PADEIROS
398	3269	SÉRGIO MIGUEL GONÇALVES ARVELOS	M	36	00:59:16	00:57:08	
399	707	RICARDO PIMENTA	M	39	00:59:19	00:57:03	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
400	1908	NUNO NETTO	M	38	00:59:24	00:57:42	
401	2946	MIGUEL GARANHOTO	M	39	00:59:24	00:57:06	
402	1904	CARLOS AMARAL	M	36	00:59:24	00:57:42	
403	3921	MARCO NEVES	M	35	00:59:27	00:56:55	
404	1167	MARCO CARVALHO	M	36	00:59:35	00:55:49	
405	2697	VASCO VIEIRA	M	36	00:59:35	00:56:20	ACTIVE PEOPLE - GLORYSYMBOL
406	1072	PEDRO MATOS	M	36	00:59:36	00:57:16	
407	3560	JOSÉ CERQUEIRA	M	37	00:59:38	00:57:35	
408	1205	VITOR FIGUEIREDO	M	36	00:59:42	00:56:03	
409	4053	PAULO MENDES	M	37	00:59:43	00:57:21	INDIVIDUAL
410	1204	HUGO SANTOS	M	37	00:59:43	00:56:04	
411	293	ALEXANDRE MIGUEL DA GRAÇA ANTUNES	M	39	00:59:45	00:56:24	
412	285	NELSON JOÃO PIRES DA SILVA	M	38	00:59:45	00:56:26	
413	1497	HUGO MARQUES	M	39	00:59:47	00:57:12	
414	3652	ANTÓNIO FONSECA	M	37	00:59:59	00:54:51	AC DO CARACOL
415	4683	HUGO M R MARQUES	M	35	01:00:00	00:57:31	INDIVIDUAL
416	3764	RUI RAMOS	M	38	01:00:04	00:58:30	
417	3556	JOSÉ CARLOS GONÇALVES LAMEIRA	M	35	01:00:08	00:57:57	
418	2384	IVO LIMA	M	37	01:00:12	00:56:38	
419	1537	MIGUEL SANTOS	M	36	01:00:23	00:57:21	TOCA RUNNERS
420	3324	NUNO ALMEIDA	M	39	01:00:25	00:58:25	SPORTINGS DE ALMEIDA
421	3609	FERNANDO ALMEIDA	M	36	01:00:26	00:59:42	CLAC - ENTRONCAMENTO
422	1056	MÁRIO GOMES	M	39	01:00:27	00:58:49	
423	2537	SERGIO FILIPE	M	38	01:00:33	00:58:03	
424	4532	CRISTIANO SANTOS	M	36	01:00:37	00:58:21	INDIVIDUAL
425	2399	RUI AFONSO	M	39	01:00:52	00:58:05	
426	1378	NUNO BANDARRA	M	37	01:00:58	00:57:41	RUN@FIGUEIRA
427	3597	DIOGO BATISTA	M	35	01:01:09	00:59:04	
428	4503	CARLOS HENRIQUES	M	38	01:01:18	00:57:36	INDIVIDUAL
429	2505	FILIPE CORREIA	M	37	01:01:24	01:01:24	
430	782	RICARDO CAMPOS	M	38	01:01:29	00:59:30	
431	3409	CLÁUDIO SILVA	M	38	01:01:34	00:57:46	
432	257	VITOR JANEIRO	M	38	01:01:37	01:00:16	BREJOENSES
433	2780	CARLOS MELO	M	37	01:01:37	00:59:04	SERVIÇOS SOCIAIS MONTEPIO GERA
434	2116	GONÇALO PEDRO	M	35	01:01:37	00:58:03	
435	383	JORGE PINTO	M	37	01:01:39	00:58:38	
436	3265	GONÇALO MARQUES	M	37	01:01:42	00:56:28	AC DO CARACOL
437	4601	HENRIQUE NETO	M	38	01:01:43	00:58:52	TABAQUIERA
438	973	JOAO MARQUES	M	37	01:01:51	01:01:07	
439	3740	NUNO LOPES	M	36	01:01:58	00:59:10	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
440	2590	LUÍS MATIAS	M	36	01:02:06	00:58:03	
441	1303	MARCO JACINTO	M	38	01:02:15	01:02:15	PANELA MAGICA
442	1019	LUÍS FRANCO	M	35	01:02:18	00:58:29	SLOWRIDERS RUNNING TEAM
443	2022	JOSÉ BRANCO	M	37	01:02:24	00:59:18	
444	1326	MIGUEL JAMES BROWN MARTINS MENDES	M	39	01:02:24	01:00:43	
445	3727	BRUNO JACINTO	M	36	01:02:24	00:59:24	
446	1318	JOÃO SALVADO DE MELO	M	37	01:02:26	00:58:29	
447	2634	MANUEL HENRIQUES	M	36	01:02:29	01:00:56	
448	4348	NUNO PEREIRA	M	37	01:02:29	00:59:57	INDIVIDUAL
449	2164	PEDRO PEREIRA	M	35	01:02:32	00:59:38	PROSTATIC TEAM
450	4345	JOAO ALVES	M	35	01:02:47	01:02:31	BRILADA ULTRAS SPORTING
451	1632	PAULO COSTA	M	35	01:03:03	00:59:39	
452	2432	JOÃO LACERDA	M	35	01:03:07	00:59:14	
453	1538	VASCO REBELO	M	38	01:03:10	01:00:07	TOCA RUNNERS
454	2263	MARCO RAMOS	M	36	01:03:11	01:00:26	
455	406	PEDRO SANTOS	M	35	01:03:12	01:00:19	G:D.C PORTO DE SINES
456	2609	RODRIGO VIDAL	M	37	01:03:14	01:01:32	
457	721	JOÃO BELGA	M	38	01:03:23	01:01:39	
458	1542	DAVID SILVA	M	35	01:03:28	01:01:39	TOCA RUNNERS
459	2650	TIAGO LOURO	M	36	01:03:45	00:58:17	
460	2649	PEDRO LOURO	M	38	01:03:45	00:58:16	
461	3546	NUNO MIGUEL ROQUE DOS SANTOS	M	37	01:03:56	01:01:20	LET'S GO...
462	513	MIGUEL TRUNINGER SOUSA	M	39	01:04:00	01:02:08	CLUBE COLABORADORES AXA
463	3443	JOÃO OLIVEIRA	M	39	01:04:05	01:01:18	
464	4376	HELDER RODRIGUES	M	37	01:04:16	01:01:23	INDIVIDUAL
465	4425	MIRALDO RAMOS	M	36	01:04:20	01:01:21	SS CGD
466	1288	ANDRÉ LOURENÇO	M	36	01:04:30	01:01:57	
467	3509	RICARDO AGOSTINHO	M	37	01:04:39	01:00:52	
468	2109	RICARDO CASACA	M	35	01:04:54	01:02:21	WANNABE'S
469	2392	ANTÓNIO VICENTE	M	39	01:04:55	01:02:50	
470	3654	RUI NEVES	M	37	01:04:59	00:59:49	AC DO CARACOL
471	4026	LUIS CABAÇA	M	37	01:05:08	01:02:40	INDIVIDUAL
472	1683	HELDER JOSÉ ALVES RIBEIRO GONÇALVES	M	39	01:05:08	01:04:04	GD CIMPOR & AMIGOS
473	2618	JOSÉ COSTA	M	39	01:05:11	01:02:10	
474	1962	PEDRO COLAÇO	M	36	01:05:19	01:01:37	
475	590	RUBEN BERNARDINO	M	37	01:05:47	01:01:57	SLOWRIDERS RUNNING TEAM
476	3490	JOÃO FERREIRA	M	36	01:05:50	01:02:16	
477	4383	RICARDO LEAL	M	38	01:05:54	01:03:37	INDIVIDUAL
478	4276	NUNO MENDES	M	35	01:05:57	01:02:17	INDIVIDUAL
479	4471	CARLOS MARUTA	M	36	01:06:06	01:04:33	INDIVIDUAL

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
480	4357	SERGIO MOURATO	M	37	01:06:13	01:02:21	OS DUROES
481	245	SÉRGIO LOPES CARDEIRA	M	38	01:06:24	01:03:43	
482	2796	PEDRO COSTA ALVES	M	38	01:06:27	01:03:46	SERVIÇOS SOCIAIS MONTEPIO GERA
483	490	RUI REBOCHO	M	39	01:06:29	01:03:42	
484	1424	JORGE VASCO	M	39	01:06:49	01:03:37	
485	1605	MANUEL CARDOSO	M	35	01:07:03	01:05:36	SURF RUNNERS
486	3885	VITOR CORREIA	M	38	01:07:06	01:04:34	
487	142	CESAR DUARTE	M	35	01:07:12	01:05:37	OS SPEEDYS
488	3423	JOÃO PEDRO	M	38	01:07:15	01:05:39	
489	4375	PAULO FONSECA	M	37	01:07:46	01:04:23	INDIVIDUAL
490	1548	LUIS QUEIRÓS	M	37	01:07:54	01:06:01	
491	2567	TIAGO PITO	M	37	01:08:04	01:05:26	
492	4105	VITOR CARDOSO	M	37	01:08:06	01:05:53	GDCT IN CASA MOEDA
493	4292	LUIS PIEDADE	M	37	01:08:09	01:06:13	GRUPO MARADONA
494	2362	DECIO DIAS	M	38	01:08:45	01:06:06	
495	2361	RICARDO PIRES	M	38	01:08:46	01:08:46	
496	94	LUIS CHAMBEL	M	38	01:08:52	01:05:35	
497	4354	GONÇALO CAMEJO	M	38	01:09:00	01:07:26	INDIVIDUAL
498	1661	ANTERO TEIXEIRA	M	35	01:10:00	01:06:37	
499	545	JOÃO VAZ	M	36	01:10:18	01:07:08	FALCÕES SELVAGENS
500	4556	JOAQUIM CARDOSO	M	38	01:10:23	01:07:00	A BOLA
501	2532	PAULO SILVA	M	38	01:10:30	01:08:31	
502	4203	JORGE GAMA	M	38	01:10:41	01:10:41	C MILLENNIUM BCP
503	4453	FILIPE COSTA	M	39	01:11:21	01:09:21	INDIVIDUAL
504	361	FILIPE SIMÕES	M	39	01:11:23	01:06:01	TECNOSPIE
505	2440	NUNO OLIVEIRA	M	38	01:11:26	01:09:02	
506	508	JORGE FIGUEIRA	M	38	01:11:32	01:07:53	CLUBE COLABORADORES AXA
507	2268	PEDRO BRARDO	M	36	01:11:46	01:11:46	
508	1612	GONCALO BERNARDES	M	38	01:11:49	01:08:47	
509	3734	RUI MIGUEL MOTA GONÇALVES	M	37	01:11:57	01:08:12	
510	2669	PEDRO ANDRADE	M	35	01:12:34	01:09:43	
511	137	JOSÉ LUÍS AGAPITO	M	36	01:12:36	01:09:03	PERNAS DE GAFANHOTO
512	1181	CARLOS LUDOVINO	M	38	01:13:22	01:10:58	
513	4657	MIGUEL ALBUQUERQUE	M	39	01:13:37	01:12:56	INDIVIDUAL
514	2336	JOAQUIM LEITÃO	M	37	01:13:44	01:11:35	
515	594	CARLOS SILVA	M	38	01:14:35	01:10:58	
516	4208	VASCO OURELO	M	39	01:14:47	01:11:50	C MILLENNIUM BCP
517	2471	FERNANDO GAMA	M	38	01:15:35	01:11:51	CHOURIÇOS LEONINOS
518	4407	JOAO SANTOS	M	39	01:16:52	01:14:15	GDCT REPSOL
519	2845	ALEXANDRE SILVA	M	35	01:17:43	01:14:34	CASOS NOTÁVEIS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
520	2087	PEDRO MIGUEL MARTINS NUNES	M	38	01:18:50	01:15:07	
521	1789	DUARTE ROCHA MARTINS	M	39	01:19:45	01:16:33	
522	1771	PEDRO SÁ	M	38	01:26:46	01:23:20	RAIL RUNNERS

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2490	RAUL CAETANO	M	42	00:35:01	00:35:01	CUAB
2	533	PEDRO ALVES	M	43	00:36:21	00:36:21	CCD SINTRENSE
3	4082	ARTUR OLIVEIRA	M	42	00:36:47	00:36:47	C BENFICA ALG M MARTINS
4	536	ROGÉRIO AZEVEDO	M	44	00:37:24	00:37:24	CCD SINTRENSE
5	646	PAULO SANTOS	M	43	00:37:25	00:37:25	CCD PM CASCAIS
6	3613	ALCINO NUNES	M	42	00:37:33	00:37:32	CLAC - ENTRONCAMENTO
7	2616	RUI CABEÇAS	M	42	00:37:52	00:37:44	
8	1030	PEDRO MOTA	M	43	00:38:04	00:38:04	
9	163	MARCOS OLIVEIRA	M	42	00:38:21	00:38:21	GDINE
10	1525	LUÍS RIO	M	43	00:38:44	00:38:44	G D C BANCO DE PORTUGAL
11	933	JOSÉ QUEIROS	M	43	00:38:52	00:38:47	
12	1530	ANTÓNIO SIMÕES	M	44	00:38:55	00:38:54	G D C BANCO DE PORTUGAL
13	2294	FERNANDO GOMES	M	41	00:39:00	00:39:00	UNIDOS DA MANUTENÇÃO
14	836	RICARDO SILVA	M	40	00:39:28	00:39:23	
15	2365	LUIS MOTA	M	41	00:39:33	00:39:33	CLAC - ENTRONCAMENTO
16	1262	PEDRO SILVA	M	40	00:39:35	00:39:26	
17	1490	PEDRO MARIA	M	41	00:39:44	00:39:44	ESCOLA ATLETISMO RUI SILVA
18	152	FRANCISCO SERRANO	M	40	00:39:52	00:39:52	GDINE
19	2293	RUI CARDOSO	M	43	00:40:00	00:40:00	UNIDOS DA MANUTENÇÃO
20	1517	FERNANDO MARTINS	M	43	00:40:00	00:40:00	G D C BANCO DE PORTUGAL
21	2286	TIAGO MANUEL TRINDADE SANTOS LOPES	M	44	00:40:03	00:40:03	
22	153	GONÇALO FERREIRA	M	41	00:40:15	00:40:15	GDINE
23	798	SADIQ KASSAMO	M	40	00:40:17	00:40:16	
24	3478	CARLOS BEATO	M	42	00:40:34	00:40:34	LINDA-A-PASTORA SPORTING CLUBE
25	4033	LUIS CUNHA	M	41	00:40:37	00:39:58	INDIVIDUAL
26	4632	LUIS FEITEIRA	M	41	00:40:39	00:40:39	SPORTING C P
27	4478	PAULO RIBEIRO	M	43	00:40:45	00:40:43	INDIVIDUAL
28	88	JORGE MANUEL DA LUZ MAURÍCIO	M	41	00:40:53	00:40:53	
29	1078	SERGIO SOARES	M	41	00:40:54	00:40:54	
30	37	DARIO CABETE	M	40	00:41:20	00:41:17	C.C.R.D.BURINHOSA
31	4079	JAIME MAURICIO	M	40	00:41:29	00:41:25	C BENFICA ALG M MARTINS
32	1108	LUIS FIDALGO	M	43	00:41:31	00:41:28	VITÓRIA FUTEBOL CLUBE
33	401	GONÇALO SANTOS	M	41	00:41:32	00:41:30	G:D.C PORTO DE SINES
34	3471	JOSÉ MAGALHÃES	M	43	00:41:39	00:41:35	AMCR FONTE GRADA
35	715	RUI MARINO	M	40	00:41:39	00:41:32	JOBRINDE - MONTES SALOIOS
36	2819	NUNO LORVÃO	M	43	00:41:50	00:41:48	
37	3723	NUNO SANTOS	M	42	00:41:50	00:41:50	CCD O ALVITEJO
38	268	LUIS MEALHA	M	43	00:41:58	00:41:05	
39	2878	FLÁVIO FRANCISCO	M	41	00:42:03	00:41:40	
40	2928	RUI SIMOES	M	40	00:42:09	00:42:01	INDIVIDUAL

