

20 JAN 2019
CORRIDA 10KM

CORRIDA SOLIDÁRIA
dos **ADEPTOS** e
SIMPATIZANTES



ecoX
EVENTOS ECOLÓGICOS

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	339	DANILO PIMENTEL	M	33	1	00:34:10.96	00:34:10.96	BELENENSES
2	866	ALEXANDRE RIBEIRO	M	18	2	00:34:59.20	00:34:57.28	BENFIQUISTA
3	535	BERNARDO ARTEAGA	M	18	3	00:36:05.72	00:36:03.65	FAIRPLAY
4	66	FLÁVIO SANTOS	M	22	4	00:36:08.92	00:36:06.64	FAIRPLAY
5	445	SÉRGIO TAVARES	M	39	1	00:36:20.96	00:36:17.42	PORTISTA
6	197	ANTÓNIO ARAÚJO	M	53	1	00:37:07.79	00:37:06.16	BENFIQUISTA
7	323	JOÃO RECTO	M	35	2	00:37:09.36	00:37:05.38	BENFIQUISTA
8	49	NUNO SILVA	M	39	3	00:37:44.61	00:37:40.67	SPORTINGUISTA
9	124	LUÍS RODRIGUES	M	29	5	00:37:49.73	00:37:47.45	BENFIQUISTA
10	653	TELMO NOGUEIRA	M	34	6	00:38:20.60	00:38:14.83	FAIRPLAY
11	37	CARLOS MATIAS	M	30	7	00:38:22.60	00:38:15.00	FAIRPLAY
12	937	RICARDO CASANOVA	M	39	4	00:38:24.97	00:38:22.42	FAIRPLAY
13	665	ANTONIO FELICIANO SILVA SANTOS	M	51	2	00:38:30.37	00:38:28.23	PORTISTA
14	944	ALEXANDRA SOUSA	F	36	1	00:38:30.56	00:38:28.38	FAIRPLAY
15	116	EDGAR TRIGO	M	49	3	00:38:36.83	00:38:32.75	PORTISTA
16	803	HENRIQUE JANOTA	M	46	4	00:38:38.00	00:38:34.32	BENFIQUISTA
17	109	JOÃO PEREIRA	M	27	8	00:38:52.20	00:38:50.51	BELENENSES
18	534	MARION MANGROBANG	F	27	1	00:39:15.10	00:39:12.72	FAIRPLAY
19	314	SANDRO SILVA	M	39	5	00:39:25.73	00:39:22.72	BENFIQUISTA
20	864	XAVIER PORTELA ADRIÃO	M	18	9	00:39:27.78	00:39:25.50	FAIRPLAY
21	286	JOÃO PASTOR	M	46	5	00:39:38.42	00:39:38.42	BENFIQUISTA
22	192	CHRISTOPH FETKENHEUER	M	32	10	00:39:42.82	00:39:35.70	SPORTINGUISTA
23	252	JOSÉ MANUEL GOMES	M	58	1	00:39:44.99	00:39:40.51	FAIRPLAY
24	89	JOÃO LIMÃO	M	45	6	00:39:52.14	00:39:47.47	BENFIQUISTA
25	353	ALEXANDRE FELÍCIO	M	28	11	00:39:52.67	00:39:22.67	BENFIQUISTA
26	420	ANTÓNIO GONÇALVES	M	53	7	00:39:59.62	00:39:37.80	BENFIQUISTA
27	604	JOSE BAPTISTA	M	52	8	00:40:04.71	00:40:02.65	BENFIQUISTA
28	371	DUARTE COSTA	M	35	6	00:40:05.89	00:40:03.87	BELENENSES
29	933	JOSE SILVA	M	55	2	00:40:07.24	00:40:07.24	FAIRPLAY
30	483	MÁRCIO RODRIGUES	M	39	7	00:40:19.19	00:40:14.63	BENFIQUISTA
31	882	GONÇALO CALDEIRA	M	22	12	00:40:19.94	00:40:15.01	FAIRPLAY
32	646	JOÃO MONIZ	M	24	13	00:40:30.10	00:40:27.51	FAIRPLAY
33	11	JOSÉ MARCELINO	M	58	3	00:40:34.56	00:40:29.26	SPORTINGUISTA
34	366	JOSE MARQUES	M	51	9	00:40:37.15	00:40:32.68	BENFIQUISTA
35	570	JOSÉ GONÇALVES	M	52	10	00:40:50.84	00:40:45.94	BENFIQUISTA
36	68	MIGUEL SANTOS	M	35	8	00:40:53.93	00:40:50.97	SPORTINGUISTA

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37	233	LUÍS VALINHO	M	32	14	00:40:57.38	00:40:51.84	BENFIQUISTA
38	384	LUÍS CUSTÓDIO	M	46	11	00:41:00.33	00:40:57.14	PORTISTA
39	947	JOÃO SIMÕES	M	47	12	00:41:10.09	00:40:52.15	FAIRPLAY
40	689	DIOGO PEREIRA	M	42	9	00:41:13.70	00:41:09.28	SPORTINGUISTA
41	240	ROGÉRIO FURTADO	M	39	10	00:41:24.40	00:41:21.85	BENFIQUISTA
42	336	ANDRÉ SANTOS	M	23	15	00:41:30.85	00:41:27.33	BENFIQUISTA
43	373	MIGUEL TEIXEIRA	M	45	13	00:41:36.99	00:41:33.40	SPORTINGUISTA
44	108	MARCO WILD	M	31	16	00:41:37.94	00:40:43.02	FAIRPLAY
45	849	JOSE MOREIRA	M	18	17	00:41:40.21	00:41:33.48	BENFIQUISTA
46	876	MARIA FRIAS	F	53	1	00:41:42.31	00:41:39.46	FAIRPLAY
47	287	JOSÉ SANTOS	M	49	14	00:41:43.12	00:41:23.83	PORTISTA
48	31	JOSE ESTEVES	M	52	15	00:41:48.79	00:41:43.29	SPORTINGUISTA
49	792	PAULO PIRES	M	53	16	00:41:53.05	00:41:31.41	BENFIQUISTA
50	603	RUI MACHINHO	M	42	11	00:41:54.92	00:41:50.80	BENFIQUISTA
51	574	ANTONIO LOURO	M	45	17	00:41:55.85	00:41:45.72	FAIRPLAY
52	272	PEDRO SOUSA	M	62	4	00:42:02.43	00:41:56.62	FAIRPLAY
53	248	CÉDRIC MONTEIRO	M	32	18	00:42:03.60	00:41:57.07	FAIRPLAY
54	183	JOÃO GUTERRES	M	43	12	00:42:08.72	00:42:04.43	FAIRPLAY
55	536	SÉRGIO SANTOS	M	49	18	00:42:10.21	00:42:07.02	FAIRPLAY
56	878	PEDRO DIAS	M	35	13	00:42:13.47	00:42:05.38	BENFIQUISTA
57	378	CARLOS HENRIQUES	M	34	19	00:42:16.84	00:42:09.87	BENFIQUISTA
58	762	SERGIO SANTOS	M	39	14	00:42:36.26	00:41:42.52	FAIRPLAY
59	356	ANAÍS MONIZ	F	29	2	00:42:38.31	00:42:33.84	BELENENSES
60	853	CARLOS GODINHO	M	34	20	00:42:43.92	00:42:14.58	SPORTINGUISTA
61	326	RUI COSTA	M	32	21	00:42:49.10	00:42:41.67	BENFIQUISTA
62	842	NUNO LOPES	M	42	15	00:42:49.34	00:42:26.16	BENFIQUISTA
63	649	PAULO MOREIRA	M	49	19	00:42:51.86	00:42:27.07	SPORTINGUISTA
64	846	LÚCIA OLIVEIRA	F	39	2	00:42:52.81	00:42:48.92	SPORTINGUISTA
65	532	FABIO LEITAO	M	30	22	00:43:03.46	00:42:50.27	PORTISTA
66	669	HENRIQUE FERREIRA	M	48	20	00:43:07.36	00:42:48.53	FAIRPLAY
67	295	NUNO HENRIQUE MENDES	M	35	16	00:43:12.55	00:43:06.49	BENFIQUISTA
68	304	LUIS MEALHA	M	47	21	00:43:14.80	00:43:03.42	SPORTINGUISTA
69	146	SAMUEL MARQUES	M	39	17	00:43:18.75	00:43:12.13	SPORTINGUISTA
70	380	JOSÉ FRANCISCO MIRANDA	M	58	5	00:43:23.20	00:43:18.32	PORTISTA
71	886	FERNANDO GODINHO	M	45	22	00:43:25.92	00:43:19.70	FAIRPLAY
72	427	PAULO REIS	M	48	23	00:43:26.88	00:43:16.60	FAIRPLAY
73	877	PATRICIA CALDAS	F	35	3	00:43:36.82	00:43:33.88	BENFIQUISTA

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74	723	VASCO LEVITA	M	45	24	00:43:38.95	00:42:57.68	BENFIQUISTA
75	726	CESAR CORREIA	M	44	18	00:43:39.96	00:42:58.19	SPORTINGUISTA
76	342	HORÁCIO OLIVEIRA	M	44	19	00:43:40.19	00:43:24.37	ESTORILISTA
77	500	RUI PEDRO RODRIGUES	M	44	20	00:43:45.52	00:43:38.76	SPORTINGUISTA
78	565	MANUEL JOÃO SILVA	M	44	21	00:43:49.98	00:43:41.63	SPORTINGUISTA
79	747	DAVID SARAIVA	M	36	22	00:44:01.30	00:43:29.07	FAIRPLAY
80	132	HUGO MATEUS	M	40	23	00:44:01.73	00:43:49.63	SPORTINGUISTA
81	798	ANTONIO REBELO	M	47	25	00:44:05.64	00:43:52.31	FAIRPLAY
82	582	SILVERIO CORREIA	M	51	26	00:44:07.18	00:44:02.67	BENFIQUISTA
83	615	ARTUR VASQUES	M	25	23	00:44:07.30	00:44:02.32	BENFIQUISTA
84	78	GONÇALO GRAZINA	M	28	24	00:44:08.61	00:43:57.78	SPORTINGUISTA
85	519	HENRIQUE AMADOR	M	47	27	00:44:09.25	00:44:02.69	SPORTINGUISTA
86	288	ORLANDO SOUSA	M	56	6	00:44:09.42	00:43:48.24	SETUBALENSE
87	506	NUNO DIOGO	M	46	28	00:44:10.00	00:44:02.34	SPORTINGUISTA
88	327	EMANUEL SEITA	M	43	24	00:44:12.87	00:44:05.69	BENFIQUISTA
89	48	HELENA MOREIRA	F	42	4	00:44:14.58	00:44:10.80	FAIRPLAY
90	674	JOAO GONCALVES	M	52	29	00:44:17.14	00:44:05.74	ESTORILISTA
91	322	PEDRO NETO	M	46	30	00:44:17.59	00:44:10.64	SPORTINGUISTA
92	666	TIAGO ROSA	M	28	25	00:44:24.28	00:43:32.06	BENFIQUISTA
93	647	CARLOS BERNARDO	M	49	31	00:44:25.83	00:44:22.89	BELENENSES
94	895	LEONEL SELEIRO	M	62	7	00:44:28.85	00:44:25.21	BENFIQUISTA
95	736	JOAO PEDRO GOMES	M	46	32	00:44:30.37	00:44:10.95	FAIRPLAY
96	365	PAULO ALMEIDA	M	42	25	00:44:37.48	00:44:32.50	BENFIQUISTA
97	791	JOSE AUGUSTO	M	40	26	00:44:44.58	00:44:27.85	BENFIQUISTA
98	575	JORGE BERNANRDO	M	46	33	00:44:46.46	00:44:42.25	BENFIQUISTA
99	300	PEDRO PEREIRA	M	41	27	00:44:48.19	00:44:43.40	BENFIQUISTA
100	521	JOAQUIM FRADE	M	63	8	00:45:02.06	00:44:52.10	BENFIQUISTA
101	447	JOÃO CARVALHO	M	44	28	00:45:02.81	00:44:46.72	BENFIQUISTA
102	181	FRANCISCO ALMEIDA	M	18	26	00:45:12.23	00:45:08.81	BENFIQUISTA
103	940	DANIEL PAIVA	M	28	27	00:45:14.00	00:44:16.00	BENFIQUISTA
104	768	AMAVEL FIGUEIREDO	M	58	9	00:45:17.34	00:45:10.03	BENFIQUISTA
105	818	VITOR CAVADAS	M	31	28	00:45:17.83	00:45:17.83	PORTISTA
106	207	DIOGO ASSUNÇÃO	M	30	29	00:45:18.44	00:45:05.02	BENFIQUISTA
107	766	SERGIO SANTOS	M	54	34	00:45:19.05	00:45:11.83	BELENENSES
108	695	JOSE REIS	M	65	1	00:45:19.89	00:45:12.04	SPORTINGUISTA
109	201	JOÃO RIBEIRA	M	39	29	00:45:21.03	00:45:16.23	FAIRPLAY
110	431	RICARDO NASCIMENTO	M	34	30	00:45:24.07	00:45:17.90	ESTORILISTA

