

| Posição | Dorsal | Nome                              | Género | Equipa  | Categoria | Tempo    | Chip     |
|---------|--------|-----------------------------------|--------|---|-----------|----------|----------|
| 1       | 688    | Jose moreira                      | M      | Sporting Clube Portugal                                     | VET 35    | 00:31:01 | 00:31:00 |
| 2       | 833    | carlos manuel martins costa costa | M      | c.d.s.salvador do campo                                     | Séniiores | 00:31:08 | 00:31:08 |
| 3       | 464    | Vitor Oliveira                    | M      | Maia ac   | VET 35    | 00:31:24 | 00:31:24 |
| 4       | 486    | Rui Muga                          | M      | Clube Académico de Mogadouro                                | Séniiores | 00:31:29 | 00:31:28 |
| 5       | 709    | Joao Almeida                      | M      | Escola de Atletismo de Coimbra - JPaiva                     | Séniiores | 00:32:00 | 00:32:00 |
| 6       | 58     | Vitor Santos                      | M      | FIAES SPORT CLUB  | VET 40    | 00:32:33 | 00:32:33 |
| 7       | 712    | ANTÓNIO JOAQUIM SOARES FERNANDES  | M      | GRUPO DESPORTIVO E CULTURAL DE GUILHOVAI                    | VET 50    | 00:32:59 | 00:32:58 |
| 8       | 331    | toze castro                       | M      | FIAES SPORT CLUB  | VET 35    | 00:33:13 | 00:33:12 |
| 9       | 164    | Paulo Pereira                     | M      | GRUPO DESPORTIVO E CULTURAL DE GUILHOVAI                    | VET 40    | 00:34:06 | 00:34:05 |
| 10      | 565    | Ulisses Lopes                     | M      | SPECIFIC  | VET 50    | 00:34:07 | 00:34:07 |
| 11      | 185    | Ricardo Gaspar                    | M      | Escola de Atletismo de Coimbra - JPaiva                     | Séniiores | 00:34:11 | 00:34:10 |
| 12      | 216    | Ricardo Silva                     | M      | FIAES SPORT CLUB  | Séniiores | 00:34:18 | 00:34:18 |
| 13      | 611    | João Sá                           | M      |   | VET 35    | 00:34:43 | 00:34:42 |
| 14      | 244    | José Henrique                     | M      | FIAES SPORT CLUB  | VET 35    | 00:34:54 | 00:34:52 |
| 15      | 862    | António Sousa                     | M      | RIPOLINS GRIJÓ A CORRER                                     | VET 45    | 00:35:01 | 00:35:00 |
| 16      | 919    | Paulo Rocha                       | M      | RunRiver-Escola Atletismo de Rio Tinto                      | VET 35    | 00:35:02 | 00:35:01 |
| 17      | 389    | Paulo Pinto                       | M      |   | VET 40    | 00:35:18 | 00:35:17 |
| 18      | 527    | Hugo Santos                       | M      | Nascidos para Correr  | VET 35    | 00:35:23 | 00:35:21 |
| 19      | 63     | Claudio Costa                     | M      | FIAES SPORT CLUB  | VET 35    | 00:35:31 | 00:35:31 |
| 20      | 635    | Diogo Migueis                     | M      | AMA Associação Mondim Atletismo                             | Séniiores | 00:35:35 | 00:35:34 |
| 21      | 929    | Hugo Moreira                      | M      |   | Séniiores | 00:35:35 | 00:35:32 |
| 22      | 626    | António Silva                     | M      | Clube Independentemente de Argoncilhe                       | VET 45    | 00:35:39 | 00:35:39 |
| 23      | 948    | José Pais                         | M      | Inno  | VET 45    | 00:35:53 | 00:35:53 |
| 24      | 339    | Mário Silva                       | M      | Acrs Desterro-Napo  | VET 55    | 00:36:01 | 00:35:58 |
| 25      | 482    | Salviano Ferreira                 | M      | Arada Atlético Clube  | VET 40    | 00:36:01 | 00:35:59 |
| 26      | 187    | Emanuel Diogo                     | M      | G.D.R. São Francisco da Serra                               | Séniiores | 00:36:02 | 00:36:00 |
| 27      | 662    | norberto silva                    | M      | FIAES SPORT CLUB  | VET 40    | 00:36:16 | 00:36:16 |
| 28      | 652    | Miguel Figueiredo                 | M      | Individual  | VET 45    | 00:36:22 | 00:36:20 |
| 29      | 521    | Helder Robalinho                  | M      |   | Séniiores | 00:36:24 | 00:36:23 |
| 30      | 458    | Pedro Henrique Torres Alves       | M      | GD CASTELENSE   | Séniiores | 00:36:27 | 00:36:18 |
| 31      | 883    | António Jesus                     | M      | Nascidos para Correr  | VET 55    | 00:36:27 | 00:36:26 |
| 32      | 737    | Pedro Esteves                     | M      | C.F. Os Belenenses  | VET 40    | 00:36:32 | 00:36:30 |
| 33      | 735    | Bárbara Correia de Oliveira       | F      | Recreio Desportivo de Águeda                                | Séniiores | 00:36:43 | 00:36:43 |
| 34      | 858    | RICARDO CASTRO                    | M      | RIPOLINS GRIJÓ A CORRER                                     | Séniiores | 00:36:54 | 00:36:53 |
| 35      | 231    | patricio leal silva castro        | M      | n.a.taipas  | VET 40    | 00:36:57 | 00:36:56 |
| 36      | 543    | Paulo Silva                       | M      | Nascidos para Correr  | VET 35    | 00:36:58 | 00:36:57 |
| 37      | 689    | Justyna Wojcik                    | F      | ACD São João da Serra                                       | Séniiores | 00:36:58 | 00:36:57 |
| 38      | 456    | Ivan Silva                        | M      | EDV Viana Trail   | VET 35    | 00:36:59 | 00:36:57 |
| 39      | 334    | filipe fontes                     | M      | clube atletismo ovar  | VET 45    | 00:37:01 | 00:36:56 |
| 40      | 918    | Bruno Andret Ribeiro Silva        | M      | Wikaboo   | VET 35    | 00:37:15 | 00:37:11 |
| 41      | 494    | fernando ferreira                 | M      | gd guilovai   | VET 50    | 00:37:19 | 00:37:17 |
| 42      | 911    | Andreia Santos                    | F      | Run Tejo  | Séniiores | 00:37:21 | 00:37:17 |
| 43      | 499    | Domingos Silva                    | M      | Nascidos para Correr  | VET 35    | 00:37:38 | 00:37:38 |
| 44      | 513    | Francelino Resende                | M      | Nascidos para Correr  | VET 45    | 00:37:38 | 00:37:38 |
| 45      | 733    | PEDRO TERRA                       | M      | Serviços Sociais Trabalhadores Município S. João da Madeira | VET 60    | 00:37:47 | 00:37:45 |
| 46      | 124    | Jorge Brito                       | M      | Gaienses/Toyota   | VET 50    | 00:37:52 | 00:37:49 |
| 47      | 238    | Renato Almeida                    | M      |   | Séniiores | 00:37:58 | 00:37:56 |

| Posição | Dorsal | Nome                            | Género | Equipa   | Categoria | Tempo    | Chip     |
|---------|--------|---------------------------------|--------|--|-----------|----------|----------|
| 48      | 418    | Ruben Almeida                   | M      | Caldas S. Jorge Sport Clube                          | Séniiores | 00:38:02 | 00:37:49 |
| 49      | 903    | António José da Cunha Lourenço  | M      | Individual   | VET 45    | 00:38:11 | 00:38:10 |
| 50      | 387    | Paulo Maia                      | M      | Arada Atlético Clube                                 | VET 45    | 00:38:12 | 00:38:06 |
| 51      | 847    | Rui Tavares                     | M      | RIPOLINS GRIJÓ A CORRER                              | VET 40    | 00:38:15 | 00:38:15 |
| 52      | 949    | Joana Fonseca                   | F      | Inno   | Séniiores | 00:38:20 | 00:38:20 |
| 53      | 453    | Bruno Rodrigues                 | M      | Rundiculous  | VET 35    | 00:38:23 | 00:38:07 |
| 54      | 794    | Marcos Fernández Monzón         | M      |  | VET 40    | 00:38:30 | 00:38:20 |
| 55      | 196    | José Godinho                    | M      | Afis/Ovar  | VET 45    | 00:38:34 | 00:38:28 |
| 56      | 207    | António Cristóvão               | M      | C.D.C.Guilhovai                                      | VET 35    | 00:38:34 | 00:38:32 |
| 57      | 281    | Manuel Oliveira                 | M      | SPECIFIC   | VET 45    | 00:38:44 | 00:38:39 |
| 58      | 798    | Filipe Almeida                  | M      |  | VET 35    | 00:38:46 | 00:38:43 |
| 59      | 463    | Ricardo Pereira                 | M      | #lobosolitário                                       | VET 35    | 00:38:50 | 00:38:42 |
| 60      | 884    | Armando Pereira                 | M      | Nascidos para Correr                                 | Séniiores | 00:38:51 | 00:38:48 |