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	3816	MÁRIO SANTANA	M	44	00:42:12	00:41:34	CDSALVATERRENSE/CME
42	470	NUNO PACHECO	M	42	00:42:17	00:41:52	
43	294	PEDRO FERREIRA	M	43	00:42:19	00:42:01	
44	2174	DUARTE MENDONÇA	M	43	00:42:27	00:42:26	
45	110	RUI DOMINGOS	M	43	00:42:27	00:42:10	EQUIPA GIRISSIMAS
46	1343	PAULO LOPES	M	43	00:42:34	00:42:34	
47	1430	EDUARDO CATARINO	M	41	00:42:43	00:42:43	
48	3506	PEDRO SILVA	M	42	00:42:44	00:42:29	
49	2814	RICARDO VICENTE	M	42	00:42:45	00:42:45	
50	3590	PEDRO ALVAREZ	M	41	00:42:48	00:42:38	
51	3583	RUI BOLOTA	M	42	00:42:55	00:42:46	
52	4317	HUGO BORGES	M	44	00:43:02	00:42:58	INDIVIDUAL
53	4098	NUNO SOUSA	M	40	00:43:05	00:43:04	GDCT IN CASA MOEDA
54	2599	RUI SILVA	M	42	00:43:08	00:42:52	
55	3876	NUNO QUEIJA	M	41	00:43:09	00:43:04	CF OS BELENENSES
56	3352	ANTÓNIO MANUEL MACHADO DE ALMEIDA	M	43	00:43:14	00:43:04	
57	1793	AUGUSTO FERREIRA	M	44	00:43:17	00:43:01	CCD LOURES -CORRER PARA VIVER +
58	2901	ANTÓNIO FREITAS	M	43	00:43:19	00:43:10	RUN TO BE ALIVE
59	689	CARLOS JACINTO	M	40	00:43:19	00:43:17	GASOUTOS
60	2627	RUI MOREIRA	M	43	00:43:24	00:43:09	EAGLES & LEON
61	4540	NUNO FORTE	M	41	00:43:25	00:43:17	A BOLA
62	4149	ANTONIO VILELA	M	44	00:43:28	00:43:01	AD REAL ACADEMIA
63	1451	JOÃO PEDRO GAMEIRO	M	44	00:43:36	00:43:25	
64	1808	JOAQUIM	M	42	00:43:37	00:43:32	H_RA QUI
65	505	FERNANDO MANUEL CORREIA	M	43	00:43:43	00:42:44	CLUBE COLABORADORES AXA
66	3464	TIAGO VARANDA	M	42	00:43:44	00:42:57	
67	1674	CARLOS ANTUNES	M	40	00:43:51	00:43:16	
68	3595	RUI MIGUEL	M	43	00:43:52	00:43:46	INDIVIDUAL
69	1496	ARTUR MARINHO	M	41	00:43:56	00:42:57	
70	280	CARLOS CUSTODIO	M	40	00:44:00	00:43:47	
71	792	CARLOS OLIVEIRA	M	41	00:44:06	00:43:18	
72	972	NUNO PIMENTEL	M	40	00:44:09	00:43:26	
73	2308	PEDRO CARMO	M	40	00:44:10	00:43:50	
74	2450	RUI MELO	M	43	00:44:11	00:43:48	
75	3901	JOÃO ROCHA RODRIGUES	M	42	00:44:13	00:43:22	
76	1086	CARLOS JESUS2QGXRGT2QGXRGT1090	M	40	00:44:15	00:44:05	
77	4065	LUIS OLIVEIRA	M	44	00:44:18	00:41:31	C BENFICA ALG M MARTINS
78	1572	JASON DAVID WALTER	M	44	00:44:26	00:44:26	
79	353	DOMINGOS SALDANHA	M	40	00:44:27	00:43:08	
80	1348	NUNO SILVA	M	41	00:44:30	00:44:14	AERO RUNNERS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	2660	MIGUEL FERREIRA	M	40	00:44:33	00:43:55	
82	4344	BRUNO SILVA	M	40	00:44:41	00:44:16	BRILADA ULTRAS SPORTING
83	1233	ANTÓNIO PAZES	M	40	00:44:43	00:44:43	RESTAURANTEOCARTAXEIRO-CANEÇAS
84	4429	CLAUDIO ROCHA	M	40	00:44:43	00:44:14	LIS RUNNING CPA
85	1334	PEDRO CANELAS	M	42	00:44:46	00:44:09	LINDA-A-PASTORA SPORTING CLUBE
86	1166	JORGE SILVA	M	40	00:44:50	00:44:35	
87	4660	ALBERTO ARAUJO	M	41	00:45:03	00:44:55	RB RUNNING
88	3812	LINO ROQUE	M	41	00:45:07	00:45:07	DANATUR
89	164	NUNO MARTINS	M	42	00:45:08	00:45:08	GDINE
90	3452	ANTÓNIO PEDRO SEQUEIRA DA SILVA	M	41	00:45:08	00:45:08	
91	2809	JOAO PEDRO GOMES	M	42	00:45:11	00:44:22	
92	4204	TIAGO MENDES	M	40	00:45:12	00:44:57	C MILLENNIUM BCP
93	36	CLAUDIO NEVES	M	40	00:45:13	00:44:56	C.C.R.D.BURINHOSA
94	3358	MIGUEL TAVARES	M	42	00:45:19	00:45:19	
95	1489	LUIS FILIPE NUNES	M	42	00:45:30	00:45:16	ESCOLA ATLETISMO RUI SILVA
96	2227	JORGE PEDROSO	M	41	00:45:30	00:44:31	
97	366	PEDRO FELICIO	M	42	00:45:38	00:44:56	
98	2059	BRUNO ARAÚJO-GOMES	M	40	00:45:43	00:45:19	
99	305	ADOLFO MANUEL ALEIXO AMEIXA	M	40	00:45:50	00:45:38	
100	731	JOÃO MENDES	M	43	00:45:59	00:45:07	
101	2863	PAULO CECÍLIO	M	40	00:46:01	00:44:39	
102	1701	TIAGO FONSECA	M	40	00:46:05	00:45:22	
103	265	HÉLIO FERREIRA PATRÍCIO	M	42	00:46:06	00:46:00	C. F. "OS BELENENSES"
104	330	ALEXANDRE BENTO	M	41	00:46:08	00:45:38	
105	569	JOSÉ ABRANTES	M	42	00:46:10	00:43:09	FAMÍLIA VERDE
106	2585	JOAO BOGALHEIRO	M	44	00:46:11	00:45:58	
107	4262	CARLOS CALADO	M	41	00:46:20	00:46:00	INDIVIDUAL
108	4528	CARLOS VITORINO	M	41	00:46:22	00:46:11	INDIVIDUAL
109	1855	HENRIQUE JANOTA	M	41	00:46:25	00:46:25	CARACÓIS DE PEDRA
110	2297	NUNO MESTRE	M	40	00:46:26	00:46:23	UNIDOS DA MANUTENÇÃO
111	1723	JOAO FERREIRA	M	44	00:46:26	00:46:26	
112	2021	VASCO COELHO	M	42	00:46:30	00:46:14	
113	1766	JOAO FIALHO	M	43	00:46:31	00:46:19	RUN 4 FUN
114	3875	JOSE FERNANDES	M	41	00:46:37	00:46:32	CF OS BELENENSES
115	641	ANTONIO VELOSO	M	43	00:46:37	00:45:33	CCD PM CASCAIS
116	1106	LUIS CRUZ	M	43	00:46:39	00:46:36	VITÓRIA FUTEBOL CLUBE
117	3565	ARMANDO MUCHAGATA	M	43	00:46:43	00:46:32	
118	3806	HENRIQUE AMADOR	M	43	00:46:49	00:45:47	LION RUNNERS
119	1031	IVO PINA	M	42	00:46:50	00:45:59	
120	3526	PAULO PICÃO	M	40	00:46:55	00:45:42	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	2290	JORGE SERRA	M	41	00:47:02	00:46:51	TURBINADOS
122	2395	NUNO BOGALHEIRO	M	41	00:47:06	00:46:52	
123	1163	PAULO JORGE DA CUNHA FERNANDES	M	40	00:47:09	00:46:11	
124	1212	PAULO RODRIGUES	M	44	00:47:10	00:46:24	
125	66	TELMO PEDROSO	M	40	00:47:13	00:46:40	C.C.R.D.BURINHOSA
126	2322	HELDER BAPTISTA	M	44	00:47:14	00:46:30	
127	1221	RODRIGO SÉRGIO	M	40	00:47:17	00:46:12	
128	2010	ANTONIO J F CORDEIRO	M	41	00:47:20	00:46:35	
129	4378	ANTONIO SOARES	M	44	00:47:22	00:47:12	INDIVIDUAL
130	367	LUÍS OLIVEIRA	M	41	00:47:25	00:46:43	
131	3733	RODRIGO PAIVA	M	42	00:47:27	00:46:48	
132	3667	PAULO GONÇALVES	M	42	00:47:32	00:46:36	
133	3977	LUIS FILIPE CARVALHO	M	41	00:47:34	00:47:04	
134	2453	CÂNDIDO ALVES	M	41	00:47:35	00:46:57	CCD CRÉDITO AGRÍCOLA MÚTUO
135	496	PAULO FERREIRA	M	42	00:47:39	00:46:57	
136	670	MARIO SEABRA	M	42	00:47:42	00:46:52	G. RECREATIVO JANZ ASSOCIADOS
137	2077	NUNO PEDROSO	M	41	00:47:42	00:47:36	
138	1611	PAULO SENA	M	42	00:47:43	00:47:07	
139	750	CARLOS MENDES	M	40	00:47:47	00:47:09	
140	4196	SERGIO GONÇALVES	M	40	00:47:54	00:46:59	C MILLENNIUM BCP
141	1733	PAULO JORGE GARCIA	M	44	00:47:56	00:47:12	PERNAS DE GAFANHOTO
142	1928	NELSON CARDOSO	M	43	00:47:56	00:47:34	OS GALGOS DE TANCOS
143	3419	ARSÉNIO GARCIA	M	44	00:47:58	00:46:08	
144	47	OCTAVIO MARIANO	M	43	00:47:58	00:47:58	C.C.R.D.BURINHOSA
145	1016	PEDRO SILVA	M	40	00:47:58	00:47:58	FAMILIA SILVA
146	1281	PAULO MORGADO	M	42	00:47:59	00:47:27	GEORUNNERS
147	1639	CAMILO VALGY TARMAHOMED	M	42	00:48:03	00:47:35	
148	1344	JOÃO CATARINO	M	40	00:48:07	00:47:53	
149	410	TIAGO LOPES PAULO	M	40	00:48:08	00:46:47	G:D.C PORTO DE SINES
150	938	MIGUEL NUNES	M	41	00:48:13	00:47:08	
151	2648	LUIS RODRIGUES	M	40	00:48:16	00:47:16	
152	2133	PEDRO LOPES	M	43	00:48:17	00:47:16	
153	1545	AGOSTINHO MATIAS	M	40	00:48:27	00:47:53	AVIS
154	2997	RODRIGO AFONSO REIS	M	41	00:48:28	00:48:07	
155	2068	PEDRO GASPAR	M	44	00:48:29	00:47:14	
156	1151	CARLOS MANUEL GUEDES MARQUES	M	42	00:48:32	00:47:03	
157	254	SÉRGIO MENDES	M	42	00:48:34	00:48:08	
158	4014	PEDRO BARRELA	M	41	00:48:35	00:47:55	GD BANCO BPI
159	2698	NUNO GERVÁSIO	M	44	00:48:42	00:48:02	
160	1853	LUIS MILA	M	44	00:48:44	00:48:23	SCALABIS NIGHT RUNNERS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	81	CARLOS BATISTA	M	40	00:48:44	00:48:06	
162	1874	ACURCIO MARIA	M	43	00:48:47	00:48:03	SPORTING CLUBE MOITENSE
163	4273	MARIO MIRANDA	M	40	00:48:47	00:48:47	INDIVIDUAL
164	356	BRUNO CLAUDINO	M	40	00:48:54	00:47:36	
165	1515	JOSÉ MASSUÇA	M	43	00:48:57	00:45:01	
166	2018	RICARDO FILIPE SANTOS GARCIA	M	40	00:49:01	00:47:48	
167	216	JORGE SILVA	M	44	00:49:03	00:48:32	
168	1505	MIGUEL CABRAL	M	41	00:49:03	00:48:07	VECOFABRIL
169	4015	LUIS CALHEIROS	M	40	00:49:04	00:48:25	GD BANCO BPI
170	845	NUNO MARQUES	M	40	00:49:06	00:48:30	
171	2900	JOSÉ DIAS	M	41	00:49:07	00:48:58	RUN TO BE ALIVE
172	2898	ORLANDO PARENTE	M	44	00:49:07	00:48:58	RUN TO BE ALIVE
173	329	MIGUEL NUNO CHAVES	M	44	00:49:08	00:48:39	
174	2727	ANTÓNIO BRAZ	M	43	00:49:09	00:48:41	
175	67	VITOR RAIMUNDO	M	43	00:49:11	00:48:53	C.C.R.D.BURINHOSA
176	3449	CARLOS A. CARVALHO	M	44	00:49:13	00:48:07	
177	4217	LUIS MONTEIRO	M	43	00:49:19	00:48:42	C MILLENNIUM BCP
178	4060	PEDRI DIAS	M	40	00:49:19	00:48:57	KEEP RUNNING
179	1283	GONÇALO VIEIRA	M	43	00:49:22	00:48:51	GEORUNNERS
180	570	JOSÉ RUA	M	42	00:49:22	00:49:09	FAMÍLIA VERDE
181	297	PAULO MARQUES	M	41	00:49:23	00:48:09	
182	2637	RUI FERREIRA	M	44	00:49:29	00:48:59	
183	1999	JOÃO CATATÃO	M	44	00:49:31	00:48:37	
184	1985	LUIS DUARTE	M	43	00:49:31	00:48:11	
185	452	PEDRO TOMÁS	M	42	00:49:32	00:48:07	
186	382	PEDRO RODRIGUES	M	40	00:49:36	00:49:18	
187	3974	FILIPE RIBEIRO	M	40	00:49:39	00:49:07	HP SOFTWARE
188	313	CARLOS PIRES	M	40	00:49:41	00:48:49	
189	1794	LUCA RANISE	M	44	00:49:47	00:48:39	
190	949	AMADEU BRIGAS	M	42	00:49:48	00:48:19	GRD RIBEIRA DA LAGE
191	957	FERNANDO MIGUEL CANDEIAS ALMEIDA VIEIRA	M	40	00:49:52	00:48:28	
192	3618	JOÃO JUSTO	M	40	00:49:52	00:48:28	CLUBE DESPORTIVO RIBEIRENSE
193	2084	PEDRO CONCEICAO	M	40	00:49:56	00:48:16	ROCKERS29
194	3497	PEDRO CAETANO	M	42	00:49:58	00:49:15	
195	3891	JOSE RIBEIRO	M	41	00:49:58	00:49:04	
196	379	CARLOS MANUEL VASCONCELOS DIAS SILVA	M	40	00:50:03	00:48:38	
197	243	PAULO OLIVEIRA	M	41	00:50:15	00:49:53	
198	3666	PAULO PALMINHA	M	44	00:50:17	00:49:21	
199	2013	EDUARDO RODRIGUES	M	44	00:50:21	00:49:37	
200	2790	JOSE PEDRO FERREIRA	M	41	00:50:23	00:48:33	SERVIÇOS SOCIAIS MONTEPIO GERA

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
201	215	PAULO ESPERANÇA	M	42	00:50:44	00:50:13	
202	1124	GONÇALO RODRIGUES	M	40	00:50:47	00:49:54	
203	118	JOÃO MARREIROS	M	44	00:50:49	00:49:45	
204	2196	NUNO CRESPO	M	41	00:50:51	00:50:06	
205	2467	ANTONIO ALVERCA	M	43	00:50:58	00:48:39	
206	1209	CARLOS GAIÃO	M	41	00:51:02	00:49:46	
207	3660	PAULO GONÇALVES	M	42	00:51:04	00:51:04	
208	1535	HELDER COELHO	M	41	00:51:07	00:49:35	TOCA RUNNERS
209	1482	GONÇALO CAEIRO	M	43	00:51:10	00:50:40	INFOSISTEMA RUNNING TEAM
210	929	JORGE MIGUEL P F FERREIRA	M	43	00:51:11	00:50:00	
211	3365	ANTONIN BISMARA	M	40	00:51:12	00:49:33	
212	3822	VÍTOR CANTO	M	44	00:51:13	00:50:25	
213	3562	JORGE MIGUEL LOPES	M	40	00:51:17	00:50:19	
214	1340	JOÃO HEITOR	M	43	00:51:18	00:50:30	
215	2071	VITOR COIMBRA	M	44	00:51:23	00:50:23	
216	2212	RICARDO MIRANDA	M	42	00:51:23	00:50:48	
217	517	PEDRO ANTÓNIO PELEJA	M	41	00:51:32	00:50:45	CLUBE COLABORADORES AXA
218	1725	RUI MIGUEL GAMEIRO	M	41	00:51:33	00:51:00	
219	49	PAULO RAINHO	M	40	00:51:34	00:51:16	C.C.R.D.BURINHOSA
220	1202	JOÃO COSTA	M	43	00:51:35	00:50:49	ADCR POLÍCIA JUDICIÁRIA
221	1407	BRUNO JESUS	M	40	00:51:41	00:49:45	
222	3444	MIGUEL MONTALVÃO	M	42	00:51:44	00:48:58	
223	1057	DINIS RIBAS	M	43	00:51:46	00:50:07	
224	745	HUGO RIBEIRO	M	40	00:51:48	00:49:55	
225	459	LUIS MIGUEL PEREIRA MARTINS	M	40	00:51:51	00:50:22	
226	4507	ALEXANDRE LEIRIA	M	40	00:51:51	00:50:28	INDIVIDUAL
227	2329	ORLANDO AUGUSTO DOS SANTOS SILVA	M	43	00:51:54	00:49:21	
228	1751	JOAQUIM PALMEIRO	M	44	00:51:54	00:50:21	
229	3637	FERNANDO MENDES	M	43	00:52:00	00:50:37	
230	1737	MÁRIO PEREIRA	M	42	00:52:00	00:51:45	
231	1671	PAULO FERREIRA	M	40	00:52:01	00:49:18	
232	1816	MIGUEL PASSOS	M	41	00:52:03	00:50:25	
233	240	MÁRIO DIAS MONTEIRO	M	41	00:52:08	00:50:37	MEGATREFES
234	3372	LUIS GUERREIRO	M	42	00:52:11	00:49:41	
235	1239	NUNO COSTA	M	41	00:52:12	00:50:03	
236	4281	PAULO LEAL	M	42	00:52:12	00:50:37	INDIVIDUAL
237	4463	PEDRO FIGUEIREDO	M	41	00:52:12	00:52:12	INDIVIDUAL
238	4083	LUIS ROUSSADO	M	44	00:52:17	00:50:28	C BENFICA ALG M MARTINS
239	1307	PEDRO FERRAZ	M	40	00:52:18	00:51:29	PEDROS
240	4135	PAULO BONACHO	M	42	00:52:18	00:51:59	SS CGD