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111	167	PAULA TEIXEIRA	F	41	5	00:45:24.50	00:45:21.40	BELENENSES
112	771	CARLOS AMARO	M	37	30	00:45:36.59	00:45:20.78	BENFIQUISTA
113	698	ÓSCAR SANTOS	M	61	10	00:45:39.57	00:45:32.94	SPORTINGUISTA
114	480	VICTOR JESUS	M	43	31	00:45:45.78	00:45:32.50	FAIRPLAY
115	76	ANDRÉ ZEFERINO	M	40	32	00:45:47.03	00:45:36.43	BENFIQUISTA
116	64	ANTONIO RAMOS	M	47	35	00:45:47.60	00:45:40.51	BENFIQUISTA
117	788	VIRGILIO MADEIRA	M	59	11	00:45:48.03	00:45:20.41	BENFIQUISTA
118	180	BERNARDO REIS	M	31	31	00:45:48.60	00:45:43.23	BENFIQUISTA
119	142	FRANCISCO ROSÁRIO	M	50	36	00:45:49.85	00:45:40.12	SPORTINGUISTA
120	748	CARLOS FRANCISCO	M	27	32	00:45:50.09	00:45:17.46	SPORTINGUISTA
121	819	NUNO JESUS	M	38	33	00:45:53.98	00:45:29.84	SPORTINGUISTA
122	732	JOÃO CAETANO	M	38	34	00:45:57.28	00:45:30.55	SPORTINGUISTA
123	410	AVELINO JOSÉ MENDES RODRIGUES	M	44	35	00:45:57.59	00:45:48.03	SPORTINGUISTA
124	491	LUÍS TIAGO CORREIRA ASSUNÇÃO	M	29	33	00:45:59.49	00:45:28.79	PORTISTA
125	409	MARCO PAULO COSTA	M	40	36	00:45:59.54	00:45:38.32	SPORTINGUISTA
126	355	RITA ROCHA	F	42	6	00:46:01.47	00:45:39.21	BENFIQUISTA
127	394	JOSE GASPAR	M	46	37	00:46:03.79	00:45:37.98	BENFIQUISTA
128	474	RICARDO SANTOS	M	37	37	00:46:04.81	00:45:53.12	BELENENSES
129	850	NELI BARREIROS	F	43	7	00:46:05.35	00:45:43.23	SPORTINGUISTA
130	293	CARLOS CRAVEIRA	M	47	38	00:46:07.29	00:45:55.61	BENFIQUISTA
131	725	FABIANO FERREIRA	M	38	38	00:46:09.15	00:46:05.01	BENFIQUISTA
132	761	JOÃO SEDAS NUNES	M	55	12	00:46:10.59	00:45:54.94	SPORTINGUISTA
133	509	CARLOS DUQUE	M	29	34	00:46:11.88	00:45:33.19	ESTORILISTA
134	27	JOÃO MARQUES	M	49	39	00:46:12.60	00:45:57.72	BENFIQUISTA
135	361	RUI CORREIA	M	42	39	00:46:13.17	00:45:55.78	BENFIQUISTA
136	245	JOÃO SANTOS	M	54	40	00:46:14.45	00:46:01.79	SETUBALENSE
137	946	INES MARQUES	F	41	8	00:46:25.16	00:46:18.98	
138	39	LUÍS BALINHO	M	44	40	00:46:26.12	00:46:16.76	SPORTINGUISTA
139	894	MIGUEL BAIÃO	M	20	35	00:46:31.05	00:46:23.57	SPORTINGUISTA
140	547	JOAO RODRIGUES	M	47	41	00:46:31.39	00:45:46.38	FAIRPLAY
141	347	ANA SOFIA MENDES	F	42	9	00:46:33.68	00:46:30.90	SPORTINGUISTA
142	237	EDUARDO RIBEIRO	M	51	42	00:46:35.92	00:46:03.76	PORTISTA
143	310	NATACHA RIBEIRINHO	F	28	3	00:46:37.30	00:46:27.73	FAIRPLAY
144	504	GONÇALO GUIOMAR	M	25	36	00:46:42.22	00:46:13.04	SPORTINGUISTA
145	67	ISABEL SANTOS	F	49	2	00:46:42.99	00:46:36.01	BENFIQUISTA
146	412	PEDRO REIS	M	43	41	00:46:51.94	00:46:44.63	BENFIQUISTA
147	426	RUI PINTO	M	53	43	00:46:53.27	00:46:41.59	BENFIQUISTA

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148	499	TIAGO CRUZ	M	31	37	00:46:56.65	00:46:26.74	BENFIQUISTA
149	503	JULIO ROQUE	M	53	44	00:46:58.05	00:46:37.15	BENFIQUISTA
150	502	PEDRO SANTOS	M	42	42	00:46:58.17	00:46:27.60	BENFIQUISTA
151	513	BRUNO DIAS	M	42	43	00:46:58.80	00:46:46.57	BENFIQUISTA
152	527	NOEMIA SEQUEIRA	F	50	3	00:46:58.86	00:46:45.86	BENFIQUISTA
153	542	SÉRGIO CORDEIRO	M	34	38	00:47:02.42	00:46:39.32	PORTISTA
154	213	CARLOS ANTUNES	M	67	2	00:47:04.11	00:46:58.09	SPORTINGUISTA
155	912	MICKE ROSADO	M	26	39	00:47:04.49	00:46:15.40	FAIRPLAY
156	596	LUIS MILHEIRO	M	58	13	00:47:04.76	00:44:41.47	SPORTINGUISTA
157	941	LUISA LACERDA	F	40	10	00:47:05.89	00:46:01.73	SPORTINGUISTA
158	290	ALEXANDRE PASTOR	M	18	40	00:47:08.05	00:46:12.44	BENFIQUISTA
159	749	CARLOS NEVES	M	38	44	00:47:09.28	00:46:36.34	BELENENSES
160	602	CARLOS GONÇALVES	M	49	45	00:47:10.80	00:47:05.29	BENFIQUISTA
161	184	RUI HENRIQUES	M	47	46	00:47:12.85	00:46:59.64	FAIRPLAY
162	783	BRUNO DUARTE	M	35	45	00:47:13.55	00:46:39.81	FAIRPLAY
163	704	RODRIGUES FERREIRA	M	38	46	00:47:14.20	00:46:39.94	SETUBALENSE
164	397	JOÃO FERNANDES	M	37	47	00:47:15.60	00:46:30.81	BENFIQUISTA
165	92	SANDRA CARDOSO	F	46	4	00:47:21.48	00:44:49.28	SPORTINGUISTA
166	95	CARLA CARDOSO	F	45	5	00:47:21.98	00:44:49.25	SPORTINGUISTA
167	100	ANTONIO GONÇALVES	M	57	14	00:47:22.35	00:47:13.03	SPORTINGUISTA
168	50	RICARDO AFONSO	M	47	47	00:47:23.21	00:46:30.68	SPORTINGUISTA
169	305	AMERICO PITA	M	60	15	00:47:25.93	00:47:21.55	SPORTINGUISTA
170	501	CARLOS MARQUES	M	48	48	00:47:28.05	00:46:59.17	SPORTINGUISTA
171	908	TIAGO DORES	M	40	48	00:47:28.81	00:46:43.33	SPORTINGUISTA
172	57	FRANCISCO GUERRA	M	38	49	00:47:29.60	00:47:14.42	BENFIQUISTA
173	283	CARLOS DIAS	M	57	16	00:47:30.24	00:46:51.16	SPORTINGUISTA
174	88	JOSÉ VAZ	M	60	17	00:47:32.15	00:47:08.23	BENFIQUISTA
175	345	ARMANDO MARTINS	M	52	49	00:47:34.57	00:47:30.24	BENFIQUISTA
176	784	FERNANDO CELESTINO	M	60	18	00:47:35.91	00:47:04.66	BENFIQUISTA
177	785	FILIPE SILVA	M	41	50	00:47:37.52	00:47:27.68	SETUBALENSE
178	163	SÉRGIO GRADE	M	37	51	00:47:40.00	00:46:44.08	SPORTINGUISTA
179	162	FRANCISCO PASSOS	M	57	19	00:47:41.49	00:46:48.73	SPORTINGUISTA
180	884	DANIEL SILVERIO	M	43	52	00:47:44.38	00:47:39.55	PORTISTA
181	372	NUNO GOMES	M	42	53	00:47:45.31	00:47:39.07	BENFIQUISTA
182	182	JOSÉ CAEIRO	M	27	41	00:47:48.05	00:47:25.99	BENFIQUISTA
183	211	EMANUEL OLIVEIRA	M	28	42	00:47:48.82	00:47:30.89	FAIRPLAY
184	715	SÉRGIO FREITAS	M	42	54	00:47:51.90	00:47:41.77	FAIRPLAY

