

1 CORRIDA PUPILOS DO EXERCITO 2013

Patrocínio: A PUPILOS EXERCITO

Apoio: INST PUPILOS EXERCITO

Data: 16/06/2013

Classif.: Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
1	370	HELDER GROSSO	31	M2034	1	M					FALCOES SELVAGENS	0:39:34
2	487	JOAO INOCENCIO	42	M4044	1	M					A VALE SILENCIO	0:40:31
3	199	JOAO P A RODRIGUES	27	M2034	2	M					INDIVIDUAL	0:41:04
4	131	MANUEL MASCARENHAS	29	M2034	3	M					INDIVIDUAL	0:41:32
5	398	JOAO M D D PLACIDO	28	M2034	4	M					UFCI TOMAR	0:41:36
6	187	CELSO GOUVEIA	45	M4549	1	M					INDIVIDUAL	0:41:47
7	377	DIOGO BAENA	30	M2034	5	M					INDIVIDUAL	0:42:04
8	450	RODRIGO L F R COSTA	22	M2034	6	M					ESC ATL RUI SILVA	0:42:07
9	435	JOAQUIM ANTUNES	54	M5054	1	M					A PARAQUEDISTAS T	0:42:09
10	437	LUIS MALHEIRO	27	M2034	7	M					INDIVIDUAL	0:42:20
11	133	ARETINO MOTA	51	M5054	2	M					INDIVIDUAL	0:42:26
12	262	JOAO MAIA	50	M5054	3	M					A PARAQUEDISTAS T	0:43:14
13	255	FERNANDO CANDEIAS	41	M4044	2	M					INDIVIDUAL	0:43:15
14	292	ALCINO NUNES	41	M4044	3	M					UDFA CAMPOLIDE	0:43:51
15	488	LUIS SANTOS	31	M2034	8	M					A VALE SILENCIO	0:43:52
16	427	RICARDO OLIVEIRA	33	M2034	9	M					INDIVIDUAL	0:44:06
17	430	MARTINHO R AMARO	34	M2034	10	M					TRANSFORMIGAS	0:44:15
18	415	PAULO SEQUEIRA	34	M2034	11	M					FALCOES SELVAGENS	0:44:19
19	104	JORGE CORREIA	41	M4044	4	M					PUPILOS ALGARVE	0:44:25
20	320	JOAO LOPES	54	M5054	4	M					COMRADES	0:44:26
21	395	VITOR ANTUNES	38	M3539	1	M					SR CAMARNAL	0:44:32
22	492	GIL ALVES	36	M3539	2	M					SL CAMPOLIDE	0:44:33
23	228	CARLOS PALAS	53	M5054	5	M					INDIVIDUAL	0:45:06
24	494	FERNANDO GOMES	39	M3539	3	M					SL CAMPOLIDE	0:45:19
25	335	LUIS REBELO	49	M4549	2	M					FALCOES SELVAGENS	0:45:30
26	431	HELDER N BELIM	30	M2034	12	M					TRANSFORMIGAS	0:45:43
27	529	RUI J F HENRIQUES	33	M2034	13	M					SS MONTEPIO GERAL	0:45:48
28	521	DANIEL ANTUNES	51	M5054	6	M					CAMARA L CLUBE	0:45:53
29	147	GONÇALO FERREIRA	39	M3539	4	M					INDIVIDUAL	0:46:06
30	489	MARCO MELO	37	M3539	5	M					A VALE SILENCIO	0:46:19

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
31	495	MANUEL SOARES	48	M4549	3	M					SL CAMPOLIDE	0:46:26
32	184	JOSE C G SARGAÇO	41	M4044	5	M					FALCOES SELVAGENS	0:46:27
33	114	CARLOS PATO	42	M4044	6	M					A PUIPILOS EXERCITO	0:46:32
34	158	EDUARDO RODRIGUES	54	M5054	7	M					INDIVIDUAL	0:46:37
35	193	PEDRO A MARQUES	37	M3539	6	M					INDIVIDUAL	0:46:43
36	598	CONSTANTINO ARAUJO	46	M4549	4	M					SC REBOLEIRA DAMAIA	0:46:58
37	403	GONÇALO CARDOSO	40	M4044	7	M					FALCOES SELVAGENS	0:47:08
38	221	JOSE INOCENCIO	61	M6099	1	M					INDIVIDUAL	0:47:11
39	386	RICARDO JORDAO	30	M2034	14	M					INDIVIDUAL	0:47:11
40	597	ARTUR TAVARES	47	M4549	5	M					INDIVIDUAL	0:47:33
41	496	ALFREDO VALENTE	50	M5054	8	M					SL CAMPOLIDE	0:47:42
42	480	JOAO HEITOR	62	M6099	2	M					CA PACO ARCOS	0:47:46
43	593	JOSE L NOBRE	49	M4549	6	M					SFUAP	0:47:47
44	179	JOSE SILVA	49	M4549	7	M					ODIMARQ ALUMÍNIOS	0:47:50
45	400	JOSE M CORREIA	46	M4549	8	M					INDIVIDUAL	0:48:05
46	358	FERNANDO FIGUEIREDO	47	M4549	9	M					FALCOES SELVAGENS	0:48:07
47	594	LUCILIA SOARES	51	F4599	1	F					SL BENFICA	0:48:27
48	219	DANIEL A C NUNES	52	M5054	9	M					OS NUNES	0:48:30
49	418	LUIS CONCEIÇÃO	36	M3539	7	M					C PRAÇAS ARMADA	0:48:30
50	317	JOSE PAJINHA	52	M5054	10	M					BV ALVERCA	0:48:55
51	327	MANUEL B COSTA	57	M5559	1	M					METRO 2011	0:48:58
52	402	JOAO P OLIVEIRA	37	M3539	8	M					GDA	0:48:58
53	260	VASCO RIJO	25	M2034	15	M					INDIVIDUAL	0:49:03
54	207	FREDY L M HENRIQUES	25	M2034	16	M					INDIVIDUAL	0:49:04
55	474	LUIS BARRETO	41	M4044	8	M					INDIVIDUAL	0:49:17
56	456	ANTONIO DIAS	54	M5054	11	M					INDIVIDUAL	0:49:44
57	470	PEDRO M V LIMA	35	M3539	9	M					INDIVIDUAL	0:49:50
58	266	MANUEL ROQUE	30	M2034	17	M					INDIVIDUAL	0:49:58
59	393	JOSE A G BAPTISTA	46	M4549	10	M					INDIVIDUAL	0:50:11
60	172	VITOR LEBRE	38	M3539	10	M					INDIVIDUAL	0:50:14
61	481	CARLOS ANTUNES	62	M6099	3	M					ODIMARQ ALUMÍNIOS	0:50:23
62	599	JOSE REIS	59	M5559	2	M					SC REBOLEIRA DAMAIA	0:50:26
63	347	ALBERTO COVAS	54	M5054	12	M					INDIVIDUAL	0:50:33
64	106	ANTONIO CABRAL	59	M5559	3	M					CP EDP LOULE	0:50:34
65	559	FRANCISCO FREIRE	33	M2034	18	M					INDIVIDUAL	0:50:34
66	445	HUMBERTO BRITO	38	M3539	11	M					INDIVIDUAL	0:50:38
67	150	MIGUEL L FERREIRA	25	M2034	19	M					INDIVIDUAL	0:50:39