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
241	3823	MIGUEL SANTOS	M	41	00:52:23	00:50:14	
242	851	JOÃO LUIS	M	43	00:52:24	00:51:48	CDUL
243	963	ANTÓNIO MANUEL JESUS SOUSA	M	43	00:52:25	00:51:52	
244	1534	RUI BORRALHO	M	40	00:52:35	00:51:02	G D C BANCO DE PORTUGAL
245	2665	MÁRIO DUARTE	M	41	00:52:36	00:51:24	
246	793	MIGUEL MONTEIRO FERNANDES	M	40	00:52:37	00:51:36	
247	4188	HUMBERTO CABRAL	M	42	00:52:39	00:50:28	C MILLENNIUM BCP
248	3943	MIGUEL ARAÚJO	M	40	00:52:40	00:51:40	
249	1657	SERGIO BORGES	M	42	00:52:40	00:51:21	NUCLEO DESPORTIVO AUTOCOOPE
250	3962	PEDRO SILVA	M	42	00:52:40	00:51:01	
251	896	BRUNO AZAMBUJO	M	43	00:52:47	00:51:23	
252	1152	RUI PEDRO RODRIGUES	M	40	00:52:50	00:51:41	
253	1856	JORGE MENDES	M	40	00:52:50	00:52:15	CARACÓIS DE PEDRA
254	2538	GUSTAVO VICENTE	M	44	00:52:53	00:51:12	CORRER LISBOA
255	2319	BRUNO BARRAN	M	40	00:52:58	00:51:38	
256	1437	RUI IVO LOPES	M	42	00:53:01	00:51:51	
257	920	CARLOS VIEIRA	M	44	00:53:04	00:52:35	HIDRENKI
258	3357	FRANCISCO MACHETA	M	42	00:53:08	00:51:31	
259	2510	PAULO SANTOS	M	42	00:53:10	00:51:56	
260	3483	VIRGÍLIO OLIVEIRA	M	42	00:53:11	00:51:02	LEBRES DO SAGITÁRIO
261	2598	PAULO FERNANDO GODINHO	M	43	00:53:21	00:52:13	
262	3581	NUNO MIGUEL BATISTA MARTINS	M	42	00:53:23	00:52:12	
263	4426	NUNO VALADA	M	43	00:53:23	00:51:19	SS CGD
264	2570	PEDRO CASTRO	M	44	00:53:23	00:48:33	
265	3992	MIGUEL CASTELA	M	43	00:53:26	00:49:58	ASS. DE ATLETISMO LEBRES SADO
266	1296	VASCO ARMES	M	42	00:53:27	00:51:48	
267	857	CARLOS MIRA	M	43	00:53:31	00:51:39	GRUPO AMIGOS ATLETISMO VFXIRA
268	1845	JOSÉ LEITÃO	M	41	00:53:32	00:53:06	
269	1093	AMÉRICO CARVALHO	M	41	00:53:33	00:52:20	
270	4238	CARLOS LOPES	M	40	00:53:34	00:53:32	AMINHACORRIDA.COM
271	4385	HELDER CARDOSO	M	40	00:53:35	00:53:09	INDIVIDUAL
272	1615	JOÃO AFONSO	M	43	00:53:39	00:51:16	
273	3349	NUNO BARRETO	M	41	00:53:40	00:52:26	
274	1774	PEDRO CÉSAR	M	40	00:53:43	00:52:27	
275	1014	LUÍS PINTO	M	40	00:53:45	00:52:03	
276	3347	JOÃO PEDRO	M	42	00:53:46	00:52:03	
277	1616	LUIS ANDRADE	M	41	00:53:47	00:51:24	
278	426	HELDER ALEXANDRE MIRANDA DOS REIS RODRIGUES	M	40	00:53:50	00:51:46	
279	2093	ANTÓNIO GAMEIRO	M	40	00:53:56	00:51:20	METRALHA BROTHER'S
280	2235	VITOR COSTA	M	41	00:53:58	00:53:46	TURBINADOS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
281	1917	RUI RODRIGUES	M	44	00:53:58	00:53:15	
282	114	FREDERICO WIBORG	M	43	00:54:00	00:51:59	VFF 1896
283	3987	CARLOS CORREIA	M	44	00:54:01	00:52:27	
284	2742	NUNO ALMEIDA	M	42	00:54:02	00:54:02	
285	462	RICARDO AFONSO	M	43	00:54:03	00:52:22	
286	1652	ANTÓNIO TRINDADE	M	41	00:54:03	00:52:21	
287	1613	JORGE FÉLIX	M	40	00:54:04	00:52:23	
288	2821	RODRIGO MARTINS	M	40	00:54:09	00:53:56	RA
289	2844	PEDRO OLIVEIRA	M	44	00:54:12	00:53:58	CASOS NOTÁVEIS
290	1365	LUÍS MATOS	M	43	00:54:13	00:53:03	G.D.R. SÃO FRANCISCO DA SERRA
291	2114	EFTHIMIOS ANGELAKIS	M	42	00:54:15	00:51:35	
292	4130	MARCOLINO VERISSIMO	M	43	00:54:20	00:50:45	SS CGD
293	3441	LUÍS SANTOS	M	41	00:54:21	00:51:36	
294	4018	PAULO LOUREIRO	M	41	00:54:23	00:53:42	GD BANCO BPI
295	3459	MICHEL COSTA	M	43	00:54:28	00:53:08	AÇOREANA CLUBE BANIF
296	1835	LEONEL FREIRA	M	40	00:54:29	00:52:21	
297	2787	JORGE SOUSA	M	41	00:54:30	00:51:42	SERVIÇOS SOCIAIS MONTEPIO GERA
298	4380	JOAO ADEGAS	M	43	00:54:31	00:53:45	INDIVIDUAL
299	4464	PAULO D FIGUEIREDO	M	43	00:54:32	00:54:32	INDIVIDUAL
300	3442	PAULO VALADARES	M	41	00:54:35	00:51:50	
301	4505	PAULO FELIX	M	41	00:54:35	00:54:17	INDIVIDUAL
302	3604	JOAO MARQUES	M	40	00:54:39	00:52:31	
303	3311	LUIS ABREU	M	41	00:54:43	00:51:08	CITROEN RUN
304	811	SERGIO DURAO	M	40	00:54:51	00:53:24	
305	3453	LUIS MAGALHAES	M	40	00:54:53	00:52:31	
306	1384	NELSON RODRIGUES	M	42	00:54:54	00:52:42	
307	2154	BENTO QUARESMA	M	41	00:54:56	00:53:15	
308	3779	NUNO PEREIRA	M	43	00:55:00	00:53:39	SPORTING CLUBE DE CASAINHOS
309	2187	JOSÉ NUNES	M	44	00:55:09	00:53:11	
310	100	CARLOS DE GOUVEIA FREIRE	M	42	00:55:11	00:54:17	ADCR POLÍCIA JUDICIÁRIA
311	4421	LUIS MARTINS	M	43	00:55:12	00:53:06	SS CGD
312	4511	LUIS TIAGO	M	42	00:55:15	00:53:43	INDIVIDUAL
313	179	VITOR RAMOS	M	43	00:55:18	00:53:42	
314	753	FILIPPE RODRIGUES	M	40	00:55:22	00:52:12	
315	2610	NUNO DIAS	M	41	00:55:28	00:53:06	
316	1044	HUGO CORTES	M	40	00:55:29	00:54:06	
317	542	CARLOS COELHO	M	41	00:55:30	00:54:15	FALCÕES SELVAGENS
318	543	CARLOS VERÍSSIMO	M	40	00:55:31	00:52:57	FALCÕES SELVAGENS
319	2210	VICTOR RISCADO	M	44	00:55:34	00:55:04	
320	4473	RUI MORGADO	M	44	00:55:38	00:55:38	INDIVIDUAL

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321	1894	JOÃO FONSECA	M	42	00:55:38	00:53:20	
322	2858	PAULO SILVA	M	43	00:55:40	00:55:40	
323	1126	NUNO PAULO REI CARRÔLO	M	44	00:55:41	00:54:34	
324	2810	ALVARO FERREIRA	M	44	00:55:41	00:53:48	
325	1795	LUIS RODRIGUES	M	42	00:55:42	00:53:54	RUN@FIGUEIRA
326	4342	PEDRO FERREIRA	M	40	00:55:43	00:55:25	BRILADA ULTRAS SPORTING
327	2024	PAULO CARVALHO	M	44	00:56:02	00:53:30	
328	1179	HUGO ALVES	M	41	00:56:03	00:54:54	
329	967	RENATO DOMINGUES	M	41	00:56:07	00:53:52	SPORT 4FUN RUNNING
330	4183	MARIO ROMAO	M	41	00:56:09	00:54:45	C MILLENNIUM BCP
331	2023	JORGE ESTEVES	M	43	00:56:12	00:53:40	
332	2317	MARCO PINTO	M	42	00:56:13	00:54:45	
333	2833	RUI MECA	M	40	00:56:14	00:55:25	
334	3839	JOSE CARLOS MACARIO FERREIRA	M	41	00:56:17	00:53:43	
335	24	EZEQUIEL LOBO	M	40	00:56:20	00:56:16	B.V. MONTEMOR-O-NOVO
336	4599	CRISTOVAO RAMOS	M	41	00:56:29	00:53:15	TABAQUEIRA
337	4275	NUNO CHAMBINO	M	41	00:56:29	00:52:51	INDIVIDUAL
338	4498	PAULO MENDES	M	43	00:56:30	00:54:19	INDIVIDUAL
339	3463	PEDRO SILVINO	M	44	00:56:31	00:54:20	
340	3408	JOÃO CARRILHO	M	42	00:56:33	00:53:16	
341	3887	ÓSCAR CAETANO	M	43	00:56:33	00:54:01	
342	4349	RUI LAPA	M	43	00:56:34	00:55:06	INDIVIDUAL
343	3364	JORGE DURO	M	41	00:56:34	00:54:55	
344	3787	ANTÓNIO PINHEIRO	M	40	00:56:36	00:53:36	
345	4250	FERNANDO PIRES	M	44	00:56:38	00:52:54	INDIVIDUAL
346	2628	FERNANDO FIÉIS	M	43	00:56:40	00:53:11	
347	633	EDUARDO CHAMBEL	M	43	00:56:42	00:54:28	
348	3950	ARTUR JORGE GARCIA ROSADO BOEIRO	M	41	00:56:43	00:54:48	
349	2797	RICARDO DIAS	M	41	00:56:43	00:54:22	SERVIÇOS SOCIAIS MONTEPIO GERA
350	4697	MARIO HENRIQUES	M	43	00:56:45	00:55:00	INDIVIDUAL
351	3474	MÁRIO ESTÊVÃO	M	42	00:56:47	00:55:02	AMCR FONTE GRADA
352	2193	RUI FERREIRA	M	42	00:56:47	00:56:06	
353	2800	RUI FAZENDEIRO	M	40	00:56:48	00:54:18	SERVIÇOS SOCIAIS MONTEPIO GERA
354	2580	PAULO MATOS	M	41	00:56:48	00:54:17	RUN 4 FUN
355	2075	VASCO COSME	M	41	00:56:50	00:55:16	
356	3439	JOSÉ MELO	M	41	00:56:50	00:55:19	
357	3955	LUIS PROENÇA	M	44	00:56:51	00:53:11	
358	4690	CAMILO VALGY	M	42	00:56:53	00:55:59	INDIVIDUAL
359	3656	EMMANUEL EBRERO	M	40	00:56:54	00:54:11	
360	3832	CARLOS SANTOS	M	44	00:56:58	00:55:34	

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361	4134	PAULO BILAO	M	44	00:56:59	00:54:58	SS CGD
362	491	RICARDO COUTO	M	40	00:57:00	00:52:49	
363	3970	ALEXANDRE CAPUCHA	M	43	00:57:00	00:53:42	
364	900	SERGIO PEREIRA	M	42	00:57:01	00:55:46	
365	4456	HERCULANO LOPES	M	42	00:57:01	00:54:58	SS CGD
366	4213	SERGIO SA	M	40	00:57:08	00:54:45	C MILLENNIUM BCP
367	4483	LUIS FERNANDO	M	44	00:57:10	00:55:00	INDIVIDUAL
368	3538	JOSÉ AGRA	M	40	00:57:13	00:55:42	
369	2969	CARLOS QUADROS	M	44	00:57:16	00:55:20	
370	1405	ALEXANDRE CARDOSO	M	43	00:57:17	00:54:55	
371	634	ÁLVARO GÓIS DOS SANTOS	M	41	00:57:23	00:55:09	
372	2629	NUNO ROMÃOZINHO	M	40	00:57:26	00:54:51	
373	4106	PAULO SOUSA	M	40	00:57:26	00:56:28	GDCT IN CASA MOEDA
374	974	PAULO ONOFRE	M	44	00:57:26	00:55:40	
375	3765	ANTÓNIO RODRIGUES	M	40	00:57:26	00:54:23	
376	1135	LUIS MIGUEL MOUTINHO	M	42	00:57:27	00:54:22	GIL EANES RUNNING
377	3854	PEDRO CABRAL	M	41	00:57:29	00:55:41	
378	620	ALBERTO SOUSA	M	43	00:57:30	00:56:28	CCD PM CASCAIS
379	1588	JORGE SILVA	M	42	00:57:31	00:55:07	PEPSICO
380	2393	GONÇALO APARÍCIO	M	40	00:57:38	00:57:20	
381	1382	CELSO COSTA	M	40	00:57:38	00:55:26	
382	2793	MANUEL CARLOS SANTOS	M	40	00:57:39	00:55:47	SERVIÇOS SOCIAIS MONTEPIO GERA
383	3789	JOÃO ALEXANDRE SANTOS	M	44	00:57:41	00:55:15	
384	951	LUÍS GOUVEIA	M	42	00:57:46	00:55:37	
385	2147	RUI FERNANDES	M	40	00:57:58	00:57:02	
386	2073	VITOR PEREIRA	M	43	00:58:00	00:54:25	
387	2002	JOSE GOMES	M	44	00:58:08	00:55:40	
388	376	PEDRO SILVEIRA	M	42	00:58:12	00:55:26	
389	4236	RICARDO GOMES	M	43	00:58:15	00:56:32	C MILLENNIUM BCP
390	2352	PAULO JORGE CARDOSO GONÇALVES	M	41	00:58:19	00:55:58	
391	697	NUNO DIOGO	M	41	00:58:24	00:55:26	
392	685	PAULO SANTOS	M	44	00:58:27	00:56:07	
393	4497	MARIO RIBEIRO	M	44	00:58:31	00:55:21	INDIVIDUAL
394	389	JOÃO ÁLVARO CAPA	M	44	00:58:33	00:56:35	LEÕES DE MOLEDO
395	3341	BARTOLOMEU PEREIRA	M	42	00:58:34	00:56:00	
396	1266	GONÇALO JORGE	M	40	00:58:35	00:55:02	
397	1594	ELIAS ROMANO DA CRUZ	M	43	00:58:36	00:55:44	
398	1041	PAULO BARATA	M	40	00:58:38	00:57:15	
399	1591	PEDRO DOMINGOS	M	42	00:58:41	00:58:27	
400	686	PAULO FAUSTINO	M	43	00:58:42	00:56:22	

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401	1301	PAULO SÁ	M	44	00:58:51	00:57:17	
402	1804	ROGÉRIO DIAS	M	43	00:58:56	00:56:46	BOM PETISCO
403	4482	PAULO MOURATO	M	41	00:58:56	00:56:45	INDIVIDUAL
404	4007	NUNO BERTON	M	42	00:58:57	00:55:51	INDIVIDUAL
405	2101	HENRIQUE KOENDERS	M	42	00:58:58	00:55:14	
406	191	JOAO GOMES	M	43	00:58:59	00:56:49	
407	233	ÁLVARO COSTA	M	43	00:59:05	00:56:42	
408	3627	JOÃO VELOSO	M	42	00:59:10	00:58:16	
409	1092	NUNO CARVALHO	M	41	00:59:15	00:56:01	
410	4557	PAULO CALIXTO	M	42	00:59:15	00:56:02	LEXUS
411	1094	JOÃO CRUZ	M	41	00:59:16	00:56:02	
412	1433	JOÃO BERNARDINO	M	40	00:59:18	00:57:31	DEVAGAR, DEVAGARINHO...
413	1579	ANTONIO ALVES	M	43	00:59:20	00:56:03	
414	3759	ANDRE VIEIRA	M	40	00:59:28	00:56:20	
415	4192	PEDRO CARVALHO	M	43	00:59:39	00:57:52	C MILLENNIUM BCP
416	4308	ANTONIO FERREIRA	M	43	00:59:40	00:59:40	FAMILIA CALADO FERREIRA
417	3404	JOSÉ OLIVEIRA	M	42	00:59:52	00:59:52	
418	3467	JOÃO PINTO	M	41	00:59:56	00:56:16	
419	2247	JOÃO PEDRO LEANDRO	M	41	01:00:00	00:56:38	
420	103	DANIEL SANTOS	M	40	01:00:04	00:58:37	VFF 1896
421	1386	CARLOS RIBEIRO	M	41	01:00:06	00:57:53	
422	4020	RUI SIMOES	M	41	01:00:08	00:58:13	GD BANCO BPI
423	2674	PAULO LEITE	M	43	01:00:09	00:58:29	
424	2522	JOSÉ JOAQUIM PIRES GIL	M	42	01:00:10	00:58:26	
425	2251	JOAQUIM RAMALHO	M	44	01:00:31	00:57:49	
426	1705	MIGUEL LAVRADOR	M	43	01:00:33	00:56:15	
427	4541	PEDRO PEDROSO	M	43	01:00:44	00:59:48	A BOLA
428	3393	NUNO TERRAQUENTE	M	42	01:01:11	00:58:28	SPORTING SEMPRE
429	3392	JOÃO CARDOSO	M	40	01:01:12	00:58:29	SPORTING SEMPRE
430	2457	SÉRGIO PATRÍCIO	M	41	01:01:17	00:58:29	
431	146	PEDRO RIBEIRO	M	41	01:01:26	00:59:54	OS SPEEDYS
432	2784	JOAO FIGUEIREDO	M	43	01:01:28	00:59:14	SERVIÇOS SOCIAIS MONTEPIO GERA
433	1137	FERNANDO LOPES	M	42	01:01:32	00:58:27	GIL EANES RUNNING
434	1940	RUI BATISTA	M	40	01:01:35	01:01:15	
435	299	PAULO DIAS	M	42	01:01:38	00:58:43	
436	917	LUÍS DELGADO	M	41	01:01:38	00:59:41	HIDRENKI
437	1744	PEDRO MIGUEL DIAS	M	41	01:01:48	00:58:22	
438	3329	ANTÓNIO RODRIGUES	M	43	01:01:52	01:00:12	
439	499	FÁBIO PIO	M	42	01:01:54	01:01:43	
440	4499	CARLOS ALMEIDA	M	41	01:01:54	00:58:28	INDIVIDUAL

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441	2332	MARCOS MADEIRA	M	40	01:01:55	00:59:39	
442	3551	MÁRIO REIS	M	40	01:02:00	00:58:21	
443	3577	RUI SEBASTIÃO	M	40	01:02:02	00:59:25	
444	2795	PAULO JESUS	M	42	01:02:11	00:59:50	SERVIÇOS SOCIAIS MONTEPIO GERA
445	1036	MIGUEL CRUZ	M	41	01:02:12	00:59:13	
446	4313	JOAO CAPAO	M	42	01:02:14	01:01:11	INDIVIDUAL
447	1306	RICARDO SARDINHEIRO	M	41	01:02:15	01:00:37	PANELA MAGICA
448	1039	PEDRO PEDROSO	M	43	01:02:28	01:02:28	
449	486	JORGE BRITO	M	44	01:02:36	00:59:40	
450	3534	JOSÉ PAIO	M	42	01:02:37	01:00:14	
451	2451	JOÃO NASCIMENTO	M	44	01:02:39	00:59:28	CCD CRÉDITO AGRÍCOLA MÚTUO
452	78	PEDRO CAMPOS D'OLIVEIRA	M	43	01:02:39	00:59:32	
453	1243	NUNO MARQUES	M	44	01:02:57	00:59:54	
454	2556	JOSÉ MANUEL BORGES DE CARVALHO	M	40	01:03:27	00:59:41	
455	3482	PEDRO CARVALHO	M	44	01:03:40	01:01:26	LEBRES DO SAGITÁRIO
456	4551	RUI P D N FERREIRA	M	41	01:03:41	01:02:16	A BOLA
457	3462	ANTÓNIO GUEDES	M	43	01:03:52	01:01:48	AÇOREANA CLUBE BANIF
458	703	RUI LOPES	M	44	01:04:01	01:00:21	
459	1989	RUI BRITO	M	42	01:04:04	01:02:58	
460	1248	JORGE JESUS	M	40	01:04:11	01:00:40	
461	61	BASILIO VIEIRA	M	43	01:04:18	01:02:45	(NOME DA EQUIPA)
462	652	FERNANDO MORAIS	M	42	01:04:20	01:04:20	
463	3798	ROGÉRIO GONÇALVES	M	44	01:04:21	01:01:22	
464	493	RICARDO FONSECA	M	41	01:04:23	01:01:15	
465	3282	PEDRO AMARAL	M	40	01:04:33	01:02:46	
466	1567	NUNO AMEIXAL	M	41	01:04:48	01:01:39	FRIENDS2RUN
467	2446	NUNO GRANDÃO	M	42	01:04:53	01:01:50	
468	952	SÉRGIO FERREIRA	M	41	01:04:56	01:02:35	
469	2998	PEDRO LEITÃO	M	40	01:05:08	01:05:08	
470	1678	PEDRO PINTO	M	40	01:05:08	01:04:04	GD CIMPOR & AMIGOS
471	4356	PAULO J JORGE	M	40	01:05:11	01:01:20	OS DUROES
472	4274	PEDRO NASCIMENTO	M	41	01:05:36	01:01:57	INDIVIDUAL
473	3291	ARTUR ALMEIDA	M	44	01:05:43	01:03:56	
474	4035	NUNO ANTUNES	M	40	01:05:48	01:02:26	INDIVIDUAL
475	2427	RUI CHAVES	M	40	01:07:00	01:05:30	CCD CRÉDITO AGRÍCOLA MÚTUO
476	3886	EDUARDO FREITAS	M	41	01:07:06	01:04:34	
477	3653	MARCO ANTUNES	M	40	01:07:20	01:01:59	AC DO CARACOL
478	314	ANTÓNIO SENA SILVA	M	43	01:07:25	01:04:45	CCD TRANQUILIDADE
479	4206	RUI COSTA	M	43	01:07:30	01:04:21	C MILLENNIUM BCP
480	1574	ANTÓNIO PINTO	M	44	01:07:50	01:04:29	