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185	676	PATRICIA DINIS	F	50	6	00:47:52.94	00:47:06.59	SPORTINGUISTA
186	767	JOSE CABRAL	M	61	20	00:47:52.95	00:47:44.64	BENFIQUISTA
187	705	INES BERNARDO	F	37	11	00:47:53.15	00:47:06.79	BENFIQUISTA
188	713	CARLOS DINIS	M	54	50	00:47:53.44	00:47:06.90	SPORTINGUISTA
189	671	FERNANDO RODRIGUES	M	54	51	00:47:53.82	00:47:06.85	BENFIQUISTA
190	155	JOÃO MELO	M	39	55	00:47:55.04	00:47:44.17	BENFIQUISTA
191	652	YUYANG LI	M	28	43	00:47:55.25	00:47:48.03	BENFIQUISTA
192	422	JORGE VILELA	M	52	52	00:47:55.61	00:47:55.61	BENFIQUISTA
193	753	EDGAR FRANCISCO	M	53	53	00:47:56.02	00:47:23.99	BENFIQUISTA
194	457	NUNO CENTENO	M	40	56	00:47:57.13	00:47:05.55	BENFIQUISTA
195	419	VITOR TEIXEIRA	M	50	54	00:47:57.51	00:47:42.37	SPORTINGUISTA
196	222	JOÃO VARANDA	M	44	57	00:47:58.13	00:47:34.91	BENFIQUISTA
197	47	JOÃO ESTEVÃO	M	38	58	00:47:59.14	00:47:40.35	BENFIQUISTA
198	624	FABIANO LOURES	M	33	44	00:47:59.84	00:47:18.61	FAIRPLAY
199	496	VITOR COIMBRA	M	48	55	00:48:05.47	00:47:51.86	SPORTINGUISTA
200	275	SANDRO BORDEIRA	M	42	59	00:48:05.94	00:47:57.98	PORTISTA
201	26	FILIPA FERRO	F	41	12	00:48:09.37	00:48:03.91	BENFIQUISTA
202	888	EMANUEL MARTINS	M	41	60	00:48:10.94	00:48:05.90	FAIRPLAY
203	246	VITOR PAIVA	M	40	61	00:48:15.61	00:48:13.07	BENFIQUISTA
204	543	LUIS TORRÃO	M	37	62	00:48:15.79	00:48:05.69	PORTISTA
205	317	JOEL MÓSCA	M	51	56	00:48:15.93	00:48:08.20	SPORTINGUISTA
206	682	JOSE RODRIGUES	M	68	3	00:48:17.78	00:48:15.36	SPORTINGUISTA
207	459	ANDRÉ RIBEIRO	M	26	45	00:48:22.69	00:47:58.88	BENFIQUISTA
208	231	ANDRÉ CASIMIRO	M	40	63	00:48:24.06	00:48:21.86	BENFIQUISTA
209	301	JULIETA MOTA	F	46	7	00:48:27.06	00:48:13.83	BENFIQUISTA
210	104	ANA JOSE	F	46	8	00:48:27.22	00:48:20.76	FAIRPLAY
211	635	FRANCISCO COSTA	M	46	57	00:48:27.82	00:47:54.21	BENFIQUISTA
212	112	JOÃO PAULO NEVES	M	53	58	00:48:29.17	00:47:47.18	FAIRPLAY
213	661	JAIME PORTUGAL	M	49	59	00:48:29.94	00:48:12.69	FAIRPLAY
214	393	RUI FIGUEIREDO	M	54	60	00:48:30.35	00:48:05.84	BENFIQUISTA
215	87	RUI MENDES	M	47	61	00:48:30.95	00:48:22.51	BENFIQUISTA
216	103	LUIS JOSE	M	49	62	00:48:31.01	00:48:23.23	FAIRPLAY
217	793	FRANCISCO BATISTA	M	53	63	00:48:35.78	00:48:19.91	SPORTINGUISTA
218	472	CECILIA NICOLAU	F	51	9	00:48:37.22	00:47:46.06	BENFIQUISTA
219	381	ROGÉRIO FONSECA	M	52	64	00:48:37.52	00:48:19.38	BENFIQUISTA
220	834	PEDRO TRABUCHO	M	54	65	00:48:37.78	00:48:28.32	ESTORILISTA
221	663	BRUNO SEABRA	M	43	64	00:48:38.10	00:48:20.64	FAIRPLAY

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222	701	JOSE MARQUES	M	48	66	00:48:40.18	00:47:58.04	BENFIQUISTA
223	657	GONCALO CORREIA	M	32	46	00:48:44.32	00:48:17.92	SPORTINGUISTA
224	656	BRUNO PINHEIRO	M	38	65	00:48:44.42	00:48:18.02	SPORTINGUISTA
225	816	JAIME SILVA	M	42	66	00:48:46.09	00:47:58.45	BENFIQUISTA
226	924	SUSANA COSTA	F	31	4	00:48:47.46	00:48:08.45	BENFIQUISTA
227	694	FERNANDO FARIA	M	36	67	00:48:48.49	00:48:09.53	PORTISTA
228	332	MARCIA SILVA	F	27	5	00:48:50.30	00:48:46.79	BENFIQUISTA
229	558	PAULO PATRÍCIO	M	47	67	00:48:51.78	00:48:06.28	SPORTINGUISTA
230	559	JOSÉ NETO	M	44	68	00:48:52.94	00:48:06.99	SPORTINGUISTA
231	444	VALTER GONÇALVES	M	36	69	00:48:54.62	00:48:43.78	BENFIQUISTA
232	425	SANDRO ROSENDO	M	33	47	00:48:54.73	00:48:21.21	PORTISTA
233	523	LUIA LANDEIRO	F	48	10	00:48:57.03	00:48:51.26	SPORTINGUISTA
234	375	HÉLIO BARRELAS	M	36	70	00:48:57.75	00:48:13.20	SPORTINGUISTA
235	742	BRUNO CARDOSO	M	39	71	00:48:57.93	00:48:47.17	BENFIQUISTA
236	740	NELSON CUSTÓDIO	M	43	72	00:48:58.32	00:48:48.76	PORTISTA
237	667	MIGUEL BAPTISTA	M	29	48	00:48:59.31	00:48:01.73	PORTISTA
238	929	VITOR MORAIS	M	60	21	00:48:59.64	00:48:59.64	SPORTINGUISTA
239	133	LUIS ABRUNHOSA	M	51	68	00:49:01.23	00:48:48.64	SPORTINGUISTA
240	756	JOAQUIM ALEXANDRE	M	52	69	00:49:02.51	00:48:32.38	BENFIQUISTA
241	571	NELSON TAVARES	M	37	73	00:49:11.48	00:48:48.16	BELENENSES
242	755	LUIS FERREIRA	M	51	70	00:49:12.69	00:48:43.92	SPORTINGUISTA
243	880	JORGE AMARAL	M	41	74	00:49:13.46	00:48:35.54	FAIRPLAY
244	890	LUIS GAMA	M	49	71	00:49:14.22	00:48:42.55	SPORTINGUISTA
245	634	RUI MAIA	M	40	75	00:49:14.72	00:48:39.36	SPORTINGUISTA
246	552	FERNANDO FERNANDES	M	57	22	00:49:14.77	00:48:40.16	SPORTINGUISTA
247	299	FILIPE ROSÁRIO	M	28	49	00:49:15.01	00:48:29.40	BENFIQUISTA
248	510	TIAGO SALGUEIRO	M	28	50	00:49:17.29	00:48:38.75	BENFIQUISTA
249	139	JOAO MACEDO	M	52	72	00:49:17.91	00:48:41.94	SPORTINGUISTA
250	598	CARLOS TEIXEIRA	M	46	73	00:49:19.18	00:49:02.02	SPORTINGUISTA
251	902	JOSÉ PEIXOTO	M	59	23	00:49:21.34	00:49:11.36	BENFIQUISTA
252	223	RAFAEL AZRIEL	M	49	74	00:49:30.26	00:49:18.36	BENFIQUISTA
253	13	JOÃO MOITEIRO	M	46	75	00:49:31.97	00:49:17.79	PORTISTA
254	526	MIGUEL DIAS	M	43	76	00:49:32.35	00:48:49.32	FAIRPLAY
255	516	FERNANDO LIMA	M	49	76	00:49:32.46	00:49:20.85	SPORTINGUISTA
256	411	JORGE BARROS	M	45	77	00:49:32.70	00:49:21.15	SPORTINGUISTA
257	514	CARLOS LEITAO	M	55	24	00:49:32.92	00:49:21.97	BENFIQUISTA
258	343	TIAGO FONSECA	M	44	77	00:49:34.43	00:48:38.63	BENFIQUISTA

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259	437	MIGUEL ROCHA	M	45	78	00:49:34.90	00:49:19.94	BENFIQUISTA
260	859	HUGO TAVARES	M	42	78	00:49:40.70	00:48:46.63	SPORTINGUISTA
261	618	JOSE C. PEREIRA	M	49	79	00:49:42.95	00:48:54.34	SPORTINGUISTA
262	113	GERMANO BERNARDO	M	63	25	00:49:44.69	00:48:47.31	BENFIQUISTA
263	821	ANTONIO NOGUEIRA	M	46	80	00:49:45.74	00:49:32.72	BENFIQUISTA
264	191	JOÃO PEDRO RODRIGUES	M	26	51	00:49:46.32	00:49:22.26	BENFIQUISTA
265	493	PEDRO DO VALE	M	25	52	00:49:47.60	00:48:54.83	BENFIQUISTA
266	743	RICARDO CONCEIÇÃO	M	33	53	00:49:48.54	00:49:44.55	PORTISTA
267	485	CRISTIANO FILIPE	M	27	54	00:49:49.10	00:48:52.86	FAIRPLAY
268	388	ROGERIO LUIS	M	46	81	00:49:49.40	00:49:13.56	BENFIQUISTA
269	741	PEDRO SANTOS	M	27	55	00:49:49.88	00:49:39.32	BENFIQUISTA
270	439	ANTÓNIO AMARAL	M	41	79	00:49:50.20	00:49:01.96	BENFIQUISTA
271	202	JOSE RODRIGUES	M	54	82	00:49:50.38	00:49:50.38	FAIRPLAY
272	650	VITOR BRAZ	M	56	26	00:49:51.39	00:49:26.08	BENFIQUISTA
273	475	VASCO SILVA	M	24	56	00:49:52.48	00:49:14.96	BENFIQUISTA
274	354	BÁRBARA RITA ABREU	F	25	6	00:49:52.55	00:49:30.59	SPORTINGUISTA
275	65	HUGO REBELO	M	44	80	00:49:58.62	00:49:45.46	BENFIQUISTA
276	687	MARIO FARIA	M	51	83	00:50:06.81	00:49:19.45	BENFIQUISTA
277	406	XIAOKE YIN	M	32	57	00:50:07.51	00:49:58.11	FAIRPLAY
278	495	PAULO BARATA	M	47	84	00:50:10.22	00:49:23.82	SPORTINGUISTA
279	461	LUIS REVÉS	M	45	85	00:50:16.04	00:50:16.04	BENFIQUISTA
280	77	CARLOS PALMA	M	50	86	00:50:19.54	00:50:10.67	SPORTINGUISTA
281	781	TIAGO COELHO	M	31	58	00:50:21.32	00:50:07.09	BENFIQUISTA
282	544	ANTONIO BARBAS	M	51	87	00:50:23.89	00:50:03.51	BENFIQUISTA
283	673	PAULO PAIS	M	53	88	00:50:26.14	00:49:48.42	PORTISTA
284	367	FERNANDO AGOSTINHO	M	40	81	00:50:30.09	00:50:25.70	SPORTINGUISTA
285	875	FRANCISCO ANES JUNIOR	M	30	59	00:50:30.55	00:50:19.63	ESTORILISTA
286	492	MAURO NUNES	M	40	82	00:50:31.27	00:50:06.35	BENFIQUISTA
287	948	PAULO VALE FIGUEIRA	M	54	89	00:50:32.60	00:49:31.20	FAIRPLAY
288	145	MARIO BRAZ	M	44	83	00:50:33.60	00:50:18.93	BENFIQUISTA
289	98	NUNO CLEMENTE	M	45	90	00:50:35.02	00:50:20.70	BENFIQUISTA
290	714	JORGE DIAS	M	51	91	00:50:35.03	00:49:54.46	PORTISTA
291	774	JOSÉ TOMÉ	M	52	92	00:50:35.57	00:50:04.48	BENFIQUISTA
292	772	ALEXANDRE RIBEIRO	M	46	93	00:50:35.70	00:50:04.47	BENFIQUISTA
293	505	RUI RODRIGUES	M	53	94	00:50:36.19	00:49:55.46	BENFIQUISTA
294	641	SONIA CRUZ	F	39	13	00:50:36.56	00:50:07.13	BENFIQUISTA
295	668	RICARDO SALGUEIRO	M	33	60	00:50:36.79	00:50:21.25	PORTISTA