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
68	159	CARLOS A V GUERREIRO	51	M5054	13	M					CD QUARTEIRA	0:50:47
69	276	RUI MACHINHO	36	M3539	12	M					INDIVIDUAL	0:50:56
70	515	ERNESTO MONTEIRO	41	M4044	9	M					CAMARA L CLUBE	0:50:57
71	206	PAULO FERNANDES	27	M2034	20	M					INDIVIDUAL	0:51:01
72	129	MIGUEL MARTINHO	37	M3539	13	M					INDIVIDUAL	0:51:07
73	423	JOSE DIONISIO	51	M5054	14	M					MULTIFLOW	0:51:09
74	325	JOAO L SEQUEIRA	50	M5054	15	M					METRO 2011	0:51:13
75	121	PEDRO RIBEIRO	35	M3539	14	M					INDIVIDUAL	0:51:18
76	485	ANDRE SANTOS	37	M3539	15	M					A VALE SILENCIO	0:51:20
77	180	BRUNO CARRUDO	35	M3539	16	M					GIMBRAS TEAM	0:51:30
78	538	TIAGO TELES	29	M2034	21	M					CLUBE AUTOCCOPE	0:51:32
79	257	EDUARDO LUIS	35	M3539	17	M					ATOMIC TEAM	0:51:38
80	269	CARLOS SOUSA	55	M5559	4	M					INDIVIDUAL	0:51:39
81	316	JOSE NETO	56	M5559	5	M					BV ALVERCA	0:51:39
82	295	JOAO OLIVEIRA	42	M4044	10	M					UDFA CAMPOLIDE	0:51:41
83	323	ANTONIO E GONÇALVES	47	M4549	11	M					METRO 2011	0:51:44
84	256	MARCO CASEIRO	35	M3539	18	M					OS PERIGOSOS	0:51:51
85	551	NUNO CARMO	39	M3539	19	M					INDIVIDUAL	0:51:53
86	416	JOAO P CEGONHO	35	M3539	20	M					INDIVIDUAL	0:51:54
87	103	ANDRE EUSEBIO	28	M2034	22	M					INDIVIDUAL	0:51:55
88	420	JOAO SANTOS	49	M4549	12	M					C PRAÇAS ARMADA	0:51:59
89	453	SERGIO OLIVEIRA	38	M3539	21	M					GAN	0:52:02
90	517	MIGUEL VELEZ	50	M5054	16	M					CAMARA L CLUBE	0:52:05
91	562	FERNANDO AVELINO	53	M5054	17	M					A VALE SILENCIO	0:52:14
92	124	ANDRE GUERREIRO	21	M2034	23	M					INDIVIDUAL	0:52:17
93	406	EMANUEL FREITAS	49	M4549	13	M					GRUPO VESAUTO	0:52:19
94	544	RUI MERUJO	54	M5054	18	M					INDIVIDUAL	0:52:25
95	298	PEDRO LOZANO	22	M2034	24	M					INDIVIDUAL	0:52:26
96	343	JOSE AMARO	37	M3539	22	M					ASAS MILENIO	0:52:29
97	486	ARMANDO ALMEIDA	54	M5054	19	M					A VALE SILENCIO	0:52:34
98	185	VASCO COSTA	58	M5559	6	M					INDIVIDUAL	0:52:35
99	340	FERNANDO ANACLETO	62	M6099	4	M					INDIVIDUAL	0:52:36
100	567	MANUEL FONSECA	49	M4549	14	M					SL CAMPOLIDE	0:52:39
101	151	LUIS P AMARAL	42	M4044	11	M					GAN	0:52:40
102	209	JOSE GOMES	35	M3539	23	M					INDIVIDUAL	0:52:40
103	387	VITOR J A NEVES	43	M4044	12	M					INDIVIDUAL	0:52:43
104	176	MIGUEL EUFEMIO	25	M2034	25	M					INDIVIDUAL	0:52:51