| 61      | 396    | Abilio Ribeiro                  | M      | Trilhos de Espinho                                   | VET 45    | 00:38:58 | 00:38:54 |
| 62      | 650    | Andreia cunha                   | F      | Individual   | Séniiores | 00:39:03 | 00:39:01 |
| 63      | 544    | Paulo Pilroto                   | M      | Nascidos para Correr                                 | VET 45    | 00:39:08 | 00:39:07 |
| 64      | 142    | David da Silva Fernandes        | M      | GRUPO DESPORTIVO E CULTURAL DE GUILHOVAI             | VET 60    | 00:39:14 | 00:39:12 |
| 65      | 664    | Marco Peixoto                   | M      |  | Séniiores | 00:39:21 | 00:39:11 |
| 66      | 251    | Tozé Amorim                     | M      | FIAES SPORT CLUB                                     | VET 45    | 00:39:24 | 00:39:24 |
| 67      | 338    | Rogério Campos                  | M      | clube atletismo ovar                                 | VET 50    | 00:39:33 | 00:39:29 |
| 68      | 701    | Casimiro Galhardo               | M      | CBPTCarcabelos Synergie                              | VET 60    | 00:39:34 | 00:39:32 |
| 69      | 73     | Francisco Teixeira              | M      | A. R. Luz e Vida Gondomarense                        | VET 50    | 00:39:41 | 00:39:38 |
| 70      | 699    | Sergio Claro                    | M      | CBPTCarcabelos Synergie                              | Séniiores | 00:39:47 | 00:39:43 |
| 71      | 182    | Hélio Ferreira                  | M      | H vet aveiro   | Séniiores | 00:39:49 | 00:39:43 |
| 72      | 921    | Liliana Rocha                   | F      | RunRiver Escola Atletismo Rio Tinto                  | VET 35    | 00:39:53 | 00:39:50 |
| 73      | 926    | André Soares                    | M      | RunRiver Escola Atletismo Rio Tinto                  | VET 35    | 00:39:54 | 00:39:51 |
| 74      | 853    | Paulo Fernandes                 | M      | RIPOLINS GRIJÓ A CORRER                              | VET 45    | 00:40:00 | 00:40:00 |
| 75      | 436    | Jose Miguel                     | M      | Gaienses/Toyota                                      | VET 45    | 00:40:03 | 00:39:59 |
| 76      | 704    | Cátia Galhardo                  | F      | CBPTCarcabelos Synergie                              | Séniiores | 00:40:05 | 00:40:03 |
| 77      | 44     | André Santos                    | M      | Afis/Ovar  | Séniiores | 00:40:19 | 00:40:14 |
| 78      | 450    | Nuno Filipe Rodrigues Silva     | M      | Federação da Família para a Paz Mundial e Unificação | VET 35    | 00:40:25 | 00:40:24 |
| 79      | 365    | Luis Boavista                   | M      | SPECIFIC   | VET 50    | 00:40:27 | 00:40:22 |
| 80      | 412    | Daniel Soares                   | M      | Rundiculous  | Séniiores | 00:40:31 | 00:40:14 |
| 81      | 291    | Bruno Moura Vidinha             | M      | Bruno Vidinha  | Séniiores | 00:40:33 | 00:40:19 |
| 82      | 924    | David Fernando da Rocha Tavares | M      | RunRiver-Escola Atletismo de Rio Tinto               | VET 55    | 00:40:35 | 00:40:28 |
| 83      | 462    | Filipe Teles                    | M      | CDL-Trilhos da Maça                                  | VET 35    | 00:40:37 | 00:40:29 |
| 84      | 875    | António F Santos                | M      | Nascidos para Correr                                 | VET 40    | 00:40:39 | 00:40:35 |
| 85      | 617    | José Correia                    | M      | Individual   | VET 40    | 00:40:42 | 00:40:37 |
| 86      | 442    | Manuel Sousa                    | M      | Gaienses/Toyota                                      | VET 60    | 00:40:48 | 00:40:44 |
| 87      | 277    | Duarte Nuno Costa               | M      | RUN FOR FRIENDS                                      | VET 35    | 00:40:52 | 00:40:49 |
| 88      | 546    | Nuno Iomba                      | M      | Apúlia a correr                                      | Séniiores | 00:40:53 | 00:40:42 |
| 89      | 656    | josé pirata                     | M      | Equipa A   | VET 40    | 00:40:55 | 00:40:51 |
| 90      | 440    | Diana Sousa                     | F      | RunRiver-Escola Atletismo de Rio Tinto               | Séniiores | 00:40:56 | 00:40:51 |
| 91      | 748    | Cristina Picôto                 | F      | Atibá  | VET 45    | 00:41:01 | 00:40:57 |
| 92      | 563    | Manuel Fonseca                  | M      | Afis/Ovar  | VET 55    | 00:41:04 | 00:40:57 |
| 93      | 172    | Manuel Bessa                    | M      | Trevostore-Paços de Brandão                          | VET 40    | 00:41:09 | 00:41:05 |
| 94      | 173    | Pedro Magalhães                 | M      |  | Séniiores | 00:41:21 | 00:41:20 |

| Posição | Dorsal | Nome                              | Género | Equipa                          | Categoria | Tempo    | Chip     |
|---------|--------|-----------------------------------|--------|---------------------------------|-----------|----------|----------|
| 95      | 557    | António Pereira                   | M      | Nascidos para Correr            | VET 60    | 00:41:31 | 00:41:31 |
| 96      | 566    | José Figueiredo                   | M      | Afis/Ovar                       | VET 50    | 00:41:32 | 00:41:24 |
| 97      | 870    | Pedro Teixeira                    | M      | Nascidos para Correr            | VET 45    | 00:41:32 | 00:41:29 |
| 98      | 934    | Joaquim Iobato                    | M      | Running espinho                 | VET 50    | 00:41:37 | 00:41:22 |
| 99      | 422    | Domingos Martins                  | M      | Blip Runners                    | Séniiores | 00:41:42 | 00:41:37 |
| 100     | 555    | Paulo Noormahomed                 | M      |                                 | VET 40    | 00:41:42 | 00:41:34 |
| 101     | 93     | Antonio Neves                     | M      | Caldas S. Jorge Sport Clube     | VET 35    | 00:41:42 | 00:41:33 |
| 102     | 69     | Pedro Cerdeirinha                 | M      | FIAES SPORT CLUB                | VET 35    | 00:41:46 | 00:41:39 |
| 103     | 148    | António Carvalho                  | M      | Família Carvalho                | VET 50    | 00:41:48 | 00:41:46 |
| 104     | 353    | Álvaro Santos                     | M      |                                 | VET 35    | 00:41:49 | 00:41:47 |
| 105     | 620    | Caniggia Oliveira                 | M      | Trilhados                       | VET 40    | 00:41:49 | 00:41:41 |
| 106     | 843    | Helena Sampaio                    | F      | Afis/Ovar                       | VET 45    | 00:41:49 | 00:41:49 |
| 107     | 567    | Luis Almeida                      | M      | SPECIFIC                        | VET 45    | 00:41:51 | 00:41:44 |
| 108     | 622    | Rúben Gonçalves                   | M      |                                 | Séniiores | 00:41:54 | 00:41:46 |
| 109     | 711    | Paulo Gomes                       | M      | Ginásio Clube Vilacondense      | VET 45    | 00:42:00 | 00:41:53 |
| 110     | 313    | rodrigo nunes                     | M      | clube atletismo ovar            | VET 55    | 00:42:01 | 00:41:58 |
| 111     | 276    | Beatriz Borges Alves              | F      |                                 | Séniiores | 00:42:04 | 00:41:55 |
| 112     | 874    | Octávio Sousa                     | M      | Nascidos para Correr            | VET 55    | 00:42:17 | 00:42:13 |
| 113     | 429    | David Aguiar                      | M      | Trilhados                       | Séniiores | 00:42:19 | 00:42:08 |
| 114     | 252    | Ricardo Tomaz                     | M      | Movets                          | Séniiores | 00:42:21 | 00:42:14 |
| 115     | 879    | José Pereira                      | M      | Nascidos para Correr            | VET 50    | 00:42:22 | 00:42:17 |
| 116     | 909    | Manuel Zola                       | M      | Pupilos do Zé Tó                | VET 60    | 00:42:23 | 00:42:20 |
| 117     | 393    | Carla Araujo                      | F      | Pupilos do Zé Tó                | VET 45    | 00:42:24 | 00:42:21 |
| 118     | 423    | Inês Pinto                        | F      | Blip Runners                    | Séniiores | 00:42:40 | 00:42:36 |
| 119     | 537    | José Graça                        | M      | Nascidos para Correr            | VET 45    | 00:42:50 | 00:42:41 |