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481	15	ALFREDO NETO	M	44	01:08:33	01:08:13	C.C.R.D.BURINHOSA
482	1922	PAULO VAZ	M	41	01:08:46	01:07:02	
483	1953	ERNESTO BAIARDI	M	43	01:08:53	01:07:20	ODEBRECHT PORTUGAL
484	85	ADELINO SANTOS	M	42	01:08:53	01:05:36	
485	222	MIGUEL SILVA	M	40	01:08:59	01:07:41	CLUBE ROBBIALAC
486	728	LUÍS FERREIRA	M	43	01:09:33	01:07:14	
487	2383	JOSÉ ANTÓNIO VIEIRA DA SILVA	M	42	01:10:12	01:06:30	
488	658	CLÁUDIO TENENTE	M	40	01:10:28	01:07:23	
489	935	PEDRO MIGUEL BRITO	M	40	01:10:53	01:07:49	CRSIM 5
490	936	RICARDO MANUEL BRITO	M	40	01:10:53	01:07:49	CRSIM 5
491	2759	RUI CABRAL	M	42	01:11:01	01:08:10	
492	516	PAULO JORGE PAIXÃO	M	40	01:11:35	01:07:55	CLUBE COLABORADORES AXA
493	333	CARLOS CAPELO	M	40	01:11:39	01:09:49	OS CARACÓIS FURIOSOS
494	2773	RICARDO CORDEIRO	M	41	01:12:00	01:08:50	
495	4047	GONÇALO FERNANDES	M	40	01:12:34	01:11:22	INDIVIDUAL
496	2873	PAULO ORLANDO DE JESUS SILVA	M	42	01:13:16	01:09:42	BVB ATLETISMO
497	1887	ROGÉRIO LAVOS	M	42	01:17:07	01:17:07	
498	1840	DINIS SILVA	M	42	01:18:40	01:15:02	SCALABIS NIGHT RUNNERS
499	364	VENANCIO BRANCO	M	44	01:19:00	01:15:16	TECNOSPIE
500	2262	PAULO MARTINS	M	43	01:19:03	01:15:25	
501	2261	BRUNO SARAIVA	M	41	01:19:04	01:15:26	
502	2189	JOSÉ TEIXEIRA	M	42	01:20:10	01:16:51	KEEP CALM
503	2464	RUI CAMILO	M	40	01:20:33	01:16:49	CHOURIÇOS LEONINOS
504	1463	EDSON PIRES	M	43	01:20:57	01:20:57	
505	3642	SÉRGIO FERRARIA	M	41	01:21:47	01:18:57	CLUBE DESPORTIVO RIBEIRENSE
506	4001	MAULIDE XAVIER	M	40	01:25:47	01:25:47	INDIVIDUAL
507	1607	PAULO MOUTINHO	M	43	01:37:36	01:37:36	SURF RUNNERS
508	4374	PAULO CARDOSO	M	43	01:39:01	01:36:08	INDIVIDUAL

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2940	PEDRO V MATOS	M	49	00:35:11	00:35:11	
2	3574	FERNANDO SILVA	M	45	00:36:53	00:36:53	
3	2292	MANUEL SOARES	M	49	00:38:48	00:38:47	UNIDOS DA MANUTENÇÃO
4	1366	LUÍS PEREIRA	M	45	00:39:12	00:39:09	G.D.R. SÃO FRANCISCO DA SERRA
5	112	PEDRO TAROUCA	M	45	00:39:44	00:39:33	
6	195	ANTÓNIO CARDOSO	M	47	00:39:47	00:39:46	
7	2943	ANTÓNIO OLIVEIRA	M	48	00:39:51	00:39:43	CPT SOBRAL CEIRA
8	1841	ELIAS FORTES	M	48	00:39:52	00:39:45	
9	4144	LUIS AMORIM	M	46	00:40:12	00:40:12	CP PONTEVEL
10	34	CARLOS SOARES	M	46	00:40:24	00:40:24	C.C.R.D.BURINHOSA
11	2468	JOSE ESTEVES	M	48	00:40:42	00:40:42	
12	3337	NELSON GUEDES	M	45	00:40:48	00:40:48	
13	1412	CARLOS MARQUES	M	48	00:41:20	00:41:17	
14	1650	JOAO CALDAS	M	48	00:41:24	00:41:11	NUCLEO DESPORTIVO AUTOCOOPE
15	2883	MANUEL FERREIRA	M	46	00:41:36	00:41:36	
16	1024	RODRIGO SILVA	M	47	00:41:37	00:41:34	
17	1659	JOAO CAIRES	M	47	00:41:56	00:41:42	NUCLEO DESPORTIVO AUTOCOOPE
18	2203	PAULO SANTOS	M	47	00:42:00	00:41:53	GARMIM COEIRAS
19	2912	LUIS SILVA	M	48	00:42:00	00:40:41	
20	2880	TÚLIO COELHO	M	45	00:42:03	00:41:41	
21	4058	JOSE PENA	M	49	00:42:04	00:42:04	KEEP RUNNING
22	1618	JOAQUIM PEDRO MARQUES	M	45	00:42:10	00:41:47	
23	4158	LUIS FERREIRA	M	45	00:42:25	00:42:15	A VALE SILENCIO
24	1582	PEDRO PIRES	M	49	00:42:25	00:42:17	ASS. DE ATLETISMO LEBRES SADO
25	975	JOÃO FONSECA	M	45	00:42:27	00:42:06	ILOVEPV
26	525	JULIO ALMEIDA	M	45	00:42:31	00:40:42	CCD SINTRENSE
27	3523	CARLOS ROSADO	M	46	00:42:34	00:42:33	
28	259	JORGE GONÇALVES	M	46	00:42:36	00:42:20	A BROCA FERRAGENS
29	120	JORGE GONÇALVES	M	45	00:42:52	00:42:48	
30	1439	RAFAEL ABRUNHOSA	M	47	00:42:55	00:42:37	
31	157	NUNO MIGUEL CORREIA	M	48	00:42:56	00:42:45	GDINE
32	1071	LUÍS CALMEIRO	M	47	00:42:56	00:42:37	
33	4517	ALCIDES VARELA	M	48	00:43:00	00:42:48	C BENFICA ALG M MARTINS
34	235	CARLOS GREGO	M	45	00:43:04	00:43:04	
35	1726	MANUEL MEXIA	M	49	00:43:24	00:42:31	
36	4186	PAULO PAIS	M	49	00:43:38	00:43:33	C MILLENNIUM BCP
37	3460	JORGE CANTEIRO	M	45	00:43:42	00:43:23	AÇOREANA CLUBE BANIF
38	2818	CARLOS PINTO	M	46	00:43:45	00:43:45	
39	596	ANTÓNIO ELISIO GONÇALVES	M	49	00:43:47	00:43:39	CCDMETROLX
40	4239	PAULO TABOAS	M	48	00:44:12	00:43:16	AMINHACORRIDA.COM

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	1769	JOSÉ LUÍS DIAS	M	48	00:44:12	00:44:12	RAIL RUNNERS
42	3748	ARTUR DINIS	M	47	00:44:15	00:43:26	
43	1198	ROGÉRIO SILVA	M	49	00:44:19	00:43:59	
44	1867	JOSÉ CORUNHA	M	45	00:44:19	00:44:11	
45	4494	APOLO PEREIRA	M	45	00:44:31	00:44:23	INDIVIDUAL
46	1909	LEANDRO REIS	M	45	00:44:32	00:44:21	
47	860	CLAUDIO MIRA	M	49	00:44:34	00:44:34	GRUPO AMIGOS ATLETISMO VFXIRA
48	2568	HÉLDER FERREIRA	M	49	00:44:34	00:41:54	
49	3906	PEDRO FREITAS	M	48	00:44:38	00:44:28	
50	1954	GERRY SANITZ	M	48	00:44:45	00:44:37	ODEBRECHT PORTUGAL
51	1119	CARLOS MAGALHÃES	M	45	00:44:53	00:44:47	
52	3678	PAULOMACHADO	M	47	00:44:56	00:44:32	
53	3978	PAULO CABRITA	M	48	00:45:06	00:44:36	
54	4419	HENRIQUE GONÇALVES	M	46	00:45:15	00:45:11	SS CGD
55	4145	AMILCAR AMORIM	M	47	00:45:16	00:44:48	CP PONTEVEL
56	2646	JOAO VAZ	M	48	00:45:17	00:44:36	
57	3366	JOSE AUGUSTO MACHADO	M	46	00:45:17	00:44:27	
58	1455	PAULO SANTOS	M	46	00:45:33	00:45:26	
59	3815	ANTÓNIO MARTINS	M	48	00:45:37	00:45:02	
60	2165	MÁRIO MENDES AMARO	M	47	00:45:41	00:45:31	
61	2644	CARLOS MOORAIS	M	45	00:45:48	00:45:07	
62	4142	JORGE NEIVA	M	48	00:45:50	00:45:21	SS CGD
63	2552	MANUEL FERNANDES	M	46	00:45:55	00:45:34	
64	3461	CARLOS CANDEIAS	M	46	00:46:02	00:45:35	AÇOREANA CLUBE BANIF
65	898	JOÃO REBELO	M	47	00:46:09	00:45:14	
66	3811	FERNANDO DUARTE	M	48	00:46:09	00:46:08	DANATUR
67	4194	CARLOS RAMOS	M	48	00:46:16	00:45:45	C MILLENNIUM BCP
68	1120	HÉLDER FIGUEIREDO	M	46	00:46:17	00:45:37	
69	1931	JOÃO BAPTISTA	M	46	00:46:18	00:45:56	OS GALGOS DE TANCOS
70	3321	NUNO ANTUNES	M	45	00:46:31	00:45:54	
71	1299	ALEXANDRE FERREIRA	M	49	00:46:36	00:46:28	
72	968	INÁCIO COTOVIO	M	47	00:46:39	00:45:25	INDIVIDUAL
73	2520	RODOLFO DEYLLLOT	M	47	00:46:40	00:44:26	CLUBE DESPORTIVO RIBEIRENSE
74	4401	LUIS MACHADO	M	46	00:46:46	00:45:49	GDCT IN CASA MOEDA
75	2944	PEDRO ROQUE	M	46	00:46:57	00:46:43	CPT SOBRAL CEIRA
76	1621	LUIS FERREIRA	M	48	00:47:01	00:45:59	RUNLOVERS
77	3947	FERNANDO MANUEL LOPES GONÇALVES	M	46	00:47:01	00:46:36	
78	958	MANUEL INVERNO	M	45	00:47:02	00:45:38	
79	4170	PAULO FELICIO	M	46	00:47:06	00:45:55	C MILLENNIUM BCP
80	3971	JOSE LOPES	M	48	00:47:12	00:46:38	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	2902	PEDRO COSTA	M	46	00:47:18	00:47:03	
82	1734	ANTÓNIO FÓRNEA	M	48	00:47:22	00:46:30	
83	945	POMPEU AIRES	M	48	00:47:22	00:45:53	GRD RIBEIRA DA LAGE
84	1930	MÁRIO BERNARDINO	M	45	00:47:30	00:46:34	OS GALGOS DE TANCOS
85	1008	ABÍLIO OLIVEIRA	M	49	00:47:33	00:46:58	
86	2086	PEDRO VENTURA	M	48	00:47:40	00:47:18	
87	1779	ELIO JOAO CRISOSTOMO FIALHO	M	47	00:47:45	00:47:34	
88	948	JOÃO MARQUES	M	49	00:47:46	00:46:17	
89	4085	EDUARDO GRILO	M	47	00:47:51	00:47:24	C BENFICA ALG M MARTINS
90	1153	RUI RODRIGUES	M	48	00:47:51	00:47:30	
91	526	LUIS VIERA	M	48	00:47:52	00:47:10	CCD SINTRENSE
92	3665	JORGE DUARTE PINHEIRO	M	47	00:47:54	00:47:07	
93	946	CARLOS FERNANDES	M	46	00:48:07	00:45:57	GRD RIBEIRA DA LAGE
94	4059	JOSE NUNES	M	47	00:48:26	00:48:07	KEEP RUNNING
95	1918	JOSE MAGALHAES	M	47	00:48:27	00:47:40	
96	1511	PAULO LOURINHO	M	45	00:48:30	00:47:08	CLUBE ATLETISMO AMIGOS BELÉM
97	2310	SANTIAGO DANTAS	M	48	00:48:36	00:46:53	
98	4092	JOAO FREIRE	M	49	00:48:37	00:47:34	GDCT IN CASA MOEDA
99	2096	PAULO MATEUS	M	49	00:48:40	00:48:08	
100	2442	ANTÓNIO VARELA	M	48	00:48:43	00:48:34	
101	2153	PAULO JORGE RODRIGUES RAMOS	M	48	00:48:49	00:47:55	
102	2198	VITOR RODRIGUES	M	45	00:48:51	00:47:59	
103	1929	FERNANDO NEVES	M	45	00:48:56	00:48:00	OS GALGOS DE TANCOS
104	1452	VITOR GAMEIRO	M	48	00:48:58	00:48:48	
105	2877	JOSE AGAPITO	M	48	00:49:01	00:48:13	
106	1346	JOÃO MONTEIRO	M	46	00:49:03	00:48:31	
107	2127	CARLOS MELO	M	48	00:49:07	00:47:39	CORRER LISBOA
108	3458	PAULO FERNANDES	M	46	00:49:08	00:47:54	AÇOREANA CLUBE BANIF
109	1349	ALEXANDRE DÂMASO	M	46	00:49:09	00:48:53	AERO RUNNERS
110	3600	ANTÓNIO RODRIGUES	M	47	00:49:18	00:48:44	
111	691	FERNANDO JACINTO	M	47	00:49:19	00:49:14	GASOUTOS
112	3975	RODRIGO FERREIRA	M	45	00:49:20	00:48:47	HP SOFTWARE
113	1173	JOÃO TEIXEIRA	M	45	00:49:22	00:49:22	HAIRCUT2013
114	706	SÉRGIO COSTA	M	45	00:49:24	00:49:24	
115	3869	JOÃO FRIAS	M	47	00:49:28	00:49:09	AMIGOS ATLETISMO MAFRA
116	3403	JORGE AMARAL	M	46	00:49:31	00:49:31	
117	602	MÁRIO GONÇALVES	M	49	00:49:31	00:49:29	CCDMETROLX
118	1279	RICARDO LEAL	M	45	00:49:32	00:49:03	
119	3731	ARTUR MARTINS	M	46	00:49:33	00:49:12	
120	3539	HELDER ROMANO	M	49	00:49:35	00:49:05	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	2177	CARLOS FACHADA	M	45	00:49:37	00:48:39	
122	1110	BENTO VALENTE	M	49	00:49:37	00:49:20	OS PERIGOSOS
123	1933	ANTONIO RIBEIRO	M	49	00:49:43	00:49:14	
124	3942	HUMBERTO ROCHA BORGES	M	46	00:49:43	00:49:07	
125	39	FLORINDO SOUSA	M	47	00:49:47	00:48:41	C.C.R.D.BURINHOSA
126	1156	CARLOS MIGUEL CARVALHO PINTO	M	49	00:49:47	00:48:45	
127	396	PEDRO ANACLETO	M	45	00:49:48	00:49:42	
128	1681	PAULO PEREIRA	M	48	00:49:48	00:48:24	TARTARUGAS TEAM
129	1210	JOSÉ FARIA	M	45	00:49:49	00:48:35	
130	2225	JOAO MACEDO	M	48	00:49:53	00:49:53	
131	4243	FRANCISCO PEREIRA	M	47	00:49:59	00:48:33	AÇOREANA C BANIF
132	2344	JOAO PAULO ALMEIDA	M	47	00:50:02	00:48:57	KANINOS
133	879	FRANCISCO SEMIÃO	M	46	00:50:08	00:49:25	SEMIÃO
134	1637	ANTÓNIO RAPOSO	M	48	00:50:08	00:49:17	
135	738	AGOSTINHO COSTA	M	49	00:50:11	00:49:43	
136	4061	JOSE ANDRADE	M	49	00:50:13	00:49:53	KEEP RUNNING
137	619	ALBERTO ABREU	M	47	00:50:16	00:49:13	CCD PM CASCAIS
138	2886	CARLOS DIAS	M	49	00:50:19	00:49:16	
139	2417	JOSÉ CARLOS FERREIRA NUNES	M	45	00:50:20	00:50:04	
140	4123	FERNANDO LIMA	M	45	00:50:25	00:49:06	SS CGD
141	126	CARLOS HENRIQUE	M	47	00:50:30	00:49:45	
142	1993	VITOR CARDEIRA	M	48	00:50:41	00:50:09	
143	2330	PAULO JORGE ROCHA DA SILVA	M	46	00:50:42	00:49:18	
144	1924	FILIFE GARCIA	M	46	00:50:46	00:50:46	
145	2976	LUÍS TAVARES	M	45	00:50:52	00:50:02	
146	4346	JOAO GAVINO	M	45	00:50:54	00:50:28	BRILADA ULTRAS SPORTING
147	827	ANTONIO NOGUEIRA	M	48	00:50:57	00:50:42	
148	941	ANTONIO IRIA	M	46	00:51:11	00:49:41	CORRER LISBOA
149	183	RUI BARROS	M	45	00:51:23	00:50:31	
150	3889	CARLOS MENDES	M	48	00:51:25	00:50:39	
151	3972	FERNANDO RIO MAIOR	M	45	00:51:27	00:50:54	
152	2454	JOSÉ LUIS VIDAIS	M	45	00:51:35	00:51:22	CCD CRÉDITO AGRÍCOLA MÚTUO
153	4023	JORGE LEITE	M	45	00:51:42	00:50:25	INDIVIDUAL
154	2340	CARLOS SILVA	M	47	00:51:44	00:51:09	
155	1447	JOSE LOUREIRO	M	49	00:51:48	00:50:55	APOGMA
156	1391	LUÍS DUARTE	M	47	00:51:53	00:51:28	
157	204	CARLOS COSTA	M	49	00:51:57	00:51:10	
158	909	PAULO LOBATO DUARTE	M	49	00:51:57	00:50:59	GDCT UNICRE
159	4136	PEDRO CLAUDIO	M	46	00:52:01	00:50:14	SS CGD
160	988	FERNANDO GRAÇA	M	45	00:52:10	00:50:33	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	1762	CARLOS RITO COSTA	M	45	00:52:11	00:50:57	
162	2379	LUÍS MATOS	M	45	00:52:14	00:51:46	
163	3634	MIGUEL TRAVANCA	M	47	00:52:16	00:50:38	
164	475	CARLOS SANTOS	M	45	00:52:21	00:51:31	ASAS
165	2763	PEDRO LARANJEIRA	M	46	00:52:22	00:51:46	
166	3417	JOSÉ MARIANO	M	47	00:52:27	00:51:59	
167	2035	JOÃO JORGE	M	47	00:52:35	00:51:03	JOBRINDE - MONTES SALOIOS
168	62	VITOR MATEUS	M	45	00:52:36	00:51:04	(NOME DA EQUIPA)
169	1446	HELDER GANDARINHO	M	45	00:52:37	00:50:44	APOGMA
170	2778	ANTONIO FRANCO	M	49	00:52:43	00:50:53	SERVIÇOS SOCIAIS MONTEPIO GERA
171	953	JOÃO GRAÇA	M	47	00:52:49	00:50:23	
172	1880	PEDRO CAPELAS	M	45	00:52:51	00:51:55	SPORTING CLUBE MOITENSE
173	799	JOSÉ CARRETAS	M	49	00:52:53	00:52:30	
174	801	RUI RIJO	M	45	00:52:53	00:52:30	
175	1398	LUIS CUSTÓDIO	M	46	00:52:56	00:52:24	
176	1728	JOSÉ CARLOS DO NASCIMENTO MONTEIRO	M	49	00:52:58	00:51:25	
177	813	RUI ROMÃO	M	49	00:52:58	00:50:29	
178	3988	JOÃO PAULO PRIOLÉ	M	47	00:53:01	00:52:10	
179	2929	ARMINDO RODRIGUES	M	47	00:53:06	00:52:17	G. RECREATIVO JANZ ASSOCIADOS
180	2034	ANTÓNIO LUIS	M	46	00:53:08	00:51:35	JOBRINDE - MONTES SALOIOS
181	3322	ANTONIO FONSECA PEREIRA	M	49	00:53:13	00:52:28	
182	843	PAULO SILVESTRE	M	45	00:53:24	00:52:47	
183	1448	PAULO PIRES	M	49	00:53:25	00:52:36	APOGMA
184	4214	LEONEL BRANDAO	M	47	00:53:27	00:53:20	C MILLENNIUM BCP
185	660	ANGELO FERREIRA	M	49	00:53:35	00:52:59	
186	1174	PAULO PADRÃO	M	46	00:53:41	00:53:26	HAIRCUT2013
187	4024	RUI REIS	M	49	00:53:42	00:51:24	INDIVIDUAL
188	4682	CARLOS M A N SILVA	M	49	00:53:42	00:52:30	INDIVIDUAL
189	2748	PAULO GONÇALVES	M	46	00:53:46	00:50:32	NB RUN
190	4696	EDUARDO ROMANA	M	46	00:53:48	00:51:49	INDIVIDUAL
191	1687	JOSE RAPOSO	M	47	00:54:05	00:52:30	
192	740	JOSE MANUEL OLIVEIRA DIAS	M	48	00:54:12	00:52:24	
193	1387	PAULO PIRES	M	46	00:54:16	00:52:04	
194	4420	JOAQUIM CARRILHO	M	47	00:54:19	00:50:44	SS CGD
195	2741	FERNANDO FERNANDES (KICKBOXING)	M	48	00:54:21	00:53:44	TARTARUGAS SOLIDÁRIAS
196	1411	LUIS AZEVEDO	M	49	00:54:21	00:53:50	
197	3976	LUIS ABREU	M	46	00:54:23	00:53:50	
198	4138	RUI SANTOS	M	46	00:54:36	00:52:34	SS CGD
199	467	LUIS GARÇÃO	M	47	00:54:37	00:52:57	
200	1011	ANTONIO MESQUITA	M	48	00:54:47	00:52:11	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
201	2887	ANTÓNIO CORDA	M	46	00:54:59	00:53:57	
202	3501	ANTONIO MARQUES	M	49	00:55:01	00:51:47	
203	2498	MANUEL GOMES	M	49	00:55:03	00:53:44	CLUBE MARGINAL
204	3717	RUI XAVIER	M	47	00:55:05	00:54:15	CLUBE EDP - LISBOA
205	668	RUI VASQUES	M	48	00:55:09	00:54:05	CCD PM CASCAIS
206	1144	NUNO PITTA	M	45	00:55:10	00:53:23	
207	1269	PAULO ESTOPA	M	46	00:55:13	00:53:13	
208	751	PAULO FREIRE	M	47	00:55:14	00:54:17	
209	4271	CARLOS BARGADO	M	49	00:55:25	00:54:10	INDIVIDUAL
210	960	JOÃO COUVINHA	M	47	00:55:26	00:53:19	
211	1252	RICARDO FIGUEIREDO	M	45	00:55:36	00:53:00	
212	2320	JORGE RODRIGUES	M	49	00:55:43	00:54:25	
213	1499	ORLANDO RODRIGUES	M	49	00:55:46	00:55:15	
214	1565	PAULO BARREIROS	M	46	00:55:46	00:52:37	FRIENDS2RUN
215	2475	VITOR MANUEL CARREIRA RIBEIRO	M	49	00:55:50	00:55:50	
216	2982	PEDRO QUINA	M	48	00:55:59	00:53:02	
217	2786	JOAO CATARINO	M	47	00:56:06	00:54:26	SERVIÇOS SOCIAIS MONTEPIO GERA
218	180	JOSE COELHO	M	46	00:56:08	00:55:15	
219	4460	EMIDIO SANTOS	M	49	00:56:10	00:54:30	INDIVIDUAL
220	101	TOMÁS WIBORG	M	45	00:56:13	00:53:14	VFF 1896
221	884	JOSÉ SILVA	M	46	00:56:13	00:53:32	
222	1690	MÁRIO DIAS	M	46	00:56:15	00:54:13	
223	568	JOÃO ANTUNES	M	45	00:56:20	00:53:19	FAMÍLIA VERDE
224	4002	ANTONIO A COUTINHO	M	49	00:56:21	00:54:50	INDIVIDUAL
225	1617	JORGE MONTEIRO	M	47	00:56:23	00:54:20	
226	1023	CARLOS JOSE	M	48	00:56:31	00:56:01	OS MANOS
227	4165	EDUARDO PINTO	M	46	00:56:37	00:55:59	C MILLENNIUM BCP
228	743	PAULO CAIRES	M	45	00:56:56	00:54:43	
229	3819	MARIO SANTOS	M	45	00:56:57	00:56:43	FSG COLLONGE BELLERIVE
230	2211	ANTONIO SOARES	M	47	00:57:01	00:55:34	
231	4227	RUI RAMALHO	M	46	00:57:04	00:56:10	C MILLENNIUM BCP
232	3310	HORÁCIO FERREIRA	M	45	00:57:05	00:54:24	
233	4559	JOSE M MATA	M	46	00:57:05	00:55:47	LEXUS
234	108	PAULO FLORIDO	M	49	00:57:06	00:55:17	BREAKAWAY
235	4173	JOSE MARQUES	M	47	00:57:08	00:54:47	C MILLENNIUM BCP
236	552	NUNO LOUREIRO	M	48	00:57:15	00:54:05	FALCÕES SELVAGENS
237	4496	MARIO A GASPAR	M	49	00:57:19	00:55:51	INDIVIDUAL
238	1784	LUIS FONSECA	M	48	00:57:24	00:55:57	
239	1587	ADRIANO MATOS	M	45	00:57:31	00:55:08	PEPSICO
240	4172	MIGUEL FERREIRA	M	47	00:57:31	00:56:18	C MILLENNIUM BCP