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
105	122	NUNO GARRANA	34	M2034	26	M					INDIVIDUAL	0:52:54
106	223	RENATO CARMO	49	M4549	15	M					FALCOES SELVAGENS	0:53:04
107	197	PEDRO R AFONSO	46	M4549	16	M					SPORTING C	0:53:06
108	348	FERNANDO ALMEIDA	34	M2034	27	M					INDIVIDUAL	0:53:11
109	345	JOSE MIRA	61	M6099	5	M					ASAS MILENIO	0:53:12
110	419	JOSE MATOS	45	M4549	17	M					C PRAÇAS ARMADA	0:53:13
111	451	FERNANDO RIBEIRO	46	M4549	18	M					GAN	0:53:16
112	344	MARIO CARVALHO	58	M5559	7	M					ASAS MILENIO	0:53:18
113	244	HELDER VALADAS	32	M2034	28	M					OS PERIGOSOS	0:53:19
114	246	ALCIDES NUNES	53	M5054	20	M					OS PERIGOSOS	0:53:19
115	127	PAULO J ALVES	43	M4044	13	M					INDIVIDUAL	0:53:21
116	523	LICINIO FIDALGO	53	M5054	21	M					CAMARA L CLUBE	0:53:39
117	454	ORLANDO MARTINS	57	M5559	8	M					INDIVIDUAL	0:53:56
118	514	IVO NOGUEIRA	27	M2034	29	M					CAMARA L CLUBE	0:53:57
119	550	JOSE P CHARREU	18	M1819	1	M					INDIVIDUAL	0:53:58
120	194	MARCO A A BERNARDO	34	M2034	30	M					INDIVIDUAL	0:54:03
121	469	JULIO FERREIRA	58	M5559	9	M					LESMAS ALOPRADAS	0:54:03
122	429	FABIO M P VICTORINO	24	M2034	31	M					INDIVIDUAL	0:54:09
123	189	JULIO A P S TEODORO	38	M3539	24	M					INDIVIDUAL	0:54:10
124	339	VITOR A M PEREIRA	26	M2034	32	M					INDIVIDUAL	0:54:14
125	302	MARIO M B L PEREIRA	41	M4044	14	M					INDIVIDUAL	0:54:20
126	455	JOAO C SOARES	41	M4044	15	M					INDIVIDUAL	0:54:20
127	466	ARMANDO CORREIA	61	M6099	6	M					LESMAS ALOPRADAS	0:54:22
128	425	RICARDO L F ALVES	23	M2034	33	M					INDIVIDUAL	0:54:24
129	105	FERNANDO CORREIA	45	M4549	19	M					PUPILOS ALGARVE	0:54:29
130	247	JOSE HENRIQUES	58	M5559	10	M					OS PERIGOSOS	0:54:30
131	396	LUIS GARCIA	46	M4549	20	M					INDIVIDUAL	0:54:31
132	217	LUIS M XAVIER	41	M4044	16	M					INDIVIDUAL	0:54:32
133	305	RUI J M V C SANTOS	41	M4044	17	M					RUN 4 FUN	0:54:34
134	282	NELSON DIAS	52	M5054	22	M					METRO 2011	0:54:43
135	324	ANTONIO B PEREIRA	49	M4549	21	M					METRO 2011	0:54:43
136	275	ALMERINDO M L SILVA	53	M5054	23	M					ADC CATUJAL	0:54:45
137	190	MANUEL RODRIGUES	54	M5054	24	M					INDIVIDUAL	0:54:58
138	198	PEDRO A C CARVALHO	40	M4044	18	M					BIP BIP RUNNERS	0:54:59
139	547	NUNO MARTINS	44	M4044	19	M					INDIVIDUAL	0:55:00
140	507	ANTONIO CANDEIAS	51	M5054	25	M					FALCOES SELVAGENS	0:55:03
141	304	JOSE P M CUNHA	49	M4549	22	M					CCDT METRO LX	0:55:05