| 120     | 542    | Marco Almeida                     | M      | Nascidos para Correr            | VET 45    | 00:42:52 | 00:42:50 |
| 121     | 762    | Carlos Alberto Ferreira           | M      |                                 | Séniiores | 00:42:53 | 00:42:49 |
| 122     | 634    | Fernando Magalhães                | M      | AMA Associação Mondim Atletismo | VET 35    | 00:42:56 | 00:42:55 |
| 123     | 897    | Manuel Augusto Domingues          | M      | Caldas de S.Jorge Sport Clube   | VET 50    | 00:42:58 | 00:42:49 |
| 124     | 192    | Carlos Frias                      | M      | UPVET - ICBAS                   | VET 60    | 00:43:02 | 00:43:01 |
| 125     | 322    | Antonio Castro                    | M      | Clube Atletismo de Lamas        | VET 55    | 00:43:06 | 00:43:05 |
| 126     | 835    | MANUEL SILVA                      | M      |                                 | VET 55    | 00:43:12 | 00:43:08 |
| 127     | 496    | Heitor Araújo                     | M      |                                 | VET 50    | 00:43:15 | 00:43:09 |
| 128     | 428    | Nuno Miguel Valente Almeida Silva | M      | Nuno Silva                      | VET 40    | 00:43:16 | 00:42:50 |
| 129     | 92     | Miguel Lamas                      | M      | Blue Veterinary                 | Séniiores | 00:43:17 | 00:43:12 |
| 130     | 416    | Henrique Carvalho                 | M      | Rundiculous                     | Séniiores | 00:43:19 | 00:43:03 |
| 131     | 552    | Manuel Sousa Cardoso              | M      |                                 | VET 55    | 00:43:26 | 00:43:23 |
| 132     | 534    | Joaquim Pereira                   | M      | Nascidos para Correr            | VET 50    | 00:43:34 | 00:43:31 |
| 133     | 861    | Luis Morais                       | M      |                                 | Séniiores | 00:43:43 | 00:43:33 |
| 134     | 320    | Jorge Gonçalves                   | M      | Restaurante Lago                | VET 50    | 00:43:50 | 00:43:46 |
| 135     | 298    | Rafael Abreu                      | M      | HV Montenegro                   | Séniiores | 00:43:52 | 00:43:44 |
| 136     | 495    | Domingos Presas                   | M      | Nascidos para Correr            | VET 50    | 00:43:56 | 00:43:54 |
| 137     | 880    | Sandra Pereira                    | F      | Nascidos para Correr            | VET 40    | 00:43:56 | 00:43:54 |
| 138     | 940    | Rafael Águas                      | M      |                                 | VET 35    | 00:44:04 | 00:43:38 |
| 139     | 404    | Rui Jorge Bernardo Ramos Lopes    | M      | VETCARNAXIDE                    | VET 60    | 00:44:19 | 00:44:13 |
| 140     | 278    | Emília Santos                     | F      | ACD São João da Serra           | VET 45    | 00:44:21 | 00:44:18 |
| 141     | 127    | SÉRGIO MIGUEL DE OLIVEIRA CORREIA | M      |                                 | VET 35    | 00:44:21 | 00:44:09 |

| Posição | Dorsal | Nome                           | Género | Equipa                                   | Categoria | Tempo    | Chip     |
|---------|--------|--------------------------------|--------|--|-----------|----------|----------|
| 142     | 452    | Artur Rego                     | M      |  | VET 40    | 00:44:24 | 00:44:11 |
| 143     | 257    | Nelson Filipe Mendes Machado   | M      | UNIDOS À FRESCA                          | VET 40    | 00:44:37 | 00:44:17 |
| 144     | 119    | Jose de Silva                  | M      | Gaienses/Toyota                          | VET 55    | 00:44:40 | 00:44:33 |
| 145     | 893    | Daniela sanches                | F      | UNIDOS À FRESCA                          | VET 45    | 00:44:41 | 00:44:22 |
| 146     | 894    | Gonçalo Fonseca                | M      | cvv                                      | VET 35    | 00:44:41 | 00:44:20 |
| 147     | 441    | Jose Mota                      | M      | Gaienses/Toyota                          | VET 50    | 00:44:44 | 00:44:40 |
| 148     | 438    | Miguel Santos                  | M      | GRUPO DESPORTIVO E CULTURAL DE GUILHOVAI | VET 40    | 00:44:47 | 00:44:35 |
| 149     | 480    | Rita Fernandes                 | F      |  | Séniiores | 00:44:53 | 00:44:49 |
| 150     | 316    | Tiago Araújo                   | M      |  | Séniiores | 00:45:00 | 00:44:55 |
| 151     | 673    | tiago mota                     | M      | fiaes running                            | Séniiores | 00:45:01 | 00:44:46 |
| 152     | 332    | HELDER COSTA                   | M      | Restaurante Lago                         | VET 35    | 00:45:09 | 00:44:51 |
| 153     | 288    | Orlando Ferreira               | M      |  | VET 50    | 00:45:14 | 00:45:03 |
| 154     | 532    | João Martins                   | M      | Nascidos para Correr                     | VET 40    | 00:45:15 | 00:45:12 |
| 155     | 95     | Eduardo Silva                  | M      | Ginásio Clube Vilacondense               | VET 40    | 00:45:16 | 00:45:06 |
| 156     | 213    | Ana Raquel Dias Pereira        | F      | Ginásio Clube de Bragança                | VET 40    | 00:45:20 | 00:44:58 |
| 157     | 45     | André Rocha                    | M      |  | Séniiores | 00:45:20 | 00:45:10 |
| 158     | 560    | Pedro Necho                    | M      | Afis/Ovar                                | VET 40    | 00:45:22 | 00:45:15 |
| 159     | 99     | Eduardo Cepa                   | M      | Ginásio Clube Vilacondense               | VET 45    | 00:45:23 | 00:45:09 |
| 160     | 104    | Joaquim Fangueiro              | M      | Ginásio Clube Vilacondense               | VET 60    | 00:45:23 | 00:45:08 |
| 161     | 82     | RAUL FILIPE BARBOSA BARTOLOMEU | M      | Ginásio Clube de Bragança                | Séniiores | 00:45:24 | 00:41:26 |
| 162     | 642    | marcelo fernando               | M      | fiaes running                            | VET 50    | 00:45:26 | 00:45:19 |
| 163     | 336    | Helena mourão                  | F      | Acrs Desterro-Napo                       | VET 55    | 00:45:35 | 00:45:30 |
| 164     | 271    | Paulo Reis                     | M      | ArcoRun                                  | VET 45    | 00:45:37 | 00:45:32 |
| 165     | 907    | Ze Tó                          | M      | Pupilos do Zé Tó                         | VET 45    | 00:45:38 | 00:45:23 |
| 166     | 232    | Catarina Amorim                | F      | GD CASTELENSE                            | Séniiores | 00:45:39 | 00:45:31 |
| 167     | 301    | Valdemar Lopes                 | M      |  | VET 40    | 00:45:43 | 00:45:37 |
| 168     | 848    | Carlos Ripolins                | M      | RIPOLINS GRIJÓ A CORRER                  | VET 60    | 00:45:43 | 00:45:34 |
| 169     | 366    | Helder Costa                   | M      |  | VET 35    | 00:45:51 | 00:45:47 |
| 170     | 490    | Aníbal Silva                   | M      | Nascidos para Correr                     | VET 60    | 00:45:54 | 00:45:51 |
| 171     | 787    | Eunice Sousa                   | F      |  | Séniiores | 00:45:57 | 00:45:50 |
| 172     | 965    | Mónica Oliveira                | F      |  | VET 40    | 00:45:58 | 00:24:30 |
| 173     | 263    | André Correia                  | M      |  | Séniiores | 00:46:02 | 00:45:37 |
| 174     | 695    | Sofia Cardoso                  | F      | Dá corda aos vitorinos                   | Séniiores | 00:46:02 | 00:45:55 |
| 175     | 402    | Daniela Falcão                 | F      | CDL-Trilhos da Maça                      | Séniiores | 00:46:05 | 00:45:58 |
| 176     | 859    | Maria Sa                       | F      |  | Séniiores | 00:46:15 | 00:46:14 |
| 177     | 249    | Rui Caralinda                  | M      | OFICINA DAS MEDALHAS                     | VET 40    | 00:46:16 | 00:46:02 |
| 178     | 785    | Jorge Maia                     | M      | SPECIFIC                                 | VET 50    | 00:46:17 | 00:46:10 |
| 179     | 524    | Agostinho Marques              | M      |  | VET 45    | 00:46:18 | 00:45:59 |
| 180     | 509    | Etelvina Rocha                 | F      | Nascidos para Correr                     | VET 50    | 00:46:25 | 00:46:20 |
| 181     | 850    | José Duarte                    | M      | RIPOLINS GRIJÓ A CORRER                  | VET 45    | 00:46:27 | 00:46:15 |