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296	320	JOSE MONTEIRO	M	61	27	00:50:39.17	00:50:09.82	BENFIQUISTA
297	909	RUI PEREIRA	M	30	61	00:50:39.69	00:49:52.35	BENFIQUISTA
298	19	ABÍLIO OLIVEIRA	M	53	95	00:50:46.94	00:50:38.68	SPORTINGUISTA
299	553	ANTONIO BATISTA	M	71	4	00:50:47.97	00:50:24.62	BENFIQUISTA
300	195	JOÃO PASSEIRO	M	56	28	00:50:52.25	00:49:50.66	BENFIQUISTA
301	194	ALMERINDO SILVA	M	59	29	00:50:52.27	00:49:50.68	BENFIQUISTA
302	903	JOSÉ BRITES	M	45	96	00:50:52.80	00:50:08.31	FAIRPLAY
303	341	SÉRGIO LARANJEIRA	M	37	84	00:50:53.39	00:50:40.76	FAIRPLAY
304	871	DIOGO LUIS	M	32	62	00:50:55.42	00:49:51.31	SPORTINGUISTA
305	567	MADALENA LOPES DE CARVALHO	F	30	7	00:50:58.54	00:50:18.61	SPORTINGUISTA
306	752	FILIPE BRANCO	M	49	97	00:50:59.65	00:50:29.85	BENFIQUISTA
307	198	VAGNER SIMPLÍCIO	M	33	63	00:51:00.97	00:50:03.63	FAIRPLAY
308	199	FÁBIO TORRES	M	33	64	00:51:01.48	00:49:59.70	FAIRPLAY
309	750	JOAO SANCHES	M	56	30	00:51:02.07	00:50:33.03	SPORTINGUISTA
310	822	GUILHERME GODINHO	M	43	85	00:51:02.62	00:50:42.36	BENFIQUISTA
311	716	JOAQUIM PINHEIRO	M	39	86	00:51:06.23	00:50:15.51	SPORTINGUISTA
312	757	PAULO TOMAS	M	46	98	00:51:09.91	00:50:32.69	BENFIQUISTA
313	468	JOSÉ SILVA	M	34	65	00:51:13.65	00:51:01.05	BENFIQUISTA
314	271	PEDRO CLETO	M	46	99	00:51:14.25	00:50:37.31	SPORTINGUISTA
315	232	JOÃO MARTINHO	M	34	66	00:51:14.38	00:50:57.10	BENFIQUISTA
316	712	HUGO TROLHO	M	42	87	00:51:15.56	00:50:51.33	SPORTINGUISTA
317	401	RUI FONTES	M	36	88	00:51:16.52	00:50:44.98	BELENENSES
318	402	JOÃO TUBAL	M	40	89	00:51:17.33	00:50:46.38	FAIRPLAY
319	835	CARLOS BARGADO	M	54	100	00:51:18.19	00:50:50.45	SPORTINGUISTA
320	56	PATRÍCIA MACHADO	F	36	14	00:51:20.13	00:51:18.22	BENFIQUISTA
321	187	JOAO LIMÃO	M	26	67	00:51:21.36	00:50:56.57	FAIRPLAY
322	102	NUNO MELO	M	43	90	00:51:21.44	00:51:08.62	SPORTINGUISTA
323	58	CÉSAR SANTOS	M	46	101	00:51:22.07	00:50:49.04	SPORTINGUISTA
324	939	ELISIO SILVA	M	28	68	00:51:22.17	00:50:23.95	SPORTINGUISTA
325	430	JOSE GOMES	M	41	91	00:51:22.60	00:50:51.55	BENFIQUISTA
326	719	RICARDO MESQUITA CARVALHO	M	35	92	00:51:25.55	00:50:47.75	SPORTINGUISTA
327	836	SÓNIA NEVES	F	40	15	00:51:27.25	00:51:01.10	PORTISTA
328	337	ANDRE CONCEICAO	M	29	69	00:51:27.49	00:50:25.87	ESTORILISTA
329	796	PEDRO DOMINGOS	M	36	93	00:51:27.54	00:50:50.24	SPORTINGUISTA
330	276	ANDREIA ANDRADE	F	30	8	00:51:27.67	00:51:20.16	SPORTINGUISTA
331	930	NUNO MAIA	M	38	94	00:51:28.45	00:51:15.25	PORTISTA
332	551	MARIO RAMOS	M	59	31	00:51:34.04	00:50:59.06	BENFIQUISTA

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333	362	BRUNO ANTUNES	M	39	95	00:51:48.69	00:51:08.15	BENFIQUISTA
334	227	VITALIANO COSTA	M	40	96	00:51:52.87	00:50:50.04	FAIRPLAY
335	802	ALBERTO ROMÃO	M	56	32	00:51:55.11	00:51:17.13	BENFIQUISTA
336	893	FERNANDO SANTOS	M	65	5	00:51:55.32	00:51:45.33	BENFIQUISTA
337	900	MANUEL EMIDIO	M	62	33	00:51:55.52	00:51:45.44	BENFIQUISTA
338	224	ANTONIO RAFAEL MARTINS MARTINS	M	54	102	00:51:56.71	00:51:29.14	BENFIQUISTA
339	782	ANTONIO SENA	M	47	103	00:51:58.66	00:51:30.45	FAIRPLAY
340	466	LUI S CALHEIROS	M	44	97	00:52:01.24	00:51:03.09	SPORTINGUISTA
341	334	MIGUEL RIBEIRO	M	46	104	00:52:02.42	00:51:14.65	FAIRPLAY
342	528	OLGA BORGES	F	43	16	00:52:03.62	00:51:57.16	BENFIQUISTA
343	389	HUGO DIAS	M	41	98	00:52:07.13	00:51:31.33	BENFIQUISTA
344	481	NUNO GUERREIRO	M	43	99	00:52:08.11	00:51:17.50	SPORTINGUISTA
345	927	DINA RODRIGUES	F	41	17	00:52:10.11	00:51:49.77	BENFIQUISTA
346	795	RICARDO MACHADO	M	44	100	00:52:12.86	00:51:28.39	BELENENSES
347	905	JOÃO BARATA	M	58	34	00:52:14.10	00:51:37.59	FAIRPLAY
348	16	ADRIANO COTRIM	M	77	6	00:52:14.75	00:52:08.29	SPORTINGUISTA
349	221	ALEXANDRE ESPIRITO SANTO	M	37	101	00:52:19.26	00:51:23.88	BENFIQUISTA
350	515	CATIA FONSECA	F	36	18	00:52:19.54	00:51:36.05	BENFIQUISTA
351	737	MARTA RODRIGUES	F	34	9	00:52:21.46	00:51:29.00	BENFIQUISTA
352	403	TIAGO BORGES	M	42	102	00:52:22.49	00:51:39.84	BENFIQUISTA
353	729	FILIPE GINJA DUARTE	M	32	70	00:52:25.13	00:51:37.25	SETUBALENSE
354	934	INES CAMPOS	F	36	19	00:52:25.15	00:51:59.29	FAIRPLAY
355	885	FERNANDO CLAUDINO	M	66	7	00:52:25.81	00:51:57.64	FAIRPLAY
356	707	PEDRO TOME	M	41	103	00:52:29.52	00:51:42.74	SPORTINGUISTA
357	54	TAM AFONSO	M	66	8	00:52:32.71	00:52:23.72	BENFIQUISTA
358	186	JOÃO PEREIRA	M	49	105	00:52:33.03	00:52:00.01	BENFIQUISTA
359	760	MIGUEL CASTELA	M	48	106	00:52:40.15	00:51:47.58	SPORTINGUISTA
360	111	ANTÓNIO FONSECA	M	72	9	00:52:43.06	00:51:42.05	SPORTINGUISTA
361	677	MARIO MENDES	M	54	107	00:52:43.64	00:52:04.71	BENFIQUISTA
362	606	JOAO ROCHA	M	67	10	00:52:44.67	00:52:41.58	BENFIQUISTA
363	392	ANTONIO RIBEIRO	M	54	108	00:52:45.02	00:52:19.05	SPORTINGUISTA
364	632	PAULO VAZ	M	46	109	00:52:45.32	00:52:18.63	SPORTINGUISTA
365	110	RAUL MOITA	M	62	35	00:52:46.52	00:52:18.91	BENFIQUISTA
366	321	DIOGO PIMENTEL	M	22	71	00:52:48.44	00:52:36.41	SPORTINGUISTA
367	662	CRISTINA PORTUGAL	F	50	11	00:52:59.61	00:52:42.86	FAIRPLAY
368	738	MARIA MAGRO	F	45	12	00:52:59.81	00:52:08.14	SPORTINGUISTA
369	90	PEDRO SOUSA	M	37	104	00:53:00.01	00:51:56.98	PORTISTA