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
142	285	JOAO FERREIRA	50	M5054	26	M					FALCOES SELVAGENS	0:55:09
143	109	JOSE L AGAPITO	34	M2034	34	M					PERNAS GAFANHOTO	0:55:16
144	380	DANIEL VILABRIL	33	M2034	35	M					PERNAS GAFANHOTO	0:55:25
145	203	RICARDO F PEREIRA	35	M3539	25	M					INDIVIDUAL	0:55:26
146	412	SERGIO CAMPAO	34	M2034	36	M					FALCOES SELVAGENS	0:55:27
147	506	CARLOS SANTOS	61	M6099	7	M					FALCOES SELVAGENS	0:55:28
148	491	RICARDO PEREIRA	33	M2034	37	M					SL CAMPOLIDE	0:55:29
149	548	JOSE NASCIMENTO	49	M4549	23	M					INDIVIDUAL	0:55:30
150	331	RUI R ARAUJO	55	M5559	11	M					METRO 2011	0:55:36
151	160	NELSON G R RIBEIRO	33	M2034	38	M					INDIVIDUAL	0:55:46
152	321	PEDRO VEIDA	32	M2034	39	M					COMRADES	0:55:46
153	351	JOAO BRAZ	49	M4549	24	M					ODIMARQ ALUMÍNIOS	0:55:47
154	278	RICARDO MOREIRA	39	M3539	26	M					PAPA TRILHOS RT	0:55:49
155	245	BENTO VALENTE	48	M4549	25	M					OS PERIGOSOS	0:55:57
156	301	JOSE MAGRO	43	M4044	20	M					PAPA TRILHOS	0:55:58
157	315	IDALECIO BARROS	58	M5559	12	M					INDIVIDUAL	0:56:00
158	422	JORGE L CORDEIRO	52	M5054	27	M					TRANSFORMIGAS	0:56:03
159	178	CARLOS A L CRUZ	35	M3539	27	M					INDIVIDUAL	0:56:05
160	318	HUGO CARREIRA	27	M2034	40	M					INDIVIDUAL	0:56:11
161	211	ANTONIO ALVES	51	M5054	28	M					MARRIOTT LISBOA	0:56:12
162	501	ANA SOARES	20	F2034	1	F					SL CAMPOLIDE	0:56:15
163	196	MARCELO DIAS	38	M3539	28	M					INDIVIDUAL	0:56:20
164	346	JOAO P CARVALHO	43	M4044	21	M					ASAS MILENIO	0:56:21
165	537	SERGIO BORGES	40	M4044	22	M					CLUBE AUTOCCOPE	0:56:27
166	101	MIGUEL T MATOS	41	M4044	23	M					CCD TRANQUILIDADE	0:56:28
167	471	MILTON RODRIGUES	27	M2034	41	M					INDIVIDUAL	0:56:30
168	352	RUI COSTA	27	M2034	42	M					INDIVIDUAL	0:56:35
169	319	BERNARDO FILIPISCHT	33	M2034	43	M					COMRADES	0:56:41
170	222	JOSE L A GARCIA	45	M4549	26	M					INDIVIDUAL	0:56:49
171	102	JOAO F M V FIGUEIREDO	37	M3539	29	M					INDIVIDUAL	0:56:52
172	440	ALEXANDRE M G FERNANDES	45	M4549	27	M					GDINDIA	0:56:53
173	384	JOAQUIM J F BACALHAU	60	M6099	8	M					INDIVIDUAL	0:57:03
174	405	FERNANDO REIS	45	M4549	28	M					GRUPO VESAUTO	0:57:08
175	355	GONÇALO HENRIQUES	18	M1819	2	M					INDIVIDUAL	0:57:16
176	261	LUCIANO BAPTISTA	27	M2034	44	M					INDIVIDUAL	0:57:17
177	361	JOSE CRUZ	52	M5054	29	M					FALCOES SELVAGENS	0:57:19
178	498	MIGUEL BARBOSA	58	M5559	13	M					SL CAMPOLIDE	0:57:28

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
179	513	SERGIO LOPES	35	M3539	30	M					CAMARA L CLUBE	0:57:29
180	569	LUIS GAMA	50	M5054	30	M					SL CAMPOLIDE	0:57:33
181	382	ROGERIO P MATOS	50	M5054	31	M					RUN 4 FUN	0:57:41
182	231	JOSE A P ESTEVES	60	M6099	9	M					INDIVIDUAL	0:57:43
183	218	MARCO P M CACHINHO	33	M2034	45	M					INDIVIDUAL	0:57:44
184	371	FILIPA RELVAS	25	F2034	2	F					FALCOES SELVAGENS	0:57:44
185	426	BRUNO LINO	32	M2034	46	M					INDIVIDUAL	0:57:44
186	401	ANTONIO SANTOS	48	M4549	29	M					INDIVIDUAL	0:57:45
187	271	MARIO R MOURA	59	M5559	14	M					D MOURA L BUGALHO	0:57:53
188	273	DAVID MOURA	21	M2034	47	M					D MOURA L BUGALHO	0:57:53
189	460	ANTONIO M S ALVES	44	M4044	24	M					INDIVIDUAL	0:57:59
190	342	ANA AMARO	39	F3544	1	F					ASAS MILENIO	0:58:00
191	461	ANDRE R S ALVES	18	M1819	3	M					INDIVIDUAL	0:58:00
192	163	CLAUDIO GONÇALVES	31	M2034	48	M					INDIVIDUAL	0:58:02
193	143	ANTONIO S P RAPOSO	46	M4549	30	M					INDIVIDUAL	0:58:12
194	467	FERNANDO ANTUNES	45	M4549	31	M					LESMA ALOPRADAS	0:58:12
195	279	ANIBAL F O D SILVA	47	M4549	32	M					APE	0:58:16
196	473	JOSE CRESPO	47	M4549	33	M					INDIVIDUAL	0:58:16
197	141	NUNO M C MARTINS	40	M4044	25	M					INDIVIDUAL	0:58:22
198	307	PEDRO C MARTINS	27	M2034	49	M					CHARNEIRAPOWER	0:58:26
199	503	BEATRIZ SANTOS	39	F3544	2	F					SL CAMPOLIDE	0:58:28
200	336	RUI ALMEIDA	36	M3539	31	M					INDIVIDUAL	0:58:32
201	438	RUI VIGOÇO	68	M6099	10	M					GD BANCO BPI	0:58:38
202	233	PEDRO SANTOS	31	M2034	50	M					INDIVIDUAL	0:58:39
203	118	NUNO TAVEIRA	24	M2034	51	M					INDIVIDUAL	0:58:41
204	234	JOAQUIM F C PINTO	54	M5054	32	M					INDIVIDUAL	0:58:42
205	483	GILBERTO GONÇALVES	64	M6099	11	M					CR ALVORADA	0:58:54
206	281	MARIO J MIRA	47	M4549	34	M					INDIVIDUAL	0:59:04
207	433	JOSE LEITAO	40	M4044	26	M					INDIVIDUAL	0:59:07
208	214	JORGE GUERREIRO	38	M3539	32	M					MARRIOTT LISBOA	0:59:21
209	394	FRANCISCO PRATES	65	M6099	12	M					AA LEBRES SADO	0:59:23
210	125	JOAO P A OLIVEIRA	42	M4044	27	M					INDIVIDUAL	0:59:29
211	288	NUNO T CARVALHO	42	M4044	28	M					INDIVIDUAL	0:59:29
212	522	EDUARDO MANSO	52	M5054	33	M					CAMARA L CLUBE	0:59:33
213	274	NUNO M B MARTINS	41	M4044	29	M					INDIVIDUAL	0:59:39
214	557	ANTONIO VARELA	47	M4549	35	M					INDIVIDUAL	0:59:42
215	511	NELSON M SANTOS	32	M2034	52	M					GRUPO VESAUTO	0:59:45