| 182     | 467    | Nelson Ramos                   | M      | CLUBE MILLENNIUM BCP                     | VET 50    | 00:46:32 | 00:46:27 |
| 183     | 62     | Nelson Nunes                   | M      |  | Séniiores | 00:46:43 | 00:46:24 |
| 184     | 191    | Marco Pereira                  | M      | Individual                               | VET 35    | 00:46:47 | 00:46:39 |
| 185     | 927    | António Rocha                  | M      | RunRiver-Escola Atletismo de Rio Tinto   | VET 40    | 00:46:48 | 00:46:32 |
| 186     | 111    | João Teixeira Barbosa          | M      |  | VET 55    | 00:46:49 | 00:46:38 |
| 187     | 886    | Nuno Sá                        | M      | Ginásio Clube Vilacondense               | VET 35    | 00:46:49 | 00:46:38 |
| 188     | 471    | Tiago Gomes                    | M      | Ginásio Clube de Bragança                | Séniiores | 00:46:58 | 00:42:42 |

| Posição | Dorsal | Nome                            | Género | Equipa   | Categoria | Tempo    | Chip     |
|---------|--------|---------------------------------|--------|--|-----------|----------|----------|
| 189     | 451    | Helena Moreira                  | F      | Federação da Família para a Paz Mundial e Unificação   | VET 40    | 00:46:59 | 00:46:55 |
| 190     | 19     | Pedro Paiva                     | M      | Núcleo de Atletismo de Cucujães                        | VET 40    | 00:46:59 | 00:46:53 |
| 191     | 547    | Rosa Pinto                      | F      | Nascidos para Correr                                   | VET 55    | 00:47:06 | 00:47:02 |
| 192     | 398    | Raul Peña                       | M      |  | VET 45    | 00:47:11 | 00:46:58 |
| 193     | 751    | bruno silva                     | M      |  | VET 35    | 00:47:17 | 00:47:01 |
| 194     | 112    | Vitor Cirne                     | M      |  | VET 40    | 00:47:23 | 00:46:52 |
| 195     | 481    | João Ribeiro                    | M      |  | Séniiores | 00:47:30 | 00:47:26 |
| 196     | 26     | Manuel Paiva                    | M      | Núcleo de Atletismo de Cucujães                        | VET 60    | 00:47:34 | 00:47:29 |
| 197     | 28     | paulo santos                    | M      | rodelo running team                                    | VET 45    | 00:47:36 | 00:47:12 |
| 198     | 454    | Eduardo Alexandre Silva Cunha   | M      | Fit Arena  | Séniiores | 00:47:37 | 00:47:11 |
| 199     | 375    | Carla Costa                     | F      |  | Séniiores | 00:47:39 | 00:47:30 |
| 200     | 293    | Vitor Coelho                    | M      | SPECIFIC   | VET 50    | 00:47:43 | 00:47:37 |
| 201     | 405    | Vitor Cardoso                   | M      | Baguim Runners   | VET 40    | 00:47:44 | 00:47:40 |
| 202     | 487    | Adão Dias                       | M      | Nascidos para Correr                                   | VET 60    | 00:47:47 | 00:47:45 |
| 203     | 891    | Rui Silva                       | M      |  | Séniiores | 00:47:51 | 00:47:46 |
| 204     | 358    | Bruno Miguel Marques Couto      | M      |  | VET 35    | 00:48:00 | 00:47:52 |
| 205     | 935    | carlos sousa                    | M      |  | VET 45    | 00:48:00 | 00:47:41 |
| 206     | 292    | Arlete Santos                   | F      | Caldas Sao Jorge Sport Club                            | VET 40    | 00:48:01 | 00:47:53 |
| 207     | 447    | Anthony Da Costa Da Silva       | M      | Fit Arena  | Séniiores | 00:48:01 | 00:47:34 |
| 208     | 938    | Paula Almeida                   | F      |  | VET 35    | 00:48:02 | 00:47:35 |
| 209     | 696    | José Cardoso                    | M      | Dá corda aos vitorinos                                 | VET 55    | 00:48:05 | 00:47:57 |
| 210     | 40     | Valéria Fernandes Correia       | F      |  | Séniiores | 00:48:10 | 00:48:00 |
| 211     | 466    | Cristovão Helder Ferreira Rocha | M      | Fit Arena  | Séniiores | 00:48:12 | 00:47:45 |
| 212     | 484    | Daniel oliveira                 | M      | Turistas   | Séniiores | 00:48:12 | 00:48:03 |
| 213     | 713    | paulo oliveira                  | M      | Individual   | VET 45    | 00:48:17 | 00:48:08 |
| 214     | 908    | Rui Pereira                     | M      | Rui Pereira  | VET 40    | 00:48:18 | 00:48:04 |
| 215     | 8      | José Nunes Oliveira             | M      |  | Séniiores | 00:48:21 | 00:48:17 |
| 216     | 163    | Rui Teixeira                    | M      | Turistas   | Séniiores | 00:48:21 | 00:48:11 |
| 217     | 928    | Miguel Pinto                    | M      | Particular   | VET 50    | 00:48:21 | 00:48:01 |
| 218     | 604    | ABÍLIO JOAQUIM MARQUES PINTO    | M      |  | VET 45    | 00:48:26 | 00:48:18 |
| 219     | 279    | Alberto Neves                   | M      | Caldas S. Jorge Sport Clube                            | VET 45    | 00:48:29 | 00:48:16 |
| 220     | 282    | Maria José Valente              | F      |  | VET 45    | 00:48:29 | 00:48:17 |
| 221     | 97     | Carlos Castro                   | M      | Ginásio Clube Vilacondense                             | VET 35    | 00:48:29 | 00:47:55 |
| 222     | 776    | Elisabete Repas                 | F      | Gaia-Running   | VET 50    | 00:48:42 | 00:48:24 |
| 223     | 30     | Rui Ferreira                    | M      |  | VET 45    | 00:48:44 | 00:48:27 |
| 224     | 280    | Nuno Matias                     | M      | Running Espinho  | VET 40    | 00:48:51 | 00:48:41 |
| 225     | 385    | Fábio Moreira Almeida           | M      |  | Séniiores | 00:48:55 | 00:48:36 |
| 226     | 34     | Rosa Guedes                     | F      |  | VET 50    | 00:48:55 | 00:48:51 |
| 227     | 444    | Filipe Santos                   | M      |  | VET 40    | 00:48:56 | 00:48:46 |
| 228     | 950    | Miguel sarmento                 | M      |  | VET 35    | 00:48:56 | 00:48:07 |
| 229     | 826    | Rui Manuel Pinto                | M      |  | VET 40    | 00:49:00 | 00:48:56 |
| 230     | 165    | Teresa Maria de Sousa Fallé     | F      |  | VET 45    | 00:49:07 | 00:48:53 |
| 231     | 698    | ruben almeida                   | M      | fiaes running  | Séniiores | 00:49:11 | 00:48:59 |
| 232     | 491    | Constantino vieira              | M      | Os falta/dar   | VET 60    | 00:49:18 | 00:49:00 |
| 233     | 60     | Arlindo Rodrigues               | M      | Centro Municipal de Marcha e Corrida de Vale de Cambra | VET 55    | 00:49:31 | 00:49:09 |
| 234     | 460    | Sílvia Gomes                    | F      | CDL-Trilhos da Maçã                                    | VET 40    | 00:49:32 | 00:49:25 |
| 235     | 827    | Óscar Brandão                   | M      | Arada Atlético Clube                                   | VET 45    | 00:49:32 | 00:49:19 |

| Posição | Dorsal | Nome                                    | Género | Equipa   | Categoria | Tempo    | Chip     |
|---------|--------|---|--------|--|-----------|----------|----------|
| 236     | 32     | Vera Ferreira                           | F      | Centro Municipal de Marcha e Corrida de Vale de Cambra | Séniiores | 00:49:33 | 00:49:19 |
| 237     | 756    | Rafael Guerra Campos Marques dos Santos | M      | Bones on the road                                      | Séniiores | 00:49:34 | 00:46:17 |
| 238     | 550    | Patric Alexandre Carreira Vieira        | M      |  | VET 35    | 00:49:35 | 00:49:23 |
| 239     | 303    | Carlos Freitas                          | M      | Trilhados  | Séniiores | 00:49:36 | 00:49:25 |
| 240     | 806    | José Fernandes                          | M      | CediRun  | VET 40    | 00:49:39 | 00:49:11 |
| 241     | 768    | José Costa                              | M      | Boa Nova   | VET 60    | 00:49:44 | 00:49:35 |
| 242     | 319    | Luis almeida                            | M      | Arada Atlético Clube                                   | Séniiores | 00:49:45 | 00:49:38 |
| 243     | 128    | Raquel Patrícia Loureiro Delgadinho     | F      |  | VET 40    | 00:49:45 | 00:49:31 |
| 244     | 559    | Francisco Costa                         | M      | Os Costa   | VET 60    | 00:49:47 | 00:49:22 |
| 245     | 867    | Celso Lino Oliveira Gomes               | M      | Juventude Cortegaçense                                 | VET 50    | 00:49:47 | 00:49:33 |