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370	284	FRANCISCO PLÍNIO	M	62	36	00:53:02.11	00:52:23.70	BENFIQUISTA
371	595	FERNANDO MARQUES	M	63	37	00:53:06.91	00:52:08.06	BENFIQUISTA
372	830	MARGARIDA LEANDRO	F	39	20	00:53:11.07	00:52:37.79	BENFIQUISTA
373	149	ANA MAGALHÃES	F	35	21	00:53:13.23	00:53:07.00	BENFIQUISTA
374	779	ARMANDO LACERDA	M	64	38	00:53:17.97	00:52:57.45	SPORTINGUISTA
375	302	HELENA TAVARES	F	52	13	00:53:18.42	00:53:04.56	BENFIQUISTA
376	708	MANUEL LOPES	M	43	105	00:53:19.81	00:52:22.64	BENFIQUISTA
377	709	CRISTINA FALE	F	41	22	00:53:19.95	00:52:23.50	BENFIQUISTA
378	607	LINO OLIVEIRA	M	73	11	00:53:24.40	00:53:20.84	SPORTINGUISTA
379	55	RUI FERREIRA	M	48	110	00:53:27.03	00:52:38.60	SPORTINGUISTA
380	350	JOSÉ MANUEL MARTINS	M	59	39	00:53:32.83	00:52:40.89	BENFIQUISTA
381	118	LUIS RODRIGUES	M	51	111	00:53:34.74	00:53:12.28	FAIRPLAY
382	765	JOÃO D' ALMEIDA	M	41	106	00:53:37.58	00:52:52.44	BENFIQUISTA
383	645	PAULO MANUEL MONIZ	M	64	40	00:53:39.98	00:53:16.05	FAIRPLAY
384	617	TIAGO VEIGA	M	35	107	00:53:40.36	00:52:44.57	PORTISTA
385	580	CARLOS B. PEREIRA	M	48	112	00:53:42.78	00:52:50.53	BENFIQUISTA
386	754	GABRIEL ANTONIO	M	55	41	00:53:46.53	00:53:08.02	BENFIQUISTA
387	463	VASCO RODEIA	M	49	113	00:53:53.85	00:53:03.55	BENFIQUISTA
388	548	MIRIAM SILVA	F	36	23	00:53:57.07	00:53:36.02	BENFIQUISTA
389	236	CARLOS VIEGAS	M	60	42	00:54:02.51	00:53:30.51	PORTISTA
390	554	HELDER GANDARINHO	M	49	114	00:54:03.11	00:53:30.05	PORTISTA
391	555	PAULO PIRES	M	53	115	00:54:03.52	00:53:30.92	BENFIQUISTA
392	581	RITA RAMOS	F	39	24	00:54:05.04	00:53:24.02	SPORTINGUISTA
393	436	JORGE FERRO	M	52	116	00:54:09.91	00:53:48.27	BENFIQUISTA
394	72	AIRES ILDEFONSO	M	63	43	00:54:18.55	00:53:54.01	BENFIQUISTA
395	490	MARCO ANTÓNIO FERNANDES RIBEIRO	M	31	72	00:54:22.50	00:53:58.49	FAIRPLAY
396	379	TIAGO CORDEIRO	M	32	73	00:54:22.51	00:53:59.41	FAIRPLAY
397	234	PAULO DUARTE	M	53	117	00:54:23.51	00:53:52.45	SPORTINGUISTA
398	812	FILIPE SILVA	M	18	74	00:54:26.81	00:54:01.24	BENFIQUISTA
399	170	PAULO JORGE	M	47	118	00:54:27.06	00:53:36.80	SPORTINGUISTA
400	601	TIAGO PITO	M	42	108	00:54:27.09	00:53:37.53	SPORTINGUISTA
401	154	HELDER ESCOBAR	M	41	109	00:54:27.33	00:53:37.24	BENFIQUISTA
402	476	PEDRO SILVA	M	24	75	00:54:28.33	00:53:53.84	BENFIQUISTA
403	829	OLINDA DINIS	F	43	25	00:54:29.18	00:53:55.61	BENFIQUISTA
404	460	CARLOS CAGICA	M	53	119	00:54:29.40	00:54:20.12	BENFIQUISTA
405	125	TIAGO DELGADO	M	33	76	00:54:29.61	00:53:47.70	BENFIQUISTA
406	309	RUI PINTO	M	32	77	00:54:29.63	00:54:09.33	BENFIQUISTA

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407	588	MARIO COSTA	M	42	110	00:54:31.01	00:53:59.50	BENFIQUISTA
408	549	HELDER SANTOS	M	41	111	00:54:31.67	00:54:06.14	BENFIQUISTA
409	464	JOÃO ZARRO	M	42	112	00:54:34.52	00:54:28.44	BENFIQUISTA
410	863	ROSA DIAS	F	48	14	00:54:34.91	00:54:14.68	BENFIQUISTA
411	703	ALEXANDRA COSTA	F	47	15	00:54:36.25	00:53:57.84	PORTISTA
412	629	SARA SILVA	F	47	16	00:54:39.30	00:53:54.17	BENFIQUISTA
413	524	JOSE ALVES	M	69	12	00:54:45.53	00:54:28.90	SPORTINGUISTA
414	691	DELFINA ALEXANDRE	F	50	17	00:54:46.27	00:54:08.55	BELENENSES
415	387	INÊS ALMAS	F	24	10	00:54:52.16	00:54:49.05	FAIRPLAY
416	140	LUIS CABECINHA	M	33	78	00:54:52.93	00:53:46.29	BENFIQUISTA
417	311	MARCO FORTES	M	36	113	00:54:55.29	00:54:36.79	BENFIQUISTA
418	141	NUNO BATISTA	M	41	114	00:54:58.49	00:54:44.51	BENFIQUISTA
419	921	RICARDO CAVALEIRO	M	34	79	00:55:00.01	00:55:00.01	BENFIQUISTA
420	672	NUNO ANJOS	M	51	120	00:55:00.10	00:54:17.15	BENFIQUISTA
421	630	MARIA GONÇALVES	F	46	18	00:55:01.10	00:54:48.10	SPORTINGUISTA
422	260	PEDRO RAÍNHÓ	M	32	80	00:55:01.44	00:54:33.82	BENFIQUISTA
423	494	MANUEL PEREIRA	M	36	115	00:55:02.98	00:54:18.56	FAIRPLAY
424	446	IRENE CARVALHO	F	47	19	00:55:03.25	00:54:46.70	BENFIQUISTA
425	28	BERNARDO SALAVESSA	M	42	116	00:55:04.98	00:54:53.79	BENFIQUISTA
426	458	SARA GOMES	F	22	11	00:55:05.40	00:54:22.95	FAIRPLAY
427	867	GUILHERME RELVAS	M	23	81	00:55:09.31	00:55:01.50	BENFIQUISTA
428	759	CARLA PEREIRA	F	46	20	00:55:11.82	00:54:23.18	PORTISTA
429	826	EDUARDA ADRIANO	F	44	26	00:55:12.43	00:54:50.21	PORTISTA
430	609	JOSE BARATA	M	58	44	00:55:13.25	00:55:07.26	BENFIQUISTA
431	448	NUNO AGOSTINHO	M	45	121	00:55:13.34	00:54:56.51	SPORTINGUISTA
432	932	CARLOS SILVERIO	M	52	122	00:55:16.19	00:55:09.33	BENFIQUISTA
433	728	NUNO AMIGUINHO	M	50	123	00:55:17.79	00:55:08.84	FAIRPLAY
434	577	SANDRO PRATES	M	40	117	00:55:22.58	00:54:50.57	SPORTINGUISTA
435	42	BRUNO GONÇALVES	M	40	118	00:55:27.98	00:55:08.61	ESTORILISTA
436	764	JORGE ALMEIDA	M	69	13	00:55:28.52	00:55:12.16	SPORTINGUISTA
437	620	RICARDO ALVES	M	43	119	00:55:31.66	00:55:15.50	BENFIQUISTA
438	664	ANA GONÇALVES	F	43	27	00:55:31.84	00:55:15.05	FAIRPLAY
439	263	BEATRIZ MATIAS	F	44	28	00:55:34.01	00:54:44.14	FAIRPLAY
440	344	CRISTINA ADROHER	F	30	12	00:55:37.55	00:55:12.45	BENFIQUISTA
441	399	JOÃO DUARTE	M	66	14	00:55:38.17	00:55:32.87	BENFIQUISTA
442	751	CRISTINA COELHO	F	54	21	00:55:39.78	00:55:23.41	SPORTINGUISTA
443	486	DANIEL PINTO	M	29	82	00:55:40.33	00:54:40.91	BENFIQUISTA

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444	591	MIGUEL COSTA	M	18	83	00:55:40.52	00:55:08.81	BENFIQUISTA
445	868	ARTUR AGUIAR	M	47	124	00:55:40.71	00:55:22.92	BENFIQUISTA
446	610	CRISTINA OLIVEIRA	F	36	29	00:55:46.25	00:55:15.76	PORTISTA
447	589	SUSANA GUERREIRO	F	42	30	00:55:46.32	00:55:15.50	BENFIQUISTA
448	333	CARLA RIBEIRO	F	47	22	00:55:47.23	00:54:59.11	FAIRPLAY
449	556	SARA MARTINS	F	31	13	00:55:48.97	00:55:06.61	BENFIQUISTA
450	257	JOAQUIM CUNHA	M	47	125	00:55:53.25	00:54:57.65	BENFIQUISTA
451	255	SÓNIA BROCHADO	F	41	31	00:55:53.48	00:54:58.21	BENFIQUISTA
452	699	RODOLFO LIMA	M	51	126	00:56:01.33	00:55:41.92	SETUBALENSE
453	204	PEDRO FERREIRA	M	43	120	00:56:07.15	00:55:11.22	BENFIQUISTA
454	203	ISABEL MACIEL	F	43	32	00:56:10.10	00:56:01.35	SPORTINGUISTA
455	619	LUCIO SILVA	M	52	127	00:56:11.89	00:55:10.76	FAIRPLAY
456	838	PEDRO FERNANDES	M	35	121	00:56:12.69	00:55:52.11	BENFIQUISTA
457	943	UMBELINA NUNES	F	65	23	00:56:12.75	00:55:45.86	FAIRPLAY
458	289	RAFAEL SANTOS	M	51	128	00:56:13.64	00:55:34.09	BENFIQUISTA
459	32	LUCIANO REIS	M	58	45	00:56:16.52	00:55:19.30	BENFIQUISTA
460	43	ELISABETE PINTO	F	48	24	00:56:17.71	00:55:51.94	BENFIQUISTA
461	424	MARTA TAVARES	F	26	14	00:56:19.03	00:56:01.83	FAIRPLAY
462	660	ANTONIO PAIS	M	71	15	00:56:23.23	00:55:48.50	BENFIQUISTA
463	806	PAULO CANHÃO	M	53	129	00:56:24.89	00:55:56.77	FAIRPLAY
464	746	SANDRA SERAFIM	F	43	33	00:56:28.57	00:55:44.73	BENFIQUISTA
465	319	JOÃO MIGUEL	M	72	16	00:56:31.36	00:55:29.16	BENFIQUISTA
466	911	GONÇALO VASCONCELOS	M	48	130	00:56:32.21	00:55:50.04	ESTORILISTA
467	733	HIPÓLITO PEREIRA	M	24	84	00:56:38.37	00:55:40.18	SPORTINGUISTA
468	685	CARLA FARIA	F	50	25	00:56:40.36	00:55:51.03	SPORTINGUISTA
469	105	MANUEL DIAS	M	51	131	00:56:44.92	00:56:00.58	PORTISTA
470	107	LUIS MARQUES	M	51	132	00:56:44.99	00:56:02.31	BENFIQUISTA
471	852	HERMINIO BAPTISTA	M	31	85	00:56:47.69	00:55:48.15	SPORTINGUISTA
472	435	CLÁUDIO MILHEIRO	M	42	122	00:56:47.71	00:56:26.57	SPORTINGUISTA
473	94	ARMANDO VALENTE	M	48	133	00:56:48.39	00:56:13.52	BENFIQUISTA
474	869	CARLOS AGUIAR	M	49	134	00:56:49.47	00:56:28.76	BELENENSES
475	467	MARIA DUARTE	F	29	15	00:56:49.60	00:56:35.54	SPORTINGUISTA
476	85	NUNO MOLERO	M	46	135	00:56:52.33	00:56:00.33	BENFIQUISTA
477	193	PEDRO SILVA	M	41	123	00:56:55.12	00:55:59.72	FAIRPLAY
478	395	FILIPE LEITE	M	39	124	00:56:56.95	00:55:55.50	PORTISTA
479	529	PAULO BILAO	M	48	136	00:56:57.27	00:56:40.39	FAIRPLAY
480	522	LIDIA BILAO	F	49	26	00:56:57.50	00:56:41.44	FAIRPLAY