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
216	202	CARLA AMARAL	33	F2034	3	F					INDIVIDUAL	0:59:48
217	589	JOSE CATITA	55	M5559	15	M					SFUAP	0:59:49
218	363	JOSE MOURA	47	M4549	36	M					FALCOES SELVAGENS	0:59:50
219	186	JOAO P VINTEM	42	M4044	30	M					INDIVIDUAL	1:00:02
220	162	ALEXANDRE SANTOS	42	M4044	31	M					INDIVIDUAL	1:00:12
221	250	HUGO ROCHA	37	M3539	33	M					INDIVIDUAL	1:00:16
222	535	JUVENAL MOREIRA	49	M4549	37	M					CLUBE AUTOCCOPE	1:00:16
223	552	ABEL CARVALHO	56	M5559	16	M					INDIVIDUAL	1:00:16
224	527	DANIEL OLIVEIRA	57	M5559	17	M					CAMARA L CLUBE	1:00:22
225	232	ARLINDO S RODRIGUES	51	M5054	34	M					INDIVIDUAL	1:00:24
226	242	FRANCISCO PEREIRA	39	M3539	34	M					INDIVIDUAL	1:00:24
227	434	PAULO AZEVEDO	44	M4044	32	M					INDIVIDUAL	1:00:29
228	254	JORGE BARREIRA	52	M5054	35	M					INDIVIDUAL	1:00:35
229	215	RUI GASPAR	56	M5559	18	M					MARRIOTT LISBOA	1:00:38
230	200	FLAVIO A A RODRIGUES	27	M2034	53	M					INDIVIDUAL	1:00:40
231	225	PEDRO MAIO	37	M3539	35	M					FALCOES SELVAGENS	1:00:44
232	408	BRUNO SANTOS	35	M3539	36	M					GRUPO VESAUTO	1:00:44
233	411	JOAO MIRANDA	41	M4044	33	M					NDCB	1:00:45
234	497	ANTONIO LIMA	50	M5054	36	M					SL CAMPOLIDE	1:00:45
235	556	CARLOS NEVES	41	M4044	34	M					INDIVIDUAL	1:01:00
236	588	ANDRE NORONHA	48	M4549	38	M					SS CGD	1:01:05
237	590	LIGIA MORAIS	37	F3544	3	F					SS MONTEPIO GERAL	1:01:05
238	291	IVO ESPERANÇA	32	M2034	54	M					UDFA CAMPOLIDE	1:01:08
239	441	LUIS ALVES	35	M3539	37	M					INDIVIDUAL	1:01:08
240	360	JOSE AUGUSTO	41	M4044	35	M					FALCOES SELVAGENS	1:01:14
241	373	RAUL CARVALHO	54	M5054	37	M					FALCOES SELVAGENS	1:01:14
242	493	NUNO MESTRE	38	M3539	38	M					SL CAMPOLIDE	1:01:15
243	170	JOSE BAIXINHO	55	M5559	19	M					SANTIAGO FC	1:01:20
244	213	VITOR MONTEIRO	50	M5054	38	M					MARRIOTT LISBOA	1:01:22
245	337	MIGUEL LOPES	37	M3539	39	M					C BENFICA SEIXAL	1:01:32
246	365	LUIS REIS	50	M5054	39	M					FALCOES SELVAGENS	1:01:33
247	134	JOSE NEVES	61	M6099	13	M					INDIVIDUAL	1:01:34
248	148	BRUNO AFONSO	35	M3539	40	M					METAVISTA	1:01:34
249	366	NUNO LOUREIRO	46	M4549	39	M					FALCOES SELVAGENS	1:01:35
250	591	PATRICIA GOMES	31	F2034	4	F					BR	1:01:41
251	428	FRANCISCO B GALA	29	M2034	55	M					INDIVIDUAL	1:01:42
252	404	RICARDO CORREIA	29	M2034	56	M					FALCOES SELVAGENS	1:01:45