| 246     | 868    | Miguel Matos                            | M      |  | VET 35    | 00:49:47 | 00:49:33 |
| 247     | 427    | Rosa Campanhã                           | F      |  | VET 40    | 00:49:51 | 00:49:44 |
| 248     | 419    | Mário Gomes                             | M      | Rundiculous  | Séniiores | 00:49:53 | 00:49:37 |
| 249     | 171    | Manuel Anjos                            | M      | Núcleo de Atletismo de Cucujães                        | VET 55    | 00:49:55 | 00:49:49 |
| 250     | 530    | Hélder Ferreira                         | M      |  | VET 35    | 00:49:57 | 00:49:44 |
| 251     | 406    | Sandra Cardoso                          | F      | Baguim Runners   | VET 40    | 00:49:58 | 00:49:53 |
| 252     | 421    | Rui Neves                               | M      | Arada Atlético Clube                                   | VET 40    | 00:49:59 | 00:49:48 |
| 253     | 643    | SÉRGIO ARAÚJO                           | M      | Ginásio Clube de Bragança                              | VET 40    | 00:50:00 | 00:45:07 |
| 254     | 602    | Paula Alexandra Andrade Costa           | F      | Arada Atlético Clube                                   | VET 40    | 00:50:02 | 00:49:51 |
| 255     | 808    | Hugo Carvalho                           | M      | CediRun  | VET 40    | 00:50:05 | 00:49:38 |
| 256     | 377    | Pedro Lopes                             | M      |  | Séniiores | 00:50:06 | 00:49:59 |
| 257     | 742    | Paulo Jorge Ferreira                    | M      | Os Galgos da Servive                                   | VET 40    | 00:50:07 | 00:49:50 |
| 258     | 881    | Isaque Pinto                            | M      | Nascidos para Correr                                   | VET 50    | 00:50:13 | 00:50:12 |
| 259     | 420    | Ana Oliveira                            | F      | Real chapéus   | VET 35    | 00:50:18 | 00:50:12 |
| 260     | 424    | antonio medeiros                        | M      |  | VET 50    | 00:50:21 | 00:50:01 |
| 261     | 411    | Lourenço Cardoso                        | M      | Baguim Runners   | VET 45    | 00:50:28 | 00:50:23 |
| 262     | 61     | Rui Mota                                | M      | HV Montenegro  | Séniiores | 00:50:29 | 00:50:07 |
| 263     | 553    | Rui Santos                              | M      | Nascidos para Correr                                   | VET 45    | 00:50:31 | 00:50:29 |
| 264     | 659    | Manuel Martins                          | M      | OPraticante.pt   | VET 40    | 00:50:34 | 00:50:25 |
| 265     | 445    | Seca José                               | M      | OLIVECONTA   | VET 45    | 00:50:36 | 00:44:03 |
| 266     | 507    | Emanuel Madureira                       | M      | Nascidos para Correr                                   | VET 55    | 00:50:36 | 00:50:04 |
| 267     | 315    | Joaquim Teixeira                        | M      |  | VET 55    | 00:50:38 | 00:50:28 |
| 268     | 381    | Jorge Sequeira                          | M      |  | VET 55    | 00:50:38 | 00:50:27 |
| 269     | 694    | Paulo Conde                             | M      | Afis/Ovar  | VET 35    | 00:50:38 | 00:50:31 |
| 270     | 707    | Nelson Tavares                          | M      | Centro Municipal de Marcha e Corrida de Vale de Cambra | Séniiores | 00:50:38 | 00:50:16 |
| 271     | 692    | Sara Nunes                              | F      | Afis/Ovar  | VET 40    | 00:50:39 | 00:50:32 |
| 272     | 772    | CARLOS LEAL                             | M      |  | VET 40    | 00:50:39 | 00:50:17 |
| 273     | 860    | Joao Leite                              | M      |  | Séniiores | 00:50:39 | 00:50:33 |
| 274     | 446    | Luís Higinio                            | M      |  | VET 50    | 00:50:40 | 00:50:33 |
| 275     | 790    | Paulo Sergio Bastos Pais                | M      |  | VET 50    | 00:50:40 | 00:50:27 |
| 276     | 497    | Lúcia Pereira Soares                    | F      |  | Séniiores | 00:50:57 | 00:50:51 |
| 277     | 413    | Elisio maia                             | M      |  | VET 45    | 00:50:58 | 00:50:43 |
| 278     | 250    | Rita Rodrigues                          | F      | Movets   | Séniiores | 00:51:06 | 00:51:00 |
| 279     | 469    | Firmino Nogueira                        | M      | CLUBE MILLENNIUM BCP                                   | VET 50    | 00:51:08 | 00:50:47 |
| 280     | 236    | Silvia Pais                             | F      | FIAES SPORT CLUB                                       | VET 45    | 00:51:16 | 00:51:04 |
| 281     | 945    | André Andrade                           | M      |  | Séniiores | 00:51:16 | 00:50:51 |
| 282     | 489    | Oscar loureiro                          | M      |  | VET 60    | 00:51:23 | 00:50:59 |

| Posição | Dorsal | Nome                           | Género | Equipa   | Categoria | Tempo    | Chip     |
|---------|--------|--------------------------------|--------|--|-----------|----------|----------|
| 283     | 811    | HUGO SANTOS                    | M      | EQUIPA MC  | VET 35    | 00:51:43 | 00:51:32 |
| 284     | 856    | Rui Santos                     | M      | RIPOLINS GRIJÓ A CORRER                                | VET 40    | 00:51:53 | 00:51:41 |
| 285     | 368    | José Manuel Telinhos de Matos  | M      |  | VET 40    | 00:51:54 | 00:51:42 |
| 286     | 877    | Rui Dias                       | M      | Nascidos para Correr                                   | VET 55    | 00:51:56 | 00:51:47 |
| 287     | 878    | Gabriel Santos                 | M      | Nascidos para Correr                                   | VET 50    | 00:51:56 | 00:51:49 |
| 288     | 66     | Susana Martins                 | F      | Centro Municipal de Marcha e Corrida de Vale de Cambra | VET 40    | 00:52:03 | 00:51:41 |
| 289     | 115    | Luis Miguel Marcos do Coito    | M      |  | Séniiores | 00:52:25 | 00:52:16 |
| 290     | 267    | Helder Almeida                 | M      | UNIDOS À FRESCA  | VET 40    | 00:52:26 | 00:52:06 |
| 291     | 270    | Paulo Vilas Boas               | M      | UNIDOS À FRESCA  | VET 45    | 00:52:26 | 00:52:04 |
| 292     | 272    | Pedro Teixeira Marques         | M      | UNIDOS À FRESCA  | VET 35    | 00:52:26 | 00:52:05 |
| 293     | 895    | Bruno Silva                    | M      | cvv  | VET 40    | 00:52:26 | 00:52:04 |
| 294     | 372    | Hugo Falcao                    | M      |  | VET 40    | 00:52:28 | 00:52:17 |
| 295     | 505    | Nuno Lopes                     | M      | GDRC ALTO AVILHO                                       | VET 45    | 00:52:28 | 00:52:12 |
| 296     | 939    | Fernando Almeida               | M      |  | VET 50    | 00:52:36 | 00:52:09 |
| 297     | 568    | Paulo Almeida                  | M      | Afis/Ovar  | VET 50    | 00:52:41 | 00:52:41 |
| 298     | 511    | Vitor Lopes                    | M      | Individual   | Séniiores | 00:52:42 | 00:52:25 |
| 299     | 166    | Helder Silva                   | M      |  | VET 35    | 00:52:43 | 00:52:22 |
| 300     | 90     | Alexandre Silva                | M      | Ginásio Clube Vilacondense                             | VET 40    | 00:52:54 | 00:52:28 |
| 301     | 607    | José Paula                     | M      | Individual   | VET 55    | 00:52:57 | 00:52:49 |
| 302     | 500    | Rute Sousa                     | F      | Europarquerunning                                      | VET 40    | 00:53:06 | 00:52:43 |
| 303     | 721    | Francisco Oliveira             | M      | Gondomar Futsal  | VET 60    | 00:53:06 | 00:52:49 |
| 304     | 501    | Jorge Leite                    | M      | Bones on the road                                      | VET 35    | 00:53:09 | 00:52:46 |
| 305     | 248    | Pedro Magalhães                | M      | Equipa A.N.A.  | VET 35    | 00:53:10 | 00:52:54 |
| 306     | 233    | Fátima País                    | F      | FIAES SPORT CLUB                                       | VET 50    | 00:53:18 | 00:53:06 |
| 307     | 255    | Liliana Raquel Almeida e Sousa | F      | Movets   | VET 35    | 00:53:27 | 00:53:05 |
| 308     | 457    | Graça dos Santos Bornes        | F      |  | VET 45    | 00:53:35 | 00:53:20 |