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481	250	LUÍS GUERREIRO	M	39	125	00:57:01.84	00:56:21.91	BENFIQUISTA
482	572	MANUEL BRANDO	M	29	86	00:57:03.42	00:55:58.95	SPORTINGUISTA
483	282	CARLOS MOREIRA	M	65	17	00:57:03.75	00:56:35.06	BENFIQUISTA
484	686	TIAGO RODRIGUES	M	31	87	00:57:08.34	00:56:24.18	BENFIQUISTA
485	138	JOÃO VICENTE	M	55	46	00:57:08.38	00:56:07.88	BENFIQUISTA
486	136	INÊS SANTOS	F	24	16	00:57:09.03	00:56:08.38	BENFIQUISTA
487	814	PEDRO PINTO DUARTE	M	38	126	00:57:10.75	00:56:22.70	BENFIQUISTA
488	413	SANDRA GONÇALVES	F	32	17	00:57:13.91	00:57:05.55	BENFIQUISTA
489	438	JOÃO CARVALHO	M	50	137	00:57:16.44	00:57:02.86	BENFIQUISTA
490	24	NUNO LOPES	M	41	127	00:57:19.88	00:56:21.62	BENFIQUISTA
491	678	JOSE REBELO	M	52	138	00:57:20.36	00:56:37.80	SPORTINGUISTA
492	735	BEATRIZ SILVA	F	27	18	00:57:21.01	00:56:22.16	PORTISTA
493	731	FRANCISCA SILVA	F	25	19	00:57:21.31	00:56:24.06	SPORTINGUISTA
494	681	TIAGO ROSA	M	35	128	00:57:21.74	00:56:32.57	BENFIQUISTA
495	883	VANDA FERREIRA	F	41	34	00:57:22.71	00:56:42.54	FAIRPLAY
496	86	RAFAELA GONÇALVES	F	25	20	00:57:23.04	00:56:58.12	PORTISTA
497	101	RUI CARVALHO	M	54	139	00:57:23.85	00:57:10.21	FAIRPLAY
498	497	ELISABETE DE JESUS ASSUNÇÃO	F	48	27	00:57:27.42	00:57:13.24	PORTISTA
499	165	FRANCESCO SCROCCA	M	31	88	00:57:29.11	00:56:32.56	FAIRPLAY
500	35	RICARDO OLIVEIRA	M	41	129	00:57:31.81	00:56:27.97	FAIRPLAY
501	143	ANA ROSARIO	F	46	28	00:57:33.85	00:56:53.12	SPORTINGUISTA
502	827	VIRGILIO OLIVEIRA	M	58	47	00:57:33.91	00:56:40.13	BENFIQUISTA
503	83	JOSÉ BAIXINHO	M	61	48	00:57:35.51	00:57:00.29	SPORTINGUISTA
504	631	RAFAEL MURTA	M	35	130	00:57:46.14	00:56:32.88	FAIRPLAY
505	441	PIERRE JEAN DETOUR	M	32	89	00:57:55.72	00:57:01.26	FAIRPLAY
506	700	FILIPA VILAR	F	33	21	00:57:56.00	00:57:13.06	SPORTINGUISTA
507	117	TERESA NICOLAU	F	56	29	00:57:57.71	00:56:55.22	BENFIQUISTA
508	780	MARIA LACERDA	F	54	30	00:57:59.72	00:57:36.66	SPORTINGUISTA
509	813	LUIS MOURA	M	72	18	00:58:00.68	00:57:08.74	FAIRPLAY
510	923	HUGO RAMOS	M	40	131	00:58:01.02	00:57:27.02	BENFIQUISTA
511	212	ADRIANO CUNHA	M	65	19	00:58:01.32	00:56:56.33	SPORTINGUISTA
512	873	TERESA FALCÃO	F	41	35	00:58:03.56	00:57:45.18	SPORTINGUISTA
513	605	PEDRO REIS	M	46	140	00:58:03.80	00:57:36.96	BENFIQUISTA
514	157	JUDITE CARPINTEIRO	F	25	22	00:58:05.58	00:57:40.80	SPORTINGUISTA
515	655	TIAGO FERNANDES	M	34	90	00:58:08.20	00:57:53.60	SPORTINGUISTA
516	590	SAMUEL ROSADO	M	40	132	00:58:08.29	00:57:36.02	BENFIQUISTA
517	758	HÉLDER ABRANTES	M	38	133	00:58:12.67	00:57:48.37	SPORTINGUISTA

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518	540	IVONE MIRANDA SANTOS	F	37	36	00:58:12.98	00:57:28.41	BENFIQUISTA
519	274	MIGUEL VIEIRA PITA	M	31	91	00:58:13.15	00:57:15.37	BENFIQUISTA
520	442	AUGUSTO GALRITO	M	58	49	00:58:17.99	00:57:41.82	SPORTINGUISTA
521	40	JORGE COELHO	M	43	134	00:58:18.13	00:58:00.27	BENFIQUISTA
522	520	HENRIQUE GAIRIFO	M	63	50	00:58:18.74	00:57:32.39	BENFIQUISTA
523	484	PAULO SILVA	M	35	135	00:58:22.19	00:57:53.43	SPORTINGUISTA
524	127	CARLOS HILARIO	M	52	141	00:58:23.31	00:58:16.79	BENFIQUISTA
525	887	EUNICE LOURENCO	F	42	37	00:58:23.76	00:57:58.57	FAIRPLAY
526	10	ANNA TUCKER	F	31	23	00:58:24.34	00:57:28.21	FAIRPLAY
527	428	LUIS PEREIRA	M	44	136	00:58:25.00	00:57:23.05	PORTISTA
528	576	JOAO PRIOLÉ	M	51	142	00:58:25.98	00:57:59.12	BENFIQUISTA
529	17	MARCO CANDEIAS	M	40	137	00:58:26.31	00:57:22.74	FAIRPLAY
530	531	JOÃO DIEGUES	M	47	143	00:58:28.06	00:57:38.10	BENFIQUISTA
531	724	ELSA MACAO	F	43	38	00:58:28.43	00:57:47.82	SPORTINGUISTA
532	697	PAULO EUSÉBIO	M	49	144	00:58:29.39	00:57:47.76	BENFIQUISTA
533	879	ANTÓNIO CARVALHO	M	21	92	00:58:32.79	00:57:51.82	PORTISTA
534	268	JOÃO LOPES	M	47	145	00:58:39.10	00:57:40.70	SPORTINGUISTA
535	920	JOÃO SANTOS	M	52	146	00:58:43.48	00:57:40.51	SPORTINGUISTA
536	841	TIAGO BESSA	M	37	138	00:58:44.13	00:58:23.41	SPORTINGUISTA
537	216	MARIA JOÃO LOURENÇO	F	46	31	00:58:45.10	00:57:47.76	FAIRPLAY
538	210	JOÃO ROSÁRIO	M	47	147	00:58:45.80	00:58:24.72	BENFIQUISTA
539	84	JUDITE BAIXINHO	F	32	24	00:58:53.37	00:58:18.30	BELENENSES
540	158	NUNO ROCHA	M	37	139	00:58:54.60	00:58:00.61	SPORTINGUISTA
541	159	PAULO GOMES	M	48	148	00:58:55.04	00:58:01.33	BENFIQUISTA
542	557	RUI MARTINS	M	25	93	00:59:03.04	00:58:18.43	BENFIQUISTA
543	537	ANA DIOGO	F	50	32	00:59:03.89	00:58:46.78	BENFIQUISTA
544	860	PAULO FALCÃO	M	32	94	00:59:12.04	00:58:24.33	BELENENSES
545	568	MARTA PORTUGAL	F	35	39	00:59:13.92	00:58:33.43	SPORTINGUISTA
546	280	JORGE SANTOS	M	53	149	00:59:14.94	00:58:38.00	BELENENSES
547	364	TAHAMARA DIAS	F	44	40	00:59:16.43	00:58:17.11	PORTISTA
548	440	RITA BRANDAO	F	32	25	00:59:18.14	00:58:36.33	SPORTINGUISTA
549	874	TERESA MORAIS	F	44	41	00:59:19.16	00:59:00.77	SPORTINGUISTA
550	175	ANA MARQUES	F	27	26	00:59:20.07	00:59:00.16	BENFIQUISTA
551	597	CARLOS ALVES	M	49	150	00:59:20.23	00:58:42.80	BENFIQUISTA
552	330	JEREMIA SILVA RIBEIRO	M	75	20	00:59:21.52	00:58:38.71	SPORTINGUISTA
553	96	JORGE PIRES	M	64	51	00:59:26.15	00:58:46.58	BENFIQUISTA
554	21	BRUNO PINTO	M	40	140	00:59:29.61	00:58:45.45	BENFIQUISTA

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555	22	MARIANA VASCONCELOS	F	37	42	00:59:30.35	00:58:45.07	FAIRPLAY
556	61	CARLA REIS	F	37	43	00:59:30.96	00:58:54.50	BELENENSES
557	913	CAROLINA OSÓRIO	F	32	27	00:59:31.50	00:58:49.21	BENFIQUISTA
558	218	TERESA MARTINHO	F	31	28	00:59:38.78	00:59:22.11	BENFIQUISTA
559	600	JOEL PONTE	M	29	95	00:59:41.14	00:58:45.93	SPORTINGUISTA
560	942	JOAQUIM SOBRAL	M	69	21	00:59:43.41	00:59:16.37	FAIRPLAY
561	303	JORGE GONÇALVES	M	58	52	00:59:46.29	00:59:26.72	BELENENSES
562	824	EDUARDO AMORIM	M	47	151	00:59:50.36	00:58:49.94	BENFIQUISTA
563	215	JORGE COSTA	M	58	53	00:59:51.54	00:58:54.21	FAIRPLAY
564	296	SUSANA TEIXEIRA	F	28	29	00:59:52.87	00:59:07.78	PORTISTA
565	298	SUSANA MONTEIRO	F	25	30	00:59:53.25	00:59:07.50	BENFIQUISTA
566	804	ARMANDO CID CID	M	58	54	00:59:56.10	00:59:04.94	BENFIQUISTA
567	881	TINA OLIVEIRA	F	54	33	01:00:00.88	00:59:25.60	FAIRPLAY
568	744	TIAGO FERNANDES	M	28	96	01:00:06.43	00:59:22.62	SPORTINGUISTA
569	241	ANTÓNIO ABRANTES	M	63	55	01:00:09.38	00:59:53.33	BENFIQUISTA
570	254	ANTÓNIO FARIA	M	64	56	01:00:13.49	00:59:12.98	BENFIQUISTA
571	616	CARINA VEIGA	F	33	31	01:00:23.44	00:59:28.59	BENFIQUISTA
572	721	DANIEL MARGARIDO	M	26	97	01:00:24.02	00:59:49.02	BENFIQUISTA
573	722	ELISABETE SOUSA	F	26	32	01:00:24.13	00:59:49.60	SPORTINGUISTA
574	291	ERISVALDO LIMA	M	48	152	01:00:27.42	01:00:07.32	BENFIQUISTA
575	794	RICARDO CALDEIRA	M	39	141	01:00:29.87	00:59:46.14	PORTISTA
576	833	ANA ISABEL LOPES	F	49	34	01:00:33.63	01:00:11.27	BENFIQUISTA
577	335	ANTONIO HENRIQUES	M	60	57	01:00:34.17	00:59:40.86	BENFIQUISTA
578	249	PAULO MARTINS	M	50	153	01:00:36.74	00:59:57.66	BENFIQUISTA
579	828	JOSÉ CATITA	M	60	58	01:00:42.45	00:59:48.93	BENFIQUISTA
580	530	ANDREIA CRUZ	F	30	33	01:00:43.89	00:59:50.82	SPORTINGUISTA
581	811	MARISA NUNES	F	48	35	01:00:48.94	01:00:23.67	BENFIQUISTA
582	538	ANA PAULINO	F	36	44	01:00:54.88	01:00:03.00	BENFIQUISTA
583	560	LUCINDA TAVARES	F	42	45	01:00:55.08	01:00:02.75	SPORTINGUISTA
584	53	CLÁUDIA TAM	F	37	46	01:00:56.14	00:59:58.44	BENFIQUISTA
585	238	GONÇALO OLIVEIRA	M	56	59	01:00:56.93	01:00:23.79	BENFIQUISTA
586	823	MARCO FREITAS	M	42	142	01:00:58.67	01:00:34.79	BENFIQUISTA
587	573	PAULA FIGUEIREDO	F	61	36	01:01:00.68	01:00:11.32	BENFIQUISTA
588	611	ANTONIO CASTRO	M	49	154	01:01:01.36	01:00:12.32	SPORTINGUISTA
589	189	ALINE ALMEIDA	F	39	47	01:01:01.93	01:00:30.11	FAIRPLAY
590	790	ANTONIO CARPINTEIRO	M	74	22	01:01:04.48	01:00:48.25	BENFIQUISTA
591	498	ANTÓNIO ÓSCAR ASSUNÇÃO	M	49	155	01:01:09.40	01:00:54.70	BENFIQUISTA