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
241	1085	JOSÉ HENRIQUES	M	45	00:57:35	00:55:06	
242	1427	JOÃO CARDOSO	M	46	00:57:35	00:55:42	
243	1105	JOSÉ RODRIGUES	M	45	00:57:36	00:55:07	
244	413	ANTÓNIO MATOS	M	47	00:57:37	00:55:50	
245	2409	AGOSTINHO DIAS	M	48	00:57:43	00:55:09	CARAP AUS DE CORRIDA
246	218	JOSÉ VILELA	M	49	00:57:49	00:56:32	CLUBE ROBBIALAC
247	1443	CARLOS SOUSA	M	46	00:58:01	00:56:08	APOGMA
248	253	URBANO LOPES	M	45	00:58:13	00:57:58	
249	3398	PINTO ABREU	M	47	00:58:13	00:55:02	
250	3701	DAVID MARTINS	M	47	00:58:32	00:56:21	
251	3499	ANTONIO MIRANDA	M	48	00:58:40	00:55:26	
252	481	CARLOS MANUEL NUNES LOPES CARDOSO	M	49	00:58:47	00:56:19	EXEMPLIBONUS
253	4232	ANTONIO BALTAZAR	M	49	00:58:49	00:56:35	C MILLENNIUM BCP
254	3545	RUI SAMEIRO	M	45	00:58:52	00:56:28	
255	3544	PAULO MOURA	M	45	00:58:53	00:56:29	
256	1415	TOMAZ BAIROS	M	48	00:58:59	00:54:14	
257	3434	FERNANDO LEÃO	M	46	00:59:00	00:56:31	
258	3272	JOÃO DUARTE FINO	M	48	00:59:00	00:57:57	
259	2808	CARLOS MARQUES	M	47	00:59:05	00:56:12	
260	4448	JOAO VINAGRE	M	49	00:59:07	00:58:06	INDIVIDUAL
261	2745	ALVARO SILVA	M	49	00:59:07	00:56:21	
262	2129	VICTOR SANTOS	M	48	00:59:09	00:57:05	
263	432	MÁRIO MANUEL GONÇALVES DOS SANTOS	M	47	00:59:09	00:56:15	
264	3763	FERNANDO SÉRGIO SILVA	M	47	00:59:10	00:56:42	
265	816	PAULO DIAS	M	49	00:59:10	00:57:08	
266	48	PAULO PEDROSO	M	48	00:59:17	00:57:30	C.C.R.D.BURINHOSA
267	133	JORGE MANUEL MENDES PIRES	M	49	00:59:20	00:58:52	METLIFE
268	2175	PAULO AMARAL	M	47	00:59:22	00:56:28	
269	1786	FREITAS RIBEIRO	M	46	00:59:34	00:57:45	
270	109	ZELUIS DOMINGOS	M	49	00:59:35	00:57:08	
271	2792	LUIS PARDAL	M	46	00:59:37	00:57:54	SERVIÇOS SOCIAIS MONTEPIO GERA
272	1714	JORGE DIAS	M	48	00:59:41	00:57:38	
273	3542	JOSE MENDES	M	47	00:59:47	00:57:52	
274	3997	JOAO GONÇALVES	M	46	00:59:49	00:56:18	
275	3986	RUI CRUZ	M	46	00:59:58	00:58:21	
276	2638	JOÃO PEREIRA	M	47	01:00:01	00:56:32	
277	2582	JOSÉ CANCELA	M	48	01:00:02	00:57:30	
278	4137	RUI OLIVEIRA	M	48	01:00:06	00:58:02	SS CGD
279	1849	JOÃO VITORINO	M	49	01:00:11	00:59:05	SCALABIS NIGHT RUNNERS
280	3809	JOSE ROCHA	M	47	01:00:14	00:58:01	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
281	1010	PAULO JOAQUIM SOUSA FERNANDES	M	47	01:00:18	00:58:30	
282	4296	MAXIMIANO NUNES	M	46	01:00:32	00:59:09	INDIVIDUAL
283	438	VÍTOR GONÇALVES	M	46	01:01:05	00:59:38	
284	507	JOÃO PAULO PINTO	M	45	01:01:16	00:58:30	CLUBE COLABORADORES AXA
285	876	CARLOS FILIPE NUNES BARATA	M	45	01:01:32	01:00:15	
286	942	MARIO SILVA	M	46	01:01:44	00:58:19	
287	1745	RUI CARDOSO	M	47	01:01:51	00:58:23	
288	1305	LUIS LOPES	M	47	01:02:16	01:02:16	PANELA MAGICA
289	1721	ARTUR SANTOS	M	46	01:02:32	01:00:40	CROMOSSOMAS
290	1042	PAULO SANTOS	M	47	01:02:33	00:59:38	
291	1043	MÁRIO LOPES	M	46	01:02:37	00:59:40	
292	903	EDUARDO CARDOSO	M	45	01:02:43	01:02:13	GDCT UNICRE
293	649	RUI ROMANO VIEIRA	M	47	01:03:15	01:00:42	CCD PM CASCAIS
294	621	ANTONIO TAVARES	M	49	01:03:15	01:03:15	CCD PM CASCAIS
295	315	GONÇALO SÁ	M	49	01:03:37	01:01:09	CCD TRANQUILIDADE
296	3676	AMARO BRANDÃO	M	46	01:03:47	01:01:41	
297	487	JOSÉ RIBEIRO	M	48	01:04:06	01:00:46	
298	2868	RUI VEIGA	M	49	01:04:09	01:01:18	
299	4119	ANTONIO FONSECA	M	45	01:04:22	01:01:15	SS CGD
300	3480	NUNO MARQUES	M	45	01:04:24	01:02:23	
301	2549	PAULO PAIS	M	46	01:04:29	01:01:15	
302	3283	PAULO JOSÉ SANTOS AMARAL	M	47	01:04:34	01:02:47	
303	762	SÉRGIO ANTUNES	M	47	01:04:57	01:01:38	CLUBE ANACOM
304	1568	JOÃO LEITÃO	M	49	01:05:00	01:03:02	
305	2150	JOAO CARVALHO	M	45	01:05:02	01:03:00	
306	130	JOSE SALINAS	M	46	01:05:07	01:04:41	METLIFE
307	2932	RUI SANTOS	M	45	01:05:14	01:03:30	
308	2271	RUI CARLOS FERREIRA	M	45	01:05:42	01:02:17	
309	1337	JOSÉ PACHECO	M	49	01:06:09	01:02:42	
310	4424	MANUEL BRAS	M	46	01:06:15	01:04:10	SS CGD
311	2348	LUIS GASPAR	M	48	01:06:27	01:05:54	
312	4469	JOSE TABOLEIROS	M	45	01:06:56	01:03:11	INDIVIDUAL
313	1401	LUIS COSTA	M	49	01:07:10	01:04:13	
314	4400	LUIS MATOS	M	47	01:07:21	01:06:20	INDIVIDUAL
315	3908	CARLOS CRUZ	M	46	01:07:28	01:03:59	
316	3909	FERNANDO BENTO	M	45	01:07:30	01:04:00	
317	4016	PAULO GODINHO	M	47	01:07:33	01:06:48	GD BANCO BPI
318	2118	JOÃO MAIA	M	45	01:07:33	01:04:09	
319	713	CARLOS CARVALHO	M	46	01:07:42	01:04:53	
320	3375	TIAGO PINHEIRO	M	48	01:07:57	01:05:46	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
321	1664	PAULO CARVALHO	M	47	01:08:12	01:04:37	ENGENHARIALIQUIDA
322	63	CESAR FIALHO GUERRA	M	45	01:08:32	01:05:23	CTJI
323	4255	ANTONIO NASCIMENTO	M	48	01:08:47	01:06:50	INDIVIDUAL
324	1976	JORGE SILVA	M	48	01:09:13	01:06:31	
325	4300	JOSE QUINTELA	M	48	01:09:30	01:09:30	INDIVIDUAL
326	4339	RICARDO CONCEIÇÃO	M	48	01:09:42	01:09:42	BRILADA ULTRAS SPORTING
327	76	MÁRIO VALERIO	M	49	01:09:55	01:07:51	NB RUN
328	337	FERNANDO BASTO	M	47	01:10:11	01:07:10	
329	374	JOAO DIAS	M	45	01:10:13	01:07:18	
330	2323	CARLOS VIEIRA	M	45	01:10:15	01:08:45	
331	2230	LUÍS CRUZ	M	45	01:10:25	01:10:25	
332	2132	ANTONIO JORGE	M	49	01:10:30	01:07:37	
333	683	JOÃO PEREIRA	M	48	01:10:53	01:07:35	
334	2349	CARLOS MANUEL RELAMBÓRIA ROGADO	M	49	01:10:54	01:10:54	
335	2183	PRUDENTE CANELLAS	M	45	01:11:58	01:10:17	
336	2548	NUNO OLIVEIRA	M	48	01:12:08	01:09:54	
337	910	PEDRO REIS	M	45	01:13:05	01:12:06	GDCT UNICRE
338	629	ANTÓNIO CASTRO	M	46	01:13:21	01:11:15	
339	4303	ANTONIO MARQUES	M	45	01:13:30	01:10:45	INDIVIDUAL
340	2419	LIBERTO ÂNGELO SANTANA DE OLIVEIRA SANTOS	M	47	01:14:28	01:11:24	
341	4131	NUNO TAVARES	M	46	01:14:34	01:12:27	SS CGD
342	4034	JOSE MORENO	M	47	01:16:34	01:13:13	INDIVIDUAL
343	53	JOÃO GRAÇA	M	46	01:16:43	01:13:46	
344	458	ADELINO GOMES	M	45	01:18:26	01:15:34	NACIONAL FITNESS
345	3280	LUIS LOPE.S	M	48	01:19:11	01:16:31	
346	1292	LUIS MIRANDA MATIAS	M	49	01:33:49	01:30:27	SCP MAFRA
347	3980	JOSÉ PAULO DIONISIO	M	47	01:36:50	01:33:02	FAST&FURIOUS
348	3981	JOÃO MIGUEL ALMEIDA	M	46	01:36:51	01:33:05	FAST&FURIOUS
349	1979	JORGE GONÇALVES	M	48	01:37:48	01:35:04	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	3725	JOÃO CALDEIRA	M	53	00:36:24	00:36:20	LINDA-A-PASTORA SPORTING CLUBE
2	3512	JOÃO TEIXEIRA	M	51	00:36:42	00:36:42	
3	1961	JOSÉ RAIMUNDO	M	52	00:37:02	00:37:02	
4	2400	JOSÉ BORGES	M	53	00:37:51	00:37:51	
5	3893	FRANCISCO GAIO	M	51	00:38:38	00:38:33	
6	2692	JOSÉ ALBERTO LEMOS	M	52	00:39:31	00:39:24	
7	4487	JOAO COVAS	M	54	00:40:02	00:40:02	INDIVIDUAL
8	1408	JOSE BRITO	M	52	00:40:16	00:40:16	NAZA - ABOBODA
9	3753	FILIPE CARVALHEIRO	M	50	00:40:19	00:40:16	
10	2826	JOSÉ OLIVEIRA	M	52	00:40:31	00:40:30	
11	3641	JOSÉ GOMES	M	50	00:40:34	00:40:33	CLAC - ENTRONCAMENTO
12	856	VITOR NOGUEIRA	M	50	00:41:06	00:41:06	GRUPO AMIGOS ATLETISMO VFXIRA
13	1234	ARLINDO PAIXÃO	M	51	00:41:17	00:41:17	RESTAURANTEOCARTAXEIRO-CANEÇAS
14	2421	ALFREDO VALENTE	M	51	00:41:20	00:41:17	FORÇA SPORTING
15	1475	FERNANDO GARÇAO SILVA	M	50	00:41:44	00:41:44	ESCOLA ATLETISMO RUI SILVA
16	339	JOÃO COUTINHO	M	52	00:41:51	00:41:47	CORRER LISBOA
17	13	ANTÓNIO GASPAR	M	53	00:42:02	00:41:56	B. V. DE MONTEMOR-O-NOVO
18	1240	CARLOS NELSON DIAS	M	53	00:42:37	00:42:23	FAMILIA DIAS
19	1756	TEOTÓNIO NETO	M	50	00:42:40	00:42:30	ADRC MATA DE BENFICA
20	1836	EMANUEL FREITAS	M	51	00:42:52	00:42:35	
21	2135	JOSÉ GERARDO	M	52	00:43:04	00:43:04	
22	3973	JOAO MORO	M	51	00:43:37	00:43:28	
23	2533	ANTÓNIO JACINTO	M	54	00:43:46	00:43:45	AUTO JACINTO
24	597	ANTÓNIO PEREIRA	M	50	00:43:56	00:43:48	CCDMETROLX
25	14	JOSÉ CARAVELA	M	54	00:43:57	00:43:48	B. V. DE MONTEMOR-O-NOVO
26	208	PEDRO MONTEIRO	M	50	00:44:09	00:43:23	
27	947	LUIS BRANCO	M	53	00:44:16	00:42:46	GRD RIBEIRA DA LAGE
28	1429	CARLOS SOUSA	M	50	00:44:20	00:44:20	
29	2817	ALBERTO VINAGRE	M	53	00:44:21	00:44:21	
30	3502	BENTO RIBEIRO	M	52	00:44:42	00:44:18	
31	3720	JOÃO MACHADO	M	52	00:44:48	00:44:28	" OS MATRECOS"
32	1310	ANTÓNIO BENTO FERNANDES	M	51	00:44:52	00:44:52	
33	1258	ARMINDO CAIXINHA	M	50	00:44:53	00:44:28	
34	4171	FERNANDO RODRIGUES	M	50	00:44:57	00:44:50	C MILLENNIUM BCP
35	1776	JOAO BRAZ	M	50	00:45:04	00:44:58	
36	1897	JOSÉ JOAQUIM DIAS	M	53	00:45:06	00:44:14	
37	3719	RUI LOPES	M	52	00:45:07	00:44:47	" OS MATRECOS"
38	1798	JOÃO CARVALHO	M	51	00:45:32	00:44:55	
39	3564	LUIS CAETANO	M	52	00:45:38	00:44:46	
40	3275	JOÃO SEDAS NUNES	M	50	00:45:40	00:45:01	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	4397	GUILHERME GONÇALVES	M	54	00:45:40	00:45:30	C FERROV PORTUGAL
42	3833	ANTÓNIO JOÃO SOUSA	M	52	00:45:42	00:45:41	
43	17	JOSÉ MARQUES	M	51	00:45:45	00:45:45	B. V. DE MONTEMOR-O-NOVO
44	3781	CARLOS BAPTISTA	M	54	00:45:49	00:45:41	SPORTING CLUBE DE CASAINHOS
45	838	H.JORGE	M	50	00:46:04	00:45:59	
46	1882	VIRGÍLIO OLIVEIRA	M	50	00:46:04	00:45:19	SPORTING CLUBE MOITENSE
47	855	ANTÓNIO RIBEIRO	M	53	00:46:24	00:46:00	GRUPO AMIGOS ATLETISMO VFXIRA
48	1576	JOSÉ GODINHO	M	54	00:46:34	00:46:29	
49	640	ANTONIO PUCARIÇO	M	53	00:46:35	00:45:21	CCD PM CASCAIS
50	2903	RUI FEIO	M	50	00:46:48	00:46:16	
51	1444	FERNANDO FERNANDES	M	53	00:46:48	00:46:00	APOGMA
52	4056	FERNANDO PEREIRA	M	50	00:46:50	00:45:44	INDIVIDUAL
53	2131	DANIEL AUGUSTO DE CASTRO NUNES	M	54	00:46:56	00:46:30	
54	636	JÚLIO GAMITO	M	51	00:46:59	00:45:26	
55	4268	JOSE FERRAZ	M	52	00:47:03	00:46:43	INDIVIDUAL
56	2426	RUI GRAÇA	M	51	00:47:08	00:46:44	CCD CRÉDITO AGRÍCOLA MÚTUO
57	1491	VITOR SANTOS	M	51	00:47:10	00:46:47	ESCOLA ATLETISMO RUI SILVA
58	3913	ANTONIO GONÇALVES	M	53	00:47:11	00:46:31	
59	1229	VASCO GONCALVES	M	51	00:47:11	00:45:53	FAPOC
60	2430	CARLOS SILVA	M	50	00:47:26	00:47:04	CCD CRÉDITO AGRÍCOLA MÚTUO
61	1075	CONSTÂNTINO MENDÃO	M	54	00:47:33	00:47:25	ASS. DE ATLETISMO LEBRES SADO
62	18	ANIBAL SILVA	M	51	00:47:34	00:47:17	C.C.R.D.BURINHOSA
63	2772	MÁRIO JORGE SILVA	M	54	00:47:52	00:47:22	
64	4159	HERNANI SILVA	M	52	00:47:53	00:47:00	A VALE SILENCIO
65	3721	JOAQUIM MARTINS	M	54	00:47:53	00:47:17	
66	549	LUÍS REIS	M	51	00:47:54	00:47:39	FALCÕES SELVAGENS
67	502	CARLOS MANUEL VENÂNCIO	M	53	00:48:09	00:47:45	CLUBE COLABORADORES AXA
68	1417	CARLOS TEIXEIRA	M	54	00:48:15	00:47:09	
69	65	RUI VENTURA	M	53	00:48:18	00:48:01	C.C.R.D.BURINHOSA
70	2378	CARLOS GOMES	M	54	00:48:21	00:48:19	
71	4062	JOAQUIM VARANDA	M	52	00:48:25	00:48:06	KEEP RUNNING
72	1996	FERNANDO SANTOS	M	54	00:48:26	00:47:54	
73	3926	CARLOS FORTUNATO	M	51	00:48:27	00:47:50	G. A. MONSANTO/GASCAN
74	3925	CARLOS COELHO	M	53	00:48:27	00:47:50	G. A. MONSANTO/GASCAN
75	4148	MANUEL RODRIGUES	M	53	00:48:31	00:48:04	AD REAL ACADEMIA
76	2529	MÁRIO JÚLIO RODRIGUES LÚCIO	M	50	00:48:32	00:47:23	
77	534	RICARDO FRADE	M	51	00:48:38	00:47:31	CCD SINTRENSE
78	4449	PEDRO M AMORIM	M	51	00:48:47	00:47:14	INDIVIDUAL
79	1951	ADELINO PEREIRA	M	50	00:48:57	00:48:10	ODEBRECHT PORTUGAL
80	984	FERNANDO MOURA	M	52	00:49:02	00:48:20	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	3900	ANTONIO RAMALHO	M	50	00:49:16	00:48:25	
82	129	FERNANDO MARQUES	M	51	00:49:18	00:49:17	
83	1321	FRANCISCO FIGUEIREDO	M	51	00:49:18	00:48:01	
84	207	SILVINO LEMOS	M	52	00:49:36	00:49:30	
85	4514	ANTONIO FERREIRA	M	51	00:49:39	00:49:32	C FERROV PORTUGAL
86	2966	CARLOS ROCHA	M	50	00:49:49	00:48:36	
87	3541	JOSE PEREIRA	M	52	00:49:57	00:49:08	
88	1461	JOÃO PEREIRA	M	52	00:49:59	00:49:04	
89	1364	ANTÓNIO SIMÕES	M	50	00:50:10	00:50:07	G.D.R. SÃO FRANCISCO DA SERRA
90	3284	JACINTO BATISTA	M	54	00:50:16	00:49:14	
91	1941	CARLOS MIMOSO	M	51	00:50:19	00:50:08	
92	3959	JOÃO BARRETO	M	51	00:50:38	00:48:25	
93	1336	LUIS FARIA	M	51	00:50:59	00:50:45	
94	3528	VITOR SILVA	M	50	00:51:03	00:50:22	CLAC - ENTRONCAMENTO
95	4454	AFONSO COSTA	M	51	00:51:07	00:50:04	INDIVIDUAL
96	2827	ANTONIO CARDOSO	M	51	00:51:11	00:49:33	
97	1284	JOSÉ CHEIRA	M	53	00:51:13	00:49:57	
98	155	JÚLIO ROBALO	M	51	00:51:18	00:49:58	GDINE
99	3330	RUI DE CARVALHO	M	51	00:51:19	00:50:09	
100	20	MANUEL ANTONIO	M	54	00:51:26	00:51:21	B. V. DE MONTEMOR-O-NOVO
101	3768	EUGENIO BARRA	M	52	00:51:26	00:49:55	COMDOR RUNNER'S
102	2422	ANTÓNIO LIMA	M	51	00:51:31	00:51:21	FORÇA SPORTING
103	1560	ARMANDO MARTINS	M	51	00:51:39	00:50:55	
104	54	NUNO GALVÃO	M	51	00:51:52	00:51:00	SEGUNDA QUARTA SEXTA
105	1609	VASCO PEREIRA	M	50	00:52:02	00:50:14	
106	4502	JORGE FARINHA	M	54	00:52:08	00:52:05	INDIVIDUAL
107	1713	LUDGERO SANTANA	M	51	00:52:15	00:50:50	
108	2551	MANUEL CASIMIRO	M	54	00:52:16	00:50:38	
109	3279	LUIS PEREIRA	M	52	00:52:16	00:52:09	
110	4417	CARLOS LEITAO	M	51	00:52:17	00:50:30	SS CGD
111	2270	NUNO SILVA CARVALHO	M	50	00:52:19	00:51:31	
112	1180	ARLINDO MANUEL LOPES SALGUEIRO	M	51	00:52:25	00:51:44	
113	1251	MANUEL DEUS	M	50	00:52:29	00:49:53	
114	4225	MARIO MENDES	M	50	00:52:41	00:52:20	C MILLENNIUM BCP
115	199	RAÚL COSTA	M	53	00:52:57	00:51:40	CLUBE ROBBIALAC
116	4325	ANTONIO FRANÇA	M	52	00:52:58	00:50:35	INDIVIDUAL
117	777	PAULO SILVA	M	53	00:53:01	00:50:10	
118	2231	VIRGILIO CORREIA	M	52	00:53:03	00:51:43	
119	901	CARLOS M VIEGAS	M	52	00:53:18	00:52:04	
120	4362	ALFREDO LOURENÇO	M	53	00:53:20	00:52:45	INDIVIDUAL