| 309     | 475    | Carla Cardoso                  | F      |  | VET 45    | 00:53:35 | 00:53:24 |
| 310     | 906    | Reinaldo Miranda               | M      | Os Fraquinhos  | VET 45    | 00:53:36 | 00:53:18 |
| 311     | 414    | Rui Miguel Gonçalves Nunes     | M      |  | VET 35    | 00:53:38 | 00:47:48 |
| 312     | 176    | Diana Carneiro                 | F      |  | VET 40    | 00:53:39 | 00:53:22 |
| 313     | 562    | Armanda Pinto                  | F      | Nascidos para Correr                                   | VET 50    | 00:53:47 | 00:53:38 |
| 314     | 774    | José Rodrigues                 | M      | Gaia-Running   | VET 50    | 00:53:49 | 00:53:30 |
| 315     | 394    | Silviana Ribeiro               | F      |  | Séniiores | 00:53:52 | 00:53:26 |
| 316     | 433    | Graça Leite                    | F      | ACREFA   | VET 55    | 00:53:52 | 00:53:39 |
| 317     | 46     | Victor Sousa                   | M      | Fit Arena  | VET 40    | 00:53:58 | 00:53:33 |
| 318     | 627    | Luis Cerqueira                 | M      | AMA Associação Mondim Atletismo                        | VET 50    | 00:53:59 | 00:53:42 |
| 319     | 933    | José Pereira                   | M      |  | VET 40    | 00:53:59 | 00:53:23 |
| 320     | 739    | Pedro Pereira                  | M      | Os Galgos da Servive                                   | VET 40    | 00:54:01 | 00:53:43 |
| 321     | 483    | Pedro Amorim                   | M      |  | VET 40    | 00:54:03 | 00:53:48 |
| 322     | 618    | Hugo Pinto                     | M      | Trilhados  | Séniiores | 00:54:19 | 00:54:07 |
| 323     | 809    | Sebastião Silva                | M      |  | VET 60    | 00:54:20 | 00:54:11 |
| 324     | 284    | Ana Catarina Tavares           | F      | Bravos & Bravitas Run                                  | Séniiores | 00:54:21 | 00:54:09 |
| 325     | 631    | Francisco Teixeira             | M      | AMA Associação Mondim Atletismo                        | VET 50    | 00:54:27 | 00:54:14 |
| 326     | 865    | Alvaro Silva                   | M      | Os Fraquinhos  | VET 55    | 00:54:30 | 00:54:11 |
| 327     | 866    | PAULO JORGE                    | M      | Equipa A.N.A.  | VET 45    | 00:54:31 | 00:54:13 |
| 328     | 904    | Paula Miranda                  | F      | Os Fraquinhos  | VET 45    | 00:54:31 | 00:54:12 |
| 329     | 887    | Paulinha Nunes                 | F      | Running Espinho  | VET 35    | 00:54:35 | 00:54:23 |

| Posição | Dorsal | Nome                                   | Género | Equipa   | Categoria | Tempo    | Chip     |
|---------|--------|--|--------|--|-----------|----------|----------|
| 330     | 761    | Maria Reis                             | F      |  | VET 50    | 00:54:39 | 00:54:24 |
| 331     | 780    | Maria José Rodrigues                   | F      | HVETAVEIRO   | VET 45    | 00:54:39 | 00:54:23 |
| 332     | 782    | Francisco Calão                        | M      | HVETAVEIRO   | VET 55    | 00:54:39 | 00:54:22 |
| 333     | 783    | Margarida Malaquias                    | F      | HVETAVEIRO   | VET 35    | 00:54:39 | 00:54:23 |
| 334     | 784    | Ana Paula Vizinho                      | F      | HVETAVEIRO   | VET 45    | 00:54:39 | 00:54:23 |
| 335     | 952    | Paulo Megre                            | M      |  | VET 40    | 00:54:44 | 00:53:59 |
| 336     | 149    | Miguel Sousa                           | M      | Os Maiores   | Séniore   | 00:54:47 | 00:54:16 |
| 337     | 156    | Telmo Moutinho                         | M      | Os Maiores   | Séniore   | 00:54:48 | 00:54:15 |
| 338     | 344    | Pedro Gomes                            | M      |  | Séniore   | 00:54:51 | 00:54:19 |
| 339     | 777    | Artur Rocha                            | M      |  | VET 50    | 00:54:54 | 00:54:37 |
| 340     | 123    | João Pedro Nunes Barbosa               | M      |  | Séniore   | 00:55:03 | 00:54:53 |
| 341     | 801    | Nuno Oliveira                          | M      | CediRun  | VET 35    | 00:55:14 | 00:54:44 |
| 342     | 508    | Rui Vieira                             | M      | Europarquerunning                                      | VET 40    | 00:55:34 | 00:55:10 |
| 343     | 773    | Helder Oliveira                        | M      | Gaia-Running   | VET 55    | 00:55:39 | 00:55:19 |
| 344     | 70     | Jose Mario Pinho                       | M      | Centro Municipal de Marcha e Corrida de Vale de Cambra | VET 40    | 00:55:41 | 00:55:18 |
| 345     | 947    | Jose Antonio Mourao Aires              | M      |  | VET 45    | 00:55:47 | 00:55:04 |
| 346     | 434    | Joaquim Paulo Capela                   | M      |  | VET 50    | 00:55:51 | 00:55:18 |
| 347     | 193    | José Tavares                           | M      | Fredericos   | VET 45    | 00:55:56 | 00:55:38 |
| 348     | 10     | Estela de Fátima Neto Barbosa          | F      |  | Séniore   | 00:55:57 | 00:55:39 |
| 349     | 55     | Bárbara Machado                        | F      |  | Séniore   | 00:55:57 | 00:55:39 |
| 350     | 388    | Isabel Pinto                           | F      | Arada Atlético Clube                                   | VET 40    | 00:56:01 | 00:55:48 |
| 351     | 706    | Maria dos Anjos                        | F      | clube atletismo ovar                                   | VET 40    | 00:56:01 | 00:55:50 |
| 352     | 932    | Paulo Pereira                          | M      |  | VET 45    | 00:56:04 | 00:55:29 |
| 353     | 492    | Adriano Oliveira                       | M      |  | VET 50    | 00:56:06 | 00:55:50 |
| 354     | 144    | Carlos Silva                           | M      | Running Espinho  | VET 55    | 00:56:08 | 00:56:00 |
| 355     | 134    | Carla Monteiro                         | F      | Running Espinho  | VET 40    | 00:56:09 | 00:55:58 |
| 356     | 959    | Tiago Viana                            | M      | Bones on the road                                      | Séniore   | 00:56:14 | 00:52:53 |
| 357     | 766    | RICARDO PEREIRA                        | M      |  | VET 35    | 00:56:15 | 00:55:53 |
| 358     | 610    | Cecília Freitas                        | F      |  | VET 40    | 00:56:17 | 00:56:10 |
| 359     | 181    | João Carvalho                          | M      | LUSOS XXI  | VET 35    | 00:56:21 | 00:56:02 |
| 360     | 498    | Daniel Reis                            | M      | LUSOS XXI  | Séniore   | 00:56:22 | 00:56:03 |
| 361     | 609    | Sofia Martins                          | F      | Running Espinho  | VET 45    | 00:56:26 | 00:56:15 |
| 362     | 944    | Vitor Jesus                            | M      |  | VET 35    | 00:56:35 | 00:56:05 |
| 363     | 554    | Emanuel Tiago Ferreira da Costa        | M      | Os Costa   | Séniore   | 00:56:38 | 00:56:13 |
| 364     | 633    | Manuel Machado                         | M      | AMA Associação Mondim Atletismo                        | VET 60    | 00:56:40 | 00:56:34 |
| 365     | 657    | Tiago Pinto                            | M      | Amigos dos animais                                     | Séniore   | 00:56:46 | 00:56:40 |
| 366     | 658    | daniel costa                           | M      | Individual   | Séniore   | 00:56:48 | 00:56:29 |
| 367     | 391    | carla helena loureiro delgadinho fallé | F      |  | VET 45    | 00:56:49 | 00:56:31 |
| 368     | 899    | Liliana Pinto de Oliveira              | F      | Family Runners   | VET 40    | 00:56:49 | 00:56:30 |
| 369     | 963    | Rita Natal                             | F      | Bones on the road                                      | Séniore   | 00:56:49 | 00:53:29 |
| 370     | 931    | Domingos Cunha Costa                   | M      | Runners On Fire B.V.Valadares                          | VET 60    | 00:56:54 | 00:56:28 |
| 371     | 898    | Vânia Pinto de Oliveira                | F      | Family Runners   | Séniore   | 00:57:00 | 00:56:42 |
| 372     | 479    | Filipe Manuel Pinho Ribeiro            | M      | Mosteirô Futebol Clube                                 | VET 40    | 00:57:01 | 00:56:35 |
| 373     | 825    | Ana Lúcia Dias Pereira                 | F      |  | Séniore   | 00:57:20 | 00:56:58 |
| 374     | 167    | Adelaide Marques                       | F      |  | Séniore   | 00:57:23 | 00:57:02 |