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592	462	ALEXANDRA CENTENO	F	46	37	01:01:10.11	01:00:18.85	BENFIQUISTA
593	228	CARLA PEREIRA	F	47	38	01:01:20.52	01:01:11.51	SPORTINGUISTA
594	363	LUIS AZEVEDO	M	56	60	01:01:24.09	01:00:24.34	FAIRPLAY
595	654	FILIPA REIS	F	42	48	01:01:31.22	01:01:06.23	SPORTINGUISTA
596	74	JONATHAN ALVES	M	31	98	01:01:44.47	01:00:43.31	SPORTINGUISTA
597	517	FRANCISCO CLERIGO	M	65	23	01:01:48.04	01:00:57.87	BENFIQUISTA
598	429	NELSON MORIANO	M	44	143	01:01:48.18	01:00:45.74	SPORTINGUISTA
599	229	NUNO ESGUELHA	M	29	99	01:01:50.40	01:00:35.73	FAIRPLAY
600	633	SÓNIA AFONSO	F	25	34	01:01:57.27	01:01:16.44	FAIRPLAY
601	837	ANTÓNIO ALMEIDA	M	41	144	01:02:00.93	01:01:41.11	BELENENSES
602	376	JOANA GONÇALVES	F	34	35	01:02:04.19	01:01:01.43	BENFIQUISTA
603	450	RAQUEL MOTA	F	44	49	01:02:07.33	01:01:21.75	SETUBALENSE
604	857	PEDRO FERREIRA	M	34	100	01:02:09.81	01:01:20.18	SPORTINGUISTA
605	858	TIAGO SILVA	M	41	145	01:02:09.98	01:01:20.54	BENFIQUISTA
606	727	CARLOS VIEIRA	M	49	156	01:02:12.64	01:01:51.69	SPORTINGUISTA
607	171	ANDRÉ BARCELOS	M	29	101	01:02:19.73	01:02:01.01	BENFIQUISTA
608	308	TANIA GONCALVES	F	31	36	01:02:22.05	01:02:01.75	SPORTINGUISTA
609	329	NUNO GONÇALVES	M	65	24	01:02:22.50	01:01:39.25	BENFIQUISTA
610	839	CARLOS CORREIA	M	51	157	01:02:42.24	01:02:29.55	BENFIQUISTA
611	161	LUISA COSTA	F	50	39	01:02:43.00	01:01:53.93	SPORTINGUISTA
612	916	MARIA TEIXEIRA	F	45	40	01:02:44.97	01:02:33.61	BENFIQUISTA
613	328	ANA PATO	F	30	37	01:02:49.17	01:02:09.75	FAIRPLAY
614	683	NELSON GUIMARAES	M	71	25	01:02:50.63	01:01:58.45	SPORTINGUISTA
615	71	TATIANA ILDEFONSO	F	36	50	01:02:51.36	01:01:47.97	SPORTINGUISTA
616	892	ANA MADEIRA	F	45	41	01:02:52.36	01:02:19.82	SPORTINGUISTA
617	368	INÊS MATEUS	F	22	38	01:02:54.60	01:01:51.89	FAIRPLAY
618	452	GUIOMAR TOMÉ	F	68	42	01:02:58.01	01:02:55.58	BENFIQUISTA
619	843	ANA RAMOS	F	44	51	01:03:00.81	01:02:41.29	BENFIQUISTA
620	123	SARA FULGÊNCIO	F	42	52	01:03:03.25	01:02:22.81	BELENENSES
621	278	SÓNIA GODINHO	F	43	53	01:03:06.79	01:02:30.07	SPORTINGUISTA
622	690	CARLOS TOME	M	67	26	01:03:11.42	01:02:24.19	SPORTINGUISTA
623	479	RICARDO GIÃO	M	29	102	01:03:13.64	01:02:13.32	FAIRPLAY
624	525	CLAUDIA CRISÓSTOMO	F	30	39	01:03:16.35	01:02:37.98	SPORTINGUISTA
625	156	CARLOS CORREIA	M	60	61	01:03:18.35	01:02:50.92	SPORTINGUISTA
626	730	INES ROSENDO	F	37	54	01:03:18.62	01:02:17.02	PORTISTA
627	734	CATARINA MATIAS	F	39	55	01:03:18.66	01:02:19.45	FAIRPLAY
628	417	MARISA MACHADO	F	30	40	01:03:19.34	01:02:51.34	BENFIQUISTA

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629	840	RUI PINTO	M	54	158	01:03:20.09	01:02:23.34	BELENENSES
630	801	ANA ROLO	F	53	43	01:03:20.41	01:03:02.52	BENFIQUISTA
631	612	PEDRO DIAS	M	47	159	01:03:35.19	01:02:58.05	BENFIQUISTA
632	659	JOANA MARTINS	F	26	41	01:03:36.69	01:03:19.49	FAIRPLAY
633	174	CÁTIA SANTOS	F	27	42	01:03:37.24	01:03:17.36	BENFIQUISTA
634	449	ANTONIO TRINCA	M	43	146	01:03:37.89	01:02:33.45	FAIRPLAY
635	173	JOÃO MARREIROS	M	28	103	01:03:38.11	01:03:17.59	BENFIQUISTA
636	91	JOSUE XAVIER	M	41	147	01:03:40.08	01:03:05.42	BENFIQUISTA
637	599	JOSE RIBEIRO	M	73	27	01:03:41.35	01:02:33.20	FAIRPLAY
638	114	JULIA HENRIQUES	F	32	43	01:03:47.75	01:03:01.44	SPORTINGUISTA
639	160	LUIS COSTA	M	53	160	01:03:49.25	01:03:03.01	BENFIQUISTA
640	45	CÉLIA MARIA CATARINO	F	51	44	01:03:50.58	01:03:09.36	FAIRPLAY
641	739	JULIA ANDRADE	F	39	56	01:03:51.92	01:03:26.34	PORTISTA
642	269	ANA PAULA BOTA	F	41	57	01:03:55.06	01:02:56.30	FAIRPLAY
643	720	MANUEL BARRENTO	M	37	148	01:03:55.40	01:03:18.59	BELENENSES
644	400	FILIPE LOPES	M	38	149	01:03:59.50	01:03:48.63	SPORTINGUISTA
645	423	CATIA CURICA	F	40	58	01:04:01.62	00:48:21.62	BENFIQUISTA
646	152	INÊS ALBERGARIA	F	37	59	01:04:03.20	01:03:03.37	SPORTINGUISTA
647	648	VANESSA NEVES	F	35	60	01:04:05.75	01:03:07.42	SPORTINGUISTA
648	340	SARA SCHUH REIS	F	28	44	01:04:17.36	01:03:59.86	PORTISTA
649	267	ALTINO SILVA	M	74	28	01:04:17.71	01:03:54.57	PORTISTA
650	36	LENA VIEIRA	F	56	45	01:04:21.00	01:03:44.30	FAIRPLAY
651	862	MARIANA OLIVEIRA	F	36	61	01:04:23.96	01:04:04.55	BENFIQUISTA
652	99	JORGE FERRO	M	48	161	01:04:29.12	01:02:55.74	BENFIQUISTA
653	259	CATARINA GOMES	F	31	45	01:04:37.81	01:04:08.19	SPORTINGUISTA
654	936	FILOMENA SILVA	F	47	46	01:04:45.35	01:04:18.84	FAIRPLAY
655	566	LUIGI ROSSI	M	69	29	01:04:50.03	01:04:19.11	BELENENSES
656	264	SANDRA SILVA	F	46	47	01:04:50.80	01:04:27.96	PORTISTA
657	696	JOAO TIAGO MOREIRA	M	46	162	01:04:52.18	01:04:05.05	PORTISTA
658	405	SARA CATITA	F	33	46	01:04:56.07	01:03:51.86	SPORTINGUISTA
659	404	ALEXANDRE SILVA	M	39	150	01:04:56.12	01:03:51.31	BENFIQUISTA
660	273	VITOR NUNES	M	50	163	01:05:08.99	01:04:28.72	BENFIQUISTA
661	636	MIGUEL DIAS	M	31	104	01:05:14.19	01:04:44.92	SPORTINGUISTA
662	177	ANA OLIVEIRA	F	26	47	01:05:30.13	01:05:11.42	BENFIQUISTA
663	307	TERESA REIS	F	40	62	01:05:30.69	01:04:41.85	BENFIQUISTA
664	277	CARLA NASCIMENTO	F	43	63	01:05:30.75	01:04:40.61	SPORTINGUISTA
665	172	DIOGO MOUSINHO	M	27	105	01:05:34.80	01:05:16.27	BENFIQUISTA