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	43	LUIS CONCEIÇÃO	M	54	00:53:21	00:52:32	C.C.R.D.BURINHOSA
122	4613	JOSE LIBORIO	M	52	00:53:35	00:52:13	INDIVIDUAL
123	808	JORGE MORGADO	M	50	00:53:38	00:52:09	
124	403	PAULO GOMES	M	52	00:53:38	00:52:40	G:D.C PORTO DE SINES
125	1773	FERNANDO SILVA	M	51	00:53:44	00:52:14	
126	58	ARLINDO PARRA	M	53	00:53:46	00:51:13	CLUBE EDP - LISBOA
127	3522	ANTÓNIO JM SERRA	M	54	00:53:48	00:51:32	
128	1160	JOÃO JOSÉ DIAS BARROSO INFANTE	M	52	00:53:58	00:53:25	
129	2124	ALBERTO VALENTE	M	52	00:54:02	00:53:21	
130	4513	ANTONIO VENTURA	M	54	00:54:02	00:53:22	AD REAL ACADEMIA
131	1958	THELMO CUNHA	M	54	00:54:05	00:52:30	ODEBRECHT PORTUGAL
132	4121	EGIDIO SILVA	M	50	00:54:09	00:52:50	SS CGD
133	4403	JOAO BANDARRINHA	M	51	00:54:22	00:51:57	INDIVIDUAL
134	4658	RAUL M OLIVEIRA	M	50	00:54:24	00:53:49	INDIVIDUAL
135	4151	FERNANDO AVELINO	M	54	00:54:25	00:49:28	A VALE SILENCIO
136	1586	FRANCISCO JOSÉ LOMBA PASSOS	M	53	00:54:29	00:53:40	
137	3945	TIAGO BOAVIDA	M	50	00:54:32	00:52:48	
138	3769	JOAO NUNES	M	50	00:54:38	00:53:07	COMDOR RUNNER'S
139	2438	JOÃO FAUSTINO	M	51	00:54:38	00:50:56	
140	4245	LUIS ALMEIDA	M	53	00:54:41	00:53:55	LIS RUNNING CPA
141	1830	RENATO MARQUES	M	51	00:54:53	00:53:46	HK GYM
142	1570	JOSE VERMELHUDO	M	54	00:54:57	00:52:59	AERO RUNNERS
143	4476	PAULO RATO	M	51	00:54:59	00:54:00	INDIVIDUAL
144	55	LUÍS COELHO	M	51	00:55:07	00:54:16	SEGUNDA QUARTA SEXTA
145	4256	GUILHERME ROSA	M	50	00:55:11	00:54:18	INDIVIDUAL
146	4004	FRANCISCO J C E RIBEIRO	M	50	00:55:21	00:53:32	INDIVIDUAL
147	1065	CARLOS SAMPAIO	M	52	00:55:31	00:54:20	
148	4108	JOAO CABRITO	M	51	00:55:51	00:53:43	SS CGD
149	267	JOÃO PARDAL	M	52	00:56:03	00:54:20	
150	1141	ANTÓNIO BATISTA	M	54	00:56:07	00:54:27	
151	1353	JOSÉ BARATA	M	54	00:56:09	00:54:46	
152	905	GONÇALO OLIVEIRA	M	52	00:56:12	00:55:18	GDCT UNICRE
153	56	JOÃO DUARTE	M	51	00:56:18	00:52:55	
154	2546	DAMIÃO REGA	M	53	00:56:24	00:56:24	
155	2666	CARLOS MARQUES	M	54	00:56:29	00:56:29	RUN 4 FUN
156	944	ANTÓNIO TEIXEIRA	M	53	00:56:29	00:54:17	
157	3718	JULIO SANTOS	M	53	00:56:32	00:54:10	
158	2500	RUBEN COSTA	M	50	00:56:43	00:55:36	
159	3472	JOSÉ MIRANDA	M	50	00:56:48	00:55:02	AMCR FONTE GRADA
160	540	ANTÓNIO CANDEIAS	M	52	00:56:58	00:53:48	FALCÕES SELVAGENS

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	4111	ANDRE NORONHA	M	50	00:57:01	00:55:00	SS CGD
162	107	JOSÉ ANTÓNIO	M	52	00:57:06	00:55:17	BREAKAWAY
163	1345	AMÁVEL LUZ	M	53	00:57:06	00:56:35	
164	1154	JOSÉ DOS REIS RAMOS	M	52	00:57:07	00:54:50	
165	287	CARLOS FERREIRA	M	51	00:57:09	00:55:02	
166	546	JOSÉ AMARAL	M	51	00:57:14	00:54:53	FALCÕES SELVAGENS
167	2069	JOÃO GASPAR	M	50	00:57:18	00:56:02	
168	1425	VITOR RIBEIRO	M	52	00:57:18	00:57:05	
169	2754	ANTONIO BEJA	M	50	00:57:22	00:54:16	APCE
170	4404	EDGAR DAVID	M	52	00:57:23	00:54:58	INDIVIDUAL
171	4645	DECIO S CARVALHO	M	53	00:57:26	00:54:02	INDIVIDUAL
172	644	JORGE JOURDAN	M	53	00:57:32	00:56:29	CCD PM CASCAIS
173	2224	ANTONIO ALTER	M	54	00:57:35	00:55:50	
174	2067	JOAQUIM PINHEIRO	M	52	00:57:38	00:55:22	
175	2125	JOÃO LEONEL PEREIRA	M	53	00:57:41	00:55:39	
176	2412	LUÍS NETO	M	50	00:57:45	00:55:11	CARAP AUS DE CORRIDA
177	922	RUI CANAVARRO	M	50	00:57:46	00:55:51	HIDRENKI
178	2275	ALEXANDRE MANUEL BAPTISTA DA SILVEIRA COSTA	M	52	00:57:47	00:57:45	
179	1432	FRANCISCO PAULINO	M	52	00:57:52	00:56:01	
180	3532	OCTÁVIO DIAS	M	53	00:57:57	00:57:15	CLAC - ENTRONCAMENTO
181	464	ANTÓNIO MARCELO	M	52	00:58:03	00:55:56	
182	205	HUMBERTO MATOS	M	50	00:58:05	00:56:26	
183	780	JOSE CATARINO	M	50	00:58:05	00:55:09	
184	3842	JOSE SANTOS	M	53	00:58:12	00:55:09	SANTOS & FILHO
185	416	ALBERTINO PACHECO	M	51	00:58:14	00:54:32	
186	614	VITOR AFONSO	M	51	00:58:19	00:55:58	
187	41	JOSE SOARES	M	52	00:58:20	00:57:46	C.C.R.D.BURINHOSA
188	4522	ADALBERTO GRILO	M	52	00:58:25	00:55:54	C BENFICA ALG M MARTINS
189	822	HERMÍNIO CABACEIRA	M	52	00:58:31	00:55:23	
190	1250	PEDRO ALFERES	M	50	00:58:38	00:56:02	
191	2272	ALBERTINO SOARES	M	51	00:58:42	00:56:12	
192	1597	PEDRO MACHADO	M	51	00:58:46	00:57:19	RUN 4 FUN
193	1081	MÁRIO EMÍDIO	M	50	00:59:14	00:59:06	
194	1624	AGOSTINHO OLIVEIRA	M	54	00:59:14	00:56:47	
195	172	ANTONIO ANDRADE	M	51	00:59:22	00:58:58	METLIFE
196	295	ANTÓNIO CASINHAS CAPUCHO	M	51	00:59:34	00:57:06	
197	1785	JOSE FREITAS	M	50	00:59:34	00:57:44	
198	3706	ALBERTO CORREIA	M	54	00:59:37	00:56:56	
199	2079	JORGE PEREIRA	M	50	00:59:42	00:56:06	
200	914	ANTÓNIO PRELHAZ	M	51	01:00:28	00:58:34	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
201	723	NUNO ROBY AMORIM	M	51	01:00:29	00:58:53	
202	2359	ÂNGELO MARQUES	M	51	01:00:34	00:58:28	DÁ-LE!
203	3373	FREDERICO SOUSA	M	51	01:00:49	00:58:24	
204	4396	FRANCISCO LOPES	M	53	01:01:03	00:57:44	INDIVIDUAL
205	3804	HORACIO JOÃO FELGUEIRAS	M	54	01:01:13	00:58:20	
206	1058	ROMÃO VALENTE	M	52	01:01:22	00:59:32	
207	1194	CARLOS NUNES	M	53	01:01:36	00:57:46	
208	2849	CELSE COELHO	M	54	01:01:55	00:59:52	BESJOGING
209	4515	JOAQUIM HERMENEGILDO	M	51	01:02:13	00:58:52	C BENFICA ALG M MARTINS
210	3929	LUIS FILIPE ALVES	M	52	01:03:25	01:01:27	G. A. MONSANTO/GASCAN
211	3928	JOÃO PINTO	M	53	01:03:26	01:01:26	G. A. MONSANTO/GASCAN
212	2576	JOSÉ CARDOSO	M	53	01:03:50	01:02:34	
213	1636	LUIS SCHWAB	M	50	01:03:52	01:02:07	
214	2613	JOAO ALMEIDA	M	50	01:04:04	01:00:39	
215	28	JORGE COSTA	M	51	01:04:07	01:01:09	
216	105	VÍTOR LUCAS	M	51	01:04:09	01:02:19	BREAKAWAY
217	637	JÚLIO SANTOS	M	53	01:04:18	01:03:50	
218	645	JOSÉ FIALHO	M	54	01:04:22	01:03:19	CCD PM CASCAIS
219	2199	NUNO CABEDO	M	50	01:04:48	01:02:26	
220	756	ISAAC CARRÊLO	M	53	01:04:57	01:01:40	CLUBE ANACOM
221	2151	JOSÉ ABEL VELUDO TEIXEIRA PINTO	M	50	01:05:06	01:03:03	
222	4291	DIRK AUGUST	M	50	01:05:09	01:03:14	GRUPO MARADONA
223	908	PAULO FRANÇA	M	52	01:05:25	01:04:32	GDCT UNICRE
224	423	JOSÉ FÉRIA	M	53	01:05:47	01:02:11	
225	2506	REINALDO PEREIRA	M	50	01:05:53	01:05:15	
226	3934	JOAQUIM REIS	M	53	01:05:55	01:02:43	
227	1339	PAULO LOURENÇO	M	51	01:06:10	01:02:44	
228	2859	JOÃO AFONSO RODRIGUES	M	54	01:06:10	01:02:43	
229	1338	JOSE MANO	M	51	01:06:10	01:02:42	
230	4226	JORGE COLACO	M	54	01:06:32	01:03:07	C MILLENNIUM BCP
231	1718	VALENTIM NUNES	M	50	01:06:37	01:03:41	
232	1553	AMERICO MARQUES	M	51	01:07:09	01:04:26	
233	4603	LUIS MARQUES	M	51	01:07:40	01:07:17	TABAQUEIRA
234	424	MANUEL RODRIGUES	M	50	01:08:38	01:05:02	
235	3760	JOHNNY THOMASSEN	M	54	01:08:44	01:05:51	
236	3890	ALBERTO FERRAZ	M	51	01:09:36	01:06:28	
237	4388	RUI RAPOSO	M	50	01:09:43	01:07:07	INDIVIDUAL
238	604	ORLANDO SOUSA	M	52	01:10:26	01:07:14	CCDMETROLX
239	1807	CARLOS BANDEIJAS	M	54	01:11:07	01:08:43	
240	599	GUALDINO FREIRE	M	51	01:13:03	01:11:49	CCDMETROLX