| 375     | 533    | Nuno Andrade                           | M      |  | VET 35    | 00:57:24 | 00:57:11 |
| 376     | 681    | José Falcão                            | M      | FIAES SPORT CLUB                                       | VET 60    | 00:57:24 | 00:57:04 |



| Posição | Dorsal | Nome  | Género | Equipa   | Categoria | Tempo    | Chip     |
|---------|--------|---|--------|--|-----------|----------|----------|
| 377     | 33     | Fernanda Almeida                                | F      | Centro Municipal de Marcha e Corrida de Vale de Cambra | VET 60    | 00:57:46 | 00:57:32 |
| 378     | 741    | Maria Eugênia Ferreira                          | F      | Os galgos da Servive                                   | VET 50    | 00:57:48 | 00:57:25 |
| 379     | 545    | Ricardo Gomes                                   | M      | Nascidos para Correr                                   | Séniiores | 00:57:57 | 00:57:48 |
| 380     | 764    | Gabriel Matos Cá                                | M      |  | Séniiores | 00:58:07 | 00:57:48 |
| 381     | 792    | Andreia Manuela Vieira Garcês                   | F      | Wildvets   | Séniiores | 00:58:08 | 00:57:46 |
| 382     | 401    | Miguel Quaresma                                 | M      |  | VET 40    | 00:58:10 | 00:57:48 |
| 383     | 253    | Duarte Rodrigues                                | M      | Academia Danciant                                      | Séniiores | 00:58:12 | 00:57:44 |
| 384     | 690    | Joaquim Moreira                                 | M      | Afis/Ovar  | VET 45    | 00:58:20 | 00:58:13 |
| 385     | 146    | Ricardo Monteiro                                | M      | Running Espinho  | VET 45    | 00:58:21 | 00:58:12 |
| 386     | 362    | Liliana Canedo                                  | F      |  | VET 40    | 00:58:29 | 00:57:57 |
| 387     | 330    | Luis Azevedo                                    | M      |  | VET 55    | 00:58:30 | 00:58:27 |
| 388     | 512    | António Fernando Castro Ribeiro                 | M      |  | VET 50    | 00:58:37 | 00:53:24 |
| 389     | 755    | PAULO JORGE CARVALHO MARQUES FARIA              | M      | PORTO RUNNERS  | VET 50    | 00:58:39 | 00:53:23 |
| 390     | 80     | ANABELA DA COSTA OSÓRIO BORDALO                 | F      | Ginásio Clube de Bragança                              | VET 45    | 00:58:41 | 00:53:30 |
| 391     | 254    | Sérgio Emanuel Resende Oliveira                 | M      |  | VET 40    | 00:58:43 | 00:58:28 |
| 392     | 851    | Manuel Couto                                    | M      | RIPOLINS GRIJÓ A CORRER                                | VET 60    | 00:58:44 | 00:58:34 |
| 393     | 432    | Luis António Marques de Carvalho                | M      |  | VET 55    | 00:58:45 | 00:58:30 |
| 394     | 628    | Jorge Costa                                     | M      | AMA Associação Mondim Atletismo                        | VET 45    | 00:58:57 | 00:58:45 |
| 395     | 468    | Sérgio Miguel Ferreira Rocha                    | M      | Fit Arena  | VET 45    | 00:59:00 | 00:58:34 |
| 396     | 96     | Paula Silva                                     | F      | Ginásio Clube Vilacondense                             | VET 40    | 00:59:23 | 00:59:14 |
| 397     | 370    | Ângela Maria Lopes                              | F      | PORTO RUNNERS  | VET 50    | 00:59:37 | 00:59:17 |
| 398     | 14     | MANUEL VELOSO                                   | M      | PORTO RUNNERS  | VET 60    | 00:59:37 | 00:59:17 |
| 399     | 765    | Casimiro António Fernandes                      | M      |  | VET 60    | 00:59:41 | 00:59:14 |
| 400     | 170    | João Pinheiro                                   | M      |  | Séniiores | 00:59:46 | 00:59:22 |
| 401     | 425    | Rosa Mendes                                     | F      | Gondomar Futsal Clube                                  | VET 55    | 00:59:48 | 00:59:42 |
| 402     | 54     | César Freitas                                   | M      |  | VET 35    | 00:59:53 | 00:59:27 |
| 403     | 11     | DIANA NOBRE LIMA DE SOUSA                       | F      |  | Séniiores | 01:00:19 | 00:59:54 |
| 404     | 12     | FILIPE MANUEL CASANOVA FERROS                   | M      |  | Séniiores | 01:00:19 | 00:59:53 |
| 405     | 854    | Pedro Gonçalves                                 | M      | RIPOLINS GRIJÓ A CORRER                                | VET 40    | 01:00:24 | 01:00:12 |
| 406     | 138    | Vânia Sofia Francisco Almeida Costa             | F      |  | VET 35    | 01:00:27 | 00:55:26 |
| 407     | 314    | jose luis blazquez                              | M      |  | VET 50    | 01:00:35 | 01:00:13 |
| 408     | 958    | Miguel Soares                                   | M      |  | VET 55    | 01:00:43 | 00:55:12 |
| 409     | 802    | Filipe Pinto                                    | M      | CediRun  | VET 35    | 01:01:12 | 01:00:44 |
| 410     | 214    | Ana Cristina de Jesus Vaz                       | F      | Equipa A.N.A.  | VET 45    | 01:01:14 | 01:00:59 |
| 411     | 88     | Sérgio Quintas                                  | M      | Ginásio Clube Vilacondense                             | VET 40    | 01:01:42 | 01:01:25 |
| 412     | 343    | Sara Sousa Baptista                             | F      | Europarquerunning                                      | Séniiores | 01:02:07 | 01:01:46 |
| 413     | 72     | Sofia Oliveira                                  | F      |  | Séniiores | 01:02:14 | 01:01:54 |
| 414     | 632    | Agostinho Martins                               | M      | AMA Associação Mondim Atletismo                        | VET 55    | 01:02:15 | 01:01:58 |
| 415     | 726    | Marta Soares                                    | F      | Academia Danciant                                      | Séniiores | 01:02:33 | 01:02:04 |
| 416     | 195    | Pedro Brizado                                   | M      | pipb   | VET 45    | 01:02:54 | 00:53:26 |
| 417     | 455    | Eduardo Mendes Freitas                          | M      | Fit Arena  | Séniiores | 01:02:56 | 01:02:31 |
| 418     | 448    | Claudia Sofia Moreira Da Silva Azevedo Calçada  | F      | Fit Arena  | Séniiores | 01:02:58 | 01:02:33 |
| 419     | 35     | Jorge Martins                                   | M      | Centro Municipal de Marcha e Corrida de Vale de Cambra | VET 60    | 01:02:58 | 01:02:36 |
| 420     | 869    | Teresa Maria dos Santos e Silva Ribeiro Moreira | F      |  | VET 50    | 01:03:09 | 01:02:46 |
| 421     | 740    | Rute Patricia Ferreira da Silva Pereira         | F      | Os galgos da servive                                   | VET 35    | 01:03:14 | 01:02:51 |
| 422     | 744    | Fábio Abreu                                     | M      | Os Galgos da Servive                                   | VET 35    | 01:03:17 | 01:02:53 |
| 423     | 810    | Hugo Sá   | M      |  | VET 40    | 01:03:24 | 01:02:54 |

| Posição | Dorsal | Nome                                | Género | Equipa                    | Categoria | Tempo    | Chip     |
|---------|--------|-------------------------------------|--------|---------------------------|-----------|----------|----------|
| 424     | 304    | Cândida Gaspar                      | F      | Trilhados                 | VET 35    | 01:03:26 | 01:03:14 |
| 425     | 913    | António Manuel dos Santos Couto     | M      |                           | VET 45    | 01:03:27 | 01:03:07 |
| 426     | 435    | Luís Maltez                         | M      | Mov'et                    | VET 45    | 01:03:32 | 01:03:10 |
| 427     | 205    | Susana Teixeira                     | F      | Mov'et                    | VET 35    | 01:03:32 | 01:03:10 |
| 428     | 728    | Inês Lemos                          | F      | Academia Danciart         | Séniiores | 01:03:35 | 01:03:05 |
| 429     | 38     | Filipa Oliveira                     | F      | Terças                    | Séniiores | 01:03:42 | 01:03:11 |
| 430     | 49     | Cristiano Cardoso                   | M      | Terças                    | Séniiores | 01:03:43 | 01:03:11 |
| 431     | 89     | Cláudia Duarte                      | F      |                           | Séniiores | 01:03:46 | 01:03:15 |
| 432     | 606    | Tiago Manuel Valente Silva          | M      |                           | VET 40    | 01:03:52 | 01:03:26 |