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666	710	CATARINA ALTAS	F	45	48	01:05:35.41	01:04:51.21	BENFIQUISTA
667	137	ANIK TAVARES	F	48	49	01:05:40.83	01:04:50.18	SPORTINGUISTA
668	623	SIDÓNIA ATANÁZIO	F	32	48	01:05:42.53	01:04:57.14	BENFIQUISTA
669	398	LUIS VICENTE	M	58	62	01:05:43.43	01:05:00.66	BENFIQUISTA
670	416	CRISTINA ABREU	F	44	64	01:05:43.49	01:04:58.09	SETUBALENSE
671	418	RUTE NOGUEIRA	F	24	49	01:05:44.10	01:04:59.05	BENFIQUISTA
672	640	JOSÉ MANUEL RAMOS PERES	M	56	63	01:05:54.52	01:05:20.30	BENFIQUISTA
673	639	MARIA FILOMENA ANASTÁCIO SILVA	F	48	50	01:05:54.69	01:05:18.54	SETUBALENSE
674	805	DIOGO CID	M	29	106	01:06:00.69	01:05:09.07	BENFIQUISTA
675	242	MARCIA JERONYMO	F	41	65	01:06:01.60	01:04:59.37	BELENENSES
676	281	MADALENA PEREIRA	F	27	50	01:06:06.15	01:05:47.84	SPORTINGUISTA
677	176	RITA MARTINS	F	26	51	01:06:06.74	01:05:48.64	SPORTINGUISTA
678	651	HENRIQUE VILHENA	M	62	64	01:06:10.08	01:04:59.20	BENFIQUISTA
679	93	VIOLETA NUNES	F	52	51	01:06:12.57	01:05:38.27	BENFIQUISTA
680	169	IVO ALEXANDRE MARQUES	M	36	151	01:06:16.99	01:05:45.22	BENFIQUISTA
681	561	CÉLIA CARVALHO	F	37	66	01:06:18.84	01:05:31.99	PORTISTA
682	351	LUCILIA CASANOVA	F	63	52	01:06:21.38	01:05:30.48	BENFIQUISTA
683	702	ANA SILVA	F	45	53	01:06:25.73	01:05:41.53	SPORTINGUISTA
684	261	JOANA GOMES	F	31	52	01:06:34.42	01:06:05.21	BENFIQUISTA
685	809	SYLVIE LOPES DIAS	F	51	54	01:06:53.47	01:06:26.11	BENFIQUISTA
686	225	JOÃO MARQUES	M	41	152	01:06:56.90	01:06:26.54	BENFIQUISTA
687	126	LURDES ALVES	F	62	55	01:07:02.03	01:06:49.81	SPORTINGUISTA
688	684	CARLOS CONCEICAO	M	56	65	01:07:02.36	01:06:26.17	BENFIQUISTA
689	776	RICARDO DIAS	M	36	153	01:07:14.82	01:06:44.44	BENFIQUISTA
690	773	DAVID FERNANDES	M	36	154	01:07:14.92	01:06:44.25	PORTISTA
691	190	NUNO PIRES	M	24	107	01:07:19.96	01:06:47.83	BENFIQUISTA
692	608	JOSE MONTEIRO	M	69	30	01:07:26.97	01:07:25.30	SPORTINGUISTA
693	770	ANTÓNIO VIDAS	M	54	164	01:07:27.34	01:06:47.89	BENFIQUISTA
694	789	LUIS PALMEIRO	M	49	165	01:07:28.42	01:06:56.45	SPORTINGUISTA
695	854	PEDRO MARIANO	M	33	108	01:07:32.89	01:07:23.25	PORTISTA
696	251	JORGE MANUEL BAPTISTA	M	63	66	01:07:36.79	01:07:36.79	FAIRPLAY
697	75	NÉLSON RAMOS	M	39	155	01:07:37.12	01:06:43.88	PORTISTA
698	820	JOÃO FORTES	M	35	156	01:07:53.74	01:07:35.57	BENFIQUISTA
699	511	TELMA MARQUES	F	44	67	01:08:00.22	01:07:38.79	BENFIQUISTA
700	455	FRANCISCO COITO	M	67	31	01:08:00.38	01:07:23.51	BENFIQUISTA
701	79	JOÃO JORGE	M	33	109	01:08:31.48	01:07:52.97	BENFIQUISTA
702	918	JOANA MOURA	F	21	53	01:08:36.24	01:08:21.86	SPORTINGUISTA

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703	778	PAULA LEITÃO	F	44	68	01:08:37.85	01:08:18.80	BENFIQUISTA
704	777	MARIA ALMEIDA	F	82	56	01:08:38.00	01:08:18.79	BENFIQUISTA
705	546	SONIA GOMES	F	44	69	01:08:54.72	01:08:08.66	FAIRPLAY
706	316	ANTÓNIO CAEIRO	M	47	166	01:08:59.18	01:08:19.95	SPORTINGUISTA
707	315	ANABELA CARVALHO	F	37	70	01:08:59.21	01:08:20.70	SPORTINGUISTA
708	239	PAULO FRANÇA	M	56	67	01:09:05.14	01:08:32.67	BENFIQUISTA
709	235	BENTO CORREIA	M	57	68	01:09:05.85	01:08:33.01	BENFIQUISTA
710	456	MANUEL GOMES	M	53	167	01:09:06.91	01:08:30.21	BENFIQUISTA
711	318	JOANA DARC CHOURIÇO	F	55	57	01:09:07.19	01:08:55.43	SPORTINGUISTA
712	20	SAMUEL JOAQUIM	M	65	32	01:09:09.24	01:08:35.33	ESTORILISTA
713	151	JANAINA CARDOSO	F	35	71	01:09:31.10	01:08:31.40	FAIRPLAY
714	807	INÊS CANHÃO	F	19	54	01:09:33.95	01:09:07.21	FAIRPLAY
715	810	MARIA JOSÉ VASCO	F	49	58	01:09:34.43	01:09:06.77	BENFIQUISTA
716	508	ANA-ALICE PEREIRA	F	55	59	01:09:51.55	01:09:41.73	BENFIQUISTA
717	769	FLAVIA CRISTINA FERREZIM	F	39	72	01:10:05.34	01:08:49.79	FAIRPLAY
718	144	CARINA AMARO	F	28	55	01:10:16.46	01:09:10.02	FAIRPLAY
719	763	BRUNO VELHO CABRAL	M	36	157	01:10:19.32	01:09:10.36	FAIRPLAY
720	12	JOHNNY THOMASSEN	M	58	69	01:10:27.68	01:09:58.31	BENFIQUISTA
721	120	MARIA FERNANDES	F	33	56	01:10:40.14	01:10:40.14	PORTISTA
722	46	TÂNIA DIMAS	F	49	60	01:10:50.60	01:10:09.93	FAIRPLAY
723	799	JOANA TOMAZ	F	29	57	01:10:54.45	01:10:35.99	FAIRPLAY
724	208	FERNANDO PIRES	M	52	168	01:10:55.69	01:10:34.08	BENFIQUISTA
725	471	VITOR CASTRO	M	31	110	01:10:59.65	01:10:34.77	PORTISTA
726	586	LUIS SOUSA SILVA	M	76	33	01:11:02.95	01:10:47.70	BENFIQUISTA
727	688	ANA CARVALHO	F	42	73	01:11:11.82	01:10:10.90	SPORTINGUISTA
728	915	ARTUR DINIS	M	61	70	01:11:31.52	01:11:22.76	BENFIQUISTA
729	253	MARIA MACEDO	F	56	61	01:12:12.89	01:11:29.57	FAIRPLAY
730	262	AMÉLIA SILVA	F	58	62	01:12:27.22	01:11:22.65	FAIRPLAY
731	488	ANA SALÉ	F	40	74	01:12:59.48	01:12:10.71	BENFIQUISTA
732	489	CÁTIA GUERRA	F	44	75	01:12:59.64	01:12:13.17	BENFIQUISTA
733	338	JESSICA VIGUIE	F	37	76	01:13:45.12	01:13:09.85	PORTISTA
734	357	ANTÓNIO GASPAR	M	75	34	01:13:51.43	01:12:44.23	BENFIQUISTA
735	917	ELISA DIAS	F	55	63	01:14:05.11	01:13:13.62	SPORTINGUISTA
736	34	ANTONIO FIGUEIREDO	M	61	71	01:14:19.39	01:13:45.75	ESTORILISTA
737	256	MANUELA CUNHA	F	45	64	01:14:31.73	01:13:35.85	SPORTINGUISTA
738	800	LEONOR PINTO	F	46	65	01:14:41.15	01:14:23.05	FAIRPLAY
739	550	EBERHARD AXEL WILHELM	M	70	35	01:14:48.58	01:14:35.14	SPORTINGUISTA

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740	545	FATIMA ALMEIDA	F	58	66	01:15:07.33	01:14:47.40	FAIRPLAY
741	217	LUCINDA REIS	F	57	67	01:15:18.12	01:14:19.97	FAIRPLAY
742	285	GUALDINO FREIRE	M	73	36	01:16:00.65	01:16:00.65	BENFIQUISTA
743	23	MÁRIO PIRES	M	59	72	01:16:06.72	01:14:55.30	BELENENSES
744	324	SUSANA COSTA	F	38	77	01:16:50.28	01:16:00.99	BENFIQUISTA
745	945	FOCK YIOT WAN	F	68	68	01:17:05.87	01:16:53.04	FAIRPLAY
746	415	GONCALO MAIA	M	47	169	01:17:27.21	01:16:36.35	ESTORILISTA
747	587	MARIA PATRICIO	F	70	69	01:17:30.43	01:17:14.95	SPORTINGUISTA
748	562	SOPHIE DEBUYSSCHER	F	49	70	01:17:30.78	01:17:00.97	SPORTINGUISTA
749	563	PEDRO SALDANHA	M	52	170	01:17:31.12	01:17:01.32	SPORTINGUISTA
750	209	ANA SOARES	F	51	71	01:18:06.52	01:17:44.25	BENFIQUISTA
751	564	SILVIA MORGANHEIRA MORGANHEIRA	F	43	78	01:18:07.81	01:17:59.59	BENFIQUISTA
752	30	SARA SOUSA	F	40	79	01:18:12.87	01:17:51.42	SPORTINGUISTA
753	931	PAULA BEDO	F	45	72	01:18:14.06	01:17:36.38	SPORTINGUISTA
754	658	SUSANA CARVALHO	F	43	80	01:18:14.30	01:17:38.26	FAIRPLAY
755	718	MARIA ALVES	F	37	81	01:18:26.99	01:17:20.95	FAIRPLAY
756	717	RUI ALDEANO	M	35	158	01:18:27.04	01:17:21.36	FAIRPLAY
757	512	ANA CASTRO	F	52	73	01:18:48.55	01:18:31.56	BENFIQUISTA
758	243	PAULO SANTOS	M	39	159	01:20:06.93	01:19:47.60	BENFIQUISTA
759	594	MÁRIO MARQUES	M	63	73	01:21:10.84	01:20:10.41	BENFIQUISTA
760	787	MA FEE HUNG	F	68	74	01:21:25.00	01:20:49.97	FAIRPLAY
761	848	POLIANA DE SOUZA	F	34	58	01:24:20.44	01:23:51.59	BENFIQUISTA
762	414	MAGDA DOLORES	F	25	59	01:26:31.54	01:25:45.04	BENFIQUISTA
763	855	MARIA ANJOS	F	72	75	01:26:38.76	01:26:28.39	BENFIQUISTA
764	856	LUCINDA HENRIQUES	F	70	76	01:28:05.87	01:27:54.98	FAIRPLAY
765	346	GUSTAVO GAMA	M	51	171	01:29:32.99	01:28:38.46	FAIRPLAY
766	178	INÊS MIGUEL	F	27	60	01:29:33.10	01:29:13.69	SPORTINGUISTA

Total de registros: 766

Classificações por apoio aos clubes:

Classificação	Simpatizantes	Chegados
1	BENFIQUISTA	338
2	SPORTINGUISTA	192
3	FAIRPLAY	133
4	PORTISTA	56
5	BELENENSES	26
6	ESTORILISTA	12
7	SETUBALENSE	9