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
241	1327	CARLOS CARTAXO	M	50	01:14:34	01:12:26	
242	755	CARLOS FERNANDES	M	54	01:15:05	01:12:58	CLUBE ANACOM
243	557	RUI OLIVEIRA	M	50	01:16:16	01:13:08	FALCÕES SELVAGENS
244	889	SEVERINO CRUZ	M	51	01:17:19	01:14:19	
245	3455	JOSE ALMEIDA	M	54	01:17:46	01:16:25	
246	82	JOAQUIM ABEGAO	M	53	01:17:56	01:14:35	
247	4223	FILIPE HORTA	M	50	01:21:02	01:18:00	C MILLENNIUM BCP
248	3285	JOSÉ CARVALHO	M	52	01:21:06	01:18:12	
249	2683	FERNANDO VASCONCELOS	M	50	01:21:13	01:18:08	
250	420	PAULO SILVA	M	52	01:23:21	01:23:21	
251	422	RUI CARVALHO	M	50	01:26:00	01:24:47	OAK TEAM
252	453	JOSÉ BATALHA	M	50	01:30:11	01:28:08	NACIONAL FITNESS
253	1290	VÍTOR BENTO	M	53	01:33:46	01:30:25	SCP MAFRA
254	1978	PAULO GOMES	M	53	01:37:47	01:35:06	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	4625	AMILCAR DUARTE	M	55	00:37:41	00:37:41	SPORTING C P
2	3552	ABREU MOURA	M	59	00:39:40	00:39:39	CLAC - ENTRONCAMENTO
3	4150	GERMANO SILVA	M	56	00:40:06	00:40:05	AD REAL ACADEMIA
4	2494	GRACIANO CAMPOS	M	58	00:41:09	00:41:07	
5	2539	JOAQUIM SANTOS	M	56	00:41:15	00:41:11	
6	2007	JOÃO MENDES	M	55	00:41:32	00:41:32	
7	2617	MARCOS PEREIRA	M	58	00:41:36	00:41:35	
8	4526	MANUEL PROENÇA	M	58	00:41:41	00:41:34	RB RUNNING
9	992	ANTÓNIO MERUJO	M	55	00:41:46	00:41:40	
10	4197	ANTONIO BRAGA	M	55	00:42:17	00:42:17	C MILLENNIUM BCP
11	983	ANTÓNIO FERNANDO FRANCISCO MOURO	M	57	00:43:06	00:43:03	
12	1528	JOSÉ MONTEIRO	M	58	00:43:32	00:42:45	G D C BANCO DE PORTUGAL
13	1410	ARMINDO SANTOS	M	59	00:44:05	00:43:56	NAZA - ABOBODA
14	2141	ANTÓNIO ALEXANDRE	M	55	00:44:28	00:44:25	CLUBE DE ATLETISMO DA NAZARÉ
15	4237	FLORIMUNDO SILVA	M	58	00:44:28	00:44:28	AMINHACORRIDA.COM
16	4458	AURELIO AGUIAR	M	59	00:44:52	00:44:39	A VALE SILENCIO
17	1998	MÁRIO DUARTE	M	56	00:44:57	00:44:13	
18	4434	JOSE CABRAL	M	57	00:45:04	00:44:57	CCDT AUT ALMADA
19	2731	JOSÉ NETO	M	57	00:45:12	00:45:12	TEAM NETO
20	3290	LUIS VASCONCELOS AMORIM	M	56	00:45:16	00:45:00	
21	3865	ANTÓNIO REIS	M	59	00:45:19	00:45:01	AMIGOS ATLETISMO MAFRA
22	4331	CARLOS XAVIER	M	55	00:45:34	00:45:17	INDIVIDUAL
23	4066	ANTONIO COELHO	M	58	00:45:40	00:45:09	C BENFICA ALG M MARTINS
24	2893	RUBEN SILVA	M	58	00:46:08	00:45:26	GDC FONSECAS E CALÇADA
25	1111	CARLOS SOUSA	M	57	00:46:11	00:45:55	OS PERIGOSOS
26	4167	CARLOS SANTO	M	56	00:46:24	00:45:24	C MILLENNIUM BCP
27	4125	JOAQUIM FRADE	M	59	00:46:27	00:45:23	SS CGD
28	672	MANUEL ALMEIDA	M	56	00:46:54	00:45:36	
29	4146	ALVARO PINTO	M	57	00:46:56	00:46:30	AD REAL ACADEMIA
30	1149	JOSE MANUEL VITORINO	M	57	00:47:17	00:47:03	
31	1997	ADRIANO FONTES	M	57	00:47:33	00:46:58	
32	498	ANIBAL MATEUS	M	57	00:47:39	00:46:58	
33	3705	HENRIQUE BELMAR	M	56	00:47:40	00:47:35	
34	59	CARLOS PARENTE RODRIGUES	M	57	00:47:45	00:47:36	CLUBE EDP - LISBOA
35	11	AGOSTINHO PINTO	M	59	00:47:46	00:47:42	B. V. DE MONTEMOR-O-NOVO
36	4072	RUI EMIDIO	M	57	00:47:51	00:47:06	C BENFICA ALG M MARTINS
37	1739	ANTONIO SOUSA	M	55	00:47:54	00:46:40	
38	4155	JOSE MOGA	M	56	00:47:56	00:47:43	A VALE SILENCIO
39	3923	ANTÓNIO INGLÊS	M	56	00:48:11	00:47:21	G. A. MONSANTO/GASCAN
40	844	DOMINGOS SANTOS	M	56	00:48:14	00:47:39	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	1972	OSCAR SANTOS	M	57	00:48:33	00:47:58	
42	203	ALCIDES MARQUES	M	55	00:48:34	00:47:46	
43	1109	ALCIDES NUNES	M	56	00:48:36	00:48:19	OS PERIGOSOS
44	10	ABÍLIO CATARRO	M	59	00:48:41	00:48:41	B. V. DE MONTEMOR-O-NOVO
45	38	FERNANDO MATEUS	M	56	00:49:15	00:48:09	C.C.R.D.BURINHOSA
46	1247	JOSE CARLOS	M	55	00:49:16	00:48:59	
47	2788	JOSE GUERREIRO	M	57	00:49:17	00:47:37	SERVIÇOS SOCIAIS MONTEPIO GERA
48	2591	MANUEL GONÇALVES	M	57	00:49:21	00:49:02	ESCOLA DO MOVIMENTO
49	1994	MANUEL BRÁS	M	56	00:49:30	00:47:55	
50	928	JOAQUIM BOTELHO	M	55	00:49:44	00:48:12	
51	2160	CARLOS DE VASCONCELOS	M	55	00:49:55	00:49:48	
52	853	OLIMPIO GUEDELHA	M	59	00:49:55	00:49:29	GRUPO AMIGOS ATLETISMO VFXIRA
53	4244	JACINTO PEREIRA	M	57	00:50:08	00:50:08	LIS RUNNING CPA
54	1727	ANTONIO FERREIRA	M	55	00:50:30	00:49:29	
55	1409	ANTÓNIO DUARTE	M	58	00:50:55	00:50:50	NAZA - ABOBODA
56	1376	JOÃO VERÍSSIMO	M	56	00:51:09	00:50:12	
57	4423	LUIS SANCHEZ	M	55	00:51:10	00:50:45	SS CGD
58	99	ANDRÉ WIBORG	M	55	00:51:15	00:49:47	VFF 1896
59	1957	MANUEL PAULO	M	57	00:51:24	00:50:38	ODEBRECHT PORTUGAL
60	69	VITORINO PEDROSO	M	55	00:52:03	00:51:08	C.C.R.D.BURINHOSA
61	854	JOSE SERAFIM	M	58	00:52:04	00:51:39	GRUPO AMIGOS ATLETISMO VFXIRA
62	1878	ISIDRO SERRA	M	59	00:52:11	00:51:25	SPORTING CLUBE MOITENSE
63	162	LUÍS REIS	M	59	00:52:15	00:52:03	GDINE
64	3729	JOSÉ VIAIS	M	56	00:52:16	00:51:58	
65	4648	EDIO BRAGA	M	56	00:52:19	00:50:25	INDIVIDUAL
66	2789	JOSE CARLOS GASPAR	M	55	00:52:20	00:50:30	SERVIÇOS SOCIAIS MONTEPIO GERA
67	476	JOSÉ D.MARTINS	M	56	00:52:21	00:51:31	ASAS
68	1311	CARLOS SILVA	M	57	00:52:26	00:52:09	
69	3771	MARIO RAMOS	M	56	00:52:30	00:51:17	
70	4038	ANTONIO MOEDA	M	55	00:52:38	00:51:16	INDIVIDUAL
71	221	MÁRIO BORGES	M	56	00:52:55	00:51:36	CLUBE ROBBIALAC
72	4520	JOAQUIM GRILO	M	58	00:53:00	00:51:11	C BENFICA ALG M MARTINS
73	1649	CARLOS FERREIRA	M	57	00:53:10	00:52:08	NUCLEO DESPORTIVO AUTOCOOPE
74	4700	JOSE CARDOSO	M	57	00:53:30	00:52:12	INDIVIDUAL
75	1825	ORLANDO COUTO	M	59	00:53:43	00:53:22	
76	1208	JORGE PAULINO	M	58	00:53:44	00:52:15	
77	1265	PEDRO ALMEIDA	M	55	00:53:45	00:52:21	
78	4364	JOAQUIM MAMEDE	M	57	00:54:11	00:53:23	INDIVIDUAL
79	2736	MÁRIO FILIPE	M	55	00:54:45	00:53:24	PERNETAS
80	611	JOSE COSTA	M	55	00:54:46	00:51:36	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	1812	JOSÉ FRANCISCO BAIXINHO PÉ-LEVE	M	55	00:54:53	00:51:40	
82	861	ANTÓNIO TEIXEIRA	M	55	00:54:54	00:53:03	GRUPO AMIGOS ATLETISMO VFXIRA
83	1158	VÍTOR MANUEL SIMÕES FERNANES DE CAMPOS	M	56	00:54:56	00:53:53	
84	1783	JOSE FERNANDO CRISOSTOMO FIALHO	M	55	00:55:19	00:54:40	
85	1523	ANTÓNIO LOBO	M	56	00:55:26	00:53:29	
86	3317	MARIO ALVES	M	59	00:55:56	00:53:03	SFUAP
87	1352	PAULO BENIDO	M	57	00:55:57	00:54:14	
88	1820	JOSE FERREIRA	M	58	00:56:03	00:53:44	
89	999	FERNANDO SANTOS	M	57	00:56:05	00:53:47	
90	4190	JOAQUIM FULGENCIO	M	57	00:56:09	00:55:50	C MILLENNIUM BCP
91	1950	LUIS SANTOS	M	57	00:56:21	00:56:21	ODEBRECHT PORTUGAL
92	4212	ANTONIO SANTOS	M	55	00:56:34	00:54:19	C MILLENNIUM BCP
93	1651	JOSE DIAS	M	57	00:56:35	00:55:15	NUCLEO DESPORTIVO AUTOCOOPE
94	2184	EDUARDO ÁLVARO	M	55	00:56:44	00:55:05	
95	906	JOSÉ MILAGRES	M	57	00:56:46	00:55:56	GDCT UNICRE
96	1123	JOÃO FRANCISCO PARRA CAROÇO	M	58	00:56:54	00:55:06	
97	288	FERNANDO ROCHA	M	57	00:56:56	00:55:47	
98	4391	FERNANDO GATO	M	56	00:57:02	00:56:34	INDIVIDUAL
99	1406	NUNO MENDES	M	56	00:57:11	00:55:56	
100	653	MANUEL MESTRE	M	56	00:57:14	00:54:55	
101	626	JOSÉ LACERDA	M	59	00:57:28	00:55:50	
102	3930	VITOR RODRIGUES	M	59	00:57:34	00:54:52	G. A. MONSANTO/GASCAN
103	3309	JOSÉ BAIXINHO	M	56	00:58:42	00:56:59	
104	759	MANUEL BARROS	M	57	00:58:45	00:55:29	CLUBE ANACOM
105	2889	AMANDIO DO FUNDO TAVEIRA	M	56	00:58:52	00:57:53	GDC FONSECAS E CALÇADA
106	360	AMERICO COSTA	M	56	00:59:05	00:57:18	TECNOSPIE
107	2397	HELDER MATIAS	M	58	00:59:12	00:57:06	
108	3709	CARLOS LOPES	M	55	00:59:22	00:56:42	
109	488	LUÍS BARROSO	M	55	00:59:41	00:57:11	
110	1848	JOÃO GASPAR	M	59	01:00:10	00:59:05	SCALABIS NIGHT RUNNERS
111	3553	JOAQUIM FONSECA	M	58	01:00:12	00:58:52	OS SUPER
112	2155	JOSÉ BAPTISTA	M	57	01:00:48	00:59:05	
113	1666	JORGE SILVA	M	59	01:00:54	00:59:44	
114	615	JOSÉ PEREIRA	M	57	01:01:06	00:58:45	
115	4472	LUIS ROSA	M	56	01:01:20	00:59:49	INDIVIDUAL
116	2144	CARLOS ASSUNÇÃO	M	59	01:01:21	01:00:44	CLUBE DE ATLETISMO DA NAZARÉ
117	561	RUI PEREIRA	M	58	01:01:40	00:59:09	
118	4254	ANTONIO FERRO	M	59	01:01:46	00:59:36	INDIVIDUAL
119	4312	JOSE ALIPIO	M	57	01:01:49	01:01:13	INDIVIDUAL
120	1952	ANTONIO ALVES	M	58	01:02:15	01:01:06	ODEBRECHT PORTUGAL

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Relatório por Faixas Etárias

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	3927	CONSTÂNCIO ALMEIDA	M	55	01:02:21	01:00:20	G. A. MONSANTO/GASCAN
122	1097	ANTÓNIO DOS SANTOS FONSECA	M	58	01:02:39	01:00:52	
123	2316	JOÃO PAULO CARVALHO	M	55	01:02:49	01:00:18	OS COTAS
124	661	AMÉRICO PINTO	M	58	01:03:30	01:00:35	LEÕES DE ALVERCA
125	4189	JOAO CUNHA	M	57	01:04:42	01:01:17	C MILLENNIUM BCP
126	3700	VALTER SALGADO	M	56	01:04:56	01:01:25	INDIVIDUAL
127	2315	ANTÓNIO JORGE SILVA GUERREIRO MONTEIRO	M	55	01:05:18	01:02:46	OS COTAS
128	1549	JOSÉ ALVES	M	56	01:05:32	01:02:49	
129	4431	ANTONIO COSTA	M	56	01:06:34	01:03:26	INDIVIDUAL
130	4662	MANUEL RODRIGUES	M	55	01:06:46	01:06:34	INDIVIDUAL
131	4005	VITOR M ANTUNES	M	59	01:06:52	01:04:56	INDIVIDUAL
132	877	PEDRO PINTO	M	57	01:07:20	01:04:20	OS PINTOS
133	3677	JOÃO DA CUNHA PEREIRA	M	59	01:07:21	01:06:30	
134	3407	JOSE BERNARDO	M	57	01:08:14	01:05:36	
135	4272	ANTONIO MARTINS	M	57	01:09:29	01:06:23	INDIVIDUAL
136	1675	ORLANDO GABRIEL DA SILVA FERREIRA	M	57	01:09:40	01:08:24	GD CIMPOR & AMIGOS
137	2783	JAIME GOMES	M	58	01:09:50	01:07:18	SERVIÇOS SOCIAIS MONTEPIO GERA
138	3856	EDUARDO RIBEIRO	M	57	01:10:04	01:07:31	
139	1550	LUÍS LIBÂNIO	M	57	01:10:11	01:06:45	GINJA TEAM
140	351	ARMÉNIO MENDONÇA	M	57	01:10:33	01:08:17	
141	2282	MARIO PIRES	M	55	01:10:44	01:07:14	
142	524	JOSÉ CARITA	M	55	01:10:59	01:09:02	CCD SINTRENSE
143	3744	ARTUR DINIS	M	57	01:11:14	01:09:18	
144	4465	ANGELO PEREIRA	M	55	01:11:25	01:10:23	INDIVIDUAL
145	980	CARLOS MORAIS	M	55	01:11:58	01:09:45	WALKING AND RUNNIG
146	220	AGOSTINHO MONTEIRO	M	55	01:12:04	01:08:28	
147	2848	JOSÉ ANTUNES	M	55	01:14:44	01:11:09	
148	514	PAULO BRANCO BRACONS	M	55	01:14:58	01:12:38	CLUBE COLABORADORES AXA
149	1260	JOSÉ BALINHO DO O	M	55	01:18:40	01:15:36	
150	2508	JORGE BARRIGA	M	57	01:25:10	01:21:32	
151	4045	ALFREDO MONTEIRO	M	57	01:25:57	01:22:38	INDIVIDUAL