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
253	414	FILIFE PEDRO	27	M2034	57	M					FALCOES SELVAGENS	1:01:47
254	389	JACINTO GODINHO	49	M4549	40	M					GODINHO	1:01:52
255	116	PEDRO ARAUJO	31	M2034	58	M					INDIVIDUAL	1:01:58
256	280	PEDRO I SABALI	26	M2034	59	M					INDIVIDUAL	1:02:02
257	205	RUI LEAO	43	M4044	36	M					INDIVIDUAL	1:02:03
258	541	AUGUSTO CARIA	60	M6099	14	M					INDIVIDUAL	1:02:03
259	258	JOAO PEREIRA	37	M3539	41	M					INDIVIDUAL	1:02:08
260	334	JORGE M G PIRES	58	M5559	20	M					INDIVIDUAL	1:02:12
261	468	JOAO REVES	39	M3539	42	M					LESMA ALOPRADAS	1:02:12
262	119	ANDRE LARANJEIRA	25	M2034	60	M					INDIVIDUAL	1:02:13
263	549	ALBERTO SOARES	51	M5054	40	M					INDIVIDUAL	1:02:16
264	490	RICARDO CEBOLA	30	M2034	61	M					SL CAMPOLIDE	1:02:22
265	239	ANGELA FIGUEIRA	32	F2034	5	F					ADRC MATA BENFICA	1:02:28
266	283	JOSE AFONSO	47	M4549	41	M					INDIVIDUAL	1:02:29
267	191	JOAO A LOPES	63	M6099	15	M					INDIVIDUAL	1:02:36
268	238	JORGE M G PINTO	39	M3539	43	M					INDIVIDUAL	1:02:39
269	534	JOSE DIAS	55	M5559	21	M					CLUBE AUTOCCOPE	1:02:52
270	392	DANIEL VIEGAS	27	M2034	62	M					CHARNEIRAPOWER	1:02:55
271	592	JOSE C BORGES	45	M4549	42	M					INDIVIDUAL	1:02:59
272	378	JOAO J FERNANDES	32	M2034	63	M					PLATANOS FC	1:03:01
273	421	DAVID J S R ALMEIDA	42	M4044	37	M					INDIVIDUAL	1:03:12
274	332	MARCO T BASTOS	38	M3539	44	M					INDIVIDUAL	1:03:13
275	350	JOSE LOURENÇO	43	M4044	38	M					INDIVIDUAL	1:03:30
276	397	BRUNO M A MENDES	35	M3539	45	M					CORPORATION -	1:03:30
277	177	VITOR CARDOSO	49	M4549	43	M					FALCOES SELVAGENS	1:03:32
278	508	FERNANDO SANTOS	46	M4549	44	M					FALCOES SELVAGENS	1:03:33
279	509	LUIS OLIVEIRA	36	M3539	46	M					FALCOES SELVAGENS	1:03:33
280	146	JOAO VIEIRA	42	M4044	39	M					FALCOES SELVAGENS	1:03:35
281	229	NUNO OLIVEIRA	35	M3539	47	M					INDIVIDUAL	1:03:47
282	432	CELIA SILVEIRA	41	F3544	4	F					COLIBRIS	1:03:50
283	465	LAURA A R S GRILO	27	F2034	6	F					COLIBRIS	1:03:50
284	444	ANTÓNIO TAVARES	49	M4549	45	M					INDIVIDUAL	1:03:55
285	452	JULIANA PINTO	26	F2034	7	F					GAN	1:03:55
286	230	TIAGO OLIVEIRA	30	M2034	64	M					INDIVIDUAL	1:03:56
287	208	BRUNO M V PALMA	31	M2034	65	M					INDIVIDUAL	1:03:59
288	267	HUMBERTO CABRAL	41	M4044	40	M					INDIVIDUAL	1:04:02
289	253	JOSE RIBEIRO	50	M5054	41	M					FALCOES SELVAGENS	1:04:08

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
290	505	RUI ROQUE	50	M5054	42	M					FALCOES SELVAGENS	1:04:29
291	554	VASCO ALPALHAO	43	M4044	41	M					ALPALHAO	1:04:29
292	303	HENRIQUE VILHENA	57	M5559	22	M					INDIVIDUAL	1:04:32
293	530	ISAAC CARRELO	52	M5054	43	M					CLUBE ANACOM	1:04:33
294	424	ORLANDO RODRIGUES	48	M4549	46	M					MULTIFLOW	1:04:38
295	359	FRANCISCO SILVA	52	M5054	44	M					FALCOES SELVAGENS	1:04:39
296	171	JUDITE BAIXINHO	27	F2034	8	F					SANTIAGO FC	1:04:40
297	212	VITOR CARVALHO	55	M5559	23	M					MARRIOTT LISBOA	1:04:46
298	311	HELIO S M MARTINS	37	M3539	48	M					INDIVIDUAL	1:04:51
299	504	PEDRO MINEIRO	18	M1819	4	M					FALCOES SELVAGENS	1:05:10
300	436	RENATO S C RODRIGUES	41	M4044	42	M					INDIVIDUAL	1:05:16
301	284	EMANUEL MORAIS	28	M2034	66	M					INDIVIDUAL	1:05:29
302	308	PEDRO GUERREIRO	27	M2034	67	M					INDIVIDUAL	1:05:29
303	341	PATRICIO BRANCO	37	M3539	49	M					FALCOES SELVAGENS	1:05:36
304	528	VITOR ANTUNES	58	M5559	24	M					CAMARA L CLUBE	1:05:36
305	289	NUNO BRANCO	39	M3539	50	M					ISTO É CANJA!!	1:05:38
306	309	ANTONIO MARTINS	55	M5559	25	M					INDIVIDUAL	1:05:50
307	379	CLARA FARO	53	F4599	2	F					INDIVIDUAL	1:05:50
308	595	PEDRO VIEIRA	33	M2034	68	M					INDIVIDUAL	1:06:02
309	499	SERAFIM GONÇALVES	59	M5559	26	M					SL CAMPOLIDE	1:06:03
310	290	JOSE BATISTA	43	M4044	43	M					ISTO É CANJA!!	1:06:09
311	500	FERNANDO NETO	63	M6099	16	M					SL CAMPOLIDE	1:06:14
312	532	CARLOS FERREIRA	56	M5559	27	M					CLUBE AUTOCCOPE	1:06:25
313	306	LUIS COSTA	43	M4044	44	M					INDIVIDUAL	1:06:26
314	328	NUNO PITA	37	M3539	51	M					METRO 2011	1:06:48
315	542	JOAO LANDEIRO	66	M6099	17	M					INDIVIDUAL	1:06:54
316	195	ANTONIO P R SIETRA	41	M4044	45	M					INDIVIDUAL	1:06:56
317	462	SEVERINO CRUZ	50	M5054	45	M					AFIS OVAR	1:07:17
318	192	VANESSA ROCHA	27	F2034	9	F					INDIVIDUAL	1:07:44
319	417	FRANCISCO M A SARDINHA	42	M4044	46	M					INDIVIDUAL	1:07:45
320	381	RAUL J MATOS	44	M4044	47	M					RUN 4 FUN	1:07:57
321	409	CARLOS BRITO	38	M3539	52	M					NDCB	1:07:58
322	297	CARLOS M J JORGE	37	M3539	53	M					INDIVIDUAL	1:08:01
323	100	ISABEL F G MONTEIRO	27	F2034	10	F					INDIVIDUAL	1:08:06
324	294	LUIS RATO	46	M4549	47	M					UDFA CAMPOLIDE	1:08:12
325	353	FILIPE MESTRE	32	M2034	69	M					PERNAS GAFANHOTO	1:08:26
326	296	PAULO SA	42	M4044	48	M					UDFA CAMPOLIDE	1:08:42