| 433     | 743    | Nuno Fernandes                      | M      | Os Galgos da Servive      | Séniiores | 01:03:53 | 01:03:28 |
| 434     | 76     | Ivone Alves                         | F      | Ginásio Clube de Bragança | VET 35    | 01:04:02 | 01:00:53 |
| 435     | 729    | Lara Lemos                          | F      | Academia Danciart         | VET 35    | 01:04:22 | 01:03:50 |
| 436     | 797    | Jose Pinto                          | M      |                           | VET 50    | 01:04:23 | 01:03:46 |
| 437     | 930    | ALBERTO LIZARDO                     | M      |                           | VET 60    | 01:04:57 | 01:04:36 |
| 438     | 208    | Hugo Rodrigues                      | M      | Academia Danciart         | VET 40    | 01:05:08 | 01:04:38 |
| 439     | 15     | Tiago David Soares da Cruz Loureiro | M      | Ginásio Clube de Bragança | Séniiores | 01:05:08 | 01:01:57 |
| 440     | 16     | Joana Margarida Marques da Fonte    | F      | Ginásio Clube de Bragança | Séniiores | 01:05:08 | 01:02:01 |
| 441     | 361    | Cristiana Pinto                     | F      | Individual                | Séniiores | 01:05:11 | 01:05:03 |
| 442     | 953    | Pedro Pinto                         | M      |                           | VET 45    | 01:05:12 | 00:57:13 |
| 443     | 131    | Inês                                | F      |                           | VET 35    | 01:05:21 | 01:05:04 |
| 444     | 803    | Inês Borges                         | F      | CediRun                   | Séniiores | 01:05:39 | 01:05:10 |
| 445     | 779    | Regina Vilar                        | F      |                           | VET 50    | 01:06:12 | 01:05:42 |
| 446     | 914    | HERMÍNIA OLIVEIRA                   | F      | "OS PRESSINHAS"           | VET 50    | 01:06:53 | 01:06:44 |
| 447     | 917    | ERNESTO SANTOS                      | M      | "OS PRESSINHAS"           | VET 60    | 01:06:53 | 01:06:43 |
| 448     | 637    | Miguel Oliveira                     | M      |                           | VET 35    | 01:07:00 | 01:06:31 |
| 449     | 638    | Sofia Pereira                       | F      |                           | VET 35    | 01:07:00 | 01:06:31 |
| 450     | 68     | José Pacheco                        | M      | Salgueiros Running        | VET 55    | 01:07:12 | 01:06:37 |
| 451     | 714    | Amélia Leandro                      | F      | faes running              | VET 50    | 01:07:22 | 01:07:02 |
| 452     | 644    | GLÓRIA PEREIRA                      | F      | Ginásio Clube de Bragança | VET 50    | 01:08:04 | 01:03:00 |
| 453     | 160    | Alexandra Mónica Rodrigues          | F      | Academia Danciart         | VET 40    | 01:08:04 | 01:07:34 |
| 454     | 224    | Clara Landolt                       | F      | Equipa A.N.A.             | VET 45    | 01:08:39 | 01:08:24 |
| 455     | 234    | Marlene Ferreira                    | F      | Equipa A.N.A.             | VET 40    | 01:08:39 | 01:08:24 |
| 456     | 522    | Andreia Lagarelhos                  | F      | Mov'et                    | Séniiores | 01:08:57 | 01:08:44 |
| 457     | 625    | AURORA FREITAS                      | F      | Salgueiros Running        | VET 55    | 01:09:15 | 01:09:06 |
| 458     | 857    | LUÍSA FERNANDES                     | F      | RIPOLINS GRIJÓ A CORRER   | VET 45    | 01:09:15 | 01:09:06 |
| 459     | 888    | RUI FERNANDES                       | M      | Amor de Flokyto           | VET 50    | 01:09:43 | 01:09:29 |
| 460     | 890    | Cristina Magalhães                  | F      | Amor de Flokyto           | Séniiores | 01:09:43 | 01:09:30 |
| 461     | 83     | Bruno                               | M      |                           | Séniiores | 01:09:47 | 01:09:13 |
| 462     | 720    | José Carlos Lascasas                | M      | Gondomar Futsal           | Séniiores | 01:09:53 | 01:09:37 |
| 463     | 724    | Paula Moreira                       | F      | Gondomar Futsal           | VET 40    | 01:09:53 | 01:09:37 |
| 464     | 198    | isidro silva                        | M      | pipb                      | VET 50    | 01:09:56 | 01:00:29 |
| 465     | 746    | Carlota Ferreira de Castro          | F      | Academia Danciart         | Séniiores | 01:11:40 | 01:11:10 |
| 466     | 717    | Bruna Dantas                        | F      | Academia Danciart         | Séniiores | 01:11:52 | 01:11:21 |
| 467     | 936    | Ricardo Dantas                      | M      | Academia Danciart         | VET 40    | 01:11:52 | 01:11:20 |
| 468     | 188    | Sofia Miguel Duarte Vieira da Silva | F      | Academia Danciart         | Séniiores | 01:12:03 | 01:11:34 |
| 469     | 161    | Ana Filipa Gonçalves Neto           | F      | Academia Danciart         | Séniiores | 01:12:30 | 01:12:00 |
| 470     | 354    | Ana Teresa Maia Reis Vieira         | F      |                           | Séniiores | 01:12:42 | 01:12:18 |

| Posição | Dorsal | Nome                                       | Género | Equipa                    | Categoria | Tempo            | Chip     |
|---------|--------|--|--------|---------------------------|-----------|------------------|----------|
| 471     | 175    | Iolanda Sara Pinto Queirós de Lima e Sousa | F      |                           | VET 50    | 01:14:12         | 01:13:36 |
| 472     | 767    | Sara Fangueiro                             | F      | Boa Nova                  | Séniore   | 01:15:03         | 01:13:49 |
| 473     | 770    | Filipa Fernandes                           | F      | Boa Nova                  | Séniore   | 01:15:03         | 01:13:48 |
| 474     | 749    | Diana Silva                                | F      |                           | VET 35    | 01:15:50         | 01:15:34 |
| 475     | 21     | MARIA GORETI                               | F      | Pardelhas                 | Séniore   | 01:15:50         | 01:15:27 |
| 476     | 941    | MANUEL PALMEIRO                            | M      | Ginásio Clube de Bragança | VET 55    | 01:16:48         | 00:55:47 |
| 477     | 778    | Mariana Tavares                            | F      |                           | Séniore   | 01:17:03         | 01:16:33 |
| 478     | 256    | Marta Fernandes                            | F      | Marta Fernandes           | Séniore   | 01:17:38         | 01:17:20 |
| 479     | 807    | Nuno Carvalho                              | M      | CediRun                   | VET 40    | 01:17:38         | 01:17:08 |
| 480     | 608    | Filomena Correia                           | F      | OPraticante.pt            | VET 60    | 01:18:26         | 01:18:02 |
| 481     | 437    | João Rodrigo Capela                        | M      |                           | Séniore   | 01:18:47         | 01:18:14 |
| 482     | 237    | Paula Marinho                              | F      | Equipa A.N.A.             | VET 45    | 01:19:23         | 01:19:09 |
| 483     | 162    | Marta Magalhães                            | F      | Equipa A.N.A.             | VET 35    | 01:19:23         | 01:19:09 |
| 484     | 731    | Carlo Genuncio                             | M      |                           | VET 55    | 01:20:31         | 01:20:04 |
| 485     | 719    | Valeria Pinho                              | F      |                           | VET 55    | 01:20:37         | 01:20:09 |
| 486     | 680    | diana ferreira                             | F      | fiaes running             | Séniore   | 01:21:18         | 01:20:57 |
| 487     | 189    | Sofia Rua                                  | F      | Academia Danciart         | Séniore   | 01:58:50         | 01:58:20 |
|         | 747    | Ana Carolina Silva Cardoso                 | F      | Academia Danciart         | Séniore   | 00:39:47 (desq.) | 00:39:17 |
|         | 528    | Paulo Marcos Alves                         | M      | RPM Runners Brasil        | VET 35    | 00:45:27 (desq.) | 00:45:22 |
|         | 470    | Carlos cardoso                             | F      | CLUBE MILLENNIUM BCP      | VET 50    | 01:02:08 (desq.) | 01:01:47 |
|         | 349    | Érica Lino Pereira                         | F      | Europarquerunning         | Séniore   | 01:03:16 (desq.) | 01:02:55 |