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Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2512	MANUEL ROCHA	M	60	00:37:57	00:37:51	ROCHA
2	1826	PETER STEINHAUSEN	M	62	00:40:14	00:40:14	
3	1211	CARLOS ANTUNES	M	63	00:42:32	00:42:31	
4	577	LUIZ FERRÃO	M	62	00:43:36	00:43:32	LINDA-A-PASTORA SPORTING CLUBE
5	4157	LEONEL NEVES	M	61	00:43:42	00:43:30	A VALE SILENCIO
6	690	JOSÉ LUCAS	M	68	00:43:46	00:43:41	GASOUTOS
7	1527	ADELINO SEMEDO	M	61	00:44:30	00:44:09	G D C BANCO DE PORTUGAL
8	1736	FERNANDO ANACLETO	M	63	00:44:47	00:44:37	
9	4070	JORGE SANTOS	M	61	00:44:52	00:44:50	C BENFICA ALG M MARTINS
10	2168	JOSÉ DOS SANTOS REIS	M	61	00:45:14	00:44:58	
11	73	LUCIANO ASSUNÇÃO	M	68	00:46:42	00:46:42	
12	4329	FERNANDO GUERREIRO	M	67	00:46:58	00:46:45	INDIVIDUAL
13	1101	JOAQUIM BACALHAU	M	61	00:47:00	00:46:45	
14	2188	JOSE MANUEL LUCAS NUNES	M	69	00:47:30	00:46:48	
15	1077	MANUEL BAPTISTA	M	65	00:47:33	00:47:25	ASS. DE ATLETISMO LEBRES SADO
16	2324	JOSÉ MIRA	M	62	00:47:41	00:47:36	
17	3730	ANTÓNIO JOSÉ	M	63	00:47:45	00:47:25	
18	1992	LEONEL RODRIGUES	M	60	00:47:58	00:46:38	
19	4031	JEREMIAS S RIBEIRO	M	71	00:48:01	00:47:04	INDIVIDUAL
20	4529	ANTONIO TABORDA	M	64	00:48:29	00:46:33	SS CGD
21	1457	VICENTE DIAS	M	60	00:48:46	00:48:30	
22	1735	IDALÉCIO BARROS	M	60	00:48:46	00:48:30	
23	2291	MIGUEL BARBOSA	M	60	00:48:54	00:48:47	UNIDOS DA MANUTENÇÃO
24	4518	ALBINO NEIVA	M	68	00:48:59	00:46:34	C BENFICA ALG M MARTINS
25	3957	TAM AFONSO	M	61	00:49:21	00:48:59	AÇOREANA CLUBE BANIF
26	4626	ARMANDO ALDEGALEGA	M	76	00:49:27	00:49:27	SPORTING C P
27	4402	ROMAO BANDARRINHA	M	76	00:49:29	00:47:04	INDIVIDUAL
28	2157	JOSÉ COELHO	M	64	00:49:51	00:49:51	
29	3326	JOSE CARLOS ARAUJO REGO	M	60	00:50:24	00:49:54	
30	2550	FERNANDO JB FERNANDES	M	61	00:50:29	00:50:17	
31	1059	JOSÉ GALVEIA	M	61	00:51:01	00:50:42	
32	2303	LEONEL PIRES	M	70	00:51:17	00:49:59	3WALK'S
33	3612	JOAQUIM MOURA	M	64	00:51:20	00:50:41	CLAC - ENTRONCAMENTO
34	1462	JOÃO TORRADO	M	65	00:51:32	00:50:37	
35	3518	JOSÉ MARIA PEDRO	M	60	00:51:33	00:49:44	
36	563	JOÃO DUARTE BATISTA FERNANDES	M	66	00:51:35	00:50:58	
37	4127	JOSE ALVES	M	64	00:51:45	00:49:19	SS CGD
38	480	JOSÉ PEDRO FERRABELO	M	61	00:51:57	00:50:55	ASAS
39	1873	ANTÓNIO PRIMOR	M	72	00:52:10	00:51:26	SPORTING CLUBE MOITENSE
40	1132	ORLANDO MANUEL MESTRE CRUZ	M	65	00:52:30	00:52:24	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	4504	ARTUR GOMES	M	68	00:52:30	00:50:27	INDIVIDUAL
42	2980	ANTONIO VIEIRA	M	65	00:52:31	00:50:09	
43	393	RUI AMARAL PINTO	M	62	00:52:34	00:52:23	VIP16
44	4069	JORGE JESUS	M	61	00:52:44	00:52:15	C BENFICA ALG M MARTINS
45	1879	JOSÉ SAPO	M	65	00:52:45	00:51:23	SPORTING CLUBE MOITENSE
46	91	MANUEL MARTINS	M	60	00:52:46	00:51:13	UNIÃO FCI DE TOMAR
47	1522	JOAQUIM BORRALHO	M	67	00:53:03	00:51:30	G D C BANCO DE PORTUGAL
48	2103	AVELINO VESTIAS	M	64	00:53:05	00:53:05	
49	4523	JOSE COUTO	M	62	00:53:05	00:49:48	C BENFICA ALG M MARTINS
50	3961	JOSÉ REIS	M	60	00:53:08	00:50:57	
51	1510	GILBERTO CONÇALVES	M	65	00:53:08	00:51:45	CLUBE ATLETISMO AMIGOS BELÉM
52	3313	RUI ABREU	M	67	00:53:09	00:49:35	CITROEN RUN
53	2937	JOSÉ BERNARDINO	M	62	00:53:17	00:51:03	
54	4436	JOAQUIM FERNANDES	M	64	00:53:22	00:52:42	CCDT AUT ALMADA
55	4455	JORGE MARQUES	M	61	00:53:36	00:52:01	INDIVIDUAL
56	482	ISAC DINIS	M	63	00:53:43	00:52:39	ASAS
57	4246	AUGUSTO FERREIRA	M	65	00:53:45	00:53:27	INDIVIDUAL
58	1881	RAUL NEVES	M	61	00:54:04	00:52:42	SPORTING CLUBE MOITENSE
59	4128	JOSE GUIA	M	65	00:54:09	00:52:40	SS CGD
60	2148	CARLOS TEIXEIRA	M	64	00:54:11	00:54:05	
61	4177	JOSE RODRIGUES	M	64	00:54:16	00:53:24	C MILLENNIUM BCP
62	3990	FRANCISCO PRATES	M	66	00:54:20	00:52:21	ASS. DE ATLETISMO LEBRES SADO
63	3559	MANUEL RIBEIRO	M	60	00:54:30	00:51:16	
64	1827	JOAQUIM QUEIROZ LOPES	M	66	00:54:48	00:53:22	
65	2423	ANTÓNIO PAIS	M	67	00:55:06	00:52:48	VALE DE MADEIROS SC
66	2564	ARMANDO ANDRADE	M	69	00:55:07	00:52:47	
67	2296	LUÍS BRAZÃO	M	65	00:55:09	00:55:09	UNIDOS DA MANUTENÇÃO
68	4459	CARLOS PORTO	M	63	00:55:10	00:52:51	INDIVIDUAL
69	3932	FRANCISCO MARIA RAMALHO	M	71	00:55:15	00:53:45	
70	2140	JOAQUIM MACATRÃO	M	72	00:55:20	00:55:15	CLUBE DE ATLETISMO DA NAZARÉ
71	3379	ANTÓNIO ALVES	M	61	00:55:29	00:54:51	
72	4304	JOSE BALEIRAS	M	65	00:56:00	00:54:14	INDIVIDUAL
73	1914	ALCEU PAULO	M	63	00:56:01	00:53:06	
74	4440	JORGE OLIVEIRA	M	63	00:56:10	00:56:10	C FERROV PORTUGAL
75	1026	LUIZ RIBEIRO ROSA	M	61	00:56:12	00:54:49	CLUBE ATLETISMO AMIGOS BELÉM
76	4409	JOAQUIM RODRIGUES	M	73	00:56:15	00:54:19	GDCT REPSOL
77	2398	FRANCISCO LINHOL	M	60	00:56:19	00:54:19	
78	4353	MANUEL ALVES	M	61	00:56:27	00:55:31	INDIVIDUAL
79	4479	CARLOS SOARES	M	69	00:56:28	00:55:16	INDIVIDUAL
80	4089	JOAQUIM COSTA	M	63	00:56:30	00:53:08	C BENFICA ALG M MARTINS

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Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	3710	DIOGO ARRAIAS	M	60	00:56:37	00:55:21	OS ARRAIAS
82	444	JOAQUIM FEIJOO	M	66	00:56:39	00:55:03	
83	477	ANTÓNIO S.MARQUES	M	65	00:56:41	00:55:40	ASAS
84	3699	JOAQUIM FERREIRA	M	77	00:57:18	00:56:17	INDIVIDUAL
85	3690	FERNANDO J G GIL	M	62	00:57:27	00:54:57	INDIVIDUAL
86	1788	JOAQUIM BENTES	M	64	00:57:32	00:55:44	
87	3916	LUIS MANUEL MOTA FERREIRA	M	60	00:57:36	00:55:11	
88	4411	MANUEL SEQUEIRA	M	64	00:57:37	00:55:44	GDCT REPSOL
89	2496	FRANCISCO COITO	M	62	00:57:53	00:56:35	CLUBE MARGINAL
90	4684	ANTONIO BESSONE BASTOS	M	69	00:57:53	00:57:53	INDIVIDUAL
91	4118	ANTONIO CARPINTEIRO	M	69	00:57:55	00:56:20	SS CGD
92	4441	ARSENIO FACAS	M	64	00:57:56	00:56:35	C FERROV PORTUGAL
93	1524	ANTÓNIO PEREIRA	M	73	00:57:59	00:57:49	G D C BANCO DE PORTUGAL
94	1226	AUGUSTO CARIA	M	62	00:58:10	00:56:28	
95	4063	NUNO GONÇALVES	M	61	00:58:18	00:57:57	KEEP RUNNING
96	355	FERNANDO CLAUDINO	M	62	00:58:19	00:55:47	
97	4418	FRANCISCO CLERIGO	M	61	00:58:29	00:56:30	SS CGD
98	4122	ELISEU PINTO	M	64	00:58:35	00:56:36	SS CGD
99	4437	JOAQUIM MACHADO	M	61	00:58:47	00:58:15	CCDT AUT ALMADA
100	1899	ADERITO CARRELHAS	M	60	00:59:01	00:57:02	
101	3340	JOSÉ BARRIGA	M	69	00:59:19	00:59:19	
102	3338	JOSÉ SOUSA	M	66	00:59:19	00:59:19	
103	3468	ANTÓNIO CIPRIANO	M	69	00:59:21	00:58:01	AMCR FONTE GRADA
104	3292	EDMUNDO CARDEIRA	M	67	00:59:24	00:57:28	
105	4257	AMADEU SILVA	M	66	00:59:38	00:59:02	INDIVIDUAL
106	682	LUIS LARA	M	64	00:59:42	00:56:58	
107	2557	ANTONIO FONSECA	M	68	00:59:43	00:58:25	
108	618	HÉLIO GODINHO	M	64	00:59:49	00:56:29	
109	258	DOMINGOS PIRES	M	61	00:59:49	00:56:31	
110	4485	FERNANDO GUERRA	M	72	00:59:51	00:59:14	INDIVIDUAL
111	1803	FERNANDO LOURENÇO	M	64	00:59:55	00:57:45	BOM PETISCO
112	3761	DAVIDE PEREIRA	M	60	01:00:03	00:57:42	
113	1581	ILÍDIO MONTEIRO	M	64	01:00:19	00:58:41	
114	239	ANTÓNIO ALBERTO COELHO MONTEIRO	M	67	01:00:20	00:57:21	MEGATREFES
115	3614	MANUEL MAIA	M	74	01:00:26	00:59:42	CLAC - ENTRONCAMENTO
116	3773	JOSÉ VIEGAS	M	60	01:00:28	00:58:59	JUBASTEAM
117	2560	ANTÓNIO FERREIRA	M	65	01:00:33	00:58:35	
118	4435	JOSE GONÇALVES	M	63	01:00:35	00:59:28	CCDT AUT ALMADA
119	4120	AURELIO CALADO	M	65	01:00:55	00:58:03	SS CGD
120	437	GUILHERME NUNES	M	64	01:01:05	00:59:40	

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Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	4432	ARMANDO GONÇALVES	M	62	01:01:16	01:00:43	CCDT AUT ALMADA
122	674	ANTÓNIO JESUS	M	70	01:01:22	00:59:37	
123	4286	JOAO BRANCO	M	67	01:01:33	00:58:45	AAE BNU
124	3741	JOAQUIM LOPES	M	65	01:01:57	00:59:09	
125	3904	ANTONIO DOMINGOS	M	67	01:02:06	01:00:15	
126	2729	HERACLIDES CHAPARRO	M	63	01:02:08	00:56:43	
127	4067	JOSE P CARLOS	M	67	01:02:13	00:58:51	C BENFICA ALG M MARTINS
128	4287	MANUEL OLIVEIRA	M	75	01:02:25	00:59:36	AAE BNU
129	3924	ANTÓNIO REYES	M	60	01:02:26	01:00:28	G. A. MONSANTO/GASCAN
130	4093	JOSE ABREU	M	66	01:02:27	00:59:38	GDCT IN CASA MOEDA
131	3914	ANTÓNIO ESPADA	M	67	01:02:44	01:00:19	
132	2443	JOAQUIM DIREITINHO CAPUCHO	M	63	01:02:46	00:59:56	
133	1509	ANTONIO MAIA	M	67	01:03:13	00:59:23	VECOFABRIL
134	4187	FERNANDO FERREIRA	M	68	01:03:21	01:01:47	C MILLENNIUM BCP
135	2117	ANTÓNIO PEDRO	M	61	01:03:32	00:59:59	
136	4249	ANTONIO FERNANDES	M	77	01:03:36	01:03:36	INDIVIDUAL
137	1445	JOÃO QUITALO	M	62	01:04:00	01:02:08	APOGMA
138	3813	ALEXANDRINO ADOLFO MALHEIRO	M	62	01:04:15	01:01:08	
139	651	ALBINO MOURA	M	68	01:04:19	01:04:19	
140	2947	MANUEL PEREIRA	M	60	01:04:50	01:02:36	
141	2688	MÁRIO LOURENÇO COSTA	M	61	01:05:12	01:01:49	
142	4182	CARLOS TOME	M	63	01:05:12	01:01:40	C MILLENNIUM BCP
143	3838	ANTÓNIO LEITÃO	M	72	01:05:27	01:03:30	
144	4180	LUIS OLIVEIRA	M	64	01:05:31	01:02:47	C MILLENNIUM BCP
145	4405	MANUEL SANTOS	M	67	01:05:43	01:03:06	GDCT REPSOL
146	3796	ANTÓNIO PAULINO	M	61	01:05:45	01:02:50	
147	450	FRANCISCO ALMEIDA	M	67	01:06:02	01:03:44	
148	1629	JOÃO SILVA	M	66	01:06:22	01:03:52	CORRE@CORRER
149	3469	FRANCISCO CIPRIANO	M	72	01:06:34	01:04:00	AMCR FONTE GRADA
150	1224	RUI EUSÉBIO	M	68	01:06:44	01:04:06	
151	4231	NELSON GUIMARAES	M	67	01:06:51	01:05:51	C MILLENNIUM BCP
152	4091	ANTONIO NASCIMENTO	M	73	01:06:59	01:04:10	GDCT IN CASA MOEDA
153	2730	ANTÓNIO HORTA	M	60	01:07:47	01:04:25	
154	4414	CARLOS CARMO	M	61	01:07:54	01:05:38	GDCT REPSOL
155	4006	CARLOS A V PEDRO	M	68	01:07:57	01:06:39	INDIVIDUAL
156	2137	VITOR LOURAÇO	M	68	01:08:13	01:06:14	
157	4410	JULIO MILHARADAS	M	62	01:09:20	01:07:22	GDCT REPSOL
158	3991	JOAQUIM PEREIRA	M	74	01:09:21	01:09:15	ASS. DE ATLETISMO LEBRES SADO
159	1811	HELDER MAGALHÃES	M	72	01:09:26	01:06:35	
160	4408	AMADEU FERREIRA	M	72	01:09:32	01:08:09	GDCT REPSOL

CORRIDA SPORTING 2014 - 12/10/2014

Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	2404	JOSÉ MENDES	M	62	01:10:20	01:06:39	
162	1891	AGANTE NUNO	M	67	01:10:33	01:08:14	
163	3695	CARLOS A L BARREIRAS	M	66	01:10:36	01:09:03	INDIVIDUAL
164	4594	CARLOS MARTINS	M	71	01:10:43	01:07:19	INDIVIDUAL
165	1806	JOAO GOMES	M	63	01:11:08	01:08:44	
166	1653	JOAO GRAÇA	M	74	01:11:11	01:07:45	NUCLEO DESPORTIVO AUTOCOOPE
167	4591	NELSON A NAVE	M	64	01:11:26	01:08:29	INDIVIDUAL
168	2267	AMÉRICO DIAS VAZ	M	60	01:11:45	01:08:59	
169	4351	MARIO RIBEIRO	M	79	01:12:09	01:12:09	INDIVIDUAL
170	4046	AGENOR FERNANDES	M	70	01:12:33	01:11:23	INDIVIDUAL
171	598	FERNANDO CUNHA FERNANDES	M	62	01:13:02	01:09:41	CCDMETROLX
172	852	DOMINGOS COSTA	M	66	01:13:42	01:12:48	CDUL
173	4305	JOSE AFONSO	M	62	01:14:10	01:10:53	INDIVIDUAL
174	1759	RUI HENRIQUES	M	67	01:14:22	01:11:18	ADRC MATA DE BENFICA
175	3993	CARLOS CORREIA	M	66	01:15:10	01:11:30	CARDADOR CORREIA
176	2811	JORGE DOMINGUES	M	61	01:15:11	01:11:29	
177	4681	JOSE J G SALVADOR	M	65	01:15:49	01:12:11	INDIVIDUAL
178	479	JOÃO BEIRÃO	M	61	01:18:11	01:15:33	ASAS
179	229	BERNARDO PARAIBA	M	60	01:18:39	01:15:35	
180	1754	ANTÓNIO NUNES	M	74	01:18:59	01:15:15	
181	3684	ROBERT JOHNSON	M	65	01:20:25	01:17:43	
182	4263	JOSE ARRUDA	M	65	01:20:51	01:17:13	INDIVIDUAL
183	4301	JORGE SOBRAL	M	76	01:22:54	01:19:22	INDIVIDUAL
184	1242	JAIME PALMA	M	70	01:23:01	01:19:56	
185	579	ARMÉNIO ANDRADE	M	62	01:24:51	01:22:26	ACS-AMIGOS CORRIDA SALVATERRA
186	1498	FERNANDO MARQUES	M	68	01:25:44	01:25:44	
187	3844	ANTÓNIO BORGES	M	72	01:25:56	01:23:09	
188	3426	HELDER VERÍSSIMO	M	64	01:29:27	01:26:29	
189	4590	ANTONIO F RODRIGUES	M	81	01:29:47	01:27:10	INDIVIDUAL
190	4699	MANUEL MORAIS	M	73	01:29:56	01:26:22	INDIVIDUAL
191	2709	JOSÉ DIAS FERREIRA	M	67	01:34:10	01:30:31	
192	4698	AMANDIO MACHADO	M	72	01:34:41	01:31:08	INDIVIDUAL