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
327	145	JOSE C SANTOS	31	M2034	70	M					INDIVIDUAL	1:08:45
328	293	PEDRO FERNANDES	35	M3539	54	M					UDFA CAMPOLIDE	1:08:57
329	310	PEDRO M P DEUSDADO	38	M3539	55	M					INDIVIDUAL	1:09:11
330	540	PEDRO M SILVA	41	M4044	49	M					INDIVIDUAL	1:09:49
331	563	FELIX MACHADO	51	M5054	46	M					FALCOES SELVAGENS	1:09:58
332	448	ANTONIO LOPES	37	M3539	56	M					INDIVIDUAL	1:10:11
333	174	NUNO SANTOS	39	M3539	57	M					CLUBE STRESS	1:10:15
334	175	ISABEL SANTOS	40	F3544	5	F					CLUBE STRESS	1:10:15
335	596	IDALINA PACHECO	29	F2034	11	F					INDIVIDUAL	1:10:27
336	161	EDGAR B PORTUGAL	38	M3539	58	M					INDIVIDUAL	1:10:28
337	263	JORGE LIMA	49	M4549	48	M					HORACALIBRA	1:10:39
338	333	MARITZA VALDES	46	F4599	3	F					ADRC MATA BENFICA	1:10:41
339	204	SARA LOPES	27	F2034	12	F					INDIVIDUAL	1:10:44
340	139	DANIEL PEREIRA	40	M4044	50	M					INDIVIDUAL	1:10:55
341	165	ANTONIO J A GONÇALVES	42	M4044	51	M					INDIVIDUAL	1:10:55
342	326	ORLANDO S SOUSA	51	M5054	47	M					METRO 2011	1:11:00
343	357	CARLOS MORAIS	41	M4044	52	M					FALCOES SELVAGENS	1:11:03
344	227	JOAO M V EUFEMIO	25	M2034	71	M					INDIVIDUAL	1:11:15
345	516	PAULO SANTOS	47	M4549	49	M					CAMARA L CLUBE	1:11:25
346	368	PAULA PEREIRA	31	F2034	13	F					FALCOES SELVAGENS	1:11:27
347	390	LUIS F M MARINHO	39	M3539	59	M					INDIVIDUAL	1:11:31
348	110	JOANA CHOURIÇO	50	F4599	4	F					INDIVIDUAL	1:11:40
349	410	FRANCISCO OLIVEIRA	37	M3539	60	M					NDCB	1:11:41
350	164	FERNANDO F ALMEIDA	36	M3539	61	M					INDIVIDUAL	1:11:44
351	248	LUIS M G L TELES	39	M3539	62	M					INDIVIDUAL	1:11:51
352	155	CARLA JAIME	44	F3544	6	F					INDIVIDUAL	1:12:01
353	585	IVO ROSA	29	M2034	72	M					INDIVIDUAL	1:12:10
354	268	ELINA I A MATONSE	29	F2034	14	F					INDIVIDUAL	1:12:14
355	525	JOSE FELIX	56	M5559	28	M					CAMARA L CLUBE	1:12:18
356	154	NIDIA SILVA	58	F4599	5	F					INDIVIDUAL	1:12:24
357	286	HELDER FOLGADO	35	M3539	63	M					INDIVIDUAL	1:12:32
358	385	FERNANDO LEO	44	M4044	53	M					INDIVIDUAL	1:12:41
359	113	LUIS GOIS	58	M5559	29	M					INDIVIDUAL	1:12:46
360	173	PEDRO M A GRAÇA	35	M3539	64	M					INDIVIDUAL	1:13:00
361	329	CARLOS J MOREIRA	60	M6099	18	M					METRO 2011	1:13:00
362	330	RAFAEL V SANTOS	46	M4549	50	M					METRO 2011	1:13:01
363	108	JOSE VELOSO	48	M4549	51	M					INDIVIDUAL	1:13:06

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
364	259	CARLA PEREIRA	37	F3544	7	F					INDIVIDUAL	1:13:45
365	388	ANTONIO C NOVAS	35	M3539	65	M					GODINHO	1:13:48
366	149	MANUEL AFONSO	60	M6099	19	M					METAVISTA	1:14:21
367	188	TIAGO EUSEBIO	26	M2034	73	M					INDIVIDUAL	1:14:49
368	566	MARTA MATOS	35	F3544	8	F					FALCOES SELVAGENS	1:14:50
369	338	TIAGO F M COELHO	25	M2034	74	M					INDIVIDUAL	1:14:51
370	140	JORGE M NARCISO	52	M5054	48	M					CC ARGANIL	1:14:54
371	356	FERNANDO HENRIQUES	47	M4549	52	M					INDIVIDUAL	1:14:54
372	182	PATRÍCIA TEIXEIRA	36	F3544	9	F					INDIVIDUAL	1:15:00
373	220	CARLA SIMOES	38	F3544	10	F					INDIVIDUAL	1:15:00
374	322	FILOMENA M M JESUS	41	F3544	11	F					PENDURAS TORRE	1:15:07
375	586	PEDRO COELHO	57	M5559	30	M					INDIVIDUAL	1:15:07
376	265	JOSE C H CARDOSO	52	M5054	49	M					PENDURAS TORRE	1:15:08
377	391	CARLOS M M MARINHO	42	M4044	54	M					INDIVIDUAL	1:15:08
378	156	CARLA M MARQUES	36	F3544	12	F					INDIVIDUAL	1:15:13
379	313	MANUEL PIMENTA	59	M5559	31	M					FALCOES SELVAGENS	1:15:13
380	270	SUSANA N ANTUNES	35	F3544	13	F					INDIVIDUAL	1:15:16
381	375	VITOR ABRANCHES	41	M4044	55	M					FALCOES SELVAGENS	1:15:49
382	126	FATIMA SANTOS	33	F2034	15	F					INDIVIDUAL	1:16:31
383	536	JOAO GRAÇA	73	M6099	20	M					CLUBE AUTOCCOPE	1:16:31
384	237	FERNANDO P RODRIGUES	70	M6099	21	M					INDIVIDUAL	1:17:03
385	367	OSVALDO TEIXEIRA	33	M2034	75	M					FALCOES SELVAGENS	1:17:07
386	457	LUIS J D MONTEIRO	36	M3539	66	M					INDIVIDUAL	1:17:09
387	287	ROSA T CARVALHO	40	F3544	14	F					INDIVIDUAL	1:17:12
388	183	FELICIANA FERREIRA	47	F4599	6	F					INDIVIDUAL	1:17:13
389	243	RUI HENRIQUES	65	M6099	22	M					ADRC MATA BENFICA	1:17:42
390	587	DILMA CORDEIRO	36	F3544	15	F					INDIVIDUAL	1:17:42
391	459	ANABELA A G T MATIAS	43	F3544	16	F					INDIVIDUAL	1:17:53
392	277	PAULO MORAIS	39	M3539	67	M					PAPA TRILHOS RT	1:18:11
393	235	FERNANDO M COEHO	48	M4549	53	M					INDIVIDUAL	1:18:34
394	300	EDUARDO AMORIM	41	M4044	56	M					INDIVIDUAL	1:19:01
395	135	CESAR F GUERRA	43	M4044	57	M					CTJL	1:19:12
396	241	NATALINA FIGUEIRA	65	F4599	7	F					ADRC MATA BENFICA	1:19:20
397	399	JORGE M M BAPTISTA	57	M5559	32	M					INDIVIDUAL	1:19:36
398	132	SANDRA CAMPANIÇO	31	F2034	16	F					PERNAS GAFANHOTO	1:20:13
399	560	INES BARRADAS	33	F2034	17	F					INDIVIDUAL	1:20:14
400	464	MAFALDA CARVALHO	33	F2034	18	F					AFIS OVAR	1:20:30

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
401	216	JOAO SANTOS	26	M2034	76	M					MARRIOTT LISBOA	1:20:41
402	383	FERNANDA BORGES	54	F4599	8	F					RUN 4 FUN	1:20:41
403	374	RUI OLIVEIRA	49	M4549	54	M					FALCOES SELVAGENS	1:20:49
404	446	PEDRO PEREIRA	37	M3539	68	M					INDIVIDUAL	1:20:52
405	447	SARA PEREIRA	35	F3544	17	F					INDIVIDUAL	1:20:52
406	553	ANA ALPALHAO	39	F3544	18	F					ALPALHAO	1:21:17
407	349	RICARDO PINTO	28	M2034	77	M					INDIVIDUAL	1:21:29
408	407	LUCIENE SANTOS	36	F3544	19	F					GRUPO VESAUTO	1:22:04
409	120	RUI A T FERREIRA	55	M5559	33	M					INDIVIDUAL	1:22:05
410	128	CARLOS BAPTISTA	48	M4549	55	M					INDIVIDUAL	1:22:05
411	264	DUARTE LIMA	20	M2034	78	M					HORACALIBRA	1:22:34
412	236	Mª MANUELA R M COELHO	48	F4599	9	F					INDIVIDUAL	1:23:28
413	482	MARCO CRUZ	34	M2034	79	M					CR ALVORADA	1:25:13
414	354	ANA B HENRIQUES	47	F4599	10	F					INDIVIDUAL	1:25:45
415	463	Mª LINA CRUZ	52	F4599	11	F					AFIS OVAR	1:28:45
416	115	JOAO BERNARDES	28	M2034	80	M					OS PATUDOS	1:34:57
417	153	CARLOS SANTOS	51	M5054	50	M					INDIVIDUAL	1:34:57
418	272	LOURDES BUGALHO	57	F4599	12	F					D MOURA L BUGALHO	1:38:00